

Maynooth Newsletter

Recording the Social Footprint of



Maynooth since the 1970s

LOCAL NEWS - MARCH 2025 - ISSUE NO. 543

MAYNOOTH ST. PATRICK'S DAY PARADE 2025



Parade entry form is available on page 4. Printed copies are available for collection from the Newsletter office in Carton Retail Park or e-mail office@maynoothcep.com to request a copy by e-mail

Comhairle Contae Chill Dar

e County Counci



IN THIS ISSUE

MAYNOOTH

PARADE

- **NEWS FROM** \blacklozenge **MAYNOOTH TIDY** TOWNS
- **MEMORIES FROM THE** ARCHIVES
- **ST MARY'S BRASS & REED BAND NOTES**
 - **NEWS FROM** \blacklozenge **MAYNOOTH SENIOR CITIZENS**
- **STORIES FROM OUR** READERS
 - **NEWS FROM GAEILE NUADA**
 - \blacklozenge MAYNOOTH **UNIVERSITY NEWS**
- **MAYNOOTH CYCLING** CAMPAIGN
 - MAYNOOTH GOLF SOCIETY NOTES
- **AN NUADHA PLAYERS COMMUNITY THEATRE**
 - **BORD BIA BLOOM**



Gold Medal Winners

2016 - 2017 - 2018 - 2019 2021 - 2022 - 2023 - 2024

Proudly

representing

Maynooth &

Ireland in the

Entente Floral 2025





We mentioned The Entente Florale European Competition that we have been nominated for by Kildare County Council 2025 in the February edition. Maynooth will be participating in the large town category and Terryglass in Tipperary will represent the village category. We are having on going meetings with the Council, Department of Rural Affairs, St Patrick's College and the Irish judges with a view to producing a programme for judging on the 12th July.

u<mark>aithe agus Pobail</mark> Department of Rural and

MAYNOOTH

We will have a public meeting in our Library on Main Street to launch the event in April. Judges will come from Germany, Hungary and Czech Republic to Ireland in July. We will need lots of help from our local schools and the Maynooth public in order to secure a Gold Medal in our

should have a good display around St Patrick's Day. If you wish to volunteer, we meet at our Shed in the Council Car Park every Saturday morning at 9am.

Follow us on Facebook for more up to date information about the work of our volunteers. Mary Molloy PRO Maynooth Tidy Towns Association



2025

MAYNOOTH 5/10K LAUNCH

ST PATRICK'S DAY PARADE **APPLICATION FORM** category, more about that later.

MAYNOOTH

idylown

Our volunteers are very enthusiastic about the upcoming events and have turned out in great numbers over the month of February. We will participate in the St Patrick's Day parade 2025 on the 17th March.

We are doing a revamp of the Pound and we have lots of other plans for other areas around the town. After the storms we were busy clearing debris on the Main Street. Great to see the Spring bulbs surfacing after the winter, we



THIS PUBLICATION IS PRODUCED BY MAYNOOTH COMMUNITY EMPLOYMENT PROJECT, SUPPORTED BY THE DEPARTMENT OF SOCIAL PROTECTION, WHICH IS FUNDED BY THE IRISH GOVERNMENT.



THE VIEWS & OPINIONS EXPRESSED IN THIS PUBLICATION ARE THOSE OF THE CONTRIBUTORS.



Recording the Social Footprint of Maynooth since the 1970s

Registered as a Charity in Ireland RCN # 20100063 - CHY # 21086

The opinions and statements expressed in the articles are those of the contributors and not necessarily those of the Editorial Board. All materials to be included in the next edition of the Newsletter should be sent by e-mail or addressed to:

The Editor, Maynooth Newsletter,

Unit 10, Tesco S.C. Carton Retail Park, Maynooth, Co. Kildare. W23CT59

Tel: 01-6285922

E-mail: office@maynoothcep.com

Website: www.maynoothcep.com

Letters to the Editor

Letters to the Editor, for publication, should be sent by

e-mail to: editor@maynoothcep.com

Mission Statement

The Maynooth Newsletter is a community focused online publication available free to the people of Maynooth. It plays an important role in gathering together, recording and distributing community based news.

We encourage all groups and individuals in the community to submit material to let us know about their activities and any upcoming events.

The Newsletter exists for your enjoyment and we hope you continue to enjoy your monthly read and keep us informed of your activities.

The Editorial Board endeavours to ensure independence and balance in the Newsletter content and reserves the right to omit/edit or abridge material which in its opinion might render the Newsletter as a promoter of sectional interests.

In addition we undertake the following:

- In the case of errors of fact we will publish corrections when we become aware of such.
- In the case of unwittingly or unfairly impugning the reputation of any person we hereby offer that person the right to reply.

Any contributor seeking further guidelines in this matter is invited to contact the Editorial Board.

Copy date for receipt of articles is published in the Newsletter. We must stress that material submitted after the copy date cannot be accepted.

Maynooth Newsletter Archives

The management and staff of the Maynooth Community Employment Project started a project in March 2011 to acquire and digitise all available issues of the Maynooth Newsletter dating back to 1975. These back issues along with current issues are available by following the archive link on our webpage - **www.maynoothcep.com.**

The Newsletter Archive can be viewed and searched in pdf format. In addition, there exists the capability to be able to search an entire year. Please be aware the single files associated with the year are larger and will take a little longer to load.

Editorial

In this publication we have previously mentioned local people who have succeeded in their sporting and thespian professions and there are more up and coming.

Last month, Maynooth had another native excelling in his chosen career. Head Chef Adam Nevin at the Morrison Room Restaurant at Carton House and his team acquired their first Michelin Star.

Maynooth has in recent years acquired a reputation for many good quality restaurants which attracts dining business to the area. The presence of a Michelin Star restaurant will further



Adam Nevin (image courtesy of Carton House)

enhance dining options in the area. Well, done to everyone at The Morrisson Room.

The "2025 Maynooth Through the Ages" lecture series is well under way at Maynooth University Library. Being lucky enough to have booked some of the events again this year, I continue to enjoy the events as do the large crowd that attends. On behalf of all of the people who attend, I know how much they look forward to the annual lecture series and appreciate the work of the Maynooth University Library staff and their lecturers put into delivering the lecture series.

Work has finally begun on the North-South Corridor which will upgrade pedestrian and active travel facilities in Mill Street. As work will be done during the day there will be inevitable delays to traffic because of a stop-go system in place. There are significant delays on the Moyglare Road in particular for traffic going towards Mill Street.

It looks at this stage that daily work only begins after schools and college starting times have passed which is sensible. Hopefully, the part of the work that will cause the most disruption to traffic can be done



Moyglare Road Traffic

during the summer months. The works are expected to continue up to December 2025.

The biggest annual event in Maynooth takes place in March. I refer of course to the St. Patrick's Day Parade. In Maynooth, the parade is the event where we celebrate community activities and volunteerism as there is a big participation of clubs and schools in the parade. I am sure this year will not be different from that perspective.

The Archive provides an important historical footprint of the Town and records the community profile of Maynooth from the mid-seventies to the present day. We hope you enjoy using it and that it brings back memories of people, places and times and that it equally provides an interesting insight to the development of the town and university for newly arrived members of our community.

<u>Disclaimer</u>

While every care has been taken to display accurate information, Maynooth Newsletter will not be held responsible for any loss, damage or inconvenience caused as a result of any inaccuracy or error within.

All information should be verified from an independent source.

Editorial Board - Maynooth Newsletter

As mentioned elsewhere in this publication, the theme of the 2025 Parade is "back to the 80s" as this year marks forty years of St. Patrick's Day parades in Maynooth as we know them. I recently checked and I was surprised to discover that I have been the Master of Ceremonies for the parade since 2010 and I only intended to do one year. Let's hope that we get good weather and that everyone enjoys the St. Patrick's Bank Holiday weekend.

Paul Croghan

Editor

Copy date for the April edition will be 5pm on Monday 24th March 2025

Bord Bia Bloom returns May 29th – June 2nd 2025, Phoenix Park, Dublin @bordbiabloom #BordBiaBloom

Diarmuid Gavin and Adam Frost of BBC Gardeners' World among gardening titans announced for **Bord Bia Bloom 2025**

Tuesday, February 18th, 2025: Bord Bia Bloom today announced an exciting line-up of local and international horticultural talent for the five-day festival which takes place from May 29th – June 2nd this year. Among the headliners are homegrown gardening expert Diarmuid Gavin and **BBC Gardeners' World presenter** Adam Frost who will both take part in a series of talks and discussions on the Garden Stage at the much-loved flowers, food, and family festival this summer. Now in its 19th year, Bloom will return to its home in the Phoenix Park, Dublin for five days over the June Bank Holiday weekend. The announcement was made at the Garden Press Event, which took place in London today.

Speaking at the Garden Press Event, Kerrie Gardiner, Show Gardens and Horticulture Content Manager, Bord Bia Bloom said, "The 2025 horticultural line-up has been designed to offer something for everyone while showcasing the best talent from Ireland and the UK. We are thrilled to have experts such as Diarmuid and Adam join us for what promises to be another fantastic



Diarmuid Gavin



Adam Frost

event, along with Andrew Wilson, one of the UK's leading garden design experts, returning as our Chief Show Garden Judge. In addition to our headliners, we also place considerable emphasis on fostering emerging talent to support our flourishing horticultural sector and we have a number of exciting designers and exhibitors coming to Bloom this year!".

As Ireland's premier gardening event, Bord Bia Bloom provides a platform to promote the best of horticultural talent, ideas and trends. At the heart of the show, visitors will be delighted by 21 stunning show gardens that will tell stories on a range of themes. These include the

'Make A Wish Foundation Garden', designed by Linda McKeown, 'GRÁ' designed by Kathryn Feeley for Dogs Trust, Tusla Fostering Garden designed by English designer Pip Probert,



The Circular Economy Garden designed by David Negus for the European Commission, and the Plant Lover's Garden, designed by

Patricia Tyrell for Bord Bia's Easy Steps to Dream Gardens initiative, with many more to be announced.

Cultivating Talent

Among the new designers for 2025 is Sarah Cotterill, winner of Bord Bia Bloom's Cultivating Talent initiative sponsored by Westland which aims to nurture the next generation of garden designers and horticulture professionals. An Assistant Professor in Civil Engineering at UCD with a keen interest in sustainable water management, Sarah was awarded a Silver Medal at RHS Hampton Court in the Resilient Pocket Planting category I 2024. Her garden 'Into the Woods' will be a tribute to the unique Atlantic rainforests of Ireland.

Community Gardens, Advice & Plants

The popular Postcard Gardens* feature also returns and provides community groups with the opportunity to tell local stories to a national audience through creative garden design. The Garden Stage will host 40 horticultural talks and share advice from a panel of experts. The Nursery Village will display a vast collection of rare and quality plants from Irish and international plant nurseries which are available to purchase.

Great Day Out

Preparations are well underway to welcome over 100,000 visitors to the festival's 70-acre site at the end of May. In addition to gardening features, the organisers have a wealth of activities and new experiences to be announced in the coming weeks across food, sustainable living, and live entertainment for all ages. For younger visitors, there's plenty to enjoy too, with a new planting experience for children along with a range of fun, educational and interactive workshops at the Budding Bloomers area.

Commenting, Laura Douglas, Head of Bord Bia Bloom said, "Bloom has continued to evolve over the last 19 years to consistently deliver a world-class event that inspires, educates and entertains our visitors while making sure to offer new and exciting experiences each year. As a festival that has gardening, food and sustainable living at its heart, we look forward to announcing a range of other features and experiences for this year's event over the coming weeks."

Tickets

Early-bird Tickets (€25) are available until March 30th and are on sale via the BordBiaBloom.com website. Two children (aged 16 and under) go free with each adult ticket purchased. A family early bird ticket is also available, priced at €45 for two adults and up to four children.

DAFFODIL DAY

FRIDAY 28TH MARCH 2025







WHERE HOPE GROWS MIRACLES HAPPEN

MAYNOOTH 35 ST. PATRICK'S DAY PARADE 2025

Application Form

This year's theme: Back to the 80's

CLOSING DATE FOR ENTRIES: FRI 8th MARCH

| Name of Group/Business: |
|-------------------------|
| Contact Person: |
| Contact Number: |
| Email Address: |

Do you want to perform at the viewing stand? 2-3 mins max. Tick for YES

Entry Fees Commercial Entry - €60 Community Group - €30 Cheques should be made to "Maynooth St. Patricks' Day Parade"

Account Name: Maynooth St. Patricks' Day Parade Committee IBAN: IE60AIBK93320136873023 **BIC: AIBKIE2D**

All applications must include two paragraphs about their group/business

Entrance Fee does not include insurance cover. All participants should have suitable insurance cover.

Prizes awarded for

Best Commercial Float Best Club Float Best Band

Best School Float Best Portrayal of Environmental Awareness Best Portrayal of Irish Culture

Applications to: Maynooth St. Patricks' Day Parade, c/o Unit 10 Carton Retail Park, Maynooth. Co. Kildare

Organised by: Maynooth St. Patrick's Day Parade Committee maynoothparade@gmail.com Naoise Ó Cearúil (Chair) - 086 728 0050

Online Office

Here to help with

* Medical Cards

- * Health Issues
- * Social Welfare
- * Education
- * Services for Senior Citizens

* Housing Support and Grants (Windows/ Doors, Insulation, Roofing, Electrical)

* Housing Adaptations and Planning (Level Access Showers, Extensions, Rebuilding Ireland

- Housing Loan) * Social Housing
- * Estate Issues
- * Community Issues
- * Environmental Concerns
- * Employment Concerns
- * Covid 19 related queries

Labour







E-mail

LAB®



If I can help:

e-mail me at

afeeney@kildarecoco.ie

Or call on 087 2381962

Cllr Angela Feeney

St. Patrick's Day Greetings to All

MAYNOOTH

ST. PATRICK'S DAY

PARADE

needs your help!

Can you help us steward the parade

If so can you please send us a DM!

@maynooth st patricks day parade on fb

on Monday the 17th of March?

Maynooth Senior Citizens Committee

Spring has come. Our Tuesday Morning Club activities have proved to be very popular. We are just finishing a 6 week chair yoga exercise programme. This course provided by the Community Education KWETB Programme under the guidance of



Stephanie Larking has been a valuable and beneficial addition to our senior members. Sarah was a great chair yoga leader and we had up to 14 people taking part each week. We have had very positive feedback. We hope to continue with more "exercise/movement" programmes in the coming weeks.

Our Thursday Morning Club activities alternate between art classes and bingo. These activities are also well attended and enjoyed by all.

Maynooth Senior Citizens was established in 1965 and we will be letting you know how we will be celebrating our 60 years. Keep an eye on our Facebook page for updates.

Any senior citizens who would like to join in these social activities are more than welcome. You can email us at maynoothseniorcitizens@gmail.com or 0877974582

We would like to see more people who can commit time on a regular basis to help at committee level. The role of committee members requires consistent participation for mass bus duty, fundraising activities, helping with relevant events such as the annual table quiz, assisting with morning club activities etc. We would suggest that you come to our morning club in the first instance to get a sense of what we do to see if it is a fit for you.

Please note that our AGM will take place on Monday, 14th April, at 8pm in the Geraldine Hall. This is open to the public.

Susan Durack, PRO, Maynooth Senior Citizens

Maynooth 10K Race Returns for its 15th Year – with DWTS Star Power We're on Course for Our Biggest Year Yet!

Maynooth Education Campus, Moyglare Rd, Maynooth, February 25th – The countdown is on for one of Maynooth's most anticipated events of the year! The **Maynooth 10K Run** is back, and this year's event promises to be bigger and better than ever. The official launch took place on **Tuesday, 25th February, at 10:00 AM** at the Maynooth Education Campus, and we invite members of the media to join us for this exciting occasion. We were delighted to welcome very special



guests – former Maynooth Post Primary pupil and *Dancing with the Stars* professional dancer **Daniela Roze** and *Dancing with the Stars* Celebrity Dancer, Model and Former Miss Universe Ireland 2023 **Aishah Akorede** – who helped kick off this year's race in style. quality facilities for their athletic pursuits. It's a chance to make a real difference while doing something you love!

How to Get Involved

Registration for the Maynooth 10K Race is now open! Sign up today at **www.maynooth10k.ie** to secure your spot or join our stewarding team. Whether you're running, walking, or cheering from the sidelines, your support means the world to our community.

Mark your calendars for **Sunday**, **11th May 2025**, for a day of fitness, fun, and community spirit. Let's make this year's race the most successful one yet!

For media inquiries, interviews, or further information, please contact: **Sarah Knaap**

maynooth10k@gmail.com

Let's run together and make a difference!



About the Race

The Maynooth 10K Race is a highlight of the local calendar in its 15th year, bringing together runners, walkers, and families for a day of fitness, fun, and fundraising. This year's race will take place on **Sunday, 11th May,10am** featuring both a **5K** and **10K route and will be opened by more DWTS members.** The scenic course winds through the historic streets of Maynooth, offering participants a chance to enjoy the town's charm while supporting a fantastic cause.

Run for a Cause

Proceeds from this year's race will go towards supporting school sports grounds, which are accessed by both the local community and school students. By taking part, you're not just encouraged to run, walk or jog – you're helping to ensure that future generations have access to high-



Cllr. Angela Feeney Maynooth Labour News

E mail: afeeney@kildarecoco.ie - Phone: 0872381962



ssues raised with Kildare County Council.

Safety measures needed at Taghadoe Cross

At the February Municipal District Council meeting, I called on the Council to install traffic calming measures at Taghadoe Cross Maynooth. In speaking to the motion, I stated that this section of road is very dangerous, with two busy local roads entering onto an even busier regional road, motorists having to cross three lanes of traffic.

Many motorists take chances and there is a lot of aggressive braking to avoid crashes. I have received numerous representations on this over many months. The best solution, in my view, is a roundabout and I will keep that on the agenda for future funded projects in the municipal district. In the meantime, I suggest the installation of active speed cameras or speed bumps either side of the junction. The area engineer said the crossroads will be reviewed and the capital team will assess it.

Footpaths repairs needed in older estates

I called on the Council to carry out footpath repairs in the older estates in Maynooth, some of which are over 50 years old and the footpaths are in a very bad condition. As I stated at the meeting, these footpaths 2. That the Council writes to the Minister for Justice and the Garda also suffer from the older practice of planting trees beside footpaths and the roots now cause lifting in parts, making them even more dangerous. I suggested adding these footpaths to the list of scheduled footpath repairs for the year ahead and where needed, local property tax (LPT) allocations should be identified to fund these much needed repairs.

LED roll-out in the Municipal District

I asked for confirmation from the Council that public lighting in older estates and on approach roads in the Municipal District will be included in the Council's LED roll-out. Given that the public lighting upgrade programme is taking place across the county, on a phased basis, my

St. Mary's Brass & Reed Band

January and February would be very much recovery and preparation months for the Band when we get our breaths back from a very busy 2024 and plan our programme for the coming year.

The first event of 2025 is the Maynooth St. Patrick's Day Parade which we believe is the 40th Anniversary of the Parade. However St. Mary's Band always celebrated the day with a Parade after Mass from the Church to Carton Avenue and back to the Square which was possible in those traffic free days.

In the early 1980s the Band endeavoured to start a small parade

concern in raising this issue is that pre-90's estates and all approach roads, could be left out. I welcome the response from the Council that older estates and approach roads will all be included in the upgrade.

Swimming pool at Maynooth College

I requested an update from the Council as to progress on the swimming pool for community use at Maynooth College. The response is positive; Maynooth University, St Patrick's College, Swim Ireland and the Council are all busy working on advancing this project.

Upcoming Motions and Questions:

Motion for February full Council meeting:

That the Council explores using 3D construction printing technology to automate the concrete laying process for its residential housing developments.

Motions and questions for the March Municipal District meeting:

1. That the Council reviews a 500m public path that runs from Barberstown Roundabout alongside the R406 with a view to improving the drainage and potentially widening the path to insert a cycle lane.

Commissioner calling for a 24 hour Garda station in Maynooth

Questions:

1. Can the Council provide an update on discussions with Straffan GAA and other interested parties with regard to the provision of a playground in Straffan?

2. Can the Council provide an update on its retrofitting scheme in the Municipal District?

Lane on Monday nights between 7.45 and 9.30 (except Bank Holidays) or Saturday mornings between 10am and 11.30am. Bank Holidays again excepted.

We currently have vacancies in our brass, reed and percussion sections and you will be welcomed with open arms.

You can also call 087 2537 906 for further information.



7

starting at the College gates and finishing on the Dublin Road but lack of available stewards made this a difficult task and thankfully Maynooth Community organised a "proper" Parade in 1985 which has grown in size over the 40 years.

While the Bad Orb International Music Festival won't be happening until next year we still have an International flavour to this year's programme with the visit of a Band from South Carolina in the USA on Thursday 29th June so watch out for details of this event during the Summer. We try to include as many recitals and concerts in Maynooth as possible and to date we have eight dates lined up as well as visits to the National Stud in Kildare and Farmleigh Estate in the Phoenix Park.

With the recent huge expansion of housing in Maynooth the Band hopes to encourage musicians to join us in the Band room on Pound





CILL DARA

le

Popup Gaeltacht

Tigh Uí Néill (O'Neill's pub, Main St.) 04/03/2025



19:00 Dé Mháirt / Tues

Club Ghaeilge Nuada

Gaelscoil Ruairí 26/03/2025 *19:00 Dé Céadaoin / Wed*

- Comhrá _T Cuideachta
- Club Leabhar 🏶
- Learners' Class

Ciorcal Comhrá

Leabharlann Phobal Mhaigh Nuad 11:00 Gach Máirt / Every Tues

Siúlóid Cainte

Beginner friendly! from Main Street @ Carton Walk 20:00 Gach Déardaoin / Every Thurs

Bricfeasta Aoine ag Sásta



An Dochtúir

Ceoldráma

Aula Maxima, Ollscoil Mhá Nuad 05/03/2025 & 06/03/2025

19:30 Dé Céadaoin / Wed 19:30 Déardaoin / Thurs

le Cuallacht Cholm Chille 🕚

https://www.eventbrite.ie/e/an-dochtuirtickets-1245476637149

Meitheal Chill Dara



Quiz Mór Millteach

Tráth na gCeist GAA Club 13/03/2025 *19:00 Déardaoin / Thurs*

le Cuallacht Cholm Chille 🔘

Chille

Cluichí Cláir Teaghlaigh

Family Board Games Maynooth Community Space Carton Retail Park 29/03/2025 11:00-13:00 Dé Sathairn / Sat





Caifé Sásta Manor Mills 09:00 Gach Aoine / Every Fri



Seachtain na Gaeilge 1—14 Marta

Tá Fáilte Roimh Chách!



(Beside Coyne's Butchers)

Photocopying - Typing - Scanning to & Print from Email A3/A4 Poster Design & Printing - CVs - Theses Letters - Essays - A3/A4 Lamination



Other Office Services available on request Tel: 01 6285922

Email: office@maynoothcep.com

Opening Hours

Mon-Fri - 9.00 am - 4.30 pm

(Closed for Lunch 1pm to 2pm)





BRADY'S CLOCKHOUSE



BAR - LOUNGE - RESTAURANT

Live Bands every Saturday & Sunday during the month of March Table Quiz every Monday night at 9.30pm Live Racing during Cheltenham Week

> Like us on Facebook @BradysClockhouseMaynooth e-mail: info@clockhouse.ie

Web: www.clockhouse.ie - Tel: 01-5054725

Happy St. Patrick's Day to all our Customers from Declan & the Staff

Great Food Served 7 Days



- Supply and Installation of Blinds
- Roller Vertical Venetian Roman Velux
- Home Consultations
- Professional Service with Competitive

MULLIGAN'S

GARDEN SHEDS

KILCOCK

ALL TYPES OF TOP QUALITY PRESSURE TREATED TIMBER GARDEN SHEDS

GARDEN SHEDS REPAIRED & ROOFS REFELTED

> ALL TYPES OF HEAVY DUTY TIMBER FENCING, DECKING, & SIDE GATES

MAYNOOTH NEWSLETTER

Unit 10, Tesco Shopping Centre Maynooth

(Beside Coyne's Butchers)

Opening Hours for Public

Monday - Friday 9.00am - 4.30pm

Wallet Friendly Advertising 50% Discount on All Advertising Rates

ADVERTISE YOUR BUSINESS HERE

Prices

Over 14 years experience in Window Blinds

Mobile: 085 7338847 Phone: 01 - 6210100 Email:gerardmaloneblinds@gmail.com www.gerardmaloneblinds.com Follow me on facebook SUPPLIED & FITTED

KENNELS, POULTRY HOUSES, BIRD TABLES & GARDEN BENCHES

> Opening Hours Mon - Fri 8:30 - 18:00



Contact a member of the Newsletter Team for a package to suit you at 01-6285922 or Email: office@maynoothcep.com

Our Newsletter is now an online version It's immediately accessible and convenient

Maynooth Cycling Campaign

Maynooth and Environs Local Area Plan 2025-31

A further meeting of the Clane-Maynooth Municipal District took place on 17th February regarding the Maynooth LAP. Maynooth Cycling Campaign welcomes the



11

recommendations from the Office of the Planning Regulator that the deleted permeability links must be consistent with the government and local authority policy framework, and strongly disagree with the nonacceptance of the recommendation by local councillors.

In our blog, we posed the question Is Railpark the worst place to live in Maynooth? And is walking and cycling access at fault? The article can be found at the following link:

https://maynoothcyclingcampaign.com/2025/02/24/is-railpark-the-worst-place-to-live-in-maynooth-and-is-walking-and-cycling-access-at-fault/

Launch of Dublin Active Travel Portal

The IrishCycle.com website reports that Dublin City Council has launched an Active Travel portal to report progress on active travel schemes and their resulting impact on levels of walking and cycling. The European Cycling Federation stresses that monitoring and reporting progress (or lack of it) is an essential element of managing change in modes of travel.

We know that in recent years Kildare County Council has spent in excess of €60,000 on data loggers to record pedestrians and cyclists movements but has failed to publish any results. Maynooth Cycling Campaign previously attempted to raise this at meetings of the Transportation Strategic Policy Committee but was repeatedly blocked by the then Chair, Cllr. Joe Neville. Hopefully they will reconsider their stance and follow Dublin's lead.

MOTHERLOAD

MOTHERLOAD is a prize winning American made film about cargo bikes and their impact on communities. It also deals with a number of associated themes including sustainability, green transportation, feminism and women's empowerment, connecting to nature, and childhood and parenting. Last year, Maynooth Cycling Campaign purchased the right to screen the film but the screening didn't proceed for a variety of reasons. We are delighted to announce that we will be showing it later this year - in May. To get a taste of the film, you can view the official trailer at https://www.youtube.com/watch?v=NkklZNE9S-g

Purchase of American Cars

The US president, Donald Trump, and his appointee, Elon Musk, have been making headlines on a wide range of issues. One of the areas which the president has highlighted is the imbalance in manufacturing trade between Europe and the US and specifically in the areas of cars. In Europe, cars are smaller in size and, with fuel prices much more expensive, offer greater fuel efficiency than American models. Bigger cars are also a threat to the public. According to the OECD, in the US the fatality rate per 100,000 population is four times higher than the Irish rate. While no single factor is responsible for the difference in fatality rates, size is at least partially responsible.

Even some new American electric cars cannot compete on the European markets. Elon Musk'sTesla's Cyber-Truck model, which has been banned in the UK, is not in accordance with European safety standards in relation to weight, lighting, finish or crumple zones. As proponents of active travel, we support increased walking and cycling, and less cars. In 2022, the US exported 16% of their cars to Europe but if Trump/Musk want to increase this percentage, they must meet European safety standards. Irish roads are already too dangerous for active travel users - we do not need to increase this danger.

Upgrade Works on Mill Street, Maynooth

Maynooth Cycling Campaign welcomes the commencement of upgrade works to provide improved facilities for walking and cycling on Mill Street. Mill Street is a key retail destination with Manor Mills Shopping Centre as well as other retail premises. It is also a key link between Moyglare Road and Leinster Street for children attending schools to the north of the town. More than 10 years ago, pupils from St. Mary's Boys School wrote to Kildare County Council to complain about aggression from motorists on Mill Street. While there has been some improvement over the years with the addition of bollards during Covid, it has taken this long to provide a comprehensive solution.

Maynooth Cycling Campaign is a non-party independent local lobby group advocating for better cycling infrastructure in Kildare.



BEST

THE

BEST



MAYNOOTH. ANY AWARDS YOUR COMMUNITY GROUP HAS RECEIVED WE WOULD LIKE TO SHOWCASE THEM IN THE WINDOWS OF THE MAYNOOTH COMMUNITY EMPLOYMENT OFFICE. LETS SHOUT HOW GREAT WE ARE AND HAVE BEEN OVER THE LAST 40 YEARS!



Looking for a mortgage? Get a life

Mortgages with a human touch lifecu.ie (045) 879 622 **[ífe credit union**



Loans are subject to approval. Mortgage lending criteria, terms and conditions apply. Over 18s only.

WARNING: If you do not meet the repayments on your loan, your account will go into arrears. This may affect your credit rating, which may limit your ability to access credit in the future.

WARNING: Your home is at risk if you do not keep up payments on a mortgage or any other loan secured on it.

Life Credit Union is regulated by the Central Bank of Ireland.

Oliver Reilly

Leinster Street, Maynooth, Co. Kildare Mobile 086 8105581 - 01 6289452 **24 Hour Service**



Undertakers and **Complete Funeral Furnishers** Wreaths, Headstones, **Mourning Coaches Undertakers to Maynooth Mortality Society** (Funeral Parlour Free to Society Members)

Main Office, Naas Tel: 045 868230 Paul Reilly Mobile: 086 8105581 **Funeral Home** The Harbour Leinster Street Maynooth





t 3, Fagan's Lane, Maynooth Main Street, Kinnegad

info@gildeasopticians.ie

www.gildeasopticians.ie

Gildea's Opticians



Hegartys Solicitors

Derroon House (beside Citizens Information Centre) Dublin Road, Maynooth **Buying or Selling Property Re-mortgaging** Wills - Family Law **Debt Collection**

> Tel: 01-6293246 Fax: 01-6293247

Also At: 29 Eaton Square Terenure **Dublin 6**

Email:info@hegartyssolicitors.ie Website: www.hegartyssolicitors.ie

Liffey **Memorials**

- Headstones
- Grave Cleaning
- Additional Inscriptions



Thinking of replacing your PVC Windows?

Call: 01 620 3232 Email: office@keanewindows.ie www.keanewindows.ie **Opening Hours**

FREE SIGHT TEST and SPECTACLES

(or allowance towards upgrades for spectacles or contact lenses)

with Medical Card or PRSI

Appointments Monday - Saturday

Opening hours 9:30am-6:00pm

Saturday until 5:30pm

Closed for Lunch 1pm - 2pm *See in Store for Offers*

Happy St. Patrick's Day to all our Customers





Writers' Corner - Short Stories/Articles from our Readers

The Boy Who Never Grew Up by Cheryl Devaney

James Matthew Barrie, a Scottish novelist and playwright, was born in Kirriemuir, Angus on May 9th 1860. His conservative Calvinist father, David, was a weaver and his mother, Margaret Ogilvy, had run her deceased mother's household from the age of eight. The ninth of ten children, Barrie was small, only reaching the height of five foot three as an adult. Two of the family had died before he was born and, when James was six, his elder brother, David, accidentally collided with another skater, fell on the ice and died from a fractured skull. His brother would have been fourteen the following day and his mother never fully recovered from the shock of his death.

To comfort her, Barrie tried wearing his brother's clothes to recapture the happy years before David died. His mother dominated his childhood and she was consoled by the thought that her dead son would remain a boy forever and never grow up and leave her.

Barrie was educated at various academies and, at fourteen, was sent to Dumfries Academy, being supervised by his two eldest siblings, Alexander and Mary Ann, who were teachers. During the school holidays he would play pirates with his school friends, Stuart and Hal Gordon, in their garden at Moat Brae, a Dumfries Georgian town house near the mouth of the River Nith. A keen reader, he studied literature at Edinburgh University, gaining a master's degree in literature in 1882.

Working for the Nottingham Journal as a staff journalist, he moved to London in 1885 as a free lancer. His first book 'Auld Licht Idylls' (Auld Lichts was a strict religious sect to which his grandfather had once belonged) was published in 1888. It was one of several novels about the fictional village of Thrums, said to be modelled on Barrie's hometown of Kirriemuir. Based on his earliest memories, his mother being the heroine of many of the stories, they made Scottish manners appear attractively

quaint and established Barrie as a successful writer.

In 1891 he started to write for the stage and, in tales whilst they strolled with their nanny in 1892, his third play, 'Walker, London', a farcical comedy resulted in his being introduced to a young actress named Mary Ansell. They married on 9th July1894 but the marriage was childless. In 1900, the Barries bought a house overlooking Kensington Gardens and, later that year, Black Lake Cottage at Farnham, Surrey. It was in this cottage that Mary had an affair with Gilbert Cannan, an aspiring writer, twenty years her junior. Barrie sued for divorce on the grounds of infidelity and it was granted in October 1909. Barrie continued to support Mary even after she married Cannan.

In the meantime, Barrie had more works published. His 1902 novel 'The Little White Bird', introduced the character Peter Pan. It was about babies who could fly, as they originally had been birds. This was followed by 'Quality Street' and 'The Admirable Crichton', which were critically acclaimed. 'Peter Pan' or 'The Boy Who Wouldn't Grow Up' had its first stage performance on 27 December 1904 at the Duke of York's

Theatre. Originally Peter was cast as a villain, kidnapping children from their beds. Captain Hook was added later as a theatrical device to distract the audiences while stagehands changed the scenery. Later Peter became the heroic boy who triumphed over the seedy, middle-aged schemer, Captain Hook. The play the Order of Merit in 1922. also introduced audiences to Wendy, whose name was inspired by a young girl named Margaret Henley, who called Barrie 'Friendy' but could not pronounce her Rs very well. The play has been performed every Christmas season up to the present, except for 1940 – a unique dramatic record. In 1911, Barrie developed the Peter Pan play into the novel, 'Peter and Wendy', giving the copyright of his Peter Pan works to the children's Great Ormond Street Hospital, London.

At an 1897 New Year's Eve dinner party he met Sylvia Llewellyn Davies, the daughter of writer George du Maurier and Daphne du Maurier's aunt. Sylvia recognized him as the man who often entertained her sons with fairy Kensington Gardens. He had encountered the two eldest boys, George and Jack, in the park while exercising his Saint Bernard, Porthos, named after a character from one of George du Maurier's books. He would tell them how their new baby brother, Peter, could fly and Michael and Nicholas enjoyed seeing Barrie wiggling his ears. In 1912, Barrie commissioned a statue of Peter Pan to be placed in Kensington Gardens. He never got permission as he wanted children to think that fairies had put it in place overnight. Many objected that a writer could publicize his works in such a way.

Wealthy because of his successful publications, he provided Sylvia with financial support. Through her five sons, he began to relive his childhood and initiated games of make-believe with them. Sylvia, who was widowed in 1907, died in 1910. Barrie, along with their nurse, Mary Hodgson, assumed guardianship over the boys. He supported them to adulthood but George died in combat in World War I, while Michael drowned in 1921 when swimming with a friend. In 1960, Peter died when he threw himself in front of an underground train at Sloane Square station. Barrie moved in literary circles, his friends including H.G. Wells, Thomas Hardy and John Galsworthy. Appointed a baronet by King George V in 1913, he was made a member of

On 19th June 1937, Barrie, then aged 77, died in a nursing home of pneumonia. He was buried at Kirriemuir next to his parents and two of his siblings. Peter Pan had become a cultural icon of youthful innocence and escapism and Barrie's obsession with the never-aging Peter Pan could be connected to his brother David's tragic death. On 1st June 2019 Moat Brae, where as a child he had experienced so much fun, opened as Scotland's National Centre for Children's Literature and Storytelling.

Maynooth Golf Society

President: John Saults - Vice President: John Byrne - Captain: John Nolan - Vice Captain: Paul Farrelly Secretary: Martin Maguire - Treasurer: Norman Kavanagh

Affiliated to GUI

The AGM of Maynooth Golf Society was held last Sunday 23rd February in Brady's. The well attended meeting confirmed Captain John Nolan as this years captain. John is a long standing member of the society and was a popular choice as Captain for 2025. John Saults who was captain on 2 previous occasions was confirmed as President for the coming year. Treasurer Norman Kavanagh provided an overview of the Society finances and thanked sponsors from 2024 as follows:

Contact 086-2215738 if interested in joining and we would be happy to accommodate where you will receive a traditional Maynooth welcome.

Society Outings 2025 are as follows:

Saturday 8th March - Grange Castle from 12.00pm Saturday 5th April - Millicent from 12.50pm Friday 2nd May - Beech Park from 2.30pm Saturday 7th June - Roganstown from 11.50pm Saturday 19th July - Glasson - Captains Day from 11.30am Saturday 30th August - Tufarris from 10.00am September 20th/21st Waterford Castle/Faithlegg Weekend Away. Saturday 18th October New Forest from 10.10am Martin Maguire Maynooth Golf Society Hon Secretary

Derek Murray - Captain's Day

Norman Kavanagh – Captain's Day

Marty Maguire – Captains Day and Society Event Cards

Barry Farrell – Captains Day

Ollie Bright - Society Outing

John Byrne – Maynooth University Bookshop – Society Outing

Pat Connolly - Euro Farm Foods – Captain's Day

The society has gradually regained strength in numbers post Covid and encourages new members and old for the golfing year of 2025.



Writers' Corner - Short Stories/Articles from our Readers (Cont.)

My Chequered Life Chapter 13

At this time my girlfriend was very ill in Harold's Cross hospice. I was brought out to see her once or twice but I knew she would not be alive at my discharge. However, even though she was very ill, I was glad to get the opportunity to talk to her and apologize to her for the way I had treated her. She died in 2011 and I was released, if released is the proper word, in 2012. From prison routine to street chaos! I was back on the streets again under all the old pressures. While in prison I had got off drugs and even had got off methadone but once out, there was no way I was going to be able to keep up the effort. Nine in ten of the people I was hanging around with were on drugs and the others were on alcohol.

The temptation was enormous, especially when you consider my past and all the issues I hadn't dealt with. I knew it couldn't last and it didn't and soon I was back again on the hard stuff three or four times a week, when I had the money. To tell the truth I just wanted to be back in prison where life was simple with a warm bed and three meals a day. And that's what I did. I demanded money from a girl at the cash register in a shop and when she told me she couldn't open the till, security was called and from the security guard's office the gardai brought me to the station, held me overnight and next day brought me to court. From there I was back in prison and truthfully was greatly relieved. Everything had gone to plan. I was home again! I was back in court in a month or two and three suspended years of my earlier conviction were activated and I was sent to Portlaoise Midlands prison, at my own request.

been the ruin of my life. A friend of mine use to call to see me regularly and one day, in 2016, when he was gone, I rang him and, after great hesitation, told him about the abuse I had been subjected to as a child. He, of course, reported my story to the gardaí and they in turn passed it on to the gardaí in Portlaoise. Two of them came to interview me but, despite my best intentions, I didn't like being interviewed by them, with the result that even after another visit there was nothing very much they could do. When I got out of prison, I and my friend tried to follow up on this but there was no record of my case having been reported, despite the fact that I had been interviewed twice! (I have in my possession a letter from the governor of the Midlands prison, stating the date of one of the visits and naming the two gardaí in question)

And to my knowledge, that's where it rests today.

However, not everything went wrong when I got out of prison. I was determined to get help and I got it. Through the McVerry Trust, I got an opportunity to stay in a hostel for the homeless, where I had my own room. There were only about nine others living there. I was on two years' probation, so I worked with that probation officer, who introduced me to counsellors, all of whom were very helpful. I too, of course, had changed and grown up a little and frankly was fed up of living such a squall of a life. That doesn't take from my probation officer who was enormously attentive to me when I was trying to turn my life around. She treated me as if I was the only one she had to look after and I will always remember her for her professionalism and friendship. I have been living on my own for the last seven years, drugfree and only having a pint on rare occasions. The rest is silence, maybe!

While there I decided to face up to the many issues which I felt had

GM

Derrylow

For Christina

Soon I'll return to that quiet place where I grew up, a drumlin-bounded farm in the west, to survey whitethorn-hedge divided land, visit the heather-covered bog where we saved turf for burning on our open-hearth, and, if there has been heavy rain, go further on to where like molten silver a turlough glistens in our neighbour's field.

At dusk I'll listen to the *meannán aerach's* bleating, the corncrake's heart-aching repetition, and maybe on a winter's night watch enthralled a will-o-the-wisp dance and flare as if someone

Lillibullero

I have heard a word A song's refrain Emerge from the night A star that is seen by men When its speeding light Shed by an orb turned cold Before earth had life Pierces the rim of time And the heart grows faint With the ache of remembering Lillibullero

The meaning is vanished long * Nobody knows The impassioned chords that it stirred Or whether men chose To link it to love or to war But the sad-sweet cadence recurs Like the light of the ghost of a star To tell though they twisted the knife Or kissed the young lips in despair All have expired in the night *Lillibullero*

After Navalny!

While Putin prepared potent poison, His keen eye surveyed the horizon; 'Twas a near fulltime job, Spotting whence the next yob, Bent on wrecking his plans might be risin'! *GM*

THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention here). Take it dear Heart of Jesus and place it within your own broken heart where your Father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen

with a flashlight walks drunken through the bog.

There's the orchard we raided for plums and apples, the *culleen* with hazel trees we climbed for nuts, the horse's field that in autumn grew mushrooms, and, past those farms, scrubland where we hunted rabbits. Perhaps I'll view the reed-fringed lake we fished for trout, climb that hilltop over pastures where herds grazed, then make my way home slowly by the hayshed

to recall those indifferent Time erased.

Note: *meannán aerach,* a snipe. Literally, an airy kid goat, from the bleating sound it makes during courtship flights.

By Colin Scott

P. Devaney, c.1968

* Recently, my friend Ciaran Dockery explained that the full refrain, "Lilli bullero, bullen a-la", was an anglicization of *An lile ba léir é, ba linn an lá* ("The lily was clearly visible, the day was ours."), the slogan of Irish rebels during the 1641 rising; later, it was used in a popular anti-Catholic song by Lord Wharton which helped to drive James 11 from the throne of England. Say this prayer for three days, promise publication and prayer & favour will be granted, no matter how impossible. Never known to fail.

Thanksgiving for favour received. R.D.

GROW MENTAL HEALTH:

Grow Mental Health peer support meetings take place every Tuesday in Leixlip Library -

Captain's Hill - Confey from 11 am to 1pm.

For more information please contact

Amanda on 086 1367423

amandadempsey@grow.ie

MU plans new €19 million Sport Science Centre

Maynooth University is embarking on the construction of a dedicated €19 million Sport Science Centre which will include facilities to promote health and wellbeing on campus.

The University received planning permission from Kildare County Council in late 2024 for a three-storey extension to its Phoenix Sports and Restaurant Building. The new extension will include:

- a state-of-the-art student gym
- a sports / multi-purpose hall
- changing facilities
- sports science research and teaching laboratories
- flexible office space for sports science staff

MU hopes that the provision of these extensive modern gym facilities



will encourage students to visit the gym regularly, improving their physical fitness, reducing stress levels and promoting mental wellbeing.

The plans, drawn up by a team led by <u>Reddy</u> <u>Architecture and</u> <u>Urbanism</u>, envisage that the gym will be

prominently located at the

front of the new building,

The architect's visualisation of the proposed new building

"making sports activities visible and promoting student health and wellbeing. The entire ground floor of the extension will be devoted to the gym and changing facilities, providing students with a muchneeded, flexible and functional space".

According to <u>Michael Rafter</u>, Director of <u>Estates</u> at MU: "Our primary goal remains to provide modern university facilities for our students to enhance their wellbeing and positive experience while at Maynooth



University, and we believe this scheme will provide a significant and much needed contribution to student and campus life."

The new centre will also provide students and staff with enhanced

educational opportunities in a purpose-built facility with a modern and comfortable teaching environment. The new Sport Science Department and the Sports Office will both be located in the complex, fostering collaboration and mutual support between the two.

It is anticipated that work will start on the new



School of Business.

Prof Tim Thompson, MU's Vice President Students and Learning, says: "A strong sports offer can really enhance





the student experience, as well as provide wider teaching and learning opportunities. We're looking forward to working with our students and wider university community to further embed sports and physical activities into our Maynooth experience."

MU's new sports strategy has been designed to form part of the wider health and wellbeing ecosystem in the national context. The plans are aligned with the <u>National Sports Policy 2018-2027</u> and the <u>UNHCR</u> <u>Sports Strategy 2022-2026</u>.

MU celebrates Collingwood Cup win

Maynooth University's men's senior squad have been crowned Collingwood Cup champions at the University College Cork's Mardyke Sports Ground. This marks only the second time in the tournament's history that Maynooth University has lifted the trophy, with <u>the last</u> <u>triumph occurring in 2014.</u>

The Collingwood Cup, renowned for its three games in three days format, saw MU overcome UCD in the quarterfinals, defeat defending champions UL in the semi-finals, and clinch the title with a 1-0 win over University of Galway in the final, thanks to a goal from Aaron Doran.



MU soccer team lifting the Collingwood Cup

This victory caps off a remarkable season for the MU Soccer squad, as they also secured the Colleges & Universities Football League (CUFL) Premier Division title earlier this academic year. Winning both the Collingwood Cup and the CUFL Premier Division in the same season is a rare achievement, having only been accomplished once before in the competition's history.

Barry Prenderville, Soccer Development Manager at MU's Department of Sport said, "This is only the second occasion Maynooth University has won this tournament in its over one-hundred-year history. Our students showed incredible determination, resilience, and no shortage of skill to overcome UCD in the quarterfinal, the previous year's winners UL in the semi-final, and finally, to clinch the title by defeating University of Galway in the final."

building in summer 2025, and it will open its doors to students and staff in January 2027.

Welcoming the planned new centre, <u>Dr Jack Hickey</u>

of MU's Department of Sport Science and Nutrition, said: "It will provide a bespoke space for teaching and research with labs for testing. It will be a dedicated space on campus where we can do that research." The new building will also house office space, with capacity for future expansion for the <u>Department of Sport Science and Nutrition</u>, which was established in 2023. The Department is growing rapidly to meet the needs of its students, providing Bachelor's degrees in <u>Sport</u> <u>Science and Health</u> and <u>Food Science and Human Nutrition</u> as well as the <u>Business with Sport Science</u> degree, run in conjunction with the

First played in 1914, the Collingwood Cup is the oldest surviving all-Ireland association football competition. It is named after amateur footballer and Physiology Professor Bertram J. Collingwood. University College Dublin were the inaugural winners and remain the most successful team, with 53 titles.

MU and Regional Assemblies launch National Census Atlas dashboard

Ireland's three Regional Assemblies, in collaboration with the <u>All-Island</u> <u>Research Observatory</u> (AIRO) at Maynooth University, have launched the <u>National Census Atlas</u>. (NCA). This is a ground-breaking tool that provides an unprecedented view of over 200 social, economic, and environmental indicators at the neighbourhood level across Ireland. (Continued on page 17)

(Continued from page 16)

The Census Atlas offers:

Neighbourhood-level insights: Detailed mapping of data for informed decision-making at the local level.

Comprehensive indicators: Over 200 datasets covering critical aspects of Irish life, including demographics, social and cultural factors, education, health and wellbeing, housing, employment and economy, communications and ICT, and transport and commuting.

User-friendly access: An intuitive interface powered by the GeoHive platform, making data exploration straightforward for all users.

All data in the atlas comes from the Central Statistics Office (CSO) Census 2022 results, ensuring the most up-to-date and accurate representation of Ireland's social and economic characteristics.

The atlas will also showcase the following:

Population change: The tool shows levels of population change over the last twenty years, highlighting areas of major population growth alongside regions experiencing continual population decline.

Household heating sources: The atlas details variations in household heating methods within and across counties, providing essential data for policies aimed at achieving a just transition from fossil fuels.

Employment clustering: Insights into the clustering of employment in sectors such as agriculture, manufacturing industries, and professional services can guide regional economic development strategies.

Religious affiliation trends: The tool reveals differing trends in religious affiliation between urban and rural areas, offering a nuanced understanding of cultural shifts.

Commuting patterns: Detailed data on commuting patterns to cities and large towns helps inform transport and infrastructure planning.

In formally launching the National Census Atlas and S3 Dashboard, Minister Peter Burke TD stated: "I am proud to launch the National Census Atlas, a groundbreaking tool providing access to key data which will be instrumental in supporting evidence-based policymaking. We are the first country to develop such a resource, positioning Ireland at the forefront of international best practice.

"I am also delighted to launch the new Smart Specialisation Strategy Visualisation Dashboard which was developed in collaboration with my



EMRA director Clare Bannon, Minister Peter Burke and AIRO director Justin Gleeson at the launch

own Department. This tool will help monitor the progress of our National Smart Specialisation Strategy, monitor our regional innovation performance and enable regions to focus on their strengths. These new tools are fantastic additions to the Regional Development Monitor that I had the pleasure of launching in November 2022 and will be crucial to future policy development."

Justin Gleeson, Director of AIRO, emphasised the significance of the initiative: "The National Census Atlas represents a major step forward in democratising access to data. By providing granular insights at the neighbourhood level, this tool empowers stakeholders across Ireland to identify needs, allocate resources effectively, and plan for a sustainable future. It is a fantastic example of public sector collaboration in Ireland and the use of publicly funded data collection initiatives."

Clare Bannon, Director of the Eastern and Midland Regional Assembly added: "This project highlights the power of collaboration in advancing regional development goals. We're proud to support this initiative, which offers a new perspective on Ireland's evolving social, economic, and environmental landscape. This tool is a great addition to the Regional Development Monitor which has become a key resource for local and regional authorities in Ireland."

Looking for something different to do this St Patrick's Day?



The Duck Race is back in Kilcock, Co. Kildare from 2.45 pm. Cash prizes for the 1st, 2nd and 3rd ducks.



Mary Cowhey & Company Solicitors

Suite 2/3 Manor Mills

Maynooth

County Kildare

Materia O Materia Deleteria Alexidente

Ducks will be on sale outside Supervalu, Kilcock on Saturday 15th March from 10 am, for €5 each, with proceeds in aid of voluntary social clubs for people with additional needs.

For further information feel free to contact us at northkildarearchclub@gmail.com

| SIMI | e-mail: info@liamduffautos.ie web: liamduffautos.ie | | | | |
|--|--|---|--|--|--|
| VEHICLE RECOVERY | CRASH REPAIR | | | | |
| 24 Hour Vehicle Recovery 087 257 9400 | Crash Repairs CSS Approved | Tyre Fitting Service Laser Wheel Alignment Puncture Repairs | | | |
| 087 929 1719 | | | | | |

Liam Duff Crash Repais, Gragadder, Kilcock, Co. Kildare



Happy St. Patrick's Day to all our Customers



Happy St. Patrick's Day to all our Clients



God Bless us Everyone!

As Tiny Tim's memorable words brought An Nuadha Players' 25th Anniversary Christmas Pantomime to a close, the audience stood to applaud a truly spectacular production.

The cast of 'A Christmas Carol', An Nuadha Players' 2024 Christmas Pantomime PaPantoChristmas Pantomime

This was a 'wonderful show, really engaging for adults and kids,' commented Merv Nickleman. 'Everyone was amazing – acting, singing and dancing and the set, costumes, lighting and music were all amazing'. Celine Kenny brought her children to watch their pal Tiny



Tim perform and was bowled over. 'What a show! It was fantastic

from start to finish,' she said. Gillian McGuire and her crew loved the show and extended huge congratulations to all involved. The ghost of Christmas Past (Amelia Brogan) takes Scrooge (John Fitzgibbon-Moore) on a magical trip to his past.



And this ambitious production truly was a co-operative undertaking with many hands and minds coming together to bring to the stage one of the group's most creative productions to date. Producer Amy Douglas, director Caitríona Carr, musical director Colin Sloan,



The Alice for (Delife 171-1-1 Alice

choreographer Méadhbh Fitzgibbon-Moore and making her début as assistant choreographer, Saoirse Walsh Colfer spent many hours working on the vision for the show before rehearsals began last August. It had to look authentically

Summer Production 2025

We are delighted to announce that our summer production will be Neil Simon's 1971 black comedy *Prisoner of Second Avenue.* The 1975 film version starred Jack Lemmon and Anne Bancroft.

The story revolves around OUR 2025 SUMMER PRODUCTION IS...

the escalating problems of a middle-aged couple living on <u>Second Avenue</u> on the <u>Upper East Side</u> of <u>Manhattan</u>. Mel has just lost his job after 22 years of faithful service, and now has to cope with being unemployed at middle age during an economic recession. The



PANTOMIME 2025 IS...

AULA MAXIMA, ST PATRICK'S COLLEGE, MAYNOOTH

4TH – 7TH DECEMBER 2025

WRITTEN

action occurs during an intense summer <u>heat wave</u> and a prolonged garbage strike, which exacerbates Edison's plight as he and his wife Edna deal with noisy and argumentative neighbours and loud sounds emanating from the Manhattan streets up to their apartment. Mel's sisters and brother offer reluctant help but at the end of the day Mel and Edna realise they can only rely on themselves.

Ann Kelly, who will direct the production, has fond memories of the play, having played the role of Edna in Thurles Drama Group's awardwinning 1988 production. Auditions will be on Tuesday 11th and Thursday 13th March in Maynooth Community Space. The script, along with a synopsis and audition pieces, is available on our website <u>annuadhaplayers.ie</u>

Panto '25

We are excited to share the news that our 2025 Pantomime will be **The Sword in the Stone**, a brand new panto with an original script by former 'panto kid' Rían Glynn, who will also direct the production. Auditions will be held in May / June and we encourage you to keep an eye on our website for further details.

Theatre Workshops



The group is currently planning a series of theatre workshops which we hope to run during the spring and summer. Topics may include vocal work and voice projection, improvisation, dance and choreography, set design and costume design. Further details will be posted on our website.

JYNN

The Amazing 'Panto Kids' Above Victorian and it had to be magical and entertaining.

Darren Kelleher and Gary O'Daly on lights and special effects helped to create the magic and Conor Wilkins on sound ensured that audiences could appreciate the wonderful music and Martin Higgins' original



script. Hats off too to the band, and the front of house and stage crews. And a big shout out to the cast of 52 (our biggest ever) for giving five wonderful performances in front of truly amazing audiences. We thank all those of you who came to see the shows. We also wish to acknowledge the support of the local businesses and individuals who generously sponsored the production. IN SUPPORT OF OUR 2025 SUMMER PRODUCTION

28th March 2025 Upstairs in Brady's Clockhouse | 8pm TABLES OF 4 - €10 PER PERSON

Pub Quiz – A date for your diary

Keep Friday 28th March free for our very popular pub quiz in Bradys. Martin Higgins will provide the questions and we look forward to a great night's entertainment. So come along and bring a friend or two.



PUZZLE TIME





NB To Print the page go to File, select Print and put in this page number. Then Print.

Puzzles sourced free from Google & Produced by Martina, Newsley

0 P W 0 C P MAR 1 A T E ما Irish

KNOW YOUR RIGHTS

Citizens Information Centre, Dublin Road, Maynooth Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public. Information is also available online at <u>www.citizensinformation.ie</u> and from the Citizens Information Phone Service - 0761 07 4000 or Lo-call 1890777121



Benefits and entitlements relating to birth and children

Introduction

If you are having a baby in Ireland, there is a range of supports for parents and children. This page gives a general overview of these supports.

Before your baby is born

Health and safety

If you become pregnant while in employment and you are exposed to certain risks in the workplace, or you are involved

in nightwork (nightwork means that you spend at least three hours or 50% of your work between midnight-7am), you may be entitled to health and safety leave from work. If you are entitled to health and safety leave and you have enough social insurance (PRSI) contributions, you may qualify for Health and Safety Benefit during your leave. If you are breastfeeding at work, you may also be entitled to health and safety leave and Health and Safety Benefit.

Antenatal visits or appointments

After your pregnancy is confirmed, you may take time off for medical visits (sometimes called antenatal visits or appointments) connected with the pregnancy. There is no maximum or minimum amount of time off specified for these visits. Rather, you are entitled to reasonable time off – this means the time that you need for each visit and includes both the time required to travel to and from the appointment and the time for the appointment itself. You are entitled to be paid during these antenatal visits.

Antenatal classes

Antenatal classes give you information about pregnancy, labour and delivery, and baby care. Before the birth you are entitled to take paid time off work to attend one set of antenatal classes (however, not the last 3 in the set). This is a once-off right which covers all pregnancies while in employment. Expectant fathers have a once-off right to attend the last 2 antenatal classes in the set.

After your baby is born

Maternity leave and Maternity Benefit

If you are working, no matter how long you have been working, you are entitled to take maternity leave for a basic period of 26 weeks. At least 2 weeks have to be taken before the end of the week of your baby's expected birth and at least four weeks after. If a mother dies within 40 weeks of the birth, the father or other parent is entitled to maternity leave from work. During your maternity leave, you may be entitled to Maternity Benefit if you meet social insurance contribution conditions.

If you are working and breastfeeding you are entitled to take 1 hour off work (with pay) each day as a breastfeeding break for up to 2 years after birth.

Additional (unpaid) maternity leave

You can take up to a further 16 weeks' additional maternity leave immediately after your maternity leave ends. This additional maternity leave is often called 'unpaid maternity leave' because you are not covered by Maternity Benefit and your employer does not have to pay you during it.

Paternity leave and Paternity Benefit

New parents (but not the mother of the child) are entitled to 2 weeks' paternity leave from employment or self-employment following the birth or adoption of a child. Paternity Benefit is a weekly payment to a parent on paternity leave from work who is covered by social insurance (PRSI). You can start paternity leave at any time within the first 6 months after the birth or adoption placement.

Adoptive leave and Adoptive Benefit

Adoptive leave is a statutory entitlement for adoptive parents. Adoptive leave provides 24 weeks' leave from work to one parent of the adopting couple or a parent who is adopting alone. The 24 weeks start from the date the child is placed in your care. If you have enough PRSI contributions, you may be able to get Adoptive Benefit. It is available to both employees and selfemployed people. If you are an adopting couple, the parent who does not avail of adoptive leave is entitled to paternity leave. You can take up to 16 additional weeks' unpaid adoptive leave but you cannot claim Adoptive Benefit for these extra weeks.

Parent's leave and Parent's Benefit

Parent's leave is a statutory entitlement for working parents. The leave lets parents spend more time with their baby or adopted child during the first two years. From August 2024, each parent is entitled to 9 weeks of parent's leave for a child born or adopted on or after 1 August 2024, a child who is under the age of 2 on 1 August 2024 or an adopted child who has been placed with the family less than 2 years on 1 August 2024.

The leave period remains the same in the case of multiple births, for example, if you have twins or if you adopt 2 or more children at the same time. Parent's leave is available to both employees and people who are self-employed.

Parent's Benefit is paid while you are on parent's leave from work if you have enough social insurance (PRSI) contributions.

Serious illness during pregnancy or maternity leave

From November 2024, you can postpone your maternity leave and Maternity Benefit, for between 5 and 52 weeks, if you are pregnant or on maternity leave and require ongoing treatment for a serious health condition. The illness must pose a serious risk to your life or health. This can be either a physical or mental illness and must be certified by a doctor.

Breastfeeding when you return to work

Parental leave

When you return to work you may be able to take parental leave. Both parents are entitled to take 26 weeks of parental leave for each eligible child. You must take parental leave before your child's 12th birthday. Parental leave is unpaid. Generally, you must have been working for your employer for a year before you can take parental leave.

Leave for medical care reasons

You can take unpaid leave if you need to take time off to deal with medical care for your child or other relevant person. You can take up to 5 days' leave for medical care in any 12 consecutive months. Read more about unpaid leave for medical care.

(Continued on page 21)

KNOW YOUR RIGHTS (Cont)



(Continued from page 20)

Child Benefit

Child Benefit is a monthly payment to the parents or guardians of children under 16 years of age. You can get Child Benefit for children aged 16, 17 and 18, if they are in full-time education or full-time training, or have a disability and cannot support themselves. In general, Child Benefit is payable from the first day of the month after the child is born. It is paid at higher rates for multiple births such as twins or triplets.

New Baby Grant

A New Baby Grant of €280 is paid in addition to the first month of Child Benefit for children born or adopted on or after 1 December 2024. The New Baby Grant is €280 per child, so if you have twins, the grant will be €560.

Free GP visits for children under 8

The GP visit card for children under 8 covers free GP visits, including home visits and urgent out of hours GP care. If your child already has a medical card, you do not need to register them for a GP visit card. However, if your family circumstances change and your family is no longer eligible for medical cards, you can then register your children for GP visit cards for children under 8.

<u>Taxes</u>

There are no specific tax reliefs for children. However, the Single Person Child Carer Credit is a tax credit for people who are caring for children on their own. There is also an Incapacitated Child Tax Credit if your child is permanently incapacitated and a Home Carer Tax Credit where one spouse is caring for a child or dependant person. There are also other tax credits and allowances which families can avail of.

Social welfare supports

The Department of Social Protection provides social welfare payments to support families with children for people in low-paid employment and people parenting alone. Some payments are means -tested and others are based on social insurance contributions. If you are a medical card holder you are entitled to a Maternity Cash Grant of €10.16 from the Health Service Executive on the birth of your child. Apply to your Local Health Office.

If you cannot pay for the extra costs associated with your baby you may be able to apply for an Additional Needs Payment from the Department of Social Protection.

Early childhood care and pre-school education

The Early Childhood Care and Education (ECCE) Scheme provides free early childhood care and education for 2 years for children of pre -school age for a set number of hours over a set period of weeks from September to June (the school year).

The new National Childcare Scheme (NCS) 'wraps-around' the free pre-school programme, providing financial support towards the cost of childcare for the hours spent outside of pre-school. The National Childcare Scheme provides 2 types of childcare subsidy paid directly to your chosen childcare provider. Children must be attending a childcare provider registered with Tusla (including childminders and school-age childcare services).

Memories From the Archives Celebrating 40 Years of Maynooth Community Employment Project Producing the Maynooth Newsletter

MARCH 1985



Link to the Archive: www.maynoothcep.com



21



Mr. Stan Cosgrave, Manager Moyglare Stud Farm, presenting their sponsarship cheque for the recent Cross Country Roces to Mr. Pearse Broslin, chairman of Maynooth A.C.

When the child is on holidays with the Host Family, a link is maintained with the staff and there is a 24 hour telephone back up servicetivery effort is therefore, made to ensure that if problems arise, they can be sorted out promptly. A fulther safety, of contracts and insurance cover is built into the scheme.

ANNIVERSAR

The Host Parents receive payment in recognition of the extra work and responsibility that is involved.

Who to contact.

The following agencies are involved in the Break Away Scheme and will be only too happy to answer queries-

Daughters of Charity, St. Vincents, Navan Road, Dublin 7. Phone 303209 - 303881

St.John of God Centre, Islandbridge, Dublin 8. Phone 778593 SL John of God Centre, Dummare House, Glenageary, Dublin, Phone 852900

St. John of God Centre, St. Raphael's, Celbridge, Co. Kildare. Phone 288161

St. John of God Centre, St. Mary's, Drumcer, Dunleer, Co. Louth, Phone 061-51211 Stewart's Hospital, Palmerston, Dublin 12. Phone 264444 Ext. 171

SI. Michael's House, Ballymun Road, Ballymun, Dublin 11. Phone 375171

St. Michael's House, Goatstown, Dublin 14. Phone 987033.

P. WALSH & SONS MONUMENTAL MASONS PHONE: 286166 ALL TYPES OF GRAVE MEMORIALS UNDERTAKEN SUPPLIERS OF BEST QUALITY FUNERAL WREATHS ALL SIZES Grainne Farrelly (1st) and Enda Gleeson (2nd), being congratulated by Stan Cosgrave at the recent Cross Country Races at Moyglare Stud



Liam McNamee, Maynooth A.C. (centre) 1st, Jim Clancy, Carbury A.C. (L) 2nd, and Pat Maher (Maynooth) 3rd, receiving their trophies from Stan Cosgrave, Manager of Moyglare Stud, following the recent Cross Country races at Maynooth



COLOURING FOR FUN



NB To Print the page go to File, select Print and put in this page number. Then Print.

Sourced free from Google



22

March is Pet Anxiety & Pet Poison Awareness Month

Prevention is always better than cure. There is a lot you can do to socialise and habituate your puppy or kitten to all the things they may come across later in life. This should be done in a calm, gentle way, being careful not to overwhelm your pet. Make sure that they are enjoying each experience. This will help your furry companion to form positive associations with these things so that they are able to cope well with them when they are older. If you are unsure of what to do, contact your vet and they will be able to help.

If you have an older pet who is already anxious about certain things, don't despair; there are many things we can do to help turn this around. The process is a little different from above, as we first need to decrease your pet's fear of the stimulus (be that fireworks, visitors or anything else). This is done using a technique called desensitisation.



Desensitisation is the process of exposing an animal to a gradually escalating stimulus at a level they can cope with. At each stage, they should be alert and aware of the stimulus but not otherwise reacting to it. Over time (usually a period of weeks), the stimulus level can be slowly increased until it is at the level at which they would experience it in the real world. Counter-Conditioning, on the other hand, is the process of turning a stimulus from a negative to a positive, by associating it with a reward (e.g. fuss, treats, play as appropriate). In practice, these two techniques are often employed side by side as they make a powerful pairing.



Recognising and treating any behavioural condition, whether related to anxiety or to something else, is best done at as early a stage as possible, as this gives the highest chance of being able to resolve the problem. It's never to early to make us aware you think your pet may be struggling with a behavioural issue. We want to intervene early on to give your companion the tools to cope with situations they may find stressful and lead rich, happy lives.

If you are concerned that your cat or dog has a behaviour problem, you should contact your vet for a behaviour consultation.

Source: www.westportvets.com/march-is-pet-anxiety-awareness-month

As temperatures rise, we begin to see spring bulbs bloom. Many common garden plants, such as daffodils and tulips, are toxic to our pets and can lead to them becoming unwell if they eat them. Bulbs often have a higher concentration of nutrients than leaves or flowers, so can be more dangerous for your pet. When gardening, keep your pets away from any bulbs or flowers, and call your vet straight away if you think your pet has eaten any part of a toxic plant.



The sunnier weather makes longer walks even more appealing. When venturing out into the countryside, look out for farm animals, especially those with offspring like lambs or calves. Keep your dog on a short lead when entering fields to prevent injury and stress to farm animals or your four-legged friend.

Always remember that with warmer weather comes the risk of heat stroke, so on hot days, aim to walk your dog in the evenings or early morning when it's cooler, and ensure pets have cool areas to rest in, plus access to plenty of fresh drinking water.

Fleas can be a problem all year round, but they love to breed in warm weather. You may find the problem worsens in warmer months, so make sure you keep their flea treatment up-to-date. Worming requirements are the same all year round, so make sure you're keeping up-to-date on their worming treatment too.

Female cats come into season around this time of year so make sure you're prepared - they will have heat cycles approximately every 2-3 weeks from February to October. They will usually be much more vocal than normal, roll around more, and become extremely affectionate.

If your cat goes outdoors then it's important to get them neutered to avoid unwanted pregnancies and help protect them against viruses that can be spread through mating and fighting. Neutering will also stop cats, outdoor and indoor, from developing health issues like pyometra (infection of the uterus which can be life-threatening).

Sourced: www.pdsa.org.uk/what-we-do/blog/pet-care-advice-for-spring

Being aware and creating an understanding of what harmful poisons lurk in the house and yard will make everyone with four legs and two legs happier and healthier: awareness is the key to preventing poison emergencies!

Common household plants that can be toxic to dogs and cats such as Azalea, Lilies, Ivy, Mistletoe and Poinsettia. If you have these in your home, move them to a high place so pets can't get to them.

It's extremely important that we start the process at the SMALLEST stimulus that your pet takes notice of WITHOUT them showing overt anxiety. Watch for small signals, such as lip licking, yawning or lifting one paw in dogs; wide staring eyes, hunched posture or flattened ears in cats – these tell you to go back to a slightly lower level of stimulation where your pet looks more comfortable.

List of poisons pets can ingest:

- Dogs: Chocolate, Mouse and Rat Poisons, Anti-inflammatory Medications, Xylitol, Grapes and Raisins, Antidepressant Medications, Acetaminophen (e.g. Tylenol), Vitamin D Overdose, Stimulant Medications and Fertilisers.
- Cats: Lilies, Spot-on flea/tick medication for dogs, Household Cleaners, Antidepressant Medications, Essential Oils, Anti-Inflammatory Medications, Mouse and Rat Poisons (rodenticides), Stimulant Medications, Onions and Garlic and Vitamin D Overdose.

If you suspect you pet of ingesting anything they shouldn't have, bring them to the **VET** immediately. Why not keep a permanent list on your kitchen wall so that all family members can see and be aware.

Source: https://www.goingmuttspetservices.com/blog

| March 2025 C | rossword - No. 543 | Solutions to Crossword No. 542 | | | | | |
|--|---------------------------------|--|--|--|--|--|--|
| 1 2 3 4 | 5 6 7 8 | $\begin{bmatrix} 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8 \\ 4 & G & S & C & R & L & R & W \\ 9 & & & & & & & & & & & & \\ \end{bmatrix}$ | | | | | |
| 9 | 10 | [*] DENATIONALISE I 10 | | | | | |
| | | | | | | | |
| 12 | | $\begin{bmatrix} I \\ 12 \end{bmatrix} M \begin{bmatrix} 11 \\ B \\ 0 \end{bmatrix} N \begin{bmatrix} F \\ I \end{bmatrix} R \begin{bmatrix} E \\ 13 \end{bmatrix} E \begin{bmatrix} E \\ E \end{bmatrix} E$ | | | | | |
| 13 | 14 | | | | | | |
| 15 | 16 | | | | | | |
| 17 18 | | | | | | | |
| 19 20 | 21 22 | 23 24 24 | | | | | |
| 23 | 24 25 | 25 28 | | | | | |
| 26 | 27 | 27 28 29 | | | | | |
| 28 | | 30 31 | | | | | |
| 29 | 30 | 32 | | | | | |
| | | 33 | | | | | |
| 31 | 32 | T E X R H K D S | | | | | |
| | es Across | Clues Down | | | | | |
| | | | | | | | |
| 1. Official sitting (7) | 23. Make possible (6) | 1. Holdup (5-2)19. Governing bodies (7) | | | | | |
| 5. Saloon (3,4) | 24. Russian sleigh (6) | 2. Fruit-flavoured sweet powder 20. Prisoner (7) | | | | | |
| 9. Tool for chipping ice (7) | 27. Extinct flightless bird (3) | (7) 21. Baby (7) | | | | | |
| 10. Many times (5) | 28. Son of Abraham (5) | 3. Foolish persons (6)22. Expert marksman (4-3) | | | | | |
| 11. Living in a city (5) | 29. Inanimate object (5) | 4. Capital of Tonga (9) 25. Part of the foot (6) | | | | | |
| 12. Russian secret police (3) 30. Exterior (7) | | 5. Sphere (5) 26. Coming after (5) | | | | | |
| 13. With ease (6) 31. Knitted jacket (7) | | 6. Midday (8) | | | | | |
| 14. Complete (6) 32. Burst violently (7) | | 7. Meantime (7) | | | | | |
| 15. Strike lightly (3) | | 8. Very long (7) | | | | | |
| | | 16. Eighty (9) | | | | | |
| | | 18. Yes (3,5) | | | | | |
| 17. Six (4-5) 21. Used for resting (3) | | | | | | | |

| | Dif | ficult | | | | | Sudoku Challeng | | | nge | | Super Diffic | | | fficult | : | |
|---|-----|--------|---|---|---|---|-----------------|---|---|-----|---|--------------|---|---|---------|---|---|
| | | | | | | | | | | | | | 6 | | 8 | | |
| | | | 5 | 4 | | 1 | 2 | | | | | | 5 | | 2 | 7 | 9 |
| | | 6 | 1 | 8 | | | 9 | 4 | | 4 | | 7 | | 3 | | | |
| | 3 | | | | | 9 | 8 | 5 | 8 | 5 | 4 | | 1 | | | | 2 |
| | 2 | | 6 | | 8 | | 7 | | | 9 | | | | | | 8 | |
| 7 | 5 | 8 | | | | | 4 | | 3 | | | | 2 | | 5 | 9 | 7 |
| 3 | 8 | | | 2 | 1 | 4 | | | | | | 6 | | 8 | | 5 | |
| | 1 | 9 | | 6 | 5 | | | | 5 | 6 | 3 | | 9 | | | | |
| | | | | | | | | | | | 1 | | 4 | | | | |

If you have access to a printer and wish to complete the Crossword and/or Sudoku for fun you can print the single page by going to File -> Print and print the single page number only.

≁

Ŷ

Ŷ

Ŷ

P

Ŷ

Ŷ

≁

P

≁

Ŷ

Ŷ

₽

Ŷ

≁

Ŷ

Ŷ

Ŷ

≁

Ŷ

护

P

Ŷ

≁

Ŷ

Ŷ

≁

≁

Ŷ

Ŷ

✔

Ŷ

≁

≁

Ŷ

Ŷ

♪

Ŷ

≁

Ŷ

≁

Ŷ

Ŷ

Ŷ

✓
✓
✓
✓

•

A Traditional Irish Recipe For St Patricks Day Colcannon

<u>Ingredients</u>

\$

A

�

ົ

∕

♦

\$

¢

♦

♦

♦

♦

4

\$

\$

 $\checkmark \checkmark \checkmark \checkmark$

Ś

♦

♦

\$

♦

4.

2.

- 1 kg (2 lbs) of floury potatoes washed, skin left on
- 80 g (3 full cups) of curly kale roughly chopped, woody stems removed
- 2 medium scallions (spring onions) Topped and tailed, all the white part and most of the green part sliced
- 70 g (just under a 1/3 of a cup) of salted butter + more for serving
- 150 ml (1/2 a cup + 1 tbsp) of milk I used full fat milk
- Sea Salt
- Freshly ground black pepper you can use white pepper if you prefer

<u>Method</u>

- 1. Place the washed potatoes in a large saucepan. Cover the potatoes in cold water. Add a good pinch of sea salt and bring to the boil. Reduce the heat to a fast simmer then simmer the potatoes uncovered for 15 minutes. Test the potatoes by skewering them with a knife. Once the potatoes are soft but cooked (not soft all way through) drain away half the water. Put the pan back on the heat and cover with a lid. Cook for another 15 minutes or until the potatoes are cooked. Again test them with a knife, the knife should easily go all the way through the potatoes. Drain the remaining water, return the pan to the hob. Reduce the heat to the lowest setting. Give the potatoes a gentle shake to remove any water.
 - While the potatoes are cooking, cook the kale. Heat 1 tablespoon of butter in a large sauce pan, add the chopped kale and sliced scallions. Cook over low to medium heat until the kale is soft. Set aside and keep warm.
- 3. In a small saucepan melt the butter, transfer to a small bowl. In the same pan heat the milk.
 - Peel the potatoes, use a thick tea towel to protect your hand. The peel should come away very easily. Return the potatoes to the saucepan. Mash the potatoes with a potato masher or

March Gardening

Flowers

- Pick off any developing seed heads on daffodils and other spring bulbs, but leave the foliage to die back naturally.
- Finish pruning roses early in the month.
- Cut dogwoods, willows, cotinus and paulownia right down to the base to promote vigorous new growth



- Tidy up **alpines** as they start to flower, removing dead foliage, then mulch with grit to keep the foliage off damp soil Plant faded forced bulbs out in the garden for blooms next year.
- Plant lilies and other summer-flowering bulbs in pots and borders. Take a look at our complete guide to planting bulbs.
 Feed ericaceous shrubs, such as rhododendrons, azaleas,
- camellias and pieris, with an ericaceous fertiliser.

House plants

- Water your house plants more regularly as the temperatures warm, check the soil before watering.
- Take a look at our guide to watering house plants.

Maximise the amount of light your house



- plants receive by moving to brighter spots, or choose house plants that will grow in shadier spots.
- Some house plants, like snake plants, are particularly prone to collecting dust on their leaves. So be sure to give these a wipe regularly.
- Try and keep house plants away from temperature fluctuations caused by draughts or central heating.
- Check your house plants for pests like aphids, scale insect, thrips and mealybugs.

Fruit and veg

- Avoid carrot root fly by sowing an early crop of carrots under cloches or fleece
- Sow tomatoes, chillies, sweet peppers and aubergines in pots indoors
- Plant Jerusalem artichoke tubers, at a depth of 10-15cm, spaced about 30cm apart
- Buy young herbs to plant in containers near your back door, for handy pickings
- Plant onion and shallot sets, spacing them 10-15cm apart
- Make the first outdoor sowings of hardy veg, such as spinach,



* * * * 5. 5. 5.

put them through a ricer. Pour all the melted butter on first then mix into the potatoes. Add the milk then mix into the potatoes. Add the kale and scallion mixture, fold that into the potatoes. Season to taste with salt and black pepper.

Serve in a warmed serving dish and top with a good knob of butter.

Enjoy a plate of colcannon with some bangers (a traditional twist on bangers and mash)

4444444444444444

Source: www.thelastfoodblog.com/

covering with cloches or fleece - find out how else to protect young veg plants

- Plant early potatoes in trenches on the veg plot, or in large tubs if space is limited. Find out more about the different types of potato
- Sow parsnips as soon as the soil starts to warm up, as they're slow to germinate and need a long growing season
- Plant a fig tree in a large container to restrict its roots.

Source: bbcgardeningworld.com



Happy Easter

Easter Fairy Cake Recipe

Ingredients

- 120g Salted Butter
- 120g Caster Sugar (Superfine Sugar)
- 2 Eggs
- 120g Plain Flour (All Purpose)
- 2 tsp Baking Powder
- 1 tsp Vanilla Extract
- tbsp Milk
- 150g Icing Sugar (Confectioner's Sugar)
- 2 tbsp Water
- 60g Chocolate Vermicelli (Sprinkles)
- 12 Cadbury Mini Eggs 12 = 40g/1.5oz

<u>Method</u>

- 1. Preheat the oven to 180c fan | 200c | 390f. Put 12 paper cake cases into a muffin tin and set aside.
- 2. Weigh 120g Butter and 120g Caster Sugar into a mixing bowl.
- 3. Use an electric whisk or stand mixer to beat the butter and sugar until it is light and fluffy.
- 4. Add 2 Eggs one at a time.
- Give the eggs at least one minute of beating before adding the next egg. This is where the batter gets lovely and light. Don't worry if the batter splits keep going.
- 6. Weigh 120g Plain Flour into the bowl and add 2 tsp Baking

Powder and 1 tsp Vanilla Extract. Use a spatula to fold in the flour – you do not want to use any electric power here.

7. Stir through 2 tbsp Milk.

26

- 8. Use two teaspoons to add a heaped teaspoon of the batter into each cake case. Use the second spoon to push the mix off the first and into the cases. It will not look like much. If you want to make sure they're even, you need 25g of batter in each case. It doesn't look like enough but it is.
- 9. Bake the cakes for 15 minutes. Take them out when golden brown and they spring back when pressed.
- 10. Leave the cakes to completely cool.
- 11. Mix 150g Icing Sugar with 2 tbsp Water in a small mixing bowl. Add the water a little at a time in case you don't need it all.
- 12. You are looking for it to be a paste which just drops of a spoon slowly. It needs to be thin enough to make its own level but thick enough that it doesn't run everywhere.
- 13. Spoon roughly 1 tbsp of the icing over each cake. Gently smooth it over with a spatula or back of a spoon so it reaches the edges.
- 14. Sprinkle roughly 60g Chocolate Vermicelli over the cakes. I recommend putting the sprinkles into a small jug with a lip so you can be vaguely accurate.
- 15. Try to ensure that all of the white icing is covered. You can gently press the sprinkles down with the palm of you hand then shake off any excess.
- 16. You can occasionally collect any sprinkles from the tray and add them back to your shaking vessel or container.
- 17. Once all 12 cake are decorated, they're ready to serve!

Source: feastgloriousfeast.com



Kildare Planning Applications for Maynooth Area Planning Applications received from 28/01/2025 to 26/02/2025 Information from Kildare County Council Website

| App # | Authority Applicant Name | | Applicant Name Development Address | | | | |
|----------------|--------------------------|-------------------------|---|------------|--|--|--|
| <u>2560157</u> | Kildare County Council | Thomas and Andrea Doyle | 2 Rockfield Manor, Maynooth, Co. Kildare | 19/02/2025 | | | |
| <u>2560140</u> | Kildare County Council | Lauren O Hagan | Barrogstown, Maynooth, Co. Kildare | 14/02/2025 | | | |
| 2560122 | Kildare County Council | Ester Rogers | 58 Leinster Woods, Carton Demesne South, Maynooth, Co. Kildare | 12/02/2025 | | | |



| <u>2560114</u> | Kildare County Council | Lauren O Hagan | Barrogstown, Maynooth, Co. Kildare | 11/02/2025 |
|----------------|------------------------|---------------------|---|------------|
| <u>2560111</u> | Kildare County Council | Maynooth University | Site to the northwest of the Phoenix Sports and Restaurant Building and to the north of the bus park on the North Campus of, Maynooth University, Maynooth, Co. Kildare | 10/02/2025 |
| <u>2560106</u> | Kildare County Council | Ester Rogers | 58 Leinster Woods, Carton Demesne South, Maynooth, Co. Kildare | 07/02/2025 |
| <u>2560093</u> | Kildare County Council | Maynooth University | Site to the northwest of the Phoenix Sports and Restaurant Building and to the north of the bus park on the North Campus of, Maynooth University, Maynooth, Co. Kildare | 05/02/2025 |

Maynooth Community Contacts Listing

| Naoise Ó Cearúil TD | Díada Oscala T.D. | | |
|--|---|---|---|
| | Réada Cronin T.D. | James Lawless T.D. | Joe Neville TD |
| 086 7280050 | 01-6183823 | 01-6183587 | 086-6062207 |
| naoise.ocearuil@oireachtas.ie | reada.cronin@oireachtas.ie | james.lawless@oireachtas.ie | joe.neville@oireachtas.ie |
| facebook.com/naoiseocearuil/ | facebook.com/ReadaCroninSinnFein | facebook.com/JamesLawlessFF/ | Joe.nevine@oneachtas.ie |
| | | | |
| Cllr. Tim Durkan | Cllr. Angela Feeney | Clir. Peter Melrose | Clir. Donna Phelan |
| 086-8632784 | 087-2381962 | 089 263 7612 | 0870023636 |
| | angelaemfeeney@gmail.com | | |
| tim.durkan321@gmail.com | facebook.com/cllrangelafeeney/ | peter.melrose@socialdemocrats.ie | dphelan@kildarecoco.ie |
| Clir. Paul Ward 087 2294697 clirpaulward@gmail.com | An Nuadha Players annuadhaplayers@gmail.com facebook.com/annuadha | An Post Sorting Office Maynooth 01-6293390 | Brass & Reed Band (St Mary's) sec@stmarysbandmaynooth.ie facebook.com/maynoothband/ |
| chi paulwai uluginan.com | lacebook.com/annuauna | | lacebook.com/mayhoothbahu/ |
| Cemetery Committee (Laraghbryan) 01-6293018 | Church of Ireland 01-6292163 secretary@meath.anglican.org | Citizen Information Centre 0818078100 maynooth@citinfo.ie | Cloth Nappy Library Ireland 087-9949183 zerowastemaynooth@gmail.com facebook.com/NappyLibraryIreland |
| Community Welfare Services 0818607080 Kildarecws@welfare.ie | Employment Office 01-6106000 bo.maynooth@welfare.ie | Kildare County Council 045 - 980200 customerservice@kildarecoco.ie | Kildare Civil Defence 045 980529 pmcneela@kildarecoco.ie |
| Kildare County Council (Local Office) 01 - 6286236 | Kildare MABS 0818072600 kildare@mabs.ie | Maynooth Autism Friendly Town 0863329050 autismfriendlytownmaynooth@gmail.com facebook.com/maynoothaft | Maynooth Employment Services Office Kelly's Lane, Maynooth 01-6016360 EstMaynooth@welfare.ie |
| Maynooth Post Office 01-6286259 | Maynooth Community Care Unit 01-6106351 | Maynooth Community Church 01-5054990 office@maynoothcc.org facebook.com/maynoothcommunitychurch/ | Maynooth Community Library 01-6285530 maynoothlib@kildarecoco.ie. facebook.com/KildareCountyLibraryServi |
| Maynooth Cycling Campaign 086-8252934 Maynoothcycling@gmail.com www.maynoothcyclingcampaign.com | Maynooth Fishing Club 01-6293202 info@maynoothfisheries.com | Maynooth GAA Club secretary.maynooth.kildare@gaa.ie facebook.com/maynoothgaa/ | Maynooth Health Centre 01-6106130 |
| Maynooth Kilcock Lions clubcontact@maynoothkilcocklionsclub.org facebook.com/MaynoothKilcockLionsClub/ | Maynooth Library 01-6285530 Maynoothlib@kildarecoco.ie | Maynooth Newsletter 01-6285922 office@maynoothcep.com facebook.com/MCEPnewsletter | Maynooth Senior Citizens maynoothseniorcitizens@gmail.com |
| Maynooth Tidy Towns | Maynooth Town Football Club | Maynooth Students Union | |
| 083 304 6130 | 086-1060654 | 01-7083669 | North Kildare Club |
| | | | 01-6103909 |
| maynoothtidytowns@outlook.ie facebook.com/MaynoothTidyTowns | info@maynoothtownfc.ie facebook.com/MTFC1969/ | frontdesk@msu.ie facebook.com/MaynoothSU | info@northkildareclub.ie |
| North Kildare Tennis Club info@northkildaretennis.ie | Parish of St. Mary's Maynooth 01-6293018 | SVP Vincent's Shop 01-6289643 geraldinebyrne.east@svp.ie | Zero Waste Maynooth 087-9949183 zerowastemaynooth@gmail.com |
| | maynoothparishoffice@gmail.com | facebook.com/profile.php?id=100064619179003 | facebook.com/zerowastemaynooth |

e-mail: office@maynoothcep.com with "Community Contact" in the subject line.