

Maynooth Newsletter

Serving the people of Maynooth



Local News November 2021 Issue No. 507 Online Version

This publication is produced by Maynooth Community Employment Project, supported by the Department of Employment Affairs & Social Protection, which is funded by the Irish Government. The views & opinions expressed in this Publication are those of the contributors.



CEANN COMHAIRLE OPENS NEW FURTHER EDUCATION AND TRAINING CENTRE IN CELBRIDGE

Celbridge Further Education and Training Centre was officially opened last Monday, 18 October 2021, by the Ceann Comhairle of Dáil Éireann, Mr Seán Ó Fearghail TD.

The centre, which is run by Kildare and Wicklow Education and Training Board (KWETB), is located in the M4 Business Park. The centre caters for full-time, part-time and evening learners looking to upskill or reskill. Learners study QQI subjects in areas such as Healthcare Support, Information Technology and Business Studies.



Photo: Éilís Clare, Brenda Lynch, Seán Ó Fearghail, & Ken Seery

The bright and colourful facility includes eight classrooms equipped with the latest audio-visual and IT equipment. The centre also has a social area for learners and facilities for career guidance, counselling, language learning and evening classes.

The ceremony was hosted by Eilís Clare, centre coordinator, and attended by representatives from KWETB, Maynooth University, the Local Employment Services, learners and centre staff. Ms Clare talked about the importance of adult education and the commitment of KWETB to meet the needs of learners while matching current employment demands.

She described how the courses offered over the last 30 years have changed as needs arose. She also thanked everyone involved in the move, in particular the staff, the landlord Pat Purcell and Brenda Lynch, Adult Education Officer with KWETB.

The Ceann Comhairle spoke of his long-time involvement in education and training and congratulated KWETB on having secured "one of the finest, if not the finest, further education centres in the country." He warmly praised learners on their brave decision to return to education and spoke of his admiration for those willing to take a chance in looking for new learning opportunities.

Speaking about the significant changes to the further education and training sector over the last 30 years, Brenda Lynch said "[the] further education and training sector has come such a long way from the humble beginnings of the early activists, mainly women, meeting in the dingy backrooms of pubs or in people's houses to offer literacy and numeracy classes, to where we are now with a

Government Department of Further and Higher Education, Research, Innovation and Science, with capital funding for adults in education, with our role as education providers being recognised."



BORD OIDEACHAIS AGUS OILIÚNA
CHILL DARA AGUS CHILL MHANTÁIN
KILDARE AND WICKLOW
EDUCATION AND TRAINING BOARD

She said that these changes are "beyond the dreams of those thousands of community volunteers and dedicated educators who paved the way to becoming where are now: the fourth pillar of education. This is a very exciting time for Further Education and Training."

The student body was represented by Lorena Stoica, a Business Studies student in her second year, from Transylvania in Romania. During her inspirational speech she spoke of her experience of returning to education. She encouraged the audience not to "impose limitations on your personal goals, no matter how difficult the road ahead may seem to be, because you can always choose to build a brighter future."

Leixlip VTOS (now Celbridge Further Education and Training Centre) was set up in 1993. The first class had 20 learners in a rented classroom in Scoil Eoin Phóil, Leixlip. Since then, over 2,000 adults from the North Kildare area have achieved certification from FETAC (now QQI), City and Guilds, NCVA and the ATI. Celbridge Further Education and Training Centre continues to attract learners from school-leaving age to retirement age – true life-long learning. Learners have gone on to study in higher education, pursue other further education courses, find employment in many sectors and of course work in the home. Some former learners have even returned to teach in the centre after completing their teaching qualifications.

This new centre will ensure that KWETB continues to provide exceptional learning opportunities for adults in North Kildare well into this new decade and beyond.

For more information:
Phone: 0873977750/016275673
Website: www.celbridgefetec.ie
Email: celbridgefetec@kwetb.ie

For further information feel free to contact Michael Deegan or Eilís Clare on Michaeldeegan@kwetb.ie or Eiliscclare@kwetb.ie.



Ireland's EU Structural and
Investment Funds Programmes
2014 - 2020
Co-funded by the Irish Government
and the European Union



EUROPEAN UNION
Investing in your future
European Social Fund



Maynooth Newsletter

This publication is produced by Maynooth Community Employment Project, supported by the Department of Employment Affairs & Social Protection, which is funded by the Irish Government.

Registered as a Charity in Ireland RCN # 20100063 - CHY # 21086

The opinions and statements expressed in the articles are those of the contributors and not necessarily those of the Editorial Board. All materials to be included in the next edition of the Newsletter should be sent by e-mail or addressed to:

The Editor, Maynooth Newsletter,
Unit 10, Tesco S.C. Carton Retail Park,
Maynooth, Co. Kildare. W23CT59
Tel: 01-6285922

E-mail: office@maynoothcep.com - Website: www.maynoothcep.com

Letters to the Editor

Letters to the Editor, for publication, should be sent by e-mail to: editor@maynoothcep.com

Mission Statement

The Maynooth Newsletter is a community focused publication available free to the people of Maynooth. It plays an important role in gathering together, recording and distributing community based news.

We encourage all groups and individuals in the community to submit material to let us know about their activities and any upcoming events. The Newsletter exists for your enjoyment and we hope you continue to enjoy your monthly read and keep us informed of your activities.

The Editorial Board endeavours to ensure independence and balance in the Newsletter content and reserves the right to omit/edit or abridge material which in its opinion might render the Newsletter as a promoter of sectional interests.

In addition we undertake the following:

- In the case of errors of fact we will publish corrections when we become aware of such.
- In the case of unwittingly or unfairly impugning the reputation of any person we hereby offer that person the right to reply.

Any contributor seeking further guidelines in this matter is invited to contact the Editorial Board.

Copy date for receipt of articles is published in the Newsletter. We must stress that material submitted after the copy date cannot be accepted.

Maynooth Newsletter Archives

The management and staff of the Maynooth Community Employment Project started a project in March 2011 to acquire and digitise all available issues of the Maynooth Newsletter dating back to 1975. These back issues along with current issues are available by following the archive link on our webpage - www.maynoothcep.com.

The Newsletter Archive can be viewed and searched in pdf format. In addition, there exists the capability to be able to search an entire year. Please be aware the single files associated with the year are larger and will take a little longer to load.

The Archive provides an important historical footprint of the Town and records the community profile of Maynooth from the mid-seventies to the present day. We hope you enjoy using it and that it brings back memories of people, places and times and that it equally provides an interesting insight to the development of the town and university for newly arrived members of our community.

Editorial Board - Maynooth Newsletter

Editorial

With students back on the University campus and hospitality and other businesses reopened after the lifting of restrictions imposed because of the Covid 19 pandemic, Maynooth seems more like the place we knew before March 2020. Unfortunately Covid infection case numbers are still relatively high but thankfully the high rate of vaccinations achieved, people getting Covid are more likely to be able to fight the infection and make a full recovery. However, we must remember that unfortunately people are still dying from the infection. Hopefully the roll out of the third vaccination to people who are more vulnerable or were initially vaccinated early in vaccination schedule will help.

In Maynooth, there are some unexpected impacts of Covid such as the very high level of traffic particularly at peak times. Additionally with the shortage of student accommodation somewhat impacted by the fact that people are reluctant to bring additional people into their homes because of Covid infection fears has meant that more students are making a daily driving commute to Maynooth. With the lack of adequate parking for people coming to work or study in the town there are serious concerns about the impact of these cars only finding parking in residential areas.



Traffic on the Moyglare Road

With the opening up of activities that were closed because of Covid people are very keen to get back involved with their hobbies or indeed take up a new one. One group that is growing in members post Covid is Maynooth Town Football Club. At their facility on the Rathcoffey Road they cater for children and young people of all ages. The club continues to develop and have ambitious plans for the future. If you have a young boy or girl that wants to play football you should check out this club which has been active in the town for over fifty years.

November 16th is "International Day for Tolerance" and this annual day was declared by the United Nations in 1996 by adopting Resolution 51/95 which confirmed support for the UNESCO Declaration of Principles on Tolerance proclaimed in 1995. The declaration recognises universal human rights and fundamental freedom acknowledging that people are naturally diverse and that only being tolerant of and respecting others that are different to us in many aspects of their lives can ensure the survival of the increasing number of diverse communities. So as we continue to be impacted by Covid let us not look to blame others and instead do our personal best to support us getting this virus under control.

www.toleranceday.org

Paul Croghan
Editor



Copy date for the next edition of the Maynooth Newsletter will be Friday 26th November 2021



MAYNOOTH DRESSES

Find us at Unit 3 San Feliu, Fagan's Lane, Maynooth
(Behind EBS Main St)

Suppliers of All your Specialty Formal Wear

Now stocking Fascinator Headpieces for that Special Event

Coming Soon New Christmas Shop

Also Scented Innlis Candles from Dublin Mountains

Soap & Gift sets from the Donegal soap Company

Inis the Energy of the Sea Beauty Products

Scented Inishowen Candles & gift Set from Donegal



Christmas Shopping for 2021, Get an Irish Gift Hamper Made up,
Support Irish & Local this Christmas.

See our websites:

www.maynoothcommuniondressers.ie

www.maynoothdresses.ie



Contact us on:

01 6293585 - 086 8260825 - 085 7471039



LIFFEY MEMORIALS

- ◆ Headstones
- ◆ Grave Cleaning
- ◆ Additional Inscriptions

SERVICING
LARAGHBRYAN
CEMETERY
MAYNOOTH

01-8237710

See our large range of stones on
www.liffeymemorials.ie



Our Guarantee
for total peace of mind



Thinking of replacing your PVC Windows?

Call: 01 620 3232

Email: office@keanewindows.ie

www.keanewindows.ie

Opening Hours

Monday – Friday: 9:00am – 5:00pm

Saturday: 10:00am – 4:00pm

Sunday – Bank Holidays: 12:00 noon – 4:00pm

UNIT 1, TRINITY COURT,
FONTHILL INDUSTRIAL PARK
DUBLIN 22

Apply for
Finance Now

Get Approval
Online Today

**Showroom Open
7 Days a Week!**



Royal Canal Notes

November 2021

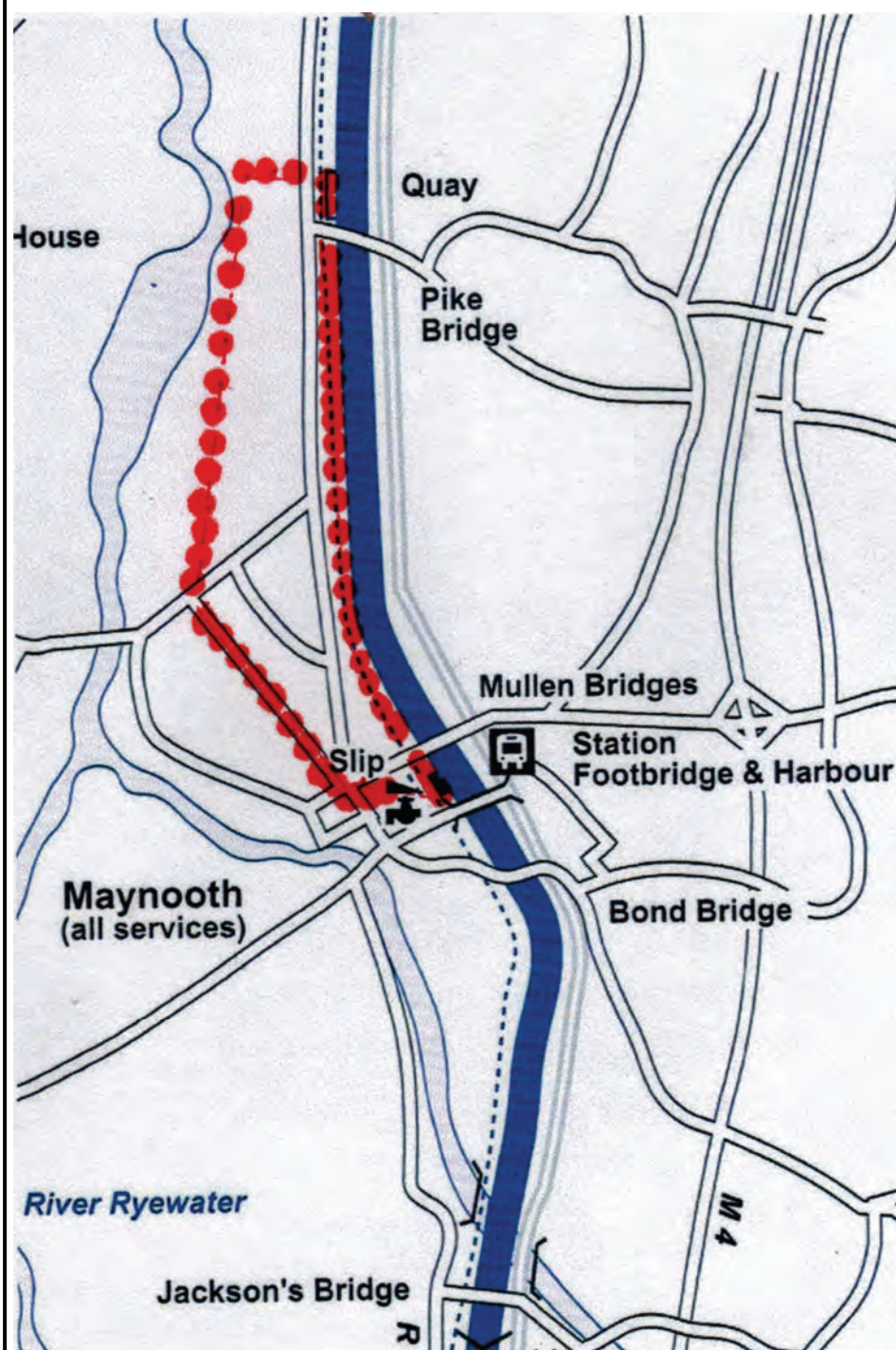
Education ~~ Heritage ~~ Recreation

ROYAL CANAL WALKS

It has been decided to restart our walks with the post Christmas Jumper walk on Monday the 27th December 2021

This walk starts at the Harbour, travels up town, through Carton Avenue, into Carton proper, across to Pike Bridge and back along the canal.

Please feel free to wear your colourful Christmas Jumper on this occasion. It is, after all, known as the Christmas Jumper Walk.



Post-Christmas walk route

It is a very enjoyable walk and a good way to walk off the Christmas excesses. As always light refreshments will be available after the walk.

Exact starting times and other important information will issue in next month's publication

Four+ other walks are pencilled in for 2022 including the now famous mid-summer walk, Ashtown to Castleknock and a 'country walk' further down the canal. We would also hope to be involved in the heritage walks, should they go ahead.



Royal Canal Hill of Down

ROYAL CANAL AGM

This year's AGM will take place in the group's headquarters at Mongey's Buildings, Enfield, Co. Meath on Thursday 30th Nov 2021 commencing at 3pm.

This will be the first full meeting since the pandemic outbreak and normal Covid regulations will apply

FOR THOSE WHO LOVE TO READ

Elsewhere in this illustrious publication you can read the first part of a new five part article 'Open All The Way'. Written by D.M. Hartford, author and canoeist, it describes a trip along the canal by canoe undertaken in 1955. Written in a very readable style it should appeal to readers, young and old. The trip was made in a two seater canoe by the author and a lady friend. A children's book based on the trip was written and published shortly after the trip and is still used in many primary schools around the country



BRADY'S CLOCKHOUSE BAR - LOUNGE - RESTAURANT



In-door services provided **STRICTLY** in line with Government Guidelines.
Customers will require **COVID Certs and I.D.** to avail of In-door Service.

We will continue to offer Outdoor Service as weather permits.

Thank You to All Our Customers for their Continued Support During these Difficult Times.

Stay Safe & Well

e-mail: info@bradysbarmaynooth.ie Web: www.bradysbarmaynooth.ie - Tel: 01-5054725

<https://www.facebook.com/BradysClockhouseB2/>



- Supply and Installation of Blinds
- Roller Vertical Venetian Roman Velux
- Home Consultations
- Professional Service with Competitive Prices
- Over 14 years experience in Window Blinds

• Mobile: 085 7338847

• Phone: 01 - 6210100

• Email: gerardmaloneblinds@gmail.com

• www.gerardmaloneblinds.com

• Follow me on facebook

MULLIGAN'S GARDEN SHEDS KILCOCK

ALL TYPES OF TOP QUALITY
TIMBER GARDEN SHEDS

ALL TYPES OF HEAVY DUTY
TIMBER FENCING,
DECKING, & SIDE GATES
SUPPLIED & FITTED

KENNELS, POULTRY HOUSES,
BIRD TABLES & GARDEN
BENCHES

Opening Hours

Mon - Fri 8:30 - 18:00

Saturday 8:30 - 15:00

01-6287397

085-2846781



Maynooth Community Employment Project

Secretarial Services

Unit 10, Tesco Shopping Centre
Maynooth
(Beside Coyne's Butchers)

Tel: 01 6285922

Email: office@maynoothcep.com

Opening Hours for Public
Monday - Friday

9.00am - 4.30pm

TYPING CVs PRINT FROM EMAIL

SCANNING TO EMAIL LETTERS

A3/A4 LAMINATION PHOTOCOPYING

Other Printing Services Available on Request

THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it dear Heart of Jesus and place it within your own broken heart where your Father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen

Say this prayer for three days, promise publication and prayer & favour, will be granted no matter how impossible.
Thanksgiving for favour received.

Never known to fail

Online Office

Here to help with

- * Medical Cards
- * Health Issues
- * Social Welfare
- * Education
- * Services for Senior Citizens
- * Housing Support and Grants (Windows/ Doors, Insulation, Roofing, Electrical)
- * Housing Adaptations and Planning (Level Access Showers, Extensions, Rebuilding Ireland Housing Loan)
- * Social Housing
- * Estate Issues
- * Community Issues
- * Environmental Concerns
- * Employment Concerns
- * Covid - 19 related queries



Phone



E-mail



Cllr. Angela Feeney

Tel. 087 238 1962

Email. angelafeeney@gmail.com

Stay safe everyone.





Wellness Programme

- Are you male & living in Northwest Kildare?
- Are you stressed, lonely or isolated?

Would you like to attend a 4-week Wellbeing Programme (2 hours - one day a week) in ACDAL, Allenwood in November

Contact Sinead at 086 7702907
 headsupwellbeing@countykildarelp.ie
 lorna@countykildarelp.ie





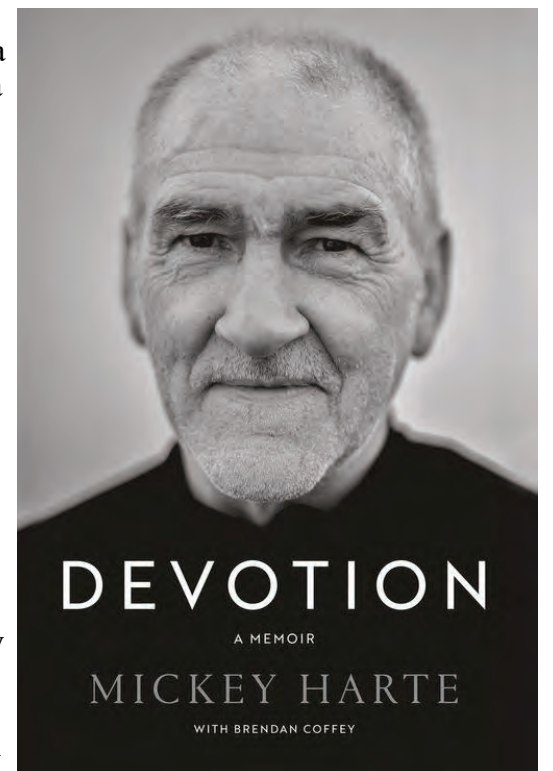


The Healthy Ireland Fund, supported by the Department of Health and the Department of Children and Youth Affairs

A moving and lyrical memoir about life, love and loss, from a true giant of Gaelic games. In a frenetic seven-year spell at the outset of his senior managerial career, Mickey Harte led Tyrone to four Ulster Championships and three All-Irelands. It was a run that shifted football's balance of power, changed the way the game would be played for over a generation, and cemented his reputation as one of the most transformative figures in GAA history.

Then, in January 2011, the visitation of a shocking tragedy changed everything: Mickey's daughter Michaela was murdered while on honeymoon in Mauritius, and the Harte family, grief-stricken, awoke to find themselves at the centre of an international news story.

Devotion, the product of a collaboration between Mickey and Maynooth author Brendan Coffey, is many things. The story of a family's decade-long struggle to come to terms with an almost unimaginable loss. A meditation on the ways in which faith, community, and sport can sustain us in our most difficult moments. And, finally, a portrait of one of Irish sport's true icons, as he brings one legendary era to a close and steels himself for a final assault on the history books.



EST 1995

GLENROYAL

HOTEL

★★★★

Arkle Date Night Dining Experience

Treat yourself and a loved one to a romantic getaway this Autumn

Overnight stay with full Irish Breakfast

Signature Cocktail in ARKLE Bar by our in-house Mixologist

Delicious 4-Course Dinner in ARKLE Restaurant showcasing the talents of our Executive Head Chef, Bernard McGuane

Access to Leisure Club including 20m swimming pool

Complimentary parking

From €120 per person





Book Now: ☎ 01 629 0909 | ✉ info@glenroyal.ie | 🌐 www.glenroyal.ie |   



MAN UNITED LEGENDS COME TO MAYNOOTH !



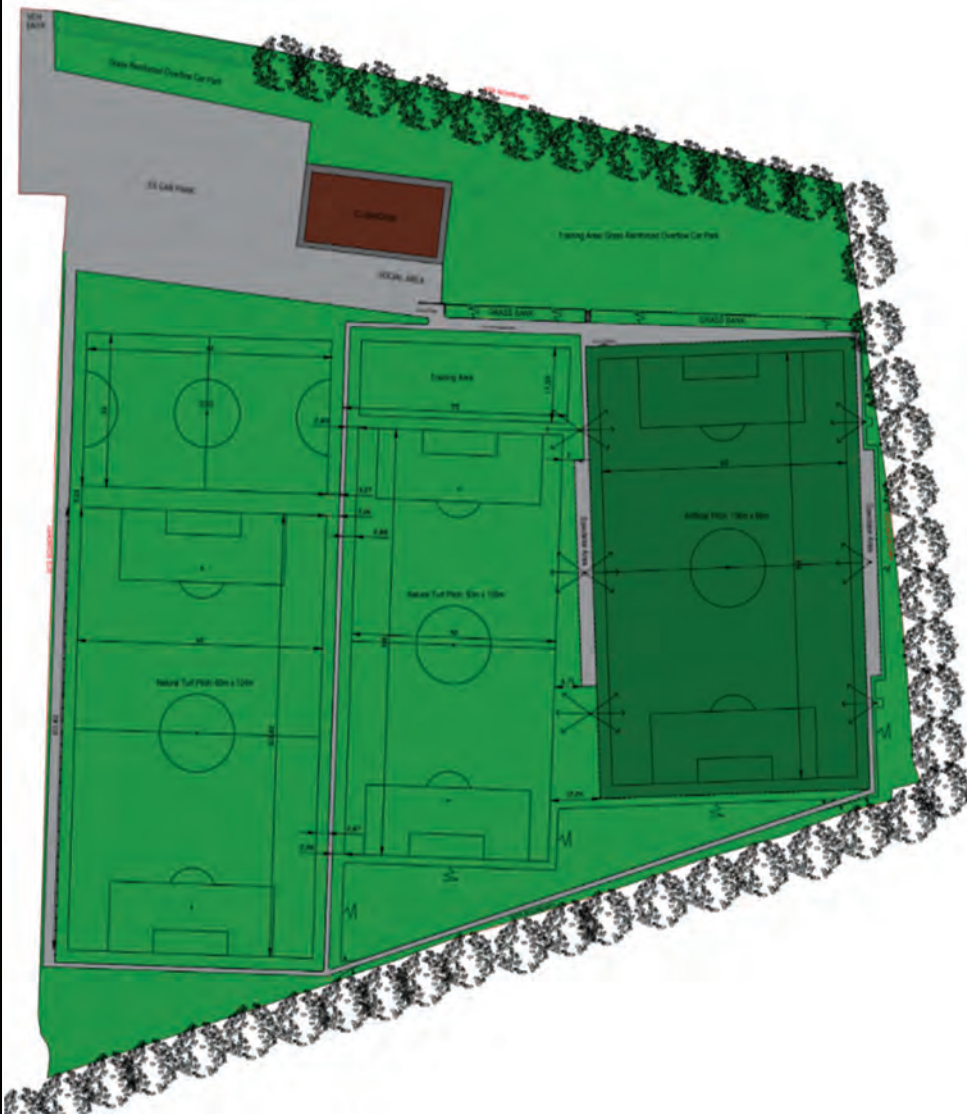
Maynooth Town FC have announced the first in a series of exciting events to support fund raising to develop the club facilities. On Thursday 25th November, they will be holding a Q&A evening with Manchester United legends, Brian McClair and Wes Brown, in the Glenroyal Hotel in Maynooth.

Maynooth Town FC provide and support the opportunity for young players in the Maynooth area to participate in soccer in a safe and encouraging environment and have been doing this for over 50 years. It is crucial that the club has sufficient facilities to continue to accommodate it's members. Membership numbers have grown strongly in recent years due to general population growth in the Maynooth area, increased participation by female players and the retention of teenage and young adult players. Membership is expected to continue to grow as Maynooth is designated as a large growth town within various county and regional development plans.

To meet this growing demand, the club are setting out on an important and exciting journey to invest in new playing facilities for the future. Including the nursery, Maynooth Town has already grown to 800 underage players (570 boys and 230 girls) and 40 Over-35 players. The existing playing facilities at Rathcoffey Road are reaching full capacity in supporting these teams while the partnership with Maynooth University supports three men's teams at senior level.

Development Plan

Phase 1 is to maximise the capacity of the existing grounds at Rathcoffey Road in the short term and the key development will be the conversion of an existing pitch into a floodlit, 11-A-Side all-weather pitch. This will enable the club to make better use of the existing grounds, particularly for winter training and matches when grass pitches are unplayable. The planning permission process for the all-weather pitch is at the final stages and the club hope that permission will be granted in the coming weeks. This would enable the work to be carried out in the first half of 2022.



Fundraising & Man United Legends

The first fundraising event will be a Q&A evening with **Manchester United Legends**, Brian McClair & Wes Brown, in the Glenroyal Hotel on the evening of Thursday 25-November at 8pm. After 4 successful years at Celtic, Brian was Alex Ferguson's second signing for Man United in July 1987. He was there while Sir Alex rebuilt United making 471 appearances and scoring 127 goals over 11 seasons. Brian won four Premier Leagues, two FA Cups and the European Cup Winners Cup. Wes followed the Class of 92 out of the Man United academy into the first team in May 1998. Wes made 362 appearances over 14 seasons winning five Premier Leagues, two FA Cups and two Champions Leagues before going on to play with Sunderland.

Brian & Wes will share stories and memories from their time playing with and against some of the top players of the past 35 years. Pete Boyle, the famous Manchester United song writer, will MC the event and ensure that attendees enjoy a selection of memorable stories from the two legends. It promises to be an entertaining evening for all soccer fans regardless of their allegiance! There will also be a limited VIP Meet & Greet event in advance of the Q&A that will provide an opportunity to meet Brian & Wes, to get jerseys signed and/or have photos taken with the players and replica Premier League & Champions League trophies.

The Q&A evening will be the forerunner for a larger event on the weekend of 25-June-2022 when a team of **Manchester United Legends** will come to Maynooth to play an exhibition match against **Maynooth Town** teams. The Legends names will be announced over the coming weeks and months and could feature well known names such as Brian McClair, Wes Brown, Denis Irwin, Frank Stapleton, David May, Andy Cole, Keith Gillespie and Arthur Albiston amongst others. The details for the second event are being finalised and will be provided as soon as they are available.

MAYNOOTH TOWN F.C. PRESENTS

Q&A EVENING WITH MANCHESTER UNITED LEGENDS

WES BROWN & BRIAN MCCLAIR

GLENROYAL HOTEL MAYNOOTH
THURSDAY 25TH NOVEMBER 2021

VIP ADMISSIONS 6.30PM GENERAL ADMISSION 7.45PM

★ Tickets €25

TICKETS ON SALE VIA

WWW.EVENTBRITE.IE

★ Limited VIP tickets €50

Meet and Greet

ALL PROCEEDS TOWARDS OUR ALL WEATHER DEVELOPMENT

Tickets for the Q&A evening on 25-November are already on sale and may be purchased from www.eventbrite.ie.

Check out the Podcast & Facebook post below:

<https://www.youtube.com/watch?v=CKdxW2RvxvY>

<https://www.facebook.com/101571584607/posts/10158850726064608/?sfnsn=mo>



Maynooth University Town F.C



Recent results have been good lately and our league position has improved enormously with a number of good results.

L.S.L Senior Div Sun Cherry Orchard 0 Town 1

An inspired performance by keeper David Sterio helped to ensure us of there valuable points in this close encounter. Town were finding it hard to break down a very tight home defense and a draw seemed the likely outcome. Jackson Ryan unlocked the door with 15 minutes remaining when breaking through the home rearguard before being scythed down by an Orchard defender in the penalty area. Jack o' Connor coolly tucked away the spot-kick which proved to be the winner.

F.A.I Intermediate Cup 2nd Round Greystones Utd 1 Town 3

Town opened in whirlwind fashion and were three up within twenty minutes. Goals by Jay Amour, Conor Foley and Conor Delahunty laid the foundation for this victory. Some over physical play by the home side necessitated a number of subs by Town which disrupted the normal rhythm of Town's usual free flowing game. Town were still strong enough to hold out for a good victory despite a late home goal.

L.S.L Senior Div Sun Town 3 St Mochtas 1

With the cold evenings creeping in this was a game to warm the cockles of ones heart. Town attacked right from the kickoff and opened the scoring in the 12th minute. Neat interplay by Jackson O'Connor and Conor Delahunty set up Paddy O'Sullivan to score one of his specials in the 29th minute Eoin Mc Dermutt was taken down in the Saints penalty area and Jackson O' Connor placed his kick wide of the keeper to go two up. Six minutes later Jackson O'Connor stretched the lead when Paddy o' Sullivan opened up the Saints defense with a through pass for O'Connor to slot home. Town kept control in the 2nd half but were dealt a blow in the 68th minute when Jay Amour was sent off following a clash with a Saints player. Saints pulled one back after this but Town regrouped and held out for a deserved win.

We extend best wishes for a speedy recovery to Cillian Duffy following his recent ACL operation which will sideline him for a prolonged period. Cillian received his injury in the historic win over Cobh Ramblers in the F.A.I Senior Cup on the 28th of August.



LSL Senior Sunday									
#	TEAM	PL	W	D	L	F	A	DF	PTS
1	Malahide United AFC	11	7	4	0	23	7	16	25
2	St. Mochtas FC	11	7	1	3	27	17	10	22
3	Liffey Wanderers	13	6	3	4	19	19	0	21
4	Crumlin United FC	10	6	1	3	22	11	11	19
5	Bangor GG FC	11	5	4	2	20	19	1	19
6	Maynooth University Town	11	5	2	4	17	13	4	17
7	Home Farm FC	11	4	4	3	14	10	4	16
8	Bluebell United	11	4	3	4	19	19	0	15
9	Wayside Celtic	13	4	3	6	19	23	-4	15
10	Killester Donnyrne FC	9	4	1	4	20	19	1	13
11	Kilnamanagh A.F.C.	11	3	3	5	17	23	-6	12
12	Sacred Heart Firhouse Clover	10	2	2	6	15	26	-11	8
13	Edenderry Town FC	10	2	0	8	14	22	-8	6
14	Cherry Orchard FC	10	1	1	8	7	25	-18	4

Oliver Reilly

Leinster Street, Maynooth,
Co. Kildare
Mobile 086 8105581 - 01 6289452
24 Hour Service



Undertakers and
Complete Funeral Furnishers
Wreaths, Headstones,
Mourning Coaches
Undertakers to
Maynooth Mortality Society
(Funeral Parlour Free to Society Members)

Main Office, Naas Tel: 045 868230
Paul Reilly Mobile: 086 8105581

*Funeral Home
The Harbour
Leinster Street
Maynooth*



01-629 0370
Unit 3, Fagan's Lane, Maynooth
Main Street, Kinnegad
info@gildeasopticians.ie
f Gildea's Opticians
www.gildeasopticians.ie

FREE SIGHT TEST and SPECTACLES
(or allowance towards upgrades for spectacles or contact lenses)
with Medical Card or PRSI



Appointments Monday - Saturday
Opening hours 9:30am-6:00pm
Saturday until 5:30pm
Closed for Lunch 1pm - 2pm
See in Store for Offers



Hegartys Solicitors

Derroon House

(beside Citizens Information Centre)
**Dublin Road,
Maynooth**

**Buying or Selling Property
Re-mortgaging
Wills - Family Law
Debt Collection**

**Tel: 01-6293246
Fax: 01-6293247**

**Also At: 29 Eaton Square
Terenure
Dublin 6**

**Email: info@hegartyssolicitors.ie
Website: www.hegartyssolicitors.ie**



Cllr. Angela Feeney Maynooth Labour News

E mail: angelaemfeeney@gmail.com - Phone: 0872381962



Parson Street Traffic Management

Cllr Feeney asked the Council to carry out a traffic management review on Parson Street, which she believes is very dangerous and poses a great risk to all who use this busy road, motorists, cyclists and pedestrians alike, and is not fit for purpose. Cllr Feeney described it as “survival of the fittest” for two cars to pass safely and stated that there has been an increase in the number of accidents there recently. The Council responded stating that the Maynooth Transport Strategy will include a review of Parsons Street and Cllr Feeney said that she would certainly feed into that process. However Cllr Feeney added that because of the safety concerns, she is of the view that this issue needs to be addressed sooner than that.

Hedge Cutting Schedule

Cllr Feeney asked the Council to provide the works schedule for hedge cutting in the Municipal District. The Council in its response said that the Municipal District Office undertakes routine hedge cutting on strategic junctions to ensure sight lines for road safety and that the Council does not have a schedule but undertakes the works as part of routine maintenance as needs dictate and resources allow. Under Section 70 of the Roads Act, 1993 the owner or occupier of land shall take all reasonable steps to ensure that a tree, shrub, hedge or other vegetation on the land is not a hazard or potential hazard to persons using a public road and that it does not obstruct or interfere with the safe use of a public road or the maintenance of a public road. Kildare County Council has recently published notices in a number of local and national newspapers outlining these obligations.

The Council will also be inspecting locations throughout the municipal district and liaising with landowners as necessary to remind them of their obligations. Cllr Feeney responded stating that as a public representative, she receives requests particularly at this time of the year and while she totally understand that, as the report mentions, the schedule is determined by ‘needs and resources’, if members could have sight of planned works, as with the tree programme, it is very helpful in replying saying it is or is not on the list and that it can be suggested or added to next year’s schedule.

Social Housing Lists

Cllr Feeney asked the Council to confirm how many people are currently on the housing list in Maynooth, Clane and Kilcock, classified by one, two, three bedroom units, single person and families. The Council provided the data in the table below showing the numbers that have listed Maynooth, Clane or Kilcock as an area of choice in their housing application.

Area	1 Bed	2 Bed	3 Bed	4 Bed
Maynooth	554	491	283	67
Kilcock	144	178	96	25
Clane	356	244	121	25

There is a total of 2,584 applicants for the three towns of which 1395 are for Maynooth alone. Cllr Feeney said these were stark statistics and behind each statistic is an individual, a lone parent or a family, and it is heart-breaking to see the pro forma reply that an applicant receives saying that they will have to wait an average 10 to 12 years to be housed. Cllr Feeney said that the pace of delivery is very frustrating, Kildare is such a large and growing county council and yet grossly underfunded by government.

The Office of Public Works (OPW) and The Obelisk

Cllr Feeney asked the Council to write to the OPW calling for improvement, repairs and enhancement of Conolly’s Folly (The Obelisk). Cllr Feeney said that this historic monument is very much under exploited and it is so sad to see it fenced off and almost unwelcoming. There is huge potential and lots of scope there. Cllr Feeney said that it is bad enough that the Folly is under exploited when it should be showcased but to see it fall into disrepair is even sadder and a further step in the wrong direction. Cllr Feeney added, that it was sad to state, that maintenance has seriously deteriorated: recently, a heavy vehicle hit the railings to the front of the site.

Furthermore, the site is fitted with lights and cameras, however the lights and the camera do not work. Cllr Feeney concluded that urgent attention and rectification is needed to protect this key heritage building. It was agreed by the members that the Council’s Senior Executive Officer will write to the OPW calling for improvement, repairs and enhancement of Conolly’s Folly (The Obelisk) and to hold a meeting at the site with herself and the Council officials.

Cllr Feeney calls for an Amendment to the Social Housing Application

Cllr Feeney submitted a motion to the Plenary Council in October, supported by her Labour colleague, Cllr Anne Breen as follows: “That Kildare County Council calls on the Department of Housing to permit Affidavits sworn before Peace Commissioners to be acceptable. The present situation is that Affidavits from Commissioners of Oaths or Solicitors are only accepted, for the Housing Waiting List. This in many cases is causing additional hardship on applicants trying to access the housing list and accommodation”.

The Council replied stating that the application form for Social Housing support requires separated/divorced couples to provide a copy of their separation/divorce agreement. If there is no agreement in place, the applicant is required to provide a letter from their solicitor or a legal affidavit signed by a practising solicitor. The Council said it had no discretion to amend this requirement, as the form is a national form provided by the Department of Housing, Local Government and Heritage. Cllr Feeney called on the Council to correspond with the Department on this matter and it was agreed by all members to do this as it is causing difficulties and adding unnecessary costs to applicants.

Local Live Performance Programming Scheme

The Kildare Local Live Performance Programming Scheme for Maynooth and Celbridge/Leixlip is open for applications until Monday, November 8th, at 12:00pm. Following the success of the initial programme this summer, Kildare County Council invites expressions of interest from suitably qualified candidates to the Kildare Local Live Performance Programming scheme, Phase 2.

This scheme is funded through the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media to assist producers, promoters and venues to provide support for people in the live performance industry to facilitate programming of live performances in the Municipal Districts of both Celbridge/Leixlip and Maynooth, Co Kildare. At least one event must take place in each Municipal District, on or before 31st December 2021, should public health considerations permit.

The scheme aims to support the creation of employment opportunities for local professional artists and musicians of all genres, performers, designer, technicians, crew, lighting and sound engineers and other support staff working in the live commercial arts and culture sectors in County Kildare. Performances can be recorded or streamed if health restrictions prevent live events, or as the local authority deem appropriate. The Kildare Live Performance Programming Scheme Phase 2 offers an award of €143,000, include VAT and all other expenses. It is envisaged that one application only will receive funding under the scheme.

Applications are welcome from established Event Producers, Promoters and/or Curators with a proven record (minimum 3 years) in the creation and presentation of events in the live performance sector. Applicants should have demonstrated experience of managing projects with a similar budget. Applications can be made via the online application form in link below.

<https://kildarecoco.submit.com/show/62>

Cllr Feeney’s Upcoming MD Council Motions and Questions:

Motion: That the Bridge beside Maynooth Castle and the entrance to St Patrick’s College, currently unnamed, be named Droichead Ua Buachalla/Buckley’s Bridge in honour of Domhnall Ua Buachalla.

Motion: That the Council assesses the safety of the Clane/Barberstown Road Junction at Richardstown Cross.

Question: Can the Council provide an update regarding the re-opening and planned management of the Community Space in Maynooth?

Question: Can the Council provide an update on the assigning of a school warden to serve both primary schools on the Celbridge Road Maynooth?

Meetings attended by Cllr Feeney since the last newsletter:

October 7th, 2pm KCC Finance Committee (online)

October 11th, 7pm, Maynooth Community Council (online)

October 13th, 11am, Panel participant on the theme of ‘Gender and Diversity in Local Government’ in Aras Chill Dara, Naas

October 14th, 7pm, Maynooth Access Group (online)

October 16th, 9am, meeting with Maynooth Tidy Towns sub-committee

October 18th, 10am, MD Budget Meeting (online)

October 18th, 3pm, Council Plenary, Newbridge Town Hall

October 21st, 10.30am, Naas Local Area Plan, Newbridge Town Hall

October 21st, 3pm, Twinning Liaison Committee (online)

October 22nd, 11am, MD Joint Policing Committee (online)

October 25th, 3pm, Teresa Brayton Heritage Group Unveiling of Commemorative Plaque, Kilcock



Gold Medal
Winner 2019

We are still continuing to have our meet ups every Saturday until at least the end of November. We have our Annual General Meeting on Thursday December 9th at 7.30pm in The Glenroyal Hotel. Everyone welcome.



Thanks to everyone who has supported us over the past year especially our volunteers who religiously turned out every Saturday morning at 9am hail, rain or shine. We did some tremendous work around the town this last month, beds at Rail Park were revamped with new timbers and plants. We painted the ICA over 2 Saturdays and were well rewarded with lovely cups of tea and coffee, scones and chocolate cake.

We did lots of work in another bed at Parsons Court and scuffling on Bond Bridge for the 3rd time this year. Lots and lots of litter picking all around the and in our rivers. Our Councillors joined us one Saturday in October on a walking trail with members of one of our sub-committees. More about that in the future editions.

Some of us have signed up for Kildare Co.Co's first ever Kildare Climate and Energy Week from the 26th-29th October. Our team is called Maynooth Sweep Cleaners.



We hope to get the Tidy Towns Competition results sometime in November so fingers crossed for a good result. No matter what the result we will still continue with our weekly meet ups for now and in to the future.

Mary Molloy, Secretary Maynooth Tidy Towns.



Maynooth Cycling Campaign Notes

Maynooth Transport Strategy

Kildare County Council is inviting submissions from the public on a transport strategy for the town. Maynooth Cycling Campaign welcomes this proposal but we are concerned about the lack of ambition for cycling in corresponding transport strategies for Naas and Kildare Town. This is a wider problem than just Kildare as similar poorly designed strategies have also been produced for the cities of Cork, Limerick and Galway. One of the essential elements of a transport strategy which has been sadly lacking is monitoring and reporting on progress. We shall see how it develops. The closing date for submissions is the 17th November.

UN Climate Change Conference - COP26

The UN Climate Change Conference is taking place in Glasgow from Sunday 31st October to Friday 12th November. This is the latest and probably last conference in which governments from around the globe will come together to try to limit the warming of the climate to 1.5 degrees.

There has been a lot of talk and promises from the first world about what they (and we) were going to do but actions have not matched the words. Ireland's past record has been very poor. In 2018, the then Taoiseach, Leo Varadkar, described Ireland as the laggards of Europe. Since the last election, however, there has been a new emphasis on climate by the three parties in government but because we have left it so late in the day, it will now be extremely challenging to meet our international commitment for a 51% reduction in carbon emissions by 2030.

Transport is one of the three key areas along with energy and agriculture which produces carbon emissions. At the time of writing, the government has not decided the carbon

allocations between the three areas. One of the inevitable consequences of decarbonising transport is that there must be a reduction in car use – especially in the 50% of car journeys which are less than 5km in distance. However, in Maynooth we have seen three times in the recent years how improved cycling facilities has been opposed by local people who want to preserve the status quo. We have seen too the devastating effect on climate change on the polar regions as well as floods and/or droughts resulting in forest fires in developed countries such as the USA, Australia, as well as closer to home in Germany and Belgium. Ireland and its future generations will not escape the consequences of failure.

#KissTheGatesGoodbye

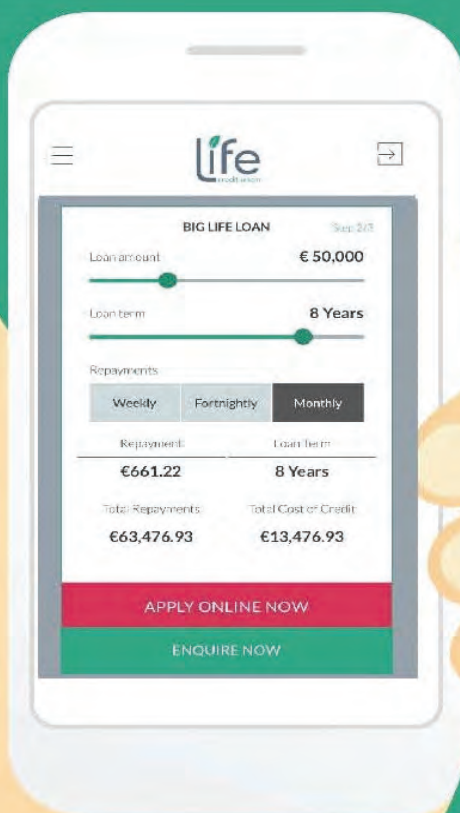
As part of this campaign, Maynooth Cycling Campaign has asked our four North Kildare T.D.s to submit a question to the Department of Transport on the substandard provision of access gates to the Royal Canal Greenway. We would like to thank Catherine Murphy (Social Democrats), James Lawless (Fianna Fáil) and Bernard Durkan (Fine Gael) for submitting questions on our behalf. We believe that people with disabilities and cyclists on non-standard bikes should be able to access our greenways.

Maynooth Cycling Campaign is a non-party political cycling advocacy group. Further information on the campaign is available on our website. We are affiliated to Cyclist.ie, the Irish Cyclist Advocacy Network and through it to the European Cycling Federation.



EASY ONLINE LOANS STRAIGHT TO YOUR BANK ACCOUNT

(EVEN IF YOU'RE NOT ALREADY A MEMBER!)



- Low rate personal loans from 6% variable (6.17% APR)
- Fast online application. Max 2 working day decision time
- Personal loans up to €75,000. Mortgages up to €500,000
- No waiting period - join & borrow straight away
- No minimum savings needed
- No extra fees or transaction charges
- No penalty for early repayment
- Low rate current account for daily banking
- Local branch and 6 day member services hub

Find Out More or Apply Today.
lifecu.ie • (045) 879 622

Loan example is for illustrative purposes only. APR stands for annual percentage rate. Loans are subject to approval. Over 18s only. Lending criteria, terms and conditions apply.

Warning: If you do not meet the repayments on your loan, your account will go into arrears. This may affect your credit rating which may limit your ability to access credit in the future. **Warning:** The cost of your repayments may increase. **Warning:** Your home is at risk if you do not keep up repayments on a mortgage or any other loan secured on it.

Life Credit Union is Regulated by the Central Bank of Ireland.

Life
credit union



Writers' Corner - Short Stories/Articles from our Readers

From the Bogs

A former putdown in Ireland was to say that somebody was from the bog. Today with the decline in rural communities such comments are rarely heard, which leads to the question, was living in bogs once common? The answer is yes. During the era of the Penal Laws Catholics were not allowed to own land, then in 1771 the Bogland Act was passed; this allowed them to lease not more than fifty acres of poor land for up to fifty years. Naturally many people availed of this concession. The era of the small tenant farmer, often a bog dweller, had commenced.

In my youth there was a raised bog, as distinct from the blanket variety found on mountains, within walking distance of our home. A family, 'The Monks' as they were locally known, lived there in the cutaway west end. Their house was a low, thatched cabin with rough, unmortared stone walls, probably much like those lived in during the Famine, except that it had two small windows, one for the kitchen the other for a bedroom. It would be nice to think that their neighbours respected them but, unfortunately, in rural Ireland it was always a case of 'a penny-halfpenny looking down on a penny'.

The only livestock 'The Monks' had was a donkey a cow and some hens. They grew potatoes behind the cabin in lazy beds dug with a loy. They had three small outhouses, a stable, a cowshed and a henhouse, all thatched. Every weekday Josey, the eldest, travelled four miles with a load of good-quality black turf to the town, where he sold it to various housewives. The journey out to the public road was by an unpaved, rutted track that necessitated constant shouted encouragement

to the donkey, invariably audible from a distance. This track passed a grass-grown mound on the east end, site of a former bog dwelling. Apart from occasional work on nearby farms undertaken by his brothers, Kevin and Charlie, those turf sales comprised the family's main income.

There were two other siblings: Hugh, a heavyset, silent man, and Molly, a frail, shy woman. I visited the cabin a few times, more out of curiosity than for any other reason. The cramped interior was dim, the window and fire providing inadequate light, but it was cozy enough. Hugh would be seated near the hearth and Molly was usually washing or cooking. If either of them suspected that I was just being nosey they didn't betray it. On Sundays Molly walked two miles across fields to mass in the village but Hugh seldom, if ever, ventured outside.

Charlie, who had the gift of storytelling, was the most popular of 'The Monks'. He could hold us children enthralled with accounts of the fellow with the cloven hoof or the leprechaun that he had glimpsed entering a ring fort overlooking the bog. He would hide a smile at our wide-eyed fascination when begging for more of such tales.

It may be illuminating to draw a parallel between this close-knit family and an indigenous covey of grouse. The grouse were reliant on the bog for food and cover, eating heather shoots and roosting on dry hummocks. Though shot at by 'sportsmen', enough of them managed to escape each open season to perpetuate their species for one more generation.

Of course 'The Monks' did not produce a new generation, though at one stage Josey became infatuated with a woman living in the next town-land. The notion of this attractive lady returning his interest afforded great amusement to the locals, myself included. Meeting Josey one day, I told him that she might be won if he had hair on his chest, whereupon he meekly opened his waistcoat and shirt to reveal some wispy growth. I immediately regretted my ignorant behaviour and, nodding shamefacedly, walked away.

They only member of the family to escape the bog was Charlie, who was given a County Council bungalow by the public road. This soon became a rambling house for local fellows, often with boisterous carryon. For the most part Charlie tolerated such behaviour but one Halloween things really got out of hand. A prankster climbed onto the roof and blocked the chimney with a hessian bag, whereupon smoke poured into the kitchen. Incensed, Charlie knelt down and prayed that God would wreak every sort of vengeance on the culprit's head. Despite their initial amusement, this invoking of divine retribution duly sobered those present.

One by one 'The Monks' passed away, often the cost of their burials being met by local collections. They were an anachronism in the changing world of cattle marts and tractors, a reminder of a past that everyone was hell bent on leaving behind. Still, I regret our former readiness to be amused by their simplicity, their closeness in lifestyle to the generations that preceded us when survival was as precarious as it was for the hunted grouse.

By P.G. Nerney

To a Childhood Neighbour i.m. Jimmy Butler

There were hedgerows of whitethorn
cloudy with blossom about me then,
a scent of honey and clover,
mild as summer's breath,
and the choired joy of meadow bees.

I ran:
there was no care to chain me to the earth.
I floated with each white cloud in the sky,
caught love from all the varied eyes of life,
which, cleansed in dew, begged me to pause,
then smiled me on.

There are no hedgerows now,
no blossoms dewy in the sun,
no happy bees.
All have passed like morning haze
from some rain-sodden field
Where black mud rises round my feet
And time puts heaviness on my head.
Against the grey sky you rise,
an oak tree, old as this land.
You see the earth grown bare
and my dejected progress through the waste,
yet you with patience wait.

Some voice from that lost time
sings faint of you,
sings of blossoms and fragrant fruit
the passing seasons dissipate,
then of beauty nurtured deep
in the strong cells of an oak tree,
sings of roots stretched below the frost
to a dark, enduring heart
which primes the green leaf.

By Colin Scott

Maynooth University welcomes new President, Professor Eeva Leinonen



Maynooth University warmly welcomed Professor Eeva Leinonen, who took office as the new President, on Monday October 1st, succeeding Professor Philip Nolan, who has led the university for the past 10 years.

Professor Leinonen, an international researcher and former Vice-Chancellor of Murdoch University in Perth, Australia, was appointed by the Governing Authority of Maynooth University in March this year.

She is the first female president of Maynooth University.

Professor Leinonen has held the role of Vice Chancellor of Murdoch University, since 2016, having previously been Deputy Vice Chancellor (Academic) at the University of Wollongong, New South Wales, Australia. Prior to moving to Australia in 2012, she was Vice Principal (Education) at King's College, London.

Originally from Finland, Professor Leinonen has a background in linguistics and psychology. She engages with researchers in Finland and Italy in ongoing research into pragmatic language development in children and contextual processing deficits of children and young adults with autistic spectrum disorders.

Professor Leinonen said she was honoured to have the opportunity to lead Maynooth University in the next stage of its development. The new President said that Maynooth University can play an outsized role in next-generation Ireland.

"High-quality innovative education, world-class research that has positive societal impact, and transformational educational opportunities for all who can benefit irrespective of background are hallmarks of Maynooth University and resonate closely with my approach to university education," she said "Next year

Maynooth celebrates its 25th anniversary. This affords us an opportunity to pause, reflect and plan for the years ahead. Due to its rapid enrolment growth, its diverse student population, its youthful and collegial attitude toward multi-disciplinary research, and its strengths in fields that are critical to Ireland's economic future, I believe Maynooth University can play a significant role in preparing for next-generation Ireland.

"I am very much looking forward to working collaboratively with colleagues across the University, with students, the Governing Authority, Academic Council, the Irish education sector and the many partners and supporters of Maynooth University to build on the University's impressive achievements gained under the leadership of Professor Nolan and previous Presidents."

The Chairperson of the Governing Authority, Dr Mary Canning, said she was delighted to welcome Professor Leinonen.

"Professor Leinonen's track record in the leadership and management of higher education institutions internationally will be of great benefit to Maynooth University, the Irish Universities Association and the higher education system in general at this critical time.

I wish Professor Leinonen well as she takes up her new role."



**Professor Eeva Leinonen,
President of Maynooth University.**

OPEN ALL THE WAY CANOEING ON THE ROYAL CANAL IN THE 1950s

By D.M. HARTFORD

About the Author

Diana Mary Hartford nee Barton was born in 1918. The trip described here was undertaken in 1955 just after Douglas Heard completed the last official boat trip before closure of the canal. The trip was undertaken in two stages; Clondra to Mullingar and Dublin (Blanchardstown) to Mullingar. The city centre areas of the canal were not navigable at this time. This article was originally published in a number of Royal Canal Newsletters in the 1970s. The author had a children's book published after this trip, which is still widely used in primary schools today. The author of a number of other books, Diana passed away in 2002.

PART 1 Blanchardstown to Hill Of Down

If you have seen Douglas Heard's film of the Royal Canal, taken in 1955, you will know that it was then still navigable from Dublin to the Shannon. He made the voyage in the Hark, a converted ship's lifeboat; but what was it like for canoe? I can tell you what it was like, that is provided one went in the month of May before the weed grew thick, for we followed six weeks after Hark considerably lower on the water in a two-seater 17ft canvas canoe. The memory of Hark was still fresh in the mind of lonely canal side cottagers who had not yet got over the excitement of a passing vessel (one woman telling me it was as big as the Mail-Boat) so little was the traffic by that time on the Royal Canal.

The first day we paddled from Blanchardstown and got to Maynooth about 5 p.m., and after tea on the bank against the College wall pushed on again westwards. The rose tipped buckbean flowers still lined the edge of the water, and all the way there were marsh marigolds and, showing further out on the water the first tips of what would later be dense Mares Tails. We had only two more obstacles before Kilcock, the 14th lock at Jackson's Bridge and the 15th at Chamber's Bridge. At one of them a grandfather and a string of small children helped us carry our canoe and bits of luggage up the bank, across the road, and down to a grassy place to launch again on the far side of the lock. Soon after lock 15 we were glad to see the straight

stretch of canal that runs beside the road into Kilcock, where we spent the first night. The next morning the canal wound prettily west of Kilcock and there were plenty of swans, and we soon found that they were frightened of the canoe and quite harmless.

Paddling on after a stop at Enfield we were disappointed with the aqueduct over the River Blackwater, for we were too low on the water to see over the edge and after the stone-flanked entrance there were only tree tops instead of hedges to show we were crossing a valley. Later on it was the same crossing the Boyne aqueduct, but between the two was a sylvan interlude. Just before Moyvalley station we passed into a long bend of beautiful trees; beeches, willows and others dropping pink and cream sepals on the water and giving dappled shade. In this shade we stopped and lay down on the bank and almost immediately a bicycle almost ran over us. We found the towpaths used quite a lot and passed an old man peddling ash-plants, several carts whose horses we alarmed, school children and men going home on bicycles, like the one in whose track we had settled.

A stiffer breeze soon pushed us along the miles after the Boyne aqueduct, and I remember that when the hump of the Hill of Down came in sight we decided we needed more sustenance and landed on a burnt and brambly sort of heath. A perishing wind we had no idea of down on the canal was blowing up there, so that we ate and drank stamping around. After this we did the last half-mile to the house at Hill of Down. There the station ones have their backs to the water on the left and the Post Office (which we sought) is set at an angle on the other side with a neat concrete-edged garden. Here we left our canoe for the night.

To be continued.....

The Royal Canal Amenity Group are grateful to Diana for submitting this article for publication at the time.

Hope you are keeping safe and well
We are working for you in the area throughout this time



Daily remote constituency clinics

Monday to Friday Telephone: 089 2444 793

Or, email:

Catherine.Murphy@oireachtas.ie

We anticipate changes towards the end of October,
so please feel free to check in with us.

Catherine Murphy, Your Kildare North
Social Democrats TD
Honest Politics, Strong Economy, Fair Society

Be Winter Ready

Take Extra Care

Everyone, especially older or more vulnerable people should remember to take extra care during a cold spell. Elderly people should not venture outdoors in severe weather if possible. The public are asked to make a special effort to keep in contact with their neighbours and relatives, particularly those living alone.

Remember:

- keep warm, eat well and avoid unnecessary travel
- call on elderly relatives and neighbours and ensure they have sufficient supplies of food and of any prescription drugs they may need
- ensure that older people have sufficient fuel supplies to maintain adequate heating in their homes



If your water supply is disrupted due to severe weather, you will find health advice on drinking water supplies and more information on keeping well this winter on www.hse.ie.

Preventing falls & trips

Emergency Departments around the country can be busy in severe weather, dealing with sprains and fractures as a result of slips and falls on icy roads and footpaths. While both young and old present to Emergency Departments as a result of falls on ice, as we get older a fall can result in broken bones, a loss of confidence, loss of mobility and fear of leaving the home. Many falls can be prevented and by making small changes we can reduce the chances of falling. Accidents do happen but many slips, trips and falls are preventable. You can contact your Local Health Office for more advice.

Fall prevention in your home:

- leave a low energy light on at night time, preferably one with a high light output
- use a non-slip shower or bath mat
- make sure wires or cords, such as from lamps or telephones, do not trail where you walk
- arrange furniture so that you can easily move around all your rooms
- keep the floors clear from items such as papers and books that could cause you to trip
- remove rugs or use non-slip tape or backing so rugs will not slip Consider installing hand rails on both sides of the stairs

Personal safety—staying safe

- In icy weather, wear well-fitted shoes with non-slip soles if you have to go out but try to limit walking during the cold weather. Have your vision checked. Your eyesight changes as you get older; poor vision can increase your chances of falling

Advice on medication

As you get older you may need to change the dose of your medicines – check with your doctor. Some medicines or combinations of medicines may make you feel faint or light-headed which could lead to a fall. Consider wearing a personal alarm so that family or neighbours are alerted if you fall. Eat

regular hot meals and drink plenty of fluids, this will keep you warm and will give you energy to keep active. If you have a fall, even a minor one, make sure you visit your doctor for a check up.

Winter ready health advice for people with disabilities

If your disability is affected by a drop in temperature try and be aware of the weather forecast in order to allow you plan for pain management. Wear the correct amount of layers to try and maintain your body temperature at the required level. Individuals with reduced mobility should take extra measures to protect their hands, feet and other areas of the body that are particularly subject to cold. Eat well and avoid unnecessary travel. You should eat regular hot meals and drink plenty of fluids, this will keep you warm and will give you energy to keep active.

Food Supplies

Ensure you have sufficient supplies of food and of any prescription medicine you may need. If you have some mobility try and keep active indoors. Have sufficient fuel supplies to maintain adequate heating in your home. Ask your relatives and neighbours for help if you need it. Keep their phone numbers on a list beside your phone. If you cannot talk to people on the phone, make sure you have a relative or friend you can text for assistance if you need it, and register with the emergency services so you can contact them via text if necessary.



Medical equipment

If you have to use medical equipment or a powered mobility device every day please make sure that you always have access to a power supply. Ensure that you are on the vulnerable customer registers for the energy companies and Irish Water. If you have an assistance dog, be sure to keep them warm as well. Be sure to always have a blanket for the animal to rest on. Keep the animal indoors as much as possible.

Keeping an eye on vulnerable people

If possible, make yourself aware of a relative or neighbour’s disability and ask them how best you can help them if required. Try to call on relatives and neighbours who have a disability, and offer to assist them in severe weather:

- ensure that they have sufficient supplies of food and medications
- ensure that they have sufficient fuel supplies to maintain adequate heating in their homes
- ensure that they have access to power and water
- arrange regular visits or phone calls so they don’t feel isolated

If you have any doubts about the safety of someone you know who has a disability seek the assistance of [An Garda Síochána](http://www.an Garda.ie) or [local health and social services](http://www.local health and social services).

Source: gov.ie health advice from the HSE

Stay Well – Stay Safe

Getting your Car Ready for the Winter Months Ahead

As temperatures start to fall it's time to start thinking about getting your car ready for winter. A properly maintained car can weather winter temperatures and now is the perfect time to start preparing. Ideally a pre-winter service means checks to your tyres, battery, wiper blades and anti-freeze and your car given a thorough inspection. But if your budget doesn’t stretch to this a few simple steps can keep your vehicle in good working order this winter and go a long way to preventing breakdowns.

Check your Tyres

1.6mm is the legal limit for thread depth but during winter, 3mm is recommended for driving. Make sure to check the spare tyre and ensure that your tyres are properly inflated to get the best possible traction with the road. If you do a lot of driving, especially early in the morning or late at night when temperatures are at their lowest you should consider switching to all season tyres.

Battery

Battery failure is one of the most common causes of breakdown during the winter months. Despite what people may think, they don’t actually last forever. Replacing them when necessary can save you a lot of time and inconvenience. Cold temperatures reduce the capacity of any battery and if it is more than three years old it is worthwhile having it checked.

Fuel

Don’t let the fuel levels drop too much as you risk your fuel tank freezing – make sure to fill up before you set off on a long journey. If you do get stuck at least you’ll be able to stay warm. Check that all the light bulbs are working and that headlights are clean and aimed correctly. All external lights should be cleaned regularly, especially when roads are salted.

Ensure coolant is topped up regularly to ensure a healthy engine as overheating is a common cause of breakdown.

Don’t forget to top up the windscreen washer fluid, ensuring it contains an anti-freeze agent. Check the vehicle handbook for the recommended ratio.

Emergency Kit

Some of the items you should include are a torch, spare AA batteries for your torch and bulbs, screen scraper/de-icer, jump leads, warning triangle, first-aid kit, mobile phone, warm blankets, extra water, shovel (to clear snow if necessary) and road maps.

Car Windows

Wiper blades should be replaced regularly, so check them out as winter approaches for wear and tear. Clean windows are essential for safe driving. Stock-up on de-icer and a plastic scraper to help make frosty mornings that bit easier. Keeping a can of de-icer or WD-40 on hand to de-freeze frozen locks. Do not pour hot water on frozen locks as this will only increase the amount of water inside and result in the problem reoccurring. Never force the key to turn a frozen car lock.

Source: www.aviva.ie/insurance/car-articles/getting-your-car-ready-for-winter-months



Things to do in the Garden in November

Things are slowing down in the garden come November, but there are still plenty of plants that need sowing and growing in time for spring. Here are the flowers, vegetables and fruits that can be sown and grown this month.

Seasonal things to sow and grow in the garden this month:

In the greenhouse/indoors

Sow sweet peas in a cool greenhouse or cold frame for an early display next year. Try growing perennials such as laurentia, delphinium, verbascum, foxglove and lupin from seed in the greenhouse this month.

Plant Outdoors

- Plant spring flowering bulbs. Consider investing in a bulb planter to speed up the process or to naturalise bulbs into grassed areas of your garden.
- Plant tulip bulbs and remember to avoid shallow planting as this can reduce the winter cold period that tulip bulbs need to produce flowers in spring.
- Plant Christmas roses (hellebores) now for beautiful winter flowers.
- Continue to plant daffodil bulbs.
- Plant up a terracotta pot of hyacinth bulbs for a simple but stunning display next spring.
- Plant a magnolia tree now for a beautiful spring display.
- Start to plant bare-root roses — they can be planted any time between now and March.
- Plant heathers, grasses and trailing ivy in pots for winter colour.
- Plant out spring bedding displays of pansies, violas and primulas.

Now is the perfect time to plant hedging! With plenty of different varieties to try out, bare-root colourful hedging, fast growing hedging, slow growing hedging, and tall hedging which ever suits your garden.

Fruit to sow & grow

Plant outdoors

- Plant rhubarb crowns now in well-prepared soil. Add plenty of organic matter — they are hungry feeders!



- Plant out strawberry runners and plants.
- Plant raspberry canes and blackberries now and remember to put a support system in place for the canes before planting.
- Plant gooseberries and currants now for a vigorous start to next season.
- Plant blueberry plants this month. Blueberries prefer a slightly acidic soil, but do very well in patio containers if your garden soil is not acidic.



Lawn Care

Aerate your lawn and clear fallen leaves. Give your lawn a last cut on a high setting, and trim border edges to give your garden a crisp, neat look for winter. Clear away any blackspot-infected fallen leaves and burn or compost them. Cut back herbaceous perennials. Collect leaves for leafmould.

Move any shrubs that are in the wrong position. Spread manure on vegetable beds, and leave it to work into the soil over winter. Prune roses by a third to reduce the effect of wind rock. Lift dahlia, gladiolus and begonia tubers and store them in a cool, dry place until next spring. Tidy up strawberry plants by removing old leaves and stray runners.

Protect your Plants

Cold wet winters can be disastrous for many plants. A thick layer of mulch on beds will help protect plants against winter wet, as well as improving the soil over time. Wrap pots in hessian or bubble wrap to insulate them against frosts, and raise them up on pot feet to improve drainage. And don't forget your garden wildlife. Birds need all the help they can get in winter, so put up a bird feeder and fill it regularly with high-energy foods like sunflower seeds or suet balls. If you have a birdbath, keep it filled and free of ice so that birds can keep their feathers clean, which helps them to stay warm through icy weather.



Source: www.thompson-morgan.com/what-to-sow-and-grow-in-november/
www.ahernnurseries.ie

Upgrading lines

Upgrading lives

Our consultation process closes soon. So, if you live in Kildare or Meath, don't miss the chance to have your say on the four potential routes for the new 400kV underground electricity cable in your area.

This will connect Dunstown station in Co. Kildare to Woodland station in Co. Meath, upgrading the grid so that EirGrid can continue to deliver a safe, secure and sustainable electricity supply.

Have your say by November 22nd.

Go to www.eirgrid.ie/KildareMeath, email kildaremeath@eirgrid.com or get in touch by post to EirGrid, The Oval, 160 Shelbourne Road, Ballsbridge, Dublin 4, D04 FW28.

Scan this QR code to have your say

MAYNOOTH NEWSLETTER

Unit 10, Tesco Shopping Centre Maynooth
(Beside Coyne's Butchers)

ADVERTISE YOUR BUSINESS HERE

Opening Hours for Public
Monday—Friday 9.00am – 4.30pm

Wallet Friendly Advertising

50% Discount on All Advertising Rates

Contact a member of the Newsletter Team
for a package to suit you
at 01-6285922 or
Email: office@maynoothcep.com

Our Newsletter is now an online version
It's immediately accessible and convenient

KNOW YOUR RIGHTS

Citizens Information Centre, Dublin Road, Maynooth
Know Your Rights has been compiled by Citizens Information Service
which provides a free and confidential service to the public.
Information is also available online at www.citizensinformation.ie and from the
Citizens Information Phone Service - 0761 07 4000 or Lo-call 1890777121



Budget 2022

Budget 2022 was announced on 12 October 2021. All updates and changes are in our [full overview of Budget 2022](#). These updates have also been implemented in the relevant pages across citizensinformation.ie. Many changes require legislation before they come into effect.

Some of the key changes include:

- The [Help to Buy scheme](#) was extended until 31 December 2022. It was also announced that the scheme will undergo a full review in 2022
- The [Fuel Allowance](#) increased by €5 per week from 12 October 2021. The increased payment will be backdated for the weekly and the lump sum payments in the first week of November
- A [Christmas Bonus](#) of 100% will be paid in early December 2021 to people getting a long-term social welfare payment (minimum payment €20)
- Weekly social welfare payments will increase by €5 with proportionate [increases for qualified adults](#). The weekly rate for a [qualified child](#) will increase by €2 for children aged under 12 and by €3 for children aged 12 and over (January 2022)
- The earnings limit for a person on [Disability Allowance](#) will increase by €25 and the income disregard for [Carer's Allowance](#) will increase to €350 for a single person and €750 for a couple (June 2022)
- The Living Alone Increase will increase by €3 from €19 to €22 (January 2022)
- The national minimum wage for people aged 20 and over will increase by 30c to €10.50 from 1 January 2022. Board and lodging rates will also increase from this date
- The Drugs Payment Scheme threshold will be reduced to from €114 to €100 per month
- [Free contraception](#) will be available for women aged between 17 and 25 from August 2022
- The reduced VAT rate of 9% for the hospitality sector [will continue until the end of August 2022](#), and commercial rates due to local authorities are waived until the end of 2021
- The [EWSS](#) will remain in place in a graduated form until 30 April 2022, with some changes to the rates from December 2021
- [Carbon tax](#) increased by €7.50 per tonne, from €33.50 to €41 per tonne

Social welfare payments and the October public holiday

The Department of Social Protection has published its [October public holiday payment arrangements and opening hours](#).

Reporting sexual harassment in higher education

[Speak Out](#), an online tool for students and staff to anonymously report incidents of violence, bullying and sexual harassment will be rolled out across 18 higher education institutions during this academic year 2021-2022.

Changes to COVID-19 restrictions from 22 October 2021

Hospitality, entertainment and night-time economy can fully reopen with protective measures in place including:

- Use of a vaccine or recovery certificate for indoor events
- Social distancing
- Face masks (when not eating, drinking or dancing)
- Contact tracing
- No limits on numbers for weddings or religious services
- Audience must be seated for indoor events such as live music or sport

Return to offices

On 19 October 2021, it was announced that [workers should continue to return to the workplace on a phased and cautious basis for specific business requirements](#). Further guidance on the full return to offices is expected soon.

EU Digital COVID Certificate (DCC)

From 15 October 2021, if you are an Irish citizen who has been vaccinated in Great Britain, you can [request a DCC](#) through the [online portal](#). You must have a valid COVID-19 vaccination certificate with a QR code and hold a valid Irish passport.

Changes to the Fair Deal Scheme

Family-owned and operated farms or businesses and proceeds from the sale of your home are [now included in the '3-year cap' under the Nursing Homes Support Scheme](#). This means the value of your farm or business or the net proceeds from the sale of your home will not be taken into account for the financial assessment after 3 years in care.

Booster vaccine dose

A booster dose of the Pfizer-BioNTech vaccine has been [recommended for people aged between 60 and 79](#) who have completed their primary course with any COVID-19 vaccine.

Immigration reform

The [end-to-end review of international protection processes](#) has been completed. A [Digitisation Strategy for the Immigration Services](#) has been developed and the new website irishimmigration.ie is now fully operational.

Anti-human trafficking awareness initiative

On 18 October 2021, a [public awareness initiative](#) was launched to coincide with EU anti-trafficking day. There is a social media campaign with the hashtag #AnyoneTrafficked and a [website with more information](#).

New greenhouse gas regulation

The Government has [approved a regulation under the Climate Action and Low Carbon Development \(Amendment\) Act 2021](#). The regulation states that Ireland will follow UN and EU guidelines when calculating and managing carbon budgets in the future. A second regulation under the Act, including greenhouse gases in carbon budgets, will be published shortly.

Free EU rail travel

The European Commission is [giving free travel rail passes](#) to 60,000 Europeans aged 18-20, for travel in 2022. Applications are open now, and will close on 26 October 2021, at 12 noon.

UPCOMING

Deadlines for tax returns

- 31 October 2021 for taxpayers using the [pay and file system](#)
- 17 November 2021 for taxpayers using [Revenue Online System \(ROS\)](#)
- 31 October 2021 for Capital Gains Tax returns and Capital Acquisitions Tax returns

Antigen testing

COVID-19 antigen testing will be introduced for fully vaccinated, asymptomatic close contacts of a positive case.

Emergency passports

On 22 October 2021, the [Urgent Appointment Service](#) in the Cork Passport Office will reopen.

LPT deadline

The valuation date for the [2022 LPT payment](#) is 1 November 2021. The tax due is calculated on a [self-assessment of the market value](#) of the property. You must [submit your valuation by 7 November](#) and [arrange to pay the tax](#).

Housing webinars

From 8-12 November 2021, the Housing Agency is running [daily webinars on the Government's 'Housing for All' strategy](#).

CAO applications

On 5 November 2021, [applications for CAO 2022-2023](#) will open at 12 noon. Students will be able to apply for university courses and get information about further education courses and apprenticeships through a new single CAO portal.

ONES TO WATCH

International travel

On 19 October 2021, the Government announced the following measures:

- People who do not have a PCR test on arrival into Ireland (unless exempt) will need to [take a test within 36 hours of arrival](#) and present evidence to An Garda Síochána.
- The Passenger Locator Form will continue to be used, but passengers will no longer need to provide updated address and contact details

Road Traffic and Roads Bill 2021

The [Road Traffic and Roads Bill 2021](#) aims to enhance safety on roads. It includes:

- Legislation for e-scooters and scramblers
- Legislation to support traffic management on the M50
- Amendments to existing legislation to directly link licensed drivers to registered vehicles, as well as to combat uninsured driving

Review of remission for prisoners

A [review of how remission](#) (reduction of sentences) is applied to prisoners has been announced as part of the penal policy review.

November Events at Maynooth Community Library

For further information contact: www.kildare.ie/librarymaynoothlib@kildarecoco.ie Ph: 01-6285530



[facebook.com/KildareCountyLibraryService](https://www.facebook.com/KildareCountyLibraryService)



twitter.com/kildarelibrary

Children

Wednesday 1st December 3:30 - 4.30 pm

Building Worlds: Minecraft Winter Wonderland for 6-10 year olds

Do you like to create and build in Minecraft? Sign up for our Zoom discussion and take part in our build challenge which will be sent to you in advance! Suitable for ages 6-10. Children must be accompanied on the video call by an adult. Places are limited and booking is essential. This month we want you to start building a Winter Wonderland!

<https://winterminecraft.eventbrite.ie>

Saturday 13th November 12.00- 12.45 pm

Storygate Online workshop for 5-7 year olds

Story-Map: Discover the Tales of Your County!

In this new storytelling venture, the tellers of StoryGate dive deep into the UCD Schools' Collection to discover tales from your county. How would you like to have no homework for a year? Back in the 1930s, school children of a certain age didn't get any homework. Instead, they collected stories, local cures and wisdom from their grandparents, neighbours and friends. Spooky stories, funny stories and nearly forgotten witchcraft were collected by these children. We want to tell those stories! Join us for stories that were collected in Maynooth and the wider Kildare area. Please be aware that a parent/guardian must be present with children attending the workshop.

Booking Essential through Eventbrite : <https://www.eventbrite.ie/e/194594787247>.

Saturday 13th November 3.30- 4.15 pm

Storygate Online workshop for 8 – 12 year olds

Story-Map: Discover the Tales of Your County!

In this new storytelling venture, the tellers of StoryGate dive deep into the UCD Schools' Collection to discover tales from your county. How would you like to have no homework for a year? Back in the 1930s, school children of a certain age didn't get any homework. Instead, they collected stories, local cures and wisdom from their grandparents, neighbours and friends. Spooky stories, funny stories and nearly forgotten witchcraft were collected by these children. We want to tell those stories! Join us for stories that were collected in Maynooth and the wider Kildare area. Please be aware that a parent/guardian must be present with children attending the workshop.

Booking essential through Eventbrite : <https://www.eventbrite.ie/e/194603583557>.

Family

Thursday 4th November 6.00 pm – 7.30pm

Winter Warmers Cooking Demonstration with East Coast Cookery School

An interactive Zoom Class the whole family will love. Easy step-by-step instruction with a bit of fun and a tasty meal to enjoy.

Join Tara from East Coast Cookery School for an interactive Zoom Class the whole family will love. Easy step-by-step instruction with a bit of fun and a tasty meal to enjoy. Featuring delicious meals to help starve off the cold as the long nights start creeping in.

Receive the recipes, equipment and ingredients list plus Zoom link via email in advance as well as any preparation needed. Approx 1hour long.

Booking Essential through Eventbrite: <https://www.eventbrite.ie/e/winter-warmers-cooking-demonstration-with-east-coast-cookery-school-tickets-176360006527>.

Thursday 9th December 6.00 pm – 7.30pm

Family Christmas Treats Demonstration with East Coast Cookery School

An interactive Zoom Class the whole family will love. Easy step-by-step instruction with a bit of fun and festive treats!

Join Tara from East Coast Cookery School for an interactive Zoom Class the whole family will love. Easy step-by-step instruction with a bit of fun and festive treats that you can keep to yourselves or share with family and friends.

Receive the recipes, equipment and ingredients list plus Zoom link via

email in advance as well as any preparation needed. Approx 1hour long. Booking essential through Eventbrite: <https://www.eventbrite.ie/e/family-christmas-treats-demonstration-with-east-coast-cookery-school-tickets-194997682317>.

Adults

Thursday 2nd December 6.30pm – 7.30pm

Poetry evening

An evening of sharing poetry. Maynooth and Ballitore Libraries will host an evening of poetry readings and recitations in which all are welcome. Some of you may wish to read, and others might like to just listen, while we enjoy your favourite poems. If you wish to read a favourite poem which can be read in three minutes or less, please let us know in advance. This event will be hosted via Zoom, you will receive the link to join in a separate email. **Booking Essential through Eventbrite :**

<https://www.eventbrite.ie/e/187711037767>.

Bookclubs

Readers of the Lost Ark Scifi/ Fantasy Bookclub

The Readers of the Lost Ark Scifi fantasy bookclub meets the second Tuesday of each month at 6.30pm. The next meeting of the bookclub will be on Tuesday 16th November at 6.30pm. If you are interested in joining the bookclub, please email Maynooth Community Library at maynoothlib@kildarecoco.ie or telephone 01 628 5530.

Regular Events

Ciorcal Comhrá/ Irish Language Conversation group via Zoom

Every Wednesday at 11am / Gach Céadaoin ar a 11 a Chlog.

Join us online every Wednesday morning at 11am for an informal chat as Gaeilge. If you have a lot of Irish or the cúpla focal, this an opportunity to practice your Irish and learn some Irish all from the comfort of your own home. To register, please call Maynooth Community Library or email maynoothlib@kildarecoco.ie.

Beidh Ciorcal comhrá ar siúil ar líne via Zoom gach Céadaoin ar a 11 a Chlog.

Má bhíonn an-chuid Gaeilge agat nó an cúpla focal agat, tapaigh an deis seo le do chuid Gaeilge a chleachtadh agus Gaeilge a fhoghlaim as do bhaile féin. Le clárú, cuir ríomhphost chuig maynoothlib@kildarecoco.ie nó cuir glaoch ar 01 628 5530.

Evening Ciorcal Comhrá for adults ar líne /Ciorcal Comhrá míosúil san oíche do dhaoine fásta ar líne /

Márta 23ú Mí na Samhna 7.00 – 7.45 i.n. / Tuesday 23rd November 7.00- 7.45 pm

Beidh Ciorcal míosúil ar líne thar Zoom ag tosnú ar a 7 a chlog i.n. ar an Máirt 23ú lá Mí na Samhna. Seo deis iontach an Ghaeilge a fhoghlaim agus a chleachtadh trí chaint agus chomhrá in atmaisféar réchúiseach ó chomhord do bhaile féin. Fáilte roimh chách. Má bhíonn suim agat páirt a ghlacadh, cláraigh ag an nasc thíos eventbrite : <https://www.eventbrite.ie/e/191103534817> nó sheol ríomhphost chuig maynoothlib@kildarecoco.ie

There will be a monthly online evening Ciorcal Comhrá on Tuesday 23rd November from 7.00- 7.45pm. This is a great opportunity to learn and practice Irish though conversation in a relaxed atmosphere from the comfort of your own home. All welcome. If you are interested in taking part, please register at the Eventbrite link below <https://www.eventbrite.ie/e/191103534817>. or email maynoothlib@kildarecoco.ie.

Live Story Time & Sing Along Nursery Rhymes for 2-5-year olds Every Friday 10-10.30am

Join the Staff of Maynooth Library for some storytelling and nursery rhymes! Please be aware that a parent/guardian must be present for the duration of the event. Booking required through eventbrite.

Friday 5th November : <https://www.eventbrite.ie/e/190915211537>.

Friday 12th November : <https://www.eventbrite.ie/e/190932573467>.

Friday 19th November : <https://www.eventbrite.ie/e/191091789687>.

Friday 26th November: <https://www.eventbrite.ie/e/191106995167>.



Catherine Murphy T.D. Social Democrats, Kildare North.

Constituency Office ph: 01-6156625 Dáil Office ph: 01-6183099 - e-mail: catherine.murphy@oireachtas.ie

GP Availability

Catherine has been looking into the issue of GP's availability locally. Some private practices are full and patients are having difficulty accessing GP services. Catherine has been advised that persons who are not in receipt of Medical Cards nor registered with a GP may be allocated to a GP via their local health office, in order to obtain Primary Health Care Services. If you are having difficulty registering with a GP and are not a medical card holder, please contact your local medical centre.

Catherine sought the number of GPs in North Kildare who accept Medical Card and GP Visit Card patients. The number of GPs with medical Card patients in the Kildare / West Wicklow area as data is captured by the LHO / CHO are:

LHO	LHO Description	Number of GPs
6	Kildare/West Wicklow	94

Rise in the number of scam callers of late

There has been a worrying rise in scam callers of late and people are reporting concerns. Please be vigilant in respect of giving out your personal information. Always seek confirmation from your Bank or delivery agent separately. Avid clicking on any links

In response to the rise in scam calls experienced by constituents of late, Catherine Murphy TD wrote to the Minister for Communications, Climate Action and Environment about his engagements with his Ministerial colleagues and the Commission for Communications Regulation regarding the issue of cold calls and or potentially fraudulent activities by telephone to persons living in Ireland. Catherine asked if his attention has been drawn to the various media reports on the matter; and the progress to date with telecoms providers in respect of this issue.

Minister Ossian Smith responded as follows:

I am aware of phone customers in Ireland recently experiencing an escalated level of nuisance scam calls and smishing and that they can cause considerable distress and anxiety, in addition to causing some customers to incur additional charges. It is not possible, from a telecoms point of view, to assess the level of scam call activity or to quantify it with any accuracy. While operators may notice an upsurge in traffic or change in patterns of traffic, this might not be related to scam calls.

While I understand that it is not possible to identify scam call numbers in advance, which can resemble normal, familiar geographical or international numbers encountered on a daily basis, the Regulator has published information for consumers in relation to this issue (www.comreg.ie/consumer-information/mobile-phone/scam-calls-2/). This provides advice urging vigilance at all times on the part of consumers and listing suggestions for the proactive steps to be taken by those receiving scam calls, and in particular, advising people not to answer, or to call back any number which they do not recognise or where there is a bland or no voicemail left. The notice also provides a phone number for consumers to contact and the Regulator also offers a text call back service and other facilities to assist consumers.

I understand that An Garda Síochána has also raised public awareness to warn phone users on the need to remain continually alert with respect to calls and text messages. I understand that industry operators are actively analysing the position at network level and the matter continues to be monitored by the Regulator. The advice to the public remains focussed on the importance of being vigilant.

GaelColaiste Maigh Nuad

Catherine Murphy TD sought an update from the Minister for Education and Skills seeking when the appropriate practical rooms will be provided for the students at the Gael Colaiste, the status of the overall project; and the timelines for the completion of works.

Minister Norma Foley advised Catherine that the Department has approved funding to the patron of the school in question to undertake refurbishment works in the property to facilitate the school's access to additional specialist accommodation. This accommodation includes science, woodwork and home economics rooms. The delivery of the project has been devolved to the patron for delivery. The patron has advised my Department that a consultant has been procured to oversee this project with the scope of works agreed and the patron is currently in the process of obtaining quotes to carry out the works and determine the schedule.

Closure of Bank Branches

Catherine Murphy TD sought an update from the Minister for Finance in respect of the engagement he had prior to the closure of Bank branches. The response is as follows:

Officials from my Department contacted the Central Bank of Ireland regarding the Deputy's question and received the following response:

"The Central Bank cannot comment on its engagements with individual regulated entities, due to supervisory confidentiality obligations.

The Central Bank expects Banks to take a consumer-focused approach in respect of any decision that affects their customers. On 25 June 2021, the Central Bank issued an industry letter regarding its consumer protection expectations in the changing retail banking landscape. The letter is available to view on the CBI website.

Banks are required to notify the Central Bank when they intend to close, merge or move a branch. The Central Bank's focus regarding branch closures is to ensure that banks adhere to the relevant requirements in the Consumer Protection Code 2012 (the Code) and how banks communicate the closures to their customers.

When notification is received in accordance with Provision 3.12 of the Code, the Central Bank engages with the bank to ensure the impact of the decision has been carefully considered across its full customer base and at the appropriate levels. Any decision by a bank board to close bank branches must be supported by an analysis and understanding of the impact the decision will have across its customer base.

In respect of changes to the operations of branches, the focus of the Central Bank is on ensuring that the change is communicated to customers and that customers retain access to services, albeit in different locations or through alternative means. Decisions relating to the business model of regulated firms are for the boards of those firms alone. In relation to Banks, the Central Bank has no role in approving the closure of branches or the change in operations of branches

Transport Strategy For Maynooth

Submissions are open for the new transport Strategy for Maynooth until Wednesday 17th November 2021. If you would like to discuss or require any assistance with making a submission, please feel free to contact me.

Details of the strategy:

Kildare County Council has recently begun the process of developing a Transport Strategy for Maynooth and its environs and have commissioned consultants, AECOM to assist in developing the Strategy.

The Transport Strategy will contain a phased implementation plan for transport measures which will deliver benefits for the study area in the short, medium and long term. The plan will address traffic congestion, parking, traffic management, road safety, public transport, walking and cycling. The delivery of the measures in the plan should help to make Maynooth a more attractive place to live, work and visit.

As part of this project, we are conducting a first stage consultation with relevant stakeholders and the public. A public survey will begin today, Wednesday, 06th October 2021 and will run for six weeks until Wednesday, 17th November 2021.

The public survey can be accessed through Kildare's County Council Consultation Portal, please see link below: <https://consult.kildarecoco.ie/en/content/maynooth-transport-strategy-public-consultation-no-1>

Furthermore, we will engage with a list of identified stakeholders (such as the Department of Transport, tidy towns, schools and the University to name a few) to gather their views on transport issues we should take into consideration in the development of this transport strategy. We are keen to ensure that the data collection process we are undertaking to inform the development of the Transport Strategy is comprehensive and supports the creation of an effective Transport Strategy which addresses local needs.

As such, your input is therefore invited on any transportation related issues which you would like us to consider at this stage. I have attached a document on current transport trends in Maynooth for background information.

Please submit any comments via email to: maynoothtransportstrategy@kildarecoco.ie by Wednesday 17th November 2021.

Your input would be greatly appreciated. Please do not hesitate to contact me with any questions.

Supports available to victims of crime

Catherine Murphy TD sought an update from the Tánaiste and Minister for Justice and Equality in respect of the schedule of the supports and services available to the plaintiff following a court case that involves persons that suffered physical violence, psychological abuse and sexual assault; and if she plans to enhance the supports to persons that are victims of crime following the verdict of a court case

The minister responded as follows:

My Department provides funding to promote and assist the development of specific support services to victims of crime within the criminal justice system. The services that receive funding offer a wide range of support to people who become a victim of crime. Some of these organisations offer support to victims of any type of crime, such as the Crime Victims Helpline or Victim Support at Court, while others provide specialist services for victims of specific types of crime, such as AdViC or Support after Homicide, who work with families who have lost someone close to them as a result of a homicide.

These services provide important information and support such as emotional support, court accompaniment, and accompaniment to Garda interviews, to sexual assault treatment units and referral to other services.

While services that provide support of victims of domestic and sexual violence receive funding under the Victims of Crime fund, it is important to state that Tusla, the Child and Family Agency under the aegis of the Minister for Children, Equality, Disability, Integration and Youth has statutory responsibility for the care and protection of victims of domestic, sexual and gender-based violence

(Continued on page 20)



Catherine Murphy T.D. Social Democrats, Kildare North Cont/.....

Constituency Office ph: 01-6156625 Dáil Office ph: 01-6183099 - e-mail: catherine.murphy@oireachtas.ie

(Continued from page 19)

(DSGBV) and are the primary funders of organisations that deliver frontline services. Tusla is currently undertaking a review of its services.

In addition, some services for victims of sexual violence, such as Sexual Assault Treatment Units and counselling services fall under the remit of, and are funded by, the Department of Health. A list of the organisations in receipt of funding from my Department made available to support victims of crime is set out below. As the Deputy is no doubt aware, my Department is currently implementing a program of reform in our criminal justice system to better support vulnerable victims through the implementation of *Supporting a Victim's Journey*- our detailed and ambitious plan to implement the recommendations of the O'Malley Review.

To date, a number of key actions have been delivered including:

- Legislating for the introduction of preliminary trial hearings.
- The nationwide rollout of Divisional Protective Services Units (DPSU).
- The first cohort of staff at new sexual offences unit in the Director of Public Prosecutions office formally took up their roles in April.
- Work to advance the training for all personnel who come into contact with vulnerable victims is underway.
- Funding for NGOs providing court accompaniment and related information and support services has been increased.
- A review of grants for organisations supporting victims has been undertaken to identify gaps in service provision.
- An improved Victims Charter website which provides a comprehensive repository of information for victims has been created.
- The University of Limerick has been commissioned by my Department to develop the framework for the operation and training of intermediaries and they will soon be engaging with stakeholders to develop this.

In addition, my Department has undertaken a review of the supports and funding of civil society organisations providing frontline services in order to identify where gaps may exist and how to bridge them. Specific geographical areas and categories of victims that are not adequately covered by NGO supports have been identified and my Department is engaging with relevant NGO partners to agree revised funding to ensure that we meet the gaps identified. This piece of work will be completed shortly.

This work is in addition to the audit of how domestic, sexual and gender-based violence policy and services are organised which was published by my Department in July. The recommendations of this audit, as well as the Tusla Review and the Supporting a Victim's Journey mapping exercise will play an important role in the development across Government of the Third National Strategy on DSGBV. This new strategy will place a priority on prevention and reduction and will include a National Preventative Strategy.

The new strategy will be published before the end of the year and will be the most ambitious to date.

Victims of crime organisations currently funded by Department of Justice:

Adapt Domestic Abuse Services (Limerick)
AdVIC
Amal Women's Association
AnyMan
Aoibhneas
Ascend
A.S.S.C.
Barnardos
Beacon of Light Counselling Centre
Bray Women's Refuge
CARI

Carlow Women's Aid
Clare Haven Services
Connect Family Resource Centre
Cope Galway Waterside House
Crime Victims Helpline
Cuan Saor Women's Refuge Ltd.
Dignity 4 Patients
Domestic Violence Advocacy Centre (Sligo)
Domestic Violence Response Galway
Donegal Women's Domestic Violence Service
Drogheda Women's Refuge and Children's Refuge Centre
Dublin Rape Crisis Centre
Dundalk Counselling Service
Esker House Women's Refuge
Greystones Family Resource Centre
Hope Trust
Immigrant Council of Ireland
Kerry Women's Refuge and Support Services (Adapt)
Kilkenny Women's Refuge Ltd (Amber)
Laois Domestic Abuse Service
Le Cheile
Letterkenny Women's Centre
Lifeline Inishoven
Living Life Voluntary Counselling Centre
Longford Women's Link
Meath Women's Refuge
Missing in Ireland Support Services
Mna Feasa Domestic Violence Project
Newpark Close Community Development Limited
OASIS HOUSE WOMEN'S Refuge
Offaly Domestic Violence Support Service
One in Four
OSS Cork
Rape Crisis Network
Roscommon Safe Link
Ruhama
SAFE Ireland
Sage Advocacy
Samaritans of Kilkenny and Carlow
Samaritans Newbridge & Kildare
Saoirse Housing Association
Sexual Violence Centre Cork formerly known as Cork Rape Crisis Service.
Support After Crime
Support After Homicide
Teach Tearmainn Housing Association Company Ltd.
Tearmann Housing Association
Victim Support at Court
West Cork Women's Project
Westmeath Support Service against Domestic Abuse
Wexford Women's Refuge
Women's Aid Dublin
Women's Aid Dundalk
You are not alone

District Court Judges Appointed in Kildare

354. To ask the Tánaiste and Minister for Justice and Equality the number of District Court judges appointed in County Kildare; the number of cases that are in a backlog to date in 2021; and the plans to increase the provision of judges at District Court level in 2021 and 2022. [48963/21]



Heather Humphreys (Cavan-Monaghan, Fine Gael)

Link to this: [Individually](#) | [In context](#) | [Oireachtas source](#)

The Deputy will appreciate that, as Minister, I have no role in the scheduling of individual court cases and the allocation of court business. These are entirely matters for the Presidents of the Courts and the presiding judges who are independent in the exercise of their judicial functions, under the Constitution. Furthermore, management of the courts is the responsibility of the Judiciary and the Courts Service, which are independent in exercising their functions under the Courts Service Act 1998.

Throughout the pandemic, the Judiciary and the Courts Service have worked closely and innovated through the use of technology to maintain the highest level of court activity possible, with a particular focus on families, victims of domestic abuse and people who are most vulnerable at this time. I expect that the progress made on new ways of working will be maintained into the future. Since the easing of restrictions in May, the Courts Service informs me that courts have returned to normal sittings and are dealing with all business again.

To be of assistance to the Deputy, I have made enquiries with the Courts Service and I am advised that while the District Court throughout the country remained open for business during the Covid-19 pandemic, non-essential work was postponed due to Government public health restrictions. Unfortunately, this impacted on waiting times across the country including in Kildare. Waiting times can vary between Districts and within District Court areas. The assignment of District Court Judges to Districts, including Kildare, is a matter for the President of the District Court. I understand there is one Judge currently assigned to District No. 25 (Co. Kildare).

A Working Group has been established in line with the Programme for Government to consider the number of and type of judges required to ensure the efficient administration of justice over the next five years. That Group is examining the wider judicial resource needs within all courts, and is expected to report in the Spring of next year.

The Government is committed to ensuring adequate resources for the courts in order to maintain access to justice for all citizens. The Courts Service received a €10 million increase in its capital budget last year, which has given flexibility for strategic infrastructural investment including in relation to ICT and accommodation. This commitment was reinforced with the highest ever budgetary allocation for the justice sector including €158.8 million for the Courts Service for 2021 including €8 million for the new Courts Modernisation Programme, and an additional provision of €5.7m for COVID measures to enable court sittings take place in a safe environment.

143. To ask the Minister for Children, Equality, Disability, Integration and Youth the position regarding adopting the Optional Protocols to the UN Convention on the Rights of the Child. [50197/21]



Roderic O'Gorman (Dublin West, Green Party)

Link to this: [Individually](#) | [In context](#)

The UN Convention on the Rights of the Child has three Optional Protocols:

- an Optional Protocol on the involvement of children in armed conflict.
- an Optional Protocol on the sale of children, child prostitution and child pornography.
- an Optional Protocol on a communications procedure.

Ireland has ratified the first and third protocols in 2002 and 2014 respectively. Ireland signed the Second Optional Protocol on the 7th September 2000 but it has not yet been ratified. A number of significant pieces of legislation had to be passed to ensure that Ireland is in complete compliance with the obligations of the Second Optional Protocol. The enactment of the Criminal Law (Sexual Offences) Act 2017 and the Criminal Justice (Victims of Crime) Act 2017 constituted key steps on the pathway to the ratification of this Optional Protocol.

I am strongly committed to the ratification of the Second Optional Protocol to the UN Convention on the Rights of the Child. My Department made a comprehensive

(Continued on page 21)



Catherine Murphy T.D. Social Democrats, Kildare North Cont/.....

Constituency Office ph: 01-6156625 Dáil Office ph: 01-6183099 - e-mail: catherine.murphy@oireachtas.ie

(Continued from page 20)

submission to the Attorney General's Office in 2019 seeking confirmation as to whether Ireland was in a position to ratify the Second Optional Protocol to the UN Convention on the Rights of the Child.

The advice received from the AGO stated that while Ireland is largely compliant with the terms of the Protocol, there are some outstanding issues that need to be resolved before the State can proceed to ratification. My Department has been liaising closely with the Department of Justice as the outstanding issues identified by the AGO fall within their remit.

The main outstanding issues relate to determining what if any legislative measures may need to be put in place to ensure that the full range of offences covered by the Protocol can be prosecuted on an organised and transnational basis in line with Article 3.1 of the Protocol.

There is close engagement between the Department of Justice and my Department while we await their determination on the legislative requirements. Once the Department of Justice has concluded this process, the next step will involve the development of measures that may be necessary to enable ratification.



Catherine Murphy (Kildare North, Social Democrats)

Link to this: [Individually](#) | [In context](#)

211. To ask the Minister for Health if he will provide additional funding for cancer services and support improvements in the wider health sector. [50334/21]

213. To ask the Minister for Health the amount provided to date for the implementation of the National Cancer Strategy; and the date on which it will be fully Implemented. [50336/21]



Stephen Donnelly (Wicklow, Fianna Fail)

Link to this: [Individually](#) | [In context](#)

I propose to take Questions Nos. 211 and 213 together.

New development funding of €20m was provided for the implementation of the National Cancer Strategy this year. On top of that, additional funding of €12m was allocated in 2021 for the restoration of cancer services in the context of the Covid-19 pandemic.

This funding is being used to support hospitals in addressing backlogs, extending clinic times, providing additional clinics, increasing diagnostic capacity and providing locum/temporary support.

I have now secured a further €20m in Budget 2022 to progress the delivery of the National Cancer Strategy and this will have a significant impact on access to cancer diagnostics, treatment and support to patients across their cancer journey.

212. To ask the Minister for Health if he will provide details of the way in which his Department is working towards reducing in-patient charges in the health system. [50335/21]

Stephen Donnelly (Wicklow, Fianna Fail)

Link to this: [Individually](#) | [In context](#)

The Health Act 1970 (as amended) provides that all persons ordinarily resident in the country are eligible, subject to certain charges, to public in-patient hospital services including consultant services. All persons, irrespective of illness or condition, accessing public in-patient (including day case) services in a public hospital are liable for the statutory in-patient daily charge of €80 up to a maximum of €800 in any period of 12 consecutive months, subject to a number of exemptions which include;

- medical card holders.
- people receiving treatment for prescribed infectious diseases - including Coronavirus (Covid-19).
- people who are subject to 'long-stay' charges.

- children referred for treatment from child health clinics and school board examinations.

- people who are eligible for hospital services because of EU Regulations.

- women receiving maternity services.

- children up to 6 weeks of age.

- people with hepatitis C who have a Health Amendment Card.

- people who are part of the Redress Scheme for Women Resident in Certain Institutions.

As announced in Budget 2022, funding has been provided for measures to alleviate the financial burden of hospital charges incurred for children accessing care. Further details of the proposed amendments to hospital charges for children will be announced in due course.

It should be noted that patient charges are a key element of the overall funding envelope of the Irish health system and are taken into account when agreeing the Annual Estimates and the subsequent preparation of the annual National Service Plan.

Catherine Murphy (Kildare North, Social Democrats)

Link to this: [Individually](#) | [In context](#)

214. To ask the Minister for Health if he will provide a schedule of the amounts directly collected by all HSE hospitals and primary care centres in respect of car parking charges for visitors and patients in 2019, 2020 and to date in 2021; if he will also provide the amounts collected by contracted companies to run and manage car parking facilities at HSE hospitals and primary care centres for the same time period; and if he will provide the dividend received by the HSE from private car parking management companies in respect of car parking at HSE sites in 2019, 2020 and to date in 2021. [50337/21]

Stephen Donnelly (Wicklow, Fianna Fail)

Link to this: [Individually](#) | [In context](#)

As this is a service matter, I have asked the Health Service Executive to respond to the deputy directly, as soon as possible.

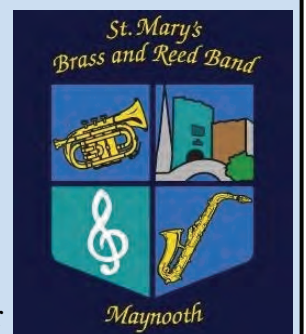
*Christmas Melodies
from Maynooth*

**St. Mary's
Brass and Reed Band**

with Special Guests
**Maynooth Parish Choir
Presentation Girls' School Choir**

St. Mary's Brass & Reed Band

The biggest disappointment of the year for the Band was the postponement of the Anniversary Reunion planned for 12th November due to the concerns around the surge in Covid numbers which have risen even more dramatically since the decision was taken. Hopefully the Band will be in a position to celebrate in 2022 when everything is back to normal.

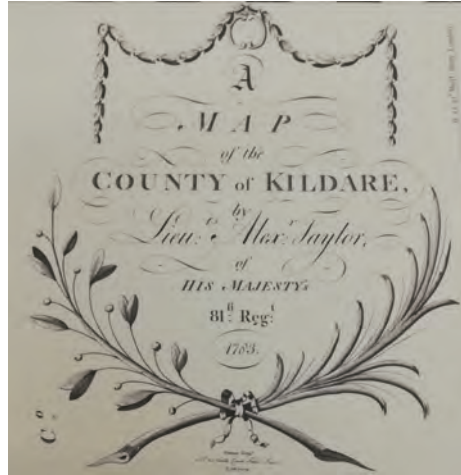


The Covid restrictions are also affecting our Annual Mass for Deceased Members which normally takes place at this time but there will be a scaled down tribute to former members who have passed away on Sunday 21st November at the 10'clock Mass. We are still hoping that Covid numbers will allow our December Christmas Concert to go ahead but we will be in a better position to update you on this in the next issue of the Newsletter.

The one piece of good news this month is that the Maynooth Bookshop on the Main Street have kindly agreed to sell our Christmas CD from 1st November and if you cannot get to them just call 087 2537 906 and we will organise a copy for you. It's a particularly good Christmas Present for anyone living abroad to remind them of Maynooth at this time of the year.

Alexander Taylor's Map of Kildare 1783

Alexander Taylor (1746–1828), military engineer, surveyor, and cartographer, was born in Aberdeen, Scotland. He first worked as a land surveyor in Scotland, after which he joined the army in 1777 and served as a lieutenant in the 81st Foot before moving to Ireland and transferring to the Royal Irish Engineers in 1778. His brother George (1748–1836) also worked as a surveyor and cartographer and Alexander collaborated with him and Andrew Skinner in surveying Irish roads for their book *Maps of the roads of Ireland* (1778); he also worked with them in their survey of Co. Louth, also published in 1778. In March 1780 he published a prospectus in the *Dublin Evening Post* proposing to survey Co. Kildare and draw a new two-inch map of the county. During the next two years he raised 630 guineas (£661. 10s.) in subscriptions for 400 copies of the new map, finally going to print in 1783.



Similar proposals in 1785 and 1792 for Co. Down and Co. Longford respectively did not materialise due to the pressure of work when Taylor was promoted to work with Charles Vallancey on the military survey of Ireland. In 1800–09, Taylor was commissioned by the government to survey and lay out a new road which became commonly known as “the Military Road” (36 miles long, from Mount Venus, Rathfarnham, Co. Dublin through the Dublin and Wicklow mountains to Aghavannagh, Co. Wicklow). In 1805 he was appointed under the Mail Coach Roads Act of that year, at a salary of £500. Over the following 10 years, he planned and supervised surveys of over 2,000 miles of roads which formed the backbone of the Irish main road network for almost 150 years.



Duke of Leinster Crest

Major Taylor also had his own business interests. In 1787, along with his brother George, he became a member of the Kilcullen turnpike road committee and commissioned a new survey of the road. Under their administration, the return from this toll road improved dramatically. Taylor also had rights to the mail contract, which he exchanged for Anderson's interest in the toll-road (1804). This left the administration of the Kilcullen toll-road in the hands of the two brothers, who prospered as a result.

Alexander married Elizabeth Bonner of Naas and the couple lived there in 1787 before eventually moving to Charlemont Street in 1796. It is not believed that they had any children. When he died in 1828, his sole heir was his brother, George, and in 1826 he had signed over his interest in the Kilcullen toll-road to his godsons. He was buried in the cemetery at Maudlins, Naas, Co. Kildare, where a headstone records

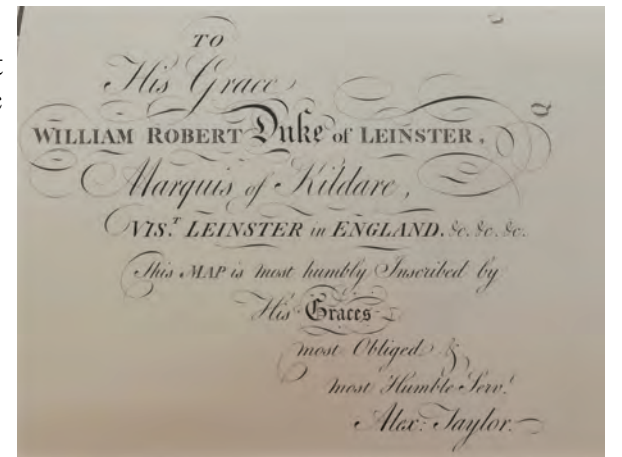
his name, army rank and his association with the Irish corps of engineers. It gives his age as 82 years. Some of his manuscript maps are in the NLI and also in the British Museum, which holds his draft map of the Wicklow military road.



A facsimile of the map of Kildare was produced by the Royal Irish Academy in 1982. An essay by John Andrews (consultant editor of the Irish Historic Towns Atlas project) accompanies the map which gives a detailed account of Taylor's career, surveying methodology and the production of the map.

The finance for the project was subscription based, with a view to

producing 400 copies of the map, although it is not known how many were sold. While it appears that Taylor was the publisher of the map it was the local landowners and Dublin businessmen who undertook the financial responsibility. The Grand Jury also had a role in giving monies, and having oversight of the project with the surveyor. All of the conditions were laid down by Taylor which are detailed in Andrew's essay. The beautiful engraving of the map was carried out by Mr. Downes of Fetter Lane, London.



It is not surprising that the map of Kildare was dedicated to the Duke of Leinster and includes two views of the historic castle of Maynooth. The Duke of Leinster of Carton as well as being the most important nobleman in Ireland at the time, was also one of the people in charge of subscriptions for the map.

Sources: Dictionary of National Biography: Alexander Taylor by Brendan O Donoghue and David Murphy.

J.H Andrews: Taylor's Map of Kildare (Royal Irish Academy, 1982)

Article by Susan Durack



Maynooth, Barony of North Salt, Kildare

Joe's Jotter: Six ACE Pointers to Help Settle you Back into Revision

Students,

As we reach the end of our first month in school, you may be struggling to return to some kind of a revision routine. Here are six useful signposts for all students to get you back into the swing of completing homework and revising classwork.

1. Take regular breaks.

Yes, really! Taking short five-minute breaks every thirty minutes should keep you fresh and focused. However, make sure that five minutes doesn't turn into an hour! Go for a short walk, call up a friend or have a snack and then come back to your work on time. Some studies have found that having a natter with friends can have a positive effect on memory and laughing increases serotonin (the body's chemical that makes you happy). It is important to leave your study area during your breaks to get a change of perspective and return with renewed energy for the next session. Enjoyable breaks will allow you to become more efficient with your study blocks. Setting mini targets like completing a long exam question followed by a prolonged break is a smart way to operate.

2. Stay alert and interested.

When reading, it is a good idea to make notes or highlight key terms. I believe you should always revise with a pen at hand. I feel that just by reading a piece of text, you are not actively engaging with it. In my experience, you will remember more by summarising it or even just by making markings with a red or green pen on the page. This method keeps the brain tuned in to the task at hand. Other learning methods you might consider for variety include YouTube videos, online quizzes, or creating mind maps. If you find yourself struggling to stay alert, you are probably tired, and it may be time for a break or retirement for the evening.

3. Be ruthless with your notes.

Many students go to educational institutions after Christmas to boost their store of materials and, of course, their confidence. However, I have seen many students over the years become overwhelmed with too much material and they just end up getting swamped not knowing where to start. In subject areas you find difficult, reduce your material into manageable, thought provoking snippets. If you take notes in class, make sure to date and keep them for revision later. Dig out last year's material requiring revision at this point. It is important to keep a record of what topics you have done in class and how long your teacher has spent on them. This will ensure you are clear on what has been covered and what still needs to be investigated. Being persistently consistent in relation to your notes is a big factor in doing well in exams.

4. Set goals and keep records.

Setting goals will help you monitor your study and will give you something to work towards. If you under perform in a class test, set a mini goal for your next test to improve by a certain percentage. In your school journal, write down all your goals and check them off as you complete them - name it a 'Junior Cycle or Leaving Cert

bucket list'.

Ultimately, use long-term goals to motivate you to ACE the short-term ones. Long-term goals might include a points target in your Leaving Certificate, a possible trip to third level or scoring that rewarding job later. A short-term

goal will help you get where you want to be long term. Reviewing the success of your short-term goals every two weeks will give you a sense of achievement. An example of a short-term goal could involve summarising and understanding a chapter from your book and completing a past exam question relating to it. All successful students do a small plan and set goals for themselves.

5. Earn your rewards.

Don't forget to 'have a life' as you develop a routine that works for you. Reward yourself after a long study session with a trip to the cinema or visit to your friends. Ultimately, reward yourself with breaks, taking a reasonable one after every good hour's work. There is nothing wrong with the odd bar of chocolate, ice-cream, or packet of gummy bears; everyone who has done something constructive deserves a little thank you. Earn rewards with each thorough revision session you complete. This will increase motivation and improve your overall revision output.

6. Start thinking about Past Exam papers.

Those of you in Exam years: Are you familiar with the layout of each exam paper and its marking scheme? If not, you need to get checking. You can source all the past exam papers in the 'Examinations Material Archive' section of the examinations.ie website. If you are doing exams in 2022 and haven't a set of exam papers for each subject, don't delay, get them today.

A large part of your revision should be to assess and practice answering questions from past exam papers (under time pressure) on the topics you have covered in class. Remember also that each subject's exam paper is different, so you need to get familiar with each one. You need to find out the exact layout and style of each individual paper. Is there a choice in sections? How many questions do you need to attempt in each section? Are there short/long questions or both? And most importantly, how long can you plan to spend on each individual question? Being super familiar with paper layout is key.

More details about Joe as a [Maths Tutor](#) for Junior Cycle and Leaving Certificate (2022), ACE Maths Assessments, and his Award winning [ACE Maths Solution Books](#) can be found via the links below.

W: acesolutionbooks.com/ace-maths-tuition
FB: facebook.com/JoeMcCormackEducationalExpert/



Joe's Jotter: How to become more Successful in Maths 2021

Grasping a subject of difficulty is always a big challenge for even the best students. One of those subjects is too often Mathematics. Maths seems to have developed a 'bad boy cred' over the last twenty years, but I feel things are getting better slowly and I know students feel more positive about it since the introduction of Project Maths in 2008. In general, I think students are enjoying the more practical approach in the subject since the changes. The existing course is however still quite long, and you need to box clever in order to pin it down. Many students are still trying to come to terms with the amount of words on Maths exam papers and indeed how they link to the concepts. I totally get this. However, I still believe you can learn to grasp key concepts without being born a Maths genius.

Can Anyone Be Successful at Maths?

People regularly ask me about this hypothesis, and I believe Maths is a subject everyone can do well in by being more open minded and willing to try different methods. For sure, your parents have a role to play here, so make sure and get them involved. Parents can get involved in homework from an early age and should be encouraged to send notes to the teacher if there is a particular area their child is struggling with. Above all, it is imperative that Parents pass on a positive attitude about Maths early in their child's development. A 'can do' attitude gives the student belief that they can face problems in the subject and come through them. Encouragement and positivity are the most constructive way any parent can help boost their child's 'Maths conviction'.

Maths is Learning by Doing

To me, Maths is a subject where you need to be continuously 'learning by doing' and the importance of attempting exam style questions cannot be underestimated. Reading through questions and text like you do in other subjects will not work in Maths and having access to a structured solution book for exam questions is important. Inevitably with some challenging questions in the subject, you will run into difficulties getting started and this is where having the first line or two of the

solution can be extremely helpful; a detailed solutions book is ideal for this. I believe that referring to the first part of a solution and then revisiting the question yourself is a very efficient way of developing key Maths skills. This technique isn't one much practiced in other subjects.

Skills That will Improve Your Maths

You must adopt different approaches in Maths; it is unique. A genuine attempt to start a question in Maths will allow you to gain momentum and progress to apply the concepts you have learned in class. In my experience, the biggest stumbling block to achievement in Maths is getting the question started; but a single grain of rice can tip the scales. In general, if you are finding it difficult to get started and feel lost in Maths, start by practicing the part (a) questions in your past exam papers and work your way upwards to part (b) and so on. If you are an exam student, go back on your 2nd or 5th year notes to refresh those key basics. The majority of students just fire notes from previous years in a corner. Past notes should be stored carefully for easy access later. It's amazing how much you will recall about what you wrote down and what advice your teacher gave you back then. Re-do some questions from then to start a Maths revision session. As you always hear me say, Algebra is jewel in the crown at all levels. Maths is about having a go, knowing the tricks, when to use formulae, consistent practice and really believing in your ability and the work you have done.

More details about Joe as a [Maths Tutor](#) for Junior Cycle and Leaving Certificate (2022) and his Award winning [ACE Maths Solution Books](#) can be found via the links below.

W: acesolutionbooks.com/ace-maths-tuition
FB: facebook.com/JoeMcCormackEducationalExpert/



Joe's Jotter: Guidance on How to Improve Your Motivation

Students, did you find being at home all the time during lockdown with no teachers or fellow students to encourage and motivate you challenging? Most did in fairness. Even us adults struggled greatly with the situation. The reality, however, is that a good chunk of your preparation will be done 'home alone' no matter what the circumstances. There are plenty of things you can do to maintain high spirits and decent motivation levels, both for home and school time. Have a read of this feature article and pick out two or three things you can implement that might improve your motivation levels and your attitude towards schoolwork and the homework/revision you do each evening.

Firstly, set up a Lifestyle (Study) Timetable with all different subjects, different subtopics, and different ways of learning each day. Start with a trial run for three days and tweak it as you go along. Secondly, challenge the brain to perform different types of tasks every thirty minutes, whether that be taking notes, writing bullet points, watching a YouTube video, listening to an audio file, or discussing a sub-topic on the phone with your friend. Variation in stimulus will trick the brain into maintaining concentration for longer. Mixing the above with regular breaks will alleviate boredom and increase productivity. These are definitely two starting points to drive the desire to be more successful, whether that be in a small class test or the final state exams for exam years.

Improving your Motivation at Home

Maintaining high motivation levels is an important element of getting any task completed. The first thing to realise is that you can achieve any goal by discovering ways to motivate yourself. The way we converse can sometimes reflect our motivation levels and can also increase them intrinsically, without us even knowing. Highly motivated individuals will use words like 'could', 'will', 'may', 'like to' as opposed to 'must', 'won't', 'can't' and 'need to'. Writing, considering, and repeating positive sentences out loud can improve motivation and reset a positive mind-set. Here are some examples of these sentences in the context of your exam year. You should re-write these into the back of your journal to reflect your own current situation and attitudes:

- I want to start preparing myself for the upcoming exams.
- I need to put a structured timetable in place.
- I'd like to get into Third level when I complete school.
- I should get my head in the books this week.
- I must start working hard to reach my short-term goals.
- I can achieve whatever I want through hard work.
- I will deliver brilliant exam scripts in this year's Junior/Leaving Cert.
- I will get organised and sort this out step by step.
- I know that I have plenty of ability.
- I must organise to share study notes with my friends.
- I can be as positive and as focused as anyone in my year.
- I am a good all-rounder.
- I am well able to take on this challenge.
- I am a force to be reckoned with.
- If it's meant to be, it's up to me.

Hearing about the study habits of others on Instagram or Snapchat can be a positive thing. Instead of feeling guilty about not being currently highly driven; use it to motivate

yourself.

The fact that there is someone out there competing against you, who wants your college place, should get you going and make you more determined.



Another motivating factor in your exam year is its length. The length of the school year is nine months, and with only a few months of that left now, you only really need to raise your game for that short period. Do you fancy repeating the year while your friends head off to college or employment? Not too appealing I would imagine. Again, don't ignore these thoughts; instead use them as the driving factor every morning to 'get started', while always remembering It's never too late to step into your own greatness!

It's a nice idea to copy down your motivations into the back of your school journal, having a glance at them whenever you find yourself losing interest in your work. Having a role model friend who is very driven can also help you to fulfil your potential. Talk to as many former exam students as you can to find out how they navigated their path. Above all, I want you to compete against yourself and not anyone else. Use your previous results, grades, and recent comments from your teachers to strive for something more.

Accept the Things You Currently Cannot Change

As this point in time, you need to reflect a little about what kind of a start you have made to the year. Ask yourself now, "Am I on track to deliver a performance when the big day arrives?", "Will I feel better or worse if I do absolutely nothing over the next week?" It is worth remembering that you cannot change the past and it shouldn't limit you either. This week is a good time to start. I always remind my students that you can only shape your future through present actions. Start again tomorrow if today didn't go so well. Move on and accept. For me, the prayer of serenity comes to mind here:

"Accepting the things, I cannot change, courage to change the things I can, and the wisdom to know the difference"

Having a bad day may commence a negative thought process: "I'll drop down to pass or foundation to concentrate on other subjects". You need to guard against one lapse destroying your desire to achieve at a given subject. A bad day is not a bad week and remember that this is a long-term project. However, there are things that you can control, including, keeping yourself as healthy as possible by eating well, exercising, and completing those timetabled revision blocks you put in place.

In summary, find out what motivation techniques work for you and repeat them. Try not to worry about what you cannot control. At the minute, you have no control of when the exams will happen or even when you will be back in school. Your job now is to settle into a good revision routine at home. You can only do your best so try not to be too hard on yourself.

More details about Joe as a [Maths Tutor](#) for Junior Cycle and Leaving Certificate (2022), ACE Maths Assessments, and his Award winning [ACE Maths Solution Books](#) can be found via the links below.

W: acesolutionbooks.com/ace-maths-tuition

FB: facebook.com/JoeMcCormackEducationalExpert/

Joe's Jotter: The ACE Guide to Exam Preparation at Home (Feature 1 of 6)

Being able to work alone is becoming an even more important skill, as third level institutions increasingly develop their online learning platforms. Getting used to notetaking and revising at home, however, is proving challenging for many students. In school, your subject teachers are present to keep you on task, class-by-class each day. This contrasts sharply with the amount of distractions and 'extra-curricular' activities vying for our attention at home.

This feature article contains recommendations and practical advice to get that revision routine going at home. Preparing notes and revising at home is alien to most students unless they have been home-schooled. These guidance articles, which come in six parts spread over the year, will provide you with tools and ideas to help you get organised, advise you on motivation and explore the role your parents may have during 'home revision' periods.

Next Day's Plan

From an exam student's point of view, the first thing you need to look at each night is your plan for the next day. If your plan is to 'do a bit of study', a large part of the day could well pass you by. At this stage you need to develop your own workable home routine. To do this, I would recommend getting up at the same time, showering and having a structured plan for revision, meals and breaks to facilitate that pattern you need. Organising yourself the night before is key. Knowing what to expect the next day will increase your productivity.

Learning Successfully at Home

To learn successfully at home, you need to investigate new ways of finding and using material online, including being familiar with new software and websites. You will definitely need to be more self-disciplined and more efficient at managing your time than ever before. Planning next day's 'Revision timetable' each night with thirty minute blocks for each sub-topic will certainly help. Use breaks and little rewards to motivate yourself.

With your teachers not around, you will need to challenge and motivate yourself minute-by-minute, hour-by-hour. Hopefully you will look back later and view these changes you have made at home as a positive period in your life. Without knowing it, you will effectively be turning yourself into independent thinkers and learners, and these skills will stand to you at third level and in the world of work to come. Even during term time, there is only so much your teachers can do for you. You must do the bulk of your summaries, testing, revision, and keynotes at home alone.

Your Study Area

Ask yourself the following questions: Is my revision area free from distractions, comfortable, and spacious? Is there natural light in the room and is the desk and chair I am using the right height for me? Is my study desk full of 'non educational material' or is it clutter free? Is this a place to prepare notes and learn? Your answers to these questions will indicate if you need to make changes to this area or not. Up to now, your study area was only used for three to four hours each evening, but now it may be required more, and you need to ensure you are happy with how it is setup. Ideally, I would locate my revision area outside the bedroom, in order to disassociate revision with sleep. Depending on your circumstances, all of the above may not even be possible - but just do what you can. Link in with your parents to try and get as many of these elements in place as possible. I will publish the five subsequent parts of this feature at Christmas, February Mid-term, Easter and just prior to June's State Exams. Stay tuned for more useful Insights on 'Revising at home' as time progresses.

More details about Joe as a [Maths Tutor](#) for Junior Cycle and Leaving Certificate (2022), ACE Maths Assessments, and his Award winning [ACE Maths Solution Books](#) can be found via the links below.

W: acesolutionbooks.com/ace-maths-tuition

FB: facebook.com/JoeMcCormackEducationalExpert/



Joe's Jotter: Parents and Primary School Children: Working in Harmony

With Primary school students having spent much time recently learning from home, parents are now taking a greater role and interest in their children's education. This is a difficult task, as many parents are working from home and trying to support their child's learning also. Creating a consistent routine, keeping positive, keeping calm, putting rules and consequences in place, allowing time for your child, talking to and reassuring them are all factors that will contribute to producing a more harmonious learning environment. I have worked with a Primary Teacher to develop this feature and I hope you will find it helpful as we move to a new normal and different ways of learning and communicating. In this feature I have included some areas we consider important to you as a parent at difficult times like these. I hope they are of some help and create a safe, happy and loving environment for your child.

It is important to plan a daily structure and involve your child in this process. With your child, sit down together and draw up a balanced timetable of learning, fun and breaks. A child will follow a timetable better if they help plan it and this will also build their confidence. In doing this you are giving them a level of ownership to attempt to improve their daily routines.

Tips on planning a routine and timetable

- Set times to get up and go to bed
- Agree a timeline including structured work, recreational/practical activities, and breaks
- Choose activities the child enjoys
- Plan short sessions e.g. 20 mins and always allow flexibility. There is no set time if the learning is balanced and varied
- Identify times you can work with them and times they can work independently
- Aim to include movement breaks regularly throughout the day
- Ask your child what they like to do and include this in the daily schedule
- Introduce a positive reward system e.g. choice time, sticker chart, treats etc
- Decorate the timetable and display it at your child's eye level

Supporting Schoolwork at Home

Junior Infants – 2nd Class

The best way to support children of this age is to:

- Sit with them as they work
- Work for short intervals
- Take movement and snack breaks
- Use the outdoors to break away from tabletop tasks
- Use a reward system
- Encourage your child to focus on the task in front of them
- Read words/questions carefully
- Form letters correctly
- Check correct pencil grip
- Have concrete materials readily available for number work
- Provide practical experiences for Maths work, e.g. Shapes around me, weighing food from the cupboard, counting, checking etc
- Challenge them by asking different types of questions in various subject areas
- Try and relate topic areas to your child's own experiences
- Always give praise and encouragement

3rd Class – 6th Class

- Allow children to work independently as much as possible
- Offer support and assistance as needed
- Assess learning by observing, questioning, and correcting work

- Monitor presentation of work and handwriting
- Look at their school workplan beforehand to familiarise yourself with the different subject areas
- Use age appropriate actions from the 'Junior Infants - 2nd Class' list above



Outside the Classroom

It is important for your child to enjoy free time and activities they have fun with. Here are a range of activities that you and your child can choose from:

- Practice how to keep safe during Corona virus spread
- Exercise, sport, games
- Imaginative free play
- Fine motor skills: Lego, play dough, beading, building blocks and cutting
- Linking in with loved ones and friends on voice calls and video calls as social interaction is very important
- Learn life skills: indoors and outdoors (Choose jobs that children can do)
- - Baking, cooking, gardening, (planting, weeding), setting the table, emptying the dishwasher, making their bed, tidying their room, folding clothes, sorting clothes, hanging out the washing, farming (safely) etc

Media and Online Time

It is important that your child has access to recommended online facilities during any school closures where possible. Ensure your child's safety online and set up parent controls on devices to monitor child's activities online. Below I will list some of the more useful websites you can work on with your child.

It's a good idea to link with the school and class teacher through email, in order to give and receive feedback and to send on work samples for assessment.

Twelve Useful Websites to Support You as Parents

helpmykidlearn.ie (Learning for all Age Groups)
 PrimaryScience.ie (Science)
 twinkl.ie/offer (enter the code IRLTWINKLHELPS)
 webwise.ie (Online safety)
 vooks.com (Literacy)
 starfall.com (Literacy)
 scoilnet.ie (All curricular areas)
 topmarks.co.uk (Maths)
 learn.khanacademy.org/khan-academy-kids (Words and Numbers)
 askaboutireland.ie (SESE)
 krokotak.com (Arts and crafts/colouring)
 positiveparentingsolutions.com (Parental Advice)

More details about Joe as a [Maths Tutor](#) for Junior Cycle and Leaving Certificate (2022), ACE Maths Assessments, and his Award winning [ACE Maths Solution Books](#) can be found via the links below.

W: acesolutionbooks.com/ace-maths-tuition

FB: facebook.com/JoeMcCormackEducationalExpert/



WHO IS MY NEIGHBOUR?

I give a few bob to various charities from time to time. Anonymously, there's no problem but if I identify myself I'll very soon be put under pressure to give more and not any "more" but the "more" that they'll specify. €14 a month will do this and €21 will do that and so on. Even when I set up a "standing order" they'll be back looking for more. Am I a soft touch? I'm not rich and it would be improper of me and an injustice to my family not to keep an eye on my own rainy day. A little aberration in one of those myriads of neurons, blood vessels or synapses in my brain might well leave me in need of permanent nursinghome care! And that's not inexpensive.

So what am I getting at? I'm wondering if these charities pooled their efforts and lobbied governments, companies, the United Nations and any organization where they can identify money and see what *they* might be willing to give to the starving in Tigra, in Afghanistan, in Yemen and forty other unfortunate countries or regions around the world. Get them to lobby politicians at home, in Europe. Let them find out where all the money being spent on arms, illegal arms, is coming from. As if arms should ever or could ever be really legal. Are any of my few shillings helping to prolong misery in any way? The cost of the begging mail that I get in the post cannot be inconsiderable! Why not direct it to areas of greater

promise for their various causes?

There is also, of course, the fact that a few of these charities have abused the confidence of their donors and money given in good faith has not had the donors' best intentions as its object. This tends to cause subscribers to think twice before handing over precious euros!

What kind of a world are we promoting anyway where war and arms and rockets and nuclear submarines appear to be far more important than food and drinkable water and basic medicine? It's certainly not the world that Jesus envisaged. By the way I notice Médecins Sans Frontiers needs a year's donation of €21 a month to send a doctor into the field for 3 days! I would like to see that expense itemised.

About time all this was looked at globally by some very keen-eyed rebel. Of course, maybe I am a mean fellow and don't come near to giving as much as I should to those who have nothing. Perhaps I'll write to Dennis O'Brien or Jeff Bezos or Elon Musk? Or even to Frank Hanna 111 or Tim Busch. The latter two spend so much money trying to undermine Pope Francis, possibly they could diversify? But then would my letter be opened? It's worth a try!

GM

LIAM DUFF
CRASH REPAIRS

 **Call (01) 628 7434**
e-mail: info@liamduffautos.ie
web: liamduffautos.ie

VEHICLE RECOVERY	CRASH REPAIR	TYRE SERVICES
24 Hour Vehicle Recovery 087 257 9400 087 929 1719	Crash Repairs CSS Approved Complimentary Ozone Sanitisation before & after repair.	Tyre Fitting Service Laser Wheel Alignment Puncture Repairs

Liam Duff Crash Repairs, Gragadder, Kilcock, Co. Kildare



Mary Cowhey & Company Solicitors

Suite 2/3 Manor Mills
Maynooth
County Kildare

Motor & Work-Related Accidents

House Purchase/Sale
Wills, Probate
&

Administration of Estates
Family Law, Divorce, Separation

Telephone: 6285711
Fax: 6285613

E-mail: info@marycowhey.com
www.marycowhey.com

BRADLEY Plumbing & Heating

No Job too Small

Showers Replaced
Showers Installed - Triton, Mira etc.
Kitchen Taps/Basin Taps
Outside Taps Fitted

Boiler Installation
Cylinders, Immersions, Radiators
Attic Tanks, Basins
Baths & WC Replaced etc.

Bathroom Renovations
Shower Doors, Shower Screens Fitted

Paul Bradley
087 959 8840

Watkins Tile Centre Main Street Leixlip

***"We have you covered
for all your ceramic
wall & floor tiles"***

Opening Hours:
Monday to Friday
9.00 am - 5.00 pm
Saturday
9.00 am - 3.00 pm

Closed during the week for lunch 1pm -2pm

**One Stop Tile Shop with a huge
selection of wall & floor tiles**

Catering for everyone with a personal touch!

Telephone: 01-6245560



New Term Draw & Paint Classes for Adults Starting Mid November

Adults Online Courses Thursday Evenings via Zoom

Adults In Person Courses Fridays/Saturdays
Maynooth Co. Kildare

All Levels – All Mediums - Demonstrations Given

For Full Information & Booking see
ninapatterson.com
or email Nina.ninapattersonart@gmail.com
Phone: 0872977797



Kennels, Grooming And Day Care

Animal Physio & Hydro Therapy

Cooldrinagh Lane
Weston, Leixlip,
Co. Kildare

Tel: 087 8046168
Email: topdogsgroom@yahoo.com
www.topdogsgroom.com

Kildare Planning Applications for Maynooth Area

Planning Applications received from 29/09/2021 to 27/10/2021 - Information from Kildare County Council Website

App #	Authority	Applicant Name	Development Address	App Date
211545	Kildare County Council	Sarah Hanlon	512 Newtown Road, Maynooth, Co. Kildare.	27/10/2021
211531	Kildare County Council	Patrick O'Flaherty	Kilmacredock Upper, Maynooth, Co. Kildare.	22/10/2021
211504	Kildare County Council	Peter Robinson	Crinstown, Maynooth, Co. Kildare.	18/10/2021
211498	Kildare County Council	Roger Satchwell	Maynooth Fisheries, Mariavilla, Dunboyne Road, Maynooth, Co. Kildare.W23 VF40	18/10/2021
211489	Kildare County Council	Greenshannon Developments Ltd	279 & 280A Old Greenfield Road, Maynooth, Co. Kildare.	15/10/2021
211494	Kildare County Council	Matthew Carey	Ballygoran Road, Moneycooley, Maynooth, Co. Kildare.	15/10/2021
211452	Kildare County Council	Ronfar Limited,	Units 30A & 30B, Carton Retail Park, Maynooth, Co. Kildare.	08/10/2021
211440	Kildare County Council	Mason Homes Limited	Castlepark, Dunboyne Road, Maynooth, Co. Kildare.	06/10/2021
211441	Kildare County Council	Aislinn Mooney	No. 22 Parklands Court, Maynooth, Co. Kildare., W23 F8N9	06/10/2021
211415	Kildare County Council	John O'Sullivan	4 The Lawn, Moyglare Abbey, Maynooth, Co. Kildare.	01/10/2021
211402	Kildare County Council	Paul Browne	No 17 Leinster Wood, Carton Demesne, Maynooth, Co. Kildare. , W23 X9T1	30/09/2021
211397	Kildare County Council	Mr James Hoare	Dowdstown, Maynooth, Co. Kildare.	29/09/2021

November 2021 Crossword - No. 507

1		2		3		4		5		6		7
8						9						
10								11				
12				13			14			15		
						16						
17		18				19						20
21								22				
23						24						

Clues Across

- | | |
|-------------------------------|-------------------------------------|
| 1. Chronicle (7) | 17. Hackneyed (5) |
| 5. Proverb (5) | 19. Facets (7) |
| 8. Graphic (5) | 21. Gullibility (7) |
| 9. Cautionary advice (7) | 22. One of the senses (5) |
| 10. Help grow and develop (7) | 23. Larceny (5) |
| 11. Free of impurities (5) | 24. Unprocessed or manufactured (7) |
| 12. Neckband (6) | |
| 14. Systems of principles (6) | |

Solutions to Crossword No. 506

G	E	L	I	D		P	A	S	S	E		M
A		E		I		E		H		N		E
L	I	A	I	S	O	N		E	X	T	R	A
L		D		C		C		L		I		N
A	I	S	L	E		I	L	L	I	C	I	T
N				R		L				E		
T	A	L	E	N	T		R	I	D	D	L	E
		A				M		D				N
D	U	C	T	I	L	E		I	R	K	E	D
E		O		D		R		O		I		L
L	A	N	C	E		I	N	T	E	N	S	E
T		I		A		N		I		G		S
A		C	E	L	L	O		C	O	S	T	S

Clues Down

- | | |
|--|----------------------------------|
| 1. Oasis (5) | 12. Piece of furniture (7) |
| 2. More than two or three but not many (7) | 13. Complaint (7) |
| 3. Of long duration (3) | 15. Tooth (7) |
| 4. Gaped (6) | 16. Ravine formed by a river (6) |
| 5. Fruit (7) | 18. Racket (5) |
| 6. Stage whisper (5) | 20. Hex (5) |
| 7. Machines (7) | 22. Toddler (3) |

Difficult

Sudoku Challenge

Super Difficult

						3	1										8
			6	5	4							7				1	9
9							4	8					8		2		3
	8	7		9	1						6			4		3	
	3	1	4		6	9	8			1	9		3		5	4	
			3	2		4	7			7		6			8		
8	6							7		3		8		9			
			8	3	2					5	2			1			
	9	3								1							

If you have access to a printer and wish to complete the Crossword and/or Sudoku for fun you can print the single page by going to File -> Print and print the single page number (27) only.

Junior Puzzle Corner



Children's Colouring

If you have access to a printer and wish to complete the colouring or Puzzles for fun you can print the single page by going to File -> Print and print the single page number only.

Be sure to avoid printing ALL the pages of the Newsletter unless you intend to do so.

COLOR WORD SEARCH



HINT: The first letter of the word begins with it's color!

red	green	brown
blue	pink	white
yellow	orange	



When the World turned upside-down

*The day when the world
turned upside down:
when a frown became a smile
and a smile became a frown.*

*When the mice chased the cats
the cats chased the dogs.
The dogs laughed out loud
at the pink and yellow frogs.*

*When you went to bed in the daytime
and got up at night.
When birds caught the school bus
and the cows took flight.*

*When the moon came out
in the middle of the day
and all of the ocean's fish
rolled around in the hay.*

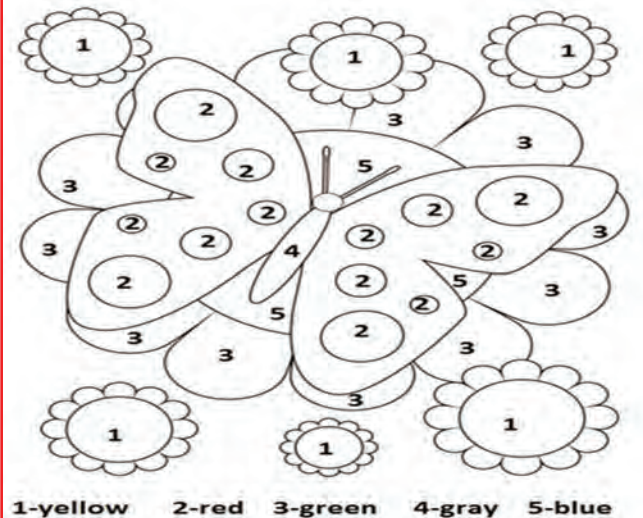
*When the children ruled the world
and ice cream was for free
and the elephants shrank
to the size of a flea.*

*When the grass rained lollipops
up to the sky.
When you wanted to laugh
but could only cry.*

*When magic beans were real
and giants very small,
you would eat spiders legs
so you could creep up the wall.*

*This all happened when the
world turned upside down
after I went to bed
with a smile - not a frown.*

(Source: <https://www.familyfriendpoems.com/poem/when-the-world-turned-upside-down>)



Help the spaceship to fly
to the Moon and then return to the Earth



November Gardening

Our leaves are falling as well as our temperatures

Isn't there always something to be doing in our gardens, be it pruning, tidying or sowing/planting. Nevertheless, there is something easy about our gardens in November, it's our time for reflection but with one eye on the forthcoming year. Some people think that Autumn is the time to hack everything back before winter really sets in, however, it's actually not a good time to prune many trees and shrubs, better done in late winter or early spring.



Cherries if pruned are vulnerable to silver leaf disease, then evergreens are usually tackled in early spring after flowering. Beech, Hawthorn, Hazel, Climbing and Shrub Roses like to be pruned right now.

I think, being out there in the garden is therapeutic in itself even if one achieves nothing. Honestly, I simply cannot imagine life without plants and flowers, even one single beautiful bud to look at, to admire near you, on your desk speaks volumes. Different plants and different scents evoke different emotions.



Early November

Try to finish off bulb planting soon. In fact this is a great time to be planting tulips but if your soil is heavy put some coarse grit into the planting holes.

Mid November

Check tree stakes and ties before winter winds cause damage. Plant bare root hedging plants. Grass growth generally slows down a little this month, so only give your lawn a light mowing if the grass is dry.



If you have not already done so, treat the lawn to a dose of autumn lawn fertiliser and aerate it. This treatment will pay dividends in the spring.

If your garden is lacking colour plant some winter flowering shrubs now. Sow fast maturing carrots, radishes, winter hardy salad onions etc. in the greenhouse for April harvest. Clean patios and concrete paths to remove potentially slippery moss and algae.

Late November

Garden birds benefit from extra feeding all year round, but it is especially important in the winter months. Try to put out appropriate food for the species living in your garden and make sure that water is readily available too.



Prune free standing apple and pear trees after leaf fall. Begin washing pots and trays in disinfectant ready for the new sowing season.

November Gardening Tips

Shorter days, darker evenings mean only one thing its officially Winter!

We hope you will find these November gardening tips helpful to guide you through the beginning of Winter!

In General

Rake leaves and make leaf mould or compost. Clean, sharpen, and oil garden tools.

Finish *winterizing* you water garden.

Start *forcing* bulbs like *paper whites*, *hyacinth* and *amaryllis* for the holidays.

Add *organic* matter to beds.

Cover *compost* so that rain doesn't flood and leach the nutrients.

Keep weeding

Check that indoor plants are receiving enough water, humidity and air circulation. Cut back the yellowing foliage of *herbaceous perennials*, and lift and divide overcrowded clumps to maintain their vigour.

Now is a great time to prepare a perennial vegetable bed which can be planted up with *rhubarb crowns*, *asparagus crowns* and now is the ideal time to plant *currant bushes* whilst they are dormant. Once plants are dormant, it is a good time to **lift and relocate** any plant that you want to move.



Sweep paths and surfaces regularly. In "Open" gardens you have to do this on a daily basis. In winter try and do all the surfaces visible from the house fairly regularly to avoid the drab, neglected look.

Chopped or left whole, leaves make an excellent mulch for vegetable crops, they suppress weeds and retain soil moisture.

Gather up fallen leaves from around the base of rose bushes which suffered from blackspot or rust this summer, to reduce the chance of infection next year.

Chicken Stew

Ingredients

- * 2 tbsp. butter
- * 2 large carrots, peeled and sliced into coins
- * 1 stalk celery, chopped
- * Kosher salt
- * Freshly ground black pepper
- * 3 cloves garlic, minced
- * 1 tbsp. all-purpose flour
- * 1 1/2 lb. boneless skinless chicken breasts
- * 3 sprigs fresh thyme
- * 1 bay leaf
- * 3/4 lb. baby potatoes, quartered
- * 3 c. low-sodium chicken broth
- * Freshly chopped parsley, for garnish



Method:

1. In a large pot over medium heat, melt butter. Add carrots and celery and season with salt and pepper. Cook, stirring often, until vegetables are tender, about 5 minutes.
2. Add garlic and cook until fragrant, about 30 seconds.
3. Add flour and stir until vegetables are coated, then add chicken, thyme, bay leaf, potatoes, and broth. Season with salt and pepper. Bring mixture to a simmer and cook until the chicken is no longer pink and potatoes are tender, 15 minutes.
4. Remove from heat and transfer chicken to a medium bowl. Using two forks, shred chicken into small pieces and return to pot.
5. Garnish with parsley before serving

Chicken Schnitzel

Ingredients

- * 4 boneless, skinless chicken breasts
- * Kosher salt
- * Freshly ground black pepper
- * 2 large eggs, beaten
- * 1/2 cup all-purpose flour
- * 1 cup breadcrumbs
- * 1 lemon, cut into wedges
- Parsley, optional



Method:

1. Cut each chicken breast lengthwise until you have two thin halves of chicken breast.
2. Place one breast in a large plastic bag or under plastic wrap, and pound with a tenderizer or heavy bottomed pot until the chicken breast is about 1/4 inch thick. Repeat this for each breast until you have 8 cutlets. Season with salt and pepper.
3. Fill a large saucepan with about 1/4-inch of oil and heat to 350°. To set up your dredging station, have one plate full of each of the three breading ingredients: flour, eggs, and breadcrumbs.
4. Moving quickly, place one cutlet into the flour and flip, covering the cutlet with flour, then move to the egg and do the same. Finally, place the cutlet into the breadcrumbs to coat, but do not press breadcrumbs into the meat—classic schnitzel has very light breading. Repeat this with as many cutlets will fit in your pan without overcrowding. Do not bread all of your cutlets at once, or the breadcrumbs will become oversaturated with egg and keep the cutlet from becoming crispy.
5. Carefully drop the cutlets into your oil and fry 2 to 3 minutes on both sides or until the cutlet is crispy and golden brown. Move to a paper towel lined plate and immediately season with kosher salt. Repeat with the remainder of the cutlets.

Quick and Easy Brownie

Ingredients

- * 1 cup butter, melted
- * 2 cups white sugar
- * 1/2 cocoa powder
- * 1 teaspoon vanilla extract
- * 4 eggs
- * 1 1/2 cups all purpose flour
- * 1/2 teaspoon baking powder
- * 1/2 teaspoon salt
- * 1/2 cup walnut halves

Directions:

1. Preheat the oven to 175 C. Grease a 9x13 inch pan
2. Combine the melted butter, sugar, cocoa powder, vanilla, eggs, flour, baking powder and salt.
3. Spread the batter into the prepared pan.

4. Decorate with walnut halves, if desired.
5. Bake in preheated oven for 20-30 minutes or until a toothpick inserted in the center comes out with crumbs, not wet.
6. Cool on wire rack.





FILM/DVD MONTHLY BY BERNIE CLAXTON

Must-See Movie Classics



CASABLANCA (Michael Curtiz, 1942)



Set in wartime Casablanca, Rick Blaine's (Humphrey Bogart) nightclub is an oasis for refugees of all kinds. But things take an unexpected turn for Blaine when an ex-lover (Ingrid Bergman) and her Resistance fighter boyfriend show up. **Casablanca** is an instant classic combining patriots, Nazis, romance, heroism, music and humour to spellbinding effect. The Bogart/Bergman magic - 'We'll always have Paris' - is the glue that holds it all together to make a memorable movie classic.

SCHINDLER'S LIST (Steven Spielberg, 1993)



In German-occupied Poland during World War II, industrialist Oskar Schindler gradually becomes concerned for his Jewish workforce after witnessing their persecution by the Nazis. A movie about the Holocaust is almost guaranteed to be poignant. The sadness and symbolism build throughout the film so that you become engrossed in what happened and why it matters so much. The black and white photography is powerful & evocative of the era. Spielberg introduces colour in one brief, devastating and unforgettable moment half-way through the film. Liam Neeson gives a stunning career-best performance as Schindler. The haunting soundtrack will stay with you forever, as will this heart-wrenching classic film.

SINGING IN THE RAIN (Gene Kelly, 1952)



This MGM musical classic is a glorious, feel-good, toe-tapping tribute to the silent era of cinema. Comden and Green's screenplay is upbeat, funny, sparkling and there's never a dull moment in the movie. It was the vivacious Debbie Reynolds' film debut, and makes the most of every

moment she's on screen. Dance maestro, and director, Gene Kelly guides the 19-years old Reynolds through the energetic and demanding musical numbers with stylish aplomb! Donald O'Connor makes up the trio of stars and is a delightful scene-stealer whenever he's on screen. Special mention must be made to Jessica Cogan also, who's turn as the croaky silent film star, Lina Lamont, is frequently hilarious. Of course, the title number where Gene Kelly, sings and dances in the rain has become an evergreen classic. **Singing in the Rain's** sheer *joie de vivre* will bowl you over!

CITY LIGHTS (Charlie Chaplin, 1931)



Charlie Chaplin's genius and creative vision as a filmmaker remains awe-inspiring and unparalleled. He wrote, directed, produced, edited and starred in all his movies, which he also scored with an orchestra. **City Lights** follows the Tramp (in a series of comic pantomime skits) as he resorts to various hapless schemes to make money. Chaplin, unwilling to give up the visual techniques he'd mastered, insisted on making **City Lights** a silent film even as 'talkies' were becoming the norm in the 1930s. As ever, the star had the last laugh: not only was the film a huge commercial success, it also ended on the most heart-breaking close-up in cinema history - no dialogue required to convey lacerating pathos. A genuine must-see classic.

LA LA LAND (Damien Chazelle, 2016)



La La Land takes place in the city of dreams and single-handedly revived the flagging musical genre. It tells the love story of two aspiring LA artists, a musician (Ryan Gosling) and an actress (Emma Stone). It's a joyous homage to the musicals of the golden age of Hollywood. Kicking the film off on a high note is a dazzling six-minute song-and-dance number that goes down in the middle of freeway traffic. It's pure cinema at its exuberant best! Emma Stone won an Oscar for her superb performance as the struggling actress with dreams of Hollywood fame. Stone and Gosling have amazing chemistry on screen and Justin Hurwitz's gorgeous, exhilarating upbeat score gives the actors plenty of opportunity to show off their irresistible dance moves and vocals throughout the film. It's a shame the movie missed out on a Best Picture Oscar though, as it was easily the best movie of 2017. A modern classic.

THE APARTMENT (Billy Wilder, 1960)



No classic movies list would be complete without a Billy Wilder movie. This 60s romantic-comedy follows the tangled world of insurance clerk C.C. Baxter (Jack Lemmon), who lets executives at his work place use his apartment for affairs, as a means to climb up the corporate ladder. However, things take a complicated turn when Baxter's boss (Fred MacMurray) brings home a girl (Shirley MacLaine) for whom Baxter has feelings of his own. **The Apartment** features sparkling, comic performances from both Lemmon and MacLaine, at the height of their acting powers. It even spawned a Burt Bacharach musical. During filming, Wilder only gave MacLaine 40 pages of the script so she wouldn't find out how the story ended. The corker of an ending is sublime, making it one of the best in cinema history.

VERTIGO (Alfred Hitchcock, 1958)



Vertigo is one of Alfred Hitchcock's most psychological and beautiful movies in his canon of thrillers. Nothing is as it seems in **Vertigo**. The story involves a police detective (James Stewart) who is hired to trail a friend's wife (Kim Novak) who's been acting strangely and may be at risk of harming herself. The otherwise routine job goes haywire as Stewart becomes increasingly obsessed with the woman. The likeable actor was cast against type as the troubled policeman. We practically see Stewart unravelling before our eyes in his sexual, romantic neurosis and fixation with Novak's character. At times, it can feel like we are on a hallucinatory trip aided by Hitchcock's stunning visuals and swirling camera work. The policeman's fear of heights provides many heart-stopping moments in the film. Bernard Herrmann's spiralling, haunting score is perfect for the story of obsession that unfolds. This Hitchcock classic will reverberate with you for a long time after the closing credits.

Answers to October's Halloween Quiz

1 b) 2 a) 3 c) 4 c) 5 c) 6 c) 7 c)

8 *The Blair Witch Project*

9 c) 10 d) 11 c) 12 c) 13 a) 14 b)

15 Robert Shaw

16 a) 17 a)

