

Maynooth Newsletter

Serving the people of Maynooth



Local News September 2020

Issue No. 494

Online Version

This publication is produced by Maynooth Community Employment Project, supported by the Department of Employment Affairs & Social Protection, which is funded by the Irish Government.
The views & opinions expressed in this Publication are those of the contributors.



SHOP LOCAL - EAT LOCAL - SPEND LOCAL - ENJOY LOCAL
Support Local Jobs - Keep Maynooth Working



In early August the death of John Hume was announced and with Covid 19 there was limited opportunity to mark his passing. The people of Ireland had already passed judgement on the importance of his work by voting him "Ireland's Greatest Person" in a poll in 2010 ahead of Michael Collins. John Hume was born in 1937 in Derry and came to Maynooth as a student seminarian in the late 1950s. While he didn't complete his clerical studies he did complete an M.A. before returning to his native Derry to start a career in teaching. His work in his community is well documented elsewhere but among his non-political activities was starting the Credit Union in Derry.



John Hume (1937 – 2020)

His political journey was a long one and I had the pleasure of being in his company on two occasions somewhat by accident to hear him talk with passion about bringing peace to Derry and Northern Ireland. In the mid 1980s I lived in Donnybrook in Dublin and together with my friends we were regular visitors to the Jesuit Fathers at Tabor House at the top of Belmont Avenue. The Jesuits had an open house for their neighbours so we were invited to all events that took place there. One night we were there and we were treated to a conversation with John Hume about his vision for peace in Northern Ireland. My second meeting with John Hume was the more public occasion in Ballina, Co. Mayo at the "Humbert Summer School" where I was invited to attend with a friend. John Hume was also there and at the end of the lectures the speakers and their friends adjourned for some social relaxation. Such an event involved some singing and we were treated to John Hume giving us a rendition of the Derry anthem "The Town I loved so well".

John Hume maintained his connection with Maynooth and in more recent years through the John & Pat Hume doctoral awards in Maynooth University. While excellence in academic course work and research is important additionally applicants for these doctoral bursaries are expected to have some prior non-academic engagement such as volunteering or outreach activities. In addition Maynooth University named a building on campus in his honour so more than many other places we will remember the significant work that John Hume invested in bringing peace to our Island. Perhaps his highest honour was a co-recipient with David Trimble the leader of the Ulster Unionists of the Nobel Peace prize in 1998.

Photo courtesy of foreignpolicy.com
Paul Croghan

We at Maynooth University are saddened to hear of the passing of John Hume. As an alumnus, teacher, and one of the architects of the peace process, his presence will endure on our campus as we remember him through the John Hume Building and John and Pat Hume Scholarships. We send our heartfelt condolences to his family and friends.



Pictured at the opening of the John Hume Building in Maynooth University: Pat and John Hume with Professor William Smyth.

End of an era in Greenfield Shopping Centre

After 36 years of service to the people of Maynooth renowned Craft Butcher Ger Mulcahy is set for retirement. The Board and staff of the Maynooth Newsletter wish him many happy years of retirement. Mulcahy's have been a great supporter of the Newsletter over many years and we thank Ger and his team for his support and service to our community over the years.

The business has been sold on to local man Tommy Delany and we wish Tommy and his team many years of success.

Speaking to the Maynooth Newsletter Gerry said "On behalf of myself & Caroline we would like to thank all our customers & staff from 1984 to 2020 for their support". He also wished the new owner, Tommy Delaney continued success for the future.



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The opinions and statements expressed in the articles are those of the contributors and not necessarily those of the Editorial Board. All materials to be included in the next edition of the Newsletter should be sent by e-mail or addressed to:

The Editor, Maynooth Newsletter,
Unit 5, Tesco S.C. Carton Retail Park,
Maynooth, Co. Kildare. W23 F9F7

Tel: 01-6285922

E-mail: office@maynoothcep.com - Website: www.maynoothcep.com

Letters to the Editor

Letters to the Editor, for publication, should be sent by e-mail to: editor@maynoothcep.com

Mission Statement

The Maynooth Newsletter is a community focused publication available free to the people of Maynooth. It plays an important role in gathering together, recording and distributing community based news.

We encourage all groups and individuals in the community to submit material to let us know about their activities and any upcoming events.

The Newsletter exists for your enjoyment and we hope you continue to enjoy your monthly read and keep us informed of your activities.

The Editorial Board endeavours to ensure independence and balance in the Newsletter content and reserves the right to omit/edit or abridge material which in its opinion might render the Newsletter as a promoter of sectional interests.

In addition we undertake the following:

- In the case of errors of fact we will publish corrections when we become aware of such.
- In the case of unwittingly or unfairly impugning the reputation of any person we hereby offer that person the right to reply.

Any contributor seeking further guidelines in this matter is invited to contact the Editorial Board.

Copy date for receipt of articles is published in the Newsletter. We must stress that material submitted after the copy date cannot be accepted.

Maynooth Newsletter Archives

The management and staff of the Maynooth Community Employment Project started a project in March 2011 to acquire and digitise all available issues of the Maynooth Newsletter dating back to 1975. These back issues along with current issues are available by following the archive link on our webpage - www.maynoothcep.com.

The Newsletter Archive can be viewed and searched in pdf format. In addition, there exists the capability to be able to search an entire year. Please be aware the single files associated with the year are larger and will take a little longer to load.

The Archive provides an important historical footprint of the Town and records the community profile of Maynooth from the mid-seventies to the present day. We hope you enjoy using it and that it brings back memories of people, places and times and that it equally provides an interesting insight to the development of the town and university for newly arrived members of our community.

Editorial Board - Maynooth Newsletter

Due to the current restrictions in place to combat the spread of the COVID-19 Virus we are unable to print & deliver the normal edition of the Maynooth Newsletter. The hope going forward is to produce this Online Version to keep people informed. All the community of Maynooth are invited to submit relevant content to: office@maynoothcep.com as we progress through these extraordinary times. If we mind ourselves and each other we will get through this and come out the other side a stronger community & country. Please bear in mind as the situation progresses we may be unable to produce the Online version.

Copy date for the next edition of the Maynooth Newsletter will be Tuesday 22nd September 2020

Editorial

Conscious that we may have readers of the "Maynooth Newsletter" one hundred years from now I have to start with a look back to August 2020. Since August 8th Maynooth and County Kildare has been subject to a regional shutdown in order to try to limit the spread of Covid 19 as the county had much higher numbers than elsewhere in Ireland. The restrictions meant that people living in County Kildare were required, unless for work or some other specified reasons, not to travel outside the county and likewise people from outside the county were required to restrict their visits to Kildare. Maynooth was well covered by media as these "partial lockdown" conditions had a significant impact on many local businesses who were restricted on how they could operate. Let's hope that these restrictions will be lifted as expected in early September.

With the re-opening of schools, which have been closed since March because of Covid 19, there is some return to near normal life but schools have been required to implement new practices aimed at preventing any outbreak of Covid 19 in schools. It is really important that families with school going children and young adults fully comply with the new school arrangements as it would be a pity if any school in Maynooth needs to close again because of a significant outbreak of Covid 19.

In August Desmond Guinness the author on Georgian art and architecture, a conservationist and the co-founder of the Irish Georgian Society passed away at the age of 89 years old. Desmond lived in Leixlip Castle which he purchased in 1958. He led many campaigns and preservation projects to protect Ireland's built heritage. He took a significant interest in the historic building infrastructure in Maynooth. In the mid 1990s, I led a campaign to have Maynooth designated as one of Ireland's "Heritage Towns" a designation that would attract funds to restore and protect our unique town centre which at that stage was under threat with a number of derelict buildings. Desmond Guinness invited me to meet him at his home to discuss the campaign. Both he and Penelope were very welcoming and as well as having our meeting I was treated to a tour of Leixlip Castle.

Many readers will know that in order to fund his work Desmond Guinness held some events in Leixlip Castle including the large pop concert where Sting and the Police, U2 and the Boom Town Rats performed in July 1980. Several other well-known artists of that era also stayed in Leixlip Castle such as Mick Jagger and his partner Jerry Hall. Desmond Guinness was a very unique person and there were many tributes published in the media about him since his death.

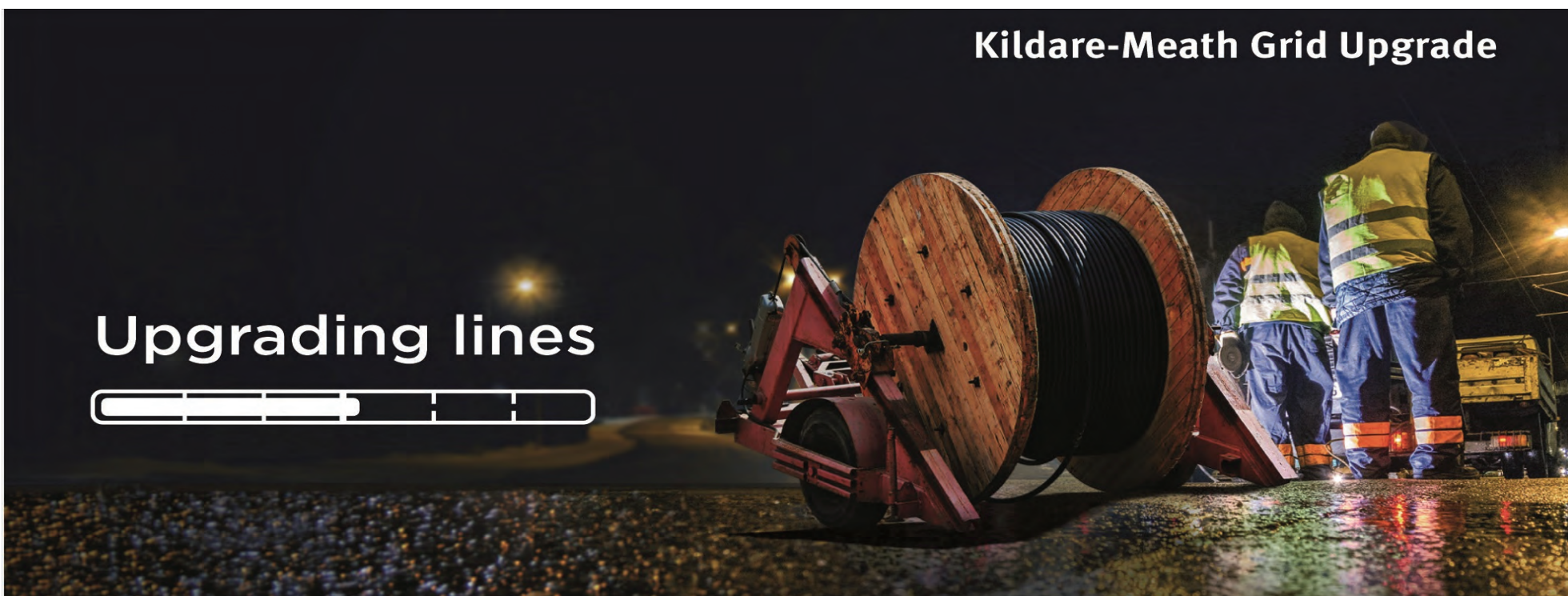


Crowds gathered in Leixlip for the "Dublin Festival Concert" in 1980.

Paul Croghan - Editor

Kildare-Meath Grid Upgrade

Upgrading lines

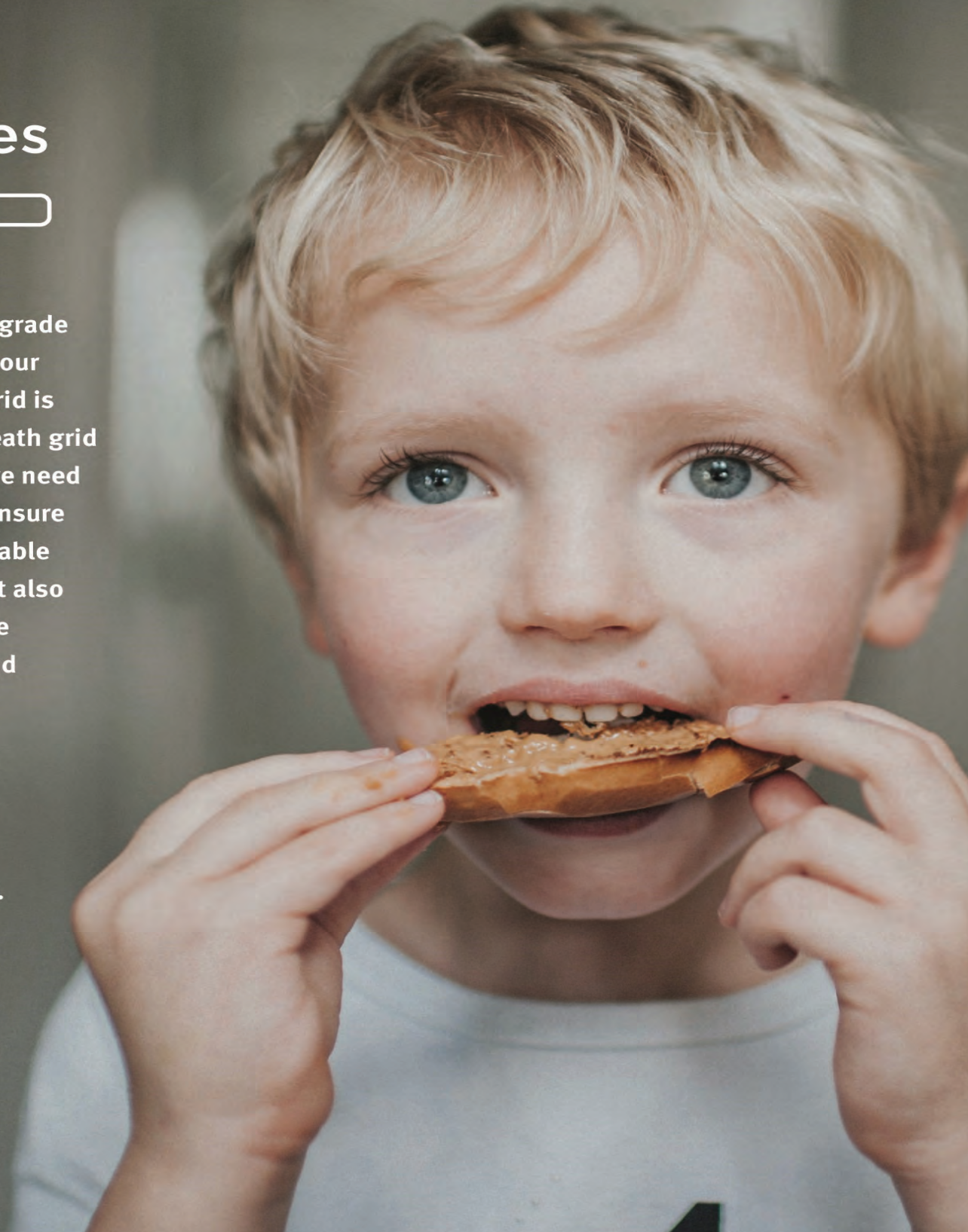


Upgrading lives



We all know how much better an upgrade can make things. And that's true of our electricity grid too. That's why EirGrid is planning to upgrade the Kildare-Meath grid – vital if we are to have the power we need for our growing population and to ensure you have a safe, secure and sustainable supply of electricity for the future. It also means we can bring more renewable energy onto the grid, helping Ireland to reduce carbon emissions.

We're now looking at five possible ways of doing this - with overhead and underground options - and will be in touch soon to hear your views. In the meantime, you can find out more at eirgrid.ie/KildareMeath



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Deposits Welcome



Normally at this time of year we are anxiously awaiting results from the National Tidy Towns competition but due to Covid-19 the competition was cancelled.

Maynooth Tidy Towns Health and Safety statement is currently being revised to include Covid-19 protocols.

We thank all members of the Maynooth Tidy Towns team and all other members of the community who helped over the months during these difficult times to beautify and keep Maynooth tidy during 2020.

Keep safe.

Follow us on Facebook/Twitter/ 087 3153189

Richard Farrell
PRO Maynooth Tidy Towns



**Gold Medal Winner
2019**



The Leinster Arms – *Through the pages of 19th century newspapers*



The Leinster Arms was built in 1777. The Historic Environmental appraisal of the Leinster Arms describes it as a former hotel built in the Classical style, introducing a formal and sophisticated design to a row of relatively modest structures. The building attests to the coaching tradition in Maynooth in the late 18th century. It has a striking canted projecting bay to the centre and is constructed in squared limestone and the ashlar construction to the canted projecting bay is a fine example of the high quality of stone masonry traditionally practiced in the locality. (National Inventory of Architectural Heritage).

From its beginnings the Leinster Arms has served its community well as a place where the aristocracy, tenants and townspeople met to celebrate events in the town, where meetings were held and where it was a place for visitors to the area and an important stop on the road west.

Richard Vousden opened an inn called the Leinster Arms in Maynooth in 1777, and had stables at the New Inn in what is now Enfield, mid-way between Maynooth and Kinnegad. This was an important new road out of Dublin and may have been a very profitable operation for Richard Vousden.

A description from the *Dublin Journal* 1771 tells us that “Richard Vousden, proprietor, promised the public ‘good four post beds and bedding, constantly well aired’, as well as the best wines and ‘the best meats the markets can afford’. But he also gave prominence to the location of his inn and its wider context on the road west: ‘He has got stables at the New Inn, where he means constantly to keep chaises and horses, which will enable him to drive that long stage between Maynooth and Kinnegad with more expedition, without advancing the expense to the travellers. He hopes the impartial public will consider he was the first that set up chaises on that road. Post chaises, as usual, in Maynooth, and also at the New Inn, which is mid-way between Maynooth and Kinnegad. Post chaise and pair at thirteen pence a mile, four horses at nineteen pence halfpenny. Gentlemen may be accommodated with horses to their own

carriages at the above price.”

The 'New Inn' referred to here was at what was then 'Nineteen-mile-house', now Enfield <https://www.vousden.name/ireland.htm>

In 1882 the then owner Mr. Thomas Carr put the Leinster Arms up for Auction due to his declining health. The description of the property as advertised in the *Leinster Leader* on Mar 11 gives a detailed description of the property and points to its central role in the major events in Maynooth during this time.

“The hotel is commodious, having about 18 apartments, drawing, sitting room, bedrooms, two WCs and a spacious ballroom. The latter is frequently used in the picnic season and for wedding and other parties – the drive from Dublin, 12 miles through the Phoenix Park, Strawberry Beds, Salmon Leap, Carton and the College, with dinner at this far famed hostelry, being one of the most enjoyable excursion in Ireland”...

“There is a general posting establishment in connection with the Livery Department which is much frequented. There are superior stables and outbuildings, eleven box stalls, corn and hay lofts, cattle and cart sheds, rick stands etc. The premises are extensive containing or measuring two acres and two perches, including a walled in garden which supplies Hotel with all vegetables in season, fruits and flowers. Superior water from river which flows through garden”.

Names of its business suppliers are also mentioned - Jameson, Guinness, Bass and wines by Thompson, Bewley and Draper.

The Duke of Leinster had the lease on the premises and gave free permission to sell for 20 years from the 20 September 1881.

It was bought by Michael F. Furlong for £2,000 and who gave notice of ownership in the newspapers of the day. The *Nation Newspaper* (1889) recorded the death of his wife Mary who died aged 38. In 1890 Maria Teresa Redmond, spinster appears to have taken over the running of the hotel on behalf of Michael Furlong as she applies for licences on his behalf. By 1901 Alice Redmond (a relative is applying for licences as Maria Teresa was (recently) deceased (*Leinster Leader* May 11 1901).

An examination of newspapers from the 19th century reveals the life of the Leinster Arms. Although built in 1777 the first report found in the Newspapers appears in the *Freemans Journal* of 1819. The McDonnell's Hotel and Tavern *The Leinster Arms*, had come under new ownership and one of the first occasions was described at length and in detail under the heading “Dinner at Maynooth”

“A few days since, a number of Gentlemen, comprising much of the rank, wealth and respectability of the neighbourhood of Maynooth dined....The object was the support of this newly opened and excellent Establishment. About 100 Gentlemen sat down to Dinner, served in the very best style, embracing every delicacy of the season, and wines of the first quality”.

Several toasts were given by Major Stanhope (brother to the Duchess of Leinster) to - the King, various Dukes, the Lord Lieutenant and the Duke and Duchess of Leinster who were not able to be present. The President of the College also attended and gave a speech in gratitude to the “enlightened legislator and enlightened government” who founded and endowed the College of Maynooth.



Part of “Survey of the town and town parks of Maynooth.... 1821 by Sherrard, Brassington and Greene. (NLI MS 22.004, n. 12 and Irish Historic Towns Atlas – Maynooth)

Annual dinners were held in the Leinster Arm which were presided over by the Duke of Leinster and one of 1822 was reported in the *Belfast Newsletter* (taken from the *Farmers Journal*). The dinner was attended by the heads of Maynooth College, several persons of distinction and the principal tenantry of the “Noble Duke”. Reference was also made to the Duke’s patriotic disposition and to his protection, dispensing confidence, harmony and good will.

The *Freemans Journal* in April 1840 reported on the celebrations in Castledermot and Maynooth on the Marquess of Kildare attaining his majority. Again, the Leinster Arms played its role. There was much celebrating in Carton, where 120 labourers sat down to a meal in a decorated barn followed by music. At 6 o’clock in the evening the tenantry (50 in number) were treated to a dinner in the Leinster Arms. “The town was brilliantly illuminated” as the people wanted to give as much *eclat* as possible” in honour of the occasion.

Later in the month of April the town itself wished to entertain the young Marquis. The town was brilliantly illuminated, with a large bonfire and there was a succession of magnificent fireworks during the night. But this was “eclipsed” by the

(Continued on page 6)

The Leinster Arms – Through the pages of 19th century newspapers/cont.

(Continued from page 5)

“enthusiasm and splendour in the interior (rooms) of the Leinster Arms Hotels where the dinner to the youthful and distinguished guest took place.” The room was decorated with flags, banners, wreaths of flowers. “The dinner consisted of a profusion of all of the luxuries of the season, and the wines were of the richest vintage and in great abundance.

Upwards of 150 gentlemen sat down to dinner. Several beautiful and fashionably dressed ladies were also present in the room during the evening. The band of the 97th Regiment, with an old blind harper, and a company of professional singers from Dublin attended”. Some of those in attendance were the Duke, Dr. Montague President of the Royal College of Maynooth, Vice President Dr. Renahan, Lord Cloncurry, Rev Blacker (Rector), Dr Haly President of Clongowes College, Hans Hamilton agent to the Duke. The stewards were Dr. M.T O’Kelly, Mr. Gannon, Mr. Malone and Mr. Ellis.

The Leinster Arms also played a role in welcoming the Prince of Wales in 1861. The whole town was decorated and there was a festive atmosphere. Mr. Carr, proprietor of the Leinster Arms had the building “beautifully illuminated”. Over the door were the letters V.R. (Victoria Regina) with the Prince’s feather illuminated in variegated colours. Above were

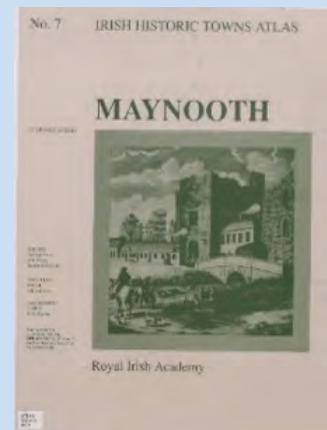
flags of various colours with a Cead Mile Failte banner below.

Other occasions at the hotel included meetings of societies such as the Sick and Indigent Bookkeeper Society (1867). It was the venue for auctions such as Farm of Laraghbryan (1885). A notice in the Leinster Leader on April 21 1900 from Captain Rochfort of O’Connells Kilcock calling for the 17 selected players to meet at the Leinster Arms before proceeding to play a friendly match with Crom-a-Boo Maynooth. An advertisement for a female worker was posted in the Leinster Leader in 1905. “Wanted – Strong Country Girl, Good Plain Cook, do Housework and must have 1st class discharges”. The Leinster Arms was put up for auction in November 1910 by its owner Ms. Alice Redmond, although there are later newspaper

mentions (1912) where Ms. Redmond is noted as the owner.

The Maynooth Historic Towns Atlas gives further sources for the Leinster Arms and its owners.

Susan Durack



Richard Vousden's inn, location unknown. 1776, 1777 (FDJ 20–23.4.1776, 27.2–1.3.1777). Closed in 1777 on opening of Leinster Arms (see next entry). Leinster Arms, Main St S. Leinster Arms, opened by Richard Vousden in 1777; 1781 (FDJ 15–18.11.1777, 10–13.3.1781). Maxwell's inn, ballroom (see 21 Entertainment) and stables 1781 (Sherrard, 1781), 1785 (RD 441/231/284240), 1789 (DEP 3.9.1789). Leinster Arms 1791 (DEP 30.8.1791). Grehan's inn, stabling for 100 horses 1797 (DEP 7.10.1797); 1812 (DEP 13.8.1812). Inn, incorporating ballroom, additional stables 1821 (Sherrard *et al.* 2). Leinster Arms Hotel 1822 (DEP 8.10.1822). Leinster Arms 1824 (Pigot). McDonnell's hotel 1826 (DEP 8.8.1826), 1829 (Cooke). Head Inn 1840 (Val. 1). Leinster Arms 1846–81 (Slater). Major alterations in progress 1850 (Val. 2). W. part converted to private residence in c. 1850; hotel 1859 (Val. 3), 1873–1909; unnamed 1977 (OS). E. part John Dean's inn 1850 (Val. 2); private residence 1859 (Val. 3); post office 1873 (see 13 Administration). Leinster Arms Hotel, ballroom, general posting establishment 1882 (KO 25.3.1882). Leinster Arms 1995.



Country House Archives at the OPW-Maynooth University Archive and Research Centre

The OPW- Maynooth University Archive and Research Centre (OMARC) was founded in 2008 when the Centre for the Study of Historic Irish Houses and Estates (CSHIHE, Director, Prof Terence Dooley) and the Office of Public Works came together in collaboration with Maynooth University Library to create a facility for the care and study of archives and other sources relating to the history of Irish country houses, landed estates and the decorative arts. The Archive and Research Centre is located on the second floor of Castletown House, one of Ireland's finest Palladian houses in Celbridge, Co. Kildare. The Centre cares for over 80,000 unique items related to the great houses of Ireland and the decorative arts. Some of the collections available for consultation include:

Airfield Archive

The Airfield Archive consists of over 25 thousand unique items, dating from the late 19th century and 20th century, including letters, diaries, notebooks, scrapbooks, postcards,



Figure 1 Letitia Overend and nurses completing Voluntary Aid Detachment training c.1915, Airfield Archive

maps, newspaper cuttings and photographs, collected and retained by the Overend family.

This includes documents of Trevor and Lily Overend and daughters Letitia and Naomi.

In addition to the family papers, Letitia and Naomi Overend also kept a large number of items relating to their hobbies, interests and philanthropic works, which make up a valuable piece of social history of the period. Most notable are the records of the Irish War Hospital Supply Depot, including a letter book with requests for supplies from army hospitals in France, Belgium and Britain, and the Saint John Ambulance Brigade.

Glin Archive

The unique collection, containing over ten thousand items of Desmond Fitzgerald, 29th Knight of Glin's personal papers, correspondence, newspaper articles and photographs documenting his passion for the conservation and preservation of country homes and interiors across Ireland.

Conolly Archive

The Conolly Archive offers a unique insight into over 400 years of history at Castletown House, Ireland's finest palladian mansion. The collection includes the letters of Lady Louisa Conolly, estate accounts and photographs of Castletown house and demense.

Exhibitions and Outreach

At OMARC, we work closely with both Maynooth University Library and CSHIHE to help plan exhibitions on a variety of themes. We also plan our own exhibits shown in our reading room for visiting researchers and group visits so that you can see fascinating groups of records up close. A number of exhibitions curated by CSHIHE and OMARC on the Irish Country House are now available online and can be viewed at <https://www.maynoothuniversity.ie/centre-study-historic-irish-houses-and-estates/exhibitions>

We at OMARC are deeply saddened to hear of the passing of Hon. Desmond Guinness. He leaves behind a celebrated legacy to save Ireland's historic buildings. On his and the Irish Georgian Society's saving of Castletown House in the 1960s, Desmond Fitzgerald, 29th Knight of Glin wrote "his action was not only of great public spirit but daring as well".

The archival collections at OMARC

are available for consultation by appointment, for further information please see our website: <https://www.maynoothuniversity.ie/omarc> You can also follow us on Twitter, Instagram and our Blog.

by Nicola Kelly, Archivist
OPW-Maynooth University Archive and Research Centre



Figure 2 Waterford Crystal chandelier made for the Duke of Leinster, Carton House c.1780s, Glin Archive

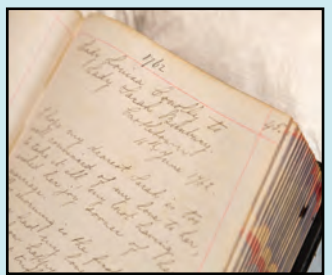


Figure 3 Letters of Lady Louisa Conolly, 1758-1821, Conolly Archive

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Writers’ Corner - Short Stories/Articles from our Readers

Walking Home from School

When I drive along that tarmac road nowadays I still recall barefooted urchins in short-pants with leather satchels on their backs climbing over an iron gate or picking their way past potholes in a limestone surface, their horizons bounded by stonewalls and whitethorn hedges. Yes, some of my most vivid memories are associated with walking home from school. It was then that we indulged in high jinks, which nowadays would probably be regarded as antisocial behaviour. During winter, boys wore boots with iron studs to protect the soles but in summer both sexes liked to go barefoot – though some girls wore sandals. There was a country shop at the intersection of the school road and the main Castleross-Drumbeg road that sold liquorice allsorts, bulls’ eyes and other tempting sweets. Our ringleaders would occasionally put carbide in a cocoa tin, wet it then apply a match to a hole in the bottom, blowing off the lid. If the explosion brought the shopkeeper out shouting blue murder we fled elated.

About fifty yards up the Drumbeg road there was a public pump; on warm evenings we swung its long handle up and down, holding our mouths to the cool jet to drink but we also called to houses to ask for a mug of water. One of our regular places of call was the home of an old, childless couple. The wife had always been friendly but one day – I was quite young at this time – the ringleaders encouraged me to say, “Thanks, Duckie.” No sooner were the words out of my mouth than “Duckie” turned into a raging devil, denouncing me as an ungrateful cur! I was mortified. What had I done wrong? Later, I surmised that the name must have been her husband’s term of endearment.

Our journey brought us past the limestone quarries and kilns that provided road metal and lime for the entire parish and further afield. When a kiln, packed with alternating layers of stones, coal and turf, was burning it was an impressive sight that called for closer inspection. One evening we followed our ringleader round the rim of a kiln as smoke billowed from the glowing, volcano-like centre mere inches from our feet. Next moment there was an angry roar, the owner’s wife ordering us to get off that instant. “Ah, dry up, you old bag!” our intrepid chief

muttered, much to our amusement, though he, along with the rest of us, quickly skedaddled.

If, on leaving school, we took to the fields we could cut about a mile off our journey, so this was our usual choice, especially in summer. The route started with an uphill climb on which we might be obliged to carry our leaders, a pair of boys walking abreast supporting each shoulder-mounted rider! After that, we crossed some fields and then climbed over a wide, metal gate onto the road. Once, while I was on the gate top, a fellow on either side grabbed one of my feet and pulled, keeping me in agony for what seemed ages, but was only minutes.

Though we may have been trespassing, no landowner objected to our choice of route and one old gentleman whose outhouses we had to pass was always friendly. We would ask him for the time just to see him take out the watch attached to a chain, which he kept in his waistcoat pocket. He would open the lid, peruse the dial, tell us it was four o’clock or whatever and then put the watch carefully back. Electric poles traversed his farm, the overhead wires hissing angrily in wet weather.

About this time slings were used for throwing stones at birds but, though they had a good range, they lacked accuracy. Our ringleaders therefore decided that we should all be armed with catapults – for which they provided strips of car-tube rubber at sixpence or so a strip! Domestic fowl near the road were designated legitimate targets, though we were never to fire stones at ducks, as they had “no cover” – whatever that meant. In the following weeks many a squawking hen testified to the accuracy of those catapults. It was in a pitched battle with travellers camped by the roadside, however, that they really proved their worth.

Occasionally, a traveller boy might approach you on the road and ask, “Are ye fit to fight?” Back then one rarely heard of knives being drawn or drink-fuelled groups attacking individuals; instead almost chivalrous, man-to-man contests prevailed. Nevertheless, there was undeclared war between “them and us”.

One day when the adult male travellers had gone to Castleross, our ringleaders decided that we would attack

the roadside encampment. Soon there were stones flying in both directions, the traveller boys, using just their hands, able to match our catapults in length of shot, if not in accuracy. As missiles bounced off the canvas tents the itinerant women begged their young warriors to leave us alone, while threatening us with red slaughter when the men returned. Finally, our leaders decided that we had proved our valour and ordered a withdrawal. Nobody on either side was injured and it is only in hindsight that the encounter loses its macho aura.

We didn’t come off scot-free from every escapade. A man whose house we passed had acquired a tractor, a rarity in those days of horse-drawn ploughs and mowers. One evening a crowd of boys ventured up on this exciting new machine, which was parked by the roadside. Having been warned by our father never to interfere with a neighbour’s property, my brother and I merely watched as our ringleaders pretended to start the engine and drive. What none of us realised was that the owner must have spotted the carry-on. Next evening he was lying in wait. No sooner had the first boy mounted the tractor than he charged, roaring like a bull. The culprits took to the fields but my brother and I hared it along the road. My heart was thumping painfully but little by little our pursuer gained on us. When he reached me he knocked me face down on the road, knelt astride my waist and proceeded to wallop the daylight out of me. In my terror, I wet myself. Finally, satisfied that one miscreant had been taught a lesson, the ogre withdrew, vowing that next time he’d do worse.

I didn’t tell my father what had happened: it would have been my fault to be an onlooker, which, in truth, I almost invariably was. Those were days of rough justice but also ones where every novelty on our journey home was explored, from sliding down icy slopes in winter to visiting quarry ponds in summer, from getting lifts on neighbours’ horse-drawn carts to picking sloes, strawberries or mushrooms in the fields. And always there were our intrepid ringleaders to marshal us into novel escapades.

Colin Scott

"A terrible beauty is born".

In his poem "Easter 1916", Yeats sees the Easter Rising and its aftermath as the birth of a terrible beauty. I wonder what did he mean! Was he right? He saw the Rebellion as an eruption in the middle of a "casual comedy", the transformation of a place from "where motley is worn" to a place of frightening, intoxicating beauty and opportunity. Was that it?

In our recent celebration of the 1916 Rebellion I don't remember reading or hearing much if anything about that optimism, that magnificent dawning. That may, of course, be more of a reflection on me and my exposure to the media than on those well placed and qualified to comment on such matters.

I like the expression "A terrible beauty is born." One has either to ignore it and walk away resolutely or to embrace it and be consumed by it. Christ's resurrection was the birth of such a "terrible beauty". His immediate followers were consumed by it and were changed utterly. On Thursday evening they were a bunch of cowardly hirelings. A few days later, when through the inspiration of the Spirit of Jesus they realised what had happened, they said "Here goes! All's changed! Changed utterly. We've got to tell everybody about this. Christ is risen from the dead. A terrible beauty is born". So, has their passion lived on?

Can you see it around you today?
Does the "casual comedy" still hold sway? or maybe it's now the "futile farce"? Is "all changed"?
Where is the "terrible beauty"? Is the world around you being transformed by the person of Christ? By his message?
Blessed are the poor! Blessed are the peacemakers! (Why must John Hume's peacemaking work be so unusual?)
Blessed are they who hunger and thirst after justice! Blessed are they who share what they have with those who have not.
There never was a message of such hope and certainty as the Good News announced by Jesus. The poor, the sinners, the pariahs of society had never before heard such an exhilarating message. God's riches are for all, now and hereafter.

"Learn from me for I am meek and humble of heart"
Matthew 11:29.
"I am the Way, the Truth and the Life!" John 14:6
"I came to cast fire on the earth and yearn for it to be kindled." Luke 12:49

No weasel words these! But we have sicklied over them with platitudes, fripperies and jingles.

If getting rid of English oppression was for Yeats the birth of a "terrible beauty" in Ireland surely the conquering of death and the eruption of God's presence among us was a "terrible beauty" greater than any ever imagined! The Resurrection was God's signature on all that Jesus said and did!

A terrible, terrible beauty is indeed born!

GM.

Time to Leave?

You’ve noticed flying insects grow scarce, evenings gradually arrive much sooner, a creeping chill that hints of frost and snow but, plainest sign, swallows with your kin gathering on overhead electric lines before the epic journey south.

Of course you still have work to do:
I’ve seen your young ones peeping from the nest upon our neighbours’ roughcast gable and you with other fluttering martins trying to persuade them to take wing, though knowing that they still need time.

And I, who quail before tasks still undone, must watch the summer flowers decay, the friends of my own age grow weak and this stiff body lose its former pride, while conscious of the ghosts of those I knew calling softly from the other side.

P.G. Nerney



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Maynooth Senior Citizens Committee



In the July issue, I started off with the word “encouraging”, in August, I used the word “Progress”. On this occasion, “uncertainty” is the word that springs to mind. As I write, the WHO are telling us that the Virus is driven by the 20s, 30s and 40s age group, but it’s the over 70s, once again, that the government are advising to “exercise judgement regarding social interaction”, as if we weren’t doing that already. So while the meat factories dictate the pace and our young people party with little regard for anyone, the rest of us must toe the line. Someone needs to grow a spine and lead this country, instead of bending with the strongest wind.

We were hoping that our committee could meet on September 1st for the first time in six months but that also is uncertain. However, stay strong, the Virus is still with but so are our volunteers, just a phone call away. To paraphrase Christy Moore in the “Voyage” “We’ll ride out the doldrums with patience and hope, working together we’ll learn how to cope”.. Stay Safe.

Finally, may I extend our sincere sympathy to the families of Nancy Horan and James Coughlan on the sad loss of their loved ones.

Súaimhneas agus Siocháin Dóibh.
Josephine Moore.

Thinking of replacing your PVC Windows?

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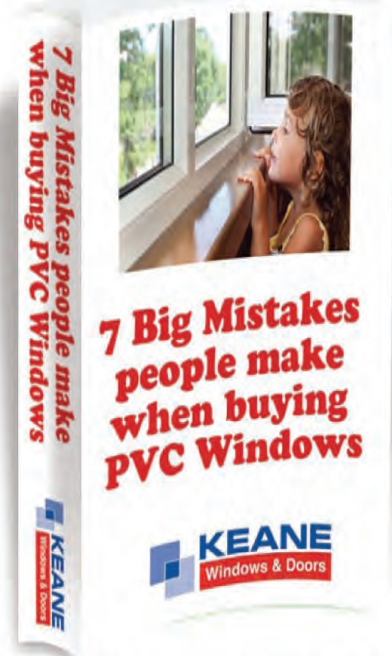
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Saint Vincent de Paul has been assisting people in Maynooth for almost half a century. For many reasons, families and individuals may at some time in their lives find themselves under pressure financially or otherwise. On those occasions, people in Maynooth are encouraged to contact the organisation either at 01 855 0022 or <https://www.svp.ie/get-help.aspx>.



The structure of the organisation in Maynooth is twofold. There is a shop in Greenfields Shopping Centre that functions independently and separately from a visiting conference (branch of SVP) which is comprised of volunteers who meet people in their own homes. There are a wide range of supports we can offer from practical help and advice to a friendly ear. All requests will be followed up by telephone contact within a week, or sooner should an emergency prevail, from a volunteer.

Conference volunteers are trained as confidants. Each volunteer is Garda vetted every three years and can provide identification when they visit a person in his/her home. Be assured that all information shared by clients with a volunteer is maintained in the strictest confidence.

Covid has radically changed peoples’ lives since February and it would seem this disruption will continue for another while. In the interest of wellbeing, a telephone call to Saint Vincent de Paul (01 855 0022) may ease the stress people find themselves under. The resources at the conference’s disposal have been donated by local people and local businesses with their expressed wish to have these donations distributed within the locality. We would like to thank all our donors for their sustained support as without that support we could not provide the service we do.

Kildare Library Service Bringing the Library to Your Door



Kildare Library Service is offering a housebound service for elderly and vulnerable residents of Kildare who are cocooning due to the Covid-19 emergency. From 2nd June, this service will be operated from our 7 main libraries. If you, or someone you know, would benefit from this service, then please contact your nearest main library from the following options:

Athy Library	045 - 980555	athylib@kildarecoco.ie
Celbridge Library	01 - 6272207	celbridgelib@kildarecoco.ie
Kildare Town Library	045 - 520235	kildarelib@kildarecoco.ie
Leixlip Library	01 - 6060050	leixliplib@kildarecoco.ie
Maynooth Library	01 - 6285530	maynoothlib@kildarecoco.ie
Naas Library	045 - 879111	naaslib@kildarecoco.ie
Newbridge Library	045 - 906130	newbridgelib@kildarecoco.ie

You can request 5 items from a wide variety of books, audiobooks, large print books and DVDs then a member of the library team will deliver these to your home. When you are finished with the items, the library team will also arrange to collect them and deliver some new selections if you would like them. The library service hopes that engaging with the service will provide some entertainment and help to lighten the days ahead for those who are dealing with challenging and isolating circumstances. It is important to note that this service is available to all cocooning residents in the county, young or old, and you do not have to be an existing member of the library to take part.

Library membership is free to all and there are no overdue fines for library loans.

Online services during Coronavirus

You can join the library online and get eBooks, audiobooks, online magazines and newspapers for free straight away, or even take language and other courses. go to: www.librariesireland.ie/news/online-services-during-coronavirus

#GetToSchool

Last month, Maynooth Cycling Campaign announced that we would be organising a Family Cycle along the Royal Canal prior to the reopening of the schools. Unfortunately, due to the lockdown in Kildare we took the decision to cancel the event.

While groups of up to 15 people are permitted to meet outside, we felt that it would be an inappropriate time to encourage large gatherings.

However, various Cyclist.ie groups including those in Sligo, Cork Leitrim and elsewhere are organising GET TO SCHOOL ON YOUR OWN FUEL to promote walking and cycling to school. They are encouraging parents to practice cycling along the routes to school in advance of 1st September to familiarise children with the route.

The idea is to do it at a time when motorised traffic is relatively light so that it will be less daunting come September when traffic will be heavier. More details on the campaign can be found at <https://cyclist.ie/2020/08/get-to-school-on-your-own-fuel/>.

Royal Canal

Maynooth Cycling Campaign welcomes the announcement that the NTA will provide funding for the development of the Royal Canal Greenway between Maynooth and the Fingal border. In contrast with earlier proposals, the NTA had been considering an increase in the width of the greenway which would have delayed the construction for several years. Although Maynooth Cycling Campaign had argued for higher standards of width and surfacing at the public consultation stage, we were opposed by Kildare County Council.

We reluctantly accepted that the scheme should proceed with its currently proposed width but the opportunity should be taken to improve the quality of surfacing. This would increase utility cycling in line with government health advice on Covid ie to walk and cycle where possible. Unfortunately, those making decisions on the matter once again "Reject the Science".

KCC Transport SPC

Two months after the meeting of Kildare County Council's Transport Strategic Policy Committee, we are still awaiting a response from Kildare County Council officials to our submissions on (1) Cycling Targets for Kildare, (2) Increased time for people at road crossings, (3) Kissing gates, (4) Width of traffic lanes, (5) Speed limits and (6) Kildare Cycle Forum. In the light of Kildare being one of the counties with worst rate of infection in the country, the apparent inaction in relation to the risk presented by kissing gates is surprising.



#Covid19/#ChangeOurStreets

We are also waiting for Kildare County Council officials to reveal their response to the government offer of funding to encourage walking and cycling. Meanwhile, our colleagues in Naas Neighbourhood Greenways have made progress.

Their proposal to temporarily close to through traffic the road along the canal between Naas and Sallins was accepted by the Council and the people of Naas have had the pleasure of enjoying an (almost) traffic free space to walk and cycle. We congratulate them on their success and hope that this will soon become a permanent feature in Naas.

Rural Cycling Collective

A desire to retain that peace and freedom, together with the promise by the new coalition government of an annual €360 million spend on walking and cycling infrastructure has led to the launch of the new Rural Cycling Collective.

Comprising an array of groups and individuals under the umbrella of the wider national Cyclist.ie advocacy network, the group is focused on making rural communities (towns, villages, and rural roads) cycle-friendly for all ages and abilities. It aims to re-balance the debate on active travel so that everyday journeys by bike across rural Ireland are enabled and supported.

Maynooth Cycling Campaign is a non-party political cycling advocacy group. Further information on meetings and activities is available on our website.

We are affiliated to Cyclist.ie, the Irish Cyclist Advocacy Network and through it to the European Cycling Federation



ST MARY'S BRASS & REED BAND

These are very difficult times for everyone and not least all those connected with St. Mary's Band.

We have been confined to outdoor rehearsals since we got back together on 20th July but even these have been at the mercy of the weather gods.

Thanks to Maynooth University we have been able to rehearse at the Bandstand area beside the Phoenix Building on the North Campus but even these have suffered with the restriction to 15 on the numbers allowed gather outside last month.

That same restriction ruled out a planned recital, the first since our Christmas Concert last December, in Manor Mills on Saturday 29th August and at the time of writing a recital at the Harbour Car Park on Sunday 13th September is still very much in doubt if those same restrictions are not lifted in time. However, we are determined to make a public appearance in the Town at some stage so keep an eye on our Facebook page for further updates.

A huge disappointment last month was the cancellation of our planned collection dates on 29th and 30th of August as all Garda Collection Permits have been suspended until further notice.

This was another blow to our finances as we depend so much on these collection days to keep the Band running as the cancellation of St. Patrick's Day Parades and a number of planned fundraising Concerts means that we have had no income whatsoever since last December.

The one saving grace is that we were fortunate to record a second CD with the Parish Choir and Rev. Eugene and Joanna Griffin last November and all sales from this CD are now going towards our running costs instead of our return trip to the Bad Orb International Music Festival in Germany next September.

The CD only costs €10 and is available from Maynooth Bookshop Main Street, Donovan's Londis in Greenfield and the Maynooth Newsletter Office in Carton Park or you can call 087 2537 906 if you can't make it to these locations, we would be really grateful for your support in these very difficult times.

Thank you.



Learn The History Behind Commonly Used Phrases

Didn't think learning a new language could be fun? Buckle up because we're about to dive deep into the history of languages to find out the incredible origins of commonly used phrases all around the world!

Cat Got Your Tongue

Meaning: Said to someone who remains silent when they are expected to speak.
Origin: There are two stories on how this saying came into being. The first one says that it could have come from a whip called "Cat-o'-nine-tails" that was used by the English Navy for flogging and often left the victims speechless. The second one may be from ancient Egypt, where liars' tongues were cut out as punishment and fed to the cats.

The Walls Have Ears

Meaning: Be careful what you say as people may be eavesdropping.
Origin: The face Louvre Palace in France was believed to have a network of listening tubes so that it would be possible to hear everything that was said in different rooms. People say that this is how the Queen Catherine de'Medici discovered political secrets and plots.

Bury The Hatchet

Meaning: End a quarrel or conflict and become friendly.
Origin: During negotiations between Puritans and Native Americans men would bury all of their weapons, making them inaccessible. This phrase predates the Puritans. Several Native American tribes joined together as one nation so they could better defend themselves against a warrior tribe. They symbolically buried a stone hatchet under a cypress tree. No group would bury all of their weapons, because there are always other threats, the need to hunt, and the possibility of one side not holding up their end.

Cold Feet

Meaning: Loss of nerve or confidence.
Origin: This idiom originates from a military term, warriors who had frozen feet were not able to rush into battle.

Big Wig

Meaning: An important person, especially in a particular sphere
Origin: Back in the 18th century, the most important political figures would wear the biggest wigs, hence today influential people are called big wigs. In the UK we still use the phrase bigwigs though fortunately don't tend to wear them. Not that type anyway!!



Royal Canal Notes

September 2020

Education ~~ Heritage ~~ Recreation

SEMI LOCK-DOWN AGAIN

Once again we find ourselves in semi lock-down which is not helping in some ways and beneficial in others. The canal and its environs are in constant use and this is wonderful to see. Our swans still have six signets that are nearly ready to leave and there has been a large increase in the Duck population also.

E-SCOOTERS AND E-CYCLES

In recent days E-Scooters have been observed being used in the precincts of the canal. In the interests of health, safety and best practices Waterways Ireland has prohibited the use of such vehicles and also E-Cycles along the canal.

Some of these E-Scooters can achieve speeds of up to thirty miles an hour, which is not considered safe, in an area that can boast a significant pedestrian population at regular intervals.

We want all users and all communities along the canal to enjoy the wonderful Amenity that the canal is in safety. Users of such vehicles are respectfully asked not to use them along the canal or its environs



Royal Canal Ballybranagan Ballymashon Co. Westmeath

CANALSIDE COURTESY

As stated earlier more and more people are using the canal for leisure activities so this is as good a time as any to republish the Canal side Courtesy Rules.

All Canal users are requested to please note the following:

1. **Share the space;** consider other people and the local environment whenever you're on the canal. Remember some people may move less predictably, for example young children or those with visual or mobility impairments.
2. **Drop your pace;** considerate sharing of the limited towpath space is the key. Jogging and cycling is welcome, but drop your pace in good time and let people know you are approaching by ringing a bell or politely calling out before waiting to pass slowly.
3. **Pedestrians have priority;** towpaths are shared routes where pedestrians have priority and vehicles, except bicycles and mobility aids, are excluded.
4. **Be courteous to others;** a smile can go a long way. Abusive or threatening behaviour is not acceptable and should be reported to the Police.
5. **Follow signs and obey local by-laws;** they are there for the safety of everyone. Cyclists should dismount where required and use common sense in busy or restricted areas, recognising that pedestrians have priority.
6. **Give way to oncoming people beneath bridges;** whether they are on foot or bike and be extra careful at bends and entrances where visibility is limited.
7. **When travelling in large groups;** give way to others, especially if you are running or cycling, use common sense.
8. **Try to avoid wearing headphones;** headphones make you less aware of your surroundings, possible hazards and others sharing the same space.
9. **Keep dogs under control;** ideally use a short lead on busy towpaths and clean-up after them. Dog fouling is very unpleasant and is a health hazard.
10. **At all times, keep children close to you;** encourage them to learn and follow the rules for canal towpaths and waterway safety.

If we all abide by these basic rules then the canal will be a more enjoyable safer place for all

Kildare Planning Applications for Maynooth Area

Planning Applications received from 29/07/2020 to 31/8/2020 Information from Kildare County Council Website

Covid-19: Arising from the Covid-19 pandemic, the Planning and Development Act 2000 was amended on 29 March 2020 resulting in the extension of certain timelines in the planning process including submission and decision dates. The Online Planning system does NOT take account of the revised dates.

App #	Authority	Applicant Name	Development Address	App Date
20972	Kildare	Damian and Noreen Kirwan	No. 15 Newtown Court, Maynooth, Co. Kildare.	27/08/2020
20967	Kildare	Paul Byrne and Olivia Speight	Newtown Road, Maynooth, Co. Kildare, W23 D9K5	26/08/2020
20960	Kildare	Alan Leamy & Barbara Ann Coogan Leamy	No. 43 Leinster Wood South, Carton Demesne, Maynooth, Co. Kildare	25/08/2020
20949	Kildare	Brendan Hoare	Catherinestown, Maynooth, Co. Kildare	24/08/2020
20947	Kildare	Rebecca Harte,	32 Moyglare Village, Maynooth, Co. Kildare	21/08/2020
20940	Kildare	Fiona Hoare,	Roestown, Maynooth, Co. Kildare.	21/08/2020
20932	Kildare	Conall and Annie O'Breachain,	Blacklion, Maynooth, Co. Kildare.	20/08/2020
20923	Kildare	Steelframe Design and Build Limited,	Unit J1 D, Maynooth Business Campus, Straffan Road, Maynooth, Co. Kildare.	18/08/2020
20919	Kildare	Noelle Conlon,	Cormickstown, Maynooth, Co. Kildare.	17/08/2020
20901	Kildare	Alan Leamy & Barbara Ann Coogan Leamy	No. 43 Leinster Wood South, Carton Demesne, Maynooth, Co. Kildare.	13/08/2020
20872	Kildare	Damien Doyle,	Moyglare Nursing Home, Moyglare Road, Maynooth, Co. Kildare.	07/08/2020
20871	Kildare	Authorized Property Company Limited,	Glenroyal Hotel, Straffan Road, Maynooth, Co. Kildare.	07/08/2020
20855	Kildare	Jason Burke and Daniel Burke	508A Newtown Road, Maynooth, Co. Kildare W23 Y1R9.	04/08/2020
20842	Kildare	Cyril Borie of L'art du Chocolat	L'art du Chocolat, The Chocolate Bar, Main Street, Maynooth, Co. Kildare W23 F5K6	31/07/2020

KNOW YOUR RIGHTS

Citizens Information Centre, Dublin Road, Maynooth
Know Your Rights has been compiled by Citizens Information Service
which provides a free and confidential service to the public.
Information is also available online at www.citizensinformation.ie and from the
Citizens Information Phone Service - 0761 07 4000 or Lo-call 1890777121



News

Stricter limits placed on household visits and outdoor gatherings

The Government announced revised restrictions on the numbers who can visit people at home and the number who can attend outdoor gatherings. Indoor visits are limited to 6 visitors from no more than 3 households and outdoor gatherings are limited to 15. Weddings and some organised events are exempt from the restrictions and can have up to 50 in attendance. Guidelines on protocols for the cultural sector have been issued. These measures are in place until 13 September 2020.

Kildare residents have enhanced restrictions until 7 September 2020. This includes restrictions on travel, and the continued closure of some non-essential businesses.

Kildare, Laois and Offaly business supports

The government announced a package of supports for businesses in Kildare, Laois and Offaly including:

- A 20% top up on the Restart Grant Plus
- Prioritisation for existing grants, loans and vouchers
- Additional funding to promote counties through Fáilte Ireland

On 21 August, further supports were announced for businesses in Kildare following the extension of restrictions.

Employment Wage Subsidy Scheme (EWSS)

Eligible employers can now register for EWSS using Revenue's online service. The EWSS will replace the TWSS on 1 September. Revenue has published Guidelines on the operation of the EWSS.

Supports for businesses

The Enterprise Support Grant is open for applications. This is a grant of up to €1,000 to help businesses reopen. The COVID-19 Online Retail Scheme is open to retailers employing over 10 people and provides grants ranging from €10,000 to €40,000. A second call for applications opens on 31 August and will close at 3pm on 28 September 2020. The COVID-19 Adaptation Fund is open for applications. Grant funding of between €500 and €15,000 is available. Closing date for applications is 8 October 2020.

Invoice redirect fraud

The Gardai have issued a warning about invoice redirect fraud, where scammers send businesses fake invoices for payment.

BTEA and PUP

People getting COVID-19 PUP do not have to satisfy the criteria of being on a payment for a specific length of time before becoming eligible for Back to Education Allowance (BTEA). However, to apply for BTEA they must transfer to a jobseeker's or other qualifying payment. Their BTEA payment rate will be linked to their qualifying social welfare rate of payment not the PUP rate.

COVID-19 PUP and Maternity Benefit

Time spent on PUP and TWSS is treated as if claimants are continuing to make insurance contributions at their normal social insurance class. This means that a woman getting PUP or TWSS within 16 weeks of the expected due date of her baby, will qualify for Maternity Benefit if she has enough social insurance contributions. She should ask her GP to complete an MB3 form.

People on PUP or TWSS can also qualify for Paternity Benefit, Adoptive Benefit or Parent's Benefit, if they have enough social insurance contributions.

State exams

The postponed Leaving Certificate 2020 examinations will start on **Monday, 16 November 2020**. All exams will be written only except for 5 subjects where coursework was completed before schools closed. Adult learners and early school leavers will sit their final Junior Cert exams in November 2020.

Parents who have paid a fee for post-primary school transport 2020-2021 and do not wish to use it can apply for a refund. They must tell the Department at schooltransportrefunds2020@education.gov.ie by Friday 4 September 2020.

Eligible parents who do not wish to use the service for 2020-2021 school year may apply for a grant to support them with the cost of private transport. The maximum daily allowance is €5.10 a day.

Changes to Junior Cycle and Leaving Certificate curriculum 2020-2021

The Department of Education has set out details of subject and module changes for the Leaving and Junior Cert 2020-2021.

Student Grant payment

The first payment of the student grant for the 2020-2021 academic year will be on 9 October 2020.

Immigration status renewals extended for further month

Immigration permissions that are due to expire between 20 August 2020 and 20 September 2020 are extended by one month. This includes all types of permissions, including those extended automatically by previous extensions and visitors to the State who have been given time limits on their stay by immigration control at the airport (or other port of entry).

COVID-19 Passenger Locator Form moved online

Travelers to Ireland must now complete the COVID-19 Passenger Locator Form online. Penalties for non-completion or dishonest completion are still in place.

Medical card renewals

Renewals will be assessed as usual for medical cards due to expire after 31 August 2020. Due to the COVID-19 pandemic, medical cards that were due to expire between March and August 2020 were automatically extended for up to one year.

Temporary guardianship

The temporary regulations that allow children to be placed with extended family members have been extended for a further 3 months

Changes to probate procedure

The process for getting Grants of Probate and Letters of Administration will move online in September 2020. The Probate Office will no longer accept paper applications after Friday 4 September 2020.

Upcoming

Leaving Certificate results and CAO offers

The Leaving Certificate Calculated Grade results will be issued through the student portal and to the student's school on Monday, 7 September 2020. CAO first round offers will be made on Friday 11 September 2020. Students must respond to offers by 16 September 2020.

Parental leave

From 1 September 2020, you can take up to 26 weeks parental leave. This is increased from 22 weeks.

Reduction of standard rate of VAT

The standard rate of VAT will be reduced from 23% to 21%, effective from 1 September 2020 to 28 February 2021.

Expanded use of video evidence in court

From 14 September 2020, courts will have greater freedom to allow for remote testimony from witnesses, even where the witness is outside the State. A wider range of court hearings can be conducted remotely. Criminal trials will continue to be heard in person.

Ones to watch

Plans for restricting travel

The Irish Times reports that the Government is preparing proposals on restricting non-essential travel from countries with high levels of COVID-19 infections.

Legislation

Dáil Éireann resumes following its summer recess at 2pm on Tuesday, 15 September 2020.

Committees continue to meet, including the Special Committee on COVID-19 Response, and you can get information about recent committee meetings on oireachtas.ie.

On citizensinformation.ie

New

Being disqualified from driving
 Retiring to Ireland as a returning Irish emigrant

Updated

Public health measures for COVID-19

New section on laws that are in place and penalties.

Shopping during COVID-19

Update on new public health measures and Kildare only restrictions.

Package holidays and linked travel arrangements

Page rewritten.

Supports for businesses impacted by COVID-19

Updated with EWSS, Supports for Kildare, Laois, Offaly & further supports for Kildare. Details added on COVID-19 Adaptation Fund, Enterprise Support Grant, COVID-19 Online Retail Scheme, VAT reduction and Warehousing of tax debts.

Primary school transport

Information added about face coverings and the COVID-19 process.

School transport for post-primary students

New information on face coverings, fee refunds and grant.

Schools and COVID-19

Full rewrite including what to do if a child becomes unwell.

Back to Education Allowance

Waiting period for PUP recipients has been waived.

Paternity Benefit, Adoptive Benefit or Parent's Benefit

PUP and TWSS recipients can apply if they have enough social insurance contributions.

Leaving Cert, Junior Cert, Leaving Cert and Calculated Grades

New details of written exam dates and curriculum changes.

Student Grant Scheme

The grant payment date has been included.

BTEA

Qualifying period has been waived for PUP recipients.

Coming to set up a business or invest in Ireland

Application dates removed for Immigrant Investor programme.

Employment Wage Subsidy Scheme

Information added from Revenue's Guidelines on the operation of the EWSS

Community Employment Programme

Time spent on the COVID-19 Pandemic Unemployment Payment (PUP) will count towards the qualifying period for CE.

Dealing with the deceased's estate

Rewritten and amended ahead of changes to how probate applications operate from next month.

President of Ireland

Rewritten.

Remote hearings and video link evidence

Substantially rewritten to include changes contained in the Civil Law and Criminal Law (Miscellaneous Provisions) Act 2020.

Information is also available online at
www.citizensinformation.ie and from the
Citizens Information Phone Service -
0761 07 4000
or Lo-call 1890777121

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START THE TREND.**

**SUPPORT THE LOCAL BUSINESSES
WHO SUPPORT THE AREA WHERE YOU
LIVE, WORK AND PLAY.**

THE MIRACLE PRAYER

Dear Heart of Jesus. I have asked you for Many favours. This time I asked for this special one (Mention favour) Take it Dear Heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes, it will become your favour not mine. Amen

Say this prayer for Three Days. Promise publication and prayer and favour will be granted, no matter how impossible.

Thanksgiving for favour received.

Never known to fail - D.J

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Healthy Lunch Boxes for School


Thinking of healthy and exciting packed lunch fillings can be a daily challenge. Here are some simple, fast and delicious ideas and remember variety is the spice of life.

A balanced lunchbox should contain:
Starchy foods like bread, rice, potatoes or pasta
Protein foods like meat, fish, eggs or beans,
A dairy item, like cheese or yogurt
Vegetables or salad and a portion of fruit

Shapes: Cut sandwiches into triangles or smaller squares, or use shape cutters. Shape cutters can transform apples, watermelon, or cantaloupe into juicy heart or star shapes. A vegetable peeler makes elegant ribbons of any firm long vegetable. Carefully use a knife to cut sticks of carrot or bell pepper.

Star Shaped Sandwiches, Pasta & Wraps
Use a star-shaped cutter to stamp out bread stars from wholemeal bread. Chicken, turkey, ham, tuna, lettuce tomatoes and low-fat cheese are some of the healthy fillings you can use. Close the sandwich, wrap in cling film and chill in the fridge if making the night before. There are plenty of carb options that kids should love and that can help add a bit of variety into your child's diet.

Pasta is a great option for their lunchboxes with a gorgeously creamy pesto pasta salad with cooked veg such as peas, green beans, chicken, ham, hard-boiled egg or cheese are all good options, depending on what your child's favourite is. Rolls, bagels, baps and wraps - make a lunchtime treat that's delicious, filling and nutritious.

 **Soup**
If it is a cold wintery day something warm and comforting for lunch is so welcoming. Try a tasty soup. Pour into a thermos flask to take to school. Soup can provide several of your five-a-day. Two or three veggies either chopped or

whizzed up in a soup provide plenty of vitamins, minerals, fibre and antioxidants.

Veggie Sticks
There are several vegetables that can be eaten raw and some provide more nutrition than when cooked. They are full of vitamins and antioxidants. Ones that work well in lunchboxes include; carrots, cucumbers, celery, cauliflower, tomatoes, sugarsnap peas and baby sweetcorn. Add a dip to liven them up.

Healthy Treats
Strawberries, blackberries, raspberries and blueberries are perfect for children's lunchboxes. As well as being colourful additions to the lunch box, they are low in calories and full of vitamins and anti-oxidants, so they're healthy too. And most children seem to love them.



A sweet and fruity treat for children is yogurt swirled with mashed strawberries and topped with berries of your choice.

Creating a pick-and-mix effect can make fruit look much more attractive to children, although it takes a few extra minutes peeling and dicing it is worth it. Securing fruit and cheese on a stick can really work wonders when it comes to getting children to eat their 5-a-day and it takes just minutes to prepare.

Rice cakes are another favourite option children. New flavours are being launched all the time. Adding a spread or simply eating them as they are, means they make a great lunch box treat.

Don't forget to pack a water bottle. Water is not only the best choice, but a necessary one. It is also free of calories, sugar, and caffeine, and other additives found in sugary drinks. Beyond plain water, fruit-infused waters are also great healthy drink choice.

From shopping to filling lunch boxes, get the children involved in the process. There is a better chance that they will eat everything if they have helped choose it too.



Tips for your Morning Routine For School


No one likes having a stressful morning routine for school that ends up making you late. It knocks you off your game, messes with your mood, and usually results in you leaving something essential at home, right on the kitchen counter. These routine tips will help you wake up on time, get ready fast, and head to school with minutes to spare—and not one of these ideas involves setting the alarm any earlier than you have to.

Children don't understand time in the same way as grown-ups. This can make school mornings a stressful time of day for families. But staying calm and getting along in the morning will help you all feel positive about the day ahead.

The first step in your morning routine for school is to think about what you need to do and work out a plan for doing it. You'll probably find that you and your child can do many things the night before.

Here are some ideas:

- Create a routine where you get at least 8 hours of sleep every night. Set your alarm for the same time every morning to help you get in this routine.
- Try to find out the night before (or even earlier) if there is something special going on at school the next day.
- Put all your books, homework, papers, school supplies, keys, and any other items you will need in your bag. This will save you time in the morning and decrease the chances that you forget something important.




You can put the final items, such as your lunchbox, in your bag in the morning. Just try to get as much organized as you can the night before.

- Organise lunches and set the breakfast table ready for the morning rush. Breakfast is one of the most important meals of the day, and helps your child to concentrate better at school.
- Get your child to have a bath or shower the night before. This means you won't have to worry about this in the morning.
- You might know something is going to come up that could cause conflict, like your child not wanting to eat breakfast, or wanting to wear sneakers rather than school shoes. Talk about it the night before when everybody has time and you're all less likely to be stressed.
- Think about having a weekly schedule or calendar with reminders of what your child needs to take to school each day – for example, library books, sports clothes etc.

Be creative in your solutions and do what works best for your family. There are no right and wrong answers when it comes to establishing your family's morning routine.

With a little time and creativity, you will soon have a morning routine that works for the entire family.



INFORMATION THAT SHOULD BE DISPLAYED IN EVERY HOUSEHOLD IN CASE OF AN EMERGENCY

WHERE THE MAINS WATER IS COMING IN TO THE HOUSE AND WHERE THE TAP IS TO TURN THE SUPPLY OFF

WHERE THE TAP /CONNECTION IS TO TURN OFF GAS/OIL OR WHATEVER HEATING SYSTEM YOU HAVE

BE FAMILIAR WITH ELECTRICAL PANEL AND TRIPSWITCHES. IN YOUR HOME

ALWAYS HAVE AT HAND PHONE NUMBERS FOR THE FOLLOWING:

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PLUMBER
ELECTRICIAN
ALARM PROVIDER

BE AWARE OF YOUR EIRCODE AND KEEP IT HANDY
YOUR EIRCODE CAN BE CHECKED AT [HTTPS:// FINDER.EIRCODE.IE](https://finder.eircode.ie)

HAVE A FIRE EXTINGUISHER AT HAND ESPECIALLY IN YOUR KITCHEN. A FIRE BLANKET IN THE KITCHEN IS ALSO ESSENTIAL

MAKE SURE TO HAVE SMOKE ALARMS ON EACH FLOOR OF YOUR HOME AND BE SURE TO CHECK IF THEY ARE WORKING AT LEAST EVERY MONTH.

CARBON MONOXIDE ALARM IS A MUST IN EVERY HOME



Cllr. Angela Feeney Maynooth Labour News

E mail: angelaemfeeney@gmail.com - Phone: 0872381962



Keeping you in touch with local and county matters. Keep safe in these difficult times. Let's support each other.

Hoping you are all staying safe and well in these challenging times. Mind each other and please keep in touch if I can be of any assistance to you or your families. It has been an exceptionally busy time with an increase in contacts from people about housing issues, employment rights, childcare, business restarts and continuation, school reopening and planning issues. Council meetings have been relocated to Newbridge Town Hall, MD meetings continue in the Council Chamber and many subcommittee and additional meetings taking place online.



Council Meeting to consider COVID County Restrictions

At our special Council meeting on August 14th last, to discuss the county lockdown, Cllr Feeney raised the anomaly that exists concerning the Restart Grants phase one and two. Several business owners in Kildare had been in the process of applying for the initial Restart Grant but the scheme was abruptly terminated last week even though it was due to run until the end of August. These businesses are now in the process of applying for the Restart Plus Grant and they have been now been made aware that businesses who have received funding under the Restart Grant will now benefit again and receive further funding under the Restart Plus Grant. Those businesses that did not get around to applying for the first round of Restart Grants before the scheme was terminated should not lose out, this is such a difficult time for businesses that may be in financial difficulty as a result of the localised restrictions in our county. Both grants are well needed by all. KCC Head of Finance agreed with the comments and stated that a complaint was issued to the Department of Business, Enterprise and Innovation concerning this anomaly and asking for it to be addressed.

KCC Finance Committee send letter to Minister O'Brien

Cllr Feeney is a member of KCC Finance Committee and at the recent meeting the Committee agreed to write to the new Minister for Housing Local Government and Heritage, Daragh O'Brien, seeking additional funding for Kildare in order to provide services to the citizens of this County to the same level as other Local Authorities are afforded. Kildare has one of the lowest funding per capita in the country and has always been acknowledged that Kildare has not had sufficient increases in LGF to meet the demands of its growing population and that this directly affects the levels of service provision that can be made.

Cllr Feeney interviewed for Maynooth Politics

Thanks to Maynooth Politics for inviting me to participate in the inaugural interview on July 22nd. Issues discussed with Treasa were: County Development Plan, Childcare Provision and the long overdue Swimming Pool. Check it out! www.facebook.com/maynoothpolitics

Maynooth needs more litter collection measures

Cllr Feeney asked if the Council could confirm if any additional litter collections have been put in place due to increased numbers in public spaces resulting from COVID-19 restrictions. The response from the Roads Transportation and Public Safety Section stated that the Municipal District does not have any additional resources to allocate to the street cleaning and litter collection services and they are maintaining the schedule but are responding to incidents promptly when they arise. Cllr Feeney suggested they look at where the bins are currently located because places such as the harbour field Maynooth have become really popular since the pandemic arrived and more bins might be needed there. Fair play to the Tidy Towns-during the lockdown we really noticed the difference and they were really missed-but we need to play our part too and take our rubbish home.

Crèche Building Compliance

At the Council Plenary Meeting on June 29th, Cllr Feeney requested the Council to provide a report of current and upcoming housing developments in the county that include a crèche as part of an approved planning application and what is required by Council to approve repurposing of a planned crèche facility.

The Council in its response acknowledged the shortages, and difficulties in sourcing appropriate childcare in locations across the county. In this regard the Council is seeking to ensure that appropriate levels of such facilities are provided in appropriate locations, and in ensuring compliance with Childcare Facilities: Guidelines for Planning Authorities (DEHLG) where identified needs exist. The Council confirmed that planning applications for residential developments are considered and assessed with respect to Childcare provision using the following; Childcare Facilities: Guidelines for Planning Authorities (DEHLG) and Policies and Objectives in the County Development Plan 2017-2023, including Policy CPF 2 which seek to facilitate and encourage the provision of childcare facilities, including community crèche facilities, of an appropriate type and scale, at appropriate locations throughout the county and to identify suitable locations through the Local Area Plan process, where appropriate.

The Council also stated that where identified needs exist, developers are required to provide a childcare facility for 75 units and over and where a crèche, permitted as part of a residential scheme is proposed for a change of use, planning permission is required.

The Council clarified that while all applications are considered on their own merits, the Planning Authority has been consistent in not permitting the repurposing of crèche facilities unless a comprehensive assessment has been provided to demonstrate a surplus of childcare facilities exist in the area, and this evidence is supported by the Planning Authority and Kildare County Childcare Committee.

The Council informed Cllr Feeney that the Planning Authority has conducted Infrastructure Assessments and Social Infrastructure Audits for a number of settlements to inform the County Development Plan Variation and details will be finalised in the coming months and distributed to the members thereafter. These assessments/audits provide a database of existing crèches/childcare facilities and where possible the capacity of services therein.

Cllr Feeney added that she is very aware of the difficulties parents in Maynooth are experiencing in securing childcare places for their children across the county and the pressure it is putting on families. She is part of a Community Crèche Action Group founded to address the fact that current providers are full until 2024. Cllr Feeney informed Council that it is at a critical point and with increasing population the situation will only get worse, Council needs to be vigilant and that where a crèche is part of an approved planning application that it is provided.

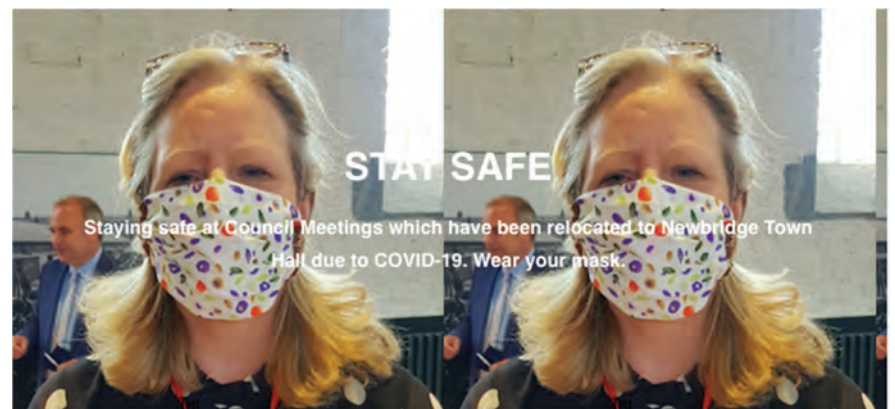
People choose to move to Maynooth, to purchase a home in a new housing estate that will include a crèche as part of their estate but roll forward months then years and the crèche does not materialise.

Cllr Feeney believes that a holistic approach to the problem is needed with increased proper community-based affordable childcare. She agrees that a new model of childcare needs to be put in place because the current one isn't working and hopes that the new government delivers on what is promised for childcare in the Programme for Government. Until then, we need to play our part and ensure that these planned childcare facilities are being delivered. The motion got the support of council with many members across parties making contributions to the discussion. Cllr Feeney stated that she was happy to hear that this issue will form part of the wider conversation and the upcoming Review of the County Development Plan. Cllr Feeney asked for the issue to be kept on the progress report and that she looks forward to seeing the social infrastructure audits that are mentioned in the report.

COVID-19 map by Electoral District

Cllr Feeney spoke about the COVID-19 map on the www.gov.ie website at the Council Covid meeting on August 14th, stating that it had not been updated since June 12th and calling on the Council to communicate this to the HSE. The map is very useful in providing correct data on each electoral district and the public have a right to have the most up to date data. Cllr Feeney also added that this would address the many rumours that had been circulating about case numbers. The acting Chief Executive responded stating that he would escalate the issue. Cllr Feeney welcomed the fact that the map was brought up to date the next day. You can access it to see the number of cases for our area:

<https://www.gov.ie/en/service/...>



Speed Limits Review

Cllr Feeney requested the Council to introduce temporary 30km/h zones around schools in Maynooth, as is already done for some rural schools in the county.

The Council responded stating that at present it has no plans to install periodic speed limit controls around schools in Maynooth. However, as part of the current County Speed Limit Review, which is the legal process for the adopting speed limits, the Council will review the Speed Limits as mentioned.

The motion prompted a lot of heated supporting contributions from Council colleagues equally frustrated at the situation. This review needs to happen quickly, Cllr Feeney asks why should it take so long to put 30km speed limits at schools. She added that Jakes Law was agreed by Council in 2028 and nothing has changed in housing estates in the county.

Cllr Feeney concluded by saying :**Speed up Speed Limit Review"**

Lawrence Avenue and Maynooth Park Road Markings

Councillor Feeney requested the Council to provide an update on the status and timeline for the reinstatement of road markings, namely double yellow lines and stop lines at Lawrence Avenue and Maynooth Park since resurfacing works in 2018. In its response the Council stated that the Municipal District office will investigate what needs to be replaced and arrange for same to be replaced in the next two months.

Cllr Feeney also requested that the hedges along the Celbridge Road also be cut back to make the route safer for school children returning to school in the coming weeks. Cllr Feeney is happy to report that the works have now been completed.

School Streets Initiative.

Cllr Feeney requested the Council to investigate the possibility of piloting a School Streets Initiative in Maynooth whereby access for vehicles is restricted during drop off and collection times of the school and there is enforcement by the Council of illegal parking on footpaths and cycle lanes. This initiative started in Malahide, Fingal County Council.

Cllr Feeney believes that the situation outside our schools has to be addressed and this initiative could be a hugely positive scheme with massive potential to benefit everyone in the community but mainly to improve the safety and well-being of pupils attending the schools.

Essentially, a section of road outside the schools is transformed temporarily into a car-free, pedestrian and cycling zone to create a safer, cleaner, more environmentally friendly space outside the school, due to the traffic challenges that are caused outside schools in Maynooth-school gate congestion, unsafe parking and blocking of footpaths, road safety risks due to vehicular movements, children being exposed to excess air pollution, and car-dependent children being less physically active.

The initiative provides a pedestrianised zone where access for vehicles to that section is restricted during drop off and collection times of the school, Monday to Friday during term time only.

In response, the Council stated that it is piloting the scheme in Athy and Monasterevin, serving 4 primary schools and 1 secondary school in total.

As the pilot scheme has commenced, it would be beneficial to evaluate the outcome of the current initiative before adding other locations. Schools around the county may be included in any future plans to roll out the initiative following assessment of the Athy and Monasterevin Schemes.

Cllr Feeney looks forward to the outputs from the pilot so that Maynooth and other towns can do something similar. In the interim we need to address the issue of illegal parking on cycle lanes, footpaths and double yellow lines at a time when we need to see more people walking, cycling and Cllr Feeney asked for this to be referred to the Joint Policing Committee to enforce this.

(Continued on page 18)



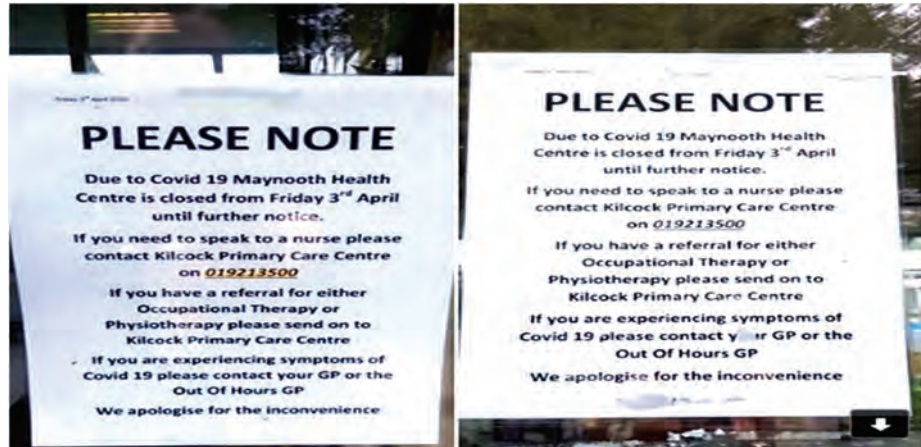
Cllr. Angela Feeney Maynooth Labour News/Cont.



(Continued from page 17)

'Re-location' of Maynooth Health Services to Kilcock

This notice was placed on the Health Centre Maynooth and prompted Cllr Feeney to write to the Minister for Health.



To: Deputy Stephen Donnelly, Minister for Health.
Re.: Relocation of HSE Clinic in Maynooth, Co. Kildare

A Aire,

The decision to relocate the HSE Clinic at the Health Centre in Maynooth to Kilcock Primary Care Centre has met with public outcry here in Maynooth. The Health Centre provides much needed services to the community of Maynooth and has done so for over forty years. When service-users saw the notices posted on the door of the Centre informing them that the services would now be moved to Kilcock, there was shock and disappointment to see further erosion of basic services in our town.

In spite of the fact that Maynooth has grown in population to almost 15,000 and with a large growing University population added to this, we have not gained the very basic services needed to accompany the building of more and more houses. In fact, we have no community centre, no full time Garda station, we have to travel to Leixlip for that service. With this recent development, it looks like we will not have a Health Centre and we will need to travel to Kilcock for health services. Older people, people with mobility issues and families cannot and should not be expected to travel out of their own town to avail of health services. The added cost of travel as well as the inconvenience caused is so unfair to the most vulnerable in our community.

I call on you as our new Minister for Health to provide a Primary Care Centre for Maynooth as a matter of urgency. In the interim, I call on you to allow the Community Nurse to be available in the Community she serves by working out of the other HSE-owned building in Maynooth until any refurbishments of the Health Centre are completed. The last thing we need as a growing town is to have yet another service removed from our community.

I am available to meet and discuss this and other important issues for our town

Le meas,

Cllr Angela Feeney

Community Group Grants

Kildare County Council has announced the allocation of funding- €181,230 - to provide capital grants towards the maintenance, improvement and upkeep of community centres and community buildings. Similar expenditure on other community facilities will also be allowed. This funding is being made available under the Government's July stimulus package, and is targeted at measures that stimulate local economies, while enhancing facilities in disadvantaged areas. Capital expenditure on adaptations or equipment needed as a result of COVID-19 may be eligible, depending on the work being completed.

<https://www.gov.ie/en/press-release/2af76-minister-joe-obrien-announces-details-of-5m-funding-for-community-centres-community-facilities/>

NTA Presentation to Council

NTA-The National Transport Authority

Here is a copy of the presentation made by the National Transport Agency to Kildare County Council last week. Please see the link below to access it:

<https://drive.google.com/file/d/1M3bo1YJPhfkoXo1wnFw4mn1aMuseXPE0/view?usp=sharing>

Have your say!

Are there particular issues that you would like me to bring to the Council meetings? Please take two minutes (literally) to complete this survey and to add your voice. Here is the link to the survey:

https://www.surveymonkey.com/r/JJPZGZ9?fbclid=IwAR3syfrgJun9NOzDXHTWC1S5Nj1OwPKi8Y_nw_J6GCNvkY4hdICkDPrfbjU

Recent Meetings attended by Cllr Feeney

June 23rd: KWETB Board (online)

June 23rd: BOM Training Part 2 of 2 (online)

June 25th: MPPS BOM

June 26th: Strategic Policy Committee Meeting at KCC Chamber Naas

June 29th: Plenary Meeting of Council in Newbridge Town Hall

June 30th: KCC Finance Committee Meeting (Online)

July 3rd: Maynooth MD Council Meeting in Council Chamber Naas

July 21st: Joint Policing Committee Meeting with Gardai and MD Councillors (online)

July 24th: Training Webinar on Planning

July 27th: Council meeting at Newbridge Town Hall

August 11th: Special Briefing of full Council response to COVID-19 County Restrictions

August 14th: Special Briefing of full Council response to COVID-19 County Restrictions

Healthy Lunch Boxes for Work

Making a healthy packed lunch box is a great way to save money! I know that packing lunch every day can be tough. But a bit of planning goes a long way.

And remember! It's not just about saving money, it's also about eating healthy food, rich in protein, fiber and with no processed fats!

Tips & Tricks for making healthy lunch box ideas for adults

If you want to become a packed lunch expert, check out these smart tips & tricks! They'll help you to create delicious lunch box ideas for work in no time.

Keep them simple!

The key to great healthy lunches is to keep them simple! Use real food, and prepare as much as possible ahead of time. Pick food that doesn't need to be cooked or requires little effort and is easily stored in the fridge for a few days. Keep them healthy! Pack more fruit and veggies in your lunch box. This will help you to lower your calories, eating less fat and have a much more balanced diet! Use leftovers

Keep some essentials at your desk

You want to make sure that eating lunch at work is as comfortable as possible. Keep some silverware and seasoning in your desk drawer: a small bottle of olive oil, salt, and pepper will make your lunch more attractive!



Protein Lunch Box

With Roasted chicken breast and boiled eggs this lunch box is rich in protein!

Ingredients:

Roasted chicken breast
Cherry tomatoes
2 boiled eggs
A sliced red apple
A tablespoon of almond butter



Energy Boost Lunch Box

Ingredients:

Greek yogurt or Coconut yogurt (for vegan alternative)
Maple syrup
Mixed nuts: almond walnuts, and cashew nuts
Fresh berries
A sliced red apple
A tablespoon of peanut or almond butters

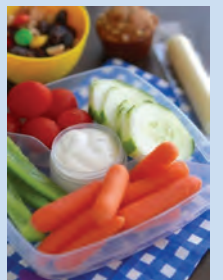
Italian Lunch Box

Ingredients:

A fresh mozzarella
A couple of fresh tomatoes
Basil
Pesto
Pinenuts
Green and black olives
Dressing: extra virgin olive oil, balsamic vinegar, salt and pepper
A toasted slice of bread
Red and green grapes

Vegan Lunch Box

1 small cucumber
1/2 cup chickpeas
1 cup cherry tomatoes
1/2 cup brown rice
A handful of fresh parsley
1/2 cup green and black olives
3 tablespoon extra virgin olive oil
A pinch of salt
A pinch of pepper
1 avocado
1 lemon wedge
Carrots and celery sticks
3 tablespoon hummus



Bread and crackers: Crackers, pita bread, and rice cakes are great too!

Dry nuts: almonds, walnuts, cashew nuts etc. are a great source of healthy fats and protein and are perfect to graze while you start to feel hungry.

These lunch box ideas for adults not only look delicious, but they are so easy to make ahead! They all take between 10 to 30 minutes, and are cheap .

You'll pack these lunch boxes so quickly that you'll have plenty of time to relax and count the money you saved from buying lunch! Plus kids will love them too!

Source: [gatheringdreams.com/lunch-box-ideas-for-adults](https://www.gatheringdreams.com/lunch-box-ideas-for-adults)

**Please stay at home and continue
to take care of each other.**

Continuing to support
the people of
Maynooth-Clane
in these difficult times.

*Thank you to all our
frontline workers.*



Cllr Angela

Feeney

M: 087 2381962

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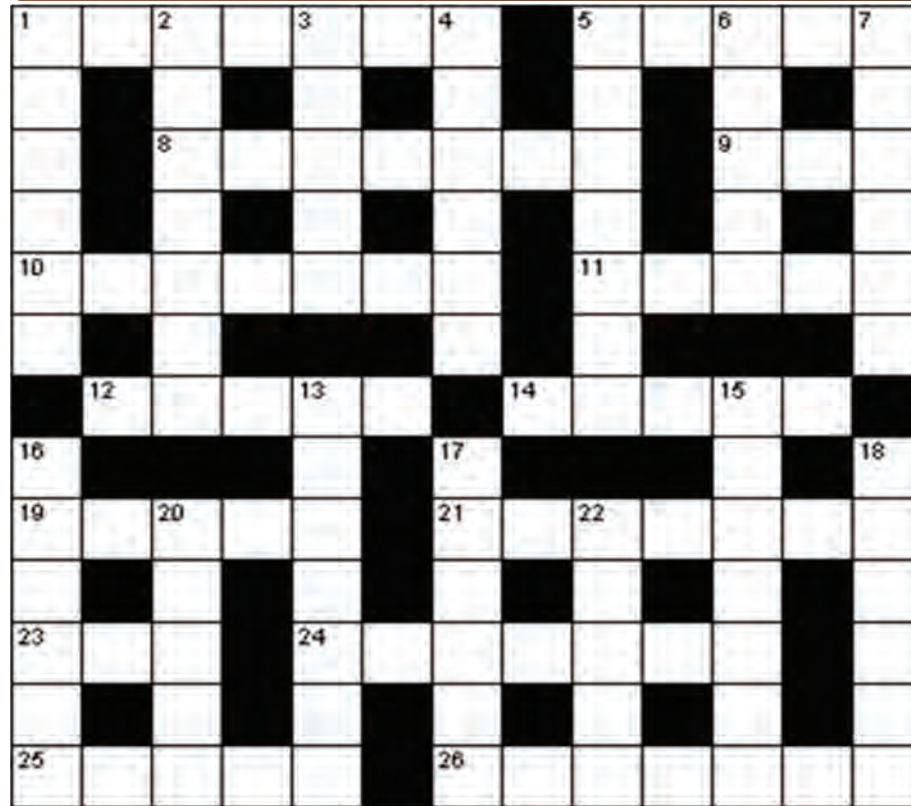


Clues Across

1. Requested the presence of someone (7)
5. Prominent (5)
8. Closest (7)
9. Compete for something (3)
10. Expressed mirth (7)
11. Scope (5)
12. Started (5)
14. Mentally responsive (5)
19. Inexpensive (5)
21. Imaginary creature (7)
23. Pasture (3)
24. Bulwark (7)
25. Pay out (5)
26. Proposition deducible from basic postulates (7)



September 2020 Crossword - No. 494



Clues Down

1. Models of excellence (6)
2. Speculation (7)
3. Impart skills or knowledge (5)
4. Is afraid of (6)
5. Actual (7)
6. Corvine bird (5)
7. Cricket team (6)
13. Had a lofty goal (7)
15. Adult male chicken (7)
16. Weighing machine (6)
17. Pinnacle (6)
18. Apprise (6)
20. Efface (5)
22. Visual representation (5)



Solutions to Crossword
No. 493

V	E	N	U	S		R	E	S	C	I	N	D		
A				A		O		A		M		W		
C	A	B	A	R	E	T		L	A	P	S	E		
U		R		C		A		V				L		
O	M	E	G	A				T	H	E	R	M	A	L
U		V		S		E				A				
S	T	I	G	M	A			R	A	N	C	I	D	
C	R	Y	P	T	I	C		C	O	B	R	A		
H														
A	L	B	U	M				O	P	U	L	E	N	T
N		A		P		O		N						
T	U	R	M	O	I	L		T	O	N	I	C		

Entries for the Crossword & Sudoku Competitions have been suspended until further notice.

If you have access to a printer and wish to complete the Crossword and/or Sudoku for fun you can print the single page by going to File -> Print and print the single page number only.

Difficult

Sudoku Challenge

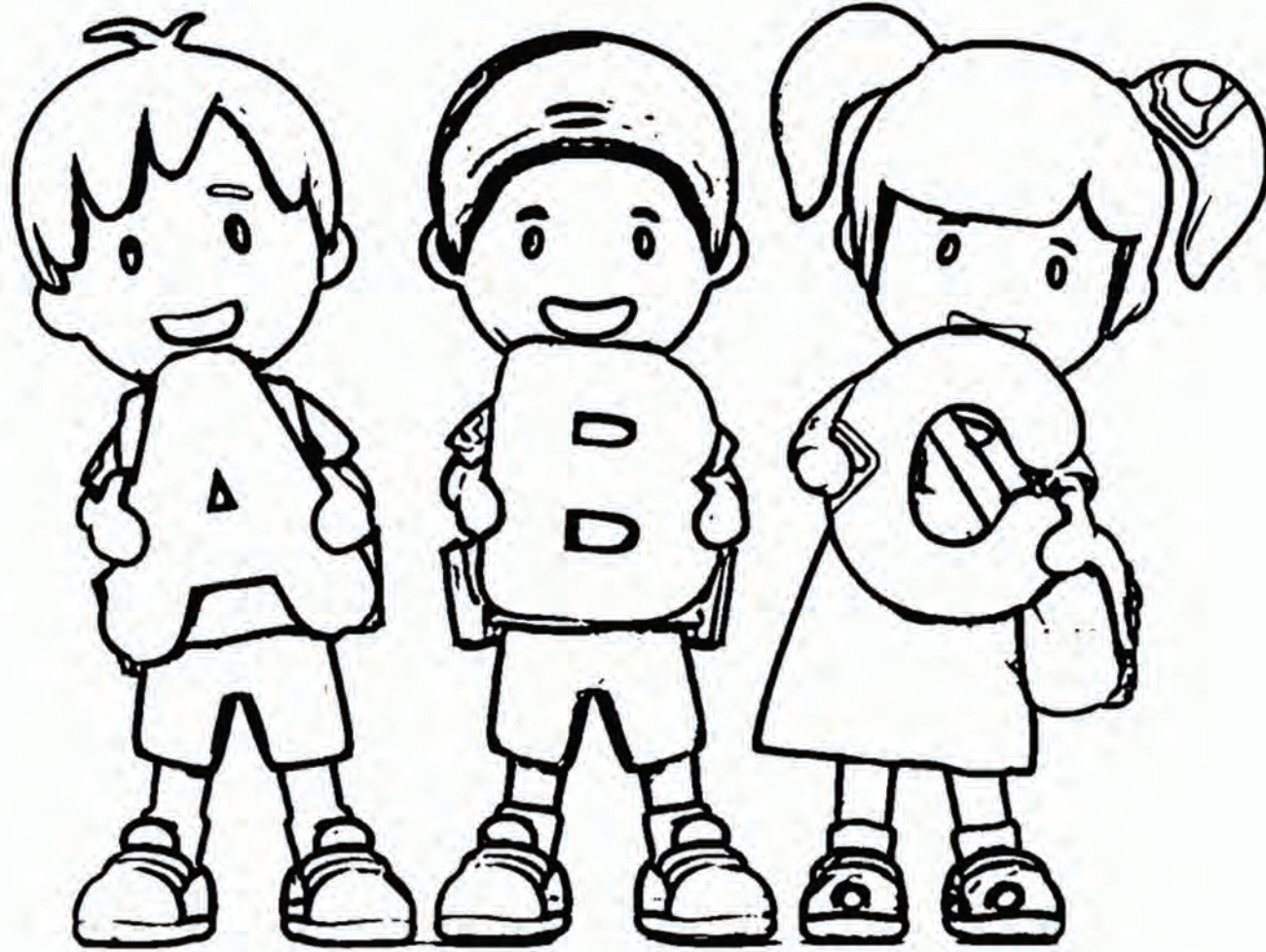
Super Difficult

								8
			9	6			3	
		3			5		2	
2		9			1		6	
	7			3			5	
	6		4			8		1
	4		8			5		
	3			2	4			
9								

							2	
				2	3	1		9
6			5			8	3	
	1	4		9				
9			7		2			8
				4		9	6	
	7	1			5			2
2		5	8	1				
	8							



Entries for the Colouring Competition have been suspended until further notice



Entries for the Colouring Competition have been suspended until further notice.

If you have access to a printer and wish to complete the colouring or Puzzles for fun you can print the single page by going to File -> Print and print the single page number only.

Be sure to avoid printing ALL the pages of the Newsletter unless you intend to do so.

Junior Puzzle Corner

All About Me

My Name Is _____

My Birthday Is _____

My favourite Activity is _____

I want to learn more about _____

I am special because _____

A Picture of Me



Superman

Word Search

DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

BLUE
BRAINIAC
BRAVE
CAPE
CLARK
DAILY
DC COMICS
DOOMSDAY
EARTH
EVILDOERS
FLIGHT
GLASSES
ICON
JUSTICE
KANSAS
KENT
KRYPTON
LANE
LEX
LOIS

U	N	K	R	A	L	O	P	L	A	N	E	T	P	O	W	E	R	S
P	O	D	E	Y	Y	U	N	I	T	K	K	S	Q	H	H	S	I	
S	C	T	N	E	K	F	T	B	S	X	A	H	K	B	T	E	T	
R	I	R	A	T	T	O	P	H	R	O	O	S	O	R	V	X	R	P
E	R	E	L	U	I	M	Z	F	O	A	Y	O	A	J	T	W	E	D
T	V	D	P	J	G	H	J	P	M	R	I	E	F	R	I	K	N	B
R	X	I	Y	P	H	Y	Z	J	Q	M	X	N	L	Q	D	A	G	I
U	M	C	L	F	T	F	T	C	V	S	D	A	I	L	Y	N	T	Y
N	S	A	K	D	S	N	B	X	D	B	J	N	G	A	Y	S	H	M
K	B	P	W	T	O	A	S	B	L	U	E	Y	H	L	C	A	B	L
S	X	E	E	Z	N	E	T	C	O	Q	P	Q	T	B	G	S	R	N
C	L	E	D	Z	O	M	R	S	I	F	W	I	B	V	L	U	Z	X
F	L	M	O	V	T	H	G	S	S	M	B	E	A	T	A	L	O	C
M	E	T	R	O	P	O	L	I	S	G	O	Q	L	F	S	P	E	S
P	N	C	Z	G	Y	E	J	U	S	T	I	C	E	X	S	B	N	X
E	L	Y	U	A	R	R	V	M	B	P	M	K	C	P	E	K	Q	A
H	E	C	T	K	K	D	Y	A	D	S	M	O	O	D	S	D	R	E
I	L	I	V	Y	T	E	Q	X	R	V	A	D	P	E	W	K	B	
W	C	A	Z	B	K	L	J	I	O	B	K	D	U	D	R	K	V	

LUTHOR
METROPOLIS
PLANET
POWERS
RED
STEEL
STRENGTH
TIGHTS
TRUNKS
XRAY



September Gardening



September is generally a cooler, gustier month than August and the days are noticeably shorter. While there's not as much to do in the ornamental garden at this time of the year, if you have a fruit or vegetable patch, you'll be busy reaping the rewards of harvest. It's also time to get out and start planting spring-flowering bulbs for next year and you can collect seeds for next summer's colour too. Make the most of the remaining warmth while you can!

Roses that were pruned after flowering and were given some rose fertilizer will be showing a new crop of late buds and flowers - these can even



flower into early winter if there is no frost. Evergreens can be lifted from late September and re-planted. Control grass and weeds on areas that are marked down for planting in autumn. Check that young trees are securely tied to stakes, going into autumn gales and winter weather. Finish clipping hedges as soon as possible, all kinds of hedge can be clipped at

this time and they will stay neat longer if clipped now. Evergreen shrubs could be moved now if they need to be given more space.

Create a new lawn from turf or seed - autumn weather is favourable for good lawn establishment. Raise the height of your mower blades as grass growth slows down. Now is a good time to carry out essential lawn maintenance to avoid waterlogging and compaction.

Try aerating your lawn with a garden fork, removing thatch from the surface with a rake and repairing dead patches. Use a specialist lawn scarifier if you have a large area to cover. Apply a special lawn top-dressing after carrying out maintenance work. Follow the instructions on the packet carefully. You can feed your lawn with an autumn fertiliser now, which is rich in potassium and low in nitrogen.



Spring bulbs are appearing in the shops and it is a good time to make an assessment of new locations for bulbs. Tidy up messy perennial flowers, but be sure to leave good stems and seedheads, such as agapanthus, fennel,



lysimachia, dierama, phlomis and monarda, for autumn and winter display. Bedding and container annuals will last longer if given some liquid feeding now, they still have two months in them but will fade long before that without feeding and regular watering. There is a last chance to take cuttings of tender plants such as geraniums, marguerites, fuchsias and chrysanthemums to carry over winter.

Keep harvesting crops. If you have a glut of fruit and veg try freezing, drying, pickling, and storing so that you can benefit from them later on. If vegetables have gone over, pull them up and compost them, if they are not diseased. Most vegetables pull out easily when the soil is soft. Take the opportunity to clear out weeds. Later the soil will grow colder and wetter and these removal jobs will be more difficult. Conditions are ideal for planting spring cabbage which benefits from making root growth while there is still a little heat in the ground. Lift potatoes before the small underground slugs become active, and the soil becomes sticky. Place pumpkins on a flat stone or piece of slate or wood if the ground is heavy and wet.



*You know you are a hard-core gardener if you
deadhead flowers in other people's gardens.*



September Recipes

Roast whiting with chorizo and tomatoes

Ingredients:

8-12 whiting fillets or similar
100g chorizo
250g cherry tomatoes
1 pepper, red or yellow
Small bunch fresh basil
Crusty white bread

Method:

Preheat the oven to 200°C. Remove the skin from the whiting by placing the fillet on the chopping board flesh side up. Use a sharp, flexible (if possible) knife. Make a small nick at the tail end but don't cut all the way through to the skin; this will give you something to grip. Carefully work towards the top of the fillet from the tail end, gripping firmly while using a saw-like motion with the knife. The skin should come away in one piece. Remove any bones you can feel. Repeat with each fillet. Place each fillet on a large oiled baking tray. Fold each one in half with the tail tucked underneath to create a small compact rectangle. Place a thin slice of chorizo on top of each one and then scatter the tomatoes, chopped pepper and remaining chorizo around the fish. Bake in the hot oven for 12-15 minutes until the chorizo is crisp, tomatoes ready to burst and the fish opaque. Scatter with torn basil leaves and serve straight away with crusty bread to mop up the sauce.

Serves 6



Lamb with olives and baked feta

Ingredients:

2 cloves garlic, crushed
2 tbs olive oil
250ml red wine
8 black olives, halved and stones removed
15g mixed herbs
1 shoulder of lamb, about 1.5kg, boned
2 large handfuls of spinach
200g feta cheese
200g cherry tomatoes
4tbs basil pesto

Method:

Mix the crushed garlic, oil, olives and roughly torn herbs. Rub this mix all over the inside of the lamb piece - no need to put it on the fat-covered side. Pour the red wine over and make sure every part of the meat is covered with the wine. Roll it all up and place in a sealed tupperware or zip-lock bag in the fridge for a few hours to marinade.

Preheat the oven to 170°C. Unroll the lamb and place in a roasting tray with 250ml of water and any of the marinade that hasn't been soaked up. Cover tightly with foil and cook for two to three hours (three is best). Then remove the foil, baste the meat with juices and add another splash of water, if needed. Turn the oven up high to 200°C and roast uncovered for 10 minutes or so until the meat is crisp and browned. Cover with foil and leave to rest for a few minutes before serving.

You can cook the feta while the oven is high and browning the lamb. Roughly chop the spinach. Place in a colander and pour over boiling water. Leave to cool slightly, then squeeze dry and place at the base of a small oven-proof dish. Place the feta on top and cover with the chopped tomatoes. Drizzle with oil and bake for 10 - 15 minutes. To serve, simply shred the lamb with two forks and then spoon over some over some of the pan juices. Serve with the hot baked feta and cauliflower purée or mashed potato and a drizzle of pesto or fresh herbs.

Serves 4



Apple and Chestnut Soup

Ingredients:

2 pints of chicken stock
115g shallots
170g peeled potatoes
2 large apples
300g chestnuts (poached and peeled)
20g butter
200ml cream
Toasted hazelnuts (to garnish)
Seasoning, to taste

Method:

Melt the butter, then add shallots, apples and poached and peeled chestnuts. Cook until it's transparent in colour and then add diced potatoes. Season, then add chicken stock and simmer for 30 minutes approximately. Liquidize all ingredients and then pass through a fine sieve. Season to taste and then add cream. Garnish this soup with toasted hazelnuts and sliced fresh apple.

Serves 4 - 6



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COOKS
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FRIENDS!**

enjoy



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