



Local News August 2020

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Online Version

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The views & opinions expressed in this Publication are those of the contributors.



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New Maynooth University Student Centre plans unveiled



New building scheduled to open in 2022 to serve as hub for Maynooth Students' Union, a facility for Students' Clubs & Societies and a centre for activities and events.

Works will soon begin on the new centre for student life on campus in Maynooth. The Student Centre will mark the next phase of Maynooth University's campus development plan, which is aimed at providing the critically important campus buildings and infrastructure needed to meet the changing needs of students, staff and the wider community.

Maynooth Students' Union and Maynooth University have today launched the architectural 3-d model for the new Student Centre <https://youtu.be/JNEpAv9c5RU>. The ambitious plans reflect the dedication of all those involved in this project to deliver a top-class student experience.

The new Student Centre will serve as a home for Maynooth Students' Union (MSU), a home-from-home for students, and a focal point for student life. The new building is scheduled to open in 2022 and construction work is expected to commence later this year. The centre will serve as a hub for MSU, a workspace for students engaged in Clubs & Societies, events and a wider variety of activities that help to create that special sense of belonging which is so important to the Maynooth student experience.

The new 3,700 square metre building will be located in lands acquired by the University in 2016 and is being funded through a student levy. Designed by Scott Tallon Walker Architects—who also designed the University's Library, Iontas and School of Education buildings—the new Student Centre's distinctive architecture will create an iconic destination on campus that is welcoming, vibrant, friendly and inclusive. The Student Centre will be built and operated to the highest sustainability standards, including an innovative 'outdoor living room' under a sustainable canopy, blurring the distinction between indoor and outdoor space and creating a unique space and resource for student life.

MSU President Katie Deegan said: "We cannot wait to see the physical works begin and we will keep the student body updated as the project progresses.

"It has been such a wonderful experience seeing this project come to life.



Our students deserve the best of the best and this building will only help further the sense of community we all love here in Maynooth. MSU looks forward to continuing to work alongside Maynooth University in delivering this fantastic new home for student life on campus."

President of Maynooth University, Prof Philip Nolan, said: "Maynooth University has a deserved reputation for offering an outstanding student experience, a strong sense of community and a rich social and cultural life. I'm delighted to see this ambitious plan take shape today and pay tribute to Maynooth Students' Union for their dedicated work to further enrich student life on campus, in partnership with the University."

Why is the new Student Centre so important for the Student Experience?

A place for inclusivity and warm welcomes

Our welcoming ethos will be at the heart of the new Student Centre. This will be an accessible, varied and communal space that will enable all students, no matter what their background, to have the opportunity to be fully immersed in life on campus.

A place to call your own

With more students than ever before living at home and commuting to campus, our ability to deliver exceptional services and opportunities has never been so important. There will also be many communal areas where students can mix, relax, socialise, study and join in with events and activities.

A place for personal growth

The Student Centre will create places to spend time, meet friends, learn, and relax; somewhere that's clearly separate from other campus buildings. The opportunity to develop interests in student representation and Clubs & Societies throughout college life will be here when needed.

A place to find support

A new home for Elected Officers who provide peer-to-peer support to students on issues relating to their health, wellbeing and academic studies. The MSU Frontdesk will be an approachable and welcoming access point for students in need of help and advice.

A place of partnership and representation

Student representation and partnership is core to MSU's activities. The new Student Centre will provide meeting rooms and a democratic chamber - helping student leaders to best represent the entire Maynooth student population.

A place for social activity

The Student Centre will bring together the MSU Shop, Bar, social and performance spaces and a multi-functional venue. From club or society meetings through to large-scale events, the full range of social needs of students will be catered for.



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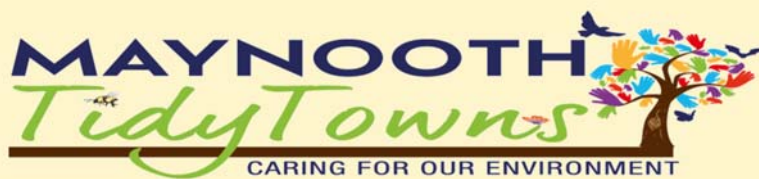


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Deposits Welcome



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In July our volunteers have been very active on Saturday all over Maynooth, watering and litter picking. New finger posts have been placed in church grounds to point the way to the Sensory Garden. We have many wonderful walks around Maynooth and would be obliged if you have a dog to keep it on a leash. Also clean up after it and dispose of in the nearest bin.

Our pollinating insects are in decline one third of our 99 bee species are at risk of extinction. By choosing pollen-rich flowers for your garden, you will help provide much needed food our Bumblebee and other pollinating insects as well as creating a beautiful colourful garden. For more information see www.pollinators.ie.

Learn more about the All Ireland Pollinator Plan 2015-2020 which Maynooth Tidy Towns are part of. Once again when buying plants think Bee-Friendly/Butterfly Friendly plants as this is part of our Pollinating plan for Maynooth this year.

If you wish to volunteer please contact us on 087-3153189 or on Facebook/Twitter

Richard Farrell - PRO Maynooth Tidy Towns



Maynooth Senior Citizens Committee



A lot of progress has been made since last month in terms of businesses opening, however not so good on the club front. While lots of organisations are doing their best to make inroads back to some kind of normality and spread their wings again, apparently as I write, so is the virus. So there lies the challenge for all of us. I told you last month we were keeping our powder dry until our meeting in September, I'm afraid nothing has changed in this regard. Now I know that is not what a lot of people want to hear, but we are very clear about this as we do not believe in fudged lines or mixed messages.

We will continue to monitor the situation and whatever action we take going forward will be in the best interest of all our people. Meanwhile I continue to get great reports about wonderful neighbours and I thank you all for that. To our older people I say, this country has survived, Influenza, Wars and recessions and we'll survive Covid-19. So stay safe, keep calm and enjoy the summer as best you can.

Finally, may I express our sincere sympathy to the families of Kevin Flood, Jo Fay, Betty Shanahan and Noel O'Neill on the very sad passing of their loved ones. Súaimhneas agus Síocháin Dóibh.

Josephine Moore.

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Maynooth Newsletter

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The opinions and statements expressed in the articles are those of the contributors and not necessarily those of the Editorial Board. All materials to be included in the next edition of the Newsletter should be sent by e-mail or addressed to:

The Editor, Maynooth Newsletter,
Unit 5, Tesco S.C. Carton Retail Park,
Maynooth, Co. Kildare. W23 F9F7

Tel: 01-6285922

E-mail: office@maynoothcep.com - Website: www.maynoothcep.com

Letters to the Editor

Letters to the Editor, for publication, should be sent by e-mail to: editor@maynoothcep.com

Mission Statement

The Maynooth Newsletter is a community focused publication available free to the people of Maynooth. It plays an important role in gathering together, recording and distributing community based news.

We encourage all groups and individuals in the community to submit material to let us know about their activities and any upcoming events.

The Newsletter exists for your enjoyment and we hope you continue to enjoy your monthly read and keep us informed of your activities.

The Editorial Board endeavours to ensure independence and balance in the Newsletter content and reserves the right to omit/edit or abridge material which in its opinion might render the Newsletter as a promoter of sectional interests. In addition we undertake the following:

- In the case of errors of fact we will publish corrections when we become aware of such.
- In the case of unwittingly or unfairly impugning the reputation of any person we hereby offer that person the right to reply.

Any contributor seeking further guidelines in this matter is invited to contact the Editorial Board.

Copy date for receipt of articles is published in the Newsletter. We must stress that material submitted after the copy date cannot be accepted.

Maynooth Newsletter Archives

The management and staff of the Maynooth Community Employment Project started a project in March 2011 to acquire and digitise all available issues of the Maynooth Newsletter dating back to 1975. These back issues along with current issues are available by following the archive link on our webpage - www.maynoothcep.com.

The Newsletter Archive can be viewed and searched in pdf format. In addition, there exists the capability to be able to search an entire year. Please be aware the single files associated with the year are larger and will take a little longer to load. The Archive provides an important historical footprint of the Town and records the community profile of Maynooth from the mid-seventies to the present day. We hope you enjoy using it and that it brings back memories of people, places and times and that it equally provides an interesting insight to the development of the town and university for newly arrived members of our community.

Editorial Board - Maynooth Newsletter

Maynooth Newsletter

Copy date for the next edition of the Maynooth Newsletter will be Tuesday 18th August 2020

Editorial

“International Youth Day” gives an opportunity to celebrate and mainstream young peoples’ voices, actions and initiatives, as well as their meaningful, universal and equitable engagement.

The United Nations recognised day is marked on August 12th. The theme of International Youth Day 2020, “Youth Engagement for Global Action” seeks to highlight the ways in which the engagement of young people at the local, national and global levels is enriching national and multilateral institutions and processes, as well as draw lessons on how their representation and engagement in formal institutional politics can be significantly enhanced.



In Maynooth we have one of the youngest populations in Ireland and many younger people here have used their voices on the issues affecting our town.

In March young people from Maynooth Educate Together NS addressed the local area members of Kildare County Council on the things that they felt should be changed in Maynooth. Also in Maynooth young people took part in the “Friday Climate Strikes from school”.

We need to encourage young people to take leading roles in our community – the future depends on them. I know from my own son that young people are as interested as people ever were in the world around them. Talking of leading our community I recently realised that 2020 marks thirty years since I started to get involved as a volunteer in community groups in Maynooth. I know the main reason that I got involved as a volunteer was because of planning issues. Getting estates finished has been an issue for all of these years and some estates remained unfinished for decades.

Even thirty years ago active volunteers were scarce so over the decades I became involved with or started seventeen different groups in Maynooth. I will not list the groups here because of space but they spread from activities around the Arts and Community development, Environmental Care, Local Economic Development and Employment and Education. It has been a privilege to have worked with so many other positive people and while there is no plaque on a wall to acknowledge my work I am not a person that seeks acknowledgement or thanks.

If you are a person who would like to get involved in a positive way in your community I can introduce you to Maynooth based projects.

The Emmy Awards were first awarded in 1949 and are presented in the United States to recognise excellence in various aspects of Television work. Back in February I mentioned here that you should look out for Paul Mescal from Maynooth. If you did not know Paul back then you will certainly have heard of him many times since the TV series “Normal People” which aired in March and has made Paul into a star in many parts of the world.

When the 2020 Emmy Nominations were released in late July it was no surprise that Paul Mescal has been nominated in the category “Outstanding lead actor in a limited series or TV movie”.

I really enjoyed “Normal People” so I hope that he wins.



Paul Croghan
Editor



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The Church of St. Paul/Church of All Saints, Moyglare – historical connections near and far

On yet another trip to another graveyard during lockdown I made a visit to the Church of St. Paul now called the Church of All Saints, Moyglare. Situated in the Barony of Deece Upper, in the civil parish and townland of Moyglare, the Church of Ireland church and graveyard are tucked away in a little enclave just off the Moyglare Road at Anne's Bridge. So, what was the story behind this building and graveyard and who were the people involved?

According to the Archaeological Inventory of County Meath (1987), records show that there has been a church on the site since the 1300s when it was listed for taxation purposes. There are various descriptions of the state of repair of the church from 1600s and that the chancel was in ruins since 1641, a significant year in Irish history. The Church of St. Paul is given c.1870 for the building of present church. However, records in the Irish Architectural Archive and newspaper reports put it at 1866. The Graveyard pre-dates the 1866 church and is a community, multi-denominational burial ground.

Edward McAllister (1836-1866), architect was the person responsible for the design of the Church of St. Paul. He also designed the Geraldine Hall in 1860, a former Church of Ireland School (present day Scouts Hall) which was commissioned by the Duke of Leinster. A proposal dated March 1860 described the project as "Tudor Gothic school house "to be erected" for the Duke of Leinster".

The suggestion of building a new Church at Moyglare also came from the Duke of Leinster. The Church was built by H. Sharpe from Kells at a cost of £1,600 and was project managed by the vicar "who was under no restriction as to costs"... ensuring "the design being met in the most liberal spirit". A report from the Leinster Express noted that George Woods, father of Hans Hamilton Woods immediately responded to the Duke's suggestion and gave £1000 towards its construction. Hans Hamilton Woods (1814-1879) and other Ecclesiastical Commissioners raised the balance.

Edward McAllister had just taken on the project of The Church of St. Paul in 1864 and had the plans drawn up before his untimely death. The Church is described as Early English in style with nave, chancel, robing room to the South and Tower and Spire to the north in white limestone. The windows of the east end are lancet shaped, containing figures of St. Paul (to whom the church is dedicated) with St. Peter and James the Less on either side. The four windows on the West represent the four evangelists over which there is a rose window described as "exquisite in proportion and in the richness of the glass".

These were designed by William Wailes of Newcastle-on-Tyne and were presented by the Misses Woods of Milverton Hall and their father George Woods. The floors of the chancel, aisles, steps, and porch were done in encaustic tiles by Mawe "of most beautiful design". The company was established in 1850 by the Maw brothers, they moved to Shropshire in 1852 and by 1860 encaustic tiles (mock mediaeval) became the height of fashion and the company was the first to use six and more colours. In 1862 a patent mosaic tile was introduced and by the end of the century it was the largest tile factory in the world. They supplied the Royal Family, Alexander II of Russia, Dukes, Earls, hospitals, schools, public buildings, warships, and cathedrals. The Church of St. Paul was in good company.

Consecration of the Church took place on 16 May 1866 by the Lord Bishop of Kilmore, acting for the Bishop of Meath who due to bad health was unable to attend. The Lord Bishop was accompanied by Rev. Robert Staveley, Chaplain and Secretary to the Bishop of Meath. A large body of clergymen and gentlemen from the surrounding area attended the ceremony – Rev. George Blacker Maynooth, Rev. Robert Pakenham Celbridge, Rev. James Hamilton of Ballymacoll, Dunboyne, Mr. Hand Hamilton Woods D.L. Whitestown House, Misses Maunsell, Oakly Park and Mrs Cannon, Moyglare House – to mention a few. After the ceremony all adjourned to the vicarage, where they were received by Mrs. Maunsell and enjoyed an elegant *dejeuner*.

Edward McAllister (1836-1864) was the only son of James, of Dublin and his wife Emilia Chamney. His father later married Christiana (née Hozier) on 17 February 1862. He, like his father appears to have worked for the Ecclesiastical Commissioners. It is recorded that Edward had "already exhibited proofs of considerable ability in his profession". He was admitted as a fellow of the Royal Irish Academy of Architects on 28 June 1864 at the age of 28. Unfortunately, his life was cut short in the same year when he drowned while bathing at Clontarf. He lived at 17 Charlemont Place, Dublin from 1853 until his death. The Leinster Express reported the "lamented the loss" of Edward McAllister and noted "but now that his design has been executed, it can be seen how thoroughly he was imbued with a love of the beautiful, and how completely he realised it in this church."

William Wailes (1808/9-1881) a stained-glass artist and supplier from Newcastle supplied stained glass to Church of Ireland and Roman Catholic churches. He was commended in the newspaper report of the consecration ceremony "Dublin in indebted (to Wailes) for the south transept windows of St. Patrick's Cathedral, and is executed in his best style. Incidentally Wailes also supplied the stained glass for the Church of St. Patrick in Celbridge in 1858.

The Board of Ecclesiastical Commissioners was an agency of Dublin Castle Administration which oversaw the funding, building and repairs to churches of the Church of Ireland. After the disestablishment of the Church of Ireland, responsibility of historic monuments was transferred to the Board of Public Works with remaining functions being taken on by the Land Commission.

Myth and Memory: The History and Story of the Graveyards of Maynooth notes that the names of over 80 headstones in the cemetery have been transcribed and noted in that publication.



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- Archaeological Inventory Co. Meath (1987)
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- <https://www.dia.ie/architects/view/5463/WAILES-WILLIAM%2A%23>
- https://en.wikipedia.org/wiki/Ecclesiastical_Commissioners_of_Ireland
- <http://www.mawscraftcentre.co.uk/history.php>

Susan Durack



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WHERE THE TAP IS TO TURN THE SUPPLY OFF

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WHATEVER HEATING SYSTEM YOU HAVE

BE FAMILIAR WITH ELECTRICAL PANEL AND TRIPSWITCHES. IN
YOUR HOME

ALWAYS HAVE AT HAND PHONE NUMBERS FOR THE FOLLOWING:

EMERGENCY SERVICES
PLUMBER
ELECTRICIAN
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BE AWARE OF YOUR EIRCODE AND KEEP IT HANDY
YOUR EIRCODE CAN BE CHECKED AT [HTTPS://FINDER.EIRCODE.IE](https://finder.eircode.ie)

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Cruithneacht

I mbrionglóid a d'iarr tú orm,
"Cad is cruithneacht ann?"
Agus nuair a dúirt mé,
"Sórt arbhair,"
Ní raibh tú sásta agus dúirt,
"Sea, ach cad is cruithneacht ann?"

Ceart go leor, is crann seasta na beatha é,
Bunbhreosla na sibhialtachta:
Nuair a cheap na sealgairí
Ar a mbia féin a shaothrú
Chuireamar fúinn i gcathracha –
Ach níl ansin ach miniú
Faighte i leabhair nó ar an teilifís;
Seo iarracht eile:
Is í ór an tSamhraidh
Ar uaine na timpeallachta,
Cara díl na mbláth 's na gcócán dearg,
Beathú na luch agus na bpiasún.

Freagra níos fearr uait?
Seo dhuit: Is í deontas bliantúil Dé an arbhair í,
Barr, nár foláir duine a iobairt
Chun a dhóthan a sholathair.
Mar lena theip theip ar a lán.
Mishásta go fóill?
Mar sin: Is í an Dia féin í;
Taispeántas infheicthe na beatha ceilte.
Eithne síor nua
Na beatha gan stad.

Tá loinnir id shúile anois
Mar tá mé gar don fhírinne.
Gach neach a mhair ariamh,
Tusa, mise ár gcáirde.
An t-iliomad gráinní scartha,
Gan fhréamh, gan ghas, gan chrotal,
Gach duine ardaithe lena chara,
Dírithe ar an iothlann mhór,
Le bheith meilte mar phlúr-
A fhadóidh beocht an fhuinnimh
Mar arán síoraí.

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le GM.

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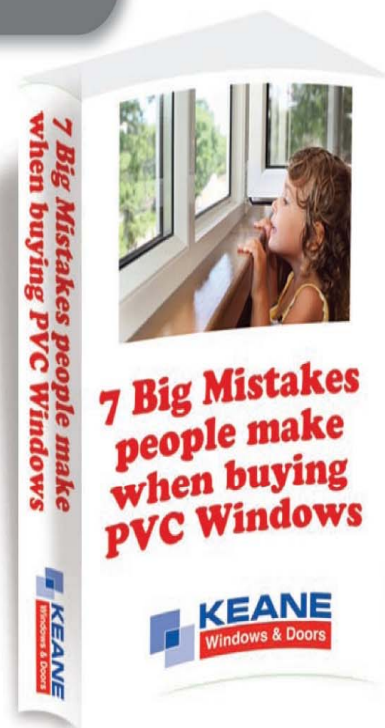
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Saint Vincent de Paul has been assisting people in Maynooth for almost half a century. For many reasons, families and individuals may at some time in their lives find themselves under pressure financially or otherwise. On those occasions, people in Maynooth are encouraged to contact the organisation either at 01 855 0022 or <https://www.svp.ie/get-help.aspx>.



The structure of the organisation in Maynooth is twofold. There is a shop in Greenfields Shopping Centre that functions independently and separately from a visiting conference (branch of SVP) which is comprised of volunteers who meet people in their own homes. There are a wide range of supports we can offer from practical help and advice to a friendly ear. All requests will be followed up by telephone contact within a week, or sooner should an emergency prevail, from a volunteer.

Conference volunteers are trained as confidants. Each volunteer is Garda vetted every three years and can provide identification when they visit a person in his/her home. Be assured that all information shared by clients with a volunteer is maintained in the strictest confidence.

Covid has radically changed peoples' lives since February and it would seem this disruption will continue for another while. In the interest of wellbeing, a telephone call to Saint Vincent de Paul (01 855 0022) may ease the stress people find themselves under. The resources at the conference's disposal have been donated by local people and local businesses with their expressed wish to have these donations distributed within the locality. We would like to thank all our donors for their sustained support as without that support we could not provide the service we do.

Kildare Library Service Bringing the Library to Your Door



Kildare Library Service is offering a housebound service for elderly and vulnerable residents of Kildare who are cocooning due to the Covid-19 emergency. From 2nd June, this service will be operated from our 7 main libraries. If you, or someone you know, would benefit from this service, then please contact your nearest main library from the following options:

Athy Library	045 - 980555	athylib@kildarecoco.ie
Celbridge Library	01 - 6272207	celbridgelib@kildarecoco.ie
Kildare Town Library	045 - 520235	kildarelib@kildarecoco.ie
Leixlip Library	01 - 6060050	leixliplib@kildarecoco.ie
Maynooth Library	01 - 6285530	maynoothlib@kildarecoco.ie
Naas Library	045 - 879111	naaslib@kildarecoco.ie
Newbridge Library	045 - 906130	newbridgelib@kildarecoco.ie

You can request 5 items from a wide variety of books, audiobooks, large print books and DVDs then a member of the library team will deliver these to your home. When you are finished with the items, the library team will also arrange to collect them and deliver some new selections if you would like them. The library service hopes that engaging with the service will provide some entertainment and help to lighten the days ahead for those who are dealing with challenging and isolating circumstances. It is important to note that this service is available to all cocooning residents in the county, young or old, and you do not have to be an existing member of the library to take part.

Library membership is free to all and there are no overdue fines for library loans.

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At the recent AGM of Maynooth Cycling Campaign, a new executive committee was announced – the members are Gerry Dornan (Chair), Jonivar Skullerud, Ross Cadogan, Karen Moore, Andy Hagan and Philip Brennan. While we are delighted with the current volunteers, we would be even stronger with a more diverse committee so, in particular, any women who would like to join would be more than welcome. The priorities for the coming year were also specified, namely the provision of high quality cycle facilities on the Celbridge Road and the use of Covid-19 funding.



Kildare County Council Strategic Policy Committee (SPC)

Kildare County Council held its first meeting of the Transport, Safety and Emergency Services SPC on June 26th over 12 months since the previous one. As it was the first meeting since the election of the new Council, the agenda was somewhat limited.

However, not willing to lose an opportunity for progress, Maynooth Cycling Campaign took the opportunity to submit 6 papers for consideration. They are in relation to (1) Cycling Targets for Kildare, (2) Increased time for people at road crossings, (3) Kissing gates, (4) Width of traffic lanes, (5) Speed limits and (6) Kildare Cycle Forum. The objective of submitting them was not that they would be discussed at the last meeting but that there would be meaningful discussions on them at the next.

Covid-19/ #ChangeOurStreets

At the same meeting, Tadhg McDonnell, the Director of Services for Transport, gave an indication of his thinking on the government offer of Covid-19 funding which was designed to support increased walking and cycling. The Director stated that shop owners wanted to retain parking outside their premises although he did not confirm whether that reflected his personal views. While he did not rule out applying for funding, he suggested that the extent of any application would be limited.

Elsewhere in the country, our neighbour Wicklow County Council has been granted €295,000 from the fund. In Clare, Ennis Town has published an update on proposed measures under the heading of “You asked ... We Listened”. In the capital, Dubliners have proposed 2,314 Covid-19 mobility measures and

some commentators think that Dublin City Council are under pressure for the No. 1 spot from Dun Laoghaire Council which has made radical changes to the centre of Blackrock. In order to keep people informed of continuing changes, a number of Councils are using social media. Meanwhile, we await with interest details of the measures proposed by Kildare County Council.



#SafeRoutesToSchool

Since the lockdown, with streets less dominated by high levels of traffic, it is evident that there has been a huge increase in people walking and cycling. In particular, more parents are to be seen cycling with their children.

In September, it is hoped that some will continue to cycle when primary schools reopen. As part of a campaign to promote cycling, Maynooth Cycling proposes to organise a cycle on Sunday 23rd August at 14:30 hours from Maynooth harbour to Kilcock along the Royal Canal Greenway.

We hope that many parents who would like their children to cycle to school will come along!

Progress by KCC

Peter Carey, the Chief Executive of Kildare County Council, recently published his Annual Report 2019 and revealed that a grand total of 1km of cycle track (which by coincidence happened to be in Maynooth) had been provided by the Council last year. In failing to provide for increased cycling (and walking) across the county, the report highlights how the Council is not “Following the Science”.

Maynooth Cycling Campaign is a non-party political cycling advocacy group. Further information on meetings and activities is available on our website.

We are affiliated to Cyclist.ie, the Irish Cyclist Advocacy Network and through it to the European Cycling Federation



ST MARY'S BRASS & REED BAND

Monday 20th July was a special day for St. Mary's Band as it marked the first occasion for the Band to play together since 9th March. Due to the coronavirus restrictions rehearsals in the Band Hall were out of bounds but towards the end of June we managed to resume with small groups of four which helped the members to get back playing while strictly observing all the recommended instructions.



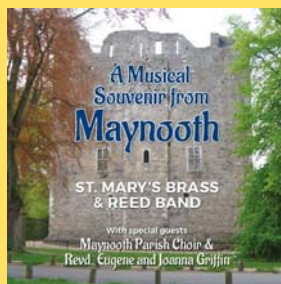
Thanks to the generosity of Maynooth University the full Band was able to get together at the Bandstand area beside the Phoenix Building on the North Campus and went through over an hour of music that we had not seen for a long time.

Again social distancing, hand sanitizing, etc. was strictly observed as you will see from the photo alongside and we hope to continue these outdoor rehearsals for as long as lighting conditions will allow and until social distancing is reduced so that we can get back to playing in safety in our Band Hall. We hope to organise a recital in the area of the Harbour Field on a weekend during the month of

August, weather again permitting so keep an eye on our Facebook Page for further details.

Our second CD, recorded at the end of November last year, is now on sale in The Maynooth Bookshop Main Street, Donovan's Londis in Greenfield and in The Maynooth Newsletter in Carton Park and is very good value at just €10. We are joined once on this CD by the Parish Choir and we were very happy to have our good friends Rev. Eugene Griffin and his wife Joanna join us on this occasion.

All proceeds from this CD will be going towards the travel costs of our trip to the Bad Orb International Music Festival in Germany in September 2021. This event was due to happen in September of this year but unfortunately it was another casualty of the coronavirus but hopefully all will be well in time for the 2021 event. CD sales are beginning to take off already with some winging their way to Kansas City USA, Belgium and even Cobh in Cork. **Please feel free to contact 087 2537 906 if you are unable to obtain a copy and we will arrange to get it to you.**



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Essential oils are extracted from plants to capture their flavours, scents and overall beneficial properties. They make for a great addition to your skin, hair, and healthcare collection.

When applying oils topically, always use a carrier oil. These are oils used to dilute essential oils, like coconut or jojoba oil. Always do a patch test before applying anything to larger areas of your skin. Many essential oils are toxic and shouldn't be taken by mouth unless under the specific care of a healthcare professional.

Types of Essential Oils

Lavender

This incredibly popular oil has all kinds of benefits. This subtly floral scent can help people to relax and sleep. Moreover, breathing it in has been found to help with alleviating headaches, while the use of the oil topically may help reduce the itching and swelling from bug bites.



Safety: There are a few known side effects. These include nausea, headaches, chills, and vomiting. It can also irritate the skin if you have an intolerance.

Rose

When the sweet, floral scent of rose oil is inhaled, it's been shown to help reduce anxiety. Its antioxidant properties have also been found to help treat acne and improve complexion for an overall younger look.

Safety: Skin irritation can occur when used topically, so make sure to use more of the carrier oil if you want to reap the skin care benefits of rose oil.


Frankincense

The aroma of this one may smell like the holiday season to you, but it also has all kinds of astringent, digestive, antiseptic, and disinfectant properties. It may prevent oral issues like bad breath, toothaches, cavities and mouth sores, and one even suggests it can help improve skin health.

Safety: Aside from potential skin sensitivity, users can rest easy knowing there aren't any major side effects from using frankincense.

Cedarwood

Earthy and naturally woody-smelling, cedarwood is used for a number of topical beauty treatments. Studies have shown that these benefits include fighting acne, treating eczema and reducing dandruff. On top of all this, it also allegedly helps to reduce arthritis and relieve coughing.



Safety: It's important to note that none of these benefits comes from ingesting the oil. It's not safe to consume cedarwood oil and if done so can result in vomiting, nausea, thirst and damage to the digestive system.

Basil oil


The essential oil extracted from basil has many topical and internal benefits. It's been known to be both antiviral and anti-inflammatory, so it could work as a cold and flu remedy and muscle relaxer.

It's also been found to treat acne and one older study even found that it worked as a way to reduce stress. You can also add it to hair treatments to get rid of build-up and enhance shine.

Safety: If you're pregnant or breastfeeding, speak with your doctor before using basil oil.

Lemon

This citrusy oil is loaded with antioxidants that can help reduce inflammation, fight against anaemia, boost energy levels and relieve nausea.



Safety: You can use it on your skin to nourish it, but remember: Because it's incredibly photosensitive, you should only use it at night and wash it off in the morning. Don't expose skin to sunlight when using lemon oil topically.

Remember that essential oils must be diluted in a carrier oil before applying to the skin. Do not swallow essential oils. Some are toxic.

Essential oils can lift your mood and make you feel good with just a whiff of their fragrance. For some people they may even help alleviate the symptoms of various conditions. For more information on how to incorporate them into a healthy lifestyle, consult an expert.

Source: [healthline.com](https://www.healthline.com)

Kildare Planning Applications for Maynooth Area

Planning Applications received from 30/06/2020 to 29/07/2020 Information from Kildare County Council Website

App Num	Authority	Applicant Name	Development Address	App Date
20796	Kildare County Council	Kilpatch Limited,	Kilmacredock Upper, Maynooth, Co. Kildare.	21/07/2020
20795	Kildare County Council	Theresa Maughan,	Acres of Fun Playschool, Taghadoe, Maynooth, Co. Kildare.	21/07/2020
20791	Kildare County Council	Cairn Home Properties Limited,	Mariavilla, Moyglare Road and Dunboyne Road, Maynooth,Co. Kildare.	20/07/2020
20749	Kildare County Council	Gourmet Frites (Ireland) Ltd. t/a Bram's Gourmet Frites	Circle K, Carton Hall Service Station, Straffan Road, Maynooth, Co. Kildare W23 V489	14/07/2020
20722	Kildare County Council	Maynooth University	North Campus, Maynooth University, Maynooth, Co. Kildare.	07/07/2020
20721	Kildare County Council	Rodisca Turcanu,	Tudor House, House Between 345-346a Old Greenfield, Maynooth, Co. Kildare.	07/07/2020

Covid-19: Arising from the Covid-19 pandemic, the Planning and Development Act 2000 was amended on 29 March 2020 resulting in the extension of certain timelines in the planning process including submission and decision dates. The Online Planning system does NOT take account of the revised dates.

Due to the current restrictions in place to combat the spread of the COVID-19 Virus we are unable to print & deliver the normal edition of the Maynooth Newsletter. The hope going forward is to produce this Online Version to keep people informed. All the community of Maynooth are invited to submit relevant content to: office@maynoothcep.com as we progress through these extraordinary times. If we mind ourselves and each other we will get through this and come out the other side a stronger community & country. Please bear in mind as the situation progresses we may be unable to produce the Online version.

NATIONAL HERITAGE WEEK

An Chomhairle Oidhreachta
The Heritage Council



Kildare County Council
Comhairle Contae Chill Dara

Heritage Week 2020 will take place from 15th- 23rd of August 2020

This year's exciting theme will be 'Heritage and Education: Learning from our Heritage'.

With ongoing restrictions on social gatherings due to COVID-19 this year, we're not calling for events, instead, we're inviting you to organise a project that explores a topic associated with this year's theme – 'Heritage and Education: Learning from our Heritage'.

To help you think about what aspect of heritage you might want to explore under the theme of 'Heritage and Education', we have developed three broad sub-themes which can be considered for projects.

In May 2019, Kildare County Council adopted the County Kildare Heritage Plan 2019 - 2025.

The plan was prepared by the Council and County Kildare Heritage Forum with support from the Heritage Council.

The tour beginning at Castletown House, the 18th Century stately home of Speaker William Conolly, will lead you in their footsteps as you explore one of Ireland's most architecturally beautiful towns.

Visit <http://www.abartaheritage.ie/product/celbridge-heritage-trail-audio-guide/> to download your free audio guide.



Kildare is a County that boasts a rich architectural heritage spanning many centuries. Through out the county there are many building types represented, some of which are unique to the county. This built heritage takes the form large estate houses, vernacular heritage such as thatched cottages, industrial related structures such as the Grand and Royal canals, bridges, mill buildings and warehouses.

Protected Structures

A protected structure is a structure that a planning authority considers to be of special interest from an architectural, historical, archaeological, artistic, cultural, scientific, social, or technical point of view. Every planning authority is obliged to have a Record of Protected Structures (RPS) that includes structures of special interest in its functional area and into which details of protected structures are entered. The RPS forms part of the **Development Plan**.

National Inventory of Architectural Heritage

The purpose of the NIAH is to identify, record, and evaluate the post-1700 architectural heritage of Ireland, uniformly and consistently as an aid in the protection and conservation of the built heritage. NIAH surveys provide the basis for the recommendations of the Minister for the Environment, Heritage and Local Government to the planning authorities for the inclusion of particular structures in their Record of Protected Structures (RPS).

County Kildare Audio Guides lead you through the stories and personalities that have helped to shape the county. Kildare history stretches back through millennia. Overlooking the Curragh to the south-east stands Dun Ailinne, the seasonal home for a series of ancient Leinster Kings, and the legendary band of ancient warriors, the Fianna, hunted over the plains of the Curragh. It is with the arrival of a devout woman that this area became famous throughout Ireland and throughout the Christian world.



Celbridge Town Heritage Trail

Straddling the River Liffey Celbridge is home to a host of interesting stories and historic buildings and has connections with an array of significant figures from the past. The Celbridge Heritage Trail tells the story of Celbridge's associations with some of these figures such as Arthur Guinness, Jonathan Swift, William Conolly and Henry Grattan.

Maynooth University (Heritage Week)

Protecting and Enhancing our Natural Heritage on Campus

Maynooth University Library is delighted to celebrate Heritage Week with lunchtime talks over three days (18-20 August).

This will introduce people to the history of St. Patrick's College Maynooth, the College Chapel the gardens and the grounds.

This half hour talk will be on Zoom, commencing at 13:00, and followed by 20 minutes for questions.

Date and Time

Tue, 18 August 2020

13:00 - 14:00

Tour of Maynooth College Chapel by

Dr. John-Paul Sheridan

About this Event

Dr. John-Paul Sheridan, a lecturer at Maynooth College will take you on a tour of the iconic nineteenth College Chapel from the history of its foundation to the architecture and the decoration.

This half hour talk will be on Zoom, commencing at 13:00, and followed by 20 minutes for questions.

Maynooth University Library is delighted to celebrate Heritage Week with lunchtime talks over three days (18-20 August), which will introduce people to the history of St. Patrick's College Maynooth, the College Chapel and the gardens and grounds.

Date and Time

Thu, 20 August 2020

13:00 - 14:00



A Catholic College for a Catholic People

About this Event

Pat Watson will look at the background to the foundation of the College in 1795, its varied architectural styles and some of the more colourful stories of people and traditions associated with the College.

This half hour talk will be on Zoom, commencing at 13:00, and followed by 20 minutes for questions.

Maynooth University Library is delighted to celebrate Heritage Week with lunchtime talks over three days (18-20 August), which will introduce people to the history of St. Patrick's College Maynooth, the College Chapel and the gardens and grounds.

Date and Time

Wed, 19 August 2020

13:00 - 14:00

Beekeeping Live! - North Kildare Beekeepers' Association

The North Kildare Beekeepers' Association will be helping the public to experience beekeeping like never before! Streamed live on Facebook, Beekeepers will demonstrate the equipment and construction of a beehive before lifting the lid on the mysterious world of bees. As we go through the hives live comments will be available to ask questions of the beekeeper there and then. A follow-up event will include a pollinator walk around a heritage garden by pollinator experts providing guidance. Helping you to identify the bees and other pollinators in your garden as well as providing guidance on bee friendly planting.

Further Information

E-mail: pro@nkbka.com

A short guided walk of Medieval Kildare

This is a guided tour of some of the built heritage of Medieval Kildare Kildare Town lasting 40 minutes. The tour is an opportunity for people from ten years of age plus to learn about the abbeys of Kildare, the castle, and other features of significance, in one of Ireland's oldest Towns. Due to the current situation the maximum number of people on each tour will be five people (or eight people where the group is from the same family group). The times and dates of the tours will be available on Kildare Town Heritage Centre website and booking will be essential. Kildare Town Heritage Centre will advertise using local businesses, newspapers and social media.

Further Information

Phone: 045 530672

Email: info@kildareheritage.com

Please check National Heritage Week Site for further events & information

<https://www.heritageweek.ie/>

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Catherine Murphy T.D. Social Democrats, Kildare North.

Constituency Office ph: 01-6156625 Dáil Office ph: 01-6183099 - e-mail: catherine.murphy@oireachtas.ie

Increase in Sustainable Transport Funding for Kildare

Figures released to Social Democrats Co-Leader Catherine Murphy T.D. revealed an increase in funding for sustainable transport projects in Kildare for 2020.

Funding of up to €2.2m has been agreed to transfer from the National Transport Authority to Kildare County Council exclusively for the implementation of sustainable transport. Projects that received funding include a number of cycle networks, bus corridors and footbridges.

Commenting on the funding allocations Catherine Murphy said:

“The funding is very welcome however it should not be overlooked that the County has been enormously underfunded in the area of sustainable transport. If we look back to 2019 we received just €750k. The habits of people are changing in relation to how they travel and commute. The pandemic may have accelerated that and the funding needs to catch up in order to facilitate that change.

“If the infrastructures are there they will be used. We must ensure that the priority is with the person and not the car in terms of travel.”

Social Democrats Councillor Bill Clear added:

“Spending should take a strategic approach which results in people being able to mix their modes of transport linking cycling and walking to public transport.

“I recently engaged the NTA regarding the cycling and walking strategies for the county, a process is now underway between the NTA and Kildare County Council on how best to provide councillors with a full briefing on the walking and cycling strategy for Kildare.”

The NTA collaborates with all local authorities, including Kildare County Council, on delivering projects within the Sustainable Transport Measures Grant Programme within the Greater Dublin Area.

An overview of the Programme, together with Annual Reports for each year of the programme, are published on <https://www.nationaltransport.ie/transport-investment/sustainable-transport-measures-grant/> These reports include expenditure against each individual project funded for that year.

Maynooth is included in the latest round of LIHAF funding

For Written Answer on : 15/07/2020

Question Number(s): 94 Question Reference(s): 16183/20

Department: Housing, Planning and Local Government

Asked by: Catherine Murphy T.D.

QUESTION

To ask the Minister for Housing; Planning and Local Government the original cost of each project, grant aid and projected output for each project in respect of LIHAF; the revisions to same; the date of each; the amount of grant aid paid out to each project; the delivery of housing units per project to date; the discount given to each purchaser for each of the past four years to date in 2020; the number of Departmental officials by grade working on LIHAF in each of the past four years to date; the details of staff that have left the section over that time in tabular form; and if he will make a statement on the matter.

REPLY

As an initiative of the Rebuilding Ireland Action Plan for Housing and Homelessness, the Local Infrastructure Housing Activation Fund (LIHAF) is primarily designed to fund the provision of public off-site infrastructure to relieve critical infrastructure blockages and enable housing developments to be built on key sites at scale.

In 2018, 30 projects received final LIHAF approval with an overall budget of €195.7m, of which €146.8m will be Exchequer funded, with the remainder funded via local authorities. Of the 30 projects, Kildare County Council has confirmed that its project on the Naas Inner Relief Road will not now progress, although the Council has confirmed that an element of the housing delivery that was associated with the project has taken place.

Details of the project approvals by local authority area, budget allocation, project description and projected housing delivery associated with the funded infrastructure are available at www.rebuildingireland.ie/LIHAF.

Initial funding was based on estimated costs at the time of application. Following site investigations planning processes, detailed design and the procurement processes, additional Exchequer funding has been approved for a number of projects detailed in the table below to support the final costs of these projects. In all cases increased funding has been matched by increased levels of funding provided by the local authority and/or developer in question.

Local Authority	Project Name	Supplementary Funding €
Cork City	Old Whitechurch Road	824,000
Fingal	Oldtown Mooretown	333,000
Fingal	Baldoyle Stapolin	2,000,000
Kilkenny	Western Environs	1,475,532

Currently, 3 LIHAF projects have completed infrastructure construction. Of the remaining 26, up to the end of June (and excluding the discontinued Naas project), 14 projects have been approved to go to, or are already at, infrastructure construction stage.

Of the remaining 12 projects, 1 is expected to have tender approval and commence construction before the end of Q4 2020. Eleven local authorities have indicated they are not yet ready to go to infrastructure tender stage which is required in order to receive approval to proceed to construction. My Department is reviewing these projects and considering requests from local authorities for extensions to the funding agreements as and when they arise.

The table below details LIHAF projects that have received a time extension:

Local Authority	Project name	Time Extension
Cork County	Midleton (Water-Rock)	to Q2 2023
Cork City	Glanmire	to Q2 2021
Meath	Ratoath	to Q3 2022
Meath	Farganstown	to Q4 2023

In terms of LIHAF funding drawdown, thus far, the actions by local authorities on most infrastructure projects have been concentrated in the design, planning and procurement stages, and the bulk of expenditure will arise during the construction phase.

This is reflected in the level of expenditure to end June 2020, with approximately €39.285 million in Exchequer funds drawn down, matched by a further 25% local authority funding, bringing the total expenditure to €52.380m.

The table below details the exchequer funding drawn down, broken down by local authority, up to end of June 2020.

Local Authority	Project name	Drawdown of LIHAF funding Exchequer Contribution to end of June 2020 (€)
Clare	Claureen, Ennis	157,919
Cork City	Old Whitechurch Road	5,522,959
Cork City	South Docks	714,798
Cork City	Glanmire	490,751
Cork County	Midleton (Water-rock)	358,044
Cork County	Carrigaline	450,000
Dublin City	Dodder Bridge	473,487
Dublin City	Belmayne and Clongriffin	325,710
Dun Laoghaire Rathdown	Cherrywood	2,738,281
Dun Laoghaire Rathdown	Woodbrook Shanganagh	0
Dun Laoghaire Rathdown	Clay Farm	0
Fingal	Donabate Distributor Road	10,780,000
Fingal	Oldtown Mooretown	2,724,266
Fingal	Baldoyle Stapolin	274,561
Kildare	Naas	470,190
Kildare	Maynooth	390,556
Kildare	Sallins	654,584
Kilkenny	Ferrybank	225,435
Kilkenny	Western Environs	4,267,655
Limerick	Mungret	2,010,471
Louth	Newtown Drogheda	88,577
Louth	Mount Avenue Dundalk	172,945
Meath	Ratoath	814,063
Meath	Farganstown, Navan	1,953,988
South Dublin	Kilcarbery/ Corkagh Grange	818,081
South Dublin	Clonburris SDZ	23,658
South Dublin	Adamstown	753,735
Waterford City and County Council	Gracedieu	112,234
Waterford City and County Council	Kilbarry	1,435,797
Westmeath	Brawny Road, Athlone	82,500

(Continued on page 15)



Catherine Murphy T.D. Social Democrats, Kildare North.

Constituency Office ph: 01-6156625 Dáil Office ph: 01-6183099 - e-mail: catherine.murphy@oireachtas.ie

(Continued from page 14)

In terms of the delivery of homes associated with LIHAF infrastructure projects, the table below details the number of completed homes up to Q4 2019. Figures in respect of Q1 2020 are currently being collated. Prior to the onset of the COVID-19 emergency, local authorities had estimated that a further 4,000 homes would be delivered in 2020. It is not yet clear what impact the pandemic will have on LIHAF delivery. The individual sales price of each home delivered following the construction of the LIHAF facilitating infrastructure is not available in my Department.

Local Authority	Project Name	Residential Units	Social/Part V	Cost Reduced/
Cork County	Carrigaline	180	0	0
Fingal	Oldtown/Mooretown	379	8	211
Kildare	Naas	190	15	150
Meath	Ratoath	106	2	10
South Dublin	Adamstown SDZ	1,202	120	459
Cork City	Glanmire	13	0	3
Fingal	Donabate	66	0	66
Limerick	Mungret	26	0	26
	Total	2,162	145	925

LIHAF has been administered within the Capital Infrastructure Unit of my Department since March 2019. It was previously managed under the Planning Programme Management Office section. Staff allocated to work on LIHAF also have other responsibilities beyond the management of the LIHAF programme alone.

Design funds secured for Irish rail expansion
The European Union has awarded a grant worth €8.8m (£8m) for design work to expand the Dublin Area Rapid Transit (Dart) network.

Catherine Murphy TD is delighted that The European Commission has confirmed the award of the funding for the design phase of the upgrade of the Kildare Line, which is part of the Irish government’s Dart Expansion project. The investment was secured under the EU's Connecting Europe Facility (CEF).

I am delighted that the Kildare Line Design phase of Dart Expansion is being supported by the Connecting Europe Facility.

The Dart Expansion is set to double the capacity of our rail network and will facilitate an important reduction in greenhouse gas emissions and a shift towards a climate resilient society.

For the Kildare line, the project will facilitate more services, greater capacity and electrification, as well as enhancing the infrastructure into Heuston Station - one of the busiest rail corridors in the country.”

Our current rail system in Dublin is approaching capacity, and without investment, will leave the railway struggling to accommodate the population growth projected for the region. Jim Meade, chief executive of Iarnród Éireann, said: “The Dart Expansion project will ensure the communities we serve - both on the Kildare line and nationally - will gain from better rail services, and a more sustainable future. The support for this Design phase continues the support we have seen over decades from the European Union for the development of rail infrastructure and services in Ireland.”

Reply from NTA dated 17/07/2020 to Catherine Murphy, T.D. in relation to Parliamentary Question No. 196

Table setting out details of the funding provided by the NTA to Kildare County Council in 2018 and 2019 in respect of sustainable transport projects

Project No	Project Name	2018	2019
KCC/12/0032	North South Corridor Scheme - Maynooth (including Footbridge)	€850,591	€219,172
KCC/12/0035	Dublin Road Corridor improvements - Naas	€18,922	€22,929
KCC/13/0008	Royal Canal Cycling (FCC border to Maynooth) including Railway -Canal - University Corridor Development	€88,396	€267,528
KCC/14/0001	GDA Cycle Network Design in Naas - completion of design contracts for three routes	€3,747	€6,734
KCC/14/0005	Footpath Caragh Village	€22,500	€0
KCC/14/0013	Castledermot - Footpath	€35,038	€0
KCC/15/0001	Bus Shelter Improvement Works	€32,338	€0
KCC/16/0003	Celbridge Road – Maynooth	€48,728	€0
KCC/16/0010	Footpath Construction- Brownstown	€54,993	€0
KCC/17/0006	Access Controlled Secure Bicycle Parking Scheme	€18,450	€13,668
KCC/17/0004	Kildangan Bridge Signalised Pedestrian Facility		€11,198
KCC/17/0005	Easton Road Green Lane Cycletrack, Leixlip		€186,909
KCC/19/0002	Bus Shelter Enabling Works 2019		€23,480
Total		€1,173,703	€751,618

Details of Allocations which the NTA agreed to provide to Kildare Co. Council in 2020 – sustainable transport projects

Project Code	Project Name	20120 Allocation
KCC/12/0032	North South Corridor Scheme - Maynooth (inc Footbridge)	€200,000
KCC/13/0008	Royal Canal Greenway (Maynooth to Fingal)	€750,000
KCC/14/0001	GDA Cycle Network Design	€10,000
KCC/17/0004	Kildangan Bridge Shuttle & Pedestrian Facility	€450,000
KCC/17/0005	Easton Road Leixlip - (Green Lane) Scoil Eoin Phóil	€100,000
KCC/20/0001	GDA Cycle network Design in Naas (Sallins)	€100,000
KCC/20/0002	GDA Cycle network Design in Naas (Kilcullen)	€100,000
KCC/20/0003	GDA Cycle network Design in Kill	€40,000
KCC/20/0004	Cycle Network & Parking	€100,000
KCC/20/0005	Celbridge Bridge	€100,000
KCC/20/0006	Naas and Newbridge Bus Priority	€300,000
Total		€2,250,000

Bug-Free Patio Area

When relaxing in the garden or entertaining friends or family there is nothing worse than flies and wasps swarming around your drinks and food.

Here are a few simple ways to keep your patio area bug-free.

Plant some pest-repelling plants listed below:
Basil: flies, mosquitoes
Catnip: mosquitoes, ticks, flies, cockroaches
Chrysanthemums: roaches, ants, ticks, fleas, bedbugs
Lavender: moths, fleas, flies, mosquitoes
Sage & Rosemary smells good to us but it helps repel insects.
Marigolds don’t deter honeybees, but they do repel wasps.

Marigolds are effective at deterring some other pest insects as well. Lemongrass plants are effective in deterring wasps also.

Use Bug Lanterns and Candles –Place bug lanterns and candles a short distance away from your patio. Insects are attracted to the light from bug lanterns and will be zapped before they can reach you. Smoke from citronella candles will also deter bugs while adding a pleasant ambiance to your backyard. Use can also use scented essential oil candles.



Use food covers & cover your drink when not in use.

You can also make your own bug repellent and use indoors or outside.
You will need the following:
Jar

Water
Lemons & Limes
Essential Oils
Floating tealight candles
Remove the lid on the jar slice the lemons and limes. Fill the jar three quarters with water and add 2 slices of lemon and 2 slices of lime. Add some rosemary and 10 drops of each oil e.g. lavender, lemon & cedarwood.

Float the candle on top and light it and it will release the aroma of the oils.

Place on the table near where you will be seating and it will keep the bugs away.



my Cleaning Solutions.com

Homemade Cleaner To Remove Grime Build-Up And Foot Marks From Leather Sandals

So, if you want to remove those ugly toe prints from your favourite pair of leather sandals, you can easily follow the next steps:

You need:

- ☐ carpet cleaner
- ☐ toothbrush
- ☐ damp sponge
- ☐ paper towels



Proceed with the cleaning method:

Plain and simple! Apply the carpet cleaner on the toe and heel stains, and then start rubbing it gently using an old toothbrush. From time to time, dab the area with paper towels to remove the dirt. Proceed with the rubbing, until the stains are removed. You can test this by dabbing with paper towels: if the paper towel turns black it means that you have to continue rubbing the soles because it still has dirt particles.

The last step is to rinse the carpet cleaner using a damped sponge. Don't forget to rinse the sponge frequently.

Allow the sandals to dry outside in fresh air.

3 quick solutions to get rid of grease and oil stains out of clothes

1. Use baking soda, starch, flour or talcum powder. Apply the powder directly over the stain and leave it on for 5-10 minutes to absorb the fat. Remove remaining powder with a brush or simply shake the material. Apply a little stain removing liquid detergent on the same area and let it act for another 5 minutes. Rinse thoroughly with warm water. If the stain has not disappeared completely, repeat the process.

2. If you have white chalk in your house, use it with confidence. Use chalk to cover all the stained area and leave it on for at least 5 minutes. After that, put the stained material directly into the washing machine. You can use this trick to get rid of the most common dirt stains from clothing (such as those in the elbows, wrists and collar).

3. Apply dishwashing detergent directly on the stain. If you use coloured dishwashing detergent, be sure to dilute it with water before applying it on the fabric. Leave the detergent to act for 2-3 minutes and rub the stained area with a brush. Prepare a mixture of two-thirds water and one-third vinegar and rinse the fabric with this solution. Finally, put the stained fabric in the washing machine.



Homemade fabric softener

Made from all-natural ingredients, this eco-friendly fabric softener helps fluff and freshen your clothes without artificial fragrances or ingredients. Vinegar is a natural softening agent, making it the perfect base for this homemade DIY. The addition of an essential oil, such as lavender, orange, lemon or mint, which are antibacterial, keeps your clothes wonderfully clean and smelling fantastic. And, what's even better, this laundry booster only costs a few Euros to make. Ingredients needed: large jar or container with lid, 16 ounces distilled white vinegar, essential oil, fresh herbs. Mix all ingredients and pour the resulted liquid in a large jar. Your fabric softener is now ready to use!



Homemade furniture polish

Here is a nice homemade furniture polish recipe. Try it and your furniture will shine like new.

If you've got wood furniture that needs a bit of buffing, then instead of reaching for that sticky stuff in the spray bottle, make your own homemade furniture polish with ingredients you probably have in your pantry.

It's like making a special salad dressing for your beloved wood furnishings.

This helpful concoction cleans while nourishing tables and chairs, and it doesn't include waxy ingredients that create unwanted build-up.

Ingredients needed: 3/4 cup olive oil, 1/4 cup distilled white vinegar, 1 teaspoon lemon juice, measuring cup and funnel, small plastic container. Mix all ingredients and pour the resulted liquid in a plastic container. Your homemade polish is now ready for some action!



How To Remove Rust, Limescale And Soap Scum From Bathtub In Minutes

Hey! Are you dealing with hard water stains and soap scums on your bathtub? This sounds like an A.S.A.P. cleaning solution! We all know that the acid found in vinegar and lemon is the best lime scale and soap scum dissolvent, but these solutions are a bit overrated, since I discovered the same effects in grapefruit, only that this fruit will leave a pleasant fragrance behind.

So, if you want to quit the pungent smell of vinegar when cleaning the bathroom, you may wisely replace it with grapefruit.

And as a bonus tip it can remove the rust from a cast iron bathtub in minutes. As for me, I was super-excited to try the grapefruit trick to clean the hard water deposits on my bathtub.

You need:

- 1 large grapefruit
- 1/4 cup of coarse salt

How to proceed with the cleaning process:

Well, take the grapefruit and cut it in half. It will be enough to clean the entire bath not only the calcareous and rusty tub.

Then, sprinkle plenty of coarse salt over one cut half, rinse the bathtub with cold water, and start the scrubbing process. Rub each inch of the bathtub, including the faucet and shower head. If there is no more salt on the grapefruit, sprinkle another layer.

Now, move on with sink cleaning, and change the grapefruit half.

At the end, rinse the grapefruit pulp off the faucets and bathtub, and your bathroom sanitary ware will be incredible sparkling.

I know that grapefruits are a bit more expensive than lemons or vinegar, but the fragrance they leave behind it's worth every penny.



Baking Soda Paste To Remove Blood And Vegetable Stains From Plastic Cutting Boards

So, you need:

- hydrogen peroxide
- baking soda
- washing-up-liquid

Well, at first I used only hydrogen peroxide to clean and disinfect the cutting board by spraying over its surface a considerably amount of 3% hydrogen peroxide concentration and leaving it to act overnight. The next day, I washed the cutting board with plenty of washing-up liquid and water and the stains were gone.

Another trick I used to clean the plastic cutting board was to prepare a paste of 3-4 tablespoons of baking soda with 1 tablespoon of washing-up liquid and 1-2 tablespoons of hydrogen peroxide. You may add more baking soda if needed because the mixture should be easy spreadable. It must have the consistency of shaving foam.

After you've prepared the paste, spread it over the cutting board and leave it to act for 1 hour then rub the paste with a sponge and rinse it with plenty of water.

You may give it another deep cleaning using only washing-up liquid.



The Best Non-Toxic Window Cleaner

The two strange ingredients that will make an amazing homemade window cleaner are cornstarch and vodka. That's right, weird, but highly effective. If you find vodka to be too complicated, you can always substitute it with rubbing alcohol. I did that but honestly, I prefer the vodka properties and its efficiency as a cleaner. Vodka can easily be a substitute for rubbing alcohol because it contains ethanol and water. However, rubbing alcohol is mostly isopropyl alcohol with water and additives. For me, these additives translate into other chemicals that are unknown. Thus, I prefer to go with vodka so that way I can make sure there are no unknown chemicals in my home. It is time for you to get spotless windows with this homemade windows cleaner. Let's see how you can make it.

Combine in a spray bottle:

- 1/4 cups of a cheap vodka - 1/4 cups of white vinegar
- 1 Tbsp. of cornstarch - 2 cups of hot water

Shake well.-That's furthermore, for lint-free windows, you should finish off with one last wipe using a sheet of newspaper, the old technique. After using it, store the mixture in a cool dark place and then, don't forget to shake it for future uses, so you can combine the ingredients again before each use.





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FREE QUOTES





Writers' Corner - Short Stories/Articles from our Readers

The Missing Statue

It had been there as long as Tony could remember, a small blue and white statue of the Virgin Mary standing on a rock in the river. Who had put it there he couldn't tell but now it was gone. Walking across the bridge he would no longer enjoy the sight of Mary gazing on the fast-moving current. It wasn't a religious emotion. True, he attended mass every Saturday evening, but more out of habit than piety. No, the statue appealed because it had reminded him of his childhood, the family kneeling on the kitchen floor to say the rosary. He decided he'd consult Vincent, chairman of the Tidy Town Committee.

Vincent didn't seem particularly concerned about the statue's disappearance. 'It could be somebody who wants to protest, now that the pope's going to visit Knock in August,' he suggested.

Tony was puzzled. 'What has that to do with our statue?'

'Nothing and everything,' Vincent gave a wry smile. 'Look, I'll ask around and if I hear anything I'll let you know – nobody's mentioned this to me before today.'

As he drove back to the bungalow where he lived with his wife Colette, Tony thought about Vincent's response. Was it possible that some people preferred a bare rock in the middle of the river? He'd have to investigate the matter.

That afternoon, while out walking, he spotted Gerry, the young local guard, and, after commenting on the weather, asked, 'Do you know anything about the missing river statue?'

'Don't quote me on this,' Gerry warned, 'but I've a fair idea who's involved. It's the same group that vandalized the crib outside the Church of Ireland last Christmas.'

'Do you know who those fellows are?'

'Fellows! They're not all fellows. A few young lassies hang out with them, drinking and smoking pot. Look, I've probably said too much. If you come up with anything, let me know,' saying which, Gerry got into his car.

As he watched him drive off, Tony recalled an encounter with three youths a few months previously. He had been limping because of a sore foot and as they passed, the biggest fellow struck his arm. It was a light blow but the disrespect it showed hurt. Could fellows like that have taken the statue? He'd have to venture into their territory, Woodvale, the town's outlying quarter.

Next day, parking his car at a closed grocery shop near Woodvale, he walked slowly past rows of houses that got shabbier the further he went. Only a few young children were about, riding bikes down the middle of the road. Suddenly two teenage yobs on mountain bikes came zooming round a corner, weaving their way recklessly through the children. A small group of fellows hurried round the same corner, hogging the footpath. Avoiding eye contact, he stepped onto the road.

'Hey, Mister, lost your way?' a sarcastic voice called out.

Ignoring the taunt, Tony kept walking. Luckily the group didn't stop to hassle him. What a stupid thing he'd done venturing into their neighbourhood. Still, having come this far he might as well keep going.

On turning the corner, he noticed a middle-aged man he'd often seen outside pubs in the main street. The man was fumbling with his door key.

'Hi there!' Tony called out just as the door opened.

The fellow turned round and, as if grateful for being spoken to, asked, 'Are you looking for someone?'

'Not someone, something,' Tony decided to come to the point. 'I'm looking for the small statue of the Virgin that used to stand in the river.'

By the way, my name's Tony.'

'Sure I know that. Everyone in the town knows who you are, Mr. Doyle. Now about the statue, sure everyone knows it was fellas from around here took it, right brats that make my life a misery, breaking the window and setting fire to the dustbin. I've seen their ringleader with that statue tied to his carrier – but look, here comes their girlfriends! I'd better not be seen talking to you.'

'Just a quick question, why do you think they took it?'

'God knows! But I'd better go,' saying which, he dodged indoors just as the girls drew near.

'Hi ladies,' Tony decided to act naturally.

The girls ignored his greeting, but in passing one of them, her hair dyed purple, remarked, 'He must be after yer man for the rent.'

Waiting till the girls were past the corner, Tony continued on this way. His feet were now killing him but he steeled himself to keep walking. Finally, when he had ended up in one cul-de-sac after another, a car drew alongside and the driver, who had an East European accent, offered him a lift.

Tony hesitated, but the man looked trustworthy. 'Thanks a million,' he got awkwardly into the car.

'I saw you passing the house a while back,' the man helped him slot-in the safety belt. 'What brings you here?'

'I was looking for that statue of the Virgin Mary that used to stand in the river,' Tony explained.

'Never set eyes on it,' the man pulled away from the kerb. 'I suppose with the pope's visit, everyone's being more religious – not that I'm religious myself – Co do diabla?' He swerved to avoid the returning mountain bikes.

'Wait till you see your car, mister!' one of the cyclists shouted in passing.

After an anxious few minutes, they reached the shop where Tony had parked. Having thanked the driver warmly; he hurried to his car, only to discover the rear number plate was missing. Damn brats! Now he'd have to face his son Derek who'd lecture him on his stupidity. Derek believed that religion was a load of rubbish foisted by the clergy on gullible people like his parents.

Feeling foolish, Tony drove home. After dinner with Colette and their visiting young grandchildren, Derek's car could be heard pulling into the driveway. When he learned about Tony's foray, Derek shook his head.

'Will you never cop-on, Dad? That statue was a piece of superstitious malarkey. If those young ones took it, so what? It's nothing to what our society takes from them, keeping them holed up in that depressing council estate.'

'If it's depressing, it's because they've made it so,' Tony retorted.

'There you go again, blaming the victims of our capitalistic society for their refusal to live by your exalted standards. But what's the use? Look, I'll see about getting a new number plate for your car tomorrow. Come on, boys, your mam's waiting for you.' Placing a hand on each of the children's shoulders he shook his head and left.

'Don't mind him; you know his feelings on religion,' Colette poured another cup of tea for Tony. 'Maybe if Father Michael agrees, we can get a new statue for the river.'

'You're right,' Tony took a mouthful of tea, 'though Father Michael has enough worries trying to run this parish on his own. As a poem we learned in school put it: *"The old order changeth, yielding place to the new, / And God fulfils himself in many ways..."* I only hope that's true and that the pope's visit will lead to a new awakening.'

'Amen to that; and, anyway, please God, we'll both be in Knock to greet him,'

By P.G. Nerney

Losers?

By chance, I could have been one of them, the less than perfect specimens found in our countryside and towns but especially in our cities; you've seen them, the physically marred, sometimes in rags, often well dressed, but always with some facial blemish or other physical deformity.

I'll start with one I knew long years ago: Mickey lived alone in a thatched cottage beside the raised bog where he cut turf and, in season, shot plover, grouse and snipe. His features were misshapen but not helped by the fact he rarely washed his face; and, yet, he was a fascinating man, a character you'd seek out for a chat.

Next I'll mention Robert in New York. Son of a rich New Jersey couple, he had a law degree from Harvard and was a most erudite companion but because he was not very tall and had what some called 'homely' features, he lacked confidence in company and so girls tended to reject him.

Maureen was such an attractive girl Renaissance artists might have painted her, That's until she spoke and so revealed a set of prominent, crooked teeth. Could her parents have afforded them, growing up she should have worn braces; but, though her speech was quite becoming, young men avoided close attachments.

That brings me to the most ill formed of all, Victor Hugo's hunchback, Quasimodo; haunting the bell tower of Notre Dame, he saw the gypsy Esmeralda and in time a miracle occurred; this half blind, half deaf, apparent ghoul fell in love, confirming the adage that body does not mirror soul.



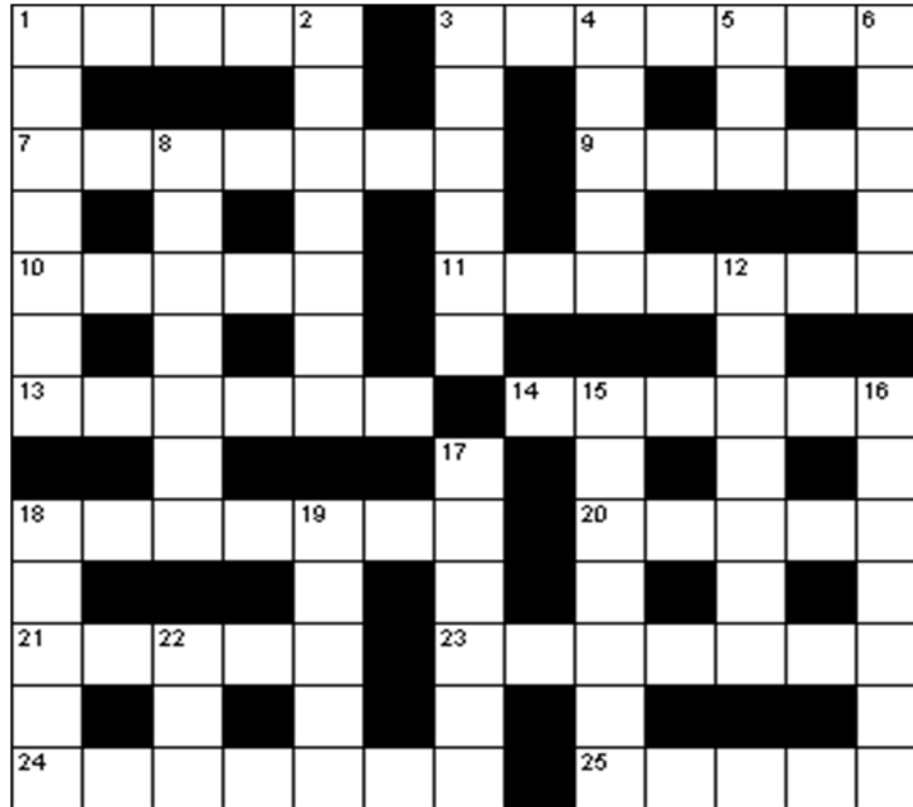
By Colin Scott

Clues Across

August 2020 Crossword - No. 493

Clues Down

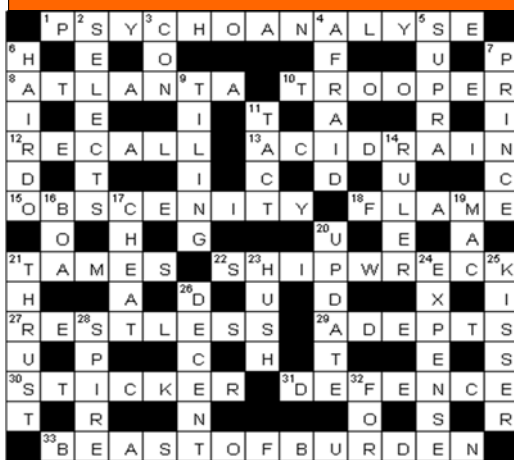
1. Goddess of love (5)
3. Revoke (7)
7. Floor show (7)
9. Oversight (5)
10. Last letter of the Greek alphabet (5)
11. Rising warm air current (7)
13. Symbol of disgrace or infamy (6)
14. Sour (6)
18. Inscrutable (7)
20. Type of snake (5)
21. Photo book (5)
23. Luxurious (7)
24. Commotion (7)
25. Restorative (5)



1. Asinine (7)
2. Satire (7)
3. Turn on an axis (6)
4. Unguent (5)
5. Mischievous fairy (3)
6. Live (5)
8. Transience (7)
12. Gruesome (7)
15. Explanation (7)
16. Forceful and extreme (7)
17. Educational institution (6)
18. Intone (5)
19. Musical speed (5)
22. Saloon (3)



Solutions to Crossword No. 492



Entries for the Crossword & Sudoku Competitions have been suspended until further notice.

If you have access to a printer and wish to complete the Crossword and/or Sudoku for fun you can print the single page by going to File -> Print and print the single page number only.

Difficult

Sudoku Challenge

Super Difficult

4			5					
	3	8						
	2	6	8	4	1			
	6	2	7				4	1
				8				
9	7				5	6	8	
			6	1	8	3	7	
						9	6	
					2			5

					5			
8					6		2	
6		3	7			4	9	
			2	7		1		3
			6		4			
1		7		3	8			
	8	2			7	9		6
	9		8					7
			1					



Entries for the Colouring Competition have been suspended until further notice



Entries for the Colouring Competition have been suspended until further notice.

If you have access to a printer and wish to complete the colouring or Puzzles for fun you can print the single page by going to File -> Print and print the single page number only.

Be sure to avoid printing ALL the pages of the Newsletter unless you intend to do so.

Junior Puzzle Corner



SUMMER
Word Search

N	U	L	D	O	C	Q	E	T	I	E	D
V	P	B	I	K	E	Z	N	G	R	N	C
H	A	N	R	W	F	I	S	L	A	I	L
B	H	M	X	D	Y	T	U	S	A	J	O
F	E	P	L	S	O	B	M	H	U	K	F
C	M	A	R	P	N	E	M	B	T	D	E
A	S	N	C	F	A	N	E	E	N	H	K
M	U	L	T	H	L	Y	R	L	G	E	A
P	R	A	M	O	G	I	L	T	N	A	X
D	J	C	O	N	F	T	W	R	A	T	S
S	Y	P	G	S	A	V	H	I	K	E	C
Z	H	S	P	R	D	M	E	O	L	N	R

BEACH BIKE CAMP FIRE HEAT HIKE LAKE POOL SAND SUMMER

As we move to the end of the summer, August is a time to tidy beds and borders after the crazy mid summer's growth. Once thriving and luscious foliage gives way to ageing yellow leaves. The tallest of herbaceous plants begin to bend and fall over while clump forming perennials start growing leggy. All this can give rise to an unkempt look to the garden in the month of August.

Even though the warmest of weather is behind us, August can still offer the best of sunshine and more reliably drier weather. Colour should not be seen as a thing of the past either. There is a long list of wonderful flower plants that will bloom throughout August. Plants of the Month

Things to Consider for August

Even if the summer is drawing to an end, now is not the time to let up on maintenance as weeds & pests continue to be a problem during the month. Also August can see long dry spells and when this occurs irrigation of vegetables is especially important as harvest nears. Lawn care is back on the agenda in August and this too is a good month for preparing new lawns. It is however best to avoid applying any sort of Nitrogen based fertiliser to lawns at this time of year.

In the Fruit & Veg Garden

- Cut away the old and yellowing foliage of courgettes, tomatoes, broccoli and all other vegetables to allow for better air circulation
- Twist onion stems in preparation for harvest
- Ensure root crops and tomatoes receive regular watering to avoid split roots & fruits
- Sow seeds for Christmas & Spring harvest. You can sow Spring Cabbage, Winter Cabbage, Kale, Salads, Carrots, Broccoli, Chard, Spinach, Lettuce and Beets
- Continue to feed your plants, focus on using a high potassium based feed on tomatoes, courgettes, fruits & cucumbers
- Keep harvesting all crops little and often. With regularly harvesting you can prevent vegetables from going to seed, crops from going off and you can also encourage a second yield
- If your vegetable plot is becoming bare, by the end of the month you can sow green manure



In the Greenhouse

- Maintain regular watering of crops
- Keep doors & window vents open during the day
- Continue to pinch outside shoots of tomatoes, if tomatoes are too slow to ripen you should sacrifice some fruits for the sake of others
- Slugs, snails and aphids can still be a problem this month
- Make softwood cuttings of Lavender, Geraniums & Fuchsias and place in compost & perlite

Plant Care

- Support taller herbaceous plants using bamboo canes or stakes
- Trim back leggy flowers such as Geraniums and Asters & Sage
- Continue to treat roses for black spot & mildew. Also dead head regularly
- Remove suckers that sprout from the base of rose plants
- Feed late Summer & autumn Flowering plants such as Verbenas, Dahlias, Echinacea's & Rudbeckias
- Flowering heads of alliums & hydrangea can be left in situ or brought indoors as cut flowers
- Begin collecting seeds of herbaceous & flowering plants. Label and store in a cool, dry place for sowing the following Spring
- Order your spring bulbs for planting at the end of the month
- August is a good month for trimming evergreen and beech hedging
- Divide Irises, Lilies, Dicentra, Hostas, Aubrietia, Iberia, Peonies, Primrose and Poppies



Lawn Care

- Avoid feeding lawns from the end of July onwards
- By the end of the month you can begin treatment of moss. Apply Sulphate of Iron to lawns
- Apply dicophar to kill any broadleaf weeds
- Towards the end of the month, in dry conditions you can aerate your lawn
- Scarification can also be done to remove thatch and dead grass and moss from lawns
- Reseed bare patches in the grass and water in after sowing
- Begin preparing areas for new lawns by applying a systemic weed killer

General Maintenance

- Rake up fallen leaves caused by periods of dry weather
- Stay on top of weeds
- Check trees and tree stakes ensuring they are not too tight around stems
- Clean bird baths, feeders & tables and increase feeding times for birds

**DON'T WAIT FOR SOMEONE TO
BRING YOU FLOWERS
PLANT YOUR OWN GARDEN
AND DECORATE YOUR OWN SOUL**



Meals in Minutes

One Pan Pasta

This one pan wonder sees both pasta and sauce all cooked in the one pan resulting in perfectly al dente spaghetti wrapped in a silky spinach and tomato sauce.

Ingredients:

- 200g spaghetti
- 200g cherry tomatoes, sliced in half
- 100g baby spinach leaves
- 1 small onion, finely sliced
- 3 cloves garlic, finely sliced
- 1 red chilli, finely chopped
- A small handful of basil leaves, roughly chopped
- 2 tbsp extra virgin olive oil
- 50g pecorino cheese, grated
- Sea salt and ground black pepper



Method:

Arrange the tomatoes, spinach, onion, garlic and chilli across the base of a large frying pan. Nestle the spaghetti in the centre of the pan and pour over the olive oil and 600ml of water or chicken stock.

Place the pan over a medium heat and bring the contents of the pan to the boil. Using a tongs, stir the pasta regularly and cook for about 9 minutes until it's cooked and the liquid has nearly evaporated creating a sauce.

Remove the pan from heat and stir through the pecorino cheese and basil. Season with sea salt and ground black pepper to serve.

Creamy Chicken and Spinach Pasta

Ingredients:

- 300g tagliatelle
- A knob of butter
- 400g skinless chicken breasts, sliced into thick strips
- 3 garlic cloves, peeled and finely chopped
- 50g ready-to-use sun-dried tomatoes
- 150g baby spinach leaves
- 250ml single cream
- A pinch of sea salt and freshly ground black pepper



Method:

Cook the pasta according to the instructions on the packet. Heat the butter in a large frying pan and when foaming, fry the chicken for about 4-6 minutes or until cooked through. Add the garlic, sun-dried tomatoes, spinach and fry until the spinach has wilted. Add the cream and bring to steady simmer for 3-4 minutes. Once the pasta is cooked drain and add to the sauce. Toss well and serve straight away.

Chicken and Vegetable Noodle Stir Fry

Ingredients:

- 7oz/200g medium whole-wheat egg noodles
- 1 red chilli, chopped very finely
- 2 cloves of garlic, chopped
- 1½lb/700g chicken, cut into very thin strips
- 1½ mixed peppers, sliced thinly
- 1 medium onion, red or white sliced thinly
- 3oz/75g mangetout
- 5-6 mushrooms, sliced
- 4 tbsp sweet chilli sauce
- 4 tbsp soy sauce



Method:

Blanch and refresh the noodles by cooking them according to the packet instructions and then strain them into a sieve and leave them under cold running water until they have completely cooled down. Store in the fridge until required. Heat a large saucepan or wok. Have all of the ingredients prepared in advance because you do need to stand over this dish. Add a little oil to the wok together with the chilli, garlic and sliced chicken. Allow the chicken to seal off quite quickly. Next add in all of the sliced vegetables, allow these to cook for approximately 2-3 minutes on a high heat. Mix together the sweet chilli sauce and the soy sauce.

When the chicken and vegetables are almost fully cooked, add in the blanched and refreshed noodles and the sweet chilli sauce and soy mixture and allow to cook for a further 2-3 minutes. Garnish with crushed cashew nuts and torn coriander.





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Kildare County Council

Press Release

New appointment booking system going live.



To facilitate the needs of customers and comply with public health guidance, Kildare County Council, in advance of reopening its offices to the public on June 29th, has this evening introduced a new appointments system for a wide range of services. While the Council provided services online, by phone, email and post throughout the pandemic, public health measures have required that our offices remain closed to the public since March 27th. Now, as we move through re-opening phases under the Government recovery plan for Covid-19, it is essential that public health is supported through managed customer access at our offices.

We encourage our customers to go online to use our services but if customers need to attend our offices, please note access will be by appointment only at all Council offices. Therefore, to avoid disappointment, customers are urged to make an appointment. Customers can access appointments for a wide range of services as follows:

Online - www.kildarecountycouncil.ie

Phone - 045 980 200

Motor Tax - appointments may be made online or at 045 980 591

Housing Services - appointments are available by phone only at 045 980 200.

Libraries are also accessible by appointment only online or by contacting your local library directly: www.kildare.ie/library/Library/



MU welcomes €168m to support sector in re-opening

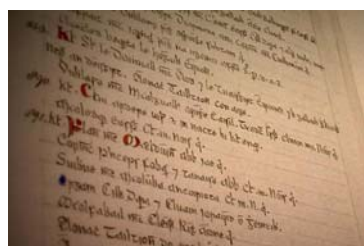
Maynooth University welcomes today's announcement of a €168 million funding package and the practical guidance on operating in the coming academic session provided by Minister for Further and Higher Education, Research, Innovation and Science Simon Harris TD.



The effects of the Covid-19 pandemic on the university sector have been profound. While the year ahead will be very challenging for staff and students alike, we must endeavour to provide students with the education opportunities they seek and deserve. We at Maynooth University are determined to do everything we can to provide the richest possible student experience while protecting the health of staff and students.

Today's announcement will go a long way in helping to meet the challenges of the year ahead. The funding and guidance will support the rapid shift to quality blended teaching and learning, our ongoing research, and essential supports for reopening our campuses. The strong emphasis on helping to meet our students' needs with funding for laptops, connectivity and mental health is hugely welcomed.

Paul Walsh Memorial Lecture
6th Paul Walsh Memorial Lecture -
Prof. Barry Lewis



When: Thursday, October 1, 2020 - 17:00

Where: Iontas Building, Seminar Room 1.33

Due to the coronavirus pandemic, we sadly have to postpone this year's Paul Walsh Memorial Lecture.

We have tentatively rescheduled for THURSDAY 1st OCTOBER. More details to follow.

As a part of the Early Irish & Celtic Studies Research Seminar, Prof. Barry Lewis (Dublin Institute for Advanced Studies), will deliver the 6th Paul Walsh Memorial Lecture with a talk titled 'Nature and Art in Early Welsh Verse'.

All welcome. The lecture is followed by a wine reception. For more information contact: bernhard.bauer@mu.ie

Fire at Maynooth College by Sarah Larkin, Archivist, St. Patrick's College.

This year St Patrick's College, Maynooth celebrates 225 years since its foundation in 1795. This blog post is the second in a series highlighting some of the interesting and lesser known events and facts of the College's history. This post looks at two occasions when fire broke out in the College (1878 and 1940), and how tragedy was avoided.

Check out this (and other Maynooth University Library blog posts) from 14th August.

<https://mulibrarytreasures.wordpress.com/>



Maynooth University Town Football Club



Leinster Senior League Senior Division Sunday

#	Team	P	W	D	L	F	A	GD	Pts
1.	Bangor GG FC	20	11	5	4	47	34	13	38
2.	Malahide United	18	11	4	3	44	15	29	37
3.	Maynooth University Town FC	19	10	4	5	34	20	14	34
4.	St. Mochtas FC	15	9	5	1	29	13	16	32
5.	Crumlin United FC	16	9	1	6	36	26	10	28
6.	Bluebell United	17	6	8	3	42	37	5	26
7.	Edenderry Town	21	6	6	9	28	36	-8	24
8.	Liffey Wanderers	18	6	5	7	38	35	3	23
9.	Killester Donnycarney FC	14	7	1	6	26	19	7	22
10.	Wayside Celtic	19	5	4	10	25	33	-8	19
11.	Ballymun United	17	5	3	9	22	31	-9	18
12.	Cherry Orchard	19	4	6	9	29	56	-27	18
13.	Newbridge Town FC	16	3	4	9	24	43	-19	13
14.	Portmarnock AFC	17	3	0	14	26	52	-26	9

Leinster Senior League Major Saturday

#	Team	P	W	D	L	F	A	GD	Pts
1.	Bluebell United	15	14	0	1	53	16	37	42
2.	Maynooth University Town FC	18	11	5	2	50	22	28	38
3.	Cherry Orchard	17	11	2	4	44	23	21	35
4.	Crumlin United FC	14	9	3	2	38	16	22	30
5.	UCD AFC	18	9	3	6	42	29	13	30
6.	Bangor GG FC	15	8	2	5	30	29	1	26
7.	Liffey Wanderers	16	5	3	8	27	34	-7	18
8.	Booth Road Celtic	15	5	2	8	37	44	-7	17
9.	Ballymun United	18	4	3	11	27	49	-22	15
10.	Swords Celtic FC	16	4	1	11	17	42	-25	13
11.	Colepark United	17	3	1	13	22	53	-31	10
12.	St. Patrick's CYFC	19	2	3	14	32	62	-30	9

Leinster Senior League Division 3 Sunday

#	Team	P	W	D	L	F	A	GD	Pts
1.	Verona FC	19	13	4	2	70	22	48	43
2.	Confey FC	18	14	1	3	61	25	36	43
3.	Maynooth University Town FC	18	13	1	4	60	28	32	40
4.	Dingle United	21	11	2	8	52	40	12	35
5.	Ayrfield United	15	9	1	5	44	24	20	28
6.	Spartak Dynamo FC	15	9	1	5	29	19	10	28
7.	Wayside Celtic	14	8	2	4	32	21	11	26
8.	Edenderry Town	18	7	5	6	34	31	3	26
9.	Esker Celtic FC	19	8	2	9	44	49	-5	26
10.	Woodfarm Football Club	18	7	2	9	29	32	-3	23
11.	Shankill FC	16	6	0	10	35	62	-27	18
12.	Loughshinny United	25	5	3	17	37	68	-31	18
13.	Tymon Bawn AFC	13	3	0	10	22	61	-39	9
14.	River Valley Rangers AFC	25	1	2	22	14	81	-67	5

After a long break in our season due to restrictions brought about by the necessary lockdown imposed. We adhered to all the regulations at the time and are now slowly getting back to something like what we were used to before lockdown. Our season is back in full swing now with our senior teams competing in their respective leagues. Results since the recommencement are promising to date and maintain the good form we were showing before lockdown.

Some results to date:

L.S.L Senior Division Sunday

Town 1 Wayside Celtic 1

Old foes Wayside proved a stumbling block in this closely fought opening game. Both sides showed some signs of rustiness. Jack O'Connor put Town ahead following good play by Duffy and Foley who set up the chance for O'Connor. Wayside got equalised when Town failed to clear a corner. A good opening point to restart our campaign.

L.S.L Senior Division Sunday

Edenderry Town 0 Town 1

This is the fixture that is eagerly awaited each season. Both sides were cagey in their early play but Town were showing the best form and were looking very sharp. Town got their goal just before half time when a low cross into the Edenderry box was swept home by Cillian Duffy. Hard as the home side tried to retrieve the situation, the Town defence held firm and ran out deserving winners.

L.S.L. Senior Division Sunday

Portmarnock F.C. 0 Town 3

Town maintained their good early season form with this impressive win over a dogged home side. Town opened the scoring in the 33rd minute when expertly making space to fire home to put Town one up. Remainder of 1st. half remained scoreless. Town were creating chances but were failing to convert. Fresh legs were brought on mid-way through the second half and this revitalised Town.

Substitute Darragh Deegan cut inside and fired a powerful left foot shot to the home net. Five minutes later Deegan was at it again. This time he received ball at feet, made room before firing home a low shot, two goals of sheer class fit to grace any stage.

L.S.L. Major Division Saturday

St Patrick CY FC 0 Town 4

An impressive away win for Town here where excellent teamwork was to the fore. Town dominated throughout and never gave the home side any chance of getting into the game. Goals by Gavin Kinsella 2 Mathew O'Donnell 1 and Youcef Beehout secured the points.

L.S.L. Division 3 Sunday

Town 4 Dingle Utd 0

Town were slow to impose themselves on this game and took a while to get on top. Town eventually got the breakthrough and they displayed their superior class- Goals by A. Hoaxa 2, Steven Toderic 1 and K. Nakamutka 1

L.S.L. Major Division Saturday

Town 3 Cherry Orchard 0

Another impressive win for town in disposing of Cherry Orchard in an open game. Town looked strong in all departments and were good value for their win. Mathew O'Donnell 2 and Yoncef Belhont provided goals.

L.S.L. Division 3 Sunday

Tymon Bawn 2 Town 7

Town displayed their vast array of skills in this facile win over a swamped home side. Stars were abundant but no more so than Alan Flynn who helped himself to four goals. E. Hoaxa E. Donnellan and S. Toderic completed the Town score line.

FILM/DVD MONTHLY BY BERNIE CLAXTON

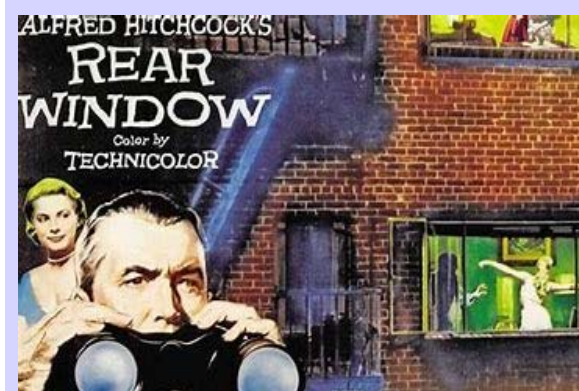
50 GREATEST MOVIES OF ALL TIME



- 1) City Lights (1931)
- 2) Modern Times (1936)
- 3) Gone with the Wind (1939)
- 4) The Wizard of Oz (1939)
- 5) Rebecca (1940)
- 6) The Great Dictator (1940)
- 7) The Maltese Falcon (1941)
- 8) Citizen Kane (1941)



- 9) Casablanca (1942)
- 10) Double Indemnity (1944)
- 11) It's A Wonderful Life (1946)
- 12) The Third Man (1949)
- 13 All About Eve (1950)
- 14) Sunset Boulevard (1950)
- 15) Singin' in the Rain (1952)
- 16) The Quiet Man (1952)
- 17) On the Waterfront (1954)
- 18) Rear Window (1954)
- 19) La Strada (1954)



- 20) Rebel Without A Cause (1955)
- 21) The Searchers (1956)
- 22) Bridge on the River Kwai (1957)
- 23) 12 Angry Men (1957)
- 24) Vertigo (1958)
- 25) Some like it Hot (1959)
- 26) North by Northwest (1959)
- 27) Ben Hur (1959)



- 28) Psycho (1960)
- 29) Breakfast at Tiffany's (1961)
- 30) To Kill a Mocking Bird (1962)
- 31) Lawrence of Arabia (1962)
- 32) The Great Escape (1963)
- 33) Doctor Zhivago (1965)
- 34) The Sound of Music (1965)
- 35) The Good, The Bad and the Ugly (1966)
- 36) Oliver (1968)
- 37) Once Upon A Time in the West (1968)
- 38) The Godfather (1972)
- 39) Jaws (1975)
- 40) Star Wars (1977)



- 41) Witness (1985)
- 42) Cyrano De Bergerac (1990)
- 43) Silence of the Lambs (1991)
- 44) Schindler's List (1993)
- 45) Pulp Fiction (1994)
- 46) Life is Beautiful (1997)
- 47) Cinema Paradiso (1998)
- 48) Gladiator (2000)
- 49) The Lord of the Rings (2002)
- 50) La La Land (2016)



Famous Movie Quotes June Quiz Answers

Name The Actor

1. Humphrey Bogart
2. Patrick Swayze
3. Roy Scheider
4. Tom Hanks
5. Leonardo Di Caprio
6. Vivien Leigh
7. Robert De Niro
8. Clint Eastwood
9. Samuel L Jackson
10. Jeff Bridges
11. Clark Gable

Name The Movie

1. The Shining
2. Forrest Gump
3. Silence of the Lambs
4. The Wizard of Oz
5. The Dark Knight

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