



Local News September 2019 Issue No. 483

This publication is produced by Maynooth Community Employment Project, supported by the Department of Employment Affairs & Social Protection, which is funded by the Irish Government.

The views & opinions expressed in this Publication are those of the contributors.



Maynooth Town F.C. host Waterford F.C. in FAI Senior Cup Tie





What a fantastic day for Maynooth Town Football Club, to host an FAI Senior Cup tie for the first time, to welcome a crowd of over 400 people including visiting supporters to our home ground at Rathcoffey Road.

A massive thank you to all our volunteers across the club who helped in the weeks of preparation for the event and managing the event on the day. It was a great collective effort by everyone concerned, a wonderful occasion and proud day for the club and the town.

Waterford fans were very praiseworthy of the club, the grounds and facilities and the welcome they received. In particular we would like to thank the following for their support for the day:

- Brady's Clock House
- Maynooth University
- Thornton's Recycling
- Willie Kiernan Sound Equipment Systems
- Alan O'Regan Tambourine Catering Ltd.

Maynooth Gardaí - Sgt. Paul Kealy and his team

Kildare County Council Area Office

St. Mary's Brass & Reed Band

Maynooth Fire Brigade

- Order of Malta Ambulance Services
- Dr. Christy O'Rourke
- Laragh Sports Turf Services (Declan Gibbons)

A special thank you to our Maynooth Community Employment Project team who delivered over and above the call of duty to make our grounds so impressive on the day. Everything went smoothly, we got everybody into the ground, parked on site, fed, watered, and entertained by St Mary's Brass & Reed Band.

Thank you to all those who came to support the Town we hope you enjoyed the occasion. Yes we lost to a superior Waterford side but the team gave everything they had. While we lost the game we won the day. We've learned from the experience and look forward to more days like these.

A photo gallery of the day is available on pages 16 & 17

Gerry Folan - Chairman - Maynooth Town F.C.

Maynooth Town Football Club Reeling in the Years

Maynooth Town Football Club is celebrating 50 years as a club this year. Over the years many people have participated in and contributed to our journey, to where we are now, a community club, providing football for 450 players across 35 teams and growing.

The story of our club is ever unfolding and is never stuck in one moment in time. There are many stories held in the collective and individual memory, experiences of playing with or an involvement in the life of the club over the past 50 years. That's why as a club, to celebrate our 50th year, want to capture that history to reflect the experience with club, the memories and stories to

communicate it to a wider audience.

We have started to gather an archive of material and photographs but we are sure that there is more out there. So many people have had the enjoyable experience of playing for and being part of the Town over the years! We would be delighted if people shared that experience with us for the benefit of all with an interest in the

So if you have a photograph, a story, a reflection on your time with Maynooth Town FC, a game that stood out, players you admired etc. please share it with us. Let's celebrate our club's journey and what has been achieved so far.

Gerry Folan - Chairman - Maynooth Town F.C. email: mtfc50years@gmail.com

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MAYNOOTH



COMMUNITY FIRST RESPONDERS

St. Mary's Brass & Reed Band

We are delighted to report that the Band is still celebrating their big win at the International Concert Band Competition held in the University of Limerick on the 27th July where we competed against bands from Ireland and Canada and coming away with first prize.



This win qualifies us for the World Championships in Taiwan next year or Germany in 2021. It has of course to be the 2021 event as we have already been invited back to the Bad Orb International Music Festival near Frankfurt next year. It never rains but it pours....

The Limerick win has really brought the Band on in leaps and bounds but there's still much to be done as we travel to Farmleigh in the Phoenix Park on Sunday 15th September and participate in the Culture Night event taking place in the Church of Ireland on Friday 20th.

This will be closely followed by a joint concert with the Garda Band in the Glenroyal Hotel on Thursday 3rd November so watch out for tickets for both, the Culture Night is a free event and there will be a €10 admission to the Glenroyal Concert.

We extend a warm invitation to any musicians living in Maynooth and the surrounding areas to feel free on Monday nights (bank holidays excepted) To join us in the Band Hall on Pound Lane between 7.45 and 9.45 where you will be made most welcome. In recent months we have had players from Lucan, Celbridge and Mullingar come to join us.

We are a very welcoming band, we have an excellent conductor and we have a very busy programme over the next year.

You can call Paddy on 087 2537 906 if you need any further information.



Maynooth Community First Responders Information Evening

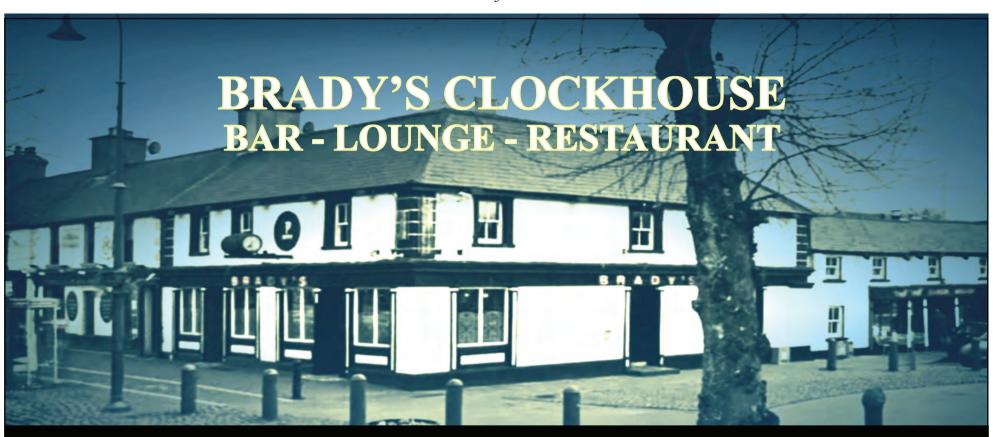
An information evening will be held on Wednesday 4th September in the Community Space, Carton Retail Park at 8.30pm.

All are welcome.

Are you interested in becoming a member of Maynooth Community First Responders? As a volunteer member, you would respond to cardiac emergencies in our community. No previous medical experience or experience of CPR is necessary, all training will be provided. No joining fees. Contact: coordinator.maynoothcfr@gmail.com







Whether dropping by for a friendly drink, food or settling in to watch the match, we are sure you will find a warm welcome with great service and a comfortable setting to ensure your stay is a pleasant and memorable one.

We look forward to seeing you soon.



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Great Food Served 7 Days

Photos of Community Sensory Garden on the Moyglare Rd, which was officially opened on Saturday 27th July



Maynooth Newsletter

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The opinions and statements expressed in the articles are those of the contributors and not necessarily those of the Editorial Board. All materials to be included in the next edition of the Newsletter should be sent by e-mail or addressed to:

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Letters to the Editor

Letters to the Editor, for publication, should be sent by e-mail to: editor@maynoothcep.com

Mission Statement

The Maynooth Newsletter is a community focused publication available free to the people of Maynooth. It plays an important role in gathering together, recording and distributing community based news.

We encourage all groups and individuals in the community to submit material to let us know about their activities and any upcoming events.

The Newsletter exists for your enjoyment and we hope you continue to enjoy your monthly read and keep us informed of your activities.

The Editorial Board endeavours to ensure independence and balance in the Newsletter content and reserves the right to omit/edit or abridge material which in its opinion might render the Newsletter as a promoter of sectional interests. In addition we undertake the following:

- In the case of errors of fact we will publish corrections when we become aware of such.
- In the case of unwittingly or unfairly impugning the reputation of any person we hereby offer that person the right to reply.

Any contributor seeking further guidelines in this matter is invited to contact the Editorial Board.

Copy date for receipt of articles is published in the Newsletter. We must stress that material submitted after the copy date cannot be accepted.

Maynooth Newsletter Archives

The management and staff of the Maynooth Community Employment Project started a project in March 2011 to acquire and digitise all available issues of the Maynooth Newsletter dating back to 1975. These back issues along with current issues are available by following the archive link on our webpage -

www.maynoothcep.com.

The Newsletter Archive can be viewed and searched in pdf format. In addition, there exists the capability to be able to search an entire year. Please be aware the single files associated with the year are larger and will take a little longer to load. The Archive provides an important historical footprint of the Town and records the community profile of Maynooth from the mid-seventies to the present day. We hope you enjoy using it and that it brings back memories of people, places and times and that it equally provides an interesting insight to the development of the town and university for newly arrived members of our community.

Editorial Board - Maynooth Newsletter



Copy date for the next edition of the Maynooth Newsletter will be Tuesday 17th September 2019

Editorial

Regular readers of this publication will know that we take our role of chronicling the social history of Maynooth very seriously so as well as looking at the present we often give our readers reminders of previous events that happened in the town. This month we are recalling the visit of Pope John Paul II to Maynooth in 1979. As this is forty years ago the number of local people who were present at the event and can remember it and are still living here are a relatively select group. Therefore we are delighted that Mrs Josie Moore the well - known community activist with a lifetime of service to our senior citizens has shared her memories of the visit. We will publish memories from other local people in our October edition so please feel free to submit them with photographs if possible.

Elsewhere in this month's edition we celebrate the ongoing development of Maynooth Town Football Club as they mark fifty years in existence this year. Most of those fifty years were spent on the field near Carton Avenue but the move to the Rathcoffey Road has provided the club with much needed improved facilities.



Pope John Paul II's visit to St. Patrick's College Maynooth 1979 during which he blessed the foundation stone of the then new library the John Paul II Library. Also in the photo is Monsignor Michael G. Olden, President of St. Patrick's College and Cardinal Tomás Ó Fiaich. (Courtesy of SPCM Archives)

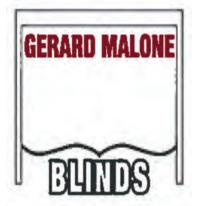
The collaboration with Maynooth University has a positive impact on the progression of the club but with the ongoing expansion of the town the existence of such a strong local club will continue to attract young lads and girls to take an active part in football. In fact Maynooth is lucky to have a range of sports clubs providing opportunities for our young people to try the different codes with field sports such as Rugby, GAA and Soccer leading the way. Of course the valuable encouragement given by the teachers in our schools plays no small part in the story. But no club can succeed without volunteers who are always willing to step forward. One of the key functions of the Maynooth Newsletter is to feature the activities of all local clubs that submit notes to us.

Being September the schools are all back. While progress on completion of the two new Post-Primary schools continues there is much concern about the anticipated completion dates. It will be unacceptable if these schools are not ready to be occupied by the beginning of the next school year in September 2020. This should also mean that the remaining facilities on the site must also be in place. Our children need these facilities as soon as possible and every effort needs to be made to avoid any further loss of time on completing these wonderful new facilities.

We also welcome back students and staff to Maynooth University. For new students coming to Maynooth for the first time we hope our town is a home from home for you. Coming to Maynooth to further your education is a good decision but we would encourage all students to treat Maynooth just like you treat your own home place remembering that Maynooth is home to many other people who are not students and have to live their lives as well. All that been said you can still enjoy your student life just making sure to consider other Maynooth residents who might not want to share in all your fun.

There are additional facilities being developed in 2019/2020 on the University's Northern Campus which could result in additional traffic being filtered on to the Moyglare Road and bearing in mind the current works as well as the possible commencement of other works in this area we could have a very traffic congested September in the Moyglare area.

Paul Croghan Editor



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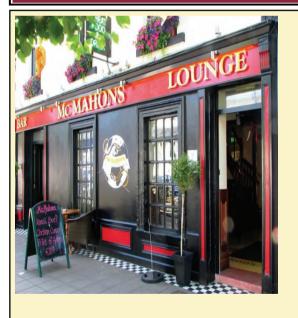
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Cllr. Angela Feeney Maynooth Labour News

E mail: angelaemfeeney@gmail.com - Phone: 0872381962



Public Meeting on Childcare Provision in Maynooth

Cllr Feeney became very aware of the lack of local childcare provision for young families. Since her election, Cllr Feeney has met with The Maynooth Community Creche Action Group which was recently established in reaction to the lack of available childcare places in Maynooth, particularly for those children not yet in preschool. I have reserved a room in the Glenroyal Hotel for a community consultation meeting at 7.30pm on Friday September 20th for an exploration of the options available. All welcome to attend so that we can progress this important issue for families and children in our town.

Newtown Hall Estate Needs to be Taken in Charge

In relation to the TIC of Newtown Hall Estate Cllr Feeney has been in discussion on this matter with representatives of the residents association. Cllr Feeney has scheduled a question on this issue for the next Maynooth Municipal District Council Meeting. The question will ask the Council give an up-to-date report on the Taking In Charge of Newtown Hall Estate to include details in relation to the bond, a works programme outlining when the SNAG list will be dealt with. Cllr Feeney has also requested a response as to why the Council has not met with the Residents Association to discuss the Taking In Charge of their estate?

Maynooth Eastern Ring Road and Noise Reduction for Griffin Rath Estates

The Planning Permission for the Maynooth Eastern Ring Road was passed by Kildare Co. All views and comments are welcome and Council on Monday July 29th. The Eastern Ring Road will link the Leixlip Road with the Celbridge Road and includes the construction of a bridge over the railway and canal.

The Council will now proceed with the detailed design of the project and the CPO for lands required, with a view to inviting tenders for the construction of the road in the first quarter of 2020. The construction period is 16 months. Cllr Feeney questioned Recommendation No. 7 of the Chief Executive Report which states that "No noise barrier walls shall be constructed at the existing Griffin Rath Road, between Griffin Rath Manor and Griffin Rath Hall. Alternative noise mitigation may be considered." Cllr Feeney stated that while the road is a very welcome development, the needs of existing residents should be taken into account particularly those of Griffin Rath Manor and Griffin Rath Hall.

This is going to be a very busy road with plenty of traffic and Cllr Feeney suggested that there is an absolute need for Noise Barrier Walls along Griffin Rath Road between Griffin Rath Manor and Griffin Rath Hall. For this reason she suggested that Recommendation 7, be reviewed.

The Council amended the Chief Executive's Report and Noise Barrier Walls will be provided along Griffin Rath Road as part of the project.

Community Centre for Maynooth

Cllr Feeney is continuing her efforts to ensure Maynooth gets the long-awaited Community Centre as a home for all the great artistic and creative activities that happen in different places in the town. Cllr Feeney is working with all interested community groups to deliver this facility.

Planning Regulator First Strategic Plan

A six-week public consultation is open on the Office of the Planning Regulator's first Strategic Plan.

https://www.opr.ie/opr-strategic-plan-consultation/

Members of the public, stakeholders and other interested parties may comment on the plan between 1st August and 12th September 2019.

All views and comments are welcome and should be submitted to info@opr.ie with the title 'observation on draft Strategic Plan'.

Communities 4 ClimateAction Free Training Course

County Kildare LEADER Partnership training programme is working to promote action on climate change in the county. They are looking for 40 communities around Kildare to join them on the 28th of September to begin a free 10-week training course called Communities 4 ClimateAction. They are focusing their recruitment on community groups and clubs in the county so if you would be interested in doing this course you can register here https://forms.gle/cKhr7U3TCQ6TZBMN7

To find out more about the course you can download the course handbook here https://shrtm.nu/ZCJP

Maynooth Golf Society Shay Moore Memorial Cup Sponsored by the Moore Family

Trim Golf Club 19th August

1 st	Pat Connolly (24)	35pts
2 nd	Eamonn Murphy (16)	34pts
3 rd	Brendan Bean (23)	34pts
4 th	Dermot Myles (15)	34pts
5 th	Tom Coffey(18)	32pts
F9	Sean Farrelly	22pts
B9	Norman Kavanagh	16pts
	NP Terry Moore	4
	Visitor Maura Moore	

Next outing is in Kilcock Golf Club
On 14th September



Morning Routine For School

Children don't understand time in the same way as grown-ups. This can make school mornings a stressful time of day for families.

But staying calm and getting along in the morning will help you all feel positive about the day ahead. For example, fighting with children in the morning makes it harder for you to work well. It even increases the risk of you having an accident at work.

The most useful way to reduce morning chaos is to set up a morning routine for school. Sticking to a morning routine for school helps your children predict what's coming, and remember what they need to do.

Here are some ideas to take some of the pressure out of school mornings – even if things don't always go smoothly!

Planning ahead for school mornings: the night before

The first step in your morning routine for school is to think about what you need to do and work out a plan for doing it. You'll probably find that you and your child can do many things the night before.

Here are some ideas:

- Try to find out the night before (or even earlier) if there is something special going on at school the next day.
- Organise lunches and set the breakfast table ready for the morning rush. Breakfast is
 one of the most important meals of the day, and helps your child to concentrate better
 at school.
- Get your child to have a bath or shower the night before. This means you won't have to worry about this in the morning.
- You might know something is going to come up that could cause conflict, like your child not wanting to eat breakfast, or wanting to wear sneakers rather than school shoes. Talk about it the night before when everybody has time and you're all less likely to be stressed.
- Think about having a weekly schedule or calendar with reminders of what your child needs to take to school each day for example, library books, sports clothes, show and tell, and so
- Think about getting ready for your day the night before as well, to help ease time pressure in the morning.



Emmet Stagg Kildare North Labour General Election Candidate Phone: - 01-627 2149 - E mail: emmet.stagg@votelabour.ie - Web: www.labour.ie/emmetstagg



Tenders for Construction of Maynooth Eastern Ring Road Should be Invited Tenders Invited for Planning and Design of M4 Widening Between in First Quarter of 2020 - Stagg

Labour's Emmet Stagg has welcomed the decision by Kildare Co. Council on July 29th to pass the Planning Permission for the Maynooth Eastern Ring Road.

The badly needed project involves the construction of a new road linking the Leixlip Road with the Celbridge Road and includes the construction of a bridge over the railway and Royal Canal.

With the planning permission now passed the Council will now commence the detailed design of the project and they hope to be in a position to publish the Compulsory Purchase Order for the Project in early September.

Once there are no challenges to the CPO, the Council expect to invite tenders for the construction of the Eastern Ring Road in the first quarter of 2020, and hopefully construction will commence on site by Mid 2020. The anticipated construction period is 16 months.

Welcoming the continuing progress with the project Labour's Emmet Stagg stated that the Maynooth Eastern Ring Road will assist in relieving chronic traffic congestion in Maynooth Main Street.

Court Date Still Awaited on Judicial Review On Moyglare Road to Dunboyne Road Ring Road Via Moygaddy - Stagg

Following the successful passing by Kildare Co. Council of the Part 8 for the Maynooth Eastern Ring Road on July 29th last, Labour's Emmet Stagg was in further contact with Meath Co. Council in relation to the Judicial Review of the Part 8 passed in relation to the Ring Road linking the Moyglare Road and Dunboyne Road in Maynooth Via Moygaddy.

The proposed Ring Road linking the Moyglare Road and the Dunboyne Road via Moygaddy in the Meath part of Maynooth was a critical piece of infrastructure in the Maynooth Outer Orbital Route. With progress on the Maynooth Eastern Ring Road linking the Leixlip and Celbridge Roads it was important that we also had progress on the section linking the Moyglare Area to the Dunboyne Road.

Mr. Stagg stated that Meath Co. Council had advised that the Judicial Review in relation to their decision on 12th October, 2016, to approve the road was ongoing, and that Meath Co. Council have lodged their Statement of Opposition and continue to await a court date.

The Statement of Opposition contest's the facts set out by the applicants who lodged the Judicial Review, namely Brian Clerkin and Kilcloon Environmental Action Association. Mycete Homes have already lodged their contribution to the cost of the Kildare section of the ring road with Kildare Co. Council which covers the cost of completing the road leading to Moyglare Hall Estate to the County Boundary.

Expressing his disappointment at the continued delay, Labour's Emmet Stagg stated that construction of the ring road was a further vital part of the Ring Road System for Maynooth and he hoped that a successful conclusion to the Court Case, which is ongoing now for 2 and a half years would eventually be forthcoming.

Maynooth and Leixlip

Labour's Emmet Stagg was in contact with Transport Infrastructure Ireland in relation to the Upgrade of the M4 between Maynooth and Leixlip, a project which will see the widening of the M4 from two lanes to three, in each direction.

The project is included in the National Development Plan 2018-2027 and is listed as a major road development to be prioritised. The project is approximately 10km in length, with 1.5km in South Dublin Co. Council and the remainder in Kildare Co. Council. The project went through a pre-appraisal stage which was approved by the Department of Transport last January.

Transport Infrastructure Ireland have advised Mr. Stagg, that Kildare Co. Council have recently invited tenders for the provision of technical advisory services to progress the planning and design work on the project.

Welcoming the move to secure consultants to advance the project Mr. Stagg stated that the M4 at present suffers from serious congestion and the project would improve journey time reliability and improve connectivity.

In conclusion Labour's Emmet Stagg stated that the delivery of the M4 upgrade is critical and he would continue to press the Minister for Transport and Transport Infrastructure Ireland on the project, given its importance.

Civilian Staff Numbers Must be Increased in Kildare Garda Division - Stagg Emmet Stagg sought information from the Minister for Justice and Equality in relation to the number of Civilian Staff working on administrative duties in each Garda Division in the State in recent years and as of May, 2019.

Mr. Stagg stated that the use of civilian staff within An Garda Siochana frees up trained Gardaí to carry out front-line policing rather than being stuck on administrative duties, which is a waste of resources and training. The provision of additional civilian staff in a Garda Division is as good a way as increasing garda numbers as the allocation of probationer gardai.

As of May, 2019, there were 1,315 Civilian Staff working in Garda Divisions throughout the State and 34 of those were working in Garda Stations in the Kildare Division. Mr. Stagg stated that 15 were at Naas, 7 at Leixlip, 1 in Maynooth, 5 in Kildare Town, 3 in Newbridge and 3 in Athy.

Since 2016, stated Mr. Stagg, there has been a 44% increase in Civilian staff working in Garda Divisions throughout the State whilst the increase in the Kildare Division has only being 13%. This again shows how unfairly Kildare is being treated. If civilian numbers had increased proportionately in Kildare we would have had a further 9 civilian staff, releasing gardai to front line duties.

In conclusion Labour General Election Candidate Emmet Stagg stated that he would contact Commissioner Drew Harris on the lack of provision of Civilian Staff to the Kildare Division. Pressure has succeeded in increasing our allocation of Gardaí to the Kildare Division in recent years and we must press now for more civilian staff also.

Memories of Pope John Paul II visit to Maynooth in 1979

1979 was an eventful year in many ways for different people all over the world. It was the year that Sony gave us the Walkman, Israel won the Eurovision song contest, the Middle East Crises caused petrol shortages and Mother Teresa received the Noble Prize. However occupying the minds of Irish people was the impending visit of Pope John Paul II to Ireland.

Over one million people welcomed the Pontiff to the Phoenix Park on September 29th where he celebrated Mass and while many people from Maynooth made that particular journey, the highlight of the occasion for us was that he would visit Maynooth on October 1st. The plan was that he would bless the foundation stone of what is now John Paul ii Library in Maynooth College.

The buzz, preparation and clean up on the run up to the visit could only be equalled today by our "Tidy Towns People". Security was tight and we were told that cars would not be allowed into the town after 9pm the night before, so to be on the safe side many of us brought family members from outside the town early that evening for the big event.

At 6am on October 1st, despite a dense fog, we all made our way on foot to the College grounds to find the best position and the best view. With all the luggage people were carrying it looked like a mass exodus from Maynooth. There were children, buggies, bags, wheelchairs

Pope John Paul the Second enters St. Patrick's College Chapel, Maynooth on October 1st 1979

and of course the flask of tea, all in preparation for the long wait. This occasion brought people of all religious beliefs together, interacting and standing side by side which today might not seem unusual, but forty years ago it was beautiful to behold.

Even at that late stage there was some concern that His Holiness would not make it due to the tight schedule, as he was also due to visit Drogheda, Clonmacnoise, Galway, Knock and Limerick.

However despite all of that, as the fog lifted, the Pope arrived in Maynooth, if a little late. He first met with the clergy and students in the College Chapel before emerging to bless the foundation stone of the new Library and address the people.

Apart from the news media, photos were in short supply as not everyone had a camera and of course mobile phones had yet to come.

As for a selfie...well.... that was just someone who was self-absorbed.

Allow me now, for a moment, to take you back to another occasion. It was 1963 when the then president of Ireland, Eamon DeValera, attended the funeral in Maynooth of his friend and comrade, Domhnall O'Buachalla. I was then an impulsive young teenager and as the President was speaking I reached out and touched his hand, which caused him to stop and look around. This in turn caught the attention of his security who began to move in. I didn't wait to see what happened next.... I just disappeared back into the crowd.

However, I wasn't a teenager in 1979 but the impulse was the same and as the Pope passed I reached out and touched his arm, but this time nobody noticed. That folks is my dubious claim to historic fame.

What started out forty years ago, as a dull morning filled with doubt and anticipation ended up a wonderful sunny day, in more ways than one. The buzz and excitement continued as we made our way home, happy in the knowledge that something great had happened in Maynooth. It was a very different



The Pope's Visit to Maynooth October 1st 1979

The New Year of 1980 brought new events to grab the fickle world's attention, Ronald Regan was elected President of the USA, John Lennon was sadly shot and the Rubik's cube kept the young people's attention for all of five minutes. However, in Ireland in General and Maynooth in particular, we were still talking about "The Pope's Visit".

Josephine Moore



James Lawless T.D. Kildare North

Phone: 01-6183587 - e-mail: james@jameslawless.ie - Web: www.jameslawless.ie



Harbour Field Maynooth - Draft Proposals expected soon

A draft design building brief for the development of the Harbour Field, Maynooth is expected to be presented to local councillors at their next council meeting. The Council intends to bring this project through the Part 8 planning process and submissions are invited from residents regarding their proposals. I will keep you informed about this as the project progresses.

Alcohol Bye Laws

Kildare County Council is currently updating the Control of Consumption and Possession of Alcohol in Public Places Bye-Laws for Maynooth, Leixlip, Celbridge and Kilcock. These proposed bye-laws include provision for the serving of a notice on a person found to be in contravention, specifying a fixed payment to be paid, the non-payment of which will result in a prosecution in respect of any offence committed.

Update on New School for Maynooth

I met recently with the Minister for Education Joe McHugh who stated to me at this meeting that school buildings will open in Maynooth by June 2020.

I will hold the Minister to this to make sure this happens as promised. This development is critical for the schools involved and the Maynooth area and I welcome the Minister's commitment on these dates. The capacity issues in Maynooth's schools have reached a critical level and the new Maynooth Education Campus will be a safer and more suitable location for local children to go to school in.

James Lawless - Constituency Office

My Constituency Office in Maynooth (located on Doctor's Lane off the Main Street behind Brid Feely DNG Offices) is open all day Monday from 10am till 4pm. My colleagues Councillor Paul Ward and Councillor Naoise Ó'Cearúil and I are also available for appointments on Fridays from 10am to 1pm. Please call my office to organise a time. The office serves Constituents from Maynooth, Celbridge, Leixlip and the surrounding areas.

Please call in if there is anything we can assist you, your family or your organisation with.



Comhaltas Craobh Mhaigh Nuad



It's end of August already and the excitement is building toward the upcoming new year and a new term at Craobh Mhaigh Nuad. This will be the branch's eight year of lessons – where is the time going!

Lessons did not take place over the summer, but we had plenty of action over the course of the summer. In July, the branch was invited to the Hooley Tent of Conradh na Gaeilge at the Kaleidescope Festival.

At the centre of August's trad calendar was the Fleadh Cheoil, which took place in Drogheda for the second year running in Ennis. Well done to all from the branch who competed – and indeed to all musicians across North Kildare who participated in the competitions and craic.

The Fleadh one of the largest gathering of musicians anywhere in the world, with a half a million visitors having checked Drogheda this year – many of them with instruments in tow.

The Fleadh is staying in Leinster next year for 2020 as it will be hosted by Mullingar – so super handy from our own town of Maigh Nuad, so pencil it into the calendar now, as it's a special occasion.

Registration for the 2019/2020 Comhaltas year will take place in early September. So we'd encourage all of you to have a think whether you like to join us on our journey through our fabulous traditional music.



Branch members soaking up the festival atmosphere at Kaleidoscope



Caravan-style stage in the Hooley Tent featuring Róish, Katie, Ronan, Seán, Seán T. Caoimhe & Derek

We'd love to welcome you to our gang and we have folks from every background, including:

- Kids starting out or switching over from other traditions.
- Adult beginners.
- Adult players of rock, pop, reggae, classical, jazz, jive, or just the odd carol at Christmastime who'd like to take up a traditional instrument and have a bit of fun along the way.

Registration information is on the website below, but why not drop down to the registration evening in Maynooth PPS, where you can ask whatever question you like.

We also have a decent instrument bank built up, for those who'd like to try an instrument without a big up-front investment. In it are concertinas, accordions, fiddles, guitars and more but it's first come, first served, so the early bird...and all that.

Keep an eagle eye on our Facebook or Twitter feeds for more information on upcoming workshops, pop-up sessions and performances. Lots of traditional music still around Maynooth from Tuesday nights in Brady's

Some Maynooth jerseys mingling among veterans of the Fleadh from across Ireland and beyond – Maith sibh!



The Fleadh is an amazing expression of our national culture enjoyed by visitors from all over the globe. Can't wait until next year!

to Thursday nights in the Newtown & Brady's Lounge – rounded off by Friday's in the Roost. The branch also run kids and adults learner sessions in Maynooth GAA – better keep a good eye on Social Media for these as they pop up quick!

http://www.ccemhaighnuad.com/ http://www.facebook.com/ccemhaighnuad http://twitter.com/CCEMhaighNuad

Derek Carroll, PRO, Craobh Mhaigh Nuad CCE

Copy date for the next edition of the Maynooth Newsletter will be Tuesday 17th September 2019



Small Adverts/Local Services



The Alzheimer Café Leixlip Co Kildare



Alzheimer Cafe Leixlip -Wednesday September 11th 7-9pm

Join us at our next Alzheimer Cafe, Wednesday September 11th in "The Conservatory", Ryevale Nursing Home, Leixlip from 7-9pm. This month, we will be talking about fun ways to remain physically active.

Attendance is free of charge and there is plenty of parking available www.alzheimercafeleixlip.ie -Phone: 087 7418512



Join us if you have an hour to spare!

Meet Courthouse Square:

Saturday Mornings @ 10am Wednesday Evenings @ 7pm.

All equipment provided.

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THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it dear Heart of Jesus and place it within your own broken heart where your Father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen

Say this prayer for three days, promise publication and prayer & favour will be granted no matter how impossible.

Thanksgiving for favour received

> Never known to fail Thanksgiving K.M.

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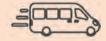


Vacancy

Mini bus driver required for school run Monday to Friday morning and evening.

Would suit semi-retired person, must have: D1 Licence, CPC card up to date and willing to do a Garda Vetting.

Contact: James Coaches 01-6275465 Or: jamescoaches@gmail.com



Leaving Cert. Teacher(s) needed for Homeschooled Student

Teachers required for HomeSchool Student completing Leaving Cert this coming year Required from Sept. We are looking for teachers to cover the following subjects:

> - Irish (Ordinary Level) - Maths (Ordinary Level) - English (Higher Level) (Higher Level)

- French

Covered under Home Tuition Scheme with excellent rates

> Please contact Lesley @ 087 654 6053 for details



Maynooth Castle

Address: Maynooth, Co. Kildare. Telephone No: + 353 1 628 6744. Email: maynoothcastle@opw.ie

Opening Hours 2019

Open 7 days a week From 10am to 5.45pm Until 25th September

In addition to tours in English tours are also offered in German & French on certain days. Please phone in advance to avoid disappointment

THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it dear Heart of Jesus and place it within your own broken heart where your Father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen

Say this prayer for three days, promise publication and prayer & favour will be granted no matter how impossible. Thanksgiving for favour received

Never known to fail M

THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it dear Heart of Jesus and place it within your own broken heart where your Father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen

Say this prayer for three days, promise publication and prayer & favour will be granted no matter how impossible. Thanksgiving for favour received

Never known to fail N.R.



Frank O'Rourke T.D. Kildare North

Contact Details: Dail Office: 01 6183109 - Mobile: 087 2555257 - e-mail: frank.orourke@oireachtas.ie - ** /Frank O'Rourke Clinics: Monday in the Glenroyal Hotel - Constituency Office: Main Street Celbridge.



Minister Must Urgently Approve Funds for Re-building Ireland Scheme – O'Rourke

-Approx 165 Kildare applicants waiting for approval-

Fianna Fáil TD for Kildare North, Frank O'Rourke, has expressed his frustration at the fact that Local Authorities are unable to continue processing and approving applications under the Re-building Ireland Home Loan Scheme due to the Government's hesitation to formally sanction more funds for the scheme.

He explained, "Local Authorities are unable to process applications under the Rebuilding Ireland Home Loan Scheme because they are still waiting for confirmation of further funding from the Department, this is despite the Department claiming the first-round money is not yet exhausted."

"There is a clear disconnect between the Department and Local Authorities who are crying out for the funds. A recent PQ response I received from the Department stated that 'the scheme remains open and all local authorities have been advised to continue to receive and process applications up to and including the issuing of loans' yet Kildare County Council informed me that they are waiting for confirmation of further funding from the Department with approximately 165 applications waiting to be processed."

"This conflicting information is adding to confusion. I have been contacted by many anxious prospective homebuyers in the Kildare North who have applied for funding under the scheme. They are now left in the dark, with no indication as to whether additional funding will be made available under the scheme. We are told the decision will be made imminently but little else.

"It shouldn't have come as much of a surprise to the Government that the original funding allocation of €200m would be used up so quickly. We are experiencing a housing crisis nationwide and Local Authorities are at the coalface of it."

"Kildare County Council have confirmed to me that they were allocated €15m at the start of this scheme in February 2018. By the end of September 2018, they had approved loans to that value, meaning they had used their allocation in just seven months – this demonstrates the serious demand there is for the scheme. "

They now have approximately 165 applications still waiting to be processed.

"Across eight years in power, Fine Gael have built no affordable housing, this is their first proper attempt to provide access to credit for first-time buyers and they are letting it fall into disarray. The Minister must give a cast-iron guarantee that this important scheme will continue into the future", he concluded."

Passenger Numbers Climb on Bus Route 139 linking Naas to Blanchardstown says O'Rourke

Local Fianna Fail TD, Frank O'Rourke, has stated that the passenger numbers using Bus Route 139, which links Naas to Blanchardstown via, Clane, Rathcoffey, Maynooth and Leixlip, continue to increase.

"I campaigned, to provide an orbital Bus Service from Naas to Blanchardstown, linking Clane and Rathcoffey. This service was put in place over a year ago and the numbers using the service continue to show strong growth."

"Passenger numbers on Route 139 reached a peak of 11,500 per 4 week period, in late 2018 and early 2019. I have seen myself at first hand, the numbers grow."

"We must improve our public transport services. I have made representations to have this Route 139 link directly to Blanchardstown Connolly Hospital. The National Transport Authority have informed me that they have no plans in place to adjust the service at the moment, but I will continue to make representations to have the service extended."

I have also requested that an Orbital Bus route be provided which would connect Clane/ Straffan /Ardclough area to Maynooth and / or Celbridge.

Linking these smaller towns and villages to regular public transport services will ensure that we encourage more and more people to use public transport." concluded Deputy O'Rourke.

VRT Overhaul Needed with Introduction of New CO2 Test for Vehicles - O'Rourke

Fianna Fáil TD for Kildare North, Frank O'Rourke has called on the Government to overhaul the Vehicle Registration Tax (VRT) system in light of the introduction of the Worldwide Harmonised Light Vehicle Test Procedure (WLTP).

Deputy O'Rourke said it was important the system is overhauled as without reform some motorists will opt for older, less environmentally friendly vehicles.

He said, "Having discussed this matter with business owners, car dealers and motorists in North Kildare I can see it is having a serious impact on their motoring decisions."

"Following recent emission scandals, a new test was established to properly measure

CO2 emissions in new cars. As a result, CO2 values are set to increase by 21% under new WLTP measurements. "

More worrying is the fact that lower emitting cars are expected to increase by some 41%, while the highest emitting cars will not increase materially at all – it makes no sense.

"Without reform of the Vehicle Registration Tax, Kildare motorists buying new cars will see very significant increases in their VRT bill.

Understandably, this will put people off buying new, more efficient and cleaner cars because it will more economical to buy older, dirtier cars. Ireland already has one of the oldest car fleets in the EU not to mention the loss of business to car dealers.

"The incentive to buy lower CO2 emitting cars will certainly be diminished which goes against all climate action progress. At a time when we are trying to move towards electric vehicles it's ludacris to think that this change could perversely end up incentivising people to buy older vehicles that are more damaging to the environment and public health."

"I believe the Minister should consider expanding the VRT bands to avoid very serious impacts on the consumer and the motor industry, given the fact that lower emitting cars are facing the biggest increases", he concluded.

Departure of Leisure Insurer from market puts Businesses and Jobs in Kildare at risk – O'Rourke

Fianna Fáil TD for Kildare North, Frank O'Rourke has said the Government must hold an emergency meeting with the insurance industry amid reports that Leisure Insure is departing the Irish insurance market.

Deputy O'Rourke commented, "Leisure Insure have been providing insurance to the sport, leisure and entertainment industries in Ireland and the UK for more than 20 years and their departure will be devastating to the leisure and recreational sectors.

"We have all heard stories over the past year of play centre owners and entertainment companies going out of business due to extortionate insurance and public liability premiums so unfortunately this does not come as a surprise.

"What we're talking about here is activities such as paintball, bouncy castles and other inflatables, airsoft sites and indoor and outdoor adventure centres. Places where our children go to have fun and enjoy themselves with friends.

"However, as a result of a high number of claims, many insurance providers won't even cover the leisure and recreational sectors. Leisure Insure is one of the last remaining firms to provide this cover in Ireland and their departure from the market will put businesses and jobs at risk."

"The simple fact is that public liability insurance for the leisure industry is not an attractive business. Not one of the main insurers in the Irish market will provide cover to parts of the leisure industry. The failure of the government to implement insurance reform has led us to this crisis point."

"The Government needs to hold an immediate crisis meeting with the insurance industry in light of this decision to find a way of ensuring that viable businesses can continue to access insurance cover at reasonable rates," he concluded.

Irish Mortgage Rates Too High says O'Rourke

Local Fianna Fail TD, Frank O'Rourke, has again called for Government action in relation to the high mortgage rates in Ireland as compared to the average EU rates.

"Irish banks are charging their customers higher mortgage rates, at a time when rates across the EU are falling. Irish Banks have increased the cost of taking out a mortgage, at a time when trends in Europe are lowering their rates."

"My understanding from the Central Bank is that Irish mortgage rates are the second most expensive in the EU.

The April average interest rate on a new mortgage was 3.03pc, up from 3% in March. This compares with the average rate for the euro area of 1.7pc, down from 1.74pc in March."

"To put this in real money terms, the average first-time buyer is paying an extra €154 a month for their mortgage, based on a loan of €225,000 paid back over 30 years."

"With our spokesperson on Finance, Michael McGrath TD, I continue to put pressure on the Government to deal with this inequality.

I have repeatedly called on the Government to address the rising cost of living issues; such as Mortgage Rates and Insurance rates." Concluded Deputy O'Rourke.

KNOW YOUR RIGHTS

Citizens Information Centre, Dublin Road, Maynooth
Know Your Rights has been compiled by Citizens Information Service
which provides a free and confidential service to the public.
Information is also available online at www.citizensinformation.ie and from the
Citizens Information Phone Service - 0761 07 4000 or Lo-call 1890777121



Question

If I am unhappy with a result in my Leaving Cert, how can I get the grade reviewed?

Answer

The Leaving Cert results will be available on 13 August this year. If you are unhappy about a result and would like to have it checked, you can appeal your grade to the State Examinations Commission (SEC).

However, before you decide to appeal your grade, you can view your examination script to see how your work was marked. To do this, you must register on the **Candidate Self Service Portal** on the SEC website, examinations ie. You can make an application to the viewing of scripts service online from 9am, 14 August to 5pm, 16 August. You will need your username and password (you get this when you register on the portal). Only the scripts from the written examinations can be viewed - not the results of oral examinations or marks for practical examinations. If your script was marked on paper, you will be assigned a session to view it on either 20 August or 21 August. If it was marked online you can view it online from 5pm on Tuesday 20 August to 5pm on Wednesday 21 August.

If you decide to go ahead and appeal your result after viewing your script, you should log into <u>examinations.ie</u>, access the Candidate Self Service Portal and complete the process online. This service will be available from 5pm, 16 August until 5pm, 22 August. The process is the same for all scripts whether they were marked manually or online. Your script will then be <u>sent to an appeal examiner for re-marking</u>.

The appeal fee is £40 per subject for the <u>Leaving Certificate</u>. The appeal fee for the <u>Applied Leaving Certificate</u> is £15.50 per subject. You will get this fee back if your result is upgraded. You can get more information from the <u>Candidate Information Booklet</u> <u>Leaving Certificate 2019</u>, published by the State Examinations Commission.

Question

What is an emergency medical card?

Answei

An <u>emergency medical card</u> is a temporary medical card that is issued without a means test in certain emergency situations and is valid for 6 months. For example, you could be issued an emergency medical card in an acute medical crisis where you need urgent treatment that you cannot afford without a medical card.

Only a healthcare professional (for example, a doctor or consultant) can apply for an emergency medical card for you. They must include a detailed medical report with the application.

The application will be reviewed by a Health Service Executive (HSE) medical officer. If your application is approved, it can take 7 to 10 days to get your emergency medical card in the post. However, your card will be active straight away so you can get the care you need.

You will need to complete a means assessment before your emergency medical card expires. The HSE will write to you when you need to do this. The means assessment is for a full medical card for you and your family.

In some cases, the medical officer may recommend a terminal illness card. These are given to people who are getting 'end of life' treatment. This means a prognosis of less than 12 months to live.

If you get a terminal illness card it will never be reviewed and will not expire. Further information is available from the National Medical Card Unit on (051) 595 129, or Lo-call 1890 252 919, or from the Citizens Information Centre above.

Question

What is the One-Parent Family Payment?

Answe

The One-Parent Family Payment (OFP) is a means-tested social welfare payment for men and women under 66 who are bringing children up without the support of a partner. To qualify for OFP you must:

Be the parent, step-parent, adoptive parent or legal guardian of a relevant child – generally this means a child under 7 but there are some exceptions.

Be the main carer of at least one relevant child that lives with you. OFP is not payable if parents have joint equal custody.

Be <u>habitually resident</u> in Ireland (certain people, in particular EU nationals who are considered migrant workers, are exempt from the habitual residence condition). Not be living with a spouse, civil partner or cohabiting.

If you are separated, divorced or your civil partnership is dissolved, you must have been living apart from your spouse or civil partner for at least 3 months. This does not apply to cohabitants. You may need to make efforts to get maintenance from your former spouse or partner.

The maximum rate for OFP is €203 per week. If you are working, your gross earnings from insurable employment or self-employment cannot be more than €425 per week. In general, you stop getting OFP when your child turns 7 (the exceptions are where you are caring for a child with a disability who is getting Domiciliary Care Allowance or if your partner has recently died). If you no longer qualify for OFP, you may qualify for

the <u>Jobseeker's Transitional payment</u>. This is a payment for people parenting alone whose children are aged between 7 and 13.

Further information is available from the Citizens Information Centre above.

Question

I heard that there will be changes to parental leave later this year. What are they?

Answer

A number of changes to <u>parental leave</u> are due to take place in 2019 and 2020. Currently parents (and people acting in loco parentis) can take 18 weeks unpaid parental leave on behalf of children up to age eight.

A phased extension to parental leave is planned. From 1 September 2019, parental leave will increase by 4 weeks to 22 weeks. From 1 September 2020, parental leave will increase again by 4 weeks to 26 weeks.

The age of eligible children will increase from 8 to 12 years of age from 1 September. Currently, if your child has a disability or a long-term illness, you can take parental leave up until their 16th birthday - there is no change to this provision.

If you have already taken some, or all of the current entitlement of 18 weeks parental leave, you will get the additional weeks of parental leave, provided your child is still under the qualifying age.

A **new paid Parental Leave Scheme** that will allow parents to take two weeks paid leave each during their child's first year is expected from November 2019. Legislation needs to be enacted before this change can come into effect. You can follow the progress on **oireachtas.ie**.

Scope comes to you from the Information Resources team of the Citizens Information Board. We welcome your comments at scope@ciboard.ie.

Citizens Information Services have helped client's write-off €1.5 million in social welfare overpayments. Angela Black, CEO of CIB also talks about proposals to include warnings on licensed money lender ads to highlight their high interest rates.

Dáil Recess

The Dáil will resume on 17 September 2019 and Seanad Éireann will resume on 24 September 2019.

The Leaving Certificate results will be released on 13 August 2019

A Leaving Certificate results helpline is available from 13-17 August 2019 on 1800 265 165. The online appeals service will be available from 16-22 August 2019 and applications to make an appeal must be made through the Candidate Self Service Portal.

Student accommodation since 15 July 2019

Student-specific accommodation comes under the remit of the RTB and is covered by residential tenancies legislation. Tenants in student specific accommodation now have most of the same rights as private tenants.

Repossession Rules.

The Land and Conveyancing Law Reform (Amendment) Act 2019 was commenced on 29 July 2019. This legislation broadens the range of matters a court must consider when a lender applies for a possession order of a borrower's home.

Free Leap card travel for homeless families.

Arrangements that provide homeless families in emergency accommodation in Dublin with free Leap Card travel on public transport have been extended for August 2019.

Reporting on Court Proceedings

The Law Reform Commission's publication (pdf) on reporting court proceedings under the Defamation Act 2009 recommends that the Act: Is updated with a list of what is fair and accurate reporting of court proceedings, and should apply to bloggers and people updating court proceeding on social media

Early Year's Services

The Government is to strengthen Tusla's enforcement powers to speed up the process for responding to unacceptable standards.

Getting Ireland Brexit Ready

Find out more about how to prepare you and your business for Brexit and details of upcoming events happening around the country.

Extended Parental Leave

Four more weeks of unpaid parental leave will be available to parents of children aged 12 and under from 1 September 2019. This is an increase from 18 weeks to 22 weeks. Parents must apply 6 weeks in advance.

Ones to Watch

E-cigarettes The Journal.ie reports that the Minister for Health plans to bring forward legislation to restrict the sale of tobacco products, including banning the sale of e-cigarettes to under 18s.



Community Sensory Garden adjacent to the Pastoral Centre on the Moyglare Rd, was officially opened on Saturday 27th July by John Kavanagh Chairman of Maynooth Tidy Towns and blessed by Fr. Frank McEvoy. John thanked all who worked on the project from early January. He also thanked the Life Credit Union represented by Julie Thornton who gave Maynooth Tidy Towns a bursary of €2,500 to cover some of the cost of the project and the rest was paid for by Maynooth Tidy Towns. Refreshments were organised by the Pastoral Centre Committee and enjoyed by all. Music was provided by the Maynooth branch of Comhaltas Ceolteori Eireann. (More photos on page 3)

The gates and railings at Carton Avenue were painted, also the gates of the Presentation Girls' National School. The bollards and sign for Carton Avenue over the past few Saturdays have been cleaned and painted.

At the time of writing we are anxiously awaiting the Supervalu National Tidy Towns results for 2019. The results are due to be announced on Monday 30th September in the Helix, Dublin.

We thank all members of the Maynooth Tidy Towns team and all other members of the community who helped with our campaign to beautify and keep Maynooth tidy during 2019.

Once again we appeal for VOLUNTEERS to help with our work on Wednesday, Saturday or Sunday.

Richard Farrell PRO Maynooth Tidy Towns 087 3153189 Follow us on Facebook/Twitter





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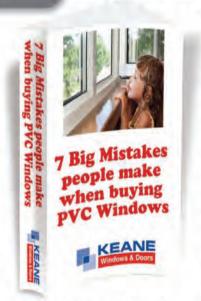
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All About September

September is the ninth month of the year in the Gregorian Calendar and one of four Gregorian months with 30 days September begins in western astrology with the sun in the sign of Virgo and ends in the sign of Libra. Astronomically speaking, the sun actually begins in the constellation of Leo and ends in the constellation of Virgo.

In Latin, *septem* means "seven" and septimus means "seventh"; September was in fact the seventh month of the Roman calendar until 153 BC.

- It is the start of the academic year in some countries.
- On the first Sunday of September, the regata storica parade is staged in Venice, as prelude to the rowing contests known as regattas.
- Labour Day is observed on the first Monday in September in the United States.
- In Japan, Respect for the Aged Day is a national holiday celebrated on the third Monday of September. Autumnal Equinox Day is also a national holiday.
- The equinox named the autumnal equinox in the northern hemisphere and the vernal or spring equinox in the southern hemisphere occurs on dates varying from 21 September to 24 September (in UTC). In the pagan wheel of the year the spring equinox is the time of Ostara and the autumn equinox is that of Mabon.



September 1st is celebrated as the beginning of Eritrea's 30 year armed struggle for independence from

Ethiopia which began in 1961 and ended in 1991.

Other names for September

- In Croatian, September is called Rujan, meaning red month (leaves turn red before falling).
- In Czech, September is called září, meaning glow or shine.
- In Polish, September is called wrzesień, the month when calluna flowers emerge.

Some Trivia

September begins on the same day of the week as December every year.
September's flower is the aster or morning glory.

September's birthstone is the sapphire. In 1752, the British Empire adopted the Gregorian calendar. In the British Empire that year, September 2 was immediately followed by September 14.

September in the Northern Hemisphere is the seasonal equivalent to March in the Southern Hemisphere and vice versa.

World War II started on September 1, 1939 with Adolf Hitler's invasion of Poland. It ended on September 2, 1945 with Japan's formal surrender.

Caligula (Roman Emperor 37-41) attempted to rename September Germanicus after his father.





MAYNOOTH SQUARE 12.30PM











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Maynooth University Town F.C

F.A.I Cup 1st Round Maynooth University Town 0 Waterford F.C 2

The eagerly awaited F.A.I Senior Cup game finally arrived on Sunday 11th August. Played on our recently revamped ground at Rathcoffey Road the games turned out to be an enthralling affair. Town were undaunted by the quality of their League of Ireland opponents and matched the higher rated opposition in the many aspects of the game.

The early part of the game proved to be a nip and tuck affair with Town proving to be a team who were primed to the task. With half-time approaching it looked as if Town would hold out until the break. Alas, it was not to be. In the 42nd minute Waterford broke down the right and his pinpoint pass was knocked to Shane Duggan who calmly slotted home.

Waterford increased their lead in the 57th minute when Kenny Browne powered home a header from a corner. Town to their credit did not fold and creaked a few changes of their own but to no avail. Town matched Waterford for the remainder of the game but were unable to break down a resolute Waterford defence. A creditable home performance by Town with Keeper David Stereo performing heroically in goal with many top class saves.

Senior Division Sunday Malahide Utd. 3 Maynooth University Town 0

A disappointing start to our entry into the top division of the Leinster Senior League. We only played in spasms in this opening League game going in two down at half-time it always looked a struggle for the second half. Town were much better in the second half and were unlucky not to reduce the deficit with some inspired play. A late Malahide goal put the result beyond doubt.

We are happy to state that we now have three Senior teams: Senior Division Sunday, Major Division Saturday and Division 3 Sunday. Our Division 3 Sunday side will cater mainly for players leaving the Schoolboy ranks.

Kildare Planning Applications for Maynooth Area Planning Applications received from 26/07/2019 To 23/08/2019 Information from Kildare County Council Website

App Num	Authority	Applicant Name	Development Address	App Date
19933	Kildare County Council	Holohan Fitness Limited	Unit 22, Carton Park, Maynooth, Co. Kildare.	19/08/2019
19927	Kildare County Council	James & Yvonne Barry	Roestown TD, Maynooth, Co. Kildare.	16/08/2019
19930	Kildare County Council	Lagan Homes Ireland Limited	Western Side of Barberstown/Maynooth Road, Straffan, Co. Kildare.	16/08/2019
19931	Kildare County Council	Lagan Homes Ireland Limited	the Western Side of Barberstown/Maynooth Road, Straffan, Co. Kildare.	16/08/2019
19913	Kildare County Council	Donal Houlihan	Cormickstown, Maynooth, Co. Kildare	12/08/2019
19898	Kildare County Council	Minbay Limited.	Silken Gardens, Dublin Road, Maynooth, Co. Kildare.	08/08/2019
19895	Kildare County Council	Belmullet Hospitality Group Ltd.	Carton Demesne, Maynooth,, Co. Kildare.	07/08/2019
19864	Kildare County Council	Kerrie Leonard	Kilcock Road, Maynooth, Co. Kildare.	31/07/2019

CARTON AVENUE PRESERVATION SOCIETY

SEPTEMBER MEETING

The next meeting of Carton Avenue Preservation Society be held on September 9th in Maynooth Community Space at 8pm. MAYNOOTH TIDY TOWNS

Thanks to Maynooth Tidy Towns for the excellent paint job on the Avenue gates. (See Photo Opposite) The gates were made in Scotland sometime between 1714 and 1830. Also a big THANK YOU for all their hard work maintaining Carton Avenue over the

KILDARE COUNTY COUNCIL

Kildare County Council have still not replied to Dave Kelly's complaint despite giving a commitment to do so within 20 days in June.

OMBUDSMAN'S OFFICE

The Ombudsman's Office have informed Dave that a case worker will be assigned to deal with his complaint about Kildare County Council.



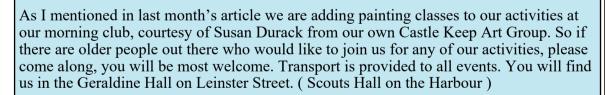






Maynooth Senior Citizens Committee

Our Club will reopen on Tuesday September 3rd and our committee will meet that evening at 8pm. Our next tea-dance will take place on Sunday September 15th in the GAA club at 3pm.



We would also welcome new members, male and female, to our committee. Ideally, we should have a committee member to keep in contact with each area, but this is getting more challenging as Maynooth expands. So if this is something you would be interested in, why not give us a call, we would love to hear from you.

For further information please contact, Patricia on 087 7661116 or Jo on 087 9002296. You may also email: maynoothseniorcitizens@gmail.com

Josephine Moore. Chairperson.

Derrylow For Christina

Soon I'll return to that quiet place where I grew up, a drumlin-bounded farm in the west, to survey whitethorn hedge-divided land, visit the heather-covered bog where we saved turf for burning on our open-hearth, and, if there has been heavy rain, go further on to where like molten silver a turlough glistens in our neighbour's field.

At dusk I'll listen to the meannán aerach's bleating, the corncrake's heart-aching repetition, and maybe on a winter's night watch enthralled a will-o-the-wisp dance and flare as if someone with a flashlight walks drunken through the bog.

There's the orchard we raided for plums and apples, the culleen with hazel trees we climbed for nuts, the horse's field that in autumn grew mushrooms, and, past those farms, scrubland where we hunted rabbits. Perhaps I'll view the reed-fringed lake we fished for trout, climb that hilltop over pastures where herds grazed, then make my way home slowly by the hayshed, recalling those indifferent Time erased.

Colin Scott



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Photo Gallery

EXTRA.IE Senior Cup First Round



Maynooth University Town FC vs Waterford FC

Date: Sunday 11th August - Venue: Maynooth Town FC - Rathcoffey Road Maynooth



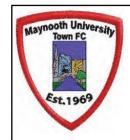


Photo Gallery (Cont.) EXTRA.IE Senior Cup First Round



Maynooth University Town FC vs Waterford FC

Date: Sunday 11th August - Venue: Maynooth Town FC - Rathcoffey Road Maynooth



Maynooth Castle

The summer holidays meant we had more non-local visitors as many locals took the opportunity to go to warmer climates or just somewhere else for a change of scenery.



Ben MacLochlainn agus Phyllis Ni Lochlainn

Two such visitors were a charming couple from Dublin who love their native language and are involved in spreading the word about the 41 different coffee mornings in Dublin where anyone can come and feel free to chat in Irish to like-minded enthusiasts even if they only have a cúpla focail (a few words). We chatted as Gaeilge and agreed that even if English remains the main language in Ireland for politics and economics, there is no reason why Irish shouldn't remain alive as a language of personal communication among families, friends and in

shops and other businesses who are willing to use it. Irish in the Gaeltacht areas appears to be used less than previously as many non-Gaelgóirí acquire property and move in and even more so since the promotion of tourism in the wilds of Connemara, Donegal, Kerry and Mayo.

Luckily, compensating this trend is a movement to speak and preserve Irish among town and city dwellers and which expresses itself in a rise in the number of Gaelscoileanna, coffee mornings in Irish (as opposed to Irish coffee mornings!) and the co-called líonraí or networks which are areas where many people like to speak Irish on as many occasions as possible. Maynooth itself offers several opportunities to speak Irish or ciorcal comhrá e.g. On Tuesday morning in the local library from 11-12, in the Gaelscoil Uí Fiach on a Friday morning, on Wednesday evenings around 8pm during the Comhaltas music classes in the post-primary school while parents wait for their children.

Anyone wanting to learn Irish can book a week's course in a Gaeltacht area



Linda Irvine giving a talk at the MacCracken Centre in Belfast

while staying locally. I attended the 20th Scoil Samhraidh Mhic Reachtáin i mBéal Feirste from July 29-August 2. There is a very vibrant Irish language scene in Belfast and people like Linda Ervine, a unionist who fell in love with the Irish language seven years ago, and who organises Irish language classes in East Belfast (unionist area) has in my view been doing more to bring the different communities together than all the politicians put together.

She gave a very inspiring talk to the attendees of the summer school telling the story of her project Turas or Journey. She describes it as a journey of discovery of her Irish heritage, of Irish names and place names but also of Irish music and culture and by default of peace and reconciliation. She is very concerned to stress that she will not allow her movement to be highjacked by any political currents, that she sees her Turas as part of an Irish language revival.

Belfast has a beautiful cultúrlann in a former church building on the Falls Road which houses a lovely bialann (restaurant), siopa leabhair (bookshop) and an exhibition area upstairs.

Heritage Week 17 -25 August 2019
At the point of writing, Heritage Week got off to a lively start with our Traditional Irish music session which started outside but which retreated inside due to a shower. The Push for Porter musicians were delighted with the acoustics in the undercroft and with the appreciative audience. (see photos). Joe's talk on The Marriage of Strongbow and Aoife proved very popular and interesting. Moira's talk on Medieval Music was also very well received and was accompanied by visual aids, recordings of medieval



Trad Session outside before a shower forced the musicians to inside where they discovered the undercroft's great acoustics!

music and three local musicians who played some folk music to welcome and farewell the attendees.

Mary's talk on Medieval Fashion was fascinating as she related how courtly fashion also changed with each wife that Henry VIII married. Cora McDonagh's talk on the FitzGerald Collection gave a great insight into the FitzGerald's library and the type of paintings they owned and exhibited during the 19 and 20th centuries. Unfortunately, the talk on The history of Irish Marriage had to be cancelled due to illness but we hope we can offer this on another occasion.



Cora McDonagh giving her talk on The FitzGerald Collections

We hope you will all get out there as best you can and enjoy Heritage Week which is very well organised. Thank you to all the organisers and participants! We appreciate your efforts very much!

By Moira Devery



Setting the scene for talk on Medieval Music

Local Carton Quartett: Deirdre Mc Gowan, Damian Donnan and Pete McCluskey

Photo Gallary: Medieval Musicians Heritage Week 17 -25 August 2019 Photos by A. Cleary & Moira Devery



Talk on Medieval Music at Maynooth Castle during Heritage Week





Performance of Folk Tunes prior to talk on Medieval Music



MAYNOOTH CYCLING CAMPAIGN

Parking at Tesco Extra

Cycle lockers were recently installed at Tesco Extra adjacent to one of the entrances which is good practise and more convenient compared to the existing free bike parking which stretches out perpendicular to the building. Although cycle parking comes at a charge, we wish Cyc-Lok, the company behind them, well but being charged to use lockers for short term bike parking such as going into a shop is not the norm here or abroad. It also conflicts with Kildare County Council's policy of encouraging people to switch from the use of a private car to active travel by having people pay to park a bicycle but having car parking free.

Parking at Maynooth Railway Station

Work continues at Maynooth railway station to attract more cars parking in the centre of Maynooth for the day with spaces for a further 38 cars on the south side of the railway lines. This is on top of a further 40 car spaces on the northside. The existing spaces for bike parking are being increased but not to the same extent.

By way of contrast, in the Netherlands, the largest bike park has opened in Utrecht Central Station at a cost of €30 million with space for over 12,500 bikes. The facility is open 24 hours, 7 days a week and the city of Utrecht employs around 40 people to operate the place. In all bike parking facilities around the Utrecht Central Station, there is now room to park around 33,000 bicycles, of which circa 22,000 spaces are public and free for the first 24 hours. This is how to prioritise cycling.

Undoubtedly, the government is working on the details of Budget 2020. This year, it is a particularly difficult job with the uncertainty surrounding Brexit. Cyclist.ie including Maynooth Cycling has made a budget submission to the Minister for Finance in which we again call on the government to allocate 10% of the transport budget to the funding of cycle facilities as recommended by (1) the Citizen's Assembly, (2) the Joint Oireachtas Committee on Climate Change and (3) the government's Climate Action Plan. Rather than additional funding, what is required is a rebalancing of investment to active travel rather than bulk of the funding being allocated to roads.

Celbridge Road

It appears that the proposed cycle facilities on the Celbridge Road will shortly be going to Part 8 Public Consultation. It remains to be seen if Kildare County Council has taken the criticisms of Irish cycle infrastructure from international experts who visited for Velo-City, but it is unlikely that they have. Maynooth Cycling will have more to say on the subject and on the adjacent ring road.

Fridays for Future

Greta Thunberg is sailing to New York for the UN Climate Summit but Fridays for Future continues in Maynooth. In September to coincide with the New York meeting, week long protests are planned between 20-27th. As Greta says "Our house is on fire — let's act like it" and demand climate justice for everyone.

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Free Car Parking

On a related matter of climate change and carbon emissions, one of the Maynooth councillors recently proposed the introduction of free car parking on Saturdays in Council car parks. Maynooth Cycling welcomes that the proposal was turned down. What we need in Maynooth is less cars but more people. When the first parking meters were introduced in Oklahoma in 1935, they were welcomed by retailers as they ensured a turnover of parking meters for their customers.



Maynooth Cycling Campaign is a non-party political cycling advocacy group. Further information on meetings and activities is available on our website. We are affiliated to Cyclist.ie, the Irish Cyclist Advocacy Network and through it to the **European Cycling Federation**



Oliver Reilly

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Writers' Corner - Short Stories/Articles from our Readers

Circling Strangford

Apart from liking Percy French's song about the Mountains of Mourne and that I had an aunt who had been born near Quoile and an uncle who had been interned in Ballykinler during the War of Independence, I had little personal awareness of County Down. Oh, names such as Warrenpoint and Hillsborough lingered in my mind from the recent troubles but otherwise the place might have been as far away as Iceland.

To rectify this situation my wife and I on the first sunny August day took to the road and with her navigating and me at the wheel we soon found ourselves on the impressive new N1/A1 motorway linking Dundalk and Newry. The fact that it was difficult to detect where the N1 ended and the A1 began was an indication of the increasingly friendly cooperation between North and South, though eventually the occasional Union Jack or Red Hand flag reminded us that we were no longer in the Republic.

Leaving Newry behind, we motored east towards Downpatrick, intending to make it the base camp for our explorations. A friendly gentleman I spoke to on the outskirts of Downpatrick, however, suggested it might be easier to find a B&B in Strangford so we headed there. It was a happy decision.

Strangford is a picturesque village on the west side of the entrance to Strangford Lough or, to give it its Gaelic name, Lough Cuan (Haven Lough) – A map by Baptista Boazio, dated 1599, gives the name as 'Lough Cone'. We booked into the "Cuan Guest House" facing the village square, a three-star establishment run by a young husband and wife team, Peter and Caroline McErlean. Peter is an accomplished chef and the Cuan prides itself on its cuisine, which is facilitated by a ready supply of fresh lobsters, prawns and fish from the lough.

Outside the guesthouse people were sitting around tables eating and drinking; fathers and their children were fishing from the pier; some visitors were strolling about the square and cars were lined up waiting to take the ferry to Portaferry, just across the lough entrance. Since ours was the only southern registered car we had as a precaution left it in the Cuan's car park, though we needn't have worried. During our four days travelling in County Down we experienced nothing but courtesy from everybody we encountered.

Having eaten dinner earlier, we had sandwiches and drinks on a quayside bench, enjoying the view of the harbour and the Ards Penisula across the lough. Sitting there with the occasional boat coming or going we might have been in a secret world whose unspoilt scenery was reminiscent of the peace and tranquillity of a bygone age. This impression was reinforced later when we walked down a tree-shaded lane, turned left on a whim and soon found ourselves beside a lough inlet where curlews and oystercatchers flew off with musical cries.

Like most places hereabouts, Strangford has its local castle, in this case a 16th Century tower house, which is presently being restored. The castles remind us that this region was often embroiled in conflict. Armies from Connacht and Meath invaded Ulster in early historic times and its people were eventually confined to the small kingdom of Ulidia, comprising modern Antrim and Down. Later there arose the kingdom of Dalriada, which encompassed both north Antrim and southwest Scotland. Later still the Vikings struck, destroying famous monasteries such as Bangor and giving the name Strong Fiord or Strangford to Lough Cuan.

On walking to the castle we fell in with a friendly Belfast man who conducts taxi tours of that city's famous murals. By this time we were tired after our 170km journey so we retired to our room above the square for a cup of tea. People were still relaxing outside, enjoying the balmy evening but we contented ourselves with watching a BBC Northern Ireland programme before turning in for the night.

Next morning, after a delicious breakfast that included strawberries with our cereals and mushrooms with our bacon and eggs, we drove onto the ferry. The six- minute trip cost £5.30 and gave a great view of the lough entrance. Strangford and Portaferry are predominately Nationalist, the latter being an enclave in a Loyalist region – though Peter had told us such distinctions are rarely emphasised nowadays. Nevertheless, it would be foolish to pretend that old rivalries have vanished, so a brief backward look may be in order.

In Tudor times East Down was the territory of the Clandeboy O'Neills. While western Ulster was planted between 1608 and 1610, a few years after the Flight of the Earls, two Scots, Hugh Montgomery and James Hamilton, began to settle this area with Lowland Scots in 1606 following an arrangement with Con O'Neill, who had been imprisoned for his part in the Nine Years War. O'Neill's seat was at Castle Reagh, to the west of the lough. How he was sprung from prison by Montgomery and consequently had to divide two thirds of his lands between him and Hamilton is an intriguing story, too long to go into here, but it explains the present ethnic mix of East Down. The industrious newcomers quickly developed most of the ports and towns in the region, which Boazio's map shows as almost empty. James 1 made Montgomery 'Viscount of the Great Ardes' and Hamilton 'Viscount Clandeboye'.

While docking at Portaferry our attention is drawn by a wooden statue of a warrior standing on the quay. The fact that he carries a rusty spear – bent into a hoop by some vandal – makes us conclude that he is a Gael rather than a Viking. Parking the car, we walk to the visitor centre, climb the stairs of the empty 16th Century castle nearby then, having visited the small park beside the Exploris aquarium, we circle through the somewhat drab streets and back to the harbour.

From there we re-enter the town and take the A20 north through the unspoilt farmlands of the Ards. Before long we are catching glimpses of Strangford Lough on our left and then at Kircubbin and Greyabbey the vast expanse of this inland sea becomes visible. These towns would merit closer inspection but we are heading for Mount Stewart, former home of Viscount Castlereagh, Second Marquis of Londonderry, which is now cared for by the National Trust, though the 85-year-old owner, Lady Mairi Bury, daughter of the seventh Marquis, is still in residence. While approaching the entrance we can see Scrabo Tower, a famous landmark outside Newtownards, on the far side of the lough.

Mount Stewart is an imposing 18th Century mansion, the interior matching the exterior in interest. As our guide mentions Robert Stewart, Viscount Castlereagh, who at one time was chief secretary for Ireland and played a major role in the defeat of The United Irishmen and, later, of Napoleon – the chairs used at the Congress of Vienna are on display in one room – I can't help recalling Byron's verse: "I met with death along the way, / He had a face like Castlereagh." That is, however, an unfair slur on a man who by his own aristocratic lights sought to bring about a peaceful Europe. The guide, a man who obviously loves Mount Stewart, shows us a large oil painting of the racehorse 'Humbletonian' above the main staircase that he asserts would fetch more than the entire house!

Yet, however grand the interior, it is the grounds and gardens that make Mount Stewart unique. It would be hard to decide which is more delightful, the lake with its abundant waterfowl, the formal garden, the Italian and Spanish gardens or the enclosed courtyard, 'Tir na Nog', where the family are buried. Two things that for me point up the unexpected features of the place are a circle of giant shamrocks growing under a boxwood topiary harp which faces a hand-shaped bed of red flowers and, in another place, a kiwi fruit tree, while my wife loves the large stone dodos and the Mairi Garden with its "Mairi Mairi quite contrary" sculpture. We are so reluctant to leave that our schedule is seriously disrupted.

Regaining the A20, we continue north, to be met with a blizzard of Union Jacks and Red Cross (Saint George) flags at Newtownards. It was here in a restored priory that Hugh Montgomery had his first Irish home, while his rival James Hamilton had his in Bangor, about five miles further north; later, Hamilton moved to Killyleagh. Ten centuries earlier the Leinster-born Columbanus spent 25 years as a monk in Bangor before, in 590 A.D., setting out with twelve companions to convert Burgundy and Lombardy, founding famous monasteries at Luxeuil and Bobbio.

We would like to visit the Somme Heritage Centre in Newtownards but time is pressing so we head south, passing Scrabo tower on our right and, after Comber, driving to Castle Espie. This Wildfowl and Wetlands Centre on the west shore of Strangford Lough reminds us that, because of its nutrient-rich waters, the lough is one of the great havens for birds, vast flocks of waders and Brent Geese wintering there. A brief inspection of the visitor centre and we are off again.

On arriving at Killyleagh we are greeted by more flags proclaiming this to be another Loyalist stronghold. Now, given their brave participation in two world wars, I understand why Loyalists fly those flags but I cannot help wishing that one day a flag will be adopted that stirs the hearts of both communities – for example, the diagonal red cross of Saint Patrick? Killyleagh is an attractive town built in front of a chateau-like castle owned by the Rowan Hamiltons, no doubt descended from James.

When we approach the castle entrance we encounter a notice telling us this is private property. Walking back though a street that affords clear views of Strangford Lough we pass restaurants before which patrons are dining or drinking. A group of teenage girls sally past, their lilting northern voices full of gaiety.

If we had time to spare this town would merit a longer visit but we are hoping to get to Castle Ward near Strangford village before closing time so we continue on the A22 south. Just outside Downpatrick we turn east. On impulse I pull into a lay-by beside the Quoile River. As is usual in Northern Ireland there is an attractive display panel erected nearby giving concise information about our surroundings. On reading it we learn that the river was once tidal. Consequently a damn had to be built in the 1950s to prevent flooding, with the result that the area became the Quoile Pondage, another wildlife refuge.

It was down this waterway that Saint Patrick came about 432 A.D. after rowing with his companions into Lough Cuan. When they landed somewhere near here Patrick turned a barn at Saul, given to him by the local king, into his first church. His reputed burial place is beside Downpatrick C. of I. cathedral, another place we must visit.

Hurrying westward we soon reach the entrance for Castle Ward but realising that the last tour will now be over we decide to delay our visit till the following morning when there will be ample time to see this house overlooking Strangford Lough whose front is built in Classical style and back in Gothic. It has, we later learn, a bedroom named after Charles Stewart Parnell.

When we drive into Strangford village we have covered about 84 km in our journey about the lough and seen a small fraction of the surrounding area's many attractions. Tired but contented we walk to the Spinnaker restaurant, which serves delicious chowders and seafood, the fish and shellfish all caught locally. How better to end a most satisfying day!

P. G. Nerney

September Events at Maynooth Community Library All of our events are free of charge and open to everyone

For further information contact: www.kildare.ie/library maynoothlib@kildarecoco.ie Ph.: 01-6285530



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NEW OPENING HOURS

Thursday: 10am—8pm Monday: 10am – 5pm Tuesday: 10am – 8pm Friday: 10 am—5pm Wednesday: 10am - 5pm Saturday: 10am—5pm

Children's Events

Summer Stars Awards Celebration Event with Waffles the Magician

Well done to everyone who participated in our Summer Stars Adventure!

You've read the books and written the reviews – now it's time to claim your reward! Book in to our 'fantastically magic' awards show and get your medal and certificate. Contact the library to reserve your place!

7th September

Session 1: 11.30am - 12.30pm

Session 2: 2pm – 3pm

Roald Dahl Arts and Craft Workshop Friday 13th September 3.30pm – 4.30pm

7 - 10 year olds Celebrate Roald Dahl Day this year by making your very own and extremely messy "Mr Twit's Beard"!

Kids Secret Cinema
Saturday 14th September
2.30pm – 3.50pm

PG

This month's secret cinema is a whizzpopping great film about a very friendly giant. Rated PG

No Booking Required

Teddy Bear Picture Art and Craft Saturday 28th September

2.30 pm - 3.0 pm

5 - 7 year olds

Using felt, coloured card and crepe paper, children will create their own teddy bear picture to hang up at home

Booking Required

<u>Library Events</u>
Rights Awareness Evening with St John Of Gods
Thursday 12th September 5pm – 7pm

All welcome to attend this evening and address any queries you have to the team. Give It A Go! Box Set Club
Thursday 12th September 6.30 – 7.30pm
Got Netflix/NowTV/Amazon Prime and don't know what to watch next?

Let Maynooth Community Library help!

A New Box set Club starting 12/09/19 and meeting monthly to discuss series. Call into the library now and collect the first box set today. **Items limited so registration required.**

Dungeons and Dragons

Saturday 14th September 2.00pm – 4.30pm

Limited places available on this popular game

Booking Required

Tuesday 17th September 6.00pm – 8.00pm

Chronic Pain Ireland is a national charity that provides information and support to people living with chronic pain conditions and their families. This talk will educate people about chronic pain conditions and outline self management strategies that can help, and show what resources and help is available locally. The talk will outline what chronic pain is, what help is available (national and regional, recommended books lists etc.) and look at the key facets of self management including dealing with flare ups, importance of exercise, improving sleep, pacing yourself and minding your mental health.

Booking Required

Boomerang Bags Tuesday 24th September 6.00pm – 7.30pm

A new eco produce bag-making group, meeting the last Tuesday of every month, Boomerang Bags is open to sewers and non-sewers! Based on a worldwide community movement called Boomerang Bags the idea is to make and sew bags that people can use instead of plastic, for fruit, vegetables and bread.

The concept is to use pre-loved cotton material like bed sheets, pillowcases etc and to make these into simple cotton bags – the main aim being inclusive and to educate people on a more eco way of living. Starting with making bags for yourself or friends, the overall aim would be to make enough to do a bag drive and hand them out at local schools, farmers markets and supermarkets to convert more people! Booking Required

Young Adult Creative Writing Group

Interested in joining a creative writing group aimed at teens? We would love to hear from you! Contact the library and register your interest – We would hope to set up a monthly meeting to develop and expand your love of writing.

All levels welcome.

Culture Night Friday 20th September

Adult Painting Workshop

4pm – 6pm

All materials supplied in this step by step art workshop

Booking Required

Guatemalan Acoustic Concert

with Fernando Lopez Friday 20th September

7pm – 9pm

An acoustic concert (guitar and voice) from Guatemalan folk singer Fernando Lopez, song writer and ethnomusicologist committed to social justice and human rights through his music.

Join us for a poetic journey through Latin and Flamenco rhythms!

No Booking Required

Works Matters at the Library Presentation Skills

Tuesday 3rd and 10th September

Curriculum Vitae Preparation & Application forms Workshop

Presented by Paul Aspell, Career Guidance Counselling

Booking Required

Local Enterprise Office - Business Advice Clinic

Wednesday 11th and 18th September, all day
For anyone seeking business advice. To book an appointment, applications are available through LEO office. **Please contact 045 980838**

"Lets Talk About Parenting"

Self Esteem, Confidence and Resilience Presented by Dr Mary O'Kane

These three aspects of development are key in preparing children for so many aspects of their lives both as young children and in supporting children's they transition into adulthood. Teenagers are under so much pressure today, building these strong supports in childhood can help them to negotiate difficulties later in life. In this seminar, Dr Mary O' Kane explains the interaction between these three aspects, and offers practical advice on how to support children in these important areas.

Older Wiser Laughter

Chair Yoga

With Daisy McCann, Yoga Teacher

Stretch, breathe and relax in this one hour Chair Yoga calss suitable for all levels of ability and fitness. Daisy will guide you through a series of adapted yoga movements to help release all the joints and gently stretch and move th body, leaving you feeling energised and relaxed.

Classes are run in an encouraging and supportive manner with emphasis on fun and enjoyment as well as physical activity

Booking Required

Drop In -Story Time

Jungle Animals Story Time

Friday 6th September 10am – 11am for 2-5 year olds

Jungle animals! Get ready to leap, stomp and roar along with the animals in "Walking Through the Jungle" by Julie Lacome and "Monkey and Me" by Emily Gravett

Knights and Dragons Story Time Friday 13th September 10am – 11am for 2-5 year olds

A little knight's tale of adventure and bravery facing Dragons, Monsters and the "Dreaded Bedtime'

with lively songs and colouring in afterwards

Pets Story Time Friday 20th September 10am – 11am for 2-5 year olds

This week's stories are all about pets big and small, ordinary and extraordinary! Join us in making your favourite animal sounds and in some fun rhymes and songs as well Story Time Friday 27th September 10 am- 11am for 2-5 year olds

Spend some quality time with your toddler – join in the songs and rhymes!

No Booking Required

(Continued on page 24)

September Events at Maynooth Community Library Cont/....

(Continued from page 23)

Regular Events

Craft Club

Every Monday from 11.30am - 1pm

Bring along your various crafts to inspire and to be inspired – or just to work on!

Different short demonstrations will take place during the year.

Who knows – maybe a new craft will grab your fancy...

No Booking Required

Family Board Games Saturday 7th and 21st September

10am – 12pm

Chess, Draughts, Cluedo and Boggle will be available – or feel free to bring along a

family favourite! All welcome

FitLine

Thursday 12th and 26th September 10 am -12 noon

Go for Life FitLine is a free telephone service for people over 50 giving you the information and encouragement you need to get more physically active. (In association with The National Programme for Sport and Physical Activity for Older People). Please note this is a telephone service only. For more information call 1800 303 545.

Thursday 5th and 19th September, 6pm – 7:45pm

A time and space to craft and chat on the 1st and 3rd Thursday evening of each month. Get together with like-minded makers to work on your latest project and swap tips over

No booking required.

Maynooth Women's Group

Saturday 14th September, 11am

New members welcome.

Contact the library for further details.

Ciorcal Comhrá / Írish Language Conversation Group

Tuesdays 11am – 12 noon

This is an informal group for adults who would like to meet on a weekly basis to use and

practice their conversational Irish. No booking required. All welcome.

Maynooth Creative Writing Group

Tuesday 3rd and 17th September 6:15pm

A bi-monthly meeting for writers in the Maynooth area. Beginner writers always welcome.

No booking required.

Spanish Conversation Exchange

Thursdays, 6:30pm – 7:30pm

An informal meeting where people can practice and converse in Spanish. All adults welcome from novice to expert.

No booking required.

Relocation to Ireland: Women's Meet Up Saturday 14th and 28th September 3 pm

A gathering of women who have moved to Ireland and would like to meet up with other women who have also made this country their home. The library is a meeting place to chat, make new friends and share stories - good and bad - about their transition from their native land to their present address.

Returning expat women are also welcome to share their experiences.

All Welcome

'All Aboard' Adult Board Games night Thursday 26th September 6.00 pm

Following the success of our bi-monthly family-friendly board games mornings, Maynooth Community Library has launched a monthly adult board game night - 'All Aboard.' Join us in our multipurpose space on the last Thursday of the month from 6pm with your favourite board game for a digital detox - from backgammon to Buckaroo, chess to Catan. Board games aren't just for Christmas!

Book & Film Clubs

The following book & film clubs meet regularly at Maynooth Community Library. Please contact us if you are interested in joining a book club or starting one.

The Village Book Club

Monday 16th September 10.30am – 11.30am

Ex Libris Book Club

Wednesday 25th September 11am

This book club is now fully booked but please register your interest in book clubs with library staff if interested.

Readers of the Lost Ark Science Fiction Book Club

Tuesday 10th September 6.30pm- 7.30pm

Read & Catch-up

Thursday 12th September, 11.00 am

Jane Austen Book Club

Thursday 26th September 11am- 12 pm U3A Book Club Monday 9th September 11am- 12 pm

Reel Good Film Club

Tuesday 24th September: Screening 5pm Discussion 7pm

All are welcome to come watch the film at 5pm and discuss it at 7pm. Adults Only

COFFEE MORNINGS 'AS GAEILGE' IN DUBLIN CITY AND COUNTY try out you 'cúpla focal' at these locations:

Monday: 10.30am. 'The Dundrum House', Main Street, Dundrum, D.14.

Monday: 10.30am. 'Morning Star Coffee Shop'. Church of the Holy Spirit, Greenhills, D.12.

Monday: 11.00am. Community Centre, Domville Court, Santry, D.9.

Monday: 10.30am. St.Brendan's Parish Centre, Main Street, Coolock Village, Coolock, D.5.

Monday: 11.00am. The Yellow House Pub, Rathfarnham, D.14.

Tuesday: 1030am. The Beaumont House, Beaumont Road, Beaumont, D.9.

Tuesday: 11.00am. Café Ink, DLR Lexicon / Library, Dun Laoghaire, Co. Dublin.

Tuesday: 11.00am. SPAR The Triangle, Ranelagh, D.6.

Tuesday: 10.45am. The Green Land Café, Marino Mart, Fairview, D3.

Tuesday: 11.30am. The Parish Centre, St. Bridget's Church, Howth Road, Killester, D.5.

Tuesday: 12,00pm. Olly's Place, New Street, Skerrries, Co. Dublin.

Wednesday: 09:45 – 12 noon, The Third Space, The Square, Smithfield, Dublin.7.

Wednesday: 11.00am. The Courtyard Restaurant, DIT, Grangorman, D.7.

Wednesday: 11.00am. The Buttery, Trinity College, D.2.

Wednesday: 11.00am. COSTAS, Finglas Village, Finglas, D.11.

Wednesday: 11.00am. INSOMNIA, Howth Road, Howth, Co. Dublin.

Wednesday: 11.00am. The River Café, Raheny Shopping Ctr, Raheny, D.5.

(ex. 2 Wed. of month)

Wednesday: 10.30am. Friends Hall, All Saints Drive, Raheny, D.5.

(only 2nd. Wed. of the month)

Wednesday: 11.00am. 'An Seomra Tae Café, Main Street, Malahide, Co.Dublin.

Wednesday: 10.30am. Parish Centre, Lucan Road, Lucan, Co. Dublin

Wednesday: 10.30am. Terenure Inn, 94-96 Terenure Road North, Terenure, D.6W.

Wednesday: 11.30am. INSOMNIA, 10 10 Harbour Road, Howth, Co.

Wednesday: 1.00pm. Helix Cafeteria, DCU, (Dublin City University),

Collins Avenue, D.9.

Wednesday: 12.00pm. La Boulangerie Café, 465 South Circular Road,

Thursday: 10.30am. Lé Chéile Community Centre, Donnycarney, D.5.

Thursday: 11.45am. Seán O'Casey Community Centre, St. Mary's Road, East Wall, D.3.

Thursday: 11.00am. One Café, BBQ Centre, Shankill, Co.Dublin.

Thursday: 10.00am. St. Anthony's Parish Hall, Clontarf, D.3.

Thursday: 3.30pm. Perk-U-Licious, 27 Main Street, Raheny Village, D5.

Friday: 1pm. Connolly Books, Essex Street, Temple Bar, (Parliament St. end.) D.1.

Friday: 11.00am. The Brian Ború Pub, Phibsboro, D.7.

Friday: 11.00am. The NOTO Caffè, Thomas St / Frances St. The Liberties, D.8.

Saturday: 10.30am. Kay's Kitchen, Donaghmede Shopping Centre, Donaghmede, D.13.

Saturday: 11.30am. INSOMNIA @ Pennys, Pavillions Shopping Centre, Swords, Co. Dublin.

Saturday: 11,00am. COSTAS, Northside Shopping Centre, Oscar Traynor Road, D,13.

Saturday: 12.00pm. Mollys Café, 17 Bridge Street, Balbriggan, Co. Dublin.

Saturday: 2.00pm. The North Star Hotel, Amiens Street, D.1.

Saturday: 2.00pm. Cates Café, Donabate Town Centre, Main Street, Donabate, Co. Dublin.

Sunday: 11.00am. Tillies Café, St. Gabriel's Road, Clontarf, D.3.

Sunday: 12.00 noon. Liffey Gaels GAA Football Club, Sarsfield Road, Ballyfermot, D.10.

Sunday: 09.45am. Molloys Café, 14, Qiuinnsboro Road, Bray, Co. Wicklow.

Sunday: 10.45am. Coffee Dock, (after 10.00am. Mass) St. Brigid's Church,

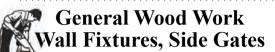
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Maynooth Monthly Diary Planner

Community Library

NEW OPENING HOURS

Monday 10am – 5pm Tuesday 10am – 8pm Wednesday 10am – 5pm Thursday 10am – 8pm Friday 10am - 5pm Saturday 10am – 5pm

I.C.A.

Monthly meetings take place every 1st Thursday of the month at 8.00pm in the I.C.A. Hall in the Harbour.

Crafts every Monday night at 8.00pm. New members welcome

University of Third Age (U3A)

We meet on Fridays between 11am & 1pm in Maynooth Community Space Tesco SC

Activities vary to include social, cultural & educational interests of group & new members.

New members welcome Drop in for a cuppa & chat if interested

Contact Mary: 0861662910 or Lena: 0876717062

Maynooth Tidy Towns

Volunteers required to help with this work. Contact Number 087 3153189 Meet every Saturday at 10.00am in the Square

Maynooth Senior Citizens

Our morning club continues on Tuesday and Thursday and new members are always welcome. Perhaps you are new to the parish or new to the age bracket, why not come along you might enjoy it. You will find us in the Geraldine Hall on Leinster St.

Contact Josephine on 087 9002296

Maynooth Multiple Births

Maynooth Multiple Births playgroup (twins triplets or more) meets the last Thursday of the month in Leixlip library between 10 & 12 noon. This is a great opportunity to meet parents just like you.

For further details email: maynoothmultiplebirthclub@gmail.com

MAYNOOTH LOCAL HISTORY GROUP

Maynooth Local History Group Meets Last Thursday of each Month in The Glenroyal Hotel

> New Members Welcome Contact: MCEP Office for more details (Unit 5 Tesco's S.C.)

Maynooth Parent & Toddler Group

We will meet on Tuesday 24th September & Tuesday 1st October.

Thursday 10th October and every Thursday onward during term time.

Drop in, €5 per family - refreshments and kids entertainment.

Maynooth Community Space 09:30 till 11:30am

St Joseph's Young Priests Society

St. Joseph's Young Priest's Society meet monthly on the second last Wednesday between 8pm and 9pm in Parish Centre, Maynooth.

For further information contact Bernadette at 01-6286288 or Lena at 01-6285128.

Zero Waste Maynooth

Free Community Event 2nd Saturday of the month

Maynooth Community Space: 2-4pm Everyone welcome to pop in for a wander around a cuppa & chat.

Learn how to reduce your waste - save money while looking after our planet

Bridge Club

Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com.

Contact Katherine Cooney 086 8205910

Arthritis Ireland

Arthritis Ireland Walking Group (Maynooth) Meeting Mondays 12-2pm in the Maynooth Community Space

Maynooth Men's Sheds

Weekly meetings take place every
Wednesday at 11am
at the Maynooth Lodge Fisheries
Dunboyne Road Maynooth.
For further details contact
John Fleming - 087 2041334

Maynooth Community Church

1st Floor Manor Mills (entrance next to Chill) Service times every Sunday morning from 10.30am www.maynoothcc.org

Everyone most welcome

ST MARY'S BRASS & REED BAND

Rehearsals are held in the Band Hall on Pound Lane each Monday night (except Bank Holidays) from 7.45pm to 9.30pm and musicians living in Maynooth and the surrounding areas are most welcome.

E-mail: sec@stmarysbandmaynooth.ie Website: www.stmarysbandmaynooth.ie

Diary entries are published free of charge for all non-fee paying Community Groups.

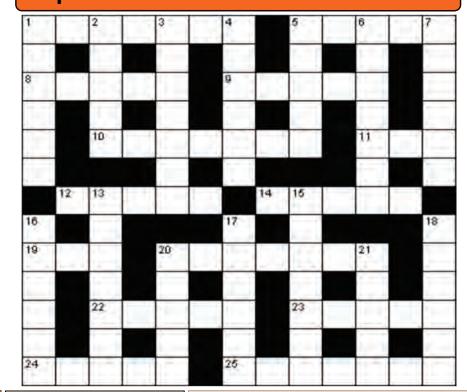
The content of the Monthly Planner Diary is published in good faith. All details should be checked with groups in advance

Clues Across

- 1. Restricted (7)
- 5. Perils (5)
- 8. Detection device (5)
- 9. Villain (5)
- 10. The sheltered side (7)
- 11. Flightless bird of Australia (3)
- 12. Chasm (5)
- 14. Complies (5)
- 19. Prohibit (3)
- 20. Diplomatic (7)
- 22. Nimble (5)
- 23. Light beam (5)
- 24. Reside (5)
- 25. Boring (7)



September 2019 Crossword - No. 483



Clues Down

- 1. Food store (6)
- 2. Decoration (5)
- 3. Goals (7)
- 4. Fin (6)
- 5. Stiff (5)
- 6. Stage set (7)
- 7. Repress (6)
- 13. Dressing (7)
- 15. Perplexed (7)
- 16. Overseas (6)
- 17. Dialect (6)
- 18. Tusked marine mammal (6)
- 20. Test (5)
- 21. Lariat (5)



Solutions to Crossword No 482

W	Н	Α	R	F		1	Α	1	N	F	U	L
A		P		L		J		M		L		1
G	Α	R	В	A	G	E		Ρ	S	Α	L	M
E		1		G		C		Ш		M		1
R	0	C	K	S		ш	A	R	N	E	S	T
		0				S						Ш
A	C	T	U	A	L		F	L	A	W	E	D
В				В		D				0		
S	A	M	U	R	A	1		A	G	R	E	E
0		0		1		R		0		R		R
L	1	V	1	D		Е	Α	R	L	1	Е	R
V		E		G		C		Т		E		0
E	A	S	T	E	S	T		A	D	D	E	R

Special Prize Book Voucher

Give yourself the luxury of browsing and choosing the book/books which take your fancy from the wide selection available in the store of our sponsor:

> The Maynooth Bookshop 68 Main Street, Maynooth

Entries in before: Tuesday 17th Sept 2019

Address:_		

Winner of Crossword No. 482

Susmitha Rani Lyreen Manor Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

<u>Collect prize from</u>

The Maynooth Bookshop 68 Main Street, Maynooth

Difficult

		•			_			
4				7		2		1
			9			3	5	6
3						6		
		1	7		4	5		
		4						9
5	1	2			9			
7		8		6				5
		6	4			1		

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to Maynooth Newsletter Office Unit 5 Tesco S/C Maynooth

Sudoku Challenge 2019

Phone:

Name:

Entries must arrive to Newsletter Office before: 17th September 2019

Congratulations to August Winner:

Tom O'Sullivan Laurence Avenue Maynooth

Collect prize from Newsletter Office

Prize winners will have 30 days to claim their prize from the time the results are made public.

Super Difficult

				8			6
			9		2		7
			2	4		8	
4		8	1		7		
	6	5			9	3	
		9		7	5		8
	1		3	5			
5		7		6			
9			7				

Name:	
Phone: _	



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Age:		

Phone No:

Address:

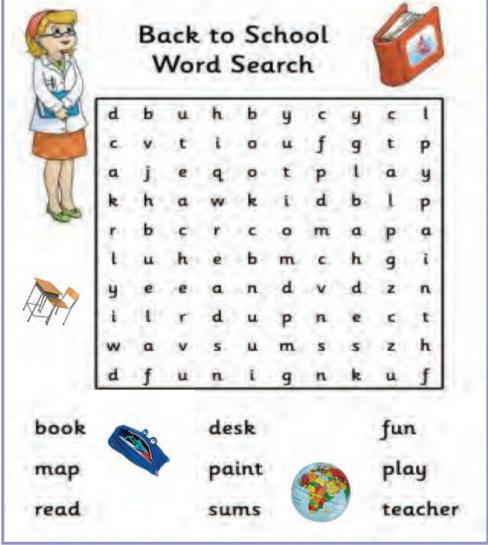
Last Month's Winner:

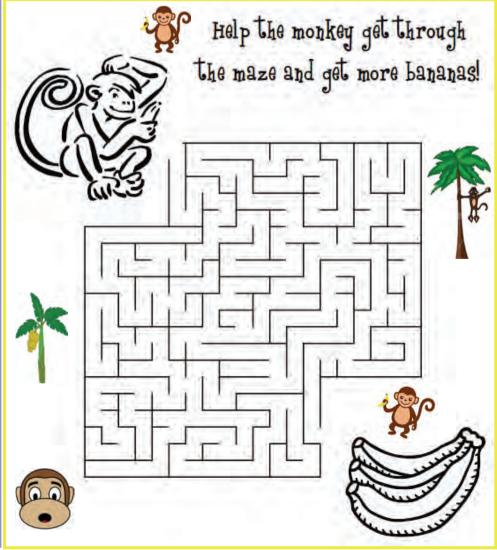
Emma Whitty
The Green
Moyglare Hall
Maynooth

Prize of a Free Family Meal for Colouring Competition can be collected at:

Maynooth Newsletter Office Unit 5, Tesco Shopping Centre. Entries must arrive to Newsletter Office before: 17th September 2019

Junior Puzzle Corner







Zero Waste Maynooth

September marks the start of a new academic year and is often a month when people make new resolutions or plan for new beginnings. This September Oxfam is asking you to take on a new challenge!

Second-hand September – you are asked to say no to buying new clothes for the month of September.

Fast fashion is the second most polluting industry in the world – the water and resources involved in making the clothes, the dyes that spill into rivers, the awful conditions the workers suffer all add up to an industry that is not sustainable.

Oxfam is asking you to make a pledge to avoid buying new clothes on their website (https://www.oxfamapps.org.uk/secondhandseptember). But this doesn't mean that you can't get new-to-you clothes for the month. Maynooth has lots of options to let you get your fashion fix without it costing your pocket or the earth.

- The Glass Doll sells beautiful vintage pieces. They are happy to help you with ideas of how to style a piece.
- Nu Wardrobe is a swap shop that will be at the next Zero Waste Maynooth event. You bring some good quality pieces that no longer bring you joy and swap them for something that is new-to-you!
- Charity shops Maynooth has three fantastic charity shops that stock clothes, books and bric-a-brac. It is easy to grab a bargain and is always worthwhile to pop in when you are going past!

Zero Waste Maynooth will be posting pictures of the great pre-loved bargains available in Maynooth throughout the month to help you with your pledge!



2-4pm Sat 14th September Maynooth Community Space

*Bare Necessities * Package free food

*Nu Wardrobe * Ladies clothing exchange.

Cloth Nappy Library Ireland Info & support

*Zero Waste Maynooth *Display and tips on how

to reduce your waste at home

REDUCING WASTE TIPS

Join us for a cuppa & chat Bring the kids! Free event for the community







Richard Feynman

Richard Feynman, theoretical physicist, in his light-hearted autobiography «Surely You're Joking, Mr Feynman», tells about an incident in his postgraduate days in Princeton. In his doctoral study, I think it was, he came up with some rather striking new theory. His supervisor was impressed, encouraged him and suggested that perhaps he could write a paper on the topic and present it to the faculty sometime.

Feynman was pleased with the offer and began working on the paper. Meeting with his supervisor a few weeks later, he was a little alarmed to be told that Bohr had an interest in his theory and would be dropping in for the presentation – Niels Bohr was a big name in theoretical physics at Princeton at the time. A few weeks later Feynman was told that Pauli (another heavyweight) would be present.

Perhaps there were a few more notable physicists who might be present for the occasion but about a week before D-day when Feynman was told that Einstein would be «dropping by» his self confidence plummeted.

He read his paper, of course, and everything went fine, but not without a great deal of trepidation.

I wonder when bishops, priests, and others, speak of things that really matter, the world of the spirit, for instance, are they aware that the Creator of everything has just «dropped by» and experience similar trepidation!

Just a thought!

"There is no God", the proud man said.
What a curious stance to take!
For only one carved in God's mould,
Could such a statement make.

G.M.

2019 Green Flag Awards for Parks and Green Spaces

YES TO

SECOND

HAND

Maynooth University Campus and St Patrick's College, Maynooth, were awarded the prestigious 2019 Green Flag Awards for Parks and Green Spaces, following the recent expansion of the international excellence accreditation to university campuses and historic cemeteries.



Maynooth is the first university campus in the Republic of Ireland to receive the award. More than 250 park and garden staff, volunteers, and enthusiasts gathered to witness this year's event, held in Maynooth University's Aula Maxima Hall.

Awarded for meeting exceeding tough environmental standards in green space management and excellence of visitor attractions, the Green Flag Award for Parks and Green Spaces is the mark of a quality park or green space and is recognised throughout the world.

A new entrant and winner for the first time, Maynooth University and St Patrick's College in Maynooth, County Kildare, also provided this year's venue to celebrate the 60 Irish Parks and Gardens from across the Republic of Ireland who are receiving their 2019 Green Flags. Coordinated by An Taisce Environment Education, the 2019 awards were open to public town parks, country parks, gardens, cemeteries, and green spaces from across the whole country.

Dr Joe Larragy, Chair of Maynooth Green Campus, said: "We are delighted and honoured that Maynooth University and St Patrick's College Maynooth, who share the campus, were selected to host this year's awards in association with An Taisce. "Maynooth Green Campus extends its congratulations to Stephen Seaman and his team in the Maynooth campus grounds department, to staff and student volunteers, on winning the Green flag for Parks and Green Spaces.

"This is another milestone following the award of the Green Campus Flag in 2018 to Maynooth Green Campus, a partnership between Maynooth University, St Patricks College, and Trócaire, for its work on water, waste, energy, travel & transport, biodiversity and climate justice", he added.



Of a total 17 countries whose parks met the standard this year, there were more Green Flag Awards secured by Irish parks and gardens than by any country, other than the UK where the scheme originated in 1996

Hello, September! welcome to my

September Garden Jobs

s summer turns into autumn make sure that the necessary tasks are carried out to keep the garden flourishing until the first frosts as planning and preparing the garden for the new season and for the following spring. The following are the priority jobs for this month.

- Continue to deadhead and feed summer bedding plants to prolong colour well into the winter months.
- Cut down perennials that have finished flowering and mulch soil with compost or well-rotted manure. Continue dead heading late flowering perennials.
- Divide large perennial clumps like crocosmias, euphorbias, delphiniums' etc. Regular dividing will invigorate them with better flowering next year.
- An excellent month for planting new perennials as soil is warm and moisture levels are increasing.
- Now is a perfect time to plant autumn and spring bedding plants to take over when the summer colour fades.
- Treat your lawn now with an autumn lawn preparation to control moss and to help grass withstand the harsh winter weather.
- This is a good month to sow a new lawn and repair bare patches in existing lawns.
- Autumn is a great time for shrub planting especially evergreens. Prune back bush roses by 50% to prevent wind rock through the winter months.
- Strawberries generally become exhausted after a few years and need replacing. New plants are now readily available. Cut old, fruited canes of summer raspberries to the ground, thin out and tie in new canes for next year's crop.
- Towards the end of the month start putting crops such as carrots and beetroot in to
- Complete the harvesting and storing of onions, making sure they are well ripened
- A good time to spray perennial weeds such as couch grass with products containing glyph sate such as 'Roundup'.

Note: September is a great gardening month with plenty of colour and hopefully very good weather.

September is the month when everything in the garden thins out, as though the colours and light were being gently stretched and the leaves on the hedges gradually yellow and thin so the light drifts through them like smoke.



The grass borders start to hide the magnificent stride – they will be at their very best next month as the green foliage starts to become metallic and change colour to silvers, golds and bronzes.

The vegetable garden gives its most abundant harvest throughout September but with a sense, as the month draws to a close that the productive year is ending too.

In all, this is one of my favourite times in the garden. Along with lots of good flowers and masses of ripening fruit and vegetables, the fading elegance gives it dignity and the knowledge that every fine

day is one of the last makes them precious. It is a busy time too, with cuttings to be taken, seeds collected, much to harvest and hedge cutting to complete all before the weather turns.

PRUNING SHRUB ROSES

I know that some gardeners are anxious about pruning roses but the many shrub varieties such as the gallicas, 'English' roses, Albas or Hybrid Perpetua's are best simply trimmed with

shears any time this month. Do not worry about the position or angle of the cuts but clip away all long, straggly shoots as though you were trimming a hedge, leaved a compact, slightly domed bush that is about two thirds of its former size. In March, when you can see clearly without any foliage, you can inspect the shrub to remove any damaged or rubbing stems, but a simple shear in September is enough to keep it healthy and packed with flowers next year.

HOW TO ROOT PLANTS FROM CUTTINGS

- 1. Remove only healthy nonflowering stems
- Sprinkle rooting hormone powder on a saucer.
- Fill a small pot with soilless potting mix that is moist.
- 4. Carefully insert the cutting about 1 inch into the planting hole
- 5. Avoid knocking off the rooting powder

Lady Beetles and their larvae are well known as friends of gardeners everywhere. This is coreopsis, and fennel will ensure that your garden has a healthy population of lady beetles. Just keep in mind that they have been known to bite humans on

due to their seemingly endless appetite for aphids and mites. Plants, such as dill, occasion.

You Can Bury a Lot of Troubles digging in the dirt



Stir Fry Chicken, Rice and Peas

Ingredients:

- 2 chicken breasts, diced
- 3-4 spring onions, finely sliced
- 100g frozen peas
- 150g cooked rice
- 2 eggs

Method:

- Cook the rice in a pan and cool completely
- In a wok, heat 1 tbsp. of sunflower oil or sesame oil and fry the diced chicken
- Add in spring onions and peas to cook.
- Add in rice and break up with the spoon or spatula.
- Stir until everything is hot then crack in eggs.
- Mix thoroughly until the eggs are cooked.
- Serve with light soy sauce and sweet chilli sauce.

We recommend having a small bottle of light soy sauce and sweet chilli sauce to serve with.

Homemade Pasta Sauce

No need to buy any of those convenience bottled pasta sauces. You can make a batch full of pasta sauce which can store in your fridge for days and can even be frozen for months. It's quick, it's simple, it's healthy and it's very cheap!

Ingredients:

- 1 tsp of olive oil
- 1 tin of chopped tomatoes
- 2 garlic gloves, finely chopped
- 1 tbsp of vegetable stock
- Sprinkle of mixed herbs
- Cooked pasta
- Cheese (optional)

Method:

- In a sauce pan, heat the olive oil. Add in the garlic and fry for 30 seconds.
- 2. Pour in the chopped tomatoes and add the vegetable stock and mixed herbs.
- 3. Stir until hot and add in cooked pasta.
- Stir until all the pasta is covered and if you want, sprinkle with cheese.

Cucumber Carrot Sandwich Recipe

Prep. Time: 10 mins

Serves: 2 **Ingredients:**

- Cucumber, very finely chopped -1/4 cup
- Carrot, very finely chopped -3 tbsp.
- Cheese spread or cream cheese 3 tbsp.
- Black pepper, crushed 1/2 tsp
 - Bread slices 4

Method:

- Grate or very finely chop carrot.
- 2. Remove the centre part of cucumber and chop it very finely as well.
- 3. In a mixing bowl, mix carrot, cucumber and cheese spread, black pepper.
- 4. Spread it over the bread slice and cover it with another one.
- Trim the edges if desired and cut into triangles to serve.

You need a really a large sharp knife in order to chop the veggies very finely.

Using cheese spread you don't add salt as, adding salt makes the cucumber watery.

Chocolate Banana Bundles

Ingredients:

- 2 tablespoons butter
- 1/4 cup brown sugar
- 2 medium ripe bananas, halved lengthwise
- 1 sheet puff pastry
- 4 ounces semisweet chocolate— melted
- Vanilla ice cream (optional)



Method:

- Preheat oven to 200° C. In a large cast-iron or other heavy skillet, melt the butter over medium heat. Stir in brown sugar until blended. Add bananas; stir. Remove from heat; set aside.
- Unfold puff pastry. Cut into four rectangles. Place a halved banana in centre of each square. Overlap two opposite corners of pastry over banana; pinch tightly to seal. Place on parchment paper lined baking sheets.
- Bake until golden brown, 20-25 minutes. Drizzle with chocolate. If desired, serve warm with ice cream.



FILM/DVD MONTHLY BY BERNIE CLAXTON

AUTUMN MOVIE PREVI



DOWNTOWN ABBEY

The hugely popular, award-winning British TV series Joker is an upcoming American psychological thriller **Downton Abbey** is making its big screen debut this film based on the DC Comics character of the same Autumn. It's an 'Upstairs Downstairs' historical period drama, set in the early twentieth century, depicting the lives and loves of a group of people. The series spanned six seasons between 2010 and 2015.



The original series was based in the fictional Yorkshire country estate of Downton Abbey, depicting the lives of the aristocratic Crawley family and their servants in the post-Edwardian era.

The new film is set in 1927, directed by Michael Engler, and features a royal visit to **Downton Abbey** by King George V and Queen Mary. The regal visit is the central event in a film sees the reunion of all of the series' favourite characters.

The original creator/writer of the television. Jullian Fellowes, is on board as is most of the original stellar British cast, including Maggie Smith, Imelda Staunton, Jim Carter, Matthew Goode, Hugh Bonneville, Elizabeth McGovern and Penelope Wilton. Fans of the TV series will be getting their very best finery on for this cinema treat!

AD ASTRA

Ad Astra is an American science fiction film, written and directed by James Gray, starring Brad Pitt This biopic centres on the last year of the tragically as an army engineer travelling the cosmos in search of his father (Tommy Lee Jones) who disappeared on a mission to find alien life, years before. Jones may in fact carry a secret that threatens the universe's very existence.



The project was announced in early 2016 with Gray stating that he wanted to feature 'the mot realistic depiction of space travel, that's been put in a movie'. Apart from Pitt and Jones, Gray has assembled a pardon the pun — starry cast for his space movie; our own Ruth Negga, Liv Tyler and Donald Sutherland are along for the solar ride. Ad Astra should be a cinematic highlight for the Autumn months so!

JOKER

name starring Joaquin Phoenix as the title character. He is the seventh actor to portray the infamous Batman villain on-screen and is always an interesting watch. Set in Gotham during the early 1980s, Joker tracks the evolution of Arthur Fleck (Phoenix) from a lonely, failed stand-up comedian to the city's most terrifying scourge. Fleck begins a slow dissent into madness, crime and chaos as he transforms into the criminal mastermind known as the Joker.

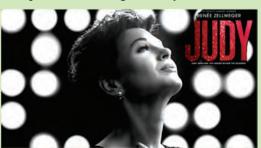


The film pays tribute to De Niro — who stars as Fleck's antagonist — with allusions to Taxi Driver and The King of Comedy. Don't count this one out come awards season. Phoenix should leave his individual stamp on a manic character that has been made famous by the likes of Jack Nicholson and the late Heath Ledger. The potential to chew the scenery in such an iconic role is enormous. Early press suggests that the film offers an interesting twist on how the popular comic book villain, the Joker, came to be.

JUDY

talented Hollywood icon, Judy Garland. The film is set in 1969 and follows Judy as she battles with managers, handles and her own inner demons during a five-week run of sell-out concerts in London. Judy had starred in a British film of the early 1960s with a not too dissimilar storyline. I Could Go On Singing was one of Judy's best roles.

Judy, directed by Rupert Goold, is an adaptation of the West End and Broadway play End of the Rainbow by Peter Quilter. Renée Zellweger (of Bridget Jones fame) takes on the mantle of the complicated singing legend. No pressure so. Early word on this biographical film would suggest that it has Oscar glory written all over it. Zellweger is an expert mimic but will she be able to truly inhabit the soul and spirit of the late great Judy Garland?





Rufus Sewell and Michael Gambon make up the supporting cast for Judy. It will have its world premiere at the Toronto International Film Festival in

The film promises to be the must-see biopic of the Autumn.

Ford v Ferrari

Director James Mangold's anticipated follow-up to Logan, Ford v. Ferrari brings an exciting real-life racing story to the big screen, with Matt Damon and Christian Bale taking central roles. The movie takes a leaf out of Logan's book, grounding its story both in terms of tense character drama and racing thrills. The film's premise centres around an eccentric, enterprising team of American engineers in the 1960s. Automotive designer Carroll Shelby (Matt Damon) and his British WW2 veteran driver, Ken Miles's (Christian Bale) mission is to build a racing car for Ford that can finally defeat the reigning Ferrari racing team at the 1966 24 Hours Le Mans race in France.



The acting power-house combination of Hollywood heavy-weights, Damon and Bale should make for explosive sparks on screen. Fox and Disney are banking on this and Ad Astra being their best bets at the next Oscars, so it will be interesting to see how this racing drama plays out on screen. Irish interest will be provided by talented **Outlander** star, Caitriona Balfe in the role of Bale's wife.

Ford v. Ferrari is certainly the film to watch out for this Autumn season.

Answers to david lean movie quiz						
Q 1) - d	Q 2) - a	Q 3) - b				
Q 4) - d	Q 5) - a	Q 6) - d				
Q 7) - b	Q 8) - d	Q 9) - c				
Q 10) - b	Q 11) - c	Q 12) - b				
Q 13) - b Q 14	l) - b				





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