



Maynooth Newsletter

Serving the people of Maynooth



Local News

October 2019

Issue No. 484

FREE

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The views & opinions expressed in this Publication are those of the contributors.



New Public Access Defibrillator for Maynooth Improves Cardiac Chain of Survival for the Town

A new public access defibrillator has been installed in Carton Retail Park Maynooth by Maynooth Community First Responders (CFR), providing 24-hour public access to this life-saving piece of equipment.

The AED (Automated External Defibrillator) is located on the external walkway between the two main entrances to Tesco in the busy retail park and will ensure that anyone experiencing cardiac arrest has early access to defibrillation.

5,000 people die each year from cardiac arrest in Ireland. For every minute that passes after a cardiac arrest, the chances of recovery are reduced by 7% to 10%. Having early access to CPR and an AED are crucial steps in the cardiac chain of survival, according to the Pre-Hospital Emergency Care Council (PHECC).

According to Chairperson of Maynooth CFR Réada Cronin, AEDs are a vital piece of equipment for the town. "We are delighted to have installed this public access AED. We wouldn't have been able to do it without support from Keith Brady, Regional Centre Manager, and his team, so we are very grateful to them. Maynooth has a population of 14,500, with a further 13,000 students and while there are a number of AEDs around the town, not all are available on a 24-hour basis. We are currently working on a list of the locations of AEDs in Maynooth so people can familiarise themselves with their nearest one and we hope that this will be available soon."



L/R: Brian Cosgrave, Réada Cronin, Keith Brady Regional Centre Manager, Tesco. Marella Cahill, Jacqui Sykes & Fionnuala Murphy.

Keith Brady, Tesco Regional Centre Manager, said: "The volunteers at Maynooth Community First Responders carry out fantastic work and we are delighted to be able to work alongside the team on installing this 24-hour external AED, which will be available to every member of our community in a cardiac emergency." There have been some incidences of theft and damage of public access AEDs around the country, although it is not commonplace.

For that reason Maynooth CFR are also asking everyone to please respect all life-saving equipment. "We don't want anyone to be afraid to use an AED if it's needed," said Réada, "but they are expensive to install and replace and could mean the difference between life and death for someone in cardiac arrest so it's essential that the AED is available when such an emergency arises."



CPR Demo CFR Member Jacqui Skyes & David Rigney

It's so disappointing when we see other First Responder groups commenting that an AED has been stolen or damaged and we hope that everyone will understand how important it is."

Maynooth CFR is a group of 18 volunteers, trained and certified by CFR Ireland to provide life-saving assistance in cases of heart attack, cardiac arrest, stroke and choking, working alongside the National Ambulance Service. The aim is to be on the scene within 10 minutes, providing life-saving assistance while waiting for the ambulance to arrive.

The group was established in May 2018 and went live with the National Ambulance Service in May 2019. They began on a weekend-only basis, but expanded that to 24/7 this summer. They have received 22 calls since May and expect that to increase in the Winter months.

Maynooth CFR is entirely voluntary. For more information follow them on Facebook @maynoothcfr.

How to use an AED

- An AED can be used by anyone, even if you have never used one before. If someone has collapsed and is unresponsive, check for breathing by looking, listening and feeling.
- If they are not breathing call 999/112 and send someone for the nearest AED while you begin CPR. That is the only chance of survival for someone in cardiac arrest.
- The AED has two switches – a green On/Off and an orange Charge/Shock button. Once switched on it will talk you through what to do, including placing pads on the patient's chest.
- You cannot deliver a shock to someone who doesn't require one – the AED will analyse the patient and will tell you if a shock is required.
- Continue CPR as required.

For more information contact Fionnuala Murphy, PRO: 087 4116925.



CFR Volunteer Réada Cronin demonstrates CPR & Rosemary Hughes

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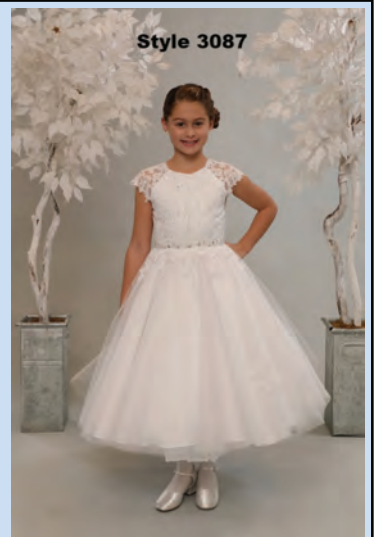
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Maynooth Castle

The End of Another Season at Maynooth Castle by Moira Devery

The guiding team at Maynooth Castle is pleased to say we have had another very successful season in 2019. Our visitor numbers remain consistently high. Many local schools and visitors to Maynooth University have availed of our very attractive and informative exhibition and the expertise of our knowledgeable guides. We welcomed visitors from over 50 countries to view our 13th century Norman castle including visitors from China, Japan, Mexico, Brazil, Chile, Africa, the Philippines, Australia, New Zealand, and of course Europe and North America. We also gave tours to lots of student groups from Italy and Spain. Not surprisingly, we often have visitors with the name "Fitzgerald" hoping their family may have a claim to Maynooth Castle! Sorry folks, no chance!

One of the highlights of the year was an Italian student group under the leadership of Guido from Florence who aroused our interest by leading his group into the Castle grounds singing an Italian hit "Ciao Bella, Ciao, Ciao, Ciao". Just like the Irish, the Italians also appear to have a very strong grá for singing and music and are not shy about singing in public. Another memorable visit particularly with the danger of a no-deal Brexit looming was the inspiring friendship between Patsy Douglas and Johnny Coulter (*photo right*) both from Lisburn. They spoke of the difficulties of being friends since they were each from the "other side". Both had an amazing sense of humour and were a real inspiration. Such friendships give hope for the future that communities will eventually learn to accept each other as human beings with the same right to live in peace.



Another highlight was the colourful appearance of the Chilean Karate Club which visited in September in their outfits. (*photo left*). And just this week we welcomed a small group of Dubliners who meet up regularly to speak Irish at one of the many coffee mornings held there. As the group was a little tired from walking around Maynooth, we sat them down in the sun on the plinth and gave them a tour

sitting down followed by a shorter tour later inside to see the well, the 3-D model of the Castle in 1534 and the Great Hall upstairs. The tour was given mainly in English with lots of Irish thrown in at their request. We can offer this variation for groups of senior citizens interested in a tour of the Castle but who think it would be too strenuous to stand for longer periods. Just phone up beforehand and mention this when booking in your group.

Another highlight of the short season was Heritage Week when the local musicians "Push for Porter" provided entertainment from both inside and outside the castle. We also had a guest lecturer and some very informative talks from the Maynooth Castle guiding staff covering a wide range of topics including Medieval Music, Medieval Fashion, The Marriage of Strongbow and Aoife and the popular Silken Thomas Rebellion.



Culture Night on September 20th was another great event when the Castle remained open until 8:30pm and the guides appeared in medieval costumes (*photo right*). It was lovely to see so many people experience the Castle by night. They were rewarded with beautiful weather, mild temperatures and a cloudless indigo-blue sky. Magical! Visitors moved between the Castle and St. Mary's Church (*photo below left*) which offered a wonderful variety of musical performances by the Vicar and his wife, Push for Porter and the local Brass and Reed Band. It included Damian Donnan giving a short history, interspersed with tunes and songs by Push for Porter, of the links between the Geraldine Castle and beautiful St. Mary's Church which the FitzGeralds had built in 1248. Definitely a night to be remembered!



The guiding staff, Alan, Mary, Katherine (get well soon!), Joe and Moira would like to take this opportunity to thank the people of Maynooth and surrounding areas of North Kildare for the considerable support we receive from them. Thanks for visiting and we hope to see you again when the Castle re-opens on May 14th, 2020. And remember, check our Facebook page every now and again for updates.

Photos by Moira Devery

Maynooth Newsletter

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The opinions and statements expressed in the articles are those of the contributors and not necessarily those of the Editorial Board. All materials to be included in the next edition of the Newsletter should be sent by e-mail or addressed to:

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Letters to the Editor

Letters to the Editor, for publication, should be sent by e-mail to: editor@maynoothcep.com

Mission Statement

The Maynooth Newsletter is a community focused publication available free to the people of Maynooth. It plays an important role in gathering together, recording and distributing community based news.

We encourage all groups and individuals in the community to submit material to let us know about their activities and any upcoming events.

The Newsletter exists for your enjoyment and we hope you continue to enjoy your monthly read and keep us informed of your activities.

The Editorial Board endeavours to ensure independence and balance in the Newsletter content and reserves the right to omit/edit or abridge material which in its opinion might render the Newsletter as a promoter of sectional interests. In addition we undertake the following:

- In the case of errors of fact we will publish corrections when we become aware of such.
- In the case of unwittingly or unfairly impugning the reputation of any person we hereby offer that person the right to reply.

Any contributor seeking further guidelines in this matter is invited to contact the Editorial Board.

Copy date for receipt of articles is published in the Newsletter. We must stress that material submitted after the copy date cannot be accepted.

Maynooth Newsletter Archives

The management and staff of the Maynooth Community Employment Project started a project in March 2011 to acquire and digitise all available issues of the Maynooth Newsletter dating back to 1975. These back issues along with current issues are available by following the archive link on our webpage -

www.maynoothcep.com.

The Newsletter Archive can be viewed and searched in pdf format. In addition, there exists the capability to be able to search an entire year. Please be aware the single files associated with the year are larger and will take a little longer to load. The Archive provides an important historical footprint of the Town and records the community profile of Maynooth from the mid-seventies to the present day. We hope you enjoy using it and that it brings back memories of people, places and times and that it equally provides an interesting insight to the development of the town and university for newly arrived members of our community.

Editorial Board - Maynooth Newsletter



**Copy date for the next edition of the
Maynooth Newsletter will be
Tuesday 22nd October 2019**

Editorial

As we move into the autumn of the year housing and the environment continue to rank high in the public mind. With full employment levels again, Ireland will attract people to come to live here. So it is not that surprising when recently no less a person than Sundar Pichai, CEO of Google is quoted as saying that his company is willing to build homes in Ireland to assist in easing the accommodation crisis here. Earlier this year I had the pleasure of attending the press launch of Salesforce in the National Convention Centre when they announced a large number of new jobs in Dublin and one of the first questions that the journalists asked the Salesforce Executive was about the shortage of places for these new workers to live.

Employers providing housing for their workers is not a new idea. Throughout Ireland, state companies such as Irish Rail built cottages bordering railway stations for their workers and in Dublin parts of Inchicore were built to house railway workers. Bord Na Mona built estates bordering the bogs and many of these areas are still occupied by families connected to people that worked the bogs. In Maynooth we have a number of historic examples of housing being built with other developments such as the houses in Parson Street were built to cater for people working in St. Patrick's College. Even more significantly much of the housing behind the Main Street was built to provide homes for the workers employed in Carton House and Estate which gave us the much admired planned landlord town centre we still have to-day. So could it be the case that in future that large industrial developments would have to come with a residential component so that people could live and work in the same area thus providing a place to live and avoiding long commutes?

There is no doubt that long commutes particularly in cars is having a negative impact on our environment and it is Government policy to significantly alter the Irish motor vehicle profile to be predominately electric by 2030. Hopefully it is only one of many other initiatives to tackle the damage that we are doing to our environment. The Climate Action protests being led by young people have to be commended and the young people in Maynooth are making sure that their message is being heard. As a person who walks to the train to get to work, heats my house with a heat pump and does many other environmentally friendly things every day my efforts to reduce my carbon footprint are good. Unfortunately I know many people who would like to do more for the environment but their lifestyle doesn't make it feasible for them.

Back to the young people who are leading the climate action campaign, it gives me great hope for our future to have people of this young age take positive action in civic society. There is no doubt that from among these young people will come the future political and civil leaders in our community. I recall that a decade or so ago watching a young Maynooth teenager participating in the Kildare Youth Parliament speaking passionately on the future of County Kildare. His name was Naoise Ó Cearúil. He is now starting his second term as an elected member of Kildare County Council for Maynooth. So you see what I mean – young people lead the way.

**Paul Croghan
Editor**



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Taking in Charge of Newtown Hall Estate

The issue of the taking in charge of estates is an issue that Cllr Feeney encountered a lot on her recent local election canvas and having been requested by Newtown Hall Residents' Association, Cllr Feeney scheduled a question at the September meeting of the Maynooth MD Council meeting. At the meeting, Cllr Feeney requested that the residents of Newtown Hall be provided with specific timelines for completion of the items specified on the Snag List with a view to completion of Newtown Hall without any further delay and ultimately its takeover by Kildare County Council. Cllr Feeney stated that in her view, it is totally inequitable for residents having to pay both Service Charges and Local Property Tax when infrastructure, such as roads within the estate, have been left in a deplorable and even dangerous condition. An appropriate layer of tarmacadam has not been laid. Asking the Council to give an up to date report on the taking in charge of Newtown Hall Estate Cllr Feeney said this should include details in relation to the bond, a works programme outlining when the SNAG list will be dealt with. Cllr Feeney also asked why the Council has not met with the Residents Association to discuss the taking in charge of their estate.

The Council responded to Cllr Feeney saying that their Building and Development Control Section has contacted the developer and is waiting for the developer to submit a programme of works to complete the estate to the required taking in charge standard. They added that the original insurance bond was replaced with a reduced cash bond to reflect the amount of outstanding works to be completed. The Council also said that the only outstanding works to be snagged are surface defects, which cannot be completed until the wearing course is laid. As to meeting Residents Associations, the Council said that they do not usually meet with Residents Associations to discuss the taking in charge of estates but that the Residents Association can submit any observations and outstanding issues to the Building and Development Control Section for consideration and review. Cllr Feeney welcomes the fact that the Council has contacted the developer requesting him to submit a programme of works to complete the estate to the required taking in charge standard. Cllr Feeney requested that a time frame be provided on that.

Trees on Celbridge Road/Railpark Maynooth

Cllr Feeney submitted a Motion "that the trees and hedge between house numbers at Rail Park/Celbridge Road, Maynooth, opposite Maxol, be removed in order to make the footpath safer for school children and other pedestrians". Cllr Feeney stated that at this particular section of the road, two people cannot pass; it is extremely difficult for wheelchair users or parents with buggies. There are increased volumes of school children travelling that road to the three schools. At a time when we want more people, particularly children, to walk and cycle but if we make it difficult or even dangerous like this does then they cannot engage in a healthier way of travelling to school. The Council replied stating that under Section 70(2) of the 1993 Roads Act, the owner or occupier of land is obliged to take all reasonable steps to ensure that a tree, shrub, hedge or other vegetation on the land is not a hazard or potential hazard to persons using a public road, and that it does not obstruct or interfere with the safe use of a public road or the maintenance of a public road. The Council will write to owners of the relevant properties informing them of their obligations and requesting them to trim or potentially remove the

trees/hedging. Cllr Feeney replied stating that in her view the Council can cut anything that goes beyond the boundary in the interest of public safety and she requested that this is done before there is an accident at this spot. Cllr Feeney understands that the particular trees preceded the building of the estate so Cllr Feeney will be arguing that the Council should carry out the work. The recently appointed area engineer will consider the issue.

Footpaths and Pay Parking Surplus

At the Maynooth MD meeting on July 5th Cllr Feeney asked the Council to confirm when the new footpaths on Main Street will be laid between Fitzgerald, Brady, O'Flaherty, Estate Agents and The Square. The Council stated it is currently liaising with Irish Public Bodies (IPB), in relation to approval of a proposal to renew the footpaths in this location and that the funding allocation will determine the volume of works which can be undertaken. They also said that it is envisaged that the initial section will be tendered in Quarter 3, 2019. Cllr Feeney commented at that MD that this work was supposed to be have been done last year, funded by the Council's Insurer and that if there is not enough funding from IPB, the Pay Parking surplus can be used next year and following years. Given that this work which was to be carried out last year but still has not happened Cllr Feeney put the following motion at the September meeting "That the surplus from Maynooth's pay parking in 2019 and following years be used to meet any shortfall in the Irish Public Bodies (IPB) funding to repave the footpaths in Maynooth's Main Street". Cllr Feeney stated that Pay Parking is working well in Maynooth but people want to see a return and if they see that the monies from it contribute to maintaining and upgrading the town.

Harbour Field Development

At the September MD meeting, the Strategic Projects and Public Realm Team presented the draft designs Harbour Field and planned investment. This team has worked really well with the local community and have endeavoured, in the draft design, to reflect the wishes of the public as captured through the Town Health Check meetings. Cllr Feeney welcomed the draft but added that the Community Centre needs to be considered in the design as it is long overdue. The design has come a long way from the proposed car park that the Labour party greatly objected to. It has something for all age groups. The draft design will soon be available for public consultation. Within the next two years we should see the Harbour Field looking fantastic for Maynooth.

Maynooth Community Creche Action Group Meeting

Cllr Feeney became very aware that Maynooth currently has a severe lack of childcare – particularly for children under three years of age. I am following up on the issues that were raised on my canvas and one of the predominant ones is the huge lack of childcare provision in Maynooth. We really need to think about a community crèche model, potentially as part of a community centre which works in partnership with the local community and offers wrap-around care

Maynooth Community Creche Action Group had its first public consultation meeting in the Glenroyal Hotel on Friday September 20th and updates will be provided as the issue progresses.

Maynooth University welcomes €25 million capital grant from Government for new 'Technology Society and Innovation Project'

Maynooth University welcomed a capital grant of €25 million from Government for a major new building project to support the University's rapidly growing student population.

The Minister for Education and Skills, Joe McHugh, TD, and the Minister of State for Higher Education Mary Mitchell O'Connor T.D. today announced a €25 million contribution from the Higher Education Strategic Infrastructure Fund (HESIF), which will, along with €32 million in university and EIB funds, deliver a landmark €57 million campus project.

The project comprises a new 10,554 m2 academic building, to open in late 2020. This forms part of a wider plan to modernise and expand a further 5,670 m2 of the existing Arts and Sciences buildings, for completion by 2021.

Welcoming the announcement, Professor Philip Nolan, President of Maynooth University, said: "This is landmark development project designed to keep pace with rapidly growing student numbers in the country's fastest growing region, and to support the research and innovation skills needed to face fundamental societal challenges."

Prof Nolan continued: "Maynooth University has seen significant growth in our student enrolment, and the output of skilled graduates across a range of disciplines is vital to balanced regional and national economic development, and critical in addressing the major challenges of the twenty-first century.

This funding will provide much-needed physical infrastructure that will allow Maynooth University to play a vital role in the national context to respond to these challenges."

Maynooth University is Ireland's fastest growing university. While serving students from all corners of Ireland and internationally, MU has played a particularly important role in meeting the rapidly growing demographic demand for higher education in the Mid-East, Midlands and the western edge of the Dublin metropolitan area.

Formally established as an autonomous university in 1997, Maynooth has tripled its enrolment to almost 13,000 students from at least 90 countries, and is ranked among the top 50 global universities under 50 years old in the Times Higher Education (THE) Young University Rankings.

Prof Nolan concluded: "This infrastructural project will further support Maynooth University's research and innovation in areas vital to economic, social and environmental challenges, including climate science, environmental science, artificial intelligence, regional and urban planning, smart cities, the future of work, as well as services innovation, public policy and social change.

We welcome this important announcement from Government and its recognition of the important role Maynooth University plays in these areas of national and international significance."



West View of the MU Campus Development



Emmet Stagg Kildare North Labour General Election Candidate

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Stagg Welcomes Appointment of Contractor to Complete Maynooth Education Campus

Labour's Emmet Stagg has welcomed the announcement on Tuesday September 10th, by KWETB that the Contractor for the Completion of the Maynooth Education Campus on the Moyglare Road, Maynooth has been appointed.

The Contract has been awarded to Glasgiven Contracts, stated Mr. Stagg, who will be on site before the end of September with works expected to be completed by next Summer and occupation of the two new 1,000 pupil schools and Shared Sports Facility prior to September 2020.

Labour's Emmet Stagg concluded by stating that we have seen many ups and downs on the campaign to deliver the Maynooth Education Campus for the students of Maynooth Post Primary School and Maynooth Community College but finally at last we can see light at the end of the tunnel and he congratulated the staff, students, Parent Teacher Association and School Boards on finally achieving success.

September 23rd Closing Date for Tenders for Team to Deliver DART to Maynooth

Emmet Stagg has been in further contact with Iarnrod Eireann in relation to the process of putting in place a Multi-Disciplinary Consultancy Team to support the Expansion of DART to Maynooth.

Iarnrod Eireann, stated Mr. Stagg, sought expressions of interest from specialists to support them in the delivery of DART to Maynooth and City Centre Enhancements with a closing date for expressions of interest of 13th May. 6 Specialists expressed an interest in Tendering to be part of the Multi-Disciplinary Team and they were invited to submit Tenders on 16th July, with the closing date for receipt of Tenders being Monday September 23rd next.

The work the Team will be involved in delivering includes:

- * Preparation of the Designs
- * Undertaking Environmental Impact Assessment
- * Preparing costings for the works budget and Business Case approval.
- * Manage Railway Order Process.
- * Tender preparation and evaluation.

Welcoming the progress Mr. Stagg stated that the successful applicant will play a pivotal role in developing the design and tender preparation for the project. In addition to providing DART to Maynooth, the project involves development and enhancements to City Centre Stations and Network, resignalling from Maynooth to Connolly/Dockland and removal of the six level crossings along the Maynooth Line and provision of necessary bridge relief infrastructure.

In conclusion Labour's Emmet Stagg welcomed the putting together of the Team that will deliver DART Expansion to Maynooth and he looked forward to further progress once the Specialist Team is in place.

Further Mill Street Apartment Proposal in Pipeline Following An Bord Pleanala Consultation

Labour's Emmet Stagg has stated that a further proposal for the development of apartments on Mill Street, Maynooth, adjacent to St. Mary's Catholic Church, is in the pipeline and that the Community of Maynooth must remain vigilant in relation to the proposals given the prominent location of the site.

The previous proposal, stated Mr. Stagg, was for 135 apartments ranging from 3 storey's fronting Mill Street, to 4 to 5 storey's to the rear and was comprehensively refused planning permission by An Bord Pleanala.

The applicants, stated Mr. Stagg, commenced a Consultation with An Bord Pleanala in relation to a proposal for 120 apartments at the site under the Strategic Housing Development Rules on 27th June last.

An Bord Pleanala on September 10th issued their decision following the consultation that the documents submitted by the applicants constitute a reasonable basis for an application.

The applicants would have went through this process with the previous ill-fated planning application previously.

Mr. Stagg stated that following An Bord Pleanala's consultation decision we can now expect a further planning application to be lodged with An Bord Pleanala under the Strategic Housing Development Rules.

Labour's Emmet Stagg stated the prominent site was in close proximity to St. Mary's Church which is a protected structure and any development of the site would be highly visible from the Lyreen River and Lyreen Area of Maynooth, and because of this it must respect the Character of the Town Centre. Mr. Stagg concluded that we now must await the detail of the planning application.

Purchase of Extra 41 Railcar Carriages Submitted to Department for Approval - Stagg

Emmet Stagg has been pressing Iarnrod Eireann in relation to the provision of additional capacity on existing services on both the Maynooth to Connolly Line and the Kildare Line serving Hazelhatch and Sallins, through the option of purchasing an additional 41 railcar carriages.

Mr. Stagg stated that the Purchase of 41 additional railcar carriages from the manufacturer of the 2007-2012 fleet, would give us additional capacity before the Major Fleet Order announced by Iarnrod Eireann last May.

In relation to the purchase of the 41 additional railcar carriages, Iarnrod Eireann have now advised Mr. Stagg that they have concluded negotiations and contract terms with the manufacturer. A detailed Business Case has been submitted by the National Transport Authority to the Department of Transport for approval.

Once approved by the Department a memo will be brought to Cabinet to seek Government approval. Once all of this is in place Iarnrod Eireann can then sign the contract with the manufacturer, which is expected later this month. The delivery of the railcar carriages will be in batches with entry into service in late 2021 or early 2022.

Welcoming progress with the purchase of the 41 additional railcar carriages, Labour's Emmet Stagg, stated that their delivery will increase capacity two years before the Major Fleet Order starts to be delivered into service.

In conclusion Labour's Emmet Stagg stated that he looked forward to early Government approval of the purchase of the additional railcar carriages so Iarnrod Eireann can proceed to sign the contract.

€57 Million Investment in Maynooth University to be Welcomed

Labour's Emmet Stagg has welcomed the award of a €25 Million Grant to Maynooth University from the Higher Education Strategic Infrastructure Fund which when combined with University Funds and European Investment Bank Funds of €32 Million, will see an overall investment of €57 Million in Maynooth University.

The Investment, stated Mr. Stagg, will support the University's rapidly growing student population and will see a new 10,554 Square Metre Academic Building built as well as modernisation and expansion of the existing Arts and Sciences Buildings.

The new Academic Building will open late next year whilst the modernisation of the Arts and Science Buildings and their expansion will be completed by 2021.

The projects, stated Mr. Stagg, will enable an increase of over 3,000 student places, with enrolment growth focused on areas essential to economic and social development.

The new development will seek to bring together and integrate the disciplines of Law and Social Science with Science, Engineering and Technology. Maynooth University currently has 13,000 students and this investment will see a 23% increase in student numbers.

In conclusion Labour's Emmet Stagg congratulated the President of Maynooth University, Professor Philip Nolan, and his staff on securing the investment and on delivering a University which we can all be proud of in Maynooth and Kildare.

Congratulations to Occasions Hairdressing on the opening of their newly relocated salon in Carton Retail Park Maynooth

Congratulations and best wishes all round to Occasions Hairdressing on the opening of their newly relocated salon. Occasions Hairdressing is an award winning salon located in Carton Retail Park Maynooth.



**Duncan & Irene Kenna owners of
Occasions Hairdressing Salon**

Proud owners Duncan and Irene Kenna have been in business 31 years opening their first Salon back in 1988 in Naas, Co Kildare. The passion they have for the hairdressing industry is what keeps them motivated and young at heart.

The Maynooth Salon first opened in 2005. The salon was 689 sq feet with 9 sections and an amazing team of talented stylists that continued to grow.

The proud owners knew that one day they would need to expand the business and this is now the realisation of their dreams.

The new and improved salon, located next to Sports Direct, is just metres away from the previous site. The new state of the art premises is significantly larger at 5560sq feet and will also incorporate beauty and wellness services.

Occasions Hairdressing is a must if your looking for that feel good factor. The talented team has a wealth of knowledge in all aspects of hairdressing and will leave you looking and feeling fantastic with every visit.



OCCASIONS HAIRDRESSING

ARE YOU THE NEXT
AMAZING MEMBER OF OUR TEAM.

WE'RE HIRING

OCCASIONS HAIRDRESSING ARE CURRENTLY RECRUITING FOR
PASSIONATE & EXPERIENCED HAIR STYLISTS FOR BOTH OUR
MAYNOOTH & NAAS SALONS.

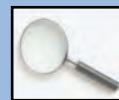
IF YOU WOULD LOVE TO BE PART OF AN AWARD WINNING & INNOVATIVE TEAM

PLEASE APPLY TO INFO@OCCASIONSHAIRDRESSING.IE

WWW.OCCASIONSHAIRDRESSING.IE



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Please Contact:
Joe @ 085 -1089649

Leaving Cert. Teacher(s) needed for Homeschooled Student

Teachers required for HomeSchool
Student completing Leaving Cert
this coming year
Required from Sept. We are looking
for teachers to cover the following
subjects:

- Irish (Ordinary Level)
- Maths (Ordinary Level)
- English (Higher Level)
- French (Higher Level)

Covered under *Home Tuition Scheme*
with excellent rates

*Please contact Lesley @
087 654 6053 for details*

The Alzheimer Café Leixlip Co Kildare



**Alzheimer Cafe Leixlip -
Wednesday October 9th 7-9pm**

Join us at our next Alzheimer Cafe, Wednesday
October 9th in "The Conservatory", Ryevale
Nursing Home, Leixlip from 7-9pm.
Our speaker this month will be Fergus Timmons
from the Alzheimer Society of Ireland.

Attendance is free of charge and there is plenty
of parking available
www.alzheimercafeleixlip.ie -
Phone: 087 7418512

Vacancy

Mini bus driver required for
school run Monday to Friday
morning and evening.

Would suit
semi-retired person, must have:
*D1 Licence, CPC card up to date
and willing to do a Garda Vetting.*

Contact: James Coaches
01-6275465
Or: jamescoaches@gmail.com



Excavation Services & Hire

Contact Bernard
087-2630621/087-2961785
01-6242287

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Garden Works -Tree Surgery
and Landscaping**

FULLY INSURED
SAFETY COMPLIANT
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hour to spare!**

Meet Courthouse Square:

Saturday Mornings @ 10am
Wednesday Evenings @ 7pm.

All equipment provided.

LOCAL PESTCONTROL SERVICES

**Local Man - Removal of Rodents/Flies/
Ants/Wasp Nests/Cockroaches etc.**
All Forms of Pest Control
Unmarked Vehicle
Phone John: 087-6705124

HR & Recruitment Administrator Required



SAP Landscapes are currently recruiting for a HR &
Recruitment Administrator. This role will be a full time
position and will be solely based in SAP Landscapes,
Ballygoran, Maynooth, Co. Kildare.

Duties Include:

Recruitment of field and office staff. Ensuring job
advertisements are live, arranging interviews for potential
candidates and working with and supporting Contract
Managers in relation to recruitment to support company
strategic goals.

Attending recruitment fairs & updating social media with
recruitment needs.

On-boarding new employees, issuing contracts of
employment, company handbooks and relevant
documentation.

Providing advice on industrial relation issues to Managers
& Supervisors.

Updating our Cloud based HR system with employee
information, in line with Data Protection Laws.

Issuing reference letters for employees.

Liaising with the Payroll Department in relation to
starters, transfers & leavers.

Conducting exit interviews.

Assist HR Manager with various projects i.e. employment
engagement survey, recruitment campaigns etc.
Other ad hoc admin duties

Desired Experience & Skills

Educated to HR Diploma / Degree level or progressing to
this.

2/3 years administration experience.

Ability to work on own initiative.

Strong attention to detail & good problem-solving skills
in order to ensure the smooth running of the HR
Department.

Excellent interpersonal & communication skills whilst
being the first point of contact for employee &
managerial queries.

Proficient user of Microsoft Office.

Ensure work is of a high standard that is expected in SAP
Landscapes.

Package:

Salary - €23 - €25k per annum.

Workplace Incentives.

Should you be interested in this role, please email your
CV directly to Michelle Tully – HR Manager –
Michelle.Tully@saplandscapes.ie or alternatively you can
call the main office in Maynooth on 01-6275177.

THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many
favours. This time I ask for this special one (mention favour).
Take it dear Heart of Jesus and place it within your own broken
heart where your Father sees it. Then, in His merciful eyes it
will become Your favour not mine. Amen

Say this prayer for three days, promise publication and prayer &
favour will be granted no matter how impossible.
Thanksgiving for favour received

Never known to fail GM



Frank O'Rourke T.D. Kildare North

Contact Details: Dail Office: 01 6183109 - Mobile: 087 2555257 - e-mail: frank.orourke@oireachtas.ie - [f](#) /Frank O'Rourke
Clinics: Monday in the Glenroyal Hotel - Constituency Office: Main Street Celbridge.



Passenger Numbers climb on Bus Route 139 linking Naas to Blanchardstown says O'Rourke

Local Fianna Fáil TD, Frank O'Rourke, has stated that the passenger numbers using Bus Route 139, which links Naas to Blanchardstown via, Clane, Rathcoffey, Maynooth and Leixlip, continue to increase.

"I campaigned to provide an orbital Bus Service from Naas to Blanchardstown, linking Clane and Rathcoffey. This service was put in place over a year ago and the numbers using the service continue to show strong growth."

"Passenger numbers on Route 139 reached a peak of 11,500 per 4 week period, in late 2018 and early 2019. I have seen myself at first hand, the numbers grow."

"We must improve our public transport services. I have made representations to have this Route 139 link directly to Blanchardstown Connolly Hospital.

The National Transport Authority has informed me that they have no plans in place to adjust the service at the moment, but I will continue to make representations to have the service extended."

"I have also requested that an Orbital Bus route be provided which would connect Clane/ Straffan /Ardclough area to Maynooth and / or Celbridge. Linking these smaller towns and villages to regular public transport services will ensure that we encourage more and more people to use public transport," concluded Deputy O'Rourke.

Further Lack of Action on Insurance Costs says O'Rourke

Fianna Fáil's Deputy Spokesperson on Finance, and local TD, Frank O'Rourke, has again highlighted Government lack of action in relation to reducing the cost of insurance as there is no sign of the National Claims Information Database being set up.

"Insurance continues to be a critical issue for businesses and consumers. I know from my weekly clinics the negative effect of the high cost of insurance. It is putting excessive cost pressure on small businesses and putting an unfair burden on motorists."

"The National Claims Information Database was supposed to be set up to provide transparency about the level of claims in Ireland. This was an important policy commitment to attract new entrants into the Insurance market in Ireland, and would not just bring down premiums but would also help tackle insurance fraud."

"This National database was to be up and running last year. The Government seems to have washed its hands of setting up this database.

As stated by our Finance Spokesperson, Michael McGrath TD, this database should be managed and controlled by the State, not by the insurance industry, and avoid competition law issues."

"I will continue to press the Government to implement the recommendations from the Cost of Insurance Working Group. We need greater focus on reducing insurance costs as the average annual cost of motor insurance now stands at €750 compared with €450 in 2014, an increase of nearly 70%," concluded Deputy O'Rourke.

Additional Train Services Confirmed for Kilcock says O'Rourke

Local Fianna Fáil TD, Frank O'Rourke has received confirmation that a later additional evening train service is to be provided for Kilcock commuters, commencing later this month and an earlier Dublin service will also be provided at the weekends for Kilcock, in January 2020.

"The 8.45pm evening Dublin Maynooth Train service will now be extended to serve Kilcock, commencing at the end of September."

"Working with the Kilcock Public Transport Group I will continue to make representations to have a better train service for Kilcock commuters. I recently organised a meeting between the Kilcock Public Transport Group and Irish Rail Authorities to press for additional services."

"This is a step in the right direction. I have also received confirmation that further additional early morning Dublin services for Kilcock commuters at the

weekend will be provided in January of next year."

"We must provide better public transport services for Kilcock and I will continue to press for extra services and work with the Kilcock Transport Group to provide these services," concluded Deputy O'Rourke.

Continued delay to Tenant Purchase scheme report unacceptable – O'Rourke

-Evidence of further delays in publishing key review on the future of the scheme-

Fianna Fáil TD for Kildare North, Frank O'Rourke, has called on Housing Minister Eoghan Murphy to swiftly publish a report on the future of the Tenant Purchase scheme.

His calls come as correspondence received by Fianna Fáil shows further delays in publishing the report which was due to be completed in 2017.

The 2016 Tenant Purchase scheme enables local authority housing tenants to buy their own homes at a discounted price subject to significant conditions. A report on how the scheme was functioning was due to be completed 12 months following its establishment.

Deputy O'Rourke said, "Over two years on since the report was due to be published and we are still waiting on it, this is despite repeated calls from Fianna Fáil for the Minister to prioritise its publication.

"This new correspondence proves that instead of publishing the report and allowing the Dáil to debate its recommendations and set out a path forward for the scheme the Minister has put it on the long finger."

"Why is the Minister keeping the report hidden? Instead of being open about it he is delaying it for political reasons and clearly intends to swamp it as part of a new social housing announcement over the coming months – yet another example of cynical spin by the Government.

"It's past time for the Minister to show a bit of honesty and publish the report. Tenants have been waiting far too long and the Dáil needs to debate it soon as a matter of priority," concluded Deputy O'Rourke.

Lack of Support from Government for SMEs a real concern says O'Rourke.

Local Fianna Fáil TD, Frank O'Rourke, has called on the Government to provide more supports to the SME sector, specifically Direct grant aid, in the context of BREXIT.

"I have consistently raised the challenges the SME sector are experiencing, in particular in the context of Brexit."

"With increased interest rates, as compared to the EU average, increasing labour costs, increased insurance costs, increased commercial rates and now the threat of Brexit, the Government in my view are very slow to respond to the emerging challenges faced by SMEs."

"Government ministers continuously reference the Brexit loan funds as the solution to any questions posed on business support preparedness for Brexit.

Yet few businesses have utilised these funds with only 11% of the €600m Brexit loan funds been approved for lending, with over €500m still to be sanctioned."

"Revenue previously identified around 90,000 Irish businesses that traded with the UK in 2018. Yet 1 in 675 of these businesses, less than 1%, have participated in the Brexit preparedness one-day customs workshops, run in all counties by Local Enterprise Offices."

"The Government needs to outline all the contingencies and supports that will be available for businesses to cater for all scenarios including a hard Brexit."

"Direct grant aid is an urgent necessity for SME's to deal with Brexit. Fianna Fáil has consistently called for an enterprise stabilisation fund and employment support scheme to be made available to the worst affected firms, as a policy response from the impact of a hard Brexit," concluded Deputy O'Rourke.

KNOW YOUR RIGHTS

Citizens Information Centre, Dublin Road, Maynooth
Know Your Rights has been compiled by Citizens Information Service
which provides a free and confidential service to the public.
Information is also available online at www.citizensinformation.ie and from the
Citizens Information Phone Service - 0761 07 4000 or Lo-call 1890777121



Question

My son has been living in Australia for the last fifteen years and is planning to return to Ireland next year for good. Where can he find practical information about returning home?

Answer

The more prepared your son is, the easier his move home will be so he should start his research as soon as he can. Citizens Information has developed a new online Returning to Ireland resource with a broad range of information specifically intended for Irish citizens who are living abroad and are planning to return home to live in Ireland. This new online resource is filled with practical information to help Irish citizens plan their return and settle back in Ireland as smoothly as possible. It covers everything from residency applications for non-EU family members, applying for passports for children and accessing the public health system on your return to Ireland.

If your son is planning to start work when he returns he may want to know about PPS numbers, registering for tax purposes and getting recognition for foreign qualifications in Ireland. If he is returning with a family or children he may need to know about applying for Child Benefit, enrolling in school or college and exemptions from learning the Irish language in school. The site also has information about converting a foreign driving license to an Irish one, getting car insurance as a returning Irish emigrant and travelling to Ireland with your pet.

Question

I am unhappy with the repair work a builder has done to my house, he hasn't fixed the issue and he refuses to put it right. Do I have any rights in this situation?

Answer

If your builder is unwilling to compensate you, you may be able to make a claim against them using the small claims procedure. The aim of this procedure is to provide an inexpensive, fast and easy way for consumers to resolve disputes without a solicitor. The maximum amount you can claim for under the small claims procedure is €2,000. The small claims procedure is provided through local District Court offices. If you have purchased goods or services for private use from someone selling them in the course of business, you can make a claim using the small claims procedure. You can make claims for bad workmanship, minor damage to property, faulty goods and for the non-return of rent deposits for certain kinds of rented properties, for example, a holiday home. Businesses can also use this procedure to make claims against other businesses about contracts for goods or services purchased. To make a claim, you need to complete the application form and submit it and a fee of €25 to the Small Claims Registrar. You can do this online at the Courts Service Online website, csol.ie. Alternatively, you can download the application form from courts.ie or get a copy from the Small Claims Registrar at the District Court office. Make sure you include the correct name and address of the company or person you are claiming against. You can double-check this information on the Companies Registration Office website at cro.ie. Alternatively, you can download the application form from courts.ie or get a copy from the Small Claims Registrar at the District Court office. Make sure you include the correct

name and address of the company or person you are claiming against. You can double-check this information on the Companies Registration Office website at cro.ie. The Registrar sends a copy of your application to the person you are making the claim against. If the other person does not reply within 15 days of receiving your application, your claim will be automatically treated as undisputed. Then the court will make an order in your favour for the amount claimed, and direct that it be paid within a specific period of time. If your claim is disputed, the Registrar will give you a copy of the reasons why the other person is disputing your claim. The Registrar will try to negotiate a settlement to the dispute. If no settlement can be reached, the matter is set for a court hearing in the District Court.

Further information is available from the Citizens Information Service above.

Scope comes to you from the Information Resources team of the Citizens Information Board. We welcome your comments at scope@ciboard.ie.

Broadcast (Amendment) Bill 2019

The Broadcasting (Amendment) Bill 2019 has been published. The Bill aims to reform the current TV licence fee system to take account of changes in technology and how content is now consumed and includes measures to support local community radio. It will be brought before the Dáil in autumn.

Possession of Drugs for Personal Use

On 2 August 2019, the Government announced plans for a health-led approach to possession of drugs for personal use, to be phased in from autumn 2020. The new Health Diversion Approach will refer people to health and social services for help and support.

Guardian ad litem (GAL) services

The Child Care (Amendment) Bill 2019 was published on 12 August 2019. It establishes a new guardian ad litem service. Guardians ad litem are appointed by judges in child care proceedings. Their role is to independently establish the wishes, feelings and interests of the child and present them to the court with recommendations.

HPV Vaccine Programme

The HSE launched the 2019/20 schools HPV vaccination programme on 27 August. The vaccine is being given to all first year students in secondary school. Boys are being offered the vaccine for the first time. Parents will receive information packs ahead of school vaccination dates.

Public Services Card and data protection

On 16 August 2019, the Data Protection Commission (DPC) published a statement on the Public Services Card. The DPC identified steps that the Department of Employment Affairs and Social Protection and other public bodies which use the PSC must take to be compliant with data protection legislation. The DEASP is currently reviewing the report with details of the DPC's findings and plans to publish the report with a response to the findings when their review is complete. The findings of the DPC do not affect the validity or use of Public Service Cards that have already been issued.

Extended Parental Leave

From 1 September 2019, new arrangements for unpaid parental leave will take effect. Parental leave for parents will increase from 18 weeks to 22 weeks and the age limit will change from 8 to 12.

The Botanic Gardens Revisited For Mary

After winter's bleakness
this Elysium for the feeble limbed,
draws us, a pair of nature lovers,
whose aging eyes can still enjoy
spring arrayed in daffodils, crocuses, hyacinths,
children trying to befriend a squirrel,
magpies scolding a lurking grey-crow,
roses cutback for summer debuts,
lovers in African costume on a bridge
and, as you suggest we detour
to glasshouses with their exotic flora,
passing the ancient, bearded Socrates,
still serene in marble whiteness
beside the bright, meandering Tolka.

By Colin Scott

GHOST LOLLIPOP BOUQUET

Supplies:

- wide mouth mason jar
- black spray paint
- 7 lollipops
- white cotton
- twine
- floral foam
- black paint or paint pen

- * First, give your mason jar a few layers of black spray paint with adequate dry time between coats.
- * Take your block of floral foam and trim it down to fit inside your jar. You can use a hand saw if you have one, but a bread knife works just as well. (Younger children should be assisted by an adult where using tools or sharps)
- * Cut 4" x 4" squares of the white cotton, drape over the top of the lollipop, and tie with a piece of twine.
- * Dab on your eyes with black fabric paint or a paint pen, and you're ready to stick your mini ghosts into your jar.



Maynooth University Town F.C.

Our season has now fully taken off with League and Cup games filling our fixture list. Some results to date include:

L.S.L. Senior Division Sun Town 1 - St. Mochtas 2

The more experienced St. Mochtas proved too strong for a Town side only finding their feet in the much higher rated Senior Division.

Town battled hard and were unlucky not to get a share of the points. St. Mochtas led for long periods with a two goal lead but a Town penalty was not enough to rescue the game.

F.A.I. Intermediate Cup Dunboyne A.F.C. 0 - Town 1

The relatively short trip to the Royal County proved to be a fruitful one. Although Town were not at their best. They rarely looked like going out of the first hurdle.

A well worked goal from a corner proved to be the winner to project us into the next round.

Major Division Sat - Noel Ryan Cup Town 5 – Templeogue Utd. 2

A Dean Barrett hat-trick was the feature of this game.

L.S.L. Division 3 Sun Town 4 – Edenderry Town 0

An impressive display by our youthful development squad against our old foes Edenderry Town.



PRAYER TO VIRGIN MARY

(Never known to fail)

O' Most beautiful flower of Mount Carmel, fruitful vine splendour of Heaven, Blessed Mother of the Son of God.

Immaculate Virgin assist me in this necessity, O Star of the Sea help me and show me here you are my Mother O Mary Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succumb to me in my necessity.

There are none that can withstand Your Power, O show here you are my Mother, O Mary conceived without sin, pray for us who have recourse to thee (3 times)

Holy Mary I place this case in your hands (3 times)

Sweet Mother I place this case in your hands (3 Times)

O thank you for your mercy to me and mine, Amen.

This prayer must be said for 3 days, after that the request will be granted.

This prayer must be published

O'NEILL'S - IN THE HEART OF MAYNOOTH

O'Neill's
Bar & Steakhouse

Main Street, Maynooth, Co. Kildare
T. 01 6286255 E. info@oneillsbar.ie

O'Neill's Bar & Steakhouse is a family run traditional style bar in the heart of Maynooth.
We are renowned for our quality food, service and our warm welcome.
Food is served daily from 12pm, full A La Carte menu available from 5pm.
Live music every Thursday & Saturday night.

www.oneillsbar.ie

Thinking of replacing your PVC Windows?

WHAT TO DO NEXT

Download Your Free Guide Book:
'7 Big Mistakes people make when buying PVC Windows'.

In this book you will learn:

- Key Questions to ask my window installer before engaging them
- 7 Critical mistakes everyone makes
- 3 Steps to a perfect window solution from start to finish

It's easy to download,
Simply visit www.keanewindows.ie
Showrooms open 7 days a week

Call 01-6203232

**Copy date for the next edition of the
Maynooth Newsletter will be
Tuesday 22nd October 2019**



Zero Waste
Maynooth

Zero Waste Maynooth

Nature doesn't need landfill or incineration to deal with waste because it doesn't produce any! Everything in nature is part of a cycle – think of a leaf that falls from a tree and is broken down in the soil and provides nutrients to the tree to grow more leaves. This idea of a cycle is the basis behind the circular economy. The aim is to keep resources in use for as long as possible – and not let precious finite materials waste away in landfill or get burnt. The circular economy involves careful design of products so that they can be repaired, reused, or recycled into new products. The aim is to reduce waste as much as possible.



October is Reuse Month so it is an ideal time to take part in the circular economy!

There are lots of ways to get involved in Maynooth!

Reusing is a great way to save money and help the environment. By reusing products and materials already created, we are reducing the demand for new products, and thus the pollution and energy that manufacturing involves.

Here are some ideas on how you can reuse:

- Bring that reusable coffee cup, water bottle and shopping bag with you whenever you leave the house! Using a reusable coffee cup will get you a discount in these fantastic cafes in Maynooth - Emma's Place, Willow and Wild, The Brewery, L'Art du Chocolat, Coffee Mill, Beetroot.
- Before you buy, consider if you can borrow or share an item- for example borrow a fascinator or bag for a wedding from a friend, share the tools with neighbours.
- Check out charity shops, vintage stores and online for "new to you" clothes (fast fashion is a huge source of pollution – check out The True Cost on Netflix). The Glass Doll has a fantastic vintage section and a great section of ribbons, buttons and trim to help you update an old item of clothing.
- Check out Boomerang Bags – they are a new group meeting once a month in the Community Library – they are using old cotton material to make food produce bags. A great way to cut down on those flimsy non-recyclable plastic bags!
- Join Zero Waste Freecycle group on Facebook – this is a group where people offer and ask for items for free. There is also a Freecycle Baby group. There is a great Maynooth Freecycle page – well worth joining!!
- For baby/toddler clothes, check out flopsyshop.ie –they buy and sell high quality preloved baby clothes.
- Get creative! When you need something, think creatively about what you already own and how you can repurpose it – old clothes could become cleaning cloths, jars can become storage containers/penholders.
- Check out our next event in the Community Space – you will have a chance to reuse jars to get loose dried goods, swap items of clothing to add something new-to-you to your wardrobe and look through our Freecycle Halloween costumes.

Check out ellenmacarthurfoundation.org for more information on the circular economy!



Zero Waste
Maynooth

**2-4pm
Sat 12th
October
Maynooth
Community
Space**

- *Bare Necessities * Package free food
- *Nu Wardrobe * Ladies clothing exchange.
- *Cloth Nappy Library Ireland* Info & tips
- *Bring pre loved Halloween Costumes and swap with others!

HALLOWEEN COSTUME SWAP

Join us for a cuppa & chat

Free event for the community



REMINDER DON'T FORGET TO CHANGE YOUR CLOCK

SUMMER TIME ENDS 27TH OCTOBER

PUT CLOCKS BACK 1 HOUR

**Sunday, 27 October 2019, 02:00am clocks are turned back 1 hour to
Sunday, 27 October 2019, 01:00am .**



A TRIBUTE TO RONAN HEVER

It is with a heavy heart that Maynooth Tidy Towns Committee write this tribute to volunteer Ronan Hever who passed away too soon on the 31st August, surrounded by his family, at Blanchardstown hospital.

Our first record of Ronan working with us is the September 2018. Our volunteers are from all parts of Ireland but mostly from the West and we remember many hours of banter with Ronan especially when Roscommon beat Mayo in the Connaught semi-final this year and then went on to beat Galway and win the Nester Cup.

Ronan was involved with our Sensory Garden from the start in January to the official opening on the 27th July. Even though he was only with us for a short time he will be remembered fondly by all who knew him. Below are a selection of photo's of Ronan during his time with Maynooth Tidy Towns.

Condolences to Michelle and family and Rest in Peace Ronan.

Mary Molloy - Secretary
Maynooth Tidy Towns Committee



Maynooth Golf Society
Eddie Kavanagh Cup
Sponsored by
The Kavanagh Family
Kilcock Golf Club
14th September 2019

1st	Johnny Murray (26)	38pts
2nd	Marty Maguire (21)	33ptsB3
3rd	Mick Flynn (26)	33pts
4th	Danny Finnan (12)	29ptsB9
5th	Joey Edwards	29pts
F9	Declan Byrne	25pts
B9	Mick Fahey	15pts
NP	Sean Farrelly	

Next Outing is the
President's Cup
Carton House
on Saturday the 19th of October



Kildare Planning Applications for Maynooth Area				
Planning Applications received from 23/08/2019 To 19/09/2019 Information from Kildare County Council Website				
App Num	Authority	Applicant Name	Development Address	App Date
191025	Kildare County Council	Dave & Anne Mahoney	Elm Lodge, Moyglare Road, Maynooth, Co. Kildare.	13/09/2019
191026	Kildare County Council	Tesco Ireland Limited	the carpark of Carton Park Retail Campus, Dublin Road, Maynooth, Co. Kildare	13/09/2019
191010	Kildare County Council	Ann Moran	Moneycooley, Maynooth, Co. Kildare.	11/09/2019
19987	Kildare County Council	Susan and Alan Burke	89 Castledawson, Newtown, Maynooth, Co. Kildare.	02/09/2019
19972	Kildare County Council	Esprit Investment Ltd.	South of the Maynooth Road, (R148), Collinstown, Leixlip, Co. Kildare.	28/08/2019

Christmas Unwrapped

Christmas Parties

6th, 7th, 13th & 14th December

Santa's Grotto

Christmas Craft Fair

17th November



New Year's Eve

1920's Masquerade Ball

€60 Per Person

email: events@glenroyal.ie

Phone: 01 6106251

EST 1995
GLENROYAL
HOTEL
★★★★

www.glenroyal.ie



Maynooth Senior Citizens Committee



Our morning club is now in full swing and as promised our Art classes are up and running. If you haven't joined us yet, you don't know what you're missing. However it's never too late so please feel free to pop in, you will be very welcome.

Our recruitment weekend was very successful and I wish to thank the Priests of the Parish for the opportunity to speak at all the Masses. Thank you also to Martina and Simon for all their help. It was lovely to meet so many people with such interest in our work, and many of you, male and female, expressed an interest in joining our committee. I will be in contact with those who left their phone numbers and if I don't have your number you will find mine on the sheets we handed out. Our committee meetings are on the first Tuesday of each month at 8pm in the Geraldine Hall, (scouts den) so our next meeting will take place on Tuesday October 1st. I look forward to seeing many new faces.

Also if there are older people out there who may be new to the area and feeling a bit isolated, why not come along to our morning club. You can contact Patricia on 087 7661116 or myself on 087 9002296 or just drop in, you will be most welcome.

We held our Autumn tea-dance on September 15th and all enjoyed the music of Tony and Brian. Our next tea-dance will take place on Sunday October 20th at 3pm in the GAA club, Moyglare Road and



all those who are young at heart are welcome. This will be our Halloween Party so feel free to come in fancy dress if you wish. I take this opportunity to thank Martin and the staff at the GAA club for their help and courtesy to all our people. They have some lovely young people working there. In the present climate where we hear so much negativity about young people I have to say, this has not been our experience. Over many years our organisation has worked with the schools, scouts and clubs and we have met young people who would restore your faith in our youth.

We are on the count-down now to our "Sale of Work" but more about that anon. I am just planting the seed, so to speak.

Finally, may I express our sincere sympathy to the families of Chris Foley, Leo Bean and Una Kiernan, all of whom died recently.

Suaaimhneas agus Siochain doibh.

Josephine Moore, Chairperson.



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SENAN OF LARAGHBRYAN

The name Senan meaning ‘wise one’ is attributed to many Irish saints, the most well-known being Senan of Inis Cathaigh or Scatterry Island in the Shannon Estuary in County Clare. Who was Senan of Laraghbryan? I’ll answer that question by first asking, what do we know about this place called Laraghbryan near Maynooth? Laraghbryan, an anglicised form of the place-name Láithreach Briúin, is described on www.logainm.ie as a ‘non-validated name’. I understand that ‘láithreach’ among other meanings, may be translated as a site, position or place.

Historically, north Kildare was part of the Uí Faélaín kingdom, occupied by the descendants of Faélaín, who included the O’Byrnes, hence the place-name Láithreach Briúin. Place-names change over time. The website also informs us that according to Kildare Rentals dating from c. 1518 this area was known as Larabyrne (clue here) and that the name Laraghbryan that we know today was first mentioned (according to their records) in a statistical survey of the area taken in 1837. The O’Byrnes were at one time ancient kings of Leinster. However, as was the norm at the time, kingship did not descend from father to son, which meant that they never held the kingship for any length of time.

There were Christians in Ireland prior to Patrick. In 431AD ‘Palladius, having been ordained by Pope Celestine, is sent as first bishop to the Scotti [Irish] believing in Christ’. He landed at Arklow. Perhaps we should be commemorating St Palladius’ Day every year instead of St Patrick’s? And then again, perhaps not, as it is also recorded that not long after he landed he was banished by the King of Leinster – an O’Byrne? By the 6th century there were over 800 monasteries in Ireland.

This is where our Senan of Láithreach Briúin makes an entrance. What we know about him has been compiled from various sources such as the ‘Annals of the Four Masters’, by John O’Hanlon (1821-1905), MRIA. O’Hanlon was a Catholic priest, scholar and poet. He is best known as a folklorist and a hagiographer and in particular for his comprehensive ‘Lives of the Irish Saints’. The Annals, in which Laraghbryan is mentioned several times, were compiled between 1632 and 1636 by the Franciscans. Their purpose was to record and preserve the race memory of the Irish nation which was in danger of being lost forever through centuries of colonisation and religious persecution.

Senan founded a monastery at Laraghbryan in the 6th century. He was the son of Fintan and Deidi. And as is usual in ancient Irish genealogies, his genealogy is carried back for fifty generations, or for about 16,000 years! Apparently during his lifetime, he was considered to be a person of some importance and was praised for his ‘noble qualities’. He is named as one of the churchmen who attended ‘the great Synod held at Dromcreat in 580AD’. Today, the area around Drumcreat is dominated by Mullagh Hill overlooking Roe Park Golf Course at Limavady in Northern Ireland. The top of the hill is unnaturally flat and according to folklore the top was deliberately flattened for the sole purpose of holding the synod on its summit. In modern times a club member noted that ‘we were warned not to incorporate the hill into the golf layout’.

Early monasteries were built of clay and wood. Within these settlements crafts and trades developed and given their importance it is not surprising that close links developed between the monasteries and the local chieftains, in this case, the O’Byrnes. When Senan died, the monastery that he had founded in the short term continued to flourish. His memory lived on in Láithreach Briúin in Uí Faélaín and his Feast Day or Patron Day was commemorated annually on 2nd September.

In the middle ages, Laraghbryan was dangerously close to the Meath border which was then in a separate province. It suffered badly in cross-border skirmishes. The monastery was plundered and sacked in 1036 and again four years later in a vicious struggle for the Kingdom of Ireland. It never fully recovered from the last attack.

One hundred and thirty years later c. 1169 the O’Byrne’s of north Kildare were finally driven off their ancestral lands into the mountains of Wicklow by one known as the Anglo

Norman knight Maurice FitzGerald. What is interesting is that in 1606 Wicklow became the last county to be formed in Ireland when the area gradually came under the control of Dublin Castle. What is even more interesting is that the descendants of the O’Byrnes of Laraghbryan were among the last Gaelic chieftains to hold out. In 1641 their holdings in Wicklow which had previously covered 75,000 acres were reduced to 20,000. They finally lost everything under the Cromwellian regime in 1649.

In 1630 the church at Laraghbryan was ‘in good repair, but chancel [altar end] unroofed’. Ten years later it ‘had fallen into ruin.’ It is suggested that the tower and church were built between 1400 and 1500AD when there was a boom in church building and when many older churches were altered. However, both tower and church were allowed to fall into disrepair in the late 1700s, which coincided with the time that James Duke of Leinster decided to concentrate on a major renovation of St Mary’s Church of Ireland in Maynooth. Anything of value which still remained at Laraghbryan was then removed.

O’Hanlon visited Laraghbryan in July 1873 and left a record of his impressions at the time. ‘The medieval church ruins of Laraghbrien (sic) are to be seen embowered with stately lime trees, and within a squarely-formed grave-yard, surrounded by a quadrangular wall. A gravel walk runs parallel with the walls on the interior. The church ruins measure 87 feet in length, exteriorly: they are 19 feet, 8 inches in breadth. The walls are nearly 3 feet in thickness. There is a square tower, 13 feet by 15 feet, on the outside; and, it is entered by a low, arched door-way from the interior. Several square-headed opes [openings] are inside of it and a ruined spiral stairway occupies one angle. This leads to a broken part of the wall and showing that it ran much higher. There is a large breach in either side wall. Some ruined windows remain. Two of them have elegantly dressed heading and side stones, and in these formerly were iron bars. The building materials are of excellent limestone and mortar. There was a door in the north side-wall, parallel with the [then] Kilcock Road from Maynooth to Kilcock. Circularly-arched door-ways and windows splayed are still to be seen in the walls. Traces of plaster are inside and outside the building showing that it has been used for purposes of worship, and at no very remote date.’

Today the monastic site at Laraghbryan consists of the ruins of the medieval tower and church and three cemeteries known as the ancient, the old and the new. In spite of restoration work in 2002 the side walls of the church are leaning outwards and crumbling away in places. Unless further restoration takes place soon, what is left of the tower and church and decorative stonework that can still be seen in some places, especially around the windows and arches, will fall into further disrepair and may eventually collapse.

Laraghbryan is a site of historical, archaeological and architectural significance and deserves to be preserved. And perhaps in time the story of Senan of Láithreach Briúin will be restored to the collective memory.

Rita Edwards

(Details from a Walk & Talk which took place from Maynooth to Laraghbryan during Heritage Week 2019)



Laraghbrine, County Kildare.

Halloween Jokes

- Why do witches fly on brooms?
Because vacuum cleaners are too heavy.
- How do witches keep their hair in place?
Scare spray.
- Why don't witches ride their brooms when they're angry?
They're afraid of flying off the handle.
- What do you call a witch who lives at the beach?
A sand-witch.
- What do you call two witches living together?
Broommates.
- What do you call a witch's garage?
A broom closet.
- What do they teach in witching school?
Spelling.

Happy Halloween To All

From the Members,
Directors & Staff of
Maynooth Community
Employment Project



Halloween

Halloween is here again this year so be aware of this scary night. As soon as the darkness draws near, many spirits will drool with their fright, Strange faces will call to each door looking for apples and nuts at their fill, These little monsters we so much adore shall inhabit the night a shivery chill.

They will sing songs with great fun, celebrate the night until very late, The night will not be over done until the bonfire is burning great, Witches and monsters have again arose, This festive night held so dear, A child's imagination certainly grows, This spooky night full of cheer.



Patrick Murray

St. Mary's Brass & Reed Band



September saw the Band travel to Farmleigh House in the Phoenix Park on Sunday the 15th only to find ourselves playing to a very small but really interested audience in very wet conditions who stayed to the very end. One couple even danced under the shelter of the big oak tree that is a feature of the area near the band marquee.

At the time of writing we are preparing for our visit to St. Mary's Church of Ireland on Friday the 20th to join with other singers and musicians to celebrate Culture Night. It is our first time to be involved in this nationwide event and I have no doubt that it will be the first of many.

The big event in October is our Fundraising Concert with the Garda Band in the Glenroyal Hotel on Thursday 3rd at 8pm where any monies coming from this will be going towards the travel costs of our return trip to Bad Orb in Germany next September. This should be a real musical treat for what we hope will be a big audience and there is a link with the Garda Band as well as one of our clarinet players, Tom Corbett, played with the Band for 30 years. Admission is only €10 and tickets can be had from Maynooth Bookshop on the Main Street, at Glenroyal Hotel reception or you can pay on the door on the night.

We extend a warm invitation to any musicians living in Maynooth and the surrounding areas to feel free on Monday nights (bank holidays excepted) to join us in the Band Hall on Pound Lane between 7.45 and 9.45 where you will be made most welcome. In recent months we have had players from Lucan, Celbridge and Mullingar come to join us. We are a very welcoming band, we have an excellent conductor and we have a very busy programme over the next year.

You can call Paddy on 087 2537 906 if you need any further information.

St. Mary's Brass & Reed Band
Fundraising Concert

with
The Garda Band
and
St. Mary's Brass & Reed Band

in the
Glenroyal Hotel, Maynooth
on
Thursday 3rd Oct. at 8.00pm

Admission €10

Tickets available from
Glenroyal Hotel Reception,
Maynooth Bookshop
or at the door on the night

Carton Avenue Preservation Society

ANNUAL GENERAL MEETING

The annual general meeting of
Carton Avenue Preservation Society
will be held on

Monday 7th October at 8pm
in the Maynooth Community Space
Tesco Shopping Centre

AGENDA

Items for discussion include the marking of the first anniversary of the construction of the bridge/cycle lane onto Carton Avenue - Lime Walk, The Community Church planning application and the complaints to Kildare County Council.

OMBUDSMAN'S OFFICE

The Ombudsman's office have confirmed to Dave Kelly the appointment of a case worker to deal with the complaints.



Irish Traditions and Recipes

The development of Irish cuisine was altered greatly by the English conquest of the early 17th century, which introduced a new agro-alimentary system of intensive grain based agriculture. Large areas of land were turned over to cereal and a large portion of the population were confined to more marginal agricultural areas. The rise of a commercial market in grain and meat altered the diet of the native population by redirecting these products abroad as cash crops used to feed the British Empire's armed forces and cities.

Consequently, the potato, after its widespread adoption in the 18th century, became just about the only food the poor could afford (which was the vast majority of the population). As a result, the potato is often associated with Ireland and "Irish potato" has come to mean any dense, white potato with a low starch content. Many elements of Irish cuisine were lost or abandoned during that time, with the loss being particularly acute between the Great Famine of the mid 19th century and the mid 20th century

Traditional Brown Soda Bread

The preparation of soda bread was once a common sight in Irish country kitchens. There were many variations in the recipe; traditionally soda bread was made from just four ingredients: flour, buttermilk, bicarbonate of soda and salt. It was just the simplicity and wholesomeness that lent the bread its unique charm. From humble origins, Irish soda bread has come to be known as one of the finest bread types in the world, and a celebrated symbol of Irish cuisine.

The preparation of soda bread became so ingrained in Ireland's way of life that it developed its own folklore. The most distinctive mark on the bread is the cross, cut into the dough prior to baking. Parents used to tell their children that the cross allowed the fairies to escape. Others believed it was a blessing to ward off mischievous spirits so that the bread wouldn't burn in the pot. For many Irish children, their first experience of baking was at their mother's side during the preparation of the daily soda bread bake. Today, it remains at the heart of Irish homes, still an integral part of the diet, and a living tradition.

Recipe

2 cups white flour
1 1/2 cup extra-coarse ground wholemeal flour
1 teaspoon baking soda
1/3 cup brown sugar
1/2 cup oat bran (optional)
1 teaspoon Bextarter (Cream of Tarter)
1/2 teaspoon salt (optional)
1 cup of buttermilk



Method

Preheat oven to 350F. Mix all dry ingredients well, then add buttermilk and mix well.

The consistency of the mixture should be stiff

Remove the mixture from the bowl and put onto a floured working area. Knead the mixture into a round loaf. You may need to lightly dust the mixture with flour.

Place the mixture onto a skillet or baking tray. With a knife, make an + shape an inch deep into the mixture. Bake for 35-45 min. Remove from oven, tap on bottom and if there is a hollow sound—it's baked. Wrap in a tea towel. Cool on a wire tray - Enjoy.

Boxty

Its name likely comes from the Irish arán bocht tí, meaning "poor-house bread", but it could also come from the word for bakehouse, báciús.

Although potatoes and Ireland are stereotypically inseparable from each other, this wasn't always the case. Potatoes were brought over from South America to Europe during the 16th century, and quickly took root. Potatoes came to form a massive fraction of the Irish diet, particularly for the country's poor. By the early 19th century, the average adult Irishman was eating around 6kg of potatoes a day. Because they grow in most types of soil, they were an accessible crop to all, and a large portion of the country's iconic dishes rely on the tuber. For the Irish, it was a true staple food.

Recipe

2 cups of all-purpose flour
1 teasp salt
2 cups of grated raw potato
1 cup of milk approx.
Butter for the pan

Method

In a small bowl place flour and salt

In a larger bowl combine the grated raw potato and flour mixture—mix well

Slowly add the milk and stir gently (do not overmix)

The mixture should be like a very firm, thick batter, almost like a dough, so you can add more milk if needed.

Heat a non stick frying pan over a medium-to high heat, add a pat of butter

Scoop a ladle full of mixture on to pan and level out and fry until golden brown on bottom

Flick over and cook top, turn down heat if browning to fast. Continue to add butter.

Serve with real butter and tea.



Traditional Bacon & Cabbage

Historically, this dish was common fare in Irish homes as the ingredients were readily available as many families grew their own vegetables and reared their own pigs. It was considered nourishing and satisfying. The dish continues to be a very common meal in Ireland.

The bacon used for the meal can vary somewhat depending on individual preference. Usually back bacon is used for the recipe, but other cuts of bacon are sometimes preferred. However, the bacon used is almost always cured. The traditional curing process is a long process which involves storing the bacon in salt, however, in modern times, mass-produced bacon is cured using **brine** which is less frequently injected into the meat to speed-up the process. The bacon can also be smoked which adds a depth of flavour- which some people prefer. In Ireland, one can also purchase what is known as home-cured or hard-cured which is bacon cured over a long period and then stored for another long spell, wrapped in paper. This makes the bacon very salty, hard in texture and yellowish in colour.

Recipe

Three Ingredients—Bacon, Green Cabbage and Potatoes

Method

Steep bacon in cold water for a few hours before cooking.

(Bacon will be less salty)

Drain off water and add fresh water, boil according to weight

Meantime prepare cabbage-Wash and cut, cut leaves off stem

Once bacon is cooked remove and cover, then add cabbage and pepper (opt) to bacon stock

While your cabbage is cooking, if you have a steamer that fits over your pot, place peeled potatoes and they will be cooking while your cabbage is cooking

Place Bacon back in with cabbage for 10 minutes before cabbage is cooked.

Potatoes should be cooked at this stage and can be either left whole or mash them with butter, milk and add a chopped onion (optional) Cut up bacon, plate it add cabbage and potatoes plus the juice of the cabbage.

This meal can also be served with potatoes in their jackets.



Carrageen Moss Cough and Chest Tonic

Carrageen moss *Mastocarpus Stellatus* is a species of red algae which grows abundantly along the rocky parts of the Atlantic coast of Ireland. Commercial use: **Irish moss** has been used in Ireland since the beginning of the 19th century as a folk remedy for respiratory ailments. It is also used in cosmetics, it has a softening, soothing feel on the skin and hair and a very gentle cleansing effect for the skin.

Ingredients

10g Organic Carrageen Moss.

600ml Water (preferably filtered).

6 Cloves (for a child use only 3 cloves)

1 Organic Lemon zest and juice. 1 Inch Ginger Grated.

1Level tsp Turmeric.:1tsp Manuka Honey:

2tsp Apple Cider Vinegar,: Cinnamon Stick

Method

Soak Carrageen in lukewarm water for 15mins.

Strain and add Carrageen to heavy based pot.

Add in water, cloves, lemon, ginger, cinnamon stick and turmeric.

Bring to boil and simmer on low heat for 30mins.

Strain and leave to cool for 15mins then add honey and Apple Cider Vinegar.

Heat up as required in small pot up to 4 times a day (150ml) serving.

This mixture will stay good in the fridge covered for 5 days.

This mixture can be taken as a tonic or twice daily as a natural preventative.

Can be taken up to 4 times daily should you feel chesty or a cold coming on.



Harvesting Carrageen Moss



Prepared and dried Carrageen Moss



MAYNOOTH CYCLING CAMPAIGN

Subsidy for Car Drivers

Cyclists get blamed by some drivers for not contributing to the cost of roads but roads are paid for from general taxation. Vehicles have to pay an emission tax but as bikes don't produce any emissions, cyclists are not liable for any tax. It should be pointed out that car drivers are the ones who are subsidised. This may come as a shock but in Ireland it costs €3 billion a year to subsidise cars. This is not what car owners are paying in taxes; this is the external cost for everybody. Every man, woman and child in Ireland is paying €650 per year to subsidise cars.

Width of Estate Entrance

Last month, an article in the Campaign Notes detailed issues concerning the width of entrance to Moyglare Abbey estate and whether or not the proposed width was in accordance with the Design Manual for Urban Roads and Streets (DMURS). The proposed width is not in accordance with DMURS because of the entrance is also used by farm vehicles. Is this reasonable. Yes – an entrance has to be fit for purpose. If it cannot cater safely for expected traffic, it would not be fit for purpose. But it does beg the question will the width of other entrances which do not need to farm transport, for example Moyglare Village, be in accordance with DMURS?

Railpark

There is concern about rat running through Railpark to avoid delay at the traffic lights at the Celbridge Road/Straffan Road junction. The solution, which is widespread in European countries such as the UK and the Netherlands, is filtered permeability. In essence, this means closing off one of the two entrances or blocking the through route at a mid-point. This can be achieved very cheaply using bollards.

The problem is that some residents want to maintain free access by cars whereas others point out the risk of an accident to children (never mind the issues of noise and air pollution).

Transport SPC

The May local government elections saw some new and some existing councillors elected to Kildare County Council. It also saw the formation of a number of Strategic Policy Committees with the selection of councillors. One of particular interest is the Transportation and Public Safety SPC which features three councillors from the Maynooth Municipal District – Paul Ward (FF), Peter Hamilton (GP) and Angela Feeney (Lab).

The membership of the Transport SPC is also open to a representative of the Public Participation Network. The Chairperson of Maynooth Cycling Campaign went forward as a candidate and was delighted to top the poll. Unfortunately, there was a three way tie at the top (which later became two way tie). There were no rules governing how to resolve such an occurrence so the matter has been referred to Kildare County Council officials to resolve. More importantly, we have been informed that there are unlikely to be any meeting of the SPC (or presumably the Cycle Forum) until 2020 as new rules have to be drawn up, go to Public Consultation and be approved. As the previous meetings were in February 2019, it would mean that there would be no meetings for almost a full year. Other counties, such as Fingal, carried out consultation during the summer. It would be a much more efficient way of operating.

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*Maynooth Cycling Campaign is a non-party political cycling advocacy group. Further information on meetings and activities is available on our website.
We are affiliated to Cyclist.ie, the Irish Cyclist Advocacy Network and through it to the European Cycling Federation*



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October Events at Maynooth Community Library

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For further information contact: www.kildare.ie/library maynoothlib@kildarecoco.ie Ph.: 01-6285530



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NEW OPENING HOURS

Monday: 10am – 5pm
Tuesday 10am – 8pm
Wednesday 10am – 5pm
Thursday 10am – 8pm
Friday 10am – 5pm
Saturday 10am – 5pm

Kildare Readers Festival 2019

Celebrate the 10th anniversary of **Kildare Readers' Festival** with **Kildare Library & Arts Services** this October

This year we look forward to welcoming, **Douglas Kennedy**, author of: *The Great Wide Open*, *The Heat of Betrayal*, *The Moment* and many more. **Joseph O'Connor** returns to the festival with **Kit de Waal** and **Henrietta McKervey** to discuss their recent work. **Niamh Boyce**, **Martina Devlin** and **Stacey Halls** will talk fiction, witches and their place in history. For the first time, we will offer workshops on poetry, short stories and writing for well being. For full details of these and many other exciting events, browse our full brochure at <http://www.kildarereadersfestival.ie/>

All events are FREE of charge; bookings are essential through the Box Office at Riverbank. Events taking place in the main libraries must be booked through those branches

The Muskerry Queen of Song An afternoon of Musical Stories inspired by Elizabeth Cronin

**Saturday 5th October at 7pm
Renehan Hall, South Campus,
Maynooth University**

Elizabeth (Bess) Cronin is one of the most important historical figures in Irish traditional music. Her songs and style of singing have had a profound influence on generations of Irish singers.

Although she spent her entire life in the Gaeltacht area of Baile Bhuirne on the Cork/Kerry border, her fame spread far and wide from the late 1940's onwards when songs recorded by Seamus Ennis were played on BBC series 'As I Roved Out'. Subsequent recording by the renowned American ethnomusicologist, Alan Lomax, cemented her reputation.

Donal Dineen will explore her life and legacy in the company of her granddaughter and renowned singer Eilish Ní Thuama, plus special guest sean-nós singer Eithne Ní Chatháin.

Booking Required

Short Story Panel

**Wednesday 9th October
7.30pm – 9.00pm**

Maynooth Library are hosting a stimulating panel on the world of short stories with some eminent authors including John MacKenna and Lucy Sweeney Byrne

Booking Required

Mythology and Me

**Tuesday 15th October
7.00pm – 8.00pm**

Richly illustrated talk on Greek mythology, the ancients in contemporary literature, and the artistic influences on the work of author Lynn Buckle in her novel "The Groundsmen" published by Époque Press (2018)

Booking Required

Children's Events

Halloween Mask Painting

**Wednesday 30th October
2.30pm – 3.30pm**

Get ready for Trick-or-Treating this Halloween by painting and decorating your very own 'Spook-tacular' Halloween mask!

Booking Required

Halloween Film

**Thursday 31st October
5 – 5.30pm Rated G**

This month enjoy a special Kids Secret Cinema to celebrate Halloween. This month the film is about a ghost who is so friendly he has to learn how to be scary!

All Welcome

Library Events

Give It A Go! Box Set Club

Thursday 10th October 6.30 – 7.30pm

Got Netflix/NowTV/Amazon Prime and don't know what to watch next?

Let Maynooth Community Library help!

A New Box-set Club meeting monthly to discuss different series'. Call into the library now and collect your box set today.

Items limited so registration required.

Boomerang Bags

**Tuesday 29nd October
6.00pm – 7.30pm**

A new eco produce bag-making group, meeting the last Tuesday of every month, Boomerang Bags is open to sewers and non-sewers! Based on a worldwide community movement called Boomerang Bags the idea is to make and sew bags that people can use instead of plastic, for

fruit, vegetables and bread.

The concept is to use pre-loved cotton material like bed sheets, pillowcases etc and to make these into simple cotton bags – the main aim being inclusive and to educate people on a more eco way of living. Starting with making bags for yourself or friends, the overall aim would be to make enough to do a bag drive and hand them out at local schools, farmers markets and supermarkets to convert more people!

Booking Required

Young Adult Creative Writing Group

Interested in joining a creative writing group aimed at teens? We would love to hear from you! Contact the library and register your interest – We would hope to set up a monthly meeting to develop and expand your love of writing.

All levels welcome.

Works Matters at the Library

Introduction to Market Research Skills With Mintel

Thursday 24th October at 6.30pm

Local Enterprise Office – Business Advice Clinic

Wednesday 16th October, all day

For anyone seeking business advice. To book an appointment, applications are available through LEO office. Please contact 045 980838

"Let's Talk About Parenting"

5 Ways Parents of Teens can assist Career Planning in Senior Cycle Years

Presented by Dearbhla Kelly

Tuesday 1st October, 7pm

What do most parents want for their teens? I believe that they want them to be happy and successful. When it comes to career planning 92% of teens rely on their parents for career choice, therefore, parents have a huge and important role to play.

This talk focused on 5 practical ways that you can help your teen plan ahead in a way that generates happiness, meaning and success in their career choices. You will be given a toolkit in handout form, of tried and tested techniques that will help you assist your teen in navigating the ocean of choices available to them.

Be the parent that says, as Thoreau famously said "Go confidently in the direction of your dreams! Live the life you've imagined!"

Booking Required

October Events at Maynooth Community Library (Cont)

All of our events are **free of charge** and open to everyone

For further information contact: www.kildare.ie/library maynoothlib@kildarecoco.ie Ph.: 01-6285530



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(Continued from page 22)

How Families Survive the Teenage Years

Presented by Michael Ryan
Thursday 17th October, 7pm

In this talk we will look at the realities facing parents when their children reach teenage years. Michael will talk about what to expect, what are the challenges for everyone at this stage and give practical tips on how to survive the change in family dynamics. We explore the current realities for teenagers and their parents and give practical tips on communication, dealing with a Mental Health crisis and managing technology
Booking Required

Older Wiser Laughter Drumming

With David Day of Jabba Jabba Jembe
Monday 7th October at 11am

Enjoy the energy and relaxation and explore your creative spirit with group drumming in a friendly group environment. Recreational music-making is accessible to all people regardless of ability, age or previous music experience. Drum circles allow people to enjoy creating and making music instantly in a free and relaxed way while enjoying the many benefits of group drumming. It's not a new craze – people have been drumming since the beginning of time! Drum circles have been known to:

- Reduce stress
- Boost the immune system
- Increase energy
- Release negative feelings
- Promote social interaction and sense of community

Booking Required

Information Talk by Community Garda

With Sergeant George Doherty
Thursday 24th October 12pm

For some advice and tips on improving your personal safety and security.

Drop in No Booking Required

Drop In -Story Time

No Booking Required

Autumn Story Time

Friday 4th October 10am – 11am
for 2-5 year olds

This week's stories are all about Autumn Time and the wonderful changes in Nature that you can see around you at this time of year.

Fairy Tales Story Time

Friday 11th October 10am – 11am
for 2-5 year olds

This week's stories are all about Fairy Tales. Come along and listen, sing and colour all your favourite characters

Zoo Story Time

Friday 18th October 10am – 11am
for 2-5 year olds

We're going to the Zoo this week - and you can come too! Join in some fun rhymes and songs all about your favourite zoo animals.

Spooky Story Time

Friday 25th October 10am – 11am
for 2-5 year olds

Get ready for Halloween this week and listen to some spooktacular stories! Join in some fun rhymes and songs as well

Regular Events

Craft Club

Every Monday from 11.30am – 1pm

Bring along your various crafts to inspire and to be inspired – or just to work on! Different short demonstrations will take place during the year.

Who knows – maybe a new craft will grab your fancy...

No Booking Required

Family Board Games

Saturday 5th and 19th October
10am – 12pm

Chess, Draughts, Cluedo and Boggle will be available – or feel free to bring along a family favourite!

All welcome

FitLine

Thursday 10th and 24th October 10 am -12 noon

Go for Life FitLine is a free telephone service for people over 50 giving you the information and encouragement you need to get more physically active. (In association with The National Programme for Sport and Physical Activity for Older People). **Please note this is a telephone service only. For more information call 1800 303 545.**

Make Time

Thursday 3rd and 17th October, 6pm – 7:45pm

A time and space to craft and chat on the 1st and 3rd Thursday evening of each month. Get together with like-minded makers to work on your latest project and swap tips over tea.

No booking required.

Maynooth Women's Group

Saturday 12th October, 11am

New members welcome.

Contact the library for further details.

Ciorcal Comhrá / Irish Language Conversation Group

Tuesdays 11am – 12 noon

This is an informal group for adults who would like to meet on a weekly basis to use and practice their conversational Irish.

No booking required. All welcome.

Maynooth Creative Writing Group

Tuesday 1st and 15th October 6:15pm

A bi-monthly meeting for writers in the Maynooth area. Beginner writers always welcome.

No booking required.

Spanish Conversation Exchange

Thursdays, 6:30pm – 7:30pm

An informal meeting where people can practice and converse in Spanish. All adults welcome from novice to expert.

No booking required.

Relocation to Ireland: Women's Meet Up

Saturday 12th And 26th October 3 pm

A gathering of women who have moved to Ireland and would like to meet up with other women who have also made this country their home. The library is a meeting place to chat, make new friends and share stories – good and bad – about their transition from their native land to their present address.

Returning expat women are also welcome to share their experiences.

All Welcome

Book & Film Clubs

The following book & film clubs meet regularly at Maynooth Community Library. Please contact us if you are interested in joining a book club or starting one.

The Village Book Club

Monday 21st October 10.30am – 11.30am

Ex Libris Book Club

Wednesday 30th October 11am

This book club is now fully booked but please register your interest in book clubs with library staff if interested.

Readers of the Lost Ark Science Fiction Book Club

Tuesday 8th October 6.30pm- 7.30pm

Read & Catch-up

Thursday 10th October, 11.00 am

Jane Austen Book Club

Thursday 31st October 11am- 12 pm

U3A Book Club

Monday 14th October 11am- 12 pm

Reel Good Film Club

Tuesday 29th October:

Screening 5pm Discussion 7pm

All are welcome to come watch the film at 5pm and discuss it at 7pm. Adults Only



Writers' Corner - Short Stories/Articles from our Readers

Rosc Catha; Battle Song

No sooner had Father Brian, their classics teacher, left the room than Colin and his pal Donald Duck were up from the desk they shared. While other Third Years memorized their Irish poetry in preparation for the arrival of Badger, Colin had Donald backed against the wall, tapping the area round his head with their loose, plank-like seat. Next moment disaster; the seat broke through the wall! Colin had thought it was solid concrete but it was only plastered lattice. Now he was for it.

He and Donald were again seated, studiously reading Filidheacht na nGaedheal (The Poetry of the Irish), when the door from the corridor opened and Badger in his black soutane and biretta entered. He walked slowly to the dais at the top of the room on which the teacher's desk was mounted, turned and walked slowly down again, surveying the bent heads. Maybe he won't notice the hole, Colin told himself, staring blankly at his book. Instead of turning, however, Badger halted as if mesmerized.

'Ní raibh sé seo anseo inné,' (This wasn't here yesterday), he finally observed.

Silence from the students ...

'Cé rinne an poll seo?' (Who made this hole?)

Now Colin was in a quandary. If he remained quiet somebody else, or even the entire class, could be punished. 'Mise' (Me), he admitted.

Badger looked at him as if considering the best course of action, then in an ominously quiet voice said, 'An bhfuil punt agat?' (Do you have a pound?)

Now, it was the middle of the term and Colin had already spent his pocket money on buying sweets in the tuck shop. Furthermore, he couldn't write home for more funds, his parents having already sacrificed so much to get him a college education. There was no easy way out, so he said, 'Níl' (I don't).

'Tá go maith' (Alright). Badger seemed to accept this answer and walked slowly back to the top of the room, where he asked Josey Morrison for the first stanza of 'Anach Cuain' (Annaghdown), a poem by the blind poet Raftery about a boatload of people who had drowned on their way to Galway. Now, Josey, a dayboy, was one of the brightest students in the class, but the strain of being asked to recite made him stumble over the words. To urge him on as he would a horse balking at a jump, Badger hit him a slap across the jaw then continued his slow, methodical walk to the other side of the room, turned and walked back to administer another slap. Instead of helping, these physical spurs made Josey so nervous that Badger gave up in disgust and asked Donald to recite, which he did with panache. Colin expected to be called upon for the second stanza but Badger chose a boy on the other side of the room.

'You're not in his good book,' Donald remarked when the class was over.

Colin grimaced, 'Do you think that's why he didn't ask me to recite?'

'Badger knows Anach Cuain would be a cinch for a brain box like you,' Donald punched him playfully, 'but watch out for tomorrow.'

'Don't worry. "Rosc Catha na Mumhan" (The Battle Song of Munster) may be 18th century stuff, but I'll have it nailed.

'By the way, something just struck me. Do you think Badger could have got his hands on that recording we made in the music room?'

'You mean when we were clowning around last week?'

'Yep. We never got a chance to erase it. If I recall correctly, you made a few derogatory remarks about our beloved Irish teacher, like, "What's the difference between a Gaeilgeoir and a jennet?"'

'That wasn't me – thought I did mimic Badger's recitation of – ' What Colin was about to say was interrupted by the arrival of 'Pythagoras' Darcy, their lay, Maths teacher. Pythagoras had got his nickname from his frequent allusions to that man's achievements, 'Ah, world-famous Pythagoras!' - achievements which were in such sharp contrast with those of his students.

The class passed off without incident, Darcy not in the belligerent mood that followed one of his occasional binges. After that it was dinner in the refectory, where they tucked into gristly beef stew, cabbage and boiled potatoes. As he ate, Colin told himself that the crisis was over; by tomorrow morning Badger would have forgotten the hole in the partition.

'Dun na leabhair!' (Close the books!), Badger commanded when he entered the classroom next day. He then asked Colin to recite the first stanza of Rosc Catha na Mumhan. Conall stood up and in a confident voice rattled it off, but instead of telling him to sit down, Badger pushed back his biretta, always a bad sign, and said in an ominous voice, 'Abair é sin arís' (Say that again). Something was wrong, but what? Conall knew he had the stanza word perfect, so in a hesitant voice he repeated the recitation, ending with the refrain, 'Torann na dtonn le sleasaibh na long / Ag tarraint do teann 'n-ár gceann ar cuaird' (The noise of the waves by the sides of the ship / Pulling strongly towards us on a visit).

As he finished, Badger was walking towards him, lips compressed in a thin, cruel line. He grabbed Colin's hair with his left hand, yanked it till it seemed the roots would give then swung his open right hand. When the palm connected with the side of Colin's face it seemed as if his head would be knocked clean off his shoulders. Now Badger grabbed his hair with his right hand, shook vigorously and swung with his left. Steadily, methodically he switched hands, while tears rose in Colin's eyes and threatened to spill over. But he couldn't give his attacker the satisfaction of seeing him cry. Instead, as the blows crashed against his skull he kept his gaze fixed on Badger's face, determined to show neither fear nor defiance.

Gradually the impact of the blows lessened; either he was becoming so numb that he could no longer feel them, or Badger was tiring. At last, as if aware of the danger of beating a boy unconscious, he stopped and Colin smiled into his eyes. Badger had done his worst and his victim was still standing.

Going to the top of the room, the reverend father recited the closing lines of the stanza in his strong, manly voice:

'Thurann na done le sleasaibh na lung / Ag tharaint go choun 'nar gcoun ar cuard.'

Being partially dazed, the onomatopoeia of those lines was lost on Colin, the noise in his ears drowning out the sound of the waves.

'What did I do wrong?' he asked Donald when the class finished.

'You didn't give the correct Munster pronunciation,' Donald told him, 'but as for that, do you remember Manannán's ditty?' - Manannán was Father Lee, a bluff, enthusiastic teacher, interested in drama, who made learning Irish a joy.

'No,' Colin wasn't in a fit state to remember anything.

'Bheadh na fataí nité, bruite, ite ag an gConnachtach fad is a bheadh an Muimhneach a rá p-r-á-t-a-í' (The spuds would be washed, boiled, eaten by the Connacht man while the Munster man was saying potatoes), Donald recited. 'Anyway, it wasn't pronunciation but that hole in the wall. Why in hell's blazes couldn't you have asked for the loan of a quid? We'd all have chipped in a bob or two.'

'I know,' Colin gave a wry smile. 'I wasn't thinking.

Anyway, why should Connacht people have to speak Munster Irish?'

'Because Rosc Catha was written by Piaras Mac Gearailt, a Munsterman...'

'So what?'

Donald shook his head as if listening to a hopeless case.

For the rest of the week, when he went to the dormitory bathroom in the morning, Colin was combing out loose hair. Every day Badger would ask, 'An bhfuil sé agat?' (Do you know it?), and he would answer, 'Tá sé' (Yes), but he was never put to the test. Instead, if another pupil failed to answer or recite properly, Colin was sent out to get a stick in the nearby grove.

It seemed likely that their beloved teacher must have figured that parents would regard a caning as less reprehensible than a clattering administered with bare hands. Nevertheless, he was now being put in the position of an accessory to cruel punishment.

To salve his troubled conscience, on the first occasion that he visited the grove Colin chose a slender branch that was joined to a much thinner one and cut it with his penknife. When Badger used this stick on the outstretched hand of a classmate it broke at the joint and the end flew up, just missing his face. He glared at Colin and ordered him to go out at once - 'agus déan i gceart é an t-am seo' (and do it right this time), he warned.

There was no option but to comply, so with a heavy heart, Colin returned to the grove. As Father Brian might have pointed out in their Latin class, he was like Aeneas cutting the golden bough in order to enter the Underworld but, unlike Aeneas, he was now an accomplice of one of the Underworld's infernal demons, the Badger.

Note: While this story is based on real events, all names and nicknames have been changed.

P.G. Nerney

Causality

Why? Because! That's the reason! That's the cause! Everything has a cause, arose from somewhere, depended, depends on something else. The cue ball pots the black. Violence, cancer and other diseases kill millions. Food and oxygen keep all of us alive until old age has the final say.

The Big Bang theory has seriously focused our minds on causes and effects. The ball, on which we live, which we devastate with impunity, which thrills the poetic in us, has a cause, many causes, was assembled lump by lump, rock by rock, is the result of numerous 'random' collisions, pulverised and was remade and at this moment swings around the sun at 67,000 miles per hour like a slingshot at the end of an invisible rope called gravity. But how? How can a ball of rock, water and gas be held prisoner by another million-mile diameter ball of gas, at a distance of 93,000,000 miles? Does this gravity act at the speed of light? Or is it instantaneous? In other words if the old sun were to disappear would we have to wait 8 mins. 20 secs. before all hell would break loose and be thrown in a straight line through space until some other greedy sun would grab us and get us swinging again?

Causality? I don't believe in it anymore.

Astrophysicists talk reams about dark matter and dark energy in an effort to explain the accelerating dispersion of galaxies and other celestial phenomena. Why can't they be logical and having accepted that the original particle, source of all there is, has no cause and go on to admit that matter has no influence on other matter and does what it does simply because the great Creator, the "I am" of the Hebrew scriptures, the Alpha and the Omega of Christianity, is the only cause and creates the entire universe second by second, nanosecond, by nanosecond? Causality is continuous creation!

But what about bad things? Is God the cause of those too? Yes, but unwillingly. Sinful man perverts God's power towards unhappy ends. And nature, still seeking perfection, also runs amok occasionally. Why? It takes many hammer blows and great heat to forge a rose out of a piece of iron!

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Maynooth Monthly Diary Planner

Community Library	Maynooth Multiple Births	Bridge Club
<p><u>*NEW OPENING HOURS*</u></p> <p>Monday 10am – 5pm Tuesday 10am – 8pm Wednesday 10am – 5pm Thursday 10am – 8pm Friday 10am -5pm Saturday 10am – 5pm</p>	<p>Maynooth Multiple Births playgroup (twins triplets or more) meets the last Thursday of the month in Leixlip library between 10 & 12 noon. This is a great opportunity to meet parents just like you. For further details email: maynoothmultiplebirthclub@gmail.com</p>	<p>Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com.</p> <p>Contact Katherine Cooney 086 8205910</p>
I.C.A.	MAYNOOTH LOCAL HISTORY GROUP	Arthritis Ireland
<p>Monthly meetings take place every 1st Thursday of the month at 8.00pm in the I.C.A. Hall in the Harbour.</p> <p><i>Crafts every Monday night at 8.00pm. New members welcome</i></p>	<p>Maynooth Local History Group Meets Last Thursday of each Month in The Glenroyal Hotel</p> <p>New Members Welcome Contact: MCEP Office for more details (Unit 5 Tesco's S.C.)</p>	<p>Arthritis Ireland Walking Group (Maynooth) Meeting Mondays 12-2pm in the Maynooth Community Space</p>
University of Third Age (U3A)	Maynooth Parent & Toddler Group	Maynooth Men's Sheds
<p>We meet on Fridays between 11am & 1pm in Maynooth Community Space Tesco SC</p> <p>Activities vary to include social, cultural & educational interests of group & new members.</p> <p>New members welcome Drop in for a cuppa & chat if interested</p> <p>Contact Mary: 0861662910 or Lena: 0876717062</p>	<p>We will meet on Tuesday 24th September & Tuesday 1st October.</p> <p>Thursday 10th October and every Thursday onward during term time.</p> <p>Drop in, €5 per family - refreshments and kids entertainment.</p> <p>Maynooth Community Space 09:30 till 11:30am</p>	<p>Weekly meetings take place every Wednesday at 11am at the Maynooth Lodge Fisheries Dunboyne Road Maynooth. For further details contact John Fleming - 087 2041334</p>
Maynooth Tidy Towns	St Joseph's Young Priests Society	Maynooth Community Church
<p>Volunteers required to help with this work.</p> <p>Contact Number 087 3153189</p> <p>Meet every Saturday at 10.00am in the Square</p>	<p>St. Joseph's Young Priest's Society meet monthly on the second last Wednesday between 8pm and 9pm in Parish Centre, Maynooth.</p> <p>For further information contact Bernadette at 01-6286288 or Lena at 01-6285128.</p>	<p>1st Floor Manor Mills (entrance next to Chill) Service times every Sunday morning from 10.30am www.maynoothcc.org</p> <p>Everyone most welcome</p>
Maynooth Senior Citizens	Zero Waste Maynooth	ST MARY'S BRASS & REED BAND
<p>Our morning club continues on Tuesday and Thursday and new members are always welcome. Perhaps you are new to the parish or new to the age bracket, why not come along you might enjoy it. You will find us in the Geraldine Hall on Leinster St.</p> <p>Contact Josephine on 087 9002296</p>	<p>Free Community Event 2nd Saturday of the month</p> <p>Maynooth Community Space: 2-4pm Everyone welcome to pop in for a wander around a cuppa & chat.</p> <p>Learn how to reduce your waste - save money while looking after our planet</p>	<p>Rehearsals are held in the Band Hall on Pound Lane each Monday night (except Bank Holidays) from 7.45pm to 9.30pm and musicians living in Maynooth and the surrounding areas are most welcome.</p> <p>E-mail: sec@stmarysbandmaynooth.ie Website: www.stmarysbandmaynooth.ie</p>

Diary entries are published free of charge for all non-fee paying Community Groups.

The content of the Monthly Planner Diary is published in good faith. All details should be checked with groups in advance

E-mail details of your event before the copy date (2nd last Tuesday of each month) to be included in the next months edition. E-mail: office@maynoothcep.com Phone: 01 6285922

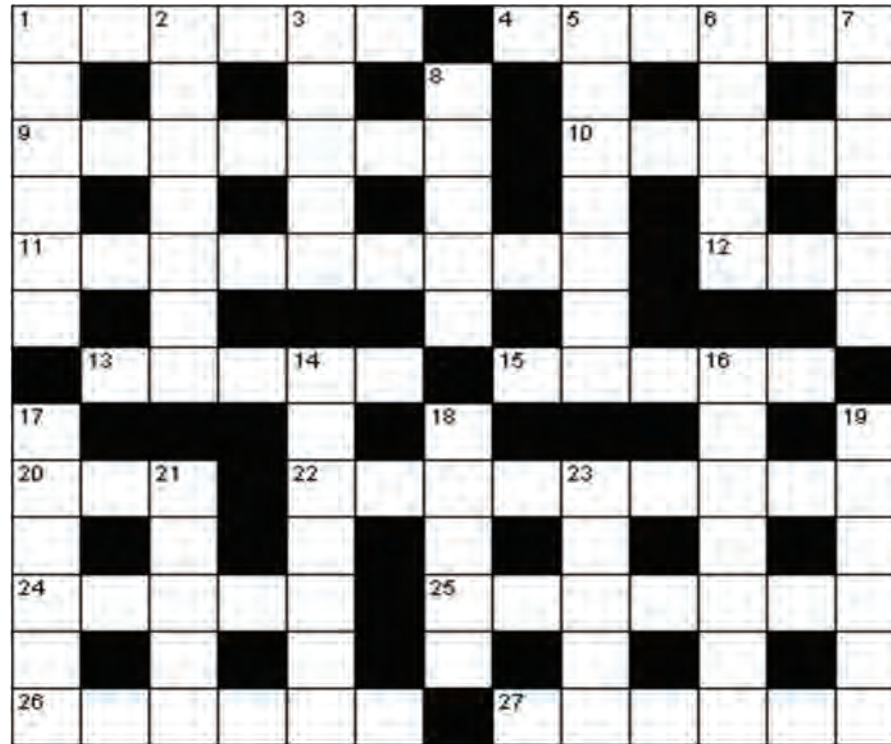
Clues Across

1. Pub (6)
4. Take for granted (6)
9. Weird (7)
10. Take place (5)
11. Expiation (9)
12. Sense organ (3)
13. Stage whisper (5)
15. Paragon (5)
20. Sphere (3)
22. Vortex (9)
24. Tine (5)
25. Ameliorated (7)
26. Cure (6)
27. Extremely bad (6)



Fall is Here!

October 2019 Crossword - No. 484



Clues Down

1. Tropical bird (6)
2. Asinine (7)
3. Ambit (5)
5. Yelled (7)
6. Relative (5)
7. Mistakes (6)
8. Varieties (5)
14. Injured (7)
16. Foreshorten (7)
17. Barrel maker (6)
18. Wild and savage (5)
19. Blot (6)
21. Flower (5)
23. Part of a play (5)



Solutions to Crossword No 483

L	I	M	I	T	E	D	R	I	S	K	S
A	E	A	O	I	C	U					
R	A	D	A	R	R	O	G	U	E	B	
D	A	G	S	I	N	D					
E	L	E	E	W	A	R	D	E	M	U	
R			T	L			R				
A	B	Y	S	S	O	B	E	Y	S		
A	A		A	A		W					
B	A	N	T	A	C	T	F	U	L	A	
R	D	R	C	F	A	L					
O	A	G	I	L	E	L	A	S	E	R	
A	G	A	N	E	S	U					
D	W	E	L	L	T	E	D	I	O	U	S

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No. 483**

**Anna O'Flaherty
Castlepark Grove
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Prize winners will have 30 days to claim their prize from the time the results are made public.

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Difficult

	5							
		4	6					
3		1	8	9		7		6
			1				7	2
		7	5		8	4		
5	1				3			
2		3		1	6	9		5
					4	3		
							1	

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Send completed puzzles to
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Sudoku Challenge 2019

**Entries must arrive to
Newsletter Office before:
22nd Oct 2019**

**Congratulations to
Last Months Winner:
Lauren Fowler
Railpark
Maynooth**

**Collect prize from
Newsletter Office**

Prize winners will have 30 days to claim their prize from the time the results are made public.

Super Difficult

2								
				1		2		
4	9		5	2		8		
	5		7		4		8	
9	7						5	2
	3		2		9		1	
		5		9	1		2	4
		9		3				
								3

Name: _____

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Maynooth Newsletter Office
Unit 5, Tesco Shopping Centre.

Entries must arrive to
Newsletter Office before:
22nd October 2019

Junior Puzzle Corner

Join the Dots



AMUSEMENT	CAT	GAMES	PRANK
APPLES	COSTUMES	GHOSTS	PUMPKINS
AUTUMN	DRACULA	MONSTER	SAFE
BOO	FRANKENSTEIN	OCTOBER	SPOOKY
CANDY	FRIGHTEN	ORANGE	TREAT



How to lighten your General Waste Bin

Remove any water or liquid from the item so it is as light as possible.

Anything with a **Plug or Battery** can be recycled free at your local civic amenity site.

Keep glass out and bring it to your bottle bank



Before you bin anything check to see if its **compostable or recyclable**. Your waste collector can provide a current list of acceptable items for each waste stream.

Timber, Steel and old paint tins are accepted at your local civic amenity site for a small fee.

Old toys, clothes and unwanted furniture could be given away to charity if they are in good condition or given away online through sites such as www.freetradeireland.ie

What can go in your General Waste Bin...

Toothpaste containers



Ashes (cold)



Nappies



Contaminated (dirty) containers



Crisp, sweet or foil based wrappers



Sanitary waste



Soft plastic packaging



Ceramics e.g. broken cups or plates





Autumn... the year’s last loveliest smile

Autumn has most definitely arrived and the leaves are starting to fall. At this time of year, it can be difficult to know where to start when it comes to caring for your garden in October, and it is tempting to take the ‘less is more’ approach, especially when there is a nip in the air. Yet there is a lot you can do in the garden in October, whether it is making it look better, harvesting crops or planting new ones.

Split up spring-flowering perennials

Divide herbaceous perennials, which flower in the spring, to ensure healthy, vigorous plants that will continue to perform year after year. It’s best to do this on a dry day when the soil is not too wet. Plant some of the newly divided plants back in the ground and take others to pot up and give away to friends!

Plant garlic

Garlic is best planted in autumn. Plant it in your vegetable patch with the pointed ends up, just below the soil surface and spaced 10cm apart.

Plant some spring-flowering bulbs

Plant bulbs to ensure a colourful display when spring arrives. Try planting clumps of five or seven bulbs of the same variety through a border, for a really effective display sure to impress! Plant them at a depth equal to twice the height of the bulb. Start spring bedding in beds and containers. Plant out spring bedding and biennials, such as wallflowers. Pots and hanging baskets can be planted with spring bedding and teamed with bulbs, grasses, cyclamen and violas for a colourful display, with lots of glorious texture. Grow hyacinths for winter flowers and fragrance. Plant prepared hyacinths in vases to provide winter scent and a splash of colour to your home. For hyacinths that will flower around the Christmas period, make sure you buy bulbs that are labelled ‘prepared’ and plant them in early October.



FLOWERS

Here is a list of autumn flowers that you can plant right now to keep your garden looking great. Asters produce pretty daisy-like flowers in a range of colours and, depending on the species, are frost tolerant. ... Calendula... Chrysanthemum. ...Cosmos. ... Daisies and Pansies. Spring bulbs, such as daffodils and crocus, followed by perennials, such as dianthus and garden phlox. When you plant early (in autumn), your perennials flourish faster in spring and summer.

VEGETABLES

Most can be planted or sown directly outdoors to ensure that your winter vegetable garden is fully stocked. Onions and Shallots. Autumn planting onion sets are easy to grow and will virtually look after themselves over winter. ... Garlic. ...Spring Onions. ...Perpetual Spinach. ...Broad Beans. ...Peas and Asparagus. October is really the time to clear out the vegetable garden and to take care of the crops which will remain in the ground for winter like sprouts, cabbage and kale. Niall will be sniggering when I advise you to keep your winter veg well weeded and remove any dead leaves to prevent the spread of disease, you should see the state of my garden. I guess that’s what I’ll be doing this weekend. If you have any good leaf mulch or compost it’s a good idea to use it to protect the bare soil around your winter vegetables from the wet weather



FRUIT

The fruit garden can be a busy place in October, there is still harvesting happening and there is plenty of timely maintenance to undertake to ensure safe passage through winter and a bumper harvest next year. And there is always the chance to add some new varieties. October is perfect to start a fruit garden if you haven’t one yet — there are container and bare-root varieties in garden centres today (along with some expert planting and selection advice), and it is just the right side of the planting season to get them established before it gets too cold or too wet — for you or the plant. If you are planning to start or want to add more varieties, then get yourself some well-rotted farmyard manure or well-turned home compost. All fruit appreciate a fertile site and will reward you for it.



“Autumn carries more gold in its pocket than all the other seasons”

Potato and Onion Cakes

Ingredients:

- * 425g mashed potatoes
- * 125g plain flour
- * 1 onion, diced
- * 1 egg
- * 1/2 teaspoon freshly ground black pepper
- * 1/2 teaspoon salt
- * 120ml vegetable oil, or as needed



Instructions:

1. Mix mashed potatoes, flour, onion, egg, black pepper and salt together in a bowl until well combined.
2. Heat vegetable oil in a pan over medium heat. Carefully drop a large dollop of the mixture into the pan. Cook until golden brown, about 5 minutes per side. Remove with a slotted spoon and drain on kitchen roll. Repeat with remaining mixture.

Halloween Banana Popsicles

Ingredients:

For the banana popsicle:

- * 4 large fresh bananas (not overly ripe or the bananas may be too soft)
- * 1 cup non-fat Greek yogurt
- * Mini semi-sweet chocolate chips (for eyes)
- * 16 popsicle sticks
- (For the banana popsicle mummies)
- * 1/3 cup creamy natural peanut butter



Instructions:

1. For the Banana Popsicle Ghosts: Line a large baking sheet with parchment paper. Peel 2 bananas and slice each in half, crosswise. Slice each half in half again, the long way, so that you have 4 long, narrowed pieces total. Carefully insert a popsicle stick into the bottom of each, then place on the baking sheet.
2. For the Banana Popsicle Mummies: Cut the pointy tips off of the 2 remaining bananas, then slice the bananas crosswise into 3 equal round “logs”. Insert a popsicle stick into one end of each, then place on the baking sheet. Freeze all banana pops for at least 30 minutes or overnight.
3. In a small bowl, mix together the frozen yogurt and powdered sugar. Once the bananas are frozen, dip them into the yogurt mixture, then return them to the lined baking sheet. Place 2 mini chocolate chips on each of the ghosts for eyes. Do not place the eyes on the mummies yet. Return to the freezer for at least one hour to allow the yogurt to set.
4. For the mummies, place the peanut butter in a small, microwave-safe bowl, then heat until gets smooth and creamy, about 30-35 seconds, stirring as needed. With a small spoon, drizzle on top of the banana mummies to make “bandages”. Place mini chocolate chips for eyes. Return to the freezer until the peanut butter is firm (about 30 minutes). When ready to serve, let the banana soften at room temperature for a few minutes.
5. Enjoy immediately, or place in a zip-top bag and freeze for up to 2 months.



Cheesecake Stuffed Baked Apples

Cook time: 25 mins

Servings: 6

Ingredients:

- * 6 apples (gala apples)
- * 8 ounces cream cheese, softened
- * 1/4 cup sugar
- * 1 teaspoon vanilla
- * 1 egg
- * 1 teaspoon cinnamon
- * Graham cracker crumbs, caramel sauce, pecan (optional)



Instruction:

1. Chop the tops of the apples off and scoop out the insides. Discard the cores and seeds.
2. In a medium bowl, mix together cream cheese and sugar until smooth. Mix in vanilla, egg and cinnamon until smooth. Fill each of the apples 2/3 full with the cheesecake mixture.
3. Place filled apples on a baking sheet (make sure they aren’t touching) and bake at 150° for 20-25 minutes until cheesecake filling is set. Transfer to a place in the fridge until completely cooled.
4. Serve apples at room temperature or chilled. If desired, top with caramel sauce, graham crumbs and pecans.





FILM/DVD MONTHLY BY BERNIE CLAXTON

HALLOWEEN MOVIE QUIZ



1. Which horror film has as its main characters, Morticia and Gomez?

- a) **The Witches of Eastwick**
- b) **Hocus Pocus**
- c) **The Rocky Horror Picture Show**
- d) **The Addams Family**

2. This tagline 'Whatever you do, don't fall asleep' features in which horror classic?

- a) **The Omen**
- b) **Nightmare on Elm Street**
- c) **Candyman**
- d) **The Chainsaw Massacre**

3. Dan Ackroyd and Harold Ramis originally wrote Bill Murray's role in *Ghostbusters* (1984) for which actor?

- a) **Steve Martin**
- b) **John Candy**
- c) **John Belushi**
- d) **Chevy Chase**



4. Thing was a character from *The Addams Family* TV series. What was the only part of this character ever seen?

- a) **A Hand**
- b) **An elbow**
- c) **A foot**
- d) **A leg**

5. In which horror film would you find the character Ichabod Crane played by Johnny Depp?

- a) **Halloween**
- b) **Friday The 13th**
- c) **Sleepy Hollow**
- d) **The Blair Witch Project**

6. In which famous supernatural film directed by M. Night Shyamalan did Bruce Willis star?

- a) **Doltergeist**
- b) **The Sixth Sense**
- c) **The Nightmare Before Christmas**
- d) **The Corpse Bride**

7. What is the name of the hunchback that Dr. Frankenstein meets in the Mel Brooks spoof-horror film, *Young Frankenstein*?

- a) **Frankenstein**
- b) **Igor**
- c) **Inspector Kemp**
- d) **Mr Hilltop**

8. Who plays the title role of *Bram Stoker's Dracula* in Francis Ford Coppola's 1992 film version of the horror classic?

- a) **Anthony Hopkins**
- b) **Gary Oldman**
- c) **Christopher Lee**
- d) **Patrick Stewart**

9. In Tim Burton's classic comedy-horror, *Beetlejuice*, which famous actor played the role of Adam Maitland?

- a) **Jeff Goldblum**
- b) **Bill Murray**
- c) **Michael Keaton**
- d) **Alec Baldwin**

10. Name this cult horror movie classic



11. In *The Exorcist* (1973), what does Linda Blair's mother think she's hearing in the attic?

- a) **Demons**
- b) **Rats**
- c) **Burglars**
- d) **Bats**



12. Which famous American actress is possessed by a demon in *Ghostbusters* (1984)?

- a) **Sharon Stone**
- b) **Sigourney Weaver**
- c) **Melanie Griffith**
- d) **Michelle Pfeiffer**



13. What is the colour of the secret room the family discover in their basement in the paranormal classic *The Amityville Horror* (1979)?

- a) **Blue**
- b) **Green**
- c) **Red**
- d) **Purple**



14. How long did the Lutz family last before they were driven out of the house in *The Amityville Horror* (1979)?

- a) **A year**
- b) **Six months**
- c) **28 days**
- d) **Three months**



Answers to movie quiz in November Newsletter



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**Dáil
Éireann**

Advice Clinic held in Maynooth every Monday at 3pm, in Glenroyal Hotel

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we hunger after - meaning and
intimacy and relationship... In a
very non-pressed,
non-judgemental environment."*

*- Bear Grylls
host of "Man vs Wild".*

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Maynooth Community Church
Eaglais Phreispitiréach in Éirinn

