



Maynooth Newsletter



Serving the people of Maynooth



Local News

September 2018

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FREE

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The views & opinions expressed in this Publication are those of the contributors.

The Start of Heritage Week at Maynooth Castle: Sharing stories and making connections (by Moira Devery, OPW guide at the Castle)

*Heritage Week got off to a flying start at Maynooth Castle on
Saturday, August 18, 2018.*

OPW guide Alan set the pace at 12 noon with a very informative and exciting recount of Silken Thomas' rebellion against the English crown in 1534. More than 25 people listened attentively as he recounted how cannon balls fired from Crew Hill damaged the castle roof but that the castle actually fell because of the bribe offered to the Castle Constable who got the garrison drunk on the FitzGerald family's Spanish wine stored in the undercroft.



At 2pm 12 musicians and singers from the local session group Push for Porter set themselves up at the sheltered base of the granite plinth to play. With their lively traditional reels, jigs, polkas and slides they drew the crowds in like the Pied Piper of Hamelin. Chairs were carried out of the Keep to seat the ever-increasing numbers of families and other visitors. With their fiddles, flutes, tin whistles, banjos,

mandolins, bodhráns, guitars and songs, the very talented musicians played for two hours non-stop while the sun shone down gently and the clouds overhead remained benignly white and fluffy. A warm breeze meant everyone could enjoy the good weather without the help of umbrellas and galoshes. Yiha!

Tunes like the Belltable Waltz, An Gaoth Aneas and songs like The Black Velvet Band, The Wild Rover, The Rose of Allendale and many more rang out in the grounds of the Castle and were enjoyed by many of the 666 visitors to the Castle that day between 10 and 6pm.



**Karolina Wozniak,
daughter of Ania Stempel-Wozniak**

Some were locals while others came from as far away as France, the USA and Australia. Two of the musicians, inspired by the music and relaxed atmosphere, ventured a waltz cum jive and entertained the spectators with their spontaneous choreography. Little Karolina, however, the daughter of one of the musicians, stole the show with her recitation of "Lámh, lámh eile" and her Irish dancing skills.

The tours offered by the OPW guiding staff during Heritage Week are different to those normally offered. Katherine's costumed tour on Medieval medicine and sickness is entitled "A spoonful of medieval medicine: lotions, potions and cures" while Mary's tour is about "Daily Life in the Castle" and focuses on aspects of social history, in particular the important role of the women in running the castle and smuggling the 11th Earl off to the Medici in Florence.



**OPW Guide in costume:
Katherine Colthurst**

Moira's tour is an Irish-language tour for those who would like to hear the basic history of the castle as Gaeilge in honour of Bliain na Gaeilge and our native language which was spoken in Ireland when the Normans arrived here. Joe's tour focuses on "The Demise of the Castle" with particular reference to Richard Boyle, the Earl of Cork, and his reconstruction of the castle in the 17th century. A daily schedule of tours is available at the Castle or on our Facebook page.



**Three locals enjoying Alan's tour on
Silken Thomas: Ciaran Macken, Judy
Conroy, John Boyd and a visitor from
Alabama, USA who preferred to remain
nameless.**



**Moira Devery (OPW Guide)
Catherine O' Neill with Caira &
Aaron at Maynooth Castle**

Finally, anyone who is unfortunate enough to miss Heritage Week can call in to see us on Culture Night, September 21st when the Castle remains open later than usual. Bígí linn, a chairde agus bain sult as Seachtain na hOidhreacht!
For more information on Culture Night visit: <http://www.kildare.ie/arts/index.asp>

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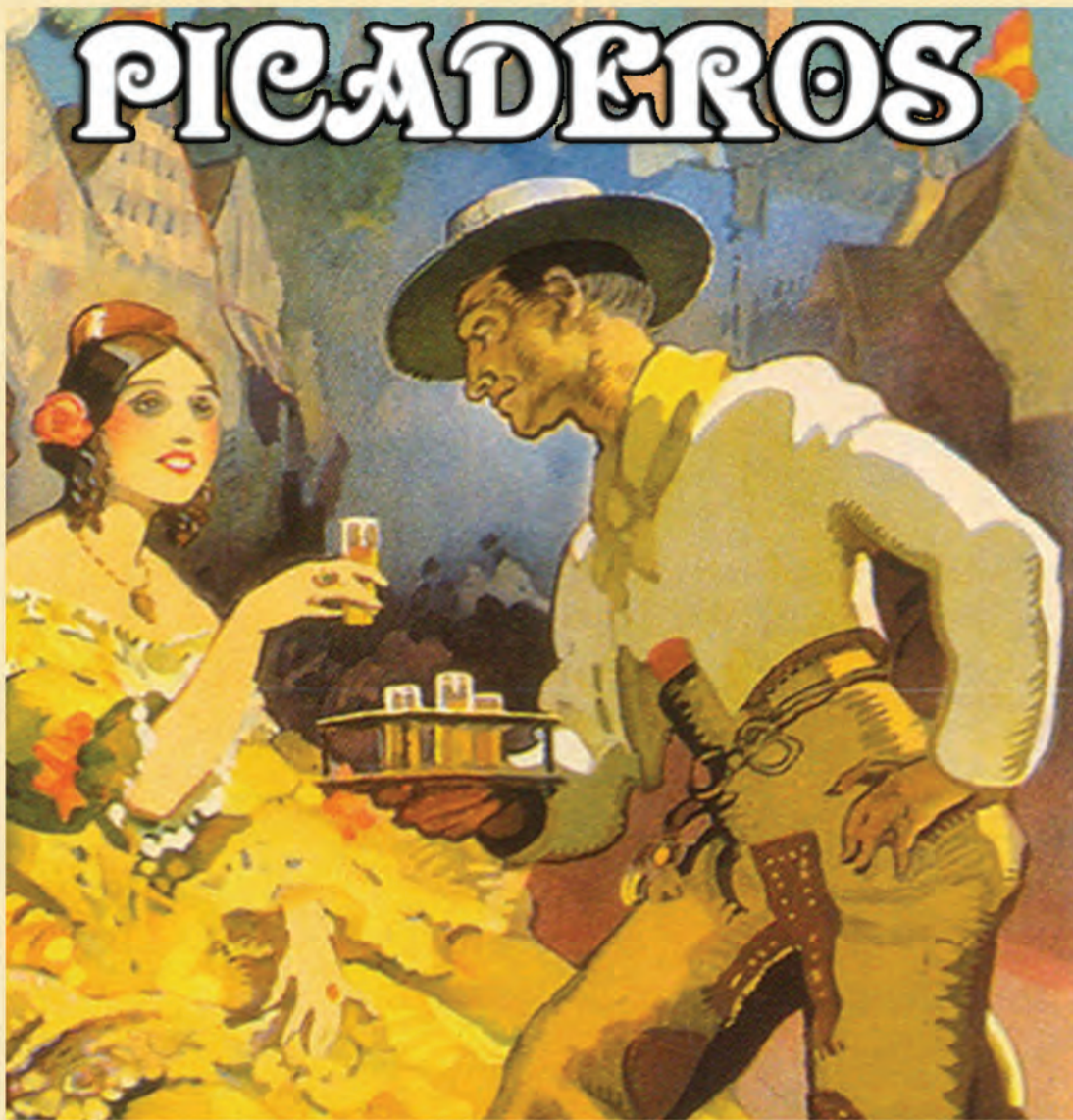
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EWTO



Morning Routine For School

Children don't understand time in the same way as grown-ups. This can make school mornings a stressful time of day for families.

But staying calm and getting along in the morning will help you all feel positive about the day ahead. For example, fighting with children in the morning makes it harder for you to work well. It even increases the risk of you having an accident at work.

The most useful way to reduce morning chaos is to set up a morning routine for school. Sticking to a morning routine for school helps your children predict what's coming, and remember what they need to do.

Here are some ideas to take some of the pressure out of school mornings – even if things don't always go smoothly!

Planning ahead for school mornings: the night before

The first step in your morning routine for school is to think about what you need to do and work out a plan for doing it. You'll probably find that you and your child can do many things the night before.

Here are some ideas:

- Try to find out the night before (or even earlier) if there is something special going on at school the next day.
- Organise lunches and set the breakfast table ready for the morning rush. Breakfast is one of the most important meals of the day, and helps your child to concentrate better at school.
- Get your child to have a bath or shower the night before. This means you won't have to worry about this in the morning.
- You might know something is going to come up that could cause conflict, like your child not wanting to eat breakfast, or wanting to wear sneakers rather than school shoes. Talk about it the night before when everybody has time and you're all less likely to be stressed.
- Think about having a weekly schedule or calendar with reminders of what your child needs to take to school each day – for example, library books, sports clothes, show and tell, and so on.
- Think about getting ready for your day the night before as well, to help ease time pressure in the morning.



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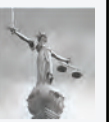
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Maynooth Labour News

Cllr. John McGinley can be contacted at: - 01-6285293 or 087 9890645 - E mail jmginley@eircom.net - Web: www.labour.ie/johnmcginley/



Cllr. McGinley Calls for a New Footpath to the Maynooth Playground

Cllr. John McGinley submitted the following Motion for the consideration of the Maynooth MD meeting on 7 September: *“That a footpath be constructed from the new footpath/cycle path at the bottom of the Harbour Field to where the footpath ends at the Adult Exercise equipment, so that parents don’t have to push buggies through the grass.”*

Cllr. McGinley Calls for Reduced Speed Limits in Parklands and Silken Vale

Cllr. John McGinley submitted the following Motion for the consideration of the Maynooth MD meeting on 7 September: *“That 30 kph “Slow Zone” signs be erected at the entrances to Parklands/Castlebridge and Silken Vale/The Arches estates, similar to those already erected in other Maynooth Housing Estates.”*

Cllr. McGinley Calls for the Bad Corner on the Dunboyne Road, Maynooth, to be Removed

Cllr. John McGinley submitted the following Motion for the consideration of the Maynooth MD meeting on 7 September: *“In light of the decision by An Bord Pleanála to grant planning permission for 462 dwellings and student accommodation at Mariaville/Moyglare Road and Dunboyne Road, Maynooth, and given the increased traffic that the development will generate on the Dunboyne Road, Maynooth, what plans do the Council have to remove the bad corner on the Dunboyne Road, Maynooth, near Pebble Hill House, as it constitutes a serious traffic hazard if the road is not straightened at this point.”*

Cllr. McGinley Calls for the Provision of More Creches in Maynooth

Cllr. John McGinley submitted the following Motion for the consideration of the Maynooth MD meeting on 7 September: *“What developments in Maynooth in the Past 10 years have failed to provide creches as per their planning permission and what enforcement action are the Council going to take on the matter?”*

Cllr. McGinley and His Colleagues Emmet Stagg and Angela Feeney have Made the Following Submission on Planning Application Ref: 18/762 (Revision of 16/1153), Kelston Properties Ltd. At Carton Court/Greenfield Drive/Maynooth Park, Maynooth

“We wish to make the following submission on this Planning Application:

- 1. The land adjacent to Maynooth Park and Greenfield Drive floods every year. It floods the back gardens of houses 54 and 55 Maynooth Park. Also, the land in the centre of the public Open Space, opposite House No.74 Carton Court, becomes a lake at heavy rain times. Construction of the new dwellings will add seriously to this flooding. It is therefore imperative that site attenuation of surface water be a condition of planning in order to counter destructive storm water charges.*
- 2. That a 2m high block wall capped and rendered be erected between Greenfield Drive and the public open space, to replace the existing barb wire fence. This wall should be similar to the new boundary wall that the Applicant proposes to replace the existing boundary wall with Carton Court on the western side of the public open space.*
- 3. That the provision for a pedestrian and cycle access from the site to Greenfield Drive at house 61 Greenfield Drive and at house 74 Carton Court be removed, as residents are of the firm belief that such connections lead to anti-social behaviour. Greenfield Drive has been a quiet cul de sac for the last 45 years and so has the cul-de-sac at Carton Court.*
- 4. That the 2.2ha Public Open Space be handed over to Kildare County Council when it has been landscaped.*
- 5. That it be made a condition of Planning that the Distributor Road from Straffan Road to Griffin Rath/ Celbridge Road be fully completed and handed over to Kildare County Council before any dwellings are occupied.*
- 6. That all spoil from the site be used to create a mound between the houses and the M4 in order to act as a noise barrier. Also, in addition to a 2.5m high noise barrier that*

a forest of evergreen trees be planted in the 91m Motorway Exclusion Zone to help reduce traffic noise and in order to prevent it from becoming an overgrown wilderness.”

Stagg Calls For Additional Gardaí for Kildare

Kildare North Labour General Election Candidate Emmet Stagg has renewed his call for additional Gardaí to be assigned to the Kildare Division in forthcoming allocations of probationer gardaí and also through the transfer of Gardaí from other Divisions to Kildare. Mr. Stagg stated that 14 probationer Gardaí have been assigned to the Kildare Division so far this year with additional probationer Gardaí to be assigned following the next graduation in September.

However, to reduce the historical under-manning of the Gardaí in Kildare, there must also be a concerted campaign to transfer Gardaí from other divisions into Kildare. In the first 6 months of 2018 the net gain for Kildare from Transfers In and Out of the Division was only 4 gardaí, made up of 5 additional gardaí transferred in and a reduction in the number of sergeants in the division by 1. The Chief Superintendent, Brian Sutton, is already on record stating that he has a list as long as his arm of experienced members looking to transfer to the Kildare Division.

The numbers, stated Mr. Stagg, being transferred from other Divisions, is paltry and must be ramped up. We are making progress on Garda Numbers but more needs to be done. Kildare North Labour General Election Candidate Emmet Stagg stated that he would contact the Garda Commissioner to impress on him the importance of not only assigning probationer gardaí to the Kildare Division but to also sanction the transfer of Gardaí from other Divisions to improve policing in Kildare.

Stagg Critical of Further Delay in State Funding for North Kildare Swimming Pool

Following the publication of the National Sports Policy by the Sports Minister on Wednesday July 25th, Kildare North Labour General Election Candidate Emmet Stagg has criticised the fact that a new Local Authority Swimming Pool Programme of grants was not announced as part of the National Sports Policy, and instead we have to await for a new National Strategy for Swimming to be drawn up.

Prior to the publication of the New Sports Policy, stated Mr. Stagg, it was the clear understanding that the issue of future funding of swimming pools would be specifically dealt with. Now we have to await this new National Strategy for Swimming. We also, stated Mr. Stagg, have to await a review of the provision of swimming pools, whether publicly or privately owned, across the country to identify where gaps in provision for schools and communities can be met, and where sufficient potential demand exists, both among children and adults, to justify the building of a new pool.

The only positive message from the policy, stated Mr. Stagg, is a recognition that the grants of €3.8 Million in the last Programme are not sufficient to cover potential new swimming pool projects, and that consideration will be given in the future to allow Local Authorities to apply for funding under the Large Scale Sport Infrastructure Fund. That though will have to await the National Strategy for Swimming and the Audit of current Swimming Pools. Mr. Stagg stated that an audit was not required to show clearly that a Swimming Pool was required in North Kildare.

In conclusion Kildare North Labour General Election Candidate Emmet Stagg stated that it was imperative that the National Strategy for Swimming was completed quickly as well as the audit of current swimming pools so we could get a dedicated team in Kildare Co. Council to seek funding for the Swimming Pool for North Kildare and he vowed to apply pressure on the Minister to ensure further delays were minimised.

Stagg Welcomes Sanctioning of Pre-Qualification of Contractors for New Maynooth Boy's NS

Kildare North Labour General Election Candidate Emmet Stagg has again been in contact with the Minister for Education in relation to progressing the construction of the New St. Mary's

Boys' National School on the Moyglare Road, Maynooth.

The Minister advised Mr. Stagg that the project was currently at Detailed Design Stage and with planning permission, fire certificates and disability access certificates now in place, the Department has recently authorised the New School to proceed to pre-qualification of contractors. The Minister further advised Mr. Stagg that the Pre-Qualification process normally takes between 8 and 12 weeks to complete and once completed the project can then proceed to Tender Stage.

Welcoming this further progress Mr. Stagg stated that the New Maynooth Boys' NS was granted planning permission by Kildare Co. Council on August 1st last and it comprises the replacement of the existing school and the construction of a new 3 storey National School with 24 classrooms including a Special Needs Unit and Multipurpose Hall. 3 Ballcourts and a Junior Play area will also be provided as part of the project.

The school currently has 530 pupils and when completed the new school will cater for just under 700 pupils.

Kildare North Labour General Election Candidate Emmet Stagg stated that he would continue to press the Minister until the go-ahead to invite tenders issued to the school.

Contract Awarded for Construction of New Maynooth Educate Together School - Stagg

Kildare North Labour General Election Candidate Emmet Stagg has welcomed confirmation from the Department of Education that the Contract for the construction of the New Maynooth Educate Together School has been awarded. Mr. Stagg stated that MEIC Limited were awarded the contract on Friday 17th August following the issuing of a Letter of Acceptance by the Department of Education.

Mr. Stagg stated that this was great news for the pupils, teachers and parents of the school who along with their Board of Management have campaigned for the new permanent building for the school over the years. Mr. Stagg stated that he wanted to congratulate all those involved in the successful campaign. The New school, stated Mr. Stagg, will comprise a 2 storey 16 classroom school and will replace the existing temporary accommodation.

In conclusion Kildare North Labour General Election Candidate Emmet Stagg stated that he looked forward to the construction of the new school commencing soon and its completion within the expected 10 month construction timeframe.

Tenders Sought for Detailed Ground Investigation for Maynooth Eastern Relief Road - Stagg

Labour General Election Candidate Emmet Stagg has welcomed the invitation of tenders for Detailed Ground Investigation Works for the Maynooth Eastern Ring Road.

Mr. Stagg stated that Kildare Co. Council are continuing to work with Consulting Engineers Roughan & O'Donovan in the design of the Maynooth Eastern Relief Road which will link the Leixlip Road at Blacklion and the Celbridge Road. The project will also include the construction of a bridge over the railway and Royal Canal and €14.5 Million is the amount available for the project under the Local Infrastructure Housing Activation Fund.

The Tenders sought for the Detailed Ground Investigation have to be returned to Kildare Co. Council by September 5th. The Ground Investigation is required before the final design of the road can be completed and involves an examination of the ground conditions which helps in the analysis of engineering and environmental considerations in relation to the project. It is an essential part of civil engineering and informs the engineers of the distribution of materials in the ground and their behaviour during construction and when the project is completed.

Kildare North Labour General Election Candidate Emmet Stagg stated that it was important that Kildare Co. Council officials continued to press ahead with the detailed work on the Maynooth Eastern Relief Road as it will assist in relieving the chronic traffic congestion in Maynooth Main Street.

KNOW YOUR RIGHTS

Citizens Information Centre, Dublin Road, Maynooth
Know Your Rights has been compiled by Citizens Information Service
which provides a free and confidential service to the public.
Information is also available online at www.citizensinformation.ie and from the
Citizens Information Phone Service - 0761 07 4000 or Lo-call 1890777121



Appealing your Leaving Cert results

Question

I am unhappy with the result in one of my Leaving Cert subjects and think that I should have got a higher grade. How can I get the grade checked?

Answer

If you are not satisfied with the mark you got in a Leaving Certificate subject, you can appeal this result to the State Examinations Commission (SEC).

Before you decide to appeal, you can view your examination script at the school where you sat the exam. When you get your exam results, your school will get a personalised application form for you. If you want to view your exam script, you must complete this form and return it to your school by **21 August 2018**.

The Organising Superintendent appointed by the SEC will assign you to one of the viewing sessions, on either 31 August or 1 September. You can only view your scripts from the written examinations – not the results of oral examinations or marks for practical examinations.

If you decide to appeal your result, you can use the online Appeals Application Service. This service will be available from 12 noon on 20 August 2018. You need your examination number and PIN to access this service.

When you apply online and pay the fee, you will get an Appeal Confirmation Form, which you must print and bring to the Organising Superintendent in your school **no later than 3 September 2018**.

If you cannot use the online service, you must contact the SEC for a personalised appeal application form, pay the appeal fee in a bank and get the bank to stamp the form to confirm payment. Bring the stamped form to the Organising Superintendent in your school **no later than 3 September 2018**.

Your script will then be sent to an appeal examiner for re-marking. The appeal fee is €40 per subject for the Established Leaving Certificate. The appeal fee for the Applied Leaving Certificate is €15.50 per subject. You will get this fee back if your result is upgraded.

Renting out a room in your home

Question

I have an extra room in my home and I would like to rent it out. Will I have to pay tax on this rental income?

Answer

If you rent out a room in your home, the rental income you earn is exempt from income tax, PRSI and the Universal Social Charge – provided it is less than €14,000 in a tax year (1 January to 31 December). This is called rent-a-room relief. Rental income includes the total rent and any money that the tenant pays directly to you for food, utilities, laundry or similar services. The income you get must be under the exemption limit of €14,000. If it is over this limit, you are taxed on the total amount.

Your home must be in the State and you must occupy it as your sole residence during the year of assessment. This means that it is your home for most of the year and is where people would normally expect to make contact with you.

Some self-contained units qualify for this relief but they must be attached to your home, for example, a basement flat in your home.

You do not have to own the property to get rent-a-room relief – you can be a tenant sub-letting to someone else. In this case, you should check with your landlord that sub-letting is allowed.

The rent-a-room relief applies only to residential tenancies, not to short-term guest arrangements, and tenants must use the room on a long-term basis. So, renting a room to a student for the academic year or for a one-month course is covered, but providing accommodation to occasional visitors for short periods, for example, through an online accommodation booking site, is not.

You cannot claim the relief if you are renting a room to your civil partner, son or

daughter, or if you are an employee and your company pays you to allow clients to use the room on an occasional basis.

One-Parent Family Payment and going back to education

Question

I am parenting alone and getting a One-Parent Family Payment. I would like to go back to college. What are my options?

Answer

Your options depend on your circumstances. You can go back to education and transfer onto the Back to Education Allowance (BTEA) or you can choose to keep your One-Parent Family payment. You will need to assess whether it is more beneficial for you to transfer to the BTEA when you go back to education or to remain on your One-Parent Family Payment and apply for a student grant.

If you go onto the BTEA, you will not be eligible for the maintenance component of the student grant. However, you can apply under the student grant scheme for a fee grant to cover the student contribution and course fees/field trip costs (where appropriate). You can also keep your Rent Supplement, medical card and other secondary benefits you may have.

If you qualify for the BTEA, you are also entitled to an annual Cost of Education Allowance of €500 as you have a dependent child.

If you stay on your One-Parent Family Payment and are studying full-time on an approved course, you can apply for both the maintenance and fee components of the student grant. If you study part-time, you may be able to keep your Rent Supplement. However if you go back to full-time education and stay on your One-Parent Family Payment, you will no longer be eligible for Rent Supplement.

If you are on the Rental Accommodation Scheme or living in local authority housing, you continue to pay your differential rent. However, this may be affected by the student grant, depending on your other sources of income.

Visit studentfinance.ie to find out more about financial supports while studying.

Jobseeker's Allowance for younger jobseekers

Question

I am 23 years of age and I live with my partner (aged 25) who is currently unemployed and getting Jobseeker's Allowance. I am now also looking for work. How much Jobseeker's Allowance am I entitled to?

Answer

In general, people aged under 26 get a reduced rate of Jobseeker's Allowance.

As you are cohabiting, you have two payment options. Your partner could claim for you as a dependent adult on their Jobseeker's Allowance claim. They would be paid their personal payment of €152.80 and €131.40 for you each week. This would give you a total household weekly payment of €284.20.

Alternatively, if you claim Jobseeker's Allowance in your own right, the maximum personal amount you are eligible for is €107.70 a week. Even though the rate paid is less, it might be more beneficial for you because, as a claimant in your own right, you may be eligible for a range of training and employment schemes to help you into employment.

If you take up a place on a course of education or training or on an employment support scheme, you get a higher rate of payment. For example, all Back to Education Allowance (BTEA) participants aged under 26 who were getting a reduced age-related Jobseeker's Allowance payment, get a maximum BTEA rate of €198 per week.

You can find the full list of current Jobseeker's Allowance rates online at citizensinformation.ie.



James Lawless T.D. Kildare North

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Maynooth Commuter line capacity must increase as new station added.

The need for additional carriages on the Maynooth commuter service has gained urgency as updated planning permission was granted for a new station at Pelletstown, between Ashtown and Boombridge train stations.

The news emerging from Dublin City Council that updated planning has been approved for a new station on the Maynooth commuter line will not be welcomed by any train users so long as the Government allow over crowded trains on a daily basis. It does not make sense that a new station be added to the line while the rail fleet serving this line is already at capacity.

This commuter line, which travels through the Taoiseach's own constituency, has been neglected by the Government. The last time I raised the capacity issues with the Minister for Transport I was told that enlargement of the rail fleet would happen in 2022. That is four more years of overcrowding with a growing work force commuting to Dublin and now an additional station to add to the numbers.

The Government must treat this as a special case. It is unique that a new train station is added to a busy rail line so a unique resolution to the capacity issues must be found.

HSE appoints almost six hundred managers in six years

Figures recently released to Fianna Fáil by the HSE show that the numbers of managers at Grade VIII and above in the HSE now stands at 1,329. This compares to 744 six years ago.

Anytime a Dáil Deputy stands up in Leinster House inquiring about waiting lists or service provision we are constantly told about the difficulties in recruiting front line staff and the shortage of personnel.

This clearly does not apply in the managerial grades where there has been an almost 80% increase since 2012. Certainly we have not seen an 80% increase in nurses or doctors during that time. If we had there would be nearly 5,000 extra doctors and 20,000 more nurses.

Many people will wonder exactly what these additional managers have brought to the health service. The HSE has previously claimed that improved management and governance leads to better patient outcomes. Certainly in terms of emergency department overcrowding and waiting lists, things are much worse now than they were in 2012.

Bus Connects Public Consultation on New Bus Services

Bus Connects will host a public consultation afternoon in advance of the proposed new redesign of Dublin Bus services to the greater Dublin area, including Maynooth. The public consultation will take place in Manor Mills Shopping Centre from 2pm to 8pm on Friday September 14th. All are welcome to attend to see the proposed new routes and frequencies of the upgraded bus services for Maynooth.

Commuters are encouraged to submit their own observations on the new routes. You can send your submissions by post to BusConnects Network Redesign, National Transport Authority, Harcourt Lane, Dublin 2, D02 WT20.

Business competitiveness under attack from unrelenting pressure on wages from rent inflation

Business competitiveness is under attack from rocketing rent costs and a lack of affordable housing. New figures show an unrelenting pressure on private rental costs across the country, but especially in cities and large urban areas.

As rents continue to rocket and private home building remains sub-demand, this crisis is only going to get worse. Employees are seeing their wages being swallowed by up fixed costs such as rent and insurance costs.

With rents continuing to rise, workers will require pay rises just to pay rent and live. This will depress the competitiveness of Irish businesses, and businesses located in Ireland. We have seen queues of students, young couples and overseas workers outside apartments and home to rent. The craziness has started again, and unless we nip it in the bud, we risk damaging our competitiveness even further.

This cannot continue. The housing crisis is risking our economy's very viability, and unless the Government accepts the basic economic principle that until supply matches demand, rents will continue to rocket.

There is simply a lack of capacity in all areas of the residential housing market. Until more units are built for rent or for sale, we will continue to see queues of people clambering to get a foot on the housing ladder.

The process of building housing in this country is simply too bureaucratic. We need to actively look at the planning process to speed up the delivery of housing. It's true that the Irish economy is growing.

However, unless the lack of availability of affordable housing is addressed, it will stop growing. It's time we got on top of it. Otherwise, we risk losing jobs and thereby limiting the ability of our State to invest in vital public services.

Maynooth Constituency Office

My Constituency Office in Maynooth (located on Doctor's Lane off the Main Street behind Brid Feely DNG Offices) is open all day Monday from 10am till 4pm. My colleagues Councillor Paul Ward and Councillor Naoise O'Cearuil and I are also available for appointments on Fridays from 10am to 1pm. Please call my office to organise a time. Please call in if there is anything we can assist you, your family or your organisation with.

Kildare Planning Applications for Maynooth Area

Planning Applications received from 27/7/18 to 20/8/18 Information from Kildare County Council Website

181010	Kildare County Council	Robert Stapleton,	10 Rockfield Grove, Maynooth, Co. Kildare.	20/08/2018
181011	Kildare County Council	Filatore Limited,	Junction of Fagan's Lane and Main Street, Maynooth, Co. Kildare.	20/08/2018
18990	Kildare County Council	Dara Residential Services Ltd.	36 & 36A Maynooth Road, Celbridge, Co. Kildare	15/08/2018
18963	Kildare County Council	Filatore Ltd.	junction of Fagan's Lane and Main Street, Maynooth, Co. Kildare	09/08/2018
18950	Kildare County Council	Leo MacCanna and Alice Austin,	17 Temple Wood, Carton Demesne, Maynooth, Co. Kildare.	07/08/2018
18953	Kildare County Council	Lorraine Daly,	5 Beaufield Close, Maynooth, Co. Kildare.	07/08/2018
18945	Kildare County Council	Niall Saul,	Mountainview, 5 Obelisk Lane, Barrogstown, Maynooth, Co. Kildare.	03/08/2018
18922	Kildare County Council	Maynooth University	Maynooth University, Maynooth, Co. Kildare	31/07/2018
18911	Kildare County Council	Andrew & Arlene Boland,	33 Leinster Wood South, Carton Demesne, Maynooth, Co. Kildare	27/07/2018



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Conservatory", Ryevale Nursing Home,
Leixlip from 7-9pm. Each month we have a
short talk about a topic relevant to living
with dementia. The speaker and the cafe
organisers are also on hand to answer any
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Attendance is free of charge and there is
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www.alzheimercafeleixlip.ie
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Free Workshop

Intro to Bike Maintenance (for adults)

**Saturday, 15th September
2-4.30**

in the Community Space.

Participants need to bring their bikes.

**Please reserve your place by emailing:
zerowastemaynooth@gmail.com**



THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it dear Heart of Jesus and place it within your own broken heart, where your Father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen

Say this prayer for three days, promise publication and prayer & favour, will be granted no matter how impossible.

Never known to fail K. Mc L

THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it dear Heart of Jesus and place it within your own broken heart, where your Father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen

Say this prayer for three days, promise publication and prayer & favour, will be granted no matter how impossible.

Never known to fail R.H.

THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it dear Heart of Jesus and place it within your own broken heart, where your Father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen

Say this prayer for three days, promise publication and prayer & favour, will be granted no matter how impossible.

Never known to fail



Frank O'Rourke T.D. Kildare North

Contact Details: Dail Office: 01 6183109 - Mobile: 087 2555257 - e-mail: frank.orourke@oireachtas.ie - [f](#) /Frank O'Rourke
Clinics: Monday in the Glenroyal Hotel - Constituency Office: Main Street Celbridge.



Outright ban on exploration of Oil and Gas would be counterproductive says O'Rourke

Fianna Fail TD, Frank O'Rourke, has stated that having an outright ban on exploring Oil and Gas in Ireland would be counterproductive. Deputy O'Rourke was speaking after a presentation was given by the Irish Offshore Operators' Association to the Oireachtas Climate Change Committee.

"An outright ban on exploring Oil and Gas would be counterproductive to Ireland's competitiveness, to Ireland's Energy security, to our ability to attract Foreign Direct Investment, would negatively affect our balance of payments and has the potential to increase the cost of living for our citizens."

"I fully subscribe to the principle of seeking sustainable and low carbon energy sources. Indeed, Ireland has made significant progress in relation to having a more sustainable energy mix. However, this does not mean that we stop all current methods of securing our energy source and developing our own indigenous energy supplies."

"Around 90% of Ireland Energy requirement is supplied by Fossil Fuels, with over 70% of our requirement being imported. The balance is provided by sustainable mode of energy supply which is increasing but in no way will meet the growing demand of the country's energy requirements (electricity, heating, transport) in the future."

"Currently Corrib Gas provides over half of our gas needs and has resulted in our energy import bill dropping from €4.6 billion to €3.4 billion in 2016. This indigenous gas source provides protection to Ireland against interruption to the supply of imported gas. A replacement for Corrib will be required in the coming years as production declines in order to retain our energy independence and security of supply."

"Banning exploration in Ireland would significantly increase the risk around energy security."

"Energy security is a key enabler to attracting FDI, where Kildare has been very successful. It also has the potential to ensure that we have a competitive cost base from the perspective of energy cost."

"Recently the cost of energy has increased and we need to ensure that our future energy mix is balanced to provide Ireland with a competitive and secure supply of energy. An outright ban on Gas and Oil exploration would negatively impact that objective." Concluded Deputy O'Rourke.

Public Consultation on new Bus Routes extended says O'Rourke

Local Fianna Fail TD, Frank O'Rourke, has confirmed that the public consultation period on the proposed new Dublin Bus routes has been extended to 28th of September. Deputy O'Rourke confirmed the extension following a meeting he had with the CEO of Dublin Bus Mr. Ray Coyne.

"Public Consultation on the proposals to change the Dublin Bus Routes commences on Monday 16th July next and has been extended to the 28th of September."

"The National Transport Authority (NTA) have published their proposals to redesign the Dublin Area Bus Network. Existing bus numbers, servicing the most popular routes into the city centre, are to be replaced with seven super-frequent spines routes (A to G). These spine routes are to be supplemented with orbital routes that stay out of the city centre, but link up with the spines."

"Route 66 Bus Service from Maynooth will be replaced by Route C3 Service, which will provide 12 services between 7am and 9 am up from 9 currently."

"Similarly Route 67 Bus Service, servicing Celbridge, will

be replaced by Route C4, with increased frequency linking into Leixlip and Lucan. The C4 service will provide an increase to 12 services between 7am and 9am. Their will also be 3 direct links from Celbridge to Dublin at peak times."

"There is going to be a better service and connectivity from Celbridge and Leixlip to Louisa Bridge and Hazelhatch Train stations. In addition, a new Orbital route, linking Moyglare Road in Maynooth to Celbridge town, Hazelhatch Train Station, to Newcastle then to Citywest and onto Tallaght."

"Commuters that have made contact with me have highlighted disappointment with the dropping of some direct service from Celbridge and Leixlip to the city centre. As I have said before, we need improved public transport with increased frequency and improved travel times and I asked the CEO of Dublin Bus to minimize the change to the direct services."

"Full details of the proposals is on www.busconnects.ie. The NTA will be arranging a series of local information sessions at various venues and I have requested again that North Kildare be a location for one of the sessions and I encourage all commuters to have their say." Concluded Deputy O'Rourke.

Waiting list for homecare packages adversely impacting on older people - O'Rourke

Fianna Fáil TD for Kildare North Frank O'Rourke has criticised the Government for failing to properly resource the Home Care Scheme.

Deputy O'Rourke made the comments after obtaining information which shows that 724 people in the CHO 7 Hospital Group, which includes Kildare, West Wicklow and parts of Dublin, are currently waiting for home care supports.

Deputy O'Rourke said, "It's unacceptable that so many older people are waiting for access to vital home care supports. These people have already been assessed by the HSE and it has been determined that they need additional home care supports. It's perfectly clear for all to see that the Government simply isn't providing the necessary resources to ensure people get access to the home care supports that they need."

"I have raised this issue directly with HSE management and have asked for details on how the waiting list for home care supports will be cleared. The replies that I have received to date leave a lot to be desired as the HSE have made it clear that they do not have the funding needed to meet demand. HSE management have said that the matter is in the hands of the Minister for Health Simon Harris for consideration."

"It makes little sense to delay giving home care supports to people that need them. It goes against the Government's stated aim of ensuring people can continue living in their home if they so choose to do so. It is also leading to unnecessary overcrowding in our hospitals. There are many older people in hospitals that are ready to be discharged but are unable to return home as the necessary home care supports have not been put in place."

"Minister Harris and his Government colleagues need to ensure that the Home Care Support Scheme is properly resourced. We all know that there are limited resources, but the current situation is only leading to increases costs in the long run due to overcrowding in hospitals and a scarcity of beds in nursing homes," concluded Deputy O'Rourke.

O'Rourke Raises Requirement for extra Gardaí with Minister

Local Fianna Fail TD, Frank O'Rourke, has discussed the

need for extra Gardaí in North Kildare with the Minister for Justice in the Dáil again before the summer recess.

"Recently, under topical issues in Dáil Éireann, I pressed the Minister for Justice for extra Gardaí for North Kildare and in particular Celbridge and Maynooth. I have also recently met with Assistant Commissioner Fanning, Chief Superintendent Brian Sutton and Superintendent Gerry Wall, to press for extra Garda resources."

"I appreciate that we have secured extra Gardaí in North Kildare this year which are in place in Celbridge, Maynooth and Leixlip with further additional Gardaí to be in place before the end of the year in Celbridge. However, Maynooth and other areas needs extra Gardaí as the population base grows and Maynooth being a university town. As with Public Transport, Education and Health facilities, we need to provide adequate numbers of Gardaí as the population grows in North Kildare."

"Kildare has one of the lowest proportion of Gardaí per capita and we need to address this issue. The Minister did agree to keep the matter under review, in particular the case I made for Celbridge, Maynooth, Leixlip and Kilcock all in the proximity of the University which leads to a large increase in population. He promised to keep me informed of developments and will look positively on putting more resources in place."

"Celbridge Garda numbers are now being increased and it is a step in the right direction. I will continue to press for additional resources for all the surrounding areas."

Concluded Deputy O'Rourke

New Bus Route linking Maynooth, Celbridge and Tallaght on the way says O'Rourke

Local Fianna Fail TD, Frank O'Rourke, has welcomed the inclusion of a Bus service linking Maynooth, Celbridge and Tallaght in the Bus Connect proposals, put forward by the National Transport Authority in the proposed redesign of the Dublin Area Bus Network.

"The National Transport Authority (NTA) has published its proposals to redesign the Dublin Area Bus Network. The proposals include an orbital Bus Service linking Maynooth, Celbridge and Tallaght."

"The new route will be known as W8 route. It is an orbital route between Maynooth and Tallaght, via Celbridge. It will commence in Moyglare, Maynooth and will run through Celbridge, connecting to the train at Hazelhatch. It continues on through Newcastle, Rathcoole, Saggart (connecting with Luas) and on to Tallaght town centre. It will operate at 30 minute intervals each weekday from 6am to 11pm."

"I have campaigned for this service over the last number of years and earlier this year, I received a commitment from the NTA that it would consider this service. I am delighted that it is now included in the Bus Connects proposals." Stated Deputy O'Rourke.

Public consultation on the proposed changes to Dublin Bus network has started earlier in July and all submissions must be in before the 28th of September."

"We are making progress on improving our public transport. We have an orbital route in place linking Naas to Blanchardstown, via Clane, Rathcoffey, Maynooth and Leixlip. Construction of the Park and Ride in Kilcock has started and the bus timetable for Kilcock is set for improvement."

"Many residents in Maynooth and Celbridge need to travel to Tallaght for work, attend hospital or go to college. I welcome the inclusion of this route on the proposed Dublin Bus Routes in Bus Connects. I believe it will attract

(Continued on page 11)



Frank O'Rourke T.D. Kildare North Cont/....

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Clinics: Monday in the Glenroyal Hotel - Constituency Office: Main Street Celbridge.



(Continued from page 10)

support and I urge the public to support the proposal during public consultation stage."

"I will continue to engage with the NTA and Public Transport providers to ensure that we make further progress on public transport services." Concluded Deputy O'Rourke.

Contract for National Broadband Plan has still not been signed - O'Rourke

Local Fianna Fáil TD, Frank O'Rourke, has called on the Minister for Communications, Climate Action & Environment to intervene and bring clarity to the roll out of the National Broadband Plan as delays persist in the roll out of broadband connections in rural areas in County Kildare.

"It is time for the Government to outline a timeline for the signing of the contract for the National Broadband Plan, as there is only one company – Enet - left in the running after Eir pulled out of the process earlier this year."

"The delay in the roll out and the signing of the contract is having a serious impact on the hundreds of thousands of homes and businesses who are still waiting to be connected to the network."

"My understanding is that more than 13,000 homes and businesses, or 15% of the total, across the County of Kildare fall under "State led intervention" category for roll

out of Broadband. Some of these homes and businesses are within a few kilometres of major IT Multinational companies and could face waits for another 3 to 5 years to secure high speed broadband."

"The Government's record on broadband provision is disgraceful. The National Broadband Plan was launched in 2012 and it was due to be completed by 2016. We now hear from the Minister that it could be 2023 before it is fully rolled out nationally."

"The current impasse cannot be allowed to continue. The Minister needs to announce a date for the contract to be signed so that the scheme can be rolled out to the areas which need it most". Concluded Deputy O'Rourke.

Irish Rip Off mortgages now at €2,200 a year - O'Rourke

Local Fianna Fail TD Frank O'Rourke, has stated that Mortgage interest rates charged in Ireland are entirely unjustifiable and the banks must be tackled to ensure that fairer mortgage rates are available to Irish home owners.

"Recent statistics, published by the Central Bank, show that the average interest rate on all new Irish mortgages in June stood at 3.23%, slightly higher than in May. The equivalent average for the euro area is only 1.8%. Ireland is the only country in the euro area with an average rate above 3%."

"This massive differential is impacting negatively on the

quality of life of hundreds of thousands of individuals and families around our country and depriving local economy of much needed stimulus."

"An Irish borrower, with a 30 year mortgage of €250,000, is paying €1085 per month. This is around €188 per month, equivalent to €2,200 per year and €68,000 over the lifetime of the mortgage, more than they would be paying in the average Euro area country."

"Over the last 10 years, people's wages have increased very little and we need to focus on reducing the cost of living to ease the pressure on wage inflation. Reducing people's mortgage repayments is one mechanism to reduce the cost of living."

"We have been campaigning for mortgage holders, and particularly those in mortgage arrears, for some time now. Since I got elected to the Dáil, I have worked with our Finance Spokesperson, Michael McGrath TD, to keep a focus on their concerns. All of the instruments available to the Government and the Central Bank must be used to ensure that Irish mortgage holders receive fair treatment when compared to other EU countries."

"The government must reconsider its opposition to legislation giving more power to the Central Bank to tackle high mortgage rates in light of the most recent statistics."

"A delegation from the Oireachtas Finance Committee will be meeting officials from the ECB next month and we have placed the issue of high mortgage interest rates on the agenda for discussion." concluded Deputy O'Rourke.

Maynooth Community Employment Project Community Employment Scheme

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WEDDING ANNIVERSARIES

Historically celebrating wedding anniversaries date back to medieval Germany when husbands crowned their wives with a silver wreath on their 25th anniversary and a gold wreath on their 50th.

The origins of current gift conventions date back to 1937, when the American National Retail Jeweller Association expanded the list of gifts. The revamped list gave a gift for every year up to the 20th anniversary and then for every 5th anniversary after that. Traditions vary in different countries but generally the main anniversaries are the same.

1 st Anniversary	Paper	15 th Anniversary	Crystal
2 nd Anniversary	Cotton	20 th Anniversary	China
3 rd Anniversary	Leather	25 th Anniversary	Silver
4 th Anniversary	Linen	30 th Anniversary	Pearl
5 th Anniversary	Wood	35 th Anniversary	Coral/Jade
6 th Anniversary	Iron	40 th Anniversary	Ruby
7 th Anniversary	Wool/Copper	45 th Anniversary	Sapphire
8 th Anniversary	Bronze	50 th Anniversary	Gold
9 th Anniversary	Pottery	55 th Anniversary	Emerald
10 th Anniversary	Aluminium	60 th Anniversary	Diamond





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Maynooth Newsletter

Copy date for the next edition of the Maynooth Newsletter will be Tuesday 18th September 2018

St Mary's Brass & Reed Band They Finally Made It



Thanks to the business people and shoppers of Maynooth, St. Mary's Band have this week succeeded in reaching their target of €10,000 to cover the cost of the flights and instruments which allows them to participate in the Bad Orb International Music Festival near Frankfurt in

Germany from 7th to 9th September. They are one of 34 bands from all over Europe taking part and they will be the only Irish Band at the Festival.

Raising the €10,000 has been an immense task but it goes without saying that the Band has been amazed and heartened by the level of support they have received and they will remember all those at home who have made this possible when they proudly sing the Irish National Anthem at the opening ceremony in Bad Orb on Friday 7th September.

As a special thank you to all those supporters the Band gave a special "Hello to Germany Recital" in the Square on Saturday 1st September at 7.30 where they presented the full music programme that they will be playing during the Festival.

Some of the pieces have been specially written for the Festival by the well known Band Composer Jacob de Haan who is the Patron of the Festival and who will also conduct some of his pieces during the weekend.

Once again the Band extends a very sincere thank you to all those supporters who helped to put Maynooth on the map during this Festival in Germany.

Bad Orb
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- Amidst the heart of Germany
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- Manifold offer of lodging
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e.g. "Experience Nature" open air bath, Spa park, salt graduation tower, Germany's longest barefoot trail, the thermal baths "Toskana Therme", etc.

We are pleased to welcome you at the 15th International Festival for Wind Orchestra and Brass Band from 7th to 9th September 2018 in Bad Orb.

Tourist-Information
Kurparkstraße 2
63619 Bad Orb
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Fax +49 6052 83-39
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October
21st

Michael English

with special guest
Brendan Shine

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October 26th

Mike Denver

Thursday
November
29th

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Zero Waste
Maynooth

Zero Waste Maynooth

For many people, September is like a second chance to start the year again! So if your green resolutions have gone stale, this is the time to give them a shake and get going!!

Back to School – the five Rs

Refuse – Try not to get sucked in to the idea that “New term= New everything”. See what you have – often a little clean will get it looking like new again. Check out second hand options – online and in charity shops.

Reduce – cut back on your single use plastic in lunch boxes. Try not to buy single portions of fruit/crackers/cheese– instead buy a bigger pack and take what you need for your lunchbox each day. This could also save you money.

Reuse – use a reusable water bottle for lunches. And invest in a reusable cup for coffee on the go!

Recycle – put old school notices in the recycle bin. If you still get a lot of paper notices from your school, maybe you could ask them to look into emailing the information instead. If you are buying new school supplies, look for items with recycled content to close the recycling cycle.

Rot – remember to use your brown bin or compost heap for any left over lunch scraps. Food in landfill produces methane which is more than 20 times as potent as CO2.

September Event

On Saturday, September 15th Zero Waste Maynooth and Tidy Town Maynooth are holding our next event in the Community Space from 2-4.30. There will be an **Introduction to Bike Maintenance Workshop**. This is being run by the Rediscovery Centre and is suitable for adults. Participants are asked to bring their bikes along. Booking is required for the workshop as space is limited so please email zerowastemaynooth@gmail.com to save your spot.

If you fancy doing some plastic free shopping then please come along as Bare Necessities and Green Outlook will be attending.

Bare Necessities sell loose dried goods such as rice, pasta, dried fruit, lentils, beans and the essentials for plastic free cleaning. Bring along your containers to refill!

Green Outlook sells all the unpackaged, cruelty-free, plastic-free, sustainable & natural basics you might need for your zero-waste/low-waste lifestyle – such as shampoo bars, bags and toothpaste. Check out greenoutlook.ie and start writing your shopping list!

The **Cloth Nappy Library** will also be present to answer any of your questions!!

Follow us on Facebook to keep up to date on all our upcoming events!



GREEN OUTLOOK
for the nature, for yourself





Maynooth Community First Responders CPR Demo – Supervalu 8th September

A group of people from Maynooth have volunteered to set up and provide a fully functioning Community First Responders Unit in Maynooth with the objective of providing a 24/7 service to the town and its surroundings.

In the past years we have seen many communities with a fully trained Community First Responders Unit, registered with and supported by the National Ambulance Service and providing 24/7 support to their communities. A Cardiac First Responder Unit has members who are trained to a level of basic life support in CPR and the use of an AED/defibrillator, who can assist in a life-threatening emergency such as a cardiac arrest, heart attack, stroke or choking. Maynooth does not have this service YET.

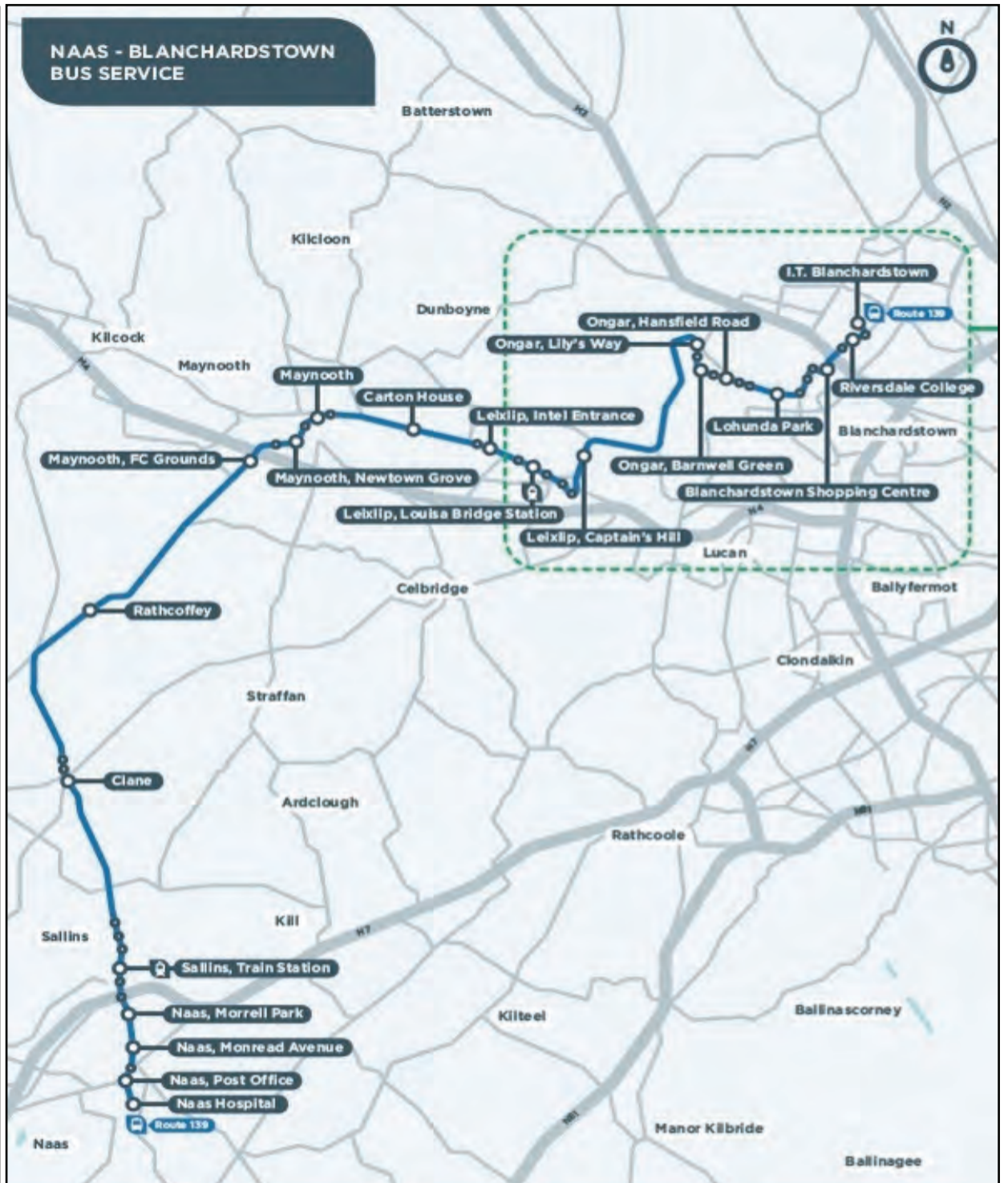
Having Community First Responders in your community means that within minutes crucial assistance can be provided to a member of the community until an ambulance arrives.

To provide this service to the community we have started with the registration of our Unit, we are in the process of carrying out administrative requirements, we have elected a chairperson and committee, we have also had several meetings. To progress this initiative further we need to buy equipment. The most urgent is to have defibrillators, replacement pads, gloves, a mobile phone, masks, first aid bags, and Hi Vis responder jackets.

As part of our initial fundraising efforts to purchase this essential equipment we will hold a **CPR demo in Supervalu on 8th September from 12 to 5pm**. At this event we will be demonstrating CPR using dummies, asking for donations and be available to talk to anyone interested in volunteering as a Community First Responder.

Come along to find out more about Maynooth CFR and learn about how early CPR saves lives.

For more information contact the Facebook page:
www.facebook.com/maynoothcfr



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MAYNOOTH CYCLING CAMPAIGN



Amendment No. 1 to Maynooth LAP

Maynooth Cycling Campaign supports Amendment No. 1 to Local Area Plan as it will allow for development of the ring road between the Celbridge and the Dublin Roads and facilitate the

development of housing which is badly needed by many families. However, we made a number of points in a submission, two of which may not be universally supported.

One was in relation to 'decoupling' of the modes which in plain English means increasing the safety of vulnerable road users on the Straffan Road by diverting motorised traffic onto the Ring Road. It would also have the effect of improving Main Street by reducing motorised traffic and creating a more pleasant environment there for pedestrians and cyclists. Such traffic management has been part of the road safety strategy in the Netherlands since the 1970s.

The second point was that Maynooth Cycling Campaign strongly supported the proposed permeable walking and cycling links between the Railpark area and the existing Rockfield and Parklands residential estates. Streets were historically developed which would allow direct routes for pedestrians. The proposed permeable links complement the existing links of estates in Maynooth such as Parklands/Rockfield and Kingsbry/Beaufield. Maynooth is fortunate as many estates elsewhere in Kildare are completely segregated from one another as a result of pro-car layouts ie cul-de-sacs.

Dublin CyclingWorks

Last year, there was protests by some small business owners about the reallocation of road space from car parking to the provision of cycling facilities in Naas town centre. Coincidentally, the Dublin CyclingWorks website (<https://dublin.cyclingworks.org/>) was recently set up so that business leaders could show their support for the provision of high quality cycling infrastructure by calling for greater government investment in the Greater Dublin Cycle Network which includes Kildare. To date more than fifty businesses have come out in support including Trinity College Dublin, Dublin Institute of Technology, Goodbody, Workday, Siemens, CRBE, CPE and Dublin Chamber. This was to reinforce the message that cycling is good for business and that most businesses, large and small, support increased cycling.

Velo-City 2019

Velo-City 2018 which took place in Rio de Janeiro is over. Next year the international bike conference is coming back to Ireland. Planning has already started and the organisers of Velo-City 2019, the European Cycling Federation and Dublin City Council, has issued a call for submissions on the theme of Cycling for the Ages by October 22nd. So if anyone has ideas about promoting cycling, more information is available at <https://www.velo-city2019.com/abstract>.

Climate Change

The Climate Change Advisory Council's (CCAC) Annual Report 2018 was published at the end of July. The CCAC's role is to advise the government rather than to specify detailed policy decisions but there was explicit mention of the contribution of increased cycling to reduce the effects of climate change. Chairperson John Fitzgerald speaking at the launch of the report said - "Emissions are rising...we need major policy changes...government has not laid out pathways to decarbonise."

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Maynooth Cycling Campaign is a non-party political cycling advocacy group. Further information on meetings and activities is available on our website. We are affiliated to Cyclist.ie, the Irish Cyclist Advocacy Network and through it to the European Cycling Federation.





Maynooth Tidy Towns

Caring for our environment

Maynooth Tidy Towns sympathises with Sean and Margaret Lyons on the death of Margaret's mother.

Sunflowers were planted late due to the road works and despite this they have come on very well. Thanks to Moira Baxter who gathered the seed last year and nurtured and nursed them until they were ready for planting.

A date for the diary 27th October to 17th December, Tesco Community Fund you can support Maynooth Tidy Towns during these dates by donating your blue discs.



On Thursday 16th August some members from Life (Maynooth Credit Union) volunteered to work with Maynooth Tidy Towns.

At the time of writing we are anxiously awaiting the Supervalu National Tidy Towns results for 2018. The results are due to be announced at the end of September.

We thank all members of the Maynooth Tidy Towns team and all other members of the

community who helped with our campaign to beautify and keep Maynooth tidy during 2018.

Once again we appeal for VOLUNTEERS to help with our work on Wednesday, Saturday or Sunday.

Richard Farrell
PRO Maynooth Tidy Towns
087 3153189

Follow us on Facebook/Twitter



Maynooth Sustainable Energy Community

Next Meeting Thurs Oct 4th in NUIM



seai SUSTAINABLE ENERGY AUTHORITY OF IRELAND

Sustainable Energy Communities

Inaugural Meeting
Glenroyal Hotel Maynooth
Thursday August 16th 8pm

The introductory meeting of the Maynooth Sustainable Energy Community took place in the Glenroyal on Thurs August 16th with a group of ten enthusiastic new members signed up

Support for community energy, support for better homes upgrades and energy upgrades, practical help to home and business owners to plan their energy upgrades and understand the SEAI grant system.

The next meeting will take place in Maynooth University in collaboration with the university campus energy team on Thursday October 4th at 8pm. We will update on Facebook and in next editions of the newsletter to provide the precise location for the next meeting. By building a strong team with the university, developing a Maynooth energy plan and by working with other energy communities around Kildare we will receive stronger support from the Sustainable Energy Authority of Ireland that will lead to bigger investments and projects for Maynooth and North Kildare.

Meanwhile the SEAI Sustainable Energy Communities National Event 2018 will take place on Saturday 8th September, 10:30am - 4:30pm in Athlone Institute of Technology. For those interested in a bigger role and the opportunity to learn more about the programmes contact the SEAI and visit their website for registration details.

For more information contact Peter Hamilton 087 231 6308 or email: peterham6@gmail.com

K-SELF: Kildare-Sustainable Energy Linkage Forum

Sharing and Learning Together

- Home Renovations
- Community Buildings
- Deep Retrofits
- Community Energy



Maynooth Senior Citizens Committee

September already! How time flies when you are enjoying yourself. For the first time though in many years we can't complain about the summer. This year the Sun was free and we didn't have to follow it across Europe. The water however is another subject entirely.

Since I put pen to paper in June we had a lovely coach trip in July to Birr Castle, enjoyed by ninety people. It was a wonderful afternoon and we completed the day with dinner at the County Arms Hotel in Birr. This is a lovely Hotel and worth a visit. The Coaches, as usual, came courtesy of Barton Transport.



Thank you Pat/Fergal for your continued support and to Mary for all your cooperation. A special word of appreciation to Peter Brady and Frank Broad for their excellent and careful driving and their help and attention to all our people.

Our morning club will reopen on Tuesday September 4th and we look forward to seeing all the familiar faces and hopefully a few new ones too. Our committee will also meet that evening at 8pm and we would hope to see a few new faces there as well.

Finally, may I express our sincere sympathy to the families of Edward Flood, Sean Hyland, Anne Caden, Michael Cleary and Derek Mee, who passed away recently.

Suaimhneas agus Siochain Doimh go Léir.

Josephine Moore, Chairperson.



TABLE QUIZ



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All About September

September is the ninth month of the year in the Gregorian Calendar and one of four Gregorian months with 30 days



September begins in western astrology with the sun in the sign of Virgo and ends in the sign of Libra. Astronomically speaking, the sun actually begins in the constellation of Leo and ends in the constellation of Virgo.

In Latin, *septem* means "seven" and *septimus* means "seventh"; September was in fact the seventh month of the Roman calendar until 153 BC.

- It is the start of the academic year in some countries.
- On the first Sunday of September, the regata storica parade is staged in Venice, as prelude to the rowing contests known as regattas.
- Labour Day is observed on the first Monday in September in the United States.
- In Japan, Respect for the Aged Day is a national holiday celebrated on the third Monday of September. Autumnal Equinox Day is also a national holiday.
- The equinox named the autumnal equinox in the northern hemisphere and the vernal or spring equinox in the southern hemisphere occurs on dates varying from 21 September to 24 September (in UTC). In the pagan wheel of the year the spring equinox is the time of Ostara and the autumn equinox is that of Mabon.

September 1st is celebrated as the beginning of Eritrea's 30 year armed struggle for independence from Ethiopia which began in 1961 and ended in 1991.

Other names for September

- In Croatian, September is called Rujan, meaning red month (leaves turn red before falling).
- In Czech, September is called září, meaning glow or shine.
- In Polish, September is called wrzesień, the month when calluna flowers emerge.


Some Trivia

September begins on the same day of the week as December every year.

September's flower is the aster or morning glory.

September's birthstone is the sapphire.

In 1752, the British Empire adopted the Gregorian calendar. In the British Empire that year, September 2 was immediately followed by September 14.



September in the Northern Hemisphere is the seasonal equivalent to March in the Southern Hemisphere and vice versa.

World War II started on September 1, 1939 with Adolf Hitler's invasion of Poland. It ended on September 2, 1945 with Japan's formal surrender.

Caligula (Roman Emperor 37-41) attempted to rename September Germanicus after his father.

The Country House and the Great War Exhibition

Location: The Russell Library and JPII Library, Maynooth University

Dates: 1 August - 28 September (Russell Library), 1 October - 11 November (JPII Library)

Opening times: Russell Library: 10am-1pm, 2pm-5pm Monday, Wednesday, Thursday
Russell Library closed Tuesdays and Fridays (August to September)

The exhibition will move to the JPII Library from October

Opening times: JPII Library: Monday - Thursday 8am -12 midnight: Friday 8am-6.30pm, Sat-Sun 10am-5pm

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William Upton Tyrrell

Event details: The Country House and the Great War Exhibition is a collaboration between the Centre for the Study of Historic Irish Houses and Estates (CSHIHE), Maynooth University Library, and the OPW-Maynooth University Archive and Research Centre (OMARC). This exhibition, to mark the centenary of the 1918 Armistice, presents a perspective of the Great War from inside the Irish Country House. In doing so, this exhibition will utilise material from more than ten aristocratic families and display previously unseen material from the archives of Ballindoolin House, Co. Kildare and Airfield, Dundrum.

All are welcome to view this exhibition which will be on display in the Russell Library from 1 August until 28 September, and on display in Maynooth University Library from the 1 October until 11 November.

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Copy date for the next
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How to choose and grow the best Clematis Varieties

Colourful climbers for your garden

If plants are like people, then clematis are comparable with the Hollywood movie stars of the Technicolor era, combining cinematic good looks with high-wattage charm. Used to cloak a wall, pergola, obelisk or arbour, to scramble through the branches of a companion plant, or as container specimens, clematis add great swathes of colour to gardens, while some varieties also offer scent and/or evergreen foliage.

In April, as the soil finally begins to warm up, is one of the best times to plant them. But with several thousand different varieties in cultivation, the problem for many gardeners has been the abundance of choice. Step forward the Royal Horticultural Society's Award of Garden Merit (AGM), the equivalent of an Oscar for luminaries of the plant kingdom, given only to plants of exceptional quality and sturdy constitution that are vigorous, easily cultivated, disease-resistant and readily obtainable.

The big difference between an Oscar and an RHS AGM, however, is that the latter is not for life. Once-prized cultivars are ruthlessly demoted if they no longer make the grade or are superseded by better varieties, which is what happened this spring when the society unveiled its newly revised list of more than 7,000 AGM plants, its first comprehensive review in 10 years.

Of those clematis which had held the coveted AGM in 2011, 15 were deleted, and six new varieties were added. A total of 79 clematis now hold the award, a testimony to the great variety of different garden-worthy plants. Some of these such as the evergreen early-flowering *Clematis cirrhosa* 'Freckles' C. 'Wisley Cream' and *Clematis armandii* 'Apple Blossom' have a new RHS hardiness rating of H4, making them suitable only for warmer gardens.

Tougher by far are the many varieties of *C. alpina* and *C. macropetala*. Hardy and floriferous, these will happily tolerate a shady north or east-facing spot as long as the soil is free-draining, while their small, bell-shaped flowers, which appear in April-May, have a discreet beauty a world away from that of the flashier, large-flowering types. Look out for the award-winning 'Frances Ravis', 'Constance' and 'White Columbine' amongst others.



Clematis montana is one of the clematis that Irish gardeners know best, with pink/white flowers that are often seen festooned through the branches of trees or draped along the roofs of garden sheds in late spring/ early summer. Of the various cultivars available, the RHS singles out five – C. 'Mayleen', C. 'Elizabeth', C. 'Freda', C. *montana* var. *grandiflora* and C. *montana* var. *rubens* 'Tetrarose'. With the

exception of the relatively well-behaved 'Freda' (cherry-pink flowers), the rest of these shade-tolerant clematis varieties will romp through any garden, so beware of planting in a confined space. Neither, with a hardiness rating of only H4, are they suitable for cold or exposed gardens.

By May, clematis belonging to what's known as the early large flowered group will take centre stage. Gone from the RHS list are 'Henryi', 'Josephine', 'Miss Bateman', 'Mrs Chalmondeley' and 'Royalty' but plenty of other old favourites still make the grade including the candy-striped 'Nelly Moser', 'Niobe' (red) and 'The President' (purple). Compact and colourful, this group make wonderful wall or container-grown specimens.

Summer marks the peak of the clematis season, beginning with a wealth of large, late flowering cultivars (LLs) such as the ever-popular C. 'Jackmanii' (purple),

'Comtesse de Bouchaud' (pale pink), 'Ernest Markham' (crimson-red) and the freshly-AGM-anointed C. 'Aotroa' (purple). These are joined by varieties of *Clematis texensis* (the pink-flowering 'Princess Diana' is the only AGM variety), C. *tangutica* and *orientalis* cultivars as well as the herbaceous *integrifolia* and *diversifolia* types. And then, in early autumn comes the spreading, sun-loving C. *rehderiana*, with its elegant clusters of small, creamy-yellow flowers that smell like cowslips.

But if I had to grow only one clematis, I would choose a variety from the hardy viticella group, probably the longest-flowering (July-September), most floriferous, vigorous, versatile and garden-worthy of all the categories. Many feature in the RHS's updated list (see rhs.org.uk), with classics such as C. 'Purpurea Plena Elegans' (double, magenta), C. 'Etoile Violette' (blue-purple), 'Mme Julia Correvon' (red) and 'C. Venosa Violacea' (purple-white) included alongside new additions such as C. 'Poldice' (violet-blue, white centre) and C. 'Walenburg' (red-purple). Viticellas belong to Group 3 of the clematis genus and along with so many of the other plants in this category, they look wonderful growing through or up a vigorous companion plant to extend or add to its season of interest.

How to plant clematis

Before planting, soak the plant's rootball in a bucket of water. Dig a hole 45-60cm deep and wide (45-60cm away from the base of a wall, 60cm away from the base of a host tree). Fork over the base of the hole, then cover with a layer of well-rotted organic matter (compost, manure) followed by a thin layer of soil (clematis don't like manure touching their roots or stems). Mix homemade garden compost/John Innes compost and a couple of handfuls of slow-release fertiliser with the remaining loose soil, then take the soaked rootball and gently loosen some of the coiled roots before placing the plant in the hole. Excluding herbaceous and evergreen types, the traditional advice is to plant deeply to avoid clematis wilt, ensuring the top of the rootball is roughly eight centimetres below the finished level of the soil. If it's a dry spot, consider placing an open-ended pipe (7.5cm diameter) in the hole, which will allow you to water the plant effectively until established. Backfill, water, and protect against slugs. Continue to water regularly until well established. If growing against a wall/support, plants will need to be tied to horizontal wires, or a trellis fixed on battens. All clematis should be hard-pruned at some point within the first year of planting.



For Group 1, prune immediately after flowering while for Group 2 and Group 3 types, prune in February/March the following spring. Mulch established plants with manure in early spring, making sure that it doesn't rest against the stems. To ensure good flower production, add a handful of sulphate of potash to the surrounding soil in April and water in.

Pruning

For ease of cultivation, clematis are divided into three main groups. Group 1 comprises the earliest flowering types. These plants should only be pruned to tidy them up/restrict their size, immediately after flowering has finished.

Group 2 comprises the early-large-flowered types that flower on last year's growth. Lightly prune in February and again after flowering to encourage a second flush. The final category, Group 3, encompasses the late large-flowered hybrids as well as the viticella, *texensis* and *orientalis* types that flower on new growth. Each stem should be hard pruned back to 45cm above ground and a pair of strong buds.

The only other time to prune clematis is if they are struck with the fungal disease known as clematis wilt, which mainly affects the early-large-flowered types. If this happens, cut growth to the ground and dispose carefully of the pruned material.



Thought of the day!

- You cant live a positive life with a negative mind
- If you cant convince them, confuse them
- People say nothing is impossible, but I do nothing everyday!
- Its okay if you disagree with me, I cant force you to be right
- If you feel like doing some work, sit down and wait, the thought does go away!
- Laugh when you can, its cheap medicine!



- My doctor asked me if I have ever had a stress test done, I said yes, its called life!
- Happiness is not having to set your alarm for the next day
- The first 5 days after the weekend are always the hardest
- The more you weigh, the harder you are to kidnap. Eat more cake!
- Don't give up on your dreams, keep sleeping!
- Silence is golden, unless you have kids, then silence is suspicious

Supplied by Sophie Broderick



Catherine Murphy T.D. Social Democrats, Kildare North.

Constituency Office ph: 01-6156625 Dáil Office ph: 01-6183099 - e-mail: catherine.murphy@oireachtas.ie

BusConnects

As a member of the Oireachtas Transport Committee, I recently had an opportunity to raise issues and concerns regarding the full implications of the recently announced BusConnects plan. People in North Kildare have been expressing concerns regarding what the changes would mean for commuters in the area and it appears that the changes may well make the use of public transport less attractive and therefore generate more car traffic on roads.

I relayed these concerns to the officials present and made the point that there is a lot of confusion surrounding the Bus Connects proposals and what they might mean for commuters.

While there are positives and negatives in the plan there are still lots of questions to be answered to fully understand the scope of the changes. However one positive change for residents in Maynooth is the proposed new bus route between Maynooth and Tallaght which will be a major asset to the town.

I don't think enough consideration has been given to the areas on the fringe of the bus network – including in relation to traffic management and the ability of some of the junctions to deal with feeder buses etc.

The upcoming information sessions will be crucial to ensure that people's concerns are heard and that the detail of the plan is fleshed out so that when people are making submissions to the public consultation they can do so with the benefit of the detail of all the proposals in the plan and how it might affect them.

The information session for North Kildare will be held on Thursday the

30th of August in Tesco on the Maynooth Road in Celbridge from 2pm to 8pm. You can access the full detail and maps of the proposed routes on www.busconnects.ie The public consultation process is open until 29th September and I would encourage people to engage with the process.

Rail Updates:

I recently asked the Minister for Transport Shane Ross if he has any plans to increase capacity on commuter trains for the regions surrounding Dublin. I also asked if he was satisfied that Irish Rail are using their full complement of rolling stock at peak times and if he has any plans to increase the amount of rolling stock available to Irish Rail.

Anyone who travels on the commuter lines from Kildare to Dublin and return during peak times will be well aware of the significant crowding and the very obvious need for increased capacity.

I believe the Minister for Transport should take a proactive approach to ensuring that public transport works for the public.

However, having submitted queries to Irish Rail directly on the matter, it has been revealed to me that it is proposed to introduce an hourly off peak service between Hazelhatch & Grand Canal Dock in December 2018 and it is proposed to introduce weekend services on the route at the end of 2019/start of 2020.

On the Maynooth line, it is proposed to increase weekday off peak and weekend services to a half-hourly frequency between Maynooth & Connolly from December 2018 onwards.

EDITORIAL

Unlike 1979 the visit of Pope Francis last month to Ireland did not include a stop in Maynooth. However, Maynooth did play a part as a transport hub for people going to the mass in the Phoenix Park in Dublin to avail of car parking in St. Patrick's Seminary/Maynooth University and to take trains and buses to Dublin. To assist traffic management in



An old solution to a modern problem. Above left a Bailey Bridge used during World War II. Above right a temporary entrance to car-parking from the Kilcock Road to the College for the Popes visit.

Maynooth for the day a temporary entrance was built from the Kilcock Road into the grounds of the College.

September brings a new Academic Year and this is very evident in Maynooth as we welcome the new first year students to Maynooth University. Going to University is a major milestone in a person's life and by choosing Maynooth you are coming to a town that welcomes you as part of the local community. We all remember our years in university as being special and as well as having a focus on getting an education

there was also lots of new people to meet and of course fun and enjoyment.

As members of the community, students bring additional spending to the town and help to support jobs in many businesses. They also take rooms in houses which helps family finances. The growth of on campus accommodation in recent years has helped to increase the supply and made it easier for students to get somewhere to live. Daytime the operation of the University brings significant extra traffic to the town centre but this is a relatively small price to pay for the presence of the university in the town.

Of course the student body need to be conscious that Maynooth is also home to a permanent population of families who live busy lives and need to have their privacy and domestic circumstances respected. This is well understood by the vast majority of students and in fairness to the student leadership they make significant efforts to spread this message to new students. Maynooth is a welcoming town and it is disappointing when a small number of students give all students a bad reputation as far as some members of the community are concerned. It is hard to defend some of the behaviour and there is often significant damage which is the evidence to annoy the community impacted. So hopefully this academic year will be a positive one for students and the community together.

September also brings the results of the National Tidy Towns Competition. Maynooth has won a Gold Medal in both 2016 and 2017 so there will be an expectation of a good result with additional points

this year. Regardless of the competition I know that the members and volunteers of Maynooth Tidy Towns make such significant efforts because they want Maynooth to put forward the best impression to residents and visitors rather than win in the competition. No matter what the score I know that many of you would agree that they succeeded again this year.

Maynooth Community Employment Project play their part by keeping Maynooth Harbour area clean and tidy. Also credit must be given to the local Area Engineer from Kildare County Council, Maynooth Tidy Towns and Maynooth Community Employment Project for the new bins in Maynooth Harbour. The idea came from Tidy Towns, Kildare County Council provided the old bins to be re-used and Maynooth Community Employment Project staff erected the bins as there was an issue with domestic rubbish being dumped in the old, more open, bins. Great collaboration between the three resulted in improved litter management in the Maynooth Harbour area. The amount of waste being removed from the bins in the Harbour was reduced by about 30%. Well done to everyone involved.



Paul Croghan
Editor



Writers’ Corner - Short Stories/Articles from our Readers

My Father, My Hero.

To my late father, who never got to see his children grow up.

You’re the sun shining down on me,
warming my soul.
Encasing me in your protection
from the darkness and the cold.

You’re the rain against my window,
creating my own lullaby.
Singing me to sleep
the way you did when you were alive.

You’re the melody in the wind,
engraving your words into my heart,
reminding me of your love.
Even with the distance we’re apart.

You gave me the feeling of home
and a taste of life.
You taught me to pull myself through
when there is a lack of light.

My father, my hero,
my angel watching over me.
My guide to finding
the person you showed me I could be.

You taught me to move on
but remember you, when you left,
and showed me that life goes on
even after death.

You will forever be missed
by the people whose lives you’ve touched.
But the time we were given with you
will never be enough.

Emilie M. Andrus

What If.

I’m scared of this,
of how deep it’s embedded
in my heart.
And I’m dreading
waking up on day
to find us done
because I couldn’t give you
everything under the sun.
Because what if you need a hug
and I cannot be there with open arms?
Or you’re looking for some guidance
and I have to leave you waiting in the dark?
What if we become tired of the distance
or the struggle the relationship is to uphold?
Because you never get to see me,
never get to hold me close.
What if we lose our patience
because of what this puts us through?

I was so scared that this would happen.
That I would never be able to give you
what you wanted and deserved.
We ended up shattered
by these glass hearts of our
we bruised and battered
in the line of destruction
that we created
because I was afraid.
And I really hate
myself for thinking of these things again,
for letting you into my thoughts
long after our end.
But what if I miss you?

Emilie M. Andrus

Strong.

For everyone who believes that life isn’t worth it.

I could tell you to keep going
because we all have something to live for.
I could tell you that you are worth it.
‘Don’t walk out that door’.

But because I know you won’t listen,
my words are all just empty.
Instead I’ll use actions to prove
that you will always mean something.

I’ll be there for you when you feel down
and support you through all that’s hard,
be with you in all the happy moments
and witness that healing of old scars.

Be by your side when you need me
like you have been for me too,
support you in the journey of life
and everything it puts you through.

Because I know that things get better
whether you want to believe me or not,
but staying strong is key
because nothing is won without being fought.

Emilie M. Andrus

Smaointe

Cad is brí leis an Eocairist sa traidisiún Caitliceach, nó leis an Aifreann, más maith leat? Téann daoine go dtí an eaglais, éisteann siad le sleachta as an mBíobla. Glacann siad páirt i bpaidreacha an Aifrinn, an Gloria, an Chré, paidreacha molta, achainí agus croíbhúrú. Glacann siad le Corp Chríost i bhfoirm aráin coisricthe. Deir siad paidreacha príobháideacha ina dhiaidh agus as go brách leo abhaile ansin agus a ngnáthshaol curtha in ord agus in eagar ar feadh tamaill ar a laghad. Más mar sin atá?

Is ionann Dia agus an grá. Is ionann an grá agus an roinnt. Ergo? Dá bhrí sin?

An bhfuil aon bhaint ag an Aifreann leis an saol taobh amuigh den eaglais? Agus má tá, cad í? Dar liomsa gurb í an bhaint atá eatarthu ná go ndéantar i bhfoirm shiombalach san Aifreann an rud is cóir a dhéanamh amuigh ar an tsráid. Roinntear an t-arán, mar a rinne Críost. Thug sé cúram do gach éinne. Taispeánann Críost cé chomh tábhachtach is atá muidne, peacaigh, daoine leithleacha, daoine laga, diashéantóirí, nuair a thugann sé gach atá aige dúinn - saothar a shaoil go dtí an bás, má ba ghá, agus ba ghá mar ní ghlacfaidh na hArdasagairt ná na Fairisínigh gurbh é sin toil an Athar, Dia. An Dia a cheapadar a raibh aithne acu air, a mba leo é. "Is é seo mo chorp a thógfar ar bhúr son". Roinn Críost gach a bhí aige linne agus ní foláir dúinne gach atá againn (arán/maoin) a roinnt leo siúd atá ar an ngannchuid, ár mbráithre agus ár siúracha. Agus sin á dhéanamh againn, is é Íosa Críost atá á roinnt againn.

An rud a thugtar don té a bhfuil gá aige nó aici leis, is Críost é dó nó di agus don deontóir freisin.

Gabriel Martin

The following ballad can be sung to the well known John Mc Cormack air ‘The Green Bushes’

Kindly Kildare

It’s not a wild spot with mountains to praise,
It’s not a great vista of inlets and bays,
It’s a land that is rich, with broad plains that bear
The greenest of mantles; it’s my kindly Kildare.

Chorus:
Kildare, oh Kildare, oh my bride of the plain,
It quickens my senses to see you again.
No more will proud cities with gems in their hair
Entice me away from my kindly Kildare.

The Liffey flows through her flat, fertile fields
And silvery salmon its clear water yields,
The cows to its shallows in summer repair
And the sheep crop its banks in my kindly Kildare.

How proud is my heart when passing the way
Where Wolf Tone lies sleeping in Bodinstown clay,
And then there’s Lord Edward, brave, glad, debonair,
Who died in a prison, not his kindly Kildare.

Let’s visit that town, ‘The Church of the Oak’,
Where Brigid once covered a plain with her cloak:
Here horses are raced, while the bookies despair
As punters win fortunes in kindly Kildare.

Oh, fair are the girls in Johnstown and Kill
But one I know fairer near Dunmurry Hill,
And sweeter their voices than melodies rare,
But one voice is sweetest in my kindly Kildare.

From Naas of the Kings to sunny Athy,
From Ballymore Eustace to Maynooth by the Rye,
From Monasterevin to Celbridge so fair
Prosperity and peace bless my kindly Kildare.

P. G. Nerney

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September Events at Maynooth Community Library

All of our events are free of charge and open to everyone

For further information contact:

www.kildare.ie/library

maynoothlib@kildarecoco.ie - Ph: 01 6285530

[facebook.com/KildareCountyLibraryService](https://www.facebook.com/KildareCountyLibraryService)

twitter.com/kildarelibrary



Digital Branding & Marketing Workshop

Presented by Jennie McGinn, Sister The Agency

Thursday 20th September 7- 8.30 pm

Jennie Mc Ginn is a serial entrepreneur. Alongside her sisters, she most recently co-founded *Opsh*; a ground-breaking and award-winning fashion-technology platform. Prior to that, she co-founded shoppable magazine *Prowlster* and one of Ireland's first fashion blogs *What Will I Wear Today*. Jennie has been listed as one of the Irish Independent and Sunday Business Post's Top 30 Under 30 Entrepreneurs, The Hundert's Top 100 European Female Leaders and was shortlisted as Image Magazine's Digital Business Women of the Year.

Jennie is currently acting Head of Digital for luxury jewellery brand Chupi and a freelance e-commerce and digital branding consultant under her new agency: Sister The Agency. Clients include River Island, Kildare Village, Heidi Higgins, Avon Ri, Dunnes Stores and the National Institute for Intellectual Disabilities.

Contact library to book

Local Enterprise Office – Business Advice Clinic

Wednesday 19th September, all day

For anyone seeking business advice. To book an appointment, applications are available through the LEO office. *Please contact 045 980838.*

Getting Started with Smart Tech at Maynooth Library

6 week course begins Thursday 6th September 13.30- 15.30

Beginners course aimed at those new to Smartphones, Tablets, iPhones and iPads. Starting with the basics, we go through the key features and apps on your mobile device focusing on the things that we know are important to those who are new to this technology. We move at a very relaxed pace, so that you have time to ask questions and be sure that you have understood the things that we are covering.

What we will cover:

1. A Guided Tour – Getting to know your device.
2. Taking and managing photos and videos.
3. Exploring the Internet
4. Installing & uninstalling Apps

Please make sure you select courses and enrol at the level appropriate to your skills and needs.

Contact library to book.

Library Events

All events at Maynooth Community Library are free of charge but booking may be required.

Summer Stars Reading Programme 2018 Certificate Ceremony

Scouts Hall, Leinster Street Saturday 8th September

Surnames A-L 2 pm- 3 pm

Surnames M-Z 3.30- 4.30 pm

It only takes one book to get to the summer stars ceremony. Register the books you have read before the end of August.

Join the staff of Maynooth library for a celebration of this year's wonderful summer stars readers. There will a performance to entertain and certificates to collect.

Contact library for more details.

Children's Events at Maynooth Library

Kids Secret Cinema

Saturday 22nd September 2.30 pm

Kids Secret Cinema is back! While Maynooth Library did play host to family films over the summer, while school is in session you can take a break from routine and come to a cinema screening just for kids on one Saturday afternoon a month. Featuring the most recent home cinema releases, we put the power in your hands to choose which film you will watch on the day! September's choices are all rated PG so it is advised that children are 8 or older, with younger children accompanied by an adult.

All welcome

Parent and Toddler Yoga with Nicola Foxe

Thursday 6th and 20th September 9.30 am- 10.30 am

Join Nicola from Yo-Yo Yoga for a fun-filled and beneficial yoga session for toddlers and their parents or care givers. Sessions are lively with an emphasis on spending time together doing yoga through song, stories, games and cuddles. Suitable for little yogi's from 1 year (crawling) to 4 years of age. Sessions are child led and very relaxed.

Booking required

Tom Gates Fans! Make Your Own Dog Zombie!

Wednesday 12th September at 3.30 pm

Are you a fan of the James Patterson books about the Amazing Tom Gates and his mad adventures? You may have heard of his cool rock band 'Dog Zombies' and wondered what exactly a dog zombie would look like. Being back at school sometimes sucks (but not always) much like for Tom, so take a break and create. In a one hour art and craft workshop with Niamh, you will design a dog zombie of your own and a poster for the rock band. For ages 8+

Limited Spaces Available, booking required.

Hermione Granger's Birthday: Bookish Crafts

Wednesday 19th September at 3:30 pm

Are you a fan of Hermione from the 'Harry Potter' series? Many boys and girls relate to the brightest witch of her age because she likes reading, is a loyal friend or otherwise. Come along to Maynooth library for some bookish crafts, including making your own cool bookmarks.

Limited Spaces Available, booking required.

Family Friendly Board Game mornings

Saturday 8th and 22nd September, 10 – midday

Maynooth library has begun family friendly board game mornings. Have a digital detox and enjoy some old fashioned fun in our newly refurbished multipurpose zone. Chess, Draughts, Cluedo and Boggle will be made available for your gaming pleasure. Feel free to bring your own treasured games along too!

Children under 8 must be accompanied by an adult.

Roald Dahl Day

Make BFG Ears Storytime and craft

Thursday 13th September 2.00- 3.00 pm

Make your very own Big Friendly Giant ears and listen to an extract from the phiz-whizzing story of The BFG !

8-10 yrs.

Booking Required

Make Mr. Twits Beard Art & Craft

Thursday 13th September 3.30- 4.30 pm

Make you're very own messy Mr Twit's beard as described in the well loved story 'The Twits' by Roald Dahl.

9- 11 yrs

Booking required

Roald Dahl Film Screening

Thursday 13th September 5.00- 7.00 pm

All Welcome

Story time

No Strings Attached Puppet Theatre

Friday 7th September 10 am- 10.30 am

To celebrate our first story time of the school year we will have a puppet show for our toddlers and anyone else that wants to join in.

Contact library to book.

Julia Donaldson Storytime

Friday 14th September 10 am- 11 am

Come and enjoy re tellings of stories written by the well-loved author Julia Donaldson, including the story of the Gruffalo. "Don't you know there's no such thing as Gruffalo!" Join in some rhymes and songs as well!

Silly (and a little bit rude) Storytime,

21st September at 10 am

Who doesn't love a good silly story? Whether it's about dinosaurs that poop, wockets in pockets or any of the funny characters in Busytown, there's sure to be a story to suit you and your toddler. With the usual time for browsing, colouring and using the library as a little person, this is an hour just for parents and toddlers.

All children must be accompanied by an adult.

Culture Day at Maynooth Library

Adult Beginner's Painting Workshop with Mary Lambert

Friday 21st September 11.00 am- 13.00

Artist Mary Lambert will give a painting for beginners workshop for adults. Mary Lambert (Hill) grew up in north-west Clare, quite near the Burren and is now based in Dublin. She works in oils and acrylics. Having studied under the tutelage of the great painter Jim Donnelly, she exhibits in Peoples Art on St. Stephens Green and on Merrion Sq. Dublin, on Sundays.

Booking required

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Maynooth Monthly Diary Planner

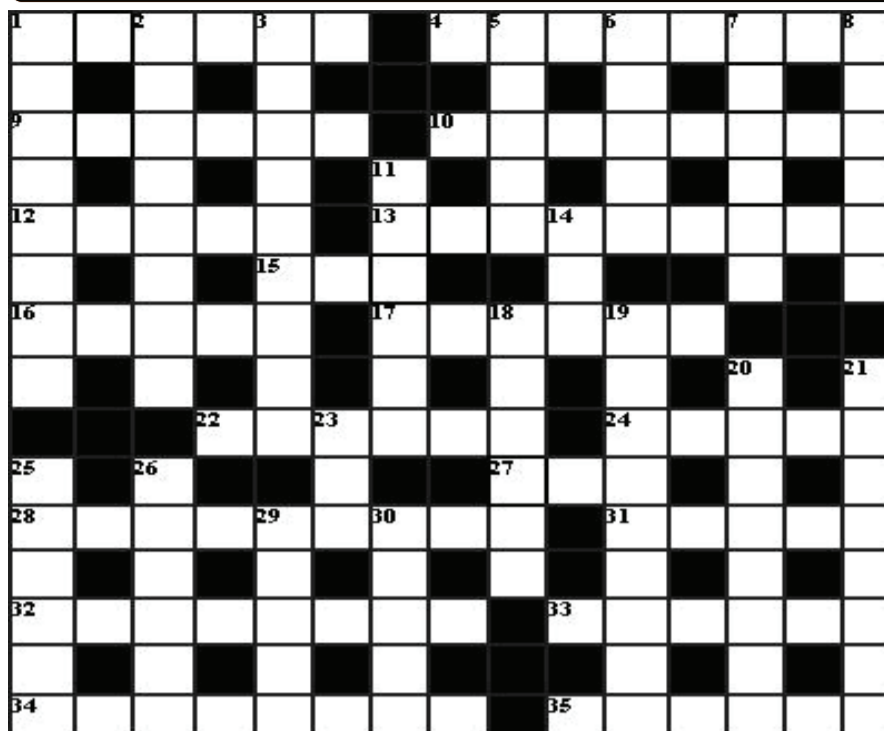
Community Library	Maynooth Multiple Births	Bridge Club
<p>Opening Times Mondays & Fridays 2pm to 5pm Tuesdays & Thursdays 1pm to 8pm Wednesday 9.30am to 1pm & 2pm to 5pm Sat 9.30am to 1pm</p>	<p>Maynooth Multiple Births playgroup (twins triplets or more) meets the last Thursday of the month in Leixlip library between 10 & 12 noon. This is a great opportunity to meet parents just like you. For further details email: maynoothmultiplebirthclub@gmail.com</p>	<p>Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com. Contact Katherine Cooney 086 8205910</p>
I.C.A.	MAYNOOTH LOCAL HISTORY GROUP	Arthritis Ireland
<p>Monthly meetings take place every 1st Thursday of the month at 8.00pm in the I.C.A. Hall in the Harbour. Crafts every Monday night at 8.00pm. New members welcome</p>	<p>Maynooth Local History Group Meets Last Thursday of each Month in The Glenroyal Hotel New Members Welcome Contact: MCEP Office for more details (Unit 5 Tesco's Carton Retail Park)</p>	<p>Arthritis Ireland Walking Group (Maynooth) Meeting Mondays 12 - 2pm in the Maynooth Community Space Re-opening Monday 3 September 2018</p>
University of Third Age (U3A)	Maynooth Parent & Toddler Group	Maynooth Men's Sheds
<p>Weekly meetings on Friday at 11am in Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth Re-opening 7th September 2018 Contact Ger : 0874133505</p>	<p>Every Thursday from 9.30am to 11.30am Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth Returning on Thursday 6th Sept 18</p>	<p>Weekly meetings take place every Wednesday at 11am at the Maynooth Lodge Fisheries Dunboyne Road Maynooth. For further details contact John Fleming - 087 2041334</p>
Maynooth Tidy Towns	ALZHEIMER CAFÉ LEIXLIP	Maynooth Community Church
<p>Volunteers required to help with this work. Contact Number 087 3153189 Meet every Saturday at 10.00am in the Square</p>	<p>Alzheimer Cafe Leixlip Join us at the next Alzheimer Cafe, Wednesday September 12th in "The Conservatory", Ryevale Nursing Home, Leixlip from 7-9pm. Each month we have a short talk about a topic relevant to living with Dementia. The speaker and the cafe organisers are also on hand to answer any questions you may have. Attendance is free of charge and there is plenty of parking available www.alzheimercafeleixlip.ie phone 089 4933533.</p>	<p>1st Floor Manor Mills (entrance next to Chill) Service times every Sunday morning from 10.30am www.maynoothcc.org Everyone most welcome</p>
Maynooth Senior Citizens	DIARY ENTRIES	ST MARY'S BRASS & REED BAND
<p>Our morning club continues on Tuesday and Thursday and new members are always welcome. Perhaps you are new to the parish or new to the age bracket, why not come along you might enjoy it. You will find us in the Geraldine Hall on Leinster St. Contact Josephine on 087 9002296 Re-opening on Tuesday 4th September</p>	<p>E-mail details of your event before the copy date (2nd last Tuesday of each month) to be included in the next months edition. E-mail: office@maynoothcep.com Phone: 01-6285922</p>	<p>Rehearsals are held in the Band Hall on Pound Lane each Monday night (except Bank Holidays) from 7.45pm to 9.30pm and musicians living in Maynooth and the surrounding areas are most welcome. E-mail: sec@stmarysbandmaynooth.ie Website: www.stmarysbandmaynooth.ie</p>

*Diary entries are published free of charge for all non-fee paying Community Groups.
The content of the Monthly Planner Diary is published in good faith. All details should be checked with groups in advance*

Clues Across

- 1 Ungainly or awkward (6)
- 4 Fouled made unclean (8)
- 9 Chronicle or log (6)
- 10 Speaks or writes about briefly or in passing (8)
- 12 An extended stay in bed (3-2)
- 13 Existence beyond the grave (9)
- 15 Performance (3)
- 16 Chide or reprimand (5)
- 17 A pill for battle (6)
- 22 Stares at bright flowers (6)
- 24 Praise, laud (5)
- 27 Equip with weapon (3)
- 28 Gradually, little by little (9)
- 31 Poems about English racing venue (5)
- 32 Cancel or repeal, say in law (8)
- 33 Puts away for a tosser (6)
- 34 Gulating and directing, say a car (8)
- 35 Give out light-like some worms (6)

September 2018 Crossword - No. 472



Clues Down

- 1 Inattentive and negligent (8)
- 2 Owner of Harriet Beecher Stowe's Fictional Cabin (5,3)
- 3 Love songs under fair lady's window (9)
- 5 Open and unconcealed (5)
- 6 Not now, in a while (5)
- 7 Cancer is one, Capricorn another (6)
- 8 Crockery in general (6)
- 11 Baby's noisy toy (6)
- 14 A sea snake (3)
- 18 Dark rock of volcanic origin (6)
- 19 Like the forces of nature (9)
- 20 "A drowning man will clutch" (2,1,5)
- 21 Caught a brief view of (8)
- 23 TV audience ratings (3)
- 25 Long stab weapons (6)
- 26 Official order of ruling (6)
- 29 Avid, enthusiastic (5)
- 30 "..... Bread is soon forgotten" (5)

Solutions to Crossword No. 471

A	R	R	A	S		S	T	I	T	C	H	E	S
B		A		O			A		I		E		H
U	N	I	Q	U	E		W	I	S	T	E	R	I
N		L	N		I		N		L		O		G
D	O	I	N	G		D	I	T	H	E	R	I	N
A		N		S	H		I				C		Y
N	I	G	H	T		L	I	M	P	E	D		
T		S		E	L		A		L		O		P
				P	R	I	S	O	N		E	R	R
C		A		L		A	R	C		G		O	
L	A	B	E	L	L	I	N	G		T	O	A	D
I		R		I		D		E		R		N	P
F	R	O	N	T	I	E	R		N	O	T	I	C
S		A		R		A		N		S		C	
S	U	D	D	E	N	L		A	S	S	E	N	T

Special Prize Book Voucher

Give yourself the luxury of browsing and choosing the book/books which take your fancy from the wide selection available in the store of our sponsor:

The Maynooth Bookshop
68 Main Street,
Maynooth

Entries in before: Tuesday 18th September 2018

Name: _____

Address: _____

Phone: _____

Winner of Crossword No. 471

Rebecca O'Mahoney
Castlepark Sq.
Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

Collect prize from
The Maynooth Bookshop
68 Main Street, Maynooth

Difficult

	8			6	3			
5		2			9			6
1		9		8		5		
2	5						8	1
		7		2		6		3
6				5		3		8
				2	9		5	

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to
Maynooth Newsletter Office
Unit 5 Tesco S/C
Maynooth

Sudoku Challenge September 2018

Entries must arrive to
The Newsletter Office before:
18th September 2018

**Congratulations to
August Winner:**
Richard Watson
Leinster Park
Maynooth

Collect prize from
Newsletter Office

Prize winners will have 30 days to claim their prize from the time the results are made public.

Super Difficult

		5				3		
			1				6	
			9	6		4		7
8	2			4				6
	1		7		6		8	
7				2			4	1
3		6		1	2			
	8				7			
		7				6		

Name: _____

Address: _____

Phone: _____



McDonald's Maynooth Proud Sponsor of the Colouring Competition Competition Open to Children 3-6 years



Name: _____

Age: _____

Address: _____

Phone No: _____

**Last Month's Winner:
August 2018**

**Fionn Sanajko
Straffan Place
Straffan Wood
Maynooth**

**Prize of a Free Family Meal for Colouring Competition can be collected at:
Maynooth Newsletter Office
Unit 5, Tesco Shopping Centre.**

**Entries must arrive before
Tuesday 18th September 2018**

Cut Here

Junior Puzzle Corner

All About Me

My Name Is _____

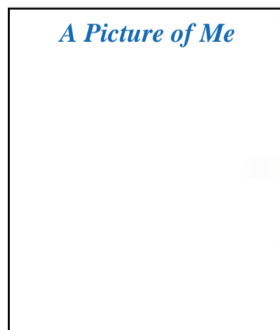
My Birthday Is _____

My favourite Activity is

I want to learn more
about

I am special because

A Picture of Me



Superman

Word Search

DIRECTIONS: Find and circle the vocabulary words in the grid.
Look for them in all directions including backwards and diagonally.

BLUE
BRAINIAC
BRAVE
CAPE
CLARK
DAILY
DC COMICS
DOOMSDAY
EARTH
EVILDOERS
FLIGHT
GLASSES
ICON
JUSTICE
KANSAS
KENT
KRYPTON
LANE
LEX
LOIS

U	N	K	R	A	L	C	P	L	A	N	E	T	P	O	W	E	R	S
P	O	D	E	Y	Y	U	N	I	T	K	K	S	Q	H	H	S	I	
S	C	T	N	E	K	F	T	B	S	X	A	H	K	B	T	E	T	
R	I	R	A	T	T	O	P	H	R	O	O	S	O	R	V	X	R	P
E	R	E	L	U	I	M	Z	F	O	A	Y	O	A	J	T	W	E	D
T	V	D	P	J	G	H	J	P	M	R	I	E	F	R	I	K	N	B
R	X	I	Y	P	H	Y	Z	J	Q	M	X	N	L	Q	D	A	G	I
U	M	C	L	F	T	F	T	C	V	S	D	A	I	L	Y	N	T	Y
N	S	A	K	D	S	N	B	X	D	B	J	N	G	A	Y	S	H	M
K	B	P	W	T	O	A	S	B	L	U	E	Y	H	L	C	A	B	L
S	X	E	E	Z	N	E	T	C	O	Q	P	Q	T	B	G	S	R	N
C	L	E	D	Z	O	M	R	S	I	F	W	I	B	V	L	U	Z	X
F	L	M	O	V	T	H	G	S	S	M	B	E	A	T	A	L	O	C
M	E	T	R	O	P	O	L	I	S	G	O	Q	L	F	S	P	E	S
P	N	C	Z	G	Y	E	J	U	S	T	I	C	E	X	S	B	N	X
E	L	Y	U	A	R	R	V	M	B	P	M	K	C	P	E	K	Q	A
H	E	C	T	K	K	D	Y	A	D	S	M	O	O	D	S	D	R	E
I	L	I	V	Y	T	E	Q	X	R	V	A	D	P	E	W	K	B	
W	C	A	Z	B	K	L	J	I	O	B	K	D	U	D	R	K	V	

LUTHOR
METROPOLIS
PLANET
POWERS
RED

STEEL
STRENGTH
TIGHTS
TRUNKS
XRAY



Comhaltas Craobh Mhaigh Nuad

End of August at last after a bumper summer and the team at the branch are warming up for another term of lessons and sessions. 2018 will be the Craobh's 7th term on this great musical journey together. Many members have been with us from day one, but we've plenty newbies also & I think most people would agree there's something for everyone at the branch.

The Fleadh Cheoil, hosted by our relative neighbours in Drogheda marks the end of the music year for many and the start of the new academic year. One wee storm aside this year's competition was a resounding success and had huge attendance numbers with thousands of musicians from the east coast within an hour on the train away.

The Craobh highlight from the Fleadh was our fiddle teacher Jason who followed up his Fiddler of Dooney award of two years ago with a gold and silver medal in the senior All-Ireland's. This is an outstanding achievement and is due recognition for Jason's talent and dedication – Comhairdeachas!

Of course if you want to experience Jason's mastery in the flesh, then sign up to fiddle lessons on **the first Wednesday in September**

Our neighbouring branches in North Kildare's branches were all represented with participation and medals, so well done all!



A session at the Fleadh Cheoil in Drogheda



Cavan's own Anton MacGabhainn and his family from Dunshaughlin playing tunes at the gate in Drogheda – one of the highlights of the street performances



Jason MacAonghusa sporting his fiddle and 1st in fiddle slow airs and 2nd in fast tunes.

Name. Darren O'Loinsigh
Age. 12

Instruments & how long have you been playing?

I started the Bosca Ceoil when I was 8

What is your best memory of playing music?

My neighbour, the late Terry Nealon, helped me and my sister Rosa make a CD of traditional Irish music for my grandfather in Cambodia.

Who is the biggest influence on your musical career?

Donal Ó Grádaigh, who taught me in Rang a hAon in Gaelscoil Ui Fhiaich.

Who is the best musician you know?

Seán Treacy, who teaches me the Bosca Ceoil in the Maynooth branch of CCE.

What do you like best about playing music?

Playing in a group with my friends.



Our lessons will **re-commence at the beginning of September**, so if you've any unfulfilled hankering to take up an instrument, then please drop down for a term – lessons are lots of fun and unbeatable value. We've even an instrument bank, if you just want to give a particular instrument a lash for one term.

Fáilte do na daoine go leor anseo – old and young!

As usual, keep an eagle eye on our Facebook or Twitter feeds for more information on upcoming workshops, pop-up sessions and performances.

<http://www.facebook.com/ccemaighnuad>
<http://twitter.com/CCEMaighNuad>

Derek Carroll, PRO, Craobh Mhaigh Nuad CCE



Children's Healthy Lunch Box

This is the time of the year when most parents think of what to put in their children's lunch boxes, and when you're a busy working parent it can be hard to get it right. We all know that lunch should be healthy, but if you have a fussy child it becomes a very big problem.

How do you get your child to eat their veggies or sometimes even fruit. You might even find most times they don't like sandwiches? So how do you get over that and still keep a healthy lunch box. The following are some tips on how to get over the problem.



Invest in a juicer and then you can juice carrots and orange for a healthy drink, or if you can get away with it try some other combinations such as celery and apple or spinach and cucumber with lemon, or you can turn it into a smoothie by adding yogurt, the sky is the limit when it comes to juicing.



To replace sandwiches try wholemeal crackers with peanut butter, Nutella, banana or cream cheese with ham or fruit.



You could also try pitta bread, rice cakes or breadsticks with dips (hummus, avocado or cream cheese).

Try carrot sticks dipped in sesame seeds, a small packet of raisins and Babybel cheese for protein or even cheese cubes with pineapple.

It's important to make sure they have water so always include a small bottle in their lunch.



Here are some tips on how Domestos can help keep your bathroom hygienically clean:

- Keep mould and mildew at bay: These can trigger allergic reactions, so use Domestos Bleach Spray in the corners of the bath and shower
- Let air flow: Every time you have a shower, leave the door open afterwards to allow some airflow. This will help dry out the shower quicker and slow down mould growth.
- Open windows too, and keep your bathroom fresh
- Choose liquid soap: A bar of soap can easily become a home for germs, so go liquid for hand washing
- If someone's been sick or had diarrhoea: Make sure you give your toilet a blast of Domestos Extended Germ-Kill round the rim. You can also use a product like Domestos Total Blast Toilet Gel to keep it fresh and clean flush after flush
- Avoid blockages: Pour Domestos Extended Germ-Kill down plugholes and drains on a regular basis to prevent the build-up of residue in your pipes
- Use separate towels and facecloths: If someone has an infection, wash their laundry separately to that of the rest of the family.





Things to Consider for September

This is harvest season so if you have had a good year of growth then now is about the time that you find you have far too much fruit and vegetables and are no doubt lost for ideas on what to do with it all!! Learn how to prepare vegetables for freezing if you want to avoid waste.



Even though Summer is behind us, flowers still continue to bloom right up until the first frost so there is no reason why you won't have a garden of colour in September. Day lengths really narrow in by the end of the month with sunset at around 7pm. To extend the use of your garden into the evenings consider investing in a chimenea, firepit, garden lighting or patio heater.

September is an ideal time to re-seed or to sow a new lawn using lawn seed. Kill the early stages of moss on patios and paving areas with **Patio Magic**. Continue to feed summer bedding plants with **One Plant Food liquid** fertiliser to prolong colour until mid winter. Take cuttings from popular herbs including Thyme, Rosemary, Lavender and Bay Leaf. Use **rooting powder** to encourage strong new roots. Sow Sweet Pea plants from seed now for larger blooms next summer.



Early autumn is the ideal time to plant a new hedge in your garden for shelter and privacy. Plant Daffodil, Tulip and Snowdrop bulbs out of doors for a splash of colour next spring. Replace dead or damaged hedging plants with frost hardy varieties. Cherry Laurel, green and golden Privet and Boxwood are all excellent varieties to see you through the winter. For seaside areas, choose Silver Elaeagnus. For colour in your patio pots and window boxes plant winter flowering Pansies, Violas, Heather and Aconites.

Plant evergreen climbers this month. Climbers with both foliage and flowers look best. Try Virginia Creeper, evergreen Hydrangeas or evergreen Honeysuckles, or choose from a wide range of ivies. Remember to add a good compost when planting. If you like to grow your own vegetables, plant autumn and winter vegetable plants - winter and spring Cabbage, purple sprouting Broccoli, Little Gem Lettuce, Iceberg lettuce and Chinese Cabbage are all especially tasty when you grow them yourself.



September remains one of the best months to plant berrying broad leaved trees. One of my favourites are the beautiful Malus trees. Start feeding birds now before the onslaught of winter. **Wild bird feeds** and protein high peanuts should be offered to all garden birds from now until spring. Kill Mare's Tail with **Neudorff weedkiller**, which is specially formulated for the pesky weed. **Weed Free 360** is an excellent product for all other weeds. Apply in dry weather and watch weeds die away quickly. Plant Hydrangeas, Snowdrops and Winter Aconites now for lots of colour in December and January.

September is a good time of the year to plant **perennials** and **hardy annuals**. **Your hanging baskets** also need maintenance. Deadheading, watering and feeding can keep them going until mid-Autumn. Cut back Perennials that are fading and dying down. Divide clumps of Alpines and herbaceous perennials such as **Crocsmias** to improve flowering next year. Take cuttings of tender perennials. Bring inside any tender perennials before frost.



One final tip about bulbs, If you are not sure which end of the bulb is the top, plant it on its side. The stem will always grow upright.

Planting, seasoned vegetable and flower gardeners will know that two weeks prior to planting that the beds need to be prepared. Existing beds will need amending (larger or smaller), rotovating or digging over and fertilizing like crazy.

Some examples of winter crops are, beetroot, cauliflower, brussels sprouts, cabbage, broccoli, chives, celery, onions, parsley, parsnips, peas, radish, spinach, lettuce, and turnips, the list just continues.

New beds will need to be dug and left over the winter to let nature do what it does best, cold frost and water breaking down the rough soil.

“Flowers always make people better, happier, and more helpful; they are sunshine, food and medicine for the soul”

Quick healthy lunchbox ideas

It's back to school time as parents think about the prospect of school lunchboxes once again. Here are easy-to-eat, healthy choices they'll love this September.

Ham, Carrot and Houmous Rolls

Ingredients:

- 50g carrots, grated
- 1 tbsp reduced fat houmous
- 4 slices lean ham
- 1 large handful of rocket leaves
- Pinch of sea salt
- Freshly ground black pepper



Method:

Place the carrots and rocket leaves in a bowl, season with sea salt and black pepper and mix well. Spread each slice of ham with some houmous, add some carrot mixture in to the middle of the slice of ham, then wrap around the filling to make a roll. Secure with a cocktail stick or simply pop straight into the segmented lunchbox.

Mini Cheese Quiches

Ingredients:

- 320g ready rolled all butter short crust pastry
- 35g cooked ham, chopped
- 3 medium free range eggs
- 150g crème fraîche
- 40g low-fat cheese, grated
- 75g broccoli, cut into bite-size pieces



Method:

Preheat the oven to gas 6, 200°C, fan 180°C. Roll the pastry out with a rolling pin so that it is a little thinner and wider. Then divide it into 6 pieces and use it to line 6 x 10cm individual fluted loose-bottomed tart cases. Leave 1cm hanging over the edge. Prick the base with a fork and chill for at least 10 minutes or until the pastry is firm. Fill the tarts with a small circle of non-stick baking paper and baking beans and then bake for 15 minutes. Remove the baking paper and bake for another 5 minutes or until golden brown and the pastry is crisp. Remove from the oven and leave to cool for 5 minutes before carefully trimming the cases.

Blanch the broccoli florets in boiling water for 2-3 minutes, drain and refresh in cold water. Whisk together the eggs, crème fraîche and half the cheese and season a little. Divide the blanched broccoli and cooked ham pieces between the tart cases and then pour over the egg and crème fraîche mix. Scatter over the remaining cheese and then bake for 15-20 minutes or until puffed up, golden on top and cooked through. The tart cases can be cooked in advance, left to cool, and then stored in a cool place for 24 hours. The raw tart cases can also be frozen for up to a month and then blind baked from frozen. Add 2-3 minutes extra to the blind baking and then continue.

Flapjacks

Ingredients:

- 225g/8oz porridge oats
- 125g/4oz butter or margarine
- 125g/4oz demerara sugar
- 75g/3oz golden syrup



Method:

Preheat the oven to 180°C/350°F/Gas4. Grease and line an 8"/20cm square tin. Melt the butter/margarine with the sugar and syrup. Stir in the oats. Turn into the prepared tin. Smooth top and press down well. Bake for 20-30 minutes. When baked, cool in tin for 5 minutes. Cut into fingers. Cool completely before removing from tin.

White Cheese Scones

Ingredients:

- 225g/8oz self raising flour
- 150ml/¼ pt milk (approx)
- 25g/1oz golden caster sugar (optional)
- 25g/1oz butter or margarine
- 50g/2oz grated cheddar cheese
- 1tsp mustard



Method:

Preheat oven 425°F/220°C/Gas 8. Sieve flour and salt into a bowl, stir in sugar, if used. Rub in butter/margarine until mixture resembles breadcrumbs. Add grated cheddar cheese and mustard. Then add sufficient milk to make a soft dough. Turn onto a floured board and gently knead to remove any cracks. Roll out lightly to 1" in thickness. Cut out scones with a cutter dipped in flour. Place on a floured preheated baking tray. Bake on an upper shelf position for 10-12 minutes. Cool on a wire tray.

FILM/DVD MONTHLY BY BERNIE CLAXTON

THE BEST ALFRED HITCHCOCK THRILLERS



THE 39 STEPS (1935)



The 39 Steps is the ultimate Hitchcock classic. In his pre-Hollywood phase, the director pulls out all the stops in this exciting, black and white British thriller. The set-up of the film is typical Hitchcock territory: an innocent man on the run, Richard Hannay (Robert Donat) hooks up, literally, with an attractive blonde (Madeleine Carroll) for a story of danger and intrigue. Hitchcock had a penchant for blonde heroines throughout his directing career. Carroll was the first prototype blonde. Striking set-pieces abound, from the tension filled spectacle of a music-hall murder to high-jinks on a moving train. The English actor, Robert Donat is in his element here: whether hamming up a speech about someone he doesn't know or playfully teasing his female companion, There is much fun to be had and sexual tension in the famous extended handcuffing sequence involving Donat and Carroll. Hitchcock milks it for all its worth. There have been almost as many adaptations of John Buchan's novel as there are steps. However, none have equalled or mastered this 1935 screen gem.

NOTORIOUS (1946)



Notorious partners Ingrid Bergman and Cary Grant as American agents, infiltrating a ring of Nazis in South America post WW2. **Notorious** is in the realm of film noir but not of it. This is one of Hitchcock's darker films, a cruel, twisted exercise in manipulation of audience response. A convicted traitor's daughter (the luminous Bergman) becomes a US Government spy, accepting an assignment that requires her to marry her father's Nazi friend (Claude Rains). Finger-cracking suspense, intrigue and romance are stylishly combined in one of Hitchcock's best films.

Hitchcock's striking trademark visual style is in evidence: the long one-shot kissing sequence and crane shot into a door key are justly famous. Yet the film's real power lies in its subtle and detailed portrayal of perverse relationships. Grant and Bergman were never better, displaying intense chemistry, moody emotions conveyed through their eyes as

their faces are shot in electric close-up. Sublime direction from Hitchcock and wonderful performances from Bergman and Grant make **Notorious** a sure-fire classic.

REAR WINDOW (1954)



Some claim **Rear Window** as the greatest film Hitchcock ever made. It's undoubtedly the most Hitchcockian film in his canon of work. Laid up with a broken leg, bored photojournalist L.B. Jefferies (James Stewart) occupies his time staring through his rear window at the going-ons of his neighbours. Virtually the entire feature is shot from Stewart's gaze peeping through binoculars into the open courtyard and the many windows of its residents. It's a fascinating concept with each apartment virtually a set and story in itself. Although we are presented with something more akin to a giant board game than a set, and Hitchcock's obvious pleasure in playing with it and us leaps off the screen.

Hitchcock turns the lens on his audience. "We have become a race of peeping toms" as commented by one of the characters in the film. Beneath sharp dialogue, perceptive character development and tense plot twists, the film slowly builds nerve-tingling suspense. The experience of watching **Rear Window** involves titillation, clammy thrills, increasing horror and disturbing voyeurism. James Stewart is exceptionally good as the wheel-chair bound photographer caught up in a cat-and-mouse game with a murderous neighbour. His scenes with the beautiful Grace Kelly (as his model girlfriend) fairly crackles with sexual chemistry. With few exceptions, the camera never leaves the confines of Stewart's apartment. The setting can get a bit claustrophobic. Nevertheless it's a brilliantly assembled theatrical piece filled with mystery, paranoia, thrills, black comedy and voyeuristic suspense right down to the heart-pounding climax.

VERTIGO (1958)



Alfred Hitchcock is a cinematic tour de force when it comes to crafting some of the most memorable and exhilarating suspense thrillers ever to grace the screen. As befits its title, **Vertigo** is a dizzying screen experience. The storyline is intriguing enough. A retired policeman

suffering from vertigo (James Stewart) is given the job of trailing an old college friend's wife (Kim Novak). This initial premise sets a disturbing chain of events in motion. **Vertigo's** tempo may be slow but it is never boring. The gorgeous widescreen camera work, shot on location in San Francisco, (making use of its famous landmarks) is very effective at creating atmosphere, character and a sense of eeriness.

James Stewart upends his nice-guy persona in the central role of tormented cop Scottie Ferguson. His descent into near madness and fetishized, romantic obsession is quite shocking to behold. Hitchcock regular, Bernard Herrmann's score for **Vertigo** is striking and unforgettable. The score was actually repeated for the Oscar-winning film **The Artist** in 2011.



In the pivotal role of Madeline Elster, Kim Novak is surprisingly good as another Hitchcockian icy blonde. Her scenes with Stewart are erotic and sensational. It's probably Novak's best role on screen.

Hitchcock demonstrates total mastery of the cinematic point-of-view shot and his editing technique is second to none. **Vertigo** is Hitchcock's most powerful, personal, haunting and stunningly beautiful film. His twisty, psychological thriller is far more involving and memorable than most Hollywood films of its kind.

It is true to say that **Vertigo** is one of the greatest surreal movies ever made and Hitchcock's most disturbing masterpiece.

SUMMER BLOCKBUSTER MOVIES QUIZ ANSWERS

- Q1 (D)
- Q2 (A)
- Q3 (B)
- Q4 (A)
- Q5 (D)
- Q6 (C)
- Q7 (A)
- Q8 (B)
- Q9 (A)
- Q10 (C)
- Q11 (A)








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Advice Clinic held in Maynooth every Monday at 3pm, in Glenroyal Hotel



Maynooth University Town F.C.
F.A.I Senior Cup Round of 16



Cork City 4 Maynooth University Town 0

The score line does not do justice to an excellent performance by Town in this F.A.I Senior Cup clash at Turners Cross Stadium on Friday 24th Aug. with a 7.45 K.O. On a day that saw us depart Maynooth at 13.30 midst a thunderous hailstorm we wondered if this was a sign that we would be peppered by a very prolific Cork side who have not lost a game in this competition since 2015.

Having progressed through our successful Intermediate Cup campaign meeting several Cork teams on the way with great success we held no fears about pitting our skills against such daunting opposition. Corks best fell by our sword in earlier rounds notably Rockmount, Blarney, Everton, Leeds included.

Following our arrival in Cork players and officials tested the conditions and found all in order and were looking forward to the task ahead. Following the customary exchange of club pennants the game kicked off. Early exchanges were even with town holding their own. Both sides had early chances but the deadlock was broken just on thirty minutes with a corner on the right to Cork. Aaron Barry headed home from twelve yards.



Maynooth arrive at Turner's Cross

Towns defence of keeper David Sterio, Shane Harte, Gary Daly, Conor Mooney and Conor Dunne keeping a tight grip on the Cork frontline. Our midfield of

Daniel Burke, Killian Duffy, Captain Darragh Reynor, Darragh Gannon, Mark Colgan, were performing heroics in stifling the Cork engine room. Eoin Mc Dermott ran himself into the ground at the lone striker. Half time arrived with Town still one down.

Mark Colgan drove a short wide while Eoin Mc Dermott had a shot tipped over just after the break. Cork upped the tempo once more and got their second goal in the 56th minute. A low shot deflected past David Sterio. Darragh Reynor then had a header saved by the Cork keeper. A Cork penalty in the 64th minute put the game beyond Towns reach and a close range shot in the 71st minute closed the game out. Town however battled away to prevent further scoring.

Many thanks to our loyal band of supporters who made the long trip to support us.

Teams - Cork City: Cherrie, McCarty, Bennett, Barry, Dunleavy, Phillips, Morrissey, O'Hanlon, McNamee, Sadlier, Coughlan.

Town: D.Sterio, S. Harte, G. Daly, C. Dunne, C. Mooney, D. Burke, D. Gannon, M. Colgan, K. Duffy, D. Reynot, E. McDermott

Replacements: C.Foley, G.Kinsella, E. Donnellan.

Subs Not Used: C. Byrne, Y..Belhont, M. O'Connor, D. Barrett.



Maynooth's starting 11 prior to kick-off