



# Maynooth Newsletter



Serving the people of Maynooth



**Local News May 2018 Issue No. 468 FREE**

This publication is produced by Maynooth Community Council CLG Community Employment Scheme, supported by the Department of Social Protection, which is funded by the Irish Government.  
The views & opinions expressed in this Publication are those of the contributors.



## **FAI Intermediate Cup Final** **We are going to the Aviva 12th May 2018**

Maynooth Town Football Club reaches a milestone in club history, as it's senior team Maynooth University Town meets Firhouse Clover in the FAI Intermediate Cup Final at the Aviva stadium on 12th May 2018. Established for intermediate football association teams outside the League of Ireland, the FAI Intermediate Cup is the second most prestigious national cup competition after the FAI Cup. It has a long history and tradition since the inaugural cup final in 1926 won by Drumcondra.

Maynooth University Town is a collaboration and partnership of Maynooth Town Football Club and Maynooth University, to raise the standards of club senior football and provide a pathway for young players at club and college to play at the highest level. It followed on foot of Maynooth Town Football Club's historic success in the Leinster Senior League Polikoff Cup final in 2014. Since then our MUTFC senior teams have been promoted in successive seasons, with the first team winning the Moore Cup in 2017 and qualifying for the FAI Senior Cup in 2018.

The partnership of club and college provides the opportunity for excellence in sport and education, while promoting the special relationship of university and town community. Established in 1969 Maynooth Town FC has 35 teams from schoolboys/girls to seniors, with over 400 playing members. So come and join us at the Aviva Stadium to support the Town and let's create history together!

**Come on the Town!**

**Gerry Folan - Chairman - Maynooth Town Football Club**



**Front row L/R: Stephen Mullins, Eoin Mc Dermott, Killian Duffy, Conor Mooney, Shane Harte, Jake Corrigan (Capt.) Daniel Burke & Dylan Kavanagh.**

**Back row L/R: Coly Maye, Malachy Tobin, Pouyan Farramand, Darragh Reynor, David Travers, David Sterio, Ciaran Whelan, Darragh Gannon, Conor Dunne & Youssef Balhout.**

**Panel Members not available for photo shoot: Gavin Kinsella, Tommy Illunga, Cian Hutchinson & Fionn Talbot**

## **Maynooth Town Football Club** **Road To The Aviva**



We started on the road to the Aviva Stadium in October wondering where it would end. Little did we know the road would go a long way before coming to a stop at the gates of the Aviva Stadium on the 12<sup>th</sup> May.

We opened our long campaign in Dublin against Hartstown/Huntstown. An emphatic 4 – 1 victory ensured an easy passage into the 2<sup>nd</sup> Rd.

The second round draw pitted us against Mullingar Ath. away in Mullingar. Two goals by striker Tommy Illunga saw us run out convincing winners.

Our next confrontation was an away tie in Cork against the legendary Rockmount Utd. This name will be familiar to many. The legendary Roy Keane once plied his trade with "The Rock" before moving to a higher stage. This we knew, would be a stern test for our young inexperienced team.

The final result left the large expectant home crowd in a state of total shock. The shock of the round unfolded before their very eyes in total disbelief.

Town never let the home side settle and produced a performance of sheer class. Eoin McDermott and Youssef Balhout provided the goals.

The momentous journey home was topped off with a lively finish in Brady's

"Rock" had been winners in 1998/99, 2003/4 and 2007/08 with the runners up spot in 2002/03 and 2004/05 a formidable scalp to claim no doubt.

As fate would have it our next assignment would take us back to Cork. This time Blarney Utd., were the opposition trying to lower our colours.

In an enthralling contest we came out deserving winners in a two nil victory. Goals by David Travers, since side-lined with a broken ankle and captain Jake Corrigan ensured we returned to Brady's in fine fettle.

The Quarter final draw saw us get our first home game of the tournament. U.C.D. the opposition this time. The large crowd were treated to a cracking game with no let-up in the tempo. We ground out a hard fought two all draw. Goals by Eoin McDermot and Cillian Duffy ensured us of another chance to reach the Semi-Final. An early morning kick-off at Belfield saw us show our battling qualities. Despite going behind we fought back manfully and grabbed victory with goals from Dylan Kavanagh and Dara Reynor. Another home draw in the Semi-Final brought us face to face with Dublin Bus. Once again another large crowd witnessed a game of high quality.

Goals by Dara Gannon and Eoin McDermott booked our place in the Final on the 12<sup>th</sup> May. The first Kildare side to do so. Keep that day free and lend your support on the day.

We wish to thank Declan Kennedy of Brady's Bar & Lounge for his loyal sponsorship over many years.

Thanks also to Chef Dave Gannon for ensuring that we were well nourished before our long early morning trips to Cork.

Also thanks to Barton Travel for the comfy travel ensuring we were rested and ready for the tasks facing us.

We say a sincere thank you to the fans for supporting us along the way also. We are not finished yet!

**Article written by Lenny Murphy**

***See you all at the Aviva on May 12th***

# Donatellos

Ristorante, Pizzeria, Cocktails

**Exciting Vegan Menu Available**

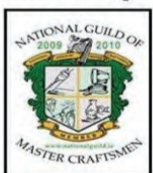
**Enjoy our Cocktails on the first floor at  
Oak Alley Cocktail Bar!**

*Bigger and Better Premises!  
Same Traditional taste of Italy  
& All the Donatellos Classics!  
Fantastico!*

Now open at 8 Main St, Maynooth, Co. Kildare  
Ph: 01 6106558 | [www.donatellos.info](http://www.donatellos.info)



Member of



**We Build:**

- New Houses, Sun Rooms & Conservatories
- New Bathroom Suites
- Shop Fronts
- Wall & Attic Insulation
- House Extensions & Renovations
- Attic Conversions
- Roofing
- Tiling - Wall & Floors
- Timber Floor / Decking



## Up to €14k Tax Free Income for Home Owners

**HOME OWNERS** - Did you know, if you share your home with a student, the income you earn (up to €14k p.a.) can be tax free under the rent a room allowance? Got a spare room or an "Empty Nest"? Let it on a self-catering basis, digs or offer to share the house – whatever works! There are lots of students and they all have different needs – use [www.maynoothstudentpad.ie](http://www.maynoothstudentpad.ie) to find your student match.

**LANDLORDS** – talk to us about finding student tenants for your property. We can help you find and keep the student tenants you want.

**We offer a free Web Advertising service to all Home Owners and Landlords to advertise your accommodation to students. Just log on to [www.maynoothstudentpad.ie](http://www.maynoothstudentpad.ie) to set up your account and advert – no charge!**

For further details, see the Homefinder Service Webpage on [www.maynoothuniversity.ie/student-services/homefinder](http://www.maynoothuniversity.ie/student-services/homefinder) or contact us on 01 708 4729 or at [homefinder.service@mu.ie](mailto:homefinder.service@mu.ie) for an information pack.

Contact Gerry at 086 2499407  
**FOR ALL YOUR HOME MAINTENANCE**  
Cullinore, Brownstown- Kilcloon - Co Meath  
Telefax: 01 6285462

Email: [gerrynally@eircom.net](mailto:gerrynally@eircom.net) - Website: [www.gerrynally.com](http://www.gerrynally.com)



## RaboDirect savers, meet your bank in shining armour

Start experiencing our great competitive rates and you'll wonder why you hadn't come to us sooner.

Don't wait 'til May, move to us today.




## THE BANK OF YOU

📍 **Manor Mills Shopping Centre, Maynooth**

📞 **01 513 1040** 🖱️ **maynoothhub@kbc.ie**

Terms and conditions apply. KBC Bank Ireland plc is regulated by the Central Bank of Ireland.



# PICADEROS

## BEER & TAPAS NIGHT

**WED 23<sup>RD</sup> MAY, 8PM**

**5 COURSE  
TAPAS MENU + BEER €50**

TICKETS ON SALE NOW FROM  
PICADEROS, MAIN ST, MAYNOOTH

W: [picaderos.ie](http://picaderos.ie) | Ph: 01 6292806 | [info@picaderos.ie](mailto:info@picaderos.ie)

## Maynooth Used Cars

Telephone 0894624477

[www.maynoothusedcars.ie](http://www.maynoothusedcars.ie)

**Sample stock this month:**



2009 Mercedes A150 Automatic  
94000 miles  
2 Year Nct  
Warranty  
€6995  
From €35 Per week



2010 Fiat 500 1.2 Pop  
68000 miles  
2 Year Nct  
Warranty  
€6450  
from €30 per week



2012 Nissan Micra 1.2  
71000 miles  
2 Year Nct  
Warranty  
€6450  
From €30 per week



2011 Skoda Octavia 1.4  
85000 Miles  
2 Year Nct  
Warranty  
€7250  
From €30 per week

*Many more cars available on our website [www.maynoothusedcars.ie](http://www.maynoothusedcars.ie)  
Family run business with over 40 years' experience in the trade  
Like us on Facebook for weekly updates*

**GLENROYAL HOTEL**

**PRESENTS**

**BAGATELLE**

40 YEARS OF ORIGINAL MUSIC

- Summer in Dublin • Trump Card •
- Second Violin • Leeson Street Lady •



- Love is the Reason •
- Is it raining in Paris • Streets of New York •

Bagatelle - Glenroyal Hotel - May 12<sup>th</sup> - Tickets €25 from hotel reception  
Why not book pre-concert dinner !  
Ticket and 4 course dinner €54 per person

### Maynooth Senior Citizens Committee.

With snow, rain, high winds and red alerts hopefully well and truly behind us, we finally got a day of sunshine to sport our Easter Bonnets. Our Easter Tea-Dance which we held on April 15th was a welcome diversion from the dismal days of February and March. While all our participants received a prize for their efforts, the creation worn by Judy O'Sullivan was deemed the overall winner. (see photos) Well done to all who entered into the spirit of the occasion and thank you to Marie Costigan who took on the onerous task of judging the whole proceedings.



Emmet Stagg and Angela Feeney joined us on the day to present the proceeds of the Tony Smith Memorial Walk which took place on February 18th. Many thanks to the Labour Party who organise this event each year and to all who give their support physically and fiscally on the day. The amount raised this year was €2,242, for which we are most grateful. We then enjoyed a lovely tea prepared by our committee and danced off the calories to the wonderful sound of "Footsteps". A big thank you to Pam & Gerry who supplied the cakes.

We held our AGM on April 3rd and there were no changes to the committee. The officers remain the same, which is a pity really, as we would like to see some new faces with fresh ideas. Well as the song says "maybe next year"

Our next tea-dance will take place on May 20th which will be our "Bealtaine" festival. This is the time of year when we celebrate art and innovation and, dare I say it, the beginning of Summer. So why not come along and display your handy work which can be painting, needlework, photography etc, whatever is your forte, we would love to see it. This occasion and all our tea-dances are open to all senior citizens wherever you live.

Finally, may I remind all our seniors in the Maynooth catchment area that our club is open on Tuesdays and Thursdays in the Geraldine Hall on Leinster Street and transport is available. We also provide a bus for Saturday evening Mass. If you are someone who could benefit from this service you can contact me on 087 9002296.

Finally, may I remind all our seniors in the Maynooth catchment area that our club is open on Tuesdays and Thursdays in the Geraldine Hall on Leinster Street and transport is available. We also provide a bus for Saturday evening Mass. If you are someone who could benefit from this service you can contact me on 087 9002296.

Josephine Moore.  
Chairperson.



## Mc Mahon's Main Street Maynooth



**Phone: 01-6291568**

**e-mail: [info@mcmahonsbar.com](mailto:info@mcmahonsbar.com)**

**Light Music at Weekends**

**New  
HD  
Screen**

**Food  
Served All  
Day**



# Maynooth Labour News

Cllr. John McGinley can be contacted at: - 6285293 or 087 9890645 - E mail [jmcginley@eircom.net](mailto:jmcginley@eircom.net) - Web: [www.labour.ie/johnmcginley/](http://www.labour.ie/johnmcginley/)

## Work to Begin on Upgrading the Footpaths on Main Street, Maynooth

Following representations from Cllr. John McGinley and others the Council are going to begin to repave the footpaths on Maynooth's Main Street. The initial phase will be the repaving of the footpath from O'Neills pub to Supermacs. The type of pavement surface material to be used has not yet been decided. Cllr. John McGinley has recommended that Limestone paving be used as it would match the Square and it would make sound economic sense as it has a longer lifetime than other materials. The Council want to go to tender in June so that the work can be completed outside of the school and student term.

## Update on Straffan Road/Meadowbrook Link Road Junction

The Council's Director of Services advised Cllr McGinley at the Maynooth MD meeting on 6 April that he expected contractors to be on site within two weeks to begin installing the much needed new traffic signals.

## Amendment to Maynooth Local Area Plan to go on Public Display on 7 May

Amendment No. 1 to the Maynooth Local Area Plan (LAP) to facilitate the construction of the ring road from Blacklion to Celbridge Road will go on public display for six weeks from 7 May. The proposed new residential zoning will allow for the construction of 720-800 housing units. Cllr. McGinley asked the Council to do everything possible to speed up the construction of the other section of the much needed ring road from the Celbridge Road to the Straffan Road. The Director of Services assured Cllr. McGinley that they would do so.

## Funds Allocated to Produce a Masterplan for the Amenity Lands Between Carton Avenue and the Boreen, Maynooth

The Council have allocated €50,000 for a Landscape Architecture Masterplan for Carton Avenue to be carried between September and December of this year. The Masterplan is for the Council owned lands between Carton Avenue and the Boreen. Over €400,000 has been allocated in the Council's Capital Programme for this landscaping.

## Improvements to be Carried out to Maynooth Playground in September

The Council have allocated €30,000 for improvement works to be carried out on the Maynooth Playground in September. The work includes replacing the wetpour on the ground and replacing/cleaning the towers.

## Cllr. McGinley Calls for Changes to Cairn Homes Planning Application at Mariavilla

Councillors were given a presentation on the Cairns Homes proposal for Mariavilla at the Maynooth MD Meeting on 6 April.

This Planning Application has gone to An Bord Pleanala, rather than the Council, as a result of a change in the Planning Laws by the Government last year.

Councillors' views will be attached to the Chief Executives Report to An Bord Pleanala. He has until the 14 May to submit his Report.

Cllr. John McGinley stated that his two big issues with the proposal were:

- The unsuitability of the Dunboyne Road, from Castlepark to the roundabout at Blacklion Road, for such an increase in traffic. John pointed out that it was extraordinary that the Council or An Bord Pleanala did not address this very serious issue during pre-consultation.

- The two, 4 storey apartment blocks on the Dunboyne Road are completely out of character with other developments in the area.

The closing date for submissions from the general public is 23 April.

Cllr. John McGinley and his colleague Emmet Stagg will be making a detailed objection to An Bord Pleanala.

## Cllr. John McGinley Demands that Progress be Made on the Taking in Charge of Meadowbrook and Castle Dawson housing estates

Cllr. John McGinley submitted the following Motion for the consideration of the Maynooth MD meeting on 6 April:

*“That a concentrated effort be made to take in charge Meadowbrook and Castle Dawson Estates in Maynooth, as it is now over two and half years since the public consultation process was completed.”*

Cllr. McGinley was given the following highly unsatisfactory reply by Council Officials:

*“Meadowbrook Estate: The Building and Development Control Department are liaising with Irish Water in finalising the taking in charge process.*

*Castle Dawson Estate: The Building and Development Control Department are liaising with the developer of Newtown Hall to have the estate brought up to taking in charge standards. Kildare County Council has provided the developer with a snag list of remedial works to be completed. When Newtown Hall Estate is complete this will allow for both Newtown Hall Estate and Castle Dawson Estate to be taken in charge simultaneously through the usual process of liaising with Irish Water”*

Cllr. McGinley pointed out that the Council have been liaising with Irish Water for the last two and a half years without any success and that it was time that a high level meeting between the Council and Irish Water takes place to try and solve the impasse. John stated that the meeting should be at Director Level.

## Cllr. McGinley Asked that the Pot Holes from Greenfield Shopping Centre to the Greenfield Drive/Maynooth Park Junction be Repaired

Cllr. McGinley has sent the following e mail to the Maynooth MD Engineer:

*“There is a very bad pot hole at the junction of Maynooth Park/Laurence Avenue. This area is prone to potholes and as I pointed out before it needs to be re-surfaced.*

*In the meantime, I would appreciate if the pot hole was repaired.*

*Also, potholes have reappeared at the junction of Maynooth Park/Greenfield Drive and the dishing of the footpath here, next to house 20 Greenfield Drive, has disintegrated.”*

## Tenders Invited for New Maynooth Educate Together School - Stagg

Kildare North Labour General Election Candidate Emmet Stagg has been in contact with the Minister for Education and Skills in relation to progressing the Tender Stage of the New Maynooth Educate Together School on the Celbridge Road, Maynooth.

The Minister has advised Mr. Stagg that Tenders have been invited for the New School and that the closing date for receipt of the Tenders is Wednesday 9th May.

Welcoming the invitation of tenders Mr. Stagg stated that the project remained in place to commence construction

this summer and he again congratulated the Board of Management of the school on progressing the project to this stage.

In conclusion Kildare North Labour General Election Candidate Emmet Stagg stated that he looked forward to work commencing on the new 2 storey 16 classroom school.

## Future Funding of Public Swimming Pools To Be Announced Shortly - Stagg

Emmet Stagg was again in contact with the Minister for Sport in relation to plans to reintroduce the Local Authority Swimming Pool Programme given the continuing unacceptable absence of a Public Swimming Pool in North Kildare.

The Minister advised Mr. Stagg that in relation to future funding of swimming pools the Department are currently finalising a review of National Sports Policy. The review includes a specific focus on how the Government should fund sports facilities including swimming pools in the years ahead and it is expected that the new sports policy will be published shortly, most likely in Quarter 2 of this year, following its consideration by Government within the next few weeks.

Mr. Stagg stated that there was a limited reopening of the Local Authority Swimming Pool Programme in early 2016, where 4 new swimming pools were approved. At the time Kildare Co. Council did indicate an expression of interest in a pool for Maynooth in partnership with Maynooth University. That application was deemed invalid because the council would not have had a chargeable title to the proposed facility.

Kildare North Labour General Election Candidate Emmet Stagg stated that the New National Sports Policy must recognise the benefits of having Public Swimming Pools and he hoped that a new Local Authority Grant Scheme would be recommended so we could set about the task of securing funding for a Public Swimming Pool for North Kildare.

## Tender Documents for New Maynooth Boys' NS Nearly Complete

Kildare North Labour General Election Candidate Emmet Stagg has again been in contact with the Minister for Education in relation to progressing the Tender Documents for the New St. Mary's Boys' National School on the Moyglare Road, Maynooth.

The Minister advised Mr. Stagg that the Tender Documents and Stage 2 (b) Report were reviewed by the Department and a number of issues were identified as needing clarification by the Design Team. Revised Tender Documents and Stage 2 (b) Report were received in the Department and reviewed and the Design Team have been asked to address some minor issues.

Mr. Stagg stated that once these minor issues are addressed we can get the New School to Tender.

The New Maynooth Boys' NS stated Mr. Stagg was granted planning permission by Kildare Co. Council on August 1st last and it comprises the replacement of the existing school and the construction of a new 3 storey National School with 24 classrooms including a Special Needs Unit and Multipurpose Hall. 3 Ballcourts and a Junior Play area will also be provided as part of the project.

The school currently has 530 pupils and when completed the new school will cater for just under 700 pupils.

# KNOW YOUR RIGHTS

*Citizens Information Centre, Dublin Road, Maynooth*

*Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public. Information is also available online at [www.citizensinformation.ie](http://www.citizensinformation.ie) and from the Citizens Information Phone Service - 0761 07 4000 or Lo-call 1890777121*

## Back to Work Family Dividend

### Question

I am getting Jobseeker's Allowance and have just been offered a job. My husband looks after our two children at home. Can I get any social welfare assistance if I stop signing on and go back to work?

### Answer

There is a scheme for people with children who stop claiming a jobseeker's payment, or a one-parent family payment, because they are in – or are taking up – work or self-employment. The scheme is called the Back to Work Family Dividend (BTWFD).

The BTWFD is a weekly payment for up to two years after you start work. For the first year in employment, you are paid the equivalent of any Increase for a Qualified Child that you were getting on your jobseeker's payment or one-parent family payment (up to a maximum of four children). You get half of that amount weekly for the second year.

To qualify, you must have at least one qualified child and have been getting one of the following payments: Jobseeker's Allowance or Jobseeker's Benefit (for at least 12 months), One-Parent Family Payment, or Jobseeker's Transitional payment. You and all members of your family (including your adult dependant) must sign off all primary social welfare payments.

The BTWFD can be paid with other social welfare payments including Working Family Payment (formerly called Family Income Supplement), Back to School Clothing and Footwear Allowance, Child Benefit, Domiciliary Care Allowance and Rent Supplement.

You can get BTWFD for up to two years if you stay in employment. If you or your husband claim a primary social welfare payment within two years of you starting work, the BTWFD payment will stop. If you lose your job and claim a social welfare payment, the BTWFD stops. However, it may restart if you get a new job. You can get a maximum of two restarts per claim.

## Renewing a passport

### Question

I have a valid passport, but it will expire two weeks before I go on holiday. Will two weeks give me enough time to get a new one?

### Answer

You don't have to wait until your passport expires to renew it. However, if you apply for a new passport before your current one expires, your new passport is valid from when you apply, rather than from when your previous passport expires.

The website of the Department of Foreign Affairs and Trade, [dfa.ie](http://dfa.ie), lists the current average processing times for different types of passport applications. The quickest way to renew your passport is by using the online application service. You can use this service to renew your passport if it expires any time in the next 12 months.

You must submit a digital photo with your online application. You can get a friend to take your photo with a digital camera or smartphone or you can go to a photo provider, for example a pharmacy or a photographer, who will give you a copy of your digital photo to upload. Alternatively, you can go to one of the Irish photo booth services listed on [passportphoto.ie](http://passportphoto.ie), which will take your photo and provide you with a code. If you enter this code when applying for your passport online, you don't need to upload the photo yourself.

Online renewal isn't available for children's passports, so if you want to renew your family's passports together, you have to use Passport Express, the postal application service. There is an extra charge of €9.50 per application for using Passport Express. However, if you are renewing passports for the whole family you can use the 'Family Application' option for €16, where up to four passport applications can be sent in one envelope. Alternatively, you can renew your own passport online and use Passport Express to renew any passports for children.

## Voting in a referendum

### Question

How do I check if I can vote in the forthcoming referendum? If I'm not in Ireland on polling day, can I still vote?

### Answer

To vote in a referendum, you must be an Irish citizen and be registered to vote. Every local authority is responsible for compiling and publishing a list of voters in its area. This is called the Register of Electors or the electoral register.

In general, Irish citizens living abroad cannot be entered on the Register of Electors and cannot vote in a referendum. The only exception to this is in the case of Irish officials on duty abroad (and their spouses) who may register on the postal voters list. If you are abroad on holiday on polling day, you cannot have a postal vote.

The current Register of Electors came into force on 15 February 2018. You can check if you are on the register at [checktheregister.ie](http://checktheregister.ie) or at your local authority, Garda station, post office or public library.

If you are not on the register, you can apply to be added to the supplement to the register. You use Form RFA2, which is available online at [checktheregister.ie](http://checktheregister.ie) or from your local authority, post office or public library. To be included in the supplement used at an election or referendum, your local authority must receive your application **at least 15 days before polling day**. Sundays, public holidays and Good Friday are not counted as days for this purpose.

Local authorities prepare a postal voters list as part of the electoral register. You can only apply for registration as a postal voter if you cannot vote at a polling station because of illness or disability, your occupation, being in prison, or if you are studying full-time in Ireland but away from the address where you are registered to vote.

You can apply to be added to the supplement to the postal voters list **up to 22 days (excluding Sundays and public holidays) before polling day in a referendum**. The application form for inclusion in the supplement to the postal voters list is available from your local authority or online at [checktheregister.ie](http://checktheregister.ie).

## Applying for a student grant

### Question

I will be sitting my Leaving Certificate this year and plan to go to college in the autumn. How do I apply for a student grant?

### Answer

Student Universal Support Ireland (SUSI) is Ireland's single national awarding authority for all higher and further education grants.

You apply to SUSI by completing an application form online. You must have an online account with SUSI before you can make your grant application. SUSI is accepting grant applications for the 2018–2019 academic year from early April 2018.

You can use SUSI's eligibility reckoner to see whether you meet the standard criteria to be considered eligible for student grant funding. You must meet the conditions of the student grant scheme. You must be an Irish, EU, EEA or Swiss national or have specific leave to remain in the State.

You must also have been ordinarily resident in Ireland or the EU for three of the last five years. Your family's means (in the previous tax year, 2017) are assessed and must be under the specified threshold. You must also be attending an approved course in an approved institution.

You must make sure that you provide complete and accurate information (date of birth, Personal Public Service Numbers (PPSNs) and bank details in particular) to avoid any delay to the processing of your application. You need to send hard copies of any supporting documentation to SUSI.

If you are refused a grant, or are approved a grant at a rate that you don't think applies to your situation, you can appeal the decision in writing to SUSI. You must appeal within 30 days of getting your decision.

Student grants are reviewed each year. If you had a grant in one academic year and are continuing your studies on the course in the following year, SUSI will be in contact with you in order to renew or re-assess your student grant for that next year.

James Lawless T.D. Kildare North

Phone: 01-6183587 - e-mail: james@jameslawless.ie - Web: www.jameslawless.ie

New School for Maynooth

I am cautiously welcoming news from the Minister for Education Richard Bruton TD that a new primary school is proposed in the Maynooth area. The school is estimated to be opened between 2019 and 2022, however no site or planning has been moved. The area is well served with excellent primary schools but the projected growth for the Town will show the need for additional school places. It is very concerning that renovation projects will be put on hold following the announcement. The Minister must reverse this element of the decision and allow both new builds and renovations to take place in tandem.

Government Must Act on Record Long Waiting Lists

The number of people waiting for an outpatient appointment in Ireland is the highest total ever recorded. More than 10% of the population is waiting for an outpatient consultation and a huge number of them are waiting a very long time for one. I am deeply concerned that following a slight improvement over the past six months in the number of inpatient/day case patients, the number waiting has once again exceeded the 80,000 mark. Again a significant proportion is enduring lengthy waiting times. Some 13,787 have been waiting over a year. The fact is that there has been a complete lack of urgency in tackling this problem. The Waiting List Action Plan for 2018 was published just in April- a quarter of the year has already passed us by. While this plan did not necessarily extend to outpatients, the Minister for Health has pledged to publish one addressing outpatients ‘shortly’ but for the one in ten Irish people waiting for an appointment – shortly isn’t quick enough.

New Pedestrian Bridge for Maynooth

A new pedestrian footbridge is to be built as part of the North South Corridor Scheme. The next section for the development will see works from Mill Street including a new bridge and improve cycle lanes. Kildare County Council will be drawing up the plans for display. €400,000 has been made available for this next section of the scheme. I want to credit my Fianna Fáil colleague and local Cllr.

Naoise Ó’Cearúil for his campaigning and work on making this a footbridge a reality for the town.

Government must redouble its effort to assist people living with cystic fibrosis

Ireland has made enormous strides in recent decades in improving the quality of life for those living with cystic fibrosis. Forty years ago, people living with cystic fibrosis were not expected to reach adulthood. Today there is a much different picture as average survival rates have risen by more than 70%, to 30 years. These improvements have been achieved by enhancing access to advanced medical treatments, the implementation of specialist treatment centres and the wider availability of advanced new drugs. However, the Government must not get complacent. While major progress has been made down through the years, there is clearly scope to do much more to help improve the quality of life for those living with cystic fibrosis. The Programme for Government contains a commitment to build a dedicated cystic fibrosis centre at Beaumont Hospital. We are still waiting for the Government to deliver on this commitment. Furthermore, the commitment to put in place the necessary staff and resources at specialist treatment centres remains an outstanding issue. The Government needs to move to address these issues.

Community Employment Scheme Bill

I have met with a number of Community Employment groups in the constituency included some based in Maynooth. Having listened to their opinions on the current regime Fianna Fáil has introduced a Bill to bring changes to the system. The Bill will give a legal entitlement to a person to opt out from a Jobpath scheme to take part in a Community Employment Scheme, a Tús Scheme or a Rural Social Scheme, in circumstances where a place on any of these schemes becomes available. Minister Doherty must accept that a one-size fits all approach is not the most appropriate way to supporting those seeking new employment or training opportunities.



Maynooth Golf Society

Results of the first outing this year to Athy Golf Club 7th April 2018  
Owen Byrne Shield

Sponsored by Maynooth Bookshop

1st	Brendan Bean	43pts
2nd	Tommy Campbell	42pts B9
3rd	Mick Fahey	42pts
4th	Barry Farrell	41pts B9
5th	Alan Clarke	41pts
F9	Dave Weafer	
B9	Marty Maguire	
NP	Niall Byrne	
2’s	Mick Fahey, John Carroll	
60’s	Sam Feeney	

Our next outing is to New Forest Golf Club on the 12th May. Visitor's and New members are always welcome. Please contact Niall on 0894906510 with any enquiries.

Kildare Planning Applications for Maynooth Area  
From 22/3/18 to 17/4/18 - information from Kildare County Council Website

App. Num	Authority	Applicant Name	Development Address	Application Date
18/316	Kildare Co. Co.	Paul Mooney	Kealstown, Ladychapel, Maynooth	26/03/2018
18/318	Kildare Co. Co.	Saffron Property Limited	Temple Wood, Carton Demesne, Maynooth	26/03/2018
18/355	Kildare Co. Co.	Boldnote Developments Ltd	Temple Wood, Carton Demesne, Maynooth	03/04/2018
18/396	Kildare Co. Co.	Saffron Property Limited	Temple Wood, Carton Demesne, Maynooth	10/04/2018
18/403	Kildare Co. Co.	Paul Mooney	Kealstown, Ladychapel, Maynooth	11/04/2018
18/413	Kildare Co. Co.	Southport New Homes Limited	Mariaville, Dunboyne Road, Maynooth	13/04/2018
18/423	Kildare Co. Co.	Coveglade	Corner of Main Street and Convent Lane, Maynooth	17/04/2018

# Small Adverts/Local Services

## Kiernan Sound Services Maynooth Co. Kildare

**Musical - Sporting - General  
We Supply and Operate Equipment  
for Music Shows**

*Hire: Powered Mixers, Speakers, Mics,  
Stands Radio Microphones*

*Battery powered outdoor equipment  
Motorola Walkie Talkies  
Megaphones*

Phone: 01 6016834 Mobile: +353 87 2320642  
email: kiernansound@kiernansound.com  
www.kiernansound.com  
(Please ring mobile before picking up hire equipment)

## Kilcock Gaa Club Clg Cill Choca



Kilcock GAA Club are  
hosting a 90s fancy dress  
event in aid of Kilcock  
Celtic Under 11s (Green) on  
Saturday May 12th from  
8.30pm in Kilcock GAA.  
Tickets are €10.  
Text 086 3843512 or  
085 7899495 for tickets.

### THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it dear Heart of Jesus and place it within your own broken heart, where your Father sees it. Then, in His merciful eyes it will become Your favour not mine.

Amen

Say this prayer for three days, promise publication and favour will be granted no matter how impossible.

**Never known to fail**

Thanksgiving for favour received. MT

### THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it dear Heart of Jesus and place it within your own broken heart, where your Father sees it, then, it will become Your favour not mine.

Say this prayer for three days, promise publication and favour will be granted no matter how impossible.

Thanksgiving for favour received.

**Never known to fail EK**

### THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it dear Heart of Jesus and place it within your own broken heart, where your Father sees it, then, it will become Your favour not mine.

Say this prayer for three days, promise publication and favour will be granted no matter how impossible.

**Never known to fail MW**

### THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it dear Heart of Jesus and place it within your own broken heart, where your Father sees it, then, it will become Your favour not mine.

Say this prayer for three days, promise publication and favour will be granted no matter how impossible.

Thanksgiving for favour received.

**Never known to fail BP**

### THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it dear Heart of Jesus and place it within your own broken heart, where your Father sees it, then, it will become Your favour not mine.

Say this prayer for three days, promise publication and favour will be granted no matter how impossible.

Thanksgiving for favour received.  
**Never known to fail EP**

### THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it dear Heart of Jesus and place it within your own broken heart, where your Father sees it, then, it will become Your favour not mine.

Say this prayer for three days, promise publication and favour will be granted no matter how impossible.

Thanksgiving for favour received.  
**Never known to fail EVP**

## Maynooth Bookshop 68 Main Street Maynooth

**Books  
Stationery  
School Books  
New & Second-Hand**

**Telephone: 01 6286702  
Fax: 01 6291080**

E-mail maynoothbookshop@eircom.net

## Bus Driver Wanted

**Driver wanted for private hire  
& School runs  
\*\*\*\*\***

**D/D1 Licence and up to date CPC  
certificates required  
\*\*\*\*\***

**Excellent Rates and Conditions  
\*\*\*\*\***

**Contact: Eugene McCabe  
Mob No. 087 2653813**



## GENERAL OPERATIVE Job Advertisement

Our high season will commence in March 2018 and we are looking to recruit a number of ambitious, hardworking and aspiring individuals to join our busy teams. Candidates will be offered fixed term contracts until October 2018 with the potential to securing permanent employment for the right candidates.

### Duties:

Pedestrian Mowing, Footpath Construction, Grass Cutting & Strimming, Pruning, Paving etc.

Hourly rate is DOE

Flexible Hours – General Hours are 6.30 – 16.15 weekdays.

Overtime Available

Uniform Allowance

Pension Facility

Training provided in the capacity of Manual Handling, Machinery Training and Health & Safety etc.

### Requirements:

Valid Safe Pass is essential


Provisional / Full Driving Licence

B+E Licence / Tractor Experience is an advantage

Previous experience / knowledge in similar industry desirable.

**If this job sounds like something you may be interested in please send a cover note & CV to Michele.tully@saplandscapes.ie**

## Frank O'Rourke T.D. Kildare North

**Contact Details: Dail Office: 01 6183109 - Mobile: 087 2555257 - e-mail: frank.orourke@oireachtas.ie -  /Frank O'Rourke**  
**Clinics: Monday in the Glenroyal Hotel - Constituency Office: Main Street Celbridge.**

### County Kildare Leader Partnership

The County Kildare Leader Partnership is currently looking for Kildare-based social enterprises to take part in the Kildare Social Enterprise Programme to help develop social enterprises in the county.

The programme, run by Clann Credo and the Irish Social Finance Centre, is designed to provide a wide range of skills necessary to set up and operate a social enterprise, including business planning, finance and funding, marketing and communications as well as measuring social impact. Examples of social enterprises include community centres, men's sheds, community crèches and community tourism projects.

The programme is free and will run from May to November (with a summer break for August) and will be mainly held in the evenings and on Saturdays. An information evening will be held in Athy on April 18th at 7.00pm in the Clanard Court Hotel. For more information and to register your interest in the Kildare Social Enterprise Programme contact Brian Kelly on 045-895450, or email frances@countykildarelp.ie

### Construction of Endoscopy Unit at Naas hospital set to start in 2019 says O'Rourke

Local Fianna Fáil TD, Frank O'Rourke, has received confirmation from the Health Service Executive (HSE) that construction of the new Endoscopy Unit will begin in 2019. "Earlier this month I put a question to the Minister for Health in relation to timeframe for the provision of an endoscopy suite at Naas hospital following the commitment in the national development plan 2019 to 2027."

"The HSE have confirmed to me that the construction of the new Endoscopy unit, physical medicine unit, physical therapy unit, oncology unit and day procedure at Naas General Hospital will commence in 2019."

"The project is included in the HSE's Capital Programme and planning permission I understand has already been granted for the project. The project will be completed by 2021."

"We need to develop the facilities at Naas General Hospital and I welcome this commitment." concluded Deputy O'Rourke.

### O'Rourke says FF to introduce Bill to protect CE and Tús Schemes

Local Fianna Fáil TD, Frank O'Rourke, said that Fianna Fail is to introduce a Bill to prevent Jobpath from denying participants from taking up a place on a Community Employment (CE) Scheme, the Rural Social Scheme (RSS) or the Tús Scheme.

"In recent years, I met with both the former Minister for Social Protection, Leo Varadkar TD, and the current Minister for Employment and Social Protection Regina Doherty TD, and made strong representations to them, to have the CE and Tus schemes made more flexible."

"In effect, many people feel that they are being unfairly coerced into Jobpath and would prefer to take up a place on a CE, RSS or Tús scheme. In many instances, this would be more appropriate and suitable to the needs of both the community and the individual concerned. I also want to ensure that we facilitate older people on the scheme."

"People involved in Tus schemes in Clane, Donadea, Leixlip and Celbridge have met me to discuss the problem associated with the way the scheme was being administered and have requested that we change the rigid framework that is in place."

"The aim of the legislation which Fianna Fail is introducing is to give a legal entitlement to a person taking part in the JobPath activation programme to opt out of said programme in order to take part in a Community Employment Scheme, a Tús Scheme or a Rural Social Scheme, in circumstances where a place on any of these schemes becomes available."

"Fianna Fáil supports these schemes and recognise the tremendous benefit that they bring not only to participants but to the community at large." Concluded Deputy O'Rourke.

### Elevated Insurance costs must not become the norm for motorists says O'Rourke

Local Fianna Fail TD, Frank O'Rourke, has called on the Government to provide a renewed focus on reducing the cost of motor insurance further, as the average premiums are still €300 higher now than they were in 2014.

"I appreciate that recent CSO figures show that the cost of car insurance fell by approximately 12% over the last year, but the average annual cost of insurance now stands at €750 compared with €450 in 2014."

"My concern is that this elevated motor insurance cost will become the norm. Since

getting elected, I have persistently raised the unacceptable rise in the cost of motor insurance. Last month, I pressed the Government to partner with other EU countries to fight the rising costs, and we received a deafening silence."

"While I appreciate that Brexit has become the most urgent matter for the Government at the moment, we must ensure that the Government does not lose sight of bread and butter issues such as motor insurance costs."

"The cost of insurance working group put forward a whole range of proposals to have the cost of insurance reduced and we need a quarterly update, and debate, on the implementation of these recommendations." Stated Deputy O'Rourke.

"The recently published National Development Plan, never mentioned the importance of tackling the rising cost of living expenses and addressing the cost of insurance is one key element of that. As I have said before, the modest benefits from the changes to the USC in the last two budgets has been taken from most workers by the increase in the cost of motor insurance." concluded Deputy O'Rourke.

### €300m Brexit loan scheme launched – but interest rate too high says O'Rourke

Local Fianna Fáil TD, Frank O'Rourke, has called on the Government to review the interest rate that is set for the Brexit Loan Scheme, which came into effect on 28th of March last.

"A total of €300m is going to be available to eligible businesses with up to 499 employees, as loans valued up to €1.5m each at an interest rate of 4%. The loan scheme for Irish companies is to offset the potential negative impacts of Brexit. However, the 4% interest rate associated with the scheme is double that of other EU countries such as France and Germany. As I have said before in relation to mortgage interest, Ireland is at a competitive disadvantage when it comes to Interest rates."

"Specifically, this scheme is designed to assist SMEs with their short term working capital needs."

"I welcome the loan scheme. I have over the last year, continuously called on the Government to put forward schemes to assist Irish businesses dealing with the risks associated with Brexit. In particular, I want to assist Food companies, many of whom are based in Kildare, maintain their market share and develop their export potential in the context of the challenges presented by Brexit."

"Given the unique exposure of Irish Food companies to the UK market, 40 per cent of the €300 million scheme will be available to food businesses. This is welcome news, but an interest of 4% is too high and we need this reduced." Concluded Deputy O'Rourke, who is committed to raising the concerns of Kildare exporting businesses in the context of Brexit. €13.6 billion of agri-food was exported in 2017. The Scheme will be available from 31st March 2018 and will remain open until 31st March 2020.

### Commercial Rates Relief needed for small businesses says O'Rourke.

Local Fianna Fail TD, Frank O'Rourke, has called on the Government to address the concerns of small businesses in the forthcoming Commercial Rates Bill and provide relief for struggling small businesses. Deputy O'Rourke made the call after meeting with business people in Maynooth last weekend.

"Fianna Fáil put forward legislation last year to reform our commercial rate policy. We did this so that focus was brought to the issue and to accelerate the Governments plans to reform commercial rates framework."

"The government needs to cut commercial rates for hard pressed businesses, particularly small and medium sized business, to improve their competitiveness and encourage small businesses to continue operating in our towns and villages."

"We need a relief scheme for commercial rates for businesses that are struggling, in particular, in towns like Maynooth, Kilcock, Celbridge, Naas and Clane. Commercial rates in Kildare have increased over the last few years and we need to address these increased costs. I have raised this point in the Dail regularly."

"In addition, Fianna Fáil's Bill, published last year, proposed to reduce the impact of rates valuations on businesses by putting a cap on the rate increases themselves, and allowing businesses to spread their increased payments over a five year period, rather than frontloading it."

"Rather than hitting shops and businesses with additional costs, we should be encouraging more businesses into towns, like the ones in County Kildare. Working with my colleagues, I will ensure that the forthcoming Government Bill does just that." concluded Deputy O'Rourke.



# Colaiste Naomh Eoin An Ghaeltacht sa Bhaile

**Winner of the Memorex Culture Award**

## Gaeltacht Summer Courses 2018

**Maynooth University, Maynooth**

**Cúrsa A: 04/06/18 - 15/06/18**

**(Please Note: Cúrsa A starts on Bank Holiday Monday)**

**Lucan Community College, Lucan**

**Cúrsa A: 18/06/18 - 29/06/18**

**Castleknock Community College**

**Cúrsa F: 02/07/18 - 13/07/18**

**(Primary Students Only)**

Formal Class • Sports • Games • Competitions • Fun Activities • Céile & Sing Song • Art • Drama

*“...the most Comprehensive, Enjoyable and Affordable Gaeltacht course in Ireland”*

**Limited Places. Book online or contact (01) 298 5287**

**[www.ColaisteNaomhEoin.com](http://www.ColaisteNaomhEoin.com)**



**Language School • Ireland**

**French Summer Courses**  
Secondary School Students

**Lucan Community College**  
**11/06/18 - 15/06/18**

*“An excellent course,  
excellently taught”*

Book Now  
Limited Places

**(01) 298 5287**  
**[www.lsireland.com](http://www.lsireland.com)**



## Hegartys Solicitors

**Derroon House**

(beside Citizens Information Centre)

**Dublin Road, Maynooth**

**Buying or Selling Property, Re-mortgaging, Wills,  
Family Law, Debt Collection**

**Tel: 01-6293246 Fax: 01-6293247**

**Also At: 29 Eaton Square Terenure Dublin 6**

**Email: [info@hegartyssolicitors.ie](mailto:info@hegartyssolicitors.ie)**  
**Website: [www.hegartyssolicitors.ie](http://www.hegartyssolicitors.ie)**



# Maynooth Newsletter

**Copy date for the next edition of the  
Maynooth Newsletter is Tuesday 22nd  
May 2018**



**Main Street, Maynooth, Co. Kildare**

T. 01 6286255 E. [info@oneillsbar.ie](mailto:info@oneillsbar.ie)

O'Neill's Bar & Steakhouse is a family run traditional style bar in the heart of Maynooth.

We are renowned for our quality food, service and our warm welcome.

Food is served daily from 12pm, full A La Carte menu available from 5pm.

Live music every Thursday & Saturday night.

[www.oneillsbar.ie](http://www.oneillsbar.ie)

## Thinking of replacing your PVC Windows?

### WHAT TO DO NEXT

Request Your Free Guide Book:  
**'7 Big Mistakes people make  
when buying PVC Windows'.**

In this book you will learn:

- Key Questions to ask my window installer before engaging them
- 7 Critical mistakes everyone makes
- 3 Steps to a perfect window solution from start to finish

It's easy to get,  
**Simply call 01 -6203232**  
and we will send it straight away.



[www.keanewindows.ie](http://www.keanewindows.ie)

# Maynooth Newsletter

**Copy date for the next edition of the Maynooth Newsletter will be Tuesday 22nd May 2018**

## Maynooth Flower and Garden Club Sale of Plants

**Saturday May 12th from  
2pm to 5pm**

**in Maynooth Community Space**

**Large selection of plants for sale**



**All welcome to come and buy**

**Information from 086 4041927**

## Stagg Presents Walk Proceeds to Maynooth Senior Citizens

Kildare North Labour General Election Candidate Emmet Stagg and Maynooth Labour Local Area Representative Angela Feeney presented the proceeds of the Tony Smith Memorial Walk 2018, totalling €2,242, to Maynooth Senior Citizens Committee on Sunday April 15th at the Senior Citizens Easter Tea Dance at Maynooth GAA Club.



The Walk which was held on Sunday 18th February and is organised by Maynooth Labour Branch, is an annual event since 1979. The Walk was named in honour of Tony Smith who was treasurer of Maynooth Labour Branch and whose idea it was to hold an annual event for our Senior Citizens when he passed away tragically at the young age of 33 in 1982.

We would like to thank everybody who took part, all those who sponsored our walkers and the Management of Carton House for allowing us to use Carton Estate for the Walk.

## Zero Waste Maynooth

### Natural Cleaning Product Workshop

Zero Waste Maynooth and Tidy Towns held their second event on Saturday, 25th March in the Community Space. Molly, from Bare Necessities Ireland, gave an entertaining and educational workshop on using natural products for cleaning. She mixed her recipes for cleaning products with real life cleaning stories. Modern marketing has strongly influenced how people clean – promoting a different product for each task. Most of these products are dangerous to aquatic life and can aggravate certain conditions – especially skin and breathing conditions. Molly recommended the use of vinegar and bread soda for cleaning every room in the house. Roscommon County Council has a great resource on their website with great recipes for all homemade cleaning products. Check out [roscommoncoco.ie](http://roscommoncoco.ie) under their environmental awareness and education heading.

### The Third R!

We have been covering the foundations of zero waste for the previous months. These are the five Rs – refuse, reduce, reuse, recycle and rot. This month we are focusing on **Reuse**.

Reusing is a great way to save money and help the environment. By reusing products and materials already created, we are reducing the demand for new products, and thus the pollution and energy that manufacturing involves.

Here are some ideas on how you can reuse:

- Bring that reusable coffee cup, water bottle and shopping bag with you whenever you leave the house! Using a reusable coffee cup will get you a discount in eight fantastic cafes in Maynooth - Emma's Place (20c), Willow and Wild (20c), The Brewery (20c), L'Art du Chocolat (20c), Coffee Lounge (50c), Coffee Mill (50c), Beetroot (20c), Café Bon Bon (20c).
- Before you buy, consider if you can borrow or share an item- for example borrow a fascinator or bag for a wedding from a friend, share the tools with neighbours.



- Check out charity shops, vintage stores and online for “new to you” clothes (fast fashion is a huge source of pollution – check out The True Cost on Netflix).
- Join Zero Waste Freecycle group on Facebook – this is a group where people offer and ask for items for free. There is also a Freecycle Baby group.
- For baby/toddler clothes, check out [flopsyshop.ie](http://flopsyshop.ie) – they buy and sell high quality preloved baby clothes.
- Get creative! When you need something, think creatively about what you already own and how you can repurpose it – old clothes could become cleaning cloths, jars can become storage containers/penholders.



And if you are interested in learning how to reuse materials you are in luck!!

**Zero Waste Maynooth is holding their next event – a Crafternoon on Saturday, 26th May from 2-4 in the Community Space.**

It will be a workshop on how to repurpose fabric, paper and other bits and pieces to create decorations – think pillowcase bunting, card board changed into Harry Potter themed décor and loads more. Molly will also be present to answer any of your cleaning queries and sell you loose dried goods!



**~ ~ Crafternoon ~ ~  
Saturday, 26<sup>th</sup> May  
from 2-4  
Maynooth Community  
Space**



**All items will be supplied  
from ReCreate  
– items saved from  
landfill  
Everyone welcome**

## Gerard Mulcahy-Traditional Craft Butcher

All Beef Matured  
for 21 Days

Est. 1984

Now Catering For  
Parties

**Greenfield Shopping Centre, Maynooth  
Hours of Business**

**Mon - Fri: 8.30am - 6.30pm - Sat: 8am - 6pm  
Phone Orders to Shop - (01) 6286317**

**All our Meats are Cooked in our New Kitchen  
Roast Beef - Turkey - Ham**

**Fresh Cooked  
Chickens  
Daily**



**Mulcahy  
Low Salt  
Hams**

CERTIFICATE  
OF EXCELLENCE

THIS IS TO CERTIFY THAT  
Gerard Mulcahy

Has reached the highest standard of  
butchery excellence and has achieved  
the status of:

**CERTIFIED CRAFT  
BUTCHER 2017/18**



**See our Great Offers below**

**8 Large Homemade Sausages €4  
10 Homemade Chicken Goujons €6**

**100% Steak Burgers  
100% Turkey Burgers**

**Made to Order on the Day !!**

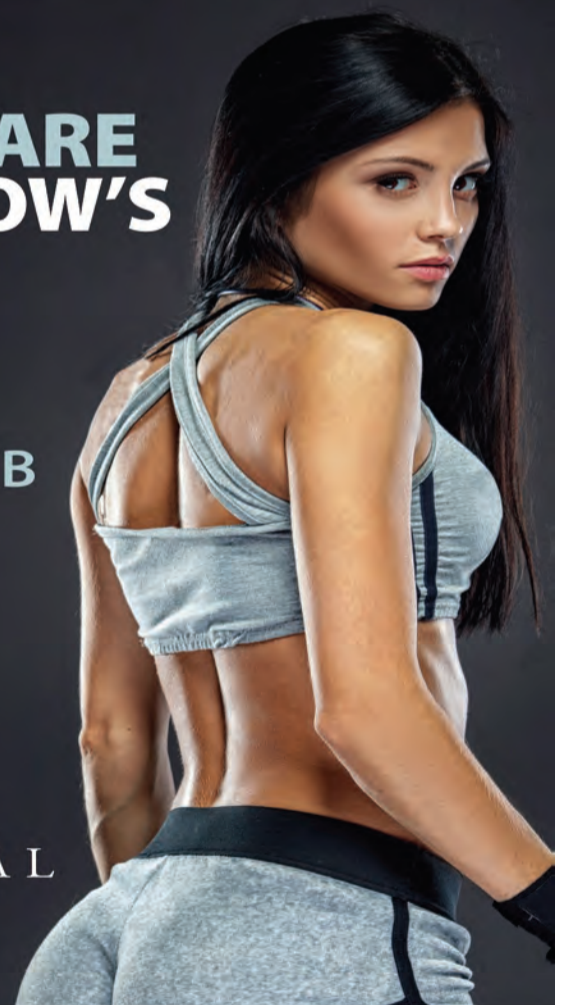
**TODAY'S  
ACTIONS ARE  
TOMORROW'S  
RESULTS**

**JOIN THE  
GLENROYAL  
LEISURE CLUB  
TODAY**

EST 1995

**GLENROYAL  
LEISURE**

Call: 01-6291313  
email: [leisure@glenroyal.ie](mailto:leisure@glenroyal.ie)  
[www.glenroyalleisureclub.com](http://www.glenroyalleisureclub.com)



# MAYNOOTH 10K + 5K MAY 20th 2018

The eighth annual Maynooth 10k and 5k was formally launched at Carton House on March 14th. The launch was attended by the new Director of Sales and Events at Carton House Carlo Boersma and Karen Moylan Senior Event Coordinator. MEC PTA, who organise the event in conjunction with Maynooth GAA, was represented by the chairperson Frances Bradley and the chair and vice-chair of the Maynooth 10k and 5k committee Una Phillips and Teresa Murray. Maynooth Education Campus was represented by school principals Johnny Nevin and Siobhan McCauley accompanied by students of Maynooth Education Campus.

This year's event will take place on Sunday 20th May at 10.30am, with both the 5k and 10k starting at the same time. The 10k starts in St. Patrick's college and the 5k at the Presentation Girls school with both passing through Carton House and finishing on Carton avenue. The 10k is known to be a well organised race with a fast, flat course and is popular with competitive runners. The 5k, now in its fourth year, continues to go from strength to strength and is a firm favourite for walkers and families.

The event is a fund-raiser for the development and upkeep of the multi-purpose playing fields, walking track and ancillary facilities at Mariaville on the Moyglare Road. The facilities are in regular use by the GAA, local schools and the community. This years funds will also go towards facilities in the new school campus which is well under way.

Enter on-line through [www.maynooth10k.ie](http://www.maynooth10k.ie) or in Maynooth Education Campus from 2pm to 4pm on Saturday May 19th and from 8am to 10am on the morning of the race Sunday May 20th. Entry fees are €20 for an individual or €40 for a family 2 adults and one or more children.

After the race, refreshments will be served at the school and will be followed by the prize-giving ceremony at 12 noon with excellent Prizes for 1st, 2nd and 3rd, Ladies and Men in the 10K and 5K plus some spot prizes on the day.

The committee would like to thank St Patrick's College and Carton House for the use of their grounds, all our sponsors and volunteers without whom this event would not be possible."

## Maynooth



# 10k

Online Entry & Timing  
by Pop Up Races



Entry €20 or €40 for a family  
Start at 10.30am, registration  
from 8am at the school

## +5k

Prizes for 1st, 2nd, 3rd  
Post-race Refreshments  
at the school

## FAMILY RUN

## SUNDAY

## 20<sup>TH</sup> MAY

## [www.maynooth10k.ie](http://www.maynooth10k.ie)



Left to Right: Karen Moylan Senior Event Coordinator Carton House, Carlo Boersma Director of Sales and Events Carton House, Frances Bradley Chairperson MEC PTA, Teresa Murray vice-chairperson Maynooth 10k, Una Phillips Chairperson Maynooth 10k accompanied by students of Maynooth Education Campus launching the Maynooth 10k + 5k 2018.



Principals Johnny Nevin and Siobhan McCauley accompanied by students of Maynooth Education Campus launching the Maynooth 10k + 5k 2018 at Carton House Hotel.

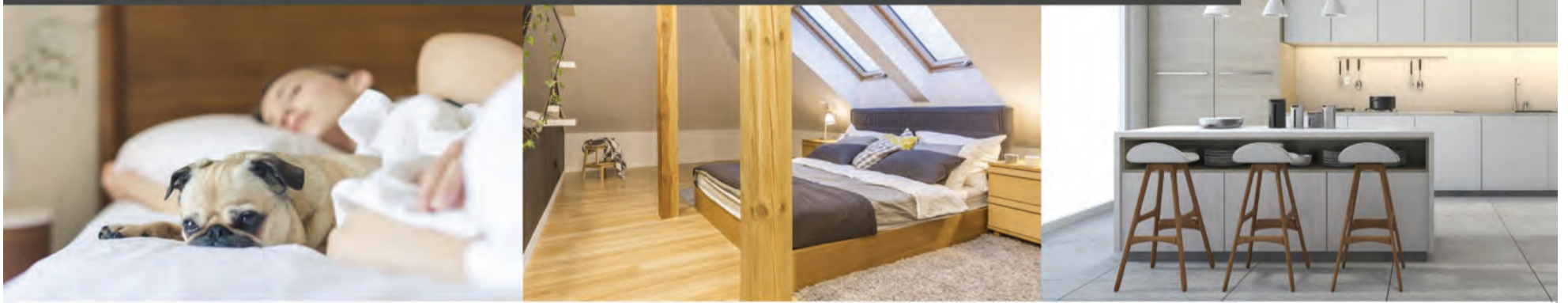


**CREDIT UNION**  
MAYNOOTH • NAAS • NEWBRIDGE



# SMALL CHANGES OR BIG RENOVATIONS?

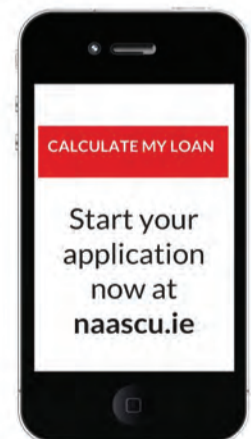
WE CAN HELP MAKE YOUR HOME SWEET HOME



**HOME IMPROVEMENTS UNDER €10,000 (9.93% APR)**  
Painting, new doors, new bathroom...

**HOME IMPROVEMENTS OVER €10,000 (8.57% APR)**  
New kitchen, attic conversion, kitchen extension...

**SECURED HOME LOAN (5.91% APR)**  
Major renovations, house purchase, large extension...



Loans are subject to approval. Terms & Conditions apply. If you do not meet the repayments on your loan, your account will go into arrears. This may affect your credit rating which may limit your ability to access credit in the future.

20 North Main Street, Naas (W91 RV10) | Monread Shopping Centre, Naas (W91 X257) | Main Street, Maynooth (W23 NX70) | Main Street, Newbridge (W12 E621)  
www.naascu.ie | 045 879 622 | Naas Credit Union Ltd. is regulated by the Central Bank of Ireland

# Come on the Town!



## FAI INTERMEDIATE CUP FINAL

Maynooth University Town  
v  
Firhouse Clover

Aviva Stadium

Saturday 12th May KO 5pm

Tickets €10 Under 16 free



**For information & tickets contact:**  
**miriammtfc@outlook.com or**  
**0861060654**



# BRADY'S

## CLOCKHOUSE

**Proud Sponsors of Maynooth University Town  
Leinster Senior League Teams**

**Best of Luck to the Lads in the  
FAI Intermediate Cup Final  
@ Aviva Stadium  
Saturday 12th May 2018  
K.O. 5 pm**



**Like us on Facebook  
@BradysClockhouseMaynooth**



**Parties Catered For to book  
e-mail: [info@bradysbarmaynooth.ie](mailto:info@bradysbarmaynooth.ie)**

**Web: [www.bradysbarmaynooth.ie](http://www.bradysbarmaynooth.ie) - Tel: 01-5054725**

**Great Food Served 7 Days**

## **FREE COURSES FOR ADULTS WHO ARE UNEMPLOYED**

- Courses are free for eligible Social Welfare recipients, people receiving unemployment assistance/ benefit/ one parent payment/ disability allowance, signing for credits, dependent spouse or certain other DSP payments.
- Books and materials are supplied.
- Keep your Social Welfare payments - you will not need to sign on for the duration of the course. Courses are one and two years in length.
- Travel allowance available.
- Childcare support available.

**North Kildare FETC offer the following courses:**

- **Information & Communication Technology Skills (level 4 - Introduction to computers)**
- **Healthcare Support (level 5)**
- **eBusiness with Start your own Business (level 5)**
- **General Studies – Pre University Course (level 5)**
- **Business Studies – with Accounting (level 5)**
- **Accounting Technician (level 6)**

**Progression routes:** Past students have progressed to full and part time employment, Further Education courses and Higher Education courses.

**Enrolling now for courses starting at end of August 2018**

**For more information ring 01-6246420 or email [eilisclare@kwetb.ie](mailto:eilisclare@kwetb.ie)**



**Maynooth**  
Tidy Towns  
Caring for our environment

Maynooth Tidy Towns annual collection will take place from Thursday 17th May to Sunday 20th May. Please give generously.

Maynooth Tidy Towns wish to thank Coonans Auctioneers Main St, and Eco Lodge Lime Tree Hall, Maynooth for their generous sponsorship of trees which were planted around Maynooth over the last few weekends.

Maynooth Tidy Towns volunteers revamped the roundabout at Carton Park on Saturday 24th March.

We thank Gail Maher of Maynooth University who gave a very informative and interesting talk on flora and fauna in Carton Avenue on Monday 26th March to members of Maynooth Tidy Towns and the general public.



Thanks to all who recycled electrical goods and batteries on Saturday 24th March in the Tesco Car Park, the amount collected was 25 tonnes. A big thank you to the Maynooth Tidy Towns volunteers who helped on the day.

We had a Tidy Towns planning meeting on Wednesday 25th April to discuss this year's application and in relation to tidiness in estates. We would ask if all

residents and residents associations could consider adopting a space to keep tidy near their estate. Also that resident associations would keep Maynooth Tidy Towns informed of any new features on their estates.

Maynooth Tidy Towns had their annual spring clean-up on Saturday 28th April meeting at the Courthouse Square @ 10am.

Good luck to the organisers and participants in the Annual Maynooth 10K/5K which takes place on 20th May @ 10.30am.

At this time our National Tidy Towns application is due for submission.



Maynooth Tidy Towns has resumed their Wednesday Evenings @ 7pm, Saturday mornings @ 10am and Sunday mornings @ 7.45am meeting at the Courthouse Square.

Biodiversity week from 19th May to 27th May. Swifts in Maynooth, Walk and Talk, Monday 21st May from 7.30pm to 9.30pm. Meet at Maynooth University Library, Kilcock Road.

Biodiversity Walk Castletown House Thursday 24th May 2pm to 3.30pm

Maynooth University Biodiversity Day Friday 25th May 10am to 3pm

Wildlife Gardening talk by Irish Wildlife Trust, Thursday 31st May 2.30pm Maynooth Library. Please watch our Facebook page for events in Maynooth

When buying plants for your gardens or patio please insure they are BEE Friendly.

We need your help to hold the GOLD MEDAL which we won last year.

**Richard Farrell**  
**PRO Maynooth Tidy Towns**  
**087 3153189 and See us on Facebook or Twitter**



## NORTH KILDARE FURTHER EDUCATION CENTRE

### Full-time PLC Course 2018/2019

### Certificate in Business Administration QQI Level 5

### NOW ENROLLING

#### Modules may include:

- Business Administration Skills
- Bookkeeping (Manual and Computerised)
- Payroll (Manual and Computerised)
- Communications
- Spreadsheet Methods
- Work Experience

#### Our course is open to:

School leavers and mature students wishing to upskill for new employment opportunities or continuing to further study.

Eligible students may avail of a SUSI grant or Back to Education Allowance.

Courses are full-time and run from late August 2018 to May 2019, Monday to Friday, with usual school holidays.

Course fees: Government levy of €200 and exam fees of €70. Tuition is free for EU students.

**Apply now – Phone: 01 624 6420 • Email: vtosleixlip@kwetb.ie**



Ireland's EU Structural and  
Investment Funds Programmes  
2014 - 2020  
Co-funded by the Irish Government  
and the European Union



**EUROPEAN UNION**

Investing in your future  
European Social Fund



## Oliver Reilly

Leinster Street, Maynooth,  
Co. Kildare  
Mobile 086 8105581 - 01 6289452  
24 Hour Service



**Undertakers and  
Complete Funeral Furnishers**  
Wreaths, Headstones,  
Mourning Coaches  
Undertakers to  
Maynooth Mortality Society  
(Funeral Parlour Free to Society Members)

Main Office, Naas Tel: 045 868230  
Paul Reilly Mobile: 086 8105581

*Funeral Home  
The Harbour  
Leinster Street  
Maynooth*



01-629 0370  
Unit 3, Fagan's Lane, Maynooth  
Main Street, Kinnegad  
info@gildeasopticians.ie  
f Gildea's Opticians  
www.gildeasopticians.ie

**GildeasOpticians**

Free EYETEST And SPECTACLES with Medical Card  
FREE EYETEST with PRSI and Allowance towards spectacles or contact lenses

Appointments Monday - Saturday  
Late Nights Wednesday and Thursday 9:30am - 8:00pm  
Opening hours 9:30am - 6:00pm Saturday until 5:30pm

Buy one, get one  
**HALF PRICE\***  
\*See in store for details

**LIAM DUFF**  
**CRASH REPAIRS**

Call (01) 628 7434  
e-mail: info@liamduffautos.ie  
web: liamduffautos.ie

**VEHICLE RECOVERY CRASH REPAIR TYRE SERVICES**

24 Hour Vehicle Recovery 087 257 9400 087 929 1719  
Crash Repairs CSS Approved  
Tyre Fitting Service Laser Wheel Alignment Puncture Repair

Liam Duff Crash Repairs, Gragadder, Kilcock, Co. Kildare

**Top Dogs**  
**Grooming Salon**

**Kennels,  
Grooming  
And Day Care**

Cooldrinagh Lane  
Weston, Leixlip,  
Co. Kildare

**Tel: 087 804 6168**  
email: topdogsgroom@yahoo.com  
www.topdogsgroom.com

**LIFE**  
**BEGINS WITH 30 MINUTES**  
GET FIT GAIN STRENGTH LOSE WEIGHT

30-minute full body workout  
Strength Training  
One-on-one coaching  
Designed for women

Join now:  
30% off the service fee  
+ 30 days free!\*

Don't miss out on this great joining promotion! Summer bodies are made now!

Call us to book in 01 6291000

**Curves**  
curves.eu/ie

\*Offer based on first visit enrollment, minimum 12 month membership. New members only. Not valid with any other offer. Valid only at participating locations from April 2018 for limited time. © 2016 Curves International, Inc.

**Mary Cowhey & Company**  
**Solicitors**  
Suite 2/3 Manor Mills  
Maynooth  
County Kildare

**Motor & Work-Related Accidents**

**House Purchase/Sale**  
**Wills, Probate**  
**&**  
**Administration of Estates**  
**Family Law, Divorce, Separation**

Telephone: 6285711  
Fax: 6285613

E-mail: info@marycowhey.com  
[www.marycowhey.com](http://www.marycowhey.com)

Copy date for the next  
edition of the Maynooth  
Newsletter will be  
Tuesday  
22nd May 2018

**Kelleher & Associates**

**Chartered Building Surveyors**  
House & Apartment Surveys  
Snag Lists  
Certificates of Compliance  
BER Certificates  
Planning Applications

Maynooth Based  
Tel: 01 6856935  
Mob: 087 2693319

Email: info@kelleherassociates.ie  
Web: www.kelleherassociates.ie

# LIGHTERLIFE MAYNOOTH LOSE A STONE A MONTH

- Fast, safe weight loss
- Choice of plans
- Private one to one support
- Unique change programme based on 30 years research
- Top quality tasty nutrition meeting all EU standards



BOOK YOUR  
**FREE**  
CONSULTATION  
**NIAMH O'HARA**  
**083 041 2630**

**Maynooth**

 **Tidy Towns**  
Caring for our environment

**Maynooth Tidy Towns Annual  
collection will take place**

**From: Thursday 17th May 2018  
To: Sunday 20th May 2018**

**Please Support  
& give generously**



## Maynooth Hosts Kildare Community Games Basketball Finals



The Kildare finals in community games basketball took place on Saturday, 24th March, in Presentation Girls National School. Four teams took part: Maynooth, Sallins, Crookstown/Moone and Kilcock. The teams were made up of boys and girls, all aged under 11 years.

For most of the Maynooth team, this was their first taste of competitive basketball. The team performed well in all three games, but lost out in the end to Kilcock. The 13 players on the team all contributed in a very positive way.

The team was coached by Steph Poland, an American college coach with Maynooth Basketball Academy. Steph coaches basketball in primary schools in Maynooth, Straffan and Rathcoffey, while on a scholarship funded by Sports Changes Life in Maynooth University. Speaking afterwards, Steph said the children had learned a lot about the game of basketball and the meaning of being a good teammate.

‘So many coaches talk about how they would pick a good teammate over a more talented player every day. Also, learning how to be a good teammate at a young age is not only important for sports, but for life because you are not always going to be the most talented person, but your work ethic and attitude is what can help take you far in life.’

Steph said she was honoured to coach the u11 team: ‘I am so proud of them and I cannot wait to see their love for the game grow even more.’

Maynooth entered two other teams in community games basketball: an u13 boys team and an u13 girls team. All three teams will play in the Maynooth Festival of Basketball, which takes place on Saturday, 12th May, in Maynooth Post Primary School.

## Catherine Murphy T.D. Social Democrats, Kildare North.

Constituency Office ph: 01-6156625 Dáil Office ph: 01-6183099 - e-mail: [catherine.murphy@oireachtas.ie](mailto:catherine.murphy@oireachtas.ie)

### Government must get to grips with affordable housing crisis by building on state land

Social Democrats co-leader Catherine Murphy TD today called on the government to get to grips with the chronic shortage of affordable homes and ensure that state land is used to provide both social and affordable housing.

Deputy Murphy made her comments as RTÉ reported that a government scheme to incentivise the construction of affordable homes has not paid out a single cent since its announcement in November 2015.

Deputy Murphy said:

“This report is just the latest confirmation of the abject failure of the government’s efforts which relies on the market to deliver social and affordable housing. It is blatantly obvious that the market cannot deliver genuinely affordable homes. Recent reports of people queuing for days for a chance to buy homes off the plans show just how dysfunctional the housing market has become. “We need to see a much more aggressive and determined approach to tackling the housing emergency which is forcing people into continuing to pay rents which in many areas are skyrocketing. The government is not maximising the use of available land – both public and private – to deliver social housing and affordable housing to rent or buy at prices that people on average incomes can access.

“The only certain way to deliver affordable housing faster is for the state to get building and develop public landbanks. There are more than 700 sites owned by local authorities and the Housing Agency, with a further 30 sites owned by state bodies.”

### State is failing growing numbers of homeless families

The Minister for Housing Eoghan Murphy is seriously failing homeless families, Social Democrats co-leader Catherine Murphy TD has said.

Deputy Murphy was speaking after the release today of Department of Housing figures which show that the number of families living in emergency accommodation increased by 222 from January to February of this year. The figures show there were 9,807 homeless people in February including 1,739 families and 3,755 children.

Deputy Murphy said: “The Minister’s assurances that tackling homelessness is a priority ring hollow when we see such a sharp and distressing increase in the number of children growing up in hotels.

“The Minister is seriously failing growing numbers of families who are living in entirely unsuitable accommodation including cramped hotel rooms and so-called ‘family hubs’ in industrial estates.

“Unless there are concerted efforts across all of Government to prioritise the housing crisis, we will continue to see homeless figures going in the same upwards direction.

“It’s clearly extremely difficult for homeless parents and their children who are enduring the emotional stresses and practical difficulties of day to day life in emergency accommodation. But it is also downright unacceptable to people all across Ireland who rightly demand more from this Government.”

## Kildare Town and Village Health Checks



Cathal O’Meara Landscape Architects will be undertaking Town and Village Health Checks in 4 Towns/Villages in County Kildare over the coming months. These Health Checks will form the basis for providing recommendations for Town/Village renewal over the short, medium and long term. These Health Checks will be initially undertaken in the following locations: **Clane, Kilcock, Prosperous and Maynooth**

Members of the public and local community and voluntary groups are invited to participate in a collaborative process to create The Health Checks and associated Plans.

As described in the Town and Village Renewal Scheme Outline, the Health Check process has a basis in retail planning. The Department of the Environment, Community and Local Government issued both the Retail Planning Guidelines and the Retail Design Manual in April 2012 to promote a plan led approach to retail development. Planning authorities and An Bord Pleanála are now required to have regard to the guidelines in the performance of their functions under the Planning Acts.

Sustaining the viability and vitality of urban centers is a primary objective of the Retail Planning Guidelines. According to the guidelines, town vitality and viability effectively rely on four qualities; accessibility, attraction and amenity supported by action

The guidelines advocate that town centers undergo a periodic and consistently measured “health check” assessing the balance of the four qualities. An initial Health Check should form the baseline against which future Health Checks are measured to review performance. Health Checks in time series then provide a systematic assessment of strengths and weaknesses to inform Local Authority programmes and locally driven actions plans.

Initial meeting for Maynooth Town will be held in Maynooth PPS on Thursday 10th May at 7.30pm.

## St. Mary’s Brass & Reed Band



Looks like it’s going to be a busy year for the Band with quite a number of engagements already in our diary between now and the end of July. In between we will be working hard on preparing our pieces for our annual trip to the South of Ireland Band Championships in

Clonakilty and the music that has been sent to us by the organisers of the International Music Festival in Germany that we will be attending in September.

This trip promises to be a fantastic experience for the Band members with 34 bands coming from Germany, Italy, Austria, Holland, Iceland, Switzerland, Wales and even Russia meeting together to play separately and as a group on the final day.

As we mentioned last month it will be an expensive undertaking so if anyone would like to contribute towards our travel costs we would be delighted if they could contact us at 087 2537 906 or email [sec@stmarysbandmaynooth](mailto:sec@stmarysbandmaynooth) and we would be happy to talk to you.





## Writers' Corner - Short Stories from our readers

### Raised Bog Birdlife

Nowadays, many bird species that were once abundant in Ireland are rare or close to extinction, but reading a diary I kept while home on holidays from New York in June 1967 reveals a different situation. Here is an account of my visit back then to a North Roscommon raised bog.



As I draw near to evergreens surrounding a bog-side vegetable garden the abundance of bird life thrills me: a chorus of larks high overhead, pigeons cooing or rising with clapping sounds then gliding away on fixed wings, a black-headed gull hurrying silently past, the occasional double notes of a cuckoo, wrens and robins adding their contributions to the medley of birdsong. What a change from the noise of traffic!

Human voices break in on the avian symphony: 'Hello, Mick. It's a fair day.' 'Hello, John. It's fair all right, but there's going to be showers. The wind is from a bad direction.'

The voices subside into indistinct murmurs as, intent on getting a panoramic view of the bog, I head for the nearby hill. Linnets flit twittering away and a corncrake begins his rasping 'ache-ache' in a meadow. As I climb higher I can see the two men scattering turf sods in an area of trampled grass. Following a hoof-scored path, I make my way past a culleen of hazels and blackthorns. Long tail streaming, a magpie chuggs rapidly as it flies towards a whitethorn hedge. Above the culleen, I climb onto an earthen ring-fort, possibly dating from the Iron Age.

Up here the vista is impressive. In the distance another low, green hill runs east-west like the one I'm on; both are drumlins formed during the last Ice Age. The level stretch of variegated bog between them was once a lake, created about 10,000 years ago by the melting ice sheet. Over centuries the lake filled with partly decomposed vegetation, which eventually became peat, turning the lake into a fen. Plants such as bog cotton and sphagnum moss now made their appearance, gradually turning the fen into a raised bog.

A river flows along the south edge of the bog, probably as it did when the lake existed.

Suddenly the culleen resounds with the strident calls of a grey crow; no wonder the Irish once regarded it as a manifestation of the Morrigan, goddess of battle! Further off, the 'caaak caaak' of curlews changes to musical, bubbling crescendos as they glide down to alight on the margins of the bog. To the southwest the silver gleam of a turlough contrasts with the emerald of surrounding fields. Now I must check the heather for grouse – are their white leg feathers a survival from ice age plumage?

Presently I'm walking through a cutaway area. At a place where their yellow blossoms light up green flags, a moorhen, white under-tail flashing, slips into a drain. I clamber to the bank above rectangular bog-holes where turf has recently been cut. Two teal explode from a drain, circle about then veer off. Meadow pipits take flight as I squelch through sedge and moss, past an area bright with bog-cotton, from which snipe rise, screeching. Presently I come to a patch of bilberries, the berries still green. A hare darts away, its hind feet throwing up showers of spray.

On reaching heather, I find here and there old grouse droppings. A single rhododendron with pinkish blossoms adorns a low hillock – did it grow from a windblown seed? Presently, I detect fresh grouse droppings and, almost at the same moment, a dark, reddish-brown bird explodes from the heather. I watch as, cackling loudly, the cock skims the bog, rapid wing beats alternating with short glides. Is he the sole survivor of a covey that flourished here? Some day I will have to write a story about this grouse.

A curlew taking flight nearby interrupts my thoughts. After patiently searching the area I find her grass-lined nest; filling it are four large, olive-green eggs with dark markings. In my younger days I would have taken a single egg for my collection, but not now. Maybe one-day curlews will be as rare as grouse? Noticing inky clouds gathering, I head for home before it rains.

**P.G. Nerney**



### MAYNOOTH CYCLING CAMPAIGN



#### Get Ireland Cycling Strategy Meeting

On March 6th, Sport Ireland held a strategy meeting on Get Ireland Cycling. Although, organised by Sport Ireland, the meeting was about everyday cycling rather than cycling as a sport. It was attended by senior officials from Healthy Ireland and the Departments of Health and Transport along with Road Authorities, Local Sports Partnerships and members of An Garda Síochána which shows that cycling/bicycling is moving up the Irish political agenda.

The keynote speaker was Angela van der Kloof, a Dutch consultant who is familiar with Ireland and is a Cycling Expert with the Dutch Cycling Embassy. She said "....unless you have a coherent network of segregated cycle tracks/path criss-crossing urban areas you will not get more people cycling" and in relation to the lack of children cycling in Ireland, she emphasised that "Children are precious and must be protected from fast traffic". We would concur with these views. Maynooth needs a network of cycle facilities not a corridor.

#### World Bicycle Day - June 3rd

Bicycles continue to move up the political agenda worldwide also. The United Nations has declared June 3rd as International World Bicycle Day, by adopting a resolution to that effect on April 12th 2018, during the 72nd Regular Session of the UN General Assembly, in New York.

The resolution was adopted by a consensus of 193 member states. The declaration invites all Member States and relevant stakeholders to celebrate and promote awareness of the World Bicycle Day. The declaration encourages Member States to devote particular attention to the bicycle in cross-cutting development strategies and to include the bicycle in

international, regional, national and local development policies and programmes. The European Cyclists' Federation (ECF) welcomed this resolution with the Secretary General Dr. Bernhard Ensink stating "Cycling is a source for social, economic and environmental benefits – and it is bringing people together. This UN declaration is an acknowledgment of the contribution of cycling to 12 of the 17 sustainable development goals (SDGs)".

#### Climate Change

On the subject of sustainability, air pollution in Ireland is deteriorating at an alarming rate, according to the latest 'Air Pollutant Emissions' 2016 published by the EPA.

Nitrogen oxides, is one of a number of extremely dangerous classes of air pollutants, which exceeded EU safe limits in 2016. Transport (41%) and agriculture (29.6%) were the largest Irish sources. Health impacts of nitrogen oxides include diseases such as diabetes, hypertension, stroke, chronic obstructive pulmonary disease (COPD) and asthma.

#### Meeting of Maynooth Planning Alliance

There was discussion about planning issues at the public meeting of the Maynooth Planning Alliance in April. Most of the discussions centred on traffic congestion with several drivers complaining about delays due to other people in cars. The elephant in the room (which was not mentioned) is that there are too many cars used too often and that new roads generate more traffic. All political parties, all governments since the 1990s and County Councils are in favour of sustainable and active modes of travel.

**Maynooth Cycling Campaign is a non-party political cycling advocacy group. Further information on meetings and activities is available on our website. We are affiliated to Cyclist.ie, the Irish Cyclist Advocacy Network and through it to the European Cycling Federation**





# ROYAL CANAL AMENITY GROUP (RCAG)

<p><b>The Royal Canal Greenway Festival:</b> This takes place in the harbour area in Maynooth on Sunday 27th May from 12pm onwards. Kildare Animal Foundation (KAF) has now confirmed that they will attend and host a Fun Dog Show in the Harbour Field. Dogs of all ages, breeds and sizes are welcome. Remember that your dog will never forgive you if you do not enter her/him for competition. There will be water based sports and activities like kayaking, a barge and hopefully sailing dinghies. Would you like to practice your retail or promotional skills? You can hire a sales table (in the Scouts Hall) from us for €30.00 in advance. Phone us at 01-6877034 or (086) 8636249 as soon as possible. RCAG is running this festival to celebrate the coming of the “Greenway” to Maynooth. Other towns and villages in Ireland would love to be on a “Greenway”, but can’t, and it is Maynooth’s good fortune.</p> <p><b>The Summer Outing:</b> €8.00 will buy you a seat on our bus to Lough Neagh, a boat trip to Ram’s Island, a guided tour there with soup and sandwiches, a four course meal in Dunleer on the way home and a great day out. The price can be reduced to €5.00 if we can fill the bus. The bus departs Maynooth at 8am sharp on Saturday 16th June. Contact the above phone numbers asap if you want to reserve a place. The prices €8 or €5 are “break even” for RCAG – in other words there is no profit element.</p> <p><b>The Greenway:</b> Work continues on the Greenway. When completed, the Royal Canal Greenway will be the longest complete stretch of Greenway in Ireland at 146kms. At present there is 94kms of continuous cycle track from Fureys at Moyvalley to Clondra in Longford.</p>	<p><b>The Summer Solstice Walk from Ashtown on Thursday 21st June:</b> It is an easy walk and very sociable finishing off with summer refreshments and entertainment. It is free and it is a short hop from Maynooth to Ashtown on the train. Check out <a href="http://royalcanal.ie">royalcanal.ie</a> for more details.</p> <p><b>World Canal Conference:</b> This takes place in Athlone from 10-12 September. RCAG will present a paper. This is a huge international event and was held in Syracuse New York in 2017.</p> <p><b>“Honey-Bee” Hives:</b> Honey-Bee Hives are in full operation on the “Royal” at Blanchardstown. RCAG is looking at other Canal Sites if other producers are interested.</p> <p><b>How do we survive?</b> Public Liability Insurance, Annual Auditors Charges and Annual Company Registration costs us €1,500 minimum every year. This is the basic cost of staying “barely alive” and is a problem with every voluntary group. We depend on Membership Subscriptions and this is why we want your continuing support. Check out our sites – <a href="http://royalcanal.ie">royalcanal.ie</a> or <a href="http://royalcanalgreenway.ie">royalcanalgreenway.ie</a> . We have applied to Kildare County Council for a 2018 Festival Grant for the Royal Canal Greenway Festival on the 27th May and are keeping our fingers crossed.</p> <p><b>The AGM:</b> It was held on the 17th April and local members who were returned to office were Matt Kennedy (Chairman), Gerry Fitzpatrick (Membership Secretary) and Declan O’Connor (Communications Officer).</p>
--	--

<h2>Editorial</h2> <p>The recent initiative to set up a CFR group in Maynooth is a very welcome development and should be strongly supported. Community First Responders (CFR groups) provide training in early cardiopulmonary resuscitation and the use of defibrillators in the event of a cardiac arrests. About 5,000 people in Ireland die from sudden cardiac arrest each year – that’s 13 lives lost every day. The Irish Heart Foundation’s annual “Happy Hearts” fundraising day takes place on May 11th and the money raised helps to fund their educational and support work.</p> <p>Last year the Irish Heart Foundation trained 80,000 volunteers in Cardiopulmonary Resuscitation (CPR) a procedure which involves pressing hard and fast on the centre of the person’s chest and providing rescue breaths to help save their life. It is a simple, easily learned emergency procedure used when someone’s breathing and heartbeat stop suddenly (cardiac arrest). When a person suffers a cardiac arrest and they don’t receive prompt CPR their chance of survival decreases by 10 percent for every minute that nothing is done. If CPR is not reviving a patient a defibrillator can make a significant difference. There are 15 defibrillators in Maynooth and there is no doubt that some people will know how to use them. If you are a bystander when a person suffers a sudden cardiac arrest your assistance could make a major difference as early CPR can double if not triple their chance of survival.</p> <p>Staying on the medical theme, an international team of researchers, led by Professor Paul Moynagh, Head of the Department of Biology and Director of the Human Health Research Institute at Maynooth University, has made a significant breakthrough in understanding inflammatory diseases such as sepsis, Crohn’s disease, psoriasis and multiple sclerosis (MS), and identified a protein for potential therapeutic exploitation. The scientists have discovered a protein in the body that is a key driver of inflammation. The blockade of this protein suppresses inflammation and so may offer a new approach to treating inflammatory diseases. Inflammatory diseases are regarded as amongst some of</p>	<p>the most difficult to treat, with sepsis in particular posing a critical challenge to frontline health care professionals. According to research by the Health Service Executive (HSE) in 2016, sepsis occurs in only 3.4% of hospital cases but contributes to 25% of all hospital deaths. Let us hope that this research leads to new solutions to deal with this challenging medical issue.</p> <p>The “Darkness into Light” is a major event in Maynooth which takes place on May 12th and if last year’s event is anything to go by thousands are likely to turn out for it. “Darkness into Light” (DIL) is Pieta House’s flagship annual fundraising and awareness event. It started with approximately 400 people in the now iconic yellow DIL T-shirts walking the 5km course in Dublin’s Phoenix Park in 2009. This year, they estimate that will have roughly 180 DIL venues across Ireland and worldwide. Last year they had 180,000 people sharing the light and helping to promote suicide prevention and to tackle the stigma that leads people to the doors of Pieta House. Pieta House offers free counselling to those suffering from suicidal ideation, those who have been bereaved by suicide and people who are engaging in self-harm. So why not join the Maynooth event and support a very important service.</p> <p>Planning issues have come to the fore again in Maynooth. As a founding member of the “Maynooth Planning Alliance” in the mid 1990s, the role of the group was to push for better planning for the town. Similar groups were formed in many other Kildare towns and villages and in adjoining counties because of the inevitable growth of Dublin. A key issue was that infrastructure always followed residential developments instead of being in place prior to new large residential developments. I am not involved in the new campaign in 2018 which faces many challenges not least changes in planning legislation and guidelines. It being May and after their exams, our Maynooth University student population leave us for the summer months. For those taking their final exams we wish them well in their future lives and trust that their years in Maynooth were both enjoyable and profitable in terms of their education.</p> <p><b>Paul Croghan</b> Editor</p>
--	---

## **CABINET MAKER FITTED WARDROBES**

**PROBLEMS WITH YOUR  
WARDROBES / KITCHEN  
WORKTOPS – DOORS CHANGED  
SHELVING**

\*\*\*\*\*



**General Wood Work  
Wall Fixtures, Side Gates**

**For Fitting - Repairing  
Call Val O'Flynn**

email: vofcabinetmaker@gmail.com

**Telephone: 01- 6275872  
Mobile: 087- 6235078**

## **Watkins Tile Centre Main Street Leixlip**

***"We have you covered  
for all your ceramic  
wall & floor tiles"***

**Opening Hours:**

**Monday to Friday**

**9.00 am - 5.30 pm**

**Saturday**

**9.00 am - 5.00 pm**

**Telephone: 01-6245560**



## **DENIS DUNNE MOTORS**



*For all your motoring needs*



**DENIS DUNNE**

**087 2454893**

*Free Mini Valet with Every Service*  
**Bryanstown,  
Maynooth,  
Co. Kildare.**

**dunnemotors@eircom.net  
www.denisdunnemotors.ie**

**Credit / Debit cards accepted**

## **MAYNOOTH COMMUNITY COUNCIL CLG SECRETARIAL SERVICES**

**Unit 5, Tesco Shopping Centre  
(Beside Post Office)**

**Photocopying / Typing / Scanning to Email  
Print from Email / CVs / Theses  
Letters / Essays  
A3/A4 Lamination**

**Tel: 01 6285922  
Email: office@maynoothcc.com**

**Opening Hours  
Mon-Fri  
9.00 am - 4.30 pm**



## **ART CLASSES BY NINA PATTERSON**

### **ADULTS**

**GERALDINE HALL / SCOUTS DEN MAYNOOTH  
MONDAY / FRIDAY MORNINGS**

### **CHILDREN**

**MON / WED / THURS P.G.S. MAYNOOTH**

## **SUMMER CAMPS**

**JULY & AUGUST**

**MAYNOOTH / LEIXLIP/  
JOHNSTOWNBRIDGE / ENFIELD**

**ALL MATERIALS SUPPLIED**

**M: 087 - 2977797**

**E: [ninapatterson@eircom.net](mailto:ninapatterson@eircom.net)**

**W: [ninapatterson.com](http://ninapatterson.com)**

## **DONOVAN'S LONDIS**

**Greenfield Shopping Centre**

**Phone: 01 6517500**

**Mon - Sat 7.30am-10.00pm Sun 8.00am-10.00pm**

**Breakfast Rolls, Paninis,  
Sandwiches of your Choice**

**Tea Coffee & Soup  
Private catering service also available.**

**Offering Our Promotional Range  
Flowers, Fruit & Veg., Groceries  
& Gourmet Cheese**

**Newsagents, Magazines & Lotto  
ATM Machine & Phone Credit**

**Off-Licence Stocking  
A Wide Range of Wines**

## **MULLIGAN'S GARDEN SHEDS KILCOCK**

**01-6287397**

**085 -7746144**

**ALL TYPES OF TOP QUALITY  
TIMBER GARDEN SHEDS  
ALL TYPES OF HEAVY DUTY  
TIMBER FENCING, DECKING &  
KENNELS SUPPLIED & FITTED**



## **NEWS - 4 - U Glenroyal Shopping Centre Phone: 01-6290994**



**Large selection of Newspapers  
Magazines, Stationery, Greeting Cards &  
Paperback Novels  
Selection of Kids Toys & Cuddly Toys**

**Agents for the National Lottery  
Payzone Agents for all Bills  
& Leap Card supply & Top-ups  
Agent for AES Bin Tags & Card Top-ups**



**Opening Times: Mon - Fri: 7am - 8pm**

**Sat: 7am - 8pm**

**Sun: 7am - 6.30pm**



**Newspapers & Magazines to order  
Just Ask Michael & Louise**

## **JIM'S SHOE REPAIR Tesco Shopping Centre**

**LADIES & GENTS HEELS  
WHILE U WAIT  
SHOES STRETCHED  
HEELS LOWERED  
LEATHER SOLES STITCHED ON  
KEY CUTTING SERVICE  
ALL KEYS CUT  
HOUSE AND VEHICLE  
PHONE 086 8657142**



# Maynooth Monthly Diary Planner

<b>Community Library</b>	<b>Maynooth Multiple Births</b>	<b>Bridge Club</b>
<p><b>Opening Times</b>  <b>Mondays &amp; Fridays 2pm to 5pm</b>  <b>Tuesdays &amp; Thursdays 1pm to 8pm</b>  <b>Wednesday 9.30am to 1pm</b>  <b>&amp; 2pm to 5pm</b>  <b>Sat 9.30am to 1pm</b></p>	<p>Maynooth Multiple Births playgroup (twins triplets or more) meets the last Thursday of the month in Leixlip library between 10 &amp; 12 noon. This is a great opportunity to meet parents just like you.  For further details email:  maynoothmultiplebirthclub@gmail.com</p>	<p>Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at <a href="http://maynoothbridgeclub.com">maynoothbridgeclub.com</a>.  Contact Katherine Cooney  086 8205910</p>
<b>I.C.A.</b>	<b>MAYNOOTH LOCAL HISTORY GROUP</b>	<b>Arthritis Ireland</b>
<p>Monthly meetings take place every 1st Thursday of the month at 8.00pm in the I.C.A. Hall in the Harbour.  Crafts every Monday night at 8.00pm.  New members welcome</p>	<p>Maynooth Local History Group Meets  Last Thursday of each Month in  The Glenroyal Hotel  New Members Welcome  Contact: MCC Office for more details</p>	<p>Arthritis Ireland Walking Group  (Maynooth)  <b>Meeting Mondays</b>  <b>12 - 2pm in the Maynooth Community Space</b></p>
<b>University of Third Age (U3A)</b>	<b>Maynooth Parent &amp; Toddler Group</b>	<b>Maynooth Men's Sheds</b>
<p>Weekly meetings on Friday at 11am in  Maynooth Community Space  Unit 11/12 Tesco SC  Carton Park, Maynooth  New Members Welcome  Contact Ger : 0874133505</p>	<p>Every Thursday from  9.30am to 11.30am  Maynooth Community Space Unit  11/12 Tesco SC  Carton Park, Maynooth</p>	<p>Weekly meetings take place every  Wednesday at 11am  at the Maynooth Lodge Fisheries  Dunboyne Road Maynooth.  For further details contact  John Fleming - 087 2041334</p>
<b>Maynooth Tidy Towns</b>	<b>ALZHEIMER CAFÉ LEIXLIP</b>	<b>Maynooth Community Church</b>
<p>Volunteers required to help  with this work.  <b>Contact Number</b>  <b>087 3153189</b>  <b>Meet every Saturday</b>  <b>at 10.00am in the Square</b></p>	<p>Join us at the next Alzheimer Cafe, Wednesday May 9th in "The Conservatory", Ryevale Nursing Home, Leixlip from 7-9pm. Our speaker this month will be Rena O'Hara. Rena is the Assistant Nursing Director of Ryevale. She will talk to us about identifying what types of support are needed.   Attendance is free of charge and there is plenty of parking available (<a href="http://www.alzheimercafeleixlip.ie">www.alzheimercafeleixlip.ie</a> - phone 089 4933533).</p>	<p><b>1st Floor Manor Mills</b>  <b>(entrance next to Chill)</b>  <b>Service times every Sunday morning</b>  <b>from 10.30am</b>  <b><a href="http://www.maynoothcc.org">www.maynoothcc.org</a></b>  <b>Everyone most welcome</b></p>
<b>Maynooth Senior Citizens</b>	<b>Maynooth Festival of Basketball</b>	<b>ST MARY'S BRASS &amp; REED BAND</b>
<p>Our morning club continues on Tuesday and Thursday and new members are always welcome. Perhaps you are new to the parish or new to the age bracket, why not come along you might enjoy it. You will find us in the Geraldine Hall on Leinster St, or contact Josephine on 087 9002296.</p>	<p>Maynooth Festival of Basketball takes place on Saturday 12th May in Maynooth Post Primary School.  All primary school children are welcome to attend.  Further information on  Fb@maynoothbasketballacademy</p>	<p>Rehearsals are held in the Band Hall on Pound Lane each Monday night (except Bank Holidays) from 7.45pm to 9.30pm and musicians living in Maynooth and the surrounding areas are most welcome.  E-mail: <a href="mailto:sec@stmarysbandmaynooth.ie">sec@stmarysbandmaynooth.ie</a>  Website: <a href="http://www.stmarysbandmaynooth.ie">www.stmarysbandmaynooth.ie</a></p>

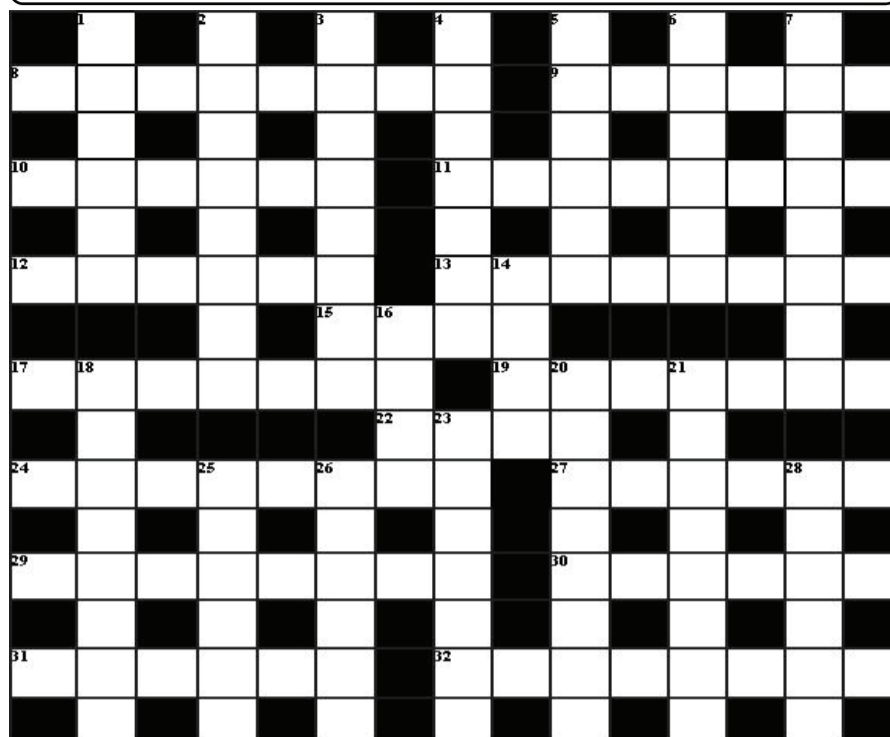
*Diary entries are published free of charge for all non-fee paying Community Groups.  
The content of the Monthly Planner Diary is published in good faith. All details should be checked with groups in advance*

## Clues Across

8. Express discontent (8)
9. Spain and Portugal (6)
10. Curved closed line (6)
11. Not derived or copied from anything else (8)
12. Make a rush at (6)
13. In the direction of the Orient (8)
15. Titled Peer (4)
17. Milk substitute for babies (7)
19. Died by submersion (7)
22. Hurry, surge (4)
24. Unable to relax or be still (8)
27. Once every 365 days (6)
29. Showing gratitude (8)
30. Sincere, upright (6)
31. Progression through working life (6)
32. Cutting implement (8)



## May 2018 Crossword - No. 468



## Clues Down

1. Make smooth and glossy (6)
2. Crumpets can provide the full array of colours (8)
3. Goodbye and good luck (8)
4. Expose, unveil (7)
5. Musical half notes (6)
6. Critique, appraisal (6)
7. Differ, take issue (8)
14. Appends (4)
16. Implements of propulsion on water (4)
18. Operating cost (8)
20. Rich myth strangely recurs at regular intervals (8)
21. Flaw, failing (8)
23. Having no purpose (7)
25. Took care of (6)
26. Exertion, elbow grease (6)
28. Brightness from reflected light (6)



### Solutions to Crossword No. 467

**Across:** 6. Beverly Hills,  
8. Termite, 9. Lapse, 10. Leak,  
12. Fidget,  
14. Given, 15. Stefan, 16. Writ,  
19. Irwin, 21. Alcohol,  
22. Contribution.

**Down:** 1. Overtake, 2. Braid,  
3. Tyler, 4. Villain, 5. Flop,  
6. Battleship, 7. Pentathlon, 11. Din,  
12. Fed, 13. Gershwin, 14. Garnett,  
17. Maxim, 18. Scout, 20. Wood.

### Special Prize Book Voucher

Give yourself the luxury of browsing and choosing the book/books which take your fancy from the wide selection available in the store of our sponsor:

**The Maynooth  
Bookshop  
68 Main Street,  
Maynooth**

### Entries in before: Tuesday 22nd May 2018

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

### Winner of Crossword No. 467 April

**Rosaleen Flanagan  
Old Greenfield  
Maynooth**

Prize winners will have 30 days to claim their prize from the time the results are made public.

**Collect prize from  
The Maynooth Bookshop  
68 Main Street, Maynooth**

### Difficult

		1	4	3				2
				8	9		3	6
		3	8	5			7	1
		2				5		
8	5			1	4	9		
1	4		3	7				
2				9	8	3		

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to  
**Maynooth Newsletter  
Unit 5 Tesco S/C Maynooth**

## Sudoku Challenge May 2018

Entries must arrive to  
**MCC CLG Office before:  
22nd MAY 2018**

**Congratulations to  
April Winner:**

**Peter Kiely  
Parson Lodge  
Maynooth**

**Collect prize from  
Newsletter Office**

Prize winners will have 30 days to claim their prize from the time the results are made public.

### Super Difficult

			1					6
				9	4		1	7
						3	8	9
				5			6	2
	4		8		7		3	
3	7			6				
5	1	4						
2	6		9	3				
7					8			

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_



## McDonald's Maynooth Proud Sponsor of the Colouring Competition Competition Open to Children 3-6 years



Name: \_\_\_\_\_

Age: \_\_\_\_\_

Address: \_\_\_\_\_

Phone No: \_\_\_\_\_

**Last Month's Winner:**

**April 2018**

**Tess Liffey**

**The Drive**

**Straffan Wood**

**Prize of a Free Family Meal for  
Colouring Competition can be  
collected at:**

**Maynooth Community Council CLG  
Office, Unit 5, Tesco Shopping Centre,**

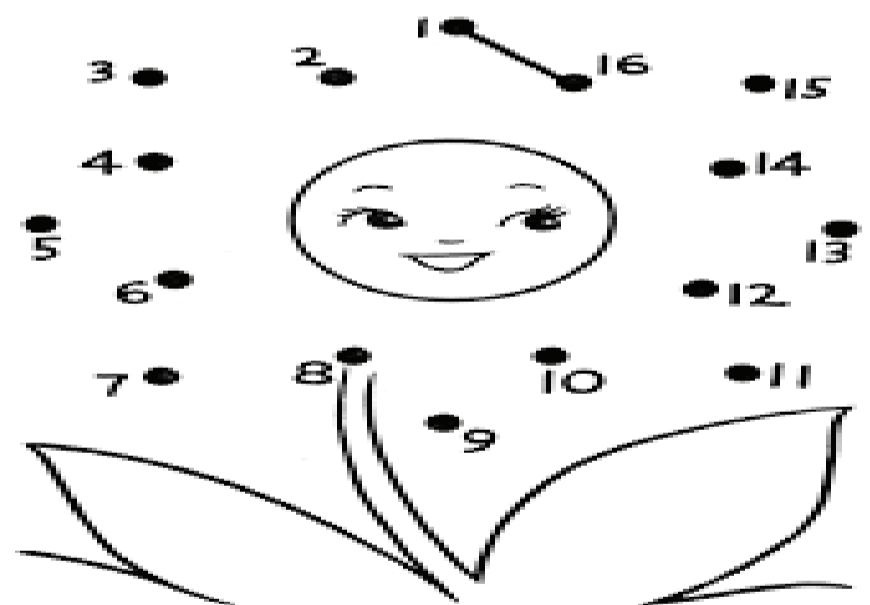
**Entries must arrive before:  
Tuesday 22nd May 2018**

## Junior Puzzle Corner

### SEE WHO YOU CAN FIND ON THE FARM

F	C	A	T	H
D	O	G	E	O
U	W	X	G	R
C	P	I	G	S
K	O	W	L	E

CAT DOG FOX DUCK PIG  
EGG  
HORSE OWL COW



**Q: How do all the oceans say hello to each other?**

**A: They wave!**

**Q: What did one wall say to the other wall?**

**A: I'll meet you at the corner!**

**Q: What do you call a bear with no teeth?**

**A: Gummy bear!**

**Q: What's did one tomato say to the other tomato?**

**A: You go ahead and I'll ketchup.**



**Help me find my way home**

# Castle Keep Art Group celebrates its 20<sup>th</sup> Anniversary



Maynooth Castle Keep Art Group celebrated its 20th anniversary with an extra special exhibition held in the Maynooth Post Primary School – Maynooth Education Campus on the weekend of the 6th April. On display there were 74 works of art from 15 artists in the group. Local artist John Fitzgerald did the honours in opening the exhibition and gave an engaging and informative speech about his own journey into art, having spent 18 years in the auctioneering business. John, a past pupil of the school, for which he had great praise, is now the artist in residence at the Curragh Racecourse.

His work will be appearing in a BBC equine programme next year. He spoke of the importance of following one’s dream and congratulated the Art Group on the variety of the works on the display and the different styles of painting within the group. He also complimented the group on their longevity and wished them well for the

future. Another special feature of the night our anniversary was cake which was created by local business Sugar Sisters. It was an amazing work of art in its own right.

Déaglán Ó Ceallaigh, chairman of the group, thanked those who helped to bring it all about – the secretary of the group, Maynooth Education Campus and KWETB for giving the Group the space to have our weekly “meet and paint” sessions and for the use of the hall, which is an ideal venue for the exhibition. We would like to thank Mr. Thomas Ashe, former principal of the School for his patronage of the Art Group. Maynooth University Library and Campus Services for their generosity and help with the set up exhibition boards. Thanks also to Inkjet who sponsored the photocopying of the catalogue. Déaglan expressed condolences on behalf of the Group to the family of Brian Farrell, who for many years looked after us during our exhibition weekends at the school.

There was a great turnout on the opening night and there was a rash of red dots by the end of the evening indicating sold works. A large number of visitors came on the Saturday and Sunday to view and again there were purchases. Thank you to all our loyal supporters over the years and to newer audiences who come and make the

exhibition so worthwhile for the members of the group. Congratulations to Ann-Marie Connolly who won the draw for a painting by Paul Byrne. It turned out to be a great social gathering and community event which was enjoyed by one and all.



**Ann-Marie Connolly, receiving her winning prize - a watercolour painting by Paul Byrne.**



**Unmasked  
by Déaglán Ó Ceallaigh**



**Canal Scene Kildare  
by Susan Carr**



**Tranquil Landscape  
by Susan Durack**



**Losing My Marbles  
by Sharon Dunne**



**Primary Colours Trio by Ania Stempel**



**Here's looking at you kid  
by Roberta Hines**



**Receding Hare  
by Eamon Burke**



**Blue Flowers  
by Geraldine Murray**



**In My Mind  
By Anne Mc Gloughlin**



**Flower Series (one of five)  
By Heather Ferguson**



**Raintown  
By Pete McCluskey**



**“Emma” was here  
by Emma Boyce**



**Sugar Sister (Amy Coyle) with anniversary cake creation**



**Artists Roberta Hines & Geraldine Murray**



**Déaglán, Susan & John Fitzgerald**



After taking time to relax after Easter it’s now time to carry on with the gardening. What’s more, May is the month that kicks up a gear as vegetable and flower plants can be planted outdoors into their final growing, weather conditions allowing of course. It is also good to be able to start taking care of lawns to get that appearance we love so much! Now that the soil should start to warm up, with weeds sprouting, it’s the perfect time for sowing seeds such as primrose, sweet william, cauliflower, spinach and radish. However, keep an eye on any weeds appearing as they will need taking in hand!

Hanging Baskets / Patio Containers

As long as your patio is sheltered or under cover, hanging baskets and containers can be planted up with fuchsias and tender perennials. Why not incorporate a slow release fertiliser and water storing crystals to reduce feeding and help water retention at the same time but remember not to place outside until end of May/early June so that containers do not dry out watering can be stepped up on warm, breezy days. Dwarf dahlias can be potted up into containers ready to provide colour from mid summer to early autumn. As pansy flowers wither remember to dead-head them to encourage further flowering. Should weather conditions still seem uncertain, take precautions to guard against frost especially at night by placing garden fleece over emerging crops such as potatoes, covering cold frames with either polythene or sacking, and young plants that are in the greenhouse can be covered with newspaper. Prevent weed seedlings becoming established by hoeing borders once a week. Any plants being delivered this month must be opened immediately, if not, the leaves will go yellow with rot setting in. Many plants are susceptible to attack by aphids and measures should be taken to bring this common pest under control. Vine weevil can sometimes cause quite a problem so it may be an idea to use a biological nematode simply mix into a solution and water plants when larvae are active (soil temperature should approximately be above 5°C/40°F). To keep control of slugs and snails, trap them under tiles or even grapefruit skins remembering to collect them up and disposing of them. There are also non-chemical traps available such as Slug Umbrellas – use pellets only sparingly.



Vegetables to Sow in May **Root vegetables** - Carrots, beetroot, swedes, and turnips can now safely be sown outdoors. Beetroot, whose seeds can be notoriously hit-and-miss to germinate, may need covering with cloches if the spring is poor and the soil is still cold and wet. **Lettuces and other salad crops** - Sow more lettuce, rocket, land cress, summer purslane, corn salad, and other salad leaves outdoors this month to ensure a steady supply. Sow under cover if the weather is still cold. Continue to sow main crop peas, mangetouts, and snap peas outdoors, protecting seedlings with cloches or nets if necessary. **Rhubarb:** Transplant any young rhubarb plants you’ve grown indoors from seed. **Leeks:** May is usually the first month during which you can start transplanting or “dibbing in” your leeks.



**Herbs:** - Sow further small batches of seed such as basil, coriander, chervil, dill, lovage, parsley, and sorrel. Young plants that are tender or half-hardy, such as basil, may still need protecting with cloches or covers.

Fruits in May **Plant outdoors** - Cape gooseberries, Cranberries, Strawberries. **Tomatoes** - In May, garden centres and nurseries are full of young tomato plants for sale. But don’t be tempted until next month if there’s still a risk of frost and you’re unable to cover them at night. Home-made bottle cloches may be the answer if you’re too impatient to wait. These antioxidant-packed Raspberries are perfect for summer fruit salads. They can be planted in the summer, but early spring yields the best tasting crops. The berries are prone to root rot, so they do best well in a raised bed with rich soil that drains well. Manure or compost will help the fruit really flourish.



Whether in the flower garden or the vegetable garden, don’t forget to stay on top of the weeds. Keep hoeing between the plants to keep the beds weed free; with the increased temperatures in early May, weeds can quickly take hold unless kept in check. Early May is your last chance to sow a new lawn from seed as we come into the summer months and the temperatures rise even further. Patio pots and containers with permanent planting should get some attention at this time of year. You have to remove the top couple of centimetres of soil and replace it with fresh compost.



Healthy Snacks For Exam Students

With The Junior and Leaving Cert. weeks away diet plays an important role during this stressful time. Some foods boost brain power and help calm exam nerves. The more of these you can include in the diet during the next few weeks the better examples are oily fish, eggs, greens, nuts, blackcurrants and wholegrain. Keeping hydrated with water will help stop your concentration from wavering. Healthy snacks are a smart way to build up energy that lasts for hours so we have put together some simple recipes.

No Bake Exam Bars

**Ingredients:**

- 25g/1oz porridge oats
- 100g packet chocolate chips
- 2 tbsp cocoa, sieved
- 4 tbsp chia seeds
- 3 heaped tbsp linseeds
- 3 heaped tbsp sunflower seeds
- 1 tbsp of each pumpkin seeds, sesame seeds & poppy seeds
- 3 tbsp peanut butter
- 2 tsp vanilla extract
- 4 tbsp Water



**Method:**

Line a 7” or 1lb square tin with cling film, bringing it over the sides of the tin. Put the oats, chocolate chips, cocoa and chia seeds into a bowl and mix well. Next, add all the seeds and combine well. Finally, add the peanut butter, vanilla extract and sufficient water to mix to a thick dough. Using your hands is the quickest way to bring the ingredients together. Press into the prepared tin. Put into the fridge to set. Cut into squares of bars. Store in an airtight container.

\*\*\*\*\*

Avocado-tastic Smoothie

**Ingredients:**

- ½ an avocado
- ¼ of a pineapple, skin and core removed
- A handful of baby spinach
- 350ml apple juice
- Juice of ½ a lime
- A tiny piece of fresh chilli (optional but recommended)



**Method:**

Blend the ingredients together. *Note:* Avocados are rated as one of the top all rounders for brain function, packed with monounsaturated fat which improves blood supply to the brain, bringing oxygen and vital nutrients. A quarter to a half an avocado a day is enough to reap the benefits

\*\*\*\*\*

Honey and Seed Flapjacks

**Ingredients:**

- 150ml honey or barley malt
- 250g regular or gluten-free rolled oats
- 160ml sunflower oil
- 60g flax meal/ground flax seeds/linseed meal
- 40g desiccated coconut
- 40g pumpkin seeds
- 40g sunflower seeds
- 40g sesame seeds
- 40g raisins
- 20g goji berries
- A pinch of salt



**Method:**

Preheat the oven to 180°C/350°F/Gas Mark 4. Before you start, sit the jar of barley malt or honey in a bowl of hot water to heat it and make it more liquid. Meanwhile, put the oats into a large bowl with the oil and stir to coat. Add all the remaining ingredients except the barley malt or honey and stir until everything is well mixed. Add the barley malt or honey and mix thoroughly. Roll the mixture out in a flapjack tin or on a flat baking tray to about 2.5cm thick. Bake for 25 minutes, then remove from the oven and leave to cool before cutting.

# FILM/DVD MONTHLY BY BERNIE CLAXTON

## MOVIE TRIVIA QUIZ



1. Who won his second Oscar in successive years for *Forrest Gump*?

- a) Jeff Bridges
- b) Ben Affleck
- c) Brad Pitt
- d) Tom Hanks



7. What colour were the original slippers in *The Wizard of Oz*?

- a) Blue
- b) Pink
- c) Purple
- d) Silver

13. Quentin Tarantino had his directorial debut with what film?

- a) Pulp Fiction
- b) Django Unchained
- c) From Dusk Till Dawn
- d) Reservoir Dogs.

2. Who played Jack in *Titanic* (1987)?

- a) Matt Damon
- b) Robert Downey Jr.
- c) Leonardo Di Caprio
- d) Kevin Costner

8. In Hitchcock's movie, *The Trouble With Harry*, what was the trouble?

- a) He was dead
- b) He was irritating
- c) He was a criminal
- d) He was missing

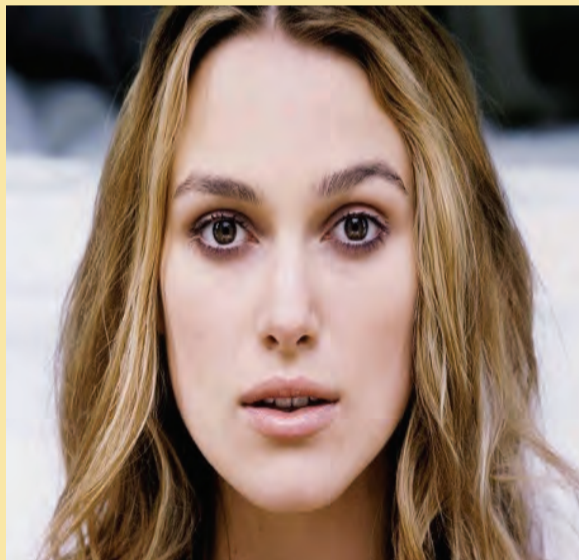
14. In *The Pink Panther*, what did Peter Sellers use as an ink blotter?

- a) A dog
- b) A cat
- c) A bird
- d) A fish

3. *Raindrops Keep Falling On My Head* was an Oscar winner from which movie starring Robert Redford & Paul Newman?

- a) The Towering Inferno
- b) Out of Africa
- c) The Hustle
- d) Butch Cassidy & The Sundance Kid

9. Name The Actress



15. Alfred Hitchcock admitted to being terrified of what?

- a) Bats
- b) Spiders
- c) Policemen
- d) Mice

4. Which wartime classic starred Humphrey Bogart and Ingrid Bergman?

- a) The African Queen
- b) The Maltese Falcon
- c) Casablanca
- d) For Whom The Bell Tolls

16. What was Spencer Tracy's last film role?

- a) The Old Man And The Sea
- b) Guess Who's Coming To Dinner
- c) Inherit The Wind
- d) Bad Day At Black Rock

5. Name The Film



10. What was Pierce Brosnan's first James Bond Movie?

- a) The World Is Not Enough
- b) Tomorrow Never Dies
- c) Die Another Day
- d) GoldenEye

11. What was the first film made in cinemascope?

- a) Ben Hur
- b) The Ten Commandments
- c) Spartacus
- d) The Robe

12. Which American actor starred in the film *The Sixth Sense*?

- a) John Goodman
- b) William Hurt
- c) Bruce Willis
- d) William Dafoe

6. In which film did Jodie Foster play FBI agent Clarice Starling?

- a) Red Dragon
- b) Manhunter
- c) Silence of the Lambs
- d) Hannibal Rising



17. Name The Actor



18. After 50 years acting, who was given an honorary Oscar in 1985?

- a) Kirk Douglas
- b) Gregory Peck
- c) James Stewart
- d) Henry Fonda

19. Which actor died during the filming of *Gladiator*?

- a) Alan Rickman
- b) Oliver Reed
- c) Philip Seymour Hoffman
- d) Robin Williams





# Frank O'Rourke TD

## KILDARE NORTH

**Dáil Éireann, Leinster House,  
Kildare Street, Dublin 2.**



**01 618 3109**

**Main Street, Celbridge, Co Kildare.**



**01 630 3736**



**087 255 5257**



**Dáil  
Éireann**



**frank.orourke@oireachtas.ie**



**www.frankorourke.ie**



**/Frank O'Rourke**



**Advice Clinic held in Maynooth every Monday at 3pm, in Glenroyal Hotel**

### **Maynooth Boys continue preparations to represent Ireland in the U18 Olympic Handball European Championships in Austria in August 2018.**

In our March edition we posted an article regarding this exciting event. The final selection has now been made and eight local boys have been selected to represent Ireland in the Olympic Handball European Championships in Austria. This is a fantastic achievement and Maynooth can be very proud of our boys who have worked very hard over the last number of months.

The U18 team took part in the IOHA (Irish Olympic Handball Association) cup and U18 camp from 24<sup>th</sup> to 26<sup>th</sup> March 2018 in Gormanston Park. This was a very intensive training weekend and the boys learned many new skills. Irish coach Alexander Markovic was joined by Michal Hradil who is an expert Handball coach. His addition completes the Irish coaching team together with local Maynooth resident Hartmut Krahn who manages the team. Michal is a professional coach who is currently in charge of the HK AS Trencin (Slovakia) Women's team who play in the International League. Michal sees great potential from our young Irish players. The future for Olympic Handball in Ireland is looking bright.

Competing on the international stage will be a challenge for our boys as this is the first time that Ireland will take part in this event. The boys will be joined by seven Irish players living abroad who play to a high standard in European clubs. Boys from Germany, Sweden, Finland, England and Spain will join the team. These boys took part in the Gormanston camp which was an excellent opportunity to get to know their fellow team mates and gel as a team. There will be a further training camp in Slovakia in the run up to the championship.

Olympic Handball in Ireland has unfortunately very few resources so a Handball fundraiser has been set up by the Maynooth players.

**A CAR BOOT SALE will take place on Sat. 2<sup>nd</sup> June 2018 in the Car Park for the Boys' National School in Maynooth from 8am – 12am. Any contributions to help send our boys to Austria are very welcome. Please email [fundingolympichandball@gmail.com](mailto:fundingolympichandball@gmail.com) for more information. For further information on Handball in Maynooth please contact Olena Karpenko ([olena.karpenko@gmail.com](mailto:olena.karpenko@gmail.com)) or Hartmut Krahn ([hartmut@mgx.ie](mailto:hartmut@mgx.ie)).**

