# aynooth Newsletter

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MAYNOOTH COMMUNITY

MPLOYMENT PROJEC

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The views & opinions expressed in this Publication are those of the contributors.

## **Editorial**

"Maynooth Community Employment Project" (formerly MCC clg) is the new name for community development in Maynooth and starts a new phase after a review carried out over the past year following the appointment of new management. A new three year contract has been signed with the Department of Employment Affairs and Social Protection which guarantees the jobs and services



provided to the community and local businesses. Mark Twain said that "success is a journey not a destination. It requires constant effort, vigilance and re-evaluation" His words reflect the history of community development in Maynooth and in particular the history of the many community employment initiatives in the town that can be traced back almost forty years.

The Community Employment (CE) programme is designed to help people who are long-term unemployed (or otherwise disadvantaged) to get back to work by offering part-time and temporary placements in jobs based within local communities. After the placement, participants are encouraged to seek permanent jobs elsewhere, based on the experience and new skills they have gained while on a Community Employment project. Partial Funding for the project is provided by the Department of Employment Affairs and Social Protection supporting the local Community Employment Sponsoring Committee who also have to raise funding through the activities of the project to cover many of the operational costs. The flip side of this partnership is the advantages for the local community. In the case of Maynooth, the Community Employment project office is deliberately based in the heart of the town at Carton Park next to Maynooth Post Office. Located here since 2008, it serves as a major community resource centre. From here the project staff supports a large number of individuals and community groups with key activities being the publication of the monthly "Maynooth Newsletter" as well as a number of key annual events such as the Maynooth St. Patrick's Day Parade and an Annual Festival.

The Community Employment project has two other centres in the town with staff maintaining and enhancing the Maynooth Harbour area next to Maynooth Train Station as well as maintaining the Maynooth Town Football Club Grounds. The staff also manage the day to day operation of the Maynooth Community Space which is a Community Centre available to not-for-profit community groups to use. The Maynooth Community Space is operated under a partnership arrangement between Maynooth Community Employment Project and Kildare County Council and provided by Tesco Ireland.

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The Community Employment Sponsoring Committee was required to establish itself as a legal entity back in 2001 and at that stage a separate structure was put in place which assumed full legal and financial responsibility for the staff and project activities. A further development took place in 2014 when the project merged with the Maynooth Environmental Group which added the responsibility for Maynooth Harbour and Maynooth Town Soccer Club creating a single Community Employment scheme. A number of other groups have also indicated that they would like to join the project and the Sponsoring Committee are considering these requests.

Sherry Anderson the Canadian Curler said that "volunteers don't get paid because they're useless, but because they are priceless" Maynooth Community Employment Project is managed by five voluntary Directors who were appointed by the members of the company. They come from a broad range backgrounds bringing all the necessary skills to support a successful project. The Directors with the involvement of the Department of Employment Affairs and Social Protection undertook a full review of operations and as in all previous reviews over the thirty five years of the project it was confirmed that the project is run to the highest possible standards.

As mentioned before the Community Employment Sponsoring Committee have to raise funds to cover operating costs and this annual amount is typically close to €25,000. Such funds could not be found without the valuable support that is received from local businesses in Maynooth through their support of the "Maynooth Newsletter" as well as the St. Patrick's Day Parade as these two activities are critical funding streams for Maynooth Community Employment Project.

Thanks to the continued collaboration between the Community Employment Sponsoring Committee and the local community support together with Department of Employment Affairs and Social Protection, valuable employment and community services are delivered in Maynooth. Of course none of this would be possible without the hard working and dedicated staff on the scheme. For me a quote from David Bowie best summaries everyone involved "what I like to do is try to make a difference with the work I do."

### Paul Croghan - Editor



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## Maynooth GAA Golf Classic

On the 14th June 2018 Maynooth GAA held its annual golf classic fundraiser at Carton House, Co. Kildare.

Carton House new owners, under General Manager Mr Bill Sinclair, the club's main sponsor, have embraced the fantastic relationship between both organisations and provided the Montgomerie Course, excellent food and some prizes for the 188 golfers that took part on the day. Congratulations to Mark Farragher and his grounds keeping team who had the course in fantastic shape.

The organising committee which consists of Mark O'Riordan, Michael Byrden, Seán Hensey and Conor Martin were bowled over by the level of support and generosity from Carton House, Toyota Longmile (Our Corporate Sponsor), local business, corporate business and the club members who all very kindly donated through either tee time, tee box, pitch side and prize sponsorship.

Mark said we can't thank people enough in all categories above for getting behind this event every year. It's growing from strength to strength and this year has beaten all expectations. We are on target to make €22,000 for the club which will go towards the final stages of our Pitch Development Phase at Moyglare Hall, Maynooth.

Toyota Longmile under local man Patrick Ryan (Sales Director) showcased a wide range of their cars on the day and also put up a 181 Toyota C-HR on the signature 17th hole for their hole-in-one competition. Unfortunately nobody got lucky on the day and could not take advantage of this amazing prize.

The format was a four ball stableford two to score on each hole. The winning team Arena Capital with an incredible score of 91 points took away €400 worth of vouchers for La Brasserie and Carton House golf shirts. A list of prize winners is shown below:-

1st - 91pts - Team Arena Capital - €400 worth of vouchers for La Brasserie, 1 Fagans Lane, Maynooth and Carton House golf shirts

2nd - 90pts - Team Tara Financial - €400 worth of vouchers for Picaderos / Oak Alley Cocktail Bar / Donatellos / Bistro 53 on Main Street, Maynooth.

3rd - 88pts - Team - Synchro - 4 Ball for Carton House

4th - 87pts - P & N Coyne Ltd - Umbrella / Carton House Golf Towel / Golf Balls

Nearest the pin 7th - Declan Gallagher - Beko Microwave & Carton House Golf Hat

Nearest the pin 17th - Darren Harrington - Beko Microwave & Carton House Golf Hat

Longest Drive - 8th - Niall Murphy - Beko Microwave & Carton House Golf Hat

Longest Drive - 18th - Sean Flanagan - Beko Microwave & Carton House Golf Hat

Best female golfer - Kate Gallagher - 2 Bord Gais Theatre Tickets

The committee would like to thank everyone for their contribution and look forward to seeing you all again next year. All enquiries re this event please contact golf@maynoothgaa.com

Photo 1 - Team Mark O'Riordan (Top Left) Photo 2 - Aiden Minnock Teeing Off (Top Right) Photo 3 - Team Coonan Auctioneers Photo 4 - Aidan Flood with Mark's sons Seán & Darragh Photo 5 - Team Peter Gillen







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## Maynooth All Star Basketball Camp takes place in August



Maynooth will host an All Star Basketball Camp in Maynooth Post Primary School over four days from the 7<sup>th</sup> to 10<sup>th</sup> August. The camp is organised by Maynooth Basketball Academy, a community initiative to promote under-age basketball.

The camp was launched by Steph Poland, the US college basketball player who has spent the last year coaching in local schools and academies. Steph said that for younger children, a camp is an ideal setting to learn the fundamentals of basketball. 'Basketball

camps are a fun event and a great way to make new friends.'

The director of the camp is Mike Toolin. Mike is assistant coach with the Irish men's under 18 basketball team. Mike said that the camp has a strong line-up of coaches who are very experienced in working with children.

'For older children, who play in clubs or schools, the camp will challenge them to become better players and athletes. It's a great way to prepare for the upcoming basketball season.'

There are two camps daily. Children between 6 and 11 years attend in the morning, while older children (12-17 years) are catered for in the afternoon. The camps are mixed between boys and girls.

The cost of the camp is set at an affordable €0. This includes a camp t-shirt. Bookings can be made online at eventmaster.ie

Further information on the basketball camp can be found on Facebook @MaynoothBasketballAcademy or email maynoothbasketball@outlook.com .



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Maynooth Labour News Cllr. John McGinley can be contacted at: - 01-6285293 or 087 9890645 - E mail jmcginley@eircom.net - Web: www.labour.ie/johnmcginley/

### Proposed Amendment to Maynooth Local Area Plan (LAP)

The proposed Amendment to the Maynooth Local Area Plan (LAP) will go on public display for 6 weeks from Monday 18 June. The Amendment outlines the line of the new ring road from the Blacklion Road/Leixlip Road to the Celbridge Road and new residential re-zoning for 720 -800 houses is also proposed. The Maynooth MD Councillors will make their decision on the Amendment at their meeting on 7 October.

The proposals can be viewed in the Public Library or on the Council's Web Site. There will be a drop-in public information session in the Glenroyal Hotel on 3 July from 2pm -7.30pm. Any submissions must be with the Council before 30 July.

### Cllr. McGinley Allocates Funding for the Reconstruction of the Harbour Field Wall and for the Relocation of the Turnstile

Cllr. John McGinley has allocated funding for the re-building of the Harbour Field wall at the Straffan Road side and for the re-location of the turnstile. The re-location of the turnstile has already taken place and the wall will be re-built in the Autumn using the stonework that has been lying for some time at the other side of the Harbour Field.

### Cllr. McGinley Submits a Motion to the Maynooth MD to Prevent a Car Park Being Constructed on the Harbour Field

Cllr. John McGinley has submitted the following Motion for the consideration of the Maynooth Municipal District (MD) at their meeting on 6 July:

"That on foot of the Vote at the Maynooth Health Check Meeting on Thursday June 7th, that The Harbour Field, Maynooth be developed as a Public Space/Park and that there shall be no Car Park at The Harbour Field, Maynooth, that the Council now states categorically that The Harbour Field, Maynooth, shall not be used for a Car Park under any circumstances.'

### Cllr. McGinley Seeks Public Lighting to be Installed on the Canal Walk from Bond Bridge to the Harbour

Cllr. John McGinley has submitted the following Motion for the consideration of the Maynooth Municipal District (MD) at their meeting on 6 July:

"When will public lighting be installed on the canal walk between Bond Bridge and The Harbour, Maynooth, now that the necessary infrastructure is in place?'

### Update on the Meadowbrook link Road/Straffan Road Traffic Lights

Cllr. McGinley has been advised by the Council's Director of Services that work on the installation of the new traffic lights at this junction will begin on 1 July and it is expected to take 4/6 weeks to complete.

### **Cllr. McGinley Calls for the Implementation of Flood Relief Measures in** Maynooth

Cllr. John McGinley submitted the following Motion for the consideration of the Maynooth Municipal District (MD) at their meeting on 1 June:

"That the Office of Public Works (OPW) proposals for flood alleviation in Maynooth be presented to the Maynooth Municipal District for consideration."

John got the following reply from Council Officials:

"A presentation will be given to full council regarding Flood Risk Management Plans at the June monthly meeting on 25 June 2018"

Cllr. McGinley stated that it was very disappointing that a presentation is not being made to the MD members as agreed last December. He said that discussion at the Full Council on the plans for Maynooth would be limited because the county is being covered and because of the large numbers of members on the Full Council.

The Director of Services said that a presentation would be made to the July MD Meeting if necessary.

### Cllr. McGinley Calls for Safety Measures at Celbridge Road Maynooth

Cllr. John McGinley has submitted the following Motion for the consideration of the Maynooth Municipal District (MD) at their meeting on 6 July:

"Can a safety railing be put on the narrow section of footpath, opposite Maxol on the Celbridge Road at the Railpark side?"

### Stagg Seeks Design Changes to Mill Street Apartment Proposal

Kildare North Labour General Election Candidate Emmet Stagg and his colleagues Cllr. John McGinley and Local Labour Area Representative Angela Feeney have lodged a submission with An Bord Pleanala in relation to the proposal to build 135 apartments in

three blocks on Mill Street, Maynooth, adjoining St. Mary's Catholic Church, with a view to seeking changes in the design to ensure the proposal reflects the unique architectural character of Maynooth Town.

Mr. Stagg stated that the Maynooth Local Area Plan 2013-2019 is very clear that the unique character of Maynooth as a University Town steeped in history and heritage must be protected. The site of the proposal for 135 apartments is stated Mr. Stagg zoned Town Centre and the primary objective of this zoning is the protection and enhancement of the special character of Maynooth Town Centre.

The proposal as it stands stated Mr. Stagg is not acceptable and requires modification from a visual point of view.

To reflect the existing historic character of the Town, from a visual point of view Mr. Stagg and his colleagues have suggested the following changes to the development.

(1) To take the blunt and bare look off the apartment blocks, pitched roofs should be provided on each of the three blocks. The previous planning permission on this site (05/2420) included pitched roofs on the blocks of apartments.

(2) To reflect the unique character of Maynooth Town Centre, the Blocks facing onto Mill Street, shall be finished with a mixture of cut stone, plaster/dashing. Modern materials should not be used, and neither shall stone cladding be used as it has been on the ugly Manor Mills Development.

(3) At the Corner of the Blocks, Stone Quoins shall be incorporated to give a defined edge to the buildings.

Kildare North Labour General Election Candidate Emmet Stagg stated that he hoped An Bord Pleanala would take on board Labour's concerns in relation to the proposal as we do not want a repeat of the disastrous Manor Mills development in Maynooth.

### Retendering for Maynooth Education Campus Must be Expedited - Stagg

With the disappointing news that Sammon Contracting Ireland Limited has been placed into Liquidation, Kildare North Labour General Election Candidate Emmet Stagg has stated that the retendering process for the Maynooth Education Campus must be expedited to ensure that the project is completed as near as possible to the original completion date of May, 2019.

Mr. Stagg stated that the liquidation was dreadful news for the 200 employees of the Company and for the various sub-contractors working with the Sammon Group. Through no fault of their own or of CEO Miceál Sammon they had been brought down by the Carillion Group in the UK. The Sammon Group were one of the premier construction firms in the Country and the liquidation is a devastating blow.

The Maynooth Education Campus is the largest ever school building project undertaken in the State which will see two 1,000 pupil secondary schools and a Shared Sports Facility built on the Moyglare Road in Maynooth. The completion of the project will now have to go for retendering and this should be expedited to ensure there is no great slippage in the completion time.

In conclusion Kildare North Labour General Election Candidate Emmet Stagg stated that he would contact the Minister for Education and Skills in relation to the retendering process and how we can complete this most important Education Campus in Maynooth.

### 9 Additional Gardaí Allocated to Kildare Division - Stagg

Kildare North Labour General Election Candidate Emmet Stagg has been advised by Human Resources at Garda Headquarters that an additional 9 Probationary Gardaí will be assigned to the Kildare Division following their graduation on Friday 15th June.

The probationer Gardaí will take up their posts in early July and two have been assigned to Leixlip Garda Station, 3 have been assigned to Kildare Garda Station and four have been assigned to Naas Garda Station

Welcoming the additional gardai, Mr. Stagg stated that the allocation of 9 Probationary Gardaí will bring Garda Numbers to 374 in the Kildare Division or a ratio of 1 garda for every 594 people in Kildare. The total number of Garda Recruits allocated to the Kildare Division since April 2015 is 96.

Mr. Stagg stated that we must keep the pressure on the Commissioner and the Policing Authority to continue to reduce the unacceptable historical imbalance that existed in the Kildare Division and a concerted campaign to attract in Gardaí from other divisions must be maintained.

In conclusion Kildare North Labour General Election Candidate Emmet Stagg stated that we are finally seeing dividends in our campaign on Garda Numbers but we must keep up the pressure and ensure that the demands of the people of Kildare are met by an increased strength Garda Force.

## **KNOW YOUR RIGHTS**

Citizens Information Centre, Dublin Road, Maynooth

Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public.

Information is also available online at www.citizensinformation.ie and from the Citizens Information Phone Service - 0761 07 4000 or Lo-call 1890777121

### **Irish Passport Card**

Question I am 18 and flying to Spain for a holiday this summer. Can I use a passport card when of your birth certificate, or other evidence of your age, before employing you. travelling to Spain, and how do I apply for one?

### Answer

The Irish passport card is a credit-card sized Irish passport. You can use it for travel within the European Union, the European Economic Area (which includes Iceland, Liechtenstein and Norway) and Switzerland. So, you will be able to use it when going to Spain this summer.

You must be aged 18 or over to apply for a passport card. You must also hold a valid Irish passport that is not due to expire in the next 3 months. The personal details you provide when applying must be exactly the same as those on your passport book.

The passport card is valid for a maximum of 5 years or until your passport book expires, whichever period is shorter.

If you plan to use your passport card when travelling, you must use the passport card number when checking in online.

The passport card costs €35. If you are applying from outside Ireland, there is an additional delivery cost of  $\mathfrak{S}$ .

You can apply for a passport card online on dfa.ie. When making the application you need:

- Your current passport book
- Your digital photograph (see the detailed guidelines on dfa.ie)
- A valid email address
- A debit card or credit card

When you submit your application online, you are issued with an 11-digit application number. You can track your application's progress on the Department's website using the application number.

### **Young workers**

### Question

I am 17 years old and I have just finished school. I would like to get a part-time job over the summer. Are there restrictions on the number of hours I can work and will I get the minimum wage?

### Answer

The maximum working week for young people aged 16 and 17 is 40 hours, and you cannot work more than 8 hours a day. If you work for more than one employer, your combined daily or weekly hours of work cannot be more than this maximum.

Usually, you are only permitted to work between 6am and 10pm, but in licenced premises (pubs and restaurants) you are legally allowed to work until 11pm at weekends and during school holidays.

The national minimum wage for an experienced adult is currently ⊕.55 per hour. People aged under 18 are only entitled to up to 70% of the experienced adult rate This for the package. is €6.69 per hour. Your employer is free to pay you more than the minimum wage if they wish, but they are not required to do so by law.

You must get a payslip from your employer. A payslip is a statement in writing from the employer that shows your total pay before tax and details of deductions from your pay.

If you get tips from customers there is nothing in law to state you are automatically entitled to these tips. However, the law does not require you to hand these tips to your employer either. Instead, it depends on the custom and practice in your workplace.

These rules are set out in the Protection of Young Persons (Employment) Act 1996. Your employer must give you the official summary of the Act, along with other details of your terms of employment, within one month of your start date.

All employers with employees under 18 must display the official summary of the Act somewhere visible where it can be easily read. Your employer must also see a copy

### **Home Renovation Incentive Scheme**

#### Ouestion

My partner and I own our home and want to extend it this year. Would we qualify for a tax credit for the work, and if so, how do we apply?

### Answer

The Home Renovation Incentive (HRI) scheme lets homeowners, landlords and local authority tenants claim tax relief on the cost of repairs, renovations or improvement works carried out on their main home or rental property.

To qualify for the HRI, you must be paying income tax and be up to date with your Local Property Tax (LPT). The work must be carried out by a contractor who is registered for Value Added Tax (VAT) and is tax-compliant.

Any repair, renovation or improvement work subject to VAT at 13.5% qualifies for the scheme, so your proposed extension would be covered. Work that is subject to VAT at 23% (such as architect's fees) is not covered. Neither are items such as furniture, white goods or carpets.

The HRI is paid as a tax credit at 13.5% of the cost, effectively reducing the rate of VAT on qualifying work to zero. The qualifying work must cost at least €4,405 before VAT at 13.5% (€,000 including VAT). The credit can be claimed up to a maximum of €30,000 (before VAT) of the total cost of works. The work must be carried out and paid for before 31 December 2018. However, this can be extended if you need planning permission. If this is the case, planning permission must be in place by 31 December 2018. You will then have until 31 March 2019 to complete the work.

To apply for the HRI, your contractor(s) must enter details of the work and payments on the HRI online system on revenue.ie. You should access the system to check that these details have been entered correctly. You claim the credit after the end of the tax year in which you have the work done. In general, the tax credit is applied over the two years following the year in which the work is carried out and paid for.

### **Household Benefits Package**

### Ouestion

I'm in my 70s and live alone. Is it there any support available to help me with my household running costs?

### Answer

The Household Benefits Package may help with the costs of running your household. The package is available to everyone aged over 70 and to some people under 70. It is paid by the Department of Employment Affairs and Social Protection (DEASP).

The package includes an electricity or gas allowance and a Free Television Licence. The electricity or gas allowance pays €35 per month (€1.15 per day) towards the cost of either your electricity or gas supply (you cannot get an allowance for both). It is paid to your bank or post office account or as a credit on your bill. You can get the Free Television Licence from the next renewal date of your licence after you qualify

Only one person in a household can qualify for the package. You must be living in the State all year round, and you will need to show that you are the registered gas or electricity consumer, for example, by providing a utility bill.

People aged between 66 and 70 may also qualify if they are getting a qualifying payment, such as the State Pension. If they are not getting a qualifying payment, they must satisfy a means test. You qualify if you are getting Carer's Allowance and providing full-time care to a person you are living with. You may also qualify if you are getting certain social welfare payments and living alone or living with certain people, for example, a qualified adult or child or with someone who would qualify for the allowance in their own right.

To apply, use form HB1 (pdf) from welfare.ie. The form is also available from your local Intreo Centre or Social Welfare Branch Office or from your nearest Citizens Information Service

### James Lawless T.D. Kildare North Phone: 01-6183587 - e-mail: james@jameslawless.ie - Web: www.jameslawless.ie

### Maynooth Constituency Office

My Constituency Office in Maynooth (located on Doctor's Lane off the Main Street behind Brid Feely DNG Offices) is open all day Monday from 10am till 4pm. My colleagues Councillor Paul Ward and Councillor Naoise Ó'Cearúil and I are also available for appointments on Fridays from 10am to 1pm. Please call my office to organise a time. Please call in if there is anything we can assist you, your family or your organisation with.

### **Greenway Moves to Next Stage**

Local Councillors recently passed the required planning for the Greenway to progress from Maynooth all the way to Fingal county boundary at Confey. This 8.5km stretch is the latest stretch due to be completed and is currently being designed. Tenders for this work are due out later this year. The Greenway has proved to be a great success in Kildare North and it's great to see extra work being done from Maynooth towards Dublin.

### Passport Office Delays Causing Trouble for Those Booked to Travel

Many constituents have contacted my office with great concern over delays in their passport applications yet the Government do not seem to be doing anything to alleviate this problem. What is being lost in this whole debacle is that Irish citizens have a legal right to a passport to allow them travel, and that they are paying for that privilege.

The target time for first time passport applicants and those seeking to replace a lost, stolen or damaged passport through the An Post Passport Express is 20 days but the reality is far from this. The actual turnaround time is 35+ working days – a full three working weeks behind target.

As we head into the peak holiday season, there will be an additional surge in the number of people applying for a passport. Citizens expect that getting a passport approved and printed can take a relatively short period of time, but waiting longer than seven weeks is simply unacceptable.

The summer holiday season, like clockwork, happens every 12 months. It shouldn't come as a surprise to the Government. There should have been a better plan put in place to address increasing application volumes.

This is not a free service to citizens. Passports cost €80 each – that is a significant cost for citizens and should, I believe, require a more efficient response from the Passport Office.

The Tánaiste needs to get his head out of the sand, look at the entire passport service, and

find ways of speeding up the delivery of this very important service for citizens. One suggestion may be to open a second passport printing unit to alleviate demand during peak periods.

### **Proposed Amendments to the Maynooth Local Area Plan 2013-2019**

There are a number of amendments to the Maynooth Local Area Plan 2013-2019. While many of these amendments are to do with rezoning of lands and technical in nature proposed plans can be viewed in the Glenroyal Hotel on Tuesday July 3rd from 15.00 to 19.30. Residents are also invited to submit their observations on these plans to Kildare County Council on or before July 30th.

## Children Waiting 18 Months for Outpatient Consultation Soars Over 10,000

The number of children waiting over 18 months for an outpatient consultation has broken the 10,000 threshold. The latest figures for May reveal that the list has soared to 10,295 - up from 833 in May 2016. That's twelvefold increase in two years.

An analysis of the latest waiting figures published by the National Treatment Purchase Fund for May shows that overall some 54,308 children are waiting for an appointment - 17,308 of them for more than a year and 10,295 for over 18 months.

The three children's hospitals in Dublin account for about 80% of the total number of children on the waiting list, but they also account for almost 99% of the children waiting more than 18 months for an appointment. Temple Street has seen a sixteen fold increase in the number of children waiting over a year and a half to see a doctor in the past 2 years, with Crumlin recording only a marginally smaller rise.

I have said it before but it cannot be emphasised enough – these unacceptably long waiting times have a significant impact on outcomes and on the stress and anxiety levels of the children themselves.

Eighteen months can seem like an infinite amount of time to a child, and having to wait that long to see a doctor in a hospital is like a cloud hanging over their head.

I understand that a draft Outpatient Action Plan for 2018 has been presented to Minister Harris. The fact that an action plan for 2018 is still in draft form in the middle of June is appalling. He must publish it now as a matter of urgency and priority should be given to the 10,000 children waiting since November 2016.

## Kildare Planning Applications for Maynooth Area From 2/5/18 to 19/6/18 - information from Kildare County Council Website

App. Num	Authority	Applicant Name	Development Address	Applic. Date	
18/519	Kildare County Council	Lyons Vincent & Roisin	28 TempleWood, Carton Demesne, Maynooth, Co. Kildare	03/05/2018	
18/611	Kildare County Council	Kelston Properties Limited	Greenfield, Maynooth, Co. Kildare	23/05/2018	
18/648	Kildare County Council	Martin Smith	No. 19 The Lawn, Moyglare Hall, Maynooth, Co Kildare	31/05/2018	
18/656	Kildare County Council	Ann Marie Delaney	19 Parklands Close Maynooth Co Kildare	01/06/2018	
18/672	Kildare County Council	Paul & Mary Mahon	7 Silken Vale Maynooth Co Kildare	05/06/2018	
18/679	Kildare County Council	Saffron Property Limited	29 TempleWood, Carton Demesne, Maynooth, Co. Kildare	06/06/2018	
18/301775	Kildare County Council	Ladas Property Company	Adjoining and to the rear of St. Mary's Catholic Church, Mill Street, Maynooth, Co Kildare	06/06/2018	
18/712	Kildare County Council	Susan & Feargal Barton	Pebble Hill, Maynooth, Co Kildare	15/06/2018	

## **Small Adverts/Local Services**

Maynooth Bookshop 68 Main Street Maynooth

Books Stationery School Books New & Second-Hand

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E-mail maynoothbookshop@eircom.net

**SAP Landscapes** are currently recruiting for a number of roles in their Maintenance & Landscape Departments.

We have exciting new positions from General Operatives to experienced Forepersons. Should you be interested in growing your career with Irelands leading landscape company please email your CV to

Michelle Tully – HR Manager michelle.tully@saplandscapes.ie or call our office on 01-6275177.

### THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it dear Heart of Jesus and place it within your own broken heart, where your Father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen

Say this prayer for three days, promise publication and prayer & favour, will be granted no matter how impossible. Never known to fail

Thanksgiving for favour received

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Thanksgiving for favour received

## **Maynooth Castle**

Address: Maynooth, Co. Kildare. Telephone No: + 353 1 628 6744. Fax No: + 353 1 628 6848. Email: maynoothcastle@opw.ie

Opening Hours 2018 Our opening hours are daily: 10.00 - 18.00 until 26 September Average Length of Visit: 45 minutes Last guided tour 16.30. Grounds close 17.45.

## **Free Admission**



## **Hegartys Solicitors**

**Derroon House** (beside Citizens Information Centre) **Dublin Road, Maynooth** 

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> Email: info@hegartyssolicitors.ie Website: www.hegartyssolicitors.ie

## The Fourth of July

The 4th of July is a very important celebration in America. It is celebrated with fireworks and parties. It is known as

Independence Day because it was on July 4th 1776,



that members of the Second Continental Congress adopted the final draft of the Declaration of Independence. Due to the strong relationship America has with countries throughout the world, the holiday is now celebrated worldwide, Ireland is no exception. Last year the town of New Ross in Co. Wexford held its first Irish America Day. For New Ross, the connection is very strong. Patrick Kennedy and Bridget Murphy, John F. Kennedy's great-grandparents emigrated from New Ross. Celebrations will be held throughout the country. The National Concert Hall is hosting a 4th of July celebration with Diane Reeves "Queen of American Song". U.S. Ambassador Dan Rooney and his wife Mrs. Patricia Rooney will host an Irish American Flag Football Classic at their Residence in the Phoenix Park in Dublin. Over 2000 guests are expected to attend the Independence Day celebrations. Team rosters for the game will include embassy diplomats and Marines, local Gaelic football, rugby and soccer players. Croke Park has constructed an American Football field which includes bleachers, American football posts and giant television screens for live coverage and playbacks. Intel and Hewlett Packard have brought a lot of Americans to our community and to those and all our American readers we wish them a Happy 4th of July.



### Frank O'Rourke T.D. Kildare North

Contact Details: Dail Office: 01 6183109 - Mobile: 087 2555257 - e-mail: frank.orourke@oireachtas.ie - 📊 /Frank O'Rourke Clinics: Monday in the Glenroyal Hotel - Constituency Office: Main Street Celbridge.

## O'Rourke presses for Local Property Tax (LPT) relief - as review planned in Support Returning Irish emigrants says O'Rourke

light of increased property valuations Fianna Fail's Deputy Finance Spokesperson, Frank O'Rourke T.D, has pressed the a cross-departmental strategic action plan to encourage and facilitate returning Government not to increase the net Local Property Tax (LPT) on families, as emigrants so that they can smoothly reintegrate back into our society. property valuation has increased since the introduction of the LPT in 2013.

"Local Property Tax (LPT) rates have been frozen since 2013, but in the meantime, house prices have increased substantially. This means that property taxes could rise substantially in 2020 when houses are revalued again, unless fairness is adopted by the Government."

"The local property tax was reluctantly accepted by the people and it was introduced gradually. However as property valuation increases, homeowners need to be protected from severe hikes in their LPT." stated Deputy O'Rourke.

example, someone now paying €405 a year could face a rise to €675 or even €765 in Kildare. This will be unacceptable."

"The property tax makes no allowance for fixed income households, for families that "The 'Economic Report on Addressing the Challenges Faced by Returning Irish have significant outlays such as childcare or motor insurance. We must not add to the Emigrants' was published in March. The Government must honour its commitment rising costs by increasing the net LPT paid by householders. This I know to be a real concern for many Kildare home owners."

"I have met with our Finance Spokesperson, Michael McGrath, who has been to the forefront of ensuring the mortgage holders have been treated fairly. We are determined to ensure that fairness is also applied when the LPT comes up for review." concluded Deputy O'Rourke.

### O'Rourke urges Education Minister to take swift action to resolve School **Buildings for Maynooth delays**

Local Fianna Fáil TD, Frank O'Rourke, has urged the Minister for Education, Richard Bruton TD, to come up with a solution for Maynooth Education Campus, which is now at a standstill, due to the contractor being put into liquidation.

Sammon Contracting Ireland Limited has been placed in receivership, with the result that all building works have ground to a halt. The two schools affected, Maynooth Post Primary School and Maynooth Community College, are extremely disappointed at this turn of events.

"I have asked the Minister to engage with all the stakeholders involved - the Board of Management, the principal and teachers and parents - and to communicate updates as they arise."

"I have also asked the Minister to confirm what measures are in place for the retendering process, and what steps are being taken to expedite this tendering process as efficiently as possible, to ensure continuity of the project."

"It is critical that construction of these two permanent school buildings in Maynooth be continued at the earliest, and I will continue to liaise with the Minister for Education & Skills, and with his Department Officials for a positive outcome" concluded Deputy O'Rourke.

### Cost of Living rises as Government sits on the fence says O'Rourke -**Ireland's competitiveness reduces**

Fianna Fáil's Deputy Finance Spokesperson, Frank O'Rourke, has stated that the Government has not done enough to stop the rising cost of living as Ireland's reduced competitiveness is having a negative impact on the cost of doing business in Ireland.

"The cost of Insurance, rising childcare costs, rising rents, rising costs of fuel, gas, health insurance, and other day-to-day living expenses, are all putting pressure on families. For instance, electricity costs are going up by over 6%, and gas by over 12%. These increases will lead to an increase of nearly €150 for some customers."

"Irish consumer prices in 2017 were 24% above the EU average. Irish Mortgage Rates are higher than the EU average. The average standard variable rate for a mortgage in Ireland is currently 3.26%. This is nearly 1.5% higher than the average Eurozone rate which stands at 1.83%" stated Deputy O'Rourke.

Local Fianna Fáil TD, Frank O'Rourke, has called on the Government to put in place "Over the last ten years, hundreds of thousands of Irish citizens had to leave our country to find employment abroad out of necessity, and not out of choice."

"As our economy improves, we must encourage and facility returning emigrants. We should have a strategy, which has a cross department approach, to enable returning emigrants smoothly reintegrate back into our society and economy. Today, there are disproportionate and unnecessary administrative burdens affecting Irish emigrants wanting to return to live in Ireland."

"Last year, the Central Statistics Office estimates that 27,400 Irish emigrants returned to Ireland. I know from my clinics that emigrants making a return to Ireland There has been a 70 per cent-plus rise in house prices nationally since 2013. For encounter barriers and challenges including; Costly car insurance, access to education for their children, in particular third level, finding employment, and of course finding accommodation."

to implement the recommendations outlined in this report."

"The part time initiative 'Back to Business' launched last October is aimed at assisting returning emigrants to start or develop businesses. This has the potential to encourage many back home, but it is just one such measure and more needs to be done."

"We need a cross-departmental strategic response to be put in place to support those willing and eager to return back to Ireland. As Ireland had little opportunities to offer people during the recession, the least we owe our returning emigrants is to make the transition home as seamless as possible."

"From an economic and competitiveness point of view, as we see this week, the country needs the skills that returning Irish emigrants are bringing back home and we must do more to assist them return," concluded Deputy O'Rourke.

### Kildare TD welcomes additional 40 new Special Needs Assistants for schools in the county

Local Fianna Fail TD, Frank O'Rourke has welcomed the additional 44 Special Needs Assistant (SNA) posts to be appointed this year in Kildare, as part of 800 additional special needs assistants nationally.

Deputy O'Rourke has campaigned for increased resources for special needs education over the last number of years.

He said "44 new Special Needs Assistants will be appointed this year to Kildare schools. This brings the total number of SNA posts in Kildare to 629 for the academic year 2018/2019. This is welcome news and it was an issue that I raised coming up to Budget 2018.

We must ensure that children with special educational needs are fully supported so that pupils can participate fully in our schools. Since I entered public life, parents of children with special needs have been in regular contact with me seeking supports, particularly in the educational area. "

Deputy O'Rourke said that he held a public meeting to ensure that Special Needs Education would be captured in the policy frame-work and given priority in Budget negotiations.

"We have a growing population in Kildare. This leads to an increased demands for education, both in terms of teachers and school buildings. Special Needs Education is a priority for our party and for me personally. I will continue to fight to ensure that Kildare receives its fair share of the Education resources and that it's growing population is captured when these resources are being allocated, " concluded Deputy O'Rourke.

## Top Food Safety Tips for Barbecues



Ensure your friends and neighbours go home with memories of a good time, not a tummy bug to remember you by. To make the most of your barbecue, here are some top food safety tips.

### Before you start grilling

If this is your first time barbecuing this year, give your barbecue grill a thorough clean by scrubbing the metal rack with a suitable oven cleaner or a damp brush dipped in bicarbonate of soda. Remember to rinse it thoroughly with warm, soapy water afterwards.

### Keep your cool

Food is away from your fridge for a longer period of time when cooking and eating outdoors which can lead to germs multiplying quickly. Keep perishable goods like salads and coleslaw in your fridge until you need them.

### Before you start cooking

- Make sure frozen food is fully thawed (preferably in the fridge on the bottom shelf; which may take overnight) before you start cooking them.
- Keep foods you plan to cook properly chilled in the fridge or a cool box until needed.
- Light your barbecue well in advance for charcoal barbecues, the flames should have died down before you start cooking.

### Handle with care

- Wash your hands before and after handling food.
- Remember to keep raw meat separate from cooked meat and salads.
- Always use separate utensils for handling raw and cooked meat when cooking.
- Never put cooked food on a dish that has been used for raw meat or poultry (unless it has been thoroughly washed in between.)
- Keep food covered whenever possible.

### How to know its cooked

The big issue when barbecuing is making sure your food has been cooked thoroughly, all the way through. The outside may look cooked (and in some cases burnt), the inside can still be raw. When cooking meat that is minced or skewered such as burgers, sausages, kebabs and poultry make sure to turn it regularly and to move it around the barbecue to ensure it is cooked evenly on both sides then run this test:

- Is it piping hot all the way through?
- Is there no pink meat left?
- Do the juices run clear?

Steaks or whole meat joints of beef or lamb can be served rare as long as they are cooked on the outside as any harmful bacteria will be on the outside only, and not in the centre.

### Mind the marinade

If you use marinade with your barbecue, make sure any marinade used on raw meat is not then used as a sauce to coat vegetables or cooked meat as it will contain raw meat bacteria! If you want to use marinate as a sauce, be sure to cook it in a sauce pan and bring it to a rolling boil before serving it.

### **Using leftovers**

If you have any leftovers from your barbecue, these should not be left outside where they could be in the sun and where insects and animals could get them. As with all leftovers, cover these foods and allow them to cool down in a cool place (your kitchen) before refrigerating within two hours of cooking and use within three days. If you're reheating leftovers, reheat them only once until pipping hot but if in doubt throw them out.

### **Essential items**

These non-food items are indispensable for a safe barbecue:

- Food thermometer.
- Coolers: one for beverages and one for raw meats.
- Ice or frozen gel packs for coolers.
- Jug of water, soap and paper towels for washing hands.
- Enough plates and utensils to keep raw and cooked food separate.
- Foil or other wrap for leftovers.





- Sports and exercise burn excess energy. Family walks or cycles are great exercise.



- Use a calendar. Kids still need structure in the summer. Why not make a wall planner and let them decorate it.

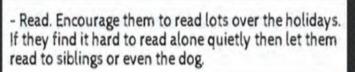


- Measuring and Baking = Practical Maths. Look up some kid friendly recipes and let your child follow the plan. Sneaky learning that tastes good!



- Make sure they are bored. Yes, being bored occasionally is ok. Kids become more creative when they have to entertain themselves, so leave free time in calendar.







- Resources. Look up resources in your local community. See what camps and festivals are on and add them to the summer calendar.







### Main Street, Maynooth, Co. Kildare T. 01 6286255 E. info@oneillsbar.ie

O'Neill's Bar & Steakhouse is a family run traditional style bar in the heart of Maynooth. We are renowned for our quality food, service and our warm welcome. Food is served daily from 12pm, full A La Carte menu available from 5pm. Live music every Thursday & Saturday night.

www.oneillsbar.ie

## Thinking of replacing your PVC Windows?



Copy date for the next edition of the Maynooth Newsletter will be Tuesday 17th July 2018

## St. M

## St. Mary's Brass & Reed Band

Michael Dempsey, one of the longest serving members of the Band, as most people are aware has being going through a particularly

difficult time health wise over the past year or two and unfortunately is no longer able to play with the Band. He has held the positions of chairman and secretary for many years and has done trojan work to keep Maynooth Band going and in recognition of that, the Band Committee have elected Michael to the position of President and the Band recently presented him with a Certificate which he can hang on the wall of his home to remind him of that great honour.

The picture alongside shows the Certificate being presented to Michael by Chairman Paddy Boyd and we hope it will bring back many happy memories to Michael every time that he looks at it.



July each year heralds the South of Ireland Band Championships in Clonakilty and numbers in the Intermediate Section have increased dramatically in recent years and we will be competing for honours against 15 other bands. Clonakilty is all about putting on an entertaining performance for the usually large audience and it will be our first time to compete under our new conductor Jon Clifford. We have chosen four varied pieces with the emphasis on entertainment and we will be doing our best to keep the flag flying for Maynooth on the day, win lose or draw.

The big event of 2018 for the Band is our trip to the Bad Orb International

Music Festival near Frankfurt in Germany from the 7<sup>th</sup> to the 9<sup>th</sup> of September.

We were selected to take part from over 200 applicants and we will be the only band from Ireland among the 34 participants from all over Europe. The cost of the travel alone comes to over €10,000, the band members will be



paying for their accommodation and meals, but our recent appeal to the businesses in the town has made some inroads in to that figure and we are indeed very grateful for their support.

However should anyone like to contribute ANY amount towards the costs they can **call 087 2537 906 or email sec@stmarysbandmaynooth.ie** and we will indeed be pleased to talk to you

## Comhaltas Craobh Mhaigh Nuad

The 2017/2018 year has wound to its conclusion, thereby chalking up 6 full years of teaching and musical development in Maynooth. It was great to observe the kids playing at the end of term party and also popping up along the Banks of the Royal Canal at the Harbour Festival. Push for Porter were set up and provided fantastic entertainment, but unfortunately the weather intervened, and proceedings came to a rather damp end before the team got to fully strut their stuff.



Push for Porter and some branch members at the canal before rain intervened.

Fleadh Laighean awaits those who qualified from the Fleadh Chill Dara. This year Muine Bheag between the Barrow and the Blackstairs in Carlow is the venue for a week of celebration of all that is good in Irish Culture. From our experience of hosting the Fleadh in 2015 Maynooth are well aware of the demands placed on the local committee there, so we wish them well in the coming weeks. Anyone who wishes to volunteer for any duties at the competitions or stewarding will be gratefully received!

As co-hosts, the annual Bagenalstown Summer Madness festival in conjunction with Barrow Tourism Association will include a week of activities for all the family including swimming and fishing competitions, vintage funfair, puppet shows, canoeing, history and biodiversity talks and lots more family fun. This will be in addition to the usual selection of outdoor and indoor events, Workshops, Trad sessions in the pubs, Singing, Dancing, Aifreann Tradisiunta, Tours, promotion of Irish Language events, Open air Gig – Rig and most importantly the Leinster Fleadh competitions where competitors from the 12 counties of Leinster will compete for the All-Ireland Fleadh, held in Drogheda in August.

We look forward to you following us up to Carlow in July – we'd like to introduce you to some of our competitors. Our placed competitors in the Kildare Fleadh, most of whom are going on to the Leinsters are as follows:

### Musician

Aoife McNerney Caoimhe Howley Conor McNerney Déaglán Ó Conchúbhair Emma Bennet Keelin Ní Mhuireasáin Kieran Hensey Matthew Meehan Niall Howard Riobard ó Mhurchú Roish Connolly Róisín Howley

Sean Ó Catháin Shane McNerney Shane McNerney Tom Ó Catháin Róisín Howley, Sean Ó Catháin, Caoimhe Howley and Niamh Ní Fhearaíl Shane, Matt, Kirstin, Katie, Aoife, Roisín, Dara, Tom, Rois and Caoimhe Tom Ó Catháin, Róisín Howley, Kirsten Ní Fhearaíl **Competition** Whistle (12-15) Consairtín U12 Piano U12 Miscellaneous O18 & Storytelling Feadóg Mór U12 Bodhrán (12-15), Comhrá Gaeilge (12-15) Bosca Ceoil U9 Bodhrán (12-15) Bosca Ceoil (12-15) Bosca Ceoil U12 Feadóg Mór U12 Amhranaiocht O18, Amhranaiocht (12-15), U15 Fidil, Comhrá Gaeilge (12-15) Bosca Ceoil U12 Bosca Ceoil U18 Bosca Ceoil (15-18) Bosca Ceoil (12-15) Ceol Beirte (12-15) Caoimhe Howley Ceol Trír U12

Bannaí Céilí (12-15)

Ceol Trír 12-15



The Ceilí Band debuted in the U15 competition and will head to Carlow having finished second in Kildare.

Registration for the 2018/2019 Comhaltas year will take place in early September.

As always, we'd love to see new members trying their hand at an instrument from September; you are never too old to start out on a musical journey, we can promise you lots of craic along the way. Keep a close eye on our Facebook or Twitter feeds for more information on upcoming workshops, pop-up sessions and performances.

http://www.facebook.com/ccemaighnuad

http://twitter.com/CCEMaighNuad

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Derek Carroll, PRO, Committee Craobh Mhaigh Nuad CCE





Veteran Squeezer Riobard looking cool with his Hohner. Riobard will compete in the U12 Leinster Competition

HOTEL

## **Upcoming Events**

Sharon Shannon, Mary Coughlan & Frances Black Saturday September 15th Phil Michael English Coulter with special guest **Brendan Shine** Sunday October Friday 21st October 26th Mike The Fureys Denver Friday February 15th Thursday November 29th Tickets on sale at hotel reception EST 1995 Pre-show dinner and overnight packages available GLENROYAL

01 629 0909 | www.glenroyal.ie

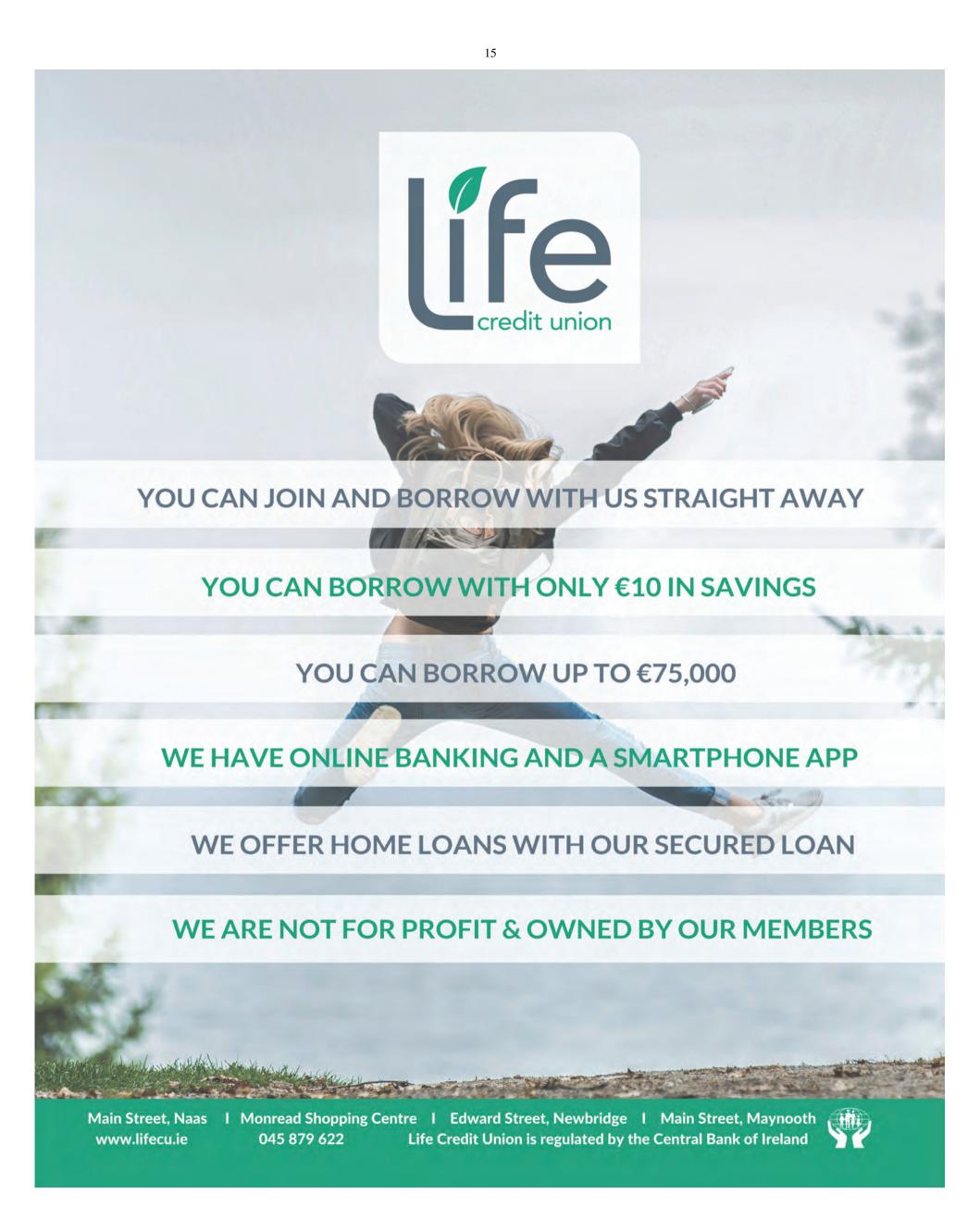


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FOR OTHER EVENTS & MORE INFO SEE MAYNOOTHCC.ORG OR CONTACT KEITH ON 086 8530096



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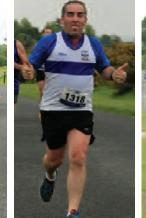
## Maynooth 10k 2018 Photo Gallery (1)



outh 10kg

May



















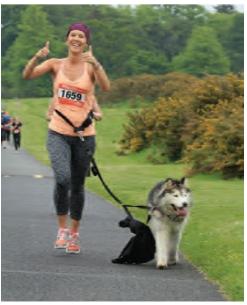












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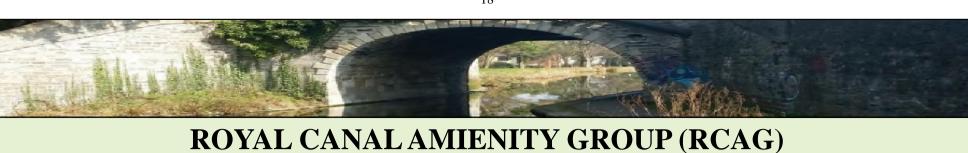
## Maynooth 10k 2018 Photo Gallery (2)



17

with 10k

May



Royal Cana

### THE ROYAL CANAL GREENWAY FESTIVAL.

This was the Royal Canal Amenity Group's (RCAG) inaugural Festival in order to highlight the Canal, the Greenway and the benefits it could bring to a canal side Kildare Community. The Fun Dog Show, the Canal Barge trips and the Kayak demonstrations were very popular events.

Against all weather predictions, rain fell for about 30 minutes, but nonetheless the comments from attendees was positive. Maynooth ICA displayed crafts, and Art was on display in the Geraldine (Scouts) Hall.

Some novelty events included Beekeeping, and vintage 'High Nelly' bicycles. RCAG acknowledges the financial support received from Kildare County Council which made it possible to host this Festival.

We distributed copies of Kildare County Council's excellent "towpath trails "Canal Booklet to the many callers to the RCAG information stand.



"High Nelly" Bicycle RCAG had its biennial bus trip to Rams Island in Lough Neagh on Saturday 16th June, setting off at 8.15 from Maynooth via Ashtown on a beautiful Barton's bus.

A group of 54 took the Trip to the largest Island in Lough Neagh, where we were the guests of the River Bann & Lough Neagh Association. The weather was excellent. The trip concluded with a very tasty meal in the Valley Inn, Dunleer, Co. Louth, and back in Maynooth at 10 pm. Our thanks to Peter Brady, our Barton's driver on the day. It was a revelation to see the conservation work on the Island all done by volunteers.

# PLASTIC FREE JULY

## Zero Waste Maynooth

Plastic Free July was set up in Australia in 2011 and has grown from a handful of participants to millions of people participating across the world. The aim of Plastic Free July is to encourage people to reduce their consumption of single use plastic by asking them to "choose to refuse". The top four single use plastic items are bags, straws, coffee cups and bottles. The challenge of refusing these for a month will hopefully encourage people to reduce their overall consumption of plastic and help them build new habits into their lives such as carrying a reusable coffee cup and bottle with them.

By registering on the website, plasticfreejuly.org, you are adding your voice to millions of others to show that you are willing to do your bit to reduce plastic pollution. You will receive emails throughout the month giving you tips and encouragement. There is a Pesky Plastic Quiz to help you narrow down where your plastics come from and an Action picker to help you decide on your challenge for the month.

Zero Waste Maynooth is joining in the action by asking people to make a public pledge on our Facebook page (Zero Waste Maynooth Area) stating what challenge you are going to take on for the month. It could be to refuse to use disposable coffee cups for the month or to cut down on plastic wrapped snacks. Everyone who makes their public pledge by Saturday, 7<sup>th</sup> July will be entered in a raffle with a chance to win a Keep Cup (kindly sponsored by Conscious Cup Campaign).

We want people to keep posting updates throughout the month – the good, the bad and the plastic mishaps. One person's daily win could be the encouragement

that someone else badly needs. We aren't looking for plastic free perfection, but hopefully the month will help everyone make progress in reducing their plastic consumption.



And the good news is that everyone who posts throughout the month will be entered into another raffle at the end of the month – Zero Waste goodie packs will be up for grabs.

Throughout July, Zero Waste Maynooth will be posting ideas of plastic free meals in which all ingredients will be purchased in local shops. Our aim is to show people what is easily achievable in the local area without having to go to specialist shops or spend lots of extra time.

There will be a meetup mid-July to discuss how we can help make Maynooth a more plastic free place to live. Several towns around the country are making the change and it would be great if Maynooth could be a leader in Kildare. It will also be a chance to share stories of how the plastic free challenge is going. Keep an eye on Facebook for details!



### **Tip One for Plastic Free July:**

Bring your reusable cup to the following cafes and get a discount: Emma's Place (20c), Willow and Wild (20c), The Brewery (20c), L'Art du Chocolat (20c),Coffee Lounge (50c), Coffee Mill (50c), Beetroot (20c), Café Bon Bon (20c).

Save the environment and some cash!









Our sympathy to Ger and John Kavanagh on the death of Ger`s mother Pauline. Also our sympathy to Liz Callaghan on the death of her brother Jimmy Fay.

Regular walkers and visitors to Carton Avenue will have noticed that this year the grass is being cut differently, this is to allow wild flowers to develop and to feed the bees and butterflies and this part of our biodiversity programme. Once again we thank Carton House for cutting the grass on this wonderful amenity for Maynooth.

Thanks to everyone who attended our Walk and Talk with Gail Maher in MU. Gail identified numerous native Irish plants including the Orchid in the meadow outside the Callan Building, North Campus. We also got to see a Ladybird which are very rare.

At the time of writing we are hoping some of you will be able to attend the next event on the 20th June with Jim Carolan called The Bug Hunt.

Over the past number of weeks our teams on Saturday mornings and Wednesday evenings have been clearing and cleaning out the planting areas in various locations around Maynooth in preparation for new season planting.

This planting happened on Saturday the 2<sup>nd</sup> of June a number volunteers of Maynooth Tidy Towns planted and watered hundreds of flowers the majority of which are bee and butterfly friendly. After all the planting was done a



surprise celebration was held for Mattie Callaghan who turned 70 in May on Saturday 2<sup>nd</sup> June with a cake and tea/coffee. Mattie thanked all for their support over the years.

Please keep Maynooth clean and tidy as judging commenced mid- June and will continue until the end of August.

If you wish to volunteer please contact us on 087 -3153189 or on Facebook/Twitter

**Richard Farrell PRO** 

Maynooth Tidy Towns







## uniformwarehouse.ie

School

Club

Corporate

Dance



## Maynooth Post Primary Maynooth Community College Coláiste Pobail Mhá Nuad

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### MAYNOOTH CYCLING CAMPAIGN



### Bikeweek 2018

The Tour of the Dead to historic graveyards around Maynooth took place on a day with almost perfect weather and we had a lovely cycle to Laraghbryan, Ladychapel and Taghadoe. We were delighted to have the opportunity to show the film Why We Cycle about the Dutch cycling culture and appreciated the attendance of Maynooth MD councillors Padraig McEvoy (Ind), Teresa Murray (Ind) and Tim Durkan (FG) but the general attendance was disappointing. On Bike to Work Day, we gave out chocolates to cyclists on their way to work. We were also involved in organising prizes for a number of the Maynooth primary schools. Some had taken part in a Biodiversity Visit to the Royal Canal with Karen Moore. Presentation Girls school deserves special mention for the way that the school was decorated with fantastic paintings and drawings for Bikeweek. The second weekend saw the Family Cycle to Kilcock with nearly 40 cyclists, young and old, cycling along the Royal Canal Greenway. At Kilcock the children, some young and some not so young, were rewarded with an ice cream. So that was Bikeweek 2018. Roll on next year!

### Statement on Cycling from Garda Assistant Commissioner

A less enjoyable aspect of Bikeweek was the disappointing comments on cyclists and cycling from Assistant Commissioner David Sheahan of the Garda National Roads Policing Division. In a statement, he described cycling as a 'pastime' and went on to state that cyclists should have brakes, tyres and chain. For everyday cyclists, cycling is not a pastime - it is a mode of transport and it is doubtful that many cyclists take a bike out without tyres or a chain! The Assistant Commissioner also stated that cyclists should never cycle more than two abreast which demonstrates an ignorance of the Road Traffic legislation as it is not illegal to cycle three abreast. If a senior Garda officer has such a distorted view of cycling, it is hardly surprising that the Gardaí fail to prosecute drivers who park on cycle lanes and who endanger cyclists.

### Royal Canal Greenway/EuroVelo Route 2

On 2nd July, Shane Ross, the Minister for Transport, Tourism and Sport will be coming to Maynooth to open a section of the Royal Canal/Eurovelo Route 2 between Maynooth and the Westmeath border - another piece of the jig-saw puzzle between Moscow and Galway. Cyclists will then be able to cycle all the way from Maynooth to Athlone. You can find out progress on the rest of the route at http:// www.eurovelo.com/en/eurovelos/eurovelo-2.

On the same day, the Glenroyal Hotel will host a Capacity Building Workshop to explore the opportunities in developing trails on and along the Royal Canal. It promises to be a bright future for north Kildare.

### **Climate Change**

Another report pointed out the failure of government to live up to Irish commitments on reduction of greenhouse gases. In a ranking of EU countries' ambition and progress in fighting climate change by Climate Action Network (CAN), Ireland was ranked 27th out of 28.

Niamh Garvey, head of policy and advocacy with Trócaire (which is a member of CAN), commented "This report reaffirms what we know, that political leadership is urgently needed to turn Ireland's record around on climate change".

### Vulnerable Road Users and Anti-Cyclist Bias

The vulnerability of pedestrians and cyclists on Irish roads and the 'normality' of road fatalities was once again demonstrated. In a recent week, nine people were killed including three pedestrians, two of which were hit and run collisions. On The Journal twitter account, eight news reports about the fatal crashes generated 65 comments. However, one article on cyclists generated 272 comments.

### Kildare Gardai on Two Wheels

Hopefully, it wasn't just the good weather, but a member of the Gardaí has been recently seen cycling around Maynooth which is welcomed by Maynooth Cycling Campaign. It is proposed that more Gardai will be taking to the streets across Kildare on bike patrol.

### Finally Good News on Infrastructure

Finally some good news on cycling infrastructure but not in Kildare. Due to increasing congestion in Dublin City, the National Transport Authority has announced major plans to improve bus services and at the same time to introduce the next generation network of cycling facilities in the capital. In time, this will lead to higher quality cycle infrastructure in Kildare - hopefully sooner rather than later.

And more good news - after their original design met with scathing criticism, consultants for Dublin City have redesigned the Clontarf-Amiens cycle corridor and the revised scheme has been warmly welcomed by cyclist representatives.

Maynooth Cycling Campaign is a non-party political cycling advocacy group. Further information on meetings and activities is available on our website. We are affiliated to Cyclist.ie, the Irish Cyclist Advocacy Network and through it to the European Cycling Federation.



## LIGHTERLIFE MAYNOOTH LOSE A STONE A MONTH

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## Social Democrats Call on Taoiseach to Formally Invite UN Special Rapportuer on Adequate Housing to Ireland

Social Democrats Co-Leader Catherine Murphy has called on Taoiseach Leo Varadkar to extend an official State invitation to the UN Special Rapporteur on Adequate Housing Leilani Farha. Ms Farha visited Ireland this week on an academic visit rather than an official State visit. She explained that without being here in an official capacity she is not permitted to issue specific recommendations regarding the current housing crisis. Deputy Murphy said that Ms Farha had pointed to specific international examples of things that are working well and said it would be useful for Ireland to work with her with a view to adopting similar approaches. In response the Taoiseach said he was open to the idea of inviting Ms Farha and would speak to Housing Minister Eoghan Murphy on it.

Speaking during Leaders Questions in the Dáil Catherine Murphy said that Government's current housing strategy was almost entirely reliant on a private market-led approach and is designed to put the State at arms distance from responsibility. She said the continued refusal of the State to provide either a constitutional or a legislative right to housing was a failure of the State to protect the human rights of citizens.

### Deputy Murphy said:

"Eighty one countries internationally have adopted a right to housing approach. There appears to be a misunderstanding regarding the concept of what a right to housing means. It does not mean that every person can demand a house; rather it means that the State is obliged to ensure that it produces housing strategies which ensure the availability of housing that is affordable and accessible to all."

"Extending an official invite to the UN Special Rapporteur Leilani Farha would show a willingness on the part of this Government to meaningfully address the escalating housing emergency in this country. Her work has proven to have produced positive results in countries that were experiencing similar housing issues to Ireland and while she is in office we should use the opportunity to avail of such practical expertise."

## Sammon liquidation must not delay important Maynooth post primary schools projects

In the wake of the liquidation of Sammon construction, Social Democrats coleader Catherine Murphy TD has demanded that Minister for Education and Skills Richard Bruton prioritise the completion of the Maynooth Post Primary Schools projects.



#### Catherine Murphy, Kildare North TD said:

"It is absolutely vital that any delays to the Maynooth Post Primary project are kept to an absolute minimum. This critically important project for Maynooth and North Kildare cannot be allowed to be jeopardised by the collapse of the UK construction company Carillion and the subsequent liquidation of Sammon Contracting.

"The domino effect of schools' projects being halted has impacted far too greatly not only in North Kildare but across Ireland and the education of young people is being hindered because of contractual arrangements between the Department and these private companies and that is unacceptable.

"The Department have a duty to ensure adequate facilities are provided to communities to educate our youngsters. Minister Bruton needs to ensure that the Dutch Infrastructure Fund appoint a new contractor as soon as possible to avoid any undue delays in delivering vital school buildings which communities are relying on."

A recent parliamentary reply to me indicates that 3,102 people in Maynooth are signing on the live register with a further 4,685 people in Newbridge also signing on. While these numbers are quite staggering I also believe they are in fact understated. In my office we have spoken to a lot of people about their experience with JobPath – the Department's socalled job activation scheme. Once registered on JobPath a person is taken off the live register even if they are not in actual employment. A separate reply to me confirms that there are 59,495 people nationwide on the JobPath scheme. There are also other schemes such as SpringBoard and participation on these also removes a person from the liveregister and therefore does not count them as unemployed even if they are not actually in employment.

In addition to this, there are a huge number of people who are under-employed -i.e. in minimal hour part-time employment but who are not entitled to a payment because other family members are working and therefore the means test criteria ensures they are not eligible for a payment in their own right.

While there is a lot of talk from Government about an economy that is now reaching full employment, I question how we can be near full employment when we have not only almost 8,000 people in Maynooth and Newbridge on the live register, but also an understating of the figures based on manipulation of how they are counted. We need to have an honest conversation about what employment actually looks like and what the real levels of employment are nationwide and what full employment actually looks like.

### **Maynooth Senior Citizens Committee.**

It is now the middle of Summer but as I write, the weather does not reflect this. Hopefully by the time you read this article the Sun will have returned. We can but hope.

We held our mid-summer Tea-Dance on June 17<sup>th</sup> and danced the evening away to the enjoyable music of Brian McDermott, ably assisted by his son James. Our next Tea-Dance will take place on Sunday July 15<sup>th</sup>, and this will be our last Tea-Dance before the Summer recess. Our final event before we take a break will be our Summer outing. Those wishing to travel with us should have their names in by July 3<sup>rd</sup>. I take this opportunity to thank Barton Transport who sponsor the coaches on the day, and Martin Donnelly and his colleagues in the GAA club who facilitate our Tea-Dances throughout the year. Our morning club will close on Tuesday July 31<sup>st</sup> and will reopen on Tuesday Sept 4<sup>th</sup>.

Don't forget, as I mentioned last month, if there are retired people out there who would like to take up painting, just let me know. Susan is waiting to take up the challenge. Have a think during the Summer and we will see you all in September. In the meantime may I wish you all a very pleasant holiday wherever you are.

Finally, may I express our sincere sympathy to Tony Muldowney on the passing of his brother Timothy and to Brigid Tierney on the passing of her husband Des. We wish them both solace and comfort at this very sad time.

Suaimhneas agus Siochain Doibh. Josephine Moore. Chairperson.



## Writers' Corner - Short Stories from our Readers

### THE ORIGINAL CUBICLE HAD A STANDING DESK. WHAT HAPPENED?

The original cubicle had a standing desk, a private space and slotted together like lego.

## WHAT HAPPENED TO THE CUBICLE?

Before the cubicle, clerical workers sat at small desks in straight rows, often facing the same way. It was a factory production line that produced nothing but paper. It was a classroom without a teacher. Those further up the food chain usually had their own office. The management – usually men – were at the top while the secretarial pool – usually women – were at the bottom.



Inventor Robert Propst called the U.S. office "a wasteland" in 1960. "It saps vitality, blocks talent, frustrates accomplishment. It is the daily scene of unfulfilled intentions and failed effort." Cubicles were actually interior designers' attempt to put some soul back IN! Once released, Propst's "Action Office" received rave reviews from both designers and the popular press. It had a huge desk, a space for making phone calls, a vertical filing system, and partitions, so workers could have privacy. The desk could be set at varying heights so people could stand while they worked.

Robert Propst certainly was way ahead of his time. He even invented a prototype napping pad, an inch and a quarter thick and two feet wide (3cm by 60cm), that could be hung up for storage. "Seeing these designs," Industrial Design wrote, "one wonders why office workers have put up with their incompatible, unproductive, uncomfortable environment for so long."

WHEN THE ACTION OFFICE WAS RELEASED IN 1968, IT FLOPPED. What Propst had failed to take into account was economics. The follow-up to the Action Office (the Action Office 2!) was the cubicle we're more used to.

## Smaointe

Is é traidisiún na Críostaíochta ná sula dtarlaíonn tada domsa tá gaol idir mé agus grá agus cúram neamhdhomhanda, neamhstairiúil, síoraí, ar a dtugtar Dia. Agus más amhlaidh atá, ceangailte i dtús báire leis an gcomhacht a chruthaigh sinn agus a choimeádann ann sinn, nach ionann cás don iomlán againn, gach duine againn níos cóngaraí do Dhia ná dá chéile.

Ciallaíonn sé sin nach féidir liom caidreamh a bheith agam le mo chomharsa mar is caoithiúil domsa, mar i ndáríre, ní liomsa é agus ní fheicim ach a leath agus ansin féin b'fhéidir an leath is lú tabhacht.

Is fíor sin do gach rud sa domhan i gcaoi áirithe – agus dá bhrí sin tá dlúthbhaint idir an Chríostaíocht agus cothú na timpeallachta. Ach tá sé thar a bheith fíor i gcás daoine eile a fheiceann mise agus a mbíonn caidreamh acu liom, mar a fheicimse iad siúd agus a mbíonn caidreamh agam leo.

Ní oileán mé agus ní féidir liom a shamhlú gur mar phointe aonarach le smacht ar gach pointe aonarach eile, á stiúrú agus á gclárú a bhím ag déileáil leis an domhan. Feictear mé, agus déantar teagmháil liom, ach roimhe seo go léir tá an teagmháil le Dia mar bhunús le gach rud.

(Saoraistriú ó leabhar le Rowan Williams: "Being Human".)

Gabriel Martin.

PROPST CALLED THEM "MONOLITHIC INSANITY", "HELLHOLES", "EGG-CARTON GEOMETRY" AND "BARREN, RAT-HOLE PLACES".

Goodbye adjustable desk, hello cheap "workspace solution". Propst's original angles clipped together at an angle of 120 degrees, allowing workers to choose between privacy and open communication. Managers demanded dividers of 90 degrees, allowing an army of micro-office after micro-office to stretch on and on and on... Businesses found it incredibly useful for cramming people into smaller spaces. A bonus was that the Action Office partitions could be treated as furniture, not walls, putting them in a more generous tax bracket. (Today companies can depreciate office furniture in seven years, whereas permanent structures–that is, offices with walls–are assigned a 39.5-year rate.)

"The dark side of this is that not all organizations are intelligent and progressive," Propst said two years before he died. "Lots are run by crass people who can take the same kind of equipment and create hellholes. They make little bitty cubicles and stuff people in them. Barren, rathole places...I never had any illusions that this was a perfect world."

Chairs and desks are now more adjustable, but the basic layout of many North American offices hasn't changed much in 100 years.

If cubicle dwellers feel the walls closing in on them, they aren't wrong. The average cubicle dropped between 25 and 50 percent in size during the mid-1980s and mid-1990s.

By 2006, half of Americans were complaining that their cubicle was smaller than their home bathroom.

Article supplied by Siobhan O'Shea - Freelance Content Writer and Copywriter Website: www.siobhanoshea.com



www.dilbert.com/UniversalUclick

### Home Security Tips During The Holidays



It is that time of year when there is a mass exodus of people heading off on their summer holidays. Whether they plan to go home or abroad, the issue is the same: their house/apartment will be unoccupied and is therefore a target for opportunistic thieves.

Heading on your summer holiday is a happy time, and so the idea of coming home to a home that has been burgled is an unsettling thought but there are ways you can prevent this from happening.

Here are some helpful tips to ensure your home is kept secure whilst you enjoy your summer holiday.

Tips for Securing your Unoccupied Home

•A home that looks obviously unoccupied is an easy target. Fully drawn curtains are one usual give away of this so best to either leave them open or get a neighbour to pull them occasionally while you are away. Timer lighting will also help to put off potential break-ins and they are relatively inexpensive to install too.

•With the advent of social media and the popularity of updating your profile to alert your friends that you are in sunnier climes, the danger is that an alert burglar will pick up on your social media updates and use this knowledge to know that your home is a good target. No matter how tempting it is, don't 'advertise' your holiday plans. Wait until you get home to post the pictures!

•It sounds obvious but double check that all windows and doors are securely locked. Research shows that unlocked doors and windows are the primary way thieves access homes.

•If labelling luggage, include your name, telephone number, email address and destination but leave your home address off. If your luggage goes astray and into the wrong hands, then they won't have your home address details so there will be no burglary fears.

If you manage to cover all the tips above, you should be able to travel and enjoy your holiday, safe in the knowledge that your home is secure until you return.

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## **Maynooth Monthly Diary Planner**

### **Community Library**

Opening Times Mondays & Fridays 2pm to 5pm Tuesdays & Thursdays 1pm to 8pm Wednesday 9.30am to 1pm & 2pm to 5pm Sat 9.30am to 1pm

### I.C.A.

Monthly meetings take place every 1st Thursday of the month at 8.00pm in the I.C.A. Hall in the Harbour. Crafts every Monday night at 8.00pm. New members welcome

### University of Third Age (U3A)

Weekly meetings on Friday at 11am in Maynooth Community Space Unit 11/12 Tesco SC Holidays July & August Reopening 6th September 2018 Contact Ger : 0874133505

### Maynooth Tidy Towns

Volunteers required to help with this work. Contact Number 087 3153189 Meet every Saturday at 10.00am in the Square

### Maynooth Senior Citizens

Our morning club continues on Tuesday and Thursday and new members are always welcome. Perhaps you are new to the parish or new to the age bracket, why not come along you might enjoy it. You will find us in the Geraldine Hall on Leinster St, or contact Josephine on 087 9002296.

## Maynooth Multiple Births

Maynooth Multiple Births playgroup (twins triplets or more) meets the last Thursday of the month in Leixlip library between 10 & 12 noon. This is a great opportunity to meet parents just like you. For further details email: maynoothmultiplebirthclub@gmail.com

MAYNOOTH LOCAL HISTORY GROUP

Maynooth Local History Group Meets Last Thursday of each Month in The Glenroyal Hotel New Members Welcome Contact: MCEP Office for more details

Maynooth Parent & Toddler Group

Every Thursday from 9.30am to 11.30am Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth

## ALZHEIMER CAFÉ LEIXLIP

Join us at the next Alzheimer Cafe, Wednesday July 11th in "The Conservatory", Ryevale Nursing Home, Leixlip from 7-9pm. Each month we have a short talk about a topic relevant to living with dementia. The speaker and the cafe organisers are also on hand to answer any questions you may have. Attendance is free of charge and there is plenty of parking available (www.alzheimercafeleixlip.ie phone 089 4933533)

### DIARY ENTRIES

E-mail details of your event before the copy date (2nd last Tuesday of each month) to be included in the next months edition. E-mail: office@maynoothcep.com Phone: 01-6285922

## Bridge Club

Open for new members. If you would like to play in a friendly club with purposebuilt facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com. Contact Katherine Cooney 086 8205910

### Arthritis Ireland

Arthritis Ireland Walking Group (Maynooth) Meeting Mondays 12 - 2pm in the Maynooth Community Space Closed for Month of August Reopening Monday 3 September 2108

### Maynooth Men's Sheds

Weekly meetings take place every Wednesday at 11am at the Maynooth Lodge Fisheries Dunboyne Road Maynooth. For further details contact John Fleming - 087 2041334

### Maynooth Community Church

1st Floor Manor Mills (entrance next to Chill) Service times every Sunday morning from 10.30am <u>www.maynoothcc.org</u> Everyone most welcome

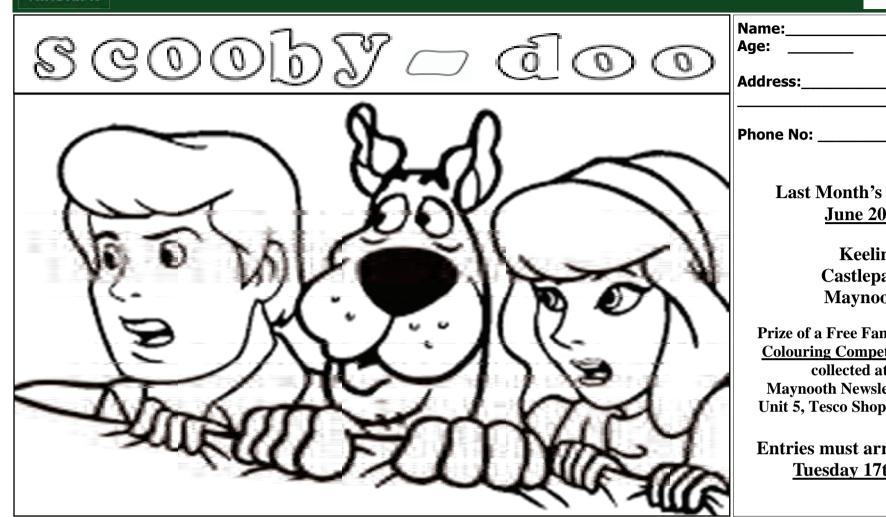
ST MARY'S BRASS & REED BAND

Rehearsals are held in the Band Hall on Pound Lane each Monday night (except Bank Holidays) from 7.45pm to 9.30pm and musicians living in Maynooth and the surrounding areas are most welcome. E-mail: sec@stmarysbandmaynooth.ie Website: www.stmarysbandmaynooth.ie

Diary entries are published free of charge for all non-fee paying Community Groups. The content of the Monthly Planner Diary is published in good faith. All details should be checked with groups in advance

	Clu	ies	Ac	cro	SS				July 2018 Crossword - No. 470		Clues Down							
Clues Across       July 2018 Crossword - No. 470         8. Exquisitely fine, easily damaged (8)       9       1         9. Note acknowledging a source of information (6)       1       2       3       4       5       6       7         10. Holiday spot (6)       11. Exhaustive, complete (8)       10       11       1							2. 3. 4. 5. 6. 7. 14 10 18 20 21 23 25 20	<ul> <li>Strict, stark (6)</li> <li>Unit of mass (8)</li> <li>These organisms are in bait race (8)</li> <li>Near the middle (7)</li> <li>Reflections of sound (6)</li> <li>Change for the better (6)</li> <li>Denoting one (8)</li> <li>Does needlework (4)</li> <li>Made lines on a surface (4)</li> <li>Offered something for a service or achievement (8)</li> <li>Fit and active (8)</li> <li>Facets, views (7)</li> <li>Old units of distance (6)</li> <li>Body parts and musical instrument (6)</li> <li>Sharp-pointed tips on stems (6)</li> </ul>										
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Win a €10 book voucher if you are the first entry drawn with both puzzles correct. Send completed puzzles to Maynooth Newsletter Unit 5 Tesco S/C Maynooth			ouzzi s to ett	es er	Newsletter Office			ss:										

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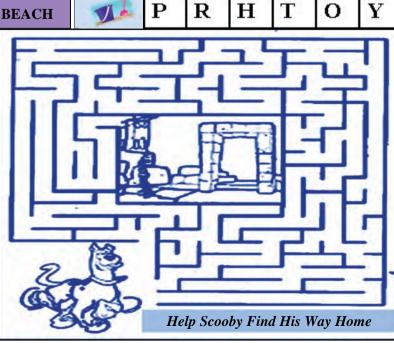
Address: Phone No: Last Month's Winner: **June 2018** Keelin Castlepark **Maynooth** 

**Prize of a Free Family Meal for Colouring Competition can be** collected at the: Maynooth Newsletter Office, Unit 5, Tesco Shopping Centre.

**Entries must arrive before: Tuesday 17th July** 

## Junior Puzzle Corner

TOY BOAT **STAR** ΡΟΤΤΥ PEACH WORD SEARCH 0 Т P в A х Y C в Е F S E  $\mathbf{M}$ A Т C S A 0 C S H Y A P R Т H 0



## Short Story

## A Town Mouse and a Country Mouse

A Town Mouse and a Country Mouse were friends. The Country Mouse one day invited his friend to come and see him at his home in the fields. The Town Mouse came and they sat down to a dinner of barleycorns and roots the latter of which had a distinctly earthy flavour.

The flavour was not much to the taste of the guest and presently he broke out with "My poor dear friend, you live here no better than the ants. Now, you should just see how I fare! My larder is a regular horn of plenty. You must come and stay with me and I promise you shall live on the fat of the land."

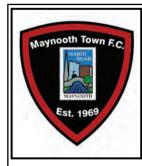
So when he returned to town he took the Country Mouse with him and showed him into a larder containing flour and oatmeal and figs and honey and dates.

The Country Mouse had never seen anything like it and sat down to enjoy the luxuries his friend provided. But before they had well begun, the door of the larder opened and some one came in. The two Mice scampered off and hid themselves in a narrow and exceedingly uncomfortable hole.

Presently, when all was quiet, they ventured out again. But some one else came in, and off they scuttled again. This was too much for the visitor.

"Good bye," said he, "I'm off. You live in the lap of luxury, I can see, but you are surrounded by dangers whereas at home I can enjoy my simple dinner of roots and corn in peace."





### Maynooth Town Football Club soccer blitz enjoyed by 220 children

The Annual Maynooth Town Football Club soccer blitz took place on the weekend of the 16<sup>th</sup> and 17<sup>th</sup> June at the Club grounds on the Rathcoffey/Newtown Road. Open to members and non-members alike, this is one of the biggest sporting events in the Maynooth soccer calendar and showcases the talent that exists in Maynooth and surrounding areas at underage level. The blitz provides younger players with an opportunity to try soccer

in a fun environment and gives other players an opportunity to play with and get to know players that they don't usually play with. Following registration, players were allocated across 3 different age groups: (1) U12 Boys & U13 Girls & Older on Saturday afternoon (2) U10-U11 Boys & U11-U12 Girls on Sunday afternoon and (3) Younger Players on Sunday morning. Some of the senior players from the Men's team that won the FAI Intermediate Cup in May 2018 also brought the Cup down to the Club on Saturday afternoon.

The teams were mixed and players were allocated so that the teams were as even as possible. Older players returned to the blitz on Sunday to act as coaches and mentors for the younger teams - this is something the older players enjoy doing and it gives them an appreciation of what is involved in coaching a team. Over the course of the weekend, over 220 players played 76 games of football and scored 266 goals. The standard of football was very high with a lot of skill on show. The players played with great determination and in a fantastic spirit of sportsmanship. Spain, Brazil and Denmark were the winners of the three World Cup tournaments beating Germany, Iceland & Argentina in the finals.

A word of thanks to Alan O'Regan from Gatehouse Catering who provided a BBQ with hot food during the two days and to Sean Donovan and Britvic who provided fruit, sweets and soft drinks for every player. A number of local businesses were also very generous in providing a range of generous prizes for the raffle. Thank you to the players who coached & guided younger teams on Sunday and to the coaches who refereed matches over the weekend.

The attached photos are a selection of the teams that took part and highlight some of the action.



Maynooth Town Football Club provides boys and girls in Maynooth and surrounding areas the opportunity to play underage soccer. The club has 27 underage Boys teams ranging from Under 8 to Under 18, 6 underage Girls teams from Under 9 to Under 14 and 3 Senior Mens teams. Founded in 1969, Maynooth Town Football Club will celebrate it's 50<sup>th</sup> anniversary in 2019. Maynooth Town are running summer camps from 2<sup>nd</sup> to 6<sup>th</sup> July and from 6<sup>th</sup> to 10<sup>th</sup>August. If you are interested in finding out more about playing soccer in Maynooth, please contact the Club Secretary Miriam Murphy at miriammtfc@outlook.com.

### **Summer Recipes**

### **Deep-fried Baby Lemon Calamari Ingredients:**

500g baby calamari, cleaned 50g 'oo' Italian flour or plain flour (rice flour also works) 1tsp freshly ground cumin seeds Zest of 1 lemon, very finely grated Salt and freshly ground black pepper Groundnut oil, for deep-frying 2tsp dried oregano 2 quartered lemons, to serve Sliced red and green chillies to serve (optional)

Chopped fresh coriander, to serve (optional) Method:

Slice the calamari into thin rings. In a large bowl, mix together the flour, ground cumin seeds, lemon zest, and a little salt and pepper.

Heat the oil to 180°C/350°F in a medium non-stick saucepan. Toss the calamari in the flour and cumin mixture and shake away any excess.

Deep-fry in batches for around 4 minutes until lightly browned and tender. Remove with a slotted spoon and drain the excess oil on paper towels. Sprinkle the calamari with the oregano. Add a squeeze of lemon juice and a sprinkle of chilli, if desired, and serve scattered with coriander leaves.

### **Chicken Caesar Salad With Sourdough Croutons** Serves: 1 - 2

Ingredients:

Meat from half a roast chicken, in bite-size chunks

2 heads romaine lettuce

100g parmesan cheese, grated

1/2 loaf sourdough bread for croutons, sliced and cubed 50ml extra virgin olive oil

Caesar dressing:

2 anchovies, chopped small

2 egg yolks

1 clove garlic, crushed

2tbs lemon juice

<sup>1</sup>/<sub>2</sub>tsp English mustard powder

1tbs Worcestershire sauce

<sup>1</sup>/<sub>2</sub>tbs Tabasco sauce

175ml sunflower oil

50ml extra virgin olive oil

50ml cold water

Method:

Make the dressing by combining the anchovies, egg yolks, garlic, lemon juice, mustard powder, Worcestershire and Tabasco sauces in a bowl. Whisk together with a hand whisk and then gradually add the sunflower and olive oils, a drop at a time to begin with, until all the oil has emulsified. Add the water at the end to thin the consistency. Season to taste.

Preheat the oven to 200°C. Wash and dry the lettuce. Tear into manageable pieces. Toss the cubes of sourdough in olive oil and place on a baking tray. Cook in the oven until golden and crunchy, about 10 minutes.

In a bowl, place the lettuce leaves, chicken, half the croutons and half the parmesan. Add about one-third of the dressing and toss. Arrange the salad on plates and top with the remaining croutons and grated cheese. The leftover dressing will keep in the fridge for a few days. \*\*\*\*\*

### **Chocolate Strawberry Slice**

Ingredients:

180g dark chocolate 180g cashew butter 225g strawberries Method:



Break the chocolate up and add it to a saucepan on

medium heat with the cashew butter. Let it all melt together slowly. When its melted use a fork to whisk it well until smooth - try to get rid of any lumps of cashew butter. Set it aside to cool a little, while you slice the strawberries into halves and quarters. Add the strawberries to the saucepan and fold them in gently. Line an 8in baking tray with parchment paper. Spread the mixture out evenly in the tin. Pop in the freezer to set for about 2 hours. Then slice into squares. Store in the freezer.







If only July were more predictable in the garden. It doesn't matter how wet the spring was, rain can become very elusive in July. And warmer zones are actually passing out of prime growing conditions into the lethargy of the dog days-the hottest period of the year (reckoned in antiquity from the heliacal rising of Sirius, the Dog Star). So there's no definitive list of gardening chores for the July garden. Gardeners just have to play it by ear. Most importantly, keep a close eye on pests and disease, then sit back and enjoy your garden and all the efforts you put in earlier in the year to get it where it is now.

July is an excellent month for bees and as you probably know already, they are essential for beautiful and productive growth in the garden. Planting colourful and fragrant flowers in your garden will attract them.



Make sure the Birds have enough water during the dry spells. Keep young plants watered during the Summer, not forgetting plants that are growing in containers. Continue deadheading flowers as they fade and prune all your shrubs that flowered in early Summer. Take semi-ripe cuttings from shrubs and trim conifer hedges and take cuttings from them. Now is the time to Summer prune Wisteria and divide bearded Irises. Layer and take cuttings of **Camations** and disbud **Dahlias** to get larger blooms. Plant Autumn flowering bulbs, transplant seedlings of biennials (plant that takes two years to complete its biological life circle) sown earlier. Water vegetables regularly, lift new potatoes,



onions and garlic and pinch out runner beans when they reach the top of their canes. You also need to pinth out outdoor tomatoes when four trusses have formed. Pick raspberries and currents and harvest herbs. Keep greenhouses well ventilated and damp down regularly.

In July there is plenty to harvest from your garden and hopefully you are at home to enjoy the feast. You will have broad beans, dwarf french beans, runner beans, cabbage, courgettes, kohlrabi, lettuce, scallions, peas, early potatoes, radish, spinach, chard and turnips.

You can still sow lettuce, scallions, kohlrabi, turnip, radish, Chinese cabbage and Florence fennel. It's also a good time to start sowing all the oriental salads again as they are now less prone to bolting.

Gardening should be fun, but there is no such thing as totally labour free gardening. Growing plants necessarily involves some work but this can be reduced to a minimum if

the right approach is taken. Plants want to live but too many people fuss over them unnecessarily. Not only do they make extra work for themselves but they also harm their plants in the process and even kill them with kindness. For example, many plants succumb each year through the use of too much fertiliser or too much water. Growth of trees and shrubs is often checked for decades by too deep planting...



Last but not least, weeds are an absolute pain this time of year. No getting away from it. If you have followed our advice in previous months, you will have kept the weed issue to a minimum by hoeing, hoeing, hoeing them out as they spring up. But those weeds which have escaped your eagle eye will now be happily shooting up and going to seed to



preserve their survival for next year. How dare they?! Damage limitation measures now required - get out there and get cracking to remove them before the seeds scatter everywhere and settle themselves into the soil, ready to pop up and blight your life again next year. All that work that you put in earlier in the year will finally start to show.

Now it's time to enjoy it! If you have a vegetable garden you'll probably find that by the end of the month you'll have some gorgeous home-grown goodies to eat. Plus, your flowers will be starting to bloom and a beautiful display will be on show. So, you'll be spending as much of your spare time as possible out there - barbecues, family time, and a good bit of relaxation are all on the cards.



## FILM/DVD MONTHLY BY BERNIE CLAXTON OUTLANDER



### "People disappear all the time. Many of the lost will be found.....Disappearances, after all, have explanations....Usually" - Outlander

**Outlander** is one of **RTE**'s best kept secrets. Despite being in its third year of broadcast on **RTE2**, it is shamefully lacking in promotion. A scheduling slot after midnight is decidedly not viewer–friendly. In fact, most Irish people have never heard of it. So here's the deal. **Outlander** is one of the most under-rated shows in Ireland and the UK, despite having a massive global fan base to rival the likes of **Game of Thrones** and **The Walking Dead**. It boasts one of the best screen couples ever, whose incredible love, bond, loyalty and sacrifice, transcends space and time itself. **Outlander** began its life as a series of books by Diana Gabaldon in the 1990s.



### **Diana Gabaldon**

American academic, Diana Gabaldon decided to try her hand at writing a novel. Purely for fun, for 'practice, just to learn how'. Gabaldon happened to see an old TV episode of **Doctor Who** and was fascinated by the Doctor's companion. A tall Scottish Highlander from the 1740s called Jamie McCrimmon. The image of the young man in the kilt, struck a chord with Diana. An idea for a historical, time-travelling, fantasy romance was born. The initial title for Gabaldon's debut novel was **Cross Stitch**. Her American publishers changed it to **Outlander** for wider appeal. Diana has, to date, produced eight novels in the **Outlander** series. She is currently writing her ninth story. Her novels has been phenomenally successful in several countries and consistently on bestseller lists.

### Outlander TV Series Sing Me & Song.....

A 16-part TV series based on Gabaldon's first novel was commissioned by Sony Pictures in collaboration with Starz in 2013. Ronald D Moore (**Battlestar Galactica**, **Star Trek**) came on board as the show's developer and producer. An intriguing premise, **Outlander** follows the adventures of an English WW2 army combat nurse, who finds herself hurtled back in time to the Scotland of 1743. Claire Randall encounters the young, dashing Highlander Jamie Fraser, and soon becomes embroiled in intrigue, danger, romance and the Jacobite uprisings. Despite American financial backing and production teams, **Outlander** is primarily filmed in the U.K. with a predominately British cast. What sets it apart from the rest is its unique blend of fantasy, mysticism, sci-fi, action, history and a strong, passionate central love story.



Another quirky feature of the show is its use of Scots-Gaelic language and a beautiful, haunting soundtrack by American composer Bear McCreary. The use of Scottish instrumentation and folk music make for a striking score. Fiddles, bagpipes, accordions and bodhrans all feature heavily. 'The Skye Boat Song' heard over the opening credits is especially memorable and sets the atmosphere for each episode. You won't stop humming it!

### **Production Values**

**Outlander** is steeped in history. While this is a fantasy series, its also very much a historical drama set in a turbulent period. You get a real sense of being immersed in the times. This is helped in no small measure by its stunning production values. **Outlander** really is gorgeous to look at. On a par with **Game of Thrones**. The show is filmed with the glorious, sweeping and endless landscapes of the Scottish Highlands as a backdrop. Exquisite tartans, beautiful costumes and lush scenery draws you into the magical world of **Outlander**.



The whole series is a virtual love-letter to the Scottish tourist industry. Fans worldwide make pilgrimages to **Outlander** filming locations on an annual basis. Castles, Standing Stones sites, Stately Homes, and the historical battlefield of Culloden have become favourites haunts of fans of the show.

### Jamie Fraser (Sam Heughan) "King of Men"

Diana Gabaldon's swoon-worthy, kilt-wearing character, Jamie Fraser is possibly the main reason to watch **Outlander**. Her tall, copper haired, blue-eyed Highlander warrior, in love with a fiery, time-travelling "Sassenach", has been capturing the hearts of female book readers for nearly thirty years now. The charismatic Scot boasts a highly developed sense of humour, strong social intelligence and a fierce sense of duty.

When Scottish actor Sam Heughan was first cast in this pivotal role, Gabaldon enthused, "That man is a Scot to the bone and Jamie Fraser to the heart". She had found her Jamie Fraser incarnate!

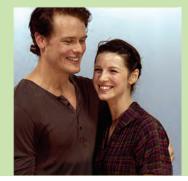


This is a breakthrough role for the relatively unknown Heughan. The handsome actor does a terrific job of bringing the romantic, intelligent and brave Highlander to vibrant life. His expressive face and sexy Scottish accent is a definite highlight of the Outlander experience. The only quibble being the muting of his character's disarming sense of humour in this production. Heughan is also not best served by the writers at times, with some of his best scenes ending up on the cutting room floor.

### **Claire Fraser (Caitriona Balfe)**

*"J'm not the meek and obedient type"* The search to find the actress to play Gabaldon's timetravelling nurse (Claire Randall Fraser) was akin to the search for Scarlett O'Hara in **Gone with the Wind**. When former Irish model/actress Caitriona Balfe stepped in to the **Outlander** audition room in 2013, the production found their feisty Englishwoman heroine. Her 'chemistry test' with Sam Heughan was off-the-charts in its intensity. As the first person narrator of **Outlander**, the character of Claire has a stubborn aversion to taking orders and a sharp tongue that gets her into trouble a lot! She's also compassionate and a woman clearly ahead of both the time periods she inhabits. There is much fun to be had in her modern 'smart-ass' comments to the dinosaur kilted Highlanders from the 18th century.

Caitriona Balfe has received widespread critical acclaim for her leading performance in **Outlander.** The elegant actress has scooped up several **BAFTA** and **IFTA** awards. It helps that Balfe is such an engaging actress who brings many layers of depth to her role. She makes Claire a spirited, funny, principled and heroic match to Heughan's magnetic Jamie Fraser.





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