



Local News August 2018 Issue No. 471 FREE

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The views & opinions expressed in this Publication are those of the contributors.

Ideas on how to conserve water at home and in work

As the warm weather continues, the demands on water supplies is outstripping supply across the country. Every small thing you do to save water in your home and business will benefit our community. Here are some simple things you can do as part of your daily routine at home and at work to help conserve water. Every effort you make at home or work **will** help

In the Bathroom

Choose to have a shower rather than a bath - Showers only use half the amount of water.

Have a shorter shower - An average shower uses 10 litres of water per minute, so taking a shorter shower will save water When brushing your teeth or shaving, turn off the tap and save up to six litres of water per minute.

Let the "yellow mellow" - Toilet flusing is one of the biggest water users in most homes. Consider only flusing the toilet when you need to. Adding a toilet cistern bag to your cistern will reduce the amount of water used in every flush.

help keep the sun off so that it can retain more water for your plants and you can save on water.

Water Leaks in the Home

Checking for and repairing leaks around your home could save up to 19,000 litres of water a year. Repairing leaks can also help to prevent issues like reduced water pressure or water supply disruptions potentially affecting your home. Here are some simple checks that you can carry out in your home to determine if there are any internal plumbing issues causing leaks:

Check the toilet

Is there a constant sound of water running from any of the toilet cisterns in your home? Check for a stream of water running inside the toilet bowl or place a piece of toilet paper on the inside back of the toilet bowl and see if it absorbs water.

Check the water storage tank

Can you hear the water storage tank (usually located in the attic) refilling when water-consuming appliances are not in use or a toilet has not been recently flushed? It's useful to carry out this check at night when it's quiet. You can also check for signs of water coming from overflow pipes leading from the water storage tank, usually seen on the external wall on the side of your home.

In the Kitchen



Run your washing machine and dishwasher with full loads. This saves water and money on energy bills. When buying water-consuming appliances, it's a good idea to check the energy efficiency label to make sure you are buying the most energy efficient appliance you can.

Place a basin in the sink for washing dishes by hand or collecting the water you use to rinse fruit or vegetables, which can then be used for watering plants. **Keep a jug of water in the fridge** instead of running the cold tap, which can waste 10 litres per day of water.

Choose the correct pot or pan size for cooking and remember to use the lid on a pot or pan when cooking to reduce the amount of water lost to evaporation, meaning you don't have to keep adding water in.



In the Garden

Use a rose head watering can instead of a hose to water your plants to save water and aim for the root, not the leaves.

Water your plants in the early morning or late evening to avoid scorching your plants and unnecessary evaporation.

Use a bucket and sponge to wash your car - Using a hose to wash your car uses more water in one hour than the average family uses in a day.

Use a water butt to harvest rainwater from gutters - Collect rainwater to use in your garden instead of using drinking water from the tap.

Add layers of plant material, like bark or straw, to the soil in your garden to

Check all taps

Check all your household and external garden taps for drips. A dripping tap can waste over 1,500 litres of water per year (which is enough water to fill 20 bathtubs) and can be repaired by simply replacing the washer.



Tips from Irish Water further information please visit www.water.ie

What a difference a few months and a bit of good weather makes. !! Photo below left shows the Meadowbrook Stream late in 2017 after a sustained period of heavy rainfall and on the right is the same culvert of the Meadowbrook stream after the recent dry spell.





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MAYNOOTH HANDBALL

Training heats up for Maynooth Boys preparing to represent Ireland in the U18 Olympic Handball European Championships in Austria in August 2018.

In our March and May editions we posted articles regarding this exciting event. Now the event is almost upon us and the boys have shifted into top gear in preparation. The last weekend in June saw the arrival of their international team mates and coaches for an intensive three day training camp which took place in Maynooth University Sports Hall. In the sweltering heat the boys worked on their ball skills and fitness. They will be well acclimatised for the heat in Austria.

The boys made the most of their time with their international team mates for some team building activities. Despite the limited opportunity to train together fully as a team there is a fantastic sense of unity among these young men and they will undoubtedly do Ireland proud on the court in Austria. Head Coach Alexander Markovic says the event was a great success. 'The boys were exhausted but very happy with their progress', he said. 'Now they just have to remain focused and continue with their fitness training.'

When asked what he thinks his team can achieve at the championships Team Captain Ciaran says "As it's the first time Ireland is being represented at the M18 level, I think a good goal is to be competitive in all our matches." Of course, competing on the international stage will be a challenge for our boys as this is the first time that Ireland will take part in this event. Their international teammates are all Irish players living abroad who play to a high standard in European clubs. Boys from Germany, Sweden, Finland, England and Spain will join the team.

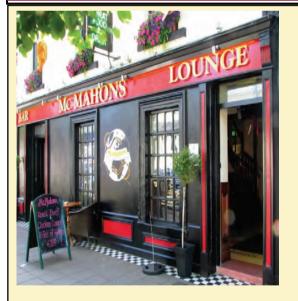
For the final preparations before the tournament the boys will travel to Slovakia in early August where they will take part in an intensive training camp with their Slovakian Coaches, Alexander Markovic and Michal Hradil. Alexander lives in Ireland and is heavily involved in Olympic Handball here while Michal is the top level Coach based in Slovakia.

The team were very grateful to receive some sponsorship from local businesses, including Life Credit Union Maynooth, Clonfert Maynooth Equestrian Centre and SAP Landscapes.

Any further contributions to help send our boys to Austria are very welcome. Please email fundingolympichandball@gmail.com for more information.

The championship takes place from the 10th to the 18th of August and can be followed live via www.championship2018.at





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Maynooth Labour News

Cllr. John McGinley can be contacted at: - 01-6285293 or 087 9890645 - E mail jmcginley@eircom.net - Web: www.labour.ie/johnmcginley/

The Harbour Field Has Been Saved

The following Motion which Cllr. John McGinley had on the Agenda for the Maynooth Municipal District (MD) meeting on 6 July was passed unanimously by the seven Councillors who were present:

"That on foot of the vote at the Maynooth Health Check Meeting on Thursday 7 June, that The Harbour Field, Maynooth be developed as a public space/park and that there shall be no car park at The Harbour Field, Maynooth, that the council now states categorically that The Harbour Field, Maynooth shall not be used for a car park under any circumstances."

The Council MD Engineer gave the following completely unacceptable Report:

"At the previous Maynooth Municipal District meeting discussions committed the executive to public consultation rather than a specific development solution. A form of non statutory public consultation has now taken place, and there are no plans to pursue any category of development in the Harbour Field in the immediate future.'

Cllr. McGinley stated the following:

"By putting in the words "in the immediate future", the Engineers report ignores what was decided by the people at the Health Check meeting. This Report gives no comfort to the people of Maynooth as the threat of a car park in the Harbour Field is still there in the medium to long term. You would wonder what is the value of the Health Check Meetings when the views of the public can be discarded by the Council Officials in such a manner.

I propose the adoption of my motion in order to rule out the possibility of a car park in the Harbour Field now or in the future and to honour the decision made by the public at the Health Check Meetings"

Council officials argued against a vote being taken but Cllr. John McGinley forced the Motion to a vote which was passed unanimously by the 7 Councillors present.

74 Additional Car Parking Spaces for **Maynooth Train Station**

Emmet Stagg has been in further contact with the Chief Executive of Iarnrod Eireann with a view to providing additional car parking spaces at Maynooth Train Station. The Chief Executive has now advised Emmet that 74 additional car parking spaces will be provided at Maynooth Train Station and that funding was now in place from the National Transport Authority to prepare the Tender Documents and procure a contractor to carry out the work. An additional 38 Car Parking Spaces are being provided south of the rail line and the existing northern car park is being expanded to accommodate an additional 36 car park spaces. The Chief Executive further advised Emmet that it is proposed to commence construction in the final quarter of 2018 and complete the work in early 2019.

Welcoming the provision of the additional car parking Emmet Stagg stated that the existing car park at the Train Station was full at 7-30 am. Kildare North Labour General Election Candidate Emmet Stagg stated that he looked forward to the commencement of the work on the additional Car Parking.

Cllr. McGinley Demands that the Small Traffic Island on the Straffan Road, after the Glenroval Junction, to be Removed

Cllr. John McGinley submitted the following Motion for the consideration of the Maynooth Municipal District (MD) at their meeting on 6 July:

"That the new small centre island at the entrance to Manor Court on the Straffan Road, Maynooth be removed in order Cllr. McGinley Allocates Funding for Repairs to improve traffic flow."

Council Officials responded as follows:

"The requirement for this traffic island was derived from a road safety audit carried out as part of Phase 4 of the North South Corridor. The council acknowledges that it is causing congestion and delays at the Straffan Road traffic lights at peak time and will refer the issue to the Road Safety Auditor for consideration.'

Cllr. McGinley stated that apart from causing traffic to build up unnecessarily it is also a danger to pedestrians and motorists and needs to be removed without any further

Cllr. McGinley Asks for Public Lights to be **Installed Along the Canal from Bond Bridge** to The Harbour

Cllr. John McGinley submitted the following Motion for the consideration of the Maynooth Municipal District (MD) at their meeting on 6 July:

"When will public lighting be installed on the canal walk between Bond Bridge and The Harbour, Maynooth, now that the necessary infrastructure is in place?"

Council Officials responded as follows:

The council is awaiting an erection date from Airtricity. The MD Engineer further advised Cllr. McGinley that the lights would be the same as the new lights recently installed on the new road at the Harbour Field and at Leinster Street.

Cllr. McGinley Looks for Safety Improvements at the Junction of Celbridge Road/Straffan Road, Maynooth

Cllr. John McGinley submitted the following Motion for the consideration of the Maynooth Municipal District (MD) at their meeting on 6 July:

"Can a safety railing be put on the narrow section of footpath, opposite Maxol on the Celbridge Road at the Rail Park side?

Council Officials responded as follows:

"The erection of railings at footpath edges is no longer recommended as an appropriate design solution to improve safety. Footpath widening or road narrowing is a preferred approach.

Cllr. McGinley stated that the footpath is about two feet wide at this location and that if it is not possible to widen the footpath or narrow the road then a railing has to be put there in the interest of public safety.

Cllr. McGinley Seeks Additional Capital **Funding for The Harbour Field**

Cllr. John McGinley has made the following submission to the Parks Department of the Council:

"In addition to the Items already on the Capital Programme I would like the following added:

- The Extension of the Maynooth Playground to cater for children with disabilities
- The Installation of modern exercise equipment for adults, outside the playground.
- That picnic benches and seats be installed at suitable locations around the Harbour Field."

Tenders Sought for the Surfacing of the Back Lanes, off Main Street, and Maynooth Park

The MD Engineer advised Cllr. McGinley at the MD meeting on 6 July that the Council would be going to tender for this work on week ending 13 July.

to Footpaths at Greenfield Drive

Cllr. McGinley allocated funds for badly needed

improvements to the footpaths at the first section of Greenfield Drive and the work has now been carried out.

Update on Traffic Lights at Straffan Road/ **Meadowbrook Link Road Junction**

The Council Director advised Cllr. McGinley at the MD meeting on 6 July that work was ready to begin on these new traffic lights.

Stagg Astonished at Bord Pleanala Go-Ahead for Cairn Homes Proposal without Road **Infrastructure Conditions**

Kildare North Labour General Election Candidate Emmet Stagg has expressed his astonishment at the decision by An Bord Pleanala on the 3rd July to grant planning permission to Cairn Homes for the development of lands between the Moyglare Road and Dunboyne Road in Maynooth, without dealing with the inadequacy of Road Infrastructure in the area by way of conditions.

The development is quite substantial with 462 dwellings, 106 units of student accommodation with 483 bedspaces, a creche, café, gym and retail unit, link road between the Moyglare and Dunboyne Road and a Riverside Park along the Lyreen River.

At no stage was the development of housing objected to but we had asked that a number of serious deficiencies in the Road Network around Maynooth would be dealt with prior to the occupation of any houses. The most serious deficiency is the Dunboyne Road itself where traffic from this development will be directed towards a very bad corner east of Pebble Hill House.

This was an issue with a previous application on the Dunboyne Road, Maynooth for just over 100 houses three years ago, but now An Bord Pleanala seem to think that all of this development and the traffic generated by it can safely traverse this most dangerous corner and failed to impose a condition requiring the straightening out of the corner prior to the occupation of any houses. We had also sought a condition requiring the completion of the Maynooth Eastern Relief Road between the Leixlip

Road and the Celbridge Road, and its further leg between the Celbridge Road and the Straffan Road, prior to the occupation of any dwellings in the development. Again An Bord Pleanala remained silent on this issue.

Kildare North Labour General Election Candidate Emmet Stagg stated that An Bord Pleanala ignored all submissions by Public Representatives, Residents Associations and Individual Residents, in deciding to push this development through, and he was at a loss to understand the reasoning. It is a poor day for planning in Maynooth.

Public Input into BusConnects Proposals Vital

With the Publication on July 2nd by the National Transport Authority of their proposals for the redesign of the Dublin Area Bus Network, BusConnects, Kildare North Labour General Election Candidate Emmet Stagg stated that it was vital that Dublin Bus Commuters made their views known on the proposals when the Public Consultation commences on Monday 16th July until Friday 14th September.

The proposals stated Mr. Stagg are wide ranging in relation to Dublin Bus Services covering Maynooth and include the

The 66 Bus Service from Maynooth will be replaced with a Route C3 Service from Maynooth to Dublin every 25 minutes during the day, but every 10 minutes at peak time.

(Continued on page 7)

Maynooth Labour News (Cont)

Cllr. John McGinley can be contacted at: - 01-6285293 or 087 9890645 - E mail jmcginley@eircom.net - Web: www.labour.ie/johnmcginley/

(Continued from page 6)

The service thankfully will no longer have to go through Chapelizod and will instead use the Chapelizod Bypass.

The 67 Service will no longer serve Maynooth. At peak hours between 7am and 9 am there will be 12 services on the new Route C3 Service from Maynooth to the City Centre compared to 9 at present between the 66 and 67 routes.

A New Bus Service will be introduced from the Moyglare Road in Maynooth serving Celbridge, Hazelhatch, Newcastle, Citywest and Tallaght. This service would operate every 30 minutes. Commuters from the Moyglare Road in Maynooth can access the new C3 Service in Maynooth Village and won't have to pay a second fare as one fare will cover 90 minutes of bus/train/Luas trips.

Kildare North Labour General Election Candidate Emmet Stagg stated that Dublin Bus Commuters should make their

views known on the proposals during the Public Consultation as they are the service users who require a fast and reliable Public Bus Transport Service.

Preferred Contractor Chosen for New Maynooth Educate Together School - Stagg

Kildare North Labour General Election Candidate Emmet Stagg has been in further contact with the Minister for Education and Skills in relation to progressing the construction of the New Maynooth Educate Together School on the Celbridge Road, Maynooth.

The Minister has advised Mr. Stagg that all tenders received have been reviewed and that a Letter of Intent for the project issued to the Preferred Tenderer on 29th June. The Minister further advised that the Letter of Acceptance appointing a contractor is expected to issue before the end of September at the latest.

Welcoming the continuing progress with this new school

Mr. Stagg stated that the Letter of Intent is the final step before the award of the Contract and requires the Preferred Tenderer to confirm Tax Clearance details, details of Professional Indemnity Insurance, Public Liability Insurance, Employers Liability Insurance and a Health and Safety Declaration.

Once the preferred tenderer responds the Letter of Acceptance can issue and the contract will be awarded. The project remained in place to commence construction within the next number of months and Mr. Stagg again congratulated the Board of Management of the school on progressing the project to this stage.

In conclusion Kildare North Labour General Election Candidate Emmet Stagg stated that he looked forward to work commencing on the new 2 storey 16 classroom school.

Tips from the National Consumer Agency on Grocery Shopping

Shop around



Our Grocery Price Surveys have shown that the best way to get the best prices is through shopping around and spreading your spend across a few of different stores. Small local shops may offer convenience for consumers, which is great, but you may find prices are that little bit higher to pay for that local convenience.

On the other hand, savings you might hope to make on a trip to an out-oftown discount store should be balanced against the cost of getting there and back.

You can also check the larger shops' websites or use online comparison sites to check prices before you go shopping.

Check the unit price

Always check the unit price of what you are buying to work out the best value for you. Buying another size (sometimes even the smaller size) may represent better value overall.

Some items are usually cheaper when bought in bulk, but this only makes sense, value-wise, if you're going to use it up before it goes off.

Some items, such as vegetables, can work out more expensive when bought pre-packed than if you buy them by weight from the "loose" vegetable section.

Make fresh meals from scratch and buy in season

Take-away, frozen, pre-packed or ready-meals can work out a lot more expensive than making fresh meals yourself. Meals made from scratch are generally healthier too.

If you don't have time to cook every day, make several meals at the one time and freeze them.

Buying raw, whole fruit and vegetables can be a lot cheaper than buying prepared ones, as you are paying for someone else to do the washing and chopping for you. Fruit and vegetables can be more expensive when bought out of season and are usually imported.

Buying seasonal fruit and vegetables means you get the best quality, locally produced food at a lower price, and you help support Irish

producers. To find out what is in season, visit Bord Bia's Best in Season website

Buy only what you need

Don't buy too much of items that may go off.

Plan meals and make a shopping list of what you need.

Keep an eye on "use by" and "best before" dates on food packaging even after you've bought it. If it looks like you're not going to use it before that date, freeze it for use at a later date.

Buy discounted items and look for special offers. Keep an eye out for discounted fresh food – it might be near its use-by date, but you might be able to freeze it.

Most supermarkets and many local shops advertise their special offers in the media, on their website and in flyers dropped through your door. These can help you compare deals across a number of shops in your area, choose what to buy and where, before you even leave the house.

Don't be a brand slave

You don't have to stick with the same brand of particular products Ask yourself whether your usual brand offers you good value. The best-known brands can be the most expensive, but this does not necessarily mean that they are "better" than others. You might make savings by choosing a less well-known brand or own-brand product.

Use coupons wisely

Coupons can save you money - but don't buy products you don't need just because you have a coupon.

You can find coupons on the back of receipts from most of the major supermarkets and on lots of websites.

Earn with loyalty cards

Never let a loyalty card scheme make the decision on where to shop for you – they can be useful but they should never become the only reason to shop somewhere.

Some supermarkets allow you to accumulate points, which give you money-off vouchers for the same store, or you can often swap the points for vouchers for restaurants, days out or hotel breaks.

Be aware that the store collects your personal data and shopping details and may use it for marketing and research purposes.



James Lawless T.D. Kildare North

Phone: 01-6183587 - e-mail: james@jameslawless.ie - Web: www.jameslawless.ie

Maynooth Health Centre set for refurbishment works

Maynooth Health Centre is set for refurbishing works in the coming year. I had raised this matter with the Minister for Health in the Dáil after a number of constituents had raised this with me in my Maynooth Advice Office just off the Main Street.

I am delighted to confirm that the Health Centre in Maynooth is set for refurbishment works. I understand windows, lights, and flooring are all set to be replaced as well as upgrading of equipment in the clinical rooms. It is welcome to finally see some investment into health services in the Health Centre. I will continue to work with the HSE locally and ensure pressure is put on the Minister to see funding delivered for this project.

Waiting Lists continue to grow in Emergency **Departments**

Figures provided to Fianna Fáil Health recently revealed that 7,164 people over the age of 75 were forced to wait more than 24 hours in Emergency Departments across the country. The figures cover the period between January and May this year.

The first five months of this year saw some of the worst ever overcrowding in our hospitals. New daily records were set and by the end of May overcrowding as measured by the INMO was 17% ahead of the same period in 2017.

With that background it will come as no surprise that so many over 75s have had to spend over a day waiting in our EDs. However, the numbers themselves are truly shocking - this number of patients could fill the Mater Hospital 12 times over. This is a disgraceful situation and must be viewed as borderline elder abuse.

It's also yet another target being missed by the HSE as the service plan for 2018 requires that no patient over 75 should be waiting more than 24 hours in an Emergency Department.

In his response to our question the Minister for Health said Maynooth Constituency Office that 'over 89.4% of patients over 75s presenting in EDs

nationally met this target' as if this was a positive achievement. The fact is that what really is a ludicrously low bar has been missed yet again. It's simply shameful that old and vulnerable people should have to put up with such conditions.

Drone Legislation must be progressed in light of recent wild fires and An Post advances

I introduced my Bill to regulate the usage of drones two years ago. Since then we have seen drones aiding rescue workers in saving lives during search and rescue operations and giving a wider view of gorse fires as firefighters tackle recent blazes in the Wicklow and Dublin mountains.

Recently An Post made its first delivery via a drone. This was something I pitched to the then incoming An Post Chairman Dermot Divilly at a Communications Committee hearing. Almost two years to the day of that hearing drone deliveries in Ireland are a reality.

Drones present many interesting opportunities for both personal and commercial use. For example, they can be a useful aid for farmers who are looking to monitor crop growth and check for the presence of pests. They can also be used for recreational purposes, such as taking aerial photographs of scenic areas or hobby flying.

At the same time, drones can present certain difficulties, and we are hearing an increased number of reports of drones causing problems for manned aircraft or infringing on people's privacy. Some people have noticed drones seemingly surveying their farms and equipment. Given the prevalence of burglary in rural areas, it's easy to see why this is threatening.

It is clear drones can be of immense benefit. They have showcased this benefit in recent weeks but legislation and a framework on their use is required. I am calling on the Government to work with the Bill to see it through the legislative process.

My Constituency Office in Maynooth (located on Doctor's

Lane off the Main Street behind Brid Feely DNG Offices) is open all day Monday from 10am till 4pm. My colleagues Councillor Paul Ward and Councillor Naoise Ó'Cearúil and I are also available for appointments on Fridays from 10am to 1pm. Please call my office to organise a time. Please call in if there is anything we can assist you, your family or your organisation with.

Passport Office Delays Causing Trouble for Those **Booked to Travel**

Many constituents have contacted my office with great concern over delays in their passport applications yet the Government do not seem to be doing anything to alleviate this problem. What is being lost in this whole debacle is that Irish citizens have a legal right to a passport to allow them travel, and that they are paying for that privilege.

The target time for first time passport applicants and those seeking to replace a lost, stolen or damaged passport through the An Post Passport Express is 20 days but the reality is far from this. The actual turnaround time is 35+ working days – a full three working weeks behind target.

As we head into the peak holiday season, there will be an additional surge in the number of people applying for a passport. Citizens expect that getting a passport approved and printed can take a relatively short period of time, but waiting longer than seven weeks is simply unacceptable.

The summer holiday season, like clockwork, happens every 12 months. It shouldn't come as a surprise to the Government. There should have been a better plan put in place to address increasing application volumes. This is not a free service to citizens. Passports cost €80 each – that is a significant cost for citizens and should, I believe, require a more efficient response from the Passport Office.

The Tánaiste needs to get his head out of the sand, look at the entire passport service, and find ways of speeding up the delivery of this very important service for citizens. One suggestion may be to open a second passport printing unit to alleviate demand during peak periods.

Kildare Planning Applications for Maynooth Area From 19/6/18 to 10/7/18 - information from Kildare County Council Website

App. Num	Authority	Applicant Name	Development Address	Applic. Date
18/741	Kildare County Council	Patrick Fallon	Ballycurraghan, Maynooth, Co. Kildare	21/06/2018
18/743	Kildare County Council	Clare Magrane	Laragh, Maynooth, Co. Kildare	21/06/2018
18/749	Kildare County Council	Andrew and Arlene Boland	33 Leinster Wood South, Carton Demesne Maynooth, Co. Kildare.	22/06/2018
18/761	Kildare County Council	Kelston Properties Limited	Greenfield, Maynooth, Co. Kildare.	25/06/2018
18/762	Kildare County Council	Kelston Properties Limited	Greenfield, Maynooth, Co. Kildare.	25/06/2018
18/766	Kildare County Council	David and Sandra Doherty	35 Moyglare Village Maynooth, Co. Kildare.	27/06/2018
18/806	Kildare County Council	Michael and Sally Berns	Clonagh, Maynooth, Co. Kildare.	05/07/2018
18/812	Kildare County Council	Austin Brady	1 Greenfield Drive, Maynooth, Co. Kildare.	06/07/2018



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> Email: info@hegartyssolicitors.ie Website: www.hegartyssolicitors.ie



Donaghmore Cemetery A walk on the pathways of time through Maynooth's history

As part of Heritage week, Maynooth Local History Group have organised a walk and talk from the Royal Canal Harbour in Maynooth to Donaghmore Cemetery. Donaghmore is one of the oldest inhabited sites in North Kildare, with it's Ogham stone dating from the 6th century. The walk will discuss aspects and traces of history and the many links with the past at Donaghmore itself.

"The applause of listening senates to command, The threats of pain and ruin to despise, To scatter plenty o'er a smiling land, And read their history in a nation's eyes." Gray's Elegy

All are welcome to join us on the walk. We meet at 6.30 p.m. on August 22nd at the Royal Canal Harbour and walk through the mists of time and that of Maynooth's heritage

Note the event is supported by Kildare County Council Heritage Department



NOVENA

Novena Prayer to the Virgin Mary (Never known to fail):

O most beautiful flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this necessity. O Star of the Sea help me and show me here you are my mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in my necessity, there are none that can withstand your power, O show here you are my mother, O Mary conceived without sin, pray for us who have recourse to thee (3 times), Holy Mary, I place this cause in your hands, (3 times) Sweet Mother, I place this cause in your hands, (3times), O thank you for your mercy to me and mine, Amen.

This prayer must be said for 3 days, and after that the request will be granted. M

THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it dear Heart of Jesus and place it within your own broken heart, where your Father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen

Say this prayer for three days, promise publication and prayer & favour, will be granted no matter how impossible.

Never known to fail

Thanksgiving for favour received

THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it dear Heart of Jesus and place it within your own broken heart, where your Father sees it, then it will become your favour not mine. Say this prayer for three days, promise publication and favour will be granted no matter how impossible.

Never known to fail . M

Maynooth Local History Group

Frank O'Rourke T.D. Kildare North

Contact Details: Dail Office: 01 6183109 - Mobile: 087 2555257 - e-mail: frank.orourke@oireachtas.ie - **F**/Frank O'Rourke Clinics: Monday in the Glenroyal Hotel - Constituency Office: Main Street Celbridge.

Requirement for substantial rental deposits is keeping people homeless - O'Rourke

Fianna Fáil TD for Kildare North Frank O'Rourke has called on the Housing Minister to review the Housing Assistance Payment (HAP) Scheme to ensure that the requirement for a rental deposit does not prevent homeless people from accessing accommodation. Deputy O'Rourke raised the issue in the Dáil with Minister for Housing Eoghan Murphy earlier today. He pointed out that most landlords require people on the Housing Assistance Payment to pay up to one months rent and deposit prior to taking out a lease.

Deputy O'Rourke said, "The requirement for homeless people to make a substantial upfront payment for a deposit is prohibitive and goes against the purpose of the HAP Scheme. Homeless people do not have access to the finance needed to pay these deposits, which often can amount to €1,000 or more. The end result is that many homeless people are forced to remain without adequate accommodation. "I raised this issue in the Dáil with the Housing Minister and highlighted the need for additional measures to be put in place to ensure this barrier to accessing accommodation is removed. Homeless people need assistance by the Government and Local Authorities to ensure that they can access adequate accommodation.

"Minister Murphy confirmed to me that a new 'Place Finder' unit will be established by Kildare County Council to assist homeless people in meeting these rental deposit requirements. I have been assured that this service will become operational from next Monday, June 25th. The council needs to ensure that homeless people are aware that this assistance is available when looking for accommodation under the HAP Scheme. "I have also raised concerns surrounding the Department of Housing's definition of homelessness. I am dealing with families and individuals who sleep on different couches every night.

They are couch-surfing and do not have a place they can call home but are still being told that they are not regarded as homeless because there is a roof over their head. I'm concerned that these people will remain without assistance as they are technically not classed as homeless. "The Minister did agree that there is ambiguity surrounding the definition of homelessness and the situation differs from county to county. This simply isn't acceptable and the Government needs to get its act together to ensure that all homeless people get the assistance they need to find adequate accommodation."

Reduced Mortgage rates from Ulster Bank a major breakthrough says O'Rourke

Local Fianna Fail TD and Deputy Spokesperson on Finance, Frank O'Rourke, has described Ulster Bank's decision to cut its 2 year fixed mortgage interest rate to a market best of 2.3% as a major breakthrough for consumers and a validation of the strategy pursued by Fianna Fail over the last number of years. "Ulster Bank have announced that they are lowering their 2 year fixed rate mortgage interest rate to 2.3%. Over the last two years, I have raised the importance of bringing fairness to the mortgage rates in Ireland and this move by the bank is a recognition that their rates to-date were not fair."

"The average standard variable rate for a mortgage in Ireland is currently around 3.2%. This is nearly 1.5% higher than the average Eurozone rate which stands at 1.8%. This means that a borrower with a mortgage of €200,000 is paying around €250 per month more than they would be paying in the average Euro area."

"There is little point in reducing the USC and PAYE taxes if the cost of living expenses are going up by a multiple of the reduced taxes. Let's continue to focus on reducing the cost of living for people, such as mortgage rates and motor insurance rates and allow more money into the local economy and reduce the pressure on wage inflation." "Ulster Bank's move is hugely significant and proves the point that Fianna Fáil, and myself, have been consistently making; Irish banks have been ripping off mortgage holders. Other banks operating in Ireland must now follow Ulster Bank's move."

"Mortgage holders should not tolerate paying more than they need to, or that is fair to pay. We are entitled to be treated like

other EU citizens when it comes to mortgage rates and I will continue working with my colleagues, in particular our party's Finance spokesperson, Michael McGrath TD, to achieve better interest rates for all Irish consumers and lower the cost of living." concluded O'Rourke

Back to School Clothing & Footwear Allowance 2018

Applications are now open for the Back to School Clothing & Footwear Allowance 2018. This payment helps families meet the costs of uniforms for children attending school in September. Forms are available from my Constituency Office on Main Street, Celbridge, or please phone the office on 01 630 3736, and a form can be posted to you. The closing date for applications is 30 September 2018. More details can be found on the Department of Social Protections website.

Ireland slips out of EU Top 10 for inward investment says O'Rourke – as renewed focus on competitiveness is needed.

Local Fianna Fáil TD, Frank O Rourke, has again highlighted the fact that rising cost of living is affecting our competitiveness and is now affecting our ability to attract Foreign Direct investment.

"As I have said before, Ireland is losing its competitiveness. Our cost of living expenses, including insurance, mortgage rates, rents and childcare, are the highest in the EU." "We have high motor and business insurance costs, and the Government progress on the implementation of the recommendations on the Motor Insurance Working Group has been slow to say the least."

"We have the highest variable mortgage rates in the EU. This week we learned for example, that Permanent TSB's Standard Variable Rate (SVR) of 4.5% for existing customers is ridiculously high. It is in stark contrast to the bank's blended cost of funds of just 0.46%." "Exiting customers on a variable rate are paying €60 per month more that a new customer on a 2.95% fixed rate, with a mortgage of €300,000. This is a difference of €3000 per year."

"The average standard variable rate for a mortgage in Ireland is currently 3.26%. This is nearly 1.5% higher than the average Eurozone rate which stands at 1.83%. Earlier this year, I called on the Government to press for the formation of a European Single Market for mortgages" "Day in day out, business owners and workers alike are crying out for action from the Government on the issue of the rising costs of living. If we had normal insurance and mortgage costs, there would be less wage inflation pressure and more money available for the local economy."

"Ireland has fallen out of the Top 10 EU countries for foreign direct investment (FDI). This is a warning sign. Attracting FDI has been a key success factor in our economy with over 200,000 people employed directly or indirectly for these companies. Kildare is home to some of the most successful multinationals.

"In 2017, 37% of the State's Corporate Tax receipts were paid by 10 companies. These 10 companies contributed €3.43 billion to the Exchequer and to the funding of much needed public services"

"Foreign Direct Investment has always had the core objective of creating jobs in this country. Sustainable taxes come from having quality, long term employment and a key component of this is to ensure that we are competitive." Concluded Deputy O'Rourke who has tabled a Parliamentary Question to the Minister for Business on what action the Government is taking to improve the country's competitiveness.

Opening of Maynooth Harbour Cycle Link

Congrats to all the stakeholders involved in completing this project which was officially opened on Monday July 2nd by Minister Shane Ross. This will be a great facility and amenity for tourists and people living in the community to enjoy. It provides a very safe cycling and walking route. Well done to Kildare County Council management, staff and the area office for overseeing the delivery of this project which was supported by the Department of Tourism and Sport together with the NTA.

FF Bill will deter people from making fraudulent insurance claims – O'Rourke

Local Fianna Fáil TD, Frank O'Rourke, says a new Bill being brought forward by his party should lead to reduced insurance costs, as it will clamp down on fraudulent insurance claims. "Fraudulent insurance claims have been a contributory factor in the rising insurance costs, which people in Kildare and across the country have been hit with in recent years."

"The average premiums today are still €300 higher now that they were in 2014. Constituents regularly raise the high cost of motor and business insurances with me at my weekly clinics." stated Deputy O'Rourke

"Our Bill, the Civil Liability and Courts (Amendment) Bill 2018, is the latest measure from our party aimed at tackling spiralling insurance costs. I have raised the high cost of insurance with the Government on many occasions and have offered a number of proposals which the Government should have pursued. The Government has not given focus to this issue and it is affecting the cost of living for many people.' "The majority of insurance claimants are genuine. However, there is an underlying issue with fraudulent claims, which is driving up the cost of insurance for motorists, businesses, community groups and individuals. We need to address this issue and our Bill is designed to make would-be false claimants think twice about making a claim. If passed, the bill would direct a court to refer the matter to the Director of Public Prosecutions where a case is deemed to be a fraudulent action." 'This proposal was captured in the report published by the Cost of Insurance Working Group earlier this year. Reducing insurance costs has been a key priority for me and our party and we must make better progress in reducing the cost of insurance and bring rates more in line with EU norms rates." concluded Deputy O'Rourke.

Psychology support services in Maynooth remain under resourced - O'Rourke

- HSE confirms Maynooth services are unable to cope with demand -

Fianna Fáil TD for Kildare North Frank O'Rourke has criticised the Government for continuing to under-resource health services in Maynooth. Deputy O'Rourke made the comments after receiving confirmation from the HSE that Maynooth Primary Care area remains an area of unmet need for child psychology services. This is despite previous commitments made by the Government to ensure all areas would be allocated adequate primary care child psychology services.

Deputy O'Rourke said, "I have been raising serious concerns regarding the availability of child psychology services in Kildare for a number of years now. I am dealing with a number of cases where parents are unable to secure appointments for their children to see a psychologist. The problem is particularly acute in Maynooth as there simply aren't enough resources in place to meet demand.

"I have raised this matter directly with Ministers' Jim Daly and Catherine Byrne. Our mental health services are at crisis point yet the Government seems incapable of recognising this. We simply haven't seen the level of investment necessary to ensure all children are given adequate support services promptly when they suffer a mental health crisis. This isn't good enough in this day and age.

"I am alarmed at the response I have received from the HSE on this issue. The Primary Care team have informed me that Maynooth remains an area of unmet need for psychology services. There doesn't seem to be any serious plan in place to address this problem. The Government simply haven't provided the leadership necessary to bring about the reform needed to make our mental health services fit for purpose.

"All the available evidence highlights that early intervention is key for helping children who are experiencing mental health issues. However this intervention simply isn't available for children in many parts of Ireland, including Maynooth. This has a knock on impact on children as they progress in life. "The Government needs to recognise the enormous strain that our mental health services are under. No child should have to suffer just because they happen to live in an area which is under resourced when it comes to psychology services," concluded Deputy O'Rourke.

KNOW YOUR RIGHTS

Citizens Information Centre, Dublin Road, Maynooth

Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public.

Information is also available online at www.citizensinformation.ie and from the Citizens Information Phone Service - 0761 07 4000 or Lo-call 1890777121

Help with school costs

Question

My four-year-old son is starting primary school in September. My only income is my One-Parent Family Payment and €120 from a part-time job. I don't get any maintenance and I'm worried about the extra costs involved in sending my son to school. What help can I get?

Answei

As you are getting a social welfare payment, you may be entitled to the Back to School Clothing and Footwear Allowance (BSCFA) which can help with back-to-school expenses. Your weekly income must be below a certain level. You are currently getting a One-Parent Family Payment of €29.80 (including a child payment) and earning €120. Your weekly income of €349.80 is below the income limit of €425.10 for a lone parent with one child so you qualify for BSCFA.

The Department of Employment Affairs and Social Protection pays BSCFA automatically in many cases. If you haven't received a letter from the Department by mid-July, you need to apply by 30 September 2018.

In 2018, the payment is €125 for a qualified child aged 4–11.

Application forms are available on welfare.ie, or from your local Intreo Centre or Social Welfare Branch Office. You can also request a form by texting 'Form BTSCFA' followed by your name and address to 51909 or by emailing the Department at BSCFA@welfare.ie.

The Department of Education and Skills runs a School Books Grant Scheme which is available to State-funded schools to help with the cost of school books. Some schools run a Textbook Rental Scheme or can help with the cost of buying textbooks. You should contact the principal of your son's school to find out if any of these options are available.

Noisy Neighbours

Question

Our neighbours often have noisy parties that keep us awake at night. We don't really want to call the Gardaí – what else can we do?

Answer

Noise nuisance can be a frustrating problem, especially if your family's sleep is disturbed. You should first talk to your neighbours about the noise and explain how it is affecting your family. Keep a note of these discussions. You could also keep a noise diary, noting the type of noise, time, date, duration and its effects on your family.

If this doesn't work, you can write to your neighbours, giving details of the noise and how it is disturbing you. You may suggest to them that you will take legal action if the noise continues. Keep copies of your communication with them.

If your neighbours are private tenants, they are not allowed to engage in anti-social behaviour – this includes persistent noise that interrupts the peace of other homes. You can complain directly to the landlord if you do not get a satisfactory response from the tenants. You can also complain to the Residential Tenancies Board (RTB) if the landlord does not deal with the problem. (The landlord must be registered with the Residential Tenancies Board).

Tenants of local authority housing must also avoid any nuisance (including noise) to other people in the neighbourhood. If the noise persists, the tenants are in breach of their tenancy agreement and the local authority can take steps to enforce the terms of the agreement.

If the noise continues to be a problem, you could check if there are mediation services available in your area to help you resolve the dispute. You can also file a complaint in the District Court. At least seven days before the date for the hearing of your case, you must serve notice on your neighbours, using the Environmental Protection Agency Act 1992 - noise form of notice. If the court finds in your favour, it can order your neighbours to take measures to prevent or limit the noise.

Telephone Support Allowance Question

I am a pensioner living alone. I used to get an allowance towards my telephone bill, but it stopped a few years ago. I heard it might be coming back – is this true?

Answer

The allowance you used to get was the Telephone Allowance, which was a monthly payment towards your mobile phone or landline and was part of the Household Benefits Package. This payment was discontinued in January 2014. What you may have heard about is the new Telephone Support Allowance (TSA). The TSA is a weekly payment from the Department of Employment Affairs and Social Protection (DEASP) which aims to help with the cost of communications and/or home alert systems for people who live alone and have limited means.

To qualify for the TSA, you must be getting both the Living Alone Increase and the Fuel Allowance along with another social welfare payment such as the State Pension. Since the week of 4 June 2018, the TSA has been paid automatically to people who qualify. There is no application form and you do not need to contact the DEASP to apply.

The TSA is a payment of \bigcirc .50 a week. It is paid in addition to your weekly social welfare payment.

If you believe you should qualify for the TSA but have not been getting it since 4 June, contact the DEASP section that pays your main pension or benefit. You can find these contact details on welfare.ie.

Further information about the TSA is available from the Citizens Information Centre below.

Apprenticeships

Question

My daughter is leaving school and she is thinking about doing an apprenticeship. How can she qualify for an apprenticeship and how much are apprentices paid?

Answei

An apprenticeship is the recognised way that people are trained in a craft trade or profession. It involves both training on-the-job with an employer and training off-the-job in an education centre.

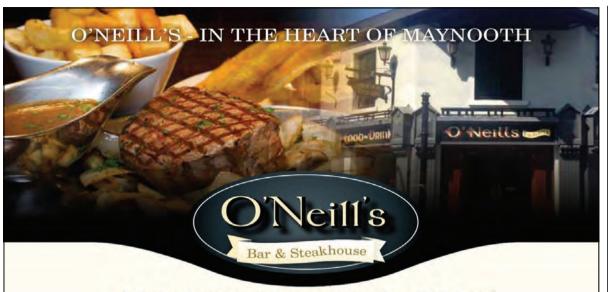
To be eligible for an apprenticeship, your daughter must be at least 16 and should have at least a grade D in five subjects in the Junior Cert. However, some employers may only take on an apprentice with higher qualifications or may have other requirements. If your daughter doesn't have the required qualifications, she might still be able to do an apprenticeship – she should check with her local Education and Training Board (ETB).

Traditional craft apprenticeships include construction, electrical engineering and motor sectors. For example, there are apprenticeships in carpentry, plumbing, car mechanics and electrical trades. This type of apprenticeship usually lasts for four years. Your daughter should contact the apprenticeship section of her local ETB.

New occupational apprenticeships are being developed in Information and Communications Technology (ICT), medical technology, insurance, finance, accountancy, logistics and hospitality. These apprenticeships last between two and four years. For these, your daughter should apply to the industry lead for the apprenticeship she is interested in. She can also contact the apprenticeship section of her local ETB for information.

While your daughter is training on-the-job, her employer will pay her a recommended apprenticeship wage. If she is training in certain sectors, SOLAS pays a weekly allowance equal to that wage while she is training off-the-job. In all other sectors, her off-the-job payments will depend on her employer, although SOLAS will contribute to travel and accommodation costs.

Your daughter can find a full list of apprenticeships on apprenticeship.ie.



Main Street, Maynooth, Co. Kildare

T. 01 6286255 E. info@oneillsbar.ie

O'Neill's Bar & Steakhouse is a family run traditional style bar in the heart of Maynooth.

We are renowned for our quality food, service and our warm welcome.

Food is served daily from 12pm, full A La Carte menu available from 5pm.

Live music every Thursday & Saturday night.

www.oneillsbar.ie

Thinking of replacing your PVC Windows?

WHAT TO DO NEXT

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- 7 Critical mistakes everyone makes
- 3 Steps to a perfect window solution from start to finish

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Call 01-6203232

aymooth Newsletter

Copy date for the next edition of the Maynooth Newsletter will be Tuesday 21st August 2018

St. Mary's Brass & Reed Band



Last month we paid our annual visit to the South of Ireland Band Championships in Clonakilty. While we were not in the prizes we acquitted ourselves well, improved our position on last year and had a really nice time. Hopefully we will do the same next year.

The big event of 2018 for the Band is our trip to the Bad Orb International Music Festival near Frankfurt in Germany from the 7th to the 9th of September. We were selected to take part from over 200 applicants and we will be the only band from Ireland among the 34 participants from all over Europe. The cost of the travel including instruments alone comes to over €10,000, the

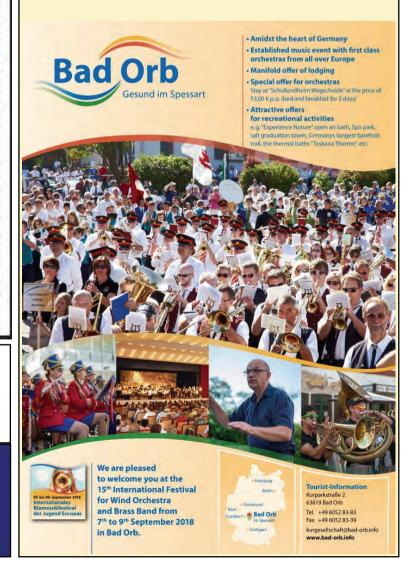


At the Music Festival in Bad Orb in Germany last year left Festival Director Peter Egold & Janina

band members will be paying for their accommodation and meals.

Our recent appeal to the businesses in the town has been a tremendous success and we are indeed most grateful for all donations received to date. However we still have another small way to go to reach our target so should anyone like to contribute ANY amount towards the costs they can call **087 2537 906 or email sec@stmarysbandmaynooth.ie** and we will indeed be pleased to talk to you.

The Band will be giving a recital of all of the music we will be playing in Germany outside Brady's in the Square at 7.30 on Saturday 1st September which will coincide with the World Amateur Golf Championships being held in Carton House between the 25th August and 9th September so hopefully we will have a large audience on the night.



Free family fun things to do this August

Maynooth Castle



Maynooth Castle, a ruined 13th century castle which was built at the junction of two streams and became the home of the Fitzgerald family before its expansion by Sir John Fitzgerald in the 15th century. The Fitzgeralds would later become the Earls of Kildare; Maynooth Castle was known as one of the largest and richest Earls' houses in Ireland.

Today, the atmospheric castle lies in ruins - only the ruins of the keep and the main entrance gateway on the southern side remain. Restoration work on the castle was undertaken by the Office of Public Works in 2000 in order to develop it into an Irish Heritage Site. An exhibition on the history of Maynooth Castle and the Fitzgerald family is on display at the on-site visitor centre.

Summer opening hours: Open daily until late September from 10am until 6pm. The last tour is at 4.30pm.

National Botonic Gardens of Ireland - Glasnevin, Dublin 11.



National Botonic Gardens are an oasis of calm and beauty where their aim is to make it a place where leisure, recreation and education are all compatible for the enjoyment of their visitors. A premier scientific institution, the gardens also contain the National Herbarium and several historic wrought iron glasshouses.

Summer opening hours: Monday - Friday 9am to 5pm. Saturday, Sunday and Public Holidays 10am to 6pm.

Upcoming free events for children but booking is essential. Children's Workshop: Budding Botanists - Flower Pressing

Kids can join the experts on an expedition through the Gardens identifying and collecting suitable plants for pressing before constructing their very own flower press.

Date: Thursday 9th August and 23rd August. Time: 11am - 12pm Booking essential. Suitable for ages 6 years and up. Phone (01) 8040319/8570909

Pond dipping

A fun event exploring the weird and wonderful diversity of insects and mini beasts living in and around the pond at the Botanic Gardens. Learn how to identify the amazing creatures you have captured. The workshop is suitable for children aged 8 years and upwards.

Date: Saturday 11th August. Time 11am to 12:30pm. Booking essential.

Spot a deer at the Phoneix Park



The Park is home to a large amount of wildlife, including a large herd of deer. Pack your bikes and scooters and enjoy some of the many cycling trails around the park while you see if you can spot a deer. There are playgrounds and tearooms at the Visitors Centre. Admission to the Visitors Centre exhibition is free, and visitors can enjoy a historical

interpretation of the park from 3500BC, including the history of Áras an Uachtaráin. Every Sunday morning free children's workshop on nature awareness, history and heritage and arts take place, suitable for ages 6 - 12 years between 11am - 12pm.

Donadea Forest Park



Donadea Castle and estate was the old home of the Aylmer family up until 1935 when the last member of the family Ms. Caroline died. It is a National Heritage Area. There are many historical features including the remains of the castle and walled gardens, St. Peter's church, an ice house and boat house. Another feature of the Park is the 9/11 Memorial, a scaled

replica of the twin towers carved in limestone. The small lake is brimming with ducks, water hens and has a beautiful display of water lilies in the summer. There are three looped walking trails in the forest which caters for all abilities. It has three permanent orienteering courses, short (1.8km), medium (3.4km) and long (4.7km). Café is open all year round and there are plenty of picnic spots throughout the Park.

Parking fee is €5 per day. (Coins only .50c, €1 and €2 accepted)
Car park is open from 7am to 9pm April to September and 8am to 5pm October to March.

National Heritage Week

National Heritage Week 2018 will run from August 18th - 26th. Many of the events that take place are free. To find out more visit www.heritageweek.ie

Kildare Farm Foods



Kildare Farm Foods is a wonderful day out for all the family. Entry to this third generation, family run farm is **FREE** and it provides a family friendly, buggy and wheelchair accessible destination. Visitors to Kildare Farm Foods will see a wide variety of animals, such as; Alpacas, Ostriches, Sheep, Cows, Black Swans,

Turkeys and Guinea Fowl, in a natural and relaxed setting. The shop at Kildare Farm Foods offers a wide variety of fresh farm produce. The farm operates from their own purpose built premises comprising of production facilities, fresh and frozen storage so shoppers can be sure of the freshest possible products, they've just come across in the yard! This brilliant amenity, right on Kildare Town's doorstep also includes:

A café/restaurant - Train rides around the farm - Indoor crazy golf course

General Opening Hours:

Monday to Friday 9am to 5pm

Saturday 9am to 3pm

They do not open on Sundays or public holidays

Hours may vary due to seasonal events. Check our website & social media for further information. www.kildarefarmfoods.com

Kildare Farm Foods - Rathmuck - Co Kildare. (just 5 minutes from exit 13 off the M7)

GPS: Long 53.126260 - Lat 6.957215 - Eircode: R51 KC62

Castletown House



Castletown House is Ireland's largest Palladian house and has 120 acres of surrounding Parkland, ideal for walks. There are guided tours of the house with workshops on Sundays for children and summer music recitals on Sunday afternoons, and free childrens tours throughout school holidays.

Castletown House and Parklands, Celbridge, Co. Kildare. W23 V9H3 General Enquiries - 01 6288252 - Website: www.castletown.ie The first Wednesday of every month a number of Heritage Ireland Sites have FREE admission, why not take advantage and visit.

The Country House and the Great War Exhibition

Location: The Russell Library and JPII Library, Maynooth University

Dates: 1 August - 28 September (Russell Library),

1 October - 11 November (JPII Library)

Opening times: Russell Library: 10am-1pm, 2pm-5pm

Monday, Wednesday, Thursday

Russell Library closed Tuesdays and Fridays (August to September)

The exhibition will move to the JPII Library from October Opening times: JPII Library: Monday - Thursday 8am -12 midnight: Friday 8am-6.30pm, Sat-Sun 10am-5pm

Event details: The Country House and the Great War Exhibition is a collaboration between the Centre for the Study of Historic Irish Houses and Estates (CSHIHE), Maynooth University Library, and the OPW-Maynooth University Archive and Research Centre (OMARC). This exhibition, to mark the centenary of the 1918 Armistice, presents a perspective of the Great War from inside the Irish Country House. In doing so, this exhibition will utilise material from more than ten aristocratic families and display previously unseen material from the archives of Ballindoolin House, Co. Kildare and Airfield, Dundrum.

All are welcome to view this exhibition which will be on display in the Russell Library from 1 August until 28 September, and on display in Maynooth University Library from the 1 October until 11 November.

Admission Free



William Upton Tyrrell

All this Information is given in good faith. Readers are advised to check with all venues prior to planning any visits. Enjoy your trips.



Comhaltas Craobh Mhaigh Nuad



My My July! – What a roaster this year, it will indeed live long in the memories of all in a scorched Maynooth. Normally July is a quieter period for the branch, but our adult members were still flying in their regular session, which was held outside Brady's in a sun-drenched square... evoking memories of Fleadh Laighean July 2014.

Apart from the numerous summer workshops underway, the provincial fleadhs form the mainstay of the calendar each July. This year Muine Bheag in Carlow did a magnificent job of hosting the event, combining the competitions with a showcase of local Carlow culture....both the Carlow rising in the GAA and hurling combing with the music to make a memorable July for the Scallion Aters (I have to confess I heard this moniker for the first time when researching this article, but it'll stick with me!).

North Kildare's branches were all represented with our own branches strong showing, a tribute to the dedication of our students and the team at the craobh. Well done to all competitors listed below – the Leinsters are a serious step up in level and ye're a credit to have made it on from county level.

Musician	Competition
Aoife McNerney	Whistle (12-15)
Caoimhe Howley	Consairtín U12
Conor McNerney	Piano U12
Déaglán Ó Conchúbhair	Miscellaneous O18 & Storytelling
Emma Bennet	Feadóg Mór U12
Keelin Ní Mhuireasáin	Bodhrán (12-15), Comhrá Gaeilge (12-15)
Kieran Hensey	Bosca Ceoil U9
Matthew Meehan	Bodhrán (12-15)
Niall Howard	Bosca Ceoil (12-15)
Riobard ó Mhurchú	Bosca Ceoil U12
Roish Connolly	Feadóg Mór U12
Róisín Howley	Amhranaíocht O18, Amhranaíocht (12-15), U15 Fidil, Comhrá Gaeilge (12-15)
Sean Ó Catháin	Bosca Ceoil U12
Shane McNerney	Bosca Ceoil U18
Shane McNerney	Bosca Ceoil (15-18)
Tom Ó Catháin	Bosca Ceoil (12-15)
Musicians	Competition
Róisín Howley, Caoimhe Howley	Ceol Beirte (12-15)
Sean Ó Catháin, Caoimhe Howley and Niamh Ní Fhearaíl	Ceol Trír U12
Shane, Matt, Kirstin, Katie, Aoife, Roisín, Dara, Tom, Rois and Caoimhe	Bannaí Céilí (12-15)
Tom Ó Catháin, Róisín Howley, Kirsten Ní Fhearaíl	Ceol Trír 12-15

The Fleadh represents an opportunity for those who want to hone their skills and test them in the white-hot environment of competition under the scrutiny of judges. It is by no means the sole raison d'etre of our branch

however and we are a broad church of musical talents and ambitions. Each note of our wonderful music strummed, blown, sung or squeezed in Maynooth represents something to be treasured, so if whether you consider yourself Super 8's, or Junior C, World Cup or FIFA '18, have a think whether you like to join us on our journey through our fabulous traditional music.

We welcome all to join in what we do – young or old.

As usual, keep an eagle eye on our Facebook or Twitter feeds for more information on upcoming workshops, pop-up sessions and performances. And remember, wear sunscreen.

http://www.facebook.com/ccemaighnuad http://twitter.com/CCEMaighNuad Derek Carroll, PRO, Craobh Mhaigh Nuad CCE



The Howley sisters –
Caoimhe and Róisín were
again brilliant across a
range of competition from
Concertina, Fiddle, through
to singing as Bearla agus
Tradisiúntach



It was
#MuineBheagOrNow
here for Keelin, so
well done on a great
outing in Kildare and
Carlow.



Congratulations to Emma Bennet on her strong showing in Kildare and at the Leinsters in the U12 Flute Competition



Our Céilí Band looking super smart before competing in Muine Bheag. Back Row: Tom, Matthew, Kirstin, Róisín. Front Row: Caoimhe, Dara, Roish, Aoife and Shane



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Zero Waste Maynooth

Summer is the season of weddings, races and BBQs. Automatically the mind turns to the big question- "What will I wear?" The answer is usually found by dashing to the nearest shopping centre where hours are spent searching for the perfect outfit. But this answer doesn't just hurt your pocket – it has a negative impact on the environment. **Fast fashion is the second**

dirtiest industry in the world, second only to oil.

Stores now have new stock coming in weekly, encouraging consumers to shop more regularly. It is possible to buy a top for a fiver, a whole outfit for €20. The quality is often poor and clothes lose their shape after one or two washes. Now a new attitude towards clothes has become the norm. Instead of minding and repairing clothes, people think "it only cost me €4, I'll bin it and get another one". But this attitude is very damaging to the environment and the people involved in the industry.

Some of the negative environmental effects are*:

- The pesticides used in cotton farming it consumes 10 percent of all agricultural chemicals and 25 percent of insecticides used worldwide. Small scale farmers can get sick as they don't have the adequate knowledge or equipment to handle the pesticides correctly.
- The toxic dyes used in manufacturing many clothing manufacturers dump the chemicals used for dying clothes into rivers without any treatment.
- The amount of waste created by discarded clothing clothing that was only worn once or twice is often dumped. These clothes are made of nylon and polyester which are not biodegradable. They release methane in landfills. When sold to developing nations they ruin local textile industries.
- <u>Microfibers in the water</u> when clothes made of polyester (and other man made fibres) are washed they release tiny threads which make their way into the waterways.
- <u>Pollution from shipping clothes</u> often clothes are made in one country, the
 raw materials are shipped in from a different country and then the finished
 clothes are shipped to a different country for sale. All this shipping results in
 greenhouse gas emissions. Noise pollution is also interfering with marine
 animals which use sound for orientation, communication and feeding.

The human cost of fast fashion is shocking. Garment workers work in unsafe conditions for very low wages. They have very little job security and are frequently mistreated. In 2013 the collapse of Rana Plaza (an eight storey clothing factory) in Dhaka in Bangladesh resulted in the deaths of more than 1,100 people.



But we have a choice and we can decide to move away from fast fashion. Every time you spend (or don't spend) your money you are voting for the type of world you want. Here are some ideas to get you started:

- 1. **Shop your own wardrobe** have a good rummage in your wardrobe. You might discover some clothes you had forgotten. Get a friend to come over to cast a new eye on your wardrobe they might combine old favourites in a new way.
- 2. Check with your friends and family before buying a fascinator/bag/accessory that will only be used once send a text around asking friends if they have one you could borrow. You could even set up a watsapp group especially for this purpose to make borrowing easier and encourage others to follow your lead.
- 3. **Buying pre-loved or vintage** is a great way to reduce your impact and also ensure that no one else has the same outfit as you! Maynooth is lucky to have some great options. The Glass Doll stocks vintage clothes and accessories and they are happy to offer you advice on how to style an item of clothing. There are also three fantastic charity shops two St Vincent de Pauls and a NCBL.

The issues involved in fast fashion have only been very briefly touched upon in this article. To find out more on the fashion industry watch the documentary "The True Cost" on Netflix or read "Overdressed" by Elizabeth Cline or "To Die For" by Lucy Siegle. Many initiatives can be found online that focus on the different issues involved – for example

fashionrevolution.org, Greenpeace Detox campaign, Clean Clothes Campaign

*https://www.ecowatch.com/fast-fashion-is-the-second-dirtiest-industry-in-the-world-next-to-big-1882083445.html

SWAP THE FT MAKE BUY The BUYERARCHY OF NEEDS

Maynooth University Town F.C.

FAI Tom Hand Cup
Cup Winners Final

<u>Town</u>

VS

North End Utd

(Wexford)

Venue: Town Park Wexford

K.O. 2.30pm Sun. 5th August

Maynooth University Town F.C.

FAI Daily Mail
Senior Cup 1st Round

<u>Town</u>

Vs

Leeds A.F.C.

(Cork)

Venue: North Campus Astro

K.O. 5pm Sat. 11th August



connections on this route.



will help provide much needed food for our Bumblebee and other pollinating insects as well as creating a beautiful colourful garden. Learn more about All Ireland Pollinator Plan 2015-2020 in which Maynooth Tidy Towns are involved. For more information see www.pollinators.ie

Lots of information this month, our volunteers have been very active on Wednesday, Saturday and Sunday all over Maynooth, watering and litter picking.

Shane Ross TD., Minister for Transport, Tourism and Sport opened the Maynooth link of the Dublin to Galway Greenway/Cycle and walking route.

Many of the speakers commented on the valuable work that Maynooth Tidy Towns perform on behalf of the community. We look forward to further

Heritage Week is on from 18th August to 26th August and the theme is "Make a connection". Further information on our Facebook.

We have many wonderful walks around Maynooth and would be obliged if you have a dog to keep it on a leash and also clean up after the dog and dispose of dog waste in the nearest bin.

Our pollinating insects are in decline. One third of our 99 bee species are at risk of extinction. By choosing pollen-rich flowers for your garden, you









Once again when buying plants think Bee-Friendly/Butterfly Friendly as this is part of our Pollinating plan for Maynooth this year.

At our recent committee meeting in July we had a cake to celebrate a special birthday for Olive Kerrigan. (Photo Opposite)



Judging in the National Tidy Towns is ongoing until the end of August. We ask all Residents Associations and businesses to make a special effort to keep their areas tidy.

If you wish to volunteer please contact us on 087-3153189 or on Facebook/Twitter

Richard Farrell - PRO Maynooth Tidy Towns





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Copy date for the next edition of the Maynooth Newsletter is Tuesday 22nd Aug 2018





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Maynooth Community Church

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FROM 1PM

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THEME: 'JOURNEY'







Catherine Murphy T.D. Social Democrats, Kildare North.

Constituency Office ph: 01-6156625 Dáil Office ph: 01-6183099 - e-mail: catherine.murphy@oireachtas.ie

Maynooth Greenway Project Progress

In a recent parliamentary reply to me regarding the progress of the Confey to Maynooth Greenway, the Minister Shane Ross has confirmed that planning permission for the extension was granted in 2017 for a total distance of 9km. Kildare County Council have appointed consultants and it is expected that the project will have a detailed design and tender with a contractor hopefully appointed by the end of 2018. With funding in place from the National Transport Authority it is likely that construction will begin in early 2019.

Maynooth Post-Primary School

I recently asked the Minister for Education to update me on the arrangements being put in place to deal with the delay in delivering the new buildings following the collapse of Carillion Construction and the subsequent liquidation of Sammon Construction who had the contract to complete the school. I asked the Minister to outline the process underway and the expected delivery date for the new school. In response, the Minister confirmed that his Department is working with the Patron and the design team to appoint a new contractor. There is currently a tender process underway with a deadline date of July 23rd 2018. There is also a process underway to outline the extent of the remaining works to be completed. According to the Minister's reply the hope is to have a new contractor back on site by the end of March 2019 with an expected completion date of June 2020.

Local Property Tax Review Underway

I recently made a substantial submission to the Department of Housing, Planning and Local Government for use in its current process to review the methodology used to determine local authority funding

baselines in order to ensure that the distribution model is fair. Currently 20% of Local Property Tax collected in Kildare is spent in other counties and some of the LPT collected in Kildare is being used as a replacement for Government grants and this leaves the county cash-starved. I have spent many years researching issues surrounding Local Government Funding and my submission focused on the mechanisms of how the funding streams operate and are distributed. The results of my analysis point to a significant inequity in the system which ensures that many rapidly developing, often urban, areas, such as Maynooth and the wider North Kildare area, lose out to more rural communities. The submission also takes the view that the current system cannot legitimately be deemed a Local Property Tax when substantial portions of the amounts people pay are redirected to other areas.

I am regularly approached by people who legitimately ask "what am I getting for the Local Property Tax I pay?" In reality the answer is, very little. The way the funding model is currently designed means that many areas that have experienced significant population growth in recent years have not seen services keep pace with demand and as a result they are significantly disadvantaged when compared to more rural areas. There is an inherent unfairness that is built into the system and unless significant changes are made which take account of population changes, demographics and current needs, then Local Property Tax cannot legitimately continue to be referred to as a 'Local' Property Tax. The review is due to be completed by the end of August and my submission is seeking to ensure that areas like Kildare get their fair share of resources.

Submission Deadline for Proposed Amendments to the Maynooth Local Area Plan

The Maynooth Local Area Plan which was agreed back in 2013 and was due to run until 2019 has recently been subject to proposed changes. The proposed changes would mean that 32 hectares of land would be rezoned for housing purposes. It also provides that the Eastern Relief Road would run along the Blacklion/Railpark area and link the Leixlip road with the Celbridge road. This new road would bridge the railway and the Royal Canal. The funding to build this road is dependent on the opening up of lands for housing. Obviously there are some issues that arise in this regard not least that there are clusters of schools close to where the new road would join with the Celbridge road therefore schoolchildren and their needs must be factored in to the new road design.

Practical issues also arise; for example there is little scope to physically alter the junction between Celbridge road and Straffan road which may likely produce congestion here.

There is also a proposal to insert pedestrian and cycle links into Railpark, Parklands, and Rockfield. These estates were built as cul-de-sac estates and the residents are understandably objecting to plans for the proposed neighbouring new developments to have pedestrian and cycle links between the new and existing estates when residents correctly feel that their estates were not designed with this in mind and therefore it has the potential to cause significant issues.

Large scale additional zoning must also take account of new needs for example schools, transport and community facilities which need to be provided in parallel with any new housing developments.

Editorial

While the long summer with no rain will remain in our minds as the memory of summer 2018, perhaps in future years we might be faced with the alternative of a wet dull weather and we would wish for a repeat of this year. It has been really strange meeting people who are wishing for our more normal weather patterns. One wonders if they are gone forever. I recently had my first cycle in Maynooth since moving here 29 years ago and having thoroughly enjoyed it, I recommend that if you have a bicycle you should try the new Maynooth Harbour Cycle link which was officially opened by Mr. Shane Ross T.D, Minister for Transport on July 2nd.

As you will know by now that one of the key roles of publishing the "Maynooth Newsletter" is to record the social history of the town so in July the reinterment of the Presentation Sisters from their burial ground beside Charter House to Laraghbryan Cemetery in Maynooth raised a lot of concerns from people in the town. Earlier this year we lost Hilda Dunne who worked tirelessly to prevent the sisters being moved. Of course like the wider community we do not know the reasons why the current Presentation Sisters decided to move their deceased members from their resting place. It would be useful to know why this was necessary and if we knew the reasons the

decision might be viewed in a different light.

While reinterment is rare in Ireland there are strict conditions applied in each case requiring the presence of a number of experts and other authorities. The remains of the sisters were removed individually and reburied in new coffins in Laraghbryan Cemetery. There are close to fifty remains removed which were initially buried in the convent graveyard between 1828 and 1983. A full list of the graves was compiled by Henry Flynn in 2012. The Presentation Sisters have a long connection with Maynooth dating back to 1823. The development of the convent was closely connected with the key influencers in the town. St. Patrick's College staff were initially involved in bringing the sisters to Maynooth to ensure that a Catholic education would be available to young girls in Maynooth with the foundation stone for the school being laid by the Duke of Leinster in 1826.

Later In 1828, an Industrial School was opened at the request of the Duchess. Here, the children made clothing – straw hats and surplices, frocks and shirts, bonnets and bibs. For their work, they were paid and got their meals. The Duchess was the chief patron. She paid the schools for embroidered garments, boating hats etc. for herself and other ladies. In 1841, the Industrial School was closed. A Laundry was built in 1887 to accommodate the College by washing Paul Croghan - Editor

the laundry of the clerical students. In 1911 it was gutted by fire and a new laundry was built. It resumed activities in 1912 on a better site with extensive drying grounds and with modern machinery. It eventually became a public laundry, taking in laundry from other Institutions and from Prince Rainier and Princess Grace and movie star, Julie Andrews, who stayed in Carton House. In 1986, the Laundry closed. So like in many other towns in Ireland the Presentation convents served many functions and were key economic and educational institutions and dealt with many of the social issues of the time in their local communities.

August is a great month and for most of us is one of the best months of the year. In Maynooth, watch out for the National Heritage Week (18th August – 26th August) events as some of these are not available other months of the year. Remember that 2018 is the European Year of Cultural Heritage so there will be other events throughout the rest of 2018 as well. Finally, there was more good news for Maynooth Community Employment Project last month. As publishers of the "Maynooth Newsletter" they have been formally awarded "Charitable Status" by the Charities Regulator. This is an important development and the benefits of which will be detailed in future issues of this publication.



Writers' Corner - Short Stories/Articles from our Readers

Memories -Visit of John Paul II to Maynooth

As planning is under way for the visit of Pope Francis to Ireland in August we look back to the last Papal visit. Pope John Paul II visited Ireland in 1979. He visited St Patrick's College in Maynooth where 80,000 people came for the visit. Pope John Paul II was made Pope at the age of 58. His home was in Krakow, Poland. He visited 52 countries during his term as Pope. He had one brother who was also a priest.

Pope John Paul II served as Pope and sovereign of the Vatican City State from 1978 to 2005.

He is called Saint John Paul the Great by some Catholics. (Wikipedia)

Photos courtesy of Mrs Margaret Bean (Maynooth)



Photo taken in St Patrick's College during the Papal visit Monday 1st October 1979



Monsignor Michael Olden President of St Patrick's College during the Papal visit.



Pope John Paul II with Cardinal Ó Fiaich at St Patrick's College during the Papal visit.

Anxious over Leaving Cert results?

Pressure

More and more young people are starting to experience anxiety and with the Leaving Cert results this month this anxiety can be at an all time high. The stress of studying sitting up until all hours trying to retain huge pieces of information, the pressure of points and if they will get "enough" to go to their number one choice college, or course. The pressure of friends, of teachers, of parents, of society, all becomes too much for many, panic and anxiety starts to become part of everyday life.

<u>Anxiety</u>

A lot of anxiety comes from our need to control. And I don't mean that we are all "control freaks", what I mean is that we want to excel, we want to succeed, we want to be perfect, we want to "fix" everything! There is hardly any room for error in today's society; if we make a mistake we internally beat ourselves to a pulp. We did not succeed, we were not perfect, we didn't fix anything, in fact we failed.

And the internal message we then carry is that we are failures. That's a lot to contend with at the age of 16/17/18. If you have done the very best you can in your exams, and

I'm a Failure

Often this internal message "I am a failure" is hard to quieten down, creeping up every now and then, when we make a mistake or when we embarrass ourselves over something, of course most times we don't sit there saying "I'm a failure" but that's the message our sub-conscious tells us as it flicks back to another time where you didn't succeed, or you weren't perfect, or you didn't fix anything. Your sub-conscious will then say "Aha! I have proof here that you are in actual fact a failure, let me remind you..." and over the years your sub-conscious will store all your failings up in a little filing cabinet ready to be used at any time you feel you did something "wrong".

But you are not a failure. The exam was a failure. You have succeeded before and you will again, so be careful not to turn one incident into a global statement about yourself

you didn't get the points you thought or you don't get offered the college place that you hoped, it is not a failure, you are not a failure, it is only a set-back. The Leaving Cert is only one path to further education. There are so many other options, and so many interesting courses, it honestly surprises me why there is such a big emphasis on the Leaving Cert now. Many students may not know what they even want to do with their lives at 16/17/18, there is absolutely nothing wrong with this! It's completely normal, in fact most grown adults still don't know what they want to do in their lives, so don't put pressure on yourself to know right now. The opposite of anxiety is letting things be. Or letting go of control. Give yourself some space and time to figure out your next move. And remember, be nice to yourself.

Article provided by Avenue Counselling, Maynooth www.avenuecounsellingpsychotherapy.com

Smaointe

D'imigh sé as an áit sin agus tháinig sé ina dhúiche féin, agus lean a chuid deisceabal é. Agus ar an tsabóid thosaigh sé ag teagasc sa tsionagóg, agus ghabh iontas mórán dár chuala é; agus deiridís: ''Cá bhfuair sé seo an méid sin? Agus cén eagna í seo a tugadh dó agus na míorúiltí móra seo a dhéantar trína lámha? Nach é seo an saor adhmaid, mac Mhuire agus bráthair Shéamais agus Iósaef agus Iúdáis agus Shíomóin? Agus nach bhfuil a shiúracha anseo inár measc?'' Agus ghlac siad scannal ann. Marcas, 6,1-3.

Cé gur léir dóibh gur tugadh "eagna" iontach dó agus gur deineadh "míorúiltí móra "trína łámha", de bhrí gur "cheap" siad go raibh aithne acu ar Íosa agus a shliocht, ní raibh creideamh dá laghad acu ann - shéan muintir a dhúiche féin é, shéan a ghaolta féin é agus shéan fiú amháin muintir a theaghlaigh féin é. Nach iontach ar fad mar a dhéanaimid iarracht daoine tréitheacha gar dúinn a scriosadh! An é nach féidir linn glacadh leis gur dúshlán iad dár mórtas féin agus go gcuireann siad iachall orainn a admháil go raibh dul amú orainn inár gcuid smaoinimh? Céim síos sa tsochaí? Maith an rud é gur thuig Íosa cad a bhí ar siúl ag a lucht cáinte agus nár chaill sé a mhisneach! "Is é seo mo Mhac muirneach dár thug mé gnaoi; éistigí leis." Marcas, 9, 7. Comhairle maith!

Article provided by Gabriel Martin

Sustainable Energy Community

A Maynooth community Sustainable Energy Community has been formed under the umbrella of the Maynooth Community Council. The SEC is a member of a network of over 100 similar community groups around the country supported by the Sustainable Energy Authority of Ireland (SEAI).

The purpose of the SEC is to set up a group of people in the community who can support homeowners, businesses and community groups to identify the best targets for energy improvement in the community, plan, apply for the grant measures and complete the improvements. The focus for the community SEC include:

- Retrofit and improvement of community buildings.
- Plans to improve high energy using businesses.
- Identify fuel poor homes, or older housing stock with poor energy performance for retrofit and upgrade.

We are looking for members to support the activities of the group. If you are interested please contact Peter Hamilton at email: peterrham6@gmail.com or (087)2316308. We will hold an introductory meeting in the Glenroyal Hotel 8pm Thursday August 16th

Abstract - A festschrift for Anthony Coughlan: essays on sovereignty & democracy

To mark the tenth centenary of the first Lisbon Treaty referendum on 12 June 2008, when a majority of the Irish electorate voted against its ratification, the editors have brought forward this festschrift - a collection of scholarly essays by prominent contributors - to acknowledge and celebrate the contribution to society and academia of Anthony 'Tony' Coughlan.

Coughlan has been Ireland's foremost intellectual activist on European Union affairs. Over the last half-century, no one has done more to question the E.U.'s unaccountable elite as they siphon off power from elected national parliaments in order to create a centralised united states of Europe, and an E.U.-NATO army. He has articulated the case for a Europe of independent and cooperating nation states. Statesmanlike, as

secretary of the National Platform, he continues to call our politicians, institutions and media to democratic account and professional accuracy.

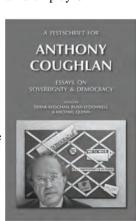
The eighteen contributors to the publication, drawn from across Irish and European society, have all been associated in some way with Tony's work and have given generously of their time and talents. Their thoughtful and wide-ranging essays encompass the concerns of a lifetime of activism, and though some may not agree with all of the stances taken by Tony in relation to the European Union, all fulsomely recognise the value and significance of his contribution to political debate in this country.

The publication's principal features include: Eighteen thoughtful and challenging essays A front cover portrait of Tony that captures his intellectual bearing and personal warmth by one of Ireland's most lauded artists, Robert Ballagh Pages: xviii, 160 Unique photos, some dating back to Tony's time in England, 1958-61. Top quality publishing craftsmanship by CRM

Design + Print Ltd., Dublin 12 A limited edition, each copy bearing a unique number Cost: €25, hardback, with gold coloured ribbon.

Aided by Tony's position as an Associate Professor Emeritus at T.C.D., the T.C.D. Association and Trust awarded a grant towards some of the costs incurred in printing this

Edited by: Frank Keoghan, Ruan O'Donnell & Michael Quinn





ANOTHER KILDARE CYCLING FATALITY

Another cycling fatality has occurred in Kildare with the recent death of 16 year old Shane Duggan near Oughterard. Our thoughts are with his family at this tragic time.

It is a matter of anger to cyclists that even before a fatal accident investigation has been completed, some journalists continue to report such events as "a bike/cyclist colliding with a car". To give them their due, the Leinster Leader correctly reported it as the cyclist being "involved in a collision with a car". It is only a minor point but the former subtly suggests that the cyclist is at fault whereas the latter is more even-handed. The description of collisions also fails to refer to the car driver as if he or she is not a party to the collision. Even more insensitively, reports regularly state that "the driver of the car was unhurt" which is hardly news in the case of a collision between a car and a cyclist.

CYCLE FACILITIES MAIN STREET

Work on removing the off-road cycle facilities on Main Street is due to begin in August. At the time of the Part 8 Public Consultation, a number of the councillors expressed

concerned at the impact on children cycling to Presentation Girls School and on cyclists accessing premises on Main Street. The Council has dismissed their views and propose that cyclists "share the road". Unfortunately, most people refuse to cycle on roads with traffic levels in excess of 2000 vehicles per day. As Main Street has about 10 times this volume of traffic and there is less space for cycling on the road with so much motorised vehicles, many cyclists will continue to cycle off road. This dual system approach to cycle facilities - with "timid" cyclists off road and "brave" cyclists on road - is common in the UK. However, the penny hasn't dropped yet that providing low quality UK cycling facilities will result in UK levels of cycling. The view of Maynooth Cycling Campaign is that as the existing cycle facilities are substandard and not continuous, Kildare County Council should upgrade rather than remove

MINISTER OPENS MAYNOOTH "CYCLE' LINK

On 2nd July, Shane Ross, Minister for Transport, Tourism and Sport came to Kildare to open the "Maynooth Harbour Cycle Link". After the opening ceremony, some of us had the opportunity for a short discussion with him. We raised the issues of increased funding, MPDL (Minimum Passing Distance Legislation) and compulsory use of cycle lanes. The Minister felt that cyclists didn't appreciate the efforts he has been making on our behalf and stated that the 10% funding for cycling was a non-runner but at least he is aware of our goal (#allocate4cycling). He also informed us

that the legislation on the compulsory use of cycle lanes had not yet been prepared.

The section of the Royal Canal between Maynooth and Athlone is now largely complete except for two short stretches in Kildare which will be completed before the end of 2018 and the final stretch in County Meath which will be completed in the spring of 2019. This will form part of the Euro-Velo Capitals Route (EV2) which runs all the way from Moscow to Dublin, a distance of some 5,500km.

There were few bicycles at the opening - most belonged to Cyclist.ie members. A bicycle did appear for the ribbon cutting ceremony but quickly disappeared afterwards. Despite the lovely weather, the official party did not see fit to actually walk or cycle the greenway. Once again a case of "Do As I Say And Not As I Do".

Maynooth Cycling Campaign is a non-party political cycling advocacy group. Further information on meetings and activities is available on our website.

We are affiliated to Cyclist.ie, the Irish Cyclist Advocacy Network and through it to the European Cycling **Federation**





Maynooth Castle - A forgotten gem in our midst Lots of people, both locals and visitors, walk past the gates of the Castle during the summer months and never think of coming in to enjoy the grounds and have a read of the fascinating bilingual exhibition (English/Irish) on the history of the Anglo-Normans and the FitzGerald family, better known as the Geraldines. Those brave adventurers who do, however, venture in are rewarded with an exciting tale of master builders, professional knights, and strategic thinkers who changed the face of Gaelic Ireland from the end of the 12th century to the present day. This is a story of conquest and integration, migration and settlement bringing new skills, language and ideas into not just the "arts" of war but also building technology, and in later centuries knowledge of the Renaissance, Italian architecture, etc.

As a recent addition to the tour guiding staff at Maynooth Castle I never cease to admire the dedication and passion of my colleagues for the history of the Castle and its former inhabitants, the FitzGeralds of Kildare. They, (and now I too), love to tell visitors about the defensive features of the Castle, the Great Hall and the library, the Great Earl and

the Siege of Silken Thomas, Sir Richard Boyle and even Lady Emily Lennox who married into the FitzGeralds and lived in Carton and Leinster House.

We hear some wonderful stories from older people who as young children and teenagers played in the Castle grounds before it was re-opened to the public as an OPW historic site in 2001. It's lovely to see lots of young families coming access for wheelchairs and strollers into the exhibition into the grounds and enjoying the tranquility and shade of the tall trees, which include limes and yew trees. This summer, the heat wave seemed to intensify the beautiful scent of the lime trees in particular and we've had to put out 2018) if you are around and would like to experience our dishes of water for the birds, rabbits and squirrels who inhabit the grounds. Lots of people came in to the Keep to enjoy the coolness of the undercroft and the smaller children loved colouring in pictures of manor ladies, knights, horses and dragons.

The OPW guiding team at the Castle: Alan, Catherine, Mary, Joe and Moira look forward to welcoming you to the Moira Devery, Castle whenever you can spare some time, whether it's a few minutes or an hour. We welcome visitors from all over

the world and offer the tour in English and German and the plan is for Irish to follow in due course. We are open for four months from approximately the end of May to the 26th of September seven days a week.

Admission is free and guided tours are available on demand and not at set times. Last tour at 4:30pm. We have through the ground-level back door.

Nota Bene: Drop in during Heritage Week (August 18-26 normal or specialist tours e.g. on Medieval Medicine and Diseases, or a mini tour in Irish.

And don't miss our colouring competitions for children or our local musicians from Push for Porter, who will be playing a session on Saturday August 18th from around 2pm. All welcome. Tá fáilte romhaibh go léir, a chairde. Check our Facebook page for more details

OPW Guide, Maynooth Castle

Bizarre anti-distraction devices??

If you're having trouble focusing this Summer, check out the isolator helmet - the crazy anti-distraction device from 1925. As publisher of over 50 science magazines, Hugo Gernsback had a lot of be distracted from. A ringing telephone or a doorbell, Gernsback complained, was enough to stop the flow of thought. But 50% of the time, he

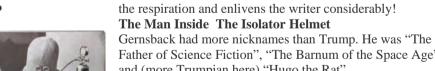


concluded, we are our own disturbers. "The greatest difficulty that the human mind has to contend with is lack of concentration, mainly due to outside influences." And he didn't have social media to contend with.

Meet the isolator helmet, the nightmare offspring of a Dr. Who Dalek and old-school diving helmet. The first version of his isolator helmet was made of wood, lined with cork inside and out, and finally covered with felt. It shut out about 75 percent of all noise. In a later design, an air space was included (and wood excluded) that helped shut out 90-

95 percent of surrounding noise. To stop those wandering eyes, note the two white lines scratched on the glass

This makes it almost impossible to see anything except a sheet of paper in front of the wearer. One drawback was that if the helmet was used alone for more than fifteen minutes at a time, the wearer would become drowsy! For that reason, Gernsback introduced a small oxygen tank, attached to the helmet. Apparently, this increases



Father of Science Fiction", "The Barnum of the Space Age" and (more Trumpian here) "Hugo the Rat". He created the term "Science Fiction", then wanted us to use

the jarring "scientifiction". He made many people fall in love with the future, then kicked

off that future by not paying his authors. He started science fiction fandom but remained remote from the communities he

created. He insisted on all scientific theory in stories he published be verifiable, even Sunday cartoon strips. On finding a comic-page character floating in the infinite without a space suit, he cried: "Wrong! His internal pressure would exceed the external pressure. His eyes would pop out! His belly would swell out! He would blow up!"

To H. P. Lovecraft, he was simply "Hugo the Rat". And no wonder – Gernsback gave himself a six-figure salary as head of Gernsback Publications while Lovecraft earned a fifth of a cent per word. His own biographer Gary Westfahl believes it's reasonable to assume that Gernsback was "an undiagnosed Aspergian".

Of all Gernsback's inventions, including the walkie-talkie, tv glasses (with tiny ariel) and submersible ferris wheel, the Isolator is the one that shouts autism.

We would never create something as blatantly ridiculous as the Isolator Helmet these

Siobhan O'Shea - Freelance copy and content writer. http://www.siobhanoshea.com



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Maynooth Monthly Diary Planner

Community Library

Opening Times

Mondays & Fridays 2pm to 5pm

Tuesdays & Thursdays 1pm to 8pm

Wednesday 9.30am to 1pm

& 2pm to 5pm

Sat 9.30am to 1pm

I.C.A.

Monthly meetings take place every 1st Thursday of the month at 8.00pm in the I.C.A. Hall in the Harbour.

Crafts every Monday night at 8.00pm.

New members welcome

University of Third Age (U3A)

Weekly meetings on Friday at 11am in
Maynooth Community Space
Unit 11/12 Tesco SC
Holidays July & August
Re-opening 6th September 2018
Contact Ger: 0874133505

Maynooth Tidy Towns

Volunteers required to help with this work. Contact Number 087 3153189 Meet every Saturday at 10.00am in the Square

Maynooth Senior Citizens

Our morning club will close for Summer Holidays from Tuesday 31st July and will reopen Tuesday 4th September. Contact Josephine on 087 9002296

Maynooth Multiple Births

Maynooth Multiple Births playgroup (twins triplets or more) meets the last Thursday of the month in Leixlip library between 10 & 12 noon. This is a great opportunity to meet parents just like you.

For further details email: maynoothmultiplebirthclub@gmail.com

MAYNOOTH LOCAL HISTORY GROUP

Maynooth Local History Group Meets
Last Thursday of each Month in
The Glenroyal Hotel
New Members Welcome
Contact: MCEP Office for more details
(Unit 5 Tesco's Carton Retail Park)

Maynooth Parent & Toddler Group

Currently on
Summer Break
Returning on Thursday
6th Sept 18

ALZHEIMER CAFÉ LEIXLIP

Summer Social - Wednesday August 8th 7-9pm Please join us at our annual Alzheimer Cafe Summer Social, Wednesday August 8th in "The Conservatory", Ryevale Nursing Home, Leixlip. There will be plenty of refreshments, song and dance, and a chance to find out more about the café. Attendance is free of charge and there is plenty of parking available (www.alzheimercafeleixlip.ie phone 089 4933533).

DIARY ENTRIES

E-mail details of your event before the copy date (2nd last Tuesday of each month) to be included in the next months edition.

E-mail: office@maynoothcep.com Phone: 01-6285922

Bridge Club

Open for new members. If you would like to play in a friendly club with purposebuilt facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com.

Contact Katherine Cooney

086 8205910

Arthritis Ireland

Arthritis Ireland Walking Group
(Maynooth)
Meeting Mondays
12 - 2pm in the Maynooth Community
Space
Closed for Month of August
Reopening Monday 3 September 2108

Maynooth Men's Sheds

Weekly meetings take place every
Wednesday at 11am
at the Maynooth Lodge Fisheries
Dunboyne Road Maynooth.
For further details contact
John Fleming - 087 2041334

Maynooth Community Church

1st Floor Manor Mills
(entrance next to Chill)
Service times every Sunday morning
from 10.30am
www.maynoothcc.org
Everyone most welcome

ST MARY'S BRASS & REED BAND

Rehearsals are held in the Band Hall on Pound Lane each Monday night (except Bank Holidays) from 7.45pm to 9.30pm and musicians living in Maynooth and the surrounding areas are most welcome.

E-mail: sec@stmarysbandmaynooth.ie
Website: www.stmarysbandmaynooth.ie

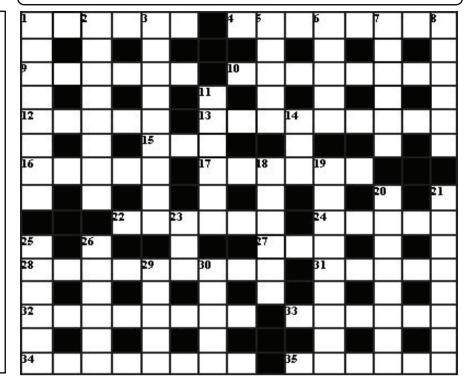
Diary entries are published free of charge for all non-fee paying Community Groups.

The content of the Monthly Planner Diary is published in good faith. All details should be checked with groups in advance

Clues Across

- 1. Impressive displays (6)
- 4. Sharp spasms of pain (8)
- 9. Without equal (6)
- 10. A flower, I swear it (8)
- 12. Carrying out action (5)
- 13. Flapping, hesitating (9)
- 15. Lacking self-confidence (3)
- 16. "She walks in beauty, like the"
 Byron (5)
- 17. Walked lamely (6)
- 22. Jail (6)
- 24. Blunder, slip (5)
- 27. Portion of a circle (3)
- 28. Putting tags on (9)
- 31. Leaping amphibians (5)
- 32. International boundary (8)
- 33. Observe, perceive (6)
- 34. Unexpectedly, abruptly (8)
- 35. Agreement (6)

August 2018 Crossword - No. 471



Name:

Clues Down

- 1. Plentiful, ample (8)
- 2. Protective barriers (8)
- 3. Child, minor (9)
- 5. Contaminate (5)
- 6. Lord, sir or doctor, say (5)
- 7. Showing extreme courage (6)
- 8. Describes thick and poorly groomed hair (6)
- 11. Episodes of pastoral or romantic charm (6)
- romantic charm (6) 14. This joint is trendy (3)
- 18. Handle, run (6)
- 19. Particles with a negative charge (9)
- 20. Co-ordinate, set up (8)
- 21. Look for valuable minerals (8)
- 23. Not in good health (3)
- 25. Steep faces of rock (6)
- 26. Overseas (6)
- 29. Metric unit of capacity (5)
- 30. something that one hopes to attain (5)

Solutions to Crossword No. 470



Special Prize Book Voucher

Give yourself the luxury of browsing and choosing the book/books which take your fancy from the wide selection available in the store of our sponsor:

> The Maynooth Bookshop 68 Main Street, Maynooth

Entries in before: Tuesday 21st August 2018

1 (411110)		
Address:_		

Phone:		

Winner of Crossword No. 470

Rosemary Crowley Moyglare Abbey Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

<u>Collect prize from</u>
The Maynooth Bookshop
68 Main Street, Maynooth

Difficult

	5			4				
			7			9		
8			3					1
		8		3		6		7
	9		5		6		3	
6		3		8		2		
2					1			9
		7			2			
·				4			8	

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to Maynooth Newsletter Unit 5 Tesco S/C Maynooth

Sudoku Challenge August 2018

Entries must arrive to MCC CLG Office before: 21st August 2018

Congratulations to July Winner:

Patrick O'Donoghue Kingsbry Maynooth

Collect prize from Newsletter Office

Prize winners will have 30 days to claim their prize from the time the results are made public.

Super Difficult

			6				7	
		5						4
2		6			5	8	3	
				1		4		3
	1	4		9		2	8	
3		9		2				
	3	7	2			1		6
5						3		
	2				9			

Name:	
Address:	
Phone:	
riione	



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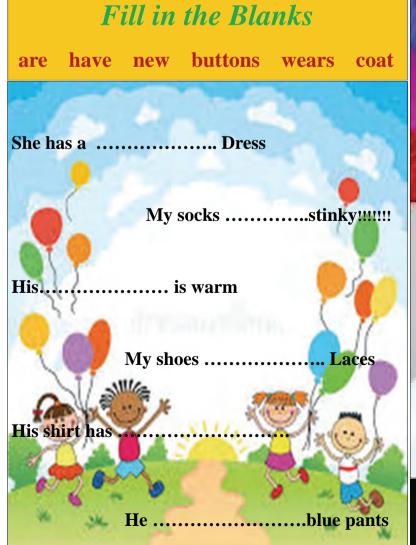
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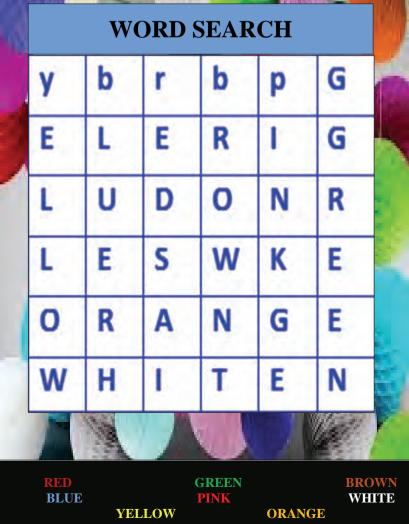
Last Month's Winner:
Fia Leavy
Castlepark Square
Maynooth

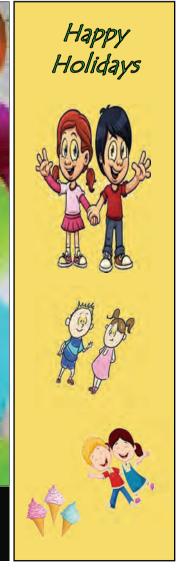
Prize of a Free Family Meal for <u>Colouring</u>
<u>Competition</u> can be collected at:
Maynooth Community Employment
Project Office,
Unit 5, Tesco Shopping Centre.

Entries must arrive before Tuesday 21st August

Junior Puzzle Corner









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Size M4 Mono	26cm (w) x 15.8cm (h)	€108.00	€275.00	€518.00	€891.00		
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Size C4B Colour	26cm (w) x 15.8cm (h)	€220.00	Driggs on Application				
Size C5B Colour	26cm (w) x 31.7cm (h)	€405.00	Prices on Application				

August Recipes



Ratatouille Tart

Ingredients:

For the pastry:

250g plain flour

½ tsp salt

125g butter, chilled and cut into small pieces

1 egg, beaten

2 to 3 tbsp water

For the ratatouille:

100ml olive oil

2 medium onions, sliced

2 large aubergines

2 red peppers, seeded and cubed

4 small courgettes, sliced

4 large tomatoes, sliced

Salt and pepper

4 cloves garlic, crushed

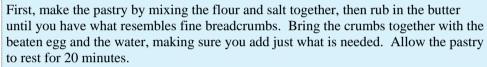
25g parsley

25g basil

Half a lemon, zest and juice

200g mozzarella, chopped or grated

Method:



While the pastry is resting, make the ratatouille. Heat the oil in a pan and add the onions, season well with salt and pepper and cook until they are soft, allowing them to brown a little. Next, add the aubergines and peppers and cook until soft and starting to brown, then add the tomatoes and the courgettes and a little more seasoning. Mix well and cover with a lid and allow the vegetables to stew in their own juices on a low heat for 20 minutes. Finally stir in the crushed garlic along with the herbs and lemon and mix well. Allow to stand for 20 minutes for the flavours to develop. Preheat the oven to 200°C and while the vegetables are cooking roll out the pastry and line a loose bottom 30cm tart tin. Bake it blind (without a filling) until golden brown. Allow to cool. Finally, fill the case with vegetables and scatter it with the grated cheese. Return to the oven until the cheese has melted.

Asparagus & Cheese Tartlets

Ingredients:

300g/10.5oz fresh asparagus spears

1 tbsp canola oil

2 cloves garlic, crushed

Zest of 1 lemon

300g/10.5oz shortcrust pastry

Flour, for dusting

Olive oil

4 eggs

250ml/8.5 floz double cream

200g/7oz cheese

Sea salt and freshly ground black pepper

Method:

Preheat the oven to 180°C/350°F/Gas Mark 4. Wash the asparagus spears then snap away and discard any woody ends. Place on a baking sheet and brush with the canola oil, sprinkle over the crushed garlic and lemon zest. Lightly grease the tartlet molds with a little oil. Sprinkle some flour over a clean board, roll out the pastry and line the molds with it. Trim the edges with a knife then line with baking or parchment paper and fill with baking beans or dried lentils. Bake the prepared asparagus and the tart shell in the oven alongside each other for 10 minutes. Crack the eggs into a bowl, whisk in the cream and the grated cheese then season with sea salt and freshly ground black pepper.

Take the asparagus out of the oven and keep it to one side. Then take the tart shell out of the oven and carefully tip out the baking beans or lentils and lift out the paper. Put the tart shell back in the oven for another 10 minutes.

Take the tart shell out of the oven again and place the roasted asparagus into the tart. Pour the egg and cheese mixture evenly over the top of the asparagus.

Bake the filled tartlets for a further 15 minutes, until the filling is bubbling and golden.



Makes: 4



he beginning of the end of the summer is nigh. Sorry to sound all doom and gloom, but the fact is, once August is out, we're into the season of mellow fruitfulness where the best of the harvest comes to fruition. But we've still got a couple of weeks to go yet and can look forward to picking lots more veggies from tunnels, gardens and raised beds as this month takes a bow. And as all gardeners know, there's still plenty of work to be done! Keep patio container plants well watered and feed with a liquid fertiliser every fortnight. Stake tall or top heavy Dahlias and Lilies to prevent wind and rain damage. Dead-head bedding plants and perennial plants to stop them self-seeding and to encourage further flowering into the



August usually brings plenty of opportunity to relax and enjoy the garden, even though we know there are jobs still to be done to keep it looking good. Even though ladybirds are an attractive sight in any garden they are also a great help to gardeners because they are a natural predator of aphids such as greenfly, blackfly and whitefly. So here's a simple tip to help your plants to survive and

thrive – when you see a ladybird in the garden, pick it up and place it in your greenhouse or on your roses, fruit trees or anything you're worried about. It will make itself at home in no time and hungrily devour the pests. And don't forget that you can attract more ladybirds with a Ladybird Tower or a Bug Box.

Going away on holiday and there's no one to water your plants in the greenhouse or conservatory, then it may be worth considering one of the many watering devices available while away such as Watering Mats, Micro-drip Watering System & Timer Set, Watering Spike and an Adjustable Drip Feeder.

August gardening chores can be a mixed bag. For many gardeners, the month of August begins the downhill slide into off season. Warm climate gardeners have a second chance, but some don't have a second wind after summer's heat. By all means, take some time to simply enjoy your garden and all the hard work you've put into it. But August weather is often milder than we expect and it's a great time to perk things up in the garden, after July's extremes. Your garden plants are hardier than you think and there are plenty of gardening tasks for August that will keep your flower and vegetable gardens going longer, as well as opportunities to get a head start on next year's garden plans.

There's lots of pruning, deadheading and harvesting to be done in August, so if you're off on your holidays make sure you get some help for your garden or plan ahead. You can also start preparing for the autumn veg patch and start to sow flowers for next spring. Most long-flowering perennials such as Geranium Psilostemon and Geranium 'Johnson's Blue' have finished blooming now, so cut them right to the ground and water to encourage them to put up a second flush of foliage as soon as possible and generally prevent the garden from looking frazzled and messy.

Trim back your lavender once it has finished flowering, to stop it growing leggy. Although weeds will be growing more slowly than in the spring, it's an idea to continue to hoe the soil to keep them down. This should be done in warm, dry conditions to ensure any weed seedlings left on the surface dehydrate and die.

Echinacea's and Rudbeckias. They will have so much more impact in the garden looking perky and upstanding, rather than trailing along the ground. Prune your wisteria after flowering by removing all the whippy side shoots from the main branch framework to about five leaves from the main stem. Prune rambling roses after flowering. Pull Alstroemerias – as Alstroes go over from their first flowering, pull (rather than cut) the stems, as you do rhubarb.



This encourages more growth from below ground to give you a huge second flush of flowers right through the autumn. Make sure stakes are in place too, as most Alstroes are vigorous and will flop about in the autumn gales. Stake late-flowering perennials such as Asters, Sunflowers and Japanese Anemone. If you have a bumblebee nest in your garden count yourself lucky and your garden wildlife-friendly-and don't panic: they die out naturally in autumn.

August is the last month of summer in Ireland and should be an opportunity for gardeners to enjoy the fruits of their spring labour. After the perfect gardening weather over the past two months fruiting and flowering plants have performed particularly well and have rewarded us with a bountiful crop

Isn't it enough to see that a garden is beautiful without having to believe that there are fairies at the bottom of it too?



FILM/DVD MONTHLY BY BERNIE CLAXTO BLOCKBUSTER MOV



Jaws is considered the first summer blockbuster.

- 1) What was the name of the fictional place where the shark appeared in Jaws?
- Coney Island A.
- Sandbar Point В.
- *C*. Devil's Island
- D. Amity Island

Star Wars is one of the top franchises in movie history and has spawned multiple spin off series and movies from the original trilogy that started it all.



- In which Star Wars movie is Darth Vader revealed as Luke Skywalker's father?
- The Return of the Jedi A.
- A New Hope \boldsymbol{B} .
- The Empire Strikes Back *C*.
- D. Star Trek Beyond

Grease (1978) was the hugely popular summer musical of the 1970s, with the charismatic pairing of John Travolta and Olivia-Newton-John.

3) The last song that is sung at the end of *Grease* (1978) is 'You're the One That I Want'



- True
- В. **False**

- 4) Why wasn't Sandy allowed in 'The Pink Ladies' in Grease?
- She was too pure to be pink \boldsymbol{A} .
- В. She was a pink lady
- *C*. She didn't want to be
- D. She was new

Raiders of the Lost Ark was the beginning of a very successful franchise in the Indiana Jones series of films.

- 5) Who directed Raiders of the Lost Ark?
- George Lucas \boldsymbol{A} .
- В. Martin Scorsese
- *C*. James Cameron
- D. Steven Spielberg

E.T. the Extra-Terrestrial is one of the greatest science-fiction movies ever made.



- 6) What sweets does Elliott use to lure E.T. out of the backyard shed?
- A. Skittles
- M&M's **B**.
- *C*. Reese's pieces
- Hershey's

With a terrific star turn from Chevy Chase, National Lampoon's Vacation is one of the most consistently funny summer movies of the 1980s.



- 7) Who plays the security guard featured at the end of National Lampoon's Vacation?
- John Candy \boldsymbol{A} .
- В. John Belushi
- Dan Aykroyd *C*.
- D. Chris Farley

Bridesmaids was the smash hit, gag-filled, femalecentred comedy of 2011.

- 8) Annie and Lillian get busted in the park for what?
- Feeding hard bread to the ducks
- В. Taking an exercise class and not paying
- Insulting a police officer *C*.
- Stealing a handbag

Jurassic Park (1993) broke box-office records with some of Spielberg's most spectacular sequences and special effects since Jaws.



- 9) What is Jeff Goldblum's job in Jurassic Park?
- Mathematician A.
- В. Geologist
- Zoologist *C*.
- D. Linguistics Professor

Mission Impossible: Rogue Nation was the 2015 entry in the slick spy series franchise, with Tom Cruise thrilling audiences to his daredevil stunts on screen.

- 10) Which character does Tom Cruise play in Mission Impossible?
- Alan Hunley \boldsymbol{A} .
- Benji Dunn B.
- *C*. Ethan Hawke
- D. Luther Stickell

Ghostbusters (1984) is the classic blend of special effects and fun with comic legends Bill Murray, Dan Aykroyd and Rick Moranis on terrific form.

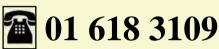
- 11) In what building do Ray, Peter and Egon encounter their first ghost in Ghostbusters?
- New York Public Library \boldsymbol{A} .
- В. **Grand Central Station**
- *C*. Dana's Apartment
- D. Empire State Building





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Dáil Éireann









Advice Clinic held in Maynooth every Monday at 3pm, in Glenroyal Hotel

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Maynooth University

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- Design thinking
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