



Maynooth Newsletter



Serving the people of Maynooth



September 2016

Local News

Issue No. 450

Free

This publication is produced by Maynooth Community Council's Community Employment Scheme, supported by the Department of Social Protection, which is funded by the Irish Government.



**Mark Nugent
Fundraisers
See Page 28 for
Full Details**

Congratulations Maynooth Post Primary Leaving Cert Class 2016



Anxiously waiting for their results and hoping for good marks



Tomás Feeney, Ms Merrigan and Gavin Williams



Johnny Nevin very pleased with the results with Emma Clancy and Keelan Mc Carthy



Emily Dolan & Brianna Senchyna very pleased.



Sean Ward & Gavin Williams happy with their results.



Andrew Ahern hoping to do Law and French and Philip Dunlea Engineering.



Maynooth Community Council, Unit 5, Tesco's S.C. Carton Park, Maynooth. Phone - 01-6285922 - Email office@maynoothcc.com

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Whether dropping by for a friendly drink, food or settling in to watch the match, we are sure you will find a warm welcome with great service and a comfortable setting to ensure your stay is a pleasant and memorable one.
We look forward to seeing you soon.

Great Food Served 7 Days

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(01) 6289467
maynoothvet@gmail.com

Eden Veterinary Clinic,
Dublin Rd, Edenderry, Co. Offaly

046 9772700
edenderryvet@gmail.com

Clane Veterinary Clinic,
7 The Mall, Clane, Co. Kildare

045 982763
clanevet@gmail.com

Donal O'Dwyer MVB MRCVS, Patrick Jones MVB MRCVS & Associates

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***The only 24/7 emergency on call vet service located in Maynooth
(Restricted to registered clients)***



NUTRITION

Dogs and cats are what they eat! Dogs on a healthy diet have good coats, good energy and good digestion. Pets and human requirements are totally different. A good quality food is a balanced diet containing all the nutrient and vitamin requirement.

There are six groups:

- Proteins - Help maintain bones, tissues, muscle, hair and nails
- Fats - Main source of energy for dogs. Required for healthy skin, coat and other tissues
- Carbohydrates - Along with proteins and fats they are a major nutrient in foods and a source of energy. They include sugars and fibers.
- Vitamins and Minerals
- Fatty Acids - essential and non-essential variety. Essential fatty acids have to be supplied in the diet. Dogs on a low quality diet may not have sufficient omega 3 and 6 unsaturated fatty acids which have a positive affect on the quality of the coat, skin and immune system.



Fresh clean water should always be available.

Feeding Requirement

Nutrition plays a vital role in your pets development from puppy/kitten stage to adult and senior. When your puppy arrives in your home it is important that it does not miss a meal so keeping it on whatever diet the Breeder had it on is important. If you wish to switch to some other brand of food, add small quantities of the new food to his original food, increasing the portions of the new food until pup is weaned off his old diet. From 3 – 6 months, feed 3 meals daily. At 6 months 2 meals is sufficient. Fresh water is always vital to aid digestion and help to regulate body temperature. From 1 year on you can feed your dog once a day, generally in the evening, or you could feed this meal in two equal portions, morning and evening. This can help in two ways. It can help to prevent boredom and digestive problems. Bigger dogs generally swallow their food down quickly and this can cause colic and bloat which can be fatal! So feeding twice daily can reduce this risk.

Smaller dogs reach their maturity quicker than larger breeds. Large breeds of dogs can suffer bone abnormalities and this risk can be increased by over feeding puppies at an early stage. Also all reputable diets are formulated with sufficient vitamins and minerals so feeding supplements can be ill advised.

In our Clinics we stock Hills Prescription Foods, Burns and a new brand Calibra. Calibra is a high quality hypoallergenic brand with chicken meat, salmon meat and oil containing omega 3 and 6 unsaturated fatty acids which give a high quality texture to the skin. It is very palatable and helps to prevent flatulence in your dog! Most of all it is competitively priced.



**For any advice on your pets diet give us a ring at Maynooth Veterinary
Clinic 01 6289467 or Clane Veterinary Clinic 045 982763.**



MAYNOOTH TAEKWON-DO SCHOOL



Maynooth Taekwon-Do
School offers classes for children, teens and adults. We are now enrolling for our Beginners classes starting in September. New students can avail of a special offer of €99 for one month's training, membership to the National Association plus a Training Suit if they join in September.





Tuesday: 6.30-8.30pm in The Presentation Girls School, Maynooth
Friday: 6.30-7.30pm in St. Marys Boys National School, Maynooth

Contact Stephen on 0876986491 or email info@maynoothtaekwondo.com.
Facebook: MaynoothTaekwonDo



*"I'm proud of the way I feel now
and the way I am so agile and so flexible.
I don't feel that I'm 72 years of age."*

Mario, age 72
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- 30-minute workout
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*Offer based on first visit enrollment, minimum 12 month membership. New members only. Not valid with any other offer. Valid only at participating locations from 1st September 2016 to 31st October 2016.



Mc Mahon's Main Street Maynooth



Phone: 01-6291568 - e-mail: info@mcmahonsbar.com

Light Entertainment Every Weekend

Friday night Music in Bar 9pm

Saturday night Music in Lounge 9pm

**Food
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**Sunday Evening
Session
6pm - 8.30pm**

A man with a beard and headphones is running a dog in a park. The man is wearing a grey hoodie and black pants, and the dog is a white and brown pit bull. They are running on a grassy path with trees in the background.

YOU GET BUSY LIVING

WE'LL GET BUSY INVESTING

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To get started on your investment journey with us, book an appointment with our Investment Experts, Michael and Margaret in **KBC Maynooth**. We're open late on Thursday and on Saturdays too!



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THE BANK OF YOU 



Craobh Mhaigh Nuad

August is the time of year, when we look forward to the coming terms in 2016 and into 2017. The Craobh is entering into its fifth year and is going from strength to strength. The playing of our members is developing at an incredible rate and from tentative beginnings a couple of short years ago, they're now delighted to strut their stuff at any opportunity.

Saturday 13th saw the Craobh perform at the sponsored cycle for Mark Nugent. We were privileged to contribute to this worthy cause, which was very successful from a fund-raising perspective, but was a manifestation of the esteem in which Mark is held by the community in Maynooth and also the wider cycling and GAA fraternity.

A fantastic 2 hours of music was served up by the Craobh in collaboration with many of the "veteran" players of the Newtown Inn session, held on Thursdays.

The annual Fleadh Cheoil na hÉireann was held this year in Ennis from 14th to 21st Aug and many musicians from North Kildare headed for the competitions, the street music and the sessions held in every free, dry corner of the town. The Fleadh in Sligo in 2014 and 2015 saw 400,000 visitors over the course of a week, making it the largest music festival in the world and the centrepiece of the Comhaltas calendar.

Many consider Comhaltas to be one of Ireland's most successful cultural groups, having trained generations of Irish to study, perform, promote and preserve that central element of traditional Irish culture, namely its music. Tens of thousands of youngsters have learned to play music on traditional instruments, while over two

million people attend the sessions, concerts, festivals and workshops sponsored by Comhaltas annually.

Looking at this autumn, we would love you to think about taking up an instrument yourself.

Our branch has beginners and improvers across backgrounds, so if you've always had an ambition to play music, but thought it might be too late...don't worry, it isn't; learning an instrument is a fantastic journey that it is never too late to embark upon.

Kids are in a great phase of life to learn about music and we're always pleased to add new junior members to add to the fantastic bunch we've had with us for the last number of years. Our youngest members start from about 7 or 8, but, as with adults, it's never too late to join up. We are a totally inclusive organisation, and new members are always welcome – young and old.

Registration for the 2016/2017 Comhaltas year will take place on 7th September with classes running from 14th September. Classes are 40 minutes long, are graded according to ability, and take place from 7pm to 9.40pm in Maynooth Post Primary School. Bigi linn!!!

Sessions will continue all over the town, as before, in Brady's, McMahon's, the Newtown Inn and the Roost, so plenty of opportunities for enjoying our traditional music locally. More updates on Facebook, Twitter and our website

www.facebook.com/ccemaighnuad

www.twitter.com/CCEMaighNuad

www.ccemaighnuad.com

Committee Craobh Mhaigh Nuad CCE

A Tree-loving Family's Legacy

On a recent visit to the Botanic Gardens we saw a beautiful poster of trees and were informed that they were growing in Kilmacurragh. This was the first we had heard of this magnificent arboretum. Located in east Co. Wicklow, between Kilbride and Rathdrum, Kilmacurragh is now part of the National Botanic Gardens of Ireland. Without a car, the place is hard to reach but is well worth the effort.

Kilmacurragh has been inhabited since the seventh century when St. Mochorog established a hermitage there. An Abbey was then built on the site and was used as a resting place by pilgrims on their way to Glendalough. It survived until the dissolution of the monasteries in the sixteenth century and then, in the seventeenth century, Thomas Acton was reportedly given the land instead of wages for services to Oliver Cromwell. His son, also named Thomas, tore down the Abbey in 1697 and, using its materials, erected one of the first unfortified mansions of the time. Sir William Robinson, who designed the Royal Hospital in Kilmainham, was the architect. It was during this period that the house was enhanced by a formal Dutch-style landscape with canals, great avenues and a forty-acre Deer Park, which was popular in those days. A pond, originally used to provide the monks with carp, was also improved.

Trees continued to play an important part in the family's life when, in 1736, a two-mile long beech avenue was planted to celebrate the marriage of Thomas' son William to Jane Parsons of Birr Castle. William and Jane's eldest son, Thomas, who inherited the estate, purchased rare and exotic trees with money obtained by selling timber from his woodlands. In 1818, Thomas's son, William, married his cousin Caroline Walker, who had a passion for flowers and wildlife, which she passed on to her children.

The gardens were transformed when William and Caroline's son, yet another Thomas, and his sister,

Janet, took over the estate in 1854. Both were keen travellers and frequently went on plant hunting expeditions, even trekking by pony through California's Yosemite Valley. They also had connections with botanic gardens and nurseries around the world. Common yews were planted along what had been 'The Monks' Walk' but, unfortunately, many of these are now infected with a disease for which there is no suitable cure. A Boardwalk lined with crimson-flowered rhododendrons was created. This was wide enough for two women in crinolines accompanied by two men to stroll down. On our visit, the blooms had disappeared but we were told that as the colourful petals fall to the ground, they create what appears to be a floral carpet.

The Actons' friendship with Dr. David Moore, curator of what was then the Royal Botanic Gardens in Glasnevin, and, later, with the next curator, his son Frederick Moore, provided them with advice and a supply of wild-sourced material. David Moore had tried unsuccessfully to grow many of his southern hemisphere conifers in Glasnevin but found that they flourished in Kilmacurragh's mild, moist climate and acidic brown earth. It was thanks to David that Sir Joseph Hooker, the renowned British botanist and Charles Darwin's closest friend, gave his specimens from the Sikkim Himalayas to Kilmacurragh, where they formed the most complete collection of rhododendrons in Europe.

Thomas kept detailed records of his plants' successes, many of these being cultivated outdoors for the first time in the British Isles. He died in 1908 without an heir. With the subsequent deaths of his two male successors, and many of Kilmacurragh's gardeners during World War I, as well as death duties imposed on the family, the financial pressures forced the Actons to leave. The land and house were then leased for use as a hotel. In 1933, on the death of Isabel, wife of the last Acton brother, Major Reginald, killed in Ypres in 1916, their son, Charles inherited the estate. Charles' passion was music and

he became The Irish Times' music critic in 1955. During this period the gardens became extremely neglected and, in 1974, the Land Commission acquired Kilmacurragh. In 1978 restoration work began on the house but, unfortunately, two accidental fires destroyed much of its roof and interior. From an original area of over five thousand acres, fifty-two acres of the old demesne officially became part of the National Botanic Gardens of Ireland in 1996.

Today the gardens, which have trees so rare that they may be some of the only examples growing in Europe, are divided into three areas: Chinese, where we saw a specimen like the original tea tree from China; Himalayan, which has many varieties of the wild-origin rhododendrons discovered by Victorian plant hunters, and a Chilean area. In the latter we saw the Chilean laurel, one of many Champion Trees that Kilmacurragh owns; 'Champion Trees' are the tallest, oldest or biggest in Ireland. Our guide told us, this laurel is 'a very handsome tree' and asked us to smell some fallen golden leaves, which had a lovely scent. We also saw a recently discovered conifer from Australia, which was thought to be extinct and was only identified from fossils of its leaves.

Other attractions include a wildflower meadow with over ninety different species and a forty-five metre double herbaceous border. Here we saw massive Himalayan lilies, which were raised from seeds and have enormous white trumpets that only last for eight days. There are also two metre high echium plants with cylindrical shaped blue flowers. The latter are now getting rare in their native Canary Islands.

It is hoped that, one day, Kilmacurragh's house will be re-roofed to give additional space for functions. In the meantime, President Higgins and his wife, Sabina, opened new tearooms last May. This building has been named the Acton Café in memory of the family who had such a great love for trees.

By Cheryl Devaney

Editorial

With the evenings closing in we are more aware that we are in the latter part of the year. Of course for many of us September is the start of the year, of course I mean the academic year. For some readers, those coming to start their university education in Maynooth it is a new chapter in your lives. You are welcome to Maynooth and I hope that you have many fruitful years here. For many of us our "college years" are the most memorable, but of course it is possible to have great fun as well as respecting your neighbours as well as the town generally. Maynooth will be your home from home for the coming years so be proud of it too.

Another school year begins for all the children and young adults attending local schools. For those making the jump from primary to post-primary, you also begin a new adventure. The plans to put ten new prefabricated classrooms on the Maynooth Education Campus site should be welcomed and criticised. The replacement two school campus further up the Moyglare Road should be well progressed by now but is still in the tender pricing stage. The provision of ten more classrooms on the existing site is raising some concerns about the timescale for the delivery of the two new schools. I know that a number of parents who need post-primary places in the next couple of years are thinking about post-primary options elsewhere because of the delay with these schools. Parents need to keep the pressure on to ensure that these new schools are delivered as soon as possible.

Aside from formal education there are a wealth of less formal lifelong learning courses and you should check out the Kildare Wicklow Education and Training Board for courses in Maynooth and adjoining towns. There are a limited number of courses also available in Maynooth University covering a range of areas of education. If you want social activities you should check out the details of many such activities in the diary section of this newspaper. And of course my "hobby horse" you do worse than look into joining many of the local community groups in Maynooth.

Speaking of community groups, the recent fund raising cycle event for the Mark Nugent Fund was yet another example of many community groups coming together to support a good cause. I will not mention individual groups because I run the risk of leaving somebody out, but it was clear that there is massive goodwill in our community. Of course the Nugent and Nevin families are well known in Maynooth but I expect that even they were very surprised with the support.

The fundraising event in August for Mark Nugent was a cycling event and it consequently brought out almost every cyclist in Maynooth, it is a pity that Kildare County Council does not recognise the need to improve dedicated cycling infrastructure in Maynooth. One new example of this failure is the fact that the new footpath from the Rockfield Estate to the Maynooth Educate Together National School on the Celbridge Road does not cater for cyclists. Both Educate Together and the Gaelscoil schools are on their permanent sites and we should encourage cycling to school. The exclusion of full cycling facilities here is a missed opportunity.

Lastly September has always had a celebration in Irish history with the harvest being celebrated in ancient times. In recent years a number of events have taken place in September to celebrate different things. One of the best known was Arthur's Day by Guinness but this was owned by the marketing people so was a failure and was discontinued. Culture Night is on Friday night September 15th and is being celebrated throughout the country. Many events are planned for Maynooth including a number in Maynooth University. For events in Kildare that are advertised on the culture night website follow this link for Kildare and Maynooth based events. http://www.culturenight.ie/tax_regional_events/kildare/

Paul Croghan



North Kildare RFC 2016/17 Season



North Kildare Rugby is holding
registration open day on the
17th September from 10:30 – 12:30 in the Club.

Anybody who Registers and Pays before the end of October will be entered into a draw for 2 x Ireland V New Zealand tickets for 19th November 2016.

We are always looking for new players from U7 to Senior. This season coming we are setting up an U20's team and are actively looking for those born after 01/07/1996.

We are looking to establish a girls U15 & U18 & ladies teams.

Interested in any of these?

Senior Training will be Tuesday and Thursday
Youth & Minis on Wednesday 7:00 pm
Youth Development Officer - Niall McCann 087-7593854
Coordinators: Kerry 0879878811 & Des 087 8513828

www.northkildarerfc.com

Tel: 01-6103909

Flower Arranging Classes



**Begins Monday
26th September 2016**

**Eve Larine Day Centre
Maynooth**

Time: 10am - 12pm

**5 weeks beginner/
intermediate course €60**

**Qualified Teacher and
Demonstrator**

Contact:



**Maureen Fagan at:
0851434913**

Refreshments Supplied



**ACOL House Bridge Centre
Maynooth**

**Bridge Classes for Beginners
Start Monday Morning
12th September 2016**

Time: 10am - 12 noon

Phone: Liz: 0872578526

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you for many favours. This time I ask you for this special one, (mention here). Take it dear Heart of Jesus and place it within your own broken Heart where your father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen
Say this prayer for three days. Promise publication and prayer and favour will be granted, no matter how impossible.

**Never known to fail.
Thanksgiving for favour received. RD**

Maynooth Labour News

Cllr. John McGinley can be contacted at: - 6285293 or 087 9890645 - E mail jmcginley@eircom.net - Web: www.labour.ie/johnmcginley/

Cllr. McGinley Condemns the Governments Proposal on Sending Planning Applications for Housing Estates Directly to An Bord Pleanala

Cllr. McGinley submitted the following motion for the consideration of the July meeting of Kildare County Council:

“That this Council condemns the Governments proposal that planning applications for housing estates of more than 100 houses would go straight to An Bord Pleanala.”

In proposing the Motion Cllr. McGinley made the following points:

“All Planning Applications for housing estates in Kildare go to the Council for approval at present. The Governments proposal means that all Planning Applications for estates of more than 100 houses would go directly to An Bord Pleanala.

Planning Applications with Kildare County Council can be viewed on the Councils web site. This is not the case with An Bord Pleanala, which will make it very difficult for the public to view plans.

Planning is not to blame for the housing crisis. This proposed measure of the Government wrongly suggests that planning delays at local authority level were the reason for the housing crisis.

It is ridiculous to say that the 8-12 week period for council approval of planning permission is the cause of 100,000 shortfall in housing needs. The Government is seeking to fulfil the wishes of the mandarins in the Department of Housing and Local Government who are directly responsible for delays of years, not weeks, in delivering housing and who exercise more power in an incompetent and arrogant fashion.

It will further erode what little powers are left with local government as well as tightening the screw yet again on public participation in the planning process.

It will be very bad for proper planning as County Development Plans and Local Area Plans will be ignored. Land would not even need to be zoned for housing for such a proposal to be considered, and even approved, by An Bord Pleanala.

The Irish Planning Institute has opposed the proposal as has the Irish Times in an Editorial”.

At the meeting the Council’s Senior Planner said that he was against the Governments proposal as it would be very bad for proper planning.

The Council agreed to write to the Minister outlining our views on the governments proposal.

Planning Permission Sought for a 2 Storey, Pre-Fab, with 10 Classrooms at Maynooth Post Primary School

The Kildare and Wicklow Educational and Training Board (KWETB) has applied for Planning Permission for a 2 storey pre-fab of 10 classrooms at Maynooth Post Primary School on 4 August.

13 Contractors Express Interest in Maynooth Education Campus Construction

Kildare North Labour Representative Emmet Stagg has welcomed the fact that 13 Contractors have expressed their interest in tendering for the construction of the Maynooth Education Campus by the closing date of July 19th. Mr. Stagg said the Maynooth Education Campus Project involves the construction of two new Post Primary Schools and a Shared Sports Facility at an estimated value of €30 Million and the envisaged construction period is 24 months.

Contractors who are deemed suitable for the Construction Project will be issued with invitations to tender for the contract on 9th September.

In more good news all of the technical issues arising from the previous tendering of the project have been resolved between the Design Team and Departmental Officials. Furthermore Kildare and Wicklow Education and Training Board have all but cleared all of the planning conditions with Kildare Co. Council with one matter outstanding which is expected to be finalised shortly.

Welcoming continuing progress on the re-tendering of the project Mr. Stagg concluded by stating that he was pleased that the project was now firmly back on track.

Cllr. John McGinley wants Kildare County Council to Seek Government Funding for the Completion of the ring road from Straffan Road to Blacklion:

Cllr. John McGinley submitted the following motion for the consideration of the Maynooth MD meeting on 14 September:

“That Kildare County Council look for Infrastructural Funding from the Government for the ring road from Blacklion to the Celbridge Road and from the Celbridge Road to the Straffan Road, Maynooth, in order to allow the development of sites at Dunboyne Road and Old Greenfield (Dublin City Council has already sought €80m for such Infrastructural Funding).

Cllr. McGinley Calls on the Council to Repair the road at the Straffan Road/Glenroyal Junction:

Cllr. John McGinley submitted the following motion for the consideration of the Maynooth MD meeting on 14 September:

“When will road works be carried out at the Straffan Road/Glenroyal Junction? (The road is collapsing at the pedestrian crossings)?”

Cllr. McGinley Calls for Preventative Measures to Stop Caravans from Parking at the Entrance to The Harbour, Maynooth:

Cllr. John McGinley submitted the following motion for the consideration of the Maynooth MD meeting on 14 September:

“What preventative measures are Kildare County Council and Waterways Ireland taking to prevent the parking of caravans at the entrance to the Harbour, Maynooth?”

Footpath from Rockfield to the Educate Together School Now in Place

Cllr. McGinley would like to thank Jonathan Deane, the Maynooth Municipal Engineer, for being true to his word and completing the footpath to the Educate Together School in August.

The provision of the new footpath is a result of prolonged representations by Cllr. McGinley and it greatly improves safety for the school children.

Dublin Bus to Re-erect the Bus Stop Outside McMahons on Main Street

The Maynooth Municipal District Engineer has advised Cllr. John McGinley that the replacement of the bus stop at McMahons, is on the works schedule for Dublin Bus.

Cllr. John McGinley’s Call for the Demolition of the Roofless Hut in the field opposite Dunnes Stores Succeeds:

Cllr. McGinley would like to thank the owners of the property next to the Church for agreeing to his request to demolish the derelict hut in the field.



Maynooth Senior Citizens Committee

Well it’s Autumn again and how quickly the Summer passes or should I say what passes as Summer! I hope everyone enjoyed their break and is ready to face the next 114 days, at least. Why that number I hear you ask, shopping days to Christmas of course, and while I’m at it, there are 80 days to our Sale of Work. Now don’t you feel better already ?

Our morning club will reopen on Tuesday Sept. 6th and all Senior Citizens in Maynooth and Hinterland are welcome. Whether you live in Maynooth on a temporary or permanent basis why not come along you might enjoy the experience. You will find us in the Geraldine Hall (Scouts’ Den) on Leinster Street, Tuesdays and Thursdays from 10.30 – 12.30. Our committee meeting will also take place on Tuesday Sept. 6th at 8pm.

Our Halloween Tea-Dance is coming up on Oct. 16th at 3pm in the GAA club house, Moyglare Road. All our Tea-Dances take place on the third Sunday of each Month and as usual we welcome all Senior Citizens from the surrounding

areas and beyond. The Tony Smith Memorial Walk which usually takes place at this time will not now be held until February.

Finally, this is the time of year when we look at safety and security for our older people, particularly those living alone, in preparation for the Winter months. Those who visit older people in their homes ie family, home help etc, might ensure that they use a spark guard on an open fire and that smoke alarms and door chains actually work. Chimneys and flues should be kept clean as otherwise they can present a real danger. Those who have a personal alarm have it for a reason and therefore it should be tested regularly to ensure that it is in good working order should an emergency arise. The pendant (panic button) should be worn at all times. Continuing on the safety theme we will be launching our Carbon Monoxide alarms project in the next few weeks to raise awareness of the danger of Carbon Monoxide poisoning. Of course our regular advice which applies all year around is, make sure you know the caller before you open your door. If in doubt, check them out.

Josephine Moore.
Chairperson

KNOW YOUR RIGHTS

Citizens Information Centre, Dublin Road, Maynooth

Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public.

Information is also available online at www.citizensinformation.ie and from the Citizens Information Phone Service - 0761 07 4000 or Lo-call 1890777121

Part-time work and social welfare payments

Question

I'm working part-time on a low wage. Do I qualify for any social welfare payments?

Answer

It depends on your personal circumstances. Many people work part time before taking up full-time employment. If you are working part time you can, in some cases, keep or apply for a partial social welfare payment, or you may qualify for additional supports. If you work over 38 hours in a fortnight and you have children you may be able to claim Family Income Supplement (FIS). FIS is a weekly tax-free payment for people on low pay. You may be able to claim a jobseeker's payment for the days you are not working. You can work part-time for up to 3 days a week and claim a reduced Jobseeker's Benefit or Jobseeker's Allowance payment. You may qualify for the Part-time Job Incentive Scheme if you were getting Jobseeker's Allowance and find part-time work for less than 24 hours per week.

However, one of the main conditions for getting a jobseeker's payment is that you must be available for and actively seeking work. This means that you must continue to look for work on the days you are unemployed. You must also be unemployed for at least 4 days out of 7 consecutive days.

If you return to work after a period of unemployment, you may qualify for the Back to Work Family Dividend (BTWFD) which aims to help families move from social welfare into employment. The BTWFD and FIS can be paid together and the BTWFD is not taken into account in the means test for FIS.

If you are parenting alone and getting a One-Parent Family Payment, you are allowed to earn a certain amount each week and keep your payment. In some cases, people getting disability payments can do some work and keep a social welfare payment.

GP services with medical card

Question

I have a medical card but my doctor has recently charged me for a medical certificate and for a blood test? Should I have to pay for these or should they be covered by the medical card?

Answer

Doctors provide services to medical card holders under the General Medical Scheme (GMS). This means that they have a contract for these services with the Health Service Executive (HSE). The services provided include consultations with patients and

necessary treatments that would normally be provided by a general practitioner (GP). GPs also provide prescriptions for drugs, medicines and appliances as required.

Not all GP services are covered under the agreement. For example, if you need a medical report for a driving licence application you may be charged. You may also be charged for medical certificates for absence from work. If you need a medical report to apply for a social welfare payment, the Department of Social Protection may cover the fee.

If you have a medical card or a GP visit card and you need a blood test to diagnose or monitor a condition, this should be provided free of charge. If you have been charged for a blood test by your doctor, you can complain to the HSE. The HSE deals with these complaints on a case by case basis and will arrange for a refund, where appropriate. You make a complaint by contacting your Local Health Office.

Back to School Clothing and Footwear Allowance

Question

What is the Back to School Clothing and Footwear Allowance?

Answer

The Back to School Clothing and Footwear Allowance (BSCFA) helps you meet the cost of uniforms and footwear for children going to school. You must be getting a social welfare payment or taking part in a training, employment or adult education scheme. In general, you must be getting an Increase for a Qualified Child with your payment.

Your children must be aged between 4 and 22 on or before 30 September 2016. If they are aged between 18 and 22, they must be in full-time second-level education in a recognised school or college. Also, your total family income must be below a certain level for your family size. The allowance is €100 for eligible children aged between 4 and 11 and €200 for those aged between 12 and 22.

The scheme is open from 1 June to 30 September 2016. The Department of Social Protection pays BSCFA automatically to many customers. This means that they do not have to apply for the payment. If you qualify automatically, you should receive a letter stating when and how your Allowance will be paid.

If you do not get an automatic payment you must apply for the Allowance. If any of your children are aged 18 or over, you must apply for the Allowance for them and supply evidence that they are in second-level

education (even if automatic payments have issued for other children in the family).

You can get application forms in all local social welfare offices and Intreo centres, and on the Department's website, welfare.ie. When a decision has been made on your application, you will get a letter informing you of this and whether a payment has been awarded. If your application has been successful, you will also be told when and where you can collect the payment. If the Allowance is refused, you can ask for a review of the decision.

The National Flag

Question

What are the rules around using the national flag. Is it true that you can't write on it?

Answer

The National Flag of Ireland is often referred to as the tricolour and consists of three colours – green, white and orange. It was adopted as the flag of the Irish Free State in 1922. It was formally confirmed as the National Flag in the 1937 Constitution:

"The national flag is the tricolour of green, white and orange."

Article 7: Bunreacht na hÉireann.

As part of the 1916 commemorations, the national flag was presented to every primary and post-primary school in the State. Along with the flag, schools received a copy of the 1916 Proclamation as Gaeilge and in English, and a booklet detailing the guidelines for respecting the flag.

These guidelines are issued by the Department of the Taoiseach and give extensive information about when the flag can be flown and how it should be used. For example, no other flag or pennant should be flown above it when it is being flown in Ireland. Care must also be taken not to let the flag touch the ground or become entangled with trees.

The flag should never be defaced by placing slogans, logos, lettering or pictures of any kind on it, for example, at sporting events and it should not be draped on cars, trains, boats or other modes of transport. It should not be carried flat, except when used to drape a coffin. The rules also say the national flag should be replaced if it has become worn or frayed, as it is no longer fit for display in a respectful manner. The same principles apply if the flag is reproduced in printed or electronic format.

However, these guidelines are not statutory guidelines. In other words, there are no laws setting out the rules around use of the flag. This means that there are no penalties for anyone who does not follow the guidelines.



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**The Copy Date for the October Edition of the
Maynooth Newsletter is Tuesday 20th September**



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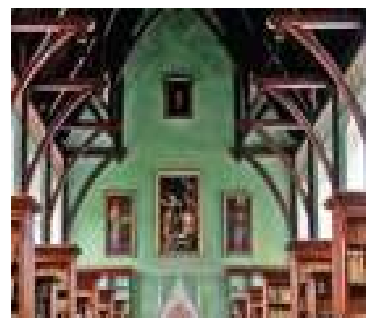
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WHEN: Friday 18 September 2016
TIME: 15.00-19.00 Last tour starting at 18.00



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Maynooth Newsletter

Copy date for the October edition of the Maynooth
Newsletter will be Tuesday 20th September 2016



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Maynooth 15

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Maynooth Heritage Week 2016
Sunday 21st August
The Maynooth 15
“Walk in their Footsteps”

A Family Walk took place from Maynooth Town Square to Louisa Bridge, Leixlip, (approx.5k) on Sunday 21st August in memory of the Maynooth 15 who made this journey over 100 years ago. Irish Rail kindly gave free passage back to Maynooth from Louisa Bridge. On their return to the Scouts Den in Maynooth, certificates were presented to everyone who took part in the walk along with refreshments for the children, tea & coffee. A good day had by all.





Maynooth

TidyTowns
Caring for our environment

At the time of writing we are anxiously awaiting the Supervalu National Tidy Towns results for 2016. The results are due to be announced at the end of September.

We thank all members of the Maynooth Tidy Towns team and all other members of the community who helped with our campaign to beautify and keep Maynooth tidy during 2016. Earlier in the year we had our very successful WEEE Ireland recycling day, people have enquired about hazardous products and how to dispose of same. Please check our Facebook page nearer 17th September for exact location in Intel.

In the absence of a Civic Amenity Centre (large recycling facility) in the north of the county, the Environmental Section of KCC are organising a one-day collection point for household hazardous waste on Saturday September 17th in Intel. This is only for householders and covers the usual household hazardous waste: out of date medicines, solvents, oil paint, pesticides etc. It will be advertised nearer the date. It should be noted that emulsion paint (ceiling and wall paint) is NOT hazardous and should be disposed of in your residual (refuse) bin. This is because the weight of this paint constitutes a huge part of the overall cost and reduces KCC ability to hold similar future events.

A number of people have commented favourably about the Sunflowers opposite the Glenroyal Hotel. These flowers are sponsored and planted by the Maynooth Flower and Garden Club. Despite the weather on Saturday 20th August Maynooth Tidy Towns held its annual Barbecue hosted by the Kavanagh family. All who attended enjoyed the food sponsored by Eddie Casey of Supervalu and a great time was had by all.

Once again we appeal for volunteers to help with our work on Wednesday, Saturday or Sunday. Richard Farrell - PRO Maynooth Tidy Towns - 087 3153189 Follow us on Facebook

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Throwing out the tunes at P in the Park



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all in all



P would like to Thank N.C.S. Auto Parts, Norman and Patricia Kavanagh for the use of the marquee, Fergal O'Keeffe, Manor Cabs, Maynooth Jewellers and Michael McCarthy.
Same again in 2017.
P. JAH Guide.

Ice Cold Frosty, and
Crazy Cormy

Freshly baked every day at Shoda Market Café

The recently opened café located at the Glenroyal Hotel is continuing to broaden its services and now offers freshly baked breads and pastries for you to purchase and enjoy at home.

We previously introduced the brand new lifestyle café in Maynooth Shoda Market Café to you and informed you of what the café was offering to the town that sets them apart from everywhere else. We want to keep you up to date with the growing plans for the café and what you can expect to see within their doors in the coming weeks.

Shoda Market Café have welcomed Kastriot as their newest team member who is the hands behind all the bread and pastries baked in the Shoda kitchen on a daily basis. With over 15 years' experience as a baker he is passionate about producing naturally delicious and freshly baked goods for everyone who chooses to dine at Shoda to enjoy. Using all natural ingredients all the goods in Shoda Market Café are guaranteed to be free from preservatives and additives.

Unlike other cafés everything served at Shoda is made on-site from scratch every morning. The bread for your sandwiches, the complimentary biscuit with your coffee, the pastry encasing their gourmet sausage rolls and the scones and cakes. Everything is cooked from scratch on a daily basis to ensure you as a customer receive premium quality goods at a competitive price.

From the Shoda Bakery you can enjoy the staple fresh white bread, brown soda, a mixed seed loaf, baguettes, cheese and onion bread and much more to come. The pastry range is continuing to expand with their carrot cake, caramel slices, cheesecake, croissants and rocky road coming in as firm favourites already.

The ethos of Shoda Market Café is based around using fresh seasonal ingredients in all their food. Using local suppliers allows them to do this by getting the freshest of ingredients delivered daily which you can undoubtedly taste in every bite regardless of what you order.

Open daily from 8am to 6pm be sure to pop in and try out their changing menu and keep an eye on the soon to open retail space which will offer quality Irish craft items from suppliers including Brooke & Shoals and Kiltrea Pottery.

shoda

MARKET CAFE



at Glenroyal Hotel

OPEN: Monday-Friday 8am-6pm

Saturday-Sunday 9am-6pm



Maynooth History Group Walk in Carton House Sunday 21st August 2016

The Maynooth History Group met on Sunday 21st August and had a very interesting walk around Carton House. Much to everyone's delight the Duke and Duchess of Leinster joined them on the walk and visited the memorial to Thomas their son (Earl of Offaly) who died so young in 1997. The Duke and Duchess thanked the Maynooth Community Council for the bouquet of flowers laid at the memorial.

Bottom Right picture: Des Galvin, Curator Carton House, with the Duke and Duchess of Leinster. (Photos & Photo Montage Courtesy of John Boyd)



Maynooth Monthly Diary Planner

Irish Girl Guides	Community Library	Bridge Club
<p>Meetings Tuesday evening in Maynooth.</p> <p>For further information contact Jackie on 0894298061 or visit the Irish Girl Guides website www.irishgirlguides.ie</p>	<p>Opening Times</p> <p>Mondays & Fridays 2pm to 5pm</p> <p>Tuesdays & Thursdays 1pm to 8pm</p> <p>Wednesday 9.30am to 1pm & 2pm to 5pm</p> <p>Sat 9.30am to 1pm</p>	<p>Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com. Contact Katherine Cooney 086 8205910</p>
I.C.A.	MAYNOOTH LOCAL HISTORY GROUP	Arthritis Ireland
<p>Monthly meetings take place every 1st Thursday of the month at 8.00pm in the I.C.A. Hall in the Harbour.</p> <p>Crafts every Monday night at 8.00pm.</p> <p>New members welcome</p>	<p>Maynooth Local History Group Meets Last Thursday of each Month in the Maynooth Community Council Office (Next to the Post Office)</p> <p>New Members Welcome</p> <p>Contact: MCC Office for more details</p>	<p>Arthritis Ireland Walking Group (Maynooth)</p> <p>Group will re-commence on Monday 5th Sept 12 - 2pm in the Maynooth Community Space</p>
University of Third Age (U3A)	Maynooth Parent & Toddler Group	Maynooth Men's Sheds
<p>Weekly meetings on Friday at 11am in Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth</p> <p>New Members Welcome</p>	<p>Every Thursday from 10.00am to 12.00pm</p> <p>Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth</p>	<p>Weekly meetings take place every Wednesday at 11.am at the Garden Centre Dublin Road Maynooth.</p> <p>For further details contact John Fleming - 087 2041334</p>
Maynooth Tidy Towns	ALZHEIMER CAFÉ LEIXLIP	Maynooth Community Church
<p>Volunteers required to help with this work.</p> <p>Contact Number</p> <p>087 3153189</p>	<p>Informal café atmosphere for people with Dementia & their partners family & friends. Free of charge. Venue Ryevale Nursing Home. Every second Wednesday of each month 7-9pm. Call 0894933533</p> <p>Email: alzheimercafeleixlip@gmail.ie</p> <p>www.alzheimercafeleixlip.com</p>	<p>1st Floor Manor Mills (entrance next to Chill)</p> <p>Service times every Sunday morning from 10.30 am</p> <p>www.maynoothcc.org</p> <p>Everyone most welcome</p>
Maynooth Senior Citizens	Craobh Mhaigh Nuad C.C.E.	ST MARY'S BRASS & REED BAND
<p>Our morning club continues on Tuesday and Thursday and new members are always welcome. Perhaps you are new to the parish or new to the age bracket, why not come along you might enjoy it. You will find us in the Geraldine Hall on Leinster St, or contact Josephine on 087 9002296.</p>	<p>Comhaltas Registration for 2016/2017 will be held on 7th September. Contact Sean at 086 2225540 or email craobhmaighnuad@gmail.com.</p> <p>Classes resume on Wednesday 14th September from 7pm to 9.30pm in Maynooth Post Primary School, Moyglare Road.</p>	<p>Rehearsals are held in the Band Hall on Pound Lane each Monday night (except Bank Holidays) from 7.45pm to 9.30pm and musicians living in Maynooth and the surrounding areas are most welcome.</p> <p>E-mail: sec@stmarysbandmaynooth.ie</p> <p>Website: www.stmarysbandmaynooth.ie</p>
<p>Diary entries are published free of charge for all Community Groups. E-mail details of your event before the copy date (2nd last Tuesday of each month) to be included in the next months edition. E-mail: office@maynoothcc.com. Phone: 01-6285922</p> <p><i>(The content of the Monthly Planner Dairy is published in good faith. All details should be checked with groups)</i></p>		

Difficult

3								
		1	9			4		
	7	4	6		3		5	2
					2	9	8	
	4						6	
	6	3	4					
1	9		8		5	2	4	
		6			1	5		
								7

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to
Maynooth Newsletter
Unit 5 Tesco S/C Maynooth

Collect prize from Newsletter Office

Sudoku Challenge

Entries must arrive before:
20th September 2016



**Congratulations to
August Winner:
Lyndsey Gallagher
13 Meadowbrook Crescent
Maynooth**

Prize winners will have 30 days to claim their prize from the time the results are made public.

Super Difficult

7								
			7			8		
1			3		5		7	2
5		9	2			6		
		1	8		7	9		
		4			3	5		7
2	4		5		6			3
		5			2			
								6

Name: _____

Address: _____

Phone: _____

Kildare Planning Applications for Maynooth Area

From 21/07/2016 to 16/08/2016 - Information from Kildare County Council Website

App. Num	Authority	Applicant Name	Development Address	Application Date
16867	Kildare County Council	Electricity Supply Board	Hayfield, Straffan Road, Maynooth	16/08/2016
16863	Kildare County Council	Donal & Laura O'Leary	16 Temple Wood, Carton Demense, Maynooth	15/08/2016
16854	Kildare County Council	Aldi Stores (Ireland) Limited,	Aldi Discount Foodstore, Maynooth Road, Celbridge	12/08/2016
16849	Kildare County Council	Kildare Wicklow Education and Training Board,	Maynooth Post Primary Sch, Moyglare Road, Maynooth	11/08/2016
16825	Kildare County Council	Derrinstown Stud Limited	Cowanstown Gate Lodge, Cowanstown, Maynooth	05/08/2016
16827	Kildare County Council	Fiona McEvoy,	9 Temple Wood, Carton Demesne, Maynooth	05/08/2016
16820	Kildare County Council	Kildare and Wicklow Education and Training Board	Moyglare Road, Maynooth, Co. Kildare	04/08/2016
16806	Kildare County Council	Aine Daly	Laragh Demesne, Maynooth, Co. Kildare	29/07/2016
16807	Kildare County Council	Faynon Ltd	Carton Retail Park, Dublin Road, Maynooth	29/07/2016
16801	Kildare County Council	Rodisca Turcanu,	Tudor House, Greenfield, Maynooth	28/07/2016
16791	Kildare County Council	Maynooth University	Maynooth University, North Campus, Maynooth	26/07/2016
16782	Kildare County Council	Tim Bracken	Laragh Demesne, Maynooth, Co. Kildare.	22/07/2016
16783	Kildare County Council	Patricia Walsh,	1 Meadowbrook Drive, Maynooth, Co. Kildare.	21/07/2016

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you for many favours. This time I ask you for this special one, (mention here). Take it dear Heart of Jesus and place it within your own broken Heart where your father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen
Say this prayer for three days. Promise publication and prayer and favour will be granted, no matter how impossible.

Never known to fail.

Thanksgiving for favour received. S.O.D

Ireland's Biggest Coffee Morning In Aid Of The Irish Hospice Foundation

Thursday September 15th 2016

Venue: May Daly's House, Moyglare Road - Time: 10.30am - 4.00pm

All proceeds will go directly to St Brigid's Hospice, The Curragh. The Daly family have been hosting a coffee morning for the hospice since 2000 and have raised, with the help of local residents and businesses, over €55,000 for which St Brigid's is most grateful. Why not come along and meet an old friend or make a new one. All welcome.

Remember, to die with dignity is a right, not a privilege.



Frank O'Rourke T.D. Kildare North

Contact Details: **Dail Office: 01 6183109 - Mobile: 087 2555257 - e-mail: frank.orourke@oireachtas.ie - /Frank O'Rourke**

Clinics: Monday in the Glenroyal Hotel - Constituency Office: Main Street Celbridge.

Public Transport a key to alleviate Maynooth Student Accommodation pressure – O'Rourke presses for Naas - Maynooth Orbital Bus Route

Local Fianna Fail TD, Frank O'Rourke, has highlighted how public transport can alleviate the pressure of student accommodation in Maynooth by opening up adjoining towns, through public transport, to the rent a room scheme. This can be achieved by providing the Bus Service linking Naas to Maynooth via Rathcoffey and Clane, which I have campaigned for over the last number of months.

'In recent months, I have campaigned for the provision of Bus Service linking Naas to Maynooth via Clane and Rathcoffey, which would provide connectivity between these commuter towns and become part of the catchment area for students seeking accommodation, particularly under the rent a room scheme, which also brings benefits for home owners in these areas.'

'The National Transport Authority has confirmed to me that they are now considering providing an orbital bus route serving Naas, Clane, Rathcoffey, Maynooth and Blanchardstown. Following meetings that I have had with constituents in Maynooth, Clane, Rathcoffey and Naas, I have submitted a large number of signatures supporting this proposed service.'

'This service would connect these commuter towns, provide access to NUI Maynooth, better access to Naas, Clane and Blanchardstown Hospitals and I believe increase the student accommodation capacity.'

'As I have highlighted before, linking Naas, Clane Rathcoffey Maynooth and Blanchardstown would address one of the missing public transport services. Naas, Clane, Maynooth and Blanchardstown are all key employment towns, four towns are key retail centres, Maynooth has a University and three of the towns have hospitals. Public Transport is not just about linking commuter towns to Dublin, although important, connecting these commuters towns, as we have now in place between Celbridge, Leixlip and Maynooth, is also important.' stated Deputy O'Rourke.

'In recent months, following representations that I made earlier this year, new morning Kilcock Dublin Bus Eireann services have been introduced, at 6.30am and 8.00am, a location is now proposed for a park and ride facility for bus commuters in Kilcock, and improved Dublin Bus services for Celbridge commuters, on the Route 67 and 67x, have been put in place.'

'Once we achieve a regular, reliable, cost effective and inclusive public transport service, we will attract more people to use it and thereby make it more efficient. I will continue to campaign for better public transport users.' concluded Deputy O'Rourke.

Kildare set to receive €380k under Town and Renewal Scheme says O'Rourke

Kildare North Fianna Fail TD Frank O'Rourke has said that Kildare should benefit to the tune of €380k from the recently announced Town and Village Renewal Scheme by the Rural Affairs Minister Heather Humphreys. 'The Town and Village Renewal Scheme which the Minister announced last week aims to revitalise up to 200 towns and villages across the country. It is part of a €10 million scheme nationally and Kildare should benefit to the tune of €380k.' stated Deputy O'Rourke. 'In total €380,000 will be available to Kildare and I have been in touch with Kildare County Council to ensure that

we apply for the full allocation of funds that is available for Kildare.'

'Kildare County Council can apply for grants for up to 8 separate towns or village projects and submit outline plans to the Department of Arts, Heritage, Regional, Rural and Gaeltacht Affairs in September for approval,' stated Deputy O'Rourke who has been in touch with Kildare Co Co in relation to the scheme.

Funding will be released to Local Authorities once projects are approved by the Department of Arts, Heritage, Regional, Rural and Gaeltacht Affairs. The maximum grant for any single project is €100,000. '

'The funding available to Kildare County Council is designed to meet up to 85% of the total cost of each project. The Council will then be required to partner with local businesses and local communities to execute the projects.'

'From the Department's website, I understand that the type of projects to be funded under the scheme could include the following; increase the attractiveness of the town or village as a local commercial and social centre, and increase its sustainability as a place in which to live and work enhance its environment and amenity in the interests of residents, businesses and visitors; enhance the culture and local heritage assets of the town/village and promote tourism; tackle minor physical infrastructural deficits and land assembly issues.'

'Many smaller towns in Kildare suffered significantly during the economic downturn and are still suffering from the aftermath. I know from discussing with Business and community groups in towns like Maynooth, Leixlip, Celbridge, Kilcock, Clane, Prosperous, Johnstownbridge, Straffan that this scheme has the potential to bring benefit to the towns.' Concluded Deputy O'Rourke.

Fit for purpose Career Guidance essential for future economic growth says O'Rourke

Local Fianna Fail TD, Frank O'Rourke, has called on the Government to consider a proposal put forward by some interested parties that a specialist careers advisory service, to supplement the existing school provision in the secondary school cycle, should be put in place.

'The Education Act (1998) states that career guidance is a universal entitlement in the secondary school cycle. I believe that there are a number of weaknesses in the current approach to career guidance which include; the almost sole focus on access to third level education with a lack of information on other options available for students, which may be more suitable for the students and necessary for our country.'

'For those that do not want to go to Third Level Education, but are more interested, or have greater aptitude, for Apprenticeships, the State, together with other stakeholders, should be more proactive in providing guidance to students who wish to pursue these options.'

'The Department of Education and Science should work with businesses, community and voluntary organisations and other stakeholders, to develop a specialist careers advisory service to supplement the existing school provision approach. A short one-to-one coaching sessions for all second level students each year is one example of what could be provided, effectively providing a continuous and an holistic approach to career guidance.'

'It is critical to prepare young people for life beyond the classroom and ensure that young people, with their parents, are making informed education and career

decisions, with a variety of options being considered.' 'Having external input into career guidance at secondary schools, in my view, will provide better outcomes for all concerned, and have a skills match for the ever changing labour market. More importantly, it increases the options that are available for students and will assist young people in reflecting on their ambitions, interests and abilities.'

'It is important that apprenticeships are treated with the parity of esteem as compared with higher education options, so that we encourage people to pursue careers based on apprenticeships, skills that a growing economy will always need.'

'I am calling on the Department of Education and Skills to consider this proposal.' concluded Deputy O'Rourke.





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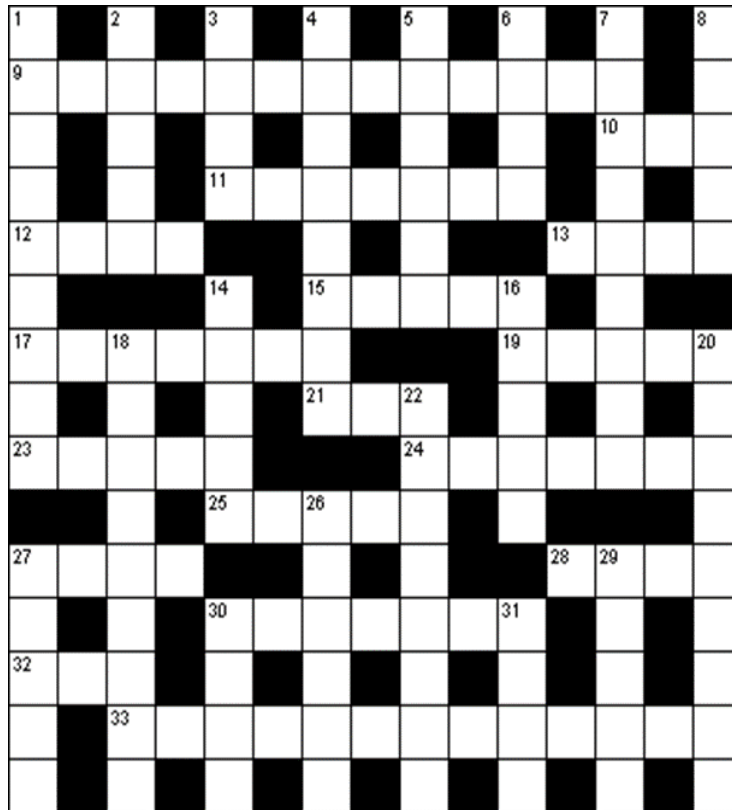
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Clues Across

September Crossword - No. 450

Clues Down

9. Something improvised (13)
 10. Owing (3)
 11. Access hole (7)
 12. A person that uses (4)
 13. Weapons (4)
 15. Register (5)
 17. Free from sin (7)
 19. Intense hatred (5)
 21. Become firm (3)
 23. Toe or finger (5)
 24. Illness (7)
 25. Rascal (5)
 27. Hand (4)
 28. The wise men (4)
 30. Articles (7)
 32. The Lion (3)
 33. Meteorologist (13)



1. Masked (9)
 2. Edible fruit (5)
 3. Froth (4)
 4. Very large woman (8)
 5. Toil (6)
 6. Location (4)
 7. Dig beneath (9)
 8. Back portions of feet (5)
 14. Thaws (5)
 16. Humble (5)
 18. Nightdress (9)
 20. Marriage (9)
 22. Hand woven pictorial design (8)
 26. Absence of passion (6)
 27. Mediterranean island (5)
 29. Misuse (5)
 30. Stuff (4)
 31. Sledge (4)



Answers to Crossword No 449

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Tuesday 20th September 2016

Name: _____

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Phone: _____

Winner of Crossword
No. 449 August

**Yvonne Morrissey
18 Brookfield Ave.,
Maynooth**

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from the time the results are made public.

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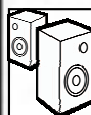
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Michael & Louise

The Suzuki Approach


The Suzuki Method of Music education was founded by Shinichi Suzuki over half a century ago. Born in Japan in 1898, he studied violin in Berlin where he was befriended by Albert Einstein (who was a keen amateur violinist). However, it was on being asked to teach some very young children that Suzuki began to reformulate ideas on the best method of education.

The resulting approach, now called Suzuki Method, has many different facets behind one very simple and straightforward idea. It is based on the commonplace but quite remarkable feat all our children achieve within their first few years of life: the ability to speak their mother-tongue. Suzuki's belief is that if you apply the same principles of language development to musical education you will get the same happy result.

His method is therefore based on (1) Starting a child as young as is practicable, (2) Placing great emphasis on listening to music, (3) Daily practice and repetition and, perhaps most importantly, (4) Parents and children working together, guided by a trained teacher.

Suzuki places great importance on the education of the whole child.

"My aim in teaching the violin is to give children a sense of joy in experiencing one of the most beautiful and spiritually enriching things we have in the world, which is music. I do not wish to turn all my students into professional musicians - but to use music to develop their sensitivity as human beings. Music can open a child's heart, and give him a finer appreciation of life".



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VIOLIN LESSONS**

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Maynooth Toastmasters

It's like waiting at Heuston Station, trains coming and going, an air of expectation pervades the station as people check the information boards, on time, delayed, arrived, departed. So it is in Maynooth Toastmasters as members start their own individual journey, some choose to go on the fast track, if this is your choice those innovative people on the organising committee will fully support you. Alternatively you may choose a slower pace.

Frankly it does'nt matter, fast or slow we will be with you for the entire journey as you develop, reaching out to achieve your individual goal. Along the way, we will imbue the competitive spirit, hoping that You may be the One to represent Maynooth at Club, Area and District Speech Competition and go all the way to the top.

Our time table starts on the 29th August in the Glenroyal Hotel at 8pm continuing on 12th and 26th September, better still have a look at our Facebook Page.

You choose the destination. We will plot the best route.
Together we can make a difference for You.
Maynooth Toastmasters is for everyone

Felicity Cuthbert
Public Relations 087 1337750



Maynooth Basketball Camp a Big Success

There was a capacity attendance at the Maynooth basketball summer camp from 8th to 11th August. Forty children aged 6 to 10 attended the academy camp where children were introduced to the main skills of basketball over a four day period. Many of the children were new to basketball and the improvement in their abilities and self-confidence was striking.

A further 37 older children, aged 11 to 16 years, had the opportunity to improve their existing skills in the development camp. Here they got expert tuition from some of Ireland's top underage coaches, including Nabil Murad, coach of the u16 boys national team, Erin Bracken, assistant coach of the u18 girls team, Jimmy Clarke, coach of Liffey Celtics, the All Ireland u14 Club Champions, and Eoghan Kiernan, current Irish u20 international.

Jim Walsh, Camp Director, said he was very impressed with the way the children picked up new skills. 'Each coach worked with a small group of 10 children. This allowed the coaches to tailor their skills teaching to the abilities of the children. It was a case of total immersion in basketball over the four days, which is a great way to learn the sport.'

The camp was organised by Maynooth Basketball Academy and Kilcock Basketball Club. Further initiatives to promote basketball are planned, including an academy for younger children commencing in September.

St. Mary's Brass and Reed Band

September is normally a quiet month for the Band but we are still busy rehearsing for our Annual Mass for our deceased members and believe it or not, our Christmas Concert all of which takes time to have everything right on the day.

Our Annual Week-end collection will be held on Saturday and Sunday 10th and 11th September so please keep an eye out for band members in uniform and give whatever you can afford. The Band, although originally founded in 1796, has been in continuous existence since 1931, 85 years this year and two of the current members have been with the band since 1956, a really great record. The Band depends mainly on this collection and our Christmas Carol recitals for the income that is so necessary to keep the band alive and your ongoing support is very much appreciated.

We extend an invitation to any musicians living in Maynooth and the surrounding areas to our Monday night rehearsals (Bank Holidays excepted) in the Band Hall on Pound Lane between 8 and 9.45 where you will receive a warm welcome. The Secretary can be contacted on sec@stmarysbandmaynooth.ie for full details on membership or enquiries re band engagements or indeed any information whatsoever regarding the Band.





MAYNOOTH CYCLING CAMPAIGN NOTES SEPTEMBER 2016

Who Benefits from High Quality Cycle Facilities?

This is a simple question – cyclists obviously benefit from cyclist facilities but who is a cyclist? The common perception is a male of a certain age dressed in lycra and helmet and riding a bike with dropped handlebars but who really benefits from good quality cycling facilities?

Everyone benefits from high quality cycle facilities. These pictures from the Netherlands show high quality cycle facilities attracting a wide cross-section of the population. This same wide cross-section is starting to appear in London with the opening of the high quality superhighways. For the first time, parents feel subjectively safe in cycling with young children and mobility scooters and skaters have started to appear without causing conflict with pedestrians.

It must not be forgotten that pedestrians too gain from high quality cycle facilities. Cyclists have a safe place to cycle away from pedestrians. Shopkeepers benefit if people do not have the expense of a second car. Finally motorists benefit - if people have the option of short trips by bicycle, the roads would be freed up for those who have no choice but to travel by car. This is our vision for Maynooth.

Maynooth Cycling Campaign is a non-party political cycling advocacy group. Further information on meetings and activities is available on our website. We are affiliated to Cyclist.ie, the Irish Cyclist Advocacy Network and through it to the European Cycling Federation.

Families



Dog walkers



Disabled



Skaters



Elderly



Mobility Impaired



School Run



Lift to a Friend



Visitor's



Lovers



THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you for many favours. This time I ask you for this special one, (mention here). Take it dear Heart of Jesus and place it within your own broken Heart where your father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen

Say this prayer for three days. Promise publication and prayer and favour will be granted, no matter how impossible.

Never known to fail.
Thanksgiving for favour received. S.S

Family Events September



Culture Night

Friday September 16th from 5pm until 11pm museums, galleries, historic buildings, artist's studios and other cultural venues all over Ireland will remain open, offering free tours, exhibitions, readings, performances and films. In Dublin alone there will be over 150 venues or organisations taking part and more than 200 possible events to attend. Dublin Bus help by providing free transport between some of the main venues throughout the evening and the Culture Night website helpfully categorise events by area. This is very much a family event, with lots for children to enjoy.

Culture Night is free but some events may require advance booking. Visit *Maynooth Castle* by night from 6pm to 9.15pm, last admission 8.45pm.

Maynooth Library from 8pm for a night of miscellany poetry, song, traditional music and dance with a gathering of artists from the local community.

Russell Library Tours of the Library's Collection

Time: 3pm to 7pm (hourly tours, with the last tour starting at 6pm)

Tours are on a first-come, first-served basis (max 30 people).

The Maynooth Gospel Choir

The Maynooth Gospel Choir promises an evening of fun, soulful and uplifting gospel music.

Time: 7.30pm to 11.00pm

Address: ACRE Centre, Celbridge.

For more information on events telephone 01 4151207 or www.culturenight.ie

Enchanted Fairy & Elf Festival 2016

Palmerstown House Estate, Johnstown, Naas

Sunday 11th September 11am to 6pm

Bring your fairies and elves to Palmerstown House (home of Santas House Express) to experience a magical wonderland of fairies and elves - all in aid of a great cause Sensational Kids Charity, Kildare Town. For a great day out dress up as an elf/fairy or superhero and experience the magic, complete with fairy door trail, treasure hunt, story telling, dodie tree, worry tree, sensory chill out gardens, bouncy castles and slides, fairy crafting, lego play area, face painting and more. Children can meet fairies and elves and join in on a treasure hunt on the day.

To book your tickets: www.sensationalkids.ie.

For more information telephone 045 906901

The Doggie Do

Herbert Park Dublin 4, Sunday 11th September 1pm to 8pm.

The Doggie Do is a family-friendly festival for and about dogs and their humans. After the resounding success of Ireland's first ever mutt mardi gras in 2015, attended by over a thousand people and their pooches, this year The Doggie Do promises to be bigger and better with Dogs Trust joining the pack. They will be hosting a very special guest; Mr John Grogan author of the wonderful Marley & Me. Dogs Trust, Ireland's largest dog welfare charity, will be on hand to provide a fun filled afternoon to both humans and their four-legged friends alike. Activities in the Dog Trust arena will include "An Education Station", "Agility Advice" and a "K9 Shop". There will be a canine costume competition to crown "The Dog of Dublin 2016". For humans there will be a picnic "market garden" with some of Ireland's finest food traders and to cap it all off there will be an open-air movie screening.

For more information and to purchase tickets visit www.thedoggiedo.com Child €5/Adult €10/Family €30.

On Tuesday, April 19th 2016 Mark Nugent was out for a spin on his bike after work. Time was tight. The evenings only just beginning to stretch. So he was moving fast, as fast as he could. The crash, when it happened, could have stopped a clock. Mark's injuries were so horrific it was immediately clear he would never walk again. In that moment, life had changed forever.



Cycle for Mark was held on 13th August 2016

Speaking to the Maynooth Newsletter the Chair of the Mark Nugent Fundraising Committee, Mr Colm Nelson, praised Mr Ken Murray and the Cycle Committee for their very successful Cycle for Mark to Tara. A large turnout enjoyed a rain free cycle in the well organised event. Colm also thanked them for setting up the GoFundMe page which is still open for donations.

He said the other fundraising events taking place during the month of September include, a Family Fun Day in Manor Mills Shopping Centre on the 17th September, a Golf Classic in Kilcock Golf Course on 29th & 30th Sept and a Gala Night in Maynooth GAA. The committee are also seeking sponsorship, for the event paper. For paper sponsorship details phone Gerry on 0857776668

There are a number of ways you can support these events:

- **Golf:** Enter a team of four @ €300
- **Tee-Boxes:** Sponsor a tee-box @ €250
- **Boards:** Take a place on our sponsor's board @ €100
- **Buy a raffle ticket:** €5 each or a book of 5 for €20
- **Attend the Gala Night:** Tickets €25 per person

The Gala Night will be held on Friday September 30th in Maynooth GAA. Tickets will be on sale on September 9th in Maynooth GAA @8.30 pm. The Gala Night will include:

- Drinks Reception - BBQ Buffet - Music & Dancing - Raffle & Auction, M.C. Eamon O'Flaherty, Music by Endeci.

1st Prize in the Raffle will be a **Husqvarna TC342 Ride-on-lawnmower** sponsored by **Leixlip Hire**.

A painting of Tony McCoy by John Fitzgerald will be auctioned by local auctioneer Eamon O'Flaherty at the Gala Night. John Fitzgerald is a renowned Equine, Portrait & Sporting Artist. He is also the Artist in Residence at the Curragh racecourse.

For further information on all events email info@marknugentfund.com or message us on facebook

In a message from Mark he expresses his sincere gratitude to all who are supporting him so generously at this time.

During the Golf Classic there will be a hole-in-one competition for a car sponsored by Ray Crofton Motors, Maynooth. Terms & Conditions apply.



John Fitzgerald's painting of A.P. McCoy is on display in The Kildare Art Gallery at Carton House, Maynooth

 Calendar of Events		
Event	Location	Date
Gala Tickets on Sale	Maynooth GAA Club	Friday 9th September 8.30pm
Family Fun Day	Manor Mills Shopping Centre	Saturday 17th September 12pm - 3pm
Golf Classic	Kilcock Golf Club	Thursday 29th September
Golf Classic	Kilcock Golf Club	Friday 30th September
Gala Night	Maynooth GAA Club	Friday 30th September
On the Gala Night a number of Marquees and a suite of additional toilet facilities will be erected at Maynooth GAA club.		

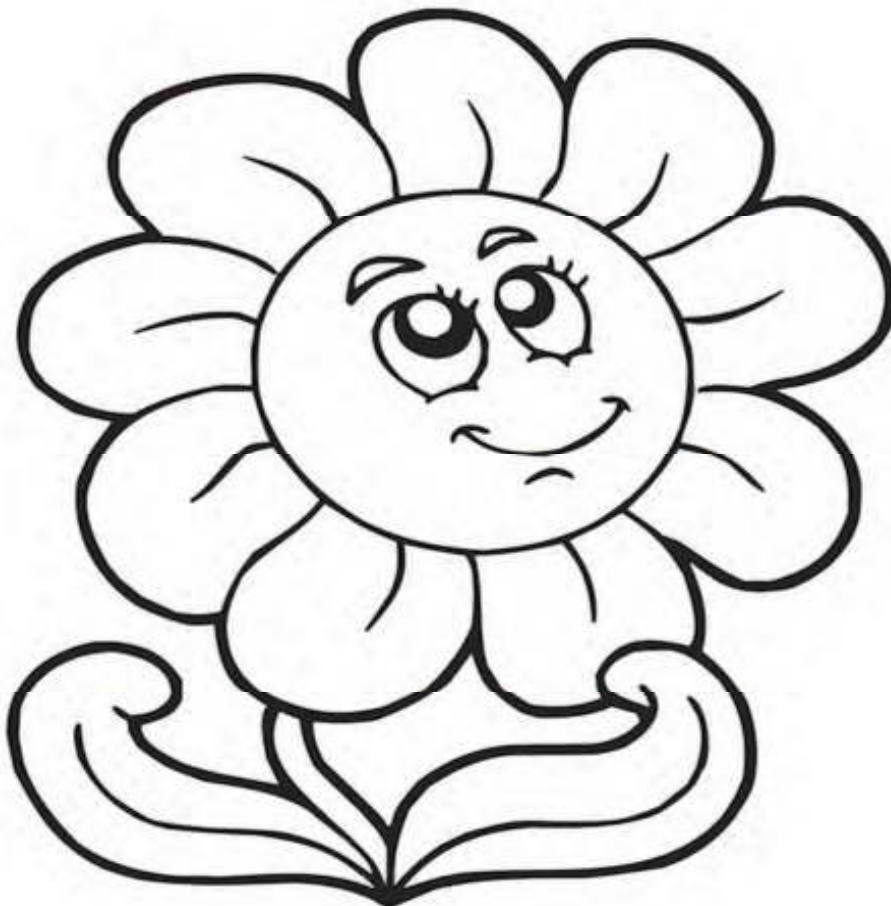




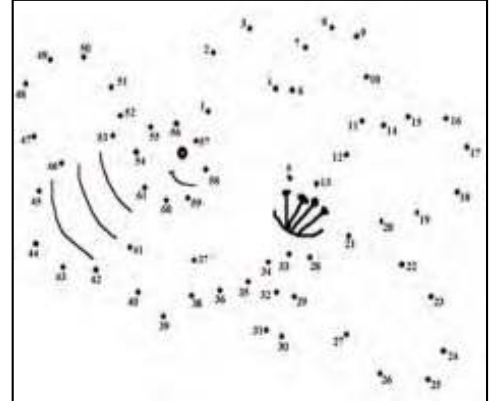
McDonald's Maynooth

Proud Sponsor of the Colouring Competition

Colouring Competition



Puzzle Corner



**McDonalds Children's
Colouring Competition**
**Prizes: Free Family Meal
From McDonald's, Maynooth**

Name: _____

Age: _____

Address: _____

Phone No: _____

Last Month's Winners:

Age: 3-5: Kate Whitty
38 The Green
Moyglare Hall
Maynooth

Age: 6-7: Eoin Hever
10 The Lawn
Moyglare Abbey

Age: 8 & Over: Georgia O'Neill
27 Carton Court
Maynooth



Prizes for Colouring Competition can be collected at:

Maynooth Community Council Office, Unit 5, Tesco Shopping Centre.
Entries must arrive before Tuesday : 20th September 2016



September Gardening

Autumn has started to creep in. It is now time to get ready for the start of the next season. Autumn is one of the best planting seasons as the roots of new plants will have time to establish before the onset of winter.

Flowers

Buy spring bulbs and plant them as soon as possible, the fresher they are going into the ground, the better they will flower. Take cuttings of tender plants such as geraniums, marguerites, fuchsias and argyranthemums to carry over winter. Conditions are usually ideal with heat in the soil and adequate moisture to encourage rooting immediately. Continue feeding and watering baskets and other containers on a regular basis.



Shrubs & Roses

Shrub roses and ramblers could now be pruned by removing some of the shoots that flowered. Roses that were pruned after flowering and were given some rose fertilizer will be showing a new crop of late buds and flowers - these can even flower into early winter if there is no frost. Evergreen shrubs could be moved now if they need to be given more space. Finish clipping hedges as soon as possible, all kinds of hedge can be clipped at this time and they will stay neat longer if clipped now.



Prepare ground for planting trees and shrubs, including hedging, if not already done. The planting itself can take place now for evergreens or in two months for bare-root deciduous trees, or planting can be delayed until spring if the weather is wet and the ground becomes sodden. Do not plant until spring in an exposed area as the young trees will be damaged by strong winds before they get a chance to get established. Check that trees recently planted are properly staked and stake any old shrubs that appear top-heavy. Check on wall trained climbers that their support is solid.

Fruit & Vegetables

If you have a fruit or vegetable patch, you will be busy harvesting. It is time to get out and start planting spring-flowering bulbs. Dig up remaining potatoes before the slugs damage them. Plant spring cabbage into ground vacated by early potatoes. No fertilizer is needed because the potatoes would have been adequately fed. This ground is also usually nice and open after potatoes - just the conditions that spring cabbage needs to make some growth before winter. Clean out cold frames and greenhouses so they are ready for use in the autumn. Cover leafy vegetable crops with netting.



Making Potpourri from the Garden



Potpourri allows you to bring not only some of the flowers, leaves and pods inside with you, you can bring some of the scents of the season. It's not hard to make your own potpourri. Look for flowers that hold onto their colour and still look good when dry, like geraniums, lavender, peonies, and roses. Add in interesting seed pods, like sweetgum and rose hips. Pinecones make a nice chunky addition. For more colour, include berries like beautyberry and holly.

You can include leaves, but they tend to fall apart quickly when dried. Look for thicker leaves, like leather-leaf viburnum and the lacy leaves of scented geraniums. Dried citrus peel and dried apple slices add fragrance and nice texture. For extra scent add some essential oils. No matter how you make your potpourri, do not use metal bowls or utensils. These can react with your ingredients and alter the fragrance. Glass, ceramic and wood are the safest materials. Plastic is fine too, but the scent will linger in it for weeks. A quick and easy way to mix up a batch of potpourri is to add a few drops of essential oil to your fixative, cover and set it aside for 3 - 5 days, so that the scent is completely infused. Then add your dry ingredients and stir everything together. Cover again and allow to steep for about 1 month. Check it occasionally, to make sure the scent is strong enough for you. If not, add more oil.

**A garden always gives back
more than it receives!**

Healthy Recipes

Healthy food need not be boring. A healthy diet low in fat and salt and high in fruit and vegetables is a significant factor in reducing the risk of heart disease.

Watermelon and Feta Salad with Lime

Serves 4

Ingredients:



1kg/2lbs 4oz watermelon, in medium sized chunks, peeled
2 tbsps pumpkin seeds
1 tbsp freeze-dried green or regular peppercorns
120g/4½ oz. feta cheese
2 limes, rind and juice
2 tbsps olive oil

Method:

Toast the pumpkin seeds in an oven until lightly coloured. Crack the peppercorns gently between your fingers or with the flat of a knife. Chop the feta into small cubes and place in a bowl with the watermelon and the pumpkin seeds. Add lime rind and juice and olive oil to the bowl and toss gently. Pile a mound of the salad onto four plates. Scatter some peppercorns over each mound. Squeeze a little more lime juice over, if desired. Serve chilled or at room temperature

Pan Seared Scallops with White Wine

Serves 4

Ingredients:

16 large king scallops, trimmed
120ml dry white wine
120ml white fish stock
1 stem fresh lemongrass, chopped
20g/1oz chives, chopped
1 tsp olive oil



Method

Sear the scallops on both sides in a little olive oil in a very hot pan. Remove from the pan and keep warm. Add the white wine and lemongrass to the pan and reduce by half. Add the fish stock and again reduce by half. Return the scallops to the pan for 2 - 3 minutes until cooked. Add in chopped chives and serve.

One Crust Fruit Pie

Serves 4-6

Ingredients:



Shortcut pastry

175g/6oz. plain and wholemeal mixed flour
80g/3oz. polyunsaturated margarine, at room temperature
Cold water

Filling

675g/1½ lb prepared fruit (rhubarb, gooseberries, raspberries)
50g/2oz. caster sugar

Glaze

1 small egg white
1 tbsp sugar

Method:

Make up the pastry by sieving the flour into a large mixing bowl, then rubbing the fats into it lightly. When the mixture reaches the crumb stage, sprinkle in enough cold water to bring it together to a smooth dough that leaves the bowl clean. Give it a little light knead to bring it fully together, then place the pastry in a polythene bag in the fridge for 30 minutes. Preheat the oven to 200°C/400°F/Gas Mark 6. Roll the pastry out on a flat surface to a round of approximately 12 inches, as you roll, give it quarter-turns so that it ends up as round as you can make it. Now carefully roll the pastry round the rolling pin and transfer it to the centre of the lightly greased baking sheets. Pile the prepared fruit in the centre of the pastry, sprinkling it with sugar as you go. Then turn in the edges of the pastry; if any breaks, patch it back on again. Brush the surface with egg white and sprinkle sugar over pastry. Bake in oven for 35 minutes or until the crust is golden brown. Serve with a little Greek yogurt or light cream.

Guidelines for healthy cooking

- * Use herbs and spices rather than salt to flavour food. Many people watch their salt intake because of raised blood pressure.
- * Use little or no oil when making a healthy low fat dish. All oils are 100% fat, even olive oil so use a maximum of 2 tablespoons of pure vegetable oil for 4 portions.
- * Serve dressings and sauces on the side. Use low fat cooking methods - steam, grill, poach, microwave, oven bake, stir fry or roast without fat or oil.

FILM/DVD MONTHLY BY BERNIE CLAXTON

JASON BOURNE

Starring: Matt Damon, Alicia Vikander & Tommy Lee Jones



Jason Bourne is a wanted man. Its nine years since the rogue CIA assassin tore up the big screen in *The Bourne Ultimatum*. Paul Greengrass (director of *Supremacy* (2004) and *Ultimatum* (2007)) is back to spearhead the fifth instalment in the spy-thriller franchise. *Jason Bourne* brings the title character into a post-Snowden era and one where social media has taken on a pervasive and disturbing influence.

After a spectacular ending to *The Bourne Ultimatum*, our favourite amnesiac anti-hero is back seeking answers. Albeit he's 'off the grid' and earning a dirty living (was it ever clean) as a bare-knuckle fighter for hire on the Albanian border.



An older, grizzled Bourne (Matt Damon) has most of his memory back but lacks the final piece in the jigsaw puzzle that saw his father implicated in murky CIA dealings. Bourne's former ally Nicky Parsons (Julia Stiles) turns up out of the blue with hacked information on CIA skulduggery and vital information about his past. The agent is reluctantly dragged back from his self-imposed obscurity.



This triggers a devious game of cat-and-mouse. Creepy CIA Director Robert Dewey (Tommy Lee Jones) and uber-cool cyber analyst Heather Lee (Alicia Vikander) are soon hot on their renegade operative's trail. They enlist sophisticated state-of-the-art surveillance technology to track Bourne. Throw a ruthless nameless assassin (Vincent Cassel) into the mix and the viewer is guaranteed numerous action sequences.

The *Bourne* films have always sold the idea that they are better and grittier than *Bond*. Greengrass's background as a documentary-maker (*World in Action*) and his dramatization of the real events of *Bloody Sunday* have given him a reputation for gritty realism.



Jason Bourne is basically a two hour chase movie. In almost every scene Bourne is either pursuing or being pursued. Any rare moments of introspection in the film

involve Bourne's jarring flashback memories of what happened to his father. Bourne like the film itself is essentially monosyllabic. Damon utters a mere handful of lines throughout the course of the film. If you're interested in snappy dialogue and scenery-chewing villains, this is not the film for you.

Like the previous *Bourne* outings, the emphasis is firmly on spectacular gravity-defying, explosive set-pieces. Greengrass shows his command of deafening, frenetically edited action sequences. The director co-wrote the film with his regular editor Christopher Rouse. As with *Mission Impossible: Rogue Nation*, Greengrass's film hops from one city to the next for its tale of violent intrigue and double-dealing.



The action is relentless from Bourne's signature rapid-fire hand-to-hand combat, to high-speed car and motorcycle chases. The highlights include a chaotic chase through an anti-austerity march in the streets of Athens and a blistering showdown finale in Las Vegas. This being a Greengrass film, be prepared for lots of shaky, hand-held camerawork that shifts between sterile control rooms and crowded areas.

People of a nervous disposition may want to stay home. And make no mistake, with Greengrass's style of filmmaking – you come out of it literally gasping for breath! The problem with this whole approach is that while *Jason Bourne* replicates scenes, action and twists from previous films in the series, it doesn't essentially add anything new.



The plot is rather bland and threadbare. Greengrass's jittery, jolting camerawork and whiplash editing seems to be masking the fact that not very much is actually happening onscreen. When we are not being assaulted by Greengrass's camera, his characters spend a lot of time either frowning at computer screens or walking endlessly!



On the plus side Matt Damon is compelling as ever as the restless, conflicted ex-CIA killing machine. His boyish good looks have matured into something harder and grittier. His face looks weathered, lived in and haunted as befits his character's story through four films. He's still every inch the action hero, although showing signs of vulnerability in spots. There is a humanity to Bourne not evident in the other characters in the film. His speech may be sparse but his body language is expressive, displaying violence and sadness in equal measure.



The supporting cast go through their paces. Veteran actor Tommy-Lee Jones is predictably chilling as the calculating and devious CIA head, Dewey. The potential usurper to his crown comes in the form of Alicia Vikander's steely ambitious cyber analyst who believes the renegade Bourne can be brought back into the fold. However, the Swedish actress's obvious youth and beauty is a distraction to believability in this role.



Vincent Cassel's CIA 'asset' exudes the chill factor in his portrayal of Bourne's counterpart in the killing stakes. Aaron Kalloor (Riz Ahmed) is the Zuckerberg-style guru running a social media organisation called 'Deep Dream' which may be in colluding with Tommy Lee Jones in sinister data mining and breaches of privacy.

Greengrass's fifth entry in the *Bourne* franchise is a dour disappointment overall. What was once innovative has become pedestrian in this rendering. It's one-dimensional filmmaking. The near relentless action sequences are expertly executed but at saturation point for most of *Jason Bourne*. The film itself is swamped in cyber pyrotechnics and the characters, apart from Damon's Bourne, do not engage the interest to any real degree. By contrast the *Bond* films succeed because they appeal to the human factor and, more importantly they entertain. **Rating: 3/5**





Frank O'Rourke TD

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/Frank O'Rourke



**Dáil
Éireann**



Advice Clinic held in Maynooth every Monday at 3pm, in Glenroyal Hotel

The Lil Tully School of Irish Dancing

Established 1965 by the Late Lil Tully.

Today the School is run by her Daughter Siobhan. Siobhan is a registered Teacher/Adjudicator/Grade Examiner with An Comhdhail. The school has a full programme to suit all, including Competition, Travel, Show's, Exams & Teacher Training. Credits to date include, Competition Titles, St. Patrick's Day Parade NYC, Disney Land Resort Orlando/Paris London Pineapple dance Studio, & destinations through-out Europe. Irish Dancing is a great way to meet new friends for life and most importantly will develop a strong confidence.



Monday 2.40-3.45pm Beginners Class
Presentation Girls School
Maynooth

Monday Evening
BRADY'S THE CLOCK HOUSE UPSTAIRS
5.35-6.15pm Beginners Class
6.15pm-8.00pm Advanced.

Thursday 2pm onwards
Maynooth Educate Together
Thursday Evening
BRADY'S THE CLOCK HOUSE UPSTAIRS
5.00-6.30pm Beginner Solo & Figure/Ceilí Limited Places
6.30-8.00pm Advanced Solo/Figure/Ceilí Limited Places.

CLASS COSTUME HIRE AVAILABLE
REGISTRATION DETAILS
CONTACT SIOBHAN KEOGH ADCRG
086/8962008 siobhankellett@eircom.net

The Lil Tully School of Irish Dancing is based in Maynooth, and classes are for boys and girls from the age of 4 up. The School is registered with An Comhdhail, and runs a full programme to suit all, from competition to travel, shows, exams & teacher training. The School takes part in all local events, from the St. Patricks Day Parade and the Summer Festival, along will raising money for charities.



For further information and details on Registration, please contact Siobhan Keogh 0868962008.