

November 2016

Local News Issue No. 452

FREE



This publication is produced by Maynooth Community Council's Community Employment Scheme, supported by the Department of Social Protection, which is funded by the Irish Government.

Mark Nugent Fundraising a Huge Success

The story of Mark Nugent who suffered life-changing injuries in a cycling accident earlier this year has provoked a remarkable community response throughout North Kildare and beyond. Mark (39) was himself an inveterate fundraiser and a stalwart of Maynooth

Students for Charity, which over the last 27 years has raised more than €1m for charities with its annual Maynooth to Galway sportif event. It meant that there was an immediate response when it emerged that urgent works were needed to his home as he faced the challenge ahead with his fiancée Jacqui, who he was due to marry just weeks



Brendan Ryan, Mark Nugent & Larry Gough at the Kilcock Golf Classic

community, an auction of fine art, GAA memorabilia and All-Ireland final tickets attracted top bids and finally a free community newspaper "Inspiring Times" attracted massive support expressing good wishes to Mark and Jacqui from businesses in Maynooth, Kilcock, Celbridge, Leixlip and further afield. It means that at this stage this fundraising effort has raised in the region of €55,000.

Full accounts will be available on completion but at this early stage the Committee would like to take this opportunity to thank everyone who helped make these fundraising efforts so successful as well as the people who dug deep to help Mark by attending the golf, gala night, bought raffle tickets and who made donations directly to the Mark Nugent fund as well as members of the business community who were generous with their sponsorship in advertising.

Gala Night Photos see page 14

North Kildare met that challenge with fantastic heart and commitment and it is time to say thanks to all those who played a role in a fantastic fund raising effort. A number of events were held and each was remarkably successful in its own right. It included two days of classic golf at Kilcock Golf Club which drew teams from far and wide. The Mark Nugent Fund Committee receiving great support from the club and its members who helped make the event such a success.

after the accident that left him fighting for his life.

The other highlight was the Gala Night at Maynooth GAA club. Again the committee called on the help of the club who helped make the sell -out event of music and dancing the social highlight of the year in Maynooth. It was wonderful to see Mark, Jacqui and their families at the event where Mark gave an inspiring speech of thanks.

Other fundraising efforts included a hugely successful raffle for fantastic prizes which received huge support from the business



L to R Alex and Adrian Moldovan proprietors of Bistro 53 who were the successful bidders for Brian O'Loughlin's Bog Oak sculpture & John Fitzgerald painting of AP McCoy.

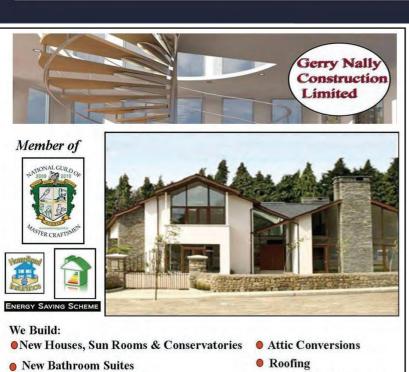


Painting by renowned local artist Emma Boyce bought at the auction by Louis Fitzgerald of the Roost. Maynooth.

Tidy Towns Competition 2016 Adjudication Report See Page 13







- Shop Fronts
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Maynooth Community Council Festival and Events



Aonach na Nollag/Christmas Fair 2016

Saturday 10th December - 12-5pm Maynooth Education Campus (Post Primary School) Moyglare Road Arts and crafts, cakes and bakes,

music, song, dance and much more...



Bring your letters to Santa

Raffle tickets for an array of prizes will be on sale from November
Come along for a family fun festive day out!
Enquiries to Maynoothfest15@gmail.com

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* SOURCE: BONKERS.IE AUGUST 2016

WARNING: IF YOU DO NOT MEET THE REPAYMENTS ON YOUR LOAN, YOUR ACCOUNT WILL GO INTO ARREARS. THIS MAY AFFECT YOUR CREDIT RATING, WHICH MAY LIMIT YOUR ABILITY TO ACCESS CREDIT IN THE FUTURE.

WARNING: IF YOU DO NOT KEEP UP YOUR REPAYMENTS YOU MAY LOSE YOUR HOME.

Lending criteria, underwriting, terms and conditions apply. The property is mortgaged to secure the loan. Life and home insurance are required. Best Mortgage Lender awarded in May 2016. The maximum loan amount will typically not exceed 3.5 times an individual's gross annual income. Information correct as at 29th August 2016. The maximum mortgage is 90% of the property value. As a general rule, loan amounts are subject to monthly repayments of a maximum of 50% of disposable income and will vary according to individual circumstances. Rates may vary over the term of the mortgage. *To avail of the 0.2% discounted rate, you must mandate your salary and pay your new KBC Mortgage by direct debit from your KBC Current Account. Offer excludes Buy to Let Mortgages.. KBC Bank Ireland plc is regulated by the Central Bank of Ireland.

Community Policing for North Kildare Action Group

Is Your Town A Safe Place To Live?

Invitation to Public Meeting

<u>Tuesday 8th November 2016</u>

Glenroyal Hotel, Maynooth @ 8_{pm}

WE NEED AND WE DEMAND

- Community Gardaí in our towns
- Increased opening hours for our Garda Stations

It's time to be heard

Community Policing for North KildareAction Group (CPNKAG) represents local community groups, from the North Kildare area. Our focus is public safety for our communities.

e-mail: cpnkag@gmail.com





Mc Mahon's Main Street Maynooth



Phone: 01-6291568 - e-mail: info@mcmahonsbar.com

Light Entertainment Every Weekend

Open Mic every Tuesday night

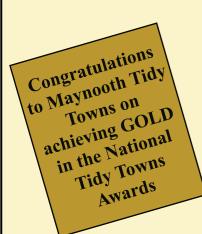
Friday night Music in Bar 9pm

Saturday night Music in Lounge 9pm

Find us on Facebook

Food Served All Day

Sunday Evening Session 6.00 - 8.30pm





Mulcahy Family Butchers Celebrating 32 years in Business

Gerry Mulcahy is trading for 32 years in Greenfield Shopping Centre and has 40 years experience in the Meat trade. Mulcahys have excellent Beef, Lamb, Pork & Bacon. In 1984 Mulcahy Butchers began producing Home Made Pork Sausages. We now cure our own Bacon, Low Salt Back Rashers, Low Salt Fillet of Ham & Low Salt Collar of Bacon to the Highest Quality.

Mulcahys also produce the Highest Quality Home Baked Ham, Roast Turkey, Coleslaw & Potato Salad. We now stock Homemade Goujons 100% Real Chicken made on Premises.

Gerry, Tom, David & Caroline

Magically festive free things to do in the run up to Christmas Animals at Powercourt Stables



Visit the atmospheric Powerscourt Estate in County Wicklow with its tree-lined avenue, fir trees and majestic stately home! Dating back 800 years, Powerscourt is an enchanting and beautiful place to bring your children. Enjoy a crisp walk in Powerscourt Gardens, where 47 acres of discovery and intrigue await. Bring the children to see Santa's animals at Powerscourt Garden Pavilion. Kid's will love the chance to meet some farm animals up close including Santa's deer, pygmy goats, minature donkeys, rabbits and guinea pigs. Children of all ages and adults

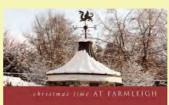
alike will enjoy a visit to the stables which is free of charge. The powerscourt stables are located beside Powerscourt Garden Pavilion.

Date: Daily from November 26th - 23rd December.

Time: 10am to 4pm

Farmleigh House and Estate

At Christmas Farmleigh really comes into it's own and puts on a wonderful programme of seasonal events. The surroundings, the decoration, the music and the special events planned for the holiday season will get everyone into the Chrismas mood. For children there are Magic Shows and Puppet Shows as well as Christmas Tales from Storytellers from all over Ireland. Outside all the family can enjoy Horse and Carriage Rides and a



live crib. You can stock up with lots of tasty Christmas goodies at the weekend food market while listening to festive choirs singing carols. For more information please visit www.farmleigh.ie or contact 01 8155914

Live Animal Crib Mansion House

The Mansion House on Dawson Street will host a traditional nativity scene set with live animals in a specially constructed life size stable. The Crib which is organised by the Irish Farmers Association (IFA) and Dublin City Council, has been a tradition in Dublin for 22 years. The animals are brought to the Crib every morning and are returned to a farm on the south of the city in the evening.

Admission is free, but donations are welcome and will go towards the Mansion House Fuel Fund. The Mansion House Fuel Fund is one of Dublins oldest charities and raises funds for a number of charities including St. Vincent de Paul and Dublin Simon Community.

ITIA Translation Competition for Secondary Schools

Congratulations and well done to Elena Giardini and Alexander Harding, both students at Maynooth Post Primary School, who were the winners of the ITIA (Irish Translators' and Interpreters' Association) translation competition in Italian and Spanish.

The competition was held to mark the 40th anniversary of the founding of the association. Elena and Alexander received their awards at a Gala Dinner for delegates from the International Federation of Translators which took place recently at the Clarion Hotel, Liffey Valley, Dublin. The judges praised the exceptionally high quality of the translations of these two young linguists, who were both Third Year students at the time of submission of the translation texts in May, 2016. Elena and Alexander are pictured below receiving their prizes from the Chairperson of the ITIA, Mary Phelan.





Maynooth Community Council Notes

Maynooth Community Church Centre

Presentation by Keith McCrory

Keith McCrory thanked the meeting for the opportunity to give the presentation which was an update on the proposed Maynooth Community Church Community Centre.

The Church hopes to present the idea to Kildare County Council in November as they are in a position to formally propose to purchase the site on the Dublin Road opposite Tesco. No architect has been appointed as yet and Keith welcomed thoughts and ideas from the meeting. The proposed auditorium in the building will seat 240.

He outlined four modules in the plan on screen.

- 1. Entrance, Kitchen, Toilet Access and Tea Room;
- 2. Café, Creche, play area; 3. Youth Room and 2x600sq ft. meeting rooms; 4. Boardroom, Counselling/meeting rooms (which can be rented out), administrative rooms. Any one section can be accessed and heated individually. If Kildare County Council give permission there will be proper consultation with groups. The Church hopes for example to have suitable flooring for Irish dancing and back stage access. Questioned about space as a place of worship and what it might look like Keith replied that the church does not have a concept of sanctified space. There would be imagery on screens that can easily be changed. The auditorium would be limited in its use on any long term basis for groups as it would be needed for funerals. The Creche at this point would be for use of the Church (non-commercial) which may possibly change in the future. Keith hoped that MCC would welcome their endeavours. Through the Chair there was a unanimous show of hands of approval welcoming the project.

Affiliates reporting at meetings – changes

The meeting agreed that from now on all affiliates would email their reports to the office at Office@maynoothcc.com. It was requested by the Chair that the reports include future activities.

Planning and Development Group

There was a proposal the last meeting asking that the Planning and Development Group be reinstated (it had been in place a number of years before), no decision had been taken. It was requested that the Council revisit this and make a decision.

It was agreed to reinstate the group. The Chair invited members of MCC to think about putting their names forward for inclusion on a Planning and Development Group. It is envisaged that four or five people would be required. Will be followed up at the next meeting.

Local Matters and Affiliates

This is the last reporting in this form for Affiliates. Groups will send in their notes to the Maynooth Community Council Office for inclusion in the Newsletter.

Senior Citizens

Josephine Moore expressed thanks to those who attended their Carbon Monoxide information event on 27th September. Seventy Carbon Monoxide alarms have been distributed and more people will be receiving them. She also thanked the Fire Service who talked in general about safety with lots of information given out for older people. Josephine applied to Bord Gais for information leaflets which they supplied. It is great also to have people like Johnny, Tom and Robert who have been a great help in putting up the alarms.

The next big news is the Sale of Work which will take place on the 20th November in the Post Primary

School. A committee member and another adult will be collecting for the Sale. No children will be collecting. We are always conscious of people opening their doors. Josephine requested that we be aware of our elderly

neighbours and to watch from afar as a good neighbour especially in the Winters months.

Comhaltas Ceoltoiri Eireann Craobh Mhaigh Nuad

Angie Tracey reported that classes are progressing and they are delighted to see new members. Younger members played in the TLC nursing home on Saturday past and were joined by the Rita Doyle dancers. The AGM will be later this month. Next Saturday they will take part in the Sallins Irish Festival. There will be a concert and master classes. The award winning group Goiste will be there. CCE are delighted to announce a donation of €00 from KBC as part of their bright ideas programme towards the setting up of an instrument bank. The bank would give students a chance to try out musical instruments (which are expensive) before investing in the one.

Maynooth Scouts

Johnny Dowling reported that fourteen groups will visit Larchill. There will be canoeing on the Canal on Saturday coming. The Christmas Fair will take place on 27th November. In the next few weeks will be organising the 12 Days of Christmas Raffle.

ICA

Mary Murphy reported that classes have resumed. Macramé classes and Christmas decorations classes will take place. Tin whistle classes will take place on Wednesdays. New members welcomed.

Maynooth Community Council Festival and Events - Aonach na Nollag

Anne Birchall reported that the first meeting went well and we hope to build on the success of last year. We are planning for Saturday 10th December in the Post Primary School (The date & venue has been confirmed since the meeting)

Tidy Towns wins Gold Medal....Congratulations

Congratulations were expressed from the meeting to Maynooth Tidy Towns on winning Gold!
Maynooth Tidy Towns were delighted to win the Gold Medal in the National Tidy Towns which was held on 26th Sept. in the Helix. They scored 314 points last year, we scored 305. Richard Farrell thanked everyone who helped us to achieve this Gold Medal. They also won an award in the National Pollinator Section.

Maynooth Tidy Towns has taken a break from Litter picking for the month of October. Firstly their volunteers need a break, secondly this is to highlight the need for 7 day cleaning by Kildare County Council.

Maynooth Community Council was asked to support MTTs in this request by writing to Kildare County Council. (See full report in Newsletter)

Maynooth Community Centre Partnership

Anne Birchall reported that the group is working very hard and they are getting lots of feedback from social media. At the moment they are in contact with David Flanagan of the Integrated Services Programme for Kildare with the aim of including Maynooth in this venture. They are also in contact with Peter Minnock (Kildare County Council, Director of Services, Planning Community and Culture). The Partnership will meet again on 21^{st} October.

Street Begging

The issue of the increase of begging on the streets was raised. It is generally accepted that this is an organised operation. It is not illegal to beg unless there is aggressive behaviour. There is also an element of exploitation and abuse operating within the system. It was stated that it needs a multi-agency approach. This has worked in Dublin. It was suggested that reporting it

to social welfare department was the best approach.

Removal of disabled parking spaces outside Scouts Hall

The removal of the disabled parking spaces outside the Scouts Hall was queried. These were free car parking spaces but they were being taken over by caravans. It was deemed by all interested parties at the time that provision of double yellow lines was the best solution.

Community Council

There was a discussion regarding Maynooth Community Council composition, structure, charitable status, constitution, affiliates, CE scheme and proposed review.

Community Policing for North Kildare Action Group (CPNKAG)

Maynooth Safety Group was established in 2007 by a group of Maynooth residents to highlight concerns about safety issues in our town.

It is clear from our ongoing meetings with our local Garda representatives that the lack of Garda resources is having a negative impact on the policing of our communities throughout North Kildare. Recent statistics show that on a per capita basis Kildare fares particularly badly in relation to deployment of Garda personnel.

Kildare County 661 persons per Garda (the highest in the country). (2011 figures)

Kildare County is now 751 persons per Garda. (2016 figures)

Kildare is the only county without community Gardaí

Maynooth Safety Group has joined with residents from Kilcock, Leixlip, Celbridge to form the Community Policing for North Kildare Action Group On Tuesday 8th November CPNKAG are holding a public meeting in the Glenroyal Hotel Maynooth at 8pm.

This meeting affords people the opportunity to highlight their concerns about the low number of Garda personnel stationed in North Kildare. cpnkag@gmail.com

Members of the CPNKAG Committee are: Teresa Murray, Fiona Maguire, Conor O'Dwyer, Mary Jennings, Mairead Murray, Lena Fitzpatrick (Maynooth). Anthony Larkin, Denis Mc Carthy, (Leixlip). Michael Mc Kenna, John Mc Loughlin, Vic Murphy (Celbridge). Thomas Ryan, James Cotter, (Kilcock).

Miracle Prayer

Sacred Heart of Jesus, in the past I have asked you for many favours. This time I ask for a very special one (mention it). Take it dear heart of Jesus and place it within your own broken heart, where your Father sees it. Then in His merciful eyes it will become your favour and mine. Say this prayer for 3 days, promise publication and favour will be granted.

Miracle Prayer

Never known to fail

Sacred Heart of Jesus, in the past I have asked you for many favours. This time I ask for a very special one (mention it). Take it dear heart of Jesus and place it within your own broken heart, where your Father sees it. Then in His merciful eyes it will become your favour and mine. Say this prayer for 3 days, promise publication and favour will be granted.

Never known to fail

KNOW YOUR RIGHTS

Citizens Information Centre, Dublin Road, Maynooth

Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public. Information is also available online at www.citizensinformation.ie and from the Citizens Information Phone Service - 0761 07 4000 or Lo-call 1890777121

New Earned Income tax credit **Ouestion**

I am self-employed and make a tax return each year. What is the new tax credit for self-employed people? How do I apply for it?

From 1st January 2016, a new Earned Income tax credit of €50 is available for self-employed people (in addition to the normal personal tax credits and other reliefs). Proprietary directors who are not eligible for the PAYE employee tax credit can also claim this credit.

This Earned Income Tax Credit is calculated at 20% of your self-employed (or earned) income. It does not include any earned income that is taken into account for the PAYE employee tax credit. Note that if you also qualify for the PAYE tax credit, the combined value of both tax credits cannot exceed **€1.650**.

The maximum relief for 2016 is €50. However, if your earned income is below €2,750, the tax credit is restricted to 20% of the income. For example, if your total earned income is €2,000 your maximum tax credit is 20% of this or €400.

As a self-employed person you pay tax under the self-assessment system. Under this system (known as "Pay and File") you must file your return, complete a self-assessment, and you must pay the balance of tax outstanding for the previous year. At the same time, you must pay preliminary tax (an estimate of tax due for your current trading year) for the current year. When you pay preliminary tax for 2016 you can include the Earned Income tax credit in your calculations. However the new Earned Income tax credit is not available for the 2015 tax year.

The date for payment of tax and filing of returns is 31st October each year. For 2016, if you file your tax return online using the Revenue Online Service (ROS), the due date is extended to 10 November 2016.

Benefits for carers

Ouestion

My mother is in hospital and I will need to provide full-time care for at least 6 months when she gets out. What is available for people in my situation?

Answer

There are several entitlements available to you. In order for you to qualify, the person you are caring for (your mother) must be deemed to be in need of fulltime care and attention. This decision will be made by the Department of Social Protection, based on information provided by your mother's GP.

If you are working at present and will be taking time off to care, you may be eligible for carer's leave of up to 2 years. You must have worked for your employer for a continuous period of 12 months to qualify for this leave.

While you are on carer's leave, you are entitled to get credited social insurance contributions to maintain your PRSI record.

You are entitled to annual leave and public holidays in respect of the first 13 weeks of carer's leave. Your employer cannot dismiss you or victimise you for exercising your right to carer's leave.

You may also be entitled to Carer's Benefit from the Department of Social Protection, if you have enough PRSI contributions to qualify.

If you do not qualify for Carer's Benefit, you may qualify for a means-tested Carer's Allowance. If you get Carer's Allowance, you are entitled to a Free Travel Pass. You may also qualify for the Household Benefits Package if you live with the person you are caring for.

There is also an annual Carer's Support Grant of €1,700, formerly known as the Respite Care Grant, which is paid to full-time carers in June each year. Even if you are not getting any other social welfare payment, you can qualify for this grant if you fulfill the conditions.

Free cancer screening programmes

Ouestion

My friend has been invited to take part in free cancer screening. I haven't

received an invitation but she says it's a national free screening programme. How do I take part?

Answer

There are free screening programmes to help detect or prevent a number of types of cancer.

Bowel Screen, The National Bowel Screening Programme, aims to find bowel cancer at an early stage in people who have no symptoms. It offers free screening every two years to men and women aged 60 to 69. If you are in this age group you can ring Bowel Screen on Freephone 1800 45 45 55 to check your details are on the register. If you are on the register you will receive an invitation to take part in the Bowel Screen programme.

Cervical Check, The National Cervical Screening Programme, tests women aged 25 to 60 for changes in the cells of cervix. Early detection and treatment can prevent cervical cancer. If you are aged between 25 and 60 and have never had a Cervical Check smear test you can simply make an appointment with a GP practice or clinic registered with Cervical Check. You can find one in your area by visiting cervicalcheck.ie or by calling Freephone 1800 45 45 55. A letter of invitation is not needed to make an appointment and attend for a first test.

Breast Check, The National Breast Screening Programme, invites women to a free mammogram (x-ray of the breast) every two years. The screening has been available to women aged 50 to 64 but is currently being extended to also include women aged 65 to 69. If you have not received an invitation you can check if you are registered by visiting breastcheck.ie or by calling freephone 1800 45 45 55.

Screening can help prevent or detect cancer at an early stage in people who have no symptoms. If you have any specific concerns or symptoms you should visit your GP (family doctor).

Replacing lead pipes

Question

We think that the water pipes in our house are made of lead and pose a risk to our health. We can't afford to spend a lot on replacing them. Can we get a grant?

The local authorities administer a means-tested grant scheme to help lowincome households with the cost of replacing lead pipes and fittings.

You will need to provide evidence of your household's income when applying to the local authority for the grant.

If your income is below €0,000 a year, you may get a grant of up to 80% of the cost, up to a maximum of €4,000

If your income is between €50,001 and €75,000, you may get up to 50%, up to a maximum of €2,500

You must own the dwelling and live in it as your principal private residence (your main home). You must get the remedial work done before applying for the grant.

The contractor who does the work must give you the following: a current tax clearance certificate; itemised receipts; written confirmation that materials used are of appropriate quality and written confirmation that a proper standard of workmanship has been applied.

You must also get evidence of a risk of lead contamination in your home. This can either be:

- A letter from your water supplier, advising that your water system is likely to contain lead pipes and fittings, or
- A certificate from an accredited laboratory, showing that the amount of lead in your water supply is over the statutory limit

You will need to enclose all these documents with your grant application.

Read more on www.housing.gov.ie.

Further information is available from the Citizens Information Centre.

Maynooth Labour News

Cllr. John McGinley can be contacted at: - 6285293 or 087 9890645 - E mail jmcginley@eircom.net - Web: www.labour.ie/johnmcginley/

Cllr. McGinley Asks the Council to Seek Government Funding for the Maynooth Ring Road from Blacklion to the Straffan Road

Cllr. McGinley got the following update from the Council's Director of Services on his Motion Seeking Funding for the Maynooth ring road:

"Since your Notice of Motion in September the Department released the actual details and terms and conditions in regard to the Local Infrastructure Housing Activation Fund, (LIHAF), which in essence was the formal launch of the €200M fund you refer to.

My Directorate is now preparing an application for funding in respect of Maynooth, Naas, Sallins, Kildare, Newbridge, Celbridge and Leixlip.

This process involves numerous discussions and interactions with as many of the developers/landowners as possible that would benefit if the various infrastructural, (predominantly roads), blockages that exist at present were funded and delivered.

In regard to Maynooth, the route you mention in your email is the focus of our application for funding.
Closing date for applications is 14th October and announcements will be made in mid December.
The LIHAF coincides with an application I have submitted to the Chief Executive to use Development Contributions to commence analysis and route selection for each of the towns previously listed. I had commenced my work prior to the announcement regarding LIHAF and assuming that not all applications will receive LIHAF funding, I need to progress my work in any event.

Ultimately, my objective is to demonstrate to the Department the number and scale of infrastructural challenges we have throughout the County, all holding up residential, commercial and industrial development opportunities. This piece of work will continue both separately and in tandem with the LIHAF. Please do not hesitate to call me to clarify any of this information."

Cllr. McGinley Raises Anti-Social Behaviour of Students with Garda Superintendent Gerard Wall.

Cllr. McGinley got the following reply from Superintendent Wall on 23 September: *Dear Cllr McGinley*,

The issue you have raised is a yearly one. In the year 2015/2016 I worked closely with the University Security Personnel, I attended meetings between the University and residents. All incoming 1st years were given a presentation on the Maynooth environs the residents and businesses, the issues raised by residents was also discussed along with what was expected of them. The presentations were given by myself, Inspector Dolan and Sergeant Paul Kealy.

Throughout 2015/2016 a number of landlords were contacted and advised on what An Garda Síochána would do in the likelihood of unsociable behaviours. There were a number of successful interventions during the year and I am aware the College Staff did issue warnings. The Student Body engaged in a successful initiative with local Gardaí in managing behaviours at Student events, celebrations during the year. I also know that the Body also engaged in clean up campaigns in the town following

In the last month (Sept 2016) I and Sergeants O'Donovan & Kealy have made presentations to the Students (Fresher's) in conjunction with Security on campus. The first significant 'gig' on Tuesday last the 20th September was policed successfully by Sergeant Kealy and Gardaí throughout the night. The local licensed premises were co operative and there was minimum disruption to the town given the number of students celebrating.

An Garda Síochána and security at Maynooth University will continue to work closely to monitor Student behaviour throughout the year.

I would welcome any observations you may have. Gerard Wall, Superintendent Leixlip District"

Update on Traffic Calming for Newtown Road (Rathcoffey Road)

Cllr. John McGinley got the following update on the traffic calming from the Maynooth Municipal District engineer:

"Quick update on the Progress of the LPT project to carry out Traffic Calming on the Rathcoffey road.

1. During the summer, we contracted a specialist consultancy (OCSC) to undertake a preliminary design of a Roundabout with a minimum feasible diameter at the entrance to Castle Dawson. The principle behind this category of design roundabout is reduce/check all motorists entering the roundabout on the Rathcoffey road so as to reduce vehicular speed along the road.

The report was received recently and a schematic view of how this roundabout may be designed is attached below. (Note that publication of this document without their permission would infringe the OCSC copyright).

The report concluded that a suitable roundabout was possible with this the available space and would be an effective speed deterrent. However, no decision has been made on whether we should proceed to detailed design as construction costs would be a critical factor. The proximity of the two entrances on the south side of the road to the roundabout is not ideal but still feasible.

No public consultation has been carried out on this concept to date.

2. In the interim , we have embarked on the design of a 'bus friendly' table top ramp to be built at the junction of Woodlands and the Rathcoffey road. The scheme also includes the widening of the path on the Beaufield side to improve the sightlines at the crossing point, and additional kerbs on the Woodlands side to narrow the road. We will also tighten the Beaufield junction to reduce speed and make it easier to cross.

This scheme is currently out to tender and construction should commence in early November."

Update on Replacement of the Fence at Beaufield Green, Maynooth

A report was received from the Roads, Transportation and Public Safety Section of the Council informing the members at the September MD meeting that it is proposed to remove the existing fence line and replace with two lines of post and rail fencing with a planted beech hedge between the two lines. Works are scheduled for November.

Cllr. McGinley Gets a Change to Enforcement of Parking Regulations at the Bus Bay at the Girl's School In response to complaints from parents about the traffic

warden standing in the bus bay at the Girl's School in the mornings, Cllr John McGinley raised the issue with the Council and he got the following positive response: "I have requested the contractor to allow vehicle drop off only in the bus bay at the school and this should only apply after the bus has departed the bus stop and no other busses are due. This is only until school time starts, after that,

normal enforcement should commence. The bus should

always be the priority."

Update on Replacement of Cast Iron and Lead Pipes in the Back Lanes, O'Neill Park and Old Greenfield:

Cllr. McGinley was given the following update by the Council on the replacement of these old water pipes: "Maynooth Watermains Rehabilitation – A Consultant has been appointed to progress this scheme. The tender process for Site Investigation and Construction has commenced and works are anticipated to take place in Q4-2016. This scheme is being carried out in conjunction with Kildare Town Backyard Services. The Maynooth scheme is being prioritised."

Cllr. McGinley Looks for Safety Improvements at the Boys School, Maynooth

Cllr. John McGinley submitted the following motion for the consideration of the Maynooth MD meeting on 20 "That bollards be erected on the footpath, on the schools side of the road, from the Boys National School to the back entrance to the University, on the Moyglare Road, Maynooth, in order to prevent motorists from parking on the footpath."

Cllr. McGinley Looks for Proper Drainage and Surfacing of the Back Lane at Old Greenfield:

Cllr. John McGinley submitted the following motion for the consideration of the Maynooth MD meeting on 20 October:

"When will proper drainage and surfacing be carried out on the road behind house numbers 826 to 837 Old Greenfield, Maynooth?" (This back lane is used by all of the residents for access to their houses)."

Cllr. McGinley Asks for Seven Day Street Cleaning for Maynooth

Cllr. John McGinley submitted the following motion for the consideration of the Maynooth MD meeting on 20 October

"That a seven-day street cleaning service be provided by the Council in Maynooth."

Cllr. McGinley Calls for access to the new road for the rear Garden Houses in Old Greenfield.

Cllr. John McGinley submitted the following motion for the consideration of the Maynooth MD meeting on 20 October:

"What steps are the Council taking to ensure that the developer, High Degree Developments Ltd, honours the Planning Application (13/144 see below) statement "To serve existing Rear Garden Houses" now that he has moved back on site."

(Planning Ref: 13/144 states: Extension of Duration of Planning Ref: 06/144 –Development will consist of new site access to cul-de-sac roadway, footpaths & grass verges 262 metres long from the Straffan Road. To serve existing Rear Garden Houses & proposed New Development, erection of 2 semi-detached, 3 bed-roomed houses etc., at Old Greenfield, Straffan Road, Maynooth.)

Re: Tendering of Maynooth Education Campus Nearly There

Kildare North Labour Representative Emmet Stagg has continued to monitor progress on the re-tendering for the construction of the Maynooth Education Campus.

Mr. Stagg has been advised that the National Development Finance Agency has completed its due diligence on each of the contractors who expressed an interest in tendering for the project by July 19th last. The Project Design Team has also evaluated each of the contractor's applications to tender and has presented their report to both the Kildare and Wicklow Education and Training Board and the Department of Education. Additional Information has been sought from the 10 ranked contractors for the project and when these submissions are received, the contractors will be requested to tender.

Mr. Stagg said the Maynooth Education Campus Project involves the construction of two new Post Primary Schools and a Shared Sports Facility at an estimated value of €30 Million and the envisaged construction period is 24 months.

Welcoming the continued progress on retendering Mr. Stagg stated that it was clear that we are nearly there in relation to getting this most important project back on track and he expected the invitation to tender to issue in the very near future.

Traffic Signals at the Meadowbrook Link Road/ Straffan Road Junction Given Approval by Kildare County Council

The Director of Services advised Councillors at the Maynooth MD meeting on 20 October that the Council has given the go ahead to the developer of Hayfield to install traffic lights at the junction as per the Planning Permission granted.

Frank O'Rourke T.D. Kildare North

Contact Details: Dail Office: 01 6183109 - Mobile: 087 2555257 - e-mail: frank.orourke@oireachtas.ie - f /Frank O'Rourke Clinics: Monday in the Glenroyal Hotel - Constituency Office: Main Street Celbridge.

Special Fund needed for Food exports says O'Rourke

Kildare North Fianna Fáil TD, Frank O Rourke, has called on the Minister for Enterprise Jobs and Innovation and Enterprise Ireland to allocate a special fund for marketing Irish Food products, given the challenge presented by the UK voting to exit the EU.

'We have seen in recent months that the devaluation of the sterling and the potential for a hard border between UK and Ireland has the potential to negatively affect Irish food exporting companies. These companies are now vulnerable given their heavy reliance on the UK market. Over 40% of the Irish Food exports are exported to the UK.'

'The Irish Food product is a quality brand that has potential in many markets outside of the UK. While the UK will remain an important market for us, we need to put in place a marketing strategy that promotes our food products more globally.'

'As I have mentioned in the Dáil on a number of occasions, Naas and the surrounding area is home to many Food related companies, which have strong brands. Examples include, Kerry Food, Dawn Farm Food, Queally Group, Tara Vale Foods, Green Isle, Brady Farm Food located in Timahoe, and Ballymooney Foods located in Clane.'

'I have seen at first hand the investment that these companies, have made, and continue to make, in terms of product development, technology, human resources and infrastructure. The agri-food sector is Ireland's largest indigenous industry which employs over 175,000 people with a turnover of €1 bn last year. We must support this Industry given the challenges presented by Brexit.' concluded Deputy O'Rourke after raising the matter in the Dáil

Prescription Charges

While welcoming the prescription charge reduction for the over 70's in Budget 2017, Fianna Fáil TD for Kildare North Frank O'Rourke has expressed his disappointment that the reductions are not universal.

"I had called on the Government to cut prescription charges for all medical card holders in the upcoming budget and had pointed out that that the previous Fine Gael - Labour Government oversaw a five-fold increase in prescription charges, which has resulted in many people struggling to meet their medical costs.

"The previous Fine Gael Government promised to abolish prescription charges but this never happened. Instead they decided to hike the charge to €2.50 per item. This massive hike was particularly cruel on older people as they are more likely to have to rely on repeat medical prescriptions," said Deputy O'Rourke.

"I firmly believe that we need to move towards abolishing the prescription charge. We should be encouraging people to use the medication that they need to live active and fulfilling lives. However the prescription charge only serves to make it difficult for people to access the basic medications that they need."

"I recently met with Fianna Fáil Spokesperson on Finance Michael McGrath and Public Expenditure Spokesperson Dara Calleary to discuss this. I highlighted the need to start the process of abolishing the prescription charges, and they took on board my concerns.

'I will continue to highlight this issue in the hope that further progress can be made. '

O'Rourke presses for measures to increase Housing Supply

Fianna Fáil TD for Kildare North Frank O'Rourke recently met with senior officials from the Housing Department to press for measures to enable more housing units to be built for the many that are now seeking homes.

'I met with senior officials from the Housing Department and pressed for some specific measures to be put in place to enable more housing units to be delivered.'

'The housing crisis is being exacerbated due to a lack of infrastructure to facilitate construction of new housing units. Towns such as Maynooth, Clane, Celbridge, Leixlip, Kilcock for example, all need additional infrastructure to enable housing units to be developed.'

'Ring road, waste water treatment plants, schools, public transport are examples of facilities that are required to enable further housing units to be constructed. A €200m fund is available for local authorities to assist with the provision of these services and I highlighted the importance of this fund for a county like Kildare.'

'This infrastructure such as waste water and roads etc could be provided in tandem with the construction of new houses. Given the low cost of borrowing, now is the time to provide this infrastructure.'

'I also requested the officials to consider easing the planning conditions, to enable contractors that have commenced the construction of housing units, and complying with the planning requirements, to complete the construction of these units without having to apply for full planning to get an extension to their permission. Seeking an extension in many cases add little or no value to the planning process, but will slow down the supply of housing units.'

'Following my meeting with the Department, I am confident that it sees the benefit of these two proposals. I believe that progress will be made on both of my proposal. Enabling the supply of housing units is a key challenge for this country. We must put in place the necessary policies so that the country has enough houses for its people.'

"There are a number of areas in Kildare where planning has been granted, but construction is delayed because the necessary infrastructure for waste water and ring-roads are not yet in place. In some cases the construction of housing has been delayed for in excess of three years." said Deputy O'Rourke.

"We need to tackle the slow pace in completing the construction of new housing estates. In the Dáil last week, I've asked Minister Coveney to examine irregularities in the planning code to ensure this problem is addressed and unnecessary planning delays are avoided. The current situation is not acceptable."

O Rourke presses for progress on reducing Motor Insurance costs

The continued high cost of motor insurance is unacceptable and requires urgent Government action according to local T.D, Frank O'Rourke

'The most recent figures on motor insurance, show premiums have raised by almost 40% in the last year. This is unacceptable and all efforts must be made by relevant state authorities, the Government and Dáil Éireann to reverse these trends.'

'In recent months, I have campaigned in Dáil Éireann to have the unacceptable high level of car insurance addressed. As I said in the Dáil, It is not unusual for young people in their early 20s to be asked to pay anything between €6,000 and €12,000 a year for their car insurance. Modest reduction in the USC charge, while welcome, is meaningless if the cost of motor insurance soars like it has in recent years.'

'I have suggested a range of measures, including opening

up the Car Insurance market to the EU, re-establishing the Motor Insurance Advisory Board (MIAB), which was successful in the past and requesting that all state agencies, including the CCPC, consider any actions available to them to reduce motor insurance.'

'The current level of premium is not an option for many young people, many of whom require cars for their educational, work or family purposes. The increases in motor insurance for some people is more that their annual Universal Social Charge (USC).

'I raised a Parliamentary Question, in which I asked the Minister for Finance, Michael Noonan T.D., what proposals he had for reducing the cost of motor insurance. The Minister replied that he has established a Cost of Insurance Working Group. This Working Group consists of a number of relevant Government Departments, the Central Bank of Ireland, the Personal Injuries Assessment Board and the State Claims Agency. The objective of the Review is to recommend measures to improve the functioning and regulation of the insurance sector. '

By the end of October, the Working Group will provide an update report which will set out the priority actions required. From November to December, the Working Group will then develop an action plan to enable the relevant Government Departments and Offices to commence the implementation of these priority actions.

'I will continue to raise this matter until progress is made.' concluded Deputy O'Rourke

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THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you for many favours. This time I ask you for this special one, (mention here). Take it dear Heart of Jesus and place it within your own broken Heart where your father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen Say this prayer for three days. Promise publication and

prayer and favour will be granted, no matter how impossible.

Never known to fail.

Thanksgiving for favour received. S.Ó.D

Stress Management Workshop

Venue: Glenroyal Hotel Maynooth

Sunday 13th November 2016 Time: 9.30am – 5.30pm Cost: €100



Advance booking is required.
For bookings please text / phone/email.
Marianne at 086 3418444
Email: marianne.ashe@gmail.com

The workshop focuses on teaching about Mindfulness/ Meditation, in a practical and down to earth manner. It is a combination of theory and practice, being informative yet also providing an opportunity to practice breathing techniques, various types of stress management tools and other relaxation exercises.

Research has shown that practicing Mindfulness/Meditation in everyday life helps to improve focus and concentration, reduce stress and anxiety, improve quality of sleep and benefit overall physical, mental and emotional health and wellbeing.

Topics covered include Mindfulness of breathing and of the senses, how to change negative patterns of thought, techniques to slow down and calm the mind and how to work with your energies to optimise health.

Marianne lives in Maynooth and is a mother of four children. She worked as an Occupational Therapist for 16 years then began studying Complementary Therapies. Marianne is a Bio Energy Therapist, Mindfulness/Meditation/Yoga teacher, and has a Certificate in Indian Head Massage. She has completed Reiki Levels I & II (Practitioner) and is in the process of studying Reiki Level III (Teacher/Master).

A booklet of information summarising what is covered during the workshop will be provided.

Similar workshops will be held specifically for teenagers on a half day basis. There will also be future workshops for adults:-Contact Marianne For Further Details

North Kildare Junior Arch Club

North Kildare Junior Arch Club is a friendship club for children and young people with special needs, along with their parents and siblings. We meet every Tuesday during term-time, from 7pm-8:30pm in Leixlip Youth and Community Centre. We aim to develop members social skills and self-esteem through a range of activities and games, and most importantly to provide a fun, secure social outlet for children and young people with special needs.



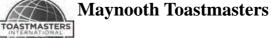
Most weeks we have music for dancing, arts and crafts, a sports activity, some imaginary play, fine-motor toys or puzzles, a snack and some group games. A few times each term we have activities such as cooking, talent shows (The Arch Factor!), sports days (Arch Olympics), nature walks in the park, and parties.

During school holidays we organise day trips, such as trips to Lullymore, Wallaby Woods, Jump-Zone, Viking Splash Tour, Sea Life and others.

The Club is for children and young people aged 5 to 15 years. The emphasis is on participating in and enjoying the activities.

As our members have a variety of abilities, activities are always offered at a variety of difficult levels to suit individual members.

For further details please contact: Una on 086 408 4857 or Carol on 087 325 2798



The year 2016 will live in the memory of people for ever, celebrating the Easter Rising, it's amazing how fast time passes.

Maynooth Toastmasters is also celebrating in 2016, being its 10th Anniversary, since it started in 2006, since then it has grown to become a vibrant dynamic club contributing to members growth and development and reaching out to the greater community of Maynooth. While we are always looking at new and exciting ways of making our meetings interesting and instructive the core principle still remains to foster members Communication Skills and help develop the leaders which are within everyone but just need the positive environment to emerge.

A fun system of encouraging speaking is Table Topics, in effect getting a person to formulate thoughts quickly in a coherent manner, it's the ideal introduction for all to start their communication journey. Maynooth Toastmasters prides itself on interesting Table Topics Sessions, so come along to the Glenroyal Hotel on 2nd and 4th Monday of the month @ 7.45pm.

Check out Maynooth Toastmasters Facebook Page

Editorial

Another month nearer the end of 2016 and with the clocks gone back there is a sense that it is time to prepare for winter whatever that will bring. While I am not an expert on William Shakespeare's Richard III, borrowing a thought from the opening line which became the title for the John Steinbeck novel "The Winter of Our Discontent" may surely be our fear for the coming months. There is no doubt that the majority of public servants made very significant sacrifices in loss of pay, promotions and pension value during the emergency cut backs over the past eight years and with the economy having improved are making the arguments for pay and conditions to be restored. Government cutbacks at that time also had impacts on the community and voluntary sector and I believe that it is now time funding to these organisations should be restored. Groups such as Maynooth Community Council had to suffer a fifty percent funding cut applied to operational grant aid while operating costs remained at the same level.

Many services which should be delivered by Government are outsourced to community based organisations which means that volunteers take on very significant employment and service delivery responsibilities usually without training or sufficient back up expertise. Not alone was funding cut but government departments made sure that these groups had to fund the services themselves. So what is the downside - well groups had to spend their rainy day funds just to keep going and I am aware of several groups who now need to re-invest in critical operational things such as upgrading IT but they do not have the funds.

There is no doubt that employment options in this economy have improved. Maynooth Community Council and similar community and voluntary organisations provide valuable training and work experience and support local people who need these opportunities. Money invested by Government in such groups is money very well spent as it supports employment and the wider community with local services. Returning to the level of grant aid before the emergency is critical to allow community groups to invest and therefore continue the good work. Surely it will not be necessary for community and voluntary groups like Maynooth Community Council to protest to get this funding restored?

One group who have continued to achieve great success in 2016 is Maynooth Tidy Towns. Winning Maynooth's first Gold Medal in the National Tidy Towns Competition. This group is primarily funded by local voluntary fundraising. Their work has a much broader impact in giving the community a positive feeling about their environment. I have to pose a question – could you imagine how much a group like this could achieve if they were allocated only a small share of the parking meter charges or local property taxes?

Paul Croghan

Editor



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The Copy Date for the December Edition of the Maynooth Newsletter is Tuesday 22nd November

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Maynooth Fire Station, Rise and Shine For Childline

This years Cheerios' Childline Breakfast took place from October 17th – 21st, when people around Ireland were encouraged to host or attend a breakfast in aid of Childline.

Childline is the only 24-hour listening service which seeks to support and empower children and young people in Ireland. Last year, Childline had conversations with almost 400,000 children and young people who contacted the



'Community pride and spirit is alive and well in Maynooth! Tidy Towns Competition 2016 Adjudication Report



Centre: Maynooth - County: Kildare - Category: F - Ref: 377 - Mark: 31 - Date: 09/07/2016

WHAT THE JUDGES SAID:

Community Involvement & Planning/Rannpháirtíocht an Phobail & Pleanái We extend a warm welcome to Maynooth Tidy Towns - you are a long-time participant in the

Tidy Towns competition. It was our first visit to Maynooth in many years - there was a vibrancy and buzz about the place. Your recent achievements such as winning your Silver Medal in 2015 further help you to gain momentum with your various activities. You have made great strides in the competition in recent years and we congratulate you on your achievements. We couldn't find a key to relate the yellow sticker to the project (nor any reference in the main entry form). Please include both next time. We feel a larger scale map of the town centre is required. Your interspersed photos give a good insight into your recent activities. Your categorised plan is enabling you to prioritise your tasks and monitor progress. We feel you should



also have plans under the "Community Involvement & Planning Category". Well done for clearly addressing previous adjudicator's recommendations.

Your effective communications campaign is keeping your message out there in the community. Your number of followers on Facebook has increased by 25%. Having a dedicated mobile phone number is a good idea. Your active committee of 14 members is greatly supported by the wider community including community groups and NUI Maynooth.

You have had very strong links with Kildare Co. Co. Several local businesses are in support of your efforts, some through sponsorship. You are very proactive in your engagement with your local schools, university and youth groups.

Built Environment and Streetscape/AnTimpeallacht Thógtha agus Sráiddreacha:



Maynooth has an attractive architectural character that defines the town centre - with the wonderful entrance to Carton House at one end of the Main St. and the historical university at the other. We are glad to hear that there has been a take up in occupied premises in the last year. You continue your work to ensure derelict and uninviting facades are maintained to a good standard. Business owners are playing their part also; you are keeping them abreast of initiatives such as the KCC Shop Front Improvement Grant. Based on your photos, your own MTT 'display' building looks a lot more inviting this year. The derelict Buckley's House is quite prominent so we look forward to hearing of developments here. Hopefully they will have a positive

impact on these areas. All was neatly presented at the riverside area in front of Manor Mills Shopping Centre. It is lovely to see the small cafes embracing their riverside location. The quality of the laminated signs at the entrance to Maynooth Castle jars a little with the elegant surrounds. NUI Maynooth is an impressive complex, beautifully landscaped and maintained. Signage is poor at the Health Centre – some general freshening up is required here. The fire station looks well as does the lovely scouts den in the former church. All was in good order in the busy playground area. Perhaps the nearby kissing gate could be painted soon? Some buildings that caught the eye included Ui Neil's pub (flowers displayed), Oak Alley Restaurant, McCormack's Pharmacy, Siopa Milsean, Jewellers/Antiques shop, Credit Union. All was in neat order at the Train Station and library. The presentation Girls School has impressive

Landscaping and Open Spaces/Tírdhreachú agus Spásanna Oscailte:

You have a strong sustainability ethos in terms of your overall landscaping approach. You are listening to 'best practice' guidelines in terms so environmental protection and trying to evolve your schemes bit by bit. Well done. We are glad to note that you have a 2/3 landscape Plan and this includes a slight change in approach towards the planting of more pollinator friendly herbaceous perennials. We like your catchy 'Don't Mow let it grow' slogan. We note from your WHNA submission that some estates are already trying this out. Your efforts to select plants that require less water are also



commended and gains you points under SWRM category. It is encouraging to hear that you have in your midst a retired horticulturalist with a strong interest in the care and maintenance of your wonderful trees. The copper beech trees at the entrance to MU were admired. These are complimented by flower planters (containers themselves require painting soon). The MU grounds themselves contains a lovely mix of shrubs, trees and roses. The roses tumbling over the wall across the way was a

pleasant sight. Attractive planting displays were observed outside the Carton Gates and at the traffic lights near the church. The new beds on the Straffan Rd are doing fine. You are remaining vigilant with regard to monitoring of the previously problematic Japanese Knotweed. We appreciate your time consuming efforts to manually remove weeds where possible and minimise the use of weed killer. Displays of pansies and begonias along the riverbank in front of Manor Mills Shopping Centre bring a splash of colour. The Pound is a lovely little green area – all well maintained. Supervalu is nicely landscaped. Trees enhance the Leinster St streetscape. Charter House (apt) has attractive landscaping. Floral displays provide excellent visual impact at the lovely Court House Square. Trees here were in good order.

Wildlife, Habitats and Natural Amenities/Fiadhúlra, Gnáthóga agus Taitneamhachtaí Nádúrtha:

Your submission to this category is impressive. You are strongly aware of your local habitats and threats to same. You are using your community 'voice 'to engage with relevant stakeholders and to do your best for the future protection of your natural environment. This is what community participation is all about. We hope you will shortly receive a positive response in relation to your wish to commission a new Biodiversity Plan – this will help frame decisions and actions. We are delighted to read that you are familiar with the National Pollinator Plan and are taking simple yet important steps to



encourage bees. These include the planting of pollinator-friendly perennials. You have available local expertise on bee welfare and are wisely availing of it. The Willow Planting project is one project you have undertaken, based on expert advice. Well done for registering this with the National Biodiversity Centre. Do keep us updated next time. We commend your plans to promote the Junior Pollinating Plan to schools and youth groups. Your participation in Kildare Biodiversity Week events is raising awareness among residents of your fantastic natural environment and the species that inhabit it. The skills of the Men's Shed are a great resource to help you progress, both in this category and SWRM (Reuse). You are also getting expert advice from Birdwatch Ireland and Bat Conservation Ireland. Your ongoing care of your canal and rivers is commended. Would the groups using these areas provide a few volunteers for these clean ups? (Royal Canal Amenity group and MU Canoeing

Sustainable Waste and Resource Management/Bainistiú Acmhainní agus Dramhaíola Inbhuanaithe:

Congratulations on your win in the Value Irish Water Award 2015! Your practical Food Waste event sounds informative and enjoyable. Well done for pulling it together, recruiting local experts and for passing on the presentations to the schools. We look forward to hearing of similar events in the future. Your charity shops enable residents to pass on/purchase items and give them 'another life'. We acknowledge the great work being carried out by Maynooth green schools to reduce waste, water energy and travel. It is wonderful to hear that they all have compost bins and use water butts to conserve water. Your Maynooth book shop is another good example of Reuse as is the shredding of woody green waste for use on your flower beds. The MU car sharing group is a good way to encourage car-pooling. We wish MU success with their Green Campus Flag application. We are glad to note that MTT practices what it preaches in term of reducing paper, water use etc. Your ongoing recycling initiatives are noted. Keep up the good work.

Tidiness and Litter Control/Slachtmhaireacht agus Rialú Bruscair:

Litter control was very good in your busy town. We acknowledge that additional challenges that come from being a vibrant university town – you are taking these on and working with the various stakeholders in a positive manner to maintain a clean town. We are glad to hear the Green Campus/Students Union has a programme in place to clean up after student's events. The 'Mutt Mitt' dispensers are helping to alleviate hazardous problems. It is important to stay strong on messages with that issue. We positively note that Maynooth has a litter Management Plan and that you segregate your collected litter for recycling.



(Continued on page 26)

Mark Nugent Fundraising Gala Night Photo Gallery Photos by John Boyd



WING TSUN - IEWTO

Ladies & Gents

Self – Defence Class

Beginners Welcome

Venue: Maynooth Community Space Unit 11 Carton Park Tesco Shopping Centre Maynooth



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Congratulations to Maynooth Tidy Towns on receiving GOLD!



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aynooth Newsletter

Copy date for the December edition of the Maynooth Newsletter will be Tuesday 22nd November 2016

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October was a busy month for the branch as the term got into full swing. The branch continues to encourage the enjoyment of our traditional arts on Wednesday nights in Maynooth Post Primary School.

We had our much-loved monthly class session on September 28th shown below. The names of the tunes played can all be searched on Twitter using the hashtag #craobhclasssession



This was followed up by the monthly junior session on 2nd October. The session has been moved to the upstairs bar in Brady's and takes place at the slightly later time of 6pm. This session always proves to be an enjoyable social event for our young members as well as enhancing their musical talents.

Sult na Sollán is a community group set-up in Sallins, North Co. Kildare to promote the Irish language and traditional Irish music and culture. They held their annual festival on October 15th / 16th and invited the Comhaltas branches around Kildare to partake in the Sonas agus Spraoi. A session was held in the Railway Inn on Saturday afternoon which allowed our member to share tunes with the other branches around the county.



The KBC Bank Bright Ideas initiative awarded the branch with €00.00 towards the establishment of our "Instrument Bank". It is our objective to provide a range of instruments which will allow members to have a trial period before committing to purchase. We hope to have a concertina, a button accordion, a flute and perhaps a banjo available for next term. Maynooth G.A.A. will be participating in Scór later this month, with some junior members of the branch contributing to the event. We wish everyone involved the best of luck in Allenwood.

Keep an eye out on Social Media for news of branch events and sessions. Slán go foil

> www.facebook.com/ccemaighnuad www.twitter.com/CCEMaighNuad www.ccemaighnuad.com Committee Craobh Mhaigh Nuad CCE

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Maynooth Town FC Lotto Results 2016 www.maynoothtownfc.com - Join Us On Facebook W/End Numbers Jackpot 3 x €35 Winners P. Sweeney - Tom Monnelly - Jesmond Harding 6,9,11,15 €2,450 14-Aug 21-Aug Damien Bracken - Alison O'Brien - John Gannon 3,4,18,20 €2,500 7,18,20,27 €2,550 **Terry Hinds - Catherine Fay - Adrienne Lynam** 28-Aug Jacqui Hobbs - Pat Pearse - Val Gallagher 04-Sep 3,9,16,17 €2,600 14,16,17,20 Peter Egan - Les Kellett - Alisha Craig 11-Sep €2,650 18-Sep 11,14,16,21 **€2,700 Kevin Byrne - Johnny Thompson - Maeve Byrne 25-Sep** 1,8,17,23 €2,750 Luke Maher - Cam Dunne - Aaron Tobin 02-Oct 15,16,27,28 **€2,800** Declan Fitz - Mags O'Sullivan - Mary Murray 09-Oct 2,6,10,16 €2,850 Patrick Gilligan - Louise Mac Nevin - TJ Byrne Leisa Garvey - Mark Nolan - Dani/Dara/Amy 16-Oct 4,15,20,28 €2,900



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"Maynooth Newsletter" is printed monthly with 4700 copies delivered to homes or distributed to local business premises in Maynooth and outlying areas. With this kind of circulation an advert placed with us ensures your product or service is brought in to homes and workplaces in your community.

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01 6289999

Well Done to Maynooth Tidy Towns on achieving GOLD in the National Tidy Towns Awards
Thank You to All Volunteers - a just reward for your fabulous efforts.

The Irish Society for Autism (Rose Week)

During the week 8-14th October there were volunteers selling roses outside Shopping Centres, Supermarkets etc. all around the country. The Irish Society for Autism (ISAC) was founded in 1963. The campaign was set up to educate the awareness for the need of early diagnosis, intervention and most important proper education for children suffering from Autism



L-R Bernadette Boer, Eric Lenehan, Luke Keogh, Alexander Harding



L-R Margaux Hill, Martha Wilson, Aiobhín McGibbon

Above are some of our students (Maynooth Post Primary) who volunteered their time to support the (ISAC) and were out and about on the streets of Maynooth.

Maynooth Maynooth Caring for our environment

Our First Gold Medal!

Thank you all who have congratulated us on winning our first gold Medal in the National Tidy Towns competition. Elsewhere you can read the judges report. This hard won medal which we have been striving for many years will be presented to us on Tuesday 25th October 2016 in Skerries, Co Dublin.

In the Helix on the 26th September we also won a Pollinator Award.

Skerries won the National overall Tidy Towns competition for 2016. A number of the Maynooth Tidy Towns Volunteers visited Skerries on the 8th October. We had a very informative talk with Maeve McGann and Anne Doyle of Skerries Tidy Towns. We would like to thank Mark Nolan of Maynooth Cabs for sponsoring the bus and also Sean Cushen for driving us to Skerries and back.

On November 1st we are looking forward to the Kildare County

Council Awards which will be held in Maynooth University. You can contact us on 087 3153189 or look us up on Facebook. Richard Farrell - PRO Maynooth Tidy Towns.



Anne Doyle and Maeve McGann of Skerries Tidy Towns with Maynooth Tidy Town Volunteers on their visit to Skerries.

Reuse Month 2016 - 39 Reuse Tips

For generations in Ireland and across Europe thrift was one of the main reasons for reuse. If you can reuse an item yourself, it can help save money, save time, and save the environment.

It can be simply a matter of thinking a little differently and figuring out how old milk cartons, cans, bags, bicycles, tyres, packing or wood maybe reused to match your needs. Reuse can truly find a new life for items around your home or workplace.

We have listed 39 reuse tips for reuse – Have a read and see what you can do to support reuse and maybe save some money! About Recycle IT

Recycle IT is a not for profit social enterprise providing drop off and collection services for waste electrical and electronic equipment to homes and organisations across Dublin and surrounding areas. Services are provided in partnership with WEEE Ireland, authorized by the National Waste Collection Permit Office and supported by South Dublin County Council.

- 1. Create reusable lunch boxes or storage containers from large plastic ice cream tubs.
- 2. After a picnic or BBQ, wash and save plastic knives, forks and spoons then store for your next outdoor event.
- 3. Reuse large plastic milk containers to water garden plants rather than a hose: pierce small holes in the top side of the container and fill with water for slow, steady and simple watering.
- 4. Harvest seeds from fruit and vegetables and try to grow them!
- 5. Use paper egg cartons or toilet paper tubes (both are biodegradable) to start growing seeds into plants. They can be dropped right into the soil once strong enough.
- 6. Turn toilet rolls or paper towel tubes into playthings for children or nesting materials for your small pets
- 7. Create egg carton crafts.
- 8. Store printed pictures and photos in poly pockets to reduce the aging effects from humidity, damp and light.
- 9. Use old wine corks to create a floating key ring; your keys won't sink while at the pool, beach or lake.
- 10. Use a 2-liter plastic bottle to create a bird feeder.
- 11. Used cold bacon fat in a tuna or cat food tin to feed you feathered friends, just hang from a tree or post in the garden.
- 12. Put old newspaper under a tablecloth to offer protection against spills.
- 13. Clean your windows on Monday with Sundays newspapers (instead of paper towel)
- 14. Place an open jar or bowl of dried, used coffee grounds in your refrigerator or freezer to neutralize odour's.
- 15. Keep a jar of dried, used coffee grounds to use with washing up liquid. It acts as a scouring agent for baked on food
- 16. Placed used coffee grounds in a ring around garden plants to keep bugs and slugs away.
- 17. Refresh your eyes fresh with chilled and dampened tea bags taken from the fridge.
- 18. Cut old bike tyre tubes tube into strips to make rubber bands in custom sizes.
- 19. Cut or shred paper or thin card into eco-friendly packing material for presents or parcels.
- 20. As kids out grow colouring pencils, pens and art supplies try donating them to your local school.
- 21. Empty bottles, sweet boxes and biscuit tins can be used as small screw holders, tool boxes, sewing kit or cake holders.
- 22. Collect old soap ends in a stocking leg and keep by an outdoor tap, ensuring you have hand wash for outside use.
- 23. Cut up old t-shirts and use them to clean up messy spills around the house and in the garage.
- 24. Use an old adult t-shirt as painting overalls for your kids saves washing clothes.
- 25. Old tights make great rags for cleaning, dusting and shining
- 26. Old tights can be reused as sleeves for storing posters, wallpaper rolls, wrapping paper or anything else that needs to stay rolled up.
- 27. Cut the legs of old jeans to make supper cool shorts for summer.
- 28. Use banana peels to shine your shoes. Rub the inside of the peel on shoes, then shine with a soft cloth.
- 29. Turn bread heals into breadcrumbs once dried out. Just blitzed.
- 30. Use the peels of juiced lemons and limes to make zest and twists, which can be dried or frozen for later use.
- 31. Use juiced citrus fruit halves sprinkled with salt to clean stainless steel and other metal fixtures.
- 32. Add a piece of orange peel to brown sugar to ensure it stays soft.
- 33. Don't throw away half used copy books, up-cycle into kid's drawing books.
- 34. Unravel woollen jumpers and knit something new for you!
- 35. Reused material from 3 or 4 broken umbrellas to assemble a retro style rain poncho.
- 36. Jars can be cleaned and used to store homemade jams, preserves or even as desk organizer for pens, paper clips or pencils.
- 37. Save old toothbrushes to scrub hard to reach places, like grout, sinks or behind water taps.
- 38. Collect broken china to re-tile outdoor tables, flower pots or paths.
- 39. Hang old clothes drawers or washing machine drums on the wall to create shelves or used them as storage boxes.

Waste is Treasure!

We all know one person's waste is another person's treasure. Instead of discarding unwanted electrical appliances, tools or clothes, try selling or donating them, you will be reducing waste and helping others.

Local community groups, charity shops, schools and non-profit organisations may accept a variety of donated items, including used books, paint, working toys and unneeded furniture.



Minions - Reuse Toilet Roll Tubes



Egg Carton Alligator



Milk Carton - Water Carton



Washing Machine Drum Light



Brennan Performing Arts "Actors Lab" Local Success Stories



In 2015 Brennan Performing Arts set up the very successful "Actors Lab" which was launched for Teenage Actors and it is growing from strength to strength. With classes completely full, all students are working with leading tutors, actors, directors and casting directors in the industry. "To have an outlet to create and grow as a young actor is something we are very proud to have in place for this age group". The following successes over the past couple of months.. So proud, Maynooth has plenty of Talent!!

Glen Nee, age 15, Brennan Academy - 'Actors Lab' student, has just wrapped in Belfast on Feature Film "Zoo" a very exciting project, based on a true story set in Belfast in 1941. At this time of terror, the ministry of Public Security shot dead 23 animals in Belfast Zoo. A woman working in The Zoo secretly walked a young elephant from the Zoo each evening, cared for and comforted this young elephant in the backyard of her terraced house as bombs rained down on the city. Seen through the eyes of young Tom (Art Parkinson, "Kubo and The Two Strings", "Game of Thrones"), Tom takes on the fight to save this elephant, he is aided by his misfit friends. Glen has spent the past five weeks filming in the role of 'Vernon', the villain! in various locations in Belfast and Causeway and is due to start filming next week in Canada. Glen is thrilled to be working alongside Art, Toby Jones ("Hunger Games", "Downtown Abbey"), Penelope Wilton ("Best Exotic Marigold Hotel", "Downtown Abbey", Steven Spielberg's blockbuster "BFG"). Prior to this, Glen had just wrapped on a short movie with Aoibhinn McGinnity entitled "Groundless" which won Best First Short Film at the Galway Film Festival and Glen received rave reviews for his performance. Glen resides in Dowdstown Maynooth. His mum Tina Barrett, father Dermot and sister Lara who are all very proud of him. Glen is also a student at Maynooth Post Primary.





Lucy Maher, age 16 who resides in Royal Meadows, Kilcock received the best news this week when she found out that she had been cast in a new television series "Drop Dead Weird" in the supporting leading role of 'Aisling'. Lucy a transition year student at Maynooth Post Primary and a student with Brennan Performing Arts 'Actors Lab' will be travelling to shoot this series in Sydney, Australia for 2 months commencing early November! "Drop Dead Weird" is a co-production by RTE and Channel 7(Australia) and will be aired worldwide. Lucy has her bags packed and is all set to go on this amazing adventure.

Actors Lab student Robyn Wright, age 15, who hails from Allenwood in Naas was recently cast in the supporting lead role of 'Carrie' in feature film "Inspector Jury". This is a fantastic role for a young actress and she had a very memorable summer on set. Inspector Jury will be broadcast in Germany so Robyn also had the task of learning her scenes in both English and German. Also cast and shared the screen with Robyn is fellow Actor's Lab student Sadhbh Jackman, age 17. Sadhbh who resides in Celbridge has also been making a name for herself amongst casting directors both here and further afield. Also cast in "Inspector Jury" young actor Alex Mooney who resides in Rockfield, Maynooth (Actor's Lab) and Dylan Hennessy (Enfield).



(L-R) Robyn Wright, Alex Mooney, Sadhba Jackman & Dylan Hennessy





In more exciting casting news – Rachel Lynch from Donadea (age 8) and Ronan Millar (age 8) from Kilcock who both attend Brennan Performing Arts classes in Maynooth have just been cast in The Abbey Theatre's Winter production of "Anna Karenina". Both Rachel and Ronan are so thrilled to be sharing this experience and the stage with professional actors in what promises to be an amazing production. Rehearsals will start this month.

Aidan McCann, age 7, from Griffin Rath Hall, Maynooth has just wrapped on short film produced by Johnathon Farrelly and written by Dave Thorpe BCC entitled "Leap of Faith" which was shot in Kells. Leap of Faith will premier at the Galway Film Festival.



(L-R) Lauren Condron, Tara Kavanagh, Rebecca Webb, Ciara Thomas, Siobhan Dalayap and Sophia Knapp

We have also been very busy with numerous groups / soloists taking part in the Community Games Talent Finals. Maynooth students came home with plenty of fond memories and plenty of medals! We had students from Maynooth in Group Singing, Drama & Dancing and for the 2nd year in a row Maynooth Girls (Lauren Condron, Tara Kavanagh, Rebecca Webb, CiaraThomas, Siobhan Dalayap & Sophia Knapp) who won gold at the Kildare Final represented their County in the All Ireland 'Under 16s Group Dance Section' in Athlone placing 2nd.

Numerous other Maynooth students have been cast in Commercials, Theatre Productions, TV Dramas & Print Campaigns. We are so incredibly proud of them all!



Maynooth Monthly Diary Planner

Irish Girl Guides

Meetings Tuesday evening in Maynooth. For further information contact Jackie on 0894298061 or visit the Irish Girl Guides website www.irishgirlguides.ie

Maynooth Multiple Births

Maynooth Multiple Births playgroup (twins triplets or more) meets the last Thursday of the month in Leixlip library between 10 & 12 noon. This is a Great opportunity to meet parents just like you.

For further details email:
maynoothmultiplebirthclub@gmail.com

Bridge Club

Open for new members. If you would like to play in a friendly club with purposebuilt facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com.

Contact Katherine Cooney
086 8205910

I.C.A.

Monthly meetings take place every 1st Thursday of the month at 8.00pm in the I.C.A. Hall in the Harbour. Crafts every Monday night at 8.00pm. New members welcome

MAYNOOTH LOCAL HISTORY GROUP

Maynooth Local History Group Meets
Last Thursday of each Month in the
Maynooth Community Council Office
(Next to the Post Office)
New Members Welcome
Contact: MCC Office for more details

Arthritis Ireland

Arthritis Ireland Walking Group
(Maynooth)
Meeting Monday's
12 - 2pm in the Maynooth
Community Space

University of Third Age (U3A)

Weekly meetings on Friday at 11am in Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth New Members Welcome

Maynooth Parent & Toddler Group

Every Thursday from 10.00am to 12.00pm Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth

Maynooth Men's Sheds

Weekly meetings take place every
Wednesday at 11.am
at the Garden Centre
Dublin Road Maynooth.
For further details contact
John Fleming - 087 2041334

Maynooth Tidy Towns

Volunteers required to help with this work. Contact Number 087 3153189

ALZHEIMER CAFÉ LEIXLIP

Informal café atmosphere for people with Dementia & their partners family & friends. Free of charge. Venue Ryevale Nursing Home. Every second Wednesday of each month 7-9pm. Call 0894933533

Email:alzheimercafeleixlip@gmail.ie www.alzheimercafeleixlip.com

Maynooth Community Church

1st Floor Manor Mills
(entrance next to Chill)
Service times every Sunday morning
from 10.30 am
www.maynoothcc.org
Everyone most welcome

Maynooth Senior Citizens

Our morning club continues on Tuesday and Thursday and new members are always welcome. Perhaps you are new to the parish or new to the age bracket, why not come along you might enjoy it. You will find us in the Geraldine Hall on Leinster St, or contact Josephine on 087 9002296.

Craobh Mhaigh Nuad C.C.E.

Classes are held on Wednesday 7pm to 9.30pm in Maynooth Post Primary School, Moyglare Road. Our classes are very good value, great fun and we promise you plenty of craic also !!. Bígí linn!!!

Contact Sean at 086 2225540 or email craobhmaighnuad@gmail.com.

ST MARY'S BRASS & REED BAND

Rehearsals are held in the Band Hall on Pound Lane each Monday night (except Bank Holidays) from 7.45pm to 9.30pm and musicians living in Maynooth and the surrounding areas are most welcome.

E-mail: sec@stmarysbandmaynooth.ie
Website: www.stmarysbandmaynooth.ie

Diary entries are published free of charge for all Community Groups. E-mail details of your event before the copy date (2nd last Tuesday of each month) to be included in the next months edition. E-mail: office@maynoothcc.com. Phone: 01-6285922 (The content of the Monthly Planner Diary is published in good faith. All details should be checked with groups)

Difficult

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to Maynooth Newsletter Unit 5 Tesco S/C Maynooth

Collect prize from Newsletter Office

Sudoku Challenge November 2016

Entries must arrive before: 22nd November



Congratulations to October Winner:

Oliver Durack 18 The Place Straffan Wood Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

Super Difficult

	3							
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6	8				9	2		
5		3				8		1
		2	7				9	5
1	7		8		6			
9				2				
							6	

Name:	
Address: _	
Phone: _	

Kildare Planning Applications for Maynooth Area

From 16/9/16 to 21/10/16 - information from Kildare County Council Website

App. Num	Authority	Applicant Name	Development Address	Application Date
161106	Kildare County Council	Padraig and Ger O'Leary	114 Leinster Wood South, Carton Demesne, Maynooth	21/10/2016
161082	Kildare County Council	Ciaran Foley	4 Temple Wood, Carton Demesne, Maynooth	13/10/2016
161065	Kildare County Council	Shaun & Orla Doherty	18 Temple Wood, Carton Demesne, Maynooth	07/10/2016
161033	Kildare County Council	Andrew Morgan	Laraghbryan West, Kilcock Road, Maynooth	30/09/2016
161040	Kildare County Council	Thomas Hoare	1 Convent View, Maynooth, Co. Kildare.	30/09/2016
161041	Kildare County Council	Shireen Properties Limited	Leinster Street, Maynooth, Co. Kildare.	30/09/2016
161043	Kildare County Council	Laraville Properties Limited	The Roost Public House, Main Street / Leinster St, Maynooth	30/09/2016
161034	Kildare County Council	Michael Geraghty, Junior	Barberstown Upper, Maynooth, Co. Kildare.	29/09/2016
161011	Kildare County Council	Laurel Supermarket Limited	The Glenroyal Shopping Centre, Straffan Road, Maynooth	23/09/2016
161014	Kildare County Council	Maynooth University	Maynooth University, North Campus, Maynooth	23/09/2016
16982	Kildare County Council	Pamela Halton	Rosetown, Maynooth, Co. Kildare	16/09/2016

James Lawless T.D. Kildare North

Phone: 01-6183587 - e-mail: james@jameslawless.ie - Web: www.jameslawless.ie

Ross's failure to engage in Transport issues obvious

Kildare North TD James Lawless says he is disappointed with the low level of investment in transport in Budget 2017, claiming that it reflects Transport Minister Shane Ross's failure to properly engage with the issues facing the sector. Deputy Lawless also pointed out that Ross has failed to reflect the strategic importance of transport infrastructure in supporting communities and the economy.

Deputy Lawless said, "Minister Ross has left a lot to be desired with his measly transport allocation in Budget 2017. The low level of funding allocated to current expenditure and capital investment is disappointing. It reflects that developing our transport network is simply not a priority for the Government.

'Many urban areas are experiencing serious traffic congestion. This is particularly prevalent in Dublin. Unfortunately Budget 2017 does not provide any capital investment to advance key strategic public transport projects, including metro north and the DART expansion programme. It seems Minister Ross is satisfied to simply continue reviewing these projects for yet another year as gridlock takes hold in the capital.

"We must invest in our transport infrastructure if we want our cities to remain desirable locations to live and work in. It is also vital that we have an adequate transport network in place to continue attracting tourists to visit Ireland. Despite this Minister Ross has secured no additional funding to advance key public transport projects to design or planning stages. This is deeply disappointing but not surprising given his utter failure to engage with the issues facing the sector and his semidetached approach to being a Minister.

"The failure to secure more investment for the roads network is incredible, especially when you consider the state of disrepair that many routes are in right across the country. Under-investment in roads over the last four years has been extremely damaging, with maintenance spending on average 47% below that required to keep road surfaces in a steady state condition.

"This is something that must be looked at again as the failure to keep a minimum level of maintenance investment is merely placing large scale capital costs on the shoulders of future generations."

Maynooth Park Tree Trimming

I had been contacted by a number of residents regarding tree pruning needed in Maynooth Park. Since then I have followed up with the council and can confirm a full assessment will be taking place in the coming months. Should you have any issues in your own estate please don't hesitate to contact me.

Twitter and Technology

As Fianna Fáil spokesperson on Science, Technology & Research I am meeting with various firms in the sector to understand how we stack up in terms of job creation, fiscal strategy, graduate intake and how Ireland can position itself to continue as a world leader in the knowledge economy. It was a pleasure to visit Twitter HQ in D2 and InfoSys FinTech in City West as just two firms I spent time with recently.

If anyone who is involved in the sector would like to discuss the industry with me please do get in touch.

James Lawless Book Launch!

I was delighted to launch a new book by local author James Lawless in the Maynooth Book Shop last week. Myself and my namesake have met on many occasions and I was delighted when he asked me to launch his new book. It was great to meet the staff of the Maynooth Book Shop too, who support local authors such as James. Based in Leixlip this will be the fifth book he has written and sold. I wish him and the Maynooth Book Shop team all the very best.

Future of Energy and Climate Change

I spent some time recently at the EU conference on energy security and union in Copenhagen. As part of my role on the Oireachtas committee on energy and climate change, it is vital to understand what is being done elsewhere and how they have transitioned off fossil fuels and become more energy efficient. "The most efficient energy is the one we don't use" and reducing consumption is one step we can take.

Lots of progressive ideas from across Europe which highlighted how much we could do without even making wholesale changes. Just one example is the amount of heat lost from all our factories out into the ether, which could be easily captured and harnessed with no extra outputs. District heating, more renewables, insulation and smart buildings all work. Amazing how everyone was cycling over there as almost the default mode of transport.

Finally it was great to catch up with MPs and MEPs from all over Europe but especially with our celtic cousins from Plaid Cymru in Wales and the SNP in Scotland.

Maynooth Office

As always my Maynooth Constituency Office is open every Monday from 9am to 4pm just off Doctors Lane. No need for an appointment, just drop by.

MAYNOOTH CYCLING CAMPAIGN NOTES

CALL FOR KCC TO ALLOCATE €3M FOR CYCLING

In line with Cyclist.ie (the Irish Cycling Advocacy Network), Maynooth Cycling Campaign has called on Kildare County Council to allocate 10% or €3 million of its transport budget for cycling in the 2017 budget. This expenditure equates to €10 per person per year which is approximately half of what is spent in the Netherlands but which is broadly in agreement with the recommendations of two recent Westminster reports. The increased funding is required in order to progress towards achieving the government target of 10% commuting by bicycle by 2020.

The background to the call is that cycling continues to get the crumbs at the table when it comes to overall national transport spend. Of the €10B (billion) allocated for transport investment in the

Capital Investment Plan for 2016-2021, active travel (encompassing walking, cycling and other such measures) is allocated just €100M (million) - i.e. approx €17M per annum for each of the six years. That means that cycling is to receive approx 0.5% (half of one percent!) of the transport pie at a time when nationally cyclist fatalities in Ireland have been increasing as well as levels of obesity, pollution and congestion.

STRAFFAN ROAD

As everyone knows, contractors for Kildare County Council have been carrying out works on the Straffan Road and in order to provide space to operate, traffic has been temporarily restricted to two lanes in parts. Despite the works, residents in adjacent housing estates have been able to get in and out of their estates with relatively little trouble at peak time. This is in marked contrast to the forecasts of gridlock by politicians and residents in response to the proposal to permanently reallocate the turn right lanes for the benefit of pedestrians, cyclists and environmental improvements. In such controversial situations, international practice is often to trial new traffic management proposals before deciding in favour or against but at the time Kildare County Council rejected this option. Now we are having that trial and seeing that the reallocation of space was both realistic and feasible.

MOYGADDY OUTER ORBITAL ROUTE

Meath County Council is still assessing the submissions for the Moygaddy Outer Orbital Route including one from Maynooth Cycling Campaign. The most important issue from our point of view was the proposed inadequate / substandard separation of the cycle track from the road.

We also sought a difference in height between the footpath and cycle track in line with best Irish and international practice and filtered permeability so that the existing road would not be used for rat running, in other words use of the existing road would be prioritised for pedestrians and cyclists.

Maynooth Cycling Campaign is a non-party political cycling advocacy group. Its aims are to promote cycling as a healthy leisure pursuit and as a safe, enjoyable and efficient mode of transport for everyone in the Maynooth area.

It is affiliated to Cyclist.ie, the Irish Cyclist Advocacy Network and through it to the European Cycling Federation.

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Community Library

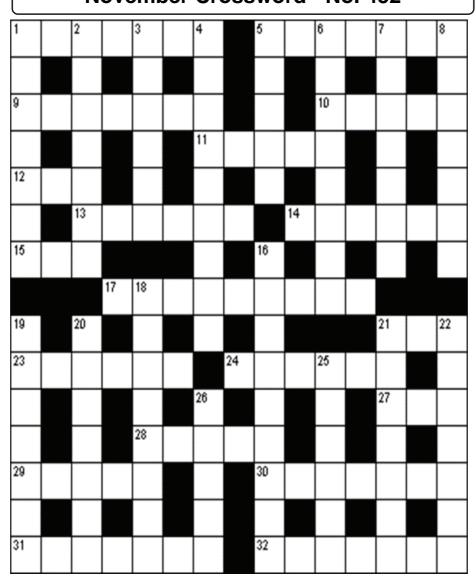
Opening Times Mondays & Fridays 2pm to 5pm Tuesdays & Thursdays 1pm to 8pm Wednesday 9.30am to 1pm & 2pm to 5pm Sat 9.30am to 1pm

Clues Across

- **1.** Full of pepper (7)
- **5.** Small seedless raisin (7)
- **9.** Mountain in NE Greece (7)
- **10.** Small hard particle (5)
- **11.** Chirp (5)
- **12.** Flow back (3)
- 13. Passenger ships (6)
- **14.** Collect (6)
- **15.** Honey insect (3)
- **17.** Calming medicines (9)
- **21.** Passenger vehicle (3)
- **23.** Closer (6)
- 24. Irrational fear (6)
- **27.** Summit (3)
- **28.** Early life (5)
- 29. Capital of Ecuador (5)
- **30.** Follower of Christ (7)
- **31.** Rudimentary component (7)
- **32.** Cripple (7)



November Crossword - No. 452



Clues Down

- **1.** Adage (7)
- **2.** Due (7)
- 3. Small Scottish town (6)
- **4.** The day before this day (9)
- 5. Celestial body (5)
- **6.** Fashion industry (3,5)
- **7.** Disorder (7)
- **8.** Large drinking cup (7)
- **16.** Located on the right (5,4)
- **18.** Everybody (8)
- **19.** Not modern (7)
- **20.** Hobby (7)
- **21.** Tub to bathe in (7)
- **22.** Paramount (7)
- **25.** Sweeping implements (6)
- **26.** Silent (5)



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Newspapers & Magazines to order - Just Ask Michael & Louise (Continued from page 13)

Tidy Towns Competition 2016 Adjudication Report (Cont.)

It is encouraging that you are getting together with neighbouring Tidy Towns groups to tackle approach road litter – this is also a good opportunity to network and exchange ideas. Another testament to your achievements is the high turnout at this year's National Spring Clean. Well done for securing funding for your new Big Belly Solar Compactor bins. Credit to the Residents Groups who carry out clean ups in their estates. Cigarettes are an issue in parts of the town centre.

Generally Maynooth presents a tidy appearance with an air of pride about it. You are aware the things that add up to create an 'untidy' impression and have these top of your list of priorities. E.g. Signage clutter. We acknowledge that things happen slowly sometimes if they are beyond your control. The parking sign at the Manor Court is quite grubby. Some graffiti was observed on the pathway from here to the playground. The painted utility boxes bring cheer to the town and discourage graffiti. Well done to the students involved.

Residential Streets & Housing Areas/Sráideanna Cónaithe & Ceantair Tithíochta:

You have close links with your many residents associations and are encouraging them in various ways to maintain and enhance their own respective areas. Well done to those areas that managed to reactivate residents associations – it isn't easy when a large proportion of an estate is rented out as people are usually just there for the short haul. Providing advice on proper pruning is worthwhile as is your information evening for residents associations. We are particularly impressed that you are advising them on planting schemes compatible with the National Pollinator Plan. You have some good ideas with regard to a relaunch of your Tidy Estates competition. We look forward to hearing more in the future. Good work has been carried out at Old Greenfield Estate – hopefully this will increase the sense of pride here and lead to a high standard of maintenance. Moyglare Meadows looks well. We admired the neat row of cottages on School Lane and the cream coloured residence at Court House Square. The cream coloured residence opposite Court House Square also caught the eye. Well done to all residents for their efforts.

Approach Roads, Streets & Lanes/Bóithre Isteach, Sráideanna & Lánaí: We welcome your efforts to try and have existing hedgerows retained in areas of new

development. We await a decision on the cycling lanes on Main St. The 'paid parking' appears to be easing the traffic congestion and discouraging abuse of car parking spaces. Hopefully residents are happy with it also. The new road/cycle path along the Straffan Rd is a great addition. There was good bicycle parking in the town centre. Historical/heritage information is in good order, such as that observed at the lovely Church of Ireland. We liked the bilingual blue/white street names. The harbour and pathways along the canal were well presented. Maynooth has some lovely lanes full of character, such with interesting names such as Doctor's Lane and Stable Lane. We are sorry we didn't have more time to explore wonderful Carton House amenity area. Court House Square is a wonderful focal point to the town – we personally agree with your decision on the maintenance of the cobblestones.

Concluding Remarks:

We admire your positive and inclusive approach, organised structure and unrelenting enthusiasm to present at its best. Community pride and spirit is alive and well in Maynooth. Well done and keep up the good work.

Marks Awarded	Maximum	Awarded 2015	Awarded 2016
Community Involvement & Planning	60	52	52
Built Environment and Streetscape	50	40	41
Landscaping and Open Spaces	50	45	46
Wildlife, Habitats and Natural Amenities	50	33	35
Sustainable Waste and Resource Management	50	17	19
Tidiness and Litter Control	90	53	54
Residential Streets & Housing Areas	50	30	31
Approach Roads, Streets & Lanes	50	35	36
Total Mark	450	305	314

St. Mary's Brass and Reed Band

Two big events this month are our annual collection on Saturday and Sunday 5th and 6th November when we will be hoping for a successful outcome as the cost of running the Band seems to be increasing year by year.

The Band holds a special place in the hearts of the people of Maynooth who support the Band wholeheartedly and we are indeed grateful for your help. The Band has weathered many storms since it was reformed in 1931 and it makes a real difference to those stalwarts who work to keep the band going knowing that they have your support at times like this.

Our annual mass for deceased members is being celebrated at 1pm on Sunday 13th November and we extend an invitation to all relatives and friends of those band members who have passed on to join with us in remembering them through the music that we will be playing during the mass.

A reminder that our Christmas Concert is being held in the Aula Maxima, St. Patrick's College on Sunday 4th December at 7.30pm

and we will have more news on this in the December Newsletter.

St. Mary's
Brass and Reed Band

Maynooth

As always we invite musicians living in the area who would like to play with the band to drop in to the Band Hall in Pound Lane between 8 and 9.30pm any Monday night (except Bank Holidays) where you will receive a very warm welcome. In recent months we have been joined by musicians from Clondalkin, Celbridge and even as far away as Italy and there is always room for more no matter where you live.



Maynooth Senior Citizens Committee.

With Halloween out of the way we now look towards the busiest month in our calendar year. November means one thing it's "Sale of Work" time and this will happen on Sunday November 20th at 3pm in MAYNOOTH

POST PRIMARY SCHOOL, MOYGLARE ROAD. Please note the change of venue. Over the next few weeks the posters will appear, the fliers will arrive in your door and our people will call. So now is the time to clear out your attic or that spare room. You can also bring items to us at the school on Saturday 19th / Sunday morning 20th. By now you will know all our committee members and helpers who call on you year after year. If you are in any doubt, check them out. I can be contacted on 0879002296. There are always opportunists about, so please be careful. We will be selling tickets for our Monster Draw at Manor Mills on Friday Nov. 4th and at SuperValu on Nov. 10th, 11th and 12th and the draw will take place at the Sale of Work. We appreciate and need your support as this is our main fundraising event of the year. All services which we undertake for our older people depend on this event. So I thank you in anticipation.

The next date to remember is Sunday Dec. 4th when SuperValu will open their doors once again to our Senior Citizens at 3pm for a special afternoon of entertainment, dancing, singing and fine food and oh yes.....shopping. Nice one Eddie.

Our morning club will close for Christmas on Dec. 8th and will reopen on Jan 3rd 2017.

Our final event for 2016 will be our Christmas Dinner which will take place on Sunday Dec. 18th at 4pm, in the Glenroyal Hotel. So make sure you have your name in by Dec. 6th.

In the meantime, see you all at the "Sale of Work" Le Cúnaimh De.

Josephine Moore. Chairperson



Writers Corner

If you would like to see your story or poem published email us and share your talent on the Writers Corner

Tríocha blian ag siúl!

Bhí an daichead agus sé bliana slánaithe agam. Bhí deireadh leis an bpeil le fada. Ní raibh mé inlúith go leor a thuilleadh chun sult a bhaint as an liathróid láimhe agus níor thaithnigh an rith liom riamh cé nach raibh mé ró mhall agus mé im' óige.

Cén aclaíocht a dhéanfainn chun mo shláinte a chothú mar ba chóir? Thabharfainn an leabhar i gcónaí go raibh an aclaíocht agus an sláinte an mhór le chéile. Siúl? Ní raibh mé ró tugtha don siúl riamh. Ach cad eile a bhí ann? Ní raibh morán suime sa leadóg agam na sa ghalf agus bhí an scí ró chostasach agus ró dhoshroichte agus ní raibh mé ar mo bhuaic san uisce. Ní raibh morán suime sa rothaíocht agam riamh ach oiread. Ní raibh an dara rogha agam. Thabharfainn faoin siúl.

Agus an sórt aclaíochta tofa agam bhí orm áit oiriúnach a roghnú. Chaithfeadh an chúrsa bheith in aice le mo dhoras féin - ní raibh sé ar intinn agam tomáint cúig, deich nó fiche míle roimh gach dreas siúlóide – agus fada go leor ionas go ndéanfadh sé maitheas do mo shláinte.

Bhí ascaill fada, álainn Chartúin i bhfoisceacht dhá chéad slat dom' theach agus cad chuige nach dtabharfainn faoi chun tús a chur le m'iarraccht. Thógfadh sé sin leath uair b'fhéidir idir imeacht agus teacht. D'fhéadfainn é sin a dhéanamh don chéad chúpla lá agus ina dhiaidh sin cá bhfios.

Mar sin ag a seacht a chlog ar maidin, an Luain, 5ú Bealtaine, 1986 amach liom ag siúl don chéad uair ar mo thionscnamh nua. Bhain mé an taitneamh as ach láithreach chonacthas nach raibh am go leor agam tar éis teacht abhaile le haghaidh pé obair a bhí le déanamh agam, agus bheith in am sa Roinn ina raibh mé ag obair na laethanta sin. Thosaíos ag éirí ag a sé, díreach mar a rinneas an mhaidin seo 30 bliain níos déanaí.

Tar éis seachtain nó dhó tháinig misneach orm agus ag deiradh ascaill Chartúin d'iompaíos ar chlé agus amach liom ar bhóthar Black Lion. Ag an gcúinne leanas díreach ar aghaidh go dtí gur shroicheas bóthar Moygaddy. Anall liom thar Ghraí Moygaddy nó gur bhuail mé le crosbhóthar Moyglare, mar a thóg mé Bóthar Moyglare síos go dtí an baile. Bhí mo bhealach agam agus bhain sé thart ar uair agus cúig nóiméad déag díom. An fhaid? Timpeall ceithre mhíle go leith agus as sin amach go dtí cúig bliana ó shin, ó Luain go hAoine gach seachtain do shiúil mé an bhealach sin ó timpeall deich nóiméad tar éis a sé go dtí timpeall is fiche nóiméad tar éis a seacht. (Nuair bhí an bóthar ó Black Lion go bóthar Moygaddy á dheisiú bhí an trácht ró dháinséarach agus bhí orm bealach eile a thoghadh agus leanas leis ó shin: cuairt iomlán an choláiste, - ó theas agus ó thuaidh - agus Ascaill Chartúin.) Laoch nuaaimseartha! Ní dóigh liom! Ba ghearr nó go rabh mé lán tugtha don siúl, don solas, don aer, d'áilleacht na maidine, mar a dhéarfadh Wordsworth, ina theanga féin, ar ndóigh. Agus is mar sin a d'fhan an scéal go dtí and lá atá inniu ann

Go han luath bhí sé soiléir dom go raibh áilleacht speisialta ag baint le bheith amuigh faoin aer ag an am sin den mhaidin. Bhí an lá geal ann ag a sé a chlog i mí Bealtaine, ar ndóigh, agus an ghrian ina suí pas maith thuas sa spéir. Bhí roinnt mhaith éanlaithe le feiceáil agus fuadar faoi chuid acu, go háirithe an lon dubh, ag réabadh an talaimh go fuinniúil ar thóir péisteannaa maithe don bhricfeasta. Cé go raibh an smólach ann ní raibh a cheol le cloisteáil. Bhí sé sin déanta aige i bhfad níos luaithe, agus maraon leis an lon dubh bhí bia ag

teastáil, Bhí an spideog ann go fíor mhinic agus corr píosa cheoil faoi réim aice. Ó thaobh cheoil de ní raibh morán le rá go ginearálta ag na héin ag an am sin. Bhí gnó eile idir láimhe acu. Éan amháin a chuireas aithne air don chéad uair agus mé ag siúl n an gabha dubh agus é ina sheasamh ar charraig i lár an Lyreen ag croitheadh a eireabaill suas síos gan stad. Da bharr sin tugtar "dipper" air i mBéarla. Ainm eile atá aige ná "water ousel".

Agus na hainmhithe? Bhí siadsan ann freisin. Corr sionnach, óg is aosta, ar an mbóthar agus ins na páirceanna. Coinníní, iora glas, ar ndóigh. Ni fhacha mé iora rua riamh. Chonnaic mé broc amháin ach, mo léan, bhí sè marbh. D'adhlaic mé féin, Anna agus Aengus é ar thaobh an bhóthair gar do Moy Gaddy.

Tháinig an geimhreadh ar ndóigh lena chuid dorchadais, fuachta, báistigh, seaca agus anois is arís beagáinín sneachta. Ach bhí a ndraíocht féin acu siúd go léir agus ní raibh iontu ach comhábhair bhunúsacha d'ár aimsir ilghnéiteach. Bhí an ghaoth ann freisin! Le linn tríocha bliain ag siúl níor chaill mé ach aon lá amháin de bharr na haimsire agus b'é an ghaoth a chuir stop orm an lá sin. Bhí sé stoirmiúil gan dabht ach chuaigh mé sa seans. Bhíos leath shlí síos ascaill Chartúin agus The Wild West Wind le Keats im' aigne agam nuair a thit craobh mór in Mar fhocal scoir! An raibh mé im' aonar i rith an ama sin aice liom. Baineadh geit asam, cinnte, agus ní raibh le déanamh agam ach iompú thart agus siúl siar faoi na crainnte a bhí scrúdaithe ag an ngaoth cheanna féin. Rogha an dá dhíogha!

Mar sin bhí an aimsir ann, bhí na héin ann agus bhí an taonarachas ann mar bhí an maidin dom féin agam go mórmhór. Bhí na tiománaithe gluaisteán ar ghach bóthar agus deifir do-chreidte orthu de ghnáth. Is minic go leor a tháinig mé ar ghluaisteán fágtha tar éis dó dreas iomrascála a dhéanamh le crann nó claí éigin. Maidin dorcha amháin tháinig mé ar ghluaisteán agus é sáite go hiomlán sa chlaí, lán chomhthreormhar leis an mbóthar. ar nós sean charr a bhainfeadh feirmeoir usáid as chun bearna i gclaí a líonadh. Bhí tóirse agam agus chonaic mé go raibh beirt san ghluaisteán, ógánach agus girseach, agus iad ina gcodhladh go sámh. Cheap mé go raibh siad marbh agus bhuail mé cnag ar an bhfuinneog chun bheith cinnte. Dhúisigh siad agus dúradar liom go raibh siad ceart go leor agus go raibh duine éigin chun an gluaisteán a tharraingt amach le tarracóir ar maidin!

Agus na daoine eile a chas mé orthu go rialta? Ní raibh éinne a shiúil mo bhealachsa ach bhí daoine ó na heastáit nua ar Bhóthar Moyglare a bhíodh ag siúl síos go dtí an bhus nó an traein. Bhíodh corr dhuine anaithnid, coisí nó rothaí, cuid acu le madraí, ag teacht nó ag imeacht ar Ascaill Chartúin. Seachas sin ní raibh ann ach na háititheoirí ar Phríomh Sráid Mhaigh Nuad féin. Do gheobhainn an nuachtán gach maidin, ar dtús i siopa Barry's. Ansin ó Frank agus Valerie Boylan; ina dhiaidh sin í siopa beag ar Bhóthar Moyglare; ina dhiaidh sin agus go nuige ó Gerry Scally i Centra. Bhíodh daoine ar an sráid freisin a raibh aithne agam orthu agus acusan ormsa. Seán, mar shampla, Seán Scanlon agus mála aráin aige le haghaidh na n-éan. Marbh? Bhíodh Uinseann Ó Dhubhghaill, ann freisin, ealaíontóir as Loch Garman, sílim. Ansin bhíodh Mick Byrne ann. Bhí sé ag obair ar feadh tamaill ar aon nós in Eastáit Lyons. Ghlaodh sé "Mr Byrne" ormsa i gcónaí! Fear amháin eile nach bhfuil ann a thuilleadh, ná Seán Ó Nualláin. Bhíodh mioneolas i gcónaí aige dom faoi chúrsaí ghnó agus airgid anseo i Maigh Nuad agus sa tír i gcoitinne. Ar dheis Dé go raibh a n-anamacha uilig.

Mar a dúirt mé thuas, bhínn ag siúl ag an am céanna gach maidin agus bhí aithne súl agam ar roinnt daoine ach í ngan fhios dom bhíodh daoine eile ann, nár thug mé

faoi deara iad, a raibh aithne súl acu ormsa freisin. Uair amháin ar feadh mí nó dhó bhí orm tús a chur le mo chuid oibre go han luath ar maidin agus da bhrí sin bhí mo sceideal curtha as riocht. Bhí gnó éigean agam i scoil sa chathair agus nuair a chuaigh mé isteach ann chas mé ar an mbean seo a dúirt liom ar an toirt, "is as Maigh Nuad duitse!" "Fíor dhuit!', arsa mise. "Bíonn tusa ag siúl go moch gach maidin!" "Fíor dhuit arís!" "Cén fáth gur athraigh tú do bhealach? Níl fhios againne a thuilleadh an bhfuilimid luath nó mall agus muid ag fágáil ár dtí!" Is ait mar a éiríonn muid freagrach as nithe i saol daoine eile! Ach, mar a deir an seanfhocal, ar scáth a chéile a mhaireann na daoine.

Cad a bhíos ag smaoineamh air agus mé ag siúl? Is iomaí uair a chuir mé amú, gan tairbhe dá laghad, báite í gcúlghleo na síor gruaime, mar adeir Ekhart Tolle. Ach tháinig Ekhart féin i gcabhair orm agus b'eisean a thaispeáin dom conas tabhairt faoi fhoghlaim an rud a bhí ar eolas agam cheana, maireachtáil anois. Gach coiscéim, gach amharc, gach mothúchán. Bí leo agus bí san áit ina bhfuil tú. Mar adúirt Hopkins, tá and domhain ag cur thar maoil le breáthacht Dé, agus dár liom is é an siúl an slí is áille chun é a aireachtáil.

ar fad? Cinnte ní raibh. Mar ní bhfuair mé ach tacaíocht agus spreagadh riamh ó mo chéile, fiú amháin nuair a bhí naoínán sa teach againn! Go raibh maith agat! Agus ar aon nós, cé nach raibh a fhios sin agam i gcónaí, bhí an cruthaitheoir féin an ghar dom. Mar atá scríofa, "is ann a mhairimid agus a ghluaisimid agus atáimid".

Gabriel Martin

Hospice Foundation Coffee Morning



To whom it may concern,

The annual coffee morning for the Hospice Foundation which was held on Sept 15th was, as always, a great success. This is due to a lot of hard graft by my mother, and the generosity of local residents and businesses.

We, and indeed our local Hospice are ever grateful for the support. In light of recent misappropriation of funds by certain charities and their directors, I'd like to assure everyone that any money raised by us over the years has been directly deposited into the account of St Brigid's Hospice in The Curragh. To date there has been no indication of ANY wrongdoing on their behalf. It's unfortunate that after 17 years of fundraising by us that we need to make that clarification.

This year we have lodged €2873, for which the Hospice are most appreciative. Sincere thanks to all that attended and to those that donated either money, raffle prizes or their time.

The work done by Hospice staff and particularly the Home Care Team is exceptional, and is not always recognised by people until their services are required.

Never forget, to die with dignity is a right, not a privilege.

Sincerely, Paul Daly Moyglare Road Maynooth



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New courses in Pilates, catering to all levels starting September in Maynooth

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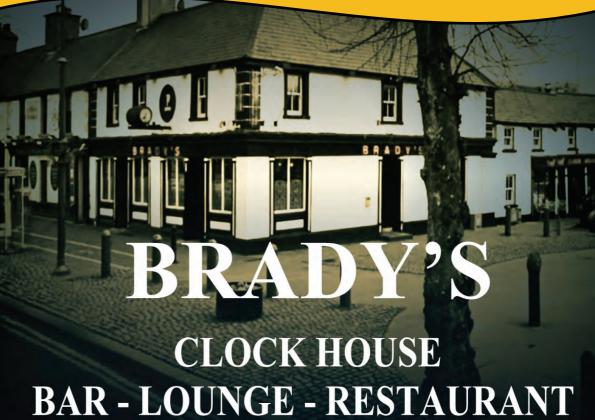
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Whether dropping by for a friendly drink, food or settling in to watch the match, we are sure you will find a warm welcome with great service and a comfortable setting to ensure your stay is a pleasant and memorable one. We look forward to seeing you soon.

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Maynooth Community Library

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Thursday 17th November, 10am-12noon

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Friday 18th, 25th November & 2nd, 9th & 16th December, 10am-

Jobseeker Computer Classes for Beginners and Improvers with Ann Greene. Learn skills on CV formatting; Email etiquette; Writing a query letter, Research skills for job seeking; Looking at company

profiles; Post interview follow up, feedback letter; Use of LinkedIn and how to set up a profile. Five week course for adults, participants must be available to attend all 5 workshops. If you would like to use your own laptop please let us know when booking. Booking Essential. Adults only.

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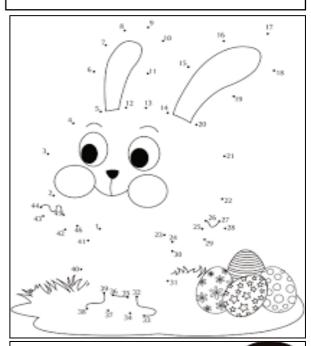
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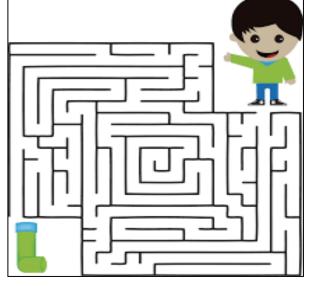
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Colouring Competition

Puzzle Corner







McDonalds Children's
Colouring Competition
Prizes: Free Family Meal
From McDonald's, Maynooth

Name:
Age:
Address:
Phone No:

Last Month's Winners:

Age: 3-5: Leah Senna 1 The Rise Moyglare Hall Maynooth

Age: 6-7: Mark Burke 3 Loughnamona Park

Leixlip

Age: 8 & Chloe Stanley Over: 21 Loughnamona

> Crescent Leixlip



Prizes for Colouring Competition can be collected at:

Maynooth Community Council Office, Unit 5, Tesco Shopping Centre. Entries must arrive before Tuesday: 22 November 2016





November Gardening

It's cold, it's wet and the last thing on your mind is the garden. It's really hard to get motivated to do much of anything outdoors, but there are a few tasks which you should do when the weather is favourable.

Trees, Shrubs and Roses

Planting of bare-root deciduous trees, hedging and shrubs can continue during dry weather. Evergreens can still be planted but on an exposed site where severe winter winds might dry out the foliage, it would be best to wait until spring for planting.

Rose bushes can be planted now, but not in wet soil. It is a perfect time to plant roses, both bush roses and climbers of all kinds. All types of pot grown trees and shrubs can also be planted. Check that all climbers or wall shrubs are properly tied in. It is also a good time to move deciduous trees or shrubs that need more room, or are simply in the wrong place, rather than having to cut them back.



Flowers

Before really hard frost arrives, dahlias, begonias and gladiolus growing in frosty

localities should be lifted to prevent damage, or covered with soil in milder areas.



Spring bulbs should be in the ground by now but should be planted if not, tulips react less badly to later planting. Bedding plants for spring colour should be put in now, if not already done. Perennial flowers can be planted now, unless the ground is sodden, and division of existing plants can also be

Fruit, Vegetables and Herbs

This is the ideal time for planting new fruit trees and bushes as the soil is usually in ideal condition. Dig over vegetable ground, removing old crops, or chopping them up and burying them as you dig. Store vegetables that can be over-wintered in a pit or cool shed. Control weeds over areas of ground that will be dug over later in winter. Spread compost before digging in. Herbs such as mint, tarragon and horse radish can be lifted and divided at this

time, using the most vigorous bits for re-planting.



Continue to tidy the vegetable garden and make sure to knock back weeds, not letting them grow on over winter.

Lawns

If moss is obvious, lawn mosskiller can still be used. Otherwise, the moss will grow



strongly until summer and will build up in thickness. Trim edges of a lawn, even if it not mowed to leave it looking neat over winter. Occasional mowing in winter is a good idea if the soil is not too wet. Grass tends to grow a little over winter and an occasional mowing will keep it right. The last of the fallen leaves should be removed if not already done by running the lawn mower over the grass. If the ground is soggy, it would be best to just rake off the leaves.

Greenhouse and House Plants

Remove all debris and dead plants and ventilate occasionally. Water very little to reduce the risk of grey mould disease. Set up a greenhouse frost protection heater to protect tender plants, such as geraniums or fuchsias. Tidy the greenhouse and check that snails have not settled in for the winter as they can do severe damage in the warmth of a greenhouse. House plants should be given good light and kept away from sources of heat that scorch the leaves.



Odds & Ends

Please feed the birds as they may not be able to find food due to bad weather. Continue to watch for snail, slug or disease damage throughout the garden and take the necessary steps to control the problem. Clean your garden tools for winter



'There are no Garden mistakes, **Only Experiments'**

Christmas Baking

Ice Cream Pudding

A delicious alternative to Christmas plum pudding

Ingredients:

100g granulated sugar

125ml water

4 egg yolks

500ml cream

1tsp vanilla essence 500g dried mixed fruit eg. raisins, currants,

sultanas, figs, apricots, (soaked overnight in port)

100g toasted almond, chopped

Put sugar and water into a pan. Dissolve the sugar over a gentle heat. Then boil steadily until it forms a syrup. Beat the egg yolks well, then carefully pour the syrup on to them. Continue to whisk to a thick, mouse-like mixture. Whip the cream. Fold the cream and vanilla essence into the mousse with the fruit and nuts. Pour into a pudding bowl and freeze.

Mince Pies Baked Alaska Topping

Ingredients:

For Sweet Shortcut Pastry

9oz cream plain flour

2oz icing sugar

5oz butter

2 egg yolks (keep whites for merringue)

Cold water (4 tbsp approx)

For Baked Alaska Mince Pies

Ingredients:

Sweet Shortcut Pastry (as above)

1 jar mincemeat

2 egg whites

Pinch of salt

4oz caster sugar

Vanilla or homemade ice cream

For Sweet Shortcut Pastry:

Sieve the flour and icing sugar into a bowl. Rub in the butter. Add the egg yolks and sufficient water to mix to a soft dough. Turn onto floured board and lightly knead. Cover and store in fridge until ready to use.

For Baked Alaska Mice Pies:

Preheat oven to 180°C/350°F/Gas 4. Roll out pastry to about 4mm thick. Cut out rounds to line a 12 hole deep bun tray. Put spoonfulls of mincemeat into the pastry and bake for 20 minutes until cooked through and golden. Allow to cool. Increase oven temperature to 200°C /400°F/Gas 6.

For meringue: Put egg whites and a pinch of salt into a bowl and beat until stiff. Gradually beat in the sugar until thick and shiny. Cover each mince pie with a scoop of ice cream and top with a dollop of merringue. Return to top oven until lightly brown. Serve immediately.

Christmas Cake

Ingredients:

8oz cream plain flour

6oz margarine

8oz dark brown sugar

375g sultanas

375g fruit mix

100g cherries

100g chopped mixed nuts

100g ground almonds

3 large eggs

Rind and juice of one orange

1 tsp mixed spice

2 baby bottles of brandy

Method:

Put margarine, sugar, fruit, rind, juice and one baby bottle of brandy into a large saucepan. Slowly bring to the boil, stirring occassionaly, until the margarine has melted. Turn off heat and leave to cool for approx. 30 minutes. Meanwhile preheat oven to 140°C/275°F/Gas 1 and line an 8"/20cm round deep cake tin with greaseproof paper. Stir the eggs, nuts and ground almonds into the fruit mixture and mix well. Finally, stir in the sieved flour and mixed spice. Spoon the mixture into the tin and smooth it out evenly. Bake for 2½ -3 hours approx. After 2 hours, cover with paper if cake is browning too quickly. To check the cake is done, insert a skewer into the centre - if it comes out clean the cake is cooked. Make holes in top of warm cake and pour over remaining brandy. Leave cake in tin to cool completely.







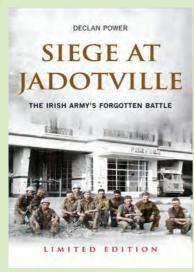


FILM/DVD MONTHLY BY BERNIE CLAXTON THE SIEGE OF JADOTVILLE

Starring Jamie Dornan, Guillaume Canet & Mark Strong



At the Galway Film Fleadh, last July, director Richie Smyth presented a slice of hidden Irish history to the assembled audience. His film, The Siege of Jadotville depicts the thrilling, true-life story of a battle between an Irish UN peacekeeping force and Katangese rebels during the Congo Crisis of 1961. Surviving Irish veterans attended the Galway premiere in the Town Hall. Before the screening, Smyth delivered the good news that these men would finally be honoured with Military Citations from the President. Why did it take so long though?



The Siege of Jadotville was made for Netflix but given a limited release in Irish cinemas recently. It's based on former solider Declan Power's 2005 book Siege at Jadotville: The Irish Army's Forgotten Battle. Richie Smyth's gripping debut feature tells the remarkable story of 150 inexperienced, greenhorn Irish soldiers, holding their own against battlehardened mercenaries in the Congo of the 1960s



The focal point of this clash was the small mining town of Jadotville. Situated in the mineral-rich Katanga province of the Congo Republic it was of strategic importance to the super powers in the early years of the Cold War. It is in this context that the Irish soldiers of 'A' Company - under the charge of Commandant Pat Quinlan (the ubiquitous Jamie Dornan) are sent to Jadotville to protect Belgian settlers and locals in an unsteady political climate.



The plot for The Siege of Jadotville at face-value is rather unbelievable and one could be forgiven for thinking it came straight from the Hollywood dream factory. The details of the Jadotville story are quite extraordinary. All the more remarkable that it is based on fact.

Young Irish men who had never left Ireland before were suddenly thrust into a terrifying battle with some 3000 Belgian manoeuvring behind the scenes. The actor's questionable mercenaries and local tribesmen. Their adversaries had might, numbers and sophisticated weaponry on their side. While the Irish soldiers had to contend with antiquated WW2 equipment and unsuitable clothing for the extreme heat of the Congo. But the Irish soldiers did have one trump card up their sleeve.



Fifty Shades of Grey star, Jamie Dornan's role as Commandant Pat Quinlan could be not more different in this military drama. He's portraying a real-life hero of some magnitude. Big boots to fill. The Northern Irish actor went through weeks of rigorous preparation at a boot camp in South Africa, undergoing the same kind of military training that his character would have gone through over fifty years ago.

The director's aim was to be as authentic as possible in the portrayal of the soldiers. He insisted on all his actors receiving proper military training. This strategy pays off real dividends in all the spectacular action scenes of the film.



Dornan holds his own in the fighting sequences bringing a cool-headed calmness to proceedings as the brilliant tactician who uses WW1 methods to take on the enemy. Whether locking horns with a French mercenary in a local pub, directing his troops to dig trenches or screaming down a phone line, he cuts quite a commanding figure. As evidenced from The Fall, Dornan can deliver the goods when given the right Kevin Brodbin's screenplay conveys the sheer chaos and fear

However, his delivery of dialogue isn't always successful. Maybe having to act with a Kerry accent constrains his performance. He is most effective though when the camera lands on him in reflective or action mode. Dornan has a rougher, grittier edge to him here than in previous films

Director Richie Smyth's achievement is remarkable in that his previous directorial experience has been music videos for the likes of U2 and Bon Jovi. He demonstrates a real flair for the martial genre in The Siege of Jadotville. Smyth provides his audience with an intense experience investing the numerous battle scenes with fierceness and passion.



Dornan's Quinlan is left out to dry by his seniors and UN Representative, Conor Cruise O'Brien. In unusual casting, the English actor, Mark Strong plays the Irish diplomat who is out of his depth managing the Katanga secession crisis. He comes

across as not particularly sympathetic in his political Irish accent and unsuitable wig is rather distracting as well!

Apart from Dornan, the standout performance in The Siege of Jadotville is given by Jason O'Mara. The Irish actor gives a forceful turn here as Quinlan's second-in-command, Sergeant Prendergast. O'Mara has great presence in all his scenes. Guillaume Canet's soldier of fortune and Quinlan's foe is rather hit-and-miss in his role. Disappointingly, the secondary characters are rather superficially drawn and have little depth



The film is also not particularly successful in explaining the global politics of the era. It's not really clear to the viewer what's actually going on in the Congo or the rest of the world. We share in Quinlan's and his men's confusion and frustration

But what The Siege of Jadotville lacks in clarity it more than makes up for in emotional engagement and passion. The battle sequences have a raw urgency to them. When the focus is firmly on Quinlan, his troops and the Siege, that is when the film comes into its own. The shifting of focus to the political skulduggery only serves to pull away from the intimate and truly exciting nature of the Siege. Consequently the viewer is always itching to get back to the main action.



of the Siege. The tension builds up bit by bit until it becomes relentless in the latter stages of the film. The viewer is just as shocked at the incredible turn of events as the soldiers are. The sustained blitz of the Irish men with mortar, machine-gun fire and air power is truly nerve-wracking. There is little let-up in the explosive action. Quinlan's astute tactics and steadying presence is the one constant in all the chaos.

Richie Smyth has fashioned a craftsman-like and thrilling film out of the source material. The Jadotville story is a fascinating one and the treatment of the 'Jadotville Jacks' after their return home is a shameful blot on our history. Declan Power's book and this Netflix film have gone some way towards balancing the scales. Although it is unfortunately too late for Pat Quinlan and others.

If nothing else, *The Siege of Jadotville* is a fitting tribute to the courage, bravery and heroism of one exceptional man and his 35th Battalion 'A' Company. For this reason, it deserves to have as wide an audience as possible





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