



# Maynooth Newsletter



September 2015

Local News

Serving the people of Maynooth  
**FREE**

## Maynooth the New Up & Coming Gastronomic Capital of Leinster



Maynooth Town is steeped in history and has long been famed for its connection to the Fitzgerald family who built a castle where a small tributary meets the Lyreen River. It is also noted for its college that was originally built to educate the clergy, but now teaches students from around the world. The town has a population of 8,500 but due to the student body that has a transient nature and can rise to over 12,000. This gives rise to a need to cater to the gastro needs of the inhabitants which in turn is responsible for Maynooth's new found fame, that of a bit of a 'foodie haven'.

The main street in Maynooth is lined with a collection of restaurants, tapas bars, coffee shops and fast food outlets. There are menus and prices to suit every taste and pocket with a variety of global cuisines. For those who like the comfort of Pub grub the town has an array of bars to choose from. McMahons Bar, Brady's Clockhouse and O'Neills Bar and Steakhouse to name but a few serve an array of menus that will appeal to every taste.

McMahons Bar offers a full 'a la carte' menu 7 days a week. Opening from 12pm to 9pm food is cooked to the highest standard following seasonal changes and maintaining the 'Irish traditional kitchen'.

Brady's Clockhouse established in 1923 has a distinctive 'bistro style'. It serves traditional and International dishes to suit all tastes. It opens daily till 9pm.

Across the street you will find O'Neills Bar and Steakhouse. The O'Neill family are traditionally victuallers and trading since 1912. Their speciality are steaks lightly seasoned and seared on both sides to ensure tender juicy meat.

If you prefer the more traditional dining setting there are three sister restaurants in the town, the oldest of those being 'La Maison Donatello'. Donatello's opened its doors over 20 years ago, and has long been a social hub for the town's food lovers. If you ramble down a side street and follow the aromas you will find this cosy establishment where you can enjoy an Italian style sea-bream with a langoustine bisque, or if that's not to your liking try some guinea fowl on a bed of carrot and parsnip puree.

Across the street you will find Picadero's who serve tapas with a Spanish and Mexican flare. You can choose hearty Spanish soups, tortilla or meatballs in a rich tomato sauce and wash it down with some wine also with a Spanish or Argentinian influence.

The third and latest addition to this chain is Oak Alley. Cuisine at Oak Alley is Cajun and Creole and you can eat Jambalaya while live jazz music plays in the background. Cajun Chicken and Crawfish pie are also on the menu and you can pop upstairs to the cocktail lounge for a pre or after dinner drink and choose a cocktail from their mouth-watering list.

Maynooth has its own hotel and the Glenroyal is situated directly across from the train station, Saints Bar offers delicious menus throughout the day in comfortable relaxed atmosphere and Lan Tania serves Indian and Thai cuisine with delightful food to tempt the palate.

Apart from these very fine eateries there are many coffee shops you can pop in to for a quick cuppa and a scone, but lets not forget an all time favourite with the kiddies, Maynooth boasts its very own McDonalds where you can sit and have a burger and chips when you finish your shopping or if you are in a hurry there is always the drive through and you can take the food home.

Maynooth is very easily accessible being located on the R148 between Leixlip and Kilcock. It is also connected to Clane, Celbridge and Dunboyne and although bypassed by the M4 makes a nice detour if you are heading west. Maynooth is also served by the Dublin/Sligo rail line and if you are of a mind it is nice to stop off for a few hours and take in some history while enjoying its now famous gastronomical delights.

*For further information on the restaurants mentioned above see advertisements within.*



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Maynooth Community Council, Unit 5, Tesco's S.C. Carton Park, Maynooth. Phone - 01-6285922 - Email [maynoothcc@eircom.net](mailto:maynoothcc@eircom.net) No. 439



# Oak Alley Restaurant & Cocktail Bar

## AS THEY DO IT DOWN IN NEW ORLEANS

*Jambalya and a crawfish pie and filé gumbo  
Cause tonight, I'm gonna see my ma cher a mi-o  
We'll have big fun on the bayou*



**New Live Music Act in Oak Alley Every Saturday...**

"Maria Butterfly" - Performing an intimate acoustic set in the Oak Alley Restaurant, every Saturday, 7.30pm-10.30pm with exquisite contemporary food, elegant setting & great atmosphere plus most important great music"



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# BRADY'S

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E-mail: [info@bradysbarmaynooth.ie](mailto:info@bradysbarmaynooth.ie)  
**Main Street Maynooth Co Kildare**  
**Tel: 01-505 4725**

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We look forward to seeing you soon.

**Great Food Served 7 Days**



# Maynooth Veterinary Clinic Est 1996



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Maynooth Veterinary Clinic,  
Newtown Grove, Maynooth, Co. Kildare

(01) 6289467  
[maynoothvet@gmail.com](mailto:maynoothvet@gmail.com)

Eden Veterinary Clinic,  
Dublin Rd, Edenderry, Co. Offaly

046 9772700  
[edenderryvet@gmail.com](mailto:edenderryvet@gmail.com)

Clane Veterinary Clinic  
7 The Mall, Clane, Co. Kildare

045 982763  
[clanevet@gmail.com](mailto:clanevet@gmail.com)

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*The only 24/7 emergency on call vet service located in Maynooth  
(Restricted to registered clients)*



## Irish Guide Dogs



Over the last few years at Maynooth Veterinary Clinic we have noticed an increase in the number of "Puppy Walkers". These are individuals who volunteer and are selected to care for a puppy guide dog for a year. These

puppies, usually Golden Retrievers or Labradors, are seen around Maynooth with their yellow jackets. These dogs are allowed into cafes, restaurants and supermarkets which allows them to become sensitised to the usual hustle and bustle of a busy town. They are working dogs and when in training should not be approached by members of the public. If you want to interact with one of these puppies you first ask the owner for permission. Guide dogs have what I call the "sixth sense" as they can foresee incidents on the footpaths and roads. Assistance dogs can be used for children with autism. These dogs are attached by lead to children around their waist and if the child attempts a sudden or unexpected movement the dog sits down and prevents this action.

Maria, one of the Puppy Walkers who attends our Clinic has kindly offered to give us an insight into the first year in the life of a Guide Dog for the blind.



As a puppy walker our job is to rear a puppy and educate it until it becomes a well mannered, well adjusted socially acceptable animal. Percy is our 4th dog to foster. We have puppy walked Alto (golden retriever) Wizard (golden retriever) Vancer (golden

retriever) and Percy (labrador).

We get our puppy between 6-8 weeks old and return them when they are around 12-14 months old. When they have matured to a standard to go on to formal training in Cork.



We get very attached to the puppies and it doesn't get any easier the more times we do it. Each puppy has its own individual personality and temperament. After spending a year with them we hope they will go on to enhance someone's life either as an assistance dog or guide dog. It makes it all worthwhile when we hear

from the new owner and hear how it has worked out.

During the puppy's first year we do obedience training and socialise the puppy. This involves daily walks and outings to ensure the puppy is accustomed to public transport, shops, cafes and general daily life of a person.

A puppy walking supervisor works closely with each pup and makes regular house visits to monitor the pups progress. We also attend puppy class once a month.

*Puppy walking is done on a voluntary basis and it takes a lot of time, hard work and LOVE! A puppy can't be left for more than 3 hours a day. Guide dogs cover the cost of Vets and dog food.*



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**Function Room available for all Occasions**

**Light Entertainment Every Weekend**

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All Day**



**Sunday  
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6.00 - 8.30pm**



# Celebrate Your Christmas Party at the Glenroyal Hotel

*Friday December 11th*



**Glenroyal Hotel**

To book or for further information please call Grainne on 01 610 6252 or email: [conference@glenroyal.ie](mailto:conference@glenroyal.ie) [www.glenroyalhotelkildare.com](http://www.glenroyalhotelkildare.com)

**€35**  
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[www.theblackknights.ie](http://www.theblackknights.ie)



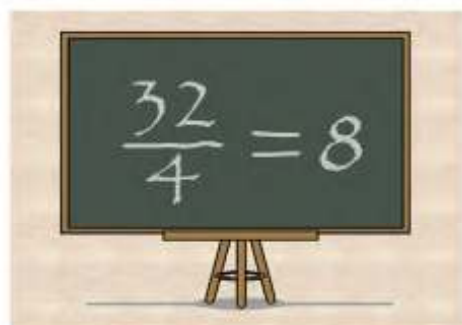
## AFTERSCHOOL CHILDMINDING CLUB IN MAYNOOTH

Have your boys and girls minded in a safe homely environment and collected from school on foot:-

- \* Limited to 8 children (3 places remaining)
- \* Spacious family home 200 yards from Main Street
- \* Area dedicated to club, including large secure garden
- \* Supervision of homework, and recreation
- \* Light refreshment and rest time
- \* Up to 6.30 pm
- \* Garda vetted and application of child protection policy.

*Safe8*

Contact Declan for a viewing or see video on website.



Email: [info@safe8.ie](mailto:info@safe8.ie)

Web: [www.safe8.ie](http://www.safe8.ie)

Tel: 087-2854406

**Maynooth Community Council  
Secretarial Services  
Unit 5, Tesco Shopping Centre (Beside Post Office)  
Maynooth  
Tel: 01 6285922  
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## **Maynooth Newsletter**

Maynooth Newsletter is printed monthly. We print 4700 copies each month and 3200 of those are delivered to major local estates. The remainder are distributed to local business premises in Maynooth and outlying areas. With this kind of circulation an advert placed with us ensures your product or service is brought into homes and workplaces in your community.

### **ADVERTISING RATES**

**Size 1** Colour: W8.1cm x H10.8cm - €33.00/Monochrome - €25.00

**Size 2** Colour: W16.5cm x H8.0cm - €46.00/Monochrome - €35.00

**Size 3** Colour: W16.5cm x H10.8cm - €65.00/Monochrome - €50.00

**Size 4** Colour: W24.9cm x H16.3cm - €120.00 (Half Page)/Monochrome - €90.00

**Size 5** Colour: W25cm x H33cm - €225.00 (Full Page)/Monochrome - €170.00

### **Discounts Available**

**Phone - 01 6285053 or e-mail: [maynoothcc@eircom.net](mailto:maynoothcc@eircom.net)**

**Website <http://www.maynoothcc.com>**

# Editorial

So where did summer 2015 go? With the weather during the last three months we were all expecting a summer at least for the days that we took our holidays hoping to time them with the occasional periods of good weather. Despite the weather there was plenty to keep people occupied during the summer in Maynooth. A school holiday breaks the yearly routine but then there is the need to occupy children during school holidays. While adults say that they managed to amuse themselves as children, the need to send children to stimulating activities in summer camps is the norm to-day. Maynooth was well served this year with both outdoor and indoor camps from sports to orienteering to computer courses and many others.

Having gone back to school this month brings many other issues at this time of year. At primary school level Maynooth is well served by four good primary schools. Although in many other areas there is vocal local demand for primary school choice, Maynooth has three primary schools with a catholic ethos and just Maynooth Educate Together NS to cater for those families that do not want the catholic religion taught to their children. Of course that is too simplistic an analysis. Catholic families in Maynooth Educate Together arrange religious education as an afterschool activity and participate in the main catholic ceremonies such as preparing for Holy Communion and Confirmation. No doubt children in the other schools can exempt themselves from religious ceremonies if they so choose.

While not wanting to minimise the significance of a school ethos, the importance of children getting a good education is another reason for choosing a school. While there is not a direct connection between class sizes and a quality education, many of the Maynooth schools have large class sizes relative to other areas. With an effective cut in capitation grant since 2008 and a system of minimum overall pupil numbers to hold a teacher, class sizes will stay large in an area like Maynooth.

Other annual issues associated with going back to school are the cost of school books and the need for parents to make a donation to help fund the costs of schools. Thankfully this year the Department of Education and Skills expanded the financial support to schools so that book rental schemes could be introduced or extended. This will ultimately be a saving for parents. The donation requested by schools for parents to contribute to the cost of school pupil consumables is necessary. With the continuously rising costs of other bills that schools have to pay such as heating, light, security, maintenance and many other costs, this additional funding from parents helps to provide the materials that enhance a child's education. While no school would deprive a child of any school resources somebody has to pay for them.

Paul Croghan

*Welcome Back...  
Students!*

**Maynooth Community Council would like to take this opportunity to welcome the new and returning students to Maynooth. Please respect Our Town and it's Residents. Wishing you every success for the future.**

**WICKED  
YOUNG  
WRITERS**

**Calling all budding young writers: is there a story or poem that you would like to write and have published in the Newsletter? A selection will be chosen and featured in our "Wicked Young Writer's Corner" each month. All work submitted will be kept on file for future publications. All writings can be sent to us at [maynoothcc@eircom.net](mailto:maynoothcc@eircom.net) or alternatively you can drop them into the Maynooth Community Council Office, Unit 5, Tesco Shopping Centre, Carton Park, Maynooth. Stories approximately 350 - 400 words**

## Maynooth Golf Society

### Results Sheet 2015

**Heritage Golf Club 25/07/2015**

**Dave Weafer Captains Prize**

**Sponsored by Euro Farm Foods.**

1st Prize	Norman Kavanagh	33pts B9
2nd Prize	Dave Weafer	38pts N/Q
3rd Prize	John Carroll	33pts B9
4th Prize	Derek Murray	33pts B9
5th Prize	Joey Edwards	33pts B9
6th Prize	Liam Farrelly	33pts
7th Prize	Tom Coffey	32pts B9
8th Prize	Barry Desmond	32 pts
9th Prize	Pat Connolly	31pts B9
10th Prize	Peter Finan	31pts
Front 9	Danny Finnan	16pts
Back 9	Paul Farrelly	19pts
Nearest the Pin	Peter Finan	
Past Captains	Norman Kavanagh	
Longest Drive	Peter Finan	
Over 50's	Tommy Campbell	
2's Club	Darren Weafer, Norman Kavanagh, Joey Connolly, Brendan Leigh	
Visitors prize	Darren Weafer	

David Weafer's Captain Prize was held in the prestigious and difficult mature parkland course, the Heritage Golf Club on 25th July 2015 which was kindly sponsored by Euro Farm Foods (Pat Connolly). 48 members played on the Captain's Day in pleasant and good weather conditions. Captain's Prize was presented by Dave Weafer to Norman Kavanagh who won with a score of 33 points winning on a count back on the back 9, second place was Dave Weafer with a score of 38 points but he was a non qualifier for the Captain's prize, third place also with a score of 33 points was John Carroll closely followed by Derek Murray, Joey Edwards, and Liam Farrelly all on 33points all separated on a count back. All other results listed above.

All prizes were presented at the Captain's Dinner after the competition in the Heritage Hotel. The Captain thanked all of the members of the Society for making it such a successful day. He thanked the sponsor Euro Farm Foods (Pat Connolly) for their generous sponsorship. He thanked all of the committee for their hard work and organisational skills. The day ended with a trip to the Bell Yard Pub in Monasterevin for some refreshments and craic.

**Our next outing is Athlone GC on 22nd August**



# Maynooth Labour News

**Cllr. John McGinley can be contacted at: - 6285293 or 087 9890645 - E mail [jmcginley@eircom.net](mailto:jmcginley@eircom.net) - Web: [www.labour.ie/johnmcginley/](http://www.labour.ie/johnmcginley/)**

## Update on University Swimming Pool

At the Council meeting on 27 July Cllr. John McGinley asked the Council Chief Executive for an update on the University Swimming Pool.

He replied that the Council is in on-going discussions with the University on the existing pool and they are awaiting further information which they expect to get in the next couple of weeks.

He also said that as a result of his meeting with Minister Ring and Deputies Durkan and Stagg on the 15 July that the Council is preparing a submission outlining the options for the provision of a North Kildare Swimming Pool, including a Joint Venture with the University.

He said that Councillors will be kept informed of progress.

## Update on the Re-location of Bollards at Old Greenfield

The Area Engineer, Jonathan Deane, has advised the Maynooth Municipal Councillors that he is referring the issue of the re-location of the Old Greenfield Bollards to the Consultants to be engaged for the review of the Maynooth Traffic Management Plan. Council Officials have advised Cllr. McGinley that residents submissions resulted in 66:34 against the Councils proposal.

## Cllr McGinley Asks for the Bus Shelter Outside McMahon's to be Removed

Cllr. John McGinley has asked the National Transport Authority (NTA) to remove the bus shelter from outside McMahon's, Main Street, Maynooth, as it is an eyesore. The shelter serves no purpose as it is on the last stop on Main Street coming from Dublin. Nobody boards the bus here.

## Cllr. McGinley Asks for the Provision of a Dog Walk for Maynooth

On the 7th July last Cllr. McGinley asked the Council to consider the provision of a Dog walk in Maynooth. John got the following reply on 24 July:

*"John,  
I am not familiar with the extent of area required for a Dog run but plan to look at the Corcagh Park facility in the next few weeks. We are currently in the very early stages of looking at trialling a dog run in Naas and based on what evolves from that we may consider ones elsewhere in the county. We do not appear to own any land along the motorway apart from the motorway itself so other locations would have to be found. A need for a dog run would need to be investigated as more than one person would have to show an interest to justify the provision and that it would be used rather than leaving dogs off the lead in other open spaces. In addition a club or organisation would have to take ownership of the facility and manage it as we won't have the resources to do this.*

*Kind regards*

*Simon Wallace"*

Dog owners, please let Cllr. John McGinley know if you are interested.

## Cllr. McGinley Seeks Vehicular Access to Maynooth Train Station from Bond Bridge.

Cllr. John McGinley has submitted the following motion for the consideration of Maynooth Municipal District Members:

That steps be taken to progress Policy PT 3 of the Maynooth Local Area Plan i.e. "To investigate the feasibility of the provision of a new vehicular access to the railway station from the Rathcoffey Road."

## Cllr. McGinley Calls for Action on Derelict Sites in Maynooth

Cllr. McGinley sent the following E mail to the Council

on 4 August:

"There are a number of large Derelict Sites in Maynooth:

- On Mill Street opposite Dunnes and next to the Church. It has changed hands a number of times and is an eyesore
- Buckley House at the entrance to Parson Street. It is a protected structure but has been vacant and derelict for the past 20 years
- On Leinster Street between the row of houses (including the Garda Station) and the private car park. It seems to have been sold recently, along with Buckley House, by Brady Auctioneer.

I would appreciate if action was taken under the Derelict Sites Act."

## Additional Accommodation Approved for Maynooth Post Primary School - Stagg

Deputy Emmet Stagg has been advised by the Minister for Education that approval has issued to Kildare and Wicklow Education and Training Board for additional accommodation at Maynooth Post Primary School to deal with expected numbers attending the school when it re-opens in September.

The Minister advised Deputy Stagg that she has approved plans by KWETB to move two new prefabricated science labs from Pipers Hill College in Naas to Maynooth Post Primary School. The prefabs have never been used and are in perfect condition. KWETB will now arrange for the transfer of the two new prefabs to Maynooth Post Primary School.

In relation to the Invitation of Tenders for the construction of the two new secondary schools and shared sports facility for Maynooth on the Moyglare Road, Deputy Stagg stated that the Tender documentation should be issued to pre-qualified contractors in the near future.

## STAGG WELCOMES €14 MILLION INVESTMENT IN SOCIAL HOUSING IN KILDARE

Deputy Emmet Stagg has welcomed the new €4.3 Million investment in social housing in Kildare announced by his colleague the Minister for Environment on July 24th last. This brings total investment in Kildare to €14 Million so far in 2015 on housing provision.

The significant funding, announced by Minister Alan Kelly, will see 50 units provided for people with disabilities, the elderly and people who are homeless. The units will be provided through a mix of acquisitions and construction.

Deputy Stagg said "This is a very important investment in social housing for people with very significant housing need. Approximately €4.3 Million will be provided to approved housing bodies that will result in 50 new social housing units in Kildare. Approved Bodies in Kildare who will receive funding are Camphill Communities, Circle Voluntary Housing Association, Clanmil Housing Association, Focus Ireland Housing Association, Peter McVerry Trust and Tuath Housing Association.

"Approved housing bodies have identified projects in conjunction with the local authority. Now that the funding has been provided work can continue on delivering these units as quickly as possible.

The investment announced comes on top of the allocation of €9.6 Million to Kildare Co. Council last May for the delivery of 57 Council Houses at Prosperous, Kildare and Rathangan.

"This investment is a very tangible signal that this Government is determined to invest in social housing

and give elderly people, people with a disability and people who are homeless a secure and permanent home."

## OVER 70s CAN NOW SIGN UP FOR FREE GP VISITS - STAGG

Deputy Emmet Stagg has welcomed the opening of the registration process for over 70s free GP care. This stated Deputy Stagg will benefit just under 40,000 over 70's in the State who do not currently have a GP Card or Medical Card.

Anyone who is over 70 and already does not have a medical card or GP visit card is now eligible to sign up for free doctor's visits. The service became available on Wednesday August 5th.

Deputy Stagg stated "I am delighted that those over 70 years can now avail of the free GP care scheme.

"Those who have a valid Medical Card or GP Visit Card, do not have to register for this scheme. In other words they do not need to take any action. However, for those that do, registration can be done online or manually - forms will be available through the local health office network and pharmacies.

"The provision of free GP care to those over 70 was a key focus for Labour's Minister for Primary Care, Kathleen Lynch, and builds on the recent successful launch of free GP care for under 6s.

"The fact that we are now at this juncture proves that Labour is delivering in Government and recognises the need to support the elderly in our society."

To register online or find out more go to [www.gpvisitcard.ie](http://www.gpvisitcard.ie) or call 1890 252 919.

## Stagg Welcomes Minimum Wage Increase Recommendation

Deputy Emmet Stagg has welcomed the Low Pay Commission's recommendation to raise the minimum wage by 50c to €9.15 per hour.

Speaking after the announcement Deputy Stagg said:

"The evidence based approach used by the Commission indicates that the Irish Economy is well capable of a modest increase in the minimum wage, without causing harm to businesses.

In real terms over 75,000 workers currently on the minimum wage will see their take home pay increase by up to €1000 per year.

As our economy continues to improve, it is important that all workers reap the benefits of the recovery they have helped create. This is already happening in many sectors of work and it is now time that the lowest paid receives an increase too.

"The minimum wage is a threshold of decency in Irish society; a floor which no worker should fall below.

"As a society, we much strive towards a wage that allows people to live well, rather than merely exist."

In conclusion Deputy Stagg congratulated Labour Minister Ged Nash on bringing the Legislation on the Low Pay Commission through the Oireachtas in a timely fashion to enable the recommendation to raise the Minimum Wage.

## Kildare County Council Litter Hotline

The following is from the Councils Web Site:

**To report litter, dumping, dog fouling etc in your area, contact our free Litter Hotline to have it inspected and removed. You can contact the Litter Hotline's free phone number on 1800 243 143 or contact the Environment Department directly on 045 9870588/ [environ@kildarecoco.ie](mailto:environ@kildarecoco.ie) to have the litter removed.**



# Know Your Rights

## Starting a small business

### Question

**I lost my job last year and I am now thinking of starting a small business. Are there any supports to help me?**

### Answer

Local Enterprise Offices provide supports to local businesses that are starting up or in development. You can find information about their training programmes and start your own business courses on [localenterprise.ie](http://localenterprise.ie). Also, Enterprise Officers in local development companies can offer advice and information on starting your own business.

If you have been getting a jobseeker's payment for 12 months or more, you may be eligible for the Back to Work Enterprise Allowance. This allows you to keep a percentage of your payment for two years. If you are starting a business, you also may get extra supports, such as grants for training, market research, business plans and access to loans to buy equipment.

If you have been unemployed for at least 12 months and you set up a qualifying business, you may be eligible for Start Your Own Business Relief. It provides exemption from income tax on the profits from your business up to a maximum of €40,000 a year for a period of two years. Often, someone starting a small business does so as a sole trader rather than setting up a partnership or a company. However, as a sole trader, if your business fails, your personal assets could be used to pay your creditors. Your main legal obligation is that you must register as a self-employed person with Revenue. As a self-employed individual you pay tax under the self-assessment system.

You may carry on your business using your own name. If you wish to use a business name you must register it. The Companies Registration Office has information about business names and different business structures on its website, [cro.ie](http://cro.ie).

Further information is available from your local tax office and your Local Enterprise Office.

## Complaints about health and social care professionals

### Question

**I know that the regulator for health and social care professionals deals with complaints about fitness to practice but how do I find out whether this applies to a particular practitioner?**

### Answer

The regulator for health and social care professionals is called CORU. It sets standards that practitioners must meet and maintain and publishes a register of practitioners who meet those standards. This register is currently under development. The system of statutory registration will eventually apply to 12 professions, regardless of whether the practitioner works in the public or private sector or is self-employed. CORU also handles complaints about the fitness to practise of registered practitioners - for example, complaints of professional misconduct or poor professional performance.

Currently, the registers for five professions are in effect. You can make a complaint to CORU about a practitioner registered in one of these five areas:

- Dietitians
- Occupational therapists
- Radiographers/radiation therapists
- Social workers
- Speech and language therapists

You can check the registers at [coru.ie](http://coru.ie). Note that CORU can only look into events that have occurred since 31 December 2014, when it started accepting complaints.

Once all registers are open they will include chiropodists/podiatrists, clinical biochemists, medical scientists, orthoptists, physiotherapists, psychologists and social care workers.

You can get further information on the fitness to practise complaints process on [coru.ie](http://coru.ie). To make a complaint about a registered practitioner, you need to download and complete the Fitness to Practise complaint form. For information about how to make a complaint about practitioners of health and social care professions that are not regulated by CORU, see the website, [healthcomplaints.ie](http://healthcomplaints.ie).

### Using a jet ski

#### Question

**I would like to buy a jet ski. What are the rules about their use?**

#### Answer

Recreational boats are regulated in different ways depending on their size and what they are used for. The use of safety equipment on any mechanically-propelled pleasure craft is covered by the Pleasure Craft (Personal Flotation Devices and Operation) (Safety) Regulations 2005. This includes motorboats, powerboats, fast powerboats (those that can travel at a speed of 17 knots) and personal watercraft, known as jet skis.

Under the Regulations, you must wear a suitable personal flotation device (lifejacket or buoyancy aid) at all times when using a personal watercraft. If you are being towed behind a personal watercraft, you must also wear a personal flotation device.

It is illegal for child under the age of 16 to operate or control a personal watercraft.

The consumption of alcohol or drugs is also restricted by the Regulations. If you are operating a personal watercraft or being towed by one, you must not consume or be under the influence of alcohol or drugs.

If an offence is committed under the Regulations, an on-the-spot fine of €150 may be imposed or the offence may be prosecuted in the District Court.

Wherever you intend operating the personal watercraft may be subject to bye-laws which can regulate and control your use of a personal watercraft. An offence committed under such bye-laws can also make you liable for an on-the-spot fine or prosecution.

It is recommended that before operating a personal watercraft, you should attend a suitable training course. Information on training courses is available from Irish Sailing Association (ISA), 3 Park Road, Dún Laoghaire, Co Dublin, Tel: (01) 280 0239 and from their website, [sailing.ie](http://sailing.ie).

## European Health Insurance Card

### Question

**My daughter and I are planning a holiday in Germany and Switzerland this summer and I'm wondering what happens if one of us becomes ill. Am I liable to pay for medical costs if I don't take out insurance?**

### Answer

You and your daughter each need an individual European Health Insurance Card (EHIC). This card allows you to access public healthcare services if you become ill or get injured when visiting certain European countries. It doesn't cover private treatment or the cost of repatriation to Ireland, if one of you becomes very ill.

The countries covered by the card are the 28 member states of the EU, the three other members of the EEA (Iceland, Liechtenstein, Norway) and Switzerland. The card is not required for a visit to the UK if you can show

that you are ordinarily resident in Ireland. In practice, this means showing a driving licence, passport or similar document. There is no charge for the card. Any website attempting to charge you for your EHIC is not connected to the HSE or any State services.

You can apply online at [ehic.ie](http://ehic.ie) if you already have a medical card, GP visit card or Drugs Payment Scheme card. Otherwise, you can download an application form from [ehic.ie](http://ehic.ie) or get it from your Local Health Office. You need to provide your name, address, date of birth and Personal Public Service Number (PPSN). If your EHIC card has expired you can renew it online at [ehic.ie](http://ehic.ie). If a family member has changed name or address, they will need to contact their Local Health Office.

You should apply for the card a month before travelling, if possible. If you have concerns about getting a new or renewed card in time, you can get a Temporary Replacement Certificate either online or from your Local Health Office. You may also wish to consider taking out private travel insurance for expenses that are not covered by the European Health Insurance Card (such as the costs of repatriation or the expenses of relatives who travel to you if you fall ill abroad).

If you have a smartphone you can also download the free EHIC App. This helps you contact health services in the country you are visiting. The app does not replace the EHIC.

*Further information is available from the Citizens Information Centre below.*

*Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public.*

*Information is also available online at [citizensinformation.ie](http://citizensinformation.ie) and from the Citizens Information Phone Service, 0761 07 4000.*

## THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you for many favours. This time I ask you for this special one, (mention here). Take it dear Heart of Jesus and place it within your own broken Heart where your father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen

Say this prayer for three days. Promise publication and prayer and favour will be granted, no matter how impossible. **B.C.**

**Never known to fail.  
Thanksgiving for favour received.**

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MUSIC & DRAMA  
PIANO LESSONS  
SPEECH & DRAMA  
LESSONS**

**CONTACT MARGARET  
ON 087 9488575**

## Maynooth Darkness into Light event raises €49,500

On 9th May the first ever Darkness into Light event in Maynooth exemplified the meaning of "community." There are so many people and businesses and organisations to thank. The local community, and really all of North Kildare and South Meath, together with Maynooth University, really pulled together to make the 4:15 a.m. event go off seamlessly - and send a message of hope to thousands everywhere around the world with whom we stood. The event raised the amazing sum of €49,500. The cheque was presented to Marie Peelo, Pieta House on the 12th August.

The photograph of the presentation shows committee members (L-R) Rebecca Doolin, External Affairs Director Maynooth University, John Ryan, Secretary, Gwen Hobbs, Treasurer, Mary Byrne, Chairperson, Marie Peelo, fundraising coordinator, Pieta House,



Brian McEvoy, Pieta House and Brendan Ashe Head of Security Maynooth University. Thanks to everyone who supported DIL Maynooth in any way, large or small, and helped raise this very significant sum of money for a very worthy cause.

## Up the Hill for Jack & Jill



Following on from the success of last year's Up the Hill for Jack & Jill, where you the public created over 9000 hours of nursing care for very sick babies, we are asking the general public to get involved again. Up the Hill for Jack & Jill is a month long fundraising campaign happening throughout September 2015 with the objective of raising much needed funds for the Jack & Jill Children's Foundation.

The ask is very simple: anyone can join the campaign to host/organize a fundraising event – Climb a hill, Walk a mile, Gather friends for a fun run, a dance evening, a barbecue, a cake sale, a karaoke party, pretty

much anything you can think of, no matter how big or small, privately or within your local community.

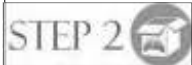
We call on all our friends, supporters and Corporate Partners, families and their relatives, young and old, fit and otherwise, up and down the country to join the Up the Hill for Jack & Jill 2015 and help our very sick babies and their families all over Ireland. Registration fee is €16 which covers 1 hour of home nursing care for 1 sick child at home.

### This is how it works....



STEP 1

REGISTER online on the Jack & Jill website; registration fee: €16. REGISTRATION NOW OPEN!



STEP 2

Get your 'UP-THE-HILL PACK'! After registering we will send you a registration pack so you can start preparing your Up-the-Hill fundraising event.



STEP 3

ENJOY your fundraiser with friends & family keeping in mind the good work you do for Jack & Jill families in your local community!

*The Jack & Jill Children's Foundation provides direct funding, to families of children with brain damage up to the age of 4 who suffer severe intellectual and physical developmental delay, enabling them to purchase home respite care. We also provide end of life care to all children up to the age of 4 years.*

*These are children who as a result of their condition require intensive home nursing care. The Foundation gives these families **THE GIFT OF TIME**, time to do the things that we so often take for granted like shopping, taking their other children to the park, a night's sleep etc.*





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[www.taichikildare.com](http://www.taichikildare.com)

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**Copy date for the October issue of the Maynooth  
Newsletter is Tuesday 22nd September 2015**

# GLENROYAL Beauty Salon



## reveal your best skin

Put your biggest skin concerns in the hands of  
our Dermalogica Skin Therapists.

Get a **FREE Face Mapping Skin Analysis** at Glenroyal Beauty Salon for  
your best skin ever

Call 01- 6291313 to Book Your **FREE Face Mapping Skin Analysis** during September



## What is Face Mapping®?

Dermalogica's unique skin analysis provides insight into your skin's past and present, and allows the subsequent prescription of a targeted home care regime for a healthy skin future.

Developed by Dermalogica, Face Mapping® takes no more than five to ten minutes, is free, and eliminates the guesswork when selecting products for results on your skin.

Rather than analysing the skin in general terms, a Dermalogica Professional Skin Therapist uses Face Mapping® to divide the facial landscape into fourteen zones. Each zone is thoroughly examined inch-by-inch through touch and sight, and findings are notated on a prescription sheet.

This prescription sheet serves as a customised visual guide for you, outlining on an actual facial landscape illustration where conditions including congestion, breakouts, dehydration, and/or hyperpigmentation are present.

Face Mapping® maintains an accurate record of your skin, which provides you and your Dermalogica Professional Skin Therapist an objective view into the results of any professional product recommendation.

Face Mapping® is only available from Dermalogica skin care professionals at authorised skin treatment centres, salons and spas worldwide. Want to get mapped?

### Get Mapped at Glenroyal Beauty Salon

During the month of September, National Skin Care Awareness Month, Glenroyal Beauty Salon are offering **FREE Face Mapping®**! So whether you're a skin care enthusiast or have been resolving lately to take better care of your skin, now is your chance. Our highly qualified Dermalogica trained Skin Therapists will assess your skin and create for you a customised prescribed home skin care regimen focused on your skin's actual needs. Why not bring a friend or family member with you and get your skin care sorted together? You can also add on a **FREE Face Mapping®** session to an existing booking...just ask your therapist.

### What other treatments do Glenroyal Beauty Salon offer?

Glenroyal Beauty Salon have an impressive and ever-growing treatment list. They offer everything you'd expect from a beauty salon – waxing, manicures, pedicures, facials & massage. However they also offer treatments that go beyond the routine and basic to the innovative and exciting such as Minimi Body Wraps, Fuschia Makeup & Lycon Precision Waxing.

*Call 01-6291313 to book an appointment or for further information.*

*Book in for your **FREE Face Mapping®** this September*



## WING TSUN - IEWTO

### Maynooth

### Self – Defence Class

Venue: Maynooth Community Space  
Unit 11 Carton Park (Tesco)  
Shopping Centre  
Maynooth



**Class Times**  
Wednesday 8 - 10pm  
Sunday 10am - 12pm

**Instructor**

**Si-Hing Barry Smith 1st HG**

Contact - Barry Smith  
Phone: 087 4504869  
E-Mail: barrysmith265@gmail.com

## Salon : 91

New Hair Salon in Maynooth

### September Offers

*Back to School Special on  
Kids Cuts!*

2 Kids Dry Cuts for €15  
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Wash & Blow-Dry €10  
Monday & Wednesday



Phone: 01-6106570 for appointment  
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Main Office, Naas Tel: 045 868230  
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## AUTUMN COMFORT FOOD

• *Autumn is the time of year for falling leaves and crop harvesting. It is a comforting season before we head into the bleak days of winter. Here are some tried and tested recipes to ease the kids back in to the school year and take away the Autumn chill.*

### BUTTERNUT SQUASH SOUP

- 1 butternut squash (1kg) deseeded and peeled
- 2 tablespoons olive oil
- 1 tablespoon butter
- 2 onions diced
- 1 garlic clove (thinly sliced)
- 2 mild red chillies (deseeded and finely chopped)
- 850ml hot vegetable stock
- 4 tablespoons crème fraîche (plus more to serve)

Heat the oven to 180c or gas mark 4. Cut the squash into large cubes and toss in a large roasting tin with half the olive oil. Roast 30 minutes until golden and soft. While the squash is cooking, melt the butter with remaining oil in a large saucepan. Add the onions, garlic, and 3/4 of the chilli. Cover and cook on low for 15 / 20 minutes. When onions completely soft, tip squash into pan and add stock and crème fraîche. Whizz with blender, then return to pan and gently re-heat. Season to taste. Pour into bowls with swirls of crème fraîche and a scattering of diced chilli.

### CHICKEN CASSEROLE WITH HERBY DUMPLINGS

- 12 skinless chicken pieces ( ( drumsticks, breasts etc)
- 3 tablespoons plain flour
- 2 tablespoons sunflower oil
- 2 onions sliced
- 2 carrots diced
- 200g bacon lardons (smoked)
- 3 bay leaves and 3 sprigs thyme
- 1 bottle of red wine and 3 tablespoons tomato paste

Heat the oven to 180c (gas mark 4). Toss the chicken pieces with the flour and some salt and pepper. Heat the oil in a casserole with a lid. Brown the chicken pieces on all sides. Remove all the pieces to a plate and tip the onions, carrot, lardons, bay and thyme into the pan. Cook gently for 10 minutes until the onion is softened. Return the chicken pieces with any juices that have collected on the plate. Then pour in the red wine and tomato paste and crumble in the stock cube. Add a splash of water until the chicken is almost covered. Bring to the boil, then cover with a lid and bake in the oven for 20 minutes. Remove the lid and bake for another 10 minutes while you make the dumplings.

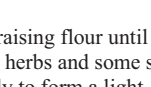
To make dumplings rub 140g cold butter into 250g self raising flour until it feels like fine breadcrumbs. Stir in 2 tablespoons mixed herbs and some salt and pepper. Drizzle over 150ml water, and stir in quickly to form a light dough. Use floured hands to shape into balls. Place on top of the stew and bake for 20 minutes more until the dumplings are cooked.

### PEAR AND BLACKBERRY CRUMBLE

- 700g (or 4 large pears) peeled and cubed
- 100g golden granulated sugar
- 250g blackberries
- 200g plain flour
- 100g unsalted butter (cold and cut into pieces)
- 85g shelled pistachio (roughly chopped)
- 100G demerara sugar

Place pears in a pan with sugar and cook over a medium heat until fruit starts to soften. Add blackberries and bring back to boil, then remove from heat. Spoon the fruity mixture into 4 ramekin dishes or a large baking dish. Place flour, butter and pinch of salt in a large bowl and rub together. Add pistachios and sugar and stir to combine. Sprinkle the crumble over the cooked fruit and bake for 20/25 minutes for the ramekins and 40 minutes for the larger dish. Leave to cool for a few minutes before eating as the fruit will be very hot and bubbling.

If you like ice cream put generous dollops on top of bowls of crumble, it's a lovely finish to a comforting meal.



# SEPTEMBER GARDENING



Sweet Pea plants can be sown from seed in early September. Soak the seeds in tepid water over night and sow the following day into compost indoors. The plants will be ready to plant outdoors in early November. Virginia Creeper is a beautiful red foliage climber if you are looking to get a climber. This needs to be sown in early September and is great to cover unsightly bare fences or walls. Place the plants 1 metre apart.



Winter flowering Pansies, Violas, Heathers and Aconites can be planted now for a strong show of colour in patio planters and window boxes from late September until late Spring. Plant Spring bulbs now such as Daffodils, Tulips, Snowdrops, winter Aconites, Cyclamen and Crocus. Prune climbing roses once they have finished flowering, cut side shoots back a couple of buds from the main frame.



Dead and damaged hedges should be removed this month. This is a great time to replant with new hedging plants. The Hardy Laurel hedging is a choice to use. Make sure to use compost when planting as this will ensure strong root growth. Do not prune Azaleas, Rhododendrons and other spring flowering shrubs because they already have next year's buds showing. If you prune them unnecessarily, you will sacrifice next year's flowers. Time to transplant Peonies or divide them.



September is the best month of the entire year to seed your lawn. This includes seeding a new lawn and reseed an existing lawn. If you need to you can lime, fertilize and seed your lawn at the same time. Time to bring in your houseplants and feed them a slow releasing fertilizer and don't feed them again until February. It's very important to mulch after planting bulbs especially if you are planting them late. Mulch keeps the soil warmer longer so roots can grow.



Pak Choi or Chinese Cabbage can be planted this week for use a tasty vegetable in October and November. Pak Choi is easy to grow and ideal as a vegetable in stir fries or as a green vegetable. Duke of York potatoes are now ready for planting. Plant 5 potato tubers into a planter using compost and place in a sunny location out of doors or in a tunnel greenhouse. By the end of November your potatoes are ready to harvest and store until Christmas. Savoy cabbage plants can be planted now out of doors in the vegetable garden. Plant a dozen plants to ensure regular cutting from late winter onward. Japanese onion sets should be planted over the next couple of weeks outdoors. This will give you fresh green shoots in early Spring and full-sized onions for April and May next year.



Move tender plants into sheltered positions. Start feeding song birds before the winter starts. Wild bird feeds and protein high peanuts should be offered to all garden birds. Fit some insulation to protect against the cold nights ahead. Keep your greenhouse well ventilated during the day but make sure the warmth is trapped during the evening. One last effort at weeding will help to improve the look of the garden in the winter time. Ponds that have submerged oxygenating plants might need to be thinned out as they can build up quickly and fill the pond. Remove dead leaves from waterlilies when the leaves die back. Divide Water Lillies and any pond plants to increase your stocks and control the growth. Planting should never cover more than 50% of the ponds surface.



*There is no such thing as bad weather, only different kinds of good weather!*



## La Maison DONATELLO'S

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*Corsican Guinea Fowl  
Supreme of Guinea Fowl with a Pumpkin  
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Juniper berry glaze and Potato Fondant  
Butternut Squash Risotto (V)  
Risotto with fresh Sage*

*Beef Bourguignon  
Beef marinated in a Burgundy Red Jus &  
slowly braised for 8 hours, with a typical  
French bouquet garni and a millefeuille  
Pastry*

*Fillet of Irish Beef*

*10 oz prime dry aged & hung premium  
Irish Beef Fillet served on pomme mash,  
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- Fungi (Mushroom)
- Cafe de Paris Butler

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Crostini*

#### Main Courses

*Penne Matriciana  
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## MAYNOOTH TAEKWON-DO SCHOOL



### Maynooth Taekwon-Do

School offers classes for children, teens and adults. We are now enrolling for our Beginners classes starting in September. New students can avail of a special offer of €99 for one month's training, membership to the National Association plus a Training Suit if they join in September.



Tuesday: 6.30-8.30pm in The Presentation Girls School, Maynooth  
Friday: 6.30-7.30pm in St. Marys Boys National School, Maynooth

Contact Stephen on 0876986491 or email  
info@maynoothtaekwondo.com.  
Facebook: MaynoothTaekwonDo





# TECHNOLOGY CORNER

## TIPS, TRICKS, AND WHAT'S NEW IN THE WORLD OF TECH

### Microsoft Rolls Out Windows 10

After the very poor reception of Windows 8, Microsoft is trying again with a new operating system showing more promise (though also some new concerns). One of the big differences is that current users of the previous two Microsoft operating systems have the opportunity to upgrade for free. Many people are now faced with the question – to upgrade or not to upgrade?

Windows 10 (codenamed Threshold) is the newest operating system from Microsoft. It was officially released to the public on July 29, 2015. After the poor performance of Windows 8, Microsoft is trying to encourage the adoption of Windows 10 by allowing people using eligible editions of Windows 7 and Windows 8.1 to upgrade for free for until July 29, 2016.

The big problem with Windows 8 is that it tries to function as the same OS for both touch screens and desktop computers. This makes the user interface incredibly awkward on a desktop, while the touch screen use remains unintuitive and difficult to navigate. Due to the volume of complaints and criticism, Microsoft released a huge update with Windows 8.1 that attempted to improve upon these problems. While it was an improvement, the overall satisfaction with the operating system has remained low, prompting a significant redesign with the latest offering.

Windows 10 introduces what Microsoft describes as a “universal” application architecture. This expands on their Metro-style apps (officially known as Windows Store apps). These apps can now be designed to run across multiple Microsoft product families, including PCs, tablets, smartphones, Xbox One, and others.

The design of these apps was heavily criticised in Windows 8, particularly as they have no user interface chrome - i.e. no title bar, system menu, window borders or window control buttons. Even mandatory control interfaces like scroll bars are hidden at first, and they lack their own menus (instead being located on the Settings charm). The number of complaints caused Microsoft to start redesigning them for Windows 8.1, though many people remain unsatisfied. Windows 8.1 adds back a minimal user interface chrome: a title bar is present but hidden until users move the mouse to the top of the screen.

Windows 10 introduces “Continuum” or “Tablet Mode”, which is by default enabled on tablets and disabled on desktop computers, though desktop users can switch it on or off manually if they wish. When the Tablet Mode is off, Metro-style apps running on desktop computers may have sizable windows and visible title bars, enhancing user control over the interface with a mouse. When the Tablet Mode is enabled, Metro-style apps revert to their Windows 8.1 nature, and all desktop apps are maximized. As in Windows 8, they are forced to either occupy the whole screen or be snapped to one side.

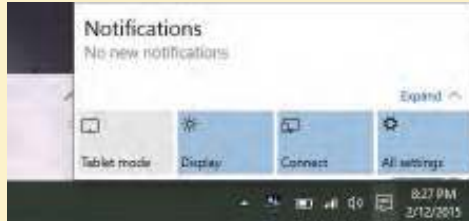
In addition to Continuum, Windows 10 removed the Settings charm in favour of a variation of the system menu. Menu bars, window controls and the always-visible scroll bars, however, did not return and the window borders are barely visible. This makes the user interface controls more awkward and unintuitive than pre-Windows 8 operating systems, but it is an improvement over the clunky Windows 8.

While using these apps takes some getting used to, they do offer some security benefits. Often Windows software has power to use and change the computer ecosystem. Windows user account rights, User Account Control, and antivirus software attempt to keep this ability in check and notify the user when the app tries to use it for malicious purposes. Metro-style apps, however, are sandboxed and cannot permanently change a Windows ecosystem.

Windows 10 user interface has been adapted to handle transitions between using a mouse and using a touchscreen, which is helpful for people using laplets (hybrid laptops or tablets). This cross-functionality is evident in the Start menu, which is similar to Windows 7 but with Windows 8 tiles included.

The Action Centre control panel from Vista and charms bar from 8 have been replaced with a Notification Centre that holds notifications from all sorts of apps, as well as lots of buttons and toggles for various things. One of those toggles is tablet

mode. This basically disables access to the Desktop and makes all apps run in full screen. It does make touch-only usage easier. You can switch it on and off quickly, which is useful if you have a convertible.



It also introduces virtual desktops, which are almost like multi-monitor but without the need for additional hardware. Task view, integrated support for fingerprint or face recognition login, and DirectX 12 and WDDM 2.0 to improve the operating system's graphics capabilities for games are other new features. Microsoft is also promising rolling upgrades; they will continually update Windows 10 with new features and general improvements over time.

One highly discussed new feature is Microsoft Edge, which is the new Internet browser replacing Internet Explorer. Despite the “e” icon, it has little to do with the old IE and is generally much more sensible. Internet Explorer has always been one of the weakest Internet browsers, full of bugs, exploit potential, and poor performance issues. Edge is showing much more promise, and current users of IE should definitely give it a chance.

Also new is Cortana, which is Microsoft’s personal assistant. Cortana can search for things, create calendar appointments, and send all kinds of commands to apps. The apps just have to be made for it. However, it's only available for some combinations of language and regional settings, and it is also the subject of some debate and criticism over privacy issues.

The overall reaction to Windows 10 has been mostly positive, but there are several valid concerns and criticisms, especially in relation to privacy.

Concern has been expressed over the fact that the Windows 10 privacy policy and its collection and use of customer data is far-reaching and far from transparent. Under the default “Express” settings, Windows 10 is configured to send huge amounts of information to Microsoft and other parties, including the collection of user contacts, calendar data, and “associated input data”. It allows apps to request the user's location data and send this to Microsoft and “trusted partners” to improve location detection (Windows 8 had similar settings, except that location data collection did not include “trusted partners”). The use of Cortana also requires the collection of data “such as your device location, data from your calendar, the apps you use, data from your emails and text messages, who you call, your contacts and how often you interact with them on your device”.

Another big problem is that Windows is now doing forced updates. There is heavy criticism of the fact that the OS is more limiting in how users could control its operation due to forced updates. Windows Update no longer allows users to selectively install updates, and only the Pro edition of Windows 10 can “defer” the installation of upgrades for the operating system. This can be an actual problem when a broken update goes out (as it inevitably does sometimes).

A further criticism is that it uses a peer-to-peer system for updates. By default, updates will be downloaded not only from Microsoft's servers but also from other users and systems on the Internet and local network. You can choose to only let P2P act over the local network.

Perhaps the most baffling feature, though, is Windows Wi-Fi Sense, which shares your wireless network keys with contacts/friends on Outlook.com, Facebook, and Skype. For most people, a quick browse of your friends and contact lists on these programs is enough to illustrate the folly of sharing your wi-fi key with so many people. Do you really want everyone you have friended on Facebook to be able to use your wi-fi network? It will particularly be a concern for businesses and other companies who use social media.

People should keep these issues in mind if they decide to upgrade. Windows 10 is much more limiting than previous operating systems in allowing you to control what is happening with your computer and prevent operations you do not like.

### I want to upgrade. Should I upgrade immediately or wait?

If you're okay with having to fight some potential problems, go for it. Windows 10 is a solid upgrade, especially for users with Windows 8. If you are happy with your current browser and concerned about privacy, you might as well continue as you are. If you want to upgrade but avoid the potential bugs and problems that come with any newly-released OS, wait until late September or October when things should be running more smoothly.

### What happens after July 29th, 2016? Do I have to pay to keep using it?

No. The free upgrade offer is “upgrade now, and it's yours forever”. However you must have installed it by July 29, 2016. I'm running Windows XP/Windows Vista. Can I upgrade? No. You'll have to buy Windows 10, or a Windows 7 or 8 version to upgrade from. You might be able to find 7 and 8 on sale, but beware of super cheap keys as they are likely not legitimate.

### What edition of Windows 10 will I get?

Windows 10 comes in four editions, but only two are relevant to the free upgrade: Home and Pro. If you have a Professional or Ultimate edition of Windows 7 or 8, you get the Pro edition of Windows 10. Otherwise you get the Home edition. If you're using an Enterprise version, there is no free upgrade for you.

### Windows says my upgrade is reserved, but it isn't my turn yet. I want it now!

You can do that. Use the Windows 10 Media Creation Tool to install right away, make a bootable USB thumb drive to install from, or even get a full DVD ISO.

### I have reserved, but I don't want to upgrade right now.

Accepting the reservation means you will be upgraded automatically. If you don't want to upgrade right now, you must cancel the reservation.

### I did the upgrade. Where's my product key?

There isn't one. You don't get a product key from the free upgrade. When you upgrade, the installer sends a “fingerprint” of your computer (motherboard + CPU mainly) to Microsoft, and that marks your computer as eligible for free Windows 10. This is important to remember: you will **not** get a product key from the free upgrade.

### I don't want to upgrade. I want to do a clean install!

You have to upgrade. Otherwise your system doesn't get registered as eligible for the free upgrade. However, if you use the media creation tool, and start the setup from inside your existing install, you get to choose to “keep nothing”, which is effectively a clean install.

### But I had to replace my hard drive and do a clean install. I need a product key to do that!

If you've already had the Windows 10 upgrade done on your system, just press Skip when the setup asks you for a key. When the install is done, it will then activate through the hardware fingerprint that was registered during your original upgrade. If you have never installed Windows 10 and don't have a retail key for it, you have to first install Windows 7 or 8/8.1 and then perform an upgrade.

### Wait, so if I upgrade now and then replace my motherboard in 2 months, will my license be invalid?

Most likely yes. If you're planning any major hardware upgrades, wait to upgrade to Windows 10.







# **LEIXLIP FURTHER EDUCATION & TRAINING CENTRE**

**Increase your employment prospects**

**Enrolling now for the following courses:**

**eBusiness with Digital Marketing (level 5)**

**General Studies – Pre University Course  
(level 5)**

**Courses cost €200 and exam fees €50**

**(Courses are free for eligible Social Welfare recipients)**

**For more information ring or call in to us  
Further Education & Training Centre, First Floor,  
Riverforest Shopping Centre, Leixlip.**

**Phone: 01-6246420**

**Email: [vtosleixlip@kwetb.ie](mailto:vtosleixlip@kwetb.ie)**

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Deliver to your door  
or pick up in store



[www.supervalu.ie](http://www.supervalu.ie)

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Tidy Towns®

## Maynooth Cabs

AIRPORT - CITY - LOCAL

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[www.maynoothcabs.com](http://www.maynoothcabs.com)

**01 6289999**

## September Diary Planner

### Irish Girl Guides

Meetings Tuesday evening in Maynooth. For further information contact Jackie on 085 1413787 or visit I.G.G. website [www.irishgirlguides.ie](http://www.irishgirlguides.ie)

### Community Library

Opening Times  
Mondays & Fridays 2pm to 5pm  
Tuesdays & Thursdays 1pm to 8pm  
Wednesday 9.30am to 1pm & 2pm to 5pm  
Sat 9.30am to 1pm

### I.C.A.

Monthly meetings take place every 1st Thursday of the month at 8.00pm in the I.C.A. Hall in the Harbour. Crafts every Monday night at 8.00pm. New members welcome

### Arthritis Ireland

Arthritis Ireland Walking Group (Maynooth) Meeting Monday's at 12 Noon Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth For Seated Exercise & Walking New Members Welcome

### Maynooth Tidy Towns

Volunteers required to help with this work. Contact Number 087 3153189

### Men's Sheds

Weekly meetings take place every Wednesday at 11.am at the Garden Centre Dublin Road Maynooth. For further details contact John Fleming 087 2041334

### University of Third Age (U3A)

Weekly meetings on Fridays at 11am in Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth New Members Welcome

### History Group

Meetings every last Thursday of the month in Maynooth Community Council Office Tesco Shopping Centre at 8.00pm. All Welcome

### Bridge Club

Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at [maynoothbridgeclub.com](http://maynoothbridgeclub.com). Contact Katherine Cooney 086 8205910

### Parent & Toddler Group

Every Thursday from 10.00 a.m. to 12.00 p.m. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth

### Maynooth Community Church

1st Floor Manor Mills (entrance next to Chill) Service times every Sunday morning from 10.30 am [www.maynoothcc.org](http://www.maynoothcc.org) Everyone most welcome



## The Kildare Portrait Artist of the Year 2015



Are you a keen portrait artist? This year for the first time as part of Kildare's Culture Night we are proud to announce the opening of The Kildare Portrait Artist of the Year competition.

The entries will be received by a panel of well known personalities from the arts sector, including Connor Walton, finalist in The Sky Portrait Artist of the Year 2014, Alison Hurst portrait artist and Lucina Russell, Arts Officer for Kildare County Council.

The closing date for entrants to submit a portrait is 3pm on 27th August. Artists may use any medium of their choice, with the size not exceeding 40cm x 50cm.

Artists will be contacted with results of the selection process by Tuesday 2nd September. A number of spaces will be reserved for Kildare based artists with the remainder being open to national and international artists.

The Portrait Artist event will be held in the boardroom of Naas Town Hall on Culture Night Friday 18th September. Doors will open at 5pm with the competition starting at 6pm sharp. There is a viewing gallery where members of the public will be invited to watch as the event is in progress. Over a three hour period with additional time for breaks, artists will create a portrait of a celebrity whose identity will not be revealed until the competition begins.

The collection of portraits will be exhibited at a later date in the historical Castletown in Celbridge, Co. Kildare

A first prize as well as a 'sitters choice' award will be awarded.

Artists will be provided with easels on the day of the event. Artists will need to provide their own materials.

Entries to be submitted to: Riverbank Arts Centre, Main Street, Newbridge, Co. Kildare by 3pm, Thursday 27th August 2015

**Enquiries to: Sharon Fidgeon on [info@sharonfidgeon.com](mailto:info@sharonfidgeon.com)**

The competition is open to artists 16 years and over.

Federica Petronilli

Culture Night & National Playday Co-ordinator

Kildare County Council

083 169 8936

<http://www.culturenight.ie/>

<http://www.kildare.ie/artsservice/>



## Dublin Fire Brigade Pipe Band



Following on from the Leinster Fleadh in Maynooth in July, Dublin Fire Brigade Pipe Band went on to win the All Ireland Fleadh in Sligo at the Pipe Bands, Marching Bands Competition.

Members of the Band and all Serving members of the Fire Service from across Kildare, Dublin and surrounding counties participated.

***We can be contacted at D.F.B  
Pipe Band on Face Book***



Glenroyal Hotel

## Glenroyal Hotel Wedding Fair

### The Perfect Venue for Your Special Day Sunday 18th September 6pm - 9pm

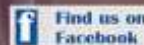
The evening will feature a host of wedding suppliers, on hand to showcase their bespoke products and services.

Consult with leading experts on what's hot and not on future wedding trends. Admission is free with champagne and canapés on arrival. Complimentary backdrop included with bookings on the day!

Phone: 01.6290909

[sales@glenroyal.ie](mailto:sales@glenroyal.ie)

[www.glenroyalhotelkildare.com](http://www.glenroyalhotelkildare.com)



Department of Communications, Energy & Natural Resources  
Supported by Irish Congress of Trade Unions

**BenefIT III**



**This Course is Free of Charge.**

This course will be held over two mornings and will cover the following:

**Day 1:**

1. Set up an email account
2. Send and receive e-mail with an attachment
3. Use a search engine such as: Google Maps or a subject of your choice



**Day 2:**

1. Conduct one simple, online transaction : On-line banking/ pay car tax etc
2. Use a social networking site
3. Use an online TV playback or podcast facility
4. Assisted & supervised revision of one topic from day 1

**Certificate on completion**

Please call into the centre for details and registration!

You must be available for both days : 10am-1pm



**Pam Fleming  
Leixlip Resource Centre  
01 6242511**





## P in the Park



*Luke Bell what more can we say! who enthralled the crowd.*

P would like to thank everyone who made it a great day in the park over the bank holiday weekend. He would especially like to thank Norman and Patricia Kavanagh for the marquee, Maynooth Cabs (Bruno and Herbie), NCS Autoparts for the generator, Maynooth Jewellers for the tables, and the main men who were throwing down the tunes Andrew Forester and Luke Bell and the huge possee for attending. A mention must go to Maynooth Community Council for the sound system.

*Thanks again & see you next year. P*

NORTH KILDARE SPORTS CLUB



# MAYNOOTH 5K ROAD RUN 2015



VENUE  
The North  
Kildare Club



ROUTE  
Maynooth  
and Back



Race Start - 10.00am



## SUNDAY 13<sup>th</sup> SEPTEMBER

Cash prizes in usual categories | Chip Timing

Fast Flat Course, ideal for PB's | Refreshments after race

register online at [www.precisiontiming.net](http://www.precisiontiming.net)



15 euro Adults entry online.  
20 euro for late entry on day  
Juniors (15 - 19 yrs) 10 euro.



[facebook.com/Maynooth5km](https://facebook.com/Maynooth5km)

## Irelands Rugby team training in Carton House Maynooth ready to take on the World



*Ian Madigan in full flight on the training pitch in Carton*



*Tommy Bowe gets a big hug from Irelands No 1 fan Jennifer Malone*

There was great excitement in Maynooth as the giants of Irish Rugby gathered in Maynooth to prepare for the World Cup which will be spread over the months of September and October. We wish them well in their quest to bring the cup back to Maynooth and we will follow them all the way to the final.

### Pool Games Group D

Saturday 19th September 14.30 Ireland V Canada Millennium Stadium Cardiff.

Sunday 27th September 16.45 Ireland V Romania Wembley Stadium London.

Sunday October 4th 16.45 Ireland V Italy The Stadium, Queen Elizabeth Park London

Sunday October 11 16.45 Ireland V France Millennium Stadium Cardiff.

Quarter Finals Saturday October 17/ Sunday October 18

Semi Finals October 24/ October 25th

Final Saturday October 31<sup>st</sup> 16.00

## Citizens Keane

Sean, Matt, Pat & Noel Keane

### In Concert

The Glenroyal Hotel, Maynooth


Saturday 26th September 2015

Tickets €25 - available from

Glenroyal Hotel Ph: 01-6290909  
Email: [info@glenroyal.ie](mailto:info@glenroyal.ie)

North Kildare RFC Ph: 01-6103909  
Email: [info@northkildarerfc.com](mailto:info@northkildarerfc.com)

In association with

 North Kildare Rugby Football Club



## Maynooth Tidy Towns



We wish to thank all who voted for one of our 3 projects in the Intel Pride of Place competition. The results will be announced by Intel on 10th September.

National Tidy Towns result will be announced on 28th September further information on how we did will be in October Newsletter and on our Facebook page.

Kildare County Council announced the winner of the first Bug/Insect Hotel competition and Maynooth won first prize. This Bug/Hotel is on the Joan Slade River.

Our official sign for Winning Ireland's Best Kept Large Town was unveiled at the junction of Courthouse Square on the Straffan Road during the summer.

We thank BDO who arranged for the painting of the Building by John Kavanagh with the help of his son Ross which displays various Trophies and Certificates we have won over the past number of years.

Once again we appeal for volunteers to help with our work on Wednesday, Saturday or Sunday.

**Richard Farrell**

**PRO Maynooth Tidy Towns- 087 3153189 Follow us on Facebook**



### ROYAL CANAL AMENITY GROUP (RCAG)

There was a "walk & talk" on the afternoon of Saturday the 18th July from Maynooth Harbour to Jackson's Bridge (the 14th Lock). There was a brief history of the Royal Canal telling how in 1788 the Irish Parliament decided to grant aid private investment in building a northern canal route to the Shannon. The share flotation was so successful that it was over subscribed by £10,000.00. Parliament grant aided 1/3rd (£66,000.00) of the projected cost (£197,000.00). The Duke of Leinster was a major £2,000.00 Investor and his insistence on changing the projected canal route was one of the principal reasons why the venture was bankrupt by 1794. By 1817 the 90.5 mile connection to the Shannon was finally completed at a total cost of £1,422,000.

Most of the canal bridges are named after Directors of the Company and in the Maynooth area that meant Christopher and Robert DEEY, William PIKE, Joseph MULLEN, James BOND, and Henry JACKSON. The only canal bridge named after a lady is LOUISA Bridge, in Leixlip named after Louisa Conolly of Celbridge.

A passenger service from Dublin to Kilcock with a stop-over near Leixlip, started in December 1796.

In 1845 the new Midland Great Western Railway Company (MGWRC) bought the entire canal concern for £298,059 and the rail line to Maynooth was completed by 1847.

The canal passenger service ended in 1849.

The 1939-45 War saw a resurgence of canal traffic carrying peat supplies for Dublin.

Passing Bond Bridge the Joan Slade River was culverted under the railway and canal lines, and nearby in the wall of St. Patrick's College, was the blocked-up service entrance from a former canal quay. Approaching Jackson's Bridge we made a slight detour to show the Lyreen River emerging from a culvert under the canal and railway lines.

RCAG laid on refreshments at Jackson's Bridge. This bridge has five spans to accommodate cattle crossing, the Lyreen River, the Railway, the Canal and Pedestrians.

When refreshments were over, there was a live demonstration of how a boat negotiated the canal lock.

Be sure to check out our site [www.royalcanal.ie](http://www.royalcanal.ie) for news about canal events and also how to become an RCAG Member online.

**[www.royalcanal.ie](http://www.royalcanal.ie)**

# Fleadh Cheoil na hÉireann 2015

The Craobh Bheartla Uí Fhlatharta Comhaltas branch, Leixlip returned from another highly successful All-Ireland Fleadh Cheoil last weekend in Sligo. As well as numerous successes in music and dancing competitions, the branch also secured 3rd place in the Senior Céilí Band competition – the most prestigious of all Irish music competitions. Craobh Bheartla Uí Fhlatharta was the only Kildare branch to win medals at the Fleadh and walked away with an unprecedented 6 gold, 1 silver and 3 bronze medals.

Speaking after the weekend, branch PRO Colm Ó hArgáin said, "This was our most successful year yet and is a result of lots of hard work and of the experience within the branch of developing musicians, singers and dancers which has been the aim of the branch since it's foundation in 1981. This Fleadh has further cemented Craobh Bheartla Uí Fhlatharta as one of the leading branches and learning centres in the country for the Irish traditional arts".

As well as the numerous medals, the branch featured prominently on the Fleadh TV show on TG4 during the weekend and entertained the masses on the Gig Rig with a 45 minute concert performance. Musicians enjoyed playing on the streets, in the bars and everybody had a great time and soaking in the atmosphere.

"The branch is very proud of all our members who competed at Fleadh Cheoil na hÉireann. To qualify for the Fleadh is a massive achievement. It was particularly special for the branch to qualify as Senior Band and Group champions from Leinster, the first time the Double has been achieved and all the more special to have done it in Maynooth at the Leinster Fleadh! To come 3rd at the Senior Band competition on Sunday rounded off a really special year for the branch."

Classes start all over again in September! Enrolment takes place in Scoil Uí Dhálaigh, Leixlip on 7 September from 6:15. The branch look forward to welcoming new students of all ages and are excited to be offering 3 new classes this coming year – drums, piano and bodhrán.

"Our classes incorporate the three curricular strands; Listening & Responding, Performing, and Composing and the fruits of that structure are now evident with the unprecedented results achieved at the Leinster and All-Ireland Fleadh. All of our teachers have a proven track record in teaching and are highly accomplished performers, having played to audiences both on the national and international stage".

"Members can look forward to another fun filled year of sessions, trips, concerts, social events and much more. The social element is what matters most of all - we pride ourselves on integrating the various forms of Irish traditional performance arts while simultaneously providing opportunities for pupil activity & performance".

## About Craobh Bheartla Uí Fhlatharta

The Leixlip Branch of Comhaltas Ceoltóirí Éireann was founded on 25 February 1981. The branch set up music and dancing classes in Coláiste Chiaráin and these grew from strength to strength and today over 120 children and adults attend branch classes in a variety of instruments, sean nós dancing, grúpaí cheoil and bands in Scoil Uí Dhálaigh every Monday evening. In the 80's the branch eagerly

participated in Scoraíocht, Ceol an Gheimhídh and Ceoltraí competitions with great success but in more recent years the branch prides itself in the success of its members in County, Leinster and All-Ireland Fleadhanna Cheoil. Members have represented Comhaltas abroad as well as other well-known touring groups and we are delighted that they have gone on to entertain audiences worldwide.

In 1991 the branch changed its name to Craobh Bheartla Uí Fhlatharta to remember one of its founders, Beartla Ó Flatharta RIP, a musician and singer who worked tirelessly to promote all aspects of our culture. The branch has been fortunate to have had vibrant members such as Beartla throughout the years whose hard work, dedication and knowledge has resulted in a thriving branch. Members have always been encouraged to take an active part in Comhaltas and the branch has played a pivotal role on the Kildare County Board, Leinster Council and Ard Comhairle (Central Executive Council).

While the technical aspects of music are best learnt in the classroom, the natural development of a musician takes place at informal sessions through playing and interacting with other musicians and learning new tunes and styles by ear. The branch recognises this and operates a busy social programme to give musicians as many opportunities as possible.

"While practising at home is important, discovering a new and rich tradition and making friends for life is the most important thing. To expose the younger musicians to the many traditional styles, we have travelled throughout the country to participate in festivals, workshops and sessions and have invited numerous musicians to our recitals and workshops. Our teachers were at one time in our beginner's class and one of the most pleasing aspects of our work is seeing young people growing through the branch and then becoming the teacher. This creates a link between the old and new and forges a special culture and atmosphere within the branch".

The work of the branch has been recognised in the locality and Leixlip Town Council awarded a Civic Award to many of its members over the years. The Council also recognised the work of the branch on the occasion of its 30th anniversary. The current committee carry on the great work and are confident that the branch will go from strength to strength in the coming years.

More information  
[www.cceleixlip.ie](http://www.cceleixlip.ie)

Request a brochure  
<http://www.cceleixlip.com/contact>

## All-Ireland Fleadh Results

**Céilí Band (O18)**  
3rd Beartla Uí Fhlatharta Céilí Band, CCÉ, Craobh Bheartla Uí Fhlatharta, Chill Dara

**Flute (15-18)**  
1st Ciarán Mac Gearailt, CCÉ, Craobh Bheartla Uí Fhlatharta, Chill Dara

**Concertina (15-18)**  
1st Ciarán Mac Gearailt, CCÉ, Craobh

Bheartla Uí Fhlatharta, Chill Dara

**Uilleann Pipes (15-18)**  
1st Cormac MacAodhagáin, CCÉ, Craobh Bheartla Uí Fhlatharta, Chill Dara

**Whistle Slow Airs (15-18)**  
1st Áine Ní Gearailt, CCÉ, Craobh Bheartla Uí Fhlatharta, Chill Dara

**Trios (15-18)**  
1st Áine Ní Gearailt, Ciarán Mac Gearailt, Cormac MacAodhagáin, CCÉ, Craobh Bheartla Uí Fhlatharta Chill Dara

**8 Hand Céilí (Ladies) (O18)**  
3rd Craobh Bheartla Uí Fhlatharta, CCÉ, Craobh Bheartla Uí Fhlatharta, Chill Dara

**8 Hand Céilí (Mixed) (O18)**  
2nd Craobh Bheartla Uí Fhlatharta, CCÉ, Craobh Bheartla Uí Fhlatharta, Chill Dara

**4 Hand Céilí (Mixed) (O18)**  
1st Craobh Bheartla Uí Fhlatharta A, CCÉ, Craobh Bheartla Uí Fhlatharta Chill Dara  
3rd Craobh Bheartla Uí Fhlatharta B, CCÉ, Craobh Bheartla Uí Fhlatharta Chill Dara

*(See Photos on page 29)*



## Situations Vacant

Busy Hair Salon in Maynooth requires part-time, fully qualified hair stylist. (3 days a week)

Phone 01 6106570



# Sudoku Challenge

**Difficult**

		3						
				2		9		
	7				5	3		1
	2		8	4			1	
4		8	3		7	6		9
	1			9	2		8	
8		1	7				4	
		2		6				
						7		

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to  
**Maynooth Newsletter**  
**Unit 5 Tesco S/C Maynooth**  
 Collect prize from Newsletter Office

**Super Difficult**

			3	2				7
			4			8		1
	9				7	3		2
				8		5	3	
	5	8				1	2	
	3	2		6				
2		6	5				8	
7		9			6			
5				4	2			

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

**Congratulations to  
August Winner:**

**Eoin Daly  
Rockfield Square  
Maynooth**

Collect prize from Newsletter Office

Prize winners will have 30 days to claim their prize from the time the results are made public.

## JIM'S SHOE REPAIR

Tesco Shopping Centre

LADIES & GENTS HEELS

WHILE U WAIT

SHOES STRETCHED

HEELS LOWERED

LEATHER SOLES STITCHED ON

KEY CUTTING

ALL KEYS

HOUSE AND VEHICLE

PHONE 086 8657142



Kildare and Wicklow

Education and Training Board

Kildare & Wicklow Education & Training Board (KWETB)  
 Further Education & Training Centre, Maynooth

Enrolling for a range of part-time classes on  
 September 7th, 8th & 9th.  
 10.00am to 1.00pm and 7.00pm to 8.00pm

Course details on [www.kwetb.ie](http://www.kwetb.ie) and brochure available locally.

KWETB will host an information stand in Manor Mills Shopping Centre from Aug 31st to Sept 4th. Anybody who is thinking about returning to education is welcome to come along to discuss their education options.

**ACOL HOUSE BRIDGE CENTRE  
THE SQUARE, MAYNOOTH**



**BRIDGE CLASSES FOR BEGINNERS  
COMMENCING**

**THURSDAY MORNING**

**SEPT. 10th AT 10 am**

**SUNDAY EVENING**

**SEPT 13th 6.30 pm**

**ALL WELCOME**

**PHONE / TEXT LIZ 0872578526**

**[acolhouse@gmail.com](mailto:acolhouse@gmail.com)**

## Donovan's Food Store

Trading Since 1888

Greenfield Shopping Centre

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Mon-Sat 7.30am - 10.00pm

Sun 8.00am - 10.00pm

Breakfast Rolls, Paninis,

Sandwiches of your Choice.

Tea, Coffee & Soup. Private catering service also available.

Offering our Promotional Range

Flowers, Fruit & Veg., Groceries & Gourmet Cheese.

Newsagents, Magazines & Lotto

ATM Machine & Phone Credit.

Off-Licence Stocking

a Wide Range of Wines



**North Kildare Rugby Club**

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**Training for New season starts**

**Wednesday 2nd September**

**All New Players Welcome**

**Call Roy on 086 8167047**

**or Kerry on 087 9879911**

**[www.northkildarerfc.com](http://www.northkildarerfc.com)**

**Phone: 01 610 3909**



**North Kildare Rugby Club**

We are recruiting New players for the 2015/16 Season

**All New Players Welcome**

**Looking for U13 & U15 players**

If you were born in 2003

you are eligible for the under 13 Team

Training in NKRC at 7.00pm Wednesdays

with Matches on Saturdays

The season runs from September to April

Training for New season starts

Wednesday 2nd September

**Anyone interested in Joining**

**Call Roy on 086 8167047 or Kerry on 087 9879911**

**[www.northkildarerfc.com](http://www.northkildarerfc.com)**

**Phone: 01 610 3909**

## ***Kids & Teenagers Advice***

Bullying for kids and teenagers exists in many different ways. We all have a shared responsibility to deal with bullying and we want your help to shape our advise section into something that really works for young people. We are inviting teenagers and young people to email us and let us know how this would best work for you.

***For the moment here are a few tips which you might find useful:***

**Stay Positive** – If you have had bullying issues in the past it is important that you stay positive. Many of us who experience bullying will be concerned that it might happen again in the future. It is important to stay positive about this and not worry that every time you see someone laughing or see a few people talking amongst themselves that they are talking about you. Also sometimes people do things or say things and do not realise that they are hurting others. Of course this does not justify it but telling someone or telling a teacher in this case can usually result in it being stopped very easily

**Keep involved with others** – Might seem a little obvious to some but taking time to be friendly with others throughout your day is a valuable thing to do. Get involved with others and do not cut yourself off from the group. Take a little time to chat about topical issues others might be talking about or things you are all interested in. Perhaps chat with the lads in class if they are talking about a match or ask the girls what they thought of that movie on TV last night. The key here is that you are showing interest in others even if they are chatting about something you are not interested in. You do not need to restrict this to your immediate close circle of friends either. Treat others in the same way and do not restrict yourself to potential friendships with just a small number of people.

**Join clubs and groups outside of school** – Regardless of what you are interested in it is highly likely that not too far away from you there is a club or group outside of school where you can go to pursue your interest. Joining clubs and groups outside of schools is a great and easy way to broaden your horizons and meet new friends with common interests. It is also a great distraction away from school and a great way to relax after a day. If you are in a class with a bully or a few idiots who give people a bit of a hard time getting out and joining a group or club like this is a fantastic way of making these people less of an influence in your life and taking their power.

**If you are experiencing bullying** - Of course you should talk to somebody about it but this is not always easy to do. If you are experiencing persistent issues with the same people write it down. Keep track of it. Keeping a diary of it in this manner creates a record of it and saves you the upset of having to recall instances. Give your written record to an adult or somebody in authority in your school. Tell a parent, tell a friend, talk to a teacher or somebody in your school or contact [stopthebully.ie](http://stopthebully.ie) and we can offer you further advice and help.

***What can Stopthebully.ie do for you?***

Pat Forde of [stopthebully.ie](http://stopthebully.ie) works with bullying targets and schools all over Ireland. Pat has trained in the UK and delivers anti-bullying programs that have helped a large number of kids, teenagers, families & adults. These are delivered in groups, school classes and also privately with parents and teens. We can help you improve your situation. Of course we can never promise that nobody will never try to bully you again in the future but we can help you to prevent issues and teach you how you can deal with them again in the future so it stops. If you want to get in contact or email for any advice please do so. This is a free service for bullying targets and we want to help and we can help.

***Source: Stopthebully.ie***

## ***Maynooth Senior Citizens Committee***

*Our club will reopen on Tuesday morning Sept. 1st and our committee will meet that evening at 8pm in the Geraldine Hall. Our preparations for our Golden Jubilee on Sept. 20th are coming together nicely and we look forward to meeting old friends and former committee members on the day. Replies to all invitations should be in by Sept. 1st. Meanwhile our book "The Golden Years" is selling well and I thank you for your support. If you have not already got a copy they are available in Maynooth Book Shop, Maynooth Photo Centre, SuperValu, News 4 U and Donovan's shop. All we need now is an "Indian Summer" for our celebrations and all will be well with the world.*

***Josephine Moore.***  
***Chairperson.***

## **PINEAPPLE UPSIDE DOWN CAKE**

### **TOPPING**

- \* 120g butter
- \* 200g soft brown sugar
- \* 1 teaspoon ground cinnamon
- \* 1 teaspoon vanilla extract
- \* 6 pineapple rings (430g tin)
- \* 6 maraschino cherries

### **CAKE**

- \* 170g butter softened
- \* 150g caster sugar
- \* 1 teaspoon vanilla extract
- \* 2 eggs
- \* 150g self raising flour
- \* 1 teaspoon baking powder
- \* 1/4 teaspoon salt
- \* Ice cream to serve

Make the topping by melting butter in a saucepan. Stir in brown sugar, cinnamon, vanilla and cook for a few minutes to melt the sugar. Add 50ml of juice from the tin and gently simmer for 5 minutes on the lowest heat.

Arrange the pineapple rings in a tin (23cm) and place a maraschino cherry in the centre of each one. Pour most of the syrup over the pineapples and leave to stand while making the cake.

Preheat the oven to gas mark 4 (180c). Cream the butter and sugar together until pale and fluffy. Add vanilla. Beat in the eggs one at a time and finally sift in the flour, baking powder and salt.

Spoon mixture on top of the pineapples and bake for 40 minutes. Leave to cool for 20 minutes before turning out onto plate. Glaze with remaining syrup and serve warm with ice cream.

***As requested by P. Farrell***

***In the hope someone might make one for him!!!***



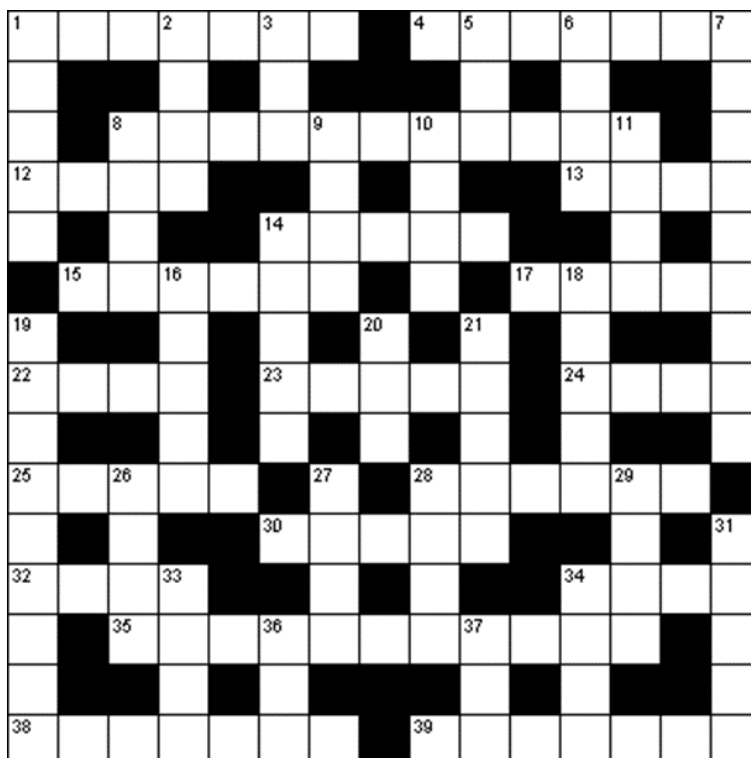


## Clues Across

1. Boom (7)
4. Extend the duration of (7)
8. Produce in large quantities (4,7)
12. Metric unit of mass (4)
13. Frozen treats (4)
14. Seizes with teeth (5)
15. Tried out (6)
17. Surface upon which one walks (5)
22. Capital of Norway (4)
23. Long for (5)
24. Ammunition (4)
25. Nail-like fastener (5)
28. Delicate in meaning (6)
30. Adult female person (5)
32. Having wealth (4)
34. Ward off (4)
35. Person who cuts hair (11)
38. Tubular ground meat (7)
39. Mysterious (7)



## September Crossword - No: 439



## Clues Down

1. Wild dog of Australia (5)
2. Quantity of paper (4)
3. Long-leaved lettuce (3)
5. To free (3)
6. Positions (4)
7. Room for the lodging of guests (5,4)
8. Female horse (4)
9. Discharged a debt (4)
10. Singles (4)
11. Reflected sound (4)
14. Long hard seat (5)
16. Ghost (5)
18. Little (5)
19. Immense (9)
20. Cushion (3)
21. Started (5)
26. Unit of length (4)
27. Nobleman (4)
28. An auction (4)
29. Sly look (4)
31. Strangely (5)
33. Head-wear (4)
34. Goat's milk cheese (4)
36. Manipulate (3)
37. Central body of the solar system (3)

## Answers to Crossword No 438

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Book Voucher

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**The Maynooth Bookshop**  
68 Main Street,  
Maynooth

Entries in before:  
Tuesday 22<sup>nd</sup> September

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Winner of Crossword  
No. 438 August

**Nicole O'Keeffe**  
**Ballymagillan**  
**Maynooth**

Prize winners will have 30 days to claim their prize from the time the results are made public.

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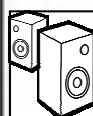
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## Leonard Cohen



What a celebrity, what a showman  
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 He is my most admiring fan  
 An artist brings me back in time  
 He actually ran on stage  
 With energy remarkable he is all the rage  
 Singing many a poetic song  
 He introduces his fellow band  
 In a most gentlemanly way  
 His singing girls go hand in hand  
 Guiding his tone in a unique say  
 His poems are as deep as his voice  
 Each song is out on its own  
 Many mysterious songs at your choice  
 From the great artist Leonard Cohen  
 Alert and alive is the atmosphere  
 In a most stunning way  
 Watching him vanishes my fear  
 And many and contented I say  
 His voice more mellow a younger man  
 Now advanced in his mature age  
 A performance the best he can  
 Now even better at his recent stage  
 Leonard, we are thinking of you  
 And wishing you all the best  
 You're dreams are so very true  
 I never met you but know you're blessed  
 Long may you live artist friend  
 Your songs go on forever in time  
 What a joy you're presence to spend  
 My fondest singer of mine

*Written by Paddy Murray, Bramble Lodge,  
 Newbridge*



## Maynooth Castle

*Opening Hours*  
**30 May - 25 September**  
*Open Wednesday - Sunday and Bank*  
*Holidays - 10.00 - 18.00*  
*Average Length of Visit: 45 minutes*  
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**Admission Free**

*Telephone No: + 353 1 628 6744. Fax No: + 353 1 628 6848.*  
*Email: maynoothcastle@opw.ie*



Long summer evenings are the exception more the norm, it's getting dark earlier and slightly chilly, everything changes and yet somethings don't or give the impression that they are impervious to change. So with Maynooth Toastmasters you could say, let's learn speech craft online from the comfort of home, at a time which suits and a pace best structured to my needs.

Maynooth Toastmasters Web site does provide a wide range of information, however we still believe that the best customer learning experience is achieved by attending as a guest at the Glenroyal Hotel commencing on Monday 14th September at 8pm.

What can you expect  
 A warm and friendly welcome  
 Will anyone talk to me  
 An experienced member will talk with you  
 Do I have to join the first night  
 Many do, but there is no hard sell, come another evening, but do come.  
 Can I actively participate at the meeting  
 Of, course, we would be delighted if you would.  
*Interested, want to know more, find the voice which you have, then come along on the 14th September or contact Peter Cuthbert, Maynooth Toastmasters Public Relations*  
**Tel: 086 8752336**



## THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you for many favours. This time I ask you for this special one, (mention here). Take it dear Heart of Jesus and place it within your own broken Heart where your father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen

Say this prayer for three days. Promise publication and prayer and favour will be granted, no matter how impossible.

**GMG PTC**

**Never known to fail.**

**Thanksgiving for favour received.**

## THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you for many favours. This time I ask you for this special one, (mention here). Take it dear Heart of Jesus and place it within your own broken Heart where your father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen

Say this prayer for three days. Promise publication and prayer and favour will be granted, no matter how impossible.

**EOR**

**Never known to fail.**

**Thanksgiving for favour received.**

## THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you for many favours. This time I ask you for this special one, (mention here). Take it dear Heart of Jesus and place it within your own broken Heart where your father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen

Say this prayer for three days. Promise publication and prayer and favour will be granted, no matter how impossible.

**ANON**

**Never known to fail.**

**Thanksgiving for favour received.**



## Kildare Planning Applications for Maynooth Area

### (From 25/5/2015 to 21/8/2015)

App. Num	Authority	Applicant Name	Development Address	Application Date
15705	Kildare County Council	Cathy Ennis	Cormickstown, Maynooth, Co. Kildare.	11/08/2015
15690	Kildare County Council	Rodica Turcanu	Between 346A and 345 Old, Maynooth, Co. Kildare.	07/08/2015
15685	Kildare County Council	Specialist Independent Building Services Limited	Maynooth Mall, Main Street/ Mill Street, Maynooth	06/08/2015
15678	Kildare County Council	Aine Daly	Laragh, Maynooth, Co.Kildare	04/08/2015
15667	Kildare County Council	Aidan McGreevy	Barrogstown, Maynooth, Co. Kildare.	31/07/2015
15646	Kildare County Council	Damien Rooney and Karen Corrigan	2 Ashleigh Grove, Newtown, Maynooth	28/07/2015
15649	Kildare County Council	Patrick Fallon	Ballycurraghan, Maynooth, Co. Kildare.	28/07/2015
15628	Kildare County Council	Thomas Henrick	555 O'Neill Park, Maynooth, Co. Kildare	22/07/2015
15623	Kildare County Council	Gary Fleming	126 Rail Park, Maynooth, Co. Kildare	21/07/2015
15613	Kildare County Council	Rodica Turcanu	Between 346A & 345, Old Greenfields, Maynooth	20/07/2015
15552	Kildare County Council	Kildare and Wicklow Education and Training Board	Moortown, Maynooth Road, Celbridge	30/06/2015
15538	Kildare County Council	TMT Digital (Trading as Digital Office Centres)	Block B, Maynooth Busines, Straffan Road, Maynooth	24/06/2015
15539	Kildare County Council	Mark McCormack & Alison Kiernan	Clonfert South, Maynooth, Co. Kildare	24/06/2015
15525	Kildare County Council	Philip Farrelly	Barberstown Upper, Maynooth, Co. Kildare	22/06/2015
15506	Kildare County Council	Edward and Mary Gaynor	Johinstown, Maynooth, Co. Kildare.	17/06/2015
15493	Kildare County Council	Ballygoran Developments Ltd.	The junction of Coates Lane, Maynooth, Co. Kildare.	12/06/2015
15485	Kildare County Council	Joe, Mary and Ruth Murphy	6 Leinster Park, Maynooth, Co. Kildare	11/06/2015
15468	Kildare County Council	Maxol Limited	Maxol Service Station, Greenfield, Maynooth	04/06/2015
15438	Kildare County Council	David Walsh	33 Parsons Hall, Maynooth, Co Kildare	27/05/2015
15420	Kildare County Council	Gerry and Kate Hill	Baltracey, Maynooth, Co. Kildare	25/05/2015



# McDonald's Maynooth

## Proud Sponsor of the Colouring Competition

### PUZZLE

by OTTOFANT (Maynooth)

#### All A-bird!

It's time to put on your bird-hunting gear and find the 30 birds hidden in this grid. Reading across, down, diagonally, when you've found them all, the letters will reveal something that has flown from the trees (although not to see about birds, but after the hunt they may come along).



ALBATROSS	OSPREY	MAGPIE	PEACOCK	SWALLOW
BLACKBIRD	FALCON	SPINA	PELICAN	SWAN
COCKATOO	FLAMINGO	DOVE	DUESSANT	TEAL
CRANE	GOOSE	OSTRICH	PUEBIN	THURSH
CROW	HERON	OWL	QUAIL	TOUCAN
CUCAROO	KITE	PARAKEET	RAVYN	WOODPECKER
DUCK	KWY	PARROT	ROBIN	WREN
EAGLE	LARK	PARTRIDGE	SPARROW	



### McDonalds Children's Colouring Competition

#### Prizes: Free Family Meal from McDonald's, Maynooth

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Address: \_\_\_\_\_

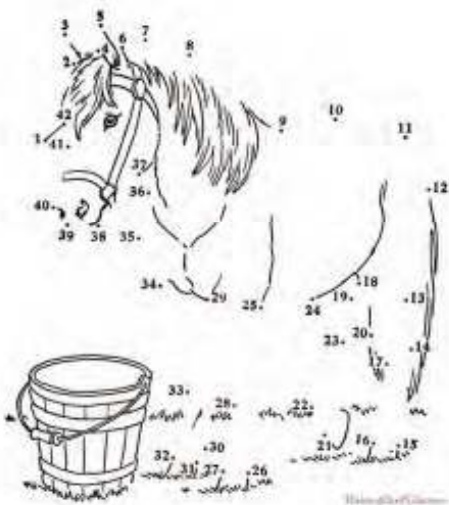
Phone No: \_\_\_\_\_

#### August Winners:

Age: 3 - 5: Maisy Morris, Old Greenfield,  
Maynooth

Age: 6 - 7: Tiernán Eviston, Kilcloon,  
Co. Meath

Age: 8 & Over: Holly Harrington, Moyglare Hall,  
Maynooth



Prizes for Colouring Competition can be collected at:  
Maynooth Community Council Office, Unit 5, Tesco Shopping Centre.  
Entries must arrive before: 22nd September 2015





# Fleadh Cheoil na hÉireann 2015 Photos



Beartla Ó Flatharta Céilí Band - 3rd place at All-Ireland and Leinster Champions



Ciarán, Áine & Cormac trio



Cormac Keegan - 15-18 pipes



Senior Group Competitors and Leinster Champions



Ciarán Fitzgerald  
15-18 Concertina, 15-18 Flute.



The Gig Rig



Áine Fitzgerald—15-18 Whistle Slow Airs



Dancers - 1st place mixed 4 hand



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**Back to School?**



**NO! NO! NO!**  
**Where did summer go?**



# FILM/DVD MONTHLY BY BERNIE CLAXTON

## Film Review: Mission: Impossible - Rogue Nation

**Starring: Tom Cruise, Rebecca Ferguson & Simon Pegg**



2015 is fast proving to be the year of spy capers. The comedy spoofs *Spy* and *Kingsman: The Secret Service* hit cinema screens earlier this year. The trend of re-inventing classic 60s series for the modern era continues with the upcoming *The Man from U.N.C.L.E.* (starring *Superman*-starrer Henry Cavill) and Daniel Craig will soon return as the Daddy of all spies, James Bond, in *Spectre*. For now we have the most famous Scientologist in the world, Tom Cruise, providing thrills and spills in the latest action-packed instalment of the *Mission: Impossible* franchise. Written and directed by Christopher McQuarrie, *Mission: Impossible - Rogue Nation* is the fifth in a series of films that have spanned two decades.



Based on the original 1960s/1970s TV series (which epitomised uber-cool spy chic), the first big *M:I* screen adaptation appeared back in 2006, with Tom Cruise taking on the spy mantel in Brian De Palma's stylish thriller. It has been four years since *Ghost Protocol* (a particular highlight in the series). The present offering sees Ethan Hunt (Cruise) and his IMF (Impossible Mission Force) crack-team reuniting to fight a new and menacing adversary.

The pre-opener - Bond-like - sequence of the film is predictably spectacular. We witness Tom Cruise, doing what he does best, running, jumping and dangling perilously from the outside of a moving cargo plane. His mission, should he make it, is to climb onboard and retrieve a deadly container of nerve gas from a crew of Chechen separatists. Will he make it! Well this is a Tom Cruise film and nothing is impossible! Lalo Schiffrin's now classic theme music for *Mission Impossible* pulsates over the opening credits, preparing us for an adrenaline-fuelled ride.



Ethan Hunt's (Tom Cruise) IMF is in straightened circumstances when the film begins. CIA chief Alan Hunley (a surly Alec Baldwin) is targeting the operatives for 'wanton' and reckless acts (blowing up the Kremlin in *Ghost Protocol* certainly didn't help their cause!) with little accountability. In the modern age of 'transparency' this is a definite No-No. Hunley enlists the aid of Congress to shut down the IMF's covert operations.



With the IMF in disarray, Ethan's team regulars Benji (Simon Pegg), Brandt (Jeremy Renner) and Luther (Ving Rhames) are contained by the CIA and hover on the sidelines. The isolated Hunt, meantime, is not content to take this lying down. He has bigger fish to fry as he does what he does in most of the *M:I* films - goes on the run! Ethan quickly ends up as a fugitive, 'a man without a country', hunted by friend and foe alike. Hunt is determined to infiltrate 'The Syndicate', the 'Rogue Nation' of the film's title, a shadowy terror organisation intent on wreaking global mayhem. Its ruthless leader,

renegade spy, Solomon Lane (Sean Harris) is a creepy addition to the list of super villains that pepper the *M:I* series. Early on, Solomon sets a trap for Hunt which results in his incarceration and a brutal beating in a murky cellar. Help is at hand, though, in the alluring form of mystery British agent Ilsa Faust (Rebecca Ferguson). A dab hand at the old martial arts, she orchestrates Hunt's escape. Thus ensues a series of fights, heists, chases, espionage, and double-crossing skulduggery in exotic locations.



However the plot isn't the thing in *M:I: Rogue Nation*. Its formulaic plot is pretty much interchangeable with all the other films in the series. It's a red herring or a 'MacGuffin' in filmic jargon. What really excites audiences in this franchise is the never-ending, hair-raising, death-defying action pieces that places Tom Cruise's agile secret agent in perpetual and mortal danger. Audiences enjoy the spectacle of its star literally jumping from one extreme situation to another. There is a vicarious thrill in watching Cruise perform his own stunts. That is basically the calling card for the *M:I* series of films.



One striking and extended set-piece happens early in proceedings. Ethan Hunt, Benji, Ilsa and various Syndicate baddies converge on the Vienna State Opera for some tantalisingly tense high-jinks. A production of Puccini's *Turandot* is the mere side-show to Cruise's acrobatic antics in the rafters of the theatre. Eyeballing a plethora of potential assassins, who have the Austrian President lined up for target practice, Hunt enlists the help of computer nerd, Benji to thwart their dastardly plans. Director McQuarrie's set-piece in the Opera House clearly references a Hitchcock classic, "*The Man Who Knew Too Much*" with music and gun fire combined to dramatic effect. Musical instruments were never so deadly!



Rebecca Ferguson's sultry double agent (whose motives are ambiguous throughout) is as pivotal to this scene as is Tom Cruise's disaffected spy. Indeed she is at the centre of most of the action sequences in the film. Ilsa glides up the steps of the Opera house in a gorgeous dress that accentuates her curves, practices her gun skills and joins Hunt in a heart-stopping leap from the top of the iconic building.

Swedish Ferguson's Ilsa is certainly no shrinking violet. Her very physical, kick-ass heroine is not content to play second fiddle to the boys. She is Hunt's equal in every sense, not the one-dimensional, disposable, romantic, feminine presence so overused in the spy genre. Indeed Cruise's character seems especially exposed in this film as Ilsa is instrumental in saving his life on two separate occasions.

Two other highlights of director McQuarrie's spy thriller involve a suspense-filled underwater sequence, and a

protracted car/motorcycle chase through the narrow streets and winding roads of Casablanca. In an attempt to retrieve some crucial computer files from an underwater vault, Tom Cruise's agent is forced to hold his breath for longer than is decently possible!

Christopher McQuarrie's has pedigree as a writer (he penned the award-winning script for *The Usual Suspects*). Increasingly, he is making his mark as an action director of some note. McQuarrie has previously worked with his leading star in *Jack Reacher* and *Edge of Tomorrow*. In *Mission: Impossible - Rogue Nation*, his speciality is in the escalation of tension rather than splashy CGI or technical effects. He makes good use of several stylish locations (Paris, Vienna, Morocco and London) to enact his spy drama. The London scenes are especially notable their seemingly endless proliferation of red telephone boxes and somewhat foggy streets!



The supporting cast do just that. Simon Pegg stands out as Cruise's techno-savvy friend, Benji. His performance is more subdued than in *Ghost Protocol* but all the better for it. Pegg brings comic relief to the moments of heightened tension and is a great side-kick for Cruise. Alas, Jeremy Renner as Brandt (so good in the previous *M:I*) is underused in this outing. It's rather a thankless role as he takes very much a background part. Sean Harris, as the slimy villain of the piece, intimidates with his low voice and spectacles. Although, Philip Seymour Hoffman of *M:I 3* is still the undisputed king of mischief in the entire series of films.



The main attraction of *Mission: Impossible - Rogue Nation* is, of course, its veteran star, Tom Cruise. Defying the aging process and literally gravity, he pulls out all the stops for your delectation and entertainment. His dedication to performing his own stunts is quite unique, and possibly foolhardy, in this age of computer-generated trickery. Cruise is decidedly a film star of the old school and still has charisma, star presence and drawing power in abundance. He and Ferguson's magnetic female spy are the main reasons to watch this highly-entertaining entry to the *Mission: Impossible* series.



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