

As we go to press the results from the Helix were announced - Maynooth Takes Silver in National Tidy Towns Competition 2015. There was also a Special Award for "Local Hero" Marian Cawley.

Intel Award €10,000 to All Three Towns in Pride of Place Competition



Over the past few months the Intel Pride of Place competition has been taking place. On Thursday 10th September 2015 a large group of Maynooth Tidy Towns committee, volunteers and residents enjoyed the hospitality of Intel and very informative presentations. Diarmuid Gavin, Irish Garden Designer and TV personality spoke about the importance of the voluntary work of Tidy Towns in Ireland.

Leonard Hobbs of Intel then announced the winner but to our surprise Intel decided to give each of the Tidy Towns Groups (Maynooth, Leixlip & Celbridge) €10,000, to be spent on their winning project, which was in our case the Solar Powered Big Belly Compactor. We thank everyone who voted for our 3 projects. A big thank you to the committee, volunteers and thanks to Mary Molloy who looks after our Facebook page and drummed up a huge amount of support for us.

Elsewhere in the Newsletter you will see the results of the latest IBAL survey which saw Maynooth climb up the national ladder from 36th place to 21st place in the ranking of 42

the sites surveyed getting the top litter grade.

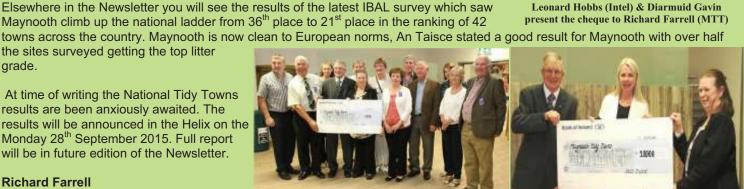
At time of writing the National Tidy Towns results are been anxiously awaited. The results will be announced in the Helix on the Monday 28th September 2015. Full report will be in future edition of the Newsletter.

Richard Farrell PRO Maynooth Tidy Towns.





Maynooth Tidy Towns Group at the Intel Pride of Place Presentation.



Richard Farrell (MTT), Claira Barbour, (The Glenroyal Hotel), Mary Farrell (MTT)



This publication is produced by Maynooth Community Council's Community Employment Scheme, supported by the Department of Social Protection, which is funded by the Irish Government.



Dak Alley Restaurant & Cocktail Bar

AS THEY DO IT DOWN IN NEW ORLEANS

supplys and a crawfish pie and file of the bayou are big fun on the bayou are one of the bayo Canse o Me,II hase pid thu ou the panon of the anno of the and the angles and a crawnsu bie and the



New Live Music Act in Oak Alley Every Saturday... "Maria Butterly" - Performing an intimate acoustic set in the Oak Alley Restaurant, every Saturday. 7.30pm-10.30pm with exquisite contemporary food, elegant setting & great atmosphere plus most important great music"

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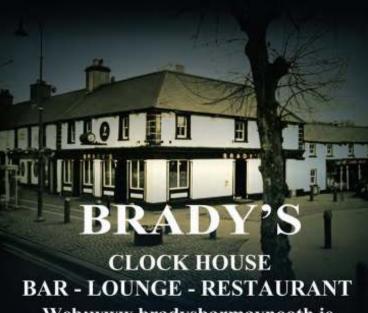
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Whether dropping by for a friendly drink, food or settling in to watch the match, we are sure you will find a warm welcome with great service and a comfortable setting to ensure your stay is a pleasant and memorable one. We look forward to seeing you soon.

Great Food Served 7 Days



Donal O'Dwyer MVB MRCVS, Patrick Jones MVB MRCVS & Associates

Full Medical & Surgical Facilities - In-house Laboratory inc. Blood Analysis - X-Ray & Ultrasonic Scanning
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The only 24/7 emergency on call vet service located in Maynooth (Restricted to registered clients)



WHY NEUTER YOUR DOG OR CAT?



With the increasing pet population over the last few years the problem of stray and unwanted dogs and feral cats has risen proportionally. The dog pounds all over the country have reached their capacity and a lot of these unwanted dogs have to be put to sleep.

Feral kittens can be seen everywhere. They are brought into us at Maynooth Veterinary Clinic with sore eyes, sneezing, coughing and showing symptoms of cat flu. These kittens have lungs the size of the top of your thumb so any injury to this organ so early in life will have a chronic affect later on. We had a call from a local doctor recently informing us he could not go on his house calls as he heard a kitten meowing when he started the car

engine. We gave him advice of how to entice the kitten out of the engine and it took 2 days for the little fellow to appear! Not all kittens are so lucky! Stray tom cats can cause serious problems in areas because of their ability to not only mate but also to spread disease and to bully the local cat population.

We advise to neuter your dog, male and female from 6 months of age and cats from 5 months. Male dogs that are castrated are happier, more content and less agitated than those that are not. Some owners are of the opinion that the operation changes their pet's character. This is not the case! The only disadvantage is a tendency, in some breeds of dogs especially Labradors, is to put on weight. This can be managed through diet and exercise.

Female dogs on average come in season twice a year and obviously attract a lot of unwanted attention. This can make your dog's life a misery for 3 weeks every twice a year. Thus spaying (hysterectomy) is the easier option. Female dogs spayed

early have a considerably reduced risk of developing mammary tumours in comparison to those that are not. Older intact females can develop a condition called "Maiden Bitch Disease".

This condition, an infected uterus, develops in females that have not had pups or been spayed. Your dog becomes very ill after been on heat and requires a hysterectomy to save her life!

At Maynooth Veterinary Clinic 01 6289467 or Clane Veterinary Clinic 045 982763 we will be happy to answer any queries regarding neutering of your pet.









Mc Mahon's Main Street Maynooth



Phone: 01-6291568 - e-mail: info@mcmahonsbar.com
We are Now Taking Christmas Party Bookings
Function Room available for all Occasions

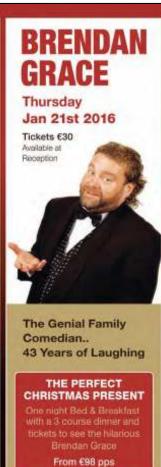
Food Served All Day **Light Entertainment Every Weekend**



Sunday Evening Session 6.00 - 8.30pm









Winter Events at Glenroyal Hotel

We're going all out this Christmas!

The Glenroyal Hotel Christmas Craft Fair will take place on December 6th 12-6pm. Everything you need to complete your Christmas shopping all under one roof. Santa arrives by helicopter for the little ones and the hotel will be set in a truly magical ambience.

The crafting industry is growing at an enormous rate in Ireland, so it's time all those brilliant artisan skills and gorgeous items were made more available to the public. If you'd like to book a stand at our craft fair, please get in touch with Claira on 01-6106247.

There is nowhere more welcoming that Christmas at the Glenroval Hotel

Parties at the Glenroyal are the perfect way to celebrate Christmas with delicious food, superb service and great entertainment.

Our official Christmas Party Night begins with a mulled wine reception in a festive Christmas setting enhanced by an open fire. When you've warmed up, move into the Saints Bar and enjoy live entertainment while dinner is prepared.

Following drinks in Saints Bar, you will be led to our exquisite chandeliered ballroom to enjoy a sumptuous 4 course dinner. Then, dance the night away to the Black Knights, a live 4 piece band. The Black Knights perform music from waltzes to country to rock. In between are hits that keep the dance floor alive such as Wagon Wheel, Nine to Five, Don't Stop Believing, Mamma Mia & 500 Miles. The band perform a 1 hour 45 minute set from 10.15pm – midnight, followed by a DJ until 2am.

Our hotel will be transformed into a Christmas Wonderland making it perfect to capture those all-important photos & selfies!

To get everyone in the party mood, themed novelties are supplied for every guest and of course the real Santa will be here to say Ho Ho!

Glenroval Entertainment at its Best!

We have an impressive entertainment line up over the coming months at the Glenroyal Hotel.

On Saturday December 5th, we are delighted to be hosting **Pat Shortt's** new show 'Selfie'. He tells the tales of singing undertaker, Mossey Burke, along with a host of new characters, as he recounts his favourite funeral – one that was nearly the death of him and changed his life forever! Tickets are available at hotel reception & Ticketmaster.

On Thursday January 21st we have the pleasure of welcoming Brendan Grace back to our hotel. Brendan's show was sold out last year and he certainly lived up to his reputation as a genial family comedian delighting both the young and old in his audience. Tickets are available from hotel reception.

We're thrilled to be welcoming country legend Johnny McEvoy to the Glenroyal stage this February. Johnny McEvoy has been one of the most enduring and talented singer/songwriters in these islands over the past 50 years. His concert performance is second to none with his songs beautifully delivered in truly artistic fashion and story-telling of the finest order. Tickets are available at reception.

Whatever you're into this winter, the Glenroyal has you covered. Enquire early to avoid disappointment.

Community Council Notes

Maynooth Community Council Notes September 14th 2015 **Maynooth Community Space**

The minutes were approved; there were no matters arising or correspondence.

Maynooth Tidy Towns Intel's Pride of Place award -Congratulations

Congratulations were expressed to Maynooth Tidy Towns on their winning €10,000 from Intel's Pride of Place award. One of Maynooth's three project proposals was to install a Big Belly Compactor which is a project to install solar compactors and reduce litter in the Maynooth area. This was the choice of the voters. Well done to all. Celbridge and Leixlip Tidy Towns were also awarded prizes to the same amount.

Maynooth Community Council Members' Elections

The secretary explained that the applications to membership of the MCC will be formally closed off in the next few days. An email will be sent out to the previous list of MCC members to ensure that everyone who is continuing on the council fills in the necessary form to reapply for MCC membership. This is an important step in the process as without the signed form, individuals cannot go forward for executive posts.

Nominations to executive positions - Elections to be held on 12th October

The chairman outlined the procedure for the election of officers. Nominations are to be submitted in writing to the Secretary of the MCC by 2nd October. The election will take place on 12th October (at the next MCC meeting) and will be placed at the end of that meeting in the form of an EGM. If there is more than one nomination for any given post there will be a ballot. Nominations will be proposed and seconded in the normal way.

Local matters

Rockfield Residents' Association

Miriam O'Keeffe-Ahern spoke of Rockfield Residents'

Association's bitter disappointment at Kildare County Council's response regarding their formal complaint about the non-compliant site notice displayed for a new development that directly impacts on the Rockfield Estate. The matter is still ongoing. A number of weeks were wasted through KCC customer service run-arounds and misinformation about the appeal process. Rockfield Residents' Association obtained clarification from the Ombudsman which confirmed that they were correct and could request that a site notice be declared invalid. KCC was informed about this. As a result the Residents' Association has to start their appeal from the beginning all over again.

It was noted at the meeting that the issue (non-compliant site notices) raises questions about the integrity and transparency of the planning procedure from the outset. As this site notice was not placed in an area where it could be seen, the six weeks statutory response time had elapsed thereby depriving anyone to appeal, object or comment on the proposed development. Rockfield Residents' Association have been denied the right to appeal and feel frustrated by the process. They have a number of concerns about the development which they wished to express.

Rockfield Residents want the location site notice to be declared invalid and this practice has already happened in other counties. Planning regulations were amended by County Councils to give clear instructions about the erecting of site notice precisely because of the amount of problems that this has caused in the past. The advice from Councillor John McGinley was to go after the substantive issue. John agreed to follow the matter up with Kildare County Council on behalf of Rockfield Residents. Miriam O'Keefe Ahern will liaise with John and expressed her thanks to him on behalf of Rockfield Residents' Association.

Senior Citizens

The Senior Citizens Club resumed in September. Senior Citizens will be launching a big event this year as they

celebrate their Golden Jubilee on 20 September. There will be an Ecumenical Service in the Geraldine Hall which will be followed by book launch and reception in the Glenroyal Hotel. The book titled, "The Golden Years" is an illustrative account spanning the last 50 years. 500 copies of the book were published. An invitation to attend the event was sent to every organisation in the town.

The annual Senior Citizens walk and Halloween party will take place in October.

Josephine Moore expressed sympathy on the passing of Walter Hayley at the age of 99 and of Imelda Farrelly at the age of 94.

Maynooth Local History Group—Heritage Sunday Mary Cullen gave a talk on the History of St. Mary's Church of Ireland which was very well received. The talk was followed by a walk to the Castle and onwards up Main Street, to Carton Avenue, to the Fitzgerald burial ground where a wreath of flowers was laid. The walk ended at Tir Chonaill Tower. In spite of inclement weather a good time was had by all. They will be planning a day trip and there will be a Yeats night in October in the Community Space.

Educate Together School

The Educate Together School has officially received permanent recognition to move to a two stream school. The school has the demand for increased numbers which can now be accommodated. Adrienne Flynn noted that the land zoned as" Crèche" in the recent development land was for educate together expansion. To be looked

Crafts evening have resumed. Afternoon tea party was a great success for the Maynooth Festival. The Chairman encouraged all groups to advertise what they are doing in the Newsletter.

Editorial

I was recently reviewing the Kildare County Council Development Map of Maynooth which shows the current and future land usage designations for the town. Each land usage has a different colour code and it is striking the amount of land that is designated for Educational use which is coloured blue. Of course this land includes the local schools already in place as well as the new Post-Primary site in Moyglare.

However, it is striking the amount of land in Maynooth that is in the ownership and usage of Maynooth University and St. Patrick's College. The annual arrival of new students is happening this month and of course our new temporary residents are most welcome. Maynooth University likes to promote the unique place that jobs. The few exceptions that made this town is and there is no doubt that Maynooth never seems to grow old with the constant injection of new people.

Of course coming to College is somewhat a coming of age and

maturity. All of us who had the fortune to go to third level education enjoyed ourselves but we all had to consider the community around us who cannot share in the revelry which is a normal part of college life.

The expanse of land used for the University reminds us that Maynooth is unique in how it has developed particularly in the twentieth century. Take the 1950s and 1960s, virtually every town had some level of industrial development especially with the arrivals of the IDA Advance Factories. This did not happen in Maynooth despite our closeness to

We in effect became a centre for learning as distinct from industrial Maynooth a typical Irish rural town was the presence of Kavanagh's mill (now Manor Mills Shopping Centre) and Doyle's Mart (now Tesco's). It took until the 1990s for Maynooth Business Campus to develop and bring a range of new jobs to the

It is interesting the range of descriptions that come to mind about Maynooth. Originally known as "Ireland's Best Planned Landlord Town" from the connection with Carton House to being assigned the tag of "Ireland's only University town". More recently Maynooth is called "The Retail Capital of North Kildare" because of the expansion of the shopping centres and the "The dining out capital of Kildare" because of the number of thriving restaurants in the town.

Still a very high percentage of our working population leave Maynooth every day to work in Dublin thus keeping us with "the commuter town" tag as well. My preference based on the Maynooth Development Map colouring is to agree that regardless of other designations Maynooth is the "Educational Capital of Ireland" and that is not going to change anytime soon.

Paul Croghan

A walk before the storm in Dunfanaghy Beach

Rain clouds gather with brooding mutinous intent Across the bay, lay stony hills with small patch work fields

Grey white stone cottages lace the emerald landscape As the light dims, they recede further into shapeless

Time and tide expose the sand flat bay Stranded jelly fish like jewels reflect the fading light

Now beached, awaiting deliverance from the incoming tide

Yellow and gold eyed buttercups adorn the beach

Clouds of starlings dip and climb in flight formations A patient Heron beaks an unwary fish Grains of sand swirl in tune with the gusts of wind. The once clear blue sky is now a memory.

We walk homewards with quickened step A lone hare scampers to a meadow filled cover The swaying grass, coloured with wild flowers Purple Blue, pink and crimson

Lord Lucan Donegal, July 2015

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you for many favours. This time I ask you for this special one, (mention here). Take it dear Heart of Jesus and place it within your own broken Heart where your father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen

Say this prayer for three days. Promise publication and prayer and favour will be granted, no matter how impossible. **Jacko** Never known to fail. Thanksgiving for favour received.

Maynooth up to 21st in IBAL Survey 2015

Maynooth: surveyed. Clean to European Norms.

A good result for Maynooth with over half of the sites surveyed getting the top litter grade.

Big improvements were noted at the Recycle Facility at Aldi. St. Mary's BNS School (a Green Flag School) NUI Maynooth North Campus have been maintained.

Recycle Facility in Aldi: Grade A. A fresh and clean recycle facility. Surveyor noted big improvements here compared to previous IBAL Anti-Litter surveys hopefully this can be sustained.

St. Mary's BNS School: Grade A. A 'Green Flag' school so fittingly it got the top litter grade - it was a credit to all involved in same.

NUI Maynooth - North Campus: Grade A. An extensive site which was exemplary, as it has so often been before. Clearly this is a very well respected and maintained university campus - well done to all.

Maynooth Train Station: Grade A. Surveyor noted good order.

Joint 21st out of 40 towns / cities that this was the best ever over a long number of years. Aldi Car Park: Grade B. (on right from West of All aspects of the station were in very good order - Ireland on old road) Much of the car park proper was in forecourt, entrance, train tracks etc. - this is a good good order but what let down the grade was the litter in result considering the heavy usage at time of the survey.

> Main Street: Grade B. This street has regularly been somewhat littered in previous IBAL Anti-Litter Sweet papers and fast-food wrappers were present with parking and some colourful hanging baskets were in and sweet papers. good order.

presented environment - not only was it clear of litter about a mile outside the town, along part of the old road. but the attractive shrubbery/ornamental trees within and The stretch of road on the motorway leading towards the car park surface/footpath/bollards were in excellent Dublin was in much better order.

Dunboyne Approach Road: Grade A. A good impression is created along this road which was neat and well maintained. No litter was reported and all was in

the surrounding shrubbery area - a more thorough approach to cleaning could easily tackle this.

Park beside River: Grade B. (opposite Dunnes was, fittingly, top ranking and the high standards at surveys and things were no different this time around. Shopping Centre) Surveyor noted a slight improvement on previous surveys but it still wasn't clean enough to higher levels of chewing gum and cigarette butts, get the top litter grade. All the litter present was food particularly around the base of the trees. Paving, bicycle related - plastic bottles, fast-food wrappers, plastic bags

> Road to Dublin: Grade B. There was some litter Tesco Car Park: Grade A. This is a particularly well (sweet papers, fast-food wrappers and plastic) only for



Saving Money on Electricity and Gas

Your electricity and gas bills probably use up a very significant proportion of your household budget, but you can make big savings by following a few simple steps to help reduce the amount of gas and electricity you use:

Heating & Insulation

Insulating your home is an easy and cost-effective way to save money on your heating bills. For example, insulating your attic can cut your heating bills by up to 20%. Water heating is one of the most expensive electricity costs in the home. You can save money by only heating as much water as you need. Install a timer control switch for your hot water tank if you don't already have one. Reduce your heating to a comfortable 20°C. Lowering your thermostat by just 1°C can knock 10% off your heating bill. Installing a lagging jacket can save you up to €2.50 a week in water heating costs and can pay for itself within three months You should have your boiler serviced every year to help ensure it is safe, that it operates most efficiently, and to help avoid breakdowns. Modern boilers are far more efficient and cost effective than older versions. Remember, it is illegal for anyone other than a Registered Gas Installer to service your natural gas boiler. Registered Gas Installers have completed safety training, conform to Irish standards and have insurance. Find a Registered Gas Installer at www.rgii.ie

Doors and Windows

A lot of heat can be lost through your windows, particularly if they are single-glazed. If you are buying new windows, do some research - more efficient windows can save you more in energy costs over their lifetime Block up leaks and drafts, particularly around windows, doors and the roof. Never block vents in your rooms as fresh air is needed. Use heavy curtains. preferably lined ones, to keep in warm air. Close curtains at night – even in empty rooms. Open the curtains during the day to let in the heat from the sun. Make sure that curtains don't hang over radiators as that will block heat getting into the room

Fireplaces

With open fires, 70% of the heat gets lost up the chimney. Installing a stove instead of an open fire will use less fuel and give out more heat, saving you money on your heating bills. If you are not using open fires for long periods, prevent draughts from the chimney by getting a chimney balloon from a DIY shop.

Bathrooms

It costs the same amount of money to heat the water for 1 bath as it does for 5 showers - so save money (and water!) and take

On average, smaller appliances use less than a fifth of the electricity used by large ones – so using a toaster to make toast will only cost you a fifth of the cost of toasting the bread under the grill. When using an electric kettle, only boil as much water as you need. A half-full dishwasher, washing machine or dryer uses the same amount of energy as a full one. Wait until your dishwasher or washing machine is full before turning it on, or if your appliance has a half-load setting on it use this instead to

save money. Heating water costs you money, so use the lowest temperature recommended by the manufacturer when using your dishwasher and washing machine

Turn off and unplug

Leaving electrical appliances on standby, or leaving phone chargers plugged in when you're not using them costs money so unplug them! Unplugging all non-essential electrical appliances could reduce the average household electricity bill by between €50 and €100 a year. You can try the Electric Ireland appliance calculator to find out how much each of your electrical appliances costs you to run.

Energy efficient appliances

If you are buying new appliances, ask what energy rating they are. The higher the rating, the more efficient the appliance will be, costing you less to run. 'A' rated appliances are the most cost efficient. You can get lots more energy saving information for the Sustainable Energy Authority of Ireland at www.seai.ie

Switching electricity and gas provider

If you are unhappy with the service you are getting from your electricity or gas provider, or if you think you are paying too much, you can easily switch to a new provider. There are currently four main electricity and gas providers on the market: Airtricity - Bord Gáis - Electric Ireland - Flogas (gas only) You can find more information on energycustomers.ie

How do I switch?

Switching is free and only takes a few minutes to complete online, over the phone or at your doorstep. Follow these simple

Step 1 - Choose a provider

Shop around to check which plan works best for you. Make sure you are comparing like with like and remember domestic and business rates will differ. Make sure you compare both the unit rate and the standing charge when comparing plans. The Commission for Energy Regulation provides a list of electricity and gas providers with some helpful hints and tips on switching. Consider getting natural gas and electricity from the same provider. Some suppliers offer discounts if you get both your gas and electricity from them. However, you may save more by getting electricity from one supplier and natural gas from another, so it is worth comparing different packages Consider paying by direct debit. Most suppliers offer discounts if you pay your bills by direct debit. Consider how you get your bills. Some providers offer discounts if you are happy to get your bill online instead of by post. If you choose this discount you will no longer receive paper bills by post and it will be your responsibility to check your bills online and make sure they are paid. You are entitled to a seven day cooling-off period, so if you are not happy with the terms and conditions of your contract, you can cancel it.

Step 2 – Provide details to your new provider

When you contact the provider you have chosen, you will be asked for your meter point registration number (MPRN). You will find this on your electricity bill and on your meter. Your new supplier will ask you for your address and a meter reading, so make sure you have this information. They will then make the necessary arrangements with your old supplier to have your account switched. If you are going to pay by direct debit, you will need to give your supplier your bank details.

Step 3 – Switch

Once your account has been switched, your new provider will send you a welcome letter and you will receive a final bill from your old supplier. Make sure to read and understand the terms and conditions of your new contract. If you have any questions about your new contract, you should contact your new supplier.

Frequently asked questions

Do I need any special equipment if I switch?

No. There is no need to carry out any work on your home, and no rewiring is required. You will keep the same electricity and gas meters when you switch and your meter will still be read by the gas and electricity networks (ESB Networks for electricity and Bord Gáis Networks for gas), regardless of which provider you choose.

What happens if I have a problem with my gas or electricity supply?

These problems will still be dealt with by ESB Networks or Bord Gáis Networks, which manage the supply and delivery of electricity and gas to homes.

How often will I be billed?

Each provider has different price plans available with different billing cycles.

Can I switch if I am in arrears with my current electricity or gas account?

Yes. However, your new provider will know if there are arrears on your electricity or gas account through the new "debt flagging" system which will be introduced soon.

Do I have to pay a deposit?

Some providers may charge a deposit. This is usually repaid if you meet the terms and conditions in relation to paying your bills or when you close your account. Check the terms and conditions of each supplier to see if a deposit is required and when it will be paid back to you.

If I agreed to switch provider at my doorstep and have changed my mind, what can I do?

A seven day cooling-off period applies, so if you are not happy with the terms and conditions of your contract, you can cancel it by contacting the provider you signed up to.

Will I be tied into a contract if I switch?

Check the terms and conditions of the payment plan you are choosing. Some suppliers have no minimum time requirement before you can switch again, but others offer fixed term contracts. If you choose a fixed term contract you may have to stay with that provider for a minimum length of time before you can switch, or a penalty may apply.

Is there a charge for switching?

No. There is no charge for switching to a new gas or electricity provider unless you have a fixed term contract that ties you to your old provider for a specified term.

What if I have problems switching?

The Commission for Energy Regulation requires electricity and gas providers to have codes of practice and customer charters setting out their processes and commitments to their customers. These must include complaints handling, customer billing and payments. Your provider must give you a copy of its codes and charter if you ask for them and publish them on its website.

Maynooth Labour News

Cllr. John McGinley can be contacted at: - 6285293 or 087 9890645 - E mail jmcginley@eircom.net - Web: www.labour.ie/johnmcginley/

Implementation of Pay Parking

Cllr. McGinley was given the following update on the implementation of the Maynooth Pay Parking Scheme at the Maynooth Municipal District (MD) meeting on 9 September:

"Irish Water has indicated its intention to undertake works in the near future and it is considered appropriate to delay the provision of any new signs or road markings required by any new bye law until these works have been completed."

Cllr. John McGinley stated that it is incorrect to say that the Irish Water pipe replacement work at the Back Lane will be carried out in the near future as the Council's Waterworks Section has advised John that it will be mid 2016 before a contractor is on site.

Cllr. McGinley stated that it was essential that all of the rest of the Pay Parking Scheme (apart from the Back Lane) be put in place before the end of this year, as had previously been promised by the Area Engineer. John further stated Maynooth has the worse enforcement of parking laws of any town in the county with cars and vans double parked, parked on double yellow lines, at bus stops, on footpaths, at traffic lights and pedestrian crossings. Apart from the dangers caused to pedestrians and cyclists such illegal parking leads to traffic build up throughout the town. With a Traffic Warden in the town throughout the day such illegal parking will end and traffic movement will be freed up. In addition shopping will be easier as it will be possible to find parking close to shops on Main Street.

Removal of Bus Shelter at McMahons

The Council and the Maynooth MD members have agreed to Cllr. John McGinley's that the National Transport Authority be written to asking them to remove the bus shelter from outside McMahons on Main Street.

Maynooth Traffic Management Plan to Proceed

Last November Cllr. McGinley asked the Area Engineer to conduct a review the Maynooth Traffic Management Plan as the existing Plan was out of date. The Area Engineer replied that funding would be a problem as it would cost €60,000 to get Consultants to carry out the Review. After continuous pressure from Cllr. McGinley the Council's Chief Executive agreed to provide the funding last May.

The Council is now preparing a Brief for the Consultants and Cllr. McGinley has asked that the following be included:

1.Progress Policy PT3 of the Maynooth Local Area Plan i.e. "To investigate the feasibility of the provision of a new vehicular access to the railway station from the Rathcoffey Road (Bond Bridge)."

2.To progress Objective TRO 1 of the Maynooth LAP i.e. "To carry out a study investigating the safety and capacity of the existing Straffan Road M4 Interchange." 3.Jonathan Deane wants the issue of the Council's proposal to move the bollards at the bottom of Old Greenfield (to allow residents' vehicles two ways out and into their estate instead of all trying to exit at the Straffan Road) referred to the Consultants.

4.The provision of traffic signals at the Straffan Road/ Meadowbrook Link Road junction to improve traffic flow at the junction. This is a condition of Planning Ref: 14/709 (08/2174) and the houses are under construction 5.Pedestrianise Kellys Lane, Fagans Lane and Coates Lane in line with the Policies of the Maynooth LAP (Part B Policies and Objectives)

6.That consideration be given to removing the "No Entry Signs" at Pound Street/Back Lane (it is largely ignored at present) and providing modern traffic calming instead.
7.The immediate implementation of the Pay Parking Scheme agreed by Council in December 2013.

Cllr. McGinley Asks for All Public Lights to be Replaced in Housing Estates and Roads throughout the County

Cllr. John McGinley has submitted the following motion for the consideration of the Full Council at its meeting on 21 September:

That a Capital Programme be put in place for the replacement of all sodium public lighting lamps in housing estates and traffic routes throughout the county, with Light Emitting Diode Lamps (LED), for the following reasons:

- The white light LED's give a better light and are more energy efficient than the orange sodium lamps
- Unlike sodium lamps the LED does not fail but decreases output until it needs to be replaced after 15 years approximately
- The LED lamp requires only half the power consumption of a sodium lamp for the same amount (or higher) light output.
- The manufacture of sodium lamps is stopping worldwide next year in favour of LED's so it is better to get a replacement programme in place now.

 Also, developers of all housing estates under construction should be advised to install LED lamps instead of sodium, where it is not already a condition of planning.

Cllr. McGinley Calls for Consultation with Residents' Associations on the Setting back of the "ins" and "Out" of bus stops on the Straffan Road

The Area Engineer gave the following Report to the Maynooth MD meeting on 9 September:

The Maynooth MD Office intends to go to tender in late September to overlay the cycle lanes between the Maxol garage and Meadowbrook. This project also entails the setting back of the "in" and "out" bus stops along this section so that the cycle lanes are not impeded by the bus pull-ins. This will necessitate the stepping-in of the boundary walls into the green space in Kingsbry and Straffan Way. This work is being funded by the National Transport Authority (NTA).

Cllr. John McGinley asked the Area Engineer to consult with the two Residents' Associations and John gave him the contact people

Update on Maynooth University Swimming Pool

Deputy Emmet Stagg was given the following update on the provision of a new Swimming Pool for Maynooth by the Councils Chief Executive on 10 September: "A number of meetings have been held with representatives of Maynooth University to explore options for a joint venture. Peter Minnock has also visited other facilities where joint ventures have been developed. Once we have finalised details for a proposed model we will make a submission to the Department. We will keep you briefed of developments in this regard."

Commissioner's Office responds to Stagg on Garda Numbers in Kildare

On foot of a letter sent by Deputy Emmet Stagg to the Garda Commissioner Noirin O'Sullivan in relation to Garda Numbers in the Kildare Division and the fact that the Kildare Division is the worst manned in the State, with 1 Garda for every 697 people, Marie Broderick, Superintendent in the Commissioner's Office, has responded to Deputy Stagg on behalf of the Commissioner.

Deputy Stagg had suggested that when allocating Gardai from additional recruitment that a bonus would be applied to the Kildare Division to address the imbalance in Garda Resources over time. In the Superintendents first response to Deputy Stagg in May, she pointed out that the moratorium on recruitment from 2009-2014 had provided a major obstacle to deploying resources to the Kildare Division and redressing the imbalance of Gardai to population. It was pointed out that 300 trainee Gardai

were scheduled to leave the Garda College in 2015 and that recruitment would continue in 2016 to counter retirements and the strength of sworn members. The Kildare Division had been allocated 5 additional gardai in May 2015 and that further consideration would be given to allocating additional probationer gardai to the Kildare Division on completion of their training. Finally the Superintendent stated in addition, it is anticipated that An Garda Siochana will be in a position to facilitate consequential transfers at Garda rank into the Kildare Division in 2015 which may go towards redressing the imbalance referred to

In June Deputy Stagg responded to the Superintendent stating that the imbalance of Gardai to population had been there long before the 2009/2014 Moratorium on recruitment and again sought a defined system which over time would give a clear way in which the imbalance would be reduced in a progressive way.

In late August the Superintendent responded further to Deputy Stagg stating that whilst the imbalance existed prior to the moratorium, it had however provided a major obstacle to deploying resources to the Kildare Division and redressing the imbalance of Gardai to population. It was pointed out that a further 5 Trainee Gardai were allocated to the Kildare Division on August 7th. As the current recruitment campaign continues it is anticipated that more Trainee Gardai will be allocated to the Kildare Division in accordance with the distribution model used which takes into account all relevant factors including population and crime trends. Concluding the Superintendent reiterated that it is anticipated that consequential transfers of personnel at Garda rank into the Kildare Division will be facilitated thus redressing the imbalance referred to in my correspondence. Commenting on the responses received Deputy Stagg that whilst he was disappointed that his suggestion of a defined system was not been put in place, the correspondence clearly accepts the imbalance and seeks to redress the imbalance in gardai to population. This is a matter that I will keep under review concluded Deputy

Tenders Invited for Construction of Two New Maynooth Secondary Schools - Stagg

Deputy Emmet Stagg has continued to press the case for the Construction of the Two New Secondary Schools and shared Sports Facility for Maynooth on the Moyglare Road with the Minister for Education and he has now been advised that Tenders for the Construction of Both Schools and the Sports Facility were invited on Monday September 7th by the Kildare and Wicklow Education and Training Board.

Deputy Stagg stated that both of the Schools, the new Maynooth Community College and the Replacement school for Maynooth Post Primary School, will cater for 1,000 pupils each.

The Tender Documents, stated Deputy Stagg, have issued to pre-qualified contractors and tenders have to be returned by Monday October 12th.

The Minister further advised Deputy Stagg that it is expected that the construction of the Two New Secondary Schools and Sports Facility will commence on site in January 2016 with a 24 month construction period.

Welcoming the invitation of tenders, Deputy Stagg stated that Maynooth will have State of the Art Secondary Schools and a Sports Facility for our secondary pupils and he thanked his colleague Minister for Education Jan O'Sullivan T.D. for securing the funding necessary for the Schools and Sports Facility.

Cllr. John McGinley can be contacted at: 6285293 or 087 9890645 E mail jmcginley@eircom.net Web: www.labour.ie/johnmcginley/

Know Your Rights

Consumer rights in the EU

Question

I've just come back from a holiday in Portugal. I booked a tour to see the sights but the coach didn't turn up on the day. The tour company said we could rearrange another time but this didn't suit me. Can I get my money back?

Answer

When you buy goods or services in another EU member state you have certain rights under consumer legislation, including the right to make a complaint. The consumer laws of Portugal apply to any goods or services you bought while you were visiting there. However language differences and distance can make it more difficult to complain effectively.

If you are not happy with something you paid for, you should deal with the issue as soon as possible. In some cases, there are time limits for taking certain procedures. Even if there are no time limits set down, it is easier for you and the service provider to deal with issues as soon as possible.

Keep all relevant documents. It is your responsibility to prove that you paid for the goods or service that you are complaining about. A receipt is just one way to prove that you paid for an item or service. If you paid for the item by credit card, you can use your credit card statement as proof of purchase.

You should contact the service provider or retailer directly to make your complaint – in this case, the tour company. If you have exhausted the company's complaints mechanism or you are not happy with their response you should seek advice from your European Consumer Centre (ECC).

The ECC in Ireland is there to support you if you have a problem with a supplier of goods or services in another EU member state. It is part of an EU-wide network of consumer centres and it can help you to solve consumer disputes that arise in other member states of the EU. It does this by trying to solve the dispute directly with the supplier and, if this fails, by referring your case to an alternative dispute resolution body.

Cycling offences

Question

I'm a regular cyclist. What are the new cycling offences and what are the fines?

Answer

Like other road users, cyclists must obey the existing rules that apply to traffic lights, pedestrian crossings, zebra crossings and cycle traffic lights. You must stop at stop signs and give way at yield signs. There are also rules about the equipment a bicycle must have. These rules are set out in various laws and regulations.

There are no new cycling offences but, since 31 July 2015, certain cycling offences have been declared to be fixed charge offences. The fixed charge system allows you to pay a fixed charge or fine instead of going to court to answer the offence.

The cycling offences to which a fixed charge applies are:

- •No front or rear light during lighting-up hours
- •Riding a bicycle without reasonable consideration Monday to Friday) and they will make
- •Failing to stop for a school warden sign
- •Failing to stop at traffic lights when the red lamp is lit
- •Failing to stop at cycle traffic lights when the red lamp is lit
- •Failing to stop at a stop line, barrier or half barrier at a railway level crossing, swing bridge or lifting bridge, when the red lamps are flashing
- ·Cycling in a pedestrianised street or area

If you are stopped by a Garda who suspects you have committed a cycling offence you must give your name, address and date of birth when requested.

The fixed charge for a cycling offence is currently €40. If you receive a fixed charge notice, you have 28 days from the date of the issue of the fixed charge notice to pay the fine. If it is not paid within 28 days, the charge is increased by 50%. If it is still unpaid after a further 28 days then court proceedings are initiated. If you pay the fixed charge within the legal time limits and court proceedings are not commenced, you will not have a criminal record in respect of the offence.

Ouestion

I registered with Irish Water earlier this year. How do I apply for the Water Conservation Grant?

Answer

Every household that registered its principal private dwelling (main home) with Irish Water by 30 June 2015 is eligible for the Water Conservation Grant in 2015. The payment is €100 and will issue from September 2015.

Households that registered after 30 June 2015, or have yet to register, are not eligible for the grant in 2015

By the end of September 2015, all eligible households will get a letter from the Department of Social Protection explaining how to apply for the Water Conservation Grant. You cannot apply for it until you have received this letter. When you get your letter, you apply online on watergrant.ie. You must apply before 8 October 2015.

You will need the following information to apply for your Water Conservation Grant:

- •TIN (Transaction Identification Number) you will find this number on the letter you received from the Department.
- •WPRN (Water Point Reference Number) a number specific to your house, which you will also find on the letter from the Department.
- •Irish Water account or registration number you got this when you registered with Irish Water. If you have your own water supply and waste water services, you will have a registration number instead of an account number. Contact Irish Water directly if you cannot find these numbers.
- •Your PPS number.
- •Details of the bank or other account into which you want your grant to be paid (BIC, IBAN and account name) you will find these on recent bank statements.

If you do not have internet access or a bank account, you can telephone the Water Conservation

Grant Support Team at 1890 100 043 (9am–5pm, Monday to Friday) and they will make arrangements for you.

Means test for Farm Assist

Question

How is my income from different sources assessed for Farm Assist? I work on the farm but I also do a bit of contracting and my wife works part-time.

Answer

The means test for Farm Assist takes into account virtually every form of income you may have but assesses it in different ways.

Your income from farming and any other selfemployment (like contracting) is assessed as the gross income that you or your spouse may be expected to receive minus any expenses you incur to earn that income. When you apply for Farm Assist, a social welfare inspector will call to see you and ask to see various documents. The inspector will then assess the costs incurred in connection with the running of the farm.

You are entitled to receive a copy of this farm income calculation. All of your means from self-employment are assessed (there are no disregards for dependent children).

Payments under the Rural Environmental Protection Scheme (REPS), the Agri-Environmental Options Scheme (AEOS) or the Special Area of Conservation (SAC) scheme are assessed separately from other farm income. The first €2,540 per year is deducted from the total amount of all these payments and 50% of the remainder is disregarded. Expenses incurred in complying with REPS/AEOS/SAC measures are then deducted and the balance is assessed as means.

Income from an occupational pension or leasing of land or milk quotas is assessed in full. Capital (including any property that you do not live in) is assessed using the formula applied to all meanstested social welfare payments.

If you have an off-farm job, $\[\in \] 20$ per day (up to a maximum of $\[\in \] 60$) is deducted from your assessable weekly earnings and then 60% of the remainder is assessed as weekly means. Your spouse's income from employment is assessed in the same way. If you have seasonal work, you are assessed on your earnings only during the period you are actually working.

You can get detailed information on how farm income is assessed from the Department of Social Protection's website.

Further information is available from the Citizens Information Centre below. Maynooth CIC Dublin Road Maynooth

Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public. Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service - 0761 07 4000.

Maynooth Senior Citizens Committee

Well, the waiting, the worry and the planning is committee. Fr. Liam Dunne read the Gospel finally over. As you read this article our big day will have come and gone. Yes I am talking about our Golden Jubilee which we celebrated in style on Sunday September 20th and neither the rain, the All - Ireland football final or the RWC dampened our spirits. Attended by two hundred guests we started our day in the Geraldine Hall with an Ecumenical Service in the company of representatives from all our churches, Rev. Janice Aiton, [Church of Ireland] Rev. Keith McCrory, [Community Church] Fr. Liam Rigney, PP [Roman Catholic] Fr Paul Kelly, CC [Roman Catholic] and Fr. Liam Dunne, [Divine Word Missionaries] and of course our own Folk Group.

We opened the proceedings with the committee's address followed by the unveiling of a plaque to commemorate our return to the Geraldine Hall where it all began fifty years ago. The Service then began with the Folk Group leading the singing with "We are Gathered", after which Fr. Liam Rigney said the opening prayer. Some members of our committee presented symbols depicting the progress and changes over the five decades, while other members lit candles in remembrance of the deceased members of our

which he followed with a moving reflection. Fr. Paul, Rev. Janice and Rev. Keith prayed about and spoke of the past, the present and the future of our work in the community, and all the while every detail was complimented by the wonderful and appropriate music of our Folk Group.

This was a beautiful and nostalgic occasion and we are very grateful to all who contributed, not least our 8th Kildare scouts here in Maynooth, who not only restored the Geraldine Hall to its former glory but worked closely with our committee to prepare the hall for the occasion. A special word of thanks to John Dowling and Tony Myles who beaver away [no pun intended] in the background on our behalf day after day. We all then adjourned to the Glenroyal Hotel for afternoon tea and a slice of our wonderful cake made by Patricia Cusker. The cake decoration was sponsored as an appreciation of our committee by "Decobake" in Clane as the owner is Meta Gee, formally of Maynooth.

Our Book "The Golden Years" was officially launched by Mary Cullen who was a founding member and the first Chairperson of our committee. She was then presented with a copy

of the book and a bouquet of flowers. We also presented Mary Holmes with a book and flowers, as at ninety six years young she is our oldest person and also Betty Farrell at almost ninety three follows close on her heels.

David Moore the IT director of Blue Insurance accepted the book on behalf of our sponsor. We are indebted to Blue Insurance for their exclusive sponsorship as this money made the whole celebration possible. We finished a wonderful day as we tripped the light fantastic to the excellent music of Brian Mc Dermott. Many thanks to the Management and staff of the Glenroyal Hotel, Ted Robinson, Grainne, James and Caroline for their excellent service and their attention to detail.

Our next Tea-Dance and the Tony Smith Memorial walk will take place on Sunday Oct. 18th. Our club continues every Tuesday and Thursday in the Geraldine Hall, so it is business as usual.

Josephine Moore



Maynooth Toastmasters



Maynooth Toastmasters new sessions of Leadership Skills and Communications restarted on the 14th September in the Glenroyal Hotel, with a significant number of guests and existing members. The meeting

started at 8pm and Jane Mooney, Club President welcomed everyone. Then the meeting commenced. There was an air of expectation as something totally new was being tried, it was announced that everyone present including guests, would participate in the writing of a article about Toastmasters. Breaking into 3 groups, a series of questions were presented and group dynamics took place. Everyone engaged and soon instead of silence informed chatter was heard.

How did people hear about the meeting. What were first impressions.

Had they a specific need or purpose in attending. Were the people running the meeting friendly and helpful.

The session was based on an Advanced Speech Project presented by Peter Cuthbert, who interacted with the groups and was tasked at the conclusion to edit and prepare an article.

All agreed it was an interesting experience in the path of Communication

So what were the results:

In no particular order they included,

• Importance of local newspapers for informing about

meetings.

- Practical skills obtained in leadership and speaking individual members were important
- Atmosphere was supportive, and
- A welcome pack to take away and consider was useful.

Each person comes to Toastmasters for different reasons, to progress, to develop, to interact, it's well known as a safe none-judgemental environment. Maynooth Toastmasters looks forward to the development of all its members.

If you can't make Maynooth there is a range of other clubs throughout Kildare in Clane, Nass, Kildare Town and Athy. The newest club nearby is Clane and I know Maureen Giblin would be delighted for a chat

Peter Cuthbert PRO Maynooth Toastmasters Tel 0868752336

at 087 2258020.

Copy date for the November issue of the Maynooth **Newsletter is Tuesday** 20th October 2015



My Dog Cheeky Owner: Marie

My dog was part of our family but suddenly it then passed away So much within our pet we see Never forgetting this very sad day A pet mainly black and white and some

Was our very own pride and joy A lovely creature to have around Always be in our very own cry Our dog was all we could need For company with all our pride Once a day we gave it a feed And made us feel much good inside We cherished our pet with delight And wished never, ever to be apart Our King Charles such a pretty sight That we cherished deep in our hearts

To rub down it's hanging, floppy ears Or to see our dog in play Our pet vanished all our fears Gave us many of a happy day Our dog was as happy as can be And such a very loyal friend A cherished one of the family And felt it's life would never end My dog did never answer back Or do any devious offence But true friendship we never lacked That is within my dog to sense Farewell cheeky our cherished one A dog heaven awaits for you To be with you once again we long That we loved true and true

By Paddy Murray



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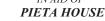
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IN AID OF



SUCIDE AND SELF HARM HELP CRISIS CENTRE

SUNDAY 9TH NOVEMBER 2015 @ 5.00pm - 8.30pm GLENROYAL HOTEL MAYNOOTH CO. KILDARE



Tickets €10.00

Can be purchased on the night at the door

FABULOUS FASHION SHOW SHOWCASING LOCAL BOUTIOUES AND BUSINESSES FOR MORE INFORMATION OR TO PARTICIPATE PLEASE CONTACT SHARON FROM VPLUS MODEL AGENCY 087-9962459

The Maynooth Ladies Senior Football team would like to thank the following local businesses which kindly donated spot prizes for the recent table quiz held in the GAA club on the 22nd August. A great night was had by all, and the monies raised will be put to good use by the club. A donation will also be made by the ladies team to the Climb4Clare fund. A charity which is very close to the Ladies Gaelic Football Association.

We would encourage all our club members to support the following businesses: SuperMacs, Cathedral, Maynooth Jewellers, An Siopa Milseán, Conroy's Pharmacy, Becky's

Beauty Boutique, Allure Beauty Salon, McCormack's Pharmacy, Maynooth Bookshop, Avenue Restaurant and Newtown Bar and Restaurant

Maynooth Ladies Senior Football Team.



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€40 Introductory Price



GLENROYA Beauty Salon

01 6291313

beauty@glenroyal.ie



Organised by Kildare Intercultural Action Maynooth

Kildare Intercultural Action (KIA) held a Bollywood Indian Cultural event on 19th September 2015 in Maynooth Community Space. Sam Priya a local university student danced a mixture of Bollywood and freestyle Indian dancing which was captivating and enthralled the audience. KIA held a raffle in aid of the Irish Refugee Council and raised €200 for the current refugee crisis. The hampers were sponsored by Supervalu, Fatima's Kitchen and KIA. Prizes for best dressed were sponsored by Bettina's Books, Usborne Books, KIA and the Gorman Family.

KIA was set up in May 2012 to promote the positive effects of Interculturalism in Kildare. They have Recently received funding to run cultural events from Kildare County Council and Kildare Leader Partnership. This was in recognition of their work promoting diversity, antiracism and integration in the county. They held the first chair of Kildare Integration Network and many of the network members joined them at this successful event.. They were a lead group during Intercultural festival week

in March this year and ran events in Maynooth throughout the month. KIA is a local Maynooth community group which is run by a committee of volunteers and would welcome new members to their meetings in Maynooth Community Space.

For more information contact Maeve on 087 3459185 or check us out on Facebook.



Maeve Ffrench and David Rezania



Sam Priya, enthralled the audience with traditional Dancing.



From Left to Right: Sima Suman, Louise Gorman, Ann Hafdoui, Maeve Ffrench, Bettina Rezania, Tonye Olstunde, Fatima Amin, Ada Christine, Mary Ryan and Zoryana.

WING TSUN - IEWTO

Maynooth

Self - Defence Class

Venue: Maynooth Community Space Unit 11 Carton Park (Tesco) Shopping Centre Maynooth



Class Times

Wednesday 8 - 10pm Sunday 10am - 12pm

Instructor

Si-Hing Barry Smith 1st HG

Contact - Barry Smith Phone: 087 4504869 E-Mail: barrysmith265@gmail.com

Maynooth Put Firmly "On Track" by Men's Shed and Irish Rail

Visitors arriving at Maynooth Rail Station can now be directed to the town's historical attractions following the recent installation by the Men's Shed of 2 giant- sized display boards of the Maynooth Tourist Information leaflet, by kind permission of Irish Rail. The leaflet, which was first published and distributed at the St. Patrick's Day Parade earlier this year, has proven to be a great success locally, nationally and internationally with demand now having exceeded printed stock level.

Maynooth Men's Shed Update

Shed members recently enjoyed outings to the Louth Community Men's Shed (Photo bottom right) in Drogheda (via Irish Rail of course!) and also spent a day at the Air Corps Aviation Museum at Baldonnel and the Military History Museum at The Curragh, with members of the Maynooth Local History Group. Our thanks to Peter Nevin, who arranged this trip and to Capt. Tom Mullarkey our host for the day, which was greatly appreciated by all.

We continue to meet on Wednesdays in the Out Office Compound at the rear of the Maynooth Garden Centre on the Dublin Rd. where we are engaged in ongoing projects.

New members are welcome and we can be contacted on 087 2041334 or by visiting us any Wednesday morning from 11am



Men's Shed members with Maynooth Rail Station Manager, Arthur Candlish after installing the Tourist information Display Boards at the station exits. (From left Phil O'Brien, Matt Callaghan, Arthur Candlish and John Fleming)





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> New Funeral Home The Harbour Leinster Street Maynooth







Halloween has elements of several different religious and cultural traditions, but the holiday wouldn't be what it is to-day if not for the Celtic holiday of Samhain, an ancient celebration of the spirits of the dead. Samhain also celebrated the harvest and foods associated with fall such as apples, pumpkins and spices. In Ireland we love our colcannon so I have included a recipe with a bit of a twist. Enjoy

COLCANNON CAKES

- * 450g potatoes peeled
- * 40g butter
- * 3 scallions finely chopped
- * A little salt and freshly ground black pepper
- * 50g savoy cabbage (shredded)
- * A little plain flour for dusting
- * Olive oil for frying
- * 1 tablespoon white wine vinegar
- * 4 large eggs

Place the potatoes in a pot of water and bring to the boil. Cook until tender. Drain and mash until smooth and beat in the remaining butter. Meanwhile, heat a knob of butter and one tablespoon of water in a heavy based pan with a lid over a high heat. When the butter has melted form an emulsion, add the scallions, cabbage and a pinch of salt. Cover, shake vigorously and cook over a high heat for 1 minute. Season with salt and pepper. Fold this mixture into the mashed potato and form into patties. Fry for 3/4 minutes each side until golden brown. Serve with a poached egg on top and cover with hollandaise sauce.

Gently poach an egg by bringing a pot of water to the boil. Let the water simmer, then add a dash of vinegar. Crack egg into a ramekin and create a gentle whirlpool in the water before dropping the egg in white first. Cook until the white is set and the yolk is a nice soft consistency.

HOLLANDAISE SAUCE

- * 3 egg yolks
- * 1 tablespoon lemon juice
- * 1/2 teaspoon cayenne
- * 10 tablespoons butter

Melt the butter slowly in a small pot. Try not to let it boil so as to prevent the moisture steaming from the butter. Add egg yolks, lemon juice and cayenne into blender. Blend the egg yolk mixture until it lightens in colour 20/30 seconds. Drizzle in the melted butter slowly with blender still going until all is incorporated.

ROAST SALMON FILLETS WITH IRISH WHISKEY

- * 2 tablespoons of honey
- * 1/4 cup of cider vinegar
- * 1/4 cup of Irish whiskey
- * 2 teaspoons chopped fresh thyme
- * 1 1/2 teaspoons grated lemon zest
- * 2tablespoons of vegetable oil
- * Salt and freshly ground black pepper
- * 4 salmon fillets (6oz)

Mix together honey, vinegar, whiskey, thyme, lemon zest, oil, salt and pepper. Pour over salmon and marinate for 1 hour at room temperature. Per-heat the oven to 450F or 230C. Remove salmon from marinade and place on rack over pan. Bake 10/12 minutes basting once until cooked.

PUMPKIN BREAD

- * 2 cups of plain flour
- * 1/2 teaspoon of baking powder and 1 teaspoon of baking soda
- * 1 teaspoon of ground cloves
- * 1 teaspoon of cinnamon
- * 1 teaspoon of ground nutmeg
- * 2 cups of sugar
- * 3/4 cups of butter (softened)
- * 2 large eggs
- * 1 (15)oz can of pumpkin puree

Heat the oven to 325F and grease two 2lb loaf tins. Combine flour, salt, baking powder, soda and spices in a bowl and set aside. Beat the butter and sugar until just blended. Add eggs one at a time beating well after each addition. Continue beating until very light and fluffy. Beat in the pumpkin. At low speed beat in flour mixture until combined. Turn batter into prepared tins and bake for 65/75 minutes.

Let loaves cool in pan for about 10 minutes.



October Gardening



Autumn is approaching. While there are still sunny days to enjoy, there is also a crisp in the air that is the herald of the changing seasons. The wild growth evident during the heyday of summer is over now. Although the weather in autumn is often drier than some of the summer months, it is important to remember that winter is coming.

While the grass is still growing, keep mowing once a fortnight with the blades on high for the final few cuts. Carry out an autumn lawn care programme - scarify (rake out the old dead grass and moss) the lawn, spike to improve drainage again either by hand with a garden fork, add a top dressing of soil/sand/compost mixed according to your soil type (ask for advice at your garden centre) and



feed with autumn weed and moss killer. This low-nitrogen preparation strengthens grass for winter.



Clear any debris and diseased material from your garden. Fallen leaves can be left to rot down or collected for leaf mould, but be sure to remove any diseased material. Pests and diseases that overwinter in your garden will reappear next spring with a vengeance so get rid of them now. If your soil is heavy clay, start digging it over now -add plenty of organic matter to improve the quality and pea shingle to improve the drainage.

Your soil has had a lot taken out of it during the busy growing season, and now is the best time to replace that goodness by digging in a lot of organic matter. The earlier you start, the better, especially if your soil is heavy. It can be left in a pretty rough state over the winter when the cold will break the lumps down, making spring planting infinitely easier. Resist the temptation to do a thorough cleaning of the garden until spring, though, and try to leave some winter cover for wildlife as the weather starts to cool. Our feathered friends will be starting to build their reserves for winter, so do please put out food and fresh water for them.

Don't waste fallen leaves — given time they decompose into fabulously rich leaf mould, the best natural soil conditioner there is. Rake up fallen leaves and dump them into a simple frame to make leaf mould (black bin liners spiked with air holes will also do if you can bear the visual offense, but remember to dampen the leaves first). If leaves are left lingering on the lawn, the grass will turn yellow. Leaf mould takes about a year to mature (2 in the case of oak leaves), makes a great top dressing for woodland plants such as rhododendrons



and is an excellent and free home-grown substitute for peat.



Remove any diseased, spindly, old and unproductive stems from roses and remember to burn any diseased material. Tie new shoots onto some form of support to prevent their thrashing about in autumn winds. Trim your lavender if you haven't already done so. Prune tall shrubs such as lavatera and buddleja by about half to

protect them against wind rock. Trim conifers again if necessary, making sure you do not cut into the old wood. With the ideal planting conditions of autumn (warm moist soil), now is the time to plant container-grown shrubs, trees, fruit bushes, perennials and bulbs. Even in damp conditions, it is worth checking that the rootballs of shrubs and trees are adequately moist when planting - heavy rain will not necessarily penetrate a rootball that has been allowed to dry out. If it feels light, plunge into a bucket of water before planting.

Finish planting spring bulbs such as narcissi and crocuses; tulips can wait until November. Plant hardy perennials so their roots have a chance to become established before winter. Replace summer bedding with winter and spring bedding. Plant out violas, wallflowers and primulas now for cheery colour in the coming months. Winter colour comes in all shapes and sizes; hardy cyclamen and heathers dwarf conifers, winter pansies, violas and trailing ivy all make wonderful displays.



~To plant a garden is to believe in tomorrow~

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Main Courses

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Beef Bourguignon

Beef marinated in a Burgundy Red Jus & slowly braised for 8 hours, with a typical French bouquet garni and a millefeuille

Fillet of Irish Beef 10 oz prime dry aged & hung premium Irish Beef Fillet served on pomme mash, carrot and parsnip puree; with a choice of

- Black Peppercorn
- Fungi (Mushroom)
- Cafe de Paris Butler

Italian

Pan Con aglio Insalata Capresa di Bufala (V) Bruschetta ail Pomodoro(V)Antipasto Misto Chicken Wings Crostini

Main Courses

Penne Matriciana Spaghetti Carbonara Linguini con Cozze Lasagne. Chicken Monti Biance Polo Parmigiano Filetto Pizzola Plus our full Gourmet Pizza Menu



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REMINDER DON'T FORGET TO CHANGE YOUR CLOCK

(SUMMER TIME ENDS 25th OCTOBER)

PUT CLOCKS BACK 1 HOUR

Sunday, 25 October 2015, 02:00:00 clocks turn backward 1 hour to Sunday, 25 October 2015, 01:00:00 local standard time instead

TECHNOLOGY CORNER

TIPS, TRICKS, AND WHAT'S NEW IN THE WORLD OF TECH

Real World Science Fiction: Tractor Beam Technology

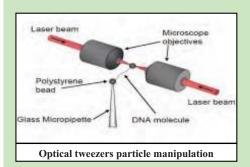
Tractor beams are an iconic feature of science fiction. From the tractor beam that captures the *Millennium Falcon* in *Star W ars* to the *Enterprise* towing disabled ships in *Star Trek*, everyone is familiar with this piece of futuristic technology. The future is approaching, though, as teams of scientists around the world have recently begun making great strides in designing working tractor beams. The most exciting development came just last month as NASA announced its new partnership with Arx Pax to build a magnetic tractor beam.

A 'tractor beam' is the term coined for a device that has the capacity to move an object from a distance without the need to physically touch it – either to attract or repel one object to or from another. The term was coined in 1931 by science fiction writer E. E. Smith.

The ability to trap objects and move them around is not a new idea, and scientists have been researching ways to turn the concept into a reality since the 1990s. Practical scientific theories on how to create a tractor beam have been developed as early as 1960, but there has been little advancement from a theory to a working model until recent years. Most research has focused on using lasers, and there has been limited success on the microscopic level.

A lot of research has been done on the properties of light and how it can be used in modern technology. For instance, scientists know that light can be used to provide a "push". Usually when microscopic objects are hit by a beam of light, they are forced along the direction of the beam by the light photons. This radiation force was first identified in 1619 by the German astronomer Johannes Kepler, who observed that the tails of comets always point away from the sun. Scientists have applied this concept to spacecraft by using light to propel solar sails. Using light to push objects away is only one part of the tractor beam puzzle, though.

So far, most of the research into the manipulation of particles with lasers has used the "optical tweezers" method wherein objects are trapped in the focus of one or two laser beams. This works best when applying radiation pressure on transparent particles in liquids, which traps them in the laser's focus and allows you to move them around.



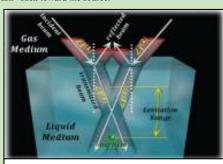
It has become an indispensable tool in many branches of science, including physics, biology, and medicine. This method does have limitations, though, as it is inefficient in the trapping of light-absorbing aerosol particles, such as air contaminants and nanostructured materials. It also requires an atmosphere in which to operate, making it impractical for use in spacecraft.

This has led to research into other techniques. In March of 2011, Chinese researchers published a study on the conditions required to create a laser of light that could "pull" objects toward it. This approach would only work over very small distances, however, and could not trap an object and move it around but would instead continuously pull it toward the source.

Their paper theorises that you could pull a trapped particle with a specially-shaped laser beam. A standard laser has a beam whose intensity peaks at its centre and tails off gradually. The Chinese researchers suggest working with a different shape of laser beam known as a Bessel beam, whose intensity rises and

falls in peaks and troughs at higher distances from the beam's line.

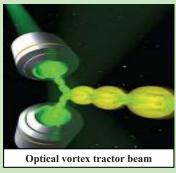
Seen straight on, a Bessel beam would look like the ripples surrounding a pebble dropped in a pool. If this beam encounters an object at a precise glancing angle, it would stimulate a backward force. As the molecules of the target particle absorb and re-radiate the incoming light, the fraction re-radiated along the beam direction would give the object a "push" back toward the source.



A Bessel laser tractor beam

This concept is not entirely new; in 2006, an American physicist proposed using sound waves to achieve a similar result. The physics of the idea are analogous to a boat moving through water: in the eddies generated as part of the forward movement, there are areas on the side of the boat that pull backward as the boat moves. This work still needs further testing and peer review, but it is a promising beginning in the field of optical micromanipulation with the potential for particle sorting.

The optical tweezers and Bessel beam models are distinct from another laser technique demonstrated in 2010 by Australian researchers. Using what is called the optical vortex method, this team trapped and moved a tiny particle by heating the air around it. They used two optical vortex beams to create a ring-shaped trap of gases that could transport particles like an optical pipeline.



Recently, the medical field has produced some of the most promising results to date. In early 2013, a study was published by researchers from the School of Medicine at the University of St. Andrews that details their experiments to move microscopic particles.

Instead of using light photons to push a microscopic object in the direction of a beam of light, the team managed to reverse the process so that small particles could be pulled against the photon stream toward the source. This technique is more flexible than both the optical tweezers and optical vortex methods as it can be used in liquids and a vacuum.

This tractor beam is highly selective in the properties of the particles that it acts on, so specific particles in a mixture can be manipulated. The hope is that the technology could be used in the medical field for applications such as separating cells in a blood sample. This could make a huge difference in our ability to diagnose diseases and understand how they work.

One downside is that this particular technique is only useful for microscopic particles and could never be scaled up to create a

tractor beam capable of manipulating everyday objects, never mind a Star Trek style beam that could move entire spacecraft. The process involves a transfer of energy, which is negligible on a microscopic level but would be disastrous at a macro level. It would cause a massive amount of heating that would burn up large objects.

In another medical breakthrough, last year researchers at the University of Dundee demonstrated the first working acoustic tractor beam capable of moving something bigger than a microscopic particle. The physicists used an ultrasound array to exert force on an object and pull it toward the energy source.

They directed twin beams of energy from an ultrasound array toward the back of a 1cm object, showing that they could exert sufficient force on the object to hold or move it. They used an ultrasound device that is already clinically approved for use in MRI-guided surgery. This technology shows great promise in the field of medicine, where it could be used to further develop clinical techniques using ultrasound.

While the recent research on designing a tractor beam using lasers is proving valuable to multiple fields, the fundamental problem of energy transfer makes it impractical for use on a large scale. Using light to manipulate an object creates heat through the energy transfer, and the amount of heat generated scales in temperature as the object scales in size. Using laser-based tractor beam is only feasible on microscopic particles or very small objects.

Thus, NASA has recently decided to redirect its focus away from lasers and is instead considering the potential of magnets. The most exciting news in this fledgling field of technology came just last month as the space agency continues to seek a way of manipulating objects in space without touching them. In September, NASA announced a new partnership with Arx Pax to create a magnetic tractor beam capable of capturing and manipulating micro-satellites.

Arx Pax made its debut in 2014 by unveiling a working hoverboard, called the Hendo Hoverboard. It uses the company's Magnetic Field Architecture (MFA) technology to hover off the ground. The engine generates swirls of electricity on a conductive surface to produce a concentrated magnetic field. The magnetic field induces an opposing field on a conductive surface below, which lifts the board off the ground.

The hoverboard was a success on some levels, but it was highly limited in where and how it could be used. However, the hoverboard was just a proof-of-concept, and Arx Pax has much bigger plans in mind for its MFA technology – levitating houses during an earthquake or flood, for instance, or moving satellites in space, which has caught NASA's attention.



Through the partnership, Arx Pax will be working with NASA to design a magnetic tractor beam with the ability to attract one object in space to another. This is quite a step up from the current designs which can only act on tiny particles and over small distances.

The focus will be on linking CubeSats – the lightweight, 10cm by 10cm modular micro-satellites that NASA is currently using to monitor the Earth but that they hope to one day deploy to explore distant worlds. CubeSats are often in close proximity already, so the goal is to find a way to link them together and be able to move them around relative to each other.

Having a coordinated team of satellites would prove of enormous benefit in studying Earth's climate or in exploring the surface of nearby asteroids. Details of the new project are currently sparse, but this is the most exciting development in tractor beam research to date. We're moving one step closer to the realm of science fiction and its galaxy-trotting spaceships.

Disclaimer: everything on this page is written in good faith and provided for general purposes only. While every effort is made to ensure the information here is accurate, technology is always changing, so please use your own discretion. Maynooth Community Council is not legally responsible for any damage or data loss you may incur through use or application of the information in these articles.



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Micro-Satellites Open Space Exploration

Currently, Solar System exploration missions are the exclusive domain of space agencies and their scientists and engineers who can muster multi-hundred-million euro budgets. While their accomplishments are broad, highly sophisticated and literally out of this world, the high cost limits our pace of important discoveries.

Cube satellites, better known as CubeSats, are changing the way we view space exploration and are opening up the possibility of exploring the cosmos to a wider range of people than ever before in history.

A CubeSat is a small satellite that is 10cm by 10cm square, and on average they weigh just a kilogram. The design has been simplified, and instructions are available online, so almost anyone can build them. They are modular in construction, so you can take components out or add new ones in or mix and match parts to suit a variety of uses. Individual CubeSats can also be combined to make larger satellites in case you need a bigger payload. Deployable solar panels and antennas make CubeSats even more versatile.

The cost to build one? Typically around €50,000.



While the average person might not be able to afford to build one, that price tag is nothing compared to the hundreds of millions of euro that most space projects cost. People have already started building their own CubeSats for low orbit study of Earth's atmosphere, and the result is a huge increase in the amount of data we can now collect about Earth's climate and atmosphere.



Given the success of the low-orbit micro-satellites, NASA has now launched a new research project into designing CubeSats that can explore the galaxy. Interplanetary CubeSats offer an opportunity to conduct focused science investigations around the inner Solar System at a cost ten times lower than missions mounted today.

In much the same way that the lightweight CubeSats have dramatically increased low cost access to space experimentation in low Earth orbit, the NASA study intends to focus development of six technologies in unison so as to enable dramatically lower-cost exploration of the Solar System and our Earth's more distant environs

CubeSats in low Earth orbit have enabled dozens of universities to develop and place in orbit student-designed,

student-built, and student-operated satellites investigating all manner of scientifically exciting phenomena.

Additionally, CubeSats have enabled governmentsponsored space experimentation and technology development on an accelerated schedule for unprecedented low cost. If successful, this system study of the technologies to enable Interplanetary CubeSats will open the door to a similar revolution in access to space and new discoveries beyond Earth.

When NASA launches its next mission on the journey to Mars – a stationary lander in 2016 – the flight will include two CubeSats in a project called Mars Cube One, or MarsCO. This will be the first time CubeSats have flown in deep space. If this flyby demonstration is successful, the technology will provide NASA the ability to quickly transmit status information about the main spacecraft after it lands on Mars.

Ultimately, if the MarCO demonstration mission succeeds, it could allow for a "bring-your-own" communications relay option for use by future Mars missions in the critical few minutes between Martian atmospheric entry and touchdown.

By verifying CubeSats are a viable technology for interplanetary missions, and feasible on a short development timeline, this technology demonstration could lead to many other applications to explore and study our solar system.



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Irish Girl Guides

Meetings Tuesday evening in Maynooth. For further information contact Jackie on 085 1413787 or visit I.G.G. website www.irishgirlguides.ie

Community Library

Opening Times Mondays & Fridays 2pm to 5pm Tuesdays & Thursdays 1pm to 8pm Wednesday 9.30am to 1pm & 2pm to 5pm Sat 9.30am to 1pm

I.C.A.

Monthly meetings take place every 1st Thursday of the month at 8.00pm in the I.C.A. Hall in the Harbour. Crafts every Monday night at 8.00pm. New members welcome

University of Third Age (U3A)

Weekly meetings on Fridays at 11am in Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth New Members Welcome

> Maynooth **Tidy Towns**

Volunteers required to help with this work. Contact Number 087 3153189

Maynooth Community Church

1st Floor Manor Mills (entrance next to Chill) Service times every Sunday morning from 10.30 am www.maynoothcc.org

Everyone most welcome

History Group

Meetings every last Thursday of the month in Maynooth Community Council Office Tesco Shopping Centre at 8.00pm. All Welcome

Bridge Club

Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com. Contact Katherine Cooney 086 8205910

Arthritis Ireland

Arthritis Ireland Walking Group (Maynooth) Meeting Monday's at 12 Noon Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth For Seated Exercise & Walking New Members Welcome

Maynooth Parent & Toddler Group

Every Thursday from 10.00 a.m. to 12.00 p.m. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth

Men's Sheds

Weekly meetings take place every Wednesday at 11.am at the Garden Centre Dublin Road Maynooth. For further details contact John Fleming 087 2041334

Kildare Intercultural Action Group (KIA)

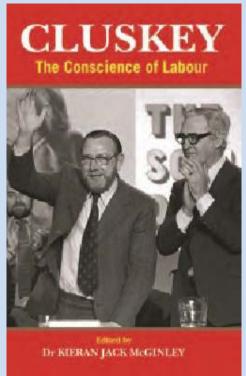
Meetings takes place 3rd Saturday of the month at 3pm. In Maynooth Community Space Tesco SC Carton Park Maynooth For further information. Contact Maeve at 0873459185 www.facebook.com/

kiamaynooth

NOW AVAILABLE AT MAYNOOTH UNIVERSITY BOOKSHOP AND MAYNOOTH BOOKSHOP, MAIN STREET

Frank Cluskey (1930-1989) was a precious resource among public figures in Ireland: he was a man of principle. By turn, Cluskey was a cabin boy, butcher, trade unionist, councillor, Lord Mayor, TD, Parliamentary Secretary, Minister, Labour Party Leader, and an MEP. When a Minister, he resigned on a matter of principle because he viewed that the Government's policy on natural resources favoured the interests of a privileged few at the expense of the common good.

A man of compassion, wit and Larkinite toughness – he was the epitome of the Dublin working class.



With an introduction by Jack O' Connor, this book is a collection of essays by some of the prominent men and women who knew Cluskey best, including: Siobhan Cluskey, Tony Brown; Brendan Halligan; John Horgan; Rodney Rice; Sean Farren; Sr Stanislaus Kennedy; Flor O' Mahony; Fionnuala Richardson; Toddy O' Sullivan; and Brian Kenny. Inspired by events that commemorated the 25th anniversary of Cluskey's death in May 2014, this book is a major new contribution to modern Irish history writing.



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Halloween Jokes

- Q: What do ghosts eat for supper?
- 4 · Spooket
- Q: What do you do when 50 zombies surround your
- A: Hope it's Halloween!!
- Q: What is the most important subject a witch learns in school?
- A: Spelling

- Q: Why didn't the skeleton want to go to school?
- A: His heart wasn't in it.
- Q: Why didn't the skeleton cross the road?
- A: He didn't have any guts!
- Q: Why did the skeleton cross the road?
- A: To get to the body shop.

North Kildare Rugby Football Club Fun Day



Kerry Hartnett (Youth Coordinator) presents the North Kildare RFC Club Person of the Year award (Morgan Ferris Cup) to the late Maurice Prendergast (RIP) in recognition of his many years of selfless and enthusiastic work for the club. The Award was accepted by Maurice's wife Marie and son Ian.

On Saturday 12th September the Six Nations Rugby Cup visited North Kildare Rugby Football Club (between Maynooth and Kilcock), and to coincide with the visit a Fun Day was organised by the club for all of the youth players and their families. All of the teams (and individuals) had an opportunity to have photographs taken with this legendary trophy, and a great day was had by all.

In addition, the club took the opportunity to celebrate the work of the late Maurice Prendergast

RIP, who gave many years of selfless effort to the club, by presenting him with the Club's Person of the Year award. The trophy was accepted by his widow and son.





North Kildare Rugby volunteers Des Lynch U16 Coach and Mini Rugby Coordinator, Sean Waldron, and Kerry Hartnett Youth Rugby Coordinator with the Six Nations Cup at North Kildare Rugby Club.



A large group of children and adults turned up to North Kildare Rugby Club for their recent start of year Open Day. Many players received medals, and got to take photos with the Six Nations Cup, which was on display.



The Casey family, proprietors of Supervalu Maynooth, pose with the Six Nations Rugby Cup, at the announcement of their new sponsorship deal with North Kildare Rugby Club.



Under 17 North Kildare Rugby team pose for a photo with the Six Nations Cup during the half time break in their match against Portarlington at the Fun weekend.



Kevin and Sinead Griffin (Enfield) and family posing with the Six Nations Cup at its recent visit to North Kildare Rugby Club, where Kevin is U8 coach.



A selection of U7 and U8 players and their coaches pose with the Six Nations Cup at North Kildare Rugby Club.



North Kildare Rugby U14 team posing with the Six Nations Cup.

North Kildare Rugby (affiliated to the LB-IRFU) has a brave history in Inter-provincial Town Cups. We field youth teams from U7's to U20's and senior teams playing Leinster Junior League. Facilities comprise of three rugby pitches and floodlit training areas.

Junior Rugby training on Wednesday at 7pm contact Des Lynch 087-8513828 or Kerry Hartnett 087-9879911.

Senior Rugby: Tuesdays and Thursdays 7.30pm contact Joe Curran 086-0682430 or John Hurley 087-2409235

New players are always welcome at every level. Email: info@northkildareclub.ie



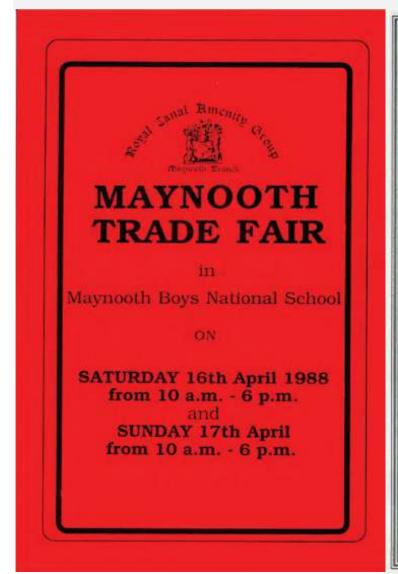
ROYAL CANAL AMENITY GROUP (RCAG)

For a number of years through the 1980's and into the 1990's, RCAG partnered with the Board of Management of Maynooth Boys National School in hosting a Trade Fair. These were successful fundraising ventures. After a few years the Maynooth Trade Fair morphed into the Maynooth Spring Fair. RTE2 broadcast live from one show, while the Army No.1 Band attended at another show. The Geraldine Trophy was awarded to the winner of the annual Home-Produced Wine & Beer Competition.

Sam Maguire was on display at the 1989 Spring Fair. The List of Exhibitors is a fair reflection of the popularity of those Spring Fairs. Like all fund raising events they depended on voluntary effort and many friends and supporters of RCAG and the Boy's School did full time security on the Saturday nights to protect the various exhibitors' property.

For more information on the Royal Canal Amenity Group visit www.rcag.ie.

Below: A copy of the front cover of the Maynooth Trade Fair brochure and a list of the Exhibitors from 1988 supplied by the Maynooth Branch of the RCAG.



EXHIBITORS Everglaze Ltd. R.C.A.G. Encylopaedia Brittanica Labour Party Mulligans Sheds Hidden Treasures Maynooth C.I.C. Cambridge Diet Counsellor Irish Rail inbarr Kelly & Assoc. Lucan Studies Lake Valley Knitwear Stitch in Stuff Moy Glass F.M.K. Casuals Cardinal Press Ltd Cunningham Motors Maynooth Jewellers Dennis Malone Blinds RobMar Katchens Ryeniver Books Scallywags Enfield Alarms Weatherall Windows Killeen Steel Wool M & A Furniture Design Kennedy Woodcraft Hugh Durham Photos Kenoes Delicatessen Coonans Auctioneers Noone Shoes O'Hagan Fashions Maynooth Glass Maynooth University Books James Kavanagh C.P.L. Motors Draftsmal Draftised Greensingle Tropical Air Plants T.E.K. Design Jean Paul O'Mears Camping Leixip Steel Patrications North Kildare Club Tina Murphy Duble Draft Beording John Sheridan Video Broductions Gerry Brady Auctioneers Celbridge Glass & Glazing Breffni May Insurance Bretin Josep unanasses Blossoms Boss Cash Registers Natural Family Planning Paddy Ryan Ltd Automobile Association Carpentry Service Doll Craft Societ of Soan Dublin Draught Proofing Westmeath Draught Excluder Pat McCabe Builder ras niccase Building Supplies from Crafts Christy Kennedy C.K. Blinds Lucan Progressive Democrats Mallen Oil Spick n' Span Keane Windows John Martin The Sound Shop, Drogheda Leixlip Carpet Exhibition On Site Carpet Cleaning Archer Surveillance Sports Locker Emer McDermott Quinnsworth Nutri Modics Mutual Motorist Kellys Bakery Falcamagh Knits Jean Pierre C. Mitchell Promotions F. Fail Fine Gael Angle Alams Don Bosco Jarlath Finn Ergas R.C.A.G. Leixlip Credit Union S.T.I.L. V.E.C. I.C.A. Tidy Towns GROW Lantern Centre Tower Craft Roger Bewley John P. Brodie Maynooth Community Council Sheila Broderick R. McCullough O'Mega Art

Maynooth Town Football Club Notes

Leinster Senior Foot	Leinster Senior Football League Major 1B Saturday							
Team	Р	W	D	L	F	Α	GD	Pts
St. John Bosco	3	3	0	0	13	6	7	9
Killinarden Athletic	4	3	0	1	10	6	4	9
Maynooth University Town FC	3	2	1	0	12	4	8	7
Arklow Town FC	3	2	1	0	14	7	7	7
Valeview Shankill	2	1	0	1	10	3	7	3
Glenville FC	3	0	2	1	3	5	-2	2
Kilnamanagh AFC	4	0	2	2	5	14	-9	2
Ballyfermot United	2	0	1	1	3	5	-2	1
Dunboyne AFC	3	0	1	2	5	13	-8	1
Newbridge Town FC	0	0	0	0	0	0	0	0
Ucd AFC	0	0	0	0	0	0	0	0
Tymon Celtic	3	0	0	3	3	15	-12	0

Leinster Senior Football	Leagu	e Sen	ior Div	vision	1A Su	nday		
Team	Р	W	D	┙	F	Α	GD	Pts
Peamount United	5	4	0	1	7	5	2	12
St. John Bosco	4	3	1	0	7	4	3	10
Ballymun United	6	3	1	2	6	3	3	10
Celbridge Town	5	3	1	1	10	8	2	10
Newbridge Town FC	4	2	2	0	9	3	6	8
Portmarnock AFC	5	2	1	2	11	11	0	7
Maynooth University Town FC	4	2	0	2	9	6	3	6
Lucan United FC	4	2	0	2	8	7	1	6
Beggsboro AFC	5	1	3	1	4	4	0	6
Edenderry Town	3	1	2	0	5	4	1	5
Newtown Rangers	5	1	1	3	7	7	0	4
Mt. Merrion FC	5	1	1	3	8	15	-7	4
Pegasus/St. James Ath	6	0	3	3	8	14	-6	3
St. James Gate	7	0	2	5	6	14	-8	2

	Results for Maynooth University	y Town I	FC Major 1B Saturday
Date	Home	Result	Away
05-Sep-15	Maynooth University Town FC	1 - 1	Glenville FC
31-Aug-15	Maynooth University Town FC	7 - 1	Dunboyne AFC
29-Aug-15	Ballyfermot United	2 - 4	Maynooth University Town FC

Res	Results for Maynooth University Town FC Senior Division 1A Sunday							
Date	Home	Result	Away					
11-Sep-15	Mt. Merrion FC	2 - 6	Maynooth University Town FC					
06-Sep-15	Ballymun United	1 - 0	Maynooth University Town FC					
26-Aug-15	Maynooth University Town FC	3 - 2	Celbridge Town					
21-Aug-15	Maynooth University Town FC	0 - 1	Peamount United					

Maynooth Town FC Lotto Results 2015

www.maynoothtownfc.com - Join Us On Facebook

W/End	Numbers	Jackpot	3 x €35 Winners
21-Jun	6,8,15,16	€2,050	Thomas Hannigan - Alan Geoghan - Gerry Lynch
28-Jun	11,17,18,25	€2,100	Tina Thompson - Tony Byrne - Brian Connolly
05-Jul	6,13,18,22	€2,150	Ambrose O Brien - Red Devils - Sinead Swords
12-Jul	4,12,25,27	€2,200	Ray Mc Tiernan - Anne Doolin - Mary Murray
19-Jul	3,11,13,27	€2,250	Noel Brilly - Alan O Regan - Tony Byrne
26-Jul	13,16,24,28	€2,300	JP Murtagh - Thomas Griffin - Brendan Kelly
02-Aug	3,14,15,22	€2,350	Siobhan Mc Myler - Pat Mahon - Siobhan Fitzgerald
09-Aug	11,14,19,20	€2,400	Conor Strickland - Aileen Dempsey - Mick Mc Govern
16-Aug	3,8,26,27	€2,450	Martina Reilly - June O Duffy - Mick Ryan
23-Aug	6,9,21,22	€2,500	Tony Byrne - Johnny Thompson - Anthony Barrett
30-Aug			No Draw
06-Sep	3,4,23,26	€2,550	Mick & Mags - Terry Hinds - Kenneth Kenny
13-Sep	4,5,22,26	€2,600	Damien Bracken - Phillip Hynes - Sean Mahon
20-Sep	1,10,23,27	€2,650	Ann Ruane - Orla Mc Mahon - Miriam Maher

Difficult

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			1			2	3
		5		3		9	6
4		1	9	5	3		2
9	6		7		1		
1	9			6			
5	8	4		7			
				1			

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to Maynooth Newsletter Unit 5 Tesco S/C Maynooth

Collect prize from Newsletter Office

Sudoku Challenge___

October 2015

Entries must arrive at the MCC office before:
Tuesday 20th October



Congratulations to September Winner:

Martin Doyle Rail Park Maynooth

Prize winners will have 30 days to claim their prize at the MCC office from the time the results are made public.

Super Difficult

		7					6	
					8	1	2	7
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			9	8			4	
	9						5	
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	4	9	8			3		
5	2	3	7					
	7					5		

Name:	
Address:	·····
Phone: _	

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Business, Enterprise and Employment Support Programme At Maynooth Library Main Street

Maynooth Community Library are pleased to announce the launch of our Business, Enterprise and Employment Support Programme. Further to consultation with stakeholders and partners, we have devised a programme of supports for jobseekers, people in business and entrepreneurs, and we now offer the following to our patrons:

- •Dedicated library space: Come and browse our resources, including books, magazines, newspapers, and avail of the use of our photocopying facilities
- •Meeting Room: a quiet space that can be booked in advance for meetings, study, research and interviews
- •eServices: with access to WiFI, as well as public access to our PCs, we offer online courses and business software, VisionNet and Mintel
- •On-site Clinics: In conjunction with the Local Employment Services Network, [LES] regular Jobs Clubs and CV clinics will be held in the library space. And for Business, in conjunction with the Local Enterprise Office, Kildare, [LEO] Business Advice Clinics will also be offered. These may suit anyone with a business idea, first time or young entrepreneurs, start-ups or micro and small businesses looking to expand



A Programme of Information Sessions has also been devised for both jobseekers and business.

For Jobseekers and Employment information: Change, Career and Confidence

- •Job Application skills: Thurs, Oct 29th at 8:00pm
- •Job Seeking Supports from the LES: Thurs, Nov 12th at 8:00pm
- •Interview Skills: Thurs, Dec 3rd at 8:00pm

For Business and Enterprise Information:

- •Skills for Work first steps towards improving skills: Thurs, Oct 8th at 8:00pm
- •Supports for Enterprise introduction to LEO: Thurs, Nov 26th at 8:00pm
- •Career Guidance maximising your opportunities: Thurs, Dec 10th at 8:00pm
- •How to Write a Business Plan: Thurs, Dec 17th at 8:00pm

Brochures are available from the library.

For further details, or to book your place on any of these FREE sessions, please drop in to Main Street, Maynooth, or telephone 01 6285530 or email:

maynoothlib@kildarecoco.ie

Encouraging Cycling in Maynooth?

Maynooth Cycling welcomes new developments, especially ones that include partial construction of the ring roads around Maynooth. Development on a green site should give an opportunity to provide cycle facilities in line with best international practice. However, Maynooth Cycling has a number of concerns about what developers propose for the site between Lidl and Griffin Rath.



Firstly, the proposed houses are mainly suburban residences with a front garden and space for car parking. This creates potential conflict between reversing cars and cyclists using the cycle tracks. It will also lead to potential conflict between cars on the ring road and drivers exiting their property - think of reversing onto the Straffan Road. Best international practice for such a green field site would be either to have cyclists use a parallel road servicing the houses in question or to have an urban (as opposed to suburban development) without driveways to individual houses.

Secondly, the proposed cycle tracks stop at each side of the road junction which is not in line with current Irish design standards. The method of prioritising cyclists over motorised traffic on side roads is currently a hotly debated subject in countries with low levels of cycling and one where Ireland lags behind best practice. Thirdly, the plans lodged with the council do not give any width for the cycle track so it is difficult to see how the council can adequately assess the quality of provision for cyclists.

Will these proposals encourage many people to take up cycling in Maynooth? Regrettably, at a time when traffic congestion is increasing, demand on the health services is rising and the consequences of climate change are becoming more apparent, the answer is NO. Maynooth Cycling is a non-party political cycling advocacy group. Its aims are to promote cycling as a healthy leisure pursuit and as a safe, enjoyable and efficient mode of transport for everyone in the Maynooth area. It recently made a submission on the North South Corridor and will be making a presentation on the deficiencies of the proposed Corridor at the October meeting in Naas of the Maynooth Municipal District.

If you wish to join or get involved with Maynooth Cycling, check out our Facebook page for details of the next meeting or alternatively email Deirdre McGowan at maynoothcycling@gmail.com .

Maynooth University Win Exciting AIG Golf Cup 2015 in Carton House



Winning Maynooth University Team with the AIG Cup in Carton House.

Chimney Fire Prevention Tips

Did you know that:

- Chimney fires can cause structural damage to your house or the adjoining property.
- Sparks from chimney fires can set fire to surrounding properties.
- Blocked chimneys can result in fumes entering your home and can cause carbon monoxide poisoning.

When to clean the chimney:

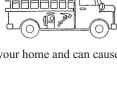
- Coal burning fires twice per year.
- Wood or turf burning fires at least twice per year.
- Oil-fired appliances once per year (if designed for sweeping).
- Gas fired appliances once per year (if designed for sweeping).

Fire Prevention:

- Don't use flammable liquids such as petrol or paraffin to light your fire.
- Don't burn paper or rubbish.
- Don't overload the fire with fuel.
- Use a spark guard on open fires.
- Go into the attic occasionally when the fire is alight to check for smoke from cracks, defective brickwork, or mortar joints.

If you have a chimney fire:

- Dial 112 (or 999) and ask for the Fire
- Service.
- Make sure your spark-guard is in position.
- Move furniture and carpets away from the fireplace .
- Keep doors and windows to the room closed.
- Bring everyone in the house to the ground
- floor and be ready to leave the house.



10 Must-Know Handy Household Hints Source: KIDSPOT (MYSPOT) - By Lana Hallowes

Did you know that separating bananas from the bunch makes them last longer? Or that the best way to reheat a pizza (so it retains its crispy base) is to warm it in a fry pan? No? Then read on because these must-know household hints will change your life!

Handy Hint 1 - bananarama

Pull bananas apart before displaying them in your fruit bowl. If you leave them connected at the stem, they'll ripen faster and go brown quicker. Who knew?!

Handy Hint 2 - flexible vacuum

To suck up hard-to-reach junk under your fridge, or behind a bookshelf, insert an empty paper towel roll into the end of your vacuum cleaner and bend, or flatten it, to squeeze into these difficult spots.

Handy Hint 3 - buying capsicum

We're not sure why, but a capsicum with three bumps on the bottom is sweeter than one with four. Oh, but four bumps makes for a crunchier, firmer capsicum, so you should weigh up crunch vs. sweet when picking out your pepper!

Handy Hint 4 - fend off weeds

Instead of tossing your daily rag in the recycling bin, use the newspaper as mulch and deter noxious weeds. Simply wet the sheets and put the layers around your plants and garden beds, covering with soil as you go. The weeds won't be able to get through the wet newspaper layers.

Handy Hint 5 - so cheesey

Wrap cheese chunks in aluminium foil and store in the fridge to keep your cheddar fresher for longer and to keep mould out.

Handy Hint 6 - mozzies be gone!

If you have the kind of blood that attracts mosquitoes like a moth to a flame, then listen up. To keep the pesky blood suckers at bay, place a fabric softener dryer sheet in your pocket.

Mosquitoes are repelled by the scent and you'll smell like summer breeze all night!

Handy Hint 7 - crispy leftover pizza

To reheat a pizza so that the base is out-of-the-oven crisp, heat your leftover slices in a fry pan on low-medium heat on the stove until warm and wave goodbye to the days of soggy microwave pizza.

Handy Hint 8 - reopening envelopes

If you seal an envelope and realise you've forgotten to include something inside, just place it in the freezer for an hour or two and voila, the envelope will unseal without a trace!

Handy Hint 9 - the power of garlic

Add garlic immediately to a recipe if you want a subtle taste and towards the end to blast it with flavour.

Handy Hint 10 - getting rid of ants

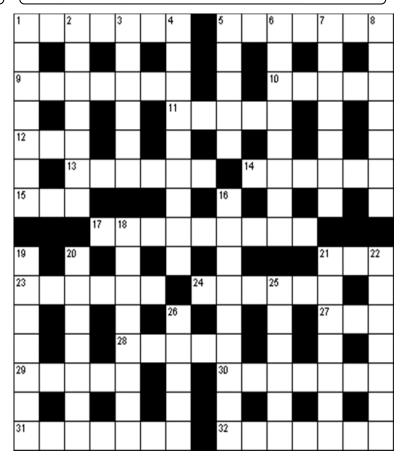
It may sound cruel, but if you have an ant problem, desperate times call for desperate measures. Put small piles of polenta where you see ants and they'll gobble it up, return 'home' and won't be able to digest it. Your ant problem (and the ants) will soon be dead.



Clues Across

- 1. Lounges (7)
- 5. Woman who works in a bar (7)
- 9. Gives a new name (7)
- 10. Shield (5)
- 11. Portion (5)
- 12. Succeeded (3)
- 13. Like a dog (6)
- 14. Yield post (6)
- 15. Pigpen (3)
- 17. Motherhood (9)
- 21. Have supper (3)
- 23. Reach destination (6)
- 24. One who enjoys inflicting pain (6)
- 27. Some (3)
- 28. Pertaining to sound (5)
- 29. Emblem (5)
- 30. Traveller (7)
- 31. First book of the Bible
- 32. Member of a crew (7)

October Crossword - No: 440



Clues Down

- 1. Spreads (7)
- 2. Period of a tenant's occupancy (7)
- 3. Birmingham suburb (6)
- 4. Pendent (9)
- 5. To lose blood (5)
- 6. Deeply respectful (8)
- 7. Refrain voluntarily (7)
- 8. One dearly loved (7)
- 16. Near the South Pole
- 18. Counsellors (8)
- 19. Ladies' carrying bag (7)
- 20. Widen (7)
- 21. Sports arena (7)
- 22. Cheshire town (7)
- 25. Not susceptible (6)
- 26. Mountain range (5)



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> The Maynooth **Bookshop** 68 Main Street. Maynooth

Entries	in	before:
uesday	20 ^t	^h October

Name:

Address:

Phone:

Winner of Crossword (No. 439 September)

Bernadette Duffy Kingsbry Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

Collect prize from

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MAYNOOTH GHOST STORIES

Disclaimer: These may be part or indeed all fictional. For our sakes we hope it is entirely made up.

THE FAMOUS GHOST ROOM

If you visit Maynooth today, you might come across an old building on the campus called Rhetoric House. You might notice that one of the windows on the top floor is boarded-up and you might wonder why. If you ask someone, they will tell you this is The Ghost Room.

Many years ago, students who went to Maynooth would live on the top floor of the building. There was one young man who was assigned to sleep in Room No.2. One day, when he didn't show up for lectures, his friends went looking for him. They found his dead body lying in a pool of blood on the floor of Room No.2 with his throat slit from ear to ear. Clutched in his hand was a bloody razor and it appeared that he had taken his own life.

Ireland was a Catholic country and, at the time, suicide was seen as a terrible sin. The matter was hushed up by the college and the student was buried in an unconsecrated part of the college cemetery, away from the other graves. For the rest of the year, the room lay vacant, but when the next year began, it was assigned to another young man. To the shock and horror of everyone involved, this young man was also found dead under the exact same circumstances. He had slashed his own neck with a razor.

The college authorities were horrified to have two suicides on their hands. The fact that they both happened in the same room was even more unsettling. However, they decided to hush it up again and the student was quietly buried and everyone tried to forget what had happened.

Despite all of these forboding events, the very next year, the college assigned another young man to live in Room No.2. One morning, after mass, the student jumped out of the window of his room and landed on the ground outside Rhetoric House. He had broken most of the bones in his body, but he was still alive. In his hand, he was clutching a razor. When they brought him to hospital, the student had a terrifying tale to tell. While he was in his room that morning, he happened to glance in the mirror and was horrified to see a demonic face staring back at him. Suddenly, he was overcome by a powerful urge to kill himself. Unable to control himself, he grabbed a razor and was about to slit his own throat. Struggling against the demonic force, he managed to throw himself out the window and this is what saved his life.

After hearing the young man's story, the college authorities decided to investigate. They asked one of the priests to stay the night in the haunted room. In the morning, they found him curled up in a ball, gibbering and shrieking like a maniac. His hair had turned completely white and he refused to say a word about his harrowing experience. The college president decided that enough was enough and nobody else must ever be allowed to spend the night in Room no.2. He immediately ordered that room was to be turned into an oratory. The window was boarded up, the front wall was knocked down and the door was removed. A shrine to St. Joseph, the patron saint of Peaceful Death, was placed on an altar at the back of the room.



If you go there today, they say you can still see bloodstains on the wooden floor. Nobody is ever allowed to bring a mirror into the room. The graves of the dead students still stand in the cemetery and their names are carved on a bronze plaque in the college as a grim reminder of the horrific events that occurred there.

THE GHOST OF AULA MAXIMA

There are numerous stories detailing the presence of a ghost in Aula Maxima. Simply known as the Aula Ghost, he is reputed to be the spirit of a projectionist, active in Maynooth in the 1940s. The projectionist was a seminarian and member of St Patrick's College who fell to his death from the projectionist's box in Aula Maxima. Many superstitions exist regarding treatment of Aula Maxima and the Aula Ghost. One such superstition centres on the ghost's apparent turning of a chair placed over the projection box to face away from the stage if he does not like a performance, or the manner in which the staging of the performance was conducted.

THE CLOCK OF FAILURE

South Campus looks like a completely different University to the North. It's especially gorgeous under snow, and you've imagined being in Harry Potter at least once.

Just don't THINK about walking in a straight line towards the clock in St Joseph's Square, unless you want to fail everything. Rumour has it many a student has started at the clock on their post examination route home only to be greeted by exam results painted in failure. We here have tested the fallacy and found it to be only 50% true, but that wasn't all the clocks fault.

Maynooth Newsletter

Maynooth Newsletter is printed monthly. We print 4700 copies each month and 3200 of those are delivered to major local estates. The remainder are distributed to local business premises in Maynooth and outlying areas. With this kind of circulation an advert placed with us ensures your product or service is brought in to homes and workplaces in your community.

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Kildare Planning Applications for Maynooth Area From 28/7/2015 to 23/9/2015—Information from Kildare County Council Website

App. Num	Authority	Applicant Name	Development Address	Application Date
15844	Kildare County Council	Eamonn & Ann McCauley	225 Maynooth Road, Celbridge, Co. Kildare	23/09/2015
15846	Kildare County Council	Michael & Patricia O Reilly	Blackrock, Maynooth Road, Celbridge	23/09/2015
15837	Kildare County Council	Jill Robinson	Crinstown, Maynooth, Co. Kildare	21/09/2015
15815	Kildare County Council	Michael Geraghty Jnr	Barberstown Upper, Maynooth, Co. Kildare	11/09/2015
15816	Kildare County Council	Joe, Mary and Ruth Murphy	6 Leinster Park, Maynooth, Co. Kildare	11/09/2015
15814	Kildare County Council	Jill Robinson	R408 at Crinstown, Maynooth, Co Kildare	11/09/2015
15806	Kildare County Council	Fergal & Rita Flynn	169 Kingsbry, Greenfield, Maynooth	09/09/2015
15787	Kildare County Council	Paul Brangan,	Barberstown Lower, Maynooth, Co. Kildare.	03/09/2015
15772	Kildare County Council	Kieran and Judith O'Shea	77 Leinster Wood South, Carton Demesne, Maynooth	28/08/2015
15760	Kildare County Council	Colm Mayock	Baltracey, Maynooth, Co. Kildare.	25/08/2015
15749	Kildare County Council	Rachel Byrden	21 Parkland Crescent, Maynooth, Co. Kildare.	24/08/2015
15705	Kildare County Council	Cathy Ennis	Cormickstown, Maynooth, Co. Kildare.	11/08/2015
15690	Kildare County Council	Rodica Turcanu	Between 346A and 345 Old Greenfield, Maynooth.	07/08/2015
15685	Kildare County Council	Specialist Independent Building Services Limited	Maynooth Mall, Main Street/ Mill Street, Maynooth	06/08/2015
15678	Kildare County Council	Aine Daly	Laragh, Maynooth, Co. Kildare	04/08/2015
15667	Kildare County Council	Aidan McGreevy	Barrogstown, Maynooth, Co. Kildare.	31/07/2015
15646	Kildare County Council	Damien Rooney and Karen Corrigan	2 Ashleigh Grove, Newtown, Maynooth	28/07/2015
15649	Kildare County Council	Patrick Fallon	Ballycurraghan, Maynooth, Co. Kildare.	28/07/2015

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you for many favours. This time I ask you for this special one, (mention here). Take it dear Heart of Jesus and place it within your own broken Heart where your father sees it. Then, in His merciful eyes it will become Your favour

Say this prayer for three days. Promise publication and prayer and favour will be granted, no matter how impossible. Jacko

Never known to fail. Thanksgiving for favour received.

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you for many favours. This time I ask you for this special one, (mention here). Take it dear Heart of Jesus and place it within your own broken Heart where your father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen

Say this prayer for three days. Promise publication and prayer and favour will be granted, no matter how impossible. V.G. Never known to fail. Thanksgiving for favour received.

Prayer to the Sacred Heart

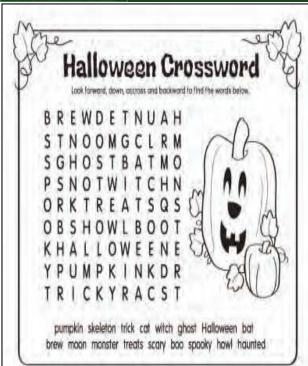
Dear Jesus, in the past I have asked you for many favours. This time I ask you a special favour. Place it before the Father, where he sees it and it will become your favour not

Say this prayer for three days in a row and promise publication. It never fails.



McDonald's Maynooth

Proud Sponsor of the Colouring Competition





HALLOWEEN DECODER

Use the starter letters to help you crack this Halloween code!
All of the words below are common Holloween terms.

A B C D E F G H I J K L M

N O P Q R S T U V W X Y Z

C

D L T T C D O K W Q D

D M K E G Q Z O C K D Q

D M F F C N Q Q E

W M D U

T M E Z S

A L B R D G

K M T U - C - F M E G Q L E

R G C B G

H E G T D

McDonalds Children's Colouring Competition
Prizes: Free Family Meal Sponsored by
McDonald's, Maynooth

Name:
Age:
Address:
Phone No:

Sept Winners

Age: 3 - 5 No entries

Age: 6 - 7: Kera O 'Doherty

Parklands, Maynooth

Age: 8 & Over: No entries



Prizes for Colouring Competition can be collected at:

Maynooth Community Council Office, Unit 5, Tesco Shopping Centre. Entries must arrive before: Tuesday 20th October 2015



Thinking of replacing your PVC Windows?

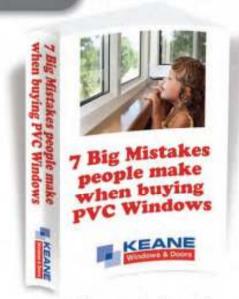
WHAT TO DO NEXT

Request Your Free Guide Book: '7 Big Mistakes people make when buying PVC Windows'.

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- 7 Critical mistakes everyone makes
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www.keanewindows.ie

Maynooth Tidy Towns Win Silver Medal



Above: Maynooth Tidy Towns Group with Eddie Casey of Supervalue, Maynooth at the Awards Ceremony in the Helix on Monday 28th September 2015. Maynooth took Silver to add to the Bronze Award from last year.

Pictured Left: Marian Cawley receiving her "Local Hero" Award from Eddie Casey. Full results from the National Tidy Towns Awards will be carried in the next edition of the Maynooth Newsletter.

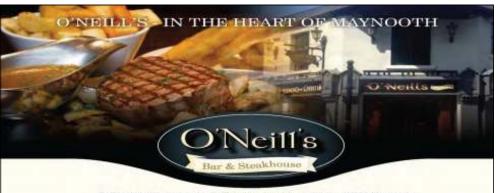


Congratulations to all involved. Just reward for all the hard work.

On 27th August a group from Intel volunteered to paint bollards on the Moyglare Rd, Leinster St, and opposite the Maynooth Castle. Maynooth Tidy Towns greatly appreciate the work that they do each year for us.



Intel volunteers painting Bollards in Maynooth



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CLARIFICATION SEPTEMBER 2015 EDITION MAYNOOTH NEWSLETTER

The population of 8,500 mentioned in the Gastronomic Article refers to Maynooth
Town and adjacent areas.
The April Census of 2011 for the whole of
Maynooth area is 12,510.



FILM//DVD MONTHLY BY BERNIE CLAXTON

Film Review: Psycho Director: Alfred Hitchcock Starring: Anthony Perkins & Janet Leigh



'We are all in our private traps' - Norman Bates

The Bates Motel is the most infamous in cinema history. In the decade preceding 1960, American horror was neatly packaged in aliens-under-and-in-your-bed Sci-Fi B movies. Such films tapped into the Commy-fearing consciousness of McCarthyite America. Then in 1960, a certain Alfred Hitchcock upped the ante with his modestly budgeted Black/White shocker *Psycho*. Joseph Stefano's ground-breaking script was based on Robert Bloch's 1959 chilling novel of the same name. Directed by Hitchcock, *Psycho* brought a thrilling sense of urgency and innovation to the horror genre. Horror films had entered a new era and there was no going back

At the beginning of *Psycho*, a slow wide pan of the camera across the buildings of Phoenix, Arizona eventually settles on a hotel window. Inside the seedy hotel room, the viewer enters the world of striking blonde Marion Crane (Janet Leigh). Semi-clad, she is involved in an adulterous affair with her handsome lover Sam Loomis (John Gavin). Financial complications in that relationship lead to desperate measures for the young woman.

At the real estate office, where she works, an opportunity and solution presents itself in the form of some very tempting cash. Marion absconds on to the highway with 40,000 dollars of her boss's money, encountering suspicious patrol cops along the way. In an attempt to gain temporary respite (from her inner demons) and shelter from a rainstorm, a paranoid Marian lands at a run-down motel in the middle of nowhere. The personable young man at front reception is Norman Bates (Anthony Perkins).

The mild-mannered manager of the Bates Motel provides succour, in the shape of a late supper and convivial conversation, to the weary and guilt-ridden Marion. When Norman leaves Marion, to retire for the night, the unlikely fugitive seems to have a change of heart about her ill-gotten gains. Then she steps into the shower....

Hitchcock's career, as the master of suspense, was long and illustrious before he turned his directorial hand to *Psycho* in 1960. The director's first Hollywood outing *Rebecca*, based on Daphne du Maurier's gothic romance novel, was a spectacular Oscar-winning success in 1940. He followed this with the stylish thrillers, *Suspicion, Notorious* and *Spellbound*. By the 1950s, Hitchcock had perfected his trademark combination of uber-cool thrills, sophistication, romance and comedy in a dazzling array of films. *To Catch a Thief, Rear Window, North by NorthWest* and *Vertigo* impressed cinema goers with their technical flair and brilliant showmanship.

With a Hitchcock film you knew pretty much what to expect - until *Psycho* that is. *Psycho* was unlike any other film that had preceded it and Hitchcock's first proper horror film. The director deliberately set out to make his thriller resemble a cheap exploitation film. The 50's glamour and Technicolor gave way to a stark black and white palette. He shot it not with his usual expensive feature crew but with the team he used for his 50s TV series, *Alfred Hitchcock Presents*. Hitchcock's budget for *Psycho*, less than a million dollars, was unusually cheap even by 1960s standards.

The portly director apparently took great pleasure in playing with and exploiting audience expectations and

fears. Bearing in mind Hitchcock's famous mantra that 'all actors should be treated like cattle', he seemed more than happy to apply this philosophy to his treatment of his leading lady! The sultry Janet Leigh was a big star (Touch of Evil, The Vikings) before her remarkable turn as Marion Crane in Psycho. She was part of the Hollywood star system when Hitchcock dictated that her character should come to a grisly end less than 50 minutes into Psycho. Not alone was Janet Leigh violated in a spectacularly gruesome fashion, but the Hollywood narrative norms of the time took a fair whacking too! Hollywood stars just simply didn't die that early in proceedings!

Hitchcock manipulated the point of view perspective in *Psycho* to a shocking and radical extent. We are tricked into sympathising and identifying with Marion Crane's story. Then the rug is pulled from under us! Early plotting - the plight of the lovers, the stolen money, and the suspicious patrol man - is tactical on Hitchcock's part and leads up a frustrating *cul-de-sac*. After the notorious shower scene, we, the viewer (or voyeur) are left hanging and have no choice but to identify with Perkin's disturbed loner.

In the pivotal role of Norman Bates, the handsome Anthony Perkins was inspired casting. As the troubled boy-next-door type, he exudes likability, vulnerability and sadness (at least initially) in his complex performance. It is not hard to empathise with this nice young man dominated by his shrewish but unseen mother. This is in stark contrast to Robert Block's novel. In the original story, Norman Bates was a middle -aged, overweight, alcoholic and sinister loser. Screenwriter Joseph Stefano reshaped the material and character of Bates to make him more acceptable to 60s audiences.

Hitchcock's triumph in Psycho, undoubtedly, rests on the shower scene. Nothing that comes before it quite prepares you for its splendid horror! It has been discussed and ruminated over by students of film for decades now. Apparently, the shower segment took seven days to complete on a very small confined set. Saul Bass's intricate storyboard compositions dictated the spine-chilling sequence of events. This famous scene in Psycho is remarkable for Hitchcock's use of diverse camera angles and lighting technique. We never actually see Marion's flesh being penetrated by the knife, but more importantly we think we do! Clever editing and sound effects create the illusion of bloody carnage. Each cut of the camera is like the stabbing motion of the killer's knife. It's a subtle approach which later horror films would eschew in favour of gory

Janet Leigh's screams seem to resonate down the plughole of cinema history. Or rather it is Bernard Herrman's screeching score that resonates. Composer Herrman was a Hitchcock regular. He had a very distinctive musical style and his classic scores for Vertigo and The Man Who Knew Too Much are especially memorable. In Psycho Herrman utilised an all strings orchestra to superb effect; repeated short bursts of notes over and over again have a disquieting effect on the viewer. He described his musical arrangements for the film as 'black and white' because he wanted to reflect the stark nature of the subject matter at hand. His strident, insistent scoring for Psycho is unique and, quite frankly, unparalleled. Arguably it adds immeasurably to the success of Hitchcock's film. In the second half of Psycho, various characters descend on the Bates Motel for the denouement. Sam Loomis

and Marion's sister Lila (Vera Miles) team up to solve the mystery of the missing woman. We are not done yet with ghastly murder as Martin Balsam's private detective meets a gruesome end on a stairway. However this section of the film never really eclipses the first half. Janet Leigh's glazed and contracted eyeball in extreme close-up is a hard act to follow!

Hitchcock's film digs much deeper than most horror films in his study of the human psyche. Themes of entrapment abound. Norman and Marion are in their own individual 'private traps' scratching and clawing for a way out. Fittingly stuffed birds loom ominously large in Norman's parlour. In the early scenes of *Psycho* Norman points out to Marion that she eats 'like a bird'. The bird motif even extends to her surname — Crane. Norman Bates's own eyes are bird-like and inquisitive and he constantly chews on candy corn.

Psycho didn't just break with convention; it rattled a few sacred cows and taboos in American cinema. Janet Leigh's constant state of undress (in various brassieres) certainly raised a few eyebrows! However, Hitchcock's most revolutionary act (apart from the shower scene) was to show the flushing of a toilet for the first time ever on screen. The peeping tom voyeurism of Psycho heralded that times (as in the Dylan song) were 'a-Changin'. Hitchcock's later film, Frenzy, took this trend to extreme levels. Psycho was scandalous in the glorious way it circumvented the Hays code and got away with it!

Hitchcock's influence and legacy spawned numerous tributes, (a 1998 colour remake) homage and pastiches (Mel Brooks's *High Anxiety*). However, *Psycho* casts a long shadow. The film is a masterful example of Alfred Hitchcock's expert sleight of hand and wizardry. It was a precursor of the violent, chaotic films and real events of the turbulent 60s. *Psycho* was the event movie of its time. People queued around the block to see it. Hitchcock promoted the *Psycho* experience rather than the actors.

In tapping into the subconscious fears of the unknown (utilising themes of sexuality, violence and death), Hitchcock declared that he was 'directing (his) viewers...playing them like an organ'. Hitchcock's master stroke was to allow his audience to create what they 'thought' they saw in *Psycho*. In his film the threat is chillingly from within. Hitchcock's visceral assault on American values and the nuclear family is encapsulated in Norman Bates's blood-curdling scream – 'Mother! Oh God, mother! Blood! Blood!'

In the final analysis, *Psycho* is a scintillating and clever piece of horror cinema. Utilising various experimental elements - stunning visuals, editing, an acerbic screenplay, a hypnotic score, dead-pan humour and two superb central performances - Alfred Hitchcock constructed a masterpiece of modern angst and madness. The director dragged his bewildered audiences kicking and screaming into the 1960s. After *Psycho* entering a shower would never quite have the same fascination ever again!



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