





Keep Maynooth Working Shop Local This Christmas

It's that time again when the festive music plays and people remark on how quickly the year has gone by. We would like to encourage people to shop in Maynooth particulary in the lead up to Christmas. By doing so, people will be helping the local economy, ensuring the safety of local jobs and generating a "feel good" factor especially in the retail and hospitality sectors. This is vital now more than ever due to the difficult economic environment.

As the Christmas shopping season enters full swing attention should be focused on the goods and services available locally, and the return to the economy when buying Irish goods. The purchasing power in everyone's pockets should not be underestimated. People should look first to their local shops for Christmas presents and other supplies before going further afield. In many cases, shoppers will be surprised at the range of goods and other services available in their locality, and can save a lot of time and energy by checking these out first.

Local traders provide employment, and much of the money spent in these businesses goes straight back into the local economy. People can generally find a wide range of goods and services practically on their doorstep, and there can be a very positive impact from just switching a couple of purchases. In addition to urging people to shop local, shoppers should think about buying Irish-produced and Irish-made products, which will generate income in the economy and help to protect Irish jobs. With a wide array of shops and restaurants Maynooth is the ideal one stop town for all your needs this Christmas.

Many staff and workers employed in all the shops, restaurants and cafes, pubs and hotels, not to mention all the various other businesses are people from Maynooth and the surrounding area. By making a conscious decision to support the business community in Maynooth you are helping local businesses to continue trading to their highest possible standards, and also very importantly you are actively supporting jobs in the local area.

This publication is produced by Maynooth Community Council's Community Employment Scheme, supported by
Department of Social Protection, which is funded by the Irish Government under
the National Development Plan 2007 - 2013

Maynooth Community Council, Unit 5, Maynooth Shopping Centre, Phone & Fax 01.6285922, Email maynoothcc@eircom.net No 420



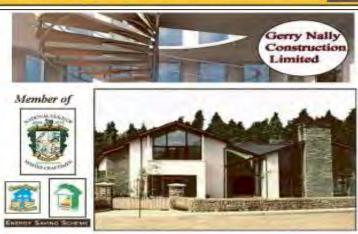


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Baked Fillet of Salmon Served with a Prawn & Dill Source

Chef's Selection of Market Fresh Vegetables and Potatoes

Baileys Cheesecake

Served with Freshly Brewed Tea or Coffee & Mince Pies

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Copydate for February Newsletter is Tuesday 21st January 2014

Maynooth Community Council Office will close on Friday 20th December 2013 - Reopening on Monday 6th January 2014

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01 6289467



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OBESITY

DOGS



Obese dogs are usually carrying 10-15% excess body weight. Obesity is most commonly seen in dogs between 5-10 years old. It is easier to determine obesity in pedigree dogs as these dogs have ideal body weights. So by weighing your dog we can classify him. Non pedigree dogs can be judged by the fat cover on their ribs, lumber region on the back and the base of the tail. Some owners bring their dogs into the Clinic worried about "lumps" on the lumber back

area, which are in fact heavy deposits of fat. When the ribs of a dog cannot be felt because of fat cover, this dog is classified as obese.

Obesity can cause your dog to be depressed, in pain, inactive, aggressive and sometimes unsocial. When the obese dog looses weight it becomes happy, social, confident and has an improved quality of life. Obesity is a disease just like heart, kidney or liver disease. It affects the dog's bones, joints, digestive organs, lungs and heart. It can shorten your dog's life. Before putting an obese dog on a

diet some health issues have to be ruled out e.g. hypothyroidism, diabetes or neutering.

In Maynooth Veterinary Clinic (01 6289467) we run a Weight Management Clinic with



a free consultation for your dog or cat. At this consult we take a full history of your pet's habits while also giving a dietary plan and support over the 5-6month period. Remember 5% weight loss is the initial challenge!

CATS

Obese cats have become more of a problem in recent years. Cats over 5kg body weight regularly come into the Clinic. Obesity in cats causes poor skin and coat condition as the cat is too heavy to groom itself. It can also cause urinary tract infections as they are not active and urinate less frequently. These cats can



also suffer from diabetes where the animal becomes immune to the effect of insulin. In the majority of cases this can be reversed by weight loss.

People usually don't realise their cat is overweight. They think he or she is happy to lie around all day sleeping with no play, no hunting or no exploring. It is only when they reduce weight that the "kitten activity" reappears!

Feeding your cat little and often, weighing out exact daily feeds, and encouraging play and activity will help them reduce weight.

9

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Maynooth Tidy Towns



Would like to wish all the readers and staff of the Maynooth Newsletter a very Happy Christmas and a Wonderful New Year.

Elsewhere in this edition you will find photographs of two

events Maynooth Tidy Towns committee were represented at, the first event was the Kildare County Council Annual Community Awards Night held in Maynooth University. This was the first time this event was held outside the Council Chamber in Naas.

The second event was held in Moynalty at a Failte Ireland National Tidy Towns Awards evening where we received our Bronze Medal from Minister Fergus O'Dowd T.D.

At time of writing we are planning to hold a Thank You Evening in late November for all the wonderful volunteers who have helped us during the year.

At this time of year we ask you to recycle your Bottles



and Cans in the following locations: **Tesco**, **Aldi & Supervalu**. Please bring home your boxes and bags from the bottle banks in the shopping centres.

If you have any electrical items for recycling WEE Ireland will be in Tesco Maynooth Car park on the 29th March 2014. If you are buying a Christmas Tree this year you can help

Maynooth Tidy Towns by purchasing one locally from Jim Doyle who will be selling Christmas Trees adjacent to the Garda Station in Buckley's yard.

In January Christmas Trees can be recycled in the Council Yard courtesy of the Environment section Kildare County Council.



Finally, thank you to Committee Members, Volunteers, Business Supporters and anyone else who helped us during this historic year for Maynooth Tidy Towns.

RICHARD FARRELL PRO MAYNOOTH TIDY TOWNS 0873153189











Vet Appointments available 10am - 4pm on Saturdays from November 2013!

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Carton Veterinary Clinic is a veterinary clinic for pets open since February 2012 in Carton Park (Tesco) Shopping Centre Maynooth. We provide a wide range of Veterinary Services:



























The photograph above was found in a box of books that came from a house in the Kingsbry area of Maynooth. Should anyone wish to claim this and a number of other family type photo's please contact the Maynooth Newsletter Office on 01-6285922 or e-mail maynoothcc@eircom.net. Or contact Josephine Moore of The Maynooth Senior Citizens Committee on 0879002296

Maynooth Senior Citizens Committee

Our annual sale of work this year took place on Sunday 17th November, and what a successful day that was. The amount raised was €11,120. The community of Maynooth is just the gift that keeps on giving. There are more and more organisations pulling at the purse strings than ever before and yet you continue to support us You have been doing that now for forty eight years and we do appreciate it. Many, many thanks one and all.

Thank you also to our sponsors; Barton's Transport, Seán Donovan Frank Walsh, Willie Kiernan, Thornton's Recycling, St. Patrick's College, and not forgetting our scouts and other young people who give us the benefit of their youth and energy on the day

Many thanks to SuperValu, Manor Mills and Tesco who facilitated our ticket selling for our Christmas Draw. Congratulations to all who won prizes on the day especially the winners in the big draw Nadine Foley (Monster Hamper) James Drennan Mallon (€00) Emer Mooney (€100) Ross Kavanagh (TV Combi) Isobel Lavraghy (Portable DVD).

Our next event will be our Christmas Shopping/Party night on Wednesday 4th December, courtesy of SuperValu and our final even for 2013 will be our Christmas dinner on 8th December at 4pm in the Glenroyal Hotel.

All that is left for me to say now, is that I hope each and every one of you have a very happy and peaceful Christmas and that you are rewarded for your kindness and generosity.

Josephine Moore Chairperson



December Gardening



While it is the winter, there are still jobs to do in the garden. Carry of digeing over beds and borders and incorporate organic matter as you can in preparation for spring. Clear paths off moss and lichen, treat timber with preservative, repair fences, check sheds and walls. Clean and repair your garden tools in preparation for the spring. Now is the time to get the lawsmower serviced too. In general clear up the debris from the



garden. Take care not to let leaves accumulate around alpines as they will die if left

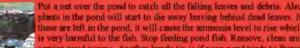
Time to plant bare rooted deciduous hedging. Beech and hombeam both keep their leaves over the winter so they are great for accening. Hawthorn is perfect for a natural almost impenetrable barrier. Prepare your trench, at least a week before planting to give the soil a chance to

sour trener, is pean a week country in the ground is frozen or wet. Avoid walking on tawns especially when its wet and frozen otherwise you could damage the lawn tawns especially when its wet and frozen otherwise you could damage the lawn Order your seeds for next year. Constantly check all climbing plants, making sure that their sterns are securely tied in

rune apple and pear tress that are growing in the open, don't prune ordons, fans or espatiers. Gooseberries and all the currents can b runed as well. Make sure that all the fruit is pruned so that there i pen space between all the branches. Continue to harvest brussel



sprouts by taking the largest lower sprouts first as this will ensure they
go on cropping. Pot up some herb plants and bring into the kitchen to save going
outside in bad weather. If you crave some colour for your garden plant some winter oursies and primroses in hanging baskets or window boxes



is very harmful to the fish. Stop feeding pond fish. Remove, clean and service pond pumps. Another handy to is if your pond tends to freeze that ball in the pond, that way if it does freeze the hall will prevent it from reczing over completely enabling the fish to breathe



January Gardening

Sow sweet peas under cover to give you a head start in the spi Pick over pansies and violas, removing leaves with mildew or b oots on them. Carry on with pruning apple and pear trees, red a thite currants and gooseberries. Keep the centre of the tree or bu pen so that it gets the maximum amount of light and allows air to irculate freely. Check all ties and stakes to ensure they are not broken



Come the end of the month add organic fertiliser to your finis trees and shubs, remove any match and feed around the roots, water and receive the match. Harvest look upwards), carrots, paratips and winter cabbages. Sow early crops

such as radishes, bestroot, spirach, letture in seed trays in a preenhouse or turnel. Start chitting out potatoes as early varieties will be planted in turnel. Plan your vegetable crop rotations for the upcoming season. Unifortunately ome weeds survive over the winter so hoe away before they leap into action in the

Recycle your Christmas tree by shredding it for mulch. Ventilate the greenhouse on surmy days. Plant lify bulbs in pots and in borders furing mild spells. Fireplace askes should be saved to use a fertilizer for your fris and other alkaline soil plants. Bulbs such as tulips can



still be planted as long as they are firm and mould free. Plant roses but don't plant them where roses were previously grown as this can lead to problem ith replant diseases. Check that the heaters in the greenhouse are working and check that the insulation is still secure. Clear leaves and twigs from gattering or greenhouses and sheds. Don't forget to feed the birds and wildlife that visit you

He who plants a garden, plants happiness!





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Maynooth Christmas Craft Fair

Sunday, 8th December 11-3pm Gaelscoil Ui Fhiaich, Celbridge Road, Maynooth



Vendors: Candles - Cakes - Cookies - Wreaths - Flowers - Croche

Knitting - Books - Jewellery Personalised Ornaments

Kids Area: Face Painting - Arts and Crafts, Cookie Decorating - Festive Café - Raffle and Spot Prizes

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A Story of Christmas Past

This is a true story. It happened in an orphanage around Christmas time, in the late nineteen forties. The reason why I was in an orphanage was, my mother had died when I was four years old. Three older siblings were sent to different orphanages. Visiting was allowed on one Sunday of every month. This was not one of those Sundays.

It was a cold December Sunday in the playground. Six hundred children in the orphanage were playing in groups or on their own, running around, screaming and shouting. It was the sound of childish freedom. However, all this was due to change in a moment. In the midst of all this noise an older boy grabbed a hold of my arm. "The Sister (nun) wants to see you," he said. Pulling me by the arm, he dragged me across the yard of loud youthful noise to where the Sister was standing. She told me to follow her. We walked along corridor after corridor of the large Georgian building towards the main entrance of the orphanage. "You have a visitor," she said. During this journey from the yard to the main building I was silent. The Sister however, was giving me instructions as to how I should behave towards my

"Don't do this, don't do that? You are going to meet your Father", she said.'

"What is a Father?" I said to myself.

We arrived at the reception hall. It was decorated in lime green painted walls, which highlighted the large gilded framed pictures that hung from the picture rails. Dark pieces of mahogany furniture stood to attention on the herringbone-design wooden floor. Then I saw him! Standing near the door, which was framed in stained glass, stood a man dressed in a long crombie overcoat, white shirt and tie and holding a fedora style hat in his hand. All was quiet for a few moments. Then the Sister said to me "this is your Father", before she abruptly left the room. So that is what his name is, "Your Father," I said to myself. After all the times that we had met, I never knew his name

At that moment this did not concern me. What did concern me however, was, the parcel wrapped in Christmas paper that he held in his hand. He handed me the parcel. I quickly ripped off the paper. What I saw next took my breath away. It was a large train-engine Even with the passing of sixty years I can still describe it today. It was about twelve inches in length, four inches wide, and five or six inches in height. It had six large black wheels and a black chimneystack. The body of the engine was painted red and green, with painted strips of gold that separated the two colours. It was made of strong tin metal. My Father said to me, "this is for you, for Christmas"

If more words were spoken, I can't remember. I was lost in the moment, a moment of supreme joy that has remained in my conscious memory all my life, since that

I have no recollection as to what happened after that visit by my Father, or where the train-engine disappeared too. I can only guess that it ended up in the huge press in the long room. This long room was on the ground floor of a tall four-story building. This huge press contained toys of all descriptions. I can only assume that at some time in the past these toys belonged to other boys who were residents of the orphanage.

I left the orphanage when I was ten years old. I discovered then that the man who gave me the trainengine was in fact my Father. Sadly he died six years later, when I was sixteen. I have many fond memories of my Father in the short time that I knew him. One lasting memory I will always have of him is of the surprise visit on that December day a long time ago. Though sixty years have passed, I will never forget the moment of joy when a person who I saw as a stranger came to visit me, and gave me a Christmas present. Which in time, I saw as a gift from my Father to his son.

Hugh Hendrick

Community Council Notes

Maynooth Community Council Meeting took place on 11 November 2014 Glenroval Hotel

Community Space update

Negotiations are ongoing. It will be finalised in the next week or so. An email will go out to all organisations to inform them when opened

Financial situation

The financial situation requires close scrutiny and careful planning. Although there are more workers in the office there are increased costs related to that which presents a heavy draw on funds.

Additional fundraising efforts (apart from the Newsletter) need to be considered and put in place. It was noted that the present financial situation was also due to timing and end of year turnaround with the Department of Social Protection

Maynooth Students Union update

Ben Finnegan, President Maynooth Students Union -Addressed the meeting

"A major aim of mine as Students' Union President this year is to integrate the students of Maynooth with the local community.

As such, I have arranged for a number of studentcommunity initiatives. On top of this, we are currently facilitating an employee of the An Tus backto -employment scheme, of whom we have designated the administrative work of all of our community engagement projects.

On the week of the 2nd of December we will be launching a major community project. For two hours every day that week we will have a different society providing social entertainment and cultural performances to residents of the local TLC nursing home. Performances range from music and gospel to chess and poker. We even have the tea society on board who are simply volunteering to chat and engage with some of the community's older residents, many of whom have very little daily interactions with people other than nursing staff.

On this week not only will be reaching out to the senior citizens of Maynooth, we will also be arranging for a GAA blitz for all primary school 3rd and 4th classes, in aid of our Charity SOSAD. I have arranged for some of our GAA stars to help organise and manage the different teams in the blitz. We have also arranged for the two All- Ireland trophies to be there on the day and all of the kids will get opportunities for photos and autographs from our County players. Both these events are offering ideal chances for Maynooth residents, young and old, to connect with the student body and for they themselves to get a taste of 'The Maynooth Experience'.

As such I would like to invite you to our Community Engagement Launch which will be held on Wednesday the 4th of December. We will be launching our Community engagement initiative and will be inviting all members of local community bodies, politicians and businesses. I believe that it is of imperative importance for both MSU and the University to be well represented at this event as it will be highlighting everybody's intent and interest in making greater connections between college and town. The event itself will be held in the Students Union at 7pm where tea, coffee and mince pies will be made available to all. There will also be a short presentation from myself and our An Tus employee on the importance of our projects to date and future plans and opportunities that we can implement. As part of Mental Health Week there will be a Please

Talk Remembrance Walk in memory of those who lost their lives through Suicide.

It will take place on Wed. Nov. 13th, leaving the South Campus Gates at 6pm across campus to the "Talking

Tent" outside John Hume if you wish to come along. The keynote speaker is Mr. Gerry Raleigh, Head of the National Office for Suicide Prevention with music from the NUIM Gospel Choir, refreshments to follow talk." The MSU's initiatives under Ben Finnegan's presidency were commended by members of the Council and the hope was expressed that links established between the MSU and Maynooth Community would be sustained by future MSU presidents.

Maynooth History Group

The OPW/Geraldine Castle requested a list of events for 2014. The History Group will be meeting to draw up a plan on November 22nd. It was noted that the Castle would be required for the Maynooth Festival in June It was agreed that MCC should write letter of support to the OPW to follow up on a proposal that local history groups could offer tours of the Castle to the public. It was noted that the Castle is closed from October to May and this time could possibly be extended by volunteer guides.

The Morpeth Roll, NUI Maynooth Library The Morpeth Roll- The Long Goodbye' containing c. 160,000 signatures which were gathered throughout Ireland in 1841 and in which the Duke of Leinster was involved is back in Maynooth. The signatures of members of the parishes of Maynooth and Kilcock are on display and open to the public to view during library opening hours. The exhibition ends 29 November. The parishes of Maynooth and Kilcock are on display and would be of particular interest to long established local families. A short video on the Roll on the History Department site on the NUI Maynooth website is very informative.

Scouts

Venturers are going to Glendalough and Lough Dan, Co. Wicklow. Cubs are doing a hike. Scouts will be helping with the Senior Citizens Sale of Work on Sunday 17th November. There will be a visit to Kerdiffstown House. Work on the Geraldine Hall is ongoing. The Bethlehem peace of light will be going ahead again this Christmas.

Senior Citizens

An enjoyable Halloween Party was had by all. They had the Annual Tony Smith Walk organised by the Labour Party raised c. €7.500. Maynooth Senior Citizens descended on the Dáil on 22 October in protest against attacks on Senior Citizens in the Budget 2014. Focus is on the Sale of Work next week which is the main fundraiser for the group. There will be the annual Christmas shopping night in Supervalu on 4th December and there will be a Christmas lunch on the 8th December which will close the year's activities.

Educate Together

The school had their Halloween walk in the grounds of the University and had their fourth Thriller performance. They had a very successful cake sale, which was a great social night and raised €2,500. The extension in the school is being finished off and the sensory room has been kitted out

Secondary School update

Planning permission for the second level schools was sent in last week. Once this is passed a mid-term board of management and an overarching governing board will be selected. Colm Ó Cearúil expressed his support for the plans for the schools which will be sharing resources and hoped that the Ionad would be allowed to growth within this first class facility. He drew attention to the recent Chief Inspector's Report on the poor performances in Maths and Irish. Sean Griffin pointed out that Maths in the Maynooth Post Primary was 34% way above the national average of 17% and was also far ahead of the

national average in Irish. SG requested that it be noted for clarification that Maynooth Post Primary School will continue to be there and that it is not been replaced in the new proposals.

Road planning around the new schools area was brought up. A new entrance will be designed. At the moment priority is given to the Kilcock Road and that a change in this will need to be considered as part of the planning process. There is constant movement of traffic on the Movglare Road and will increase with the new school. It was stated that all planning included traffic planning as well.

Tidy Towns

The Saturday and Sunday clean up is going well with more people now involved. Kildare County Council hosted prize giving in the College last week. Mattie Callaghan travelled to Moynalty, Co. Meath to receive a bronze medal and scroll on behalf of Maynooth Tidy Towns. The scroll will be framed and a decision will be made as to its display, at their meeting next Thursday, Paul Croghan added that 2013 was a very successful year with many groups helping out and expressed the hope that this support would continue and that Kildare County Council's provision of new people will also considerable addition to the Tidy Town efforts. Chewing gum is now being removed from the streets. It was noted that while the town is looking very good except for the appearance of Buckley Lodge outside the college gates. Thanks expressed to Kildare County Council.

Other reports

Maynooth Text Alert

Naoise Ó Cearúil reported Maynooth Text Alert is looking for new members. Residents have been contacted.

Christmas Lights

The Maynooth Business Association and the Students' Union will be helping to put up the Christmas lights over the next couple of days.

Paul Croghan noted that motorists are still turning at Carton Court on the Straffan Road to enter traffic going towards the M50.

What's in a name – Farrell's Bridge...? Senan Griffin reported The bridge (locally know as Farrell's Bridge) and the green area in front of the college gates do not appears not to have an official name in documentation. The meeting was asked to consider appropriate names for these locations. Farrell's Bridge can be kept but it needs to be submitted to the civil authorities. Once the name is decided it should be put on the bridge. If anyone knows of any documentary evidence for the names of these areas, please contact Senan Griffin. The Maynooth Historic Towns Atlas has already been checked. It was suggested that the official names could be launched at the Maynooth Festival.

Other non meeting news

Vanishing Art Exhibition – It was with great pleasure that many people visited the Vanishing Art Exhibition at Carton over the last few weeks. Local man Ken Folan has to be commended for his work in curating and setting the exhibition in Maynooth. Ken organised it from beginning to end including the production of a quality catalogue. He distributed Information leaflets (map included) to all houses in the locality. The idea came from his time in Australia where a similar but large scale exhibition took place on an annual basis and which attracted large numbers of viewers. The mainly outdoor exhibition was a delight with pieces represented from both professional artists and hobbyists. Ken hopes to continue with the event on an annual basis. Thanks to Carton House for facilitating the event.



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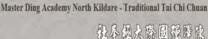


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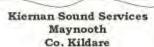
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Know Your Rights A: The P60 tax certificate 2013

Ouestion

My employer says I will get a P60 in January. What is this?

Answer

A P60 is the tax certificate you receive from your employer at the end of each tax year. Its full title is 'Certificate of Pay, Tax, Pay-Related Social Insurance, Universal Social Charge and Local Property Tax'.

The P60 is an important document. It states your pay during the year, the tax you paid and other deductions such as PRSI and Universal Social Charge. The P60 now also includes a record of Local Property Tax (LPT) paid, if you opt to have LPT deducted at source from your earnings.

If you need to claim a social welfare benefit you must give a P60 to the Department of Social Protection as evidence of how many PRSI contributions you paid in the year. You may also be required to provide a P60 as proof of your income, for example, if you are making a bank loan or mortgage application, if you are applying for social welfare payments or if you are applying for a student

Your employer should give you your P60 for the previous tax year by 15 February of the following year. If your employer does not give you a P60 you should contact your local tax office. Revenue can contact your employer to obtain your P60 for you. Only an employer can issue a P60. However, Revenue can provide you with details of the pay and tax for the year in question as returned by your employer, which Revenue has on file.

If you stopped working for an employer before 31 December of the tax year you do not get a P60. You should get a P45 instead.

Know Your Rights B: Home Renovation Incentive

Question

I need to carry out some house repairs. What is the new scheme for home renovation that was announced in Budget 2014?

Answer

The Home Renovation Incentive (HRI) is a new scheme that enables homeowners to claim tax relief on repairs, renovations or improvement work carried out on their homes. The incentive will be paid in the form of a tax credit at 13.5% of qualifying expenditure, which can be set against your income tax over 2 years. You must be paying income tax under PAYE or self-assessment - to avail of the incentive. You must also be up to date with your Local Property Tax obligations.

Any contractor you use must be registered for Value Added Tax (VAT) in Ireland and be tax-compliant. If several contractors, such as a builder, a plumber

and an electrician, carry out qualifying work on your home, you can combine the cost of the works to make up the minimum qualifying expenditure of €5,000 excluding VAT at 13.5%. (The maximum qualifying expenditure is €30,000 excluding VAT at

Repair, renovation or improvement work subject to VAT at 13.5% all qualify for the HRI, including extensions, garages and attic conversions; the supply and fitting of kitchens, bathrooms and built-in wardrobes; fitting of windows; plumbing, tiling, rewiring and plastering. Work subject to VAT at 23% (such as architect's fees) is not covered. Neither are items such as furniture, white goods or carpets

The work must be carried out and paid for between 25 October 2013 and 31 December 2015. Qualifying work between 25 October 2013 and 31 December 2013 will be treated as if it was carried out and paid for in 2014. In general, the tax credit will be payable over the 2 years following the year in which the work is carried out and paid for. If you are a PAYE taxpayer, the amount of the allowable credit will be included in your annual Tax Credit Certificates. If you are a self-assessment taxpayer, it will be incorporated into your tax assessment.

Know Your Rights C: Opening a bank account

Ouestion

I have recently moved to Ireland. However, I don't have any utility bills yet and I want to open a bank account. How can I satisfy the bank as to my identity?

Answer

Before you open an account with a financial institution, they have to establish your identity and verify your address. This requirement is set down in anti-money laundering legislation. Financial institutions include banks, building societies and credit unions.

You can prove your identity with one of the following:

- A valid passport or current Irish driving licence
- A National Age Card (issued by An Garda Síochána)
- An identification form with a photograph signed by a member of An Garda Síochána
- Documents issued by government departments showing your name, for example, a Public Services Card

You can provide evidence of your address with one of the following (which must show your address): A current utility bill (such as a gas, electricity or telephone or mobile phone bill)

A current car or home insurance policy A document issued by a government department A certificate of tax credits issued by the Revenue Commissioners

A current balancing statement ('Form P21') or a C2 certificate from the Revenue Commissioners A social insurance document

Note that you cannot use the same document to prove your identity and your address. Alternatively, you can provide a letter from your employer or licensed employment agency stating that you have recently arrived in Ireland and have started work but cannot yet provide evidence of your Irish address (you will have to provide evidence of your address at a later date). If you open an account that pays interest on your money, you also need to supply your PPS (Personal Public Service) number. If you do not have a PPS number, you can contact your local social welfare office for information on how to apply

Know Your Rights D: PRSI on unearned income

Question

I understand that 'unearned income' such as rents, investments, dividends and interest on deposits will be liable for PRSI from 2014. I am employed and also have a small income from interest on savings. Will I have to pay PRSI on this?

It depends on how much income you get from your savings and on your age. People under 16 and over 66 remain exempt from PRSI and are not liable for the new charge.

You have to pay PRSI on the interest on your savings if you are what Revenue considers a 'chargeable person'. Employees and occupational pensioners (under 66) with additional unearned income of over €3,174 are considered 'chargeable persons' and are liable for the new 4% PRSI charge. They will pay the charge under Revenue's selfassessment system (Pay and File).

You are not a 'chargeable person' and you do not have to pay PRSI if your additional income from non-PAYE sources is less than €3,174 and is taxed under the PAYE system. Generally such income is taxed by reducing a person's tax credits to account for any tax payable.

Deposit Interest Retention Tax (DIRT) is a final liability for income tax purposes. This means that if DIRT has been paid on your deposit interest you are not liable to pay further tax on this income. However if you are a chargeable person PRSI is payable on such deposit interest.

If you are liable for PRSI on your additional unearned income you will pay PRSI at Class K. This class does not entitle you to any social insurance benefits. People whose only income is unearned income will continue to pay Class S PRSI on this income as before and are entitled to some social insurance benefits.

Further information is available on welfare.ie and from the Citizens Information Centre below.

Information is also available online at citizensinformation ie and from the Citizens Information Phone Service, 0761 07 4000.

Maynooth Newsletter Editorial

As we go to print the Troika will officially leave our shores and technically Éire will be a sovereign state again. But will we, or any other European country, ever be entirely sovereign again with Europe watching budgets in all its states? We can only wait and see. It is unlikely that there will be any great fanfare as they leave but the country can have some pride in the fact that we have finished with the

The next year, 2014, marks the 1000th anniversary of the most famous of early Irish battles, the Battle of Clontarf. More on that as the year progresses and the Newsletter editorials will contain some information on the main players in this ground-breaking event that had a major influence on the formation of medieval Ireland. There are many myths surrounding this battle and as history is not exactly a priority in the Irish education system, children seldom hear the true events and adults know very little about the reality of their early history. It is disappointing that Minister Ouinn does not seem to rate History as an important subject for the Leaving Certificate either.

November has been a month of anniversaries. The 22nd marked the assassination of President Kennedy of course and there is not an Irish person who was over 7 or 8 years of age who do not remember exactly where they were on that inauspicious evening. After his visit to Ireland in the previous June he had made a most extraordinary impact everywhere he went. He had been to Ireland before of course as a young boy but his victorious return as a young, Catholic president accompanied by the so-called 'Irish Mafia' was a turning point in the minds of many young people. He was a bright shining beacon whose family was symbol of what was possible for a poor Irish family when they went to America. He opened up unbelievable possibilities for so many Irish teenagers. The shock of seeing him shot into Jackie's lap live on television was another turning point - from now on most events of this kind would be played out in public and never would a President of the USA be allowed to drive around so freely. There was an unwritten and unspoken threat forever afterwards. The conspiracy theories still continue, the media has been full of the story and books still appear on the topic. It does appear that this mysterious murder will be discussed for the next 50 years as well.

November 23rd marked the 50th anniversary of another mysterious figure - the BBC's creation Doctor Who and there has been a lot of talk about this entirely fictional figure as well with the TV in particular celebrating on many different programmes and then with the anniversary episode that brought a number of different doctors together for the first time. Although aimed at children initially and primarily, it has a strong cult following of dedicated adults who follow the series.

The arguments and disagreements about the make up and the location of the new Post-Primary Schools continue unabated in Maynooth. The Newsletter tried to bring this issue to the attention of the public over a long period of time. There were editorials and letters produced and indeed reproduced but it made very little impact that the time. There is an open letter to Ruairí Quinn, the Minister for Education, in this publication and the topic seems set to rumble on and on into the future. The good news of an extra school to house the growing youthful population of the town and surrounding areas is being lost in the controversy.

Maynooth is a vibrant, growing town and there is a general baby boom in the country and there will a huge demand for primary and post-primary schools in many of the urbanised areas over the next 20 years.

The news of the imprisonment of three women, one of whom is Irish, is breaking as we go to print. There is general shock and horror that this could happen in a busy London street in full view of the neighbours. But in these busy days how much do people really know about the people who live around them? And could this happen in Ireland where we pride ourselves on being friendly and neighbourly? With modern apartment living it is perhaps more likely that people no longer know each other as they used to in the past. With the stories of mistreatment of children in particular in Ireland, people should be aware and watchful as we do

not have a good track record in sympathy, empathy or

The Newsletter would like to take this opportunity to wish all of readers a happy and peaceful Christmas and New Year. Ba mhaith linne anseo san Nuachtlitir to mbeidh Nollaig and Bliain Nua shona ag gach éinne atá bainteach linn. Tá súil againn go mbeidh an bhliain seo chugainn níos fearr ná an ceann a chuaigh thart anois agus Troika imithe, go hoifigiúil ar aon

Tá fáilte roimh litreacha agus altanna ó'n bpobal to dtí'n Nuachtlitir. We would like to remind our readers again that we welcome letters and articles to the

Muireann Ni Bhrolchain

Letters to the Editor

An Open Letter to Minister Quinn

November 19th 2013

Dear Minister Quinn,

I write to you on behalf of The Maynooth Schools Group delegation, who met with you on May 29th 2013. We are now seeking clarification from you on a number of issues in relation to the New Schools Project in

Firstly, is the letter, which was addressed to Deputy Stagg and presented to us on September 25th 2013, your official response to us?. If this is the case, would you please answers to the following related questions:

- 1. Was, the *Dr Gerry Jeffers report, commissioned by the VEC, taken into consideration, particularly the postscript?
- 2. Did you read the presentation made by this Maynooth Schools Group delegation?
- 3. Was the Patron's view of the Junior/Senior Schools concept taken into account?

Why were the parents/guardians not surveyed on the change of ethos of Maynooth Post Primary school? The parent bodies are now very concerned and indeed extremely annoyed that the parents' stated and documented parental preference has been completely ignored. Parents and guardians believe your decision, to use the buildings as 'two separate fully vertical schools' will divide the community of Maynooth and has generated calls for a boycott of the new school.

We, in our presentation outlined very clearly the advantages of the Junior/Senior concept. Yet, neither you nor your Department have at any stage since our meeting with you, responded to the parent body and explained to them the disadvantages of this concept or given the reasons why it is an unacceptable proposal. Also, nowhere in the letter to Deputy Stagg have you or any other body set out the reasons for your preference for two vertical schools as opposed to the Junior/Senior concept. Instead your letter went on to explain elaborately how your preference for two vertical schools would be organised. This approach is very much at variance with your stated position when you announced your new school building programme " parental preference should be at the heart of considerations about the type of school to be organised " This cosy sound-bite is obviously for public consumption but not for implementation.

At our most recent meeting, our group considered organising a ballot of the parents/guardians on the Junior/ Senior concept and on the question of ethos. We would appreciate any guidelines in conducting this, which would guarantee its viability and acceptance by your Department of Education and Skills.

It is still not too late to do the right thing on mature reflection and give the parents of Maynooth their preferred choice. Enrolment for both schools is now being processed so an early reply would be greatly appreciated or we would be glad to meet with you at your earliest convenience.

Yours Sincerely,

Teresa Murray

Chairperson of The Maynooth Schools Group

*Co Kildare VEC invited Dr Gerry Jeffers PhD, Education Department, NUI Maynooth. as an independent consultant, to engage with various stakeholders and report on the views associated with the proposed

http://www.maynoothcampus.kildarevec.ie/uploads/1/2/0/1/12012149/msp_interim_report-2.pdf

(The letter above which is published in the interest of public information does not reflect the views of Maynooth Community Council or the Maynooth Newsletter)





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Maynooth Town Football Club - Weekly Lotto Results 2013							
W/End	Numbers	Jackpot	3 x €35 Winners				
01-Sep	5,8,9,18	€2,700	Gina Folan - Colette Kavanagh - Jenny Sutton				
08-Sep	1,6,16,19	€2,750	Patsy Leavy - Liam Curley - Terry Hinds				
15-Sep	5,8,12,24	€2,800	Aidan Dempsey - Aisling & Liam - Caroline Mc Cabe				
22-Sep	1,7,10,17	€2,850	B, J & D Penny - A & M Murnane - Martin O' Grady				
29-Sep	6,13,16,17	€2,900	Michele Hever - Austin Duffy - Ger Nugent				
06-Oct	11,18,20,21	€2,950	Finn Geraghty - May Mahoney - Siobhan Millar				
13-Oct	11,14,17,28	€3,000	Tess & Derek - Mary Mc Grath - C & A Mallaghan				
20-Oct	2,8,14,20	€3,050	Keith Farrell - Gerard Hynes - Conor Cleary				
27-Oct	2,5,12,21	€3,100	Anne Wall - Joanna Carroll - Oisin Geoghan				
03-Nov	3,4,13,22	€3,150	Mick Mc Govern - Dave Vavasour - Eugene Doddy				
10-Nov	16,17,22,26	€3,200	Lauren Murphy - Aidan & Siobhan O Brien - Lorraine Dunne				
17-Nov	1,5,25,28	€3,250	Jane Strickland - Marie Kilcullen - Akisha Craig				

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	Premier 1 Saturday												
		Team	Р	W	D	L	F	Α	GD	Pts			
1	Maynoo	th Town	9	9	0	0	26	10	16	27			
2	Coleparl	k United	8	7	0	1	31	7	24	21			
3	Inchicor	e Athletic FC	12	6	2	4	26	24	2	20			
4	Booth R	oad Celtic	8	6	1	1	23	11	12	19			
5	Ballyouls	ster United FC	12	4	4	4	29	25	4	16			
6	Laytown	United	9	4	3	2	25	14	11	15			
7	Palmers	stown FC 11 4 2 5 26			24	2	14						
8	Lorcan (11	4	2	5	19	25	-6	14				
9	Pegasus	10	1	3	6	17	30	-13	6				
10	Orwell F	C	8	0	1	7	9	23	-14	1			
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		Orwell FC			1:2	M	Maynooth Town						
07	/09/2013	Maynooth Town			4:2	В	Booth Road Celtic						
		Eblana FC			0:2 Maynooth Town								
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	Major Sunday												
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┨	4	Maynoo	th Town	7	5	0	2	11	4	7	15		
+	5	Tullamo	re Town	9	4	3	2	15	12	3	15		
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Happy Christmas & A Peaceful New Year To All From Maynooth Town FC





Christmas Traditional Recipes



Traditional Christmas Roast Turkey

Tips: If using a frozen turkey follow the instructions very carefully on the wrapper. It is important to allow plenty of time for thawing.

Allow 20 minutes per 1th or 45 minutes per kg and 20 minutes over.

Ingredients: For the Turkey 50z margarine (softened), 6-8 tablespoons of oil.

To flavour body cavity. salt & pepper, 1 sprig of thyme & parsley, 1 oz of margarine. To stuff breast use your choice of stuffing

Over Temperature: Pre-heat to Gas Mark 7/220°C for the first bull hour than reduce to Gas Mark 4/180°C for the remaining time.

Method: Remove any loose fat then check inside the body cavity to make sure it is well cleaned. Season the cavity with salt and pepper, then place the herbs and 1 oz of margarine to add flavour. Free the skin gently from the breast by working your hand down under the skin, from the neck end. Fill it with the stuffing immediately prior to cooking Don't pack it too tightly. When done, allower the neck. Cover the breast and legs with the softened margarine and season all over with the salt and peoper. Heat the oil in a large roasting tin in the oven. Place the burkey in the tin and baste with the hot oil. Roast at the high temperature for the first half hour, then reduce the heat for the remaining cooking time. Cover with foil at this stage. Don't forget to baste frequently during cooking, furning the tin around in the over to ensure even cooking. Half an hour before the end of cooking time, test by piercing the thickest part of the leg, the juices should run clear and golden. There should be brown turkey juice in the pan. If not continue cooking until you are satisfied the turkey is cooked fully. For a crispy skin remove the foil for the last half an hour. When cooked, remove the turkey to a heated dish and leave for at least 20-30 minutes to relax and firm up.

Roast Goose

Tip: Allow 1 lb (450g) cooked weight per person.

Method: Out the goose and singe off the pin feathers and down if necessary. Season the cavity with salt and pepper. Rub a little salt into the skin. ituff the goose loosely and roast for 2 hours in a prehested moderate oven, 180°C'350°F. Prick the thigh at the thickest part, the juices that run out should be clear. If they are still pink, the goose needs a little longer to cook. When cooked, remove the goose to a serving dish and allow to rest for a few minutes



Spiced Beef

Ingredients: Lean flap of beef or silverside 3 - 4 lbs would serve 12-16 people.

For the spice: 8oz Demerara sugar, 12oz sait, 16oz saltpetre (available from the chemists), 3oz whole black pepper, 3oz whole allspice & 3oz whole juniper berries

Grind all the ingredients in a food processor until fairly fine. If you are using flank of beef, remove all the bones and trim away any immecessary fat. Kub the spice well over the beef and into every crevice. But into an earthenware dish and leave in a fridge or cold larder for 3-7 days

furning occasionally. Just before cooking, rall and tie the joint neatly with cotton string into a compact shape, cover with cold water and simmer for 2-3 hours or until soft and cooked. When cooked let it rest for a few minutes.

Glaved Ham

Allow 20 minutes to 1 lb for hum and 15 minutes for a loin of bucon.

Ingredients: 1 piece of fresh or lightly smoked ham 10-12lbs, 1 small tin of pineapple (use about 1/2 cup of the juice), 12oz brown Demerses augur 60-80 whole cloves or as much cloves as you like

If the ham is salty, soak it in cold water overnight, next day diseard the water. Cover the ham with fresh cold water and bring it slowly to the boil. If the mest is still salty, change the water a few times until there is no white from on the top. On the last boil, turn heat down and let to summer until it is almost cooked. Peel off the rind, cut the fat into a diamond partern and stud each diamond with a clove. Blend the brown sugar to a paste with a little pineapple juice. Just be careful not to put in too much. Spread this over the ham. Bake in a hot oven 250°C/S00°F for 20 minutes or until the top has caramelised. While it is glazing, baste regularly with the syrup and prices

Wild Mushroom Stroganoff with Herb Crunb Topping (vegetarian)

Ingredients: 675g potatoes, peeled & out into chunks: 150ml milk or says milk, 1 (top mixed fresh herbs, finely chopped, 40g butter or margarine, 450 assorted white mushrooms, roughly chopped, 2 cloves gastic, crushed, 150ml double cream, 50g fresh white breadcrumbs, 2 (top fresh herbs, finely chopped, salt & ground black pepper to taste.

Method: Boil or seam the potatoes until tender. Drain and return to the pan. Heat the milk, pour over the potatoes and mash well. Stir in the herby and season to taste. Melt 15g butter or margarine in a pan. Add mustarooms and garlic and cook gently for 5 minutes. Stir in the cream, season to taste then heat gently and cover and keep warm. Melt the remaining 25g of butter or margarine in a pan and stir in the breadenumbs, herbs and season to taste. To assemble, serve individually by placing equal portions of the mashed potato on each plate. Spoon the mushroom sauce over the top and finish with the topping. Teast under a hot grill until golden brown.

Mulled Red Wine (Serves 8)

Ingredients: 1 bottle of good red wine. 4oz sugar, thinly-pered rind of 1 lemon, a small piece of cinsumon bark, a blade of mace and 1 clove.

Method: Put the sugar into a stainless steel or cast-iron sourcean, pour the wine-over, add the femon rind, circummon bark, mace and the clove. Heat allowly stirring to make sure the sugar is dissolved. When it is not but not scalding serve in glasses with a wedge of lemon in each one.



Ingradients: 1 measure Irish Whiskey, % measure Kalilna (optional), 5 measures hot black coffee, 1% measure whipped cream and sugar

Method: Warm glass first. Add coffee and liquors to glass and sweeten to taste. Gently float the cream on top.



Baileys Milk Shake

Ingredients: 1% measure Baileys, I measure white rum, 7/ measure Kahlua, 3 inblespoons vanilla ice-cream and 1 measure whipped cream. Some crushed ice. Method: Blend briefly with half a glassful of crushed ice, float the whipped cream on top. Garnish: cherry on a stick, add straws































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The Gatehouse A Choice Menu and a Beautiful Castle View



The Gatehouse is a new restaurant in Maynooth, which brings a multi-cultural approach and a continental flavour to the table. Alan O' Regan is the owner of this restaurant and has many years catering experience and has ran an award winning restaurant in Dublin after a number of years working in the hospitality trade throughout Europe, Canada and Australia.

st beside the castle, it is ideally situated and only a short walk away from a spacious car-park, which is next to the harbour. This restaurant can seat up to forty diners at a time and the friendly and professional staff are on hand and ready to cater for large or small events or for that cosy intimate dining experience with a loved one. Along with creating employment for 18 people Alan also sources his produce from local suppliers where possible. The core concepts which underpin Alan's style of catering is quite simply, quality ingredients which are as locally sourced where possible and used with

passion and creativity to bring a sense of excellence to every dining experience at affordable prices. There is a wide range of wines on offer and once again these are available at very reasonable prices whether the customer decides to order by the bottle or by the glass. The Gatehouse Café & Restaurant s open seven days a week for breakfast, lunch and dinner and an early bird menu from Monday to



Saturday and all day Sunday. There is also the authentic stone-baked pizza available which is derived from such quality ingredients as De Cecco flour and pasta. While tasty dishes such as these and a wide variety of other culinary delights can be enjoyed in the cosy and intimate atmosphere of this restaurant, the customer can also choose to avail of the outdoor dining facilities which overlooks the Rye River to give a beautiful view of Maynooth Castle. While a two course meal from the early bird menu can be enjoyed for as little as €19.00 or the 3 course for €24.00 there is also a wide selection of choices from the regular menu, but along with this there will be a Christmas list of options to choose from. But whichever meal is selected it can

be followed by a choice from the home-made desserts on offer Alan O' Regan is a local man and is very much involved in the community and engages with community events and organisations and even manages league cup in 2012. It is these qualities of engagement and management skills which Alan has brought to his approach to



his restaurant and ultimately to the dining experience which every customer should and does enjoy. There is also a gourmet pizza and pasta takeaway selection on offer. So whether you are thinking of a cosy, intimate meal for two or would like to book for a larger event, then why not think of the Gatehouse Café & Restaurant, where the celebrations and the moment can be savoured in a warm, pleasant atmosphere set against a backdrop of ambience, charm and a homely character.

To make a booking please contact www.thegatehouse.ie, hello@thegatehouse.ie, phone 01-629-1522 or they can be contacted on their Facebook page







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Training to Beat the Winter Slump by David Gahan

Winter can be a tough time of year for both young and old. Gone are the warm days of summer and many of the opportunities for outdoor recreation. However, during these cold, dark months, the need for an effective exercise regime is more important than ever. A personalised training plan can be the remedy for much of the winter blues.

Getting Started!!!

Starting a new exercise programme provides a multitude of health and lifestyle benefits. We all know that regular exercise improves the function of our heart and lungs, strengthens muscle and bone, and protects us from disease. With a personalised training plan, we can maximise your endurance, tone or develop muscle tissue, improve flexibility and develop core strength. Other benefits are particularly relevant at this time of year. Regular training boosts our immune system, helps to regulate our sleep pattern, improves our mood and makes us feel good. Everything you need to beat the winter slump!

Planning a Winter Break?

Over the holiday season, there is always a danger of losing fitness as some people abandon their exercise routine. Whether it's the cold, the short days, a lack of time or the need for a shopping spree, training can often be shelved at this time of year. As we know, training is hugely beneficial; however, the effects only persist if we stick with it. Changing your usual routine or having a new training plan designed for you is a great way to stay motivated and to overcome the challenges of wintertime.

We Can Help

Here at the Glenroyal Leisure Club, we strive to help our members achieve their goals and stay motivated throughout the year. Get a personalised fitness programme designed by one of our fitness professionals; take part in one of our fitness classes (we have everything from spinning and kettlebell training to yoga and pilates); then relax and unwind in either of our two swimming pools with sauna, steamroom and jacuzzi provided. Let's beat the slump! Get involved and stay healthy and happy this winter season.









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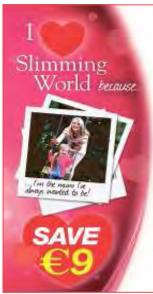






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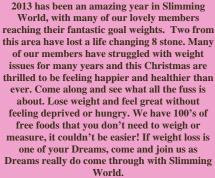
THE WESTGROVE HOTEL 5.30pm & 7.30pm Call Michelle: 087-2470716

THURSDAY

Maynooth/Kilcock NORTH KILDARE RUGBY CLUB 5.30pm & 7.30pm

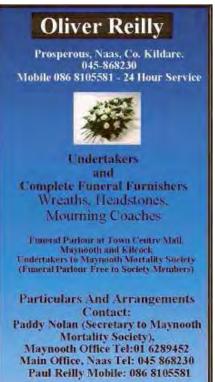
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A mince spy



Can you smell carrots

What do you call Santa Claus when he does not move? Santa Pause

A Christmas Quacker

How does Good King Wenceslas like his pizza? Deep pan, crisp and even







McCormack's Pharmacy

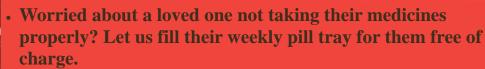


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NUIM Gospel Choir Christmas Gig on Wednesday 11th December.

The NUIM Gospel Choir invites all members of Maynooth and surrounding parishes to our annual Christmas Gig on Wednesday 11th December taking place in St. Mary's Church, Maynooth at 8pm. All proceeds are in aid of SOSAD, a suicide prevention charity. Tickets which will be sold at the door on the night, cost € and it's free admission for children. We hope to see you there!



Maynooth Library

Maynooth Community Library 30th Anniversary Party Day Wednesday 4th December

Face Painting for children 11.00am to 12.30pm Waffles the Wonderful Magic Floor Show 3.00pm - 4.00pm

All are welcome to come along and join in the fun

Saturday December 14th

Christmas Musical Tots from 2.00pm - 3.00pm



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Note booking deposit/Credit Card details required to secure the booking.

Terms & Conditions apply - Menu only available to parties of 6 or more.

Our full Tapas Menu & A La Carte Menu will also be available. Discretionary 10% service charge will apply for groups of ten & more

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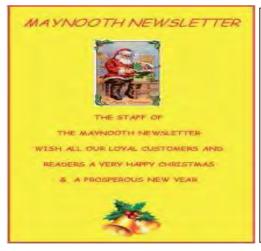
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Glenroyal Business Centre

Geraldine Hall Development

The long awaited development of the Geraldine Hall got under way recently. As the builders moved in to build what will be a new den for the Maynooth Scouts we have included a plan of how the hall will look when finished. The Hall is a protected structure and will be renovated and modernised internally. The large hall at the rear has been knocked and will be replaced with a modern purpose hall for use by the Scouts. The bottom right photo shows the rear of the old school building with the old hall removed. This would be the first time the rear of the school hall has been seen since 1941. On the left is an extract from a Local History Forum book showing an artist's impression of the building and a brief history since it was built in 1859. The new building will improve the vista in the Harbour area and hopefully the Maynooth Scouts will add another successful period to the history of an already historical site in Maynooth.





Maynooth Scouts Update

Maynooth scouts have been working very hard since 2002 to build their own den. To help with the fundraising efforts a Parents and Friends group was set up in 2007 and these very dedicated people have been very busy organising and running many fundraising events since then and their efforts are ongoing. They have organised a large range of different events including "Who Wants to be a Thousandaire", to pub Quizzes', sales of work, bag packs, selling 12 days of Christmas tickets - which we are currently selling. To date they have raised over €105,000 which has all been allocated to the building and renovation of the Geraldine Hall in Maynooth. We really appreciate all the help we have got, from both past and present members of the Parents and Friends group, for the project and we continue to look for the support of the whole community to complete this wonderful project. Many Thanks - Peter Garrad - Group Leader - 8th Kildare Maynooth Scouts

St Mary's Band Maynooth playing at their Annual Mass for all Deceased Members of the Band in St Mary's Church Maynooth on November the 10th 2013 May they Rest in Peace

GERALDINE HALL - PARISH SCHOOL

The front section of the Geraldine Hall was built in 1859 as the Church of Ireland parish school. The origin of parish schools goes back to an act of parliament of the reign of Henry VIII which directed that the incumbent of a benefice should 'keep or cause to be kept.... a school to learn English, if any of the children of his Parish should come to him to learn the same.' In spite of this parish schools did not begin to appear until the early eighteenth century when it was hoped they would play a part in the conversion of Catholic children. In this they were never successful and the attendance was almost exclusively Protestant. Maynooth parish school dates back to at least 1702 as evidenced by a tablet preserved in the parish church which was taken from the wall of the school house demolished in 1859. It reads: "This school-house was built Anno Domini 1702, with a legacy left by Mr John Foulkes, wherein the master, that inhabiteth, is to teach the boys of the parish, and to have his freedom in the house.' The school-house actually demolished in 1859 was not this one of 1702 but a later one built by the first Duke of Leinster in 1770, as commemorated in the tablet to be seen in the east wall of the church, but it may have stood on the same site. From 1859 the parish school continued in the school-house by the Duke's Harbour until dwindling numbers led to its closure around 1935. the school

was then used as a social club and a large hall was added at the back in 1941. Later it passed to the Catholic Young Men's Association and today is held in trust for the use of the people of Maynooth. So also is the Harbour Field beside it which is being developed by community effort.





call us on (ar) 595,9950 or visit our website www.majnoothoc.org

Maynooth Community Church is delighted to announce that we have moved to new first floor premises in Manor Mills Shopping Centre, Maynooth. Please join us for worship every Sunday am at 10.30am.

Upcoming events

Christmas by Candlelight Service Sun 22nd Dec at 7,00pm

MCC Christmas Morning Celebration

25th Dec (Begins with Breakfast at 10.000

New Alpha Course Thurs 30th Jan at 8.copm in Manor Mile

Join us, too, for the Ecumenical Carol Service Sun 15th Dec at 8.00pm in St Mary's RC



www.maynoothcc.or



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Question: "How can I make the most of the sales?"

FACT: We only wear 20% or our clothes 80% of the time so it's easy to be tempted by a low price tag and end up with clothes that you will probably never wear sitting in the bottom of the wardrobe. It's important to become sales smart and walk away with timeless staple pieces like well-cut dresses, jackets and trousers that will look fabulous season after season so follow my tips for no more disasters and mistakes:

Don't buy on impulse and regret it afterwards, instead assess your wardrobe and even make a list of what you need and the shops you can get these from to stop you from getting carried away purchasing things on a whim that won't work with the rest of your

When you see an item you like ask yourself: Is it value for money? Do I love it? How long will it last?

Don't be tempted by a price tag; my golden rule is no matter how low the price tag if I wouldn't buy it at full price it's not a bargain. On average women have at least 22 items in our wardrobes we never wear so don't add to this pile. Remember you often can't get a refund on sales items so there's no changing your mind afterwards and mistakes can be costly and such a waste of money.

Update your wardrobe with accessories as they are the quickest and most affordable way to update any existing outfit. Look out for quality Jewellery, Statement Necklaces, Belts and Shoes and when all else fails I love a new Handbag as 'one size fits all' so I'm never disappointed.

Happy Christmas, Happy New Year & Happy Shopping!

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Maynooth Labour News

Cllr. McGinley Calls for Green Filter Light at Glenroyal/Straffan Road Junction

Cllr. John McGinley submitted the following motion for the consideration of the Celbridge Area Committee:

"That a left green filter light be installed at the Glenroyal exit to the Straffan Road to act at the same time as the right green filter inwards, in order to reduce the tailback of cars trying to exit from the hotel/shopping centre."

John was given the following reply at the Area Meeting on 15 November:

"Due to geometric constraints at the junction (i.e. the angle for traffic exiting from the Glenroyal Hotel/Shopping Centre Site), it is not possible to guarantee that traffic exiting left from Glenroyal can complete the turn in a safe manner. Furthermore, there is little scope to disaggregate both left and right turning traffic from the Glenroyal so the possible benefits are limited."

Cllr. McGinley dismissed the reply as being meaningless and asked that the Roads Engineer meets him on site to discuss the issue. This was agreed.

Cllr. McGinley Asks for a Light to be Erected Over the AIB ATM Machine on Main Street, Maynooth:

Cllr. John McGinley submitted the following motion for the consideration of the Celbridge Area Committee:

"That Allied Irish Bank, Maynooth, be asked to install a light over their ATM machine at their premises on Main Street, similar to the light at their banklink at the Glenroyal Hotel, in the interests of public safety."

As a result of John's motion the members agreed to send a letter to Allied Irish Bank, Maynooth.

Update on Cllr. McGinley's Request for a Disabled Parking Bay at Pound Street, Maynooth.

John got the following update at the Area Meeting on 15 November:

"The area office has reviewed the location in detail. It is not possible to install a disabled parking bay at this location as (i) the footpath is of insufficient width, and (ii) the road is not wide enough to accommodate a standard disabled parking bay which requires a hatched 1m surround to accommodate safe access to the vehicle. However, if the area office is asked to install a non standard bay which will not comply with regulations it may be possible to make an exception and install the bay. However, we would need to install the signage for the bay flush to the front gable of the house to minimise any reduction in the width of the already narrow path.

Cllr. McGinley stated a non standard bay should be installed without any further delay

Update on Draft Maynooth Parking By-Laws

The Area Committee were given a new Draft of the By-Laws at the Area Meeting on 15 November. Cllr. McGinley has submitted a list of amendments to be decided on at a Special Area Meeting on 22 November.

Pedestrian crossing at St Mary's Boys National School, Maynooth

Both Cllr. Griffin and Cllr. McGinley have submitted motions on this safety issue over the last six months. At the Area Meeting on 15 November the Area Engineer stated that he will install a Pelican Crossing at the ramp when funds are available.

Update on Deputation from Pikesbridge Road, Maynooth Residents Association.

The Area Engineer reported that a traffic survey commenced on the 11 November and is ongoing for the week. Cllr. McGinley asked that the Area Engineer should give his proposed traffic calming measures to the next Area Meeting on 20 December

Maynooth Post Primary Schools

At the last meeting of the Kildare & Wicklow Education & Training Board (formerly the VEC) an Interim Board for the new Maynooth Community College was selected and the Governing Authority for The Maynooth Education Campus (covering the two schools) was also selected. Cllr. John McGinley was selected as one of the ten representatives on the Governing Authority.

Stagg Welcomes Creation of 110 Jobs by **Maynooth Business**

Deputy Emmet Stagg has welcomed the announcement that Technology Firm Sentenial, located at the Maynooth Business Campus, Maynooth, Co. Kildare, are to hire

an additional 110 staff over the next 14 months bringing their total workforce to 270 people.

80 of the New Jobs will be created in Maynooth with a further 30 throughout Europe.

Sentenial, stated Deputy Stagg, are a financial technology firm and are hiring additional staff for its payment technology. Sentenial are Europe's leading payments solution provider and implementation partner, helping banks and businesses prepare for the switch to the Single Euro Payments Area.

Deputy Stagg stated that he wanted to congratulate the Chief Executive and Founder of Sentenial Sean Fitzgerald who has built a successful indigenous Irish Technology Business from a start up in 2003 into a rapidly growing business at the heart of the European payments system. Not only have we an additional 110 jobs announced recently but this company have hired 100 additional staff in the past 12 months.

In conclusion Deputy Stagg stated that the announcement showed that the Action Plan for Jobs is creating the necessary supports to allow Irish Businesses to grow and it shows that Irish Businesses can compete with the best in the world.

Cllr. John McGinley can be contacted at: 6285293 or 087 9890645 E mail jmcginley@eircom.net Web: www.labour.ie/johnmcginley/

Vincent's

The management, volunteers and staff of the two Vincent's shops would like to thank all of their customers for their very valuable support throughout 2013. These two shops, along with their sister shops throughout the country, are vital and quite necessary in our fundraising efforts to alleviate some of the burdens which affect many people within our community and it is with the exceedingly generous support of those within our community that make it possible to address some of these burdens. The kind donations and contributions which many people in our locality have given generously over the year are very much appreciated and acknowledged. Now as we approach the festive season the management and staff would like to wish all of you a very Merry Christmas and a prosperous New Year and we look forward to seeing you all in 2014





The fourth annual Run for Mum – in memory of the late Deirdre Cusker – will be the biggest yet as runners and walkers get ready for the annual St Stephen's Day event in Maynooth.

Now firmly established in Maynooth's festive calendar, this year's run will raise more badly-needed funds for the suicide-prevention charity, the 3Ts (Turning the Tide of Suicide). Last year's record-breaking event attracted a huge crowd along Carton Avenue and when the final sums were completed, a cheque of €8,341.87 was presented to the 3Ts.

While there will be plenty of local competition on the day, festive cheer is the main priority for the organisers, who are looking forward to judging the best fancy-dress outfit on the day. Willie Wonka, Big Bird and Batman have all made memorable appearances in the past and this year it's rumoured that some big-name Hollywood film stars will be lining the 3km route.

Starting and finishing at Carton Avenue, just off Maynooth's Main Street, local runner Conor Burke from Celbridge AC won last year's event in a time of 9.05 while Kilcoole AC's Joanne Cullen - a niece of Deirdre Cusker - was the first lady to complete the course in a time of 11.39.

Also among the field were the Cusker family - Deirdre's husband Willie and their two children Neil and

Caoimhe – and their efforts helped to raise an astonishing €8,341.87 for the 3Ts. Speaking about last year's Run for Mum, Chairman of 3TS Noel Smyth said:

"I'd like to personally thank the Cusker family and their friends for organising this brilliant event, which attracted hundreds of people this year and no doubt will continue to grow in the coming years.

The considerable sum raised of over €8,000 assists us in continuing to fund research and provide resources to prevent Suicide in Ireland and equally, the Run for Mum provides a valuable platform to deliver a message of hope to anyone who may feel that they are at a crisis point in their life or are worried about someone who may be in crisis. There is help available.

The Cuskers, with the warm support of their friends, have created an outreach for people to come together and address the issue of Suicide prevention, while honouring the memory of their beloved mother, wife and friend, Deirdre, in a way of which she would no doubt be very proud of. Fun, community and empathy are the core values of the Run for Mum and are values that 3Ts would love to see echoed in every community in Ireland.'

Since the Run for Mum started in 2010, the Cusker family and friends have raised almost €20,000 for the 3Ts charity as well as increasing awareness about the important work of the 3Ts in the area of suicide prevention.

> WHAT: Run for Mum 2013 - 3km fun-run open to runners and walkers alike WHEN: St Stephen's Day (26 December, 2013) WHERE: Carton Avenue, Maynooth HOW MUCH: Donations of €10 to 3Ts or whatever you can afford For further information contact: Brendan Coffey - 0876873079



MAIRIAN GAILE HOLY COMMUNION DRESSES

Now new, in and exclusive, to Marian Gale 8, The Mall, Donnybrook, D4.

We stock tights, Socks, Gloves, Shoes, Head Pieces, Veils and Cardigans. We also list your school - no two dresses the same style turn up on the day.

Dress as featured €100

8, The Mall • Donnybrook • Dublin 4 • Telephone 01 2697460 • www.mariangale.ie

Maynooth Fianna Fáil Notes

Tidy Towns and Pride of Place awards

Congratulations to all Tidy Towns organisations throughout Kildare. Straffan won a Gold medal, while Maynooth came away with a Bronze medal. This is a massive achievement for Maynooth Tidy Towns.

Clean Ups are still taking place on Saturday Mornings at 10am if people are willing to join. Congratulations also to winners in Clane, Straffan, Kilcock, Prosperous, Rathcoffey and Johnstown-bridge for wins in their categories in Kildare County Council pride of place awards.

Kilcock Harbour needs attention NOW

The Royal Canal in Kilcock is in need of immediate attention. The water is severely polluted by a burst pipe. The harbour in Kilcock is one of the primary amenities in the town. People are getting sick at the moment and this isn't good enough. Kildare County Council must take immediate action as it is now a matter of public health.

This pollution is moving up the Royal Canal towards Maynooth and immediate action must be taken to confine the issue.

Christmas Lights on Main Street Maynooth

I have been out most nights until late helping Maynooth Business Association put up the Christmas Lights. All the lights have been put up and there are a few bits to do in the square to bring the town to life for Christmas.

A big thank you to Maynooth Business Association for organising, sponsoring and putting up the lights.

Maynooth and Kilcock Lions Club Philippine Appeal

The Maynooth and Kilcock Lions Club held a very successful Philippine appeal in Brady's lounge last Wednesday, the 20th of November. The Club are sending out a container of clothes to those in the Philippines after Typhoon Hayan.

During the night a Philippine band played with the NUI Maynooth Trad Society and a brilliant night was had by all.

Congratulations to all involved.

Senior Citizens Sale of Work

Congratulations to the Senior Citizens Committee for organising another hugely successful Sale of Work. Hundreds attended the event and the people of Maynooth donated very generously.

I was stationed on the bottle stall and €600 was raised there alone.

Remember to look after your elderly neighbours this winter.

Ó Cearúil raises Parliamentary Questions in relation to the Maynooth Education Campus through Charlie McConalogue T.D., Fianna Fáil Spokesman on Education and Skills

To the Minister for Education and Skills, Ruairí Quinn

"It has come to light in recent days that Maynooth Post Primary School has a Catholic ethos. This is contrary to what students, parents and staff believed since the opening of the school. The community of Maynooth were under the impression that it had a multi denominational ethos. Can the Minister clarify the ethos of the school and when this ethos came into effect?'

"Can the minister clarify why his department came to the conclusion to establish Maynooth Community College rather than the Junior/ Senior model recommended by parents and the Gerry Jeffers report? Furthermore I would like to ask the minister why he came to his decision prior to reading this report as it was not published at the time of his decision

Ó Cearúil makes representations to Kildare County Council on issues affecting residents of Maynooth

- 1) Coates Lane, the lane between Supermacs and Permanent TSB. There is a bad pothole on the permanent TSB side near the rear entrance car park. Two people have fallen due to it.
- 2) Leinster Park, Maynooth. The road in the estate is in very bad condition. One resident got a flat tyre from driving on it and it is hazardous.
- 3) Traffic Calming Measures are needed to tackle speeding in Greenfields estate Maynooth.
- 4) Housing List issues for three families.

If I can be of any assistance to you personally please do not hesitate in contacting me. I will always try my hardest for you - Naoise.

CHILL Restaurant Maynooth Opened by Naoise Ó Cearúil

On Friday the 27th of September CHILL Restaurant was officially opened at 8pm. The restaurant is located at the side of Manor Mills Shopping Centre Maynooth beside the river. The restaurant is a spin off of the highly successful CHILL Café in N.U.I. Maynooth. CHILL which is owned by Michael Shortt and local man Brian Bean will bring a whole new dining experience to Maynooth and to Ireland.

CHILL Restaurant caters for all tastes, from salads, pulled pork, asian dishes, steaks, burgers to Latin American cuisine. Customers will enjoy the CHILL experience where nothing is normal and completely different from any restaurant.

The new restaurant is hiring 40 new staff, going against current national trends and bringing a much needed jobs boost to Maynooth. This will bring the amount of staff that CHILL employ to over 70.

The official opening had music, acts and celebrities attending. The restaurant was officially opened by Naoise Ó Cearúil, local Fianna Fáil Representative and a close friend of Michael and Brian's

E-mail - naoiseocearuil@gmail.com

A Chara,

I would like to take this opportunity to thank all those connected to my recent Coffee Morning in aid of the Hospice Foundation. Firstly, thanks to my family and friends without whose help I would be unable to hold the event. I extend my gratitude to the local businesses that made donations of cash or raffle prizes. Their generosity is unwavering year after year. There are too many to name individually so I hope they accept this as a token of thanks.

Finally, to all the people that attended the event or made donations in their absence, I extend a sincere thanks. The final sum raised on the day was €,166 for which St. Brigids Hospice in the Curragh is most grateful. I hope I can count on the support of all these individuals again next year. Remember, to die with dignity is a right, not a privilege.

Thank You

May Daly Moyglare Road Maynooth



Clues Across

December 2013 / January 2014 Crossword - No: 420

Clues Down

- 1. Exhibitionist (4-3)
- 4. Glitter (7)
- 8. Correspondence assistants (11)
- 12. Grant temporary use of (4)
- 13. Double (4)
- 14. Hand operated implements (5)
- 15. Acquire (6)
- 17. Hot tempered (5)
- 22. Starchy food grain (4)
- 23. State in the NW United States (5)
- 24. Bird of peace (4)
- 25. Hard to please (5)
- 28. Procession (6)
- 30. Pertaining to the pope (5)
- 32. Smack (4)
- 34. Animal hunted for food (4)
- 35. Worthy of respect (11)
- 38. Petting (7)
- 39. Move forward (7)

1			2	3			4	5		6		7
		8			9		10				11	
12										13		
				14								
	15		16						17	18		
19						20		21				
22				23						24		
25		26			27		28				29	
				30								31
32			33							34		
		35		36				37				
38							39					

- 1. Motionless (5)
- 2. Undesirable plant (4)
- 3. Evergreen tree (3)
- 5. For each (3)
- 6. Regretted (4)
- 7. Staff (9)
- 8. Rebuff (4)
- 9. English public school (4)
- 10. Skilfully (4)
- 11. Free from doubt (4)
- 14. Shy (5)
- 16. Forest (5)
- 18. Republic in S Asia (5)
- 19. Artisan (9)
- 20. Craze (3)
- 21. Ethical (5)
- 26. Celestial body (4)
- 27. Loch (4)
- 28. Gone by (4)
- 29. Venture (4)
- 31. Recurring series (5)
- 33. Peep (4)
- 34. Entreaty (4)
- 36. Writing instrument (3)
- 37. Help (3)

Answers to Crossword 419

Entries in before: 21st January 2014

Address

Winner of Crossword No. 419 November

> Claire Warren **Beaufield Gardens** Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

Special Prize Book Voucher

Give yourself the luxury of browsing, and choosing the book/books which take your fancy from the wide selection available in the store of our sponsor

The Maynooth Bookshop

Difficult

			3					
6						4		
	2		9	5		6	3	
5	7					1		3
	9		5		8		4	
4		8					9	5
	6	4		2	3		7	
		7						8
					1			

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to Maynooth Newsletter Unit 5 Tesco S/C Maynooth.

Entries must arrive before: 21st January 2014

Sudoku Challenge

December 2013 / January 2014



Name:

Address:

Phone:

Super Difficult

				6		8		
				5		2	7	9
	4		7		3			
8	5	4		1				2
	9						8	
3				2		5	9	7
			6		8		5	
5	6	3		9				
		1		4				

Congratulations to November Winner:

Jacqueline O'Donoghue **Kingsbry** Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.



Catherine Murphy Independent TD

E-mail: catherine.murphy@oireachtas.ie - Phone 01-6156625

The Irish Connection can Reap Many Hallowe'en Benefits

Independent TD Catherine Murphy today published a short document examining some of the history of Hallowe'en and staking Ireland's ownership of the ancient festival. The purpose of the document is to highlight the Irish origins and make the case for an international festival similar to St. Patrick's Day, in order to reap the cultural and economic benefits associated with Hallowe'en.

"It's widely known that the origins of Hallowe'en are to be found in the ancient Celtic and pre-Christian celebration of Samhain, which was essentially a gathering time for clan and kin at the change of seasons - a time that these people believed mixed the world of the living with the world of the dead.

"Even though Samhain changed over the centuries the macabre theme of day has endured and Hallowe'en has now become a secular event widely celebrated by many people across the world, from every background."

"We are in a position to seize the opportunity to recognise Hallowe'en as another cultural event, synonymous with Ireland, which is enjoyed by millions. By incorporating the myriad of existing events and fostering new ones under an umbrella cultural identifier, we could increase tourism, legitimise unofficial celebrations and perhaps raise funds to eliminate some of the anti-social elements of the current celebration.

"When one considers the vast sums which are spent each year on Hallowe'en - some \$8bn in the US alone in 2012, up 55% since 2005 - the economic argument is obvious. Whilst the gathering may have been successful for one year, embracing Hallowe'en could potentially allow us reintroduce an annual gathering that draws on something that is culturally and historically significant to this country.

Maynooth School Debacle Highlighted

Independent TD Catherine Murphy has tabled a series of Questions to the Minister for Education, Ruairi Quinn regarding the confusion surrounding the establishment of the new Maynooth Community College which will eventually stand on the same site as the new Maynooth Post-Primary School.

Deputy Murphy was contacted by a number of parents who are very concerned about the news, some of whom are members of the parent's committees that have been involved in a lengthy process with the Department of Education to ensure that the needs of the children, parents and the Maynooth area are met. However despite the parent's being led to believe that their views would be paramount, it now appears that the Department have decided to proceed with plans that differ substantially from the preferred plans of the parents committees.

"People in Maynooth have a very high regard for Maynooth Post Primary School and are therefore rightly concerned about this turn of events. They are particularly worried that the Department does not

understand the importance of the school model to the local community. The non-denominational model provided by the VEC School is regarded as a unifying force in the town and any move to change that to a catholic ethos school is seen as fundamentally changing the school environment."

"Parents seem to have been led through a process where they believed their views were being taken into account and prioritised yet they now find themselves in a situation where their views are, for the most part, being disregarded, and the Department appear to be pursuing their own agenda.'

"I have tabled different Parliamentary Questions to Minister Quinn, all focusing on different aspects of the process and the Department's plans and also trying to help him understand the significance of the issue here in Maynooth. The Minister will be required to reply to me within the week and hopefully we will have a clearer idea then of what steps we can take

List of PQ's as Follows:

To ask the Minister for Education what Irish research informs policy into the strengths and weaknesses in terms of the effectiveness of learning in post primary schools of different sizes e.g. 250; 500; 750; 1000; 1250; 1500 what size school falls into the category super school and if he will make a statement on the

To Ask the Minister for Education what aspects if any of the presentation made by (Maynooth Schools Group meeting 29/5/2013) where considered when the decision was made to provide for 2 vertical schools on the same campus as opposed to the junior/ senior option of the existing school, the preferred choice of parents; what if any consideration was given to (the Gerry Jeffers Report) which was commissioned by Co Kildare VEC; what consultation was had between the Department and the VEC and if he will make a statement on the matter.

To ask the Minister for Education if the decision is intended to change the status of (Maynooth Post Primary School) from that of a multi-denominational school to that of a catholic ethos: if he is aware that the school is not regarded as a denominational school that the school is seen an inclusive school that welcomes all needs, all creeds and none; is he aware that there are no Church representatives on the Board of Management; what role do the Board of Management and the VEC play in changing the ethos of an existing school; in the event that the school is now designated a Catholic School what knock on effect will that have on enrolment policy in terms of priority given to children of a particular faith and if he will make a statement on the matter.

To ask the Minister for Education if the pupils from the (Educate Together School in Maynooth) will be required to enrol in the proposed new (Maynooth Community College) or will it be open to them to attend (Maynooth Post Primary School) and if he will make a statement on the matter.

To ask the Minister for Education how it is intended to handle the downsizing of (Maynooth Post Primary School) what the maximum intake will be; what

consideration has been given to subject choice in that scenario during the transition period and if he will make a statement on the matter.

To ask the Minister for Education why there has been no direct correspondence between his Department and the parent body of (Maynooth Post Primary School) why no explanation has been given as to why the junior/senior option, their preferred option was not agreed to; if he will agree to a plebiscite of parents; and if he will make a statement on the matter. To ask the Minister for Education what if any consideration was given to the wider community impact of the decision to provide for two vertical post primary schools as opposed to a junior/senior school on the one site in Maynooth; if he is aware that the Post Primary School is regarded as a unifying force in the town; if he is aware of the high regard for the school felt in the area; if he has concerns that the two school model might amplify the various stratifications within the community and might lead to cherry picking in what might develop into good school v better school option; if the decision might be considered a social experiment given the proven track record of the existing school; why the parents were engaged in a lengthy process and given to believe their views would be paramount; what if any concerns he has about the decision he made and if he will make a statement on the matter.

To ask the Minister for Education how the 2014 intake to the Maynooth Post Primary school and Maynooth Community College will be handled; where the pupils of both will be accommodated in September 2014 and if he will make a statement on the matter.

Hospital Top-Ups Expose Bad Practices

The recent revelations regarding the substantial topup's being paid to some senior staff in publically funded hospitals brigs light to a topic that Independent TD Catherine Murphy has been questioning the Minister for Health about for some

Deputy Murphy tabled a number of questions to Department of Health back in July and August 2013 to ascertain the ownership of some of the car parks at the larger hospital and the terms of the contracts between hospitals and car park operators. However no details regarding the terms of contract was forthcoming and Deputy Murphy was told that the terms of the contract 'is commercial sensitive information'

"I tabled these PQs because a number of cases had come to my attention whereby there appeared to be heavy handed use of the car parking regulations in some of the hospitals, with patients being penalised unfairly in a large number of cases. It appeared that patients were being penalised in order to further a cash cow for the hospital at the expense of patient's

"I was interested to know who was benefitting from this practice and, in light of these new revelations it is clear that further questions are necessary.

December 2013/January 2014 Diary Planner

Irish Girl Guides

Meetings Tuesday evening in Maynooth. For further information contact Jackie on 085 1413787 or visit I.G.G. website www.irishgirlguides.ie

Community Library

Opening Times
Mondays & Fridays
2pm to 5pm
Tuesdays & Thursdays
1pm to 8pm
Wednesday 9.30am to 1pm
& 2pm to 5pm
Saturday 9.30am to 1pm

Toastmasters

Toastmasters meet on the 2nd & 4th Monday of every month in Glenroyal Hotel at 8pm.

The meetings are very enjoyable but with a good learning input.

They stop for tea half way through and end at 10pm.

All visitors are welcome.

Felicity Cuthbert PRO

I.C.A.

Monthly meetings take place every 1st Thursday of the month at 8.00pm.in the I.C.A. Hall in the Harbour. Crafts every Monday night at 8.00pm. New members welcome

Vladimir's Viennese Christmas Concert

Church of St. Patrick &
St. Brigid, Clane, Co. Kildare
Thursday 19th December
@ 8.00pm
Tickets €25
Bookings: 086 8568440
089 4157944
086 8117356
045 861393

History Group

Meetings every last
Thursday of the month in
Maynooth Community
Council Office
Tesco Shopping Centre
at 8.00pm.
All Welcome

Bridge Club

Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com.

Contact Katherine Cooney
086 8205910

Maynooth Flower & Garden Club

Date: 3rd December 2013
A work night 'Do Unto Others'
The Glenroyal Hotel
Time: 8.00pm
All Welcome
Maureen Fagan PRO

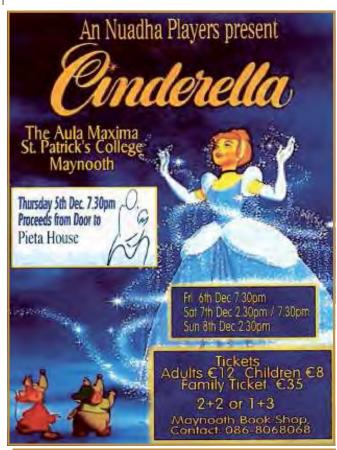
University of Third Age (U3A)

Weekly meetings on Fridays at 11am. New Members Welcome Please contact Helena Phone: 087 6717062 for venue details

Parent & Toddler Group

Every Thursday from 10.00 a.m. to 12.00 p.m. Contact Maynooth Community Council Office 01/6285922 for venue details

If you would like your event put into The Diary please contact The Newsletter 01 6285053/01 6285922



Theatre

will bring CINDERELLA to Maynooth for Christmas Written by Martin Higgins and Directed by Mary Higgins.

Lots of fun for everyone who likes to fall on the floor laughing.

Its our Biggest, Best and most Beautiful Pantomine to date

Even the Ugly Sisters are rather Beautiful in a certain light

This whole extravaganza will take place in the Aula Maxima St. Patrick's College Maynooth

Thursday 5th Dec. 7.30pm

(proceeds from door to Pieta House)

Friday 6th Dec 7.30pm

Saturday 7th Dec 2.30pm

Young 8th Dec 2.30pm

Tickets from the Maynooth Bookshop Main St.

Adults C12

Children and concessions C8

Family Ticket x 4 C35

or contact 086-8068068

Don't miss this show, it will turn your frown upside down.



Word Search

Christmas Word Search Puzzle

A V I X E N L R A J P F R M
H N T R E E L Q R E G N A M
V N C O D D O S M C A X Q E
R X Z E O F H I A M A V W R
Q A J N R Y S R E H S B C U
B S N X Y T O N T G B P D D
A E H C L L T A N Y R B D O
R Y B E E S E I T E S A B L
S E T R S R K S S C S W W P
L O S N W C O E O H V K H H

ANGELS
BLITZEN
CAROLERS
COMET
CUPID
DANCER
DASHER
DONNER
FROSTY
HOLLY
LIGHTS

PRESENTS RUDOLPH SNOW STAR STOCKINGS TINSEL TOYS TREE VIXEN WREATH

ORNAMENTS PRANCER

MANGER MISTLETOE

My Letter to Santa

Dear Santa, My name is

and I am years old. I have been very good this year. Please Santa can I have the following toys for Christmas.

Thank you.

Thank you very much, Santa. I will leave out some milk and cookies for you on Christmas Eve and something for the reindeers.

Have a Merry Christmas Santa!



McDonalds Children's Colouring Competition





Prizes:Free Family Meal From McDonald's, Maynooth



i'm lovin' it°

Name:_____Age: _____

Phone No:

November Winners:

Age: 3 - 5: Evelyn Fagan, Castledawson

Age: 6 - 7: Aoife Leonard, Castlepark Avenue

Age: 8 & Over: Glory Makiese, Moyglare Hall

Prizes for <u>Colouring Competition</u> can be collected at:

Maynooth Community Council Office, Unit 5, Tesco Shopping Centre.

Entries must arrive before: 21st January, 2014

-

December 2013 Newsletter...
page 32

Tuesday, 26 November 2013 14:05
Mis Black

McDonald's





-

La Maison Donatello

Celebrate Christmas this year in intimate surroundings with exceptional food at La Maison Donatellos.

Christmas three course set menu available for €30.00 per person.

Sample Group Set Menu:

Starter: Chestnut & Grappa Soup, Black Fig & Prosciutto Parma Ham Bruschetta, Polenta al Funghi, Grilled Mackerel with cucumber & lime dressing & baked Ardsallah, Goats Cheese Caprese.

Main Course: Fillet of Beef Medallion, Fresh Seafood Platter, Spinach & Ricotta Cannelloni, Braised Venison Sausage and Sage Mash & Spaghetti Aglio e Olio (Garlic & Olive Oil)

<u>Desert:</u> Plum Pudding & Brandy Cream, Sicilian Cassata with Sambucca, Traditional Panattone Bread & Butter Pudding & a selection of Ice Creams

Early Bird Menu Monday to Sat<mark>urday 5pm to 7pm; Sunday 4pm to 7pm</mark>

Some supplements apply. Please see website for full menu and terms & conditions For bookings call 01 6289660 or email info@donatellos.info - www.donatellos.info



Maynooth Newsletter

Maynooth Newsletter is printed monthly. We print 4700 copies each month and 3200 of those are delivered to major local estates. The remainder are distributed to local business premises in Maynooth and outlying areas. With this kind of circulation an ad placed with us ensures your product or service is brought in to homes and workplaces in your community.

ADVERTISING RATES

Size 1 Colour: W8.1cm x H10.8cm - €33.00/Monochrome - €25.00

Size 2 Colour: W16.5cm x H8.0cm - €46.00/Monochrome - €35.00

Size 3 Colour: W16.5cm x H10.8cm - €65.00/Monochrome - €50.00

Size 4 Colour: W24.9cm x H16.3cm - €120.00 (Half Page)/Monochrome - €90.00

Size 5 Colour: W25cm x H33cm - €225.00 (Full Page)/Monochrome - €170.00

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Website http://www.maynoothcc.com



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ONROY'S PHARMACY



Lancome Products 15% OFF

Valid only on presentation of this coupon until 31st December, 2013

5 Stone gone and Karen says she will never be stuck in the zone again! Slimming World got me out of a Zone!



The final straw for Karen (36) was when she had to be rescued in a children's Playzone. "It was so embarrassing; I went in to help my son and ended up stuck in one of the activities, in full view of all other parents, kids and a troop of scouts". After being heroically rescued by the Playzone staff Karen vowed it would never happen again. That week she joined Slimming World, and so began her amazing transformation.

Looking back, Karen acknowledges that she has long struggled with her weight. As far back as she can remember she had weight issues and recalls needing a size 14 for her confirmation clothes. As she got older, it didn't get any easier. During her teenage years

she seemed to put on an extra stone for every year that passed. By the time she was 21 she was only a few pounds short of 21 stone. Her friends were slim, and could easily dress in the latest fashions. No matter what she wore she felt big and her confidence was destroyed. During this time doctors diagnosed her with Polycystic Ovary Syndrome (PCOS), "it was a huge blow, the doctor told me that my chances of having children were slim" she says. Karen felt she used this as an excuse to not to even try to

When she started working she tried everything she could to lose her weight. She joined so many weight loss groups, and had some success, but inevitably the weight would always go back on. She tried diet pills, the cabbage soup diet, and spent so much money over the years. While everything worked for a few weeks, in the long term none of the methods she tried were sustainable. After undergoing fertility treatment, Karen gained weight with each pregnancy, and all attempts to lose it failed miserably. During her third pregnancy she developed gestational diabetes, which involved seven self-administered insulin injections a day for 5 months, she worried how this would affect her baby and herself. Thankfully all went well, but it was a real wake-up call for her. Shortly after giving birth to baby number three, Karen was bridesmaid at her sister's wedding. "My sister had these amazing dresses made, they were beautiful purple silk and mine was a really stunning Grecian style - but it was size 24! I thought I looked fantastic, but when I saw the photos some days after the wedding I was shocked. I was so disappointed with myself, I felt I let my sister down, but more importantly I was being unfair to my own family because I was failing at being the mother and partner they deserved" Karen explained how she felt when she was at her heaviest. "At my lowest point I felt worthless and out of control". She avoided going anywhere and meeting new people terrified her. She became almost a recluse, comfortable only when she was at home with her family. Day to day things had become difficult for her, and the things that other people do with ease were a huge struggle. She knew she had to do something, but she was at a loss to know what to actually do. Then one day she saw an advert for Slimming World in Mullingar. "Half of me was saying..."here I go again, throwing money down

the drain..."yet she was at the point where she had to do something ...she just wasn't convinced that it would be worth it. "From the moment I walked in the door and my consultant, Caroline, welcomed me to the group, I knew this was going to be different, and I was right"

Karen explained that she noticed two things almost immediately. The eating plan is so different from anything else she had tried, and it took her a few weeks to actually believe that it might work. "I could eat all the things excluded on most other diets ...like potatoes, rice and pasta, and as much lean meat as I wanted". She could graze all day on fruit and vegetables. She just couldn't get hungry. In fact, she could eat so much those first weeks

that she honestly didn't believe that she could possibly lose any weight. She approached the scales with trepidation, actually thinking she would have put weight on. "I couldn't believe it, in the first week I lost 5 lbs., the first month 15.5 lbs and within 9 months I had dropped an incredible 5 stone" and her weight continues to drop. She didn't know how it worked back then, but what she did know is that it did work. The second thing that was really noticeable was how great she felt. In no time she had more energy and felt truly happy and positive for the first time in her life. "I have so many great new friends in my group and I love catching up with them every week". She now feels like the person who lived inside her body for all those years. She is married to Jason, who has also lost over 5

stone with Slimming World and they have three children. She is now able to enjoy getting out and about, and doing all the normal things that other people take for granted. "The biggest bonus now is I get to pass my experience on to others as a consultant for Slimming World in Maynooth" she excitedly tells us. When we asked Karen what she does now that she couldn't do before, she laughs and says "everything, where do I start? I have so much energy. I play with the kids, we go swimming and for long walks. It's endless! I can go up the stairs without losing my breath and shopping for clothes is a pleasure and not the disappointment it used to be".

Asked what advice she would give to anyone wanting to lose weight, Karen says "just come along and give it a try. You have nothing to lose but your weight. You will be welcomed, you will feel comfortable, and we will give you a plan that works for you". Slimming World is not just a weight loss class, it's a whole new way of eating for people who want to be fitter, healthier and slimmer. Karen didn't believe that it could change her life, but it has. "I'll never go back to being the other Karen". Karen's Slimming World group starts on Tuesday 29th

October at 7.30 in the Maynooth Town Football Club on the Rathcoffey Road. To contact Karen for more details please phone 0860455677





Labour Advice Service

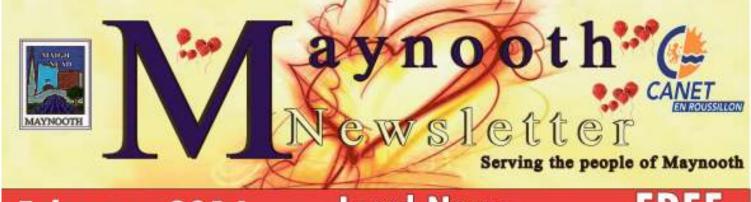


Emmet Stagg TD

Every Monday at 4.00 pm in McMahon's

The Last Advice Service this year will be on Monday 16th December. The Advice Service will resume in the New Year on Monday 13th January.

Happy Christmas



February 2014

Local News

Philippine Typhoon Disaster Appeal in Maynooth

Due to an appeal made by nurse Ellaquem "Don" Monterola in St. Vincents Hospital aided by nurse Ciara O'Dwyer. Ciara's aunt Trisha Lacey contacted Sharon Smurfit of Kildare Hotel & Country Club in Straffan, who kindly facilitated the K Club car park to be used as drop off point for the collection of clothes, shoes etc to be donated to the Philippine relief fund. A sub-Committee was set up to oversee the fundraising for the Philippine Typhoon disaster, which was headed up by Farrell O'Boy of Olympic Car Sales who is a member of the Maynooth/Kilcock Lions Club. Mr O' Boy also facilitated his premises as a drop off point which has resulted in a mammoth response. A number local ladies gave of their time over a number of days to help sort and pack the clothes, shoes etc.

Principal of Maynooth Post Primary School Mr. Johnny Nevin, Theresa Murray P.T.A. & Gerry Quinn arranged a superb food appeal collection with support from all parents & students at the school. This was a huge success in contributing food towards the Philippine Typhoon Disaster Appeal.

The Organizers of the fund were as follows:

Sharon Smurfit, Trish Lacey, Ciara O'Dwyer & Ellaquem "Don" Monterola from the K Club. Farrell O'Boy and his sub committee from the Maynooth/Kilcock Lions. Austin Brady, Arthur O'Hara & Ronan Twohig were ably assisted by all of the other members of the Maynooth/Kilcock Lions Club and the local Maynooth people and business community. Trish Lacey, who worked very long hours over this weekend, has made a tremendous effort and is very much appreciated by everyone in the community.

Another very successful fundraising event consisted of a music night in Brady's Clockhouse Maynooth on the 19th November and the above clothing and food appeal commenced operation on the same night. Lions Club member Farrell O'Boy kindly offered his Olympic Car Sales premises at Greenfield House, Straffan Road, Co Kildare, as a central collection point for the delivery of all goods involved, along with the truck and fork lift.

Organizers of Shipment were:

Sarah Villacampa & John O'Shaughnessy General Manager from Kintetsu World Express Ireland Ltd.





TONY SMITH MEMORIAL WALK 2013

The proceeds of the Tony Smith Memorial Walk 2013 amounting to €7,595 were handed over to Maynooth Senior Citizens Committee at their Christmas Party in the Glenroyal Hotel, Maynooth on Sunday 8th December, 2013. A cheque for the sum was presented to Josie Moore, Chairperson of Maynooth Senior Citizens Committee by Deputy Emmet Stagg. Left to Right, Josie Moore, Chairperson Maynooth Senior Citizens Committee. Ellen Leavy (Highest Sponsored Walker), Deputy Emmet Stagg and Rose Comerford.



St Patrick's Day Parade Monday 17th March 2014 Starting at 11am from **Greenfield Shopping** Centre. Entry form inside.

This publication is produced by Maynooth Community Council's Community Employment Scheme, supported by Department of Social Protection, which is funded by the Irish Government under the National Development Plan 2007 - 2013

Irish Rugby Team Back at Carton House **Training for the Six Nations**

Maynooth welcomed back the Team to Carton House for the upcoming games in the Six Nations Tournament. Its good to see them back as it always creates a good bit of buzz around the town. We wish them well under new Manager Joe Schmidt in his first Six Nations. Below are the fixtures for the games which will be shown live on Network 2



Cian Healy, Jamie Heaslip and Paul O'Connell arrive for training in style.

February:

Saturday 2nd February Ireland V Scotland Aviva 15.00 Saturday 8th February Ireland V Wales Aviva 14.30 Saturday 22nd February England V Ireland Twickenham 16.00

March:

Saturday 8th March Ireland V Italy Aviva 14.30 Saturday 15th Matrch France V Ireland Stade De France 17.00

Reflections on the Path to Reconciliation



Enmity is the Enemy

Amidst all the variety of source and symptom that occurs in human conflict there is one impulse that almost always comes to us. No matter where or over what the conflict has arisen, once things get out of control the core of the problem is almost always personalised. Whether our conflict is over a family dispute, a political divide or one community's actions against another, the root problem inevitably becomes diagnosed as 'him', 'her' or 'them.' 'He is the problem!', 'She is the problem!' are absolutely commonplace statements amongst the divided. Where such conflicts escalate to violence the word 'problem' makes an equally uniform transition to become the word 'enemy.' Now our mantra of response, whether articulated or not, becomes 'He is my enemy', 'They are our enemies', 'They will always be the enemy' and thus our focus amidst the hurt turns to how we can we protect ourselves and those we love from 'them'.

How is it possible for two such hopelessly divided individuals or communities to ever be reconciled? One of the first steps, and possibly the most important one, is to recognise the mistake of our usual thinking. Instead of yielding to personalisation, our first great step towards reconciliation is to recognise that our real 'enemy' is never 'him', 'her' or 'them'. The real problem that faces us in conflict is the brokenness that divides us. It is our enmity that is our enemy not the 'other'. Remove the enmity and couldn't our families find a way to be restored? Remove the enmity and couldn't our communities find a way to live side by side in peace? Such depersonalising of our conflicts is no panacea, of course, but as in the field of medicine, personal and community healing is enormously helped when we begin with a proper diagnosis.

"If separation is the seed of conflict, reconciliation begins with the simple act of meeting together."



Valentines Day Menu Idea American Blueberry Pancakes

Breakfast

Ingredients

200g self-raising flour

1 tsp baking powder

1 egg

300ml milk

knob butter

150g pack blueberries

sunflower oil or a little butter for cooking

golden or maple syrup

Method

Mix together the flour, baking powder and a pinch of salt in a large bowl. Beat the egg with the milk, make a well in the centre of the dry ingredients and whisk in the milk to make a thick smooth batter. Beat in the melted butter, and gently stir in half the blueberries. Heat a teaspoon of oil or small knob of butter in a large non-stick frying pan. Drop a large tablespoonful of the batter per pancake into the pan to make pancakes about 7.5cm across. Make three or four pancakes at a time. Cook for about 3 minutes over a medium heat until small bubbles appear on the surface of each pancake, then turn and cook another 2-3 minutes until golden. Cover with kitchenpaper to keep warm while you use up the rest of the batter. Serve with golden syrup and the rest of the blueberries.

Dinner

Peppered Fillet Steak with Parsley Potatoes

Ingredients

3 large red-skinned potatoes, peeled and cut into large cubes

2 tbsp olive oil, plus a drizzle extra

1 garlic clove, minced

small bunch flat-leaf parsley, finely chopped

2 beef fillet steaks (each about 140g/5oz)

1 tsp cracked black pepper small knob of butter watercress salad, to serve



Method

Tip the potatoes into a pan of water, bring to the boil, simmer for 2 mins, then drain. Heat the oil in a non-stick frying pan. Add the potatoes and sizzle gently for 20 mins, tossing occasionally, until golden and crispy all over. When the potatoes are cooked, add the garlic to the pan and fry for 1 min more. Finally, toss through the parsley, season with sea salt and set aside. Meanwhile, rub the steaks with a drizzle of oil, then press in the black pepper. Heat a griddle pan until hot, and cook the steaks to your liking (2½ mins each side for medium rare, 3½ mins for medium, 4½ mins for well done). Leave steaks to rest for 5 mins, then top with a knob of butter and serve with the potatoes and some watercress salad.

Dessert

Passion Fruit Souffles with Passion Fruit Sauce

Ingredients

knob of butter, plus extra for greasing 75g caster sugar, plus extra for dusting

4 medium egg whites

6 ripe passion fruits, halved

150ml ready-made custard



Method

Heat oven to 180C/160C fan/gas 4. Put a baking tray on the top shelf to heat up. Grease 4 x 150ml ramekins with butter and dust the insides with caster sugar to coat. Whisk the egg whites in a bowl until stiff. Add 1 thsp of the sugar and whisk for 30 secs more until thick and glossy. In a separate bowl, scoop the pulp from 1 passion fruit into the custard, then fold in the whisked egg white. Spoon the mixture into the prepared ramekins and put on the hot baking tray. Bake for 15 mins until risen and golden on top. While the soufflés are cooking, make the sauce. Scoop the remaining passion fruit pulp into a saucepan, add the remaining sugar and simmer gently for 5 mins. Finally add a knob of butter and stir until melted. Pass through a sieve and serve in a jug with the hot soufflés as soon as they come out of the oven. Let your guests break a hole in the centre of their soufflé, then pour in the sauce.

Cocktail

Angel's kiss

This coffee and cream layered cocktail makes a decadent after-dinner drink served with chocolates

Ingredients

400ml Tia Maria, chilled 16 tbsp (approx 250ml) double cream cocoa, for dusting

Pour the Tia Maria into small cocktail or liqueur glasses. Carefully pour the cream into the glasses over the back of a teaspoon so it floats on the surface of the Tia Maria and makes a separate layer. Dust the cream with cocoa by shaking it through a tea strainer, and serve.



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Donal O' Dwyer MVBMRCVS, Patrick Jones MVBMRCVS & Associates

A DAY IN THE LIFE OF A VETERINARY NURSE



I am currently in my 3rd year of my Veterinary Nursing degree and I am completing a 7 week work placement at Maynooth Veterinary Clinic under the supervision and watchful eye of Michelle, the practice nurse.

A typical day begins at 9am and Michelle and I will check any animals currently hospitalised to ensure they have fresh food and water, clean bedding and that they are comfortable. All the kennels are cleaned then the nurse and I will assist the vet in examining the animals and administering medication as required.

After morning checks are completed, we will prepare for any scheduled surgeries. This involves preparing any sterile instruments and sedating the patient prior to anaesthesia. During the surgery, the nurse will continually monitor the patient's vital signs, administer pain medication and assist the veterinarian. Post operatively, we will continue to monitor the patient until he/she has recovered from the anaesthetic. Throughout the day, the nurse will check all of the hospitalised animals to keep them warm and comfortable (and bring them into the canteen for cuddles when the vets aren't looking!).

After lunch the animals are re-examined and we begin to prepare for evening consults which take place between 4-6pm. During consults I assist the vet to hold the animals safely for examination and deal with any client queries over the phone.

At 6pm we finish the evening clinic and check all the hospitalised animals before leaving for the evening. The vets are then



on call overnight offering a 24hr emergency service for all of the clients of the clinic. No two days are ever the same and I am really enjoying my time here and would like to thank all the staff at the clinic for all their help and advice.

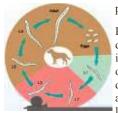
Lungworm Infection in Dogs

Lungworm infection differs from other worm types in that in dogs it can be fatal. In Ireland it was first diagnosed in dogs living around the River Dodder area in Dublin and recently we have identified it in our Clinics in Maynooth and Clane.

Lungworm, Angiostrongylus Vasorum, is not spread directly from dog to dog but requires an intermediate host, namely the slug or snail. Dogs become infected

by eating contaminated slugs or snails and the worm makes its way to the lungs via blood vessels and causes bronchitis,

lungs via blood vessels and causes bronchit: pneumonia and severe lung damage.

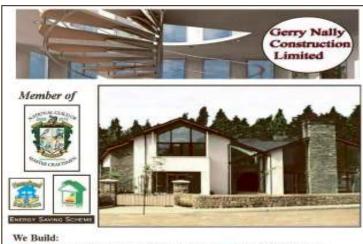


Recently, I had a call from a Client telling me her dog was coughing for a week -10 days. This initially sounded like a case of "Kennel Cough" but, on admission to the Clinic lungworm was diagnosed. The dog responded to treatment but, not all infected dogs are as lucky. Symptoms of lungworm infection can vary but a dog coughing for

a few days should never be neglected.

Ring us at Maynooth Veterinary Clinic 01 6289467 or Clane 045 982763 for advice on treatment and prevention to protect your pet.





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Email: info@gerrynally.com - Website: www.gerrynally.com

Maynooth Library Celebrates 30 Years

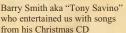
Past and present staff and management and a host of guests attended the 30th anniversary opening of the Maynooth Library on the Main Street in December just gone. We were entertained by Barry Smith with his repertoire of songs and poetry readings from local artists Martina Murphy and Kate Dempsey and stories of times



L/R Past and present staff of Maynooth Library: Pat Lonergan, Eddie Treacy, Mary Dunne, Caroline Farrell, Jim Mc Donald, Bernadette Gilligan, Enda Leaney, June Brannigan, Emma McKeon, Barry Smith and Eimear McGinn

past in the library from management and staff. Coincidentally the Celbridge Library and the Naas Dual Carrigeway opened on the same day 30 years ago.







Martina Reilly and Kate Dempsey who recited poetry on the night

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Thank you - Go raibh maith agaibh

The generosity of the people in Maynooth has, once again, been exceptional and we in the local conference of Saint Vincent de Paul are most grateful to all of you.

In contrast to national trends this year, donations to your local conference have increased and your generosity allows us to continue assisting people who are challenged on a daily basis to provide the necessities for healthy living. The cumulative adverse impact of the recession persists for many in our community some of whom require assistance from time to time.

If there is anyone in need who would like us to visit please phone *01 855 0022* to arrange for two of our members to meet you.

We would like to assure you that confidentiality is guaranteed and your affairs will remain private.

Once again we sincerely thank you

Maynooth Conference St. Vincent de Paul New opening hours Saturday 10am - 4pm



Vet Appointments available 10am - 4pm on Saturdays from November 2013!

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Manipulative Behaviour

Public awareness has been raised by media attention to the occurrence of bullying in recent times. Bullying is about the abuse of power, and can develop in any context in which human beings interact with each other. The aim is to impose domination over another and can be so subtle and shrewd that those of us who fall victim can completely miss the fact that we are being very cleverly controlled.

Most of us are forthright in our behaviour and we like to think the best of others, but there are those of us who will do whatever it takes to get what they want. They will always give an innocent reason for their actions and are motivated by the prospect of winning any social interaction. This manipulative behaviour is by definition an attempt to influence someone else's actions.

There are a number of characteristics that define a manipulating personality. We are all familiar with 'The Martyr'. This person behaves as though they are being considerate to others but in fact are just mixing up considerateness with a need to be significant. They are also expert at laying the 'guilt trip' at your door, telling you that you 'should' rather than allow you stand up for your own values and needs.

Another and probably more dangerous is 'The Narcissistic' personality. This is characterized by feelings of self importance and a sense of entitlement. They also have a very strong need for admiration. They feel superior and believe others envy them, always pointing out others downfalls to boost their own egos. They can be very arrogant in their attitude towards others, showing complete lack of empathy should their feelings no be adhered to.

A manipulative person will respond badly if they don't get their own way, often lashing out with fits of anger that can easily turn to physicality. A manipulative person can be deceitful and dangerous causing the victim to 'give in' because they will be aware of the outcome if they do not.

Should you be unfortunate enough to have to deal with somebody like this, the important thing is to stand your ground. Don't enter into an argument with them because they thrive on this situation and are expert at turning the tables and becoming the victim.

Be firm, know your own limits, make them clear and don't be a doormat for anyone who likes to control.

By: Cora Tolan

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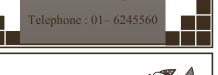
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Barrogstown, Maynooth, Co. Kildare

Community Council Notes

The first meeting of 2014 took place in the Glenroyal on 13 January.

Condolences were expressed to the families of Trevor Reilly and Nurse Hyland.

Trevor Reilly was a great supporter of the Community Council providing the space needed for the first Community Council office. He was described as a true gentleman and was due our respect. Nurse Hyland touched the lives of so many families in the locality and was commended for her many years of service to the people of Maynooth.

The Chair reminded the meeting that Maynooth Community Council's objective is to serve the community and those members are very welcome to come and represent their association and to get involved in community events/issues/projects across the board. The MCC is less about members coming on board to represent one issue for the duration of that issue only. It is about being interested in the community as a whole.

Matters arising -Maynooth Schools Group There was strong criticism from the Secretary of the Maynooth Community Council regarding the School's facebook page. Erroneous comments were aimed at a member of the Executive about MCC and the proposed new secondary schools. The Secretary stated that the comments were nasty and bordered on libellous as well as being totally untrue. The Executive took the unprecedented decision to write an open letter to the Liffey Champion before Christmas which it published and which outline and clarified MCC position in relation to the matter. The Executive has always been a supporter of the MPPS with some members having a close association with the school down through the years. An assurance was given that the comments would be removed.

The update is that the Schools Group and four representatives will meet the Minister for Education and the Taoiseach in the Dáil in the next few days. The item will be on the agenda for the next meeting. Fundraising and Finance

The events Manager at Tesco has offered for the MCC and another Community Group (possibly the Scouts) to have two days of bag packing in the store. MCC will be the main beneficiary as a necessary fundraising activity. The second group will have a percentage of the takings. Community Groups interested are to contact John Doogan in the MCC office.

The Treasurer's Report was read and accepted. It raised the question of funding for the office. It is now costs more to run the office and employment scheme. DSP funding has dropped by 50%. PRSI, equipment, heating, electricity have all to be paid for. A New Community space has just opened up near the office. This replaces the one at Manor Mills. Tesco's have provided the space rent free as was agreed at the time of the expansion of the store. Kildare County Council looks after its running costs. Groups wishing to meet and use the space much pay a fee of €10 per hour. There has been a good amount of interest in the space to date. It will be managed slightly differently than before. Please contact John Doogan in the office for more information.

The financial situation is being very carefully monitored. The responsibility of members in relation to the finances was clarified. Members are always kept informed. The MCC is a limited company since 2001 and therefore its members are protected and not personally liable should anything go awry. The accounts are audited annually and there are also spot checks throughout the year. It was pointed out that the Company returns go in every year as well. MCC is no longer in a position to offer modest start up funding for new sub-groups which it did in the past. Any new subgroups must finance themselves completely. The

AGM meeting will require that there be an addendum to the constitution to make provision for the dissolution of a subgroup and how any finances are to be dealt with. Subgroups' insurance is covered by the MCC. Festival

Planning for the annual Festival is about to take place. No dates have been agreed so far. We are building on a good foundation from last year. It was thought to have the Festival in June if the Irish Open was to be in Carton which is now not the case. We would encourage all clubs and groups to get involved and welcome constructive criticism and most importantly hands on help. Maynooth Students' Union would be in a position to get more involved this year if it is in September as last year the lead in time for their involvement was short.

St. Patrick's Day Parade

Planning for the St. Patrick's Day Parade is well underway. Sponsorship letters etc have gone out. A MCC office staff member has been dedicated to the project. The St. Patrick's Day meeting will be held just before the MCC meeting in February. The question of marshalling especially where young children are present was raised. It was agreed that parents and adults looking after the children should marshal them for example the Educate Together School appoints a certain number of volunteer parents per group of children for the parade which works very well. Basically individual groups look after themselves. The idea of a theme for the parade was raised and will be brought up at the next meeting. Sub-Groups

Maynooth Scouts have started back with a cub challenge in Celbridge and a Hostel weekend in March. They also had the peace of light ceremony at the masses at Christmas in Maynooth and Ladychapel churches.

Educate Together School had a successful Christmas concert. The fourth class had a display in the Young Scientist Exhibition for which they earned a prize. Most of the class went to the RDS. The school had their first interschool competitions – Olympic Handball. The full school review was published which showed strong parental participation. Sixth class visited a TCD science laboratory.

Tidy towns It was a disappointing result for Maynooth in the IBAL rating. Some possible explanations were that it was taken in October when there is less day time for Tidy Towns volunteers to be active. Secondly, it was the approach roads to the town that appear to bring down the rating. This is unfair to the TT as the work and commitment given to the town itself is second to none and approach roads and their condition is the remit of the County Council. The TT was commended for all their work in Maynooth.

The Maynooth History Group will have a memorabilia night in the Glenroyal Hotel on Thursday 23 January. People were invited to come along and to bring an artefact, document, domestic item, coins etc with links to history

The MSU hope to expand the student visits to other nursing homes in the Maynooth area in the next few months. A pilot project was begun in the first semester and was very successful. Manor Cabs were thanked for taxing students to and from the nursing home.

Community Church Keith McCrory recently visited the Kennedy Centre at NUI Maynooth and expressed his congratulations to the work of the Institute. Established in 2012, the Institute honours the late Senator Edward M Kennedy for his lifelong commitment to justice, equality, human rights, education for all and environmental protection and in particular for his contribution to the Northern Ireland peace process. It has a high level of engagement with

the wider community including key practitioners and

organisations active in the practice of conflict intervention.

AOB

There will be a Ciorcal Comhrá in the Community Library at 11am on the 21 January. Encouragement expressed for all to come. Membership of the Maynooth Community Library is now free and that includes use of all its facilities.

The student melee in the street before Christmas was raised. This was the result of a student "Christmas day" celebration just before the end of the semester. Alcohol consumption began early in the day. Serious concerns were raised at the meeting about the dangerous behaviour of the students both to motorists and to themselves. The behaviour was described as quiet intimidating. There was no garda presence which one would have thought that there should be given the large numbers of students present in the street. There did not appear to be any coordination between authorities in the university and town given the large number of people in the area. Not all were NUI Maynooth students it has to be said. Students from other colleges also attended and this kind of drink tourism can give rise to potentially dangerous situations for everyone concerned. It was observed that there appears to be a push to drink before one goes to a venue. It was pointed out that it is illegal to consume alcohol outside. It was noted that the President of NUI Maynooth apologised to the town and that MSU took a strong stance on the matter. The President of MSU reported that he a number of student volunteers were out early in the following morning cleaning the streets most of which was done by 9am.

Hotel Scam

You arrive at your hotel and check in at the front desk. Typically when checking in, you give the front desk your credit card (for any charges to your room). You go to your room and settle in. All is good. The hotel receives a call and the caller asks for (as an example) room 620, which happens to be your room. The phone rings in your room. You answer and the person on the other end says the following: '

This is the front desk. When checking in, we came across a problem with your charge card information. Please re-read me your credit card number and verify the last 3 digits numbers at the reverse side of your charge card. Not thinking anything wrong, since the call seems to come from the front desk you oblige. But actually, it is a scam by someone calling from outside the hotel.

They have asked for a random room number, then ask you for your credit card and address information. They sound so professional, that you think you are talking to the front desk.

If you ever encounter this scenario on your travels, tell the caller that you will be down to the front desk to clear up any problems.

Then, go to the front desk or call directly and ask if there was a problem. If there was none, inform the Manager of the hotel that someone tried to scam you of your credit card information, acting like a front desk employee. This was sent by someone who has been duped......and is still cleaning up the mess.

Know Your Rights

Know Your Rights A: Invalidity Pension changes

Question

I am getting Invalidity Pension. Will my payment be increased when I reach 65 years of age later this year?

Answer

No. As a result of changes announced in Budget 2014, the higher payment at age 65 is no longer made.

Invalidity Pension is a weekly payment for people who cannot work because of a long-term illness or disability and who are covered by social insurance (PRSI). From 2 January 2014, in line with the abolition of the State Pension (Transition), the higher weekly Invalidity Pension rate of €230.30, paid when claimants reached age 65, has been discontinued. Previously, at age 65 the rate of payment increased to the same rate as the State Pension (Transition).

The rate now payable to people aged 65 (and under) is €193.50 per week. This change applies to those claiming Invalidity Pension who reach their 65th birthday on 2 January 2014 or later. Existing 65-year-old claimants are not affected by the change.

People who are getting Invalidity Pension (existing and new recipients) will continue to be automatically transferred to State Pension (Contributory) at age 66 and they will then receive a weekly rate of €230.30.

There is also a change to the weekly rate payable to some qualified adults of those claiming Invalidity Pension. For those qualified adults who reach their 66th birthday on or after 2 January 2014, the weekly rate payable has been standardised at €138.10 per week. Existing qualified adults who reached the age of 66 before 2 January 2014 are not affected by the change.

Know Your Rights B: Applying for a driving licence

Question

I heard that you no longer apply to the motor tax office for your driving licence. Where do you apply?

Answer

Since October 2013, you have to apply to the National Driver Licence Service (NDLS) when applying for a driving licence or learner permit. The NDLS has a network of centres throughout the State.

The first time you apply to the NDLS (whether it is a new application or a renewal) you must attend in person at an NDLS centre to have your photograph taken and your identity verified. Your signature will also be digitally captured.

As well as the completed application form, the fee and any other required documentation, you will need to bring documents with you that confirm you are the person who is applying for the driving licence or learner permit. If you currently have an Irish driving licence or learner permit, you will need to bring the licence or permit and evidence of your PPS Number. If you do not have an Irish driving licence or learner permit, you will need to bring photographic ID, proof of your residency entitlement, evidence of your PPS Number and proof of address.

Your new licence or permit will be posted to you. The next time you apply you will not have to visit an NDLS centre as your identity will already have been verified. You can choose either to continue to use the photograph taken in an NDLS centre previously (if this is less than 5 years old), or submit 2 new passport-style photographs that meet the required standards.

Application forms for driving licences and learner permits are available from NDLS centres, driving test centres, driving theory test centres and Garda stations. They can also be downloaded from ndls.ie.

Know Your Rights C: Rights of ferry passengers

Question

I recently travelled to Britain by passenger ferry, however, we arrived 3 hours late. Am I entitled to compensation?

Answer

You may be entitled to compensation, depending on the circumstances. Under EU legislation you have rights similar to those of airline passengers.

For example, if the departure of your passenger ferry is delayed or cancelled, you must be informed of the situation as soon as possible and no later than 30 minutes after the scheduled time of departure. If the departure is expected to be cancelled or to be delayed for more than 90 minutes, you should immediately be offered a choice between re-routing to your final destination and a refund of the ticket price.

While waiting, you should be offered snacks or meals free of charge, in reasonable relation to the waiting time. Also, if a stay of 1 or more nights becomes necessary, you must be provided with adequate accommodation free of charge. However, you are not entitled to accommodation where the cancellation or delay was caused by weather conditions endangering the safe operation of the ship.

While still being entitled to travel, you can request compensation if you are facing a delay in arriving at your destination of at least:

- 1 hour in the case of a journey of 4 hours or less
- ◆ 2 hours in the case of a journey of between 4 and 8 hours
- 3 hours in the case of a journey of between 8 and 24 hours
- 6 hours in the case of a journey of more than 24 hours

The minimum compensation is 25% of the ticket price, 50% if the delay is more than double the time set out above. You are not entitled to compensation where the cancellation or delay is caused by dangerous weather conditions or by extraordinary

circumstances which could not have been avoided, such as a natural disaster.

If you feel that your rights have been denied, you should submit your complaint to the ferry company within 2 months of your trip. If you are dissatisfied with the response to your complaint or you did not receive a reply within 1 month, you can make a complaint to the National Transport Authority. Further information is available from the Citizens Information Centre below.

Know Your Rights D: Medical cards for over-70s

Question

I am 72 years of age and I think I may be eligible for a medical card. How much income can I have and still qualify?

Answer

To qualify for a medical card from the Health Service Executive (HSE), your weekly income must be below a certain figure. The assessment of a couple for medical card purposes is based on the age of the older person.

Since 1 January 2014, the weekly income guidelines for medical cards for people aged over 70 have changed. The gross income limit for the over-70s medical card is ϵ 500 (was ϵ 600) for a single person and ϵ 900 (was ϵ 1,200) for couples.

Your total income is taken into account in the means test. There are no standard deductions allowable, for example, for income tax. Pensions, earnings, interest from capital and all other sources of income are included.

Savings or similar investments of up to \leqslant 36,000 for a single person and \leqslant 72,000 for a couple are disregarded. A notional rate of interest is applied by the HSE to the balance. Alternatively, the HSE will apply the actual rate if you provide a certificate of interest paid on savings in the last full calendar year. Property will not be assessed in the means test unless it is generating a rental income.

If your income is above the limit for a medical card, you may be eligible for a GP visit card. To qualify for it, your gross weekly income must not be over \in 700 for a single person or \in 1,400 for a couple. A GP visit card allows you to visit your family doctor for free.

If your income is over the above limits, you can still apply for the ordinary medical card or the GP visit card on hardship grounds, for example, if you would have difficulty meeting significant ongoing medical expenses without it.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public.

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

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Maynooth Tidy Towns

We thank all who bought Christmas Trees and Wreaths from Jim Doyle (Buckley's Yard) and for his donation to Maynooth Tidy Towns.

The last report from IBAL Irish Businesses Against Litter for 2013 was published in early January, see below. This has nothing to do with the National Tidy Towns competition, however it does provide an insight into how other people look at our town. The IBAL judging took place in the latter part of the year when Maynooth Tidy Towns activities are winding down. At time of writing we are about to hold our January meeting which by tradition deals with planning the Tidy Towns year ahead.

One for the diary, WEE Ireland will be in Maynooth Tesco Car Park on Saturday 29th March 2014 if you have any electrical goods for recycling.

If you require to contact us our mobile no. is 087-3153189. *Richard Farrell*,

PRO

MAYNOOTH TIDY TOWNS



IBAL Results for Maynooth



Overall 2013 Result: 23rd out of 42 Towns / Cities surveyed. Clean to European Norms

Not as good as the previous result but still a very satisfactory result for Maynooth. There were three top ranking sites in Maynooth and the remainder were moderately littered i.e. there were no seriously littered sites. Many of the moderately littered sites could easily get the top litter grade with a little extra care and attention e.g. Main Street, Dunboyne Approach Road and Celbridge Approach Road. The two educational establishments both got the top litter grade – St. Mary's Boys National School and Maynooth College, North.

Approach from West: Grade B. There was a definite litter presence along this route into Maynooth – it was particularly pronounced along the stretch of road with a low brick wall. All of the litter present was food / drink related.

St. Mary's Boys National School: Grade A. A very clean and well maintained environment – there was a complete absence of litter throughout.

Dunboyne Approach Road: Grade B. A small scattering of litter took away from an otherwise well presented route – the road surface / markings and bollards and paving were in good order.

Public Park: Grade B. (park is parallel to the main street). Based on the evidence, it would appear that this park is sometimes used as a 'drinking' venue. The overall appearance is somewhat in need of attention.

Main Street: Grade B. There was loose litter along this street – with a little extra care it could be a top ranking site. The paving, bollards, seating and bins were in good order and the brick work on old buildings is a lovely feature of the street.

Aldi: Grade A. This was an excellent site – clear of all litter and well presented and maintained.

Recycle Facility: Grade B. As well as loose litter around the base of the bottle bank containers there was discarded cardboard and some to the side of the containers. Bottle tops were also pronounced.

Maynooth College, North: Grade A. The very high standards obtained in previous IBAL Anti-Litter surveys have been sustained. This was a spotless campus – clearly it is a very well respected and cared for environment.

Maynooth Train Station: Grade B. (off Straffan – Celbridge Road). The platform and surrounding environs were clear of litter but there was a small litter presence around the perimeter of the car park – cans, fast-food wrappers and sweet papers.

Celbridge Approach Road: Grade B. An attractive route which passes through a residential area with plenty of mature trees, some grass and a square – some food related litter took away from this otherwise well presented environment.

North Kildare Chamber of Commerce Annual Business Breakfast with Guest Speaker Paddy Power

Annual Business Breakfast with guest speaker Paddy Power sponsored by Dooley Insurances Wednesday 19th February 7.30am

Venue: The K Club, Straffan, Co Kildare.

Paddy Power is Director of Communications for Paddy Power plc, one of Europe's largest bookmakers and a leading provider of gaming services in the UK, Australia and Ireland. Founded in 1988 Paddy Power is a publicly quoted company and is listed on both the Irish and London stock exchanges.

Paddy is the latest in a long line of bookmakers carrying the Power name which can be traced back to Paddy's Great Grandfather, Richard, who became a bookmaker in the 1890s. In the first six months of 2013 the company turned over more than $\[\in \]$ billion and continues to go from strength to strength.

Paddy is an honours graduate of Dublin City University and has worked in all facets of the business including odds compilation, risk management, operations and marketing. He is now responsible for the company's Communications strategy.

Pre Booking Essential by contacting Allan in the Chamber office on 045 894074

EXPLORING MAYNOOTH

Extracts from a book called Exploring Maynooth which was jointly published by Maynooth Local History & Civic Forum and Maynooth Action Strategy, a self guide walks to facilitate residents of, and visitors to, Maynooth in exploring the history of the town and its environs.

THE TOWN WALK (An eighteenth-century inheritance)

Summary: This walk starts and ends at the gates of Carton Avenue, proceeds to the Square, the Harbour, the College and Castle vistas, and through the distinctive laneways of old Maynooth. - Distance: 1 km. Walking Time: 0.5 hour. Terrain: Footpath and tarmac surfaces

We begin at the gates of Carton Avenue (1) which leads to one of the entrances to Carton House and estate. Beside one of the pillars of the avenue gates is a stone tablet erected in 1998 commemorating the bi-centenary of the 1798 rebellion. Facing the gates the building (2) to the left was until recently the convent of the Presentation Sisters who came to Maynooth in 1823. They acquired the old Charter School, built in 1749 for the education of Catholic boys in the Protestant religion and closed in 1819. The sisters opened a primary school and built their convent on its grounds in the 1820's. Here generations of Maynooth children were educated. The convent was sold in 1994 and developed into apartments, but the school continues in the new building (3) nearer to the avenue.

Maynooth originally developed as a medieval settlement around the Fitzgerald castle (4) but the town we see today was completely remodelled in the mid-eighteenth century by James, 20th Earl of Kildare and from 1767 first Duke of Leinster, and some of his wealthy tenants such as Peter Bere. The Fitzgerald family had left Maynooth Castle in the mid-17th century and returned to live in Maynooth at Carton House in 1739. As was the fashion for wealthy landowners at the time when they developed the house and demesne they proceeded to the development of the estate town. The new layout centred on a broad Main Street between two rows of two storey slate roofed dwelling houses in alignment with the avenue leading to Carton demesne. This street pattern remains virtually unchanged to this day. Main Street is lined on both sides by lime trees as it was in the eighteenth century.

Proceed down Main Street noting that the 18th century houses have been retained or new developments largely built to the same design. On the right you pass Ua Buachalla's shop, owned by the family of Domhnall Ua Buachalla who led a contingent of Maynooth men into Dublin to take part in the 1916 rising and later served as the last governor-general of the Irish Free State.

Halfway down the Main Street on the left is the Square (5) which was a main feature of the 18th century development as a market square with a market house in the centre. By the 1820's markets appear to have been discontinued and the market house was replaced by a courthouse where quarter and petty sessions were held. It was developed in the 1880's to serve as a town hall, with concert and meeting rooms. The building was burned down during the independence campaign of 1919-21 and the ruins were later demolished. Kildare Co Council developed the present square in 1995 and the monument (6) was erected in 1996 to the memory of the Maynooth volunteers who fought in the Easter Rising of 1916.

Just beyond the Square, on the left, is the Leinster Arms (7), today a hotel and public house. It was built as a ballroom during the eighteenth century development and the adjoining building (8), now a private house, was an inn. Wolfe Tone of the United Irishmen and his bride, Matilda Witherington, spent their honeymoon in Maynooth in 1786 and folk tradition says they stayed at this inn.

Continuing down Main Street, e come to a cross axis at right-angles to the Main Street. This is also part of the 18th century development and was built between 1788 and 1799. Turn left and walk into Leinster Street (9). On the opposite corner is the Garda Siochana Station (10) built in the 1920s. The previous Constabulary Barracks was burnt with the courthouse during the war of independence. Leinster Street was originally called Canal Street as its function was to give access to the new Royal canal (11). The canal itself was built in the 1790s, and intended as an arterial waterway for the carriage of passengers and freight between Dublin and the Shannon. Its project line was altered at the behest of the Duke of Leinster to include Maynooth. It proved to be of limited commercial viability, but later provided a line for the railway to the west which was built in the 1840s by the Midland Great Western Railway Company. Some few hundred yards along Leinster Street on the left is Geraldine Hall (12), built in 1859 as the Church of Ireland school and later added to as a community hall. Straight ahead is the Duke's Harbour (13), recently carefully restored by the Royal Canal Amenity Group and now being developed for a range of leisure activities.

Returning to the bottom of Main Street, turn left and cross the bridge over the Joan Slade which flows into the Lyreen. This bridge is part of the 18th century development and replaced a former bridge further south. On the right are the ruins of the late twelfth or early thirteenth century castle (4). This was the main castle of the Fitzgerald family who were one of the first wave of Normans to reach Ireland in 1169. Around the castle the village of Maynooth seems to have first developed. A weekly market was established in this area in 1286. The Fitzgeralds became one of the wealthiest and powerful families in Ireland. In the late 15th and early 16th centuries, as Earls of Kildare, they regularly served as Chief Governor of Ireland (Lord Deputy) in the name of the English kings. They eventually fell foul of the centralising policy of the Tudor monarchs in the 1530s. It was later restored to the Fitzgeralds but they had lost their former political power. The castle was dismantled and left in ruins during the wars of the 1640s and was never lived in again.

Opposite the castle on the corner of Parson Street (14) and situated within the college grounds is the Church of Ireland parish church of St. Mary's (15). The original castle chapel stood on this site. It was redeveloped in the early 16th century as the collegiate church which might well have developed into Ireland's first university. However, the political upheavals of the Reformation period and the fall from power of the Fitzgeralds ended that. It has been renovated and extended many times over the centuries. Parson Street predated the new developments but new houses were built in the 18th and 19th centuries. These included the Glebe House or Church of Ireland rectory (16) which may have been built around 1726. Rev. Gregory Benjamin was rector from 1718 to 1742 and Rocque's map of 1757 shows an orchard, named Gregory's Orchard, directly opposite the gates of this house in the present grounds. Entrance to this orchard was by means of a bridge over the Joan Slade river, sadly no longer in existence. You will see that opposite the middle of the terrace the Joan Slade does a vanishing act by disappearing beneath the roadway and terrace to emerge through attractive lawns and eventually flow into the Lyreen river alongside Kavanagh's Mill.

Return to the entrance to St. Patrick's College and the south campus of the National University of Ireland, Maynooth (17). The location of the College in Maynooth can also be attributed to the 18th century development of the town. Under the threat of the French revolution the English government permitted and funded a Catholic seminary for the training of priests, something previously illegal. The second Duke of Leinster made the recently built Stoyte House (18) available and here the College opened in 1795 with 40 students. It grew rapidly an over the years it has sent priests all over the English-speaking world as well as to Irish dioceses. The opening of the College in 1795 and its steady growth was of important economic significance to the town as it provided employment for a range of trades people, tailors, shoemakers, sewing women, washerwomen, cooks, carpenters, suppliers of various goods and so on. Seminarians purchased supplies outside the front gates of the college and, until Vatican II, local children gathered on the green to receive blessings from the newly ordained priests. Today there are two universities, the Pontifical University which awards degrees in Theology and the constituent university of the National University of Ireland which awards degrees in Arts, Engineering and Science. The vast majority of today's students are lay men and women and a large new campus, the north campus (19), has been developed on the north side of the Kilcock road.

Return across the bridge and turn left into Mill Street (20), built in the late eighteenth century development, to carry the main road to the west. In previous times the main road had crossed the Joan Slade stream to the market place in front of the castle ruins. Here it turned right, went through the castle gate, across the grounds and out by a bridge over the Lyreen and onto Kilcock and the west. Now the road to the West turns right along Mill Street, over the Lyreen by William Bridge, and then turns sharply left to join the old road to Kilcock road. Originally called Bridge Street, Mill Street got its present name from the Manor Corn Mill (21) situated on the banks of the Lyreen river from which it drew its mill race. There had been a mill on this site since medieval times. An old tradition asserts that the back wall of the manorial mill was the front wall of the castle mill.

Since the middle years of the nineteenth century the mill has been associated with the Kavanagh family. An interesting link with the early days is the old mill wheel now standing in the mill yard. Built c.1850 by Thomas Smith millwright of Celbridge, it was installed in the millrace, and continued to power the grinding mill until well into the twentieth century. Further along Mill Street on the right is the Catholic parish church of St Mary (22). It was built between 1835 and 1840 in a prominent position on rising ground, as the church was emerging from the penal days and beginning to assert itself

Return across William Bridge and turn left into Pound Street (23), named after the old pound (24) or enclosure for straying animals. The row of two storey houses on the left was built in the early nineteenth century. Just beyond these we come to the Band Hall (25). It was built around 1750 as a Catholic Chapel with adjoining priest's house when they were sited in inconspicuous locations because of penal laws. When the new Catholic Church was built, the Chapel became the Catholic boys' school and a national school from 1844, and the house became the schoolmasters' house. A new boys' national school (26) was built near the church in 1943 and the old chapel then became home to St. Mary's Brass and Reed Band. Beside the Bandhall is an open green. Continue up Back Lane (27). Pound Street and Back Lane, formerly called Chapel Lane are both part of the eighteenth century development of Maynooth. They appear on maps 1773 and 1781 which also show rows of smaller houses behind the north side of the Main Street along Convent Lane (28), Leinster Cottages (29) and Double Lane (30). Turn right at the top of Back Lane. The houses on this part of Convent Lane were built in the early nineteenth century. This brings is back to Carton Avenue. (See map on page 11)



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As springtime dawns, and the bright evenings are beginning to make an appearance, you may find it that bit easier to make time for exercise after your busy day. With New Year's resolutions still fresh in your mind, now is a great time to get fit and healthy. After all, if you don't look after your body, where are you going to live?

The best way to make sure you are on the right track is to book a fitness assessment and program with a qualified fitness instructor. A good gym instructor will be able to tailor an exercise plan that incorporates both aerobic and resistance training to help you achieve the results you desire.

Examples of resistance training include:

- Free weights such as dumbbells, barbells and kettlebells
- Weight Machines equipment found in the gym containing adjustable seats with handles attached to weights
- Resistance bands like giant rubber bands which provide resistance when stretched.
- Your own body weight can also be used as resistance to do squats, push-ups or chin-ups.

Including resistance training in your routine has many physical and mental health benefits:

- Improved muscle strength and tone to protect your joints from injury. It also helps you maintain flexibility and balance and helps you remain independent as you age.
- Weight management and increased muscle-to-fat ratio as you gain muscle tissue, your body burns more calories when at rest
- Greater stamina as you grow stronger, you won't get tired as easily
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- Pain management
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At age 39 and already having a 13 year old daughter and an 8 year old son you can imagine Michelle's surprise to discover she was pregnant. This time however, the joy of being pregnant was tinged with the knowledge that the weight was going on much easier than her previous pregnancies. Michelle remembers saying to herself "once I have the baby I'll get stuck into losing the weight". Following the birth of baby Mia, Michelle says "the delights of my new baby were overshadowed as I felt frustrated and unhappy with my size, and as many of us know amongst sleepless nights, a new born baby and 2 growing children, losing weight is never top of your list" After struggling for a few years and trying many different ways of losing her baby weight Michelle decided it was time to get some help and she went along to her local Slimming World group, she lost 4.5lbs on her 1st week and was shocked as she couldn't believe how much food she had been eating all week. She had cooked all the family favourites like chicken curry, roast dinners, spaghetti bolognese and they'd even had a fry on Saturday morning not to mention Slimming World chips. This really was only the start for Michelle, and after losing 2 stone and fitting back into her old size 10 jeans she decided she would love to help others lose weight and spread the news about Slimming World and let others know how you could eat yourself slim. She opened her 1st group in Kilcock in March 2012 and then a 2nd group in Clane that November and now has over 340 members visiting her groups every week. "I am very proud of my members" says Michelle "they have lost amazing amounts of weight, many celebrated Christmas 2013 feeling absolutely amazing and thrilled with their new look and how they have improved their health, to be involved in changing members lives is a dream come through for



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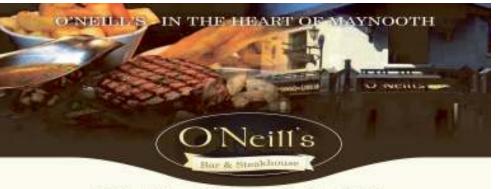
"To controtious business a scilutor may not calculate fires or other charges as a percentage or proportion of any award or settlement."



Michelle has now been promoted in Slimming World and has already Slimming started training as a manager and with this role she will be helping other consultants to have really successful groups and help even more people all over Ireland to get to their dream weight.

Contact Michelle on 087 2470716





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W/End	Numbers	Jackpot	3 x €35 Winners
05-Jan	1,14,17,27	€2,400	Paul Keogh - Daniel Hever - Dave Keegan
12-Jan	18,19,21,26	€2,450	David Mc Cormack - Emer Darcy - Anne Naughton
19-Jan	2,17,22,23	€2,500	Mary Murray - Slim - Mick Mc Govern

Editorial

Although it had been a number of weeks now, it is important to mention and to remember the death of Nelson Mandela. Ar dheis Dé go raibh a

Just when one feels that there cannot be more scandals to unearth in this little country the Uisce Éireann overspend emerges. Then the possibility that the Gardaí are guilty of wiping penalty points. But even worse, and more disturbing, are the payments at the Central Remedial Clinic. Half of the voluntary fundraising of one year was given as a pension to one individual. Now there are questions about Rehab who cooperated with the CRC in certain fundraising efforts. This is frightening and disgusting to those who have given to the Clinic but it is an insult and a slap in the face to the collectors, the workers and the parents and children who use the service. There is the possibility that all charities will suffer at a time when people have little to give and may use this as an excuse to stop contributing completely. It also raises the uncomfortable subject of the number and the function of the charitable organisations in Ireland that seem to multiply without control over the decades. Perhaps this will give the State the opportunity to examine them and what they do and whether they are needed. The fact that a regulator will be appointed would not fill one with confidence; the history of regulation in this country is not exactly sparkling. But there is no doubt that the State should be taking responsibility for many of the areas that these 'charities' control.

This raises the question again of the quality of leadership and of governance that exists here in Ireland and elsewhere. It also raises another question: are we, in Ireland, actually capable of governing ourselves? Nearly 100 years after the Easter Rising look at the state of our State. There is still a colonial attitude; that 'them' (whoever they are) and the 'us' as if we were still a colonised nation. We seem to need to fool 'them' and to steal from 'them' and take money from 'them' but have we completely forgotten that 'them' are 'us' (forgive the grammar)? Our entire psyche has been destroyed by our past and our subservience to our 'masters'. Once more, perhaps we should consider the Commonwealth? Or even a return to the United Kingdom? Would we have the M3 if we had never left? Would we still have Woodquay? Would we still have our Georgian building? We will never know but could we be worse? We might even have more support for the Irish language? Let's face it: despite all protestations we are not 'a great little country'. The church, the child sex issues? All the other scandals?

There is also a frightening sense of entitlement that brings to mind the 'You're worth it' message of a certain ad campaign. However, in most of the recent cases, the people who are receiving these payments are definitely not worth it. It may indeed reflect the Peter Principle; that people are often promoted beyond their abilities, instead of

allowing them to continue in a position in which they excel, they are promoted to another and different position. Then they are disastrous. Perhaps, as a nation, we need to learn some management and people skills: less bullying and less entitlement. All the media, the old-fashioned and the new, are screaming about 'them' as well. But those people who are taking money from the system are not 'them' they are also 'us'. These people did not grow up on some foreign planet or island, they grew up beside us, they are us and they come from our towns and villages. There but for bad luck goes 'us' - we just didn't manage to get a job that would allow us to live like that. How many people in this country would not take as they do if they could? Gombeenism is alive and well and after 100 years there seems little of no way to stop it.

Educational matters have loomed large in Maynooth over the Christmas period and The Newsletter did not have an opportunity to participate. Over the last number of years, this publication has published and republished the letters, invitations to meetings, comments and editorials on the future of second-level education in the town. The planning application for the 2 schools on the Moyglare Road has not been welcomed by Kildare County Council; they require many clarifications, mainly concerning traffic and safety, the concerns also raised by the Newsletter.

More educational matters with the new junior certificate and the proposed renaming. But the Minister also needs to consider adding very basic skills to the primary and secondary school programme – grammar. Fifty years ago and more, children learned to parse and analyse sentences, they understood the difference between a noun and a verb, they even recognized prepositions, adverbs and adjectives. Perhaps they did not fully understand the concepts they were learning by rote but at a later time we were able to rationalise them and this understanding lasted a lifetime. The loss of Latin at post-primary and its grammar teaching has also contributed to the ignorance of this very basic educational tool. NUIM is taking the welcome and unusual step of reinstating the possibility of taking a BA in Greek and Latin. The Minister should also consider placing a greater emphasis on the provision of Irish heritage at primary and post-primary. Students know less about their past than they did fifty years ago and what they know is seriously inaccurate. International students never cease to be amazed at this ignorance.

Finally, and in the same vein, this year marks the 1000th anniversary of the Battle of Clontarf. It is getting a little lost in all the other events like the First World War but let us not forget it here and there will be more over the next few months. Most Irish people have heard of the event and even of Brian Boru but the facts are not known and, sadly, Brian's wife, famous in her day, has been completely forgotten by most of the Irish population.

February 1st is St Brigit's Day

This was originally a pagan, pre-Christian festival known as Imbolc, and the word is associated with milk and butter. There is also the word oimelc that may be associated with milk and milking. This festival may be connected with human sexuality as marriages in early Ireland tended to be made between mid-January and early March and the first children appeared between mid-October and February when sheep came into milk. On the Continent, Caesar mentioned Minerva as patroness of art and crafts and she appears with such gods as Mercury and Vulcan, they are patroness of domestic arts, weaving, dyeing and healing and Brigit may be her closest Irish associate. The name is found throughout the Celtic areas and is said to mean 'the exaulted one'. There was a British word Briganti latinised as Brigantia 'the exaulted one' - tutelary goddess of the Brigantes. There are Gaulish and British inscriptions containing the name and she gives her name to rivers; Brigit in Ireland, Braint in Wales and Brent in England. She is one of the principal goddesses of the Celts but there appear to be neither illustrations nor any knowledge of any depictions that would identify her. Reputedly, there were three sisters of this name in Ireland and Brigit is also mentioned as a daughter

of the god Dagda (the good god). They are worshipped by poets, associated with healing and with the smith's craft in Ireland.

The Welsh chronicler, Giraldus Cambrensis (Gerald of Wales) who came to Ireland with the Normans, says that she and nineteen nuns took turns guarding a sacred fire burning perpetually surrounded by a hedge where no man could go. Brigit was the protector and tutelary goddess of the Leinstermen in battle like a war-goddess and concerned with political as well as economic wellbeing of the area. In this context, she performs as a goddess of the land, a sovereignty goddess as do so many others in early Irish literature. When it become a Christian feast day it was marked particularly by the making of the Brigit's cross that is found in different shapes and sizes depending on the area in Ireland that it comes from. The cross was placed in the house and outhouses to prevent illness and cure sick animals. The brat Bhríde (Brigit's cloak) is also associated with healing. Even today, Brigit is venerated particularly in Kildare town and the nuns in the area have kept her name and memory alive. Kildare itself is a lovely place-name, combining the pagan and the Christian – the Kil- element means 'church' and the dara- element is the Old Irish for the oak tree originally associated with the druid class of early Ireland and England.



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Presentation of Medals and Awards in Maynooth GAA

A huge turnout in the GAA Club for the medals and awards for the Ladies Fooball U 13's, under 15's and Camogie Under 12's and 14's. The great work done by Managers and Mentors was acknowledged by all the teams and the presentations were met with great applicate from the huge attendance of fairs and parents. Everyone went home well fed and happy.



The Mentors: Sean Flood, Gory Cullen, and Alan Mooney show off their prizes



Some of the under 13's Camogic team with their medals and Manager Frank Ryon



L/R. Éimear Mooney, Sile Flood, Edel McAndrew and Ruth Millett Under 13's Football Medal Winners



Elaine Dillon on the left presenting Roisin Forde under 15's Footballer of the Year with her trophy

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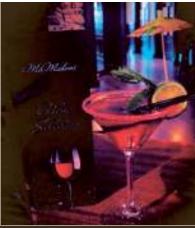
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Every Life Matters! This poem has become an internet sensation. It was found amongst the belongings of an old man who died in a geriatric ward of a nursing home in Australia. The content and quality of the poem so impressed the staff that copies were immediately made and given to every nurse in the home. Since then it has appeared in many magazines. This old man, who seemingly had nothing left to give the world is now the author of this evocative poem which has touched the hearts of many across the world..

Cranky Old Man

What do you see nurses?..... What do you see? What are you thinking.....When you are looking at me?

A cranky old man,Not very wise Uncertain of habitWith faraway eyes? Who dribbles his food.....and makes no reply When you say in a loud voice"I do wish you'd try!"

Who seems not to noticeThe things that you do And forever is losing A sock or a shoe Who, resisting or not Lets you do as you will With bathing and feeding The long day to fill Is that what you are thinking?.....Is that what you see?

Then open your eyes, nurse...You are not looking at me

I'll tell you who I am.....As I sit here so still
As I do your bidding.....As I eat at your will
I'm a small child of tenWith a father and mother
Brothers and sisterWho love one another
A young boy of sixteen.....With wings on his feet
Dreaming that soon now.....A lover he'll meet
A groom soon at twentyMy heart gives a leap
Remembering the vows.....That I promised to keep
At twenty-five now.....I have young of my own
Who need me to guide.....And a secure happy home
A man of thirty.....My young now grown and are
gone

But my woman is beside me.....To see I don't mourn

At fifty, once more.....Babies play round my knee Again, we know children.....My loved one and me Dark days are upon me.....My wife is now dead I look at the future.....I shudder with dread For my young are all rearing.....Young of their own And I think of the years.....And the love that I have known

I'm now an old man.....And nature is cruel It's jest to make old age..... Look like a fool The body it crumbles.....Grace and vigour, depart There is now a stone.....Where I once had a heart But inside this old carcass...A young man still dwells

And now and again.....My battered heart swells I remember the joys..... I remember the pain And I'm loving and living.....life over again I think of the years, all too few.....Gone too fast And accept the stark fact....That nothing can last So open your eyes, people.....Open and see Not a cranky old man

Look closer....see....ME!!

Remember this poem when you next meet an older person who you might brush aside without looking at the young soul with in. We will all one day be there too!

The best and most beautiful things of this world cannot be seen or touched. They must be felt by the heart.

Maynooth Labour News

Cllr. John McGinley can be contacted at: - 6285293 or 087 9890645 - E mail jmcginley@eircom.net - Web: www.labour.ie/johnmcginley/

Cllr. McGinley Calls for Cycle Paths Proposals for Moyglare Road to be Fast Tracked

Cllr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee:
"That a report be given to the area committee on the consultants progress so far on the National Transport Authority funded North-South Cycle Route Corridor Study for Maynooth."

John was given the following reply:

"This scheme has been discussed internally with other departments in the Council. The next step is to agree a draft scheme with the NTA and then, in advance of a public consultation process, the draft scheme will be presented and discussed with the area committee. It is expected that a final draft scheme can be discussed with the area committee in March 2014."

Cllr. McGinley pointed out at the Area Meeting on 16 January that he understood that the draft scheme was ready now and that it was essential that the Area Committee consider it as a matter of urgency as the grant of Planning Permission for the schools at Moyglare Hall is conditional on a cycle path being provided on the Moyglare Road according to the Further Information request.

John pointed out that \in 100,000 was provided in 2012, \in 30,000 in 2013 and a further 30,000 is allocated in 2014 for this project by the NTA and that \in 160,000 was a hell of alot of money for design purposes only.

Update on 66 Bus Extension to Newtown

Clr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee:

That a detailed report be given to the area committee on the extension of the 66 bus service to Maynooth, addressing the following questions:

Have any other turning points, apart from the one at Parson Hall, been considered?

When is the public consultation on the turning point and the closure of the pedestrian access at Parson Hall taking place?

Are the traffic signals at the Straffan Road Meadowbrook Link Road junction going ahead independent of the bus extension? If yes, is there funding?

Has funding been approved for the works to enable the bus extension to take place? When will the works take place?

John got the following reply:

Have any other turning points, apart from the one at Parson Hall, been considered?

No detailed examination of other locations was carried out. This location was favoured by both the Council and Dublin Bus as the Council owns most of the lands at this location. The other major landowner has no objection to works progressing at this location and a turning point at this location suits Dublin Bus' plans for future fleet movements.

When is the public consultation on the turning point and the closure of the pedestrian access at Parson Hall taking place?

Road Design Section had a site meeting with the Parsons Hall Residents Association at the end of 2013. It was agreed to send this group information on traffic counts, HGV and speed analysis carried out in November 2013 and additional information from Dublin Bus regarding proposed future bus routes. There is no statutory public consultation process required for this work.

With regard to the extinguishment of public rights of way, it was felt that it would be premature to progress this scheme in the absence of a firm decision regarding the bus turning point. However, it has also been noted that the Area Committee have requested this public consultation process to commence without delay.

Are the traffic signals at the Straffan Road/Meadowbrook Link Road junction going ahead independent of the bus

extension? If yes, is there funding?

The proposed traffic lights at the Straffan Road/Meadowbrook Link Road junction are designed and are independent of the bus extension / turning bay works. There is no NTA funding for the supply and installation of these traffic lights for 2014.

Has funding been approved for the works to enable the bus extension to take place?

The Council has applied for NTA funding in 2014 for the bus turning bay works and KCC expect to get approval from the NTA for these works but this still has to be confirmed.

When will the works take place?

The progressing of the works is dependent on confirmed funding. The Senior Executive Engineer has offered to meet the members to discuss this matter in more detail if this would be helpful."

When Cllr. McGinley contacted the Senior Executive Engineer to arrange a meeting he got the following extraordinary response:

" Dublin Bus have not sent any details of their Bus Extension plans to KCC. We have raised the issue again with the NTA as we have received an allocation for building the turnaround facility on the Rathcoffey Road. Until Dublin Bus confirm their plans for the extension, our hands are tied"

It would appear as if sections of the Council are not on speaking terms with each other. Cllr. McGinley has demanded to know what else the Council wants from Dublin Bus as they have already agreed on the turning point location.

Maynooth Parking By-Laws Approved

The Maynooth Parking By-Laws were approved by the Full Council on 23 December. On Cllr. McGinley's proposal they will not come into force until the new car park adjacent to the existing public car park is open.

Update on Pikesbridge Road

Following representations from Cllr. McGinley the Area Engineer will make a case to the Senior Executive for gritting this busy road.

The Area Engineer carried out a survey of traffic on Pikesbridge Road from 12 to 14 November. According to the Area Engineer the speed in general was not excessive with 85% honouring the speed limit. However, this amounts to 370 cars per day as the volume of traffic was high at 2,500 per day. The Area Engineer has sent proposals on kerbing areas to give safe refuge for pedestrians to the National Roads Authority. He has also agreed to Cllr. McGinley request to have signs erected stating that the road is dangerous in frosty conditions.

Cllr. McGinley Asks for a Missing Light at Old Greenfield to be Replaced

Cllr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee:

"That a public light be erected at the entrance to Phase 2 Old Greenfield, Maynooth opposite house 757, to replace the one that was removed

John got the following reply:

"The roads and transport department met with Airtricity on site in relation to the installation of a replacement light. The light that was knocked down was on a wooden pole with an overhead power supply. The replacement lighting column will be a steel pole and will have an underground supply. Supply options and locations are currently being assessed."

Cllr. McGinley Calls for the Island on the Straffan Road, at Greenfield Shopping Centre, to be Made Safe.

Cllr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee:

"Can the council mark the extremities of the railing surrounding the island on the Straffan Road, at Greenfield Shopping Centre, with reflectorised material in order to prevent cars from striking it?"

John got the following reply:

"This railing will be repaired in the coming weeks and reflective bollards will be installed."

Update on Farrell's Bridge

The Area Engineer has agreed to Cllr. McGinley's motion that the

wall on the Castle side of Farrell's Bridge be rebuilt in the interest of public safety.

Stagg Welcomes 12% Increase in Housing Adaptation Grants to Kildare Co. Council

Deputy Emmet Stagg has welcomed the announcement by his colleague Minister of State Jan O'Sullivan T.D. of an Increase of 12% in the level of Grants to Kildare Co. Council for Housing Grants for people with a disability, people with mobility issues and housing aid for the Elderly.

Deputy Stagg stated that the sum allocated to Kildare Co. Council was $\[\in \]$ 2,183,796 which included a block grant from the Department of Environment of $\[\in \]$ 1,819,830 and $\[\in \]$ 363,966 from the Council's own resources.

I am pleased that the Minister has secured this increase stated Deputy Stagg which will allow more elderly people and people with a disability to stay in their own Community.

The Grants for people with a disability cover a range of measures such as downstairs extensions for bedroom/toilet facilities, access ramps, stairlifts, walk in showers, grabrails, and in relation to the elderly cover structural repairs or improvements such as roofs/windows and rewiring. In conclusion Deputy Stagg stated that the grants were further good news for those requiring improvements to their homes and also for small building contractors who will see work emanating from these schemes and the Home Renovation Incentive Scheme.

€2.4 Million in Grants to Kildare Co. Council under Sustainable Transport Programme - Stagg

Deputy Emmet Stagg has welcomed the announcement today by his colleague Minister of State for Transport Alan Kelly T.D. of grants of €2.4 Million on a variety of footpath, cycle path and public transport projects in Co. Kildare.

The Grants include funding for works commenced in 2013 and completed in 2014 and also cover new projects.

Included in the List of Projects being funded are:

Completion of Traffic Calming on Maynooth Road, Celbridge and Signalizing Aghards Road Junction $\ensuremath{\varepsilon} 280,\!000.$

Development of Bus Hub, Main Street, Naas - $\ensuremath{\in} 250,000$. Completion of Work at Kill at junction of Hartwell Road and Main Street - $\ensuremath{\in} 150,000$.

Design of Cycle Networks in Naas - €90,000.
Sallins Road Corridor Study - Naas to Sallins Train Station
- €30,000.

Design Work on Canal Towpath for cycling - Fingal Border to Maynooth - €70,000.

Convent Lane, Maynooth - Improve Pedestrian Safety at Entrance to Girls National School - 680,000New footpath from The Square to the Canal in Kilcock -

Footpath Improvements - Ardclough Road, Celbridge - &80,000.

€70.000.

Provide footpath along Allenwood Road, Prosperous - €100.000.

In relation to the Celbridge Bridge Study which is to look at Options for safety improvements on the Bridge a sum of $\ensuremath{\in} 20,000$ has been allocated. Deputy Stagg has pointed out to the Minister that the Council require $\ensuremath{\in} 75,000$ for this study and the Minister is raising this issue with the National Transport Authority. Similarly only $\ensuremath{\in} 30,000$ has been allocated for the provision of a Bus Turning Facility for the 66 Route on the Newtown Road, Maynooth, whilst the Council sought $\ensuremath{\in} 110,000$. Again the Minister is raising this issue with the NTA.

In conclusion Deputy Stagg welcomed the announcement of the Grants and he looked forward to work progressing on each of the projects.

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ASK SHARON THE STYLIST!!

"Even if you're on the right track, you'll get run over if you just sit there".

Will Rogers - American Actor

Question: "What do I wear when working out and exercising?"

It's late January and New Year's resolutions are in full swing at the gym.

FACT:

Experts say psychologically, "we need special workout gear to convince us it's time to work out" We're always looking for stylish gym wear that doesn't compromise function and we're big on support and comfort. Wearing flattering clothing can actually improve your attitude about exercise and, thus, your motivation to get out-and actually work out. There are lots of different styles and colours to choose from to suit your budget.

SO NOT SURE WHAT TO WEAR; LET'S TAKE THE FEAR OUT OF GYM WEAR......

Lower Body: Bottoms:

Shorts are very comfortable choices but some people might prefer to wear stretchy track long pants. Footwear: Go to a sports shop to be professionally fitted for work out shoes, as it's important to wear well-fitting shoes when exercising. Socks: Wear cotton socks for exercise and working out and if possible, wear socks that have a bit of extra padding in the heel and toe area, where irritation is likely to occur and are scamless, as seams can rub and irritate your feet during a workout.

Upper Body: Tops:

T-shirts or sweatshirts are the way to go, especially if they are made from a dry-fit or moisture wicking material that will keep you nice and dry despite sweating. Sports Bras are very important when working out as they offer both support and comfort.

Miscellaneous: Gym Bag, Towel, Water Bottle, Headband for females with long hair, Weight lifting gloves to avoid excessive callous formations on your hands.

Cold Weather Exercise:

When working out in the winter outdoors, layer clothes to stay warm and wear a hat, gloves and neck warmer to retain body heat also wear running or walking shoes for these activities Keep safety in mind and wear reflective clothing if you are running or walking outdoors at night.

Please get in touch if you have any questions with the above or if you would like to arrange something more specific to your needs.

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Housing Crisis Looms Unless System is Changed

Catherine Murphy, Independent TD for North Kildare has once again highlighted the growing concerns surrounding the housing situation in North Kildare.

At the moment there are currently 5,454 people on the social housing waiting list in Kildare County Council, making Kildare the County with the fifth largest waiting list in the entire country. Meanwhile private rental rates continue to spiral, meaning that the vast majority of those receiving rent supplement are finding it increasingly difficult to secure accommodation within the limits.

"The numbers in need of housing in North Kildare are continuing to grow at such an alarming rate and every day I would deal with cases of families facing homelessness because their rent has increased beyond the limit of their rent supplement payment and they can't find alternative accommodation within the limits. We also have the problem of many landlords refusing to accept rent supplement."

"You will generally find that the areas with the highest numbers on the housing waiting lists are the areas with the highest rents in the private rental sector and this is certainly true of North Kildare. It is also generally the case that many of these areas are not the type of areas where you will find NAMA housing and therefore the idea that NAMA properties might alleviate the situation will not be true for many of the areas that are suffering most."

"We are already seeing the beginning of a homeless crisis for families and individuals and if the system is not changed as a matter of urgency the problem is going to worsen dramatically over the coming months."

Waste Water Treatment Plant Upgrades Must be Permanent and Workable

Councillors Anthony Larkin and Denis McCarthy of Leixlip Town Council have joined with Independent TD Catherine Murphy to call for a more permanent solution to the chaos created around Mill Lane as a result of upgrades to the sewage processing plant.

"The upgrade to Leixlip Waste Water Treatment Plant is necessary for the future growth of Leixlip and the extended hinterland of North Kildare and therefore is most welcome. We understand that it cannot be done without some disruption; however we have serious concerns regarding the dramatic increase in tankers delivering waste to the plant both currently and as the plant expands in the future. We believe an alternative solution – most likely and engineering solution - is possible as an alternative means of delivering the sewage without the need for industrial traffic using Black Avenue"

"Mill Lane and Black Avenue were never designed for the types of vehicles that are delivering waste to the plant and we question whether this was considered at all in the context of the upgrade and the viability of the plant. The quality of life of nearby residents as well as pedestrian and cycle safety is being compromised by the current traffic arrangements."

"In addition to the Treatment Plant, Black Avenue is also an established right of way and contains one of the entrances into St. Catherine's Park for both vehicles and pedestrians. Kildare County Council has neglected to include a proper and safe means of accessing the Black Avenue and St. Catherine's Park via the Black Avenue in the development plan for the upgrade of the

treatment plant."

"The car parking facility for St. Catherine's Park was specifically provided for, at this location, in order to facilitate access to the sports changing rooms and thus reduce the problem of cars using nearby housing estates to access the changing rooms. If the traffic plan for the Treatment Plant is not adapted, then we're likely to see an escalation in the problem of people parking in adjacent housing estates whilst accessing St. Catherine's Park."

"Kildare County Council together with Leixlip Town Council has now proposed to upgrade Silleachain Lane – which runs adjacent to Black Avenue – and while this upgrade is required, and welcome in its own right, we have major concerns that this will be seen by the Council as a permanent solution for pedestrian access to the park. The public, and residents of mill lane and Castle Park, are expected to walk up Silleachan lane through St Marys Park, Avondale and Glendale in order to access St. Catherine's Park or Black Avenue

"It is also worth noting, that on the initiative of Cllrs Larkin and McCarthy, Leixlip Town Council recently agreed to spend its remaining $\varepsilon 300,000$ fund – accumulated over the years as a result of thrifty spending - on three major projects; the completion of Rowntree Park (alongside the Liffey behind the Courtyard Hotel); improvements to the Wonderful Barn and the implementation of a safe routes to school initiative to facilitate the schools in the area and now $\varepsilon 30,000$ will be taken from this fund for these vital projects and used instead for the proposed upgrade of Silleachain Lane."

"We believe that if the Shilleachain Lane upgrade is linked to the upgrade of the sewage treatment plant then this €30,000 should have come from Kildare County Council funds. We are also clear that the upgrade to Silleachan Lane, however funded, should not be used as a permanent solution to the problems caused by industrial traffic accessing the treatment plant."

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked for many favours. This time I ask for a special one (mention here). Take it dear Heart of Jesus and place it within your own broken Heart where your father sees it. Then, in His merciful eyes it will become Your favour not mine.

Say this prayer for three days. Promise publication and prayer and favour will be granted, no matter how impossible. Never known to fail. Thanksgiving for favour received.

Ciorcal Comhrá

Ar mhaith leat do chuid Gaeilge a chleachtadh agus páirt a ghlacadh i gCiorcal Comhrá? Beidh Ciorcal Comhrá ar siúl gach maidin Dé Máirt ag 11.00 i.n. ag tosnú ar 21ú Eanair 2014

Irish Language Conversation Group meets on
Tuesdays 11.00 am – 12 noon.

This is an informal group for adults who would like
to meet on a weekly basis to use
and practice their conversational Irish. First meeting
takes place on Tuesday 21st January
Buail isteach agus bain uasáid as do chuid Gaeilge
Contact Maynooth Library on 01 6285530 or email
maynoothlib@kildarecoco.ie

Dear Editor,

A group has been set up in Maynooth to honour the participation of 15 local men in the Easter 1916 Rising. As such, we are in the process of organising a parade for the centenary of the event in 2014. If any surviving relatives of these men wish to be present as guests for the centenary parade we invite them to contact us at this address

maynooth1916@outlook.com

We would like to emphasise this event is completely non-political.

Thanking you,

The Maynooth 1916 Centenary Committee

Maynooth Senior Citizens Committee

With 2013 and the dullest month of 2014 out of the way we can all look forward with hope. Longer days, bright fine evenings and a long hot Summer, well, that's where the hope kicks in.

Our club is in full swing now and our next event will be the Post Primary School Musical and I have no doubt that it will be a very entertaining evening as usual. Then on Feb 16th we will have our Valentine's Tea-Dance, so dust off your dancing shoes and give your heart a lease of life as there will be a prize for the most romantic couple on the day. We don't usually have a Tea-Dance in March but this year we thought we would push the boat out, so that will happen on March 16th and maybe we will all turn into Leprechauns given the weekend that's in it

Our Annual collection will take place on March 22nd & 23rd if the powers that be don't change it again. We are confident you will give us the support you have given us for the past forty nine years and I thank you in anticipation. I will give you the dates of all our events as the year progresses or you can get all this information on our website.

On a sad note we lost a few of our Senior Citizens in the past year and indeed a valued member of our committee. I hope this year will bring hope and consolation to all those bereaved.

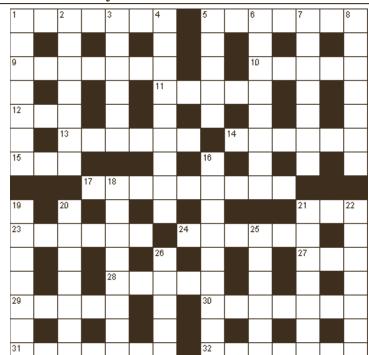
Josephine Moore Chairperson

Clues Across

February 2014 Crossword - No: 421

Clues Down

- 1. Captain (7)
- 5. Illness (7)
- 9. Member of the Mafia (7)
- 10. Beat into shape (5)
- 11. Something special (5)
- 12. Metallic element (3)
- 13. Bring into being (6)
- 14. Country (6)
- 15. Fifth month (3)
- 17. Exhausted (9)
- 21. Drunkard (3)
- 23. Capital of Germany (6)
- 24. Island in central Japan (6)
- 27. Prohibit (3)
- 28. Rest on the surface of a liquid (5)
- 29. New Zealand aboriginal (5)
- 30. Floating mass of ice (7)
- 31. Fourth book of the Old Testament (7)
- 32. Hampshire port (7)



- 1. Indicator of illness (7)
- 2. Babyhood (7)
- 3. Persons in general (6)
- 4. Rhizome (9)
- 5. Group of 12 (5)
- 6. Computer programs (8)
- 7. Lighter-than-air craft (7)
- 8. Latter part of the day (7)
- 16. Disgusting (9)
- 18. File for the fingernails (4,4)
- 19. Belly (7)
- 20. Structure of an artistic work (3,4)
- 21. Lower than zero (7)
- 22. This present night (7)
- 25. Alarms (6)
- 26. Burrowing animals (5)

Special Prize Book Voucher

Give yourself the luxury of browsing, and choosing the book/books which take your fancy from the wide selection available in the store of our sponsor

The Maynooth Bookshop 68 Main Street

Entries in before: 18th February 2014

Name:_____

ss:

Winner of Crossword No. 420 Dec/Jan

Rebecca Doyle Rail Park Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

Answers to Crossword 420

Difficult

4 8 1 5 4 3 7 4 3 1 4 9 1 2 8 6 9 5 6 8 5 9 2 7 5 6 9

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to Maynooth Newsletter Unit 5 Tesco S/C Maynooth.

Entries must arrive before: 18th February 2014

Sudoku Challenge February 2014



Name:_____

Address:_

Phone:

Super Difficult

					1			
3							6	7
		7	8	3				9
				2	7		1	6
		8				9		
2	6		3	9				
5				8	9	2		
4	2							1
			7					

Congratulations to Dec/Jan Winner:

Patrick O'Donoghue Kingsbry Maynooth

Prize winners will have 30 days to claim their

Maynooth Fianna Fáil Notes

Contact Details - e-mail: naoiseocearuil@gmail.com - Tel: 086-4565204

Naoise Ó Cearúil – Campaign Launch

The Campaign Launch for the Maynooth Fianna Fáil Candidate, Naoise Ó Cearúil is taking place on Saturday the 1st of Febuary at 8pm.

The event will take place in Brady's Lounge and all members and groups of the community are welcome. Naoise's campaign will be launched by Kildare South T.D. Seán Ó Fearghaíl.

After Deputy Ó Fearghaíl launching the campaign, Ó Cearúil will give a speech on his aims if elected to Kildare County Council.

Time: 8pm

Place: Brady's Lounge Date: Saturday 1st of Febuary

If <u>You</u> want to get involved in the Naoise 14 Campaign, please get in contact via <u>naoise2014@gmail.com</u> or call (086) 456 5204.

Join a vibrant team looking to improve Maynooth and re-invigorate Kildare County Council.

Check out www.facebook.com/naoiseocearuil

Join the Library for FREE in 2014

Did you know that it is FREE to Join all Kildare County Council Libraries this year??? Not only do they have thousands of old and new books, there is free Wifi, Xbox Games, DVD'S and daily newspapers.

Join the Library today in Maynooth. Just bring I.D.

Run For Mum 2014

Congratulations to the Cusker Family who once again organised the Run for Mum.

The event took place on Stephen's Day and there were hundreds of participants.

The run/walk/jog began at the gates of Carton Avenue, continued out by Tesco, turned left for Dunboyne and then back down carton Avenue.

All funds raised from the event went to the 3T's Charity who deal with mental health.

Once again congratulations to all involved and I look forward to next year.

Changes to Bog Cutting in Kildare

The Minister for Arts, Heritage and the

Gaeltacht, Jimmy Deenihan published three documents yesterday. In these documents he set out the long term plans for protecting Ireland's Bogs.

These documents include the de-designation of some National Heritage Areas (NHAs) which means turf cutting can continue on those sites. These decisions are however subject to European approval.

Turf cutting bans remain on Mouds and Ballynafagh bogs, however the ban has been lifted on Hodgestown Bog and Carbury Bog. Turf cutters are not permitted to immediately return to cutting, they must await the decision of the European Union.

The bans were initially introduced to protect and save some of Ireland's Bogs.

Naoise Ó Cearúil, Local Election Candidate stated that, "This seems like a good decision at face value, but at what cost? The Minister seems to be playing politics with the issue and has changed his mind on many occasions. It is good news for turf cutters in Kildare but it seems that this is a 'Rob Peter to pay Paul' scenario." "In some instances people will be able to cut turf again but more Bogs in Kildare and the rest of the country will be shut down essentially in a few months."

He finished by saying, "People's ability to cut turf is very important but so is the future of Irish Bogs. The Minsiter needs to stop playing games with both."

Ó Cearúil Launches National Diversity Campaign

Naoise Ó Cearúil, in his role as Irish and Cultural Officer for Ógra Fianna Fáil, launced a National Diversity Campaign recently.

The campaign was entitled "We Are Irish". The primary goals of this campaign are to firstly highlight Ireland's diverse culture and secondly to encourage people from other backrounds to become involved in politics.

The event took place in DCU and there are further events and rallies organised for around the country in the coming months.

Representations

I am continuously making representations on behalf of members of the community to the County Council and other organisations.

If I can help you in any way, please get in contact. No issue is ever too small or too big.

Feel free to contact me on (086) 456 5204 or by email on naoiseocearuil@gmail.com

Naoise.

Save Money Join Your Library Kildare Library Service

It is traditional at the start of a New Year to resolve to do something such as lose weight, give up cigarettes or to take up a new hobby or pursuit. Christmas can be an expensive time and come January many of us go on an economy drive. There is no better way in saving money than finding something for free. So why not make it your New Year's resolution to join your local library in County Kildare.

There are fifteen branch libraries and a mobile library service in the county. From January 2014 all membership is FREE. Now what do you get for this? You will have access to over 450,000 books so there is sure to be something you are interested in. If you are not a big reader we have the latest DVD titles or console games (XBOX, Wii, Playstation). Membership entitles you to use our FREE Internet service at any of our branches. We have national and local newspapers, magazines and the library is a nice place just to relax and unwind as you catch up on the news.

Many of you may have got the present of an eBook reader for Christmas. Now you just need something to read on it. Well you can borrow eBooks from Kildare County Library service for FREE. There is also the very popular eMagazine service where you can download from our collection of 40 popular magazine titles.

Would you like to learn a language? Well then you can use our eLanguage service Transparent
Language Online. This is perfect for the holiday maker as you can download an app and use it as a phrase book/language dictionary. Maybe you would like to learn something new - a new hobby or skill. Try our eLearning - Universal Class with access to over 500 different tutor led free online courses.

Our libraries are at the heart of the community and we have a free programme of events throughout the year for all ages and interests. We also have book clubs, film clubs, knitting clubs, chess clubs, Warhammer clubs. There are events for Seachtain na Gaeilge, Engineers Week, Bealtaine, Heritage Week, a month of activities and events during Children's Book Festival and our annual Kildare Readers Festival and lots, lots more......

So isn't it time that you make it your New Year's resolution to join your library.

www.kildare.ie/library facebook.com/
KildareCountyLibraryService
@kildarelibrary

Maynooth Community Council Secretarial Services

Unit 5, Tesco Shopping Centre (Beside Post Office)

Maynooth

Tel: 01 6285922

Email: maynoothcc@eircom.net **Opening Hours for Public** Monday—Friday

9.30 - 4.30

ESSAYS

CV

PHOTOCOPYING

A4 LAMINATION COPY PHOTOGRAPHS

SCANNING TO EMAIL

Other Printing Services Available on Request

Maynooth Newsletter

Maynooth Newsletter is printed monthly. We print 4700 copies each month and 3200 of those are delivered to major local estates. The remainder are distributed to local business premises in Maynooth and outlying areas. With this kind of circulation an ad placed with us ensures your product or service is brought in to homes and workplaces in your community.

ADVERTISING RATES

Size 1 Colour: W8.1cm x H10.8cm - €33.00/Monochrome - €25.00

Size 2 Colour: W16.5cm x H8.0cm - €46.00/Monochrome - €35.00

Size 3 Colour: W16.5cm x H10.8cm - €65.00/Monochrome - €50.00

Size 4 Colour: W24.9cm x H16.3cm - €120.00 (Half Page)/Monochrome - €90.00

Size 5 Colour: W25cm x H33cm - €225.00 (Full Page)/Monochrome - €170.00

Discounts Available

Phone - 01 6285053 or e-mail: maynoothcc@eircom.net

Website http://www.maynoothcc.com

Valentine's Day Maze

Can you solve our Word Search Puzzle?



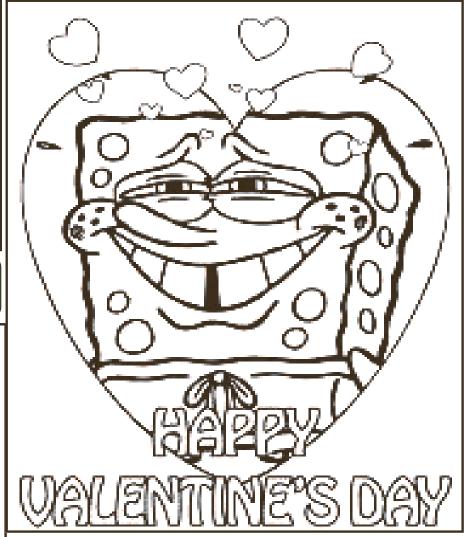
Valentines Word Search

U M C P I N K H Q P V W V J U Q H R S G K A J P V J P Z E P E L E T F K P I H S D N E I R F S R S D O N I N T A O E R Y N R V M T E E Y M C O E O D E I E H R D A A M N B B N W T J D N R L A O B E S E O D D A R L N H I R E T A L O C O H C A R W M C E Y F V W J E N S A Y S T E E W S S P



ARROW	FRIENDSHIP	RIBBONS
BE MINE	HEART	ROMANCE
CANDLES	HONEY	ROSES
CANDY	LACE	SWEETHEART
CHOCOLATE	LOVE	SWEETIE
CUPID	PINK	SWEETS
FLOWERS	RFD	VALENTINE

McDonalds Children's Colouring Competition





Name:
Address:
Phone No:

Dec/Jan Winners:

Age: 3 - 5: Keeva Flynn, Straffan Wood

Age: 6 - 7: No Entry

Age: 8 & Over: Cathal Crowley, Moyglare Abbey

Prizes for Colouring Competition can be collected at:

Maynooth Community Council Office, Unit 5, Tesco Shopping Centre. Entries must arrive before: Tuesday 18th February 2014

McDonald's

February 2014 Diary Planner

Irish Girl Guides

Meetings Tuesday evening in Maynooth. For further information contact Jackie on 085 1413787 or visit I.G.G. website www.irishqirlquides.ie

Community Library

Opening Times Mondays & Fridays 2pm to 5pm Tuesdays & Thursdays 1pm to 8pm Wednesday 9.30am to 1pm & 2pm to 5pm Saturday 9.30am to 1pm

Toastmasters

Toastmasters meet on the 2nd & 4th Monday of every month in Glenroyal Hotel at 8pm. The meetings are very enjoyable but with a good learning input. They stop for tea half way through and end at 10pm. All visitors are welcome. Felicity Cuthbert PRO

I.C.A.

Monthly meetings take place every 1st Thursday of the month at 8.00pm.in the I.C.A. Hall in the Harbour. Crafts every Monday night at 8.00pm. New members welcome

Arthritis Ireland (Maynooth)

Arthritis Ireland Walking Group (Maynooth) Meeting Monday's at 12 Noon Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth For Seated Exercise & Walking New Members Welcome

History Group

Meetings every last Thursday of the month in Maynooth Community Council Office Tesco Shopping Centre at 8.00pm. All Welcome

Bridge Club

Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com. Contact Katherine Cooney 086 8205910

Parent & Toddler Group

Every Thursday from 10.00 a.m. to 12.00 p.m. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth

University of Third Age (U3A)

Weekly meetings on Fridays at 11am. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth New Members Welcome Please contact Helena Phone: 087 6717062

Maynooth Flower & Garden Club

All Welcome Maureen Fagan PRO

Men's Sheds

Weekly meetings take place every Wednesday at 11.am Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth

As everything starts
Spring by digging beds and borders, as this helps reduce and adding as much compost as you can. Moss will make an appearance now, so start killing it with ferrous sulphate before the grass starts growing. Clear all the leaves from around snowdrops so you can see them. Don't forget to ventilate your greenhouse on mild days to prevent fungal problems. Don't be tempted to remove mulch from perennials as you still could get cold weather. Late winter is perfect to prune many deciduous trees. Check your plants and shrubs, remove any dead, dying or unsightly parts of the trees, sprouts growing at or near the base of the tree trunk and crossed corms now for plant when danger of frost at or near the base of the tree branches. Order gladiohis ing in later in the spring, has passed. Order perennial plants and bulbs now if you want cut flowers for summer. Don't forget to repair and paint window boxes, lawn furniture, tools etc if you haven't done already. Don't forget to check stored fruit and vegetables and remove any that are damaged or mouldy. This will prevent spoiling the rest. Seed potatoes are available them in a light, cool, haven't planted bare-your last chance to vegetable that you have never tried before. There are new dwarf varieties on the market that take up less space and could produce more. Don't start your vegetable plants indoors too early. Prune fruit trees and grapes in late February or early March when the worst of the weather is over. Fertilize fruit trees as soon as you can after the ground thaws but make sure its before the blossoming starts. Remember to plant from walls so they Prune roses by taking crossing stems. Cut climbers about 10° away are not in a rain shadow, out all dead, weak and hybrid roses by taking back to about 8" to an outward faring bud and cut floribundas down to 10-12". Once the weather cases off, remove the top layer of soil from pot-grown shrubs and replace it with potting compost that contains a slow-release fertiliser. planning on a new you could start, seeding or even container grown

Keep off the lawn as much as you can while the weather is still wet - damage to waterlogged lawns is easily inflicted. If you are lawn, now is the earliest time preparing the ground for laying turf. Buy and plant snowdrops, don't forget to

add some compost to the soil with an added sprinkling of bonemeal and plant them slightly deeper that they are in the pot

Pot up filly bulbs to flower in early summer in barely moist compost and keep somewhere light and frost free. Increase water only if the compost dries out or you see shoots appear above the surface. Be careful as lily bulbs wet. Remember if the weather does turn dry, do remember that pots watering, especially if they are near a wall and in a sheltered position. But again take care that you don't over water.

Cover strawberry plants with garden fleece to encourage them to fruit earlier. Plant and prune autumn fruit raspberries, cut them down to 1' above ground level. Prune gooseberries, blueberries and red and white currants by the end of the month. Protect fruit trees and gooseberries with netting as birds love developing fruit buds. Sow early vegetable and salad crops in seed trays in the greenhouse or inside on a windowsill in light and airy conditions.

Good news, pond season is nearly upon us. If you see your fish moving around a bit - do not start feeding your fish as we could still get cold weather. Check adding fresh water when levels recede. Don't let your pond freeze over completely. Add beneficial bacteria as this helps pond filters control algae and by

reducing fish waste and pond scum.

A garden is a friend you can visit anytime!!!







Are you ready for the Maynooth St Patrick's Day Parade??? Eve/Larine certainly are!!!!







Following their much deserved success last year, Eve/Larine are getting ready to wow us all with their creative talents again. Their float will be titled "Larine's Candyland", the concept this year will be candy and sweets-every Maynooth child's delight! With their float resembling an ice-cream van, walking vending machines and 18foot tall Bobby Bassett and Marshmallow Man, they will surely raise many a smile along the Parade route.

Their has been full participation from both the staff and clients in the Eve/Larine Centre, especially collecting sweet wrappers over the Christmas break! These have been used to make sweetie hats for those walking in the Parade.

The DVD's of the past Parades are being shown in The Cherry Lodge in the Garden Centre and you can follow their progress on their blog-evelarinecourt.blogspot.com. They have also included many "how-to" instructions on their blog if you fancy a go at recreating their fantastic art work. Eve/Larine also lend their floats to various groups for entering Parades and Festivals. We are all so looking forward to the big day and seeing "Larine's Candyland" coming to Maynooth.

Labour Advice Service



Emmet Stagg TD

Every Monday at 4.00 pm in McMahon's (Formerly Caulfield's)

(Except Bank Holiday Weekends)
Dáil contact Numbers
01-6183013/6183797







Serving the people of Maynooth

March 2014

local news

FREC

Maynooth's St Patrick's Day Parade Monday 17th March 2014 Starting at 11am from Greenfield Shopping Centre

Tom Ashe Education Bursary 2013/14



Tom Oliver, Jenny Lang and Katie Donnellan received the above awards at a ceremony for the induction of First Year pupils and their parents to Maynooth Post Primary.

In presenting the awards Tom Ashe recalled that he and his wife Stasia set up this bursary three years ago to assist students from Maynooth Post Primary to go on to study in University. They have agreed to pledge €4,000 each year to the Bursary and they appeal to past parents and pupils of the school to join with them and contribute to the fund if they feel Maynooth Post Primary has made a

significant contribution to their educations and/or careers. If 10 contributed \in 100 it would amount to \in 1,000 while if 100 past pupils or parents made a contribution as individuals or as a family it would come to \in 10,000! With money like that it would be possible to assist many pupils in the school to aspire to University.

To that effect he was delighted to publicly acknowledge a contribution of €4,000 from Catherine Ashe, a former teacher in the school and recently retired and Michael, Mark and Robert Noone, all former pupils of Maynooth Post Primary, for their contribution of €2,000 to the fund.





In thanking those who contributed to the Bursary, Tom Ashe said it was now possible to make two awards this year as a result of these generous contributions. Tom Oliver received €4,000 to assist with his study of Astro Physics in Maynooth College while Jenny Lang and Katie Donellan shared the other award and each received €2,000. Jenny is studying for a B.A. in Maynooth College and hopes to go on to National Teaching while Katie is studying French and Law in U.C.D. He congratulated all three and wished them well in their studies.

Pictured clockwise from top left are Tom Oliver, Jenny Lang and Katie Donnellan receiving their awards from Tom Ashe, Founding Principal and Johnny Nevin, Principal, Maynooth Post Primary School. (pics—Mark Colfer)

This publication is produced by Maynooth Community Council's Community Employment Scheme, supported by
Department of Social Protection, which is funded by the Irish Government under
the National Development Plan 2007 - 2013

La Maison

Town Center Mall, Maynooth, Co.Kildare - Tel: 016289560 - Email: est©donatellos into - web:www.donatellos.into



OPENING HOURS: Mon-Sat: 5pm till late | Sun: 4pm till late

Our new stylish & elegant décor alongside an exquisite menu of rustic French dishes & authentic Italian cuisine delivers a new concept of dining.

Sample from our extensive Menu









Maynooth Town Square Sunday 30th March- Be There!

On Friday 28th March 2014, a group of ordinary people will take on an extraordinary event. They will mount their bikes in Maynooth at sunrise and cycle 200 kilometres, arriving into Eyre Square, Galway twelve hours later. They'll be joined by a massive support crew, all giving up their time in the name of charity. They'll hear the clinking of change in buckets as they pass through towns, and remember the reason why they are taking part. They'll be tired like never before, they'll hit mental walls

where their bodies can take no more, face whatever the weather throws at them but they'll keep cycling. They'll have sore legs, sore arms, they'll even have sore bums but they'll keep cycling.

It'll take every bit of energy to stay on the bike, to stay mentally focused and to physically endure this gruelling event but they'll keep pedalling. They'll keep pedalling because they know why they're cycling. They'll keep pedalling so that they can make a difference. They'll keep pedalling to raise money and awareness for Prader Willi Syndrome Association Ireland (PWSAI).

Then on Sunday morning they'll rise at first light, hop on the bike and do it all again. And they'll do it all with a smile on their face; because these people are extraordinary people. One weekend; 400kilometres by bicycle! Curves Maynooth is delighted to support the Galway Cycle this year. It's a cause that's very close to our hearts. Our circuit coach Emma's son Henry (age 19 months) has Prader-Willi Syndrome (PWS). Most people have never heard of PWS. It's a rare genetic condition that is most recognised by a chronic feeling of hunger that can lead to excessive eating and subsequent life threatening obesity. Other symptoms include: low muscle tone, scoliosis, cognitive disabilities, behavioural problems and autistic features.

You can help make a difference!! Anybody who joins Curves Maynooth in March will have their service fee waived in return for a donation to 'Team Henry's Galway Cycle' in aid of PWSAI.

We hope you join us on Sunday 30th March in Maynooth Town Square to welcome The Galway Cycle back! Put it in your diary. Let's cheer this group of incredible people who are making a tremendous difference for kids with Prader-Willi Syndrome!!

For more information on Curves, PWSAI and The Galway Cycle follow the links below.

www.curves.ie - www.galwaycycle.ie - www.pwsai.ie Donate at: www.idonate.ie/teamhenry

NUI Maynooth Welcomes Local Community to Annual Publications Festival



L to R Anne Gallagher, Assistant Dean of the Faculty of Arts, Celtic Studies and Philosiphy. Monsignor Connolly President St Patricks College, Prof Philip Nolan President NUIM, Mary Antonesa, Senior Librarian and Cathal McCauley University

The annual NUI Maynooth Library Publications Festival was opened by Professor Philip Nolan, President, NUI Maynooth, in the John Paul II Library on Tuesday 28th January. The festival celebrated and showcased the publications of the Faculty of Arts, Celtic Studies and Philosophy and St. Patrick's College Maynooth. In his opening address Professor Nolan remarked: The range of material on view here stretches our perception of what publication means. Here we have print publications, digital publications, audio recordings and much more. It is a great tribute to the Library and all involved. Monsignor Hugh Connolly, President of St. Patrick's College Maynooth commended the Library on the presentation of such a professional exhibition.

The exhibition ran from Tuesday 28th January to Friday 31st January. Events during the week included guest lectures, a calligraphy workshop and viewing of an exhibition "Letters from an Irish Missionary in China in the Russell

Library". All events were open to the public.

"This festival continues our recent tradition of inviting the community of Maynooth to join us to celebrate the academic achievements of the campus community. It's great to see the local community coming in to our many events" Mary Antonesa, Senior Librarian and Chairperson of the organising committee.

U3A Ladies show creative Skills

Since November, some ladies from Maynooth U3A are taking part in a song writing project and at the moment are busy rehearsing for performance in McMahons on March 9th. Under the guidance of Niamh from the Music Department and her able assistant Sarah, we are discovering hidden talents.

Meanwhile, the creative mode continues as another group progresses with memoir writing -Maeve is our tutor for this. More ladies are participating in a knitting project for Age Action and other craft sessions are being planned. For information on all U3A activities, drop in to Community Space at 11am Fridays or call any of the numbers below. New members are always welcome.

Friday March 14th - Irish Song and Dance

Friday March 21st - Keep Fit with Go For Life and Memoir writing.



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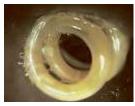


Donal O' Dwyer MVBMRCVS, Patrick Jones MVBMRCVS & Associates

DISEASES OF PUPPIES

Puppies, from an early age can be affected by many conditions. Early diagnosis is very important in animals so young as resistance can breakdown leaving to more serious problems. The following conditions are commonly seen in our Clinic.

Roundworm



A roundworm is a few inches in length and pointed at both ends. It lives in the adult dog population in the intestine and it's eggs can circulate into the unborn puppy via the blood supply of the dam. These worms can appear very early in the life of the puppy. The signs of a roundworm infestation in your pup is a ravenous appetite, pot bellied appearance and some

diarrhoea. Early advice and treatment is essential. When treating for roundworms it is obviously imperative that you are sure that the puppy has swallowed the tablets or powder, as pups can be very cleaver in keeping the tablet in their mouth and spitting it out later!

Tapeworms

These are not as common as roundworms in puppies. The worm consists of a small head, followed by a variety of flat segments and lives in the intestine. These segments may appear in faeces and look like grains of rice. If the puppy has fleas, the flea will act as an intermediary host and will eat the eggs. The puppy can swallow the flea thus causing the



cycle to continue. It is important to treat your pup for worms and fleas at the same time!

Fleas

These parasites can be seen easily on your puppy's coat and be combed out with a steel comb.

Tick

Ticks mainly occur in country areas and are initially grey in colour. They attach themselves to the puppy's skin via a rasp like head and will suck blood and become swollen in appearance. It is important that they are removed correctly and not pulled off, as the head may remain attached and will cause an infection of the skin.



Harvest Mites

These are tiny red insects commonly seen in July, August and September. If infected, your pup will constantly chew and lick at the infected areas.

Ringworm

This is a fungal condition of the skin causing small round bald areas. This can be diagnosed with a microscope.



Mange

There are two types Sarcoptic (scabies) and Demodectic. Sarcoptic is found just under the skin surface whereas, the Demodectic type lives in the deeper layers of the skin and is a lot more difficult to treat.

Diarrhoea

The most common cause of diarrhoea is nutritional. As young puppies body mass is quite small, an acute attack of diarrhoea can cause dehydration. In pups that have not been vaccinated viral diseases can cause such a condition.

With all the above possible diseases it is vital for your pup's health and wellbeing to have a vaccination and worming programme.

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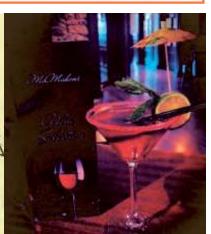
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Community Council Notes

Maynooth Community Council Notes February 10 February 2014

Minutes of the last meeting were approved, there was no correspondence and the Treasurer's Report was read. The need to fundraise was agreed and will begin with a bag pack in TESCO.

There has been an increase in the use of the new community space which was strongly welcomed. There are still some times available in the evenings for local community groups. It is hoped to have a launch of the space in the near future. A signage design will be agreed for the space. It was noted that it was disappointing that the Youth Cafe have not signed up to use the space especially as they have put in so much work in establishing and running the cafe. The Community Space had been originally intended for the Youth Cafe activities. It was hoped that the Youth Cafe would share their plans/ new structure with the Community Council if they have not disbanded. The MCC will await contact from them.

Festival

The planning for the Festival will begin after St. Patrick's Day. It is hoped to get Maynooth businesses involved from the outset as they made a great contribution last year. The date of the festival has not been fully decided. There were suggestions that we have it a little earlier than last year, possibly end of the August during Heritage week. This will be decided at the first meeting.

St. Patrick's Day Parade

Plans are going well. Sponsorship is on target and there are 3 bands confirmed. A new power supply has to be identified.

Scouts

The scouts will attend a group camp in Castlesaunderson International Scouting Centre. Co. Monaghan. This will be the first time that Maynooth Scouts will have attended this newly established centre. The scouts will take part in the St. Patrick's Day Parade and preparations for 1916 Commemorations. Building is progressing well on the new Scouts venue. The front railings of the Charter School have been temporarily removed and put into storage. They will be replaced fully preserved when building is complete. It was reported that a shilling was discovered beneath a corner rail when work was carried out in 1980. A 50 cent coin was then buried with the shilling. Some coinage will be buried third time round when the railings are reinstalled.

Educate Together School

Sixth class visited a Science Laboratory in TCD. The Peace Proms were a huge success. The school will take part in the St. Patrick's Day Parade. The school will take part in World Book Day on 4th March.

Tidy Towns

Members are back working for the last couple of weeks. Some new members have joined which was welcomed. The AGM will take place in the Glenroyal this Thursday 13th February at 8pm. Maynooth has been automatically selected to take part in Ireland's Best Kept Town Award. Judging takes place in May. The marking system for the National Tidy Towns has recently changed. There are additional marks for some categories. More emphasis has been placed on the role of education.

Some notes of concern about the town were noted The damage to the green near Straffan Way caused by lorries from Bord Gais and private cars. It was emphasised strongly that cars should not park on green spaces.

Large cars and jeeps are not using the entrance/exist at

Greenfield Shopping Centre. Not only is this dangerous it is also disintegrating the paving and edging around the Centre. This will be brought up at the next Tidy Towns meeting.

Senior Citizens

The club is back in full swing with meetings on Tuesdays and Thursdays. Thanks were expressed to the ICA and the HSE Care Unit for their support in providing the necessary venues for the meetings. The first outing was to the School Musical - this year between 30 and 40 members attended "The Wizard of Oz" which was very enjoyable.

There will be a Valentines Tea Dance on the 16th February with a prize for the most romantic couple. The AGM will be held on the 4th March and it is an open meeting - all welcome to attend.

There will be Tea Dance to celebrate St. Patrick's Day on the 16th March. The annual collection will take place on the 22/23 February.

History Group

The Memorabilia night took place in the Glenroyal and proved to be a tremendous success.

Community Church

It was reported that the plans for the St. Patrick's Day Breakfast organised for March 17th in Carton by the St. Patrick's Foundation are well underway. There will be "A spirit of St. Patrick" award. It is hoped to run a bigger event in 2016. This event provides an opportunity to develop and examine branding – all ideas welcomed. For more information visit www.saintpatrickfoundation.org

Local Matters

Road Safety Issues - Pedestrians and Traffic, school drop offs

The dangerous traffic situation on the Moyglare road was brought up by a number of members. The lack of pedestrian crossing beyond the University entrance and all the way up to Moyglare Hall was raised. A pedestrian crossing, public transport and a turning point (Dublin Bus need a lead in of two year's discussion before there are any decisions) and the sludgy condition of the road at certain points were raised.

The turning of the traffic to the right from the Moyglare road on to the Kilcock Road is problematic as it holds up cars that are going straight through and the timing of the lights adds to the problem. It was asked could the road be realigned to allow traffic going through and turning right. In the other direction going on to the Kilcock Road presents a similar problem as the position of the Manor Mills complex prevents traffic from going through on to the Kilcock Road. It was noted that the wall at the old Kavanagh's Mill (Manor Mills) was always a problem for traffic and when the complex was planned and erected the opportunity to correct this was missed.

The National Transport Authority has prepared a first draft of a North/South Cycle Corridor recommendations based on a consultants' report which cost &16,000. Details of the report are not available to the public as yet. An opinion was expressed that it was more relevant to get the Moyglare Road sorted before waiting on larger planning objectives that the report may cover, particularly in light of Kildare County Council's consideration of the planning permission of the new school development.

School Musical "The Wizard of Oz" Congratulations to Maynooth Post Primary School – its participants and teachers were highly commended for the wonderful show The Wizard of Oz which they put on this year. Members of the Community Council attended the show and were very high in their praise of the show and the

wonderful acting and musical performances. The dog and his/her understudy got a special mention.

Incident at Straffan Way

An incident was reported to the meeting concerning the attack on a young student who was robbed at knifepoint in Straffan Way.

Annual Art Exhibition in University Library
Members of the Community Council were invited to
the Annual Student and Staff Art Exhibition which will
be held from Monday 17th to Friday 21st (finishes at
1pm). The exhibition represents art work from both
NUI Maynooth and St. Patrick's College Maynooth. It
is organised by the Library and Maynooth Students'
Union and takes place in the University Library Foyer.
It is open to the public. All welcome.

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Prayer of the Faithful by Saint Patrick

May the Strength of God guide us. May the Power of God preserve us. May the Wisdom of God instruct us. May the Hand of God protect us. May the Way of God direct us. May the Shield of God defend us. May the Angels of God guard us. - Against the snares of the evil one. May Christ be with us! May Christ be before us! May Christ be in us, Christ be over all! May Thy Grace, Lord, Always be ours, This day, O Lord, and forevermore. Amen.

*

Editorial

Amidst all of the goings on and calls for independent inquiries or reviews into decisions and practices, and alleged practices in Government, environment, employment, health, and law and order issues, maybe it is timely to take a few moments out and to focus on our own community positives and area for improvement.

Congratulations to the students and teachers of Maynooth Post Primary School on their recent musical "The Wizard of Oz". By all accounts it was a fantastic performance. The standard of acting and music was superb. Let's hope this long standing tradition will continue into the future. Well done to all who were involved

As a regular attendee at the Maynooth Community Council meetings it is clear to me that there is a core group of individuals representing their groups and areas that give so much of their time voluntarily and which contribute greatly to the Town. It is very evident to everyone who has reason to be in Maynooth that the work of Maynooth Tidy Towns has improved the appearance of the town tremendously and they are not finished yet. There will be more emphasis and votes given to education and awareness in Tidy Towns' competitions from now on. Tidy Towns groups have to show that they are not just "doing" the work but that they are raising awareness among the public about respecting the townscape. We are sure to see more of this from our own Tidy Towns Committee which is so active and dedicated to Maynooth. It is great to see the involvement of the Maynooth Students' Union with Maynooth Tidy Towns.

Maynooth Scouts have gone from strength to strength and it is wonderful to see their premises at the Geraldine Hall coming on - now at the roofing stage. It is a major achievement for them and they have to be congratulated on their planning, organisation and fundraising successes although I am sure more funding is always needed!

Maynooth Senior Citizens keep going and has done for many years. It offers a wonderful outlet and network for senior citizens to meet, enjoy social outings and holidays. Very often groups and clubs with help one another in various projects such as Maynooth Scouts and Senior Citizens. Maynooth Local History Group has a programme of talks and outings every year and welcome new members. The MCC is responsible for organising the St. Patrick's Day Parade and the Maynooth Festival.

Maynooth Community Council Employment Scheme is sponsored by the Department of Social Protection .The Office is situated at the Tesco shopping Centre carpark, beside the Post Office. There are 30 people employed in the scheme which cover three physical areas – the office itself, the Harbour and Canal and St. Patrick's College. Three groups based in St Patrick's College - Accord, The Irish Bishops Drug Initiative and The Irish Council for Prisoners Overseas has been a recent addition to the scheme. MCC Office provides office based staff to support the work of these groups. This is a vote of confidence from the DSP. An assistant supervisor is urgently required for the office.

Part of the remit of the office is the monthly publication of the Maynooth Newsletter. The Newsletter is delivered to about 5,000 homes in the area. It is also available online. Recently the Community Council secured premises from TESCO for the new Community Space and it is available to community groups for a modest fee. The office also provides contact information for other groups/clubs in the Town such as

the Castle Keep Art Group, the Maynooth Brass and Reed Band, Dancing Schools, the Geraldine Castle, Soccer Club, Comhaltas Ceolteoiri Eireann (Maynooth), musicians etc. All of which take part in the Parade and Festival.

Some areas of concern - The expected increased traffic on the Moyglare Road once the school situation has been resolved, needs to be addressed. What is the future plan for the house in what is known as Buckley's Yard, what will be the impact of any development on the visual environment?

We are aware that there are guidelines available for appropriate shop front design. Is there any way that potential buyers or leases could be made aware of these before they start designing their shop front? We have some very classy and elegant shop fronts in the Town but some could do with some guidance.

Liaison and integration between University and Town needs to be more fully explored. There have been some improvements such as the involvement of the Maynooth Students' Union with Maynooth Tidy Towns and visiting Nursing Homes in the area. The new Library in the University is worth mentioning. The front part of the library is open to the public and houses a coffee shop. It is the area where a lot of the university/college/collaborative exhibitions take place. If you are out for a walk it is worth calling in to see what is on display and enjoy a coffee. As a person who is from Maynooth and who has been working in the University for a long number of years, I feel strongly that it is not a question or an expectation that the University bring the "lectern" out to the community, rather it should be a two way street where there is parity of esteem and a sharing which enriches both communities and Maynooth Town should play its part in that process.

We on the Community Council express our condolences to Muireann Ní Bhrolcháin, Secretary of Maynooth Community Council, on the recent passing of her mother.

Beannacht Dé lena hAnam.

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Maynooth Senior Citizens Committee

Well as predicted we all enjoyed a wonderful night's entertainment at the Post Primary School's production of the "Wizard of Oz". The acting, the colour and sound effects was spectacular. Well done to all concerned and congratulations to the school on their 20th musical. Many thanks to those who organised our seating and a big thanks to Caroline who arranged transport. Our Valentine's Tea-Dance was a most enjoyable evening and was supported by all our friends in the surrounding areas of Meath, North Kildare and West Dublin. Congratulations to Kevin and Katy Cullen from Lucan who won the prize for the most romantic couple. Now who said romance was dead? Our next Tea-Dance will take place on Sun. March 16th in the meantime, Kilcock hold their Tea-Dances on the second Sun. of each month while Palmerstown will hold theirs on the fourth Sun. So there you have it, three Sundays in each month catered for.

Our AGM will take place on Tuesday March 4th at 8pm in Maynooth Health Centre on Leinster Street. This is an open meeting and all are welcome. Our annual collection will take place on March 22nd and 23rd after all Masses and we ask you to be as generous as you can. Our Easter Tea-Dance will Take place on April 27th and we will have our usual Easter Bonnet parade on the day. So now would be a good time to get out the sowing

Josephine Moore - Chairperson

THE MIRACLE PRAYER (2)

Dear Heart of Jesus in the past I have asked for many favours. This time I ask for a special one (mention here). Take it dear Heart of Jesus and place it within your own broken Heart where your father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen.

Say this prayer for three days. Promise publication and prayer and favour will be granted, no matter how impossible. Never known to fail. Thanksgiving for favour received.

Tidy Towns



One for the diary WEEE

Ireland will be in Maynooth Tesco Car Park on Saturday 29th March 2014 if you have any electrical goods for recycling with a battery or plug bring along from 10am to 4pm.

Maynooth has been selected by the Dept of the Environment to participate in Ireland's Best Kept Town Competition during the month of May. This is an all Island event and we will have more information in due course.

Maynooth Tidy Towns held their AGM on Thursday 13th February @ 8pm. in the Glenroyal Hotel. Executive Committee is follows-- Mattie Callaghan, Chairman, Paul Croghan Secretary/Vicechair, Mary Farrell Treasurer and Richard Farrell PRO.

Clean ups have started on Saturday mornings @ 10am meeting at the Square. Weather permitting. If your wish to join us any Saturday our contact no. is below and we are also on Facebook.

We look forward to seeing you during the St. Patrick`s Day Parade.

If you require to contact us our mobile no. is 087-3153189.

Richard Farrell - PRO MAYNOOTH TIDY TOWNS

Know Your Rights

Know Your Rights A: Older jobseekers and signing on

Question

I have to retire next summer when I reach the age of 65 but I have heard I won't get a State pension until I am 66. Is there another social welfare payment that I can get until then?

Answer

Yes, you can claim a jobseeker's payment. If you have enough social insurance contributions you can get Jobseeker's Benefit (JB). If you are claiming JB at the age of 65 and have at least 156 PRSI contributions, you can continue to receive JB until your 66th birthday even if your claim is due to end before that date. Otherwise you may apply for Jobseeker's Allowance which is a means-tested payment.

Before 2014, people aged 65 who retired from work could apply for the State Pension (Transition). This has now been abolished from 1 January 2014. If you wish you can claim a jobseeker's payment until you are aged 66.

In general, to qualify for either Jobseeker's Benefit or Allowance you must be genuinely seeking work and be available for full-time employment and these conditions will continue to apply to older jobseekers. However there are special arrangements for jobseekers aged 62 and over:

- You will no longer be required to engage with employment, advice and training referral services and your payment won't be affected by non-engagement with these services
- If you wish you can avail of a range of supports (for example, training or employment support programmes) from the Department of Social Protection

Most jobseekers aged 62 or over will be placed on an annual signing arrangement with their local social welfare office or Intreo centre (this means that they do not need to attend and sign on regularly). Also, most of them will be transferred to Electronic Fund Transfer payments so payment can be made directly into their bank account.

Before you retire you can get further information about applying for a jobseeker's payment from your local social welfare office or Intreo centre or from the Citizens Information Centre below.

Know Your Rights B: Control of dogs

Ouestion

My son was given a puppy as a Christmas present. Do I have to get a licence for it and what are the rules about keeping a dog?

Answer

Yes, if the puppy is away from its mother, you must have a dog licence for it. In general, dogs over four months of age must have a dog licence. Under the Control of Dogs Acts 1986 and 1992 it is an offence to keep a dog unless you have a

licence. You can get a dog licence at your local post office. It costs \in 20 and is valid for one year or there is a 'lifetime of dog' licence which costs \in 140 and is valid for the dog's lifetime.

Local authorities are responsible for the control of dogs. They have the power to appoint dog wardens, provide dog shelters, seize dogs, impose on-the-spot fines and take court proceedings against owners. A dog warden can ask you to produce evidence of your dog licence and if you cannot do so you may get an on-the-spot fine.

When your dog is outside your house or garden, it must be accompanied by you and under your control or under the control of another responsible person. Your dog must always wear a collar that has your name and address inscribed on it or on a plate, badge or disc. Failure to have identification on a dog can result in an on-the-spot fine issued by a dog warden. You may wish to micro-chip your dog as well. You do not have to do this at present. However, a programme of micro-chipping is being planned.

Under Section 22 of the Litter Pollution Act 1997 it is an offence to allow a dog under your control to foul a public place. Under the litter laws, complaints can be made to the District Court against an owner or person in charge of a dog who allows the dog to foul public places and who fails to act responsibly.

You are liable for any injury or damage caused by your dog to people or livestock.

The Department of the Environment, Community and Local Government has detailed information about the control of dogs on its website. You can get further information from your local authority.

Know Your Rights C: Telephone allowance discontinued

Question

I am a pensioner living alone. I used to get an allowance towards my telephone bill but this has stopped. Will my free TV licence be gone as well?

Answer

No, although the Telephone Allowance has ended since 1 January 2014, there have been no changes to the rest of the Household Benefits Package.

The Household Benefits Package is made up of a number of separate allowances.

The first is the Electricity or Gas Allowance, which is in the form of a cash credit of ϵ 35 on your bill or a ϵ 35 cash payment to your bank or through your local post office.

You can choose whichever option suits your situation. The rates have not changed for 2014.

The second is the free TV licence, which is issued to you by the Department of Social Protection.

The third was the Telephone Allowance, which was a payment of €4.50 a month towards your mobile phone or landline phone. It has been discontinued since 1 January 2014 for both new

and existing recipients.

Other benefits for pensioners include free travel, which is available on all State public transport (bus, rail and LUAS). It is also available on some private bus services.

Under the National Fuel Scheme, a means-tested Fuel Allowance is payable to people who cannot provide for their heating needs from their own resources. It is paid weekly for 26 weeks from early October.

As you are a pensioner living alone, you may qualify for a Living Alone Increase in addition to your social welfare pension.

Know Your Rights D: Buying goods in the sales

Ouestion

I bought a coat in the sales but when I got home I found the colour didn't suit me. Can I bring it back to the shop and get a refund?

Answer

When you buy goods in a sale you have the same rights as when you pay full price for the goods. You have exactly the same rights when shopping in the sales as you do at any other time of the year. This means that anything sold in a sale:

- Must be of merchantable quality goods should be of reasonable quality taking into account what they are meant to do, their durability and their price
- Must be fit for their purpose they must do what they are reasonably expected to do
- Must be as described the buyer must not be misled into buying something by the description of goods or services given orally by a salesperson or an advertisement If an item is faulty, you are entitled to a repair, replacement or refund. However you are not entitled to an exchange (or a refund or a credit note) simply because you change your mind about something you've bought in a shop, whether this

is during the sales or at any other time of the year. Many shops do allow you to exchange goods that you have had second thoughts about, but this is at their discretion. It's a good idea to check the shop's refund policy before buying anything. If you buy goods at full price but change your mind about them, and they are now on sale at a lower price, you may only be offered the reduced amount (if the shop is willing to offer your money back). You should always keep your receipts as proof of purchase and the price paid.

For more information visit the National Consumer

Agency's website at nca.ie. Further information is also available from the Citizens Information Centre below.

Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public.

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000

Press Release from Emmet Stagg - Stagg Calls for Gaelcholaiste for North Kildare

Addressing the Dail during Topical Debate time on Wednesday 12th February Deputy Emmet Stagg called on the Minister for Education to provide a Gaelcholaiste for North Kildare to provide for All-Irish Secondary Education for pupils in Scoil Ui Riada in Kilcock, Scoil Ui Fhiaich in Maynooth and Scoil Chearbhaill Ui Dhailaigh in Leixlip following the decision by Colaiste Cois Life in Lucan to change their enrolment policy effectively excluding pupils from these schools from continuing their education through Irish at Secondary level.

In his address to the Dail Deputy Stagg stated that Ministers for Education had consistently stated over the years that Colaiste Cois Life was to provide for all Irish Secondary Education for pupils from North Kildare and West Dublin. However a change in enrolment policy by Colaiste Cois Life has now excluded pupils from the 3 North Kildare Gaelscoileanna from pursuing secondary education through Irish. They have no outlet to a second level school.

Deputy Stagg stated that the Minister had stated repeatedly that he would make provision for a Gaelscoileanna it there is a proven need and without doubt there is a proven need now. Deputy Stagg put forward the proposition that when the old Maynooth Post Primary School becomes vacant following the building of a new school, the old school should then become the site for the North Kildare Gaelcholaiste. The Kildare and Wicklow Education and Training Board are prepared to make it available. In the interim whilst awaiting the building of the new Maynooth Post Primary School, on a temporary basis the North Kildare Gaelcholaiste could operate from vacant prefabs at Colaiste Cois Life. Deputy Stagg stated that Aonad was not an acceptable alternative to full immersion in the all-Irish system and any suggestion of sending pupils to Naas or Clondalkin was like sending the pupils to Mars as there was no public transport to these towns.

Minister of State Cannon, responding on behalf of the Minister, gave a civil service response about demographic changes and expanding school populations and that the Aonad at the new Maynooth Community College would meet the needs of the pupils and that if sufficient demand for the education fully through the medium of Irish was demonstrated over a 4 year cycle, consideration would then be given to the establishment of an Independent Gaelcholaiste. The Minister of State stated that with the Aonad and some provision in Colaiste Cois Life, the current demand for students seeking education through Irish would be met.

Responding to Minister of State Cannon, Deputy Stagg rejected the Civil Service response and reiterated that we face a situation where there is no all-Irish second level school for the three primary schools. He again stated that the old Maynooth Post Primary school will be available in two years. In relation to the proven need, all the set up proposed will show is a proven need for Aonad, not full secondary education through Irish. Deputy Stagg concluded by stating that if we value the Irish Language and its development and growth, we should deal with this situation now rather than in four years time. With little cost we could establish the Gaelcholaiste now.

Responding Minister of State Cannon reiterated the additional provision of school places which has to be met by 2019, that the Aonad and Colaiste Cois Life would meet current demand. However the Minister of State indicated that given Deputy Stagg's suggestion that there is insufficient accommodation within the two centres and if there is an opportunity at reallocating a particular building in the region, that he would raise that directly with officials and revert to Deputy Stagg.

We now await the examination of Deputy Stagg's proposal for the North Kildare Gaelcholaiste.

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	19-Jan		2,17,22,23			€2,500			Mary Murray - Slim - Mick Mc Govern												
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EXPLORING MAYNOOTH

Extracts from a book called Exploring Maynooth which was jointly published by Maynooth Local History & Civic Forum and Maynooth Action Strategy, a self guide of walks to facilitate residents of, and visitors to, Maynooth in exploring the history of the town and its environs.

(Note: Some changes to the walk may have occurred since the original publication)

THE MOYGLARE WALK The traditional "four miler" walk around the Rye Water and Lyreen River valleys

Summary: This walk begins outside the gates of St. Mary's Catholic church, proceeds northwards along Moyglare Road to Moyglare Cross, turn right and continues eastwards past Moygaddy to Carton Wall, back over Kildare Bridge and along by Pebble Hill to Main Street. Distance: *Approx. 6.5 km*. Walking Time: *Allow 2.5 hours* Terrain: Mostly country road walking without footpaths. *Take good care to watch out for traffic; walk on the right.* Comfortable walking shoes are recommended.

The building of St. Mary's R.C. Church (1) was begun in 1834 and when consecrated in 1840 was considered by the Freeman's Journal to be an example of pure Gothic style architecture, laid out in the usual form of a cross, with the principal entrance dominated by an expensive belfry. The stained glass window above the main door was added later and the church was completed in the 1890's. Opposite stands the Parish Hall (2), which was officially opened in 1972. Prior to the erection of the hall, during the emergency years of 1939/45, the grounds were shared out to local families as allotments for the growing of vegetables to augment world war II diets.

Next door is St. Mary's Boys' National School (3) which was built in 1943 having previously been located in Pound Street in the building now employed as the Band Hall. In the 1960's the school had a 'secondary top' where some students were taught Intermediate and Leaving Cert. level. This was inadequate for the expanding needs of Maynooth and in 1972 Co. Kildare V.E.C. opened the modern Post-Primary School (4), located to the north of the Primary school.

Opposite is the Divine Word Missionaries centre (5), built in the late 1960's. This Catholic congregation was initiated in Germany in the late 19th century and is now working in 50 countries world-wide. Kairos Communications, renowned for national and local television and radio broadcasts and productions.

Next on the right a gate lodge marks the entrance to an avenue leading to Satchwell's Mariavilla House (6), which is a listed building of historic interest. Mariavilla is the name of the area stretching north from this House to the Rye Water, down as far as Kildare Bridge and back to the Town.

The entrance to the Gaelic Athletic Association club grounds (7) is heralded by an arch iron-crafted sign in Old Irish 'Pairc Mhuire, Magh Nuadhat' (St. Mary's Park, Maynooth) which is crowned by the club crest. 'Crom Abu' (Crom for ever), the club's motto, is the medieval Geraldine war-cry originating from their manor in Crom, Co. Limerick. The club is one of the oldest in the country, both Gaelic Football and Hurling were played in the town as early as 1875, predating the foundation of the GAA in 1884. The club's distinctive jersey of black with a white sash commemorates a player, Tommy Cullen, who was tragically killed during a game in Monasterevin in 1889. It moved to this location in 1966 from the Harbour Field alongside the canal. The club, currently enjoying great success on the playing fields and in the provision of modern facilities, was awarded 'Club of the Year' by the Kildare County Board for 1999.

Moyglare takes its name from the Irish, Maigh cClair, 'the level plain'. Having passed the entrance to Moyglare Abbey estate, Crewhill, 70m high (8) can be seen to the west. It was from this hill in 1535 that Maynooth Castle, then the principal residence of Lord 'Silken; Thomas Fitzgerald, was bombarded by the artillery of an English army of Henry VIII, commanded by Sir William Skeffington. The castle was thought to have been impregnable but after a week-long battering, and betrayal by Christopher Parese, a leading defender, the walls were breached. Despite his collaboration with Skeffington Parese and twenty five other defenders were hanged before the castle's gate. This reneging by crown forces led to the ironic term 'Pardon of Maynooth' being applied to subsequent breaches of trust. With the fall of the castle Silken Thomas's rebellion collapsed leading to his execution with five of his Fitzgerald uncles on Tyburn Hill, England, in 1537.

Ann's Bridge (9), built in 1799, marks the border of the Counties Kildare and Meath and passing the meadows of Moyglare Stud on the left we soon reach Moyglare Cross (10). The cross is dominated by the Lavin's two storey house which was until the 1920's a Royal Irish Constabulary barracks (11). Note the now out-of-service post box, dating from the period 1904-1910, situated in the stone pillar and still bearing the King Edward VII cipher 'ER' (Eduardus Rex). Measuring 71 cm x 25 cm, the original box was manufactured by W.T. Allen & Co., London. After 1922 many of these wall boxes had the crown and cipher 'surgically' removed by the new Irish department of Post and Telegraphs. They were also painted green. On occasion a new door was fitted with a circular design enclosing the motif SE (Saorstat Eireann). An Post decommissioned this wall box by removing it's door.

A short detour from our walk, down past this house is rewarded by the All Saints' Church of Ireland church (12), nestling in the meadows of Moyglare, surrounded by an inter-denominational graveyard and Yew trees. The church is also being converted into a Diocesan centre.

Opposite is the residence of the Church of Ireland bishop of Meath and Kildare (13), behind which are the ruins of an old tower. Fine views to the south can be had from here: Crewill, the College spire and on to the Dublin and Wicklow mountains. According to folklore collected by Presentation Convent in the 1930's, in conjunction with the Irish Folklore Commission, Crewhill is a favourite haunt of fairies and to hear music is a lucky omen.

Return to Moyglare Cross, cross straight over and head eastwards, with care, along a twisting country road. Having passed a residence of the left named 'Pound Hill' (14), pause outside the next cottage to observe in the field opposite gates, now locked, which mark the right-of-way from Kilcloon to Maynooth. Sadly, due to disuse and private transport these pleasant shortcuts are now lost to the public.

Presently, the road dips down to the Moygaddy Bridge, Manor and Stud farm. This place name is derived from the Irish, Maigh Gaidi, 'the plain of the thief'. Moygaddy is one of the oldest established stud farms in the Maynooth area and among its most famous horses were Habita, Santella and Heaven Knows. Opposite stands Moygaddy Tower (15), which predates Carton house but was renovated by the fifth Duke of Leinster in 1892. It stands twenty nine and a half feet including a three foot parapet. It is surrounded by old Sycamore trees and has a well nearby. The combination of the elegantly built granite manor (with its evergreen Holm Oak tree), stable yards, Virginia Creeper clad walls, trees and gates, together with the Tower field, present a delightful vista.

As you approach the T-junction a wide disused gate into Carton estate can be seen, through which deer are sometimes to be admired. Take a right turn at the junction and proceed downhill (known locally as 'Convinin' Hill) to Kildare Bridge (16), which crosses the Rye Water and marks the border back into Co. Kildare. Note the disused narrow side gates into Carton which workers were once obliged to use, under threat of censure, thereby facilitating the gentry with exclusive use of the grand entrances. The Rye beneath Kildare Bridge was a popular bathing and fishing spot for generations of younger Maynoothonians until the 1970's.

Having crossed over Kildare Bridge turn right on to a twisting road, again walking with care facing oncoming traffic. In the wooded area on the left is the remains of a quarry and indeed the land on both sides of this approach to the town was a source of a variety of building materials including stone, shale and lime. This is confirmed in the aptly named Pebble Hill House and farmyard, further up on the left. Opposite, but out of sight of the road, the Lyreen River flows into the Rye Water at Farmers Pool (18) and nearby the Maynooth Fly Fishing Club is currently under construction. Soon, on the right, the Pitch and Putt course (closed 1999) is reached. Until the 1950's these lands were used as a local landfill site. Further along on the left at the rear of Charter House, the Presentation Sisters' graveyard (19) can be viewed through locked gates. The graveyard is in use since 1824 when the local convent's first Rev. Mother Augustus Drumgoole, was interred and now forty eight nuns are at rest there. (See map on page 11)





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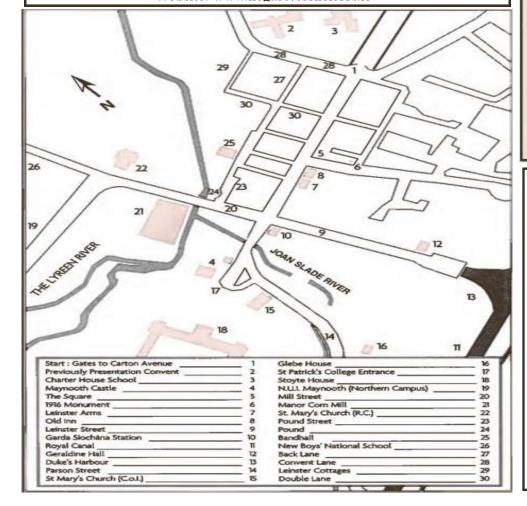
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NUI Maynooth & St. Patrick's College Maynooth Annual Art Exhibition 2014



Commended work by the NUI Maynooth Library Committee—Emma Boyce "Castletown Walk" presented by Mary McCourt



Most popular work voted by students and staff
"Balrath Woods" by Orla Garland, gift
presentation by Mary McCourt



L|R Joint organisers of the Student and Staff
Exhibition 2014 on behalf of NUI Maynooth
Library and Maynooth Students, Susan Durack
and Mary McCourt



Most Commended work by the NUI Maynooth Library Committee—"Pontoon" by Mike Conway, St. Patricks's College Maynooth

Maynooth native, John Doyle, 38, who grew up in Leinster Cottages and works in I.T. in Dublin is embarking on a fundraiser for Concern worldwide appeal for children. He departs on the 14th March on a near 2 week fundraising walk in North India, taking him from Delhi all the way up to Rishikesh. His average walking distance will be for 5 to 6 hours a day, for 12 days, in intense heat and altitude. John has spent nearly 2 years training for this and has shed a whopping 4 stone in that time. So far, he has raised €2,650, and has a hopeful target of €4,000. People can sponsor him, if they wish, by donating online at https:// yourconcern.concern.net/john-doyle or they can pop a donation in an envelope marked Concern, and post it to 24 Leinster Cottages, Maynooth, Co. Kildare.

All the money raised will go to Concern's worldwide appeal for children. John is hugely interested in travel, and in speaking Irish too, so he will be bringing along his Seachtain na Gaeilge t-shirt just to let the locals know exactly where he is from!



L/R Chris McMahon and John Doyle

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Maynooth 10k 2014

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Health & Fitness Trends

Fitness crazes come and go, some lasting for a few months, others just a few weeks. Some health & fitness trends however, last the test of time. Most of us have heard the catch-phrase: "Abs are made in the kitchen, not the gym" and with this in mind, we are going to take a look at what has been termed "Clean Eating". Clean eating is about eating foods in their most natural state and therefore avoiding foods which have been processed or have had sugar, trans-fats or chemicals (with names we struggle to pronounce) added to them. The benefits of clean eating can include: weight loss, a clearer complexion, increased energy levels, higher levels of productivity and concentration and a reduction in stress levels. A clean-eater's diet includes unrefined whole grains, lots of fresh fruit & vegetables, free-range meat and dairy, plenty of water, and making healthy cooking choices such as steaming instead of frying.

With the fuel for your body sorted, let's take a look and how to make the most of your increased energy levels with free-to-members classes at The Glenroyal Leisure Club.

Spinning Classes

Spinning is a vigorous indoor cycling workout on stationary bikes. It is a great way to burn calories and the class caters for all ability levels. With energising, upbeat music and a motivating & enthusiastic instructor, the varied routine of warm-up, sprints, climbs and cool-down keeps your workout fresh and interesting. Best of all – you don't need to wear a helmet!

Kettlebells

A kettlebell is a cast-iron weight with a handle which is used to perform exercises that combine cardiovascular, strength and flexibility training. The benefits of training with kettlebells and indeed, taking a kettlebell class in your local gym/leisure club can include improvement in your balance, power, coordination and flexibility while building amazing core strength, blasting fat and seeing beautiful muscle tone. Perfect for that strapless wedding gown you've been eyeing!

Yogalates

Yogalates is a fitness routine that combines Pilates exercises with the postures and breathing techniques of yoga. A Yogalates session will include exercises to cultivate strength, stamina, stability and flexibility with particular attention paid to strengthening your core muscles. These protect the spine against injury, support the internal organs and promote good posture. Equipment such as blocks, resistance bands and fit balls may also be utilised to further enhance strength and balance. The relaxing deep breathing will help you to manage your stress levels as you plan your big day.

Aqua Zumba

Aqua Zumba integrates the Zumba dance philosophy with the benefits of aqua aerobics. With energetic enthusiastic instructors and the upbeat, exhilarating music, this class is cardio-conditioning, body toning and most of all, it's fun!

Consult a doctor or health & fitness professional before beginning any new diet or exercise program.

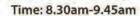




invites you to join us for the 2014

Saint Patrick Breakfast

March 17th from 8.30am-9.45am @ Carton House Hotel, Maynooth



Cost: Adults €15.00* Children <12 €8.00 Children under 4 Free

Tickets can be purchased at the Maynooth Community Council Office at the Tesco Complex from March 1st 2014.

For more info visit: www.saintpatrickfoundation.org

* Please note the event is not a fundraiser. Tickets are at cost price.





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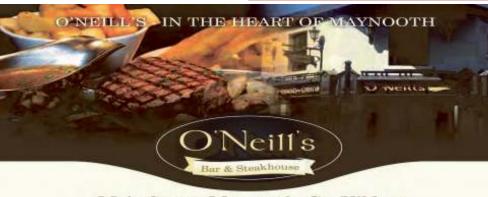


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Contact: Maeve 086-8517675

All new members are welcome on the day



Bacon and Black Pudding Salad

Ingredients

2 tablesp. extra-virgin olive oil

- 175g black pudding, skinned and cut into 1 cm slices
- 4 maple cured bacon rashers, cut into strips
- 175g mixed salad leaves (such as baby spinach and rocket)
- 1 ripe avocado

Salt and freshly ground black pepper

Crusty bread, to serve



Heat a frying pan then add a tablespoon of the olive oil. Add the black pudding and cook for 1 min on each side until tender. Transfer to a plate and keep warm. Add the bacon into the frying pan and saute for a few mins until sizzling and lightly golden. Place the salad leaves in a large bowl. Half, stone and chop the avocado. Add to the bowl and season to taste. Using a slotted spoon, remove the bacon from the pan and add to the salad. Pour the vinegar into the pan, turn up the heat and scrape the sediment in the pan with a wooden spoon to deglaze until almost all the vinegar has been boiled off. Stir the mustard into the reduced down vinegar with the honey and then whisk in the rest of the olive oil until you have achieved a nice emulsion. Break the black pudding up into pieces and scatter over the salad, then drizzle over the dressing. Toss lightly to combine and then arrange on plates to serve.

Ingredients

1kg potatoes, well scrubbed (cut any large ones in half)

100g butter

140g sliced back bacon, finely chopped

I small Savoy cabbage, finely shredded

150ml double cream



Tip the potatoes into a large saucepan of water. Bring to the boil, then simmer for 15-20 mins, or until the flesh is tender when pierced. Meanwhile, heat quarter of the butter in a saucepan, then fry the bacon and half the cabbage for 5 mins. Turn off the heat and set aside. Drain potatoes in a colander and peel while still hot. Mash potato until smooth. Heat cream with remaining butter and, when almost boiling, beat into the potato. Add bacon and cabbage to potato and mix. Season if you want.

Irish Coddled Pork with Cider

Inpredients

small knob butter

2 pork loin chops 4 rashers smoked bacon, cut into pieces

- 2 potatoes, cut into chunks
- I carrot, cut into large chunks
- 1/2 small turnip, cut into chunks
- 1/2 large cabbage, cut into smaller pieces
- I bay leaf
- 100ml Irish cider
- 100g chicken stock

Method

Heat the butter in a casserole dish until sizzling, then fry the pork for 2-3 mins on each side until browned. Remove from the pan, Tip the bacon, carrot, potatoes and turnip into the pan, then fry until slightly coloured. Stir in the cabbage, sit the chops back on top, add the bay leaf, then pour over the cider and stock. Cover the pan, then leave to gently simmer for 20 mins until the pork is cooked through and the vegetables are tender. Serve at the table spooned straight from the dish.

Irish Creum & Chocolate Cheesecake Ingredients

100g/3%oz butter 250g/8%oz digestive biscuits, crushed

600g/11b Soz cream cheese

25ml/1fl oz Baileys or other Irish cream liqueur

100ml/3½oz icing sugar

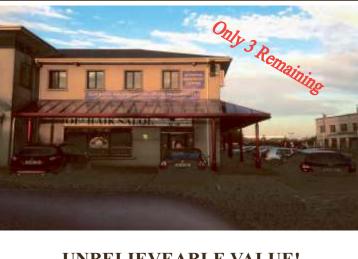
300ml/f 0%oz double cream, whipped

100g/3 koz grated chocolate

To garnish: 200ml/7%oz double cream, whipped cocoa powder, to dust

Melt the butter in a pan and add the crushed digestive biscuits. Mix until the biscuits have absorbed all the butter. Remove from the heat and press into the bottom of a lined 18cm/7m tin. Place in the refrigerator and allow to set for one hour. Lightly whip the cream cheese then beat in the Irish cream and icing sugar. Fold in the whipped cream and grated chocolate. When smooth, spoon evenly onto the biscuits. Refrigerate and allow to set for a further two hours. Once set, remove and decorate with whipped cream and cocoa powder dusted over the top. Serve.





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The Peace Light of Bethlehem



On 11th Dec last, a candle was lit in the Church of the Nativity in Bethlehem. From here the flame was taken by young Israeli & Palestinian Scouts over to Austria. On 15th December a service for the Gift of Peace was held in Vienna. Scouts & Guides from all over Europe gathered to take the flame and transport it by rail, road and foot to their own countries, with the aim of

spreading the message of Peace worldwide.

A Peace Light service was held on Thurs 20th December 2013, in the Church of the Visitation in Fairview. Here Scouts and Guides, from the length and breadth of Ireland, gathered for a ceremony of peace and then took the Peace Light of Bethlehem back to their own parishes. It was presented to hospitals, churches, nursing homes etc. 8th Kildare Maynooth Venture Scouts were privileged to escort the Peace Light back to the parishes of Maynooth, Ladychapel and Kilcloon.



On Christmas Eve youth members from Beavers, Cubs, Scouts, Ventures and Rovers in Maynooth, brought the Peace Light to St. Mary's church in Maynooth, Ladychapel and St. Oliver's in Kilcloon, to share with the community. At the Children's Mass at 5pm Christmas Eve in St Mary's parish. Beaver scouts brought the light into the church and the procession was led by a lone drummer playing "the Little Drummer Boy". It was very special for all children involved in this particular Mass. Many children from the parish also took part, by singing in the choir, acting out the Nativity pageant and helping in many other ways.

This year the Peace Light shines in places where the significance of what it symbolises is appreciated – it not only burns in Ireland but was carried by Scouts to all the countries of the European Union, Central and Eastern Europe, the Russian Federation and to the countries of North and Central America.

In past years the light has been presented to Pope Benedict XVI, former President



Mikhail Gorbachev of Russia, former King Hussein of Jordan, EU President Romano Prodi and other member of the European Parliament in Strasbourg, the UN Troops in Kosovo and to Ground Zero, New York.

This chain of lights is a symbol peace, warmth, love and family. By passing on this Peace Light from Bethlehem we hope to overcome the darkness caused by hate, egoism, materialism and war and spread happiness and hope into the hearts of all those who come in contact with it.



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MAYNOOTH LOCAL HISTORY GROUP 'MEMORABILIA EVENING' GLENROYAL HOTEL, MAYNOOTH, 23 JANUARY 2014

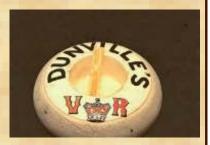
Maynooth Local History Group hosted its annual 'Memorabilia Evening' on Thursday 23 January in the Glenroyal Hotel. The meeting was well attended and many of those who came along brought interesting ephemera and artefacts with them. Initially, these were laid out on tables. Each person was given an opportunity to share their stories with the rest of the group and following that, there was informal chat. In order to put the exhibits in context additional background information has been added by the author. When one reads about the undermentioned items and their history, what comes to the fore is that our ancestors and those of us who are alive today share a common humanity and that our memories are interwoven into that rich tapestry of experience that we call life.

An interesting sepia postcard showed the interior of the beautiful choired chapel that was one part of the Presentation Convent which had been founded in Maynooth in 1823. A second black and white card related to the Salmon Leap Falls in Leixlip. Once described as a 'romantic spot...where the river, tumbling over a succession rocky ledges forms a beautiful cascade'. Sadly, the falls are no longer visible as in the name of progress, which was welcomed at the time, they were submerged under the hydroelectric dam that was built for the ESB in 1947.

There was a fine selection of late eighteen and early nineteenth century firearms and swords on display. They included a 'Brown Bess' musket complete with bayonet; this type of weapon was used by English forces during the 1798 Rebellion in Kildare and elsewhere. Also on display were two pistols and a number of swords in their scabbards. We were given a demonstration on how to load, cock and fire the musket and told how effective the various swords were in the hands of a skilled swordsman. A musket ball, which had been found in the musket, was handed round for perusal.

An artefact known as a 'Dunville Match Holder Striker' with a VR monogram was displayed. John Dunvill (original spelling) joined the whisky blenders and tea importers Napier & Co of Bank Lane, Belfast in 1801. In partnership with a William Napier the company known as Dunville & Co was established in 1825. In 1837, when Queen Victoria ascended the throne, the firm launched its best-known brand of whiskey, 'VR'. Prohibition in the United States between 1920 and 1933 ruined Dunville's American market and it never recovered. It was liquidated in

1936. However, the Echlinville Distillery in the Ards Peninsula has now revived the brand and it is expected to reach the market in 2016. Coincidently, the Dumville family is related by marriage to the Mount Charles family and an interesting link with the past is the fact that the current Mount Charles family is establishing a whiskey distillery in the grounds of Slane Castle in Co Meath.



Also on display was an 'All Ireland Temperance Bazaar' 1905 medal. This referred to a bazaar, supported by 'the greatest names in Irish Society', which was held in Ballsbridge in Dublin in May 1905. Father Theobald Mathew who spent a short time studying in Maynooth College initiated the temperance movement in 1838. It continued into the twentieth century under the auspices of the 'All Ireland Temperance League'. The *Irish Independent* on 23 May declared that the Bazaar 'was a triumph of organisation and a colossal success'. Its target was to raise £10,000 which was to be used for charitable purposes.

A memento marked 'Royal Irish Constabulary, Malta 1917' which had been presented to a TP Roe, an officer in the RIC by a member of the Maltese police force

was also on display. While the occasion is unknown, it is likely that it was in connection with the RIC's Colonial Police Forces' training programme. The RIC (created in the early 1820s) was involved in training British Colonial Police across the world. The question is why? The answer is because the RIC was unlike any other police force in Britain in that it was formed on paramilitary lines. Consequently, it was best suited to train the colonial police forces who were structured along the same lines. One hundred and twelve Colonial Police Officers were trained in the Phoenix Park Depot between 1907 and 1911. The RIC was disbanded in 1922 and was replaced by the Civic Guard. In 1923 the Civic Guard was renamed An Garda Síochána (Guardians of the Peace) whose headquarters are now in the Phoenix Park Depot.

Documents, including photographs of a young man in uniform related to a son of one of the station masters at Maynooth were shown. This young man enlisted in the British Army at 21 years of age and fought with the Connaught Rangers in World War One. Physically, he survived the war, but like many who did come home, having suffered the horrors of combat, he was severely traumatised and died

young. The story is told that a *Daily Mail* correspondent heard the Irish regiment of the Connaught Rangers singing; *It's a long way to Tipperary* as they marched through Boulogne in France in August 1914. When he wrote about it in the paper, the song was picked up by other units and later that year it was recorded by the well-known tenor John McCormack. A couple of brass shell casings were also on display. As a result of the war effort brass quickly became scarce in the United Kingdom and among other places was sourced in the United States.

For the second year in succession a 'Princess Mary 1914 Christmas Gift' embossed box (together with a number of medals) was brought along. In November 1914 a 'Sailors & Soldiers Christmas Fund' was initiated, its purpose being to provide everyone wearing the King's uniform and serving overseas on Christmas Day 1914 with a 'gift from the nation'. Earlier boxes were made in brass, but as costs escalated later boxes were in in more inferior material. While the contents varied, they could include a combination of a pipe, a lighter, I oz of tobacco and twenty cigarettes. Non-smokers received a bullet pencil and sweets. All boxes contained a Christmas card and a picture of Princess Mary. The box on display in the Glenroyal still retained much of its original contents and a card which read 'With all Best Wishes for a Happy Christmas and a Victorious New Year'. Recently, a Princess Mary Box, containing many of its original contents sold on the BBC programme Flog It,

for £55.



There were a number of interesting letters displayed which came about as a result of a house clearance. One letter dated 1917 from one brother to another who was overseas remarked on major events of the time. He referred to the 'great battle' that had taken place in the North Sea. Here he was probably referring to the Battle of Jutland (31 May and 1 June 1916). This was the largest naval battle and the only full-scale clash of battleships in World War One. The British fleet consisted of 151 combatant ships and the German fleet had ninety-nine. When the battle was over, the British had lost fourteen ships with 6,094 dead and the Germans had lost eleven ships with 2,551 dead. Both sides claimed victory. The writer also referred to the fact that, in the aftermath of the 1916 Rising, Dublin was then in the process of being rebuilt and on a note of optimism remarked "we will have Home Rule soon". Of course, Home Rule was never implemented. What followed was a War of Independence followed by a short and bitter Civil War. The Irish Free State was established in December 1922.

(Continued from page 18)



Two 'Memorial Plaques' were exhibited, one of which was beautifully mounted on green marble. When World War One was over, Memorial Plaques (medallions) were issued to the next-of-kin of all British and Empire service personnel who were killed as a result of the war. The plaque was made of bronze (in all 450 tonnes was used) and became known as the 'Dead Man's Penny', because of its similarity to the smaller penny coin. Measuring five inches in diameter the plaque includes an image of Britannia holding a trident and standing with a lion. The designer's initials E.Cr.P. (Edward Carter Preston) appear above the front paw. In her left hand she holds an oak wreath above a rectangular tablet bearing the name of the deceased in raised letters. The name deliberately does not include rank. Two dolphins swim around Britannia, symbolising Britain's sea power, and at the bottom a second lion is tearing apart the German eagle. After the war 1,355,000 plaques were issued including 600 to women with each one appropriately inscribed 'He/she died for freedom and honour'.

Throughout the years there have always been people who collect militaria and other war relics. In the age of the internet, collectors who are interested in owning a genuine piece of history in this area have no trouble 'surfing the net', in order to source medals and other artefacts that fit in with their particular collections. A collector's item, put together long before the internet, in the form of a wooden case with a glass top, displayed medals and other insignia from all over the British Empire. Among them was a sole button/badge marked with the familiar 'V' which may have been originally on the uniform of someone involved in the Volunteer movement.

One person spoke about a member of his family who had fought in the Irish War of Independence and in the Civil War. When the Free State was established and when the time had come when combatants were invited to submit details of their service in the revolutionary period in order to qualify for a pension and/or medal(s), he chose not to. His attitude was that this was not what he had fought for. Many others, for reasons of their own also did not apply. In this regard, the lack of official sources in the Military Archives (www.militaryarchives.ie) makes it difficult for their descendants to piece together what role their ancestors played in the fight for Irish independence. They have to rely on family history and other sources such as the War of Independence documents in the record office in Kew in England and available sources in our own National Archives in Bishop Street in Dublin.

Following on from this theme, it was highlighted that there was a case where a school teacher fought in the War of Independence. At one stage he had to go on the run and had his home was burned by the Black and Tans. The Black and Tans were mostly former soldiers brought into Ireland by the government in London after 1918 to assist the Royal Irish Constabulary in their work. The vast majority, but not all, were men who had served in the British forces during World War One. Many were 'gun-happy', had a reputation for being undisciplined and a danger not only to Irishmen and women but to other policemen. When all the fighting was over this school teacher lost his job and joined the Free State Army. For some reason, unknown yet to his descendants, he was awarded medals for his service but did not qualify for a pension.

A new booklet entitled *Guide to the Military Service (1916-1923) Pensions Collection*; (MSPC) recently published by Defence Forces Ireland (Óglaigh na hÉireann) and the Department of Defence (An Roinn Cosanta) in addition to other valuable information gives details of the origins, scope and content of the collection. It also has a 'Guide to Medals' which relates to the four medals that were awarded by the Department of Defence relevant to the MSPC. These are the 1916 Medal (Government Decision 1941), the Service (1917-1921) Medal (Government Decision 1942), the 1916 Survivor's Medal (created in 1966), and the Truce (1921) Commemoration Medal awarded in 1971.

We also got the opportunity to view an old Saint Mary's Brass and Reed Band uniform which had been cleverly altered from an older Garda Síochána uniform. The Band has a long tradition going as far back as 1796. The band was associated with many notable events throughout the centuries, including the funerals of Daniel O'Connell and Charles Stewart Parnell. In 1849 when Queen Victoria and Albert visited Maynooth, they spent one night at Carton as guests of the Duke of Leinster and the band entertained the royal couple on the lawn. In more recent times, the band is associated with the Irish Eucharistic Congress of 1932 which took place between the 22 and 26 June. The final mass was held in the Phoenix Park in Dublin at 1.00pm on the Sunday and approximately 25 per cent of Ireland's population



was in attendance. People heard the world-renowned tenor John McCormack sing *Panis Angelicus* (Lamb of God). Afterwards four processions left the Park and walked to O'Connell Street where approximately 500,000 people gathered on O'Connell Bridge and the surrounding quays and streets for the concluding ceremony. The band uniform in the Glenroyal on the Memorabilia evening was accompanied by a large framed coloured print depicting the huge crowds that assembled on that occasion for the Papal Nuncio's final blessing.

An interesting anniversary book entitled *Fifty years of Liberty Hall* celebrating the golden jubilee of the Irish Transport and General Workers' Union 1909-1959 was full of photographs and articles relating to events and people who had been involved in union activities over the years. The original Liberty Hall, which initially faced the Custom House, not the quays, was fired on by the gunboat *Helga* during the 1916 Rising. Located at 18 Beresford Place at Eden Quay in Dublin, the new Liberty Hall, completed in 1965 is one of the tallest buildings in Dublin at 195 feet high. In 1913, the Hall became the focus of the centenary commemorations surrounding the 1913 Lockout. The *Helga* went on to have a chequered career. During the War of Independence, in order to provide safe passage, one of its duties was the transportation of the Black and Tans from port to port. In August 1923,

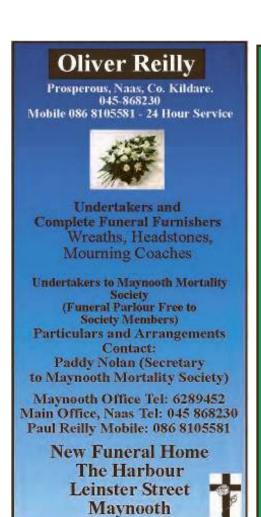
Helga became the property of the Irish Free State and her name was changed to Muirchú (the Hound of the Sea).

Another exhibit was a large photograph of the Kildare Hunt (founded in 1793) taken some time at the turn of the twentieth century. With Maynooth Court House in the square as a backdrop it shows an imposing figure on horseback surrounded by a park of eager hounds ready for the 'off'.

We also got a chance to see the 1955-1961 Minute Book of the monthly meetings of the CYMS (Catholic Young Men's Society) which were held in the Geraldine Hall in Maynooth. This society was founded by a Tipperary man, Richard Baptist O'Brien who studied for the priesthood in Saint Patrick's College in Maynooth. He graduated with distinction and was ordained in 1839. The CYMS, founded in 1849 was to strengthen the Catholic community in their religious faith, and by the twentieth century it had also evolved into a social club. The Minute Book, an important part of social history, details all the activities that the committee and members of the society were involved in between 1955 and 1961. Among other amenities, there was a Billiard Club and one of its members, the late Michael (Mick) Nolan, brought fame to Maynooth by having the distinction of winning the Irish Billiards Championships in 1953.

Finally, thank you to everyone who made our 'Memorabilia Evening' in the Glenroyal Hotel in January 2014 so memorable.

Rita Edwards Maynooth Local History Group





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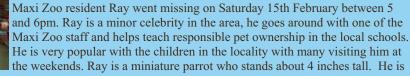
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Maynooth Labour News

Cllr. John McGinley can be contacted at: - 6285293 or 087 9890645 - E mail jmcginley@eircom.net - Web: www.labour.ie/johnmcginley/

Dublin Bus Agree to Extend Their Service to Moyglare Hall

Cllr. John McGinley submitted the following motion for the consideration of the KWETB (formerly the VEC): "That the KWETB make a site available on our land at Moyglare Hall, Maynooth, for a Dublin Bus turning point to facilitate students attending our proposed new schools and that Dublin Bus be asked to provide the bus terminus as soon as possible as it will facilitate residents of Moyglare Hall now."

The CEO of the KWETB, Sean Ashe, advised Cllr. John McGinley that Dublin Bus have agreed to extend the 67 bus service to the proposed new schools and that the KWETB will provide a site for the bus terminus. Dublin Bus will put their agreement in written form and Mr. Sean Ashe stated that the plans for the new schools will be amended to incorporate the bus terminus.

Cllr. McGinley is very pleased to have been of assistance in progressing the bus extension for the residents of Moyglare Hall, Moyglare Road and the future students of the new schools.

Update on 66 Bus Extension to Newtown, Maynooth

On Cllr. McGinley's suggestion a Special Meeting of the Celbridge Area Committee was held on 5 February to discuss the proposed 66 bus extension and the North-South Cycle Corridor.

George Willoughby and Michael Kane showed Cllr. Griffin and Cllr. McGinley their drawing of the turning point layout and the Councillors stated that if there was no alternative turning point that a letter and the layout drawing should be circulated to the residents of Parsons Hall. The Council officials pointed out that there will be 8m of screening between the bus turning point and the Parsons Hall fence. George Willoughby stated that there was no need for the Part V111 Council Planning Process as the cost of the work was under the 126,000 threshold Since then the Council had a meeting with Dublin Bus representatives and they confirmed that the area outside Parsons Hall was their preferred turning point.

Update on North-South Cycle Corridor from Moygalre Hall to M4 Business Park

Councillors were shown the Draft proposals for the North-Cycle Corridor at the Special meeting of the Celbridge Area Committee on 5 February. At the January meeting of the Area Committee Cllr. McGinley called for the proposals to be fast tracked in order to assist with the granting of Planning Permission for the new Post Primary Schools at Moyglare Hall.

The Consultants Draft proposals include a combined cycle path/footpath up the left hand side of Moyglare Road which should go a long way to meeting the objections of Council Planners to the new schools. In Cllr. McGinleys view some of the other Draft proposals are of the "Bertie Bowl" variety and must be removed. The Council Officials hope to bring the proposals before the Area Committee in March or April prior to going for Part V111 Council Planning.

Cllr. McGinley Demands Action on Noise from the M4

Cllr. John McGinley submitted the following motion for the consideration of Kildare County Council: "That a full report be given to Council on the progress made on the Second Noise Action Plan" As a result of Johns motion the County Manager agreed to meet with the National Transport Authority to discuss

the laying of low noise emitting asphalt on the M4 from

Leixlip to Kilcock as the road surface is 20 years old and

needs resurfacing

Provision of left green filter traffic signal at the Glenroyal exit onto the Straffan Road, Maynooth.

Cllr. John McGinley got the following reply in response to his motion to provide a left turning a left turning green filter at the Glenroyal exit:

"Dear Cllr. McGinley,

As discussed there are a number of issues that the Traffic Management Section would require to be addressed prior to the implementation of a left green filter signal at the exit to the Glenroyal complex.

- (i) There are safety concerns regarding the ability of the left hand lane queue to run on an independent phase while the right hand lane is stationary.
- (ii) Due to the alignment, width and geometry of the left and right hand exit lanes, vehicles in particular light and heavy goods vehicles cannot progress safely on a left hand filter.
- (iii) With the current exit alignment the proposed left green filter would only benefit a maximum of five to six vehicles waiting to exit.
- (iv) Kildare County Council would have to source funding for the provision of the proposed signals, to configure new controller plans and reconfigure SCOOT, the urban traffic control system operating the signals. As you are aware, all the traffic signals in Maynooth are connected so unfortunately, a change would not just be to install one extra optic, it is a complex issue to address and there are no resources available to commit to the work. If there is a requirement in the future to engage with any third party in order to progress this matter please contact this office and we can meet to discuss any proposals.

In relation to the last sentence Cllr. McGinley is pursuing the issue with a third party.

Cllr. McGinley Calls for the NTA to Take Action on Dumping at the M4 Slip Road

Cllr. McGinley has submitted the following motion for the consideration of the Celbridge Area Committee:
"That the NRA be asked to removed the dumped drink cartons and other rubbish at the slip road from the Straffan Road into Dublin on the M4 and that they erect signs advising motorists that it is a criminal offence to litter."

Cllr. McGinley Calls for Safety Improvements at The Square Junction:

Cllr. McGinley has submitted the following motion for the consideration of the Celbridge Area Committee:
"That signage be painted on the Straffan Road as it joins Main Street, Maynooth, to indicate that the right lane is also for straight ahead into Fagans Lane and that the left lane is for left turning traffic only."

Cllr. McGinley Looks for Update on M4 Junction Upgrade

CÎIr. McGinley has submitted the following motion for the consideration of the Celbridge Area Committee: "What steps have been carried to implement Roads Objective TRO 1 of The Maynooth Local Area Plan 2013-2019? i.e. "To carry out a study investigating the safety and capacity of the existing Straffan Road M4 Interchange etc."

Cllr. McGinley Calls for Traffic Regulations to be Enforced in Maynooth

Cllr. McGinley has submitted the following motion for the consideration of the Celbridge Area Committee: "That this Council asks traffic wardens to patrol Maynooth on a regular basis in order to put a stop to illegal parking and that the Council asks the Garda Traffic Corps Division in Naas to also deal with this and the very serious issue of vehicles breaking red lights."

John has also asked the Chief Superintendent of the Garda to deploy the Traffic Corps in Naas and Leixlip to attend to this blatant disregard of the traffic laws in Maynooth. The Chief Super. has confirmed to John that he will do so.

Update on Implementation of Parking By-Laws in Maynooth

The Parking By-Laws for Maynooth were approved at the Council meeting on 23 December 2013. When Cllr. McGinley followed up on their implementation he was given the following answers on 23 January to his Questions:

"What is the schedule for implementing the Pay Parking agreed at the December Council Meeting? It is difficult to give an approximate time-frame. Working drawings will be drafted for all signs and civil works etc. These will be carried out by the Technicians and once completed will be given to the Area Engineer. A costing of all civil works including signs and lines will have to be completed by the Area Engineer and finance will have to be secured before any works including lines and signs are carried out.

When will the new car park be opened?

When will the street markings be in place?

The new car park will be opened in conjunction with the implementation of the adopted pay parking bye-laws once all signs lines and civil works are completed and we are ready to enforce.

This will be done in conjunction with answer 1 above. When will the machines be installed? The machines will have to be tendered for and finance for the machines secured. It is hoped that this tender will commence mid to late 2014 as part of an overall tender for pay parking. This will ensure better value for money in the overall scheme."

Cllr. McGinley sent the following reply on 24 January: "I'm surprised that Finance is an issue as contributions received up to 31/10/13 for Maynooth Car Park is €706,329, as per page 18 of the Capital Programme. Surely this money can be used for the Pay Parking as the Council is not going to provide a new car park (It will be provided by the private sector).

I cannot see why you have to wait until mid to late 2104 to tender for the machines as I am not aware of any other town in the county that will be installing machines this year."

John got the following reply from the Council: "The machines will be the last item to be installed. All other civil works, lines and signs etc will have to be costed, financed and put in place first, so the machines would not be installed until then regardless. This will take some time. The Transportation Department plan to go to tender for the management and enforcement of regulated parking mid 2014. As part of this tender it is planned to include provision of parking machines and other methods of parking payments such as pay by phone etc to facilitate the public.

To get the best value for money and the best service that is out there, we feel it is best to advertise it as one contract."

Unfortunately it looks as if the Parking By-Laws won't be in place until late in the year. The good news is that work seems to be progressing well on the new car park

Stagg Calls on Waterways Ireland to Withdraw Canal Bye-Law Proposals

(Continued on page 23)

(Continued from page 22)

Deputy Emmet Stagg has lodged a submission opposing the proposed changes to the Canal Acts Bye-Laws which are under public consultation at this time and has called on Waterways Ireland to withdraw the proposed changes and to sit down with the Inland Waterways Association of Ireland and other groups to arrive at an agreed way forward to ensure the future of the Grand and Royal Canal System.

The proposed changes stated Deputy Stagg will have a devastating impact on the use of the Royal and Grand Canal and Barrow Navigation. We are talking about people lives and the livelihoods of many communities along the canals. The proposed changes are consumer unfriendly and anti tourism development.

The proposals include increasing annual mooring permit fees from €126 to €1,600 depending on the size and location of the boat and charging between €1,500 and €3,500 per annum for Houseboat Permits for the liveaboard communities, up from in the region of €280 per

There are long established live-aboard communities at Hazelhatch and Sallins and these proposed charges are an attempt to price them off the water stated Deputy

In conclusion Deputy Stagg stated that if Waterways Ireland did not withdraw the proposed changes and start again with meaningful consultation with IWAI and other groups he indicated that strong pressure would be put on Minister Jimmy Deenihan to reject the bye-law changes.

Cllr. John McGinley has also submitted the following motion for the consideration of Kildare County Council: "That this Council rejects Waterways Ireland proposed amendments to the Canal By-Laws." John has also submitted an objection to Waterways

7.5% Fall in Live Register Figures for Maynooth

Deputy Emmet Stagg has welcomed the fall in the Live Register Figures published on Wednesday 5th February last which show a 7.55% fall in the Live Register Figures for Maynooth Labour Exchange in the past year. The further fall confirms the downward trend in unemployment stated Deputy Stagg but we cannot be complacent as unemployment is still far too high. Exiting the bailout and economic recovery will only be meaningful for people when they see real improvements in their lives and the most important way to achieve that is by creating more jobs.

Export led recovery is continuing as we attract more foreign direct investment and the Cabinet on Thursday 6th February announced that they were drawing up a strategy to address the needs of the construction sector where it is envisaged 12,000 jobs can be created. Also on Thursday February 6th stated Deputy Stagg the Cabinet also moved to support local businesses by announcing the roll out of Local Employment Offices to provide better support to small businesses which will be up and running throughout the Country by April. In effect we are providing One Stop Shops for local Businesses in every County where entrepreneurs and business people can access all the Government supports

Deputy Stagg stated that he was particularly pleased that the Government are pressing ahead with a New Youth Entrepreneurship Fund aimed at start ups by under 25's and which is an idea put forward by Darragh O'Neill a member of Celbridge Labour Branch. 'I want to congratulate Darragh on his initiative and success in this matter'. Details of how the scheme will operate are now being drawn up and funding for the scheme will be announced when the scheme is up and running. In conclusion Deputy Stagg stated that the Government remained focused on Job Creation in 2014.

Cllr. John McGinley can be contacted at: 6285293 or 087 9890645

E mail jmcginley@eircom.net Web: www.labour.ie/johnmcginley/ John is also on Facebook

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Maynooth Fianna Fáil Notes

Contact Details - e-mail: naoise2014@gmail.com or (086) 456 5204

Ó Cearúil focusing on getting New Schools Built

Naoise Ó Cearúil has been campaigning to ensure that the new Maynooth Education Campus be built as soon as possible. The concern is that the project is being delayed however the KWETB have confirmed that the all is going according to plan. Ó Cearúil commented, "I'm concerned about the lack of progress with the new schools but I have been told that the project will be finished on time. If any parent needs any information, they can contact me at any time."

Ó Cearúil Campaigns for Dublin Bus routes to Moyglare Hall and Parson's Hall

Naoise Ó Cearúil has been working to get Dublin Bus to extend their services to Moyglare Hall and Parson's Hall. The company have stated that they plan on extending their services to these estates once they have the required turning points. The KWETB have confirmed that an adequate turning point will be built with the proposed new Maynooth Education Campus.

Lá Mór na Gaeilge

On the 15th of February there was a large Irish Language demonstration in Dublin. Over 5000 people turned up for the march from the Garden of Remembrance to Leinster House. The demonstrators were looking for language rights and equality when dealing with state bodies. Naoise Ó Cearúil, local election candidate and Ógra Fianna Fáil Irish officer organised the Fianna Fáuiol and Maynooth contingent. There were around fifty members of Fianna Fáil and thirty local Maynooth residents at the event.

Public work at Carton Avenue having a negative impact on traffic

Public work at Carton Avenue is causing major disruption in Maynooth. On Thursday the 20th at 12.30pm there were major traffic disruptions. Naoise commented that, "This is a welcome investment in the town but I don't understand why the work cannot take place in the evening. This

town is too busy to have long hold ups and the council should consider carrying out this work in the evening".

Ó Cearúil gets roads fixed

Naoise Ó Cearúil has been successful in his lobbying efforts to have various roads in the town fixed. Naoise has been lobbying the council to improve Coates Lane, Buckley's Lane and Leinster Park for months. The council have finally improved these roads but have stated that they would not be resurfaced due to lack of funding. "I am delighted with the work but more could be done. I will continue to look for the improvement of streets and footpaths" said Ó Cearúil.

Naoise Ó Cearúil is the local election candidate for Maynooth in the upcoming local elections on May 23rd. If you would like to join a local energetic team, feel free to contact Naoise on naoise2014@gmail.com or (086) 456 5204

Maynooth Newsletter

Maynooth Newsletter is printed monthly. We print 4700 copies each month and 3200 of those are delivered to major local estates. The remainder are distributed to local business premises in Maynooth and outlying areas. With this kind of circulation an ad placed with us ensures your product or service is brought in to homes and workplaces in your community.

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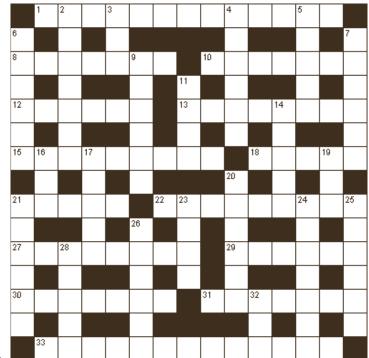
Website http://www.maynoothcc.com

Clues Across

March 2014 Crossword - No: 422

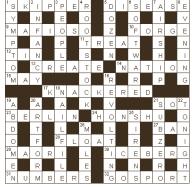
Clues Down

- 1. Supreme commander (13)
- 8. Lorry driver (7)
- 10. Retrofit (7)
- 12. Calamitous (6)
- 13. Cloudy (8)
- 15. Flattery (5,4)
- 18. Move rhythmically (5)
- 21. Moan (5)
- 22. Memorials (9)
- 27. Person who is absent (8)
- 29. Shred (6)
- 30. Cork (7)
- 31. Unfavourable (7)
- 33. Uneasy (13)



- 2. Imitate (7)
- 3. North American deer (3)
- 4. Gazes fixedly (6)
- 5. Secret organisation (5)
- 6. Declares (6)
- 7. Carved image (6)
- 9. Stir to action (6)
- 11. Vaporise (4)
- 14. Pursue (5)
- 16. Armed conflict (3)
- 17. Efface (5)
- 19. Sever (3)
- 20. Full of ruts (6)
- 21. Resembling glass (6)
- 23. Above (4)
- 24. Formed by nature (7)
- 25. View in detail (6)
- 26. Flowing water (6)
- 28. Eating utensil (5)
- 32. By way of (3)

Answers to Crossword 421



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Winner of Crossword No. 421 February

Jacqueline O'Donoghue Kingsbry Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

Collect prize from

The Maynooth Bookshop 68 Main Street, Maynooth

Difficult

		1					9	7
4				1		2		8
		8	4	7		5		6
			6	3				
			1		7			
				8	5			
9		6		4	2	8		
1		3		9				2
8	2	·				3		

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to Maynooth Newsletter Unit 5 Tesco S/C Maynooth.

Entries must arrive before: 18th March 2014 Collect prize from Newsletter Office

Sudoku Challenge March 2014

Address:



lame:					

Phone:

Address: _

Super Difficult

	5							
							6	
			2		1	4	9	5
	3	8			7	1		
7			9	8	5			6
		4	6			7	2	
3	8	9	7		2			
	1							
							7	

Congratulations to February Winner:

Helena Kirkpatrick Laurence Avenue Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

PEOPLE BEFORE PROFIT ALLIANCE LOCAL NEWS

Tel: 0860878114 - Email: northkildarepbp@gmail.com - Facebook: facebook.com/martingrehanpbpa Twitter: @MGrehanPBP2014 - Wordpress: martingrehan.wordpress.com

The People Before Profit Alliance (PBPA) in Maynooth have selected Martin Grehan as their candidate for the 2014 elections to Kildare County Council (KCC) in the Maynooth electoral area. Born in Leixlip, Martin has worked in Maynooth for 8 years (in NUI Maynooth) and is a life-time resident of North Kildare. Martin has worked tirelessly on many issues including:

- -Campaigning against cuts to our local ambulance service. Martin is the spokesperson for the Stop the North Kildare Ambulance Cuts Campaign.
- -Working to support the aims of the Maynooth Schools Group Campaign.
- -Helping to defeat the introduction of the Household Charge and fighting the introduction of property and water taxes.
- -Martin was involved in PBPA's Save our Forests campaign, which in conjunction with Friends of Donadea Forest Park, successfully prevented the sale of Donadea Forest.

At present, there are no representatives on KCC who adhere to the left-wing principles of equality and social justice. What Martin can do, as your local representative, is provide a platform for the issues affecting working people and will continue to campaign outside the confines of the KCC chamber. Furthermore, as your councillor Martin pledges to respect the following principles:

- Not to participate in the junket culture of the County Council.
- 2. Not to vote for Council Budgets that include cuts or stealth taxes and to refuse to do any deals with right-wing or pro-austerity parties.
- 3. To oppose any motions or initiatives that would see the privatisation of council services or the outsourcing of council jobs.
- 4. Never to take home more than the average industrial wage.

The People Before Profit Alliance and Martin are dedicated to building resistance to right-wing economic policies through community grassroots organising. If you wish to help out with our campaign, or wish to keep updated please contact us:

AUSTERITY KILLS - SAVE OUR AMBULANCE

As most Maynooth residents would be aware, since September 2012, no emergency ambulance has operated from the Maynooth base on a Thursday between the hours of 7am and 7pm. This is part of broader cuts by the government to the National Ambulance Service and the public healthcare system.

A campaign group was set up by a group of Maynooth residents concerned by the consequences of such cutbacks. The ambulance from the Maynooth base is estimated to serve a population of over 60,000 people. Clearly an urban area of this size cannot compromise on front line health services without endangering the lives of local residents.

The campaign has received a strong positive response from the public. Our petition to reverse the cuts has been signed by over 2,500 people and the campaign has organised protests and public meetings in order to raise awareness on the issue. Before Christmas some of the GPs in North Kildare spoke out publicly against the cuts and have said that the cuts have the potential to lead to deaths due to delayed emergency response times.

In the forthcoming weeks and months we will be reinvigorating the campaign with the slogan "Austerity Kills – Save Our Ambulance". We will be erecting permanent posters around North Kildare to raise

awareness of this issue and we also plan to hold protests locally. We hope that with the local elections forthcoming that some leverage can be gained for the campaign. Stay in touch with the campaign: stopthenkambulancecuts@gmail.com facebook.com/StoptheNorthKildareAmbulanceCuts twitter.com/StopNkAmbCuts

RESTRICTION OF ACCESS BY OPW TO CASTLETOWN HOUSE IS A CONCERN FOR MAYNOOTH RESIDENTS TOO

The People Before Profit Alliance (PBPA) in North Kildare would like to offer its full support to the residents of Celbridge in their ongoing dispute with the OPW surrounding access to Castletown. Castletown House is a national monument, and a fantastic amenity site for residents of Celbridge and surrounding towns, including Maynooth. Maintaining 24 hour access to the site for the public is the aim of the Castletown Right of Way group, and PBPA support this claim.

We would encourage Maynooth residents to engage with the campaign, to attend the regular protest walks, and to inform their local public representatives of their unhappiness with the restriction of access by the OPW to Castletown.

PBPA's candidate for the Maynooth LEA in the 2014 local elections, Martin Grehan said: "It's clear that the OPW's agenda is to attempt to monetise the usage of Castletown. They are facing pressure from central government to cut costs and increase income streams. Local residents will lose out if they continue to assert their opinion that no legal right of way exists. We call on the OPW to listen to local residents and maintain 24 hour public access to Castletown House. We also offer our support to the Castletown Right of Way group, and Community Solidarity, who have done excellent work in attempting to resist the closure."

CHRISTY MOORE PERFORMS IN NUI MAYNOOTH TO REMEMBER ANN LOVETT 30 VEADS ON

People Before Profit Alliance (PBPA) North Kildare were delighted to support an event in remembrance of Ann Lovett, the 30th anniversary of her death having occurred in January. An explanation of the events leading up to Ann's death are included below. The event took place in NUI Maynooth, John Hume Lecture Theatre 4, on Wednesday Febuary 5th and featured a performance by Christy Moore. You can find a recording of the performance, and the discussion that followed, by visiting our facebook page: facebook.com/martingrehanpbpa

Martin Grehan, PBPA's candidate for the 2014 local elections in the Maynooth local electoral area, said: "The death of Ann Lovett was a tragic event and further highlighted the despicable culture of shaming women who became pregnant outside of marriage. Whilst things have improved on that particular front in the intervening years, women still experience stigma in relation to choices around pregnancy. Events like the X-case and the death of Savita Halappanavar highlight the ongoing fight for women to have full reproductive choices, be it choosing to have a free, safe and legal abortion in Ireland, or the economic supports and opportunities needed to choose to have a child."

The English Department at NUI Maynooth prepared the following blurb to publicise the event:
Ann Lovett was 15 years old when she left her school early on the 31 January 1984. She didn't go home.
Instead she disappeared into the grotto by the graveyard in the town of Granard, Co Longford. There, all alone, she gave birth to a baby boy. Several hours later they were both found dead.

The lonely death of Ann Lovett and her son said

everything about a society that could claim to respect and value women's lives while abandoning a frightened pregnant teenager. Her death ignited a public conversation about the type of society that Ireland was and what it needed to become.

To remember the thirtieth anniversary of Ann Lovett's death and its significant for Irish society the Department of English at NUI Maynooth has convened a panel discussion. Joining in the conversation will be Catríona Crowe (Head of Special Projects, National Archive), Justine McCarthy (Journalist, Sunday Times), Anne Mulhall (School of English UCD) and Ailbhe Smyth (Feminist). It will be chaired by Sinéad Kennedy (Department of English NUIM). The evening will begin with a short performance in memory of Ann Lovett by singer Christy Moore.

MAYNOOTH SCHOOLS GROUP WIN PARTIAL VICTORY IN FIGHT FOR ONE SCHOOL

It was announced at the beginning of February that the Maynooth Schools Campaign has won a partial victory in its campaign for one secondary school for Maynooth. Whilst two schools will exist on paper for the moment, the de facto situation will be that there is one school in operation. Congratulations to all involved in the campaign, and to the vast majority of parents and children in the community who support the One Community, One School aim. The campaign will hopefully continue to exert pressure on the Dept. Of Education in the coming months to implement the promised changes.

The People Before Profit Alliance in North Kildare fully support the aims of the campaign. A statement on the new situation was not ready in time for press but we have included our endorsment of the campaign below (dated Dec 2013).

People Before Profit Alliance (PBPA) North Kildare offers its endorsement and support to Maynooth Schools Group's One Community, One School Campaign. PBPA's candidate for the 2014 Local Elections, Martin Grehan, attended the public meeting held in the Glenroyal Hotel on Monday December 2nd and offered his support to the campaign. The local PBPA will endeavour to support the fantastic work of parents and residents in campaigning for inclusivity, and against discrimination.

Why one school?

The current situation is that the Department of Education intends there to be two separate secondary schools operating in Maynooth from September 2014. Two schools will divide the community and the enrolment procedures are discriminatory. This runs counter to what parents and residents of Maynooth and surrounding areas desire. Ruairi Quinn and the Dept. of Education have sidelined the parents in this process and the move to have two schools was described by Labour TD Emmett Stagg, as an "experiment". An "experiment" that could have divisive affects on the local community for years to come. What next?

The Maynooth Schools Group have called for Ruairi Quinn to halt the enrolment procedure (due to close today Friday, December 6th). We support that call. We also support the call for a protest on this issue, either in the local community, or in Dublin. Martin Grehan said: "A protest is an excellent idea, one that celebrates the diverse community of Maynooth. Such a protest would be be attended by huge numbers of people, 500 people attended Monday's meeting. It would send a stern message to Ruairi Quinn that he must support the community's wishes and go with the one school model."

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Maynooth Film For all Film Club



Maynooth Film for All Film Club in collaboration with access>Cinema screens a fantastactic mix of high quality cinema from around the world.. This is your chance to view some great stories of different lives in other places and the opportunity to meet some of the filmakers themselves.

Screenings are on or about the first Wednesday of the month and membership is open to students and local community alike. Brief introductions and informal post-screening talks are facilitated by Denis Condon Lecturer, NUIM and Q&A sessions with invited guests provide opportunties for critical interaction with film. Screenings take place at The New Lecture Theatre, Iontas Building, North Campus NUI Maynooth.

UPCOMING SCREENINGS

SHUN LI AND THE POET 5th March 2014

A poignant film about an unhappy young woman transported to Italy by her Chinese gangmasters. Showing a tough, uncliched view of Italy away from tourists and souvenir shops the film focus's on the destructive power of prejudice.

SKIN IN THE GAME 9th April 2014

Donald Taylor Black's documentary, assesses the recession and financial crisis through the work of a number of artists: they consider emigration, ghost estates and the legacy of politicians and bankers. Text by Roddy Doyle is voiced by actors including Lorcan Cranitch and Hilda Fay.

Maynooth Film For All Film club is made possible through a partnership between Kildare County Council Library & Arts Service and The School of English Theatre & Media Studies NUI Maynooth.

For further information check out the website: www.kildare.ie/artsservice or call Brenda Brady on 045~448328



THE MIRACLE PRAYER (1)

Dear Heart of Jesus in the past I have asked for many favours. This time I ask for a special one (mention here). Take it dear Heart of Jesus and place it within your own broken Heart where your father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen. Say this prayer for three days. Promise publication and prayer and favour will be granted, no matter how impossible. Never known to fail. Thanksgiving for favour received.

Copy Date for the April edition of the Maynooth Newsletter is Tuesday 18th March



ASK SHARON THE STYLIST!!

Spring is nature's way of saying, "Let's party!" -Robin Williams - American Actor

Question: "How do I spring clean my wardrobe?" FACT: Research has it that on average we only wear 20% of our Clothes 80% of the time. That means that 80% of the time, you wear the SAME 20% of your clothes. This also means that the other 80% of your clothing is simply taking up valuable space in your wardrobe. Does this sound familiar to anyone? If you're feeling like you wear the same things day after day, this is the perfect time of year to do something about it! Set aside some time to pull everything out of your wardrobe and take stock of what you have, declutter, and create a simple a more organized wardrobe space.

HERE ARE A FEW TIPS TO GET STARTED!!

Wardrobe weeding: The first step is to try everything on in your wardrobe, separating things into four categories: keep, give away, throw out, and swap/sell and also at this stage pack away your winter clothes.

Keep: The clothes that you wear most often and if you haven't worn anything in the past 18 months, then it should go into one of the other piles! Keep anything that needs repair, or any investment pieces/designer items that you've bought, as these may well come back into fashion again.

Get rid of it:

- If it does not fit or is damaged/stained beyond repair
 - If you don't love how it looks/feels on you
- If you often try it on, but then change before leaving the house
- If you look to old or young in it {age appropriate clothing applies to adults too!}

Now, as you begin to put everything back in your wardrobe, take 2 extra minutes to hang each hanger "the wrong way" and every time you wear something you can turn that hanger around. After a few months, you'll easily be able to see what clothes you're wearing and what ones can probably go the next time you have a declutter.

Please get in touch if you have any questions regarding the above or if you would like to arrange an appointment as all this is covered in your Image Consultation or why not come and see me and get some free advice at the

'Pre Loved Ladies Clothes and Accessories Sale' on Saturday 1st March @ 7.30 till late in St. Marys Gaa Club Leixlip Entry only \in 5.00 (fundraiser for Scoil Chearbhaill Uí Dhálaigh)

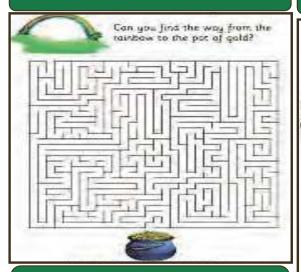
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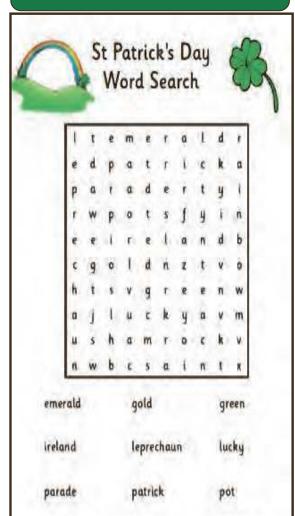
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St. Patrick's Day Maze



Can you solve our Word Search Puzzle?

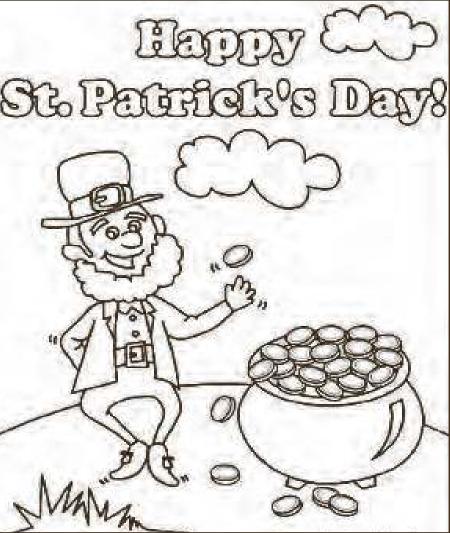


saint

shamrock

rainbow

McDonalds Children's Colouring Competition





Prizes:
Free Family Meal
From
McDonald's, Maynooth



i'm lovin' it°

Name:
Age:
Address:
Phone No:

February Winners:

Age: 3 - 5: Brian Daly, Rockfield Sq, Maynooth

Age: 6 - 7:Charlotte Favre, Rockfield Park

Age: 8 & Over: Nina Spila, Straffan Wood

Prizes for Colouring Competition can be collected at:

McDonald's

March 2014 Diary Planner

Irish Girl Guides

Meetings Tuesday evening in Maynooth. For further information contact Jackie on 085 1413787 or visit I.G.G. website www.irishgirlguides.ie

Community Library

Opening Times
Mondays & Fridays
2pm to 5pm
Tuesdays & Thursdays
1pm to 8pm
Wednesday 9.30am to 1pm
& 2pm to 5pm
Saturday 9.30am to 1pm

Toastmasters

Toastmasters meet on the 2nd & 4th Monday of every month in Glenroyal Hotel at 8pm.

The meetings are very enjoyable but with a good learning input.

They stop for tea half way through and end at 10pm.

All visitors are welcome.

Felicity Cuthbert PRO

I.C.A.

Monthly meetings take place every 1st Thursday of the month at 8.00pm.in the I.C.A. Hall in the Harbour.

Crafts every Monday night at 8.00pm.

New members welcome

Arthritis Ireland (Maynooth)

Arthritis Ireland Walking Group
(Maynooth)

Meeting Monday's at 12 Noon
Maynooth Community Space
Unit 11/12 Tesco SC
Carton Park, Maynooth
For Seated Exercise & Walking
New Members Welcome

History Group

Meetings every last
Thursday of the month in
Maynooth Community
Council Office
Tesco Shopping Centre
at 8.00pm.
All Welcome

Bridge Club

Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com.

Contact Katherine Cooney

086 8205910

Parent & Toddler Group

Every Thursday from 10.00 a.m. to 12.00 p.m. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth

University of Third Age (U3A)

Weekly meetings on Fridays at 11am. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth New Members Welcome Please contact Helena Phone: 087 6717062

Maynooth Flower & Garden Club

All Welcome Maureen Fagan PRO

Men's Sheds

Weekly meetings take place every Wednesday at 11.am Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth



Gardening

Early spring is perfect to plant herbaceous perennials such as geranium, astrantia and oriental poppies. Protect new spring shoots from slugs. Plant summer-flowering bulbs now, prepare the soil first, making sure drainage is sufficient so the bulbs won't rot. Lift and divide overgrown clumps of perennials. Top up containers with fresh compost. Don't forget to pull the weeds as soon as they appear so they won't get out of hand later. Hardy annuals can be sown in pots now. Sweet peas can be sown now outside. Cut back ornamental grasses and other perennials if not done already. Divide hostas before the come into leaf.





Deadhead flowers as they fade and allow the foliage to die naturally. Mix in a general - purpose fertilizer and fresh compost to flowerbeds before planting. Also put down your supports now so that the plants can grow up around them rather than trying to do it later. This is the best month for planting roses because the soil is heavy. Remember not to plant roses where they were planted before. Begin to spray roses for blackspot and feed them.

When the month gets warmer you can move evergreens and shrubs. Plant tender bulbs and tubers now such as gladiolas, lilies and dablias. Bulbs can still be planted until mid June for a continuous source of bloom. Prune winter jasmine after flowering and cut honeysuckle vines back to 3 ft. Divide snowdrops while still in leaf. Fertilize any bulbs that have finished blooming with bone meal or bulb booster. Plant primroses and pansies. Pinch off tips of sweet pea seedlings and chrysanthemums when they are 4 inches tall.





Prepare vegetable seed beds and sow some vegetables under cover. Don't forget to cover fruit and vegetable crops to keep off the birds. At the end of the month apply a nitrogen lawn fertilizer to encourage new growth and help repair new growth. You can repair baid patches on the lawn at the end of the month too. Plant strawberries, blueberries, currants, loganberries, boysenberries, grapes and fruit trees.

Transplant early tomatoes into larger pots, planting the stem deeper into the soil for additional root growth. At the end of the month plant early tomatoes outside. Before you plant them make sure to fill the planting hole with warm water. Plant potatoes, peas, lettuce, radishes and carrots. Move broccoli, cabbage and canliflower outdoors to a cold frame or a protected spot. Midmonth sow hardy vegetables such as beets and turnips. Not forgetting to sow herbs such as rosemary, chives and thyme. Prune fruit trees this month if you haven't already - before buds appear.





Time to start feeding the fish and remove pond heaters if you have one. Clean out pond filters and remove any netting you have placed over the pond. If the pond is looking overcrowded start dividing the plants and also cut back any old vegetation from around the pond. A little tip for stopping algae growth in the pond is to use rain water instead of tap water when filling or topping up the pond. Take care in removing any plant debris and do it as soon as it happens.

Remove algae from paths, walls, paving and patios. Give watering cans a big scrub to prevent fungal disease. Not forgetting to check and repair fencing poor. Also open the greenhouse doors and vents to let some fresh air in. Turn the compost pile, add any course mulch which was removed from the garden. It is also a good time to see any areas of poor drainage. If there are pools of water - don't drain. Just fill in the low spot or scoop out a channel for the water to drain away. Don't forget to clean out all of your birdhouses and clean your feeders for when the birds come back. Repair any fencing, arbors or trellis work.





No garden is without weeds!



For more information please call us on (o1) 5054990 or visit our website: www.maynoothcc.org

Maynooth Community Church is delighted to announce that we have now completed our move to new first floor premises in Manor Mills Shopping Centre, Maynooth. Our Services are on Sundays at 10.30am.





www.maynoothcc.org

Love was definitely in the air in Maynooth Library this Valentine's Day when we were all entertained by love songs sung by Barry Smith aka Tony Savino.



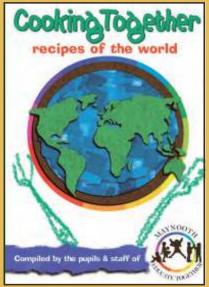
Marie Peelo (Pieta House) receives a cheque for €1000 from the 1st night of An Nuadha Players Pantomime Cinderella

Photo: L\R Saoirse Colfer, Marie Peelo (Pieta House)
Naoise Glynn and Terry Nealon



Cooking Together: Recipes from around the world.

Share the experience of cooking together at home with this eclectic collection of recipes from every corner of the globe compiled by the pupils and staff of Maynooth Educate Together National School (METNS). All of the proceeds will go to the school to directly benefit the children of METNS. We hope you can join us for our book launch, including "tastes" from the cookbook, on Friday 14th March at METNS on the Celbridge Road. The cookbook will be available for purchase through METNS as well as local bookstores.







Members of the Irish Rugby Team take time out from training at Carton House Maynooth prior to their clash with England to meet their young fans. Photo's from left to right: Rory Murphy (7 years old) - Paul O'Connell - Sean Nolan (10 years old). Sean Nolan - Rob Kearney - Rory Murphy.

Johnny Sexton - Luke Marshall - Robbie Henshaw - Sean Nolan - Rory Murphy.

Labour Advice Service



Emmet Stagg TD

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(Formerly Caulfield's)

(Except Bank Holiday Weekends)

Dáil contact Numbers

01-6183013/6183797

Happy St Patrick's Day



Maynooth St. Patricks' Day Parade 2014

This was the 29th year for us to organise the Maynooth Parade and there is no doubt that it was one of the best that we have had for many years. The quality of the entries was fantastic and we had good weather.

There were 34 entries this year and the very big crowd particularly liked the colourful display of the floats. It was obvious that a lot of time and effort went into their preparation.

On behalf of the Parade Committee I would like to thank the participants and all those who helped with the organising of what was yet again a very successful Parade.

I would like to thank all the businesses who contributed to ensure that we were not at a financial loss. In particular, I would like to thank Willie Kiernan who provides, erects and operates his state of the art Public Address System every year free of charge.

John McGinley,

Organiser, Maynooth St. Patrick's Day Parade 2014







This publication is produced by Maynooth Community Council's Community Employment Scheme, supported by

Department of Social Protection, which is funded by the Irish Government under

the National Development Plan 2007 - 2013



Thank You!!

The St Patrick's Day Committee would like to thank our major sponsors Thornton's Recycling, Derrinstown Stud, Kilcock Court, Brady's Clockhouse and McMahon's Bar & Lounge. Other sponsors were Allied Irish Bank, Cribbins Butchers, J.G. Merrick Dental Surgeon, O'Neill's Lounge, Coonan & Sons, Mulcahy's Butchers, Jim's Shoe Repair and Moulin Rouge Boutique.

We would also like to thank the following:

Paul Thornton of Thornton's Recycling for providing the reviewing stand and for help in sponsoring the St. Laurence O'Toole Pipe Bands.

Gabriel Martin, Andrew McMullon, Matt Callaghan, Seamus Kennedy, Willie Saults, Jamie Kelly, Pat Farrell and David Moynan for helping with the reviewing stand and putting out the crowd control barriers.

George O'Connor for providing the control barriers. Paul Croghan for taking on the task of Master of Ceremonies.

The Boys National Primary School for providing chairs for the reviewing stand and Marie Gleeson for providing the keys to the school.

Larine House for storing our steps for the Reviewing Stand.

Our guests on the reviewing stand.

Bernard Durkan T.D. for being our guest speaker. Kildare County Council for Supplying the No Parking Cones and Anthony Penny for delivering and collecting them. All the stewards who yet again performed their tasks very professionally. The Parade Committee, John Doogan and the staff of the Community Council, particularly Catherine Strickland, for their great help. The residents of Greenfield Estate for their continued co-operation. All of the business people who did such a splendid job of decorating their shop windows. Patricia Moynan for judging the Shop Windows each

year. Susan Durack for judging the best Shop Front. Finally, a special word of thanks to the Gardai for controlling the traffic so well.

The Parade Prize Winners were:

Best Commercial Float - Glenroyal Hotel & Leisure Club

Best Community Float - Eve Larine Genil (Owen Byrne Plaque)

Best School Float - Maynooth Educate Together Best Portrayal of Irish Culture - Michael Noone Motors Best Portrayal of Environmental Awareness - Tidy Towns

Best Band - St. Mary's Brass & Reed Band

The Shop Window Prize Winners were:

1. Carraig Flowers



2. Moulin Rouge



3. Coonans Auctioneers



With a view to encouraging businesses to paint and maintain shop fronts in a manner appropriate to the Main Street we have introduced a new prize for the best shop front and the Winner was:

The Bon Bon Cafe.



John McGinley, Organiser, Maynooth's St. Patricks Day Parade.

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Donal O' Dwyer MVBMRCVS, Patrick Jones MVBMRCVS & Associates

FIRST AID FOR YOUR PET

Road Traffic Accident



You find your pet dog or cat at the side of the road and you dont know what to do! Firstly, if your pet is still alive place a muzzle around its mouth. Your pet is probably in serious pain and moving or examining him may result in him biting you. A piece of cloth or tie can be slipped over his nose, looped underneath and tied behind his ears. Obviously in cases of severe respiratory distress this procedure is not

suitable. Next get a blanket and roll him on to it and bring your dog to the Vet.

Your dog or cat could have a back or leg injury so keeping him as flat as possible is vital. All dogs should be kept confined and on leads to prevent such injuries and accidents.

Poisons

In your house or home there are numerous products, obvious and otherwise, which if ingested can be lethal for your pet.

a) Foods – Alcohol, coffee, raisins, grapes, chocolate (especially dark chocolate).



- b) Medication Pain killers, anti depressants, vitamins. All these should be kept safely out of reach.
- c) Others Toilet cleaners, shoe polish, anti freeze, slug and snail bait.



d) Flowers and household plants, tulips, rhododendrons and Lilies which are highly toxic especially to cats causing severe kidney damage.

These poisons if ingested can cause serious side affects – vomiting, diarrhoea, incordination and respiratory difficulties.

Rat Poison

If ingested by your dog will cause internal haemorrhaging with evidence of

blood in faeces and urine. Bleeding from nose can be a sign of advance poisoning. In this case it is vital to induce vomiting and vitamin K is the antidote.

Bee Stings

Some dogs after been stung will show swelling of face and nose area as these are the usual sites of a sting. Find the sting, remove it and apply vinegar



If you think your pet has been exposed to any poison you can contact us at:

Maynooth Veterinary Clinic 01 6289467 or Clane Veterinary Clinic 045 982763.



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Community Council Notes

The Council expressed its sympathy to Muireann Ní Bhrolcháin on the recent passing of her mother, Mairéad Bean Uí Bhrolcháin.

Minutes of the last meeting were approved. There was no correspondence and the Treasurer's report was read.

MCC Office and PC upgrade

The office is in the process of exploring the upgrade and costs of its PCs. It will explore licensing agreements, open source, funding (full or partial) by the Department of Social Protection or by companies for example Intel. It was considered prudent to explore all the possibilities before outlaying funds and to consider upgrading on a gradual basis. The current cost for an upgrade is €13 per month per PC. It is also necessary to consider that new release of software can mean that PCs may require new hardware

Maynooth Community Council launches a Fundraising plan – Bingo

The Council announced the establishment of a weekly fun Bingo night which begins on Tuesday 8th April in McMahon's to raise funds for MCC. This will be a one sheet only game. It was thought that is would prove to be a good fundraising opportunity as Maynooth does not have a bingo night in the town and it was felt that this event would attract a large audience. In the past bingo was played in the Parish Hall and always attracted a large audience.

St. Patrick's Day Parade

The St. Patrick's Parade is now organised. There will be between 30-40 floats. The committee is appealing for volunteers to do stewarding for the duration of the parade.

Educate Together

The school has just published a cookbook which retails at $\ \, \in \ \, 10$ in the Maynooth Bookshop. The book consists of 248 pages of recipes and illustrations representing the cuisine of the various nationalities in the school. MCC members were invited to the launch which took place on Friday 15^{th} March in the school. The school will have a céile for Seachtain na Gaeilge. There will be a readathon at the end of March. The Open Day will take place on the 5^{th} April and presents an opportunity for parents to contribute to the final plan for the school. The school is preparing for its primary science award and will take part in the St. Patrick's Day Parade.

Maynooth Tidy Towns

Maynooth Tidy Towns held their AGM and the outgoing committee were re-elected – Mattie Callaghan, President; Paul Croghan, Secretary; Richard Farrell, PRO.

MTT committee and members are very busy at the moment preparing their float for the parade. Supervalu will give flowers for the float and they will be planted in the Town afterwards. The number of volunteers turning out on Saturdays and Sundays has increased. On a less positive note it was reported that the bus shelter outside McMahons is in need of repair. The bus shelter provider cannot repair it as the Perspex component is no longer manufactured in the required dimensions. This was a fact that was beyond the belief of members of the Council. The present state of the bus shelter is not a good image for the street especially as Maynooth is taking part in Ireland's Best Kept Town Competition. It was noted

that the shelter provider is still using the shelter for advertising. It was agreed that the matter be brought to the attention of the KCC.

It was commented that Maynooth schools are achieving Green Status awards which is great for the school environs but it appears that the message is not extending to the town where there is evidence of increased littering. There have been several complaints about school children not using litter bins in the Town. Maynooth Tidy Towns sends representatives to the schools to speak with students. It was strongly suggested that the Parents' Associations should also be contacted as the message must come from both the school and home. Work on the preservation of Farrell Bridge is ongoing. The Convent paving is almost complete. Some concern was expressed that the kerbing has extended too much out on to the main road and has narrowed the Dunboyne Road junction. It was stated that the work was carried out according to the legal road requirements. Overall the finish was considered to be of a high standard and that the object of the work was for the safety of the children. It was reported that there were complaints from some residents about the removal of two 100 year old wrought iron benches which were situated outside the entrance to Carton Avenue and the fact that they would not be returned. A member of the council suggested that they be brought to a workshop in Leixlip for renovation. It was pointed out that they had already been looked at by a local expert and were deemed to be in too bad a condition for preservation. New seating will be provided. A suggestion was made that Carton Avenue gates be painted white to mirror the white gates of the College at the other end of the town. There was a request from MTT that no election posters be put up or at the very least put up in areas that would not spoil the look of the town especially as judging would going on in the Town.

Senior Citizens

The AGM was held at the beginning of March at which the outgoing committee was re-instated. The Annual Collection took place on the 22/23 March which was incorrectly noted in the last *Maynooth Newsletter*. The Tea Dance took place on the 16 March. Next Year the Senior Citizens' Group will celebrate 50 years.

St. Patrick's Foundation 17th March. All was reported to be going well with the preparations for St. Patrick's Foundation Breakfast on Monday 17th at Carton House. There will be a guest speaker, Irish and African dancers and a harpist. Members of the MCC members and Senior Citizens (at a special rate) were invited to attend in what promised to be an enjoyable event.

Canet Fire Fighters to visit Maynooth

A group of firemen and women from Canet will visit Ireland for four days and will stay one night in Maynooth on the 9th May. The group of nine consists of 2 firemen 1 firewoman and 6 trainee fire fighters. They hope to see a GAA match while here. It was remarked that our own Fire Station in Maynooth is in an appalling condition.

The next meeting of the Maynooth Community Council will be the AGM

Irish Girl Guides strive for Universal Primary Education

Members of Irish Girl Guides (IGG) are this week learning about the second Millennium Development Goal – to achieve universal primary education. Girls and young women from age five to 26 are taking part in games and activities in preparation for World Thinking Day - Saturday 22nd February – when 10 million Girl Guides and Girl Scouts throughout the world will focus on the theme "Education opens doors for boys and girls".

Although access to education has improved worldwide, an estimated 250 million children of primary school age lack basic reading, writing and numeracy skills, whether in school or not. Globally, 123 million youth (aged 15-24) lack basic reading and numeracy skills; 61 per cent of them are young women (Millennium Development Goal Report 2013).

"Here in Ireland it is unimaginable for a child to be denied a primary education," says Helen Concannon, IGG Chief Commissioner. "But, as a member of Irish Girl Guides, we are connected with 10 million other girls and women around the world and unfortunately they don't all get a primary education. "We stand shoulder to shoulder with our sister Guides around the world to raise awareness of this crucial issue. Educating children is an investment in all our futures and it is our responsibility to campaign for it across the globe. World Thinking Day is an ideal time for us to join forces with all Girl Guides and Girl Scouts and work towards creating a fair and equal world."

The World Association of Girl Guides and Girl Scouts (WAGGGS) would like to see non-formal education valued and recognised as an important part of an allround approach to education and aims to provide opportunities for Girl Guides and Girl Scouts to learn about the importance of education and to stand up for the rights of girls and young women. Girl Guides are encouraged to act as agents of change and to find ways to address issues overseas as well as in their own communities. They can earn a World Thinking Day 2014 badge by learning about issues such as access to quality education, lifelong learning and the importance of education. "Education gives girls a chance to make friends and grow in confidence and it provides opportunities for their future life," says Ruth Hennessy, a 17-year-old IGG member from Swords, Co Dublin. "Primary education is very important as girls wouldn't learn basic skills if they didn't get that opportunity," says Fiona Buckley, also 17 and from Swords. "If girls don't get a basic education, they can easily be taken advantage of and denied their human rights," says 20year-old Louise Hennessy, an IGG leader from Swords. IGG members are collecting money for the World Thinking Day Fund, which is distributed by WAGGGS each year to five chosen countries. This year's funds will go to help education projects in Egypt, Bangladesh, Armenia, Benin and St Vincent and Grenadines.

The Big Bad Wolf Show With Liam Farrell

Maynooth Community Library
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Tel:01 6285530 Email:maynoothlib@kildarecoco.ie http://www.kildare.ie/library/maynooth/

Editorial

There is an account of the St Patrick's Day parade with lots of photographs. But the Newsletter would like to congratulate the committee for their unstinting work on the parade. Many of them have been involved for years and they deserve our thanks and recognition. The local businesses and all the clubs etc who contribute and participate should also be recognised but some are very conspicuous by their absence. These will not be mentioned here but there are prominent groups that one might expect to take part and this is often commented upon. It should be emphasised that this is a subcommittee of the Community Council and without them the parade would not exist. This is only one of the many activities around the town that the Community Council is involved in, and this includes this publication. All the work is voluntary, the various committees give vast amounts of their time, without payment, without expenses and often without recognition. In fact they usually put up with huge amount of criticism instead and with the increasing use of social media, this can happen in a very public arena. Volunteer work in general can go unrecognised and without much thanks. There are so many volunteer groups in Maynooth and many of these organisations took part in the parade and it is a great showcase for them and they take this opportunity every year. There will always be those who find fault and criticise but they are usually those who are not involved and who would rather sit on the fence. The Community Employment project that is sponsored by the Community Council also works on the Newsletter, the parade and the Community Festival. The outdoor workers work on the canal following the work of the project that was sponsored by the Royal Canal and the Tidy Towns. The Community Council took over responsibility for that part of the project over a year ago and the workers are a great support in their spare time to the Tidy Towns committee as well.

The parade in Dublin was an extraordinary spectacle as usual and there are many tourists visiting the capital city. But the economy is still very flat and although house prices are increasing in Dublin and some other small pockets this is not indicative of what is happening countrywide.

There are growing concerns as well about the difficulties between the Gardaí and the Government and differing voices are emerging within the Government itself most recently. The treatment of the whistleblowers continues to be a bone of contention and this is a problem deeply rooted in Irish society. There is a tendency to shoot the messenger rather than to listen to the message and this leads to severe management problems in large organisations. There are cracks showing in the coalition over the remarks of the Garda Commissioner with the Labour Party stating that he should withdraw the 'disgusting' remark about the way in which the 2 gardaí released their information and Fine Gael ministers disagreeing. Politicians and the Government are on the left foot since the New Year, fire fighting on an ongoing basis. The latest revelations about Patrick Nulty shook the system and particularly his erstwhile colleagues in the Labour Party. He is a man who had suffered in his childhood and was admired for his bravery and entry into politics. The sudden resignation on Saturday 22nd March followed by the revelations in the Sunday World and other newspapers on the following day has shocked his constituents in particular but it seems that some of them were well aware of his activities.

This month is the 1,000 anniversary of the most famous of early Irish battles, the Battle of Clontarf and there is a full page on this event further in this publication. It took place on the 23rd of April, Good Friday of that year. Not the type of activity we would expect on the day of Christ's crucifixion and it certainly would not

happen in Ireland today! The main character was Brian Boru the man who gave us the surname Ua Briain (O'Brien). But we know the names of many of the women who surrounded him as well, his mother. sisters, daughters and his most famous wife, Gormlaith the daughter of the king of Leinster and they lived in north Leinster, possibly around this area. There is a tendency to think of history beginning in the 19th and 20th centuries and to ignore what has gone before. It is heartening then to see celebrations of this momentous event all through the year, but a lot of the commemorations are at an academic level rather than the popular level and this a problem with a lot of medieval material. There is the misconception that Brian got rid of the Vikings out of Ireland after this battle but this is pure propaganda from the twelfth century, propaganda that worked so well that it is still believed today. In fact the battle was fought mainly between Munster and Leinster in the first real attempt to create a 'king of Ireland' an office that was never really realised despite the fact that certain figures before this were referred by that title. The Vikings were well embedded into Irish society by 1014. They were Christian, inter-married and had established the very important towns around the coast in particular. Dublin was becoming a central area of interest for anyone who wanted to be a powerful king. Beidh cláracha raidió and teilifíse ar an ábhar maraon

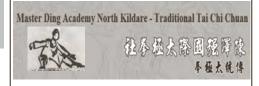
Beidh cláracha raidió and teilifíse ar an ábhar maraon le léachtaí tugtha ar fud na tire agus tá taispeántas iontach le hoscailt i mí Aibreáin ag Ard-Mhúsaem na hÉireann. Beidh taiscí agus seoda éagsúla ó cheantar Luimnigh agus áiteacha eile ón tréimhse stairiúil, iomráiteach sin le feiceáil. If féidir roinnt dena taiscí a fheiceáil anseo ar an shuíomh idirlíon atá ag an Músaem. http://www.museum.ie/en/exhibition/gallery/clontarf-1014-photo-gallery.aspx

Is fiú cúairt a thabhairt ar na taispeántais eile atá acu freisin agus cuimnigh go bhfuil sé fós saon in aisce don phobal. Tugann ár gcúairteoirí eachtrannacha cúairt ar an áit go minic ach is dóigh liom go ndéanann muintir na hÉireann iad féin dearmad ar na seoda iontacha, a déanadh anseo in Éirinn, atá i dtaisce sa bhfoirgneamh. Muireann Ní Bhrolcháin

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked for many favours. This time I ask for a special one (mention here). Take it dear Heart of Jesus and place it within your own broken Heart where your father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen.

Say for three days and promise to publish.



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VISA

Maynooth Toastmasters

Maynooth Toastmasters meet every 2nd and 4th Monday of the month in the Glenroyal Hotel, meetings start at 8pm and finish at 10pm. We provide a secure and friendly environment which allows people to develop and become more confident in the skills of public speaking . People come to Toastmasters for different reasons ie to make sure that the all important wedding speech will be memorable, to overcome basic concerns about speaking in public and gain communication skills, to learn the skills of thinking quickly and responding . Everyone is encouraged to develop leadership roles as part of the training process offered by Maynooth Toastmasters. Everyone has a story to tell and your first speech termed an "An Ice Breaker" is just that , I remember mine given about 2 years ago. It went like this, playing hide and go seek with my brother at age of 7 , I entered a glasshouse to see flowers in all colours of the rainbow, it opened the world of colour and design to me and became my career. Toastmasters is about enjoying yourself and each evening we break midway for coffee, tea, biscuits and chat. On the 10th March we held our club competition and selected members who will go on and represent Maynooth at the next level of competition, taking place on the 24th March in the Glenroyal Hotel with the other Kildare Clubs. At stake is the opportunity to progress, climb the ladder and possibly reach the zenith of speaking at the Toastmasters International Speech Competition in America. It's starts at club level and it's great fun seeing a wide range of speeches all competing for the prize.

In Toastmasters everybody wins, as it is a mutually supportive environment whose aim is the personal development of all the members, so come along as a guest and flavour Toastmasters Maynooth, you will be surprised.

Peter Cuthbert Pro Tel 086 8752336 cuthbertpeter@ymail.com

Know Your Rights

Know Your Rights : Adoptive Benefit Ouestion

I've just adopted a child and applied for Adoptive Benefit. The amount and period of the Adoptive Benefit that I have been granted were not what I expected. How long should I be able get Adoptive Benefit for and how much should it be?

Answer

Adoptive Benefit is a payment to an adopting mother or a single male who adopts a child. It is paid for a continuous period of 24 weeks from the date your child is placed with you. However you will not get Adoptive Benefit for the full 24 weeks unless your adoptive leave begins on the date of placement. If you begin your adoptive leave after the date of placement, you will lose some of your Adoptive Benefit entitlement.

You must give four weeks' notice to your employer of your intention to take adoptive leave before the expected placement of the child (for both foreign and domestic adoptions). As soon as is reasonably practicable you must give your employer the expected date of the placement.

You can also take up to a further 16 weeks' additional adoptive leave, but this period is not covered by Adoptive Benefit, nor is your employer obliged to make any payment during this period unless otherwise agreed.

If you intend to take the 16 weeks' additional adoptive leave you must give your employer at least four weeks' written notice. This can be given at the same time as the initial notice to take adoptive leave.

You should apply for Adoptive Benefit six weeks before you intend to go on adoptive leave.

Since 6 January 2014 the payment rate for Adoptive Benefit has been standardised at €230 per week for new applicants. This change applies to new claimants since that date. Claimants who were getting the payment before that date are not affected by the change and continue to receive an amount based on their income, with a minimum of €17.80 and a maximum of €62. Adoptive Benefit is taxable but not liable for the Universal Social Charge or Pay Related Social Insurance (PRSI). Adoptive Benefit can be paid directly into your bank or building society account.

Know Your Rights : Supplement to Register of Electors

Question

I moved house earlier this year but have not registered to vote at my new address. Is it too late for me to register to vote in the local elections next month?

Answei

You can still be added to the register for the local and European elections which will be held on Friday 23 May 2014.

The Register of Electors is published every year on 1 February but the closing date for submitting changes to the last draft Register was November 25 –before you moved to your new address.

Changes after this date are taken into account in a supplement to the Register of Electors and until 6 May you can apply to be added to the supplement for the upcoming elections.

You can check if you are on the register at checktheregister.ie or at your local authority, Garda

station, post office or public library.

If you are on the register but your previous address is listed, you can have your new address added to the supplement by completing form RFA3. The form is available online at checktheregister.ie or from your local authority, post office or public library. This will also remove you from the register for your previous address.

If you check the register and find that you are not listed on the register, you can still apply be added to the supplement up to the closing date of 6 May 2014. In this case the form you use is called RFA2.

There is an earlier deadline of 26 April 2014 for changes to the supplement for postal voters. This may apply if you are not able to vote at a polling station because of your occupation, illness or disability, being in prison, or if you are studying full-time in Ireland but away from the address where you are registered to vote. The application form for inclusion in this supplement to the postal voters list is available from your local authority..

Know Your Rights : Single Person Child Carer Credit Question

I claimed the One-Parent Family Tax Credit last year because I share custody of my son with my former partner. My notice of tax credits for 2014 didn't include it and I'm told I can't claim it any more if she claims it. Why is this?

Answer

The One-Parent Family Tax Credit (OPFTC) was a credit for people parenting alone that reduced the amount of tax that they had to pay. If a child stayed with each of its parents for some part of the year, then both parents could claim the full amount of the tax credit for that tax year.

The OPFTC was abolished at the end of 2013 and the Single Person Child Carer Credit (SPCCC) was introduced from 1 January 2014.

Only one parent can claim the SPCCC in a tax year. In general, the SPCCC is given to the person with whom the qualifying child lives for the whole or greater part of the year (more than 6 months). This person is called the primary claimant. If both parents have equal custody (by court order), entitlement to the credit is decided by which parent gets Child Benefit.

When the SPCCC was introduced, Revenue automatically allocated the new credit to people who were due to receive a One-Parent Family Tax Credit and were also getting Child Benefit. If you believe that you qualify as the primary claimant but the credit has been granted automatically to your former partner, you should complete Form SPCC1 (available from Revenue) and return it with any relevant evidence in support of your claim. In the event of a dispute you can appeal Revenue's determination to the Appeal Commissioners.

If your former partner is the primary claimant, she can choose to give up the credit so that you can claim it. To do this, she submits Form SPCC1 and you submit Form SPCC2. You must meet the qualifying conditions and your son must live with you for more than 100 days in a year (for the purpose of this limit, it can count as a day if he is with you for most of the day).

You cannot claim the SPCCC if you are: jointly

assessed as a married person or civil partner; cohabiting; married or in a civil partnership (unless separated).

The SPCCC is €1,650 in 2014. If you get the SPCCC you are also entitled to an €4,000 extension in the standard rate tax band, increasing it to €36,800.

Know Your Rights : Renewing a passport Question

I'm planning a trip abroad later this year but my passport will expire a couple of weeks before I'm due to travel. Will that leave me with enough time to renew my passport before I travel? Can I renew it before its expiry date?

Answer

The time it takes to renew a passport can vary, depending on how you make the application. The Passport Office recommends sending your application using An Post's Passport Express service. In general, this guarantees that you will get your passport within 10 working days, but it may take longer at busy times of the year. Check passport.ie for current turnaround times. The standard adult passport costs 80 through Passport Express, with a processing charge of 9 – a total charge of 99. You can hand in your completed application at any An Post office.

The Passport Office no longer accepts applications submitted by regular or registered post from applicants living in Ireland and it is not possible to apply online.

Applying in person at the Passport Office costs €5 and is only recommended if you are due to travel in less than ten days. In this case, you can use the Passport Appointment Booking Service,

passportappointments.ie. There is an additional Urgent Fee of €5 if you need your passport issued in 3–5 working days. It is not usually possible to issue a passport in less than three days unless immediate travel is required due to the death or serious illness of a family member or because you need emergency medical treatment.

If you are concerned about forgetting to renew your passport in time, the Department of Foreign Affairs and Trade provides a Passport Reminder Service, which sends you a reminder email before your passport is due to expire. You can register for this service at passport.ie.

You can apply for a new passport before your current one has expired. In this case your new passport will run from when you apply rather than from the expiry date of your current passport.

You can get a passport renewal application form at any Garda station or An Post office. It is not available online.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public.

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

Brian Boru, Gormlaith and the Battle of Clontarf



(The main characters: **Brian Boru** of Munster, his wife **Gormlaith** daughter of **Murchad** (died 937) king of the Uí Fhaeláin of North Leinster and Kildare area, **Donnchad** their son, **Olaf** king of Dublin her first husband and their son **Sitric** later king of Dublin, **Mael Mórda** brother of Gormlaith and king of Leinster.)

On the 23rd of this month we commemorate the 1000th anniversary of the Battle of Clontarf (Cluain Tairbh) fought on Good Friday 1014. One character stands head and shoulders above all others, a man of the century, the famous Brian Boru from who the Uí Bhriain (O Briens) clan was named.

Until the 10th century the most powerful kings in Ireland, titled the king of Tara, belonged to the dynasty of the Uí Néill, they were roughly divided in two, the Northern Uí Néill and the Southern Uí Néill. They kept control for the best part of 600 years and two kings, Mael Sechlainn 1 of the Southern Uí Néill (died 862) and his son Flann Sinna (died 916) were called 'king of

Brian's family, the Dál gCais from the mouth of the Shannon, appear from nowhere in 934, his father Cenn Étig (Kennedy) son of Lorcán (Larkin) died in 951 was called 'king of North Munster' and 'royal heir of Munster'. Brian's brothers were kings before him, when they were killed by Munster rivals he became king in 976. He ruthlessly annihilated his brother's assassins, desecrating a church and killing one of them in the sanctuary. Brian spent 20 years consolidating his power at home and then further afield until, in 999, Leinster and Dublin revolted against him. Brian defeated them and took prisoner Mael Mórda, king of Leinster. In 1005 he was giving gold to Armagh and recognizing it as apostolic city of Ireland. As a result, he is described in the Book of Armagh as 'Emperor of the Irish'.

Traditionally, his greatest enemy was Mael Sechlainn the second but they had come to an agreement. In 1012 the tension was building between Brian and Leinster and when war broke out between Mael Sechlainn and the Dublin Vikings in 1013, Brian sent his son Murchad to help Mael Sechlainn and to attack Leinster. Then Murchad camped at Kilmainham, within view of Dublin. Brian joined him and blockaded the city from September to Christmas before returning home.

The enemy knew that he would return next spring and tried to get help from the Vikings of the Orkneys and the Isle of Man. Mael Sechlainn took his army home so the combatants were Brian and his Munstermen with a small group Connachtmen against the Leinstermen and some Vikings. As far as we know, Sitric king of Dublin, did not take part. The battle raged all day, an unusually long and bloody conflict for the time with huge losses on both sides. Brian won but a retreating Viking murdered him and many other leaders were also lost. Tellingly, Brian's body was brought to Armagh, via Swords, not home to Munster.

It took Munster decades to recover and the kingship of Leinster changed completely. This was not a battle between the Irish and the Vikings but mainly between Munster and Leinster. Later, in the 12th century the historical romance, *Cogad Gaeil re Gallaibh* (Battle of the Irish with the Foreigners) glorified Brian and began the story that he cleared the Vikings from Ireland despite the fact that they had become integrated with the Irish. The 12th century Viking account, the *Njalsaga*, also retells the tale. There is some disagreement about their accuracy but they agree on one aspect, they paint Gormlaith, wife of Brian and of Olaf, in a very bad light and even some modern scholars agree.

Today Gormlaith (blue/purple sovereignty) is nearly forgotten but she has attracted more attention than any other woman in medieval Ireland. Her brother Mael Mórda king of Leinster was taken prisoner by Brian in 999. When Brian made war on Dublin he forced the Viking king, Sitric Silkenbeard, to submit. Sitric was born to Gormlaith and her first husband, Olaf. Mael Sechlainn the second is also said to have married Gormlaith – these combatants knew each other very well. Sitric was also married to a daughter of Brian's, both by different partners, not incest but very closely related.

One reference says: 'It is she who made the three leaps of which is said: three leaps Gormlaith made/ that a woman will not ever make again;/a leap to Dublin, a leap to Tara,/a leap to Cashel, the rock plain that surpasses all. Amlaíb Cuarán her first husband and Mael Sechlainn son of Domnall after that and Brian.' But we do not

know if this is the proper order of her marriages. She definitely married to both Amlaíb (Olaf) and Brian and died in 1030, her death notice says: 'Gormlaith daughter of Murchad son of Finn, mother of the king of the foreigners, Sitric, and of Donnchad son of Brian, king of Munster, and of Conchobar son of Mael Sechlainn king of Tara, died.'

The marriage to Olaf probably happened when she was about 15 or 16 the norm in medieval Ireland. There would be a huge age gap as it was probably arranged by her father Murchad before his death in 972 and Olaf died 980/1. More evidence for an early marriage is that their son Sitric took the kingship of Dublin in 995. The fact that her second marriage was to Brian is shown by the fact that their son, Donnchad, died in 1064 (on pilgrimage to Rome). He was also old enough to participate in the Battle of Clontarf. The marriage to Mael Sechlainn is not certain although a son, Conchobar, is mentioned. Some death notices call her 'the queen of Munster' indicating that Brian may have been her last husband.

We learn most about Gormlaith from the sources written some one hundred and more years after the events. As seen above, there are two different descriptions of her role in the lead up to the Battle of Clontarf with the native source saying that she was at Kincora with her ex-husband and her brother. But as Gormlaith allied herself with Leinster, it seems unlikely that she was in Kincora in 1013.

The Viking account associates her with Sitric and that she played a more active role, urging Sitric to kill Brian and sending Sitric to the Orkneys and the Isle of Man to recruit soldiers. Here Brian is shown as a saintly man and she is said to be 'endowed with great beauty ... in all the characteristics for which she herself was responsible, she was utterly wicked.' She has been maligned by modern historians as well with John Ryan saying that the men of Leinster may not have arisen against Brian: 'were they not nagged into irresponsible fury by a woman's tongue' and calling her a 'sharp, able and irreconcilable woman'. There is no evidence for these comments. The question needs to be asked – why was she so disliked?

Despite our knowledge about these relationships, there is no mention of a wife for Murchad or a mother for Gormlaith, not even in the medieval, comprehensive and contemporary *Banshenchas* (Lore of Women): primarily a list of the mothers and wives of famous kings. There is one strange story in one manuscript describing a vision that her (unnamed) mother had: 'It is the mother of Gormlaith daughter of Murchad who saw a vision: that she slept with the king of Leinster and bore a son to him and that he assumed the kingship of Leinster and that she bore a daughter to the same king and that she took the kingship of Ireland ... The mother, moreover, was the daughter of the king of Connacht ...'. The king of Connacht at the time would probably have been Tadg (†956) son of Cathal.

The nearly contemporary genealogies have an interesting reference, particularly those associated with Leinster. One manuscript says: Cethri meic la suide: Fáelán Senior 7 Máel-Mórda 7 Muiredach a quo Húi Daimin meic Muiredaig 7 Mael-Carmain, Scirrdech banamus dano a mathair-side, 7 Gormlaith ingen Murchada ben Briain. (Four sons by him: Faelán Senior and Mael Mórda and Muiredach from whom the Uí Daimin son of Muiredach and Mael Carmain. Scirrdech (?) female servant then his mother and Gormlaith the daughter of Murchad wife of Brian.)

I have suggested elsewhere that this is Gormlaith's mother: an unknown female servant or slave (banamus) whose nickname is scirrdech from Old Norse skira 'to baptise' that has the past participle skirdr. Then the nominative singular feminine would be skird' 'the baptised (woman)'. If this is true, it might explain Gormlaith's allegiance to Sitric and the marriage to a Viking king of Dublin. Was it difficult for Murchad to find a proper alliance for a daughter whose maternal background was suspect? He was proud of her, giving her a royal name, Gormlaith is not used for 'common' women. Was she sending Sitric to the Orkneys and the Isle of Man to get help from her maternal relatives? Her allegiance may have been to her Viking mother's family as well as her Viking son. This would explain the contemporary animosity towards her; the daughter of a servant/slave, not just a foreigner but possibly a pagan.

Muireann Ní Bhrolcháin, 'Who was Gormlaith's mother? A detective story' in (ed.) J. Fenwick, *Lost and found* 2 (Wordwell, 2009), pp 83-94.

Máire Ní Mhaonaigh, 'Tales of three Gormlaiths in medieval Irish literature', Ériu 52 (2002) 1-24

Máirín Ní Dhonnchadha, 'On Gormfhlaith daughter of Flann Sinna and the lure of the sovereignty goddess', in Alfred P. Smyth (ed.), *Seanchas: studies in early and medieval Irish archaeology, history and literature in honour of Francis J. Byrne* (Dublin, 2000), 225-37.

Maynooth Golf Society

Results Sheet 2014 Millicent Golf Club Date 8/03/2014 Owen Byrne Shield Sponsored by Maynooth Bookshop

1st Prize	Martin Shields	33pts
2nd Prize	Darren Moran	30pts B9
3rd Prize	Sean Lennon	30pts
4th Prize	Tommy Campbell	29pts B9
5th Prize	Dave Weafer	29pts B9
6th Prize	Aaron Morison	29pts B9
7th Prize	Terry Moore	29pts
Front 9	Brendan Behan	17pts
Back 9	Joey Edwards	15pts
Nearest the Pin	Paschal Dunne	

Next Outing: Trim GC on 12th April 2014

Maynooth Golf Society's first outing of 2014 was played at Millicent Golf Club in Clane. 46 members competed for the Owen Byrne Shield in weather conditions which were very windy but dry. Scoring was low due to the high winds, they say "professionals cannot handle the wind", well neither can amateurs judging by the scores at Millicent, golf balls were being blown off the greens with the high wind speeds and gusts were redirecting and diverting golf balls off course.

In first place with a score of 33 points was Martin Shields, second place was Daren Moran with a score of 30 points (B9) and third place was Sean Lennon with a score of 30 points. All other prize winners are listed on the results sheet.

The prizes were presented in McMahons Bar to a large attendance from the society. The new incoming Captain Gerry McTernan thanked the sponsor Maynooth Bookshop for sponsorship of the Owen Byrne Shield. He also welcomed the new members to the society who played on the day and hoped they would enjoy the golf and their experiences in Maynooth Golf Society. He thanked McMahons Bar who provided food to all who attended the prize giving.



ASK SHARON THE STYLIST!!

"If angels could be jealous of men, they would be so for one reason: Holy Communion." St. Maximilian Kolbe

Question: "What do I wear to a First Holy Communion?"

FACT: Communion season is just around the corner and this year thousands of children will make their way up the aisle at a cost which is truly staggering and costing us millions as a nation. Apart from the clothes which are the initial expense, there is also food and drink to consider and not forgetting the bouncy castles and other kinds of entertainment on the day which all proves to be very expensive when it is all totted up. If you plan early and start organising your wardrobe now it will be one less thing to worry about when the time comes as the retail stores are all stocked up now for this special occasion for the little ones and the summer stock is already in the shops now.

SO WHERE TO BEGIN!! First step is to go Window Shopping, yes Window shopping because I don't want you to buy anything yet. Just look around to see some outfits you would like to wear on the day, bring a list of what you think you might need and also a calculator to give you an idea of what it will cost. Then go to your and other members of your family's wardrobe and take a look at what you already have. See if there are any items of clothing which is similar to what you have seen in the shops and maybe then you only have to buy one item to add to it which will make up a whole new outfit for you and don't forget to include shoes, bags and jewellery. Here are some ideas of what you can wear. Remember Communions. although not cocktail or wedding attire, are still quite dressy and modest; don't wear anything strapless or too revealing in church.

- For Him: Suit and tie for a smart look or a less formal outfit would be a jacket/blazer with open neck shirt and trousers/chinos/dark jeans.
- For Her: Day dress with coat/jacket/cardigan or matching separates like a Chanel style boxy or "boucle" jacket which can be worn with smart blouse/top and trousers/dark jeans.
- For Teenagers and Children: Smart casual style separates will look very nice on the day. When buying the Communion outfit the first thing to purchase is the dress or suit and then you can work the rest of the outfit and accessories around this at a later date if you need to. Look for discounts and special offers because these will be the most expensive items and the price will differ from shop to shop. Wishing you all a great day from Mini Steps Styling!!

For more information or to arrange an appointment call Sharon @ 087 9962459/ Office 01 6016295

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BNI® (Business Network International)

On Thursday the 27th Feb BNI Prosperity celebrated our 1 year anniversary and celebrated passing over 1 MILLION EURO amongst our members! If you are a business owner and would like to be part of this success in 2014 come and visit us on Thursdays in the Glenroyal Hotel Maynooth at 9.30am.

For more information or to reserve your place call Sharon on 0879962459/01 6016295 or email sharonmccarthy33@yahoo.com

Maynooth Tidy Towns

Maynooth Tidy Towns Committee

respectfully request that ALL Election Candidates refrain from putting their Election Posters in the Main Street to Kilcock Road of Maynooth during the upcoming Local and European elections.

The reason being is that Maynooth has been selected by the Dept of the Environment to participate in the Ireland's Best Kept Town

Competition. This is an All Island competition and judging will take place at any time during the month of

Maynooth Tidy Towns

Thanks to Seamus Kennedy, Mattie and Elizabeth Callaghan, John Kavanagh and Sean Cushen who got the float ready and to all who participated in the St.Patrick`s Day Parade.

Also to our wonderful volunteers who displayed our new Litter Buggies, if you wish to sponsor one of these you can contact John Kavanagh 0876598105. We received many compliments regarding our entry and we also won a trophy.

National Spring clean month is on during April, and if your group wants to work with us please contact us on the no. below.

We have started our Wednesday evening clean ups, we meet at the Square @ 7.30pm. and also Sunday morning clean ups to start on 6th April meet at the Square @ 7.45am.

At our last committee meeting it was agreed that because of Maynooth involvement in Ireland's Best Kept Town that all candidates in the Local and European Election would be requested to refrain from postering the Main Street to the Kilcock Road. Finally, thanks to Maynooth Garden and Timber Centre for sponsoring Daffodil bulbs along the Blacklion Road

Richard Farrell PRO Maynooth Tidy Towns 087 3153189









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Launching the Maynooth 10K 2014 L/R Conor Mallaghan (Carton House), Joe Schmidtt (Irish Rugby Coach), Owen Byrne (Maynooth PP), Paul O'Connell (Irish Rugby Player), Teresa Murray (Chairperson of Maynooth PP PTA), Aoife Walsh, Sinead Burke, Ryan Deegan (Maynooth PP), Devon Toner (Irish Rugby Player). *Photo: Mark Colfer*

Maynooth 10K 2014

They say that time flies when you're having fun and yes, that was a quick year. It only seems like yesterday when we were packing away the bollards, barriers and water bottles and here it is around again!

We're looking forward to a great event this year and we have a number of exciting additions to this years event both to help you prepare and on the day itself.

Keep an eye on our Facebook page "Maynooth 10k 2014" and our Twitter feed "@maynooth10k" for more information and, of course, don't forget our website www.maynooth10k.ie for all the information in one place at one time!

This year we are delighted to welcome KFM on board. KFM are giving us substantial air time to publicise the event and will also be covering the event "live" from their outside broadcasting unit at Carton Avenue.

The 10k will commence in St. Patricks College grounds and proceed up the Main Street to the Leixlip Road and continue through Carton to the finishing line on Carton Avenue.

The funds raised pay for the development of first class playing fields and a walking and running track. This much-needed facility will be available to everyone and is being developed in association with Maynooth GAA. From a business perspective the proposed facility will be available to host home games, currently often played away and this will bring more people and their welcome business and goodwill to the community.



Runners Joggers Walkers Sunday 18th May, 10.30am

Entry Form

Carton House

Address:*_____

Gender: * _____

Email: *

First Name(s): *

Last Name: *

Age Group (if over 16): Under 40 40 to 59 Over 60

Mobile Number: * _____

(Fields marked * Must be completed. Contact details will only be used to forward information about Maynooth Post Primary 10k)

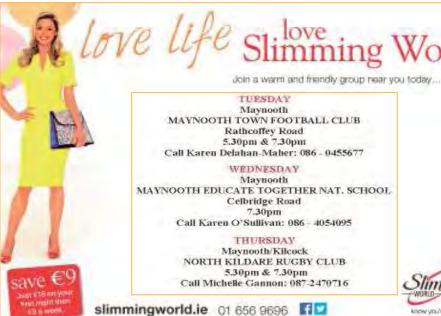
Completed applications to be returned to reception of Maynooth Post Primary School, Moyglare Road, Maynooth, in an envelope marked "Maynooth 10k" along with cheque or postal order made out to Maynooth 10k. Entry fee €20.

Enter Online through www.maynooth10k.ie

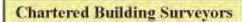
A Chara.

Check-in, parking and cloak-room facilities for Maynooth 10k will be available at Maynooth Post Primary school from 8:00am on Sunday the 18th May. You can check-in on Saturday 17th between 2:00pm and 4:00pm. On behalf of Maynooth Post Primary P.T.A. I would like to invite you to our prize giving ceremony on Sun at 12.30 at the school where refeshments will be served. I wish to thank St. Patrick's College and Carton House for the use of their grounds, our many sponsors, An Garda Siochana, KFM, Maynooth Newsletter and all who are volunteering their time to make the day a great success.

Mise le meas, Teresa Murray, Chairperson of Maynooth Post Primary PTA









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Ok, so you have decided enough is enough. It's time for a change. You've had it with not feeling as strong, healthy and well as you could and it's time for an overhaul. But how and where do you begin and even more importantly, how do you keep it up?

Getting Started:

If it has been a while (longer than you care to remember!) since you last worked out, it is a good idea to visit your G.P. and get the all clear to begin a fitness programme. Your doctor will also be able to give you advice on healthy eating practices.

So whether you have forgotten what the inside of a gym looks like, or you've just lapsed a little on your fitness regime, the next step is to book in for an assessment with a qualified fitness instructor. He/she will figure out what level you are starting from and will create a customised workout plan that's manageable and easy to follow.

Staying Motivated:

Starting out, you should aim to exercise about 3 times a week. It is important to form the habit of exercising regularly because that is one of the main reasons you will keep it up when your initial burst of motivation fades. A good rule of thumb for ensuring you workout regularly is: "Never miss a Monday and never go more than 2 days without exercise". Once you start to see the benefits of your new healthier lifestyle, you will be spurred on.

Benefits of Exercise:

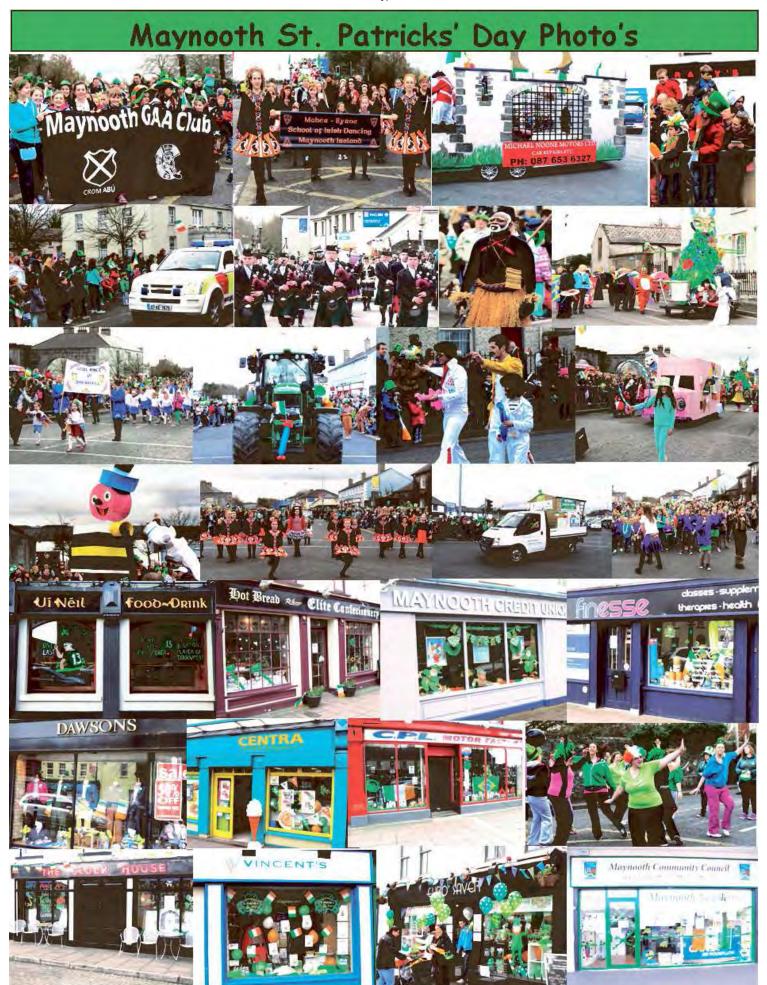
The benefits of regular exercise can include helping with weight management, preventing health problems like high cholesterol, high blood pressure and heart disease, aiding with arthritis & pain management, improving mental health issues such as stress & depression and boosting energy levels. With all of these benefits, who can afford not to exercise?

Other Helpful Hints & Tips:

- Mix It Up: Varying your workout routine will keep you interested and motivated. Get involved in the classes at your local gym or club. At the Glenroyal Leisure Club, we have Aqua Zumba, Yogalates, Spinning, Kettlebells and many more free-to-member classes. We find that members who attend classes find it easier to stick with their fitness regime and also find it more enjoyable.
- Get Drinking: The H.S.E. guidelines recommend drinking 6-8 glasses of water per day. This will prevent dehydration and keep you feeling alert and focused throughout the day. If you find it a little tough to drink that much water, a helpful tip is to chop up some lime and/or lemon and pop it in the bottom of your water bottle. This gives your water a subtle zingy taste and makes it easier to drink.
- Build on your success: When your fitness level increases from all of the hard work you've been putting in, don't forget to book a reassessment with your fitness instructor. We recommend you have one every 6-8 weeks. This will keep you on track and ensure you progress as much as possible.







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Emmet Stagg T.D., Lorraine Higgins MEP Candidate & Councillor John Mc Ginley visit the Maynooth Newsletter office while canvassing in Maynooth



Maynooth Town FC Academy's player enjoy a visit to their sponsor's Mc Donald's after the Maynooth St Patrick's Day Parade

Easter Recipes

Grilled Wild Salmon and Vegetables

Ingredients

8 potatoes (about 8 ounces)

4 small red onions, cut into 1-inch slices (about 1 pound)

4 spring onions, quartered (about 8 ounces)

4 onions (about 4 ounces)

2 cups sliced fennel (about 7 ounces)

1 tablespoon extra virgin olive oil

Cooking spray

1/2 teaspoon salt, divided

1/2 teaspoon freshly ground black pepper, divided

1 tablespoon chopped fennel fronds

1 tablespoon chopped fresh parsley

4 (6-ounce) salmon fillets

2 cups or baby spinach

1/4 cup Lemon Vinaigrette

Prepare grill. Place potatoes in a large pan of boiling water, cook 8 minutes or until tender. Add onions and sliced fennel, cook 3 minutes or until onions are tender. Drain and plunge into ice water, drain. Toss vegetables with oil. Place vegetables on grill rack coated with cooking spray, grill 4 minutes on each side or until tender and lightly browned. Sprinkle with 1/4 teaspoon salt, 1/4 teaspoon pepper, fennel fronds, and parsley. Sprinkle salmon with the remaining 1/4 teaspoon salt and remaining 1/4 teaspoon pepper. Place salmon on grill rack coated with cooking spray, and grill 5 minutes on each side or until fish flakes easily when tested with a fork or until desired degree of doneness. Place 1 salmon fillet onto each of 4 plates. Toss pea tendrils with Lemon Vinaigrette. Place about 1/2 cup pea tendril mixture over salmon. Add 1 1/2 cups grilled vegetables to each serving, and serve immediately.

Mint-Pesto Rubbed Leg of Lamb

Ingredients

1/2 cup packed fresh basil leaves

1/4 cup packed fresh mint leaves

1/4 cup packed fresh parsley leaves

2 tablespoons toasted pine nuts, (see Tip) 2 tablespoons grated Parmigiano-Reggiano cheese

2 tablespoons extra-virgin olive oil

1 clove garlic, peeled

1 teaspoon salt, divided

1/2 teaspoon freshly ground pepper

1 3 1/2-pound boneless leg of lamb, butterflied

Preheat oven to 350°F. Place basil, mint, parsley, pine nuts, cheese, oil, garlic, 1/2 teaspoon salt and pepper in a food processor and process until fairly smooth. Sprinkle lamb all over with the remaining 1/2 teaspoon salt. Reserve 2 tablespoons of the pesto, spread the rest over the top side of the lamb and roll it closed. (It will not be a perfect cylinder.) Tie kitchen string around the roast in five places; do not tie too tightly or the pesto will squeeze out. Rub the reserved pesto over the outside of the lamb and place in a roasting pan. Roast the lamb until a thermometer inserted into the thickest part registers 140°F for medium-rare, about 1 hour 20 minutes. Transfer to a cutting board, let rest for 10 minutes. Carve the lamb, leaving the string in place to help hold the roast together.

Green Bean Casserole

Ingredients

3 tablespoons butter

1/4 cup onion, chopped

2 tablespoons flour

1/2 teaspoon salt

1/4 teaspoon pepper

1 cup sour cream

2 (16 ounce) cans green beans, drained

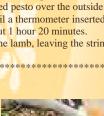
2 cups swiss cheese, grated

1/2 cup almonds, slivered

1 cup Ritz cracker, crushed

Preheat oven to 350 degrees F. Butter a 9 x 13-inch casserole dish. Melt butter in a skillet. Add chopped onion and sauté until softened. Add salt and pepper to skillet and mix inches. Stir in the sour cream and stir until thickened. Add the drained beans, grated cheese, and slivered almonds and stir inches. Pour into prepared casserole dish and top with the crushed Ritz crackers. sprinkled evenly over all. Bake in preheated oven for 20-30 minutes or until hot and bubbly.







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Maynooth Labour News

Cllr. John McGinley can be contacted at: - 6285293 or 087 9890645 - E mail jmcginley@eircom.net - Web: www.labour.ie/johnmcginley/

Cllr. McGinley Calls for Greater Enforcement of Traffic Laws in Maynooth

Cllr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee:

"That this council asks traffic wardens to patrol Maynooth on a regular basis in order to put a stop to illegal parking and that the council asks the Garda Traffic Corps Division in Naas and Leixlip to also deal with this and the very serious issue of vehicles breaking red lights."

John was given the following reply at the Area Meeting on 21 February:

"Kildare County Council's staff traffic wardens have, on a number of occasions, been instructed to patrol Maynooth on a regular basis and to take enforcement action in respect of illegal parking. The roads department will again instruct traffic wardens to undertake such patrols and enforcement. The roads department will also write to the traffic corps of Naas and Leixlip Gardai in relation to the issue of drivers ignoring red lights."

Cllr. McGinley calls for safety improvements at The Square junction in Maynooth:

Cllr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee:

"That signage be painted on the Straffan Road as it joins Main Street, Maynooth to indicate that the right lane is also for straight ahead into Fagan's Lane and that the left lane is for left turning traffic only."

John was given the following reply at the Area Meeting on 21 February:

"This location is a controlled signalised junction. Road markings should give advance warning and guidance to road users of the controlled movements ahead. The movement into Fagan's Lane is not a controlled movement i.e. drivers carry it out at their own discretion. Any additional road markings which would indicate an uncontrolled movement not provided for by the traffic signals may cause confusion to road users."

John pointed out that in his opinion it is a signalised junction for traffic entering Fagans Lane but not so for traffic exiting Fagans Lane and that when Regulated Parking is introduced that it will become one way in only. The Area Engineer stated that the lights were those for a T Junction and not for a cross roads and that the traffic signals would have to be rearranged to do what John asked for. The Area Engineer undertook to examine the problem further.

Cllr. McGinley Calls for the NTA to Take Action on Dumping at the M4 Slip Road

Cllr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee:

"That the NRA be asked to removed the dumped drink cartons and other rubbish at the slip road from the Straffan Road into Dublin on the M4 and that they erect signs advising motorists that it is a criminal offence to litter."

It was agreed that the Roads Department would write to the National Roads Authority in this regard.

Cllr. McGinley Looks for Update on M4 Junction Upgrade

Cllr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee:

"What steps have been carried out to implement Roads Objective TRO 1 of the Maynooth Local Area Plan 2013-2019 i.e. "To carry out a study investigating the safety and capacity of the existing Straffan Road M4 Interchange etc.?" John got the following reply:

"The roads department is currently examining this issue and a report will be available for the next Meeting."

Cllr. McGinley Demands Action on Noise from the M4

Cllr. John McGinley submitted the following motion for the consideration of the Celbridge Area Committee of the Council:

"That a full report be given to Council on the progress made on the Second Noise Action Plan" John got the following unsatisfactory reply:

"The National Roads Authority (NRA) are responsible for managing the contract for maintenance and renewal of the M4 but Kildare County Council continues to be the road authority. It should be noted that the NRA did produce "Guidelines for the treatment of noise and vibration in national road schemes" in 2004. The NRA have recently clarified that these guidelines were not intended for use in any upgrade of the existing road. The second noise action plan has been approved and it is proposed to carry out the actions specified in accordance with the timescale set out in the plan. The implementation of the second noise action plan requires funding and technical resources. The three phases for such a project are —

- 1. Planning and design
- 2. Development of detailed design and preparation of contracts and
- 3. Construction.

It is difficult to find funding or technical resources to complete the first phase in the current year but if resources do become available then the work can commence."

As a result of John's motion the County Manager agreed to meet with the National Transport Authority to discuss the laying of low noise emitting asphalt on the M4 from Leixlip to Kilcock as the road surface is 20 years old and needs resurfacing.

Update on Deputation- from Pikesbridge Road, Maynooth Residents Association.

Cllr. John McGinley was given the following update on the presentation made by the Residents of Pikesbridge Road:

"As part of a pilot programme solar powered smart signs that will illuminate when the temperature drops below zero degrees are being fabricated. The area office hopes to have these units in place before the end of the salting season. The extension of the salting routes to accommodate Pikesbridge and Kellystown Lane have been reviewed and costed. A final decision on this issue is imminent."

Update on the Proposed Extension of the 66 bus service to Newtown, Maynooth

Cllr. John McGinley was given the following update on the proposed bus extension to Newtown at the Area Meeting on 21 February:

"The proposed bus turning bay on the Rathcoffey Road, Maynooth is to be constructed as part of the extension of the 66 bus service to Maynooth. Dublin Bus initially approached the NTA (National Transport Authority) requesting that this bus turning bay be installed at this location. The NTA in turn requested Kildare County Council as main landowner of these lands to examine this location and to proceed with the delivery of this scheme. This location was favoured by both Kildare County Council and Dublin Bus as Kildare County Council owns most of the lands at this location. The other major landowner (Sherwood Homes) has no objection to works progressing at this location and a turning point at this location suits Dublin Bus' plans for future fleet movements. At a recent site meeting both Kildare County Council and Dublin Bus examined another location with a possible bus turning bay at the proposed nursing home site in Crinstown planning reference 09/1197. Dublin Bus have confirmed that they do not want to use the proposed turning bay at the proposed nursing home site for a number of reasons -

- (a) The additional cost of the dead running time/fuel is not acceptable
- (b) Little or no additional patronage

Road Design Section had a site meeting with the Parsons Hall Residents Association at the end of 2013. It was agreed to send this group information on traffic counts, HGV and speed analysis and additional information from Dublin Bus regarding proposed future bus routes. The traffic count and speed analysis was carried out in November 2013 by Kildare County Council and Dublin Bus have now submitted additional information on the bus route extension. Kildare County Council will be submitting this information to the Parsons Hall Residents Association as soon as possible. There is no statutory public consultation process required for this work. The extinguishment of a public right of way near the bus turning bay will not be dealt with under this NTA scheme as this does not comply with the design manual for urban roads and streets (DMURS) where Kildare County Council has to promote and encourage permeability and connectivity for pedestrians and cyclists with improved access to public transport facilities. The extinguishment of a public right of way can be dealt with under a separate process by Kildare County Council but the council will have to seek approval from the NTA/ DTTAS to deviate from the DMURS standards and there is no guarantee that this will be approved. The proposed traffic lights at the Straffan Road/ Meadowbrook Link Road junction are designed and are independent of the bus extension / turning bay works. There is no NTA funding for the supply and installation of these traffic lights for 2014. The NTA has approved a figure for funding for the bus turning bay works in 2014. However, additional funding will be required to complete these works and Kildare County Council are dealing with the NTA on this issue. Once the NTA have approved the detailed design for these works and the estimate of costs, tenders will be sought by Kildare County Council and a contractor will be appointed. The aim is to complete these works in 2014. The Parsons Hall residents association and all residents in the estate (by letter drop) will be notified beforehand as to when these works will commence on site.

A number of houses in Parsons Hall estate, located near the proposed bus turning bay were broken into recently and this was highlighted and discussed on site with Kildare County Council. There will be improvements in public lighting as part of the proposed bus turning bay works and there will be an increase in public transport activity at this location. This should assist in discouraging anti-social behaviour and activity at this location. The issue of security and break-ins is a matter for An Garda Siochana to deal with. If the committee requires a meeting with the Senior Executive Engineer this will be arranged."

Wall at Farrell Bridge Being Re-built

Cllr. John McGinley is pleased that as result of his motion the council are re-building the wall at Farrell Bridge at the Castle. The public will be aware that this wall has been in danger of falling for some time now.

McGinley's Motion Rejecting Waterways Ireland Massively Increased Charges is Unanimously Passed

Cllr. John McGinley's motion "That this Council rejects Waterways Ireland proposed amendments to the Canal By-Laws" was unanimously passed at the Council meeting on 24 February.

Cllr. McGinley Calls for Safety Measures from The Avenue Cafe to Doctors:

Cllr. John McGinley submitted the following motion for the consideration of the Celbridge Area Committee of the Council:

"That the Council examine the feasibility of putting a footpath from the Avenue Cafe as far into Doctors Lane as possible in the interest of public safety."

Cllr. McGinley Calls for Safety Improvements at the Junction at St. Marys Church:

Cllr. John McGinley submitted the following motion for the consideration of the Celbridge Area Committee of the Council: "That the Council examine the feasibility of

(Continued on page 23)

(Continued from page 22)

installing a right turning lane at St. Mary's Church for those vehicles coming down Moyglare Road and wishing to turn right up the Kilcock Road

Cllr. McGinley Calls for the New Fire Station for Maynooth:

Cllr. John McGinley submitted the following motion for the consideration of the Celbridge Area Committee of the Council:

"That a proper location be identified for a new Maynooth Fire Station as a matter of urgency as the existing location is highly unsuitable and the state of the existing station is

Three Years on Road to Recovery - Time to Ease **Burden on Hard Pressed Families - Stagg**

Deputy Emmet Stagg has welcomed the publication of the 2014 Annual Report into the Programme for Government agreed by Labour and Fine Gael at the start of their term in

Deputy Stagg stated that we were now in a very different place to three years ago when the State was unable to fund itself, unemployment was heading for half a million people, and the only way of keeping the country running was to accept the Troika Loans, and the harsh terms that

"We vowed to renegotiate the Anglo Promissory Notes deal and we succeeded in that last year, cutting the debt burden by €20 Billion and consigning Anglo Irish Bank to history.

"We successfully exited the bailout last December and an Economy that was catastrophically run aground by Fianna Fail is now forecast to grow by 2% this year. We are now creating 5,000 new jobs every month and the focus of Government must remain firmly on job creation. Recovery is meaningless to those seeking a job and who can't find

"We also have to look at those currently in employment but are barely surviving. The Recovery must mean that when the public finances allow that we can ease the burden on hard pressed families.

"In 2014 we must get Construction Activity back to normal - normal for our Economy and the needs of our population. The Government is working on a strategy to create 60,000 new construction jobs over the next 5 years. Part of the strategy will involve the setting up of a Strategic Investment Fund, to invest €6 Billion in critical infrastructure and sectors with potential for growth. This must include a building programme of Council Housing to meet the needs of those on the long term waiting list. F.F. stopped building Council houses in the boom years and relied on the private rented sector. That is now accepted as a costly failure.

"The path forward is the creation of jobs and the easing of the tax burden for those in employment and the Government remains committed to once again creating a Country that is a good place to work, live, to raise a family and to have a secure future.'

Funding of €2.5 Million for Youth **Entrepreneurship Fund**

Deputy Emmet Stagg has been advised by the Minister for Jobs, Enterprise and Innovation that a sum of €2.5 Million will be made available in 2014 for the Youth

Entrepreneurship Fund announced by the Minister as a new initiative in early February as part of the Governments Action Plan on Jobs

The Youth Entrepreneurship Fund stated Deputy Stagg will be targeted at young entrepreneurs, specifically those in the 18-24 age demographic. Many young entrepreneur's are struggling to access credit via the financial institutions for numerous reasons and there are limitations to state supports as the focus is primarily export driven. SME's will play a vital role in our economic recovery and supporting new entrepreneurs and their ideas will only help recovery. The establishment of the Youth Entrepreneurship Fund will address these issues and help to engender a culture of youth enterprise and innovation. Details of the how the Fund will operate are being drawn up by the Department at present.Deputy Stagg praised Darragh O'Neill of Celbridge Labour Branch who had put forward the idea of a Youth Entrepreneurship Fund in early 2013 at a meeting of Celbridge Youth Council and he congratulated Darragh on his success.

In conclusion Deputy Stagg looked forward to the official launch of the scheme and to its success.

6285293 or 087 9890645 E mail jmcginley@eircom.net Web: www.labour.ie/johnmcginley/ John is also on Facebook

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Pyrite Remediation Scheme a Welcome First Step

Independent TD Catherine Murphy today welcomed the opening of the Pyrite Remediation Scheme for those homeowners affected by pyrite. Deputy Murphy, who has worked with affected homeowners over the past few years, praised the tenacity of those homeowners involved in bringing about this remediation scheme.

"This has been a long, drawn out battle and the homeowners involved have been through emotional and financial turmoil before getting to today and so I welcome the fact that they now have access to the remediation scheme that will allow them to have their homes repaired once and for all."

"There are many others affected by pyrite issues who are not included under the remediation scheme, including those who were forced to proceed with their own remediation measures at their own cost, and I would hope the Minister would, at some stage in the future, consider extending the scheme to include all those households who have or had issues caused by pyrite but for today I welcome, wholeheartedly, the opening of this remediation scheme."

Independents' Network Website is Now Live Visit at: www.independentsnetwork.org

The website for the new Independents' Network has just gone live and on it are the profiles of those independent politicians and candidates who have signed up so far. The website contains a mix of candidates and elected representatives at Local, National and European level.

"The website goes live as very much a work in progress and it is envisaged that the site will attract attention from independent candidates across the country now that it is live and as a result the number of candidates featured is likely to expand over the coming days and weeks."

"The entire basis for this Network is support, support for people who are running, or considering running, for election. Running for election can be a daunting prospect and the aim of this Network is to offer support, encouragement and practical advice and guidance to encourage new and vital voices into the political process."

"If we can harness the energy that is evident at a community level throughout this country and encourage those people to step into the political arena then we can revitalise politics and offer people an alternative to the status quo."

Maynooth Sinn Fein Notes

Contact Details - e-mail: readacronin@hotmail.com

Sinn Féin Kildare has selected Réada Cronin as their candidate for the Maynooth Local Area in the forthcoming Local Elections on Friday the 23rd of May. Réada lives in Moyglare Abbey in Maynooth. As a mother of four Réada has always been involved in the local community but after the last General Election she felt it necessary to become politically active to try to force real and meaningful change. "The political revolution promised at the last election has failed to deliver" she stated. "As an egalitarian committed to social justice Sinn Féin was the only party for me" she explained. "The asp rational values of the 1916 proclamation, a document well ahead of its time, are as compelling and necessary to achieve today as they ever were."

Réada, along with other like-minded community activists, is also a founding member and organiser of the campaign against the weekly 12 hour cutbacks in the North Kildare ambulance service from the Maynooth base.

Speaking on the campaign trail Réada said "Local councils need fresh ideas. For too long they have been run by the three establishment parties. They have failed to address the increasing emigration of our young people, the social isolation of our elderly and the disenfranchisement in our local communities that leads to crime and antisocial behaviour. Now, more than ever, we need a real change in direction and only a left republican voice speaking up and standing up for the people of North Kildare can deliver the local government we deserve."

MAYNOOTH SCHOOLS GROUP

Sinn Féin Maynooth welcomes the news that 2014/15 First Years to Maynooth Post Primary and proposed Maynooth Community College will not be separated this year and will be educated together in the current building of Maynooth Post Primary.

The situation the Department of Education & Skills has proposed in Maynooth is unique. Two schools built on the same site, sharing facilities, is unprecedented and requires fresh thinking. Parents and students are not in the mood to be told Minister Ruairí Quinn has this under control and knows better than the community does.

Time and time again we read of the money wasted on consultants' fees and one is forced to wonder why. In this case our community is offering our advice and that of many experts, including Dr. Jamie Saris, an anthropologist with special interest in community at NUI Maynooth. Dr. Saris spoke with such knowledge and conviction at the

Public Meeting held in Glenroyal Hotel supporting One Community – One School.

The societal benefits of the "One Community, One School" model we have had in Maynooth cannot be taken for granted. Cross community integration and cooperation is testament to the all-encompassing education our young adults receive from this model.

We urge the Department of Education & Skills to take another look at the proposals from Maynooth Schools Group. We ask Minister Quinn to acknowledge the situation is incomparable and exercise some vision. Talk of "best practice" is no consolation to upset students and parents. Best practice has produced rival good/bad schools in almost every town in the State. The education system puts enough pressure on already stressed students without this added competition.

The Maynooth Schools Group are currently in recess but are monitoring developments around the Planning Application at the proposed campus. The group take their lead from the parents and at the moment parents are largely happy with the fact that all of the First Years will be together in the same place, with no distinction between the children of Maynooth Post Primary and Maynooth Community College. September will see the group become active again. A good line of communication is open between the group and the Dept officials and that will be maintained.

ST. PATRICK'S DAY

Well done to the Maynooth Community Council for an excellent family day out and a very enjoyable St. Patrick's Day parade through Maynooth town. St. Patrick's Day is a very special day for us to celebrate our pride in our country and likewise to share with immigrants that have come to Ireland to make it their home.

St. Patrick's Day was also the last day of a fortnight long Seachtain na Gaeilge. Níl Gaeilge go flúirseach agamsa ach tá grá mór agam don teanga. Tá brón orm má tá cúpla botúin gramadaí anseo, ach nach raibh sé go hiontach éisteacht leis an cúpla focal as Gaeilge ar tráthnóna ar an SixOne Nuacht. Unfortunately the Maynooth parade didn't make our screens but congratulations to our neighbouring town Celbridge for flying the Lily White flag for North Kildare.

There are approximately 70 million people around the world who claim Irish roots. This current economic crisis

is forcing 240 people to leave our state every day. This has affected many of our families here in Maynooth and causes huge communal and societal damage to our town. It seems the expectation to live, work and grow old in the country of your birth is still not a right and we know too well that Skype is no substitute for human contact. Extending voting rights for Dáil elections to Irish citizens abroad for at least five years would go a long way to keeping our Diaspora connected to Ireland while we work towards a republic that tackles this outward flow of our people rather than seeing it as a solution.

MAYNOOTH AMBULANCE BASE

Over a year ago the Maynooth Ambulance base, which serves the North Kildare area had its hours cut resulting in the closure of the base for 12 hours from 7am until 7pm every Thursday.

A socially conscience group of local residents, including Réada Cronin, formed a campaign group to highlight these cuts to our emergency healthcare. Protests took place in here in Maynooth and at An Dáil. We have been in touch with our elected representatives but we still wait for the restoration of this vital service.

On Thursday 13th March the group held a photo call outside the Maynooth Ambulance base to commence a 4 week long campaign culminating in a protest in Maynooth Square on Saturday 5th April at 12 noon.

Speaking at the photo call Réada said "The government expect our community to take cuts to health services as if it's our patriotic duty but we in Sinn Féin know it's not. It's our duty to highlight increased ambulance response times. As well as the additional pressure these cuts put on a limited service, gambling with people's lives is not acceptable."

Please come along to the protest on Saturday 5th April at 12 noon to show your support. Nobody knows when they or a loved one might need the services of an emergency ambulance we care about those that might need this vital service.

Stay in touch with the campaign at facebook.com/ StopTheNorthKildareAmbulanceCuts or by email at stopthenkambulancecuts@gmail.com

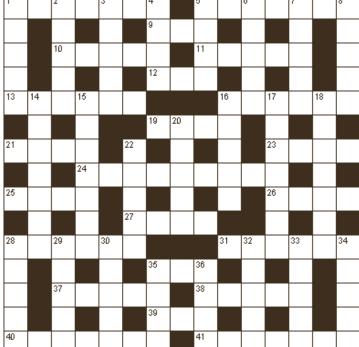
If you would like to become politically active in our community feel free to contact Réada Cronin Tel: 086 3189 730 Facebook: facebook.com/readacroninsinnfein Twitter: 'ReadaCronin

Clues Across

April 2014 Crossword - No: 423

Clues Down

- 1. Long-necked ruminant (7)
- 5. Counter acting acidity (7)
- 9. Deity (3)
- 10. Horse-like African mammal (5)
- 11. Entrance (5)
- 12. Loud noise (3)
- 13. County in SE England (6)
- 16. Person engaged in writing books (6)
- 19. Noble (4)
- 21. Stopper (4)
- 23. Wait in concealment (4)
- 24. Large mass of sliding snow (9)
- 25. Over-supply (4)
- 26. Well-behaved (4)
- 27. Overdue (4)
- 28. Road around an obstruction (6)
- 31. Hammer-like tool (6)
- 35. Affirmative reply (3)
- 37. Hidden (5)
- 38. Clay block (5)
- 39. Alkali (3)
- 40. Perfumed toilet water
- 41. Republic in N Africa (7)



- 1. Sudden bursts of wind (5)
- 2. Sharp-edged instrument (5)
- 3. Legend (5)
- 4. Mild oath (4)
- 5. Capital of Yemen (4)
- 6. Teacher (5)
- 7. Subterranean vault (5)
- 8. Underwater worker (5)
- 14. Normally (7)
- 15. Boat race (7)
- 16. Ruin (5)
- 17. Forbidden by law (7)
- 18. Lower part of the external ear (7)
- 20. Make into an act (5)
- 22. Does not succeed (5)
- 28. Fundamental (5)
- 29. Student (5)
- 30. Gesture of indifference (5)
- 32. Extra-terrestrial (5)
- 33. Bodies of water (5)
- 34. Ornamental coronet (5)
- 35. Christmas (4)
- 36. Encourage in wrongdoing (4)

Answers to Crossword 422

	¹ G	² E	N	³ E	R	Α	L	-1	⁴ S	S	-1	6 M	0	
° S		М		L					Т			Α		7 S
8 T	R	U	С	K	9 E	R		10 B	А	С	K	F	- 1	Т
А		L			Х		11 _B		R			- 1		Α
¹² T	R	Α	G	-1	С		¹³ O	V	Е	R	14 C	Α	S	Т
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15 S	16 VV	Е	¹⁷ E	Т	Т	Α	L	K		18 _D	Α	N	¹⁹ C	Е
	Α		R		Е				²⁰ R		S		П	
²¹ G	R	0	Α	N		22 M	²³ O	N	U	М	Е	24 N	Т	²⁶ S
G L			S	N	²⁶ S	²² M	²³ O		Т	М	Е	²⁴ N	Т	²⁵ S
G		O 28 S	S	N	²⁶ S	²² M				M	E		T	
L 27 A			S		²⁶ S		V		T ²⁹ T	Α		Α		U
L 27 A		²⁸ S	S		²⁶ S		V E		T ²⁹ T			A T		U R
27 A S 30 S	В	²⁸ S	S	N	²⁶ S T R	Е	V E	31	T ²⁹ T	Α	Т	A T U	Е	U R V
27 A S 30 S	В	²⁸ S P O	S	N	²⁶ S T R	Е	V E	31	T ²⁹ T	A 32 V	Т	A T U R	Е	U R V E

Special Prize Book Voucher

Give yourself the luxury of browsing, and choosing the book/books which take your fancy from the wide selection available in the store of our sponsor

Entries in before: 22nd April 2014

Name:

Winner of Crossword No. 422 March

No Correct Entries

Prize winners will have 30 days to claim their prize from the time the results are made public.

Collect prize from

The Maynooth Bookshop 68 Main Street, Maynooth

Difficult

1 4 3 2 8 9 3 3 5 7 1 8 2 5 9 8 5 1 4 4 3 7 1 2 9 8 3

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to Maynooth Newsletter Unit 5 Tesco S/C Maynooth.

Entries must arrive before: 22nd April 2014

Sudoku Challenge April 2014

Address:



Super Difficult

	7		5	8			1	6
		6		4		9		5
				9	5	7		8
	8		7	6	4		3	
9		7	8	3				
7		3		1		5		
1	4			5	9		2	

Name:

Address:

Congratulations to March Winner:

Vasuki Karthikesan **Moyglare Hall** Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

Maynooth Fianna Fáil Notes

Contact Details - e-mail: naoiseocearuil@gmail.com

St. Patrick's Day

St. Patrick's Day in Maynooth was an excellent day this year. The parade was a success once again and congratulations to the organisers and all that took part. I had the pleasure of Stewarding this year.

The St. Patrick's Foundation held a hugely successful Breakfast in Carton House as part of the Patrick Project. There were over 140 people present. There was music and dancing from various cultural backgrounds, highlighting Ireland's diverse culture.

Manor Mills held another successful Family Fun Day in the Centre. There was Irish dancing from the Rita Doyle School of dancing, Face Painting, Free Balloons and an Exotic Animal Showcase.

St. Mary's Parish Church held their annual mass trí Ghaeilge at 10am. There was a large crowd present, with beautiful hymns from the choir and an excellent service from Fr. Liam Rigney.

The GAA Club also held a family day with hundreds of people turning up and enjoying the festivities as well as the All Ireland Club Finals.

Ó Cearúil is Pro-active with litter problems

There have been serious litter issues on the Old Greenfields lane. When contacted by residents Naoise reported the issue to the Council. Following on from this he decided to collect the rubbish himself on a Saturday morning. There were three bags of rubbish. A reminder to those passing through to please bring your rubbish home.

Maynooth GAA 5km Fun Run

Maynooth GAA held a successful fun run through the grounds of St. Patrick's College and NUI Maynooth.

Hundreds of people turned out on the day. Congratulations to the GAA for a wonderful day.

Seachtain na Gaeilge

Bhí dhá ócáid ar siúl i Leabharlann Mhaigh Nuad do Sheactain na Gaeilge. Bhí Ciorcal Comhrá ar siúl ar an Máirt agus Oíche Cultúrtha ar siúl ar an Déardaoin. Bhain gach duine sásamh as na hócáideanna. Ná bíodh imní ort do bheagáinín Gaeilge a usáid pé uair gur féidir leat. There were two events on in Maynooth Library for Seachtain na Gaeilge.

There was a conversation circle on Tuesday and a Cultural Night on Thursday. Everybody enjoyed the events. Don't be afraid to use whatever little Irish you have whenever you can.

Roads and Footpaths in Newtown

There is a great need to widen the footpaths on the Newtown Road as it is far too narrow. This road has heavy footfall and must be upgraded to deal with the amount of pedestrians that use it everyday. Naoise lobbied to have pot holes in Newtown filled, which have been.

Supporting Local Jobs

Local Election Candidate Naoise Ó Cearúil, held a very successful Public Meeting on Wednesday the 26th of March in the Glenroyal Hotel. Many local businesses turned up to hear Dara Calleary T.D. speak on finance, grants and supports available to small and medium businesses.

Ó Cearúil commented, "I organised this meeting to ensure that Local Businesses are aware of supports available to them. At the end of the day it is Local Business that supply local jobs and keep our local economy strong"

Fianna Fáil Ard Fheis

The Fianna Fáil Ard Fheis was held on the 23rd of March in the INEC Killarney. Thousands of supporters attended along with numerous members from Maynooth. Thomas Byrne and Pat "The Cope" Gallagher Selected to run for Europe Senator Thomas Byrne and MEP Pat "The Cope" Gallagher have been selected to run for Fianna Fáil in the new Midlands North-West Constituency. People from Maynooth will have the opportunity to vote for either candidate.

66 Terminus at Parson's Hall

After speaking to local residents of Parsons Hall, Naoise Ó Cearúil has been looking to have the proposed bus terminus moved to Crinstown. Naoise will continue to lobby for this change.

Upgrades at Carton Avenue

There was an unfortunate accident at the entrance to Carton Avenue. A car crashed into one of the new steel balls. Naoise has highlighted how the curb comes out too far and is a danger for road users.

TEAM NAOISE 14

The Local Maynooth Candidate in the upcoming local elections is Naoise Ó Cearúil. If you would like to join a vibrant Team in their attempt to elect a local Maynooth Candidate.

Contact naoise 2014@gmail.com or 086 456 5204

Maynooth Band At Croke Park

On the 2nd of March Amhrán Na bhfiann could be proudly heard in Croke Park being played by one of the finest and oldest band's in the country. St. Mary's Brass and Reed Band Maynooth returned to Croke Park to march the camogie finalists around the pitch and perform the national anthem; the sun shined brightly as they entertained the crowd in the stadium.

"It was a very proud and enjoyable experience" said the PRO Eoin McCormack, "It's been two years since the last time we marched in Croke Park and this was the first time we performed there in our new uniforms" "We were delighted to do it and we hope to be invited back there again".

Marching tunes the band played included 'The Dawning' 'Finnegan's wake' and Dublin's famous 'Molly Malone' There was an enthusiastic response from the crowd as they clapped and cheered.

This year the band will march in three parades on St. Patrick's weekend, Dunboyne, Kilcock and Maynooth. The band is also participating in the National Band Championships of Ireland on the 12th of April; last year the band achieved second place and they hope to better themselves again.

On the 21st of April the band will be leading the parade in Maynooth for the 1916 commemoration being planned in the town starting at St. Patrick's College Gates at 11.50am.

If you would like to contact the band they can be reached through their website $\underline{www.stmarysbandmaynooth.ie} \text{ and they can also be found on Facebook.}$

SLIMMINGWORLD GROUPS COME TOGETHER TO RAISE FUNDS FOR LOCAL CHARITIES

Between 24th February and 5th April Slimming World in Ireland and the UK are running a 6-week Slim for Good slimathon. Each group will raise much needed funds to support a local charity and services picked by their members. We asked some local Slimming World groups who they selected and why. Karen Delahan Maher's group in the Maynooth Town Football Club have chosen "iPads for Gheel Autism". Founded in 1971, Gheel Autism Services support young men and women on the autistic spectrum. They have residential homes in Ballycurraghan and Rail Park, as well as a day service in Laragh,

Maynooth, where they currently support twelve young adults on the autistic spectrum. Karen's group are hoping to raise sufficient funds so each person in the Maynooth service can get their own specially adapted iPad. In recent years portable devices such as the iPad have changed how children and adults with autism communicate. With the aid of preloaded Apps the iPad's have successfully replaced the bulky PECS system, an extremely popular and invaluable communication system for people who cannot convey their wants, needs or emotions. Karen Delahan Maher's group runs every Tuesday 5:30pm and 7:30pm. Please feel free to contact Karen on 0860455677. We will welcome any help with this project however big or small.

Maynooth Town Football Club - Weekly Lotto Results 2014 Numbers Jackpot W/End 3 x €35 Winners 05-Jan 1,14,17,27 €2,400 Paul Keogh - Daniel Hever - Dave Keegan 12-Jan 18,19,21,26 €2,450 David Mc Cormack - Emer Darcy - Anne Naughton Mary Murray - Slim - Mick Mc Govern 19-Jan 2,17,22,23 €2,500 Niall Cronolly - John Hanrahan - Emma Gallagher 26-Jan €2,550 6,8,9,19 02-Feb 6,11,19,27 €2,600 Joan Carroll - Conor Strickland - Noel Dempsey 09-Feb 7,15,21,23 €2,650 Elaine & Suzanne - Pauline Mc Avinue - Richard Tigue 16-Feb €2,700 Stephen Finnegan - Jill Judge - Nigel O Shea 11,15,16,18 Gerry Reilly - John Saults - Dave Vavasour 23-Feb 9,24,25,28 €2,750 Ailbhe Quinn - Gina Folan - Katie Neville 02-Mar 15,16,21,25 €2,800 09-Mar 7,14,17,21 €2,850 Aileen Gleeson - Fiona Healy - Pat Power Mike Coyne - Tony Clifford - Anthony Casey 16-Mar €2,900 1,10,14,28

PEOPLE BEFORE PROFIT ALLIANCE LOCAL NEWS

HOUSING - LAUNCH OF "THE RENT IS TOO DAMN HIGH" BLOG

Martin Grehan, the People Before Profit Alliance candidate for Maynooth/Clane/Kilcock local electoral area, is delighted to announce the launch of the "Rent is Too Damn High" Blog. The blog was launched in February 2014 and its purpose is to highlight the specific crisis in housing that is occurring in Maynooth and surrounding areas due to proximity to the University and Intel.

The main issues facing those trying to access housing in the locality or those in rented accommodation are exploitative landlords, rising rents, inadequacy of rent allowance caps, lack of affordable housing, and the unwillingness and inability of NUI Maynooth to provide affordable accommodation to its students. The blog aims to highlight the salient local issues by publishing anonymous accounts by local students and residents.

The blog is not just limited to the private rental market, we encourage submissions from individuals in negative equity, residents of unfinished estates, individuals or families who are homeless, etc..

Martin Grehan, who founded the blog, says: "The aims of the blog are to highlight the specific housing issues we face here in North Kildare, and to place them into the context of the wider housing crisis. The blog has been very successful already, huge numbers of people have engaged with it. We plan to lobby the university and local authority, using the stories collected by the blog, to force them to act on the issue of affordable housing."

You can find the blog at:

therentistoodamnhighmaynooth.wordpress.com

OR facebook.com/RentisTooDamnHighMaynooth

SAVE LOCAL JOBS- SUPPORT ELVERYS STAFF @MANOR MILLS

People Before Profit Alliance North Kildare extends its support to the employees of Elverys in Manor Mills SC Maynooth, who are fighting to save their jobs. Martin Grehan, People Before Profit's candidate in the Maynooth local electoral area, has called to the store on numerous occasions to offer support to the staff.

Elverys are in examinership and staff are concerned that potential new owners may seek to close stores and sack staff once a takeover is completed. People before Profit call on the examiner to commit the incoming owners to continuing the employment of all 700 staff at Elverys, including their staff in Maynooth. Local residents can help out by popping down to the store to sign a petition to maintain jobs across all Elverys stores.

Martin Grehan said: "Clare and all the staff are very worried about the future for Elverys in Maynooth. A public outpouring of solidarity would be of great comfort to them. It would also exert huge pressure on the examiner to act in good faith and secure jobs. Please call in and sign their petition."

STUDENTS AGAINST SEXISM – CALL TO END SEXISM IN MAYNOOTH STUDENTS' UNION

People Before Profit Alliance are delighted to support NUI Maynooth's FemSoc in the formation of Students against Sexism. The action group, formed on Tuesday March 11th in NUI Maynooth, came about as a result of the ongoing scandal in relation to SU involvement in the decision to hire strippers to perform in the Students' Union (SU) bar on campus. Martin Grehan, People Before Profit's candidate for the Maynooth local electoral area, is a founding member of the action group.

Martin Grehan said: "I studied and worked in the university for over 10 years and there has been a consistent issue in my time of campus not being a safe place for women. The SU are meant to be a support for all students, yet when they hold events like this they deliberately exclude students. I'm delighted that students and staff have come together to make a stand against institutional sexism in the Students' Union."

KILDARE INTERCULTURAL ACTION GROUP (KIA)

Kildare Inter-Cultural Action Group is a non profit-making voluntary organisation that aims to promote the positive effects of inter-culturalism in Maynooth and surrounding areas. Martin Grehan, our candidate in the local elections, is a member. People Before Profit support the work of KIA and hope to run meetings in the lead up to the election informing non-Irish residents of their rights to vote in the local elections.

If you're interested in getting involved you can contact Maeve on 0868517675.

AMBULANCE CUTS – PROTEST, SATURDAY APRIL 5th @12PM, THE SQUARE

Over the past month our local election candidate Martin Grehan has been at the heart of attempts to revitalise the campaign to restore the ambulance on Thursdays. The campaign is being stepped up in the run-up to the local elections, under the tagline: "Austerity Kills - Save Our Ambulance".

To highlight the closure of the Maynooth ambulance base on Thursdays, we hold regular protests and stunts on Thursdays to draw attention to the issue. We are calling a protest in Maynooth on Saturday April 5th @12pm in The Square. All are invited and encouraged to attend.

Events were held every Thursday over the last month including:

Photo call at the HSE Ambulance Base in Maynooth Business Park to introduce our new posters. Erection of the new posters around North Kildare. White-line pickets in Maynooth to highlight the issue. A banner drop on the M4 bridge.

Multiple twitter-storms to attract press attention on social media

Martin calls for a full North Kildare service from Maynooth ambulance base and if elected, will use his mandate to fight for the return of the Thursday ambulance. Martin also pledges to vote against council budgets that include cuts to any other services if elected.

Martin Grehan said: "The restoration of the ambulance is the key issue for People Before Profit going into the local elections. We will raise the issue on every door we knock on between now and May 23rd. If elected I pledge to fight, inside and outside of the council chamber, to restore the full ambulance service in North Kildare. I will work with Brendan Young and Reada Cronin on this issue, the only other local election candidates who have ever seriously campaigned on this issue."

CANVASSING BEGINS

In advance of the local elections on May 23rd we have begun canvassing Maynooth. Our group, including candidate Martin Grehan, are out several times a week and you may have received a knock on the door already. If you missed us or otherwise, please feel free to contact us at the details above. We will be aiming to call to every house in Maynooth at least once before the election.

The main issues residents are raising with us on the doorsteps are:

The Ambulance Cuts.

The Property Tax and how it's not paying for local services. The Maynooth Schools Issue.

If you wish to help us out in relation to any of these issues or would like to help in relation to leafleting or canvassing in advance of the election please do get in touch.

UNFINISHED ESTATES IN MAYNOOTH – WHY ARE WE PAYING PROPERTY TAX?

There are numerous unfinished estates across Maynooth. Moyglare Hall, Newtown Hall and Griffin Rath all have specific problems but issues include lighting failures, pyrite, sewage and other utility issues, and lack of maintenance of communal areas.

Bankrupt or disinterested developers

Many of these issues are caused by developers being declared bankrupt, leaving the maintenance of the estate in limbo. When Kildare County Council (KCC) do not step in,

utilities can be cut-off, resulting in severe consequences for residents.

Another issue is that building has restarted in some unfinished estates. This is especially prevalent in Maynooth with demand for housing high. Why are developers being allowed to leave estates in dangerous levels of disrepair while continuing to build houses? The maintenance of the estate for the residents who currently reside there should be their main priority.

Property Tax – Was that not meant to pay for the upkeep of our estates?

If you live in an unfinished estate and have paid your Local Property Tax (LPT) you might be wondering exactly what it is you're paying for. We were sold the lie by Fine Gael and Labour that the LPT would go into funding local services, administered by KCC. This has not happened, in fact the first tranche of the LPT has gone into the setting up of Irish Water.

Solutions

Abolish the Property Tax. It's not paying for local services that's what general taxation is for.

An exemption for Property Tax for all residents of unfinished estates, no matter the seriousness of the issues in the estate.

KCC must take responsibility for all estates where developers are bankrupt or not maintaining the estate. Make it illegal for developers to restart housebuilding in unfinished estates.

Get in touch

Organising residents in estates to force action from KCC is essential and People Before Profit have a huge network of people in the area fighting on this issue. Unlike politicians from the main parties, we will not claim to write letters and fix the issues for you. We want to give residents the confidence to organise collaboratively to get their estates fixed.

Local elections

We would encourage you to Vote #1 for our candidate, Martin Grehan in the upcoming local elections. Martin has opposed the Property Tax since its inception. Martin pledges to vote against all cuts to local services if elected.

MAYNOOTH SCHOOLS ISSUE

People Before Profit North Kildare and our candidate for the local elections, Martin Grehan, have been outspoken in their support of the aims of the campaign. One school, is the most inclusive option, ensuring community cohesion into the future.

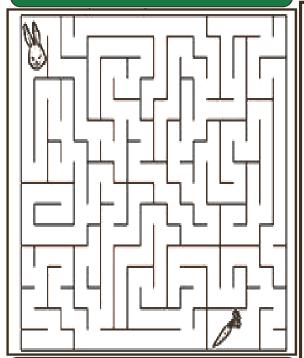
In the last issue we spoke about how the campaign had won a de facto victory. That came with the announcement that all of the first year children for the two proposed schools in Maynooth are to be housed together in the building of Maynooth Post Primary school this coming year. Maynooth Schools Group stated that they were very pleased with this progress, because one of the main objectives of their group was to ensure that there will continue to be no distinctions made between all of the children attending post-primary school in Maynooth.

However, the apparent reason for this victory appears to be an issue with the planning permission for the school. As we understand things, queries have led to a hold up in the process and we're possibly looking at 2017 before the new buildings are constructed. Which considering the unsuitability of Maynooth Post Primary is a worrying development. At time of press we're seeking clarity on the exact issues surrounding the planning side of things and will wait for that clarity before announcing our opinion on which direction the campaign should take.

No matter the developments of the next few months it is essential that the pressure is maintained. The Maynooth Schools Group has thousands of Maynooth residents on its side and if it keeps the squeeze on, victory is inevitable. People Before Profit will continue to offer our support in any way we can to the campaign over the coming months.

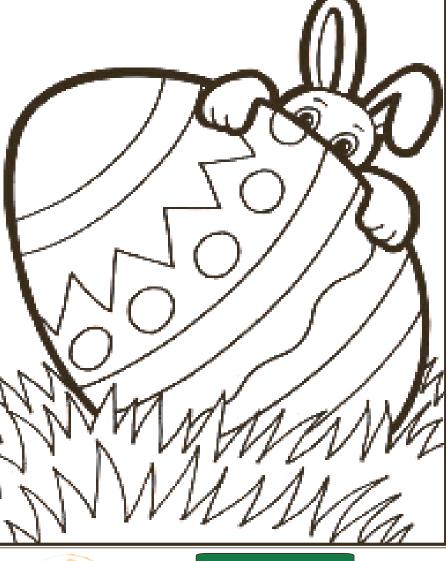
Help the Easter Bunny find the carrot

McDonalds Children's Colouring Competition



Can you solve our Word Search
Puzzle?







i'm lovin' it

Name:
Age:
Address:
Phone No:

March Winners:

Age: 3 - 5: Oisin Gillen, Moyglare Abbey

Age: 6 - 7: Vishal Tutte, Moyglare Hall

Age: 8 & Over:Casey Nolan Usher, Moyglare Hall

Prizes for <u>Colouring Competition</u> can be collected at:

Maynooth Community Council Office, Unit 5, Tesco Shopping Centre.

Entries must arrive before: Tuesday 22nd April 2014

McDonald's

April 2014 Diary Planner

Irish Girl Guides

Meetings Tuesday evening in Maynooth. For further information contact Jackie on 085 1413787 or visit I.G.G. website www.irishqirlquides.ie

Community Library

Opening Times
Mondays & Fridays
2pm to 5pm
Tuesdays & Thursdays
1pm to 8pm
Wednesday 9.30am to 1pm
& 2pm to 5pm
Saturday 9.30am to 1pm

I.C.A.

Monthly meetings take place every 1st Thursday of the month at 8.00pm.in the I.C.A. Hall in the Harbour.

Crafts every Monday night at 8.00pm.

New members welcome

Arthritis Ireland (Maynooth)

Arthritis Ireland Walking Group
(Maynooth)

Meeting Monday's at 12 Noon
Maynooth Community Space
Unit 11/12 Tesco SC
Carton Park, Maynooth
For Seated Exercise & Walking
New Members Welcome

Men's Sheds

Weekly meetings take place every Wednesday at 11.am Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth

University of Third Age (U3A)

Weekly meetings on Fridays at 11am. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth New Members Welcome Please contact Helena Phone: 087 6717062

History Group

Meetings every last
Thursday of the month in
Maynooth Community
Council Office
Tesco Shopping Centre
at 8.00pm.
All Welcome

Bridge Club

Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com.

Contact Katherine Cooney

086 8205910

Parent & Toddler Group

Every Thursday from 10.00 a.m. to 12.00 p.m. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth

Traditional Tai Chi Chuan

Classes in traditional Yang Style
Tai Chi Chuan and Chi Kung
The Leinster Clinic Maynooth
Thursdays at 7.30pm
Tel: Brian 087 2157231

Copy Date for the May edition of the Maynooth Newsletter is Tuesday 22nd April

April Gardening

Spring is in the air and daffodils and tree blossoms are starting to bloom. It's time to sow outdoors but just watch out for frosts. Hardy annuals can be sown in pots for colour. Bamboos or rhizomes can be divided now. Apply a general-purpose fertiliser to borders and beds. Be careful not to damage any shoots or bulbs. Don't forget to check for bugs. Aphids can multiply very quickly during mild spells. Remove infestations as soon as possible so that they won't get out of hand. Keep an eye out for downy mildew and black spot on winter pansies. Feed trees, shrubs and hedges with a balanced fertilisers, sprinkling over the root area before hoeing into the soil surface. Check for damage or cankers on deciduous trees. Loosen any tree ties that are too tight. Put rabbit guards around newly planted trees and shrubs to protect the bark. Inspect box and holly trees for signs of blight.





Remove faded daffodil and tulip flowers. Deadhead pansies, primulas and all spring plants. Pansies should continue well into the summer if you keep doing this. Check to see if any of the containers need watering. Not forgetting to top them up with compost or remove old compost to a depth of 2 inches and recompost. Mulch rose and shrub beds with a layer of organic matter. Be careful mulching around rhododendrons, azaleas and camellias because if they are allowed to dry out, this is will impact flowering.





Sweet peas can be sown outside. Plant summer-flowering bulbs now if you haven't done already. Not forgetting to prepare the soil first and making sure that drainage is sufficient to prevent the bulbs rotting. You can still plant herbaceous perennials such as geranium, astrantia and oriental poppies. Also make a plan so that you have a continuous crop of cut flowers for this summer. Perennials such as delphiniums and annuals can be grown for a beautiful display. Delay pruning spring-flowering shrubs such as forsythia and chaenomeles until after they have finished flowering. Lightly cut back lavenders to prevent them getting too leggy and woody. Also climbers such as honeysuckle and clematis need regular tying and twining around their supports.





Sowing new lawns or over-seeding dead patches can be done from mid-April to early May. If the soil is very wet germination will be poor, so delay until the weather improves. Don't walk or mow newly sown grass until it has grown 3 inches and even then only give it a light trim. Apply a high nitrogen spring lawn fertiliser at the start of the month for strong growth. If you have a moss problem use a combined fertiliser and moss killer.





Early potatoes can be planted now and the main crop at the end of the month. Potatoes already planted won't need earthing up. Carry on growing salad crops. Plant onion sets, shallots and garlic if you didn't plant them last month. Direct sow lettuces, spinach and other spring vegetables. Sow herbs such as chives, parsley, sage, dill, thyme, marjoram in open spots in the borders.





Large plants in your pond can be fed by inserting slow-release fertiliser tablets well below soil level around the base of the plant. Waterlilies need a lot of food. You can feed any plants that are not being divided. Divide and replant waterlilies once they start growing. If ponds are neglected, you need to drain and clean it if black and sludgy. Increase the watering of indoor and conservatory plants. Feed them once they start growing. Clean shiny-leaved plants with a damp cloth and spiky with a soft brush. Don't forget to turn the compost and sharpen your tools. Don't forget the wildlife!!! Keep feeding the birds - small sized food. Hedgehogs will be waking up from hibernating so put some food out for them also. If you want to attract butterflies into your garden, plant some buddleia, honesty or even nettles.

OLIVER REILLY FUNERAL HOME



YOU ARE INVITED TO AN OPEN DAY AT REILLY'S FUNERAL HOME AT THE HARBOUR, LEINSTER STREEET, MAYNOOTH SUNDAY APRIL 13TH FROM 1.00PM TO 4.00PM WITH A BLESSING AT 3.00P.M. REFRESHMENTS WILL BE SERVED ON THE DAY

Oliver Reilly Funeral Directors has constructed a purpose-built Funeral Home in Leinster Street, Maynooth, suitable for both Religious and Civil Services, Final Farewells and Life Celebrations. Skype feature available in the service room to connect to family abroad via broadband connection. The Funeral Home contains a showroom of coffins and caskets to suit all tastes and budgets.



















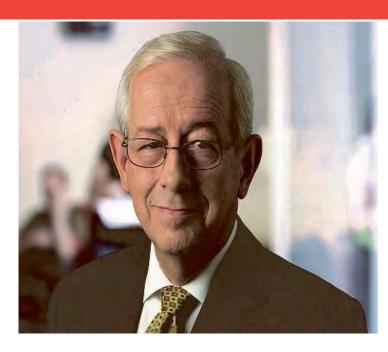
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HAPPY EASTER TO ALL



The Maynooth 1916 Commemoration Ceremony Easter Monday











With the 100th anniversary of the Easter Rising just two years away, an event took place on Monday 21st April to commemorate the "Maynooth 15". On Easter Monday evening 1916 the "Maynooth 15" took leave from Buckley's shop in the Main St. and marched towards the College gates where they received a blessing from the College President, they then proceeded along the Royal Canal into Dublin, where they fought in the Rebellion. When they eventually reached the G.P.O., Padraig Pearse greeted them by saying "Your actions in marching from Kildare, even if you do no more in the Rebellion, will gain you a place in history".

In honour of these men of 1916 the proceedings began with a parade from the College gates to the Town Square, led by the St. Mary's Brass and Reed Band. Fifteen members of the 8th Kildare Scout Troop marched to represent the "Maynooth 15". Also marching on the day were members of the Organisation of national Ex-Service Men and Women. On arrival at the Square there was a wreath laying ceremony. Fr. John Nevin a native of Maynooth blessed the wreath. An officer from the Irish Defence Forces read the proclamation of the Irish Republic. A one minute silence was observed followed by the sounding of the Last Post. To conclude proceedings the National Flag was hoisted to full mast, followed by the playing of the National Anthem.

There was a display of the Irish Military Vehicles Group on the Square and the Irish Volunteers, Dublin Brigade and the Collins 22 Society exhibited 1916 memorabilia upstairs in Brady's Clockhouse. There was a wonderful Children's art display upstairs in Brady's with an outstanding piece of art from Saoirse Grehan, aged 9.

A great day was had by all who attended and of course the favourable weather conditions added to the sense of ceremony. The Maynooth 1916 Centenary Committee hope that this will become an annual event.

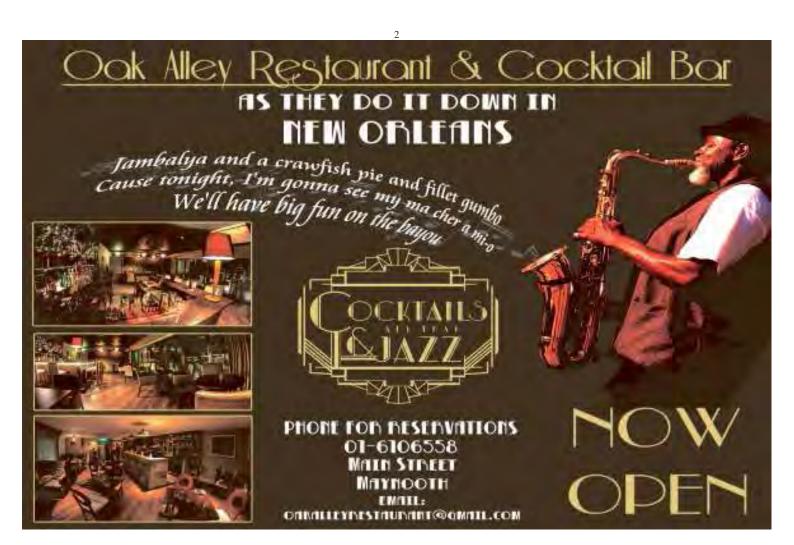




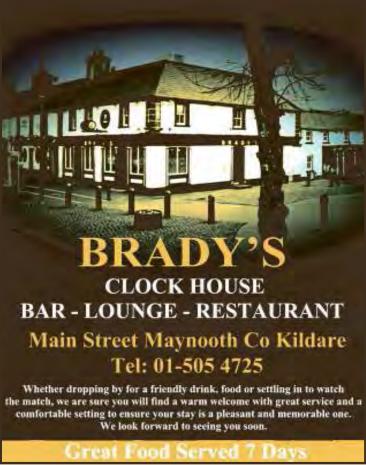




This publication is produced by Maynooth Community Council's Community Employment Scheme, supported by
Department of Social Protection, which is funded by the Irish Government under
the National Development Plan 2007 - 2013









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THE GERIATRIC PET

All dogs will age differently. Large breeds Great Danes, St. Bernards etc. will age quicker than smaller terrier, poodle type breeds. So an 8 year old St Bernard is considered a lot older than a Jack Russell terrier of the same age. Larger breed dogs may require Veterinary treatment earlier for geriatric problems.



A lot of Clients come in and tell us my dog is going deaf. He cannot hear normal sounds or the door bell. This may be a natural ageing process or due to the presence of ear polyps or an ear infection. Other Clients will tell us of instances of their dog standing aimlessly in the corner of a room barking at nothing! Or a cat that is wandering in and out constantly looking for

food! These symptoms could be a sign of dementia or be a sign of an underlying medical condition which if diagnosed early may be treatable.

You may notice your elderly dog or cat drooling from its mouth with bad breath. This is a sign of bad dental hygiene which generally goes unnoticed by owners and can be easily treated giving an improved quality of life for your pet.

As dogs age they may suffer heart weakness and panting after bouts of exercise, some coughing and maybe even fainting. As this condition advances you may notice a swelling of the abdomen this is caused by retaining fluid called dropsy. Draining of this fluid will only give temporary relief as this condition will

g uid y

quickly return. These dogs and cats if diagnosed earlier can be

successfully treated with medication giving your pet a longer and happier life expectancy. Cardiomyopathy is a condition which causes enlargement of the heart and is seen in older large breeds of dogs mainly males. Your dogs heart deteriorates rapidly and he becomes anorexic and lethargic. This condition is fatal!

Older cats and dogs drinking excessively and urinating frequently could have an underlying kidney problem. 10% of cats over the age of 10 years will have some form of kidney disease, so early intervention is vital.

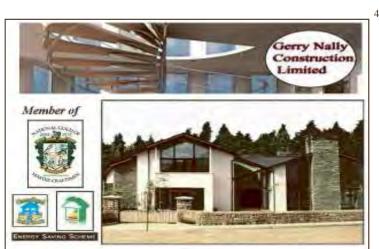


As dogs and cats age their nutrient

requirements change and this should be reflected in their diet. Some older dogs begin to loose their muscle mass and become stiffer, have difficulty settling at night and getting up in the morning. We have diets for the elderly dogs in Maynooth and Clane Clinics designed to give natural nutrients and amino acids to keep their joints supple and moving.

At Maynooth Veterinary Clinic 01 6289467 and Clane Veterinary Clinic 045 982763 we would advise a twice yearly visit for geriatric patients to diagnose these problems early either through blood testing or radiography.

Problems my arise at any time of the day or night and this is why we offer a 24hour emergency service to our Clients.



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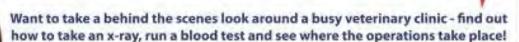
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# Family Open Day!

Saturday May 10+ 2014, 2-4pm



Have your pet's photograph taken by a professional photographer - a professional photographer is setting up a studio in our clinic for the afternoon, pets (and people) welcome!



Any breed can enter - crossbreeds very welcome!

Prizes for best dressed dogs, best entertainer, best groomed, waggiest tall and many more!

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# **Community Council Notes**

#### **Maynooth Community Council Annual General Meeting 14th April 2014 Notes**

The minutes of the last AGM were read and approved. The outgoing Chairman, Tom McMullon addressed the meeting. He thanked the committee for their hard work and commitment during the year. commended John Doogan for his work in managing elected. the MCC Office and for bringing the office up to a professional standard. The office now consists 30 workers covering the office, the canal, the College and the football grounds. We are still awaiting the approval Secretary – Muireann Ní Bhrolchain of an assistant supervisor which is urgently required. MCC continues to strengthen relations with our twin PDO - Paul Croghan town Canet-en-Rousillon. A delegation of 10 cadets and fire officers from Canet's fire department will visit Directors: As a matter of procedure the directors of the Maynooth on Friday May 9. MCC committee, the MCC which is a limited company, needs to be in the Square. Brady's were thanked for their support Festival committee, the Twinning Group, St. Patrick's Day Parade were thanked.

Outgoing secretary, Muireann Ní Bhrolchain thanked the committee and outlined the activities, concerns and issues that had come to the MCC's attention in the previous year. The year saw the amalgamation of our CE scheme with that of the Maynooth Environmental included in the constitution. Group. A new management committee has been put in place to run the scheme. It has proved very successful. Sub-committees and Affiliates: Clarification was The delay in approval of an assistant supervisor has placed a huge burden on John Doogan but it is hoped that this will be rectified in the next month or two. John Doogan was given special mention for his hard Committee, Community Space, Youth Café and Tidy Towns Group: work throughout the year. The workers in the office Towns. and outdoor scheme were thanked and congratulated.

There has been a very good working relationship between the Council and Tidy Towns Committee and the Business Association during the year. The Newsletter in its new format continues to be successful and is still the main fundraiser for the Council, Many familiar issues were raised such as bad parking in throughout the year. The most discussed item on the agenda was the controversy about the future of Post-Primary education in the town. The Maynooth Affiliates include: Maynooth Local History Group, Development Association clarified the situation about swimming pool in Maynooth - the total money collected was €28,000 (including interest) and was given to the Post-Primary school for 'development of sporting facilities at Moyglare Hall'. The community space moved from Manor Mills to Tesco's and is well utilised. The Students' Union was welcomed for their retirement from the St. Patrick's Day Parade McGinley has brought this to the attention of the local involvement in the community with their clean-ups. Ben Finnegan was congratulated on his re-election as president. The Business Association was thanked on thanked for his hard work in this regard. Willie Saults The need for railings at entrance of the Gaelscoil was the Christmas lights. The Parade and Festival Committee were thanked. The Executive was thanked John reported that this year's parade was very for their work during the year.

The outgoing Treasurer, Andrew McMullon thanked the executive for their help throughout the year with special mention to John Doogan for his management of the office. John McGinley and his committee were Need for more stewards thanked for their work with the St. Patrick's Day Review prize categories Parade. The workers on the canal scheme, Susan and Ensure that the OPW light the Castle in green as the there. Adrienne for their help with the Maynooth Festival college Spire was. were also thanked. The need for additional fundraising The Executive now need to begin to look for someone Prada Willie Syndrome Charity Cycle. It was reported to help with the increasing financial demands of the else to take over the parade. office was stated. The Treasurer outlined a plan to run This year there were last minute entries i.e. the night cycle to Galway for this very worthwhile Charity. Well a bingo night every Tuesday in McMahon's pub and asked that members of the Maynooth Community etc.

Council to support the event by way of promoting and attending it.

Office. It was stressed that we are preparing people for dedication over the years. work and it is too much work for one supervisor to

He Election of officers: The outgoing Committee was re-

Chairperson - Tom McMullon

Vice-Chairperson – Adrienne Flynn

Treasurer - Andrew McMullon

PRO – Susan Durack

reviewed every three years. J.Doogan, B. Feely and M. in the event. Gleeson were taken off the list. A. Flynn, A. McMullon and S. Durack were included. This was Senior Citizens

wording was agreed and the proposal was passed to be bag pack on the June Bank Holiday weekend.

given around the responsibilities of the two categories. The subcommittee of the MCC are: the Newsletter, the will be invited to meetings. Festival, St. Patrick's Day Parade, Twinning

These committees may receive grants covered by MCC and must report to the MCC especially at the collection. Maynooth Business Association got AGM. The groups represent sub-accounts within the involved in Ireland's best kept town project by taking overall MCC account and therefore must report to the part in a tidy up at 9am last Sunday. There will be a Council for auditing purposes. MCC needs to be National Spring clean month towards Ireland's best informed of the dissolution of any sub-committees. Concern was expressed that not all groups understood this responsibility. The secretary noted that this putting an information board in the Square, similar to Parson Street and on the Kilcock Road beside the situation will have to be remedied and a constitutional college. Twinning and education initiatives continued amendment will have to be made. It was also in June. He expressed his thanks to John McGinley for suggested the MCC meetings should be looked at.

ICA, Senior Citizens, Maynooth Scouts, Educate AOB the money collected since 1967 for the proposed Together and Maynooth Community Church. These It was reported that the wooden fence at Maxol is groups do their own fundraising and report their blocking traffic light view as people drive around to activities to the MCC.

#### St. Patrick's Day Parade

committee. John McGinley has been involved in engineer. organising the parade for the last 30 years. He was was also thanked.

successful with lots of colourful floats and it was a buggies. good day. Some suggestions for next year for the new committee to think about: -

groups – possibly try for one year.

before the parade and this is a difficulty with planning done to all involved.

John thanked the Office for all their work and support There was some discussion on the lack of an assistant with the planning of the parade. Tom McMullon supervisor despite phone calls and letters from the expressed thanks to John on behalf of everyone for his

> Maynooth Local History: There was a very enjoyable, informative and well attended talk on the two St. Mary's Churches. The Group will have something on to commemorate WWI during Heritage Week. Thanks was expressed to Eoin McCormack for his organising of an event to mark Maynooth involvement in 1916 which is to take place on Easter Monday, starting outside the College and ending with a ceremony in the Square. Maynooth Scouts and the Maynooth Brass and Reed Band are involved. An exhibition of 1916 memorabilia will accompany the event in Brady's and a display of army vehicles will be

The Senior Citizens collected €2,000, and on the Sunday after Easter there will be a Tea Dance and A dissolution clause was required for the constitution, Bonnet Competition and there will be a fundraising

#### Maynooth Festival (28<sup>th</sup> – 31<sup>st</sup> August)

Dates agreed are Thursday 28th to Sunday 31 August (Heritage Week). Maynooth Business Association

Congratulations to the people of Maynooth who gave 26,157 tons of electrical equipment to the kept town. R. Farrell reported that Intel are celebrating 25 years in Maynooth and will mark it in the town by the one at the entrance to the avenue. This will be done his tremendous work with the St. Patrick's Day Parade

the left from the Celbridge Road to the Straffan Road. Noted that there is a traffic light across the road. It was felt the more important issue is the lack of street John McGinley and Willie Saults announced their lighting because of the construction site. John

> raised. There was a concern that the introduction of railings may narrow the footpath further and hinder

Ian Russell who is in charge of students groups in the That there be no delay at the viewing stand by the Students' Union is keen to strengthen contacts between the town and college and would like to attend the MCC meetings. Tom McMullon has also put him in touch with Canet-en-Rousillon to further contacts

that over €110,000 was raised in a recent fundraising

# **Editorial**

The Newsletter would like to take this opportunity to pay tribute to two local figures who have recently announced their retirement from organising the St Patrick's Day Parade. They are John McGinley and Willie Saults. John McGinley in particular has been synonymous with the parade for the past 30 years and has been at every single one, with two exceptions, once when it was cancelled during the Foot and Mouth breakout and second when, as Mayor of Kildare, he was at the New York parade. Their contribution to the organisation of the parade, on the months leading up to it, but even more on the day itself, cannot be estimated. We would like to thank them for their incredible hard work in putting the stand together, organising the floats at Greenfield. There are many others who also help out on the day as stewards but John has been the quiet force behind the whole event for all this time. The Community Council is looking for people to become involved in the organisation. It is the biggest event in the town during the year, it brings hundreds of people onto the streets and fills the pubs and restaurants. Hopefully, this will continue.

The visit of President Higgins and his wife Sabina, to the UK and the Queen was an unmitigated success. The usual pomp and ceremony of the royalty was wheeled out in style and Michael D and Sabina seemed perfectly comfortable with it all. 'Historic' was the word used over and over again and it was. However, one wonders what the leaders of 1916 would make of our newly-found friendship with the 'old enemy' after all their sacrifices. What was more 'historic' was the fact that Martin McGuinness was there also and that changes more than the President's presence. It will be remembered in the future as another step to Ireland's growth to a fully-grown state – something that can take a very long time for colonial countries.

The Government's problems have been growing over the weeks, with the local and European elections looming, there are ministers being attacked and under siege all over the place. Water taxes, education, free GP care for children under 6, all areas of contention. The issue of paying for water has been on and off the political agenda for decades. The next wars may very well be fought for water so it is an important issue for the world's population and not just this little island. There are a number of problems involved in the water system in Ireland, it has had no upgrade for at least a hundred years and there is over 40% of the water leaking from the system. This has to be remedied but without investment this cannot be carried out, the neglect has finally caught up with us. Other problems include areas where the water is undrinkable, should they have to pay for water that they cannot drink? But we are the only country in Europe where we don't pay for water and in most of those countries they cannot or do not drink their tap water, they buy water and there is lot of water bought in Ireland over the last number of decades as well.

There is the accusation against this Government already that they are disconnected from the people and the organisations who oppose them. There are protests about the water taxes but the protests of teachers and doctors against ministers Quinn and White are less visible but a lot more important. Decisions seem to be made without much consultation or thought. The megaphone directed at Ruairí Quinn was probably a step too far and the

behaviour of the teachers was not exactly a good example to students. The silence of the GPs when Alex White spoke to them in our local Carton House was more polite but also contains inherent dangers. Is the Government in danger of a break up? If so what or who could replace it? Not a comfortable vista for some facing the future. Perhaps it is a warning again to those in power not to become divorced from reality, not to become arrogant and removed. Not to make decisions without consultation. These are lessons for all in power.

Beidh scrúdaithe ar siúl ag na mic léinn san Ollscoil an mhí seo. Do chuid acu, seo an uair dheireanach acu ag suí scrúdaithe agus beidh jabanna á lorg acu amuigh ansin. Ba mhaith linn gach rath a ghuí orthu uile, idir óg agus gan a bheith chomh hóg. We would like to wish all the University students the best of luck with their examinations this month. They face an uncertain future in this economy and we hope that they will prosper and find employment in our troubled country.

Ba mhaith linn freisin gach rath a ghuí ar an hiarrathóirí uile atá ag seasamh sna toghacháin. We would like to wish good luck to the candidates in the upcoming elections. We may give out about our politicians but particularly at a local level it is invaluable to have local representation. The local councillors work very hard for their community and it is heartening to see so many people standing for election in a climate that is fairly cold to politicians and politics. It is heartening also so see young faces interesting in standing for the various parties and groups. We know they cannot all win but we would urge people to go out and vote. Like independence, the right to vote was hard fought for and we owe it to ourselves to get up and to vote in both the local and European elections. Many of the more important decisions are made in Europe now and it is important that we are involved in that process.

Finally, last month marked the 30<sup>th</sup> anniversary of the complicated and landmark case of the so-called 'Kerry babies' – the saga of Joanne Hayes. The newspapers of Easter Sunday, 22<sup>nd</sup> April 1984, carried the gruesome story of dead babies, not a sight welcomed by the maternity hospitals of the time, some banned the newspapers from the wards where women were nursing tiny newborns or mourning tragic losses. What emerged however was a catalogue of events that was part of waking complacent Ireland up to the way women were viewed and treated. All this happened just after the Abortion Referendum, contraception was still difficult to get, the Magdalen Laundries still existed quietly and the description 'unmarried mother' was still the norm. The detectives involved were the elite, the murder squad. It was 5 years after the Pope visited Ireland but this was the beginning of the end of supposed holy, Catholic Ireland. There were many demonstrations by locals and women's rights groups in support of Joanne and the local people supported her throughout.

The theories of what happened at the time were quite bizarre and there was a tribunal established to find out why the entire family made statements admitting a murder that did not happen. The actions of the Gardaí at the time were questioned and Joanne's sex life was dissected in public. We would hope that such a scenario would not happen now.

#### 1916 Commemoration Ceremony Easter Monday



Maynooth Community Council

Presents

Bingo

Every Tuesday from 9:30pm

McMahon's Lounge, Maynooth

€00+ Jackpot

Music from The Costa Crew

# LEINSTER SENIOR COLLEGE IRISH ARDLEIBHÉAL- OVERVIEW OF PAPER ONE AND PAPER TWO LEAVING CERTIFICATE JUNE 2014 GAEILGE ARDLEIBHÉAL

SEÁN Ó CATHASAIGH IS THE IRISH TEACHER AT LEINSTER SENIOR COLLEGE, NEWBRIDGE. HE HAS A FIRST CLASS HONOURS DEGREE IN IRISH AND HE HAS A POST GRADUATE DIPLOMA IN EDUCATION. HE IS A NATIVE IRISH SPEAKER FROM THE CORCA DHUIBHNE GAELTACHT IN WEST KERRY. SEAN HAS LIVED IN MAYNOOTH FOR THE PAST TWENTY YEARS AND JOINED THE TEAM IN LSC IN 2012 AND HAS BROUGHT RENEWED LOVE OF THE RISH LANGUAGE TO THE WHOLE SCHOOL. HIS RESULTS IN 2013 WERE FANTASTIC AND HAS MADE IRISH ACCESSIBLE FOR ALL STUDENTS.

#### INTRODUCTION

In Leinster Senior College the percentage of students who acquired honours in both Higher and Ordinary level have achieved more success than the average in terms of results. The philosophy of the Irish teacher is that students need to embrace the language in a positive and supporting environment. To do so the teacher encourages the students to be immersed in the language in the classroom, thereby promoting confidence with speaking and understanding the language.

The teacher has a year plan and a lesson plan in place with clearly defined goals and objectives. The expected outcome of the programme, which is to successfully prepare students for the Leaving Certificate examination is central to each day of teaching Irish in Leinster Senior College. Students of differing learning capacity have their individual needs addressed and the teacher works closely with all students. The teacher has a good working relationship with the students and creates a relaxed atmosphere in the classroom. Seán believes that this is imperative so that the students can be encouraged and motivated to embrace the teaching methods used in the classroom. In this article -exam matters Seán Ó Cathasaigh gives an overview of paper one and two of the Leaving Certificate Higher Irish Exam 2014.

PÁIPÉAR A HAON (dhá cheist) 160 Marc 9ú Meitheamh 2014 2 go dtí 4.20 2 uair 20 nóiméid CEIST 1-AN CHLUASTUISCINT: (60 MARC) 20/25 nóiméad

Cleachtadh a dhéanann máistreacht

Maireann an mhír seo den scrúdú 25 nóiméad. Tá sé tábhachtach go ndéanann daltaí na hArdteistiméireachta cleachtadh ar an gcluastuiscint ar a laghad uair sa tseachtain chun dul i ngleic leis na canúintí difriúla. Sa bhreis air sin ba cheart do dhaltaí na ceisteanna a thuiscint mar muna dtuigeann said na ceisteanna níl aon amhras ann ach go mbeidh deacrachtaí acu leis na freagraí. Ar dtús cloisfidh na daltaí dhá fhógra faoi dhó. Beidh sos ann leis na freagraí a scríobh tar éis na chéad éisteachta agus na dara héisteachta. Ina dhiaidh sin cloisfidh tú dhá cheann de chomhráite faoi dhó. Cloisfidh tú an comhrá ó thús go deireadh an chéad uair. Ansin cloisfidh tú ina dhá mhír é agus beidh sos ann chun na freagraí a scríobh síos tar éis gach míre díobh. Agus i ndeireadh na dála cloisfidh tú dhá cheann de phíosaí nuachta/ teilifíse faoi dhó. Beidh sos ann chun na freagraí a scríobh síos tar éis na chéad éisteachta agus tar éis na dara héisteachta- (Coimisiún na Scrúduithe Stáit 2013). Moltar duit a bheith ag éisteacht go cúramach agus gan a bheith ag taibhreamh mar ní chloisfidh tú an chluastuiscint an tríú huair. Is leor freagraí gonta gearra agus ní gá freagraí fada a scríobh ar aon cheann de na ceisteanna sa pháipéar scrúdaithe. Maidir le cruinneas na gramadaí ní gá duit a bheith ró-imníoch mar de réir na scéime marcála atá leagtha síos ag an gCoimisiún Scrúduithe Stáit bainfear ó 0 go 3 marc ar ghramadach na Gaeilge.

Ceisteanna coitianta

Luaigh dhá cháilíocht - mention two qualifications. Cén spriocdháta? What is the final date? Cé a ghlac páirt? Who took part? Luaigh tuairim amháin-mention one opinion Luaigh áis amháin- mention one facility Cé a eiseoidh é? –Who will issue it? Cén chomhairle? -What advice? Cén bhaint? - What association? Cén tairiscint?- What offer? Cén deis? – What opportunity? Luaigh dualgas breise amháin- mention one extra duty Cén moladh? What recommendation/praise? Cén fáth ar eagraíodh é? Why was it organised? Luaigh tréith amháin- mention one trait Cé mhéid scoláireacht? How many scolarships? Luaigh cúram amháin - mention one responsibility Cén locht? – What fault?

Cár rugadh Máire? Where was Mary born?
Téarmaí coitianta
Foirm iarratais – Application form
Iriseoir - Journalist
Ceiliúradh – Celebration
Ballraíocht – Membership
Searmanas – Ceremony
Gaeilge Líofa – Fluent Irish
Craoladh – Broadcast
Taispéántas – Exhibition

Curriarracht – World record Taighde – Research

Suíomh gréasáin – Web site Comharchumann – Co-operative Urraíocht –Sponsorship

Ceadúnas fógraíochta- Advertising licence Léacht cuimhneacháin – Remembrance lecture

Láithreoir – Presenter Léiritheoir – Producer

CEIST 2 – Ceapadóireacht (100 marc) 110/115 nóiméad.

Tá cruinneas , saibhreas agus ceangal cinnte leanúnach ag teastáil sa mhír seo

Tá an cheapadóireacht an -tábhachtach agus dá bhrí sin ní mór don dalta tabhairt faoin gceapadóireacht go ciallmhar agus stuama. Iarrtar ort 500-600 focal a scríobh timpeall trí leathanach. Mura scríobhann tú trí leathanach caillfidh tú marcanna. Bá chóir don dalta ábhar a roghnú a mbeidh ar a c(h)umas scríobh gan dua. Caithfidh ceangal cinnte leanúnach (Coimisiún na Scrúduithe Stáit 2013) a bheith idir an teideal a roghnaíonn an dalta agus an t-ábhar a scríobhann sé/sí. Ciallaíonn sé seo go gcaithfidh an dalta cloí leis an teideal. Tá gramadach comhréir (syntax) agus litriú antábhachtach sa cheist seo mar de réir na scéime marcála tá 80% don chruinneas gramadaí agus 20% don ionramháil. Dá dheasca sin ní mór do dhaltaí a bheith cúramach le cruinneas na teanga. Tá an cheapadóireacht roinnte i dtrí chuid - AISTE, SCÉAL AGUS DIOSPÓIREACHT/ORÁID.

AISTE- Maidir leis an aiste tá cúig rogha agat agus is féidir leat é a scríobh i bhfoirm aiste nó i bhfoirm agallaimh. Is minic a thugtar aistí a bhíonn ag tagairt d'fhadhbanna éagsúla atá ag cur isteach ar phobal na tíre nó timpeall na cruinne. I gcásanna mar sin, is fiú foclóir mar seo a bheith ar eolas agat

An Ghaeilge agus Todhchaí na Teanga

- 1. Tá an cheist seo pléite agus athphléite ag polaiteoirí, ag iriseoirí, agus ag saineolaithe i gcoitinne.
- 2. Is beag lá/seachtain nach gcloistear tagairt éigin faoi thodhchaí na teanga sna meáin chumarsáide.
- 3. Is cosúil go bhfuil ag teip orainn, go dtí seo, teacht ar aon réiteach sásúil ar thodhcaí na teanga. In ainneoin na cainte go léir níor thángthas ar aon bhealach ceart chun an teanga a athbheochan go fóill.
- 4. Tá teanga na Gaeilge ag meath agus is orainn féin atá an locht
- 5. Ar an gcéad dul síos-----
- 6. Mar a luaigh mé cheana-----
- 7. Táimse go láidir den tuairim go bhfuil-----
- 8. Tá polaiteoirí na tíre seo beag beann ar chás na

Gaeilge

9. Muna bhfuilimid sásta rud éigin dearfach a dhéanamh faoin teanga, ba chóir dúinn éirí as an bhfimíneacht . Admhaímis go bhfuil ré na Gaeilge thart.

10. Tá sé de dhualgas orainn ár ndícheall a dhéanamh teanga ár sinsear a chothú.

SCÉAL- Caithfidh féith na samhlaíochta a bheith agat don scéal agus de ghnáth moltar don dalta an scéal a sheachaint. An t-aon bhuntáiste atá leis an scéal ná gur féidir leat é a scríobh san aimsir chaite.

DIOSPÓIREACHT/ORÁID- Tá difríocht idir an diospóireacht agus an oráid. Ó thaobh na diospóireacht a de caithfidh tú argóint a dhéanamh ar son nó in aghaidh an rúin. Ní féidir an dá thrá a fhreastal. Maidir leis an oráid is caint aonair atá i gceist. Tá tú ag caint faoi ábhar ar leith agus is féidir leat labhairt faoi na buntáistí agus míbhuntáistí a bhaineann leis. Ní cheart tabhairt faoin diospóireacht/oráid mura bhfuil tús agus deireadh na diospóireachta foghlamtha de ghlanmheabhair ag an dalta.

Sampla diospóireachta

Tús na diospóireachta: A Chathaoirligh, a mholtóirí a chomhchainteoirí agus a dhaoine uaisle.

Is mise--- agus táimse agus an fhoireann go huile is go hiomlán ar son nó in aghaidh an rúin agus níl dabht orm a lucht éisteachta go mbeimid den tuairim chéanna faoi dheireadh na diospóireachta. Tá súil agam gur thug sibh éisteacht chaoin chneasta do lucht an fhreasúra mar neartaíonn na laigí a bhí ina gcuid argóintí ár seasamh féin. Tá íomhá bréagach suaimhneach cruthaithe ag lucht an fhreasúra nach bhfuil baint ag an saol dáiríre mórthimpeall orainn. Dá bhrí sin tá sé riachtanach mar sin go n-ínsítear an fhírinne glan dóibh gan aon cur i gcéill. Táimse agus m'fhoireann anseo chun é sin a dhéanamh. Táimid in aghaidh an rúin se ar chúiseanna áirithe a luafaidh mé libh anois.

Ar an gcéad dul síos

Táim lán chinnte

Iarraim oraibh arís a dhaoine uaisle, diúltú don rún éagórach seo

Ar an ábhar sin táim ag impí oraibh tacaíocht a thabhairt dom

Beidh lucht an fhreasúra ag iarraidh a chur ina luí oraibh ach ná tabhair aon éisteacht dóibh.

Ar an ábhar sin, tá súil agam go n-aontóidh sibh liom nuair a deirim—

Críoch na diospóireachta: Agus faoi dheireadh a lucht éisteachta táim tagtha go dtí deireadh mo chuid cainte ar an rún seo. Ní fíor a bhfuil á rá ag lucht an fhreasúra. Níl siad sásta glacadh leis na fadhbanna móra atá ag an----- faoi láthair. Níl siad ach ag iarraidh pictiúr bréagach a chruthú ar mhaithe leis an diospóireacht seo a bhuachan. Ná ligigí dóibh an diospóireacht seo a bhuachan a dhaoine uaisle. Táim lánchinnte nach ndéanfaidh sibh a leithéid is go dtacóidh sibh liomsa/linne. Táimse/táimid ag insint na fírinne. Tá siad san ag insint bréag. Ar an ábhar sin seasaim féin lena bhfuil ráite agam sa diospóireacht seo agus deirim arís go neamhbhalbh cluas bodhar a thabhairt don lucht éisteachta.

Go raibh maith agaibh as an éisteacht a thug sibh dúinn.

ORÁID-TÚS NA HORÁIDE: A chairde agus a dhaoine uaisle, A aíonna céimiúla, A chomhscoláirí, A lucht éisteachta.

Is mise—agus tá áthas an domhain orm an deis iontach seo a bheith agam labhairt libh faoi----.

Ar an gcéad dul síos

Ina theannta sin

Ní hamháin sin ach-

Críoch –Dá bhrí sin a dhaoine uaisle táim nach mór tagtha go dtí deireadh mo chuid cainte agus tá súil agam go mbain sibh sásamh as an méid a bhí le rá agam

Mar fhocal scoir chun dul siar ar an méid atá ráite agam nó chun clabhsúr a chur leis an méid atá ráite agam. Sula bhfágaim sibh a dhaoine uaisle seo ábhar macnaimh díobh.

Go raibh mile maith agaibh agus guím rath dé oraibh

PÁIPÉAR A DÓ (ceithre cheist) Dé Máirt 10ú Meitheamh 2014 9.30 go dtí 12.35 – 3 uair 5 nóiméad Ceist 1. LÉAMHTHUISCINT (100 MARC) 2x45 nóiméad.

Saineolas ar an Genre Litríochta

Beidh dhá léamhthuiscint i bpáipéar a dó agus is fiú caoga marc an ceann iad. Caithfidh tú sé cheist a fhreagairt agus bíonn dhá chuid le gach ceist. Má bhíonn ort dhá phointe a lua i d'fhreagra, bí cinnte go luann tú dhá phointe. Ná cuir an dá phointe le chéile san abairt chéanna. Roinn amach iad. De ghnáth is éard a bhíonn sna léamhthuiscintí seo ná daoine a bhfuil clú agus cáil bainte amach acu cheana féin. Sa bhreis air sin bíonn sáraithne ag an bpobal orthu. Seachas ceist a 6b glacfar le freagraí i bhfocail an tsleachta. Maidir le ceist 6a is ceist ghramadaí a bhíonn ann- mar shampla, (a) An Saorbhriathar: Níl a fhios againn cé dhein an gníomh- Dúntar, Dúnadh, Dúnfar. (b) Breischéim agus sárchéim na haidiachta. (c) An Tuiseal Ginideach firinscneach Lár an tsamhraidh, hata an fhir, fear an phoist. (d) An Tuiseal Ginideach-Baininscneach -Leac na fuinneoige, tonnta na farraige, iallacha na bróige. (e) An Tuiseal Ginideal Iolra - Hataí na bhfear, ainmneacha na dTíortha. (f) An t-ainmfhocal Briathartha – ag déanamh, ag briseadh. (g). Aidiacht san uimhir iolra - beaga, móra. (h) Aidiacht Shealbhach - mo bhróg-(uatha), a mbróg (iolra), a bhróg-firinscneach, a bróg-baininscneach. Maidir le ceist 6b caithfidh tú 50-60 focal a scríobh i d'fhocail féin. De ghnáth bíonn ceist ar genre litríochta agus ba cheart go mbeadh saineolas ag na daltaí ar an genre litríochta is coitianta. Is iad seo a leanas na Genre is

Genre Litríochta is coitianta.

1 Tuairisc - achoimre agus eolas. Tá cur síos ar rud

2 Cuntas Staire- cuntas ar shaol duine cáiliúil. Bíonn cur síos ar chúrsaí reatha agus faigheann sé léirmheas. Uaireanta bíonn píosa iriseoireachta ann.

3 Insint-Scéal, mothúcháin, smaointe. Bíonn suíomh i gceist agus friotal agus sonraí pearsanta.

4 Leabhar Taistil Eolasach- Is éard atá anseo ná dialann taistil agus de ghnáth bíonn cur síos ar oilithreacht nó turas. Bíonn cur síos ann ar na daoine ar bhuail sé leis agus ar stair na n-áiteanna.

5 Píosa as dírbheathaisnéis nó beathaisnéis.

6 Píosa iriseoireachta: Neamhfhicsean, tráchtaireacht agus firicí.

CEIST 2. PRÓS (30 MARC). 30 noíméad. Tuiscint ar na scéalta /téamaí agus na carachtair

Maidir leis an gceist seo is féidir leat ceist a 2a Prós Ainmnithe nó 2B Prós Roghnach a fhreagairt. Maidir leis an gcúrsa próis ainmnithe scrúdófar an dalta ar cheann de na gearrscéálta/scéal fiannaíochta /dráma atá ar an gcúrsa. Ba cheart go mbeadh cur amach ag na daltaí ar na carachtair go léir, téamaí, tréithe agus ar imeachtaí na sleachta. Tá sé tábhachtach go ndéanann na daltaí cleachtadh ar na ceisteanna scrúdaithe. Is iad seo a leanas na sleachta próis ainmnithe atá ar an gcúrsa.

- 1. Oisín i dTír na nóg scéal béaloidis
- 2. Dís -gearrscéal
- 3. Hurlamaboc sliocht as úrscéal.
- 4. An Gnáthrud gearrscéal

Nó Seal i Neipeal-sliocht as Dírbheathaisnéis

Seal i Neipeal

5.An Lasair Choille -gearrdhráma NÓ

Cáca Milis

CEIST 3. FILÍOCHT (30 MARC), 30 nóiméad Bí cinnte go dtuigeann tú na heochairfhocail.

Sa mhír fhilíochta ainmnithe scrúdófar dán amháin. Ní bheidh aon rogha agat sa mhír seo. Beidh an dán clóscríofa ar an bpáipéar scrúdaithe. Dá bhrí sin ní bheidh an oiread sin brú ort agus ní gá duit na sleachta a fhoghlaim de ghlanmheabhair. Bain usáid as sleachta ón dán chun tacaíocht a thabhairt do do fhreagra. Sa bhreis air sin bí cinnte go dtuigeann tú na heochairfhocail seo a leanas.

Codarsnacht,

Athrá.

Scigmhagadh,

Aoradh, Friotal.

Meafair.

Logainmneacha,

Fáthchiallach.

Pearsantú

Íomhánna, Siombail, Uaim.

Is iad seo a leanas na cúig dhán atá ar an gcúrsa.

- 1. Colscaradh le Pádraig Mac Suibhne
- 2. Géibheann le Caitlín Maude
- 3. An Spailpín Fánach (Ní fios cé chum)
- 4. Mo ghrá-sa (idir lúibíní) le Nuala Ní Dhomhnaill
- 5. An tEarrach Thiar le Máirtín Ó Díreáin.

#### FRÁSAÍ ÚSÁIDEACHA

- 1. Músclaíonn an dán --shampla, grá, áthas, eagla, brón, gliondar, dóchas).
- 2. Léirítear an grá atá ag an bhfile dá áit dúchais.
- 3. Sílim gur dán éifeachtach é.
- 4. Cuireann an uaim go mór leis an dán.
- 5. Baineann an file feidhm as ----- (Mar shampla íoróin, aicill, siombailí, íomhánna, athrá.
- 6. Tá codarsnacht láidir sa dán idir véarsa a haon agus a
- 7. Tá brón le sonrú sa dán
- 8. Is iad brón agus áthas an dá mothucháin atá le brath

CEIST 2. (Litríocht bhreise (40 marc) 35 nóiméad Roghnaíonn an múinteoir ceist amháin ón liosta thíos chun staidéar a dhéanamh air i rith na b liana.

(a) An Triail

(b) A Thig ná Tit Orm

(c) Gafa

(d) Tóraíocht Dhiarmada agus Gráinne

(e) Gafa

(f) Canary Wharf

(g) Dánta Breise.

Bí cinnte de go bhfuil an scéal, téamaí agus teicníochta ar eolas agat. Sa bhreis air sin bí deimhneach de go bhfuileann tú ábalta na línte sna dánta breise a mhíniú. De ghnáth is é an triail an scéal is coitianta a úsáidtear sna scoileanna. Dá dheasca sin ba chóir go mbeadh cur amach ag na daltaí ar na carachtair, Téama, Saol sna seascaidí agus cumhacht na hEaglaise. Sa bhreis air sin ba chóir do na daltaí fiche tagairt a bheith curtha de ghlanmheabhair acu chun an scéal/ceist scrúdaithe a chur in iúl. Ba cheart do na daltaí cleachtadh a dhéanamh ar na ceisteanna scrúduithe chomh maith.

Mar fhocal scoir Caithfidh tú a bheith dian ort féin ó thaobh ama de go háirithe páipéar a dó. Beidh tú faoi bhrú leis an léamhthuiscint . Dá bhrí sin moltar duit na ceisteanna eile a dhéanamh ar dtús sula ndéanann tú an léamhthuiscint.

Guím gach rath ar bhur n-iarrachtaí agus go mbainfidh sibh amach an sprioc atá leagtha síos díbh féin. Maise agus fónamh agat (May you be lucky and successful)

**Copy Date for the June** edition of the Maynooth **Newsletter is Tuesday** 20th May

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## **Spring Thoughts**

Tempora Mutantur...

Golfers, strollers, chalet dwellers Replace red deer and dairy herds. A conference centre and hotel Flank the Early-Georgian mansion. This yew tree, lopped and braced, still

(11)

Guadeamus, Igitur...

Cooing pigeons, foraging bees, Primroses, speedwells, celadines; Sunlight jigging on a waterfall; Visitors strolling gravelled paths; In a tree a watching raven.

(1111)

Ars Longa, Vita Brevis

Some people can't abide dacay: A cankered rose, a rotting fence, One week's build-up of household dust. Such things don't really bother me: I gild them with the words I write!

P.Devaney

# Comhaltas Ceoltoirí Éireann - Maynooth



Picture: The Craobh Mhaigh Nuad float at St. Patrick's Day Parade, led out by the Branch Cisteóir Seán Treacy (left) and Branch Chairman Gerry Fitzpatrick.

Pictured at their annual St Patrick's Day Performance is the Maynooth Craobh of Comhaltas Ceoltóirí Éireann – Irish Musicians Association – which was founded in 2012. Since 1951, Comhaltas have been spreading the gospel of traditional Irish music all over the world, setting up over 400 community-based branches, including 6 in Kildare. Many consider Comhaltas to be one of Ireland's most successful cultural groups, having trained generations of Irish to study, perform, promote and preserve that central element of traditional Irish culture, namely its music. Tens of thousands of youngsters have learned to play music on traditional instruments, while over two million people attend the sessions, concerts, festivals and workshops sponsored by Comhaltas annually.

#### Comhaltas in Maynooth

The local branch was founded in August 2012 by a group of Maynooth musicians, who had close ties to the central Craobh Chúlainn Branch in Monkstown. "We saw the success of the branches in Leixlip and Kilcock, and though there must be scope for a branch also in Maynooth", says Seán Treacy, Cisteóir of CCE Mhaigh Nuad. The hunch proved a good one, and 18 months later, there are now 200 active members.

While festivals, concerts and sessions mark the outward popularity of Comhaltas, many say the enduring legacy of CCE is its educational programs. It is the stated goal of Comhaltas, Maynooth "to bring traditional Irish music, song and dance into as many homes as possible in the North-Kildare area."

To this end classes, are held in the Post Primary School in Maynooth on Wednesdays 19:00 – 21:40 in a range of instruments - Accordion, Banjo, Bodhrán, Concertina, Fiddle, Flute, Guitar, Tin Whistle and also Comhrá as Gaeilge, to those who would like to brush up on their Irish. The classes are grouped according to ability rather than age, so they are often mixed age. Children are in the majority, but there is a significant proportion of adult participants. These include:

Parents who are learning an instrument alongside their children.

People with a background in other musical styles, who are looking to discover traditional music.

Students in Maynooth looking for a distraction from their studies :-)

Individuals with no musical background looking to "give it a lash".

The class teachers have an array of competition and performance experience behind them and several have the Comhaltas Teacher Training Diploma Courses. Class tunes are synchronised, meaning branch musicians work off a set of common tunes that enables regular sessions that are enjoyed by young and old.

There is a branch session in McMahon's Pub every Wednesday evening from 10, and junior session are held upstairs in McMahon's approx once a month in an environment suitable for all ages. All ability levels are catered for at these sessions

#### Comhaltas - The Early Years

CCE was formed in 1951 in Mullingar, County Westmeath by traditional musicians from the Pipers Club in Dublin and other Gaelic culture advocates from around Ireland. They sought to improve the standing of traditional Irish music, dance and language in Ireland, which had suffered due to a general cultural and economic stagnation on the island, and from the emergence of popular culture and mass media; a world in which Irish music had not really found a foothold.

The first Fleadh Cheoil (festival of music) organized by Comhaltas in May 1951 was poorly attended, but it helped set in motion a renewed interest in Irish music. Today the Fleadh is one of Ireland's most popular events: the one held in Derry last August, in honour of that city's status as European capital of culture, drew 430,000 people.

In the early years, the Comhaltas movement was complemented by men like Ciaran MacMathuna of Radio Éireann, who recorded unknown musicians in rural areas, treasures which would have been lost in a purely oral tradition. Sean O Riada, composer and arranger, was another who laid the foundations for the revival of Irish music in the 60s, applying arrangements and ensembles from jazz and classical music to traditional music.

Before long, every county in Ireland had a Comhaltas branch, while in Britain and Scotland chapters formed in Liverpool, London and Glasgow, and other places with large Irish communities. Eventually that enthusiasm spread around the globe, and today branches of Comhaltas flourish in Japan, Australia, and Argentina and in several European countries.

Irish traditional music has centuries-old roots and has drawn influences from African, European and American traditions – it is now available for you to tap into right here in Maynooth, you're very welcome any time to informally drop in to check out either the lessons or the session. Feicfidh muid sibh go luath.

#### By Deric O Cearúil, Comhaltas Craobh Mhaigh Nuad - April 2014

| Branch Website                | http://www.ccemaighnuad.com                                                                          |
|-------------------------------|------------------------------------------------------------------------------------------------------|
| Twitter                       | http://twitter.com/CCEMaighNuad                                                                      |
| Facebook                      | http://www.facebook.com/ccemaighnuad                                                                 |
| Lessons Where / When / What   | Post Primary Maynooth / Wed 19:00 –21:40                                                             |
|                               | Accordion, Banjo, Bodhrán, Concertina, Fiddle, Flute, Guitar, Tin Whistle and also Comhrá as Gaeilge |
| Sessions (watch twitter feed) | Adult sessions, McMahon's every other Wed. Junior Sessions, once a month                             |





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Fax: 6291399

Email info@maynoothcu.ie

#### **Clane Toastmasters Club**

Clane Toastmasters' meetings take place on the first and third Wednesday of each month in the Westgrove Hotel, Clane, at 7.45pm. Next meeting takes place on Wednesday 16th April. Toastmasters provide great opportunities to improve confidence and skills in public speaking and leadership. Visitors are very welcome.

For more information contact Maureen: 0872258020 Joseph: 0868221589

Email: clanetoastmasters@gmail.com

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# **Know Your Rights**

# Self-employed people and Jobseeker's Allowance

#### Ouestion

My small business is not doing well at present so my income has dropped substantially. Am I entitled to any social welfare payment?

#### Answer

If the amount of work you are getting from selfemployment has reduced so much that it no longer provides a sufficient income, you may qualify for Jobseeker's Allowance. You must meet all the conditions to qualify for this payment, including a means test, but you do not need to close your business or stop working as a self-employed person.

The earnings from your business will be assessed in the means test. The assessment must reflect the income that you may reasonably be expected to get from your business over the next 12 months. Income for the last 12 months will be taken as a guide, but the means test will also allow for any factors that are likely to vary. You should be prepared to discuss these factors when you are being assessed for the payment.

Your earnings over the 12 months are assessed as your gross income minus work-related expenses. Your expected annual earnings from self-employment are divided by 52 to find your weekly means from self-employment.

Usually, you will be asked for your receipts and payments or audited accounts for the current and previous year. For example, if you apply for Jobseeker's Allowance in May 2014, you will be asked for your receipts and payments from January 2014 to May 2014 and for 2013. However, in certain cases you may be required to show audited accounts for the last two or more years.

You may qualify for Supplementary Welfare Allowance while you are waiting to be assessed for Jobseeker's Allowance or if a decision is made that you don't qualify for Jobseeker's Allowance.

The website selfemployed supports ie has further information on the services and entitlements available.

#### Anti-bullying policies and training

#### Question

Our son is moving to secondary school soon and we're concerned that he might be bullied. Is there any advice available?

#### Answer

The Department of Education and Skills requires an anti-bullying policy to be part of the written code of behaviour in all schools. Each school must publish its anti-bullying policy on its website and give it to the parents' association. The policy must include clear procedures for investigating, recording and dealing with instances of bullying. The school principal must report regularly to the Board of Management and the Board must carry out an annual review of the policy and its implementation.

The National Parents Council Primary (NPC-P) and National Parents Council Post Primary (NPC-PP) have jointly developed a programme of anti-bullying training for parents of school pupils. The programme is funded by the Department of Education and Skills under the Anti-Bullying Action Plan. Each session runs for two hours and is provided free of charge.

The nationwide training sessions have been developed

specifically for parents, so they are not suitable for children. They aim to enable parents to support their children regarding issues of bullying. The sessions also inform parents about the Anti Bullying Procedures for Primary and Post Primary Schools, which are available on the Department's website education.ie.

You can find out where and when these training sessions are available from the websites of the two parent councils npc.ie (primary) and npcpp.ie (post-primary). The two councils have also developed an information leaflet for parents and you can access this on each of their websites as well.

Your son may find the website watchyourspace.ie useful if he has concerns about possible bullying.

The Office for Internet Safety and others have developed a booklet to increase awareness of all aspects of cyberbullying, including how to identify it and how to prevent it – available at internetsafety.ie.

#### Serving on a jury

#### Question

I've recently been called for jury service and I'd be happy to do it, but I'm not sure who can serve on a jury. At the age of 65 am I too old?

#### Answer

There is no upper age limit for eligibility for jury service, but at age 65 or over you can be excused as of right if you do not wish to serve.

There are several other categories of people who can be excused as of right, including members of the Dáil and Seanad, ministers of religion, doctors, nurses, midwives, teachers etc. You can also be excused as of right if you have served on a jury within the last three years or have been excused by a judge at the end of a previous period of jury service.

It is an offence to fail to attend for jury service without reasonable excuse.

Every Irish or British citizen in Ireland who is aged 18 or over and who is on the Register of Dáil Electors is eligible to serve on a jury, except for:

- People who are involved in any way with the administration of justice and
- People who are unable to read or who have a longterm impairment so that it is not practicable for them to serve on a jury.

You cannot serve on a jury if:

- You are not an Irish or British citizen
- You have been convicted of a serious offence in Ireland
- You have ever been sentenced to five years or more in prison or
- Within the last ten years, you have been sentenced to three months in prison.

Read more on the Courts Service website courts.ie.

#### Vaccinations when travelling abroad

#### Question

We are planning a round-the-world trip later this year. Should we think about getting vaccinations?

#### Answer

You should consider getting vaccinations if you are travelling outside of Western Europe, North America, Australia, and New Zealand. Health risks vary from country to country, so you will need to get advice about this well before you travel – ask your family doctor, the Health Service Executive (HSE) or your travel agent.

You will also find relevant information on the World Health Organization Country List. The HSE website has information on the different types of vaccines, such as those for cholera or tuberculosis – hse.ie.

Travel vaccinations are not covered by the medical card so you will have to pay the full cost for them.

Start the process of vaccination in good time before you travel. Some vaccines take time to become effective, so give yourself at least 8 weeks for full protection.

An early start is particularly important if you plan to travel with children. The BCG vaccination against tuberculosis (TB), for example, should be given at least 3 months before your child travels.

Some countries require you to have certain vaccinations and you will need to show an International Certificate of Vaccination in order to gain access to these countries. Other vaccinations are recommended and you can decide yourself whether to get them.

If you feel unwell on your return to Ireland, you should see a doctor as soon as possible. Give full details of the countries you visited.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public.

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

## An Nuadha Players Cake Sale

An Nuadha Players Community Theatre will hold a Cake Sale in the Boys School Maynooth on May 11th at 9.15am and it will continue till the last crumb.

We would very much appreciate if you to come along and purchase for a very small sum our wonderful array of fabulous cakes.



Photo L/R Saoirse Colfer, Marie Peelo (Pieta House) Naoise Glynn and Terry Nealon



#### Winner of the Memorex Culture Award.

An Ghaeltacht sa Bhaile

#### What Parents Say!

The course has greatly enhanced Elllen's Irish and increased her love for it. Very worthwhile and money well spent. Many thanks.

Josephine Stack, Maynooth, Kildare

#### Gaeltacht Summer Courses 2014 In

National University Maynooth, Maynooth

Lucan Community College, Lucan. National University Maynooth

A - 02/06/14 - 13/06/14

Lucan Community College

B - 23/06/14 - 4/07/14

C - 07/07/14 - 18/07/14

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#### Maynooth Town FC Lotto Results 2014

#### www.maynoothtownfc.com - Join Us On Facebook W/End 3 x €35 Winners Numbers Jackpot €2,400 05-Jan 1,14,17,27 Paul Keogh - Daniel Hever - Dave Keegan €2,450 18,19,21,26 David Mc Cormack - Emer Darcy - Anne Naughton 12-lan €2,500 19-Jan 2,17,22,23 Mary Murray - Slim - Mick Mc Govern Niall Cronolly - John Hanrahan - Emma Gallagher 6,8,9,19 €2,550 26-Jan 6,11,19,27 €2,600 Joan Carroll - Conor Strickland - Noel Dempsey 02-Feb 7,15,21,23 €2,650 Elaine & Suzanne - Pauline Mc Avinue - Richard Tigue 09-Feb 11,15,16,18 €2,700 Stephen Finnegan - Jill Judge - Nigel O Shea 16-Feb 9,24,25,28 €2,750 Gerry Reilly - John Saults - Dave Vavasour 23-Feb 15,16,21,25 €2,800 Ailbhe Quinn - Gina Folan - Katie Neville 02-Mar 7,14,17,21 €2,850 Aileen Gleeson - Fiona Healy - Pat Power 09-Mar 1,10,14,28 €2,900 Mike Coyne - Tony Clifford - Anthony Casey 16-Mar 13,22,25,27 €2,950 Ambrose O Brien - John O Shea - Dan Bradley 23-Mar 16,23,25,28 €3,000 Sam Feeney - TJ Byrne - Anne Wall 30-Mar Ciaran Flanagan - Mick O' Sullivan - Suzanne Farrelly 15,18,23,28 €3.050 06-Apr 4,8,27,28 €3,100 Kieran O Connor - Caroline Mc Cabe - Paul Coyle 13-Apr 10,13,17,28 €3,150 Ann Cribben - Tony Byrne - Isabel & Sofie 20-Apr

#### RECIPE IDEAS FOR FAMILY GATHERINGS

#### **Lemon Lime Bars**

#### 32 servings

#### **Ingredients**

2 cups all-purpose flour

2 tablespoons cornstarch

3/4 cup butter, cut up

1 1/2 cups granulated sugar

3 tablespoons all-purpose flour

1/3 cup lemon juice

1/3 cup lime juice Sifted icing sugar (optional)



- \* 1/4 teaspoon salt
- \* 4 eggs, lightly beaten
- \* 1/3 cup half-and-half
- \* 1 teaspoon finely shredded lemon peel
- \* 1 teaspoon finely shredded lime peel
- \* 1 drop green food colouring
- \* Thin strips of lemon and lime peel (optional)

#### Method

Preheat oven to 350 degrees F. Grease a 13x9x2-inch baking pan. Line pan with parchment and set aside. In a large bowl combine the 2 cups flour, the 1/2 cup icing sugar, the cornstarch and salt. Using a blender, cut in butter until mixture resembles coarse crumbs (mixture will look dry). Press firmly into bottom of prepared pan. Bake 15 minutes (crust will look dry). In a medium mixing bowl whisk together the eggs, granulated sugar, half-and-half and 3 Tbsp. flour; divide in two bowls. In one bowl add lemon peel and lemon juice; in the other bowl lime peel, lime juice and green food colouring into other half. Pour the lemon filling over hot crust; bake 10 to 12 minutes or until set. *Tip: Be sure to pour the lemon filling over the crust immediately after you take it out the oven.* This will ensure that lemon layer sets. Carefully pour lime filling over lemon filling; bake 10 to 12 minutes more or until set. Cool completely in pan on a wire rack. Use paper to lift uncut bars from pan. Cut into bars. Sift over icing sugar. Top with lemon and lime peel, if desired. Refrigerate to store.

#### Strawberry Brownie Kabobs 24 kabobs

#### Ingredients

- 1 box brownie mix
- 2 16-oz packages of large strawberries
- 1 bag marshmallows
- 2 squares of cooking chocolate
- Wooden skewers, cut in half

#### Method

Preheat oven to 350 degrees and spray mini muffin tins with non-stick spray. Prepare the brownie batter according to the package's instructions and divide batter among muffin tins. Bake for 15-20 minutes, or until cake tester comes out clean. Allow brownies to cool in the pan for 5 minutes, then transfer to a wire rack to cool completely. Clean, dry, and cut the strawberries so both ends are flat (I just liked the look of them this way). Layer the strawberries, brownies, and marshmallows on the skewers and lay them out on a wax paper-lined cookie sheet. Melt the chocolate in a microwave-safe bowl in 30 second intervals until completely melted. Transfer to a piping bag or ziploc bag with the corner snipped off and drizzle each kabob. Transfer to the fridge to allow the chocolate to set and until ready to serve.

\* 2 teaspoons chilli powder

\* 1/4 cup shredded Mexican cheese

\* 1 plum tomato, finely diced

\* 1/2 avocado, finely diced

\* ½ teaspoon garlic <mark>salt</mark> \* ¼ teaspoon cayen<mark>ne peppe</mark>r

\* salt and pepper

#### **Mini Taco Bites**

#### Ingredients

2 tablespoons butter, melted

1/4 teaspoon garlic salt

1/4 teaspoon chilli powder

1 package (10-inch) flour tortillas

1 pound lean ground beef

1/4 cup diced onion

1 teaspoon cumin

1/4 teaspoon oregano

1 (8-ounce) tomato sauce

1/3 cup refried beans

½ cup finely shredded lettuce

1 tablespoon finely diced red onion

cilantro for garnish

#### Method

Preheat oven to 325 degrees. Mix together melted butter, garlic salt, and ¼ teaspoon chilli powder. Cut tortillas with a 3-inch biscuit cutter or cookie cutter. You should get 3-4 circles per tortilla. Stack tortillas, wrap in a moist paper towel, and microwave for 20 seconds to soften. Brush both sides of tortilla circles with butter mixture and press into cups of a mini muffin pan making the shape of the muffin cup. Bake for 15-18 mins. Cool in pan 5 mins and then remove to wire rack to cool completely. In a large nonstick pan over medium-high heat, cook ground beef, breaking it up with a wooden spoon. When most of the pink is gone add onion. Cook 2 more mins. Add chilli powder, cumin, and cayenne pepper. Stir for 30 seconds and then add tomato sauce. Simmer until thickens and then season to taste with salt and pepper. Place refried beans and cheese in a small microwave safe bowl. Heat 30 seconds and stir. If cheese is not fully melted, heat until cheese melts. Place a small amount of bean mixture on bottom of each taco shell. Top with small spoonful of meat mixture. Sprinkle with lettuce, tomato, red onion, avocado, and cilantro. Add small dollop of sour cream.



## **May Gardening**

This is the month when gardeners will be taking advantage of the longer days. Watch out for late frosts. Protect tender plants. Earth up potatoes and plant any that you have left. Collect rain water and remove all weeds as soon as they appear. Open greenhouse vents and doors on warm days. Not forgetting to check for nesting birds before clipping any hedges. Mow lawns weekly. Apply a liquid fertiliser to spring bulbs after they have flowered, to encourage good flowering next year, and help prevent daffodil blindness. Keep a watch on pests. Aphids can multiply rapidly during mild spells. Remove early infestations.





Remove spent blooms on tulips, daffodils and other spring flowering bulbs. Install plant supports for peonies, delphiniums and other tall plants. Snapdragons and allysum can also be planted. Divide overgrown winter iris and order later flowering varieties for mid-summer planting if you haven't already done so. Don't forget to continue to feed bulbs after blooms fade. Soil around stargazer lilies should always be kept moist and mulched during growing period. Later in the summer a thorough drying will do them good. Harden off summer bedding plants in early May. Don't put outside if there still is a threat of frost. Plant lily-of-the-valley or other flowering bulbs around the trunks of your trees to enhance its natural beauty.





If you want to grow your own spring bedding for next year, many common choices are wallflowers, pansies and bellis perennis. They need to be planted between now and July so they will flower next spring. Winter bedding plants for the following winter can also be sown now till July. Divide clumps of herbaceous perennials that you want to propagate. Divide primulas after flowering, planting them in a back bed until they are ready for planting out again in the autumn. Divide hostas as they come into growth. Sweet peas training and tying in to their supports to encourage them to climb and have a good display. Pinch out the leading shoots on plants such as chrysanthemum and helianthus to encourage bushy plants. Liquid feed plants in containers every two to four weeks.





Prune overcrowded, dead or diseased stems of your clematis once it has finished flowering. Remove any reverted green shoots on hardy variegated evergreens preventing reversion taking over. Tie in climbing and rambling roses as close to the horizontal as you can. This will restrict sap flow causing more side-shoots to grow along the length of stem. This will produce more flowers. Twining climbers such as honeysuckle and clematis need regular tying in and twining around their supports. Make sure newly planted trees and shrubs don't dry out. Also loosen any tree ties that are digging into the bark as soon as you can.





Plant tomatoes, peppers and melons after all the danger of frost is gone and the soil is warm. Don't forget to plant tomatoes in a different spot each year to reduce fungus disease problems. Broccoli and cauliflower can be planted now in early May. Sow beet seeds an inch deep. Later you can thin them to one strong plant in each position. For faster germination of seeds, mix them with a wallpaper paste in a plastic bag. Then squeeze the mixture out of the bag into small holes in moist soil for planting. Pile earth up around your potato plants now. Mulch raspberry and black currant bushes with well rotted manure or compost. Making sure that you first water the soil around the area until it is quite moist.





Also not forgetting the pond, new plants can still be sown this month. To contain vigorous specimens why not plant them in aquatic baskets. Top the surface with gravel so that the fish won't stir up the compost. Avoid introducing goldfish to wildlife ponds as they will eat frogspawn and upset the natural balance already there. Remove blanket weed by twirling around a rough stick. Skim off floating weeds such as duckweed with a net. Please leave weeds on the edge of the pond for at least 24 hours to let any trapped creatures to return to the water before adding to the compost heap.

## WING TSUN - IEWTO

## Maynooth

## Self -Defence Class

Venue: Maynooth Community Space Unit 11/12 Tesco SC Maynooth



Class Times: Wednesday Night: 9.30pm -11.30pm Sunday Morning: 10.00am - 12.00 Noon

#### Si-Hing Barry Smith 12th SG

\*Discounts available for students and unwaged \*

Contact - Barry Smith

Phone: 087 9695475

E-Mail: wingtsunmaynooth@gmail.com

## Salon: 91

New Hair Salon in Maynooth

#### **May Special Offer**

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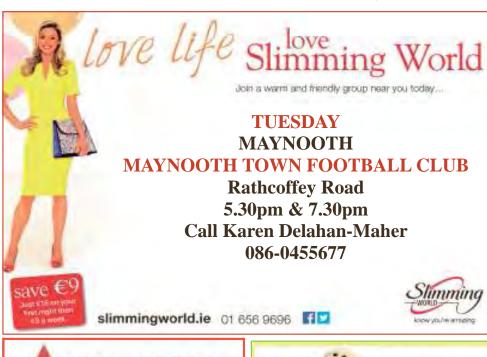
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#### **Maynooth Toastmasters**

On Monday evening 24th March the Area Final's were held at the Glenroyal Hotel, with contestants from Athy, Kildare, Maynooth and Nass Toastmasters. The International Speech Competition and Speech Evaluation Contests took place, competition was very intense with members from Naas winning the Speech contest and from Kildare winning the Evaluation contest. In excess of 50 members attended the meeting afterwards Maynooth hosted hot finger food, cakes and other refreshments. While there are always winners and losers in any competition, Toastmasters is quite unique as everybody taking part gains in confidence, learns new skills and expands their horizons. Competitions are a most enjoyable part of Toastmasters and everyone is encouraged to take part. **Peter Cuthbert Pro** 

# O'Neill's Main Street, Maynooth, Co. Kildare

O'Neill's Bar & Steakhouse is a family run traditional style bar in the heart of Maynooth.

We are renowned for our quality food, service and our warm welcome.

Food is served daily from 12pm, full A La Carte menu available from 5pm.

Live music every Thursday & Saturday night.

"Best Wishes to Katie O'Neill our Kildare Rose in the Regional Final in June"

www.oneillsbar.ie

#### **Maynooth Senior Ladies Football Team**







The Maynooth Senior Ladies Football Team assisted the events committee with the table quiz held in the Maynooth GAA Club last Friday 28th March. The night was a great success and the ladies team would like to thank the local businesses who very generously donated prizes to the raffle. Without the support of these local businesses, events like these are very difficult to run. We would like to encourage everyone to support these businesses who continue to support the GAA Club and the local community.

Ginny Breslin Make Up, Jee Jewellery, Brady's Clock House, Twist Café, An Siopa Milseán, Picaderos, Supervalu, Maynooth Bookshop, Maynooth Jewellers, The Beauty Boutique, Bistro 53, McCormack Pharmacy, Eurosaver, Maynooth Florists, St. Patricks Pharmacy, Becks Beauty Salon.







## Why Join The Glenroyal Leisure Club?

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## Why Join The Glenroyal Leisure Club?

It's fair to say that everyone wants to be fit and healthy. Most of us know that the benefits of eating a balanced diet & exercising can include, reduced blood pressure, reduced risk of heart disease, stroke & diabetes, increased mobility into older age and reduced risk of obesity.

Beginning an exercise plan can be a little daunting to some people. Maybe it has been a while since you've visited a gym or maybe you've never attended one. Perhaps, you're a little unsure about how to get started or worried that you won't be able to keep your motivation levels up.

At the Glenroyal Leisure Club, we've got you covered.

#### Free Fitness Assessments & Programmes

When you become a member, you can avail of a free assessment & fitness plan with one of our friendly, qualified fitness instructors. He / She will discuss your goals with you and create a customised exercise plan to help you achieve them. You may book in for a re-assessment at any stage during your membership in order to keep your programme fresh & interesting and to ensure your make progress.

#### Free 8 Week Personal Training Support

If you feel like you may lose some motivation & focus after a couple of weeks, you can ask when booking your initial assessment, about our 8 weeks personal training support. A fitness instructor will meet you once a week for 8 weeks and take you through the exercise plan they have designed for you. Your instructor will give you encouragement & motivation and can alter your programme for you as your fitness level increases. This service is completely free of charge to members.

#### Classes

We have a wide range of classes at the Glenroyal Leisure Club to keep you interested and excited about your fitness goal and your new healthier lifestyle.

#### Aqua Zumba

Aqua Zumba integrates the Zumba dance philosophy with the benefits of aqua aerobics. With energetic enthusiastic instructors and the upbeat, exhilarating music, this class is cardio-conditioning, body toning and most of all, it's fun!

#### **Spinning**

Spinning is a vigorous indoor cycling workout on stationary bikes. It is a great way to burn calories and the class caters for all ability levels. With energising, upbeat music and a motivating & enthusiastic instructor, the varied routine of warm-up, sprints, climbs and cool-down keeps your workout fresh and interesting. Best of all – you don't need to wear a helmet!

#### Kettlebells

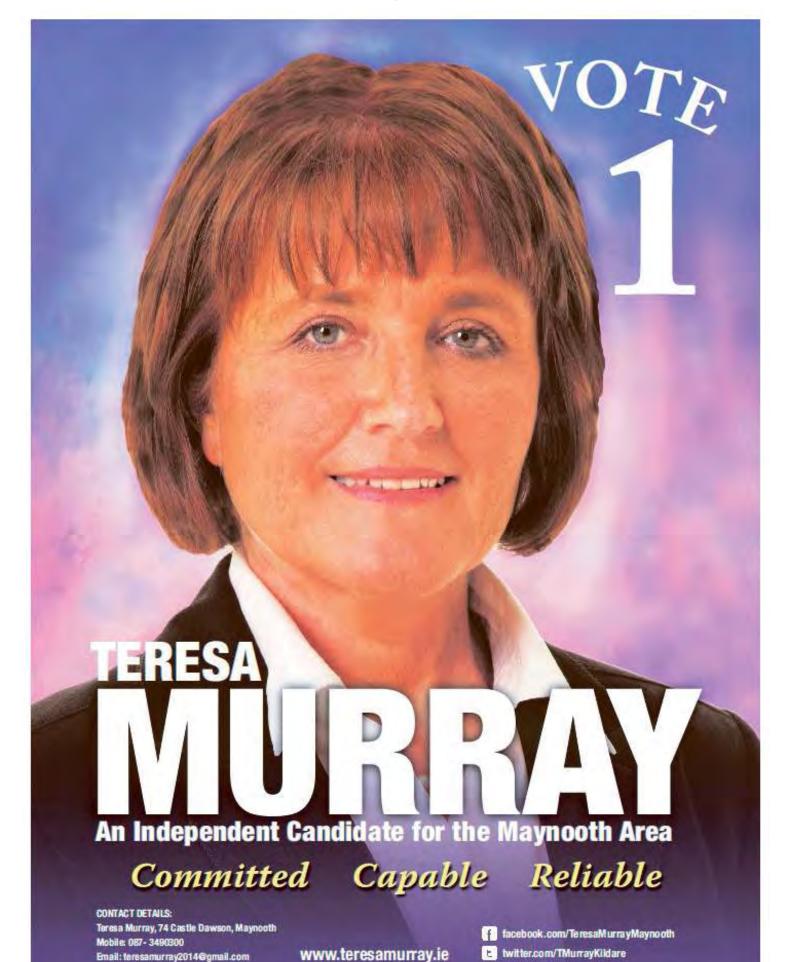
A kettlebell is a cast-iron weight with a handle which is used to perform exercises that combine cardiovascular, strength and flexibility training. The benefits of training with kettlebells and indeed, taking a kettlebell class can include improvement in your balance, power, coordination and flexibility while building amazing core strength, blasting fat and seeing beautiful muscle

#### **Yogalates**

Yogalates is a fitness routine that combines Pilates exercises with the postures and breathing techniques of Yoga. A Yogalates session will include exercises to cultivate strength, stamina, stability and flexibility with particular attention paid to strengthening your core muscles. The relaxing deep breathing will also help you to manage your stress levels.

Why not begin cultivating a new healthier you, today?

Consult a doctor or health & fitness professional before beginning any new diet or exercise program.





Launching the Maynooth 10K 2014 L/R Conor Mallaghan (Carton House), Joe Schmidtt (Irish Rugby Coach), Owen Byrne (Maynooth PP), Paul O'Connell (Irish Rugby Player), Teresa Murray (Chairperson of Maynooth PP PTA), Aoife Walsh, Sinead Burke, Ryan Deegan (Maynooth PP), Devon Toner (Irish Rugby Player). *Photo: Mark Colfer* 

## Maynooth 10K 2014

They say that time flies when you're having fun and yes, that was a quick year. It only seems like yesterday when we were packing away the bollards, barriers and water bottles and here it is around again!

We're looking forward to a great event this year and we have a number of exciting additions to this years event both to help you prepare and on the day itself.

Keep an eye on our Facebook page "Maynooth 10k 2014" and our Twitter feed "@maynooth10k" for more information and, of course, don't forget our website www.maynooth10k.ie for all the information in one place at one time!

This year we are delighted to welcome KFM on board. KFM are giving us substantial air time to publicise the event and will also be covering the event "live" from their outside broadcasting unit at Carton Avenue.

The 10k will commence in St. Patricks College grounds and proceed up the Main Street to the Leixlip Road and continue through Carton to the finishing line on Carton Avenue.

The funds raised pay for the development of first class playing fields and a walking and running track. This much-needed facility will be available to everyone and is being developed in association with Maynooth GAA. From a business perspective the proposed facility will be available to host home games, currently often played away and this will bring more people and their welcome business and goodwill to the community.



## Runners Joggers Walkers



Sunday 18th May, 10.30am Entry Form



|                                  |          | Carton House |
|----------------------------------|----------|--------------|
| First Name(s): *                 |          |              |
| Last Name: *                     |          |              |
| Address:*                        |          |              |
| Gender: *                        |          |              |
| Email: *                         |          |              |
| Age Group (if over 16): Under 40 | 40 to 59 | Over 60      |
| Mobile Number: *                 |          |              |
|                                  |          |              |

(Fields marked \* Must be completed. Contact details will only be used to forward information about Maynooth Post Primary 10k)

Completed applications to be returned to reception of Maynooth Post Primary School, Moyglare Road, Maynooth, in an envelope marked "Maynooth 10k" along with cheque or postal order made out to Maynooth 10k. Entry fee  $\, \textcircled{2}0$ .

## Enter Online through www.maynooth10k.ie

A Chara.

Check-in, parking and cloak-room facilities for Maynooth 10k will be available at Maynooth Post Primary school from 8:00am on Sunday the 18th May. You can check-in on Saturday 17th between 2:00pm and 4:00pm. On behalf of Maynooth Post Primary P.T.A. I would like to invite you to our prize giving ceremony on Sun at 12.30 at the school where refeshments will be served. I wish to thank St. Patrick's College and Carton House for the use of their grounds, our many sponsors, An Garda Siochana, KFM, Maynooth Newsletter and all who are volunteering their time to make the day a great success

Mise le meas, Teresa Murray, Chairperson of Maynooth Post Primary PTA



#### "See our quality, taste the difference

Gerry, Chris & the staff of Mulcahy's Traditional Craft Butcher, Greenfield Shopping Centre would like to thank all their loyal customers for their continued support during the past 30 years. We look forward to giving you the best service and quality meats in the future. To celebrate our 30th year we will be holding a Free Draw for all our customers during the month of May.



Free 30th Year Draw
1st Prize
Side of Lamb
2nd Prize
Leg of Lamb
3rd Prize
Loin of Lamb
4th Prize

Shoulder of Lamb

#### **Maynooth Tidy Towns**



At time of writing our National Spring clean event is due to take place on Sunday 27th April in co-operation with Maynooth Business Association.

We have planted the flowers that Supervalu donated to us for St. Patrick's Day around the town.

Thanks to all to brought electrical products to WEEE Ireland collection in Tesco Car park on 29th March, the final tonnage was 26.157.

Maynooth Tidy Towns Annual Collection will take place on 22nd to 25th May in several locations.

One of our projects for 2014 Tidy Towns Application was to manually clear the Square of moss which has been completed.



Our Wednesday evening clean ups meet at the Square @ 7.30pm, Saturday morning @ 10am, meet in the Square and also Sunday morning clean ups meet at the Square @ 7.45am.

Best wishes to all taking part in the Maynooth 10k race on Sunday 18th May.

At time of writing Maynooth's involvement in Ireland's Best Kept is being judged during the month of May so we respectfully request that all candidates in the Local and European Elections would refrain from postering the Main Street up to the Kilcock Road.

#### Please make a special effort to keep Maynooth litter free.

Richard Farrell - PRO Maynooth Tidy Towns - 087 3153189 - Also on Facebook

## LOCAL GIRLS JOIN IN BROWNIE CENTENARY BIRTHDAY BASH!



Maynooth girls were among 3,000 Brownies from around Ireland to join in a Brownie centenary birthday bash in Dublin Zoo on Saturday 12th April. They were thrilled to be joined at the party by Today FM presenter, Ray D'Arcy, whose daughter is also a Brownie!

Brownies – the branch of Irish Girl Guides that caters for 6.5 to 10.5 year olds – started in Newbridge, Co Kildare, in 1914. The movement quickly spread throughout the country and today 4,000 girls in Ireland enjoy taking part in activities, games and challenges that help them develop self-confidence and a range of life skills.

Taking as their motto, 'Lend a Hand', Brownies are encouraged to think of others and to contribute to their local communities. They can earn a wide variety of badges in a non-competitive environment, including disability awareness, world cultures, crime prevention and science investigation. Before cutting the spectacular celebration cake, Today FM presenter Ray D'Arcy said: "I am delighted to join Brownies today as they celebrate their centenary. It is a momentous occasion and it is fantastic to see the zoo awash with yellow Brownie uniforms. Our daughter, Kate, joined the Brownies last year and loves her weekly meetings. We're delighted that she is part of such a wonderful organisation."

One of the organisation's oldest members, 93-year-old Hazel Shiel, was also thrilled to be able to join in the celebration. She has many happy memories of her time inBrownies, which she joined in 1928. "There was a great fellowship in Guiding – there still is – and that's why I never left," she said.

Helen Concannon, Chief Commissioner of the Irish Girl Guides, said: "Trying to stay relevant and in touch with each new generation of young girls can be a difficult task but it is one the Irish Girl Guides has excelled at. Tens of thousands of girls have benefited from their involvement and most have moved on to Guides (age 10.5-15) where they continue to grow and mature and are introduced to the international aspects of the Guiding movement."

Martina Fox, Chair of Brownie Branch, said: "The significance of the centenary is that we were here for girls in 1914 and, though girls' needs have developed and changed over the years, the core values they get in Guiding never changes, which is why it will definitely exist in 2114. Brownies were brilliant 100 years ago, Brownies are brilliant today and we know in 100 years' time Brownies will still be brilliant!"

The Irish Girl Guides welcomes new members from age 5, young leaders from age 15 and adult volunteers from age 18. To find out more, see <a href="https://www.irishgirlguides.ie">www.irishgirlguides.ie</a> or tel: 01 6683898.

#### Katie O'Neill Crowned Kildare Rose



Maynooth's Katie O'Neill was selected as the 2014 Kildare Rose. The Kildare Rose 2014 Gala Selection night took place at the Osprey Hotel & Spa, Naas on Saturday evening April 5th. Katie will go on to represent the county in the regional finals in Portlaoise

on the June Bank Holiday weekend. Katie is the daughter of Dermot and Helene proprietors of the well known O'Neills Bar & Steakhouse in Maynooth. We wish her well!



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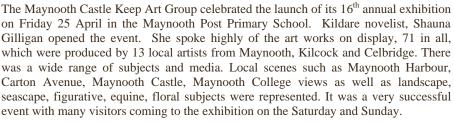
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The Group would like to thank Shauna Gilligan for her considered and thoughtful opening remarks. We also thank Mr. Tom Ashe the patron of the art group for his support over the years, Mr. Johnny Nevin Principal of the Maynooth Post Primary and the office and caretaking staff of the school. It is doubtful we would be able to celebrate what is now our 16<sup>th</sup> year without the support of the school. Thanks also to everyone who attended the opening night and to those who came to the exhibition over the weekend. It was very rewarding to see so many people taking an interest and who shared their thoughts about the art on display.













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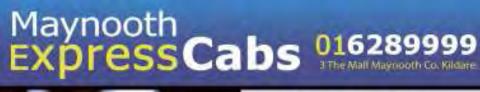
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Courses will run from September 2014 to May 2015 and take place at Adult Education Centre, First Floor, Riverforest Shopping Centre, Leixlip. For information phone 01-6246420 or email vtosleixlip@kildarevec.ie





## **Maynooth Labour News**

Cllr. John McGinley can be contacted at: - 6285293 or 087 9890645 - E mail jmcginley@eircom.net - Web: www.labour.ie/johnmcginley/

## North-South Cycle Route Corridor Study for Maynooth

As a result of Cllr. McGinley's motion the Area Engineer expects to be bringing Draft proposals for this much needed Cycle Corridor from Moyglare Hall to the Maynooth Business Campus before the Area Committee in mid May. The Area Engineer is the Project Engineer for the Scheme.

## Extensive Footpath and Cyclepath Works for Straffan Road Later This Year

Cllr. John McGinley has been pressing the Council to carry out improvements to footpaths and cyclepaths on the Straffan Road for some time. The Area Engineer has now confirmed to John that they have plans to get funding from the National Transport Authority (NTA) for extensive footpath and cyclepath works on the Straffan Road later this year.

#### Illegal Parking in Maynooth

Cllr. McGinley got the following update on his motion:

"The committee requested that a letter issue to the Naas Traffic Corps seeking increased enforcement of the red phase of traffic lights in Maynooth as drivers are increasingly ignoring the lights and are failing to stop. This letter was issued as requested. The chief superintendent has referred the matter to the superintendent in Leixlip for attention. The area engineer reports that the Gardai have been patrolling Maynooth regularly and have been issuing parking tickets."

#### Cllr. McGinley Calls for 3 Ton Limit Sign to be Reerected at Convent Lane Entrance

Cllr. McGinley has asked the Area Engineer to re-erect the missing "3 Ton Limit" sign at the Main Street/ Convent Lane junction. It is now needed more than ever with the narrowing of the roadway a the junction. The 3 ton limit sign is still in place at the other end of the Dunboyne Road at the roundabout at Carton wall.

#### Cllr. McGinley Asks the Area Engineer to Address the Problem of the Maxol Hoarding Blocking the Traffic Signals

Cllr. John McGinley has asked the Area Engineer to address the problem of the new hoarding at Maxol blocking the traffic signals for motorists coming in the Celbridge Road to the Straffan Road. It is particularly hazardous for visitors who don't know that there are traffic signals ahead. It also blocks the view of pedestrians waiting to cross at the zebra crossing.

#### Cllr. McGinley Calls for Safety Measures from Main Street into Doctors Lane

Cllr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee of the Council:

"That the council examine the feasibility of putting a footpath from the Avenue Cafe as far into Doctors Lane as possible in the interest of public safety."

John got the following reply from the Area Engineer:

"There are serious challenges on this laneway with regard to the overall width of the road corridor but the area office can examine the feasibility of a footpath of sorts."

#### Cllr. McGinley Calls for Safety Measures Improvements at the Junction at St. Mary's Church:

Cllr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee of the Council:

"That the council examine the feasibility of installing a

right turning lane at St. Mary's Church for those vehicles coming down Moyglare Road and wishing to turn right up the Kilcock Road."

John got the following reply from the Area Engineer:

"The upcoming Part 8 consultation on the North/South corridor cycle route includes for a review of this junction and this suggestion can be reviewed at that time."

The Area Engineer advised Cllr. McGinley that the first Draft of the proposals should be ready by mid May

## **Cllr. McGinley Calls for a New Fire Station for Maynooth**

Cllr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee of the Council:

"That a proper location be identified for a new Maynooth Fire Station as a matter of urgency as the existing location is highly unsuitable and the state of the existing station is very poor."

John got the following reply:

"The area office reports that the relocation of the fire station is a matter for the fire service. However, there are certain elements of the north/south corridor plan for Maynooth which may improve access for the fire service to the road network in Maynooth. The chief fire officer reports that funding for fire stations is provided by the Department of the Environment and that there is currently no budget available for fire station capital projects including the purchase of sites. The selection of a future site will require the consideration of many different factors including proximity to risks, access and egress and a location proximal to where fire fighters live. It is accepted that the current site is not suitable and that facilities need to be upgraded but, given the absence of funding, there is no short term

Cllr. McGinley rejected the reply and stated that the condition of the station defies Health & Safety regulations for the staff. John stated that everyone knows that the Fire Station is in the worst possible location and that it was a great pity that the NRA scuppered the proposed new site opposite ESSO on the Straffan Road three years ago. John proposed that the Chief Fire Officer and the NRA be invited to the next Area Meeting to discuss this serious issue. John's proposal was agreed.

#### **Update on Dublin Bus Extensions**

Derry O'Leary from Dublin Bus attended the Area Meeting on 21 March to address Councillors Ouestions.

He would not entertain the proposal from Cllrs. Griffin & McGinley that the turning point for the 66 should be over the M4 at the nursing home site entrance.

He said that there were no safety issues at the Parsons Hall location even when it was pointed that the Council only gave Planning Permission for Parsons Hall if the exit/entrance was through Ashleigh Grove.

He said that Dublin Bus don't need traffic signals at the Straffan Road/Meadowbrook Link Road junction.

In relation to the 67 extension to Moyglare Hall he stated that they would have liked to have the turning point in Moyglare Hall. However, the schools offer of a site provides a great opportunity and the sooner it is available the better as far as he is concerned.

#### Enhanced Pedestrian /Cycle Crossing on Kilcock Road From North to South NUIM Campus

This project went on public display two years ago and

was approved by Kildare County Council at the March meeting. The works comprise the provision of a 10m wide pedestrian/cycle crossing located on a 40m long raised table. There will be a plaza on the northern side similar to that at the new library. It will be fully funded by NUIM

#### Taxi Regulation Office of An Garda Siochana Attends Area Meeting

Two representatives from An Garda Siochana attended the Area Meeting on 21 March to address Councillors Ouestions.

Cllr. McGinley pointed out that the "cherry picking" by Dublin Taxis was very unfair to the two local hackney businesses as their livelihood was at stake. John further pointed out that these Dublin taxis were a serious hazard as they blocked footpaths, cycle paths and indeed the roadway when people were exiting the night clubs

The two representatives agreed to address these issues as far as they could.

#### NRA Agrees to Remove Litter from the M4 Slip Road on Straffan Road

As a result of Cllr. McGinley's motion the NRA have agreed to remove the litter from the M4 slip road.

## Safety Measures at the Straffan Road M4 Interchange

Cllr. McGinley got the following update to his Motion:

"The area engineer has written to the NRA on behalf of Kildare County Council requesting an examination of the safety issue relating to the pedestrian crossing on the eastbound down-ramp at the Straffan Road M4 Interchange. No reply has been received from the NRA as yet."

## Cllr. McGinley Calls for Safety Measures in Old Greenfield

Cllr. McGinley has submitted the following Question for the consideration of the Celbridge Area Committee of the Council:

"Can the Council erect stop signs at the junctions in Old Greenfield, Maynooth and can repairs be carried out to the footpaths where necessary?"

## **Cllr. McGinley Demands Action on Burnt out House in Old Greenfield**

Cllr. McGinley has submitted the following Question for the consideration of the Celbridge Area Committee of the Council:

" What progress has been made in getting the burnt out house in Old Greenfield demolished and the site cleared?"

## Cllr. McGinley Seeks Explanation for Delay in Taking Estates in Charge;

Cllr. McGinley has submitted the following Question for the consideration of the Celbridge Area Committee of the Council:

"What are the additional issues that have to be overcome in relation to \$180 and the Taking in Charge process now that Irish Water has come into being?"

## Cllr. McGinley Asks for Road & Footpath Repairs in Leinster Park

Cllr. McGinley has submitted the following Motion for the consideration of the Celbridge Area Committee of the Council:

"That the road surface and footpaths in Leinster Park, Maynooth, be brought up to an acceptable standard now that the estate has been taken in charge."

(Continued on page 25)

(Continued from page 24)

#### Cllr. McGinley Calls for Safety Measures at Laurence Avenue/Celbridge Road Junction

Cllr. McGinley has submitted the following Motion for the consideration of the Celbridge Area Committee of the Council:

"That safety improvements be carried out to the Laurence Avenue/Celbridge Road junction in order to make it less dangerous for traffic exiting from Laurence

#### Cllr. McGinley Calls for Improved Public Lighting at Straffan Road/Celbridge Road Junction

Cllr. McGinley has submitted the following Motion for the consideration of the Celbridge Area Committee of the Council:

"That the public lighting at the Straffan Road/Celbridge Road junction in Maynooth be improved in order to compensate for the closure of Maxol and their floodlights.

> Web: www.labour.ie/johnmcginley/ John is also on Facebook

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#### Jobs Boost for Leixlip Welcomed Intel Announcement is 'Fantastic News' for Leixlip and Kildare

Catherine Murphy, Independent TD for Kildare North, today warmly welcomed the announcement that Intel is expanding its operations in Leixlip significantly.

"There has been widespread anticipation of this announcement – Leixlip is my hometown, and nobody in the vicinity could have failed to notice the premiums being placed on housing rental prices and indeed car parking. The influx of construction workers over the last couple of years has been more than evident and it is fantastic news today that the anticipation was well founded."

"Both Leixlip itself and Kildare, as a County, will benefit immensely from this major boost which puts Leixlip at the centre of the technology industry. The creation of these jobs will be a tremendous stimulus to the local economy and the knock-on effects will benefit business throughout the county."

"The fact that Intel continue to invest in Leixlip is testament to the quality of the locality and the local infrastructure."

## Garda Code of Conduct Was Never Enforced

Independent TD Catherine Murphy today drew attention to the Code of Conduct relating to Data Protection within An Garda Síochána, which although drafted and published on their website, was never formally enacted by the Minister for Justice or his predecessor.

The Code was agreed between the Data Protection Commissioner Billy Hawkes and the then Garda Commissioner, Noel Conroy. However, for the Code to be legally enforceable, according to section 13(3)(i) of the 1988 Data Protection Act, it must be laid before the Dáil and despite the apparently lengthy and detailed process in creating and publishing the code, it appears it was never laid. I have conducted extensive searches through the annals of Dáil Éireann —with the assistance of the Oireachtas Library & Research Service and can find no evidence of it ever having being laid. This effectively renders the code a soft guideline as opposed to one that carries the weight of full and proper sanctions.

"We have to ask why both this Minister for Justice and his predecessor never laid this document before the Dáil. Surely a Code of Conduct relating to such a vital matter as Data Protection should have been given priority in order to avoid the type of situation we now find ourselves in. Not only that, but the time, effort, and, I must assume, financial costs that went into the drafting and publishing of this code seem to have been wasted given that it has a limited legal basis."

"It would appear that the Data Protection
Commissioner made repeated efforts to secure
compliance but to no avail. There is also the concern
that there are other records out there, in various
formats, that are also not in compliance – what about
these? We are potentially looking at a tsunami of noncompliant records coming to light and the subsequent
chaos that this could cause to our legal system."

## Housing Needs Report Highlights the Need for Strategic Thinking

Commenting on today's report from the Housing Agency, which projects that a minimum of 80,000 new

units will have to be built to support the population over the next 5 years, Independent TD for Kildare North, Catherine Murphy, drew attention to the plight of commuter and satellite towns.

"When people hear 'urban need' they tend to think of the main city centres but consider areas like North Kildare where 2 big projects are underway – Intel in Leixlip and the Kerry Group in Naas. The area is under enormous pressure to sustain a huge population increase that continues to rise. Rental costs have soared and this is pushing many families into homelessness. Kildare is the fourth most populated County in Ireland; more populated than Limerick City and County but it doesn't have a City. Similar arguments exist for areas like Meath and parts of Wicklow."

"The housing waiting list in Kildare County Council is amongst the highest in the country, further adding to the pressure on rental prices and demand for new builds. Recent reports on the Government's new 'Construction 20/20' strategy have concerned me. It appears that in the rush to start building again, we are neglecting to take note of the lessons from the past. We need to look at strategic ways of increasing the housing provision that won't leave us battling another legacy of poor planning practices. We have got to focus on balancing regional development and housing must be considered in this context. Services and infrastructure must accompany housing development to ensure we create sustainable, functioning, communities that work long-term."

"Let's start looking at completing the unfinished estates; let's begin building the second and third phases of many half -finished developments, let's draw down funds from the Strategic Investment Fund to allow Housing Associations to begin building thereby alleviating the housing crisis whilst simultaneously creating construction jobs."

#### Minister's Assertion Regarding Housing Crisis is Misleading

Independent TD Catherine Murphy today challenged Finance Minister Michael Noonan's assertion that NAMA holds the key to the housing shortage. The Minister recently claimed that NAMA is likely to be the answer to the housing shortage and that it will be used as a form of development agency in order to produce up to 25,000 homes over the next five years.

"Putting all our eggs into one basket is a recipe for disaster. While it is true that NAMA may be in a position to provide some housing units in some very specific locations, it is not the case that these units will magically fix the current crisis we have in housing and to suggest otherwise is to mislead people. This solution to this crisis must be strategic, multi-agency and targeted. We need to address this crisis in various ways including new building developments for social housing, making funding- which can be leveraged from non-national sources including the European Investment Bank- available to housing associations, strengthening legislation in relation to the private rental sector in this country in order make long-term renting a more attractive option and we need the banks to start lending again to those people who can sustain a mortgage. I encounter people on a regular basis who are paying more in rent than they would on a mortgage but they just cannot secure a mortgage from the banks" "Housing is not just a bricks and mortar issue- we have to look at building communities that are sustainable, not just throwing houses up wherever land is available. We have to stop viewing housing as a commodity rather than an integral part of a functioning

society."

#### **Allow Ballot Papers to Reflect Reality**

Independent TD Catherine Murphy used her contribution in today's Dáil debate on the Electoral (Amendment) No 2 Bill to call on the Minister to allow for the inclusion of the word 'Independent' on the ballot paper.

Under current legislation, an Independent candidate is not allowed to use the word Independent –instead he or she is forced to have the term 'Non-Party' on the ballot paper or else choose to leave it blank, neither of which is ideal according to Deputy Murphy.

"The ballot paper should reflect the reality of the candidate's standing. Imagine for example, a party candidate not being allowed to have the name of their party included on the ballot paper – it would be unfair and misleading, the same is true for Independent Candidates. Candidates are under extreme pressure to ensure that the information they include on the ballot paper is accurate and factual yet they are not allowed to include one of the most important facts about themselves – namely that they are an Independent candidate."

"Given that only 2% of the population are registered members of a political party, and considering the fact that our constitution makes absolutely no reference to party politics, it seems grossly unfair that a person who makes the choice to run as an Independent candidate cannot include the word Independent – a true and accurate reflection of their candidature – on the ballot paper. I would call on the Minister to rectify this unfair practice and I have tabled an amendment to the Bill which would allow for this change to be effected."Minister's Presentation of Social Welfare Figures Misrepresents the Reality

Responding to figures released from the Department of Social Welfare today which claim to have identified savings of €32 million in 2013 as a result of social welfare reviews, Independent TD for Kildare North, Catherine Murphy cautioned people not to assume that the bulk of these savings were as a result of fraud detection

According to Deputy Murphy, the figures are being presented in such a way as to lead people to believe that there is widespread fraud within the Social Welfare system and this is simply not the case.

"I would be as in favour as anyone of ensuring that where fraud does exist within the system it is detected and stopped immediately however in reality, very little of these savings will have come from fraud detections yet the Minister insists on giving the impression that the inspections uncovered widespread fraud. Instead you will find that many of these cases were denied payment for a specific period of time because the Department implemented harsh criteria which would have resulted in people losing their payment for a period of time. Many of these payments would have been reinstated on foot of an appeal and in the meantime a huge amount of both administrative time and resources are wasted."

"Yet again the language of government is intended to mislead and confuse. The Government chooses to present these figures in a way that is less than an honest reflection of the reality behind the figures in order to suit their message. It is vital that people understand the way in which language is being manipulated by this Government so that they look beyond the headline and actually scrutinise the claims being made by various Government Departments."

#### **Clues Across**

#### May 2014 Crossword - No: 424

#### **Clues Down**

- 3. Wealthy (8)
- 9. Terminate at a premature stage (5)
- 10. Supplement (3)
- 11. Policeman (3)
- 12. Kill (11)
- 14. Simpleton (5)
- 16. Dull sound (4)
- 17. Slides (5)
- 19. Republic in W Europe (6)
- 20. Part of verb to do (3)
- 22. Sloping letter (6)
- 23. Seashore (5)
- 25. Manager (4)
- 26. Theme (5)
- 28. Beneath the ground (11)
- 30. Tool for making holes in leather (3)
- 31. Involuntary muscular contraction (3)
- 32. Piles (5)
- 33. Knockout punch (8)

| 1  |    |    | 2 |    | 3  | 4  | 5  |    | 6  |    | 7  |    | 8  |
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- 1. Infatuated (4)
- 2. Dispersal (7)
- 4. Extremely hungry (8)
- 5. Reptile (6)
- 6. Peculiar (9)
- 7. Lukewarm (5)
- 8. Fatigued (5)
- 13. Short dagger (8)
- 15. Resolution (8)
- 18. With skill (9)
- 21. Depict in words (8)
- 24. Tenth month of the year (7)
- 25. Indian religious leader (6)
- 26. Castle water pits (5)
- 27. Instruct (5)
- 29. Flat circular plate (4)

Winner of Crossword No. 423 April

#### Sarah Thompson Parson's Hall Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

Collect prize from

The Maynooth Bookshop 68 Main Street, Maynooth

#### Special Prize Book Voucher

Give yourself the luxury of browsing, and choosing the book/books which take your fancy from the wide selection available in the store of our sponsor

The Maynooth Bookshop Main Street, Maynooth

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#### Answers to Crossword 423

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Difficult

## Sudoku Challenge May 2014

Address:



Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to Maynooth Newsletter Unit 5 Tesco S/C Maynooth.

Entries must arrive before: 20th May 2014 Collect prize from Newsletter Office



| Name:    | <br>- |
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#### Super Difficult

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#### Congratulations to April Winner:

Mark O'Mahoney Castlepark Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

## Maynooth Fianna Fáil Notes

Contact Details - e-mail: naoiseocearuil@gmail.com

#### VOTE NAOISE Ó CEARÚIL NUMBER 1 ON THE 23RD OF MAY

## AMBULANCE SHORTFALL FOR NORTH KILDARE

Naoise has been contacted by numerous members of the Dublin Fire Service and Ambulance and Kildare Ambulance Service.

"I have been informed that even though the ambulance problem may seem like a Dublin problem, it is a severe problem for Kildare also. This is mostly due to the lack of staff in Dublin and that ambulances from Maynooth and the North Kildare Area will be stationed for the most part in Dublin due to the shortcomings in service to the city stripping north Kildare of services.

Many people are aware of the lack of an ambulance service in Maynooth on Thursdays but the issue is far greater than this. Ambulances are regularly taken away from Kildare to cover staff shortages.

With these further revelations coming to light, I am shocked and angered that the people of Kildare may suffer due to the shortfall in funding and staff in Dublin."

#### Ó Cearúil hosts Meeting for Local Businesses

Last Wednesday, local election candidate Naoise 6 Cearúil (FF) hosted a meeting for local businesses. The meeting was held in the Glenroyal Hotel and was attended by over 30 Businesses from Maynooth and the surrounding areas.

Dara Calleary T.D, Fianna Fáil Spokeperson on Jobs addressed the meeting on supports and grants available to local businesses. He stated that the Government was not doing enough to protect small to medium enterprises and that they were finding it tough at the moment.

Naoise ó Cearúil then spoke on his ambitions for local businesses if elected to Kildare County Council. He stated that "It is Local Businesses that are supplying jobs in these tough times. The only way for our local economy to improve is by ensuring the success of local employers". He also stated that he will lobby for more site visits from Enterprise Ireland and the IDA if elected.

Speaking at the meeting, Declan Kennedy from Brady's Clockhouse, said that "The rates are killing business in the town centre. It's far more profitable to set up in a business campus where rates are cheaper and there is an abundance of parking", he continued, "If things don't improve we will end up with a town centre devoid of small shops"

Rob Kennedy from the Avenue Restaurant highlighted the issue with the new upgrade at the entrance to Carton Avenue. He said "As Naoise has highlighted, the curb comes out too far. It is impractical for drivers of all vehicles, small and large. There was an accident within a week of the project completion. It has also added to the traffic problems."

Other issues brought up were Pay Parking in Maynooth, Traffic Congestion and Litter. In his closing remarks Deputy Calleary said, "You have an excellent candidate in Naoise, he will advocate on your behalf and will ensure that businesses in the town are listened to and consulted. I'm asking you to give Naoise your support for the next 6 weeks and you will have his for the next 5 years, that sounds like a good deal to me."

#### Ó Cearúil Launches Shop Local Saturday

On Saturday the 19th of April people are encouraged to shop in their local stores to give a boost to the local

economy. This is an Ógra Fianna Fáil initiative, Naoise is a committee member and organiser of the event.

Ó Cearúil stated, "We all know that our local shops are at the heart of our communities and we must ensure their success as a community. I would encourage everybody to try their best on Saturdays to do most of their shopping in local businesses. This might be your local butcher, baker or clothes shop."

#### Blind Bend between Beaufields and Woodlands

There is major concern over the crossing between Beaufields and Woodlands in Newtown.

The fence surrounding Beaufields creates a blind spot for pedestrians and is a hazard.

I noticed that the council have placed a red box on the road in an attempt to address the problem.

Naoise is looking to have the fencing and hedging surrounding Beaufields moved back to address the problem.

#### Issues with Moyglare Hall Estate

Residents of Moygalre Hall have been in contact with Naoise regarding proposed planning in the estate. Naoise has been advising and assisting the residents in finding an appropriate solution to the issue.

#### News for Older members of our community

I have been helping older people in applying for the "Warmer Home Scheme" which is available from the SEAI. This scheme assesses the home and insulates it to ensure that it is not losing heat. This covers attic insulation, window and door upgrades.

There is also the "Mobility Aid Grant" from the County Council which covers hand rails in the house and also a low level showers

If you or anybody you know needs help in applying for these please get in contact.

#### Footpath on Celbridge Road

Naoise has been lobbying for a footpath on the Celbridge road on the Educate together side. This footpath is badly needed for children and parents going to and from the school.

## CONSTITUENCY OFFICE OPENS ON 1ST OF MAY

Naoise Ó Cearúil has opened the doors of his local constituency office. The office is open to all members of the public who would like help or advice. The office will also act as Headquarters for the Local Elections. If you would like to help with the campaign please come along at any time.

The office is located behind the Permanent TSB, in the former premises of the Creative Arts Centre.

Feel free to pop in and say hello!

#### Register to Vote

You still have until the 6th of May to Register to Vote. You can find the supplementary register on www.checktheregister.ie This form must then be signed by a member of an Garda Síochána before being sent to Áras Chill Dara.

If you need a form, please get in contact with me.

#### A Message from Naoise

Dear Neighbour,

As many of you are aware we are fast approaching the Local Elections on the 23rd of May. I am standing for these elections because I know I can make a positive difference to our town.

I have been active in the community for many years and am proud of my achievements in helping people

with their issues.

I have been born and raised in Maynooth and we need a local voice in Kildare County Council. We also need a young voice to bring new ideas and a new approach to the table

If elected to the Council I will work my hardest on your behalf and I will continue to be available whenever and if ever you need my assistance.

Maynooth is the finest town in Ireland and together we can make it an even better place to live, learn and raise a family.

You have my commitment that I will always be there for you if you need me and I am asking for your support and your number 1 vote on the 23rd of May.

Vote for a Local Candidate, Vote for a New Candidate, Vote for YOUR Candidate, Vote for, Naoise Ó Cearúil

## Maynooth Golf Society

Results Sheet 2014 Trim Golf Club Date 12/04/2014 John Tiernan Cup Sponsored by Euro Farm Food

| ~ F                |                  |          |  |  |  |  |  |
|--------------------|------------------|----------|--|--|--|--|--|
| 1st Prize          | Terry Moore      | 40pts    |  |  |  |  |  |
| 2nd Prize          | Danny Finan      | 40pts    |  |  |  |  |  |
| 3rd Prize          | Brian Shiels     | 39pts B9 |  |  |  |  |  |
| 4th Prize          | John Carroll     | 39pts    |  |  |  |  |  |
| 5th Prize          | Barry Desmond    | 37pts B9 |  |  |  |  |  |
| 6th Prize          | William Farrelly | 37pts B9 |  |  |  |  |  |
| 7th Prize          | Mick Fahey       | 37pts    |  |  |  |  |  |
| Front 9            | Joe Moore        | 19pts    |  |  |  |  |  |
| Back 9             | John Thompson    | 22pts    |  |  |  |  |  |
| Nearest<br>the Pin | Danny Finan      |          |  |  |  |  |  |
| 2's                | Danny Finan      |          |  |  |  |  |  |

Maynooth Golf Society's second outing of the 2014 was played at Trim Golf Club. 41 members competed for the John Tiernan Cup in good April weather. Scoring was high, as there was finally a run on the ball although winter placing was still being played.

First prize with a score of 41 points was presented to Terry Moore, outscoring all of the younger golfers in the society with a fine display course management. Second place was Danny Finan with a score of 40 points. Danny also collected 2 other prizes on the day, nearest the pin and the 2's Club. Third place was with a score of 39 points was new member Brian Shiels. All other prize winners are listed on the results sheet.

The prizes were presented to all winners in McMahons Bar. The new incoming Captain Gerry McTernan presented the prizes to all of the lucky winners. The sponsor Euro Farm Foods were thanked for their sponsorship of the John Tiernan Cup. He also thanked McMahons Bar who provided a wonderful array of finger food to all who attended the prize giving.

Our next outing is to Portarlington Golf Club on Saturday 10th May (Eddie Kavanagh Cup).

#### A BRIEF HISTORY

Peter Nevin - Maynooth Local History Group

#### ST MARY'S ROMAN CATHOLIC CHURCH

St. Mary's was dedicated on the 14th of June 1840. It was a great occasion with 2000 people reported to have attended despite a seating capacity of 600. Many more thronged the streets as the celebrated Apostle of Temperance – Fr. Theobald Matthew, who preached at the ceremony, arrived at the market place near the Courthouse. The Archbishop of Dublin Daniel Murray presided at the dedication and the Parish Priest at the time Fr. John Cainen who was instrumental in having the Church built, led the ceremony.

The Church was the third to be built since the Reformation and succeeded a Church in Pound Street, currently housing St. Mary's Brass and Reed Band. The first was constructed in the area of Leinster cottages, long since demolished, but distant memories of some more senior residents remember stories of a cemetery in the area.

The new Church was a major enlargement to cater for Maynooth's increasing population in response to developments in the early 19th century. The Royal Canal had started operations, a new bridge over the Lyreen (William's Bridge) facilitated traffic and enterprise, including new milling and brewing operations, St Patrick's College was flourishing and Carton estates demanded a lot of labour.

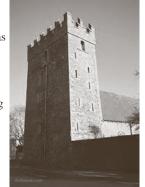
St. Mary's appearance in 1840, which was described as "purely Gothic" must have looked somewhat dull. It was 22 years later that the façade was enhanced with the addition of cut stone and bell tower (as seen today) on the design and supervision JJ McCarthy, one of Irelands most celebrated architects of the 19th century. His other designs in Maynooth included the College Chapel and spire and the senior infirmary.

Further additions and improvements include the following;

- Austrian Oak Altar was installed by Canon O'Rourke P.P., who succeeded John Cainen. in 1869
- Canon O'Rourke was also responsible for the installation of a full piped organ (15 stops) in 1882. The Nettlefold family overhauled this massive instrument in the early 20th century. Sadly to state, this organ was removed in favour on an electric instrument in the 1950's
- Canon Hunt P.P succeeded O'Rourke in 1887 and during his period as Parish Priest, had side Altars added in similar style to the main Altar and mahogany altar rails
- The stained glass window over the south transept was installed 1940 on the occasion of the centenary and translates as follow"To our Lord Jesus Christ, Eucharistic King,

The Clergy and People of Maynooth with grateful hearts presented (this window) on the occasion of the 100th year since the blessing of the Parish Church". Dated 18th July 1940

In recent years the Church has been weather sealed and redecorated with the one of the finer additions being the Celtic styled impressions of the four Evangelists, on the centre ceiling.



#### ST. MARY'S CHURCH OF IRELAND

The historic Church of St. Mary's, nestled opposite the ruins of Fitzgerald castle of Maynooth, has undergone many changes since it was originally built as a private chapel for the Fitzgerald family during the Norman times.

As centuries passed, it fell into ruins during times of political upheaval and was restored during times of prosperity. As a result, today's Church is a mosaic pieced together from earlier structures, both sacred and secular.

After the Norman invasion, the ancestors of the Kildare Geraldines built a great castle on their manor in Maynooth, and in 1248 the Fitzgerald baron was licensed to maintain a Chaplain for his castle. The tower now standing at the west belongs to the 15th century, and the back wall of the church wall represents the last fragment of the medieval curtain-wall which surrounded the castle keep.

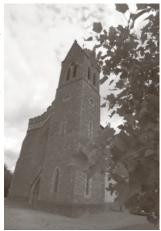
In 1521, Garret Og, the 9th Earl of Kildare, incorporated the castle chapel into a Chancery and College of St. Mary's. When the castle was captured during the rebellion of Silken Thomas, the land belonging to the Fitzgeralds was forfeited to the Crown and for a brief period the College became known as "King's College of Maynooth" before being dissolved in 1538, like all other religious houses under King Henry the VIII.

The present building stood in ruins until 1632 when it was restored as an Anglican Chapel for the 16th Earl of Kildare. However, upon his death in 1656, the castle itself was abandoned and fell into yet another state of decay.

With the return of the Fitzgerald family to Maynooth in the 18th century, the 1st Duke of Leinster restored and extended the castle and Chapel in 1770 and donated it as a replacement for the ruined Church of Ireland in Laraghbryan (the unusual wooden east window of St. Mary's was taken from that Church in Laraghbryan. At the same time, the remnants of the Fitzgerald council chambers were demolished and the medieval stone carvings over the windows were restored and incorporated into the present day Church).

Two further restorations in 1828 and 1859 of what is now the Parish Church of St. Mary's Maynooth is a testimony of the Dukes of Leinster. Between 1821 and 1875, the old tower was used as a mausoleum for the Fitzgerald family. The coffins of the 3rd Duke of Leinster and seven relatives, along with Rev. Blacker, are still housed in the tower.

The last restoration occurred from 1993-1998, and its present state of simplicity is due to the time, efforts and fundraising activities of the Church's parishioners and serves now as a place of worship, prayer and praise.



#### Maynooth Students Cycle for Charity raise over €00,000 for Prader Willi Syndrome

250 Cyclists and another 100 volunteers departed NUI Maynooth's Student Union at dawn on the morning of Friday 28 March to cycle the 400km round trip from Maynooth to Galway, raising much needed funds for the Prader Willi Syndrome Association of Ireland.

The group, Maynooth Students for Charity, are taking part in the annual Galway Cycle for the 27th time. The event has raised in excess of 1 million euro for good causes such as Jack and Jill Children's Foundation, Headstrong and Cystic Fibrosis Association of Ireland.



This year's cycle has already raised €10,000 is in aid of Prader Willi Syndrome Association of Ireland. Prader Willi Syndrome is a rare genetic disorder that affects approximately 100 people in Ireland. It is characterised by a chronic feeling of hunger, low muscle tone and delayed development amongst infants and children. In fact it is so rare that parents often need to educate doctors and other medical professionals about it.

There is a distinct lack of appropriate information available to both parents and medical professionals and the Galway Cycle is hoping to raise greater awareness of the condition, funding information packs for new parents and all those who work with people with Prader Willi. PWSAI was established and is run by the parents and families of people with Prader Willi Syndrome on a voluntary basis.

#### PEOPLE BEFORE PROFIT ALLIANCE LOCAL NEWS

Tel: 0860878114 - Email: northkildarepbp@gmail.com - Facebook: facebook.com/martingrehanpbpa Twitter: @MGrehanPBP2014 - Wordpress: martingrehan.wordpress.com

#### VOTE #1 – MARTIN GREHAN – ELECTION MANIFESTO

The local elections are fast approaching and with that in mind we have included our election manifesto in its entirety below. You have until May 9<sup>th</sup> to register and all residents of Ireland (permanent or temporary) , regardless of nationality are eligible to vote in local elections. Forms are available from the Post Office, Library, Citizens Info Centre and the Garda Station.

#### My Pledge if elected:

- I will not participate in the junket culture of Kildare County Council.
- I will not vote for Council Budgets that include cuts or stealth taxes and I will refuse to do any deals with right-wing or proausterity parties.
- I will oppose any motions that would see the privatisation of council services or the outsourcing of council jobs.
- I will never claim a salary above the average industrial wage while an elected representative.

#### **About The Candidate:**

Martin is a lifelong resident of North Kildare. He has worked tirelessly on many issues including:

- Campaigning against cuts to our local ambulance service.
- Helping to defeat the introduction of the Household Charge and fighting the introduction of property and water taxes.
- Supporting the Maynooth Schools Group Campaign.
- NUI Maynooth Martin has long been involved in student campaigns in NUI Maynooth opposing fees. People Before Profit are in favour of equality of access to all levels of education and believe in funding education through progressive taxation.
- Donadea Forest Martin was a part of the campaign that successfully prevented the sale of Donadea Forest. People Before Profit oppose the privatisation of our natural resources.

#### SAVE OUR AMBULANCE!

Since September 2012, no emergency ambulance has operated from the Maynooth ambulance base on a Thursday between the hours of 7am and 7pm. In March of this year, the Irish Times highlighted the death of Wayne McQuillan in Drogheda. Wayne died after waiting 40 minutes for an ambulance to arrive from Ardee. An ambulance in the locality was not available. How long before this occurs in our community?

- Martin, along with others, instigated a campaign 18 months ago to restore our ambulance service. The campaign has to date collected 2,500 signatures in opposition to the cuts.
- We are stepping up the pressure in the runup to the local elections, under the tagline: "Austerity Kills - Save Our Ambulance"?.
- Picketing every Thursday to highlight the issue, look out for us in around the county!
- We held a very successful protest in Maynooth on Saturday April 5th.

Martin, if elected, pledges to use his mandate to make the restoration of the ambulance service on Thursdays his number one priority.

#### NO TO WATER CHARGES

consultants' fees.

From January 2015, the government wants you to pay around €300 per year for water, when you already pay for water through general taxation.

Our demands:

- Abolish Irish Water, saving hundreds of millions on the installation of meters and
- Invest in fixing leaking pipes, 28% of water is lost in Kildare every year.
- Invest in proper water conservation methods, like retrofitting of dual flushes, grey-water systems and water butts.

Proper investment in conservation of water will save us money, aid long-term economic growth, and protect the environment. People Before Profit will support a campaign of popular resistance to water charges.

#### LOCAL & NATIONAL HOUSING CRISIS

Due to increased student numbers in NUI Maynooth and the expansion at Intel, North Kildare is in the midst of its own housing crisis. Like in Dublin, rents are rising dramatically, accommodation shortages persist, thousands are in mortgage distress, and over 5,000 people are on the social housing list in Kildare.

#### We demand:

- Increase rent allowance caps and introduce rent controls. These are common in many EU countries, including Germany.
- An emergency programme to build desperately needed social housing. NUI Maynooth must also invest in providing affordable accommodation to students.
- Write down mortgages for those in genuine distress.

Martin has started an online initiative to draw attention to the local housing crisis. Visit therentistoodamnhighmaynooth.wordpress.com to keep up-to-date.

#### MAYNOOTH SCHOOLS ISSUE

Martin fully supports the Maynooth Schools Group's "One Community – One School" Campaign. We oppose Ruairi

Quinn and the Dept. of Education's plan to have two separate schools built on the same Moyglare Road site.

#### Our stance on this issue:

- The proposed new post-primary school buildings on the Moyglare Road should be one school, a Junior/Senior model with one identity and one management structure. No distinctions should be made between children attending post-primary in Maynooth.
- Provision for education through Irish (up to Leaving Cert) must be included in this one school.
- Recent developments suggest that delays to the proposed planning permission may mean it is 2017 before the new buildings open. This is unacceptable. Maynooth Post-Primary's current condition makes it unsuitable for the expected increase in student numbers over the next few years.

It is clear the vast majority of the community supports "One Community – One School", with 500 parents attending a

public meeting on this issue some months back. It is important that pressure on the Dept. of Education is maintained, through the medium of popular resistance, to ensure that the aims of the campaign are fulfilled.

#### WHY ARE WE PAYING PROPERTY TAX?

If you paid Local Property Tax (LPT) you might be wondering exactly what it is you're paying for:

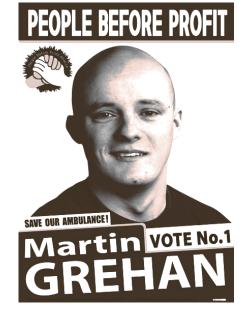
- Fine Gael & Labour told us that the LPT would go into funding local services, administered by Kildare County Council (KCC). This has not happened. In fact the first tranche of the LPT has gone into the setting up of Irish Water.
- There are numerous unfinished or poorly maintained estates across North Kildare. Issues affecting these estates include lighting failures, pyrite, sewage and other utility issues, and lack of maintenance of communal areas.
- Public roads are in appalling states of disrepair across North Kildare.

#### Solutions:

- Abolish the Property Tax. It's not paying for local services - that's what general taxation is for.
- KCC must take responsibility for all estates where developers are bankrupt or not maintaining the estate.
- Investment in proactive road repairs. KCC's policy of emergency repairs only is completely inadequate.

#### HELP NEEDED

As the election approaches we are putting in a huge effort to try get Martin elected. If you agree broadly with our policies and would like to help out please get in touch. We don't ask for any sort of commitment, just as much time and effort as you can give. Help you could give is to take a dozen leaflets for family and friends, or agree to leaflet your road or estate, or get involved with canvassing if you feel comfortable doing so. Call Martin on 0860878114 if you want to help out.



## **Maynooth Sinn Fein Notes**

Contact Details - e-mail: readacronin@hotmail.com

A Chairde,

I am Réada Cronin and I am delighted to introduce myself as the Sinn Féin candidate for the Maynooth Local Electoral Area in the upcoming Local Elections for Kildare County Council on Friday 23rd May. After the last General Election, and knowing the promised political revolution would be a failure, I knew I had to become politically active myself to try to force real and meaningful change. As an egalitarian republican committed to social justice, Sinn Féin was always the only party for me. The aspirational values of the 1916 proclamation, a document well ahead of its time, are as compelling and necessary to achieve today as they ever were.

Kildare County Council has for too long been run by the three establishment parties and it's time for a fresh voice and a bit of common sense to cut through some of the nonsense and the "vanity projects" in which they indulge. We all want our communities and local areas to look well and be maintained properly, and a big "bualadh bos" for Maynooth Tidy Town's and their sterling work here, but some recent projects are akin to getting a new and expensive carpet for the sitting room while your kitchen presses are bare and you can't afford to bring your elderly parents or sick children to the doctor. There is no doubt that we won't get change without changing the way we vote and that's why I'm asking you to vote for me on Friday 23rd May.

## RESIDENTS' ASSOCIATIONS AND PROPERTY TAX

During the course of canvassing estates in Maynooth for the forthcoming Local Elections on 23rd May I was invited by some residents to sit in on their Residents' Association meeting as an observer and to listen to their concerns. I gladly attended, and will do so at any other Residents' Association meeting at their request. I heard how difficult the Residents' Associations are finding it to get cash-strapped residents to pay subscriptions towards the up-keep of their estates whilst also paying a Property Tax and Household Tax on their family home.

One resident on a road within the estate told me that Kildare County Council has refused to take his street into its charge. Residents of this road are forced to negotiate disintegrating footpaths and replace street lighting out of their own pockets while Kildare County Council cites unfinished business with the original builder. They are still required, indeed bullied, into paying Property Taxes for services they do not receive.

How many times have we heard the Minister for the Environment, Community and Local Government, Phil Hogan promise that Household and Property Taxes would be "ring-fenced" for local areas?. It has since transpired that funds were redirected to establish Irish Water, and helped pay for the installation of those shiny new water-meters outside your home.

On this subject, while I've been canvassing around Maynooth I've lost count of the amount of people who are angry that their footpaths are broken, their estates are in a general state of disrepair and the money that was meant to cover local services and supposedly improve their local areas has instead been confiscated to dig up their footpaths for water meters to allow the implementation of domestic water metering and charging of water.

With local councils having the power to increase or reduce the local Property Tax by plus or minus 15% I promise, that if elected, I will vote for the

reduction. I will also, in accordance with Sinn Féin party policy, seek to abolish this unfair tax when in government. If government is serious about reducing the tax burden on ordinary families they should scrap this unfair tax and the impending Water Tax.

#### MAYNOOTH AMBULANCE PROTEST

Don't get sick on Thursdays!

Due to austerity cut-backs, there is no ambulance service on Thursdays from the Maynooth Ambulance base between 7a.m and 7p.m. On 6th April I, along with other local activists held a protest in Maynooth Square to highlight this potentially disastrous situation. We instigated this campaign group to restore this vital ambulance service.

Following on from the recent Prime Time Special investigative programme, Minister for Health Dr James Reilly was questioned in the Oireachtas. Minister Reilly refused to acknowledge the grief of the families who have already lost loved ones as a result of delays in the emergency ambulances around the country. He even went so far as to say he's improving the service. Although how, in the name of God, cutting ambulance hours can improve the service remains unanswered. "More with Less", how are you!.

As a doctor James Reilly really ought to know that if hospitals are the heart of our health system, then the ambulance personnel and the service they deliver are its arteries. Their pay has been cut and their work load has been increased with many of these highly-trained professionals working longer hours under much more stressful conditions. As a result of the cut backs most ambulance personnel are driving increased mileage that could possibly be deemed illegal were they working in the haulage industry.

You may have noticed "Austerity Kills - Save Our Ambulance" posters in and around Maynooth. I am aware that the presence of these posters may be an affront to the eyes of some people, drawing attention as they do to an inconvenient truth. During the course of my activism on this issue I had the privilege of meeting a brave fire officer. This fire officer was on duty on the night of the horrific Stardust fire in Artane in Dublin, in 1981. He recalled that it was a very quiet night on duty that evening, when suddenly all hell broke loose. The rest unfortunately, is an indelible part of our history. This is the very basis of our emergency services. We won't know when we, or our loved ones might need an ambulance but when we do, time is usually of the essence. Please be aware that I will vigorously continue to highlight this issue until the service is restored.

If you have had any incidents with ambulance delays on a Thursday or any other day, please contact the email below or feel free to use any of my contact details.

Please stay in touch with the campaign at <a href="mailto:facebook.com/StopTheNorthKildareAmbulanceCuts">facebook.com/StopTheNorthKildareAmbulanceCuts</a> or by email at <a href="mailto:stopthenkambulancecuts@gmail.com">stopthenkambulancecuts@gmail.com</a>

If you would like to become politically active in our community feel free to contact me, Réada Cronin, using any of the contact details at the top of the page.

Consider joining a party that recognises that our lives and our community are not scribbles in the margins of an economist's balance sheet or a sideshow in some spin doctor's deception. Consider joining Sinn Féin.



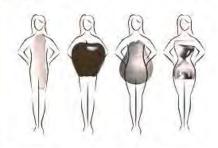
#### ASK SHARON THE STYLIST!!

"Confidence is sexy!
I'm comfortable with
my body and not
afraid to show it off."
Sofia Vergara —
American Actress

Question: "How do I know what body shape I

FACT: Just like our personalities we are all unique in body shape! Here are just some terms to describe a woman's body shape and size and to make it easier I have some pictures to show you. As you can see it is all about proportions and the trick is to balance out the top half of our bodies with the bottom half which is very easy to do with different styles of clothing once you know which type you are.

Bananas, Apple, Pear and Hourglass are the four main types!



Banana Shape: A banana shaped would be slim, slender, and have great arms and legs.

Apple Shape: Women with this body shape would have larger-looking abdomen and chest areas, but are blessed with long legs.

Pear Shape: The main identifiers of a pear-shaped body are larger lower bodies and smaller upper bodies.

Hourglass Shape: Would have well-proportioned upper and lower bodies of same size, which is further complemented with a distinctively narrow waist.

For more information or to arrange an appointment call Sharon @ 087 9962459/ Office 01 6016295

Services included in Individual Style/Image Consultation:

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- Colour Analysis
- Body Shapes
- Make-up Lesson
- Wardrobe Management!
- Personal Shopping!
- Glamour Girls Night In
- Group Nights in and Hen Parties!

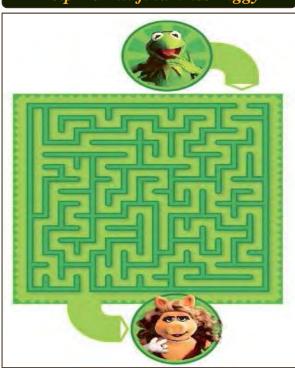
#### GIFT VOUCHERS AVAILABLE!

Email: sharon@ministepsgrooming.com www.ministepsstyling.com FB @ ministepsstyling.com



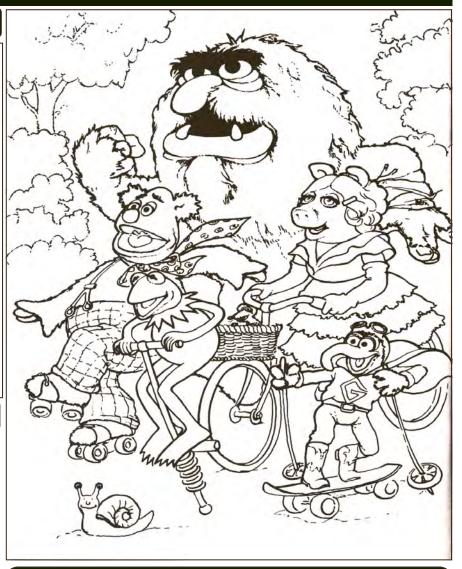
# **McDonald's Maynooth Proud Sponsor of the Colouring Competition**

#### Help Kermit find Miss Piggy



#### Can you solve our Word Search Puzzle?

| 0 | M | D | L | R | G | N | S | W | M | M | 0 | F | W | MUPPETS              |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|----------------------|
| S | С | L | 1 | F | F | 0 | R | D | U | Ι | R | R | R | JIM HENSON<br>KERMIT |
| С | D | 0 | 0 | ı | W | I | s | L | P | s | G | 0 | E | MISS PIGGY           |
| Α | R | Y | K | Ε | R | M | ı | T | P | s | W | D | T | GONZO                |
| R | ı | Z | Z | 0 | 0 | 0 | F | Ε | Е | P | Α | В | 0 | PEPE<br>RIZZO        |
| s | В | I | M | G | 0 | N | Z | 0 | T | ı | L | 0 | 0 | ROWLF                |
| Ε | G | С | s | K | W | E | s | R | s | G | D | В | С | BEAKER<br>SCOOTER    |
| А | ı | Z | 0 | Α | R | T | ı | Ε | 0 | G | 0 | 0 | s | CLIFFORD             |
| F | В | F | L | 0 | Ε | G | G | Р | R | Υ | R | Α | F | BOBO<br>WALDORF      |
| G | L | T | L | Р | Z | L | 0 | R | 0 | R | F | В | Е | WALTER               |
| Р | Ε | W | Е | J | ı | M | Н | Ε | N | s | 0 | N | С | BIG BIRD<br>OSCAR    |
| R | Р | P | 0 | W | 0 | Υ | L | M | Е | L | M | 0 | F | ELMO                 |
| G | Ε | M | В | R | R | В | E | Α | K | E | R | В | M |                      |
| R | K | N | E | P | L | M | 0 | ı | 0 | F | Α | R | 0 |                      |



# McDonalds Children's Colouring Competition Prizes: Free Family Meal From McDonald's, Maynooth

| Name:     |
|-----------|
| Name:     |
| Address:  |
|           |
| Phone No: |

#### **April Winners:**

Age: 3 - 5: Sihan Yang, Leinster Lodge

Age: 6 - 7: Emily Conneely, Pagestown

Age: 8 & Over: Darragh Leonard, Castlepark



Prizes for **Colouring Competition** can be collected at:

Maynooth Community Council Office, Unit 5, Tesco Shopping Centre. Entries must arrive before: Tuesday 20th May 2014



# McDonald's Advert



# McDonald's Maynooth Celebrate 5 years of Community Involvement

McDonald's has been operating in Maynooth since 2009 and in June this year will celebrate their 5th year in business in their Carton Park restaurant. McDonald's has being actively involved in the Maynooth community, supporting many different community programmes over the years. This has always been something that McDonald's Maynooth has strived to do.



Maynooth Tidy Town Association is an integral part of the community here in Maynooth, the work carried out by them is well above the recognition they receive. McDonald's were eager to get involved with the Association, once approached by Paul Croghan. Mr. Croghan invited the restaurant to get involved alongside

other local businesses, asking them to commit to weekly litter walks along the Blacklion Road collecting and disposing of litter collected at their own expense. McDonald's Maynooth were more than happy to do so

The volunteers in the Association dedicate their free time to ensure our town looks pristine and as a thank you to them McDonald's provides tea and coffee for the volunteers. After two years of collaboration with Tidy Towns, McDonald's enhanced their co-operation by sponsoring the redevelopment of the roundabout on the Old Dublin Road. They also commit to providing new flower beds and shrubs to maintain the roundabout each year.





Investing in the local youth development is important to everyone and McDonald's takes their involvement very seriously. Working with

Maynooth Town FC has given them the opportunity to help out more in the community. In the beginning,

they sponsored the under 11's team by providing training equipment and jerseys. Each year since then, their sponsorship has grown to also providing free meals to each 'Man of the Match' in the group on a weekly basis. This year, thanks for their close relationship with Paul Brogan, McDonald's also sponsors the Maynooth Town FC Academy. The academy aims to provide grass roots development coaching for boys and girls between the ages of 5 & 14. McDonalds Future Football Programme (in association



with the the FAI) is a nationwide initiative where all restaurants will sponsor a Family Day for their local clubs. McDonald's will provide face painting and balloons on the day, as well as water and fruit bags for children playing matches.

The 'Drive Safe, Arrive Safe' campaign is an incentive close to the hearts of many residents and something that McDonald's has supported fully in Maynooth. During the Christmas season, McDonald's worked with local Gardai and Mantra nightclub to develop a unique addition to the standard rewards, offering free soft drinks for groups with designated drivers. McDonald's also agreed to provide a free large meal for these drivers.

Another initiative McDonald's Maynooth have been involved in was the Equinox Cycle, which is a 230Km cycle that passes through Maynooth. McDonald's has provided tea and coffee and a rest stop to the riders for the last 3 years. McDonald's also proudly supported the St. Mary's Band Maynooth Golf Classic.

Maynooth 10K is coming up on Sunday 18<sup>th</sup> May and McDonald's is proud to be involved for the 2nd year running. During the race, McDonald's will again provide 2 water stations - one outside the restaurant and one at the finish line. It will also erect a stand on Carton Avenue for face painting and a colouring competition to entertain families attending. We hope the event will be as successful as last year.

McDonald's is proud to be involved in the community in Maynooth and hopes to keep supporting the local community and business for many years to come.

## McDonald's Maynooth A Fun Place To Eat





#### OLIVER REILLY FUNERAL HOME

On Sunday, April 13th, local citizens gathered to witness the opening of the Oliver Reilly Funeral Home in Maynooth. The open day introduced the stately new premises to the public with a blessing held on the grounds at Leinster Street. This opening day offered a brief insight into the dignity and compassion with which the Oliver Reilly Funeral Directors have conducted their business for more than 3 decades.

A family history stretching back three generations has given current funeral director Paul Reilly a unique perspective in running a funeral home. The business was founded in 1963 by Oliver Senior, who established a reputation for the trustworthiness and empathy he showed to those needing his services during difficult times. In 1975, Oliver's son Sean took over and increased the business to cover most of North Kildare, and Paul joined the growing business in 1999. They have operated a funeral home in Prosperous for over 30 years, and they have plans to open a new funeral home in The Woods, Clane, in 2015.

Paul Reilly grew up understanding the importance of the family business and the care it requires. He graduated from the McGowan School of Embalming in Ballina, Co. Mayo and combined that education with his rich family history. The schooling he received gave him a new foundation that has enabled him to synthesise modern skills with traditional undertaking practices.

Paul's fresh outlook allows him to adapt his services to the needs of a modern and changing Ireland. One of the features available in the new parlour is a webcam that can facilitate Skype and Facetime calls to family or loved ones who live abroad and cannot attend the service in person. The biggest focus is always on attending to the needs of the family and ensuring that they are able to spend as much time as they can with their loved one. Funerals and the country may have changed over time since the Reilly family opened their first parlour, but their commitment and compassion have remained over the decades.

The new premise in Leinster Street, Maynooth is a prime example of the Reilly ethos, as it provides solace and dignity to anyone needing its services. The purpose-built funeral home is suitable for both religious and civil services, final farewells, and life celebrations. It also contains a showroom of coffins and caskets suitable for all tastes and budgets. Custom coffins can be made and are on display as well, including Dublin and Kildare team logo coffins for sports fans. The new funeral home in Maynooth is a testament to a long legacy of excellence and service from the Reilly family.

Oliver Reilly Funeral Home















## **Eve Larine**

Eve Larine is a centre based in Maynooth which caters for people with mental health difficulties. It is very ably staffed by Paul Dowling (Manager) Tina Murphy, Martin Carter, and Ann Mulligan. Participants get to enjoy a person-centred programme which concentrates on their individual talents and abilities.

Eve Larine boasts an interesting garden centre which is open to the public who wish to buy plants or to 'browse' on a pleasant spring day. Participants are encouraged to work in the garden to develop their gardening skills. The centre has taken part in many different competitions and ventures not least the St Patricks Day parade in Maynooth scooping the prize for a third year as best entry!.

We are all very proud of our "workplace". There is a great relationship among people who attend, some on a part-time basis some on a full-time basis and a great relationship between staff and participants.

A big thanks to the Genil Training centre who (very colourfully) took part in the parade with us. I have included various photographs taken at Larine court also some of our preparations for the parade and some taken on the day itself.

#### Patricia Sheridan

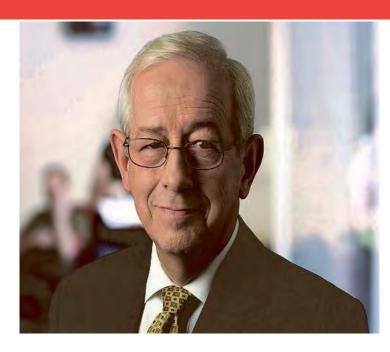


Art Work At Larine

**Larine Garden Centre Open To The Public** 

St Patrick's Day Parade

# Labour Advice Service



**Emmet Stagg TD** 

Every Monday at 4.00 pm in McMahon's (Formerly Caulfield's)

(Except Bank Holiday Weekends)

Dáil contact Numbers 01-6183013/6183797

## **June 2014**

## **Local News**

## FREE



Trainee Firefighter Antoine Cicco from



Meeting Students at Maynooth Post
Primary



Group at College

## **Canet Firefighters visit Maynooth**

On Friday morning 9<sup>th</sup> May, 6 young people (aged 14-16) and three adults from the Department for Youth in the Mayor's Office of Canet-en-Rousillon visited Maynooth. They visited the JPII Library and the Russell Library in Maynooth College. They showed great interest and were very respectful and appreciative of what was organised for them. They were a credit to their town. They visited the Post Primary School. Lunched in O'Neills, visited Maynooth Fire Station where they received a very warm welcome, they visited the GAA, dined in the Avenue Restaurant and enjoy some "ceol agus craic" in the Roost. Thanks were expressed to Susan Durack who organised the tours of the library and to Tom McMullon, Adrienne Flynn, Eddie Tobin and Andrew McMullon who met and accompanied the visitors at different stages throughout the day. Thanks were expressed to Starbucks in the Library for sponsoring the Hot Chocolate drinks on arrival, to Dermot O'Neill who sponsored lunch and to the Avenue for sponsoring the evening meal. The visitors were very pleased and appreciative of the warm welcome they received in Maynooth and will certainly be making more contacts with us in the future.



Canet Group at Maynooth Fire Station



Piera Florian & James O'Grady



L/R Brendan Kelly, Bruno Canet, Noreno Nickael & Del Rey Beatrice



Del Rey Beatrice & James O'Grady



## "Maynooth Summer Festival 2014"

Thursday 28th - Sunday 31st August Planning is Now Underway.

Contact Maynooth Community Council at maynoothcc@eircom.net if you would like to get involved in this year's Festival.



Left: Declan Kennedy
(Brady's Clockhouse)
and Eoin
McCormack
(Maynooth 1916
Centenary
Committee) presents
winners prize for the
Maynooth 1916 art
competition to
Saoire Grehan (9)

This publication is produced by Maynooth Community Council's Community Employment Scheme, supported by

Department of Social Protection, which is funded by the Irish Government under

the National Development Plan 2007 - 2013



AS THEY DO IT DOWN IN NEW OBLEANS

Jambalya and a crawfish pie and fillet gumbo Cause tonight, I'm gonna see my ma cher gumbo We'll have big fun on the bacher









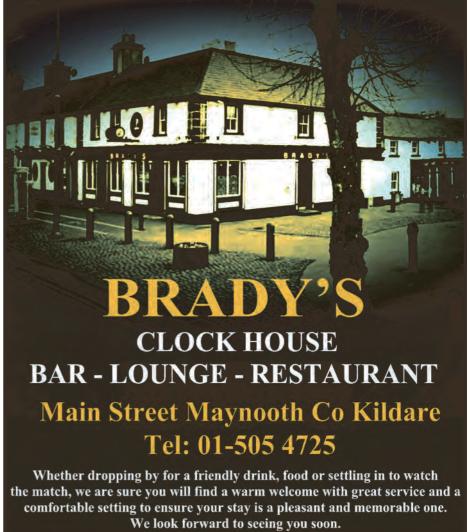
PHONE FOR RESERVATIONS
O1-6106558
MAIN STREET
MAYNOOTH
EMAIL:
OAKALLEYRESTAURANT@GMAIL.COM





Calling all budding young writers: is there a story or poem that you would like to write and have published in the newsletter? From July onwards, a selection will be chosen and featured in our new "Wicked Young Writer's Corner" each month. All work submitted will be kept on file for future publications. All writings can be sent to us at maynoothcc@eircom.net or alternatively you can drop them into the Maynooth Community Council Office, Unit 5, Tesco Shopping Centre.

Stories approximately 350 - 400 words



**Great Food Served 7 Days** 



## Donal O'Dwyer MVB MRCVS, Patrick Jones MVB MRCVS & Associates

Full Medical & Surgical Facilities - In-house Laboratory inc. Blood Analysis - X-Ray & Ultrasonic Scanning Facilities - Skin Testing - Pet Vaccination & Micro Chipping - Pet Worming & Defleaing - Pet Passport for Travel Outside Ireland - Pet Grooming - Collection & Delivery to Your Home



The only 24/7 emergency on call vet service in Maynooth (Restricted to registered clients)



## **DISEASES OF THE EAR IN DOGS & CATS**

The anatomy of the ear consists of three distinct regions all interconnected



namely, external ear (outer ear), middle ear (tympanic membrane/ear drum) and internal ear consisting of cochlea and three semi-circular canals. Ears can be affected in any one or more of these regions giving similar or different symptoms.

The external ear is coated with skin and when inflamed is called Otitis Externa. This area of the ear can be affected by many factors;

- extension of an existing skin problem in your dog causing over production of wax
- food allergies and auto-immune skin conditions
- bacterial and fungal infections
- swimming causing excessive moisture in the ear
- neoplastic conditions ear polyps
- ear mites most prevalent in kittens but also in dogs of any age
- foreign bodies in ear eg. Grass seeds
- too much hair in ears (Poodles and Bichon Frise)
- dogs with long ears (Basset Hounds and Cockers)

If this ear condition is neglected it can progress into the middle and internal ear causing rupture of the ear drum and inner ear disease.

#### **Symptoms**

The dog can be presented shaking his head with a very red hot painful ear. It probably has been rubbing its ear on the ground or tilting its head to one side if only one ear is affected. There may be a bad odour from the ears. In some cases violent flapping of the ears may have caused a "lump" to develop. This is an aural haematoma or burst blood vessel which bleeds under the skin of the



ear due to damage caused by scratching. Infection of the inner ear can cause

dogs to be in coordinated and loosing their balance with other neurological signs.

#### Diagnosis

Usually on first consultation diagnosis is made by clinical signs but, if condition is not responding a swab is taken from the ear and we look at the material collected under microscope for presence of bacteria, yeast and ear mites.



#### **Treatment**

The staff at Maynooth Veterinary Clinic (01 6289467) and Clane Veterinary Clinic (045 982763), will show you how to apply the medication correctly into the ear canal of your pet. This is most important as a lot of cases do not respond for two reasons.

- 1. The owner is not applying the medication correctly. Or
- 2. The owner is not applying the medication for the required period, which can be as long as three weeks.

#### Warning

Late Summer and early Autumn is the critical time for Myxomotosis to be seen in domesticated rabbits. This is a killer disease and the only sure prevention and treatment is via vaccination now! This allows plenty of time for your pet rabbit to build up immunity to enable it to fight off this deadly virus.















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www.curves.ie CONTACT US FOR SPECIAL OFFERS!!







**Trad Session Every Wednesday** Craobh Mhaigh Nuad (of Comhaltas Ceoltóirí Eireann) All Welcome

**Function Room available for all Occasions** 

**Light Entertainment Every Weekend** 



Main Street Maynooth - 01 6291568 - e-mail: info@mcmahonsbar.com

New opening hours Saturday 10am - 4pm



24 hour Emergency Service available

# Carton Veterinary Clinic

**3**01 629 1949

#### **Reception Opening Hours:**

9am - 8pm Monday and Wednesday | 9am - 7pm Tuesday, Thursday and Friday | 10am - 4pm on Saturday

Veterinary visits are by appointment only.

## some of the prizewinners from our fun family dog show





Thanks to everyone who came to see our facilities.

We had a great day, we hope you did too.

Carton Veterinary Clinics, nurses and vets are

100% dedicated to looking after pets.



## We provide a wide range of Veterinary Services:



**Cat Boarding** 

tions Consultations



Spaying







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Flea and Worm Treatments



Pet Foods including Burns, Hills Science Plan & Natures Kitchen







## **Community Council Notes**

#### Maynooth Community Council Notes Tuesday 13 May 2014

Present: Andrew McMullon, Tom McMullon, Adrienne Flynn, Susan Durack, Josephine Moore, Catherine Mulready, Gabriel Martin, Richard Farrell, Henry Bauress (Leinster Leader), Naoise O Cearúil, Mieke Sanders, Keith McCrory, Paul Croghan. John Fleming, Joe Brown, Philip O'Brien representing Men's Sheds. Apologies: Muireann Ní Bhrolcháin, John McGinley, Willie Saults, Mattie Callaghan, Peter Garrard.

#### Men's Sheds - Tourist Information Guide Proposal.

Prior to the order of business, the meeting was addressed by Mr. John Fleming of Men's Sheds at which he circulated a draft copy of a proposed tourist information guide that their members had drawn up. It was presented to the meeting with a view to getting it reproduced and circulated in the town. It was hoped that Maynooth Community Council might be able to aid in its reproduction and provide further help and support in getting it out to the community.

The initiative was widely welcomed by the meeting and Men's Sheds were praised for their work on this so far. It was agreed that it was extraordinary that there was no literature for tourists in the town. John Fleming thanked Maynooth Campus, Maynooth Local History Group and John Doogan in the Maynooth Community Council Office for their help. Members of Men's Sheds were also thanked for their research, layout and design. Once printed it is envisaged that the guide will be widely available both in Kildare and Dublin. It was suggested that the guide be sent to Canet-en-Rousillon when printed. It was stressed that it is at the draft stage and that it still needed the final approval of the organisation. Richard Farrell of MTT praised the work done and said that the information contained in the brochure was exactly what they might require for new display stand which Intel were sponsoring. It was noted that Maynooth was becoming known for its restaurants and eateries and that a brochure for visitors was necessary and timely. Paul Croghan PDO of MCC agreed to give any help and advice in this matter.

It was noted that the appearance of some fast food outlets on the main street took from the look of the town. The meeting was reminded that Maynooth is a student town and takeaways and fast food outlets are very popular and it was also noted that some of those businesses are very supportive of the Maynooth Festival.

Minutes of the meeting were approved. There were two matters arising:-There has been no reply to the Bus Shelter (outside McMahon's) situation except that the panel is now completely removed.

It was suggested that a line in the middle of the road at the convent junction as cars come out from the Dunboyne road might improve the filtering of traffic turning left on to the Dublin Road. It was noted that traffic seemed to be particularly heavy in Maynooth during the week.

The Treasurer's report was read to the meeting and the need for fundraising was stressed. The Tuesday night fun Bingo in McMahons on Tuesday night could attract more people. Andrew McMullon encouraged the members to come along. Tom McMullon announced that there will be a MCC fundraising bag pack in Tesco's on the June Bank Holiday weekend (Friday night and Saturday). He encouraged all members to take part as it is essential to raise funds for the running of the MCC Office.

#### **Sub-committees and affiliates**

**Festival** - The Maynooth Festival will take place from Friday 29 to Sunday 31 August which is the latter end of Heritage week. Representatives from the Maynooth Business Association attended the last meeting.

**Maynooth Scouts** – Paul Croghan noted that the work on the new den is almost complete. He congratulated the Scouts on their management of the project. It is hoped that the Charter School will be also be enhanced.

**Educate Together** - There will two events to raise money for books. There will be a summer fair in June and the school would encourage people from the town to attend. There will be some great raffle prizes.

**Tidy Towns** -There was a Spring clean day on 27 April. The area around the Glenroyal received attention. Some members of the Business Association helped out. Thanks were expressed to the Glenroyal for the tea and sandwiches that they provided to the volunteers on the day. The annual collection will take place 22-23 May. The collection will take place at the catholic Church Gate, Supervalu and Greenfield Supermarket. Volunteers needed. Kildare County Council has done some work on Carton Avenue and the NRA has done some work outside Carton Avenue. The information board courtesy of Intel will be erected in the third week in June. New replacement benches are now in place. Some dissatisfaction was expressed by members of the public that they were not positioned where the previous ones were placed. It was noted that the gates need to be painted.

**Senior Citizens** - There was a great turn out for the Easter Parade on 27 April with people coming from as far as Longwood and Palmerstown. The Bealtaine Tea Party will take place 3-6pm in the GAA on Sunday 18 May. There will be crochet, crafts and paintings on display.

**Maynooth Community Church** - Keith McCrory was please to be able to announce that the Church has received permission to find a permanent place. It is hoped to organise a concert on the night of St. Patrick's Day 2016.

Visitors from Canet - On Friday morning 9<sup>th</sup> May, 6 young people (aged 14-16) and

three adults from the Department for Youth in the Mayor's Office of Canet-en-Rousillon visited Maynooth. They visited the JPII Library and the Russell Library in Maynooth College. They showed great interest and were very respectful and appreciative of what was organised for them. They were a credit to their town. They visited the Post Primary School. Lunched in O'Neills, visited Maynooth Fire Station where they received a very warm welcome, they visited the GAA, dined in the Avenue Restaurant and enjoy some "ceol agus craic" in the Roost. Thanks were expressed to Susan Durack who organised the tours of the library and to Tom McMullon, Adrienne Flynn, Eddie Tobin and Andrew McMullon who met and accompanied the visitors at different stages throughout the day. Thanks were expressed to Starbucks in the Library for sponsoring the Hot Chocolate drinks on arrival, to Dermot O'Neill who sponsored lunch and to the Avenue for sponsoring the evening meal. The visitors were very pleased and appreciative of the warm welcome they received in Maynooth and will certainly be making more contacts with us in the future.

#### **Condolences expressed to the Kearney Family**

The meeting expressed it condolences to the Kearney family on the recent passing of Padraig. The chairman paid tribute to Padraig's helpfulness, respectfulness and his time and interest in people. He will be sadly missed by the people of Maynooth. Ar dheis Dé to raibh a anam dilis.

## Maynooth Library Events for June

#### Parent & Toddler Storytime

Mondays 9<sup>th</sup> 16<sup>th</sup> 23<sup>th</sup> & 30<sup>th</sup> June 10.00am – 11.00 am. Storytime for children aged 2- 5 years.. All welcome.

#### **Polish Story Time**

Every Tuesday 10.00am – 11.00am. All welcome.

#### Ciorcal Comhrá/Irish Language Conversation Group Every Tuesday 11.00am – 12.00pm

This is an informal group for adults who would like to meet on a weekly basis to use and practise their conversational Irish. All welcome

#### Science Fiction Film/ Book Club

Saturday 7<sup>th</sup> June 2:00pm (Screening & Discussion)

Discussing Dune By Frank Herbert.

New members welcome contact Maynooth Library to book a place. Patrons must be over 15 to attend the screening.

#### **Teen Book Club**

#### Saturday 14<sup>th</sup> June 2.30pm

New Teen Book Clubstarting on Saturday 14th June to discuss "*How I Live Now*" by Meg Rosoff. Copies available to collect at Maynooth Library. Please contact us at (01) 6285530 or email maynoothlib@kildarecoco.ie.

#### **Library Festival Day**

#### Saturday 21<sup>st</sup> June

Clown show with Waffles the Wonderful at 11.30am. Face-painting 2.30pm

Reptile workshop 3.45pm. Family day part of the Library Summer Festival all are welcome but please contact Maynooth Library to book your place at (01) 6285530 or email <a href="maynoothlib@kildarecoco.ie">maynoothlib@kildarecoco.ie</a>

## **Editorial**

The Community Council has decided on the dates of this year's Festival – the last weekend of August. This is designed to coincide with the yearly Heritage Week celebrated throughout the country now. This means that the Castle will be open and there will be no need to get special permission to have it opened. The events that take place there during the Festival are very popular with the public. This is in keeping with the interest that tourists have in Irish heritage in general and nearly 70% of people visiting Ireland reported that they had an interest in culture and heritage. Not the Irish dancing type of heritage but more the physical sites such as castles, Newgrange, Tara, Clonmacnoise, Monasterboice, Cruachain and the like. Many of these are under-used, under-utilized and under-advertised. In the same vein, there is renewed interest in a site in our neighbouring county of Meath, this is Tlachtga where excavations are taking place at present. The University is encouraging a growing number of international students and they are attending many classes in Early Irish, History and Cultural Heritage. They have a great interest in the sites and enjoy the field trips that are guided by reputable and highly qualified archaeologists and historians. Their families come to visit them as well and they also show a great interest in visiting many historical sites.

interesting visit from some Canet fire-fighters on Friday, 9<sup>th</sup> May. There were 6 young people (aged 14-16) and three adults from the Department for Youth in the Mayor's Office of Canet-en-Rousillon. They were brought to visit the JPII Library and the Russell Library in Maynooth College and this was hosted by Susan Durack (PRO, MCC). They showed great interest and were very respectful and appreciative of what was organised for them and they were a credit to their town. They visited the Post Primary School, lunched in O'Neills and then they visited Maynooth Fire Station where they received a very warm welcome. This was the highlight of the visit and we would like to express our thanks to the the school(s)? Fire Brigade for their hospitality during this event. Then they visited the GAA, dined in the Avenue Restaurant and enjoyed some "ceol agus craic" in the Roost. We would like to take this opportunity to thank Susan Durack, and to Tom McMullon, Adrienne Flynn, Eddie Tobin and Andrew McMullon who met and accompanied the visitors at different stages throughout the day. We would also like to express our gratitude to Starbucks in the Library for sponsoring the Hot Chocolate drinks on arrival, to Dermot O'Neill who sponsored lunch and to the Avenue for

sponsoring the evening meal. The visitors were very pleased and appreciative of the warm welcome they received in Maynooth and will certainly be making more contacts with us in the future.

The big story is of course the elections, both local and European. In Maynooth as elsewhere there was a plethora of independent candidates as well as the small parties like New Democracy, People before Profit etc. Therefore there was a very long ballot paper that could make it somewhat confusing for some. Despite that, there was a respectable turnout countrywide and in Kildare although the turnout in Ireland in general for years is quite disgraceful.

The electoral areas were new for the candidates and there were six running from the Maynooth area itself for the total of 9 seats. This split the vote in a way that did not happen in the past. For those who are interested theses are some of the numbers and figures. The final breakdown of seats and percentages were as follows: Fianna Fáil did extremely well with 3 seats taking 33% of the vote, followed by Fine Gael with 2 seats and 22%, Independents took 2 seats also on 22%, Sinn Féin took 1 seat at 11% and finally there was one Labour seat with 11%. The total poll were spoilt.

Brendan Weld (FG), Pádraig McEvoy The Community Council hosted a very (Ind) and Réada Cronin (SF) were elected on the first count. The schools candidate Teresa Murray polled extremely well and was elected next. It was to go to the eleventh count for Tim Durkan (FG) and Daragh Fitzpatrick (FF) to be elected. Finally John McGinley (Lab), Naoise Ó Cearúil and Paul Ward (both FF) were deemed elected without reaching the quota. This was a particular shock for the Labour candidate who has a track record as a councillor for nearly 20 years. The results also mean that there will be very little experience among these 9 members and the future of Kildare County Council will be very interesting, particularly when budgets need to be agreed. What will it mean for the future of

> Election day is being described as described as tháinig ár lá (our day has arrived) for Sinn Féin. What does all this mean? Is this simply a temporary protest vote or is there a permanent sea-change in Irish politics? If there is a sea-change, what will this mean? Will it continue into the next general election? Economics and austerity became centre stage with the anger of the electorate showing itself in a very palpable way. The Government parties are feeling the brunt of this anger but the Labour Party is

feeling it more than Fine Gael. This is probably as a result of the promises made before the last election on education, water charges and the property tax. But what will the Independents and Sinn Féin do at local council level? If the move to Independents continues into the general election, what will such a group achieve? Is this the end of civil war politics or the end of political parties and who will be running Ireland in 2016? The present Government is now in a shaky state with the resignation of Labour Party leader Eamon Gilmore. What will Europe make of our choices? Will this affect our borrowings and their view of us in the future?

But there are other stories in this election: the Green Party is on the way back gaining some Council seats and there is little doubt that Fianna Fáil, written off by some commentators after the last general election, are definitely back. Just goes to show – people have very short memories and there are no elephants in Ireland.

The European elections are a little less volatile with the major parties in line to take seats but Luke 'Ming' Flanagan is heading to Europe. Along with votes for Sinn Féin, his vote is seen as a protest vote and to say that a vote for Sinn Féin is a vote for Ireland moving was 12,151, the valid poll was 11,949 and 202 left is a fallacy. SF is hardly a left wing party; it is a party of nationalism that is already in power in the 6 counties and they are implementing policies there that they completely reject here.

> As we go to print, examinations in the College will be over by the time this goes to print. But there will be new exams and we wish good luck to Junior and Leaving Certificate young people as they face their exams. Ba mhaith linn anseo gach rath a ghuí ar na daoine óga uile a bheith at tabhairt aghaidh ar a gcuid scrúdaithe i mí Meitheamh. Tuigeann muid gur tréimhse an-deacair é seo do mhic léinn agus do theaghlaigh.

We would welcome letters to the editor on any topic raised here or issues that or not. Please write or email us or drop it into the office. We need to have a name and address to verify but it will not be published if the writer wants to remain anonymous. We 'Independence day' but it could just as well be would be very glad of your feedback and there is not enough. Tá fáilte roimh litreacha nó ríomhphostanna le tuairimí ar na hábhair a luaitear anseo agus nithe eile nach iad. Ba mhaith linn go mbeadh ainm agus seoladh in aonacht leo ach ní gá iad seo a fhoilsiú. Is mór linn bhúr dtuairimí agus níl mórán ag teacht isteach.

Muireann Ní Bhrolcháin

# **Know Your Rights**

#### Know Your Rights: Getting an 'apostille stamp'

#### **Question**

I was born in London and I have an Irish passport. I am getting married later this year in Dublin. I have been told that I must provide a birth certificate with an apostille stamp. My Irish fiancé has not been asked to produce this certificate. Why is this?

#### **Answer**

The Civil Registration Act 2004 requires both people getting married in the Republic of Ireland to provide evidence of their identities, civil status, the person or business that you will be taking age and nationality. If either person was born outside of the State, an authenticated birth certificate is required. Since you were born in the United Kingdom, you need such a birth certificate, even if you are entitled to an Irish passport.

The Hague Convention (1961) specifies how a document issued in one of the signatory countries can be authenticated or certified for legal purposes in all the other signatory states. Such a certification is called an apostille (in French this means certification). An apostille stamp is an international certification, like a notarisation in domestic law, which authenticates or legally certifies a document.

The Irish Department of Foreign Affairs and Trade (including staff in Irish embassies, consulates and honorary consulates overseas) can authenticate documents for Irish-born people getting married abroad.

In the UK apostille stamps are issued by the Legalisation Office of the Foreign & Commonwealth Office (FCO). Visit fco.gov.uk/ legalisation to find out more about the process. You can also email

legalisationenquiries@fco.gsi.gov.uk or telephone +4420 7008 5959.

#### **Know Your Rights: Noisy neighbours** Question

I moved into a new house with my two small children six months ago. A nearby workshop makes a lot of noise and disturbs our family. What can I do about this problem?

#### **Answer**

In situations like this you should initially approach the business causing the noise and explain that it is a nuisance and try to come to a mutually acceptable solution. If this does not work you can contact your local authority. The Environmental Protection Agency (EPA) Act 1992 gives power to local authorities in relation to noise nuisance. This means that your local authority may serve a notice on the person in charge of the noisy business, for example, a pub, disco, garage or workshop. This notice requires the person in charge to take whatever measures are set out in the notice to prevent or limit noise.

The local authority may prosecute for failure to comply with the notice.

Another option, under the same legislation, is to take a private action through the District Court if the noise is "so loud, so continuous, so repeated, of such duration or pitch or occurring at such times" that it gives you reasonable cause for annoyance. You can get a standard form for making the complaint from your local District Court clerk and you must pay a small fee.

Before making the complaint you must inform them to court using a special form -Environmental Protection Agency Act 1992 noise form of notice which can be downloaded from courts.ie. It is important that you use this form of notice only and that you complete it fully and accurately.

The District Court will call both parties together and listen to both sides. If the court finds in your favour, it can order the person or body to limit the noise, reduce the level of noise or stop the noise completely. Any orders made by the court must be complied with. A person making noise in the course of trade or business may have a defence if it can be shown that all reasonable care was taken to prevent the noise or that the noise is in accordance with a licence issued under the EPA

#### **Know Your Rights C: The Single European** Payments Area (SEPA) **Ouestion**

What is the Single European Payments Area?

The Single European Payments Area (SEPA) is a 34 country area, co-ordinated by the European Payments Council which is an institution of the EU. It comprises the 28 member states of the EU along with the three EEA countries (Iceland, Liechtenstein, Norway) and Monaco, San Marino and Switzerland.

SEPA aims to standardise the way euro-area electronic payments are processed. Under SEPA Yall electronic payments across the euro area (by credit card, debit card, bank transfer or direct debit) should be as easy as domestic payments within one country are now. The introduction of SEPA, among other things, allows you to set up direct debits for anywhere in the euro area and use only one bank account for the whole euro area.

The main change for consumers is the way your bank and account is identified. You now need to use a 16-digit International Bank Account Number (IBAN) and an 8-digit Business Identifier Code (BIC) to make or receive electronic payments in the euro area. You can generally find BIC and IBAN information printed on your bank account statements.

From 1 February 2014 it became mandatory to retire existing 'national only' payment systems in Phone Service, 0761 07 4000.

the euro area and move all electronic payments to SEPA standards. (An additional transition period of six months to ensure minimal disruption for consumers and businesses was adopted by the European Commission. This means that payments that differ from a SEPA format can continue to be accepted until 1 August 2014.) You can visit readyforsepa.ie for more information.

#### **Know Your Rights: The Energy Engage Code Question**

What is the 'Energy Engage' Code?

#### **Answer**

The 'Energy Engage Code' is a new code of practice which aims to protect energy customers who are in financial difficulty, particularly those in arrears on their bills. It applies to five energy suppliers with effect from 1 June 2014 – these are Bord Gáis Energy, Electric Ireland, Energia, Flogas Natural Gas and SSE Airtricity. Under the Energy Engage Code, suppliers guarantee that no customer engaging with them will be cut off. The energy suppliers will seek to identify vulnerable customers at an earlier stage. They commit to treating each customer individually and offering realistic and achievable payment plans to customers in difficulty. The Energy Engage Code will be independently audited to ensure that the participating energy suppliers are complying with it. In addition to the new code of practice, all energy suppliers must comply with certain mandatory consumer protection standards that are set out by the Commission for Energy Regulation (CER). All suppliers are obliged to establish a register of vulnerable customers and to keep it updated. Customers listed on this register cannot be disconnected during the months November to March. A customer in arrears must be offered a payment arrangement, which can include the installation of a Pay As You Go meter, while avoiding a situation where the debt becomes worse.

"At risk" customers must be referred to MABS, The St Vincent de Paul Society or a representative of the Department of Social Protection (formerly called the Community Welfare Officer). A supplier can consider applying for a disconnection only if these measures fail, and only after at least four separate attempts to contact the customer have been made.

Further information is available from the Citizens Information Centre below.

**Know Your Rights has been compiled by Citizens Information Service which** provides a free and confidential service to the public. Information is also available online at citizensinformation.ie and from the Citizens Information



## ASK SHARON THE STYLIST!!

"I'm actually more confident when I'm tanned." Sanina Shaik - Model from Australia.

## Question: "How do I apply a fake tan at home without getting loads of streaks?"

FACT: Lately we've been hearing lots of horror stories about skin cancer from using sun beds or from not using an appropriate sunscreen when out in the sun or sometimes even nothing at all. Summer is here and the safest thing to do is slowing build up your colour. Have you ever heard of 'Fake it till you make it' well getting an all over even glow doesn't mean you have to go on sun beds or wait for your summer holiday. If you want skin that looks like it's been kissed by the sun, just follow these simple steps and remember a bad tan job will fade, but the pictures will last forever.

#### Fake Tanning-the rules

**Exfoliate:** You need to exfoliate that dead skin. Focus on rough areas like knees, elbows and ankles.

**De-fuzz:** A faux glow is all about preparation. Wax 48 hours beforehand/shave 24 hours before you apply tan. **Moisturise:** Dry skin is a major no no. Thirsty for moisture it will suck in self tan and leave you with dark patches. Allow the skin to absorb the moisturiser before you smooth on your tan.

Vaseline: Rub a small amount of Vaseline on your eyebrows and Fingers to avoid discolouration.

Nails: To prevent destroying your manicure and toenails, use a cleansing wipe to prevent them turning brown.

The right one for your skin: Fair skin can opt for a light to medium and olive tones can opt for darker tan **Be Patient:** With a Tanning Mitt or Latex gloves apply the tan in circular motions. Start at your ankles and work your way up following the manufactures instructions.

**Tan at night:** The perfect thing to do is apply just before bed as you can refrain from activities that will make you sweat also avoid showering for 6-8 hours after application.

What to do when it goes wrong: We've all had a tanning nightmare so whether you've made one arm three shades darker than the other or your tan is a streaky mess don't panic -there are always ways to fix it. As soon as possible have a hot shower, to speed up the process add a few squeezes of lemon into your shower gel. Lemon juice and oil make your tan fade faster and if you soak the mitt in lemon juice the acidity will break up the colour. Whitening tooth paste on your hands and in between fingers can reduce stains as the acetone in it helps fade the tan.

For more information or to arrange an appointment call Sharon @ 087 9962459/ Office 01 6016295

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## Maynooth Golf Society Results Sheet 2014

| 1st Prize       | Eamon Murphy          | 74pts    |  |  |  |
|-----------------|-----------------------|----------|--|--|--|
| 2nd Prize       | Mick Fahey            | 68pts    |  |  |  |
| 3rd Prize       | John Byrne            | 64pts    |  |  |  |
| 4th Prize       | Tom Coffey            | 64pts B9 |  |  |  |
| 5th Prize       | Gerry McTernan        | 62pts B9 |  |  |  |
| 6th Prize       | David Weafer          | 62pts    |  |  |  |
| Front 9 day 1   | Declan Byrne          | 21pts    |  |  |  |
| Back 9 day 1    | John Murray           | 18pts    |  |  |  |
| Front 9 day 2   | Pat Carr              | 18pts    |  |  |  |
| Back 9 day 2    | Ken Donnelly          | 17pts    |  |  |  |
| Nearest the Pin | Prionnsias Breathnach |          |  |  |  |
| Visitor         | Cha Farrelly          |          |  |  |  |
|                 |                       |          |  |  |  |

Hole in One Declan Byrne 13th Hole Dungarvan GC

Weekend away Gold Coast Golf Club 23/05/2014 Dungaravan Golf Club 24/05/2014 Christy Kenny Cup Sponsored by Tess Kenny and Family

Maynooth Golf Society's annual weekend away this year was to Dungarvan playing Gold Coast Golf Club on Friday 23th May and Dungarvan Golf Club on 24th May for the Christy Kenny Cup. Eamon Murphy was victorious with a fantastic combined score of 74 points (37 points in the Gold Coast and 37 points in Dungarvan) Mick Fahey was second with 68 points, a great second day score of 38 points to pip John Byrne into 3rd place 64 points, closely followed by Tom Coffey also on 64 points. Shot of the weekend has to go to Declan Byrne for his hole in one on the 13th hole in Dungarvan, well done Declan. 20 members played on the weekend away. All other prize winners are listed on the results sheet. The prizes were presented by Captain Gerry McTernan at our Sunday morning gathering in the Park Hotel, our sponsors Tess, Sandra and Janet Kenny were thanked for their continued support of the golf society's annual weekend away for the Christy Kenny Cup. All members who played were thanked for their support of the Weekend away; Dave Weafer was thanked for his hard work in making the weekend away a great success.

Next outing: Naas Friday 20th June 3pm

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Would you like to improve your confidence in public speaking and leadership?

Clane Toastmasters provide great opportunities to develop and enhance speaking skills and to alleviate any nervousness.

Clane Toastmasters meet on the first and third Wed. of each month at 7.45pm in the Westgrove Hotel, Clane. Maynooth and Clane Toastmasters are holding a joint meeting on Mon 9th June in the Glenroyal Hotel at 7.45pm. Consequently, there will be no meeting in Clane on Wed. 4th. June. The next meeting will take place on Wed. 18th June. Visitors are very welcome

Further details, contact Maureen 0872258020; Joseph: 0868221589. Email:clanetoastmasters@gmail.com



#### Winner of the Memorex Culture Award.

An Ghaeltacht sa Bhaile

What Parents Say!

The course has greatly enhanced Elilen's Irish and increased her love for it. Very worthwhile and money well spent. Many thanks.

Josephine Stack, Maynooth, Kildare. Gaeltacht Summer Courses 2014 In

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C - 07/07/14 - 18/07/14

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## Facebook's New Video Setting May Be Costing You Money

Are you using huge amounts of data? Has your data usage increased lately? A likely culprit may be Facebook, which has recently changed its video settings for all users. Now the default setting is for videos in your feed to auto-play, which uses up a lot of data and costs you money. You can turn off this auto-play setting to save yourself money in unnecessary charges.

On the iPhone, go to your phone settings, click on the Facebook icon, click on Settings and select "auto play on wifi only".

On the desktop, go into the triangle on the top right of your Facebook page, click on Settings, select Videos at the bottom, and move the slider to "Off".

On the Android, go into the Facebook App settings and follow the same steps as above.

On Samsung, while in Facebook, press the left button next to the home key on the phone, select Settings, and turn off the auto play option.



# Summer Fair

Maynooth Educate
Together
Celebridge Road
Sunday 8th June
2 - 5.00 p.m.
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## **Maynooth Network Mornings**

Every Tuesday, the Chamber host network mornings in Maynooth in St Patricks College. It all starts nice and early at 7.30am and finishes at 8.50am. This is a great way to meet with like minded businesses and network over a cup of coffee. Its free for any business to attend. Call Allan in the Chamber office on 045 894074 If you need further information.

Please note there is no network mornings in Maynooth on Tuesdays after Bank Holidays.

St Patrick's College is just off the main street in Maynooth and we meet in Riverstown Council Room on the 1st floor.





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## June Gardening

Long summer days and dry weather are upon us so keep on top of the weeding. Pull them as soon as they appear. Be water-wise, especially in drought affected areas. Cut the lawn at least once a week. Check containers and hanging baskets for water. Be careful not to let them dry out. Another task is



deadheading. Remove spent flowers and feed with liquid feed every two to four weeks. Deadheading focuses energy from producing seed into producing flowers. Don't forget to keep clearing the paths and footpaths off moss and weeds.



Ensure trees and shrubs have a circle of clear earth around them - must be kept clear so that essential moisture is getting to the roots. Keep spraying roses with fungicide against black spot and mildew. Do this in the evening time to plant out summer bedding and make sure that they are well

watered in and keep moist during the dry weather. If the threat of frost has passed plant out dahlias. Its not too late to sow a few fast growing, late-flowering annuals directly into the ground. Try calendula, godetia and clarkia.

Winter bedding plants can be sown from May until July. Trim spreading and trailing plants after flowering as this encourages fresh growth and new flowers. Oriental poppies after flowering should be cut right back to ground level as this will stimulate growth. Don't forget to feed them also. Pinch out



leading shoots on plants such as chrysanthemum and helianthus which will encourage bushy plants. Divide hostas as they start to grow. Divide primula after flowering, you can plant them in a back bed until its time for planting again in the Autumn. Or you can leave them where they are. Lift and divide overcrowded clumps of bulbs when they have finished flowering.



Pinch out sideshoots on tomatoes. Harvest lettuce, radish, other salads and early potatoes. Keep all fruit well watered during dry spells. Surround your strawberry plants with straw as this will keep the fruit off the ground. This will also prevent the spread of botrytis. Protect fruit trees, currant

bushes and gooseberries with netting from birds. Gooseberry sawfly is another thing to watch out - when you see caterpillars; pick them off as soon as you see them. Many vegetables can be sown as seed this month such as carrots, spinach, salad leaves, spring onions, leeks and chard. TIP - sow salads in short runs every two weeks to ensure that you have a continuous growth over the summer. Earth up potatoes again - this stops sunlight getting to the tubers as turns them green and poisonous.

You can start to put in new fish stock in ponds and feeding when the water is warm. Don't leave fish sitting in plastic bags full of water - put them in the pond as soon as possible so their oxygen doesn't run out. Important - to float the bags in the pond for at least ten minutes to allow the water



temperatures to equalise. Avoid introducing goldfish into a wildlife pond - this will upset the pond's natural balance.

If you have time to read this, then you have time to weed!

#### STRAWBERRY BLISS

#### Fresh Strawberry Upside Down Cake

2 cups crushed fresh strawberries

3 cups of miniature marshmallows

1 packet (6 oz) strawberry flavoured gelatine mix

1 packet (18 oz) yellow cake mix

Preheat an oven to 350° F (175° C) Spread crushed strawberries on the bottom of a 9x13 inch baking pan. Evenly sprinkle strawberries with the dry gelatine powder and top with mini marshmallows.

Prepare the cake mix as directed on the packet and pour on top of the marshmallows. Bake in the preheated oven until a toothpick inserted into the centre comes out clean, about 40-50 mins. Run a knife around the pan to loosen the sides, and turn the cake out onto a serving tray. Store cake in fridge.

#### **Strawberry Marshmallow Mousse**

250g fresh strawberries, halved if large

25g caster sugar

140g mini marshmallows

200ml double cream



Put all but 2 strawberries into a pan along with 100ml of water and the sugar. Over a medium heat, cook strawberries until soft enough to mash, about 3 mins. Take off the heat and squash the berries, using a fork, until pulpy. Add the marshmallows, then stir them into the hot strawberries until they dissolve. Leave to cool.

Whip the cream until it holds its shape. Fold the cream into the cooled strawberry mix, then spoon into one bowl or separate pots and chill for about 2 hours, or until set. Cut the reserved strawberries in half and use to decorate.

#### **Strawberry Almond Cream Tart** Ingredients

serves 10

36 digestive biscuits

2 tbsp sugar

2 tbsp butter, melted

4 tsp water

Cooking spray

½ tsp vanilla extract

1/4 tsp almond extract

2/3 cup (5oz) cream cheese

½ cup sugar

6 cups small strawberries and halved

2/3 cup sugar

1 tbsp cornstarch

1 tbsp fresh lemon juice

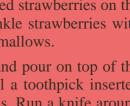
2 tbsp sliced almonds, toasted

Preheat oven to 350°c. place crackers in a food processor until crumbly. Add 2 tbsp sugar, butter and 4 tsp of water, pulse just until moist. Place mixture in a 9 inch round tin lightly coated with cooking spray. Pressing into the bottom. Bake for 10 mins or until lightly browned. Cool completely on a wire track. Combine cream cheese, ¼ cup sugar and extracts in a bowl, stir until smooth. Spread cream cheese evenly over tart. Place 2 cups strawberries in mixer and process until smooth. Put mixture in a pot with 2\3 cup of sugar and cornstarch over a medium heat and stir with a whisk. Bring to boil -stirring constantly. Reduce heat to low and cook for 1 min. remove glaze from heat. Cool to room temperature, stirring occasionally.

Combine the remaining 4 cups strawberries and juice, toss to coat. Arrange berries, bottoms up, in a circular pattern over filling. Spoon half of glaze evenly over berries. Sprinkle nuts around edge. Cover and

chill for 3 hours.





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# Maynooth

# Self -Defence Class

Venue: Maynooth Community Space,



# Class Times

Wednesday 8 - 10pm

Instructor

# Si-Hing Barry Smith 12th SG

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Contact - Barry Smith

Phone: 087 9695475

E-Mail: wingtsunmaynooth@gmail.com

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Undertakers to Maynooth Mortality Society (Funeral Parlour Free to

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Particulars and Arrangements
Contact:

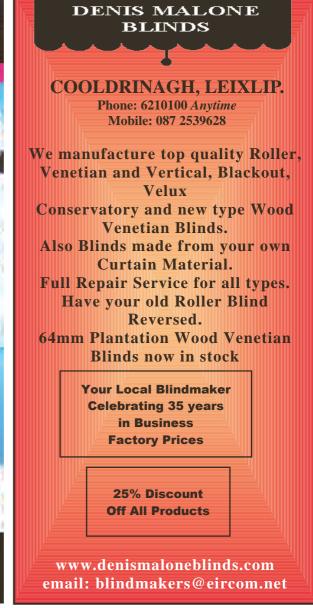
Paddy Nolan (Secretary to Maynooth Mortality Society)

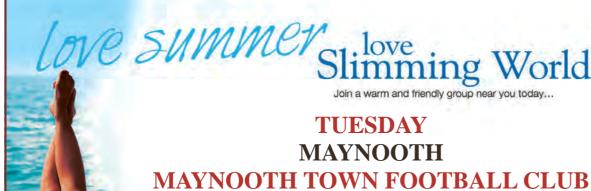
Maynooth Office Tel: 6289452 Main Office, Naas Tel: 045 868230 Paul Reilly Mobile: 086 8105581

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\*In contentious business a solicitor may not calculate fees or other charges as a percentage or proportion of any award or settlement



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S.....

Copy Date for the July edition of the Maynooth Newsletter is Tuesday 17th June



# **Benefits of Water Based Exercise**

Swimming offers something no other aerobic exercise does: the ability to work your full body without harsh impact to your joints. The arms move in wide arcs, the hips are engaged as the legs scissor through the water, and the head and spine twist from side to side. Plus, with every stroke, as you reach forward, you're lengthening the body, which helps you stretch from head to toe.

# Benefits of Water-Based Activity For Adults:

- Pain Management & Recovery: The pool provides an ideal place to work stiff <u>muscles</u> and sore joints, especially if you are recovering from an injury or suffer from arthritis. If the pool is heated, so much the better, as the warm water can help loosen stiff joints. In fact, people with rheumatoid arthritis receive greater benefits to their health after participating in hydrotherapy than with other activities.
- Toning Up: Swimming is a great way to increase muscular strength and tone. Pushing against the water, every kick and every arm stroke becomes a resistance exercise -- and it's well known that resistance exercises are the best way to build muscle tone and strength.
- Healthier Heart: Because swimming is an aerobic exercise, it serves to strengthen the heart making it more efficient in pumping -- which leads to better blood flow throughout your body.
- Weight Control: Swimming is now recognized as one of the biggest calorie burners around, and it's great for keeping weight under control.
- Stretching: People find it easier to stretch in water as the support of the water aids balance.

# Benefits of Water-Based Activities For Children:

- Water activities are highly challenging and fun.
- They increase self-esteem and reduce anxiety and stress
- The water resistance helps burn fat and build muscle tone with less effort.
- Water activities can correct and prevent childhood obesity, one of the major causes of illness in both children and adults
- Water activities also enhance hand/eye and large muscle coordination

# Getting Started:

Walking in Water: If you're just starting out in the water, the best way to begin is to just walk up and down the pool slowly with the aid of floats or a woggle. This will build up your water confidence and walking against the resistance of the water will help strengthen your muscles. Swimming Lessons: If you are fairly confident in the water, the next step is to learn how to swim. The Glenroyal Leisure Club have Adult Swimming Lessons on Wednesday evenings which run for terms of 8 weeks and we have both beginner and intermediate levels.

Aqua-Based Classes: At the Glenroyal Leisure Club, we have Aqua Fit classes Monday to Friday and Aqua Zumba twice a week. Water-based classes are a fun way to work-out to upbeat music using the water as your resistance. Non-members are welcome.

Swim Camps for Children: During the Summer months, we run children's swim camps. This is a week-long intensive swim course taught in a fun and exciting way. It's great for building the child's water confidence and progressing their swimming ability. For further information, please call The Glenroyal Leisure Club on 01-6291313

# **MAYNOOTH 10K 2014**



# In Pictures



www.maynooth10k.ie 📑 📴





The annual Maynooth 10k took place on Sunday 18th May. The dry, cool, calm conditions were perfect and over 600 participants took part in what was another well-organised and successful event.

This year we were joined by the KFM outside broadcast unit and a course car. Regular updates were broadcast "live" from these as part of the Sunday morning programme.

The event is organised by the Maynooth Post Primary PTA and funds raised go towards the development of playing fields and a running track to be used jointly by the Maynooth Post Primary School and Maynooth GAA.

Our deep appreciation goes to all of our volunteers, committee members, advertisers and sponsors without whom the event wouldn't be the success that it is. Particular mention must go to Carton House Hotel, National University of Ireland, Maynooth, Kildare FM, Pearls Specialist Dental and McDonalds for their continued support.

We also take this opportunity to congratulate McDonalds on five years in Maynooth and thank them for their enthusiastic support and help with the 10k since its inception.

These pages show a few of the many images of the event. For more see our Facebook page (www.facebook.com/Maynooth 10k 2014) or search on Flickr. Pictures: Mark Colfer, Rory O'Connor & John Boyd























# NUI MAYNOOTH

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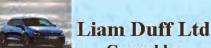


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# Only The Beginning For Young Local Mum Of Two Pamela



Before her dramatic weight loss

Pamela (28) from Maynooth is happily married to Martin and is a mum of two little girls, Leah 8 and baby Lexi, 8 months. Pamela's weight has been making her feel low for a long time and she thought it was something she would have to struggle with for the rest of her life. When her aunt suggested they join Slimming World together, Pamela took the first step on her weight loss journey. "My family and friends are wonderful and hugely supportive especially my little girls. Every Tuesday when I come home from group in the football club I'm asked.. how did u do mammy.., when I tell them they say WOW that's fantastic. All my new Slimming World friends have been amazing, so much positivity comes from the group and the support is overwhelming. Everybody thinks I'm doing fantastic again the neighbors are commenting which does give me a great boost."

fantastic even the neighbors are commenting which does give me a great boost". Pamela's husband who she describes as being on the "skinny side" can't believe the food that she can eat and most of the time he will have the same dinners as her, "we love pizzas but, my personal favorite is pasta bake, we can even still enjoy our Chinese, Slimming World is not a diet and you are never hungry" giggles Pamela. "This time last year a walk around the block would take me 60 minutes and several puffs of my asthma inhaler, but now after losing almost 4 Stone I can do it in 30 minutes and not be effected" beams Pamela. She added "I feel so much healthier it is just incredible, my BMI has dropped right down, I'm just amazed with how my Slimming World friends and my consultant Karen are changing my life, and for the first time ever I know I will hit my target and my goals" Pamela admits to

being quite a shy person and agreeing to do a story like this is something she never thought she would do. But she feels if one person is encouraged to join Slimming world after reading her story then it's worth it" Pamela Says "I can't thank Slimming World enough, my experience so far has been amazing, my consultant Karen is wonderful and the encouragement she gives to all her members every week is fantastic. The future is bright for me and my beautiful family".

Pamela attends Slimming World Maynooth with Karen Delahan-Maher in the Maynooth Town Football Club every Tuesday. Class are at 5.30 and 7.30 and new members are always welcome.

Karen Delahan-Maher - Slimming World Maynooth.



After Pamela (in blue dress) with Karen Delahan-Maher

# Maynooth Tidy Towns Notes

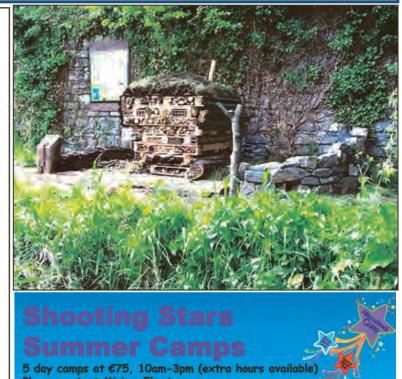
At time of writing our Annual Collection is taking place. Thanks to all who volunteered from Maynooth Flower and Garden Club, U3A, Men's Shed, committee members and MTT volunteers who helped and to all members of the community who generously contributed. Bug Hotel on Joan Slade River has now been completed and is open for business.

National Tidy Towns Application entry has been sent to Dept. of Environment in Sligo. Judging starts on 1<sup>st</sup> June to 31<sup>st</sup> August we ask all members of the community to keep Maynooth clean and tidy. Residents Associations please keep your estates and public areas near you litter free and tidy.

Thanks to all the Election Candidates who refrained from putting posters in the Main Street, as we feel this greatly enhanced Maynooth during the judging of "Ireland's Best Kept Towns" competition during the month of May. If you can help in any way please contact on 087 3153189 Richard Farrell

PRO Maynooth Tidy Towns

Photo Above right: "The Bug Hotel" on the banks of the Joan Slade River in Parson's Street





# Maynooth Town Football Club Notes

Web: www.maynoothtownfc.com - e-mail: info@maynoothtownfc.com

| LSL Premier Division 1 Saturday Table |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                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| 4                                     | Laytown United                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 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| 9                                     | Palmerstown FC                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 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Tony Byrne - Isabel & Sofie  8,15,20,23 | 8,15,20,23 63,200 John O Shea - Claran Gillespie - Conor & Stephen Saults 3,9,17,19 63,250 Mag Sullivan - Jim's Shoe Repair - Paul Keogh 3,14,17,20 63,300 Gina Folan - Declan Burke - John Mc Ginley 3,8,22,28 63,350 Marguerite O Donnell - Mark Mularski - Liam Walsh  The will play in LSL Premier Saturday with the Sunday team gaining the Senior Section of the LSL and will be playing in Senior Sunday 1B. sto the management and squads of both teams on an excellent season. by's Clockhouse for their continued sponsorship of both teams and to it sponsorship also. The management of both teams would like to thank  Ann Cribben - Tony Byrne - Isabel & Sofie  18/01/2014 Maynooth Town 3:1  18/01/2013 Ballyoulster United FC 2:4  09/11/2013 Maynooth Town 3:1  12/10/2013 Pegasus/St James Ath 1:3  05/10/2013 Maynooth Town 3:1  28/09/2013 Lorcan Celtic 0:1  14/09/2013 Orwell FC 1:2  07/09/2013 Maynooth Town 4:2  18/01/2014 Maynooth Town 3:1  18/01/2014 Maynooth Town 3:1  18/01/2013 Ballyoulster United FC 2:4  09/11/2013 Maynooth Town 3:1  28/09/2013 Lorcan Celtic 0:1  14/09/2013 Orwell FC 1:2  07/09/2013 Maynooth Town 4:2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |

22/03/2014

01/03/2014

Maynooth Town

Maynooth Town

Sam Feeney - TJ Byrne - Anne Wall

Ciaran Flanagan - Mick O' Sullivan - Suzanne Farrelly

Kieran O Connor - Caroline Mc Cabe - Paul Coyle



30-Mar

06-Apr

13-Apr

16,23,25,28

15,18,23,28

4,8,27,28

Maynooth Town Football Club would like to congratulate Mc Donald's Restaurant on their 5th Anniversary in business in Maynooth. Mc Donald's have been a major sponsor of the Club in the past including sponsorship of the Maynooth Town Academy. We wish them continued success and look forward to working with them into the future to improve the recreational facilities for the youth of Maynooth.



Eblana FC

Colepark United

9:0

0:1



**Main Street** Maynooth Phone: 01.6292806 info@picaderos.ie



Weekly Live Music at Picaderos... Free Live Music! Book early to avoid disappointment.

Tuesday Evenings 7pm – 10pm An enjoyable blend of Gypsy Jazz Vocals & Classical Violin from acclaimed vocalist & violinist Patrick Collins of the Café Orchestra. Patrick will play his distinctive, yet by no means intrusive blend of classical and gypsy jazz music from 7pm

Thursday Evenings 7pm – 10pm Live Acoustic Flamenco Guitar with Juanjo Manzana

Why not try our taste of Mexico With our special Mexican Set Menu every Wednesday evening from 6:45pm. Large selection of authentic Latin flavours to choose from. 2 courses starting from €21. Live Mexican & Latin music with Jayro Gonzalez from 7pm.

Friday & Saturday Evenings 7pm – 10pm Live Spanish Guitarist & Singer Jose Minguez plays his blend of easy listening songs including the Gypsy Kings & Manu Chau $_{f x}$ 

Phone 01 6292806 for bookings. www.picaderos.ie info@picaderos.ie



Enjoying the sunsine on the new seats in Maynooth in front of Carton Avenue are L\R Niamh Wickham, Cassie Collins, Aine Gibbons and David Cahill, they are part of the ICE (Integrated Community Experience) on the Moyglare Road

# **Keeping Safe Online**

- 1. Set profiles to private so that only people you know and have granted permission to can access your page.
- Guard personal information: even private profiles are not 100% secure.
- Think before you publish: information and photographs you publish online are there
- Online 'friends' aren't always friends: be cautious when communicating with people online you don't know or trust.
- You aren't anonymous online: behaviour online can damage your real-life reputation.
- Don't respond to communication that is bullying or makes you feel uncomfortable: tell a parent or trusted adult what has happened.

For more information you can contact the Office for Internet safety at www.internetsafety.ie or phone the helpline on 01-408-6122



# **Maynooth Labour News**

Cllr. John McGinley can be contacted at: - 6285293 or 087 9890645 - E mail jmcginley@eircom.net - Web: www.labour.ie/johnmcginley/

# Update on Planning for the Two New Post Primary Road/Celbridge Road Junction in Maynooth be **Schools**

The Planning Section of Kildare County Council have sought Clarification of Further Information from the Kildare & Wicklow Education & Training Board (previously the VEC) on 22 April 2014. The Council say that the Planning Application is not in accordance with the County Development Plan or the Maynooth Local Area Plan.

The Council make the following points:

- Traffic signals are required at the junction of the Moyglare Road/Moyglare Hall Road.
- Who will undertake maintenance on the private Moyglare Hall Road?
- Cycle tracks are required on the Moyglare Road.
- Confirmation from Dublin Bus that they will extend their service to the schools

A response to these questions must be with the Council before 21 June 2014.

# Funding Allocated for Surfacing of Mill Street, Maynooth

Cllr. John McGinley has been advised by the Area Engineer that €84,000 has been allocated for resurfacing of Mill Street, Maynooth. This much needed improvement to the roads in central Maynooth follows on from the re-surfacing of Main Street, Parson Street and Leinster Street last year.

Also, €54,000 has been allocated for "Restoration Improvement Works" on the R148 at Carton this year and €20,000 has been allocated for "Safety Approved Schemes" on the R148 at Laraghbryan.

# Cllr. McGinley Calls for Beaufield Gardens to be Taken in Charge by the Council

Cllr. McGinley sent the following E mail to the Council Planners on 25 April:

"Beaufield Estate is all taken in charge except Beaufield Gardens. The Council have considered Beaufield Gardens to be part of Meadowbrook Estate because it was constructed by the same developer as the latter. It does not make any sense as Beaufield Gardens is an integral part of Beaufield.

The residents of Beaufield Gardens collected signatures a year and a half ago to get it taken in charge through the petition route. However, up until now the Council are saying that they have to await signatures from all of Meadowbrook Estate. As this exercise could take some time I'm asking that you now proceed with the taking in charge of Beaufield Gardens as you have the signatures and there are only 32 houses."

# Cllr. McGinley Calls for Improved Public Lighting at Straffan Road/Celbridge Road Junction

Cllr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee of the Council:

"That the public lighting at the Straffan

improved in order to compensate for the closure of Maxol and their floodlights."

John got the following reply from the Area Engineer: "Kildare County Council public lighting section will carry out a night time visit to the location and identify if there is an issue and report back to the Committee.' John stated that there is no need for Council Officials to make a night visit as there is no public light on the Clebridge Road from the Straffan Road up to house number 2 in Laurence Avenue, a distance of about 500m. John said that the provision of a double light on Pole 15 at Rail Park Estate would improve matters and at very little cost

# Cllr. McGinley Calls for Safety Measures at Laurence Avenue/Celbridge Road Junction

Cllr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee of the Council:

"That safety improvements be carried out to the Laurence Avenue/Celbridge Road Junction in order to make it less dangerous for traffic exiting from Laurence Avenue."

John got the following reply from the Area Engineer:

"There are sightline issues at this junction which can only be addressed by the removal of the beech hedge and post and rail fencing. We can discuss this issue with the Residents' Association."

# Cllr. McGinley Asks for Road & Footpath Repairs in Leinster Park

Cllr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee of the

"That the road surface and footpaths in Leinster Park, Maynooth be brought up to an acceptable standard now that the estate has been taken in charge."

John got the following reply from the Area Engineer:

"We have made contact with some residents in Leinster Park to see if they would be interested in submitting an application for funding to repair the roads and footpaths in the estate as part of the community involvement scheme."

# Cllr. McGinley Calls for Safety Measures in Old Greenfield

Cllr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee of the Council:

"Can the council erect stop signs at the junctions in Old Greenfield, Maynooth and can repairs be carried out to the footpaths where necessary?"

John got the following reply from the Area Engineer:

"We identified four locations in Old Greenfield which would benefit from the erection of stop signs."

# Cllr. McGinley Seeks Explanation for Delay in **Taking Estates in Charge**

Cllr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee of the

"What are the additional issues that have to be overcome in relation to Section 180 and the taking in charge process now that Irish Water has come into being?'

John got the following reply from the Planners:

"Section 59(f) of the planning and development (Amendment) Act 2010 amended Section 180 of the planning and development Act 2000 and states that a planning authority shall not take in charge any sewers, water mains or service connections, but shall request the relevant water services authority to do so. Since  $1^{\text{st}}$ January 2014 the relevant water services authority is Irish Water. The council has been informed that Irish Water is working on a protocol for taking in charge of Irish Water infrastructure."

John pointed out that Minister Jan O'Sullivan made the following statement in the Dail:

"From 1 January 2014, local authorities should continue with the existing taking in charge process under the planning legislation but engage with Irish Water in relation to water services infrastructure such as water mains, water connections and sewers which will subsequently be transferred to Irish Water by Ministerial Order. Contrary to certain misunderstandings that may exist, there is no specific legal impediment to the taking in charge of water services infrastructure by local authorities"

# Cllr. McGinley Demands Action on Burnt out House in Old Greenfield

Cllr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee of the Council:

"What progress has been made in getting the burnt out house in Old Greenfield demolished and the site cleared"

John got the following useless reply from the Planners:

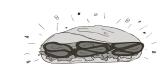
"The Council does not own any burnt out premises at Old Greenfield, Maynooth however the matter will be investigated to determine the most appropriate course of action."

John pointed out that the issue was raised at the January Area meeting of the Council and that it is incredible that Officials have forgotten about it already. He again stated that it is a private house and not a Council house and that the Council should demolish the house, clear the site and send the Bill to the owners (probably some bank)

John is also on Facebook



# Donovan's Food Store Trading Since 1888 Greenfield Shopping Centre



01-6517500

Mon-Sat 7.30am - 10.00pm Sun 8.00am - 10.00pm
Breakfast Rolls, Paninis, Sandwiches of your Choice.
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# Catherine Murphy Independent TD

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# Dáil told that Homelessness Crisis continues to Deepen Numbers on waiting list could fill Croke Park for three consecutive nights.

Independent TD Catherine Murphy yet again drew the Dáil's attention to the current housing and homelessness crisis and urged the Taoiseach to consider what this Government's bottom line is in relation to Citizen's welfare.

Speaking during Leaders Questions, Deputy Murphy asked the Taoiseach to consider the plight of families with children being forced into emergency hotel and B&B accommodation or asking friends and families if they can sleep on their couch.

"We all know how difficult the economic situation is but surely the Government has a bottom line beyond which citizens, many of whom are children, will not be allowed to fall and surely, in 2014, the right to shelter must be that bottom line."

Referencing the difficulties that will be faced by authorities in sourcing emergency hotel and B&B accommodation during upcoming high profile events in the capital, Deputy Murphy said;

"Ironically, we could fill Croke Park on three consecutive nights with numbers of people on the housing lists and that is a shocking statistic, but it is not just a statistic, it is real people, many of whom are in real crisis."

# Guerin findings also highlight importance of adequate deployment of Garda resources

Speaking at Leaders Questions in the Dáil today, Independent TD Catherine Murphy drew attention to aspects of the Guerin report that have, for the most part, gone unremarked despite their serious warnings for the future of policing in Ireland.

Deputy Murphy noted that in Chapter two of the report, Sean Guerin SC draws attention to the significantly poor resources available at Bailieboro station, in terms of physical facilities and personnel allocations. The report forms the opinion that this lack of resources contributed significantly to the issues dealt with in the report. Deputy Murphy has, for over two years, sought to highlight the insufficient and disproportionate allocation of Garda resources, producing a substantial document last year showing the counties in most dire need.

"For the past few years I have analysed the policing plans which are laid before the Dáil annually, against demographic changes and CSO crime statistics. In doing so, the only conclusion I have been able to draw is that the policing plan is a work of fiction. Counties that have witnessed a consistent population growth over the past decade or two are the most disproportionately affected. Counties such as Wexford, Meath and my own County of Kildare which is the worst served in the country with only 1 Gardaí per 666 persons."

"I welcome the establishment of the myriad of expert reviews that the Taoiseach has announced however I trust that these reviews will accept the importance of accurate and responsive deployment of personnel resources and that the political will exists to implement those findings. We're back here now despite the findings of the Morris Report; we don't back to be back here again in another couple of years having not acted on the findings of the Guerin report."

Technical Group Independents call on RTÉ to recognise their mandate.

The Technical Group of Independent TDs will refuse to participate in tonight's RTÉ Prime Time debate regarding Local Government because of the way in which the editors have structured the programme.

The programme will be formatted in such a way that the 'main' panel will be made up of Sinn Féin, Fianna Fáil, Labour and Fine Gael. The Independent representative who was invited to participate was asked to sit in the audience where s/he would be called on for comment.

"The Technical Group represents one third of the opposition, holds more Dáil seats than Sinn Féin and just slightly less than Fianna Fáíl and that alone surely requires the National Broadcaster to respect the mandate given to Independents in the last General Election. Add to that the current opinion polls which have Independents polling at similar levels to Fine Gael, above Labour and the other opposition parties and you can see that it becomes very unfair for RTÉ to structure their panels in a way that is not reflective of the audience's mandate."

"For too long now the status quo has been maintained and indeed proliferated by the National Broadcaster and all signs are that the status quo is the last thing the electorate are looking for. On that basis the Independent Deputies of the Technical Group are calling on RTÉ to provide truly representative panels when it comes to current affairs programming."

The Group have lodged a formal complaint with RTÉ and are seeking an urgent meeting with Montrose Executives.

# Potential Solutions to Housing Crisis May Lie Outside The Box

Independent TD Catherine Murphy today drew attention to two, less obvious, potential solutions to alleviating the current housing crisis by highlighting the plight of those with vacant properties who cannot afford to bring them up to standard and those who have emigrated or vacated a property but continue to pay some portion of the arrears on their Local Authority mortgage while the property lies vacant.

"We really have to look both inside and outside the box this time around if we are to solve this crisis. I very often come across properties that are lying idle and falling into disrepair – in many cases these properties will have been bequeathed and the recipient simply cannot afford the funds to meet all the requirements that are necessary before the property can be considered for rental purposes. Costs such as property tax, property repairs, achieving a BER rating etc. all add up and if there was a scheme that would allow agencies to intervene to cover these costs in order to bring the unit to the rental market then we would see a great number of properties coming online."

"Anecdotally, people in local authorities are telling me about properties that have local authority mortgages in large arrears that have been vacated because the person has emigrated or moved on but because they are trying to solve their debt problems, they continue to pay an amount towards their arrears and as a result the local authority leaves the property vacant. If we could consider a scheme that could assist the original owner to make a clean break whilst furnishing the local authority with another property then everybody benefits."

"I have consistently called for a relaxation of the out ofdate rent caps and I predicted two years ago that ignoring this issue would lead to a housing crisis. We must also accept the reality that whilst the situation in Dublin is dire, the same is equally true in many other areas of the country, particularly the commuter belt areas of the large cities."

"The solution to this crisis is not going to come as a result of various Ministers telling us that Community Welfare Officers can exercise discretion with rent supplement levels. Just this morning I had an email from a senior official in the rents unit telling me categorically that there are no new instructions to award rent supplement at higher rates and that there is no new policy in regard to housing homeless families. Rhetoric in interviews is vastly different to the reality on the ground and at the centre of it all are the families who continue to suffer. It's simply not good enough."

# Announcement of New Housing Agency Falls Short of Addressing the Problem

This afternoon's announcement by Government that they are to establish a new Housing Agency to tackle the current housing crisis has been met with dismay by Independent TD Catherine Murphy. The Social Rental Agency for Dublin has been set up with a specific focus on dealing with the housing crisis in Dublin rather than the national crisis.

"I cannot believe that Government have ignored the very clear evidence that this crisis is not a Dublin only crisis. I have repeatedly highlighted the fact that three Counties; Dublin, Cork and Kildare, have the highest social housing lists and with demand being greatest in these areas the private rental prices soar thus exacerbating the housing crisis."

"While the situation in Dublin is dire, it is equally so in other areas and indeed many of those areas, like my own area of Kildare North, have a real difficulty in providing emergency accommodation because there are simply not the same levels of B&Bs, hotels and hostels, so in effect the crisis is more urgent in these areas. "

"I welcome the Government finally accepting that there is a crisis but I do not welcome their knee-jerk, less than satisfactory, response to that crisis."

# Housing Crisis Won't Be Solved By Occasional Knee-Jerk Reactions

Independent TD Catherine Murphy has once again highlighted the fact that that the announcements by the Minister of State for Housing in relation to the housing crisis are very Dublin specific and do not go far enough in addressing the current problems.

"The current crisis is no surprise to those of us who have been at the forefront dealing with constituents encountering problems for over two years so to see the Minister suddenly announcing these haphazard and insufficient initiatives is surprising"

"As I have said, I am very happy that finally the Government have listened to those of us who have been trying to draw attention to this crisis for a long time now but I urge the Minister to look outside of Dublin, to look beyond short-term emergency accommodation and to recognise the need, identified in their own Housing Agencies report, for over 5,000 housing units per year and rising."

"Choosing to ignore the very obvious problems caused by the inflexible rent caps is a huge oversight and I simply don't believe that the initiatives announced by the Minister will accomplish the goal of providing sufficient solutions to the crisis"

# **Clues Across**

# June 2014 Crossword - No: 425

15

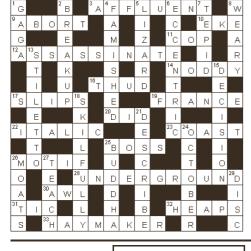
21

24

# **Clues Down**

- 9. Effect a radical change (13)
- 10. Mixture of earth and water (3)
- 11. Pertaining to Spain (7)
- 12. Slant (4)
- 13. Leg joint (4)
- 15. Big (5)
- 17. Ashore (7)
- 19. Derby venue (5)
- 21. Knock vigorously (3)
- 23. Feed on grass (5)
- 24. Formal speech (7)
- 25. Jewish scholar (5)
- 27. Not one (4)
- 28. Stupefy (4)
- 30. Rattling sound (7)
- 32. Grievous distress (3)
- 33. Not fully conscious (4-9)

# **Answers to Crossword 424**



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# **Entries in before:** 17th June 2014

11

12

17

23

32

Name: Address: \_

Phone No.: \_

- 1. Astronaut (9)
- 2. Benefit (5)

10

13

- 3. In addition to (4)
- 4. Newcomer (8)
- 5. Incentive (6)
- 6. Desire (4)
- 7. Recall past experiences (9)
- 8. Pass legal judgment (5)
- 14. One that moves (5)
- 16. Is inclined (5)
- 18. Resistant to staining (9)
- 20. Hypnotism (9)
- 22. Picture executed in paints (8)
- 26. Tree limb (6)
- 27. Recently (5)
- 29. Permit (5)
- 30. Prolonged unconsciousness (4)
- 31. Large stone (4)

# Winner of Crossword No. 424 May

# **Patrick Healy Leinster Park** Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

Collect prize from

The Maynooth Bookshop 68 Main Street, Maynooth

# **Difficult**

#### 4 3 8 6 9 6 7 5 1 7 4 2 1 6 3 5 9 5 3 8 3 1 8 5 4

# **Sudoku Challenge** June 2014



# **Super Difficult**

|   |   |   | 2 | 9 |   | 1 |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 |   |   |   |   |   |   | 6 |   |
|   | 6 |   | 8 |   |   |   | 3 |   |
|   |   | 4 | 6 |   | 3 |   |   | 2 |
|   | 3 | 6 |   |   |   | 7 | 5 |   |
| 2 |   |   | 4 |   | 9 | 3 |   |   |
|   | 7 |   |   |   | 1 |   | 2 |   |
|   | 9 |   |   |   |   |   |   | 3 |
|   |   | 8 |   | 3 | 2 |   | · |   |

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

> Send completed puzzles to **Maynooth Newsletter** Unit 5 Tesco S/C Maynooth.

Entries must arrive before: 17th June 2014 **Collect prize from Newsletter Office** 

| Name:    |  |
|----------|--|
| Address: |  |
|          |  |
| Phono    |  |

Congratulations to May Winner:

Patrick O'Donoghue **Kingsbry** Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

# **Defamation and Social Media**

Defamation: Any intentional false communication, either written or spoken, that harms a person's reputation; decreases the respect, regard, or confidence in which a person is held; or induces disparaging, hostile, or disagreeable opinions or feelings against a person.

With the spread of social media, instances of defamation have become more common, be they either intentional or accidental. Many people are unaware how easy it is to defame someone via Twitter or Facebook, so care needs to be taken when writing about other people on social media. The law of defamation exists in order to protect the reputation of a person but also to support a person's capacity for free speech so a balance needs to be struck between these two competing rights. This is a balance the courts have constantly recognized, a judicial exercise they consistently utilise.

Originally there were two types of defamation: firstly, oral defamation, which is called slander and, secondly, published defamation, which is called libel. Oral defamation would be the type that would have been spoken at a meeting/party etc. whereas published defamation, for example, would be in a newspaper or a television broadcast. With the introduction of the 2009 Act, both terms have been compressed into a single unit known now as "Defamation" and incorporates material published by all means of communication, including the most contemporary medium of communication, the internet.

An invaluable source of information, one of the internet's most appealing characteristics is its ability to allow people to keep in touch with others who may live overseas by a source that has taken the world by storm, social networks. The most obvious and most used come to mind: Facebook and Twitter. Renowned for their ease of use and accessibility, they do require a certain degree of caution as inaccurate posts or "tweets" can result in high profile defamation cases. Facebook alone gives its 800 million users countless opportunities to defame someone. This could be via status updates, groups, photos, link pages, comments, etc. All it takes is for one person to type an accusation or insult against somebody or that user's friends, a friend of a friend; essentially anyone that is capable of viewing the comment. Facebook is a widely recognised medium that empowers people from all around the world in their right to freedom of speech, to share news and broadcast their ideas; it also provides a perfect breeding ground for the destruction of a person's reputation and the potential for subsequent lengthy court proceedings.

It is however against the social website 'Twitter' that most of the cases of defamation have occurred. This is because Twitter is a more open social network whereas on Facebook, only people linked to those users can see their posts and it is more common for Facebook users to restrict their privacy settings. Twitter users can restrict their posts only to followers they approve, however most people don't avail of this option. This leaves the content of their posts open to being viewed in five ways:

- i) any of their direct followers can view their Tweets;
   ii) on an even more pertinent level is the fact that anyone can view an unrestricted Twitter account even if they are not a Twitter user;
- iii) anyone can use the search function on Twitter to view that content;
- iv) Google scrapes content from Twitter to its Google searches, thereby increasing the capacity of potential views of the defamatory material.
- v) Also, by its nature, it is very common on Twitter for people to forward other user's content called a 'ReTweet, a device not too dissimilar to the 'Share' button in Facebook, which means that a defamed Tweet can quickly be "ReTweeted" to many thousands, often millions of users almost immediately. If a situation arises in which you are accused of publishing defamatory material, a defamation suit may

follow intimating that if you do not retract the statement in question, you may be sued. However, on the internet it is very difficult to delete something because even if the original user deletes his comment other copies could still exist where other users have "Shared"/"ReTweeted" the content. One website, even if the comment is deleted, will often be saved in the Google Cache, so offended parties will still be able to see a copy. However since the enactment of the 2009 Act, each hit on a webpage that was considered a new publication and therefore potentially a separate cause of action, has been done away with. This rule, the multiple publication rule, has been abolished but the courts may grant a person to "bring more than one defamation action in respect of a multiple publication where it considers that the interests of justice so require" so again, caution is required when using and, more importantly, when publishing material on these social network sites.

Tips for avoiding defamation via social media:
Consider anything you write on a social media profile the same as if you were publishing it in a newspaper.
Do not say anything that you believe to be untrue.
Do not repeat anything that you cannot verify as true.
Do not "Share" or "ReTweet" any details that you believe could be considered defamatory.
Before you post information on other people, think about how this could be perceived and whether the information could harm their reputation.
If you are worried about Twitter then protect your profile; only permit people you approve of to gain

In Facebook, increase your privacy settings so that only your friends can view your profile. Importantly, do not let friends of friends view your profile, because your friends may not exercise as much discretion as you do when approving their friends on Facebook.

access to your home-page.

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# 25 Mind Boggling Facts That Will Change Your Perspective On History

- 25 The pyramids are so old, that even King Tut would most likely have referred to them as "ancient".
- 24 Some Giant Redwoods are older than the pyramids.
- 23 After ruling Egypt for hundreds of years, Cleopatra was the first in her family to learn Egyptian.
- 22 Alaska was the only part of America to be occupied by Axis troops in WWII.
- 21 It has been calculated that in the last 3,000 years there have only been 240 years of peace throughout the civilized world.
- 20 Julius Caeser's army once split apart to perform a flanking maneuver and spent hours in a standoff against itself.
- 19 At its height, the Roman Empire was 2.5 million square miles. It was only the 19th largest empire in history.
- 18 Speaking of empires, Warners Bros. was founded only a few months before the fall of the Ottoman Empire.
- 17 In one afternoon during the Battle of Stalingrad a railway station switched between German and Soviet control fourteen times.

- 16 The Soviets used dogs strapped with explosives as anti tank weapons. Sometimes, however, the dogs would run back and explode among the Soviets.
- 15 It is said that for every American killed during World War II about 21 Soviet soldiers were killed.
- 14 Of the 11 deadliest wars in history, 9 were in China.
- 13 Sunglasses were actually invented by the Chinese but not to block the sun. They were used by judges in courtrooms to hide their emotions.
- 12 At the time of the Roman Empire babies were nearly 20 times more likely to be born with a tail than they are today.
- 11 John Tyler, who became the 10th president of the United States in 1841 has two living grandchildren.
- 10 The last widow of a Civil War soldier died in 2003.
  Gertrude Janeway was 18 when she married 81 year old
  John Janeway in 1927.
- 9 When she died she was still receiving a monthly check for \$70 from the Veterans Administration for a military pension earned by her late husband on the Union side of the American Civil War. The amount spanned three centuries.
- 8 On the night of his assassination Martin Luther King had a pillow fight in his motel room.
- 7 On the night of Abraham Lincoln's assassination, he signed the Secret Service into existence.
- 6 Napoleon was actually taller than the average Frenchman.
- 5 The current U.S. flag was designed by 17 year old Robert Heft for a school project. He received a B minus. When the president selected his design the teacher changed his grade to an A.
- 4 Baseball was actually invented in Britain in 1755, three decades before the commonly accepted date.
- 3 The pyramids were originally completely coated in white marble with 24k gold caps on top.
- 2 In 1927 a Nazi physician named Julius won the Nobel Prize for curing syphilis by giving people malaria.
- 1 All British tanks since 1945 have been equipped with the facility to make tea.

# The Miracle Prayer (2)

Dear Heart of Jesus in the past I have asked for many favours. This time I ask for a special one (mention here). Take it dear Heart of Jesus and place it within your own broken Heart where your father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen.

Say this prayer for three days. Promise publication and prayer and favour will be granted, no matter how impossible. Never

known to fail. Thanksgiving for favour received.

# Geo-Tagging: The Pictures You Share Could Lead Strangers to Your Door

home address or daily schedule to complete strangers, but many may not realise that the photographs they are posting online to social media are revealing their exact whereabouts to anyone in the world who views them. It's a common scenario: you are having a night out with friends, or perhaps enjoying a walk outside and see something interesting, or it's your child's birthday party. You snap a quick photo of whatever you are doing and post it to a social media site, such as Facebook or Twitter. We naturally want to share our lives with friends and family, but thanks to the phenomenon of geotagging, you may also be sharing your exact location – down to the metre – with anyone else who sees the photograph.

Sound unlikely? Mathew Honan of Wired Magazine conducted an experiment on social media and the ability to track people by the photographs they post. As a test, he spotted an unknown woman in a park taking photographs of her dog. All he knew about her was the model of her phone—the iPhone 3G—but using that, he was able to go home and find her Flickr account. From other photos she had posted just of her apartment interior, he then discovered her home address.

A geo-tag is information automatically embedded into every photograph you take. It includes details such as the geographical location and the time and date you took the photograph. Smart phones like the Android and iPhone all have GPS and embed your exact longitude and latitude coordinates into every photograph you take with them. This allows people to identify the location of your photographs down to the metre, so if you post a picture from within your house, you are effectively broadcasting your home address to the internet.

Several celebrities – including William Shatner, Weird Al Yankovic, Arnold Schwarzenegger, and others – have unwittingly revealed their home addresses and traceable locations through geotagged photos. The military also learned a hard lesson about the security risks of geotagged photos in 2007. US soldiers took photographs of a shipment of a new fleet of Apache helicopters and shared them online. Iraqi insurgents were able to determine the exact location of the helicopters within the military compound based on the embedded geotags and destroyed four of the helicopters with mortar fire. Deployed soldiers must now remain aware of the potential of revealing the location of their unit when they post photographs of themselves to social media. A further concern for the military is

Most people know better than to hand out their what family members may unknowingly share the gym every week, where your children go when they pass along pictures or videos from deployed family on social media.

> These accidents led computer security experts in Massachusetts Ben Jackson and Larry Pesce someone were to get a hold of your phone to create the website icanstalku.com to help people realise how vulnerable they may be. They have since ended the project, but previously, software on the site scanned photographs people post to Twitter for the geographical data embedded in the pictures and then ran the data through Geonames, a service that translates the information into longitudinal coordinates on a map. Their website then provided a stream of current locations of Twitter users. Twitter users have been shocked and alarmed to receive a message from Pesce, a stranger, informing them that he has traced their exact current location. Much like a similar website pleaserobme.com, the intention was not actually to stalk or rob people but to alert people who may not realise how much they are revealing about their lives and locations online to anyone who wants to see. They note that Twitpic still does not scrub the metadata contained in posted photos, so anyone else could easily continue collecting people's data in a similar fashion.

Such information is also included in videos and SMS messages, which is a concern given the rise of sharing personal videos online. House thieves are becoming increasingly aware of and adept at using social media and geotagging to target people they know are away from home – on vacation or even just out for a meal – especially if people have posted any pictures that show details of their home and any of its contents. For example, people frequently share pictures of their home and family around the holidays, not realising they are giving thieves not only their home address but also a look at any gifts they've received that could prove worthwhile to steal.

Many people are unaware of the potential dangers or consequences of geotagging. For instance, would you really want anyone to be able to piece together the exact location of your home, your children's school and activities, and where you and your family are from day to day? Security experts warn that sites such as Foursquare and Facebook's Places – which allow users to deliberately geotag their photos for social networking purposes – pose an additional risk. If you use social media frequently, over time people can easily start to build a highly detailed and geographically precise profile of your habits and establish patterns of your movements where you live, where you eat and shop, where you work, where and when you go to

to school or hang out with friends, when and where they attend school clubs or activities, when you are away from home, etc. If with these GPS and geotagging features all enabled, they could recreate your entire day, making the loss or theft of smartphones a bigger worry.

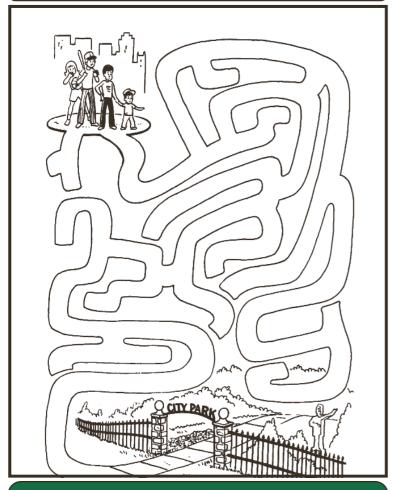
You might think that you are being cautious, but a study from the University of Southern California sampled 15 million tweets and showed that 1 in 5 tweets reveal the author's location down to street level. Other universities are creating websites and designing social experiments like icanstalku to study what they are calling people's 'geosocial footprint' - the information and location details that users divulge on social media. The Ready or Not app at teachingprivacy.com was started by the University of California in Berkley to track Instagram and Twitter users, while geosocial footprint.com is based off the USC study on Twitter and its geotagging feature. Both websites allow you to search for your own or others' geosocial footprints, as well as containing articles and information on their research so far and on how to protect your privacy online.

Of course we still want to share our lives with others, and social media is a handy tool for this. However, the rise of social media in people's lives has been rapid, and we are still discovering all of the consequences – positive and negative – that it can have. Geotagging is a feature that can have many unwanted repercussions, so people should be aware of how much information they are revealing to the world at large and how that information can be used.

If you are concerned about the geotagging embedded in your photographs but still want to share them, there are tools available online that strip the metadata out, such as ExifCleaner or pixelgarde, or apps for your phone, like iMetaPhoto on iTunes. On smartphones, the automatic GPS and geotagging features can also be turned off entirely or used only when you purposely need or want them to be on. Online, you can check a site's settings to adjust its automatic geotagging features; Facebook's Places is set to be active as the default, for example, but you can change this setting. Knowing how to control the geotagging features you interact with on a daily basis will allow you to choose when you want to use them or how to turn them off to avoid unintentionally sharing more of your life than you may be comfortable.

# Help the kids get to the Park

# McDonalds Children's Colouring Competition

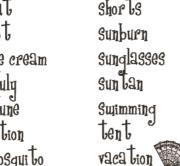


# Can you solve our Word Search Puzzle?

D R P S U N T A N I C E C R E A M ZFCHUSUNBURNF YIAHGHBOATCOUSUGB NQUBEEWATERMELONC ANSWIMMINGJLWGBBH YQTACIPQTOUQNJDOH V R N N G X S G T W L X X G R L Y ALTFCMFQDPYSDAPCD COLOAOAXGCMAITPCE ATWSMSNSUNGLASSES TIOHPOFXDFTENTPXL I O V O I U I W Q K R H O T B M C ONJRNIMUFFHLKGLRW NZRTGTXJZKLHATXZT BKNSVOQWJVXXRDWEB



hat Shor ts hot ice cream sun lan July June lotion mosquito





# McDonalds Children's Colouring Competition **Prizes:: Free Family Meal From** McDonald's, Maynooth

| Name:     |
|-----------|
|           |
| Age:      |
|           |
| Address:  |
|           |
|           |
|           |
| Phone No: |

May Winners:

Age: 3 - 5: Isabelle Wade, Griffin Rath Hall

Age: 6 - 7: Ava Murray, Moyglare Hall

Age: 8 & Over: No Entry



Prizes for **Colouring Competition** can be collected at:



# McDonald's New 5th Anniversary Advert to be sent to printer

# June 2014 Diary Planner

# Irish Girl Guides

Meetings Tuesday evening in Maynooth. For further information contact Jackie on 085 1413787 or visit I.G.G. website www.irishgirlguides.ie

# Community Library

Opening Times
Mondays & Fridays
2pm to 5pm
Tuesdays & Thursdays
1pm to 8pm
Wednesday 9.30am to 1pm
& 2pm to 5pm
Saturday 9.30am to 1pm

# I.C.A.

Monthly meetings take place every 1st Thursday of the month at 8.00pm.in the I.C.A. Hall in the Harbour.

Crafts every Monday night at 8.00pm.

New members welcome

# Arthritis Ireland (Maynooth)

Arthritis Ireland Walking Group
(Maynooth)
Meeting Monday's at 12 Noon
Maynooth Community Space
Unit 11/12 Tesco SC
Carton Park, Maynooth
For Seated Exercise & Walking
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Tel: Brian 087 2157231

# University of Third Age (U3A)

Weekly meetings on
Fridays at 11am.

Maynooth Community Space
Unit 11/12 Tesco SC
Carton Park, Maynooth
New Members Welcome
Please contact Helen
Phone: 01-6286592

# History Group

Meetings every last
Thursday of the month in
Maynooth Community
Council Office
Tesco Shopping Centre
at 8.00pm.
All Welcome

# Bridge Club

Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com.

Contact Katherine Cooney
086 8205910

# Parent & Toddler Group

Every Thursday from 10.00 a.m. to 12.00 p.m. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth

# Men's Sheds

Weekly meetings take place every Wednesday at 11.am Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth



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# Glenroyal Business Centre Maynooth



Maynooth Town FC winners of the Polikoff Cup 2014. Left Team Captain Martin O'Connor receives the cup following a 1-0 win over Liffey Wanderers at the Belfield Bowl. Below left David Folan receives the Man of the Match award having scored the winning goal.





# FILM MONTHLY BY BERNIE CLAXTON

Film Review: Calvary Director: John Martin McDonagh Starring: Brendan Gleeeson & Chris O'Dowd



Rating: 4/5



In 2011, the award-winning London-Irish Director, John comic talent although the comedy in this film has a Michael McDonagh, had a world-wide hit with the subversive comedy-thriller The Guard, which starred Brendan Gleeson in the title role of a controversial, coke and menacing universe. We behold an Irish village with snorting and amoral Garda (very topical!) dealing with drug dealers in a police outpost in the West of Ireland. For his follow-up film, *Calvary*, we are once more in the West. There are some similarities with the first film in terms of repetition of actors, snappy dialogue and the usual black humour which typifies McDonagh's films. However, in terms of tone, Calvary is decidedly different to The Guard and the riotous scenes of the first film are muted in this second more thought-provoking

Calvary has a Hitchcockian opening – a seemingly routine Confessional meeting between a priest and his parishioner takes on sinister undertones when the wouldbe penitent threatens to kill his bemused Confessor within a week. It sets up the intriguing premise that if an innocent priest can be murdered in atonement for the sins of his fellow priests, then somehow the effect will be deemed more shocking. 'People wouldn't know what to make of it'. Murdering priests seems to be a preoccupation for the McDonagh brothers. The playwright brother of John, Martin McDonagh had a priest dramatically killed off in the Confessional in his 2008 hit comedy-drama, In Bruges.

In Calvary, Brendan Gleeson plays Father James Lavelle, a good priest threatened with annihilation. His response to his would-be assassin is full of ironic understatement, ('certainly a startling opening line') undercutting the serious nature of the intent to kill. It's not only a startling opening line for the priest (in his Confession Box) but also for the viewer who witnesses this strange drama unfold. Gleeson's wonderfully expressive face, in extreme close-up, records and illuminates every detail of his reactions to the hidden, unknown and sinister voice in the darkness. The unseen presence has a common tale of woe to tell in modern Ireland - one of abuse. Despite the unsettling opening, McDonagh's film is less Hitchcock and more a spiritual exploration of the complicated nature of faith, sin and forgiveness. Calvary is also darkly radical, funny and satirical in execution.

Father James has a week to put his house in order before his date with destiny. The world, according to the Bible was created in seven days but Gleeson's world is about to come tumbling down. The film itself it divided into seven episodic parts to denote the passing of the potentially last week of this troubled priest's life. McDonagh's setting for his blacker shade of black comedy is ironically in a gorgeous Sligo coastal backdrop. The West has never looked more stunningly beautiful. Calvary is not your typical Irish film although, at first glance, the usual motley crew of Irish character types appear in abundance. Gleeson's priest is not your typical man of the cloth either, being a widower and father of a grown-up daughter. Father James, a man of intelligence and maybe 'too sharp for this parish' finds his faith severely tested by his parishioners as the

We, the audience, are quickly thrown into a moribund world of sin and lack of respect for the church and authority. Calvary is littered with a who's who of Irish

definite edge and bite as themes of anger and retribution take centre stage. McDonagh's characters inhabit a dark nary a Barry Fitzgerald or Quiet Man in sight. These parishioners, neither quaint nor whimsical, apparently have murderous intentions!

A list of possible suspects for Gleeson's imminent demise make their presence felt in various scenes and interactions: an aging American writer, as played by M. Emmet Walsh, is determined not to 'go gently into that good night'; a loopy and hilarious Killian Murphy, of Love Hate fame, harbours bizarre thoughts of murder and suicide; Chris O'Dowd, with his recent success on Broadway, is obviously keen to exercise his acting chops but appears, at times, to be trying too hard as the disgruntled butcher; Dylan Moran is surprisingly effective as a drunken, pompous ex-financier hiding away in his Big House from the ramifications of dirty dealings in Celtic Tiger Ireland; Pat Shortt, playing against type, is sinister and unpleasant as a local publican; David McSavage seems to have wandered in from an episode of The Savage Eye to play a variation of his usual clergyman types in the role of the Bishop as the local atheist and drug-taking Doctor.

Into this heady mix, comes the priest's estranged and angst ridden daughter, (a visceral Kelly Reilly) who comes home to impart certain home truths to her neglectful father. They have a troubled history which spurs an uncomfortable jolt to his inner belief system. The fragile, damaged exchanges between Gleeson and Reilly involve some of the most touching scenes in Calvary. They provide a melancholy counterpoint to the more strident action and give the film its heart.

What is Gleeson's role as he is propelled into a moral vacuum and chaotic universe? Well, as he relates to his fellow priest, Father Leary, (a gormless and very funny David Wilmot) his part is to provide counsel, solace and non-judgement to others. However, Father Lavelle is a good, decent priest fighting a losing battle for souls. Calvary may appear to exist in some West of Ireland surreal time warp but the malaise on display is definitely symptomatic of post Catholic and post Celtic Ireland.

Barely concealed rage and dissatisfaction hold sway: an adulterous wife (a mischievous and lively Orla O'Rourke) makes overtures to Gleeson's put upon priest while another priest is knocked to the ground by debauched customers in a pub. Customers openly engage in drug taking activities in the toilets of the local pub while Riverdance-type music plays incongruously in the background. Pat Shortt's vengeful publican taunts Gleeson's priest with 'your time has gone' while an antagonistic black man reminds the priest that he's 'not in the missions now!' A price must be paid for the arrogance of the Church. The 'forgive and forget' mentality of David Wilmot's lack-lustre Father Leary doesn't hold much water with the grievances of an angry community looking for answers and retribution. For Gleeson's honourable priest, confronted with these discordant elements, every life is sacred. Though Gillen's cynical Doctor would have it otherwise as he spits back – 'and some are less sacred than others'.

McDonagh's film is a very deeply felt one with

moments of pure brilliance. At its centre, holding all the pieces in place is a magnificent and truly remarkable performance by one Brendan Gleeson. It's quite the juggling act. Gleeson's power-house performance as the heroic priest is the main reason to watch *Calvary*. It may be, for some viewers, the only reason to watch it. A big bear of a man – every crevice in his lined, tortured and craggy features is etched with the humanity and compassion that is so lacking in his fellow parishioners. We feel and sense his bewilderment, pain, rage, frustration and incomprehension in the face of overwhelming odds. McDonagh wrote this script with Gleeson, particularly, in mind and the latter works wonders with the role.

Gleeson's Father Lavelle is a Christ-like figure, a man of integrity, taking the sins of his parishioners and Church on his very broad shoulders. His personal journey to Calvary (as he comes to terms with his own faults and failings as man and priest) and a possible catharsis plays outs in the wildly rugged terrain of the West. Lavelle's lonely, pared-down, and almost puritan existence (his bedroom is strikingly bare with no mementos of his past life) contrasts wildly with the moneyed classes (Dylan Moran's disgraced financier) and the past excesses of while a bitter Aiden Gillen seems somewhat out of place the Church he represents. While Moran's detached Toff seeks to find meaning in material objects, like paintings, Gleeson's priest attempts to find meaning in simple things: the simplicity of companionship whether it be man, child or animal; the simplicity of forgiveness and the simplicity and beauty of pure faith. His wearing of the old fashioned soutain, especially, is the priest's attempt to recapture an earlier innocence and deeper, purer sense of faith.

> In the final analysis, maybe this notion of finding meaning in faith and forgiveness is the overriding message McDonagh has to deliver in Calvary. There can be beauty, dignity and meaning in the acceptance of suffering (a grieving woman finds meaning in the face of random loss) although it is tempered by the non-belief of others who would have us believe in a chaotic and meaningless universe. In this hard road or rocky path, where we take up our own personal crosses, there are no easy answers or solutions to life's problems. In effect, we have the choice to make a heaven or hell of it.

Calvary is a complicated and thoughtful film, but not without its flaws, like its central protagonist. McDonagh's exploration of certain themes in *Calvary* is not instantly accessible and may prove a little too bleak and unrelenting for some. However, if you are willing to persist with it, to work at it, you will be richly rewarded with a performance by Brendan Gleeson of monumental soul and passion and a film that resonates long after the closing credits.



# Labour Advice Service



**Emmet Stagg TD** 

Every Monday at 4.00 pm in McMahon's (Formerly Caulfield's)

(Except Bank Holiday Weekends)

Dáil contact Numbers 01-6183013/6183797



# "Maynooth Summer Festival 29th - 31st August 2014" It's Our Festival - Let's Get Involved!!!!

Invitation to the people and groups of Maynooth to become involved in the Maynooth Summer Festival 2014

This year's festival will run from 29th - 31st August (the latter end of Heritage Week). As in previous Festivals we will have music, song, dance, art, family fun activities and more in various locations around the town – The Square, The Geraldine Castle, The Harbour and Tesco's car park as well as other smaller venues. We have had always had great support from groups and the Community in Maynooth. We will be contacting those groups again in the next few weeks. In the meantime the Festival Committee will be organising a meeting which will take place in the Glenroyal Hotel on Monday 14th July at 7.30pm. If you feel you would like to help with or take part in this event please contact the Maynooth Community Council Office – (01)6265922 or Email: maynoothcc@eircom.net We would welcome your support.



L-R Hannah Sweeney and Michelle Bermingham were pleased with how the Physics Exam went.



L-R Luke Stewart Mills, Seoirse Murray, Daniel O'Keefe, Josh Hurley and Rhys Connolly Duggan looking relaxed after the Physics Exam.

# **Leaving Cert Exam Time at Maynooth Post Primary School**

The sun was shining on the hard working students of Maynooth Post Primary School on the Moyglare Road on Monday 16th June following their Physics Exam in the 2014 Leaving Certificate. All the students we spoke to were happy and relaxed with how the Physics exam went, all agreed that it was pretty straight forward with no head wrecking suprises. These students were still undecided about future plans except Michelle, who would like to study Applied Languages and Translation studies in Japaneese and German. Good luck to them all.

This publication is produced by Maynooth Community Council's Community Employment Scheme, supported by
Department of Social Protection, which is funded by the Irish Government under
the National Development Plan 2007 - 2013



EMAIL: OAKALLEYRESTAURANT@GMAIL.C<u>om</u>

# Royal Irish Automobile Club Pioneer Run 2014 leaving Barberstown for Maynooth.



Maurice Cassidy from Kilsallaghan driving a 1913 Rolls Royce Silver Ghost



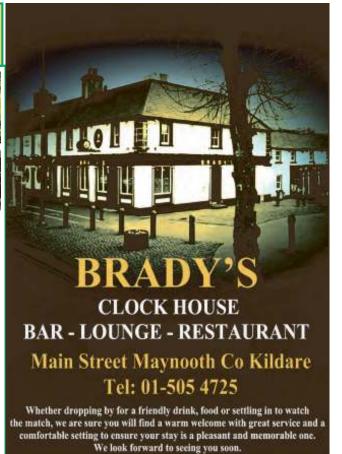
Richard and Jo Mc Allister from Malahide in their 1913 Sunbeam.



Simon Thomas from Comber in his 1904 MMC 6 HP



The Daly's from Thurles in a 1914 Model T Ford



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# THE FLEA SEASON



The most common flea found on your pet is Ctenocepholides Felis. Fleas are wingless insects with bodies of 1.5 – 4mm long. Fleas often cause a skin dermatitis on your dog or cat by biting your pet for the purpose of sucking blood. In this process the flea injects saliva into the skin and this causes an allergic reaction resulting in excessive scratching and licking. Infested

animals become restless, lose condition and spoil their coats by biting and scratching. This condition can persist in hypersensitive animals and may prove difficult to treat. Fleas act as carriers in the spread of the tapeworm, Dipylidum caninum, in dogs and cats. So when treating for fleas it is important to treat for tapeworms as well.

# Life cycle of the Flea

There are four stages in the development of the flea egg, larva, pupa and adult. The rate of development varies greatly and depends on temperature and humidity. In optimum conditions the life cycle can be completed in 21 days. The eggs are laid by the adult female flea and she can produce



up to 800 eggs. The eggs fall off your pet and develop into larvae. These larvae hide from light and will migrate into crevices in floors and under carpets. The larvae develop into pupae which emerge into adults in 5-10 days. This pupal stage can last several months in low temperatures.

# Flea Control

There are many ways of treating and preventing flea

infestations on your pet. Shampoos, powders and flea collars were popular treatments. Now pour on and spot on treatments are available which not only kills the fleas but the eggs as well. With a flea problem the house environment should be treated as well. Get in touch with us at Maynooth Veterinary Clinic 01

6289467 and Clane Veterinary Clinic 045 982763 and we can advise you on best available treatment and its proper application.









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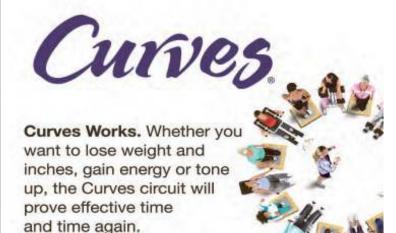
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# Editor

Probably the biggest story of the moment is that extended family colluded to get rid of the 'unmarried of the nearly 800 babies in Galway that were buried in what has been described as a septic tank. The country owes a huge debt of gratitude to local historian Catherine Corless who made this story public and available. This could be the tip of a very shameful and disgraceful iceberg. From our vantage point here in the 21st century it is easy for us to criticize what went on back then at a time when 'shame' and 'what will the neighbours say' was more important than keeping a family together. But will this society be criticized in the future for our failure to own up and to examine all the awful ills of our past society? The people involved were not an alien race; they were our parents, grand-parents and relatives. We can blame the Church alone but there was a conspiracy of silence at all levels of society, everyone was responsible and these were Irish people and not the English. This should make us look at the society that all this created, we have all resulted from this but do we have the courage?

Irish people are very uncomfortable with selfevaluation and past history. There is a tendency to want to leave it all in the past but this cannot continue to happen. A country can be psychologically damaged by the behaviour of the past and, to an extent, these women, their children, the awful orphanages, illegal testing of drugs on babies without parental permission in this country is our holocaust and we have to deal with it before we can move on. This disregard for the past is what led to the destruction of the Custom House with so many records, the big houses with their unique history and most recently the Gabhra Valley to create the M3. Little has changed in certain areas, those who do not follow the crowd are ridiculed and there is no room for the dissenting voice. Saying that it was simply a 'different' time does not cut it this time; we have to face up to our uncaring, cruel side. With this darkness at the heart of Ireland - no wonder drinking, drug taking and mental illness is so prevalent.

Mothers, fathers, brothers, sisters and an

mother' and her unwanted child. They were used as unpaid servants by the Church, particularly by the nuns. Because they are women, society might expect them to be more understanding and compassionate. The threat of the Magdalene Laundry for girls who might be considered 'wild' was used in Ireland up to the 1970s. Doctors, nurses, solicitors, priests were all aware of what was going on and assisted in the secret adoptions of babies to be send to America. The recent novels by John Banville, writing as Benjamin Black, approach this topic in his gripping stories set in 1950s Dublin with the main character, Quirke, at the heart of a twisted family story. Well worth a read for an attempt at making sense of this narrow-minded and nasty inwardly-twisted society. Thirty years after the birth of the State, Ireland was a dark, depressing and dreary place. Perhaps these babies were better off in America but they were essentially being sold to childless families but now they have little opportunity to find out who they really are. Some of the research has been carried out by Mari Steed who was originally born at Bessborough Home, Cork. But now all these babies will be trying to find their relatives and to reunite with their Irish families.

And what about the fathers of the babies? A few had been involved with the mothers and some had got married after the baby was taken away. There are horror stories of the baby being taken despite the fact that both mother and father wanted to keep it - because they were not married or could not afford to keep the baby in the home. Who were these men? How many of them tried to save their babies and lovers? The amount of pre-marital sex gives a total lie to the carefully constructed fallacy of the supposed 'Catholic' Irish society image where sex began with the Late Late Show! Some of them were probably victims of rape but many appear to have been in a proper relationship with the father. Women do not 'become' pregnant, it takes two to make a baby. Some of women wanted to keep their babies; they fled from these homes and were often

brought back by the Gardaí.

What makes this situation worse is that the babies could be left with the birth mothers until they were a year or two years old. The heartbreaking separation of mother and child after that bonding period was compounded incredibly. This must have been known by the nuns and people in the homes. Many of the women describe the arrival of a big car with strangers that was the sign that their baby was to be taken from them. James Smith of Boston College has written about this period and said: 'Life was brutal for them. Ireland was a new state and very concerned with forging a national identity of moral purity. So they hid away anyone who might be seen as shameful or lacking in respectability.' He links the shame that was everywhere with the impact of the famine and the power of the Catholic Church.

Enda Kenny has apologized publicly last year but the enquiry needs to make sure that Irish society is aware of the dangers of 'group think' which led us into the 2008 economic melt down in this country. He said: 'Yes, by any standard it was a cruel, pitiless Ireland, distinctly lacking in a quality of mercy.' But how much have we changed?

A recent story raises the question of more recent lack of mercy; research by Irish filmmaker and journalist Sinead O'Shea was published in The Guardian recently and she shows that pregnant immigrant children have been sent to England for abortions. They came to Ireland without parents, the were put in mixed care homes and left unsupervised at weekends and about 500 went missing. Apparently over 1,000 were coming into the country at one point and the authorities could not cope. The HSE did not even keep track of how many of them there were; these girls were often only 15, 16 or 17. She maintains that Irish indifference to this is similar to the indifference of the 1950s and that we are still very preoccupied with status and that the silence is like that of the earlier unwed Irish women. Muireann Ní Bhrolcháin



Calling all budding young writers: is there a story or poem that you would like to write and have published in the newsletter? From July onwards, a selection will be chosen and featured in our new "Wicked Young Writer's Corner" each month. All work submitted will be kept on file for future publications. All writings can be sent to us at maynoothcc@eircom.net or alternatively you can drop them into the Maynooth Community Council Office, Unit 5, Tesco Shopping Centre. Stories approximately 350 - 400 words

# Interested in taking part in a festival art exhibition and competition? Read on.

The festival will run an art competition and exhibition for children and teens The theme of the exhibition is Maynooth and its Heritage.

The age groups are 3-5, 6-8, 9-12 years. There will be a category for teens 13-15, 16-18 years.

All works to be signed by the artists at the bottom. The name of parent/guardian and contact details are to be written on the back of the piece.

Artwork can be done in any medium, crayon, pencil, watercolour, poster paint, acrylic, pastels, charcoal etc.

# **Community Council Notes**

# Maynooth Community Council Notes 9<sup>th</sup> June 2014 Glenroyal Hotel

# Fundraising - Bag Pack - Tesco's

Community Council members took part in a fundraising bag pack in Tesco's on Friday and Saturday of the June bank holiday. It was noted that it could have yielded more funds if more members had taken part. The meeting was reminded that all members of the Community Council have a responsibility towards the successful running of the council and particularly fundraising activities. It will be necessary to get the office computers upgraded over the next while and fundraising is crucial to this being carried out. One member who took part in the bag pack said it was a pleasant experience and people were very appreciative of the efforts being made at the bag pack. Members were encouraged to take part in fundraising efforts.

#### Festiva

The festival is set for Friday August 29 to Sunday 31st which is the latter end of Heritage Week. Plans are going ahead. A strict budget has been set. It was stressed while ideas are welcome what is necessary are people to help out on over the three days. The festival will take place in four main areas – Tesco's (thanks to Bernie), Castle (thanks to Hilda), the Square and the Harbour as well as some smaller venues. It was pointed out that there are many people in the town who would have relevant expertise. A notice will be put in the Newsletter to invite people to help. Maynooth Community Church and Maynooth Scouts have already indicated their support during the festival. It is hoped that the festival will raise necessary funds this year.

#### **Scouts**

The new building is at the stage of its final fit out and restoration work has begun on the Geraldine Hall itself. It is a great achievement in terms of monies raised and a tribute to the organisational skills of those involved. However, it was stressed that fund raising has to continue to raise another &100,000. Paul Croghan, Project Development Officer, MCC commented that Maynooth Scouts were considered excellent clients in the partnership with the Kildare Leader Programme. This has been a very successful endeavour.

# **Educate Together**

There was a good turnout at the Summer Fair. The whole school plan is at an end. A five year whole school evaluation is due. There will be a review and community participation will be part of it. At present there are two people representing the school on the Community Council and this may change as a result of the review. Nothing decided as yet.

# **Tidy Towns**

Summer bedding and hanging baskets are done. There are a total of 42 baskets on the poles around the town. Tidy Towns are awaiting the results of Ireland's best kept town competition. The chairman said there were lots of positive comments about the work of the Tidy Towns team and how well the town is looking.

Members of the Tidy Towns will be attending the formal announcement in Belfast. Maynooth Tidy Towns thanked all the politicians who took part in the recent elections who did not put up posters in the town in light of the competition. A special mention was made of Marianne who collects cans and bottles in the town every morning. Her ethos on recycling was highly praised at the meeting.

#### **Senior Citizens**

Josie Moore congratulated Peter Gerrard on the Scouts work at the Geraldine Hall and thanked him for a recent tour of the building and commented that it was great to see the Hall being restored.

The Bealtaine Festival was a great success in the GAA. Susan Durack and Emma Boyce did the judging of the arts and crafts. The tea dance was held on June 15 which clashed with Cemetery Sunday which could not be helped. In support of a bingo fundraising night for the Maynooth Community Council, Josie Moore sent out flyers and notices to all members. There were two main drawbacks with event for Senior Citizens members, it was scheduled too late and it clashed with a bingo night in Clane. The bingo night has since ceased.

# **Maynooth Community Church**

The church's new venue is now at Manor Mills. In terms of fundraising it was suggested that Maynooth Community Council might run a "Maynooth's got talent competition". The church will also help out at the festival with bands, face painting etc. This was warmly welcomed by the council.

## **Visitors from Canet**

A delegation of 10 visitors from Canet who came to visit the fire station services in Ireland were delighted with the Maynooth leg of the visit. Thanks were expressed to O'Neill's, The Avenue, Starbucks, the Russell Library and JPII Library (NUI Maynooth). A letter was received from the Canet visitors expressing their thanks and appreciation.

#### **Local matters**

The implication of Kildare County Council's lack of action in relation to the acquisition of open space in estates by individuals was brought before the council as a warning to the people of Maynooth. A recent case which began in 2005 involved KCC and the Ombudsman and resulted in open space been allowed to be taken over by an individual. The open space is now gone. The failure of KCC in this case has major implications for the usage of open spaces elsewhere.



# ASK SHARON THE STYLIST!!

"There's a lot more to life than how fat or thin you are." -Kirstie Alley - Actress

#### Question: "I'm a size 16 Professional and I need to know what type of clothes do I wear in the workplace?"

FACT: Did you know that as shocking as it may seem, in the world of fashion and retail clothing plus size is a size 12 and upwards which means that size 10 and below are what is considered as Normal. Debenhams became the first department store to display size 16 mannequins in its stores, and urged rival high street shops to follow its lead because nearly all clothes shops use size 10 mannequins although the average woman is a size 16. This month I would like to help with the challenges career women size 12+ face when trying to find polished and professional styles for the workplace and beyond.

# Here Are My Top Tips for Plus Size Professionals:

- 1. Take the time to shop for clothing that fits: Career clothing that is too tight or too loose will make people assume you're sloppy so make sure your clothing fits properly.
- 2. Invest in a good tailor: Investing in a good Dressmaker will help you find the right fit for your body and you never need to throw away clothes if you lose weight as they can make almost anything look like it was custom made for you.
- **3. Your body language speaks volumes:** No article of clothing can take you as far as self confidence can in the workplace. Approach all you do with the confidence that you have the job because you're the expert. Keeping your head up, sitting up straight, looking people in the eye, and a firm handshake will take you just as far as your great wardrobe.
- **4. Present yourself appropriately for your industry:** Know your industry and respect the guidelines. Professionals will likely still wear suits to work while other white collar workers may opt for business casual. No matter what industry you're in, dress like you care about your career.
- 5. Accessories are the plus size woman's best friend: Even the simplest, well fitting piece of clothing can become something special when accessorized properly. Jewellery should fit the size of the person so that means big jewels and nothing to delicate

For more information or to arrange an appointment call Sharon @ 087 9962459/ Office 01 6016295

# Services included in Individual Style/Image Consultation:

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# **Maynooth Labour News**

Cllr. John McGinley can be contacted at: - 6285293 or 087 9890645 - E mail jmcginley@eircom.net - Web: www.labour.ie/johnmcginley/

Cllr. John McGinley would like to thank the people of Maynooth for the courtesy shown to John and our Canvassers when we called to your homes during the Election Campaign and for the great amount of No. 1 Votes which you gave to John to ensure his re-election.

As you know there were six Maynooth based candidates running in the Local Election.

It was an extraordinary achievement that they all stayed in the running until the 10th and last Count.

# Their percentage Vote in Maynooth was:

| Cronin SF    | <b>7%</b> |
|--------------|-----------|
| Durkan FG    | 9%        |
| Grehan PbP   | 10%       |
| McGinley Lab | 24%       |
| Murray Ind   | 20%       |
| O'Cearuil FF | 20%       |

# The make up of the new Maynooth Municipal District is:

| Fianna Fáil  | 3 |
|--------------|---|
| Fine Gael    | 2 |
| Independents | 2 |
| Labour       | 1 |
| Sinn Féin    | 1 |

# The make up of Kildare County Council

| Fianna Fáil  | 12 |  |
|--------------|----|--|
| Fine Gael    | 9  |  |
| Independents | 9  |  |
| Labour       | 5  |  |
| Sinn Féin    | 5  |  |

As a result of the Elections FF and FG will have control of the Full Council and the Maynooth Municipal District for the next five years.

#### €84,000 for Surfacing Mill Street in August

The Area Engineer has advised Cllr. McGinley that the surfacing of Mill Street will be carried out during the night in August.

**Update on North South Cycle Corridor Scheme** A presentation on the current draft layout for the

North South Cycle Corridor (Moyglare Hall to the M4 Business Campus) will be made to the Maynooth Municipal District by consultant, Matt Foy from Aecom on Tuesday 24th June. It is intended to go for Part V111 at the end of August/early September.

Cllr. McGinley Gets Traffic Light Improvements at Straffan Road/Celbridge Road Junction, Maynooth

As a result of representations from Cllr. McGinley the Council have erected additional traffic lights in the central island at this junction to make easier for motorists driving towards Maynooth on the Clebridge Road.

# Stop Signs to be erected at road junctions in Old Greenfield

Following a motion from Cllr. John McGinley the Area Engineer has ordered four signs for installation at junctions in Old Greenfield.

# Implementation of Parking By-Laws in Maynooth

Cllr. John McGinley got the following update on implementation of the Maynooth Parking Bylaws which were agreed by the Council last December:

"The Transport Department are in the middle of preparing the tender document. Once this is finalised it will be advertised and I will let you know. The installation of the parking machines will be the last part of the physical works to be installed before enforcement commences. Regarding the civil works for Maynooth; funding has been secured for this work. The Technical Staff of the Roads Department are currently preparing the working drawings for the Area Office at present.

I will keep you updated on any progress."

# Cllr. McGinley Gets Grass Cut on Maynooth side of Educate Together School

Following representations from Cllr. McGinley the Council have cut the grass on the Maynooth side of the Educate Together School as it was creating a traffic hazard.

# Stagg Welcomes 6,100 New Places on Free Higher Education Courses for Jobseekers

Deputy Emmet Stagg has welcomed the announcement by the Minister for Education that 6,100 new free higher education places are to be made available to jobseekers through Springboard. Springboard stated Deputy Stagg is a Government initiative to help jobseekers obtain the skills they require to get back to work. Courses normally are one year or less, generally part-time, are free to jobseekers and lead to awards at certificate, degree and post-graduate level.

The initiative specifically targets areas where there are job opportunities and growth, and of the 171 different courses on offer, 21 of the courses are in ICT aimed at giving people the skills to work in the growing ICT sector. Work placements are being offered on almost every Springboard course

because such placements are a really important way of improving employment prospects.

The Government stated Deputy Stagg will spend €25 Million in 2014/2015 on the Springboard initiative. Of the graduates from 2013 more than half were employed within six months of completing their course so the scheme works. In addition 60% of participants complete their Springboard Courses. Of the 40% who do not, over one third withdraw because they obtained a job during the course.

In conclusion Deputy Stagg urged jobseekers to look at the courses on offer over the 38 colleges involved in the initiative for 2014/2015.

# Stagg Welcomes Ministers Clear Statement that HAP Tenants Will Be Eligible for Council Housing

Deputy Emmet Stagg has welcomed the statement by Housing Minister Jan O'Sullivan T.D. on how the new Housing Assistance Payment will operate and in particular the clear statement that those on the HAP system will remain eligible for any available Council Houses and will retain the points for Council Housing that they built up while on the old waiting list.

'This confirms my stated position on the matter and deals with the scare mongering of opposition Deputies both in Kildare and Nationally'.

There are very many other important and positive aspects to the Housing Bill which include:

- \* A new Purchase Scheme for Tenants.
- \* Measures to deal with Anti-Social Behaviour by a few that can cause misery and fear.
- \* Removal of the Poverty Trap caused by the old Rent Supplement Scheme and allows for rent payments that are determined by the income of the tenants. In other words Tenants can work full time and are not restricted to working 30 hours per

I hope that this lays to rest the false charges made against the Minister that succeeded in frightening families on the waiting list. Arising from the measures in the Bill their position will be greatly improved and their expectation of permanent Council Housing will not be affected.

The issue remaining to be dealt with is to start a substantial Building Programme of Local Authority or/and Voluntary Housing and Deputy Stagg expressed his confidence that such a Building Programme will be announced very shortly.

Cllr. John McGinley can be contacted at: 6285293 or 087 9890645

E mail <u>imcginley@eircom.net</u>
Web: www.labour.ie/johnmcginley/

John is also on Facebook

# **Know Your Rights**

#### Jobseeker's Allowance Transition payment

#### Ouestion:

My One-Parent Family Payment will be stopped next month when my youngest child reaches 10 years of age. Is there another payment I can get?

#### Answer:

You may qualify for a Jobseeker's Allowance Transition (JST). This payment aims to support lone parents into the workforce.

You must have been getting a One-Parent Family Payment (OFP) within the 3 years before you make your claim for Jobseeker's Allowance Transition. You must be habitually resident in Ireland, you must be capable of work and your youngest qualified child must be at least 7 and under 14 years of age. When your youngest child turns 14 the normal Jobseeker's Allowance (JA) conditions will apply to you.

The rules for JA and JST are very similar. The means test is exactly the same and the maximum weekly rate is the same (€188). Income from work is assessed in the same way. The main differences between JA and JST are:

For JST, you are not obliged to be unemployed, available for full-time work and genuinely seeking work

The 4-in-7 rule applying to JA does not apply to JST (you do not have to be fully unemployed for 4 out of 7 days). This means that you could work parttime for 5 days, for example.

You cannot cohabit with another person while you are getting JST.

To get JST you must sign a declaration every 3 months to confirm that you are still entitled to the payment. You must participate in employment activation measures and you have to participate in any recommended course of education or training. You may also be able to access childcare supports.

Further information is available from your local Intreo centre or social welfare local office, and from the Citizens Information Centre below.

# **Back to School Clothing and Footwear Allowance**

# Question:

My daughter will be 18 years old in August. Can I claim the Back to School Clothing and Footwear Allowance for her?

#### Answer:

If she is still in second-level education, you may be eligible for the Back to School Clothing and Footwear Allowance (BTSCFA) for her but you must apply for the Allowance and supply evidence that she is in second-level education.

The Back to School Clothing and Footwear Allowance helps you meet the cost of uniforms and footwear for children going to school. Your children must be aged between 4 and 22 on or before 30 September 2014. If they are aged between 18 and 22 they must be in full-time second-level education in a recognised school or college.

You must be getting a social welfare payment or taking part in a training, employment or adult education scheme. In general, you must be getting an Increase for a Qualified Child with your payment. Also, your total family income must be below a certain level for your family size. The allowance is &100 for eligible children aged between 4 and 11 and &200 for those aged between 12 and 22.

The scheme is open from 1 June to 30 September 2014. The Department of Social Protection pays BTSCFA automatically to many customers. This means that they do not have to apply for the payment. If you qualify automatically, you should get a letter stating when and how your Allowance will be paid. If you do not get an automatic payment you must apply for the Allowance. If any of your children are aged 18 or over you must apply for the Allowance for them and supply evidence that they are in second-level education (even if automatic payments have issued for other children in the family).

Application forms are available in all local social welfare offices and Intreo centres, and on the Department's website, welfare.ie. When a decision has been made on your application you will get a letter informing you of this and whether a payment has been awarded. If your application has been successful, you will also be told when and where you can collect the payment. If the Allowance is refused you can ask for a review of the decision.

# Lost passports

#### Ouestion

I am going abroad for the first time. What should I do if I lose my passport while I am travelling?

#### Answer:

If you are an Irish citizen currently living abroad, travelling or on holiday abroad and your Irish passport is lost, stolen or misplaced, you must contact your nearest Irish embassy or consulate immediately. You will be asked to confirm the loss in writing or, if you are applying for a new passport, to include the details in your passport application.

You must also get in touch with the local police and report the loss of your passport. You should request a written statement that you have reported the loss of your passport to them. A member of the police authority in the country in which you are staying must witness this statement.

You will need this statement to get an Emergency Travel Certificate (valid for one journey) or an Emergency Passport (valid for a restricted amount of time) from an Irish embassy or consulate.

If you are travelling on a multi-stop journey, where you will pass through more than one jurisdiction, you will need a new Irish passport. Again, you must report the loss of your passport immediately to your nearest Irish embassy or consulate.

If there is no Irish embassy or consulate in the country where you are, contact the embassy of another EU member state. It will get in touch with

the nearest Irish embassy on your behalf. An embassy of another EU member state cannot issue you with a new Irish passport, but can issue an Emergency Travel Document.

It may be useful to carry a photocopy of the personal data page of your passport with you when travelling or scan an image of that page and email it to yourself.

Any passport reported as lost or stolen is no longer a valid travel document and you should not try to travel on a passport which has been reported as lost or stolen

# Buying goods on the internet Question:

I have ordered a few presents from a Belgian website. Can I return them if I'm not happy with them when they arrive?

#### Answer

Since 13 June 2014, online purchases within the EU are covered by the EU Directive on Consumer Rights. Under the new Directive you are entitled to a cooling-off period of 14 days (previously 7 days). During the cooling-off period, you can cancel distance contracts without giving a reason and without incurring charges or penalties, other than possible charges incurred in returning the goods. The 14-day cooling-off period begins on the day that you receive the goods.

Upon cancellation, the distance seller is obliged to repay you within 14 days (previously 30 days), including delivery costs. If you choose a more expensive type of delivery than the seller's cheapest standard delivery, you are only entitled to be refunded the cost of the cheaper delivery type.

The seller can withhold the repayment until the goods are returned or you supply evidence that you have sent the goods back.

You must send the goods back within 14 days of informing the seller of the cancellation. You have to pay for the cost of returning them unless the seller did not inform you before you ordered the goods that you would have to bear the cost.

The seller should have provided you with confirmation of the contract, as well as information on aftersales and guarantees, how to cancel the contract and a postal address for complaints. If the seller did not provide you with information on your right to cancel, the cooling-off period can be extended by 12 months.

Cancellation may not be accepted in certain cases, for example, if the goods were made especially for you.

Further information is available from the European Consumer Centre and the Citizens Information Centre below.

Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public. Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

# **Catherine Murphy Independent TD**

E-mail: catherine.murphy@oireachtas.ie - Phone 01-6156625 (Leixlip) or 01-6183099 (Dail) - Web: www.catherinemurphy.ie

# Stall in Job Growth is a Worrying Development

Independent TD Catherine Murphy has drawn attention to the disappointing 2014 first quarter results which show a significant slowdown in the rate of job creation in the economy.

Catherine Murphy raised the issue during today's Leaders Questions in the Dáil and told the Taoiseach that only 1,700 jobs had been created in the first quarter of 2014 as compared to 16,300 in the last quarter of 2013.

"1,700 jobs in a three month period is a far cry from the thousand jobs a week that this Government claims as its major achievement. We need to be very accurate when calculating the ramifications of such a slow-down in growth as it has a direct impact on the budget provisions for vital social services."

"We have a huge amount of construction workers unemployed yet we are in the midst of a housing crisis. I have said before that when the housing charities recently appeared before the Oireachtas environment Committee, they told us that there is €500 million available from the European Investment Bank that would allow them to producing housing but they would need to be supported by government to access that funding. If the government would agree to such a partnership we could create real jobs, create a saving to the exchequer in terms of rent supplement and also address the current housing crisis."

# **Independents' Day Comes to Pass**

The Independents' Network has praised the electoral achievements of its members in the recent Local and European elections.

Of the thirty six members of the Independents' Network members who put themselves forward for election at a Local and European level, nineteen were elected – two MEPS and seventeen Councillors.

"People recognised the strength of the independent Candidates and the very real change that Independents can offer. A very clear mandate has been given to Independents, from across the political spectrum, to represent the interests of those who chose to elect them in a way that is entirely different from party representation."

"While there has been a narrative in some sections of the media to highlight the political differences amongst the various Independent candidates elected, it is important to note that the five Independent TDs who founded the Independents' Network and all nineteen recently elected members of the Network, have signed up to the principles of the Network which are Human Rights, Equality, Democracy, Community, and Sustainability."

# Hapless Housing Legislation Will Abandon Families to the Market

Independent TD Catherine Murphy has slammed an aspect of the Government's new Housing Bill and said that section 37 of the legislation represents a fundamental shift in how we deal with housing and will represent a shift to almost complete reliance on the private sector for social housing provision.

The section 37 provisions essentially allows for the removal of a person from the housing list as soon as they are in receipt of the new Housing Assistance Payment – a similar payment to the current rent supplement- and determines that their housing need has been met as a result of receiving the payment.

"This is a seminal moment in housing policy in this country. We are about to abandon the thousands on the housing waiting lists to the mercy of the markets. In the absence of any new supply of houses, housing authorities will essentially become under-resourced housing support agencies."

"This Bill is a fig-leaf. It attempts to cover up the housing crisis in this country by making it appear that thousands are being removed from the housing waiting lists when in fact they are not. They will be shunted into a series of temporary, private sector, accommodations, that will mostly be paid for through taxation. This will undoubtedly cause significant social consequences in the longer term that the whole of society will be left to deal with. You cannot have a situation where tens of thousands of families, including many vulnerable people and children, are confined to living in temporary accommodations for the duration of their lives without that having seriously negative ramifications for society."

# Plea to Labour TDs to Immediately Halt the Passage of New Housing Law

Three TDs have joined forces to call on the Labour Party to urgently reconsider their support for Section 37 of the Housing (Miscellaneous Provisions) Bill 2014, which will force families in need of long term housing assistance off Council Housing lists, and urged Government backbench TDs to intervene to stop the decimation of social housing provision in this country.

Independent TDs Catherine Murphy, Rosin Shortall and Tommy Broughan all spoke of their dismay at the provisions of this Bill.

While many of the provisions of the Bill are welcome, one section replaces Rent Supplement with a new payment called the Housing Assistance Payment. However moving on to this payment will entail being taken off the housing list, meaning that, essentially, people will have to abandon all hopes of being allocated Council housing. In effect, the Government is washing its hands of any responsibility to people seeking

housing once they go onto this new payment. It is a cynical attempt to massage the housing list figures while leaving many thousands of people to the mercy of the private rented sector.

"Providing a decent public housing building programme for those who cannot afford to buy is a key responsibility of Government. But this legislation represents a complete abdication by Government of that role."

"Someone in Labour needs to look closely at Labour values and really think about whether they can reconcile those values with this legislation. It can't be done. This is a seminal moment for social housing in this country and if Labour allows this Bill to pass without removing section 37 they have completely abandoned any pretence of social justice."

# Housing Bill Works in Theory but not in Practice

Independent TD Catherine Murphy has reiterated her comments that section 37 of the new Housing Bill represents a fundamental flaw in the legislation and says that this Bill is based in theory but, for most, it simply won't work in practice.

"The practicalities of this Bill just do not make it feasible. Firstly, the amounts set for the Housing Assistance Payment will be well below market rents so you are not going to see large numbers of landlords coming forward to participate in the scheme. Secondly, many local authorities just do not have either the physical or financial resources to administer the scheme nor are they being provided with these resources and thirdly, the scheme will be unattractive to huge numbers of people who will have to forfeit their place on the housing list in order to be eligible for this payment."

"Fundamentally this is a major shift in social policy. There has always been an expectation that someone who hadn't the income to purchase a home could at least hope that at some stage they would have the opportunity of a home where there is security of tenure at an affordable rent - that will no longer be the case."

"Ultimately the most major flaw underlining all Government policy in this area is the shortage of actual supply and the limited housing options available. There must be a third option that significantly scales up the private rental sector for those who either don't want to purchase or those who can't afford to purchase – a professional rental sector that can provide security of tenure and therefore a viable housing option as is the case in other European countries."

"The Government need to access the €500 million European Investment Bank funding that is available for a large scale house building project in conjunction with some of the housing charities."





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# Maynooth Network Mornings

Every Tuesday, the Chamber host network mornings in Maynooth in St Patricks College. It all starts nice and early at 7.30am and finishes at 8.50am. This is a great way to meet with like minded businesses and network over a cup of coffee. Its free for any business to attend. Call Allan in the Chamber office on 045 894074 If you need further information.

Please note there is no network mornings in Maynooth on Tuesdays after Bank Holidays.

St Patrick's College is just off the Main Street in Maynooth and we meet in Riverstown Council Room on the 1st floor.





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# **JULY GARDENING**

Check clematis for signs of clematis wilt. Autumn-flowering bulbs can be planted now such as crocuses and amaryllis. Cutting back plants in hanging baskets then following it with a feed can encourage new growth and revive displays. Cut back delphiniums after the first flush of flowers, this will encourage forgetting to feed a second flowering. Not them after. Most importantly keep weeding as soon as you see one appear remove it before it has time spread. For recently planted large shrubs or trees, leave a hose trickling around the base for an hour. This may also apply to rhododendrons, azaleas and



hydrangeas because if they get too dry they might not flower next season. It's a great time to trim hedges. Keep tying in climbing and rambling roses horizontally. Don't forget to keep greenhouses well ventilated and make sure the plants in there are well watered and feed. Spray the floor of the greenhouse with water in the morning to create a humid atmosphere - this is ideal for the plants.

Deadhead borders often as this will prolong flowering. Place conservatory plants



outside now that it is warm. Water tubs and new plants if dry. Cuttings can be taken now from patio and container plants for next year. Make sure that all tall plants are propped up. Mulching borders can help retain moisture and has the extra benefit of keeping down weeds. Make sure the layer of mulch is thick 2-3 inches. Watch for aphids on flowers and black spot on roses. Mow lawns regularly unless there is a drought. When the weather is hot, set the mower at a slightly higher level. This will

be the last time that you will have to apply a liquid fertilizer to the lawn. New areas of grass will need extra watering to keep them going through the first summer.

Raspberry plants can be tied into a frame now for better control and also it will be easier to harvest. Late lettuce should be planted out now. Don't forget to keep greenhouses well ventilated and make sure the plants in there are well watered and feed. Tomatoes are now starting to ripen. Keep removing side shoots to prevent bushing as this will reduce fruit yield. Why not train courgette, cucumber and squash plants with vertical twine - this will free up a lot of space. Don't forget to check plants for



greenfly and whitefly. Strawberries should be cropping also. Peg down runners into pots to increase the number of plants. If you have enough plants then pinch them out near their origin. Protect your soft fruit from the birds by placing netting over them otherwise you might end up with no fruit. Prune apple and pear trees to encourage fruit. Sow salads little and often - in short runs every two weeks as this will ensure a continuous crop. Sow carrots, peas, spring cabbages and turnips. Also Brussel sprouts, winter cabbages and broccoli. Harvest your courgettes now to get the best flavour. Keep digging your potatoes!



Keep your pond topped up with fresh water also - a build up of algae in warm water can be toxic or fatal to animals. An equipment check on pumps, skimmers, filters, etc should be performed at time to ensure a beautiful pond all the way through the season. Remove any dead foliage from aquatic plants and water lilies. They could pollute the pond if left there. To lower the amount of future dead foliage you can also cut back any marginal plants which have grown out of hand. Not

forgetting to continue to feed the birds as the ground is getting harder and it becomes more difficult for them to get food.

Growth takes time. Be patient. And while you are waiting, pull a weed!!!

#### **SUMMER SUPPERS**

#### One-pan Simple Summer Chicken

#### Ingredients

8 chicken thighs, skin on 800g potatoes, cut into chunks

1 garlic bulb, broken into cloves, skin left on

2 tbsp olive oil

200ml chicken stock

1 lemon, halved

2 courgettes, cut into thick batons

1 red chilli, deseeded and sliced

large handful basil leaves, torn

#### Method

Heat oven to 220C/200C fan/gas 7. Pop the chicken, skin-side up, in a large roasting tin with the potatoes. Lightly crush the garlic cloves and nestle among the chicken pieces. Drizzle over the olive oil and chicken stock, then season. Squeeze over the juice from the lemon and pop the empty halves in the tin. Bake for 45-50 mins, adding the courgettes and chilli 15 mins before the cooking time is up. Remove from the oven when the chicken is cooked through and golden, and the veg is tender. Stir through the basil leaves and serve.

#### Cod, Potato & Spring Onion Stew

Serves 4-6

#### Ingredients

1 onion, peeled and finely chopped

1 leek, washed and finely sliced

extra virgin olive oil

2 medium courgettes, halved lengthways

1 kg potatoes, peeled

2 anchovies

1 wineglass white wine

565 ml milk

565 ml organic stock

1 kg cod fillet, skinned and pin-boned

Salt & freshly ground black pepper

1 handful fresh flat-leaf parsley, roughly chopped

1 bunch spring onions, finely sliced

juice of ½ lemon

#### Method

In an large pan, slowly fry your onion and leek with around 5 tablespoons of olive oil for 5 minutes until soft and tender. With a teaspoon, remove and discard the fluffy tasteless core from the courgettes and grate the rest into the pan. Chop the potatoes into rough 2cm dice and add to the pan. Give everything a good stir and then add the anchovies. Turn the heat up and add the white wine. Allow to cook down by half before adding your milk and stock.

Bring to the boil and simmer for half an hour until the potatoes are tender. Now add your cod and simmer for a further 15 minutes until the flesh flakes away; feel free to stir and break up the fish, but leave some big chunks as well. Season carefully to taste. Divide between your bowls, and serve with a small handful of parsley and spring onion dressed with a little olive oil and lemon juice.

# Summer Vegetable Crepes

Serves 4

# Ingredients

1/3 cup reduced-fat sour cream

1/2 cup chopped fresh chives, divided, plus more for garnish

3 tablespoons low-fat milk

2 teaspoons lemon juice

3/4 teaspoon salt, divided

1 tablespoon extra-virgin olive oil

2 cups chopped zucchini

1 1/4 cups chopped green beans

1 cup fresh corn kernels,

1 cup part-skim ricotta cheese

1/2 cup shredded mild cheddar cheese

1/4 teaspoon freshly ground pepper

# 4 9-inch "ready-to-use" crêpes, (see Tip)

#### Method

Stir sour cream, 1/4 cup chives, milk, lemon juice and 1/4 teaspoon salt in a small bowl until combined. Set aside. Heat oil in a large non-stick pan over medium-high heat. Add zucchini, green beans and corn and cook, stirring, until beginning to brown, 6 to 8 minutes. Reduce heat to low; stir in ricotta, cheddar cheese, the remaining 1/4 cup chives, the remaining 1/2 teaspoon salt and pepper. Cook, stirring gently, until the cheese is melted, 1 to 2 minutes. Remove from the heat.

To roll crêpes, place one on a piece of parchment or wax paper (or leave it on the piece of plastic separating the crêpes in the package). Spoon one-fourth of the vegetable-cheese mixture down the centre of the crêpe. Use the paper (or plastic) to help you gently roll the crêpe around the filling. Place the crêpe seam-side down on a dinner plate. Serve each crêpe topped with 2 tablespoons of the reserved sauce and more chives, if desired.



Serves 4





# WING TSUN - IEWTO

# Maynooth

# **Self – Defence Class**

Venue: Maynooth Community Space, Unit 11 Carton Prk (Tesco), Shopping Centre, Maynooth



#### **Class Times**

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Instructor
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# Salon: 91

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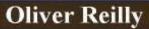
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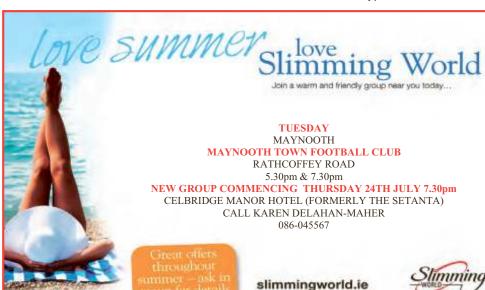
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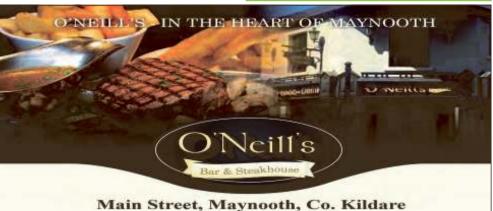
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**Copy Date for the** August edition of the **Maynooth Newsletter** is Tuesday 22nd July



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# TRX

#### What is TRX?

TRX was devised by Randy Hetrick who was a member of the United States Navy SEALS. Hetrick and his SEAL teammates were faced with the nagging issue of how to stay mission fit whilst on the road. SEALS often found themselves without traditional fitness equipment and had limited training space. Using surplus parachute webbing and an old Jiu-Jitsu belt hung over a homemade apparatus, the concept of suspension training was born.

In the weeks and months following the creation of TRX, Hetrick and his SEAL teammates rapidly developed an array of bodyweight exercises specifically designed for this unique training harness. Hetrick and his teammates had laid the foundations upon which an entirely new approach to functional exercise would emerge: suspension training.

# A new way to train!

Every suspension training exercise builds true functional strength and improves flexibility, balance and core stability all at once. These attributes are required in everyday life but also on the playing field of sports.

Benefits for people of all training levels.

The benefits of suspension training workouts are not just for performance elites. They are relevant for everyone who seeks a training method to safely and rapidly improve their fitness. Top celebrity trainers are incorporating suspension training exercises into the routines of their Hollywood A-lister clients.

Older adult wellness programmes have also turned to TRX as a form of training to enhance the everyday lives of older adults. TRX enables older adults to move independently, eliminating the fear of falling.

Physical therapists are using TRX to rehabilitate patients in hospital wellness centres, sports medicine clinics and chiropractic offices.

- TRX is a versatile and effective training solution comprising of hundreds of exercises.
- Regardless of age, gender or fitness level, TRX can be used by all!
- All exercises can be modified to build personalised programmes.
- TRX equipment is portable It only weighs 2pounds!
- TRX helps you reach any fitness goal. It can be used to improve sports performance, weight loss, fat loss, increase strength, rehabilitate an injury and many more!
- TRX is functional and designed to meet the demands of daily activities.
- TRX forces you to stand to exercise. People sit too much presently and often lead sedentary lifestyles.
- TRX is core activating which requires you to constantly engage your core and remain 'engaged' and stable throughout your entire body and the duration of the exercises.

So whether you're a complete beginner, athlete, power lifter, full time parent, or office worker, TRX can offer you a fantastic and enjoyable full body workout.

COMING SOON TO THE GLENROYAL LEISURE CLUB!

# **TECHNOLOGY CORNER**

# TIPS, TRICKS, AND WHAT'S NEW IN THE WORLD OF TECH

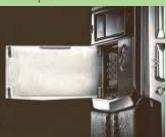
# The \$10,000 Phone

How much would you pay for a phone? Smartphones can be notoriously expensive, but there's one phone that costs more than many cars. The Vertu Signature Touch starts at \$10,300 (for the 'bargain' version – some models cost \$21,900). Its sapphire crystal glass screen cannot be scratched by anything short of a diamond. It also has a titanium frame, making it a fairly hefty phone in a world where phones are increasingly measured by how light they are. The design includes a calfskin backing made with hand-fed stitching, and each phone is built by from scratch by one person in England (who personally etches his signature into the special little hinge door that opens the SIM compartment). However, you still have to wonder what it is about soft leather or special sewing that makes this phone's appearance worth the price tag.



The biggest feature of the Signature Touch is the Concierge service, which is free for the first year but will cost another \$3,000+ each year after. Concierge is a special app that turns your phone into a kind of personal assistant. If you make a (legal and reasonable) request with Concierge, a real person will make it happen for you. Would

you like access to exclusive, members only, or booked out places? Your ever-polite Concierge assistant will arrange it for you, along with events, flights, meals, hotels, and anything else you might request via the app. A Vertu companion app called Life sends you a feed of events from around the globe with an inline link to the Concierge button to make it easy to make requests.



One of the most striking problems with the Signature Touch (aside from the massive tag, of course) is the speed at which technology is changing and improving. Why spend over \$10,000 on a phone when in another year or two, the operating system, screen, and other features will be completely outdated? Previous versions of Vertu's phones did not even have the up-to-date operating systems or components, so in some ways, regular smartphones were far more versatile and had better performance. Arguably that is true of any phone, and this one is clearly more of a status symbol than a phone, but it does pose an interesting question about technology and the different ways we use and view it.

# **Easy Computer Maintenance for Everyone**

Maintaining your computer is like maintaining your house: a clean and organised environment is a much nicer space for work and play, and everyone can do it. When you first get your computer, it runs smoothly and quickly. However, over time it beings to slow down. While all computers age, regular basic maintenance will keep your computer running smoothly for years.

Think of your car – over time as you use it, it will need to have the oil changed, the tyres rotated, and various other parts checked and maintained in order for it to keep functioning properly. Without these, you may still be able to drive it, but it won't work very well and will eventually break down. Computers also need regular care. Otherwise, their lifespan may be shortened, or you may find yourself spending lots of money in a repair shop for minor problems you could have solved yourself. These basic tips will help keep your computer and your wallet happy.

- Anti-virus and anti-malware: make sure that you have up-to-date anti-virus and anti-spyware protection on your computer. Once a week, run a full scan of your computer.
- Keep Windows and other programs on your computer up to date. Either set
  Windows to automatically install updates or use the Custom setting so that you
  can see and approve each update before installing them (they will be divided
  into Critical and Recommended updates). Other programs and applications on
  your computer are prone to security risks and other errors if not updated.
- Backup any critical files on a regular basis, especially when you change them.
   People often put this off until it is too late and something goes wrong. Flash drives are an easy and increasingly inexpensive way to backup important files.
- 4. Fully shut down your computer regularly. If you shut down your computer at the end of the day, you don't need to worry, but if you leave your computer on, make sure that you reboot it at least once a week. This will prevent any orphaned processes or memory leaks from accumulating, and these will slow down your computer. Make sure your computer is set to go into standby as well because many components are not designed to work continuously and can suffer hardware issues if left running 24/7.
- 5. Uninstall programs that you are not using. Make sure you correctly remove programs instead of just deleting them as this can cause errors. Under Control Panel, go to Add/Remove Program or Programs and Features to properly remove unnecessary and unused programs. Your computer also likely came pre-installed with bloatware, trialware and other free but unneeded programs and applications. In addition, if you are not careful when downloading programs off the internet, they will sometimes bundle other programs with what you actually want to use, which takes up space and can slow down your computer (and do you really need 5 different toolbars for your browser?)

- 6. Perform a disk cleanup at least once a month. Your computer will accumulate an enormous amount of inessential data over time, including temporary files and cookies. Your browser will store copies of webpages you visit so that it can reload them faster when you next visit the site, so it is important to clear out your browser's cache (memory) regularly. Windows has a built-in utility you can find if you click on Start, All Programs, Accessories, System Tools, and Disk Cleanup. Here you can also find many other useful maintenance tools and information. You can also use other programs such as CCleaner, a freeware utility that also includes a registry cleaner and tools for optimisation and privacy. Never click on any ads or pop ups claiming to speed or clean up your computer. These will install viruses or other malware.
- 7. Defragment your computer at least once a month. When you are looking at files on your computer or playing music or games, everything looks like an individual, cohesive whole. However, these are composed of a multitude of tiny pieces of data. When you don't have much installed, it will keep these pieces as close together as possible. As you add more data to your computer over time, it is more difficult to store everything close together, and as you update programs, the data contained in the updates will be stored in different locations. The more scattered these pieces of data are, the harder your computer has to work to find them and put them together into the cohesive file you with which you interact, and it slows down your computer. Defragmenting your computer collects all of these pieces back together and increases how quickly and smoothly it runs.
- 3. Check the hard drive periodically for errors. Check Disk is a tool that checks your hard drive and file system for certain problems and attempts to fix them. These problems can often be hard to find and track yourself, so using this tool will help reduce your risk of expensive problems. Windows has a built-in utility for defragmenting and checking the hard drive for errors. If you click on your Start menu, then go to Computer, right click on the drive you want to check (C: for example), select Properties, then the Tools tab, and then click 'Check now' or 'Defragment now'.
- O. Create a system restore point before installing any new software or making any major changes to your computer. Sometimes new software can cause problems with your computer or something just goes wrong with your computer after making changes. A system restore point returns your computer to an earlier point in time when it was working. However, it is important to note that a system restore point is not the same as a backup. It will not restore deleted files or programs (except for very specific operating system files) or delete new files you may have created (again except certain operating system files). While it has its limits, in some situations it is one of the easiest ways to troubleshoot a problem and can save you a trip to a repair shop. To create a system repair point, click on Start, Computer, System Properties, System Protection, and then Create (you can also access it through the Control Panel by clicking on System or on Recovery).



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# Glenroyal Beauty Salon







On Monday 16th June, The Glenroyal Beauty Salon hosted an event night to launch the new line of Fuschia make-up which is now in stock. Guests were treated to wine and cheese while being entertained by Juliette, the head makeup artist from Fuschia as she did a makeover demonstration on Sarah, one of the guests. Fuschia make-up gives exceptional coverage and a lightweight feel. It is completely natural, and the foundation gives a healthy natural glow to all skin types and all ages, and will adapt to suit your skin.

If you have a wedding or other special occasion coming up, why not have your make up professionally done with Fuschia mineral makeup, by Lisa or Aoife, our resident beauty therapists in the Glenroyal Beauty Salon? The Salon is now retailing the Fuschia brand too! For any further information or to book an appointment, please contact 01-6291313 & follow us on Facebook for our special offers each month.









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#### St. Mary's Band New Music Classes

St. Mary's Brass and Reed Band are currently accepting applications for their new Music Classes starting next September. Participants should be not less than 8 years of age and there is no upper age limit. Students will initially taught to ready music though the Recorder and after an initial period will graduate to brass, reed and percussion instruments. Anyone interested in joining these classes should email their details to sec@stmarysbandmaynooth.ie or by post to The Secretary, St. Mary's Brass and Reed Band, Pound Lane, Maynooth and the closing date for applications is 31st July. This is a great opportunity to join one of the best know organisations in Maynooth and to share a very worthwhile pastime with musicians of all ages.

The John Curran Memorial Golf Classic took place for the second year in the K Club on Friday 6th June and was again very well supported by golfers and businesses throughout Maynooth who contributed in no small way to the success of the event. The Presentation of Prizes took place during a Summer Social Evening in the Glenroyal Hotel on the evening of the Classic. Photo Right: Winners of the John Curran Memorial Golf Classic L to R: Mick Flynn, Mick Fahey, Martin Maguire and Norman Kavanagh.



#### The Band

The Band have been very busy so far this year including coming second in the Intermediate Section in the National Band Championships held in Navan, and are hoping to give more local recitals between now and the end of the Summer. The fine weather allowed the Band to hold one of their Monday night rehearsals in the Square on 16th June and hopefully there will be more of these weather permitting.

New Members

The Band feels that there are many musicians living in the Maynooth area and they are most welcome to come to the Band Hall any Monday night (Bank Holidays excepted) to see how the Band works. We have members who come from as far as Kildare and Monasterevan who feel the journey is most worthwhile and hopefully we will find more musicians to join them over the coming months.

#### Martina Reilly Local Maynooth Author Launches Her Latest Book

A huge crowd turned out to wish Martina well with her new book "Things I Want you to Know" in Mc Mahons Lounge on Tuesday 10th June. Family, friends and members of An Nuadha Players enjoyed a great night with comedienne June Rogers, giving us a great laugh and telling us about her Summer tour which has sold out everywhere. Martina told us she is now working on the second book of her current publishing contract which she is calling "That Day in June". As well as writing novels, Martina has also recently done some shadow scriptwriting on the RTE soap Fair City and has been promised the job of writing an episode. When Martina is not writing she enjoys running and is a member of Le Cheile Athletics, running features in her new book "Things I Want you to Know" so she can mix her hobby and writing.





Martina at book launch with June Rodgers

Maria Duffy with Martina.

#### THE WHEEL DEAL Formula 24 Success for MPPS and NUIM

A team of Transition Year students from Maynooth Post Primary School under the guidance of Mrs Mary Murphy T.Y. Co-Ordinator and Mr. Andrew Meehan, Lecturer with the Engineering Department in NUIM and Mr. Padraig Golden of Intel, became the first school in the Republic of Ireland to compete in a GreenPower Formula 24 event. The technical team began work on building the electric powered car at the beginning of March this year in the Engineering Department of NUIM. At the same time a PR team of students got busy fundraising and raising awareness of the project in the media. The aim of the project was not only to build and race the car but also to expose students to the vast world of Engineering. Early on Saturday 31st of May both teams of students, staff from MPPS and staff from NUIM loaded up the car and headed to Nuts Corner in Belfast to race in the GreenPower event.

Having passed all safety and design checks the Wheel Deal lined up on the grid with five other teams for the first of two 90min races. All cars start the race with the same batteries. The object is to cover as much ground as possible and hopefully last until the end of the race. The Wheel Deal got off to a flying start and reliability proved to be the key as there were no unscheduled pit stops or repairs required to the car. After 3 excellent pit stops to change drivers 'The Wheel Deal' was placed runner up in the overall race but 1st in its class. Delighted with the result the team lined up for race number two and repeated their excellent performance, securing the same result. At the prize giving at the end of the day the team were also awarded the Siemen award for Innovation and Design. The team have now qualified for the GreenPower Formula 24 Final at the Goodwood race track in the UK on the 12th of October 2014. We would like to thank the following sponsors for making this venture possible.

INTEL, KWETB, LEINSTER DRIVNG, EARTHRIDGE, NCS MOTOR FACTORS, Department of Electronic Engineering NUI Maynooth, MICHAEL NOONE MOTORS and Siemens.

The team are now looking at changes they are allowed to make before October to make the car more competitive, and are busy making travel plans for October. We are hoping to secure more sponsorship so anybody interested please contact <a href="m.murphy@mpps.ie">m.murphy@mpps.ie</a> Or <a href="m.murphy@mpps.ie">andrew.meehan@eeng.nuim.ie</a> This project has already been a huge success and the Transition Year Team would like to thank the Engineering Department of NUIM and in particular Andrew Meehan for their time, their energy, their patience and for putting their faith in our students. We look forward to flying the Irish flag at Goodwood in October and who knows —maybe even more success! Results of the races at Nutt's corner can be found at the following web link: <a href="http://www.greenpower.co.uk/events/events/nutts-corner-heat-northern-ireland-2014?event=results">http://www.greenpower.co.uk/events/events/events/events/events/events/events/nutts-corner-heat-northern-ireland-2014?event=results</a>
For more information on the Electronic Engineering department, NUI Maynooth, please refer to the following link: <a href="http://www.nuim.ie/electronic-engineering">http://www.nuim.ie/electronic-engineering</a>
For information on Greenpower please refer to the following link: <a href="http://www.nuim.ie/electronic-engineering">http://www.nuim.ie/electronic-engineering</a>















## The 4<sup>th</sup> of July – American Independence Day (...mostly)

The 4th of July is a major national holiday in the United States, often celebrated with massive parties, barbeques, large scale fireworks, and other revelry. As it is called Independence Day, most people think of it as the day that the United States declared independence from Great Britain in 1776, or perhaps the day that the Continental Congress signed the Declaration of Independence...but was it?

Actually neither of these events occurred on July 4th, 1776. The Continental Congress declared independence on July 2nd of 1776, two days before the current national holiday. On the evening of the 2nd, the Pennsylvania Evening Post even published that on 'this day, the Continental Congress declared the United Colonies Free and Independent States'. As for the Declaration of Independence, anyone familiar with government should know how long it can take to get even the simplest of measures enacted. Thomas Jefferson, head of the Committee of Five, wrote the first draft of the Declaration in June of 1776.

You might be tempted to think the 4th is when the Declaration was actually signed, as that is one of the most widespread myths surrounding the holiday. This myth was supported by some of the founding fathers' own later writings, even though Jefferson was later challenged on his insistence that he had signed it on the 4th. John Trumbull's famous painting of the signing is hanging in the Rotunda of the Capitol of the United States. However, despite the many famous writings and artistic depictions, historians have checked the manuscripts of the minutes of Congressional journals and know that the delegates did not sign the document then. Most of the delegates did not sign it until August 2,

1776, and some did not sign it until even later. Their names were also not released to the public until 1777. The British in London did not even hear about any of this until August 30, 1776, and the Declaration was not delivered to Great Britain until November of that year. So what did happen on July 4th, 1776? The Continental Congress approved the final wording of the Declaration of Independence. The final draft had been submitted and adopted two days prior on July 2nd (when independence was actually declared), but they spent the following two days debating changes. Once the wording was approved, they put the current date of July 4th, 1776 on it. This was copied onto the final document that the Congress signed

nearly a month later on August 2nd. It was also the date

original printed copies first distributed to people around

printed on the Dunlap Broadsides, which were the

Thus, everyone associated July 4th with the Declaration of Independence, even though the Continental Congress had already declared independence and did not sign it for another month. In contrast, Constitution Day in the United States is celebrated on September 17, the date that the Constitutional Convention actually signed the U.S. Constitution in Philadelphia in 1787. Many such holidays around the world mark the date of important signings or declarations like this, which makes July 4th as American Independence Day something of an oddity. While the first 4th of July celebration occurred in 1777 with a parade in Philadelphia, it wasn't made an official holiday for nearly another century. The late 1700s was a time of bitter conflict for the new country, so there weren't many widespread, cohesive celebrations in the initial decades following the American War of Independence. In the mid-1800s, new political parties started to form, and there was renewed interest in circulating copies of the Declaration of Independence,

which of course included the date July 4th, 1776. Also, Thomas Jefferson and John Adams both died on July 4th, 1826 in a bizarre coincidence which further established the importance of that particular date. Ironically, during the Second Continental Congress, John Adams said in a letter to his wife Abigail that July 2nd would be 'the most memorable epoch in the history of America', one which he believed would be celebrated with 'pomp and parade, with shows, games, sports, guns, bells, bonfires, and illuminations'.

Celebrations of the 4th became an increasingly common tradition until it was finally established as a national holiday in 1870 as part of a bill to recognise various holidays, including Christmas and New Year's Day. It is not technically the date of American Independence nor of the signing of the Declaration of Independence. Regardless, it remains a fun and meaningful holiday for many Americans as it marks an important time in their history. Tradition and history are closely intertwined as over time people seek to interpret their past with an understanding of their present, and holidays are often more about symbols and what they represent to people in their current lives than about their historical origins. Still, it is worthwhile to remember the history behind traditions and celebrations.



#### Food of the Fourth – Then and Now

Food is a major feature of holidays, and different cultures develop different culinary traditions as a part of their celebrations. Often holidays have more elaborate or fancier food than normal, such as Christmas dinner. The modern July 4th meals in the United States, however, are an exception to this.

July 4th is a day of parades, barbeques, and carnivals, and the foods associated with American Independence Day reflect this festival attitude. There is one food above all others that seems inextricably tied to the holiday: the hot dog. So many are eaten that Independence Day has sometimes been referred to as the Hot Dog Holiday. It's estimated that Americans eat 20 billion hot dogs a year, but 155 million of them are consumed on July 4th alone. That is enough hot dogs to stretch across the entire Unites States from coast to coast with some left over.



Hot dog eating contests are a popular event on July 4th celebrations, and one has even become world famous. Nathan's Hot Dog Eating Contest has taken place every year in Coney Island since 1972. The contest dates back to a legend from 1916 where 4 immigrants are said to have held a hot dog eating contest at Nathan's Famous stand in Coney Island to determine who was the most patriotic. In 2013, the contest was won by Joey

Chestnut, who ate a record of 69 hot dogs and buns in 10 minutes.

Barbeques and picnics are also common features of Independence Day, so people eat a lot of hamburgers, hot wings, fried chicken, beans, corn on the cob, and picnic salads. More pickles are also eaten on July 4th than any other day of the year, and people drink more lemonade than any other time as well.

Traditions and tastes have changed a lot in the past two centuries, though. According to legend, turtle soup was on the first 4th of July menu in 1776. John Adams and his wife Abigail supposedly celebrated by eating turtle soup, poached salmon with egg sauce, and a dessert of Indian Pudding or Apple Pandowdy. Unfortunately for the legend, John and Abigail's letters reveal they were ir different cities on July 4th, though they are still credited with the menu in heritage cookbooks.

However, turtle soup was the traditional celebratory fare at the time. It used to be an exceptionally popular summer dish, and it was the soup du jour at many political dinners in the 1800s. It was so popular that restaurants would advertise the hour that their soup would be available. It was also served at celebratory gatherings on the 4th of July when people would gather to listen to orators.



#### The National Turkey

The bald eagle is now an iconic symbol of the United States, but not everyone thought that this bird of prey would make a suitable emblem for the new country. On June 20, 1782, Congress adopted the Great Seal of the United States that depicts the American bald eagle with wings outstretched, carrying 13 arrows in the left talon and an olive branch in the right. The eagle was not officially named as the national bird of the United States, though, until George Washington became the first president in 1789. The eagle was a popular choice and was picked because it represented courage and might, but Benjamin Franklin disagreed with the choice. He thought the turkey would have made a better choice. In 1784, he wrote a letter criticising the bird on the crest of the Society of Cincinnati and the choice of the eagle over the turkey for the national bird:

"For my own part I wish the Bald Eagle had not been chosen the Representative of our Country. He is a Bird of bad moral character. He does not get his Living honestly. You may have seen him perched on some dead Tree near the River, where, too lazy to fish for himself, he watches the Labour of the Fishing Hawk; and when that diligent Bird has at length taken a Fish, and is bearing it to his Nest for the Support of his Mate and young Ones, the Bald Eagle pursues him and takes it from him. I am on this account not displeased that the Figure [on the Society's crest] is not known as a Bald Eagle, but looks more like a Turkey. For in Truth the Turkey is in Comparison a much more respectable Bird, and a true original Native of America. He is besides, though a little vain & silly, a Bird of Courage, and would not hesitate to attack a Grenadier of the British Guards who should presume to invade his Farm Yard with a red Coat on.'



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# **Maynooth Tidy Towns**

We wish to thank all election candidates who refrained from putting up election posters in the Main Street. Our hanging baskets and floral displays have now been planted up. We thank all the businesses who contributed to our recent appeal to fund the above.

We wish to thank all who contributed and helped with our recent Annual Collection. We are delighted that following our recent appeal for more volunteers a number have come forward. National Tidy Towns competition is underway since 1st June until 31st August.

Please keep Maynooth litter free and tidy.

# Richard Farrell PRO Maynooth Tidy Towns









Photo's: Top Left: Floral Display at the Bus terminus. Top Right: Intel Involved Crew painting the street furnishings in the Square. Bottom Left: The recently erected "Bronze Medal Winners 2013 sign.



#### NUI Maynooth Launches Computer Science Springboard Courses



The Department of Computer Science at NUI Maynooth today welcomed the launch of the Springboard programmes by the Minister for Education. Springboard courses at NUI Maynooth include the Higher Diploma in Science (Software Development), ICT Skills Higher Diploma in Science (Software Development) and the Certificate in Science (Software Development). Both half-time and full-time programmes are available and they are free to applicants eligible under the Springboard scheme. Students can apply for NUI Maynooth's Springboard courses via www.springboardcourses.ie

Discussing the courses, Tom Lysaght, Head of Computer Science at NUI Maynooth: "The Computer Science Department is delighted to offer a range of postgraduate ICT skills courses funded under the HEA Springboard Scheme. NUI Maynooth courses equip students with the latest skills and expertise in software engineering, software development, design and testing. Students experience the latest technologies in multimedia, mobile and web development, with a particular focus on preparation for work placement. We also provide a pathway for students who excel to progress to Masters' level. We are very proud to collaborate with key industry players such as Microsoft Ireland and Senteniel here in Maynooth to ensure that our students are best prepared for the marketplace."

Dr Kevin Marshall, Education Lead, from Microsoft Ireland said: "Microsoft Ireland has enjoyed a long and successful relationship with the Department of Computer Science at NUI Maynooth and we are delighted with the continued investment by the University's in its new ICT courses. Over the years we have collaborated on a number of initiatives in relation to the curriculum and through the Imagine Cup, our student technology competition. The passion of academics and the calibre of students from Maynooth are always exemplary and I have every confidence that the new courses will be a major success. We welcome NUI Maynooth's focus on cutting edge technologies and its emphasis on developing students with key skills such as C#, .NET, and Azure technologies. We wish the team at NUI Maynooth the best of luck with the implementation and roll out of these new courses."

#### Courses:

It will be possible from the 9th June to apply for the NUI Maynooth Springboard courses via the www.springboardcourses.ie website. Interested applicants should apply using the Springboard application form found on the www.springboardcourses.ie website.

1.Higher Diploma in Science (Software Development): The Higher Diploma in Science (Software Development) (half time) is a one-year programme in Maynooth for students who already have at least 30 credits prior learning in computer programming, software or computer science at NFQ level 6 or above. The focus is on industrial software development using the Java programming language. The course includes Software Design, Mobile Application and Web Development. The course includes project work providing essential practice for working in a software development environment. A capstone module prepares students for Java Certification exams. A work placement module at the end of the course provides experience in putting the skills learned into practice. This is a level 8 undergraduate Diploma.

2.ICT SKILLS Higher Diploma in Science (Software Development) is a one-year full-time programme in Maynooth for students who already have a level 8 qualification in a subject other than computer science or software development. The focus is on industrial software development using the Java programming language. The course includes foundational material, databases, object-oriented programming, software design, mobile application and web development. The course includes a team project providing essential practice for working in a software development environment. A capstone module prepares students for Java Certification exams (1Z0-803 Java 7). A work placement module at the end of the course provides experience in putting the skills learned into practice.

**3.The NUI Certificate in Science (Software Development)** is a one-year half-time programme in Maynooth for students who have at least one post-leaving-certificate qualification. The focus is on industrial software development using the Java programming language. It assumes no previous computing knowledge. The course includes Introduction to programming, databases, computer systems and software testing. The course includes team project work providing essential practice for working in a software development environment. A capstone module prepares students for Java Certification exams. A work placement module at the end of the course provides experience in putting the skills learned into practice.

Springboard videos and webpage on NUIM.ie Visit our website for more information: https://www.nuim.ie/news-events/launch-springboard-courses-nui-maynooth

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Unit 10, Centre Point Shopping Centre, Maynooth, Co. Kildare Tel: (01) 6285888



#### VACANCY

We require an ASIAN CHEF

Apply within or contact us on the number above

Opening Hours Sun - Fri: 12.30pm - 12.00 am Sat: 4.00pm - 12.00 am

#### **Royal City Chinese Restaurant**

1st Floor, Mill Street Maynooth Co. Kildare Tel: (01) 6106630



#### VACANCY

We require as ASIAN CHEF
Apply within or contact us on the number above

Opening Hours Sun: 1.00pm - 12.30 am Mon - Sat: 5.00pm - 12.30 am Under no circumstances are you to text me while you are driving, ever.

I dont want my name to be the last name on your phone before you cause an accident or kill someone.

#### Donovan's Food Store Trading Since 1888 Greenfield Shopping Centre

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Mon-Sat 7.30am - 10.00pm Sun 8.00am - 10.00pm
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Tea, Coffee & Soup. Private catering service also available.
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Office Licence Stocking a Wide Range of Wines

#### **NOVENA**

DEAR Heart of Jesus, in the past I have asked you for many favours.

This time I ask for this special one  $\,$  (mention favour). Take it dear Heart of Jesus

And place it within your own broken heart, where your Father sees it, then it will become Your favour not mine.

Say this prayer for three days, promise publication and favour will be granted.

#### The Miracle Prayer

Dear Heart of Jesus in the past I have asked for many favours. This time I ask for a special one (mention here). Take it dear Heart of Jesus and place it within your own broken Heart where your father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen.

Say this prayer for three days. Promise publication and prayer and favour will be granted, no matter how impossible. Never known to fail. Thanksgiving for favour received.

M.F



# Maynooth Bookshop 68 Main Street Maynooth

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Fax: 01 6291080
E-mail
maynoothbookshop@eircom.net

## ART CLASSES BY NINA PATTERSON

CHILDRENS ART SUMMER CAMPS 6 - 12 YEARS

14th July \ 5th August North Kildare Rugby Club Kilcock

21st July \ 11th August Johnstownbridge GAA





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We sell CIE commuter tickets.....weekly, Monthly, Student Monthly & Family One Day Tickets

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 Sun
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VISA

## Maynooth Fianna Fáil Notes

Contact Details - e-mail: naoiseocearuil@gmail.com - Mobile: (086) 728 0050

#### Thank You

I would like to thank the people of Maynooth for putting their faith in me and electing me to Kildare County Council. I am humbled and truly thankful for the support I received throughout the election and on election day.

I am committed to working hard on behalf of our community and delivering much needed improvements to Maynooth.

If I can be of any assistance please feel free to get in contact at any time on (086) 728 0050 or via email on <a href="mailto:cllrnaoise@gmail.com">cllrnaoise@gmail.com</a>.

Once again, go raibh mile maith agaibh.

Cllr. Naoise Ó Cearúil

#### **Membership**

Current and prospective members of Fianna Fáil have until the  $30^{th}$  of July to renew their membership. Annual membership is 620 and entitles members to voting rights at conventions and at the Ard Fheis.

The Old Carton Maynooth Cumann meets once a month and it is a great way to put your thoughts on improving the town forward.

You can contact either Fianna Fáil Headquarters or <a href="mailto:cllrnaoise@gmail.com">cllrnaoise@gmail.com</a> to register.

#### **Local and European Elections**

The recent local elections were very successful for Fianna Fáil in Kildare. The party is now the largest grouping in Kildare County Council with thirteen

councillors. Fianna Fáil's Cllr. Fiona O'Loughlin is the new Lord Mayor of Kildare.

The Maynooth Electoral Area returned 3 out of four candidates. The Fianna Fáil councillors for the Maynooth Area are Cllr. Naoise Ó Caerúil, Cllr. Paul Ward and Cllr. Daragh Fitzpatrick. The fourth candidate Ben Doyle was unsuccessful but polled very well on the day

Fianna Fáil Maynooth wishes all elected councillors in the county the best of luck over their term of office and commiserates with those who were unsuccessful.

Pat "The Cope" Gallagher and Senator Thomas Byrne were unsuccessful in their bids to become MEP'S for the Midlands-North-West Constituency. We wish both of them the best of luck in their future endeavours.

#### **Kildare North Ógra bid for National Youth Conference**

Kildare North Ógra has submitted a bid for its National Youth Conference. The Conference which was held in Sligo two years ago is expected to attract close to 800 young people from the island of Ireland. If successful the conference will be taking place in November in the Westgrove Hotel, Clane.

#### **Local Matters**

#### **Bus Terminus at Parson's Hall**

Cllr. Ó Cearúil has been actively working on finding a solution to the proposed bus terminus at Parson's Hall.

The residents of the estate have not been consulted and alternative locations are being sought, most notably at Crinstown.

#### **Maynooth Festival**

Cllr. Ó Cearúil is encouraging all those who are active in the music or entertainment industry to engage with the Community Council in preparation for the Maynooth Festival. If you have any thoughts or ideas please forward them on.

#### Gaelcoláiste

The founding committee have been very active in pushing for a Gaelcoláiste (All-Irish Secondary School) for North Kildare. Naoise has been working with them and if you require any information please get in contact.

#### Representations

Cllr. Ó Cearúil has been making representations on behalf of residents on a range of issues. If you have an issue or need advice please get in contact. Areas covered to date include:

Grants for Older People
College Grants (SUSI)
Housing Issues
Planning Issues
Planning Objections
Medical Card Issues
Business Start Ups

|                                              | Mayn        | ooth Town FC L | otto Results 2014                                       |  |
|----------------------------------------------|-------------|----------------|---------------------------------------------------------|--|
| www.maynoothtownfc.com - Join Us On Facebook |             |                |                                                         |  |
| W/End                                        | Numbers     | Jackpot        | 3 x €35 Winners                                         |  |
| 05-Jan                                       | 1,14,17,27  | €2,400         | Paul Keogh - Daniel Hever - Dave Keegan                 |  |
| 12-Jan                                       | 18,19,21,26 | €2,450         | David Mc Cormack - Emer Darcy - Anne Naughton           |  |
| 19-Jan                                       | 2,17,22,23  | €2,500         | Mary Murray - Slim - Mick Mc Govern                     |  |
| 26-Jan                                       | 6,8,9,19    | €2,550         | Niall Cronolly - John Hanrahan - Emma Gallagher         |  |
| 02-Feb                                       | 6,11,19,27  | €2,600         | Joan Carroll - Conor Strickland - Noel Dempsey          |  |
| 09-Feb                                       | 7,15,21,23  | €2,650         | Flaine & Suzanne - Pauline Mc Avinue - Richard Tigue    |  |
| 16-Feb                                       | 11,15,16,18 | €2,700         | Stephen Finnegan - Jill Judge - Nigel O Shea            |  |
| 23-Feb                                       | 9,24,25,28  | €2,750         | Gerry Reilly - John Saults - Dave Vavasour              |  |
| 02-Mar                                       | 15,16,21,25 | €2,800         | Ailbhe Quinn - Gina Folan - Katie Neville               |  |
| 09-Mar                                       | 7,14,17,21  | €2,850         | Aileen Gleeson - Fiona Healy - Pat Power                |  |
| 16-Mar                                       | 1,10,14,28  | €2,900         | Mike Coyne - Tony Clifford - Anthony Casey              |  |
| 23-Mar                                       | 13,22,25,27 | €2,950         | Ambrose O Brien - John O Shea - Dan Bradley             |  |
| 30-Mar                                       | 16,23,25,28 | €3,000         | Sam Feeney - TJ Byrne - Anne Wall                       |  |
| 06-Apr                                       | 15,18,23,28 | €3,050         | Ciaran Flanagan - Mick O' Sullivan - Suzanne Farrelly   |  |
| 13-Apr                                       | 4,8,27,28   | €3,100         | Kieran O Connor - Caroline Mc Cabe - Paul Coyle         |  |
| 20-Apr                                       | 10,13,17,28 | €3,150         | Ann Cribben - Tony Byrne - Isabel & Sofie               |  |
| 27-Apr                                       | 8,15,20,23  | €3,200         | John O Shea - Ciaran Gillespie - Conor & Stephen Saults |  |
| 04-May                                       | 3,9,17,19   | €3,250         | Mag Sullivan - Jim's Shoe Repair - Paul Keogh           |  |
| 11-May                                       | 3,14,17,20  | €3,300         | Gina Folan - Declan Burke - John Mc Ginley              |  |
| 18-May                                       | 3,8,22,28   | €3,350         | Marguerite O Donnell - Mark Mularski - Liam Walsh       |  |
| 25-May                                       | 3,8,13,15   | €3,400         | Edel Stone - Brian Herbet - Conor Strickland            |  |
| 01-Jun                                       | 6,8,10,14   | €3,450         | Noel Dempsey - Ciaran Flanagan - Leslie Kellett         |  |
| 08-Jun                                       | 6,18,24,28  | €3,500         | Tom Ashe-Paula Donaldson - Ann O Mahony                 |  |
| 15-Jun                                       | 2,16,22,28  | €3,550         | Grace Kelly - Liam Walsh - Ruadhan O'Giollain           |  |

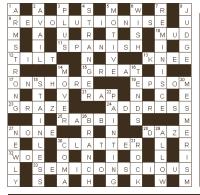
#### **Clues Across**

#### July 2014 Crossword - No: 426

#### **Clues Down**

- 1. By-product (4-3)
- 4. Fragment (7)
- 8. Lacking meaning (11)
- 12. Converse (4)
- 13. Let out one's breath audibly (4)
- 14. Garment worn by women (5)
- 15. Having stripes (6)
- 17. Slender part of the leg (5)
- 22. Ridge of rock (4)
- 23. Fish covering (5)
- 24. Adhesive (4)
- 25. Wept (5)
- 28. Attractive (6)
- 30. Cooks in fat (5)
- 32. Drinks (as a cat) (4)
- 34. The day of the month (4)
- 35. Hand tool (11)
- 38. Space for storing (7)
- 39. Hug (7)

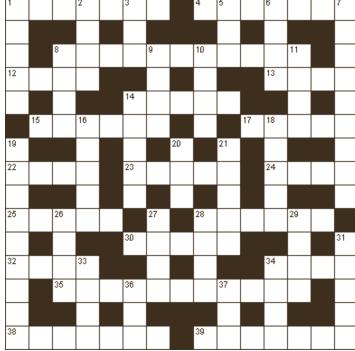
#### Answers to Crossword 425



#### Special Prize Book Voucher

Give yourself the luxury of browsing, and choosing the book/books which take your fancy from the wide selection available in the store of our sponsor

> The Maynooth Bookshop



#### Entries in before: 22nd July 2014

| Name: _  | <br> | <br> |  |
|----------|------|------|--|
|          |      |      |  |
| Address: |      |      |  |
|          |      |      |  |
|          |      |      |  |

Phone:

#### 1. Room (5)

- 2. Russian no (4)
- 3. Fish appendage (3)
- 5. Naught (3)
- 6. Move past (4)
- 7. Made tighter (9)
- 8. Pole (4)
- 9. Resembling ink (4)
- 10. Female child (4)
- 11. Ailing (4)
- 14. Sudden convulsion (5)
- 16. Firearm (5)
- 18. The dark (5)
- 19. Invaluable (9)
- 20. Destroy (3)
- 21. Nobles (5)
- 26. Little devils (4)
- 27. Make beer or ale (4)
- 28. Fruit (4)
- 29. Rip (4)
- 31. Light greyish brown (5)
- 33. Mark left by a healed wound (4)
- 34. Expensive (4)
- 36. Unit of energy (3)
- 37. Doctrine (3)

#### Winner of Crossword No. 425 June

#### Bernadette Duffy Kingsbry Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

Collect prize from

The Maynooth Bookshop 68 Main Street, Maynooth

#### **Difficult** 3 2 7 9 8 3 1 7 8 3 6 9 3 5 6 6 3 8 2 2 9 1 7 2 4 8

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to Maynooth Newsletter Unit 5 Tesco S/C Maynooth

Collect prize from Newsletter Office

# **Sudoku Challenge**



July 2014

Entries must arrive before: 22nd July 2014

Congratulations to June Winner:

Martin Doyle Rail Park Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

#### Super Difficult

|   |   |   |   |   | 2 |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   | 8 | 7 |   |   |   |   | 3 |
| 7 | 1 | 4 | 3 |   |   | 6 |   |   |
|   | 3 |   |   |   | 9 |   | 2 | 1 |
| 6 |   |   |   | 2 |   |   |   | 5 |
| 9 | 2 |   | 4 |   |   |   | 3 |   |
|   |   | 6 |   |   | 1 | 3 | 4 | 7 |
| 1 |   |   |   |   | 4 | 5 |   |   |
| · | · |   | 6 | · |   |   | · |   |

| Name:    | <br> | <br> |  |
|----------|------|------|--|
| Address: |      |      |  |
|          |      |      |  |
|          | <br> | <br> |  |
| Phone: _ | <br> | <br> |  |

#### Sinn Féin Maynooth Local News

Cllr Réada Cronin - Telephone 086 3189 730 - Email: <u>readacronin@hotmail.com</u>
Facebook: <u>facebook.com/readacroninsinnfein</u> - Twitter: @ReadaCronin

#### A Chairde,

The canvassing is over and I am delighted to have been elected to represent Maynooth in Kildare County Council. It was particularly historic as Maynooth hasn't elected a Sinn Féin councillor since the 1920 election. It's a great honour to be elected by the people of your constituency and it's a great honour to represent Sinn Féin

I'd like to thank the 1291 voters who trusted me with their Number 1 vote and also to those who gave me a preference. It was a wonderful feeling to be elected on the first count after exceeding the quota. The desire for a real republic whose only agenda is the citizen has been awakened. It is now our responsibility to cherish and grow this desire. This is a responsibility that we in Sinn Féin will take seriously.

We are aware that those that voted for us have placed their trust in us after being failed by the establishment parties. People all over the country knew we weren't standing enough candidates to form a majority in any of the county councils and bring about the changes we want and need. It may be a new departure in Irish politics but we intend to do exactly as we promised while canvassing at your door.

I received the message loud and clear that most of you have shown a strong desire for real change and I assure you that Sinn Féin is the only party with the courage to deliver it.

#### PEACE PROCESS

I know there are those who haven't vote Sinn Féin yet. I understand that they will be watching us closely and may have been reluctant to entrust us with their vote after being let down by party politics thus far. It is however my desire to work for all of the constituents irrespective of political leanings or allegiances. A healthy community needs activists, and I am committed to be an activist for the whole community. During the course of my canvass the Sinn Féin party president was arrested and later released without charge. I believe Gerry Adams has led by example and at risk of his personal safety to steer Irish republicanism on the road of peace - a peace with justice at its core.

When Gerry Adams was released without charge he set the tone at his press conference. There was no victory and there was no vitriol. Of course North Kildare isn't West Belfast in the early 1970's and thanks to the bravery, vision and courage of Gerry Adams West Belfast today is a far cry from the brutality of the sectarian 1970's state. Cool heads and calm hearts will deliver the peaceful and united Ireland we want. "Níl aon bothair eile. Níl aon slí eile" as Gerry said himself. We are never going back.

#### KILDARE COUNTY COUNIL FF/FG COALITION

The first council meeting of the newly reformed Kildare County Council was held on 6<sup>th</sup> June. Prior to this meeting we in Sinn Féin approached all the parties and the independents' group to recommend the d'Hondt system which would have ensured a representative council which would have respected the voting preferences of the electorate. D'Hondt is not a pact by another name. It is based on the proportionality and the percentage of the votes received from the people. It does not tie councillors into voting in favour of budgets in exchange for a Chair position on any of the council committees.

Our suggestion was knocked back by Fine Gael and Fianna Fáil and the carve up of Kildare County Council committees and Chairs ensued with Fine Gael and Fianna Fáil having a majority of seats. What was particularly surprising about the arrangement was how Fine Gael didn't include Labour in the pact. Especially after Labour, "God's gift to Fine Gael", had received such a kicking in the local elections. But then a party that was founded on the principles of James Connolly and Jim Larkin should know that their place was never to enable right-wing politics. Unfortunately listening to the Labour Leaders hustings at the moment it's a lesson they haven't yet learned.

We in Sinn Féin will highlight any negative deals or pact politics which will affect Kildare.

#### 15% PROPERTY TAX REDUCTION

I, as promised, along with my other Sinn Féin Kildare councillors will be putting forward a motion this month to reduce the Local Property Tax by 15%. The Local Property Tax is nothing more than another Austerity Tax and I met too many people at the door who told me they can't cope financially with the high stealth taxes being implemented by this government.

Unfortunately local government does not have the power to completely abolish this unfair tax but it does have in its remit the power to reduce it by 15%. We are confident that with the high density of housing in

Kildare that the other councillors in Kildare County Council will support our motion.

We also heard Phil Hogan promise numerous times that Property Taxes would be "ring-fenced" for local areas. After these funds were redirected to establish Irish Water, and helped pay for the installation of the watermeters outside your home, we also intend to propose a motion that the remainder of Property Tax is ringfenced to ensure that Kildare County Council use these funds as they promised they would for local services.

#### MAYNOOTH AMBULANCE PROTEST Don't get sick on Thursdays!

Due to austerity cut-backs, there is no ambulance service on Thursdays from the Maynooth Ambulance base between 7a.m and 7p.m. We instigated this campaign group to restore this vital ambulance service. I was pleased to see that Kildare Council Councillors must have noticed our protests and are planning a recommendation to HSE to restore this vital service. If you have had any incidents with ambulance delays on a Thursday or any other day, please contact the email below or feel free to use any of my contact details. Please stay in touch with the campaign at <a href="mailto:facebook.com/StopTheNorthKildareAmbulanceCuts">facebook.com/StopTheNorthKildareAmbulanceCuts</a> or by email at <a href="mailto:stopthenkambulancecuts@gmail.com">stopthenkambulancecuts@gmail.com</a>

#### MAYNOOTH TIDY TOWNS

It's not yet known how Maynooth fared in the Tidy Town competitions. If the appearance of the town and the Committee's hard work and commitment are anything to go by it's looking like Maynooth should be due some very good new soon. Tidy Town is a voluntary organisation and the volunteers deserve a bualadh bos and our support and gratitude. The town is looking stunning especially in the summer sunshine.

I, along with activists and local members who helped me canvass intend to start a cumann in Maynooth over the coming weeks. If you would like to become politically active in our community feel free to contact me, Réada Cronin, using any of the contact details at the top of the page for an application form. Join a party that recognises that our lives and our community are not scribbles in the margins of an economist's balance sheet or a sideshow in a spin doctor's deception. Join Sinn Féin.





#### PEOPLE BEFORE PROFIT ALLIANCE LOCAL NEWS

Tel: 0860878114 - Email: northkildarepbp@gmail.com

#### MARTIN GREHAN - PBPA CANDIDATE FOR MAYNOOTH NARROWLY MISSES OUT ON BEING ELECTED

Local election candidate for the People Before Profit Alliance, Martin Grehan, who ran in the Maynooth local electoral area for Kildare County Council narrowly missed out on winning a seat last month. He polled well in Maynooth and Kilcock, claiming 625 first preference votes, finishing on 899 votes after transfers, and finished 10th in a 9 seat constituency. We would like to thank everyone who assisted with the election campaign and for all those who offered goodwill and support over the last few months. After a short break we will return to campaigning on issues affecting our community, including housing, the ambulance cuts, and the impending imposition of water charges.

#### AMBULANCE CUTS

The fight to save the north Kildare ambulance will continue through the summer. The continuing absence of our 3 ambulances on a Thursday was one of the major issues we encountered on the doorstep while canvasssing in the recent election. The election of 2 members of the Stop The North Kildare Ambulance Cuts campaign group to Kildare County Council (Brendan Young of Community Solidarity & Reada Cronin of Sinn Fein) highlights the anger of local residents on the issue.

Dr. John McCabe, a local junior doctor and member of People Before Profit, stated "There is firm evidence that delayed emergency response times to critical illnesses, such as stroke and heart attacks, leads to poorer outcomes for patients. The continuing absence of the emergency ambulances on Thursdays from the Maynooth base is a shocking and short-sighted HSE cutback that will come back to haunt local Labour and Fianna Gael representatives who have done nothing to protect this frontline healthcare service."

People Before Profit vow to continue the battle to save our local ambulance service and resist any further potential cutbacks in frontline healthcare.

#### ANTI-AUSTERITY CANDIDATE BRENDAN YOUNG ELECTED TO KILDARE COUNTY COUNCIL

Brendan Young of Community Solidarity was elected to Kildare County Council after a fantastic performance in the Celbridge-Leixlip electoral area. The People Before Profit Alliance welcomes the election of Brendan, who is a principled anti-austerity activist. Brendan has campaigned in tandem with People Before Profit on a number of issues in the locality in recent years. Including the loss of the local ambulance in north Kildare, the imposition of unfair and regressive home and water taxes, as well as campaigning for the retention of the right of way of locals to the Castletown Estate in Celbridge. People Before Profit looks forward to working with Brendan on future campaigns and congratulate him and Community Solidarity on their victory.

#### **Health – An Alternate View!**

Water water everywhere.....
but why are the Irish such bad drinkers!

Drink 2 Litres per day! Drink 4 Pints per day! Drink 8 Glasses of water per day! We hear it from everyone, our doc, physio, team manager, even the taximan but rarely do it. Where does this magic figure come from? Why is it so important to drink water?

First off, lets get a simple but powerful image of the human body. If we were to squeeze a person through an imaginary press and put a side the skin, hair, bones and all; 75% the body would be made up of water! Yes, 34 of you is water! Yet, for the vast majority of the Irish clan will put tea, coffee, beer, spirits, red bull, carbonated drinks, cordial, sports drinks, milk and anything but water in their body. These drinks represent fluid, but unfortunately will have a diuretic effect and will make use of the existing water in the body to break down and excrete when consumed.

Where does the 2 litre guide come from? Well, if you take an average male working in an office, at 6ft height weighing 80 kgs, this would represent 60kgs of water (as we are 75% water, from above). To run this average male to its optimum performance we need to replace 3% of it's body weight in water everyday. 3% of 60kgs water is 1.8kgs.( note: 1 kg water = 1 litre of water) This person needs minimum 1.8 litres of water per day. Hence a round up to 2 litres per day as prescribed by everybody but rarely applied in our daily lives! Brian O Driscoll or John Doyle would drink 4 to 5 litres per day to stay properly hydrated. The ones that do, know this is the secret to a healthy life well lived while the majority of us 'chug' to our deaths with all the bulbs on the dash flashing!

From my experience in clinic, I find the most powerful clients are the ones that have been dehydrated all their lives, take on board the information about water and hydrate themselves properly for the first time! Wow, it is truly amazing to see and empowering as they do it for themselves!

In my next water piece, with less maths (Phew!) I will discuss...... What are the various symptoms associated with dehydration? What diseases can be caused by a continuous water shortage in the body? And, can we drink too much water?

Charlie Leonard Kinesiologist 085 1122789

#### **Maynooth Castle**

Address: Maynooth, Co. Kildare.

**Telephone No:** + 353 1 628 6744.

Fax No: + 353 1 628 6848.

Email: maynoothcastle@opw.ie

Visit: http://
www.heritageireland.ie/en/
midlandseastcoast/
MaynoothCastle/
Opening Hours

30 May - 25 September Open Wednesday - Sunday & Bank Holidays 10.00 - 18.00

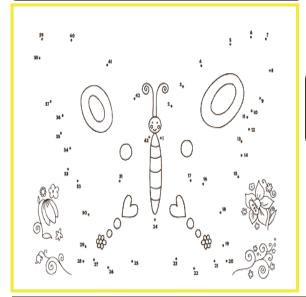
Average Length of Visit 45 minutes

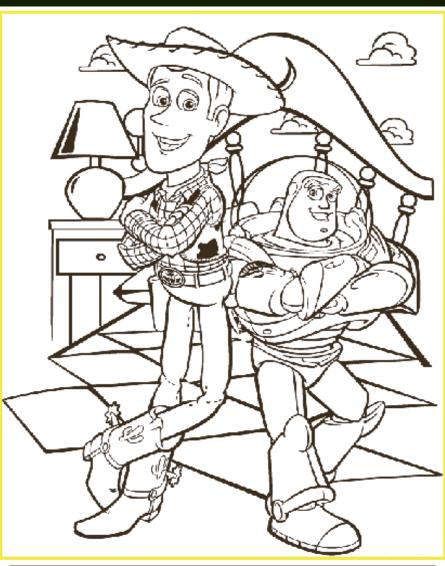


# McDonald's Maynooth Proud Sponsor of the Colouring Competition



#### Dot to Dot Butterfly





# McDonalds Children's Colouring Competition Prizes: Free Family Meal From McDonald's, Maynooth

| 1 |           |
|---|-----------|
|   |           |
|   | Name:     |
|   | Age:      |
|   | Address:  |
|   |           |
|   | Phone No: |
|   |           |

#### June Winners:

Age: 3 - 5: Grace Dorman, Carton Court

Age: 6 - 7: Vishal Jujje, Moyglare Hall

Age: 8 & Over: Áine Hennelly



Prizes for **Colouring Competition** can be collected at:





# McDonald's Revert to Original Advert

#### July 2014 Diary Planner

#### Irish Girl Guides

Meetings Tuesday evening in Maynooth. For further information contact Jackie on 085 1413787 or visit I.G.G. website www.irishgirlguides.ie

#### Community Library

Opening Times
Mondays & Fridays
2pm to 5pm
Tuesdays & Thursdays
1pm to 8pm
Wednesday 9.30am to 1pm
& 2pm to 5pm
Saturday 9.30am to 1pm

#### I.C.A.

No monthly meetings to take place July /August. Monthly meeting will resume on 1st Thursday of September at 8.00pm.in the I.C.A. Hall in the Harbour.

Crafts will continue until the end of July every Monday night at 8.00pm.

New members welcome

# Arthritis Ireland (Maynooth)

Arthritis Ireland Walking Group
(Maynooth)
Meeting Monday's at 12 Noon
Maynooth Community Space
Unit 11/12 Tesco SC
Carton Park, Maynooth
For Seated Exercise & Walking
New Members Welcome

# Traditional Tai Chi Chuan

Classes in traditional Yang Style Tai Chi Chuan and Chi Kung The Leinster Clinic Maynooth Thursdays at 7.30pm Tel: Brian 087 2157231

# University of Third Age (U3A)

Weekly meetings on Fridays at 11am. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth New Members Welcome Please contact Helen Phone: 01-6286592

#### History Group

Meetings every last
Thursday of the month in
Maynooth Community
Council Office
Tesco Shopping Centre
at 8.00pm.
All Welcome

#### Bridge Club

Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com.

Contact Katherine Cooney

086 8205910

# Parent & Toddler Group

Every Thursday from 10.00 a.m. to 12.00 p.m. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth

#### Men's Sheds

Weekly meetings take place every Wednesday at 11.am Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth



#### **UNBELIEVEABLE VALUE!**

First floor office space to let from €10 per day inclusive of rates, service charge, light and heat.

Free Parking (All day for staff & 2 hours for customers)

Contact Declan on 087-2854406

#### Glenroyal Business Centre Maynooth



Bobby the Pomeranian dog called into our office to say hello with his owner Mary.

Copy Date for the August edition of the Maynooth Newsletter is Tuesday 22nd July

#### FILM MONTHLY BY BERNIE CLAXTON

Film Review: August: Osage County Director: John Wells Starring: Meryl Streep & Julia Roberts



Rating: 4/5



Osage, the largest county in the U.S. state of Oklahoma, Cumberbatch). is situated mostly in the sun-parched plains of rolling, endless prairie land. It is also the setting for Tracy Letts' screen adaptation of his acclaimed and prize-winning play, August: Osage County. Under the direction of John Wells, an all-star cast assemble for his corrosive and darkly funny tale of an Oklahoma family in meltdown. One scorching month in August, we become acquainted with a family of women on the verge of a nervous breakdown!

The opening scene of August: Osage County is almost contemplative in comparison to what is to follow. It features playwright Sam Shepard in an elegant cameo role as Beverley Weston, disillusioned poet and alcoholic husband of Violet (Meryl Streep). Beverley, pondering his long and troubled marriage to his drug-The 'simple pleasures' of books and alcoholic beverages can no longer dull the effects of a sterile marriage gone August: Osage County is a slow burner and takes some Osage County.

Enter a Native American woman carer and live-in cook, employed by Beverley to look after the bitter Violet. Exit Beverley to set in place a chain of events that assemble for a wake with a difference. dominate the rest of the film. Various family members of the Weston clan converge on the old homestead from far and wide. It proves to be the family reunion from lengthy set-piece on how not to conduct a funeral everywhere! Juliette Lewis is wonderful as the look no further than this hothouse of seething family same time!

domineering and substance-abusing matriarch. Ironically, Violet is afflicted with mouth cancer in more ways than one. The cancer burning her mouth is much me!' Grown men cower as she sizes up her next victim. Tracy Letts' piercing and compassionate script less toxic than the bile that frequently emits from her acid-tongued reproaches and put-downs of her so vile and frequent it's a wonder the air doesn't turn and disappointments in every family not just the Weston unfortunate family. Violet, content to tear shreds off her blue! nearest and dearest, is unrelenting in her spewing of foul-mouthed tirades.

A family falling apart at the seams is the stuff of scenes. cinematic incarnations. With its sweaty dysfunction, of Tennessee Williams and Edward Albee. Certainly, Maggie The Cat, a Big Daddy (Cat On A Hot Tin Roof) her venom, vulgarity and vitriol. Fasten your seatbelts daughter. folks....we're in for a bumpy ride!

estranged daughters. They come to the family home with emotional baggage of their own: Barbara (Julia Roberts) this deluge may feel forced or rushed. However, the academic husband, Bill (Ewan McGregor); Ivy (Julianne essentially character-driven, drawing its strength from harbouring secret desires of her own; Karen, the youngest daughter, (Juliette Lewis) is ditzy, glamorous Mother and Daughter that they are in danger of erasing and a delusional seeker of love and approval. Added to everyone else off the screen. this mix come Violet's brassy, insensitive and sarcastic sister, Mattie May (a scene-stealing Margo Martindale), Meryl Streep can do no wrong; like a fine wine - she

August: Osage County reveals its theatrical origins in a witty, acerbic screenplay, lengthy set-pieces and oddly touching, too, betimes. Emotional scenes speeches, emotional grandstanding and playing- to- thegallery moments. Letts compresses his epic drama of relating a childhood story of abuse or dancing in a drugfamily dysfunction into a viewer-friendly two hours sitting. The original stage play stood at just over three hours. Apart from some location shooting, most of the action is centred in Violet's sprawling and Julia Roberts has rarely been better as the daughter who claustrophobic country house.

In this stifling environment, dark secrets lurk in every corner. Characters are consistently fanning or cooling strong-willed, fiery, proud and brave. Battling her own themselves in the oppressive heat. The heat, in its intensity, threatens to overwhelm and replicates the suffocating inner turmoil of the characters' lives. As the These two actresses' confrontations on screen resemble addicted and volatile wife, decides on a course of action. story unravels, the heat is not the only thing combusting!

time to get off the ground. However, when it finally takes off, it does so in explosive fashion. The film's highlight occurs at the half-way mark and is certainly and Nicholson) are also noteworthy. A telling scene in a worth the price of admission. All the major players accusations, taunts, recriminations and insults come nonsensical chatter. Roberts' face is priceless in this hurtling by at a startling rate. This blistering and hell. If you like your emotions raw and unleashed then reception is both hysterically funny and terrifying at the

Central to all this mayhem is Meryl Streep's unhinged, Streep in a power-house performance. Violet Weston scene, she reveals to her siblings that she doesn't 'feel fancies herself a 'truth teller' and no one (man or that connection very heavily'. woman) is spared a tongue-lashing - 'Nothing gets by As the mad matriarch, Streep's obscene outpourings are

Much light relief is provided by the superb Chris Cooper in his farcical Grace-reciting and vegan-lampooning The humour is short-lived, though, as the melodrama and we have been here before in countless tension mounts and the battle lines are clearly drawn pulsating soundtrack seem to suggest the possibility of between Violet and her angry, resentful daughter, secrets and lies, and warring family members, August: Barbara. Up to this point, the obvious tension between Osage County has definite echoes in the sizzling dramas the two women has been somewhat contained. In this bizarre dinner setting, the masks of containment quickly Violet Weston shares many of the characteristics of a slip. As this scene draws to a chaotic end, we come to realise the true extent of Violet's madness and the note. August: Osage County is, for the most part, an or a Martha in Who's Afraid of Virginia Woolf in all tumultuous relationship she shares with her oldest extremely entertaining ride for the viewer. Just don't

As if this wasn't enough, the last Act of the film The main target for Violet's invective is her three produces enough revelations and family skeletons to fill an entire season of most soap operas. For some viewers, is licking the wounds of a disintegrating marriage to her acting is the main event here. John Wells' film is Nicholson), in contrast, is quiet, put-upon and Tracy Letts' razor-sharp dialogue and some terrific performances. Streep and Roberts are so good as

her compliant, decent husband Charles (Chris Cooper) gets better with age. Chris Cooper's assessment of and their awkward son, Little Charlie (Benedict Streep's character - 'you're in rare form today Vi' -

might equally be applied to the actress herself. She is quite magnificent in her scenery-chewing role of the manipulative and damaged control-freak. Yet, Streep is depicting her character running away into the plains, induced haze serve to evoke sympathy for a deeply flawed and fragile woman.

in escaping the 'flat hot nothing' of her home town provokes the ire and disappointment of her mother. Roberts, scraped of make-up, is decidedly unglamorous, demons, her character is, also, possibly the only person best equipped to deal with her complicated mother. seasoned pros in a boxing ring! The electric interplay between the two women is a real highlight of August:

Roberts' scenes with her two on-screen sisters (Lewis car journey details the increasing frustration Barbara Nasty feels as she endures her sister Karen's inane and sequence, instilling a note of recognition in viewers seemingly vacuous sister, side-lined by her mother and sisters but revealing an aching vulnerability just below the surface. Julianne Nicholson's cautious Ivy is more Orchestrating this carnage is the wig-wearing Meryl realistic in her assessment of her family. In one telling

> highlights the inherent flaws, contradictions, frustrations clan. John Well's faithful direction produces theatrical set-pieces, grandiose acting and memorable performances. In the film's quieter moments, (which are rare!) lush cinematography and a really beautiful, hope, otherwise lacking in the characters' lives. As Julia Roberts says, at one point - 'Thank God we don't know the future - we would never get out of bed!' However, it would do the film a great disservice to end on this bleak forget your seatbelts!



# Labour Advice Service



**Emmet Stagg TD** 

Every Monday at 4.00 pm in McMahon's (Formerly Caulfield's)

(Except Bank Holiday Weekends)

Dáil contact Numbers 01-6183013/6183797

August 2014

#### **Local News**

FREE

"Maynooth Summer Festival 29th - 31st August 2014"
It's Our Festival - Let's Get Involved!!!!

For further details of event visit www.maynoothcc.com or contact Maynooth Community Council – (01)6285922/ Email: maynoothcc@eircom.net

#### Intel Celebrate 25 Years in Ireland!



L\R Leonard Hobbs, Intel Ireland Corporate Affairs, Guenther Juenger, Director of Corporate Affairs EMEA, Shelly Esque, Vice President of Legal & Corporate Affairs, Mary Farrell, Maynooth Tidy Towns, Paul Phelan, Intel Programme Manager of Corporate Affairs Ireland and Richard Farrell, PRO Maynooth Tidy Towns prior to the unveiling of the Information Board in the Courthouse Square, Maynooth



Information Board which was erected by Intel in the Square, Maynooth



Representatives from various organisations who marked this special event on Thursday 26th June to commemorate 25 years of Intel in Ireland

A function marking 25 years of Intel in Ireland was held in the Glenroyal Hotel in front of many invited community guests. Leonard Hobbs, Intel Ireland Corporate Affairs introduced Shelly Esque, Intel Vice President of Legal and Corporate Affairs and Director of Corporate Group who spoke about the success of Intel, and stated that would not have been achieved without the support of local communities. It has been the policy of Intel over the years to try and involve the local communities in a partnership process with Intel and its employees. Intel is delighted to fund this particular project of an Information Board in the Courthouse Square. Shelly also congratulated Maynooth on winning Ireland's Best Kept Large Town which was adarded in Belfast on 24th June 2014.

In reply Richard Farrell, PRO Maynooth Tidy Towns welcomed Shelly and Colleagues to Maynooth and thanked Intel for funding this project and previous funded programmes. Richard spoke about the past 25 years that Intel have built up a great relationship with the local Schools and University. Many Intel staff have come to live in Maynooth enhancing our local community. During this time volunteers from Intel have taken part in a number of community projects involving Maynooth Community Council and Maynooth Tidy Towns. Richard thanked Paul, Lisa and the Intel team for their support with this project. Finally we wish to thank Intel for their community support in the past and looking forward to working in partnership with them in the future.

After refreshments Leonard Hobbs invited all present to walk to Courthouse Square where the ribbon was cut by Shelly Esque unveiling the new Information Board.



L\R Shelly Esque, Vice President of Legal & Corporate Affairs, Paul Phelan Intel Programme Manager of Corporate Affairs Ireland, Mary Farrell & Richard Farrell Maynooth Tidy Towns



L\R Carmel with parents Eilis & Sean Cushen, Maynooth Tidy Towns

Turn to Page 19 for the Judges results and the photos taken when Maynooth Tidy Towns won Ireland's Best Kept Large Town in Belfast on 24th June 2014

This publication is produced by Maynooth Community Council's Community Employment Scheme, supported by

Department of Social Protection, which is funded by the Irish Government under

the National Development Plan 2007 - 2013



#### "Picaderos Soccer Cup 2014" raises €900 for Maynooth Community

L|R Mattie Callaghan, Chairperson, Mary Farrell, Treasurer, Martin McMahon, Picaderos, Chris McMahon, The Treatment Room and Richard Farrell PRO at presentation of cheque for Picaderos Football Tournament to Maynooth Tidy Towns

The recently hosted 2nd annual Picaderos Soccer 7's Cup was a great success, and raised a total of  $\ensuremath{\mathfrak{C}}900$  for the Maynooth Community. From this sum  $\ensuremath{\mathfrak{C}}450$  was donated to Maynooth Town Football Club, and a further  $\ensuremath{\mathfrak{C}}450$  was donated to Maynooth Tidy Towns Association.

Held on Saturday, the 21st of June last, at the superb football grounds on the Rathcoffey Road which are home to Maynooth Town F. C., and jointly sponsored by Picaderos Restaurant and The Treatment Room of Maynooth, the tournament was a great success. Attracting 100 players, the event was played out in a World Cup style format on 3 beautifully laid out 7-aside grass pitches. With 3 FAI Referees present it promised to be both a very fair and hotly contested tournament. On a gloriously sunny day, and in a superb final, David Folan's Young Team beat the Astro Legends 3-0 to lift the trophy. This young team made short work of their group and even beat the Picaderos team 2-0 in the

quarter final. Of the 12 teams entered, they clearly proved to be the best on the day, displaying skill, fitness, finesse and a very strong team spirit.

The event organisers, Martin and Chris McMahon, who are brothers and also local businessmen, put a great deal of effort into planning the day and into making it a community event. However, they had much help and grateful thanks are due to John Doogan and the Maynooth Community Employment Scheme staff at Maynooth Town Football Club, who were instrumental in the preparation, treatment and marking out of the pitches. A note of thanks must also go to both John Doyle and Noel Healy who performed all the administration duties the night before the tournament. The Cup was such a success that it will be hosted again next summer. Interested parties, to register for next year, please contact Martin McMahon, Manager, Picaderos Restaurant, Main Street, Maynooth or Chris McMahon at The Treatment Room, Unit 4, Town Centre Mall, Maynooth.



Mick Dempsey President and Chris McMahon, The Treatment Room at presentation of cheque for Picaderos Football Tournament to Maynooth Town F.C.



Whether dropping by for a friendly drink, food or settling in to watch

the match, we are sure you will find a warm welcome with great service and a

comfortable setting to ensure your stay is a pleasant and memorable one.

We look forward to seeing you soon.

Great Food Served 7 Days



#### Donal O'Dwyer MVB MRCVS, Patrick Jones MVB MRCVS & Associates

Full Medical & Surgical Facilities - In-house Laboratory inc. Blood Analysis - X-Ray & Ultrasonic Scanning Facilities - Skin Testing - Pet Vaccination & Micro Chipping - Pet Worming & Defleaing - Pet Passport for Travel Outside Ireland - Pet Grooming - Collection & Delivery to Your Home



The only 24/7 emergency on call vet service located in Maynooth (Restricted to registered clients)



#### NUTRITION



Dogs and cats are what they eat! Dogs on a healthy diet have good coats, good energy and good digestion. Pets and human requirements are totally different. A good quality food is a balanced diet containing all the nutrient and vitamin requirement.

#### There are six groups:

- Proteins Help maintain bones, tissues, muscle, hair and nails.
- Fats Main source of energy for dogs. Required for healthy skin, coat and other tissues
- Carbohydrates Along with proteins and fats they are a major nutrient in foods and a source of energy. They include sugars and fibres.
- Vitamins and Minerals
- Fatty Acids essential and non-essential variety. Essential fatty acids have to be supplied in the diet. Dogs on a low quality diet may not have sufficient omega 3 and 6 unsaturated fatty acids which have a positive affect on the quality of the coat, skin and immune system.

Fresh clean water should always be available.

#### **Feeding Requirement**

Nutrition plays a vital role in your pets development from puppy/kitten stage to adult and senior. When your puppy arrives in your home it is important that it does not miss a meal



so keeping it on whatever diet the Breeder had it on is important. If you wish to switch to some other brand of food, add small quantities of the new food to his original food, increasing the portions of the new food until pup is weaned off his old diet. From 3 – 6 months, feed 3 meals daily. At 6 months 2 meals is sufficient. Fresh water is always vital to aid digestion and help to regulate body temperature. From 1 year on you can feed your dog once a day, generally in the evening. or you could feed this meal in two equal portions, morning and evening. This can help in two ways. It can help to prevent boredom and digestive problems. Bigger dogs generally swallow their food down quickly and this can cause colic and bloating which can be fatal! So feeding twice daily can reduce this risk.

Smaller dogs reach their maturity quicker than larger breeds. Large breeds of dogs can suffer bone abnormalities and this risk can be increased by over feeding puppies at an early stage. Also all reputable diets are formulated with sufficient vitamins and minerals so feeding supplements can be ill advised.

In our Clinics we stock Hills Prescription Foods, Burns and a new brand Calibra. Calibra is a high quality hypoallergenic brand with chicken meat, salmon meat and oil containing omega 3 and 6 unsaturated fatty acids which give a high quality texture to the skin. It is very palatable and helps to prevent flatulence in your dog! Most of all it is competitively priced.

For any advice on your pets diet give us a ring at Maynooth Veterinary Clinic 01 6289467 or Clane Veterinary Clinic 045 982763



#### **UNBELIEVEABLE VALUE!**

First floor office space to let from €10 per day inclusive of rates, service charge, light and heat.

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Contact Declan on 087-2854406

#### Glenroyal Business Centre, Maynooth







Trad Session Every Wednesday Craobh Mhaigh Nuad (of Comhaltas Ceoltóirí Eireann) All Welcome

**Function Room available for all Occasions** 

**Light Entertainment Every Weekend** 



Main Street Maynooth - 01 6291568 - e-mail: info@mcmahonsbar.com

New opening hours Saturday 10am - 4pm



24 hour Emergency Service available

# **Carton Veterinary Clinic**

**3** 01 629 1949

**Reception Opening Hours:** 

9am - 8pm Monday and Wednesday | 9am - 7pm Tuesday, Thursday and Friday | 10am - 4pm on Saturday Veterinary visits are by appointment only.

#### some of the prizewinners from our fun family dog show





Thanks to everyone who came to see our facilities. We had a great day, we hope you did too. Carton Veterinary Clinics, nurses and vets are 100% dedicated to looking after pets.











Neutering / Spaying



**Pet Grooming** 



Vaccinations

Cat Boarding



Weight Clinics



Flea and Worm Treatments



Pet Foods Including Burns, Hills Science Plan & Natures Kitchen





# **Community Council Notes**

#### 14 July 2014 Glenroyal Hotel

The meeting was preceded by an advertised open Festival Meeting (7.30pm) which invited members of the public to attend to offer help and ideas for the Festival. Eight people attended the meeting including the committee. See report below.

Maynooth Community Council Meeting Minutes were read, there were no matters arising. The Treasurer's Report was read. A management meeting will be planned to discuss the current financial situation.

#### **Sub-committees:**

Educate Together: School on summer break. There are minor works going on in the school over the summer

**Tidy Towns:** The Tidy Towns were congratulated on their recent achievement in winning Ireland's Best Kept LargeTown. Richard Farrell thanked all who were involved in helping to achieve this accolade. When they requested help through the Newsletter they were more than surprised at the amount of help and support they received - donations, business involvement, Kildare County Council staff (who did so much behind the scenes), the Tidy Town volunteers, Maynooth Community Council staff both indoor and outdoor. Local election candidates were thanked for not putting up their posters during this time which improved the image of the town. A great day was had in Belfast at the presentation. The certificate will be framed and displayed in the Community Library. Intel was also thanked for the display stand and would like to include the fact that Maynooth has won this prize. Maynooth Tidy Towns are looking forward to their next challenge in the Tidy Towns Competition.

**Senior Citizens:** Will be on a break for August. They hope to take part in the Festival next year. The next Tea Dance will take place on July 20<sup>th</sup>. Senior Citizens will be going on a break to Kerdiffstown at the end of the month.

The group is embarking on a new venture of organising Meals on Wheels. This is at the planning stage. The HSE are very much in favour – talks are ongoing. There is a demand for this service now. The committee will be looking for help (as in drivers) from other organisations such as Men's Sheds, the Scouts and U3A ladies. Maynooth Community Council, the ICA, Tesco, and Supervalu were thanked for all their help during the year.

#### Maynooth Summer Festival 29<sup>th</sup>-31<sup>st</sup> August

Maynooth Community Council under the Department of Social Protection is expected to undertake fundraising projects. There have been increased running costs for the Office which has responsibility for the training of 30 employees who work in the Office, in the Harbour and the Soccer Club. The funds will go towards the upgrading of equipment and towards enhancing future festivals. In that way funds will be recycled by for the good of the community.

With this in mind, a major fund raising raffle called "The Taste of Maynooth Raffle" will take place during the Festival. This raffle has been very strongly supported by all our restaurants, cafes and pubs in the town. It is particularly timely given the recent praise in the "Sunday Independent" on the 29<sup>th</sup> June for Maynooth's growing culinary reputation titled "Foodie paradise found in Maynooth". So to be in with a chance to win one of four prizes of vouchers from the above establishments is very attractive. Tickets will be sold on the week before the Festival. TESCO and Manor Mills have very kindly given 3 days and the Glenroyal Leisure Centre two days to the Maynooth Community Council to sell tickets at their venues. Any help in

selling tickets would be greatly appreciated. Maynooth Tidy Towns will help but the more help we get to sell tickets the better. Please contact the MCC office (01-6285922) if you would like to take an hour or two to sell tickets on the day. Our thanks to Quick Stitch who have sponsored a pop up banner advertising the raffle.

By the time the *Newsletter* goes to print, most of the programme will be in place. We are working on a very tight budget with participants giving of their time and effort free of charge. All help received will be acknowledged in the *Newsletter*.

**Local Matters:** The number of break ins around the town was raised as a matter of concern.

#### LETTERS TO THE EDITOR

#### Re: The Grounds of the Old Campus, Maynooth University

Dear Editor,

The past few evenings have particularly brought to mind the gratitude due to the college for keeping its grounds steadfastly open to the local populace. All our human diversity is on display around the footpaths and gardens and recreation areas of the old campus. Pairs of women can be seen motivated in their calisthenics, moms...and dads..walk with their buggys, older couples and guests stroll, children and their four footed pets enjoy an opportunity for freedom from domestic tyranny and little kids earn their two wheeled freedom from tricycles. It is here I first strolled with my own daughter in her buggy and long before as a student. The grounds change with the seasons and never as much as now is the cottage garden a riot of colour and enchanting variety though perhaps the apple orchard in autumn with its gnarly trunks and moss heaved branches comes close or the same orchard in spring when clusters of bluebells and snowdrops gather around those gnarly skirts guarded still by silver gates and purple flowered wall. There is too that twilight magic when furred frost thinly layers the ground or trees are laden with conkers before the cattle are moved back to their sheds and squirrels disappear unbidden up those same trees for winters worse. There is more too beyond the purely physical picture in its ever original and yet similar changes of scene. There is that sense of hallowedness and touch of mysticism as buildings and grounds have their energy imbued by people and time as much as by nature. There is something of that sense of peace and silence one finds within the church which extends itself outward into its surroundings, something of security and permanence that is almost physical and embracing. These grounds too have marked time and changes in body and thought and are inexorably linked to the lives and worlds of those who walk there.

With gratitude to those who hold the keys and yet leave the gates and pathways open.

Fionnuala Sinclair, Daisyhill, Maynooth.

#### **Editorial**

Locally in Maynooth, there is some very good news to report the first is that Maynooth has been declared the Best Kept Large Town and this was celebrated by the presentation in Belfast. The two new schools have been given planning permission on the Moyglare Road and, despite the reservations of location, this is good for the town.

The last month has been dominated by the leadership vote for the leader of the Labour Party and Tánaiste and the Government reshuffle? No it has been dominated by the country/pop singer Garth Brooks resulting in people on the street protesting. Not against austerity or heritage destruction but against and for the arrival of a singer who has not made a public appearance for 13 years. What is says about us is a mystery but it does point to our apparent inability as a nation to make a decent decision at any level about anything and this extends to the highest echelons of Irish society. Frightening. What is says about him is relatively irrelevant to us.

The reshuffle resulted in the loss of a number of relevant ministers to Maynooth (and other places of course). The resignation of R. Quinn as Minister for Education and Skills will be received with both joy and disappointment by the electorate, he was loved or hated depending on one's point of view. His successor, Jan O'Sullivan (a Presbyterian), will be interesting. She has promised to follow Quinn's agenda but this remains to be seen. The Department of Education is notoriously archaic and will take a lot to move on or around.

The United Nations Committee on Human Rights reported very unfavourably on Ireland's record on human rights criticised the law on abortion and the handling of the symphysiotomy controversy as well as the lack of progress investigating the institutional abuse of women and children in mother-and-baby homes. This is an awful catalogue of appalling abuse particularly to women over the 70 years in Ireland. At this remove, we can blame the nuns, priests and brothers of the various orders but it was the families of these women who decided to hide their 'sins' away and the product of their 'sins' – the innocent children.

This persisted into the 1970s at least and the threat certainly lasted that long. The violence is not confined to this period, there is evidence for incredible violence back into our deep and distant past, archaeology shows massive traumas and wounds inflicted by all types of weapons. This did not begin with the arrival of the Vikings either but pre-dates them by many centuries. For centuries also, the practice of fosterage among ruling Irish families resulted in a fractured nuclear family, brothers and sisters separated at birth, reunited in their late teens but who had no normal familiar ties or affections

These had been transferred completely to the fosterage family. Quite often, nearly always, indeed, the older children returned to a father who had married for the fourth or fifth time and their mothers had moved on. This gives the lie to the recent claims made by John Bruton who maintained that the 'Easter Rising damaged the Irish psyche and made people more pro-violence' and he went on to blame Pádraig Pearse bent towards violence for the Civil War and that this was used to justify the IRA.

#### Muireann Ní Bhrolcháin



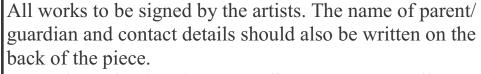
Calling all budding young writers: is there a story or poem that you would like to write and have published in the newsletter? From July onwards, a selection will be chosen and featured in our new "Wicked Young Writer's Corner" each month. All work submitted will be kept on file for future publications. All writings can be sent to us at maynoothcc@eircom.net or alternatively you can drop them into the Maynooth Community Council Office, Unit 5, Tesco Shopping Centre.

Stories approximately 350 - 400 words

# Interested in taking part in a Festival Art Exhibition and Competition? Read on

The festival will run an art competition and exhibition for children and teens
The theme of the exhibition is Maynooth and its Heritage.

The age groups are 3-5, 6-8 & 9-12 years. There will be a category for teens 13-15 & 16-18 years.



Artwork can be done in any medium, crayon, pencil, watercolour, poster paint, acrylic, pastels, charcoal etc. We request that the art work be done on a regular size e.g. A5, A4 and no bigger than A3.

Please submit your work to the Maynooth Community



Council Office by Monday 11th August. It is hoped to make an online exhibition of the works.

The exhibition will be on display in the Community Space on Friday 29th & Saturday 30th. Winners will be announced at the Launch of the Maynooth Festival on Friday 29th August at 8.00pm



#### ASK SHARON THE STYLIST!!

"No man needs a holiday so much as the person who has just had one" Elbert Hubbard - A renowned American philosopher, artist and publisher.

#### Question: "How do I Pack a Suitcase for Holidays?"

FACT: Thousands of Irish people go on holiday every year and piling on the holiday pounds in your suitcase can cost pounds of the cash variety if you're over the designated weight limit at check-in. Baggage deals with airlines vary when it comes to how much you can take in both cabin and hold luggage and the price you'll pay the airline to carry your luggage will vary too but some airlines are particularly generous with their luggage allowance so avail of their free 10kg cabin bag but be sure to take note also of the airline's restricted or banned items. Packing a suitcase can a bit of an ordeal if you are only packing for yourself but if you are looking after the whole family too it can be very time consuming wondering what to take and what not to take and there is nothing worse than lugging heavy suitcases half way around the world and then not wearing everything in

#### <u>Here Are My Top Tips on How To Pack Your Suitcase:</u>

Pre-Packing Planning and What to Bring

- Climate: Check the weather forecast at your holiday destination on-line so you know what to expect.
- Type of holiday: What activities have you planned? Will you be doing lots of walking, sports, leisure activities, or do you plan on lounging beside a pool and being barefoot in a bikini on your holiday?
- Clothes: Plan your holiday wardrobe carefully and consider clothes that mix and match together well and be careful that you choose fabrics that are travelfriendly.
- Thin layers: Don't pack thick, chunky garments, even if the weather might be cool, bring lots of thin layers with you, which you can add and remove as necessary according to the weather conditions.
- Underwear: Unless you know that you will have access to laundry facilities, bring enough underwear to last you for the duration of the holiday.
- Shoes: You will never need more than 3 pairs of shoes (that includes the pair that you're wearing while travelling) for example: 1 x trainers (for sport and activities), 1 x smart-casual (for day-wear / shopping etc.) and 1 x glam pair (in a neutral colour to suit all outfits) for evening. If travelling to a warm climate, substitute the smart-casual pair for flat comfy sandals.
- Bags: Limit your self to 2 one day-time and one small night-time bag and bring your day-time bag with you as you travel, you can also use your night-time bag to store your jewellery.
- Jewellery: Again, less is more so bring a selected range with you that will mix and match well with your holiday wardrobe.

For more information or to arrange an appointment call Sharon @ 087 9962459/ Office 01 6016295 Services included in a 3hr Individual Style/Image Consultation: Only €149.00

- Personal Styling, Colour Analysis, Body Shapes, Make -up Lesson, Wardrobe Management And Or Personal Shopping!
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# **Maynooth Labour News**

Cllr. John McGinley can be contacted at: - 6285293 or 087 9890645 - E mail jmcginley@eircom.net - Web: www.labour.ie/johnmcginley/

#### Update on North-South Cycle Corridor from Moyglare Hall to M4 Business Park

Councillors were shown the Draft proposals for the North-South Cycle Corridor at the Special meeting of the Celbridge Area Committee on 5 February. In Cllr. McGinley's view some of the Draft proposals were of the "Bertie Bowl" variety and must be removed. In particular putting a new bridge across the M4 at the Straffan Road Interchange for cyclists and pedestrians was a reckless waste of scarce resources. Likewise Cllr. McGinley stated that under no circumstances would he agree to the Consultants proposals for a road/footpath/cycle path going through the ICA premises at The Harbour.

The new Maynooth Municipal District Councillors were shown a revised draft at a special on 24 June and thankfully the new bridge at the M4 was gone as was the proposal to knock down the ICA premises. The new design proposals begin at the town side of the Straffan Road/Meadowbrook Link Road junction and extend to the entrance to Moyglare Hall. However the National Transport Authority (NTA) has stated that they will not fund a cycle path to the proposed new schools at Moyglare Hall as they say that they are located too far out of Maynooth. This decision of the NTA is no doubt what has prompted the Council to make it a condition of Planning for the two new schools that the Education and Training Board (formerly the VEC) pay Kildare County Council €726,480.00 for the provision of a footpath and cycle path to the new schools.

Other Issues on the Draft proposals:

- As requested by Cllr. McGinley the Consultants will investigate the possibility of providing a right turning lane for those wishing to turn up the Kilcock Road from the Moyglare Road.
- A new road will be constructed at the bottom of the Harbour Field for the use of the Fire Service and it will not go through the ICA premises
- There will be land takes at the bus stops on the Straffan Road so that a proper cycle lane can be constructed
- A new footpath will be constructed on the north side of the bridge at Mill Street.
- It is proposed to remove the left filter lane at the Celbridge Road/Straffan Road junction in line with best practice and new lights will be installed here as they existing ones are giving a lot of trouble.
- The Straffan Road markings will be re-aligned from the Meadowbrook Link Road to the Square
- Public Consultation is scheduled to take place in October.

#### Update on Meadowbrook Link Road/Straffan Road Junction

The Area Engineer has advised Cllr. McGinley that he will be looking for funding for traffic signals at this very dangerous junction for 2015.

#### Update on M4 Junction at Straffan Road

Cllr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee in January:

"What steps have been carried to implement Roads Objective TRO 1 of The Maynooth Local Area Plan 2013-2019?i.e."To carry out a study investigating the safety and capacity of the existing Straffan Road M4 Interchange etc."

The Area Engineer has advised Cllr. McGinley "that the Council will have to employ a consulting engineer to examine the safety and capacity of the existing Straffan Road Interchange. There is currently no funding available to undertake this work."

John stated that funding will have to be found as the Interchange is dangerous and unfit for use at present. The good news is that the Council have put in a request to the National Roads Authority (NRA) for some type of a controlled crossing point at the Dublin slip way to make it safer for pedestrians and cyclists to get across and get to the Business Campus safely.

#### Update on Poor Public Lighting at the Straffan Road/Celbridge Road Junction in Maynooth

As a result of Cllr. McGinleys motion the Council investigated the poor public lighting at this location. The Councils lighting maintenance contractor has been asked to undertake a design and to submit a quotation for the positioning of new additional lighting to improve the illumination on the approach to the junction which will rectify the issue.

#### **Update on Burnt Out House in Old Greenfield**

Cllr. John McGinley was given the following update on his motion at the Maynooth MD meeting on 9 July: "Kildare County Council is aware of the condition of this building. However, the Environment Section has been unsuccessful in serving the derelict site notices as the owners listed on the land registry records are not residing at the address. Attempts to acquire their current address have been unsuccessful. Kildare County Council has written to the bank which last held the mortgage but have been unsuccessful in gaining information as to the current address of the property owners.

The following options are being examined: The Council is seeking legal advice to establish ownership of the property.

The Environment Section is liaising with the Housing Section to examine the possibility of acquiring the property through Compulsory Purchase Order mechanism. As this is private property, there are procedures which must be followed if Kildare County Council is to consider any direct physical intervention. The CPO mechanism can only be progressed is funding is available to carry out the required works." Cllr. McGinley asked that as there is no mortgage and the owners have gone missing who would the Council acquire the property from? He further pointed out that it is a valuable site and that the Council would not be at a loss if they demolished the remains of the house, cleared the site and took ownership.

#### Cllr. McGinley Calls for a Footpath and Cycle path from Bond Bridge to Maynooth Football Club at Rathcoffey Road

Cllr. John McGinley submitted the following motion for the consideration of the Maynooth Municipal District (MD) of the Council:

"That a new footpath be provided on the northern side of the Newtown Road in order to bring it into line with the rest of Maynooth. This new path is to include a cycle lane to join the cycle lane at Castle Dawson to the rest of the network at Bond Bridge and to extend the footpath to the Maynooth Town AFC ground on the Rathcoffey Road in line with Objective PCO3 of the Maynooth Local Area Plan."

John was given the following reply by the Area Engineer:

"The Municipal District office reports that it is working with the developer for the new Crinstown Nursing Home on the construction of a new footpath that will link the proposed nursing home, which is adjacent to Maynooth Town AFC, with the new bus terminus at Parsons Hall. It is also intended to propose

the extension of the 50kph speed limit section at this point and to erect town gateway signs on the south side of the M4 bridge. It is hoped that this very necessary piece of infrastructure will be delivered within 12 months.

To construct a footpath to link Castle Dawson with Bond Bridge would require the Council to take up the roadside verge in front of 17 separate residences. To construct a combined footpath and cycle path would require the acquisition of sections of the front gardens of some of these properties. However desirable this scheme may be, the Municipal District Office does not have the financial, design and legal resources to embark on such a project."

#### Wall at the Band Hall to be Re-built

As a result of representations from Cllr. John McGinley the Council has agreed to re-build this very dangerous wall. The Council gave John the following reply on 25 June:

"Work on a design spec for the wall was started a few weeks ago. This should be completed in the next two weeks and we will then get quotations for the wall to be rebuilt and commence work when a contractor has been selected"

#### Stagg Welcomes Grant of Planning for Two New Secondary Schools for Maynooth

Deputy Emmet Stagg has welcomed the decision by Kildare Co. Council to grant Planning Permission for two New Secondary Schools and a Sports Facility for Maynooth on the Moyglare Road, Maynooth.

The Two New Schools stated Deputy Stagg will comprise a replacement School for the existing Maynooth Post Primary School on the Moyglare Road and a new Maynooth Community College.

Commenting on the decision Deputy Stagg stated that he was pleased that issues in relation to Traffic Congestion and the absence of adequate pedestrian and cyclist facilities had been resolved and are dealt with by conditions on the planning permission.

Now that Planning Permission has been granted Deputy Stagg stated that Tenders should now be sought for the

projects to enable construction to commence as soon as possible.

In conclusion Deputy Stagg thanked the Minister for Education Ruairi Quinn T.D. for including the building of two new secondary schools in Maynooth in the

Education Ruairi Quinn T.D. for including the building of two new secondary schools in Maynooth in the Departments 5 year Capital Plan back in 2012 which enabled the seeking of planning permission.

#### 10.8% Fall in Live Register Figures for Maynooth -New Banking Corporation to Drive Further Recovery

Deputy Emmet Stagg has welcomed the fall in the Live Register Figures published in July which show a 10.8% fall in the Live Register Figures for Maynooth Labour Exchange in the past year and a 10.12% fall in the Live Register Figures for Newbridge Labour Exchange. The further fall confirms the downward trend in unemployment stated Deputy Stagg but we cannot be complacent as unemployment is still far too high. Exiting the bailout and economic recovery will only be meaningful for people when they see real improvements in their lives and the most important way to achieve that is by creating more jobs. The passing on July 10th in the Dail of all stages of the Strategic Banking Corporation of Ireland Bill is further good news as the setting up of this Banking Corporation will provide over €500 Million of additional credit for Small and Medium Enterprises for investment and will be a great addition to the credit

(Continued on page 9)

(Continued from page 8)

lines available in the State. Credit is the lifeblood of all businesses and SME's will now be able to access loans of greater duration with enhanced terms and potentially at lower rates than presently available. The setting up of this new banking corporation will drive further economic growth and job creation in the SME Sector In conclusion Deputy Stagg stated that the Government remained focused on Job Creation in 2014.

#### Stagg Welcomes €1,080,042 Sports Capital Grants to Local Clubs in Kildare North

Deputy Emmet Stagg has welcomed the announcement on July 3rd by the Minister of State for Tourism and Sport of Sports Capital Grants totalling  $\in$ 1,080,042 for Clubs and organisations in Kildare North.

The following grants were awarded in Maynooth: Geraldine Hall €20,014

Maynooth GAA Club €161,392

North Kildare Club €179.730

This stated Deputy Stagg is the second round of sports capital funding and demonstrates the Government's commitment to encourage more people to take part in sport. The Sports Capital Programme is the main channel of Government support for developing sports facilities and purchasing sports equipment for sports clubs and organisations across Ireland.

Whilst Deputy Stagg expressed disappointment that a number of Clubs had not received grants in 2014 he expressed the hope that these clubs would benefit from the next grant scheme. Deputy Stagg also congratulated the successful applicants.

#### Labour Delivers New Funding to Deal with Boarded Up Houses

Deputy Emmet Stagg has warmly welcomed new funding of €470,000 to bring 18 long-term vacant Kildare County Council homes back up to scratch and made available to families on the housing list. "The announcement on July 8th of a second round of

funding means €1.1 million will be given to Kildare County Council this year, to bring a total of 67 boarded up houses back into stock.

"I speak to people on the housing list at my advice clinics every week who are fed up seeing boarded up houses in our community, at a time when there is a real housing shortage. Some of those houses stay that way for months, which has a knock on effect for the whole area.

"Empty council homes also attract anti-social behaviour and illegal dumping, especially when they're left empty for months on end.

"This extra funding to the Council to renovate these void houses will be a great relief to neighbours who live beside these homes, as well as families who are on the housing list.

"Nationally, Labour Housing Minister Jan O'Sullivan is allocating €15m today for renovation works on 1008 local authority homes.

"We need to invest more in social housing to tackle the huge problems there at the moment. My Labour colleagues and I will continue to push for more investment in social housing, and bringing 'ready to go' boarded up houses back into stock is a common sense approach as part of this aim."

#### Stagg Welcomes Investment in 100% Fibre Broadband Network in Kildare Towns

Deputy Emmet Stagg has warmly welcomed the announcement of the joint venture agreement between ESB and Vodafone which will see the building of a 100% fibre-to-the-building broadband network offering speeds from 200 Mbps to 1000 Mbps to the Towns of Celbridge, Leixlip, Maynooth, Kilcock, Naas, Johnstown and Sallins in Co. Kildare.

This will stated Deputy Stagg give these towns

This will stated Deputy Stagg give these towns unprecedented Broadband speeds and will transform the internet experience of small and medium business, remote workers and consumers. Recent Data from Comreg indicates that 43% of fixed broadband customers in Ireland receive speeds of less than 10 Mbps, so the announcement today will transform Broadband in these towns.

The roll out of the new network should commence in the coming months following European Commission approval, with the first customers able to avail of 100% Broadband from the start of 2015. The roll out throughout the Country is expected to be completed by the end of 2018

In conclusion Deputy Stagg stated that the announcement was good news in ensuring Regional Towns in Kildare and Nationally could enjoy similar levels of connectivity to our cities, benefitting local businesses and helping to attract investment.

#### "Update on Traffic Lights at Straffan Road/ Celbridge Road Junction at Maxol:

The Area Engineer advised local Councillors on 23 July that an electrical incident occurred at these lights on Friday 18 July and that he had no choice but to switch off the lights. The replacement of the the lights at this junction has been on the cards for a while now as the Council has been informed by their maintenance contractor that the existing lights are beyond routine maintenance and need to be replaced. The Council hope to have Civil Contractor in place later in the week and are in the process of procuring the new signals system. Funding has been secured from the National Transport Authority (NTA) and the Council intend bringing forward the North South Corridor design for the junction (already approved by the the NTA and as already stated this involves the removal of the left slip lane to the Celbridge Road).

For pedestrian and vehicle safety it is imperative that the Council have these lights back up and running for the re-opening of the schools at the end of August at the very latest."

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#### Maynooth Darts Exhibition In Aid Of Crumlin Hospital



Two time World Darts Champion Adrian "Jackpot" Lewis will give a Darts Exhibition in the Roost, Maynooth, on Sunday 10<sup>th</sup> August at 7pm in aid of Crumlin Hospital.

It has been a busy time for Maynooth darts of late. Darts are mainly played out of the Newtown Inn, Maynooth and we won the North Kildare Division One title this year. It was only our third year competing but interest has

grown so much that we entered 2 teams this year and again in the 2014 season. We play weekly competitions and have had lots of the world's best Darts players in the Newtown Inn over the last couple of years including Eric Bristow and John Lowe amongst a whole host of others. Unfortunately the Newtown Inn is not big enough to accommodate such big players as Phil Taylor or Adrian Lewis, which is why we are hosting this event in the Roost. Phil Taylor played in the Roost in February where €2400 was raised in aid of Motor Neuron Disease.

Playing against Adrian on the night will be team members' from the Newtown Inn and other players from the Kildare and surrounding areas. Frank Desmond (player of the year 2014), Andy McDermott (player of the year 2013), Dave Gahan (North Kildare Singles Champion), and our very own Maynooth lads Davey O'Brien, Dan Halligan, Shaun Doogan and Ken Corbally. Playing from the Newtown Inn second team will be Captain Stephen Corbally, Davy Hawkins, Jake Geery and Shane O' Brien. Also playing will be Liam Carter who recently defeated Phil "The Power" Taylor in the Silver Granite in a one leg shoot-out hitting 140, 180 and a 91 out-shot along the way. During the year we had a very competitive league where thirty players participated over

4 months, which was won by a much improved Glenn Weafer. This brought the standard up and puts us all in a great position going into next year's league.

Tickets cost €10.00 or €20.00 for VIP tickets and can be bought from the Roost. Contact details are 01 6289843 and 087 9824760

#### **Catherine Murphy Independent TD**

E-mail: catherine.murphy@oireachtas.ie - Phone 01-6156625 (Leixlip) or 01-6183099 (Dail) - Web: www.catherinemurphy.ie

#### One Parent Family Payment Spin designed to Mislead and Confuse

Responding to media reports today that are at variance with the numbers quoted by the Minister in a recent PQ reply regarding the numbers of households that are due to lose their one parent family payment, Independent TD Catherine Murphy criticised the obvious bluster being used to distort the extent of the numbers affected.

"In a PQ reply to me, dated 26th June 2014, Minister Burton says 'The next phase of the OFP reform process will commence on 3 July 2014, when approximately 5,140 customers are due to exit the OFP Scheme.' I called the Minister's Department this morning querying why her reply differed significantly from figures of 9,000 being quoted in the media. Her Department confirmed that the PQ reply was less than forthcoming with the full information regarding the changes and that while 5,140 will be removed from the scheme as of Today's date, the removal of people will continue daily over the next year until all of those affected by the reforms are removed from the scheme."

"Yet again we see the language of Government being used to distort reality and misconstrue facts. Is it any wonder that, as agencies like SPARK and One Parent have noted, there is huge confusion amongst single parent households about how these changes will affect them? This confusion causes fear and worry amongst families who are already struggling to make ends meet."

"I am disappointed that a PQ reply from a Minister cannot be taken as read and it is an indictment of the contempt with which this Government treat people."

#### Minister Burton Forces a Further 5,140 Single Parent Families into Poverty Risk

'7 is Too Young'

Independent TD Catherine Murphy today blasted Minister Burton for reneging on her commitment, made in 2012, not to proceed with the removal of the one parent family payment for thousands of children aged 7 and above until she had put in place a system of safe, affordable and accessible childcare akin to the Scandinavian system.

"On July 3rd, the Minister will remove the oneparent family allowance to 5,140 one parent families whose children are 7 or above despite her emphatic promise made to the Dáil back in April 2012, in response to the '7 is too young' campaign, that she would not contemplate the removal of the one-parent family support for those with young children until she had received a 'credible and bankable commitment' to a system of safe, affordable and accessible childcare. Well, we don't have that system yet the Minister is ploughing ahead with the removal of the allowance"

"Just recently the European Commission published a report which criticised Ireland for having childcare costs that are far above the EU average with extremely limited availability of childcare benefits making it difficult for women, and single parents in particular, to find employment and improve their situation. The Employment Commissioner also noted in the report that the issue of child poverty was of specific concern in Ireland."

"It is in these conditions – significantly higher childcare costs than the rest of Europe, a lack of accessibility to childcare benefits and a child poverty crisis underway that the Minister thinks it is appropriate to target these families in such a callous and discriminatory way."

"How can the Minister expect single parents to be able to afford to go to work when they struggle to afford childcare without supports? What Minister Burton is doing today is ensuring that 5,140 households immediately become lower income households and the children in those homes are further exposed to the risks associated with child poverty."

#### Property Tax Row Not As Straightforward as Rural Versus Urban

Independent TD Catherine Murphy has reiterated her comments that the proposed 15% cut in Property Tax across some Councils just won't be feasible because of the year on year cuts to the General Purposes Grant which is used to fund local authorities.

"The current narrative that urban councils will suffer in order to subsidise rural areas is false. Some of the urban areas actually have a lesser level of service when compared to some of their rural counterparts. Historically, rural areas were subsidized form the General Purposes Grant but now that is likely to be reinforced because of the 20% equalization fund which means that funds collected in one area can be directed to another area to ensure some of the smaller areas don't lose out."

"It appears urban areas are being considered for further cuts to their General Purpose Grant allocation and considering they are already doing relatively poorly from that fund compared to some rural areas it is a very unfair course of action. To further exacerbate that unfairness, the majority of the General Purposes Grant is made up from Motor Tax receipts – which tend to come, on a far greater basis, from the urban areas.

"The Local Government Fund has been decimated in recent years – with one of the main causes for this reduction being the large sums transferred from this fund in subvention to Irish Water. The reduction in the Local Government Fund has seen local authorities having to scale back services and the Property Tax becoming, essentially, a replacement tax. As a result people are getting fewer services than previous despite now paying property tax."

"The Needs and Resources model that is used to decide where funding should be directed only focuses on historical needs and as a result, areas that have seen large population increases have always done poorly under this model; the staffing and facilities at local level don't grow in proportion to the population. The entire system is flawed and with the introduction of the Property Tax the confusion about who gets what funding has simply deepened."

#### Minister of State Kathleen Lynch was Unaware that Disability Services Would Have Their Funding Cut

Independent TD Catherine Murphy has highlighted the recent cuts in funding to twenty six agencies that deal specifically with disability services, and in particular, the fact that these sudden cuts were implemented without the prior knowledge of Minister of State at the Department of Health – with a particular brief on disability, Kathleen Lynch.

During a debate on the Private Members Motion regarding Disability Services that was tabled by Independent TD Finian McGrath, Deputy Murphy asked Minister Lynch if she was consulted about the cuts to such vital disability services prior to them being implemented, to which the Minister responded that she had not been consulted.

Deputy Murphy, speaking during the debate said: "I do not know if the Minister of State knew these supports would be lost. Was she even consulted about it? I would have thought that would have been critical in terms of the delivery of a broad range of advocacy and support services through those organisations which, in turn, can generate quite a lot of voluntary activity. The Minister of State might say whether she was consulted in her contribution. If she was not consulted, will she give a commitment to talk to the Minister for the Environment, Community and Local Government, Deputy Alan Kelly, who is a member of her party, with a view to reversing those cuts because it is not a question of appealing them as they should not have happened in the first place?"

Responding, Minister Lynch told the Dáil: "I was not involved in the decision on funding but I had already committed to speak to the Department of the Environment, Community and Local Government to see what could be done. I do not promise anything. I do not do that, but I will definitely take up the matter with the Department...and it is important that such issues would be examined."





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#### Health - An Alternate View!

Why do I yoyo diet? Is it my weak will power? Will I ever be slim and trim?

You followed the diet plan religiously. You did all you were asked. You were brilliant for the first week, month, six months, lost some weight and then slowly but surely the nasties crept back in. Expressions abound like 'I'm good during the week and so I deserve a little treat at the weekends'; 'It was a wedding celebration, I couldn't be carrying my diet shakes with me then!', or 'I'm not strong enough, I can't do it anymore, my head is wrecked!'. Before you know it you are back to the same weight and then some! You look around and all the skinny army keep bleating 'It's simple just eat properly, get off the couch and so on...... and exercise dummy!' How depressing is that!

So let's clear some things up first. First off, interesting research has been done were a 5 vear outcome of dieters across a range of 20+ structured weight loss programs was completed. They concluded the average weight loss maintained over this time was less than 3kg for if the starting weight was 100kgs. Think about it, you might lose shed loads of weight at the start, go down, go up but more than likely after five years you'll be lucky to keep off a ½ stone from your starting weight! That's an expensive ½ stone, considering the time, energy and money put into it and to still

feel like a miserable failure.

Second. Don't lose heart. What if you were fighting unknown enemies in addition to your cravings for bad food? What if the good food you are eating is not absorbed properly due to a priority underlying problem in the body? Examples of these underlying problems I find in clinic maybe:

- (a) Hiatal hernia
- (b) A deep emotional scar from your youth
- (c) Chronic long term dehydration
- (d) Yeast over growth in the body
- (e) Slow metabolism
- (f) Magnesium deficiency

If imbalances like these are not cleared out of the body first, no matter what diet or exercise plan you decide to undertake, it will probably end in failure as your cravings will ultimately overcome your will power. Now that is food for thought!

Charlie Leonard, The Path to Health Clinic, Specialists in Kinesiology, www.pathtohealth.ie / 085 1122789





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#### **TECHNOLOGY CORNER**

#### TIPS, TRICKS, AND WHAT'S NEW IN THE WORLD OF TECH

#### Clean up your computer with CCleaner

Computers are a sophisticated and often expensive piece of technology, and they need regular maintenance to keep running smoothly. Performing a disk cleanup at least once a month is an important part of the general maintenance of your computer. Over time, your computer accumulates an increasing amount of unessential data. For instance, your computer often stores copies of webpages that you visit to facilitate faster loading times. However, the more you use your computer, the more of these files you will accumulate, many of which you may not need. A disk cleanup clears out your computer's cache (the term for these temporary storage folders), deleting these files and freeing up space.

Windows does have a basic built-in utility for this purpose, but there are other, more thorough programs available. CCleaner is one of the most popular free programs with extensive tools for not only disk cleanup but also a registry cleaner and features for protecting your privacy. The Windows Disk Cleanup only searches for cache files from a very limited number of programs, so it is not very useful for clearing the cache of other common third-party programs or internet browsers outside of Internet Explorer. It also does not search for old setup files programs will install when they are updating. For instance, whenever the NVIDIA updates the drivers for a graphics card, it begins by installing some setup files. Once the drivers are updated, these files are no longer necessary and just take up memory on your computer. These NVIDIA updates can take up hundreds of megabytes of space, and you have many other programs and drivers that require regular updates on your computer.

CCleaner searches for these files as well as many others that the built-in Windows utility is not sophisticated enough to process. CCleaner is highly customisable and allows you to select a variety of data to search. Once it has analysed your computer, you can then run the cleaner to delete the data it has found or modify the settings if you want to preserve some of the cache.

In addition to clearing out space on your computer and deleting junk files, CCleaner's other main function is to protect your privacy. It searches for and deletes private usage data such as cookies, browser history, and identifying cache histories for any browser you have installed. There is lots of other data that can be a privacy concern for people, though, and this program has extensive options. Media programs like Flash Player also store user-identifying cookies. By default, CCleaner also wipes other data that is often ignored as a potential privacy concern, such as the list of recently opened files in Microsoft Word, VLC Player, Adobe Reader, and other frequently used Windows applications. People rarely consider how much information is stored on their computers and how easy it is for someone to access that information.

These default options are all customisable, so you can change the settings to suit your preferences. This is important as using the default CCleaner options too frequently can actually slow down your browsing. Internet cache files for web browsers are small file fragments that your computer stores when you visit a webpage. When you visit a new webpage, your browser will download some file fragments like the page logo, banners, or other static data that is unlikely to change. Then if you return to the page later or click on a different page on the same website, your computer already has some of the information on it stored. Thus, your computer keeps cache files for a reason; should your browser want to access a file it has already cached, it can do so very quickly. If you have deleted the file, it will need to download it again.

If you constantly clear your browser cache with CCleaner, it can have the opposite effect and slow down your computer's performance while using the internet. However, the cache is an often neglected risk to your privacy as it creates an incredibly detailed picture of your computer use. This cache will also grow with every webpage you visit, so it is useful to clear it on a regular basis. How often you want or need to do this will come down to individual preference. If privacy is not much of a concern for you, you can disable the Internet-Cache clearing option on CCleaner and use that feature less frequently.

How do you choose what files to clean? CCleaner has an easy interface with two tabs showing different types of data: Windows and Applications. The Windows tab gives you options for dealing with data included in Windows, while the Applications tab includes any third-party programs you have installed, such as web browsers, Microsoft Office, Adobe, multimedia programs, etc. Under Applications, you can change how CCleaner deals with your internet cache if you want to use it daily without losing your browsing history or saved passwords. It has many options for fine-tuning exactly what you want it to do, so you can even create a whitelist for specific cookies. This allows you to keep your saved passwords, for instance, but still clears out other cookies that websites regularly use to track you. Intelligent Scan is a tool that can automatically add the cookies email programs use to save your password.

Clearing out these junk files can speed up your computer, but you should exercise extreme caution when downloading any program promising to improve your computer's performance or make it faster. The vast majority of these are either malware/viruses or cannot deliver the performance improvements they promise (and often expect you to pay for). CCleaner is not the only cache and file-cleaning program available (though it is arguably the best currently available), and even using the built-in Windows Disk Cleanup is better than nothing. If your computer has an SSD (solid state drive), that will start to slow down as it fills up, so it is important to clear out old cache and temporary files.

CCleaner also includes a variety of more advanced options, such as a registry cleaner and tools for securely wiping entire drives or managing your startup programs. Any registry cleaner should be used with caution and only if you regularly back up your computer, as accidentally deleting the wrong file from the registry can cause a lot of headaches. CCleaner's registry cleaner is one of the safer ones available, but changing the registry always carries some risk. Under Tools, you can further manage your start up programs, which is helpful especially if your computer seems to be taking a long time to start when you turn it on.

Another useful tool is the Drive Wiper, which is particularly useful when you need to securely wipe information on your computer. When you delete a file normally, Windows doesn't actually wipe that file from your hard disk. Your computer removes the information that points to those files and marks them as free space (meaning that they can be overwritten but will otherwise remain until needed). File recovery programs can scan your computer for this information and detect this data (which is how people are sometimes able to recover files even if something has happened to their computer), even if you think you have deleted it. The Drive Wiper tool will properly delete this information from a disk, which is especially important if you are selling your computer, giving it to someone else or have a job that involves sensitive or confidential information. You can set CCleaner to wipe free space any time you run the program by enabling Free Wipe, which does not clear the entire disk. Alternatively, you can set CCleaner to securely erase files any time you delete something. This is a slower process, which is one reason why your computer does not do this as a default, but it means that when you delete something, you will know that it is actually gone from your computer. Only use this option if you are sure that you do not want to have the possibility of recovering deleted data from your computer.

CCleaner also has a feature for managing your installed programs, similar to Window's built-in utility for uninstalling or changing programs currently installed on your computer. It has more options than the default Windows one, allowing you to rename or delete entries or save a list of all currently installed programs to a text file. Any changes you make here will also carry over to your Control Panel.

CCleaner is a powerful program with a wide range of functions from simple disk cleaning to more advanced fine-tuning of your computer's memory and storage. Everyone can benefit from basic computer maintenance, and CCleaner is one of the best applications available for this purpose. Even if you only want to use the basic file cleaning tools, this program will simplify your maintenance tasks. You can download CCleaner for free from the developer's website at www.piriform.com/ccleaner.



#### WING TSUN - IEWTO

Maynooth

#### **Self – Defence Class**

Venue: Maynooth Community Space Unit 11 Carton Park (Tesco) Shopping Centre Maynooth



#### **Class Times**

Wednesday 8 - 10pm Sunday 10am - 12pm

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Contact - Barry Smith Phone: 087 9695475

E-Mail: wingtsunmaynooth@gmail.com





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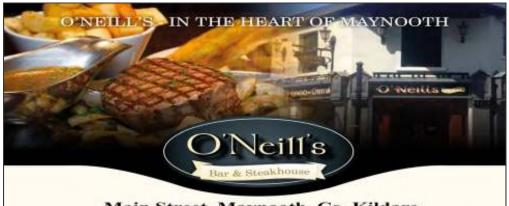
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#### Walk in the Footsteps

Have you ever wondered what exactly the role of the Maynooth men was in 1916? Or how they got into the GPO? Well... As a part of National Heritage Week we are running a guided tour of the journey endeavoured by the Maynooth15 from Maynooth to the GPO on the 24th of April 1916. This is an absolutely free event and is taking place on Thursday 28th of August. We will meet at the 1916 Monument in the town square at 5.30pm where we will lead a walking tour of the Maynooth 1916 sites. We will then get the train into Dublin, on which a commentary on the various canal spots where they marched into the GPO will be explained. When we reach Dublin we will 'Walk in the Footsteps' of some of the battle sites where the Maynooth 15 fought.

Further Details to follow! Keep an eye on our page https://www.facebook.com/pages/The-Maynooth-1916-Centenary-Committee



**Copy Date for the** September edition of the Maynooth **Newsletter is Tuesday** 19th August



# Children's Swim Camps



# Finding It Hard To Entertain Your Little Ones During The Holidays?

Why Not Book Them In For Our Summer Swim Camps?

Running Each Week Until 29th August

Monday - Friday 12pm-1pm or 1pm-2pm

€45 Per Child



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#### TIME FOR A CHANGE?

Do you need an entire body and lifestyle transformation? Are you tired of looking in the mirror and not being happy with what you see? Could you stand to lose a few pounds or tone up a little? Lots of people feel this way. Have you ever tried a new diet and/or exercise plan hoping that this one will work but found that after the first few weeks, when the initial burst of motivation has worn off, you find yourself back to square one? Old habits return before you know it and you're back to where you started. This is more common than you think. Below is a plan that will help you start and stick to your commitment this time.

#### 1. De-clutter:

Get rid of that old bikini, pair of jeans, top or dress you've been holding on to 'just incase' you magically lose weight overnight and it suddenly fits. Forget what you used to look like. Holding on to the past will only serve to keep you there. Today is a fresh start. It's time to make some new memories.

#### 2. Preparation, Preparation:

The saying "Fail to Prepare, Prepare to Fail" is very true in this instance. Schedule your workout and plan your meals as you would, say, a doctor's appointment. You wouldn't cancel on the doctor, so don't cancel on yourself. Make yourself a priority and no matter what happens during your day, get your workout in before you settle for the night. People find it easier to get their workout done early in the morning before work or college or life in general starts for the day. Lay your exercise clothes out the night before. Plan your meals the night before too – if there's only fresh, healthy food prepared, that's what you'll eat!

#### 3. Slowly Does It:

It's very easy when starting a new exercise plan to overdo it in the early days. You're very motivated and enthusiastic. You push it that bit harder hoping to see results sooner. This almost always leads to failure because you either get injured or too sore and are unable to train consistently. Before you know it, you've missed 3 days in a row and your new habit is already broken! When starting out, do a little less than you are able. Finish your workout with a little 'left in the tank'. That way, you're more likely to return to it the next day.

#### 4. The More The Merrier:

Get your family and friends involved in your new healthy habits. Try a jog/ walk while your child cycles beside you. Bring a friend to the gym with you workout buddies keep you interested. Ask your significant other to promise you a treat when you've stuck with your exercise & healthy eating plan for a specified number of weeks – it could be that they clean the house, take you on a weekend away, give you a foot rub....the possibilities are endless! Getting others involved will keep you on track.

#### 5. Set A Goal:

Having a target in mind will help keep you focused and motivated. Why not sign up for a 5k run/walk? Or plan to go hill walking/ hiking? On the days when you feel discouraged, think about the feeling of accomplishment you will have when you complete it. Wallow in your greatness and be proud of

#### 6. Getting There:

There will be days when you don't feel like working out. You'll be tired or stressed or busy. The best tip to combat this is to bully yourself to just get to the gym/workout class. Just focus on getting there, not thinking about what will happen when you do. Once you're there, it'd be a waste not to do some exercise. Those are the days that count. Also, as exercise releases endorphins, you'll feel much better than you did.

#### 7. Have FUN!:

The best way to keep you on track with your 'new you' plan is to have fun and keep it interesting. Change up your routine - one day go for a walk/jog, the next, try an aqua aerobics class, the next day go to the gym, the next day try some swimming, the next day take a Yogalates class... the possibilities are endless. The goal is to get yourself more active but to have fun while doing it!

At the Glenroyal Leisure Club, we can get you started on the right track. We offer free assessments & programmes and over 35 free weekly classes to keep your workout varied. Contact us today to find out how we can help. Always consult your doctor before commencing any new workout regime

|                        | Heritage Week in Maynooth August 23rd - 31st 2014                                                                                                                                                                                                                                                                                                        |                                                                                 |
|------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|
|                        | Program is subject to change without notice For latest updates visit - www.kildarelocalhistory.ie/maynooth/                                                                                                                                                                                                                                              |                                                                                 |
| Saturday<br>August 23  | Irish Volunteers in Kildare -An Exhibition @ Maynooth Library Family Fun at Maynooth Castle                                                                                                                                                                                                                                                              | 9.30 am - 1pm<br>11am - 5pm                                                     |
| Sunday<br>August 24    | Family Fun at Maynooth Castle The National Science Museum, Maynooth Tyrconnell Tower Walk @ Carton House Car Park                                                                                                                                                                                                                                        | 11am - 5pm<br>2pm - 6pm<br>3pm - 4pm                                            |
| Monday<br>August 25    | Teresa Brayton - Literary Nationalist - Exhibition @ John Paul II Library Maynooth College 1914-1918 Exhibition @ Russell Library Irish Volunteers in Kildare - An Exhibition @ Maynooth Library From The Classroom to the Grave @ Lady Chapel                                                                                                           | 9.15am - 6.30pm<br>10am - 5pm<br>2pm - 5pm<br>3.30pm - 6-30pm                   |
| Tuesday<br>August 26   | Teresa Brayton -Literary Nationalist - Exhibition @ John Paul II Library The National Science Museum, Maynooth Irish Volunteers in Kildare -An Exhibition @ Maynooth Library Launch of exhibition on the life & work of Teresa Brayton @John Paul II Library                                                                                             | 9.15am - 6.30pm<br>2pm - 4pm<br>1pm - 8pm<br>6.30pm - 8.30pm                    |
| Wednesday<br>August 27 | Teresa Brayton - Literary Nationalist - Exhibition @ John Paul II Library Irish Volunteers in Kildare - An Exhibition @ Maynooth Library Maynooth College 1914-1918 Exhibition @ Russell Library Carton House and its people: 1603 -1975 @ Maynooth Library                                                                                              | 9.15am - 6.30pm<br>9.30am - 5.30pm<br>10am - 5pm<br>7pm - 8pm                   |
| Thursday<br>August 28  | Teresa Brayton - Literary Nationalist - Exhibition @ John Paul 11 Library Maynooth College 1914 - 1918 Exhibition @ Russell Library Irish Volunteers in Kildare - An Exhibition @ Maynooth Library The National Science Museum, Maynooth The Maynooth 15 and 1916 @ The Square (For more info see page 14) Traditional Heritage Night @ Maynooth Library | 9.15am - 6.30pm<br>10am - 8pm<br>1pm - 8pm<br>2pm - 4pm<br>5.30pm<br>8pm - 10pm |
| Friday<br>August 29    | Teresa Brayton - Literary Nationalist - Exhibition @ John Paul 11 Library<br>Childrens Workshop on our National Heritage @ Maynooth Library<br>Irish Volunteers in Kildare - An Exhibition @ Maynooth Library                                                                                                                                            | 9.15am - 6.30pm<br>11am - 12.30pm<br>2pm - 5pm                                  |
| Saturday<br>August 30  | Irish Volunteers in Kildare - An Exhibition @ Maynooth Library<br>Kildare In Time of War, 1914 - 1918, With Emphasis on Maynooth @ Maynooth Library                                                                                                                                                                                                      | 9.30am - 1pm<br>2pm - 3.30pm                                                    |
| Sunday<br>August 31    | Family Fun at Maynooth Castle The National Science Museum, Maynooth                                                                                                                                                                                                                                                                                      | 11am -5pm<br>2pm - 6pm                                                          |

#### Heritage Week 2014 at Maynooth Castle

#### 'Pot Luck Tours'

Draw a ticket from the Castle Cauldron and go on a specially themed mini-tour taken from the following list:

Gore, Gongs and Garderobes

Siege Special

Monkeys, Moats and Murder Holes

Banquets and Bedrooms

Flags, Fitzgerald's and Florence

Parese, Putlogs and Pardons

Wine, Walls, Windows and Wells

Kings, Kildares and Keeps

Archers, Arrow Loops and Artillery

Dates: 23rd/24th/27th/28th/29th/31st August 10am – 4.30pm Family Friendly/Children's Activities

**Drop-in art activities:** for children aged 4 - 12 years. Enjoy colouring activities or design your own Castle.

**Wizard Word Search**: Ask at the reception desk for the special Heritage Week word-puzzle sheets

Heritage Week Quiz: Pick up a quiz sheet from the reception desk and explore the Castle to find the answers. The winner will receive a Family Heritage Card worth €55!

Dates: 23rd/24th/27th/28th/29th/31st August @ 11am and 2pm

**Siege Tours:** Special themed tours focusing on the 10-day siege of Maynooth Castle, Skeffington's bombardment of the Castle and the so-called 'Pardon of Maynooth'

Dates: 23rd/24th/27th/28th/29th/31st August @3.30pm

Children's Tours: Fun, lively tours for younger visitors. Hear about life in a Castle – not quite as glamorous as it seems!

Dates: Sunday 24th August and Sunday 31st August 10am - 4.30pm

**Flag Day for Children:** Learn about the Fitzgerald flag. Draw your own flag and display it in the Castle or you can even bring it home!

#### Note:

All above events are FREE. For further information contact Maynooth Castle, Wednesday to Sunday at 01 628 6744.

All children attending events must be accompanied by an adult/guardian.

## **Maynooth Summer Festival 2014**

Events are subject to change without notice
Visit: maynoothcc.com for updates

#### Friday 29th August 2014

#### **Maynooth Community Library**

Friday Morning: Online photograph exhibition of publications about Maynooth and publications by Maynooth authors

'Our Natural Heritage: Children's Workshop' Discover the natural world around us through fun activities and games.

Learn about survival in the wild and make bird houses and feeders.

Ages 7-12 years. Booking is essential. 11am - 12.30pm

#### Russell Library, St. Patrick's College

Exhibition: Maynooth College 1914-1918: An exhibition to mark the centenary of the First World War. Email library.russell@nuim.ie or phone 7083890

to book a place. 11am - 12.00pm \*\*\*\*\*

#### JPII Library

Exhibition: Teresa Brayton Literary Nationalist.

Coffee Shop open till 2pm

Drop in 10am - 4.30pm.

#### Launch of the Festival

Maynooth Community Space 8 - 9pm (By invitation) Exhibition of Children's and Young Adult's art. Competition winners announced. All welcome to join us in McMahon's afterwards for a evening of Jazz & Swing with Tony Savino.

#### Saturday 30th August 2014

#### The Square - 2 - 9.30pm

Maynooth Castle Keep Art Group and other artists' works on display during the day. Children and young adults art exhibition on display in Community Space.

Face painting, Music and Entertainment.

#### **Maynooth Community Library**

'Kildare and the Great War' with James Durney, This public lecture by James Durney will survey the involvement of Kildare men and women in the First World War. James Durney is the author of "In A Time Of War": Kildare 1914-1918. Booking is essential.

2 - 3pm

#### Maynooth Castle - 2 - 7pm

An afternoon and early evening programme of music, song, dance, storytelling, poetry and prose.

#### TESCO Car Park - 11am - 2pm

Carnival, Family Fun activities, music, bands, dancing, cakes and bakes, displays, spot prizes, and much more.

A more detailed list of timings for events in each venue will be available by visiting our

website: www.maynoothcc.com or by contacting Maynooth Community Council Unit 5 Tesco Shopping Centre Carton Park, Maynooth Phone: 01-6285922

#### Sunday 31th August 2014

A return Steam Train trip of just under two hours along the scenic Royal Canal. Dublin-Maynooth and return. Check out for 2014 <a href="http://www.steamtrainsireland.com/">http://www.steamtrainsireland.com/</a>

events/

#### The Harbour - 2 - 6pm

Maynooth ICA - Bric-a-brac Sale Kildare Animal Federation Dog Show Martial Arts Demonstration St Mary's Brass & Reed Band Carnival & Bouncy Castle & Lots More

#### National Science Museum, St. Patrick' College

2 - 6pm

Come and view the largest display of scientific instruments on public display in Ireland, most of which were manufactured in the Dublin area between 1880 and 1920

The museum is centred around the Rev Prof. Nicholas Callan, inventor of the induction coil. There is also a large collection of ecclesistical items on display and one of only 2 death masks of Daniel O'Connell.

The Museum is open at the following times during Heritage Week 24th August 2 - 6pm - 26th August 2 - 4pm

24th August 2 - 6pm - 26th August 2 - 4pm 28th August 2 - 4pm - 31st August 2 - 6pm

#### Festival Closure - The Square

6 - 8pm

Taste of Maynooth Raffle Draw The Square - 8pm

# 0





# ICA HALL The Harbour

When: Sunday 31st. August Time: 12.00 - 5.00pm

Why not call in for tea, coffee, homemade cake or a scone

Have a look at our craft display - maybe you always wanted to learn something new We will have a great Bric-a-brac sale

in fact -----

"Something for everyone"



# THE TASTE OF MAYNOOTH RAFFLE



FESTIVAL WEEKEND 29TH-31ST AUGUST



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#### **Maynooth Tidy Towns**



Earlier in the year we asked everyone in Maynooth to help us to become Ireland's Best Kept Large Town after learning we were selected by the Dept. of the Environment to participate in this prestigious competition. Maynooth Tidy Towns requested that Local and European Election Candidates would refrain from putting up their posters in the Main Street as judging took place over the month of May, and we wish to thank them for adhering to this request. We wish to thank Kildare County

Council's local engineer Jonathan Deane and his team for their hard work. We thank Maynooth Business Association, Glenroyal Hotel, Local Businesses and Local Community for their monetary support and encouragement. John Doogan and the staff of the Maynooth Community Council indoor and outdoor have been very supportive to us.

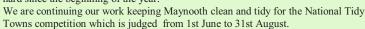
On the 24th of June 2014, Mattie Callaghan, Elizabeth Callaghan, Vinnie Mulready and Sean Cushen representing Maynooth Tidy Towns on the SS Nomadic in Belfast Titanic Quarter at which the winners of Ireland's Best Kept Towns were announced.

Much to their surprise Maynooth was selected as the winner of IRELAND'S BEST

KEPT LARGE TOWN. The Delegation received a framed Certificate outlining their achievement.

We were able to share the good news by text with all our wonderful committee and volunteers. On 4th July a Celebration Barbecue which was sponsored by Eddie Casey of Supervalu was kindly hosted by the Cushen family.

Many thanks to Maynooth Tidy Towns Committee and volunteers who worked so hard since the beginning of the year.



If you would like to volunteer an hour or two please contact us on 087 3153189.

Richard Farrell





#### 2014 Results

| Place Name: Maynooth<br>Dates of Visit: 6 & 12th May 2014                     | Maximum Marks<br>Available | Marks<br>Awarded 2014 |
|-------------------------------------------------------------------------------|----------------------------|-----------------------|
| 1. Presentation of Buildings                                                  | 45                         | 40                    |
| 2. Appearance of Approach Roads, Streets and Public Facilities                | 45                         | 39                    |
| 3. Presentation of Natural Environment                                        | 45                         | 40                    |
| 4. Presentation of Immediate Residential Areas, Gardens and Private Frontages | 25                         | 20                    |
| 5. Tidiness                                                                   | 45                         | 39                    |
| 6. Comprehensiveness                                                          | 30                         | 25                    |
| 7. General Impression                                                         | 15                         | 12                    |
| Total                                                                         | 250                        | 215                   |

Please note that for judging purposes, the boundary of the town/village is deemed to be the commencement of the speed limit restrictions or the place name sign post.

#### 1. Presentation of Buildings

The commercial premises along the main street interestingly play a much lesser role in terms of streetscape during the summer months when the trees are in full foliage. Nonetheless the high standard of most premises was acknowledged and numerous fine shop fronts were noted. It is important that signage including advertising be

limited on each premises to avoid visual clutter. The retention of some up-and-down sash windows and traditional buildings generally in the heart of the town is commended. The larger buildings set in beautifully landscaped grounds contribute greatly to the ambience-these include the churches, schools and NUI Maynooth. The dramatic buildings of the new NUI campus create architectural vibrancy as they contrast and complement the earlier built heritage. Clearly the enormous Tesco retail area which is beautifully landscaped is important to the town but hopefully the original shops in the town centre can remain successful.

#### 2. Appearance of Approach Roads, Streets and Public Facilities

The fine stone walls with mown grass verges and trees are a characteristic composition of the approaches to Maynooth and it is befitting that they are well cared for. The M4 approach was particularly admired. Weed control was generally excellent. Here and there, though, there were areas which seemed neglected in comparison - for example, the perimeter of the car park on the right down the road past the Garda Station. Most other car parks however were of a high standard. The filling stations were generally well cared for. Some industrial premises including yards and forecourts could have been tidier. The approach road preceding Tesco was disappointing as it was not representative of the standard of the town elsewhere. The stone town name sign and planting here was scarcely noticeable in the context of surrounding overgrowth. The several significant areas of hard landscaping in the town centre contribute greatly.

#### 3. Presentation of Natural Environment

Maynooth is well endowed with natural amenities, particularly the various waterside areas and substantial mature trees which are being appropriately acknowledged. It is the judges opinion that the suckers should be removed from the trunks of the trees along the street. It is clear that time and financial resources have been enthusiastically invested in tree, shrub and flower planting in recent times. Any dead or damaged trees should be replaced. Grassed areas, almost without exception , had been frequently mown in the weeks preceding judging.

#### 4. Presentation of Immediate Residential Areas, Gardens and Private Frontages

Most residential areas were presented exceptionally well. Green where applicable were neat, houses well kept and gardens profusely planted. Boundary walls here and there, however, needed freshening up. The numerous older terraces were admired especially those regularly painted. Hopefully soon the disused house on the approach to the main NUI campus will be restored.

#### 5. Tidiness

The town generally had a clean and tidy appearance with litter scarcely evident. However, there were lapses in standard. Some yards and gaps between buildings and a few laneways were a little untidy. Beware of creating clutter and hazards on footpaths with advertising and goods. Unfortunately, rubbish had been abandoned at the bottle bank near Aldi. Cut conifer branches had not been cleared away on one road.

#### 6. Comprehensiveness

Much of Maynooth could be described faultless but it is recommended that you systematically indentify any remaining problems, particularly in peripheral areas, and devise an appropriate course of action for each.

#### 7. General Impression

Maynooth is a very busy large town where there is a wonderful sense of vibrancy, assisted by the influx of students. The axial formality of the tree lined street with entrances to NUI Maynooth and formerly Carton House at each end leaves a lasting memory. We look forward to many more visits.



#### PICNIC IDEAS

#### Ham, Pea & Mint Pasties

175g cold butter, chopped into chunks 350g plain flour, plus extra for dusting 1/2 tsp English mustard powder

1 egg, beaten for glazing

50g butter

1 onion, finely chopped

200g peas, frozen or cooked fresh 100g thickly sliced ham, chopped into small chunks small bunch mint, leaves picked and finely chopped 250g pack ricotta



Makes 4 large pasties

#### Method

Tip the butter, flour and mustard powder into a food processor with 1/2 tsp salt and whizz until you can't see any lumps of butter. Add roughly 4-5 tbsp cold water, a spoonful at a time, while pulsing until the pastry comes together. Tip out onto a clean surface, bring together into a ball and chill while you make the filling. Melt the butter in a frying pan. Add the onion and gently sweat for 10-15 mins until really soft, but not very coloured. Stir in the peas for 1 min, then turn off the heat and stir in the ham, mint and ricotta with plenty of seasoning,

Heat oven to 180C/160C fan/gas 4 and divide the pastry into 4 equal pieces. Roll each piece to a neat 16-17cm circle - cut round a saucer or lid. Brush the edges with a little of the beaten egg, spoon a quarter of the filling into the middle, then bring up opposite sides of the pastry and seal. Crimp to make a pasty shape. Carefully lift onto a baking sheet. Repeat with the rest of the pastry, then brush the finished pasties all over with egg. Bake for 35-40 mins until golden and crisp. Leave to cool slightly, then serve either warm or cold.



#### Ingredients

450g sausage meat 1 heaped thsp chilli paste 1 green chilli, finely chopped 4 spring onions, roughly chopped small pack coriander, roughly chopped finely grated zest and juice 1 lime 400g can kidney beans, drained and rinsed 375g pack ready-rolled puff pastry



Serves 6

Serves 12

#### 1 egg, beaten Method

Heat oven to 200C/180C fan/gas 6 and pop a baking sheet inside to warm. Mix together the sausage meat with the chilli paste, chilli, onions, coriander, lime zest and juice and a little seasoning, before squashing in the kidney beans. Unroll the pastry onto a sheet of baking parchment, longest side towards you, and spread the sausage mixture down the centre of the pastry - it should make a rounded mound about 10cm wide. Measure 1cm out from the filling, then cut the sides of the pastry on a slight diagonal into 1.5cm thick strips. Lift these up and over the sausage filling so that they meet on top. Use the last pieces to wrap up the ends. Brush with the egg and sprinkle on the oregano, if using. Using the baking parchment, lift the sausage plait onto the hot baking sheet and bake for 40 mins until golden and cooked through.

#### Pizza Muffins

#### Ingredients

300 g self-raising flour 80 g butter, melted 1 cgg

150 g low fat natural yoghurt

150 ml low fat milk 1 tsp dried oregano or mixed Italian herbs

1 and a half cups strong grated cheddar cheese, low fat

150 g lean ham, diced

6 spring onions, finely chopped

150 g chopped sundried or sunblush tomatoes

Preheat the oven to 200°C. Line a 12 hole muffin tin with paper cases for big muffins or two trays for mini muffins. Mix the butter, egg, yoghurt, milk and oregano together. Sieve in the flour and barely mix. Stir in 1 cup of the cheese, ham, spring onions and tomatoes. Don't over mix, leave the mixture quite lumpy. Spoon into the paper cases and sprinkle the remaining cheese on top of each muffin. Bake for about 20 minutes until baked through and firm. Allow to stand for 5 minutes before serving hot or cold. Cool completely and freeze in plastic bags for up to 2 months.



If the weather is dry, there is no need to spray for Blackspot disease of roses. If it does rain - it might be an idea to spray them. If you have early flowering shrub roses and ramblers that have finished flowering could be pruned. Take cuttings off shrubs such as Cistus, Lavender and Weigela. Start saving seeds. Remember to label them when storing them. Remove any diseased foliage now before it ends up in the compost heap.



Begin dividing perennials. Don't forget to continue to water the plants especially check containers and hanging baskets as they tend to dry out quicker. Also feed them too. Water Hydrangeas with Hydrangea colourant for true blue Hydrangeas next year.

Prune climbing and rambling roses. Some bulbs can be planted now



such as Daffodils and Madonna lilies. Hebes and Lavenders can be lightly pruned after flowering. Don't forget that hedges can be given a final trim now. Raise the blades on your lawnmower before cutting lawns that are fine. It will help reduce drought stress. Lawn weedkillers are not as good this time of year, it works better in cooler, damper autumn weather. Keep pulling those weeds as soon as they appear. Plant trees, shrubs and perennials now, so they can take root and also keep them

well watered. Re-pot indoor plants in fresh soil. Bring any houseplants indoors therefore getting them used to limited sun and humidity. You can also bring some outdoor plants inside to overwinter. Towards the end of this month sow seeds of hardy annuals directly into borders.

Check that your mulch hasn't decomposed and add more if necessary. Keep deadheading and harvesting flowers and vegetables. This will encourage them to keep growing. Begin planting vegetables for the winter such as green onions, Carrots, Beets, Lettuce, Spinach, Radishes and Winter Cauliflower directly into the garden early this month. Continue to cut out old



fruited canes on Raspberries. Lift and pot up Strawberry runners. Apples are nearing ripeness. Tip - hang old CD's from fishing line in trees to discourage birds from attacking fruit. Pick herbs for drying. Harvesting them will keep them growing longer. If it is hot and humid beware of potato blight, spray with a chemical fungicide if the weather looks ominous. Harvest Blackberries, Raspberries, Gooseberries, Redcurrants and Blackcurrants.



Paint fences, sheds and any wooden structures with a preservative. Clean patios and hard surfaces to get rid of any moss and algae. This will prevent them getting slippery in the winter months. Fix any broken glass and check the guttering in the greenhouse. Keep ponds topped up and don't forget any water features too. Remove faded flowers and yellow leaves. Cut back the foliage. Clearing

out fallen debris often will help keep algal growth down.

To plant a garden - is to believe in tomorrow!!



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## Her Castle

The breeze of the warm evening caused her hair to sway along her back and tickle her cheeks like the grass and the flowers of fields beyond her castle. Her prison. They said her beautiful hair was not like golden but of caramel, and she was sweet as such. Where were they now? Their lonely girl was perched on the window sill high above the ground where the clouds blossomed in the sky. Tonight, however, someone had taken a paint brush and swiped it orange and pink with the dark clouds that splashed across the horizon. She hugged her knees tight to her chest and watched the sun sink beneath the hills and wished it a good night, a sweet farewell until morning.

As stars began to sparkle and shine, a frigid wind picked up and intruded in on her chamber causing her to shiver. Hopping down off her throne, she wandered about the humongous castle like she had done many times before. Too tired to sleep and too reckless to dream, she hugged the stone walls of the narrow passage that lead to her chamber that lay in the top of the tallest tower. Even though the castle was black as night and brooding thoughts, the girl with the caramel hair did not need the walls for guidance for she knew every step of the staircase, every edge, every corner, every echo. She knew each footstep would take her where she had already been before. In the dark her world seemed much bigger. Her mother had said once that one day a prince would come and rescue her and so, for the many nights that followed she dreamt of a white horse carrying her prince, the man who would rescue her. But he never came. Years later those dreams forgotten, she wished for monsters and demons to emerge from the shadows. They were the better company.

She found her way back to a bed so soft it could only be for a princess, a girl as sweet as she with her long caramel hair. Sketched behind her eyelids she saw a prince on a white horse cantering up to the gate of her fortress. A smile crept to her lips when she envisioned the dragon taking him by surprise and how it tore his body limb from limb and wore his entrails as a fancy boa and used his horse as a toothpick. She cackled and giggled to the imaginary screams and once again fell asleep above heroes and champions. None had taken her hand but had all fallen for her wicked beauty.

By:Melissa Ridge Age:18



#### The Dentist



Ah! Come in, take a seat In a minute I will have a look at your teeth

When you open your mouth and I pop in my tool

Please be careful, and try not to drool!

It gets all over your hands! I really hate these salivary alands.

And if I do something that will make you sore

Please don't give out an almighty roar

It disturbs the people waiting And probably decreases our five star rating.

Now sit still and don't be bold How about a filling, Silver or

By: Hazel Truffle Coca Kiely Age: 13



## **Know Your Rights**

## Non-Principal Private Residence charge arrears

#### **Question**

I bought a holiday home in October 2012. I paid the Local Property Tax for 2013 but I thought the NPPR had been abolished. Do I still have to pay it?

#### **Answer**

The Non-Principal Private Residence (NPPR) charge was payable for the 5 years 2009 to 2013 for residential property that was not the owner's only or main residence, so you will owe this charge in respect of 2013. The NPPR is no longer charged from 2014 onwards, but outstanding liabilities and payments are still being collected by the local authorities and these can be substantial.

The NPPR charge was  $\[ \in \] 200$  for each relevant property that you owned on the liability date each year and was due to be paid within 3 months. In general, the liability date was 31 March and the payment was due by 30 June each year. A late fee of  $\[ \in \] 20$  was charged for each month, or part of a month, after each due date. These late fees increased each month. They are shown on a table of charges at nppr.ie. If you owned your holiday home on 31 March 2013 and have not paid the NPPR for 2013, you now owe  $\[ \] 380$ .

If you do not pay your liabilities in full by 31 August 2014, or agree settlement terms by that deadline, you will incur additional penalties and you will then owe €750. There will not be any further increase.

To avoid these additional penalties, you should arrange as soon as possible to pay the 2013 charge plus the late fees that have accrued. You can pay online at nppr.ie or else use a paper form.

You should also check any other taxes and charges that may still be due on your holiday home – such as the Household Charge (payable for the year 2012 in addition to the NPPR), and the septic tank registration charge (if relevant).

#### **Appealing your Leaving Certificate results**

#### Question

If I think my Leaving Certificate papers have not been marked correctly, can I have the marks rechecked?

#### Answer

Yes, if you are not satisfied with the marks in one or more of your Leaving Certificate exams, you can appeal them to the State Examinations Commission (SEC). Before you make the decision to appeal a result, you can view your exam paper. The SEC will send your school personalised application forms for you to view

your exam papers and to appeal your results. (For external candidates, these forms are enclosed with your examination results.)

Viewing: If you decide you would like to view a particular paper, you mark the form accordingly. There is no charge for viewing your papers. You must return the completed form to the school where you sat the examination by 19 August 2014. The Organising Superintendent appointed by the SEC will assign you to one of the viewing sessions. These will take place on 29 and 30 August 2014 in your school or examination centre.

Appealing: If you decide to appeal your results, you indicate the subjects you wish to appeal on the appeal application form and you pay the appeal fee. Your application to appeal your 2014 results must be received by 3 September 2014.

Your paper will be re-marked by an appeal examiner, who will be different from the examiner who originally marked your work. The same marking scheme is used for remarking. Your result may be upgraded, left the same or downgraded as a result of an appeal. There is further information about the appeal process on the website of the State Examinations Commission, examinations.ie.

If you are not happy with the outcome of your appeal, you may request a review by the Independent Appeals Scrutineers. Application forms for an appeal review are provided with your appeal results.

#### The Cycle to Work scheme

#### Question

In 2009, I bought a bike under the Cycle to Work tax scheme but it was stolen last week. Can I use the scheme again when I buy a replacement bike?

#### Answer

The Cycle to Work Scheme is a tax incentive scheme which aims to encourage employees to cycle to and from work. Under the scheme employers can pay up to €1,000 for a bicycle and bicycle equipment for each of their employees. The repayment for the bicycle and equipment is then deducted from your gross salary (this means before income tax, PRSI, pension levies or Universal Social Charge are deducted) over a period of up to 12 months. You can only avail of the scheme once in a five -year period. So if you got your bike in December 2009 and were granted the tax relief in 2009, you can claim it again if you want to buy another bike in 2014 or later.

You must use the bicycle and safety equipment mainly for qualifying journeys. This means the

whole or part (for example between home and train station) of a journey between your home and your normal place of work.

If you buy a replacement bike in 2014 you cannot get another bike under the Cycle to Work Scheme until 2018. If you are concerned about another theft you could insure your new bike under your household insurance policy or you could use a special cycle insurance scheme.

There is a list of frequently asked questions about the scheme on revenue.ie.

## Jobseeker's Allowance for younger jobseekers

#### Question

I am 22 years of age and I live with my partner who is 25. He is currently unemployed and has been claiming Jobseeker's Allowance for three months. I have just finished college but cannot find work. What amount of Jobseeker's Allowance can I qualify for?

#### Answer

People aged under 26 get a lower rate of Jobseeker's Allowance. If you claim Jobseeker's Allowance in your own right the maximum amount you are eligible for is €100 a week. However, your partner could claim for you as a dependent adult on his Jobseeker's Allowance claim and he would be paid €124.80 each week in addition to his personal payment.

Even though the rate paid is less, it might be more beneficial for you to claim Jobseeker's Allowance in your own right because you are then eligible for a range of training and employment schemes to help you into employment. If you take up a place on a course of education, training or an employment support scheme you will get a higher rate of payment.

Maximum Jobseeker's Allowance rates for people under 26

Age Rate - Increase for a qualified adult 18 - 24  $\in 100$   $\in 100$  equal 6100 equal 625 equal 64 equa

The reduced personal and qualified adult rates of Jobseeker's Allowance (JA) for claimants under 26 do not apply to claimants with dependent children.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public. Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

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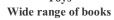
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## Maynooth Fianna Fáil Notes

Contact Details - e-mail: naoiseocearuil@gmail.com

## Cllr. Ó Cearúil passes motion to proceed with taking estates in charge

Cllr. Naoise Ó Cearúil was successful in passing his first motion in Kildare County Council that the council proceed with the taking in charge of housing estates. The council had stalled this process due to legislative issues with Irish Water, however Ó Cearúil argued that the council would be able to take all other infrastructure in charge and the majority of members agreed with him. Speaking after the meeting Naoise stated, "This has been a huge issue for homeowners in Maynooth and it was something that a lot of people raised with me on the doorstep while campaigning. I'm proud that my first motion in the council not only passed but will have a positive impact on people's day-to-day lives." Many estates in Maynooth have not been taken in charge even though they have been ready for between five and eighteen years. Some of these estates include Castledawson, Meadowbrook and Griffin Rath Hall.

## Cllr. Ó Cearúil presses the need for a pedestrian crossing on the Moyglare Road

At July's meeting of the Maynooth Municipal Area, Cllr. Naoise Ó Cearúil submitted a motion that a pedestrian crossing be installed on the Moyglare road, at a location close to the G.A.A Club. There is no pedestrian crossing on this road from St. Mary's Boys National School. There are hundreds of residents living in Moyglare and a pedestrian crossing is much needed. Ó Cearúil highlighted that residents of Moyglare Hall and children training in the Moyglare Hall GAA pitch have nowhere safe to cross. This is an issue that he intends to progress and follow through with

## Blindspot on Newtown Road between Beaufield and Woodlands

Cllr. Naoise Ó Cearúil has been pursuing the council to remove the dangerous blind bend between Beaufield and Woodlands. This bend makes it extremely difficult for residents of Woodlands to cross the road in a safe manner. Ó Cearúil proposed at July's meeting of the Maynooth Municipal Area that the fencing at Beaufield Lawns be pushed back a metre to give a clear sightline for pedestrians.

#### Housing Crisis in Kildare

It was highlighted at the recent Kildare County Council meeting that there is a serious housing crisis in the County. There is an extreme shortfall in council housing stock and a growing list of people looking to be housed. Many families in Maynooth are being priced out of rented accommodation also as many landlords are no longer accepting Rent allowance and in other situations rent is increasing. This is an upward only trend and is down to a lack of supply and increased demand. Cllr. Ó Cearúil has been enquiring into the council's method to tackle this crisis and believes that the council should either build more social housing or acquire more through private purchases. In terms of the private market, Ó Cearúil believes that due to the high demand for accommodation in Maynooth, more development must occur but in accordance with the Local Area Plan.

## Permission granted for Maynooth Education Campus

Kildare County Council has granted planning permission to the Kildare / Wicklow Education and Training Board to build the Maynooth Education Campus in Moyglare Hall. This has been a long protracted saga and Cllr. Ó Cearúil has welcomed the decision by the council. "The people of Maynooth have been kept in the dark regarding the schools issue for months. Due to this, people have been worried and under the impression that the project would not go ahead. I'm glad that this will give parents and students peace of mind and I am looking forward to a state of the art facility for the people of Maynooth."

#### Maynooth is Ireland's Best Kept Large Town

Maynooth won Ireland's Best Kept Large Town at a recent reception in Belfast. This is a massive achievement for the town and particularly for the Tidy Towns organisation.

"I am extremely proud that our town has won this massive accolade and it is a testament to the time and effort that all of the Tidy Towns volunteers put in. As a volunteer with Tidy Towns it makes the win that much better."

Maynooth Tidy Towns meet for regular clean-ups at the square on Wednesday evenings at 7.30pm, Saturday mornings at 10am and Sunday mornings at 8am. If you have some free time please get involved. You will notice other volunteers in high-vis jackets. Pickers, high vis jackets, gloves and black bags are provided.

#### **Intel 25 years in Ireland**

On the 26th of June Intel hosted a reception for the people of Maynooth in the Glenroyal Hotel. The reception was organised to mark Intel's 25th anniversary in the area and as a mark of gratitude to the people of Maynooth. Intel sponsored an information plaque on the square that stands proudly beside the old courthouse. Many thanks to Intel for a marvellous addition to our town.

## Protest at the appointment of a non-Irish speaker as Minister for the Gaeltacht

On Wednesday the 16th of July a protest was held against the appointment of Deputy Joe McHugh (FG) as Junior Minister for the Gaeltacht. Minister McHugh has no conversational Irish and will have to deal with Irish speakers on a day to day basis in his new role. The protest was organised by Conradh na Gaeilge in what they described as a clear insult to Irish speakers throughout the country. Attending the event was Cllr. Naoise Ó Cearúil who said, "This is a clear example of the Government's blatant disregard for the Irish language and for those who speak it. Only three short months ago 10,000 people descended on Leinster House to voice their discontent with the way Irish speakers have been treated by this Government. People's basic constitutional rights have been dismissed by this administration and this latest fiasco has angered many people."

#### Kildare to host Ógra Fianna Fáil National Youth Conference

Ógra Fianna Fáil are to hold their 2014 National Youth Conference in the Westgrove Hotel, Clane Co. Kildare. The joint bid from Ógra organisations in both Kildare North and South beat off competition from other constituencies to host the weekend of policy debate in November of this year.

The decision was made by the Ógra National Council at a meeting in Athlone on Saturday where Cllr. Naoise Ó Cearúil and Cllr. Robert Power presented the bid on behalf of the Kildare organisation.

Fianna Fáil is growing its membership again. With two Ógra Councillors elected in Kildare and the NYC coming in November, the party hopes to capitalise and recruit new young members. Young members in Kildare will have a fantastic opportunity to have their say in how we run our party. The weekend will see over 500 delegates from across the island, north and

south, come to Kildare to discuss policy issues and stimulate debate across a wide range of topics. Commenting Cllr. Power stated "I'm very pleased that we've been able to bring this event to Kildare and hope that it will be of some benefit to the local economy" Cllr. Ó Cearúil said "As a current member of the Ógra officer board it is wonderful to see such a big event coming to Kildare. Ógra Fianna Fáil is the largest youth wing of any political party in Ireland and there were 20 young councillors elected throughout the country." Anybody between the ages of 16 and 30 can register with Ógra Fianna Fáil. They can get in contact with Naoise via cllrnaoise@gmail.com.

#### Road Safety in Residential Areas

Kildare County Council is currently in the process of producing a document for 'Road Safety in Residential Areas'. This document will be in the form of a leaflet, and will focus on the basics and essentials required by a road user in residential and built up areas, in the interest of road safety. As part of this road safety awareness campaign, the council will be visiting many housing estates and residential areas throughout the county with a Promotions Team over the coming weeks to deliver the documents. If you think that your estate would benefit from this campaign please get in contact with me and I will forward your details.

#### Opposition to development in Moyglare Hall

Dozens of residents in Moyglare Hall have objected to further developments in the estate, particularly at The Walk. If this development proceeds it would have a negative impact on resident's lives. Many residents from Moyglare Hall, Moyglare Abbey, Moyglare Village and the Moyglare Road have objected to the opening of an original pedestrian access point beside the ESB station to a vehicular access point. If this is allowed, it will cause a rat-run within Moyglare Hall and have a negative impact on traffic flow on the Moyglare Road. Cllr. Ó Cearúil, a native of Moyglare has objected to permission being granted as it contravenes HP6 of the Maynooth Local Area Plan and has an adverse effect on residents of Moyglare.

#### Best of luck to all students receiving their Leaving Cert results

I would like to wish the very best of luck to all those students who are set to receive their Leaving Certificate results this month. Remember that Wednesday the 13th of August is results day. You can receive your results from the school or online. If you need any advice after your results please feel free to get in contact with me.

#### Fianna Fáil Membership

The party's Ard Comhairle have decided that membership renewal will be extended from the 31st of July to the 30th of September. If you or anybody you know would like to join the party please do get in contact via cllrnaoise@gmail.com.

#### Representations

Cllr. Ó Cearúil has been making representations on behalf of residents on a range of issues. If you have an issue or need advice please get in contact. Areas covered to date include:

- Grants for Older People
- College Grants (SUSI)
- Housing Issues
- Planning Issues
- Planning Objections
- Medical Card Issues
- Business Start Ups

#### **Clues Across**

### August 2014 Crossword - No: 427

#### **Clues Down**

- 1. Cloth bag filled with beans (7)
- 5. Readable (7)
- 9. Lockjaw (7)
- 10. Collection of maps (5)
- 11. Walk (5)
- 12. One circuit (3)
- 13. Filter (6)
- 14. Device for holding up a stocking (6)
- 15. Engage in espionage (3)
- 17. Organisations (9)
- 21. Large (3)
- 23. Ski lodge (6)
- 24. Move back and forth (6)
- 27. Father (3)
- 28. Units (5)
- 29. Position (5)
- 30. Not friendly (7)
- 31. Enter again (2-5)
- 32. Own (7)

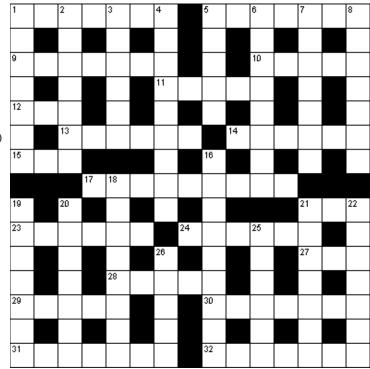
Winner of Crossword No. 426 J

#### Peter Denman Leinster Park Maynooth

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**Entries in before:** 

|  | <br> | <br> |  |
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|  |      |      |  |

| 1  | Class |            | (7) |
|----|-------|------------|-----|
| Ι. | Glass | containers | ( / |

- 2. Post-mortem examination (7)
- 3. Flag (6)
- 4. Inflammation of the stomach (9)
- 5. Person sentenced to life in prison(5)
- 6. Receive an academic degree (8)
- 7. Dramatic dances (7)
- 8. Entrap (7)
- 16. Steamer (9)
- 18. Submissive to authority (8)
- 19. Flee (7)
- 20. Made by humans (3-4)
- 21. The time a person goes to bed (7)
- 22. Female deity (7)
- 25. Hotel patrons (6)
- 26. Male voice (5)

#### Answers to Crossword 426

| ω<br>-          | Ρ       | 1       | <sup>2</sup> N  | 0 | ° F             | F               |                 | ω<br>‡          | °И              | 1       | °Р              | Р               | Е | ΄ Τ     | ı |
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| А               |         | * M     | Е               | А | N               | 9               | Ν               | 10<br>G         | L               | Е       | S               | 1S              |   | O       | ı |
| 12<br>C         | Н       | А       | Т               |   |                 | N               |                 | 1               |                 |         | <sup>13</sup> S | _               | G | Ξ       | ı |
| Е               |         | S       |                 |   | <sup>14</sup> S | K               | -1              | R               | Т               |         |                 | О               |   | Т       | ı |
|                 | 15<br>S | Т       | 16<br>R         | Т | Р               | Υ               |                 | L               |                 | 17<br>A | 18<br>N         | K               | L | Е       | ı |
| <sup>19</sup> P |         |         | -1              |   | Α               |                 | <sup>20</sup> Z |                 | <sup>21</sup> P |         | -1              |                 |   | Ν       | ı |
| 22<br>R         | Е       | Е       | F               |   | <sup>23</sup> S | С               | Α               | L               | Е               |         | <sup>24</sup> G | Г               | U | Е       | ı |
| _               |         |         | L               |   | М               |                 | Р               |                 | Е               |         | Н               |                 |   | D       | ı |
| <sup>25</sup> C | R       | 26      | Е               | D |                 | <sup>27</sup> B |                 | <sup>28</sup> P | R               | E       | Т               | <sup>29</sup> T | Υ |         | ı |
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| Е               |         | 35<br>S | С               | R | <sup>36</sup> E | W               | D               | R               | 37<br>          | ٧       | Е               | R               |   | -1      | Ì |
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| 38<br>S         | т       |         | В               | Δ | G               | F               |                 | 39<br>F         | м               | В       | В               | Δ               | _ | Е       | ı |

#### Difficult

#### 8 6 3 5 9 2 6 1 9 8 5 2 5 1 8 7 2 6 3 6 5 3 8 2 9 5

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to Maynooth Newsletter Unit 5 Tesco S/C Maynooth

Collect prize from Newsletter Office

# **Sudoku Challenge**

Name:

Address:

Phone:



August 2014

Entries must arrive before: 19th August 2014

Congratulations to:

July Winner:

Niamh Healy

Leinster Park

#### Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

#### **Super Difficult**

|   |   |   | 4 |   |   |   |   |   |
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| 4 | 7 |   | 3 | 8 |   | 9 |   |   |
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| 1 | 9 | 2 |   |   |   |   | 5 |   |
|   |   | 3 |   | 5 | 7 |   | 8 | 1 |
| 7 |   | 9 | 6 | 3 |   |   |   |   |
|   |   |   |   |   | 4 |   |   |   |

| Name:    | <br> | <br> |  |
|----------|------|------|--|
| Address: |      |      |  |
|          |      |      |  |
|          |      |      |  |
| Phone:   |      |      |  |

#### Sinn Féin Maynooth Local News

Cllr Réada Cronin - Telephone 086 3189 730 - Email: <u>readacronin@hotmail.com</u>
Facebook: <u>facebook.com/readacroninsinnfein</u> - Twitter: @ReadaCronin

#### A Chairde,

After the carve up at the first meeting of the forty newly elected councillors and the ideological marriage of the two main parties, Fine Gael and Fianna Fáil, we had our first full council meeting on Monday 30th June. In case you're not up to speed on how Kildare County Council works, every month all forty councillors elected in Kildare meet as one council. Councillors can bring motions to Kildare County Council each month and while some did not do so for the meeting on 30th June all five Sinn Féin councillors raised a motion.

In addition to full council meetings all nine councillors elected in the Maynooth municipal district meet once a month also to discuss and make decisions pertaining to matters specific to this area. If you have any issues that I can help you with please feel free to contact me using any of contact details above. That is what I'm here for, to deliver republican, citizen-led representation for the people of Maynooth MD.

#### LOCAL PROPERTY TAX

My motion before the council was to reduce the Local Property Tax (LPT) by the maximum allowable 15%. I know I've written about the inequity of this tax before so I'll spare the repetition. While arguing for my motion I made the point that when I earned my first pay check I was proud to be paying tax towards the welfare of my fellow citizens and towards the prosperity of the county that I love. I made this point because as a republican I'm sick and tired of the pretence that those who object to this unfair tax don't want to pay for anything! It's not true but typical of the lazy opposition to positive and fair progressive taxation. I argued that Kildare was one of the nine counties that according to figures from Revenue Commissioners could afford to take the 15% reduction. Then the procrastination started.

Fianna Fáil, Fine Gael and most of the Independents were in favour of the reduction but God forbid that they might have to make a decision. Labour councillors were vocal in their support for our motion, along with three independents, to reduce by the 15% and voted against a Fianna Fáil counter-motion to postpone a decision until the matter was put to finance and budgeting committee.

Several other county councils and city councils have since passed similar Sinn Féin motions in principle to reduce the Local Property Tax. I was struck by the guarded and unimaginative nature of the politics I witnessed. The people of

Kildare deserve better. We are already paying a higher amount of property tax owing to the higher value of our homes due to our proximity to the capital. When someone leaves their home and goes out and votes for you they deserve you to fight their corner. All I saw was the proverbial can being kicked down the proverbial road.

We had a motion from my colleague Cllr Mark Lynch passed to ring-fence the allowed 80% of the Local Property Tax so that critical works on essential services in residential areas can take place

#### HOUSING AND HOMELESSNESS

My colleague Cllr Íde Cussen had a motion that councillors be updated monthly regarding the return to productive use of all vacant housing units in the possession of Kildare County Council. This was discussed as part of a general hour long discussion regarding the crisis in homelessness in Kildare.

It was heartening to hear in particular the re-elected councillors' concerns but we all know that this housing crisis didn't fall out of the sky. It is the result of the unimaginative and staid conservative politics that we've come to expect from the establishment parties. National governments and local authorities should have seen this housing crisis coming down the tracks a long time ago. Instead they chose to pay rent allowances to private landlords rather than build the houses and have tenants pay rent to councils and have this money go back into the county.

Minister for Finance Michael Noonan has admitted that people in mortgage difficulties will lose their homes. Couple this with the huge amount of people on the waiting list for houses because they can't get the finance to obtain a mortgage and we are facing a housing crisis of epic proportions.

Sinn Féin, in Kildare County Council and in An Dáil will force local authorities to face up to this predicament and we will challenge the conservative neo-liberal politics that has walked us blindly into this difficulty. I know there are well-meaning people in the chamber but I'm not a bit surprised that their middle-of-the-road style politics has led to this.

#### SINN FÉIN MAYNOOTH

Sinn Féin haven't had a cumann in Maynooth for almost two years since the Tom Kealy cumann moved to Celbridge. During the course of the canvass for the local elections and as a

result of this newsletter we have had local men and women join Sinn Féin. We had our first cumann meeting with the activists from all over the Maynooth area this month. It was great to meet up with the friends I've made along the way that played such a crucial part in helping me become Maynooth and the county of Kildare's first female Sinn Féin councillor ever elected.

It was particularly special as 2014 is the centenary of Cumann na mBan. I had attended the 100 year celebration in Wynn's Hotel earlier on in the year and it was very momentous to hear the stories of Mná na hÉireann who left their kitchens to join their men in the fight for Ireland's freedom. Unfortunately the conservative counter-revolutionaries who took over the running of the state found these women too radical and they were quickly side-lined. I don't need to point out that the continuation of a traditional and unprogressive style of politics hasn't delivered the promised republic enshrined in the Proclamation of 1916. Níl mna na hÉireann anseo chun na ceaparirí a hullmhú. Tá ruidí le rá againn agus tá ruidí to déanamh againn. As a party with egalitarianism at our core Sinn Féin is a very welcoming party to female as well as to male members.

#### JULY FULL COUNCIL MEETING

At July's full council meeting Sinn Féin are again proposing five motions to council. My motion will be keeping my promise to fight to prevent Kildare County Council using the Gateway Scheme. Waged workers in particular should be outraged at the use of forced labour degrading real waged jobs. The Gateway Scheme is not a rung on a ladder - it's a race to the bottom.

The Sinn Féin team also have motions before the council regarding upward only rents, the crisis regarding EU labelling in the beef industry, international best practice regarding pylons and the targeting of EU grants that would benefit community groups suffering under this austerity agenda.

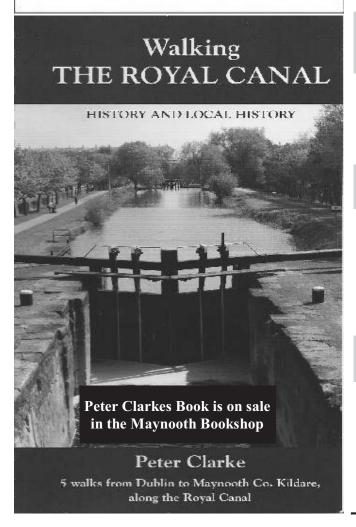
If you would like to become politically active in our community feel free to contact me, Réada Cronin, using any of the contact details at the top of the page for an application

Alternatively you can text the words Sinn Fein, followed by your name and address to 51444.

#### Maynooth Town FC Lotto Results 2014 www.maynoothtownfc.com - Join Us On Facebook W/End Numbers 3 x €35 Winners Jackpot 30-Mar 16,23,25,28 €3,000 Sam Feeney - TJ Byrne - Anne Wall 06-Apr 15,18,23,28 €3,050 Ciaran Flanagan - Mick O' Sullivan - Suzanne Farrelly 13-Apr €3,100 Kieran O Connor - Caroline Mc Cabe - Paul Coyle 4,8,27,28 20-Apr 10,13,17,28 €3,150 Ann Cribben - Tony Byrne - Isabel & Sofie John O Shea - Ciaran Gillespie - Conor & Stephen Saults 27-Apr 8,15,20,23 €3,200 04-May 3,9,17,19 €3,250 Mag Sullivan - Jim's Shoe Repair - Paul Keogh 11-May 3,14,17,20 €3,300 Gina Folan - Declan Burke - John Mc Ginley Marguerite O Donnell - Mark Mularski - Liam Walsh 18-May 3,8,22,28 €3,350 25-May 3,8,13,15 €3,400 Edel Stone - Brian Herbet - Conor Strickland 01-Jun 6,8,10,14 €3,450 Noel Dempsey - Ciaran Flanagan - Leslie Kellett Tom Ashe - Paula Donaldson - Ann O Mahony 08-Jun 6,18,24,28 €3,500 15-Jun 2,16,22,28 €3,550 Grace Kelly - Liam Walsh - Ruadhan O'Giollain 22-Jun 1,20,27,28 Adrian Hever - Chris Mc Elroy - Red Devils €3,600 29-Jun 5,7,18,24 Susan Forde - Cattigan - Cian Leavy €3,650 06-Jul 3,7,8,27 €3,700 David Leavey - Maurice Byrne - Melia & Cotter 13-Jul €3,750 Patsy Leavy - Paul Daly - Seamus Kearney 3,13,15,26 20-Jul 6,20,26,27 €3,800 John Saults - John Condron - Pat Power



www.ryerhythmmusicschool.com



## August 2014 Diary Planner

(Note: Some Groups may be on Summer Break)

#### Community Library

Opening Times
Mondays & Fridays
2pm to 5pm
Tuesdays & Thursdays
1pm to 8pm
Wednesday 9.30am to 1pm
& 2pm to 5pm
Saturday 9.30am to 1pm

# Arthritis Ireland (Maynooth)

Arthritis Ireland Walking Group
(Maynooth)
Meeting Monday's at 12 Noon
Maynooth Community Space
Unit 11/12 Tesco SC
Carton Park, Maynooth
For Seated Exercise & Walking
New Members Welcome

# Parent & Toddler Group

Every Thursday from 10.00 a.m. to 12.00 p.m. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth

### History Group

Meetings every last
Thursday of the month in Maynooth
Community
Council Office
Tesco Shopping Centre
at 8.00pm.
All Welcome

#### I.C.A.

No monthly meetings to take place August. Monthly meeting will resume on 1st Thursday of September at 8.00pm.in the I.C.A. Hall in the Harbour. New members welcome

## Irish Girl Guides

Meetings Tuesday evening in Maynooth. For further information contact Jackie on 085 1413787 or visit I.G.G. website www.irishgirlguides.ie

#### Bridge Club

Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com.

Contact Katherine Cooney

086 8205910

## Traditional Tai Chi Chuan

Classes in traditional Yang Style Tai Chi Chuan and Chi Kung The Leinster Clinic Maynooth Thursdays at 7.30pm Tel: Brian 087 2157231

# University of Third Age (U3A)

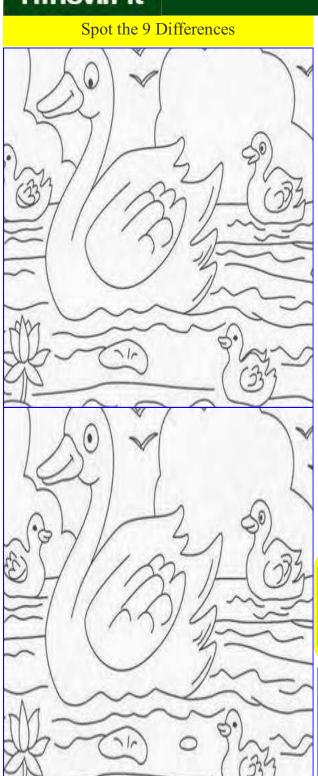
Weekly meetings on Fridays at 11am. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth New Members Welcome Please contact Helen Phone: 01-6286592

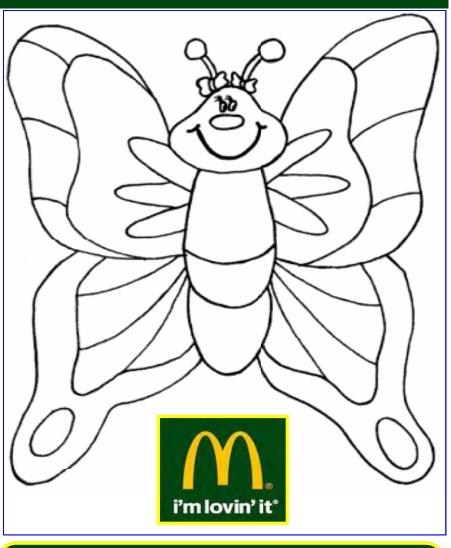
If you would like your
event for September put
into The Diary please
contact
The Newsletter

Tel: 01-6285922



# McDonald's Maynooth Proud Sponsor of the Colouring Competition





# McDonalds Children's Colouring Competition

Prizes: Free Family Meal From McDonald's, Maynooth

| Name:<br>Age: |
|---------------|
| Address:      |
|               |
| Phone No:     |

July Winners:

Age: 3 - 5: No Entry

Age: 6 - 7: Erika Claxton, Kells, Co. Meath

Age: 8 & Over: Ana Somers, Kilcock



Prizes for **Colouring Competition** can be collected at:

Maynooth Community Council Office, Unit 5, Tesco Shopping Centre. Entries must arrive before: Tuesday 19th August 2014







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#### FILM MONTHLY BY BERNIE CLAXTON

#### Film Review: Mrs Brown's Boys D'Movie Director: Ben Hellett Starring: Brendan O'Carroll



In Britain, the Irish sitcom, Mrs Brown's Boys, has been wildly successful in recent years. This is due in no small part to its creator (Brendan O'Carroll) manipulation of certain comedy conventions dear to the British heart. O'Carroll's brassy market trader in drag, Mrs Brown, harks back to British music-hall favourites like Old Mother Reilly of 1940's and 1950's England. Mother Reilly (an Irish charwoman) was also played by a man (Arthur Lucan) and his onstage daughter, Kitty, was played by his real-life wife, Kitty McShane. Brendan O'Carroll's own wife, Jennifer Gibney, is similarly employed in the comedy series. In fact, the Irish comedian has populated most of his cast with family members and friends. So it's a real family shindig.

Brendan O'Carroll's Irish Mammy appeals to English audiences who have always had a liking for knockabout comedy, smutty humour and men in drag. There has been a long and honoured tradition of performers in drag as evidenced by the likes of Dick Emery, Danny La Rue and Lily Savage.

Brendan O'Carroll's female protagonist has had many incarnations over the years: a radio series, books, stage versions. There was even a film in 1999 based on the character of Agnes Browne starring and directed by Angelica Huston (a very different Mrs Brown!) None have been as award-laden or as successful as the recent BBC comedy series. With this in mind, Brendan O'Carroll decided to transfer his hugely popular comedy series to the Big Screen last year.

Under the direction of Ben Hellett, Mrs Brown's Boys D'Movie has provoked much vitriol among reviewers of a certain persuasion. How you view the movie depends on how you stand on Brendan O'Carroll's particular brand of comedy. For the Dublin born comedian seems to have the ability to inspire antipathy and adoration in equal measure! Rather like marmite (or Garth Brooks) you either love him or loathe him!

The plot (such as it is) of Mrs Brown's Boys D' Movie involves a sneaky conspiracy to upset Mrs Brown's applecart (pun intended) Nasty, cardboard Russian gangsters and a corrupt developer (very original) conspire to force Mrs Brown and her market stall out of Dublin's trading Mecca, Moore Street. To compound matters, the street trader is then landed with an unexpected and rather large tax bill dating back several generations. Of course, this being Mrs Brown, she won't go down without a fight and a few expletives along the way!

In the opening moments of the film, the camera travels over a picturesque Dublin Bay, and into the city itself, in sweeping panoramic movements. A few sequences later we are into Monty-Python territory. Mrs Brown and her fellow market dealers merrily skip and dance their way through Dublin streets to the warehouse and market stalls where they sell their wares. It's all very colourful and energetic. Unfortunately, the film doesn't quite sustain this early exuberance over its running time.

Mrs Brown's family start a campaign to help her save her stall. Blind Ninjas, a barrister with Tourettes (Robert Bathurst) and a drunk solicitor (Simon Delaney) come to the aid of the beleaguered Matriarch. On paper, this must have seemed funny. The problems lie in a weak meandering script, obvious gags and not enough material to paper over the cracks. The dialogue and acting is variable. Most of the cast, apart from O'Carroll himself, seem adrift at sea. Whereas the TV series was sharp, funny, punchy and anarchic, the film indulges in sentimentality, a more thoughtful Mrs Brown and a slower pace.

Whether you're a fan of **Mrs Brown's Boys** or not, the laughs just don't materialise often enough. Some running jokes misfire: an Indian constantly mistaken for a Jamaican just becomes irritating; a group of blind trainee Ninjas just isn't funny enough and produces a new and ill-judged character on the part of O'Carroll.

O'Carroll's Mrs Brown draws attention to the artifice of the situation with nodding winks to his audience. As if to remind his audience that this is all 'pretend' as if we needed reminding. Painted backdrops are torn down, at the beginning of the film, and we are taken to the real locations instead. This is **D'Movie** after all! Gaffes, blunders, outtakes (an integral part of the TV production) further serve to remind us of the artifice of the whole Mrs Brown franchise.

Still, Mrs Brown's Boys D'Movie isn't all bad and has its heart in the right place. O'Carroll is always worth watching. At best, it's the visual equivalent of chewing gum and mildly entertaining. Brendan O'Carroll has been unfairly accused of being racist, sexist, homophobic and possibly anti-blind Ninjas in this latest cinema outing. However, O'Carroll doesn't worry about critics - he's too busy laughing all the way to the bank!



# MES BROWNS BOLS DINCOLE IN CINEMAS JUNE 27 avanti thrown designation in case

## **Maynooth Film Clubs**

Maynooth Community Library will be holding a series of Film/Book Clubs from September up to Christmas. People are encouraged to sign up for the book club, read the chosen novel (provided by the Library) and then a screening/discussion of the film adaptation will be held.

#### The following films will be screened:

Saturday, September 20<sup>th</sup> – Cloud Atlas (Sci-Fi Club)

Saturday, October 4th - Rebecca

Saturday, October 18<sup>th</sup> – The Handmaid's Tale (Sci-Fi Club)

Saturday, November 8th - Atonement

Saturday, November 22<sup>nd</sup> – Under the Skin (Sci-Fi Club)

Saturday, December 6<sup>th</sup> – The Prime of Miss Jean Brodie

Saturday, December 20<sup>th</sup> – The Midwich Cuckoos (Village of the Damned) (Sci-Fi Club)

Maynooth Library/Cinema/Book Clubs offer you the opportunity to read and discuss classic and contemporary literature and how these works have translated to film. Library membership is free so if you want more information on the clubs, sign up. All club meetings begin at 2:30pm on Saturday afternoons.

Telephone 01 6285530 email: maynoothlib@kildarecoco.ie

Maynooth Library also run a monthly **Maynooth Library Euro Cine Club.** This cinema club celebrates the very best in classic European Cinema. The next meeting is Thursday 14<sup>th</sup> August, 11am – 12.30pm. For further information, contact the Library.

#### Maynooth Film For All Film Club

Maynooth Film For All Film Club screens cinema from all around the world in the months between October and May. Introductions to the films and post-screening discussions are facilitated by lecturers from Maynooth. Audiences are invited to participate in Q/A discussions. Membership is open to students and local community alike. The details for the next Film For All Film Club have not been finalised yet. For further information please visit the Kildare County Council Arts Service website:

http://www.kildare.ie/artsservice/film/



# Labour Advice Service



**Emmet Stagg TD** 

Advice Service will not be in operation during the Month of August but will resume on Monday 8th September at 4.00 pm in McMahon's (Formerly Caulfield's)

Enquiries during August should be directed to the Dáil Contact Numbers 01-6183013/01-6183797



## **Congratulations Leaving Cert Class of 2014**



L/R Shane Monaghan , Alan O'Brien, Sian Miller & Róisín Bean



L/R Aoife Coleman, Mary-Kate Quane & Niamh Flynn



L/R Donnchadh Healy, Clair Joyce & Seán Walsh



Sarah Jennings, Maynooth, who came top of the class with a massive 625 points. Sarah is going on to study Science in Trinity College.

## Pop up Employment Information Fair in Maynooth – County Kildare LEADER Partnership

County Kildare LEADER Partnership is pleased to announce the return of their pop-up information fair to Maynooth on Tuesday 23<sup>rd</sup> September 2014 in the Community Space meeting room at Tesco Shopping Centre, Carton Park (near the Post Office). This half day event will showcase local supports available to people who are unemployed in Maynooth and the surrounding areas. The fair will bring together information on education and training options, self employment supports as well as information on rights and entitlements. The fair will feature services from County Kildare LEADER Partnership as well as other local services.

Geraldine Hewson, Employment Support worker with CKLP said that the fair which has been run in several locations in Co. Kildare have been very successful. She continued "the benefit of this event is that all the information individuals, who find themselves unemployed, will be under the one roof." Pat Leogue, Social Inclusion Manager with CKLP said not only will the event highlight the supports offered by CKLP, but will also demonstrate how the partnership acts as an "opportunity" for people to access local services provided by other agencies.

The fair will run from 9.30 a.m. -1.00 p.m. on Tuesday  $23^{rd}$  September and everyone is welcome to drop in and have a chat or ask questions.

For further information, e-mail <a href="mailto:info@countykildarelp.ie">info@countykildarelp.ie</a> or phone (045) 895450. Further details can also be found on our Facebook page or follow us on twitter @CountyKildareLP.

This publication is produced by Maynooth Community Council's Community Employment Scheme, supported by
Department of Social Protection, which is funded by the Irish Government under
the National Development Plan 2007 - 2013





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#### HEREDITARY DEFECTS

Choosing a pup can be a difficult job. Firstly, the basic requirements are correct confirmation and temperament.

<u>Correct confirmation</u> - the bones, joints, muscles and their interaction

<u>Temperament</u> - can be inherited or develop as result of environment. Each breed has it's individual temperament, nervousness, bad habits and unpredictability.

The following are a few examples of hereditary defects.

#### Hereditary Blindness or Progressive Retinal Atrophy

This is a condition caused by a recessive gene. Both parents must be "carriers" of the gene for blindness for this condition to materialise. So this defect has to be inherited from both parents. This is a progressive condition with sight deteriorating over a long period.

#### **Deafness**

Recently at a Clinic, a 5 month old Boxer pup was presented to me. The owners noticed that the pup was following the older dog around the garden and would respond dramatically to light stimuli. The pup was taking no notice of sudden noises. After a few days of observation they suspected deafness. This condition is complete and incurable and is caused by a recessive gene.

#### **Entropion and Ectropion**

These are two conditions commonly seen in our Clinics. Entropion is a condition where the upper or lower eyelids are inverted (turned in). This causes irritation as the eyelashes brush off the cornea (eyeball). Left untreated it can cause eye ulceration and finally blindness. Ectropion is eversion of the eyelids (turned out). Both of these conditions can be corrected surgically.

#### **Cleft Palate**



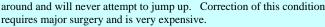
This defect is found in new born of all species. This condition arises as a result of failure of tissues of the palate to close in the mid line. The cause can be genetic but also can be as a result of viral infections. The signs can be seen in puppy stage with milk dripping from the newborn as it attempts to suckle.

Milk is returned through the nose with froth. Puppies are unlikely to survive without surgical intervention and even then quality of life is not great.

#### Hip Dysplasia

This hereditary condition can be seen as partial or complete dislocation of the hip joint. The normal hip is a ball and socket joint with the ball of the head of the femur (the big bone of the thigh) fitting closely into the deep socket of the pelvis, the acetabulum. The acetabulum is connected to the head of the femur by a powerful ligament. In hip dysplasia the socket becomes shallow and the head of the femur

flattens so the joint is more mobile resulting in instability of the joint. The head of the femur can slip in and out of the socket quite easily. Puppies around 5-6 months of age with this condition show signs of instability of the hind legs with their gait beginning to sway and roll quite visible from behind. Pups spend a lot of time lying



At Maynooth Veterinary Clinic 01 6289467 and Clane Veterinary Clinic 045 982763 we recommend that all new pups should have a thorough health check.



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- Foundations
- Septic Tanks
- Site Clearance



- 6 tonne dumper with driver
- Telescopic forklift with driver
- Other plant also available









Tuesday 23rd September 9.30 am - 1.00 pm

(We will be located in the Community Space, Maynooth Shopping Centre - near the Post Office)

#### Information on:

- Further Education & Training options
- Information on Social Welfare rights & entitlements
- Self-employment options







**Trad Session Every Wednesday** Craobh Mhaigh Nuad (of Comhaltas Ceoltóirí Eireann) All Welcome

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## **Editorial**

We would like to wish luck to all the children who will be back to school by the time we go to print. We hope that Maynooth enjoyed the Festival as well. Tá súil againn go bhain daoine sult as an Fhéile thar an deireadh seachtaine deireanach de Sheachtain na hOidhreachta.

After the tragic death of Savita Halappanavar we have another case of a nonnational woman involved in an awful litany of tragic events. In this case the unnamed woman has survived, and of course her premature baby has also survived. Ireland has hit the headlines all over the world again for the way in which this case evolved. There seems to be no end to these stories, as soon as one ends another begins.

There are many questions to be answered as to how this woman arrived at the point where she was eventually offered a Caesarean section to deliver her 26 week old foetus. One can only wonder about what awaits these two people and how their future will develop. The enquiry may tell us more but the tragedy calls into question the efficacy of the very recent Protection of Life during Pregnancy Act (1913) and whether it should be revisited already. Some have been calling for the repeal of the eighth amendment to the Constitution that was brought in 1983.

A quick reminder: it came in during the Fine Gael/Labour coalition but it was emerged first under the previous administration of Fianna Fáil. It was passed by 67% voting in favour to 33% voting against. But Ireland has changed a lot since then and one cannot but wonder what would happen if this were proposed now? None of the issues of mother and baby homes, abuse in society in general or the position of the Church in society had emerged then. The mistrust of authority had not developed in 1983 and most people still trusted the ruling class in whatever form. What divisive issues would such a campaign engender? Do people have the stomach for such a debate again? After all the revelations and hardships of the last 10 years in particular? It does raise the perennial question again of how decisions are made in Ireland, who makes them and what is their agenda? This entire

debacle indicates an inability to make a clear decision and the question must be asked if this is institutional or is it something inherently indecisive in Irish people? "I will not make a decision in case I'm wrong."

But this story was quickly overtaken by two other stories: the possible victim of the infamous Ebola virus in Donegal but even more so by the death of ex-Taoiseach, Albert Reynolds, on Thursday morning (21st August) and this took over the media for days afterwards.

We would like to express our condolences to the family of ex-Taoiseach Reynolds and he will be given a state funeral as befits such a man. There was an outpouring of grief and of love from people of all political hues to the media on hearing of his death. Radio programmes were inundated with messages of support and condolences. Many features were mentioned including his family loyalty, constant tea-drinking and his hard-working ethic. But had he been somewhat overshadowed and under-estimated as Taoiseach and leader of Fianna Fáil because of those surrounding him such as Charles Haughey and most recently B. Ahern? He did not have the colourful history of either of these two men: he was a self-made successful and wealthy businessman who had many ventures behind him. His commitment to solving the violence on the island was unequivocal and he was a dedicated County and Western fan. That might not endear him to everyone but his love of the 'one page' attitude to business would be very popular today. Derided in the past, this has become the mantra for today. It was seen as anti-intellectual but now the 'one page' approach is seen as bringing the issue now to basics. A PhD student is expected to reduce a 600 page thesis to 250 words - not an easy task but achievable.

Finally, we would like to take this opportunity to welcome the new students, the First Years, to Maynooth and to the University and also to the returning students. Fáilte freisin roimh na mic léinn uile atá ag teacht go Má Nuad do chéad uair nó ag filleadh ar an mbaile le leanacht lena n-oideachas.

#### **Maynooth Senior Citizens Committee**

By the time you read this item hopefully everyone will have had a nice holiday or at least recharged their batteries in one way or another. Our Senior Citizens will return from their break in Kerdiffstown on Saturday Sept. 6th and those who are not away remember our club reopens on Sept. 2nd. Our committee will also meet that evening. All Senior Citizens in the area are welcome to our morning club, so if you are new to the area or new to the age bracket do come along and give it a try. Our next tea-dance will take place on Oct. 19th and the Tony Smith Memorial Walk will also take place on that day.

Sadly we lost some of our older people over the summer months. Our sympathy goes to the families of Annie Burke and Bernadette Barlow.

It was with shock and sadness we learned of the untimely passing of Liam Flood. He was a kind and silent supporter of our work down through the years. Hannah, his mother, was a founder and long- time member of the Senior Citizens Committee and Liam never forgot that. So to Liam we say thank you and to his family we say sorry, your loss is great. Ar Dheis De go raibh siad go leir.

Josephine Moore. Chairperson.

## **Maynooth Tidy Towns Notes**

At the time of writing Maynooth Tidy Towns are anxiously awaiting the results from the National Tidy Towns Competition, a full break down of the Judges report will be in the October issue. We thank everyone for all your hard work in keeping Maynooth clean and tidy. We have purchased portable machines that collect leaf litter from the funds we received from winning Ireland's Best Kept Large Town 2014. Finally, the Ibal results are printed elsewhere in Newsletter. It should be noted that the IBAL judging was carried out on Good Friday 18th April.

Richard Farrell PRO Maynooth Tidy Towns 087 3153189

Also on Facebook





Calling all budding young writers: is there a story or poem that you would like to write and have published in the newsletter? From July onwards, a selection will be chosen and featured in our new "Wicked Young Writer's Corner" each month. All work submitted will be kept on file for future publications. All writings can be sent to us at maynoothcc@eircom.net or alternatively you can drop them into the Maynooth Community Council Office, Unit 5, Tesco Shopping Centre.

Stories approximately 350 - 400 words

#### ST. MARY'S BRASS AND REED BAND

Following our usual two week Summer break to rest the lips we were straight back into action on Tuesday 12th August when we played at a Charity Hurling match in Newbridge in aid of the Irish Cancer Society. The event included a large number of well-known names in the sporting world including Brian Cody, Ted Walsh, Cyril Farrell, D J Carey and Davy Russell. Commentary on the game was by Micheal O'Muircheartaigh who mentioned the Band and how well they played on several occasions. The Band also played at the Harvest Festival in the Harbour field on Sunday 31st August, an event which has a dedicated spot in our calendar every year. At the time of writing, this event has not happened but hopefully the weather was good which always brings out the crowd.

September 12th, 13th and 14th sees our annual collection taking place, all of which goes towards the upkeep of the band including very high insurance costs, music, heating and musical director's expenses. The people of Maynooth have supported this collection really well through the years and this has been a major factor in keeping the band going without a break since 1931. The month of October sees us travelling to the Phoenix Park for the Annual Fun Run for the Simon Community which is a very worthy cause and we hope to go to Armagh on the 11th to take part in the Northern Ireland Band Festival although this has not been fully confirmed at the time of writing.

The new music classes get under way in September but we always welcome anyone wanting to join the classes or indeed any musician living in the area who would like to play with the Band.

 $Contact\ details\ for\ the\ Band\ are:$ 

Hon. Secretary Catherine Heslin email address sec@stmarysbandmaynooth.ie or 087 9008554.

### **Maynooth Toastmasters**

It's amazing how much starts in September, children begin school, older children return to school. Lists of Night Classes are produced providing amazing learning possibilities and opportunities. Maynooth Toastmasters restarts on Monday 8th September at the Glenroyal Hotel at 8 pm and offers a program of self development in a safe and positive environment. Being able to communicate is so important in everyday life be it at work, in sport or education.

Maynooth Toastmasters will start you on the journey, assign an experienced mentor to help and provide support and a positive learning environment, you decide the pace. Some go slowly, some go quickly, what ever path you choose Maynooth Toastmasters will be there to support you all of the way. Give it a try you have lots to gain, we love having guests attending our meetings and look forward to sharing stories over coffee/tea.

Peter Cuthbert PRO



## ASK SHARON THE STYLIST!!

"The commonest form of malnutrition in the western world is obesity - Dr. Mervyn Deitel MD - Author and Specialist Obesity Surgeon in America.

Question: In my wardrobe I have 3 different sizes as I can't stop myself from YoYo dieting "Can you still style me?"

FACT: In 2011, Minister for Health, James Reilly, TD, established a new Special Action Group on Obesity and has set out the priorities to be addressed, including introducing a tax on sugary drinks and improving nutritional labelling because Ireland is in track to become one of the biggest obese counties in Europe and in a recent study carried out by the World Health Organisation Obesity Factsheet this is what they found:

- Worldwide obesity has nearly doubled since 1980 even though Obesity is preventable.
- In 2008, more than 1.4 billion adults, 20 and older were overweight. Of these over 200 million men and nearly 300 million women were obese.
- 65% of the world's population live in countries where overweight/obesity kills more people than underweight.
- More than 40 million children under the age of 5 were overweight or obese in 2012.

Don't worry; this is something I come across all the time so thank you for giving me the opportunity to speak about this. In my profession as a Stylist I dress all shapes and sizes and it amazes me how many of us have the same dilemma, what I do is concentrate on the size that fits at that time and store away the rest as a goal to slim into later. I have never come across anyone who is happy with their weight no matter how slim they may be and as a plus size I have struggled with my weight most of my life, there is no diet l haven't tried or a diet club I haven't been to and so this topic is very close to my heart. As someone who doesn't give up easily either through stubbornness or optimism I am now embarking on a new journey, l have taken diet out of my vocabulary and replaced it with healthy eating and good nutrition. Project 10-90 day challenge has just been launched in Ireland and so far globally it has helped over 3 million people get back on track to living a healthy life. The reason this is so successful is because it is not just a weight loss programme it challenges people to either lose weight or gain muscle and so far I have lost 10lb and aiming to lose another 10lb now. I am looking for people to take the challenge so if you are interested in finding out more I have a free tasting evening at Glenroyal Hotel on Thursday 11th September, 5-9pm, come and see and taste for yourself just how easy it really is Below is my friend Amanda who has lost 76lbs on the Challenge and hasn't looked back!!



For more information or to arrange an appointment for a 3hr Individual Style/Image Consultation for Only €149.00: Call Sharon @ 087 9962459/ Office 01 6016295 Services included in a Personal Styling, Colour Analysis, Body Shapes, Make-up Lesson, Wardrobe Management And Or Personal Shopping, Glamour Girls Night In' Hen Parties, Style Workshops and Corporate Dressing: Dress like you care about your career.

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## **Maynooth Labour News**

Cllr. John McGinley can be contacted at: - 6285293 or 087 9890645 - E mail jmcginley@eircom.net - Web: www.labour.ie/johnmcginley

#### Cllr. McGinley Calls for the Implementation of the Maynooth Parking By-Laws

Cllr. John McGinley has submitted the following motion for the consideration of the Maynooth Municipal District of the Council:

"That the Parking By-Laws for Maynooth, which were adopted on 23 December 2013, be implemented irrespective of what happens with the private car park adjacent to the public car park."

#### Cllr. McGinley Calls for Reduced Train Fares Between Kilcock and Maynooth

Cllr. John McGinley has submitted the following motion for the consideration of the Maynooth Municipal District of the Council:

"That representatives of Iarnrod Eireann be called to a Maynooth MD meeting to address the outrageously expensive rail fare from Kilcock to Maynooth and also to deal with litter (dozens of glass and plastic bottles and an overflowing bin on 25/7/14) at the track at Kilcock Station."

The train fare between Kilcock and Maynooth is €5.70, whereas it is €4.35 between Maynooth and Dublin

#### KWETB (formerly VEC) Appeal Schools Decision to An Bord Pleanala

Kildare and Wicklow Education and Training Board (formerly the VEC) has appealed the Condition of a Special financial contribution of €726,480 (interestingly the Roads Section of the Council wanted this to be €1.946M) in the granting of Planning Permission by the Council for two new schools on the Moyglare Road. The appeal was submitted to An Board Pleanala on 21 July and it asks that this condition be removed. The Council in imposing the condition stated that it was "in respect of the purchase of additional land and the provision of a footpath and cycle infrastructure improvements on the Moyglare Road between the proposed school and the town centre" It is worth noting that the Planner recommended Refusal of Planning Permission and he was overruled by the Acting Chief Executive of the Council.

#### Planning Permission Sought for 112 houses at Dunboyne Road

Masons Homes has sought Planning Permission for 112 houses (Ref: 14/637) on the Dunboyne Road in the field beyond Castlepark on 28/7/14. They have 40 x 2 storey, 4 beds and 72 x 2 storey semi-detached, 3 or 4 beds. The application seeks permission to remove the bad bend on the road and to extend the public footpath from Castlepark to the roundabout at Blacklion Road.

#### Planning Permission Sought for 44 houses Next to O'Neill Park

A Planning Application was made on 1/8/14 by L.F. Properties for 44, semi-detached houses in the field to the east of O'Neil Park. It is Planning Ref: 14/660. They propose to re-align the existing road to exit on the Dublin Road.

John is also on Facebook



## **Maynooth Newsletter**

Maynooth Newsletter is printed monthly. We print 4700 copies each month and 3200 of those are delivered to major local estates. The remainder are distributed to local business premises in Maynooth and outlying areas. With this kind of circulation an ad placed with us ensures your product or service is brought in to homes and workplaces in your community.

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#### Maynooth Local History Group Present Talk By Mattt Kennedy on the First World War



L/R Seamus Cullen, Rita Edwards, Matt Kennedy and Declan O'Connor from the History Group at the talk.

A talk, including a Power-Point presentation on a little researched aspect of the First World War was given by Matt Kennedy of the Maynooth Local History Group on Tuesday 12th August in the Glenroyal Hotel. The talk focused on the passive easygoing and at times compassionate interaction between British and German soldiers on the Western Front during World War One.

Matt explained that throughout the four years of war it was not unusual for British and German soldiers to regularly hold shouted conversations and engage in good humoured banter across noman's-land. In one particular case, a British officer having discovered that his opposite number in the German trench had worked in a London restaurant prior to the war would regularly call to his now enemy by shouting, 'waiter' to which the German would reply 'coming sir'.

Unofficial ceasefires between the opposing sides were also commonplace. More details of such truces are only coming to light in recent years, as more letters and diary's from men who served on the front are been discovered. One of the more notable occasions when both sides laid down their arms and met in no-man's-land was on Christmas Day1914. The truce, which in some sectors lasted until the first week in January saw German and British soldier's emerge from their trenches to exchange greetings and presents. In one incident an officer in the Gordon-Highlanders, in a letter to his wife wrote that his men were given free haircuts and a shave while sitting in no-man's-land by Germans who had been barbers in England prior to the war.

Also included in the talk were examples of the compassion soldiers from both sides showed to each other, when in the midst of battle unofficial truces were arranged in order to pick up the wounded. For instance, after a particular bloody hand to hand battle in no-man's-land a Captain Roe of the Irish Fusiliers organised a ceasefire with his German counterpart that lasted four hours. Roe noted, 'as the casualties that littered the battle-field were moved to their respective trenches, not a word passed between the British and German soldiers. Once the work of recovering the dead and wounded was completed, officers from both sides saluted each other before returning to their respective trenches, after which the war resumed'. British high command was not always in favour of such humanitarian endeavours. A Colonel Hall of the Middlesex regiment recorded one such incident in which he was ordered by his headquarters to fire on German stretcher-bearers during an unofficial truce. However, he also recorded that his troops on the front line refused to shoot at the unarmed Germans.

Matt also took a brief look at the cause of the war, and the military campaign that took place across Belgium and North Eastern France from August to November 1914, which eventually stagnated into trench warfare along a 750 kilometre front.

A lively discussion on various aspects of the war, including the number of soldiers killed, including about 50,000 from Ireland concluded the talk.

#### Maynooth's IBAL Results not Reflecting "Best Kept Town's 2014" Outcome

Recent IBAL surveys have seen Maynooth's cleanliness deteriorate and it has now lost its "Clean to European norms" status. The approach roads were moderately littered and this very much set the tone for the majority of the sites surveyed. However, there were no seriously littered sites. With a little extra care and attention The Main Street and the Recycle Facility at Aldi could easily be top ranking sites. Tesco, St. Mary's National School and Maynooth College North Campus were all in very good order.

Approach from West: Grade B. There was definite litter presence along this old approach into Maynooth. As well as a wide variety of food related litter there was some plastic.

Approach from Dublin: Grade B. The road surface / signage / markings were in good order but the site was let down by all manner of litter.

Tesco: Grade A. (on the left on approach road from Dublin). This is an extensive site which has been very well presented and maintained – a complete absence of litter throughout.

Maynooth Railway Station: Grade B. Much of the litter at this site was in the car park – the interior was better served by litter bins and generally cleaner.

Main Street: Grade B. The most prevalent form of litter along the main street was fast food wrappers with lesser amounts of coffee cups, plastic bottles, sweet wrappers and plastic bags. These items of litter took away from an otherwise nicely presented Main street with wide paving and ornament trees.

Recycle Facility at Aldi: Grade B. With a little extra effort this recycle facility could easily get the top litter grade – some loose items of litter on the ground took away from a clean and well presented facility.

The Pound: Grade B. (parallel to Main Street). This was a somewhat littered site – cigarette butts were particularly obvious with other food items to a lesser degree.

Maynooth College North Campus: Grade A. High standards of previous IBAL Anti-Litter surveys have been maintained – this was an excellent site, not just clear of litter but very nicely presented and maintained.

St. Mary's National School: Grade A. The areas of the school visible from the gate and the area immediately outside the school grounds were in very good order and clear of litter.

Maynooth to Kilcock Road: Grade B. A site littered with sweet papers, plastic bottles, plastic bags, fast food wrappers and cans very much in evidence.

Maynooth: Joint 31st out of 40 towns / cities surveyed. Moderately Littered.

## **Catherine Murphy Independent TD**

E-mail: catherine.murphy@oireachtas.ie - Phone 01-6156625 (Leixlip) or 01-6183099 (Dail) - Web: www.catherinemurphy.ie

#### Minister of State Kathleen Lynch was Unaware that Disability Services Would Have Their Funding Cut

Independent TD Catherine Murphy has highlighted the recent cuts in funding to twenty six agencies that deal specifically with disability services, and in particular, the fact that these sudden cuts were implemented without the prior knowledge of Minister of State at the Department of Health – with a particular brief on disability, Kathleen Lynch.

During a debate on the Private Members Motion regarding Disability Services that was tabled by Independent TD Finian McGrath, Deputy Murphy asked Minister Lynch if she was consulted about the cuts to such vital disability services prior to them being implemented, to which the Minister responded that she had not been consulted.

Deputy Murphy, speaking during the debate said: "I do not know if the Minister of State knew these supports would be lost. Was she even consulted about it? I would have thought that would have been critical in terms of the delivery of a broad range of advocacy and support services through those organisations which, in turn, can generate quite a lot of voluntary activity. The Minister of State might say whether she was consulted in her contribution. If she was not consulted, will she give a commitment to talk to the Minister for the Environment, Community and Local Government, Deputy Alan Kelly, who is a member of her party, with a view to reversing those cuts because it is not a question of appealing them as they should not have happened in the first place?"

Responding, Minister Lynch told the Dáil:
"I was not involved in the decision on funding but I had already committed to speak to the Department of the Environment, Community and Local Government to see what could be done. I do not promise anything. I do not do that, but I will definitely take up the matter with the Department...and it is important that such issues would be examined."

#### Anglo Tapes Add Insult to Injury

Independent TD Catherine Murphy said today that the latest release of Anglo Tapes is particularly galling in the context of a PQ reply received by her this week from Minister for Finance Michael Noonan in which he says that the massive debt burden needs no further review.

Deputy Murphy drew attention to the €5 billion in bank debt that will be bled from our economy over the next 11 years and simply destroyed, under an agreement entered into by this Government. €500 million will be destroyed in 2014 and this destruction of funds currently in circulation, will continue on an escalating scale until the total €5 billion is destroyed by 2025.

"In these tapes, Drumm and Bowe talk about giving the Board the 'ladybird' version. Well maybe Minister Noonan needs a ladybird version so he can understand that our debt burden is not in fact dealt with and rather, it is an ever increasing burden that is simply unsustainable."

"The confusion resulting from all these creative accounting exercises is what this Government relies on. They would have us convinced that they've dealt with the promissory notes and that they have wiped off €30 billion of debt when it is simply not the truth. Over the next 11 years we will take a total of €25 billion that is currently in circulation in this economy and we will destroy it. Not repay it to anyone, just

actually physically, destroy it. This was confirmed in the Minister's PQ reply to me."

"The Ballyhea Says No Group, along with some members of the Dáil Technical Group are campaigning not to have this money destroyed but rather to allow it stay in our economy thus negating the need for savage cuts to vital social services. To put it in context, €00 million will be destroyed this year alone, that same €00 million could go a long way towards stemming the budget overruns in the Department of health."

#### DÁIL QUESTION addressed to the Minister for Finance (Deputy Michael Noonan)

#### by Deputy Catherine Murphy for WRITTEN ANSWER on 15/07/2014

#### Question

To ask the Minister for Finance further to Parliamentary Questions Nos 63 and 64 of 3 July 2014, his intention regarding the proceeds of the sale of the €5 billion of floating rate notes and €3.46 billion of Government fixed coupon bonds acquired by the Central Bank of Ireland last year; the portion that will be destroyed and to what specific schedule; the portion that will be redirected toward supplementing Government income and to what schedule; the total projected cost of the bonds, including all interest/coupons/final maturity payments; and if he will make a statement on the matter.

#### REPLY.

Subsequent to the liquidation of IBRC the Central Bank acquired €25bn of Floating Rate Notes (FRNs) and €3.46bn of Government Fixed Coupon 2025 bonds. The Bank undertook to sell the combined portfolio of the FRNs and the fixed rate bond as soon as possible provided the conditions of financial stability permit. The Bank also indicated that, as a minimum, it will make sales in accordance with the following schedule: to end 2014 (€0.5 billion), 2015-2018 (€0.5 billion per annum), 2019-2023 (€1 billion per annum), and 2024 on (€2 billion per annum until all bonds are sold). The Bank's recent Annual Report notes that sales have been made from this combined portfolio, with the Bank selling €350mn of its holdings of the Government 2025 Fixed Rate Bond in 2013 The timing of the sales is a matter for the Central Bank which may elect to sell bonds at a particular time if it feels that this is the best course of action, for example, in order to take advantage of favourable market

The Central Bank of Ireland is independent in the exercise of its functions. The issue of proceeds from the disposals and its impact on profit distribution is a matter for the Central Bank of Ireland and the Department of Finance has no role in those matters.

I have been advised by the NTMA that total cash interest payable on the floating rate bonds in 2013 was €38 million. Following last month's rate reset in respect of the December 2014 interest payment, total cash interest payable in 2014 is presently expected to be just over €50 million. The increase in interest payable in 2014 compared to 2013 largely reflects the fact that a full year's interest is payable this year. Interest payable on the floating rate bonds is currently projected to increase in the coming years, consistent with the projected increase in the six-month Euribor interest rate as the interest margins on the floating rate bonds are fixed. The interest margin averages 2.63% across the eight issues.

The Central Bank provides the Department of Finance with an estimate of expected surplus income to be paid to the Central Fund on a regular basis. This estimate will continue to form part of the Government's overall budgetary strategy. However, the level of detail on the composition of its profits provided by the Central Bank of Ireland to the Department is not sufficiently granular to enable the Department to estimate the impact on those profits of the timing of specific bond disposals undertaken by the CBI.

#### Question

To ask the Minister for Finance if, in relation to the €25 billion of floating rate notes and €3.46 billion of Government fixed coupon 2025 bonds acquired by the Central Bank of Ireland, if he will ask the ECB or Commission for a review of the economic efficacy that destruction of proceeds from the sale of said bonds would have in view of the fact that they form such a major portion of legacy bank debt, that this money is already in circulation, that such destruction would simply take this sum out of circulation; and if he will make a statement on the matter.

#### REPLY.

Under the original Promissory Note arrangement, the Government was scheduled to make annual payments of €.1 billion thereby putting significant upward pressure on the amounts to be funded from the market. Following a long period of negotiation the notes were replaced in February 2013 with a portfolio of Irish Government bonds which consists of three tranches of €2 billion each maturing after 25, 28 and 30 years, three tranches of €3 billion each maturing after 32, 34 and 36 years and two tranches of € billion each maturing after 38 and 40 years. The provision of these long-term non-amortising Government bonds to replace the amortising Promissory Notes has therefore had significant benefits from a market perspective as it ensures that there will be much less issuance of Irish Government bonds into the market over the next decade and beyond than would otherwise have been

The market continues to react positively to the restructuring and we have recently seen further reduction of the 10 year bond yields to 2.3%, far lower than had been the case before the State entered the EU/IMF programme and thus enabling the State to substantially reduce their cost of borrowings.

The Promissory Note transaction has delivered real savings to the Irish State and I do not consider it necessary to request the ECB or Comission to conduct a review of the matter.

Copy Date for the October edition of the Maynooth Newsletter is Tuesday 23rd September





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#### LETTER TO OUR READERS

This is just a note to remind you all that the Newsletter exists for your enjoyment and that we welcome all contributions from our readers. We would like to hear from any organisation or indeed from individuals with something to say or suggest. We hope you continue to enjoy your monthly read and keep us informed of your activities.





#### **MULLIGAN'S**

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## Community Space Gets Makeover



I would like to thank a few people who helped with the makeover of the Community Space. I received great advice from Eamon the owner of the Home Care paint shop in the Glenroyal SC. When I approached Eamon many months ago looking for votes for the Dulux Let's Colour competition he told me that if we didn't win the paint he would sort us out and to come back to him! So after we won the paint I cheekily went back to Eamon to tell him and without hesitation he said would supply all the rollers and paintbrushes we would need (thank you Fleetwood). Eamon also gave me great advice on picking our paint and willingly

gave up his time to meet with me at the Community Space to discuss colours. Gabriel and Dermot in Home Care were also a great help on the many occasions I phoned and called in with my painting queries as I was a complete novice at painting!

I would like to thank very much the Maynooth Toddler group mammies who gave up their precious time to paint. Without the help and support of Maria Fuxet Garcia, Catherine Dunnion, Teresa Doonan and Janice Black I would definitely still be painting! Also many thanks to Mags Whitty, Peter and Audrey Comiskey for their help and support throughout the competition.

Thanks to Barrie and Joe from the Maynooth Men's Sheds for giving up their time to paint with us!

I would like to thank Bernie the Community Liaison Officer in Tesco for helping us throughout the voting process!! She provided invaluable help, knowledge and enthusiasm!

Finally, thank you to John and his team in the Maynooth Community Council for their support throughout!

Lorraine Flynn (Parent & Toddler Group) Project Co-ordinator







In what is sure to be a highlight in the Irish cultural calendar, Vanishing Art's spectacular sculpture exhibition will be back in the beautiful setting of the Carton Demesne. The historic estate of Carton House, once the ancestral seat of the earls of Kildare and dukes of Leinster provides the perfect backdrop for one of Ireland's most exciting developments in sculptural exhibition.

The exhibition is free to attend and will run from October 1st until December 20th and will feature up to 250 artworks from some of Irelands most acclaimed artists. The sculpture is taken out of the confines of gallery walls and displayed against the natural backdrop of Carton Demesne, transforming the landscape into an outdoor gallery.

The exhibition will be an event showcasing the dynamic range of work being produced in Irish and International art. Vanishing Art is a fantastic chance to see art in an exciting and untraditional way. The exhibition brings people out into natural surroundings, where they can see art through new eyes. At the same time, the exhibition is so delightfully undernanding. You can view the sculpture during the day or night as all of the art is lit up, and it is free of charge.



We hope that this year people will again take the exhibition into their hearts and have some delightful experiences in the meeting of nature and sculpture.

An exciting addition this year will be two separate Arts awards, the Carton House €5,000 Arts award and the Bronze Fine Art Foundry €1,500 award, which will both be judged by the senior curator form UCD and announced on the opening night of the exhibition.

There will also be the chance to win a one off piece of sculpture worth €2,000 so like us on Facebook to keep up with the details.

#### WING TSUN - IEWTO

#### Maynooth

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Venue: Maynooth Community Space Unit 11 Carton Park (Tesco) Shopping Centre Maynooth



#### Class Times

Wednesday 8 - 10pm Sunday 10am - 12pm

Instructor
Si-Hing Barry Smith 12th SG

\*Discounts available for students and unwaged \*

Contact - Barry Smith Phone: 087 9695475 E-Mail: wingtsunmaynooth@gmail.com

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Paddy Nolan (Secretary to Maynooth Mortality Society)

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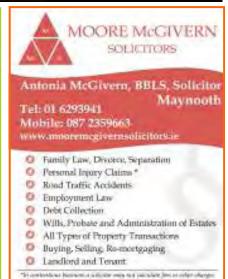


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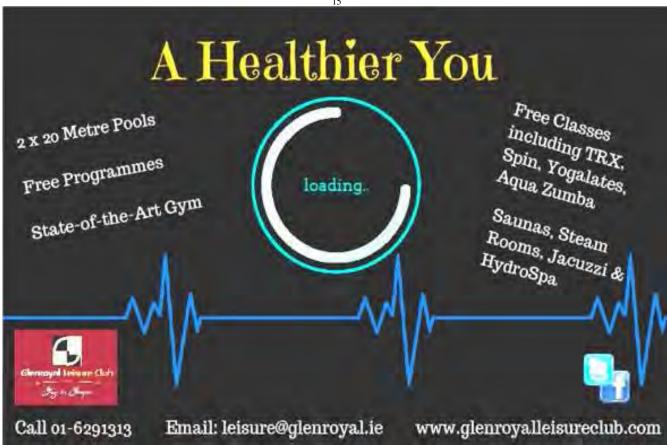


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#### September, Not January, is the Best Time for a Fresh Start.

There's something about that 'going back to school' time that gives us a unique enthusiasm for starting something new. It has probably been engrained from childhood when September meant the start of a new school year, going into a new class with a new uniform, school bag and new shoes. Whatever the reason, some people find it easier to begin something new in September than they do even as a new year's resolution in January. With this in mind, why not start a new healthier lifestyle today!

#### Dedication to Difference:

We've often heard it said, that if you want something you've never had, you have to do something you've never done. Well if you want to see results, you have to put in some work. It takes about 4 weeks for you to notice a difference in your body; about 8 weeks for your close friends and family to notice a change and about 12 weeks for everyone else. If you get into a routine of exercise and healthy eating habits and stick with it for just 4 weeks, the motivation of seeing a healthier fitter you, will spur you on for the next 4 weeks. After the 8 week mark, family and friends may start to comment about how good you look, how healthy your skin looks and how much energy you have. This combined with how good you feel on the inside, will keep your motivation levels high for the next 4 week term. Instead of thinking about exercise as 'something that must be done forever', break it up into more manageable blocks of 4 weeks. Starting off slowly 3-4 times a week for 4 weeks at a time will soon have you seeing and feeling a big difference.

#### Variety is the Spice of Life:

Exercise doesn't need to be boring. There are so many ways to get your heart and lungs working a little harder and your muscles burning as they tone up. Walking is a great way to start off but it can get a little monotonous after a while. The same goes for jogging. So why not have fun while you exercise? Taking part in an exercise class is a great way to keep your workout varied. At the Glenroyal Leisure Club, we have a wide variety of classes including Aqua Zumba, Yogalates, Spin, TRX and many more to keep you entertained while getting your workout done. Why not double the fun by taking a class with a friend? Why not reward yourselves with a nice soak in the Jacuzzi afterwards?

#### Tips for Getting Started & Keeping It Up:

- 1) Drink Water Staying hydrated will help replace the water lost through exercise, will help keep you mentally focused and will reduce fatigue
- 2) Never Miss a Monday Make sure to exercise every Monday without fail to get your week off to the right start
- 3) Never Miss More Than 2 Days in a Row This will ensure you train at least 3 times a week

Always consult your doctor before commencing any new workout regime

# eptember

If you have a fruit or vegetable patch, you will be busy harvesting. It is

time to get out and start planting spring-flowering bulbs. Dig up remaining potatoes before the slugs damage them. Start reducing the frequency of watering houseplants. Clean out cold frames and greenhouses so they are ready for use in the autumn. Cover leafy vegetable crops with netting. Perennials that are dying should now be cut back. Clear dead leaves straight away as they can be a source of disease. Mow your lawn less



often and raise the height of the mower because grass growth will be slowing down. Also if you want help your lawn over the winter, you can apply an autumn lawn feed - high in potassium.



Sow sweet peas in cold frame or the greenhouse for early summer blooms next year. Also you sowed any spring-flowering biennials such as viola, foxglove or wallflowers earlier in the summer, they will now need to be planted out. The soil temperature is still warm so it's a good time to plant new perennials. Don't forget your hanging baskets - keep watering and feeding them and

deadheading. This will ensure that they will last a bit longer. When all the flowering is finished - replant with winter heathers and trailing ivies. Not forgetting to plant some spring-flowers bulbs in there too.

Wait till after the first of the frosts before lifting the tubers of dahlias and rhizomes of cannas. Late -flowering tall perennials - such as asters, may need to be tied up to stop from being blown over. To kill off any perennial weeds apply a product that contains glyphosate - this will ensure that the roots are killed as well as top growth. Remember to cover the plants with plastic first. Don't forget to check chrysanthemums for signs of white rust.





You can now plant and move shrubs and trees. Shrubs planted now will have the whole winter to settle in. Climbing roses can be pruned when they have finished flowering. Cut side-shoots from the main branches leaving a couple of buds. Thoroughly soak drought plants especially plants that are new.

Cover the surface of ponds with netting to stop falling debris landing in the pond as this can encourage growth of algae and weeds, which in turn could eventually harm the fish by reducing oxygen levels. Top up water levels when necessary. Remove blanket and duckweed. Any dead leaves should be removed as soon as they appear on waterlilies. Don't forget to check



submerged oxygenating plants because they can build up fast and may even crowd the pond.



In the age of water meters, it might be a good idea to install a water butt to collect water from your downpipe. This water could be used in the garden as well as other things. Clean and store away any garden furniture as soon as you are finished using them.

#### 1 Mince Mix - Lots of Choices

#### Beef & Noodles

#### Ingredients

450g\11b dried egg noodles

2 tbsp sesame oil

2 tbsp groundnut oil

1 onion, finely chopped

650g\1½ fresh beef mince 1" piece fresh ginger, thinly sliced

1 fresh red chilli, deseeded and thinly sliced

11/2 tsp Chinese five-spice powder

2 carrots, thinly sliced

3oz mangetout



Serves 6

1 red pepper, deseeded and diced 6oz fresh beansprouts

#### Method

Cook the noodles as per packet instructions, then drain and refresh under cold running water. Tip them into a bowl, add 1 tbsp of the sesame oil and toss to coat. Heat a wok over a medium heat, then add the groundnut oil, when the oil is hot add the onion. Cook until softened. Add the beef and cook for 3-5 mins, until evenly browned. Stir in the ginger, chilli and five-spice powder and cook, stirring constantly for 1min. Then add the carrots, red pepper and mangetout. Stir-fry for a further 4 mins. Add the beansprouts, the remaining sesame oil and the noodles and stirfry for 2 mins. Serve immediately.

#### Meaty Macaroni Cheese

#### Ingredients

2 tbsp olive oil

1 onion, chopped 1 garlic clove, finely chopped

11/2 lb fresh beef mince

7oz canned sweetcorn, drained

14oz canned chopped tomatoes

1 tsp dried mixed herbs 11/2 oz butter

500ml milk

70oz cheddar cheese, grated

## Serves 6



8oz dried macaroni 11/2 oz plain flour 1 tsp Dijon mustard Salt and pepper

#### Method

Heat the oil in a saucepan. Add the onion and garlic and cook over a low heat, stirring occasionally, for 5 mins, until softened. Add the beef, increase the heat to medium and cook for 8 - 10mins, until lightly browned. Stir in the sweetcorn, tomatoes and mixed herbs and season to taste with salt and pepper. Reduce the heat, cover and simmer, stirring occasionally for 25 - 30mins. Bring a large saucepan of salted water to the boil. Add the macaroni, return to the boil and cook for 10mins, until tender but still firm to the bite. Preheat the grill. Melt the butter in a separate saucepan. Sprinkle in the flour and cook, stirring constantly, for 2 mins. Remove the pan from the heat and gradually stir in the milk, a little at a time. Return the pan to the heat and bring to the boil, stirring constantly. Reduce the heat and simmer the sauce, stirring constantly for 5 mins, until thickened and smooth. Remove the pan from the heat and stir in the mustard and 51/2 oz of the cheese. Stir well until the cheese has melted. Drain the macaroni and tip into the cheese sauce, mix well. Spoon the beef mixture into a baking dish, then cover with the macaroni mixture. Sprinkle with the remaining cheese and cook under the preheated grill for 4 - 5 mins until the top is golden and bubbling. Serve immediately.

#### **Beef with Garlic Potatoes**

#### Ingredients

1½lb potatoes

3 tbsp olive oil

1 onion, chopped

1½lb fresh beef mince 8oz carrots, chopped

4 tomatoes, peeled and chopped

1 tsp cornflour

300ml hot beef stock

1 tbsp chopped fresh parsley and sage

Salt and pepper

#### Serves 4



3 garlic cloves, finely chopped

#### Method

Preheat the oven to 180°C\350°F\Gas Mark 4. Parboil the potatoes for 15 mins, then drain and leave to cool. Heat 1 tbsp of the oil in a large saucepan. Add the onion and cook over a low heat, stirring occasionally, for 5 mins, until softened. Add the beef, increase the heat to medium and cook, stirring frequently for 8 - 10 mins until browned. Add the carrots and tomatoes. Stir the cornflour into the stock. Then stir the mixture into the pan. Season to taste with salt and pepper. Stir in the parsley and sage. Then bring to the boil, reduce the heat and simmer for 5 mins. Cut the potatoes into slices. Mix together the garlic and the remaining oil and season to taste with salt and pepper. Transfer the beef to an ovenproof dish and arrange the potato slices on preheated oven for top. Brush the garlic-flavoured oil over them and bake in the 30 - 35 mins, until the topping is golden brown. Serve immediately.





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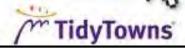


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Paul McDonald's lecture at Maynooth Community Library identified two key trends in terms of economic growth and career opportunities up to

(i) That urban growth will double city sizes over the next forty years. (ii) The Fourth Industrial Revolution will see the new technologies have a significant impact in terms of computers. manufacturing, and energy generation systems. These will pose serious challenges but also opportunities for Irish men and women in terms of careers.



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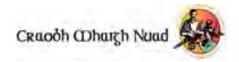
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# Jigs and Reels in Maynooth





The Craobh Mhaigh Nuad float at St. Patrick's Day Parade, led out by the Branch Cisteoir Seán Tracey(left) and Branch Chairman Gerry Fitzpatrick. By Deric O Cerúil, Comhaltas Craobh Mhaigh Nuad April 2014

Pictured above at their annual St Patrick's Day Performance is the Maynooth Craobh of Comhaltas Ceoltóirí Éireann – Irish Musicians Association – which was founded in 2012. Since 1951, Comhaltas have been spreading the gospel of traditional Irish music all over the world, setting up over 400 community-based branches, including 5 in Kildare.

Many consider Comhaltas to be one of Ireland's most successful cultural groups, having trained generations of Irish to study, perform, promote and preserve that central element of traditional Irish culture, namely its music. Tens of thousands of youngsters have learned to play music on traditional instruments, while over two million people attend the sessions, concerts, festivals and workshops sponsored by Comhaltas annually.

#### Comhaltas in Maynooth

The local branch was founded in August 2012 by a group of Maynooth musicians, who had close ties to the central Craobh Chualann Branch in Monkstown. "We saw the success of the branches in Leixlip and Kilcock, and thought there must be scope for a branch also in Maynooth", says Seán Treacy, Cisteóir of CCE Mhaigh Nuad. The hunch proved a good one, and 18 months later, there are now 130 active members.

While festivals, concerts and sessions mark the outward popularity of Comhaltas, many say the enduring legacy of CCE is its educational programs. It is the stated goal of Comhaltas, Maynooth "to bring traditional Irish music, song and dance into as many homes as possible in the North-Kildare area."

To this end, classes are held in the Post Primary School in Maynooth on Wednesdays 19:00 – 21:40 in a range of instruments - Accordion, Banjo, Bodhrán, Concertina, Fiddle, Flute, Guitar, Tin Whistle and also Comhrá as Gaeilge, to those who would like to brush up on their Irish.

The classes are grouped according to ability rather than age, so they are often mixed age. Children are in the majority, but there is a significant proportion of adult participants. These include:

Parents who are learning an instrument alongside their children. People with a background in other musical styles, who are looking to discover traditional music.

Students in Maynooth looking for a distraction from their studies :-) Individuals with no musical background looking to "give it a lash".

The class teachers have an array of competition and performance experience behind them and several have the Comhaltas Teacher Training Diploma Courses. Class tunes are synchronised, meaning branch musicians work off a set of common tunes that enables regular sessions that are enjoyed by young and old.

There is a branch session in McMahon's Pub every Wednesday evening from 10, and junior sessions are held upstairs in McMahon's approximately once a month in an environment suitable for all ages. All ability levels are catered for at these sessions.

#### Comhaltas - The Early Years

traditional music.

CCE was formed in 1951 in Mullingar, County Westmeath by traditional musicians from the Pipers Club in Dublin and other Gaelic culture advocates from around Ireland. They sought to improve the standing of traditional Irish music, dance and language in Ireland, which had suffered due to a general cultural and economic stagnation on the island, and from the emergence of popular culture and mass media; a world in which Irish music had not really found a foothold.

The first Fleadh Cheoil (festival of music) organized by Comhaltas in May 1951 was poorly attended, but it helped set in motion a renewed interest in Irish music. Today the Fleadh is one of Ireland's most popular events: the one held in Derry in 2013, in honour of that city's status as European capital of culture, drew 430,000 people. In the early years, the Comhaltas movement was complemented by men like Ciaran MacMathuna of Radio Éireann, who recorded unknown musicians in rural areas, treasures which would have been lost in a purely oral tradition. Sean O Riada, composer and arranger, was another who laid the foundations for the revival of Irish music in the 60s,

Before long, every county in Ireland had a Comhaltas branch, while in Britain and Scotland chapters formed in Liverpool, London and Glasgow, and other places with large Irish communities. Eventually that enthusiasm spread around the globe, and today branches of Comhaltas flourish in Japan, Australia, and Argentina and in several European countries.

applying arrangements and ensembles from jazz and classical music to

Irish traditional music has centuries-old roots and has drawn influences from African, European and American traditions – it is now available for you to tap into right here in Maynooth, you're very welcome any time to informally drop in to check out either the lessons or the session. Term starts again in September, so feiceann sibh go luath. Hup!



Branch Website http://www.ccemaighnuad.com
Twitter http://twitter.com/CCEMaighNuad
Facebook http://www.facebook.com/ccemaighnuad
Lessons: Where/When/What Post Primary Maynooth / Wed

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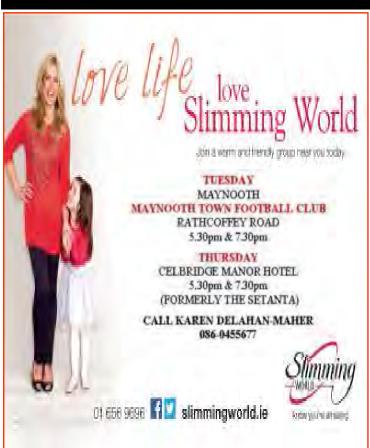


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## **Know Your Rights**

#### Importing a car Question

I'm living in Ireland but I want to buy a secondhand car in the UK. What steps do I have to take when I bring the car to Ireland?

#### Answer

Within seven days of bringing the car to Ireland you must make an appointment to bring the car to your local National Car Testing Service (NCTS) centre in order to register it and pay Vehicle Registration Tax (VRT). See ncts.ie to book an appointment and for details of the documents you need to bring with you.

The car will be examined at the NCTS centre and the details will be used by Revenue to assess the amount of VRT payable, based on the value of the car. Revenue provides an online VRT Calculator that you can use to get an estimate of how much you will have to pay, see revenue.ie. You pay the VRT to the NCTS. You must complete the registration process within 30 days of the vehicle's arrival in Ireland.

You will get a receipt for the VRT paid, showing the new registration number for your car. You must display this number on your car within three days. You can buy registration number plates at the NCTS centre or at a motor factors. You will also get Form RF100, which you will need when you pay motor tax. To pay motor tax, you will also need to insure the car and have your insurance details. You can pay motor tax online at motortax.ie or at the Motor Taxation Office of your local authority.

After you have paid the motor tax, the Vehicle Registration Certificate will be issued to you by the Department of Transport, Tourism and Sport. If the car is four years old or more it must also undergo the National Car Test immediately.

#### Student grant appeals Ouestion

I've applied for a student grant to start a college course this year but I didn't get the grant I was expecting. What can I do?

#### Answer

Applications for the Student Grant Scheme are processed by Student Universal Support Ireland (SUSI). If you are not happy with the outcome of your application, you can ask SUSI to review the decision if there has been a change in your circumstances or if you think your household income wasn't assessed correctly. You can also request a review if you think you should get a special rate of grant or you think there was an error in assessing the distance between your home and college (which affects whether you get an adjacent or non-adjacent rate).

You can request a review by sending an email to support@susi.ie, making sure to put 'Review Request' in the subject line along with your application number.

You can also make an appeal to SUSI if you are

not happy with your final grant decision or if you request a review and are not satisfied with the outcome. You must make the appeal within 30 days of the final grant decision.

Complete the appeal form, available at susi.ie, explaining why you think SUSI applied the rules incorrectly. The Appeal Officer will notify you of the outcome within 30 days.

If your appeal is turned down you can submit a further appeal to the independent Student Grants Appeals Board, outlining why you believe the scheme has not been interpreted correctly in your case. When you get the written decision of the SUSI Appeal Officer it will include information on how to submit an appeal to the Student Grants Appeals Board.

The Board has 60 days to decide on your appeal and will write to you to let you know its decision. An appeal of this decision on a specific point of law is possible under the Student Support Act 2011, which says that such an appeal can be made to the High Court.

#### After-School Child Care Scheme Ouestion

I'm unemployed and want to get back to work but my son is in primary school, which makes it difficult to be available all day for work or training. Can I get help with childcare for afterschool hours?

#### Answe

If you go on an employment support scheme, go back to work or increase the number of days you work, you may be able to avail of the After-School Child Care Scheme. The scheme provides subsidised after-school childcare places with local childcare providers and is for primary school children aged 4 to 13.

To qualify for the scheme you must be getting Jobseeker's Allowance, Jobseeker's Benefit or One-Parent Family Payment, or be on an employment support programme, for at least three months.

If you get a place, you can get after-school childcare for up to five days a week at a daily rate of € per child. The scheme includes a pick-up service. You can get up to 52 weeks of childcare while you remain eligible for the scheme. If you use the scheme during the school year, you can also get up to 10 weeks'

full-time childcare during the holidays.

You can apply and get more information at your local Intreo centre or social welfare office. You can apply up to 26 weeks after you start your new job, take up additional employment or start your employment support scheme.

The scheme is not available to Community Employment scheme participants who can apply for the CE Childcare Programme instead.

For vocational training with an Education and

Training Board, the Childcare Education and Training Support Programme offers subsidised childcare.

If you don't qualify for these schemes you may be eligible for the Community Childcare Subvention Programme, which offers childcare at a reduced cost to parents who are disadvantaged or in training, education or low paid work.

#### Maternity Benefit

#### Question

I was employed when I had my first child and got Maternity Benefit. I'm currently expecting my second child but I'm now self-employed – am I still entitled to Maternity Benefit?

#### Answer

Maternity Benefit is paid to women who are on maternity leave from work and are covered by social insurance (PRSI). This includes Class S social insurance which is paid by people who are insurably self-employed. In this case you need to have one of the following:

- 52 weeks' PRSI contributions paid at Class S in the relevant tax year. For example, if you are going on maternity leave in 2014, the relevant tax year is 2012. Or
- 52 weeks' PRSI contributions paid at Class S in the tax year immediately before the relevant tax year. Or
- 52 weeks' PRSI contributions paid at Class S in the tax year immediately following the relevant tax year.

If you do not meet these conditions, you may be able to use your PRSI contributions from your former employment to qualify.

PRSI Class S contributions for a particular year are not awarded until you have paid the tax due for that year. Your income tax and PRSI liabilities (primarily for the relevant tax year) must be paid to qualify for Maternity Benefit.

Note that if you earn less than €5,000 in a tax year then you are not insurably self-employed. But even if you are not sure if you have enough earnings, you should always apply for Maternity Benefit to check whether you qualify.

If you apply before you go on maternity leave but don't have enough earnings, you may qualify to have Maternity Benefit paid retrospectively if your earnings exceed the €5,000 threshold when you return to work.

You should apply at least 12 weeks before you intend to go on maternity leave.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public. Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

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#### JIM'S SHOE REPAIR

Tesco Shopping Centre

LADIES & GENTS HEELS

WHILE U WAIT

SHOES STRETCHED

HEELS LOWERED

LEATHER SOLES STITCHED ON

KEY CUTTING

ALL KEYS

HOUSE AND VEHICLE





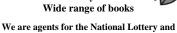
PHONE 086 8657142

#### NEWS - 4 - U

**Glenroyal Shopping Centre** 



Stamps Toys



Scratch Cards
We sell CIE commuter tickets......weekly,
Monthly, Student Monthly & Family One Day
Tickets

We also stock Kildare County Council Bin Tags Large collection of Carlton cards in stock

Opening Times: Mon - Fri: 8

Sat 8am - 8pm Sun 9am - 6.30pm Shop in friendly, relaxed surroundings

## Master Dag Academy North Kälders - Traditional Tai Chi Chan (2.4) (2.4) (3.4) (3.4) 4.6.4.4

Still Mind. Strong Body

Classes in traditional Yang Style
Tai Chi Chuan and Chi Kung
Where: The Wellness Centre, Kilcock
starting back on Tuesday
9th September at 7.00pm &
The Leinster Clinic, Maynooth
starting back on Thursday
11th September at 7.30pm

#### NEW BEGINNERS CLASSES STARTING

"6 WEEKS COURSE FOR €75" Phone Brian on **087** 2**157231** 

Email: bpbergin@gmail.com

Facebook: Master Ding Academy North Kildare

www.taichikildare.com

## Maynooth Fianna Fáil Notes

Contact Details - e-mail: naoiseocearuil@gmail.com

#### Fury as planning permission is granted against wishes of local residents

Residents of Moyglare, Maynooth are furious after Kildare County Council grants planning permission for large apartment block and vehicular access point on the Movglare Road.

A public meeting was organised by Cllr. Naoise Ó Cearúil following the granting of planning permission for application 14/73 in Moyglare, Maynooth. Over sixty residents of Moyglare attended the meeting in Maynooth GAA club where they voiced both anger and fear. The planning application in question includes a large apartment block in The Walk, Moyglare Hall, additional housing and a vehicular access point on the Movglare Road. There was no objection to the additional housing, however there are serious reservations about the new apartment block.

Over forty people objected to Kildare County Council granting planning permission and steps are now being taken for an appeal to An Bord Pleanála. The majority of objections highlighted HP6 of the Maynooth Local Area Plan 2013 as a reason for objecting. HP6 highlights how apartment blocks are not to be built outside the town centre environs. The new apartment block is approximately 1.5 kilometres from the town centre. Speaking at the meeting, one resident of The Walk, Moyglare Hall stated, "This will have a huge impact on my family. To be honest I will have to move house if this happens. I have a very sick child and if this monstrosity is built outside my house it will drive us out".

Marie Costelloe of the Moyglare Road, where a vehicle access point is to be located said, "If this goes through I will have people driving towards my house, looking in and shining lights into my bedroom at night. I've been living here for twenty five years and I never anticipated anything like this. I never had a problem with a pedestrian entrance, which is only fair, but all of a sudden there are going to be cars going up and down there".

Residents of the Moyglare Road were taken completely unaware by the addition of a vehicle access point. The planning application located on the proposed entrance never stated that the area would be transferred to vehicular access.

Fred Clarke of Moyglare Hall also commented by saying, "We never had any objection to additional housing, our issue is with a large apartment block, comprising of three shops and a crèche that will

eliminate all green area. Add to this that there will be balconies on the new apartments looking into our bedrooms and you can see why we are upset. They are also creating a rat run in the estate with this new entrance, there are speeding problems here as it is. We wouldn't have bought our houses here if we knew this was coming down the line".

Cllr. Ó Cearúil said, "I have been inundated with calls from many of you and it is clear the stress and upset this decision is causing. I organised this meeting as a facilitator and to clarify some of your concerns. It does cause food for thought that apartment blocks 8, 9 and 10 were ruled out due to HP6, but apartment block 5 was granted permission. To my knowledge nobody had any objections to apartment blocks 8, 9 and 10, all of the concerns relate to number 5."

Three separate appeals have now been submitted to An Bord Pleanála and the residents are now awaiting the outcome.

#### JOBS IN MAYNOOTH

Are you looking for a job?

There are 8 jobs available in Maynooth, check out the links below.

Hair Stylist Required - Hair Therapy in Greenfields Shopping Centrehttp://www.jobs.ie/ApplyForJob.aspx?

Childcare Professional - Kinder Crescent Creche http://www.jobs.ie/ApplyForJob.aspx?Id=1308386 Registered Nurse - TLC Centre

http://www.jobs.ie/ApplyForJob.aspx?Id=1369536 Senior Stylists & 2nd year apprentice - Occasions Hair

http://www.jobs.ie/ApplyForJob.aspx?Id=1372128 Carton House have the following jobs available:

Conference and Events Supervisor

http://www.jobs.ie/ApplyForJob.aspx?Id=1347231

Receptionist for Carton Spa

http://www.jobs.ie/ApplyForJob.aspx?Id=1302540

Head Chef

http://www.jobs.ie/ApplyForJob.aspx?Id=1353865

Restaurant Supervisor

http://www.jobs.ie/ApplyForJob.aspx?Id=1377591

#### GAZA DEMONSTRATIONS IN MAYNOOTH AND • Grants for Older People • College Grants (SUSI) NAAS

There have been numerous demonstrations against the plight of the Palestinian people in Gaza throughout the summer. Cllr. Ó Cearúil spoke at demonstrations in Naas

and in Maynooth. In Maynooth he stated;

"The Israeli bombing of Gaza and the slaughter of children and innocent civilians in playgrounds, on the beaches, in their homes, in schools and in hospitals is

As the death-toll surpasses 1,500 we must ask ourselves what type of people would engage in such activity? There is no justification for it and there are no excuses. Gaza is an area 10 km by 40 km with 1.8 million people living there, the indiscriminate bombing is done to achieve the murder and the slaughter of innocent civilians. "

"Ireland has to play its part in leading a campaign to secure worldwide imposition of sanctions, including arms, against Israel until such time as Israel withdraws to pre-1967 borders. There should be an immediate lifting of the blockade of Gaza."

"The situation in the region has been allowed to escalate without a real concerted effort from the International community. Ireland has been complicit in this; with the Government deciding to abstain from a UN vote to establish a commission of inquiry into human rights violations in Gaza and condemning Israel for violations of international law. This decision was wrong and does not reflect the view of the Irish people.

"The Government's silence on the issue leads to complicity with the Israeli state, however the Irish people's voice, heard loud and clear here today and at other demonstrations is unambiguous.

- We will not support the oppression we once faced.
- We will not stay silent while thousands are murdered

We will not give up until justice is brought to our Palestinian brothers and sisters.'

#### Fianna Fáil Membership

The party's Ard Comhairle have decided that membership renewal will be extended from the 31st of July to the 30th of September. If you or anybody you know would like to join the party please do get in contact via cllrnaoise@gmail.com.

#### Representations

Cllr. Ó Cearúil has been making representations on behalf of residents on a range of issues. If you have an issue or need advice please get in contact. Areas covered to date include:

- · Housing Issues
- Planning Issues
- Planning Objections
- Medical Card Issues
- Business Start Ups

#### **Clues Across**

#### September 2014 Crossword - No: 428

#### **Clues Down**

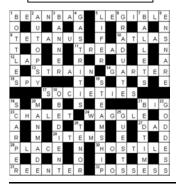
- 1. Pertaining to architecture (13)
- 8. Surrey village (7)
- 10. Article of clothing (7)
- 12. Beat soundly (6)
- 13. Person practising deception under
- an assumed name (8)
- 15. Morning meal (9)
- 18. Obnoxiously forward (5)
- 21. Not hollow (5)
- 22. Luggage (9)
- 27. Asked (8)
- 29. Severe experience (6)
- 30. Causing erosion (7)
- 31. Reporter (7)
- 33. Irregularly operated court (8,5)

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| 12 | Г  |    |    |   |    |    | 13 |    |    |    | 14 |    |    |    |
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#### \_\_\_\_\_

- 2. Determine (7)
- 3. Monetary unit of Vietnam (3)
- 4. Vagrants (6)
- 5. Wide-awake (5)
- 6. Spider web (6)
- 7. Robust (6)
- 9. Warning (3-3)
- 11. Seizures (4)
- 14. Sweatbox (5)
- 16. 17th letter of the Greek alphabet(3)
- 17. Farewell (5)
- 19. Tint (3)
- 20. Stool pigeon (6)
- 21. Monetary unit of Israel (6)
- 23. Untie (4)
- 24. Steamship (7)
- 25. Farewell (2,4)
- 26. Trifles (6)
- 28. Allotted quantity (5)
- 32. Solicit (3)

#### Answers to Crossword 427



#### Special Prize Book Voucher

Give yourself the luxury of browsing, and choosing the book/books which take your fancy from the wide selection available in the store of our sponsor

> The Maynooth Bookshop

# Entries in before: 23rd September 2014

| Name:    | <br> | <br> |  |
|----------|------|------|--|
|          |      |      |  |
| Address: |      | <br> |  |
|          |      |      |  |
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Winner of Crossword No. 427 August

> Bernadette Duffy 175 Kingsbry Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

Collect prize from

The Maynooth Bookshop 68 Main Street, Maynooth

#### Difficult

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| 1 | 8 | 4 | 9 |   | 3 | 5 |   |   |
|   | 9 |   |   |   |   |   |   |   |
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Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to Maynooth Newsletter Unit 5 Tesco S/C Maynooth

Collect prize from Newsletter Office

# **Sudoku Challenge**

Phone:



#### September 2014

Entries must arrive before: 23rd September 2014

Congratulations to August Winner:

> Patrick Healy Leinster Park Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

Super Difficult

|   |   |   | 1 |   |   |   |   | 6 |
|---|---|---|---|---|---|---|---|---|
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| 3 | 7 |   |   | 6 |   |   |   |   |
| 5 | 1 | 4 |   |   |   |   |   |   |
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| Address: | <br> | <br> |
|          | <br> | <br> |
| Phone: _ | <br> | <br> |

#### Sinn Féin Maynooth Local News

Telephone 086 3189 730 Cllr Réada Cronin Email: readacronin@hotmail.com Facebook: <u>facebook.com/readacroninsinnfein</u> Twitter: @ReadaCronin

A Chairde,

Summer's over and I hope you all enjoyed the warm rain! We did have a few nice weeks so far that we're always grateful. I hope all our Leaving Cert students got the results that they hoped for and to those who might be feeling a bit disappointed please remember that we don't always know what surprises life has in store for us. Be kind to yourselves.

Kildare County Council goes on holidays insofar as official meetings and such for the month of August but politics takes no holiday!

#### MAYNOOTH SOLIDARITY WITH GAZA DEMONSTRATION

It was truly heartening to see over 120 people at Maynooth's solidarity with Gaza demo on Tuesday evening 5th August, especially considering it was held during one of the ceasefires.

We've all had our hearts broken with the graphic images on our TV screens and the scenes for those of us on Social Media are just more horrific than words can say. The Al Jazeera clip of UN Official Christopher Gunness weeping after the deliberate Israeli targeting of a UN shelter, killing four sleeping children would break the heart of a stone

All the more upsetting considering that we're not talking about an out of control gang of marauding testosterone fuelled lads on the back of open vans driving through remote communities. We are talking about the Israeli government who like to assume the role of a legitimate, respectable democracy.

The similarities between the Palestinian struggle and our own struggle here in Ireland and the "to hell or to Connaught" likenesses of land-grabbing, evictions and state murder are all reasons why we in Ireland empathise so much with people of Gaza.

I made the point on the evening to point out that to criticize the barbarity of Israel's collective punishment does not make you anti-Semitic. We all know that the Jewish community carry the scars from the holocaust but if we are to learn anything from that disgraceful time in our recent history, it is to never stay silent and to never be afraid to call out the barbarity of attempted genocide when we see it.

The cries of anti-Semitism coming from the team of Social Media hacks the Israeli government sprang into action, are a shame to the lost lives and to the genocide of their foreparents. They are a disgrace to the decent Jewish community speaking out against the apartheid

and racist actions of the Israeli state

As I write the current ceasefire is holding and this is of course welcome but the Palestinian people have been here too many times before. We know we cannot rely on our shamefully silent government after the despicable decision of our UN ambassador to abstain in the recent UN commission of enquiry vote on Gazan massacre. Neither can we rely on the international community to ensure that this peace has justice at its

We must also get active ourselves and it is for this reason among others, that we were emboldened to have representatives from Trócaire attend the demonstration. Emmet Sheerin from Trócaire's office here in Maynooth outlined how we can make a difference by boycotting Israeli goods. We know here in Ireland how successful the boycott of South African goods was during their apartheid regime and seeing as we invented the word no better place on earth to get the Boycott Israel campaign started than right here in Ireland.

#### WATER CHARGES LOOMING

September is the last month that we can enjoy the fruits of our generous rainfall without being charged through the nose for it. The myths regarding Irish Water have long been dispelled. We now know that if consumption is reduced that water charges will have to increase!

But by now we know water charges have nothing to do with conserving water. This is part of a greater agenda. The IMF call it "structural adjustment" and it is a condition of their loans. Privatisation of utilities and state companies and tax cuts and write-offs for corporations are now the order of the day.

It took rigorous questioning from Mary Lou McDonald and others at the Public Accounts Committee to uncover the waste that is involved in the setting up of Irish Water. But as we know we were hardly likely to get at the facts when companies associated with media moguls are profiting from installing the very meters for which we're being asked to pay.

The €100 million write-off of Sitesery's "unsustainable debt" to facilitate the purchase by Denis O'Brien so that his subsidiary Sierra (who carried out most of Maynooth's water meter installations) can install the very water meters we're going to be billed for was never going to be highlighted while he hires and fires.

Make sure you and your family experience a few nice deep bubble baths this month of September and wash

every piece of linen in the house. Water charges start in October 2014 and with showers working out at 25c for water consumption alone and toilet flushes equating to 5c a flush budgeting is going to be increasingly tough on families, particularly those with adult children.

Irish Water, or pull on the green jersey agus abair é as Gaeilge, Uisce Éireann, refused to come into Kildare County Council last month to take councillors questions. Such arrogance is seldom outmatched but outmatched it is. Remember that it was the continued mismanagement of our country by a reckless Fianna Fáil party followed lamentably by a downright callous Fine Gael led government that has caused this hardship. Charlatans the lot of them.

#### BACK TO SCHOOL & MAYNOOTH SECONDARY SCHOOL/S

The end of the summer means starting school for some and back to school for the rest of our children. With the news that the planning permission for the Maynooth education campus has been granted and the children starting secondary school in the present cramped building of Maynooth Post Primary these state of the art plans are very welcome. I hope it is reassuring to parents and students alike to note that the Department of Education & Skills officials have committed to nurturing a sense of shared identity for the students. As a Kildare County Council representative on Kildare/ Wicklow Educational & Training Board I shall be monitoring how parents and students are finding this unique and unprecedented situation and I will take my lead from you.

#### PAUL ROBINSON - ST. COCA'S ATHLETIC **CLUB**

Comhghairdeas to Paul Robinson from St. Coca's Athletic Club in our neighbouring town of Kilcock on qualifying and competing in the 1500m final at the European Athletics Championship in Zurich. Paul qualified for the final comfortably and while the final was a very tough and controversial race he was in contention for a medal but unfortunately was just beaten into fourth place. A superb performance no less from Kildare's Paul Robinson. Maith thú.

If you would like to become politically active in our community feel free to contact me, Réada Cronin, using any of the contact details at the top of the page for an application form.

Alternatively you can text the words Sinn Fein, followed by your name and address to 51444.

#### **Spanish for Beginners**

An eight week introductory course for adults with a qualified instructor and native speaker.

Learn a new language in a relaxed and friendly environment. First class on Thursday 25th September

6.30pm - 7.30pm. Booking essential please contact Maynooth Community Library to book your place

phone 01-6285530

email maynoothlib@kildarecoco.ie.

"Maynooth 5km Road Race @ 10am Sunday 14th September hosted by North Kildare Club. Flat, fast course, chip timing and prize fund in excess of €1500! Suitable for runners, walkers or joggers! Online registration open @ http://www.precisiontiming.net/. For further information, follow us on Twitter @Maynooth\_5km or visit our Facebook page: https://www.facebook.com/Maynooth5km."

#### Maynooth Local History Group

Maynooth Local History Group has organised a talk to be given by Declan O'Connor in the Glenroyal Hotel on Thursday 9 October at 8.00pm.

The title is "It's a long way to Tipperary – the song, the storey and the spin-offs'. Declan's talk will be followed by a second talk by Jennifer Walsh on a different topic but one which is also relevant to World War One. Everyone is welcome.

# **TECHNOLOGY CORNER**

#### TIPS, TRICKS, AND WHAT'S NEW IN THE WORLD OF TECH

#### Digital Lock Picking: The Technology of Thieves' Tools?

Do you know where all of your keys are right now? A new app for mobile phones may leave you wondering if you really know the answer to that question.

KeyMe is an iPhone app that allows users to photograph their keys and upload them to the company's servers. Thanks to 3-D printing technology, you can then order copies of your keys online to be delivered in the post or in the US, walk to a nearby kiosk and print your own copy. The company uses a range of novelty designs to appeal to its userbase – keys can be cut with a variety of colours, shapes and designs. However, KeyMe seems to promote itself mainly as a security app, an usual claim given that it gives anyone the ability to photograph someone's keys and print their own physical copies.

The tagline of KeyMe is 'Copy Keys. Solve Lockouts.' What no one is saying, though, is that it isn't necessarily your own house that you are locked out of. It advertises that you can copy keys in 30 seconds, and if you are ever locked out and have forgotten to take a picture of your key, you can just have a roommate or relative take a picture of their copy and share it with you on the app. Again, the unspoken leap of logic remains — what is to prevent someone else from taking a picture of your key and making their own copy?

Andy Greenberg of Wired Magazine recently exposed the security flaws of apps like this, using





KeyMe to 'break into' his neighbour's flat. KeyMe and similar apps, such as the American KeysDuplicated and the Belgian Keysave, have become increasingly popular in the past year. Websites and news programs have increased their praise over the summer as KeyMe has begun expanding their market. This led Andy Greenberg to perform his experiment for Wired as few have been willing to address the elephant in the room: are apps like this a burglar's dream come true?

KeyMe has a page on its website dedicated to reassuring people about how seriously they take security and that only the key's owner can photograph and copy keys, but Greenberg proved that many of these claims were bogus. When his neighbour tossed his keys downstairs for Greenberg to let himself in, he had no trouble ducking into the stairwell and quickly taking a picture of the keys without his neighbour's knowledge. An hour later, after visiting a KeyMe kiosk, Greenberg used the 3-D printer to print his own copy of the key, and the next morning he surprised his neighbour by walking into his flat.

Greenberg, of course, was illustrating a point rather than being malicious or seeking to break into his neighbour's flat, but the point was well made. He only had the keys for a minute, but that was all he needed. Despite KeyMe's claims that keys must be removed from a keychain and carefully modelled to be scanned, he was able to get a workable photograph without removing the key while hiding in a stairwell. The photographic and scanning capability of modern phones, combined with current 3-D printing technology, has reached the point where even the fine mechanics of creating keys can be put into the hands of people who know nothing about key-cutting.

Leaving your keys unattended has always carried some risk, and the proliferation of 3-D printers and laser cutters has opened up a whole new world of security problems for people who want to keep their doors locked. In 2009, a group of researchers in Virginia created a project called SNEAKEY. Their goal was to analyse the security and privacy of physical keys and the ease of unauthorised duplication of them using digital imaging technology. Using only modest imaging technology and standard computer visual algorithms, they created a prototype for teleduplicating keys and were able to reproduce keys that they photographed from nearly 200 feet away.

Lock experts warn that you might want to reconsider hanging your keys from your belt or leaving them on your desk or at your table in the restaurant. Jos Weyers, a Dutch lock picking and security expert, says that people often don't realise how vulnerable their keys are, especially given how quickly technology has advanced. He cites an example where the New York Post published photographs of New York elevator and subway system keys in an article that, ironically, discussed the dangers of letting someone make unauthorised copies of the keys. A locksmith in New York had been selling copies of various master keys to New York City on eBay that granted access to subway gates, firehouses, traffic relays, the World Trade Center site, government elevators, and a variety of other important public access points. This practice was technically legal due to loopholes in the law, though he has since stopped after talking to the city

fire marshal.

However, for Weyers, the interesting part of this example was not the specifics of the case but that in an article discussing how dangerous it is to give the public access to important keys, the Post published photographs that would allow anyone to make copies of them using modern digital technology and 3-D printing. The Post quickly removed the photographs from their online article, but not before they had spread across the internet. In a similar situation, a news broadcast showed a close up image of a "universal gas pump key" in a story detailing how thieves could use this to install card skimmers into the machines at petrol station pumps. They failed to realise they were providing people with everything they needed to make their own. Weyers views these as examples of how available technology has outstripped people's awareness of the security risks it poses.



Weyers sees lock picking and computer hacking as very similar activities, and technology is further intertwining computers and physical locks. As both an IT security expert and a lock expert, he can see security concerns from both angles. He is a member of Toool, The Open Organisation of Lock pickers, a group of Dutch hackers and expert safe crackers. Most of the club members also work in IT security, and they recognise how apps like KeyMe and other computer technologies are starting to change the world of lock picking and security. While Weyers and other members of Toool have spent years practicing their skills, it is becoming easier for anyone to use technology to replace mastery.

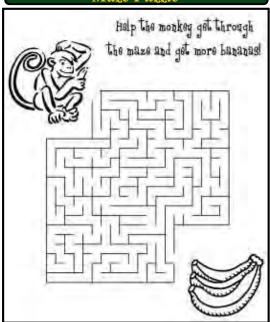
This new technology offers many exciting and useful possibilities, but Weyers and other security experts suggest using some caution in this increasingly digitised world. While most people know better than to leave their keys lying around in public, they might not realise that letting their keys be photographed has become equally as risky. KeyMe and similar apps are not designed to be thieves' tools, of course, but that won't stop people from using them as such. KeyMe currently does not have any Irish kiosks, but they are planning to begin international expansion this year.

Disclaimer: everything on this page is written in good faith and provided for general purposes only. While every effort is made to ensure the information here is accurate, technology is always changing, so please use your own discretion. Maynooth Community Council is not legally responsible for any damage or data loss you may incur through use or application of the information in these articles.



# McDonald's Maynooth **Proud Sponsor of the Colouring Competition**

### Maze Puzzle



#### Find the Camping Words



TENT CAMPFIRE CANTEEN HIKE BACKPACK LANTERN



#### McDonalds Children's Colouring Competition **Prizes: Free Family Meal From** McDonald's, Maynooth

| Name:     | Aug            |
|-----------|----------------|
| Age:      | Age: 3 - 5:    |
| Address:  | Age: 6 - 7:    |
| Phone No: | Age: 8 & Over: |

ust Winners:

Siún Dowling

Lily Tumulty

Darragh Dorman



**Prizes for Colouring Competition can be collected at:** Maynooth Community Council Office, Unit 5, Tesco Shopping Centre. Entries must arrive before: Tuesday 23 September 2014



# McDonald's

#### Irish Girl Guides

Meetings Tuesday evening in Maynooth. For further information contact Jackie on 085 1413787 or visit I.G.G. website www.irishgirlguides.ie

#### Community Library

Opening Times Mondays & Fridays 2pm to 5pm Tuesdays & Thursdays 1pm to 8pm Wednesday 9.30am to 1pm & 2pm to 5pm Saturday 9.30am to 1pm

#### I.C.A.

Monthly meetings take place every 1st Thursday of the month at 8.00pm.in the I.C.A. Hall in the Harbour. Crafts every Monday night at 8.00pm. New members welcome

### Arthritis Ireland (Maynooth)

Arthritis Ireland Walking Group (Maynooth) Meeting Monday's at 12 Noon Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth For Seated Exercise & Walking New Members Welcome

#### Traditional Tai Chi Chuan

Classes in traditional Yang Style Tai Chi Chuan and Chi Kung The Wellness Clinic Kilcock Tuesdays at 7.00pm & The Leinster Clinic Maynooth Thursdays at 7.30pm Tel: Brian 087 2157231 for more details

### University of Third Age (U3A)

Weekly meetings on Fridays at 11am. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth New Members Welcome Please contact Helen Phone: 01-6286592

#### History Group

Meetings every last Thursday of the month in Maynooth Community Council Office Tesco Shopping Centre at 8.00pm. All Welcome

#### Bridge Club

Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com. Contact Katherine Cooney 086 8205910

### Parent & Toddler Group

Every Thursday from 10.00 a.m. to 12.00 p.m. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth

#### Men's Sheds

Weekly meetings take place every Wednesday at 11.am at the Garden Centre Dublin Road Maynooth. For further details contact John Fleming 087 2041334







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#### ABOUT NORTH KILDARE CHAMBER

North Kildare Chamber is the leading business organisation in Kildare, bringing together and supporting members from all parts of the county. The chamber actively contributes to the economic development of Kildare whilst reflecting the interests of its membership. The Chamber welcomes all businesses, big or small, as members.

The Chamber has an impressive administration behind it, with a full-time office in Naas and a full-time director, servicing members' needs and representing their interests at county and national level. the director, Allan Shine, is supported by a committee elected annually at the Annual General Meeting and made up of representatives from member businesses from throughout the county.

Every Tuesday, the Chamber host network mornings in Maynooth in St Patricks College. It all starts nice and early at 7.30am and finishes at 8.50am. This is a great way to meet with like minded businesses and network over a cup of coffee. Its free for any business to attend. For further information or directions call Allan Shine in the Chamber office on 045 894074.

Upcoming Dates

- 2 September 2014 7:30 am
- 9 September 2014 7:30 am
- 16 September 2014 7:30 am
- 23 September 2014 7:30 am
- 30 September 2014 7:30 am

Exclusive event in Maynooth in NUIM
North Kildare Chamber and NUI Maynooth invite you to an exclusive event co-hosted by the business and education leaders in Kildare

Thursday, 11th September, 2014

10am -2:00pm Time:

Lunch at 1pm

Venue: The Council Room, Riverstown Lodge, South Campus

This event will give an insight into how new changes within NUI Maynooth will both impact business and students alike. Our NUIM speakers will give our invited guests an understanding in how we the business community can engage with all faculties within the university.

For more information, please contact Allan in the Chamber office on 045 894074.

### FILM MONTHLY BY BERNIE CLAXTON

# CLASSIC FILM REVIVAL: SOME LIKE IT HOT DIRECTOR: BILLY WILDER STARRING MARILYN MONROE, TONY CURTIS &JACK LEMMON



Mrs Brown's Boys D'Movie is not the first film to feature an unholy alliance between cross-dressing characters and gangsters. Billy Wilder had that premise nailed down in his black and white classic, Some Like It Hot in 1959. This iconic and hugely popular film was voted by the American Film Institute in 2000 as the greatest American comedy of the 20<sup>th</sup> Century.

Wilder's film opens in a wintry Prohibition-era Chicago. The local hood, Spats Colombo (George Raft) is engaged in a battle of wills with his arch-enemy Detective Mulligan (Pat O'Brien). Enter Tony Curtis and Jack Lemmon who play two down-at-heel musicians (Joe and Jerry) working in Spats' illegal speakeasy. Soon, they are reluctant witnesses to the summary execution of rival gang members by George Raft's hoods.

Escaping a barrage of bullets and The Valentine's Day Massacre by the skin of their teeth (their musical instruments are not so lucky!), the rattled musicians hotfoot it out of town. Here's where the fun begins! Curtis and Lemmon swap their male attire for more feminine apparel to join an all-girl jazz band on route to sunny Florida. Joe and Jerry are transformed into the decidedly unfeminine Josephine and Daphne! Enter into this equation one Marilyn Monroe as Sugar Kane (ukulele player, singer and gin-connoisseur) and the scene is well and truly set for explosive complications, major farce and mayhem.

What starts off as ostensibly a gangster movie quickly veers off into subversive and anarchic territory in the hands of Billy Wilder. The director's gender-bending, cross-dressing and farcical film was certainly ahead of its time. Some Like It Hot dallies with issues of hidden, misleading, confused and false identities: in this universe men dress up as women, men court other men and everyone (including the gangsters) seems to be engaging in some kind of subterfuge. Not surprisingly, Some Like It Hot was considered risqué in its day with Wider piling on the double entendres with scant regard to the

Somebody once said in relation to Marilyn Monroe that the camera 'loved' her. Well, this is especially true of her star-turn in Some Like It Hot. She was never more alluring than in her role as the kooky, free-spirited and lovable Sugar Kane. Her introductory scene is played to maximum effect. We see Monroe through Curtis' and Lemmon's eyes. As she sashays along the platform of a train station, the two men (in female guise) are dumbstruck in their admiration of this beauty. Even the sudden blast of smoke from the steam engine seems to bark approval! Lemmon's character, in particular, wonders how she does it – 'Look at that! Look how she moves! That's just like Jell-O on springs!'

The filming of **Some Like It Hot** seemed to be one of those occasions when all the right elements fell into place at the right time to produce a comic masterpiece. However, the shooting of the film had a chequered history. Behind the scenes, the troubled Marilyn was repeatedly late on set and continually fluffed her lines. Several takes added to the increasing irritation of her co-stars (Tony Curtis asserted that 'kissing Marilyn was like kissing

Still Marilyn proves to be Billy Wilder's trump card. She exudes aching vulnerability (always getting 'the fuzzy end of the lollipop'), comic timing and sizzling sexuality in all

Hitler!') and Billy Wilder himself.

her scenes. All her musical solos bristle with kinetic energy, charm and bluesy sadness.

Monroe is matched in her fantastic performance by two stand-out performances from Curtis and Lemmon. Tony Curtis is a revelation in the roles of Joe/Josephine. The actor was not renowned for his comic ability when he landed the role of the womanising saxophone-playing musician. However, he carries off the part with some assurance and comic aplomb. He is equally at home bantering with Lemmon's frenetic Jerry/Daphne or romancing Monroe in his third identity as a Shell Oil millionaire. Their love scenes are quite intense for the

The real star, though, of **Some Like It Hot** is Jack Lemmon. Unlike Curtis who found the drag aspect to his role daunting, Lemmon took to the cross-dressing



shenanigans like a duck to water! He fully embraced his feminine side and is clearly having a whale of a time. Jerry/Daphne soon attracts the attention of the hands-on millionaire, Osgood (a very funny Joe E. Brown). Daphne and Osgood's interplay involve some of the most hilarious moments in film history. This leads to all sorts of complications for Lemmon's character as he begins to buy into the Judicrousness of his situation!

The extent of his delusion is revealed half way through the film in some heated and hilarious exchanges with his buddy Joe. For Lemmon's Daphne accepts a proposal of marriage from the lecherous Osgood and fully intends going through with it! In answer to Curtis's retort – 'Why would a guy wanna marry a guy!'—Lemmon quips back 'Security!'

Lemmon is wickedly funny in the role of Daphne. He employs some priceless facial expressions and biting comments (taking acute pleasure in the taunting of Curtis as he pursues the sexy Sugar Kane) to produce a truly memorable character. After 55 years, Some Like It Hot has lost none of its freshness, charm, wit and fun due in large measure to a word-perfect script by Wilder, wondrous comic timing and brilliant performances by its all-star cast. A film for all ages and times.



#### **FILM NEWS**

The prestigious Galway Film Fleadh which highlights the best in Irish and International cinema was held in July. Film buffs and people in the industry thronged to the beautiful Town Hall theatre for a feast of celluloid magic. The outstanding film of the Fleadh was definitely One Million Dubliners. It's a deeply moving examination of the famous Glasnevin Cemetery and its inhabitants both living and dead.

The premier of the film was warmly greeted by an enthusiastic audience who gave it a standing ovation at the end. It won Best Irish Feature Documentary, and Aoife Kelleher (first-time director) spoke movingly about the tour guide, historian and star of her feature-length film, Shane MacThomáis. Rachel Lysaght, the producer of One Million Dubliners, stated 'We can't wait to bring the film to a wider audience and are working towards a theatrical release to coincide with All Soul's Day in November.

With the autumn fast approaching and the kids back in school soon, we can expect a slew of new cinema releases in the upcoming months. The Big Films making their way to a cinema near you include: The Grand Seduction (Brendan Gleeson); A Most Wanted Man (starring the late Philip Seymour Hoffman); Dracula Untold; Before I Go To Sleep (Colin Firth & Nicole Kidman); the final instalments of The Hobbit and The Hunger Games.

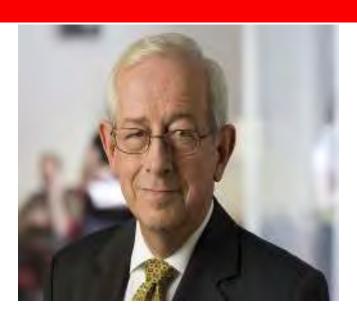
In the New Year, the eagerly anticipated screen adaptation of global phenomenon 50 Shades of Grey will be hitting cinemas across the world Irish actor Jamie Dornan and Dakota Johnson (daughter of Melanie Griffith and Don Johnson) will be sizzling up the screen as Christian Grey and Anastasia Steele! The movie trailer on YouTube has already become one of the most watched trailers in 2014. So keep your diary free for Valentine's Day 2015!

Sadly, we mark the passing of the comic genius that was Robin Williams. He brought so much joy and happiness to millions of people through his many wonderful performances. Fans will, doubtless, have their favourite Williams film. These will certainly include <code>Dead Poets Society</code>, <code>Good Morning Vietnam</code>, <code>The Fisher King</code>, <code>Good Will Hunting</code> and the wonderful <code>Awakenings</code>.

It is fitting to leave the last words to Williams:

- 'You're only given one little spark of madness. You mustn't lose it'
- 'No matter what people tell you, words and ideas can change the world'
- 'Never pick a fight with an ugly person, they've got nothing to lose!'

# Labour Advice Service



**Emmet Stagg TD** 

Emmet Stagg's Weekly Advice Service will resume on Monday 8th September at 4.00 pm in McMahon's (Formerly Caulfield's)

Contact Numbers 01-6183013/01-6183797



# Maynooth Summer Festival 2014



Professor Terence Dooley opening speech at launch of Maynooth Summer Festival

The Maynooth Summer Festival was a great success this year and judging by the photographs in the Newsletter it looks like everyone had an enjoyable time.

The Festival was organised by the Maynooth Community Council. We would like to thank the Maynooth food establishments who gave very generous vouchers for the Taste of Maynooth Raffle which saw 4 prizes of eight vouchers going to three Maynooth residents and one to a Leixlip resident. Thanks to all our ticket sellers who volunteered their time in the week leading up to the festival to sell tickets in Tesco and Manor Mills and to those who sold tickets over the weekend.

A special word of thanks must go to Professor Terence Dooley who very kindly did the honours in launching the event. His opening remarks about the town and community were stimulating and inspirational. We were very glad to welcome some of our elected local representatives to the launch. The launch was extra special as the prizes were presented to children who took part in the children's art competition and exhibition – well done to all the winners. It was a most enjoyable evening and ended with Tony Savino entertaining us in McMahons. Thanks to McMahons for providing nibbles for our invited guests.

Friday was the start of it all. The Russell Library, the JPII Library and the Community Library opened their doors to invite people to come and look at their exhibitions. There was the WWI and Maynooth College exhibition in the Russell, the Teresa Brayton (Kildare nationalist and poet) exhibition in the JPII Library and Maynooth Community Library showed an online display of photographs of old Maynooth.

Saturday saw a great family fun day in the Tesco Car Park which was packed with family fun activities. Shauna Gilligan provided a creative writing workshop in the Community Space which was very well attended. Music, dance and art occupied the Square. Route 66 rounded off the evening's entertainment in great style. The Castle had music, song, dance, poetry reading. Thanks to Mary Cullen who was master of ceremonies. An added bonus was the visit from The 1916 Irish

Volunteers Commemorative Group who came along to display artefacts and share their knowledge. People were very interested to talk to them and get photographs taken with the men. Our thanks also to the Staff of the O.P.W. for their help in using the Castle as a venue again this year.

The Festival continued on Sunday in the Harbour Field with a dog show, carnival rides, bouncy castles, craft and martial arts displays. The Maynooth Brass and Reed Band provided a colourful spectacle and sense of occasion for the Festival as they marched from the Band Room up to the Harbour Field. They were superb. The Maynooth ICA provided much needed teas, coffees, cakes and biscuits throughout the afternoon. They also had a great bric-a-brac sale.

Maynooth's Pound Lane Band gave a very enjoyable performance in the Square to round off the Festival in the Square.

Sincere thanks to the following: John Doogan and MCC office staff, Willie Saults, Gabriel Martin, Pat Farrell, Andrew McMullon for the set up, Willie Kiernan for the sound, Adrienne Flynn for the Taste of Maynooth Raffle, Bernie Kane for organising the Tesco family fun and music events, Hilda Dunne for organising the Castle events, Susan Durack for organising the Square and Harbour events and Muireann Ní Bhrolcháin for her involvement in the planning leading up to the Festival. National Learning Network Maynooth, Push for Porter (trad group), Rita Doyle, Catherine Maher and Tully Schools of Dance, Tony Savino/Barry Smith, David Hynes (Poetry Readings), Comhaltas Ceolteorí Éireann Maynooth Branch, Route 66, Pound Lane Band, Shauna Gilligan – creative writing workshop, Maynooth Castle Keep Art Group, Fitsteps - Fitness Group, Kildare Animal Foundation, Maynooth Irish Country Women's Association, Peter Nevin, and Mary Cullen. All the restaurants, cafes and pubs that took part in the Taste of Maynooth Raffle. These will be mentioned separately in the Newsletter.

On behalf of Maynooth Community Council Festival Committee: Andrew McMullon, Tom McMullon, Adrienne Flynn, Bernie Kane, Gabriel Martin, Muireann Ní Bhrolcháin and Susan Durack - a big thank you to one and all and to the public who came out to support the Maynooth Festival of 2014.



Maynooth Community Council Festival Committee L/R Andrew McMullon, Adrienne Flynn, Susan Durack, Professor Terence Dooley (who launched the event), Bernie Kane, Gabriel Martin & Tom McMullon

This publication is produced by Maynooth Community Council's Community Employment Scheme, supported by the Department of Social Protection, which is funded by the Irish Government.



NEW OPLEANS

Jambalya and a crawfish pie and filler Cause tonight, I'm gonna see my ma cher We'll have big fun on the h









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Whether dropping by for a friendly drink, food or settling in to watch the match, we are sure you will find a warm welcome with great service and a comfortable setting to ensure your stay is a pleasant and memorable one. We look forward to seeing you soon.

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### **Veterinary Life**

At Maynooth Vets we offer a 24 hour service to help our Clients with either advice over the phone or a call out to deal with all situations. In our Practice we cater for the pet population and the farming community.

#### My Dog is Choking

Often Clients will ring saying their dog is choking. In a lot of cases this is a tractetis (sore throat) which is causing the dog to cough in spasm. Sometimes a piece of stick or bone can become stuck across the roof of the mouth causing your dog to act as if he was choking. This dog needs to be sedated and the offending piece of bone removed.

#### My Dog is having Pups



How long she has been whelping and how many pups she has had will determine our response. Initially we may give a hormone injection to encourage the birthing process. If no pup appears then a caesarian section is indicated.

#### My Dog has been Poisoned

It is vital to make your dog vomit. An injection can be given to your pet for this purpose in our Clinic. This is especially true with cases of rat poison.



#### My Dog is Fitting

In a lot of cases the fits will stop after a few minutes. If they are prolonged the dog will require attention and sedation.



#### My Dog is Vomiting

Firstly we have to determine cause of vomiting. In cases of gastro-enteritis with dehydration your pet will be admitted and fluid replacement therapy given.

Recently we had 2 unusual cases. The first involved a black labrador jumping from the upstairs bedroom window. The children of the house were running out to play through the front door and they forgot to bring the dog, he was not going to be left behind so he ran up the stairs and vaulted out the open bedroom window and landed on a trestle table on the patio below. He suffered broken ribs and bruising but made a great recovery!

The second case was a 6 year old German Shepherd which had suddenly collapsed. A scan revealed a haemorrhaging splenic tumour which was removed. The dog made a great recovery from the surgery.

We can be contacted at Maynooth Veterinary Clinic 01 6289467 and Clane Veterinary Clinic 045 982763

Fracing your Ancestors
"From the Classroom to the Grave"

Was held in Ladychapel Graveyard On 25th August 2014 7.30pm-8.30pm

Organised by Lyreen Research Forum



Tour of eight gravestones with family trees compiled. The memorials covered on the tour were as follows:

- 1 Travers Family, Graiguesallagh & Johninstown
- 2 Quigley Dunne Family, Rathcoffey & Johninstown
  - 3 Corbally Murray Family, Rathcoffey
    - 4 Dunne Family, Farnadum
    - 5 Flood Family, Clonfert 6 Dunne - Behan Family, Painstown
      - 7 Gill Family, Graiguepottle
      - 8 Higgins Family, Clonfert



L/R Joe, Pat, Paddy, Mark & Eddie Travers

# Maynooth Library organised a talk

Seamus Cullen

"CARTON HOUSE AND THE PEOPLE WHO LIVED IN IT 1603-1975"









which took place on Wednesday 27th August







Trad Session Every Wednesday Craobh Mhaigh Nuad (of Comhaltas Ceoltóirí Eireann) All Welcome

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**Reception Opening Hours:** 

9am - 8pm Monday and Wednesday, 9am - 7pm Tuesday, Thursday and Friday 10am - 4pm on Saturday (Veterinary visits are by appointment only.)

### Pop-up Employment Fair in Maynooth a Great Success!

Maynooth Community Council in partnership with County Kildare Leader Partnership held a Pop-up Employment Information Fair in the Maynooth Community Space on 23rd September. With over 100 people visiting the Fair the morning was deemed a great success for people seeking information on entitlements, return to education, job opportunities and other information which was provided on the day. The organisers would like to thank all those who turned up on the day and all the agencies & groups who attended on the day to provide the information stands.

Organisations who provided information were: County Kildare Leader Partnership, Department of Social Protection, Leixlip Resource Centre, Kildare Wicklow Education & Training Board/VTOS, Maynooth University, National College of Ireland, Irish National Organisation of the Unemployed, Kildare Volunteer Centre, EmployAbility Kildare, Obair- Kildare Local Employment Service, Citizens Information Centre and QED Training - Momentum Courses.



















#### **Maynooth Ladies Golf Society**

#### Captain's Day 13th September

Our lady captain for 2013/14, Alison O'Dwyer chose our venue Killeen Castle, Co. Meath for our Captain's Day. It was also the venue for the Solheim Cup in 2011. A great golf course with fantastic weather made for a very enjoyable event. We had a good turnout for the day and thanks to Alison and husband Niall for sponsoring some

of the prizes.

1st prize – Ursula Byrne

2nd Prize – Alison O'Dwyer

3rd Prize – Edel Hutchinson

Front 9 – Louise Saults

Back 9 – Karen Kelly

Longest Drive – Karen Kelly

Nearest the pin – Mary Buckley

New members welcome, new season starting in February 2015. Our membership fee is €30. Contact Louise Saults at 0857354734 or email us at

may nooth ladies golf society @gmail.com



Alison O'Dwyer, Lady Captain



Alison O'Dwyer - 2<sup>nd</sup> prize



Ursula Byrne – 1<sup>st</sup> Prize



Edel Hutchinson – 3<sup>rd</sup> Prize

#### HALLOWEEN CELTIC MYTHOLOGY

#### Dearg Due – the Irish vampire

Yes, Dracula himself is an Irish creation (Irishman Bram Stoker created the monster in his masterpiece novel), but there's also a vampire that resides right smack in the middle of Ireland. Dearg-due, an Irish name meaning "red blood sucker," is a female demon that seduces men and then drains them of their blood. According to the Celtic legend, an Irish woman who was known throughout the country for her beauty, fell in love with a local peasant, which was unacceptable to her father. Dad forced her into an arranged marriage with a rich man who treated her terribly, and eventually she commit suicide.

She was buried near Strongbow's Tree in Waterford, and one night, she rose from her grave to seek revenge on her father and husband, sucking their blood until they dropped dead. Now known as Dearg-due, the vampire rises once a year, using her beauty to lure men to their deaths. Not to worry, though – there is one way to defeat Dearg-due. To prevent the undead from rising from the grave, simply build a pile of stones over her grave. No, it won't kill her, but at least you'll hold her off until next year!

#### The Dullahan - the Irish headless horseman

Another legendary Irish monster is the Dullahan, a name that can be translated to "dark man." Often portrayed in contemporary fantasy fiction and video games, this foreteller of death is the Irish version of the headless horseman. The Dullahan rides a headless black horse with flaming eyes, carrying his head under one arm. When he stops riding, a human dies. Some versions of this legend say that the Dullahan throws buckets of blood at people he passes, while other say he simply calls out the name of the mortal that will soon die. As with most evil forces, the Dullahan has a weakness – gold. The creature is scared of the substance, so any lonely travelers this Halloween night would be wise to have some on him in case they have a run-in with this headless horror!

#### The Púca

Pronounced "Pookah" is the Irish word for hobgoblin. One of the most feared spirits, according to legend, it can take on a variety of shapes and sizes in order to wreak havoc and harm. However, as the legend goes, it's now less dangerous thanks to the legendary King, Brian Boru, who is said to have tamed it and ridden it like a horse. In fact, (if one can use that word in the same sentence as talking about the supernatural), it's said that the Púca often takes on the form of a horse or calf, rushes between a victim's legs, and hoists them away for a mad dash across the countryside. Besides horses and cows, the Púca can also take on the shape of a bird or bat and has been known to scratch the face of its quarry. Usually, this ominous spirit lies in wait at suitably eerie places such as a crossroads, fence or bridge.



#### **COMPUTER CLASSES FOR BEGINNERS**

Friday 10th, 17th, 24th, 31st October 10.30am - 12.30pm

Computer classes for adults who want to learn more about computers and the internet. No experience of computers necessary. Four classes of 2 hours are available and you can learn how to:

- \* Send & receive email. Add attachments to emails.
- \* Search the internet.
- \* Shop online and book flights.
- \* How to pay for Motor Tax and TV Licence online.
- \* Internet banking view online bank statements.
- \* Word processing.
- \* Cloud storage basics and account management.
- \* Manage your pictures on computers and how to upload them online & much more.

Maynooth Community Library,

Main Street,

Maynooth.

Co.Kildare

Tel:01 6285530

Email:maynoothlib@kildarecoco.ie



#### ST. MARY'S BRASS AND REED BAND

We had a very successful annual week-end collection in the town last month and we would like to say a huge thank you to all who supported us. It never ceases to amaze us how supportive the people of Maynooth are to the Band. Although the Band was founded way back in 1796, it is going with a break since 1931 and a couple of the current members will be 60 years with the Band next year. I think we owe a lot to people like these who have put an enormous amount of work in to keeping the Band going for so long, particularly in recent years where there has been a huge amount of competition from other organisations, particularly sporting, in the town for the limited time that teenagers have available to them these days.

Upcoming events for October include the Annual Simon Community Fun Run in the Phoenix Park on 4th October and a particularly red letter day when we help the Maynooth Scouts to celebrate the opening of their spanking new premises in the Harbour.

The annual Mass for Deceased Members of the Band takes place on Sunday 9th November at 1pm when we invite all relatives of deceased band members to join with us in what is always a special occasion with specially chosen music for the occasion which allows Massgoers to see a different side of the Band.

The new music classes got under way in the last month but we always welcome anyone wanting to join the classes or indeed any musician living in the area who would like to play with the Band. Contact details for the Band are Hon. Secretary Catherine Heslin email address <a href="mailto:sec@stmarysbandmaynooth.ie">sec@stmarysbandmaynooth.ie</a> or 087 9008554.



#### Maynooth Harvest Flower Festival

"Bounty of the Earth"

Αt

St Mary's Church of Ireland Maynooth On Saturday October 11th 10:30 am- 4.30pm and Sunday October 12th 12:30 pm - 4.30 pm 2014

Teas, cakes and Plants



### LETTER TO OUR READERS

This is just a note to remind you all that the Newsletter exists for your enjoyment and that we welcome all contributions from our readers. We would like to hear from any organisation or indeed from individuals with something to say or suggest. We hope you continue to enjoy your monthly read and keep us informed of your activities.

### Maynooth Golf Society

Results Sheet 2014 Athlone Golf Club30/08/2014 Shay Moore Cup Sponsored by the Moore Family

| 1st Prize       | Terry Moore   | 34pts    |
|-----------------|---------------|----------|
| 2nd Prize       | Brian Shields | 31pts    |
| 3rd Prize       | Brendan Bean  | 30pts B9 |
| 4th Prize       | Barry Desmond | 30pts    |
| 5th Prize       | John Carroll  | 29pts    |
| Front 9         | Barry Farrell | 15pts    |
| Back 9          | Sean Farrelly | 15pts    |
| Visitor         | Maura Malone  | ·        |
| Nearest the Pin | Sean Lennon   | ·        |
| 2's Club        | No Winner     |          |
|                 |               |          |

Maynooth Golf Society's Annual Shay Moore Cup to Athlone Golf Club was played on 30th August, only 22 members played due to the late tee time of 1.00 to 3.00pm, and also the All Ireland semi final replay between Mayo and Kerry was on at 5.00pm. This affected the poor attendance to Athlone. The weather conditions were good for golf and the winner on the day was Shay's brother Terry Moore scoring 34 points to win the cup. 2nd place, Brian Shields 31 points, 3rd Brendan Bean 30 points, 4th Barry Desmond 30 points.

The prizes were presented by Sean Moore and the captain Gerry McTernan to all of the winners in McMahons Bar. There was a large attendance for the presentation of prizes. McMahons served food for all the members and supporters of the society on the night this added to make the presentation night a great success. Thanks to Sean and all of the staff at McMahons.

Thanks also to the Moore family for their continued sponsorship of this outing.

#### HATHA YOGA CLASSES

Improve your physical and mental wellbeing as you develop a toned, strong and flexible body while learning to relax and focus the mind



The Studi

North Kildare Club Monday 13th October

&

The Leinster Clinic Maynooth Tuesday 14th October 7:00pm to 8:30pm

 ${\bf Enquires\ and\ bookings\ please\ contact\ John}$ 

Phone 087 753 2714

or email yoqainbliss@qmail.com

# **Community Council Notes**

#### September 2014

A vote of sympathy was extended to the Flood family on the death of Liam Flood. Described as "the gentleman" Liam was a world champion poker player and tournament organiser, his sudden death has left a shocked and saddened community.

The minutes of July 17th were read and agreed. There were no matters arising.

#### Concerned Parents at Maynooth's Gael Scoil

A letter from concerned parents of Maynooth Gael Scoil was read to the meeting. It outlined their concerns at the lack of a footpath to the school and associate dangers. The letter requested MCC to consider their concerns. It was noted by the meeting that a proper footpath and cycle lane leading to the school was part of the original plans. The issue had been raised a number of times with Kildare County Council. €60,000 from Councillor John McGinley's discretionary fund was used for the present path which is not adequate for the numbers using the path. MCC agreed with the concerns outlined and will write to the area engineer supporting the request and to encourage investigation into the matter.

#### Financial situation

The Chairman reported that it  $cost \in 34,000$  last year to keep the scheme going (PRSI, Tax and Rent). This year is it envisaged that it will  $cost \in 50,000$  due to the increase of the number of workers on the scheme. It was stressed that is very important that the MCC fundraise to meet these demands.

#### **Sub-Committees and affiliates**

Educate together: The school is nearly full. There are 20 pupils in 6th Class. Enrolments are complete. All the staff did the Ice Bucket challenge. Some of the children created loom bands and raised €50 for Trocaire. There was a prize giving event.

#### **Tidy Towns**

One of Maynooth's greatest success stories is the work of Maynooth Tidy Towns. Maynooth received 299 points in the Tidy Towns Competiton (Large Town category – 10,000-15,000 population) which earned the town a well deserved bronze medal. The points were 10 up on last year which was a great achievement considering that some towns in other categories received a gold for 309 points. The report noted a lot to commend the town but there were some other observations such as the presence of graffiti, non-uniform trees, some and improvements needed to the top parts of the streetscape, so there is still more work to do. The judging of the town took place on 17th June.

The meeting expressed its thanks to Maynooth Tidy Towns for the wonderful work that they have done. The Chairman noted that the group is one of the greatest assets to the town. A round of applause followed.

#### **Senior Citizens**

The club has resumed after a break for the month of August. Members enjoyed their stay at Kerdiffstown, others went to Lourdes. There will be a Tea Dance and the Labour Party walk in October. There were further developments on the Meals on Wheels project. Members were delighted that the Club has restarted.

#### **Maynooth Community Church**

Maynooth Community Church organised a very enjoyable Arts Festival in the Square in July. There was an observation on the design of the Square in relation to its use for festivals and performance. It was noted that the design almost stops use. There was some discussion on the possibility of covering in or roofing the central square. It was noted that the existing beams were in a poor state. It was clarified that the Square and its

future development is included in the Maynooth Area Action Plan already. The Maynooth local area plan is in the Community Library.

#### St. Patrick's Day Parade

John McGinley and Willie Saults have stepped down as the organisers of the St. Patrick's Day Parade. It was proposed that Naoise Ó Cearúil take over the organisation of the parade. Naoise expressed his thanks at taking over the reins in organising what is the biggest parade outside Dublin.

#### Maynooth Local History Group

MLHG were very busy time during Heritage Week and they also contributed to the Maynooth Summer Festival. Thanks were expressed to Mary Cullen, Peter Nevin and the Irish Commemorative Volunteers (Dublin Brigade), for their involvement in the Castle events for the Maynooth Summer Festival.

#### Festiva

The Maynooth Summer Festival was very successful. (see full report in Newsletter)

#### **Local matters**

Maynooth University rebranding and the Irish language It was brought to the attention of the meeting that Conradh na Gaeilge were disappointed that there is no Irish in the newly rebranded title of Maynooth University. It was agreed that MCC send a letter to the President to express its disappointment and to request reconsideration.

The meeting noted the closure of Kehoe's Delicatessen & Restaurant which has proudly served Maynooth for the last 27 years. Wishing Ted and Alverne a happy Retirement.

#### **Nuadha Players**

Auditions will took place on Wednesday 10th September in the Soccer Club for "Little Red Riding Hood"

# **Editorial**

The president Michael D. Higgins gave an address to the Vincent de Paul recently where he warned that there is a danger that the country will enter a new era of boom and bust unless politicians are very careful. There are very few real intellectuals as leaders of Irish life, very few who could be described as knowing how important ideas, morals and ideology are in shaping a society. Indeed, society or country are seldom referred to; we live now in a place called 'economy' or even 'Ireland Inc' although that moniker seems to have died with the poor tiger. In speaking about the economic collapse of 2007-8 the president said:

"The opportunity we must not let go to waste is that of addressing the root causes of the crisis precipitated by the global financial meltdown of 2008 and the model of society it supported. Indeed it is not enough to say that the upheavals caused by an unprecedented banking collapse and property bubble can be fixed if the right supervision and regulatory mechanisms are put in place. The current crisis has moral and intellectual ramifications that run much deeper than that. It calls for an interrogation of the values, the vision of life and of human relations that animate us as a society."

He had spoken of these 'moral ramifications' long before the collapse, one of those visionaries who could see that the Western World, but Ireland in particular had simply lost the plot.

In the same speech he goes on to say:

"The risk, as I see it, is that if we do not tackle the assumptions that have inflicted such deep injuries on our moral imaginations, we will end up going back to "business as usual" – as many of those advocating acquiescent fortitude on "the road to recovery" would like us to do. There are signs already – on the housing market, on the credit markets – that such a return to business as usual may be underway."

He also discusses the Universities in the same speech and says:

"In a first phase of the Ethics Initiative - the second of my Presidency initiatives after "Being Young and Irish" - I invited Irish third level Institutions and the Royal Irish Academy to contribute Indeed Universities have, I believe, a crucial role to play in nurturing alternative ways of thinking and in crafting an intellectual response to our current situation. The positive answer Irish universities gave to that invitation, the many ideas they put forward, and their commitment to organise some 50 events over the course of this year - many of which have already taken place - are greatly encouraging. Yet one had the impression of a fractured vision, of concerned scholars not in contact with each other, of a system under such neo-utilitarian grip that it yielded in the goal of delivering a pluralist teaching of economic theory and history.

His reference to the university system is interesting as the current student intake begin their education in Maynooth. One can look at this in two ways: the insider view of the university whether that is as a staff member or a student or as a resident of the town. Inside the university there are many diverse ways of looking at this as well; the academic staff will have a view, the backroom staff will have another view and those who run the institution will have yet another view and so it goes on. But the town could not believe the sudden emergence of white plastic signs announcing the 'rebranding' of the university as Maynooth University overnight. The 'rebranding' was not necessarily the issue, although that also gave pause for thought, it was the tacky white plastic letters on the Kilcock Road and other places that were thought simply hilarious. The students took the opportunity to either play 'Countdown' with them and re-arrange the letters or simply to steal them. The renaming of the university will continue to be a matter for debate and whether this is a good idea or not. But the fact that it happened entirely in English was raised immediately at the Community Council meeting locally. This was also a matter for anger, disbelief and reaction within the university community. This will have to be addressed as soon as possible. Bhí alltacht ar dhaoine go ginearálta i mbaile Mhá Nuad nach raibh focal Gaeilge le feiceáil ar na fógraí nua san Ollscoil agus bhí sé sin soiléir ó dhaoine nach mbeadh aon suim acu i nGaeilge de ghnáth. Bíonn daoine ag súil le dhá-theangachas ó áiteanna mar Ollscoileanna agus níor chreid siad go bhféadfadh a leithéid tarlú anseo. Ar ndóigh tá an costas a bheidh ar seo uile le ceistniú freisin - airgead pobail atá i gceist agus anois beidh ar an Ollscoil tuilleadh airgid a chaitheamh ar na leagain dá-theangacha. Cuimnigh – tá páipéir, ríomhphost, idirlíon agus gach saghas áis eile i gceist. Finally, this editorial cannot finish without some reference to the No vote in our near neighbour

Finally, this editorial cannot finish without some reference to the No vote in our near neighbour Scotland. It certainly raises the question and the relevance of identity and culture and language. The Scots seem to have decided that these issues will survive in the UK and that they do not need independence to ensure the survival of their culture. It also raises the same question for Wales and Northern Ireland and maybe, in view of what has been mentioned above, for us as well.

Muireann Ní Bhrolcháin

### Letters to the Editor

The Chairman,
Maynooth Community Council,
Unit 5, Carton Park,
Maynooth,
Co Kildare.

8th September 2014

Dear Sirs,

I am writing to you on behalf of a group of concerned parents whose children attend the Gaelscoil Ui Fhiaich on the Celbridge Road, Maynooth, Co Kildare. I refer to the situation with regard to the pedestrian footpath on route from Maynooth to the school – the path running parallel with Laurence's Avenue.

As you are aware, there is no footpath on the other side of this narrow road. In our view, the existing path poses a significant danger to all pedestrians, in particular children using the path to and from school. This pathway is not guarded (i.e. by a rail) and its users are literally a couple of feet away from a steady and fast moving traffic flow. This is particularly heavy during the "school run" period.

The pedestrian volumes on the path are also quite heavy during early morning and school "pick up" times. There are large numbers of parents and children on the path. Some of the children use scooters and push bikes. Unfortunately it would take only a small fall from either of those, or a misplaced step by a young child, to result in potentially disastrous consequences.

There appears to be a large amount of green space on the other side of the wooden rail which bounds the right hand side of this path (the wooden rail itself constricts the pathway, preventing any leeway for path users away from the road traffic). We have heard that the residents on Laurence's Avenue have no wish to see a path introduced there. If this is indeed the case, I find it very difficult to understand what right these residents have in matters of road safety? Is it necessary for a child to be injured in some way in order for some action to be taken to remedy this situation?

We would be most grateful if you would earnestly consider our concerns regarding this very serious safety issue. Some straightforward solutions which have been suggested include:

- 1. The erection of a safety metal rail/fence from the junction of the Celbridge Road/Laurence's Avenue to the end of Laurence's Avenue at the Gaelscoil end of the path.
- 2. The removal of the existing wooden fence and hedges on the right hand side of the pathway to enable an "overflow" during busy periods.
- 3. The removal of the fence and hedges and the creation of a new wider footpath, incorporating the existing one, on the sizeable green space over the existing fence.

Again, we urge you to consider the matters raised and we greatly look forward to hearing from you as soon as possible.

Yours sincerely,

Barry Smith 11 Parklands Grove, Maynooth Co Kildare



#### ASK SHARON THE STYLIST!!

"I'm actually more confident when I'm tanned." Sanina Shaik - Model from Australia.

Question: "How do I apply a fake tan at home without getting loads of streaks?"

FACT: Lately we've been hearing lots of horror stories about skin cancer from using sun beds or from not using an appropriate sunscreen when out in the sun or sometimes even nothing at all. Summer is here and the safest thing to do is slowing build up your colour. Have you ever heard of 'Fake it till you make it' well getting an all over even glow doesn't mean you have to go on sun beds or wait for your summer holiday. If you want skin that looks like it's been kissed by the sun, just follow these simple steps and remember a bad tan job will fade, but the pictures will last forever.

#### Fake Tanning-the rules

**Exfoliate:** You need to exfoliate that dead skin. Focus on rough areas like knees, elbows and ankles. **De-fuzz:** A faux glow is all about preparation. Wax 48 hours beforehand/shave 24 hours before you apply tan.

**Moisturise:** Dry skin is a major no no. Thirsty for moisture it will suck in self tan and leave you with dark patches. Allow the skin to absorb the moisturiser before you smooth on your tan.

Vaseline: Rub a small amount of Vaseline on your eyebrows and Fingers to avoid discolouration.

Nails: To prevent destroying your manicure and toenails, use a cleansing wipe to prevent them turning brown.

The right one for your skin: Fair skin can opt for a light to medium and olive tones can opt for darker tan Be Patient: With a Tanning Mitt or Latex gloves apply the tan in circular motions. Start at your ankles and work your way up following the manufactures instructions.

**Tan at night:** The perfect thing to do is apply just before bed as you can refrain from activities that will make you sweat also avoid showering for 6-8 hours after application.

What to do when it goes wrong: We've all had a tanning nightmare so whether you've made one arm three shades darker than the other or your tan is a streaky mess don't panic -there are always ways to fix it. As soon as possible have a hot shower, to speed up the process add a few squeezes of lemon into your shower gel. Lemon juice and oil make your tan fade faster and if you soak the mitt in lemon juice the acidity will break up the colour. Whitening tooth paste on your hands and in between fingers can reduce stains as the acetone in it helps fade the tan.

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# PRESS RELEASE Independents warn of limited Council

Independents warn of limited Council services following Local Property Tax reductions

With Local Property Tax being essential for council services in Kildare in 2015, Independent councillors Pádraig McEvoy, Paddy Kennedy, Teresa Murray and Anthony Larkin have highlighted how service provision will continue to lag following the reduction of the Local Adjustment Factor. Voting against the agreed 7.5% cut, the independent councillors anticipate that Kildare County Council will not meet expectations associated with the LPT. While there are many unfair aspects of the LPT, a few key facts that influenced their decision.

7.5% reductions across the bands offers the following savings:

o Band 1: 11,888 properties will each save €6.75 (€80,244) o Band 2: 17,089 properties will each save €16.88 (€288,462)

o Band 3: 23,033 properties will each save €23.63 (€544,269)

o Band 4: 11,962 properties will each save €30.38 (€363,405)

o Higher bands: 10,328 properties will each save an average of  $\in$ 36.18 ( $\in$ 373,620)

Total value of reduced services is circa €1.65m Savings per property were considered against the history of per capita underfunding of services for Kildare's expanded population. By replacing previous funding sources, the Government"s Local Property Tax is the main fund for Kildare County Council to solve issues around footpath repairs, completion of housing estates and their taking in charge, street light repairs, playgrounds, traffic calming, improved road safety measures, community grants, etc.

12.9% growth in Kildare's population to 210,212 by 2011 was not matched with proportionate funding which has compounded impacts on local services

Kildare County Council had central funding reduced by  $\ensuremath{\mathfrak{C}}$ 2.5m since 2012 1

Kildare received €46 per person in the 2013 General Purpose Grant compared to an national average of €93 (Similarly, €150 in 2009 for a national average of €251) 2

Compared to a national average allocation of &116.85 per capita, a 0% reduction in Kildare represents &84.40 per capita.

Compared with 2014 levels, an additional €1.11 M "surplus" in 2015 (with a 15% reduction) would equate to €222,000 of discretionary works in each of the 5 Municipal Districts

Kildare County Council has the 2nd lowest staffing/ population ratio (1:252) compared to a national average of 1:175 2

Increases in Kildare's car tax intake since 2012 corresponds with requests for traffic calming and safety schemes across the county

Many motions that have been put forward by councillors were not progressed due to a lack of funding Cllr Pádraig McEvoy said "There are many unfair aspects of the local property tax but it is now the main funding scheme available to deliver the services that people asked for during the 2014 local election."

Cllr Paddy Kenny commented, "I am particularly concerned for community grants towards Christmas Lights, community games, Tidy Towns, twinning and for the costs associated with established festivals in the former town councils."

Cllr Teresa Murray spoke about "A need for funding to allow the council respond to requests for repairs and infrastructure across the counties. While savings on the LPT will help some families, the council will be hindered in its capacity to help the most vulnerable."

Cllr Anthony Larkin called for "A longer term view since Kildare has been poorly funded for the last 5 years. The small saving per property will result in missing big opportunities for our citizens."

> For further information, contact Pádraig McEvoy on 086-8658262

# **Maynooth Labour News**

Cllr. John McGinley can be contacted at: - 6285293 or 087 9890645 - E mail jmcginley@eircom.net - Web: www.labour.ie/johnmcginley/

#### Kildare Labour Councillors Propose a 15% Reduction in the Local Property Tax

The following Labour Party Motion was on the Agenda for yesterday's meeting (22 September) of Kildare County Council:

"That this council reduces the local property tax by 15% to ease the burden on homeowners in County Kildare as the tax cut can now be afforded without any reduction in overall funding."

Cllr. John McGinley made the following points:

- 1. Council services will not be reduced as a result of the 15% reduction in the Local Property Tax, indeed the opposite is the case as the Council will still have and additional €1.1m above what it was getting this year after the 15% cut.
- 2. The Councils Finance Committee have recommended a 15% cut
- 3. All of the adjoining Dublin Councils have already agreed to a 15% cut.
- 4. Giving it back to households is the fairest way to distribute any surplus money and each household would get on average a €50 reduction in their Local Property Tax as a result of the adoption of the Labour Party Motion. Unfortunately at the meeting two alternative motions were put forward:

The Fianna Fail/Fine Gael coalition on the Council proposed that the reduction to households be only 7.5% and incredibly the Independent Group proposed that there be NO reduction for households.

The Fianna Fail/Fine Gael motion was passed as they have a majority on the Council."

#### Council Agrees to Implement Maynooth Parking By-Laws

Cllr. John McGinley submitted the following motion for the consideration of the Maynooth Municipal District (MD) meeting on 10 September:

"That the parking by-laws for Maynooth, which were adopted on 23 December 2013, be implemented irrespective of what happens with the private car park adjacent to the public car park."

The Council Officials replied that "The Roads and Transportation Department would support this Motion and can act on that basis subject to the agreement of the Municipal District."

The Municipal District members agreed unanimously to Cllr. McGinley's motion.

## Cllr. McGinley Demands Lower Train Fares Between Maynooth and Kilcock

Cllr. John McGinley submitted the following motion for the consideration of the Maynooth Municipal District (MD) meeting on 10 September:

"That representatives of Iarnród Éireann be called to a Maynooth Municipal District meeting to address the expensive rail fare from Kilcock to Maynooth and also to deal with litter at the track at Kilcock Station."

John pointed out that the fare between Kilcock and Maynooth is 65.70 whereas between Maynooth and Dublin it is 64.35.

It was agreed that Iarnrod Eireann would be asked to send representatives to the next Maynooth MD meeting.

## The Area Engineer Outlines Footpath Priorities for Maynooth

The Area Engineer outlined his priority for footpath improvements are the Maynooth MD meeting on 10 September as follows:

- 1. The east side of Mill Street
- 2. The path along the southern boundary to Greenfield Shopping Centre
- 3. Sections along the Dunboyne Road (Dillons Row)
- 4. A new section of path (260m in length) between Laraghbryan Cemetery and the Leinster Clinic.

Cllr. McGinley stated that he agreed with the priorities and that he had looked for these improvements in the past. John said that it was good to see that the footpath at Mill Street was resurfaced at the same time as the street. He also pointed out that it will probably be necessary to erect bollards along the southern boundary of Greenfield

Shopping Centre in order to prevent cars and trucks from parking on the footpath. The new path was being laid at the time of writing (22 September)

# Missing Lights at entrance to Phase 2 Old Greenfield at the Band Hall

Cllr. McGinley was given the following Progress Report at the Maynooth MD meeting on 10 September on his motion to have these two lights replaced:

"ESB Networks removed these Network pole mounted lights without consulting Kildare County Council when they were upgrading the ESB network poles in the Maynooth area. Kildare County Council has identified and approved a solution for the missing light in Old Greenfield and is currently investigating options for the light removed by the ESB at the Band Hall"

# Cllr. McGinley Calls for the Post Box to be put Back in Maynooth Post Office

Maynooth Post Office is probably the only one in the country that does not have a Post Box. Cllr. McGinley asked his colleague, Emmet Stagg T.D. to write to An Phost about the matter and Deputy Stagg got the following reply from the Chairman of An Phost on 29 August:

"I refer to your communications concerning the posting facilities located outside Maynooth Post Office, Co. Kildare.

Following receipt of your letter, I asked the Operations Manager for the area, Mr. Marshall Craig, to investigate the issues you raised. Mr. Craig reports that the facilities in the Maynooth area are currently under review with particular emphasis on seeking a resolution to the lack of facilities at the Post Office. It is expected that this review will be completed within the next 3 to 4 weeks. The intention is to implement any proposed changes as soon as feasible after that and we will update you on the developments.

I trust my letter explains the position. If I can be of further assistance, please do not hesitate to contact me." Deputy Emmet Stagg and Cllr. John McGinley Submit Observations on Appeals Lodged to An Board Pleanala Concerning Mycete Proposals for Moyglare Hall/Road In their observations on the appeals Deputy Stagg and Cllr. McGinley fully supported the residents in their objection to the new access road onto Moyglare Road and the construction of Apartment Block 5 at Moyglare Walk. They pointed out that:

"The National Transport Authority in their submission dated 10/7/14 clearly expressed deep concerns about this proposed new access road and the consequences it will have for congestion on the Moyglare Road and the use of this new access road to access all of the Moyglare Hall Development."

In relation to Apartment Block 5 they pointed out that it should be omitted given the serious reduction in amenities it will cause to existing residents in the area through a loss of amenity and privacy.

# Deputy Stagg and Cllr.McGinley Support O'Neill Park Residents

Deputy Stagg and Cllr. McGinley have supported O'Neill Park Residents in their objections to the Housing Development behind them. The objection relates to two issues:

- 1. We strongly object to the proposed Walkway/Cycle Track to the Lime Walk/Carton Avenue from the new development.
- 2. We have asked for a 1.8m boundary wall between O'Neill Park and the new development

#### Cllr. McGinley Calls for the Courthouse Square to be Transformed into a Lively Civic Space

Cllr. John McGinley has submitted the following motion for the consideration of the Maynooth Municipal District:

"That measures be put in place to implement Policy TCS 8 of Maynooth Local Area Plan i.e. to transform the Courthouse Square into a lively civic space providing a quality and usable space for the community to enjoy." In the meantime Cllr. McGinley has asked that the rotten timber beam on the pergola be replaced.

Cllr. McGinley Calls on Kildare County Council to

Speed up the Taking in Charge of Housing Estates

Cllr. McGinley submitted the following motion for the consideration of Kildare County Council:

"That this Council proceeds to implement Motion 21, on the taking in charge of housing estates, as agreed at 30 June 2014 meeting i.e. take in charge estates with the exception of water infrastructure."

The motion arises as a result of the failure of Irish Water and County Councils nationally to agree on a protocol for the taking in charge of water infrastructure in housing estates since the start of the year.

John was given a two page reply by Council Officials and the relevant part was as follows:

Kildare County Council proposes to resume the taking in charge of estates at the request of the residents from 1 November 2014 if a protocol for taking water services infrastructure in charge by Irish Water is not in place by

Separately. Cllr. McGinley also asked his colleague Emmet Stagg T.D. to raise the issue with Minister Alan Kelly and he got the following reply on 16 September:

"I refer to recent correspondence in relation to the taking in charge of housing estates. This matter is currently under discussion between Irish water, the Local Authorities and my Department. It is expected that these discussions will be concluded shortly and the relevant protocol agreed with local authorities. My Department will revert when this has been agreed."

#### Cllr. McGinley Again Calls for Fagan's Lane, Maynooth to be pedestrianized

Cllr. John McGinley has submitted the following motion for the consideration of the Maynooth Municipal District: "That Fagan's Lane, Maynooth, be made pedestrian only in the interest of public safety."

## €797,796 Grant to Kildare Co. Council to Improve Social Housing Stock

Deputy Emmet Stagg has welcomed the announcement by the Minister for Environment Alan Kelly T.D. of an allocation of €797,796 to Kildare Co. Council for adaptations and extensions to Council Houses to meet needs of tenants with a disability or where there is overcrowding and a further allocation in upgrading the energy efficiency of Council Houses.

An allocation of €329,829 has been provided to Kildare Co. Council for adaptations and extensions to council houses to meet tenant's needs with a disability or to address serious overcrowding. This allocation stated Deputy Stagg will enable Tenants to continue to live in their homes with suitable adaptations to improve their quality of life. Works that may be undertaken under the funding would include the provision of stairlifts, walk in showers and building ground floor accommodation where required.

An additional allocation stated Deputy Stagg of €467,967 has been allocated to Kildare Co. Council for energy retrofitting works to Council houses. This is on top of the allocation of €416,687 announced last February. Works included in the retrofitting will include attic and wall insulation and it is estimated that the works will reduce annual heating costs by up to €400 per year. This will go a long way to reducing fuel poverty, carbon emissions and will support job creation.

In conclusion Deputy Stagg stated that the Grant announcement was good news for Tenants which will see an improvement in their quality of life.

#### Tony Smith Memorial Walk in Aid of Maynooth Senior Citizens on 19 October

Our Annual Tony Smith Memorial Walk will be held on Sunday 19 October. It starts at 3.00 pm from Maynooth GAA Grounds on the Moyglare Road and goes through Carton Demesne and back to the GAA. It is a very enjoyable walk through beautiful surroundings and all are welcome to participate. Sponsorship cards are available from John McGinley.

John is also available on Facebook



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The world of book publishing has changed. It is now relatively easy to become an Independent 'Indie' writer and many choose to take that path. Having recently successfully launched my own books on Amazon, I have some useful tips and advice for those that might want to dip their toe in the water. First and foremost of course you must ensure that you are prepared. Make sure your manuscript is print ready before you start. By this I mean that you are happy the final draft is without error and fully proof-read. If we take this as a given, the first steps to becoming a published author are relatively easy.

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fan base. Friends and family will help get you started but it is important to make your books accessible to the wider world. You can set up a web page of course, but a professional page worth having can cost money so in the early stages you can use alternative outlets to allow people access to your

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Importantly becoming an Indie writer is going to require some time and effort. You don't have the marketing back-up of a publisher; you are your own publisher so you have to promote your own book. It is a process and you will have to be patient. Each step will be a learning process and you will make mistakes and learn from each one. Don't imagine instant success or you will be disappointed. But put in the time and effort and it can be rewarding and satisfying. If you are unfamiliar with the world of social media and blogging, don't be afraid. You will quickly become an expert and learn some new skills along the way.

Most importantly remember one last thing. Writers write. Don't keep that book in your head. Write it down, even if it is only a few words a day, write!

Max Power is a Maynooth Local and his books are available on Amazon.

Titles include Darkly Wood and Larry Flynn and Max can be found on facebook.com/maxpowerbooks





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### **Chimney Fire Prevention Tips**



#### Did you know that:

Chimney fires can cause structural damage to your house or the adjoining property Sparks from chimney fires can set fire to surrounding properties Blocked chimneys can result in fumes entering your home and can cause carbon monoxide poisoning

#### When to clean the chimney:

Coal burning fires – twice per year Wood or turf burning fires – at least twice per year Oil-fired appliances – once per year (if designed for sweeping) Gas fired appliances – once per year (if designed for sweeping)

#### **Fire Prevention:**

Don't use flammable liquids such as petrol or paraffin to light your fire Don't burn paper or rubbish

Don't overload the fire with fuel

Use a spark guard on open fires

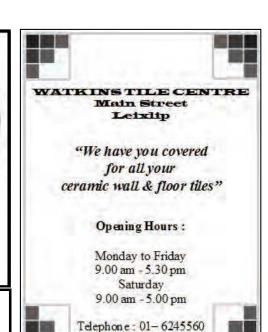
Go into the attic occasionally when the fire is alight to check for smoke from cracks, defective brickwork, or mortar joints

#### If you have a chimney fire:

Dial 112 (or 999) and ask for the Fire Service Make sure your spark-guard is in position Move furniture and carpets away from the fireplace

Keep doors and windows to the room closed

Bring everyone in the house to the ground floor and be ready to leave the house







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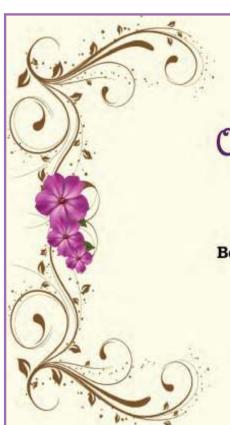
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# A Hidden Gem in the Heart of Maynooth

Glenroyal Beauty Salon opened its doors in December 2011 and is considered by many to be a hidden gem tucked away inside the Glenroyal Leisure Club. In the 3years since its inception, the Glenroyal Beauty Salon has built a loyal client base from Maynooth itself and surrounding areas, while also welcoming hotel guests and visitors to the area.

The therapists in the Glenroyal Beauty Salon are professional, friendly and extremely good at everything they do. Lisa, a senior therapist with the salon since its opening, has almost a decade of experience in the beauty industry and is highly qualified in many areas, achieving the level of 'specialist' with the highly acclaimed Dermalogica skin care range. Aoife, is another highly sought-after therapist with the salon and is also trained in a wide range of treatments. These girls form the backbone of the salon's continuing success.

Whether treating yourself to a luxurious treatment or just getting a little 'routine maintenance', the Glenroyal Beauty Salon has you covered. They offer everything you'd expect from a beauty salon – waxing, manicures, pedicures, facials & massage. However they also offer treatments that go beyond the routine and basic to the innovative and exciting. Enter the Minimi Body Wrap!

What is a Minimi (pronounced mini me) Body Wrap? Simply put, a Minimi wrap is a non-invasive treatment offering you a better body. It can help you to drop a dress size after just one treatment by providing permanent fat (not fluid) loss. The added anti-cellulite ingredient will achieve a noticeable improvement in the appearance of cellulite dimples, in addition to the inch loss. Results can be seen immediately but will also progress over the 72 hours following the relaxing treatment. The Glenroyal Beauty Salon offer a great discount if you book a course of these amazing wraps.

Glenroyal Beauty Salon's skin care range is largely built upon the highly-respected Dermalogica brand. The therapists are very knowledgeable in this area and offer a free detailed analysis of your skin and personalised skincare recommendations.

Lycon wax is available for all your hair removal needs at the salon. It is marketed as 'the only wax worth taking your clothes off for' and this may very well be true. It can remove stubborn hair as short as 1mm, removing the need for longer regrowth time and thanks to the pre-wax oil that is applied to your skin, this clever wax shrink-wraps just the hair (and not your skin) making the whole experience almost pain-free.

The latest addition to the salon's expanding product range is Fuschia Make Up. Fuschia is a fantastic multi-award winning Irish Mineral Make-Up that provides long-lasting, flawless coverage. Glenroyal Beauty Salon use Fuschia products in their make-up applications and also retail the brand so when you find the colour palette that suits you, it's easy to stay stocked up.

It's great to see a company which was set up in the midst of a recession, thriving. This is largely due to the quality and range of treatments on offer, the professionalism and friendliness of the staff who receive on-going training to stay ahead of the trends and the great value for money on treatments which is only compounded by exciting special offers each month.

Glenroyal Beauty Salon is open late 6 nights a week. Find Glenroyal Beauty Salon on Facebook and follow them on Twitter for news, special offers and competitions. Don't forget, leisure club members get 10% discount on treatments.

#### **Eve Larine**



L - R Tina Murphy, Patricia Sheridan, Ann Sheeran, Martin Carter, at the photo exhibition in Maynooth Library

Eve Larine is an Occupational Day service catering for people suffering with a Mental Health problem, where all participants come for a meaningful day. People can experience

art/ceramics, gardening, catering, personal development, outings etc, with experienced staff who are always willing to listen and help when they can.

We won the Centre of excellence in 2013 with the Lundbeck. We got  $\epsilon$ 3,000 and we bought six Nikon Cameras and set up our Camera club.

The idea was that the person behind the camera was in control for example: if a group take a photo of an apple, it is amazing to see the different interpretation that each person can make. It was really nice to see people that thought they did not have any skills and to see them blossom behind the lenses.

We have also made a mini film during the Green Ribbon Campaign to the tune of Pharrell Williams "Happy" with the cameras.

If you wish to view this go to www.evelarinecourt.blogspot.ie

We have a garden centre which is open to the public where you can come in a browse.

Opening times are:

8.30am – 4.00pm Mon /Thurs 8.30am – 3.00pm Friday

No Saturday or Sunday opening

If you want any more information please contact Paul Dowling Manager at 016289465

#### Walk to the Tyrconnell Tower, Sunday 24th August 2014



Seamus Cullen and Declan O'Connor of Maynooth Local History Group co-presented this event with 22 attendees. The Tower was reached after a gentle 20 minute walk. Seamus explained that Richard Talbot (from the Talbot Family of Malahide) owned the Leasehold of Carton when King James II created him Earl of Tyrconnell and Lord Lieutenant of Ireland in the 1680's. Richard Talbot (known to friends and opponents as "Fighting Dick" or "Lying Dick") was a divisive figure. He died during the second siege of Limerick and is interred at St. Mary's Cathedral there.

Richard Talbot had started to construct the original Tower as a Talbot Family Mausoleum.

It was a vanity exercise that was never completed because the Irish supporters of King James II were defeated, and the remains of the Tower/Mausoleum over time fell into ruins. The completed Tower would have been a striking public statement, visible from all around the area.

The Duke of Leinster remodeled the ruins in the gothic style when building Follies became a fashionable gentry exercise. In 1849 Queen Victoria visited Carton and was brought to view the Tower.

Declan handed out the lyrics of the satirical song "Lillibulero". The lyrics were composed by Thomas Wharton who was one of the prime movers when King James II was deposed in favour of his daughter Anne and her husband William of Orange. There were plenty of unflattering references to Richard Talbot in the song lyrics, which was a powerfull piece of propaganda. "Lilibulero" became the marching song of the Williamite Army and continues as an Army marching song. It became the signature tune of the BBC World Service in the 1930's.

The Heritage Event concluded with a visit to the private cemetery of the Fitzgerald Family in Carton, and where flowers were laid at the tree commemorating Thomas Fitzgerald, the Earl of Offaly, only son of Maurice and Fiona Fitzgerald, the current Duke and Duchess of Leinster. Thomas had passed away following a Road Accident in Limerick.

The Duke and Duchess had planned to attend this event but were unable to do so, but they hope to attend Heritage Week in Maynooth in 2015.

Maynooth Local History Group wishes to thank the Mallaghan Family and the Management of Carton House for its kind permission to host this event, and also for their continuing support.

#### WHEN IT COMES TO TIDINESS MAYNOOTH IS TOPS



Maynooth achieved its best ever result in the Super Value Tidy Towns competition capturing a Bronze Medal for yet another year and coming within just one mark of bringing home Silver.

Maynooth topped Category F alongside Castlebar in Co Mayo and trumped towns of a similiar population like Arklow Co Wicklow and Cavan town. It was a great honour to Represent Maynooth at the Helix. I was joined by our Chairman Mattie Callaghan, Volunteers John Kavanagh and Des Matthews.

It is heartening to see the town make significant progress every year.

Maynooth received 299 points out of a possible 450 a gain of 10 points on 2013.

This is Maynooths 38th year in the Tidy Towns Competition. We have come a long way and there are not many towns who are progressing year-on-year in the way we are. The efforts made by local Businesses, organisations and Residents Associations were all very helpful in achieving these awards (Best Kept Tidy Town in the 32 Counties 2014) and Bronze Medal in the National Competition 2014.

The Tidy Towns committee are urging the community to continue to get involved in making Maynooth a Cleaner, more environmentally friendly town to work and live.

Local volunteers meet every Saturday in Courthouse Square at 10AM and Sunday morning at 7 45AM. If you would like to help PHONE 087 3153189.

Mary Molloy Maynooth Tidy Towns



### **WING TSUN - IEWTO**

#### **Maynooth**

#### **Self – Defence Class**

Venue: Maynooth Community Space Unit 11 Carton Park (Tesco) Shopping Centre Maynooth



#### **Class Times**

Wednesday 8 - 10pm Sunday 10am - 12pm

Instructor
Si-Hing Barry Smith 12th SG

\*Discounts available for students and unwaged \*

Contact - Barry Smith Phone: 087 9695475 E-Mail: wingtsunmaynooth@gmail.com

# Salon: 91

New Hair Salon in Maynooth

#### **October Offers**

Cut & Blow-Dry €25 Tuesday & Thursday

Wash & Blow-Dry €10 Monday & Wednesday



Phone: 01-6106570 for appointment or drop in and check us out at Dillons Row, Dunboyne Rd., Maynooth (opposite the girl's school)

# GENIL BUY A BUS CAMPAIGN

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# Maynooth Scouts

Maynooth Scouts are planning the opening of their new Den in the refurbished Geraldine Hall for Saturday 11 October 2014 at 3 p.m. The plan on the day is to start with a march from Carton Avenue to the Geraldine Hall, followed at the Hall with an Official Opening performed by our Chief Scout, M.J. Shinnick.

Tony Myles Group Secretary

### THANK YOU!!

The Maynooth Festival Committee would like to thank the following local businesses for their generosity in making *"The Taste of Maynooth"* competition such a success:

ARAMARK – AVENUE CAFÉ – BISTRO 53 – BRADY'S – CAFÉ BON BON – CARTON HOUSE – CHILL DOWNTOWN – DONATELLO'S – ELITE CONFECTIONARY – GLENROYAL HOTEL – McDONALD'S – McMAHON'S – NEWTOWN CHINESE – OAK ALLEY – O'BRIEN'S – O'NEILL'S – PAPA JOHN'S – PICADERO'S – ROOST – ROYAL CITY – STONE HAVEN – SUPERMAC'S – TANSEY'S – THE COFFEE MILL – THE COFFEE LOUNGE – THE GATEHOUSE – TWIST

#### Taste of Maynooth Winners

- Brian Cassidy Maynooth
- Mick Kearney Leixlip
- · Leah Edwards Maynooth
- Jennifer Crawley Maynooth

Our thanks to all those who supported the draw and all the ticket sellers for their help.



Brian Cassidy, being presented his "Taste of Maynooth Prize"by Sinéad



Michelle Edwards accepting the prize on behalf of her daughter Leah from Adrienne



Jennifer Crawley receiving her prize from Sinéad

# Maynooth and Kildare 1916 Commemoration Committee

This exhibition is the first of three planned by the Committee relating to the Irish Volunteers during the decade of commemorations.

Next year an exhibition entitled Conspiracy of the Maynooth and Kildare Volunteers from August 1915 - March 1916 will be exhibited throughout Heritage week 2015

The following year 1916 the exhibition is entitled
The activity of he Maynooth Volunteers during
Holy Week and Easter week 1916

This will include a specially commissioned Play and Documentary on the Women of Maynooth and North Kildare

Who played their part in the Rising, performed by An Nuadha Players

The committee wish to acknowledge the financial support from Kildare County Council also assistance from Kildare County Library and Arts Service and the National Library of Ireland

#### Committee:

Fergus White: Hilda Dunne:
Terry Nealon: Seamus Cullen:
Graphic Design: Terry Nealon:
Historical Research: Seamus Cullen:
Drama Research: Siomha Glynn



St Mary's Church. It will be the first time anyone can remember for a major parish social get together, and excitement is building.

Tickets are €75 for the Ball (which will not be black tie, you'll be glad to know) to include a champagne

reception in the grand old house of Carton; a full meal in the main ballroom, and followed with entertainment by the great 16 piece band favourite Route 66, who are guaranteed to provide music and dance to suit all tastes...great value when you consider that over €25 out of every ticket will go directly to the refurbishment fund. The overall event is being sponsored by Carton House and the champagne reception is sponsored by the Avenue Restaurant.

Tickets are already selling fast, with both individuals and some corporates showing interest. Corporates can avail of a table of ten for €750 as a pre Christmas event for staff or customers. The funds are badly needed to take on a major refurbishment of St Mary's church, with plans to repaint the interior, replace the flooring covering and to carry out repair work to the external grounds.

covering and to carry out repair work to the external grounds. Over the past couple of years 652,000 has been spent on repairs to the roof area of the 175 year old building. The parish was able to fund these costs as well as cover day to day expenses, and at the same time reduce the parish debt from 6175,000 3 years ago to just under 690,000 today. They received a contribution of 650,000 last year from Diocesan funds which was gratefully received. But the main contribution comes from the regular envelopes and standing order contributions from parishioners. The first and second collections at all Masses go in their entirety to the Diocese.

It is not possible therefore to take on the plans to repaint the church without special fundraising. The proceeds of the Parish Ball will go to a completely separate Church Refurbishment Account. Tickets are available from the parish office telephone 6293018, by email from <a href="mailto:parishball@gmail.com">parishball@gmail.com</a>, or from the many tickets sellers.

# **Maynooth Summer Festival 2014 in Photo's**



# **Maynooth Summer Festival 2014 in Photo's**





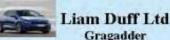
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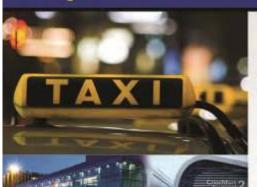
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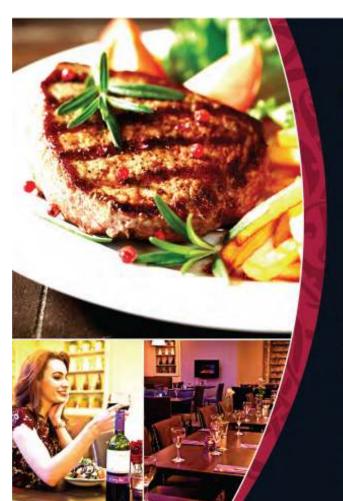
#### **Maynooth Tidy Towns**



BDO Ireland has given us the temporary use of the former premises of Home World in Main Street. This has enabled us to display the various Certificates and Trophies that we have won over the years.

Elsewhere you will read about the National Tidy Towns results 2014. Richard Farrell PRO





# Saints Restaurant

## Newly Refurbished Restaurant - Now Open

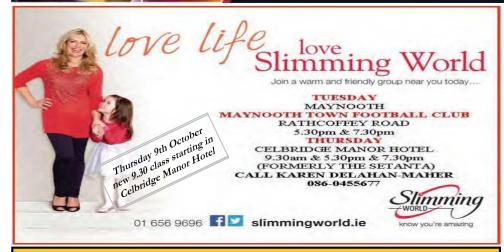
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# NAME OF THE PARTY OF THE PARTY

Maynooth Local History
Group would like to
thank the
photographers Rory
O'Connor & John Boyd

for their work during Heritage Week. The organisers of Ladychapel Graveyard event would also like to thank Ray Connolly, Ladychapel for the use of his field for car parking. It was much appreciated on such a wet night.



Copy Date for the November edition of the Maynooth Newsletter is Tuesday 21st October

### **Clane Toastmasters**

Clane Toastmasters is having an open day on Wednesday 1st October at 7.45pm, all are welcome. Our meetings are held in Clane GAA club on the 1st and 3rd Wednesday of each month and we openly encourage new members. If you would like to improve



your speaking and leadership skills in a friendly and encouraging atmosphere, then take the first step and come along to see for yourself.
You can also ring Maureen 087-2258020 or Tomás 086-3064474 for more information.

#### Freaky Fingers

Ingredients 100g caster sugar 100g butter 1 egg yolk 200g plain flour

1/2 tsp vanilla extract

20 blanched almonds

red food colouring, paste is best (optional)

#### Method

For the freaky fingers, place the first five ingredients and a pinch of salt in a food processor and whizz just until a ball of dough forms. Tear off a golfball-size piece of dough and use your hands to roll into finger-size cylinders — you should get about 20. Place on a baking sheet lined with baking parchment — a little apart as they will spread during baking. Use a knife to make a few cuts, close together, for the knuckles. Place an almond at the end of each finger and trim away excess pastry around the edge to neaten. Place in the fridge for 30 mins, heat oven to 180C/160F/Gas 4, then bake for 10-12 mins just until firm. Leave to cool a little, then paint the almond with food colouring, if you like. Makes 20.



Skull

8 straws

8 large marshmallows

16 semisweet chocolate pieces

1 small chocolate caramel log

#### Mummy

8 straws

8 large marshmallows

4 ounces white rolled fondant icing

2 ounces vanilla-flavored candy coating, chopped

8 candy-coated milk chocolate pieces

8 small round candy-coated chocolate pieces

#### Method

Skull

Insert a straw into each marshmallow. Press in two chocolate pieces for eyes. Flatten chocolate caramel logs and cut into thin strips. Use strips to form "mouth". Mummy

Insert a straw into each marshmallow. Roll fondant to 1/8-inch thickness and cut into 1/4-inch wide strips. In a small saucepan cook and stir candy coating until just melted. Cool slightly. Dip marshmallows into candy coating and wrap fondant around wet marshmallows. Place on waxed paper to dry. Attach "eyes" with additional melted candy coating.









#### Meaty Mummies

To make, skewer a purchased meatball and a 4-inch piece of summer sausage stick with a 6-inch wooden skewer. Combine 8 ounces of cream cheese and 1 teaspoon of purchased pesto. Spread some of the mixture over the meat skewer and wrap with cooked fettuccine noodles. For a more bulky body, spread with additional cream cheese mixture and wrap with another layer of cooked fettuccine. Add capers for eyes. Serve with pasta sauce for dipping.











#### Bloody Soda

- 1 cup com syrup
- 10 drops red food colouring
- 2 tablespoors vanilla extract
- 1 liter soda water or lemon-lime soda

Mix the corn syrup with the food colouring and vanilla. Pour the soda into glasses and drizzle the corn syrup mixture around the rim and into the glass. For an added creepy effect, drop candy eyeballs into the bottom of the glass.



Autumn is truly upon us - the leave are changing colour and the air is chillier. There are still jobs to do in the garden. Regularly clear up fallen leaves. Cut back perennials that have died down. Divide herbaceous perennials and move tender plants into the greenhouse. This



month is the last time you should have to mow the lawn this year. Leave seedheads for the birds if you are not going to collect them. Clean out thoroughly the greenhouse before you start to store things over the winter - this prevents pests from hibernating for the winter. Prune climbing roses. Order seeds for next year. Keep planting spring-flowering bulbs such as wallflowers, forget-me-not, bellis, primula and pansies. It's a good time to plant herbaceous perennials. Lily bulbs can be planted now in pots. Lift and divide flowering or overcrowded herbaceous plants. After the first frosts lift dahlias and cannas. Not forgetting hanging baskets - keep deadheading, watering and feeding them till the end of Autumn Once everything has finished flowering, you can re-plant with spring-flowering bulbs, winter heathers, trailing ivies and spring bedding plants.



Containers must be lifted off the ground over the winter to help with drainage so that they are not sitting in water over the winter. Remove stakes and other supports as herbaceous plants die down for the win-



Continue to collect and store seeds. Check chrysan-

themums regularly for signs of white rust and treat as soon as possible. Grey mould can also develop in wet weather. Remove affected leaves as soon as it is spotted. Avoid feeding plants late in the season. Dig the soil as this will expose pest larvae to birds and frosts. This will also help to clear weeds and improve the soil. It is an ideal time for moving and planting trees, shrubs and climbers and hedge planting. This is the last time to trim deciduous hedges. Also prune bush roses now, this will prevent wind rock. Shrubs such as buddleja davidii, comus alba and lavatera can now be cut back by half. Take hardwood cuttings from plants like rosa, cotinus and salix. Once ripe - berries, fruits and seeds can be sowed immediately. Also check tree ties and stakes before the weather turns bad.



Don't forget to place nets over small ponds to prevent leaves and debris falling in, remove any dving foliage. If you did not clean up your pond last month then do so now. Clear out weeds and excess plants, leaving them to the side of the pond so that



any wildlife has a chance to get back into the pond. Remove pumps, fountains and lights. Clean them and store them away in the greenhouse over the winter. Not forgetting to place a tennis ball on the surface of the pond as this will help the pond from freezing over when the weather gets colder. Dig up root crops (apart from parsnips) including carrots, beetroot and potatoes. Dry thoroughly before storing in boxes or paper sacks. Don't forget to take out any diseased/rotten ones. Plant crops such as winter lettuces, autumn onion sets, spring cabbages, broad beans and garlic. Cover them with fleece and net for protection from the birds. Remove any tatty yellow leaves from Brussel sprout, cabbages, cauliflowers and broccoli. Pot up mint, parsley and chives for the winter.



Harvest any remaining raspberries, apples and pears. Plant fruit trees and new strawberries; clear out old plants and weeds, position the newcomers a foot apart in rows wide enough apart so you can walk between them. Make sure the crowns just show above the



soil, firm them well and water regularly if dry. Dig up and split old rhubarb crowns, replanting with a good pile of manure under each plant. Cut out the canes of blackberries, loganberries and tayberries which fruited this year and tie in the new ones. Get your lawnmower and hedge trimmers serviced before putting away for the winter. Repair and clean all garden tools. Prepare your soil for next year, adding in as much compost, manure and organic matter as you can. Do it now before the soil gets heavier over the winter. Keep an eye on your contamers as they might still need some water. Ensure that trees and shrubs have a circle of clear earth around them - this allows moisture to get to the roots. Mulching with bark will also help. Tie new shoots on roses to supports to prevent them thrashing about when the weather turns. For a natural look to planting, why not just throw some bulbs in the air and plant them where they land.

Tickle the earth with a hoe, it will laugh a harvest!



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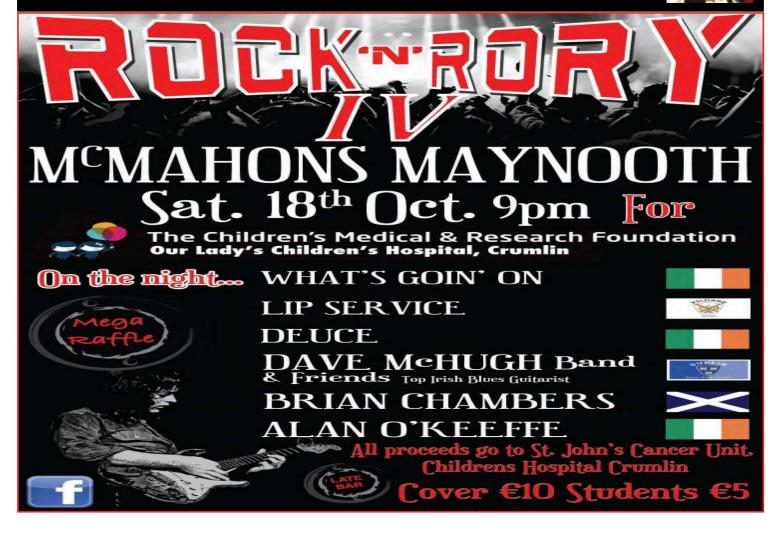


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# What Time Is It, Really?



This month on Sunday, October 26th at 02:00, the clocks will change again, moving back by one hour as the Daylight Savings Time of summer comes to an end. Losing or gaining an hour twice a year is a routine feature of our lives but something about which few people think. Why do we change our clocks, and why do some countries choose not to? What exactly is GMT, and how does it relate to UTC? How many seconds are in a day?

The answers to these questions are more complicated than people might imagine because time is a system of measurement that we have invented and refined throughout history. As our methods of measuring time have increased in precision, differing and sometimes competing systems of measurement have emerged. Despite how carefully we base our lives on our sense of time, "time" is hardly a fixed concept but instead a dynamic system. We must continually update it in order to keep up with our expanding knowledge and especially our technology.

To understand our current systems of timekeeping (for we have more than one, and they do not quite agree with each other), we need to know from what they have evolved and how we have refined our time scales throughout history. There are several different categories of time scales that are generally based on what they use to measure time, such as Earth Rotation time (time scales based on the earth's rotation), Atomic time (based on the rate at which an atom decays), and Dynamical time (based on comparing the motions of objects with physical models – i.e. celestial bodies move like the hand of a clock). Only time scales based on Earth's rotation have any connection with 'days' in the traditional sense, so they do not have a simple relationship with our calendars. The idea of a 24 hour day only makes sense with regard to a time scale based on earth's rotation. However, earth's rotation is not static, either, and is gradually slowing down, making these time scales internally inconsistent as well. It remains the most well-known and widely used time scale.

#### **Leap Years? Try Leap Seconds**

Coordinated Universal Time (UTC) is the standard for civil time around much of the world and is a familiar concept as time zones are all based off positive or negative offsets from UTC, and UTC is what synchronises internet networks and cellular towers across the world. Your computer and phone both keep time using the UTC scale. Because of this, it is often mistaken for being interchangeable with Greenwich Mean Time (GMT). However, GMT is only a very specific kind of Mean Solar Time - the Mean Solar Time of Greenwich Meridian. GMT is a time scale based on the earth's rotation, so it has the same problems as any other solar time.

UTC, on the other hand, is a very contentious time scale because it is trying to compare two things that are incommensurate. It tries to combine both categories of time scale by counting both the mean solar days as measured by the rotation of the earth as well as the number of seconds as measured by Cesium atomic clocks (TAI). Because these two time scales do not match up, a problem immediately arises wherein the duration of a UTC day and the duration of a UTC second have no relation. It is the only time scale where the day is not a fixed factor of 86 400 seconds.

Because of this discrepancy between Atomic and Solar time, UTC requires a way to synchronise the atomic clock and the astronomical clock. It does this with leap seconds. Leap years are a common topic, but few people realise that every couple of years or so, the International Earth Rotation and Reference Systems Service (IERS) needs to add a leap second to that year. Atomic clocks are so precise because they remain stable over time, but the earth's rotation is not nearly that stable and is slowing down over time. If leap seconds were not added periodically, the two clocks would drift apart more and more every year.

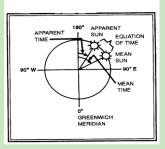
It might not be immediately observable to us as we are talking about a matter of milliseconds, but it is hugely important in our increasingly digital world. Much of our technology and computer systems work off of UTC and require a high degree of synchronisation. The clocks were already 10 seconds off when they decided to start using leap seconds, and so far, 25 leap seconds have been added since 1972, so there is currently a difference of 35 seconds between atomic and solar time. The last leap second was added on June 30th, 2012. As our efforts to measure time continue to advance, we will likely develop even more scales and with their own synchronisation problems. Our relationship with time has only grown more complex over our history rather than less.

#### Earth Rotation Time, or Solar Time

The day is the basic element of the calendar, as the most obvious indication of the passage of time throughout history has been the day-night cycle caused by the earth's rotation around the sun. The rotation of the Earth and moon create tides, which turn even rocks into a kind of geological watch. Rhythmites are rocks created by sediment being laid down into layers with obvious regularity and periodicity. Tidal rhythmites create a geological record of a variety of cyclical events that we track, such as the diurnal tidal cycle of low and high tides and the spring tidal cycle.

**Apparent Solar Time** (often called Local Time, or LT) is the first method of timekeeping humans invented and has been used since before writing and recorded history. Obvious phenomena such as the sunrise, sunset, and the sun passing the meridian (high noon) are used to calculate time. Anyone with a stick in the ground can determine high noon. However, Earth's orbit is elliptical and oblique, making any calculations based on apparent noon variable.

Mean Solar Time (MST) is the scale designed to take into account the variability inherent to Apparent Solar Time. It averages the rotation of the earth in the absence of the annual variations caused by its elliptical and oblique orbit. Even mathematicians as far back as Ptolemy understood the problems with AST and had discovered many of the principles used in MST to correct them. By the 19th century, timepieces were accurate enough that most of civilisation was using MST instead of AST. Telegraphs were the first technological advance widely used by the general public that required people to synchronise their activities over long distances, so they helped to established Mean Solar Time's prominence.



**Standard Time** is the mean solar time of a conveniently located meridian. The development of railroads led to the development of standard time zones so that every rail station could share the same mean solar time. The UK railways adopted Standard Time in 1840 and the US adopted it in 1883.

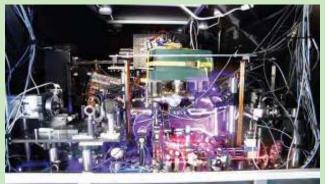
Daylight Savings Time (also known as DST, Summer Time, or British Summer Time) is not a worldwide standard time scale as it was primarily promoted by governments as a way to increase productivity and, more recently, to save energy. The practice causes a lot of argument between advocates and critics. There is little evidence or often contradictory evidence that DST saves any energy, and it causes problems for activities tied to the sun, such as farming. It also disrupts things dependent on timekeeping, such as billing and records, medical equipment, and sleep patterns among other things. Some businesses, such as theatres lose out on business due to the longer afternoon hours, while other kinds of retail shops and sports gain from the change. DST is a prime example of a time scale that has nothing to do with time and is instead based on politics and a conflicted social psychology.

#### **Atomic Time**

Atomic time is a different category of time scale altogether from those based on the rotation of the earth. Atomic time is our most precise way of answering the question of how long a second truly is. According to the International System of Units, a second is officially defined as the time it takes one Cesium-133 atom at the ground state to oscillate exactly 9,192,631,770 times. This is tracked with atomic clocks designed to detect this frequency. There are over 200 hundred atomic clocks today in over 50 laboratories, and most of them work by using atomic fountains. They are extraordinarily precise, deviating only by around 1 second every 20 million years.

**International Atomic Time** (also known as TAI) is the most impeccable and precise measure of time we currently have. The International Bureau of Weights and Measures determines TAI by combining the output of over 200 atomic clocks around the world. The scale is then further refined as it prioritises data from those clocks with the highest quality Cesium.

Because Atomic Time has no relation to the rotation of the earth, it consequently has no relation to our calendars. This makes it difficult to compare it meaningfully with Mean Solar Time. New time scales were created which could take into account aspects of both Atomic Time as well as Mean Solar Time.



#### Sinn Féin Maynooth Local News

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#### HOUSING CRISIS

The return of the students adds to the critical housing crisis we are experiencing in North Kildare. Sinn Féin made sure to put Housing on the agenda of every Kildare County Council meeting requesting a monthly update of the situation to be reported at council.

I must admit watching returned councillors talking about the crisis month after month as if it just fell out of the sky is very frustrating. One of the incentives Kildare County Council is trying to promote is the Rental Accommodation Scheme. Landlords who have rental properties available for periods between 4 to 15 years might consider what's known as the RAS scheme. If you think you might be interested please contact ras@kildarecoco.ie

The housing and homelessness crisis can't be tackled just on an either/or basis. While I have serious reservations about RAS as it certainly has not provided a safeguard against eviction, the situation is so critical at the moment that unfortunately we must face the fact that homes cannot be built overnight.

Sinn Féin, both locally and nationally, will continue to call for a local authority home building programme. The "fantasy economics" of right-wing politicians paying state funds to private landlords rather than tenants paying rent to Kildare County Council is ludicrous in the extreme. Building social housing would create thousands of jobs and increase Kildare County Council's rent revenue.

#### PARSON STREET - MISSION IMPOSSIBLE

With Back to School comes the increase in traffic and driving in Maynooth is becoming more and more like Mission Impossible. Traffic back-ups and congestion is ever increasing in our already over-congested town. The junction of Parson Street onto Leinster Street is seriously contributing to the problem, with asymmetric traffic lane alignment, very short green traffic light periods from Parson Street, and confusing and road markings at variance with each other.

I submitted a motion to Maynooth Municipal District meeting regarding these markings and was told that this was "best practice"! The left only road marking is covered by the second car stopped at the traffic lights and drivers not familiar with the junction can easily assume that this lane is also straight ahead. Kildare County Council has agreed to erect a sign indicating that the left lane is a left only lane. With constant traffic conflict over this I shall be following up on this matter.

#### ELECTION EXPENSES

Election expenses had to be returned to Kildare County Council last month. In the interests of transparency I wish to make it know that my campaign cost a total of

€1,535.78 including VAT. That covered €750.78 on my campaign literature and €785 on my posters. This was by far the least amount spent by any of the successful candidates in this local electoral area. Sinn

Successful candidates in this local electoral area. Sinn Féin offering the best value for money comparing expenditure to votes received. I didn't submit any figure for shoe leather.;)

#### HERITAGE WEEK

There were many different activities around the county for Heritage Week with many of them taking place in Maynooth. The most enjoyable and informative was the walking tour with the Maynooth 1916 Centenary Committee and many thanks to the organiser, a local young man, Eoin McCormack.

The evening started off in Maynooth with a walk around the town with a tour of the houses where some of the volunteers lived. It was very special to be joined by the niece and nephew of Pa Weafer, one of the Maynooth 15. After a train trip into Connolly Station we met up with the Irish Volunteers Dublin Brigade, the Collins 22 Society and the granddaughter of Thomas McDonagh who guided us around the 1916 sites in Dublin. The guided tour was splendid but it is truly a disgrace to see the state of the Moore Street revolutionary quarter. The last headquarters of the republican leaders in 1916 is controlled by NAMA and plans to turn it into another shopping mall are derisory to their memory. Moore Street and the adjoining historical lanes must be preserved and in time for the 1916 Commemoration in 2016.

### MEAN-SPIRITED 7.5% REDUCTION OF LOCAL PROPERTY TAX

I was bitterly disappointed after the Fianna Fáil/Fine Gael pact prevented the Local Property Tax being reduced by the maximum permitted 15% at the full Kildare County Council meeting on 22nd September. It was galling to see Fianna Fáil, the party who dreamed up this unfair tax cosying up and voting with Fine Gael, the party that implemented it. It was especially galling as at least two of them promised that they would "work to reduce the property tax by 15%" with the other promising "to use my vote to reduce the property tax by full 15%".

But the biggest shock was when most of the Independents on the council put forward a motion to leave the tax without reducing it at all. I really feel sorry for people who voted Independent thinking they were voting for someone like themselves, because that was the perception. The narrative was that you couldn't trust the parties but that the Independents would behave in the interests of the citizen. Sadly that was not the case from both independents from the Maynooth Municipal

District.

It seems that once again the citizen will bear the brunt for the mismanagement of our country while elected councillors are unwilling to challenge national government.

Talk of potholes and the state of our roads was the order of the day leaving me to wonder why I paid my motor tax. You know ... that money you pay over to Kildare County Council that is "used to maintain and upgrade the road network in Ireland". I copied that from the Motor Tax website!

Needless to say this led to a heated debate but the fact that Kildare was in the enviable position of being one of ten counties that could afford the 15% reduction without further cuts to local services and still have an excess of €1.1 million was lost on them. The Labour councillors also had a motion to reduce by the full 15% but even with the support of two independents from two other municipal districts the numbers were against us. They don't seem to know or care that people are really worried about where they're going to get the money to pay their water tax bills next year and a reduction in the property tax would have been a small help. Local services in an area should NOT be determined by

Local services in an area should NOT be determined by the value of homes in that area. This tax by its very nature suggests that affluent areas deserve better services than poorer areas and as an egalitarian republican that is repugnant to me.

Talk of "moral fibre" and "tough decisions" are an insult to our intelligence. Far better to see elected representatives have the "moral fibre" to make the "tough decision" to stand up for those they represent and keep their promises.

It is grossly unfair that every county can't reduce this hated tax by 15% and it shows what an inaccurate, thoughtless and downright cynical notion it was. Sinn Féin is committed to abolishing this tax in government and with house prices on the rise and this tax set to keep increasing the sooner that is the better.

As it stands the 7.5% decrease will last for 2015 when there will be another vote taken this time next year as to whether to reduce by the 15% for the year 2016. You may be heartened but you should probably be disgusted to hear that one of the councillors said it'll probably pass next year as the parties will be in election mode!!! Still, I suppose at least we have transparency.

If you would like to become politically active in our community feel free to contact me, Réada Cronin, using any of the contact details at the top of the page for an application form.

Alternatively you can text the words Sinn Fein, followed by your name and address to 51444.

#### HALLOWEEN FILM SPECIAL - HAPPY HALLOWEEN!!

It's that time of the year again folks. Autumnal leaves, students back in school/college and shorter duller days. It can only mean one thing – the witching season is nearly upon us! As usual, cinemas across the country will attempt to lure you in with the promise of gore and thrills along with your popcorn and nachos!



**A Walk Among The Tombstones** (starring Liam Neeson) is already doing the rounds and gothic horror will be delivered up by **Dracula Untold** when it opens nationwide on 3<sup>rd</sup> October. However, the big treat of the Halloween season will, undoubtedly, be the reissuing of the 1984 classic spook-fest – **Ghostbusters.** 

Screenings will coincide with the film's 30-year anniversary. The anarchic fun and antics of Bill Murray, Dan Aykroyd and Harold Ramis (paranormal investigators extraordinaire!) will once more burst on to cinema screens. Expect slimy ghouls, ectoplasm and the Stay Puft Marshmallow Monster from 24th October onwards!

Fans of British actor, Colin Firth will be happy as he's fairly ubiquitous at the moment. The debonair actor is currently starring in two films at cineplexes; the psychological thriller – **Before I Go To Sleep** and Woody Allen's period romantic-comedy, **Magic In The Moonlight**. In the New Year, Firth will also appear with Michael Caine in spy-spoof **Kingsman** – **The Secret Service**.



Films to watch out for include the true-life story of Christina Noble and her inspirational fight to help the homeless children of Vietnam and Mongolia. Steven Bradley directs Irish actress Deirdre O'Kane in the leading role in **Noble**. By contrast, David Fincher's screen adaptation of the best-selling novel of 2012 – **Gone Girl** – promises to deliver suspense and chilling mystery. Ben Affleck and Rosamund Pike star in this story of a missing American housewife. **Noble** is currently on general release and **Gone Girl** will be in cinemas on 3rd October.

# Catherine Murphy Independent TD E-mail: catherine.murphy@oireachtas.ie - Phone 01-6156625 (Leixlip) or 01-6183099 (Dail) - Web: www.catherinemurphy.ie

#### **Worrying Decrease in Leixlip Services**

Independent TD Catherine Murphy has highlighted the gradual reduction in vital services available in the Leixlip area, most recently with the removal of the Community Welfare officer and Public Dental Service from the area.

"On the 29th of August, the current Community Welfare Officer, who was based in the Health centre on Leixlip Main Street, retired, and instead of replacing him, the Department have decided to move the entire service to Maynooth. From the end of August onwards, there will be no emergency CWO service and while there will be one hour a week standard service on Wednesday mornings for September, this will cease in October and the entire service will relocate to Maynooth. The new CWO in Maynooth will take on the Leixlip case load as well as the current Maynooth area case load and so the service will come under greater pressure to cope with increasing demand while resources decrease. I am also concerned that the Department of Social Protection have not widely advertised the closure of the CWO service in Leixlip and many people may not be aware of the loss of such a vital service.

"Recently the Public Health Dental Service, which also resided at the Community Health Centre on Main Street, was closed and relocated to Celbridge. This is extremely inconvenient, particularly for those families that don't have a car, as public transport links between Celbridge and Leixlip are non-existent and therefore those families would be forced to rely on taxi transit for a dentist appointment. This is not acceptable."

"I am very concerned that a town the size of Leixlip, with such a large population and a role as a commuter town to the capital city, would see such a downgrading of services and I am wondering where the rationale is behind the decisions to relocate these essential services to other parts of the County."

# Property Tax is Nothing More than a Replacement Tax

Independent TD Catherine Murphy has reiterated her comments that the property tax was never going to be anything more than a replacement tax for the funds that are being siphoned off from Local Government Fund to pay the National Debt and establish Irish Water.

Deputy Murphy has repeatedly drawn attention to the decimation of the Local Government Fund which has reduced from its peak of €999 million in 2009 to €637 million in 2013 with an estimated further reduction to €450 million this year. Traditionally this fund was made up of motor tax receipts and Deputy Murphy says that both the Local government Fund and the Motor Tax fund have been plundered in order to fund Irish Water and pay the national debt.

"This Government deliberately misled people into believing that the introduction of property tax would result in increased and improved services at local level. That was never going to be the case when at the same time they were decimating the traditional funding stream to local authorities. The Property Tax was introduced as nothing more than a vehicle to replace what they were already taking out of the funding for local services; it was never going to add to it."

"Additionally it is unfair that the General Purposes grants are distributed to local authorities based on the needs at a specific point in time that is in the past. This method greatly disadvantages areas that continue to see population growth and demand for services increasing, particularly urban areas. These areas are now at a double disadvantage because the property is more expensive than more rural areas and therefore they pay more property tax yet see a reduced level of government funding and therefore a reduced level of services."

"It is also important to note that many of those in the large urban centres are stuck in negative equity and because property tax is based on the property value rather than the actual net value, many people are paying a property tax on what is effectively a debt they are liable for rather than a property."

## National Library Funding Crisis is Symptomatic of Wider Problem

Referring to reports today that the National Library of Ireland is at a critical point due to funding cuts that have put the collections at risk, Independent TD Catherine Murphy called on the New Minister for Arts, Heather Humphries, to reverse the recent trend of cutting supports to vital cultural institutions

Deputy Murphy been tabling Parliamentary Questions on this issue since last year and highlighting the unsatisfactory way we deal with the cultural institutions that are charged with safeguarding our most valuable historical records and artefacts and also making them as available as possible to the public.

"Recent PQ replies to me have indicated that only 1% of the collections are stored in a way that conforms to best international practice and this is just not acceptable. The funding to the National Library has fallen from just over  $\in 13$  million in 2007 to  $\in 6.3$  million this year. At a time when there is an increasing demand for its services with the rise in popularity of genealogical research, the resources are dwindling and the collection is being put at risk. The situation makes absolutely no sense from either an economic or a cultural aspect."

"People need to understand that these institutions are vitally important in not only preserving our history but also in making that history accessible to the millions across the world who are actively trying to reconnect to their Irish heritage and there are huge opportunities in facilitating this in a modern and progressive way but that requires investment."

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www.taichikildare.com

# **Know Your Rights**

# **Know Your Rights : Getting a PPS number Ouestion**

I've just moved to Ireland and I'm looking for a job. Some potential employers have asked for my PPS Number. What is it and how do I get one?

#### **Answer**

Your Personal Public Service Number (PPS Number) is a unique reference number that helps you to access public services in Ireland. Sometimes employers say that you must have a PPS Number when applying for a job. What they really mean is that you need to have the right to work in Ireland and they use the PPS Number as shorthand for this. However, in law they are not entitled to do this (and having a PPS Number does not prove that you have the right to work in Ireland).

The legislation that governs the use of PPS Numbers states that the PPS Number can only be used by:

- Any organisation listed in legislation (a public or specified body)
- Any person or body authorised by a public body to do so
- Any person who has a transaction with a public body

This means that private companies or bodies (including potential employers) cannot use the number unless they are carrying out a transaction with a public body such as Revenue. The Personal Public Service Number Code of Practice on the Department of Social Protection's website outlines who can use the PPS Number and for what purposes.

If you have newly arrived in Ireland you cannot get a PPS Number unless you need it for a transaction with a specified body. For example:

- Starting work (so you can pay tax, PRSI and Universal Social Charge)
- Applying for a driving licence or exchanging your existing one for an Irish driving licence
- Applying for Child Benefit or another social welfare payment
- Setting up an account with Irish Water

Only the Department of Social Protection can provide you with a PPS Number. You can find a list of the social welfare local offices that can allocate PPS Numbers on the Department's website. You will need to fill out an application form (which is only available from one of these PPS allocation centres), provide proof of your identity and evidence of your address. You may also be asked to show why you need a PPS number.

# **Know Your Rights: Local Property Tax** and the local adjustment factor

#### Question

What is the local adjustment factor for the Local Property Tax and how will this affect me?

#### Answer

Until now, Local Property Tax (LPT) rates have been the same nationwide - 0.18% for properties valued up to €1 million and 0.25% on any balance over €1 million. However, from 2015 on, a local

authority may vary these basic rates within its own area by a maximum of 15%. This means that your local authority can either increase or decrease the rates of LPT payable in its area in 2015 by up to 15%. This is called the local adjustment factor. While the local authority has the power to vary the rates, the LPT will still be collected by Revenue. The elected members of a local authority must consider the issues and decide whether to apply a local adjustment factor for 2015. To do this they must have passed a formal resolution to vary the rates and must have notified Revenue on or before 30 September 2014. If they reduce LPT rates by 15% in 2015, for example, this will result in a corresponding reduction of 15% in the amount that the local authority gets from the central LPT fund in 2015. (Each local authority will retain 80% of LPT to fund public services in 2015. The remaining 20% will be redistributed to provide top-up funding to certain local authority areas that have lower property tax bases than others because of the variance in property values across the State.)

The introduction of the local adjustment factor means that residential properties of the same value in different local authority areas may pay different amounts of LPT from 2015 on, depending on whether the local authority has applied a local adjustment factor or not.

For example, if your house is valued under  $\in 100,000$ , you will have paid  $\in 90$  LPT in 2014. If the LPT rate in your local authority area is increased by 15%, you will pay  $\in 103.50$  LPT in 2015 and if this rate is decreased by 15%, you will pay  $\in 76.50$  LPT in 2015. Your LPT record will be updated in October 2014 to include your 2015 LPT charge. You will be able to confirm your LPT rate for 2015 by accessing your online LPT record.

# **Know Your Rights: Household Benefits Package and water charges**

#### Question

I live alone and get a State Pension. Will I be able to get any help with the new water charges?

#### Answer

Domestic water charges will apply from 1 October 2014 and the first bills will issue from January 2015. A free allowance of a certain amount of water will be provided for every household, with extra allowances for children. If you are getting the Household Benefits Package, you will also get help with the cost of water charges.

From January 2015 the Household Benefits Package will include a new annual Water Support payment of  $\in$ 100 (made up of four equal payments of  $\in$ 25). The Water Support payment will be paid to everyone who qualifies for the Household Benefits Package. This includes people who are not customers of Irish Water and who either have their own water supply or are members of a group scheme.

If you are currently getting the Household Benefits Package and get your allowance as a credit on your bill, the Department of Social Protection (DSP) does not hold payment details for you. In September 2014 the DSP contacted customers to ask them to complete a form with their bank account information so the Water Support payment can be paid directly. The Water Support payment can also be paid in post

offices

The Water Support payment will be paid directly to you, not to Irish Water. If your home is connected to a public water supply (or to public wastewater services) you will need to set up an account with Irish Water to pay your water charges and to claim the free household allowance. Irish Water has sent customer application packs to all households, to be returned by 31 October 2014.

#### **Know Your Rights: Debt Relief Notice**

#### **Ouestion**

I am unemployed, getting social welfare and living in rented accommodation. I have large credit card debts and a credit union loan of  $\in 13,300$ . I can't make my repayments and the only asset I have is a car worth  $\in 1,200$ , which I need to take my son to school. Is there anything I can do to reduce my debts?

#### Answer

You may qualify for a Debt Relief Notice (DRN). This is one of three debt resolution mechanisms introduced under the Personal Insolvency Act 2012 for people who cannot afford to pay their personal debts. In general, you can qualify for a DRN if your net monthly income after deductions for reasonable living expenses is under €60 and your total assets are valued at €400 or less. There are some exceptions. You are allowed, for example, to own a motor vehicle valued at €2,000 or less. You may qualify for a DRN if all your qualifying debts are below €20,000, excluding certain "non-permitted" debts. You must apply for a DRN through an Approved Intermediary (AI). You must disclose all details of your financial affairs to the AI, who will then advise you whether or not you meet the conditions for a DRN, the consequences, any alternative options, and the fee that you may have to pay to the Insolvency Service of Ireland (ISI). The AI service is free. The DRN provides you with protection from creditors for three years. If your circumstances do not change and you meet all the conditions of your DRN, at the end of the three-year period the money you owe to the creditors named on the DRN will be written off.

You can choose an AI from the Register of Approved Intermediaries published by the ISI. Several Money Advice and Budgeting Service (MABS) companies have been authorised to act as AIs. If you are thinking of applying for a DRN through MABS, you will first need to answer some questions to check if you meet the eligibility criteria. You will need to gather all relevant information about your debts, assets, income and circumstances. You can get further information from MABS on 0761 07 2000 (Monday to Friday, 9 am to 8 pm) mabs.ie or from the ISI's helpline 0761 06 4200 (Monday to Friday, 9 am to 6 pm) and isi.gov.ie.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public. Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

# Tidy Towns Competition 2014 Adjudication Report

| Centre: Maynooth                             | Ref: 377            |                      |
|----------------------------------------------|---------------------|----------------------|
| County: Kildare                              | Mark 299            |                      |
| Category: F                                  | Date(s): 17/06/2013 |                      |
|                                              | Maximum<br>Mark     | Mark Awarded<br>2014 |
| Community Involvement & Planning             | 60                  | 52                   |
| Built Environment and Streetscape            | 50                  | 40                   |
| Landscaping and Open Spaces                  | 50                  | 45                   |
| Wildlife, Habitats and Natural Amenities     | 50                  | 32                   |
| Sustainable Waste and Resource<br>Management | 50                  | 15                   |
| Tidiness and Litter Control                  | 90                  | 51                   |
| Residential Streets & Housing Areas          | 50                  | 29                   |
| Approach Roads, Streets & Lanes              | 50                  | 35                   |
| Total Mark                                   | 450                 | 299                  |

#### Community Involvement & Planning / Rannpháirttiocht an Phobail Pleanáil:

Welcome to the Supervalu Tidy Towns Competition 2014 and congratulations on your continued participation over the past 50 years. We have noted that your very active committee of twelve people have some who are contributing for more than 25 years so well done to them and it is good to see new members adding their support and that another ten volunteers have offered to help on projects. The monthly meetings throughout the year and get together on other occasions are noted. You have strong links with residents, voluntary groups and receive support from local businesses and public bodies. The support of NUI and youths in the area is also important as are the many other groups that you have listed in your application. We read the enclosed issues of Maynooth Newsletter and are pleased that they include several items on your work programmes and achievements. Being part of the community web portal is an important link as is your use of facebook, notice board newspaper etc., as a means of communication. Having a Tidy Towns Liaison Officer for the three primary schools and the Post Primary school is commendable and the participation of children and their Green Flags on your float on St Patrick's day is important. Many thanks for attaching a map of the area with project locations marked for our attention and the legend for the numbers conveniently placed beside the map. The photographs accompanying the text were very useful. We are pleased to note that you regard the competition as contributing to strengthening community support and public awareness of environmental issues.

### Built Environment and Streetscape / An Timppeallacht Thógtha agus Sráid—dreacha:

Maynooth is a wonderful heritage town and we admired reading the small piece of its history in your submission. The 12th century castle ruins is a fine feature at the entrance to St Patricks College and is testament to your links with the past. Nearby, the fine St Mary's (Anglican) has an interesting history which we read on the stone plaque on the wall. We noted the improvement to Farrell bridge including new lighting so well done. The Newtown Inn and Restaurant looked well. The bunting in the Square was cheerful. Trees on the Main Street add significant character to Maynooth as do many good quality, well maintained commercial buildings that form the streetscape. Some of these include an Siopa Milsean, Elite Confectionary, Ui Neil, McMahon's pub and the lovely stone building of Mantra Hotel. No evidence of weeds or litter was observed here. Presentation Primary Girl's Primary School was well planned- a small amount of litter was seen here. We admired the redeveloped entrance to Carton estate which form a local point for Main Street the, seats and flower beds are inviting and we noted the bike racks were well used. The information sign is very helpful and the avenue of trees is spectacular. United Irishmen stone plaque on Tree of Liberty was noted.

Glenroyal Hotel complex looked well and we admired the new plant containers opposite.

The Lidl building was nicely landscaped; there is scope for some trees in the car

park and the grass margins of the industrial estate. The Maynooth Educate Together and Gaelscoil Ui Fhiaich schools are in good condition. Shops on the Dublin Road were well maintained and fronted with a fine stone wall. The Manor Mills Shopping Centre looked well. St Mary's Catholic Church is a fine building and St Mary's NS school has a good planting outside the Boundary; a dead tree here needs to be removed. Maynooth Post primary school also looked well. The GAA complex was clean, tidy, well painted and the grounds were well maintained. St Pauls religious house and the Moyglare Nursing Home across the road were well maintained. Genil Training Complex looked well but the boundary hedge needs attention to remove the briars and cleavers weeds. The Dunnes Stores complex is a major focal point building in the corner of Kilcock Road: we admired the planting on the side embankment. Aldi shopping complex also pleased. St Patricks College and the new University building form an important part of new and old environment in Maynooth. They are wonderful place s to explore and enjoy the buildings and landscape. We are very pleased with our visit to Laraghbryan cemtery. New and old is integrated. The stone boundary walls are fine features as are the mature lime trees. The altar was nicely placed between the old and new sections. No weeds, no litter and the grass and graves were well maintained. The number of seats placed throughout were very attractive and no doubt functional for visitors.

#### Landscaping and Open Spaces/ Tirdhreachú agus Spásanna Oscailte:

The Main structural elements in the landscape are trees and you have many good examples in Maynooth. The trees in the Main Street and Carton have already been mentioned. There are also important specimens of trees in the vicinity of Maynooth Castle and in the grounds of St Patrick's College. These trees are an important part of your heritage and the famous Silken Thomas (Taxus baccata) has been included in the recent book entitled "Heritage Trees of Ireland" by the tree Council of Ireland. Perhaps this could be highlighted more for visitors. The new trees on the University grounds add significantly to the Heritage of Maynooth as do some examples in the residential estates such as Moyglare Hall. In planting new trees it is best to use a single species on a road or street uniformity as was done on Carton Avenue. Also, it is important to ensure that the base of new trees is well maintained free of weeds and grass and also flower beds to ensure early establishment and we are pleased to note this the practice in Maynooth. When trees are established it is important to remove the stakes as the stems can get damaged from the tie and stakes. This is a problem for some trees in residential estates and we have mentioned these below. Guidelines for plant containers is to use them only where planting directly into the ground is not possible, for example, hanging baskets and we wish to commend you highly for the standard of baskets especially on Main Street. The white containers at Maynooth Castle and the containers in the Square and at the Sraffan bus turning were admired. The use of permanent planting is encouraged rather than relying on annuals which are more time consuming and again, this approach is evident in many of your planting schemes we note the inclusion of costs in your submission and that hanging baskets at a cost €4,000 were done based on the adjudicator's comments of 2012. In that regard, hanging baskets and window boxes do add importance to an area but the extent of usage has to be balanced with other projects needs.

## Wildlife Habitats and Natural Amenities / Fiadhúlra, Gnáthóga agus Taitneamhachtaì Nádhúrtha:

Maynooth is fortunate to have a rich natural area surrounding your community and it is important to promote an awareness of its many traits and to map these habitats. We admired the new information signs on Carton Avenue and at the Harbour, they are of a very good standard. Wildflowers on the canal bank at the Train Station (Harbour) looked well and the water lilies were beginning to flower on our visit. Joan Slade river also has a very good sign with information on the history of the rivers In Maynooth and the wildlife in the area. It is a delightful spot and we hope the bug hotel is fully booked. Appreciating your local wildlife resources is vital in order to achieve under this category. In this regard researching and raising awareness is more important than 'doing' at the early stages. We note your plans to undertake a wildlife survey of Maynooth and the nest boxes being used in Primary schools as well as the 60 bird boxes in the NUI grounds. Biodiversity is under threat globally and sadly Ireland is a part of this trend. Habitats of value include specimen trees, hedge rows, treelines, streams, woodlands and wetlands. List the plants and animals to be found in your natural environment and recognise their significance, protected, or alien invasive?. This would be a very useful project for

# Sustainable Waste and Resource Management / Bainistiú Acmhainnì agus Dramhaióla Inbhuanaithe:

This category is becoming more important and the available marks are now increased to 50 highlight the need for communities to address the issues involved in tackling the growing waste mountain that is creating problems of pollution, unwanted land use, and the use of dwindling resources. The recycling in excess of 26 tons of WEEE material and almost 600 tons of glass in Maynooth is impressive. We note your Waste Minimisation Officer's appointment to work with schools and your support for the Green Campus imitative at NUI. A number of other sustainability measures for you to consider are: Examine the waste pyramid and note the recycling is only the fourth most preferred option after avoidance, reducing and re-using. One third of our waste is organic in nature, such as grass clippings.

You can avoid collecting mown grass by more frequent cutting and using mulching mowers which shred the clipping and facilitate faster decomposition. In regard to water usage, self watering hanging baskets are a help in reducing the amount of water used and also the task of watering. Other waste minimisation projects might include working with retailers to cut down on packaging, reminding people to re-use shopping bags, discouraging junk mail, encouraging the re-use of water bottles and coffee mugs at school and at work. In response to an over use of chemicals for weed control, many useful products of the past are no longer available and therefore communities are encouraged to use other means such as hoeing to maintain weeds. There appear to be excessive use of weedkillers on the roundabout on Kilcock Road. In some cases allowing wildlife to develop is an acceptable alternative. These activities will be highlighted the fact you are focusing on this category and when you develop more projects in the future your marks will increase.

#### Tidiness and Litter Control / Slachtmaireacht agus Rialú Bruscair:

In general we found Maynooth to a very tidy community and we do realise that a town of your size presents quite a few difficulties in trying to maintain tidiness and litter control. We could see the benefits of your weed cleaning team as well as the street signage and bins cleaning efforts. The litter buggies are a clever idea and we note the support you receive from McDonald's as well as Kildare County Council. The removal of gum (an ongoing problem) was also successful. We were pleased not see any election posters or cable ties. Some minor problems were observed and these include the following: A clutter of signage was noted opposite Lidl on the Sraffan Road. At Maynooth Garden Centre the clutter of signage could be reduced. The Tesco complex also has a number of signs on the boundary railings which spoil the impact of the complex and the roundabout. The Train Station and car park looked fine except for a small amount of litter, a broken bike chained to the rack, and the railings at the canal bank needs painting. The site opposite the GAA was not maintained and looked untidy. Some litter on the Kilcock Road roundabout.

#### Residential Streets & Housing Areas / Sráideanna Cónaithe & Ceantair Tithìochta:

There are many residential estates in Maynooth and the following comments are on the ones we visited are intended to provide guidance: Straffan Estate with its housing and apartments had fine established trees. The grass was well maintained and no weeds to be seen. The same comment applies to Meadowbrook; some dumped branches should be removed. Kingsbury had a mixture of trees. The 3 ton limit sign was dirty and there was graffiti on the adjacent green box. Some gardens were well planted as was the open space and we admired the linear planting here. Railpark estate has a established trees and the gardens were mostly well planted. There is a scope for a line of new trees to be planted on the large grass margin between the estate and The Celbridge Road. Griffin Rath is a nice Estate: the name stones were well done and the trees looked well. A small amount of litter was observed here. The terraced house on the Newtown Road Looked well. Beaufield Estate is well planted. We noticed the wooden fence was in need of maintenance but wonder if its needed - could it be removed. ? In Pebble Hill Park estate, the trees were fine specimens and the hedges and houses were well maintained. Carton Square and Nagle Court has houses and apartments which are well laid out and well maintained. The planting looked very good and no weeds or litter was in evidence—the supporting stakes on some trees need attention and removal if not needed. The small O' Neill Park estate would benefit from tree planting and shrubs/hedges in private gardens. The overhead wires dominate here and some litter was noted. Moyglare Meadowes and Moyglare Abbey were both well landscaped with plenty of trees and no weeds. Moyglare Hall is a new Large estate which on approach has an excellent line of lime and a fine boundary wall of granite stone, brick and railings. Within the estate some trees have died and the supporting stakes need attention.

#### Approach Roads, Streets & Lanes / Bóthair Isteach, Sráideanna & Lánai

Maynooth looks very well on all approaches. Straffan Road roundabout and nearby Maynooth Business Park looked very well. The stone sign for Maynooth was neat and well planted. There was a hedge behind the sign and the flowers in front. Straffan Road has a fine stone wall boundary and well established planting behind it. At the junction with Celbridge road there were stainless steel planters and flags. A small amount of graffiti was seen here. We admired the new stone "welcome" sign and the new footpath near Griffin Rath Manor estate. We admired the stone wall boundary along Newtown Road. The line of trees was impressive. On the Dublin Road, the McDonalds sponsored roundabout was nicely done and we noted the new "Welcome" stone sign here and on the Kilcock Road.

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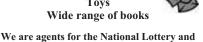
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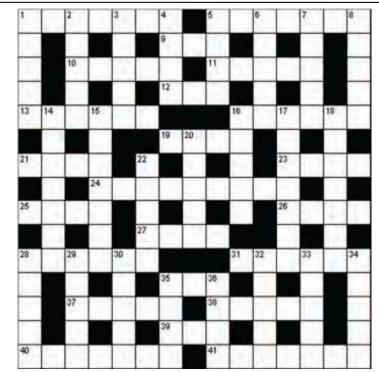
#### **Clues Across**

#### October 2014 Crossword - No: 429

#### **Clues Down**

- 1. Tries hard (7)
- 5. Extinguished (7)
- 9. Comrade (3)
- 10. Big (5)
- 11. Academy award (5)
- 12. Move from side to side (3)
- 13. Make an accusation (6)
- 16. Lethal (6)
- 19. Floating ice (4)
- 21. Member of Indian sect (4)
- 23. Journey (4)
- 24. Capital (5-4)
- 25. Old Indian coin (4)
- 26. Island in central Hawaii (4)
- 27. Snug (4)
- 28. Robbery at sea (6)
- 31. Names (6)
- 35. Water closet (3)
- 37. Italian composer (5)
- 38. Watery fruit (5)
- 39. Sum charged (3)
- 40. Recover (7)
- 41. A person nominated (7)

**Answers to Crossword 428** 



### Special Prize Book Voucher

Give yourself the luxury of browsing, and choosing the book/books which take your fancy from the wide selection available in the store of our sponsor

> The Maynooth Bookshop

#### Entries in before: 21st October 2014

| Name: _  | <br> | <br> | _ |
|----------|------|------|---|
| Address: | <br> | <br> | - |
|          | <br> | <br> | - |

- 1. Brazilian ballroom dance (5)
- 2. Souvenir (5)
- 3. Infectious agent (5)
- 4. Vomit (4)
- 5. Long, laborious work (4)
- 6. Aunt's husband (5)
- 7. Uncovered (5)
- 8. Pet term for dog (5)
- 14. Dry red table wine of Italy (7)
- 15. City in S Argentina (7)
- 16. Postpone (5)
- 17. Try (7)
- 18. Unhurried ease (7)
- 20. Songbirds (5)
- 22. Piquant (5)
- 28. Stage items (5)
- 29. Make merry (5)
- 30. About (5)
- 32. Religion of the Muslims (5)
- 33. Russian revolutionary leader (5)
- 34. Hog (5)
- 35. Animate existence (4)
- 36. Augury (4)

Winner of Crossword No. 428 September

Sheila Fleming Maynooth Park Maynooth Co. Kildare

Prize winners will have 30 days to claim their prize from the time the results are made public.

Collect prize from

The Maynooth Bookshop 68 Main Street, Maynooth

#### Difficult

#### 1 4 8 9 2 1 6 3 1 9 7 5 1 3 2 8 4 7 8 4 7 3 9 1 3 4 2 8

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to
Maynooth Newsletter
Unit 5 Tesco S/C Maynooth

Collect prize from Newsletter Office

### **Sudoku Challenge**

Phone:



October 2014

Entries must arrive before: 21st October 2014

Congratulations to September Winner:

Malig Olatunde
Beaufield Crescent
Maynooth
Co. Kildare

Prize winners will have 30 days to claim their prize from the time the results are made public.

#### **Super Difficult**

|   | 4 |   |   |   |   |   |   | 6 |
|---|---|---|---|---|---|---|---|---|
| 8 |   |   |   |   | 3 |   |   |   |
|   |   |   |   | 4 |   | 9 | 8 | 5 |
|   |   |   | 9 |   |   |   | 3 | 4 |
|   | 3 | 4 |   | 5 |   | 7 | 6 |   |
| 2 | 5 |   |   |   | 6 |   |   |   |
| 1 | 6 | 2 |   | 9 |   |   |   |   |
|   |   |   | 3 |   |   |   |   | 9 |
| 5 |   |   |   |   |   |   | 1 |   |

| Name:    |  |
|----------|--|
| Address: |  |
| Phone: _ |  |

### **TECHNOLOGY CORNER**

#### TIPS, TRICKS, AND WHAT'S NEW IN THE WORLD OF TECH

#### Clevermind: Technology to improve the lives of those with Alzheimer's and Dementia

Thousands of people in Ireland struggle with cognitive impairments such as Alzheimer's and Dementia. These diseases are not only progressively debilitating but also destroy people's quality of life. There is currently no cure for these diseases, but scientific research into the structure of the brain is increasingly showing that the brain is not the physiologically-static organ once believed. It has the ability to change itself on a cellular level, essentially 'rewiring' itself when presented with new challenges and facing new stimuli. Neuroscientists call the ability of the brain to reshape and recreate connections "neuroplasticity", and technology is finding new ways to aid in this process.

Prior to the 21st century, scientists largely believed that the brain was an immutable object after the period of childhood growth – that is, the structure of your brain that forms during childhood was final and could not be changed as an adult. However, new studies in neuroscience support the idea of the brain's plasticity and that our experiences can actually change the anatomical structure of our brain and its functional organisation.

This doesn't mean that diseases like Alzheimer's or Dementia can be cured or entirely reversed, but it does mean that mental exercise is just as important as physical exercise for your overall health. According to neurology.org people who don't regularly engage in mental exercise are 2.6 times more likely to develop Alzheimer's. The brains of people who regularly engage in mental exercise can learn to work around areas of

cognitive decline or impairment when they occur. Studies in neuroplasticity also mean that people suffering from cognitive impairments can see some improvement in their condition or at least slow their decline by engaging in mentally stimulating activities, as these not only help with mental and emotional wellbeing but also help with the physical structure of the brain. Technology is increasingly finding ways to make use of these studies in order to help people.



One such program is Clevermind, a multi-functional app designed for people who are suffering from cognitive impairments such as Alzheimer's and dementia. Creator Glenn Palumbo was inspired to design the app after his father was diagnosed with Alzheimer's in 2009. Glenn and his family devoted themselves to keeping his father mentally stimulated as they knew that would be the best way to slow the progression of the disease and to

maintain his quality of life. His father had never been comfortable using a computer, but he showed interest in learning to use an iPad.

However, due to his unfamiliarity with it as well as the Alzheimer's, he found it confusing and needed constant assistance with it. This led Glenn to start developing Clevermind, an app that simplifies the iPad experience for people with cognitive impairments while simultaneously providing special programmes for the mental stimulation and social interaction that are so important for people with these difficulties.

Clevermind has several important aspects utilising both voice and touch that make it beneficial for people suffering from cognitive impairments. It contains tools for cognitive assessment training, tracking and reporting. Because social interaction and speech are so important, it has a special speech recognition and interaction module called MY Intelligent Robotic Assistant (MYIRA). The app also simplifies many other common social connection tools such as Facebook and has a simplified interface with large buttons that work well for people with cognitive difficulties. It contains special resources for entertainment, mental activities, games, books, family and friends, nutrition, and more. It also has the ability to easily contact someone else for help.

Clevermind is more than a simple app. It is an entire platform that facilitates cognitive therapy, social interaction, entertainment, assessment and tracking. For more information on Clevermind, including the details of the app, the history of it and the science behind it, check out the website at <u>myclevermind.com</u>. The app was initially funded by Kickstarter and is now available on iTunes for €1.79.

#### Foodcloud: How Irish Technology is Feeding the Hungry and Reducing Waste

Although over 450,000 people suffer from hunger and food poverty in Ireland, we remain the fifth worst country in all of Europe for food waste. Over one million tonnes of food is discarded every year. Some of the biggest contributors to Ireland's food waste are restaurants, supermarkets, and other food vendors. Businesses don't like food waste, but it is difficult for vendors to predict daily supply and demand with such accuracy that no waste is generated.

At the same time, there are many organisations and charities in Ireland working to help those in need. The budgets for the groups are very tight, so it is a constant battle for them to try to feed everyone who is hungry. The situation has become increasingly dire over the past few years of recession and austerity budgets as many groups have had their funding cut and received fewer donations while seeing a surge in people who need their services. A new Irish app — Foodcloud — is helping to connect these organisations with businesses looking to reduce their food waste.

Iseult Ward and Aoibheann O'Brien, the company's founders, were students at Trinity when they decided to do something about all the suffering they saw here in Ireland. Environmentally conscious as well, they decided to combine the problem of food waste with the problem of food poverty and use technology to find a unique solution to some of the issues facing Ireland. They founded the non-profit organisation and created an app that connects businesses and food vendors with charities looking to feed the hungry. It's a simple idea with far-reaching possibilities. Businesses use their

Foodcloud app to upload the details of the excess food that they have. Local charities receive a text message to notify them that a donation is available. They can then pick up the excess food and distribute it to those who need it in their local community.

Foodcloud is a wonderful example of Irish innovation, compassion and community-based social enterprise during these difficult times. The organisation has earned several distinctions, including winning the Arthur Guinness Project, a Social Entrepreneurs Ireland Minnovation Award, and a place in NDRC's startup programme, Launchpad. In 2013, Iseult won the Trinity Business Student of the Year for her efforts with this project. Her co-founder Aoibheann comes from a background of environmental consultancy with JP Morgan in London. Foodcloud has also had the support of Enactus, an international non-profit group devoted to helping university students use entrepreneurial action in a socially responsible way to create a more sustainable world

Businesses across Ireland have started joining the project. For more information on the project, as well as information on reducing your food waste and how to sign their pledge, check out their website at <a href="mailto:foodcloud.ie">foodcloud.ie</a>.



### Tech News Google Holding European Privacy Talks



Google is currently holding a series of meetings throughout several European capitals over privacy concerns after the May court ruling. The "Right to be Forgotten" ruling allows users in Europe the advantage of having sensitive personal information removed from google search engines.

Google is now receiving thousands of requests a month to remove a variety of search results such as embarrassing photos, criminal records, instances of online bullying, and negative press stories. The latter has caused uproar with the media over freedom of the press. Within two months of the ruling, Google had received over 90,000 removal requests

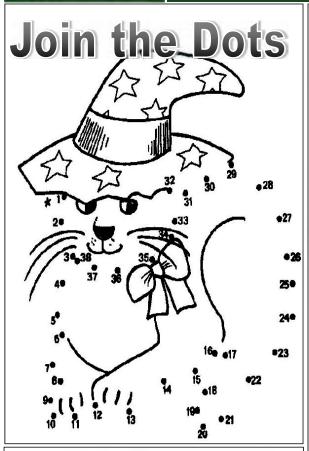
Google is responsible for more than 80% of Europe's search market, but European data regulators are starting to look at other search engines as well such as Microsoft and Yahoo! They are also in the process of drafting guidelines that all search engines will have to follow with regards to personal privacy.

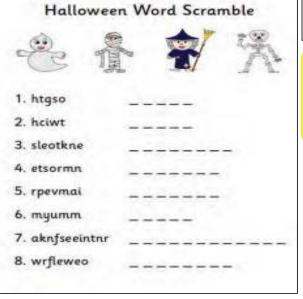
13 appeals have been filed in Ireland since May. Although Google headquarters are in Dublin, the council will only be meeting in Madrid, Rome, Warsaw, London, and Brussels.

Disclaimer: everything on this page is written in good faith and provided for general purposes only. While every effort is made to ensure the information here is accurate, technology is always changing, so please use your own discretion. Maynooth Community Council is not legally responsible for any damage or data loss you may incur through use or application of the information in these articles.



# McDonald's Maynooth Proud Sponsor of the Colouring Competition







## McDonalds Children's Colouring Competition Prizes: Free Family Meal From McDonald's, Maynooth

| Name:         |
|---------------|
| Name:<br>Age: |
| Address:      |
| Phone No:     |

#### **September Winners**

Age: 3 - 5: Adrian Durran, Abbeylands

Age: 6 - 7: Kera O'Doherty, Parklands

Age: 8 & Over: Sean O'Doherty, Parklands



Prizes for Colouring Competition can be collected at:



# McDonald's

#### October Diary Planner

#### Irish Girl Guides

Meetings Tuesday evening in Maynooth. For further information contact Jackie on 085 1413787 or visit I.G.G. website www.irishgirlguides.ie

#### Community Library

Opening Times
Mondays & Fridays
2pm to 5pm
Tuesdays & Thursdays
1pm to 8pm
Wednesday 9.30am to 1pm
& 2pm to 5pm
Saturday 9.30am to 1pm

#### I.C.A.

Monthly meetings take place every 1st Thursday of the month at 8.00pm.in the I.C.A. Hall in the Harbour.

Crafts every Monday night at 8.00pm.

New members welcome

#### Arthritis Ireland

Arthritis Ireland Walking Group
(Maynooth)
Meeting Monday's at 12 Noon
Maynooth Community Space
Unit 11/12 Tesco SC
Carton Park, Maynooth
For Seated Exercise & Walking
New Members Welcome

### Maynooth Tidy Towns

Volunteers required to help with this work. Contact Number 087 3153189

### Maynooth Community Church

#### MAYNOOTH COMMUNITY CHURCH

1st Floor Manor Mills
Service times
every Sunday morning
from 10.30 am
www.maynoothcc.org

### University of Third Age (U3A)

Weekly meetings on Fridays at 11am. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth New Members Welcome Please contact Helen Phone: 01-6286592

#### History Group

Meetings every last
Thursday of the month in
Maynooth Community
Council Office
Tesco Shopping Centre
at 8.00pm.
All Welcome

#### Bridge Club

Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com.

Contact Katherine Cooney 086 8205910

### Parent & Toddler Group

Every Thursday from
10.00 a.m. to 12.00 p.m.
Maynooth Community
Space
Unit 11/12 Tesco SC
Carton Park, Maynooth

#### Men's Sheds

Weekly meetings take place every Wednesday at 11.am at the Garden Centre Dublin Road Maynooth. For further details contact John Fleming 087 2041334



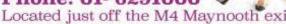
#### TOGETHER WE CAN MAKE A DIFFERENCE

upporting The Little Way Canci Support Centre

We care about your health and the health of the women around you. It takes only 30 minutes, 3 times a week on the Curves Circuit to get healthier and feel more energised. So, think pink this October and make a difference at Curves!

Join Curves FOR FREE with a donation to The Little Way Cancer Support Centre

#### Curves Maynooth Phone: 01- 6291000





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ALL WOMEN. ALL FITNESS LEVELS. ALL AGES www.curves.ie

Curves Maynooth supporting The Little Way Cancer Support Centre for the month of October.

The team at Curves Maynooth are delighted to be supporting a local charity for Breast Cancer Awareness Month. The Little Way Cancer Support Centre was set up in October 2003 to provide support for cancer patients, their families and friends. While medical concerns are addressed, many people feel that their emotional needs and those of their family and friends are not. The Little Way Cancer Support Centre meets this need by providing emotional support and practical help to people who have had cancer, their family and friends.

For the month of October you can join Curves for free with a donation to The Little Way Cancer Support Centre! In addition to this, if you are a past member of Curves, contact the club to avail of a limited offer of 10 workouts for €10 with proceeds also going to The Little Way during the month of October.

At Curves we care about your health and the health of the women around you. It takes only 30 minutes, 3 times a week on the Curves Circuit to get healthier and feel more energised. So, think pink this October and make a difference at Curves!

Contact the club at 016291000, email curvesmaynooth@yahoo.com or find us on Facebook.



# FILM MONTHLY BY BERNIE CLAXTON FILM REVIEW: A MOST WANTED MAN DIRECTOR: ANTON CORBUN STARRING: PHILIP SEYMOUR HOFFMAN, WILLEM DAFOE & ROBIN WRIGHT



In Anton Corbijn's stylish film A Most Wanted Man, post-9/11 paranoia is alive and kicking in the port city of Hamburg. Based on John Le Carré's 2008 spy novel, we are reminded in the opening captions of the film that Hamburg was the city where the fate of the Twin Towers was sealed. 'Intelligence failures' and 'interdepartmental rivalries' allowed one Mohamed Atta to slip through the net, causing untold carnage in the New York of 2011.

It is in this context that a twisty drama of subterfuge enfolds. A striking visual dominates the opening scene of **A Most Wanted Man**; a lone, ghostly figure emerges from the depths of a sewer into the sprawling city of Hamburg. This sets in place a dour chain of events which dominate the rest of Corbijn's spy thriller.

Philip Seymour Hoffman plays Gunter Bachmann, the head of a covert anti-terror squad. His modus operandi is to infiltrate and neutralise Islamic terror cells. Bachmann's current focus, as the film opens, is on the Arab intellectual, Dr. Faisal Abdullah (Homayoun Ershadi) whom he suspects of funding terror. Very soon, though, Bachmann and others are zooming in on the mysterious figure from the sewer.



This object of interest and much curiosity turns out to be a half-Chechen, half-Russian refugee on the run from his homeland. Issa Karpov (Grigoriy Dobrygin) becomes the **Most Wanted Man** of the film's title.

What are his intentions? Is he a militant jihadist about to cause mayhem across the city of Hamburg? Seymour Hoffman's Bachmann is not entirely convinced and has a job persuading, his nervous superiors, the German police and American intelligence otherwise. All participants very much want to get their hands on the man in question. The film becomes a race against time to see who will be victorious in this quest.

This is typically John Le Carré territory. In A Most Wanted Man he swaps the chilly milieu of Cold War politics in Tinker Tailor Solider Spy for an even chillier modern-day tale of paranoia and double-dealing agents. Seedy back-streets and bars become assignation points for furtive and clandestine pursuits. In this environment, every dark-skinned person is viewed with suspicion.



Despite its present-day setting, Anton Corbijn's film is decidedly old-fashioned in execution, recalling an earlier era of secret agent intrigue. With a photographer's eye, the Dutch director has an unerring knack for the impact of the visual. In A Most Wanted Man, tall imposing buildings distort the perspective while gray and brown hues predominate matching the bleak, drab and colourless lives of the characters involved.

The late Philip Seymour Hoffman is especially striking here. He exudes loneliness, razor-sharp intelligence, frustration, anger and tenacity, in equal measure, as the espionage man surrounded on all sides. Hoffman portrays him as a sorrowful hulk of a man, shambling along with scant regard to his outer appearance. Bachmann is unkempt, overweight, rarely seen without a cigarette dangling from his mouth and tops up his Americanos with shots of whiskey. There is bleakness even to his smiles.



Gunter Bachmann has a clever game plan in mind. The canny agent prepares to bait the illegal Chechen immigrant, Karpov, in order to catch a bigger fish, the academic Abdullah. Maybe this game of patience will, in time, reap the reward of even larger plankton up the terrorist food chain.

Bachmann pursues this goal with the religious zeal of a Muslim. In this he clashes with competing authorities. A scowling police officer accuses Bachmann of potentially causing 'blood on the streets' with his cautious approach. Seymour Hoffman's response is icily derisive – 'Clown!'

The German spy recruits two players to his cause; Karpov's young, naive immigration lawyer, Annabel Richter (Rachel McAdams) and a smooth banker, Thomas Brue, played by Willem Defoe. Of great interest to Bachmann is the mysterious inheritance of the Chechen, which is tied up in Defoe's bank. This money could prove crucial to his endgame.



Philip Seymour Hoffman's character is not always sympathetic. His aggressive interrogation of McAdams' conflicted lawyer is particularly harsh. Hoffman damns her as a lefty do-gooder, 'out of her depth' and 'a social worker for terrorists'. While Dafoe's sceptical and disillusioned banker is forced into dealing with the young Chechen at the insistence of Bachmann. The spy is also relentless in his manipulation of Muslim informants. However all players, ultimately, appear as pawns in a much larger game.

Key sequences involving Hoffman's interactions with Robin Wright's calculating CIA operative - Martha Sullivan - fairly bristle. They dance around each other, viewing the other with edgy wariness. Their meetings resemble two heavy-weights squaring up in the ring. For Hoffman's Bachmann (like Le Carré) distrusts the Americans' heavy-handed approach to terrorist containment.

In one memorable scene, Martha Sullivan reveals to Bachmann the truth behind a disastrous overseas

mission. The slaughter of his trusted colleagues still haunts the German spy. Hoffman's reaction is telling. In an instant, his face is transformed. He appears wounded, pain clearly etched on his ashen features.

'All that damage .... What is it for?' – he implores. Robin Wright's response is equally telling – 'To make the world a safer place... isn't that enough!' Wright's words are later echoed with bitter irony by Hoffman's weary spy. The essence of Corbijn's film may just be encapsulated in these moments.



Anton Corbijn's film is primarily an ensemble piece. established stars like Willem Dafoe and the charismatic Robin Wright command attention in their disparate roles. The statuesque German actress, Nina Hoss, is remarkable as Seymour Hoffman's stylish colleague, Irna. Grigoriy Dobrygin and Rachel McAdams stand out, especially, as two people reaching out to each other but caught up in the spider web of others. Their touching relationship provides a human counterpoint to the more cynical action. Dobrygin, in particular, is excellent as the fragile, traumatised and tormented Karpov. His hidden and untold story leaves a deep impression.



A Most Wanted Man is exciting but not in the way you would think. Although tense and gripping betimes, this is an understated, thoughtful, slow-burner of a film. It's very much a film of ideas with themes of distrust, betrayal and compromised humanity at the forefront. Andrew Bowell's subtle screenplay is sharp and literate. The melancholy score by Herbert Groenemeyer beautifully reflects the inner lives of the characters. Anton Corbijn elicits nuanced, complex, rich and intelligent performances from his starry cast.

Above all, Philip Seymour Hoffman excels in a stunning and visceral central performance of muted rage and despair. It's a poignant watch as we realise that his untimely death has robbed us of one of the greatest actors of the modern era. The final sequence of **A Most Wanted Man** is achingly sad and gut-wrenching. It leaves you numb and a gaping sense of loss is palpable on so many levels.



# Labour Advice Service



**Emmet Stagg TD** 

Every Monday at 4.00 pm in McMahon's (Formerly Caulfield's)

(Except Bank Holiday Weekends)

Dáil contact Numbers 01-6183013/6183797



See Page 4

### Official Opening of Maynooth Scout Den



Maynooth Scouts, on Saturday 11th October, had an official opening of the renovated Geraldine Hall and their new Scout Hall. The opening was the culmination of a decade of fundraising and a year of building works. The original hall has been returned to its former glory. The 1960's vintage hall, which was derelict was demolished and replaced by a purpose built Scout Hall. The cost of the build has been met by fund raising over the last 10 years. We heartily thank the people of Maynooth for their support in this regard. Funding was also provided by County Kildare Leader Partnership, whom we also thank. The balance of the cost has been met by way of a loan from Clann Credo, which we will pay off over the next 10 years with, hopefully, the continuing support of our fundraising.

Events on the day commenced with a short parade from The Square to the Geraldine Hall, followed by a short Scouts Own, a form of non-denominational spiritual reflection unique to Scouting worldwide, and flag raising. The opening was performed by Beaver Scout Arthur Byrne, one of the youngest members of the Group, ably assisted by Chief Scout, MJ Shinnick.

Following the opening events adjourned into the building for the speech making and presentations. Speakers on the day included: Peter Garrad, Group Leader Maynooth; Josie Moore, Maynooth Senior Citizens; Chris Byrne, Chairman of County Kildare Leader Partnership and MJ Shinnick, Chief Scout.

Again thanks to all who have helped and contributed over the years to this momentous achievement, and we look forward to your continuing support in the coming years. In this regard our annual Twelve Days of Christmas ticket sales is on going at the moment, please support us in whatever way you can. Every little helps.



This publication is produced by Maynooth Community Council's Community Employment Scheme, supported by
Department of Social Protection, which is funded by the Irish Government under
the National Development Plan 2007 - 2013

# Oak Alley Restaurant & Cocktail Bar AS THEY DO IT DOWN IN NEW ORLEANS



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#### Fundraiser for Buy A Bus Genil, Pathways & I.C.E.



A Fashion Show that was held in the Glenroyal Hotel on Friday 17th October was a huge success and raised over €10,000 to purchase a Bus for Genil, Pathways &

I.C.E. The organisers of the event would like to thank

everybody who gave up their time and who helped out with make up, hair and planning

for the event. We would also like to thank the

sponsors: Tesco, Dunnes Stores, Next Kids, Maynooth University Style Society, Carraig Donn, Mexx, Elvery Sports, Catch, Cicero, Divine. Maynooth Dresses,

Dawson's Menswear, Maynooth Jewellers, Glenroyal Hotel, Carton House Hotel, Avenue Cafe &

Restaurant, Donal Downs Photographer,



Inkjet World, Kidz@Play. Quicksteps, Fitsteps, Rita Doyle Dancers and Fitsmile provided the music and entertainment on the night.





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#### DIABETES IN DOGS AND CATS



Diabetes Mellitus is a disease of carbohydrate, fat and protein metabolism which is due to an inability either to produce or to use the hormone called insulin. This is a disease of the pancreas where insulin is produced.

Signs include polydipsia (drinking lots/increased thirst), polyurea (urinating excessively and more frequently), increased food intake but loss of weight and in later more chronic cases cataract development. Diabetic dogs are more prone to bacterial and fungal infections for example, cystitis and skin infections.

Diabetes has a high incidence in certain breeds of dogs, cairn terriers, miniature poodles, schnauzers, golden retrievers but any breed can be affected. It appears generally in more mature dogs, greater than six years of age but can appear in younger ones as well. Also there is a greater incidence in female dogs than males.

#### **Diagnosis**

Once the clinical signs are observed, blood and urine tests are indicated to differentiate diabetes from other diseases with similar symptoms. Blood tests are generally done on a fasting dog. In this test the blood glucose is persistently high. Similarly, in a urine test a



high glucose level is detected. Glucose is usually absent from

canine urine and its presence is mainly seen in diabetes mellitus.  ${\bf Treatment}$ 

In most cases of diabetes dietary control on its own will not control the disease. Treatment involves injecting insulin daily under the skin of your dog. Sometimes your dog has to be hospitalised to regulate it's glucose level and daily insulin requirement has to be



established. In the treatment of this disease feeding, exercise and insulin injection has to be monitored very carefully. Sometimes a condition called hypoglycemia can occur. This is where the glucose level has dropped very low whether due to the dog not eating

or too much insulin given. This dog can appear tired with no energy. Always have a few sugar lumps available to counteract this "hypo" condition.

In cats diabetes is usually found in those that are overweight. This is a "Type II" diabetes. This condition can be controlled by diet. These diets are designed to regulate glucose supply, the amount and type of fat intake and to reduce excessive body weight. The diet is adjusted to two meals daily to maintain proper weight.

At Maynooth Veterinary Clinic 01 6289467 and Clane Veterinary Clinic 045 982763 we offer continuous advice to our clients to help with the problems of their diabetic pets.

#### We want your views on how to transform The Square

The Maynooth Local Area Plan has the following Policy and Objective:

"To transform the Courthouse Square into a lively civic space providing a quality and usable space for the community to enjoy."



It gives the following "Indicative Transformation"

Indicative transformation of Courthouse Square to become the central hub of community activity through the use of materials and finishes which reflect and enhance the existing landscape character.

The Community Council at its Meeting on 13th October decided to ask you the PUBLIC for your views on what you would like The Square to look like. Please address your views before the end of January 2015 to:

Maynooth Community Council, Unit 5, TESCO Shopping Centre, Maynooth. E-mail: maynoothcc@eircom.net



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### **Community Council Notes**

Leinster Fleadh to be held in Maynooth July 10-12 2015

Angie Tracey of Comhaltas Ceoltóirí Eireann Craobh Mhaigh Nuad addressed the meeting outlining the plans for the upcoming Leinster Fleadh which will be hosted in Maynooth in 2015. She stated that Maynooth is an ideal location to host the Fleadh because of the University facilities and its close proximity to the town. Maynooth University have been very supportive. Competitions will take place in the University on the above dates. Maynooth businesses will also be involved. There will be music, song, dance and storytelling nightly in the local hostelries on the days leading up to the event. Local traditional groups will be invited to take part. The organisation of the event is a huge task and will need to be well organised. It is estimated that there will be 3,500 competitors and up to 10,000 visitors over the days of the Fleadh. A grant application to Kildare County Council will be applied for. There will be a float in the St. Patrick's Day Parade to advertise the Fleadh. The event will be mainly guided by the rules and regulations of head office and it is hoped to fully use the Square in the evenings where a gig rig will be set up. Community Council groups were invited to help out especially with stewarding. The MCC Office will also support the event. All help would be very appreciated by the organisers. If you wish to take part please contact maynoothcc@eircom.net in the first instance. This will be the biggest summer event in Kildare. The meeting thanked Angie and Sean for their presentation. It is a tribute to the newly formed Maynooth Branch who under the auspices of Sean and Angie Tracey has secured the event for Maynooth.

#### Maynooth Festival and Fleadh 2015

The Community Council warmly welcomed the event and as a contribution to the sense of celebration has decided to run the Maynooth Festival alongside the Fleadh. The Festival will add to the sense of occasion in the town and will offer local and visiting families activities, fun and entertainment. Delegates from Maynooth's twinned town, Canet-en-Rousillon, will be invited to the event.

#### The Square and future developments

Some consideration was given to the state of the Square in view of the upcoming Fleadh. Proposed plans are included in the Local Area Plan which centres on the arches and paving. Suggestions can be made through the Local Area Engineer. It was suggested that it would be good to invite the users of the Square to make suggestions. John McGinley will organise for a piece to appear in the Newsletter and the public will be invited to have a say.

#### Footpath leading to Gaelscoil

The situation regarding the footpath outside the Gaelscoil was raised by a very concerned resident of Laurence Avenue. At present Laurence Avenue is been used as an access point to the Gaelscoil. Children are been lifted over the fence. Shrubs have been damaged. Residents are blocked in by people parking their cars towards the end of the estate in order to drop off children. The suggestion of taking a swath of the green from the estate to make a wider footpath is acceptable as far as the residents of Laurence Avenue are concerned. There was firm agreement at the meeting that a footpath needs to go on the other side of the road. A further suggestion was to get a lollipop lady and that would serve both

schools. Bad parking around the Gaelscoil was also noted. The Educate Together School has a one-way system which works very well. It was pointed out that access and egress to the Convent School is more dangerous as there is limited vision, is not user friendly and in particular is not child friendly. The Boys' School have their own wardens. It was suggested that the safe cross code be printed in the Newsletter.

#### North Kildare Rugby to contact Canet-en-Roussillon

North Kildare Rugby Team requesting contact details for Canet-en-Roussillon as they would like to liaise and set up fixtures with them.

#### **Tidy Towns**

There is plenty of work going on with bulbs being planted. With the help of Kildare County Council the Joan Slade Stream, at Parsons Street, was cleaned and widened. The area in Manor Mills at the mill wheel was cleared and shrubbery was pruned back. This is an ongoing project. The volume of litter has increased in the town. The Sunday morning cleanups are continuing and the Tidy Towns are looking forward to working with schools and other groups. They also hope to initiate a Transition Year project. Kildare County Council will be making a special award to Tidy Towns.

#### **Educate Together**

The Parents' AGM will be coming up on 21st October. There will be a sponsored walk and cake sale on 23rd and 24th October. During the walk, Joe Byrne author of Walking Tour of the Ghost Stories of Maynooth College will recount and adapt the tales for a younger audience.

#### Senior Citizens

Senior citizens visited Newbridge House which is well worth a visit. There will be a Halloween Tea Dance. The Annual Tony Smith Walk in aid of Senior Citizens will take place 19th October and preparations for the annual Sale of Work are beginning. The Sale of Work will take place on November 16th. The Senior Citizens Club will be celebrating their golden jubilee next year. Josie Moore, congratulated Maynooth Scouts on their great achievement in securing the Geraldine Hall. The opening took place on 11th October. It was a wonderful event.

#### Maynooth Scouts and the opening of the New Scouts Hall

The grand opening took place on 11th October. The Maynooth Brass and Reed Band led a march from the Square to the Hall. Between 150 and 200 people attended the opening. Johnny Dowling was awarded a gold medal award for his work with the organisation over the years. Congratulations were expressed by John McGinley who noted the early efforts in trying to get the project off the ground, from private ownership to the present. Six different local bodies wanted the Geraldine Hall in the beginning. It was 15 years in the making. The Council had the view that the Scouts and Seniors Citizens was a perfect partnership. Tidy Towns expressed their congratulations in seeing the old school hall back. There was further discussion about the use of the hall. It was hoped that renting the hall would not be prohibitive. It was noted that it was built with public money and that other community groups should have access to it. In response Johnny

Dowling noted that the Leader Funding was very welcome but that in all essence it is the Scouts' Hall, that they would be running it and that the Scouts have paid for it - this also covers Senior Citizens' involvement. If other community groups need a space then Maynooth needs a Community Hall.

#### **Local History**

Declan O'Connor gave an interesting and informative talk on the origins of the song "It's a long way to Tipperary" and Jennifer Walsh gave a talk on "Life in the Trenches", both talks took place on Thursday 9 October in the Glenroyal.

#### **Maynooth University Logo**

The lack of Irish in the branding of Maynooth University was raised again at the meeting. The omission of Irish was deemed to be unacceptable. The Irish branding is now in hand by the University. Naoise Ó Cearúil noted that the President had apologised for this situation. The Irish branding is now in hand.

#### **Local matters**

Paul Croghan commented that the 15% property tax was not reduced. This is an opportunity lost. The cost of grass cutting in Estates should be taken on by the Council. Ridges on footpath are unsafe on the Moyglare Road.

There was a clarification to an article in the Liffey Champion which suggested that the Maynooth Community was able to come by funding of €35,000. MCC does not get any funding.

#### **Editorial**

The Government does not seem to be able to avoid the banana skins that fall in its way recently. Indeed since the Troika left there seems to be a trail of disasters following in their wake. The budget should have had a better effect on the mood of the country but that did not have any real affect as the whole McNulty affair overtook it in an instant. It was like watching a crash in slow motion as every word and statement that was offered by way of explanation led to further accusations of cronyism.

It is however, without doubt, the issue of Irish Water that has become the most infuriating and talked about issue for years. The March against the tax was the largest since the anti-war march in 2003. The anger at the actual tax has also given way to an even greater anger at the way in which the company is treating the public and the fact there is a bonus culture emerging within it. This has meant that even Fine Gael backbenchers are now calling for reform and indeed for the man in charge to step down. Hundreds of thousands of households have not been given a meter, others have the sign up packs and the stories are now legion about the endless expensive phonecalls with customers left holding only to have no result for their calls.

There have been a few local planning issues that have caused interest, concern and anger. The University has rectified the lack of Irish language rebranding most noticeably on the side of the new Library on the Kilcock Road where the Ollscoil Mhá Nuad is now more prominent than the English version. Much as this is to be welcomed the oversight should have never happened in the first place.

The public using the Celbridge Road interchange with Straffan Road are left wondering what all the realignment was for. The old slipway has disappeared with a huge amount of pavement in its place. But the lack of the slipway means that traffic is building up on the Straffan Road as one leaves Maynooth. This will surely mean that Railpark will now become a rat run like other estates in the area. But it was the suggestion by a number of Gaelscoil parents that angered the residents of Laurence Avenue who are their near neighbours on the Celbridge Road. The letter was published here and caused a huge furore not only on the Avenue but from others around the town as well. It was discussed at length twice at the Community Council meetings and then reported in the local press. The suggestion that the fence and hedge and part of the green beside the Avenue should be removed to widen the existing footpath was greeted with total disbelief by many. But there was great concern that this might happen, leading to a local councillor leafleting the residents with the assurance that this would not happen and that another footpath would be provided on the other side of the road to accommodate the two schools in the area. It has to be said that getting to the Boys and Girls Primary schools is much more dangerous and difficult for pupils surrounded as they are by numerous busy

town centre roads. We should remember that this is the time of Samhain (November, Hallowe'en) and on the 31st October/1st November the early Irish celebrated and recognized the move from one season to another. At Tara, the winter sun lights up the tiny chamber in the Mound of the Hostages just as the solstice sun lights up Newgrange (Brú na Bóinne the hostel on the Boyne) around the 21st December. This light is less well known and the chamber is too small to accommodate any group of people. Newgrange does not have room for many people either. Samhain is mentioned on the Continent as Samonos so it is not just an Irish festival, Ag an am seo den bhliain, bhí saoirse ag daoine bogadh idir an saol seo agus an saol eile - ach bhi an dáinséar ann nach bhféadfaí filleadh ar an áit cheart. The Otherworld opened up at this time of the year and the living could visit the dead or it was possible

that the dead could return to this world. The games that used to be played, and sometimes still are, go back to very serious pre-Christian rituals of prophecy and shades of the other side. The early stories are full of references to the Otherworld and even entrances to such a place. One of these is the Cave of the Cats associated with the royal complex of Cruachu in Roscommon that was the seat of ancient Connacht kingship and the home of Medb and Ailill the queen and king of Connacht when the famous Táin (cattle-raid) took place where Cú Chulainn excelled as a warrior. Is ceart dúinn uile a chuimhneamh go bhfuil bunús an-dáiríre leis na cluichí a imrítear ag an am seo den bhliain. The festival was taken to America and other countries abroad where it met with other traditions associated with the same time of the year from such places as South America. We have now imported the result from America where ghouls, spiders and witches join in the general mayhem that has become the modern Samhain.

Muireann Ni Bhrolchain

#### Letters to the Editor

We attend Educate Together National School and with the lovely weather this autumn we have been making the most of it and walking home. After all encouraging all our children to take daily exercise and become carbon neutral is what we are meant to do these days as "responsible parents" isn't it?

However, using the zebra crossing to cross to Griffin Rath housing estate and beyond to the neighbouring areas, pedestrians run roulette and kids walking alone have to make judgement calls that I believe are beyond their primary years. I love the location of our home and the proximity to the school, but crossing over Celbridge road to get to the school is a dangerous decision

There is a Zebra crossing but it is poorly marked, and most drivers either miss or ignore the school zone area. We have personally witnessed many dangerous situations with speeding drivers and pedestrians putting their lives at risk when they attempt to use the crosswalk.

Drivers need to be aware that there are two school entrance zones on this road. The speed limit is currently 50kph, should we consider implementing a speed reduction to 25kph around the schools? Or call for assisted crossing- the lolly pop lady, in the afternoons?

There are parents and kids using the zebra crossings and they need to be able to safely cross to walk and cycle their children to school. These parents are already dealing with a single footpath situation as a second footpath has still not been installed along the road from Maynooth to the Educate Together site, meaning that the Educate Together kids have no choice but to cross the road if they live in Rockfield, etc. Please slow down and be alert to school zones. And remember it is the law to stop for pedestrians at a Zebra crossing.

Garda, government officials and the bus companies need to also be aware of the dangerous situations around our schools and do their part to make them safer. The cost of increasing safety will be nothing in comparison to the cost if a child is hit by a car. The kids of our school have started writing their own letters to draw attention to the issue- they want drivers to slow down. They want to be able to walk home safely.

Yours sincerely,

A concerned parent (Name and Address with Editor)

As with all Letters to the Editor, the views and opinions expressed do not necessarily represent views or opinions of The Maynooth Newswletter.

#### LETTER TO OUR READERS

This is just a note to remind you all that the Newsletter exists for your enjoyment and that we welcome all contributions from our readers. We would like to hear from any organisation or indeed from individuals with something to say or suggest. We hope you continue to enjoy your monthly read and keep us informed of your activities.



### ASK SHARON THE STYLIST!!

"Education is the most powerful weapon which you can use to change the world" Nelson Mandela - South Africa's first black president in

**Question:** "I am starting college soon and don't know what to wear, can you help?"

**FACT:** Thousands of young Irish people will be starting college and university this month in Maynooth and in and around Ireland. As if securing a college place and accommodation isn't stressful enough now comes the fun part, sorting out your wardrobe. A student budget does not mean that your style has to suffer and with my help on how to shop savvy and create a capsule wardrobe you can look and feel great and be the best you can be while also ensuring your wardrobe survives the college pinch. A Capsule wardrobe can consist of only 24 key pieces which includes: 2 x Coats, 2 x Jackets, 2 x Cardigans, 2 x Jumpers, 3 x Dresses, 2 x Skirts, 3 x Jeans, 2 x Trousers, 2 x Boots, 2 x Shoes, 2 x Handbags and lots of Jewellery. These clothes should consist of at least one dressy and one casual item.

#### Here Are My Top Tips On How Get More From Your Money:

- Accessories & Jewellery: It's all about the accessories and buying some cheap jewellery can instantly change up an entire outfit if you update it with a necklace and belt to your favourite little black dress and voila; it looks like a brand new purchase.
- Tights: No woman should be without a few pairs of tights in their drawer, especially this time of the year when they can be worn under dresses and skirts with boots and shoes.
- High heels: Invest in a good pair of black heels that are comfortable even if it means paying that little bit extra as one pair of good high heels is an essential item in every girl's life.
- Charity & Thrift Stores/ Discounts & Sales: Every Irish woman loves a good bargain and the beauty about shopping in these shops is that literally everything is a steal. These stores take bargain shopping to a whole new level and are popular locations in which patrons shop for used/second hand or as we like to call them now pre loved goods and you will also find many pieces with the tags still on that haven't even been worn. Find the ones in your area as these may become your best friend that is of course if they're not your best friend already. If shopping in one of the above shops is a No No, don't worry there are always lots of shops that have sales all year round and so lots online bargains to be had.

For more information or to arrange an appointment call Sharon @ **087 9962459**/ Office **01 6016295** 

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### **Maynooth Labour News**

Cllr. John McGinley can be contacted at: -6285293 or 087 9890645 - E mail jmcginley@eircom.net - Web: www.labour.ie/johnmcginley/

#### **Bad Start for the Maynooth Municipal District:**

The Discretionary Budget of the Maynooth Municipal District (MD) was on the Agenda for the MD meeting on 8 October.

Cllr. John McGinley proposed that the €333,000 of Discretionary Funds, which came from 7.5% of the Local Property Tax, should be divided equally among the nine Councillors so that they could allocate the money to deserving community projects. John stated that his original proposal at the Council Meeting was to give the money back to the householders, however he was outvoted at Council Level.

He now proposed at the MD meeting that his share of the €333,000 (€37,000) be used for a Maynooth Town Improvement Scheme to benefit the town centre and the Tidy Towns Committee. John pointed out that this was the traditional way of allocating Discretionary Funds in Kildare County Council. Sadly, he only got the support of two of the other Councillors, Cronin and O'Cearuil. The other 6 Councillors voted to allocate €127,000 to start the completion of three housing estates in Derrinturn, Clogharinka and Kilcock with the remainder of the money going on footpath repairs throughout the Municipal District. So much for Democracy.

#### **Update on Footpath/cyclepath from Rockfield to the Educate Together School**

Cllr. McGinley pointed out at the Maynooth MD meeting on 8 October that he had been raising the issue of the provision of this badly needed footpath/cyclepath on the east side of the Celbridge Road since the school opened. Residents will be aware that it was a condition of Planning for the Educate Together School that it be provided but the condition was waived by the Council when the Department of Education said that they could not provide it.

As a result of a motion from Cllr. McGinley the Council applied for funding for it under the Sustainable Transport Grants in 2013 and the MD engineer has confirmed that he has again applied for funding from the National Transport Authority. Hopefully, with the improved economic climate that we are now in that funding will be provided for this badly needed footpath/cyclepath.

#### Cllr. John McGinley Again Calls for Fagan's Lane to be Pedestrianised

Cllr. McGinley submitted the following motion for the consideration of the Maynooth Municipal District (MD): "That Fagan's Lane, Maynooth be made pedestrian only in the interest of public safety."

John was given the following response at the MD meeting on 8 October:

"The Celbridge/Leixlip Municipal District Engineer's Office agrees with this proposal, in principle, as it would prevent the build-up of traffic on the Straffan Road junction caused by motorists waiting at the green light for the R148 eastbound to be free so that they can cross to enter Fagan's Lane. The lane is also used as a rat-run for the Main Street during peak times. It should be noted, however, that in the Parking Bye-Laws adopted by the Members (and yet to be implemented) Fagan's Lane is one-way and has four designated parking spaces on it. The Members will be aware that the number of available on-street parking spaces in Maynooth is limited so any decrease in the number of spaces would require some further consideration. It should also be noted that the one-way proposal for Fagan's Lane is in accordance with the Draft Traffic Management Plan for Maynooth. Having regard to the fact that any change to the adopted Parking Bye-Laws (i.e. showing a one-way system and four parking spaces on Fagan's Lane) would require further public consultation it is suggested that no decision is made on this pending the implementation of the current adopted Bye-Laws and pending evidence of how the lane is working as part of a one-way system.

Cllr. McGinley thanked the MD engineer for accepting the proposal in principle. John pointed out that there was a mistake in the first sentence as it is the westbound traffic that is held up as motorists use it illegally to enter Fagan's

Lane, thereby causing a build-up of traffic on the Straffan Road.

Cllr. McGinley stated that as there are conflicting policies between the Draft Maynooth Traffic Management Plan, The Parking By-Laws and the Maynooth Local Area Plan that the Draft Traffic Management Plan should be re-visited in parallel with the public consultation of the North/South Route Corridor in November. Cllr. McGinley pointed out that as the Draft Traffic Management Plan was still at DRAFT stage that it made sense to re-visit it again in view of traffic problems in Maynooth.

Unfortunately, John was not supported by any of the other eight Councillors even though they should all be aware of the traffic problems in Maynooth. Nevertheless John will continue to press for a review of the Maynooth Traffic Management Plan

#### Update on the North/South Route Corridor

Clir. McGinley submitted the following motion for the consideration of the Maynooth Municipal District (MD): "When will the Maynooth North/South Route Corridor be going on public display and what is the schedule for its implementation?"

John was given the following response at the MD meeting on 8 October:

"The Celbridge/Leixlip Municipal District Engineer reports that the design for this scheme is currently being finalised and it is hoped to go to public display in November." The MD engineer further advised Cllr. McGinley that he is hopeful of getting funding and completing the 1st. phase of the project on the Straffan Road, from Meadowbrook Link Road to Leinster Street, next year.

#### Cllr. John McGinley Calls for the Courthouse Square to be Transformed into a lively Civic Space

Cllr. McGinley submitted the following motion for the consideration of the Maynooth Municipal District (MD): "That measures be put in place to implement policy TCS 8 of Maynooth Local Area Plan i.e. "To transform the Courthouse Square into a lively civic space providing a quality and usable space for the community to enjoy". John got the following response:

"This objective will be implemented subject to availability of development levy funding, in due course."

The MD engineer discussed John's motion with him after the meeting and as a result John got the agreement of the Community Council to conduct a public consultation process via the Maynooth Newsletter. Please see the information on this elsewhere in the Newsletter. The "indicative transformation" is taken from the Maynooth Local Area Plan, page 43 and shows the removal of the arches and the extension of the paving to Brady's Clock house. Please make your views known to the Maynooth Newsletter.

#### **Proposed Bus Turning Point at Parsons Hall**

Two representatives of Dublin Bus attended the Maynooth MD meeting on 8 October to brief the new members on Dublin Bus proposals for the extension of 66 bus to Newtown. They repeated what they said at the Celbridge Area Meeting on 21 March 2014 i.e.

Their proposals for the bus extension was 4 years old and did not "come out of the sky"

They rejected the suggestion of a turning point at the proposed nursing home over the M4 bridge as they got no business from nursing homes or football clubs. There was no safety issue at the Parson Hall site and that

the nursing home site had higher traffic speeds. They are making a submission to the National Transport Authority in the coming weeks for a turning point at the Parsons Hall site.

#### Maynooth Pay Parking Update

Cllr. McGinley was given the following update to his motion at the Maynooth MD meeting on 8 October: "The Pay Parking Bye Laws will be implemented once the tender for the purchase and installation of the pay parking

machines is awarded and the road markings and signs are completed. This will be done as soon as possible." The Council will also be going to tender shortly for enforcement of the Parking By-laws for towns throughout the county.

The Area Engineer stated that he plans to resurface the section of the Dunboyne Road as far as Cross Lane as part of the Pay Parking preparation works.

#### Cllr. John McGinley's Motions for the Next Maynooth Municipal District (MD) Meeting

Cllr. John McGinley has submitted the following motions for the consideration of the next Maynooth MD Meeting:

- "That consideration be given to moving the bollards at the bottom of Greenfield Lane, Maynooth, to between house numbers 343 and 343A in order to facilitate residents living in the area as well as emergency services."
- "That consideration be given to removing the No Entry signs at Pound Lane/Back Lane and that traffic calming measures be put in place to improve public safety as the No Entry signs are not being policed." (At present cars are entering illegally and speed up in case that they are caught. A resident recently counted 15 cars within a 25 minute period entering illegally).
- "What steps can the Council take to prevent cars form parking on the footpaths on both sides of the road outside the Maynooth Post Primary School?

#### Financial Contribution for Maynooth Secondary Schools Removed by An Bord Pleanala

An Bord Pleanala have issued their decision in relation to the Appeal Lodged by the Kildare and Wicklow Education and Training Board concerning the Financial Contribution of €726,480 imposed by Kildare Co. Council when granting planning permission for the Two New Secondary Schools for Maynooth on the Moyglare Road.

Kildare Co. Council stated Deputy Stagg had imposed the financial contribution to cover the cost of the purchase of additional land and the provision of footpath and cycle infrastructure improvements on the Moyglare Road between the site for the school and the Town Centre.

An Bord Pleanala have stated Deputy Stagg now removed the condition for the following reason: 'The Board is satisfied that the proposed development is to be carried out on behalf of a voluntary body and is intended to be used for educational purposes and is not for profit or gain. Having regard to the specific objective contained in the current Maynooth Local Area Development Plan to upgrade and improve pedestrian and cycling facilities along the Moyglare Road, it is considered that such works would be covered under the adopted Kildare County Council Development Contribution Scheme. The works in question do not, therefore, constitute specific exceptional costs which are not covered by the Scheme, as required under the provisions of section 48(2)(c)'. Therefore these works will have to be funded from the Council's Development Contribution Scheme Now that the Appeal has been decided upon Deputy Stagg stated that Tenders should now be sought for the projects to enable construction to commence as soon as

In conclusion Deputy Stagg thanked the former Minister for Education Ruairi Quinn T.D. for including the building of two new secondary schools in Maynooth in the Departments 5 year Capital Plan back in 2012 which enabled the seeking of planning permission.

e-mail jmcginley@eircom.net Web: www.labour.ie/johnmcginley/

### **Know Your Rights**

#### Amendment to Question D which appeared in last month's October edition of the Newsletter: Debt Relief Notice

The Insolvency Service of Ireland have today announced a new information campaign on debt solutions. As part of this fees will be waived until the end of 2015 (Previously, these fees were €100 for a DRN, €250 for a DSA and €500 for a PIA.). They have also launched a new website – backontrack.ie and will be hosting a series of townhall meetings with community leaders in seventeen venues around the country.

#### **Debt Relief Notice Question**

I am unemployed, getting social welfare and living in rented accommodation. I have large credit card debts and a credit union loan of €13,300. I can't make my repayments and the only asset I have is a car worth €1,200, which I need to take my son to school. Is there anything I can do to reduce my debts?

#### Answer

You may qualify for a Debt Relief Notice (DRN). This is one of three debt resolution mechanisms introduced under the Personal Insolvency Act 2012 for people who cannot afford to pay their personal debts. In general, you can qualify for a DRN if your net monthly income after deductions for reasonable living expenses is under 60 and your total assets are valued at 60 or less. There are some exceptions. You are allowed, for example, to own a motor vehicle valued at 6000 or less. You may qualify for a DRN if all your qualifying debts are below 20,000, excluding certain "non-permitted" debts.

You must apply for a DRN through an Approved Intermediary (AI). You must disclose all details of your financial affairs to the AI, who will then advise you whether or not you meet the conditions for a DRN, the consequences, and any alternative options. The AI serviceis free

The DRN provides you with protection from creditors for three years. If your circumstances do not change and you meet all the conditions of your DRN, at the end of the three-year period the money you owe to the creditors named on the DRN will be written off.

You can choose an AI from the Register of Approved Intermediaries published by the Insolvency Service of Ireland (ISI). Several Money Advice and Budgeting Service (MABS) companies have been authorised as AIs. If you plan to apply for a DRN through MABS, you will first need to answer some questions to check if you meet the eligibility criteria. You will need to gather all relevant information about your debts, assets, income and circumstances.

You can get further information from MABS on 0761 07 2000 (Monday to Friday, 9 am to 8 pm) mabs.ie or from the ISI's helpline 0761 06 4200 (Monday to Friday, 9 am to 6 pm) and isi.gov.ie. The ISI also has a new website backontrack.ie for people who are struggling with debt.

#### Paying for water Question

I live with my 2 small children in a standard town house. The water meter was installed this summer. How much will my water bills be? Can I get tax relief?

#### Answer

Irish Water provides two services – water supply and wastewater (sewage) services. As you are in a town house, I presume that you use both services, so the charge is €4.88 per 1,000 litres in your case.

There is a free allowance of 30,000 litres per year for every household. This is worth &146.40 per year to you. If you are getting Child Benefit for your children, you can claim two free child allowances of 21,000 litres per year. These are worth &102.48 each per year.

You apply to Irish Water for these allowances, either on the form that has issued to every household, online at water.ie or by phone at 1890 448 448. You will need to provide your own Personal Public Service Number (PPSN) and your children's PPSNs. Irish Water will use these numbers to check that you are entitled to the

allowances

In general, you will be billed for the amount of water you use each quarter, but your first three bills, starting in January 2015, will be capped at standard assessed charges. These assessed charges are based on the standard assessed consumption for each household size. This capping means that the most you can be charged on these first three bills is the standard assessed charge for your family size – one adult and two children, based on standard quarterly usage of 27,000 litres. Of course, if you use less than this amount of water, you will only be charged for the metered amount.

As you are using both water supply and wastewater services, the assessed charge will be €527.04 for a full year before allowances.

Your free allowances add up to €351.36, giving an annual assessed charge, after allowances, of €175.68. This leaves a quarterly charge of €43.92, so the most that you can be charged for the first three quarters is €43.92 per bill. If you pay income tax, you can claim relief at 20% on the water charges, up to a maximum of €500 per year. This equates to a maximum tax credit of €100.

Read more about water charges on citizensinformation.ie. Further information is available from the Citizens Information Centre below.

#### Solutions for problem debt Ouestion

We borrowed a lot to pay for our children's college fees and weddings, when we both had good incomes. We now earn less than before and find it very hard to cover our debts. We're afraid to open letters or answer the phone in case it's another demand for payment. Is there any help for people like us?

#### Answer

You are clearly in financial difficulty and struggling with your debts. There are many people in a similar situation. Three debt solutions have been set up to help people with serious debt problems to sort out their situation and get protection from their creditors. They are the Debt Relief Notice (DRN), Debt Settlement Arrangement (DSA) and Personal Insolvency Arrangement (PIA).

The appropriate solution for you depends on the size of your debts and whether or not you have a mortgage. You apply through an Approved Intermediary for a DRN and through a Personal Insolvency Practitioner for a DSA or PIA. These qualified insolvency professionals are supervised by the Insolvency Service of Ireland (ISI). When the solution has been put in place, your creditors cannot contact you while you stick to the agreed arrangements. Depending on your situation, some or all of your debt can be written off.

Many Money Advice and Budgeting Services (MABS) companies have been authorised as Approved Intermediaries to help people on low incomes, with debts under €20,000, through the Debt Relief Notice (DRN) process.

For a DSA or PIA, which generally cover larger debts, your creditors must agree to the solution proposed by your Personal Insolvency Practitioner. If they don't agree, you then have the option of bankruptcy.

You can get further information from MABS on 0761 07 2000 (Monday to Friday, 9 am to 8 pm), from mabs.ie, from the ISI's helpline 0761 06 4200 (Monday to Friday, 9 am to 6 pm) and from isi.gov.ie.

The ISI also has a new website backontrack.ie for people who are struggling with debt.

#### Getting back to work Question

I've been on Jobseeker's Allowance for a while and there's nothing available in my old trade. I'd like to retrain, get some work experience and maybe even set up a business. Where can I find out about my options?

#### Answer

Gettingbacktowork.ie, a new website from the Citizens Information Board, has a broad range of information aimed specifically at people in your situation. It answers many questions that you may have on returning to work and provides information that will be useful if you plan to start a business.

It includes a 'My situation' section which covers the path back to work for a specific situation such as an early school leaver, a recently unemployed person and a jobseeker who wishes to retrain, as well as someone who wants to set up a business.

#### **Topics include:**

- Payments for jobseekers the main income supports and extra benefits
- The way back to work employment schemes to help you back to work
- Education and training to improve your chances of finding a job
- Benefits and work supports for people in work and the benefits you can keep when you get a job
- Starting a job types of employment, finding a job, contracts of employment, signing off social welfare
- Your rights in work employment rights and equality at work
- Setting up a business information sources, legal structures, tax and income supports
- Money matters tax, PRSI, Universal Social Charge and more

Gettingbacktowork.ie uses selected content from citizensinformation.ie. This new website has been designed to adapt to different devices like tablets and smartphones, as well as laptops, so you can access it from anywhere and get the information you need.

#### Paying the Local Property Tax Ouestion

I paid the Local Property Tax by credit card this time last year. Is it the same amount for 2015 and how do I pay?

#### Answer

Your Local Property Tax (LPT) is based on the valuation of your property on 1 May 2013. However, the rate you pay for 2015 may vary from the 2014 rate, following the introduction of the local adjustment factor. This means that the basic LPT rates can be adjusted up or down by up to15% in different local authority areas.

Fourteen local authorities have reduced 2015 LPT rates in their areas by up to 15%. You can use Revenue's online calculator to check how much LPT is payable in different local authority areas.

As you paid your LPT for 2014 in one lump sum, you will get a letter from Revenue (or an email if you are a ROS customer) telling you whether your local authority changed the rate for 2015 and confirming the amount of LPT due. If you own more than one property, the letter will confirm the total amount due for all your properties. It will include your Property ID and PIN.

When you get this letter you must confirm how you want to pay your 2015 LPT to Revenue. You can choose to continue to pay your LPT in the way you paid it in 2014 or you can change your payment method. You will recall from last year that, if you pay by credit card, the deduction will be made on the day that the transaction is completed online.

You must contact Revenue by 25 November 2014 if you want to switch to a phased payment method or by 7 January 2015 if you want to pay in full in one lump sum. The easiest way to do this is to use the LPT online system. If you need help with the online system you can call the LPT helpline on 1890 200 255.

People who didn't pay their 2014 LPT in a lump sum do not get a letter from Revenue and they do not need to do anything unless they want to change their payment method. Revenue will apply any rate reductions automatically. You can get more information from Revenue. Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public. Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

### **Catherine Murphy Independent TD**

E-mail: catherine.murphy@oireachtas.ie - Phone 01-6156625 (Leixlip) or 01-6183099 (Dail) - Web: www.catherinemurphy.ie

#### Golden Circle of Personnel Doesn't Instil Trust

Independent TD Catherine Murphy today raised concerns about what she described as the golden circle of staff that had worked on the Poolbeg Incinerator and now hold senior positions within Irish Water.

Deputy Murphy noted that the current head of Irish Water, former Dublin City Manager John Tierney, who led the Poolbeg project, had been supported on that project by RPS Consultants. Both the Head of Asset Management and the Head of Communications of Irish Water are both former directors of RPS Consultants.

"Many people think it strange that so many of those at senior level on both controversial, and extremely costly projects to the taxpayer, are the same people. Given the failures of the Poolbeg project, it's not difficult to see why people would have concerns about Irish Water."

Deputy Murphy also said it was 'odd' that the Minister at the time, Phil Hogan, had turned down an offer from Siemen's to install the meters at far less expense to the State, choosing instead to give the contract to Siteserv, at a cost of over €1 billion euro to the State.

"It's also odd that the Department turned down Siemen's offer to foot the bill for meter installation, choosing instead to opt for the far more expensive option offered by Sitesery, a company operated by the person who had the great fortune to obtain the 2nd mobile phone licence in this country -Mr. Denis O'Brien "

#### European Investment Bank Option for Housing Does Not Go Far Enough

More Needs to be Done to Create Alternative Housing Options

Independent TD Catherine Murphy today expressed concerns about reports that the Government are in talks to borrow €150 million from the European Investment Bank to help fund the building of social housing units. According to Ms. Murphy the €150 million that is being sought is simply not enough considering that the EIB have made it clear, through the National Housing Agency, that up to €500 million of funding is available.

"We have a massive housing crisis across Ireland yet here we have a situation where the Government will only leverage a miniscule amount of what is available. €150 million will only scratch the surface, multiples of that are needed. The legislation that is required to regulate voluntary housing associations thereby allowing them to access funds, the Housing Regulation Bill, is languishing on the C list making it a low priority for Government. Meanwhile the Central Bank imposes these new mortgage rules that will send young house hunters running for the hills."

"We need a national housing strategy that has input from all key players in the housing sector including the expertise available from academics and practitioners. We urgently need a strategy that focuses not just on social housing but also on the creation of a viable, healthy rental sector that gives people the option of a long term housing solution that they can call home rather than an uncertain, short-term rental market. Given the new mortgage regulations and the increasing number of people on low pay, more than ever, people are going to have no choice but to rent a home and it is vital that we provide a rental sector that can adequately manage this demand."

"This is a crisis and it needs to get the comprehensive attention it deserves rather than a piecemeal approach. It needs to be put on a war footing if we are to stamp out homelessness and develop a viable rental sector for those who don't want or can't afford to buy and who

don't qualify for social housing."

#### Irish Water Confused About Who Fixes Water Leaks

Possibility of additional charges for those who find themselves with a leak outside their property.

In response to two separate parliamentary questions tabled by Independent TD Catherine Murphy, Minister Alan Kelly has provided two separate and conflicting answers regarding the responsibility for water leaks outside properties.

In response to the first question the Minister states that 'responsibility for repair and maintenance of the internal water distribution system from the main stopcock/meter to the house and within the house rests with the homeowner'. However, in the second answer, the Minister states that Irish Water is 'responsible for water services infrastructure...to the curtilage of a private dwelling'. This creates a contradiction regarding who exactly is responsible for a leak in the space between the stopcock and the boundary wall of the property.

"If the curtilage of the property, in other words the boundary wall, is to be the limit of a homeowners responsibility then he can't also say that they are responsible for the gap between the stopcock/meter – which is located outside the property, usually on a public footpath or road, and the property."

"If you imagine an average house with a front garden, the stopcock/meter will be based somewhere outside the front wall and there will be a gap between that and the wall. If the Minister is going to make the homeowner liable for leaks occurring in that space then he needs to let people know that there will be further charges involved in that. If a person is to be responsible for that 'gap' between their property and the stopcock/meter, then to repair a leak in that area they would need to first pay an admin fee of approximately €100 to the local authority, an additional fee of roughly €30 to open the public ground (these fees vary depending on the local authority in question), and a minimum refundable bond (in the case of Kildare County Council that amount is set at €500) which will be repaid once the local authority are satisfied that the public ground has been reinstated satisfactorily. In addition, It is an offence to excavate a road without a permit'

"These conflicting responses are indicative of the poor communication that has been a hallmark of the Irish Water fiasco. A large part of the reason that people are fearful of water charges is because there has been such misinformation from the outset and public trust in Irish Water has been decimated."

#### Technical Group Members Suspended from Dáil as Ceann Comhairle Refuses to Allow Them to speak

A number of Independent TDs were today suspended from the Dáil sitting by the Ceann Comhairle because they challenged him on his decision to ignore the instructions of the Technical Group regarding which members of the Group would be allowed to speak during time reserved for the Technical Group. The Group continued to insist on their right to be heard and the Ceann Comhairle suspended the entire sitting of the Dáil rather than hear the issue.

This morning, the Ceann Comhairle issued a letter to the Technical Group saying that he would ignore speaker lists provided by the Group for the purposes of the administrative functioning of the Dáil. This would, in effect, remove the Group's control over who could speak to any business of the Dáil in the time allocated to the Group.

Essentially, a member of the Technical Group could be due to speak in the Dáil, on agreement of the Group, that member could then be refused the opportunity to speak and the Ceann Comhairle could call on a deputy of his choice to speak instead.

"This is unworkable, impractical and unfair. The Technical group is required by the Oireachtas to centrally administer parliamentary functions. They insist on us submitting questions, PMBs and other Oireachtas business through a central Group Coordinator but now, at the discretion of the Ceann Comhairle, they will override that administrative function. It makes the functioning of the Dáil impossible for all members of the Dáil, both opposition and Government. Each of the Whips offices from across all parties and the Technical group work closely to ensure timings are communicated and the Dáil business runs smoothly. If that ceases then it will be a veritable free-for-all and daily business will suffer as a result "

"The Technical Group has no choice but to try and force the issue onto the agenda. We cannot continue a situation where the Ceann Comhairle makes hugely impacting decisions behind closed doors and then enforces them to the detriment of those of us who seek to operate a democratic and smooth running Oireachtas on a daily basis."

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#### Christmas Baking

#### **Traditional Christmas Cake**

Ingredients

225g/8oz Cream Plain Flour (sieved)

175g/6oz Margarine

225g/8oz Dark Brown Sugar 375g Sultanas (one packet)

375g Fruit Mix (one packet)

100g Cherries (one Tub)

100g Chopped Mixed Nuts (one packet)

100g Ground Almonds (one packet)

3 Large Eggs

Rind and Juice of one Orange

1 teaspoon Mixed Spice

2 baby bottles of Brandy



#### Method

Put margarine, sugar, fruit, rind, juice and one baby bottle of the brandy into a large saucepan. Slowly bring to the boil, stirring occasionally, until the margarine has melted. Turn off heat and leave to cool for approx. 30 minutes. Meanwhile pre-heat oven to 140°C/275°F/Gas 1 and line an 8"/20cm round deep cake tin with greaseproof paper. Stir the eggs, nuts and ground almonds into the fruit mixture and mix well. Finally, stir in the sieved flour and mixed spice. Spoon the mixture into the tin and smooth it out evenly – the back of a metal spoon dipped in water is handy for this! Bake for  $2\frac{1}{2} - 3$  hours approx. After 2 hours, cover with paper if cake is browning too quickly. To check the cake is done, insert a skewer into the centre- if it comes out clean, the cake is cooked. Make holes in top of warm cake and pour over remaining brandy. Leave cake in tin to cool completely. When cold, wrap in greaseproof paper and then tinfoil. Store in a cool dry place.

#### **Christmas Plum Pudding**

Ingredients

75g/3oz Self Raising Flour 175g/6oz Light Brown Sugar 175g/6oz Margarine 3 Eggs (lightly beaten)

1 teaspoon Mixed Spice

500g packet Luxury Fruit Mix

1 Apple (grated)

100g packet Ground Almonds

175g/6oz Breadcrumbs

1 bottle Stout (1/2 pint)



#### Method

Cream margarine and sugar until light and fluffy. Add the lightly beaten eggs and mix well. Stir in the sieved flour and mixed spice. Next add the fruit mix, grated apple and ground almonds. Mix well. Finally, add the breadcrumbs and bottle of stout. Stir well, cover and leave to stand overnight. Transfer to a 3 pint greased pudding bowl. Steam for 5 hours.

#### To steam pudding in oven:

Put two long strips of tin foil crosswise on work top or table. Place roasting tin on foil. Sit pudding bowl into the tin and fill with boiling water to within 1" of top of tin. Then bring tin foil around to form a parcel, which should be airtight to prevent any steam escaping. Place in preheated oven at 150°C/300°F/Gas 2 for the same length of time as above. There is no need to top up with water during cooking.

#### **Mince Pies**

Pastry

225g/8oz Odlums Cream Plain Flour 125g/4oz Shamrock Golden Caster Sugar 100g Packet Shamrock Ground Almonds 125g/4oz Margarine (room temperature) 1 Egg (beaten)

A little water, if necessary



Filling: 450g/1lb Jar Mincemeat Dusting: Icing sugar

Preheat oven to 200°C/400°F/Gas 6. Lightly grease patty/

bun tins. Put flour, sugar and ground almonds into a mixing bowl and mix well together. Rub margarine through the dry ingredients. Add the egg and water, if required and mix to a soft dough. Turn onto a lightly floured board and gently knead. Cover with cling film and keep in fridge until ready to use. The pastry will keep for about three days. Roll pastry on a floured board and cut rounds with a cutter to fit greased bun/patty tins. Put a teaspoon of mincemeat in each and cut a 'lid' from remaining pastry to put on top. Bake for about 15 minutes or until golden brown. Dust with icing sugar.

FREEZING TIPS:Pastry: When made wrap in cling film and keep in fridge for up to 3 days.

### November Garden

Tender plants will need protecting from frost, gales and freezing rains. Move plants into the greenhouse, or into a sheltered spot. Raise containers off the ground to prevent waterlogging. Insulate outdoor containers from frost bubblewrap works well. Dig new flower beds as the weather allows. In mild weather, weeds will still appear. Hoe regularly to keep them in check. If the ground is not too waterlogged or frozen, you can still plant herbaceous perennials, shrubs, deciduous trees, roses and fruit trees. Ensure all sandpipes and irrigation lines are drained, to avoid damage caused by water freezing inside them.





Lift and divide rhubarb. Split the crown with a spade into sections, making sure each portion has some root and one growing point. Replant them from the outer, younger part of the crown. Continue to harvest leeks, parsnips and kale. But lift parsnips after the first frosts when their flavour will have sweetened. Plant some autumn garlic but improve the soil if it is heavy by adding some organic matter. It is an ideal time to plant currant bushes. Plant raspberry canes. Remove any netting you have on fruit cages, they can get weighed down by snow. Tidy up strawberry plants. Prune pear and apple trees. Check fruits in storage and quickly remove any showing signs of disease.





Citrus trees are often plagued by soft scale, a flat oval, pale yellow/brown limpet-like creatures so use sprays based on fatty acids. To prevent damage to leaves and blossom of fruit trees in spring caused by winter moth caterpillars by placing a sticky grease/glue bands around trunks and tree stakes by early November. Keep the protection sticky and free of debris until mid April. Tree and shrub seeds and berries can still be harvested and sown, once they are ripe.





Finish planting pansies, wallflowers, forget-me-nots and primulas, they need to be planted by early November. Brighten up your doorway with containers or hanging baskets with violas, pansies and polyanthus. Check that climbers, tall plants and young trees are secure to fixings such as trellising, stakes and canes. Also check that structures within the garden that they are secure. Collect and dispose of all fallen rose leaves, especially those that are diseased and infected with Black Spot. Do not place them in the compost heap - bin them or burn them.





Lily bulbs can still be planted this month. Plant tulip bulbs this month. Cut down faded herbaceous perennials and add these to the compost heap. Ornamental grasses and bamboos can be cut back and tidied up now. Lift and store dahlias, cannas and bedding begonias that have been hit by the first frosts. Do not feed plants this late in the season - they are no longer growing. It is an ideal time to plant roses. Remembering not to plant roses where you already had them. Check houseplants for pests. Fallen leaves within plants provide a great hiding place for slugs and snails. So remove the leaves as soon as you can. As temperatures drop grass growth slows down. So with no mowing to do, it is an ideal time to get your mower serviced and cleaned before storing it away for the winter. Also clean, oil and sharpen all your garden tools.

Remember winter can be a tough time for birds and wildlife so don't forget to look after them.

A garden is a thing of beauty and a job forever!

#### WING TSUN - IEWTO

#### **Maynooth**

#### **Self – Defence Class**

Venue: Maynooth Community Space Unit 11 Carton Park (Tesco) Shopping Centre Maynooth



#### **Class Times**

Wednesday 8 - 10pm Sunday 10am - 12pm

Instructor
Si-Hing Barry Smith 12th SG

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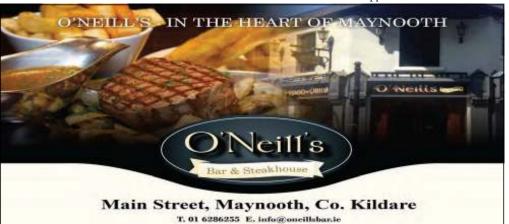
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#### Taking Care of Your Mental Health

November, some say it is the most depressing month of the year. The word 'November' conjures up images of dull, grey, rainy days, dark mornings with even darker evenings and a certain dreariness that no other month brings. The weather and indeed, changing of the seasons can have such a powerful effect on our mental health that we can't underestimate the part it has to play. In this statistic from Aware: 450,000 (1 in every 10) people in Ireland are experiencing depression at any one time. Thankfully there are some things we can do to combat the feelings and symptoms of mild to moderate depression and other mental health issues. One of the best (and often underused) ways to take care of your mental health is through regular exercise.

#### Endorphins

When you exercise, your body releases chemicals called endorphins. These endorphins interact with the receptors in your brain that reduce your perception of pain and also trigger a positive feeling in the body. For example, that euphoric feeling that follows a run or workout (also known as "runner's high,") can trigger a more positive outlook on life. We often hear our members say they "feel great" having completed a workout or exercise class.

#### The Knock-On Effect

Exercising regularly has many benefits including increasing energy levels, reducing stress, lowering blood pressure, strengthening the heart, improving sleeping habits, boosting confidence and warding off anxiety & symptoms of depression. You may also find that when you've started an exercise programme, you're more likely to make healthy choices when eating as you don't want to undo all of your hard work. You're probably also more likely to drink the recommended daily amount (6-8 glasses) of water. Eating properly and staying hydrated will help with any negative symptoms.

#### Routine

The predictability of a routine can help ease anxiety and establishing a routine means you're more likely to stick with it even if you're having a bad day. Scheduling time to exercise consistently means you'll be hungry at meal-times and tired at the end of the day leading to a better quality sleep. Establishing a set routine of exercising, eating and sleeping can help the body and mind cope better with daily life. If you feel like you need a little extra support with your exercise programme, why not sign up for our free 8-week Fitness Programme Support. This keeps you in contact with a fitness instructor in the gym and helps keep your motivation levels high. Ask your instructor about "PREVA", our new workout support feature.

#### Social Aspect

Because strong social support is important for those with depression, exercising with a friend or joining a group exercise class may be beneficial. In doing so, you will benefit from the physical activity and emotional support while having fun and getting fitter at the same time. At the Glenroyal Leisure Club, we have over 40 classes a week, free-to-members, including Yogalates, Aqua Zumba, Spinning, Kettlebells and TRX to name a few.

#### **Building Confidence**

With your new healthier lifestyle, you'll look and feel better which will boost your self-esteem and your mood. Also, setting a specific goal and achieving it will boost your confidence.

If you feel that you or someone you know may be experiencing depression or other mental health issues, please contact your GP. We also recommend that you contact your GP before commencing any exercise regime.

The following presentation was given by Seamus Cullen at the Tyrconnell Tower, Carton on Sunday 24 August 2014 to the attendance of the Maynooth Local History Group organized Heritage week event.

#### TYRCONNELL TOWER

The Tyrconnell Tower in Carton Demesne stands on the summit of a hill dominating the



present Carton House Golf Club. It is an eve-catching feature throughout a substantial area of north Kildare and south Meath named after Richard Talbot the duke of Tyrconnell who was the viceroy between 1687 and 1689. Tyrconnell was born in Carton House and was a member of the Talbot family who held the estate throughout the 17th century.

Duchess of Tyrconnell The tower is one of three sites or locations in the locality that has

the Tyrconnell name. The others include a bedroom suite in Barberstown Castle named the 'Lady Tyrconnell', and a plaque on the gable wall of Rathcoffey Church commemorating Lady Tyrconnell's connection to the church.

#### Date of erection

The Tyrconnell Tower predates the FitzGerald building programme at Carton which began with the remodeling of the house and the development of the estate by Robert 19th Earl of Kildare in 1739. It is known that no building work was carried out on the estate between 1689 when Tyrconnell was the owner and 1739. This clearly points to the Tyrconnell-Talbot family ownership of Carton and a date in the late 17<sup>th</sup> century for the erection of the Tower.

Other evidence that suggests a 17<sup>th</sup> century construction comes from an engraving of Carton dating from the early 1700s which show the original Talbot House and estate at Carton. This image was published by Lord Walter FitzGerald in the Kildare Archaeological Journal in 1902 and clearly shows the Tyrconnell Tower. Lord Walter examined the engraving and concluded that the tower appeared to be a ruin at that stage.

A suggestion that it was originally built as a folly can be discounted as it predates the era of follys. The follys at Larchill and Dangan for instance date from the 1730s; the Connolly Folly or the Obelisk close to Carton from 1740 and the Aylmer Folly on the Hill of Allen dates from the 1860s. However, it is known that Augustine Frederick 3rd Duke of Leinster restored the tower as a folly in the early 19th century. It was as a folly that the duke brought Queen Victoria to view the tower when she visited Carton in 1849. From the tower the Queen could see many of the great wooded estates in Kildare and Meath which added to the pleasant scenery of the locality. From the tower today the park like landscape of the two counties are still evident.

#### Tyrconnell -Talbot family

The construction of the tower evidently belongs to the Tyrconnell -Talbot family and exploring its early history requires a study of the Talbot family. The duke of Tyrconnell's father, Sir William Talbot of Malahide acquired the leasehold of Carton Estate in 1603. The estate did not have the same area as the present Carton Estate, the principal dwelling was Old Carton Castle which had a chapel of ease within the grounds of the castle. The site of this castle is in the farm-yard of 'Leinster Stud' and the site of the chapel is in Old Carton graveyard, situated on the Dunboyne road half a mile east from the Dunboyne entrance to Carton.

William Talbot was a man of important status and having acquired Carton Estate he set out to increase his standing locally and establish strong roots for himself and his family in his adopted area. This required a number of tasks; firstly, to build an impressive seat; secondly, to establish a local family burial plot and thirdly, an involvement in local affairs. He was quite successful in both local and national affairs serving as an MP for county Kildare and was regarded as one of the leaders of the Old English Party in the Irish parliament. In 1623, King James I, granted him the title of Sir William Talbot 1st Baronet of Carton. The castle at Old Carton may have been a secure residence in the medieval period but by the 17th century it would have been unsuitable as a fashionable residence. The new residence may have been built shortly after William Talbot's marriage in 1607. It was a substantial dwelling on the site of the present Carton house. Much of the original Carton House was incorporated within the present structure when the house was remodeled and extended in 1739 by Robert 19th Earl of Kildare.

Sir William Talbot and his wife Alison had sixteen children, eight sons and eight daughters. The second son was Peter Talbot, a famous Archbishop of Dublin, and the eighth was Richard Talbot, duke of Tyrconnell the man who gave the Tower its name. William Talbot died on 16th March 1633. Some confusion exists at to where he was buried with one source indicating it was in Laraghbryan Cemetery and another suggesting Old Carton Graveyard. Local tradition suggests it was Old Carton where Sir William and his wife Alison were buried, this was also confirmed by research carried out by Lord Walter FitzGerald. He would have been buried in a vault in the chapel or a mortuary wing of the chapel at Old Carton. The outline of this chapel is still visible in Old Carton graveyard. Other members of the family were buried in the family vault throughout the 17th century.

#### **Richard Duke of Tyrconnell**

By the 1680s Richard Talbot, William's youngest son had



acquired Carton Estate. He had served the Stuart Kings throughout most of his life and returned to Carton in 1685 when King James II appointed him commander in chief of the army. He was also granted a title Baron of Talbotstown and subsequently an additional title of Earl of Tyrconnell. His first wife had died in 1679 and he subsequently married the glamorous Frances

Jennings, one of the most beautiful women of her day Other positions and titles were granted to Tyrconnell. James II appointed him Viceroy of Ireland in 1687 and he was also elevated to the title Duke of Tyrconnell. In the late 1680s he was the most powerful man in the country and ruled it in the name of King James II. During this period, he renamed Carton 'Talbotstown' after his family name and title and the house functioned more like a palace than a country house. The Viceregal Lodge at the time was in Chaplelizod and Tyrconnell used Talbotstown [Carton] for important functions. He had a glamorous lifestyle, a wife renowned for her beauty, and on the estate a chapel and a family burial plot almost certainly sited in the chapel. Other families in the area not as powerful as the Tyrconnells had family mausoleums adjoining churches close to their residence. Relevant examples include, the Aylmers of Donadea and the Dongons of Castletown. Tyrconnell's sister Mary Talbot was the wife of Sir John Dongon and she herself was buried in an impressive mausoleum adjoining the Church at Tea Lane, graveyard in Celbridge. By all accounts the Talbot burial chamber may not have been as impressive as the burial chambers of neighbouring members of the aristocracy and this may have motivated Tyrconnell to construct an elaborate mausoleum, on the summit of the hill, at Carton to replace what may have been a modest burial chamber at Old Carton.

#### **Construction of the Tyrconnell Tower**

Stonework over the entrance to the Tyrconnell Tower reveals a high arched feature which could suggest that the original ground floor may been a vaulted structure. One of the best examples in the area of a mausoleum from this period is the Maunsell mausoleum in Tea Lane, Graveyard Celbridge. It was originally the Dongan mausoleum and the ground floor area is vaulted. Lord Walter FitzGerald suggests that the high arched entrance in the Tyrconnell Tower may have been to facilitate adding a wing onto the building and that the original plans may not have been completed. This suggestion indicates that a wing, possibly a small chapel, may have been intended to be added to the structure. The tower following its construction was known as 'The Steeple'. The term which comes from an estate map of Carton in 1739 showing a field known as the Steeple field where the tower is located gives ample proof

of an ecclesiastical purpose for the Tower. The likelihood is that Tyrconnell built the tower as the family mausoleum for himself and his wife and it would be his intention to remove the remains of his parents and other family members and monuments to their memory from the burial chamber at Old Carton to the new mausoleum. Some scant details of the Talbot family memorial in Old Carton survives with one mentioned in the OS letters from October 1837. Only the lid or side piece survived which was described as ornamented with carvings and figures of animals. The local tradition at the time was adamant that the slab belonged to the Talbot family. Two generations later in 1902, Lord Walter FitzGerald found the remains of the burial monument but by that time it had deteriorated and was greatly reduced in size. Unfortunately no carvings of animals or any markings that would give clues of which family crest that may have been on it survived. Furthermore, there were no details to suggest a connection to the Tyrconnell - Talbot family. The slab measured five and a half feet in length and from nine inches to two feet in breadth. It was three inches in thickness and the edges were mitred. The writing detail was so deteriorated that Lord Walter could only give an approximate presumption which was as follows: on the first line 'Here Lyeth' and on the second line only one word which looked like 'Luttrell'. This puzzled Lord Walter as he knew the family background of the Talbots, and there was no Luttrell connection to the family. Investigation for the present study, however, revealed that the doubtful family name may in fact Netterville. When erosion of grave stones has taken place names with similar lettering, such as Luttrell and Netterville can become indistinguishable and this may be the case here. An examination of genealogical records show that Sir William Talbot's wife was Alison Netterville. In gravestones and burial slabs from this period the maiden name of the Lady of the household was always included. In addition the coat of arms of both the head of the household and his wife were likewise incorporated.

#### Conclusion

In conclusion it appears that Tyrconnell was in the process of building a mausoleum for himself and his family when the Jacobite-Williamite War occurred. In all probability it was his intention to re-intern his immediate Talbot relatives in the new mausoleum had the Tower been fully completed. When the Williamites occupied the Maynooth area in late July 1690 it is reputed that they seized personal items and property belonging to Jacobite leaders such as Tyrconnell. Tyrconnell's property was excluded in the provisions of the Treaty of Limerick which guaranteed that no landholder would forfeit their estates. It is likely that the Talbot burial monument was broken in this period while the war was taking place or shortly afterwards. Tyrconnell died of apoplexy in Limerick in 1691 during the second siege of the city and was buried there in St Mary's Cathedral. During the siege the Cathedral was badly damaged. However, in the aftermath of the war William of Orange granted £1,000 towards its restoration. It is ironic that although Williamite supporters in the Maynooth area were blamed for the destruction of Jacobite property, which may have included the Talbot burial monument, William of Orange financially supported the restoration of a Cathedral where Tyrconnell is buried. Tyrconnell's widow was also buried in a Cathedral. She died in 1730 and was buried in the Jones's family vault of St Patrick's Cathedral, Dublin, Had history been different both the duke and duchess of Tyrconnell could be resting together in a vault in the Tyrconnell Tower.



Portion of the Talbot family memorial from Old carton







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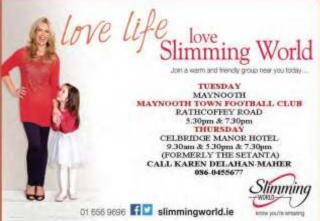
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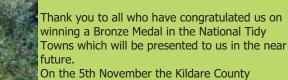
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Copy Date for the December/January edition of the Maynooth Newsletter is Tuesday 18th November

#### **Maynooth Tidy Towns**



Council Community and Tidy Towns Awards will be presented by the Mayor of Kildare Councillor Fiona O`Loughlin. Maynooth

Tidy Towns will receive a certificate in recognition of being Ireland's Best Kept Large Town.

We have been busy since the Tidy Towns results were announced and have produced a Tidy Towns report task list to work on for 2015. We have given two reports to our local engineer on signage and blocked drains.

Any Resident Associations and Householders who require advice on pruning or planting of trees please contact Maynooth Tidy Towns on 087 3153189 or on our Facebook page.

You will notice that the Joan Slade River is much cleaner and the banks tidied up thanks to the work Maynooth Tidy Towns and Kildare County Council local engineer and team.

We are now working on the banks of Lyreen River adjacent to Manor Mills. John Byrne of Maynooth Book Shop and University Book Shop has very kindly produced a set of Calendars, Greeting Cards, Post Cards and Note Books showing scenes of Maynooth and surroundings. These will be on sale in early November at the Maynooth Book Shop, Main St., and University Book Shop on Campus. Proceeds from the sale of these

items will go to Maynooth Tidy Towns and St. Patrick's College Raise the Roof campaign.

**Richard Farrell PRO Maynooth Tidy Towns** 087 3153189



#### A Celebration of Irish Art

Following on from the resounding success of the exhibition in 2013, the indoor and outdoor sculpture exhibition 'Vanishing Art' makes its second annual appearance at Carton House. This exclusive celebration of Irish art will feature artwork from some of Ireland's, and the worlds, most acclaimed artists including Patrick O'Reilly, Lynda Christian, Ger Breslin, Andy McClintock and Alva Gallagher.



Open free of charge to the public, over 100,000 people are expected to visit the exhibition to share this up close and personal experience with these sculptures and one off paintings. Running from the 1st to December 30th, the event is set to be the highlight of the Irish cultural calendar with hundreds of artworks on display throughout the resort's magnificent grounds - perfect for a family day out! Visitors are invited to make the most of the exhibition and enjoy an overnight stay with dinner in the pictureque Linden Tree offering views of the sculptures across the rolling estate.





To be in with a chance to win this stunning piece, all you have to do is buy one of our catalogs at the exhibition.

The centre piece of this work is an inorganic shape, with rough edges and sharp corners, juxtaposing with the bare skin of the young man and woman, naked and vulnerable as they edge their way forward on the surrounding ledge.

The couple look forward cautiously to see where their next step will take them but with life's sharp edges and blind corners any unanticipated event could arise; you never know what is around the corner.



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#### **Miss Otis Regrets**

I have always had an interest in the Victorian era, especially the plight of women and their lack of rights during this period.

It would be right to assume that the life of the average Victorian lady was narrow and restricted. There were codes of conduct to be adhered to and proper manners and etiquette were encouraged. Young ladies would have been warned not to be too liberal in display of their charms and were expected to be pure, chaste, refined and modest. Should they not adhere to this they were considered 'fallen' and so the first time I heard the lyrics of a song, written around this time, I immediately envisioned the plight of the tragic 'Miss Otis' and the story surrounding her, the lady who succumbed to the charms of her lover and the utter desolation when he deserted her.

'Miss Otis regrets she's unable to lunch to-day' The haunting tones of Ella Fitzgerald recently flowed from my radio as she sang of the heartbreak 'and she's sorry to be delayed, but last evening down at lover's lane she strayed'. Her honeyed tones rang as she lamented the distress of the lady who 'shot her lover down' and I was so moved I mentioned to my husband that I wondered who she was and what was the story that led to the misfortune.

To my surprise he informed me that not only did 'Miss Otis' not exist, but the song was never meant to be a tragedy.

It had been penned by one Cole Porter, a name familiar to many as he was a prolific songwriter and composer of the time. He was born in 1862 to a wealthy American family and having learned to play piano at the tender age of six, went on to have an illustrious career writing for stage and screen. Mr. Porter loved to wine and dine and apparently at one of his infamous luncheons, it is rumoured that he boasted he could write a song on any subject. A dining companion then challenged him to compose something based on the next thing they heard in the restaurant where they were eating. Enter a very proper Maitre d' who proceeded to an adjoining table, and in a polite and unemotional voice told the solitary lady waiting there 'Miss Otis regrets she's unable to lunch to-day' and so the melody was born although it was never meant to be the tragedy interpreted by many talented artists who later made it their own, but a song to be delivered in the poker faced way of the stuffy waiter and written by Cole solely for the amusement of his friends. When she woke up and found that her dream of love was gone, Madam, She ran to the man who led her so far astray, and from under her velvet gown, she drew a gun and shot her lover down, Madam, Miss Otis regrets, she's unable to lunch to-day.

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#### Maynooth Family Scoop Medals at Taekwondo Championships



Calum Duncan who took the Gold medal.



Jordan Duncan was a Gold Medal winner.



Eric Duncan was awarded the Silver



Leah wiped the boards with Silver

The Duncan family from Old Greenfield in Maynooth did the town proud when scooping Gold and Silver medals in the English, Scottish and Irish Taekwondo Chamionships which is regarded as one of the toughest and most prestigious in world rankings. We wish them well in future competitions so keep an eye out for them.

#### FILM MONTHLY BY BERNIE CLAXTON

FILM REVIEW: GONE GIRL DIRECTOR: DAVID FINCHER STARRING: BEN AFFLECK & ROSAMUND PIKE



Gone Girl opens in affluent Middle-America suburbia, A dishevelled Nick Dunne (Ben Affleck) arrives home from the bar he owns with his twin sister Margo (Carrie Coon) to find his wife absent. In their spacious, luxurious, house furniture is upturned and there are definite signs of a violent struggle. Amy Dunne (Rosamund Pike) has vanished into thin air on the morning of the couple's fifth wedding anniversary. So begins David Fincher's gripping film adaptation of Gillian Flynn's chilly and best-selling thriller novel of 2012.

Flynn, a former journalist for Entertainment Weekly, has

frynn, a former journalist for Entertainment Weekly, has fashioned a razor-sharp screenplay from her pageturning source novel. Despite some necessary pruning of the material for the transfer to screen, this story of marital discord, mystery and madness is essentially intact.

As the husband, Nick Dunne naturally becomes the prime suspect in his beautiful wife's mysterious disappearance, Soon he's sucked into a whirlpool of police and media speculation. However, what begins as ostensibly a missing-person mystery veers wildly off into myriad directions under the expert direction of David Fincher.

In Gone Girl we are given two ameliable perspectives of a marriage in meltdown. Nick, likeable but a little smug, seems incapable of presenting a positive image of himself under the scrutiny of the police investigation. Detective Boney (a quirky Kim Dickens) and her deadpan side-kick, Officer Gilpin (Patrick Fugit) operate at the level of scepticism when it comes to the culpability or not of their suspect.



The latter appears peculiarly clueless in the finer details of his marriage to Amy. He doesn't know if she has friends or even her blood type. Nick also doesn't appear to be taking a police interview seriously and some ill-timed humour on his part certainly doesn't help his case. Does his detached demeanour render him cold-blooded, evasive or a potential wife-murderer? Both Fincher and Flynn refuse to give us easy answers to these questions.

This scenario is further complicated by the introduction of Rosamund's Pike's narrative. As she is the **Gone Girl** of the title, her story is relayed through the prism of diary entries. Cue flashbacks....

In Amy's early reminisces of her relationship with Nick, she presents a picture-perfect idealisation of their first years together. This impossibly beautiful, witty and clever couple meet at a New York party for writers and end their first evening together in an intimate embrace. Fincher cloaks this scene from the past in a swooning romanticism: sonorous music swells on the soundtrack; Nick and Amy kiss in a sugar-storm emitting from a local bakery. It's an apt scene as their relationship appears sugar-coated for the first two years. Pike in voiccover reveals that the old adage 'marriage is hard work' is not true in their case. She gleefully admits – "We are so cute, I want to punch us in the face!"



We could be in rom-com territory here, except we are not. This is a David Fincher (Seven, The Fight Club, Zodiac) film. At some point, the marriage of Nick and Amy Dunne stopped being 'cute'. Add a recession, subtract two jobs, and mix in some money problems. A transfer from a vibrant New York lifestyle to a drab, grey Missouri existence only serves to highlight the fault lines in their shaky alliance. Nick's lack of drive or ambition proves disapproining to Amy, while her high expectations and disapproval of him exasperate Nick. Both parties, to their detriment, had seemingly hought into the shallow pretences of the other.

In Gone Girl we have a dizzying change of perspectives, timeframes and allegiances. David Fincher has great funsetting up expectations for the viewer and then upending them. Who can we trust? Who is a reliable narrator? As with the He said/She said direction of Flynn's original novel, Fincher cross-cuts between Nick's and Amy's viewpoints. In the present, Nick's ordinary, confused, everyman-persona tackles police and media alike. In the past he's increasingly unlikeable and possibly abusive as painted by Amy in her diary. She wonders if she is 'something to be jettisoned' or 'something disposable'. Ominously, she fears she 'could disappear'.



Fincher's Gone Girl juggles a lot of balls in the air. At one level it's an intriguing 'gone girl' mystery (with treasure hunt clues thrown in for good measure), at another it's a cynical dissection of the marriage from hell. Yet another layer involves a scathing attack on the corrosive nature of media in contemporary life. Ben Affleck's anti-hero becomes a punch-bag in the frenzied search for Amy. The examination of a voracious American media on the hunt for errant husbands provides Gone Girl with some of its most darkly funny moments.

Ben Affleck is terrific as the bewildered husband persecuted and pilloried by a sensation-hungry and Amy -loving media. The actor's handsome, glib features are peculiarly suited to the part of a potential wife-killer. Nick's every move, every facial tick is poured over and scrutinised for the delectation of the TV studios. In hilarious and intrusive scenes, Nick is painted as a sociopath with no empathy: selfies with fame-hungry bimbos backfire; his close relationship with his sister Margo is deemed 'disturbingly close' - 'Twincest' is the the best film of 2014. cry!; at a press conference Nick produces a 'killer smile' on cuel; women at candle-lit vigils think he's alternatively hot or creepy. Finally, an adulterous affair with a college student consolidates the image of Nick as the 'most hated man in America'. A weary Nick Dunne has no place to hide as he goes 'mainstream' across the networks.

Rosamund Pike's glacial Amy matches Affleck turn for turn. While he is a muscular substantial presence in the present-day, she is a less than tangible and ethereal reminder of their past lives. The elegant Pike seems to glide through the early section of Gone Girl with studied poise and ease. She is the beautiful, sophisticated, funny children's writer from moneyed parents, 'Amazing Amy' captured the heart of the good-looking and charming journalist, Nick Dunne, who then proceeded to stamp on hers! In later scenes, the early grace is supplanted by white-hot rage as Amy seethes with resentment at the less than satisfactory bargain she has struck with her beer drinking - Adam-Sandler-moviesloving - husband! Pike's disgruntled wife refuses to be the 'Cool Girl' depicted in Flynn's blistering monologue on modern relationships. This is Grace Kelly on acid! It's a remarkable performance and sure to attract Oscar attention. Gone Girl's Biggest Villain is Marriage Itself



Gone Girl's supporting cast is equally excellent.

Carrie Coon brings warmth, concern and support to her role, as Affleck's outspoken sister, and another perspective on Amy. In her view 'complicated is code for bitch!' She assures Nick that whoever took Amy is 'bound to give her back!' Kim Dickens' feisty police woman is both determined and sympathetic to Nick's plight. Tyler Perry provides an amusing turn as Nick's defence lawyer. Understanding the power of the media, Perry's lawyer attempts to realign Nick's murky image for public consumption. As Nick knows to his cost, image is everything in this shallow universe.

David Fincher's film is a stylish, satirical and detailed take on Gillian Flynn's suspense novel. Gone Girl has enough twists and U-turns to leave the average viewer gasping for breath. These aspects of the story are cranked up for maximum effect. However, here's the real deal: Fincher lures you in with the promise of a murder-mystery and then transforms it into a horse of a different colour.

Gone Girl is essentially about the masks we wear and the lies we sell to others as we pretend to be something we're not. It's about the crushing disappointment of expectations when wedded bliss turns to icy disdain and contempt. It's also about the manufacturing of identity in an image-saturated world. Above all, Gone Girl is a film which manages to be deeply unsettling and relentlessly funny at the same time. With Fincher's cool direction, superb performances from his two lead players, a lacerating script by Flynn and a moody soundtrack by Trent Reznor and Atticus Ross, Gone Girl may just be the best film of 2014.



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#### **Trumpeter Swans**



Trumpeter swans used to have a big breeding range. It was from the Bering Sea east through almost all of Canada, south to Missouri, Illinois, Indiana. Now the Breeding range is from Alaska, south to the Columbia River onto the south border of Washington.

Trumpeter swans spend their summer in Alaska. Their population numbers were dangerously low at one time, but they have since recovered.

When Trumpeter swans are three years old they will begin searching for a mate. When they find a mate they will be mates for life.

The cob, a male swan, will give out a mating call. When a pen, a female swan, comes along he tries to get her. When they are successful they will nest together the next year.

A nest is important when the swans nest together. In late March through early May the swans will build a nest. The cob will get the nesting material for the nest. The pen will assemble the nest. This takes about two weeks to build. The nest is six to eleven feet in diameter. They use the same nest for a few years. The pen will lay three to nine eggs, every other day into the nest. It takes thirty-five days to incubate the eggs.

The life cycle of a trumpeter swan begins when the cygnets hatch from the eggs. The pen will have three to nine cygnets. When the cygnets are born they are gray with pink bills. They are born with their down feathers which keep them warm. The cygnets weigh half a pound each. When the cygnets are born they can't fly because they have no flight feathers. The whole family will go on short feeding trips into the wetland on the cygnets third day. The cygnets eat insects and aquatic crustaceans. The pen and cob stir up the food for the cygnets to eat. When the cygnets reach five weeks old they eat more plants. After two to three months the cygnet's diet will be like those of an adult. They eat roots, stems, leaves and seeds of the aquatic plants. When the cygnets are at this age or younger, the parents are very protective of them. If there is danger the parents will call to their cygnets and then hide. The parents teach the cygnets how to swim and to catch food. The cygnets learn watching their parents and imitating them. By now the cygnets are growing their feathers. In late summer many young swans can fly. These young swans stay with their parents for around one year, When they reach three years old they can start on their own.

When it starts to snow the swans leave their summer territories. They fly in a "V" shaped formation. The trumpeter swans from Alaska have to fly for one thousand miles. When they reach their destination they rest in a river or pond.



#### Pedestrian Safety

Although you can't be responsible for the way people drive, you can take a number of steps to make yourself safer as a pedestrian. A lot of these are common sense which some people do not use.

- 1 Stop, look and listen this means you should not have earphones blasting so loud that you cannot hear traffic or people around you
- 2 Don't be on your phone crossing the road your full attention should be on the
- 4 Don't try to cross the road between parked cars
- 5 Cross at a pedestrian crossing or traffic lights that's what they are there for
- 6 Never cross at a bend
- 7 If there is a footpath use it
- 8 If there is no footpath, walk/run/jog on the right hand side of the road, facing oncoming traffic and keeping as close as possible to the side of the road.
- 9 Walk no more than two abreast and if the road is narrow or there is heavy traffic, walk in single file

#### Sobering facts

Drunken pedestrians are a source of danger to themselves and other road users. If you have had one too many, don't attempt to walk – get a taxi, use public transport or get a lift from a (non-drinking) friend.



#### **Cycling Safety**

Cycling is a common means of transport in Ireland. It's great exercise, it's cheap and it cuts down on travel time, especially during rush-hour. But cyclists are also a vulnerable category of road user. Every year there are several cycling fatalities on Irish roads and countless collisions involving cyclists. As a cyclist, you can reduce your risk of death or injury by following some simple advice:

- 1 Never cycle in the dark without adequate lighting white for front, red for rear
- 2 Always wear luminous clothing such as hi-vis vests, fluorescent armbands and reflective belts so that other road users can see you
- 3 Wear a helmet
- 4 Make sure you keep to the left. Always look behind and give the proper signal before moving off, changing lanes or making a turn
- 5 Follow the rules of the road, never run traffic lights or weave unpredictably in and out of traffic
- 6 Maintain your bike properly in particular, your brakes should work properly and your tyres should be inflated to the right pressure and be in good condition
- 7 Respect other road users don't get into shouting matches with motorists; stop at pedestrian crossings; don't cycle on the footpath
- 8 Watch your speed, especially when cycling on busy streets and going downhill
- 9 Steer well clear of left-turning trucks: let them turn before you move ahead

#### Cycling for children

Parents play an important role in minimising the risk by giving children proper guidance and instruction at an early age to ensure that basic safety rules are absorbed while young.

Do's and don'ts of safe cycling for children

#### Do ensure they:

- 1 Cycle a bike matched to their height and experience
- 2 Wear a safety helmet
- 3 Use lights in dark or dusky conditions



#### Don't allow them to:

- 1 Cycle on public roads unsupervised (if under 12)
- 2 Wear loosely-worn scarves or other clothing that could get caught in the wheels or chain-set
- 3 Take unnecessary risks

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Copy Date for the December/January
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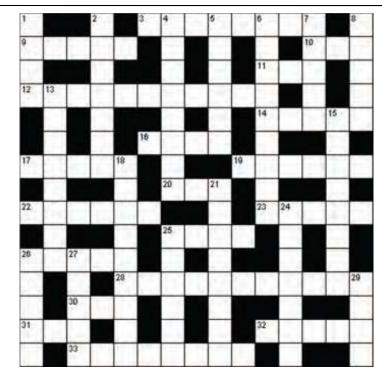
#### **Clues Across**

#### November 2014 Crossword - No: 430

#### **Clues Down**

#### Across

- 3. Surname of Judas (8)
- 9. Pains (5)
- 10. Often (3)
- 11. Attach by stitches (3)
- 12. Rude (11)
- 14. Marshal (5)
- 16. Look at amorously (4)
- 17. Rescues (5)
- 19. Drunk (6)
- 20. Immerse (3)
- 22. Tangle of logs (6)
- 23. Seaport in the Crimea (5)
- 25. Musical group (4)
- 26. Bishop's headdress (5)
- 28. Leaping insect (11)
- 30. Twain (3)
- 31. Female deer (3)
- 32. Stately (5)
- 33. Person who mutinies (8)



#### Down

- 1. Republic in W Africa (4)
- 2. Merit (7)
- 4. Fitted with strings (8)
- 5. Assert (6)
- 6. Immediately (9)
- 7. High building (5)
- 8. Investigate closely (5)
- 13. Tubular pasta (8)
- 15. An opening (8)
- 18. Patsy (9)
- 21. Small in size (4-4)
- 24. Aerodrome (7)
- 25. Defeated (6)
- 26. Covered with mud (5)
- 27. Emblem (5)
- 29. Uncouth (4)

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#### Cooking Tips - Vinegar

Enjoying a salad with a tangy vinaigrette dressing is one of the most popular ways to use vinegar in the kitchen. But that's just the beginning! Regular and flavored vinegars are versatile recipe ingredients that add flavor and distinction, and can also contribute to good health!

To make basic vinaigrette salad dressing use 1 part white distilled vinegar to 4 parts oil. Make creamy vinaigrette by adding some plain or whipped cream to a mixture of 1 part white distilled vinegar to 3 parts oil.

Tenderize meat with white distilled vinegar. Use it in marinades or when slow cooking any tough, inexpensive cuts of meat.

When poaching eggs, add a little white distilled vinegar to the water. The whites stay better formed. For extra tenderness with boiling ribs or stew meat add a tablespoon of white distilled vinegar.

To add a zesty new taste to fresh fruits such as pears, cantaloupe, honeydew, or others, add a splash of rice or balsamic vinegar. Serve immediately to prevent the fruit from becoming mushy.

Freshen wilted vegetables by soaking them in cold water containing a spoonful or two of white distilled vinegar.

When boiling or steaming cauliflower, beets or other vegetables, add a teaspoon or two of white distilled vinegar to the water to help them keep their color. This will also improve their taste, and reduce gassy elements. This also works when cooking beans and bean dishes.

Make pasta less sticky and reduce some of its starch. Add just a dash of white distilled vinegar to the water as it cooks.

Give some extra zest to your white sauce by adding 1/2 teaspoon of white distilled vinegar.

Try cider vinegar or malt vinegar instead of ketchup with french fries - hat's how the British like to eat them. Either one is also great on fish or any fried or broiled meat.

Remove kitchen odors that come from burnt pots or when cooking certain foods by boiling a small amount of water with 1/4 cup white distilled vinegar so that the steam circulates throughout the room.

Make onion odours disappear from your hands by rubbing with white distilled vinegar. Add moistness and taste to any chocolate cake - homemade or from a box - with a spoonful of white distilled vinegar.

To keep frosting from sugaring add a drop of white distilled vinegar. It will also help keep white frosting white and shiny.

Make perfect, fluffy meringue by adding a teaspoon of white distilled vinegar for every 3 to 4 egg whites used.

Perk up any can of soup or sauce with a teaspoon of red or white wine vinegar.

Eliminate the greasy taste in food cooked in a deep fryer by adding a dash of white distilled vinegar.

If you've added too much salt to a recipe, add a spoonful of white distilled vinegar and sugar to try correcting the taste.

Keep molded gelatin desserts and salads from sagging or melting in the summer heat by adding a teaspoon of white distilled vinegar for each box of gelatin used.

When making tuna salad add a dash of any herb-flavoured white distilled vinegar.

Turn out great rice by adding a teaspoon of white distilled vinegar to the boiling water. To make the perfect picnic potato salad dressing combine 1 cup mayonnaise, 3 tablespoons white distilled vinegar, 1 tablespoon sugar, and 1/2 teaspoon salt.

Olives or pimentos covered with white distilled vinegar can be kept almost indefinitely if refrigerated.

To keep eggs from cracking when boiling add a tablespoon or two of white distilled vinegar to water.

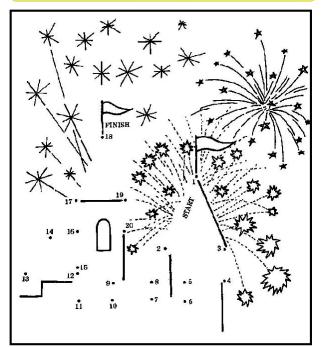


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#### Dot to Dot





### McDonalds Children's Colouring Competition

Prizes: Free Family Meal From McDonald's, Maynooth

| Name:<br>Age: |
|---------------|
| A             |
| Age:          |
|               |
| Addroso:      |
| Address:      |
|               |
|               |
|               |
| Phone No:     |
|               |
|               |

October Winners:

Age: 3 -5: Amelia Holmes. Castle Dawson

Age: 6 -7: Charlotte Favre. Rockfield Park

Age: 8 & Over:

Vicky Alexander, Rockfield Close



Prizes for **Colouring Competition** can be collected at:





## McDonald's

#### November Diary Planner

#### Irish Girl Guides

Meetings Tuesday evening in Maynooth. For further information contact Jackie on 085 1413787 or visit I.G.G. website www.irishgirlguides.ie

#### Community Library

Opening Times
Mondays & Fridays
2pm to 5pm
Tuesdays & Thursdays
1pm to 8pm
Wednesday 9.30am to 1pm
& 2pm to 5pm
Saturday 9.30am to 1pm

#### I.C.A.

Monthly meetings take place every 1st Thursday of the month at 8.00pm.in the I.C.A. Hall in the Harbour.

Crafts every Monday night at 8.00pm.

New members welcome

#### Arthritis Ireland

Arthritis Ireland Walking Group
(Maynooth)
Meeting Monday's at 12 Noon
Maynooth Community Space
Unit 11/12 Tesco SC
Carton Park, Maynooth
For Seated Exercise & Walking
New Members Welcome

## Maynooth Tidy Towns

Volunteers required to help with this work. Contact Number 087 3153189

#### Men's Sheds

Weekly meetings take place every Wednesday at 11.am at the Garden Centre Dublin Road Maynooth. For further details contact John Fleming 087 2041334

## University of Third Age (U3A)

Weekly meetings on Fridays at 11am. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth New Members Welcome Please contact Helen Phone: 01-6286592

#### History Group

Meetings every last
Thursday of the month in
Maynooth Community
Council Office
Tesco Shopping Centre
at 8.00pm.
All Welcome

#### Bridge Club

Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com.

Contact Katherine Cooney 086 8205910

## Parent & Toddler Group

Every Thursday from
10.00 a.m. to 12.00 p.m.
Maynooth Community
Space
Unit 11/12 Tesco SC
Carton Park, Maynooth

## Maynooth Community Church

### MAYNOOTH COMMUNITY CHURCH

1st Floor Manor Mills Service times every Sunday morning from 10.30 am www.maynoothcc.org



#### MAYNOOTH GOSPEL CHOIR'S ANNUAL PERFORMANCE



Maynooth Gospel Choir had its annual performance recently in St. Mary's Church, Maynooth and it went down a treat! Let It Rise: An Evening With The Maynooth Gospel Choir proved an uplifting and joyful experience

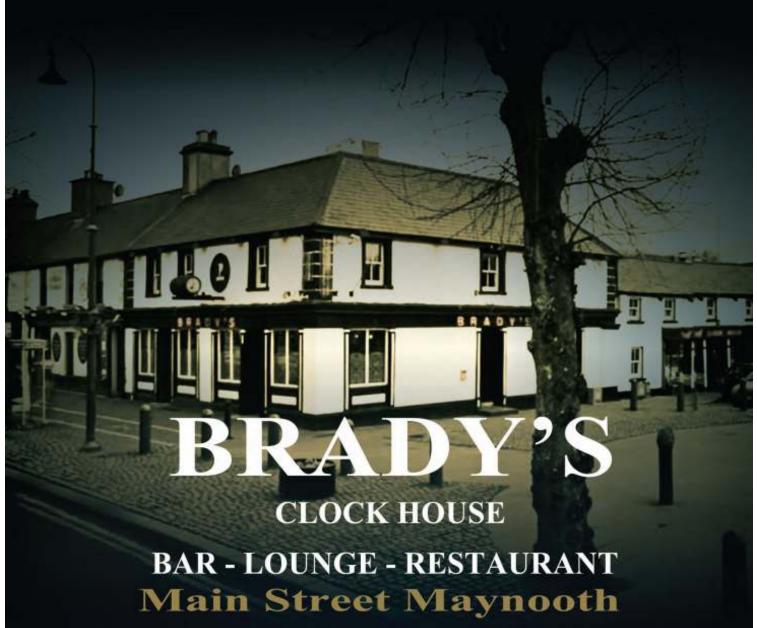
for all who attended.

The Gospel sound is definitely infectious and the choir had the whole church on their feet tapping and clapping. Everyone present got carried away with the choir's positive attitude.

Over the years, the choir have appeared on RTÉ's **Don't Tell The Bride**, **The Saturday Night Show** with Brendan O'Connor and featured on **Radio 2fm** and **Today FM**. They opened the **Dublin City Soul Festival** this year. At the start of October, the Gospel Choir performed with Kildare man Connor McKeon in the National Concert Hall. This event was titled **Tum The Tide of Suicide** and featured popular singers Brian Kennedy and Frances Black.

The Gospel Choir were also part of the opening ceremony of the Eucharistic Congress when Ireland hosted the event in 2012. Maynooth Gospel Choir has also toured extensively with Jack L, performing in large (Cork Opera House) and small venues (regional theatres in industrial estates!) all over the country. They also support charity events on a regular basis.

If you missed their annual performance, then don't worry you can catch our local Gospel Choir at 6pm Mass in St. Mary's Church, Maynooth on the first Sunday of every month!



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One of the Hottest Centres of Maynooth's
Vibrant Nightlife with Cocktail Bar
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# Labour Advice Service



**Emmet Stagg TD** 

Every Monday at 4.00 pm in McMahon's (Formerly Caulfield's)

(Except Bank Holiday Weekends)

Dáil contact Numbers 01-6183013/6183797





## aynooth Newsletter

Serving the people of Maynooth

Dec2014 Jan2015

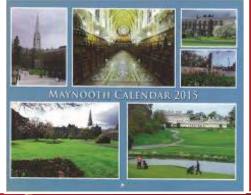
Local News

FREE

Launch of Maynooth Calendar and the Kildare County Council County Award (See Maynooth Tidy T owns Notes on Page 4)







#### Tis The Season to Shop Local

The festive season is fast approaching. Frosty mornings, shorter days and leaves on the ground signal the end of yet another year. Once Halloween is over, the preparations for Christmas really step up a gear. Advertisements on T.V., Jingle Bells a'jingling in department stores and carol singers on every corner remind us that the season of giving and receiving is nigh. This is the perfect opportunity to support our local shops in Maynooth.

In the run-up to Christmas, people are more inclined to spend money. This is good news for retailers and businesses who depend on important revenue from shoppers to keep the economy ticking over. In this regard, it is essential that we shop and buy local. Supporting local shops, department stores, restaurants, hotels and pubs has the knock-on effect of ensuring employment for many people. This is very good news for the community and the revenue generated by shoppers in local businesses will also go back into the local economy.

With multiple shops, stores and services to avail of in Maynooth why would you want to venture further than your own door-step! Shopping locally takes the stress-factor out of the annual search for all those important Christmas presents and supplies. Instead of rushing into a crowded city centre, why not saunter, at your leisure, around the local shops and stores in Maynooth. The quality and diversity of goods and services on offer can match any of the bigger brand-named stores in Dublin. So, all your needs and requirements for the perfect Christmas season can be met in one locality!

So, this Christmas, we would strongly recommend that you support our great community in Maynooth by choosing to shop local for all your festive needs. This, in turn, will help to invigorate the local economy and protect vital jobs in the process.

Happy Christmas Shopping!

### Keep Maynooth Working Shop Local This Christmas

This publication is produced by Maynooth Community Council's Community Employment Scheme, supported by
Department of Social Protection, which is funded by the Irish Government under
the National Development Plan 2007 - 2013

## McCormack's Pharmacy

Main St, Maynooth
Tel: 01-6286274 Fax: 01-6290538

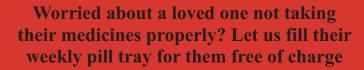






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Email: info@gerrynally.com - Website: www.gerrynally.com

#### Silence

History... it made the day feel so long. As the class began to take their seats Mr. Gleeson stood up, as if about to make a long speech about someone in the past. But...NO, he began by saying welcome. "I'm happy to say that we have a double history lesson today. It will be two hours long." Amanda Greystone began chewing on her nails; she now dreading what had come out of the teacher's mouth. She began staring at Daragh..

Mr. Gleeson going into his tenth minute of this speech, talking about why the extra lesson. Amanda just beginning to listen to what Mr. Gleeson was droning on about... a pop quiz... to see what we have learnt today!

As the lesson nearly over; not one teenager was thinking about the test. But Mr. Gleeson was; he began handing out the tests. Feeling alert I stared at the paper. I usually know this stuff!

My classmates were finishing the test quite quickly. Mr. Gleeson strolled around and collected the tests. As he approached me I felt sickened. My first F this season. He began to ask why I wasn't finished... wait, not even started... SILENCE.

By Caoimhe Matthews:

Age 11





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#### Pets at Christmas

All the staff in our veterinary clinics would like to wish you a very happy Christmas and a peaceful New Year. We would like to thank our loyal and valued clients for their continued support throughout 2014. It is always a great pleasure to look after the health and wellbeing of your pets. At Maynooth Veterinary Clinic we very much enjoy both the challenges and rewards that our work brings. A special thanks to all of you who have visited our website throughout the year, we are delighted that you find it so informative. There are a few pet matters which Christmas brings every year and in this article I wish to outline the more serious matters:



#### Pups as presents

Santa is often asked to bring a pup as a present and usually this can be a very difficult request for him to decline. However the novelty factor has to be given serious consideration. It is very important to remember the lifelong commitment that is being undertaken when a new pup arrives and all of the associated duties and costs involved. Unfortunately every year we see the aftermath of rejected Christmas pups and it is a very sad experience

to see the trauma that an unwanted pup can go through. If you visit maynoothyet.com, our October 2012 article is about choosing a pet.

At Christmas time, despite best intentions we all eat too much, as do our pets. Very often our dogs can be thoughtlessly turned into unwanted food disposal units. In our Maynooth, Clane and Edenderry Clinics we see the consequences of this pets present with vomiting, diarrhoea and often with serious symptoms of food poisoning. Owners will often say, 'he



likes turkey so we gave him some for his dinner'. Turkey is very high in protein and cannot be viewed as simply an oversized chicken. This will cause

your pet to have a digestive upset and can be very debilitating and unpleasant for him. Ham and sausage meat are also very rich foods which are often fed to excess over the Christmas period. Please ensure that your pet remains on his normal diet over the festive season as any sudden changes in diet are very difficult for pets to cope with.

Be sure to remind visitors that they are not doing your pet any good by giving him treats and that he will be fed as normal.

#### Exercise



Here I have some conflicting advice, pups should never be brought out in public until one week after they have received their final vaccination. (you can visit our website maynoothvets.com for vaccination details). When they are ready to go out in public it is important that they receive the appropriate amount of exercise and that this is gradually increased in combination with a good quality

puppy food. Pups also require enormous amounts of rest and this should be catered for.

Mature dogs need their routine exercise and this should be continued over Christmas. Your dog can often be the focus of great interest for visiting youngsters - resist the temptation to stay in and watch Home Alone and instead take the opportunity to go out for a walk with your dog, family and

Once again a Happy Christmas to you all and please remember as ever we at Maynooth and Clane Veterinary Clinics have our own vet on call over the Christmas. This service is restricted to our registered clients. In the event of an emergency please phone either 01-6289467 or 045-982763 to speak with our on-call vet.

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#### **Maynooth Tidy Towns**



Maynooth Tidy Towns received an invitation from Kildare County Council to the County Awards in the IONTAS Building in Maynooth University on Wednesday 5th November. A wonderful evening took place culminating with a presentation of a beautiful Bog Oak sculpture by the Mayor of Kildare Clr. Fiona O'Loughlin to mark Maynooth winning in 2014 Ireland's Best Kept Large Town competition. We also

received a Certificate for winning a Bronze Medal in the 2014 National Tidy Towns competition

Friday 7th November we had our annual "Thank You" evening sponsored by the Glenroyal Hotel for our committee and volunteers who have been working from February last to the present day on projects around the town. John Byrne of Maynooth/University Book Shop also took the opportunity at this event of launching the 2015 Maynooth Calendar, post cards, greeting cards and notebooks. We are very grateful to John and Ursula for this initiative from which Maynooth Tidy Towns and St. Patrick's College "Raise the Roof Campaign" will benefit. Please support by buying Calendars and Cards in the Maynooth Book Shop, Main St. Maynooth and also available in the Maynooth University Book Shop.

As in previous years Jim Doyle will be selling Christmas trees and wreaths at Buckley's House adjacent to the Garda Station. After Christmas please recycle your tree in the Kildare County Council depot in Leinster St. Maynooth. The WEEE Ireland Collection of electrical goods and batteries will take place on 28th March 2015 in the Tesco Shopping Car Park.

On behalf of Maynooth Tidy Towns we wish the staff and readers of Maynooth Newsletter and all who supported us a very Happy Christmas and litter free New Year.

Richard Farrell PRO Maynooth Tidy Towns 087 3153189









The Management & Staff of Mc Mahon's Wish All their Customers A Happy Christmas & A Prosperous New Year



Main Street Maynooth - 01 6291568 - info@mcmahonsbar.com

# We wish all our patients (and their people) a very peaceful Christmas



Limited places available in our Cattery over Christmas, call 01 629 1949 to book.



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24 hour emergency service



#### Maynooth Parish Ball An Outstanding Success.

The purpose of the Parish Ball was to raise funds to refurbish St. Mary's Church. The Ball succeeded in this exercise as the community of Maynooth and beyond gave their full support. A hard working committee was ably assisted by parishoners who bought or sold tickets, making the Ball a sell-out event. They also secured sponsored items for the auction and raffle from local supporting businesses and organisations. The Ball itself was supported by the Mallaghan family and the champagne reception was sponsored by the Avenue Restaurant. Some parishoners who could not attend the function made private donations to the refurbishment fund.

However, it was as a social event that the Ball excelled and will be best remembered. The dark and dreary days of winter were forgotten as the guests began to arrive to the reception in the historic Carton House. The splendour of the reception rooms was complemented by the glamour of the ladies' fashion and the elegance of the gentlemen's attire. A complimentary photograph was offered to each guest by Mr. Thomas Mc Cormack of *Life is Beautiful Foto*. The music provided by Craobh Mhaigh Nuad of Ceoltas Ceoltóirí Éireann set the tone for a highly cultured evening.

The assembled guests were duly invited to the ballroom which was decorated specially for the event. A varied and delicious menu offering first class choices was enjoyed by the guests. The gifted items were duly sold in a banter filled auction by local professionals Mr. Eamon O' Flaherty and Mr. Willie Coonan. A lively and stimulating set of dance tunes was provided by Route 66 as we danced the night away. Others mingled from table to table catching up on old friendships and making new friends.

The raffle was conducted by Willie and Helen in a light and cheerful manner and some nice prizes were brought home by guests. Fr. Liam Rigney P.P. thanked the assembled guests for supporting the Ball and all who had helped out in any way. His words were only surpassed by Fr.Paul's spectacular dancing. A great night was had by all and we are delighted with the success to date of this aspect of our fundraising campaign. Some are already talking of The Maynooth Parish Ball 2015.

Beannachtaí na Nollag ar Mhuintir Mhaigh Nuad is gach rath don ath-bhliain. Colm, thar ceann an choiste.





On Friday the 19th December there will be a charity gig in Maynooth GAA club to raise funds for Pieta House. The gig will feature local group The Company, 8 local musicians who will be familiar to GAA patrons from the Sunday night session that has been a regular feature now for the last few years. Pieta house will also be familiar to local people as a charity that provides free therapeutic support to people who are suicidal and who are self-harming. This is a crucial resource in the community in the context of a continuing stigma suffered by those of us, of all ages and walks of life, for whom emotional distress has become unmanageable. It is clear that health services are unable to provide adequate support and so a community response such as Pieta House needs and deserves local support, especially during the Christmas season.

Though the members of *The Company* see this as a serious matter that deserves serious attention—they are keen too that this will be a fun night with lots of great music—folk, rock, trad,—that promises to be a great start to the Christmas celebrations. *The Company* are in good company on the night and will be supported by "Push for Porter"—a local trad group that will be known to many from their regular Newtown House spot on a Thursday night. Also another local group "Up She Flew", will make an appearance and are guaranteed to mesmerise with their distinctive guitar playing. And if that's not enough, Brian O Kane, a local man originally from Scotland, will display his considerable folk talents.

Tickets are a modest €5 and will be available in December from Maynooth GAA and from K n B music in the Square in Maynooth and there will also be a raffle on the night. Come along at 9.30 and make it your Christmas night out - it promises to be a fun night out for a very worthy and important

#### "It's a Long Way to Tipperary – The Story, The Song, The Spin-offs"

Jack Judge was the son of an Irish Emigrant from near Ballyhaunis in County Mayo and who had settled in the Birmingham area of the UK. He became a Music Hall entertainer and penned many songs. He formed a partnership with Harry Williams who was wheelchair bound and who could write music.

After Harry Williams died in 1924 Jack Judge had claimed total authorship of "Tipperary" saying that he composed it in January 1912 for a bet in Stalybridge, outside Manchester. The Williams family hotly dispute this claim pointing out that the song originally started as "Off to Connemara" as a shared composition between the two men in 1909.

Two accidental events made "Tipperary" into the highest grossing song of all time.

In 1912 Captain Dryden of the Connaught Rangers heard a "Busker" in Galway City play an accordion and sing the lyrics. He thought the chorus would make a good marching tune for the Connaught Rangers ("the Devil's Own") as they had been stationed in Tipperary Town some year previously.

After war was declared George Curnock of the "Daily Mail" brought the song to the attention of the world following his report of the 13th August 1914 of the British Soldiers marching through Boulogne, France. Different regiments had their marching songs and he was very impressed by the marching song of the Connaught Rangers. He made enquiries and found it was "Tipperary". His report was syndicated world wide and other regiments in the British Army immediately began to adopt "Tipperary". The music publisher Bert Feldman, who had bought the song from Jack Jones and Harry Williams, could not keep up with the demand for the sheet music. In 1914 there was an estimated 3 million pianos in Britain. In today's language "Tipperary" went "viral". The great Irish Tenor, John McCormick recorded "Tipperary" in November 1914, and by December 1914 there was even a German version.

Jack Judge tended to have debt problems and in 1915 he sold his share in the song to Harry Williams. The Williams family still receive £30,000.00 annual royalties even though copyright expired after 70 years.

"Tipperary" became a world brand and the entertainment industry, particularly in the USA capitalised on this, coming up with songs like the following "I am a long way from Tipperary", "Tipperary Mary", "Tip Top Tipperary Mary", "There's a Typical Tipperary over here" and "It may be far to Tipperary, it's a longer way to Tennessee."

"Tipperary" featured on a series of war related post cards, tins of toffee, cushion covers, porcelain mugs and bedspreads.

"Tipperary" was always sung with great gusto at the many recruiting meeting throughout the UK particularly in 1914 and 1915.

As the horrors of the war began to unfold the song began to lose a certain appeal and was replaced over time by songs like "Keep the Home Fires Burning" and "Pack up your troubles" where the focus was on the safe return of the Soldiers.

The song made Harry Williams a rich man and enabled him to buy a pub for his parents.

Jack Judge continued to perform as a Music Hall Entertainer and to pen further songs. On the 28th August 1914, just after the song hit the "big time" he performed to a packed Tivoli Theatre in Dublin. When he performed in Dublin again in 1921 he was beaten up on his way back to his hotel, bundled into a car and threatened with a gun on the basis that he was totally identified with the British Army. He exhibited his "Irishness" by counting to ten in Irish and was released.

After "Tipperary" became a world hit a lady in the USA brought a claim for damages all the way to the US Supreme Court. She claimed that she had composed the actual melody which had been stolen from her. In 1920 the Supreme Court dismissed her case but she was shortly followed by another copyright case brought by Franz Lehar ("the Merry Widow").

"Tipperary" has featured in films and TV since notably in "Titanic" and the classic 1980's German TV Drama "Das Boot".

The music publisher, Bert Feldman, ensured the songs success in two ways: by inserting an extra "long" in one of the lines and by changing it into a marching tune rather than the earlier slow baritone song.

It is a comic song about a homesick Irishman, and since ringtones were invented the Williams Family will be assured of regular royalties.

Declan O'Connor Maynooth Local History Group

## Leading International Community Development and Human Rights Experts Call for Re-investment in Communities in Ireland (Dept of Applied Social Studies, Maynooth University)

Leading national and international community development and human rights experts meeting at Maynooth University have highlighted the need for a renewed emphasis on meaningful participation towards real democracy in Ireland, with specific emphasis on the participation and empowerment of those most marginalised in society.

The Rights, Re-structuring and Results: Global Reflections and Irish Realities conference discussed the importance of community development in addressing poverty, social exclusion and inequality in, and with, the most disadvantaged and marginalised communities in the country.

Recent public mobilization has highlighted growing frustrations across communities as public policy decisions are imposed without due consideration of the process, outcomes and impacts on the most marginalised.

Conference participants reflected on the impact of on-going Government plans for the restructuring of participation and representation at local government level at the expense of participatory and empowering collective processes, where communities come together to challenge poverty, social exclusion and inequality.

Opening the conference, Anastasia Crickley, Head of Maynooth University Department of Applied Social Studies, noted that "While inequality has increased over the past decade, women and minorities have been differentially affected. I call on the government to ensure women's groups, Traveller organisations and migrant and minority projects are adequately funded to independently continue their crucial work."

As the crisis of austerity continues to affect the most vulnerable, projects working to empower marginalised and disadvantaged groups are being re-structured and workers redeployed to focus on individual cases of unemployment.

Marianne O'Shea, Maynooth University Department of Applied Social Studies

Tel: +353 87 131 6200 - Email: marianne.oshea@nuim.ie

#### Maynooth Golf Society

Results Sheet 2014 Headfort Golf Club 25/10/2014 Captain Gerry McTernan Prize Sponsored by MAOR Scaffolding

| 1st Prize       | Liam Farrelly                               | 41pts    |  |
|-----------------|---------------------------------------------|----------|--|
| 2nd Prize       | Paul Farrelly                               | 40pts    |  |
| 3rd Prize       | Norman Kavanagh                             | 38pts    |  |
| 4th Prize       | Derek Murray                                | 37pts    |  |
| 5th Prize       | John Saults                                 | 35pts B9 |  |
| 6th Prize       | Peter Finnan                                | 35pts    |  |
| 7th Prize       | Terry Moore 35pts                           |          |  |
| 8th Prize       | Darren Moran 35pts                          |          |  |
| 9th Prize       | Sean Lennon 34pts                           |          |  |
| 10th Prize      | Mick Flynn snr                              | 33pts    |  |
| Front 9         | Sean Farrelly                               | 22pts    |  |
| Back 9          | Mick Fahey                                  | 20pts    |  |
| Nearest the Pin | Paul Farrelly 8th hole                      |          |  |
| Nearest the Pin | William Farrelly 14th hole                  |          |  |
| 2's Club        | Paul Farrelly, Liam Farrelly, Tom<br>Coffey |          |  |
| Past Captain    | Liam Farrelly                               |          |  |

Gerry McTernan's Captains Day was a fantastic success in every respect for Gerry and the Golf Society.

44 members played on the day, another high attendance for the society. Gerry drove straight down the middle of the fairway with his drive, even though he has been out of action for some months due to a hip replacement.

Headfort Golf Club was a very popular venue for the Captains day, the weather conditions were good for late October. The catering at the Captains dinner was excellent

You can see from the list of winners that it was a great day for the Farrelly family with winner Liam and his two sons William and Paul taking home many prizes on the day. Liam was the victor with a score of 41 points. Paul was in second place with 40 points. All other prize winners are listed above.

The prizes were presented by Captain Gerry McTernan to all of the winners at the Captain's dinner in Headfort. Everybody came home with a prize and enjoyed the craic on the bus journey home.

Thanks also to the Joey O'Riordan of MAOR scaffolding for sponsorship of this outing.

## Construction honour to Maynooth man

At a special ceremony at Stormont Buildings on Saturday 4th October David Tracey was bestowed with the title of Chartered Construction Manager from the Chartered Institute of Building.

David who is a son of Doreen and the late Sean Tracey of Greenfield is employed by John Sisk & Sons Ltd, Ireland's largest building contractor.

We extend our good wishes to David and his family and congratulate him on his achievement.

#### **Community Council Notes**

#### Footpath leading to Gaelscoil

There was typo error in last month's newsletter saying that the residents of Laurence Avenue accepted that there should be a footpath put in place when in fact it should have said they do not accept this. There was a special fence put up in the last week and that was damaged. It was said at the meeting that this is absolutely disgraceful behaviour and is leading a bad example to the School children. It was agreed to send a letter to all Maynooth school principals asking them to talk to the parents about putting a drop off pick up system in place in all

#### The Square and future developments

The community council would like any persons or groups in the town to submit suggestions on what you would like the square to look like. Please address your views to Maynooth Community Council unit 5, Tesco shopping centre, Maynooth or email maynoothcc@eircom.net

#### **Maynooth Scouts**

Tom McMullon Chairman of Maynooth Community Council congratulated the Scouts on the opening of the new hall and wished them all the luck in the future. Peter Garrad, scout leader, thanked everyone who made it possible. Anyone wishing to see the hall is more than welcome to visit. They would be delighted to show anyone around. It was also noted that the hall will be available to all groups wishing to use the hall and there will be a set of rates available to groups.

#### **Maynooth Senior Citizens**

The annual Tony Smith walk which took place on 19th of October, organised by Maynooth Labour Branch, was a great success and it raised much needed funding for the senior citizens. The annual sale of work will take place on Sunday the 16th of November and they are hoping it will be bigger and better than last year.

#### **Educate Together**

There was a new parents association formed at the AGM on 21st of October and the new chairperson is Una Philips. The spooky Halloween walk was a great success and Joe Byrne, author, gave very entertaining spooky stories in the college

#### St Patrick's Day 2015

There will be a meeting held on Monday the 8th of December at 8pm before the Community Council meeting. Anyone, wishing to join the new committee are more than welcome to

#### Maynooth Tidy Towns

Great work has been done at the mill wheel with the removal of rubbish and heading and the water is flowing more freely. They will take a break from their clean ups in 2 weeks' time and will return mid-January. Kildare County Council awarded Maynooth Tidy Towns with a bog oak trophy in recognition of winning Ireland's Best Kept Large Town. They also launched a calendar and postcards with all proceeds going towards Raise the Roof campaign. See the Tidy Town notes in this edition. Maynooth Community Council would like to wish you all a very Happy Christmas.

Andrew McMullon

#### LETTER TO THE EDITOR

I am absolutely astonished that the newly elected Councillors of Maynooth Municipal District prevented Cllr. John McGinley from allocating €37,000 for use on improvements in Maynooth Town Centre. He had proposed that the Discretionary Budget of €330,000 be divided equally among the nine Councillors and leave it up to each Councillor on how they would allocate their share. It is bad enough that the four Councillors who are not from Maynooth voted against Cllr. McGinley's proposal, but it is incredible that two of the Maynooth based Councillors would also vote against the proposal.

Also, the Council Officials recommended that €100,000 be allocated for town improvement schemes to benefit town centres, local business and the social fabric of the town, but, six of the Councillors ignored this recommendation. The availability of €37,000 each year for the next five years would set Maynooth Tidy Towns up for a Gold Medal in the near future.

I am appealing to the Councillors who voted against Cllr. McGinley's motion to have a re-think so that badly needed expenditure can be used for the good of Maynooth, which is after all, Ireland's only University Town.

Yours sincerely. Tom McMullon

Maynooth

#### A Chara.

I would like to thank all those that either attended or donated to my coffee morning in September. It was the Annual National Coffee Morning in aid of the Hospice Foundation. The final sum raised on the day was €2915.

Our family has been linked to the Hospice Foundation since 1999 and we have been fundraising since 2000. In the past 15 years with the help of local people and local businesses, we have raised just over €50,000, for which St. Brigids Hospice in The Curragh is most grateful.

There are too many to name individually so I hope this is acceptable as a token of gratitude to all concerned. I also hope I can count on your support again next year.

Remember, to die with dignity is a right, not a privilege.

Thank you,

May Daly Moyglare Rd



#### **Editorial**

"What's another year" (as Johnny Logan sang), 2014 has come and gone but it would be wrong to describe 2014 as just another year. It was the year where water replaced the weather as the subject most discussed with strangers.

It was the year that people finally started to stand up for themselves in a way not seen since the tax marches of the early 1980s. It shows us that Irish people are fair and reasonable but when they have to carry the can for others they draw a line. Speaking of fairness one slow burner that also came to our attention in 2014 is the impact of property tax on the ability of residents associations in Maynooth to collect the fees for grass cutting.

Residents paying for grass seemed reasonable before property taxes. Checking with a number of residents associations reveals that there is increasing refusals by people to pay the fees for grass cutting stating that surely the cost of grass cutting should now be funded from the property tax paid to Kildare County Council. Residents associations are finding it more difficult to get volunteers and one estate is telling us that their committee has already reduced to just one member.

Volunteering to help in the community is still very strong in Maynooth and many groups are very successful because of their volunteers and long may it continue. If you find yourself with more time in 2015 why not volunteer with a local group. One such group that had much success in 2014 was Maynooth Tidy Towns. The selection of Maynooth as "Ireland's Best Large Town" a competition covering Ireland and Northern Ireland was due in no small way to the efforts of Maynooth Tidy Towns.

In 2015 we will have the Leinster Fleadh in Maynooth taking place in July. Events of this scale are welcome as we have already had events such as the Irish Open Golf. Let's hope that 2015 will be a good year for us all.

Paul Croghan

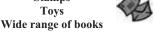
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#### Christmas Fun

Why did the elf push his bed into the fireplace? He wanted to sleep like a log.

Why does Santa Claus go down the chimney on Christmas Eve? Because it 'soots him'.

Why does Santa have 3 gardens? So he can hoe-hoe-hoe!

2 Snowmen standing in a field, one says to the other "here, do you smell carrots?

Got my wife a wooden leg for Christmas Not her main present, it's just a stocking filler.

Why did the turkey join the band? Because it had the drumsticks!

What did Adam say on the day before Christmas? It's Christmas, Eve!

What is the best Christmas present in the world? A broken drum, you just can't beat it!

Santa went to the Doctors with a problem. Doctor: What seems to be the problem?

Santa: I seem to have a mince pie stuck up my bottom! Doctor: Well you're in luck because I've got just the cream

What do you call a snowman in the summer? A puddle.

What did Santa say to Mrs. Claus when he looked out the window? Looks like rain. Dear!



## CHRISTMAS CRACKERS



#### How to Cook a Turkey

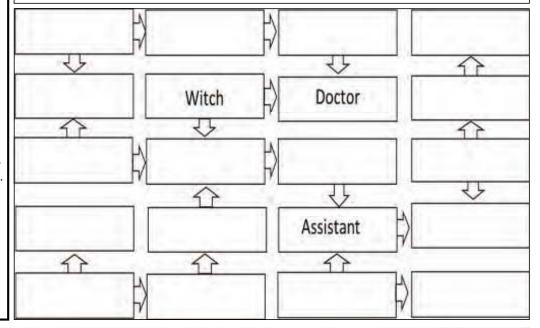
- 1) Buy a turkey.
- 2) Have a glass of wine.
- 3) Stuff the turkey.
- 4) Have a glass of wine.
- 5) Put the turkey in the oven.
- 6) Relax and have another few glasses of wine.
- 7) Turk the bastey.
- 8) Wine of glass another get.
- 9) Ponder the meat thermometer.
- 10) Glass yourself another pour of wine.
- 11) Bake the wine for 4 hours.
- 12) Take the oven out of the turkey.
- 13) Floor the turkey up off the pick.
- 14) Turk the carvey.
- 15) Get yourself another wottle of bine.
- 16) Tet the sable and pour yourself another glass of turkey.
- 17) Say Grace, throw-up and pass out.

#### A Fun Quiz for all the Family Answers on page 12

Place a different word from the list into each square. Where squares are connected by an arrow the words in these squares will form a word combination, with the order of the words indicated by the direction of the arrow. For example the two words placed by each other in the grid

form the word combination WITCH DOCTOR

Word List: AIR - ASSISTANT - BOTTLE - BRUSH CAR - CARE - CRAFT - CRASH - DOCTOR - DUTY FREE - GREEN - HOUSE - LANDING - MANAGER SHOP - SHOWROOM - TRADE - WITCH - WORKER



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#### ANDREWS ULTIMATE CHRISTMAS GUIDE TO THE PERFECT CHRISTMAS DINNER



Not everyone likes the prospect of preparing Christmas dinner but I hope these tips will help ease the pressure for a spectacular Christmas dinner and day. I like to start a to-do list now. This might sound like a hard task but believe me it will save you lots of time and also save you money as it saves you over-buying for Christmas.

A couple of weeks before Christmas, I itemise everything from the dishes I'm preparing to see what I need to make them.

Once I've drawn it up. I relax. I've made sure I share out tasks with family and friends. Then, on Christmas Day, the list comes off my kitchen door and goes on my work surface. Everyone can see what we should be doing. If people offer to help I am only too pleased to accept.
Start by writing down exactly how many people you will be entertaining over the festive period, so you are clear how much food you need. Maybe you will have five for Christmas Eve, eight for lunch on Christmas Day and six for supper.



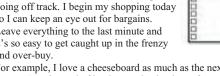
Go through your favourite recipes and plan your meals. Make a note of what others have offered to do - in our house, my dad takes charge of all the drink, boozy and soft, and my brother's wife brings the pudding. Once it's all written down, you'll

find you won't feel so panic-stricken.

#### December 17th

It sounds obvious, but the best way to save money is not to over-buy. With so many tempting things in the shops, it can be hard not to. That's why I take a copy of my To-Do list with me when I shop.

Having a detailed list of the ingredients I need for the whole festive season stops me going off track. I begin my shopping today so I can keep an eye out for bargains. Leave everything to the last minute and it's so easy to get caught up in the frenzy and over-buy.



For example, I love a cheeseboard as much as the next person. But, instead of buying a selection box of cheeses, I just get two or three individual ones. Add grapes and crackers and you have a relatively inexpensive alternative dessert.

#### December 18th

This is the day I like to start stockpiling meals. There's so much going on in those last exciting days before Christmas, I won't always have time to cook a fresh meal. This way I know I'm covered.

I make a couple of shepherds pies and a lasagne to pop in the freezer. My dad is in charge of the wine, so I'll be gently reminding him today to check we have everything bought!

#### December 19th

We all need extra food, especially if unexpected guests turn up. A great way to always be prepared is to buy things now that won't spoil. That way you'll know your store cupboard is stocked.

Half-baked baguettes you can use to make sandwiches are a great standby saviour. I also keep tins of chickpeas and black-eyed beans so I can knock up a quick salad. Scones also make a fantastic standby and can be knocked up in minutes if you make sure you always have enough flour, butter and sugar in the larder. I also bake a nice tin of shortbread today. It's cheap, lasts past Christmas and I can have a treat whenever visitors arrive.

#### December 20th

This is what I call a relaxed day. Put your feet up and watch a few movies on the TV before the mayhem begins.

#### December 21st

Every year, I make my extra special ham. I buy a big bacon joint which I soak a few days before Christmas. This year, I'll be boiling it in

cider with a handful of peppercorns. When it's ready, I'll glaze it with a mixture of Dijon mustard and Demerara sugar, before browning it off in the oven. Divine. This

can be used for the dinner and it also makes a great sandwiches that night and a great dinner on St Stephens Day

#### December 22nd

Not everyone likes Christmas pudding, so I always serve a trifle, which I like to make today. I also make brandy butter by combining unsalted butter with double its weight in icing sugar and a glug of brandy. It keeps beautifully for days.

The children love chocolate so I'll also be making my Yule log -a luxurious chocolate roll filled with double cream - which I freeze ready for defrosting on Christmas Eve to use on the big day.



#### December 23rd

I am always determined to make this my last shopping day, so it's now that I buy all the ingredients that need to be really fresh. I select my fruit, vegetables and herbs. I also like to double-check my list, make sure everything is ticked off and I've made allowances for any updates. If you haven't already got your turkey, you will be wanting to buy it today, particularly if it's a frozen one which will need to defrost.

#### Christmas Eve

I usually buy a fresh bird — normally a Kelly Bronze. They are delicious and cook quickly. However, frozen birds can taste just as good and are a lot cheaper.

To defrost, snip open the bag to let air circulate, put the turkey in a roasting tray and leave to thaw somewhere cool — like your garage — for 24 hours. Don't put the turkey in the fridge. It will take too long to thaw. And I always remove the giblets, which make a fantastic base for my gravy. I always prepare my potatoes and parsnips in advance, sometimes even roasting the lot on Christmas Eve if I have time.

King Edward, Maris Piper and Desiree are all great choices for roast potatoes. I cut them into even-sized pieces. I find eighths are better than quarters — more corners mean they get crunchier.

I parboil for five minutes, drain and then rough them up a little with a fork, so they absorb more oil. I prefer goose fat. You may also like to toss them in a little dried garlic chips to add extra crunch. When they are ready, I pour off the fat, store in the fridge overnight and then reheat in a hot oven on Christmas Day after the turkey is taken out. I also peel and chop my carrots and sprouts on Christmas Eve

The carrots can be kept in cold water overnight. Sprouts - like all green vegetables — shouldn't be put in water because they will lose their flavour. So I cut them in half to aid speedy cooking, and then pop them in a chill bag in the fridge.

#### Gorgeous giblets

I boil my giblets into a stock today, ready to make gravy. Then on Christmas Day, all I have to do is strain off the turkey juices from the roasting tin and add them to the stock.

#### Keep your supper simple

Christmas lunch is such a rich treat, so I like to keep the other meals much simpler. On Christmas Eve, I serve a good old-fashioned fish pie. It's light, easy to make, a great contrast to turkey — and economical too Don't worry about breakfast — let people look after

themselves. It helps that breakfast is a light affair in our house. If someone wants to set to and boil an egg, they can, but I don't do any cooking. Family and friends can get terribly upset if you don't let them help. They may not do things my way, but I'm always very happy to let them get on with it. My grandchildren love to get involved, so I get them to make name places for the table.

And remember, my To-Do list is always displayed on the worktop so everyone can see what needs doing. No

#### To stuff or not to stuff?

There's something so luxurious about a beautifully stuffed turkey. Although I like making several other stuffings to serve up on the day, I always reserve a special one to put inside the turkey. Don't be scared that it'll stop the turkey cooking properly. Just ease it under the skin above the breast, rather than stuffing the cavity and it'll be fine.

This year, I'm making a lemon and thyme pork stuffing, and it's often the first task I undertake on the day. I'll also pop an onion and lemon peel in the cavity to add flavour. Then I'll make a separate dish of chestnut and apricot stuffing for any vegetarians.

#### Christmas Day Dinner

The secret is to get it ready early. I have the turkey in the oven well before we go to church at 10am.

I start with a huge sheet of foil in my roasting tray. Then I smear butter over the breast, lift

the skin and push the stuffing inside the breast end.

Then I wrap the foil around the turkey so it's like a tent - giving room for steam to circulate. I cook

my turkey breast side up. It might sound obvious, but you'd be surprised! Cooking it upside down is a recipe for disaster, especially if you've had a tipple — it'll wobble all over the place and you risk splashing hot fat on the floor and slipping.

I start my bird off at 220c (200c in a fan oven, gas 7) until its pale golden, then reduce the heat to 160c (140c fan, gas 3) for the remainder.

Check it's ready by sticking a skewer in the thigh. If the juices run clear, it's done. Or pull the thigh away from the body. If it comes away easily, it's ready.

I then take the bird out and cover with clean towels. This way, the turkey can hold its heat and rest while you finish off the rest of the dinner.

Don't despair if you mistimed things and the turkey seems to be taking too long to cook - you can speed things up by removing the legs and roasting them separately. The breast always cooks quicker than the rest.



#### Rescue the roasties

The secret to perfect roasties is getting your timing right. But don't worry. If they're cooked too early, there are remedies.

If, like me, you're just reheating them on the day, ten minutes in a very hot oven will be fine. But if you're starting from scratch, it's still very simple.

As I said, I cut my potatoes into small pieces and roast them in goose fat, which has to be sizzling hot before I add them. I roast the potatoes for about an hour at 220c (200c fan or gas 7). Î turn occasionally and add extra fat if needed. It's vital that once the potatoes are done, they come out of the oven.

But if the rest of your meal isn't ready, don't panic. Drain off the fat and leave the potatoes on the side. When the rest of the meal is done, reheat the spuds for five minutes. Don't just keep them warm, if you do they will go soggy.

#### Jazz up your sprouts

While my other vegetables are cooking away, I give my sprouts a bit of wow with bacon. I start by cooking them in boiling water for five minutes. Meanwhile, I fry snipped-up streaky bacon in a pan. When the bacon's nicely crisp, I add the sprouts and toss for a few minutes. If you're short of space on the hob, you can fry the bacon in advance on Christmas Eve and reheat quickly before adding the sprouts.

#### Pudding for all!

I adore Christmas pudding and always make my own a month or so ahead. But even if yours is shop bought, I suggest boiling rather than



microwaving as there's a danger of burning the fruit. Most cooked puddings will take three hours to steam or boil on Christmas Day. We always light the pudding. The key is to make sure the brandy and the spoon you use are both hot before you pour it on, otherwise the spirit won't light.

I also serve my sherry trifle for those who find pudding too heavy.

#### AND THE BEST BIT OF ALL? THE LOVELY LEFTOVERS



#### Christmas Day Supper

The wonderful thing about having all this glorious food is that you have delicious leftovers. Be prepared to experiment and nothing need go to waste. When I was little, my mother always

served up the cold turkey, stuffing and cranberry sauce on open sandwiches for a late Christmas Day supper.

#### **Boxing Day Delights**

I make cold turkey served with baked potatoes and a range of salads such as tomato and avocado, topped with asparagus. This is also the perfect day for my preprepared ham to come out.

And if there's anything left...

I use any remaining turkey to make my own Coronation Turkey. I mix up mayonnaise, mangos, banana, avocado, spring onions, lemon juice, curry powder and mango chutney and add the chopped turkey.

Take stock — a final treat

the final highlight is the turkey carcass. It makes wonderful stock. A few days after Christmas, when the bones are still fresh, I strip off the last bits of meat. Then I break the bones and put them in the largest pan I own with a peeled onion, bay leaves and herbs. Cover with water and simmer for four hours. I use some to make soup and freeze the rest.

Now for the times and temperatures:

Depending on what time you have your dinner at keep these times handy here is a chart of cooking times for your turkey.

#### Approximate Roasting Times for Stuffed Turkey

Turkey Weight Hours 6 to 8 pounds 3 to 3-1/2 hours

8 to 12 pounds 3-1/2 to 4-1/2 hours 12 to 16 pounds 4-1/2 to 5-1/2 hours 16 to 20 pounds 5-1/2 to 6 hours 20 to 24 pounds 6 to 6-1/2 hours

#### Approximate Roasting Times for Unstuffed Turkey

Turkey Weight Hours
6 to 8 pounds 2-1/2 to 3 hours
8 to 12 pounds 3 to 4 hours
12 to 16 pounds 4 to 5 hours
16 to 20 pounds 5 to 5-1/2 hours
20 to 24 pounds 5-1/2 to 6 hours



Here is a few cooking tips for your vegetables.

I find boiled carrots really boring and here is another ways of cooking them For 6 people you will need 750g of carrots 140g of butter and 2 teaspoons of caster sugar.

Peel carrots and cut them in thick diagonal pieces. You glaze them in a pot with the butter and sugar for 30 minutes and low host hofers finishing them off with a

glaze them in a pot with the butter and sugar for 30 minutes on a low heat before finishing them off with a few thyme leaves resulting in a sweet tasting vegetable. That goes beautifully with turkey.

#### Lemon thyme and pork stuffing

This is a favourite family recipe, served every Christmas for as long as I can remember. This is the stuffing for the neck end of the turkey: do not put a meat stuffing in the body cavity of a bird. The quantities below make sufficient to stuff a 12lb turkey.

5g butter

- 1 small onion, chopped
- 450g pork sausage meat
- 50g fresh white breadcrumbs
- · salt and freshly ground black pepper
- finely grated zest and juice of ½ large lemon
- 2 tbsp chopped fresh parsley
- leaves from 3 sprigs fresh thyme
- 1. Melt the butter in a saucepan, add the onion and cook gently until soft, about 10 minutes.
- 2. Stir in the remaining ingredients and mix well together. Cool before stuffing the turkey.
- 3. This is now ready to stuff the neck end of the bird. TIP: Breadcrumbs are often used in recipes over Christmas. Some time in advance, whiz a whole loaf to breadcrumbs in the processor and keep in the freezer. You will then have them at the ready, and they defrost in minutes.
- PREPARING AHEAD Make the day before and use to stuff the neck end of the bird, providing it will fit in the fridge. The stuffing can also be made and frozen for up to a month in advance.
- SHERRY TRIFLE
- SERVES 6-8

 $1 \times 400$ g can pears in natural juice or tined fruit



- 1 packet trifle sponges containing 8 sponges
- strawberry jam
- 75ml medium dry sherry
- about 10 ratafia biscuits, or broken almond biscuits such as macaroons

• 600ml bought good-quality fresh vanilla custard

- 300ml double cream
- 25g flaked almonds, lightly toasted (see Tip)
- Drain the pears, reserving the juice, then cut the fruit into small pieces. Split the trifle sponges in half and sandwich together with the strawberry jam. Measure the sherry into a jug and make up to 150ml with the reserved pear juice. If you don't wish to have sherry in your trifle then use all of the pear juice about 150ml.
- Put half the chopped pears into the base of a glass serving dish of about 20cm in diameter and 6cm deep. Arrange half the trifle sponges on top, then add the remaining pears and finally the remaining sponges. Scatter the ratafias on top and pour the sherry and pear juice mixture over evenly.
- Carefully pour the custard over the top. Lightly whip the cream until it just holds its shape and spoon carefully over the custard. Smooth or fluff the surface. Serve chilled. Sprinkle with the toasted flaked almonds just before serving.

TIP - Flaked almonds can now be bought ready toasted but, if you do need to toast them yourself, put them in a dry pan over a medium heat on the hob. Move them around with a wooden spoon and watch them like a hawk as they can quickly burn. If you want add a glug of whiskey to make it that extra special

PREPARING AHEAD - This is an ideal dessert to make a day ahead as the flavours have time to mingle. Keep in the fridge. Scatter over the almonds just before serving. TURKEY GRAVY

• 25g plain flour

 600ml home-made giblet stock or good-quality turkey stock

• 150ml port

- · 2 tbsp redcurrant jelly
- salt and freshly ground black pepper INTRODUCTION

The gravy is a very important part of the Christmas meal, so for best flavour ideally use good stock made from the giblets. If you haven't any port, use red wine instead.

INSTRUCTIONS

SERVES 8

- 1. Pour off the turkey juices into a bowl or jug. Spoon off 2 tbsp. of the turkey fat (which will be floating at the top). Spoon off the remaining fat from the juices and discard.
- 2. Put the tin over a medium heat and add the flour. Cook for about 1 minute, stirring any sediment from the tin. Gradually pour in the stock and port, and whisk well. Add the redcurrant jelly, bring to the boil, then simmer for 2-3 minutes.
- 3. Add the skimmed juices from the roast turkey and adjust the seasoning. Strain into a warmed gravy boat to serve.
- TIP Some families like a huge amount of gravy. If so, double this recipe. Any left over can be added to a soup made from the turkey bones.

PREPARING AHEAD - Make the gravy the day before, using 2 tbsp vegetable oil instead of the turkey fat. On the day, drain the fat from the roasting tin, add the gravy to the sediment in the tin and bring to the boil. Strain before serving.

GRAVY ISSUES - Lumpy gravy? Simply sieve it – or you could use a hand-held blender to destroy the lumps. If your gravy is too thin, add 1 tsp corn flour mixed with a little cold water or stock, then bring the gravy back to the boil to thicken. Adding the skimmed juices from the roasted turkey enhances the flavour of the gravy no end, but if yours still seems a little tasteless, check seasoning and then add a little Worcestershire sauce.

#### **Maynooth Toastmasters**

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Peter Cuthbert PRO Maynooth Toastmasters Tel 086 8752336





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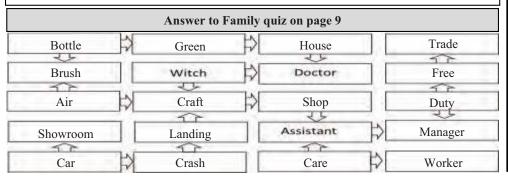
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## The Wonder of Christmas

"The God who kept his Promise" (Sun 7th Dec @ 10.30am) "The Girl who discovered Hope" (Sun 14th Dec @ 10.30am)

SERVICE OF LONGING (Followed by light refreshments) (21st Dec @ 7.00pm) "The Child whose Name is Love"

CHRISTMAS DAY:

"The Outcasts who found Joy" (Thurs 25th Dec @ 10.30am



Maynooth Community Church Eaglais Phreispitéireach in Éirinn

Join us as we celebrate the wonder of Jesus' birth and discover for yourself the true joy that lies behind this season. Everyone welcome!

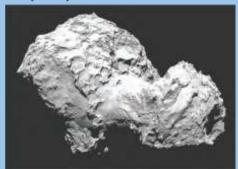
#### The ESA Follows a Wandering Star



What were you doing 10 years ago? On March 2, 2004 the European Space Agency launched a space probe designed to rendezvous with a comet and land a robot on it. Recently, on November 12, 2014 the spacecraft made history by successfully landing on the comet 67P/ Churyumov-Gerasimenko. The Rosetta probe and its robot lander Philae are making a splash worldwide both for the mission itself and for the social media coverage that they have received.

Astronomers have always been fascinated by comets, but they have proven difficult to study in detail. The ESA sent a probe during the 1986 passing of Halley's Comet which provided lots of interesting new data but left many of unanswered questions. This prompted a decades -long quest to develop new probes for a mission to study comets in greater depth. Originally NASA and the European Space Agency were working cooperatively to minimise the budget, but NASA scrapped their mission due to the cost, and the ESA continued with its own version of the two missions.

The spacecraft consists of two main elements: the Rosetta, which is the space probe designed to orbit the comet, and the Philae robotic lander, designed to land on of comets and is providing scientists with valuable the comet and study its composition. Their namesakes are the Rosetta Stone and the Philae Obelisk, two Egyptian artefacts that were key components in deciphering Ancient Egyptian hieroglyphs. The spacecraft was named after them to represent the hopes that they would similarly help us understand comets and the early solar system.



The Rosetta will orbit comet 67P for 17 months, performing the most detailed studies of a comet ever conducted. The Philae was to secure itself to the comet by firing two harpoons, but these failed to deploy, causing the lander to settle in an area with insufficient sunlight for its solar panels. Before it was placed into long-term hibernation, the robot was able to scan the comet and perform the majority of its intended studies, as well as send all the data it had collected back to the ESA. Among other revelations, this showed that the comet's surface was much harder than originally thought; ironically, if the deployment of harpoons had gone as intended, it could have had catastrophic results. The ESA is confident that after a few months of hibernation, Philae will be able to continue its mission when 67P is in a better position for its solar panels.

The data collected is already starting to change our view

information they could not have obtained without direct contact. Although the touchdown has gained the most publicity, the mission has already achieved other historical firsts. Rosetta was the first spacecraft to use solar cells as the power source to fly close to Jupiter's orbit. It also passed through the asteroid belt, becoming the first European spacecraft to have a close encounter with asteroids. Asteroids are a very primitive part of our solar system and provide a glimpse into its early formation.

More importantly for scientific studies, Rosetta is the first spacecraft to orbit a comet nucleus and the first spacecraft to fly alongside a comet as it heads towards the four terrestrial planets closest to the sun. 67P is estimated to be hard as ice, so Rosetta will be able to monitor how the nucleus responds as it gets closer to the warmth of the sun.

The mission has featured heavily in social media, with the spacecraft Rosetta and the lander Philae both being personified in Twitter accounts. The mission also had its own Facebook account, and a livestream of the control centre was set up. While the robot Philae may be asleep for now, the ESA predicts that sometime in the spring of 2015 the comet will have moved close enough into position for the Philae's solar panels to recharge, waking this lonely scholar once more.



#### HOW TO RESEARCH AN ANCESTOR WHO FOUGHT IN WORLD WAR ONE 1914-1918

It depends on where you start. Most family research starts with self/family. You may have a full name, place and date of birth. A search is easier if you have military details: service number and regiment. If not, search to unearth any family papers: certificates, letters, postcards, photographs and items such as medals, death plaques and other associated paperwork. If you have a vital record such as a birth/marriage certificate, this will give you the correct name of the person you are researching and the place of birth/residence and accurate information of the names of parents.

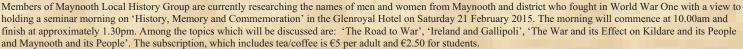
Another place to start is to search the Local Studies Department database of Kildare County Library at Newbridge – www.kildare.ie/library/ (NB neither this database nor the following are totally complete – they are being updated on a continual basis). Depending on the information found, the databases mentioned below can be searched in any order).

- Ireland's Memorial Records in Flanders Fields Museum http://imr.inflandersfields.be/ Search by name/military unit/place of birth (Ireland and the UK)/place of burial or commemoration (Belgium).
- National Library of Ireland, Kildare Street, Dublin info@nli.ie www.nli.ie Copies of the eight volumes of Ireland's Memorial Records in the Reading Room in the library. Also access to The Irish Times and other papers on the Newspaper Database in the Genealogy Room on the first floor.
- Commonwealth War Graves Commission www.cwgc.org Find war dead/find cemetery.
- Irish War Memorials http://irishwarmemorials.ie/ Search by person/place/regiment/war.
- National Archives of Ireland www.nationalarchives.ie Search 1901/1911 Censuses/Soldiers' Wills.
- The National Archives, Kew, Richmond, Surrey, England is the principal keeper for British Military records http://www.nationalarchives.gov.uk/first-world-war/ It has a new dedicated website which is superbly comprehensive. Among the most sought-after military collections are the Army's Service and Pension records. Those that survive (about 60 per cent of all army service records were lost during WW2 bombing) are now available online. Approximately two million 'Burnt Documents' series commencing WO363/ relate to non-commissioned officers/other ranks.

In addition to above there are c. 750,000 Service Records for soldiers who were discharged for medical reasons (illness/wounds). Service Records of Army and RFC Officers are in the series WO374/. These include soldiers who were in the Army before August 1914 and who were eligible for a pension because their term of service came to an end during or before 1920. This group of records, are known as the 'Unburnt Documents' – series WO364/. All records are in alphabetical order by surname.

There is a fee for all records viewed and downloaded. Photocopies of documents not available to download can be ordered and posted. Alternatively, all documents can be viewed for free at Kew where there is a small charge for photocopying. A reader's ticket is required. Other sites of interest include:

- http://archive.irishnewsarchive.com/olive/apa/KCL.Edu/
- www.rte.ie/worldwar1
- https://familysearch.org
- www.groireland.ie
- www.arthursletters.com
- www.britishpathe.com/
- www.findmypast.ie (pay)
- www.ancestry.com (pay)
- www.heritageireland.ie 'Dublin' to see details re: Grangegorman Mil. Cem. & War Memorial Gdns.
- www.worldwar1veterans.com Ireland's WW1 Veterans 1914-1918 to date 32,704 names.



If you had an ancestor from Maynooth and district who fought and died or who fought and survived the war, please contact: Group Member Rita Edwards at ritaedwards@eircom.net or any other member of the Group.

Maynooth Local History Group would like to acknowledge the encouragement and support of its members and that of Celine O'Neill, Heritage Section, Kildare County Council, Áras Chill Dara, Devoy Park, Naas, James Durney, Author and Historian, Kildare County Library, Newbridge and Dr David Murphy, Centre for Military History and Strategic Studies, Department of History, Maynooth University in the research and organisation of this seminar.

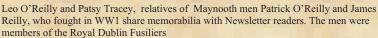
#### Rita Edwards



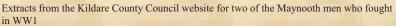








Photos: Top Left: Grave of Cpl Patrick O'Reilly. Centre Left: Memorabilia. Centre Right: Leo O'Reilly visiting the graves of the fallen. Top Right: Leo and Pasty with the Memorabilia. Bottom Left: Grave of Pte Patrick O'Reilly. Bottom Right: Badge of the Royal Dublin Fusiliers.



O'Reilly, Patrick. Reg. No. 28656. Died March 21, 1918. Born Maynooth, Co. Kildare Reilly, James. Reg. No. 8267. Rank; Private, Royal Dublin Fusiliers, 8th Batt. Died of wounds, France, July 1, 1916. Born Maynooth, Co. Kildare.

http://www.kildare.ie/Library/KildareCollectionsandResearchServices/World-War-One/Casualties-adams-aspell.asp







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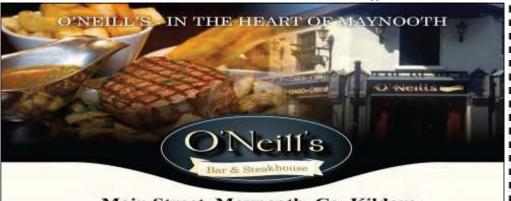






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As white as the snow,
But what he was doing there,
She did not know.

The ghost wasn't happy, So he yowled in sorrow, But when he looked at the girl, His eyes started to narrow.

He held out his hands, And on them were chains, He explained that until midnight, He was all but slain.

But he continued, He smiled with glee, Because now it was midnight, He was forever free.

By: Kira Barry Age: 10 years YOUNG WR TERS



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### A Hidden Gem in the Heart of Maynooth

Glenroyal Beauty Salon opened its doors in December 2011 and is considered by many to be a hidden gem tucked away inside the Glenroyal Leisure Club. In the 3 years since its inception, the Glenroyal Beauty Salon has built a loyal client base from Maynooth itself and surrounding areas, while also welcoming hotel guests and visitors to the area.

The therapists in the Glenroyal Beauty Salon are professional, friendly and extremely good at everything they do. Lisa, a senior therapist with the salon since its opening, has almost a decade of experience in the beauty industry and is highly qualified in many areas, achieving the level of 'specialist' with the highly acclaimed Dermalogica skin care range. Aoife is another highly sought-after therapist with the salon and is also trained in a wide range of treatments. These girls form the backbone of the salon's continuing success.

Whether treating yourself to a luxurious treatment or just getting a little 'routine maintenance', the Glenroyal Beauty Salon has you covered. They offer everything you'd expect from a beauty salon – waxing, manicures, pedicures, facials & massage. However they also offer treatments that go beyond the routine and basic to the innovative and exciting. Enter the Minimi Body Wrap!

What is a Minimi (pronounced mini me) Body Wrap? Simply put, a Minimi wrap is a non-invasive treatment offering you a better body. It can help you to drop a dress size after just one treatment by providing permanent fat (not fluid) loss. The added anti-cellulite ingredient will achieve a noticeable improvement in the appearance of cellulite dimples, in addition to the inch loss. Results can be seen immediately but will also progress over the 72 hours following the relaxing treatment. The Glenroyal Beauty Salon offer a great discount if you book a course of these amazing wraps.

Glenroyal Beauty Salon's skin care range is largely built upon the highly-respected Dermalogica brand. The therapists are very knowledgeable in this area and offer a free detailed analysis of your skin and personalised skincare recommendations.

Lycon wax is available for all your hair removal needs at the salon. It is marketed as 'the only wax worth taking your clothes off for' and this may very well be true. It can remove stubborn hair as short as 1mm, removing the need for longer regrowth time and thanks to the pre-wax oil that is applied to your skin, this clever wax shrink-wraps just the hair (and not your skin) making the whole experience almost pain-free.

The latest addition to the salon's expanding product range is Fuschia Make Up. Fuschia is a fantastic multi-award winning Irish Mineral Make-Up that provides long-lasting, flawless coverage. Glenroyal Beauty Salon use Fuschia products in their make-up applications and also retail the brand so when you find the colour palette that suits you, it's easy to stay stocked up.

It's great to see a company which was set up in the midst of a recession thriving. This is largely due to the quality and range of treatments on offer, the professionalism and friendliness of the staff who receive on-going training to stay ahead of the trends and the great value for money on treatments which is only compounded by exciting special offers each month.

Glenroyal Beauty Salon is open late 6 nights a week. Find Glenroyal Beauty Salon on Facebook and follow them on Twitter for news, special offers and competitions. Don't forget, leisure club members get 10% discount on treatments.

### **TECHNOLOGY CORNER**

#### TIPS, TRICKS, AND WHAT'S NEW IN THE WORLD OF TECH



During these dark winter months, light becomes increasingly important to our daily lives. We spend a lot more time indoors, so our home lighting plays a bigger role. For many people, light is something that features in the background of our awareness, and concerns about wattage or which bulbs are the most environmentally friendly or cost effective are as far as our consideration extends. However, new technology is starting to change how we view and use electricity. One company - Royal Philips – has created a whole new range of lighting based on wi-fi enabled light bulbs.

Launched last year, Philips has made a splash in the tech world with Hue, its personal wireless lighting system. The basic setup consists of an app you access on a smartphone or tablet to control your lights, the special wireless LED light bulbs, and a bridge device that acts as the link between your app and the lights. Using the app, you can control your lights in a variety of ways from anywhere that you have internet access, even if you are traveling around the world.

While the setup is simple enough, the system is extremely versatile in its use and applications. Although it has many functions, it is called Hue because of the lights' signature colour-changing abilities. Hue lights can be set to a rainbow of colours on the spectrum and any level of brightness or dimness desired. Rather than

**Hearing through Light** 



One of the most fascinating aspects of technology is its ability to assist people in innovative ways. The deaf community is embracing new technology and using it to create new apps that help them 'hear' in a different way. One company has taken Royal Philips' pioneering light technology system Hue and created an app specifically for the deaf community.

Convo is a deaf-owned and operated company that provides video phone and translation services to the deaf community. Their app, Convo Lights, was developed for Philips' Hue lighting system. It uses the light to notify deaf people of incoming calls or other audible signals that they might otherwise miss. One advantage of the

Changing Winter Blues with Hue using wattage, different types of bulbs, or dimming switches to achieve varying light effects, Hue combines these abilities and enhances them. They can be set to pulse or flash under certain commands: as it is linked to the internet through your app, you can set the lights to flash or pulse a certain colour any time you get a new email or family contacts you.

> The colour selection for the bulbs is quite unique. You can use the app's custom palette to select any colour or specific shade of white that you want. However, the colour-picker option also works with your own library of photographs, allowing you to select a photograph on your phone and drag the colour-picker to the particular colour you want. You can save colour selections as 'scenes' that you can reuse, and there is even a Hue community for sharing unique user-created scenes such as sunsets.

> While Hue seems to sell itself primarily as an aesthetic technology designed for its versatile ambiance, it also advertises that the lights can be used for people's health and wellbeing, a particular concern during these dark winter months when natural light is in short supply. Hue's website touts how it allows people to take advantage of the 'biological benefits of light', suggesting that cool blue light is best used in the mornings and warm yellow light is better for evenings based on our biological responses to the day-night cycle.

Hue also contains several pre-sets centred upon this health and wellbeing concept. The 'Reading' setting claims to provide the perfect lighting for reading a book, while the 'Relax' setting has a more warm and glowing light. 'Concentrate' uses both colour and brightness, while 'Energise' is extra bright and vibrant light.

Hue also advertises its security benefits as you can control your home lighting from anywhere with internet access. People are familiar with the special plugs that allow you to program your lights to come on when you are not home or are on vacation, but Hue takes this a step further as lights can be controlled remotely and the program changed wherever and whenever you like. A big downside to the winter is coming home from work or

app is that it allows users to personalise their light ringtones so that they can identify incoming callers.

The app takes the Hue technology one step further as in addition to alerting deaf people to incoming calls, it then allows them to have a conversation via a sign language interpreter using the Video Relay Services that Convo provides. It has a setting specifically for adjusting the brightness in a room to make it easier to read sign language onscreen, and it provides a light alert system

The technology is being used to help deaf people create a more visual world within which they can feel comfortable and confident. For instance, Philips is collaborating with the developers to create advanced features, such as the lights being connected to the doorbell to alert people to visitors to their home, as well as to smoke alarms and other important danger signals.

These features make Convo Lights a genuinely meaningful app, which was the goal of Convo's chief executive Jarrod Musano. He wanted to create an app that would be a true innovation for deaf culture and help empower the community through creating a more visually beautiful and functional environment.

The app is also helping deaf business owners. Russ Stein, who owns a pizzeria in San Francisco, says that he

school in the dark to a dark house. Hue uses geofencing technology, which means that the lights can be set to turn on as soon as you walk up to your front door.

The lights can further be set as timers or alarms that will flash when dinner is finished cooking or a show is on television, or to wake you up by mimicking the sunrise in your bedroom or send you to bed at night by gradually dimming the lights.

The bridge of the system uses wi-fi to connect through your router and links the lights to the app so that you can control the system wirelessly from anywhere. It connects to up to 50 Hue lights or accessories at one time, and through its wi-fi access, can link your light system to the internet, your emails and newsfeeds, and anything else online. Because of its internet access, Hue is able to program functions such as changing the lights to indicate a change in the weather or to indicate weather alerts. The Hue community also lets users suggest what they call 'light recipes' for light programs and alerts like this.

The downside to this system is, like with many new technologies, the cost. Starter packs containing the bridge and a few bulbs can be found on sites like Amazon.uk and eBay for around €150-€200. However, during these dark, grey winter months, Hue offers a glimpse into a much brighter and more colourful world.



used to miss over 50% of his business calls. Now that he uses Convo Lights, he is able to stay on par with nondeaf businesses and has increased his profits.

Musano credits Philips for making Hue's API an open source platform, which allows third-party developers such as Convo to create their own apps for the system or to collaborate on new apps. Currently there are over 200 apps for Hue, though Convo Lights is the first developed specifically for the deaf community.



Disclaimer: everything on this page is written in good faith and provided for general purposes only. While every effort is made to ensure the information here is accurate, technology is always changing, so please use your own discretion. Maynooth Community Council is not legally responsible for any damage or data loss you may incur through use or application of the information in these articles.



#### FILM MONTHLY BY BERNIE CLAXTON

## Film Review: Joyeux Noel (Merry Christmas) Director: Christian Carion



The mud-splattered trenches of the Western Front are the setting for the 2005 film, *Joyeux Noel*. It depicts the remarkable story of fraternisation among German, French and Scottish soldiers at the Front in the first Christmas of the 1914-1918 World War. Directed and written by Christian Carion, who grew up in Northern France, he relates how he was "surrounded by the permanent memory of the First World War". Although the characters and plot of *Joyeux Noel* are fictional, they are based on actual historical events. Carion's film depicts the endurance of the human spirit in the face of terrible adversity.



As befitting the subject matter, Carion has assembled an international cast to enact his drama of war-torn lives. The characters taking centre-stage in the ensuing drama include: Horstmayer (Daniel Bruhl), a German-Jewish Lieutenant; Audebert (Guillaume Canet), the French lieutenant; Gordon ( Alex Ferns), a Scottish Lieutenant; Palmer ( Gary Lewis), a Scottish priest and stretcherbearer; and Nikolaus Sprink (Benno Furmann), a German tenor and conscript.

At the beginning of *Joyeux Noel*, war comes to a small Scottish village. The response from two Scottish brothers is predictable excitement: One brother rushes into his local church where the priest, Palmer, and his younger brother are present. His cry - "this is it...at last, something's happening in our lives!" - reflects the hope of what war meant to men of his generation. The outbreak of war provided the opportunity for many to escape poverty and their mundane, joyless existence. They rushed in their thousands to join the war adventure. However, these young men had certainly no idea of what lay ahead of them and the horrors they would face in the fields of a foreign land, far from home.

Only the face of the priest, Palmer, (in telling close-up) reflects disquiet about what such a war could mean for his flock. As he lingers near the candles in his church, the imagery of lives being snuffed out readily springs to mind

Carion's film sets out to explore the widening chasm between the men on the frontline (officers and soldiers) and the Higher Command who dictate events from a safe distance. On the French side, Lieutenant Audebert tries to rally his men in the face of terrible odds. Our first glimpse of the compassionate Audebert sees him throwing up before he emerges from his bunker to face his men and the horrible reality of life in the trenches. He implores them to "do what you must and we'll all be home for Christmas".



Sprink, the singer and pacifist, is invited to sing for the vacuous Kronprinz. It is the bitter-sweet occasion of his re-union with his lover, Anna (Diane Kruger). The civility of music and this evening of upper-class excess contrasts starkly with the grim reality of the events unfolding on the Front. The German tenor is scornful of his superiors who he derides as "....fat, sated men parading, swilling champagne" while his comrades

endure unimaginable horrors in the trenches and on the battle-fields. It is a telling indictment of the ruling elite who sent millions of young men to their deaths.

Undoubtedly, the highlight of *Joyeux Noel* is the scenes involving the Christmas Truce of 1914. Historically, it was the Germans, steeped in a strong Christmas tradition, who initiated the singing of carols and playing of music in the trenches. In Carion's film, it is the Scots who kick-start the festivities on Christmas Eve with rousing renditions of songs from home. Palmer's playing of *I'm Dreaming of Home* on the bagpipes stirs not only his fellow Scots but also the home-sick Germans listening intently across 'no man's land'. This inspires the opera singer, Sprink, to sing the most famous Christmas carol of all – *Stille Nacht* (*Silent Night*).



In a symbolic gesture, Sprink elevates an illuminated Christmas tree on top of the German trench, followed by several more. Soon the line of trees resembles an extended, lit-up shrine. Amusingly, the French faction regards this action with suspicion, thinking it a diversionary tactic on the part of the Germans. The Scot, Palmer, provides an accompaniment to Sprink's *Silent Night* on the bagpipes. Still singing, and bearing a Christmas tree, Sprink climbs on to the forbidden territory of 'no man's land' to reach out to the soldiers on the opposing side. Following Sprink's example, the bemused officers from each regiment (Horstmayer, Gordon and Audebert) soon congregate on the snowy terrain to have a most unusual Christmas Eve meeting.



It is the Scottish Lieutenant, Gordon, who proffers a suspension of hostilities to the other officers - "I don't think anyone would criticise us for laying down our rifles on Christmas Eve". Like actors emerging from the wings, soldiers climb on to the stage of 'no man's land', a vast landscape of craters and frozen corpses, providing some of the film's most vibrant and poignant scenes. Gradually, we witness the remarkable sight of enemies mingling with each other - exchanging chocolates, champagne, cigarettes, stories and mementos of home. In these scenes, the director details touching moments of kindness, generosity, humour, friendship and reciprocity. The strict German officer, Horstmayer finds common ground with his French counterpart, Audebert. Tellingly, in other circumstances, they might almost have been friends.



Palmer, the Scottish priest, is seen as a force for good in Carion's film. As such, it is fitting that he should be at the centre of Joyeux Noel's most striking set-piece. An impromptu Latin Mass takes place on 'no man's land' in which all the warring soldiers participate, recognising the common bond which unites them - religious belief. Faith, not surprisingly, was a very important aspect of most soldiers' lives in that era.

Palmer comments later that the soldiers "were drawn to

that altar like it was a fire in the middle of winter...maybe just to forget the war". However, the Scottish officer, Gordon, reflects, with bitter irony, that "the war will not forget us". This is typified in one Scottish soldier's obsessive mourning for his dead brother. Guilt, remorse and terrible loss have irreversibly scarred him. His frantic attempts to retrieve the body of his slain brother from 'no man's land' provides the catalyst to allow all sides to bury their dead.

"Burying the dead on the day Christ was born" makes perfect 'sense' to Gordon. In a striking Christmas Day sequence, freshly dug graves and wooden crosses stand out in a bleak, glacial landscape. It is both an act of Remembrance and illustrative of the fragility of all men in war situations.

Joyeux Noel is an intimate film on many levels. In WW1, trenches sometimes were only yards apart: the soldiers could hear the voices of the enemy and, if they dared, they could stare directly into their adversary's eyes. In Carion's film, soldiers write letters home to loved ones and dream of the everyday rituals of their past lives.

Officers and their men form close bonds as they face the terrors of war. The relationship between Audebert and his barber, Private Ponchel (Dany Boon) is sensitively portrayed. Ponchel reminisces about times past and the simplicity of his life before the war. He yearns to see his mother again and sets his clock for 10am, every day, in remembrance of her custom of making coffee. Audebert, in his turn, dreams of his heavily pregnant wife. Commonplace actions, like setting a clock or smoking a cigarette take on added significance in the unnatural setting of war.

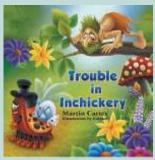


Christian Carion's film is dedicated to the ordinary men and officers who fraternised on Christmas 1914 in several places on the Western Front. Such actions resulted in punishment by a jingoistic hierarchy who feared rebellion in their ranks. However, *Joyeux Noel* stands as a great testament to hope and humanity in the face of utter futility and desolation. The men on the front lines quickly discovered they had more in common and felt closer to their supposed 'enemy' than the politicians and military elite who cared or understood little of what these men suffered.

One magical Christmas Eve in 1914, soldiers laid down arms to stretch out the hand of friendship across the divide of 'no man's land'. *Joyeux Noel* captures the unity, dignity and magnanimity of this remarkable moment in history. A celebration of the human spirit, the Christmas Truce of 1914 flickered all too briefly as a beacon of light against the absurdity of war. As such *Joyeux Noel* makes the perfect Christmas offering in this year of the hundredth anniversary of the 'War To End All Wars'.



## Magical Children's Book Pits Fairies Against Trolls! "Trouble in Inchickery" by Martin Carter



First-time author Martin Carter is from Inchicore, in Dublin and has worked in Larine Day Centre and in the community in Maynooth for the last four years. Martin works with people who experience mental health issues in their day to day life. "I love my job and what makes it easier is how welcoming and

understanding the people of Maynooth are when it comes to supporting our clients". Martin was inspired while on a walk in Donadea Woods with his godson. "He asked me a question when he was only three years of age. We were walking in the woods and passed by a little stream with lots of tiny little bugs milling around. My godson asked "what are the bugs doing flying on top of the water?" I told him they were not really bugs and when no one was around, they would turn into magical woodland fairies. The seed was planted and the story grew."

"I HATE PRETTY!" Trollby the troll could be heard shouting each morning on seeing the forest all nice and clean. And he wasn't alone. The Huggles and Buggles, ogres, grumpy ground bugs, and even grumpier trolls than Trollby were heard to say, "I will have the squishy

mud, the swarthy weeds, the sticky brambles, the stinging nettles, and the sinking swamps. Mark my words."

Trollby was upset because he liked things dirty and ugly. He and his friends hated the fairies that made everything beautiful at night. You see, magical fairy dust not only makes the woods nice and clean, but any self-respecting trolls who get the dust on them also turn nice and clean, and that just would not do! It was in the land called Inchickery that there lived beautiful flying bugs that played by a stream during the day. But at night, when no one was looking, the bugs turned into beautiful fairies that made the forest beautiful, too.

With just one wave of a fairy wand, they turned the nastiest weed into a beautiful flower. But beauty is in the eye of the beholder, and the trolls liked their forest to be

ugly. And that's when the Trouble in Inchickery began!

Trouble in Inchickery is now available. Go to www.Facebook.com/Inchickery or you can go to www.amazon.com or www.barnesandnoble.com and follow the links.







## Festivities in Saints Bar

All Welcome

DECEMBER 18th

**DEREK KEYS** performs great hits from old favourites Dean Martin, Frank Sinatra and Michael Bublé in the intimate setting within Saints Bar, decorated with Christmas Twinkle. This is a great night for those looking for a more informal evening.

Order a platter of food for 2 for only  $\in$ 16 For 4 -  $\in$ 32 / For 8 -  $\in$ 60 (Optional)

Garlic Mushrooms, Cocktail Sausages, Chicken Goujons, Wedges. Hats and novelties provided! Larger bookings catered for

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Glenroyal Hotel

#### **Christmas Lunch Menu**

December 13th-24th Served in Saints Restaurant

#### STARTER

Cream of Vegetable Soup

served with fresh paysley and garlic crontons, warm broad rolls

#### MATN

Carved Irish Roast Turkey & Baked Ham

with herbed stuffing and red wine jus served with crisp roasted potatoes and fresh seasonal vegetables

#### DESSERT

Christmas Pudding with Whipped Cream

Freshly brewed Tea or Coffee & Mince Pies

€17.95

Hats and novelties provided

### MAYNOOTH'S LONGEST ESTABLISHED HAIR SALON UNDER NEW MANAGEMENT

In 1984, the Cut N' Style hair dressing salon was established in the Centre Point Shopping Mall. In the following 30 years, the business was able to grow through the good times and bad but the owner decided that it was time to retire.

As an existing customer, Antoinette Diamond (known as Antoinette Boyd to all the local Maynoothian's) became aware of the salon being sold and having a desire for involvement in the hairdressing and beauty business decided to take over the salon.

On November 4th, Antoinette officially took over as the proprietor of Cut N' Style; along with the take-over of the Salon was the expert and friendly staff that had built over the years, with Antoinette promising to continue to serve



Antoinette the proprietor and staff of Cut N' Style



the existing customers with the fantastic service and competitive pricing that Cut N' Style has been known for in Maynooth for many years.

On Friday November 14th, Antoinette hosted an opening evening to recognise the hard-work of all involved in the running of the salon and the recent refurbishment. During the evening, Antoinette welcomed existing clients to see the changes that have been made to the salon as well as inviting friends and family to launch the new venture for Antoinette. On the evening Antoinette was quoted as saying, "Thanks to all my friends and family who have supported my new venture in hairdressing. A special thanks to the girls at Cut N' Style who have welcomed me over the last couple of weeks, and I look forward to your support in the future". All who were with Antoinette for the opening evening wished her continued success for the next 30 years of Cut N' Style!!

We'd like to wish all of our customers a very Merry Christmas and a Happy New Year!









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#### MAYNOOTH NEWSLETTER



THE STAFF OF

THE MAYNOOTH NEWSLETTER

WISH ALL OUR LOYAL CUSTOMERS AND

READERS A VERY HAPPY CHRISTMAS & A PROSPEROUS NEW YEAR



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Copydate for February Newsletter is Tuesday 20th January 2015

Maynooth Community Council Office will close on Friday 19th December 2014 -Reopening on Monday 5th January 2015

## COCO'S COCKTAIL BAR @ OAK ALLEY RESTAURANT



Maynooth's latest sophisticated late night venue with all NEW Cocktail menu, NEW Craft Beer & Extensive Wine menu

Tapalayas (Cajun Style Tapas) now been served along with a selection of platters, Gumbo, Nibbles & much more. Mon - Sun 5pm - 11pm.

Early Bird Special from 5pm-7.30pm Mon-Sun, Two Cocktails only €14

Looking for an alternative venue for your Christmas Party. Why not try an informal party @ Coco's with food platters & drinks. Platters per person start at  $\epsilon$ 7.50

#### LATE OPENING ON FRIDAY & SATURDAY

Ask about our VIP card for post dinner drinks!

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### Oak Alley Restaurant & Cocktail Bar As THEY DO IT DOWN IN

NEW ORLEANS



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EARLY BIRD GROUP PARTY MENU - 3 COURSE - €25 (AVAILABLE UNTIL 6.30PM)
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PHONE FOR RESERVATIONS - 01-6106558 8 MAIN STREET, MAYNOOTH - EMAIL: INFO@OAKALLEY.IE

## La Maison

Town Cerner Mail, Maynooth, Co Xistana - Tel: 016259660 - Email: est@dosanalios.info - web:www.dorastelos.info



OPENING HOURS: Mon-Sat: 5pm till late | Sun: 4pm till late

Our new stylish & elegant décor alongside an exquisite menu of rustic French dishes & authentic Italian cuisine delivers a new concept of dining.

## Celebrate Christmas this year in intimate surroundings with exceptional food at La Maison Donatellos

Christmas three course set menu available for €33.00 per person including a complimentary glass of house wine or Prosecco

#### Sample Group Set Menu:

Starter: Chestnut & Grappa Soup, Black Fig & Prosciutto Parma Ham Polenta al Funghi Porcini, Potted Clogherhead Crab & Baked Ardsallah Goats Cheese Bruschetta.

Main Course: Sirloin Steak Chaseour, Fresh Seafood Platter, Spinach & Ricotta Cannelloni, Braised Shank of Venison, Ballentine of Turkey, Penne with Blue Cheese & Chicken & Confit of Duck Legs.

<u>Desert:</u> Plum Pudding & Brandy Cream, Rustic Apple Tart, Traditional Panattone Bread & Butter Pudding & Affogato di Natale.

Early Bird Menu: Monday to Saturday - 5pm to 7pm Sunday All Day from - 4pm 2 Courses €18 3 Courses €23

Some supplements apply.

Please see website for full menu and terms & conditions

For bookings call 01 6289660 or email info@donatellos.info - www.donatellos.info



Even in winter there are a few garden jobs to be done. Check your winter protection structures are still securely in place. Check that the greenhouse heaters are still working. Prevent ponds and stand pipes from freezing. Prune open-grown apples and pears - not ones that are against walls. Prune acers, birches and vines before Christmas to avoid bleeding. Make sure your secateurs and pruning saws are clean and sharp so you don't introduce diseases to the cuts that you make. Harvest leeks, parsnips, winter cabbage, sprouts and the rest of the root crops. Deciduous trees and shrubs can still be planted and transplanted. Take hard wood cuttings and reduce the watering of houseplants.

Continue to remove fallen leaves from lawns before they block out light and moisture to the grass. Repair damaged lawn edges or patches with turves cut from other areas of garden. Avoid walking on lawns on frosty mornings. Watch your lawn for waterlogging. Protect newly planted trees, hedges and shrubs from cold winds and frosts. Thick dry mulches will protect the roots from cold and branches can be covered with fleece but for older plants wait until the ground freezes before adding the mulch as this will prevent rodents from nesting in the soil. To protect a few holly berries from the birds, for use in Christmas decorations you can use netting but leave some uncovered for winter wildlife.

Clear up weedy beds ready for spring mulching. Sow broad beans outdoors for an early crop. Plant onions and garlic as they will be ready to harvest in early spring. Tidy up your strawberry beds by removing runners, old leaves and developing weeds. Yes - weeds you can still get them this time of year! Work loads of compost into your vegetable patch for next year. If your soil is very heavy, fork over the bottom of the trench before adding the organic matter.

Tulip bulbs, can be planted right up to Christmas and will flower well in the following spring. Add some fertiliser to encourage bulb root development. Watch out for pale blotches and fuzzy grey mould on leaves of winter-flowering pansies, this is called downy mildew. Remove infected leaves as soon as possible and dispose of them. Give your roses a final check for mildew and if infected, spray them immediately. Tuck 1 - 2 slug pellets around your more precious plants, as slugs and snails are busy for most of the winter.

If you have an excess crop or some bruised apples or pears chop some in half for the birds, thrushes, tits and starlings will love them. Leave them on the bird table or spear them on a few twigs and watch them enjoy the feast.



#### Christmas Ideas from the Garden

**Decorative Candle Display:** Collect pine cones and add a couple of drops of essential oils onto them, hang them from the Christmas tree using ribbon or simply lay then around a candle.

Fill Cylinders with Ornaments: Use spray paint to add a shimmery touch to pinecones, acorns, or round glass ornaments. Displayed en masse in tall glass vases, they become instant and easy Christmas accents.

Christmas Pot Pourri: Use dried garden herbs and store cupboard ingredients. Mix juniper sprigs, dried rosebuds, bay leaves, rosemary sprigs, cinnamon chips, cloves, and assorted pine cones together until it smells great and looks interesting. You can also add essential oils for extra scent to help retain the aroma.



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#### ST. MARY'S BRASS AND REED BAND

November marked the highlight of the Band's year with the celebration of our annual Mass for deceased members on 9th November where families, relatives and friends of band members who have passed on come together to remember them with the music that they loved to play. It was a very special occasion with the carefully chosen musical pieces being really appreciated by the congregation who warmly applauded the Band at the end of the Mass. A special thank you to Fr. Paul who celebrated the Band Mass for the first time and whom we think was also hearing the Band for the first time.

The next big event for the Band is our Annual Christmas Concert which takes place on Friday 12th December in the Glenroyal Hotel at 8o'clock. Admission to the Concert is free and is the Band's way of thanking the people of Maynooth for their wonderful support throughout the year. This event will mark the first appearance of members of the new music classes which began last month.

The Band will again be taking part in the St. Mary's Church of Ireland Carol Service on Sunday 21st December. We have been involved with this event, which very much focuses on the children who work hard to present their own version of the Christmas story, for many years and is indeed a very enjoyable occasion with mulled wine and mince pies. The Band will also be seen around the town in the lead up to Christmas with their seasonal collections on 22nd, 23rd and 24th December so hopefully we will help to add to the Christmas spirit.

The Band will finish up their Christmas programme with a selection of Christmas Carols outside St. Mary's Catholic Church after 11.30 Mass on Christmas morning. This has been a tradition of the Band since it was reformed in 1931 which hopefully will continue for many years to come.

A new term of music classes gets under way in January and we would welcome anyone wanting to join the classes to mail their details to <a href="mailto:recruitment@stmarysbandmaynooth.ie">recruitment@stmarysbandmaynooth.ie</a>. Indeed we welcome any musicians living in the area who would like to play with the Band to contact our Hon. Secretary Catherine Heslin by email at <a href="mailto:sec@stmarysbandmaynooth.ie">sec@stmarysbandmaynooth.ie</a> or 087 9008554.

### **Maynooth Labour News**

Cllr. John McGinley can be contacted at: - 6285293 or 087 9890645 - E mail jmcginley@eircom.net - Web: www.labour.ie/johnmcginley/

#### Maynooth Traffic Management Plan Update

As advised in last Month's Notes Cllr. John McGinley asked the Maynooth Municipal District (MD)
Engineer to review the Draft Traffic Management
Plan as it was completely outdated. John raised this important issue again at the MD Meeting on 12
November and asked the MD Engineer how much the Review would cost and he replied that it would be €50,000 or €60,000 and that he would have to apply for funding from the National Transport Authority (NTA). Cllr. McGinley pointed out that while the cost appeared excessive a Review is required now and that if needs be that funding could be taken from the Councillors Discretionary Budget if funding is not forthcoming from the NTA. The Engineer agreed to come back to the next meeting with proposals.

#### **Bollards at the Bottom of Old Greenfield**

Cllr. John McGinley submitted the following motion for the consideration of the Maynooth Municipal District (MD):

"That consideration be given to moving the bollards at the bottom of Greenfield Lane, Maynooth to between house numbers 343 and 343A in order to facilitate residents living in the area as well as emergency services."

The MD Engineer replied as follows:

"It should be noted that a proposal to remove bollards in Old Greenfield, Maynooth was discussed by the former Celbridge Area Committee in March and April 2011 but the Members agreed not to pursue the proposal. The Celbridge/Leixlip Municipal District Engineer reports that the suggestion has merit but would require public consultation in line with the requirements of Section 38 of the Road Traffic Act 1994. The Celbridge/Leixlip Municipal District Office is aware that residents and others would be resistant to opening up Greenfield Lane to through traffic. However, it would have the advantage of increasing traffic and, accordingly, passive surveillance through an area prone to anti-social behaviour. The changes could be undertaken in conjunction with general enhancements of the Old Greenfield". After a debate it was agreed unanimously to put the

After a debate it was agreed unanimously to put the Engineer's proposal on Public Display to get the views of residents.

#### 'No Entry' signs to Back Lane and Pound Lane, Maynooth

The MD Engineer reported as follows on this issue: "The Celbridge/Leixlip Municipal District Engineer reports that there are no current plans to remove the "No Entry" signage on the back lanes on the North side of Maynooth Main Street. However, it is clear from the number of complaints and suggestions received in the Celbridge/Leixlip Municipal District Office that the existing network of lanes and traffic control measures are not working as efficiently as they could.

It is recommended that the network be reviewed, preferably by a third party, in consultation with all the users and residents of the lanes to determine if the network can be improved for all."

Cllr. John McGinley stated the existing arrangement was not working as there was no effective policing of the "No Entry" signs as it was not a priority issue for the Gardai. He stated that a resident counted 15 cars over a 25 minute period entering illegally. John proposed that Traffic Calming ramps be installed and his motion was seconded by Cllr.

O'Cearuil. However, as other Councillors stated that the residents were not in favour of traffic calming ramps he did not follow through with his motion. The MD Engineer's Report was adopted.

#### Cllr. McGinley Asks That Cars be prevented from Parking on the footpaths outside the Post Primary School

Cllr. John McGinley submitted the following motion for the consideration of the Maynooth Municipal District (MD):

"What steps can the council take to prevent cars from parking on the footpaths on both sides of the road outside Maynooth Post Primary School?"

The MD Engineer replied as follows:

"The Celbridge/Leixlip Municipal District Engineer reports that it is an offence to park on a footpath and that this issue is enforced by the Gardai. The Celbridge/Leixlip Municipal District Office is aware that Gardai issued a number of parking tickets to drivers who had parked on the footpath outside the school during a recent event. There are no plans to erect bollards along the footpath."

Cllr. McGinley asked Council Officials to write to the School Principal in order to get parents who park on the footpaths to desist from doing so.

#### Report on Traffic Signals at the Roost Junction

The MD Engineer reported as follows on this issue: The traffic signals at Parsons Street/Main Street are operated by SCOOT, an urban traffic control system. The SCOOT system is an adaptive traffic control system that co-ordinates all the traffic movements within the town. All the junctions within the town are, effectively, linked. At peak hours most of the junctions within the town are operating at over capacity. The effect of altering the sequence at this junction may have a negative effect on other approaches within the town. The Traffic Management Section will monitor the junction in the coming weeks with a view to maximising the green time allocated to this approach without having a negative impact on the main flow of traffic within the town.

#### Proposed Roundabout at Straffan Road/ Meadowbrook Link Junction

The MD Engineer reported as follows on this issue: The Celbridge/Leixlip Municipal District Engineer reports that cost was not a deciding issue for the preferred layout for this junction – it was based on design concerns.

This junction is currently a priority junction. Vehicles have trouble exiting from the side road onto Straffan Road especially when turning South towards the M4.

Vehicles wishing to turn right from the Straffan Road onto the Meadowbrook Link Road also have difficulty making this manoeuvre. There are no facilities for pedestrians and vulnerable road users crossing the Straffan Road and across the Meadowbrook Link Road approach. The type of junction considered most appropriate is to fully signalise the junction and link the signals to the junction of Lidl and Straffan Road. This linkage is important as the Maynooth Local Area Plan 2013-2019 includes this junction as part of the "eastern side" of a Maynooth Relief Road. It is further considered that the opening of a link between the Lidl junction and the Celbridge Road may occur in the short to medium term. A roundabout at this location is not appropriate as it would not comply with good practice and Government policy expressed in The Department of Transport Design Manual for Urban

Roads and Streets (DMURS), The National Transport Authority (NTA) Cycle Design Manual and The National Transport Authority (NTA) Traffic Management Guidelines. The provision of traffic management schemes should be consistent. By providing a roundabout there would not be a consistent junction type at this area of Straffan Road. A roundabout would not facilitate safety at the junction as it would become a serious impediment to vulnerable road users crossing the Straffan Road. There is no balancing of needs for motorists or pedestrians at roundabouts – it is the priority of either but not of both. There are a number of Planning Permissions in this area which all include the provision of traffic signals at Straffan Road/ Meadowbrook Link Road junction. Traffic Impact Statements would have been prepared for these schemes and all used a signalised junction in their analysis.

#### Cllr. McGinley Asks for Lollipop Person at Gael Scoil/Educate Together Schools

Cllr. John McGinley has submitted the following motion for the consideration of the December meeting of the Maynooth Municipal District (MD):

"That a lollipop person be provided in the mornings and evenings at the Gael Scoil/Educate Together School, Celbridge Road, Maynooth, in order to improve safety for children attending both schools."

#### Stagg Presents Case for North Kildare Gaelcholaiste to Minister

Deputy Emmet Stagg met with his colleague Minister for Education Jan O'Sullivan T.D. on Thursday 23rd October and presented the submission by An Foras Patrunachta outlining the clear case there is for the provision of a North Kildare Gaelcholaiste. The submission, stated Deputy Stagg, was prepared given the review currently underway across the Country by the Department of Education of developments required in Post Primary Education from 2017. It is expected that this review will be completed by next April and will form the basis of the Departments Capital Plan 2015/2020.

Outlining the clear case for the provision of a North Kildare Gaelcholaiste, Deputy Stagg stated that Colaiste Cois Life in Lucan was originally intended to meet the needs of students for second level education through Irish for North Kildare and West Dublin but that places were effectively no longer available for the needs of North Kildare Students at Colaiste Cois Life, given that the school is now above its built capacity. Colaiste Cois Life has also changed its enrolment policy effectively disenfranchising students from North Kildare other than those who may qualify under the sibling route.

The Proposed Gaelcholaiste for North Kildare stated Deputy Stagg will also cover Gaelscoils in Edenderry and Dunboyne. Enrolments for 2014/2015 in Scoil Ui Fhiaich in Maynooth, Scoil Ui Riada in Kilcock and Scoil Ui Dhalaigh in Leixlip stand at 1,402 pupils with the total number of pupils including Edenderry and Dunboyne being 1,745. Based on previous enrolments into Colaiste Cois Life from the North Kildare Gaelscoils and estimated enrolments from Edenderry and Dunboyne more than 100 pupils would enrol each year if there was a North Kildare

(Continued on page 27)

(Continued from page 26)

Gaelcolaiste. This means that there is sufficient demand for a 650 Pupil North Kildare Gaelcholaiste.

In relation to the Aonad in Maynooth, Deputy Stagg stated that the Department's statement that if a sustained level of support over a four year period for the Aonad could be shown, then consideration will be given to the establishment of an Independent Gaelcholaiste in the area was effectively severing the choice for students to continue their education fully immersed in Irish. This was wrong because the submission clearly shows already that the demand is there for a Gaelcholaiste for North Kildare.

Deputy Stagg thanked his colleague, Minister Jan O'Sullivan T.D. for meeting with him and indicated that he looked forward to a positive outcome following the review by the Department.

#### Broadband Developments Will Transform Services in Towns in Kildare including Maynooth

Deputy Emmet Stagg has welcomed two developments announced in late October which will see fibre-to-the-home delivered to homes and businesses in major towns in Kildare. Eircom, stated Deputy Stagg, today announced their intention to commence the rollout of fibre-to-the-home services which will significantly increase broadband speeds currently available on its fibre broadband network by offering one gigabit (1,000 megabits per second) connectivity to homes and businesses in Celbridge, Kilcock, Leixlip, Maynooth and Naas. The superfast speeds will be underpinned by 'end to end' fibre connections through the use of fibre-to-the-home technology. Customer connections will be provided as demand for this connectivity

increases. Work will commence nationwide next month with all areas across the state, including in Co. Kildare, completed by November 2017.

Separately yesterday the ESB secured approval from the European Commission to proceed with a joint venture between ESB and Vodafone Ireland. Under this joint venture the ESB's distribution network will be used to deliver fibre-to-the-home services offering broadband speeds from 200 Megabits to 1,000 Megabits in the Towns of Celbridge, Kilcock, Leixlip, Maynooth, Naas, Johnstown and Sallins. The rollout of this service nationwide will commence in 2015 and will be completed by the end of 2018.

Deputy Stagg stated that both of these developments will give unprecedented broadband speeds and will transform the internet experience of small and medium businesses, remote workers and customers. Recent data from Comreg indicates that 43% of fixed broadband customers in Ireland receive speeds of less than 10 Megabits, so these announcements will transform Broadband in Celbridge, Kilcock, Leixlip, Maynooth, Naas, Johnstown and Sallins. In conclusion Deputy Stagg stated the announcements were good news in ensuring Regional Towns in Kildare could enjoy similar connectivity to our cities, benefitting local businesses and helping to attract investment.

€800m fund will kick-start lending to SMEs - Stagg Deputy Emmet Stagg has welcomed the announcement on 28th October last that €800 million has been secured for the new Strategic Banking Corporation of Ireland (SBCI), which has been set up to provide tailored loans to SMEs. This funding will be a welcome support for the thousands of small and medium enterprises across the country who urgently

need greater access to finance. It represents exactly the kind of innovative strategic investment that businesses in local communities have been crying out for to help them develop and grow into the future. 'This development has been made possible by the establishment of the new Strategic Banking Corporation, set up following our exit from the EU/ IMF programme last November. It marks the first step in a five-year process during which we will see the SBCI provide up to €5 billion in total to SMEs. The SBCI is designed to access lower cost funding and to pass these lower costs directly to SME's through lower interest rates on loans. The SCBI will use established institutions as on-lenders and thus provide funding more quickly and efficiently than if it developed its own direct lending organisation. This model of lending is in line with international best practice for State promotional entities'.

'The commitment to developing a Strategic Banking Fund formed a key part of Labour policy going into the Programme for Government. This was again reinforced in the Statement of Government Priorities published in July'.

I am pleased to see the SBCI finally come to fruition today and I have no doubt that it will have a real impact once SMEs can begin accessing its funds and new financial products towards the end of this year'. 'Small and medium enterprises are the lifeblood of our economy, accounting for 52% of all employment in the State. The move signals the real beginning of a process within Government to assist and support SMEs further so that we can continue with the hard work of creating sustainable jobs and getting people back into quality employment'.



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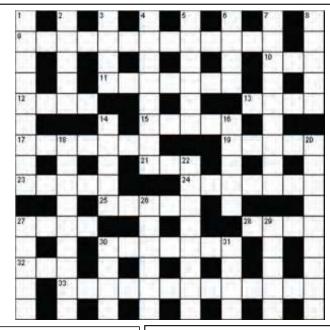
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#### **Clues Across**

#### Dec 2014/Jan 2015 Crossword - No: 431

#### **Clues Down**

- 9. Shrove Sunday (13)
- 10. Sorrowful (3)
- 11. Trouble grievously (7)
- 12. Travel on (4)
- 13. Career golfers (4)
- 15. Urns (5)
- 17. Vast (7)
- 19. Meat and vegetables on a skewer (5)
- 21. Regret (3)
- 23. Furze (5)
- 24. Christmas log (4,3)
- 25. Lake in California (5)
- 27. Alcoholic drink of fermented honey (4)
- 28. Astound (4)
- 30. Pertaining to Turkey (7)
- 32. Born (3)
- 33. Automatic firearm (3-10)



- 1. Wriggly (9)
- 2. Demon (5)
- 3. Water (4)
- 4. Allergic rhinitis (3,5)
- 5. Exceptional intellect (6)
- 6. Daily fare of food (4)
- 7. Brother of Hannibal (9)
- 8. Abode of the dead (5)
- 14. Beginning (5)
- 16. Cranium (5)
- 18. City in W Morocco (9)
- 20. Act of starting (9)
- 22. Power of vision (8)
- 26. Consisting of herbs (6)
- 27. Musical note (5)
- 29. Forceps (5)
- 30. Baths (4)
- 31. Search thoroughly (4)

#### Answers to Crossword 430



#### Special Prize Book Voucher

Give yourself the luxury of browsing, and choosing the book/books which take your fancy from the wide selection available in the store of our sponsor

> The Maynooth Bookshop

| Entries | in | before: | 20th | January | 2015 |
|---------|----|---------|------|---------|------|

Name:

Phone No.:

Winner of Crossword No. 430 November

#### Patrick O'Donoghue Kingsbry, Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

Collect prize from

The Maynooth Bookshop 68 Main Street, Maynooth

#### Difficult

#### 1 8 7 6 3 1 2 8 5 1 4 2 5 2 4 9 2 6 3 5 8 7 3 8

### **Sudoku Challenge**

Address:

Dec 2014/Jan2015



#### Super Difficult

|   |   |   | 3 | 9 |   | 2 | 8 |   |
|---|---|---|---|---|---|---|---|---|
|   | 4 |   |   | 2 | 1 |   | 9 | 3 |
| 6 |   |   |   | 7 |   | 9 |   |   |
| 9 |   |   | 5 |   | 2 |   |   | 6 |
|   |   | 5 |   | 6 |   |   |   | 1 |
| 1 | 8 |   | 2 | 5 |   |   | 3 |   |
|   | 6 | 4 |   | 1 | 8 |   |   |   |
|   |   |   |   |   |   |   |   |   |

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to Maynooth Newsletter Unit 5 Tesco S/C Maynooth.

Entries must arrive before: 20th January 2015 Collect prize from Newsletter Office Congratulations to November Winner:

Danny Houlihan Cowanstown Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

| Name: |  |  |  |
|-------|--|--|--|
|       |  |  |  |

Address:

Phone:

### Maynooth Fianna Fáil Notes

Contact Details - e-mail: naoiseocearuil@gmail.com

#### Nollaig Shona agus Athbhliain faoi mhaise shona

Maynooth Fianna Fáil and Cllr. Naoise Ó Cearúil would like to wish everybody in Maynooth a Happy Christmas and Prosperous New Year.

Many thanks to the Maynooth Business Association for supplying and funding beautiful Christmas lights in our town once again.

#### Congratulations to Maynooth Senior Citizens Committee on their Sale of Work

The Maynooth Senior Citizens Committee held a very successful Sale of Work once again this year in the Aula Maxima. This is still one of the biggest Sale of Works in the country and all monies raised go to help the older members of our community during the year. Please look out for any older neighbours this winter.

#### Kildare Comhairle na nÓg

Naoise Ó Cearúil attended the Kildare Comhairle na nÓg in the Westgrove Hotel. There were over 200 young people at the event in Clane from all over the county. The discussions were based on what young people need in terms of chill out areas, youth clubs and skate parks. Naoise got great personal satisfaction from the event as this is where his political journey started from when he was in Maynooth Post Primary.

#### <u>Fianna Fáil</u>

The Maynooth Comhairle Ceantair held their AGM in Gregory's in Kilcock recently. The officer board for the year ahead is: Chair – Colm Ó Cearúil, Secretary – John Keogh, Treasurer – Helen Noonan, Youth Officer – Niamh Flynn. Former councillor Liam Doyle was also made Honorary President on the day.

The Ógra Fianna Fáil National Youth Conference took place in the Westgrove Hotel in Clane with 350 young people attending from all corners of the country. They debated various policy areas and had workshops on Mental Health and Voter Registration for next year's referendum.

#### Maynooth Municipal District Motions and Ouestions raised by Cllr. Ó Cearúil

- 1) That the council installs safety barriers on the footpath along the R405, (Celbridge Road, Maynooth) as a matter of urgency to protect vulnerable pedestrians.
- The Council is now looking to build a footpath on the opposite side of the road instead of this provision. I asked that barriers would be installed as preventative measures which was not adopted.
- 2) Can we be furnished with details of the council's plans to install CCTV in conjunction with an Garda Síochána, on Maynooth's Main Street? It would be appreciated if members of this Municipal District were consulted regarding plans such as this in the future.
- The Council stated that they had no knowledge of this but was widely reported in the Liffey Champion.
- 3) With increased traffic in Maynooth, could we be furnished with the most recent traffic report on the town and are there any plans to improve traffic flow?
- This is one of the biggest concerns in Maynooth at the moment and is high on my agenda. There is no report available at present but one is to be compiled.
- 4) That the Council remove illegally dumped material on Old Greenfield Lane, Maynooth. It would also be advisable that the litter warden pursue any guilty parties upon sufficient evidence.
- This has been done.
- 5) That this municipal district will assist with funding Christmas lights in our towns and villages. Applications for funding will be sought from the relevant organising committees. - Agreed

That the "No Entry" signs to Back Lane and Pound Lane Maynooth are kept and that no effort will be made to remove them by the council - Agreed

8) Is this municipal district equipped for the predicted cold winter? Do we have enough supplies of salt for gritting roads? There is sufficient salt for our roads.

#### <u>Kildare County Council Motions raised by Cllr. Ó</u> Cearúil

- 1) With the severe shortage of private rented accommodation in the county, the cost of renting has risen dramatically for individuals and families and taking this into consideration that this council will liaise with the Department of Social Protection to identify any and all solutions possible Passed
- 2) That this council supports the promotion of the Irish language through the establishment of an Irish language committee. The make-up of Coiste na Gaeilge will be as follows;
- Five members of the council
- The Irish Officer for the council
- Two members of the public

This motion was passed and is now being created.

3) That this council call on the Government and Irish Water to cease charging and instead concentrate efforts on dealing with leaks, investment in infrastructure and conservation measures, whilst also condemning bonus culture in Irish Water and seeking a commitment that Irish

#### Representations

Water will not be privatised.

Cllr. Ó Cearúil has been making representations on behalf of residents on a range of issues. If you have an issue or need advice please get in contact. Areas covered to date include:

- Grants for Older People
- College Grants (SUSI)
  - Housing Issues
- Planning Issues
- Planning Objections
- Medical Card Issues
  - Business Start Ups

## Maynooth's St Patrick's Day Parade Application Form

All vehicles entering must have a float, preferably a live band with traditional, rock or pop music.

HGV's, lorries or cars without a float will not be accepted.

| Do you wish | to do a demo | (2-3 mins) | at Reviewing Stand? | Yes | No |
|-------------|--------------|------------|---------------------|-----|----|
|             |              |            |                     |     |    |

| Name of Business:    |                 |  |
|----------------------|-----------------|--|
| Organisation, Club o | r Band:         |  |
| Address:             |                 |  |
| Telephone:           | Contact Person: |  |

| Entrance Fee:                              | <ul> <li>Bands ~ Free</li> </ul> |
|--------------------------------------------|----------------------------------|
| <ul> <li>Commercial Float ~ €50</li> </ul> | Club/Organisation ~ €20          |

The Theme for the 2015 Parade will be "Camival"

The categories for which prizes will be awarded are as follows:

| Best Commercial Float           | Trophy           | Best Club Float                              | Trophy |
|---------------------------------|------------------|----------------------------------------------|--------|
| Best Band                       | Perpetual<br>Cup | Best School Float                            | Trophy |
| Best Portrayal of Irish Culture | Trophy           | Best Portrayal of Environmental<br>Awareness | Trophy |

Applications with entry fee to be sent to Community Council Office Unit 5, Tesco Shopping Centre, Maynooth, Co. Kildare. By Friday 6th March or phone (office hours - 6285922 or Naoise O Cearuil – Mobile - 086-7280050

#### Dec/Jan Diary Planner

#### Irish Girl Guides

Meetings Tuesday evening in Maynooth. For further information contact Jackie on 085 1413787 or visit I.G.G. website www.irishgirlguides.ie

#### Community Library

Opening Times
Mondays & Fridays
2pm to 5pm
Tuesdays & Thursdays
1pm to 8pm
Wednesday 9.30am to 1pm
& 2pm to 5pm
Saturday 9.30am to 1pm

#### I.C.A.

Monthly meetings take place every 1st Thursday of the month at 8.00pm.in the I.C.A. Hall in the Harbour.

Crafts every Monday night at 8.00pm.

New members welcome

#### Arthritis Ireland

Arthritis Ireland Walking Group
(Maynooth)
Meeting Monday's at 12 Noon
Maynooth Community Space
Unit 11/12 Tesco SC
Carton Park, Maynooth
For Seated Exercise & Walking
New Members Welcome

## Maynooth Tidy Towns

Volunteers required to help with this work. Contact Number 087 3153189

#### Men's Sheds

Weekly meetings take place every Wednesday at 11.am at the Garden Centre Dublin Road Maynooth. For further details contact John Fleming 087 2041334

## University of Third Age (U3A)

Weekly meetings on Fridays at 11am. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth New Members Welcome Please contact Helen Phone: 01-6286592

#### History Group

Meetings every last
Thursday of the month in
Maynooth Community
Council Office
Tesco Shopping Centre
at 8.00pm.
All Welcome

#### Bridge Club

Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com.

Contact Katherine Cooney 086 8205910

## Parent & Toddler Group

Every Thursday from
10.00 a.m. to 12.00 p.m.
Maynooth Community
Space
Unit 11/12 Tesco SC
Carton Park, Maynooth

## Maynooth Community Church

## MAYNOOTH COMMUNITY CHURCH

1st Floor Manor Mills Service times every Sunday morning from 10.30 am www.maynoothcc.org

#### **Christmas Houseplants**

#### Christmas cactus

#### Q How do I stop the flowers falling off?

A Christmas cacti do best at an even temperature of 13-15°C and the flowers should last about six weeks. Water sparingly, but don't let the compost dry out completely. Plants can be saved for next year, but let them rest for two months (keep cool and water rarely). Then stand them outside in summer in a shady spot.

#### Q How can I get it to flower again next year?

A The Christmas cactus is a short-day plant so it will only flower as the days shorten. When you bring it inside at the end of summer, keep it in a room where it will not get artificial light until the flower buds develop, then it can be moved. Choose a room with a similar temperature, or shock may cause the buds to drop.

#### Q My plant has rotted. What happened?

**A** The usual cause of root and base rot is overwatering. Although water is needed during the winter, the compost should be allowed to dry between waterings and kept only just damp. Discard the plant if the rot is well advanced, but you could try taking some cuttings from less affected parts.

#### Q How do I get rid of the 'cotton wool' growths on it?

A This 'cotton wool' is the protective coating of mealy bugs. Adults and eggs are covered in tufts of white, waxy wool. These sap-feeding insects cluster around the joints in the leaf-like stems. A heavy attack can weaken the plant. A light infestation can be dealt with by hand. Pick off individuals with a paintbrush or similar implement. To clear a heavy infestation, use repeated sprays of a houseplant insecticide approved for use on cacti and succulents.

#### Cyclamen

#### Q Why has my plant wilted?

A Cyclamen wilt due to lack of water. To rehydrate a plant, stand the pot in a saucer of tepid water and let it soak up moisture from the base. After a couple of hours, tip out any water left in the saucer. In heated houses, wilting is often due to high temperatures. Keep them around  $5\text{-}10^{\circ}\text{C}$ .

Cyclamen are prey to vine weevils. If the plant wilts for no obvious reason, these could be to blame. Check the corm to see if it is infested with white, maggot-like grubs which are about 9mm long. They can quickly eat their way through the corm, often severing the plant just below soil level.

Plants with severe damage are best discarded, along with the compost. If damage is restricted to a few roots, tease out the roots and wash them carefully to make sure no grubs remain. Repot in fresh compost. Keep an eye out for adult weevils and destroy them.

#### **Q** Why has my cyclamen stopped flowering?

**A** This is probably due to lack of light and underfeeding. While flowering, they need good light and winter sunlight is weak. During the flowering period, give the plant a weekly liquid feed, or add a slow-release fertiliser to the compost.

#### **Q** How do I keep my cyclamen for next year?

 ${\bf A}$  Once spring arrives and your cyclamen finishes flowering, stop watering to allow the corm to dry out. Store the dry corm until late summer when it will begin to show signs of growth. Repot using fresh

compost so the corms are just showing above the compost and start to water again.

#### Poinsettia

**Q** Why has my poinsettia wilted and the 'flowers' faded?

**A** Poinsettias wilt when they get too hot and dry. They do best at a draught-free 15-21°C and should keep flowering for 12 weeks. To extend the flowering and keep the leaves in tip-top condition, place the pots on a pebble tray, mist the leaves and feed regularly. Put your plants in the brightest possible winter light to maintain the bract colour at its best.

Water the poinsettia from the top of the pot, allowing the compost to become completely dry before the next application. But if the leaves start to wilt, water thoroughly with tepid water.

 $\boldsymbol{Q}$  How do I make my poinsettia 'flower' again next year?

 $\boldsymbol{A}$  You are unlikely to get your poinsettia to produce its colourful bracts again next year, as 'flowering' is triggered by a regime consisting of 14 hours a day of constant darkness at a temperature of 18-20°C, followed by ten hours of daylight every day for eight weeks.

If you'd like to have a go at creating these conditions, be prepared to provide light and dark in the sequence required starting in September. To provide adequate darkness, try putting the plant in a sealed cupboard or covering it with a thick, black polythene bag.

## THE ROOST

cut me out )

## December 2014 The ROOS+ ENTERTAINMENT

| Sunday                   | Monday                               | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Wednesday                                      | Thursday                   | Friday                                        | Saturday        |
|--------------------------|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|----------------------------|-----------------------------------------------|-----------------|
| Who's ON                 | 1<br>the night of                    | your Christ                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | mas Party?                                     | Dueces<br>Wild             | 5<br>Recoil                                   | Mega Beat       |
| 7<br>Divine<br>Invention | 8                                    | 9<br>start shoppin<br>(no, seriously<br>Start)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 10<br>15                                       | 11<br>The Pearly<br>Whites | Bullets in<br>Chicago                         | 13<br>Jellybear |
| The Funky<br>Buskers     | 15<br>Last w                         | 16<br>sek of work w                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | 17<br>ahooooooll                               | Thank<br>Funk              | 19 Par-TAE<br>Rock of<br>ages                 | 20<br>Revenge   |
| Mariano                  | serious<br>STOCKUP at<br>The Roost O | The same of the sa | 24 Xmas Eve<br>wrap everything<br>(b4 the pub) | 25<br>CHRISTMAS<br>DAYI    | 26 <sub>St Stephen's De</sub><br>The<br>TRIPS | Project 37      |
| 28 Steven<br>Cooper      | 29                                   | 30 legends                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | BLUE<br>MOOSE                                  |                            | Amazel                                        | ale:)           |





Book your Christmas Party at The Roost ⊠ roost@fitzgeraldgroup.ie or by 3 (01) 6289843

FINGER FOOD AND CHRISTMAS MENU AVAILABLE

## Christmas Leftovers & New Year Party Recipes

#### **Turkey & Potato Curry**

#### Ingredients

1 tbsp. sunflower oil

1 green pepper, deseeded and chopped

2 garlic cloves, crushed

300g leftover turkey, diced

2 tbsp. mango chutney rice or naan bread, to serve

1 large onion, thickly sliced

2 tbsp. curry paste (or gluten-free alternative)

400g can chopped tomatoes

300g leftover cooked potatoes (either boiled or roast), diced

small pack coriander, roughly chopped



#### Method

Heat the oil in a large pan over a fairly high heat. Cook the onion and pepper for 3-4 mins until starting to soften and brown slightly. Stir in the curry paste and garlic, then cook for another 1-2 mins. Add the chopped tomatoes and 150ml water. Bring to the boil and bubble for 5 mins. Turn the heat down, stir in the turkey and potatoes, and cook for another 2-3 mins, then season and add the mango chutney. Scatter with coriander and serve with rice or naan.

#### Christmas Pizza

#### Ingredients

145g pizza base mix

6 tbsp. tomato pasta sauces

large handful (about 100g) leftover stuffing

large handful (about 100g) leftover cooked turkey, shredded

100g mozzarella, sliced

small pack sage, leaves picked

1 tbsp. olive oil

#### Method

Heat oven to 220C/200C fan/gas 7. Prepare the pizza base mix following pack instructions. Once rolled out, leave to rest for 10 mins, then top with the pasta sauce. Scatter over the stuffing and turkey, then top with the mozzarella. Toss the sage leaves with the oil, then scatter over the pizza, drizzling over any remaining oil. Bake for 10-12 mins until the crust is crisp and the cheese has melted.

#### Creamy Ham and Potato Casserole

#### Ingredients

3 cups frozen potatoes with onions and peppers (from 28-oz bag)

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

1 1/2 cups cut green beans

1 1/2 cups finely chopped cooked ham

3/4 cup milk

1/2 cup shredded cheese (2 oz.)

1 can (10 3/4 oz.) condensed cream of chicken soup

#### Method

Heat oven to 375°F. Spray 8-inch square (2-quart) glass baking dish with cooking spray. In large bowl, mix all ingredients; spoon into baking dish. Bake about 1 hour or until bubbly and hot. Let stand 5 minutes before serving.

#### **Party Bites**

Sausages with Mustard, Honey and Chopped Rosemary Combine 1 tablespoon mustard, 2 tablespoons honey and 1 teasp. chopped rosemary. Grill 500g sausages. When cooked toss in the mustard and honey mixture to coat. Smoked Salmon with Herbed Cream Cheese Spread some herbed cream cheese on blinis, top with smoked salmon. You can use brown soda bread or small pieces of toast.

Tomato, Pesto and Goats' Cheese Crostini Using a small pastry cutter, if available, cut rounds from slices of white bread – you should get 4–5 rounds per slice. Alternatively thinly slice a French stick. Brush with a little olive oil and toast in a hot oven for a couple of minutes. Mix together some freshly chopped tomatoes, chopped scallions and coriander, seasoning and a little olive oil. Top each

round of toast with ½ teasp. pesto, a spoonful of the tomato mixture and some soft goats' cheese. **Twisty Cheese Straws** 100g cream cheese, 2 tbsp fresh pesto, 320g sheet puff pastry, 1 egg. Heat oven to 200C/180C fan/gas 6. Tip the cream cheese and pesto into a bowl and mix well. Unroll the pastry on a lightly floured surface and cut in half lengthways. Spread the pesto mix over one half, pop the other piece of pastry on top to create a sandwich, then cut in half lengthways to create 2 long rectangles. Divide each rectangle into short strips, about 1cm thick. Twist each pastry strip and place on a baking tray lined with parchment. Brush with egg and bake for 20-25 mins until risen and golden brown.

**Sweet Potato Stackers** 2 large sweet potatoes, peeled and each cut into 8 chunky discs, 1 tbsp olive oil, 2 tbsp mayonnaise, good squeeze lemon juice, 8 slices prosciutto, halved, few watercress sprigs, to serve. Heat oven to 200C/fan 180C/gas 6, then toss the potato chunks with the oil and some seasoning on a baking sheet. Roast for 20-30 mins until golden and crisp on the outside, then leave to cool. To serve, mix the mayonnaise with the lemon juice. Pile a scrunched up piece of ham on each potato, then top with a blob of the lemony mayo. Arrange on a platter with the watercress, then serve.







BOL E



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## McDonald's Maynooth

### **Proud Sponsor of the Colouring Competition**







## McDonalds Children's Colouring Competition

Prizes: Free Family Meal From McDonald's, Maynooth

| Name:     | <br> |  |
|-----------|------|--|
| Age:      |      |  |
| Address:  |      |  |
|           |      |  |
| Phone No: |      |  |

**November Winners** 

Age: 3 - 5: Adam Ball, Kingsbry

Age: 6-7: Craig Fagan, Castledawson

Age: 8 & Over: Cathal Crowley

Moyglare Abbey



Prizes for Colouring Competition can be collected at:





## McDonald's

# Labour Advice Service



**Emmet Stagg TD** 

## Every Monday at 4.00 pm in McMahon's

The Last Advice Service this year will be on Monday 15th December. The Advice Service will resume in the New Year on Monday 12th January.

## Happy Christmas