August 2014

### **Local News**

FREE

"Maynooth Summer Festival 29th - 31st August 2014"
It's Our Festival - Let's Get Involved!!!!

For further details of event visit www.maynoothcc.com or contact Maynooth Community Council – (01)6285922/ Email: maynoothcc@eircom.net

### Intel Celebrate 25 Years in Ireland!



L\R Leonard Hobbs, Intel Ireland Corporate Affairs, Guenther Juenger, Director of Corporate Affairs EMEA, Shelly Esque, Vice President of Legal & Corporate Affairs, Mary Farrell, Maynooth Tidy Towns, Paul Phelan, Intel Programme Manager of Corporate Affairs Ireland and Richard Farrell, PRO Maynooth Tidy Towns prior to the unveiling of the Information Board in the Courthouse Square, Maynooth



Information Board which was erected by Intel in the Square, Maynooth



Representatives from various organisations who marked this special event on Thursday 26th June to commemorate 25 years of Intel in Ireland

A function marking 25 years of Intel in Ireland was held in the Glenroyal Hotel in front of many invited community guests. Leonard Hobbs, Intel Ireland Corporate Affairs introduced Shelly Esque, Intel Vice President of Legal and Corporate Affairs and Director of Corporate Group who spoke about the success of Intel, and stated that would not have been achieved without the support of local communities. It has been the policy of Intel over the years to try and involve the local communities in a partnership process with Intel and its employees. Intel is delighted to fund this particular project of an Information Board in the Courthouse Square. Shelly also congratulated Maynooth on winning Ireland's Best Kept Large Town which was adarded in Belfast on 24th June 2014.

In reply Richard Farrell, PRO Maynooth Tidy Towns welcomed Shelly and Colleagues to Maynooth and thanked Intel for funding this project and previous funded programmes. Richard spoke about the past 25 years that Intel have built up a great relationship with the local Schools and University. Many Intel staff have come to live in Maynooth enhancing our local community. During this time volunteers from Intel have taken part in a number of community projects involving Maynooth Community Council and Maynooth Tidy Towns. Richard thanked Paul, Lisa and the Intel team for their support with this project. Finally we wish to thank Intel for their community support in the past and looking forward to working in partnership with them in the future.

After refreshments Leonard Hobbs invited all present to walk to Courthouse Square where the ribbon was cut by Shelly Esque unveiling the new Information Board.



L\R Shelly Esque, Vice President of Legal & Corporate Affairs, Paul Phelan Intel Programme Manager of Corporate Affairs Ireland, Mary Farrell & Richard Farrell Maynooth Tidy Towns



L\R Carmel with parents Eilis & Sean Cushen, Maynooth Tidy Towns

Turn to Page 19 for the Judges results and the photos taken when Maynooth Tidy Towns won Ireland's Best Kept Large Town in Belfast on 24th June 2014

This publication is produced by Maynooth Community Council's Community Employment Scheme, supported by

Department of Social Protection, which is funded by the Irish Government under

the National Development Plan 2007 - 2013



### "Picaderos Soccer Cup 2014" raises €900 for Maynooth Community

L|R Mattie Callaghan, Chairperson, Mary Farrell, Treasurer, Martin McMahon, Picaderos, Chris McMahon, The Treatment Room and Richard Farrell PRO at presentation of cheque for Picaderos Football Tournament to Maynooth Tidy Towns

The recently hosted 2nd annual Picaderos Soccer 7's Cup was a great success, and raised a total of  $\ensuremath{\mathfrak{C}}900$  for the Maynooth Community. From this sum  $\ensuremath{\mathfrak{C}}450$  was donated to Maynooth Town Football Club, and a further  $\ensuremath{\mathfrak{C}}450$  was donated to Maynooth Tidy Towns Association.

Held on Saturday, the 21st of June last, at the superb football grounds on the Rathcoffey Road which are home to Maynooth Town F. C., and jointly sponsored by Picaderos Restaurant and The Treatment Room of Maynooth, the tournament was a great success. Attracting 100 players, the event was played out in a World Cup style format on 3 beautifully laid out 7-aside grass pitches. With 3 FAI Referees present it promised to be both a very fair and hotly contested tournament. On a gloriously sunny day, and in a superb final, David Folan's Young Team beat the Astro Legends 3-0 to lift the trophy. This young team made short work of their group and even beat the Picaderos team 2-0 in the

quarter final. Of the 12 teams entered, they clearly proved to be the best on the day, displaying skill, fitness, finesse and a very strong team spirit.

The event organisers, Martin and Chris McMahon, who are brothers and also local businessmen, put a great deal of effort into planning the day and into making it a community event. However, they had much help and grateful thanks are due to John Doogan and the Maynooth Community Employment Scheme staff at Maynooth Town Football Club, who were instrumental in the preparation, treatment and marking out of the pitches. A note of thanks must also go to both John Doyle and Noel Healy who performed all the administration duties the night before the tournament. The Cup was such a success that it will be hosted again next summer. Interested parties, to register for next year, please contact Martin McMahon, Manager, Picaderos Restaurant, Main Street, Maynooth or Chris McMahon at The Treatment Room, Unit 4, Town Centre Mall, Maynooth.



Mick Dempsey President and Chris McMahon, The Treatment Room at presentation of cheque for Picaderos Football Tournament to Maynooth Town F.C.



Whether dropping by for a friendly drink, food or settling in to watch

the match, we are sure you will find a warm welcome with great service and a

comfortable setting to ensure your stay is a pleasant and memorable one.

We look forward to seeing you soon.

Great Food Served 7 Days



### Donal O'Dwyer MVB MRCVS, Patrick Jones MVB MRCVS & Associates

Full Medical & Surgical Facilities - In-house Laboratory inc. Blood Analysis - X-Ray & Ultrasonic Scanning Facilities - Skin Testing - Pet Vaccination & Micro Chipping - Pet Worming & Defleaing - Pet Passport for Travel Outside Ireland - Pet Grooming - Collection & Delivery to Your Home



The only 24/7 emergency on call vet service located in Maynooth (Restricted to registered clients)



### NUTRITION



Dogs and cats are what they eat! Dogs on a healthy diet have good coats, good energy and good digestion. Pets and human requirements are totally different. A good quality food is a balanced diet containing all the nutrient and vitamin requirement.

### There are six groups:

- Proteins Help maintain bones, tissues, muscle, hair and nails.
- Fats Main source of energy for dogs. Required for healthy skin, coat and other tissues
- Carbohydrates Along with proteins and fats they are a major nutrient in foods and a source of energy. They include sugars and fibres.
- Vitamins and Minerals
- Fatty Acids essential and non-essential variety. Essential fatty acids have to be supplied in the diet. Dogs on a low quality diet may not have sufficient omega 3 and 6 unsaturated fatty acids which have a positive affect on the quality of the coat, skin and immune system.

Fresh clean water should always be available.

### **Feeding Requirement**

Nutrition plays a vital role in your pets development from puppy/kitten stage to adult and senior. When your puppy arrives in your home it is important that it does not miss a meal



so keeping it on whatever diet the Breeder had it on is important. If you wish to switch to some other brand of food, add small quantities of the new food to his original food, increasing the portions of the new food until pup is weaned off his old diet. From 3 – 6 months, feed 3 meals daily. At 6 months 2 meals is sufficient. Fresh water is always vital to aid digestion and help to regulate body temperature. From 1 year on you can feed your dog once a day, generally in the evening. or you could feed this meal in two equal portions, morning and evening. This can help in two ways. It can help to prevent boredom and digestive problems. Bigger dogs generally swallow their food down quickly and this can cause colic and bloating which can be fatal! So feeding twice daily can reduce this risk.

Smaller dogs reach their maturity quicker than larger breeds. Large breeds of dogs can suffer bone abnormalities and this risk can be increased by over feeding puppies at an early stage. Also all reputable diets are formulated with sufficient vitamins and minerals so feeding supplements can be ill advised.

In our Clinics we stock Hills Prescription Foods, Burns and a new brand Calibra. Calibra is a high quality hypoallergenic brand with chicken meat, salmon meat and oil containing omega 3 and 6 unsaturated fatty acids which give a high quality texture to the skin. It is very palatable and helps to prevent flatulence in your dog! Most of all it is competitively priced.

For any advice on your pets diet give us a ring at Maynooth Veterinary Clinic 01 6289467 or Clane Veterinary Clinic 045 982763



### **UNBELIEVEABLE VALUE!**

First floor office space to let from €10 per day inclusive of rates, service charge, light and heat.

Free Parking (All day for staff & 2 hours for customers)
Contact Declan on 087-2854406

### Glenroyal Business Centre, Maynooth







Trad Session Every Wednesday Craobh Mhaigh Nuad (of Comhaltas Ceoltóirí Eireann) All Welcome

**Function Room available for all Occasions** 

**Light Entertainment Every Weekend** 



Main Street Maynooth - 01 6291568 - e-mail: info@mcmahonsbar.com

New opening hours Saturday 10am - 4pm



24 hour Emergency Service available

# **Carton Veterinary Clinic**

**3** 01 629 1949

**Reception Opening Hours:** 

9am - 8pm Monday and Wednesday | 9am - 7pm Tuesday, Thursday and Friday | 10am - 4pm on Saturday Veterinary visits are by appointment only.

### some of the prizewinners from our fun family dog show





Thanks to everyone who came to see our facilities. We had a great day, we hope you did too. Carton Veterinary Clinics, nurses and vets are 100% dedicated to looking after pets.











Neutering / Spaying



**Pet Grooming** 



Vaccinations

Cat Boarding



Weight Clinics



Flea and Worm Treatments



Pet Foods Including Burns, Hills Science Plan & Natures Kitchen





# **Community Council Notes**

### 14 July 2014 Glenroyal Hotel

The meeting was preceded by an advertised open Festival Meeting (7.30pm) which invited members of the public to attend to offer help and ideas for the Festival. Eight people attended the meeting including the committee. See report below.

Maynooth Community Council Meeting Minutes were read, there were no matters arising. The Treasurer's Report was read. A management meeting will be planned to discuss the current financial situation.

### **Sub-committees:**

Educate Together: School on summer break. There are minor works going on in the school over the summer

**Tidy Towns:** The Tidy Towns were congratulated on their recent achievement in winning Ireland's Best Kept LargeTown. Richard Farrell thanked all who were involved in helping to achieve this accolade. When they requested help through the Newsletter they were more than surprised at the amount of help and support they received - donations, business involvement, Kildare County Council staff (who did so much behind the scenes), the Tidy Town volunteers, Maynooth Community Council staff both indoor and outdoor. Local election candidates were thanked for not putting up their posters during this time which improved the image of the town. A great day was had in Belfast at the presentation. The certificate will be framed and displayed in the Community Library. Intel was also thanked for the display stand and would like to include the fact that Maynooth has won this prize. Maynooth Tidy Towns are looking forward to their next challenge in the Tidy Towns Competition.

**Senior Citizens:** Will be on a break for August. They hope to take part in the Festival next year. The next Tea Dance will take place on July 20<sup>th</sup>. Senior Citizens will be going on a break to Kerdiffstown at the end of the month.

The group is embarking on a new venture of organising Meals on Wheels. This is at the planning stage. The HSE are very much in favour – talks are ongoing. There is a demand for this service now. The committee will be looking for help (as in drivers) from other organisations such as Men's Sheds, the Scouts and U3A ladies. Maynooth Community Council, the ICA, Tesco, and Supervalu were thanked for all their help during the year.

### Maynooth Summer Festival 29<sup>th</sup>-31<sup>st</sup> August

Maynooth Community Council under the Department of Social Protection is expected to undertake fundraising projects. There have been increased running costs for the Office which has responsibility for the training of 30 employees who work in the Office, in the Harbour and the Soccer Club. The funds will go towards the upgrading of equipment and towards enhancing future festivals. In that way funds will be recycled by for the good of the community.

With this in mind, a major fund raising raffle called "The Taste of Maynooth Raffle" will take place during the Festival. This raffle has been very strongly supported by all our restaurants, cafes and pubs in the town. It is particularly timely given the recent praise in the "Sunday Independent" on the 29<sup>th</sup> June for Maynooth's growing culinary reputation titled "Foodie paradise found in Maynooth". So to be in with a chance to win one of four prizes of vouchers from the above establishments is very attractive. Tickets will be sold on the week before the Festival. TESCO and Manor Mills have very kindly given 3 days and the Glenroyal Leisure Centre two days to the Maynooth Community Council to sell tickets at their venues. Any help in

selling tickets would be greatly appreciated. Maynooth Tidy Towns will help but the more help we get to sell tickets the better. Please contact the MCC office (01-6285922) if you would like to take an hour or two to sell tickets on the day. Our thanks to Quick Stitch who have sponsored a pop up banner advertising the raffle.

By the time the *Newsletter* goes to print, most of the programme will be in place. We are working on a very tight budget with participants giving of their time and effort free of charge. All help received will be acknowledged in the *Newsletter*.

**Local Matters:** The number of break ins around the town was raised as a matter of concern.

### LETTERS TO THE EDITOR

### Re: The Grounds of the Old Campus, Maynooth University

Dear Editor,

The past few evenings have particularly brought to mind the gratitude due to the college for keeping its grounds steadfastly open to the local populace. All our human diversity is on display around the footpaths and gardens and recreation areas of the old campus. Pairs of women can be seen motivated in their calisthenics, moms...and dads..walk with their buggys, older couples and guests stroll, children and their four footed pets enjoy an opportunity for freedom from domestic tyranny and little kids earn their two wheeled freedom from tricycles. It is here I first strolled with my own daughter in her buggy and long before as a student. The grounds change with the seasons and never as much as now is the cottage garden a riot of colour and enchanting variety though perhaps the apple orchard in autumn with its gnarly trunks and moss heaved branches comes close or the same orchard in spring when clusters of bluebells and snowdrops gather around those gnarly skirts guarded still by silver gates and purple flowered wall. There is too that twilight magic when furred frost thinly layers the ground or trees are laden with conkers before the cattle are moved back to their sheds and squirrels disappear unbidden up those same trees for winters worse. There is more too beyond the purely physical picture in its ever original and yet similar changes of scene. There is that sense of hallowedness and touch of mysticism as buildings and grounds have their energy imbued by people and time as much as by nature. There is something of that sense of peace and silence one finds within the church which extends itself outward into its surroundings, something of security and permanence that is almost physical and embracing. These grounds too have marked time and changes in body and thought and are inexorably linked to the lives and worlds of those who walk there.

With gratitude to those who hold the keys and yet leave the gates and pathways open.

Fionnuala Sinclair, Daisyhill, Maynooth.

### **Editorial**

Locally in Maynooth, there is some very good news to report the first is that Maynooth has been declared the Best Kept Large Town and this was celebrated by the presentation in Belfast. The two new schools have been given planning permission on the Moyglare Road and, despite the reservations of location, this is good for the town.

The last month has been dominated by the leadership vote for the leader of the Labour Party and Tánaiste and the Government reshuffle? No it has been dominated by the country/pop singer Garth Brooks resulting in people on the street protesting. Not against austerity or heritage destruction but against and for the arrival of a singer who has not made a public appearance for 13 years. What is says about us is a mystery but it does point to our apparent inability as a nation to make a decent decision at any level about anything and this extends to the highest echelons of Irish society. Frightening. What is says about him is relatively irrelevant to us.

The reshuffle resulted in the loss of a number of relevant ministers to Maynooth (and other places of course). The resignation of R. Quinn as Minister for Education and Skills will be received with both joy and disappointment by the electorate, he was loved or hated depending on one's point of view. His successor, Jan O'Sullivan (a Presbyterian), will be interesting. She has promised to follow Quinn's agenda but this remains to be seen. The Department of Education is notoriously archaic and will take a lot to move on or around.

The United Nations Committee on Human Rights reported very unfavourably on Ireland's record on human rights criticised the law on abortion and the handling of the symphysiotomy controversy as well as the lack of progress investigating the institutional abuse of women and children in mother-and-baby homes. This is an awful catalogue of appalling abuse particularly to women over the 70 years in Ireland. At this remove, we can blame the nuns, priests and brothers of the various orders but it was the families of these women who decided to hide their 'sins' away and the product of their 'sins' – the innocent children.

This persisted into the 1970s at least and the threat certainly lasted that long. The violence is not confined to this period, there is evidence for incredible violence back into our deep and distant past, archaeology shows massive traumas and wounds inflicted by all types of weapons. This did not begin with the arrival of the Vikings either but pre-dates them by many centuries. For centuries also, the practice of fosterage among ruling Irish families resulted in a fractured nuclear family, brothers and sisters separated at birth, reunited in their late teens but who had no normal familiar ties or affections

These had been transferred completely to the fosterage family. Quite often, nearly always, indeed, the older children returned to a father who had married for the fourth or fifth time and their mothers had moved on. This gives the lie to the recent claims made by John Bruton who maintained that the 'Easter Rising damaged the Irish psyche and made people more pro-violence' and he went on to blame Pádraig Pearse bent towards violence for the Civil War and that this was used to justify the IRA.

### Muireann Ní Bhrolcháin



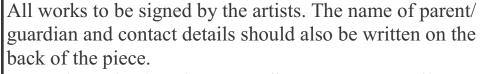
Calling all budding young writers: is there a story or poem that you would like to write and have published in the newsletter? From July onwards, a selection will be chosen and featured in our new "Wicked Young Writer's Corner" each month. All work submitted will be kept on file for future publications. All writings can be sent to us at maynoothcc@eircom.net or alternatively you can drop them into the Maynooth Community Council Office, Unit 5, Tesco Shopping Centre.

Stories approximately 350 - 400 words

# Interested in taking part in a Festival Art Exhibition and Competition? Read on

The festival will run an art competition and exhibition for children and teens
The theme of the exhibition is Maynooth and its Heritage.

The age groups are 3-5, 6-8 & 9-12 years. There will be a category for teens 13-15 & 16-18 years.



Artwork can be done in any medium, crayon, pencil, watercolour, poster paint, acrylic, pastels, charcoal etc. We request that the art work be done on a regular size e.g. A5, A4 and no bigger than A3.

Please submit your work to the Maynooth Community



Council Office by Monday 11th August. It is hoped to make an online exhibition of the works.

The exhibition will be on display in the Community Space on Friday 29th & Saturday 30th. Winners will be announced at the Launch of the Maynooth Festival on Friday 29th August at 8.00pm



### ASK SHARON THE STYLIST!!

"No man needs a holiday so much as the person who has just had one" Elbert Hubbard - A renowned American philosopher, artist and publisher.

### Question: "How do I Pack a Suitcase for Holidays?"

FACT: Thousands of Irish people go on holiday every year and piling on the holiday pounds in your suitcase can cost pounds of the cash variety if you're over the designated weight limit at check-in. Baggage deals with airlines vary when it comes to how much you can take in both cabin and hold luggage and the price you'll pay the airline to carry your luggage will vary too but some airlines are particularly generous with their luggage allowance so avail of their free 10kg cabin bag but be sure to take note also of the airline's restricted or banned items. Packing a suitcase can a bit of an ordeal if you are only packing for yourself but if you are looking after the whole family too it can be very time consuming wondering what to take and what not to take and there is nothing worse than lugging heavy suitcases half way around the world and then not wearing everything in

### <u>Here Are My Top Tips on How To Pack Your Suitcase:</u>

Pre-Packing Planning and What to Bring

- Climate: Check the weather forecast at your holiday destination on-line so you know what to expect.
- Type of holiday: What activities have you planned? Will you be doing lots of walking, sports, leisure activities, or do you plan on lounging beside a pool and being barefoot in a bikini on your holiday?
- Clothes: Plan your holiday wardrobe carefully and consider clothes that mix and match together well and be careful that you choose fabrics that are travelfriendly.
- Thin layers: Don't pack thick, chunky garments, even if the weather might be cool, bring lots of thin layers with you, which you can add and remove as necessary according to the weather conditions.
- Underwear: Unless you know that you will have access to laundry facilities, bring enough underwear to last you for the duration of the holiday.
- Shoes: You will never need more than 3 pairs of shoes (that includes the pair that you're wearing while travelling) for example: 1 x trainers (for sport and activities), 1 x smart-casual (for day-wear / shopping etc.) and 1 x glam pair (in a neutral colour to suit all outfits) for evening. If travelling to a warm climate, substitute the smart-casual pair for flat comfy sandals.
- Bags: Limit your self to 2 one day-time and one small night-time bag and bring your day-time bag with you as you travel, you can also use your night-time bag to store your jewellery.
- Jewellery: Again, less is more so bring a selected range with you that will mix and match well with your holiday wardrobe.

For more information or to arrange an appointment call Sharon @ 087 9962459/ Office 01 6016295 Services included in a 3hr Individual Style/Image Consultation: Only €149.00

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- Corporate Dressing: Dress like you care about your career.

GIFT VOUCHERS AVAILABLE! Email: sharon@ministepsgrooming.com www.ministepsstyling.com FB @ ministepsstyling.com

# **Maynooth Labour News**

Cllr. John McGinley can be contacted at: - 6285293 or 087 9890645 - E mail jmcginley@eircom.net - Web: www.labour.ie/johnmcginley/

### Update on North-South Cycle Corridor from Moyglare Hall to M4 Business Park

Councillors were shown the Draft proposals for the North-South Cycle Corridor at the Special meeting of the Celbridge Area Committee on 5 February. In Cllr. McGinley's view some of the Draft proposals were of the "Bertie Bowl" variety and must be removed. In particular putting a new bridge across the M4 at the Straffan Road Interchange for cyclists and pedestrians was a reckless waste of scarce resources. Likewise Cllr. McGinley stated that under no circumstances would he agree to the Consultants proposals for a road/footpath/cycle path going through the ICA premises at The Harbour.

The new Maynooth Municipal District Councillors were shown a revised draft at a special on 24 June and thankfully the new bridge at the M4 was gone as was the proposal to knock down the ICA premises. The new design proposals begin at the town side of the Straffan Road/Meadowbrook Link Road junction and extend to the entrance to Moyglare Hall. However the National Transport Authority (NTA) has stated that they will not fund a cycle path to the proposed new schools at Moyglare Hall as they say that they are located too far out of Maynooth. This decision of the NTA is no doubt what has prompted the Council to make it a condition of Planning for the two new schools that the Education and Training Board (formerly the VEC) pay Kildare County Council €726,480.00 for the provision of a footpath and cycle path to the new schools.

Other Issues on the Draft proposals:

- As requested by Cllr. McGinley the Consultants will investigate the possibility of providing a right turning lane for those wishing to turn up the Kilcock Road from the Moyglare Road.
- A new road will be constructed at the bottom of the Harbour Field for the use of the Fire Service and it will not go through the ICA premises
- There will be land takes at the bus stops on the Straffan Road so that a proper cycle lane can be constructed
- A new footpath will be constructed on the north side of the bridge at Mill Street.
- It is proposed to remove the left filter lane at the Celbridge Road/Straffan Road junction in line with best practice and new lights will be installed here as they existing ones are giving a lot of trouble.
- The Straffan Road markings will be re-aligned from the Meadowbrook Link Road to the Square
- Public Consultation is scheduled to take place in October.

### Update on Meadowbrook Link Road/Straffan Road Junction

The Area Engineer has advised Cllr. McGinley that he will be looking for funding for traffic signals at this very dangerous junction for 2015.

### Update on M4 Junction at Straffan Road

Cllr. McGinley submitted the following motion for the consideration of the Celbridge Area Committee in January:

"What steps have been carried to implement Roads Objective TRO 1 of The Maynooth Local Area Plan 2013-2019?i.e."To carry out a study investigating the safety and capacity of the existing Straffan Road M4 Interchange etc."

The Area Engineer has advised Cllr. McGinley "that the Council will have to employ a consulting engineer to examine the safety and capacity of the existing Straffan Road Interchange. There is currently no funding available to undertake this work."

John stated that funding will have to be found as the Interchange is dangerous and unfit for use at present. The good news is that the Council have put in a request to the National Roads Authority (NRA) for some type of a controlled crossing point at the Dublin slip way to make it safer for pedestrians and cyclists to get across and get to the Business Campus safely.

### Update on Poor Public Lighting at the Straffan Road/Celbridge Road Junction in Maynooth

As a result of Cllr. McGinleys motion the Council investigated the poor public lighting at this location. The Councils lighting maintenance contractor has been asked to undertake a design and to submit a quotation for the positioning of new additional lighting to improve the illumination on the approach to the junction which will rectify the issue.

### **Update on Burnt Out House in Old Greenfield**

Cllr. John McGinley was given the following update on his motion at the Maynooth MD meeting on 9 July: "Kildare County Council is aware of the condition of this building. However, the Environment Section has been unsuccessful in serving the derelict site notices as the owners listed on the land registry records are not residing at the address. Attempts to acquire their current address have been unsuccessful. Kildare County Council has written to the bank which last held the mortgage but have been unsuccessful in gaining information as to the current address of the

property owners.
The following options are being examined:
The Council is seeking legal advice to establish ownership of the property.

The Environment Section is liaising with the Housing Section to examine the possibility of acquiring the property through Compulsory Purchase Order mechanism. As this is private property, there are procedures which must be followed if Kildare County Council is to consider any direct physical intervention. The CPO mechanism can only be progressed is funding is available to carry out the required works."

Cllr. McGinley asked that as there is no mortgage and the owners have gone missing who would the Council acquire the property from? He further pointed out that it is a valuable site and that the Council would not be at a loss if they demolished the remains of the house, cleared the site and took ownership.

### Cllr. McGinley Calls for a Footpath and Cycle path from Bond Bridge to Maynooth Football Club at Rathcoffey Road

Cllr. John McGinley submitted the following motion for the consideration of the Maynooth Municipal District (MD) of the Council:

"That a new footpath be provided on the northern side of the Newtown Road in order to bring it into line with the rest of Maynooth. This new path is to include a cycle lane to join the cycle lane at Castle Dawson to the rest of the network at Bond Bridge and to extend the footpath to the Maynooth Town AFC ground on the Rathcoffey Road in line with Objective PCO3 of the Maynooth Local Area Plan."

John was given the following reply by the Area Engineer:

"The Municipal District office reports that it is working with the developer for the new Crinstown Nursing Home on the construction of a new footpath that will link the proposed nursing home, which is adjacent to Maynooth Town AFC, with the new bus terminus at Parsons Hall. It is also intended to propose

the extension of the 50kph speed limit section at this point and to erect town gateway signs on the south side of the M4 bridge. It is hoped that this very necessary piece of infrastructure will be delivered within 12 months.

To construct a footpath to link Castle Dawson with Bond Bridge would require the Council to take up the roadside verge in front of 17 separate residences. To construct a combined footpath and cycle path would require the acquisition of sections of the front gardens of some of these properties. However desirable this scheme may be, the Municipal District Office does not have the financial, design and legal resources to embark on such a project."

### Wall at the Band Hall to be Re-built

As a result of representations from Cllr. John McGinley the Council has agreed to re-build this very dangerous wall. The Council gave John the following reply on 25 June:

"Work on a design spec for the wall was started a few weeks ago. This should be completed in the next two weeks and we will then get quotations for the wall to be rebuilt and commence work when a contractor has been selected"

### Stagg Welcomes Grant of Planning for Two New Secondary Schools for Maynooth

Deputy Emmet Stagg has welcomed the decision by Kildare Co. Council to grant Planning Permission for two New Secondary Schools and a Sports Facility for Maynooth on the Moyglare Road, Maynooth. The Two New Schools stated Deputy Stagg will comprise a replacement School for the existing Maynooth Post Primary School on the Moyglare Road and a new Maynooth Community College. Commenting on the decision Deputy Stagg stated that he was pleased that issues in relation to Traffic Congestion and the absence of adequate pedestrian and cyclist facilities had been resolved and are dealt with by conditions on the planning permission. Now that Planning Permission has been granted Deputy Stagg stated that Tenders should now be sought for the projects to enable construction to commence as soon as

possible. In conclusion Deputy Stagg thanked the Minister for Education Ruairi Quinn T.D. for including the building of two new secondary schools in Maynooth in the Departments 5 year Capital Plan back in 2012 which enabled the seeking of planning permission.

### 10.8% Fall in Live Register Figures for Maynooth -New Banking Corporation to Drive Further Recovery

Deputy Emmet Stagg has welcomed the fall in the Live Register Figures published in July which show a 10.8% fall in the Live Register Figures for Maynooth Labour Exchange in the past year and a 10.12% fall in the Live Register Figures for Newbridge Labour Exchange. The further fall confirms the downward trend in unemployment stated Deputy Stagg but we cannot be complacent as unemployment is still far too high. Exiting the bailout and economic recovery will only be meaningful for people when they see real improvements in their lives and the most important way to achieve that is by creating more jobs. The passing on July 10th in the Dail of all stages of the Strategic Banking Corporation of Ireland Bill is further good news as the setting up of this Banking Corporation will provide over €500 Million of additional credit for Small and Medium Enterprises for investment and will be a great addition to the credit

(Continued on page 9)

(Continued from page 8)

lines available in the State. Credit is the lifeblood of all businesses and SME's will now be able to access loans of greater duration with enhanced terms and potentially at lower rates than presently available. The setting up of this new banking corporation will drive further economic growth and job creation in the SME Sector In conclusion Deputy Stagg stated that the Government remained focused on Job Creation in 2014.

### Stagg Welcomes €1,080,042 Sports Capital Grants to Local Clubs in Kildare North

Deputy Emmet Stagg has welcomed the announcement on July 3rd by the Minister of State for Tourism and Sport of Sports Capital Grants totalling  $\in$ 1,080,042 for Clubs and organisations in Kildare North.

The following grants were awarded in Maynooth: Geraldine Hall €20,014

Maynooth GAA Club €161,392

North Kildare Club €179.730

This stated Deputy Stagg is the second round of sports capital funding and demonstrates the Government's commitment to encourage more people to take part in sport. The Sports Capital Programme is the main channel of Government support for developing sports facilities and purchasing sports equipment for sports clubs and organisations across Ireland.

Whilst Deputy Stagg expressed disappointment that a number of Clubs had not received grants in 2014 he expressed the hope that these clubs would benefit from the next grant scheme. Deputy Stagg also congratulated the successful applicants.

### Labour Delivers New Funding to Deal with Boarded Up Houses

Deputy Emmet Stagg has warmly welcomed new funding of €470,000 to bring 18 long-term vacant Kildare County Council homes back up to scratch and made available to families on the housing list. "The announcement on July 8th of a second round of

funding means €1.1 million will be given to Kildare County Council this year, to bring a total of 67 boarded up houses back into stock.

"I speak to people on the housing list at my advice clinics every week who are fed up seeing boarded up houses in our community, at a time when there is a real housing shortage. Some of those houses stay that way for months, which has a knock on effect for the whole area.

"Empty council homes also attract anti-social behaviour and illegal dumping, especially when they're left empty for months on end.

"This extra funding to the Council to renovate these void houses will be a great relief to neighbours who live beside these homes, as well as families who are on the housing list.

"Nationally, Labour Housing Minister Jan O'Sullivan is allocating €15m today for renovation works on 1008 local authority homes.

"We need to invest more in social housing to tackle the huge problems there at the moment. My Labour colleagues and I will continue to push for more investment in social housing, and bringing 'ready to go' boarded up houses back into stock is a common sense approach as part of this aim."

### Stagg Welcomes Investment in 100% Fibre Broadband Network in Kildare Towns

Deputy Emmet Stagg has warmly welcomed the announcement of the joint venture agreement between ESB and Vodafone which will see the building of a 100% fibre-to-the-building broadband network offering speeds from 200 Mbps to 1000 Mbps to the Towns of Celbridge, Leixlip, Maynooth, Kilcock, Naas, Johnstown and Sallins in Co. Kildare.

This will stated Deputy Stagg give these towns

Inis will stated Deputy Stagg give these towns unprecedented Broadband speeds and will transform the internet experience of small and medium business, remote workers and consumers. Recent Data from

Comreg indicates that 43% of fixed broadband customers in Ireland receive speeds of less than 10 Mbps, so the announcement today will transform Broadband in these towns.

The roll out of the new network should commence in the coming months following European Commission approval, with the first customers able to avail of 100% Broadband from the start of 2015. The roll out throughout the Country is expected to be completed by the end of 2018.

In conclusion Deputy Stagg stated that the announcement was good news in ensuring Regional Towns in Kildare and Nationally could enjoy similar levels of connectivity to our cities, benefitting local businesses and helping to attract investment.

### "Update on Traffic Lights at Straffan Road/ Celbridge Road Junction at Maxol:

The Area Engineer advised local Councillors on 23 July that an electrical incident occurred at these lights on Friday 18 July and that he had no choice but to switch off the lights. The replacement of the the lights at this junction has been on the cards for a while now as the Council has been informed by their maintenance contractor that the existing lights are beyond routine maintenance and need to be replaced. The Council hope to have Civil Contractor in place later in the week and are in the process of procuring the new signals system. Funding has been secured from the National Transport Authority (NTA) and the Council intend bringing forward the North South Corridor design for the junction (already approved by the the NTA and as already stated this involves the removal of the left slip lane to the Celbridge Road).

For pedestrian and vehicle safety it is imperative that the Council have these lights back up and running for the re-opening of the schools at the end of August at the very latest."

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### Maynooth Darts Exhibition In Aid Of Crumlin Hospital



Two time World Darts Champion Adrian "Jackpot" Lewis will give a Darts Exhibition in the Roost, Maynooth, on Sunday 10<sup>th</sup> August at 7pm in aid of Crumlin Hospital.

It has been a busy time for Maynooth darts of late. Darts are mainly played out of the Newtown Inn, Maynooth and we won the North Kildare Division One title this year. It was only our third year competing but interest has

grown so much that we entered 2 teams this year and again in the 2014 season. We play weekly competitions and have had lots of the world's best Darts players in the Newtown Inn over the last couple of years including Eric Bristow and John Lowe amongst a whole host of others. Unfortunately the Newtown Inn is not big enough to accommodate such big players as Phil Taylor or Adrian Lewis, which is why we are hosting this event in the Roost. Phil Taylor played in the Roost in February where €2400 was raised in aid of Motor Neuron Disease.

Playing against Adrian on the night will be team members' from the Newtown Inn and other players from the Kildare and surrounding areas. Frank Desmond (player of the year 2014), Andy McDermott (player of the year 2013), Dave Gahan (North Kildare Singles Champion), and our very own Maynooth lads Davey O'Brien, Dan Halligan, Shaun Doogan and Ken Corbally. Playing from the Newtown Inn second team will be Captain Stephen Corbally, Davy Hawkins, Jake Geery and Shane O' Brien. Also playing will be Liam Carter who recently defeated Phil "The Power" Taylor in the Silver Granite in a one leg shoot-out hitting 140, 180 and a 91 out-shot along the way.

During the year we had a very competitive league where thirty players participated over 4 months, which was won by a much improved Glenn Weafer. This brought the standard up and puts us all in a great position going into next year's league.

Tickets cost €10.00 or €20.00 for VIP tickets and can be bought from the Roost. Contact details are 01 6289843 and 087 9824760

### **Catherine Murphy Independent TD**

E-mail: catherine.murphy@oireachtas.ie - Phone 01-6156625 (Leixlip) or 01-6183099 (Dail) - Web: www.catherinemurphy.ie

### One Parent Family Payment Spin designed to Mislead and Confuse

Responding to media reports today that are at variance with the numbers quoted by the Minister in a recent PQ reply regarding the numbers of households that are due to lose their one parent family payment, Independent TD Catherine Murphy criticised the obvious bluster being used to distort the extent of the numbers affected.

"In a PQ reply to me, dated 26th June 2014, Minister Burton says 'The next phase of the OFP reform process will commence on 3 July 2014, when approximately 5,140 customers are due to exit the OFP Scheme.' I called the Minister's Department this morning querying why her reply differed significantly from figures of 9,000 being quoted in the media. Her Department confirmed that the PQ reply was less than forthcoming with the full information regarding the changes and that while 5,140 will be removed from the scheme as of Today's date, the removal of people will continue daily over the next year until all of those affected by the reforms are removed from the scheme."

"Yet again we see the language of Government being used to distort reality and misconstrue facts. Is it any wonder that, as agencies like SPARK and One Parent have noted, there is huge confusion amongst single parent households about how these changes will affect them? This confusion causes fear and worry amongst families who are already struggling to make ends meet."

"I am disappointed that a PQ reply from a Minister cannot be taken as read and it is an indictment of the contempt with which this Government treat people."

### Minister Burton Forces a Further 5,140 Single Parent Families into Poverty Risk

'7 is Too Young'

Independent TD Catherine Murphy today blasted Minister Burton for reneging on her commitment, made in 2012, not to proceed with the removal of the one parent family payment for thousands of children aged 7 and above until she had put in place a system of safe, affordable and accessible childcare akin to the Scandinavian system.

"On July 3rd, the Minister will remove the oneparent family allowance to 5,140 one parent families whose children are 7 or above despite her emphatic promise made to the Dáil back in April 2012, in response to the '7 is too young' campaign, that she would not contemplate the removal of the one-parent family support for those with young children until she had received a 'credible and bankable commitment' to a system of safe, affordable and accessible childcare. Well, we don't have that system yet the Minister is ploughing ahead with the removal of the allowance"

"Just recently the European Commission published a report which criticised Ireland for having childcare costs that are far above the EU average with extremely limited availability of childcare benefits making it difficult for women, and single parents in particular, to find employment and improve their situation. The Employment Commissioner also noted in the report that the issue of child poverty was of specific concern in Ireland."

"It is in these conditions – significantly higher childcare costs than the rest of Europe, a lack of accessibility to childcare benefits and a child poverty crisis underway that the Minister thinks it is appropriate to target these families in such a callous and discriminatory way."

"How can the Minister expect single parents to be able to afford to go to work when they struggle to afford childcare without supports? What Minister Burton is doing today is ensuring that 5,140 households immediately become lower income households and the children in those homes are further exposed to the risks associated with child poverty."

### Property Tax Row Not As Straightforward as Rural Versus Urban

Independent TD Catherine Murphy has reiterated her comments that the proposed 15% cut in Property Tax across some Councils just won't be feasible because of the year on year cuts to the General Purposes Grant which is used to fund local authorities.

"The current narrative that urban councils will suffer in order to subsidise rural areas is false. Some of the urban areas actually have a lesser level of service when compared to some of their rural counterparts. Historically, rural areas were subsidized form the General Purposes Grant but now that is likely to be reinforced because of the 20% equalization fund which means that funds collected in one area can be directed to another area to ensure some of the smaller areas don't lose out."

"It appears urban areas are being considered for further cuts to their General Purpose Grant allocation and considering they are already doing relatively poorly from that fund compared to some rural areas it is a very unfair course of action. To further exacerbate that unfairness, the majority of the General Purposes Grant is made up from Motor Tax receipts – which tend to come, on a far greater basis, from the urban areas.

"The Local Government Fund has been decimated in recent years – with one of the main causes for this reduction being the large sums transferred from this fund in subvention to Irish Water. The reduction in the Local Government Fund has seen local authorities having to scale back services and the Property Tax becoming, essentially, a replacement tax. As a result people are getting fewer services than previous despite now paying property tax."

"The Needs and Resources model that is used to decide where funding should be directed only focuses on historical needs and as a result, areas that have seen large population increases have always done poorly under this model; the staffing and facilities at local level don't grow in proportion to the population. The entire system is flawed and with the introduction of the Property Tax the confusion about who gets what funding has simply deepened."

### Minister of State Kathleen Lynch was Unaware that Disability Services Would Have Their Funding Cut

Independent TD Catherine Murphy has highlighted the recent cuts in funding to twenty six agencies that deal specifically with disability services, and in particular, the fact that these sudden cuts were implemented without the prior knowledge of Minister of State at the Department of Health – with a particular brief on disability, Kathleen Lynch.

During a debate on the Private Members Motion regarding Disability Services that was tabled by Independent TD Finian McGrath, Deputy Murphy asked Minister Lynch if she was consulted about the cuts to such vital disability services prior to them being implemented, to which the Minister responded that she had not been consulted.

Deputy Murphy, speaking during the debate said: "I do not know if the Minister of State knew these supports would be lost. Was she even consulted about it? I would have thought that would have been critical in terms of the delivery of a broad range of advocacy and support services through those organisations which, in turn, can generate quite a lot of voluntary activity. The Minister of State might say whether she was consulted in her contribution. If she was not consulted, will she give a commitment to talk to the Minister for the Environment, Community and Local Government, Deputy Alan Kelly, who is a member of her party, with a view to reversing those cuts because it is not a question of appealing them as they should not have happened in the first place?"

Responding, Minister Lynch told the Dáil: "I was not involved in the decision on funding but I had already committed to speak to the Department of the Environment, Community and Local Government to see what could be done. I do not promise anything. I do not do that, but I will definitely take up the matter with the Department...and it is important that such issues would be examined."





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### Health - An Alternate View!

Why do I yoyo diet? Is it my weak will power? Will I ever be slim and trim?

You followed the diet plan religiously. You did all you were asked. You were brilliant for the first week, month, six months, lost some weight and then slowly but surely the nasties crept back in. Expressions abound like 'I'm good during the week and so I deserve a little treat at the weekends'; 'It was a wedding celebration, I couldn't be carrying my diet shakes with me then!', or 'I'm not strong enough, I can't do it anymore, my head is wrecked!'. Before you know it you are back to the same weight and then some! You look around and all the skinny army keep bleating 'It's simple just eat properly, get off the couch and so on...... and exercise dummy!' How depressing is that!

So let's clear some things up first. First off, interesting research has been done were a 5 vear outcome of dieters across a range of 20+ structured weight loss programs was completed. They concluded the average weight loss maintained over this time was less than 3kg for if the starting weight was 100kgs. Think about it, you might lose shed loads of weight at the start, go down, go up but more than likely after five years you'll be lucky to keep off a ½ stone from your starting weight! That's an expensive ½ stone, considering the time, energy and money put into it and to still

feel like a miserable failure.

Second. Don't lose heart. What if you were fighting unknown enemies in addition to your cravings for bad food? What if the good food you are eating is not absorbed properly due to a priority underlying problem in the body? Examples of these underlying problems I find in clinic maybe:

- (a) Hiatal hernia
- (b) A deep emotional scar from your youth
- (c) Chronic long term dehydration
- (d) Yeast over growth in the body
- (e) Slow metabolism
- (f) Magnesium deficiency

If imbalances like these are not cleared out of the body first, no matter what diet or exercise plan you decide to undertake, it will probably end in failure as your cravings will ultimately overcome your will power. Now that is food for thought!

Charlie Leonard, The Path to Health Clinic, Specialists in Kinesiology, www.pathtohealth.ie / 085 1122789





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### **TECHNOLOGY CORNER**

### TIPS, TRICKS, AND WHAT'S NEW IN THE WORLD OF TECH

### Clean up your computer with CCleaner

Computers are a sophisticated and often expensive piece of technology, and they need regular maintenance to keep running smoothly. Performing a disk cleanup at least once a month is an important part of the general maintenance of your computer. Over time, your computer accumulates an increasing amount of unessential data. For instance, your computer often stores copies of webpages that you visit to facilitate faster loading times. However, the more you use your computer, the more of these files you will accumulate, many of which you may not need. A disk cleanup clears out your computer's cache (the term for these temporary storage folders), deleting these files and freeing up space.

Windows does have a basic built-in utility for this purpose, but there are other, more thorough programs available. CCleaner is one of the most popular free programs with extensive tools for not only disk cleanup but also a registry cleaner and features for protecting your privacy. The Windows Disk Cleanup only searches for cache files from a very limited number of programs, so it is not very useful for clearing the cache of other common third-party programs or internet browsers outside of Internet Explorer. It also does not search for old setup files programs will install when they are updating. For instance, whenever the NVIDIA updates the drivers for a graphics card, it begins by installing some setup files. Once the drivers are updated, these files are no longer necessary and just take up memory on your computer. These NVIDIA updates can take up hundreds of megabytes of space, and you have many other programs and drivers that require regular updates on your computer.

CCleaner searches for these files as well as many others that the built-in Windows utility is not sophisticated enough to process. CCleaner is highly customisable and allows you to select a variety of data to search. Once it has analysed your computer, you can then run the cleaner to delete the data it has found or modify the settings if you want to preserve some of the cache.

In addition to clearing out space on your computer and deleting junk files, CCleaner's other main function is to protect your privacy. It searches for and deletes private usage data such as cookies, browser history, and identifying cache histories for any browser you have installed. There is lots of other data that can be a privacy concern for people, though, and this program has extensive options. Media programs like Flash Player also store user-identifying cookies. By default, CCleaner also wipes other data that is often ignored as a potential privacy concern, such as the list of recently opened files in Microsoft Word, VLC Player, Adobe Reader, and other frequently used Windows applications. People rarely consider how much information is stored on their computers and how easy it is for someone to access that information.

These default options are all customisable, so you can change the settings to suit your preferences. This is important as using the default CCleaner options too frequently can actually slow down your browsing. Internet cache files for web browsers are small file fragments that your computer stores when you visit a webpage. When you visit a new webpage, your browser will download some file fragments like the page logo, banners, or other static data that is unlikely to change. Then if you return to the page later or click on a different page on the same website, your computer already has some of the information on it stored. Thus, your computer keeps cache files for a reason; should your browser want to access a file it has already cached, it can do so very quickly. If you have deleted the file, it will need to download it again.

If you constantly clear your browser cache with CCleaner, it can have the opposite effect and slow down your computer's performance while using the internet. However, the cache is an often neglected risk to your privacy as it creates an incredibly detailed picture of your computer use. This cache will also grow with every webpage you visit, so it is useful to clear it on a regular basis. How often you want or need to do this will come down to individual preference. If privacy is not much of a concern for you, you can disable the Internet-Cache clearing option on CCleaner and use that feature less frequently.

How do you choose what files to clean? CCleaner has an easy interface with two tabs showing different types of data: Windows and Applications. The Windows tab gives you options for dealing with data included in Windows, while the Applications tab includes any third-party programs you have installed, such as web browsers, Microsoft Office, Adobe, multimedia programs, etc. Under Applications, you can change how CCleaner deals with your internet cache if you want to use it daily without losing your browsing history or saved passwords. It has many options for fine-tuning exactly what you want it to do, so you can even create a whitelist for specific cookies. This allows you to keep your saved passwords, for instance, but still clears out other cookies that websites regularly use to track you. Intelligent Scan is a tool that can automatically add the cookies email programs use to save your password.

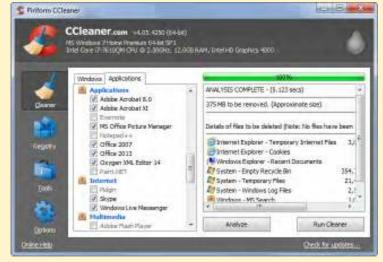
Clearing out these junk files can speed up your computer, but you should exercise extreme caution when downloading any program promising to improve your computer's performance or make it faster. The vast majority of these are either malware/viruses or cannot deliver the performance improvements they promise (and often expect you to pay for). CCleaner is not the only cache and file-cleaning program available (though it is arguably the best currently available), and even using the built-in Windows Disk Cleanup is better than nothing. If your computer has an SSD (solid state drive), that will start to slow down as it fills up, so it is important to clear out old cache and temporary files.

CCleaner also includes a variety of more advanced options, such as a registry cleaner and tools for securely wiping entire drives or managing your startup programs. Any registry cleaner should be used with caution and only if you regularly back up your computer, as accidentally deleting the wrong file from the registry can cause a lot of headaches. CCleaner's registry cleaner is one of the safer ones available, but changing the registry always carries some risk. Under Tools, you can further manage your start up programs, which is helpful especially if your computer seems to be taking a long time to start when you turn it on.

Another useful tool is the Drive Wiper, which is particularly useful when you need to securely wipe information on your computer. When you delete a file normally, Windows doesn't actually wipe that file from your hard disk. Your computer removes the information that points to those files and marks them as free space (meaning that they can be overwritten but will otherwise remain until needed). File recovery programs can scan your computer for this information and detect this data (which is how people are sometimes able to recover files even if something has happened to their computer), even if you think you have deleted it. The Drive Wiper tool will properly delete this information from a disk, which is especially important if you are selling your computer, giving it to someone else or have a job that involves sensitive or confidential information. You can set CCleaner to wipe free space any time you run the program by enabling Free Wipe, which does not clear the entire disk. Alternatively, you can set CCleaner to securely erase files any time you delete something. This is a slower process, which is one reason why your computer does not do this as a default, but it means that when you delete something, you will know that it is actually gone from your computer. Only use this option if you are sure that you do not want to have the possibility of recovering deleted data from your computer.

CCleaner also has a feature for managing your installed programs, similar to Window's built-in utility for uninstalling or changing programs currently installed on your computer. It has more options than the default Windows one, allowing you to rename or delete entries or save a list of all currently installed programs to a text file. Any changes you make here will also carry over to your Control Panel.

CCleaner is a powerful program with a wide range of functions from simple disk cleaning to more advanced fine-tuning of your computer's memory and storage. Everyone can benefit from basic computer maintenance, and CCleaner is one of the best applications available for this purpose. Even if you only want to use the basic file cleaning tools, this program will simplify your maintenance tasks. You can download CCleaner for free from the developer's website at www.piriform.com/ccleaner.



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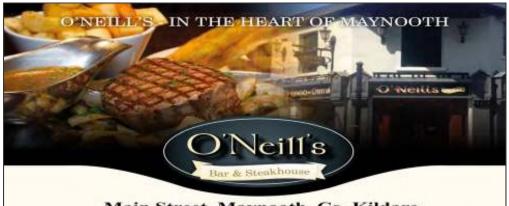
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### Walk in the Footsteps

Have you ever wondered what exactly the role of the Maynooth men was in 1916? Or how they got into the GPO? Well... As a part of National Heritage Week we are running a guided tour of the journey endeavoured by the Maynooth15 from Maynooth to the GPO on the 24th of April 1916. This is an absolutely free event and is taking place on Thursday 28th of August. We will meet at the 1916 Monument in the town square at 5.30pm where we will lead a walking tour of the Maynooth 1916 sites. We will then get the train into Dublin, on which a commentary on the various canal spots where they marched into the GPO will be explained. When we reach Dublin we will 'Walk in the Footsteps' of some of the battle sites where the Maynooth 15 fought.

Further Details to follow! Keep an eye on our page https://www.facebook.com/pages/The-Maynooth-1916-Centenary-Committee



**Copy Date for the** September edition of the Maynooth **Newsletter is Tuesday** 19th August



# Children's Swim Camps



# Finding It Hard To Entertain Your Little Ones During The Holidays?

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### TIME FOR A CHANGE?

Do you need an entire body and lifestyle transformation? Are you tired of looking in the mirror and not being happy with what you see? Could you stand to lose a few pounds or tone up a little? Lots of people feel this way. Have you ever tried a new diet and/or exercise plan hoping that this one will work but found that after the first few weeks, when the initial burst of motivation has worn off, you find yourself back to square one? Old habits return before you know it and you're back to where you started. This is more common than you think. Below is a plan that will help you start and stick to your commitment this time.

### 1. De-clutter:

Get rid of that old bikini, pair of jeans, top or dress you've been holding on to 'just incase' you magically lose weight overnight and it suddenly fits. Forget what you used to look like. Holding on to the past will only serve to keep you there. Today is a fresh start. It's time to make some new memories.

### 2. Preparation, Preparation:

The saying "Fail to Prepare, Prepare to Fail" is very true in this instance. Schedule your workout and plan your meals as you would, say, a doctor's appointment. You wouldn't cancel on the doctor, so don't cancel on yourself. Make yourself a priority and no matter what happens during your day, get your workout in before you settle for the night. People find it easier to get their workout done early in the morning before work or college or life in general starts for the day. Lay your exercise clothes out the night before. Plan your meals the night before too – if there's only fresh, healthy food prepared, that's what you'll eat!

### 3. Slowly Does It:

It's very easy when starting a new exercise plan to overdo it in the early days. You're very motivated and enthusiastic. You push it that bit harder hoping to see results sooner. This almost always leads to failure because you either get injured or too sore and are unable to train consistently. Before you know it, you've missed 3 days in a row and your new habit is already broken! When starting out, do a little less than you are able. Finish your workout with a little 'left in the tank'. That way, you're more likely to return to it the next day.

### 4. The More The Merrier:

Get your family and friends involved in your new healthy habits. Try a jog/ walk while your child cycles beside you. Bring a friend to the gym with you workout buddies keep you interested. Ask your significant other to promise you a treat when you've stuck with your exercise & healthy eating plan for a specified number of weeks – it could be that they clean the house, take you on a weekend away, give you a foot rub....the possibilities are endless! Getting others involved will keep you on track.

### 5. Set A Goal:

Having a target in mind will help keep you focused and motivated. Why not sign up for a 5k run/walk? Or plan to go hill walking/ hiking? On the days when you feel discouraged, think about the feeling of accomplishment you will have when you complete it. Wallow in your greatness and be proud of

### 6. Getting There:

There will be days when you don't feel like working out. You'll be tired or stressed or busy. The best tip to combat this is to bully yourself to just get to the gym/workout class. Just focus on getting there, not thinking about what will happen when you do. Once you're there, it'd be a waste not to do some exercise. Those are the days that count. Also, as exercise releases endorphins, you'll feel much better than you did.

### 7. Have FUN!:

The best way to keep you on track with your 'new you' plan is to have fun and keep it interesting. Change up your routine - one day go for a walk/jog, the next, try an aqua aerobics class, the next day go to the gym, the next day try some swimming, the next day take a Yogalates class... the possibilities are endless. The goal is to get yourself more active but to have fun while doing it!

At the Glenroyal Leisure Club, we can get you started on the right track. We offer free assessments & programmes and over 35 free weekly classes to keep your workout varied. Contact us today to find out how we can help. Always consult your doctor before commencing any new workout regime

	Heritage Week in Maynooth August 23rd - 31st 2014	
	Program is subject to change without notice For latest updates visit - www.kildarelocalhistory.ie/maynooth/	
Saturday August 23	Irish Volunteers in Kildare -An Exhibition @ Maynooth Library Family Fun at Maynooth Castle	9.30 am - 1pm 11am - 5pm
Sunday August 24	Family Fun at Maynooth Castle The National Science Museum, Maynooth Tyrconnell Tower Walk @ Carton House Car Park	11am - 5pm 2pm - 6pm 3pm - 4pm
Monday August 25	Teresa Brayton - Literary Nationalist - Exhibition @ John Paul II Library Maynooth College 1914-1918 Exhibition @ Russell Library Irish Volunteers in Kildare - An Exhibition @ Maynooth Library From The Classroom to the Grave @ Lady Chapel	9.15am - 6.30pm 10am - 5pm 2pm - 5pm 3.30pm - 6-30pm
Tuesday August 26	Teresa Brayton -Literary Nationalist - Exhibition @ John Paul II Library The National Science Museum, Maynooth Irish Volunteers in Kildare -An Exhibition @ Maynooth Library Launch of exhibition on the life & work of Teresa Brayton @John Paul II Library	9.15am - 6.30pm 2pm - 4pm 1pm - 8pm 6.30pm - 8.30pm
Wednesday August 27	Teresa Brayton - Literary Nationalist - Exhibition @ John Paul II Library Irish Volunteers in Kildare - An Exhibition @ Maynooth Library Maynooth College 1914-1918 Exhibition @ Russell Library Carton House and its people: 1603 -1975 @ Maynooth Library	9.15am - 6.30pm 9.30am - 5.30pm 10am - 5pm 7pm - 8pm
Thursday August 28	Teresa Brayton - Literary Nationalist - Exhibition @ John Paul 11 Library Maynooth College 1914 - 1918 Exhibition @ Russell Library Irish Volunteers in Kildare - An Exhibition @ Maynooth Library The National Science Museum, Maynooth The Maynooth 15 and 1916 @ The Square (For more info see page 14) Traditional Heritage Night @ Maynooth Library	9.15am - 6.30pm 10am - 8pm 1pm - 8pm 2pm - 4pm 5.30pm 8pm - 10pm
Friday August 29	Teresa Brayton - Literary Nationalist - Exhibition @ John Paul 11 Library Childrens Workshop on our National Heritage @ Maynooth Library Irish Volunteers in Kildare - An Exhibition @ Maynooth Library	9.15am - 6.30pm 11am - 12.30pm 2pm - 5pm
Saturday August 30	Irish Volunteers in Kildare - An Exhibition @ Maynooth Library Kildare In Time of War, 1914 - 1918, With Emphasis on Maynooth @ Maynooth Library	9.30am - 1pm 2pm - 3.30pm
Sunday August 31	Family Fun at Maynooth Castle The National Science Museum, Maynooth	11am -5pm 2pm - 6pm

### Heritage Week 2014 at Maynooth Castle

### 'Pot Luck Tours'

Draw a ticket from the Castle Cauldron and go on a specially themed mini-tour taken from the following list:

Gore, Gongs and Garderobes

Siege Special

Monkeys, Moats and Murder Holes

Banquets and Bedrooms

Flags, Fitzgerald's and Florence

Parese, Putlogs and Pardons

Wine, Walls, Windows and Wells

Kings, Kildares and Keeps

Archers, Arrow Loops and Artillery

Dates: 23rd/24th/27th/28th/29th/31st August 10am – 4.30pm Family Friendly/Children's Activities

**Drop-in art activities:** for children aged 4 - 12 years. Enjoy colouring activities or design your own Castle.

**Wizard Word Search**: Ask at the reception desk for the special Heritage Week word-puzzle sheets

Heritage Week Quiz: Pick up a quiz sheet from the reception desk and explore the Castle to find the answers. The winner will receive a Family Heritage Card worth €55!

Dates: 23rd/24th/27th/28th/29th/31st August @ 11am and 2pm

**Siege Tours:** Special themed tours focusing on the 10-day siege of Maynooth Castle, Skeffington's bombardment of the Castle and the so-called 'Pardon of Maynooth'

Dates: 23rd/24th/27th/28th/29th/31st August @3.30pm

Children's Tours: Fun, lively tours for younger visitors. Hear about life in a Castle – not quite as glamorous as it seems!

Dates: Sunday 24th August and Sunday 31st August 10am - 4.30pm

**Flag Day for Children:** Learn about the Fitzgerald flag. Draw your own flag and display it in the Castle or you can even bring it home!

### Note:

All above events are FREE. For further information contact Maynooth Castle, Wednesday to Sunday at 01 628 6744.

All children attending events must be accompanied by an adult/guardian.

## **Maynooth Summer Festival 2014**

Events are subject to change without notice
Visit: maynoothcc.com for updates

### Friday 29th August 2014

### **Maynooth Community Library**

Friday Morning: Online photograph exhibition of publications about Maynooth and publications by Maynooth authors

'Our Natural Heritage: Children's Workshop' Discover the natural world around us through fun activities and games.

Learn about survival in the wild and make bird houses and feeders.

Ages 7-12 years. Booking is essential. 11am - 12.30pm

### Russell Library, St. Patrick's College

Exhibition: Maynooth College 1914-1918: An exhibition to mark the centenary of the First World War. Email library.russell@nuim.ie or phone 7083890

to book a place. 11am - 12.00pm \*\*\*\*\*

### JPII Library

Exhibition: Teresa Brayton Literary Nationalist.

Coffee Shop open till 2pm

Drop in 10am - 4.30pm.

### **Launch of the Festival**

Maynooth Community Space 8 - 9pm (By invitation) Exhibition of Children's and Young Adult's art. Competition winners announced. All welcome to join us in McMahon's afterwards for a evening of Jazz & Swing with Tony Savino.

### Saturday 30th August 2014

### The Square - 2 - 9.30pm

Maynooth Castle Keep Art Group and other artists' works on display during the day. Children and young adults art exhibition on display in Community Space.

Face painting, Music and Entertainment.

### **Maynooth Community Library**

'Kildare and the Great War' with James Durney, This public lecture by James Durney will survey the involvement of Kildare men and women in the First World War. James Durney is the author of "In A Time Of War": Kildare 1914-1918. Booking is essential.

2 - 3pm

### Maynooth Castle - 2 - 7pm

An afternoon and early evening programme of music, song, dance, storytelling, poetry and prose.

### TESCO Car Park - 11am - 2pm

Carnival, Family Fun activities, music, bands, dancing, cakes and bakes, displays, spot prizes, and much more.

A more detailed list of timings for events in each venue will be available by visiting our

website: www.maynoothcc.com or by contacting Maynooth Community Council Unit 5 Tesco Shopping Centre Carton Park, Maynooth Phone: 01-6285922

### Sunday 31th August 2014

A return Steam Train trip of just under two hours along the scenic Royal Canal. Dublin-Maynooth and return. Check out for 2014 <a href="http://www.steamtrainsireland.com/">http://www.steamtrainsireland.com/</a>

events/

### The Harbour - 2 - 6pm

Maynooth ICA - Bric-a-brac Sale Kildare Animal Federation Dog Show Martial Arts Demonstration St Mary's Brass & Reed Band Carnival & Bouncy Castle & Lots More

### National Science Museum, St. Patrick' College

2 - 6pm

Come and view the largest display of scientific instruments on public display in Ireland, most of which were manufactured in the Dublin area between 1880 and 1920

The museum is centred around the Rev Prof. Nicholas Callan, inventor of the induction coil. There is also a large collection of ecclesistical items on display and one of only 2 death masks of Daniel O'Connell.

The Museum is open at the following times during Heritage Week 24th August 2 - 6pm - 26th August 2 - 4pm

24th August 2 - 6pm - 26th August 2 - 4pm 28th August 2 - 4pm - 31st August 2 - 6pm

### Festival Closure - The Square

6 - 8pm

Taste of Maynooth Raffle Draw The Square - 8pm





# ICA HALL The Harbour

When: Sunday 31st. August Time: 12.00 - 5.00pm

Why not call in for tea, coffee, homemade cake or a scone

Have a look at our craft display - maybe you always wanted to learn something new We will have a great Bric-a-brac sale

in fact -----

"Something for everyone"



# THE TASTE OF MAYNOOTH RAFFLE



FESTIVAL WEEKEND 29TH-31ST AUGUST



WIN FANTASTIC
"TASTE OF MAYNOOTH" PRIZES

ALL KINDLY SPONSORED BY OUR RESTAURANTS BARS AND CAFES

TICKETS ON SALE IN VARIOUS LOCATIONS AROUND THE TOWN FROM THE 18TH OF AUGUST

> €2 EACH- 3 FOR €5 DRAW WILL TAKE PLACE ON SUNDAY 31ST AUGUST AT 8PM IN SQUARE



ALL PROCEEDS GOES TOWARDS MAYNOOTH COMMUNITY COUNCIL TO HELP FUND OUR COMMUNITY EMPLOYMENT SCHEME



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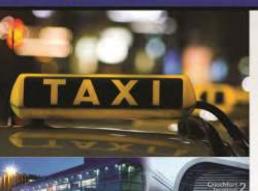
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# ROOMS FOR RENT

Do you have a spare room in your home in Maynooth?

Consider renting your room to an in-coming student this year!

OPTIONS FOR RENT ROOM ONLY DIGS: Incl. food ONE SEMESTER ACADEMIC YEAR SEPT-MAY



A Source of TAX FREE Income for

### **Maynooth Tidy Towns**



Earlier in the year we asked everyone in Maynooth to help us to become Ireland's Best Kept Large Town after learning we were selected by the Dept. of the Environment to participate in this prestigious competition. Maynooth Tidy Towns requested that Local and European Election Candidates would refrain from putting up their posters in the Main Street as judging took place over the month of May, and we wish to thank them for adhering to this request. We wish to thank Kildare County

Council's local engineer Jonathan Deane and his team for their hard work. We thank Maynooth Business Association, Glenroyal Hotel, Local Businesses and Local Community for their monetary support and encouragement. John Doogan and the staff of the Maynooth Community Council indoor and outdoor have been very supportive to us.

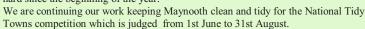
On the 24th of June 2014, Mattie Callaghan, Elizabeth Callaghan, Vinnie Mulready and Sean Cushen representing Maynooth Tidy Towns on the SS Nomadic in Belfast Titanic Quarter at which the winners of Ireland's Best Kept Towns were announced.

Much to their surprise Maynooth was selected as the winner of IRELAND'S BEST

KEPT LARGE TOWN. The Delegation received a framed Certificate outlining their achievement.

We were able to share the good news by text with all our wonderful committee and volunteers. On 4th July a Celebration Barbecue which was sponsored by Eddie Casey of Supervalu was kindly hosted by the Cushen family.

Many thanks to Maynooth Tidy Towns Committee and volunteers who worked so hard since the beginning of the year.



If you would like to volunteer an hour or two please contact us on 087 3153189.

Richard Farrell





### 2014 Results

aximum Marks vailable	Marks Awarded 2014
	40
	39
	40
	20
	39
	25
	12
0	215
	railable

Please note that for judging purposes, the boundary of the town/village is deemed to be the commencement of the speed limit restrictions or the place name sign post.

### 1. Presentation of Buildings

The commercial premises along the main street interestingly play a much lesser role in terms of streetscape during the summer months when the trees are in full foliage. Nonetheless the high standard of most premises was acknowledged and numerous fine shop fronts were noted. It is important that signage including advertising be

limited on each premises to avoid visual clutter. The retention of some up-and-down sash windows and traditional buildings generally in the heart of the town is commended. The larger buildings set in beautifully landscaped grounds contribute greatly to the ambience-these include the churches, schools and NUI Maynooth. The dramatic buildings of the new NUI campus create architectural vibrancy as they contrast and complement the earlier built heritage. Clearly the enormous Tesco retail area which is beautifully landscaped is important to the town but hopefully the original shops in the town centre can remain successful.

### 2. Appearance of Approach Roads, Streets and Public Facilities

The fine stone walls with mown grass verges and trees are a characteristic composition of the approaches to Maynooth and it is befitting that they are well cared for. The M4 approach was particularly admired. Weed control was generally excellent. Here and there, though, there were areas which seemed neglected in comparison - for example, the perimeter of the car park on the right down the road past the Garda Station. Most other car parks however were of a high standard. The filling stations were generally well cared for. Some industrial premises including yards and forecourts could have been tidier. The approach road preceding Tesco was disappointing as it was not representative of the standard of the town elsewhere. The stone town name sign and planting here was scarcely noticeable in the context of surrounding overgrowth. The several significant areas of hard landscaping in the town centre contribute greatly.

### 3. Presentation of Natural Environment

Maynooth is well endowed with natural amenities, particularly the various waterside areas and substantial mature trees which are being appropriately acknowledged. It is the judges opinion that the suckers should be removed from the trunks of the trees along the street. It is clear that time and financial resources have been enthusiastically invested in tree, shrub and flower planting in recent times. Any dead or damaged trees should be replaced. Grassed areas, almost without exception , had been frequently mown in the weeks preceding judging.

### 4. Presentation of Immediate Residential Areas, Gardens and Private Frontages

Most residential areas were presented exceptionally well. Green where applicable were neat, houses well kept and gardens profusely planted. Boundary walls here and there, however, needed freshening up. The numerous older terraces were admired especially those regularly painted. Hopefully soon the disused house on the approach to the main NUI campus will be restored.

### 5. Tidiness

The town generally had a clean and tidy appearance with litter scarcely evident. However, there were lapses in standard. Some yards and gaps between buildings and a few laneways were a little untidy. Beware of creating clutter and hazards on footpaths with advertising and goods. Unfortunately, rubbish had been abandoned at the bottle bank near Aldi. Cut conifer branches had not been cleared away on one road.

### 6. Comprehensiveness

Much of Maynooth could be described faultless but it is recommended that you systematically indentify any remaining problems, particularly in peripheral areas, and devise an appropriate course of action for each.

### 7. General Impression

Maynooth is a very busy large town where there is a wonderful sense of vibrancy, assisted by the influx of students. The axial formality of the tree lined street with entrances to NUI Maynooth and formerly Carton House at each end leaves a lasting memory. We look forward to many more visits.



### PICNIC IDEAS

### Ham, Pea & Mint Pasties

175g cold butter, chopped into chunks 350g plain flour, plus extra for dusting 1/2 tsp English mustard powder

1 egg, beaten for glazing

50g butter

1 onion, finely chopped

200g peas, frozen or cooked fresh 100g thickly sliced ham, chopped into small chunks small bunch mint, leaves picked and finely chopped 250g pack ricotta



Makes 4 large pasties

### Method

Tip the butter, flour and mustard powder into a food processor with 1/2 tsp salt and whizz until you can't see any lumps of butter. Add roughly 4-5 tbsp cold water, a spoonful at a time, while pulsing until the pastry comes together. Tip out onto a clean surface, bring together into a ball and chill while you make the filling. Melt the butter in a frying pan. Add the onion and gently sweat for 10-15 mins until really soft, but not very coloured. Stir in the peas for 1 min, then turn off the heat and stir in the ham, mint and ricotta with plenty of seasoning,

Heat oven to 180C/160C fan/gas 4 and divide the pastry into 4 equal pieces. Roll each piece to a neat 16-17cm circle - cut round a saucer or lid. Brush the edges with a little of the beaten egg, spoon a quarter of the filling into the middle, then bring up opposite sides of the pastry and seal. Crimp to make a pasty shape. Carefully lift onto a baking sheet. Repeat with the rest of the pastry, then brush the finished pasties all over with egg. Bake for 35-40 mins until golden and crisp. Leave to cool slightly, then serve either warm or cold.



### Ingredients

450g sausage meat 1 heaped thsp chilli paste 1 green chilli, finely chopped 4 spring onions, roughly chopped small pack coriander, roughly chopped finely grated zest and juice 1 lime 400g can kidney beans, drained and rinsed 375g pack ready-rolled puff pastry



Serves 6

Serves 12

### 1 egg, beaten Method

Heat oven to 200C/180C fan/gas 6 and pop a baking sheet inside to warm. Mix together the sausage meat with the chilli paste, chilli, onions, coriander, lime zest and juice and a little seasoning, before squashing in the kidney beans. Unroll the pastry onto a sheet of baking parchment, longest side towards you, and spread the sausage mixture down the centre of the pastry - it should make a rounded mound about 10cm wide. Measure 1cm out from the filling, then cut the sides of the pastry on a slight diagonal into 1.5cm thick strips. Lift these up and over the sausage filling so that they meet on top. Use the last pieces to wrap up the ends. Brush with the egg and sprinkle on the oregano, if using. Using the baking parchment, lift the sausage plait onto the hot baking sheet and bake for 40 mins until golden and cooked through.

### Pizza Muffins

### Ingredients

300 g self-raising flour 80 g butter, melted 1 cgg

150 g low fat natural yoghurt

150 ml low fat milk 1 tsp dried oregano or mixed Italian herbs

1 and a half cups strong grated cheddar cheese, low fat

150 g lean ham, diced

6 spring onions, finely chopped

150 g chopped sundried or sunblush tomatoes

Preheat the oven to 200°C. Line a 12 hole muffin tin with paper cases for big muffins or two trays for mini muffins. Mix the butter, egg, yoghurt, milk and oregano together. Sieve in the flour and barely mix. Stir in 1 cup of the cheese, ham, spring onions and tomatoes. Don't over mix, leave the mixture quite lumpy. Spoon into the paper cases and sprinkle the remaining cheese on top of each muffin. Bake for about 20 minutes until baked through and firm. Allow to stand for 5 minutes before serving hot or cold. Cool completely and freeze in plastic bags for up to 2 months.



If the weather is dry, there is no need to spray for Blackspot disease of roses. If it does rain - it might be an idea to spray them. If you have early flowering shrub roses and ramblers that have finished flowering could be pruned. Take cuttings off shrubs such as Cistus, Lavender and Weigela. Start saving seeds. Remember to label them when storing them. Remove any diseased foliage now before it ends up in the compost heap.



Begin dividing perennials. Don't forget to continue to water the plants especially check containers and hanging baskets as they tend to dry out quicker. Also feed them too. Water Hydrangeas with Hydrangea colourant for true blue Hydrangeas next year.

Prune climbing and rambling roses. Some bulbs can be planted now



such as Daffodils and Madonna lilies. Hebes and Lavenders can be lightly pruned after flowering. Don't forget that hedges can be given a final trim now. Raise the blades on your lawnmower before cutting lawns that are fine. It will help reduce drought stress. Lawn weedkillers are not as good this time of year, it works better in cooler, damper autumn weather. Keep pulling those weeds as soon as they appear. Plant trees, shrubs and perennials now, so they can take root and also keep them

well watered. Re-pot indoor plants in fresh soil. Bring any houseplants indoors therefore getting them used to limited sun and humidity. You can also bring some outdoor plants inside to overwinter. Towards the end of this month sow seeds of hardy annuals directly into borders.

Check that your mulch hasn't decomposed and add more if necessary. Keep deadheading and harvesting flowers and vegetables. This will encourage them to keep growing. Begin planting vegetables for the winter such as green onions, Carrots, Beets, Lettuce, Spinach, Radishes and Winter Cauliflower directly into the garden early this month. Continue to cut out old



fruited canes on Raspberries. Lift and pot up Strawberry runners. Apples are nearing ripeness. Tip - hang old CD's from fishing line in trees to discourage birds from attacking fruit. Pick herbs for drying. Harvesting them will keep them growing longer. If it is hot and humid beware of potato blight, spray with a chemical fungicide if the weather looks ominous. Harvest Blackberries, Raspberries, Gooseberries, Redcurrants and Blackcurrants.



Paint fences, sheds and any wooden structures with a preservative. Clean patios and hard surfaces to get rid of any moss and algae. This will prevent them getting slippery in the winter months. Fix any broken glass and check the guttering in the greenhouse. Keep ponds topped up and don't forget any water features too. Remove faded flowers and yellow leaves. Cut back the foliage. Clearing

out fallen debris often will help keep algal growth down.

To plant a garden - is to believe in tomorrow!!



Main Street, Maynooth Phone: 01.6292806 info@picaderos.ie



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Tuesday Evenings 7pm – 10pm An enjoyable blend of Gypsy Jazz Vocals & Classical Violin from acclaimed vocalist & violinist Patrick Collins of the Café Orchestra. Patrick will play his distinctive, yet by no means intrusive blend of classical and gypsy jazz music from 7pm

Thursday Evenings 7pm – 10pm Live Acoustic Flamenco Guitar with Juanjo Manzana

Why not try our taste of Mexico With our special Mexican Set Menu every Wednesday evening from 6:45pm. Large selection of authentic Latin flavours to choose from.



Friday & Saturday Evenings 7pm – 10pm Live Spanish Guitarist & Singer Jose Minguez plays his blend of easy listening songs including the Gypsy Kings & Manu Chau.





### Her Castle

The breeze of the warm evening caused her hair to sway along her back and tickle her cheeks like the grass and the flowers of fields beyond her castle. Her prison. They said her beautiful hair was not like golden but of caramel, and she was sweet as such. Where were they now? Their lonely girl was perched on the window sill high above the ground where the clouds blossomed in the sky. Tonight, however, someone had taken a paint brush and swiped it orange and pink with the dark clouds that splashed across the horizon. She hugged her knees tight to her chest and watched the sun sink beneath the hills and wished it a good night, a sweet farewell until morning.

As stars began to sparkle and shine, a frigid wind picked up and intruded in on her chamber causing her to shiver. Hopping down off her throne, she wandered about the humongous castle like she had done many times before. Too tired to sleep and too reckless to dream, she hugged the stone walls of the narrow passage that lead to her chamber that lay in the top of the tallest tower. Even though the castle was black as night and brooding thoughts, the girl with the caramel hair did not need the walls for guidance for she knew every step of the staircase, every edge, every corner, every echo. She knew each footstep would take her where she had already been before. In the dark her world seemed much bigger. Her mother had said once that one day a prince would come and rescue her and so, for the many nights that followed she dreamt of a white horse carrying her prince, the man who would rescue her. But he never came. Years later those dreams forgotten, she wished for monsters and demons to emerge from the shadows. They were the better company.

She found her way back to a bed so soft it could only be for a princess, a girl as sweet as she with her long caramel hair. Sketched behind her eyelids she saw a prince on a white horse cantering up to the gate of her fortress. A smile crept to her lips when she envisioned the dragon taking him by surprise and how it tore his body limb from limb and wore his entrails as a fancy boa and used his horse as a toothpick. She cackled and giggled to the imaginary screams and once again fell asleep above heroes and champions. None had taken her hand but had all fallen for her wicked beauty.

By:Melissa Ridge Age:18



### The Dentist



Ah! Come in, take a seat In a minute I will have a look at your teeth

When you open your mouth and I pop in my tool

Please be careful, and try not to drool!

It gets all over your hands! I really hate these salivary alands.

And if I do something that will make you sore

Please don't give out an almighty roar

It disturbs the people waiting And probably decreases our five star rating.

Now sit still and don't be bold How about a filling, Silver or

By: Hazel Truffle Coca Kiely Age: 13



# **Know Your Rights**

### Non-Principal Private Residence charge arrears

### **Question**

I bought a holiday home in October 2012. I paid the Local Property Tax for 2013 but I thought the NPPR had been abolished. Do I still have to pay it?

### **Answer**

The Non-Principal Private Residence (NPPR) charge was payable for the 5 years 2009 to 2013 for residential property that was not the owner's only or main residence, so you will owe this charge in respect of 2013. The NPPR is no longer charged from 2014 onwards, but outstanding liabilities and payments are still being collected by the local authorities and these can be substantial.

The NPPR charge was  $\[ \in \] 200$  for each relevant property that you owned on the liability date each year and was due to be paid within 3 months. In general, the liability date was 31 March and the payment was due by 30 June each year. A late fee of  $\[ \in \] 20$  was charged for each month, or part of a month, after each due date. These late fees increased each month. They are shown on a table of charges at nppr.ie. If you owned your holiday home on 31 March 2013 and have not paid the NPPR for 2013, you now owe  $\[ \] 380$ .

If you do not pay your liabilities in full by 31 August 2014, or agree settlement terms by that deadline, you will incur additional penalties and you will then owe €750. There will not be any further increase.

To avoid these additional penalties, you should arrange as soon as possible to pay the 2013 charge plus the late fees that have accrued. You can pay online at nppr.ie or else use a paper form.

You should also check any other taxes and charges that may still be due on your holiday home – such as the Household Charge (payable for the year 2012 in addition to the NPPR), and the septic tank registration charge (if relevant).

### **Appealing your Leaving Certificate results**

### Question

If I think my Leaving Certificate papers have not been marked correctly, can I have the marks rechecked?

### Answer

Yes, if you are not satisfied with the marks in one or more of your Leaving Certificate exams, you can appeal them to the State Examinations Commission (SEC). Before you make the decision to appeal a result, you can view your exam paper. The SEC will send your school personalised application forms for you to view

your exam papers and to appeal your results. (For external candidates, these forms are enclosed with your examination results.)

Viewing: If you decide you would like to view a particular paper, you mark the form accordingly. There is no charge for viewing your papers. You must return the completed form to the school where you sat the examination by 19 August 2014. The Organising Superintendent appointed by the SEC will assign you to one of the viewing sessions. These will take place on 29 and 30 August 2014 in your school or examination centre.

Appealing: If you decide to appeal your results, you indicate the subjects you wish to appeal on the appeal application form and you pay the appeal fee. Your application to appeal your 2014 results must be received by 3 September 2014.

Your paper will be re-marked by an appeal examiner, who will be different from the examiner who originally marked your work. The same marking scheme is used for remarking. Your result may be upgraded, left the same or downgraded as a result of an appeal. There is further information about the appeal process on the website of the State Examinations Commission, examinations.ie.

If you are not happy with the outcome of your appeal, you may request a review by the Independent Appeals Scrutineers. Application forms for an appeal review are provided with your appeal results.

### The Cycle to Work scheme

### Question

In 2009, I bought a bike under the Cycle to Work tax scheme but it was stolen last week. Can I use the scheme again when I buy a replacement bike?

### Answer

The Cycle to Work Scheme is a tax incentive scheme which aims to encourage employees to cycle to and from work. Under the scheme employers can pay up to €1,000 for a bicycle and bicycle equipment for each of their employees. The repayment for the bicycle and equipment is then deducted from your gross salary (this means before income tax, PRSI, pension levies or Universal Social Charge are deducted) over a period of up to 12 months. You can only avail of the scheme once in a five -year period. So if you got your bike in December 2009 and were granted the tax relief in 2009, you can claim it again if you want to buy another bike in 2014 or later.

You must use the bicycle and safety equipment mainly for qualifying journeys. This means the

whole or part (for example between home and train station) of a journey between your home and your normal place of work.

If you buy a replacement bike in 2014 you cannot get another bike under the Cycle to Work Scheme until 2018. If you are concerned about another theft you could insure your new bike under your household insurance policy or you could use a special cycle insurance scheme.

There is a list of frequently asked questions about the scheme on revenue.ie.

### Jobseeker's Allowance for younger jobseekers

### Question

I am 22 years of age and I live with my partner who is 25. He is currently unemployed and has been claiming Jobseeker's Allowance for three months. I have just finished college but cannot find work. What amount of Jobseeker's Allowance can I qualify for?

### Answer

People aged under 26 get a lower rate of Jobseeker's Allowance. If you claim Jobseeker's Allowance in your own right the maximum amount you are eligible for is €100 a week. However, your partner could claim for you as a dependent adult on his Jobseeker's Allowance claim and he would be paid €124.80 each week in addition to his personal payment.

Even though the rate paid is less, it might be more beneficial for you to claim Jobseeker's Allowance in your own right because you are then eligible for a range of training and employment schemes to help you into employment. If you take up a place on a course of education, training or an employment support scheme you will get a higher rate of payment.

Maximum Jobseeker's Allowance rates for people under 26

Age Rate - Increase for a qualified adult 18 - 24  $\in 100$   $\in 100$  equal 6100 equal 625 equal 64 equa

The reduced personal and qualified adult rates of Jobseeker's Allowance (JA) for claimants under 26 do not apply to claimants with dependent children.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public. Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

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CONTACT NOEL 086 8702699



# Maynooth Fianna Fáil Notes

Contact Details - e-mail: naoiseocearuil@gmail.com

### Cllr. Ó Cearúil passes motion to proceed with taking estates in charge

Cllr. Naoise Ó Cearúil was successful in passing his first motion in Kildare County Council that the council proceed with the taking in charge of housing estates. The council had stalled this process due to legislative issues with Irish Water, however Ó Cearúil argued that the council would be able to take all other infrastructure in charge and the majority of members agreed with him. Speaking after the meeting Naoise stated, "This has been a huge issue for homeowners in Maynooth and it was something that a lot of people raised with me on the doorstep while campaigning. I'm proud that my first motion in the council not only passed but will have a positive impact on people's day-to-day lives." Many estates in Maynooth have not been taken in charge even though they have been ready for between five and eighteen years. Some of these estates include Castledawson, Meadowbrook and Griffin Rath Hall.

### Cllr. Ó Cearúil presses the need for a pedestrian crossing on the Moyglare Road

At July's meeting of the Maynooth Municipal Area, Cllr. Naoise Ó Cearúil submitted a motion that a pedestrian crossing be installed on the Moyglare road, at a location close to the G.A.A Club. There is no pedestrian crossing on this road from St. Mary's Boys National School. There are hundreds of residents living in Moyglare and a pedestrian crossing is much needed. Ó Cearúil highlighted that residents of Moyglare Hall and children training in the Moyglare Hall GAA pitch have nowhere safe to cross. This is an issue that he intends to progress and follow through with

### Blindspot on Newtown Road between Beaufield and Woodlands

Cllr. Naoise Ó Cearúil has been pursuing the council to remove the dangerous blind bend between Beaufield and Woodlands. This bend makes it extremely difficult for residents of Woodlands to cross the road in a safe manner. Ó Cearúil proposed at July's meeting of the Maynooth Municipal Area that the fencing at Beaufield Lawns be pushed back a metre to give a clear sightline for pedestrians.

### Housing Crisis in Kildare

It was highlighted at the recent Kildare County Council meeting that there is a serious housing crisis in the County. There is an extreme shortfall in council housing stock and a growing list of people looking to be housed. Many families in Maynooth are being priced out of rented accommodation also as many landlords are no longer accepting Rent allowance and in other situations rent is increasing. This is an upward only trend and is down to a lack of supply and increased demand. Cllr. Ó Cearúil has been enquiring into the council's method to tackle this crisis and believes that the council should either build more social housing or acquire more through private purchases. In terms of the private market, Ó Cearúil believes that due to the high demand for accommodation in Maynooth, more development must occur but in accordance with the Local Area Plan.

### Permission granted for Maynooth Education Campus

Kildare County Council has granted planning permission to the Kildare / Wicklow Education and Training Board to build the Maynooth Education Campus in Moyglare Hall. This has been a long protracted saga and Cllr. Ó Cearúil has welcomed the decision by the council. "The people of Maynooth have been kept in the dark regarding the schools issue for months. Due to this, people have been worried and under the impression that the project would not go ahead. I'm glad that this will give parents and students peace of mind and I am looking forward to a state of the art facility for the people of Maynooth."

### Maynooth is Ireland's Best Kept Large Town

Maynooth won Ireland's Best Kept Large Town at a recent reception in Belfast. This is a massive achievement for the town and particularly for the Tidy Towns organisation.

"I am extremely proud that our town has won this massive accolade and it is a testament to the time and effort that all of the Tidy Towns volunteers put in. As a volunteer with Tidy Towns it makes the win that much better."

Maynooth Tidy Towns meet for regular clean-ups at the square on Wednesday evenings at 7.30pm, Saturday mornings at 10am and Sunday mornings at 8am. If you have some free time please get involved. You will notice other volunteers in high-vis jackets. Pickers, high vis jackets, gloves and black bags are provided.

### **Intel 25 years in Ireland**

On the 26th of June Intel hosted a reception for the people of Maynooth in the Glenroyal Hotel. The reception was organised to mark Intel's 25th anniversary in the area and as a mark of gratitude to the people of Maynooth. Intel sponsored an information plaque on the square that stands proudly beside the old courthouse. Many thanks to Intel for a marvellous addition to our town.

### Protest at the appointment of a non-Irish speaker as Minister for the Gaeltacht

On Wednesday the 16th of July a protest was held against the appointment of Deputy Joe McHugh (FG) as Junior Minister for the Gaeltacht. Minister McHugh has no conversational Irish and will have to deal with Irish speakers on a day to day basis in his new role. The protest was organised by Conradh na Gaeilge in what they described as a clear insult to Irish speakers throughout the country. Attending the event was Cllr. Naoise Ó Cearúil who said, "This is a clear example of the Government's blatant disregard for the Irish language and for those who speak it. Only three short months ago 10,000 people descended on Leinster House to voice their discontent with the way Irish speakers have been treated by this Government. People's basic constitutional rights have been dismissed by this administration and this latest fiasco has angered many people."

### Kildare to host Ógra Fianna Fáil National Youth Conference

Ógra Fianna Fáil are to hold their 2014 National Youth Conference in the Westgrove Hotel, Clane Co. Kildare. The joint bid from Ógra organisations in both Kildare North and South beat off competition from other constituencies to host the weekend of policy debate in November of this year.

The decision was made by the Ógra National Council at a meeting in Athlone on Saturday where Cllr. Naoise Ó Cearúil and Cllr. Robert Power presented the bid on behalf of the Kildare organisation.

Fianna Fáil is growing its membership again. With two Ógra Councillors elected in Kildare and the NYC coming in November, the party hopes to capitalise and recruit new young members. Young members in Kildare will have a fantastic opportunity to have their say in how we run our party. The weekend will see over 500 delegates from across the island, north and

south, come to Kildare to discuss policy issues and stimulate debate across a wide range of topics. Commenting Cllr. Power stated "I'm very pleased that we've been able to bring this event to Kildare and hope that it will be of some benefit to the local economy" Cllr. Ó Cearúil said "As a current member of the Ógra officer board it is wonderful to see such a big event coming to Kildare. Ógra Fianna Fáil is the largest youth wing of any political party in Ireland and there were 20 young councillors elected throughout the country." Anybody between the ages of 16 and 30 can register with Ógra Fianna Fáil. They can get in contact with Naoise via cllrnaoise@gmail.com.

### Road Safety in Residential Areas

Kildare County Council is currently in the process of producing a document for 'Road Safety in Residential Areas'. This document will be in the form of a leaflet, and will focus on the basics and essentials required by a road user in residential and built up areas, in the interest of road safety. As part of this road safety awareness campaign, the council will be visiting many housing estates and residential areas throughout the county with a Promotions Team over the coming weeks to deliver the documents. If you think that your estate would benefit from this campaign please get in contact with me and I will forward your details.

### Opposition to development in Moyglare Hall

Dozens of residents in Moyglare Hall have objected to further developments in the estate, particularly at The Walk. If this development proceeds it would have a negative impact on resident's lives. Many residents from Moyglare Hall, Moyglare Abbey, Moyglare Village and the Moyglare Road have objected to the opening of an original pedestrian access point beside the ESB station to a vehicular access point. If this is allowed, it will cause a rat-run within Moyglare Hall and have a negative impact on traffic flow on the Moyglare Road. Cllr. Ó Cearúil, a native of Moyglare has objected to permission being granted as it contravenes HP6 of the Maynooth Local Area Plan and has an adverse effect on residents of Moyglare.

### Best of luck to all students receiving their Leaving Cert results

I would like to wish the very best of luck to all those students who are set to receive their Leaving Certificate results this month. Remember that Wednesday the 13th of August is results day. You can receive your results from the school or online. If you need any advice after your results please feel free to get in contact with me.

### Fianna Fáil Membership

The party's Ard Comhairle have decided that membership renewal will be extended from the 31st of July to the 30th of September. If you or anybody you know would like to join the party please do get in contact via cllrnaoise@gmail.com.

### Representations

Cllr. Ó Cearúil has been making representations on behalf of residents on a range of issues. If you have an issue or need advice please get in contact. Areas covered to date include:

- Grants for Older People
- College Grants (SUSI)
- Housing Issues
- Planning Issues
- Planning Objections
- Medical Card Issues
- Business Start Ups

### **Clues Across**

### August 2014 Crossword - No: 427

### **Clues Down**

- 1. Cloth bag filled with beans (7)
- 5. Readable (7)
- 9. Lockjaw (7)
- 10. Collection of maps (5)
- 11. Walk (5)
- 12. One circuit (3)
- 13. Filter (6)
- 14. Device for holding up a stocking (6)
- 15. Engage in espionage (3)
- 17. Organisations (9)
- 21. Large (3)
- 23. Ski lodge (6)
- 24. Move back and forth (6)
- 27. Father (3)
- 28. Units (5)
- 29. Position (5)
- 30. Not friendly (7)
- 31. Enter again (2-5)
- 32. Own (7)

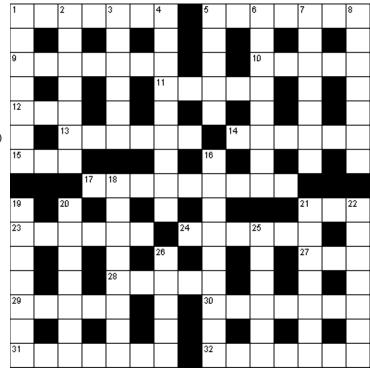
Winner of Crossword No. 426 J

### Peter Denman Leinster Park Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

Collect prize from

The Maynooth Bookshop 68 Main Street, Maynooth



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19th	Augus	t 2014	

**Entries in before:** 


1	Class		(7)
Ι.	Glass	containers	( /

- 2. Post-mortem examination (7)
- 3. Flag (6)
- 4. Inflammation of the stomach (9)
- 5. Person sentenced to life in prison(5)
- 6. Receive an academic degree (8)
- 7. Dramatic dances (7)
- 8. Entrap (7)
- 16. Steamer (9)
- 18. Submissive to authority (8)
- 19. Flee (7)
- 20. Made by humans (3-4)
- 21. The time a person goes to bed (7)
- 22. Female deity (7)
- 25. Hotel patrons (6)
- 26. Male voice (5)

### Answers to Crossword 426

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### Difficult

### 8 6 3 5 9 2 6 1 9 8 5 2 5 1 8 7 2 6 3 6 5 3 8 2 9 5

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to Maynooth Newsletter Unit 5 Tesco S/C Maynooth

Collect prize from Newsletter Office

# **Sudoku Challenge**

Name:

Address:

Phone:



August 2014

Entries must arrive before: 19th August 2014

Congratulations to:

July Winner:

Niamh Healy

Leinster Park

### Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

### **Super Difficult**

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	6					2	7	3
1	9	2					5	
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7		9	6	3				
					4			

Name:	 	 
Address: _	 	 
Phone: _	 	 

### Sinn Féin Maynooth Local News

Cllr Réada Cronin - Telephone 086 3189 730 - Email: <u>readacronin@hotmail.com</u>
Facebook: <u>facebook.com/readacroninsinnfein</u> - Twitter: @ReadaCronin

### A Chairde,

After the carve up at the first meeting of the forty newly elected councillors and the ideological marriage of the two main parties, Fine Gael and Fianna Fáil, we had our first full council meeting on Monday 30th June. In case you're not up to speed on how Kildare County Council works, every month all forty councillors elected in Kildare meet as one council. Councillors can bring motions to Kildare County Council each month and while some did not do so for the meeting on 30th June all five Sinn Féin councillors raised a motion.

In addition to full council meetings all nine councillors elected in the Maynooth municipal district meet once a month also to discuss and make decisions pertaining to matters specific to this area. If you have any issues that I can help you with please feel free to contact me using any of contact details above. That is what I'm here for, to deliver republican, citizen-led representation for the people of Maynooth MD.

### LOCAL PROPERTY TAX

My motion before the council was to reduce the Local Property Tax (LPT) by the maximum allowable 15%. I know I've written about the inequity of this tax before so I'll spare the repetition. While arguing for my motion I made the point that when I earned my first pay check I was proud to be paying tax towards the welfare of my fellow citizens and towards the prosperity of the county that I love. I made this point because as a republican I'm sick and tired of the pretence that those who object to this unfair tax don't want to pay for anything! It's not true but typical of the lazy opposition to positive and fair progressive taxation. I argued that Kildare was one of the nine counties that according to figures from Revenue Commissioners could afford to take the 15% reduction. Then the procrastination started.

Fianna Fáil, Fine Gael and most of the Independents were in favour of the reduction but God forbid that they might have to make a decision. Labour councillors were vocal in their support for our motion, along with three independents, to reduce by the 15% and voted against a Fianna Fáil counter-motion to postpone a decision until the matter was put to finance and budgeting committee.

Several other county councils and city councils have since passed similar Sinn Féin motions in principle to reduce the Local Property Tax. I was struck by the guarded and unimaginative nature of the politics I witnessed. The people of

Kildare deserve better. We are already paying a higher amount of property tax owing to the higher value of our homes due to our proximity to the capital. When someone leaves their home and goes out and votes for you they deserve you to fight their corner. All I saw was the proverbial can being kicked down the proverbial road.

We had a motion from my colleague Cllr Mark Lynch passed to ring-fence the allowed 80% of the Local Property Tax so that critical works on essential services in residential areas can take place

### HOUSING AND HOMELESSNESS

My colleague Cllr Íde Cussen had a motion that councillors be updated monthly regarding the return to productive use of all vacant housing units in the possession of Kildare County Council. This was discussed as part of a general hour long discussion regarding the crisis in homelessness in Kildare.

It was heartening to hear in particular the re-elected councillors' concerns but we all know that this housing crisis didn't fall out of the sky. It is the result of the unimaginative and staid conservative politics that we've come to expect from the establishment parties. National governments and local authorities should have seen this housing crisis coming down the tracks a long time ago. Instead they chose to pay rent allowances to private landlords rather than build the houses and have tenants pay rent to councils and have this money go back into the county.

Minister for Finance Michael Noonan has admitted that people in mortgage difficulties will lose their homes. Couple this with the huge amount of people on the waiting list for houses because they can't get the finance to obtain a mortgage and we are facing a housing crisis of epic proportions.

Sinn Féin, in Kildare County Council and in An Dáil will force local authorities to face up to this predicament and we will challenge the conservative neo-liberal politics that has walked us blindly into this difficulty. I know there are well-meaning people in the chamber but I'm not a bit surprised that their middle-of-the-road style politics has led to this.

### SINN FÉIN MAYNOOTH

Sinn Féin haven't had a cumann in Maynooth for almost two years since the Tom Kealy cumann moved to Celbridge. During the course of the canvass for the local elections and as a

result of this newsletter we have had local men and women join Sinn Féin. We had our first cumann meeting with the activists from all over the Maynooth area this month. It was great to meet up with the friends I've made along the way that played such a crucial part in helping me become Maynooth and the county of Kildare's first female Sinn Féin councillor ever elected.

It was particularly special as 2014 is the centenary of Cumann na mBan. I had attended the 100 year celebration in Wynn's Hotel earlier on in the year and it was very momentous to hear the stories of Mná na hÉireann who left their kitchens to join their men in the fight for Ireland's freedom. Unfortunately the conservative counter-revolutionaries who took over the running of the state found these women too radical and they were quickly side-lined. I don't need to point out that the continuation of a traditional and unprogressive style of politics hasn't delivered the promised republic enshrined in the Proclamation of 1916. Níl mna na hÉireann anseo chun na ceaparirí a hullmhú. Tá ruidí le rá againn agus tá ruidí to déanamh againn. As a party with egalitarianism at our core Sinn Féin is a very welcoming party to female as well as to male members.

### JULY FULL COUNCIL MEETING

At July's full council meeting Sinn Féin are again proposing five motions to council. My motion will be keeping my promise to fight to prevent Kildare County Council using the Gateway Scheme. Waged workers in particular should be outraged at the use of forced labour degrading real waged jobs. The Gateway Scheme is not a rung on a ladder - it's a race to the bottom.

The Sinn Féin team also have motions before the council regarding upward only rents, the crisis regarding EU labelling in the beef industry, international best practice regarding pylons and the targeting of EU grants that would benefit community groups suffering under this austerity agenda.

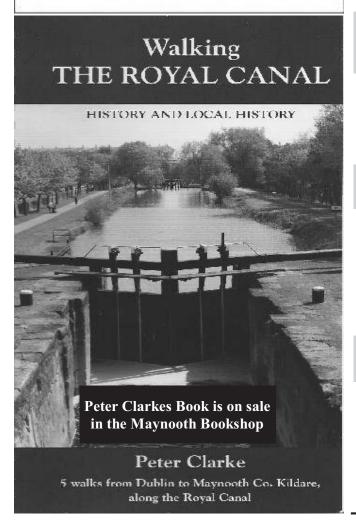
If you would like to become politically active in our community feel free to contact me, Réada Cronin, using any of the contact details at the top of the page for an application

Alternatively you can text the words Sinn Fein, followed by your name and address to 51444.

### Maynooth Town FC Lotto Results 2014 www.maynoothtownfc.com - Join Us On Facebook W/End Numbers 3 x €35 Winners Jackpot 30-Mar 16,23,25,28 €3,000 Sam Feeney - TJ Byrne - Anne Wall 06-Apr 15,18,23,28 €3,050 Ciaran Flanagan - Mick O' Sullivan - Suzanne Farrelly 13-Apr €3,100 Kieran O Connor - Caroline Mc Cabe - Paul Coyle 4,8,27,28 20-Apr 10,13,17,28 €3,150 Ann Cribben - Tony Byrne - Isabel & Sofie John O Shea - Ciaran Gillespie - Conor & Stephen Saults 27-Apr 8,15,20,23 €3,200 04-May 3,9,17,19 €3,250 Mag Sullivan - Jim's Shoe Repair - Paul Keogh 11-May 3,14,17,20 €3,300 Gina Folan - Declan Burke - John Mc Ginley Marguerite O Donnell - Mark Mularski - Liam Walsh 18-May 3,8,22,28 €3,350 25-May 3,8,13,15 €3,400 Edel Stone - Brian Herbet - Conor Strickland 01-Jun 6,8,10,14 €3,450 Noel Dempsey - Ciaran Flanagan - Leslie Kellett Tom Ashe - Paula Donaldson - Ann O Mahony 08-Jun 6,18,24,28 €3,500 15-Jun 2,16,22,28 €3,550 Grace Kelly - Liam Walsh - Ruadhan O'Giollain 22-Jun 1,20,27,28 Adrian Hever - Chris Mc Elroy - Red Devils €3,600 29-Jun 5,7,18,24 Susan Forde - Cattigan - Cian Leavy €3,650 06-Jul 3,7,8,27 €3,700 David Leavey - Maurice Byrne - Melia & Cotter 13-Jul €3,750 Patsy Leavy - Paul Daly - Seamus Kearney 3,13,15,26 20-Jul 6,20,26,27 €3,800 John Saults - John Condron - Pat Power



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### August 2014 Diary Planner

(Note: Some Groups may be on Summer Break)

### Community Library

Opening Times
Mondays & Fridays
2pm to 5pm
Tuesdays & Thursdays
1pm to 8pm
Wednesday 9.30am to 1pm
& 2pm to 5pm
Saturday 9.30am to 1pm

# Arthritis Ireland (Maynooth)

Arthritis Ireland Walking Group
(Maynooth)
Meeting Monday's at 12 Noon
Maynooth Community Space
Unit 11/12 Tesco SC
Carton Park, Maynooth
For Seated Exercise & Walking
New Members Welcome

# Parent & Toddler Group

Every Thursday from 10.00 a.m. to 12.00 p.m. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth

### History Group

Meetings every last
Thursday of the month in Maynooth
Community
Council Office
Tesco Shopping Centre
at 8.00pm.
All Welcome

### I.C.A.

No monthly meetings to take place August. Monthly meeting will resume on 1st Thursday of September at 8.00pm.in the I.C.A. Hall in the Harbour. New members welcome

### Irish Girl Guides

Meetings Tuesday evening in Maynooth. For further information contact Jackie on 085 1413787 or visit I.G.G. website www.irishgirlguides.ie

### Bridge Club

Open for new members. If you would like to play in a friendly club with purpose-built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com.

Contact Katherine Cooney

086 8205910

# Traditional Tai Chi Chuan

Classes in traditional Yang Style Tai Chi Chuan and Chi Kung The Leinster Clinic Maynooth Thursdays at 7.30pm Tel: Brian 087 2157231

# University of Third Age (U3A)

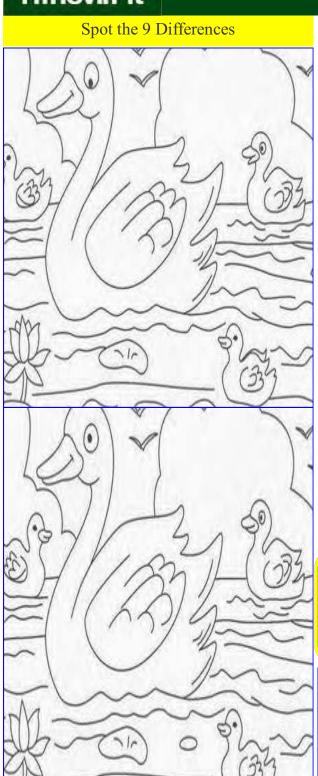
Weekly meetings on Fridays at 11am. Maynooth Community Space Unit 11/12 Tesco SC Carton Park, Maynooth New Members Welcome Please contact Helen Phone: 01-6286592

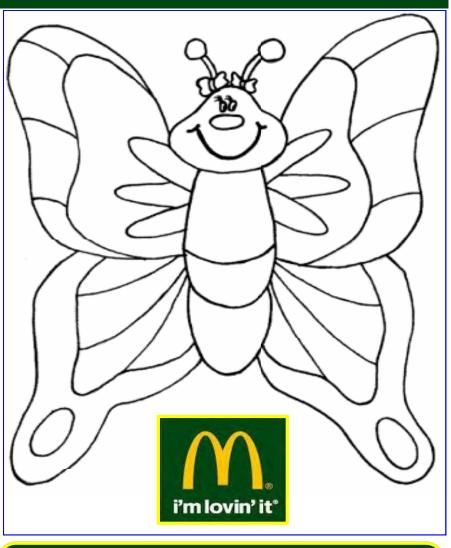
If you would like your
event for September put
into The Diary please
contact
The Newsletter

Tel: 01-6285922



# McDonald's Maynooth Proud Sponsor of the Colouring Competition





# McDonalds Children's Colouring Competition

Prizes: Free Family Meal From McDonald's, Maynooth

Name: Age:
Address:
Phone No:

July Winners:

Age: 3 - 5: No Entry

Age: 6 - 7: Erika Claxton, Kells, Co. Meath

Age: 8 & Over: Ana Somers, Kilcock



Prizes for **Colouring Competition** can be collected at:

Maynooth Community Council Office, Unit 5, Tesco Shopping Centre. Entries must arrive before: Tuesday 19th August 2014







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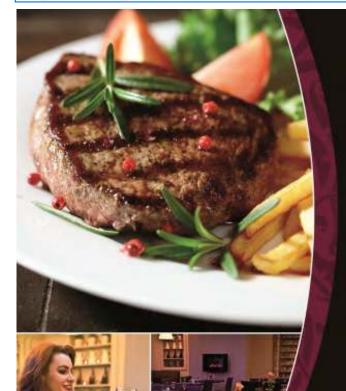
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### FILM MONTHLY BY BERNIE CLAXTON

### Film Review: Mrs Brown's Boys D'Movie Director: Ben Hellett Starring: Brendan O'Carroll



In Britain, the Irish sitcom, Mrs Brown's Boys, has been wildly successful in recent years. This is due in no small part to its creator (Brendan O'Carroll) manipulation of certain comedy conventions dear to the British heart. O'Carroll's brassy market trader in drag, Mrs Brown, harks back to British music-hall favourites like Old Mother Reilly of 1940's and 1950's England. Mother Reilly (an Irish charwoman) was also played by a man (Arthur Lucan) and his onstage daughter, Kitty, was played by his real-life wife, Kitty McShane. Brendan O'Carroll's own wife, Jennifer Gibney, is similarly employed in the comedy series. In fact, the Irish comedian has populated most of his cast with family members and friends. So it's a real family shindig.

Brendan O'Carroll's Irish Mammy appeals to English audiences who have always had a liking for knockabout comedy, smutty humour and men in drag. There has been a long and honoured tradition of performers in drag as evidenced by the likes of Dick Emery, Danny La Rue and Lily Savage.

Brendan O'Carroll's female protagonist has had many incarnations over the years: a radio series, books, stage versions. There was even a film in 1999 based on the character of Agnes Browne starring and directed by Angelica Huston (a very different Mrs Brown!) None have been as award-laden or as successful as the recent BBC comedy series. With this in mind, Brendan O'Carroll decided to transfer his hugely popular comedy series to the Big Screen last year.

Under the direction of Ben Hellett, Mrs Brown's Boys D'Movie has provoked much vitriol among reviewers of a certain persuasion. How you view the movie depends on how you stand on Brendan O'Carroll's particular brand of comedy. For the Dublin born comedian seems to have the ability to inspire antipathy and adoration in equal measure! Rather like marmite (or Garth Brooks) you either love him or loathe him!

The plot (such as it is) of Mrs Brown's Boys D' Movie involves a sneaky conspiracy to upset Mrs Brown's applecart (pun intended) Nasty, cardboard Russian gangsters and a corrupt developer (very original) conspire to force Mrs Brown and her market stall out of Dublin's trading Mecca, Moore Street. To compound matters, the street trader is then landed with an unexpected and rather large tax bill dating back several generations. Of course, this being Mrs Brown, she won't go down without a fight and a few expletives along the way!

In the opening moments of the film, the camera travels over a picturesque Dublin Bay, and into the city itself, in sweeping panoramic movements. A few sequences later we are into Monty-Python territory. Mrs Brown and her fellow market dealers merrily skip and dance their way through Dublin streets to the warehouse and market stalls where they sell their wares. It's all very colourful and energetic. Unfortunately, the film doesn't quite sustain this early exuberance over its running time.

Mrs Brown's family start a campaign to help her save her stall. Blind Ninjas, a barrister with Tourettes (Robert Bathurst) and a drunk solicitor (Simon Delaney) come to the aid of the beleaguered Matriarch. On paper, this must have seemed funny. The problems lie in a weak meandering script, obvious gags and not enough material to paper over the cracks. The dialogue and acting is variable. Most of the cast, apart from O'Carroll himself, seem adrift at sea. Whereas the TV series was sharp, funny, punchy and anarchic, the film indulges in sentimentality, a more thoughtful Mrs Brown and a slower pace.

Whether you're a fan of **Mrs Brown's Boys** or not, the laughs just don't materialise often enough. Some running jokes misfire: an Indian constantly mistaken for a Jamaican just becomes irritating; a group of blind trainee Ninjas just isn't funny enough and produces a new and ill-judged character on the part of O'Carroll.

O'Carroll's Mrs Brown draws attention to the artifice of the situation with nodding winks to his audience. As if to remind his audience that this is all 'pretend' as if we needed reminding. Painted backdrops are torn down, at the beginning of the film, and we are taken to the real locations instead. This is **D'Movie** after all! Gaffes, blunders, outtakes (an integral part of the TV production) further serve to remind us of the artifice of the whole Mrs Brown franchise.

Still, Mrs Brown's Boys D'Movie isn't all bad and has its heart in the right place. O'Carroll is always worth watching. At best, it's the visual equivalent of chewing gum and mildly entertaining. Brendan O'Carroll has been unfairly accused of being racist, sexist, homophobic and possibly anti-blind Ninjas in this latest cinema outing. However, O'Carroll doesn't worry about critics - he's too busy laughing all the way to the bank!



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**Maynooth Film Clubs** 

Maynooth Community Library will be holding a series of Film/Book Clubs from September up to Christmas. People are encouraged to sign up for the book club, read the chosen novel (provided by the Library) and then a screening/discussion of the film adaptation will be held.

### The following films will be screened:

Saturday, September 20<sup>th</sup> – Cloud Atlas (Sci-Fi Club)

Saturday, October 4th - Rebecca

Saturday, October 18<sup>th</sup> – The Handmaid's Tale (Sci-Fi Club)

Saturday, November 8th - Atonement

Saturday, November 22<sup>nd</sup> – Under the Skin (Sci-Fi Club)

Saturday, December 6<sup>th</sup> – The Prime of Miss Jean Brodie

Saturday, December 20<sup>th</sup> – The Midwich Cuckoos (Village of the Damned) (Sci-Fi Club)

Maynooth Library/Cinema/Book Clubs offer you the opportunity to read and discuss classic and contemporary literature and how these works have translated to film. Library membership is free so if you want more information on the clubs, sign up. All club meetings begin at 2:30pm on Saturday afternoons.

Telephone 01 6285530 email: maynoothlib@kildarecoco.ie

Maynooth Library also run a monthly **Maynooth Library Euro Cine Club.** This cinema club celebrates the very best in classic European Cinema. The next meeting is Thursday 14<sup>th</sup> August, 11am – 12.30pm. For further information, contact the Library.

### Maynooth Film For All Film Club

Maynooth Film For All Film Club screens cinema from all around the world in the months between October and May. Introductions to the films and post-screening discussions are facilitated by lecturers from Maynooth. Audiences are invited to participate in Q/A discussions. Membership is open to students and local community alike. The details for the next Film For All Film Club have not been finalised yet. For further information please visit the Kildare County Council Arts Service website:

http://www.kildare.ie/artsservice/film/



# Labour Advice Service



**Emmet Stagg TD** 

Advice Service will not be in operation during the Month of August but will resume on Monday 8th September at 4.00 pm in McMahon's (Formerly Caulfield's)

Enquiries during August should be directed to the Dáil Contact Numbers 01-6183013/01-6183797