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November 2012

Local News

FREE

Maynooth Community Space celebrates successful first year

It was a long time coming but when Maynooth Community Council opened the "Community Space" in the Manor Mills Shopping Centre on September 1st 2011, we were responding to a long standing need in the town but had no idea how popular the centre would become in a short space of time. Paul Croghan, who set up the centre on behalf of Maynooth Community Council, told the "Maynooth Newsletter", that we were given the use of the building which was a former bookmakers shop and asked to operate the centre with the support of Kildare County Council.

"However before anything could happen there we had to set up the premises so that it could operate effectively. I remember the first day Eddie Tobin and I went in there and assessed all that we had to do. We had to remove miles of cables, replace much of the fittings and ensure that the place was set up so that people could operate from there. Tom and Andrew McMullon also got involved in the work but we owe a special thanks to Castle Dawson resident, John Kavanagh who put his painting and buildings skills at our disposal for free".

"The centre is now home to a broad range of local community groups that use the centre on an ongoing basis and the success well justifies our efforts" comments Paul Croghan. Three youth groups, Maynooth Parent and Toddler Group, a toddler play group, An Nuadha Players (Drama Group), Maynooth Musical Society and, Maynooth U3A as well as a martial arts group using the centre. The recently formed Maynooth Men's Sheds Group is also using the

space. There have also been a number of educational courses run daytime there over the year and there are guitar lessons being given on Saturday mornings at

We accommodate all kinds of reasonable requests for the use of the centre and in fact at one point during the year the centre was used to shoot some scenes for a movie. The location of the space at the front of the Manor Mills Shopping Centre means that many people are aware of the space and we have received a broad range of requests for usage from groups around Ireland as well as locally that did not proceed because the centre has limited capacity to handle a large number of people.

Paul Croghan points out that the centre is an interim building pending the delivery of a new building as part of the Tesco development and that without the financial support from Tesco we could not operate the centre. If there was any doubt about the need for a community space in Maynooth the demand for usage confirms the need he says. He also confirmed that there is some availability in the timetable for the centre for other users at present and that a small charge is required. "Running a building costs us money which we have to get from users" he says "but that will not be a barrier to getting access". He also acknowledged the support that the centre receives from the Manor Mills Centre management who provide the security for the centre. It is very important for us to know that the activities at the centre are monitored so that no issues arise for us.

Tidy Towns Wins a **Dublin Bus Spirit Award**



L/R Mattie Callaghan Chairperson Tidy Towns, Brendan Cushen **Dublin Bus & Richard Farrell PRO Tidy Towns**



Please send us details of all events for "the Gathering 2013"

See Page 21 for information

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Montessori children from Maynooth show us their talent in Local Library.



L-R Brenda McElligott, Roberta Hines from Tiddlywinks & Scallywags



Selection of Felting & Weaving by the children

The Maynooth Library as part of Cultural Week hosted our event, and over 58 children and their parents from Tiddlywinks & Scallywags Montessori Preschool took part. The different rooms in our Preschool explored different types of cultural arts. Montessori classes worked with textiles, where they learned about felting and weaving. Others studied sunflowers and painted pictures and made collages in interpretations of Vincent Van Goughs famous piece. The younger Highscope classes explored Chinese brush painting, working with watercolor and Chinese ink. The results were a wonderful display of Children's art.

The library hosted the opening on Friday the 21st of September. They brought Waffels the clown for some light entertainment and they provided refreshments for the children and the adults. The opening lasted from 10:30 to 12. It was a spectacular success and we all had great fun. We would like to thank Maynooth Library for hosting this cultural event.



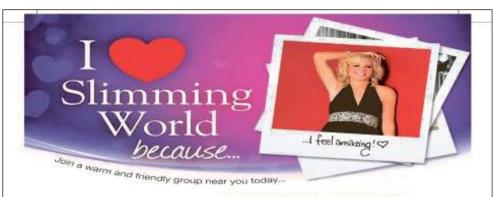
Selection of Van Gogh art by the children



Barry Smith Maynooth Library







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Exercise and Play for your Dog

Henry Ford once said of exercise "if you are well you don't need it



and if you are sick you shouldn't do it"! Today we tend to take a more holistic view of exercise.

Play and exercise for your dog are very important both for his good health and as an ideal way to help socialise him. Lack of exercise can result in behavioural problems such as digging, chewing, over

excitability and general unruliness. Walking your dog is a great way to relax and get some exercise for yourself. If you are starting to walk your new puppy please ensure that he has completed his course of vaccinations at least one week before you take him out in public. Before you reach this stage you can introduce him to short spells of lead work in your garden. Place your puppy on a lead and with small treats or a favourite toy, encourage him to follow you. This early training is an ideal way to get your puppy to interact with you and also gives you an opportunity to show that you are the leader and the one who controls the activity.

It is very important to consider how much exercise your dog needs. The important factors are:

- Age young dogs require much more exercise than older ones.
- Breed toy breeds will require less exercise than working breeds who can sustain long periods of activity. One of my own dogs, a retriever, will swim for long periods and will then look for a walk as if she has done no exercise.
- Health if your dog has a known health problem, for example a heart condition, this has to be allowed for in his exercise programme.

It is quite common when a dog is presented at Maynooth Veterinary Clinic for the owner to say that he is not willing to exercise as he used to. This can sometimes be the early signs of arthritis but many other conditions have to be considered as well.

- Diet we have seen cases where dogs are losing weight due to over exercise and an insufficient diet. It is very important that your dog's energy requirements are provided in his diet. At Maynooth Veterinary Clinic, Newtown Grove, we are very happy to advise on this matter.
- Routine your dog should be exercised every day. Some dogs will require a morning and evening walk. It is helpful to vary the route and activity that you take them on as this provides stimulation and helps them to socialise.

It is now clear that your dogs exercise requirements are very much an individual matter that need some thought. It is important that the type

of play and exercise that you engage your dog in is controlled by you. A dog that becomes over excited is difficult to control and it is unwise to let him think that he is the one who is in charge. Games such as "chase" can be great fun but you have to consider whether you are



interfering with other peoples recreational enjoyment.

Exercise and play for your dog should be an enjoyable and beneficial activity for both dog and owner. As humans we are all guilty of letting it lapse occasionally but hopefully this article will prompt us to address this matter.



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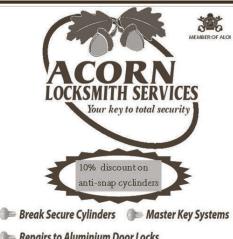
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North Kildare Chamber

North Kildare Chamber has welcomed the announcement that the Credit Guarantee Scheme will go live on Wednesday 24th October.

Eilis Quinlan, Chamber President, said "this scheme is something that the Chamber has been calling for since 2009 and we have consistently pushed for its implementation since its announcement last year.

The scheme has the potential to help a number of viable small business gain much needed access to credit and will be of particular advantage to high growth SMEs that are categorized as 'high risk'.

We urge any business in need of a loan to get down to their bank to explore all funding options. The scheme is intended to increase access to finance for businesses currently deemed too risky by the banks. It will provide a 75% State guarantee to banks against losses on qualifying loans to firms with growth and job creation potential.

With the potential to benefit over 1,800 businesses and create 1,300 jobs it is much needed at a time when unemployment remains at an unacceptably high rate. Supporting the domestic economy and containing the cost of employment must be the priority for Budget 2013 if these measures are to have any benefit to business," she concluded.

Editorial

The Community Council have already set the dates for the Harvest Festival for 2013 as can be seen on the front page of this publication. They have done this as this next year will be the year of The Gathering and we are asking all organisations in the town of Maynooth to tell us of any event that you might be organizing so that we can advertise it here in the Newsletter. We would like to run a calendar of all the events that could be linked to this most important event. The Council have extended this invitation to the University as well. The referendum on the position of children will take place on November 10th and all political parties are worried about the possible turn out of voters. We have said here before that there is a worry about the number of people voting and how this was so hard fought for in the past. There is very little coverage or debate about the issue as the main parties are, understandably, in favour of the proposal that has taken so long to bring to the people. As a nation, we have shown very little care for children and this is true going back centuries. There is very little emotional content in the early stories or poetry; indeed poets have castigated women for showing too much emotion about the deaths of both children and animals. Will a clause in the Constitution change the way this nation treats it's most vulnerable? Will a vote simply satisfy the nation's feelings and then all will go back to normal? That those with mental illness, those who are not able for life's rough and tumble, those who are bullied, will simply be forgotten again like the women in the Magdalen laundries and the children sold abroad who were born to women who were not married? The Minister is full of good intentions but Irish people, like certain sweets, can be very nice on the surface and very hard on the inside. An féidir a bheith cinnte go mbeidh athrú ar bith? We should remember that this is the time of Samain (November, Hallowe'en) and on the 31st October/1st November the early Irish celebrated and recognized the move from one season to another. At Tara, the winter sun lights up the tiny chamber in the Mound of the Hostages just as the solstice sun lights up Newgrange (Brú na Bóinne – the hostel on the Boyne) around the 21st December. This light is less well known and the chamber is too small to accommodate any group of people. Newgrange does not have room for many people either. Samain is mentioned on the Continent as Samonos so it is not just an Irish festival, Ag an am seo den bhliain, bhí saoirse ag daoine bogadh idir an saol seo agus an saol eile - ach bhí an dáinséar ann nach bhféadfaí filleadh ar an áit cheart.

The Otherworld opened up at this time of the year and the living could visit the dead or it was possible that the dead could return to this world. The games that used to be played, and sometimes still are, go back to very serious pre-Christian rituals of prophecy and shades of the other side. The early stories are full of references to the Otherworld and even entrances to such a place. One of these is the Cave of the Cats associated with the royal complex of Cruachu in Roscommon that was the seat of ancient Connacht kingship and the home of Medb and Ailill the queen and king of Connacht when the famous Táin (cattle-raid) took place where Cú Chulainn excelled as a warrior.

Muireann Ní Bhrolcháin



Community Council Notes

Monday 8th October 2012

As agreed at the last meeting, the main part of the evening was given over to Maynooth Tidy Towns and the development of an environmental development plan. A few short items were dealt with prior to this item on the agenda.

Co-options

There were a number of people co-opted to the forum Two members of the Maynooth Brass and Reed Band and a member from the Educate Together School. The meeting welcomed the new President of the Maynooth Students Union to the meeting . Aengus Ó Maoláin who was PRO for the Council has stepped down from that position due to work commitments but will continue to be a member of the Council. Muireann Ní Bhrolchain recorded the Council's thanks to Aengus for his work in this role. Susan Durack was co-opted as PRO. The treasurer reported a healthy financial situation

New FAS scheme

The new FAS scheme was reported to be on track. All applications and documentations have been completed structure, materials grant etc. The new scheme will begin in January 2013 and will include representatives of the Community Council, Maynooth Tidy Towns Group and a representative from the Maynooth Town Soccer Club. The number of workers allowed on the scheme has increased from 26 to 28. The office manager will continue until June 2013 and there will be a training in period for a new office manager from January 2013.

Festival

Reports from the Festival were very favourable and it was agreed that it provided a good basis for next year's event which is already in the planning. A Festival meeting was planned for Wednesday 10th October. It is hoped that next year's festival will include the participation of our twinning partner, Canet-en-Rousillion. It is envisaged that a delegation will visit during the festival. The Scouts, Tesco's, Manor Mills were thanked for their involvement in the Festival. Willie Kiernan was thanked for allowing the use of his sound equipment. It is planned that the festival will include an event or events to coincide with the "Gathering" celebrations of 2013.

Tidy Towns and environment development plan

The Tidy Towns Group were concerned with the low rating of the IBAL survey. It was noted that this survey was very subjective in its approach. It was suggested that Maynooth opt out of this survey. Richard Farrell and Paul Croghan gave a presentation to the meeting along with an excellent power point display of images of the work being carried out by a small group of people. It also highlighted areas where improvements need to be undertaken especially by Kildare County Council. Some successes were noted for example the involvement of the U3A ladies who helped with bag packing for Maynooth Tidy Towns, members of Maynooth University helped with a spring clean, the WEEE project for the disposal of electrical equipment was established.

There was much discussion about the poor traffic situation in the town. Road edges were destroyed due to illegal parking on the Kilcock road beyond the roundabout heading towards the graveyard. The parking situation on Parson's Street came in for strong criticism. It was pointed out that there is paid parking places available but people were not taking them up

even at the train station where the cost in minimal. It was stated that the number of students and staff in NUI Maynooth was approaching that of the town which is about 11,000 people and that this was having a major effect on traffic and parking in the area. The increase in the number of mature students who bring their own cars was also a factor.

The President of the Students Union reported that they would be requesting the establishment of a multistorey car park at NUI Maynooth and asked that the Community Council send a letter to the University to endorse this request.

The use of inappropriate shop frontage and neon lights was brought up. It was suggested that rather than wait until someone has set up shop and has paid for shop frontage it would be useful if the Council could give some guidance as to what would be appropriate shop front design and colour use for a historical, university and heritage town such as Maynooth. Westport was cited as a good example. An information leaflet from the Community Council would also engender a sense of good will, inclusiveness and cohesion. It was mentioned that there is a procedure through which concerns or complaints about shop/business frontage can be addressed and if there is blatant non-compliance a fine may be applied. However, it was suggested that having some guidance for people setting up business in the town about the look of their premises would be a good way to go.

A document was circulated which outlined the key areas and the stakeholders that might come together to take responsibility in these areas. The core group of the Tidy Town cannot take on all that is required. It was stressed that Maynooth Tidy Towns could only do so much and that other groups could think about how they might contribute to the upkeep and maintenance of the town. The Tidy Towns Group will report back in two months once some work had been done in relation to involving the proposed stakeholders.

Susan Durack PRO, Maynooth Community Council

Men's Sheds

Men's Sheds is a community based organisation for men who have time on their hands. It offers an opportunity to get together, to chill out, share skills and talk shoulder to shoulder.

If you have not joined us already and would like to get involved or are interested in more information you can contact me by email johnpfleming@hotmail.com or mobile 087 2041334 or by logging on to irishmenssheds.ie

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Know Your Rights

Difficulties paying the mortgage

Question

We are having trouble paying our mortgage for the last few months as we have been trying to keep our business going. I am worried that we might lose our house. Where can I go for advice about this?

Answer

If you are already in arrears on your mortgage, or in danger of slipping into arrears, there are several options and supports in place to help you stay in your home. It is vital that you contact your mortgage provider as soon as possible to discuss your situation. Before you do so you can check the website keepingyourhome.ie, which has information for people who are having difficulty keeping up with their mortgage payments. This website provides online access to general information on mortgage arrears. It includes information on the supports that may be available to you, including the codes of conduct that your lender must abide by.

You can also ring the Mortgage Arrears Information Helpline. It provides general mortgage arrears information and guidance to people with mortgages on their primary residential property. The Helpline can refer you to relevant services such as the Money Advice and Budgeting Service (MABS) and Free Legal Advice Centres. The Helpline number is 0761 07 4050, Monday to Friday 9.30am-5pm.

After you have contacted your lender, if they propose a longer-term arrangement for your mortgage, you have the option of getting financial advice on the proposed arrangement. If you wish to do this, your lender will pay $\ensuremath{\epsilon} 250$ to an accountant who will provide this advice. A county-by-county listing of participating accountants is published on keepingyourhome.ie.

Higher Education Access Route Ouestion

My family is not well off and most people in our area don't go on to university. I really want to study but it will be hard for me to make it, even with a student grant. Is there anything else to help people from backgrounds like mine to get to college?

Answer

The Higher Education Access Route (HEAR) aims to improve access to college for school-leavers who may not traditionally go on to third-level education. Under the HEAR scheme, a number of third-level places are allocated to school-leavers on a reduced points basis. For example, a HEAR student with 430 points might get a place on a course that requires 460 points. Participating colleges also provide extra supports for HEAR students.

You apply to the Central Applications Office (CAO) in the usual way and indicate on your application that you wish to be considered for HEAR.

To qualify, you must meet certain criteria related to your financial, social and cultural circumstances. Your family income must be below a certain limit for your family size. Some other factors taken into account are: having a medical card, attending a school in the DEIS (Delivering Equality of Opportunity in Schools) programme and living in a disadvantaged area. See the HEAR handbook (available in schools) and accesscollege.ie for more information on how these and other factors are assessed.

You should start preparing your HEAR application as soon as possible. You will need to gather supporting documents, such as relevant forms from the Revenue Commissioners, a statement of income from the Department of Social Protection and whatever other documents are required in your case.

The CAO application process opens in November 2012. When making your CAO application, follow the prompts to opt for HEAR as well. You must apply to the CAO by 1 February 2013 and complete your HEAR application by 1 March. Copies of your supporting documents must reach the CAO by 1 April.

The Student Grant Scheme is separate from HEAR, but you should also apply early for the grant so that you will get a decision in good time.

Advice clinics about HEAR will be run nationwide in January 2013. Your school should also be able to provide information and support.

Minimum physical standards for rented houses and flats

Question

My landlord promised to refurbish my flat, as it's quite basic and I share a bathroom with another tenant. He now says he doesn't have to refurbish, as I have been renting since 2007 and he says the legal standards don't apply to my flat. Is this correct?

Answer

Private rented housing must meet minimum physical standards, which are laid down in the Housing (Standards for Rented Houses) Regulations 2008. All of these Regulations came into effect for new tenancies from 1 February 2009.

For existing tenancies, a 4-year phasing-in period was allowed for some of the standards in the Regulations, so that landlords could carry out the refurbishment works needed to modernise their properties. These include standards for sanitary facilities, heating facilities, food preparation, storage and laundry.

The phasing-in period ends on 1 February 2013 and your landlord must ensure that your flat meets the standards fully by that date.

By law, the landlord must provide:

- A separate room, for your exclusive use, with a toilet, a wash basin and a fixed bath or shower with hot and cold water
- A fixed heating appliance in each room, which is capable of providing effective heating and which you can control
- Adequate facilities for the hygienic storage, preparation and cooking of food and access to a washing machine and dryer

If your landlord refuses to provide these facilities, you can complain to your local authority, which is responsible for enforcing the standards.

Failure to comply with the minimum standards can result in penalties and prosecution.

Claiming tax reliefs

Question

I haven't claimed all my tax reliefs in recent years. What can I claim for now?

Answer

You can claim a range of tax reliefs, depending on your circumstances. If you did not claim reliefs that you were entitled to in previous years, you may claim a refund of any tax that you overpaid as a result. There is a time limit of four years, so you must claim any refund for 2008 before the end of 2012.

Generally, all individuals are entitled to a personal tax credit. There are extra credits which depend on your civil status (including whether you are widowed, a surviving civil partner or a lone parent) and your age if you are over 65.

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Employment-related reliefs include tax credits for PAYE workers and for trade union subscriptions paid up to the end of 2010.

Health-related reliefs include tax relief for medical expenses and for some dental expenses. Tax relief for private health insurance is granted at source - the premium that you pay is reduced by the value of the relief. Relief is also available on nursing home fees; for employing a carer; or if one spouse provides care at home. You can claim extra credits if you are maintaining a child or relative who is incapacitated.

If you have educational expenses, you can claim tax relief on tuition fees for approved third-level courses.

For housing expenses, you may be entitled to tax relief on rent if you were already renting on 7 December 2010. You can claim tax relief on service charges paid up to the end of 2011. Relief on mortgage interest is granted at source - the mortgage instalments are reduced by the value of the relief. If you rent out a room in your home for up to &10,000 a year, you can claim relief on the income from it.

You can claim tax reliefs by contacting your regional Revenue office. Most can also be claimed online – see revenue.ie for details.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by: Maynooth Citizens Information Service, which provides a free and confidential service to the public. Tel: 0761078100

Address: Dublin Road, Maynooth Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

MAYNOOTH GUILD ICA NOTES

CONGRATULATIONS! A special Guild Meeting to celebrate 60th anniversary of the guild will be held on Thursday Nov 1st. A special Service for deceased members will be held at this meeting. All past and current members most welcome. Craft nights continue on Mondays at 80'clock in the hall. Badminton is on Tuesdays and Thursdays in the Sports Hall St Patricks College at 110'clock. New players welcome. Monthly Guild meetings 1st Thursday each month at 8:00 pm in the ICA Hall, The Harbour. New members welcome

Presentation Girls' School
Maynooth Parents'
Association
are hosting a Table Quiz
Friday 30th November at
8:30 p.m. in Brady's
Maynooth
€5 per head
It promises to be a great
evening with great prizes

Looking forward to seeing vou there

Lost

Mans Gold Signet Ring With the initials TRM

Reward Offered

Contact
Maynooth Community
Council Office
01 6285922
01 6285053

MAYNOOTH YOUTH CAFÉ

The committee of Maynooth Youth Café wish to thank Katrina and the staff of the Leisure Centre, Glenroyal Hotel, and the Ladies of the Aqua Group for their share of the proceeds from Fashion Show held recently in Glenroyal Hotel.

We also wish to thank all the Ladies of U.3.A Maynooth & everyone who supported this event. It was a very successful night and hopefully could become an annual event. The local fashion houses came up trumps.

Maynooth Youth Café have vacancies for volunteers. Training is over 2 days and following that, a commitment of 3 hours once every 5-6 weeks on a Thursday night. We also invite first years to drop in any Thursday night and check out what we have here to offer and more importantly let us know what you wish to be in our space. We hope to have a "Lazy Movie Night" on Thursday 1st November.

Helena

Maynooth CREDIT UNION Limited

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 Tuesday
 9.30am - 5.00pm

 Wednesday
 9.30am - 5.00pm

 Thursday
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Maynooth Golf Society

Result Sheet 2012

Castleknock Golf Club

Date 21 / 10/ 2012

President Paddy Foy's Prize Sponsored by Brady's Clockhouse

1st Prize	David Weafer	45pts			
2 nd Prize	Niall Farrell	43pts			
3 rd Prize	Joey Edwards	41pts B9			
4 th Prize	Declan Byrne	41pts			
5 th Prize	Mick Flynn Jnr	40pts			
6 th Prize	Paul Farrelly	39pts B9			
7th Prize	Barry Farrell	39pts			
Front 9	John Carroll	23pts			
Back 9	Derek Murray	20pts			
Nearest the Pin	Jody Connolly				
2's Club	Declan Byrne, John Saults, Paul				
	Farrelly, Niall Henry, Tom Campbell, Gerry McTernan				
Visitor	George Hutton 42pts				

Next outing: Knockanally on 24th November scramble in memory of Tommy (Shot) Flanagan Timesheet available

Castleknock Golf Club was the venue for the Paddy Foy's Presidents Prize. On a very sunny 21st October

45 members and visitors played this recently built golf course close to the Phoenix Park and the River Liffey, the course been designed and maintained to ensure a pleasant days golf, the weather conditions on the day were perfect the sun shone, very little wind and the course conditions were fantastic for the time of the year.

Maynooth Senior Citizens Committee

It's that time of year again folks when we ask you to climb high into your attic and dig deep into your pockets. Yes, our Sale of Work is just around the corner, Nov. 18th to be exact and it will take place once again in the Aula Maxima in Maynooth College at 3pm. Our people will be calling to you in the next couple of weeks and I have no doubt that we will be as welcome this year as we have over the past forty years. Most of our members are known to you but if you are in any doubt, ask for I.D. Remember we do not leave bags at your doors we call in person. If by chance we miss you when we call, you may leave goods at the Aula Hall on Sat. Nov. 17th or with any committee member. Our tickets for the monster hamper will be on sale at Tesco on the first and second weekends of Nov and your support would be very much appreciated. The Sale of Work is our main fundraising event of the year and our survival depends on it. Many thanks for all your support in the past and all I ask is that you continue to support us in the future. Finally may I take this opportunity to thank Tesco and Maynooth College and staff for their continued generosity and support.

Josephine Moore

"WHAT'S THE HURRY"?

By: Martina Jordan-Foy

"Time is the most important thing a man can spend", or so wrote Theophrastus anyway! So, why does it seem so ridiculous to ask have you noticed how everyone seems to be in an awful hurry lately? I mean, lets be honest how could you NOT notice? Even as you walk down the street everyone seems to be running around, heads down, earphones in, and texting! In this mass age of "communication" have we all lost the simple art of saying "Hello" to our fellow man?

Ok, so before you say it, yes, everyone is busy what with work, school runs etc, but precisely how hard is it to smile at our fellow travellers on this journey called life? A smile really can go a long way to making someone's day (especially in our climate)...yes we've all been warned and in turn have warned our own children about the Stanger danger, but surely we are not putting ourselves in jeopardy by saying "Hi, lovely/awful weather we are having today"? As we pass by someone on our way to the car/train/shop/bus?

People nowadays seem so caught up in living the perfect life that they have forgotten that to live means more than to exist!

Dr Seuss once said "They say that I'm old-fashioned, and live in the past, but sometimes I think progress progresses too fast!" I'm on the great authors side myself to be honest! Us oldies talk about (you can roll your eyes here), how things were better back then, to be honest, it wasn't that it was better; it's that things were simpler! Needed to talk to a neighbour? We didn't text or pick up a phone, we actually, gasp, called around to their house! And, bigger gasp, maybe even stayed to sit and have a cup of tea and a chat!

"I don't have enough time" seems to be the song we are all singing these days, sorry, forgive me here, but there ARE still 24 hours in a day isn't there? I won't rattle on about materialism, etc, but I think we all need to focus on what's REALLY IMPORTANT ...to YOU! Forget the Jones' here for a moment, I mean bully for them if their kids go to 20 after school activities every week ,and Mrs. Jones is patron to Heaven knows how many charities...we am not all Jones 'in this life neither should we aspire to be! If we were all the same life would be incredibly boring wouldn't it? So, sit down with a cuppa, some pen and paper and write out what is important to you and your family! Lower your expectations a little for tasks and activities that are not really top priorities...I mean do you have to watch 5 hours of reality TV every night to "relax"?

I'm not kidding here, this pen and paper business really works! Personally (much to the amusement of my town-born and raised husband of 16 years), I sit down every Tuesday night to make out a weekly menu and shopping list, I go grocery shopping once-a-week, save time and believe or not money too! It also allows us to sit down every evening as a family to eat together...think ripples in the pond here, even one small change can really add time to your day, here are some other simple time saving tips...and remember, it takes 21 days to actually change a habit so go easy on yourself, but you will notice you have more time to do, well whatever it is you want to do! (Notice I used the word "want" instead of "need"!)

Time saving tips:

BIG calendar! Every household should have one of these hanging up! That way everyone can write in their appointments , etc and you aren't attacked by a kid announcing "Oh I forgot to tell you , I have to be at so and so NOW "

Ongoing shopping list: Hang up a page somewhere everyone has access to it, fridge, for example: then whoever uses up all the cereal/sugar etc can write this on the shopping list

Chore chart: Again, every household needs one! If everyone does there bit every day, a mess doesn't appear!

Once-a-week clean, again: like the chore chart, jobs for everyone, even the littlies can help put laundry in the washing machine

The night before: Whether it's for school, work, whatever...have EVERYTHING ready to go, bags, clothes, breakfast cereal laid out, this one works a treat, especially if you happen to sleep in!

A place for everything: "did you see my keys"? We all know this one, it's simple, if everything has a certain place it's not going to get lost is it? In our house everyone even has a library book bag...

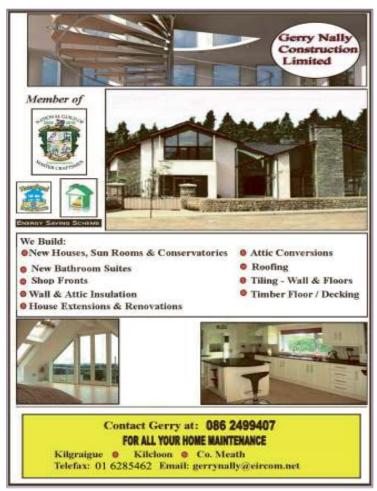
RESPONSIBILITY: This too is a biggie! WHY should the parent/guardian be responsible for EVERYTHING, didn't put your jeans in the laundry basket? THAT'S why you have no clean jeans then! Parents should remember, you are not your Childs slave, and yes, teaching responsibility will pay off in the end, in more ways than you can begin to imagine!

Okay that it for this month, I'll finish with another quote, from Gandhi himself: "There is more to life than simply increasing its speed"! And to quote myself, "Saving time really does save your sanity"!

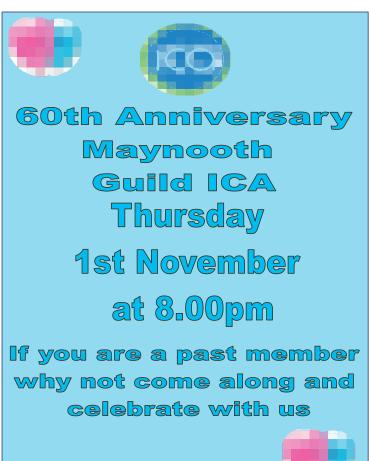
Maynooth Community Council sends best wishes to Cllr. Brendan Weld

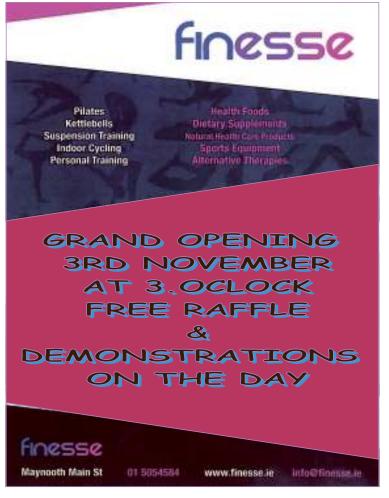


Maynooth Community Council sends best wishes to Cllr. Brendan Weld following his recent transplant operation. As Mayor of Co. Kildare in 2010/2011 Brendan strongly supported us to formalise the twinning agreement with Canet-en-Roussillon and is a signatory to the agreement as Mayor of County Kildare. "I remember when the formal delegation travelled to Canet in June 2011; Brendan was on a restricted diet to help manage his health condition" commented Paul Croghan a member of the twinning committee that travelled to France for the first signing of the official twinning charter. Despite his health condition at that time, Brendan represented us at all the events and formed a great relationship with the Mayor of Canet, Bernard Dupont. Brendan also participated in the ceremonies here in Maynooth in October 2011 when the French delegation came here to complete the signing of the twinning charter. Despite the challenges associated with his health, Brendan continues to be fully active as a member of Kildare County Council for the Clane Electoral Area and his many other roles that he fulfils. "I know that Brendan wants to go back to Canet-en-Roussillon with his wife for a holiday' confirmed Paul Croghan "and we wish him a speedy recovery and I know that there will be a big welcome for him when he returns to Caneten-Roussillon."











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Maynooth Community Council would like to thank Brian Noone for his generous cash contribution to the Harvest Festival.

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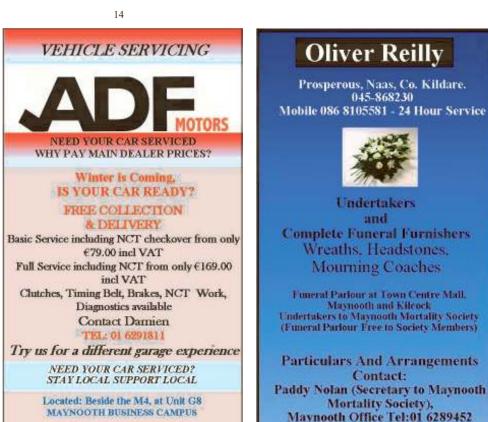
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Starter: Platter selection of our most popular Tapas to share (1 platter per every 2 people)

Selection of Main Courses. Note Supplement will apply to Striplion Steak dish & Fresh Fish option.

Assiette of Seasonal Desserts (Platter of mini sweets & desserts to share)

Choice of Teas (incl Herbal) or Coffee.

2) Evening Option -

€30 per head

Aperitivo Drink to Start -Glass of homemade Mulled Wine or Homemade Sangria or Glass of Draught Beer

3 Courses.

Starter: SuperiorPlatter selection of our best Tapas to share (1 platter per every 2 people)

Superior Selection of seasonal Main Courses. Note Supplement will apply to Fillet Steak dish & Fresh Fish option.

Assiette of Seasonal Desserts (Platter of mini sweets & desserts to share)

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Note booking deposit / Credit Card details required to secure the booking.

Group Menu available to parties of 6 or more.

Our Full Tapas Menu & A La Carte Menu will also be available.

No service charge is compulsory on bills & is at the complete discretion of the customers.

Please Find our full Christmas Menu's on our website www.picaderos.ie/

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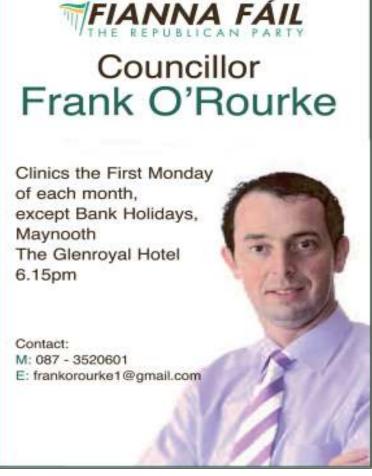
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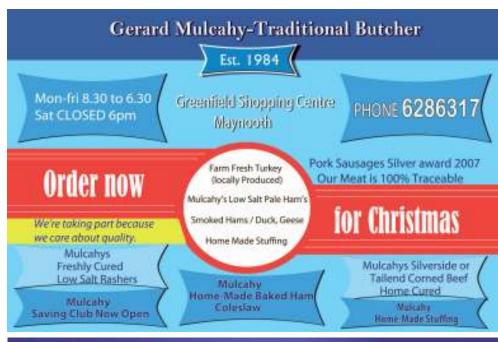
Phone:

01 6292806

Main Street, Maynooth











Tidy Towns thanks Volunteers

On Friday October 19th Maynooth Tidy Towns held an evening to thank all our volunteers for their support in the 2012 campaign. Following an appeal at masses earlier in the year we were overwhelmed with the number of people who came forward to help us says Paul Croghan, Maynooth Tidy Towns Vice-Chairperson. We had clean ups and projects work three times a week during the Summer, Wednesday evenings, Saturday and Sunday mornings and there were always people available. We still need more people as we continue to tackle new projects to enhance the environment in our town. If somebody wants to get involved we will make them very welcome he says. Maynooth Tidy Towns acknowledges the support of the Glenroyal Hotel for this event and other activities during the year.







First Day's in School



Miss Rafter's Junior Infants class Boys National School



Miss Simms Junior Infants Class Boys National School





Angela Langan's Junior Infants Class Educate Together





Laura Ní Dhuibh's Junior Infants Class Gaelscoil Uí Fhiaich



Clióna Ní Dhúshlaíne's Junior Infants Class Gaelscoil Uí Fhiaich

BOSS HOGG

A local gallery and a quality roasted coffee, who could ask for more?

Daniel Ordibehesht and Laurian Green are the proud owners of one of the newest businesses in Maynooth. They opened their coffee shop, Boss Hogg, relatively recently by the main town square on the Straffan Road.

Laurian and Daniel say that they recognised the potential for high-end coffee in Maynooth, which is roasted by the famous Coffee Mojo. Coffee Mojo is an artisan roastery based in Co. Wicklow and uses only specialty grade Arabica coffee from different origins including Panama, El Salvador, Guatemala, Brazil, Kenya and Indonesia to offer coffee lovers some unique aromas, tastes and flavours. Though the main focus is on a wide variety of quality coffees from around the world, they also have a passion for supporting the local community by sourcing as much of their products from local producers and suppliers. Local industry and

community support is an integral focal point in any conversation with Daniel and Laurian, but they also endeavour to create an outlet for local artists such as Sean Cunningham and Briain O'Lionain, whose creations are on display for all to enjoy, or even purchase, while enjoying a tasty beverage. Even the shop furniture and decor are works of art in themselves, which were designed and created by Paul Moore of Ballybrittas in Laois. For those of you who would rather enjoy refreshments outside, such as the locally and organically produced breads, scones, jams and chutneys, there is seating provided which has a very generous view of the square and Maynooth.

Laurian's passion for the community is so strong that she says that it is "such a shame to see [the] young Irish generation speak negatively of their country, many want to leave" but she would like to "inspire our generation to stay and help Ireland grow and create opportunities for yourself". It is with such enthusiasm and vitality that they have created a warm and welcoming atmosphere in which you can sayour and enjoy their home style

organic products, some of which is baked by Laurian herself, whereby they also cater for customers with particular allergies. They constantly endeavour to improve on their products and support local talent from both the artistic and business arena. Daniel's background is in Business Management studies from D.I.T and Laurian studied for a Hospitality and Business Degree in Toronto, Canada, but it is with such skill-sets and enthusiasm that they have embarked on this business venture. They have combined this background with their views on the environment, whereby they use only fully compostable cups and lids thereby gaining much appreciation for this from local "green" organisations.

So if you are looking for a unique and refreshing experience with high quality coffees from around the world and locally sourced treats, why not try Boss Hogg; a local gallery and a quality roasted coffee, who could ask for more?

You can keep up to date with Boss Hogg on their twitter @Bo55HOGG or facbook/BO55HOGG



Top Picture: Interior views of the artistic furniture by Paul Moore.



Daniel and Laurian preparing to serve a customer.



View of coffee shop

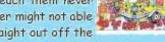


External seating offering views of Maynooth



CHILDRENS SAFETY ON WAY TO SCHOOL

- Map a safe route for them to walk to school or to the bus stop. Do a trial run a few times so that they will get used to where they have to go.
- Tell them what to avoid & what to watch out for. Tell them never to take short cuts to keep to the route you showed
- Teach them the green cross code. Tell them to cross the road at the traffic lights.
- Encourage children to walk to school in groups & to wait at the bus stop with the other children.
 - Teach children never to walk alone or talk to strangers. They are never too young to be told this. Never go anywhere with a stranger or take anything from them. Tell them if they see a stranger hanging around the bus stop, to tell the bus driver straight away and their teacher. At the school if they see a stranger hanging around the school, to tell the teacher immediately.
- If a stranger stops them and asks them for directions, tell your children to remember that adults should never ask for directions from children, they should ask other adults.
- Help the children remember your phone number. Always put a note in your children's school bag, out of plain sight but where your child would know.
- Teach your children how to stand on the path LOGS IN WICE. while waiting for the bus. Teach them never go behind the bus as the driver might not able to see them, & never run straight out off the path to meet the bus, especially when the bus is moving.



- Teach your children not to go to a stranger even if they call out their name or talk to them. This is a trick. The children should continue walking with the other children & tell a teacher when they get to school about the stranger.
- If someone tries to take them away, tell your children to scream "stranger danger" as loud as they can. To kick & punch the stranger to get away. If they are near a shop to run in, go straight to the counter and tell them that they are afraid & that some stranger tried to take them away. If they are near the school - to go and tell the teacher.
- Tell your children if they think a stranger is following them to go tell the teacher immediately when they get to school.
- Tell your children NEVER EVER leave the school grounds with a stranger. If the stranger knows their name & tells them there is an emergency & that their mammy told them to collect them - tell them NEVER BELIEVE THEM - to run back inside the school & tell a teacher immediately.
- Remember to have the children wear reflective jacket when walking to school so that the drivers can clearly see them. "BE SAFE, BE SEEN!"



ALWAYS FOLLOW THE SAFE CROSS CODE

- LOOK FOR A SAFE PLACE
- DONT HURRY STOP & WAIT
- LOOK ALL AROUND & LISTEN BEFORE YOU CROSS THE ROAD REMEMBER
- LET ALL THE TRAFFIC PASS YOU
- THEN WALKING STRAIGHT ACROSS YOU
- KEEP WATCHING, THAT'S THE SAFE CROSS CODE!!!

MAYNOOTH FLOWER &





CHRISTMAS GALA NIGHT

November 15th

Demonstrator: Ann Traynor

Venue: The Glenroyal Hotel

Time: 20:00







Barnard

GIVING CHILDREN BACK THEIR FUTURE

A launch night is taking place on Thursday 6th December 2012 at 7.00pm at Tesco Extra Maynooth in aid of the Christmas Tree Toy Appeal for the children's charity Barnardo's Come along and meet Santa Free face painting for kiddles Listen to the beautiful voices of the Maynooth Post Primary School Choir Enjoy free Tea and Coffee, Mulled Wine and Mince Pies! Looking forward to a fun night and seeing you all there



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upstairs.

Thursday: Trad Session Friday: DJ & Late Bar

Saturday: DJ & Late Bar upstairs

Sunday: All Sports Live on our Big Screens

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Kildare Gathering Festivals Training Workshop



How to create a cost effective Marketing Plan for your Gathering event

Date: Wednesday, 14th November 2012 Venue: Kildare County Council Building, Áras Chill Dara, Devoy Park, Naas, Co Kildare

Time: 13.45pm Registration Arrival tea / coffee and sandwich 14.00pm – 17.00pm Workshop

Open to: all festival & event organisers and people planning Gatherings within Co Kildare.

The Kildare Gathering Steering Committee is delighted to announce details of a workshop for the Gathering. This workshop is open to all festivals and event organisers and people planning Gathering events interested in developing a marketing plan for your Gathering themed event. The workshop is designed to assist you in delivering a festival that will engage and appeal to overseas visitors.

The workshop will equip you with the marketing know-how to develop cost effective methods of promoting your Gathering themed festival or event to a wide audience. During this course you will learn practical methods on how to identify target markets, pinpoint realistic goals, and formulate an action plan and ultimately how to deliver your Gathering event or festival.

To book your place:

Please email your name and the festival or Event you represent to Bernard Higgins kildarecvf@gmail.com before Thursday 8th of November Places on the workshop will be offered on a first come first served basis
Numbers are limited to a maximum of 20 places.

No cost to participate







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Maynooth Labour News

Cllr. McGinley Asks That Illegal Parking at Parson Street, Boys School and Kilcock Road be Dealt With

As a result of Cllr. McGinley's representations the Council will issue warning notices for one week, followed by fines being issued on-going for illegal parking in these areas in Maynooth commencing next Wednesday 24th October 2012.

Cllr. McGinley Asks For Cycle path and Footpaths From Maynooth to Celbridge

Cllr. John McGinley submitted the following motion for the consideration of the Celbridge Area Committee:

"That the National Transport Authority (NTA) be asked to fund the extension of footpaths and cycle paths from the Salesian College in Celbridge to the Straffan Road, Maynooth, in order to make it safer for those attending the Salesian College, Celbridge and the Gael Scoil and Educate Together Schools in Maynooth."

John got the following reply at the Area Meeting on 19 October:

"This request can be included in the suite of requests for the NTA for 2013."

Cllr. McGinley Asks for Flexi Bollards at the Entrance to Carton Court

At the request of the Carton Court Residents Association Cllr. John McGinley submitted the following motion for the consideration of the Celbridge Area Committee:

"That flexi bollards, similar to those newly erected at the pedestrian crossing in Áras Chill Dara car park, be erected down the middle solid white line at the entrance to Carton Court, Maynooth, in order to prevent drivers doing U turns at the entrance to the estate."

John got the following reply at the Area Meeting on 19 October:

"The area office would consider flexi bollards to be a traffic hazard in this context and it is felt that they would need to be replaced on a regular basis due to collisions"

John asked the Area Engineer to re-consider his proposal as flexi bollards are not damaged when hit by a vehicle as they are flexible.

Repairs to the cycle path from the bus stop at Kingsbry to Old Greenfield

Unfortunately Cllr. McGinley got the now standard reply to his motion i.e. there is no funding in the roads maintenance budget for these repairs.

Cllr. McGinley Demands That the Directional signs at Barrogstown Road Junction be Removed

John got the following reply to his motion at the Area Meeting on 19 October:

"The Area Office will clean the signs but do not feel that it is appropriate to remove them."

John pointed out that it is a waste of money cleaning the rotting signs and that they be removed before they collapse on top of someone.

Cllr. McGinley Calls for Green Filter Light at the Exit from the Glenroyal Complex

Cllr. John McGinley submitted the following motion for the consideration of the Celbridge Area Committee:

"That a left filter light be put in place at the exit from The Glenroyal complex, Maynooth, to activate when the right filter light comes on, in order to help reduce tailbacks into The Glenroyal."

Incredibly the Roads Engineer stated at the Area Meeting on 19 October that it could not be done as it would stop people from using the pedestrian crossing. John asked the engineer to meet him on site so that he could see the error in his thinking.

New road at Old Greenfield, Maynooth

Cllr. McGinley got the following reply to his motion to have the site secured at the Area Meeting on 19 October:

"Development Control staff inspected the boundary between the unfinished estate and numbers 740 and 741 Old Greenfield. Additional fencing is required to prevent access to the unfinished site from the lane at the back of 740 and 741 Old Greenfield. This matter has been referred to the developer who has undertaken to attend to the matter in the week commencing 15 October 2012. Development Control staff will inspect the site again in the coming weeks to ensure this problem has been addressed."

Vehicular access to Laraghbryan Cemetery.

Cllr. McGinley got the following reply to his motion at the Area Meeting on 19 October:

"Vehicular access to the cemetery is restricted. The cemetery gates are opened only for funerals and in the week leading to the annual cemetery Mass. Access to the cemetery will remain closed otherwise."

Businesses in Maynooth Storing Large Rubbish Bins on Footpaths.

Cllr. McGinley got the following reply to his motion at the Area Meeting on 19 October:

"The owners of the bins have been contacted. Arrangements are in place to store the bins off street."

IBAL Judging of Litter;

Cllr. McGinley got the following reply to his motion at the Area Meeting on 19 October:

"The environment department contacted IBAL regarding the IBAL litter league and the following reply was received from Conor Horgan on behalf of IBAL:

Thank you for your query regarding the IBAL litter league. By its nature, participation in the league cannot be voluntary – towns exposed as less than clean will often request that they be omitted from future surveys but this would undermine the league structure. It is IBAL's intention to cover all towns of a certain significance in Ireland. However if you feel there is a compelling/extraordinary reason why a town should not be included, please outline this in writing to us and the request will be considered in respect of next year's league."

Dangerous Gully at the Perimeter of the New Car park, Leinster Street, Maynooth

Cllr. McGinley got the following reply to his motion at the Area Meeting on 19 October:

"The planning department has not had an opportunity to inspect the development for compliance with their planning permission. It will be inspected as soon as possible and a report will be available for the next Area Meeting."

Cllr. McGinley again pointed out that it is extraordinary that after 10 months the Planning Department cannot do such a simple exercise, after all they cannot be overburdened with Planning Applications in the present climate.

€15.7 Million Allocated to Enable Signing of Contract for Castlewarden to Ballygoran Water Supply Scheme

Deputy Emmet Stagg has welcomed the decision by the Minister for Environment to approve funding of €15.7 Million to Kildare Co. Council to enable the awarding of the contract for the Castlewarden to Ballygoran Water Supply Scheme to Ward and Burke Construction Limited

The contract stated Deputy Stagg involves the construction of over 17km of distribution watermains and an additional 20 Megalitre reservoir and ancilliary works at Ballygoran, Maynooth. The new infrastructure will utilise water from the Srowland Water Treatment Plant which is currently under construction and will lessen Kildare Co. Council's reliance on the supply from Fingal County Council's Leixlip Water Treatment Plant.

This new Water Supply Scheme stated Deputy Stagg will provide a good quality secure water supply for residents in Maynooth, Celbridge, Leixlip and Straffan for many years and will improve future employment prospects. It will also end the problem of low water pressure in areas of North Kildare which is experienced during the summer months.

In concluision Deputy Stagg looked forward to work commencing on the project in the near future.

Stagg Disappointed at Delay in Considering Pilot Screening Scheme for Aortic Aneurysms

Last February Deputy Emmet Stagg questioned the Minister for Health, Dr. James Reilly T.D. in relation to the setting up of a Pilot Screening Scheme for Aortic Aneurysms, given the fact that 400 people die in Ireland every year from the outcome of ruptured Aorta Aneurysms and given the fact that screening for the condition is relatively straight forward and not costly. The Minister for Health advised Deputy Stagg then that whilst the Cardiovascular Health Policy 2010-2019, called 'Changing Cardiovascular Health' did not specifically consider recommendations for screening and surgical repair of aortic aneurysms, the report did add that it should be considered further as part of general policy requirements for health screening. The Minister further advised Deputy Stagg that he would establish a working group to examine the possibility of introducing a pilot scheme.

Deputy Stagg recently questioned the Minister further in relation to progress on setting up the Pilot Screening Scheme but disappointingly the Minister has advised Deputy Stagg that it has not been possible to progress this issue in the manner previously proposed principally due to resource issues. The Minister further advised Deputy Stagg that he intends at the earliest opportunity to explore with the HSE alternative possibilities in this regard.

Deputy Stagg stated that he would continue to make the case to the Minister for Health and reiterated that the screening does not involve expensive high tech equipment or highly qualified or highly paid personnel. In conclusion Deputy Stagg stated that the screening in addition to saving lives would also lead to the prevention of debilitating strokes through the identification of the aneurysms.

Cllr. John McGinley can be contacted at: 6285293 or 087 9890645 E mail jmcginley@eircom.net Web: www.labour.ie/johnmcginley/

Compert Mongáin ocus serc Duibe-Lacha do Mongán (The conception of Mongán and the love of Dub Lacha for Mongán)

(A continuation of the longer version of Mongán's life that follows him into his adult and complicated married life.)

15 Mongán took Tibraide's shape and gave Mac an Daim the shape of the cleric with a large tonsure on his head and a satchel on his back. They went to where the king of Leinster was, he welcomed Tibraide and kissed him and said:

'It is a long time since I have seen you Tibraide,' he said. 'Read the gospel to us and walk before us to the fortress. And let Ceibín Cochlach, the chariot attendant, go with you. The queen, wife of king of Ulster, is there and she would like to make her confession with you.' When Mongán was saying the gospels, Mac an Daim was saying: 'Amen, Amen.'

The crowd said that they had never seen such a cleric, one who had only one word when he was reading – Amen.

16 Mongán went to the door of the fort where Dub-Lacha was and she recognized him.

Mac an Daim said: 'All of you leave the house now so that the queen may make her confession.'

But her nurse or foster-sister boldly chose to stay there with her. Mac an Daim put his arms around her and put her outside saying that no one should be with the queen except the woman who came with her. He closed the sunroom after him, put the glass door on it, opened the glass window and then took his own wife to bed with him. Mongán also took Dub-Lacha, he sat by her shoulder and gave her 3 kisses. He brought her to bed with him where he had his desire with her. When that was over, the old woman who was guarding the jewels spoke. She was in the corner and they did not notice her until then. Mongán sent a quick, magic breath towards her so that she was uncertain about what she had seen. 'That is a pity,' said the old woman, 'holy cleric, do not take heaven from me. My thought was wrong and accept my apology; a false vision was shown to me and I love my fosterling.

'Come over here,' Mongán said, 'and make your confession.'

The old woman got up and Mongán made a spike in the chair; she fell on the spike and died.

'Bless you Mongán,' said the queen, 'it is good for us that the old woman is dead because she would have told people what we did.'

17 Just then they heard a knocking on the door and Tibraide was there with 27 men.

The doorkeepers said: 'We have never had a year like it for Tibraide, there is one inside and one outside.'

'That is true,' Mongán said, 'Mongán has taken my appearance. Come outside and I will pay you; kill the clerics over there because they are nobles associated with Mongán who are in the shape of clerics.'

The household got up and killed the clerics and 18 men fell. The king of Leinster arrived and asked them what was going on.

They said: 'Mongán has arrived in Tibraide's shape but Tibraide is here.'

The king accused them and Tibraide went to the church at Cill Chamáin. None of the remaining 9 escaped without an injury.

18 The king came to the house and Mongán left. The king asked: 'Where is Tibraide?'

'That was not Tibraide who was here,' said the girl, 'but Mongán as you will hear.'

'Were you with Mongán?' he asked.

'I was,' she said, 'because he has a better claim on me.' 'Send for Tibraide,' said the king, 'because we have killed his people.' Tibraide was brought to them, Mongán left and did not return for a quarter and he suffered from a wasting sickness during that time.

19 Mac an Daim came to him and said: 'My wife has been away from me for a long time because of a fool like you. I did not make a friendship without refusal with the king of Leinster's servant.'

'You go for me,' asked Mongán, 'to get news at Ráth Deiscirt in Brega where Dub Lacha Lámgel is, because I cannot go there.'

Dub Lacha said: 'Let Mongán come to me because the king of Leinster is making a royal tour around Leinster. His chariot attendant, Ceirbín Cochlach, is with me and he is telling me to escape and that he will come with me and Mongán is weak.'

Mac an Daim went to talk to Mongán.

20 Mongán travelled to Ráth Deiscirt in Brega. He sat at the girl's shoulder and an ornate chess set was brought to them and they played. Dub Lacha showed him her breasts. He looked at them; he saw her large, soft, white breasts, the centre slender and shining brightly. He wanted her and Dub Lacha noticed this. But the king of Leinster was coming to the fort with his people and the fort was opened for him. He asked her if the Mongán had been there. She replied that he had. 'I want to ask you something,' the king said.

'You will have that, except you being with me until the end of the year, there is nothing that you can ask that I will not give you.'

'If that is so,' said the king, 'tell me if you want Mongán because when he leaves, you will want him.' 21 Mongán came back after a quarter and he longed for her; all the people of the dwelling were there. After that the people came out and Mongán turned from the fort and returned to his house and he was a quarter in love sickness. The nobles of Ulster gathered in one place and offered to go to battle for Mongán's wife.

'By my word,' he said, 'the woman was taken from me by my own stupidity. Not one Ulsterman will fall to bring her back; I will do it by my own cunning.' 22 A year passed by; Mongán and Mac an Daim travelled to the house of the king of Leinster. The nobles of Leinster were coming from the dwelling and a great feast was being prepared for Dub Lacha's wedding. Mongán vowed he would marry her and came to the green outside.

'Mongán,' asked Mac an Daim, 'what shape will we take?'

They saw the old woman of the mill who was called Cuimne. She was a large old woman with a huge dog on a chain licking the mill stones. He had a twisted rope around his neck and his name was Brothar. They saw a nag with sores and an old pack saddle. She was carrying corn and flour from the mill.

23 When Mongán saw them he said to Mac an Daim: 'I know what shape we will take. If I am supposed to take my wife, I will take her this time.'

'That is good, noble prince.'

'Come,' said Mongán, 'call Cuimne of the mill to me, I want to talk to her.'

'It is 60 years since anyone wanted to talk to me', she said.

She came out and the dog followed her.

When Mongán saw her, he laughed and said: 'If you take my advice, I will give you the shape of a young woman and you can be my wife or that of the king of Leinster.'

'I will do that,' she said.

He hit the dog with his magic rod and made a soft, bright lapdog that was the most handsome in the world. He had a silver chain around his neck with a little, gold bell so that it would fit into a hand. He hit the old woman and turned her into a young woman who had the most beautiful shape and form of all the women in the world - Ibell Gruadsholas (of the bright cheeks), daughter of the king of Munster. He took the shape of Aed son of the king of Connacht and he put Mac an Daim in the shape of his attendant. Then he created a shining white horse with a purple mane and a gold saddle with speckled gold and precious stones. They

mounted 2 more horses in the shape of steeds and they reached the fort.

24 The door-keepers saw them and told the king of Leinster that Aed Álainn (beautiful) son of the king of Connacht, his attendant and his wife, Ibell Gruadsholas daughter of the king of Munster were there. They were exiled from Connacht and were looking for protection from the king of Leinster. They did not want to arrive with a crowd of followers with them. The door-keeper announced them and the king came over and welcomed them. He called the son of the king of Connacht to his shoulder

'It is not our custom', said the son of the king of Connacht, 'but that the second best man in the house would sit beside the king. Next to you I am the second best in the house and I will sit beside the king.' 25 The drinking house was arranged and Mongán put a love drink into the old woman's cheeks. The king of Leinster looked at her and he was filled with love of her. There was not a bone in his body the size of an inch but that was filled with love of the old woman. He called his attendant and said:

'Go to the wife of the son of the king of Connacht and tell her that the king of Leinster loves her very much; a king is better than the heir.'

Mongán understood the whispering and he said to Cuimne:

'The king of Leinster's attendant is coming to you with a message. I understand his whisper; if you take my advice you would not be with a worse man than myself or the king of Leinster.'

'I do not have a choice of a bridegroom,' she said, 'it does not matter what which man of you I have.'
'If that is so,' Mongán said, 'when he comes to you, tell him that by gifts and wealth you will know who loves and then ask him for the drinking horn that he will bring you.'

Muireann Ní Bhrolcháin

Notes (numbers refer to the paragraphs)
18 The theme of wasting sickness or being sick with love is common in the sagas.

23 The change from old woman to young girl is part of the literature, it is an essential feature of the sovereignty myth. The land of Ireland is seen as a woman, the king is a man and their relationship is a marriage. As the king gets older, the land/woman ages with him, but when a young king come along, the old woman becomes a beautiful young girl again as the land is renewed by the new king.

'Innovative Engineering Projects for Global Challenges' Presented by Paul MacDonald, Executive Engineer, NRDO

Paul will talk about the following

- Global Challenges Energy Resource and Development needs as we strive to build new cities for 2 billion people worldwide over the next 20 years, and the associated environmental challenges. The 21st century will be 'The Urban Century' as more people live in cities than ever before.
- Engineering Projects/Business Opportunities- a review of the new energy, transport, urban development and environmental projects being developed by engineers and governments at present to meet the challenges of 'The Urban Century'.
- The positive future for Ireland and Europe if we ensure that an adequate number of graduates and workers in the required career fields come through to work in these sectors and thereby assist economic recovery here and abroad. If you are considering a career in science, engineering, law, business or finance you will be interested in attending this talk.

Tuesday 13th November 7pm Naas Library Thursday 15th November 7pm Maynooth Library Lecture is free of charge and open to adults and students.

LEINSTER LEAGUE DIVISION 2B

NORTH KILDARE 18 EDENDERRY 11 By Emmet Brady

James Malone was the North Kildare hero as he came off the bench to score a superb try with only 4 minutes remaining. The game seemed to be heading for a draw before Malone hit the line at pace, jinked inside two tackles and scored under the posts. It was his first appearance of the season following a hamstring injury but in the 25 minutes he was on the pitch he showed he is going to be a vital player for Kildare this season. The win leaves them in 3rd place in the league, with two tough away matches now to come this win was vital. Following last week's defeat to Railway Union, Kenny McDonald started at out half with Eddie Hopkins moving into the 2nd row in place of Darragh Toner. In any derby match a good start is vital and it was the visitors who struck first with a try in the 12th minute. A smart chip kick through by the out half was touched down by the winger and although the conversion was missed it was the perfect start for the Offaly men. Kildare responded well and following two penalties they found themselves with a line out ten metres out. Tom Satchwell took the it at the back and following a good drive they were awarded a penalty. Sean Brady chose to decline the 3 points and went for a scrum. Again a good drive ensued but when the move went out the back line the visitors were again penalised in the other corner. Brady again went for the jugular and opted for the five metre scrum but Edenderry put on a good drive and as the scrum went through 90 degrees they were awarded a scrum, which they cleared their lines from. Would Kildare regret not taking the 3 points on offer, not once but twice? It certainly looked that way as Edenderry almost scored

their 2nd try moments later. After some bad passing in

the Kildare backline allowed a hack through from the Edenderry centre which their winger gathered, it looked as though he was in the corner but a last gasp tackle from Gavin Satchwell denied him. However the referee deemed the tackle to be too high, awarded a penalty and sent Satchwell to the sin bin for 10 minutes. To add salt to their wounds Kildare's supporters were baying for a Edenderry yellow card prior to this as they had been penalised 5 or 6 times in quick succession. From the penalty they went to the corner. Initially North showed good defence to keep them out but were then penalised further in field and the away side opted correctly to take their points and make it 8-0. Just before half-time however they were also reduced to 14 men as the referee sin binned their loose head prop as punishment for those persistent infringements. Kildare suffered a blow at half time as Tom Satchwell was forced to come off with a shoulder injury, Lorcan Doocey taking his place. But with their coach David Plummer's instructions ringing in their ears the home team started the 2nd period the stronger side, and it wasn't long before they got their reward. A good break by Doocey was carried on by prop Sam Hehir. The rest of the pack then arrived to create quick ball and it was moved across the backline. Scott McGrath almost got in in the corner but was stopped just short. They recycled well and moved the ball back across the line. Again defence was good from the away team but Kildare's rucking was also very good and as they attacked again Sean Brady evaded tow tackles to go over following a beautifully floated pass from Kenny McDonald. Unfortunately McDonald was off target with the conversion but Kildare's tails were up and soon after they were level as Joe Gerry knocked over a penalty from 30 metres out.

Edenderry then replied with another penalty to make it 11-8 and again this stung Kildare into attack. Twice it looked as though they would score but Scott McGrath and Dermot Preston both knocked on with the line at their mercy. Eventually though pressure told and they were awarded a penalty ten metres out which Gerry slotted over to make it all evens again. As the game

moved into the closing stages it looked as though they would be sharing the points a result which would leave both sides well adrift of table toppers Railway Union already. But then came a moment of magic which Kildare will hope to look back on later in the season as a vital score. Tom Satchwell now patched up and back on the field, started the move with the initial break with Rob Darcy making great ground then. The forwards rucked over well and the ball was moved through the back line out to Malone who was standing at 2nd centre. He hit the pass from Sean Brady perfectly and after breaking the first tackle he jinked inside two attempted tackles to sprint clear and touch down under the posts to the home side's players and supporters delight. Gerry added the extras and although Edenderry came back at them Kildare dealt with it well and managed to hold on for a very important win. The next travel to Guinness who play in the Iveagh grounds in Crumlin. A few years ago Guinness may have been considered a social club but they have improved greatly and beat Kildare in the corresponding fixture two years ago, so they will be hoping for revenge and a win to keep them on the promotion trail.

NORTH KILDARE: 1 SAM HEHIR 2 DERMOT PRESTON 3 GAVIN SATCHWELL 4 JOE HALPIN 5 EDDIE HOPKINS 6 NIALL McCANN 7 ROB DARCY 8 TOM SATCHWELL 9 CAMERON FUTTER 10 KENNY McDONALD 11 SEAN DAMERY 12 SEAN BRADY(capt) 13 ADRIAN MAGUIRE 14 SCOTT McGRATH 15 JOE GERRY SUBS: PAUL McINERNEY, MORGAN McINERNEY, LORCAN DOOCEY, JAMES MALONE, JACK HURLEY.

Wanted 3 / 4 Bedroom Detached House

Unfurnished on the outskirts of Maynooth

Long term lease required To commence March 2013

Please contact Kay on (087) 7077279

NEW BOARD OF MANAGEMENT MAYNOOTH POST PRIMARY SCHOOL

Chairperson, Cllr. Brendan Weld: Kildare VEC representative.

Mr Seamus Burke: Staff representative.

Cllr. Willie Callaghan: Kildare VEC representative.

Ms Joan Donlon: Staff representative.

Mr Andrew Dunne: Community representative.

Ms Nuala Forde: Parent representative.

Ms Mary Gaffney: Community representative. Cllr. Senan Griffin: Community representative.

Mr Alan Millet: Parent representative.

Ms Teresa Murray: Kildare VEC representative.

Mr Gerry Quinn: Community representative.

NEW SCHOOLS

Maynooth Post Primary School Principal Mr Johnny Nevin wants the junior school/senior school concept adopted for the new Maynooth schools. He told the Parent Teacher Association AGM that it is the best way to manage the educational needs of the students. PTA Chairperson Ms Teresa Murray told the Maynooth Newsletter that PTA agrees that the junior/senior concept is the best way forward and appeals to the Department of Education and Skills to consider the benefits and savings involved. The demand for second level places in Maynooth is expected to grow from the existing 1,160 students to nearly 1,400 by the time the new schools are opened in September 2014.

Newsletter Availability

The Newsletter is delivered to all major estates in Maynooth, and for all other areas there is a limited amount available in the following places:

Tesco, Maynooth Citizen Information Centre, Dublin Road Library, Main Street, Maynooth Maynooth Bookshop, Main Street Maynooth Credit Union, Main Street Londis, Main Street Centra, Main Street Glenroyal Hotel, Maynooth Supervalu, Glenroyal Shopping Centre Glenroyal Leisure Centre News4U, Glenroyal Shopping Centre Mulcahy Butchers, Greenfield Shopping Centre Donovans, Greenfield Shopping Centre Spar, Beaufield Shopping Centre Easons, Manor Mills Shopping Centre The Village Stores, Moyglare Road **Carton House Hotel GUI Carton House** And the Maynooth Community Council Offices

Maynooth Community Library Presents

In Association with the Maynooth Film Club for All and Access Cinema

The screening of...

Best Exotic Marigold Hotel

Thursday, November 8th at 10:30 am

Judy Dench, Maggie Smith, Tom Wilkinson and Bill Nighy star as a group of British retirees who decide to 'outsource' their retirement to less expensive and seemingly exotic India....

Not to be missed!!

To book your place, call into the Library, telephone or email: 01 6285530 / maynoothlib@kildarecoco.ie

Clues Across

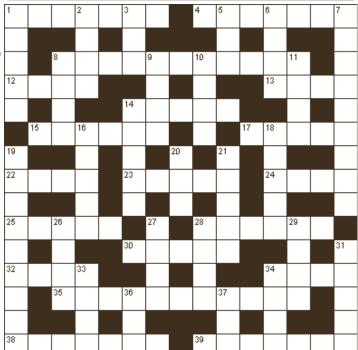
- 1. Fortunately (7)
- 4. Sensational novel (7)
- 8. Measure of the warmth or coldness (11)
- 12. Score (4)
- 13. Paint unskilfully (4)
- 14. Insanely (5)
- 15. Jams tight (6)
- 17. 8th letter of the Greek alphabet (5)
- 22. Bring into existence (4)
- 23. Grasp (5)
- 24. Sudden assault (4)
- 25. Chambers (5)
- 28. Bother (6)
- 30. Doughnut-shaped roll (5)
- 32. Deep wound (4)
- 34. Crack (4)
- 35. Inflammation of the tonsils (11)
- 38. Not at work (3,4)
- 39. Incomplete (7)

Special Prize Book Voucher

Give yourself the luxury of browsing, and choosing the book/books which take your fancy from the wide selection available in the store of our sponsor

The Maynooth Bookshop

November 2012 Crossword - No: 408



Entries in before: 27th November 2012	
Name:	

Phone No.:			

Address:-

	Answers to Crossword 407													
¹ B		² P		³ S		⁴ H		° C		6 N		⁷ S		° F
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Clues Down

- 1. Express mirth (5)
- 2. Bottom of ship's hull (4)
- 3. Cut off (3)
- 5. Covering for the head (3)
- 6. Thin rope (4)
- 7. Dutch painter (9)
- 8. Story (4)
- 9. Periods of history (4)
- 10. Supporter (4)
- 11. Overhanging lower edge of a roof (4)
- 14. Untidy (5)
- 16. Sleep images (5)
- 18. Groups of animals (5)
- 19. Misunderstanding (9)
- 20. Masculine pronoun (3)
- 21. Pertaining to punishment (5)
- 26. Expel (4)
- 27. Worn by women in India (4)
- 28. Hades (4)
- 29. Optical device (4)
- 31. Prickly (5)
- 33. Grasp (4)
- 34. River sediment (4)
- 36. Posed (3)
- 37. Class (3)

Winner of Crossword No. 407 October

Pat McNamara 1,Woodlands Maynooth

Prize winners will have 30 days to claim their prize from the time the results are made public.

Difficult

3 1 6 5 4 9 4 8 9 8 7 1 3 1 4 6 9 8 3 2 4 7 7 8 6 8 3 2 9 3

Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to Maynooth Newsletter Unit 5 Tesco S/C Maynooth.

Entries must arrive before: 27th November 2012

Sudoku ChallengeNovember 2012



Super Difficult

	4	9		8				
		3			5			
6	5		1	9				
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	9						8	
8		6		1	2			
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			4			5		
				2		4	1	

Name:_					_

Phone:

Address:

Congratulations to October Winner:

Derek Barratt 173 Castletown Leixlip

Prize winners will have 30 days to claim their prize from the time the results are made public.

Catherine Murphy

There Must be Consequences for Pyrite

"Pyrite Stakeholders, Cannot be Allowed Wash Their Hands of This Issue" Murphy.

Independent TD for Kildare North Catherine Murphy today blasted Industry Stakeholders for failing to agree on remedial actions for homeowners affected by Pyrite. Long past the end of September deadline imposed upon them by Minister Hogan, they have now been given a further 10 days by the Minister to come up with solutions.

Stakeholders including the Construction Industry Federation, the Irish Concrete Association and insurers Homebond amongst others, have failed to agree a plan to jointly address the issue of pyrite affected homes despite the deadline imposed upon them by the Minister for the Environment Phil Hogan.

"The Minister called for them today to 'contribute to the cost' of remediation and said he is 'hopeful' they will respond within 10 days. This is completely unacceptable. These homeowners are being left to watch their homes disintegrating around them while these industry stakeholders twiddle their thumbs and receive no sanctions from the Minister."

"We must see consequences for these stakeholders above and beyond the imposition of levies. This Government must firmly close the door on The Insurance Federation, The Construction Federation and the lending institutions because they have had no problem closing the door on the affected homeowners."

"The Minister must be forceful on this; he cannot allow those involved to continuously move the goalposts. It is long overdue that the Minister directly and robustly resolves this issue."

Rare Opportunity Cannot be Wasted

Local Government Reform must build Governance at the Local level - Independent TD launches her own detailed proposals.

Speaking ahead of the Minister's launch of the Local Government Reform plan, Independent TD for Kildare North Catherine Murphy insisted that this is an unprecedented opportunity to create a system of real local Government in this country and it is an opportunity that cannot be wasted.

"This is a significant and rare opportunity to effect real reform to our system of local Government and we cannot afford to get this wrong. Citizens must be at the core of the reform philosophy; it cannot be a purely cost saving measure. If we are to have Area Committees then we must be clear as to what the functions of these committees will be and the level of control and responsibility that will be afforded to them at the local level."

"We have here a chance to increase democratic control, de-clutter central Government and increase citizen participation by enhancing governance at a local level. If we can create a two tier system of regional and municipal councils we can build effectively on the significant strengths already evident at a community level such as GAA organisations, Tidy Towns Initiatives and the many voluntary organisations who can understand and react to the particular needs of each locality."

"Place shaping can only occur when there is a true understanding of all the factors involved in managing the particular economic, social and cultural needs of an area and a centralised system of local Government will not allow for such intimate knowledge."

NAMA Site Chosen for Jobs Boost In North Kildare.



Constituency Office: Unit 4, The Post House, Leixlip Shopping Mall, Main Street, Leixlip, Co. Kildare

Opening Hours: Monday to Friday, 10am-1pm

Phone: (01) 615 6625 e-mail: catherine.murphy@oireachtas.ie website: www.catherinemurphy.ie

Advice Service:

Advice Centres will take place on the last Friday of every calendar month at the following locations:

2pm: The Turn Inn, Derrinturn 4pm: Keogh's The Corner House, Clane 6pm: The Monread Lodge, Naas



Independent TD for Kildare North, Catherine Murphy has strongly welcomed today's announcement by The Kerry Group that they are to build a technology and innovation centre in Naas which will create almost 1,300 jobs over the next four years.

Catherine Murphy TD

"This is exceptionally good news for the entire County of Kildare and for Naas in particular. The creation of so many jobs in such a strategic location will have enormous benefits for Kildare. I would like to congratulate everyone involved in bringing this development to Kildare."

"This fantastic news today is made even sweeter by virtue of the fact that the site chosen for the development, Millennium Park in Naas, has been in the hands of NAMA for a while now, so it is great to see it being utilised for the benefit of the County."

Ambulance Cuts are Unacceptable-No Matter When They Happen.

Murphy incredulous at Lawlor's comment that "It's only from Monday"

Speaking in the Dáil chamber today, Catherine Murphy, Independent TD for North Kildare, expressed outrage at the cuts to the Maynooth HSE ambulance base which services North Kildare. The cuts ensure that there will be no ambulance service to the area from 7am to 7pm one day per week as well as an overall reduction in the numbers of ambulance on duty at all times across the area.

In reply, Fine Gael TD for North Kildare, Anthony Lawlor, told the Dáil that the cuts would only take effect from next Monday. An incredulous Murphy retorted "Well I am not happy about Monday, are you?"

"To suggest that these cuts are not a big deal because they only affect one day of the week is shocking. You cannot time medical emergencies to avoid the day the service does not operate"

"To have Anthony Lawlor, a Government Deputy for the North Kildare area, downplay the extent of these cuts is outrageous.

"While I have been assured that there are alternative measures in place, they are not wholly satisfactory and cannot take the place of a fully functioning ambulance service for the area."

An Attack on Front-Line Services and Vulnerable People

Today's announcement of cuts to home help hours will decimate the service-Murphy

Independent TD for Kildare North, Catherine Murphy today blasted Government and HSE for proceeding with €8 million in cuts to home help hours before the year end.

"The announcement today of this spending cut to such a vital front-line service gives lie to all the Government rhetoric we've been fed about its commitment to protecting the most vulnerable in our society"

"The Home Help service is one of our most costefficient and valuable front line services. It actually reduces cost at the other end of the scale by reducing numbers in nursing homes and long stay hospital beds."

"€8million over a 2 month period is the equivalent of €48million over the course of a year. It must also be noted that this fresh spending cut comes on the back of cuts of 500,000 home help hours earlier this year. It is simply unfeasible to expect a service to continue on the same level with cuts of this magnitude. People will suffer there are no two ways about it. "

Jobs and Amenities at Donadea must be safeguarded in Coillte plans.

The Independent representatives in Kildare have today jointly expressed concern for the future of Donadea Forest Park and other similar forest parks nationwide following statements from Minister for Agriculture Simon Coveney regarding the selling off of the harvesting rights of Coillte forests.

Speaking yesterday, both Catherine Murphy TD and Councillor Pádraig McEvoy demanded that Minister Coveney explain what impact will the proposed deal have on Donadea and other forest parks, in terms of their amenity value and their ecology value, and the impact for jobs that the deal will have.

"Donadea is a key tourism driver in North Kildare. We cannot risk having it damaged. Will the deal be limited to timber rights? What about any potential minerals that may be discovered in the area? Will they be protected?"

Councillors Anthony Larkin, Seamie Moore and Paddy Kenny echoed these concerns and said they would have worries regarding unsustainable harvesting and unregulated forestry practices into the future if Coillte resources are privatised.

"As it is we have had an underinvestment in Irish Forestry and this has led to us being below par in terms of the value of forestry to the Irish economy. We need to ensure that any decisions made in relation to forestry take account of both financial concerns as well as the important amenity and cultural value of such sites."

"Irish People are lucky in having such fantastic natural resources and it is vitally important that we recognise the value of these resources and safe-guard them for the benefit of this country. Forestry in particular has the capacity to provide not only fantastic recreational amenities but also the added benefit of providing sustainable employment and can help to form part of overall plan to tackle climate change."

Tidy Towns Competition 2012 Adjudication Report

Centre: Maynooth Ref: 377 County: Kildare Mark: 281 Category: F Date(s): 20/06/2012

	Maximum Mark	Mark Awarded 2011	Mark Awarded 2012
Overall Development Approach	50	43	44
The Build Environment	50	37	37
Landscaping	50	43	43
Wildlife and Natural Amenities	50	29	29
Litter Control	50	29	30
Tidiness	30	18	18
Waste Minimisation	20	12	12
Residential Areas	40	27	27
Roads, Streets and back Areas	50	33	33
General Impression	10	8	8
TOTAL MARK	400	279	281

Overall Development Approach:

Welcome Maynooth Tidy Towns to the 2012 Tidy Towns Competition. Your entry was very much appreciated.

Your entry submission is comprehensive. The map is a standard ordnance survey map but the work carried out for this year's competition is not marked on it. The application form says "please mark on map any items you wish to ensure are seen by the adjudicators" it goes on to say "the locations of your new work for this year's competition should also be marked". If the marks are in the form of numbers linked to a key that will be fine.

As mentioned by last year's adjudicator a committee of 18 members is large for a town of your size but it is also indicative of strong support from the community. The frequency of meetings seems appropriate.

Your support groups and agencies are diverse

and that is a good thing. You make good use of print media and it is noted that you are part of a new community web portal for Maynooth. Please enclose copies of any printed material that publicises your tidy towns activities as these can be taken into account in calculating marks. They will be returned to you after the competition. If they are very numerous some samples will suffice. Well done on having a tidy towns liaison officer for the schools. The interest shown by the schools in the green flag programme is very high and this will work to your mutual benefit.

The Built Environment:

The future of the Geraldine Hall has been secured thanks to Scouting Ireland. Your work on the community facility is noted and the additional two SMEs into the side lanes are

Your point about the colours used on the front of the new fast food premises is well made. This adjudicator is surprised that it was

Small pound is a good initiative and we look forward to it progressing. Your work on enhancing derelict is commended. This is a national problem and the tidy towns handbook has advice and tips on treating derelict buildings should you need them. Your work on Tobins and Buckley's houses is also commended. Signage will be dealt with in the Tidiness Category.

Schools visited by the adjudicator included St Mary's Boys National School with its green flag, Presentation Girls School also with a green flag and the Post Primary School with 2 green flags.

Leinster Street – business premises well presented.

Leinster Street/Main Street – arches, cobbles, seating etc greatly enhance the centre of the village.

The library is eye catching.

Landscaping:

Landscaping does require high maintenance and this is often overlooked when costings are being prepared. Visitors, and some locals, often forget that these wonderful floral displays can require very high maintenance costs and tidy towns do recommend striking a balance between low cost year round maintenance and high cost summer long flowers. The splashes of summer colour will be missed on the main street due to your decision not to provide them this year in an effort to conserve water. This adjudicator wonders if you have had second thoughts about this decision given the weather we have had this summer. Your high quality tubs/planters were seen around the village. The landscaping at the Boy's Primary School on Moyglare Road was seen and admired. The trees in the centre of the village give great character to it. Details of your maintenance programme including the revamp to the roundabout outside Tesco have been noted. Your tidy towns group makes relatively few Euro go a very long way. Well done to all involved.

Wildlife and Natural Amenities:

We note your comments about developing more wildlife areas before you embark on developing wildlife trails.

The rehabilitation of the island in Maynooth harbour was an excellent initiative. The swans will be delighted. It was an extraordinary achievement for one days work. The new planting here is also very welcome. The information board on the flora/fauna and wildlife in the harbour area will be a very

valuable addition here. Your work in Carton Avenue, Harbour Field, Kilcock Road and other areas in relation to catering for wildlife is commended. The bird nest boxes in the schools are a good idea. Are plans in place to monitor occupancy and end of nesting season cleaning?

Encouraging residential areas to maintain wildlife areas is another good initiative. Children in these estates who also go to schools

with green flag programmes will be more likely not to interfere with these wildlife areas. The adjudicator saw a grey squirrel jump from a wall to a tree on the riverside walk. You have wildlife in the Town!

The Maynooth Litter Management Plan has identified the locations and timings of littering and it peaks at the weekends. Your adjudication day was a Wednesday so presumably litter levels would have been quite low. This equates with this adjudicator's experience as very little was seen on the day. Your experience with the LBAL litter league confirms that the litter management plan and the response to it is improving the litter problem significantly. Carton Avenue entrance needs attention overflowing litter bin, litter and two rusty metal

The programme of litter picking set out in your entry submission is very good. What is obvious is that Kildare County Council on its own and Maynooth Tidy Towns on its own could not have achieved such a significant reduction on littering rates but combined they made an even greater impact than working separately. It is good to see partnership projects between tidy towns groups in adjoining towns and villages. This takes place in other parts of Kildare and, indeed, in some other counties and is to be encouraged.

Leinster Street – small amounts of litter. Well done to all involved in reducing littering in Maynooth.

Tidiness:

Your weed clearing team is successful. On adjudication day no weeds were seen on approach roads.

Your dedicated team member who deals with illegal signage is also effective as no illegal signs were noticed.

You appear to have a graffiti problem although this adjudicator did not see any significant amounts of graffiti. Adjudication day was 20th June so perhaps the foreign students had not yet arrived.

Traffic through the town centre was quite slow and a traffic management plan may be necessary. If it has the same success that your Litter Management Plan has had then it will be an asset to the town. Maynooth was not built for the huge increase in traffic volumes that it now has to cope with. In your entry submission vou mention that NUI Maynooth has inadequate parking to cater for the increase in students choosing to drive rather than renting a place to live in Maynooth. Consequently the need for a traffic management plan is increasing and it should be built into 5 year plans.

The new lamps on Farrell Bridge were admired. Well done in getting rid of the redundant phone

Maynooth's large recycling centre in Tesco car park had just some light littering - cigarette boxes, scraps of paper. Otherwise it was very presentable and is being well managed.

Waste Minimisation:

Your commitment and support of WEEE Ireland is commended and we urge you to continue.

Please consult the Tidy Towns handbook for advice and tips on this category. The first action point given in the entry form for this category is "Promotion of best practice". Tidy Towns groups are expected to be proactive in communicating with their community, both villagers and retailers, the principles of waste minimisation. The waste pyramid used in the entry form to illustrate the relative importance of each option shows that recycling is a less favoured option than minimisation. Minimisation is about reducing the amount of material, including food, that enters Maynooth and ends up as waste. It also includes reducing

consumption of energy, water, etc. Use the parish newsletter and any other communications method available to you. Ask the Tidy Towns Unit for the booklet Race

against Waste. A useful web site is www.stopfoodwaste.ie.

You do very good work in the area of recycling and reuse and we hope that this will continue but we would urge your committee to find time to promote best practise in waste minimisation as referred to above. Another task for your

Residential Areas:

Your work with residence associations is excellent and we hope that you continue with your Best Estates competition. We note that you use your newsletter to give these residence associations advice on how to become a winner.

On adjudication day there was insufficient time for the adjudicator to visit all residential areas. However the adjudicator did sample sufficient to form a view that in general residential areas are reasonably well presented but there are some troubled areas. For example Moyglare Hall is a very large housing development which is well landscaped - neatly kept grassed areas and lots of trees, walls/railings look well. By contrast Castlepark is an unfinished housing estate with an impressive entrance. Landscaping well done. Completed houses well presented, because unfinished estates are a national problem and beyond the resources of tidy towns groups to do anything useful with them they will not adversely impact on your marks.

Roads, Streets and back Areas:

Approach roads have black and white town name signs on a variety of surfaces landscaped area, shrubs on grassed margin, on grass beside a footpath, on a poorly maintained verge. Approaches to a town or village are very important for giving a good first impression. Many tidy towns groups standardise the signage - stone, metal, wood and get away from the standard local authority name sign to a decorative one, usually adding Welcome to" and the name in both English

and Irish. These can be sponsored by commercial sponsors whose name can be featured on them so that it can be possible to fund these at no cost to Maynooth Tidy Towns. Your group, of course, have control over the uniform design of these signs. There is some good landscaping on some of these approaches but the margins on others are too narrow to accommodate much more than the sign. Some have bollards, some can't. Within the town roads are sound and clean. You have mentioned your approach to the local authority to improve lanes.

The new layout being put in place on the Kilcock Road to facilitate pedestrians to cross between the two campuses of NUI Maynooth is incomplete and will be adjudicated when it is finished.

Other projects in this category have been noted.

General Impression:

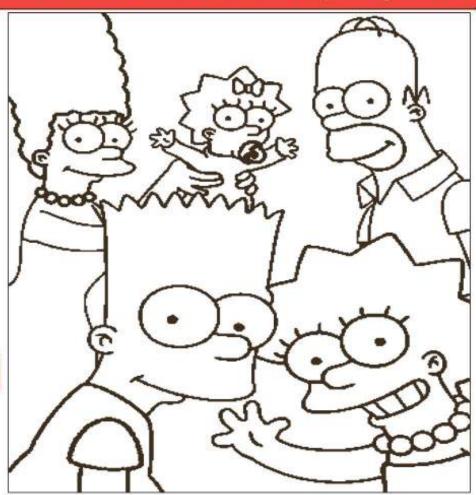
The points you raise in this category have been noted, particularly the issue of local authority funding. With reform of local government very much on the Government's agenda there may not be any quick solution to this issue. Derelict buildings are a national problem and affect many entrants in the Tidy Towns competition. Their tidy towns groups will get advice on treating these derelict buildings in the tidy towns handbook. We do not expect them to do any more than it recommends.

We look forward to receiving the Maynooth Tidy Towns Group's entry in the 2013 Tidy Towns Competition Thank you Maynooth Tidy Towns.

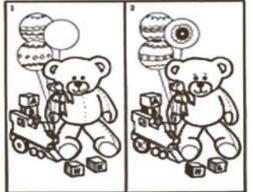
Join The Dots

McDonalds Children's Colouring Competition



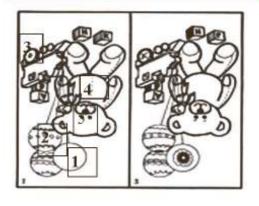


Spot The 5 Differences





LNS# ERS



Name: Age:		
Address:		
Phone No:		

October Winners:

Age: 3 - 5: Adrian Durran, Leixlip

Age: 6 - 7: Sophie Murrray, Moyglare Hall

Age: 8 & Over: Conor McBrearty, Griffen Rath

Prizes for Colouring Competition can be collected at:

Maynooth Community Council Office, Unit 5, Tesco Shopping Centre. Entries must arrive before: 27th November 2012



November Diary Planner

I.C.A.

Meetings take place every 1st Thursday of the month at 8.00pm.in the I.C.A. Hall in the Harbour. Crafts Every Monday Night at 8.00pm. New members welcome

Community Library

Opening Times
Mondays & Fridays
2pm to 5pm
Tuesdays & Thursdays
1pm to 8pm
Wednesday 9.30am to 1pm
& 2pm to 5pm
Saturday 9.30am to 1pm

Senior Citizens Club

Club opens on Tuesdays and Thursdays 10.30am to 12.30pm in the I.C.A. Hall.

Annual Sale of Work will take place on Sunday 18th November at 3.00pm to 6.00pm in the Aula Maxima, Maynooth College. Christmas Shopping in SuperValu on Wednesday 5th December and Annual Dinner in the Glenroyal Hotel on Sunday 9th December Josephine Moore, Chairperson

University of Third Age (U3A)

Weekly meeting on Thursday in Maynooth Community Space, Manor Mills New Members Welcome Enquiries: Bernadette Phone: 01 6289131

Bridge Club

Open for new members. If you would like to play in a friendly club with Purpose built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com.

Contact Katherine Cooney

086 8205910

History Group

Meetings every last
Thursday of the month in
Maynooth Community
Council Office
Tesco Shopping Centre
at 8,00pm.
All Welcome

Parent & Toddler Group

Every Thursday from 10.00 a.m. to 12.00 p.m. in the Maynooth Community Space, Manor Mills

Flower & Garden Club

Christmas Gala
November 15th in
Glenroyal Hotel at 8.00pm
Demonstrator: Ann Traynor
Visitors Welcome
Maureen Fagan PRO

Taekwon-Do

Children's Classes for
5 years and up
held every Tuesday in
Presentation Girl's School,
6.30-7.30pm for Children
7.30-8.30pm for Teens/Adults
Fridays in
St. Mary's Boys National School
6.30 p.m.—7.30 p.m.
For details: Contact
Stephen Doyle 087 6986491

Irish Girl Guides

Meetings Tuesday evening in Maynooth. For further information contact Jackie on 085 1413787 or visit I.G.G. website www.irishgirlguides.ie

If you would like your event put into The Diary please contact The Newsletter 016285053/016285922

Equipment Drive

Maynooth GAA is kindly asking for donations of GAA equipment, which will then be distributed within the club to help grow and support each code of sport, particularly the Nursery section of the club.

So if you have the following GAA equipment gathering dust in your home or that your child has grown out of, please donate it to the club as it will be given a good home and a new lease of life.

- · Helmets (Even if faulty, please bring, as they could be mended)
- · Hurleys (all sizes)
- Footballs
- Sliotars
- Training Equipment (Cones/Bibs/Goals...)
- Any other equipment, you feel will be of use to the club.

Maynooth GAA Equipment Drive - On Saturday 10th November 2012 from 9am to 1pm Collections at the office in Maynooth GAA Clubhouse

If you have any queries or require more info, please call / text, Martin O'Grady on 085 767 8768.

Thanks in advance for your support!

Irish Guide Dogs For The Blind Have a Great Collection Day in Maynooth.



Maria Kiely, helping with the collection



Sirius with Karen Duffy and Claire Tuthill



Christina O'Brien with Kenny and Niamh O'Brien

GARDENING IN NOVEMBER



November is a good time to look forward to next year, look around the garden & decide what you want to change. As long as the ground isn't too waterlogged or frozen, you still can plant herbaceous perennials, shrubs, deciduous trees, roses & fruit trees. Finishing planting Pansies, Wallflowers, Forget-me-nots &

Primulas. They need to be in the ground by early November. Prune tall roses by one third to avoid wind rock damage. Walk around your garden checking plants are stalked & to make sure ties haven't slipped å that the stakes are secure. Replace any broken trellis or fence panel. Keeping watering trees & shrubs if it hasn't rained much.



Spike the lawn with a fork to stop the soil becoming compacted & brush grit into the holes to improve drainage. With cold weather on its way, insulate your greenhouse using bubble wrap polythene. If possible, choose the larger grade - specially made for greenhouses. If you are still

cutting the lawn remember to higher the lawnmower as frost could damage short grass. If the weather is suitable, you can begin work on the vegetable garden for next year with some winter digging. Raise containers off the ground to prevent waterlogging & insulate them as well with some bubble wrap. Don't forget to water your houseplants more often as the heating dries out the home considerably.

Drain your hoses so they wont freeze & burst. When you have finished with themower for the winter, make sure you store it properly. Run it until all the fuel is gone as old fuel can turn to varnish & severely

> damage the engine. Don't forget to clean your gutters to remove fallen leaves as blocked gutters can cause serious damage to your house. On a good day give wooden greenhouses & sheds a coat of preservative if you haven't done this already. Don't

forget also to protect water pipes from frost damage. Continue to feed the birds.

Protect your roses during winter, by putting mulch around the base so that the first part of the stem is completely covered. If not already done, climbing roses should be pruned now at the latest. Lightly prune bush roses as reducing their height will prevent wind damage. If you love roses now is a good time to go out &

get bare-rooted roses. They're much cheaper than the potted roses & tend to establish better in the warm soil of

> Ornamental grasses & bamboos can be cut back & tied up. Digging the soil over will expose pest larvae to birds & frosts, as well as improving soil structure

saving much work next year.

Before you put flower pots & containers away for winter storage - empty out & wash them with a mild solution of soap & water.



HOMELY MEALS FOR NOVEMBER

Gram's Chicken Pot Pie

Ingredients

ILB Chicken fillets, bite size pieces

2 tbsp Kraft Zesty Italian Dressing

2 Cups of frozen Mixed Vegetables

4oz Velveeta cut into 1/2 inch cubes (cheese) 1 Can Condensed Cream of Chicken Soup

1 Sheet frozen Puff Pastry, thawed

1 Egg, beaten

Method

Cook & stir chicken in dressing in large pot on medium heat until chicken is cooked. Stir in vegetables & soup. Spoon into 9 inch greased baking dish & top with Velveeta. (cheese)

Unfold pastry sheet, place over the chicken mixture. Fold under edges of pastry, press onto top of baking dish to seal. Brush with egg. Cut several slits in the pastry to let steam out. Bake 30 mins or until crust is deep golden brown. Let stand 5 min before serving.

Beef & Guinness Pie

3 tbsp tomato paste

4 lbs beef, cut into cubes

1 large onion, sliced

2 tbsp fresh thyme leaves, chopped

11/2 cups flour

1 egg

Serves 6



Serves 6 - 8

Ingredients

31/2 cups of beef stock

1 1/2 lbs white mushrooms, quartered

6 cloves garlic, chopped

2 cups Guinness stout

salt & pepper

1 lb frozen puff pastry, thawed

Method

Preheat oven to 325°. Put tomato paste into a large bowl, add stock, & stir

until paste dissolves. Add beef, mushrooms, onion, garlic, thyme & stout & stir well. Sprinkle flour over beef mixture, season to taste with salt & pepper, stir well. Transfer to deep baking dish. Cover dish with foil. Bake, stirring occasionally, until meat is tender, 31/2 - 4 hours.

Serves 4

Beat egg & 1 tsp water together in a small bowl & set aside. Roll puff pastry out on a lightly floured surface, 1/4 inch thick. Remove baking dish from the oven & uncover. Drape pastry over dish & brush with egg wash. Return dish to oven & bake until pastry is puffed & deep golden brown, 40 mins. Garnish with spearmint sprigs.

Fish & Potato Pie

Ingredients

800g golden delight potatoes, chopped

3 cups of milk

80g butter

1 small red onion, finely chopped

2 garlic cloves, crushed

1/2 cup plain flour

500g firm white fish fillets, cut into 2cm cubes

125g can corn kernels, drained & rinsed

3 teaspoons horseradish cream

¼ cup chopped fresh flat-leaf parsley leaves

Boil potatoes in salt water until tender. Drain & return to pot with 1/2 cup milk. Mash. Cover & set aside.

Preheat oven to 180°. Melt butter in a large pot over medium heat. Add onion & garlic. Cook, stirring, for 2 mins or until onion is softened. Add flour & cook, stirring for 2 mins or until mixture bubbles & thickens. Gradually add remaining milk, stirring continuously, for 5-7 mins or until mixture thickens slightly. Remove from heat. Stir in fish, com & horseradish cream. Season with pepper.

Spoon fish mixture into ovenproof dish. Top with mashed potatoes. Season with salt & pepper. Bake for 30 mins or until potato is golden. Top with parsley. Serve.

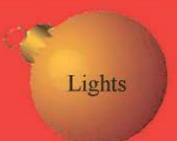








Greeting cards from Maynooth only €1 or 6 for €5









The Candy Store

FROM EUROSAVER

Retro Sweets At Retro Prices

Find us beside Manor Mills Shopping Centre or Contact us on 016293833



EurosaverMaynooth

