

Maynooth Newsletter



Serving the people of Maynooth

September 2011 Issue

Local News

FREE

HERITAGE WEEK EVENT 27th AUGUST 2011 “FITZGERALD WALK”

The Maynooth local history Group welcomed participants to the Fitzgerald Walk to Carton. Peter Nevin, Chairman of the Group made the following address in St Mary's Church of Ireland before the walk

“ We have organised this event as part of Heritage Week which aims to create greater awareness and appreciation of the history, art and beauty that surrounds us particularly in our local areas and for the town we love so well, Maynooth.

I would like to thank Rev. Janice Aiton for allowing us to assemble and gain access to this beautiful, sacred and historical church of St. Mary's.

I take the opportunity to welcome Maurice Duke of Leinster and Fiona Duchess of Leinster, their family and their daughters Francesco and Polyanna and to thank them for travelling and for the sense of heritage, linkage with the past and the esteem they bring to this occasion.

There is another member of the Fitzgerald clan here today too, Counsellor Shane, who I would like to thank for sponsoring the flowers and plants for today's event from his flower and plant shop - Carrig- in Leixlip.

Sir Christopher Wren said when he was asked about the absence of any sort or memorial to his great work at St. Paul's Cathedral in London. “ If you are seeking my memorial look around you.” The same can be said of Maynooth this Church in particular. So look around, consider it has existed for almost 800 years. Look at the western walls and tower, they are said to have been part of the original church built in 1248 as part of the Castle compound. It formed an integral part of the first college at Maynooth dedicated to the Blessed Virgin Mary 1426. This wooden window on the East end of the Church was originally set in the Church at Laraghbryan which was also at one time part of this original college. This window was transferred here during James Fitzgerald's restoration of the Church in the 18th century. In its lifetime it fell into ruin on occasions being restored on one occasion by Richard Boyle during the exile of the Fitzgerald family in the 17th century, falling into decay again and finally restored extended and enhanced by James Fitzgerald in 1770.



The Duke & Duchess of Leinster (Maurice & Fiona Fitzgerald), Daughters Lady Pollyanna & Francesca, with their son-in-law Greg and Granddaughters Daisy & Amelia outside Fitzgerald Mausoleum, St. Mary's Church of Ireland during Heritage Week.

(Continued on page 7)

**Maynooth Welcomes
New President of
National University
of Ireland
Maynooth**



Professor Philip Nolan



TWINNING UPDATE



The Twinning Committee of the Maynooth Community Council are looking forward to welcoming a delegation from Canet en Roussillon at the end of September when a Charter Signing Ceremony will take place to complete the Twinning Process between Maynooth and Canet.

*EXCITING NEWS FOR MAYNOOTH WITH THE
OPENING OF NEW
ARGENTINIAN/SPANISH RESTAURANT
See Inside for Details page 5*

Leaving Certificate Results, Maynooth Post Primary School.



Michelle O'Connor, Suzy Farrell.



Greg Flynn, Olivia McCartney, Megan Marshall.



Derville, Tadhg and Darragh Daly.



Leaving Cert Students, Maynooth Post Primary.



James Murray, Caroline Doyle, Siobhain Doyle.



Clodagh Coyle, Jack Hogan.



Shauna Hays, Daire Sherwin.



Sean Cunningham, Stephen Lovatt.



Leaving Cert. Students, Maynooth Post Primary.

 <p>DUNBOYNE CASTLE HOTEL & SPA</p>	 
	<p>Seoid Spa <u>News 3 Week Manicure</u> Achieve glamorous glossy non chip in an instant That will last a minimum 3 weeks for only €25.00 <u>Callus Peel</u> Reveal your baby soft feet with our 30 minute Callus removal treatment-perfect for your holiday for only €35.00 <u>Summer Sizzler</u> Choose any 3 treatments from the following for €99.00 3 week manicure Full Body Spray Tan Eye lash Extensions (last approx. 5-7 days) Voya Body Buff (ideal prior spray tan or sun holiday) Call 01 6816534 For bookings</p>
<p>New Sunday Lunch Menu at the Ivy Brasserie 2 course only €20.00 per person 3 course only €23.00 per person Children under 12 only €5.00</p>	
<p>Dunboyne Castle Hotel & Spa, Dunboyne, Co. Meath., Tel: 01 8013500 www.dunboynecastlehotel.com</p>	

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Southern
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baguettes + MEAL DEAL €3.00

chicken baguette	€5.95
crispy french baguette with sliced chicken, peppers & onions with sauces & salad	
steak sandwich	€5.95
crispy french baguette with tender slices of beef, peppers & onions with sauces & salad	
taco dog	€6.50
hot dog	€4.95
chip butty	€4.50
extra sauce	€1.00
all served in a freshly baked French baguette	

kebabs

doner kebab	€5.95
taco kebab	€5.95
chicken bbq kebab	€5.95
vegetarian kebab	€5.95
southern fried chicken kebab	€5.95
All served in a warm pitta bread with fresh salad & sauce	

wraps

sweet chilli beef	€4.95
southern fried chicken wrap	€4.95
chicken caesar	€4.95
all served in a hot tortilla wrap	

tasty extra

regular	large
taco fries	€5.50
garlic cheese fries	€4.75
bacon cheese fries	€4.75
curry fries	€3.50
cheese fries	€3.50
garlic fries	€2.95
wedges	€2.95
fries	€2.45
onion rings	€1.90
extra taco meat	€1.00
extra cheese	€1.00
extra sauce	€1.00
extra bacon	€1.00

crispy fried chicken

crispy fried chicken	€5.50
breast of chicken goujons served in our crispy bread with fries and a sauce of your choice	
chicken chunks	€3.00
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Chick King

The King of
Southern
Fried Chicken

Original recipe Chicken

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2 pieces of original recipe chicken & fries	
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3 pieces of original recipe chicken & fries	
Mini Snack Box	€2.99
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Breast Portion	€2.95
Individual Pieces	€1.95

Family Meal Deal	€19.95
8 pieces of original recipe chicken, 4 fries, 4 drinks and 4 original recipe gravy	

Party Deal	€15.99
10 pieces of original recipe chicken, 4 fries and 4 gravy	

Kiddies Deal	€4.50
1 piece of chicken or mini Chickenor 4 chicken bites fillett sandwich or 4 pieces served with fries & a drink	

Original Recipe Gravy	€1.50
-----------------------	-------

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Garlic Deluxe Fillet Sandwich	€3.95
Traditional fillet sandwich with our special	
King Cheese Fillet Sandwich	€4.50
Traditional Fillet Sandwich with crispy	
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Traditional Fillet Sandwich with all the tasty toppings	
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Traditional Fillet Sandwich topped with crispy iceberg lettuce smokey bacon fresh tomato and mayo	
Smokey Bacon Sweet Chilli Royale	€4.50
Fillet Sandwich topped with smokey bacon, fresh lettuce, sweet chilli and garlic	

Mini Fillet Sandwich	€1.95
Served with fresh lettuce and mayo	

Add cheese + 50c
Add bacon + 50c

Meal Deal
+3c =

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EXCITING NEWS FOR MAYNOOTH WITH THE OPENING OF THE FIRST ARGENTINIAN/SPANISH RESTAURANT IN NORTH KILDARE.

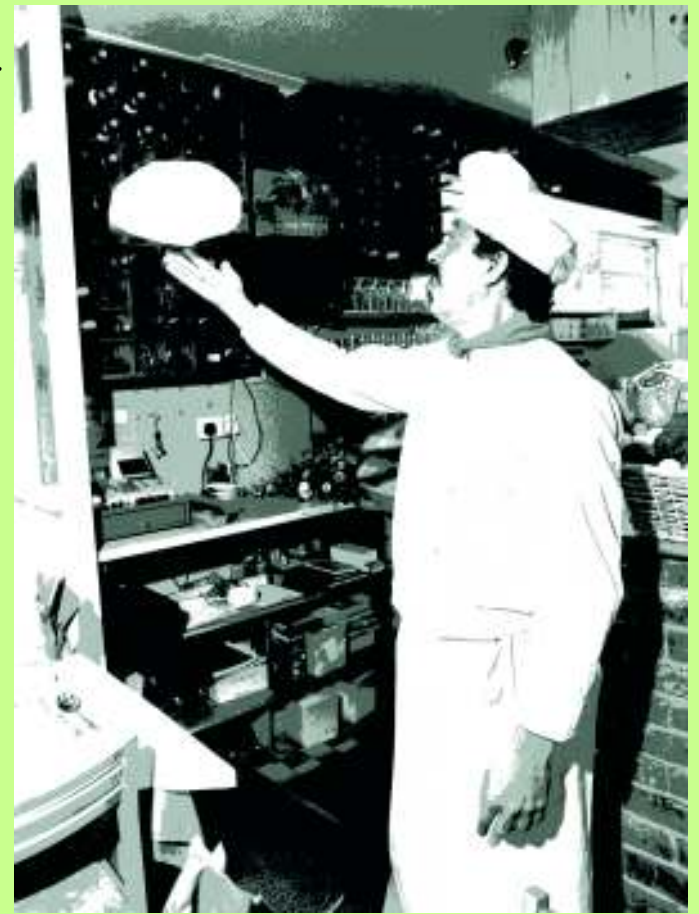
This has all the ingredients for success, as it will be run by the well known Cascella Family who, have been running Donatello's for the last 19 years. To ensure its authenticity, they are bringing a team of chefs from Menorca, Spain.

Food is certainly in this family's blood as Antonio is the 5th generation chef. He has a knowledge of Catalan Cuisine, as his home place Naples has a great Catalan influence in food and dialect, hence the interest in opening this restaurant.

The Cascella Family expect to see Picadaros open in October which will be a strange coincidence as this would be their third restaurant to open in October, beside the Bookshop across the road from the Library.

You can now recapture those holiday moments right here on Main Street, Maynooth, maybe experiencing a Paella with a delicious glass of Rioja, or sit at the bar and enjoy a tapas and, perhaps a glass of Estella beer. For those carnivores, a delicious steak straight from the lava rock grills with all the Argentinian trimmings.

We would like to offer The Cascella Family success for the future with this exciting new venture.



Antonio in the 1990's



The Cascella family in the 1930's



In the 1950's

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We will provide a free assessment of your extension needs and provide quotes for all our work. If you want to set up a free consultation please phone Des or Pat on 087-365-9587.



**Community Group representatives viewing the New Community Space,
Manor Mills opened on September 1st**



*Paul Croghan, Hugh Gallagher, Meike Saunders, Andrew McMullon, Bernadette Sweeney,
Helena Kirkpatrick, Tom McMullon, Hilda Dunne, & Eddie Tobin*

ICA Notes

All ICA activities resume from Thursday next 1st Sept. Guild meeting at 8 o'clock. Guild competition for Sept:- "A cushion any medium minimum size 16"X16". Winning entry will be displayed at The National Ploughing Championships in Athy Sept 21st-24th. Guild members will be involved on all days. More volunteers appreciated. Craft nights resume on Monday Sept 5th at 8 o'clock.

Some of our members enjoyed a night at the semi-final of ICA Bootcamp at An Grianan on Wed Aug 5th. The show was great fun and congrats to Peter Clohessey who was a very popular winner!

New members are always welcome. Just come to the hall on any Monday night or first Thursday each month

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(Continued from page 1)

Heritage week event August 27th '11 "Fitzgerald Walk"

"The Fitzgerald family's association with Maynooth is a little older than the Church, arriving in 1169, and we are privileged to have with us today the direct descendants of the first Fitzgerald also named Maurice.

According to our local book "Cannonballs and Crosiers", Maurice arrived in Maynooth with a small army, 30 mounted retainers and 100 foot soldiers, built his castle and established his roots here.

James Fitzgerald, as mentioned and who restored this Church, had a very successful career, being influential in the Irish Parliament in the 18th century, and close to the political situation in England and to the Crown. He laid out the structure of the town of Maynooth, more or less what we have today. He also developed the house at Carton and the estate. He was ultimately created Duke of Leinster, Ireland's premier Peer, a title enjoyed by his ancestors to this day."

"So without further adieu let's proceed at enjoyable and leisurely pace to Carton as follows; we go from this Church to the Castle, where our member Matt Kennedy will speak on the attack on the Castle in 1535.

We will then walk towards Carton via the Main Street and the Avenue.

We will stop close to the house for our member Seamus Cullen's talk on Queen Victoria's visit to Carton in 1849.

Our walk will terminate at the Cemetery for the tree planting ceremony by the Duke and Duchess in memory of their son Thomas".

PS. Maynooth History Group is always looking for new members. Our next meeting in the Community Office on September 28th.

**Peter Nevin
Chairman**



Tree Planting by The Fitzgerald Family in Carton Graveyard in Memory of their Son Tom 1974—1997 with Des Galvin Curator of Carton House.

Tony Smith Memorial Walk

By the time you read this article we will have left the dreary summer behind us and perhaps can look forward to a pleasant Autumn. Our Seniors have just returned from their annual week in Kerdiffstown, which they enjoyed despite the weather.

Our morning club re-opens on Sept. 6th and our committee will meet on that evening. Our next event will be our Halloween Tea-dance on Oct. 16th and the Tony Smith memorial walk will also take place on that day. Our sale of Work will take place on Nov. 20th in the Aula Maxima in Maynooth College and I thank Colm, John, Liam, Kevin, Ollie and all involved in this venture for all their help. Your support was never more needed as in this time of recession. Our people will try to get to every house on the run up to this date and I know you will be as generous in the future as you have been in the past. If we happen to miss you, donations can be left into my house or to any committee member. The tickets for the monster hamper will be on sale as usual at Tesco and we thank them for this facility and not forgetting Ollie Bright for all his help.

Our Christmas shopping will take place on Dec. 8th courtesy of Supervalu and our annual dinner will take place on Dec. 11th.

A very full schedule for the Autumn/Winter you will agree, so I ask you to remember these dates, in particular our fundraising events as our survival depends on them. I thank you all in anticipation.



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Social Morning for the Retirees 10.30 am — 12.00pm

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Venue	Date	Time
Maynooth ACOL House	Mon 5th Sept 2011	10.00am
Celbridge The Mill	Mon 5th Sept 2011	7.00pm
Celbridge Public Library	Wed 7th Sept 2011	9.30pm
Leixlip Adult Learning Centre	Wed 7th Sept 2011	7.00pm

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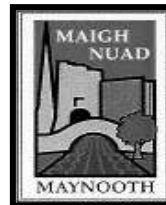
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Catherine Murphy TD



Independent



North Kildare

Maynooth Citizens Information Centre — Know Your Rights

Question

My husband has just lost his job, so I think that we will qualify for a medical card now. What is the best way to apply?

Answer

The quickest way is to apply online at www.medicalcard.ie. If you are eligible you will be able to print out an application pack, which you then sign and return to the HSE at the address below.

If your income is too high, you will be able to see this immediately and the HSE will provide you with an assessment of your application within fifteen days. You can also download a medical card application form from the HSE website or get a form from your Local Health Office. Completed forms should be sent to: Client Registration Unit, P.O. Box 11745, Finglas, Dublin 11.

If you have any questions before you send your application **Lo-call 1890 252 919** or contact your Local Health Office. If you are over the income guidelines you may still be eligible on a discretionary basis and you should contact your Local Health Office.

If you do not qualify for a medical card, you will be automatically assessed for a GP Visit Card. This covers the cost of visits to your GP, but not any prescriptions that you may need.

Question

I am a pensioner and I get the Household Benefits Package. What will the recent changes to this scheme mean to me?

Answer

There are a number of changes to the value of the Household Benefits Package from September 2011. There are no

changes in the qualifying conditions.

The annual value of the **Electricity Allowance** is being reduced from 2,400 units a year to 1,800 units. That means you are now entitled to 300 free units in each two-monthly billing period. If you do not use all your free units, up to 1200 unused free units may be carried forward between each billing period. The allowance continues to cover the standing charge and the Public Service Obligation (PSO) levy.

The value of the **Electricity (Group Account) Allowance** is being reduced from €43.80 to €35.80 a month.

The **Natural Gas Allowance** is being reduced from €52 every two months in the summer (June to November) to €42 and from €111 every two months in winter to €89. The total allowance for a year will be €393. The **Bottled Gas Refill Allowance** is being reduced from €40.70 a month (€489 a year) to €32.70 a month (€311 a year).

The **Telephone Allowance** is being reduced from €21.41 plus VAT each month (€311 a year) to €18.36 plus VAT a month (€267 a year). If you have a hearing or vision impairment, the allowance also covers the cost of renting a special telephone, subject to availability. There is no change in the Free Television Licence.

Also, the **Fuel Allowance** is to be standardised at €20 a week from September 2011. There will be no additional allowance for living in a smokeless area.

Question

My husband had a small business, and I worked in it part-time. He has just sold it and retired and is getting a State pension. Someone said that I might get a State Pension in my own right. Is this true?

Answer

If, in practice, you and your husband were working in a partnership but did not claim to be in a partnership when making tax and PRSI returns you can claim partnership status retrospectively.

Each case is investigated by the Department of Social Protection under the spouses' partnership criteria. If you wish to claim partnership retrospectively you must have adequate supporting documentation for the relevant years.

If a Social Welfare Inspector from the Scope Section of the Department of Social Protection decides that a business partnership existed you can pay your Class S contributions retrospectively. The contributions due are worked out by splitting the income from the partnership (for each year the partnership existed) between you and your husband. The PRSI liabilities are then recalculated. Any additional PRSI contributions due can then be collected from you. If the deciding officer decides that a partnership did not exist you may appeal the decision to the Social Welfare Appeals Office.

It is important to remember that even if a partnership existed and you pay any outstanding social insurance contributions this does not entitle you to a State Pension (Contributory) at age 66 unless you meet all the other criteria. You should check the full eligibility conditions for benefits and pensions on welfare.ie before deciding whether to apply for retrospective partnership status.

If you don't qualify for a State Pension (Contributory) in your own right, either your husband can claim for you as a dependent on his pension, or you can apply for a means-tested non-contributory pension for yourself.

MURPHY DRAWS PUBLIC ATTENTION TO NEW STREET LIGHT FAULT REPORTING WEBSITE

Independent TD for Kildare North Catherine Murphy today highlighted the new service launched by Airtricity in order to enable the public to report street light faults in a more direct and clear-cut fashion. The Utility Solutions company launched the first Interactive Street Lighting Website in Ireland and this month encouraged those who notice faults with public street lighting to make use of this direct interface.

"The major benefit here is that people can report faults as and when they see them regardless of the time or day. Most particularly, given the advent of smart-phones and the wider availability of broadband generally people are becoming ever-more connected to the internet and it makes sense for companies such as Airtricity to utilise this", stated Murphy.

The new service is available at www.airtricitysolutions.com and can be accessed simply by clicking the "Report a Fault" button on the homepage. You can both log and track the progress of the fault online.

"What's very useful about this particular service is that it puts an element of control back into the hands of the public in that they have a direct link to the fault reporting site and can track the fault until its resolution. I'd encourage people to use this service as and when they come across faults and I'll certainly be making use of it myself."

Airtricity Utility Solutions is Ireland's largest street lighting contractor, employing almost 120 staff. The company maintains over 300,000 street lights for over 900 customers across the Republic of Ireland and operate 9 regional depots.

Feedback on the system can be forwarded to customerqueries@airtricitysolutions.com or 01 467 3896.

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Perrine Verniers by email:
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September Diary Planner

I.C.A.

Meetings take place every 1st Thursday of the month at 8.00pm. in the I.C.A. Hall in the Harbour. Crafts Every Monday Night at 8.00pm. New members welcome

Senior Citizens Club

Morning Club reopens on Tuesday 6th September. Club meets every Tuesday & Thursday morning in the I.C.A. Hall. Halloween Tea Dance takes place Sunday 16th October in the GAA Club. Tony Smith Memorial Walk will also take place on Sunday 16th October.

Bridge Club

Open for new members. If you would like to play in a friendly club with Purpose built facilities in the centre of Maynooth, please see our website at maynoothbridgeclub.com. Contact Katherine Cooney 086 8205910

25 Year Class Reunion

Maynooth Post Primary Leaving Cert Class of 1986 25 Year Class Reunion on 24th September from 8.00 p.m. in Caulfields Back Lounge. If you know anyone who was in that class and not living in Maynooth please pass the word on. Looking forward to catching up with everyone. Contact Melanie Oliver 087 9704910 or Karen Cassidy 087 2855464

Parent & Toddler Group

Will resume Every Tuesday from 10.00 a.m. to 12.00 p.m. in the Maynooth GAA Club.

Taekwon-Do

Children's Classes for 5 years and up held every Wednesday in St. Marys Boys School, Moyglare Road & on Fridays in Educate Together, Celbridge Road 6.30 p.m.—7.30 p.m. For details: Contact Stephen Doyle 087 6986491

Irish Girl Guides

Meetings Tuesday evening in Maynooth. For further information contact Jackie on 085 1413787 or visit I.G.G. website www.irishgirlguides.ie

Community Library

Due to the commencement of essential building and renovation works, the Library will be closed from Monday 5th September and will re-open on Monday 26th September

Flower & Garden Club

Welcome back after the Summer Holidays Come and enjoy a lovely night of Floral Demonstration Lovely way to relax after such a bad summer, this will cheer you up Tuesday 20th September at 8.00p.m. in Loftus Hall, Maynooth College Demonstrator: Diane Gallagher Competition: "Shades of Autumn" Tea/Coffee served after demonstration nice way to meet and make new friends PRO Lila Flynn 086 8740

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Saturday	8.00am - 10.00pm
Sunday	8.00am - 9.00pm

University Increases its Links with the Local Community

NUI Maynooth, Ireland's only University town, is joining forces with Maynooth Community Council to provide short morning courses and workshops to anyone over 21 who has an interest in knowing more about themselves, society and how government and politics work. The new courses will provide a learning experience with a difference; no assignments and no exams, just a great opportunity to pursue interesting topics in dialogue with university academic staff and a group of like-minded people. There are no entry requirements. All you need to participate is your enthusiasm, your life's knowledge and experience and a willingness to join in the discussions. Speaking about the new initiative, Josephine Finn, Head of the Department of Adult and Community Education said "we are delighted to be able to pursue this initiative and to meet the demand for short university courses in the community of Maynooth and the surrounding areas." This year's theme is Human Studies with a series of three courses focusing, in turn, on the individual, society and practical politics. The three courses are complementary but each course is designed to stand alone – you can sign up for one course or you may decide to participate in all three. Launching the programme, Derek Barter, Continuing Education Coordinator at the Department described the courses as "a chance for people to explore the humanities at university level. The classes will examine human behaviour and the social and political worlds we live in, identifying patterns and connections within them" Courses will run on Thursday morning from 10:30-12:30 in the new fully accessible Maynooth Community Space at the entrance to Manor Mills Shopping Centre. Courses are for 8 weeks (€120) or 10 weeks (€150). The first course in Psychology will begin on Thursday 22nd September at 10.30am. Information on the courses is available from Kay Loughlin, Department of Adult and Community Education, NUI Maynooth, Tel 01 708 6062, Email kay.loughlin@nuim.ie and on the Department's website <http://adulteducation.nuim.ie>. Different courses will run in the autumn, winter and spring.

Further information

Fearga Kenny
Short Course Project
Tel: 046-9541192
Email: fearga.kenny@nuim.ie
Department of Adult and Community Education
NUI Maynooth

New NUIM Short Leisure Morning Courses / Workshops

Focus on Human Studies



Interested in learning at university level but don't want to commit to assignments or a year long course?

Want to learn what research tells us about why people behave the way they do, how society works, how history, politics and economics affect our everyday lives?

Three new short non-accredited courses, **Focus on the Individual**, **Focus on Society** and **Focus on Practical Politics**, from the Department of Adult and Community Education, provide you with the opportunity to do just that.

The courses are complementary but each course is designed to stand alone – you can sign up for one course or you may decide to participate in all three. You must be over 21 but there are no other entry requirements. All you need is your enthusiasm, your life's knowledge and experience and a willingness to join in the tutor-led discussions.

Sessions are held in the fully accessible **Maynooth Community Council Community Space, Manor Mills Shopping Centre, Maynooth, Thursday Mornings 10:30-12:30.**

Focus on Human Studies: 2011-2012 Programme

Focus on the Individual – Development over the lifespan. Biology and behaviour. Personality. How the mind works: learning and thinking. Social interaction. Abnormal / atypical behaviour and mental illness. Influential thinkers in the study of human behaviour.

22 September 2011 – 1 December 2011, 10 sessions, €150

Focus on Society – The structure of society, the distribution of wealth and influence: capital, education and information, social mobility. Gender, age, identity and society. The family, community and society. Key thinkers in the analysis of society.

12 January 2012 – 8 March 2012, 8 Sessions, €120

Focus on Practical Politics – Different conceptions of democracy, the competitive nature of democratic thought and practice. Potential and limits of active citizenship. Complexities of democracy: values and the operation of political institutions. Empirical issues (e.g. deliberative polling) and contemporary democratic thought and citizenship.

12 April 2012 – 31 May 2012, 8 Sessions, €120

For more information contact: Kay Loughlin, Department of Adult & Community Education, National University of Ireland Maynooth.

Telephone: 708 6062. Email: Kay.Loughlin@nuim.ie or visit our website <http://adulteducation.nuim.ie>

To secure your place on a course, please complete and return the form below to Kay along with the course fee. Cheques, postal orders or bank drafts should be made payable to NUI Maynooth.

Course Title(s).....

Name.....

Address.....






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Gardening in September

Deadhead spent blooms

Deadhead faded flowers regularly to encourage more blooms in your hanging baskets.

Keep bedding plants watered

Deadhead the last of your blooms and continue to water them, particularly if there's a dry spell.

Propagate strawberry plants

Cut back any straggly strawberry runners, or use them to propagate new plants for next year.

Plant out container-grown trees

Plant out a container-grown tree now to give your garden structure and year-round interest.

Continue harvesting beetroot

Lift roots, and select the best ones for storage, if you want to keep some in a cool shed through winter.

Improve your lawn

Repair and renovate your lawn: rake it vigorously to remove any dead or dying grass and re-seed or re-turf any bare patches.

Treat perennial weeds

Dig up any perennial weeds you spot straight away. As growth slows in autumn they become more difficult to kill.

Add herbs to pots

Give your patio pots and containers a fresh look for autumn by removing any summer bedding plants that are past their best and replacing them with scented, evergreen herbs. Parsley can be sown now for an early spring crop.

Divide your perennials

Any large clumps of summer-flowering perennials, such as daylilies, can be divided to make new plants.

Water your hanging baskets

Continue watering your hanging baskets daily to get the most of your remaining flowers.

Prune rambling roses

Once blooms have faded, prune out any thin, diseased or out-of-place branches, and tie in new growth.

Plant last-minute salads

Plant a few pots of quick-growing cut-and-come-again salad leaves for tasty autumn salads.

Ripen late tomatoes

If you've got a glut of green tomatoes, try putting a few in a kitchen drawer with a banana to encourage them to ripen.

Harvest celery

As the plants reach the required size, simply lift the celery hearts carefully using a hand fork.

Keep greenhouse veg watered

Warm late summer sunshine can catch out greenhouse gardeners, so make sure you continue to water thirsty plants such as tomatoes and chillies through September.



Trim summer hedges

Give any summer-flowering hedges such as forsythia, berberis or deutzia a light trim to keep them in shape.

Leave seeds for wildlife

Let plants such as golden rod and sunflowers go to seed to provide extra food for wildlife.

Prune summer raspberries

Once you've harvested the last berries, cut back the canes that have borne fruit to ground level, and tie in the best new canes.

Harvest apples

Harvest ripe fruit and store it carefully in a cool, dry place.

Plant blueberry bushes

Plant this super-food now for an abundant crop of tasty blueberries next summer.

Caladiums

Before the first frost dig up caladiums. Allow them to dry and store them in a dry place for the winter.

Sweet Pea

Sweet Pea lovers may find that sowing seed in autumn produces stronger plants. Do not soak the seeds as they are liable to rot. Use Seed and

Potting Compost and sow the seeds in root trainers, sweet peas tubes, pots or trays. It has been found that dark coloured seeds germinate well in fairly damp compost, but pale seed require compost that is only just moist. Cover the containers with glass or put them in a

propagator and keep at around 15 C (59 F). When the seedlings appear transfer them to a cold frame. Pinch out the growing tips when the plants are about 10 cm (4 inches) high.

Plan spring window boxes

Plant a few early-flowering bulbs in pots and planters for colour, cheer and scent next year.

Spring Bulbs

Plant your Spring bulbs now for early Spring flowering

The informality of daffodils with their nodding heads and bright primary colours are excellent for naturalising in grass and also for enlivening dull corners of the garden.





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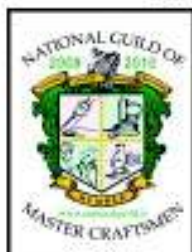
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GUIDELINES FOR SELECTING A PUPPY OR KITTEN

When deciding on your new puppy or kitten there are several factors to consider: your new pet's breed, age and sex all need to be carefully thought about as do your new pet's domestic needs such as housing, bedding, exercise, feeding and healthcare requirements. The first decision is whether to buy a pedigree or mixed breed pet. This is purely a personal choice and all carefully chosen pups or kittens usually make great pets. A pedigree pet will usually cost more than one of mixed breed.

If you choose a pedigree pet, please ensure that the breed's physical and behavioural characteristics will suit your lifestyle. Important aspects of this would be to ensure that its size, shape, physical appearance and coat type fit in with your way of life. There are many books and websites available which give advice on pet selection and on pups' and kittens' breed characteristics. One point worth noting, especially with dogs, is the importance of finding out the origin of the breed. This is because the function for which the dog was originally bred will strongly influence its behaviour, e.g. herding dogs, toy breeds etc. Your vet will be happy to advise you on the suitability of a particular breed.

Should I consider a male or a female pet?

This is largely a matter of personal choice but some factors to consider are that males tend to be slightly larger than females of the same breed and are usually more assertive. Male dogs may also exhibit undesirable social behaviour such as mounting, urine marking, roaming from home and possibly aggression towards other dogs. Castration while the dog is six to nine months old will often reduce the instances of such undesirable behaviour. The same applies to male cats. With females you should consider if you are going to breed from your pet or have her spayed.



What is the optimum age to obtain a pet?

Matters to consider here include vaccinations and socialisation of your new pet. Puppies and kittens will usually have had their first vaccination between the ages of six to eight weeks and will require further vaccinations, as advised by your vet. Regarding socialisation with other dogs, the sensitive period of socialisation is before fourteen weeks old. Therefore between six to eight weeks of age is the best time to acquire a new puppy. With kittens, the optimum period for socialisation is between two and seven weeks of age. Therefore, a kitten should be acquired after weaning, but before seven weeks of age. With both kittens and pups, it is important that they have had adequate socialisation interaction with their mothers and litter-mates, in order to learn how to exist with their own species. This can be developed during their training.



In certain circumstances, obtaining an adult cat or dog may be more attractive for the pet-owner. This can be because the playing, feeding, toilet-behaviour and exercise needs of a puppy or kitten may be difficult to fulfil for the family who are away from home for much of the day. Therefore, an adult pet may provide a better solution. It is important to remember that such an adult pet may not have had sufficient or complete training and socialisation skills. This may cause behavioural problems that are difficult to overcome.

If you have any queries regarding the purchase of a new pet, please contact us at Maynooth Veterinary Clinic, Newtown Grove, Maynooth. Phone: 01-6289467 or maynoothvet@gmail.com or please visit our website www.maynoothvets.com where we provide further information regarding pet care.

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**Brand New Entertainment Late Night Venue Every Friday & Saturday
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The Roost public house on the main street of Maynooth is undergoing a transformation and is turning into an exciting and vibrant live late night music venue every Friday and Saturday with no Cover Charge.



The Lounge has a fabulous mezzanine bar with a two-storey feature organ now installed on the main stage. We have many popular artists lined up to play live music over the coming Launch Weekend, check out our Ad for details. All live acts will be followed by a DJ. With a late bar every Monday,

Wednesday, Thursday, Friday and Saturday, The Roost is the place to be!

Throughout the years the Roost has had a great connection with Rugby, soccer and G.A.A. They sponsor the local G.A.A. club, Maynooth Town Soccer Club and the North Kildare Rugby club. There's a new spacious heated beer garden with no fewer than 12 plasma screens showing live sports and a super 20ft big screen for the "main event", you'll never miss a kick!!

The Roost has a cosy public bar with a feature stone open fireplace and an original tiled floor, the perfect place for a quiet pint and a read of the paper.

New to The Roost is Sinatra's Lounge, Bar and Grill, serving food 7 days a week from midday to 9pm. There's something on the menu to suit everyone!

If you're looking for somewhere local and fun for your party why not come in and have a chat with us. We can offer you free bubbly on arrival finger food, reserved area and live music from only €5 per person (min 15 people).

And don't forget we have a well-stocked Off-license with special offers on lots of different brands of your favourite wine and beer.

If you would like to make a booking, get some information about upcoming events or just enjoy the services on offer, The Roost is open from 10:30 am Monday to Saturday and from 12:30pm Sunday. We can be contacted on our website: www.louisfitzgerald.com or find us on Facebook at

Irish Players Ready for The World Cup

By this times our players will be on their way to New Zealand to participate in the 2011 World Cup. We enjoyed having them in Maynooth at Carton House and wish them all the best.



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Party Political—Maynooth Labour News

Cllr. McGinley Allocates his Discretionary Grants in Maynooth

Cllr John McGinley has allocated the bulk of his €40,000 Discretionary Grants for 2011 for the following work in Maynooth:

- The footpath to the Gael Scoil on Celbridge Road has been badly damaged by frost and salt. Also, the concrete mix seems to have been of poor quality. In order to prevent it from getting any worse Cllr. McGinley has allocated funds for the footpath to be given a coating seal.
- The installation of decorative bollards from Farrell Bridge (At Greens Restaurant) to the entrance to Maynooth Castle, in the interest of public safety. John had previously asked for a footpath here but the Council engineers ruled it out for a number of valid reasons. Maynooth Tidy Towns had requested that this work be carried out.
- The installation of decorative bollards at the bottom of Old Greenfield to replace the unsightly girders.
- The installation of two new public lights at the front section of Carton Court as the lighting was very poor at this location

Kildare County Council Ceases to Provide a Waste Collection Service

At the Council's Monthly Meeting on 25 July the County Manager announced that the Council would cease to provide a waste collection service from 22 August. He stated that AES (Bord na Mona) following a tendering process will be taking over the waste collection service. The Manager stated that the Council now had more customers on waivers of charges than those who paid and that it was costing the Council €3m per year which was not sustainable.

The Waste decision was An Executive Function of the Co. Manager with no input from the Elected Councillors permitted or sought.

Cllr. John McGinley expressed his deep disappointment at this development and he proposed that the Council write to the Government asking that a National Waiver Scheme for domestic waste collection be introduced and this was agreed.

STAGG WELCOMES UPGRADING OF RAILWAY STATIONS ON MAYNOOTH LINE

Deputy Emmet Stagg has welcomed the provision of funding in the sum of €2 million to upgrade the railway stations on the Maynooth line, sanctioned by Minister of State for Transport Alan Kelly T.D.

Deputy Stagg stated that the Maynooth line had been one of the fastest growing routes in the Irish Rail network with approximately 15,000 passenger journeys daily. Train services along this line have been modernised over recent years, through rolling stock replacement programmes and improvements in service frequency, including the start of services on the M3 Parkway – Docklands route in 2010. The stations, however, have not been upgraded since construction and are now in need of modernisation.

The objectives for this project are to enhance the customer facilities and presentation of Maynooth line stations. The following elements are included in the proposed works:

- Building structural improvements;
- New customer shelters on platforms incorporating new seating;
- New station furniture on platforms (seating, litter bins, etc);
- Platform and station lighting improvements;

- Upgrade of station signage plus new information panels;
- New signage on approach roads;
- Upgrade of electrical services at each station;
- Landscaping and painting works around stations.

These works will provide a cleaner, brighter more welcoming experience for customers.

The Kildare stations on the line to be refurbished under this project are as follows;

- Leixlip Confey
- Leixlip Louisa Bridge
- Maynooth.

In addition similar works will be undertaken at Drumcondra, Broombridge, Ashtown, Castleknock and Coolmine Stations. Some of these will require upgrading of all elements listed above while basic works will address all others. In respect of the remaining stations, Phoenix Park does not require upgrading as it is effectively a new station, while Clonsilla is being currently being addressed as part of a separate project.

This funding stated Deputy Stagg follows on from the €34,000 approved for IE Signage, Directional Signage, External and Internal Painting and Platform Furniture at Kilcock Railway Station approved in July last.

In conclusion Deputy Stagg stated that it is anticipated that these station upgrade works will be completed by year end. The overall estimated cost of the refurbishment programme is €2 million.

Cllr. John McGinley can be contacted at:

6285293 or 087 9890645

E mail jmcginley@eircom.net

Web: www.labour.ie/johnmcginley/

John is also on Facebook



Draft Maynooth Local Area Plan

Invitation for Pre-Draft Submissions for Proposed Local Area Plans for Maynooth, Newbridge and Kildare Town (including Magee Barracks)

Notice is hereby given that Kildare County Council, being the planning authority for the area, proposes to prepare Local Area Plans for Maynooth, Newbridge and Kildare Town (including Magee Barracks). Kildare County Council invites pre-draft submissions and observations from interested parties in relation to the areas named above.

A Local Area Plan is a statutory document that sets out the planning and development objectives of the Council for the designated area. This is prepared in accordance with the Planning and Development Acts 2000-2010 and is in line with the objectives of the County Development Plan 2011-2017.

To assist this process an "Issues Paper" has been prepared which identifies the key planning issues that the three local area plans could address. To view the Issues Paper online and / or submit an observation click onto; www.kildare.ie/countycouncil

Copies of the Issues Paper are also available at the following locations:

- Kildare County Council, at the address below from Monday to Friday (excluding public holidays) between the hours of 9.00am to 4.00pm
- Northern Area Office, Leinster Street, Maynooth, Co. Kildare.
- Western Area Office, Newbridge Industrial Estate, Newbridge.
- In the following public libraries (during usual library opening hours): Maynooth, Newbridge, Kildare

Submissions should be made in writing to Mary Foley, Administrative Officer, Forward Planning, Kildare County Council, at the address below or emailed to lapsubmissions@kildarecoco.ie by 5pm on Wednesday 7 September 2011. Please mark your submission with the appropriate town name.

This is your opportunity to have a say in the future development of your area. We look forward to hearing it.

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Maynooth Golf Society

Result Sheet Joe Murray Cup Sponsored By Derek Murray		
Beech Park Golf Club		11 / 8 / 2011
1st Prize	John Carroll	37pts
2 nd Prize	John Byrne	35pts
3 rd Prize	John Caulfield	33pts B9
4 th Prize	David O'Donoghue	33pts B6
5 th Prize	Mark Kehoe	33pts
6 th Prize	Derek Murray	31pts B9
7 th Prize	Gerry Smith	31pts
Front 9	Damian Daly	17pts
Back 9	Norman Kavanagh	17pts
Visitors	Sam Feeney	
Nearest the Pin	Norman Kavanagh	
2's Club	K Loftus, J Carroll, J Byrne, J Caulfield, M Kehoe, G Smith	

The Joe Murray Memorial Cup was played at Beech Park Golf Club which is located on the outskirts of Rathcoole Village. Beech Park is an 18-hole parkland golf course which was designed by Eddie Hackett, it is a good test of golfing skills.

38 members played for the Joe Murray Cup in good weather conditions on Thursday evening of the 11th August.

The eventual winner was in the last 4 ball of the evening John Carroll with a score of 37 points beating the leader in the club house up till then John Byrne 35 points, third place was new member John Caulfield with 33 points beating another new member David O'Donoghue 33points on the back 9.

Prizes for all of the winners were presented in Caulfield's by Derek Murray who sponsored the prizes at this outing in honour of his dad Joe. **Next outing is Shay Moore Cup Athlone to Golf Club 27th August. Members and visitors welcome.**

Result Sheet Shay Moore Memorial Cup Sponsored by The Moore Family		
Athlone Golf Club		27 / 8 / 2011
1st Prize	Eamon Murphy	38pts
2 nd Prize	Mick Flynn Jnr.	32ptsB9
3 rd Prize	Niall Byrne	32ptsB9
4 th Prize	David O'Donohue	32pts
5 th Prize	Gerry McTernan	31pts
6 th Prize	Paul Farrelly	29ptsB9
7 th Prize	Brendan Leigh	29pts
Front 9	John Caulfield	18pts
Back 9	John Carroll	15pts
Visitors	Robert Moore	34pts
Nearest the Pin	Terry Moore	
2's	Niall Byrne, Brendan Leigh, Mick O'Rourke	

The Shay Moore Memorial Cup was played for at Athlone Golf Club on 27th August. 41 members and visitors played this superb 18-hole parkland course situated by the shores of Lough Ree. Its tree-lined fairways and undulating terrain make it a difficult test of golf.

The winner with a score of 38 points was Eamon Murphy followed by Mick Flynn Jnr. on a score of 32 points beating Niall Byrne and David O'Donohue both on 32 points into 3rd and 4th place on count back. The Cup and prizes were presented in Brady's to all of the prize winners by our captain Pat Connolly and Terry Moore. In his acceptance speech Eamon said it was his first time to win a cup within the society, he thanked his playing partners and all members of the society who make every outing an enjoyable experience. Both he and the Captain thanked the Moore family for their generous sponsorship of the society over many years.

Our next outing John Tiernan Cup at Kilcock on Saturday 17th September



CHRISTY HENNESSY

A SHORT AUTOBIOGRAPHY

Christie's song writing was about life, dreams and the reality of the people in them. He was never one to go down the easy route of writing a song with good music and empty lyrics. Christie takes you on an emotional awareness that life can also be painful and lonely.

He was a man who wrote with honesty and feelings from his heart and soul.

He is the ultimate storyteller of our time

Christie was born in Tralee, County Kerry; he was the youngest of 9 children.

There was always music in the house. His father played jazz on the accordion, his Mother a great storyteller, sang traditional Irish songs. Neighbours and family members, including Henry Curtin who played drums (Frank Sinatra's drummer), would join in the regular sessions of music and song. (Happy Days)

From these early memories, Christie's influences ranged from Elvis, Al Johnston, Bill Haley, Fats Domino, Robert Johnston, Mississippi John Hurt to The Beatles and all Musicals. Christie left school at 11½ (the ½ he said was important). At 15 he went to work on building sites in London by day and played in the R&B clubs by night.

Christie was 23 when he wrote his first song. Christie released his first album "Christie Hennessy" (also known as "The Green Album") in 1972, "The Rehearsal" 1992 (triple platinum), "A Year In The Life" 1993 (quadruple platinum), "Lord of Your Eyes" 1994 (triple platinum), "The Box" 1996 (triple platinum), "This Is As Far As I Go" 1999 (double platinum), "The Definitive Christie Hennessy" 2003, "Stories For Sale" 2005, "The Platinum Collection" 2007. Christie was discovered by the late John Peel.

Christie composed the theme tune and incidental music for the BBC TV series "Get Well Soon" written by Ray Galton ("Steptoe & Son") and composed and wrote a Musical/Feature film about his native Ireland ("Two Stops to Paradise").

As well as writing Christie produced two of his own albums with Steve Nye, "The Box" and "This Is As Far As I Go". He solo produced Aled Jones' album "Whenever God Shines His Light".



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The Vertically Challenged

Focus Ireland: 25 years working for everyone without a home

If you're anything like me then climbing a small hill is the proverbial uphill battle, but there are those more adventurous souls who relish the challenge that climbing mountains can pose. Four such enterprising people are Anita Hamilton, Iain Keaney, Orla Power and Anthony Doran or collectively known as "The Vertically Challenged". Anita [Team captain], Iain, Orla and Anthony have wanted to do the **Four Peaks**

Challenge (16th – 18th Sep 2011) for a number of years now and have decided that this was the year that they were going to make that dream come true. This is no small ambition due to the fact that they have to climb 4 mountains in 3 consecutive days and the mountains they are going to climb to raise much needed funding for Focus Ireland are Carrauntoohil (Kerry), Mweelrea (Mayo), Slieve Donard (Down) and Lugnaquilla (Wicklow).

There is no doubt that this challenge demands a high fitness level and for this Focus Ireland have set up a training programme whereby the team are training most weekends in the Wicklow Mountains. Initially the training begins with a 1 to 2 hour trek a number of times a week which builds up to a walk which can take up to 6 hours. Focus Ireland have organised a dietary plan along with the training schedules for health and safety reasons to ensure the safe journey of the participants and to enhance the enjoyment of the experience. As you can see, there is a high level of commitment and training on behalf of the participants, but they all agree that it's worth the effort if they can raise the 4500 euro which goes towards those who are in need of a home, a bed and a decent hot meal. At the moment Anthony is recovering from a recent ankle injury, but he is very hopeful that he will be back to peak fitness by the time the event takes place.

Donations of all sizes and amounts are greatly accepted and the following list which was issued by Focus Ireland will let you see what can be achieved;

- 8 euro – will help to provide food for a family who is homeless.
- 25 euro – helps to provide counselling, advice, guidance and support to someone who comes to us faced with the frightening prospect of being homeless.
- 50 euro – helps to provide a place away from the streets in our childcare centre for a young child who is homeless.
- 75 euro – supports us to provide a safe place to live for teenagers, (16-18 years), who are homeless and need someone to turn to, and help them manage their future lives.
- 100 euro – provides funds that will help support a previously homeless family for a month to live independently.

250 euro – helps us to create an opportunity to rebuild the life of a young person leaving a state institution or whose foster care just hasn't worked out.

While this is a long list, it shows how much can be achieved with your help and donations. There are over 5000 people homeless at any one time in Ireland and any money donated is not only greatly received, but it does make a real difference to people's lives.

So why not think about supporting Anita, Iain, Orla and Anthony in this tremendous challenge and make a real difference to someone's life as well? So far they have organised a family fun day in Rockfield Square on Sunday 21st of August which was a great success and enjoyed by all who attended, but they are also going to have a camp-out on the lawn in front of the John Hume Building in Maynooth University on the 28th of September, a book-sale on the 21st of September and a cake sale on the 26th of September which are both also being held in the college. Due to time constraints the team will still be collecting donations for the challenge after the **Four Peaks Challenge** event, so you will still have some time to make that generous donation. The Vertically Challenged team would like to acknowledge and thank all of those individuals and businesses that have sponsored them so far, but they would also like to say that if any other individual or business would like to make a donation or sponsor them they can call Anita at **085-155-6525**. They can also be sponsored on the Focus Ireland website at www.focusireland.ie, just click on the 'sponsor a friend' option and you can sponsor them under their name "The Vertically Challenged".

By Brian O'Neill



Maynooth Musical Society

Maynooth Musical Society will be busy in September. We Have chosen our musical for 2011, RENT!, so now we have to begin fundraising and auditioning.

Fundraising:

Tuesday 20th September: Table Quiz in O'Neills Pub, Main Street, Maynooth @ 8pm. €20 for a table of four. This is a rollover quiz that will take place over a few months. There will also be prizes on the night for those who wish to take part in the quiz for only the one night.

Saturday 1st October (Provisionally): Car Boot Sale and Market [Location and date to be confirmed. Please contact us at maynoothmusicalsociety@gmail.com for further details].

RENT! Auditions:

Auditions will take place over three days, 29th - 1st October (You only need to attend one night). Audition pieces will be provided before the audition so anyone wishing to audition should email us at

maynoothmusicalsociety@gmail.com.

Location and times will be confirmed at a later date so register your interest with us or watch out for the posters. RENT will go to stage on 28 - 31st March, 2012.

If you have any queries please drop us a line or visit our facebook page <http://www.facebook.com/pages/Maynooth-Musical-Society/120070758073783>



LIFE QUOTATIONS

Life is too short to waste time hating anyone.

You don't have to win every argument. Agree to disagree.

Cry with someone. It's more healing than crying alone.

It's OK to get angry with God. He can take it.



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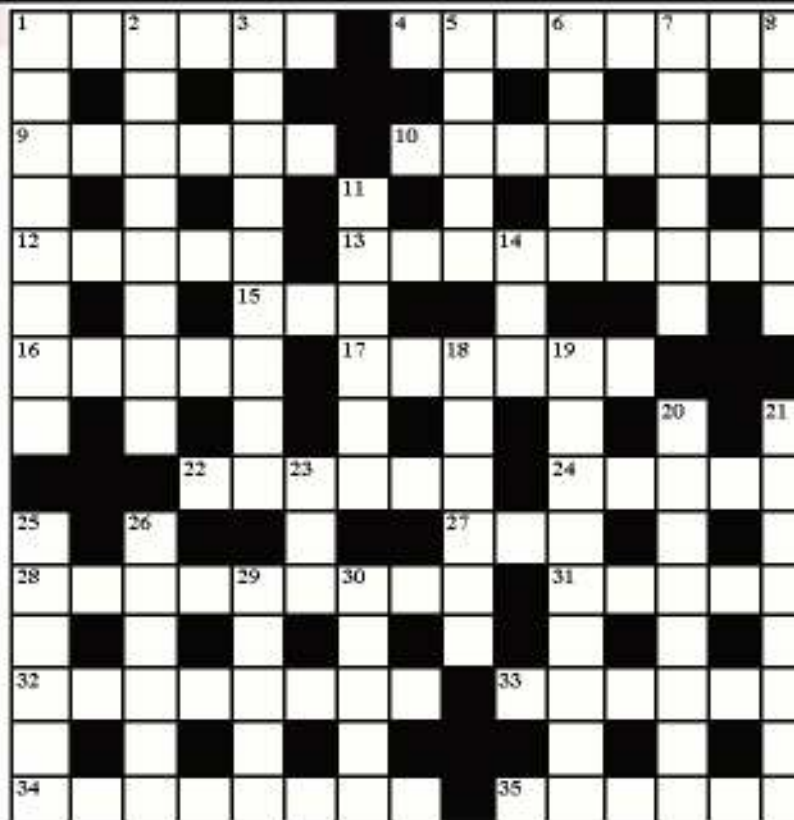
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September 2011 Crossword — No: 395

ACROSS

1. Toxin (6)
4. Particular, exact (8)
9. Option, selection (6)
10. Ghastly, grisly (8)
12. Go (5)
13. The study of the finances of the state (9)
15. Wise old saying (3)
16. Awake and watchful (5)
17. Virgil's epic (6)
22. Better to light one than curse the darkness (6)
24. Light, semitransparent fabric (5)
27. Scheduled to arrive (3)
28. Halted car at the important church (9)
31. Synthetic material (5)
32. Institution to express belief in a divine power (8)
33. The ability to see (6)
34. Excited uncertainty (8)
35. If not (6)



DOWN

1. Odd, rum (8)
2. Set apart from others (8)
3. Band of musicians (9)
5. Snap, exposure, in short (5)
6. Freight (5)
7. Cloth, material (6)
8. Solid food made from milk curd (6)
11. Recompense for worthy act (6)
14. Indicate maiden name (3)
18. Sewing implement (6)
19. New device or process (9)
20. Slope of a small mountain (8)
21. Leftovers, scraps (8)
23. Sign of assent (3)
25. Frightens (6)
26. They support plants (6)
29. Large bird of prey (5)
30. Beginnings, origins (5)

Answers to No. 394

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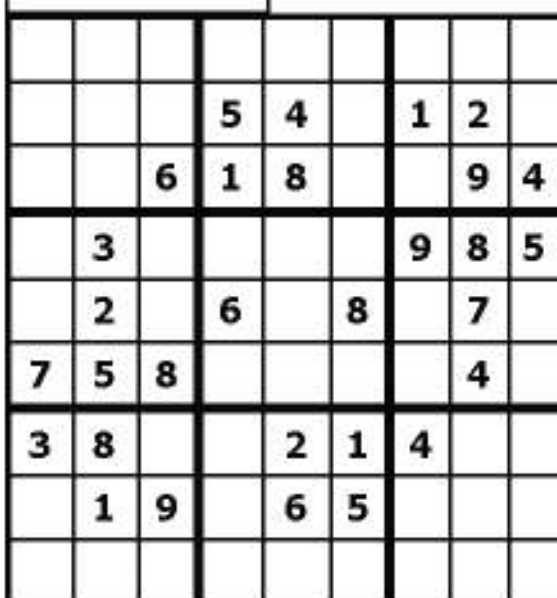
Name: _____

Address: _____

Apology

There is no winner of Crossword No. 394 due to an error in printing.

Difficult



Win a €10 book voucher if you are the first entry drawn with both puzzles correct.

Send completed puzzles to
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Unit 5 Tesco S/C Maynooth

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Sudoku Challenge

August 2011

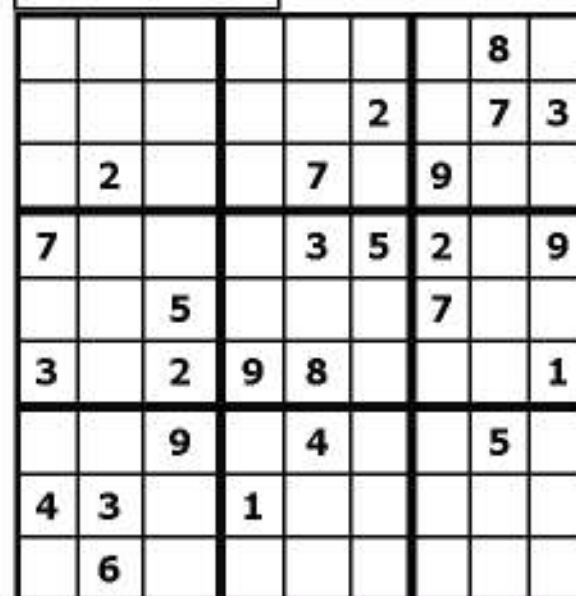


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Super Difficult



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For more information contact: Anne 01 6285536



IBAL Anti-Litter League 2011,

in conjunction with the Department of the Environment

Maynooth: Joint 38th out of 53 towns / cities surveyed. Litter Classification – Moderately Littered.

Back in the league, an important university town, hope it will be better. Only one approach road gets a Grade A. The council can force Tesco and the Railway Station to keep their sites free of litter. Three of the ten sites surveyed in Maynooth got the top litter grade and the remainder were all moderately littered, with no seriously littered sites. The top ranking sites were Pound Lane (Residential), Maynooth College – West Wing and Approach from West. St. Mary's School was moderately littered but with a quick clean-up this could easily be a top ranking site. As well as the ten sites surveyed as listed below, the surveyor noted no sign of litter outside fast-food outlets.

Approach from West: Grade A. (not motorway) An excellent approach road leading in to Maynooth. Grass was neatly cut and adorned with daffodils.

Dublin Approach: Grade B. There was a litter presence along this approach route – all of the litter present was food related.

Dunboyne Approach Road: Grade B. Sweet papers, cans, fast-food wrappers and plastic bottles were all found along both sides of this road and the litter bins were dirty.

Clane / Naas Approach Road: Grade B. The litter along this approach road was most pronounced at the busy lay-by, despite a litter bin just beside it – maybe the litter bin is simply too far for individuals to walk.

Tesco Car Park: Grade B. A light scattering of litter took away from an otherwise well presented site – road surface / signage / markings and low lying shrubbery were in good condition. With a quick clean up this could easily get the top litter grade. The McDonald's with the car park was in pristine condition.

Maynooth Railway Station: Grade B. There was litter in the car park and paper on the railway tracks – despite the provision of plenty of litter bins.

Maynooth College – West Wing: Grade A. A very well cared for and maintained site – all was in good order and clear of litter throughout.

St. Mary's School: Grade B. The grounds of the school were clear of litter but it was the food related litter on the grassy area parallel to the parking outside the school which was responsible for the downgrading of this site. With a little extra effort this could easily be a top ranking site.

Public Park: Grade B. This site requires a little more care in order to get the top litter grade – there was a variety of food related litter and surveyor noted just one litter bin in the area surveyed.

Pound Lane – residential area: Grade A. This was a top ranking site where the residents are clearly very house-proud.

Join the Dots



Word Search

My Clothes

Words can go across and down only.
Words do not overlap or share letters.

C	D	T	L	N	V	G	X
P	A	N	T	S	E	C	W
L	V	T	T	K	S	O	J
R	H	M	V	V	T	A	R
K	A	X	X	K	H	T	M
R	T	N	N	G	N	L	Z
R	S	H	O	E	V	L	K
Z	Z	D	G	L	O	V	E

coat hat shoe
glove pants vest

McDonalds Children's Colouring Competition



Prizes :
Free Family Meal
from
McDonald's, Maynooth



it's what i **eat** and what i **do**

Name: _____

Age: _____

Address: _____

Phone No.: _____

August Winners;

Age: 3—5 : Sophie O'Shea, Brookfield Ave.,

Age: 6—7 : Saoirse Grehan, Moyglare Abbey

Age: 8 & Over: Katie McCormack, Parklands Square

Prizes for Colouring Competition can be collected at:

Maynooth Community Council Office, Unit 5, Tesco Shopping Centre.

Entries must arrive before:



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Tuesday: Jazz Session

Wednesday: Trad Session - DJ & Late Bar upstairs.

Thursday: Trad Session

Friday: DJ & Late Bar

Saturday: DJ & Late Bar upstairs

Sunday: All Sports Live on our Big Screens

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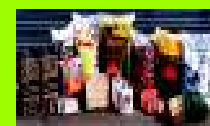


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Recipes With Seasonal Fruits

Roast Duck with Spiced Plum Sauce

Ingredients;

1 duck (1.8kg/4lb)
1 bunch spring onions, cut into batons
½ cucumber cut into batons
1 small red onion, thinly sliced
2 tbsp sesame oil (optional)
fresh coriander leaves

For the plum sauce

1 eating apple, grated
2 tbsp water
250g/9oz dark red plums
6 tbsp apricot jam
85g/3oz light brown sugar
110g/4oz white wine vinegar
generous pinch chilli powder

Method

1. Salt and roast the duck, in a preheated oven 180C/350F/Gas 4 for about 1 hour until the meat is tender, basting occasionally. Once the duck is cooked allow it to rest and divide into portions or shred the flesh.

2. While the duck is cooking, prepare the sauce. Simply tip all the ingredients into a pan, cover and simmer for about an hour. Sieve and allow to cool slightly. Taste and adjust seasoning, adding more sugar if necessary.

3. Assemble the salad ingredients in a bowl.

4. To serve, gently warm the plum sauce, pile some of the salad into the centre of a serving plate, place a portion of duck on top and serve the warm plum sauce on the side.

Blackberry & Apple Pie

Ingredients

175g plain flour
pinch salt
100g butter
25g caster sugar
1 tsp grated lemon zest
1 egg yolk
milk, to moisten and glaze



For the Filling

300g cooking apples, peeled, cored and sliced

225g fresh blackberries
caster sugar, to taste

Method

1. Heat oven to 180C/fan 160C/gas 4. Sift the flour and salt into a bowl. Cut the butter into small pieces and rub in until the mixture resembles fine bread-crumbs.

2. Mix in the sugar, lemon zest, egg yolk and a splash of milk to form a dough. Knead the dough lightly.

3. Spoon the apples and blackberries into a shallow 1.2ltr/900ml dish, then sprinkle over sugar to taste.

4. Roll out the pastry on a lightly floured surface, large enough to cover the pie. Place the pastry over the filled pie dish, then seal and flute the edges. Glaze the top of the pie with a little milk, then bake for 40-45 mins until golden.

Blackberry Coulis

Ingredients

250g blackberries
50g golden caster sugar
½ tsp vanilla extract

Method

1. Put the blackberries and sugar into a small pan with 100ml/3 1/2 fl oz water. Bring to the boil, then simmer for 5 mins until the fruit is soft. Stir in the vanilla, remove and cool a little.

2. Tip the contents of the pan into a blender or food processor, and whizz to a purée, then strain through a sieve, rubbing it through with the back of a ladle or spoon. Serve warm or chilled. Keeps in an airtight container in the fridge for up to 3 days, or freeze for up to 3 months.

This versatile fruit sauce is perfect for serving with ice cream, pancakes or layered up in creamy desserts



Maynooth Tidy Towns

At time of writing we are awaiting results from The National Tidy Towns competition. We will print a comprehensive report in the October Newsletter.

We appreciate all the efforts made by residents associations to beautify the residential areas in Maynooth.

A big thank you to those businesses who put up flower baskets on their premises.

A number of NEW LITTER BINS have been put in place by Kildare County Council.

Due to the temporary closure of Aldi car park we should be obliged if people would use the Bottle and Can recycling bins at Supervalu car park and at Tesco Supermarket.

RICHARD FARRELL PRO



*Ray Murphy, Liam Doherty, & Liz Callaghan
Cleaning up on bed near school*



Mattie Callaghan watering Tubs in The Pound

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