

MAYNOOTH NEWSLETTER

November'09

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Editorial-November

In these days of difficult economic circumstances it is heartening to hear that there is some good news for the town of Maynooth. Plans are in train for a Youth Café to be located in the town. This is accompanied by the news that the Scouts are interested in developing and looking after the Geraldine Hall; they will also make the Hall available to other community groups if these plans go ahead. Both these issues were discussed and welcomed at the recent Community Council Meeting. Another important, and related, event was the Community Gathering on suicide prevention that took place on October 10th in the Glenroyal Hotel. It is absolutely essential that the Teen Café development goes ahead to give the teenagers of Maynooth a focal point in which they can meet, socialise and discuss their lives and problems. Because of the downturn in the economy the development levies that were gathering when huge expansion was taking place have now dried up and many of the related plans have been put to one side.

By the time the Newsletter goes to print the expected visitors from Canet en Roussillon, who are interested in twinning, will have come and gone to Maynooth. There have been many plans in the past to twin the town to similar town abroad and perhaps this will come to fruition.

The ongoing sagas of FÁS and the Ceann Comhairle over the past number of months did not stop the Green Party from propping up the Coalition Government. This is despite the fact that there is no commitment in the agreement between the parties not to tax the most vulnerable in society. The Greens have dragged an agreement from Fianna Fáil not to bring in fees for third level education but there is no commitment not to raise the registration fee that now stands at approximately €1,500. This will continue to climb and will replace the deferred fees. The heads of the Universities are generally in favour of the re-introduction of fees for students but how this will benefit the colleges is difficult to understand. Surely, if fees are re-introduced, the Government will simply take away completely the subsidies paid per student to the Universities. If students pay fees, they will also demand a much higher level of services from the different institutions. In view of the fact that these same heads of Universities who refused to take a cut in their salaries – it is surprising that the student population is not more vocal and protesting loudly at the cuts taking place in the Universities throughout the country. Perhaps they realise that protesters are simply ignored in Ireland, whether they are right or wrong.

Muireann Ní Bhrolcháin

Contents

	Page
Community Council Notes	2
Book Of Maynooth	6 & 7
Diary Planner	8
Breaks for Two	10
Recipes	14
TV 3 at the Mantra	16
Stand & Deliver	18
Kylie Minogue	20
Colouring Competition	22
Gardening	24
Flower Arranging	26
Poetry Corner	28
Pet Corner	30
Kildare County FC	32
Citizens Information	34 & 36
GAA News	38 to 47
Juicing	48
Horoscopes	49
Sudoku	50
Labour News	51, 52 & 53
St. Mary's Brass & Reed Band	53
Michael Fitzpatrick T.D.	54 & 55
Crossword	56
People's Movement	57
Useful Telephone Numbers	58 & 59

Maynooth Community Council Notes

Maynooth Community Council meeting 12 October 2009

Among the issues raised and discussed at the meeting were the following:

Maynooth Teen Café

Labour Party County Councillor John McGinley told the meeting that Tesco Development Phase 2 was unlikely to be completed before 2011/12 and that the promised community-use premises would not become available till then. However, suitable premises for a new Teen Café/Youth Centre in Maynooth had now been found in the town centre. Some funding was available for this project, and many members of the community have expressed an interest in helping to establish the Café.

John is setting up two committees of people willing to become involved, one of adults and one of teenagers, and anyone interested in helping is invited to join in. The meeting welcomed this development and agreed to set up a Community Council sub-committee to work on this issue. Facilities for teenagers have been particularly lacking in Maynooth for many years, and the Youth Café initiative ties in, in a very timely way, with the present initiatives on the promotion of positive mental health among young people.

Ongoing Community Response re. Mental Health Promotion and Suicide Prevention

Community Council PRO Deirdre Cullen reported that the 'Community Gathering' promoting positive mental health and suicide prevention among young people in North East Kildare, held on 10 October, was very successful.

Presentations were made by Craig Hodges, Headstrong, on the Australian experience, and by Fr. John Dunphy and Kay Healy, North Clondalkin Community Action on Suicide Group, outlining how the community responded to a perceived rise in suicides among young people in Clondalkin, and the role that drug abuse plays in the mental health of young people in that area. The workshops included an interesting discussion of a 'peer-mentoring' scheme for young people in Athboy, and a discussion of the Social Personal Health and Education programme in schools. Feedback on this last topic suggested that parents needed to be more informed about this programme so as to be able to have a positive input, and that the course might be 'revamped' so that young people would engage with it more seriously.

What happens next, how this positive-mental-health-promotion initiative goes forward, is up to all of us in the community, as well as to professionals working in the field—we all need to work together. The Community Response Sub-Group, which organised the seminar, will meet later this month, and hopes to draw members of the wider community into the initiative. Meanwhile, anyone interested in becoming active in this initiative can leave their contact details at the Maynooth Community Council offices at Tesco Shopping Centre, Maynooth. The Community Council is represented on the Community Response Sub-Group, along with many other organisations, and plans to set up a working sub-committee on this issue in the near future.

Crime and Anti-social Behaviour

Maynooth Community Council Chairperson Colm Ó Cearúil reminded the meeting that, following concerns expressed by many community councillors, the Community Council wanted to take an initiative on the issues of crime and anti-social behaviour in Maynooth. Councillor John McGinley pointed out that there is already a Safety group working on these issues in Maynooth. It was decided to invite this group to a Community Council meeting in the near future, with a view to assisting them and collaborating with them in the future.

Visit of Town Councillors from Canet en Rousillion, France

Colm Ó Cearúil reported that a delegation of Town Councillors from Canet en Rousillion, in France, would be visiting at the end of the month, with a view to twinning their town with Maynooth. This delegation is particularly interested in education, sport and tourism.

Rathcoole Community Council Incinerator Campaign Fund

Secretary Muireann Ni Bhrolcháin told the meeting that Rathcoole Community Council had written to Maynooth Community Council seeking financial assistance towards the legal fees they have incurred in their successful appeal to An Bord Pleanála against a proposal to build an incinerator in their area. They pointed out that nearby areas such as Maynooth have been protected against poisonous emissions and dioxins by their action. It was decided that the Community Council executive would see what could be done to assist Rathcoole in some way.

Maynooth Community Library Maynooth Film For All

Maynooth Film for all Club's next film is The Lemon Tree and takes place @ 7.45 in John Hume Lecture in NUI Maynooth on 4th November. This is a multifaceted drama straddling the Palestinian- Israeli divide that's full of irony, generosity, anger and pure crowd-pleasing optimism. Winner - audience Award, Berlin International Film Festival 2008.

Polish Storytelling

Agnes tells stories in Polish for toddlers every Tuesday morning in Maynooth Library. All welcome.

Junior Reading Club

The next meeting of the junior reading group is Tuesday November 3rd between 3.30 and 4.00 p.m. The book to be discussed is Michael Morpurgo's "Alone on a Wide Sea". There are still places available for those who would like to join.

Parent and Toddler Group

A parent and toddler group takes place every Wednesday morning in the library for stories and sing-along.

Maynooth Community Library
Main Street
Maynooth
Co Kildare
Tel: 01 6285530
Email: maynoothlib@kildarecoco.ie
<http://www.kildare.ie/library/maynooth/>

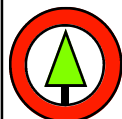
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FIRST ANNIVERSARY

Richardson Harry (2 Parson St. Maynooth) DIED Nov 22nd 2008.

The family of the late Harry would like to thank most sincerely everyone who sympathised with us during our sad loss, to all those who attended the Removal Service or Funeral Mass those who sent Mass cards, letters of sympathy, floral tributes, those who phoned or called to the house to see us personally especially our neighbours and dear friends.

We would like to thank Mr. Flanagan and his team at Blanchardstown hospital, Maynooth Respite centre and Larchfield nursing home. A particular note of thanks to Carmel Clarke and The Hospice Homecare Team from the Curragh , District Nurses Emer and Eileen, and the Management and staff of Moyglare Nursing home who took very special care of Harry during his last few years.

Thanks to Dr. Maurice Cowhey, Dr. Yvonne O'Sullivan, Mairead Riordan, FR. Liam Rigney PP, Fr. Paul Coyne CC , Fr. Joe Cullen and especially Fr. Brendan Casey Chaplain of Moyglare nursing home. Thanks to Reillys Funeral Directors for their courtesy and compassion, Maynooth GAA Club for the Guard of honour, Sandra Brady for Singing at the funeral Mass. The altar society, Maynooth senior citizens committee, and Dermot & Helene O' Neill and the staff of O' Neill's public house.

As it is impossible to thank everyone individually we hope this Acknowledgement will be accepted as a token of our sincere Gratitude.

The Holy Sacrifice of the Mass has been offered for your intentions.

Harry's Anniversary Mass will take place at St. Mary's church Maynooth at 11:30 a.m. on Sunday November 22nd.

University of Third Age

Delighted to report that our Drama class is progressing nicely. It is proving to be stimulating, creative and most importantly fun. Kate our tutor is definitely challenging us but in a very supportive environment. Consequently all the members are stepping outside their comfort zones and taking risks both emotionally and physically! Our imaginations are on fire in our efforts to bring life into what would have been heretofore, inanimate objects. We shall never again look at domestic appliances with the same cold eye. All of life's emotions are being conveyed - the terror, the humour and the romance. We can only assume that Helen's reference to 'the lovers' was simply a Freudian slip. It was a revelation to see Kate weave our personal autumnal associations into a piece of drama. It demonstrated that we ourselves have such potential and are an actual source of material. Ladies break a leg for the Grand Finale!

November meetings are on Friday 13th & 27th at 11.00 in the Community Library.

Further information: Bernadette 01 6289131

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Go See The Book of Maynooth!

The handwritten book of Maynooth is currently on display in the Maynooth Community Library. The Newsletter will feature some of the writings and images from the book over the coming months.

The concept of the Book of Maynooth was originated by the late Stuart Lane of Kilcock early in the year 2000. The idea, based on *The Great Book of Ireland* (1991), was to create a single handwritten book which would contain a representative collection of poems and other writings by authors from the area together with examples of work of local visual artists.

Stuart Lane together with John Conroy and Hilda Dunne headed up the committee which included well known local writer Mary O'Donnell and poet Ann Egan.



The authors were required to handwrite their work on a piece of vellum that and was later bound in high quality leather at Marley Park.

The Newsletter would like to thank Stuart's family, John and Hilda as well as Caoilfhionn Murphy (local artist) for giving us permission to reproduce the writings and artwork in the book.

The inclusion in the Newsletter brings renewed attention to the book that may encourage people in the community to go and see the book to get a proper sense of not only its literary content but also the workmanship and visual beauty of the item itself.

This months feature "A Last Ride Through The Hill Field 1904", a true story written by Hilda Dunne concerning her aunt's journey from Ladychapel to Maynooth to join the Presentation Convent at Maynooth.

Book of Maynooth

A Last Ride Through The Hill Field 1904

Elizabeth looking out the window of the bedroom she shares with her sisters, felt the heat rising towards her from the cobble-stoned farmyard, outside the byre, the cats lay stretched out, replete after the dishes of warm milk which paddy the cowman gave them daily after milking.

The swallows dive bombing them were ignored, but the felines mood would change as they got hungry and small piles of feathers in the corners of the barn told their own tale. She crosses the landing, passing her parents room where she and her siblings were born, moved down the stairs past the grand-father clock which has boomed in the births and deaths of generations of her family.

She paused to stare into the drawing room where mama played the piano on winter's evenings, then into the front parlour where visitors were received before running down the back hall, towards the pantry where gleaming preserving pans stood on their edges on the shelves, into the kitchen where a black leaded range gleamed radiating heat all year. The coal it burned came by train from Dublin to Maynooth, then by horse and cart. Looking into the back parlour which served as a school room, Elizabeth remembered her early schooling before heading off to boarding school and the happy hours she spent playing with her youngest brothers Frank, four years and Ebbie five years and if mama was away bringing the couple of foxhound puppies in to join in the fun.

In the outer farm yard she collected a bridle from the coach house and went into the stables, her grey mare "Cratloe Castle" whinnied with delight when she saw her mistress, who then led the animal out and in to the Chapel fields. She leapt astride instead of side saddle, coaxing her into a canter and then galloped in full flight, Elizabeth with her long fair hair billowing out behind, sailed over the ditch and down the hill field, knowing Mama if watching, would have a fit at the sight of her daughter taking such liberties. Two hours later Elizabeth was sitting with Mama & Papa in the pony and trap on her way to join the local convent an enclosed order where she would spend her life teaching the local children.

It would be forty-four years before she saw her home again when John Charles, the Arch Bishop lifted the ban enclosing the order; in that time the Copper Beech Trees grew to maturity, her parents and some of her siblings had died, and she only three miles away never got to say good-bye to them when they were laid to rest at Lady Chapel Grave Yard.





November Diary Planner



Maynooth ICA

Meetings take place every
1st Thursday of the Month
at 8.00 p.m.
in the I.C.A. Hall in the Harbour
Crafts Every Monday Night at 8.00 p.m.
New Members Welcome

Maynooth Community Library

Maynooth Film for All club's next film is *The Lemon Tree* and takes place on November 4th at 7.45 p.m. in John Hume Lecture Hall in NUI Maynooth.

Polish Storytelling
Agnes tells stories in Polish for toddlers every
Tuesday morning in Maynooth Library.

Parent and Toddler Group
Every Wednesday morning in the library for stories and
sing-along.

Junior Reading Club
Next meeting 3rd November between 3.30–4.00 p.m.

Maynooth Senior Citizens

Sale of Work
takes place on
Sunday 15th November in the
Aula Maxima, Maynooth College at 3 p.m.

Maynooth Toastmasters

Monday 9th & 23rd November in the
Glenroyal Hotel, Maynooth
at 7.45 p.m.

University of Third Age

November meetings take place
Friday 13th & 27th at 11.00 a.m.
in the Community Library.
New members welcome.
Enquires: Bernadette 01 6289131

NUI Maynooth

Department of Philosophy
Seminar Series 2009-2010
Thursdays—12.00 Noon—1.00p.m.
Theatre 2, Arts Building

5th November, 2009 Dr Amos Edelheit,
Philosophy, NUIM
"The Florentine Dispute on Evil"
Response: Dr. Cyril McDonnell
Chair: Dr. Michael Dunne

19th November, 2009 Ms Susan Gottlöber,
Philosophy Department, NUIM
"Tolerance as the Crucial Identity-Generating and
Constituting Momentum in Heterogeneous Societies"
Response: Dr. Amos Edelheit
Chair: Dr. Cyril McDonnell

Maynooth Flower & Garden Club

Christmas Gala
Floral Demonstration by
Alison Bradley N.A.F.A.S.
Tuesday 24th November at 8.00. p.m. in the
Glenroyal Hotel, Maynooth
Admission €15 at door
Ticket/Details Tel. 087 6405 585/ 016286240
Donations to The Alzheimer Society of Ireland and
local charity

If you would like your event for December put into
The Diary please contact The Newsletter
Tel: 01-6285922
E-mail: maynoothcc@eircom.net
Unit 5 Tesco SC
Carton Park,
Maynooth,
Co. Kildare.

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Breaks For Two

November is the time of year when people find they are neither coming nor going. Summer is over, the kids are back to school and the work schedule is more hectic than ever. A night away can be a great way to rejuvenate and refresh, providing the kids are left at home. Here are a few locations that might provide that perfect night without breaking the bank.



The Beacon Hotel

Sandyford Dublin
01 2915000

It's a Couple Thing! Check into the Hotel and enjoy post check in treats in Crystal Bar. Savor a My Thai bento box to share, chocolate-dipped strawberries and a glass of sparkling wine each, before exploring the private space of your bedroom! Dinner in My Thai awaits you much later downstairs, as do the award winning cocktails back in Crystal Bar. Enjoy a "sleep in" the next morning, followed by Full Irish breakfast. Upon check out, we'll include a guide to the famous local Dundrum Town centre; throw in complimentary car parking, and best of all, a VIP Shopping card for Dundrum offering exclusive discounts to Beacon guests. It's a Couples Thing package costs €180 for two or €90 pp sharing based on two people sharing a room.

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01 8436153

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045 867600

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Min Stay : 1

From : €59pps

Description : Enjoy 2 nights accommodation in a deluxe room, with one evening meal, and full Irish breakfast for 2 persons

Min Stay : 2

From : €89pps

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Min Stay : 1

From : €75pps

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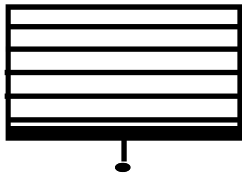


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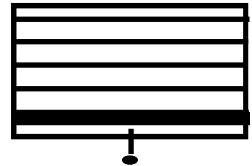
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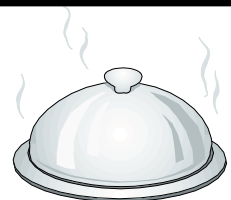
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**The Maynooth Flower
and Garden club**

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Sunday	10.00am-7.00 pm

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Fax: 01 6293763

Recipes

Leek, Onion and Potato Soup

Ingredients:

- 4 large leeks
- 1 medium onion, chopped small
- 175 g Frozen Mashed Potato
- 1 oz (25 g) butter
- 11/2 pints (850 ml) stock,
- 10 fl oz (275 ml) milk
- salt and freshly milled black pepper



Method:

Begin by trimming the leeks, discarding the tough outer layer. Now split them in half lengthways and slice them quite finely, then wash them thoroughly in two or three changes of water. Drain well. In a large, thick-based saucepan, gently melt the butter, then add the leeks, onions and potatoes, stirring them all round with a wooden spoon so they get a nice coating of butter. Season with salt and pepper, then cover and let the vegetables sweat over a very low heat for about 15 minutes. Add the stock and milk, bring to simmering point, cover and let the soup simmer very gently for a further 20 minutes or until the vegetables are soft – if you have the heat too high the milk in it may cause it to boil over. Put the whole lot into a blender. Leave it to cool a little first, and blend to a purée. Return the soup to the saucepan and reheat gently, tasting to check the seasoning. Add a swirl of cream or crème fraîche before serving and sprinkle with freshly snipped chives or parsley.

Irish Stew

Ingredients:

- 1-1½ kg neck or shoulder of lamb
- Bouquet of parsley, thyme and bayleaf (tied together with twine)
- 3 large onions, finely chopped
- Salt and freshly ground black pepper
- 3-4 carrots, chopped into bite-sized pieces
- 1 small turnip, chopped into bite-sized pieces
- Some small new potatoes, peeled and quartered, or large potatoes, peeled and chopped
- 75-100g cabbage, shredded
- Finely chopped parsley and dash of Worcester Sauce

Method:

Remove the meat from the bone, trim off all the fat and cut into cubes. Keep the bones, place the meat in a pot, cover with cold salted water. Bring to the boil, drain and rinse the lamb.

In a fresh pot put the meat, bones, bouquet of herbs, onions, seasoning, carrots, leeks and turnip and cover with water. Simmer gently for one hour. Skim off the foam as it rises. (This is very important for the final flavour and appearance of the stew.) Add the potatoes and continue cooking for 25 minutes. For the last 5 minutes add in the cabbage. When the meat and vegetables are cooked remove the bones and bouquet for herbs. Stir in the chopped parsley and a dash of Worcester sauce. Serve in deep bowls with soda bread.

Autumn Pudding

Ingredients:

- 675g / 1 1/2 lbs Autumn Fruits (cooking apples, blueberries, etc.)
- 175g / 6oz Self Raising Flour
- Pinch of Cinnamon
- 125g / 4oz Margarine (at room temperature)
- 125g / 4oz Light Brown Sugar
- 2 Eggs
- 4 tablespoons Cold Water
- Sugar to sweeten fruit



Method:

Preheat oven to 190°C/375°F/Gas 5. Lightly grease an ovenproof pie dish.

Peel, core and slice apples. Mix the fruit used and place in the prepared pie dish; sweeten with sugar.

Put the remaining ingredients into a large mixing bowl and using the "all in one" method, beat all ingredients together until smooth.

Spread over the fruit and bake until nicely risen and golden brown, about 40 minutes. Serve hot with custard, cream or ice cream.

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LETTER TO THE EDITOR

A CHARA,

As many of your readers may or may not know, Thursday September 17th was the date for this years annual coffee morning in aid of the Hospice Foundation. I held such an event at my house that day and I would like, through your pages, to thank some people, without whom the occasion would not have been a success. To all those people who donated cash, raffle prizes or their time I extend a sincere thanks. Thank you also to the people who attended the coffee morning. A sincere word of thanks to my family, friends, and neighbours without whom I could not organise such an event.

As always the generosity of the people of Maynooth has not been found wanting and the final sum raised at my house on the day was €4,600, for which St. Brigids Hospice, The Curragh are most grateful. The Hospice foundation does fantastic work discreetly and professionally and all too often this goes unrecognised.

The annual coffee morning gives us all a chance to show our appreciation and as such I hope I can count on your support again next year.

It is impossible to name everyone individually so I hope this acknowledgment will be accepted by one and all as a token of my gratitude.

THANK YOU
May Daly

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"Highway Man" Steve Collins



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Features

Kylie Minogue

Kylie Ann Minogue was born on the 28th of May 1968 in Melbourne Australia. She is an Australian pop singer, songwriter and actress. After beginning her career as a child actor on Australian television, she achieved recognition through her role in the television soap *Neighbours*, beginning her career as a recording artist in 1987. Her first single, “Loco-Motion” spent seven weeks in the Australian single charts and became the highest selling single of the year. She was the first child of Ronald Charles and Carol Ann Jones. She has one sister Dannii also a singer and actress and one brother called Brendan who works as an news cameraman.



Her singles were well received but after four albums her record sales were declining and she left Stock, Aitken & Waterman in 1992. Minogue returned to prominence in 2000 with the single “Spinning Around” and the dance-oriented album *Light Years*, and she performed during the closing ceremonies of the 2000 Sydney Olympics. Minogues’ breast cancer diagnosis in 2005 led to the postponement of the remainder of her “Showgirl” — The Greatest Hits Tour and her withdrawal from the Glastonbury Festival. Her hospitalisation and treatment in Melbourne resulted in a brief but intense period of media coverage, particularly in Australia, where the Prime Minister issued a statement supporting Minogue.

On July 8 2005 she made her first public appearance after her surgery, when she visited a children’s cancer ward at Melbourne Royal Children’s Hospital. She returned to France where she completed her chemotherapy treatment at the institute of Gustav-Roussy in Villejuif near Paris. In December 2005 Minogue released a digital –only single, “*Over the Rainbow*”, a live recording from her “*Showgirl*” Tour. Her children’s book, “*The Showgirl Princess*” written during her period of convalescence, was published in October 2006, and her perfume, “*Darling*” was launched in November.

2006-present Showgirl : The Homecoming Tour, X and Kylie X2008.

In November 2006, Minogue resumed her *Showgirl :The Homecoming Tour* with a performance in Sydney. She had told the journalists before the concert that she would be highly emotional, and she cried before dedicating the “*Epecially for You*” to her dad a survivor of prostate cancer.

In February 2007, Minogue and Olivier Martinez announced that they had ended their relationship, but remained on friendly terms. Minogue was reported to have been saddened by false accusations of Martinez disloyalty. She defended Martinez, and acknowledges the support he had given during her treatment for breast cancer, commenting “he was always there, helping with the practical stuff and being positive. In late September 2008 Minogue made her Middle East debut as the headline act at the opening of Atlantis. The Palm, and exclusive hotel resort in Dubai, and from November, she continued with her *Kylie 2008 Tour*, taking the show to cities across South America, Asia and Australia. The tour visited 21 countries, and was considered a success, with ticket sales estimated at \$70,000,000.

She hosted the 2009 *Brit Awards* on 18 February 2009 with James Corden and Mathew Home. She is scheduled to embark upon her first North America tour, which will include shows in the U.S. and Canada during September and October 2009.

Minogue has been inspired by and compared to Madonna. In January 2007 Madame Tussaud’s in London unveiled its Fourth waxwork of Minogue, only Queen Elizabeth II has more models created. On 23 November 2007, a bronze statue of Minogue was unveiled at Melbourne Docklands for permanent display. Kylie always shines at what she does and she is a wonderful symbol of our modern times.



Michael Fitzpatrick T.D.
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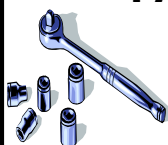
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November in the Garden

Perennials, Annuals, and Bulbs

Make sure that the canes of your climbing roses and other vining plants are securely fastened to their supports. Winter winds can whip and severely damage unprotected plants. Don't tie them so tightly that the string or twist-tie cuts into the stem. I recommend using a length of an old nylon stocking because it will stretch as the plant grows, rather than cutting into the stem, as string will do.

Mound five to six inches of soil around the bases of your hardy fuchsias and roses. Use soil from another part of the garden, rather than risking damage to the roots by digging around the base of the plant.

Cut Chrysanthemum stems to 2-3 inches from the soil once they have begun to die back.

Fruits and Vegetables

Cut the tops off your asparagus plants, and add a winter dressing of aged manure to the bed.

Cover strawberries two inches deep with hay or straw.

Secure your raspberry canes to stakes to protect them from being whipped by the wind.

Lawns

If you haven't already applied an Autumn or Winter type of lawn fertilizer (20-9-9), now is the time to do it. This encourages good root development and helps improve the colour of the lawn. Lime can also be applied, if needed.

Give your lawn a good raking to lift away accumulations of debris.

Keep leaves raked from the lawn. They should be composted. Alternatively, you can just mow over them, turning them to a mulch which adds important nutrients back to the lawn.

House Plants

Winter heating dries the air out in your home considerably. Help your house plants survive by misting them or placing the pots on a pebble filled tray of water to ensure adequate humidity and moisture.



Pot up some Spring flowering bulbs for indoor colour during the winter. Store the pots in a cool, dark place, until new growth emerges from the soil, and then move them to a bright window.

Continue to watch for insect or disease damage and take the necessary steps to control the problem.

Make leaf mould

Most leaves can be turned into leaf mould, but some take longer to compost than others. Oak, alder and hornbeam will soon rot down, while sycamore, beech, horse chestnut and sweet chestnut take a little longer. Leaves from conifers and evergreen plants will take between two and three years to compost and are best added in small quantities only, shredding them first to help speed up composting.

If you only have a small garden, you can save them in bin liners, but if you have the space - and a lot of leaves to collect - try building a leaf bin.

Prepare the greenhouse for winter

Before the winter sets in, clean the exterior of the greenhouse by washing the panes of glass with warm water and a sponge.

Minding our feathered friends

If you're a bird lover, one of the best things that you can do to help wild birds through a difficult winter is to provide a source of fresh water in freezing conditions. When temperatures plummet, it can be difficult for wild birds to find a source of water. If you keep a plastic sheet in your birdbath to help you remove frozen water and replace it regularly with fresh, the birds will find it.



Many people like to supplement their garden birds' diet with extra food – especially in the winter. This can be a real life-saver in harsh weather. What benefits the birds also benefits the human inhabitants of the house, by the addition of beautiful wild creatures and hours of entertainment.

There is also an important knock-on effect for the organic gardener – birds will get used to searching for food in your garden and will search for greenfly, caterpillars and snails during the rest of the year.



Áine Brady, Fianna Fáil T.D.

Working For You In Your Area



Contact Details

Dáil office: Dáil Eireann, Kildare Street, Dublin 2
Maynooth Constituency Office: No. 4 Centre Point Mall, Maynooth
Tel: 01 618 3057, Fax: 0 618 4510
E-mail: aine.brady@oireachtas.ie

Advice Centre Details:

Every Monday at 11.30 am	Constituency Office, No. 4 Centre Point Mall, Maynooth
1st Monday of every month at 8 pm	Leixlip GAA
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FLOWER ARRANGING

Using Floral Foam Effectively

Choose the right foam for the flowers you are using. Generally, green water-retaining foam is for fresh flowers and foliage, whilst the brown stiffer foam is for dried or artificial flowers.



Always soak your foam in a bucket or large bowl - never under the tap as this can leave dry spots inside the foam which can't be detected from the outside. This can cause stems to wilt. Fill your bucket or bowl with fresh water, then drop the foam onto the water. Allow it to take up the water naturally (this takes only around 20 seconds for today's modern foams). Do not push the foam under the water. When the top of the foam is level with the surface of the water, take it out immediately and allow it to drain. Over soaking can cause the foam to break up in use.

For traditional arrangements, always cut your floral foam so that it is about 1" higher than the rim of your container. This allows plant material to be arranged more naturally, with some stems flowing down to the sides and front of the arrangement. If the foam is level with the rim of the container, then you can only arrange your stems sticking upwards, resulting in a stiff, unnatural look.

When pushing stems into the foam, make sure that the bottom of the stem stays in contact with it. This means that if you push a flower in too far, don't just pull it up, as this will leave an air-pocket under the stem, causing it to wilt. Always start another hole.

Keep the foam supplied with water daily. Plant material uses the water stored in the foam, and once this has dried out, the flowers will wilt.

When using anchor tape to secure your foam into position, try squeezing it together as it passes over the foam - this will make it narrower and give you more room on the foam. How many times have you tried to insert a stem, only to find tape?

If your floral foam fills the rim of the container, there will be no room to add water without it spilling over the edge of the container. You can get round this by cutting a V shaped notch in the foam before inserting it into the container. It will then be easy to pour water into the notch without it spilling over.

Although it's tempting, never re-use foam. If your foam already has holes from a previous arrangement, then you could be putting your stems into thin air! This will create an air lock under the stem, causing it to wilt.

If you have soaked your foam, but find you have more than you need, then keep any left over foam in a plastic bag until you need it. Once soaked foam has dried out, it becomes very difficult to soak again. If you're really desperate, then soaking the foam in very hot water will help it to take up the water again.

I have found that the best way to make arrangements with daffodils, tulips, and other very soft stemmed flowers it to cut the flower to the size you require and then press a straw into the stem, then cut the straw leaving enough to press into your foam.,

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*Silent are the hours on my own
In brooding thought inside my mind
Sitting on my chair being all alone
Thinking thoughts of many a kind
My life is here with me now
Still living in all of my desire
It is of life I make a vow
That of my beliefs not to tire*

*Still I feel love for everyone
Such passion that is within my life
In deep prayer my soul has gone
Feeling contentment with little strife
In this vast world I am alive
With my senses for to explore
In a troubled world to survive
But I have coped many a time before*

*I feel for this earth much within
This feeling grows stronger in time
In this world my dreams begin
With my active thoughts to unwind
My life is of many an emotion
With my heart troubles to express
It is beauty I give my devotion
That is within my mind to caress*

By Patrick Murray

November Morning

*"A tingling, misty marvel
Blew hither in the night,
And now the little peach-trees
Are clasped in frozen light.*

*Upon the apple-branches
An icy film is caught,
With trailing threads of gossamer
In pearly patterns wrought.*

*The autumn sun, in wonder,
Is gayly peering through
This silver-tissued network
Across the frosty blue.*

*The weather-vane is fire-tipped,
The honeysuckle shows
A dazzling icy splendor,
And crystal is the rose."*

By Evaleen Stein

Autum

*"Yet one smile more, departing, distant sun!
One mellow smile through the soft vapory air,
Ere, o'er the frozen earth, the loud winds run,
Or snows are sifted o'er the meadows bare.
One smile on the brown hills and naked trees,
And the dark rocks whose summer wreaths are
cast,
And the blue gentian-flower, that, in the breeze,
Nods lonely, of her beauteous race the last.
Yet a few sunny days, in which the bee
Shall murmur by the hedge that skirts the way,
The cricket chirp upon the russet lea,
And man delight to linger in thy ray.
Yet one rich smile, and we will try to bear
The piercing winter frost, and winds, and
darkened air."*

By William Cullen Bryant

I Do Not Mind You, Winter Wind

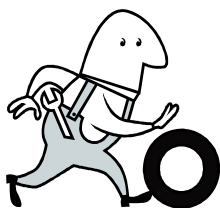
*I do not mind you, Winter Wind
when you come whirling by,
to tickle me with snowflakes
drifting softly from the sky.*

*I so not even mind you
when you nibble at my skin,
scrambling over all of me
attempting to get in.*

*But when you bowl me over
and I land on my behind,
then I must tell you, Winter Wind,
I mind . . . I really mind!*

By Jack O'Connor

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Invitation

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**After an update on the Maynooth Tidy Towns activities for 2009 and a review of the
town's performance in the
National Tidy Towns Competition 2009 we will present the prizes to this year's
competition winners:**

Business Premises Awards

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- Estates less than 25 years old
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You are welcome to join us on the night

ANIMALS IN DANGER OF EXTINCTION

The Giant Panda

High in dense bamboo forests in the misty, rainy mountains of south western China lives one of the world's rarest mammals, the Giant Panda, also called the Panda. Only about 1,000 of these black and white relatives of bears survive in the wild. Pandas eat almost nothing but bamboo shoots and leaves and used to be able to move quite easily from one mountain top to another in search of food. The valleys are mostly inhabited by people. Pandas are shy and they don't venture into areas where people live. This restricts pandas to very limited areas. The most serious threat to the panda is loss of habitat. Already confined to small remote areas in the mountains of China, much of their natural lowland habitat has been destroyed by farmers, development and forest clearing, forcing them further upland and reducing and fragmenting their habitat. This fragmentation of habitat is detrimental to the panda's ability to find food.



To save Panda habitat, the Chinese government has set aside 12 nature preserves where bamboo flourishes and giant pandas are known to live. Fragile Panda habitat will be protected from development by people and also from damage caused by cattle, sheep and goats as they graze on any emerging seedlings and trample the thin mountain soil. Efforts are being made to introduce Pandas to new areas not currently occupied by it in order to expand its habitat. Strips of land, called bamboo corridors, have been created to help pandas migrate or move from one area to another. This technique opens more habitat to pandas. When pandas move greater distances to find mates, they can spread their genes further in the population.

The Mountain Gorilla

Youngsters tumble, climb, and run playing follow the leader. Another group plays a rowdy game of king of the mountain. Several adults watch the action, relaxing nearby. Is this a playground scene at school? No, guess again. It's a lush mountain forest high in the Virunga mountains of Africa, and the playmates are young mountain gorillas under the watchful eyes of their mothers.

Mountain gorillas have been on the brink of extinction for decades. There are just 700 mountain gorillas left in the wild and it is estimated that 200 of those live in the Democratic Republic of the Congo (DRC). The other populations live in Rwanda and Uganda.



The situation for mountain gorillas has not improved despite the best efforts of conservation organizations around the world. In July 2007, four mountain gorillas were found slain in the DRC. The rangers who protect the gorillas in the DRC's Virunga National Park have been unable to even visit the gorilla groups in the past three months, as fighting by rebel groups has become too intense. In the past decade more than 100 rangers have lost their lives trying to protect the gorillas and many had not been paid by the government for years.

Saving the mountain gorilla is important, not just because it's an incredible animal, but also because the tourist income can make a real difference to the lives of the people living in the area. Rwanda's main tourist attraction is its mountain gorillas and the money and visitors they attract have helped fuel the country's economy. The communities living near the mountain gorillas protected areas are also benefiting directly.

Dian Fossey, the American zoologist known throughout the world from the movie "Gorillas in the Mist," is credited with the first successful anti poaching efforts in the gorillas' park. Beginning in 1963, she and her staff regularly patrolled the forest and removed snares set to capture antelope and other animals. Although gorillas were not the poachers' main targets, snares often trapped gorillas and they lost a hand or a foot to infection. Fossey's efforts were too successful for her own personal safety, and she made the ultimate sacrifice 20 years after her work began: she was murdered in 1985, presumably by poachers.

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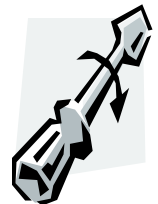
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Kildare County F.C.'s Record Since Joining the Eircom League !!!



Kildare County FC was formed as recently as March 2002. The club crest shows a horse's head inside a football. A horse's head was chosen because the area where the club is based are known as the

Thoroughbred County and their nickname is "The Thoroughbreds." The football represents the sport played by the club. The Club's colours are Black and White. The current manager is Joe Somerville and he was appointed in April 2009. They are based in Newbridge and play their matches at Station Road.

Kildare County's first manager was Dermot Keely (2002-2003).

- In 2004 Kildare County narrowly missed out on a playoff spot against the second last team of the Premier Division in 2004, finishing fourth in a season where three teams were promoted to the Premier Division.
- Kildare County became the first side to defeat Athlone Town in their new stadium in Lissywoolen on April the 14th 2007. Kildare County won the fixture 2-0 with Padraig Amond scoring twice, the first goal being the first ever opposition goal to be conceded by Athlone at their new venue.
- Captain Philip Byrne made his 100th appearance for the Kildare County in all competitions in the sides 1-0 victory over Finn Harps on 21 April 2007 while Alan Byrne made his 100th appearance for the club in the 1-0 defeat to Cobh Ramblers in Saint Colmans Park on October 6th.
- In 2008 Kildare County were to suffer their biggest ever loss and record their biggest ever victory in the space of under a week. The thoroughbreds suffered a 6-0 defeat to Dundalk and less than 7 days later beat Monaghan United 4-0.
- In 2009 Kildare County after losing their licence were allowed play in the First Division in place of Cobh Ramblers on



February 16th. Kildare County were themselves in financial difficulties and were forced to slash the players wage bill in order to survive.

Their worst defeat came against Sporting Fingal who put eight past the hapless goalkeeper in front of a home crowd at Station Road. The final straw for the man in charge came in Century Homes Park after a 5-1 drubbing to Monaghan who were also winless and only on 1 point before that match.

Kildare County F.C's current panel and their positions.

Goalkeepers:

Darren Kelly Colin Cassidy

Defenders:

Paul Mooney, Liam Tiernan, Colin Murray, David O'Connell, Dean Lawrence, Colin Osbourne, Baba Issaka, Daithi Garry and Matty Byrne

Midfielders:

Cathal Brady, Gavin Kinsella, Craig Purcell, Davy Byrne, Owen Kavanagh, Orrin Farrell, Paul Rigney Noel Byrne, Darren O'Brien, David Jackson and Christy Doran

Forwards:

Philip Hughes, Paddy Mahon, Dean Barrett, Trevor Bowers, David O' Riordan, Alan Lynch and David Lee. *Club management and administration:*

Chairman: Pat O' Hanlon

Secretary: Jimmy Dowling

General Manager: Michael Casey

Financial Controller: Regina Casey

Public Address Announcer: Jamie Quinn

Directors:

Michael Casey

Paddy Whelan

Jack Connolly

Pat O' Hanlon

Jimmy Dowling

Manager: Thomas Donnelly

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Paramedic: N/A

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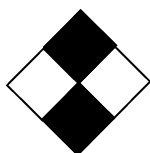
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Clubs, Organisation And Societies

Maynooth Citizens Information Centre Know Your Rights

Question

My working week was reduced to 3 days a while ago and I get Jobseeker's Benefit (JB) for the days that I don't work. I have been informed that the JB payment is due to end shortly. Can I re-qualify for this payment after working a 3-day week for the next 13 weeks? What are my options?

Answer

You are referring to the general rule whereby someone who has used up their entitlement to Jobseeker's Benefit may re-qualify by working and paying the appropriate PRSI contributions for at least 13 weeks.

However, in order to qualify for Jobseeker's Benefit you need to have suffered a "substantial loss of employment". When you originally went on a reduced working week you would have satisfied this condition. However, if your employment pattern has not changed during the course of your JB claim you are now classified as a part-time worker for the purposes of assessing any new claim. As a result, the 3 days that you don't work will no longer be regarded as substantial loss of employment, and you will not re-qualify for Jobseeker's Benefit after 13 weeks of part-time work.

Depending on your earnings and your family circumstances, you may be able to apply for Jobseeker's Allowance for the 3 days that you don't work. Alternatively, you may qualify for Family Income Supplement (FIS) which is a payment from the Department of Social and Family Affairs to help people at work on low incomes to support their families.

While you are still getting Jobseeker's Benefit, you may qualify for a place on the new Short-Time Working Training Programme (run by FÁS) and continue to get your Jobseeker's Benefit. The programme allows participants to improve or add to their skills. The training offered is flexible, in order to allow people to complete the courses if they return to full-time work. Places are limited. Contact your local FÁS office.

Question

Having lost my job, I am about to apply for Jobseeker's Benefit. As I live in a very remote area, it will be hard for me to travel to sign on every week. Are there any concessions for people in my position? Also, how do I collect my payment?

Answer

In general, people claiming Jobseeker's Benefit are required to go to their Social Welfare Local Office once every 4 weeks (not weekly) and declare that they are still unemployed and looking for work. This is called "signing on". The Social Welfare Local Office gives each person a date and a time to sign on each month.

This general arrangement applies to people who live 10 miles or less from their nearest Social Welfare Local Office.

There are special arrangements for people who live over 10 miles from their nearest Social Welfare Local Office. If you live this far away, you may be allowed to sign on every 12 weeks instead.

Your Jobseeker's Benefit will be paid weekly by the Department of Social and Family Affairs, but you do not have to call to the Social Welfare Local Office to collect it. You can collect it from your nearest Post Office each week.

(Continued on page 36)



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Clubs, Organisation And Societies

(Continued from page 34)

When collecting your payment, you must bring valid photographic identification with you, such as your driving licence, your passport or a registration card issued by the Garda National Immigration Bureau (GNIB). Staff working in the Post Office may ask to see your photo ID before giving you your payment.

Question

I am setting up my own business and will need to pay self-employed PRSI. How do I register for this? What does self-employed PRSI cover? How do I continue contributing if my business closes?

Answer

Up to 2007, people starting self-employment were required to register as self-employed with the Department of Social and Family Affairs by completing form SE3, as well as registering with the Revenue Commissioners.

However, since 2007 it is no longer a requirement to register separately with the Department. When you register as self-employed with the Revenue Commissioners you will automatically be registered for PRSI. You will find information on registering as self-employed (using form TR1) in booklet IT 48 Starting in Business. Both form and booklet are available on www.revenue.ie.

When you are registered for PRSI you will pay at Class S. This class applies to self-employed people, including certain company directors, people in business on their own account and people with income from investments and rents. It doesn't cover you for jobseeker, illness or disability payments, but it does cover you for the following social insurance payments:

- Widow's and Widower's (Contributory) Pension
- Guardian's Payment (Contributory)
- State Pension (Contributory)
- Maternity Benefit
- Adoptive Benefit
- Bereavement Grant

If your business closes and you stop being self-employed, or if your annual income falls below €3,174, and you are under age 66, you may apply to become a voluntary contributor.

Voluntary contributions give cover for the pensions that you were covered for when you were last working and paying compulsory PRSI. To become a

voluntary contributor after self-employment, you must have worked and paid PRSI for at least 260 weeks and apply within 12 months after the end of the tax year during which you last paid PRSI.

Question

My parents have been getting the free TV licence, electricity allowance and similar benefits for several years. However, my father died recently. Can my mother still claim these benefits? She is in her early sixties and now lives alone.

Answer

You are referring to the Household Benefits Package, which covers a Telephone Allowance worth €26 per month as well as an electricity or gas allowance and a free TV licence.

Since your late father was getting the Household Benefits Package and your mother is aged between 60 and 65, she may now qualify for the Household Benefits Package in her own right by availing of a special concession for widowed people in this age group.

She must be getting one of the following payments:

- State Pension (Transition)
 - Widow's/Widower's (Contributory) Pension
 - Widow's/Widower's (Non-Contributory) Pension
 - One-Parent Family Payment (Widows/Widowers)
 - Widow's or Widower's Pension under the Occupational Injuries Benefits Scheme
 - An equivalent social security pension/benefit from a country covered by EU Regulations or from a country with which Ireland has a Bilateral Social Security Agreement
 - An ordinary Garda Widow's Pension from the Department of Justice, Equality and Law Reform
- She may have to produce documentary evidence proving that your late father was getting the Household Benefits Package.

She will have to change the TV licence, electricity and telephone accounts into her own name.

Further information is available from Citizens Information Centres and from the Citizens Information Phone Service, Lo-Call 1890 777 121.

Marian Gale

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Maynooth GAA News



Back Row left to right Siobhan O'Shea, Niamh Kearney, Karen Feehan, Elaine Kelly, Emma Lynch, Aoife Toomey, Louise Doran, Samantha Ward, Stephanie Gavin, Clare McNamara, Grainne Hoban, Laura Tierney, Amy Morrissey, Tara Fagan.

Front Row Left to Right Ciana Heneghan, Jenny Dwyer, Eimear Sinnott, Sarah Greally, Hannah Stack, Kate Montgomery, Louise Walsh (Captain), Kerry Faherty.

Ladies Under 18,s Division 1 County Champions

Maynooth Team and Scores

Niamh Kearney		
Kerry Faherty	Laura Tierney	Siobhan O'Shea
Sarah Greally	Louise Walsh (0-2)	Louise Doran
Grainne Hoban (-1)	Claire McNamara	
Stephanie Gavin	Kate Montgomery (-2)	Amy Morrissey
Ciana Heneghan (2-1)	Samantha Ward (1-0)	Tara Fagan

Subs: Elaine Kelly (1-0) for Tara Fagan, Hannah Stack for Siobhan O'Shea (injured)
Aoife Toomey for Kerry Faherty (injured), Karen Feehan for Stephanie Gavin, Tara Fagan for Karen Feehan,
Jenny Dwyer, Emma Lynch, Jenny Tyrrell, Megan McGrath (not used).

Referee: Kevin Hannon (Kilcock)

Maynooth Toastmasters

Maynooth Toastmasters club continues to flourish. Meetings take place on 2nd and 4th Monday of each month @ 7.45 pm in the Glenroyal Hotel.

The meetings are most enjoyable and educational.

The Toastmasters programme will help:

1. To improve your ability to speak with confidence.
2. To listed and evaluate other peoples ideas.
3. To learn leadership skills

Guests are always welcome.

On Wednesday 7th October, the club winners of the Humorous Speech Competition Brian Mc Loughlin, and John Dolan Table Topics. Participated in the Area competition in Naas.

For further information, please contact Bridget 087-6365004.



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Invitation

Maynooth Tidy Towns

Annual Awards Night 2009

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Takes Place on Wednesday 11th November in the
Glenroyal Hotel at 8pm (sharp)

After an update on the Maynooth Tidy Towns activities for 2009 and a review of the town's performance in the National Tidy Towns Competition 2009 we will present the prizes to this year's competition winners:

Business Premises Awards

Residential Areas Awards

- Estates less than 25 years old
- Estates more than 25 years old

You are welcome to join us on the night

Maynooth GAA News

Maynooth Retain Minor Camogie Crown

Congratulations to the Minor Camogie team who retained their championship crown after a fierce battle against a strong Celbridge in Donore. Maynooth won this title for the second year in a row with a 4 point win. Well done to all the girls and the management team.



Maynooth 4-6 Celbridge 3-5

The Maynooth Camogie team successfully defended their Championship title with a superb but hard earned victory over Celbridge played in Donore on Sunday last 27/9/09. It was a game which epitomised all the skills of the game- the highest standard of striking, catching in the air, hooking and blocking and some classic solo runs to boot. Celbridge playing against the wind in the first half settled very quickly into their stride and scored a goal and point within 5 minutes with Sinead Cummins raising a green flag and Nicole McDonagh notching a point from the 30 yard mark. Maynooth midfielder Grainne Hoban helped by some superb work from Stephanie Gavin responded with a fine point from play in the 7th minute. Three minutes later the sides were level when Maynooth centre forward Kate Montgomery broke through the Celbridge defence and her goal bound was well saved by Sarah McNiff in the Celbridge goal but goal poacher supreme Ciana Heneghan was on hand to flick the sliotar to the net. A further point from a 45 by Louise Walsh put Maynooth into the lead, but this was short lived when Celbridge corner forward Alison McCarthy took advantage of some hesitancy in the Maynooth defence and goalkeeper Niamh Kearney had no chance with the low ground strike which found the corner of the net. The last 5 minutes of the first half saw an exchange of points between Kate Montgomery for Maynooth and Celbridge full forward Sinead Cummins leaving the half time score.

Celbridge 2-2 Maynooth 1-3.

Celbridge dominated the early stages of the second half and scored a superb goal from Sinead Cummins and point from Claire O'Sullivan to leave 2 goals between the sides. It looked even at this early stage of the second half that Celbridge were on their way to victory but Maynooth had other ideas and were in no mood to give up their crown easily. A long delivery from Louise Walsh found Maynooth full forward Samantha Ward who rounded her marker and handpassed the sliotar to the net in the 42nd minute. This score seemed to revitalise the whole Maynooth team and they were the dominant team for the next 10 minutes. A long range free from Maynooth centre back Louise Walsh was latched onto by Ciana Heneghan who having shrugged off her marker scored the best point of the day from the left wing, Maynooth substitute Elaine Kelly became very influential in the forward line and after winning possession 50 yards from goal she soloed all the way to the 14 yard line before striking an unstoppable shot to the Celbridge net. Celbridge replied with a fine long range point from their midfielder Triona Byrne. Kate Montgomery (from play) and Louise Walsh (long range free) eased Maynooth into a 2 point lead with 11 minutes remaining. Maynooth scored their fourth goal in the 50th minute when a shot from Elaine Kelly was parried by the goalkeeper but Ciana Heneghan pounced to hit the rebound to the net. for the remainder of the game Celbridge mounted a serious assault on the Maynooth defence but their only reward was a point from Claire O'Sullivan. The Maynooth defence held firm with Laura Tierney, substitute Hannah Stack, Louise Walsh and Sarah Greally putting in superb performances.

Celbridge are to be commended on a fine performance but Maynooth were truly deserving of victory and when their inspirational captain Louise Walsh received the Championship Trophy from Kildare Camogie Chairperson Margaret Sexton the joy and ecstasy on the faces of the Maynooth players and supporters was a treasure to behold.

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Maynooth GAA News

BY BUGGY, BY BOAT, BY GORRAH: THEY MADE IT TO CROKER

The Sabbath was meant to be a day of rest but before the country had risen from its bed the 99 walkers from Maynooth GAA club had already travelled seven miles.

And by communion time at first mass they were searching for holy water to cure the sores on the balls of their feet. Fr Paul Rigney didn't offer absolution when they set out at 7 am, like the men of 1916 had received, but he blessed the people before him, who wore green bibs instead of trench-coats and carried water instead of weapons.

Former club secretary, Dominic Nugent, burst from the blocks, using all the experience he has gained walking the streets of Maynooth selling club lotto tickets. Senior hurling manager, Killian Fagan, was quick to overtake him and it was very nearly a case of the hare (Fagan, 40) and the tortoise (Nugent, 66). Fagan took a wrong turn and what he thought was a canal gate turned out to be the guarded entrance of someone's back garden. He made no mistake when he bypassed Nugent the second time.

Michael Cotter chose a different route, literally. The canal was a sickly green sight for the walkers on the embankment but Cotter cruised down the waterway in his kayak. For the last stretch into Croker he had to carry the boat on his back, where he was joined by Maynooth footballer Paul Flood and his baby's buggy. Flood could have done with a push himself but he had to grin and bear the final half mile of the 15 mile route. When they reached Cross Guns bridge, hurling chairman Aidan Sinnott was basking in the sunshine. "When you've got great legs you should show them off," he said with his trademark Wexford wit. "It's a great day for the club and the community. We had a great chat on the way in – we talked about football and hurling and NAMA."

Speaking of money, the north Kildare GAA club made close on €20,000 from their efforts, each walker raising a minimum of €200. Club organiser Eamon O'Flaherty was delighted with the event, in particular the efforts of dual star Joe Brennan and club chairman Colm Nolan (the deadly duo also help to manage the club's under-16 hurling team). Brennan, rising late from his bed as usual, had to jog most of the way and Nolan kept him company despite giving away a couple of decades in age.

When Croker came into view the cameras flashed and the crowds roared. RTÉ's Marty Morrissey was assailed by the marching mob, he roared "the Crom Abú" and Pat Nevin knew that his work was done. "Now can I go to work?" asked Morrissey when Maynooth had finishing posing with him. Next up was former GAA president Nickey Brennan.

"If there's a replay, I'll walk it with ye," he promised.

Finally, current president Christy Cooney broke from his hectic schedule, which included a meeting with An Taoiseach Brian Cowen at 12.17 (some watches had him meeting Maynooth at 12.16), and wished everyone well as they negotiated the toughest part of the day – getting home for a pint.

As the great Pat Nevin often says, winners' medals aren't put into your hand they're printed on your heart. On Sunday the Crom Abú walked back in time and proudly felt the hand of history on their chests.

By Brendan Coffey, Maynooth GAA PRO



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Email: info@maynoothcu.ie

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Maynooth GAA News

Well done Crom Abú



Walkers for Maynooth GAA on return from "WALK TO CROKER" are greeted by Mr. Christy Cooney - President Maynooth GAA



Maynooth GAA supporters at finish line of "WALK TO CROKER"



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Maynooth GAA News

HURLING NEWS

Well done to the Intermediate Hurling Team who won the championship on Sunday, 11 October. They came out on top against a fancied Moorefield side by four points, 2-10 to 0-12 with goals coming from Graham Kenny and TJ Curran. They played the Louth champions in the Junior Leinster Club Championship on Sunday 18 October.

Maynooth team: Declan Buckley; Shane Devereaux, Shane Barry, Harry Oliver; Paul Moylan, Joe Brennan, Hugh Nevin; Ed Cooney, Eanna Lohan; Mark Cummins (0-6fs), Mikey Gillick, Fiachra Lohan (0-1); Graham Kenny (1-1), Karl Ennis (0-1), Feargal Molloy (0-1). Subs: Ger Greally for Gillick; TJ Curran (1-0) for Kenny.

Former Tipperary manager Ken Hogan came to the club on Thursday, 15 October, for a coaching session which was a great success.

FOOTBALL NEWS

The Intermediate Football qualified for the county final against Kilcullen in Newbridge on Saturday, 17 October. Having won the title in 2005, and only losing senior status Maynooth are aiming to make an impressive return to the senior ranks.

UNDER 11 CAMOGIE

The u-11 camogie final in Kilcock on Sunday 4th October was no place for the faint-hearted as Maynooth and Naas went toe to toe in a titanic battle for the Division 1 title, which ended in 0-1 apiece draw. The prediction that this game would go right to the wire proved correct, as an additional ten minutes of extra time was not enough to separate the rivals at the end of a wonderful sporting occasion. While both teams will feel that they could have come away from Kilcock as Division 1 champions, the replay offers the prospect of another great clash in what is fast becoming one of the great match-ups in underage camogie in the county.

Maynooth were slow to start this county final against old rivals Naas, with the girls taking some time to settle into the big day. Naas took advantage of this and had Maynooth on the back foot for long periods of the first half. They got their reward for this pressure when their centre back drove over a fine 45 to give her team a one-point lead. Although Maynooth showed glimpses of what they can do as the half wore on, the signs did not look good as Naas turned over at half-time a point ahead with the advantage of the hill to come in the second half. The second half called for heroes to stand up if Maynooth were to retrieve the situation and as has been the case so often with this team, heroes were to be found all over the field. None more so than Sinead Hever, Aoife Smith and Anne Ward, whose performances turned the game in Maynooth's favour. Team captain and goalkeeper Hever, made a string of excellent saves to keep her team in contention, while in front of her, defenders Ward and Smith relieved the pressure on the Maynooth team with a series of wonderful clearances. Following on from their lead the other Maynooth girls stepped up to wrestle control of the game from Naas. In midfield Roisin O'Neill and Laoise Millar got on top of a strong Naas pairing and set the foundation for a period of sustained Maynooth pressure. This pressure was rewarded with 10 minutes remaining when half-forward Aoife Walsh was fouled as she bore down on goal. The Maynooth supporters held their breath as O'Neill stood over the free 30 yards out from goal and 10 yards to the right of the posts. However, O'Neill seemed to be the calmest person in the ground as she drove the free high and straight between the posts to bring the sides level. Both sides had chances to clinch a late victory, Maynooth's best effort coming when a long clearance from defense found full-forward Aoife Lynch 30 yards from goal. In one movement Lynch rose the ball, turned and drilled a rocket of shot towards the Naas goal. Although it looked for all the world that the final would be decided by this piece of magic the ball flew inches past the wrong side of the upright with the Naas goalkeeper helpless.

With the game level at full time both teams pressed for a victory in the 10 minutes of extra time but neither team could find the breakthrough. In the end a draw was perhaps a fair result and both teams can now regroup and prepare for what will surely be another epic battle in the replay. The spirit and intensity in which this game was played was a credit to every girl involved, and each and everyone of them was a credit to their respective clubs. The date for the much anticipated replay will be posted as soon as a time and venue has been decided.

Maynooth GAA News

Squad: S. Hever, A. Smith, C Jones, S. Monaghan, A.Ward, L.Millett, L.Boyle, R.O'Neill (0-1), L.Millar, B.Kearney, R.NiChonichain-Bhrian, A.Walsh, R.Forde, A. Lynch,A. Monaghan, T.Ganly, E.Coyle, S.Quinn, M.Hamilton, B. Kearney, A. Walsh, M. Hogan, A.M.Howard, M.Doran, G. O'Sullivan, B.Boylan, R.Hever, C.Condron, C.Bristow, A. Hafdioui, N.Jennings

UNDER 13 BOYS FOOTBALL

Maynooth 2-7 Sarsfields 5-5

Although the final score would indicate otherwise - this is a game that Maynooth could and should have won. With both teams missing players and many Maynooth lads struggling with injuries Maynooth were a match for a team that has won every competition they have entered from under 8 til the present. Stunned by an early goal Maynooth gradually pulled back the deficit and should have led at the break with the crossbar coming to Sars rescue when a goal seemed certain. Maynooth played brilliantly and only trailed by a single point after playing against a strong wind and heavy rain. Halftime score 2-3 to 2-2.

Maynooth had Sarsfield's on the ropes in the first ten minutes of the 2nd half and should have built up a lead but unfortunately missed 5 easy scoring opportunities. Sarsfield's could not believe their luck and started to run with the ball. Sarsfield's superior physique and stamina proved crucial. An unfortunate own goal helped them greatly.

Credit to our lads they did not drop their heads but unfortunately we took the wrong option often and many attacks ended in the keepers hands. Maynooth were also unfortunate - having to withdraw several players with injuries.

Well done lads on a great effort. With a bit of luck this game could have gone your way.

I'm sure we learned a lot from this game and will work hard in training over the next few months to build up our fitness and stamina for next year's Feile as we seem to have a habit of fading out of games in the last 20 minutes,
The management will take advantage of playing many challenge games to help in this regard,

MINOR CAMOGIE

Congratulations to the Minor Camogie team who retained their championship crown after a fierce battle against a strong Celbridge in Donore. Maynooth won this title for the second year in a row with a four point win. Well done to all the girls and the management team.



Juicing - The Healthy Alternative

One of my recent articles entitled "How I Ate Myself Healthy," I mentioned how I invested in a new juicer and how you can get the best out of your fruit and vegetables.

Since then I have acquired a new blender courtesy of a present from my better half as well and this means that I can combine both the goodness from the juicer and the blender combined. And to help me get the best out of both I bought a book entitled "The Juice Master" by juicing expert Jason Vale. I tried this over the weekend and I have to say some of the recipes contained within this book are not only good for you but he gives a breakdown of all the different juices and smoothies and what health benefits you get from drinking each juicy recipe.

One of the recipes that I found was good for your skin and would benefit me was a recipe which puts elasticity back into your skin and it was a smoothie called "Skin Deep." The ingredients needed are as follows:

½ Avocado
6 Brazil Nuts
¼ Cucumber
Stick Celery
4 Large Apples (**preferably Royal Gala**)
4 Ice Cubes

Method:

Juice the apples, cucumber and apples only and add to the blender along with the ice, avocado and brazil nuts.

Blend for 45 seconds or until smooth and add to a deep wine glass. Taste the goodness and enjoy. Contained in this recipe are vitamins A, B, A1 B1, B2 B3, B5, B6 C and E. Contained within these vitamins are riboflavin, iron, calcium, copper, phosphorus, zinc, magnesium, folic acid, beta-carotene, selenium, lecithin and essential fatty acids. Brazil nuts contain lecithin, selenium and essential fatty acids all of which are vital in holding your skins elasticity and a good

complexion. The lecithin in the brazil nuts are a natural fat emulsifier and as such helps the body to absorb the essential fats needed for good skin.



Cucumbers are excellent for rejuvenating muscles and are also best natural diuretic known to woman or mankind and are simply excellent for any skin problem. The juice of the celery helps to flush the system of excessive carbon dioxide, which plays a part in the body's largest organ - the skin. Apple juice doesn't just taste refreshingly good but is also excellent for cleaning the colon and promoting good-looking skin.

Avocado contains essential fatty acids in (omega oil form), which all helps to promote excellent skin.

Other areas of the book advises you to eat slowly in order to give your digestive system a chance to break down the food so that those parts of your body gets the essential vitamins it needs. Also as I have said before regular exercise and drink at least 2 litres of water a day as this helps flush out toxins out of your system.

Jason has researched the benefits of fruit and vegetables and how we tend to take these powerful products for granted and that if we ate and indeed drank more of its properties then we probably wouldn't be running to the doctor quite as often as we tend to at the moment.

From a personal point of view since I changed my diet I know I feel a whole lot healthier then I did a few years ago and I'm just sorry that I had not tried this diet a lot sooner and people often tell me that I look a good deal healthier. That is all down to sound nutritional advice and a bit of hard work on my part even if I say so myself.

The Juice Master can be bought from any of the main bookshops in your area. This book contains some excellent nutritional advice, not just on juicing but how best we should look at food and in particular food labels.

Horoscopes



ARIES—March 21—April 20

You're not sure you're doing the right thing, but as long as no one is correcting you, move ahead. Hesitation will cause a loss. With confidence you'll figure things out eventually. Your lucky day is Monday, Number 3, Colour Green.



TAURUS—April 21—May 21

You'll be in an effusive mood. Your warm and specific compliments go straight to the heart of the one you love. A Leo connection is highlighted. Your lucky day is Sunday, Number 8, Colour Blue.



GEMINI—May 22—June 22

Stay open to the possibilities. Someone who is not your type will hold a fascination. You may not hit it off immediately, but this person will grow on you. Your lucky day is Wednesday, Number 36, Colour Red.



CANCER—June 23—July 23

An opportunity that will allow you to profit and learn will present itself. Make last-minute changes if it will ease your mind and secure your position. Domestic problems will surface, stay calm. Your lucky day is Friday, Number 2, Colour Purple.



LEO—July 24—August 23

An opportunity will occur, be ready to take on the challenge. You won't have to look far to find answers, but verify the facts you're given. An exaggerated point of view can throw you off course. Your lucky day is Wednesday, Number 27, Colour Navy.



Virgo—August 24—Sept 23

You'll be inclined to take on someone else's responsibility. In doing so, you will open up communication with someone who has something to offer. Meeting someone extraordinary will change the way you think about your future. Your lucky day is Tuesday, Number 42, Colour Ivory.



LIBRA—Sept 24—Oct 23

You will want to make a generous move. Consider first whether this is really fair to everyone, especially you. Act responsibly, but don't be a scapegoat. Your lucky day is Saturday, Number 50, Colour Violet.



SCORPIO—Oct 24—Nov 22

If something doesn't seem right, it probably isn't. Don't give in to anyone trying to persuade you to make unnecessary changes. Stay put until you have the protection you need to move forward. Your lucky day is Tuesday, Number 25, Colour Pink.



SAGITTARIUS—Nov 23—Dec 21

Someone will criticize you for your inability to follow through with a promise. Trying to talk your way out of a situation may work at first, but sooner or later, you will be asked to keep your word. Your lucky day is Monday, Number 18, Colour Cerise.



CAPRICORN—Dec 22—Jan 20

Don't let past pressures or memories stand in your way. Old emotions may flare up, but you have to do what's best for yourself. Love is in the stars. Your lucky day is Saturday, Number 19, Colour Grey.



AQUARIUS—Jan 21—Feb 19

Someone may be uncertain about where you fit into their future. If you can't get a straight answer, move on and cut your losses. Invest in yourself by signing up for a course, investing your money or doing something to update your look. Your lucky day is Wednesday, Number 14, Colour White.



PISCES—Feb 20—March 20

You may have to answer questions if you haven't done things by the rules. A relationship will need a little tender loving care if you don't want to send the wrong signal. A short trip for two can do wonders for your love life. Your lucky day is Tuesday, Number 21, Colour Sky Blue.

Easy									
3	2	1	8	9	5	7	6	4	
4	7	5	1	6	2	3	9	8	
9	8	6	7	3	4	1	2	5	
1	6	9	2	5	7	8	4	3	
5	3	7	4	8	9	2	1	6	
2	4	8	3	1	6	9	5	7	
7	5	4	9	2	3	6	8	1	
8	9	3	6	4	1	5	7	2	
6	1	2	5	7	8	4	3	9	

Medium									
4	2	8	7	6	9	1	3	5	
3	6	9	5	1	4	8	7	2	
7	1	5	3	8	2	4	9	6	
8	5	6	4	2	7	9	1	3	
2	9	4	6	3	1	5	8	7	
1	7	3	8	9	5	6	2	4	
6	8	7	9	5	3	2	4	1	
5	4	2	1	7	8	3	6	9	
9	3	1	2	4	6	7	5	8	

Difficult									
6	7	8	4	3	5	9	2	1	
2	3	1	7	9	8	6	4	5	
4	5	9	2	1	6	7	3	8	
5	1	6	9	2	7	3	8	4	
9	2	4	8	6	3	5	1	7	
3	8	7	5	4	1	2	6	9	
1	4	5	3	7	2	8	9	6	
8	6	3	1	5	9	4	7	2	
7	9	2	6	8	4	1	5	3	

Super-Difficult								
6	1	8	9	7	2	5	4	3
5	7	4	8	1	3	9	6	2
2	3	9	4	6	5	1	7	8
1	8	3	2	9	4	7	5	6
7	4	2	1	5	6	8	3	9
9	6	5	7	3	8	2	1	4
4	2	6	5	8	1	3	9	7
3	5	7	6	2	9	4	8	1
8	9	1	3	4	7	6	2	5



Solutions

3	5							
	2		8					
			3					
	4	2	8					
		3						
1				9	2			
2		9	6					
					8			
	1							

Super Difficult

	5		4	8				
					1	3		
		8			3	5		
6	9				5			3
	1						2	
4			7				1	5
		7	6			9		
		6	8					
				3	4		7	

Difficult

8			6					
	6				1		4	5
		2		5	9	7		
				9		3	7	1
		5	1		6	4		
3	1	9		2				
		4	2	8		5		
2	7		4				6	3
5			9			8		

Medium

			1		5		8	4	9
		9						7	
7	5	4		2				8	
	4	8		1	3			5	7
	3				4		9	1	
1	6			5		7	8	4	
9	8			3				1	5
		5		1			3		
3						5			6

Easy

Party Political-Labour News



Emmet Stagg T.D.

Maynooth Labour News



Cllr. John McGinley

NEW KILDARE GARDA DIVISION - WORST MANNED GARDA DIVISION IN THE STATE

Deputy Emmet Stagg sought information from the Minister for Justice in relation to the number of Gardai assigned to each Garda Division in the State.

Disappointingly the figures show, stated Deputy Stagg, that the New Kildare Garda Division is the worst manned Garda Division in the State when comparing the number of Gardai per Division on 31st August, 2009, with the population at the time of the 2006 Census. In the response to Deputy Stagg the Minister did state that the Commissioner was in the process of re-aligning Garda Divisional Boundaries to make them coterminous with local authority boundaries. However whilst there may still be some areas of Counties included in different Garda Divisions not associated with their County, the sorry picture portrayed of Garda numbers in Kildare cannot be affected in any meaningful way by the Ministers assertion.

Here are some examples of Garda Ratio`s to population (Cities Excluded):

GARDA DIVISION	NUMBER OF GARDAI PER POPULATION
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Kildare	1 Garda for every 580 people
Roscommon/Longford	1 Garda for every 312 people
Louth	1 Garda for every 355 people
Westmeath	1 Garda for every 316 people
Wicklow	1 Garda for Every 359 people
Wexford	1 Garda for Every 460 people
Laois/Offaly	1 Garda for every 415 people
Meath	1 Garda for every 525 people
Cavan/Monaghan	1 Garda for every 287 people
Donegal	1 Garda for every 309 people
NATIONAL AVERAGE	1 Garda for every 343 people.

These figures show that our Garda Force in Kildare has been systematically discriminated against stated Deputy Stagg. There are Gardai assigned to Counties for Historical Reasons who should be assigned to the Kildare Division. A review of the Kildare and Meath figures shows a very similar problem where there has been massive population growth but little to correct the ratio of Gardai to population levels.

The end result of all this is that Gardai in the Kildare Division are under pressure to deliver a proper service to the Public, a service that is paid for through Taxes.

For many years now Deputy Stagg stated that he had been raising this issue with former Minister for Justice`s and Garda Commissioners but it seems that nobody wants to act to reassign Garda to where they are required based on Crime Levels and Population Levels.

(Continued on page 52)

Party Political-Labour News

In conclusion Deputy Stagg stated that he would raise the issue further with the Commissioner once more to see if the people of Kildare can get the Policing Service they require and deserve.

Provision of a Teen Cafe in Maynooth

Cllr. McGinley has been campaigning for a Teen Cafe for Maynooth for some time. John's original intention was to have it in the TESCO community unit granted under the Planning Permission for their new Store. However the downturn in the economy has delayed the construction of this building and it is not now likely to be ready for at least two years.

As we need this teenage facility now more than ever the County Council agreed to Cllr McGinley's proposal to seek an alternative premises that could be used in the meantime. The Council are at a very advanced stage in securing such a premises and it is an ideal location. It is John's view that we need an Adult Committee and a Teenage Committee in order to progress the Project. The Community Council agreed at its meeting on 12 September to set up a Sub Committee specifically for the Teen Cafe and Cllr. McGinley will convene a meeting shortly of those who have expressed an interest. Please contact John if you are interested in developing this facility.

Also, we need a Teenage Committee. If you are an interested teenager or you know of one who may be interested please get them to contact John and he will arrange a meeting where the teenagers can elect their own Committee.

Allotments At Blacklion

As regular readers will know the Council have agreed to Cllr. John McGinley's proposal on the provision of allotments at Blacklion, Maynooth

More details on the allotments will be provided at the December Area Meeting. It is intended to make them available for use next year. John will advise residents of the details through his Newsletter Notes and E mail Distribution List.

Provision of Additional Parking in Maynooth

Cllr. John McGinley was advised at the Area Meeting on 9 October that the Council were actively engaged with an interested party on the provision of additional parking in Maynooth. If this comes to a satisfactory conclusion the Council can then implement a Pay Parking Scheme for the town.

Provision of a Roundabout or Traffic Lights at the Meadowbrook Link/Straffan Road Junction:

Cllr. McGinley got the following reply to his question asking "What progress has been made on the installation of a roundabout or traffic lights at the junction of Straffan Road/Meadowbrook Link Road?

"A planning application which impacts on this junction has been recently granted with a condition to signalise the junction. Traffic management has had preliminary discussions with the developer in relation to this proposal."

Cllr. McGinley stated that he would prefer a roundabout at this location as we already have more than enough traffic lights in Maynooth. John asked that action be taken without any further delay as it is a very dangerous junction and it is an accident waiting to happen.

Extension of the Bus Service to Moyglare Hall

Cllr. McGinley got the following reply to his question asking "What progress has been made with Dublin Bus in extending their Service to Moyglare Hall Estate, Maynooth?

"I have not yet received a definitive response from Dublin Bus. I will follow up on this matter and brief the members should any progress be made."

John asked that the matter be again taken up with Dublin Bus as they say that they are awaiting a response from the Council.

Maynooth Local Area Plan Deferred

The Maynooth Local Area Plan has been deferred pending the completion of the County Development Plan at the end of 2010.

STAGG CALLS FOR ADDITIONAL FUNDING FOR DISABILITY AND HOUSING ADAPTATION GRANTS

Deputy Emmet Stagg questioned the Minister for Housing in relation to the provision of additional funding to Kildare Co. Council to clear the large backlog for Disabled Persons grants, Housing Adaptation Grants for the Elderly and Mobility Grants.

Last May Deputy Stagg stated a sum of €1,870,000 was allocated for such grants to Kildare Co. Council despite the fact that the Waiting List for such grants in Co. Kildare stood at €5,371,000 and involved 587 individuals and families. These stated Deputy Stagg, are very real people who have suffered a disability and need downstairs accommodation, or are elderly people who require stair-lifts or level access showers. Others on the waiting list are elderly people whose

(Continued on page 53)

Labour News

(Continued from page 52)

homes require rewiring, central heating or replacement of substandard doors and windows.

It will take at least 3 years to meet existing demands in Kildare which is placing an incredible strain on disabled people and our senior citizens who have a right to live with some modicum of comfort in their homes.

The Minister in his response to Deputy Stagg indicated that he would review the funding position in the event of any under-spend by other local authorities.

Deputy Stagg indicated that he was disappointed with the Ministers response as he clearly does not recognise the crisis facing many elderly and disabled people throughout the County. A special allocation is required to clear the backlog once and for all and he indicated that he intended to raise the matter further with the Minister for Housing.

STAGG SLAMS HARNEY TREATMENT OF CHILDREN ON HEARING TESTS

Deputy Emmet Stagg again questioned the Minister for Health in relation to the waiting times for Hearing Tests for children in Newbridge and Tallaght Health Centres.

The HSE responding to Deputy Stagg on behalf of the Unaccountable Minister for Health has indicated that the waiting times for hearing tests for children in Newbridge Health Centre (which serves Maynooth) is approximately 13 months and for Tallaght Health Centre (which serves Leixlip and Celbridge) the waiting time is 16 months.

Deputy Stagg has described the waiting times as scandalous when compared with a wait of just 3 to 4 weeks in June 2006 for hearing tests for children. The delay will cause damage to children in their early developmental years and is an attempt by this Right Wing Minister for Health and friend of the Bankers and Developers to effectively privatise the service by forcing already financially stressed parents to seek private appointments because of the delays in the Public Service. It is quite unacceptable for Harney to use children in this way in her quest to ruin Public Health Services.

In view of the shocking treatment of such children Deputy Stagg has indicated that he will be demanding the holding of additional clinics to clear the backlog which has been allowed to build up.

Cllr. John McGinley can be contacted at:
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Web: www.labour.ie/johnmcginley/



BAND BULLETIN

St. Mary's Brass & Reed Band



The Recital at Castletown House in Celbridge which we mentioned last month turned out to be a really special event. We performed right in front of the fabulous famous House bathed in sunshine and in front of a large attentive audience. The programme of popular music went down a treat and the two hour programme felt like little more than half that time. The Recital featured both the Senior and Junior Bands separately with the two coming together in a huge finale.

Our next event, which is our most important of the year, is our annual Mass for Deceased Members which will be held in St. Mary's Church on Sunday 15th November at 11.30. It is a wonderful celebration remembering who have filled the ranks of the band throughout the years and to whom a great debt of gratitude is due for helping to ensure the survival of Maynooth Band through the ages. We extend a warm welcome to relatives and friends of these deceased members to join with us in remembering them.

We are now taking names for the new recorder classes, which are the prelude to actually learning to play an instrument, and those interested should contact the Band Secretary Melanie Oliver at 087 9704 910.

The new music classes are now back in full swing, the Junior Band is back to rehearsals and the future is looking quite bright just now. We are still looking for experienced musicians, in particular Tuba, Trombone and Euphonium players, who might like to join us. Rehearsals are every Monday night (except Bank Holidays) from 8 to 10pm and you will indeed be made most welcome.

Hope to see you soon.



Party Political-Michael Fitzpatrick T.D.

Michael Fitzpatrick T. D.
Constituency Office - Tel.: 045 888438
Email: Michael.fitzpatrick@oireachtas.ie



Michael Fitzpatrick T.D.

Disabled Parking Bays at schools.

By way of a Dail Question, Deputy Michael Fitzpatrick asked the Minister for Education and Science what National and Second Level Schools in Kildare North have disabled parking bays.

In his reply Minister Batt O'Keeffe stated that the Department of Education Technical Guidance Documents require that all new school buildings and extensions are designed to cater for persons with varying ranges of physical ability and to ensure that they are not disadvantaged by design limitations. These guidance documents state that at least one car-parking space, near the main school entrance, should be provided for disabled users and the number of reserved spaces should be in accordance with the Building Regulations and the National Disability Authority guidelines. Parking provision should be as stated in the guidance documents, subject to the planning requirements of the relevant Local Authority.

In the case of older schools, where the school authority is not in a position to provide the required amount of parking spaces for disabled users, application under the Emergency Works Scheme may be made to the Department of Education for funding to provide same.

I would ask Principals to look at the parking facilities at their schools with a view to improving disabled parking.

Deputy Michael Fitzpatrick welcomes the extended Rural Transport Programme in the Renewed Programme for Government.

The Rural Transport Programme has been extended to every county in Ireland. The provision of a full-scale transport system in rural areas using the network expertise of Bus Éireann, the physical infrastructure and personal resources of the school transport system and the financial resources currently being spent on transport by the HSE and the Department of Education is to be explored.

"This is a clear commitment in the renewed programme for government to a continuation and expansion of the Rural Transport scheme", added Deputy Fitzpatrick.

New Scheme of Community Support for Older People to be launched in October.

Deputy Michael Fitzpatrick welcomes the announcement by John Curran T.D. Department of Community, Rural & Gaeltacht Affairs that the Review of the Community Support Scheme for Older People will be completed this month.

In 2009 3,695 people benefited from the Community Support for Older People Scheme and overall 100,000 have benefited from the Scheme since its inception in 1996.

The Review has had in excess of 100 written submissions to date, in addition some 100 Community Groups contributed to the review through a telephone survey conducted by Department of Community, Rural & Gaeltacht Affairs.

The Department Officials also met representatives of An Garda Síochána at national and local level, the Fire Services, Officials of other Government Departments and the Health Service Executive, along with other interested parties. The main priority was to deal with issues surrounding with welfare and security of Older

(Continued on page 55)

Party Political-Michael Fitzpatrick T.D.

(Continued from page 54)

People and to establish what other measures might be implemented to improve the administration and operation of the scheme.

"I would urge all Communities to support the new Reviewed Scheme for Older People and to ensure the Older and more vulnerable members of our community are fully protected" said Deputy Michael Fitzpatrick.

Fuel Allowance being paid to customers from this week-Over €400million to be spent on fuel support.

Minister Mary Hanafin has today announced that some 334,000 long-term social welfare recipients are this week set to receive additional weekly payments under the Department of Social and Family Affairs Fuel Allowance scheme. Almost €220million is being spent on this scheme alone in the coming months.

This Government has extended the payment this year by 2 weeks to 32 weeks and also increased the weekly rate by €2 to €20 per week, added Deputy Michael Fitzpatrick. "Customers will see this additional amount in this week's payment and it will continue until the end of April", he added. "We recognise the additional pressures there are on people dependent on social welfare payments during the winter months.

The weekly rates payable are €20 (Fuel Allowance) and €23.90 in Smokeless Fuel areas.

The vast majority of people eligible are state pensioners, widows and people with disabilities, who are more vulnerable to the effects of cold weather.

The Fuel Allowance can also be paid alongside the Household Benefits package which provides support for people over 66 years of age and certain other people under that age who are in receipt of a social welfare type payment or fulfil a means test. The Household Benefits package includes the electricity allowance or the gas allowance.

How to apply

To apply for Fuel Allowance fill in application form NFS 1 available on www.welfare.ie. This application form is also available from your local post office.

Full details of the Fuel Allowance scheme available on www.welfare.ie

Fitzpatrick welcomes Government efforts to reduce waiting times for Jobseeker claims

Kildare North Fianna Fail TD Michael Fitzpatrick has welcomed Government efforts to reduce the waiting times for those seeking Jobseeker payments.

"There are a number of offices around the country where there are unacceptably long delays in processing claims and the Department of Social and Family Affairs have put a number of measures in place to deal with this."

"The national average processing times are currently 4 weeks for Jobseekers Benefit and just over 7 weeks for Jobseekers Allowance, which is a means tested payment."

"Means testing claims is a detailed and complex process. Waiting times for some offices is longer than the average and this is not acceptable."

"I am aware that there were difficulties when staff were required to change their working conditions and take on extra responsibilities. I know that while some disagreements remain that staff in Kildare are dedicated to the task in hand and I am sure that the remaining dispute will be resolved shortly."

"Since May 2008, some 350 extra staff have been assigned to local Social Welfare offices, new Local Office Support Units and the Departments Inspectorate, 190 have since January 2009.

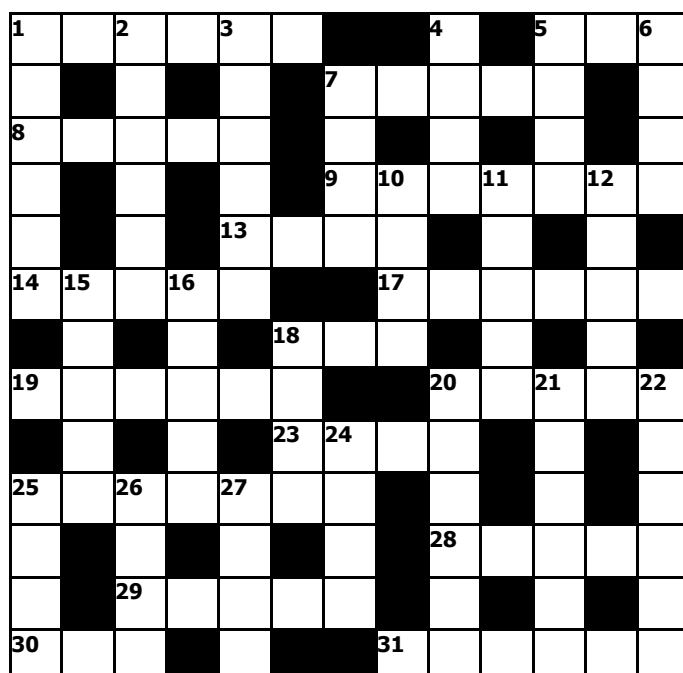
"Included in these extra staff were 16 Social Welfare Inspectors who were assigned in March 2009 to various locations around the country to undertake means testing and other work associated with processing claims for the jobseekers allowance."

"Local Office Central Support Units have also benefited from an extra 68 posts in 6 locations."

"Local offices around the country have benefited from 110 posts some of which have been filled by temporary staff, pending the assignment of permanent staff. In addition arrangements are also in train to allocate a further 24 Inspector posts."

"I know that the Department will continue to monitor staffing levels and the time taken to process claims. Losing a job is often a difficult and distressing time, particularly for those who have never experienced unemployment. It is vital that we make the system of claiming benefits as speedy and accessible as possible to support those who need it. I will be in touch with the Minister regarding the position in Kildare. I am keen to ensure that local staff be given support should they require it," concluded Deputy Fitzpatrick.

Crossword No. 83



Entries in before: 16th November

Name: _____

Address: _____

Across:

1. Sons of the _ _ _ Laurel & Hardy film (6)
5. Insane (3)
7. Obsession (5)
8. Poison (5)
9. Cover (7)
13. John Wayne's nickname (4)
14. Pass on (5)
17. Small clothes cupboard (6)
18. Interval (3)
19. Put aside (6)
20. Dish (5)
23. Confederate (4)
25. Source of beer? (7)
28. Throw (5)
29. Motored (5)
30. Period of time (3)
31. Young child (6)

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175 Kingsbry

Down:

1. Eat greedily (6)
2. Open shoe (6)
3. Cure (6)
4. Betting stake (4)
5. Barley extract (4)
6. Grim (4)
7. Disguise (4)
10. Assistance (4)
11. Neighbourhood (5)
12. Happening (5)
15. Early anaesthetic (5)
16. Permit (5)
18. Equipment, tackle (4)
20. Monty _ _ _ , TV series (6)
21. Fleet of warships (6)
22. Virtuoso (6)
24. Ancient harp (4)
25. Hairless (4)
26. Whirlpool (4)
27. Berkshire school (4)

Solutions to crossword No. 82.

Across: 1. Musket, 4. Cover, 7. Oath, 8. Soot, 10. Aloof, 11. Risotto, 12. Need, 14. Seats, 16. Digit, 18. Call, 19. Pull, 21. Niche, 22. Metre, 25. Rage, 28. Shilton, 29. Atlas, 30. Riot, 31. Axis, 32. Tunny, 33. Squall

Down: 1. Mason, 2. Score, 3. Toboggan, 4. Chaos, 5. Viola, 6. Refusal, 9. Tiddler, 13. Era, 15. Emperor, 17. Tactless, 18. Compact, 20. Log, 23. Talon, 24. Essay, 26. Anita, 27. Extol.

The magnificent 10,000 and Intel's cruel blow

On behalf of the activists of the *People's Movement's* I wish to applaud the No voters of Maynooth who combined with citizens in Kildare North to register in excess of 10,000 votes against Lisbon 2.

Together we refused to bow to the combined might of the Brussels bureaucracy, the supine Irish political establishment, the brash business bosses and the media (with honourable exceptions) who spared no expense and showed no respect for the democratic process in reversing the decision of the electorate in June 08.

Overall, the result cannot reasonably be described as determining the will of the people; rather it represents the fear of the people. Hundreds of thousands of voters went to the polls with heavy hearts and cast reluctant Yes ballots.

Commentators and historians will, in time, collect and analyse all the black arts of politics and constitutional illegalities employed by the Yes side. No doubt their findings will include: the intervention of the European Commission; part funding of Fianna Fail, Fine Gael and Labour by their sister parties in the European Parliament; the Irish Government's unlawful use of public funds; the blatant bias of the Referendum Commission and its reduction to a thinly-veiled arm of Government propaganda; a no-limits spend by Intel, Ryanair and other companies, in possible breach of Irish company and tax law.

Jim O'Hara's thanks to Yes voters: 240 compulsory redundancies in Intel

Although Intel announced these redundancies last July, before General Manager Jim O'Hara's intervention into the Lisbon campaign, the fact that they were immediately imposed within a week of the referendum result was cruelly insensitive. Indeed, implementation meetings between management and staff commenced on the Sunday evening – barely twenty four hours after the official Yes verdict – in direct contradiction to the Yes side's promise that adopting Lisbon would save Irish jobs. It is puzzling that as Intel continues to develop new generation chips it was unable to retrain and re-deploy FABs 10 and 14 staff into growth areas. Given that Mr. O'Hara spent hundreds of thousands of euro on Intel's Lisbon campaign, would this money not have been better spent in staff upskilling? In terms of morale within the company's 4,000-strong workforce the redundancies represent a serious failure of corporate management practice. And in terms of the local community the arrival of significant extra numbers to join the 6,185 already signing on at the Maynooth Welfare Office, these redundancies highlight that beneath the shadow of the Intel Campus north Kildare has now become an unemployment black spot. Thank you, Mr. O'Hara.

Michael Quinn, Sec.North Kildare branch

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Local Useful Telephone Numbers

Name	Details	Telephone No.
A.C.R.A	National Association of Resident Associations Contact Michael Quinn, 3 Laurence Avenue, Maynooth	6285258
ADULT CEILI AND SET DANCING	Contact: Rita Doyle	086-2862475/ 6286169
AN NUADA PLAYERS	Contact: Terry Nealon	086-8068068
BRIDGE CLUB	Contact: Joan Howard Williams	6289239
CASTLE COMMITTEE	Contact Tony Bean Sec. Gerald & Joan Howard Williams, Carton Demense	087-949459
CASTLE KEEP ART GROUP	Contact: Susan Durack Sec.	6289349
CITIZENS INFORMATION CENTRE		6285477
COMMUNITY GAMES	Contact: Joe Geraghty Margaret Houlihan	087-6181235 087-2054854
CONRADH na GAEILGE	Contact: Colm Ó Cearúil	086-1762212
DENTIST	Dr. G.B. Glass Dr. G.A. O'Reilly Dr. J.G. Merrick	6289284 6286318 6286318
DOCTORS	DR. D. Gaffney DR. D. Nolan DR. C.D. O'Rourke DR. J. Corish DR. N. Wilson DR. M. Cowhey	6291169 6285943 6285210 6292556 5052135 6289044
FAS OFFICE		6290556
FLOWER CLUB	Contact: Moira Baxter, Applewood, Laraghbryan ,Maynooth	6289102
FOLK GROUP	Contact: Elaine Bean	087-9704912
G.A.A. CLUB	Maynooth G.A.A. Club Contact : Contact: Hilary McCabe Secretary	6285020 087-2998803
GARDA STATION		6291413/6286234
GATEWAY WRITER GROUP	Contact : Kate Dempsey	086-8583316
GOLF	Maynooth Golf Society Contact: Martin Maguire	086-2215738
HEALTH CENTRE		6285415
I.C.A.	Contact: Norah Mc Dermot	6244695
KILDARE COUNTY COUNCIL		045-980200
LARAGHBRYAN CEMETRY COMMITTEE	Contact: Breda Holmes, Barrogstown, Maynooth Sec. Helen Johnson	6289757
LIONS CLUB	Contact: Freddie Melia,	6289555
MAHER SCHOOL OF IRISH DANCING	Contact : Catherine Maher	6285739 087-8222740
MARTIAL TAEKWON-DO	Contact: Stephen Doyle	087-6986491

Local Useful Telephone Numbers

MAYNOOTH LOCAL HISTORY	Contact: Rita Edwards	087-6387687
MAYNOOTH BUSINESS ASSOCIATION	Contact: Brid Feely	087-2052649
MAYNOOTH FAIR TRADE	Contact: Secretary	087-2476516
MAYNOOTH MUSICAL SOCIETY	Contact:	
MAYNOOTH PHYSIOTHERAPY CLINIC & LEINSTER CLINIC		6290895
MORTALITY SOCIETY	Contact: Paddy Nolan	6286312
NEWSLETTER DIARY (If you want to highlight or Advertise your FUTURE EVENT)	Contact: Irene or Brian	6285922 maynoothcc@eircom.net
NORTH KILDARE JUNIOR TENNIS CLUB	North Kildare Club	6103909 6287243
PARENT AND TODDLER GROUP	Contact: Bronwyn Mooney	6289405
PARISH	Fr. Paul Coyle Fr. Liam Rigney Parish Office	6290553 6286220 6293018
POST OFFICE		6286259
MAYNOOTH COMMUNITY LIBRARY	Librarian: Bernadette Gilligan	6285530
ROYAL CANAL AMENITY AND RESTORATION GROUP	Office Contact: Matt Kennedy, 83 Maynooth Park Maynooth	6290980 6286463
SCHOOLS	Boys' National School Presentation Girls' Primary School Post Primary School Gaelscoil Ui Fháich Maynooth Educate Together National School	6293021 6286034 6286060 6290667 6106823
SCOUTS	Scouting Ireland Contact: Peter Garrad	087-2241387
SENIOR CITIZENS COMMITTEE	Contact: Patricia Cusker, Silken Vale, Maynooth. Josie Moore, Greenville, Straffan Road, Maynooth.	087-2982455
SOCCER CLUB	Contact: Edel Pat Moynihan	087-2998661 087-9078861
ST. MARY'S BRASS AND REED BAND	Contact: Melanie Oliver	087-9704910
SWIMMING CLUB	Contact: Edel	087-2680405
TIDY TOWNS	Contact: Secretary	087-3153189
U3A	Contact: Bernadette	6289131
VIOLENCE IN THE HOME		1800-341-900

Maynooth Newsletter

Maynooth Newsletter

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The opinions and statements expressed in the articles are those of the contributors and not necessarily those of the Editorial Board. All materials to be included in the next edition of the **Newsletter** should be addressed to The Editor, Maynooth Newsletter, Unit 5, Maynooth Shopping Centre, (Beside Tesco) Maynooth, Co. Kildare.
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NOTE TO CONTRIBUTORS

We request all our contributors to make sure their material is legible. If possible, material should be typed, but as not everyone has access to computers, the best way to present material is to use either neat legible writing or block letters, on one side of the paper. In future all letters to the Editor must have the writer's name and address available for publication. We emphasise that material submitted after the copydate will not be accepted and will be withheld until the following copydate.

Email us at maynoothcc@eircom.net

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In the case of unfairly impugning the reputation of any person we hereby offer that person or their reputation the right to reply.

LETTER TO OUR READERS

This is just a note to remind you all that the **Newsletter** exists for your enjoyment and that we welcome all contributions from our readers. We would like to hear from any organisation or indeed from individuals with something to say or suggest. We hope you continue to enjoy your monthly read and keep us informed of your activities.

Community Council & Newsletter Staff

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