



MAYNOOTH NEWSLETTER

March 2009

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Mavungu Makiese*



Bishop Ray Field



*Ellen Durkin &
Aoibhean Durkin*

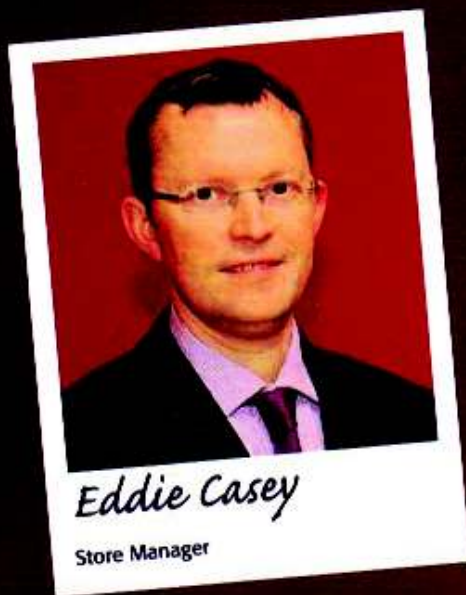


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Editorial

March 2009

In these changing times it is impossible to comment on the ongoing economic climate as the scene changes from day to day. But even to those of us who have become somewhat cynical by the passage of time the extent of the financial irregularities are shocking.

The curse “may you live in interesting times” never rang more true. If some soothsayer forecast that Ireland would nationalise a bank and that the Labour Party would be ahead of Fianna Fáil in an opinion poll they would probably have been carted away by the men/women in white coats. But that is the state of Ireland February 2009.

So what is there to look forward to? The freezing conditions have lifted and Spring seems to have arrived with crocuses, irises and even daffodils making an appearance. For Maynooth, the planning of the St Patrick’s Day Parade is well advanced. Lift your spirits by getting involved in entering a float and get even more enjoyment from our National Day. Bainigi taithneamh as Lá ‘le Pádraig. To join the committee or to get involved in any way just contact the Community Council Office. (Contact details below)

The National University of Ireland recently launched its new image; Ireland’s University town and there are developments in the air on the campus. The burnt out remains of the canteen have been cleared away and plans are underway to replace this with a number of new eating places, a Library extension is planned as well as the new Arts Building. These may be welcome additions but there is a lot of concern about the Smartpark planned by NUIM and Carton House to be built in Carton Demesne.

All this is happening at a time when Co Kildare is preparing the new Draft Development Plan for the county. Of course the usual requests for wholesale rezonings will appear – despite the recession. The Community Council has taken the stance that enough has been zoned for housing in the last Development Plan and that no more land need be rezoned. Like many other dormitory towns/ counties, Kildare and Maynooth have plenty of houses and apartments lying empty.

Finally, a reminder. If you want to represent your area on the Community Council, call to the office beside the Post Office in the old Tesco site, ring the office at 01-6285922 or email the office maynoothcc@eircom.net You can, and should, have a voice in what happens to your town and this is a particularly important time because the preparation of the new Development Plan.

Muireann Ní Bhrolcháin

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Community Council Notes

Maynooth Community Council Notes 12th January 2009

The latest Community Council meeting was held in the Glenroyal Hotel on Monday 9th February at 8.30 pm.

The St Patrick's Day Parade committee is in the process of organising the Parade for 2009 as usual. It is always a great success but volunteers are always welcome. Contact the Community Council – details below.

The Planning and Development committee members said that there was significant additional information given to Kildare and Meath County Council about the planned SMART-park in the grounds of Carton House. The application was placed by Carton House in conjunction with NUIM and it spans two local authorities. The committee met with representatives of NUIM to discuss issues of mutual interest. An invitation has been extended to the President of the College to attend a future meeting of the Council.

An invitation was extended to the NUIM Cycling Club to attend the next Community Council meeting so that they could outline their plans for the future.

The Tidy Towns committee were congratulated by the Chairman, Colm Ó Cearúil, on their hard work around the Grotto area at the Church.

The U3A (University of the Third Age) congratulated John McGinley for his hard work on providing the adult exercise area in the Harbour Field.

The Local History Group explained that they used to meet in the Library but because of cut backs in staffing and overtime they now meet in the Community Council Office. They will be holding their talks upstairs in O'Neills pub from now on.

Nuada Players, the local theatre group, are looking for plays from local playwrights. They were a great success last year, plays between 30-40 minutes are particularly welcome.

Other ongoing topics were also discussed at the meeting; the fact that Maynooth does not have Town Council or Urban Council status.

The increasing parking problems were also discussed at length and one of the solutions offered was that parking should be allowed on one side of the road on the Straffan Rd and Newtown Rd.

Fair Trade Fortnight was beginning 23rd February. Maynooth was the first town and University to become Fair Trade. A leaflet will be dropped into every house.

If you want to represent your area on the Community Council, call to the office beside the Post Office in the old Tesco site, ring the office – 01-6285922 or email the office maynoothcc@eircom.net

You can have a voice in what happens to your town and this is a particularly important time because the new Development Plan for the town and the county is being prepared.

**Well done to Post Primary School for their wonderful production of the
Pirates of Penzance.**



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How to Arrange Flowers Like a Professional

10 TIPS ON ARRANGING YOUR FLOWERS BEAUTIFULLY

1. Clean your flowers thoroughly after you buy them.

Make sure that every stem that's going to be submerged in water has no leaves in the water. This will make your water cleaner and your flowers a little more presentable.

2. Cut your flower ends and change your container water every day.

It's tedious, but it will really help make your flowers last longer and look healthier.

3. Buy flowers that are either all the same type or colour.

Your arrangement will come off looking organized and neat.



4. If you're unable to change your water every day, use an opaque vase.

That way you will not have to see the murky water that inevitably arrives by day three.

5. Pin-prick the throat of your tulips if you don't want them to grow anymore.

Tulips are the one type of flower that will keep growing even after they've been cut. This really won't affect your arrangement on the first or maybe even the second day, but by day three your tulips might be a mess. Simply prick the throat of your tulip with a safety pin and it should cut back the growth in the days to come.

6. Buy a pair of pruners!

These can be bought quite cheap, shop around, these can be bought quite cheap in order to suit everybody's pocket. Do you really want to ruin any more of your good kitchen scissors?

7. Don't be intimidated—use your wide-mouthed bowls and containers.

At first glance they look like they might take up €500 worth of flowers, but really all you need is a little tape. Floral bowl tape is great, but you can also use good old Scotch tape. Just create a grid across the top of the container, then tape all around the rim of the bowl so that your loose ends will not come undone. The flowers will fit perfectly into the openings of the grid. Presto, your grandmother's old fruit compote has never looked so cute!

8. Order fresh-cut flowers from a florist instead of buying them at the grocery store.

If you love arranging but don't have the time to go and buy what you specifically want, order them from your local florist. That way you may end up playing with the most beautiful peonies instead of the supermarket daisies.

9. Start collecting vessels that match.

Collect vessels that match, these can be purchased very cheap at flea markets and on eBay. It makes my life easy when throwing a dinner party, since everything matches and you can use different vessels for the food too, not just flowers. Plus it's really great for the environment.

10. Make your bouquet in your hand, not in your vase.

Sometimes it's quicker to gather everything in your hand, then drop it into your vase. This will always give you a nice round shape and a perfect posy.





Maynooth Flower and Garden Club

Next meeting: Tuesday MARCH 24th.

At 8pm

*Venue: Loftus Hall, St. Patrick's College,
Maynooth*

Demonstrator: DEIRDRE CAMPBELL

Floral Art Demonstration

NON MEMBERS WELCOME TO ATTEND

Admission €5

Refreshments served

Horoscopes



ARIES—March 21—April 20

Use your gift laser-precision focus to notice what's working for you, which is a lot. And whatever habits and talents are making your life better, you can use more of them.
Your lucky day is Sunday, Number 25, Colour Navy.



LIBRA—Sept 24—Oct 23

Money does matter, but not as much as the other factors involved in a deal. Make an agreement only if there are benefits beyond the financial.
Your lucky day is Monday, Number 9, Colour Dark Blue



TAURUS—April 21—May 21

You are likely to journey to the past in a romantic and possibly subconscious way. There is still something to mentally get through. You will have to work hard to achieve this.
Your lucky day is Monday, Number 3, Colour Red,



SCORPIO—Oct 24—Nov 22

Consider that you are creating an environment with your smile and tone of voice. Every small gesture is a testament to your values.
Your lucky day is Thursday, Number 34, Colour Yellow.



GEMINI—May 22—June 22

Let go of baggage and the reward will be intense. The moment you truly release the old idea, you're free. You'll know it's real because a rush of pent-up energy flows through you, ready to be applied to better things.
Your lucky day is Saturday, Number 15, Colour Violet.



SAGITTARIUS—Nov 23—Dec 21

However you say something, people will translate your meaning in their own terms. You are only responsible for half of the communication. Do your best with your half.
Your lucky day is Saturday, Number 21, Colour Black.



CANCER—June 23—July 23

The personality quirks of those around you that you used to find annoying are the very things you'll miss. Dip into your wells of compassion and humour as you observe.
Your lucky day is Tuesday, Number 20, Colour Yellow.



CAPRICORN—Dec 22—Jan 20

Writing for pleasure proves to be cathartic. Perhaps in the process you might work out an old issue or two and find a way to make money last. Don't over spend at this time. Tomorrow is another day.
Your lucky day is Tuesday, Number 7, Colour White.



LEO—July 24—August 23

Do some figuring about the time and money you're spending and making. You might be surprised how much a deal is really costing you. Now is the time to count those pennies. Time to keep a tight grip on the purse strings.
Your lucky day is Thursday, Number 31, Colour Navy.



AQUARIUS—Jan 21—Feb 19

You are introduced to a new world of people, places and a culture foreign to you. Be yourself and you will learn much. You intrigue a new acquaintance with your quiet, confident demeanour. Be careful as this is a completely new venture for you.
Your lucky day is Friday, Number 11, Colour Sky Blue.



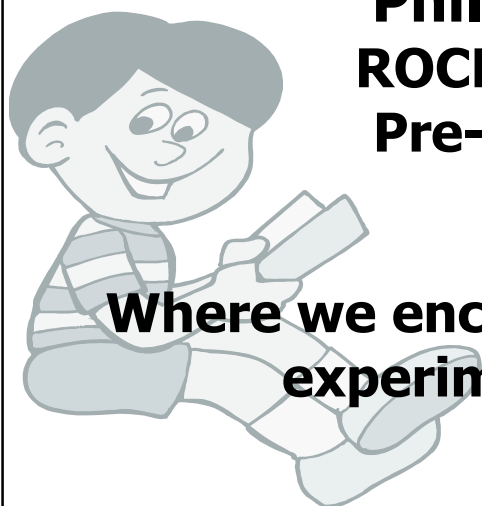
Virgo—August 24—Sept 23

It's reinvention time again. Your schedule is likely to undergo a renovation, as will a habit or two. One thing is certain: The methods that helped you get through last month won't carry you into the future.
Your lucky day is Wednesday, Number 16, Colour Cerise.



PISCES—Feb 20—March 20

Though you are highly sympathetic to someone's situation, this does no good until a positive action is used in tandem. Find a concrete way to help bring about the good you seek in the world.
Your lucky day is Monday, Number 10, Colour Mauve.

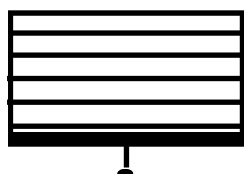


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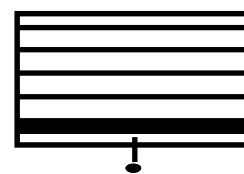


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Gardening

Gardening in March

Finally, it's March. The weather can be a lovely, in early spring with opportunities to get out in the garden and get to work. One thing is sure: it's no time to dawdle because there's plenty to do this month.

Caution is the keyword this month. It may look warm and inviting, but unless you are lucky to live in the lower latitudes, you could be courting disaster if you try to plant before your last frost date. Suit the work to the weather.

If you haven't been monitoring it, **turn your compost pile now.** Dampen it and begin turning it regularly to get it to heat up so you can enjoy the production of good compost faster. If you haven't started a compost pile, start one this month.

Deal with pests now. A lime sulphur spray is organic and protects against scales, mites, and borers on fruit trees, roses, and shrubs as well as black spot and powdery mildew. It's a dormant spray, so apply before the middle of the month when many plants begin to bud out. **Prune roses** just before they start to bud out.

Always use any compound—organic or otherwise—cautiously according to the manufacturer's instructions.

Get those weeds while they are little. Use a flame gun to spot kill weeds while they are small or pull by hand. **Vinegar or boiling water** also work to kill weeds and don't leave problems behind. Avoid using salt, because it will ruin the soil.

If you haven't already planned your season's plantings, do it now. Take advantage of companion planting that can strengthen and reinforce plant vigour while repelling pests. For example, **nasturtiums and marigolds repel white flies and aphids.**

March is the best time to make corrections and improvements to lawn including reseeding. Adding a layer of compost mixed with wood ash can reinvestigate poor soil and cut down on moss.

Build a cold frame to acclimate seedlings and tender plants to ready them for transplant in April and May.



Daffodil or Narcissus

Finish other structural projects like trellises before planting.

Plant early spring vegetables and flowers. These include spinach, lettuces, peas, and leeks as well as sweet peas.

Early spring is also a good time to divide and transplant if the soil isn't too wet. Re-spacing existing favourites can give them extra wiggle room to get bigger and healthier.

Mulch early bulbs especially if you live in less temperate areas where freezing temperatures hang on. Dahlia tubers stored last fall can be started late in the month. Lay on a bed of sand and begin watering. **(Avoid overwatering and too much warmth.)**

Fertilize shrubs and trees if this wasn't done in February. Use an acid type rhododendron fertilizer to feed evergreens, conifers, broad leaf evergreens, rhododendrons, azaleas and camellias. Use an all-purpose fertilizer to feed roses and other deciduous trees and shrubs. If you use granular type fertilizers, be sure to water it in thoroughly.

Dig out clumps of violets to bring indoors.

Keep them cool.

If you've not pondered the idea, you might consider getting some **chickens**. March is the ideal month to brood a few chicks, to raise hens for egg laying, bug catching, and weeding.

Attend to your indoor plants too. They've just come through a long winter and need a bit of fertilizer. Re-pot those that are root bound. Avoid overwatering as weakened plants are more readily subject to disease and root rot.

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Features

THE ULTIMATE FUNDRAISER

From sheep steeple chasing to daredevil jet ski rides across the Irish Sea, Matt Browne's fundraising exploits are legendary around Ireland. After losing a leg through illness, his passion for helping others remains undimmed.

As a child Matt vividly remembers trying to push his father's wheelchair to watch a football match in an effort to cheer up his housebound father; a neighbour stopped the then ten-year-old Matt and asked;



Matt with Cian Leigh

"How is he?" nodding to his father. "You can ask him yourself!" came the sharp reply.

Aware of the lack of facilities for disabled people, Matt never imagined that one day he might also be in a wheelchair himself. The injustice of his father's treatment stayed with him and he knew there was more to be done.

Devising a ten year plan for the development of key disability facilities Matt organised a 'bus reverse', coffee mornings, and American Tea Parties and in 1990 he and his team raised €50,000 through the **People in Need** and established The Wheelchair Centre in North Kildare.

An entertainer for over 30 years. Matt admits he smoked drank and partied. In 1990 Matt was diagnosed with type 2 diabetes: unfortunately in 2000 Matt needed his leg removed as a result of the diabetes. After six months Matt was fitted with a prosthetic leg. With only one leg and now in a wheelchair Matt had also to cope with withdrawals from cigarettes, alcohol, sleeping tablets and morphine. After unbearable night sweats, nausea, and sleepless nights, doctors told Matt he had become a morphine addict, his doses had to be reduced slowly over six months. Adjusting to life in a wheelchair Matt recalls "that first night I came home I must have fallen 15 times". Matt needed to get back working, he jokes "A three-legged-man wasn't in big demand". Friend Vincent Kelly of National Learning Network told Matt to "work to his strengths" and as it happened they were looking for a fundraiser in Kildare. He's never looked back since describing his work as "nine to five its not about me, I'll never make money out of this but the pleasure I've got out of this job over the years, money could never pay for that".

Every year Matt brings people with disabilities on fundraising trips around the World. A recent challenge was: 'Sheep Steeple-chasing' which raised funds to send four-year-old Conor Leigh to America for special medical treatment. Conor was born with only one ear, his treatment was due to cost thousands. Matt got behind the cause and organised the first Sheep Steeple chasing which raised over €30,000 on the day.

Matt believes that things have improved since he was a ten year-old-boy trying to make life better for his house-bound father, who remains the inspiration for his work. "Id like to give what he didn't have".

Matt is also Co-ordinator of the Kildare People of the Year Awards.

We wish Matt continued success and good health with his brilliant work.

Mary Cullen

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St. Patrick's Day Recipes

Shamrock Cookies

Ingredients

2 3/4 cups all-purpose flour
3/4 tsp. baking soda
1/2 tsp. salt
1 cup butter at room temperature
1 cup sugar
1 large egg
1 tbsp. vanilla extract
Green food colouring

Method

Measure the flour, baking soda and salt into a medium-sized bowl. Stir well and set aside. In a large bowl, cream the butter and sugar with an electric mixer for about 1 minute. Add the egg and vanilla extract and mix until well combined. Gradually add the flour mixture to the butter and sugar, mixing well after each addition. The dough should be stiff. Add several drops of green food colouring. Knead the dough until the colour is evenly distributed. Gather the dough into two balls, flatten into disks beginning at the edge of the dough and working toward the centre. Cover with plastic and chill for at least 2 hours or overnight. After the dough has chilled, place one half on a large piece of plastic wrap, cover with another piece of plastic wrap and then roll until it is 1/4-inch thick. Lift off the top sheet of plastic wrap and cut out shamrocks, beginning at the edge of the dough and working toward the centre. Place each shamrock on an ungreased baking sheet. Heat the oven to 350 degrees. Bake for 8 minutes or until the edges begin to lightly brown. Remove to a rack to cool. For particularly festive shamrocks, decorate them with green candies or frosting. Makes about 34.

Lamb Casserole Recipe

Ingredients:

1 1/2 pounds lean lamb, cubed
1/4 cup flour
1 1/2 teaspoons salt
1/4 teaspoon pepper
1/4 cup butter
1/2 cup chopped onion
1/2 green bell pepper, chopped
1/2 cup chopped celery
1 tablespoon chopped parsley
1 teaspoon ground sweet paprika
pinch rosemary
3/4 cup hot water

1 1/2 cups frozen peas, thawed
1 pound cooked potatoes, cut in 1-inch pieces

Method:

Combine flour, salt, and pepper; dredge lamb pieces in mixture. Heat butter in a large heavy skillet; brown lamb cubes on all sides then transfer to a 2-quart casserole. To the skillet add onion, bell pepper, and chopped celery; cook for 5 minutes. Stir in parsley. Add mixture to lamb in casserole. Sprinkle lamb mixture with paprika and rosemary. Add hot water. Cover and bake at 350° for 1 1/2 hours. Add peas and potatoes. Continue to bake, uncovered, for 30 to 45 minutes longer, until lamb is tender. Serves 6.

Scones

Ingredients

225g/8oz Self Raising Flour
Pinch of Salt
25g/1oz Caster Sugar (optional)
25g/1oz Margarine
150ml/1/4 pint Milk

Method

Sieve flour, salt and sugar, if used, into a bowl. Rub in the margarine, using the tips of the fingers. Add the milk and mix to make a soft dough. Turn onto a lightly floured board and knead, if necessary, to remove any cracks. Roll out lightly to 2 1/2 cm/1" in thickness and cut into scones with a 5cm/2" cutter dipped in flour. Place the scones on a floured pre-heated baking sheet. Bake in the pre-heated oven at 220°C/425°F/Gas 7 for 10 – 12 minutes until well risen and nicely browned. Cool on a wire tray.

Gaelic Coffee

Ingredients:

3 dessertspoons whisky
1 level dessertspoon light brown sugar
Fresh, strong coffee
Double cream

Method:

Heat a stemmed glass with hot water and dry quickly. Add the whisky and stir in the sugar. Pour in the coffee, leaving an inch below the rim. Keep stirring until the sugar has dissolved and pour in the cream over the back of a teaspoon so that it floats on the surface to the depth of about half an inch.



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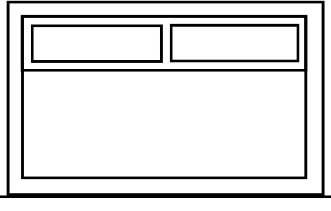
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The Board of Maynooth Credit Union pictured after their recent AGM in the Glenroyal Hotel, Maynooth. Left to right: Edwina Mahoney, secretary, Paddy Arthurs, vice-chairperson, Orla Fanthom, assistant treasurer, John Read, Hester Devane, treasurer, Emer McDermott, PRO, Peter Greene, chairperson, Pat Harney, Paul Davis, Paddy Boyd, John Butler, supervisor, John McQuaid, supervisor. Anne Higgins who is not in the photo is also on the board. Full details of the membership of committees are available in the credit union office on Main Street Maynooth.

Renewal and Continuity

The team that will take Maynooth Credit Union into its twenty-first year of operation is in place. The system of electing officers is designed both to ensure continuity and facilitate turn-over. Four members of the outgoing Board were required to step down. Each stood for election and was returned by the members voting at the AGM. Hester Devane, Pat Harney and John Read have each given many years of service to the credit union. Emer McDermott is a comparative novice, having been co-opted last year and stood for election for the first time in December 2008.

Ranging in age from 30 to 75, the Board gives countless hours of service to Members of the credit union. Monthly board meetings are only a small part of it. There are all the committees. For example, Edwina Mahoney, Paddy Arthurs, John Read and Paul Davis serve on the credit committee, where they are joined by staff member Geraldine Tobin, Member Services Officer. Catherine Mulready, Manager and Matt Doran, Assistant Manager attend Board meetings and work on several committees with members of the Board.

One of the strengths of Maynooth Credit Union is the continuity of service given by the current Board. The Board welcomes any member who is willing to become involved in running the Credit Union.

Edwina Mahoney is the newest and youngest member of the Board. Having served on the credit committee, Edwina this year took on the role of Secretary to the Board. This makes her a legal officer representing the business (not to be confused with the Minutes Secretary, whose job it is to record what is decided at meetings). Members of the Board were delighted to join Edwina's family and friends in the Glenroyal Hotel recently to celebrate her 30th birthday. They were surprised and delighted to see the lovely ring on her left hand, telling of her engagement at Christmas to John O'Brien, a native of the neighbouring parish of Kilcloone. Edwina and John plan to build a house and set up home on that side of the town, so Edwina may become a Member living outside the common bond. On the professional side, Edwina is making a career in pensions, working for a multinational firm in that field. She was co-opted to fill a vacancy on the Board in 2006 and elected by the Members at the next AGM. This is the third and final year of her first term serving Maynooth Credit Union.

(Continued on page 15)

Clubs, Organisations And Societies

(Continued from page 14)

Anne Higgins has served on the Board in various capacities since Maynooth Credit union was set up over twenty year ago. A native of Maynooth, Anne (known as Lima – and that's an interesting story!) was a member of the group of people from the town who, as members of Leixlip and District Credit Union, decided it was time Maynooth had its own Credit Union. Six months of hard work later, the office was opened on the Harbour (Leinster Street) beside the Garda Barracks. Anne has served on many of the committees, but tends to return to the Credit Committee which oversees the lending activity of the credit union. Anne's children and grandchildren have followed her in joining the credit union. She is in many ways one of the grandmothers of Maynooth Credit Union.



Anne Higgins, formerly Lima Kenny, one of the group of people who set up Maynooth Credit Union almost twenty-one years ago, has served on the Board in many capacities ever since.

MOTHER'S DAY

"Mothers Day" will be celebrated in Ireland on 12th March

Mother's Day History

Contrary to popular belief, Mother's Day was not conceived and fine-tuned in the boardroom of Hallmark. The earliest tributes to mothers date back to the annual spring festival the Greeks dedicated to Rhea, the mother of many deities, and to the offerings ancient Romans made to their Great Mother of Gods, Cybele. Christians celebrated this festival on the fourth Sunday in Lent in honour of Mary, mother of Christ. In England this holiday was expanded to include all mothers and was called Mothering Sunday.



Happy Mother's Day

In the United States, Mother's Day started nearly 150 years ago, when Anna Jarvis, an Appalachian homemaker, organized a day to raise awareness of poor health conditions in her community, a cause she believed would be best advocated by mothers. She called it "Mother's Work Day."

Fifteen years later, Julia Ward Howe, a Boston poet, pacifist, suffragist, and author of the lyrics to the "Battle Hymn of the Republic," organized a day encouraging mothers to rally for peace, since she believed they bore the loss of human life more harshly than anyone else.

In 1905 when Anna Jarvis died, her daughter, also named Anna, began a campaign to memorialize the life work of her mother. Legend has it that young Anna remembered a Sunday school lesson that her mother gave in which she said, "I hope and pray that someone, sometime, will found a memorial mother's day. There are many days for men, but none for mothers."

Anna began to lobby prominent businessmen like John Wannamaker, and politicians including Presidents Taft and Roosevelt to support her campaign to create a special day to honour mothers. At one of the first services organized to celebrate Anna's mother in 1908, at her church in West Virginia, Anna handed out her mother's favourite flower, the white carnation. Five years later, the House of Representatives adopted a resolution calling for officials of the federal government to wear white carnations on Mother's Day. In 1914 Anna's hard work paid off when Woodrow Wilson signed a bill recognizing Mother's Day as a national holiday.

At first, people observed Mother's Day by attending church, writing letters to their mothers, and eventually, by sending cards, presents, and flowers. With the increasing gift-giving activity associated with Mother's Day, Anna Jarvis became enraged. She believed that the day's sentiment was being sacrificed at the expense of greed and profit. In 1923 she filed a lawsuit to stop a Mother's Day festival, and was even arrested for disturbing the peace at a convention selling carnations for a war mother's group. Before her death in 1948, Jarvis is said to have confessed that she regretted ever starting the mother's day tradition.

MOTHER'S DAY QUOTATIONS

"All that I am or ever hope to be, I owe to my angel Mother." -- Abraham Lincoln

"God could not be everywhere and therefore he made mothers." -- Jewish proverb.

"Of all the rights of women, the greatest is to be a mother." -- Lin Yutang.

"The heart of a mother is a deep abyss at the bottom of which you will always find forgiveness." -- Honore' de Balzac (1799-1850).



"My mother was the most beautiful woman I ever saw. All I am I owe to my mother. I attribute all my success in life to the moral, intellectual and physical education I received from her." -- George Washington (1732-1799).

"By and large, mothers and housewives are the only workers who do not have regular time off. They are the great vacationless class." -- Anne Morrow Lindbergh (1907-).

"The mother's heart is the child's schoolroom." -- Henry Ward Beecher (1813-1887).

Maynooth U3A

The slogan at the recent Aontas workshop for Lifelong Learning was:

'Don't Stop Me Now'.

I think it so epitomises U3A at the moment. Our **'Go For Life'** Activity Program will have us energized, fit and ready to move outdoors to the Fitness Zone as soon as the sun shines. Thank you to those who championed the cause on our behalf, in getting the equipment installed in the harbour.

We can follow the Chinese custom and top off for our morning fitness routine on our way to the train station or elsewhere! Plans are afoot for our Creative Writing and Drama classes. The adrenaline is already flowing and the minds are engaged with the endless possibilities. Do I hear Booker or is it IFTA !

Quite a few of our members are looking forward to their short break in Belfast. I hear the Hilton hotel is a must this time of year. Ladies, enjoy the pampering. Can I return to our Christmas fundraiser of 'Sing Your Heart Out' for the Irish Heart Foundation. The amount raised was €712.00. We would like to extend a big 'Thank You' to the musicians - Joe, Danny and Jonathan - whose presence raised our performance to a new level.

U3A would like to see new members, so if you are curious about us come along to our March meetings on Friday 6th and 20th at 11. 00 a.m. in the Community Library.

Further information: Phone Bernadette 01- 6289131

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Phone: 6286312

and Paddy Malone, Ballycahan. Phone: 6287074

Clubs, Organisations And Societies

Maynooth Citizens Information Centre Know Your Rights

Question

I live in a rented apartment. Can I claim any tax relief on the rent that I pay?

Answer

You can claim tax relief on rent paid for private rented accommodation if it is your main residence. The tax relief does not apply to rent that is paid to a local authority or State agency, or if it is paid under a lease agreement that is for 50 years or longer.

There is a maximum limit to the amount of rent that is taken into account each year, depending on your age and marital status. For 2009, the limits are the same as for 2008:

Age	Single	Married
Under 55 years	€2,000	€4,000
Over 55 years	€4,000	€8,000

Your tax relief is 20% of your annual rent, up to the maximum rent limit shown above.

So if you are under 55 years of age, the relief reduces your tax by up to €400 (that is, €2,000 x 20%) if you are single, or €800 if you are married.

If you are over 55 years, your tax is reduced by up to €800 if you are single or €1,600 if you are married.

You can claim the tax relief by completing the form Rent1 which is available from your Tax Office or can be downloaded from the Revenue website at www.revenue.ie. Revenue also has a 24-hour phone line for requesting forms and leaflets at Lo-call 1890 306 706 or (01) 674 4050.

Question

I have recently received interest on my savings deposit account but the bank deducted tax on the interest at 23%. Is this correct?

Answer

If you deposit a sum of money with a financial institution, any interest you earn is usually liable to a tax called Deposit Interest Retention Tax (DIRT). For payments made on or after 1 January 2009 the rate of DIRT has increased from 20% to 23%. The financial institution deducts this tax before the interest is paid to you.

You are exempt from DIRT if your income is below a certain level and either you or your spouse is: 65 years of age or over or Permanently incapacitated so that you are unable to maintain yourself.

If you or your spouse is 65 years of age or over you are exempt from DIRT if your income is €20,000 or less (for an individual) or €40,000 or less (for a married couple).

If you have dependent children, these exemption limits are increased by €575 for each of the first two children and by €830 for each subsequent child.

(Continued on page 20)

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Maynooth Community Library

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For our Adult Players, we have Mr. Jim Doyle, Mr. Barry Smyth & Mr. Darren Corrigan who play chess, but are also available to give lessons and generally help beginners master the art.

New Members very welcome

Any enquiries: Mr. Barry Smyth - 087 - 9695475 - 01 - 6285530

PARENT AND TODDLER GROUP meets every Wednesday morning at 10am in Maynooth Community Library.

YOUNG ADULTS!

See our new range of Graphic Comic Novels in Maynooth Library.

Maynooth **"Film For All" Club's** next film **"Kings"** adapted from 'The Kings of the Kilburn high Road' takes place in the John Hume Building JHL2 on Wednesday 4th March at 7.45 p.m.

For Details Contact Maynooth Community Library at 01 6285530

OPENING HOURS

**Monday 1 - 8 p.m. Tuesday 9.30 - 1 & 2 - 5p.m. Wednesday 9.30 - 1 & 2 - 5p.m.
Thursday 9.30 - 1 & 2 - 5p.m. Friday 9.30 - 1 & 2 - 5p.m.**

Clubs, Organisations And Societies

(Continued from page 18)

If you are under 65 years and permanently incapacitated, you may be exempt from DIRT if your tax credits (including your spouse's) for the year exceed the tax that would be chargeable on your (and your spouse's) income for the year. For example, if your only income is Disability Allowance, you may be exempt from DIRT.

If you are exempt, you can apply to receive interest payments without having DIRT deducted by the financial institution. To apply, you must complete the appropriate application form and return it to Revenue. If either you or your spouse is aged 65 years or over, you should complete form DE1. If you or your spouse is permanently incapacitated, then complete form DE2.

If you are exempt and would like to claim a refund for DIRT that has already been deducted, you can do this by completing Form 54D.

You can get these forms from your Tax Office, from www.revenue.ie or by phoning Lo-call 1890 306 706.

Question

Does the new Income Levy apply to the income I receive from my occupational pension?

Answer

Occupational pensions are subject to the new Income Levy in the same way as other income but State pensions are not.

In general, if you are aged over 65 you are exempt from the Income Levy if you have gross annual income of €20,000 or less (€40,000 or less for a married couple). For people aged under 65, the income limit is €18,304.

These limits apply to income from occupational pensions and other sources. If your income is over these limits, you pay the levy on the full amount at 1% up to €100,100. A 2% rate applies to income above that up to €250,120. The highest rate of 3% applies to income over €250,120.

However the levy does not apply to Contributory or Non-Contributory State Pensions so if, for example, you are receiving a State pension of €11,976 and your only other income is an occupational pension of €20,000, then this income of €31,976 will not be subject to the levy.

If you hold a full medical card you are exempt from the levy but holders of the GP Visit card are not.

Question

I applied for Family Income Supplement last year but didn't qualify. Have the income limits increased for 2009?

Answer

Family Income Supplement (FIS) is a weekly payment for families at work on low pay, including single-parent families. To be eligible:

- You must be working 19 or more hours per week (or 38 hours a fortnight) and the work must be expected to last for at least 3 months. Back to Work Allowance, Job Initiative, Community Services Programme (formerly Social Economy Programme) and Part-time Job Incentive are eligible for FIS. Other FÁS schemes, including Community Employment, are not. Where your spouse/partner is also working, your working hours can be combined to satisfy this condition.
- You must have one or more children (under age 18, or aged 18 to 22 in full-time education) living with you and you must be supporting them.
- Your average weekly family income must be below the income limit for your family size. Assessable income is gross income less tax, PRSI, the Health Contribution, the new Income Levy and superannuation. It includes most social welfare payments, but not Child Benefit, Early Childcare Supplement or Carer's Allowance.

For 2009 the weekly income limits have increased as follows:

If you have	Your family income is less than
One child	€500
Two children	€590
Three children	€685
Four children	€800
Five children	€920
Six children	€1,030
Seven children	€1,160
Eight children or more	€1,250

FIS is calculated as 60% of the difference between your average weekly family income and the income limit for your family size. The minimum payment is €20. It is paid for 52 weeks while you continue to meet the qualifying conditions. At the end of this period you should re-apply if you think you are still eligible. Claim forms are available from your local Social Welfare Office or Lo-call 1890 20 23 25.

Further information is available from Citizens Information Centres and from the Citizens Information Phone Service, LoCall 1890 777 121.



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Features

The Cheltenham Festival 2009

Tuesday 10th to Friday 13th March 2009

This year Cheltenham will be its fifth year as a four-day festival in the elegant spa town, which plays host to visitors from all over the World. The festival is without doubt one of the great sporting occasions of the season.

The roar of the crowd as the tapes rise for the first race of the Festival each year tells you everything you need to know - 12 months of waiting is over!

Over the course of the week, around 230,000 people will be there to witness the action and soak up the atmosphere and across the UK and Ireland, well over €500 million will be wagered on the outcome of the 26 races. Total Prize Money in 2009 is €3.5m, an astonishing average of €134,000 for each Festival race. The feature race on Tuesday is The Smurfit Kappa Champion Hurdle, the most sought after prize anywhere for 2 miles hurdlers. The Irish have won seven of the last ten running's of this historic contest, but Katchit led home a 1-2-3 for Britain in 2008.

Wednesday sees the Seasons Holidays Queen Mother Champion Chase take centre stage, as the best two mile chasers produce a fast and furious contest over the famous Cheltenham fences. For many, this is the most exciting race of the year and Master Minded produced one of the greatest performances of the modern era in 2008. In 2009, Wednesday will have seven races for the first time since The Festival became a four day meeting.

On Thursday, the long distance hurdlers contest The Ladbrokes World Hurdle. Only the brave and the strong prevail in this three mile contest. Inglis Drever made history by winning the race for the third time in 2008 and is being aimed at the race for one last time in 2009. The Ryanair Chase is another Grade 1 highlight on Thursday. Thursday will once again be Ladies Day.

Then comes Friday and the highlight of the entire Jump season: the Totesport Cheltenham Gold Cup. This is the race that every owner trainer and jockey dreams of winning and it takes a very special horse to win more than once.

Denman led home Kauto Star and Neptune Collognes in a Paul Nicholls-trained 1-2-3 in 2008 and will be looking to add his name in 2009 to those of legends Golden Miller, Arkle and Best Mate as multiple winners of Jumping's Blue Riband event.



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Pet Corner

Inexpensive tips for keeping Pets



Don't buy expensive chew treats for your dog – instead, buy long-lasting rubber toys like the Kong. When stuffed with food and deep-frozen, these give your dog hours of contented chewing time, and they can be used again and again, lasting for several years.

Learn to **groom your own pet**. A one-off investment in electric fur clippers will equip you to cut your own pet's hair for many years.

Choose your pet's food carefully. Cheap pet food can be poor quality, and is not always good value. Pets need to eat more food to get an equivalent amount of nutritive value.

Instead, choose a **high-quality, so-called "premium"**

brand that your pet likes, and don't change brands too frequently. Pet shops and vet clinics stock a range of diets that are suitable.

Don't let your pet get fat. Many people waste money by **feeding their pet too much**, and obese pets end up with illnesses (such as diabetes and arthritis) that are expensive to treat.

Don't buy expensive toys for your cat – **make your own instead**. Try stuffing an old sock and attaching it to a piece of string. **Fill a container with a few dried pasta shapes, rice or dried peas**, roll it across the floor and it's rattling and clattering should have your cat chasing it to investigate.

There are always **odd socks** and the missing one never turns up no matter how much you think it will. The simplest way is to just roll one or more odd socks into a ball and throw it for your kitty. It will not bounce like a ball but will slide along a smooth floor, and your cat will delight in **chasing, bating and catching the sock prey!**

Cats do have loyalty

It is perceived that cats are selfish creatures with no loyalty to their owners. That they can be selfish – well why not?. That they are not loyal – no way!. Years ago I had a lovely cat called Blackie. She was born in the cellar of a pub in Dublin. I brought her to the beautiful countryside of Kildare where she soon settled in revelling in her new surroundings.

As she grew older Blackie rewarded our devotion to her by providing presents of dead rats plonked outside our kitchen door. While I did not relish this gesture it was her way of telling us she loved us and was doing her job by keeping down the rat population on her patch.

The years rolled on and in time I had about five cats. One evening when Blackie was about six years old she did not appear for her meal. All the other cats were there but there was no sign of Blackie. Next morning when there was still no sign of her I knew that there was something wrong. The days passed into weeks and still she did not come home. Six months passed and I thought that I would never see Blackie again. Then one evening a few days before Christmas I heard the cry of a cat and I knew it was Blackie. I opened the door to see this a pathetically thin and wounded Blackie. Even though she was in such a terrible condition she kept purring and purring. I immediately brought her to the vet. He said that she had been caught in a trap somewhere and was amazed that she survived. With antibiotics and tender loving care she was well again. She had a permanent limp but that did not bother her.

I will never know how she had survived that terrible ordeal and made her way back to us. Happy to be at home she never strayed too far away from the house again. She lived for ten more happy years. She was such a loyal and faithful cat.



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Features

Maynooth Library celebrates 25 years

Maynooth Community Library held a special event in December 2008 to celebrate 25 years of service to the local community at its present site. The library on Main Street first opened its doors in February 1983. At the time it made history in public library provision, as its sister branch library in Celbridge was opened on the same day. This was the first occasion on which two new, custom-built library branches were simultaneously opened by the same local authority.



*June Brannigan, Senan Griffin,
& Lorraine Daly*

years it has played host to countless events, meetings and exhibitions, and has taken part in several local initiatives, including the Maynooth Play and Learn Project involving children from the Blacklion halting site, and the Book of Maynooth, a unique project to celebrate the new millennium. The book devised as a result of this project is now permanently on display at the library.

While there have been many changes, one thing which remains the same is the commitment of staff over the years to providing the best possible service to everyone in its community. To celebrate its first 25 years, the library hosted a Christmas recital by the Kildare Local Authorities Choir. This was attended by Mayor of County Kildare and Maynooth resident Councillor Senan Griffin, current and past members of the library staff, and many friends and supporters of the library. Together they enjoyed the music, toasted the success of the library's first 25 years, and looked forward to the next 25.

In the quarter-century since then, much has changed in Maynooth Library. In its early days, library users were served by two desks; adults used the desk at the Main Street entrance, while children used a separate desk just inside the rear entrance. Staff from that time recall using a combination of hand signals and the internal telephone system to communicate between the desks. Over the years several internal modifications took place; the two desks are long gone, replaced by a signal service area in the centre of the library. Probably the most significant and visible change has been the ongoing growth of technology; the card catalogues and cardboard readers tickets of 1983 have given way to computer-based systems, and users can now avail of public access PCs for Internet, e-mail and private study.

The Library has always striven to be an integral part of its community. Over the



*Jim MacDonald, Michael Kavanagh, Pat Loneragan, &
Eddie Tracey.*



MAYNOOTH TOASTMASTERS

Following on our recent very successful 'open night' our members have increased by six and many others have expressed interest. Our next meetings will take place on Monday 9th & 23rd March in Brady's Clockhouse Bar at 7.45p.m. Guests are always welcome. Come along and have a great night of fun and enjoyment.

Visit our website @ maynoothtoastmasters.com

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Features

A Pot of Gold



Once upon a time there were these two little men. One man was a cobbler and the other a leprechaun. They were both jealous of each other. One man had to make shoes for a living and the other went to wild parties and drank alcohol. The one that drank and went to wild parties was mean and spiteful and the other man was quiet and inoffensive.

The man who made shoes lived in a cottage. The other little man lived in a farm house. Whereas the man who lived in the house and made shoe's was getting richer, the other little man who went to wild parties was getting poorer as he was spending all his gold.

When they realised that one was getting richer and the other one's fortune was slowly getting smaller they made a truce that they would start a competition to see who would become the richest.

They started the competition. Will I be richer than you or will you be richer than me, they both wondered. They agreed the competition would be for six months. They then went to make their fortunes.

The cobbler started making shoes and the leprechaun who made his money as a loan shark, began to get rich again and he reverted to his old ways of going to wild parties again. The cobbler was busy making shoes. He had to make a lot of shoes to earn a lot of money.

After the six months making money they would see who was richer. When the six months was up they met where they said they would. The cobbler made a lot of money making shoes and he thought that he had won the competition. The leprechaun however, had made a lot money as a loan shark. "How could you have all that money you were only idling" said the cobbler. "Well you see nobody beats me. While you were busy making all those shoes to make money, I was busy collecting it. It was a better business."

"Let that be a lesson to you." You live in a cottage while I live in a farm house. I live by virtual means while you think that you have everything. You thought that you could become richer because you were doing something. But I was cleverer because I was not working but making more than you."

"That should be that be a lesson to everyone. People believe that everything is possible when they work hard. But someone that has a lovely life can be wealthy."



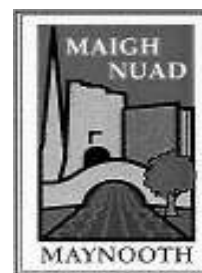
You see that crafty little man became richer while the cobbler thought that he would win the competition making shoes. He thought that he had all the money made and that he would win. But the crafty little man won because he made money from other people.

The two men made a wager who would win the competition. Who deserved to win? The cobbler did but he didn't. The leprechaun did because he was craftier and he won.

Enda Clavin



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Clonagh, Maynooth, Co. Kildare

Features

Have we found Maynooth's oldest bicycle still in use?

You often hear it said that they do not make things now like they used to. Well when we went in search of Maynooth's oldest bicycle we think that the statement is true. While we have not definitively identified Maynooth's oldest bicycle still in use, we certainly found a contender. We met up with Robert O'Reilly from the Moyglare Road to see his 1959 Triumph Tenerife which is still in very good condition. Robert purchased the bicycle from Ua Buachalla's in Maynooth and he thinks that he paid £25 for it.

The bicycle has all original parts except for the back carrier despite the fact that it has been used continuously for fifty four years. It has also been abroad spending some time in France and was used for many long distance cycles. Robert was a keen cyclist as it was his mode of transport before the car. However in more recent years he is only able to cycle around the Moyglare area using the footpaths as a cycle lane.

Robert points out that it is not safe to cycle on the Moyglare road because of the volume and speed of the traffic. This road is the only road in Maynooth that does not have a cycle lane to ensure the safety of cyclists he points out. With over 1,000 houses in this area (up to 20% of the population of Maynooth) as well as two of the local schools it is amazing that cycle lanes are not in place he says.



Robert O'Reilly

O' HAGAN

Bawnogues, Straffan, Co. Kildare

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NEW CYCLING GROUP AIMS TO PROMOTE MAYNOOTH AS A "Model Cycle Town"

Not since the promotion given to cycling over thirty years ago by the Parish Priest, Father Fergus O'Higgins with his cycles for charity has there been a serious effort to promote the use of the bike in Maynooth. This is about to change because a new group *Maynooth Cycling Campaign* has been formed within NUI, Maynooth.

However the group which has about 35 members and hold their meetings (generally one Wednesday a month) in the south campus of St Patrick's will organise evening meetings to suit people from outside the University and are not available during the day if there is interest from the wider community. Formed in June 2008 the group has set an ambitious list of actions to further the needs of cyclist in Maynooth. These include;

Group to act as the representative body for cyclists in Maynooth
Highlight cycling issues emphasizing the positive, not be anti-car and propose concrete effective solutions to issues and problems.

Lobby for a cross-University campus cycle corridor, with or without the pedestrian corridor proposal.

Promote carrying of bicycles on public transport - Bike and Ride, especially with Irish Rail. Link up with 'Rail Users Ireland'.

Involve themselves in development issues relevant to cycling.

Improve the quality of cycling facilities: cycle lanes, shelters, shower facilities, security, and safety.

Contribute to rational informed debate by gathering research on cycling issues.

Form mutually beneficial links with other cycling organisations such as Dublin Cycling Campaign, Galway Cycling Campaign etc.

Investigate the idea of promoting Maynooth as a "model cycle town". Liaise with Kildare County Council, Waterways Ireland, and Irish Rail etc. regarding cycle access routes to Maynooth.

Form links with all local politicians and canvass them on cycling issues.

Raise the positive profile of cycling by organising cycling events e.g. Cycle to Work Day, Cycle Promotion Schemes, information on notice boards highlighting advantages of cycling etc.

Carry out survey of staff/students of NUI Maynooth and St. Patrick's to ascertain transport modes, attitudes to cycling (especially personal reason for/against).

Spokesman for *Maynooth Cycling Campaign* John Murray is keen to broaden the group and invites input from the community as the group is keen to represent the entire cycling community in Maynooth. NUI Maynooth has commissioned a Mobility Management Study, and the group is currently preparing a submission for this (including off-campus cycle and pedestrian mobility and the group would welcome your views. The first major event that the group hopes to promote is a "Cycle to Work Day" in Maynooth for late March so watch out for the details and why not take to your own bike on the day.



*John Murray, David Walsh, Peter Denman, Tom Fahy,
Paul Davis, Vincent Murphy,
Jonivar Skulferid.*

Paul Croghan

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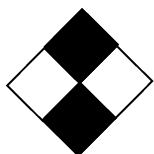
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Maynooth Tidy Towns

New recycling facility at Tesco Maynooth

As the Tesco complex is further completed Maynooth Tidy Towns is pleased with the new recycling facilities being provided. As this is a regional store serving north Kildare we expect that there will be a high level of usage. We would encourage you to use this facility if you go to the other recycling locations in Maynooth and find that they are already full. Kildare County Council has stepped up the level of prosecutions for littering at recycling centres so be warned that leaving your recyclables beside the receptacles is deemed to be littering so you will more than likely be caught on CCTV. Also remember that leaving your boxes behind will also lead to a prosecution. Maynooth Tidy Towns want to increase the level of recycling but also want you to respect the conditions of using these facilities and above all avoid a fine for littering.



Maynooth Tidy Towns would also like to acknowledge financial support that we received from Tesco Maynooth.

St. Patrick's Day Parade

We will have a float as usual in the Maynooth parade this year with a thoughtful message for you if you are viewing the parade floats.

Maynooth is in danger of taking the record for the largest number of bollards

It is particularly noticeable that inconsiderate parking is leading to damage to the few green spaces that we have left in the town centre. A number of years ago we had to install bollards down outside the Castle. Kildare County Council has put in place bollards at other locations in an effort to prevent encroachment by inconsiderate drivers who abandon their cars anywhere regardless of the surface. It has been necessary to erect new bollards in Leinster Street in order to eliminate inconsiderate and unsafe parking (see picture).



Other locations need to be protected as when cars damage the verge it is not possible to cut it when the grass begins to grow. One such location is opposite the schools on the Moyglare Road (see picture). It is particularly disappointing to see the damage to the island outside the boys primary school caused by a small number of inconsiderate people. If we are not careful we will have so many bollards to protect vulnerable areas that we will take the record for the largest number of bollards in one town.

Paul Croghan PRO
Maynooth Tidy Towns



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Fianna Fáil



Michael Fitzpatrick T.D.
Tel. 086-2706150

Constituency Office
Town Hall Lane, Naas, Co. Kildare.
Tel. 045-888438 Fax 045-888437
Email: Michael.Fitzpatrick@oireachtas.ie

Cllr. Daragh Fitzpatrick
Tel. 087-2538184

Clinics:

- Second Thursday each month : 5.30 p.m. Leixlip, Court Yard Hotel (Lobby)
6.30 p.m. Maynooth, Glenroyal Hotel (Lobby)
7.30 p.m. Kilcock, O'Keefe's
- Celbridge Fianna Fáil Office, every Saturday morning 10 a.m.
- Jones, Main St., Clane, every Saturday morning 11 a.m.
- Naas Constituency Office, Town Hall Lane, (Tel.045-888438)
Monday and Friday mornings or by appointment.

Contact: Michael/Daragh Constituency Office: 045-888438

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Features

Make a daily cycle part of your routine - it's good for you

At 84 years of age Gerard Howard Williams must qualify as one of the oldest cyclists in Maynooth. Still cycling about six miles a day, Gerard has reaped the rewards for his passion for the two wheel mode of transport. He has made a rapid recovery from a recent surgical procedure and the doctors acknowledged that Gerard's general good health was in no small way accounted for by his daily cycle.

One of Gerard's first memories of cycling was a cycle around the Isle of Man TT course in 1935. His father also a keen cyclist, brought as many of his nine children as could cycle a bike on this trip. Gerard and his bike (well one of his many over the years) are not easily separated. He regularly brings his bike to the UK when visiting family and even much further afield as was the case with a sun holiday to celebrate a special wedding anniversary.

His son Paul (also a keen cyclist) believes that the key to getting the benefit from cycling is that you include it in your normal daily routine rather than having to make a conscious decision to go for a cycle. Gerard makes a daily trip from their home on the Leixlip Road to Maynooth for shopping using Carton Demesne and Carton Avenue as his route unless he is in a hurry and then he uses the main road. He refuses to travel by car unless it is necessary.

Gerard's message is that cycling is good for you. If he is feeling under the weather a cycle can usually bring back a good feeling. He pointed out that Maynooth has much improved cycling routes in recent years even though there is still much that can be done to assist the cyclist. He is also conscious that a cyclist must be seen to be safe with the level of traffic on the roads and he insists on wearing all the safety gear that a cyclist needs. All of Gerard's children are keen cyclists also and Gerard hopes that he can encourage others to take to their bikes.



Gerard Howard Williams

Paul Croghan

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Features

History in the Making

This month fifty years ago in 1959 history was made when Sean T. Ó Ceallaigh became the first Irish President to address the Joint Houses of the US Congress. As this was the first time! protocol had to be established, should they bring gifts? would they be reciprocated?. The Americans needed to know what types of food, wine and cigars the Irish President would like, and would he like to visit any Art Galleries or Industrial Plants?. We know today this has set up protocol for all Presidential visits, where exchange of gifts are the norm.



Sean T. Ó Ceallaigh



**American President,
Barack Obama**

President Ó Ceallaigh talked about the strong links we had with America, when they offered hope to thousands of distressed Irish people during the Famine, and how in 1880 the Young Irish Leader Charles Stewart Parnell came to Washington to ask for help for a nation in desperate need. He went on to say how the large population of Irish now living in America created strong ties with both nations.

The President also talked about how Ireland had changed since Parnell had been there 80 years earlier, now we could feed our nation, but he then went on to say how both nations had to fight for their freedom and that like America we would hope to have a united country. He then said if you visited Ireland now, you would see a much better place, maybe not a rich nation but certainly changed, with more freedom and better infrastructure, and material progress that could only strengthen our spiritual and cultural contribution to the world.

Here we are fifty years on and yes we are a rich nation, but facing a really tough recession. Ireland has changed so much now that the late President Ó Ceallaigh would not recognise it, Motorways, Skyscrapers, the Luas and all the traffic on our roads. The one thing he would not understand is all the controversy, both political and religious. He would be very proud to see how our nation has welcomed other nationalities here to live and work and how our nation has grown as a result.

Fifty years on, we now have the first African American President, Barack Obama. The late President Sean T. Ó Ceallaigh perhaps would never have envisaged such a historic event, but also to find out that Barack has Irish blood would have left him proud to be Irish. How the world has changed is amazing and the speed in which it has happened. As Sean T. Ó Ceallaigh was middle-aged fifty years ago, today's changes would be staggering. If he knew on that first visit what the future held, how much prouder he would have been. Maybe we all expect a lot from (Barack Obama) but hope and trust can go a long way to improve things, if we all look at how things were then, we would know that we can do it, as can the rest of the world.

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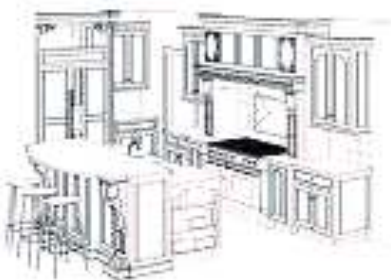
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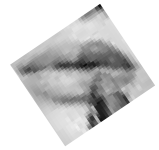
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Features



Beauty Tips For Teens



Teens Skin Care Tips : Due to overactive hormonal glands around puberty the skin becomes oily. The centre of the face from forehead to the chin area tends to be extra oily. Since the body is generally covered, once a day cleaning is enough, but the same is not the case with face, neck, and arms due to over exposure to sun, dust, and other pollution. **Teens do not neglect your skin** even if it is normal.

Teens Nightmares-Acne, Blemishes, and Blackheads: Acne, blemishes, and blackheads is the number one problems for teens. Oily skin is prone to acne, blemishes, and blackheads so you have to be extra careful about the cleaning of your face. Wash your face twice or three times a day with an **antiseptic soap** whenever possible to ensure the cleanliness of your face throughout the day. You can use an **astringent lotion** to control over oiliness.

Make-up For Teens : Teenage girls should apply light make-up. Apply a type of make-up which enhances your natural beauty. Heavy make-up makes the skin pores clog and also makes you look silly. Teens should chose make-up and cosmetics products which is suited to their skin. Whatever your skin type may be, you must **remove make-up before sleeping**, with raw milk or a commercial cleansing milk and then wash your face. Use an astringent or a moisturizer according to your skin.

Foundation For Teens: Foundation is not necessary for teens. If teens prefer then choose a foundation to match your skin tone. Using the right foundation makes your skin look flawless and smooth. Choose the **shade closest to your skin tone** by testing it on your jaw line. The correct shade will look natural when compared with your neck. Lightly moisturize face and neck, using an anti-shine product on your T-zone if it is oily then apply small dots of foundation.

Health and Beauty - For Teens : A sensible diet includes **fruits, greens, and vegetables**, milk product, whole grain cereals, and bread and lean meats. Have wholesome meals to attain your project of being beautiful. Keep nutrition in your mind and eat in right quantities. Leave the dinner table when you can still eat another morsel of food. Teens digestive system will function better. Drink plenty of water, at least 8-10 glasses a day, to eliminate toxins from the body and retain the moisture level in the skin to keep wrinkles away at a later age.

Moderate Exercise For Teens : A regular 30-40 minutes of moderate exercise is enough to keep the body beautiful, supple and active. **Jogging is a natural exercise**, good for teen and all. A brisk jogging of 30 to 60 minutes daily can fill you with vigour and vitality. The flush of oxygen will perk up your complexion and bring a twinkle to your eyes, so teens must do some exercise for their beauty and health.

Freckles : Don't try to hide your freckles. You may not appreciate them, but they are part of you. **Exposure to sunlight** makes freckles darker so avoiding the sun and using a sunscreen will keep them in check. As you get older, they can fade -- and then they won't be an issue.

Professional Beauty Tip of The Month

If you have combination skin, take this tip from the beauty salons and use two masks - one suitable for oily skin and one for dry skin. Just apply each one to the relevant area that needs it.



Programme

Maynooth Local History Group

Thursday 12 March 2009

NB Change of venue – O'Neill's Public House (upstairs)

Main Street, Maynooth at 8.00pm

Memorabilia Evening

This is an opportunity for members of the group and of the public to bring their old photographs/postcards, family papers and other artefacts to the meeting and to share their memories with others.

Thursday 16 April 2009

Venue: O'Neill's Public House

Main Street, Maynooth at 8.00pm

Speaker: Ciarán Reilly

Land League activity in north Kildare and east Offaly in the 1880s

Ciarán will examine the role of the Irish land agent in nineteenth century landed estates

Thursday 14 May 2009

Venue: O'Neill's Public House

Main Street, Maynooth at 8.00pm

Speaker: Angela Byrne

The European travels of Mr John & Mrs Dorothea Catherine Ladeveze

Adlercron of Moyglare, 1806-1844

Angela will focus mainly on John Adlercron's journey to Moscow via Austria, Poland and Belarus 1805-1806 and the family's tours in France, Switzerland and Italy between 1824-1844

June – Outing to be determined.

For further details contact secretary:

Rita Edwards at 01-6016332 or at ritaedwards@eircom.net

Maynooth Local History Group is actively seeking new members and anyone who is interested please contact Secretary, Rita Edwards at 01-6016332 or ritaedwards@eircom.net Members of the public are always welcome to attend our talks

Features



Maynooth GAA News



There was huge excitement in the club on Wednesday (11 February) for a presentation of medals to the underage teams from the club that were successful in 2008.

Receiving medals on the night were the under 13s, the under 12s and the under 14s.

The under 13s won their league, while the under 12s were runners-up in their league. The under 14s were very lucky, finished second in both the league and championship.

Under 13 panel members were: Siofra Dunne, Sinead Burke, Sian Miller, Sarah Jennings, Sarah Greally, Sarah Curran, Roisin Coyle, Rachel O'Neill, Niamh Coyle, Meabh Walsh, Mary Kate Quane, Louise Qualter, Katie Donnellan, Jane Finnegan, Helen McMillan, Hannah Sweeney, Hannah Regan, Ellen Boyle, Ciara O'Shea, Ciara Hewson, Ciara Hamilton, Ceana Heneghan, Aoife Greally, Aoife Coughlan, Alison Tierney, Ali Kelly, Aine Hughes and Ailbhe Quinn.

The under 12 panel members were: Siofra Dunne, Sinead Burke, Sian Miller, Sarah Curran, Saoirse Ni Choineachain, Roisin Downes, Meabh Walsh, Mairead Burke, Louise Qualter, Hannah Regan, Ellen Boyle, Ciara O'Shea, Edel Murray, Ciara Hamilton, Aoife Greally, Ali Kelly, Aine Hughes, Ailis McMillan, Ailbhe Quinn, Helen McMillen.

The under 14 panel members were: Aoife Coughlan, Aoife Greally, Ceana Heneghan, Ciara Farrell, Ciara Hamilton, Ciara Hewson, Ciara O'Shea, Emer Sinnott, Hannah Stack, Hannah Sweeney, Helen McMillan, Jenny O'Dwyer, Katie Donnellan, Louise Doran, Louise Qualter, Mary Kate Quane, Meabh Walsh, Rachel O'Neill, Ruth O'Hurley, Sarah Curran, Sarah Greally, Sarah Jennings, Shauna Murray, Sian Miller, Sophie Courtney and Tanya Doyle.

There were special awards handed out on the night as well. Rachel O'Neill, Sarah Curran and Meabh Walsh were all rewarded for their excellent attendance at training.

U16 Camogie Division 1 Round 1

Maynooth 2-6

Naas 1-2

Maynooth's first camogie outing of 2009 was a winning one on Sunday, 15 February in Naas. The 13 a side format tested both teams on the large Naas 'Hill' Pitch.

Naas opened strongly with Rachel Phelan at midfield and Ciara Woulfe at centre forward dominating in the first 10 minutes. However Maynooth full back Siobhan O'Shea -in her comeback game - Aine Dooley and Aoife Twomey were dominant at full back and cleared their lines. Hannah Stack and Elaine Kelly in the Maynooth half back line worked extremely hard to keep pressure on the Naas forwards. Despite their early dominance Naas had the settle for a single point from Rachel Phelan.

Maynooth lifted their work rate at midfield with Niamh Kearney covering huge areas of ground between both 45's. Her partner Grainne Hoban shut down the Naas supply lines and drove balls into the Maynooth forward lines. The Naas back line of Ciara O' Hara, Maria Bergin and Gaenor Murphy denied Maynooth scores again and again. Eventually Maynooth got their first point when Louise Doran split the posts from way out on the left. Grainne Hoban pointed a free to put Maynooth 1 point up at half-time.

Features

Maynooth GAA News



The springing of Karen Feehan from the Maynooth bench at half time changed the game. She quickly showed why she was a permanent fixture on the County under 14 team of 2007 and despite her long absence her touch was excellent. Having gathered the ball at the corner flag she drove a low shot across the square where the alert Emma Lynch buried it to the back of the net. This score lifted the entire Maynooth team. Louise Doran added another point and Emma Lynch grabbed a second goal. Elaine Kelly was rampant at center forward by now and Naas could not get the ball beyond their own half back line. Further points from Doran, Kelly and Hoban sealed the game for Maynooth. However Naas refused to concede. Niamh Burke, Leanne Campbell and Ciara Browne were all involved in a final effort which resulted in a goal in the last minute of the game.

MAYNOOTH: Jenny O'Dwyer, Aine Dooley, Siobhan O'Shea, Aoife Twomey, Elaine Kelly, Hannah Stack, Grainne Hoban, Niamh Kearney, Emer Sinnott, Louise Doran, Tanya Doyle, Emma Lynch, Rebecca O'Neill. Sub: Karen Feehan.

NAAS: Niamk Burke, Gaenor Murphy, Maria Bergin, Collen Redfern, Ciara O'Hara, Evelyn Goode, Leanne Campbell, Rachel Phelan, Ciara Woulfe, Sinead O'Sullivan, Emily Egan, Ciara Browne, Clodagh, Subs: Caoimhe Carolan, Rachel Lennox, Karen Benn, Sarah Benn, Sarah Clancy, Sine Kenny.

MFL Division 1 Round 2

MFL Division 1 Round 1

Maynooth lost out by two points in the first round of the minor football league at home to Balyna on Sunday morning (15 February).

Balyna 2-11

Maynooth 1-12

Despite a good performance Balyna proved just too strong for the Maynooth youngsters who were without Kildare VEC star Michael Fahy, who missed out through injury, while defender Daragh Dunning, another player from the Kildare VEC team, was between the posts for the first game of the year due to another knock.

The home side played good football at stages and an Andy Fox goal was a huge boost but Balyna were busy raising two green flags at the opposite end to cancel out Fox's effort. Another Fox, centre forward Sean, chipped in with two frees while centre back Joe Gerry stood out from the crowd as he pointed two 45s.

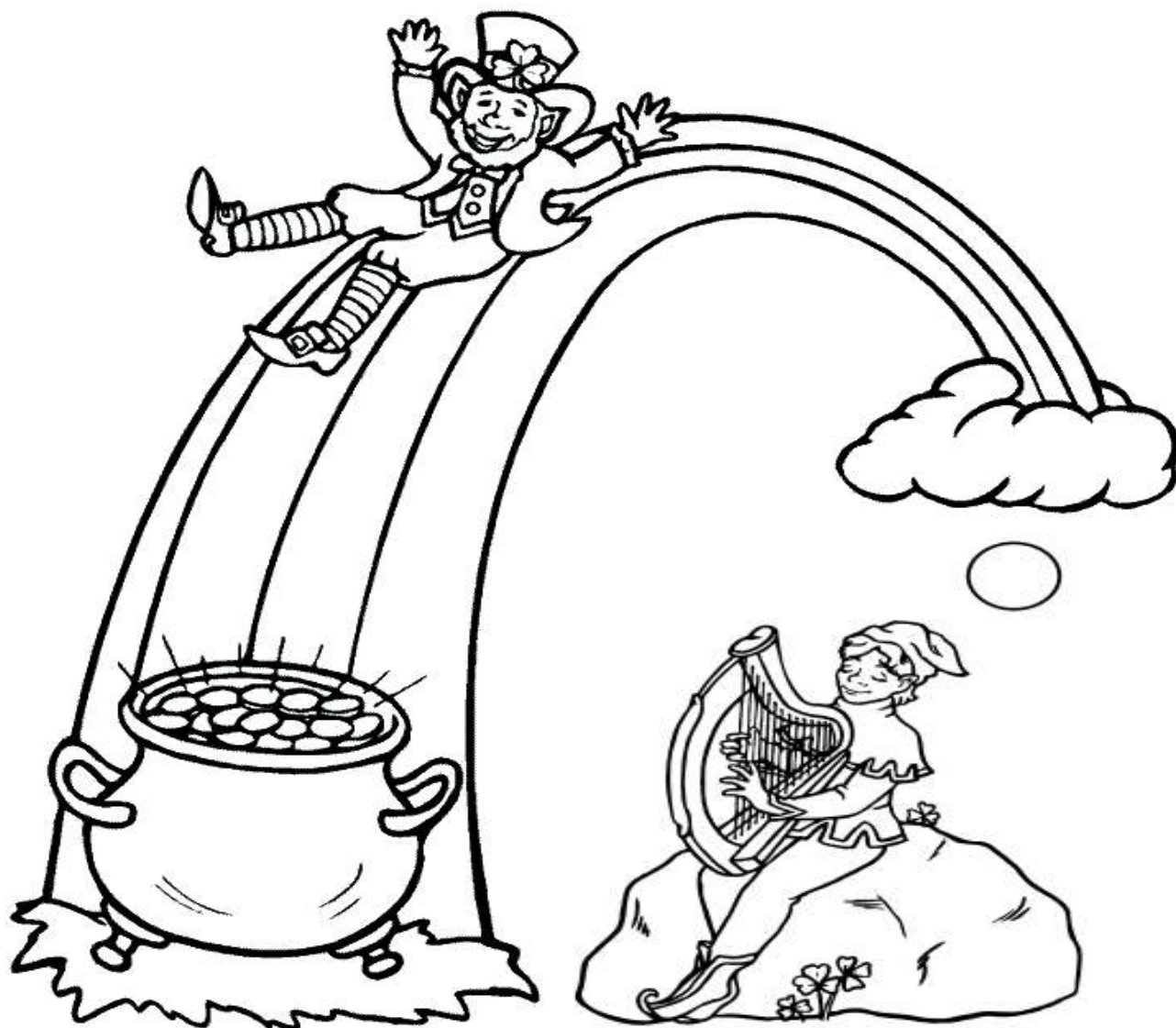
The other Maynooth scorers were John McAndrew, Conor O'Brien, James Durkan and John Comerford, who came on as a substitute as he continues his comeback from injury.

MAYNOOTH - Daragh Dunning; Cian Egan, Dean McAvinue, Eoin Sinnott; Cormac Molloy, Joe Gerry (0-2, 2 45s), David Bradley; Eoghan McNutt, John McAndrew (0-2fs); Josh Gunn, Sean Fox (0-2fs), Coman O Murchu; Andy Fox (1-1), Conor O'Brien (0-2), William Donovan.

SUBS: James Durkan (0-2), John Comerford (0-1), Mark Travers

Children's Colouring Competition

March 2009



Name _____ Age _____

Address _____

The winner of last month's colouring competition was:
Ciara Mahon, 7, Silken Vale, Maynooth
(Prize to be collected from the Maynooth Community Council Office)
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Reference available on request.

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Poetry Corner

ODE TO MOTHERS

*Mothers cannot do it all
But surely do they try.*

*Mothers hear the angel's call,
To comfort all who cry.*

*Mothers for themselves may fall,
For others they will fly.*

*Mother's bear the weight of all,
For their children, they would die.*

*A Mother's gift extends beyond
All bounds of time and space.*

*Her lovingness and nurturing
Make Earth a peaceful place.*

By Kristin F. McKendall

St Patrick's Day

*Three leaves of shamrock
Held firmly in your hand
A symbol not to mock
Of St Patrick on this land*

*Glory to our patron saint
Of Ireland's truth we follow thee
Without any further complaint
Made old renown so free*

*You show us the way to live
Of Christianity and of love
A prayer to you I give
A saint from heaven above*

*Just a humble shepherd you are
On the hill of Tara you pray
You travelled in faith so far
To make Ireland as it is today*

*You greeted everyone with a smile
The world will remember you
King of Eireann's green isle
A patron saint so true*

By Patrick Murray

The Greeting Tree

*Around by the fire we were
Talking and walking
Laughing and singing
All around the greeting tree
What a tree it was
Sheltering us
Protecting us
All around the greeting tree
A giant tree with branches so high
May you never falter or fall
Growing o' so tall
Protecting each bud to leaf
All around the greeting tree
Tree of winter bare
May you never fade
Stay full of life
Of leaves and stems so pure
No winter to endure
As tiny children sing and play
Around your crippling branches full of care
All around the greeting tree*

By Patrick Murray

Grandmothers

*Grandmothers are mothers who are grand,
Restoring the sense that our most precious things
Are those that do not change much over time.
No love of childhood is more sublime,
Demanding little, giving much on demand,
More inclined than most to grant the wings
On which we fly off to enchanted lands.
Though grandmothers must sometimes serve as mothers,
Helping out, or maybe taking over,
Each has all the patience wisdom brings,
Remembering our passions more than others,
Singing childish songs we long remember.*

(Author Unknown)

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Puzzles—Sudoku

Easy

2	1	4	6	7	5	3	8	9
6	9	5	3	8	4	2	7	1
3	8	7	9	2	1	6	5	4
7	2	6	8	4	9	1	3	5
5	3	9	1	6	2	8	4	7
8	4	1	7	5	3	9	6	2
9	6	2	4	3	7	5	1	8
1	7	3	5	9	8	4	2	6
4	5	8	2	1	9	6	7	3

Medium

6	9	5	3	8	4	2	7	1
3	8	7	9	2	1	6	5	4
7	2	6	8	4	9	1	3	5
5	3	9	1	6	2	8	4	7
8	4	1	7	5	3	9	6	2
9	6	2	4	3	7	5	1	8
1	7	3	5	9	8	4	2	6
4	5	8	2	1	9	6	7	3
6	9	5	3	8	4	2	7	1

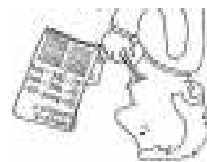
Difficult

6	9	5	3	8	4	2	7	1
3	8	7	9	2	1	6	5	4
7	2	6	8	4	9	1	3	5
5	3	9	1	6	2	8	4	7
8	4	1	7	5	3	9	6	2
9	6	2	4	3	7	5	1	8
1	7	3	5	9	8	4	2	6
4	5	8	2	1	9	6	7	3
6	9	5	3	8	4	2	7	1

Super Difficult

6	9	5	3	8	4	2	7	1
3	8	7	9	2	1	6	5	4
7	2	6	8	4	9	1	3	5
5	3	9	1	6	2	8	4	7
8	4	1	7	5	3	9	6	2
9	6	2	4	3	7	5	1	8
1	7	3	5	9	8	4	2	6
4	5	8	2	1	9	6	7	3
6	9	5	3	8	4	2	7	1

Solutions





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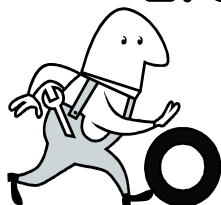
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Party Political-Labour News



Emmet Stagg T.D.

Maynooth Labour News



Cllr. John McGinley

Dublin Transportation Office (DTO) Presentation to Leixlip Area Meeting:

The DTO and their Consultants made a presentation on their proposed plans for the Train Station/Harbour Area to the Leixlip Area Committee on 16 January. The Area Committee became aware of the existence of such a Plan last May and they have been awaiting the DTO presentation since then. They stated that they expect their Plan to be approved over the next couple of months. The main proposals are:

An underground bus station and car park for 400 underground the Harbour Field.
Residential and Commercial development on top of the re-instated Harbour Field
A re-vamping of the train station.

Cllr. John McGinley made the following points to them:

An underground car park was part of the Maynooth Harbour Action Area Plan which was approved by the Area Committee 3 years ago. John wanted to know when we were going to see action as he pointed out that the DTO prepared a Park & Ride strategy in March 2005 and now we are presented with another strategy (both at great cost). The Area Committee had included a new road from Straffan road to Parson Street so that all of the car park traffic would not emerge at the Roost Junction as proposed by the DTO. Under no circumstances would John or the people of Maynooth agree to the demolition of the 4 playgrounds, and do away with the playing pitch and the proposed Scouts Hall in order to build more houses and commercial premises on the Harbour Field.

The DTO seemed to be ignoring the proposed big Park & Ride at Collinstown (opposite INTEL). John made the point that this is the Area Committees preferred site for a Regional Park & Ride and that bringing more cars into a Park & Ride in Maynooth made no sense. The Park & Ride in Maynooth should be for local people only.

In Cllr. McGinley's view the DTO proposals for the underground car park are three years too late and in the present economic climate it is unlikely that the Government will give funding to the DTO for their implementation. In the meantime it is therefore essential that sufficient long term car park capacity is secured to cater for commuters, workers and business people in the town.

Cllr. John McGinley has asked for the following changes to be made to the proposed Draft Pay Parking Scheme for Maynooth:

1. Make most of the Lyreen Area "Residents Only Parking"
2. Put "No Entry" signs at the entrance to Back Lane and leave it "Two Way".
3. All footpaths need to be upgraded in the Lyreen Area, roads re-surfaced and speed cushions put in place in consultation with the Residents' Association
4. Make Buckley's Lane "Two Way" with passing bay provision
5. Leave Cross Lane as it is at present with the "No Entry" sign
6. Remove the 4 parking spaces at the start of Pound Street and leave the yellow lines

(Continued on page 52)

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Party Political-Labour News

7. Remove the parking bay at the Band Hall and put a yellow box junction to take in the entrance to Pound Park (The Green)

8. Remove the double yellow lines from Dillon's Row and put parking bays there

9. Extend the parking bays on Convent Lane to house number 10

10. Remove the 8 parking bays at the top of Carton Avenue and complete with the cobble lock proposals in Dwg. No. E3065 dated July 2004 as already agreed by the Area Committee.

The footpath on the residential side of Parson Street should be upgraded and parking bays put in place up to house number 18

And of course the scheme cannot be implemented until suitable long term parking has been provided.

In order to speed up the process the Council should in the short term provide such parking facilities through a lease arrangement with TESCO, Waterways Ireland (at The Harbour) etc.

Cllr. John McGinley has Submitted the Following Motions to the Leixlip Area Committee:

Bonfire Debris at the bottom of Old Greenfield:

"That the debris left behind after the bonfire at Old Greenfield, Maynooth, be removed without any further delay."

Safe Route to Playing Pitches on the Rathcoffey Road

"What progress has been made on providing a safe route for children walking to the Rathcoffey Road football pitches in Maynooth"?

Roundabout Needed at Junction of Meadowbrook Link Road/Straffan Road:

"That a roundabout be installed at the junction of the Meadowbrook Link Road/Straffan Road or if that is not possible that the lights at Lidl be moved to this location in the interest of safe traffic movement."

LOSS OF 5 OUT OF THE 7 OUTDOOR COUNCIL STAFF SERVICING THE TOWNS OF MAYNOOTH, LEIXLIP AND CELBRIDGE IS A MAJOR BLOW

Cllr. John McGinley has stated that the redundancy of 5 out of the 7 Kildare County Staff servicing the 3 towns of Maynooth, Leixlip and Celbridge is devastating for the individuals and their families and he offers his support and sympathy to them.

Such a large number, of an already low workforce, being laid off will inevitably result in a reduction of services to the public unless there is a dedicated gang taken from elsewhere in the county to replace them.

In Cllr. McGinley's view the use of "Mobile Teams" as suggested by some senior Managers in the Council will not work. John has submitted the following motion for the consideration of the next Leixlip Area Committee Meeting on 20 February:

"That appropriate steps are taken to ensure that there will be no reduction in the Street Cleaning and Litter Management Service to the public in the major towns of Maynooth, Leixlip and Celbridge as a result of reducing the outdoor staff numbers from 7 to 2."

Cllr. McGinley allocates Funding for Pedestrian Lights on the Rathcoffey Road:

"I'm very pleased at the Council's promptness in carrying out the work on the new Pedestrian Crossing at Rathcoffey Road, Maynooth. I funded this much needed safety measure from my Discretionary Grants. The cost of the project is €39, 725.

Many residents of Rathcoffey Road, Maynooth, contacted me about the safety of their children getting to Bond Bridge because of the lack of a footpath from the end of Castledawson.

The Council advised me that the cost of installing a footpath would be astronomical because of the land take required. I asked them to install a pedestrian crossing from the Castledawson side to the Cluain Aoibhinn side and their response was that they had no money for such work.

I therefore decided to use all of my Discretionary Grants so that the Pedestrian Crossing could be put in place.

The new lights will also act as a much needed traffic calming measure as traffic will automatically slow down as a result of their installation."

GO-AHEAD AT LAST FOR GAELSCOIL UI FHIAICH

Deputy Emmet Stagg and Cllr. John McGinley have welcomed the announcement that the permanent school building for Gaelscoil Ui Fhiaich on the Celbridge Road, Maynooth, has finally been sanctioned with approval to go to tender and construction in 2009.

Party Political-Labour News

(Continued from page 52)

The site for the school, where the existing prefabricated buildings are located, was transferred into the ownership of the School's Board Of Management in December 2004, and despite Government stalling, at last the school will now have permanent buildings.

The project will involve the building of a new 16 classroom school and tenders should be invited shortly for the building contract.

GOVERNMENT REFUSE TO BUDGE ON MAYNOOTH B.N.S. DESPITE PRIORITY RATING

Deputy Emmet Stagg again questioned the Minister for Education in relation to the appointment of a Design Team for the required extension to Maynooth Boys National School on the Moyglare Road, Maynooth.

The Minister in his response to Deputy Stagg peddled the usual FF mantra that the project would be considered in the context of the Department's Multi Annual School Building and Modernisation Programme.

Expressing his anger at the Minister's refusal to sanction the appointment of a Design Team Deputy Stagg outlined the following facts:

- The Department of Education themselves approached the school in Summer 2007 asking them to increase the number of classrooms from 17 to 24. The School agreed and yet nothing has happened to progress the project.
- The Project has the highest priority band rating in the Department assigned to major capital projects. The Minister obviously does not understand the meaning of the word priority. There are 475 pupils attending the school at present in overcrowded classrooms placing additional pressure on teaching staff at the school. The Minister obviously does not care.

Deputy Stagg stated that it is disheartening for the pupils, teaching staff and parents to meet with such a dismissive attitude from this FF Minister, a member of a Government who has walked us into a recession and which has no policy now except to cut public services with no thought of stimulating the economy and stemming the tide of job losses by investing heavily in Educational Infrastructure such as the Maynooth School Project.

In conclusion Deputy Stagg stated that he would continue to highlight this issue with the Minister to

force a change of mindset.

SHOCKING 17% INCREASE IN THOSE SIGNING ON IN MAYNOOTH EXCHANGE IN 1 MONTH

Deputy Emmet Stagg has described the latest Live Register Figures for those signing on at the Maynooth Labour Exchange, which saw the numbers signing on increasing from 3,589 people at the end of December 2008 to 4,188 people at the end of January, 2009, as truly shocking and an indictment of the Governments failure to address the loss of Jobs in the Economy whilst concentrating solely on bringing the Public Finances into line.

The Government stated Deputy Stagg is fixated solely with bringing public expenditure under control and is failing to address the need to generate employment, to get the economy moving, to get people spending and to get revenues buoyant again. For every job lost in the Irish Economy the cost to the Exchequer in terms of Social Welfare Assistance and tax revenues forgone is in the order of €20,000. Those who have lost their jobs are people who were working and want to work now and who are facing a financial crisis for their families and the culture shock that being unemployed and all that it means brings with it.

The key to getting out of the economic crisis requires a change in the mindset of the Government to use resources to get people back working. Even if we give €7 Billion to the disgraced bankers who along with the inept Government we have had for the past 12 years have brought the Country to the crisis we now face, there are still sufficient reserves in the National Pension Reserve Fund of €11 Billion which can be used to generate jobs in the Economy. The jobs can be Labour intensive and we have already suggested that they can be in the areas of School Building, urban regeneration and home insulation. A further use of the reserves would be in the area of Home Improvements for the Disabled and Elderly. In Kildare alone there is a backlog of such work valued at €8 Million. An intensive scheme to fund these works in 1 year nationally would probably cost €500 Million. Apart from creating jobs we would be creating a better environment for these disabled people and elderly people and giving them some comfort in their homes.

In conclusion Deputy Stagg stated that the Government must finally acknowledge that they cannot simply sit back and allow jobs to be lost in massive numbers. By creating jobs we will grow the economy, restore public finances and put consumer

(Continued on page 54)

Party Political-Labour News

(Continued from page 53)

confidence back into the economy.

STAGG DENOUNCES ATTACK ON PUBLIC SERVICE

Deputy Emmet Stagg has denounced the concerted attack on the Public Service orchestrated by many of those same people who have brought the Economy to its knees and which culminated with a new Tax on Public Servants with the introduction this week of the Pension Levy.

The pension tax stated Deputy Stagg is unfair and unjust and seeks to place the burden of the correction of Public Finances on one section of the Community, a section which had no hand act or part in the creation of the crisis in public finances.

Public servants accept that everybody in the country will have to play their part in pulling together to bring our economy back to where it was a short time ago. What they will not accept, and what the Labour Party has opposed is the scapegoating of public servants, many on very modest incomes. The government picked an easy target to raise €1.4 Billion rather than looking at existing taxes and bringing forward a mini budget to target those gained the most from the boom years – the bankers, developers and property speculators. Why are tax exiles allowed to retain Irish passports, why are landlords allowed interest relief on rental properties, why do we allow tax relief on pension contributions in any year up to €150,000, why are we giving tax breaks to for profit private hospitals, why is a single person taxed at 41% on an income of €36,400 and somebody earning €100,000 is also taxed at the same rate, why are the Chief Executives of the A.I.B. and B.O.I allowed to earn €3 million a year and be taxed at the 41% rate.

Without our public service the county would stop functioning stated Deputy Stagg and it's time we valued our public servants and resisted the right wing attacks on them from quarters closely associated with the government.

STAGG WELCOMES ALOCATION OF 6 ADDITIONAL GARDAI TO LEIXLIP DISTRICT BUT MUCH MORE NEEDS TO BE DONE

Deputy Emmet Stagg has welcomed the allocation of an additional 6 Gardai to the new Leixlip District Garda Headquarters in the past fortnight but has stated that considerable additional resources are required in the Garda Stations in North Kildare if crime is to be tackled meaningfully.

There have been a spate of robberies including a tiger kidnapping in the North Kildare Towns of Celbridge, Kilcock, Leixlip and Maynooth recently and our gardai despite the recent allocation of 6 additional Gardai are operating under severe pressure stated Deputy Stagg.

Following on from the setting up of the New Leixlip District Headquarters in Leixlip there should have been a large allocation of additional Gardai into the area but this has yet to materialise commented Deputy Stagg. Present Garda Strength in the local stations are Leixlip 33, Celbridge 21, Maynooth 16 and Kilcock 8.

Despite the fact that assistance will still be provided if required by Dublin Metropolitan Area West in the towns of Celbridge, Kilcock, Leixlip and Maynooth, and the fact that the Naas District Headquarters will assist if required in the Carbury Area the fact is that there are only 78 Gardai in the North Kildare Towns serving a population of 50,033 people (2006 Census). This means that there is one garda for every 641 people in the 4 North Kildare Towns and probably means the area is the most undermanned area in the State. An additional 57 Gardai would need to be appointed to the 4 towns if we were to reach the national average of Gardai to population which is 1 garda for every 368 people.

Now that we have our own North Kildare 24 hour Garda Station in Leixlip we need to ensure that our local gardai are not continually undermanned and Deputy Stagg stated that he intended to raise the issue of Garda Numbers with the Commissioner Fachtina Murphy.

306 ELDERLY PEOPLE AWAITING LONG TERM CARE OR HOME CARE PACKAGES IN CO. KILDARE

Deputy Emmet Stagg questioned the Minister for Health in relation to the number of elderly people awaiting admission to a public nursing home in Co. Kildare and the number of people on the waiting list for home care packages.

The HSE have advised Deputy Stagg that there are 155 people on the waiting list for long stay beds in Co. Kildare, 24 of whom are in acute hospitals and 76 who are living in the Community. The remaining 55 are in private nursing homes with inadequate levels of subvention. In relation to the home care packages there are 151 people on the waiting list.

Deputy Stagg has described the figures as shocking

(Continued on page 56)

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***CALL IN TO CHECK OUT OUR
CHELTENHAM SPECIALS***

Party Political-Labour News

(Continued from page 54)

which painted a clear picture of the Governments scant regard for our Senior Citizens who require help because they are unable to live independently in the community or need some assistance in the home to continue living in the Community. The fact that 76 people deemed to require Nursing Home Care are still living in the Community placing huge strains on family members is nothing short of scandalous.

Our Senior Citizens deserve to be treated with compassion when they find themselves unable to cope at home and Deputy Stagg has vowed to pressurise the HSE and the Government until proper services are put in place for our most valued members of the Community.

STAGG SLAMS 13% REDUCTION IN REGIONAL AND LOCAL ROAD GRANTS FOR KILDARE

Deputy Emmet Stagg has slammed the decision by the Minister for Transport to slash the Regional and Local Roads Grant Allocation to Kildare Co. Council by 13%, down from an allocation of €28,178,630 in 2008 to €24,578,264 in 2009.

Nationally the Total Grants allocated to all Local Authorities fell by 2% and yet Kildare and a number of other Counties saw inordinate reductions in their Grant Allocations, whilst some actually received higher allocations.

These grants stated Deputy Stagg enable the restoration, maintenance and improvement works to many of our local roads in the County and fund major works such as the Clane/Kilcock Improvement Scheme, the Enfield to Edenderry Improvement Scheme and the Naas Ring Roads.

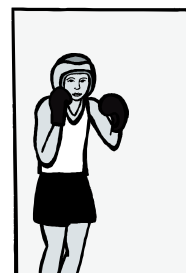
I note that the local FF T.D Aine Brady has welcomed the allocation but maybe she can explain to the Public in Co. Kildare as to why our grants are down 13% stated Deputy Stagg. Whilst some have actually increased – we do have 4 FF T.D.'s in Co. Kildare, one of whom is a Minister of State – have they no influence at all with their own Government.

Cllr. John McGinley can be contacted at:
6285293 or 087 9890645
E mail jmcginley@eircom.net
Web: www.labour.ie/johnmcginley/



Maynooth Boxing Club

Maynooth Boxing Club
train in
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Centre every Tuesday and
Thursday from
8.30pm-10pm.



The club is open to males and females. No prior boxing experience is needed to attend the classes and the cost is €3 per night.

Currently the club has approximately 40 active members, of which 15 are actively competing in boxing shows and club tournaments. Eoghan Mc Nutt is fast becoming one of the more experienced of the local boxers having competed in the Leinster Championships and in various boxing tournaments. Credo Kinga showed his skills are not just limited to the football field, while when sparring with an experienced boxer from St. Saviours Olympic Boxing Academy before Christmas, Kinga completely dominated his opponent. Kevin Hughes from Kilcock is also progressing in his ring craft as is young Robert Downey from Newtown. If the boxers keep putting in the effort while training, the rewards will eventually come. It's like planting the seed of a tree, the tree doesn't appear straight away. It can take a few years before we come to realise it's beauty and elegance when it has matured and developed. Also, some trees, like boxers, grow and develop at different rates.



By Paddy Gallagher

Party Political

Michael Fitzpatrick T.D.

New Legislative Programme for the coming Dáil Session

The Programme for the coming weeks was announced today by The Government Chief Whip, Minister Pat Carey, T.D. Deputy Michael Fitzpatrick welcomed the broad spectrum of bills which will be published during this period, among them are:

- Employment Agency Regulation Bill
- Planning & Development (Amendment) Bill
- Financial Services (Deposit Guarantee Scheme) Bill
- National Pensions Reserve Fund (Amendment) Bill
- Child Care Bill
- Criminal Justice (Money Laundering) Bill
- Property Services (Regulatory) Bill
- Criminal Procedures Bill
- Civil Partnership Bill
- Road Traffic & Transport Bill
- Covert Surveillance Bill



Michael Fitzpatrick T.D.

Deputy Michael Fitzpatrick added "the Government will continue to make progress on bringing forward legislation aimed at strengthening the laws protecting citizens and the Irish Economy and all members of the Oireachtas working together in a renewed spirit of cooperation can put Ireland on a firm footing to sustainable economic renewal and improved social protection". The Dáil and Seanad will play a pivotal role in charting a way forward for our country during these difficult economic times worldwide.

Intel Announcement-PR

Intel has chosen its Leixlip campus as one of the two new European RD hubs. The "Open Lab" will coordinate the work of 800 Intel researchers at different sites in Europe, they will focus on research which aims to improve microprocessors.

Deputy Michael Fitzpatrick welcomed this announcement by Intel which he believes will only serve to enhance our reputation as a good county/country to do business.

"Intel is to be commended for continuing to invest in Ireland and in particular Kildare by providing further opportunities for our skilled and highly qualified workforce. The announcement of this new initiative by Intel is timely and provides a confidence boost in these difficult times."

Fitzpatrick welcomes new supports for unemployed

Fianna Fail TD for Kildare North and member of the Oireachtas Enterprise Committee, Michael Fitzpatrick has welcomed the new supports for unemployed people in the Government's Framework for Stabilisation, Social Solidarity and Economic Renewal.

"In the Government's Framework, I was pleased that there was a focus on those who have lost their jobs in recent times."

"This Government is refocusing on labour intensive projects to help people to get back to work and stimulate the economy."

"An additional 51,000 training places will be created for newly unemployed people to assist

(Continued on page 58)

Party Political—Michael Fitzpatrick T.D.

them to retrain and up-skill to increase their opportunities to find work.”

“The number of people who can qualify for the job search programme will be doubled.”

“There is a new programme to assist apprentices to complete their training with the opportunity to complete the on-the-job phase of their apprenticeship in order to gain the required experience to progress to the next off-the-job phase or to complete their apprenticeship.”

“These are difficult economic times and families around Kildare are experiencing challenges. There are no easy solutions and the Government has had to make tough decisions that reflect the gravity of the situation. I am confident that these measures will help to enable those who have lost their jobs to take full advantage of any employment opportunities,” concluded Deputy Fitzpatrick.

Deputy Michael Fitzpatrick warmly welcomes Brid Feely.

Deputy Michael Fitzpatrick warmly welcomes Brid Feely to the Fianna Fail Local Elections ticket for the Celbridge area. Brid joins sitting councillors, Paul Kelly, and Paul Ward on this strong Fianna Fáil ticket. Brid is a well known and respected successful business woman who works tirelessly for Maynooth Community. She has a wealth of experience in local community issues and will make an excellent public representative.

The local Elections will be held on June 5th and I would urge everyone to come out and vote for Brid.

Punchestown 2009 Unveiled.

The Punchestown Irish National Hunt Festival 2009 was launched today by European Commissioner and proud Kildare man, Charlie McCreevy.

Speaking after the launch, Deputy Michael Fitzpatrick said he was greatly encouraged that in these uncertain economic times Punchestown was leading the way. “The economic importance of Punchestown to Kildare cannot be underestimated” he said. “The bloodstock industry is an integral part of our county and the support of all especially the farming sector is vital. This festival is responsible for 2,000 full and part time jobs in the local economy.” This year Punchestown has managed to secure a total prize fund of €2.6 million. They are to be commended, congratulated and above all supported.

North Kildare schools to benefit from substantial funding – Fitzpatrick

Five schools in north Kildare are to receive a funding boost from the Department of Education for extensions and refurbishments according to local Fianna Fail TD, Michael Fitzpatrick.

“Scoil Náisiúnta Áine Naofa in Ard Cloc and Scoil Ui Fhiaich in Maynooth will each get a new 16 classroom school. Scoil Bhride in Naas will get a major 8 classroom extension plus ancillary accommodation and Scoil Choca Naofa in Kilcock will get an 11 classroom extension, a general purpose room, other ancillary accommodation and refurbishment of existing accommodation.”

“News of this funding will be welcomed by pupils and teachers at these schools as it will improve and enhance the learning environment for all.”

“The amounts of funding available to the schools will not be published in a bid to keep the tendering project as competitive as possible and ensure the best value for money possible.”

“Over the last number of years the population of north Kildare has grown considerably, especially the numbers of young families. I am happy that the investment in north Kildare schools reflects the needs of young families in the area.”

“Officials from the Department of Education will be in touch with the schools to advise them on how to proceed but I am confident that construction should begin before the end of the year.”

“I hope that Ard Clough National School will benefit from much needed funding and I will continue to raise this school with the Minister for Education,” concluded Deputy Fitzpatrick.

For more information please contact:
Michael Fitzpatrick, TD; 0862706150 Tel: 045 888438
Email: Michael.fitzpatrick@oireachtas.ie

Party Political-Áine Brady T.D.

**Aine Brady TD - Constituency Office Maynooth,
No 4 Centre Point, The Mall, Maynooth - available to
meet constituents every Monday.
Please phone 01 618 3057 or 01 628 5257 for
an appointment.**



Aine Brady T.D.

School funding boost for Maynooth – Brady

Kildare North Fianna Fail TD, Áine Brady has welcomed the news that Scoil Ui Fhiach in Maynooth will get a new 16 classroom school.

'I am delighted that Maynooth will benefit from this investment as I have had many meetings with this Minister and the previous Minister about the need for this new School.'

'Over the last number of years the population around Maynooth has grown considerably, especially the numbers of young families. It is vital that we give these children the best start possible and the provision of high quality education is vital.'

'I am confident that the work will progress quickly and we will all see the benefits of this investment shortly. Officials from the Department of Education will be in touch with the schools to advise them on the next steps to take.'

'I understand from the Minister that details regarding the Summer Works Scheme and a new plan to improve energy efficiency in schools will be announced shortly.'

'I want to pay tribute to the Principal, Teachers, Parents and Board of Management for the efforts that they put in a very positive campaign to achieve this announcement today. I will keep the pressure on the Department to have the construction phase commence as soon as possible. The construction of the new school will hopefully also generate employment locally.'

'This investment taken in conjunction with the recently completed extension to the Maynooth Girls School will increase the school place capacity in Maynooth. I met with the Minister again yesterday to press for the extension to the Boys School. I will keep working on this project until we get approval.' concluded Deputy Brady.

Home owners should check out Insulation Programme

Deputy Aine Brady has urged Home Owners to check out the recently announced Insulation Programme, as it has the potential to reduce our heating bills and assist employment levels in the Country and in particular in County Kildare.

'This programme will provide a welcome boost to the economy. Householders can expect to have their heating bills reduced by €700 per year. Construction workers will benefit and it will be a kick-start to the overhaul of our housing stock and making them more energy efficiency. Government assistance will not be confined to those in private homes but will include those in low income and social housing.'

'The programme will consist of a number of grant schemes, the Home Energy Saving Scheme (private middle income homes) - €50 million and Warmer Homes Scheme and Local Authority housing (low income private homes and rented local authority housing) - €50 million.'

'It is expected that the scheme will open for homeowner applications next month. Applications will be made through Sustainable Energy Ireland (SEI), online at www.sei.ie/hes or by post on forms which will be available on

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Party Political—Áine Brady T.D.

(Continued from page 59)

request by ringing 1890 927 000. '

'The scheme is aimed at older houses that would not typically have the energy efficiency features of recently built homes. The scheme is open to all houses built prior to 2006. Houses built from 2006 onwards should be built to the Building Regulations 2002 standard, which specifies high quality insulation and heating controls.'

'Roof Insulation grants of €250, Cavity Wall Insulation grants of €400, Internal Wall Insulation Grant of €2,500 and External Wall Insulation of €4,000 are some of the examples that will be available from the scheme.'

'The Warmer Home Scheme, which is part of the Low Income Housing Programme, is administered by SEI as well. The Scheme was introduced in 2002 and provides funding, through community based organisations, to those on low income for the installation of energy efficiency measures in their homes. Applicants should see <http://www.sei.ie/>, telephone 1 850 534 534 or phone my office on 01 618 3057 for further detail on how to apply to community groups involved in the programme.' concluded Deputy Brady.

Dublin Bus should have a Commuter Belt Bus Day

Deputy Aine Brady has suggested that Dublin Bus should have a special 'Commuter Belt Bus Day' in the near future to market the Bus as a reliable and frequent mode for Transport for Commuters in North Kildare. Deputy Brady made her suggestion at the Joint Oireachtas Transport Committee meeting attended by the Management of Dublin Bus and Bus Éireann.

'Since the completion of the road works at the junction of the N4 with the M50, the effective completion of the road works at the N4 / Lucan Junction and the provision of a Bus Lane from Lucan all the way into the City Centre, the Bus Service has the potential to be an efficient mode of transport to Dublin, from the Towns of Maynooth, Leixlip and Celbridge. Travel time should be much reduced than it was 12 months ago, when construction work was at its height.' stated Deputy Brady.

'As a regular user of Public Transport, I have found the train service to be very good. It is now time that we market the Bus and I sincerely hope that Dublin Bus will set in place a 'Commuter Belt Bus Day', have a reduced one day rate, even if it is only a 20 or 30% reduction for that day, and advertise the service with its enhanced service times.'

'I strongly believe that if people try the Bus, if Dublin Bus seek suggestions from its customers on how the service can be improved, commuters will leave the car at home

and use public transport. Recently, Dublin Bus have responded positively to representations I have made on behalf of their customer to have certain Bus routes improved. These improvements not only assisted the user of the service, but it also will bring revenue benefits to Dublin Bus.' concluded Deputy Brady.

Over €24.5 million for regional and local roads in Kildare – Brady

Fianna Fail TD for Kildare North, Áine Brady has welcomed the news that Kildare County Council is to receive €24,578,264 in funding for regional and local roads.

"Just over €9.6 million will be allocated towards maintenance, restoration, improvement and safety."

"Over €2.6 million will be allocated towards specific improvement grants including €347,000 for the R407 Sallins to Clane road."

"Additional strategic grants will include over €2 million for the Clane Kilcock improvement scheme which will work on the stretch of road from 800m south of the M4 to 3200m south of the M4."

"The Naas Ring Road encompassing the Newbridge Road to Kilcullen Road to Craddockstown Road will get almost €3.7 million and the Enfield – Edenderry improvement scheme will get €5 million."

"This represents significant investment into the regional and local roads in Kildare. This funding is especially important for those living in rural areas as improvements to these local roads serve to increase safety of travellers," concluded Deputy Brady.

Brady welcomes funding for Maynooth and Naas Groups

Local Fianna Fail TD, Áine Brady has been informed by the Minister for State at the Department of Community, Rural and Gaeltacht Affairs that the University of Third Age in Maynooth and Network Kildare based in Naas will receive funding under the Programmes of Grants for Community and Voluntary Organisations.

"Funding of €1,500 will be awarded to the University of Third Age for Training and €10,000 is been allocated to Network Kildare, based in the Audit Education Centre at Jigginstown in Naas, to support them in their work."

'These Programmes provide once-off funding to local community and voluntary groups for the provision of equipment and the refurbishment of premises and also to provide funding to both local and national groups towards

(Continued on page 61)

Party Political—Áine Brady T.D.

(Continued from page 60)

training costs.'

'I commend the groups that were successful and the efforts that they put in to secure the funding has paid off for their groups and the community.' concluded Deputy Brady.

Intel Labs Announcement positive news for Kildare (Statement by Aine Brady TD)

The announcement by Intel that it has chosen its Leixlip plant as one of the two new European Research and Development hubs is positive news for Leixlip and demonstrates that Kildare is still attractive for inward investment according to Deputy Aine Brady.

The Intel Global Corporation made the announcement in the European Parliament in Brussels this week with the setting up of a new Intel corporation initiative called 'Intel Labs Europe'.

'The objective of the 'Intel Labs Europe' initiative is to ensure that Intel will continue to be a global force in technology, research and innovation issues. I commend Intel for continuing to invest in Leixlip and reflects the confidence that senior management have in their workforce in Ireland.' stated Deputy Brady after discussing the issue with Fianna Fail MEP's Liam Aylward and Brian Crowley who organised a Business conference in Brussels which was addressed by the Global Head of Intel, Mr. Graig Barrett.

'This new initiative will coordinate the work of the 800 researchers that are working on research and innovation issues in Europe for Intel and are at present in a variety of different universities, research centres and laboratories.'

'NUI Maynooth, Intel's Global Education partner, has emerged as a very important knowledge provider for local Industries. It is important that we continue to utilise these facilities and maximize its potential.'

'As I have done since I got elected, I will continue to engage with all the different Industry stakeholders based locally, with a view to ensuring that we demonstrate our strengths to existing and potential Kildare employers'. concluded Deputy Brady.

New Housing Standards take effect from February says Brady

New Housing Standards come in effect from 1st of February and will radically improve the standards in rental accommodation, according to North Kildare Fianna Fail Deputy Aine Brady.

'Over the last number of years, I have raised the issue with successive Ministers for Housing and I am delighted that we now have standards which will improve the quality of rental accommodation. Many residents associations work hard to ensure that their estates look well, many home owners take great pride in the appearance of their home, however there is a small number of rented accommodation that are not kept to a reasonable standard.'

'Explicit standards regulating the external appearance of rental accommodation, an end to open fireplaces as the sole means of heating a room and a clearer and a stronger definition of 'proper state of structural repair, are some of the key measures under the new regulations.' stated Deputy Brady.

The new standards replace existing standards which are 15 years old.

'Strong sanctioning power is given to the local authority to ensure compliance with the new standards, including a new power to ensure that a property will be prohibited from letting unless it is in compliance with the new standards.'

'Many home owners have raised this issue with me in the past few years and I am delighted that we have made progress on this issue.' concluded Deputy Brady. Details of the regulations can be obtained from the Department of Environment on www.environ.ie or 01 8882902.

Pedestrian Lights to be erected on Rathcoffey Road in Maynooth

Deputy Aine Brady has been informed by Kildare Co Co that pedestrian lights are to be erected on the Rathcoffey Road in Maynooth to improve road safety for pedestrians.

'I welcome the decision of the council to erect Pedestrian Lights on the Rathcoffey Road in Maynooth. In addition the council have erected additional repeater speed signs limit signs to warn motorists of the speed limits along the Rathcoffey Road.'

'Residents from Castle Dawson, Aisleigh Grove, Parsons Hall and Newtown Hall will benefit from the erection of the Pedestrian Lights and enable them cross safely. I have pressed the council to provide a footpath along the Rathcoffey road to link with bond bridge, so that there would be a footpath all the way to Maynooth from these estates. The council have assured me it will be considered as part of the Kildare Co Co's 2009 Road Construction Programme.'

concluded Deputy Brady.



<http://www.people.ie>

Local TDs and councilors ignore Lisbon Treaty covenant call for Ireland

Last December, as part of a nationwide campaign, we sent the following covering letter and covenant to all twenty two local TDs, county councilors and Leixlip town councilors in north Kildare:

Re: Covenant between Irish Public Representatives and the People of Ireland.

Dear Public Representative,

I attach herewith a copy of above covenant for your consideration and signature.

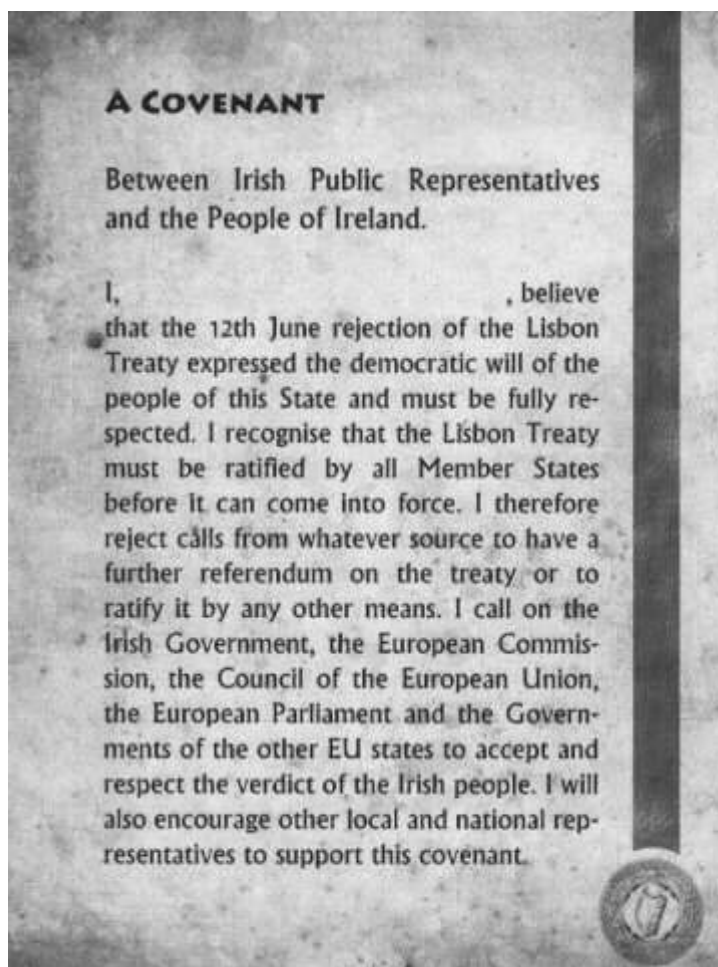
Last June, after a full and open democratic debate, the people of Ireland decisively voted to reject the Lisbon Treaty. With a turnout of 53%, nearly one million voters cast No ballots – a clear 53.4% majority of the poll. However, it is now becoming increasingly clear that the EU bureaucrats and Big Power elites, with the compliance of our Government, is refusing to honour the people's decision and are insisting that the Irish be forced to vote again on the same treaty.

To present again the Lisbon Treaty, dressed up with some aspirational declarations or clarifications, would be both fundamentally undemocratic and legally fraudulent. Only a new treaty with legally binding protocols on Irish concerns regarding neutrality, workers' rights, tax codes, commissioners, etc. would be a creditable alternative. Anything less can only serve to increase the democratic deficit between the EU and the peoples of its individual States and, in particular for Ireland, add to the considerable cynicism towards politics of which you as elected representatives will be keenly aware.

We believe that all local TDs, county councilors, and town commissioners, by virtue of the fact that you hold public office as a result of the same democratic process that rejected the Lisbon Treaty, have a special role and responsibility to ensure that the Government fully respects the decision of 12 June. In particular, we hold that this responsibility applies equally to public representatives who campaigned for either a Yes or No vote last June.

In the interests of the integrity of democratic politics we respectfully request that you sign and return enclosed covenant.

PEOPLE'S MOVEMENT GLUAISEACHT AN PHOBAIL



Regretfully, we now have to advise the local electorate that only one of the twenty two elected politicians responded to our letter and covenant. It is our view that the refusal of twenty one public representatives to respond displays a blatant disregard by them for the democratic system. They are well resourced with generous funding from taxpayers to respond to constituency requests of this nature. Are we to deduce that their silence reflects a mute compliance with the diktat from Brussels to a supine Government and a political establishment who all failed to side with their own people?

For the record, Bernard Durkan TD was the single representative who did respond. He did so in an unrepentant Yes fashion. We fundamentally disagree with his reasoning and have written back to him accordingly. But at least he had the decency to reply!

It is becoming increasingly clear that the electorate must again lead while the politicians fail and fear to respect the people's verdict. No means No to Lisbon.

Michael Quinn
Sec., North Kildare Branch
People's Movement
quinnutd@eircom.net

Local Useful Telephone Numbers

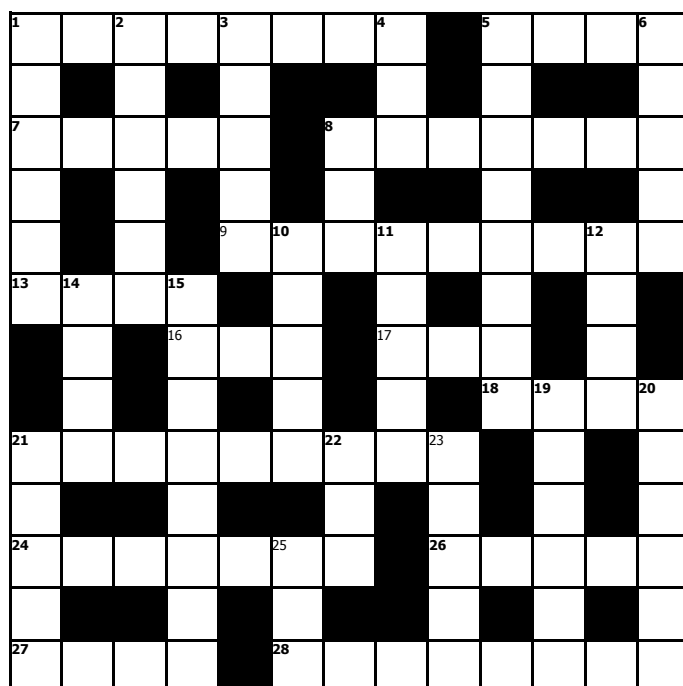
Name	Details	Telephone No.
A.C.R.A	National Association of Resident Associations Contact Michael Quinn, 3 Laurence Avenue, Maynooth	6285258
ADULT CEILI AND SET DANCING	Contact: Rita Doyle	086-2862475/ 6286169
AN NUADA PLAYERS	Contact: Terry Nealon	086-8068068
BRIDGE CLUB	Contact: Joan Howard Williams	6289239
CASTLE COMMITTEE	Contact Tony Bean Sec. Gerald &Joan Howard Williams, Carton Demense	087-949459
CASTLE KEEP ART GROUP	Contact: Susan Durack Sec.	6289349
CITIZENS INFORMATION CENTRE		6285477
COMMUNITY GAMES	Contact: Joe Geraghty Margaret Houlihan	087-6181235 087-2054854
DENTIST	Dr. G.B. Glass Dr. G.A. O'Reilly Dr. J.G. Merrick	6289284 6286318 6286318
DOCTORS	DR. D. Gaffney DR. D. Nolan DR. C.D. O'Rourke DR. J. Corish DR. N. Wilson DR. M. Cowhey	6291169 6285943 6285210 6292556 5052135 6289044
FAS OFFICE		6290556
FLOWER CLUB	Contact: Moira Baxter, Applewood, Laraghbryan ,Maynooth	6289102
FOLK GROUP	Contact: Elaine Bean	087-9704912
G.A.A. CLUB	Maynooth G.A.A. Club Contact :Dominic Nugent	6285020 087-6368722
GARDA STATION		6291413/6286234
GATEWAY WRITER GROUP	Contact : Kate Dempsey	086-8583316
GOLF	Maynooth Golf Society Contact: Kevin Loftus	086-8261221
HEALTH CENTRE		6285415
I.C.A.	Contact: Norah Mc Dermot	6244695
KILDARE COUNTY COUNCIL		045-980200
LARAGHBRYAN CEMETRY COMMITTEE	Contact: Breda Holmes, Barrogstown, Maynooth Sec. Helen Johnson	6289757
LIONS CLUB	Contact: Freddie Melia,	6289555
MAHER SCHOOL OF IRISH DANCING	Contact : Catherine Maher	6285739 087-8222740
MARTIAL TAEKWON-DO	Contact: Stephen Doyle	087-6986491

Local Useful Telephone Numbers (Cont'd)

MAYNOOTH ADULT DAYTIME EDUCATION (MADE)	Contact: Bernadette Duffy	6016179
MAYNOOTH LOCAL HISTORY	Contact: Rita Edwards	087-6387687
MAYNOOTH BUSINESS ASSOCIATION	Contact: Brid Feely	087-2052649
MAYNOOTH FAIR TRADE	Contact: Dr. John Sweeney	087-2476516
MAYNOOTH JUDO CLUB	Contact: Mary Mc Donald	087-9677596
MAYNOOTH PHYSIOTHERAPY CLINIC & LEINSTER CLINIC		6290895
MORTALITY SOCIETY	Contact: Paddy Nolan	6286312
NORTH KILDARE JUNIOR TENNIS CLUB	North Kildare Club	6103909 6287243
PARENT AND TODDLER GROUP	Contact: Bronwyn Mooney	6289405
PARISH	Fr. Paul Coyle Fr. Liam Rigney Parish Office	6290553 6286220 6293018
POST OFFICE		6286259
MAYNOOTH COMMUNITY LIBRARY	Librarian: Bernadette Gilligan	6285530
ROYAL CANAL AMENITY AND RESTORATION GROUP	Office Contact: Mark Kennedy, 83 Maynooth Park Maynooth	6290980 6286463
SCHOOLS	Boys' National School Presentation Girls' Primary School Post Primary School Scoil Ui Fháich	6293021 6286034 6286060 6290667
SCOUTS	Scouting Ireland Contact: Peter Gareth	087-2241387
SENIOR CITIZENS COMMITTEE	Contact: Patricia Cusker, Silken Vale, Maynooth. Josie Moore, Greenville, Straffan Road, Maynooth.	087-2982455
SOCCER CLUB	Contact: Edel Pat Moynihan	087-2998661 087-9078861
ST. MARY'S BRASS AND REED BAND	Contact: Melanie Oliver	087-9704910
SWIMMING CLUB	Contact: Edel	087-2680405
TIDY TOWNS	Contact: Secretary	087-3153189
U3A	Contact: Bernadette	6289131
VIOLENCE IN THE HOME		1800-341-900

Features

Crossword No. 75



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Entries in before: 2009 18th March 2009

Name: _____

Address: _____

Across:

1. Stifle (8)
5. Strength (4)
7. Metal (5)
8. Weepy (7)
9. Painter of *The Hay Wain* (9)
13. Peruse (4)
16. Preceding night (3)
17. Category (3)
18. Unspecified amount (4)
21. Time-honoured custom (9)
24. Professional entertainer (7)
26. Germ (5)
27. Rent (4)
28. Boss (8)

Down:

1. US female group, - - - Sledge (6)
2. Spanish rice dish (6)
3. Curio from the past (5)
4. Notice (3)
5. Military quarters (8)
6. Bogus (5)
8. Brown (3)
10. Not concealed (5)
11. Irish county (5)
12. Fertile soil
14. Muslim chieftain (4)
15. Fixed time limit (8)
19. Sea hawk (6)
20. Mark remover (6)
21. Instruct (5)
22. Wrath (3)
23. Fictitious narrative (5)
25. Tether (3)

Solutions to crossword no. 74

Across: 1. Stack, 4. Charm, 10. Tango, 11. Revenue, 12. Eastwood, 13. Silo, 15. Little, 17. Ganges, 19. Jail, 20. Misnomer, 23. Crucial, 24. Beast, 25. Melee, 26. Flesh.

Down: 2. Tongs, 3. Cromwell, 5. Hove, 6. Running, 7. Steeplejack, 8. Crook, 9. Remonstrate, 24. Hannibal, 16. Tribute, 18. Villa, 21. Means, 22. Wine.

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Community Council & Newsletter Staff:

**Maynooth Community Council Office
Unit 5,
Maynooth Shopping Centre,
Tesco
Maynooth
Co. Kildare.
Tel: 01-6285922/6285053
E-mail maynoothcc@eircom.net**

**Chartered Accountants &
Registered Auditors**



J.W. Mulhern & Co.

Chartered Accountants
B. Mulhern, B. Comm. F.C.A
email: billy@mboss.ie

**13/14 South Main St, Naas,
Co. Kildare.**

Tel: (045) 866535/866521

Fax: (045) 866521

email: billy@mboss.ie

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Maynooth Newsletter

Maynooth Newsletter

PUBLISHED BY MAYNOOTH COMMUNITY COUNCIL

The opinions and statements expressed in the articles are those of the contributors and not necessarily those of the Editorial Board. All materials to be included in the next edition of the **Newsletter** should be addressed to The Editor, Maynooth Newsletter, Unit 5, Maynooth Shopping Centre, (Beside Tesco) Maynooth, Co. Kildare.
Tel: 01-6285922/6285053
E-mail Maynooth Community Council: maynoothcc@eircom.net

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NOTE TO CONTRIBUTORS

We request all our contributors to make sure their material is legible. If possible, material should be typed, but as not everyone has access to computers, the best way to present material is to use either neat legible writing or block letters, on one side of the paper. In future all letters to the Editor must have the writer's name and address available for publication. We emphasise that material submitted after the copydate will not be accepted and will be withheld until the following copydate.

Email us at maynoothcc@eircom.net

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In case of errors of fact we will publish corrections when we become aware of such.

In the case of unfairly impugning the reputation of any person we hereby offer that person or their reputation the right to reply.

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This is just a note to remind you all that the **Newsletter** exists for your enjoyment and that we welcome all contributions from our readers. We would like to hear from any organisation or indeed from individuals with something to say or suggest. We hope you continue to enjoy your monthly read and keep us informed of your activities.

Community Council & Newsletter Staff

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18TH MARCH

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