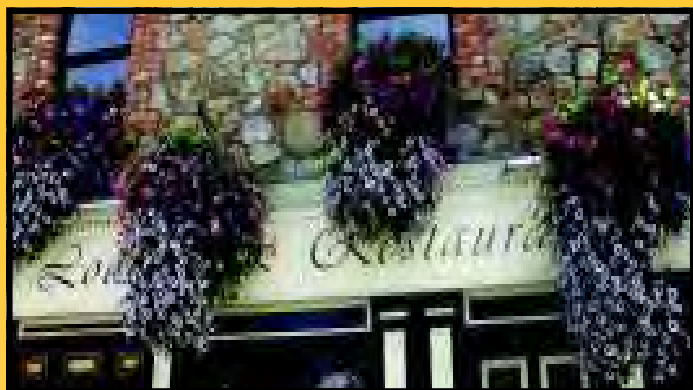


Maynooth Newsletter

September 2007



Aisling Redmond
winner of the
AIB Junior Saver competition



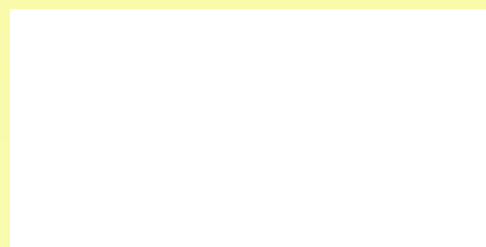
Local Maynooth Athlete
David Campbell winner of the
800 metres and 1,500 metres
All Ireland Track & Field
Championships



Leaving Certificate Students
Michelle Roche & Aoife Kelly



Issue No. 352
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Editorial

Maynooth Newsletter Editorial 2007

The summer is over !!!!! That's if you feel like it ever started in the first place – very little sun, mostly overcast, and don't forget the 50 plus days of constant rain. However, at least we had the longer days, children were off school and there were a few other bonuses as well.

Now we face back into the winter, the short days, dark days, rain, cold etc etc. Schools are back and what has changed in Maynooth in the meantime ?

There is no doubt that the works just carried out on Doctors Lane in Maynooth, wherein a new one way system is now in operation is the major change that has occurred. While that is not a problem in itself, there is a drastic issue which has resulted and the question must be asked, WHY ?

There has now been a reduction in the number of car parking spaces available to the residents, shoppers, businesses in the town. While there used to be approximately 30 car park spaces available in the Doctors Lane area, this number has now been reduced to about 5 car park spaces. This is absolutely disgraceful, and in fact, it is amazing.

The residents of Maynooth deserve that provision be made for their parking needs – it is a basic requirement surely that residents, commuters, shoppers, visitors and businesses in any modern town need in order to function both socially, economically – in fact in every possible way.

We demand the provision of proper town centre car parking – an increase, not a decrease – urgently, before the town, businesses, residents etc all suffer from the decline that would and could naturally occur in the short term future. We ask our Councillors and County Council to address this issue URGENTLY !!!!!!!!!!!!!

**Brid Feely,
Editor.**

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Clubs, Organisations And Societies

Maynooth Citizens Information Centre Notes Know your rights

Question

I am starting college in the autumn. How can I get a student grant and how much is it?

Answer

The Higher Education Grants Scheme provides means-tested grants to eligible students on approved courses. Application forms are available from your local authority which administers the grant. For the academic year 2007/2008 the application should be with the local authority by 31 August 2007.

The scheme is also available to full time students who are attending full-time undergraduate courses of at least two years' duration in publicly funded third-level institutions in other EU members states, with certain exceptions.

The family limits (for the period 1 Jan—31 December 2006 are as follows:

Number of Dependent children	Full Maintenance And full fees	Part maint. (75%) and full fees	Part maint. (50%) and full fees	Part maint. (25%) and full fees	Part fees (50%) only
Less than 4	€38,675	€41,085	€43,500	€45,920	€48.335
4-7	€42,490	€45,150	€47,805	€50,465	€53,120
8 or more	€46,140	€49,025	€51,905	€54,785	€57,665

The limits can be increased by a further €4,685 where there are two children attending full-time third-level education, and a further €4,685 for each additional child.

The maintenance grant rates are as follows:

	Non-adjacent rate	Adjacent rate
Full maintenance	€3,420	€1,370
Part maintenance (75%)	€2,565	€1,030
Part maintenance (50%)	€1,710	€685
Part Maintenance (25%)	€855	€345

The adjacent rates is paid if you normally reside 24 km or less from your college. Mature students will receive the non-adjacent rate in all cases.

There are special rates of maintenance grants for disadvantaged students: €6,690 for the non-adjacent rate and €2,680 for the adjacent rate. The income limit for these grants is €18,055. You must be receiving an eligible social welfare or other payment.

Question

Is there any support available to help with the cost of uniforms for students going back to school in September?

Answer

The Back to School Clothing and Footwear Allowance is a payment for parents or guardians to assist with the cost of children's school uniforms and footwear at the beginning of the school year. You may also claim for a child aged 18-22 in full-time education for whom a payment is included in your social welfare payment.

Maynooth Citizens Information Centre Notes (cont'd)

(Continued from page 2)

Families claiming a social welfare payment (including Family Income Supplement) or a Health Executive payment

	Couple	Lone Parent
1 Child	€470.80	€331.30
2 Children	€492.80	€353.30
3 Children	€514.80	€375.30
4 Children	€536.80	€397.30
Each additional child	€22.00	€22.00

Those taking part in a Vocational Training Opportunities Scheme (VTOS) or getting a Back to Education Allowance are eligible. The allowance is also available to people on employment schemes such as Community Employment, Back to Work Allowance, and Revenue Job Assist who retain their secondary benefits, (that is, gross weekly household income is less than €317.43). If they do not they do not meet this condition they can apply under the normal income limits given above.

The allowance paid is €180 for each child aged 2-11 years and €285 for each child aged 12-22 years before 1 October.

The scheme is administered by the Health Service Executive as part of the Supplementary Welfare Allowance Scheme. Families should apply to the Community Welfare Officer at their local Health Centre before the end of September.

Question

I have been receiving Illness Benefit but I am now considering returning to work. Will I be able to return to Illness Benefit if I start work but find that I am not able to continue?

Answer

Illness Benefit (formerly called Disability Benefit) is a payment for people who are unable to work because they are ill. In general, you need to have paid a certain number of Pay Related Social Insurance (PRSI) contributions in order to qualify.

Until recently, people receiving Illness Benefit who returned to work and became ill again could find that they then qualified only for a reduced rate of payment.

This was changed in the Social Welfare Act 2007 which provides that, where you have been getting Illness Benefit for at least two years, then return to work for less than 26 weeks and become ill again, you will not get a lower rate of benefit than you were previously receiving.

If you were receiving Illness Benefit for at least five years, but you return to work and discover within 13 weeks that you are not fit to work, you may return to Illness Benefit without having to satisfy any further conditions.

To qualify for Illness Benefit, you must have at least 52 PRSI contributions paid since starting work. In addition, you also need to meet one of the following requirements:

- Have at least 39 weeks PRSI contributions paid or credited in the tax year before last (which is 2005 for claims this year). At least 13 of these must be paid contributions but there are rules which may allow other years to be taken into account to meet this requirement.
- Have 26 contributions paid in the tax year before last as well as 26 paid in the year before that. The application form for Illness Benefit is available from your GP.

(Continued on page 6)

Maynooth Citizens Information Centre Notes (cont'd)

(Continued from page 4)

Question

I have just returned from my holidays but my luggage has either been delayed or lost by the airline. Am I entitled to any compensation?

Answer

You can make a claim for compensation for luggage that is either delayed, lost or damaged by an airline.

It is important to report the loss, damage or delay at the airport and complete a Property Irregularity Report (PIR). This will include information regarding the details of your flight, your baggage, your name address, etc. You will be given a copy of the PIR and the airline will retain the other copy.

You will also need to write a letter of complaint to the airline within specific time limits. For damaged bags and items that are missing from baggage, the time limit is seven days. For delayed baggage, the time limit is 21 days from the time that a bag has been delivered.

Luggage is considered lost if it has not arrived within 21 days or if the airline admits the loss.

For checked luggage, claims are limited to a maximum of 1,000 SDRs (approximately €1,100). The value of an SDR is based on a number of international currencies and is available at www.imf.org.

If baggage is lost or delayed during a holiday, remember to keep receipts for any items you have to purchase as a result.

If you have holiday insurance, you should check to see if it covers lost, damaged or delayed baggage and advise your insurance company of the loss or damage as soon as you can.

Further information is available from the Citizens Information Centre.

This column has been compiled by the Citizens Information Centre which provides a free and confidential service to the public.

Telephone: 01-6285477

Lo-Call: 1890-777-121

The Language Centre NUI Maynooth



Courses are offered at various levels in
Irish, French, Spanish, German, Italian, Chinese, Polish, Portuguese,
English as a Foreign Language and Arabic.

Enrolment takes place on Wednesday the 3rd of October from 7-8.30 p.m.
in
Room T8 of the Arts Building.

Further information is available by telephone (01) 708 3737
Or by email at Language.Centre@may.ie.

Clubs, Organisations And Societies

Maynooth Town F.C. Season Review 2006/07 (cont'd from last month)

Off-field Activities:

Pitches

With the increased numbers of players and teams comes the increased pressure to cater for these numbers. This is most acutely felt when it comes to the allocation of pitches. Whilst unlike most other clubs, we are very fortunate to have our own private ground at Rathcoffey Road and the ongoing use of Dublin Road and Harbour Field, there have been occasions this year where games have had to be cancelled or rescheduled due to insufficient space to accommodate all the assigned matches. And this situation is likely to become even more acute as the town and the club grows even more, requiring us now to be actively considering the acquisition of further land to meet the club's future needs. Some alleviation was obtained when a second small pitch was created in Dublin Road to take some of the pressure off Rathcoffey and training was switched to the Harbour Field.

Weather

A further complicating factor this year was the unprecedented inclement weather experienced from November to February resulting in excess of 8 lost weekends of football and severe backlogs of fixtures at season end.

Training and other facilities

While the priority is to provide playing facilities, i.e. pitches, space for training and proper facilities are an essential prerequisite for any club nowadays. While we can only dream of having our own for now, we are fortunate to be in a position to be able to rent these facilities locally, although this is causing a severe financial drain on the club with families ultimately having to pay towards it. In the long term we should be aiming to install our own all-weather training pitch with floodlights, which could also serve as an income generator for the club.

Clubhouse Development

Significant progress has been achieved in the past 12 months to enable us to confidently predict tonight that next year's agm will be held in our own premises for the first time in our history.

While fundraising was the primary objective for the year to enable the project to proceed, those involved in the development group were also active behind the scenes in lining up developers and architects as well as exploring all other avenues of potential funding. We had high hopes that we would be successful in securing additional Sports Capital "Lotto" funding given that it was an election year, and we were very disappointed to learn that our application was declined and no further funding would be made available to us.

An Information night for parents and other interested parties was held here in February and was well attended. One positive result of that event was the volunteering of many people to assist in whatever way they could with our efforts.

Lohan & Donnelly, a firm of consulting engineers were appointed to conduct the tendering process for the clubhouse and to oversee the construction phase of the project. Tenders were issued to 7 builders and a winning bid was selected in early June. A letter of intent has been issued and the builder hopes to break ground within the next 4 weeks.

The biggest challenge facing us now is the financing burden the club now faces. While the overall cost is greater than we expected, we will have a fully finished clubhouse in the end. Nevertheless the club will have to meet repayments of approximately €2,500 per month for the next 15 years.

Fundraising

Car Draw

(Continued on page 10)

Maynooth Town Football Club (cont'd)

(Continued from page 8)

On the fundraising front the club had and availed of the opportunity to participate in a Monster Car draw being run by Rathcairn Parish Development, and we were able to sell almost 400 tickets raising close to €20,000 in the process. While the main draw encountered problems last December and had to be postponed, it has now resumed and all Maynooth ticket holders are being included in an extra 3 main prize draws to make up for this inconvenience. To date over 60 Maynooth ticket holders have won prizes, and with 5 main draws left, we hope to have many more yet and maybe even a big winner!

Bag-Packing

The Club was given the opportunity to fundraise by means of Bag packing in Boots Liffey Valley on Saturdays in the run up to Christmas. This was to be among the easiest and most lucrative means of fundraising ever undertaken by the club and helped us raise almost €8,000 over 6 weeks.

Pitch-side advertising

Pitch-side advertising has to date generated in excess of €20,000 in income, all from local businesses, but even greater potential exists from this source, particularly if we can find a way to interest national businesses with large advertising budgets.

Premiership trip

The Club arranged a Club Trip to watch Everton play Arsenal in the premiership on March 18th last, courtesy of Barton's Transport and Celtic Horizon Tours, and both companies subsequently donated all the proceeds to the clubhouse development fund, amounting to €4,000. The trip itself was a great success, exceptional value, and all 100 members who went on it, young and old, thoroughly enjoyed the day.

Club weekly "Lotto"

The weekly Lotto Draw is still the main regular source of income for the club and with the introduction of the Auto-Lotto it is hoped to improve this vital source of weekly income.

Finance Committee:

Dinner Dance

As mentioned already the information night resulted in a number of parents coming forward willing to get involved in the club and offering their help. One group formed a fundraising committee and their first event was the recently held dinner dance which was a hugely successful night, raising over €7,000 by means of the auction & raffle.

Auto lotto drive

The Fundraising committee have also taken it upon themselves to drive the "auto lotto" among the teams with all members being encouraged to sign up. Using this method you too can be included in the chance to win the jackpot every week for just €8 per month and support the club at the same time.

Calendar:

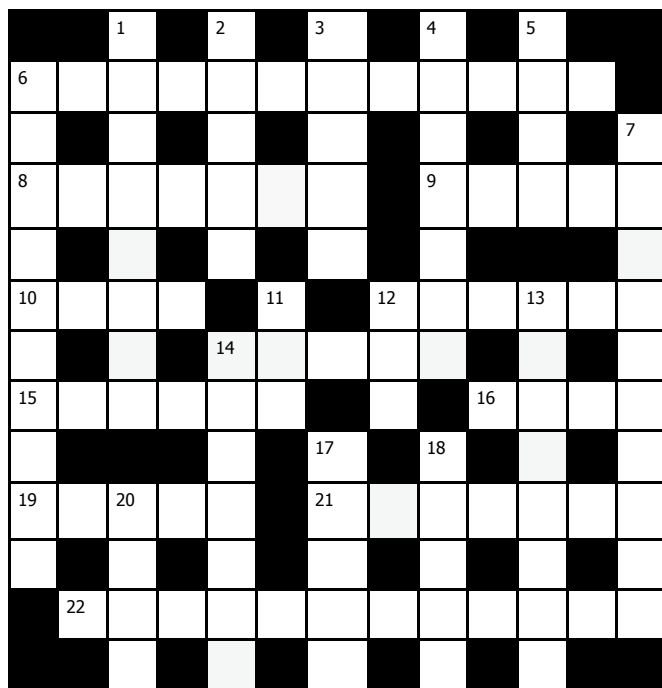
The same group also plan to produce a Club Calendar later in the year which it is hoped will be on sale in the run up to Christmas and will make an ideal present for Grannies and Aunties everywhere!!!!
Again much appreciation is due to all those involved in this group.

Other events:

Apart from fundraising the club members were also involved in a range of other off the field activities:

(Continued on page 12)

Crossword No: 59



Entries before Monday 10th September 2007

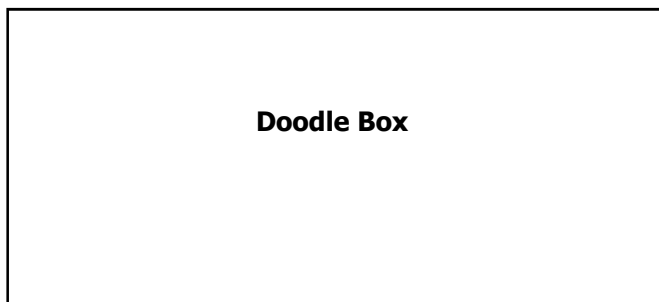
Name _____

Address: _____

Phone: _____

Across:

- 6. Part of a submarine (7,5)
- 8. Capital of Kenya (7)
- 9. Beach (5)
- 10. Nourish (4)
- 12. Jimi Hendrix hit, _ _ _ *Chile* (6)
- 14. Capital city near to Carthage (5)
- 15. Turning like a wheel (6)
- 16. Indonesian island (4)
- 19. To such time as (5)
- 21. Tombstone inscription (7)
- 22. Mimicked (12)



Doodle Box

Special prize

BOOK VOUCHER

Give yourself the luxury of browsing and choosing the book(s) which take your fancy from the wide selection available in the store of our sponsor

***The Maynooth Bookshop
 68 Main Street, Maynooth***

Winner

**Elaine Houlihan
 Cowanstown
 Maynooth**

Down:

- 1. Episode (8)
- 2. Pop singer, _ _ _ Le Bon(5)
- 3. Once more (5)
- 4. Demis _ _ _ (7)
- 5. Brave man (4)
- 6. Cone-bearing (10)
- 7. Flattened (10)
- 11. Purchase (3)
- 12. Vitality (3)
- 13. Shimmering fabric (8)
- 14. Shopping cart (7)
- 17. Untidy (5)
- 18. Colossus (5)
- 20. Burial chamber (4)

Solutions to crossword no: 58

Across:

1. Tussle, 4. Basic, 7. Far, 8. Albania, 9. Candied, 10. Adept, 13. Yo-yo, 14. Flaxen, 16. Ali, 17. Misery, 20. Emit, 23. Shine, 25. Atheist, 26. Avenged, 27. Ely, 28. Wield, 29. Depend.

Down:

1. Twanky, 2. Subway, 3. Lance, 4. Brunel, 5. Sphinx, 6. Cordon, 7. Fact, 11. Dove, 12. Play, 14. Fish, 15. Amen, 17. Meadow, 18. Scheme, 19. Raised, 21. Meagre, 22. Traded, 23. Stay, 24. Irene.

Maynooth Town Football Club (cont'd)

(Continued from page 10)

- ◆ Over 100 players and their parents again took part in this year's Maynooth St Patrick's Day Parade.
- ◆ Colm Cahill, a club member currently serving with Goal in Sudan presented a number of old MTFC playing kits to village teams he works with.



- ◆ A workday was arranged last October and manage to install a new drainage trench and extra fencing, carry out pitch repairs, trim the hedges and clean the grounds of litter.
- ◆ The club was heavily involved in the organisation and running of the seven a-side soccer tournament in conjunction with the Maynooth Summer Festival.
- ◆ A medal ceremony was recently arranged for the presentation of end of season awards to players in Brady's.

Looking ahead:

Girls' Teams

The club is delighted to announce that next season will also see a Maynooth Town all girls team, and hopefully it will not be too long before we see many others and also a ladies team again. I would like to thank Breege Conway for coming forward and offering to oversee this new team, and I commit the club to providing as much support as possible for this initiative.

Plans are already underway in preparation for next season which promises to be the most momentous in our history. It will see the realisation of the hopes and dreams of members past and present when the clubhouse is finally completed and delivered, to be used and enjoyed by generations of young footballers to come. In the meantime, a lot of hard work will be required to get us there, and now more than ever the club needs the support of everyone in the community. In particular we need more individuals to come forward and get involved, and share the burden being carried by just a few.

Maynooth Town F.C. would like to thank all our club and team sponsors, and hope all our members & supporters will continue to support them whenever possible and to acknowledge their generosity when the opportunity arises.

The club would like to thank all our Committee Members, both Fixtures Secretaries, the Team Managers, Players, Parents and everyone else involved with the club for their support over the last year, and wish all the teams the best of luck for next season.

Maynooth Golf Society

Woodlands Golf Club Outing

The outing to Woodlands Golf Club took place on Friday the 27th July 2007.

The Woodlands course was in very good condition, even with the exceptional rain over the previous few weeks. A combination of factors - the start of the builders holidays; a members wedding; threatened rain on the day - kept attendances down.

The weather held up well but for a few drops but the course played tough and the scores told the tale.

John Saults was the overall winner with 36 points and his son Conor won the visitors prize with a score of 32 points.

The presentation took place in Caulfields that evening.

Result Sheet

1st Prize	John Saults	36 pts
2nd Prize	Tim Mullane	32 pts B9
3rd Prize	Gerry Kelly	32 pts
4th Prize	Mick Fahy	31 pts B9
5th Prize	Kevin Loftus	31 pts B6
6th Prize	Liam Farrelly	31 pts
7th Prize	Tom Nolan	29 pts
Front 9	Norman Kavanagh	18 pts
Back 9	Eddie Connolly	14 pts
Visitors	Conor Saults	33 pts
Twos Club	Mick Fahy & Gerry Kelly	
Nearest The Pin	Brendan Leigh	

R & R Golf Club

The R & R Golf Club in Dunboyne was the venue for the 3 Person Scramble during the Maynooth Festival Week. It was sponsored by Brady's Clock House.

The Dunboyne course was demanding but in good condition after all the heavy rain of the past few weeks.

Both the men's and women's Maynooth Golf Societies combined with community visitors to make the outing and 24 entered the tournament.

In first place, Gerry & Mary McTernan along with young Robert Moore took first place with 65 net points.

The presentation took place in Brady's that evening.

Result Sheet

1st Prize	Gerry McTernan	
	Robert Moore	65 nett
	Mary McTernan	
2nd Prize	Kevin Loftus	
	Pauline Loftus	67 nett
	Cian Smith	
3rd Prize	John Saults	
	Louise Saults	72 nett (B9)
	Tommy Campbell	



*L to R
Captain Pa Conway
and
Winner John Saults*

Horoscopes



ARIES—March 21—April 20

There's no reason to think that friend's have forgotten you. However you could be surprised at how they are thinking of you. A weekend meeting with some old friends looks likely.

Monday is your lucky day.
Number 5, colour Black.



TAURUS—April 21—May 21

Mars in Taurus is at odds with Neptune. The Planets are at war with one another this week, so you will need to make your own judgement on things.

Wednesday is your lucky day.
Number 7, colour White.



GEMINI—May 22—June 22

You're a leader this week Gemini, when others will look to you for loyalty. Someone from the past is waiting in the wings to give you your reward. Well done you.

Thursday is your lucky day.
Number 12, colour Gold.



CANCER—June 23—July 23

You feel you can do no wrong, and for most of this week that's true. On Monday things take a turn for the worst but by Friday things will be back on track. The sun is out for the weekend as far as you are concerned.

Sunday is your lucky day.
Number 15, colour Yellow.



LEO—July 24—August 23

Think things through before you make any drastic decisions. Being patient is your best attribute so use it well as you will be tested all week. Life will treat you well this week so enjoy all that comes your way.

Friday is your lucky day.
Number 8, colour Green.



VIRGO—August 24—Sept 23

You would like to have some time to yourself this week and then meet with family and friends. You will feel differently by next weekend and you will feel more like yourself. Take things slowly.

Saturday is your lucky day.
Number 6, colour Green.



LIBRA—Sept 24—Oct 23

There is a chance that a small wind fall this weekend and a chance meeting with an old friend could bring a surprise by next week.

Good luck all round Libra.
Monday is your lucky day.
Number 17, colour Navy Blue.



SCORPIO—Oct 24—Nov 22

You lose your cool with friends and family this weekend and feelings run high all round. Take time to cool off.

A shopping trip proves successful.
Tuesday is your lucky day.
Number 9, colour Orange.



SAGITTARIUS—Nov 23—Dec 21

Of course you should make hay while the sun shines, but do you need a combine harvester and a thousand acres of farmland?

You need to sort out where you are going now, make some plans.
Sunday is your lucky day.
Number 1, colour Gold.



CAPRICORN—Dec 22—Jan 20

Renewed confidence and restored vision are all yours, embrace the future and the good things winging your way. Count your lucky stars you have come a long way.

Saturday is your lucky day.
Number 9, colour Grey.



AQUARIUS—Jan 21—Feb 19

Stick to what you know and love. You can make great strides, so put your best foot forward, there is a small window of opportunity coming up.

Good luck.
Monday is your lucky day.
Number 4, colour Green.



PISCES—Feb 20—March 20

There is no need to feel intimidated by what's happening, everything is in hand so relax and be yourself. You are formidable when you get into gear. Don't over commit.

Wednesday is your lucky day.
Number 13, colour Pink.

Features

Lizzie's Fortune

Lizzie ran into the kitchen with the basket of eggs. Her mother sent her out to the chicken coop to collect the eggs. It was seven o'clock on a September morning. Her little brother Michael was sitting at the kitchen table eating his breakfast before going to school. He was in his last year of primary school. Lizzie couldn't wait to leave school. She had gone to school until she was sixteen and then she had enough of it. There was nothing for her in school that she could have out of it. She was left a whole year now. Michael picked up his school bag and went off to school.

Lizzie set down the basket of eggs on the table. Her mother, who everyone called Pat, was making a fruit cake today so she needed the eggs. Lizzie went out to the wash house to wash the linen and some of her father's shirts. She spent the morning there washing the clothes. In six months she would be eighteen. It was nearly time that she went out and got a man for herself. She wondered whether her dad had a dowry for her. If she had a dowry she would get a good man for herself. She would love and have his kids for him. Her dad had said nothing yet about getting married and settling down. He had a dowry for her but he hadn't told her or her mother. But now she was of an age to get married. She was out putting the linen on the clothes line, and just then her father came whistling down the yard. He would be wanting his morning tea. She rushed indoors and put on the kettle. In five minutes he was eating his bread and jam and drinking his tea.

"There is a dance on in the village hall on Friday night. You can go if you like with that miss prissy you call your friend". Maggie and Lizzie had been friends since school and had been mates ever since and they had remained friends. So after tea she walked down the lane to Maggie. Maggie was there and asked her in. She started to fuss about her friend. "Would you like some tea and some Madeira cake?" "Thanks, I would like that. My father said I could go to the dance on Friday night and I could bring you along". Maggie's father was busy cleaning his fishing rod. Maggie turned to her father and asked him if she could go along too. Her father said, "you can go with Lizzie if you want too". She said "I would love to come with you. I would have an excuse to put on my new dress". "That's that then, we are going to the dance on Friday night".

So on Friday night they went along to the dance. Joe her father was anxious to see his daughter married off to someone of his own class who would keep his daughter to what she was used to. She needed someone with a few bob in his pocket. He would give his daughter a dowry to get her started off. Pat would be lonely for a bit not having her little girl around the place, but she would want Lizzie happy and settled. Lizzie got ready and left the house at eight o'clock that evening. She walked down the road to Maggie's house. Maggie was ready and waiting. By the time they got there the hall was starting to fill up. They got danced by some of the local lads. Then Lizzie noticed someone watching her. He came over to her and asked her to dance. They danced a few sets. It turned out he was the Squire's son from the neighbouring parish. He was with his friend. He fancied a change and he and his friend had come along to the dance tonight.

He asked Lizzie if he could walk her home after the dance. "I am with a friend" she said. "Well maybe my friend will walk her home too". So after the dance ended Derek walked Lizzie home. She thanked him for a lovely evening. He asked her would she meet him next Friday night at the same place they had met tonight. "I will have to ask my father". Ok, she thought, I will wait till Friday night. The next morning at her breakfast table Pat asked her all about the dance last night. "I had a lovely time. I met the Squire's son from the neighbouring parish. He walked me home. He would like to meet me next Friday night". So they met next Friday night. Within two years when Lizzie was just turning nineteen, Derek and Lizzie were married in the local church. Lizzie had brought her dowry and had brought it to her new husband's farm. Derek said he loved Lizzie and that she was the only person that mattered to him in his life. "You are my rock" he said to her on their honeymoon night. They kissed each other that night. Joe and Pat were very happy for their little girl. She had done well for herself, and she would always be known as the Squire's Wife for a long time to come. Michael would inherit the farm so Pat and Joe would be very happy too. They say money cant buy love but if you love someone that's what matters.

Enda Clavin

Features

AIB Junior Saver Competition



L to R Jean Morrison (AIB), Aisling Redmond (Winner), Teresa Redmond (Aisling's mother), And Michelle Walsh (AIB)

The winner of AIB Maynooth's Junior Saver competition which was run for the month of June is:
Aisling Redmond, Age 9.

Aisling opened her Junior Saver account which is for children between the ages of 0 - 13 years, and was entered into the draw for a bike. Having read through many excellent tie breakers Aisling beat all her competitors.

It is a great account for younger customers. €5 is lodged into every new account. It changes with lifestages, when the child reaches thirteen it converts to a second level student account and continues according to their needs, which means in affect it is an account for life - from cradle to grave!

Michelle is the first and second level Student Officer in the branch and would be happy to talk with any young saver and their parents who would like to open their accounts, or call into the branch where any of the staff would be happy to assist you.

Features

Maynooth Man in World Championships

Local athlete David Campbell from Laraghbryan competed in the 800m at the World Championships in Osaka Japan during the last week in August.

David was an outstanding juvenile athlete with Maynooth AC until the club ceased a few years ago, whereupon he joined St Cocas AC Kilcock. As a juvenile, he was an outstanding all-rounder: as well as his track athletics he was also a National Champion at Long Jump and High Jump.



*L to R David McCarthy, David Campbell,
Tommy Chamney,
and Michael Heery President of A.A.I. Athletic Ireland*

He has been making steady progress over the past few years and in spite of set-backs through illness and injuries never lost confidence in his own ability to succeed. Now coached by Nicky Bideou, he has made brilliant progress over the last 18 months culminating in winning the double over 800m and 1500m at this year's National Track and field Championships in July. He not only became the first to do so since Eamonn Coghlan in 1981 but in each case, beat the defending champions into second place.

David is already within 4 hundredths of a second of the qualifying time for the 800m in next year's Olympic Games and the quality of opposition he will face in Osaka will no doubt help him to achieve that time. Maynooth can look forward to having one of our own in action at the greatest showpiece in the world in China next year.

Features

Weights and Measures

For a recipe to work well, it's important to measure the ingredients accurately. Here are a few tips to help you.

- When you measure a liquid, look at the mark measuring cup at eye level, not from the above.
- If you're using a spoon to measure, make sure that the ingredients are level with the edge of the spoon and not heaped up.
- If you are measuring something like herbs, a liquid or salt in a spoon don't hold the spoon over the mixture you are cooking, just in case some spills out of the spoon and into the mixture.
- If you don't have a tablespoon you can use a teaspoon instead . Three teaspoons is the same as one table-spoon.

Measuring liquids and solids.

These conversions are equivalent measurements which, are easy to use when you are cooking. They are not exact conversions.

LIQUIDS			SOLIDS	
Spoons	cups	Fluid ounces	Grammes	Ounces/pounds
3 teaspoons	1/8 cup		25g	1oz
1 tablespoon	15ml	1/2 floz	50g	2oz
2 tablespoons	25ml	1 floz	75g	3oz
4 tablespoons	50ml	2 floz	125g	4oz
8 tablespoons	75ml	4 floz	150g	5oz
1/4 pint	150ml	5floz	175g	6oz
1/2 pint	300ml	10floz	225g	8oz
3/4 pint	450ml	15floz	350g	12oz
1 pint	600ml	20floz	400g	14oz
1 3/4 pints	1 litre	35floz	450g	16oz (1lb)

OVEN TEMPERATURES

Electric ovens		Gas ovens	Electric Ovens		Gas ovens
Celsius	Fahrenheit	Mark	Celsius	Fahrenheit	Mark
110°C	225°F	1/4	190°C	375°F	5
130°C	250°F	1/2	200°C	400°F	6
140°C	275°F	1	220°C	425°F	7
150°C	300°F	2	230°C	450°F	8
170°C	325°F	3	240°C	475°F	9
180°C	350°F	4			

Features



All about September



September is the ninth month of the year in the Gregorian Calendar and one of four Gregorian months with 30 days.

September begins in western astrology with the sun in the sign of Virgo and ends in the sign of Libra.

Astronomically speaking, the sun actually begins in the constellation of Leo and ends in the constellation of Virgo.

In Latin, *septem* means "seven" and *septimus* means "seventh"; September was in fact the seventh month of the Roman calendar until 153 BC.

- It is the start of the academic year in some countries.
- On the first Sunday of September, the regata storica parade is staged in Venice, as prelude to the rowing contests known as regattas.
- Labour Day is observed on the first Monday in September in the United States.
- In Japan, Respect for the Aged Day is a national holiday celebrated on the third Monday of September. Autumnal Equinox Day is also a national holiday.
- The equinox named the autumnal equinox in the northern hemisphere and the vernal or spring equinox in the southern hemisphere occurs on dates varying from 21 September to 24 September (in UTC). In the pagan wheel of the year the spring equinox is the time of Ostara and the autumn equinox is that of Mabon.

September 1st is celebrated as the beginning of Eritrea's 30 year armed struggle for independence from Ethiopia which began in 1961 and ended in 1991.

September Events

September 10 - The FIFA Women's World Cup 2007 begins with holders Germany against Argentina in Shanghai.

September 11 - Partial solar eclipse.

September 11 - The sixth anniversary of 9/11

September 16 - Parliamentary elections in Greece

September 22 - October 7 - The Oktoberfest in Munich, Germany will be held.

Other names for September

- In Croatian, September is called Rujan, meaning red month (leaves turn red before falling).
- In Czech, September is called září, meaning glow or shine.
- In Polish, September is called wrzesień, the month when calluna flowers emerge.

Some Trivia

- ❖ September begins on the same day of the week as December every year.
- ❖ September's flower is the aster or morning glory.
- ❖ September's birthstone is the sapphire.
- ❖ In 1752, the British Empire adopted the Gregorian calendar. In the British Empire that year, September 2 was immediately followed by September 14.
- ❖ September in the Northern Hemisphere is the seasonal equivalent to March in the Southern Hemisphere and vice versa.
- ❖ World War II started on September 1, 1939 with Adolf Hitler's invasion of Poland. It ended on September 2, 1945 with Japan's formal surrender.
- ❖ Caligula (Roman Emperor 37-41) attempted to rename September Germanicus after his father.



Regata Storica Parade, Venice

Poetry Corner

THE GIRL I MARRY

The girl I marry shall be so sweet
With a heart of gold and a precious smile
She will dress in gear so stylish and neat
We will walk life's romance for many a mile
We both will be happy like two birds in song
Live in a quiet house by the mountain side
It is of each other together we will belong
With a love that's true with no secrets to hide
I will work for a wage to pay all the bills
Go home after work where she will be waiting for me
We will both enjoy all our bed time trills
O' what a wonderful world it is going to be
But I am alone in my miserable empty life
My nights are lonely by myself all the time
Maybe some day I will find myself a wife
All I have is myself and this bottle of wine
Now I have my dream that may come true
It all depends on my special lover to be
For a lasting love I never ever knew
What way is this world going to be for me
I will climb every mountain to find my dream
I will pray for love to come my way
All my future world remains to be seen
For a man needs a partner to pass his day
To seek life's fortune with a dream in my mind
Always enthusiastic of my wish to come true
It is of lasting love I wish to find
Give of my dreams where are you, where are you

Patrick Murray

I HAVE EYES TO SEE

I have eyes to see
I have a nose to smell
I have a mind
In which my thoughts do dwell
But most of all
I have a heart
In which my love
Will never part
I have a face like each creature of
The human race
As each one of us is unique
And no person is ever bleak
For we are all equal in Gods eyes
That our true Gods love never denies
We all live in a dream world
In a wishing well of desire
No one is destined to eternal hell fire
Each one of us has a soul
That never dies
So we all be wise
And love each other
As much as we can
Where ultimate happiness
Is destined to all man

Patrick Murray

OUR HUT

No more have we, the fields to roam,
No more the bus to see;
For we have lost our mountain home
The hut has ceased to be.

The years roll by in Taylor's Grange,
As they did in times of yore;
But to me it seems so very strange
The hut is now no more.

The green hills meet the grassy vales,
The sun still gives his rays;
To the buds their heavenly growth entails
But the hut has since decayed.

The birds and sheep in Spring are gay,
To us they are endeared;
The babbling brook still wends its way,
But the hut has disappeared.

Our joys and cares then were blended,
But we know that nothing lasts
For the world ambles on as it was intended
Though the hut is of the past.

Hardship to us has now been sent,
But our faith we still retain;
And if ever wealth to us is lent'
The hut may be again.

Donal Murphy

Celebrating Leaving Certificate Results 2007



*L to R Aoife O'Neill, Ben Carley
and Amy Brown*



Oisín McWeeney & Eimear Flynn



*Aifric Butler-Rees
& Arek Ní Mhurchu*



Michelle Roche & Aoife Kelly

Useful Telephone Numbers

Name	Details	Telephone No.
A.C.R.A	National Association of Resident Associations Contact Michael Quoin, 3 Laurence Avenue, Maynooth	6285258
ADULT CEILI AND SET DANCING	Contact: Rita Doyle	086-2862475/ 6286169
AN NUADA PLAYERS	Contact: Terry Nealon	086-8068068
BRIDGE CLUB	Contact: Joan Howard Williams	6289239
CASTLE COMMITTEE	Contact Tony Bean Sec. Gerald & Joan Howard Williams, Carton Demense	087-949459
CASTLE KEEP ART GROUP	Contact: Susan Durack Sec.	6289349
CITIZENS INFORMATION CENTRE		6285477
COMMUNITY GAMES	Contact: Joe Geraghty Margaret Houlihan	087-6181235 087-2054854
DENTIST	Dr. G.B. Glass Dr. G.A. O'Reilly Dr. J.G. Merrick	6289284 6286318 6286318
DOCTORS	DR. D. Gaffney DR. D. Nolan DR. C.D. O'Rourke DR. J. Cornish DR. N. Wilson DR. M. Cowhey	6291169 6285943 6285210 6292556 5052135 6289044
FAS OFFICE		6290556
FLOWER CLUB	Contact: Moira Baxter, Applewood, Laraghbryan ,Maynooth	6289102
FOLK GROUP	Contact: Elaine Bean	087-9704912/6274714
G.A.A. CLUB	Maynooth G.A.A. Club Contact :Dominic Nugent	6285020 087-636722
GARDA STATION		6291413/6286234
GOLF	Maynooth Golf Society Contact: Kevin Loftus	086-8261221
HEALTH CENTRE		6285415
I.C.A.	Contact: Norah Mc Dermot	6244695
KILDARE COUNTY COUNCIL		045-980200
LARAGHBRYAN CEMETRY COMMITTEE	Contact: Breda Holmes, Barrogstown, Maynooth Sec. Helen Johnson	6289757
LIONS CLUB	Contact: Freddie Melia,	6289555
MAHER SCHOOL OF IRISH DANCING	Contact : Catherine Maher	6285739 087-8222740
MARTIAL TAEKWON-DO	Contact: Gerard McCelland	087-279621/6280868
MAYNOOTH ADULT DAYTIME EDUCATION (MADE)	Contact: Bernadette Duffy	6016179

Useful Telephone Numbers (Cont'd)

MAYNOOTH BUSINESS ASSOCIATION	Contact: Brid Feely	087-2052649
MAYNOOTH FAIR TRADE	Contact: Dr. John Sweeney	087-2476516
MAYNOOTH JUDO CLUB	Contact: Mary Mc Donald	087-9677596
MAYNOOTH PHYSIOTHERAPY CLINIC & LEINSTER CLINIC		6290895
MORTALITY SOCIETY	Contact: Paddy Nolan	6286312
NORTH KILDARE JUNIOR TENNIS CLUB	North Kildare Club	6103909 6287243
PARENT AND TODDLER GROUP	Contact: Bronwyn Mooney	6289405
PARISH	Fr. Paul Coyle Fr. Liam Rigney Parish Office	6290553 6286220 6293018
POST OFFICE		6286259
MAYNOOTH COMMUNITY LIBRARY	Librarian: Bernadette Gilligan	6285530
ROYAL AMENITY AND RESTORATION GROUP CANAL	Office Contact: Mark Kennedy, 83 Maynooth Park Maynooth	6290980 6286443
SCHOOLS	Boys' National School Presentation Girls' Primary School Post Primary School Scoil Ui Fiach	6293021 6286034 6286060 6290667
SCOUTS	Catholic Boys Scouts of Ireland Contact: Johnny Dowling	085-1017492
SENIOR CITIZENS COMMITTEE	Contact: Patricia Cusker Josie Moore, Greenville, Straffan Road, Maynooth	087-2982455
SOCCER CLUB	Contact: Seamus Thompson Sec. Pat Moyan	086-8564590 087-9078861
ST. MARY'S BRASS AND REED BAND	Contact: Melanie Oliver	087-9704910
SWIMMING CLUB	Contact : Catherine Carton	6290479
TIDY TOWNS	Contact: Paul Croghan	6286079
VIOLENCE IN THE HOME		1800-341-900
YOUTH FOROIGE CLUB	Contact: Sheila Hawthorne	087-1339051

Recipes

Pan Cooked Chicken Dishes

Cooking on the hob is one of the easiest ways to make a delicious chicken meal — and it is more versatile than you think. Explore the many different ways you can take a pan, a chicken and a few extra ingredients and turn them into a real feast.

Thai Red Chicken Curry

Ingredients

400ml canned coconut milk
3 tablespoons red Thai curry paste
4 chicken breasts
4 tablespoons fish sauce or soy sauce
2 tablespoons caster sugar
225g canned bamboo shoots in brine
1 medium-sized aubergine
Juice of 1 lime
Fresh basil leaves
1 tablespoon of grated fresh coconut



Method

Pour 200ml of the canned coconut milk into a large saucepan. Stir in the red Thai curry paste and bring the mixture to the boil. Boil rapidly for 4 minutes or until the sauce is reduced by half.

Using a sharp knife, cut the chicken breasts into 2.5cm pieces. Add to the coconut sauce in the pan and bring back to the boil. Reduce the heat to low and simmer the chicken for 5 minutes, stirring now and again.

Stir in the fish sauce or soy sauce and the sugar and bring back to the boil. Drain the bamboo shoots and cut into matchsticks. Cut the aubergine into small chunks. Add to the pan with the bamboo shoots. Bring up to the boil again, lower the heat and simmer for about 5 minutes.

Stir in the remaining canned coconut milk, lime juice and 2 tablespoons shredded basil leaves. Spoon the curry into a serving dish and serve sprinkled with more basil leaves and the grated fresh coconut.

Sweet and Sour Chicken Stir-Fry

Ingredients

4 chicken breasts, skinned and boned
2 garlic cloves
1cm fresh ginger
1 bunch spring onions
2 tablespoons vegetable oil
225g canned water chestnuts
2 carrots
3 tablespoons soy sauce
1 tablespoons sherry
2 tablespoons tomato purée
2 tablespoons rice wine vinegar
Pinch of sugar

Method

Using a sharp knife, cut the chicken breasts into thick strips, 4cm long.

Finely chop or crush the garlic cloves. Peel the ginger and cut into pieces the size of matchsticks. Trim the spring onions and thickly slice on the diagonal.

Heat the oil in a wok over high heat until almost smoking. Add the ginger and garlic and stir-fry for 1 minute. Add the chicken and stir-fry for a further 5 minutes, until browned. Add the spring onions and stir-fry for 1 minute.

Drain the water chestnuts and cut in half. Peel and cut carrots into matchsticks. Add to the wok with the spring onions and stir-fry for 1 minute.

Mix the rest of the ingredients together. Add to wok and stir-fry for 30 seconds. Garnish with shredded spring onions if liked.



(Continued on page 34)

Recipes

Pan Cooked Chicken Dishes (cont'd)

(Continued from page 32)

Viennese Deep-Fried Chicken

Ingredients

1.5kg chicken
Salt
100g plain flour
150g dried breadcrumbs
2 eggs
3 tablespoons milk
Vegetable oil for deep fat frying



Method

Cut the chicken into 12 pieces and then rub all over with salt. Put the flour and the breadcrumbs into two separate shallow bowls. Break the eggs into another shallow bowl and beat with the milk.

Dip the chicken pieces in the flour and shake off any excess. Next dip in the egg, then roll in the breadcrumbs, patting on the crumbs to make a firm coating.

Heat the oil for deep-fat frying to 190°C. Deep-fry the chicken in 3 batches, for about 15 minutes each batch, turning once. The breast portions will need slightly less time — about 12 minutes. As they are fried, put the cooked chicken pieces on a plate lined with kitchen paper towels and keep warm in a low oven.

Cut the lemon into wedges. Tear the parsley into small sprigs. Garnish the chicken with the lemon wedges and parsley. Alternatively, you can deep-fry the parsley sprigs for a few seconds in the hot oil to make it nice and crisp.

Moroccan Chicken with Honey

Ingredients

1.5kg chicken
2 oranges
1 lemon
3 tablespoons runny honey
1 onion
1 garlic clove
3 tablespoons olive oil
300mls hot chicken stock
1/2 teaspoon turmeric
1/2 teaspoon saffron powder
1/2 teaspoon ground ginger
Salt and black pepper

Method

Cut the chicken into 8 pieces and put into a large shallow bowl. Squeeze the juice of one of the oranges and the lemon into a small bowl and stir in the honey.

Pour the fruit juice and honey over the chicken pieces and toss to coat all over. Cover the bowl and leave at room temperature for 1 hour, turning the pieces now and again.

Peel and finely chop the onion and garlic. Remove the chicken from the marinade and reserve. Heat the oil in a large pan, add the onion and garlic and fry for 10 minutes over low heat. Add the chicken and fry for 10 minutes over moderately high heat.

Add the chicken stock and 2 tablespoons of the reserved marinade. Add the turmeric, saffron, ginger, salt and pepper. Bring to the boil, reduce the heat to the low, cover and simmer for 45 minutes.

Peel and segment the other orange, leaving behind all the white pith and membranes. Transfer the chicken to a serving bowl and garnish with the orange.



Health & Fitness Tips

Healthy Habits

- ◆ Just like brushing your teeth, healthy habits should be cultivated on a daily basis. The following is a guide to daily tasks: Activity should be a daily occurrence. Walk, run or jump for a minimum total of 20 minutes a day.
- ◆ Protect your skin. Sun block should be applied on face, neck, arms and hands even in the dead of winter. It protects against climatic toxins too. Moisturize skin daily.
- ◆ Eat fruits, vegetables, grains, low-fat dairy products and small amounts of protein. Avoid sweets and other processed foods.
- ◆ Meditate or spend a minimum of five minutes daily in quiet time.
- ◆ Find your spiritual self. Discover what inspires you, raises your level of consciousness, motivates you, and satisfies your soul.
- ◆ Exercise your brain. Read, study, solve problems, and learn new skills. As does the body, the brain atrophies with lack of use.
- ◆ Hug somebody.

Water is Essential

Water is essential to life. If we go without food we can survive for long periods but if we deprive ourselves of water we will surely die in a matter of days.

The simple facts are that we need water to :

- carry waste products out of the body
- to keep the skin structure supple
- to carry nutrients to the various organs
- to regulate temperature controls

When we perspire we lose fluid (water) through the skin via the pores. If we lose too much we suffer.

Most people walk around in a dehydrated condition. They complain of having headaches, being tired, not able to concentrate.

In extreme circumstances, lack of sufficient water can cause heat exhaustion.

When we need water, perhaps during a hot day or after exercise, our body triggers our mind into wanting to drink, to slake our thirst. During an absorbing activity where our concentration is focused on performing well, the demands of the body for fluids can easily be ignored or not recognized.

It is important that you drink water before exercise, preferably about 2 hours before starting and at least half to one pint depending upon the level of exertion you expect to make.

Daily Exercise

Getting just a half hour of physical activity into each day offers substantial benefits to your health.

Walk 10 Minutes a Day.

Increase Your Fitness Level. Old thinking was to work out in a sweat-filled gym for hours a day. No pain, no gain. New studies show that even short bouts of activity can increase your fitness level, especially if you're new at working out.

Park and Walk.

Whenever you have an errand, park your car as far away as you can handle and walk to the store. At the shopping centre, park at the farthest end and walk the length of the shopping centre. Use every opportunity to walk. At the end of the day, it all adds up to better fitness.

Tummy Crunch in Bed.

Before you even get out of bed in the morning, do 10 stomach crunches while lying flat on your mattress. Increase daily by one until you get up to 100. Think you'll never get there? Try it. You may eventually have to set your clock to wake up 15 minutes earlier, a small price to pay for a flatter stomach.

Tips of the week

Take your E supplements even if you think you don't need them. They have proved to be very beneficial for your overall health. Recent research has shown that it can help to prevent cancer and surprisingly arthritis

Planning Permissions

File Number	Applicant Name	Application Type	Application Received	Development Description	Development Location	Development Type
07/1800	Anne Forester	Permission for Retention of Development	26/07/07	(1) retention of conversion of attic space with roof lights to the rear (2) retention of domestic garage (3) permission for dormer windows to the front (4) permission for conservatory extension	Barberstown Upper Maynooth Co. Kildare	Extension
07/1817	Rev. Patrick Monahan	Outline Permission	27/07/07	Outline permission to construct two, two storey houses (Semi-detached) and connect same to public mains i.e. water supply, foul sewer and surface water.	290A Greenfield Maynooth Co. Kildare	One off House
07/1830	Graham Loane	P	27/07/07	Construction of a two storey detached house and driveway with connection to water mains, foul and surface water	106 Moyglare Village Maynooth Co. Kildare	One off House
07/1833	Dermot D'Arcy	P	27/07/07	Constructing a two storey house, detached garage, bison treatment system and all ancillary site works	Wyndgates Maynooth Co. Kildare	One off House
07/1881	Board of Management St. Mary's Boys National School	P	01/08/07	The provision of (a) a 162sq.m single storey free standing prefabricated building to provide 2 no. new classrooms to the side of the existing two storey school building (b) 36sq.m single storey free standing prefabricated building to provide 2 etc.	St. Mary's National School Moyglare Road Maynooth Co. Kildare	School
07/1883	Pat Nevin	P	01/08/07	A ground floor and first floor extension including an attached garage, dormer windows to the front, internal alterations and retention of outbuildings	Barrogstown Maynooth Co. Kildare	Extension
07/1884	Padraig Nevin	P	01/08/07	Permission for a new two storey dormer house with basement, a new vehicular entrance, an effluent treatment unit and associated site works	Barrogstown Maynooth Co. Kildare	One off House
07/1900	Padraig Quinn	P	03/08/07	Building of a dormer type dwelling serviced with on site wastewater treatment system to current EPA guidelines, domestic shed, shared recessed entrance and all associated site works	Laragh Demense Maynooth Co. Kildare	One off House
07/1910	Martin & Ann Tarpey	P	03/08/07	Permission for lean to roof to garage and single storey extension to rear	2 College Green Maynooth Co. Kildare	Extension
07/1923	David & Ann Mahoney	P	03/08/07	Demolition of existing bungalow and shed, construction of a dormer bungalow, garage and boiler house and provide for revised site entrance and connection to existing public services	Elm Lodge Moyglare Road Maynooth Co. Kildare	One off House
07/1969	Andrew Healy	P	15/08/07	Demolition of existing dwelling and boundary walls and construction of proposed 2 and 3 storey residential development over basement car parking (30 no.) to comprise of 22 units (5 no. 1 bed duplex, 4 no. 1 bed apartments, 6 no. 2 bed duplexes, etc.)	282 Old Greenfield Maynooth Co. Kildare	Housing Development

Planning Permissions (Continued)

File Number	Applicant Name	Application Type	Application Received	Development Description	Development Location	Development Type
07/1991	Robert Kearney	P	17/08/07	Permission for dormer type bungalow and connection to existing group water scheme with a bio-cycle waste water treatment plant.	Smithstown Maynooth Co. Kildare	One Off Housing
07/2004	Mary & Dave Murphy	P	20/08/07	Permission for development consisting of 27 sq. m. ground floor extension to south-west elevation including roof-lights to the north-west and south-east and all associated site works. This proposed development is in the vicinity of Carton House	38 Leinster Wood South Carton Demesne, Maynooth Co. Kildare	Extension
07/2017	Joe Brian & Padraic McHale	P	20/08/07	Development of a closed road driving school. The development will consist of the construction of an access road and an internal network of roadways, one-way routes, junctions, roundabout, pedestrian crossings, turning areas, hill, skid area, etc.	Taghadoo Maynooth Co. Kildare	Commercial Development
07/2023	Don Mclean	P	21/08/07	Development consisting of a single storey extension to the rear and also for the retention of a single storey to the side	Clonfert South Maynooth Co. Kildare	Extension
07/2044	P & G Dormer	P	23/08/07	Demolition of house no's 12, 13 & 14, erection of two storey extensions to side of houses no. 11 & 15 Parson Street, (b) erection of 3 no. blocks varying in heights up to 5 stories consisting of 7 no. retail units, 1 crèche and 3 restaurants, 98 units etc..	Parson Street Maynooth Co. Kildare	Housing Development

Oliver Reilly

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Particulars and Arrangements Contact:

Paddy Nolan (Secretary to Maynooth Mortality Society), 7 Castlebridge, Maynooth.

Phone: 6286312

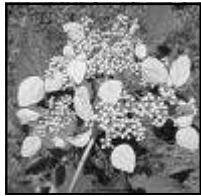
and Paddy Malone, Ballycahan. Phone: 6287074



Gardening Tips for September

Flower garden

Love autumn in the garden! There are fantastic colours to be seen on the hydrangeas and these flowers can be picked to make a lovely arrangement with some nerene lily-like also come into provide a rich colour. One of the choose is Sedum 'Brilliant' which of flat, bright pink upright stems glaucous leaves. Lace cap hydrangeas produces masses of flower-heads on with succulent, Grow sedums in full sun in a well-drained soil and divide every few years to improve flowering. Other plants which are also good at this time of year include ornamental grasses, heleniums, perennial asters and Michaelmas daisies.



Lace cap hydrangeas

Plan for spring

I know it can be depressing to think about spring when we are still awaiting our summer but hopefully our gardens next year will benefit from all the moisture they are receiving at present! So let's get going:

Plant up patio pots or borders with *erysimum*, more commonly known as wallflowers, for a cheery spring show. Although they can be grown on their own, try planting tall-growing tulip bulbs in a contrasting colour first and planting the wallflowers over the top. The tulips will then grow up through them to provide an extra layer of height and colour.

Deadheading

Deadhead roses as the blooms fade, cutting off the flowers just above the uppermost leaf on the stem. Trim back lavender bushes after flowering to remove the old blooms and shoot tips, taking care not to cut back too heavily into any old wood. Removing faded flowers from perennials and annual plants will also ensure a continued display of blooms.

Attend to bedding

Give bedding displays, hanging baskets and pots a little attention to ensure their display lasts well into autumn. Pick over plants twice a week to remove any faded blooms, keep watering daily and control pests when you find them. Any tender plants you want to save for next year can also be potted this month, so they are established and ready to bring under cover when the weather turns cooler.

Support perennials

Put plant supports around tall, late-flowering perennials to prevent them from being damaged by autumn winds.

Greenfly checks

Look out for greenfly on winter-flowering pansies and other plants. Treat with a suitable insecticide.

Deadhead roses

Give roses a final deadheading when the blooms have faded and shorten tall stems slightly to reduce wind rock. However, leave those that have developed hips for some extra autumn colour.

Hardwood stem cuttings

Take stem cuttings of roses in early September by pushing cut stems straight into the soil in a nursery area of the garden, where they can be left to root and develop for about a year. Most types of rose can be propagated from cuttings, especially the rambling types. Just take a length of stem, removing the soft tip above a leaf joint, and cut below a joint at the base, removing all but the top three leaves. Then push the 30cm (12in) cutting into the soil to about half its length.

Lilies

Buy lily bulbs as soon as you find them for sale and plant them straight away. Propagate Asiatic lilies, such as *Lilium* 'Angela North', *L.* 'Ariadne' and *L.* 'Enchantment' by picking the small bulbils from their leaf joints and growing them on. Plant them in trays of compost and leave them to develop into new plants.

Gladioli

Enjoy gladioli spikes in the garden or cut them for displays in the house. Spray plants with a suitable insecticide if thrips start to be a nuisance. When flowering is over, the corms can be lifted, cleaned, labelled and stored carefully for planting out again next spring.

Dahlias

Give large dahlias an extra feed during August to promote strong, healthy growth. Regularly tie them to their supports to prevent the stems from breaking in the wind, deadhead garden displays and cut blooms to enjoy in the house.

Cuttings

Finish taking cuttings of fuchsia, heliotrope, verbena, coleus, argyranthemum and other tender plants, which can be over-wintered on frost-free windowsills.

Bulbs

Look out for indoor bulbs such as lachenalia and veltheimia, for autumn planting and daffodils that are prepared for early flowering at Christmas, such as *Narcissus* 'Fortune', *N.* 'Cragford', *N.* 'Golden Harvest'. Start watering dormant cyclamen pot plants which have been left to die down for a rest. Freesia corms can also be planted in pots now for early, fragrant blooms next spring.

Here's hoping for an Indian Summer!

Features - Computers

Take the power of Google with you anywhere on the Web – Use the Google Toolbar

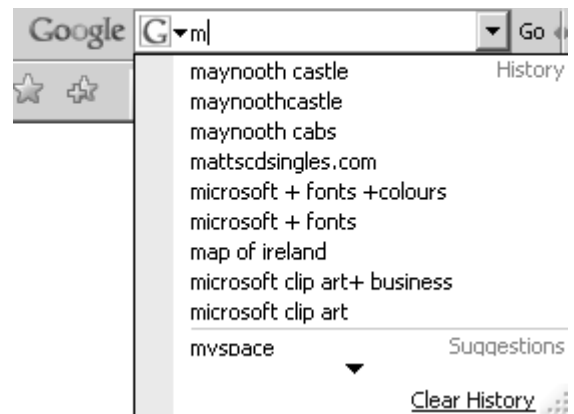


You can use the **Google Toolbar** from any page on the web using Internet Explorer. To download the toolbar simply type **www.toolbar.google.com** into the Internet Explorer address bar and follow the download instructions for the toolbar.

So what's so special about this toolbar? Well here's the **dedicated Google search window, the highly effective pop-up blocker, the form autofiller, the translation utility, the spelling checker, and the map tool that automatically links addresses in Web pages to maps.** Then there's the full integration with the Google suite: **Google Earth, Google News, Froogle, Google Maps, Blogger,** and others. Every single one of the integrated tools, including the toolbar itself, is fully customizable.

Enhanced Search Box

This I find brilliant—As you type a search query into the new Toolbar's search box, you'll see a list of useful suggestions based on popular Google searches, spelling corrections and your own Toolbar search history and bookmarks. You can also click the "G" icon in the search box to search different Google sites, the current site, or sites for which you've installed custom search buttons.



Enhanced Search Box

Autofill

One of the most useful features of the Google Toolbar I find is the AutoFill feature: Tired of typing in your address and credit card information every time you shop online? **AutoFill** makes shopping a breeze by enabling you to fill out web forms with a single click. Just enter your info once in the Toolbar's Options dialog box and you're ready for an online shopping spree. (Note: your credit card info stays password-protected.)

AutoFill stores personal data where only you can access it - your own computer. And your credit card number is encrypted and protected by a password you set. None of this information is ever sent to Google. In the Toolbar, the **AutoFill** button is enabled when you visit a page with fields that **AutoFill** can fill. Otherwise, the button in the Toolbar appears gray.

To complete forms on sites that you trust, just click the enabled **AutoFill** button. If you haven't entered any **AutoFill** information that applies to the current page, **AutoFill** displays the **AutoFill** tab page in the Toolbar Options window. Once you've entered your information on that page, clicking the **AutoFill** button will automatically complete a form.

If you want to see your data before it's filled into the form, hold down shift as you click the **AutoFill** button. That way you'll see the information you're providing and protect yourself from pages that might try to capture information in hidden or hard-to-see fields.

If you don't want **AutoFill** to automatically highlight fillable fields, go to the **More options tab** and clear the checkbox "Automatically highlight fields that AutoFill can fill."

A great time-saver!

Features

Successful Golf Classic in aid of Fr. John Nevin Pakistan Fund

On 2nd July a Golf Classic in aid of the Fr. John Nevin Pakistan Fund for Children took place at Knockanally Golf Club. The event was an outstanding success with thirty teams competing for prizes and almost sixty businesses lending their support through sponsorship.

The total amount raised was €22,760 and these funds will greatly assist Fr. John in providing additional space and facilities at the schools in his parish in Rawalpindi, Pakistan.

Golf prizes were presented at a highly enjoyable function in Brady's Clockhouse that evening. Congratulations to the overall winners Liam Reilly and his team.

The Fund Committee wish to sincerely thank all those who entered teams, sponsored tees and holes. Thanks also to Seán Donovan, Londis for providing the BBQ at the 9th, Peter Coakley, Boys National School for his excellent signage and Declan Kennedy, Brady's for the gorgeous food at the prize-giving.

A special word of gratitude to Paddy O'Brien, Knockanally, Richie Mulligan, Tommy Fay, Peter Nevin, Dom Nugent, Mary Nelson, Breda Nevin, Joe Buckley and Willie Holmes for their great help in organising the day.

It is expected that Fr. John Nevin will be home in Maynooth for the month of September and with this in mind the Committee are planning to hold an event at which Fr. John can meet all those who are so generously supporting his work through the Pakistan Scholarship Fund for Children and in other ways.

Details of this event will be announced soon.

**Colm Nelson,
Chairman,
Fr. John Nevin Pakistan Scholarship Fund for Children**

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Features

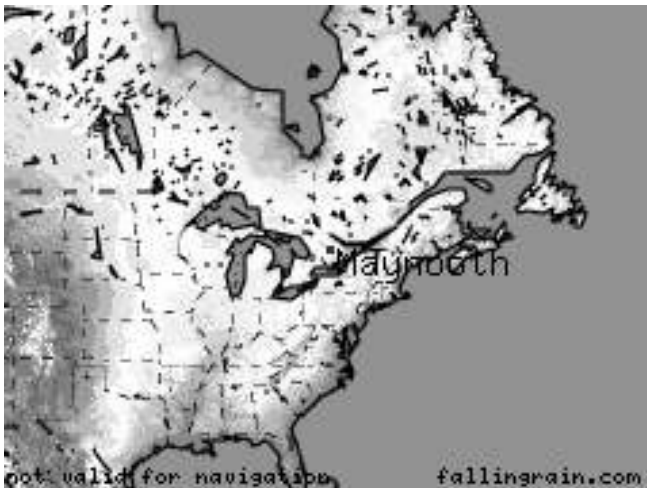


A Visitor From Maynooth Ontario in Canada

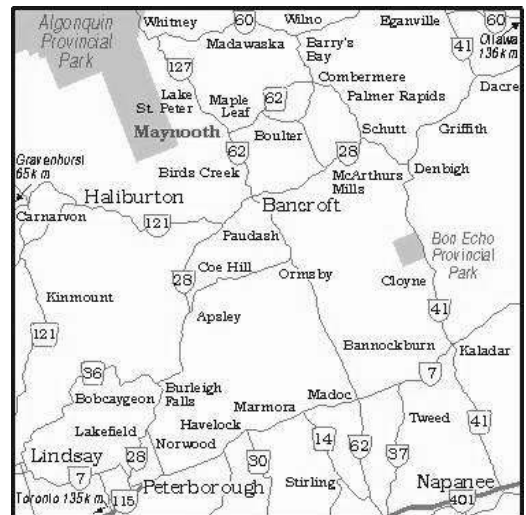


On Wednesday 22nd of August two groups came together with one thing in common, they both come from and live in a town called Maynooth, one in County Kildare, Ireland, and the other in Ontario, Canada.

Deputy Mayor of Maynooth in Canada Marie Maschke was our special visitor on Wednesday as she paid a visit to NUI Maynooth. Marie Gleeson, Maynooth Community Council, and Dr. John Sweeney, Senior Lecturer in Climatology, greeted Marie Maschke and showed her around the college. They gave her an insight into its history and filled her in on what was happening in the campus today. She then paid a visit to Professor John Hughes, President of NUI, Maynooth who presented her with a framed painting of Maynooth, with which she was very pleased.



*Maps
showing
Maynooth
Ontario*



*Marie Maschke being presented with a painting of
Maynooth by Professor John Hughes
President of NUI Maynooth*

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Features

A Visitor From Maynooth Ontario in Canada

(Continued from page 48)

Accompanied by John Sweeney and Marie Gleeson , Marie then paid a visit to Intel, Leixlip and was met by Bob Reilly who, along with Matt Callaghan, gave the Deputy Mayor a tour of the plant.

Its not known exactly how Canada came to have a town called Maynooth but its thought that there was a definite Irish influence on its naming. Its was home to a lot of Irish as they arrived from Ireland due to the famine, and as records show was originally called Doyle's Corner and was then renamed Maynooth. Its thought that it could have been named after our town by a priest who attended the college but there is no firm evidence to back this up.

Maynooth in Canada has a population of 5,000 people and is situated in the east of the country. It is a rural town with plenty of great fishing spots and is away from the hustle and bustle of city life. Marie's mother was from Ennis in Co. Clare and she has been here in Ireland on a few occasions.

She got in touch with the Community Council to present the town with the Canadian flag and the Maple Leaf and there are hopes the two towns could strengthen their links together and possibly twin with each other.



L to R Ann (Marie's daughter), Marie Gleeson, Marie Maschke and John Sweeney



L to R Marie Gleeson, Marie Maschke and John Sweeney

Party Political



Emmet Stagg T.D.

Maynooth Labour News



Cllr. John McGinley

Maynooth Harbour Action Area Plan

The Planning Application by P. & G. Dormer of 54 Marrowbone Lane, Dublin 2 for

- (a) *demolition of houses numbered 12,13 & 14,erection of 2 storey extensions to side of houses numbered 11 & 15 Parson St,*
- (b) *erection of 3 no. blocks of varying height up to 5 storeys consisting of 7 no.retail units,1 no.creche and 3 no. restaurants*

was declared invalid by the Council on 12th July as it did not include elevation drawings. Unfortunately, the applicant re-submitted the Planning Application on 19th July (File No. 07/1711) and the closing date for objections is 23rd August. In Cllr. McGinley's view this should also have been declared invalid as it is identical to the other application.

The Council has belatedly acted on Cllr. McGinley's proposal "*That a Project Team be appointed to progress the Maynooth Harbour Action Area Plan.*" Senior Council Management will be meeting the different landowners/ developers, who have an interest in the area, on 16/17 August in an effort to get them to agree to implement the proposals in the Action Plan as one large project. Hopefully the applicant will voluntarily withdraw the Planning Application as a result.

If it is not withdrawn Cllr. John McGinley and his colleague Deputy Emmet Stagg will make their views known on the inappropriate building heights proposed and any other negative aspects of the proposal as it affects the Built Environment of the Historic Core of Maynooth.

Additional Litter Bins Needed in Maynooth

Cllr. John McGinley got the following extraordinary reply to his motion on the provision of additional litter bins for Maynooth:

"In order to empty any additional bins, a new collection lorry with a driver and general operative would be required. This would cost in the region of €150,000 per annum and no additional funding of this nature is available. Existing arrangements are very much at capacity."

Needless to say Cllr. McGinley rejected this response. He stated that with the opening of the Meadowbrook Link Road the Council now had a circular route for bin collection i.e. Council Yard--Parson Street--Bond Bridge--Meadowbrook Ling Road--Straffan Road--Main Street--Council Yard, so it should take less time and be less costly to empty the bins. The Director of Services gave an undertaking to examine the existing service with a view to improving it.

(Continued on page 54)

Party Political

(Continued from page 52)

Proposed Ring Road from the Old Dublin Road at Blacklion to the Celbridge Road:

The following update was given to Councillors at the July Area Meeting of the Council:

"This is an objective of the Local Area Plan and has been included in the 2007-2009 capital programme although funding has not as yet been specifically identified. In addition, a number of pre-planning meetings have taken place with the developers (MERR DEVELOPMENTS LTD.) and a planning application has been lodged (Ref: 07/1419) seeking approval for the construction of this road. The area committee will be kept informed regarding developments."

Improvement Works on Doctors Lane, Maynooth

Residents will be aware that Doctors Lane will be closed for August to enable the much needed safety measures to be implemented. As a result Doctors Lane will be made one way from east to west and traffic calming ramps and footpaths will also be installed.

Cllr. John McGinley has submitted the following motion for the consideration of the Leixlip Area Committee of the Council:

"That the Green Time for traffic turning right from the Straffan Road onto Main Street be increased to take account of Doctors Lane being made One Way."

Location of new Fire Station for Maynooth

Councillors were given the following update on the transfer of the Fire Station from its present unsatisfactory location at The Harbour:

"The Chief Fire Officer is still in negotiation with a landowner regarding a site for the new Maynooth Station. Considerable progress has been made in this regard. The Area Committee will be kept informed."

Pay Parking in Maynooth

Councillors were given the following update by the Director of Services at the July Area Meeting of the Council:

"I am to confirm that the Road Design team will be actively examining the parking arrangements in Maynooth over the summer period and, hopefully, a preliminary report can be available for either the September or October meeting. The staff concerned would be more than pleased to meet with the members on site and perhaps the Cathaoirleach might liaise with me in this regard. As in the case of other

towns, the Council will at least meet (or indeed exceed) the standards laid down in the guidelines which currently required a ratio of one disabled space per twenty five spaces."

Beaufield Estate Signage:

Cllr. John McGinley got the following reply to his request for improved signage at either end of Beaufield housing estate:

"This matter has been examined in detail by the Senior Executive Engineer (Traffic Section) and it is proposed to erect the signs, as suggested"

The aim of the new signage would be to encourage the Rathcoffey Road motorists to use Bond Bridge to get to and from the M4. Unfortunately motorists have become used to driving through the Beaufield estate whereas going by Bond Bridge is safer and faster.

Repairs Needed to Railpark Road from the bottom of Parklands to the end

As a result of the heavy rain over the past two months this road is now in a terrible state. Cllr. John McGinley has asked for remedial work to be carried out as a matter of urgency.

Stagg lodges observations against appeal on Restaurant/Wine bar at 1 Pound Lane, Maynooth

Deputy Emmet Stagg has lodged Observations with An Bord Pleanála, along with his colleague Cllr. John McGinley, against the Appeal lodged by developers proposing to provide a Restaurant/Wine Bar at 1 Pound Lane, Maynooth.

Kildare Co. Council stated Deputy Stagg refused planning permission for the proposal on 3rd July last on the basis that the proposed development would adversely affect the architectural conservation area of Maynooth by reason of inappropriate design and scale.

At the time Deputy Stagg had stated that the rejection by the Council could have been stronger and in his observations with Cllr. John McGinley he has reiterated the following points:

- The proposal would have an adverse effect on residential amenity by introducing a commercial enterprise to one of the last residential enclaves off Main Street, Maynooth.
- The proposal would cause an odour and noise

(Continued on page 56)

Party Political

(Continued from page 54)

nuisance for residents of the area.

- The proposal would lead to disturbance in the area particularly at night.
- The proposal would increase traffic and parking problems in the area.
- The proposal would have a negative effect on the quality of life of the existing residents of Pound Lane.

Deputy Stagg also pointed out to An Bord Pleanala that a similar proposal for a restaurant on Main Street, Maynooth, was turned down in April 2005 by An Bord Pleanala, because of the negative impact it would have on nearby residents, and he indicated that this proposal should be viewed similarly. In their observations, Deputy Stagg and Cllr. McGinley questioned aspects of the appeal such as the claim that it was not possible to rent the premises on a long term basis, the contention that the Pound beside the site was a jungle and the fact that if the house needs repairs then that is up to the owner and nobody else.

In conclusion Deputy Stagg and Cllr. McGinley expressed the hope that An Bord Pleanala would comprehensively reject planning permission and protect this old residential enclave of Maynooth.

Progress on relocation of Maynooth Ambulance Base to Maynooth Business Campus

Deputy Emmet Stagg has been advised by the HSE that the Contract for the purchase of a Unit at the Maynooth Business Campus for a New Ambulance Base has been signed.

Deputy Stagg stated that work will now proceed on fitting out the New Unit and the HSE are confident that the New Ambulance Base will be in use within the next 4 months.

Deputy Stagg stated the new site is excellent given its location near to the M4, the direct access it affords to all parts of Maynooth and its nearness to Celbridge and Straffan which are served from Maynooth.

Deputy Stagg concluded by stating that the area would now have the most Modern Standard of an Ambulance Station with better facilities for Paramedics working with the Ambulance Service.

Stagg's campaign for additional speech and language Therapists succeeds

Following the highlighting by Deputy Emmet Stagg of the Scandalous Waiting Times for assessment of Children for Speech and Language Therapy, where children are being left waiting on average 20 months for an assessment, the HSE have now advised Deputy Stagg that 3 Additional Speech and Language Therapists have been recruited to the service in Kildare and will commence work in September.

A previous recruitment drive failed to secure additional therapists and Deputy Stagg has warmly welcomed the success now achieved which will increase the number of therapists in the service in Kildare by 43%.

Government policy stated Deputy Stagg was responsible for the creation of the 20 month waiting list when staff ceilings were imposed in 2003 which meant that all vacant posts were frozen and no recruitment was allowed. The pressure from parents and others has now embarrassed the Government into a U turn and Deputy Stagg stated that he was particularly pleased with the outcome to the campaign.

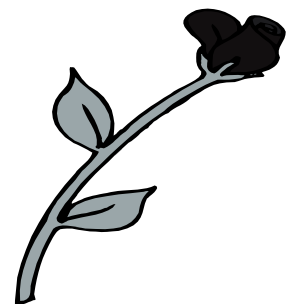
In conclusion Deputy Stagg stated that the appointment of the additional Speech and Language Therapists would have a positive impact on reducing waiting times for this vital service for children.

Cllr. John McGinley can be contacted at:

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E mail jmcginley@eircom.net

Web: www.labour.ie/johnmcginley/



Children's Colouring Competition

Winner Of the July Edition



Emma McCullagh

Old Greenfield, Maynooth.

Poetry Corner



September Girl
Artist : Carl Friedrich Bauerle

September

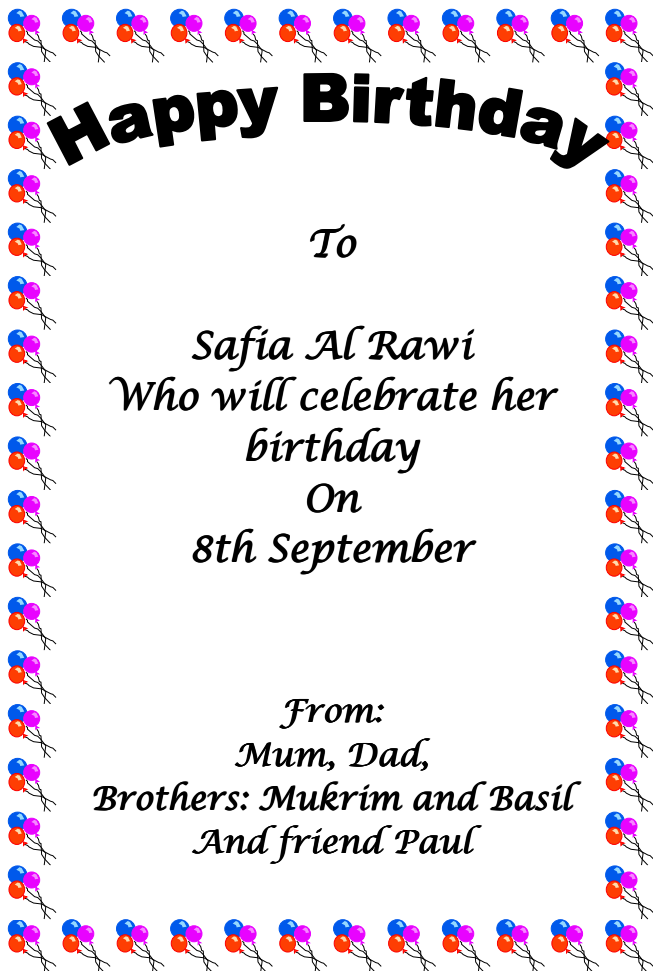
The morrow was a bright September
morn

The earth was beautiful as if newborn
There was nameless splendour every-
where

That wild exhilaration in the air
Which makes the passers in the city
street

Congratulate each other as they meet

By: Henry Wadsworth Longfellow



Maynooth Newsletter

Maynooth Newsletter

PUBLISHED BY MAYNOOTH COMMUNITY COUNCIL

The opinions and statements expressed in the articles are those of the contributors and not necessarily those of the Editorial Board. All materials to be included in the next edition of the **Newsletter** should be addressed to The Editor, Maynooth Newsletter, Unit 5, Newtown Shopping Centre, Beaufield, Maynooth, Co. Kildare.
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NOTE TO CONTRIBUTORS

We request all our contributors to make sure their material is legible. If possible, material should be typed, but as not everyone has access to computers, the best way to present material is to use either neat legible writing or block letters, on one side of the paper. In future all letters to the Editor must have the writer's name and address available for publication. We emphasise that material submitted after the copydate will not be accepted and will be withheld until the following copydate.

Email us at maynoothcc@eircom.net

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In case of errors of fact we will publish corrections when we become aware of such.

In the case of unfairly impugning the reputation of any person we hereby offer that person or their reputation the right to reply.

LETTER TO OUR READERS

This is just a note to remind you all that the **Newsletter** exists for your enjoyment and that we welcome all contributions from our readers. We would like to hear from any organisation or indeed from individuals with something to say or suggest. We hope you continue to enjoy your monthly read and keep us informed of your activities.

Community Council & Newsletter Staff

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Co-funded by the European Social Fund**

Acknowledgement

Josie Murphy

The family of the late Josie Murphy of Leinster Cottages would like to thank most sincerely all who sympathised with them in their recent sad bereavement.

Thanks to all who attended his removal and funeral mass, those who sent mass cards and letters of sympathy, his neighbours who were so good to him in his later years and the carers who looked after him in his home.

A special thanks to Dr. Cowhey and Dr. O'Rourke and all the staff at Maynooth Community Respite Care Centre, to Monsignor Alex Stenson P.P. and Fr. Paul Coyle for their kind words and help and the members of Maynooth GAA Club who formed the guards of honour on both funeral occasions and to all who helped in any way.

The holy sacrifice of the mass will be offered for your intentions.

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