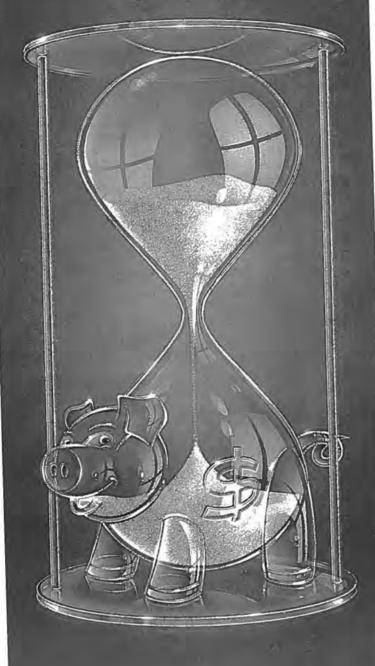
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# MAYNOOTH NEWSLETTER





#### BLISHED BY MAYNOOTH COMMUNITY COUNCIL LIMITED

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#### Sleep of Peace

The river's calm, my mind at ease On my face a summer breeze. Oh! sleep of beauty take me now Rock me gently in thy bough.

Take me where the angels sing With harps of love and silent song Let me bathe in warm fresh springs Cloth me softly with daffodils.

Let me lie in Autumn leaves Of wines and rust and faded greens Cover me with sheet of snow To keep me cool where e'er I go.

Let me bed on velvet grass Float me gently among the mass Of tiny ripples in the sea Oh! sleep of peace let me be.



Cecilia Murray

## SCENES of SUMMER



The Swan Family await a new Arrival!



The Summer's here at last. The Arrival of the Carnival

ssue No. 283

May 2001

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# **Maynooth Community Council**

212

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Christina in Maynooth Community Council
6285922 or just call into our office on Convent Lane
(From May 2001)

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#### **EDITORIAL**

It is with great regret that the Editorial Board, the Executive and Maynooth Community Council accept the resignation of Peter Connell as editor of the Maynooth Newsletter. He has been involved in the production of this publication since he became a councillor and has edited the magazine for longer than most of us care to remember!

We would like to pay tribute to Peter's extraordinary dedication to his voluntary position as editor in particular. He brought professionalism and commitment to the Newsletter, spending hours beyond the call of duty in dealing with the various problems that arose. His enthusiasm and loyalty to the Newsletter was unfailing particularly over the past two years as the Council and the Newsletter faced a difficult period. Under his unfailing leadership the content and quality of the magazine continued to improve from year to year.

Peter helped on a voluntary basis also with the installation of new technology in the Community Council offices, spending hours helping the various supervisors and the FÁS staff to become familiar with the new programmes and computers. Apart from his editorial position he wrote articles continuously – frequently droll and amusing as could be seen in his infamous predictions for the New Year issues.

Peter has served the Community Council in other areas also. Apart from being a councillor he has been Vice-chairperson, he was instrumental in the setting up of Maynooth Action Strategy (MAS) and the new Maynooth website. We would like to express out deepest gratitude to Peter for his exceptional commitment to the Newletter and to the staff that have produced the magazine over the years. His is a rare intelligence with a gentle mix of humour and wit. We appreciate that he has other areas of interest to pursue but he will be greatly and sadly missed. We wish you luck in the future Peter, in whatever you intend to do to fill the empty hours that were taken up with Newsletter work! Gurbh míle míle maith agat agus go n-éirí an t-ádh leat sa todhchaí.

# **Community Council Notes**

# **Maynooth Community Council Notes**

The April meeting took place on the 9th April in the Glenroyal Hotel.

#### **Annual General Meeting**

Our A.G.M. will be held on the 14th May in the Glenroyal Hotel. All constitutional amendments, changes etc. to be with the secretary two weeks before the A.G.M.

This will be an important meeting and a good attendance is expected.

Now that Maynooth Community Council is a Limited Company, it is proposed that sub committees should prepare separate account reports. Also after being set up and working for some time they then would become affiliated groups. Maynooth Tidy Towns and Community Games would be good examples. It is also proposed that the Board of Directors be relected every three years. That the Directors meeting be held in conjunction with a working executive, that the P.D.O. and editor of the Newsletter should be members of the executive. Also that the supervisor can voluntarily attend meetings.

#### Office

A grant of £5,000 is sanctioned by Kildare County Council. The Community Council are most grateful for this timely grant, and Kildare County Council were formally thanked.

Willie and Christina Saults were both thanked for their hard work in the office. It was felt that Willie had done a great job getting the accounts in good order. Padraic O'Murchu also thanked all concerned in the office.

Paul Croghan also thanked John Doogan,
Chairperson, for his dedication to the office. With updated technology, Internet also in the office, also Email, newsletter@Ireland.com. These facilities are
now in place, it is hoped that all groups in the town will
make good use of them.

#### Maynooth Railway Station

Paul Croghan expressed concern that larnrod Eireann plan to discontinue service to Maynooth of the Sligo mainline train at 6.30 p.m.

He also stated that the 1.25 p.m. service would be the last train servicing Maynooth going West. He felt it would be a big loss to the town, with students and visitors travelling to and from Maynooth



#### Intel Ireland Re Emission Volumes

Some time ago a letter was received from Mr. John Colgan, Leixlip, about his concerns regarding emissions into the environment. It was agreed to have an enquiry carried out on our behalf. This has now been done. Hugh Gallagher carried out this project.

A full report is now available and can be viewed in the office. A visit to Intel Ireland has also taken place by Community Councillors. The concerns of Mr. Colgan can now be addressed.

#### 24 Hour Policing Turned Down

Community Councillor Mary Fitzgerald said she was very disappointed to see that a request for 24 hour policing in Maynooth has been turned down. Letters of concern are to be sent to Mr. John O'Donoghue, Minister for Justice, and to the relevant superintendent.

The canal area is getting so bad people can't walk down around it in peace. Very young people gather to drink along the canal. It was felt that the drinking bylaws are not being implemented.

Padraic O'Murchu said he felt it was mainly a social problem rather than a local one. It is hard for the Gardai to control it all.

#### **Tidy Towns**

Richard Farrell was looking for support from the Community Council in getting something done about the dreadful state of the bus turning points. He said it is five months since the crew gave up the Sunday morning clean ups and the turning points are getting worse.

#### **Parson Street Lights**

It was brought up again about the delay in putting up the traffic lights at Parson Street, also the new street signage since the funding is in place.

#### **Loss of Volunteers**

It is now becoming very serious the loss of volunteers from social and sporting bodies.

It has long been recognised that without the help of these people most local events would not take place. People don't seem to have the time or inclination to get involved.

There are many reasons for this, overwork, insurance problems and abuse of young children, but these are the very reasons why people should get involved. Children need to be active. it will be their loss if people don't continue to give time to their community.

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#### Healthy Tips for a Better Diet:

Cut down on fats, but don't go on a fat free diet, your body does need a certain amount of natural poly and mono-unsaturated fats to work. Try to stock up on things like vegetable oils, seeds and oily fish, your body also needs some amount of saturated fats like butter and cream to work properly. Use olive oil to cook in and low fat spread. Try not to deep fry your favourite foods; instead grill, stir-fry or stew your food.

Ditch that extra cup of coffee or tea and have a glass of water instead. It will keep your kidneys working well, also it will detox your body and give you a great complexion. Drink at least a litre of water per day.

Don't wait until you are absolutely starving; you will just eat everything in sight. Always eat a good breakfast, you don't have to eat a full fried breakfast, just a few slices of toast with spread or some cereal will give your body enough fuel at least until lunchtime.

Don't shop for food when you are hungry; you will be tempted to fill your trolley with junk food.

If you like roasted vegetables, try to use olive oil and cut your vegetables into bigger chunks, they will absorb less oil than thinner, trimmed veg.

Season your food with herbs rather than salt.

Keep your diet as varied as possible. The wider the range of foods you eat the more nutrients you are taking in.

#### Each day try to include the following in your diet:

One serving of protein (ie.cheese, eggs, meat or fish)

At least, if possible, five to six servings of fruit and vegetables.

At least one serving of carbohydrate like a large jacket potato, at least three to four slices of wholemeal bread, or a cupful of cooked rice.

If you want to eat chips, eat oven chips instead of

Try home-made thin crust pizza instead of the thick take-away variety.





#### How to get the best from your Veg. and Fruit.

#### Carrots:

#### **Nutrients:**

Beta carotene which boosts the immune system. Can help prevent cancer and wrinkles.

#### DO:

Eat them well-cooked with a knob of butter. It ups the absorption of fat-soluble beta carotene to about 60 or 70 per cent.

#### Don't:

Snack on raw whole carrots, you'll only absorb 3 per cent of the beta carotene.

#### Red peppers: Nutrients:

Lots of vitamin C and varying amounts of beta carotene which maintain a healthy immune system and can help against cancer.

#### Do:

Go for red over green as they contain 14 times more beta carotene, which develops as the pepper ripen.

#### Don't:

Eat canned peppers. Canning destroys much vitamin C and some beta carotene.

#### Onions:

#### **Nutrients:**

Heart-healthy sulphur compounds which help blood flow.

#### Do:

Fry in a little oil. This adds fat but cooks them down a lot so it's much easier to eat beneficial amounts.

#### Don't:

Eat them pickled. Eating lots of pickled foods may increase your risk of stomach cancer.

More tips next month

## **Dorin's Recipes**

#### SNACKS

#### French Cheese Toast

8 large slices wholemeal bread 3 oz Edam or Cheddar cheese, grated

2 eggs 2 tbsp. milk

#### Method:

Cut all the bread into the desired shapes and sandwich them together with the grated cheese. Beat the eggs with the milk. Dip each sandwich in the mixture. Place in a preheated non-stick frying pan. Cook over medium heat for 2-3 minutes on each side until golden brown. Serve immediately.

#### Chicken filled pittas

10 oz cold cooked chicken meat, skinned and chopped

4 oz white cabbage, finely shredded

6 oz carrots, scrubbed and coarsely grated

2 oz sultanas

2 oz walnut halves, coarsely chopped

sea salt and freshly ground black pepper, to taste

4 wholemeal pittas

Cucumber slices and parsley sprigs, to garnish Dressing:

3 tbsp. mayonnaise

2 tbsp. tomato puree 1 tsp. horseradish sauce

Method:

Mix together the chicken, cabbage, carrots, sultanas walnuts and seasoning. Cut a thin slice from one of the long edges of each pitta bread and open. Stuff with the chicken mixture. To make the dressing, mix together the mayonnaise, tomato puree and horseradish sauce. Spoon the dressing over the stuffing. Garnish with cucumber slices and serve.

#### **Banana and Pear Shakes**

2 bananas, peeled 15 oz can pears in unsweetened juice 6 tbsp. vanilla ice cream 1/2 pint milk ground cinnamon, to decorate

#### Method:

Place the fruit, can juice and ice cream in a blender or food processor and puree until smooth. Gradually pour in the milk and continue blending until smooth and thick. Pour into 4 glasses, decorate with cinnamon and serve.

#### Cheesy fish fingers

If you like you can use half white fish and half canned tuna fish, well drained.

12 oz cod fillets

1 bay leaf

Sea salt and freshly ground black pepper, to taste 8 oz potatoes, peeled and coarsely chopped

1 oz margarine

1 egg, separated

2 oz cheddar cheese, finely grated

Wholemeal flour for coating

2 oz fresh wholemeal breadcrumbs

#### Method:

Put the fish into a shallow saucepan with the bay leaf, seasoning and just enough water to half cover. Cover and poach for 8 minutes, until the fish flakes easily. Drain and discard the skin, then flake. Meanwhile, cook the potatoes in lightly salted boiling water until just tender, drain thoroughly and mash with the margarine, egg yolk and extra seasoning, if desired. Mix the potato with the fish and cheese. Using lightly floured hands, shape the mixture into 8-12 fingers. Dust with flour, dip into the egg white and coat evenly with wholemeal breadcrumbs. Chill for 30 minutes. Place on a grill pan rack and grill for 4-5 minutes. Carefully turn over and grill for a further 4-5 minutes.

#### **Gingerbread People**

2 oz margarine

3 oz light brown sugar

2 tbsp. clear honey

4 oz plain wholemeal flour

3 oz plain flour

2 tbsp. ground ginger

1 tsp. bread soda

1 egg, beaten

20 currants

thinly pared orange rind, cut into thin slivers

Lightly grease 2 baking sheets and set aside. Melt the margarine, sugar and honey in a saucepan over a low heat, stirring constantly until the sugar dissolves. Put the flours, ground ginger and bread soda into a bowl and make a well in the centre. Pour in the melted mixture and mix. Add enough egg to form a soft dough, and allow to cool slightly. Roll out the dough on a lightly floured surface to 1/4 inch thickness. Stamp out with gingerbread men and women cutters. Gather the dough scraps together, roll out and stamp out 1 or 2 more figures. Using a lightly floured fish slice, carefully transfer the gingerbread people to the baking sheets. Press an currants for eyes and orange rind slivers for mouths. Bake at 190c (375f) mark 5, for 8-10 minutes, then carefully transfer to a wire rack. Leave to cool.



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#### Interview Technique

Tf you have worked for the same employer for a number of years, your interview skills are liable to be a little rusty. It is a good idea to list all the questions you expect to be asked, (including those you hope won't be brought up) and then get a good friend to rehearse you in your answers. In addition to questions about your previous job, be prepared for some or all of the following: what you have done since leaving employment; why, if you are now seeking a job, you retired earlier than you might have done; whether your health is good - this may take the form of a polite enquiry as to whether you would not find the hours or travelling too much of a strain; why you are particularly interested in working for them as an employer; and given the job requirements, what you think you have of special value to offer. You may also be asked what you know about the organisation. If the answer is likely to be 'very little', it could pay you to do a bit of research such as obtaining a copy of the annual report. obvious mistakes to avoid are claiming skills/ knowledge that you do not possess; giving the impression that you have a series of stock answers to problems; criticising your former employer; or, by contrast, drawing comparisons which could be interpreted as being faintly disparaging of the organisation where you are attending for interview. Possibly the most difficult subject of all to come up may be the question, how much money you expect. Do not sniff at part-time work if the opportunity is available. Firstly, it is a way back into the market and many part-time or temporary assignments develop into full-time jobs in due course. This is especially true in small firms, which may of necessity be cautious about recruitment while the business is in the early development stage.

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host of exciting events will be on offer at the National Arts Institutions during Bealtaine 2001. Here's a preview of some to allow for advance planning. Remember - these events are FREE to older people unless otherwise stated. Most must be booked in advance. Go on - be part of it!

#### **National Concert Hall**

Earlsfort Terrace, Dublin 2.

Guided tours of the National Concert Hall and the Iveagh Gardens. Also talks by composers and musicians on life as a classical artist.

Further details from the NCH's main calendar of events (available early April), tel: 417 0077 or website: www.nch.ie

#### National Gallery of Ireland

Merrion Square West, Dublin 2.

A fortnight's festival - 'Art Never Ages' - including talks, tours, lectures and more with a special event every day from 1 May to 13 May. Highlights include: May 1, 10.30 a.m. Thomas Ryan, PPRHA, launches 'Art Never Ages' Wednesdays Thursdays and Fridays, 11.30 a.m. - Talks in front of particular paintings like 'Men of Destiny' by Jack B yeats (May 2), 'Lady Writing a Letter' by Vermeer (May 4), 'The West of Ireland' by Paul Henry (May 9) and others. Tours at 3 p.m. on each day (2 p.m., 3 p.m. and 4 p.m. on Sundays)

## The National Theatre (the Abbey and Peacock) 26 Lower Abbey Street, Dublin 1.

Stories of the Drumlins - A series of readings by professional actors of stories written with Dermot Healy and a group of older people from Cavan/ Monaghan. Tuesdays and Thursdays, 1 p.m.

May 8, 10, 15, 17, 22, 24, 29, 31.

Remembering the Abbey - A chance to share your Abbey Stories and memories, programmes and posters. The day will involve people who have worked in and visited the theatre down the years.

Monday, 21 May 12 - 2 p.m.

Stories in Motion - Workshop programme using drama, dance and video to look at wellbeing in older age, Fridays, 11 a.m. - 12.30 p.m.: May 4, 11, 18, 25 (also further dates in June)

Backstage at the Abbey - Backstage tour exploring

the theatre's nooks and crannies. Thursdays, 11 a.m.: May 3, 10, 17, 24, 31.

A programme is available giving more detail on these and other events (including 'Theatre as Resource' - a workshop programme in tandem with the Abbey and Peacock's productions of 'Big Maggie' and 'Down the Line.') Book in advance: Sarah Jordan tel: 01 887 2223

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#### HOLIDAYS

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Apart from these benefits, the fact of being retired makes very little difference. You can ride an elephant in India, take a caravan around Ireland, sail on the Shannon, go bird-watching in Wexford, combine a holiday with a special interest such as painting or music, enrol for summer school, exchange homes with someone in another country or sign on for a working holiday, such as voluntary conservation activity or home-sitting, for which you get paid. The choice is literally enormous. You can go to any travel agent and collect further ideas by the dozen. for holidays which, one way or another, offer some special attraction or specifically cater for those aged 50 and above.

Some of the options verge on the exotic, with prices to match; others are extremely reasonable in cost. There are suggestions which are only suitable for the extremely fit and active; at the other extreme, there are a number of inclusions which would only be of interest to individuals in need of special care. Some of the choices may strike you as mad, risky, humdrum, too demanding - or simply not your style. But retirement is a time for experimentation, and trying something entirely different is half the fun.

#### HOLIDAYS FOR THOSE NEEDING SPECIAL CARE

wer the past few years, facilities for the infirm and disabled have at last been improving. More hotels are providing wheelchairs and other essential equipment. Transport has become easier. Specially designed self catering units are more plentiful and of a high standard. As a result of these improvements, many disabled people can now travel perfectly normally, stay where they please and participate in the entertainment and sightseeing without disadvantage.

#### TRAVEL AND OTHER INFORMATION

If you need help getting on and off a train or plane, Linform your travel agent in advance. Arrangements can be made to have staff and, if necessary, a wheelchair available to help you at both departure and amival points. If you are travelling independently, you should ring the airline and/or local station master:

explain what assistance you require, together with details of your journey in order that facilities can be arranged at any interim points, for example if you need to change trains.

#### CHALLENGE:

pegin today! Don't get off to a bad start by making Dexcuses like "I'm too old," "I'm not sporty," or "I haven't time". Physical activity is good for you. Pick the activity, or any mixture of activities you wish. You can make it really easy by picking simple, easily accessible activities such as walking or dancing. You could use the challenge to try new sports like pitch and putt, bowling or swimming; you may prefer relaxing activities like fishing or boating; you might wish to be more adventurous and try hillwalking or

If you are suffering from health problems, or feel worried about any aspect of your health, ask your doctor for advise. If you feel any discomfort or pain during physical activity, stop at once! If the symptoms persist or come back later, see your doctor. Find a neighbour, a friend or a family member to complete the challenge with. Better still, why not get a group going. You can have good fun organising various events to take part in.

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#### Mayday

The 1st of May is one of the four so-called 'Celtic' festivals along with Samhain (Halloween), Imbloc (Brigit's Day) and Lughnasa (August). It is called Bettene in Old Irish literature and it may mean the fire (tine) of Bel (a pagan God). Many of the associated rituals have disappeared along with those of other pagan festivals as they were taken over and sanitised by the new Christian religion. The early christians however realised very early that it was better to accommodate the native religion than to attempt to stamp it out. Therefore they attached a christian veneer to these festivals, changed their names and christianised the older rituals. May day is associated with fertility and with growth. We recognise it as the beginning of Summer (if we can be said to have summers these days!). This is when the flowers first appear in abundance, the earth warms up and gives the first promise of the harvest to come.

This time of the year is associated with the Maypole that is still remembered by the older Maynooth popula-

May is now the month of the May altar and of flowers. The festival has again been overtaken by christianity and thus lives on in another guise.

#### Temair (Tara)

We have many sacred sites in Ireland but probably none as famous or as well known as Tara. From time immemorial the title of king of Tara indicated the most important and powerful of the Irish kings. Although they did not live there and it has long been the deserted site it is now, the magic of the title rig Temro did not lose its power until the eleventh century when Brian Boru burst upon the scene and changed the political map of Ireland forever.

There is a mystical atmosphere even in Tara's present state of desolation. But under its mounds and grassy ridges lies an archaeological feast still waiting to be investigated. Legend has it that Cormac mac Airt, the renowned wise king of Tara, was present in Tara's hall during a court judgement of his predecessor Lugaid mac Con. Lugaid was presented with a case by two women - one woman's sheep had eaten the other's woad crop and she was seeking compensation. Lugaid judged that the sheep should be given as payment and immediately the wall begins to fall. The young Cormac rights the judgment by saying that the wool should be given instead - both the woad and the wool would grow again. The wall stopped falling but it was henceforth called Claenfherta the crooked wall.

It is said that Temair is named from a woman called Tea who was married to Eremon a king of the Gael. She was buried beyond the wall of the enclosure and the place was then named Teamair from Tea (her name) and mur (wall).

The desolation of the site is lamented in another poem:

Perished is every law concerning high fortune, Crumbled to the clay is every ordinance; Temair, though she be desolate today, Once on a time was the habitation of heroes.

It was a stronghold of famous men and sages, A castle like a trunk with warrior-scions, A ridge conspicuous to view, In the time of Cormac grandson of Conn.

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#### **Features**

#### **FOOT AND MOUTH (A Personal View)**

cannot pretend to know too much about the current foot and mouth crisis from a veterinary standpoint but having watched my neighbours and friends grapple with the problem for the past number of weeks it would be impossible not to be fully aware of the intense worry and stress it has been causing. I do not come from a farming background as such, but my late grandfather always kept a small number of animals as was the custom at the time. Then as now big and small farmers existed in harmony. Today most of my neighbours in the farming community have mixed herds, painstakingly built up from generation to generation of animals. 75% of which when it reaches our table would be organic, something much in demand today. Only a few remember the outbreak in the late 60's as we were all quite young at the time. But as a younger farmer commented to me "It's really a bit like germ warefare, you can't see it, smell it, touch it, feel it, but you are aware it could be there." Up until now it has remained within the confines of the Cooley area of County Louth and we have all witnessed the horrifying spectacle of very distressed elderly farmers who in the space of 24 hours have lost everything they have. it can only be imagined how it feels to see everything you have worked for gone in one fell swoop. Of course it is not only the farming community which has been badly affected by foot and mouth. Horse-racing has virtually come to a standstill and many young jockeys are left without an income. It is still unclear how much if any social welfare will be paid to affected people. The cost of feeding and stabling will have added a further burden to an already expensive profession. Tourism has also been badly hit, millions of pounds have been lost. Rural life has taken a bad

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t is also still alarming that in England the number of Leases is rising and in cities such as Birmingham not too much is known about the current state of play.

The question being asked are is Britain doing enough to eradicate foot and mouth and can this country be really safe until this has been done. Minister Walsh has said we are nearly over the line and hopefully by the time you are reading this we will have safely crossed it. It will take a long time for recovery to take place. Especially in Louth the scars and the trauma will continue for a long time to come. It is unlikely this crisis will be forgotten in a short time. The sometimes forgotten people in all this who have played a very major part in keeping the disease to only one case are the Army, Gardai and Vets from around the country, some of whom are in England to help are to be complemented on all they have done. Urban and rural Ireland have come together to fight a common enemy and please god we will win. In the meantime I will stand and watch this years batch of new born lambs in the field next door as I have done for the past 35 years and look forward to seeing the lights at night in the shed during lambing again next vear.

Annette Foran

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The Shortest Invasion

Romanys come early on the morning of the 26th April in 9 caravans. Parking them in the carpark beside Doctor's lane. After negotiations they headed towards Lkeixlip at 2.15 p.m. on the same day.

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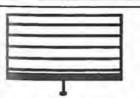
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19

#### **Annual Wine Fair**

The Mill Wine Cellar held its Annual Wine Fair in the Glenroyal Hotel on Thursday the 5th April last. Over 250 enthusiastic wine lovers attended on the evening which started at 6.30 p.m. and went on until 9.30 p.m. 150 wines were available for sampling with special connoisseur tastings every twenty minutes. Bonus prizes of lovely wines were awarded throughout the evening and everyone left on a happy note! As local interest in wine and wine knowledge is increasing at a phenomenal pace next year the Mill intends to hold a Master Class at the Wine Fair and some light hearted wine competitions for budding connoisseurs.



Melanie Oliver, Tom Ashe and Elaine Bean



Michael and Kate Quane and Friend



Berna Hatton and Colm Moran, Area sales manager Irish Distillers



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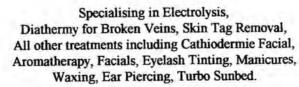
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#### **Features**

# MAYNOOTH REMEMBERED



Kate Mullin & Baby Margaret



Summertime down at the Rve River L to R. Catherine O'Brien, Olive O'Brien, Ken O'Brien, Bridget Nolan, Jacinta Barnwall & Dog Tiggy



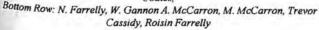
M. Kiernan, J. Bean, B. Nolan, R. Flanagan, P. Waldron, L. Higgins, C. O'Brien



omen representing C'Briens in the St. Patrick's Day Parade



Top Row J. Devine, M. Carroll, D. Gaffney, A. Gaffeny RIP, C. Farrelly, T.





Tara Boyd, "Fitz" & Tara Coates



Stephen Coates sleeping in the press



# Clubs, Organisations & Societies

#### **Maynooth Community Games**

Maynooth Community Games held the Art & Modeling competition in the Boys National School on Friday 6th April.

Results as follows; Art competition

		East	vvest	
Girls U8	1st	Katie Curran	Chloe Devereux	
	2nd	Sarah Curran	Eimear Wall	
	3rd		Meadbh Donaldson	

Girls U10 1st Christin Donaldson
2nd Aisling Wall
3rd Niamh Donaldson
Runner up Aisling O'Leary
Runner up Emma Carroll

Girls U12 1st S. Kearney Elaine Houlihan 2nd Samantha Ward

Boys U8 East West

1st O. Cullinane Jack Hogan
2nd Donal Connellan
James Durcan

Boys U10 1st Sean Stoll 2nd Johnny Curran 3rd

Boys U12 lst 2nd

Barry Connellan

2nd 3rd

Boys U16 lst Sean McNamara

2nd 3rd

Modeling Competition

Girls West U14

Claire McNamara
Boys West U14

Eoghan McCarman

Many thanks to Fr. John Sinnott who presented all the children with their medals.

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#### PRESS RELEASE: MONDAY 16TH APRIL 2001

This month Maynooth Kilcock No Name! Club has been very busy. On April 6th Eddie Keher a founder of the No Name! regarding discos, Public Relations and general No Name! Club news.

On April 27th the No Name! Club National Cabare! competition will take place. Maynooth Kilcock No Name! club hosts and hostess should contact the Executive for more information regarding this event.

On April 28th the National Youth Awards are been held. This year's host club is Tullow, County Carlow and the event will be held in the Dolmen Hotel, Carlow. Once again |Maynooth Kilcock No Name! Club hosts & hostesses should contact their Executive for further information regarding this. All the above events are for host & hostess and adult leaders in Maynooth Kilcock No Name! club.

On the 5th May, our next disco is been held in the usual venue. On the 26th May there will be a special disco for 1st and 2nd Year students, please contact your school rep for information and tickets for this event, (all schools in the area have reps and can be contacted at lunch time for more details). The Maynooth Kilcock No Name club is always looking for hosts, hostess and adult leaders for Discos and other No Name organized events....

April 6th	Eddie Keher visits Maynooth
April 27th	National Cabaret Competition
May 5th	Disco
May 26th	Disco for 1st & 2nd Year Stu- dents

# Clubs, Organisations and Societies

#### Maynooth Strike Gold!!!

#### **Community Games Set-Dancing Winners**

Two Teams from Maynooth representing Maynooth East, and Maynooth West travelled to Allen, Co. Kildare to take part in the County Final of the Community Games Set-dancing competition. Both teams returned with medals. Maynooth West received bronze medals for 3rd place and Maynooth East were lucky enough to achieve the GOLD for 1st place. This means that Maynooth East will now represent KILDARE in the Set-dancing competition, at the Community Games Finals in Mosney on the weekend of the 19th - 21st of May. Congratulations girls. All the team members are from the Rita Doyle School of Dancing.



#### Maynooth West Team Bronze Medal Winners

Back Row: Laura Corcoran, Laura Daly, Jessica McGrath.

Middle Row: Aisling Dunne, Maartje Oomkens, Anna Piggott.

Front Row:
Helen Downes, Aisling
Farrell, Katherine Oliver,
Michelle Karney.

#### Fódhla Céilí Band Come To Maynooth

On Thursday May 31st we are delighted to welcome the famous Fódhla Céilí Band to Maynooth. They are coming to play at the Glenroyal Hotel for a fundraising Céilí and set-dancing night. This is their first time to play in Maynooth so we wish them well. The Céilí starts at 9pm until 1am and tickets are £5. Watch out for posters around the town.

The Céilí is one of the many fund-raising activities which the girls and parents from Scoil Rince Uí Dhubhaill are organising. Seventeen girls from Rita Doyle's Dancing School have been specially picked to represent Ireland at the European nations Children's Festival of Folk Art and Culture which this year will take place in the region of the High Tatra Mountains in Slovakia from 22nd June to 2nd July 2001. They will be part of the Irish National Folk Company Junior Team.

At the moment the team are busy raising funds to assist with their travel expenses. This is the first time Ireland has been represented at this festival so it is a great honour to have 17 girls from Maynooth taking part.

We will welcome all contributions from friends and sponsors. Watch out for the girls in the locality, in the next few weeks dancing to raise some funds. Don't forget to come and see the Fódhla Céilí Band on Thursday May 31st from 9pm - 1am and join us for a few Céilí and Set-dances.

Rita Doyle T.C.R.G.

#### Maynooth East Team Gold Medal Winners

#### Back Row:

Sharon Lyons, Laura Bennett, Deirdre Mulcahy.

#### Middle Row: Róisín Hoban, Eimear Flynn, Kaen Bracken.

Regina Lyons, Ailbhe Flynn, Catherine Coyle.



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# Clubs, Organisations and Societies

#### Glenroyal Hillwalking Club

The Foot and Mouth rises continues to curtail our activities. However, we did complete a number of Introductory walks. Our first walk took in Malahide Demesne and the coastal path and beaches of Malahide and Portmarnock. The weather was nice and there was a lot to see. Our second outing brought us to the North Bull Island and Dollymount strand. A video presentation by staff of the interpretative centre was very interesting. A 12km walk on the island followed. Although the weather was wet and windy, nonetheless the walk was interesting. It is not every day you can walk amongst thousands of Canadian geese dining on the salt marshes of Dublin. Our next outing on Sunday 22th April brings us to the coastal path from Bray to Greystones and Kilcoole. On 13th may we will have an easy hike either in the mountains (Foot and Mouth permitting) or Malahide Demesne and coastal hike through Malahide village to Portmarnock Point and return to Malahide Castle. On May 27th we plan to walk Howth peninsula taking in the coastal paths, the high points of the area and a birdseye view of the Rhododendron garden at Howth

The meeting point for hikes is the Glenroyal Leisure Club, Maynooth, departing at 10 a.m. sharp for easy hikes unless otherwise stated.

When the present restrictions are lifted it is hoped to conduct easy and introductory moderate hikes in the Dublin and Wicklow mountains. Those new to the club will have to progress from the easier hikes to the more difficult ones. Easy hikes take place on forest tracks and off track with distances of up to 15kms (9 miles), with an ascent of up to 300 m. (1,000 ft) during the course of the hike taking up to 4 hours walking with extra time for lunch, breaks and admiring the scenery.

Introductory moderate hikes take place generally off track on the open mountainside with distances of up to 20 kms (12.5 miles), with an ascent of up to 600 m. (2,000 ft) during the course of the hike taking up to 5 hours walking with extra time for lunch, breaks and admiring the scenery.

It should be noted that walking boots with good ankle support grip are essential when going off road. Always wear suitable clothing for the outdoors and carry spare warm clothes at all times. Jeans and denims should be avoided at all times. A waterproof jacket, and overtrousers, headgear and gloves are essential irrespective of the weather on starting out. This applies throughout the four seasons of the year.

#### Mountain Safety Note:

Mountaineering and climbing are activities with a danger of personal injury or death. Those attending our activities shall be aware of and accept these risks and agree to be responsible for their own actions and

involvement. Anyone on <u>medication</u> or with a <u>medical complaint</u> should inform the leader of the hike prior to leaving the agreed meeting point. If it is felt that the person should not take part on the activity they will be advised accordingly.

Keep an eye out in future editions for further information. Contact numbers 6285367, 6290294, 086-270348 or

E-mail:- glenroyalhillwalking@hotmail.com



#### Maynooth I.C. A. Notes

The April meeting took place at the Harbour ICA hall on Thursday 5th April 2001. Personnel changes are underway now with the advent of new officers who begin a three-year term of office. Our sincere thanks to outgoing officers: President Rosemary Hanley, Secretary Viva Kearns and Treasurer Marese Killian. They performed their functions with the courtesy and affability which are characteristics of the ICA. The altruism and the generosity of the people of Maynooth area are well-known. Almost £2000 was collected by the ICA, assisted by Post-Primary students, for the Irish Cancer Society on Daffodil Day. This money will go towards the salaries of the dedicated nurses who bring very welcome support to persons with cancer-care at home. They enable the person to remain in familiar surroundings. Helen Doyle, just returned from a four-hour week-end walk for Multiple Sclerosis in New Quay County Clare, was appreciative of the many donors towards the £1115 she presented to the MS society. The group will walk in Connemara in July. Matt Browne the area fundraiser from the Rehab Foundation was our guest-

Congratulations to Elaine Houlihan and Rebecca
Donnelly, pupils in Scoil Muire, for coming second
and third respectively in their group in the Ready Brek
essay competition in County Kildare. A display of
glass painting from the Monday night workshops in
March was on display at the meeting. Familiarisation
with computers will be provided by Intel. The Annual
General Meeting of the County Kildare Federation
takes place at Castledermot on 30th May. Kildare
Week at An Grianan in June has some vacancies.

Winners at the meeting were Maeve Moloney, Mary Deane, Mairead Scanlon, Imelda Delaney, Teresa Corcoran and Bernie King.

# Clubs, Organisations and Societies

#### The Maynooth Kilcock No Name Club(cont)

Alcohol abuse is not a recent phenomenon, but the extent of teenage drinking now causes some concern. It is probably best viewed, as part of the wider problem of alcohol abuse generally in society, and it is something with which youth must learn to cope. To do so they need our help and guidance. Young people aspire to adulthood and tend to follow behavior patterns, which they perceive, go to make up adulthood. Society's own behavior and attitudes influence them greatly. If adults abuse drink, or make it appear over attractive, popular or necessary for enjoyment, there are grave dangers that young people will do the same. Young people in turn greatly influence other young people and their behavior as a result is sometimes unhealthy. However, individually and collectively, by their behavior and attitudes were to demonstrate a lifestyle wherein alcohol was shown to be less important for socializing, enjoyment, popularity or fun, our young people would be greatly influenced to grow up with dignity, self esteem and at ease with themselves and others. The young people will also then unconsciously pass on these same values to their peers. The No Name! Club movement recognizes the great potential, which both adult example and an enlightened peer group has to influence others. It tries to target and combine the two in a positive and practical way. The No Name! Club respects the individuals right to drink or not to drink. It demonstrates a lifestyle wherein alcohol is unnecessary and helps to organize, influence and support the very many young people who agree.

#### Maynooth Flower and Garden Club 21 - 22 April 2001

#### SPRING SHOW RESULTS

Class 1	"The Field"
Class I	1st - Janet McCann
	2 <sup>nd</sup> - Mary Strickland
	3 <sup>rd</sup> -

"Wind in the Willows" Class 2 1st - Tara McKiernan

2<sup>nd</sup> - Mary Strickland 3rd - Pat Dalton

"Beauty and the Beast" Class 3 1st - Pat Dalton 2<sup>nd</sup> - Noeleen O'Brien

3rd - Moira Baxter

"Midsummer's Night Dream" Class 4

1st - Maureen Fagan 2<sup>nd</sup> - Felicity Satchwell 3rd - Mary Cleary

"Theatre World" Class 5 1st - Felicity Satchwell

2<sup>nd</sup> - Pat Dalton 3rd - Joan Gibson

Story Time" Class 6 1st - Joan Gibson 2<sup>nd</sup> - Felicity Satchwell

3rd - Moira Baxter

"Thumbelina" Class 7

1st - Felicity Satchwell 2<sup>nd</sup> - Imelda Desmond

3rd - Mary Cleary

An Easter Bonnet Class 8 1st - No Entries

One Stem of Flowering Prunus Class 9

1st - Sarah Angel 2<sup>nd</sup> - Aileen Howard

One Daffodil or Narcissus Class 10

1st - Betty Farrell 2<sup>nd</sup> - Joan Gibson

3rd - Aileen Howard

One Stem of Flowering Ribes Class 11

1st - Pam Acton 2<sup>nd</sup> - Mary McInerney

3rd - Moira Baxter

# Clubs, Organisations and Societies



Maureen Fagan with her Prizewinning display"Midsummers Night Dream'



Tara McKiernan with her winning entry "Wind in the Willows"



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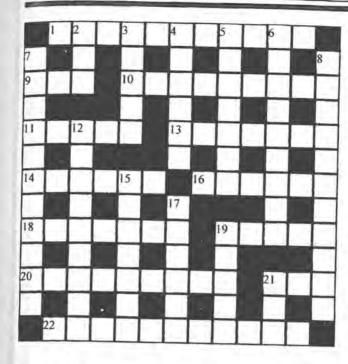
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#### Particulars and Arrangements Contact:

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#### Crossword No: 157



Entries before: 20th May 2001

Name	
Address:	
DL	

Doodle Box

- 1. Oddness (11)
- 9. Comrade (3)

Across:

- 10. Make worse (9)
- 11. Automaton (5)
- 13. Knives and forks (7)
- 14. Swagger (6)
- 16. Undercoat (6)
- 18. Sudden resolve (7)
- 19. Principle (5)
- 20. Quivering (9)
- 21. Fuss (3)
- 22. Deteriorates (11)

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#### Down:

- Sick (3)
- 3. Concede (5)
- Bequest (6)
- Atomic pile (7)
- Shopkeeper (9)
- Suitable (11)
- Loss of water (11)
- 12. Swear (9)
- 15. Refinement (7)
- 17. Take away (6)
- 19. Opera heroine (5)
- 21. Wonder (3)

#### Solution to Crossword No. 155

Across: 4 Persist; 8 Unload; 9 Apparel; 10 Thread; 11 Outset; 12 Consider; 18 Spacious; 20 Throng; 21 Cleave; 22 Overdid; 23 Public; 24 Drowsed.

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Winner of Crossword

No. 156

**Paul Daly** 

Moyglare Road

Maynooth

Down: 1 Justice; 2 Glaring; 3 Safari; 5 Euphoria; 6 Shanty; 7 Seemed; 13 Disguise; 14 Notable; 15 Essence; 16 Shiver; 17 Borrow; 19 Colour.



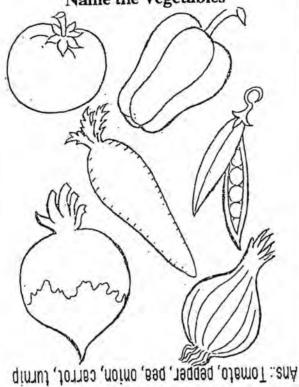
# Children's Corner



Where is this man from?

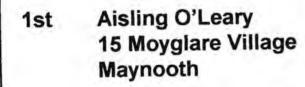


Name the Vegetables



Ans.: China





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3rd Éirin Ní Chearúil 7 Moyglare Abbey Maynooth

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## **Party Political**

#### **Maynooth Labour News**

#### Rathcoffey Road Being Re-aligned

Following intensive representations from Deputy Emmet Stagg and Cllr. John McGinley, strongly supported by the Residents' Associations in Parsons Hall and Castle Dawson, Kildare County Council have now agreed to sanction expenditure of £300,000 on the re-alignment of the Rathcoffey/Newtown Road between the Motorway Bridge and Cluain Aoibhinn. The work will involve the provision of a 7.3m carriageway with 1.5m footpaths and 1.5m cycle paths on both sides. It is hoped that the works will begin in May.

#### **Bond Bridge**

Work on the new bridge has been held up for the past nine months by DUCHAS, the Heritage Service. They objected to it going ahead after Planning Permission (Part X) had been given. Even though they were not obliged to do so, Kildare County Council, at DUCHAS request, employed a Conservation Architect to evaluate the feasibility of DUCHAS proposals which effectively called for the building of the new bridge in the exact same location as the old bridge and without demolishing the old bridge. Anyone with common sense would realise that this is impossible. Kildare County Council accepted the Conservation Architects recommendation on the proposal of Cllr. John McGinley on 1st December 2000. DUCHAS turned down the recommendation in a four line reply on 12th March and proposed a completely unworkable alternative. The County Manager and County Engineer now propose to proceed with the work as agreed with the Conservation Architect and the Design Engineers of the new bridge, HGL O'Connor. They have also sought legal advice to confirm that they can proceed as proposed. It is expected that the legal advice will be available before the end of April. Deputy Emmet Stagg and Cllr. John McGinley fully support this approach and hopefully it will lead to the contract for the construction of the bridge being awarded without any further hold ups.

#### Prevention of Flooding in Maynooth

Following the flooding last November two investigations were carried out to see what was needed to prevent a recurrence.

The Consultants Report on the Lyreen River has been completed and the funding to implement its recommendations has been sought from the National Roads Authority. The main recommendation is for the re-opening of the third arch of the bridge at Kavanaghs Mill.

Consultants HGL O'Connor were asked to examine the size of the culverts on the Motorway, the Meadowbrook Stream and the Joan Slade River. They were also asked to examine the courses and culverts on the Rathcoffey Road. In addition they were asked to build a hydraulic model to simulate the drainage system to verify calculations and to ensure that any rezonings from agriculture to housing don't result in further flooding. This report will be completed in early May and funding will also be sought from the National Roads Authority to implement its recommendations.

#### Ballygoran Cross, Celbridge Road

Following Cllr. John McGinley's motion on the need for improving the sight lines at Ballygoran Cross, the Council have allocated £90,000 for this purposes.

#### Air Quality in Maynooth

The Leixlip Area Committee of the Council has agreed to Cllr. John McGinley's motion "That the air quality in Maynooth be monitored so that a decision can be made on whether or not a ban on bituminous coal is warranted." The Health Board will now proceed with the installation of an air quality monitoring station in a suitable location in the town

#### Maynooth Draft Development Plan

The Leixlip Area Committee of the Council met on 11th April to consider the 58 submissions received following the public display of the Draft Maynooth Development Plan. The 8th May has been set aside for those who requested oral hearings and on the 16th May the four Area Councillors will hopefully agree on an Amended Draft Plan which will go to the Full Council Meeting on the 28th May for approval. This will then go on its final public display.

#### Law Enforcement in Maynooth

Cllr. John McGinley requested that the Garda
Authorities attend a Meeting of the Leixlip Area
Committee of the Council as a result of complaints
from members of the public concerning the lack of law
enforcement in Maynooth, particularly where
underage drinking and illegal parking is concerned.
Supt. Tom Neville and Sgt. Michael Desmond
attended the meeting on 12th April and a full and
frank discussion took place. Cllr. McGinley thanked
them for attending and he stated that such meetings
should take place more regularly so that views can be
exchanged in the interests of the public.

## **Party Political**

(Labour News contd.)

# Planning Permission (Ref 01/520) Sought for Multi-Storey Car Park in Maynooth.

Glenkerrin Properties Ltd. have applied for Planning Permission for the construction of a multi-storey car park on the existing Council car park at the back of Caulfields. Cllr. John McGinley would welcome the views of the people of Maynooth on this proposal. Please contact him at 6285293. John has listed the planning application for consideration at the next Leixlip Committee Meeting on the 4th May.

#### Estates Taken in Charge by the Council

The Council agreed at its meeting on the 9th April to take Woodlands, Parklands and Lyreen Park in charge. One of the benefits of the Taking in Charge will be that residents will be able to avail of a Natural Gas supply should they so wish.

#### Cllr. John McGinley Gets £5,000 for Maynooth Community Council

Following representations from Cllr. John McGinley, Kildare County Council has agreed to award Maynooth Community Council a grant of £5,000 from its Community Grants Fund. The Community Council found itself in some financial difficulty because they had to move premises as a result of cutbacks by FÁS. They also needed to fund the replacement of outdated computers. The Community Council has been the back bone of the Maynooth community for the past 17 years and in that period they have never sought any subvention from the County Council. This generous grant is a recognition of the great work of the Community Council and it will set it on a sound footing for the future.



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new slip road and 100ft diameter roundabout at

Barretts was a condition of the planning permission

granted for the Science and Technology Business

F.F. Zero Tolerance Minister rejects 24

New Slip Road off the M4 for Maynooth

Maynooth will be ready soon. The construction of the

Ready Soon

Hour Garda Station for Maynooth
Deputy Emmet Stagg is disappointed over the
Minister for Justice's refusal to support the upgrading
of Maynooth Garda Station to a District headquarters
which would have seen the station manned on a 24

In making the case for upgrading Maynooth Garda Station, Deputy Stagg pointed out that there were only 3 existing 24 hour garda stations in the County and these were all located close to each other at Naas, Newbridge and Kildare Town. This meant that the towns of Maynooth and Celbridge with a population of 25,000 were left with no 24 hours cover except for patrol cars which are under constant pressure in dealing with crime in the area particularly at night. Leixlip, which is in the Dublin Metropolitan Area South, also has to rely on patrol car cover for its

population of 16,000.

The Minister in responding stated the usual, that Garda Management are satisfied with current policing arrangements. Deputy Stagg pointed out that this was what we would expect the Garda Management to say. However on the ground the matter is entirely different with Garda Resources stretched to the limits.

The upgrading of Maynooth Station to Garda District

status would have given focus to the policing requirements of North Kildare and ensured that additional resources were transferred to the area. However it seems from the Ministers response that North Kildare must continue to wait for the policing service it requires.

Deputy Stagg will continue to press the Minister on the policing requirements of Maynooth and the North Kildare Area.

#### **Maynooth Post Primary School Extension**

Deputy Emmet Stagg has been advised by Co. Kildare Vocational Education Committee that the outline sketch scheme for the required extension to Maynooth Post Primary School has now been submitted by the V.E.C. to the Department of Education's Planning and Building Unit. Deputy Stagg will press the Minister for Education for early approval to proceed to the detailed planning of the extension.

## **Party Political**

(Labour News contd.)

#### Phase 2 of Maynooth Castle Restoration Abandoned

Deputy Emmet Stagg has reacted angrily to Minister de Valera's abandonment of Phase 2 of the restoration works to Maynooth Castle.

In a Dail response to Deputy Stagg, the Minister admitted that when first proposed the restoration of the Castle was to be completed as a single project but that financial constraints obliged her to take a phased view of the project. Given the finances available to the State at present this is complete nonsense. Phase 1 of the Restoration works involved the development of the ground floor vaulted areas for exhibition purposes together with access to the first floor and the provision of small-scale guide and visitor facilities. These works will be completed in the summer and the Castle will be open to the public in the second half of 2001.

However Phase 2 of the project which involves the provision of a roof on the Keep of the Castle and an auditorium have now been put on the long finger permanently.

The decision not to proceed with further works is a disgrace given the historical importance of Maynooth Castle. Deputy Stagg has contacted the Maynooth Castle Committee with a view to mounting pressure on the Minister to complete the restoration rather than the present half baked proposal. The Castle Committee have advised Deputy Stagg that they are at present considering the matter.



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#### **Editorial Statement**

#### Maynooth Newsletter

PUBLISHED BY MAYNOOTH COMMUNITY COUNCIL

Editorial Board Maeve Moloney Patricia Moynan Mary Fitzgerald Susan Durack Claire O'Rourke Margaret Clince

The opinions and statements expressed in the articles are those of the contributors and not necessarily those of the Editorial Board. All materials to be included in the next edition of the **Newsletter** should be addressed to:

The Editor, Maynooth Newsletter, Dunboyne Road, Maynooth. Tel: 01-6285922

Maximum number of words 500 per article.

#### **EDITORIAL STATEMENT**

The May nooth Newsletter is published as a service to the people and organisations of the neighbourhood. It is an 'open access' publication and will generally carry any material submitted to it, subject to the law of the land and to editorial judgement. This judgement is exercised by the editorial committee in order to preserve the independence and balance of the Newsletter. The committee reserves the right to alter, abridge or omit material which in it's opinion might rend the Newsletter the promoter or mouthpiece of sectional interests. Any contributor seeking further guidelines in this matter is invited to contact the committee.

#### NOTE TO CONTRIBUTORS

We request all our contributors to make sure their material is legible. If possible, material should be typed, but as not everyone has access to typewriters, the best way to present material is to use either neat legible writing or block letters, on one side of the paper. In future all letters to the Editor must have the writer's name and address available for publication. We emphasise that material submitted after the copydate will not be accepted and will be withheld until the following copydate

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#### RIGHT TO REPLY

In fairness to our readers and given that this magazine is not insured against libel damages or cost, we undertake the following:

In case of errors of fact we will publish corrections when we become aware of such.

In the case of unfairly impugning the reputation of any person we hereby offer that person or their reputation the right to reply.

#### Letter to our Readers:

This is just a note to remind you all that the **Newsletter** exists for your enjoyment and that we welcome all contributions from our readers. We would like to hear from any organisation or indeed from individuals with something to say or suggest. We hope you continue to enjoy your monthly read and keep us informed of your activities.

Community Council & Newsletter Staff

COPY DATE

MONDAY 14th MAY AT 5 P.M.

#### **NOVENA**

# PRAYER TO VIRGIN MARY (Never known to fail)

(This Prayer Must Be Published)

O'Most beautiful flower of Mount Carmel fruitful vine splendour of Heaven Blessed Mother of the Son of God.

Immaculate Virgin assists me in this necessity.

O Star of the Sea help me and show me here you are my Mother O Holy Mary Mother of God,

Queen of Heaven and Earth. I humbly beseech you from the bottom of heart to succour me in my necessity.

There are none that can withstand Your Power O'Show here you are my Mother,

O'Mary conceived without sin, pray for us who have Recourse to thee (3 Times)

Holy Mary I place this case in your Hands (3 Times) Sweet Mother I place this case in your Hands (3 Times)

O Thank you for your mercy to me and mine Amen. This prayer must be said for 3 days, after that the request will be granted.

# ANN O'NEILL

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